

## UNIVERSITY OF DURHAM– DIGITAL CHURCH WAVE 1 – 6<sup>th</sup> July 2020

*Savanta ComRes interviewed 2,062 UK adults aged 18+ online between 3<sup>rd</sup> and 5<sup>th</sup> July 2020. Data were weighted to be nationally representative of all UK adults by key demographic characteristics including age, gender, region and social grade. Savanta ComRes is a member of the British Polling Council and abides by its rules. Full tables at [www.comresglobal.com](http://www.comresglobal.com).*

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## Durham University Digital Church Tables\*

Table 1

**Q1. Summary: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Scale				Net: Does this regularly
		I am doing this more than before COVID-19	I am doing this less than before COVID-19	I am doing this the same amount as before COVID-19	I do not do this activity regularly (at least once a month)	
		*a	*b	*c	*d	*e
Significance Level: 95%						
Prayer offline	2062 100%	177 9%	202 10%	320 16%	1363 66%	699 34%
Meditation offline	2062 100%	179 9%	217 11%	297 14%	1369 66%	693 34%
Corporate worship (at a church/synagogue/mosque/temple)	2062 100%	109 5%	297 14%	240 12%	1415 69%	647 31%
Reflecting on nature offline/Walking in nature	2062 100%	476 23%	346 17%	451 22%	789 38%	1273 62%
Choir offline	2062 100%	113 5%	215 10%	213 10%	1520 74%	542 26%
Yoga offline	2062 100%	167 8%	224 11%	252 12%	1419 69%	643 31%

## Durham University Digital Church Tables\*

Table 2

**Q1\_1. Prayer offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	177 9%	88 9%	88 8%	31 14% defhi	51 14% defhi	41 12% defi	23 6%	15 5%	16 3%	82 14% defhi	64 9% efi	31 4%
I am doing this less than before COVID-19	202 10%	120 12% b	82 8%	42 18% defhi	64 18% defhi	45 14% efi	33 9% efi	12 4%	6 1%	106 18% defhi	78 11% efi	18 2%
I am doing this the same amount as before COVID-19	320 16%	172 17%	148 14%	44 19% dehi	76 21% cdefhi	50 15% e	46 13%	31 10%	73 15% e	120 21% cdehi	97 14%	103 13%
I do not do this activity regularly (at least once a month)	1363 66%	626 62%	738 70% a	111 49%	166 47%	194 59% abg	262 72% abcgh	248 81% abcdgh	381 80% abcdgh	277 47%	457 66% abcg	629 81% abcdgh
Net: Does this regularly	699 34%	381 38% b	318 30%	118 51% cdefhi	191 53% cdefhi	136 41% defhi	103 28% efi	57 19%	95 20%	308 53% cdefhi	238 34% defi	152 19%

# Durham University Digital Church Tables\*

Table 2 (continuation)

**Q1\_1. Prayer offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	177 9%	8 14%	5 3%	19 8%	3 4%	15 9%	5 5%	23 13%	7 5%	18 10%	21 7%	12 6%	40 15%	159 9%	122 11%	55 6%
		bd		b		b		bdfhj		b			bcdhfjkm	b	b	
I am doing this less than before COVID-19	202 10%	3 5%	13 8%	22 9%	7 8%	18 11%	5 5%	20 11%	19 13%	12 7%	26 9%	15 8%	42 16%	180 10%	126 11%	76 8%
									fi				bcdijkm	b		
I am doing this the same amount as before COVID-19	320 16%	11 18%	36 21%	27 12%	14 16%	23 14%	12 12%	29 16%	24 17%	16 9%	44 16%	23 12%	61 23%	261 15%	197 17%	123 13%
			cik					i	i		i		cefijkm	i	b	
I do not do this activity regularly (at least once a month)	1363 66%	39 63%	119 69%	163 71%	60 72%	112 67%	78 78%	107 60%	96 65%	133 75%	189 67%	141 74%	126 47%	1127 65%	697 61%	666 72%
			l	gl	gl	l	eghjlm	l	l	glm	l	glm	l	l	a	
Net: Does this regularly	699 34%	23 37%	55 31%	67 29%	24 28%	56 33%	22 22%	71 40%	50 35%	45 25%	91 33%	51 26%	144 53%	599 35%	445 39%	254 28%
						f		cdfik	f		f		bcddefghijklm	fik	b	

## Durham University Digital Church Tables\*

Table 3

**Q1\_2. Meditation offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	179 9%	93 9%	85 8%	32 14% defi	54 15% defhi	42 13% efi	31 8% efi	9 3%	11 2%	86 15% defhi	73 11% efi	20 3%
I am doing this less than before COVID-19	217 11%	120 12% b	97 9%	49 21% cdefhi	77 22% cdefhi	46 14% defi	31 8% efi	12 4% fi	2 1%	126 22% cdefhi	77 11% efi	15 2%
I am doing this the same amount as before COVID-19	297 14%	154 15%	142 13%	50 22% defhi	71 20% defi	64 19% defi	42 12% e	22 7%	49 10%	120 21% defhi	106 15% efi	70 9%
I do not do this activity regularly (at least once a month)	1369 66%	638 63%	731 69% a	98 43%	155 43%	178 54% abg	261 72% abcgh	263 86% abcdgh	414 87% abcdgh	253 43%	439 63% abcg	677 87% abcdgh
Net: Does this regularly	693 34%	368 37% b	325 31%	131 57% cdefhi	202 57% cdefhi	152 46% defhi	104 28% efi	42 14%	62 13%	332 57% cdefhi	256 37% defi	105 13%

## Durham University Digital Church Tables\*

Table 3 (continuation)

**Q1\_2. Meditation offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	179 9%	5 9%	17 10%	20 8%	10 11%	13 7%	5 5%	18 10%	9 6%	16 9%	21 7%	17 9%	30 11%	151 9%	121 11%	57 6%
I am doing this less than before COVID-19	217 11%	2 4%	12 7%	17 8%	8 9%	22 13%	7 7%	25 14%	19 13%	13 7%	26 9%	14 7%	52 19%	196 11%	134 12%	83 9%
I am doing this the same amount as before COVID-19	297 14%	15 24%	27 15%	38 16%	5 6%	24 14%	15 15%	15 8%	17 12%	21 12%	49 18%	21 11%	51 19%	240 14%	191 17%	105 11%
I do not do this activity regularly (at least once a month)	1369 66%	39 63%	118 68%	155 68%	62 74%	109 65%	74 74%	120 67%	102 70%	129 72%	184 66%	140 73%	137 51%	1138 66%	695 61%	674 73%
Net: Does this regularly	693 34%	23 37%	56 32%	75 32%	22 26%	59 35%	26 26%	58 33%	44 30%	49 28%	96 34%	52 27%	133 49%	588 34%	447 39%	246 27%



