

## Sport England, Survey into adult physical activity attitudes and behaviour, 18<sup>th</sup> May 2020

*Methodology: Savanta ComRes interviewed 2,002 English adults (16+) online from the 15<sup>th</sup> May to 18<sup>th</sup> May 2020. Data were weighted to be demographically representative of English adults by gender, age, region, social grade, and the estimated households with children under 16. Savanta ComRes is a member of the British Polling Council and abides by its rules. Full tables at [www.comresglobal.com](http://www.comresglobal.com)*

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BASE: All respondents	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D1. Are you...?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	975	975	-	283	313	379	50	138	87	95	81	101	161	160	103
	49%	100%	-	47%	48%	51%	51%	53%	44%	46%	47%	45%	51%	49%	50%
		b													
Female	1015	-	1015	315	340	360	46	122	108	114	90	120	150	165	100
	51%	-	100%	52%	52%	49%	47%	47%	55%	54%	53%	54%	47%	51%	49%
		a													
Other	3	-	-	2	-	1	-	-	-	-	-	-	1	1	1
	*	-	-	*	-	*	-	-	-	-	-	-	*	*	*
Prefer not to say	9	-	-	6	1	2	1	1	1	-	-	1	5	-	-
	*	-	-	1%	*	*	1%	*	1%	-	-	*	2%	-	-
				b								h			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D1. Are you...?

BASE: All respondents

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	975	84	241	215	126	74	236	539	436	814	31	66	34	6	6	142
	49%	54%	53% cdh	46%	45%	47%	49%	50%	47%	48%	48%	60% a	47%	47%	42%	52%
Female	1015	71	212	253	154	83	243	535	480	871	33	43	38	7	8	129
	51%	46%	47%	54% b	55% b	53%	50%	50%	52%	52% c	52%	39%	53%	53%	58%	47%
Other	3	-	1	1	-	-	1	2	1	3	-	-	-	-	-	-
	*	-	*	*	-	-	*	*	*	*	-	-	-	-	-	-
Prefer not to say	9	1	1	2	2	-	3	4	5	2	-	1	-	-	-	1
	*	1%	*	*	1%	-	1%	*	1%	*	-	1% a	-	-	-	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D1. Are you...?

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	975	630	146	152	298	152	60	262	36	20	29	59	79	48	229	213
	49%	50%	44%	45%	45%	48%	47%	59%	26%	59%	58%	42%	62%	29%	51%	48%
		d				di	di	abdgijk		di	di	di	abdgijk		di	di
Female	1015	625	186	180	365	167	67	181	101	13	21	82	45	117	220	234
	51%	50%	56%	54%	55%	52%	53%	41%	73%	38%	42%	58%	35%	70%	49%	52%
				a		ch	ch	abcefgijk				ceh	abcefgijk		ch	ch
Other	3	2	-	1	1	-	-	1	-	-	-	-	1	-	1	-
	*	*	-	*	*	-	-	*	-	-	-	-	1%	-	*	-
Prefer not to say	9	2	1	1	2	-	-	2	1	1	-	-	2	2	1	-
	*	*	*	*	*	-	-	*	1%	3%	-	-	2%	1%	*	-
									agjk				ak	ak		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D1. Are you...?

BASE: All respondents

Significance Level: 95%

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	975	172	497	268	39	803	123	649	83	171	34	679	256	26	773	202	805	158
	49%	53%	47%	49%	48%	48%	45%	48%	39%	47%	48%	50%	45%	40%	49%	48%	48%	52%
Female	1015	155	547	273	40	860	150	695	127	192	37	676	315	39	795	220	865	144
	51%	47%	52%	50%	49%	51%	55%	52%	60%	53%	52%	50%	55%	60%	50%	52%	52%	47%
Other	3	-	2	1	-	3	-	3	1	-	-	2	1	-	3	-	-	2
	*	-	*	*	-	*	-	*	*	-	-	*	*	-	*	-	-	1%
Prefer not to say	9	-	3	3	3	9	1	1	-	-	-	2	-	-	8	1	3	-
	*	-	*	1%	4%	1%	*	*	-	-	-	*	-	-	1%	*	*	-



**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D1. Are you...?**

BASE: All respondents

Significance Level: 95%

	Total	Number of days active									Amount of activity in the past week compared to previous week			
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	975	173	71	144	141	85	118	53	190	370	360	309	448	204
	49%	47%	40%	52%	46%	47%	51%	53%	52%	49%	52%	53%	48%	44%
				b			b	b	b	b	b	c		
Female	1015	192	106	130	164	94	112	43	174	387	329	268	470	261
	51%	52%	60%	47%	54%	52%	49%	44%	48%	51%	48%	46%	51%	56%
			cfghij											a
Other	3	1	1	-	1	-	-	-	-	1	-	1	2	-
	*	*	1%	-	*	-	-	-	-	*	-	*	*	-
Prefer not to say	9	2	-	3	-	1	-	3	-	4	3	1	4	2
	*	1%	-	1%	-	1%	-	3%	-	1%	*	*	*	*
				h				abdfhij						

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D2. How old are you?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%															
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	51 3%	34 3%	17 2%	51 8%	- -	- -	1 1%	4 1%	6 3%	6 3%	1 1%	11 5%	12 4%	6 2%	5 2%
		b		bc							abe				
18-24	217 11%	111 11%	103 10%	217 36%	- -	- -	7 7%	23 9%	14 7%	22 10%	18 10%	18 8%	66 21%	31 10%	18 9%
				bc									abcdefhi		
25-34	338 17%	139 14%	195 19%	338 56%	- -	- -	11 12%	51 20%	33 17%	41 20%	32 18%	22 10%	64 20%	56 17%	29 14%
			a	bc				f		f	f		af	f	
35-44	313 16%	151 15%	161 16%	- -	313 48%	- -	16 17%	49 19%	30 15%	37 18%	27 16%	24 11%	50 16%	52 16%	27 13%
					ac			f							
45-54	340 17%	162 17%	178 18%	- -	340 52%	- -	24 25%	38 15%	28 14%	42 20%	25 15%	30 14%	52 16%	65 20%	36 17%
					ac		bcefg								
55-64	291 15%	160 16%	131 13%	- -	- -	291 39%	14 14%	47 18%	30 15%	17 8%	22 13%	51 23%	31 10%	46 14%	33 16%
		b				ab		dg	dg			degh		d	dg
65+	451 23%	219 22%	229 23%	- -	- -	451 61%	23 23%	49 19%	55 28%	44 21%	46 27%	67 30%	42 13%	68 21%	58 28%
					ab		g		bg	g	bg	bdgh		g	bgh
NET: 16-34	607 30%	283 29%	315 31%	607 100%	- -	- -	19 20%	78 30%	52 27%	69 33%	51 30%	51 23%	143 45%	93 29%	51 25%
				bc				a		af			abcdefhi		
NET: 35-54	654 33%	313 32%	340 33%	- -	654 100%	- -	41 42%	87 33%	59 30%	79 38%	52 31%	54 24%	102 32%	117 36%	62 31%
					ac		cefgi	f		f				f	
NET: 55+	741 37%	379 39%	360 35%	- -	- -	741 100%	36 38%	96 37%	85 43%	61 29%	68 40%	117 53%	73 23%	115 35%	91 45%
					ab		g	g	dg		dg	abdegh		g	dgh
Base for stats	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
Mean Score	46.72	47.24	46.33	25.17	44.25	66.54	49.59	46.66	48.73	45.05	47.78	51.04	40.19	46.89	49.51
					a	ab	dg	g	dg	g	g	bdgh		g	dg
Standard Deviation	18.076	18.537	17.526	5.495	5.806	7.013	16.886	17.326	17.727	17.979	18.474	18.961	17.461	17.506	17.911
Standard Error	.404	.588	.555	.216	.225	.268	1.554	1.085	1.300	1.250	1.369	1.472	.957	.933	1.257
Error variance	.16	.35	.31	.05	.05	.07	2.42	1.18	1.69	1.56	1.88	2.17	.92	.87	1.58

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D2. How old are you?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	51 3%	10 6% befh	8 2%	17 4% fh	9 3%	2 1%	7 1%	34 3% f	17 2%	29 2%	3 5% a	11 10% a	4 6% a	- -	- -	19 7% a
18-24	217 11%	20 13% f	48 11% f	68 14% fh	36 13% fh	24 16% fh	20 4% fh	137 13% fh	80 9% f	137 8%	13 21% a	30 27% a	24 33% a	3 21%	4 29%	73 27% a
25-34	338 17%	32 21% fh	88 19% fh	110 23% fh	59 21% fh	31 20% fh	18 4% fh	230 21% fh	108 12% f	256 15%	18 28% a	28 26% a	20 28% a	5 43%	2 12%	73 27% a
35-44	313 16%	26 17% f	90 20% cfh	69 15% f	55 19% fh	39 25% cfgh	34 7% fh	185 17% fh	128 14% f	259 15%	13 21%	18 17%	11 15%	1 9%	4 29%	48 18%
45-54	340 17%	37 24% fh	92 20% fh	102 22% fh	47 17% fh	28 18% fh	34 7% fh	231 21% fh	110 12% f	291 17%	10 15%	19 18%	8 12%	3 27%	2 11%	42 16%
55-64	291 15%	18 11%	62 14%	61 13%	40 14%	22 14%	89 18% abcg	140 13% g	151 16%	274 16% bcdg	4 6%	3 3%	3 5%	- -	3 19%	13 5%
65+	451 23%	12 8% ace	67 15% ace	44 9% e	36 13% e	10 6% e	282 58% abcdegh	123 11% e	328 36% abcdeg	444 26% bcdg	2 3% c	- -	1 2%	- -	- -	3 1%
NET: 16-34	607 30%	62 40% fh	145 32% fh	194 41% bfh	104 37% fh	57 36% fh	44 9% fh	401 37% bfh	206 22% f	422 25%	35 54% a	69 63% a	48 67% a	8 64%	6 41%	165 61% a
NET: 35-54	654 33%	63 41% fh	182 40% fh	171 36% fh	102 36% fh	68 43% fh	68 14% fh	416 39% fh	238 26% f	550 33%	23 36%	38 35%	19 27%	5 36%	5 40%	90 33%
NET: 55+	741 37%	30 19% ac	128 28% ac	105 22% ac	76 27% ac	32 20% ac	370 77% abcdegh	263 24% abcdeg	478 52% abcdeg	718 42% bcdg	6 10% c	3 3%	4 6%	- -	3 19%	16 6%
Base for stats	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
Mean Score	46.72	40.28	44.02	41.04	42.59	40.93	61.15	42.19	52.04	49.20	34.50	31.74	31.12	35.39	37.36	32.68
Standard Deviation	18.076	16.115	16.275	16.255	16.632	14.698	15.953	16.306	18.604	17.723	13.618	12.212	12.834	12.059	15.092	12.894
Standard Error	.404	1.311	.765	.739	.992	1.144	.737	.495	.615	.433	1.689	1.134	1.482	3.223	4.034	.765
Error variance	.16	1.72	.59	.55	.98	1.31	.54	.24	.38	.19	2.85	1.29	2.20	10.39	16.27	.59

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D2. How old are you?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	51 3%	19 2%	13 4%	14 4%	26 4%	1 *	1 1%	- -	2 2%	1 2%	- -	6 4%	39 31%	1 1%	- -	3 1%
			a	a	a				cj	cj		acijk	abcdefgijk			
18-24	217 11%	113 9%	65 20%	19 6%	85 13%	38 12%	20 16%	31 7%	20 14%	3 9%	6 12%	13 9%	73 58%	12 7%	1 *	58 13%
			acd	ac	ac	cj	cij	j	cij	j	j	j	abcdefgijk	j		cij
25-34	338 17%	160 13%	80 24%	82 25%	162 24%	92 29%	36 28%	122 27%	21 16%	9 27%	5 9%	23 16%	10 8%	19 11%	1 *	128 29%
			a	a	a	dfghij	dfghij	dfghij	hj	fhij	j	hj	j	j		dfghij
35-44	313 16%	93 7%	77 23%	127 38%	204 31%	63 20%	22 17%	114 26%	26 19%	2 7%	9 17%	31 22%	3 3%	42 25%	- -	86 19%
			a	abd	ab	hj	hj	ehjk	hj	j	hj	ehj	j	ehj		hj
45-54	340 17%	178 14%	81 24%	71 21%	152 23%	69 22%	21 17%	119 27%	39 28%	8 25%	12 24%	31 22%	2 1%	32 19%	7 1%	91 20%
			a	a	a	hj	hj	bhjk	bhj	hj	hj	hj		hj		hj
55-64	291 15%	267 21%	13 4%	7 2%	20 3%	37 11%	18 14%	52 12%	18 13%	4 11%	11 22%	30 21%	- -	48 29%	73 16%	54 12%
			bcd			h	h	h	h	h	achk	achk		abcdehjk	h	h
65+	451 23%	427 34%	4 1%	14 4%	18 3%	19 6%	9 7%	8 2%	12 8%	6 18%	8 16%	7 5%	- -	12 7%	370 82%	28 6%
			bcd	b		ch	ch		ch	abcghik	acghk	ch		ch	abcdeghik	ch
NET: 16-34	607 30%	293 23%	158 47%	115 35%	273 41%	131 41%	57 45%	154 34%	43 31%	13 39%	11 21%	42 30%	122 96%	32 19%	2 *	188 42%
			ac	a	a	fgij	cdfgij	fij	ij	ij	j	ij	abcdefgijk	j		cdfgij
NET: 35-54	654 33%	271 22%	158 47%	198 59%	355 53%	133 42%	44 34%	233 52%	65 47%	11 32%	21 41%	62 44%	5 4%	74 45%	7 1%	177 40%
			a	ab	a	hj	hj	abehjk	bhj	hj	hj	hj		hj		hj

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D2. How old are you?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 55+	741	694	18	20	38	56	27	60	30	10	19	37	-	60	443	82
	37%	55%	5%	6%	6%	17%	21%	13%	22%	29%	38%	26%	-	36%	98%	18%
		bcd				h	ch	h	ch	ch	abcdhk	achk		abcdhk	abcdefghik	ch
Base for stats	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
Mean Score	46.72	52.52	35.74	38.48	37.11	40.26	39.79	40.93	42.26	44.62	47.53	43.05	20.15	46.79	69.02	40.13
		bcd		b		h	h	h	h	h	abcdhk	hk		abcdghk	abcdefghik	h
Standard Deviation	18.076	18.293	12.166	11.956	12.130	14.223	15.379	11.794	14.607	17.608	15.944	15.304	5.693	14.439	6.752	14.546
Standard Error	.404	.496	.735	.728	.520	.788	1.370	.555	1.248	2.935	2.190	1.250	.471	1.114	.334	.684
Error variance	.16	.25	.54	.53	.27	.62	1.88	.31	1.56	8.61	4.80	1.56	.22	1.24	.11	.47

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D2. How old are you?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	51 3%	- -	12 1%	28 5%	11 13%	51 3%	9 3%	32 2%	7 3%	2 *	2 3%	35 3%	10 2%	1 1%	39 2%	12 3%	43 3%	6 2%
			a	abe	abce	ab			b			b						
18-24	217 11%	10 3%	83 8%	99 18%	25 31%	207 12%	33 12%	156 12%	34 16%	20 5%	11 16%	141 10%	61 11%	3 5%	174 11%	43 10%	171 10%	39 13%
			a	abe	abce	ab			bdef			b						
25-34	338 17%	30 9%	196 19%	97 18%	14 17%	308 18%	58 21%	242 18%	45 21%	39 11%	21 30%	236 17%	89 15%	13 21%	283 18%	55 13%	251 15%	82 27%
			a	a	a	a			b		bde	b			b			a
35-44	313 16%	28 9%	121 12%	155 29%	9 11%	285 17%	61 22%	215 16%	49 23%	29 8%	13 18%	225 17%	74 13%	16 25%	264 17%	49 12%	259 15%	49 16%
				abde		ab			b			be			b			
45-54	340 17%	56 17%	158 15%	118 22%	8 10%	284 17%	48 17%	232 17%	30 14%	43 12%	11 16%	259 19%	76 13%	7 10%	263 17%	77 18%	298 18%	40 13%
				bde								be					b	
55-64	291 15%	70 21%	186 18%	29 5%	5 6%	220 13%	35 13%	185 14%	27 13%	75 21%	8 11%	190 14%	95 17%	13 21%	222 14%	68 16%	251 15%	39 13%
			cde	cde		c						ad						
65+	451 23%	132 40%	292 28%	18 3%	9 11%	318 19%	29 11%	285 21%	19 9%	157 43%	5 6%	273 20%	168 29%	11 18%	333 21%	118 28%	400 24%	50 16%
			bcd	cde		c		a		acdef		ac	acdf	ac		a	b	
NET: 16-34	607 30%	41 12%	291 28%	224 41%	51 62%	566 34%	101 37%	431 32%	86 41%	60 17%	34 48%	412 30%	160 28%	17 27%	497 31%	110 26%	464 28%	127 42%
			a	abe	abce	ab			bdef		bdef	b	b	b	b			a
NET: 35-54	654 33%	84 26%	279 27%	273 50%	17 21%	570 34%	109 40%	447 33%	79 37%	71 20%	24 34%	484 36%	149 26%	22 35%	527 33%	126 30%	558 33%	88 29%
				abde		abd			be		b	be	b	b				
NET: 55+	741 37%	203 62%	478 46%	47 9%	14 17%	539 32%	64 24%	470 35%	46 22%	232 64%	13 18%	463 34%	262 46%	25 38%	555 35%	186 44%	651 39%	89 29%
			bcd	cde		cd		a		acdef		ac	acd	ac		a	b	
Base for stats	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D2. How old are you?**

BASE: All respondents

Significance Level: 95%

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Mean Score	46.72	56.81	49.64	36.95	33.88	44.75	41.91	45.88	40.15	56.46	38.79	45.93	49.62	46.18	45.94	49.63	47.65	42.81
		bcde	cde		cd		a		acdef		ac	acd	ac		a	b		
Standard Deviation	18.076	15.647	17.935	13.652	18.633	17.864	16.109	17.958	16.508	17.316	15.832	17.387	19.107	15.766	17.834	18.691	18.040	17.414
Standard Error	.404	.839	.551	.602	2.083	.439	.993	.492	1.116	.918	1.879	.472	.800	1.926	.447	.921	.444	.969
Error variance	.16	.70	.30	.36	4.34	.19	.99	.24	1.24	.84	3.53	.22	.64	3.71	.20	.85	.20	.94

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D2. How old are you?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5+ days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	51	3	5	10	12	6	5	2	10	28	16	18	19	12
	3%	1%	3%	4%	4%	3%	2%	2%	3%	4%	2%	3%	2%	3%
				a	a	a				a				
18-24	217	21	23	35	35	31	29	6	36	101	72	88	53	67
	11%	6%	13%	13%	12%	17%	13%	6%	10%	13%	10%	15%	6%	14%
			a	a	a	aghj	a		a	ag	a	b		b
25-34	338	33	34	54	63	42	42	17	54	159	112	125	128	81
	17%	9%	19%	20%	21%	23%	18%	17%	15%	21%	16%	22%	14%	17%
			a	a	ah	ahj	a	a	a	ahj	a	b		
35-44	313	42	27	52	58	29	43	18	43	140	104	119	106	82
	16%	12%	15%	19%	19%	16%	19%	19%	12%	18%	15%	20%	11%	18%
				ah	ah		ah			ah		b		b
45-54	340	57	34	42	55	32	42	16	63	128	121	91	173	74
	17%	15%	19%	15%	18%	18%	18%	16%	17%	17%	17%	16%	19%	16%
55-64	291	64	26	30	40	19	35	12	65	89	112	58	163	69
	15%	17%	14%	11%	13%	10%	15%	12%	18%	12%	16%	10%	18%	15%
		cei							cei		ci		a	a
65+	451	148	30	53	42	23	35	28	92	118	155	80	282	83
	23%	40%	17%	19%	14%	13%	15%	29%	25%	15%	22%	14%	31%	18%
		bcddefghij						bdefi	bdefi		defi		ac	
NET: 16-34	607	57	62	100	110	78	75	25	100	288	200	232	200	160
	30%	15%	35%	36%	36%	44%	33%	25%	27%	38%	29%	40%	22%	34%
			a	aghj	aghj	afghj	a	a	a	aghj	a	b		b
NET: 35-54	654	99	61	94	113	61	85	34	106	268	225	209	279	156
	33%	27%	34%	34%	37%	34%	37%	35%	29%	35%	33%	36%	30%	33%
				ah	ah	a			ah	ah		b		
NET: 55+	741	212	56	83	82	41	70	40	158	206	267	138	445	151
	37%	58%	31%	30%	27%	23%	30%	40%	43%	27%	39%	24%	48%	32%
		bcddefghij						dei	bcddefi		cdefi		ac	a
Base for stats	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
Mean Score	46.72	55.20	44.43	43.86	42.74	40.65	44.14	49.33	48.71	42.65	47.28	41.31	51.74	44.04
		bcddefghij	e			e	bcdefi	bcdefi	bcdefi	cdefi	cdefi	ac	ac	a
Standard Deviation	18.076	17.252	17.230	18.410	16.909	17.011	17.019	17.930	17.944	17.512	17.755	16.731	17.619	17.755
Standard Error	.404	.898	1.284	1.102	.963	1.264	1.127	1.830	.944	.632	.678	.696	.582	.819
Error variance	.16	.81	1.65	1.21	.93	1.60	1.27	3.35	.89	.40	.46	.48	.34	.67



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D3. Which of the following describes where you live?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	97	50	46	19	41	36	97	-	-	-	-	-	-	-	-
	5%	5%	5%	3%	6%	5%	100%	-	-	-	-	-	-	-	-
					a		bcdefghi								
North West	261	138	122	78	87	96	-	261	-	-	-	-	-	-	-
	13%	14%	12%	13%	13%	13%	-	100%	-	-	-	-	-	-	-
								acdefghi							
Yorkshire and the Humber	196	87	108	52	59	85	-	-	196	-	-	-	-	-	-
	10%	9%	11%	9%	9%	11%	-	-	100%	-	-	-	-	-	-
									abdefghi						
West Midlands	209	95	114	69	79	61	-	-	-	209	-	-	-	-	-
	10%	10%	11%	11%	12%	8%	-	-	-	100%	-	-	-	-	-
					c					abcefghi					
East Midlands	171	81	90	51	52	68	-	-	-	-	171	-	-	-	-
	9%	8%	9%	8%	8%	9%	-	-	-	-	100%	-	-	-	-
											abcdefghi				
East of England	222	101	120	51	54	117	-	-	-	-	-	222	-	-	-
	11%	10%	12%	8%	8%	16%	-	-	-	-	-	100%	-	-	-
						ab						abcdefghi			
London	317	161	150	143	102	73	-	-	-	-	-	-	317	-	-
	16%	17%	15%	24%	16%	10%	-	-	-	-	-	-	100%	-	-
				bc	c								abcdefghi		
South East	325	160	165	93	117	115	-	-	-	-	-	-	-	325	-
	16%	16%	16%	15%	18%	15%	-	-	-	-	-	-	-	100%	-
														abcdefghi	
South West	204	103	100	51	62	91	-	-	-	-	-	-	-	-	204
	10%	11%	10%	8%	10%	12%	-	-	-	-	-	-	-	-	100%
						a									abcdefgh
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D3. Which of the following describes where you live?**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Northern Ireland

Outside of the UK

	Gender		Age			Region								
	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	a	b	c	d	e	f	g	h	i
2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D3. Which of the following describes where you live?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	97 5%	7 5%	16 4%	29 6%	9 3%	9 6%	27 6%	52 5%	45 5%	88 5% cg	1 1%	1 1%	2 3%	1 8%	-	5 2%
North West	261 13%	15 10%	68 15%	56 12%	39 14%	18 11%	64 13%	140 13%	121 13%	226 13%	9 14%	12 11%	7 9%	2 16%	1 9%	30 11%
Yorkshire and the Humber	196 10%	18 11%	42 9%	42 9%	30 11%	12 8%	53 11%	101 9%	95 10%	172 10%	4 6%	12 11%	3 4%	2 14%	2 14%	23 8%
West Midlands	209 10%	11 7%	42 9%	52 11%	30 11%	22 14% a	51 11%	105 10%	104 11%	178 11%	6 10%	13 12%	9 13%	1 10%	-	30 11%
East Midlands	171 9%	5 3% a	44 10% a	37 8% f	19 7% a	15 9% a	51 11% a	86 8% a	85 9% a	152 9%	5 8%	6 5%	4 5%	1 9%	-	16 6%
East of England	222 11%	17 11%	39 9%	58 12%	29 10%	16 10%	63 13% b	114 11%	108 12%	197 12% c	10 16% cdg	5 5%	4 5%	-	3 19%	22 8%
London	317 16%	43 28% bcdefgh	84 19% fh	71 15% f	42 15% f	26 17% f	52 11% f	198 18% fh	119 13%	191 11%	18 28% a	45 41% a	34 47% ab	5 37%	5 36%	107 39% a
South East	325 16%	24 15%	79 17%	75 16%	59 21% f	24 15%	66 14%	177 16%	148 16%	296 18% g	7 11%	12 11%	8 12%	-	2 17%	30 11%
South West	204 10%	15 9%	41 9%	51 11%	26 9%	15 10%	56 12%	107 10%	97 11%	192 11% cdg	4 7%	3 3%	1 1%	1 6%	1 6%	10 4%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D3. Which of the following describes where you live?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	97	59	15	16	31	18	6	22	4	3	3	7	2	10	20	24
	5%	5%	5%	5%	5%	6% h	4%	5%	3%	8% h	6%	5%	2%	6% h	5%	5%
North West	261	158	54	44	98	34	18	72	12	6	8	15	16	29	52	52
	13%	13%	16%	13%	15%	11%	14%	16% ad	9%	17% ad	15%	10%	12%	17% ad	12%	12%
Yorkshire and the Humber	196	135	22	33	55	32	15	28	18	6	4	16	8	17	52	47
	10%	11% b	7%	10%	8%	10%	12% c	6%	13% c	18% ch	7%	11%	7%	10%	11% c	11% c
West Midlands	209	119	45	36	81	27	14	51	17	2	4	17	13	22	42	41
	10%	9%	13% a	11%	12%	8%	11%	11%	12%	5%	8%	12%	10%	13%	9%	9%
East Midlands	171	113	30	27	57	30	11	28	16	2	3	17	7	9	49	40
	9%	9%	9%	8%	9%	9%	8%	6%	12% c	6%	6%	12% chi	6%	5%	11% ci	9%
East of England	222	149	29	36	65	28	8	45	7	1	4	15	15	21	76	36
	11%	12%	9%	11%	10%	9%	6%	10%	5%	4%	8%	11%	12% d	13% d	17% abcdek	8%
London	317	178	55	60	115	62	26	72	27	4	10	16	39	27	35	88
	16%	14%	17%	18%	17%	19% gi	21% gj	16% j	19% j	11% j	20% j	11% acdegijk	31% j	16% j	8% j	20% gj
South East	325	210	51	52	103	57	21	85	25	7	8	20	17	17	68	78
	16%	17%	15%	16%	16%	18% i	17% i	19% i	18% i	20% i	15% i	14% i	13% i	10% i	15% i	17% i
South West	204	138	31	29	60	32	9	43	12	3	7	18	10	14	56	41
	10%	11%	9%	9%	9%	10%	7%	10%	9%	10%	14%	13%	7%	8%	12%	9%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D3. Which of the following describes where you live?