## Durham University Digital Church Tables\*

Table 4

**Q1\_3. Corporate worship (at a church/synagogue/mosque/temple): Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	109 5%	52 5%	58 5%	21 9% defhi	45 12% defhi	27 8% defhi	6 2%	6 2%	5 1%	66 11% defhi	33 5% defi	11 1%
I am doing this less than before COVID-19	297 14%	168 17% b	129 12%	57 25% cdefhi	75 21% defhi	58 17% efi	54 15% efi	24 8%	29 6%	133 23% defhi	111 16% efi	53 7%
I am doing this the same amount as before COVID-19	240 12%	130 13%	111 10%	39 17% defhi	66 18% defhi	55 17% defi	30 8%	16 5%	35 7%	105 18% defhi	84 12% efi	51 6%
I do not do this activity regularly (at least once a month)	1415 69%	656 65%	758 72% a	111 48%	171 48%	191 58% abg	276 75% abcgh	259 85% abcdgh	408 86% abcdgh	282 48%	466 67% abcg	667 85% abcdgh
Net: Does this regularly	647 31%	350 35% b	297 28%	118 52% cdefhi	186 52% cdefhi	139 42% defhi	89 25% efi	46 15%	69 14%	304 52% cdefhi	229 33% defi	114 15%

## Durham University Digital Church Tables\*

Table 4 (continuation)

**Q1\_3. Corporate worship (at a church/synagogue/mosque/temple): Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	109 5%	3 4%	8 4%	9 4%	2 2%	5 3%	1 1%	13 7%	6 4%	11 6%	15 5%	3 2%	35 13%	98 6%	79 7%	30 3%
								fk		fk	f		bcdefhijkm	fk	b	
I am doing this less than before COVID-19	297 14%	12 20%	21 12%	22 10%	18 21%	28 17%	11 11%	35 20%	23 16%	15 8%	31 11%	20 10%	60 22%	253 15%	188 16%	109 12%
		i			cfijk	ci		cfijk	i				bcfijkm	ci	b	
I am doing this the same amount as before COVID-19	240 12%	6 11%	21 12%	33 14%	5 5%	22 13%	9 9%	18 10%	14 9%	12 7%	34 12%	21 11%	46 17%	204 12%	154 13%	87 9%
				di	i								dfghim	i	b	
I do not do this activity regularly (at least once a month)	1415 69%	40 65%	124 71%	166 72%	60 71%	113 67%	79 79%	112 63%	104 71%	140 79%	200 71%	148 77%	129 48%	1171 68%	722 63%	693 75%
		l	l	gl	l	l	eglm	l	l	eglm	l	glm	l	l	a	
Net: Does this regularly	647 31%	22 35%	50 29%	65 28%	24 29%	55 33%	21 21%	66 37%	42 29%	38 21%	80 29%	44 23%	141 52%	555 32%	421 37%	226 25%
						fi		cfik					abcdefghijkm	fik	b	

## Durham University Digital Church Tables\*

Table 5

**Q1\_4. Reflecting on nature offline/Walking in nature: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Gender		Age									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	476	208	268	60	101	96	88	63	68	161	184	131
	23%	21%	25%	26%	28%	29%	24%	21%	14%	27%	26%	17%
		a	a	fi	efi	efi	fi	f		efi	efi	
I am doing this less than before COVID-19	346	186	160	54	84	72	54	38	43	138	127	81
	17%	18%	15%	24%	24%	22%	15%	12%	9%	24%	18%	10%
		b		defhi	defhi	defi	fi			defhi	efi	
I am doing this the same amount as before COVID-19	451	218	234	60	80	58	85	59	109	139	144	169
	22%	22%	22%	26%	22%	18%	23%	19%	23%	24%	21%	22%
				ce						c		
I do not do this activity regularly (at least once a month)	789	395	394	55	92	103	138	145	257	147	241	401
	38%	39%	37%	24%	26%	31%	38%	47%	54%	25%	35%	51%
						ag	abg	abcdgh	abcdgh		abg	abcdgh
Net: Does this regularly	1273	611	661	174	264	227	227	160	220	438	454	380
	62%	61%	63%	76%	74%	69%	62%	53%	46%	75%	65%	49%
				cdefhi	defhi	efi	efi			cdefhi	efi	

## Durham University Digital Church Tables\*

Table 5 (continuation)

### Q1\_4. Reflecting on nature offline/Walking in nature: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	476 23%	20 32%	40 23%	56 24%	16 19%	35 21%	17 17%	36 20%	34 23%	48 27%	57 21%	41 21%	76 28%	398 23%	313 27%	163 18%
													fgj	b		
I am doing this less than before COVID-19	346 17%	9 14%	20 12%	34 15%	12 15%	27 16%	18 18%	32 18%	31 21%	27 15%	46 16%	28 15%	61 23%	299 17%	191 17%	155 17%
									b				bcim			
I am doing this the same amount as before COVID-19	451 22%	12 20%	40 23%	51 22%	18 22%	34 20%	19 19%	40 22%	28 19%	41 23%	72 26%	33 17%	64 24%	380 22%	263 23%	188 20%
											k					
I do not do this activity regularly (at least once a month)	789 38%	21 35%	74 42%	90 39%	38 45%	72 43%	46 46%	70 39%	53 36%	62 35%	105 37%	90 47%	69 25%	648 38%	375 33%	414 45%
			l	l	l	l	l	l	l	l	l	ilm	l	a		
Net: Does this regularly	1273 62%	40 65%	100 58%	140 61%	46 55%	96 57%	54 54%	108 61%	93 64%	116 65%	175 63%	102 53%	201 75%	1078 62%	767 67%	506 55%
									k			bcdefghijklm	k	b		

## Durham University Digital Church Tables\*

Table 6

**Q1\_5. Choir offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age							NET: 18-34	NET: 35-54	NET: 55+
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+				
		a	b	a	b	c	d	e	f	g	h	i	
Significance Level: 95%													
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624	
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I am doing this more than before COVID-19	113 5%	62 6%	51 5%	21 9% defhi	43 12% defhi	32 10% defhi	9 2% e	1 * e	7 2% f	64 11% defhi	41 6% defi	9 1% i	
I am doing this less than before COVID-19	215 10%	130 13% b	85 8% b	50 22% cdefhi	67 19% defhi	46 14% defi	30 8% fi	14 5% e	9 2% f	117 20% cdefhi	75 11% efi	23 3% i	
I am doing this the same amount as before COVID-19	213 10%	122 12% b	92 9% b	40 18% cdefhi	71 20% cdefhi	39 12% efi	33 9% efi	7 2% e	23 5% f	112 19% cdefhi	72 10% efi	30 4% i	
I do not do this activity regularly (at least once a month)	1520 74%	692 69% a	828 78% a	118 51% cdefhi	176 49% cdefhi	213 64% abg	294 81% abcgh	283 93% abcdgh	437 92% abcdgh	293 50% cdefhi	507 73% abcg	720 92% abcdgh	
Net: Does this regularly	542 26%	314 31% b	228 22% b	111 49% cdefhi	181 51% cdefhi	117 36% defhi	71 19% efi	22 7% e	39 8% f	292 50% cdefhi	188 27% defi	61 8% i	

## Durham University Digital Church Tables\*

Table 6 (continuation)

### Q1\_5. Choir offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	113 5%	3 4%	5 3%	14 6%	3 4%	11 7%	3 3%	16 9%	8 5%	8 4%	18 7%	3 2%	22 8%	103 6%	84 7%	29 3%
				k		k		bfk			k		bk	k	b	
I am doing this less than before COVID-19	215 10%	5 8%	13 7%	18 8%	8 10%	18 11%	10 10%	22 12%	20 13%	18 10%	19 7%	13 7%	52 19%	188 11%	121 11%	94 10%
								j				bcdefgijklm	j			
I am doing this the same amount as before COVID-19	213 10%	10 16%	27 15%	20 9%	7 9%	13 8%	7 7%	20 11%	13 9%	11 6%	34 12%	14 7%	37 14%	170 10%	137 12%	77 8%
		i	cefikm								i		fi		b	
I do not do this activity regularly (at least once a month)	1520 74%	45 72%	130 75%	178 77%	65 77%	125 75%	81 81%	119 67%	106 72%	141 79%	209 75%	162 84%	160 59%	1265 73%	801 70%	720 78%
			l	gl	l	l	gl	l	gl	l	l	beghijlm	l		a	
Net: Does this regularly	542 26%	17 28%	44 25%	52 23%	19 23%	43 25%	19 19%	58 33%	40 28%	37 21%	71 25%	30 16%	110 41%	461 27%	342 30%	200 22%
			k			k		cfik	k		k		bcdefghijklm	k	b	

## Durham University Digital Church Tables\*

Table 7

**Q1\_6. Yoga offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	167 8%	85 8%	83 8%	31 14% defi	50 14% defi	47 14% defi	25 7% efi	11 4% f	3 1%	81 14% defhi	72 10% efi	14 2%
I am doing this less than before COVID-19	224 11%	113 11%	110 10%	48 21% defhi	71 20% defhi	51 15% defi	31 8% efi	10 3%	12 3%	120 20% cdefhi	81 12% efi	23 3%
I am doing this the same amount as before COVID-19	252 12%	133 13%	119 11%	43 19% defhi	75 21% defhi	55 17% defi	39 11% efi	14 5%	27 6%	117 20% defhi	94 14% efi	41 5%
I do not do this activity regularly (at least once a month)	1419 69%	675 67%	743 70%	106 46%	161 45%	178 54% bg	270 74% abcgh	270 89% abcdgh	434 91% abcdgh	267 46%	448 64% abcg	704 90% abcdgh
Net: Does this regularly	643 31%	331 33%	312 30%	123 54% defhi	196 55% cdefhi	152 46% defhi	95 26% efi	35 11%	43 9%	318 54% cdefhi	247 36% defi	78 10%

# Durham University Digital Church Tables\*

Table 7 (continuation)

## Q1\_6. Yoga offline: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	167 8%	3 5%	19 11% ek	18 8%	7 8%	7 4%	5 5%	13 7%	8 5%	16 9%	25 9%	9 5%	37 14%	141 8%	115 10%	52 6%
I am doing this less than before COVID-19	224 11%	5 9%	17 10% ek	14 6%	7 9%	20 12% c	8 8%	24 14% ck	22 15% ck	16 9%	29 10%	12 6%	48 18% bcdfijklm	193 11% c	132 12%	91 10%
I am doing this the same amount as before COVID-19	252 12%	8 13%	24 14%	26 11%	10 13%	20 12%	10 10%	25 14% i	13 9%	14 8%	35 13%	20 11%	46 17% him	210 12%	169 15% b	82 9%
I do not do this activity regularly (at least once a month)	1419 69%	45 73% l	114 65% l	171 75% gl	59 70% l	122 72% l	77 77% bgj	115 65% l	103 70% l	133 75% gl	191 68% l	150 78% bgjilm	139 52% l	1183 69% l	725 63% a	694 75% a
Net: Does this regularly	643 31%	17 27%	60 35% fk	59 25%	25 30%	47 28%	23 23%	63 35% cfik	43 30%	45 25%	89 32% k	42 22% k	131 48% abcdefghijk	543 31% k	417 37% b	226 25% b



## Durham University Digital Church Tables\*

Table 8

**Q1. Summary - doing activity more than before COVID-19: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer offline	177	88	88	31	51	41	23	15	16	82	64	31
	9%	9%	8%	14%	14%	12%	6%	5%	3%	14%	9%	4%
				defhi	defhi	defi				defhi	efi	
Meditation offline	179	93	85	32	54	42	31	9	11	86	73	20
	9%	9%	8%	14%	15%	13%	8%	3%	2%	15%	11%	3%
				defi	defhi	efi	efi			defhi	efi	
Corporate worship (at a church/synagogue/mosque/temple)	109	52	58	21	45	27	6	6	5	66	33	11
	5%	5%	5%	9%	12%	8%	2%	2%	1%	11%	5%	1%
				defhi	defhi	defhi				defhi	defi	
Reflecting on nature offline/Walking in nature	476	208	268	60	101	96	88	63	68	161	184	131
	23%	21%	25%	26%	28%	29%	24%	21%	14%	27%	26%	17%
			a	fi	efi	efi	fi	f		efi	efi	
Choir offline	113	62	51	21	43	32	9	1	7	64	41	9
	5%	6%	5%	9%	12%	10%	2%	*	2%	11%	6%	1%
				defhi	defhi	defhi	e			defhi	defi	
Yoga offline	167	85	83	31	50	47	25	11	3	81	72	14
	8%	8%	8%	14%	14%	14%	7%	4%	1%	14%	10%	2%
				defi	defi	defi	efi	f		defhi	efi	