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D3. Which of the following describes where you live?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	97	25	44	21	7	72	14	54	11	22	2	59	31	4	80	17	80	15
	5%	8%	4%	4%	9%	4%	5%	4%	5%	6%	3%	4%	5%	6%	5%	4%	5%	5%
		bce																
North West	261	42	143	70	6	219	37	175	35	62	11	161	93	12	215	46	217	39
	13%	13%	14%	13%	7%	13%	13%	13%	16%	17%	15%	12%	16%	19%	14%	11%	13%	13%
									d				d					
Yorkshire and the Humber	196	39	102	48	8	157	32	122	19	34	7	137	56	4	156	40	172	21
	10%	12%	10%	9%	10%	9%	12%	9%	9%	9%	10%	10%	10%	7%	10%	9%	10%	7%
West Midlands	209	32	111	58	8	177	27	144	29	30	3	149	53	9	168	41	181	27
	10%	10%	11%	11%	10%	11%	10%	11%	14%	8%	4%	11%	9%	13%	11%	10%	11%	9%
									bc			c	c					
East Midlands	171	27	92	48	4	144	25	116	24	30	2	118	50	5	118	54	154	16
	9%	8%	9%	9%	5%	9%	9%	9%	11%	8%	3%	9%	9%	8%	7%	13%	9%	5%
									c							a	b	
East of England	222	29	123	56	14	193	23	163	14	40	9	155	58	4	146	75	201	20
	11%	9%	12%	10%	17%	12%	8%	12%	7%	11%	12%	11%	10%	6%	9%	18%	12%	6%
					a							a				a	b	
London	317	45	148	107	18	273	52	206	33	47	23	212	83	14	300	17	219	87
	16%	14%	14%	20%	23%	16%	19%	15%	16%	13%	32%	16%	15%	22%	19%	4%	13%	29%
				ab	ab						abde				b		a	
South East	325	50	173	94	8	275	42	231	27	52	12	234	84	6	250	76	288	37
	16%	15%	17%	17%	10%	16%	15%	17%	13%	14%	16%	17%	15%	10%	16%	18%	17%	12%
																	b	
South West	204	39	113	43	9	165	22	136	20	47	4	134	64	6	147	57	160	40
	10%	12%	11%	8%	11%	10%	8%	10%	9%	13%	5%	10%	11%	10%	9%	13%	10%	13%
		c														a		a
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D3. Which of the following describes where you live?**

BASE: All respondents

Significance Level: 95%

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D3. Which of the following describes where you live?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	97	24	7	7	14	7	13	8	16	28	38	28	39	25
	5%	7%	4%	2%	5%	4%	6%	8%	5%	4%	5%	5%	4%	5%
		ci						ci			c			
North West	261	47	17	45	36	26	31	10	48	108	89	92	123	42
	13%	13%	10%	16%	12%	15%	14%	10%	13%	14%	13%	16%	13%	9%
				b								c	c	
Yorkshire and the Humber	196	39	11	24	29	15	29	11	37	68	77	50	99	45
	10%	11%	6%	9%	10%	8%	13%	11%	10%	9%	11%	9%	11%	10%
							b							
West Midlands	209	37	22	28	44	21	21	4	34	92	59	62	92	53
	10%	10%	12%	10%	14%	12%	9%	4%	9%	12%	8%	11%	10%	11%
					ghj	g				gj				
East Midlands	171	37	23	22	24	18	10	12	26	64	49	51	76	39
	9%	10%	13%	8%	8%	10%	4%	12%	7%	8%	7%	9%	8%	8%
		f	fhj			f		f		f				
East of England	222	46	21	31	20	17	30	6	49	68	86	41	119	62
	11%	13%	12%	11%	6%	10%	13%	6%	14%	9%	12%	7%	13%	13%
		d	d	d			d		di		di		a	a
London	317	43	36	50	48	32	40	21	48	130	109	106	125	76
	16%	12%	20%	18%	16%	18%	17%	21%	13%	17%	16%	18%	14%	16%
			ah	a			a	ah		a		b		
South East	325	56	26	48	59	30	29	12	65	137	106	91	149	83
	16%	15%	15%	17%	19%	17%	13%	12%	18%	18%	15%	16%	16%	18%
					f									
South West	204	40	16	23	31	14	26	14	40	68	80	58	101	42
	10%	11%	9%	8%	10%	8%	11%	14%	11%	9%	12%	10%	11%	9%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D4. Do you have any children aged 15 or under currently living in your household? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1259	630	625	293	271	694	59	158	135	119	113	149	178	210	138
	63%	65%	62%	48%	41%	94%	61%	61%	69%	57%	66%	67%	56%	65%	68%
				b		ab			dg		g	dg		g	dg
Yes - children aged 0 to 12 months	83	36	45	59	22	1	4	8	12	9	3	10	20	10	6
	4%	4%	4%	10%	3%	*	4%	3%	6%	4%	2%	5%	6%	3%	3%
				bc	c								e		
Yes - children aged 13 months to 4 years old	200	89	110	112	82	6	6	35	14	27	20	16	34	32	15
	10%	9%	11%	18%	13%	1%	6%	13%	7%	13%	12%	7%	11%	10%	8%
				bc	c			aci		ac					
Yes - children aged 5 to 10 years old	285	133	150	98	168	19	15	38	28	25	29	32	50	44	23
	14%	14%	15%	16%	26%	3%	16%	15%	14%	12%	17%	15%	16%	13%	11%
				c	ac										
Yes - children aged 11 to 15 years old	328	142	184	85	215	28	21	49	32	43	19	33	51	45	34
	16%	15%	18%	14%	33%	4%	22%	19%	16%	21%	11%	15%	16%	14%	16%
			a	c	ac		eh	e		eh					
Prefer not to answer	77	47	25	41	27	9	7	5	5	10	2	8	24	12	6
	4%	5%	2%	7%	4%	1%	7%	2%	3%	5%	1%	3%	8%	4%	3%
		b		bc	c		be			e			bcehi		
NET: Yes	666	298	365	273	355	38	31	98	55	81	57	65	115	103	60
	33%	31%	36%	45%	54%	5%	32%	37%	28%	39%	33%	29%	36%	32%	30%
		a		c	ac			c		c					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D4. Do you have any children aged 15 or under currently living in your household? Please enter the number of children in each age group that live in your household.

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1259	69	255	281	143	88	422	606	653	1131	26	48	27	7	7	115
	63%	44%	56%	60%	51%	56%	87%	56%	71%	67%	40%	44%	38%	57%	50%	42%
		a	a	ad	a	abcdegh	a	abcdegh	bcdegh	bcdegh						
Yes - children aged 0 to 12 months	83	14	22	26	6	11	4	63	20	61	7	5	8	-	1	21
	4%	9%	5%	6%	2%	7%	1%	6%	2%	4%	12%	4%	10%	-	8%	8%
		dfh	dfh	dfh	dfh	dfh	dfh	dfh	dfh	dfh	a	a	a		a	a
Yes - children aged 13 months to 4 years old	200	19	63	49	38	16	14	132	69	152	12	14	14	1	1	44
	10%	13%	14%	10%	13%	10%	3%	12%	7%	9%	19%	13%	20%	10%	8%	16%
		fh	fh	f	fh	f		fh	f	fh	a	a	a		a	a
Yes - children aged 5 to 10 years old	285	36	83	70	51	34	11	189	96	220	13	18	19	2	3	56
	14%	23%	18%	15%	18%	22%	2%	17%	10%	13%	20%	17%	26%	17%	25%	20%
		cfh	fh	fh	fh	cfh		fh	f	fh	a	a	a		a	a
Yes - children aged 11 to 15 years old	328	43	85	69	75	30	26	197	131	268	11	24	14	3	4	56
	16%	27%	19%	15%	27%	19%	5%	18%	14%	16%	16%	22%	19%	26%	28%	21%
		bcfgh	fh	f	bcfgh	f		fh	f	fh	a	a	a		a	a
Prefer not to answer	77	8	14	18	11	7	18	41	36	36	8	10	7	1	1	27
	4%	5%	3%	4%	4%	4%	4%	4%	4%	2%	12%	9%	9%	7%	5%	10%
			a	a	a	a	a	a	a	a	a	a	a		a	a
NET: Yes	666	78	185	171	127	62	43	434	232	524	31	51	38	5	6	130
	33%	50%	41%	36%	45%	39%	9%	40%	25%	31%	48%	47%	52%	36%	45%	48%
		bcfgh	fh	fh	cfh	fh		fh	f	fh	a	a	a		a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D4. Do you have any children aged 15 or under currently living in your household? Please enter the number of children in each age group that live in your household.

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1259	1259	-	-	-	164	57	225	65	23	34	87	64	103	437	221
	63%	100%	-	-	-	51%	45%	50%	47%	67%	68%	61%	50%	62%	97%	49%
		bcd								bdk	abcdhk	abcdk		abcdhk	abcdefghik	
Yes - children aged 0 to 12 months	83	-	40	43	83	13	12	35	6	-	1	9	2	4	-	25
	4%	-	12%	13%	12%	4%	9%	8%	4%	-	2%	6%	2%	3%	-	6%
			a	a	a	j	ahij	ahij	j		j	j	j	j		j
Yes - children aged 13 months to 4 years old	200	-	69	131	200	49	24	60	17	2	6	16	10	17	-	72
	10%	-	21%	39%	30%	15%	19%	14%	12%	7%	11%	11%	8%	10%	-	16%
			a	abd	ab	hj	hij	j	j	j	j	j	j	j		hj
Yes - children aged 5 to 10 years old	285	-	88	197	285	65	26	93	30	1	4	17	17	25	7	91
	14%	-	26%	59%	43%	20%	20%	21%	22%	4%	7%	12%	13%	15%	2%	20%
			a	abd	ab	efgj	efj	efghj	efgj		j	j	j	j		efgj
Yes - children aged 11 to 15 years old	328	-	136	192	328	69	31	94	35	5	4	21	29	33	6	101
	16%	-	41%	58%	49%	22%	25%	21%	26%	15%	7%	15%	23%	20%	1%	23%
			a	abd	ab	fj	fgj	fj	fgj	j	j	j	fj	fj		fgj
Prefer not to answer	77	-	-	-	-	9	6	14	5	4	3	11	15	6	5	15
	4%	-	-	-	-	3%	5%	3%	4%	11%	6%	8%	12%	3%	1%	3%
							j	j	j	acijk	j	acjk	abcdijk	j		j
NET: Yes	666	-	333	333	666	146	64	208	68	7	13	43	48	57	10	211
	33%	-	100%	100%	100%	46%	51%	47%	49%	22%	26%	31%	38%	34%	2%	47%
			a	a	a	efgij	efghij	efgij	efghij	j	j	j	j	j		efghij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D4. Do you have any children aged 15 or under currently living in your household? Please enter the number of children in each age group that live in your household.

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1259	311	785	136	27	948	111	818	118	290	30	836	390	44	987	272	1044	207
	63%	95%	75%	25%	33%	57%	40%	61%	56%	80%	42%	61%	68%	68%	62%	64%	62%	68%
		bcde	cde			cd		a	c	acdef		c	acd	c			a	
Yes - children aged 0 to 12 months	83	-	39	37	7	83	19	60	6	6	3	64	15	-	72	11	67	16
	4%	-	4%	7%	9%	5%	7%	4%	3%	2%	4%	5%	3%	-	5%	3%	4%	5%
			a	ab	ab	a						be						
Yes - children aged 13 months to 4 years old	200	4	66	117	14	197	46	143	32	13	13	143	51	4	161	39	171	27
	10%	1%	6%	21%	17%	12%	17%	11%	15%	3%	18%	10%	9%	6%	10%	9%	10%	9%
			a	abe	ab	ab	b		bdef		bef	b	b					
Yes - children aged 5 to 10 years old	285	1	59	193	31	284	66	214	37	30	12	210	66	9	235	50	252	30
	14%	*	6%	36%	38%	17%	24%	16%	17%	8%	17%	15%	12%	13%	15%	12%	15%	10%
			a	abe	abe	ab	b		be		b	be					b	
Yes - children aged 11 to 15 years old	328	2	84	212	30	326	73	243	41	37	15	238	82	9	254	73	294	31
	16%	*	8%	39%	36%	19%	27%	18%	19%	10%	21%	18%	14%	13%	16%	17%	18%	10%
			a	abe	abe	ab	b		b		b	b					b	
Prefer not to answer	77	10	28	31	8	67	16	35	6	9	10	37	22	3	55	22	49	16
	4%	3%	3%	6%	9%	4%	6%	3%	3%	2%	14%	3%	4%	5%	3%	5%	3%	5%
				b	abe		b				abde						a	
NET: Yes	666	6	235	378	47	660	147	494	87	65	31	486	160	17	537	129	581	80
	33%	2%	22%	69%	57%	39%	54%	37%	41%	18%	44%	36%	28%	27%	34%	31%	35%	26%
			a	abde	abe	ab	b		bef		bef	be	b				b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D4. Do you have any children aged 15 or under currently living in your household? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1259	299	107	161	166	95	129	55	246	423	430	288	672	280
	63%	81%	60%	58%	54%	53%	56%	56%	68%	55%	62%	50%	73%	60%
		bcdefghij					cdefgi					ac		
Yes - children aged 0 to 12 months	83	5	9	25	14	11	10	1	7	50	18	31	26	24
	4%	1%	5%	9%	4%	6%	4%	1%	2%	7%	3%	5%	3%	5%
			ah	adfgjh	a	ahj	a			aghj		b	b	b
Yes - children aged 13 months to 4 years old	200	17	17	42	39	23	21	8	33	104	62	82	59	57
	10%	5%	10%	15%	13%	13%	9%	8%	9%	14%	9%	14%	6%	12%
			a	afhj	a	a	a		a	ahj	a	b	b	b
Yes - children aged 5 to 10 years old	285	24	23	32	52	36	46	22	50	119	118	122	92	70
	14%	7%	13%	11%	17%	20%	20%	22%	14%	16%	17%	21%	10%	15%
			a	a	a	ac	ac	abch	a	a	ac	bc	b	b
Yes - children aged 11 to 15 years old	328	27	31	36	65	43	49	27	51	143	127	138	118	69
	16%	7%	17%	13%	21%	24%	21%	27%	14%	19%	18%	24%	13%	15%
			a	a	ach	ach	ach	achj	a	ach	ac	bc	b	b
Prefer not to answer	77	12	5	14	12	6	11	4	13	33	27	22	25	20
	4%	3%	3%	5%	4%	4%	5%	4%	4%	4%	4%	4%	3%	4%
NET: Yes	666	57	67	102	127	78	90	40	105	307	235	269	227	167
	33%	16%	37%	37%	42%	44%	39%	41%	29%	40%	34%	46%	25%	36%
			ah	ah	ahj	ahj	ah	ah	a	ahj	a	bc	b	b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	155 8%	84 9%	71 7%	62 10% c	63 10% c	30 4%	7 7%	15 6%	18 9% e	11 5%	5 3%	17 8%	43 14% bdehi	24 7% e	15 7%
Social Grade B	455 23%	241 25% b	212 21%	145 24% c	182 28% c	128 17%	16 17%	68 26% f	42 21%	42 20%	44 26%	39 18%	84 27% af	79 24%	41 20%
Social Grade C1	470 23%	215 22%	253 25%	194 32% bc	171 26% c	105 14%	29 30%	56 22%	42 21%	52 25%	37 22%	58 26%	71 22%	75 23%	51 25%
Social Grade C2	282 14%	126 13%	154 15%	104 17% c	102 16% c	76 10%	9 9%	39 15%	30 15%	30 14%	19 11%	29 13%	42 13%	59 18% ae	26 13%
Social Grade D	157 8%	74 8%	83 8%	57 9% c	68 10% c	32 4%	9 9%	18 7%	12 6%	22 11%	15 9%	16 7%	26 8%	24 7%	15 7%
Social Grade E	483 24%	236 24%	243 24%	44 7%	68 10% a	370 50% ab	27 28% g	64 25% g	53 27% g	51 24% g	51 30% gh	63 28% gh	52 16%	66 20%	56 28% gh
NET: ABC1	1081 54%	539 55%	535 53%	401 66% c	416 64% c	263 35%	52 54%	140 54%	101 52%	105 50%	86 50%	114 51%	198 62% bcdefhi	177 54%	107 52%
NET: C2DE	921 46%	436 45%	480 47%	206 34%	238 36%	478 65% ab	45 46%	121 46% g	95 48% g	104 50% g	85 50% g	108 49% g	119 38%	148 46% g	97 48% g

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

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BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	155	155	-	-	-	-	-	155	-	114	7	14	7	5	3	36
	8%	100%	-	-	-	-	-	14%	-	7%	11%	12%	10%	37%	24%	13%
		bcdefgh						bcdefh				a				a
Social Grade B	455	-	455	-	-	-	-	455	-	365	23	31	20	6	4	84
	23%	-	100%	-	-	-	-	42%	-	22%	36%	29%	28%	44%	26%	31%
			acdefgh					acdefh			a					a
Social Grade C1	470	-	-	470	-	-	-	470	-	393	16	26	20	1	4	66
	23%	-	-	100%	-	-	-	44%	-	23%	25%	24%	27%	6%	31%	24%
				abdefgh				abdefh								
Social Grade C2	282	-	-	-	282	-	-	-	282	243	3	16	13	2	1	34
	14%	-	-	-	100%	-	-	-	31%	14%	5%	14%	18%	12%	6%	13%
					abcefg				abcefg	b		b	b			
Social Grade D	157	-	-	-	-	157	-	-	157	125	6	13	7	-	-	26
	8%	-	-	-	-	100%	-	-	17%	7%	10%	12%	10%	-	-	10%
						abcdfgh			abcdfg							
Social Grade E	483	-	-	-	-	-	483	-	483	451	9	10	5	-	2	25
	24%	-	-	-	-	-	100%	-	52%	27%	13%	9%	7%	-	13%	9%
							abcdegh		abcdeg	bcdg						
NET: ABC1	1081	155	455	470	-	-	-	1081	-	872	46	71	47	11	11	186
	54%	100%	100%	100%	-	-	-	100%	-	52%	72%	65%	65%	88%	81%	68%
		defh	defh	defh				defh			a	a	a			a
NET: C2DE	921	-	-	-	282	157	483	-	921	818	18	39	25	2	3	86
	46%	-	-	-	100%	100%	100%	-	100%	48%	28%	35%	35%	12%	19%	32%
					abcg	abcg	abcg		abcg	bcdg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	155 8%	69 5%	37 11%	41 12%	78 12%	25 8%	13 10%	55 12%	12 9%	6 18%	6 13%	7 5%	16 12%	5 3%	11 2%	38 9%
			a	a	a	ij	ij	agij	ij	agijk	gij		gij			ij
Social Grade B	455 23%	255 20%	86 26%	99 30%	185 28%	78 25%	43 34%	154 35%	44 32%	7 21%	15 30%	24 17%	21 16%	20 12%	49 11%	121 27%
			a	a	a	hij	ghij	aghijk	ghij		hij	j				ghij
Social Grade C1	470 23%	281 22%	86 26%	85 26%	171 26%	90 28%	32 26%	150 34%	32 23%	7 20%	17 34%	24 17%	56 44%	25 15%	37 8%	123 27%
						gij	ij	dgijk	j	j	gij	j	abcdegijk	j		gij
Social Grade C2	282 14%	143 11%	69 21%	59 18%	127 19%	73 23%	30 24%	46 10%	27 19%	11 32%	8 15%	23 16%	13 10%	23 14%	28 6%	103 23%
			a	a	a	chij	chij	j	chj	cghij	j	cj		j		chij
Social Grade D	157 8%	88 7%	27 8%	35 10%	62 9%	47 15%	7 5%	37 8%	19 14%	1 4%	3 6%	20 14%	9 7%	8 5%	7 1%	53 12%
						bchij	j	j	bchij		j	bchij	j	j		bij
Social Grade E	483 24%	422 33%	29 9%	14 4%	43 6%	6 2%	2 1%	5 1%	4 3%	2 5%	1 2%	43 31%	13 11%	86 51%	321 71%	8 2%
		bcd	c									abcdefhk	abcdk	abcdefghk	abcdefghk	
NET: ABC1	1081 54%	606 48%	209 63%	225 68%	434 65%	193 61%	89 70%	359 80%	88 64%	20 60%	39 76%	55 39%	92 72%	49 30%	96 21%	282 63%
			a	a	a	gij	gij	abdeghijk	gij	gij	agij	j	agijk	j		gij
NET: C2DE	921 46%	653 52%	125 37%	108 32%	232 35%	126 39%	39 30%	87 20%	50 36%	14 40%	12 24%	86 61%	35 28%	117 70%	355 79%	165 37%
		bcd				cfh	c		c	c		abcdefhk	c	abcdefhk	abcdefghk	ch