# Durham University Digital Church Tables\*

Table 8 (continuation)

## Q1. Summary - doing activity more than before COVID-19: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer offline	177	8	5	19	3	15	5	23	7	18	21	12	40	159	122	55
	9%	14%	3%	8%	4%	9%	5%	13%	5%	10%	7%	6%	15%	9%	11%	6%
		bd		b		b		bdfhj		b			bcdhfjkm	b	b	
Meditation offline	179	5	17	20	10	13	5	18	9	16	21	17	30	151	121	57
	9%	9%	10%	8%	11%	7%	5%	10%	6%	9%	7%	9%	11%	9%	11%	6%
													f		b	
Corporate worship (at a church/synagogue/mosque/temple)	109	3	8	9	2	5	1	13	6	11	15	3	35	98	79	30
	5%	4%	4%	4%	2%	3%	1%	7%	4%	6%	5%	2%	13%	6%	7%	3%
								fk		fk	f		bcdhfjkm	fk	b	
Reflecting on nature offline/Walking in nature	476	20	40	56	16	35	17	36	34	48	57	41	76	398	313	163
	23%	32%	23%	24%	19%	21%	17%	20%	23%	27%	21%	21%	28%	23%	27%	18%
													fgj		b	
Choir offline	113	3	5	14	3	11	3	16	8	8	18	3	22	103	84	29
	5%	4%	3%	6%	4%	7%	3%	9%	5%	4%	7%	2%	8%	6%	7%	3%
				k		k		bfk			k		bk	k	b	
Yoga offline	167	3	19	18	7	7	5	13	8	16	25	9	37	141	115	52
	8%	5%	11%	8%	8%	4%	5%	7%	5%	9%	9%	5%	14%	8%	10%	6%
			ek										cefghkm		b	

## Durham University Digital Church Tables\*

Table 9

**Q1. Summary - doing activity less than before COVID-19: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer offline	202	120	82	42	64	45	33	12	6	106	78	18
	10%	12%	8%	18%	18%	14%	9%	4%	1%	18%	11%	2%
		b		defhi	defhi	efi	efi			defhi	efi	
Meditation offline	217	120	97	49	77	46	31	12	2	126	77	15
	11%	12%	9%	21%	22%	14%	8%	4%	1%	22%	11%	2%
		b		cdefhi	cdefhi	defi	efi	fi		cdefhi	efi	
Corporate worship (at a church/synagogue/mosque/temple)	297	168	129	57	75	58	54	24	29	133	111	53
	14%	17%	12%	25%	21%	17%	15%	8%	6%	23%	16%	7%
		b		cdefhi	defhi	efi	efi			defhi	efi	
Reflecting on nature offline/Walking in nature	346	186	160	54	84	72	54	38	43	138	127	81
	17%	18%	15%	24%	24%	22%	15%	12%	9%	24%	18%	10%
		b		defhi	defhi	defi	fi			defhi	efi	
Choir offline	215	130	85	50	67	46	30	14	9	117	75	23
	10%	13%	8%	22%	19%	14%	8%	5%	2%	20%	11%	3%
		b		cdefhi	defhi	defi	fi			cdefhi	efi	
Yoga offline	224	113	110	48	71	51	31	10	12	120	81	23
	11%	11%	10%	21%	20%	15%	8%	3%	3%	20%	12%	3%
				defhi	defhi	defi	efi			cdefhi	efi	

# Durham University Digital Church Tables\*

Table 9 (continuation)

## Q1. Summary - doing activity less than before COVID-19: Thinking only about offline faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer offline	202	3	13	22	7	18	5	20	19	12	26	15	42	180	126	76
	10%	5%	8%	9%	8%	11%	5%	11%	13%	7%	9%	8%	16%	10%	11%	8%
									fi				bcfijkm		b	
Meditation offline	217	2	12	17	8	22	7	25	19	13	26	14	52	196	134	83
	11%	4%	7%	8%	9%	13%	7%	14%	13%	7%	9%	7%	19%	11%	12%	9%
								bcfik					abcdfijkm		b	
Corporate worship (at a church/synagogue/mosque/temple)	297	12	21	22	18	28	11	35	23	15	31	20	60	253	188	109
	14%	20%	12%	10%	21%	17%	11%	20%	16%	8%	11%	10%	22%	15%	16%	12%
		i			cfijk	ci		cfijk	i				bcfijkm	ci	b	
Reflecting on nature offline/Walking in nature	346	9	20	34	12	27	18	32	31	27	46	28	61	299	191	155
	17%	14%	12%	15%	15%	16%	18%	18%	21%	15%	16%	15%	23%	17%	17%	17%
									b				bcim			
Choir offline	215	5	13	18	8	18	10	22	20	18	19	13	52	188	121	94
	10%	8%	7%	8%	10%	11%	10%	12%	13%	10%	7%	7%	19%	11%	11%	10%
									j				bcdefgijkm	j		
Yoga offline	224	5	17	14	7	20	8	24	22	16	29	12	48	193	132	91
	11%	9%	10%	6%	9%	12%	8%	14%	15%	9%	10%	6%	18%	11%	12%	10%
					c			ck	ck				bcdfijkm	c		

## Durham University Digital Church Tables\*

Table 10

**Q2. Summary: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Scale				Net: Does this regularly
		I am doing this more than before COVID-19	I am doing this less than before COVID-19	I am doing this the same amount as before COVID-19	I do not do this activity regularly (at least once a month)	
		*a	*b	*c	*d	*e
Significance Level: 95%						
Prayer online (e.g. via Zoom, on YouTube)	2062 100%	158 8%	179 9%	202 10%	1524 74%	538 26%
Meditation online (e.g. via Zoom, on YouTube)	2062 100%	158 8%	174 8%	235 11%	1494 72%	568 28%
Corporate worship (an online group devotional meeting)	2062 100%	155 8%	191 9%	199 10%	1517 74%	545 26%
Reflecting on nature online	2062 100%	233 11%	187 9%	323 16%	1319 64%	743 36%
Choir online (e.g. via Zoom, on YouTube)	2062 100%	124 6%	208 10%	173 8%	1557 75%	505 25%
Yoga online (e.g. via Zoom, on YouTube)	2062 100%	182 9%	190 9%	211 10%	1479 72%	583 28%

## Durham University Digital Church Tables\*

Table 11

**Q2\_1. Prayer online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Gender		Age									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	158 8%	83 8%	74 7%	22 9% defi	44 12% defhi	36 11% defi	19 5%	13 4%	23 5%	66 11% defhi	55 8% ei	37 5%
I am doing this less than before COVID-19	179 9%	103 10% b	76 7%	41 18% cdefhi	61 17% defhi	40 12% defi	27 8% efi	8 3% f	1 *	102 17% cdefhi	68 10% efi	9 1%
I am doing this the same amount as before COVID-19	202 10%	117 12% b	85 8%	41 18% defhi	69 19% cdefhi	44 13% defi	25 7% ei	4 1%	19 4% e	110 19% cdefhi	69 10% efi	23 3%
I do not do this activity regularly (at least once a month)	1524 74%	703 70%	821 78% a	126 55%	182 51%	210 64% abg	293 80% abcgh	279 91% abcdgh	434 91% abcdgh	308 53%	503 72% abcg	713 91% abcdgh
Net: Does this regularly	538 26%	303 30% b	235 22%	103 45% cdefhi	175 49% cdefhi	120 36% defhi	72 20% efi	26 9%	43 9%	278 47% cdefhi	192 28% defi	69 9%

## Durham University Digital Church Tables\*

Table 11 (continuation)

### Q2\_1. Prayer online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	158 8%	9 14% bek	9 5%	17 7% k	7 9% k	6 4%	7 7%	17 10% ek	11 8% k	10 6%	20 7% k	4 2%	40 15% bcefghijklm	133 8%	111 10% b	46 5%
I am doing this less than before COVID-19	179 9%	3 5%	9 5%	13 6%	5 6%	23 14% bcfi	3 3%	15 8%	16 11% f	12 7%	27 10% f	16 9%	36 13% bcdfim	163 9%	109 10%	70 8%
I am doing this the same amount as before COVID-19	202 10%	2 4%	18 11% h	23 10% h	8 9%	20 12% h	9 9%	28 16% hijklm	6 4%	11 6%	22 8%	15 8%	41 15% hijklm	173 10%	131 11% b	71 8%
I do not do this activity regularly (at least once a month)	1524 74%	48 77% l	138 79% gl	177 77% gl	64 76% l	119 71% l	81 81% eglm	118 66% l	113 77% gl	145 82% eglm	211 75% gl	156 81% eglm	154 57% l	1257 73% l	791 69%	733 80% a
Net: Does this regularly	538 26%	14 23%	36 21%	53 23%	20 24%	49 29% fik	19 19%	60 34% bcfghijk	33 23%	33 18%	69 25%	36 19%	116 43% abcdefghijk	469 27% fik	351 31% b	187 20%

## Durham University Digital Church Tables\*

Table 12

**Q2\_2. Meditation online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age							NET: 18-34	NET: 35-54	NET: 55+
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+				
		a	b	a	b	c	d	e	f	g	h	i	
Significance Level: 95%													
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624	
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I am doing this more than before COVID-19	158 8%	83 8%	75 7%	25 11% efi	52 15% defhi	39 12% efi	31 8% efi	7 2%	5 1%	77 13% defi	70 10% efi	11 1%	
I am doing this less than before COVID-19	174 8%	95 9%	79 8%	47 21% bcdefhi	52 15% defhi	44 13% defi	21 6% efi	7 2%	2 *	99 17% defhi	65 9% defi	10 1%	
I am doing this the same amount as before COVID-19	235 11%	124 12%	111 10%	37 16% defi	76 21% defhi	56 17% defi	33 9% efi	12 4%	21 4%	113 19% defhi	89 13% efi	33 4%	
I do not do this activity regularly (at least once a month)	1494 72%	704 70%	790 75% a	119 52%	176 49%	191 58% bg	281 77% abcgh	279 91% abcdgh	448 94% abcdgh	296 50%	471 68% abcg	728 93% abcdgh	
Net: Does this regularly	568 28%	302 30% b	266 25%	109 48% defhi	180 51% cdefhi	139 42% defhi	84 23% efi	26 9%	28 6%	290 50% cdefhi	224 32% defi	54 7%	



## Durham University Digital Church Tables\*

Table 12 (continuation)

**Q2\_2. Meditation online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	158 8%	- -	12 7%	18 8%	8 10%	15 9%	3 3%	15 9%	8 6%	9 5%	17 6%	16 8%	37 14%	143 8%	113 10%	45 5%
				f	f			f					abcfhijm	f	b	
I am doing this less than before COVID-19	174 8%	2 3%	16 9%	17 7%	4 5%	17 10%	6 6%	13 8%	19 13%	14 8%	21 8%	11 6%	33 12%	150 9%	102 9%	72 8%
								dk	dk			dk	dk			
I am doing this the same amount as before COVID-19	235 11%	2 4%	15 9%	25 11%	7 8%	21 13%	10 10%	27 15%	10 7%	17 9%	39 14%	10 5%	52 19%	207 12%	152 13%	84 9%
					k	k		hk			hk		abcdfhikm	hk	b	
I do not do this activity regularly (at least once a month)	1494 72%	58 94%	130 75%	170 74%	65 77%	115 68%	81 81%	123 69%	109 74%	138 78%	203 73%	155 81%	148 55%	1226 71%	775 68%	719 78%
		bcdeghijlm	l	l	l	l	eglm	l	l	elm	l	eglm	l	l	a	
Net: Does this regularly	568 28%	4 6%	44 25%	60 26%	19 23%	53 32%	19 19%	55 31%	37 26%	40 22%	77 27%	37 19%	122 45%	500 29%	367 32%	200 22%
		a	a	a	a	afik		afk	a	a	a		abcdefghijklm	afik	b	