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

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BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	155 8%	11 3%	66 6%	63 12%	15 18%	144 9%	34 12%	107 8%	18 9%	14 4%	10 15%	111 8%	37 7%	4 6%	121 8%	34 8%	141 8%	12 4%
			a	abe	abe	ab	b		b	be	b						b	
Social Grade B	455 23%	63 19%	230 22%	148 27%	14 17%	392 23%	77 28%	310 23%	43 20%	51 14%	18 26%	342 25%	102 18%	8 13%	364 23%	91 22%	380 23%	71 23%
			ab	ab		ab			ab	b	bef						ab	
Social Grade C1	470 23%	63 19%	247 24%	143 26%	17 21%	407 24%	58 21%	331 25%	48 23%	67 18%	13 18%	340 25%	114 20%	12 19%	381 24%	89 21%	382 23%	84 28%
			a	a		a			a	b	be						a	
Social Grade C2	282 14%	20 6%	145 14%	97 18%	19 24%	262 16%	37 13%	212 16%	34 16%	45 12%	10 14%	185 14%	80 14%	9 14%	223 14%	59 14%	242 14%	35 12%
			a	ab	ab	a			a	acde		acd	acd				a	
Social Grade D	157 8%	20 6%	75 7%	51 9%	10 12%	137 8%	16 6%	118 9%	14 7%	15 4%	5 7%	120 9%	32 6%	1 1%	125 8%	32 8%	125 7%	31 10%
			bef			bef			bef			bef					bef	
Social Grade E	483 24%	150 46%	286 27%	42 8%	6 7%	333 20%	53 19%	269 20%	54 26%	172 47%	14 20%	261 19%	207 36%	30 47%	366 23%	117 28%	404 24%	71 23%
		bcd	cde			cd			d	acde		acd	acd				cd	
NET: ABC1	1081 54%	138 42%	543 52%	354 65%	46 57%	943 56%	168 61%	749 56%	109 52%	132 36%	42 59%	793 58%	253 44%	25 38%	866 55%	214 51%	902 54%	167 55%
			a	abe	a	ab			b	36%	bef	bef	b				ab	
NET: C2DE	921 46%	189 58%	506 48%	191 35%	35 43%	732 44%	105 39%	599 44%	102 48%	231 64%	30 41%	565 42%	319 56%	40 62%	713 45%	208 49%	771 46%	137 45%
		bcd	ce			c			acde			cd	cd				cd	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5+ days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	155	14	12	20	21	25	17	14	33	65	64	60	49	44
	8%	4%	7%	7%	7%	14%	7%	15%	9%	9%	9%	10%	5%	9%
						abcdfi		abcdf	a	a	a	b		b
Social Grade B	455	51	35	74	74	40	65	27	88	189	179	143	190	119
	23%	14%	20%	27%	24%	22%	28%	27%	24%	25%	26%	25%	21%	25%
				a	a	a	a	a	a	a	a	b		b
Social Grade C1	470	75	52	59	71	57	58	16	82	187	156	151	196	114
	23%	20%	29%	21%	23%	32%	25%	16%	23%	25%	23%	26%	21%	24%
			ag			acdghij						b		
Social Grade C2	282	38	22	48	50	22	34	13	54	120	102	89	123	67
	14%	10%	12%	17%	16%	12%	15%	13%	15%	16%	15%	15%	13%	14%
				a	a					a	a			
Social Grade D	157	30	17	21	31	8	16	6	28	60	49	48	73	30
	8%	8%	10%	8%	10%	5%	7%	6%	8%	8%	7%	8%	8%	6%
				e										
Social Grade E	483	160	40	55	58	28	40	23	79	141	142	88	294	94
	24%	43%	22%	20%	19%	16%	17%	24%	22%	19%	20%	15%	32%	20%
		bcdefghij											ac	a
NET: ABC1	1081	140	100	153	166	122	140	57	203	441	399	354	435	277
	54%	38%	56%	55%	54%	68%	61%	58%	56%	58%	58%	61%	47%	59%
			a	a	a	abcdhij	a	a	a	a	a	b		b
NET: C2DE	921	228	79	124	139	58	90	42	161	321	293	225	489	191
	46%	62%	44%	45%	46%	32%	39%	42%	44%	42%	42%	39%	53%	41%
		bcdefghij	e	e	e				e	e	e		ac	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	369 18%	173 18%	192 19%	57 9%	99 15%	212 29%	24 25%	47 18%	39 20%	37 18%	37 21%	46 21%	43 13%	56 17%	40 20%
					a	ab	g		g	g	g	g			
1 day	179 9%	71 7%	106 10%	62 10%	61 9%	56 8%	7 7%	17 7%	11 6%	22 10%	23 13%	21 10%	36 11%	26 8%	16 8%
			a							bc	bc	bc	bc		
2 days	277 14%	144 15%	130 13%	100 16%	94 14%	83 11%	7 7%	45 17%	24 12%	28 13%	22 13%	31 14%	50 16%	48 15%	23 11%
				c				a				a	a	a	
3 days	305 15%	141 14%	164 16%	110 18%	113 17%	82 11%	14 14%	36 14%	29 15%	44 21%	24 14%	20 9%	48 15%	59 18%	31 15%
				c	c					bf			f	f	
4 days	180 9%	85 9%	94 9%	78 13%	61 9%	41 6%	7 8%	26 10%	15 8%	21 10%	18 10%	17 8%	32 10%	30 9%	14 7%
				bc	c										
5 days	230 11%	118 12%	112 11%	75 12%	85 13%	70 9%	13 14%	31 12%	29 15%	21 10%	10 6%	30 14%	40 13%	29 9%	26 13%
					c		e	e	eh			e	e	e	e
6 days	99 5%	53 5%	43 4%	25 4%	34 5%	40 5%	8 8%	10 4%	11 6%	4 2%	12 7%	6 3%	21 7%	12 4%	14 7%
							dfh		d		d		d		d
7 days	363 18%	190 19%	174 17%	100 16%	106 16%	158 21%	16 17%	48 18%	37 19%	34 16%	26 15%	49 22%	48 15%	65 20%	40 20%
						ab						g			
NET: None (0 days)	369 18%	173 18%	192 19%	57 9%	99 15%	212 29%	24 25%	47 18%	39 20%	37 18%	37 21%	46 21%	43 13%	56 17%	40 20%
					a	ab	g		g		g	g			
NET: Occasionally (1 day)	179 9%	71 7%	106 10%	62 10%	61 9%	56 8%	7 7%	17 7%	11 6%	22 10%	23 13%	21 10%	36 11%	26 8%	16 8%
			a								bc	bc	bc		
NET: Some (2-4 days)	762 38%	370 38%	387 38%	288 48%	268 41%	206 28%	28 29%	108 41%	68 35%	92 44%	64 37%	68 31%	130 41%	137 42%	68 33%
				bc	c			af		afi			af	afi	
NET: Most 5+ days	692 35%	360 37%	329 32%	200 33%	225 34%	267 36%	38 39%	89 34%	77 39%	59 28%	49 28%	86 39%	109 34%	106 33%	80 39%
		b					d		de			de			de
Base for stats	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
Median	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

Significance Level: 95%

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Mean Score	3.32	3.44	3.22	3.51	3.37	3.13	3.33	3.35	3.45	3.14	3.02	3.37	3.37	3.35	3.46
		b		c											
Standard Deviation	2.439	2.453	2.423	2.188	2.332	2.702	2.580	2.411	2.484	2.321	2.459	2.599	2.307	2.425	2.519
Standard Error	.055	.078	.077	.086	.090	.103	.238	.151	.182	.161	.182	.202	.126	.129	.177
Error variance	*	.01	.01	.01	.01	.01	.06	.02	.03	.03	.03	.04	.02	.02	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	369 18%	14 9%	51 11%	75 16% ab	38 13%	30 19% abg	160 33% abcdegh	140 13%	228 25% abcdg	329 19% dg	8 12%	14 13%	4 6%	2 12%	- -	28 10%
1 day	179 9%	12 8%	35 8%	52 11%	22 8%	17 11%	40 8%	100 9%	79 9%	147 9%	8 13%	10 9%	9 12%	2 13%	1 6%	29 11%
2 days	277 14%	20 13%	74 16% f	59 13% f	48 17% f	21 13%	55 11%	153 14%	124 13%	220 13%	11 17%	26 24% a	11 16%	2 15%	2 14%	52 19% a
3 days	305 15%	21 14%	74 16%	71 15%	50 18% f	31 20% f	58 12%	166 15%	139 15%	248 15%	8 13%	26 24% a	17 24% a	1 10%	2 14%	54 20% a
4 days	180 9%	25 16% bdefh	40 9%	57 12% efh	22 8%	8 5%	28 6%	122 11% efh	58 6%	148 9%	7 11%	7 7%	11 16% a	3 20%	1 8%	29 11%
5 days	230 11%	17 11%	65 14% fh	58 12% f	34 12%	16 10%	40 8%	140 13% fh	90 10%	189 11%	10 16%	11 10%	10 14%	3 22%	3 19%	37 14%
6 days	99 5%	14 9% cefgh	27 6%	16 3%	13 5%	6 4%	23 5%	57 5%	42 5%	82 5%	5 8%	3 3%	4 6%	- -	1 9%	14 5%
7 days	363 18%	33 21%	88 19%	82 18%	54 19%	28 18%	79 16%	203 19%	161 17%	327 19% cdg	7 10%	12 11%	5 7%	1 7%	4 30%	29 11%
NET: None (0 days)	369 18%	14 9%	51 11%	75 16% ab	38 13%	30 19% abg	160 33% abcdegh	140 13%	228 25% abcdg	329 19% dg	8 12%	14 13%	4 6%	2 12%	- -	28 10%
NET: Occasionally (1 day)	179 9%	12 8%	35 8%	52 11%	22 8%	17 11%	40 8%	100 9%	79 9%	147 9%	8 13%	10 9%	9 12%	2 13%	1 6%	29 11%
NET: Some (2-4 days)	762 38%	65 42% f	189 42% fh	187 40% f	120 43% fh	60 38% f	141 29%	441 41% fh	321 35% f	615 36%	26 40%	59 54% a	39 55% a	6 46%	5 36%	135 50% a
NET: Most 5+ days	692 35%	64 41% fh	179 39% fh	156 33% fh	102 36% fh	49 31%	142 29%	399 37% fh	293 32%	598 35% cg	22 34%	27 24%	19 27%	4 28%	8 58%	79 29%
Base for stats	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
Median	3	4	3	3	3	3	2	3	3	3	3	3	3	3	5	3
Mean Score	3.32	3.94	3.66	3.34	3.50	3.13	2.75	3.56	3.04	3.34	3.28	3.01	3.29	3.11	4.67	3.24
Standard Deviation	2.439	2.273	2.311	2.371	2.351	2.435	2.609	2.339	2.523	2.487	2.215	2.083	1.867	2.05	2.085	2.075

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

Significance Level: 95%

Total	Social Grade								Ethnicity							
	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Standard Error	.055	.185	.109	.108	.140	.190	.120	.071	.083	.061	.275	.193	.216	.549	.557	.123
Error variance	*	.03	.01	.01	.02	.04	.01	.01	.01	*	.08	.04	.05	.30	.31	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	369 18%	299 24% bcd	26 8%	31 9%	57 9%	31 10%	12 10%	60 13%	19 14%	6 19%	10 20% ak	26 18% abhk	13 10%	43 26% abcdhk	147 33% abcdghk	44 10%
1 day	179 9%	107 9%	43 13% ac	24 7%	67 10%	32 10%	15 12% j	30 7%	13 10%	7 20% cj	7 13% j	16 11% j	13 10%	19 12% cj	28 6%	46 10% cj
2 days	277 14%	161 13%	53 16%	48 14%	102 15%	43 13%	23 18%	70 16%	14 10%	3 10%	6 12%	20 14% dj	25 20% dj	21 13%	51 11%	65 15%
3 days	305 15%	166 13%	67 20% a	60 18% a	127 19% a	53 16% j	28 22% fj	67 15% j	28 21% fj	5 16% j	3 6% fj	26 18% fj	19 15% fj	30 18% fj	46 10% fj	81 18% fj
4 days	180 9%	95 8%	34 10%	44 13% a	78 12% a	27 9%	11 8% agjk	60 13% gj	18 13% gj	1 2%	5 10%	8 6% j	14 11% j	14 8% j	23 5%	38 8% j
5 days	230 11%	129 10%	43 13%	48 14%	90 14% a	49 15% fgij	18 14% ij	64 14% ij	16 12% ij	3 8%	2 5%	12 9% j	16 13% j	12 7% j	38 8% j	67 15% fgij
6 days	99 5%	55 4%	13 4%	28 8% ab	40 6%	17 5%	4 3%	25 6%	5 4%	3 8%	4 8%	5 4%	4 3%	4 2%	27 6%	21 5%
7 days	363 18%	246 20%	54 16%	51 15%	105 16%	69 21% bi	16 13%	72 16%	23 17%	6 17%	13 26% bi	27 19% bi	23 18%	23 14%	91 20%	85 19%
NET: None (0 days)	369 18%	299 24% bcd	26 8%	31 9%	57 9%	31 10%	12 10%	60 13%	19 14%	6 19%	10 20% ak	26 18% abhk	13 10%	43 26% abcdhk	147 33% abcdghk	44 10%
NET: Occasionally (1 day)	179 9%	107 9%	43 13% ac	24 7%	67 10%	32 10%	15 12% j	30 7%	13 10%	7 20% cj	7 13% j	16 11% j	13 10%	19 12% cj	28 6% cj	46 10% cj