## Durham University Digital Church Tables\*

Table 13

### Q2\_3. Corporate worship (an online group devotional meeting): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Gender		Age									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	155 8%	84 8%	71 7%	31 13% defhi	43 12% defhi	33 10% defi	18 5%	13 4%	18 4%	74 13% defhi	50 7% i	31 4%
I am doing this less than before COVID-19	191 9%	118 12% b	73 7%	44 19% defhi	60 17% defhi	49 15% defhi	23 6% efi	8 3%	6 1%	103 18% defhi	73 10% defi	15 2%
I am doing this the same amount as before COVID-19	199 10%	101 10%	98 9%	30 13% defi	69 19% acdefhi	43 13% defi	26 7% ei	7 2%	24 5%	98 17% defhi	69 10% efi	31 4%
I do not do this activity regularly (at least once a month)	1517 74%	703 70%	814 77% a	125 55%	185 52%	205 62% abg	298 82% abcgh	277 91% abcdgh	427 90% abcdgh	310 53%	503 72% abcg	704 90% abcdgh
Net: Does this regularly	545 26%	303 30% b	242 23%	104 45% cdefhi	171 48% cdefhi	125 38% defhi	67 18% efi	28 9%	49 10%	275 47% cdefhi	192 28% defi	77 10%

## Durham University Digital Church Tables\*

Table 13 (continuation)

### Q2\_3. Corporate worship (an online group devotional meeting): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	155 8%	9 15% bcfhk	9 5%	12 5%	6 8%	10 6%	4 4%	16 9%	8 5%	11 6%	20 7%	8 4%	41 15%	133 8%	109 10%	46 5%
I am doing this less than before COVID-19	191 9%	3 5%	15 8%	15 6%	8 10%	19 11%	7 7%	26 14% cfjkm	14 10%	15 8%	21 7%	13 7%	35 13% cj	166 10%	114 10%	77 8%
I am doing this the same amount as before COVID-19	199 10%	2 3%	16 9%	21 9%	9 11% i	24 14% ik	8 8%	22 12% i	16 11% i	8 4%	25 9%	12 6%	37 14% ik	173 10% i	129 11% b	70 8%
I do not do this activity regularly (at least once a month)	1517 74%	48 77% l	134 77% gl	182 79% eglm	60 71% l	115 69% l	82 82% eglm	114 64% gl	109 74% gl	144 81% eglm	215 77% gl	158 82% deglm	157 58% gl	1254 73% gl	790 69% a	727 79%
Net: Does this regularly	545 26%	14 23%	40 23%	48 21%	24 29% k	53 31% cfik	18 18%	64 36% bcfhijkm	37 26%	33 19%	65 23%	34 18% abcdefhijkm	114 42% cfik	472 27% cfik	352 31% b	193 21%

## Durham University Digital Church Tables\*

Table 14

### Q2\_4. Reflecting on nature online: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	233 11%	131 13%	101 10%	34 15%	68 19%	43 13%	36 10%	23 8%	28 6%	101 17%	80 12%	52 7%
		b		efi	cdefhi	efi				defhi	efi	
I am doing this less than before COVID-19	187 9%	94 9%	93 9%	45 20%	63 18%	49 15%	19 5%	9 3%	2 *	108 18%	68 10%	11 1%
				defhi	defhi	defhi	fi	f		defhi	defi	
I am doing this the same amount as before COVID-19	323 16%	174 17%	149 14%	40 18%	76 21%	51 16%	58 16%	33 11%	65 14%	117 20%	109 16%	98 13%
				ei	cdefhi					efhi	e	
I do not do this activity regularly (at least once a month)	1319 64%	607 60%	712 67%	109 48%	150 42%	186 56%	252 69%	240 79%	382 80%	259 44%	438 63%	621 80%
			a			abg	abcg	abcdgh	abcdgh		abcg	abcdgh
Net: Does this regularly	743 36%	399 40%	344 33%	120 52%	207 58%	144 44%	113 31%	66 21%	95 20%	326 56%	257 37%	160 20%
		b		cdefhi	cdefhi	defhi	efi			cdefhi	efi	

## Durham University Digital Church Tables\*

Table 14 (continuation)

### Q2\_4. Reflecting on nature online: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humber	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	233 11%	7 12%	19 11%	22 9%	6 8%	20 12%	13 13%	18 10%	22 15%	13 7%	30 11%	13 7%	50 18%	194 11%	153 13%	80 9%
									ik				bcdgijkm		b	
I am doing this less than before COVID-19	187 9%	-	15 9%	17 7%	6 7%	17 10%	6 6%	23 13%	14 9%	15 8%	23 8%	10 5%	42 16%	165 10%	122 11%	65 7%
						a		ak					abcdfijkm	a	b	
I am doing this the same amount as before COVID-19	323 16%	16 25%	28 16%	42 18%	13 16%	30 18%	18 18%	25 14%	18 13%	35 20%	34 12%	25 13%	40 15%	262 15%	183 16%	140 15%
		j								j						
I do not do this activity regularly (at least once a month)	1319 64%	39 63%	112 64%	150 65%	59 70%	101 60%	63 63%	112 63%	92 63%	115 65%	194 69%	144 75%	139 51%	1105 64%	684 60%	634 69%
			l	l	l	l	l	l	l	l	el	bcefgihlm	l		a	
Net: Does this regularly	743 36%	23 37%	62 36%	80 35%	25 30%	67 40%	37 37%	66 37%	54 37%	63 35%	86 31%	48 25%	131 49%	621 36%	458 40%	285 31%
			k	k		jk	k	k	k	k			bcdgfhijkm	k	b	

## Durham University Digital Church Tables\*

Table 15

**Q2\_5. Choir online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Gender		Age									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	124 6%	69 7%	56 5%	23 10% defi	33 9% defi	31 9% defi	17 5% e	6 2%	15 3%	56 10% defi	48 7% efi	20 3%
I am doing this less than before COVID-19	208 10%	110 11%	98 9%	40 18% defhi	79 22% cdefhi	48 14% defi	24 7% efi	6 2%	11 2%	119 20% cdefhi	72 10% efi	17 2%
I am doing this the same amount as before COVID-19	173 8%	99 10% b	74 7%	34 15% defhi	56 16% defhi	38 12% defi	24 7% ei	6 2%	15 3%	90 15% defhi	62 9% efi	21 3%
I do not do this activity regularly (at least once a month)	1557 75%	728 72%	828 78% a	132 58%	188 53%	213 65% bg	300 82% abcgh	287 94% abcdgh	436 92% abcdgh	320 55%	513 74% abcg	723 93% abcdgh
Net: Does this regularly	505 25%	278 28% b	228 22%	97 42% defhi	168 47% cdefhi	117 35% defhi	65 18% efi	18 6%	40 8%	265 45% cdefhi	182 26% defi	58 7%

## Durham University Digital Church Tables\*

Table 15 (continuation)

### Q2\_5. Choir online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	124 6%	4 7%	6 3%	15 7%	7 8%	10 6%	4 4%	18 10%	12 8%	5 3%	10 4%	4 2%	29 11%	110 6%	87 8%	37 4%
				k	ik			bijk	ijk				bfijkm	ik	b	
I am doing this less than before COVID-19	208 10%	3 5%	12 7%	20 9%	9 11%	14 9%	11 11%	16 9%	19 13%	20 11%	25 9%	16 8%	42 15%	182 11%	120 10%	88 10%
													bcegjkm			
I am doing this the same amount as before COVID-19	173 8%	- -	19 11%	17 7%	5 6%	19 11%	6 6%	20 11%	6 4%	6 4%	30 11%	12 6%	32 12%	148 9%	118 10%	55 6%
			ahi			ahi		ahi			ahi		ahi	hi	b	
I do not do this activity regularly (at least once a month)	1557 75%	55 88%	137 79%	177 77%	62 74%	125 74%	79 79%	124 69%	109 75%	146 82%	215 77%	161 84%	167 62%	1286 75%	817 72%	739 80%
		gl	gl	l	l	l	l	l	l	glm	l	eghlm	l	l	a	
Net: Does this regularly	505 25%	7 12%	37 21%	53 23%	22 26%	43 26%	21 21%	54 31%	37 25%	32 18%	65 23%	31 16%	103 38%	440 25%	325 28%	180 20%
					k			abik	k				abcdefghijklm	ik	b	

## Durham University Digital Church Tables\*

Table 16

**Q2\_6. Yoga online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Gender		Age									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	182 9%	97 10%	85 8%	38 17% defhi	56 16% defhi	54 16% defhi	20 5% fi	11 4% f	4 1%	94 16% defhi	74 11% defi	15 2%
I am doing this less than before COVID-19	190 9%	97 10%	93 9%	38 17% defhi	63 18% defhi	44 13% defi	31 8% efi	6 2%	7 1%	102 17% defhi	75 11% efi	13 2%
I am doing this the same amount as before COVID-19	211 10%	112 11%	100 9%	41 18% defhi	72 20% defhi	48 15% defi	26 7% ei	5 2%	20 4%	112 19% defhi	74 11% efi	25 3%
I do not do this activity regularly (at least once a month)	1479 72%	701 70%	778 74% a	112 49%	166 47%	183 56% bg	289 79% abcgh	282 92% abcdgh	446 94% abcdgh	278 47%	473 68% abcg	728 93% abcdgh
Net: Does this regularly	583 28%	305 30% b	278 26%	117 51% defhi	191 53% cdefhi	147 44% defhi	76 21% efi	23 8%	31 6%	307 53% cdefhi	222 32% defi	54 7%



## Durham University Digital Church Tables\*

Table 16 (continuation)

**Q2\_6. Yoga online (e.g. via Zoom, on YouTube): Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I am doing this more than before COVID-19	182 9%	4 6%	17 10%	24 10%	5 6%	8 5%	5 5%	23 13%	11 8%	14 8%	23 8%	7 3%	43 16%	156 9%	134 12%	48 5%
			k	ek				efk					defhijklm	k	b	
I am doing this less than before COVID-19	190 9%	3 4%	17 10%	15 6%	10 12%	18 11%	5 5%	15 8%	16 11%	10 5%	26 9%	16 8%	40 15%	165 10%	109 10%	81 9%
													cfgijm			
I am doing this the same amount as before COVID-19	211 10%	6 9%	15 8%	23 10%	9 11%	23 13%	11 11%	24 14%	10 7%	13 7%	26 9%	11 6%	40 15%	180 10%	128 11%	84 9%
						k		hik					bhijklm			
I do not do this activity regularly (at least once a month)	1479 72%	50 81%	125 72%	169 73%	60 71%	120 71%	79 79%	116 65%	109 74%	141 79%	206 73%	158 82%	147 54%	1224 71%	772 68%	707 77%
		l	l	l	l	l	gl	l	l	glm	l	bcdegijlm	l	l		a
Net: Does this regularly	583 28%	12 19%	49 28%	62 27%	24 29%	48 29%	21 21%	62 35%	37 26%	37 21%	74 27%	34 18%	123 46%	502 29%	371 32%	213 23%
			k	k	k	k		fik			k	abcdefghijklmnop	ik	b		

## Durham University Digital Church Tables\*

Table 17

**Q2. Summary - doing activity more than before COVID-19: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age								
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	NET: 18-34	NET: 35-54	NET: 55+
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer online (e.g. via Zoom, on YouTube)	158	83	74	22	44	36	19	13	23	66	55	37
	8%	8%	7%	9%	12%	11%	5%	4%	5%	11%	8%	5%
				defi	defhi	defi				defhi	ei	
Meditation online (e.g. via Zoom, on YouTube)	158	83	75	25	52	39	31	7	5	77	70	11
	8%	8%	7%	11%	15%	12%	8%	2%	1%	13%	10%	1%
				efi	defhi	efi	efi			defi	efi	
Corporate worship (an online group devotional meeting)	155	84	71	31	43	33	18	13	18	74	50	31
	8%	8%	7%	13%	12%	10%	5%	4%	4%	13%	7%	4%
				defhi	defhi	defi				defhi	i	
Reflecting on nature online	233	131	101	34	68	43	36	23	28	101	80	52
	11%	13%	10%	15%	19%	13%	10%	8%	6%	17%	12%	7%
		b		efi	cdefhi	efi				defhi	efi	
Choir online (e.g. via Zoom, on YouTube)	124	69	56	23	33	31	17	6	15	56	48	20
	6%	7%	5%	10%	9%	9%	5%	2%	3%	10%	7%	3%
				defi	defi	defi	e			defi	efi	
Yoga online (e.g. via Zoom, on YouTube)	182	97	85	38	56	54	20	11	4	94	74	15
	9%	10%	8%	17%	16%	16%	5%	4%	1%	16%	11%	2%
				defhi	defhi	defhi	fi	f		defhi	defi	

## Durham University Digital Church Tables\*

Table 17 (continuation)