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Some (2-4 days)	762	423	155	153	307	122	62	197	61	9	14	55	58	65	120	184
	38%	34%	46%	46%	46%	38%	49%	44%	44%	28%	28%	39%	46%	39%	27%	41%
			a	a	a	j	aefj	fj	fj			j	fj	j		j
NET: Most 5+ days	692	430	109	126	235	134	38	161	45	11	19	45	44	39	156	173
	35%	34%	33%	38%	35%	42%	30%	36%	32%	33%	38%	32%	34%	24%	35%	39%
						bgij		i			i		i		i	i
Base for stats	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
Median	3	3	3	4	3	4	3	3	3	3	3	3	3	2	2	3
Mean Score	3.32	3.18	3.46	3.71	3.59	3.78	3.27	3.54	3.44	3.04	3.45	3.20	3.49	2.72	2.99	3.64
				a	a	bgij	i	ij	i			ij				gij
Standard Deviation	2.439	2.565	2.176	2.157	2.168	2.328	2.109	2.264	2.287	2.571	2.744	2.464	2.267	2.389	2.735	2.278
Standard Error	.055	.069	.131	.131	.093	.129	.188	.107	.195	.428	.377	.201	.188	.184	.135	.107
Error variance	*	*	.02	.02	.01	.02	.04	.01	.04	.18	.14	.04	.04	.03	.02	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	369 18%	83 25% bcde	206 20% cd	71 13%	8 10%	286 17% c	34 12%	242 18% a	41 19% cd	134 37% acde	6 9%	191 14%	159 28% acd	21 32% acd	291 18%	77 18%	302 18%	61 20%
1 day	179 9%	28 8%	104 10%	40 7%	8 9%	151 9%	33 12%	113 8%	23 11%	38 10%	5 7%	116 9%	54 9% de	11 17% de	140 9%	39 9%	132 8%	45 15% a
2 days	277 14%	46 14%	131 13%	80 15%	20 24% abce	231 14%	39 14%	182 14%	33 16%	45 12%	12 17%	187 14%	79 14%	10 16%	227 14%	50 12%	226 14%	47 16%
3 days	305 15%	39 12%	157 15%	94 17% a	15 19%	266 16%	49 18%	210 16%	28 13%	40 11%	19 27% abde	214 16% b	77 13%	9 13%	244 15%	61 14%	257 15%	46 15%
4 days	180 9%	23 7%	87 8%	60 11%	10 12%	157 9%	25 9%	126 9%	23 11%	23 6%	7 10%	125 9%	50 9%	3 4%	143 9%	38 9%	153 9%	23 7%
5 days	230 11%	36 11%	115 11%	73 13%	6 8%	194 12%	36 13%	155 12%	27 13% b	23 6%	7 10%	177 13% be	48 8%	6 9%	192 12%	38 9%	197 12%	32 11%
6 days	99 5%	12 4%	42 4%	41 8% abe	4 5%	87 5%	13 5%	72 5%	3 1%	11 3%	3 5%	77 6% aef	17 3%	- -	74 5%	24 6%	85 5%	11 4%
7 days	363 18%	61 19%	207 20% c	85 16%	10 13%	302 18%	46 17%	246 18%	33 16%	49 14%	11 16%	271 20% bef	86 15%	5 7%	268 17%	95 23% a	322 19% b	39 13%
NET: None (0 days)	369 18%	83 25% bcde	206 20% cd	71 13%	8 10%	286 17% c	34 12%	242 18% a	41 19% cd	134 37% acde	6 9%	191 14%	159 28% acd	21 32% acd	291 18%	77 18%	302 18%	61 20%
NET: Occasionally (1 day)	179 9%	28 8%	104 10%	40 7%	8 9%	151 9%	33 12%	113 8%	23 11%	38 10%	5 7%	116 9%	54 9% de	11 17% de	140 9%	39 9%	132 8%	45 15% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Some (2-4 days)	762	108	375	234	45	654	112	519	84	108	38	526	207	22	614	149	636	116
	38%	33%	36%	43%	55%	39%	41%	38%	40%	30%	54%	39%	36%	34%	39%	35%	38%	38%
				ab	abce	a			b		abdef	b	b					
NET: Most 5+ days	692	109	363	199	21	583	94	474	63	83	21	525	152	11	534	158	604	82
	35%	33%	35%	37%	26%	35%	34%	35%	30%	23%	30%	39%	27%	17%	34%	37%	36%	27%
									f			abef					b	
Base for stats	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
Median	3	3	3	3	3	3	3	3	3	2	3	3	2	2	3	3	3	2
Mean Score	3.32	3.08	3.30	3.54	3.22	3.37	3.40	3.38	3.07	2.38	3.49	3.59	2.79	2.06	3.28	3.49	3.41	2.86
				a		a			bf		bef	abef	bf				b	
Standard Deviation	2.439	2.567	2.499	2.272	2.105	2.411	2.303	2.432	2.369	2.501	2.127	2.391	2.470	2.133	2.408	2.546	2.450	2.325
Standard Error	.055	.138	.077	.100	.235	.059	.142	.067	.160	.133	.252	.065	.103	.261	.060	.125	.060	.129
Error variance	*	.02	.01	.01	.06	*	.02	*	.03	.02	.06	*	.01	.07	*	.02	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Number of days active											Amount of activity in the past week compared to previous week		
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
	a	b	c	d	e	f	g	h	i	j	a	b	c	
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	369 18%	369 100%	-	-	-	-	-	-	-	-	-	23 4%	236 26%	92 20%
		bcd efghij											ac	a
1 day	179 9%	-	179 100%	-	-	-	-	-	-	-	-	42 7%	65 7%	67 14%
			acdefghij											ab
2 days	277 14%	-	-	277 100%	-	-	-	-	-	277 36%	-	75 13%	101 11%	98 21%
				abdefghij						abdefghj				ab
3 days	305 15%	-	-	-	305 100%	-	-	-	-	305 40%	-	89 15%	125 14%	91 19%
					abcefg hij					abcefg hj				b
4 days	180 9%	-	-	-	-	180 100%	-	-	-	180 24%	-	80 14%	61 7%	38 8%
						abcd fghij				abcd fghj		bc		
5 days	230 11%	-	-	-	-	-	230 100%	-	-	-	230 33%	90 16%	102 11%	35 8%
							abcde ghij				abcde ghi	bc	c	
6 days	99 5%	-	-	-	-	-	-	99 100%	-	-	99 14%	39 7%	48 5%	11 2%
								abcde fghij			abcde fghi	c	c	
7 days	363 18%	-	-	-	-	-	-	-	363 100%	-	363 53%	140 24%	186 20%	36 8%
									abcde fgij		abcde fgi	c	c	
NET: None (0 days)	369 18%	369 100%	-	-	-	-	-	-	-	-	-	23 4%	236 26%	92 20%
		bcd efghij											ac	a
NET: Occasionally (1 day)	179 9%	-	179 100%	-	-	-	-	-	-	-	-	42 7%	65 7%	67 14%
			acdefghij											ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5+ days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Some (2-4 days)	762	-	-	277	305	180	-	-	-	762	-	245	287	226
	38%	-	-	100%	100%	100%	-	-	-	100%	-	42%	31%	48%
				abfghj	abfghj	abfghj				abfghj		b		ab
NET: Most 5+ days	692	-	-	-	-	-	230	99	363	-	692	269	336	82
	35%	-	-	-	-	-	100%	100%	100%	-	100%	46%	36%	18%
							abcdei	abcdei	abcdei		abcdei	bc	c	
Base for stats	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
Median	3	0	1	2	3	4	5	6	7	3	7	4	3	2
Mean Score	3.32	-	1.00	2.00	3.00	4.00	5.00	6.00	7.00	2.87	6.19	4.22	3.23	2.52
							i			fi		bc	c	
Standard Deviation	2.439	-	-	-	-	-	*	-	-	.764	.906	2.128	2.616	2.039
Standard Error	.055	-	-	-	-	-	*	-	-	.028	.035	.089	.086	.094
Error variance	*	-	-	-	-	-	*	-	-	*	*	.01	.01	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q2C. In the past week, do you think you have done more, less or the same amount of physical activity and exercise, compared to the previous week?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	138 7%	79 8%	58 6%	66 11%	50 8%	22 3%	8 8%	23 9%	13 6%	14 7%	9 5%	6 3%	27 8%	21 7%	17 8%
		b		bc	c		f	f				f			f
A bit more (4.0)	441 22%	231 24%	210 21%	166 27%	159 24%	116 16%	20 21%	69 27%	37 19%	48 23%	42 24%	35 16%	80 25%	69 21%	41 20%
				c	c			f			f		f		
Neither more nor less (3.0)	924 46%	448 46%	470 46%	200 33%	279 43%	445 60%	39 41%	123 47%	99 50%	92 44%	76 45%	119 54%	125 39%	149 46%	101 50%
					a	ab			g			ag			g
A bit less (2.0)	299 15%	136 14%	162 16%	106 17%	102 16%	92 12%	16 17%	28 11%	26 13%	38 18%	24 14%	39 18%	47 15%	53 16%	27 13%
				c					b		b	b			
A lot less (1.0)	168 8%	68 7%	99 10%	54 9%	55 8%	60 8%	9 9%	14 5%	19 9%	15 7%	15 9%	23 10%	29 9%	30 9%	15 7%
			a												
Don't know	32 2%	14 1%	16 2%	15 3%	10 1%	7 1%	4 5%	4 1%	3 1%	2 1%	4 3%	- -	10 3%	2 1%	2 1%
			c				dfh				f		fh		
NET: More	579 29%	309 32%	268 26%	232 38%	209 32%	138 19%	28 29%	92 35%	50 25%	62 30%	51 30%	41 19%	106 33%	91 28%	58 29%
		b		bc	c		f	cfh		f	f		f	f	f
NET: Less	467 23%	204 21%	261 26%	160 26%	156 24%	151 20%	25 26%	42 16%	45 23%	53 26%	39 23%	62 28%	76 24%	83 26%	42 21%
			a	c			b			b		b	b	b	
Base for stats	1970	961	999	592	644	735	92	257	193	207	167	222	308	323	202
Mean Score	3.04	3.12	2.97	3.14	3.08	2.93	3.01	3.23	2.99	3.03	3.03	2.83	3.09	3.00	3.09
		b		c	c			cdefh		f			f		f
Standard Deviation	.998	.989	1.001	1.119	1.025	.850	1.064	.947	.990	.992	.996	.913	1.062	1.008	.985
Standard Error	.023	.032	.032	.045	.040	.033	.101	.060	.073	.069	.075	.071	.059	.054	.070
Error variance	*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q2C. In the past week, do you think you have done more, less or the same amount of physical activity and exercise, compared to the previous week?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	138 7%	23 15% bcdfgh	32 7% f	33 7% f	17 6%	16 10% fh	16 3%	88 8% fh	49 5%	102 6%	11 16% a	11 10%	9 12% a	1 9%	2 13%	33 12% a
A bit more (4.0)	441 22%	37 24% f	111 24% fh	119 25% fh	72 26% fh	32 20%	72 15%	266 25% fh	176 19%	360 21%	17 26%	30 28%	23 32% a	3 27%	2 12%	75 28% a
Neither more nor less (3.0)	924 46%	49 31%	190 42% a	196 42% a	123 44% a	73 46% a	294 61% abcdegh	435 40% a	489 53% abcdg	830 49% bcdg	17 27%	31 28%	19 27%	5 39%	5 33%	77 28%
A bit less (2.0)	299 15%	31 20% fh	85 19% fh	72 15% f	45 16% f	20 13%	46 10%	188 17% fh	111 12%	247 15%	8 13%	18 16% a	17 24% a	3 25%	5 35%	51 19%
A lot less (1.0)	168 8%	13 9%	34 7%	42 9%	22 8%	10 6%	48 10%	89 8%	79 9%	136 8%	10 16% ad	15 14% ad	3 4%	- -	1 6%	29 11%
Don't know	32 2%	2 2%	4 1%	9 2%	3 1%	5 3% bg	8 2%	15 1%	17 2%	16 1%	1 2%	4 4% a	1 2%	- -	- -	7 2% a
NET: More	579 29%	60 38% fh	143 31% fh	151 32% fh	89 32% fh	48 31% f	88 18%	354 33% fh	225 24% f	462 27%	28 43% a	41 38% a	32 44% a	5 37%	3 25%	108 40% a
NET: Less	467 23%	44 29% fh	119 26% fh	114 24%	67 24%	30 19%	94 19%	277 26% fh	191 21%	383 23%	18 29%	33 30%	20 28%	3 25%	6 41%	80 29% a
Base for stats	1970	153	451	462	278	151	475	1066	905	1675	63	105	71	13	14	265
Mean Score	3.04	3.16 f	3.05 f	3.06 f	3.06 f	3.16 f	2.92	3.07 f	3.00	3.03	3.15	3.04	3.24	3.21	2.91	3.12
Standard Deviation	.998	1.174	1.011	1.028	.989	1.009	.883	1.043	.942	.964	1.305	1.210	1.085	.956	1.153	1.184
Standard Error	.023	.097	.048	.047	.059	.080	.041	.032	.031	.024	.163	.115	.126	.256	.308	.071
Error variance	*	.01	*	*	*	.01	*	*	*	*	.03	.01	.02	.07	.09	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q2C. In the past week, do you think you have done more, less or the same amount of physical activity and exercise, compared to the previous week?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	138 7%	61 5%	31 9%	39 12%	70 11%	35 11%	11 8%	44 10%	8 6%	2 7%	1 2%	8 5%	11 8%	9 5%	10 2%	46 10%
			a	a	a	fgij	j	fj	j				j			fj
A bit more (4.0)	441 22%	227 18%	98 29%	101 30%	198 30%	86 27%	37 29%	103 23%	30 22%	5 15%	11 22%	34 24%	36 28%	29 18%	70 16%	122 27%
			a	a	a	ij	ij	j				j	ij			ij
Neither more nor less (3.0)	924 46%	672 53%	112 33%	115 35%	227 34%	106 33%	41 32%	191 43%	70 51%	15 44%	25 50%	56 40%	38 30%	88 53%	294 65%	146 33%
		bcd						abhk	abhk		abhk			abcghk	abcdefghik	
A bit less (2.0)	299 15%	177 14%	63 19%	51 15%	113 17%	56 18%	27 21%	71 16%	18 13%	8 23%	7 13%	21 15%	27 21%	19 12%	46 10%	83 19%
			a			j	ij	j		j			ij			ij
A lot less (1.0)	168 8%	104 8%	29 9%	24 7%	54 8%	33 10%	12 10%	31 7%	11 8%	3 9%	6 12%	21 15%	8 6%	14 9%	29 6%	46 10%
						j						chj				j
Don't know	32 2%	18 1%	1 *	3 1%	4 1%	4 1%	- -	6 1%	1 1%	1 2%	1 1%	2 2%	8 6%	7 4%	2 1%	4 1%
												abcdgjk	abcjk			
NET: More	579 29%	288 23%	129 39%	140 42%	269 40%	121 38%	47 37%	148 33%	38 27%	7 22%	12 24%	42 30%	47 37%	38 23%	80 18%	168 38%
			a	a	a	dfij	ij	ij	j			j	ij			dfj
NET: Less	467 23%	280 22%	92 28%	75 23%	167 25%	89 28%	40 31%	102 23%	29 21%	11 32%	13 25%	41 29%	34 27%	34 20%	74 16%	129 29%
						j	ij	j		j		j	j		cj	
Base for stats	1970	1241	332	330	663	316	127	441	137	33	50	139	119	160	449	443
Mean Score	3.04	2.97	3.11	3.24	3.18	3.10	3.04	3.13	3.04	2.89	2.88	2.91	3.12	2.99	2.97	3.09
			a	a	a			gj								
Standard Deviation	.998	.926	1.094	1.084	1.090	1.142	1.109	1.032	.957	1.023	.951	1.097	1.067	.942	.777	1.132
Standard Error	.023	.025	.066	.066	.047	.064	.099	.049	.082	.173	.132	.090	.092	.075	.039	.054
Error variance	*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q2C. In the past week, do you think you have done more, less or the same amount of physical activity and exercise, compared to the previous week?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	138 7%	16 5%	54 5%	58 11%	9 11%	121 7%	35 13%	81 6%	19 9%	21 6%	9 12%	90 7%	45 8%	2 3%	112 7%	26 6%	120 7%	17 6%
A bit more (4.0)	441 22%	54 17%	207 20%	161 30%	19 24%	387 23%	75 27%	303 23%	49 23%	63 17%	21 30%	309 23%	117 20%	13 20%	361 23%	81 19%	391 23%	46 15%
Neither more nor less (3.0)	924 46%	178 54%	531 51%	190 35%	25 30%	746 45%	96 35%	631 47%	76 36%	193 53%	26 36%	633 47%	263 46%	30 47%	719 46%	205 48%	777 46%	137 45%
A bit less (2.0)	299 15%	48 15%	158 15%	81 15%	12 14%	251 15%	38 14%	204 15%	28 13%	49 14%	10 14%	211 16%	81 14%	6 9%	229 14%	70 17%	239 14%	59 19%
A lot less (1.0)	168 8%	26 8%	83 8%	47 9%	12 15%	142 8%	25 9%	113 8%	33 15%	33 9%	4 6%	104 8%	57 10%	12 19%	135 9%	33 8%	133 8%	33 11%
Don't know	32 2%	4 1%	16 1%	7 1%	4 5%	27 2%	4 2%	14 1%	7 3%	4 1%	2 3%	12 1%	10 2%	2 3%	23 1%	8 2%	14 1%	11 4%
NET: More	579 29%	71 22%	261 25%	219 40%	29 35%	508 30%	110 40%	385 29%	68 32%	84 23%	30 42%	399 29%	162 28%	14 22%	472 30%	107 25%	511 31%	63 21%
NET: Less	467 23%	74 23%	241 23%	128 24%	24 30%	393 23%	63 23%	317 24%	60 29%	83 23%	14 19%	315 23%	137 24%	18 28%	364 23%	103 24%	372 22%	92 30%
Base for stats	1970	323	1033	537	77	1647	269	1333	205	359	69	1346	562	63	1556	415	1660	293
Mean Score	3.04	2.96	2.99	3.19	3.01	3.06	3.21	3.03	2.97	2.97	3.30	3.05	3.02	2.78	3.05	2.99	3.08	2.84
Standard Deviation	.998	.920	.940	1.095	1.241	1.012	1.128	.981	1.178	.961	1.053	.979	1.038	1.072	1.006	.966	.992	1.014
Standard Error	.023	.050	.029	.049	.143	.025	.070	.027	.081	.051	.127	.027	.044	.133	.025	.048	.025	.058
Error variance	*	*	*	*	.02	*	*	*	.01	*	.02	*	*	.02	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q2C. In the past week, do you think you have done more, less or the same amount of physical activity and exercise, compared to the previous week?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	138 7%	5 1%	8 4%	9 3%	7 2%	14 8%	26 11%	16 16%	54 15%	30 4%	96 14%	138 24%	-	-
			a			acdi	abcdi	abcdei	abcdei	a	abcdei	bc		
A bit more (4.0)	441 22%	19 5%	35 19%	66 24%	82 27%	66 37%	64 28%	23 23%	86 24%	215 28%	173 25%	441 76%	-	-
			a	a	a	abcdghij	ab	a	a	ab	a	bc		
Neither more nor less (3.0)	924 46%	236 64%	65 36%	101 37%	125 41%	61 34%	102 45%	48 48%	186 51%	287 38%	336 49%	-	924 100%	-
		bcdefghij					e	bcei	bcdei		bcdei		ac	
A bit less (2.0)	299 15%	25 7%	35 19%	66 24%	73 24%	33 18%	31 14%	10 10%	26 7%	172 23%	67 10%	-	-	299 64%
			aghj	afghj	afghj	ahj	ah			afghj				ab
A lot less (1.0)	168 8%	67 18%	33 18%	31 11%	18 6%	5 3%	4 2%	1 1%	10 3%	54 7%	15 2%	-	-	168 36%
		cdefghij	cdefghij	defghij	fj					efghj				ab
Don't know	32 2%	17 5%	4 2%	3 1%	1 *	2 1%	2 1%	1 1%	2 *	5 1%	5 1%	-	-	-
		cdefhij	di											
NET: More	579 29%	23 6%	42 24%	75 27%	89 29%	80 44%	90 39%	39 39%	140 38%	245 32%	269 39%	579 100%	-	-
			a	a	a	abcdi	abcdi	abc	abcdi	ab	abcdi	bc		
NET: Less	467 23%	92 25%	67 38%	98 35%	91 30%	38 21%	35 15%	11 11%	36 10%	226 30%	82 12%	-	-	467 100%
		fghj	aefghij	aefghj	efghj	ghj	h			efghj				ab
Base for stats	1970	351	175	274	305	179	228	97	362	757	687	579	924	467
Mean Score	3.04	2.63	2.72	2.84	2.96	3.28	3.34	3.43	3.41	2.99	3.39	4.24	3.00	1.64
				a	ab	abcdi	abcdi	abcdi	abcdi	abc	abcdi	c		
Standard Deviation	.998	.894	1.117	1.025	.914	.950	.915	.917	.923	.977	.919	.426	-	.481
Standard Error	.023	.048	.084	.062	.052	.071	.061	.094	.049	.035	.035	.018	-	.022
Error variance	*	*	.01	*	*	.01	*	.01	*	*	*	*	-	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1311	598	709	380	435	496	63	178	139	135	116	136	183	221	140
	65%	61%	70%	63%	67%	67%	66%	68%	71%	65%	68%	61%	58%	68%	68%
			a					g	fg		g			g	g
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424	159	264	202	149	73	16	46	41	48	30	40	92	74	38
	21%	16%	26%	33%	23%	10%	17%	17%	21%	23%	18%	18%	29%	23%	19%
			a	bc	c								abcefi		
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423	224	198	167	126	131	11	59	45	44	30	36	82	73	42
	21%	23%	20%	28%	19%	18%	12%	23%	23%	21%	18%	16%	26%	22%	21%
				bc				a	a	a			aef	a	a
Running or jogging	406	252	152	216	141	49	16	49	32	41	23	35	94	70	46
	20%	26%	15%	36%	22%	7%	16%	19%	16%	20%	13%	16%	30%	21%	22%
		b		bc	c								abcdefh	e	e
Cycling (either for leisure or travel)	321	194	124	124	118	80	9	47	34	31	25	38	52	53	32
	16%	20%	12%	20%	18%	11%	10%	18%	17%	15%	14%	17%	16%	16%	16%
		b		c	c			a							
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286	129	156	130	112	43	9	39	28	24	31	22	57	48	27
	14%	13%	15%	21%	17%	6%	9%	15%	14%	12%	18%	10%	18%	15%	13%
				bc	c						af		af		
Other sport, exercise or physical activity	113	61	52	32	23	58	3	18	14	9	10	12	15	18	14
	6%	6%	5%	5%	4%	8%	4%	7%	7%	4%	6%	5%	5%	5%	7%
						b									
I have not done any physical activity in the past week	225	108	113	31	62	133	14	23	19	29	23	32	30	33	23
	11%	11%	11%	5%	9%	18%	14%	9%	10%	14%	13%	15%	10%	10%	11%
					a	ab									
NET: Home based activity	906	407	496	376	312	218	30	111	88	96	75	85	170	160	91
	45%	42%	49%	62%	48%	29%	31%	43%	45%	46%	44%	38%	53%	49%	44%
			a	bc	c			a	a	a	a		abefi	af	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1311 65%	92 59%	322 71% afh	306 65%	197 70% af	100 64%	294 61%	720 67% f	591 64%	1148 68% bdg	30 47%	65 60%	38 53%	8 64%	6 47%	148 54%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424 21%	46 30% fh	120 26% fh	110 23% fh	60 21% fh	38 24% fh	50 10% fh	275 25% fh	149 16% f	329 19% fh	20 31% a	32 29% a	22 31% a	7 56% a	5 34% a	86 32% a
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423 21%	51 33% bcefgh	108 24% fh	93 20% f	75 27% cefh	27 17%	70 14%	252 23% fh	172 19%	333 20% fh	21 32% a	34 31% a	21 29% a	4 28% a	8 58% a	87 32% a
Running or jogging	406 20%	57 37% bcdefgh	122 27% cefh	100 21% fh	65 23% efh	24 15% f	37 8%	280 26% cefh	126 14% f	300 18% cefh	23 35% a	33 30% a	26 36% a	7 52% a	7 50% a	95 35% a
Cycling (either for leisure or travel)	321 16%	45 29% bcdefgh	79 17% fh	79 17% fh	58 21% fh	24 16% f	36 7%	203 19% fh	118 13% f	274 16% fh	17 26% acg	12 11% a	9 13% a	1 10% a	3 19% a	42 15% a
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286 14%	28 18% fh	90 20% cfh	61 13% f	60 21% cefh	21 13% f	27 6%	178 17% fh	108 12% f	224 13% fh	15 24% a	21 19% a	16 22% a	2 13% a	2 13% a	55 20% a
Other sport, exercise or physical activity	113 6%	12 8% de	23 5% d	32 7% d	8 3% d	4 3% d	33 7% d	68 6% d	45 5% d	94 6% d	1 1% d	6 6% d	9 12% ab	- -	3 25% ab	19 7% ab
I have not done any physical activity in the past week	225 11%	10 7%	23 5%	41 9% b	23 8% b	21 13% bg	107 22% abcdegh	74 7% f	151 16% abcdg	199 12% cg	4 7%	6 5%	3 5%	- -	- -	13 5%
NET: Home based activity	906 45%	92 59% cefh	243 53% cfh	217 46% fh	150 53% fh	71 45% f	133 28%	552 51% fh	355 38% f	726 43% fh	40 62% a	65 59% a	45 63% a	8 63% a	10 70% a	168 62% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1311	841	226	210	436	231	79	291	94	15	29	99	76	91	305	310
	65%	67%	68%	63%	65%	72%	62%	65%	68%	44%	57%	70%	60%	55%	68%	69%
						bcefhi		ei	ei			ei			ei	ehi
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424	196	113	100	214	99	29	115	33	8	9	34	40	22	35	128
	21%	16%	34%	30%	32%	31%	23%	26%	24%	24%	18%	24%	32%	13%	8%	29%
			a	a	a	fij	ij	ij	ij	j	j	ij	ij	j		ij
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423	262	71	75	146	72	41	100	27	7	11	24	40	32	68	113
	21%	21%	21%	22%	22%	23%	32%	22%	20%	20%	23%	17%	31%	19%	15%	25%
						j	acdgi	j				acdgi				gj
Running or jogging	406	171	109	103	211	87	40	126	30	6	12	29	42	19	16	126
	20%	14%	33%	31%	32%	27%	31%	28%	22%	17%	23%	20%	33%	11%	4%	28%
			a	a	a	ij	gij	ij	ij	j	ij	ij	dgi	j		ij
Cycling (either for leisure or travel)	321	157	64	80	144	65	28	103	23	5	4	24	24	16	28	94
	16%	12%	19%	24%	22%	20%	22%	23%	17%	14%	9%	17%	19%	10%	6%	21%
			a	a	a	fij	fij	fij	j			j	ij			fij
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286	109	76	88	164	60	26	70	29	6	9	24	24	19	19	85
	14%	9%	23%	26%	25%	19%	20%	16%	21%	19%	19%	17%	19%	11%	4%	19%
			a	a	a	ij	ij	j	ij	j	j	j	ij	j		ij
Other sport, exercise or physical activity	113	80	16	16	33	13	8	17	3	2	3	10	10	9	39	21
	6%	6%	5%	5%	5%	4%	6%	4%	2%	6%	6%	7%	8%	5%	9%	5%
												d	d		acd	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I have not done any physical activity in the past week	225	181	16	18	34	20	6	34	11	5	5	17	5	33	90	26
	11%	14%	5%	5%	5%	6%	5%	8%	8%	16%	9%	12%	4%	20%	20%	6%
		bcd								abhk		abhk		abcdhk	abcdghk	
NET: Home based activity	906	478	199	195	394	182	76	224	70	17	24	63	76	60	114	258
	45%	38%	60%	59%	59%	57%	60%	50%	50%	51%	47%	45%	60%	36%	25%	58%
			a	a	a	gij	gij	ij	ij	j	j	j	cgij	j		cgij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1311 65%	211 64%	706 67%	354 65%	40 49%	1100 66%	162 59%	915 68%	142 67%	186 51%	28 39%	959 71%	316 55%	37 58%	1042 66%	269 64%	1116 67%	186 61%
		d	d	d	d	d		a	bce		bcef	c	c					
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424 21%	49 15%	194 19%	167 31%	14 17%	375 22%	55 20%	308 23%	48 23%	44 12%	11 16%	315 23%	93 16%	9 15%	362 23%	62 15%	349 21%	71 23%
				abde		ab			be			be			b			
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423 21%	71 22%	210 20%	120 22%	22 27%	352 21%	58 21%	279 21%	41 19%	68 19%	20 27%	298 22%	111 19%	11 17%	352 22%	72 17%	356 21%	63 21%
															b			
Running or jogging	406 20%	40 12%	179 17%	156 29%	31 38%	366 22%	91 33%	262 19%	41 20%	31 9%	19 27%	303 22%	83 14%	7 10%	331 21%	75 18%	342 20%	56 19%
			a	abe	abe	ab	b		b		bef	bef	b					
Cycling (either for leisure or travel)	321 16%	46 14%	143 14%	114 21%	18 22%	275 16%	58 21%	206 15%	33 16%	32 9%	15 21%	240 18%	74 13%	6 9%	249 16%	72 17%	276 17%	41 14%
				abe	b		b		b		bf	be	b					
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286 14%	26 8%	117 11%	129 24%	13 16%	260 15%	49 18%	200 15%	42 20%	36 10%	13 18%	193 14%	83 14%	7 11%	231 15%	55 13%	254 15%	27 9%
				abe	a	ab			bd			b	b				b	
Other sport, exercise or physical activity	113 6%	21 7%	62 6%	24 4%	5 7%	91 5%	14 5%	77 6%	18 8%	19 5%	3 4%	78 6%	33 6%	6 10%	81 5%	32 8%	100 6%	13 4%
I have not done any physical activity in the past week	225 11%	46 14%	130 12%	39 7%	10 12%	179 11%	23 9%	145 11%	17 8%	89 25%	5 6%	111 8%	100 17%	10 15%	171 11%	54 13%	179 11%	40 13%
		c	c			c				acde		acd	d					

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q3. Which, if any, of the following physical activities have you done in the past week?**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Home based activity

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Home based activity	906	126	434	306	40	780	133	619	95	126	39	648	229	24	736	170	764	133
	45%	39%	41%	56%	49%	47%	49%	46%	45%	35%	54%	48%	40%	37%	47%	40%	46%	44%
				abe		ab			b		bef	be		b				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1311	143	107	190	210	129	170	77	284	529	531	400	592	306
	65%	39%	60%	69%	69%	72%	74%	78%	78%	69%	77%	69%	64%	65%
			a	a	ab	ab	ab	ab	abcdi	ab	abcdi	b		
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424	9	22	52	83	49	85	28	96	184	209	170	150	101
	21%	3%	12%	19%	27%	27%	37%	29%	26%	24%	30%	29%	16%	22%
		a	a	abc	abc	abcdehi	abc	abc	abc	ab	abcdi	bc		b
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423	15	28	62	84	37	58	20	119	184	197	180	162	82
	21%	4%	15%	23%	28%	21%	25%	20%	33%	24%	28%	31%	18%	18%
		a	a	ab	a	ab	a	abcefgi	ab	abe		bc		
Running or jogging	406	7	23	51	72	55	68	34	96	178	198	192	130	82
	20%	2%	13%	18%	24%	31%	30%	34%	26%	23%	29%	33%	14%	18%
		a	a	ab	ab	abci	abc	abcdi	abc	ab	abcdi	bc		
Cycling (either for leisure or travel)	321	7	17	47	47	45	43	28	87	139	158	155	100	66
	16%	2%	10%	17%	15%	25%	19%	28%	24%	18%	23%	27%	11%	14%
		a	a	ab	a	abcdi	ab	abcdi	abcdi	ab	abcdi	bc		
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286	12	28	49	56	36	30	16	59	141	105	107	111	68
	14%	3%	16%	18%	18%	20%	13%	16%	16%	18%	15%	18%	12%	15%
		a	a	a	a	a	a	a	a	a	a	b		
Other sport, exercise or physical activity	113	8	13	15	14	9	19	6	28	38	54	41	52	19
	6%	2%	7%	5%	5%	5%	8%	6%	8%	5%	8%	7%	6%	4%
		a	a	a	a	a	a	a	a	a	ai	c		
I have not done any physical activity in the past week	225	198	10	7	4	2	2	2	1	12	5	11	155	44
	11%	54%	6%	3%	1%	1%	1%	2%	*	2%	1%	2%	17%	9%
		bcdefghij	defhij	hj				h		h			ac	a
NET: Home based activity	906	31	68	139	178	94	137	50	208	412	395	340	360	204
	45%	8%	38%	50%	58%	52%	60%	51%	57%	54%	57%	59%	39%	44%
		a	a	ab	abc	ab	abc	ab	ab	ab	ab	bc		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1308	608	696	405	444	459	77	173	133	133	125	101	191	238	137
Total	1311	598	709	380	435	496	63	178	139	135	116	136	183	221	140
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	1022	477	543	293	343	387	46	147	101	102	87	108	140	175	115
	78%	80%	77%	77%	79%	78%	73%	83%	73%	75%	75%	80%	77%	79%	82%
To get to/from shops or supermarkets	614	284	326	179	210	225	29	89	71	70	44	51	100	102	58
	47%	48%	46%	47%	48%	45%	46%	50%	51%	52%	38%	37%	54%	46%	42%
								ef	ef	ef			efi		
For personal business, e.g. running errands or visiting the doctor	135	67	68	57	38	40	3	27	17	7	10	5	26	27	13
	10%	11%	10%	15%	9%	8%	5%	15%	12%	5%	9%	4%	14%	12%	9%
				bc				adf	df				adf	df	
To get to/from my place of work	105	52	52	44	46	15	5	14	16	10	7	8	15	18	12
	8%	9%	7%	12%	11%	3%	8%	8%	12%	8%	6%	6%	8%	8%	9%
				c	c										
To volunteer or provide support to others	71	30	40	24	24	24	2	8	9	7	7	4	16	7	10
	5%	5%	6%	6%	5%	5%	4%	4%	7%	5%	6%	3%	9%	3%	7%
													h		
For journeys made as part of my work	68	36	32	21	31	16	5	6	9	6	4	9	10	8	11
	5%	6%	5%	5%	7%	3%	7%	3%	6%	5%	4%	7%	6%	3%	8%
					c										
For another purpose	87	31	55	18	22	46	6	10	10	5	8	13	10	9	17
	7%	5%	8%	5%	5%	9%	9%	6%	7%	4%	7%	10%	5%	4%	12%
						ab						h			dgh
NET: Travel/utility	744	343	398	235	247	262	32	105	91	82	57	59	124	121	72
	57%	57%	56%	62%	57%	53%	51%	59%	66%	61%	49%	43%	68%	55%	52%
				c				f	aefhi	f			aefhi		
NET: Leisure, fitness & recreation and travel/utility	495	233	260	154	165	176	18	78	59	49	32	38	87	79	55
	38%	39%	37%	41%	38%	36%	28%	44%	42%	37%	27%	28%	47%	36%	40%
								aef	aef				aefh		e