**Q2. Summary - doing activity more than before COVID-19: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humber	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer online (e.g. via Zoom, on YouTube)	158	9	9	17	7	6	7	17	11	10	20	4	40	133	111	46
	8%	14%	5%	7%	9%	4%	7%	10%	8%	6%	7%	2%	15%	8%	10%	5%
		bek		k	k			ek	k		k		bcefhijklm	k	b	
Meditation online (e.g. via Zoom, on YouTube)	158	-	12	18	8	15	3	15	8	9	17	16	37	143	113	45
	8%	-	7%	8%	10%	9%	3%	9%	6%	5%	6%	8%	14%	8%	10%	5%
				f	f			f					abcfhijm	f	b	
Corporate worship (an online group devotional meeting)	155	9	9	12	6	10	4	16	8	11	20	8	41	133	109	46
	8%	15%	5%	5%	8%	6%	4%	9%	5%	6%	7%	4%	15%	8%	10%	5%
		bcfhk											bcefhijklm		b	
Reflecting on nature online	233	7	19	22	6	20	13	18	22	13	30	13	50	194	153	80
	11%	12%	11%	9%	8%	12%	13%	10%	15%	7%	11%	7%	18%	11%	13%	9%
								ik					bcdgijklm		b	
Choir online (e.g. via Zoom, on YouTube)	124	4	6	15	7	10	4	18	12	5	10	4	29	110	87	37
	6%	7%	3%	7%	8%	6%	4%	10%	8%	3%	4%	2%	11%	6%	8%	4%
				k	ik			bijk	ijk				bfijklm	ik	b	
Yoga online (e.g. via Zoom, on YouTube)	182	4	17	24	5	8	5	23	11	14	23	7	43	156	134	48
	9%	6%	10%	10%	6%	5%	5%	13%	8%	8%	8%	3%	16%	9%	12%	5%
			k	ek				efk					defhijklm	k	b	

## Durham University Digital Church Tables\*

Table 18

**Q2. Summary - doing activity less than before COVID-19: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Gender		Age						NET: 18-34	NET: 35-54	NET: 55+
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+			
		a	b	a	b	c	d	e	f	g	h	i
Significance Level: 95%												
Unweighted Total	2062	1003	1059	339	425	335	339	356	268	764	674	624
Total	2062	1006	1056	229	357	330	365	305	476	586	695	781
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer online (e.g. via Zoom, on YouTube)	179	103	76	41	61	40	27	8	1	102	68	9
	9%	10%	7%	18%	17%	12%	8%	3%	*	17%	10%	1%
		b		cdefhi	defhi	defi	efi	f		cdefhi	efi	
Meditation online (e.g. via Zoom, on YouTube)	174	95	79	47	52	44	21	7	2	99	65	10
	8%	9%	8%	21%	15%	13%	6%	2%	*	17%	9%	1%
				bcdefhi	defhi	defi	efi			defhi	defi	
Corporate worship (an online group devotional meeting)	191	118	73	44	60	49	23	8	6	103	73	15
	9%	12%	7%	19%	17%	15%	6%	3%	1%	18%	10%	2%
		b		defhi	defhi	defi	efi			defhi	defi	
Reflecting on nature online	187	94	93	45	63	49	19	9	2	108	68	11
	9%	9%	9%	20%	18%	15%	5%	3%	*	18%	10%	1%
				defhi	defhi	defhi	fi	f		defhi	defi	
Choir online (e.g. via Zoom, on YouTube)	208	110	98	40	79	48	24	6	11	119	72	17
	10%	11%	9%	18%	22%	14%	7%	2%	2%	20%	10%	2%
				defhi	cdefhi	defi	efi			cdefhi	efi	
Yoga online (e.g. via Zoom, on YouTube)	190	97	93	38	63	44	31	6	7	102	75	13
	9%	10%	9%	17%	18%	13%	8%	2%	1%	17%	11%	2%
				defhi	defhi	defi	efi			defhi	efi	

## Durham University Digital Church Tables\*

Table 18 (continuation)

**Q2. Summary - doing activity less than before COVID-19: Now thinking only about online faith related activities that you are doing regularly (at least once a month), would you say you are doing each of the following activities more, less or the same amount as you were before the COVID-19 pandemic?**

BASE: All respondents

	Total	Region												Social grade		
		Northern Ireland	Scotland	North-West	North-East	Yorkshire & Humberside	Wales	West Midlands	East Midlands	South-West	South-East	Eastern	London	Net: England	ABC1	C2DE
		a	b	c	d	e	f	g	h	i	j	k	l	m	a	b
Significance Level: 95%																
Unweighted Total	2062	37	164	237	99	167	115	182	171	192	264	147	287	1746	1129	933
Total	2062	62	174	230	84	168	100	178	146	178	280	192	270	1726	1142	920
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prayer online (e.g. via Zoom, on YouTube)	179	3	9	13	5	23	3	15	16	12	27	16	36	163	109	70
	9%	5%	5%	6%	6%	14%	3%	8%	11%	7%	10%	9%	13%	9%	10%	8%
						bcfi			f		f		bcdfim	f		
Meditation online (e.g. via Zoom, on YouTube)	174	2	16	17	4	17	6	13	19	14	21	11	33	150	102	72
	8%	3%	9%	7%	5%	10%	6%	8%	13%	8%	8%	6%	12%	9%	9%	8%
									dk				dk			
Corporate worship (an online group devotional meeting)	191	3	15	15	8	19	7	26	14	15	21	13	35	166	114	77
	9%	5%	8%	6%	10%	11%	7%	14%	10%	8%	7%	7%	13%	10%	10%	8%
								cfjkm					cj			
Reflecting on nature online	187	-	15	17	6	17	6	23	14	15	23	10	42	165	122	65
	9%	-	9%	7%	7%	10%	6%	13%	9%	8%	8%	5%	16%	10%	11%	7%
						a		ak					abcdfijkm	a	b	
Choir online (e.g. via Zoom, on YouTube)	208	3	12	20	9	14	11	16	19	20	25	16	42	182	120	88
	10%	5%	7%	9%	11%	9%	11%	9%	13%	11%	9%	8%	15%	11%	10%	10%
													bcegjkm			
Yoga online (e.g. via Zoom, on YouTube)	190	3	17	15	10	18	5	15	16	10	26	16	40	165	109	81
	9%	4%	10%	6%	12%	11%	5%	8%	11%	5%	9%	8%	15%	10%	10%	9%
													cfgijm			