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	1308	91	319	317	197	104	280	727	581	1139	30	68	39	9	7	153
Total	1311	92	322	306	197	100	294	720	591	1148	30	65	38	8	6	148
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	1022 78%	77 84% fh	281 87% cdefgh	230 75%	147 74%	73 73%	215 73%	588 82% cdefh	434 73%	900 78%	26 85%	47 71%	29 78%	6 69%	5 72%	112 76%
To get to/from shops or supermarkets	614 47%	42 45%	144 45%	153 50%	92 46%	52 52%	131 44%	339 47%	275 46%	539 47%	15 50%	26 40%	20 53%	5 57%	3 53%	69 47%
For personal business, e.g. running errands or visiting the doctor	135 10%	18 20% bcdefgh	35 11%	31 10%	18 9%	7 7%	25 8%	84 12%	50 9%	112 10%	5 15%	6 9%	9 23% ac	1 14%	2 28%	22 15% a
To get to/from my place of work	105 8%	11 12% f	27 8% f	22 7% f	23 12% f	17 17% bcfgh	5 2%	60 8% f	45 8% f	82 7%	4 13%	9 14% a	5 13%	2 31%	2 28%	22 15% a
To volunteer or provide support to others	71 5%	7 7%	17 5%	19 6%	13 6%	3 3%	14 5%	42 6%	29 5%	52 5%	3 12%	6 10% a	3 9%	2 24%	2 28%	17 12% a
For journeys made as part of my work	68 5%	7 7% f	19 6% f	14 4% f	18 9% cfh	9 9% f	2 1%	39 5% f	29 5% f	53 5%	1 3%	6 10%	5 14% a	1 10%	2 28%	15 10% a
For another purpose	87 7%	3 3%	17 5%	19 6%	5 3%	11 11% abdg	33 11% abcdg	38 5% dg	49 8% dg	81 7%	2 6%	1 1%	- -	- -	2 32%	5 3%
NET: Travel/utility	744 57%	53 58%	183 57%	184 60% f	115 58%	60 60%	148 50%	420 58% f	324 55%	636 55%	23 78% a	39 60%	26 68%	7 81%	3 53%	98 66% a
NET: Leisure, fitness & recreation and travel/utility	495 38%	40 44% fh	146 45% dfh	118 39% f	66 34%	39 39%	86 29%	304 42% dfh	191 32%	425 37%	21 69% acg	20 31%	17 46%	4 51%	3 41%	65 44%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	*e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	1308	909	187	170	357	234	78	297	94	16	30	104	88	90	277	312
Total	1311	841	226	210	436	231	79	291	94	15	29	99	76	91	305	310
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	1022	653	178	166	344	192	63	230	66	12	23	72	56	67	242	254
	78%	78%	79%	79%	79%	83%	79%	79%	70%	78%	79%	73%	74%	74%	79%	82%
						dg										dg
To get to/from shops or supermarkets	614	399	99	98	197	114	39	137	34	7	18	47	35	55	127	153
	47%	48%	44%	47%	45%	49%	49%	47%	37%	48%	64%	47%	46%	60%	42%	49%
						d					dj			cdj		d
For personal business, e.g. running errands or visiting the doctor	135	83	27	20	47	24	7	40	11	1	3	11	5	9	24	31
	10%	10%	12%	10%	11%	11%	8%	14%	12%	6%	9%	11%	6%	9%	8%	10%
							j									
To get to/from my place of work	105	56	22	23	45	17	5	54	23	2	1	2	1	1	-	22
	8%	7%	10%	11%	10%	7%	7%	18%	24%	10%	3%	2%	1%	1%	-	7%
					a	ghij	hj	abfghijk	abfghijk		j	j				ghij
To volunteer or provide support to others	71	45	9	14	23	12	5	20	6	1	1	7	4	5	12	17
	5%	5%	4%	7%	5%	5%	6%	7%	6%	7%	3%	7%	5%	5%	4%	5%
For journeys made as part of my work	68	38	14	14	28	9	7	37	8	-	2	2	3	1	1	15
	5%	5%	6%	7%	6%	4%	8%	13%	8%	-	6%	2%	3%	1%	*	5%
						j	ij	aghijk	ij		j		j			j
For another purpose	87	69	7	8	15	10	6	7	4	-	2	12	8	6	32	16
	7%	8%	3%	4%	3%	4%	8%	3%	5%	-	8%	12%	10%	7%	10%	5%
		bcd					c				ack	c		ack		
NET: Travel/utility	744	470	123	130	253	131	48	189	55	8	18	52	39	59	143	180
	57%	56%	54%	62%	58%	57%	61%	65%	59%	53%	64%	53%	51%	65%	47%	58%
						j	j	ghj	j					j		j

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

Significance Level: 95%

Unweighted Total

Total

NET: Leisure, fitness & recreation and travel/utility

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	*e	f	g	h	i	j	k	
Unweighted Total	1308	909	187	170	357	234	78	297	94	16	30	104	88	90	277	312
Total	1311	841	226	210	436	231	79	291	94	15	29	99	76	91	305	310
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Leisure, fitness & recreation and travel/utility	495	314	78	91	168	95	34	130	30	5	13	30	23	38	97	129
	38%	37%	34%	43%	39%	41%	43%	45%	31%	31%	45%	30%	30%	42%	32%	42%
						j		dghj								gj

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	1308	224	712	333	39	1084	155	904	146	182	29	956	315	39	1047	261	1101	197
Total	1311	211	706	354	40	1100	162	915	142	186	28	959	316	37	1042	269	1116	186
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	1022 78%	157 74%	568 80%	268 76%	30 75%	865 79%	118 73%	732 80%	98 69%	124 66%	21 75%	774 81%	221 70%	20 54%	806 77%	217 81%	881 79%	134 72%
To get to/from shops or supermarkets	614 47%	113 54%	322 46%	163 46%	15 37%	500 45%	69 42%	422 46%	80 57%	85 45%	18 66%	434 45%	160 51%	21 56%	514 49%	100 37%	502 45%	107 58%
For personal business, e.g. running errands or visiting the doctor	135 10%	28 13%	71 10%	29 8%	6 16%	107 10%	22 14%	82 9%	18 13%	19 10%	2 8%	97 10%	35 11%	4 10%	119 11%	15 6%	112 10%	23 12%
To get to/from my place of work	105 8%	12 6%	49 7%	40 11%	4 10%	93 8%	17 10%	73 8%	7 5%	10 5%	3 10%	84 9%	18 6%	1 2%	91 9%	13 5%	90 8%	15 8%
To volunteer or provide support to others	71 5%	16 8%	28 4%	25 7%	2 4%	55 5%	19 12%	34 4%	8 6%	8 5%	3 12%	50 5%	18 6%	2 5%	62 6%	10 4%	61 5%	9 5%
For journeys made as part of my work	68 5%	9 4%	30 4%	26 7%	4 9%	60 5%	15 9%	43 5%	9 7%	9 5%	2 8%	50 5%	17 5%	3 7%	52 5%	17 6%	61 5%	7 4%
For another purpose	87 7%	16 8%	46 6%	22 6%	3 7%	71 6%	9 6%	59 6%	13 9%	22 12%	1 4%	53 6%	32 10%	4 11%	59 6%	28 10%	71 6%	15 8%
NET: Travel/utility	744 57%	132 63%	381 54%	209 59%	20 51%	611 56%	100 62%	496 54%	92 65%	100 54%	22 79%	532 55%	189 60%	23 61%	618 59%	126 47%	614 55%	123 66%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

Significance Level: 95%

Unweighted Total

Total

NET: Leisure, fitness & recreation and travel/utility

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total	1308	224	712	333	39	1084	155	904	146	182	29	956	315	39	1047	261	1101	197
Total	1311	211	706	354	40	1100	162	915	142	186	28	959	316	37	1042	269	1116	186
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Leisure, fitness & recreation and travel/utility	495	86	262	136	11	409	59	341	52	47	15	375	106	7	409	86	413	77
	38%	41%	37%	38%	28%	37%	37%	37%	37%	25%	55%	39%	33%	20%	39%	32%	37%	42%
									b			bf		b				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
	a	b	c	d	e	f	g	h	i	j	a	b	c	
Significance Level: 95%														
Unweighted Total	1308	143	111	189	212	130	166	76	281	531	523	400	586	307
Total	1311	143	107	190	210	129	170	77	284	529	531	400	592	306
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	1022 78%	82 57%	70 65%	139 73% a	169 80% ab	108 84% abc	144 85% abc	65 84% ab	246 87% abc	416 79% ab	455 86% abc	322 80%	461 78%	233 76%
To get to/from shops or supermarkets	614 47%	68 47%	55 52% h	89 47% a	111 53% fthj	67 52% h	72 42% h	37 47% h	115 41% h	267 50% h	223 42% h	198 49%	257 43%	152 50%
For personal business, e.g. running errands or visiting the doctor	135 10%	12 8%	7 7%	25 13%	25 12%	18 14%	14 8%	5 7%	28 10%	68 13% j	48 9%	49 12% b	48 8%	35 11%
To get to/from my place of work	105 8%	8 6%	8 7%	12 6%	17 8%	11 9%	15 9%	7 9%	27 9%	40 8%	49 9%	46 11% bc	38 6%	19 6%
To volunteer or provide support to others	71 5%	4 3%	2 1%	7 4%	11 5%	11 8% b	12 7% b	11 15% abcdhij	13 5%	29 5%	37 7% b	33 8% b	22 4%	16 5%
For journeys made as part of my work	68 5%	6 4%	2 2%	8 4%	8 4%	9 7% b	11 6%	7 9% b	18 6%	24 5%	36 7% b	30 7% c	28 5%	9 3%
For another purpose	87 7%	18 13% cdefij	8 7%	5 3%	14 7%	6 5%	9 5%	4 5%	23 8% ci	25 5%	36 7%	25 6%	40 7%	20 6%
NET: Travel/utility	744 57%	82 57%	64 59%	109 58%	130 62% hj	84 65% fhj	89 53%	47 61%	138 49%	324 61% fhj	274 52%	247 62% b	302 51%	185 61% b
NET: Leisure, fitness & recreation and travel/utility	495 38%	30 21%	31 29%	61 32% a	92 44% abc	65 50% abch	71 42% ab	37 48% abc	108 38% a	217 41% abc	217 41% abc	180 45% b	190 32%	121 39% b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	*e	*f	g	h	i
Unweighted Total	320	196	121	128	118	74	12	46	31	31	26	28	54	60	32
Total	321	194	124	124	118	80	9	47	34	31	25	38	52	53	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	236 74%	145 75%	90 73%	77 62%	95 81% a	65 81% a	5 58%	34 71%	25 74%	27 86% g	19 76%	30 80%	32 61%	43 80%	22 70%
To get to/from shops or supermarkets	77 24%	50 26%	25 20%	30 24%	26 22%	21 26%	2 26%	10 21% d	10 30% d	1 3%	7 27%	8 22%	19 36% d	14 26% d	6 17%
To get to/from my place of work	48 15%	29 15%	19 15%	21 17%	20 17%	7 8%	- -	8 18%	5 16%	2 6%	4 16%	3 7%	13 24% d	6 11%	7 22%
For personal business, e.g. running errands or visiting the doctor	36 11%	21 11%	14 11%	18 15% c	14 12%	4 5%	1 7%	3 7%	7 19% h	1 4%	6 23%	1 3%	10 19% dh	3 5%	5 17%
To volunteer or provide support to others	34 10%	19 10%	14 11%	16 13%	13 11%	5 6%	- -	1 2%	4 13% b	3 10%	2 7%	4 10%	11 21% b	5 9%	4 14% b
For journeys made as part of my work	27 8%	18 9%	9 7%	13 10%	12 10%	3 3%	1 8%	1 3%	4 11%	3 11%	1 5%	3 7%	9 18% bh	2 4%	2 8%
For another purpose	9 3%	3 1%	7 5% a	1 1%	3 3%	5 7% a	2 20%	1 3%	2 6%	- -	- -	- -	1 1%	1 2%	2 8%
NET: Travel/utility	140 43%	87 45%	51 41%	63 51% c	48 41%	28 35%	3 33%	18 38%	17 50%	8 25%	13 52%	13 35%	33 63% bdhi	23 43%	12 39%
NET: Leisure, fitness & recreation and travel/utility	63 20%	41 21%	23 18%	17 13%	29 25% a	18 22%	1 11%	6 12%	9 27%	4 12%	7 28%	6 15%	13 25%	13 24%	5 17%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	*e	f	g	h	a	*b	*c	*d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	320	45	75	78	58	26	38	198	122	272	16	12	10	1	3	42
Total	321	45	79	79	58	24	36	203	118	274	17	12	9	1	3	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	236 74%	29 63%	62 78%	64 81% a	41 72%	14 56%	27 76%	154 76%	82 70%	207 76%	11 63%	7 56%	6 63%	1 100%	3 100%	27 64%
To get to/from shops or supermarkets	77 24%	9 19%	18 23%	16 20%	17 30%	5 21%	12 32%	43 21%	34 29%	59 22%	6 38%	5 43%	2 25%	-	2 71%	16 37% a
To get to/from my place of work	48 15%	9 19% c	11 14%	5 6%	15 26% cg	5 22%	4 10%	24 12%	24 20% cg	38 14%	1 5%	1 11%	5 55%	-	2 71%	9 22%
For personal business, e.g. running errands or visiting the doctor	36 11%	8 18% c	9 11%	5 6%	9 16%	2 9%	4 10%	22 11%	15 13%	25 9%	-	5 41%	3 28%	-	2 71%	9 22% a
To volunteer or provide support to others	34 10%	7 16% f	7 9%	9 11%	7 12%	2 10%	1 2%	23 11%	10 9%	22 8%	4 22%	1 10%	4 42%	-	2 71%	11 25% a
For journeys made as part of my work	27 8%	9 20% cdh	8 10%	3 4%	4 7%	1 3%	2 6%	20 10%	7 6%	22 8%	3 16%	-	-	-	2 71%	5 11%
For another purpose	9 3%	2 4%	-	4 5% b	1 1%	2 7%	1 2%	6 3%	3 3%	8 3%	-	-	-	-	1 41%	1 2%
NET: Travel/utility	140 43%	22 48%	33 42%	26 33% c	31 53% c	13 55%	15 41%	81 40%	59 50% c	111 41%	9 55%	7 58%	6 63%	-	2 71%	24 57% a
NET: Leisure, fitness & recreation and travel/utility	63 20%	6 13%	16 20%	15 20%	15 26%	4 18%	7 19%	37 18%	26 22%	53 19%	3 19%	2 14%	2 25%	-	2 71%	9 22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	*b	c	*d	*e	*f	*g	*h	*i	*j	k	
Significance Level: 95%																
Unweighted Total	320	180	52	64	116	63	27	100	24	6	5	27	25	17	26	90
Total	321	157	64	80	144	65	28	103	23	5	4	24	24	16	28	94
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	236	122	46	55	101	51	24	69	15	2	2	18	20	13	22	75
	74%	78%	72%	69%	70%	78%	86%	67%	64%	49%	45%	76%	82%	81%	79%	80%
To get to/from shops or supermarkets	77	38	15	19	34	19	7	21	7	1	2	5	4	4	7	26
	24%	24%	23%	24%	24%	29%	25%	21%	29%	21%	45%	23%	17%	24%	23%	28%
To get to/from my place of work	48	14	12	17	29	9	2	21	6	1	2	2	-	4	1	11
	15%	9%	19%	21%	20%	14%	5%	21%	26%	16%	44%	10%	-	22%	4%	12%
For personal business, e.g. running errands or visiting the doctor	36	14	10	11	21	6	2	16	4	1	2	2	1	4	-	8
	11%	9%	15%	14%	14%	9%	7%	15%	17%	14%	45%	7%	3%	22%	-	9%
To volunteer or provide support to others	34	14	7	9	16	7	-	13	3	1	2	2	2	3	1	7
	10%	9%	11%	11%	11%	11%	-	12%	14%	21%	36%	8%	9%	18%	4%	7%
For journeys made as part of my work	27	7	4	11	16	5	2	10	5	1	-	2	1	3	-	6
	8%	4%	7%	14%	11%	7%	5%	9%	23%	16%	-	6%	3%	17%	-	7%
For another purpose	9	5	2	1	3	-	1	1	1	-	1	4	1	1	-	1
	3%	3%	4%	1%	2%	-	3%	1%	4%	-	20%	15%	3%	6%	-	1%
NET: Travel/utility	140	62	26	41	67	33	8	49	13	2	4	8	7	8	9	40
	43%	40%	41%	51%	46%	50%	27%	48%	56%	51%	80%	34%	28%	47%	32%	43%
NET: Leisure, fitness & recreation and travel/utility	63	32	11	17	27	18	5	16	5	-	2	6	3	5	3	23
	20%	21%	16%	21%	19%	28%	17%	16%	24%	-	45%	24%	14%	29%	11%	24%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	320	55	148	101	16	265	54	199	31	33	16	238	74	6	247	73	271	45
Total	321	46	143	114	18	275	58	206	33	32	15	240	74	6	249	72	276	41
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	236 74%	41 89% bce	105 73%	78 69%	12 67%	195 71%	31 53%	158 77% a	23 69%	19 59%	6 42%	188 79% be	44 59%	4 66%	176 70%	61 84% a	210 76% b	24 59%
To get to/from shops or supermarkets	77 24%	14 30%	33 23%	27 24%	3 15%	63 23%	13 23%	48 23%	10 30%	8 25%	3 18%	57 24%	19 25%	2 34%	60 24%	16 22%	56 20%	20 49% a
To get to/from my place of work	48 15%	3 7%	20 14%	23 20% a	2 13%	45 16%	16 28% b	25 12%	6 18%	7 22%	4 25%	30 12%	16 22% d	1 14%	46 18% b	2 3%	38 14%	10 23%
For personal business, e.g. running errands or visiting the doctor	36 11%	4 9%	15 11%	15 13%	2 13%	32 12%	12 20% b	18 9%	6 18%	8 24% d	3 19%	20 9%	15 20% d	2 28%	33 13%	4 5%	32 12%	3 7%
To volunteer or provide support to others	34 10%	2 5%	17 12%	9 8%	6 31%	31 11%	9 16%	20 10%	3 10%	1 2%	3 20%	25 11%	7 10%	- -	31 13% b	2 3%	28 10%	5 13%
For journeys made as part of my work	27 8%	2 5%	9 6%	15 13%	1 6%	25 9%	9 16% b	13 6%	3 10%	7 23% d	1 5%	16 7%	9 13%	2 34%	26 10% b	1 2%	24 9%	2 6%
For another purpose	9 3%	- -	4 3%	4 4%	1 6%	9 3%	1 2%	9 4%	2 5%	2 5%	- -	7 3%	3 4%	1 14%	8 3%	2 3%	9 3%	1 2%
NET: Travel/utility	140 43%	19 41%	61 42%	52 45%	9 48%	121 44%	35 59% b	80 39%	17 50%	17 54%	9 63%	94 39%	41 55% d	3 47%	118 47% b	22 30%	109 39%	29 70% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

Significance Level: 95%

Unweighted Total

Total

NET: Leisure, fitness & recreation and travel/utility

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	*d	e	a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total	320	55	148	101	16	265	54	199	31	33	16	238	74	6	247	73	271	45
Total	321	46	143	114	18	275	58	206	33	32	15	240	74	6	249	72	276	41
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Leisure, fitness & recreation and travel/utility	63	14	27	20	3	50	8	40	8	6	1	49	13	2	51	12	51	13
	20%	29%	19%	18%	15%	18%	14%	19%	25%	18%	5%	20%	18%	28%	20%	17%	18%	31%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Unweighted Total	320	8	18	46	49	44	43	25	87	139	155	149	103	67
Total	321	7	17	47	47	45	43	28	87	139	158	155	100	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	236	5	12	31	35	31	36	20	66	97	122	109	78	50
	74%	76%	68%	66%	75%	68%	83%	73%	76%	70%	77%	71%	78%	75%
To get to/from shops or supermarkets	77	2	4	10	8	7	12	15	19	25	46	38	22	17
	24%	35%	22%	21%	16%	16%	28%	52%	22%	18%	29%	24%	22%	26%
											i			
To get to/from my place of work	48	-	3	9	5	4	7	5	15	18	27	33	8	7
	15%	-	16%	20%	11%	8%	16%	19%	17%	13%	17%	21%	8%	11%
												b		
For personal business, e.g. running errands or visiting the doctor	36	-	2	7	3	6	6	3	9	16	18	23	8	5
	11%	-	12%	14%	7%	13%	14%	12%	10%	11%	12%	15%	8%	8%
To volunteer or provide support to others	34	-	-	1	9	7	5	4	8	17	17	19	6	8
	10%	-	-	2%	18%	16%	11%	14%	10%	12%	11%	12%	6%	12%
				c	c									
For journeys made as part of my work	27	-	-	1	2	8	5	4	8	11	16	17	3	6
	8%	-	-	3%	4%	17%	11%	13%	9%	8%	10%	11%	3%	9%
					cd							b		
For another purpose	9	-	-	-	1	-	1	1	7	1	9	5	2	2
	3%	-	-	-	2%	-	2%	3%	8%	1%	5%	3%	2%	3%
									i		i			
NET: Travel/utility	140	2	7	24	19	21	19	16	31	64	66	73	34	32
	43%	35%	42%	52%	40%	46%	44%	58%	35%	46%	42%	48%	34%	48%
												b		
NET: Leisure, fitness & recreation and travel/utility	63	1	2	8	8	6	12	10	16	23	38	33	14	17
	20%	11%	10%	18%	17%	14%	29%	35%	18%	16%	24%	21%	14%	25%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4. SUMMARY: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Nobody, I did this on my own	With another adult or adults	With a child or children	NET: With somebody else
Walking (either for leisure or travel)	1311 100%	644 49%	561 43%	251 19%	667 51%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424 100%	294 69%	95 22%	57 13%	130 31%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423 100%	324 76%	78 19%	41 10%	100 24%
Running or jogging	406 100%	303 75%	70 17%	46 11%	103 25%
Cycling (either for leisure or travel)	321 100%	215 67%	89 28%	44 14%	107 33%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286 100%	82 29%	127 44%	133 47%	204 71%
Other sport, exercise or physical activity	113 100%	75 66%	31 27%	10 9%	38 34%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1308	608	696	405	444	459	77	173	133	133	125	101	191	238	137
Total	1311	598	709	380	435	496	63	178	139	135	116	136	183	221	140
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	644	330	311	168	194	281	31	84	73	73	53	57	110	99	64
	49%	55%	44%	44%	45%	57%	49%	47%	52%	54%	46%	42%	60%	45%	46%
		b				ab							befhi		
With another adult or adults	561	236	324	166	185	210	26	84	59	54	49	64	63	98	64
	43%	40%	46%	44%	43%	42%	41%	47%	42%	40%	42%	47%	34%	44%	46%
		a						g				g		g	g
With a child or children	251	87	164	89	150	12	15	37	21	23	24	26	27	49	28
	19%	15%	23%	23%	34%	3%	24%	21%	15%	17%	21%	19%	15%	22%	20%
		a		c	ac										
NET: With somebody else	667	268	398	212	241	214	32	94	66	62	63	78	73	122	76
	51%	45%	56%	56%	55%	43%	51%	53%	48%	46%	54%	58%	40%	55%	54%
		a		c	c			g			g	g		g	g

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	1308	91	319	317	197	104	280	727	581	1139	30	68	39	9	7	153
Total	1311	92	322	306	197	100	294	720	591	1148	30	65	38	8	6	148
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	644 49%	37 40%	153 48%	147 48%	98 50%	42 42%	167 57%	337 47%	307 52%	554 48%	15 49%	38 57%	20 52%	5 66%	3 43%	80 54%
							abceg		a							
With another adult or adults	561 43%	47 51%	145 45%	125 41%	78 40%	44 44%	120 41%	318 44%	243 41%	504 44%	15 51%	22 34%	11 30%	2 20%	4 57%	54 36%
With a child or children	251 19%	26 28%	71 22%	70 23%	49 25%	21 21%	14 5%	166 23%	85 14%	218 19%	5 17%	12 19%	12 31%	1 14%	1 12%	31 21%
		fh	fh	fh	fh	f		fh	f							
NET: With somebody else	667 51%	55 60%	169 52%	159 52%	100 50%	58 58%	126 43%	383 53%	284 48%	594 52%	15 51%	28 43%	18 48%	3 34%	4 57%	68 46%
		fh	f	f		f		f								



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	*e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	1308	909	187	170	357	234	78	297	94	16	30	104	88	90	277	312
Total	1311	841	226	210	436	231	79	291	94	15	29	99	76	91	305	310
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	644	476	88	64	152	109	38	134	45	8	13	52	37	43	165	147
	49%	57%	39%	31%	35%	47%	49%	46%	48%	51%	45%	52%	49%	47%	54%	47%
		bcd														
With another adult or adults	561	361	92	94	186	98	33	128	39	7	11	36	32	39	138	131
	43%	43%	41%	45%	43%	42%	42%	44%	41%	49%	38%	36%	42%	43%	45%	42%
With a child or children	251	10	108	126	234	64	19	75	29	1	6	18	15	19	5	84
	19%	1%	48%	60%	54%	28%	25%	26%	30%	8%	21%	18%	20%	21%	2%	27%
		a	a	ab	a	j	j	j	j		j	j	j	j		j
NET: With somebody else	667	365	138	145	284	123	40	156	49	7	16	47	39	48	140	163
	51%	43%	61%	69%	65%	53%	51%	54%	52%	49%	55%	48%	51%	53%	46%	53%
		a	a	a	a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	1308	224	712	333	39	1084	155	904	146	182	29	956	315	39	1047	261	1101	197
Total	1311	211	706	354	40	1100	162	915	142	186	28	959	316	37	1042	269	1116	186
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	644 49%	196 93%	289 41%	143 40%	16 41%	448 41%	67 41%	368 40%	73 52%	107 57%	14 50%	456 48%	170 54%	24 64%	518 50%	126 47%	513 46%	123 66%
		bcde								d			d				a	
With another adult or adults	561 43%	14 7%	367 52%	162 46%	18 45%	547 50%	74 46%	465 51%	52 37%	71 38%	12 43%	425 44%	122 39%	11 30%	438 42%	123 46%	505 45%	55 30%
			a	a	a	a											b	
With a child or children	251 19%	1 *	100 14%	136 38%	13 34%	250 23%	42 26%	204 22%	37 26%	18 10%	4 16%	193 20%	54 17%	6 15%	200 19%	51 19%	231 21%	20 11%
			a	abe	ab	ab			be			b	b				b	
NET: With somebody else	667 51%	15 7%	417 59%	211 60%	24 59%	652 59%	95 59%	547 60%	68 48%	79 43%	14 50%	503 52%	146 46%	13 36%	524 50%	143 53%	603 54%	63 34%
			a	a	a	a						bf					b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
	a	b	c	d	e	f	g	h	i	j	a	b	c	
Significance Level: 95%														
Unweighted Total	1308	143	111	189	212	130	166	76	281	531	523	400	586	307
Total	1311	143	107	190	210	129	170	77	284	529	531	400	592	306
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	644	79	51	97	109	64	80	34	129	270	244	189	299	151
	49%	55%	48%	51%	52%	50%	47%	44%	46%	51%	46%	47%	50%	49%
		j												
With another adult or adults	561	55	45	77	81	49	84	42	127	207	253	171	258	126
	43%	38%	42%	41%	39%	38%	49%	55%	45%	39%	48%	43%	43%	41%
						dei	acdei				dei			
With a child or children	251	17	24	38	43	28	34	13	53	109	101	94	99	55
	19%	12%	23%	20%	21%	21%	20%	17%	19%	21%	19%	24%	17%	18%
			a	a	a					a		b		
NET: With somebody else	667	64	56	93	101	65	90	43	154	259	287	211	293	155
	51%	45%	52%	49%	48%	50%	53%	56%	54%	49%	54%	53%	50%	51%
										a				

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	*e	*f	g	h	i
Unweighted Total	320	196	121	128	118	74	12	46	31	31	26	28	54	60	32
Total	321	194	124	124	118	80	9	47	34	31	25	38	52	53	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	215	150	63	74	80	60	7	33	21	23	21	19	31	35	24
	67%	77%	51%	60%	68%	75%	73%	70%	64%	72%	85%	52%	60%	65%	77%
		b	a			a									
With another adult or adults	89	36	51	40	30	18	2	10	10	7	3	18	18	17	5
	28%	19%	41%	32%	26%	23%	20%	22%	30%	22%	10%	48%	34%	32%	15%
		a	a												
With a child or children	44	18	26	19	24	1	3	8	6	2	1	7	9	6	3
	14%	9%	21%	16%	20%	2%	27%	16%	17%	6%	5%	19%	17%	12%	9%
		a	a	c	c										
NET: With somebody else	107	44	61	50	37	20	3	14	12	9	4	18	21	19	7
	33%	23%	49%	40%	32%	25%	27%	30%	36%	28%	15%	48%	40%	35%	23%
		a	a	c	c										

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	*e	f	g	h	a	*b	*c	*d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	320	45	75	78	58	26	38	198	122	272	16	12	10	1	3	42
Total	321	45	79	79	58	24	36	203	118	274	17	12	9	1	3	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	215 67%	30 66%	51 64%	55 70%	38 66%	17 68%	24 68%	135 67%	79 67%	191 70%	10 62%	5 43%	3 32%	1 100%	1 30%	20 49%
With another adult or adults	89 28%	13 29%	24 30%	19 24%	19 32%	6 26%	8 23%	56 27%	33 28%	70 26%	6 38%	3 23%	6 60%	-	2 70%	17 40%
With a child or children	44 14%	4 9%	16 20%	10 12%	8 14%	4 15%	3 9%	29 14%	15 13%	32 12%	4 23%	4 34%	3 35%	-	-	11 26%
															a	
NET: With somebody else	107 33%	16 34%	29 36%	24 30%	20 34%	8 32%	11 32%	68 33%	39 33%	83 30%	6 38%	7 57%	6 68%	-	2 70%	21 51%
															a	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	*b	c	*d	*e	*f	*g	*h	*i	*j	k	
Significance Level: 95%																
Unweighted Total	320	180	52	64	116	63	27	100	24	6	5	27	25	17	26	90
Total	321	157	64	80	144	65	28	103	23	5	4	24	24	16	28	94
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	215	112	43	49	92	47	17	67	14	3	3	18	16	11	20	63
	67%	71%	67%	61%	64%	71%	59%	65%	59%	70%	64%	75%	65%	66%	73%	68%
With another adult or adults	89	41	16	24	40	17	10	27	7	1	2	4	7	6	8	27
	28%	26%	26%	29%	28%	26%	37%	27%	32%	17%	36%	17%	30%	34%	27%	29%
With a child or children	44	4	12	25	37	9	5	16	4	1	-	4	4	-	1	14
	14%	3%	19%	31%	26%	14%	16%	16%	20%	14%	-	18%	16%	-	4%	15%
			a	a	a											
NET: With somebody else	107	45	22	31	52	19	12	37	9	1	2	6	8	6	8	30
	33%	29%	33%	39%	36%	29%	41%	35%	41%	30%	36%	25%	35%	34%	27%	32%

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	*d	e	a	b	a	b	*c	d	e	*f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	320	55	148	101	16	265	54	199	31	33	16	238	74	6	247	73	271	45
Total	321	46	143	114	18	275	58	206	33	32	15	240	74	6	249	72	276	41
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	215	40	95	73	7	175	31	139	23	19	9	163	48	4	173	42	185	29
	67%	86%	66%	64%	41%	64%	53%	67%	71%	61%	59%	68%	64%	70%	69%	57%	67%	70%
		bce						a										
With another adult or adults	89	6	41	33	10	83	16	61	8	9	3	66	19	2	62	27	75	11
	28%	13%	28%	29%	53%	30%	28%	30%	25%	30%	22%	28%	26%	30%	25%	38%	27%	26%
		a	a	a		a										a		
With a child or children	44	1	13	29	2	44	19	22	6	5	3	31	13	1	30	14	39	4
	14%	1%	9%	25%	14%	16%	33%	11%	17%	16%	18%	13%	17%	14%	12%	19%	14%	10%
			abe			ab	b											
NET: With somebody else	107	6	49	41	11	100	28	67	10	13	6	77	27	2	76	31	92	12
	33%	14%	34%	36%	59%	36%	47%	33%	29%	39%	41%	32%	36%	30%	31%	43%	33%	30%
		a	a	a		a	b											

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	320	8	18	46	49	44	43	25	87	139	155	149	103	67
Total	321	7	17	47	47	45	43	28	87	139	158	155	100	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	215	5	11	31	30	28	33	16	60	89	109	103	64	47
	67%	69%	66%	66%	65%	62%	75%	59%	69%	64%	69%	67%	64%	71%
With another adult or adults	89	1	6	9	14	14	11	10	23	37	44	40	31	17
	28%	20%	34%	20%	30%	31%	25%	36%	27%	27%	28%	26%	31%	25%
With a child or children	44	2	-	10	2	6	5	6	13	19	24	23	16	5
	14%	31%	-	22%	5%	13%	11%	21%	15%	13%	15%	15%	16%	7%
				d										
NET: With somebody else	107	2	6	16	16	17	11	11	27	50	49	51	36	19
	33%	31%	34%	34%	35%	38%	25%	41%	31%	36%	31%	33%	36%	29%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	*e	*f	g	h	i
Unweighted Total	410	260	148	230	135	45	20	50	29	39	25	27	100	74	46
Total	406	252	152	216	141	49	16	49	32	41	23	35	94	70	46
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	303	200	102	156	105	41	14	39	24	30	17	25	68	53	34
	75%	80%	67%	72%	75%	84%	89%	79%	74%	73%	73%	70%	72%	76%	73%
		b													
With another adult or adults	70	38	31	43	19	7	2	6	2	7	1	9	19	13	10
	17%	15%	20%	20%	14%	14%	11%	13%	8%	18%	3%	26%	20%	18%	22%
With a child or children	46	20	25	23	22	1	-	7	7	4	5	3	7	8	3
	11%	8%	16%	11%	15%	2%	-	15%	23%	11%	24%	8%	8%	11%	7%
		a			c										
NET: With somebody else	103	51	50	59	36	8	2	10	8	11	6	11	26	17	12
	25%	20%	33%	28%	25%	16%	11%	21%	26%	27%	27%	30%	28%	24%	27%
		a													

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	*e	f	g	h	a	*b	c	*d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	410	56	120	104	65	26	39	280	130	302	21	36	26	7	7	97
Total	406	57	122	100	65	24	37	280	126	300	23	33	26	7	7	95
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	303	38	91	80	50	17	28	208	95	231	14	25	13	6	5	63
	75%	66%	74%	80%	77%	70%	76%	74%	75%	77%	64%	77%	49%	85%	69%	66%
										g						
With another adult or adults	70	12	23	15	11	5	5	50	20	44	7	6	9	1	2	25
	17%	21%	19%	15%	16%	20%	12%	18%	16%	15%	31%	18%	34%	15%	31%	26%
																a
With a child or children	46	10	10	9	8	3	6	29	17	33	4	2	6	-	-	12
	11%	17%	8%	9%	12%	14%	15%	10%	13%	11%	18%	5%	23%	-	-	12%
NET: With somebody else	103	20	32	20	15	7	9	72	31	69	8	8	13	1	2	32
	25%	34%	26%	20%	23%	30%	24%	26%	25%	23%	36%	23%	51%	15%	31%	34%
																a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	*e	*f	g	h	*i	*j	k	
Significance Level: 95%																
Unweighted Total	410	208	91	82	173	88	38	123	30	7	12	30	49	18	15	126
Total	406	171	109	103	211	87	40	126	30	6	12	29	42	19	16	126
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	303	140	72	75	147	67	28	94	18	6	11	22	32	13	13	95
	75%	81%	67%	73%	70%	77%	71%	74%	60%	100%	92%	75%	75%	70%	79%	75%
		bd														
With another adult or adults	70	29	21	14	35	13	10	21	6	-	1	5	9	3	2	23
	17%	17%	19%	14%	16%	15%	26%	16%	19%	-	8%	17%	21%	18%	15%	18%
With a child or children	46	3	20	19	39	10	4	16	6	-	-	2	3	4	1	14
	11%	2%	19%	18%	19%	12%	9%	12%	21%	-	-	8%	7%	20%	5%	11%
		a	a	a	a											
NET: With somebody else	103	32	36	28	64	20	12	32	12	-	1	7	11	6	3	31
	25%	19%	33%	27%	30%	23%	29%	26%	40%	-	8%	25%	25%	30%	21%	25%
		a	a	a	a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	*c	d	e	*f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	410	46	183	151	30	364	85	265	42	31	19	307	83	7	333	77	341	61
Total	406	40	179	156	31	366	91	262	41	31	19	303	83	7	331	75	342	56
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	303	40	128	117	18	263	55	201	25	17	12	238	51	3	248	55	256	42
	75%	100%	72%	75%	57%	72%	61%	77%	61%	55%	63%	78%	61%	39%	75%	73%	75%	74%
		bcde		d			a				abe							
With another adult or adults	70	-	34	25	11	70	21	46	11	10	4	45	21	3	56	14	54	15
	17%	-	19%	16%	35%	19%	23%	18%	26%	33%	22%	15%	26%	42%	17%	18%	16%	26%
			a	a	abce	a			d			d						
With a child or children	46	-	23	18	4	46	19	23	10	7	4	26	18	3	38	8	44	-
	11%	-	13%	12%	13%	12%	21%	9%	24%	23%	22%	8%	21%	51%	11%	11%	13%	-
			a	a	a	a	b		d	d		d					b	
NET: With somebody else	103	-	51	38	14	103	35	61	16	14	7	65	32	4	83	20	86	15
	25%	-	28%	25%	43%	28%	39%	23%	39%	45%	37%	22%	39%	61%	25%	27%	25%	26%
			a	a	ac	a	b		d	d		d						

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	410	8	21	53	74	55	68	33	98	182	199	193	134	81
Total	406	7	23	51	72	55	68	34	96	178	198	192	130	82
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	303	6	15	38	58	40	53	27	66	136	146	136	105	60
	75%	79%	67%	75%	81%	73%	77%	80%	68%	77%	74%	71%	81%	73%
													a	
With another adult or adults	70	1	4	10	10	9	13	4	20	29	37	36	16	18
	17%	10%	16%	19%	14%	16%	19%	12%	21%	16%	18%	19%	12%	21%
With a child or children	46	1	4	3	5	8	6	3	16	15	26	28	13	5
	11%	11%	17%	5%	7%	14%	9%	10%	17%	9%	13%	14%	10%	6%
									ci			c		
NET: With somebody else	103	1	8	12	14	15	15	7	30	41	52	56	25	22
	25%	21%	33%	25%	19%	27%	23%	20%	32%	23%	26%	29%	19%	27%
												b		

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	423	165	257	212	144	67	19	44	40	48	31	29	94	79	39
Total	424	159	264	202	149	73	16	46	41	48	30	40	92	74	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	294	105	189	143	89	62	13	36	29	35	23	28	52	52	27
	69%	66%	71%	71%	60%	84%	83%	78%	71%	73%	76%	68%	56%	71%	70%
				b		ab		g							
With another adult or adults	95	47	48	50	33	12	1	10	8	12	4	8	28	17	7
	22%	29%	18%	25%	22%	16%	4%	22%	20%	24%	14%	21%	31%	23%	20%
		b													
With a child or children	57	22	35	20	37	-	2	4	5	2	3	6	17	12	5
	13%	14%	13%	10%	25%	-	13%	10%	13%	4%	11%	14%	19%	17%	13%
				c	ac								d	d	
NET: With somebody else	130	54	75	59	60	12	3	10	12	13	7	13	40	21	11
	31%	34%	29%	29%	40%	16%	17%	22%	29%	27%	24%	32%	44%	29%	30%
				c	ac								b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	423	46	118	115	57	38	49	279	144	328	18	33	23	8	5	87
Total	424	46	120	110	60	38	50	275	149	329	20	32	22	7	5	86
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	294	29	79	80	38	24	45	187	106	231	11	25	12	4	4	57
	69%	63%	66%	73%	63%	62%	89%	68%	72%	70%	56%	79%	55%	61%	84%	66%
						abcdegh										
With another adult or adults	95	15	29	20	20	7	6	63	32	70	9	4	9	2	1	24
	22%	32%	24%	18%	33%	18%	11%	23%	22%	21%	44%	14%	39%	23%	16%	28%
		f		cf												
With a child or children	57	6	18	12	9	10	2	36	21	42	4	2	5	1	1	13
	13%	12%	15%	11%	16%	26%	4%	13%	14%	13%	20%	7%	22%	16%	16%	15%
		f		f	cfg											
NET: With somebody else	130	17	41	30	22	15	6	88	42	98	9	7	10	3	1	29
	31%	37%	34%	27%	37%	38%	11%	32%	28%	30%	44%	21%	45%	39%	16%	34%
		f	f	f	f	f		f	f							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	*b	c	d	*e	*f	g	h	*i	j	k	
Significance Level: 95%																
Unweighted Total	423	229	94	81	175	98	27	114	32	9	9	37	44	22	31	125
Total	424	196	113	100	214	99	29	115	33	8	9	34	40	22	35	128
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	294	152	74	59	132	65	18	76	22	5	5	27	28	16	31	83
	69%	78%	65%	58%	62%	66%	61%	66%	66%	66%	62%	78%	70%	72%	91%	65%
		bcd													acdhk	
With another adult or adults	95	44	27	20	47	20	8	33	7	3	2	4	11	3	3	28
	22%	22%	24%	20%	22%	21%	26%	29%	23%	34%	24%	12%	27%	12%	9%	22%
								gj								
With a child or children	57	1	21	33	53	20	5	11	4	1	3	4	6	3	-	25
	13%	*	18%	32%	25%	20%	16%	10%	12%	15%	29%	12%	15%	16%	-	19%
			a	ab	a	cj						j				cj
NET: With somebody else	130	44	40	42	81	34	11	39	11	3	3	8	12	6	3	45
	31%	22%	35%	42%	38%	34%	39%	34%	34%	34%	38%	22%	30%	28%	9%	35%
			a	a	a	j		j	j			j				j



**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	*d	e	a	b	a	b	*c	d	e	*f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	423	53	203	154	13	370	51	307	50	44	10	314	93	10	363	60	344	75
Total	424	49	194	167	14	375	55	308	48	44	11	315	93	9	362	62	349	71
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	294	47	126	109	11	246	35	201	34	34	8	209	71	5	247	47	241	50
	69%	97%	65%	65%	81%	66%	63%	65%	70%	77%	75%	67%	77%	57%	68%	76%	69%	70%
		bce																
With another adult or adults	95	2	56	35	3	94	15	76	11	7	1	75	17	3	84	11	75	19
	22%	3%	29%	21%	19%	25%	28%	25%	23%	17%	13%	24%	18%	29%	23%	19%	22%	26%
		a	a	a	a	a												
With a child or children	57	-	17	40	-	57	11	45	9	6	1	44	13	2	50	8	53	4
	13%	-	9%	24%	-	15%	20%	15%	18%	14%	12%	14%	14%	22%	14%	12%	15%	5%
			a	abe		ab											b	
NET: With somebody else	130	2	68	58	3	129	20	107	14	10	3	105	22	4	115	15	108	21
	31%	3%	35%	35%	19%	34%	37%	35%	30%	23%	25%	33%	23%	43%	32%	24%	31%	30%
		a	a	a	a	a												

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	423	10	20	51	83	51	85	28	95	185	208	169	147	104
Total	424	9	22	52	83	49	85	28	96	184	209	170	150	101
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	294	7	13	37	59	35	62	20	60	131	143	115	103	74
	69%	76%	61%	72%	71%	70%	73%	71%	63%	71%	68%	67%	68%	73%
With another adult or adults	95	1	5	9	17	12	19	7	26	38	51	41	35	19
	22%	15%	21%	17%	20%	25%	22%	24%	27%	21%	24%	24%	23%	19%
With a child or children	57	2	4	7	11	4	8	2	20	21	30	30	18	9
	13%	24%	18%	13%	13%	7%	10%	7%	21% efi	11%	14%	18%	12%	9%
NET: With somebody else	130	2	8	15	24	15	23	8	36	53	66	56	48	27
	31%	24%	39%	28%	29%	30%	27%	29%	37%	29%	32%	33%	32%	27%

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	433	231	201	183	128	122	14	60	44	45	34	27	87	80	42
Total	423	224	198	167	126	131	11	59	45	44	30	36	82	73	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	324	176	148	126	83	115	9	47	34	34	23	25	61	59	31
	76%	78%	75%	75%	66%	88%	82%	78%	74%	76%	77%	70%	75%	82%	74%
						ab									
With another adult or adults	78	43	35	31	32	15	2	10	10	7	3	9	15	12	10
	19%	19%	18%	19%	26%	11%	18%	17%	22%	17%	10%	26%	18%	17%	23%
					c										
With a child or children	41	17	24	15	23	3	-	6	4	5	5	1	9	7	4
	10%	8%	12%	9%	18%	2%	-	9%	10%	10%	17%	4%	11%	10%	9%
				c	ac										
NET: With somebody else	100	49	50	41	43	16	2	13	12	11	7	11	21	13	11
	24%	22%	25%	25%	34%	12%	18%	22%	26%	24%	23%	30%	25%	18%	26%
				c	c										

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	433	49	107	97	78	30	72	253	180	337	22	37	22	4	8	93
Total	423	51	108	93	75	27	70	252	172	333	21	34	21	4	8	87
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	324	34	79	74	58	19	59	187	136	264	14	26	10	-	7	57
	76%	67%	73%	80%	77%	71%	85%	74%	79%	79%	67%	77%	49%	-	87%	65%
							ab			g						
With another adult or adults	78	14	25	14	13	3	9	54	25	53	6	7	8	4	1	25
	19%	28%	23%	15%	17%	11%	13%	21%	15%	16%	29%	20%	36%	100%	13%	29%
		fh													a	
With a child or children	41	6	10	8	10	5	1	25	16	29	2	3	6	-	-	12
	10%	12%	9%	9%	14%	18%	1%	10%	9%	9%	9%	10%	30%	-	-	13%
		f	f	f	f	f		f	f							
NET: With somebody else	100	16	29	19	17	8	10	65	35	69	7	8	11	4	1	30
	24%	33%	27%	20%	23%	29%	15%	26%	21%	21%	33%	23%	51%	100%	13%	35%
		f	f												a	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	*d	*e	*f	*g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	433	294	59	60	119	77	40	103	27	7	12	25	46	33	63	117
Total	423	262	71	75	146	72	41	100	27	7	11	24	40	32	68	113
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	324	227	44	44	89	58	30	65	20	5	8	18	35	23	61	88
	76%	87%	63%	59%	61%	80%	73%	65%	73%	77%	66%	76%	89%	72%	89%	78%
		bcd				c						c		bci	c	
With another adult or adults	78	31	18	21	39	13	8	29	3	2	2	6	3	5	7	22
	19%	12%	25%	28%	27%	19%	20%	29%	13%	23%	17%	24%	8%	16%	10%	19%
			a	a	a			hj								
With a child or children	41	4	15	19	35	5	5	13	5	-	3	1	1	6	1	11
	10%	2%	21%	26%	24%	7%	13%	13%	20%	-	27%	5%	3%	18%	1%	9%
			a	a	a		j	j						hj		j
NET: With somebody else	100	34	26	31	57	15	11	35	7	2	4	6	4	9	8	25
	24%	13%	37%	41%	39%	20%	27%	35%	27%	23%	34%	24%	11%	28%	11%	22%
			a	a	a		j	ahjk						j		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	*d	e	a	b	a	b	*c	d	e	*f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	433	77	219	116	21	356	55	285	43	70	20	303	116	12	365	68	362	66
Total	423	71	210	120	22	352	58	279	41	68	20	298	111	11	352	72	356	63
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	324	67	166	75	14	256	30	217	27	56	11	229	84	7	267	57	270	51
	76%	94%	79%	63%	66%	73%	53%	78%	66%	82%	57%	77%	76%	61%	76%	79%	76%	81%
		bce	c			c		a										
With another adult or adults	78	3	35	34	6	75	22	48	12	13	7	52	23	4	66	12	67	10
	19%	5%	17%	28%	29%	21%	38%	17%	28%	18%	37%	17%	21%	39%	19%	17%	19%	16%
		a	a	ab		a	b											
With a child or children	41	1	14	24	2	40	11	27	8	1	2	32	9	1	33	8	36	5
	10%	1%	7%	20%	10%	11%	19%	10%	19%	1%	13%	11%	8%	7%	9%	11%	10%	7%
				abe		a			b			b	b					
NET: With somebody else	100	4	44	44	7	96	27	62	14	13	8	70	27	4	85	15	86	12
	24%	6%	21%	37%	34%	27%	47%	22%	34%	18%	43%	23%	24%	39%	24%	21%	24%	19%
			a	abe		a	b											

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Unweighted Total	433	16	28	63	87	37	60	20	122	187	202	183	165	85
Total	423	15	28	62	84	37	58	20	119	184	197	180	162	82
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	324	13	22	43	74	27	40	15	90	143	145	120	142	61
	76%	90%	81%	68%	87%	71%	69%	75%	76%	78%	74%	67%	88%	75%
					cefhj								ac	
With another adult or adults	78	2	5	16	7	7	17	5	20	30	42	46	17	15
	19%	10%	19%	25%	8%	19%	29%	25%	17%	16%	21%	26%	10%	19%
				d			di				d	b		
With a child or children	41	-	2	6	5	4	4	4	16	15	24	29	6	5
	10%	-	8%	10%	6%	10%	7%	19%	14%	8%	12%	16%	4%	6%
												bc		
NET: With somebody else	100	2	5	20	11	11	18	5	29	41	52	60	20	21
	24%	10%	19%	32%	13%	29%	31%	25%	24%	22%	26%	33%	12%	25%
				d		d	d		d		d	b		b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	*d	e	*f	g	h	*i
Unweighted Total	279	131	147	133	106	40	10	39	26	24	30	16	59	48	27
Total	286	129	156	130	112	43	9	39	28	24	31	22	57	48	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	82	41	40	41	18	23	2	13	9	9	6	6	19	11	8
	29%	32%	26%	31%	16%	53%	17%	32%	31%	35%	21%	26%	33%	23%	31%
				b		ab									
With another adult or adults	127	61	66	63	49	14	6	14	13	9	13	9	26	26	9
	44%	47%	42%	48%	44%	33%	71%	37%	48%	35%	43%	42%	45%	54%	34%
With a child or children	133	48	85	50	76	7	5	20	12	11	16	10	22	26	12
	47%	38%	54%	38%	68%	17%	54%	50%	44%	46%	51%	44%	39%	53%	44%
			a	c	ac										
NET: With somebody else	204	88	116	90	95	20	8	26	19	16	25	16	38	37	19
	71%	68%	74%	69%	84%	47%	83%	68%	69%	65%	79%	74%	67%	77%	69%
				c	ac										



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		*a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Significance Level: 95%																
Unweighted Total	279	26	87	60	58	20	28	173	106	218	14	22	15	2	2	55
Total	286	28	90	61	60	21	27	178	108	224	15	21	16	2	2	55
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	82 29%	10 35%	26 29%	14 23%	15 25%	4 17%	12 46%	51 28%	31 29%	65 29%	4 25%	5 25%	2 13%	2 100%	- -	13 23%
With another adult or adults	127 44%	9 31%	43 48%	24 40%	29 49%	11 55%	10 38%	76 43%	51 47%	96 43%	9 58%	10 49%	9 56%	- -	2 100%	30 54%
With a child or children	133 47%	14 50%	38 42%	29 48%	34 57%	12 58%	6 23%	81 45%	52 49%	105 47%	6 38%	9 43%	10 63%	- -	1 42%	26 46%
NET: With somebody else	204 71%	18 65%	63 71%	46 77%	44 75%	17 83%	15 54%	128 72%	76 71%	159 71%	11 75%	16 75%	14 87%	- -	2 100%	42 77%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	*b	c	*d	*e	*f	*g	*h	*i	*j	k	
Significance Level: 95%																
Unweighted Total	279	126	64	73	137	59	24	67	28	7	10	24	26	17	17	83
Total	286	109	76	88	164	60	26	70	29	6	9	24	24	19	19	85
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	82	51	9	17	26	14	8	16	7	3	4	8	7	5	10	23
	29%	47%	12%	19%	16%	24%	33%	23%	24%	45%	39%	32%	28%	28%	51%	27%
		bcd														
With another adult or adults	127	52	39	29	68	28	13	37	9	1	4	10	12	6	5	41
	44%	48%	52%	32%	41%	47%	50%	52%	32%	23%	47%	45%	49%	32%	28%	48%
		c	c													
With a child or children	133	10	53	67	119	35	9	34	19	2	1	9	9	11	4	45
	47%	9%	69%	75%	73%	59%	37%	49%	63%	32%	14%	37%	36%	59%	21%	53%
		a	a	a												
NET: With somebody else	204	57	67	71	138	45	17	54	22	4	6	16	17	13	9	63
	71%	53%	88%	81%	84%	76%	67%	77%	76%	55%	61%	68%	72%	72%	49%	73%
		a	a	a												

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	*a	b	c	*d	e	a	b	a	b	*c	d	e	*f	a	b	a	*b	
Significance Level: 95%																		
Unweighted Total	279	29	121	117	12	250	47	193	41	35	13	188	81	7	227	52	245	29
Total	286	26	117	129	13	260	49	200	42	36	13	193	83	7	231	55	254	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	82	21	30	29	2	61	11	46	8	13	4	53	23	2	57	24	67	11
	29%	78%	25%	23%	16%	23%	23%	23%	20%	36%	30%	27%	28%	27%	25%	44%	26%	40%
															a			
With another adult or adults	127	6	58	56	7	121	27	89	17	16	5	89	34	3	111	16	111	15
	44%	22%	49%	44%	50%	47%	56%	45%	41%	43%	41%	46%	41%	41%	48%	28%	44%	55%
															b			
With a child or children	133	1	49	76	7	133	19	110	26	12	5	93	38	4	112	21	127	7
	47%	3%	42%	59%	54%	51%	39%	55%	61%	32%	40%	48%	46%	62%	49%	38%	50%	25%
				b					b									
NET: With somebody else	204	6	88	100	11	199	38	155	33	23	9	140	60	5	174	31	187	16
	71%	22%	75%	77%	84%	77%	77%	77%	80%	64%	70%	73%	72%	73%	75%	56%	74%	60%
															b			

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		*a	*b	c	d	e	*f	*g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	279	12	27	50	53	35	29	14	59	138	102	105	107	67
Total	286	12	28	49	56	36	30	16	59	141	105	107	111	68
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	82	7	13	12	13	13	7	2	14	38	23	29	32	20
	29%	57%	47%	25%	24%	36%	25%	13%	23%	27%	22%	27%	29%	29%
With another adult or adults	127	1	8	23	23	11	12	13	34	58	59	49	55	22
	44%	12%	29%	47%	42%	31%	41%	80%	58% ei	41%	56% ei	46%	50% c	33%
With a child or children	133	4	12	21	33	16	15	9	24	70	48	53	49	32
	47%	31%	43%	43%	59%	45%	49%	56%	41%	50%	45%	50%	44%	46%
NET: With somebody else	204	5	15	37	42	23	22	14	46	102	82	78	79	48
	71%	43%	53%	75%	76%	64%	75%	87%	77%	73%	78%	73%	71%	71%

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	110	60	50	33	23	54	4	17	13	8	11	8	16	19	14
Total	113	61	52	32	23	58	3	18	14	9	10	12	15	18	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	75	35	39	22	14	38	3	13	8	4	5	9	11	11	10
	66%	58%	76%	71%	62%	65%	75%	75%	59%	46%	50%	75%	74%	60%	76%
With another adult or adults	31	19	12	6	6	19	1	3	6	4	5	1	3	6	2
	27%	32%	22%	18%	27%	33%	25%	19%	41%	41%	50%	11%	19%	34%	14%
With a child or children	10	9	1	5	4	1	-	1	3	1	-	2	1	1	1
	9%	14%	2%	16%	16%	2%	-	5%	19%	13%	-	13%	7%	6%	9%
		b	c												
NET: With somebody else	38	25	13	9	9	20	1	4	6	5	5	3	4	7	3
	34%	42%	24%	29%	38%	35%	25%	25%	41%	54%	50%	25%	26%	40%	24%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		*a	*b	c	*d	*e	f	g	h	a	*b	*c	*d	*e	*f	*g
Significance Level: 95%																
Unweighted Total	110	12	22	31	8	5	32	65	45	92	1	7	7	-	3	18
Total	113	12	23	32	8	4	33	68	45	94	1	6	9	-	3	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nobody, I did this on my own	75 66%	7 55%	15 66%	24 76%	3 45%	2 41%	23 70%	47 69%	28 62%	63 67%	-	5 74%	4 42%	-	3 100%	12 61%
With another adult or adults	31 27%	5 37%	5 19%	6 19%	4 55%	1 33%	10 30%	15 22%	16 35%	27 29%	1 100%	2 26%	1 16%	-	-	4 19%
With a child or children	10 9%	2 19%	3 15%	3 9%	-	1 27%	-	9 13%	1 3%	6 7%	-	-	4 43%	-	-	4 19%
								f								
NET: With somebody else	38 34%	6 45%	8 34%	8 24%	4 55%	3 59%	10 30%	21 31%	17 38%	31 33%	1 100%	2 26%	5 58%	-	-	7 39%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	j	*k	
Significance Level: 95%																
Unweighted Total	110	84	13	13	26	13	8	16	2	2	3	11	10	9	36	21
Total	113	80	16	16	33	13	8	17	3	2	3	10	10	9	39	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	75	55	12	7	20	10	5	11	1	1	3	5	7	7	24	16
	66%	68%	77%	45%	61%	77%	68%	67%	52%	39%	100%	47%	67%	84%	62%	74%
With another adult or adults	31	24	1	5	7	2	1	4	1	1	-	3	2	1	15	3
	27%	30%	8%	32%	20%	15%	13%	25%	48%	61%	-	31%	21%	16%	38%	15%
With a child or children	10	1	2	6	9	1	2	3	-	-	-	2	2	-	-	2
	9%	1%	15%	39%	27%	7%	19%	16%	-	-	-	21%	25%	-	-	12%
NET: With somebody else	38	25	4	9	13	3	3	5	1	1	-	5	3	1	15	6
	34%	32%	23%	55%	39%	23%	32%	33%	48%	61%	-	53%	33%	16%	38%	26%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	*a	b	*c	*d	e	*a	b	*a	*b	*c	d	e	*f	a	b	a	*b	
Significance Level: 95%																		
Unweighted Total	110	21	62	21	6	89	13	76	19	20	3	74	34	7	80	30	96	14
Total	113	21	62	24	5	91	14	77	18	19	3	78	33	6	81	32	100	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	75	20	37	12	5	54	7	48	14	16	2	50	25	6	53	22	66	8
	66%	95%	60%	52%	87%	59%	46%	62%	78%	84%	56%	64%	75%	100%	66%	67%	66%	67%
With another adult or adults	31	-	24	7	1	31	4	27	3	3	1	22	7	-	21	9	27	4
	27%	-	38%	28%	13%	34%	28%	35%	16%	16%	44%	28%	22%	-	27%	30%	27%	33%
With a child or children	10	1	1	8	-	9	6	2	1	-	-	9	1	-	7	2	8	1
	9%	5%	2%	31%	-	10%	45%	3%	7%	-	-	11%	4%	-	9%	7%	8%	11%
NET: With somebody else	38	1	25	11	1	37	8	29	4	3	1	28	8	-	27	11	34	4
	34%	5%	40%	48%	13%	41%	54%	38%	22%	16%	44%	36%	25%	-	34%	33%	34%	33%



**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	a	b	*c
Unweighted Total	110	8	14	14	13	9	18	6	28	36	52	40	50	19
Total	113	8	13	15	14	9	19	6	28	38	54	41	52	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	75	6	9	10	11	4	13	2	20	25	35	26	35	13
	66%	73%	66%	69%	80%	41%	69%	28%	72%	66%	66%	63%	68%	68%
With another adult or adults	31	2	5	3	2	5	6	3	6	10	15	12	14	5
	27%	27%	34%	21%	13%	49%	31%	51%	20%	25%	28%	28%	28%	27%
With a child or children	10	-	-	3	1	1	-	1	4	5	5	4	4	2
	9%	-	-	19%	8%	11%	-	21%	13%	13%	9%	9%	7%	13%
NET: With somebody else	38	2	5	5	3	6	6	4	8	13	18	15	17	6
	34%	27%	34%	31%	20%	59%	31%	72%	28%	34%	34%	37%	32%	32%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D. SUMMARY: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	A lot more	A bit more	Neither more nor less	A bit less	A lot less	Don't know	NET: More	NET: Less
Cycling (either for leisure or travel)	321 100%	65 20%	130 40%	79 24%	39 12%	8 3%	1 *	195 61%	47 15%
Running or jogging	406 100%	81 20%	129 32%	117 29%	58 14%	19 5%	2 *	210 52%	77 19%
Other sport, exercise or physical activity	113 100%	30 27%	27 24%	40 35%	13 11%	3 3%	- -	57 51%	15 14%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	286 100%	45 16%	101 35%	90 32%	43 15%	6 2%	2 1%	145 51%	49 17%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	423 100%	65 15%	133 31%	164 39%	45 11%	13 3%	5 1%	197 47%	58 14%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	424 100%	64 15%	127 30%	151 36%	60 14%	20 5%	2 1%	191 45%	80 19%
Walking (either for leisure or travel)	1311 100%	127 10%	373 28%	565 43%	177 14%	64 5%	5 *	500 38%	241 18%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.1. Walking (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region									
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total	1308	608	696	405	444	459	77	173	133	133	125	101	191	238	137	
Total	1311	598	709	380	435	496	63	178	139	135	116	136	183	221	140	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more	(5.0)	127	56	71	59	52	15	4	23	12	18	11	5	24	21	9
		10%	9%	10%	16%	12%	3%	7%	13%	8%	13%	10%	4%	13%	10%	6%
					c	c			fi		f			fi		
A bit more	(4.0)	373	174	197	125	124	124	17	51	35	40	40	34	54	64	37
		28%	29%	28%	33%	28%	25%	27%	29%	25%	30%	35%	25%	29%	29%	26%
					c											
Neither more nor less	(3.0)	565	274	290	124	176	266	30	74	73	52	42	69	64	92	68
		43%	46%	41%	33%	40%	54%	47%	42%	52%	39%	36%	51%	35%	42%	49%
						a	ab			deg			eg			eg
A bit less	(2.0)	177	65	111	50	64	63	8	25	13	23	15	14	28	31	20
		14%	11%	16%	13%	15%	13%	13%	14%	9%	17%	13%	10%	15%	14%	14%
					a											
A lot less	(1.0)	64	26	38	19	19	26	4	4	6	-	7	12	12	12	6
		5%	4%	5%	5%	4%	5%	7%	2%	4%	-	6%	9%	7%	5%	4%
					d			d		d		d	bd	bd	d	d
Don't know		5	3	2	3	-	2	-	1	1	1	-	1	1	-	-
		*	*	*	1%	-	*	-	1%	1%	1%	-	1%	*	-	-
NET: More		500	230	268	185	176	139	21	74	46	58	52	39	78	85	45
		38%	38%	38%	49%	40%	28%	33%	41%	33%	43%	45%	29%	43%	39%	32%
					bc	c			f		f	fi		f		
NET: Less		241	91	149	69	83	89	13	29	19	23	22	26	40	43	26
		18%	15%	21%	18%	19%	18%	20%	16%	14%	17%	19%	19%	22%	19%	19%
					a											
Base for stats	1306	595	707	378	435	494	63	177	139	134	116	135	182	221	140	
Mean Score	3.25	3.28	3.22	3.42	3.29	3.08	3.13	3.37	3.24	3.40	3.29	3.04	3.27	3.23	3.16	
				c	c				fi		fi					
Standard Deviation	.972	.933	1.005	1.059	1.003	.842	.963	.952	.896	.927	1.020	.932	1.089	.990	.900	
Standard Error	.027	.038	.038	.053	.048	.039	.110	.073	.078	.081	.091	.093	.079	.064	.077	
Error variance	*	*	*	*	*	*	.01	.01	.01	.01	.01	.01	.01	*	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.1. Walking (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	1308	91	319	317	197	104	280	727	581	1139	30	68	39	9	7	153	
Total	1311	92	322	306	197	100	294	720	591	1148	30	65	38	8	6	148	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more (5.0)	127 10%	17 19%	30 9%	28 9%	21 11%	18 18%	12 4%	76 11%	51 9%	96 8%	4 13%	12 18%	10 26%	-	3 47%	29 19%	
		bcfgh	f	f	f	bcfgh		f	f			a	a			a	
A bit more (4.0)	373 28%	29 31%	97 30%	93 31%	66 33%	27 27%	61 21%	219 30%	154 26%	320 28%	13 42%	24 36%	11 29%	2 30%	1 16%	51 34%	
		f	f	f	fh			f									
Neither more nor less (3.0)	565 43%	29 31%	129 40%	122 40%	77 39%	42 42%	168 57%	279 39%	286 48%	525 46%	6 19%	15 23%	8 22%	4 54%	1 12%	34 23%	
							abcdegh		abcdg	bcdg							
A bit less (2.0)	177 14%	12 13%	47 15%	44 14%	24 12%	12 12%	38 13%	103 14%	74 12%	153 13%	5 15%	8 13%	5 13%	1 16%	2 26%	21 14%	
A lot less (1.0)	64 5%	5 6%	19 6%	16 5%	9 5%	2 2%	13 4%	40 6%	24 4%	51 4%	2 7%	7 11%	4 10%	-	-	13 9%	
												a				a	
Don't know *	5 *	-	-	3 1%	-	-	2 1%	3 *	2 *	3 *	1 3%	-	-	-	-	1 1%	
											a						
NET: More	500 38%	46 50%	127 39%	121 40%	87 44%	45 45%	73 25%	294 41%	205 35%	416 36%	16 55%	35 54%	21 55%	2 30%	4 63%	79 54%	
		fh	f	f	fh	fh		fh	f		a	a	a			a	
NET: Less	241 18%	17 19%	66 21%	60 20%	34 17%	13 13%	51 17%	143 20%	98 17%	204 18%	7 22%	15 23%	9 23%	1 16%	2 26%	34 23%	
Base for stats	1306	92	322	303	197	100	292	717	589	1145	29	65	38	8	6	147	
Mean Score	3.25	3.45	3.22	3.24	3.33	3.49	3.07	3.26	3.23	3.22	3.40	3.38	3.47	3.14	3.84	3.42	
		fh	f	f	f	bcfgh		f	f							a	
Standard Deviation	.972	1.113	1.006	.988	.986	.977	.821	1.014	.920	.936	1.139	1.229	1.306	.713	1.369	1.207	
Standard Error	.027	.117	.056	.056	.070	.096	.049	.038	.038	.028	.212	.149	.209	.238	.517	.098	
Error variance	*	.01	*	*	*	.01	*	*	*	*	.04	.02	.04	.06	.27	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.1. Walking (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	*e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	1308	909	187	170	357	234	78	297	94	16	30	104	88	90	277	312
Total	1311	841	226	210	436	231	79	291	94	15	29	99	76	91	305	310
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	127 10%	61 7%	29 13%	35 17%	64 15%	33 14%	8 10%	32 11%	11 12%	2 11%	2 7%	10 10%	12 15%	11 12%	7 2%	41 13%
			a	a	a	j	j	j	j			j	j	j		j
A bit more (4.0)	373 28%	211 25%	75 33%	78 37%	152 35%	67 29%	28 35%	92 32%	26 28%	4 27%	7 23%	25 25%	28 37%	17 19%	79 26%	95 31%
			a	a	a		i	i				ij				i
Neither more nor less (3.0)	565 43%	406 48%	77 34%	66 31%	143 33%	87 38%	22 28%	111 38%	42 45%	7 44%	16 56%	39 39%	22 29%	45 50%	174 57%	110 35%
		bcd							bh		bhk			bhk	abcdghk	
A bit less (2.0)	177 14%	116 14%	35 15%	22 11%	57 13%	37 16%	14 17%	39 13%	9 10%	2 13%	3 12%	18 18%	7 10%	13 14%	35 11%	51 16%
A lot less (1.0)	64 5%	43 5%	10 5%	8 4%	19 4%	7 3%	7 9%	17 6%	6 6%	1 5%	1 3%	8 8%	4 6%	4 4%	10 3%	15 5%
							aj									
Don't know	5 *	4 *	-	-	-	-	-	-	-	-	-	-	3 3%	1 1%	1 *	-
												acjk	k			
NET: More	500 38%	272 32%	103 46%	113 54%	217 50%	100 43%	35 45%	124 43%	37 40%	6 37%	8 29%	35 35%	40 52%	28 31%	85 28%	136 44%
			a	a	a	ij	j	j	j				fgij			ij
NET: Less	241 18%	159 19%	45 20%	31 15%	76 17%	44 19%	21 27%	56 19%	15 16%	3 19%	4 15%	25 26%	12 15%	16 18%	45 15%	65 21%
							j					j				j
Base for stats	1306	837	226	210	436	231	79	291	94	15	29	99	74	90	304	310
Mean Score	3.25	3.16	3.34	3.52	3.43	3.36	3.19	3.29	3.30	3.24	3.19	3.12	3.48	3.21	3.12	3.31
			a	a	a	j		j				gj				j
Standard Deviation	.972	.930	1.033	1.021	1.030	1.013	1.126	1.022	1.009	1.022	.850	1.065	1.061	.976	.758	1.043
Standard Error	.027	.031	.076	.078	.055	.066	.128	.059	.104	.255	.155	.104	.115	.104	.046	.059
Error variance	*	*	.01	.01	*	*	.02	*	.01	.07	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.1. Walking (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Total	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	1308	224	712	333	39	1084	155	904	146	182	29	956	315	39	1047	261	1101	197
Total	1311	211	706	354	40	1100	162	915	142	186	28	959	316	37	1042	269	1116	186
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	127 10%	16 8%	48 7%	58 16%	5 12%	111 10%	27 16%	82 9%	17 12%	12 7%	4 14%	94 10%	31 10%	1 2%	104 10%	22 8%	112 10%	14 7%
A bit more (4.0)	373 28%	50 24%	189 27%	123 35%	12 29%	323 29%	51 31%	266 29%	47 33%	53 28%	10 36%	263 27%	98 31%	11 29%	302 29%	71 26%	329 29%	41 22%
Neither more nor less (3.0)	565 43%	105 50%	330 47%	115 32%	15 39%	461 42%	54 34%	396 43%	46 32%	88 47%	7 24%	430 45%	123 39%	16 44%	440 42%	126 47%	472 42%	89 48%
A bit less (2.0)	177 14%	28 13%	101 14%	48 13%	1 2%	149 14%	21 13%	125 14%	23 16%	23 12%	6 21%	128 13%	43 14%	9 23%	138 13%	39 14%	145 13%	30 16%
A lot less (1.0)	64 5%	12 6%	35 5%	12 3%	5 14%	52 5%	9 6%	43 5%	9 6%	10 5%	2 5%	43 4%	20 6%	1 2%	53 5%	11 4%	55 5%	9 5%
Don't know	5 *	- -	3 *	- -	2 4%	5 *	- -	4 *	1 1%	- -	- -	2 *	1 *	- -	5 *	- -	3 *	2 1%
NET: More	500 38%	66 31%	237 34%	180 51%	16 41%	433 39%	77 48%	348 38%	63 45%	65 35%	14 50%	357 37%	129 41%	12 31%	406 39%	93 35%	441 40%	55 30%
NET: Less	241 18%	40 19%	136 19%	59 17%	6 15%	201 18%	30 19%	168 18%	32 22%	33 18%	7 26%	170 18%	63 20%	9 25%	191 18%	50 18%	200 18%	40 21%
Base for stats	1306	211	703	354	38	1095	162	911	141	186	28	958	316	37	1037	269	1113	184
Mean Score	3.25	3.14	3.16	3.47	3.25	3.27	3.40	3.24	3.28	3.18	3.33	3.25	3.25	3.07	3.26	3.21	3.27	3.11
Standard Deviation	.972	.944	.927	1.020	1.166	.977	1.086	.958	1.068	.926	1.133	.958	1.016	.839	.984	.929	.978	.939
Standard Error	.027	.063	.035	.056	.192	.030	.087	.032	.089	.069	.210	.031	.057	.134	.030	.057	.029	.067
Error variance	*	*	*	*	.04	*	.01	*	.01	*	.04	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.1. Walking (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	1308	143	111	189	212	130	166	76	281	531	523	400	586	307
Total	1311	143	107	190	210	129	170	77	284	529	531	400	592	306
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	127 10%	5 3%	5 4%	18 9% a	14 7%	18 14% abd	22 13% abd	13 17% abdi	33 12% ab	49 9% a	68 13% abd	102 25% bc	18 3%	6 2%
A bit more (4.0)	373 28%	29 20%	29 27%	45 23% a	66 31% a	44 34% ac	53 31% a	17 22% a	90 32% a	155 29% a	160 30% a	214 53% bc	91 15%	65 21% b
Neither more nor less (3.0)	565 43%	71 49% cei	45 42%	70 37%	84 40%	40 31%	74 44% e	40 52% cei	141 50% cdei	195 37%	256 48% cdei	53 13%	446 75% ac	60 20% a
A bit less (2.0)	177 14%	21 14% hj	14 13% h	39 21% fghj	38 18% hj	24 18% hj	20 12% h	7 9%	14 5%	101 19% fghj	41 8%	26 6%	31 5%	119 39% ab
A lot less (1.0)	64 5%	15 10% defghij	14 13% defghij	18 10% defghj	8 4% fj	3 2% f	- -	- -	6 2%	29 6% fghj	6 1%	5 1%	5 1%	55 18% ab
Don't know	5 *	3 2% cdhij	1 1% i	- -	- -	- -	1 *	- -	- -	- -	1 *	1 *	- -	1 *
NET: More	500 38%	34 24%	33 31%	62 33% a	80 38% a	62 48% abci	74 44% abc	30 39% a	123 43% abc	204 39% a	228 43% abc	315 79% bc	110 19%	71 23%
NET: Less	241 18%	35 25% fghj	28 26% fghj	57 30% fghj	46 22% fghj	27 21% fghj	20 12% fghj	7 9%	20 7% fghj	130 25% fghj	47 9%	30 8%	36 6%	174 57% ab
Base for stats	1306	140	106	190	210	129	169	77	284	529	530	399	592	305
Mean Score	3.25	2.93	2.95	3.03	3.19	3.38	3.45	3.47	3.46	3.18	3.46	3.96	3.15	2.51
Standard Deviation	.972	.957	1.056	1.099	.937	1.016	.866	.880	.841	1.024	.853	.867	.584	1.079
Standard Error	.027	.081	.101	.080	.064	.089	.067	.101	.050	.044	.037	.043	.024	.062
Error variance	*	.01	.01	.01	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.2. Cycling (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	*e	*f	g	h	i
Unweighted Total	320	196	121	128	118	74	12	46	31	31	26	28	54	60	32
Total	321	194	124	124	118	80	9	47	34	31	25	38	52	53	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 20%	37 19%	27 22%	35 28% c	27 23% c	3 4%	3 27%	7 14%	6 17%	5 15%	8 31%	6 15%	16 31% h	6 10%	10 31% h
A bit more (4.0)	130 40%	81 42%	48 39%	52 42%	41 35%	37 47%	2 17%	25 53% c	9 27%	12 38%	7 29%	17 46%	21 41%	25 47%	12 37%
Neither more nor less (3.0)	79 24%	48 24%	31 25%	19 15%	34 29% a	26 32% a	2 26%	11 23%	13 38% d	2 6%	8 30%	12 32%	10 19%	16 29% d	6 18%
A bit less (2.0)	39 12%	24 12%	14 11%	13 10%	14 12%	13 16%	1 8%	5 10%	5 15%	11 34% bghi	2 7%	3 8%	4 8%	7 14%	2 6%
A lot less (1.0)	8 3%	4 2%	4 3%	5 4%	2 2%	1 1%	1 15%	- -	1 3%	2 7% h	1 3%	- -	1 1%	- -	2 8% h
Don't know	1 *	1 *	- -	1 1%	- -	- -	1 7%	- -	- -	- -	- -	- -	- -	- -	- -
NET: More	195 61%	118 61%	75 61%	87 70% bc	67 57% c	40 51%	4 45%	32 67%	15 45%	17 53%	15 60%	23 60%	37 72% c	30 57%	22 69%
NET: Less	47 15%	28 14%	18 14%	18 14%	16 14%	13 17%	2 23%	5 10%	6 18%	13 41% bghi	2 10%	3 8%	5 9%	7 14%	4 14%
Base for stats	321	194	124	124	118	80	9	47	34	31	25	38	52	53	32
Mean Score	3.64	3.64	3.65	3.80 c	3.65 c	3.37	3.37	3.72 d	3.41	3.21	3.78	3.67	3.92 cdh	3.54	3.79
Standard Deviation	1.018	.991	1.038	1.091	1.019	.839	1.487	.834	1.047	1.267	1.065	.827	.978	.864	1.189
Standard Error	.057	.071	.094	.097	.094	.098	.448	.123	.188	.228	.209	.156	.133	.112	.210
Error variance	*	.01	.01	.01	.01	.01	.20	.02	.04	.05	.04	.02	.02	.01	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.2. Cycling (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	*e	f	g	h	a	*b	*c	*d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	320	45	75	78	58	26	38	198	122	272	16	12	10	1	3	42	
Total	321	45	79	79	58	24	36	203	118	274	17	12	9	1	3	42	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more (5.0)	65 20%	13 29%	11 14%	17 22%	13 22%	6 23%	5 14%	41 20%	24 20%	53 19%	4 23%	1 11%	2 22%	-	3 100%	10 23%	
A bit more (4.0)	130 40%	15 33%	36 45%	35 44%	23 40%	11 46%	10 29%	85 42%	45 38%	109 40%	8 47%	7 55%	4 42%	1 100%	-	20 47%	
Neither more nor less (3.0)	79 24%	9 21%	23 29%	16 20%	15 26%	5 21%	11 30%	48 24%	31 26%	73 27%	2 11%	1 7%	3 36%	-	-	6 14%	
A bit less (2.0)	39 12%	8 17%	10 12%	6 8%	7 11%	2 8%	7 18%	24 12%	15 13%	31 11%	2 13%	3 27%	-	-	-	5 13%	
A lot less (1.0)	8 3%	-	-	5 7%	-	-	3 9%	5 3%	3 3%	7 3%	1 6%	-	-	-	-	1 2%	
Don't know	1 *	-	-	-	-	1 3%	-	-	1 1%	-	-	-	-	-	-	-	
NET: More	195 61%	28 62%	47 59%	52 66%	36 62%	17 69%	15 43%	126 62%	68 58%	163 59%	12 70%	8 66%	6 64%	1 100%	3 100%	29 71%	
NET: Less	47 15%	8 17%	10 12%	11 14%	7 11%	2 8%	10 27%	29 14%	18 15%	38 14%	3 19%	3 27%	-	-	-	6 15%	
Base for stats	321	45	79	79	58	24	36	203	117	274	17	12	9	1	3	42	
Mean Score	3.64	3.73	3.60	3.66	3.73	3.86	3.22	3.66	3.60	3.62	3.69	3.50	3.86	4.00	5.00	3.76	
Standard Deviation	1.018	1.071	.877	1.107	.944	.881	1.180	1.011	1.035	1.009	1.170	1.047	.790	-	-	1.033	
Standard Error	.057	.160	.101	.125	.124	.176	.191	.072	.094	.061	.292	.302	.250	-	-	.159	
Error variance	*	.03	.01	.02	.02	.03	.04	.01	.01	*	.09	.09	.06	-	-	.03	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.2. Cycling (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	*b	c	*d	*e	*f	*g	*h	*i	*j	k		
Significance Level: 95%																	
Unweighted Total	320	180	52	64	116	63	27	100	24	6	5	27	25	17	26	90	
Total	321	157	64	80	144	65	28	103	23	5	4	24	24	16	28	94	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more	(5.0)	65	20	18	25	43	18	9	19	5	-	1	3	4	4	1	27
		20%	13%	28%	31%	30%	27%	33%	18%	21%	-	20%	14%	18%	26%	4%	29%
				a	a	a											
A bit more	(4.0)	130	61	25	31	57	29	11	42	9	2	1	7	9	4	15	40
		40%	39%	39%	39%	39%	45%	39%	40%	40%	49%	20%	31%	40%	24%	53%	43%
Neither more nor less	(3.0)	79	46	15	14	29	13	6	26	7	1	2	10	4	5	6	18
		24%	29%	23%	18%	20%	20%	20%	25%	30%	17%	41%	42%	18%	31%	21%	20%
A bit less	(2.0)	39	23	5	10	15	5	2	13	2	-	1	1	5	2	6	8
		12%	15%	8%	12%	10%	8%	8%	13%	10%	-	19%	3%	22%	15%	22%	8%
A lot less	(1.0)	8	6	1	-	1	-	-	3	-	1	-	2	1	1	-	-
		3%	4%	2%	-	1%	-	-	3%	-	21%	-	10%	3%	4%	-	-
Don't know		1	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-
		*	-	-	-	-	-	-	-	-	14%	-	-	-	-	-	-
NET: More		195	81	43	56	99	47	20	61	14	2	2	11	14	8	16	67
		61%	52%	68%	70%	69%	72%	72%	59%	60%	49%	40%	45%	58%	49%	57%	72%
				a	a	a											
NET: Less		47	30	6	10	16	5	2	17	2	1	1	3	6	3	6	8
		15%	19%	10%	12%	11%	8%	8%	16%	10%	21%	19%	13%	25%	19%	22%	8%
Base for stats		321	157	64	80	144	65	28	103	23	4	4	24	24	16	28	94
Mean Score		3.64	3.42	3.85	3.88	3.87	3.91	3.96	3.58	3.71	3.08	3.40	3.36	3.48	3.51	3.39	3.92
				a	a	a	c										c
Standard Deviation		1.018	1.023	.988	.986	.984	.898	.943	1.040	.928	1.416	1.149	1.112	1.131	1.190	.887	.907
Standard Error		.057	.076	.137	.123	.091	.113	.181	.104	.189	.633	.514	.214	.226	.289	.174	.096
Error variance		*	.01	.02	.02	.01	.01	.03	.01	.04	.40	.26	.05	.05	.08	.03	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.2. Cycling (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	320	55	148	101	16	265	54	199	31	33	16	238	74	6	247	73	271	45
Total	321	46	143	114	18	275	58	206	33	32	15	240	74	6	249	72	276	41
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 20%	3 7%	28 20%	29 26%	5 25%	61 22%	20 34%	38 19%	12 37%	7 23%	3 23%	41 17%	23 31%	- -	54 22%	11 15%	57 21%	8 19%
			a	a		a	b		d				d					
A bit more (4.0)	130 40%	18 38%	57 40%	48 43%	7 38%	112 41%	27 46%	83 40%	13 40%	17 54%	8 55%	94 39%	35 47%	4 71%	104 42%	26 36%	111 40%	17 41%
Neither more nor less (3.0)	79 24%	14 30%	38 26%	21 19%	6 31%	65 24%	7 11%	56 27%	4 12%	6 18%	3 22%	67 28%	12 16%	2 29%	56 22%	23 32%	69 25%	10 23%
							a					e						
A bit less (2.0)	39 12%	7 15%	17 12%	13 12%	1 6%	32 12%	5 8%	26 13%	3 8%	- -	- -	33 14%	3 4%	- -	29 11%	10 14%	33 12%	4 11%
												be						
A lot less (1.0)	8 3%	4 8%	3 2%	1 1%	- -	5 2%	- -	3 1%	1 2%	1 2%	- -	5 2%	1 2%	- -	7 3%	1 2%	6 2%	2 4%
			bce															
Don't know *	1 *	1 1%	- -	- -	- -	- -	- -	- -	- -	1 2%	- -	- -	1 1%	- -	- -	1 1%	- -	1 2%
										d								a
NET: More	195 61%	21 45%	85 59%	77 68%	11 63%	174 63%	47 80%	121 59%	25 77%	25 77%	12 78%	134 56%	58 78%	4 71%	158 63%	37 51%	168 61%	25 60%
				a		a	b		d	d			d					
NET: Less	47 15%	11 23%	20 14%	15 13%	1 6%	36 13%	5 8%	29 14%	3 10%	1 2%	- -	38 16%	4 6%	- -	35 14%	12 16%	40 14%	6 15%
												be						
Base for stats	321	46	143	114	18	275	58	206	33	31	15	240	73	6	249	72	276	41
Mean Score	3.64	3.21	3.62	3.79	3.82	3.71	4.06	3.62	4.01	3.98	4.01	3.55	4.02	3.71	3.68	3.48	3.65	3.62
			a	a		a	b		d	d			d					
Standard Deviation	1.018	1.067	1.002	.997	.903	.994	.893	.977	1.025	.818	.698	1.000	.901	.503	1.024	.987	1.008	1.046
Standard Error	.057	.145	.082	.099	.226	.061	.122	.069	.184	.145	.174	.065	.105	.205	.065	.116	.061	.158
Error variance	*	.02	.01	.01	.05	*	.01	*	.03	.02	.03	*	.01	.04	*	.01	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.2. Cycling (either for leisure or travel): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Unweighted Total	320	8	18	46	49	44	43	25	87	139	155	149	103	67
Total	321	7	17	47	47	45	43	28	87	139	158	155	100	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 20%	- -	3 14%	11 24%	5 10%	9 20%	11 25% d	9 33%	17 20%	25 18%	38 24% d	51 33% bc	6 6%	7 10%
A bit more (4.0)	130 40%	2 34%	8 47%	16 34%	25 54% c	17 37%	20 46%	9 33%	32 37%	58 42%	62 39%	76 49% b	27 27%	27 40%
Neither more nor less (3.0)	79 24%	- -	1 6%	12 25%	7 16%	13 28%	9 20%	7 24%	31 35% di	32 23%	46 29%	16 11%	55 55% ac	8 12%
A bit less (2.0)	39 12%	2 35%	4 21%	7 16%	8 17% j	6 14%	4 9%	2 7%	6 7%	21 15% hj	11 7%	10 6%	12 12%	17 26% ab
A lot less (1.0)	8 3%	2 31%	2 12%	- -	2 3%	1 2%	- -	1 4%	1 1%	2 2%	2 1%	1 *	1 1%	7 10% ab
Don't know	1 *	- -	- -	1 1%	- -	- -	- -	- -	- -	1 *	- -	- -	- -	1 1%
NET: More	195 61%	2 34%	11 61%	27 57%	30 64%	25 57%	31 71%	18 66%	50 57%	82 59%	99 63%	128 83% bc	33 33%	33 51% b
NET: Less	47 15%	5 66%	6 33%	7 16%	9 20% hj	7 15%	4 9%	3 10%	7 8%	24 17% hj	13 8%	11 7%	12 12%	24 37% ab
Base for stats	321	7	17	46	47	45	43	28	87	138	158	155	100	66
Mean Score	3.64	2.37	3.31	3.66	3.50	3.60	3.88	3.85	3.69	3.59	3.77	4.08 bc	3.25	3.14
Standard Deviation	1.018	1.341	1.318	1.024	1.001	1.014	.898	1.085	.899	1.008	.932	.857	.766	1.229
Standard Error	.057	.474	.311	.153	.143	.153	.137	.217	.096	.086	.075	.070	.075	.151
Error variance	*	.22	.10	.02	.02	.02	.02	.05	.01	.01	.01	*	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.3. Running or jogging: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	*e	*f	g	h	i
Unweighted Total	410	260	148	230	135	45	20	50	29	39	25	27	100	74	46
Total	406	252	152	216	141	49	16	49	32	41	23	35	94	70	46
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	81 20%	53 21%	28 18%	57 26% b	18 12%	7 14%	4 26%	12 25%	8 25%	5 12%	6 25%	4 13%	20 21%	13 19%	8 18%
A bit more (4.0)	129 32%	79 31%	50 33%	69 32%	45 32%	15 30%	5 30%	17 34%	12 37%	14 34%	11 49%	12 35%	32 34%	16 23%	11 23%
Neither more nor less (3.0)	117 29%	76 30%	40 26%	51 24%	46 33%	20 40% a	6 35%	12 24%	5 17%	16 39%	4 16%	13 36%	24 25%	22 32%	16 34%
A bit less (2.0)	58 14%	32 13%	26 17%	31 14%	22 16%	4 9%	1 9%	5 10%	4 13%	5 13%	1 4%	5 14%	16 17%	11 16%	9 19%
A lot less (1.0)	19 5%	10 4%	8 5%	6 3%	9 7%	4 7%	- -	3 7%	2 7%	1 2%	1 5%	- -	3 3%	6 9%	3 6%
Don't know	2 *	2 1%	- -	2 1%	- -	- -	- -	- -	- -	- -	- -	1 3%	1 1%	- -	- -
NET: More	210 52%	132 53%	77 51%	126 58% b	63 45%	21 44%	9 56%	29 59%	20 62%	19 46%	17 74%	17 47%	51 55%	29 42%	19 41%
NET: Less	77 19%	41 16%	34 23%	37 17%	32 22%	8 16%	1 9%	8 17%	7 21%	6 15%	2 10%	5 14%	18 20%	18 25%	11 24%
Base for stats	404	250	152	214	141	49	16	49	32	41	23	34	93	70	46
Mean Score	3.48	3.54	3.41	3.65 b	3.28	3.34	3.73	3.60	3.59	3.41	3.84	3.47	3.54	3.27	3.29
Standard Deviation	1.106	1.081	1.133	1.108	1.082	1.068	.977	1.170	1.218	.943	1.046	.906	1.089	1.215	1.145
Standard Error	.055	.067	.093	.073	.093	.159	.219	.165	.226	.151	.209	.178	.109	.141	.169
Error variance	*	*	.01	.01	.01	.03	.05	.03	.05	.02	.04	.03	.01	.02	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.3. Running or jogging: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			a	b	c	d	*e	f	g	h	a	*b	c	*d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		410	56	120	104	65	26	39	280	130	302	21	36	26	7	7	97
Total		406	57	122	100	65	24	37	280	126	300	23	33	26	7	7	95
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	81 20%	17 30% b	19 16%	17 17%	12 19%	6 25%	9 23%	54 19%	27 21%	57 19%	6 29%	7 22%	7 27%	-	2 27%	22 24%
A bit more	(4.0)	129 32%	18 32%	31 25%	33 33%	27 42% b	9 37%	10 27%	83 29%	46 37% b	93 31%	4 19%	12 36%	11 43%	4 67%	-	32 33%
Neither more nor less	(3.0)	117 29%	10 17%	42 34% a	31 31%	16 25%	5 20%	14 37% a	83 30%	35 28%	97 32% g	5 23%	8 23%	5 21%	-	-	18 19%
A bit less	(2.0)	58 14%	9 16%	22 18%	14 14%	6 10%	2 9%	4 10%	46 16%	12 10%	41 14%	5 20%	4 12%	1 3%	2 33%	3 44%	14 15%
A lot less	(1.0)	19 5%	2 4%	9 7%	3 3%	3 4%	1 5%	1 3%	14 5%	5 4%	12 4%	1 5%	2 7%	2 7%	-	2 29%	7 8%
Don't know		2 *	- -	- -	1 1%	- -	1 3%	- -	1 *	1 1%	- -	1 5%	- -	- -	- -	- -	1 1%
NET: More		210 52%	36 62% b	50 41%	51 51%	40 61% b	15 63%	19 50%	137 49%	73 58% b	150 50%	11 47%	19 58%	18 69%	4 67%	2 27%	54 57%
NET: Less		77 19%	12 21%	31 25% h	17 17%	9 14%	3 14%	5 13%	60 21%	17 14%	53 18%	6 25%	6 19%	2 9%	2 33%	5 73%	22 23%
Base for stats		404	57	122	99	65	23	37	279	125	300	22	33	26	7	7	94
Mean Score		3.48	3.68 b	3.24	3.49	3.61 b	3.71	3.58	3.42	3.62 b	3.47	3.47	3.53	3.80	3.35	2.51	3.51
Standard Deviation		1.106	1.196	1.143	1.028	1.040	1.134	1.053	1.125	1.054	1.070	1.301	1.177	1.095	1.017	1.686	1.230
Standard Error		.055	.160	.104	.101	.129	.227	.169	.067	.093	.062	.291	.196	.215	.384	.637	.126
Error variance		*	.03	.01	.01	.02	.05	.03	*	.01	*	.08	.04	.05	.15	.41	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.3. Running or jogging: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	410	208	91	82	173	88	38	123	30	7	12	30	49	18	15	126
Total	406	171	109	103	211	87	40	126	30	6	12	29	42	19	16	126
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	81 20%	36 21%	17 16%	22 21%	39 19%	17 19%	11 29% c	17 13%	4 15%	2 27%	2 17%	9 32% c	14 33% c	4 19%	1 7%	28 22%
A bit more (4.0)	129 32%	49 29%	43 40%	32 31%	75 35%	35 41% g	10 25%	39 31%	13 43% g	1 14%	2 14%	5 18%	13 30%	6 29%	6 38%	45 36%
Neither more nor less (3.0)	117 29%	56 33% b	23 21%	33 32%	56 26%	19 22%	10 24%	43 34% hk	10 34% h	1 26%	5 39%	11 39% h	6 14%	4 22%	8 49%	29 23%
A bit less (2.0)	58 14%	23 13%	22 20% c	9 8%	30 14%	12 14%	6 16%	21 17%	1 4%	1 15%	1 8%	2 8%	7 17%	5 24%	1 6%	19 15%
A lot less (1.0)	19 5%	7 4%	3 3%	7 7%	11 5%	3 4%	3 7%	6 4%	1 4%	1 18%	2 17%	1 4%	1 3%	1 5%	- -	6 5%
Don't know	2 *	1 1%	-	-	-	-	-	-	-	-	1 6%	-	1 2%	-	-	-
NET: More	210 52%	85 50%	60 56%	54 52%	114 54%	52 60% c	21 53%	56 45%	17 57%	2 41%	4 30%	14 50%	27 63% c	9 48%	7 45%	73 58% c
NET: Less	77 19%	30 17%	25 23%	16 16%	41 19%	15 18%	9 23%	27 21%	3 9%	2 33%	3 25%	3 11%	9 20%	6 29%	1 6%	24 19%
Base for stats	404	170	109	103	211	87	40	126	30	6	11	29	41	19	16	126
Mean Score	3.48	3.50	3.45	3.51	3.48	3.58	3.52	3.33	3.59	3.17	3.06	3.67	3.74 c	3.33	3.46	3.56
Standard Deviation	1.106	1.088	1.082	1.136	1.106	1.066	1.261	1.047	.954	1.591	1.346	1.128	1.210	1.218	.750	1.126
Standard Error	.055	.076	.113	.125	.084	.114	.205	.094	.174	.601	.406	.206	.175	.287	.194	.100
Error variance	*	.01	.01	.02	.01	.01	.04	.01	.03	.36	.16	.04	.03	.08	.04	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.3. Running or jogging: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Total	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	410	46	183	151	30	364	85	265	42	31	19	307	83	7	333	77	341	61
Total	406	40	179	156	31	366	91	262	41	31	19	303	83	7	331	75	342	56
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	81 20%	5 13%	30 17%	39 25%	7 22%	76 21%	19 21%	55 21%	10 25%	5 15%	4 19%	60 20%	17 21%	-	66 20%	15 20%	70 20%	9 16%
A bit more (4.0)	129 32%	11 28%	53 30%	55 36%	9 29%	118 32%	38 42%	77 29%	16 40%	13 41%	6 31%	92 30%	31 38%	3 52%	109 33%	20 27%	113 33%	14 25%
Neither more nor less (3.0)	117 29%	17 42%	58 32%	37 24%	6 18%	101 27%	16 18%	80 31%	8 20%	8 24%	5 25%	92 30%	19 23%	1 20%	99 30%	18 24%	97 28%	18 32%
A bit less (2.0)	58 14%	3 8%	33 18%	17 11%	5 17%	55 15%	11 13%	42 16%	2 5%	5 16%	3 14%	47 16%	9 11%	1 11%	43 13%	15 20%	45 13%	12 22%
A lot less (1.0)	19 5%	3 7%	5 3%	8 5%	4 11%	16 4%	7 7%	9 3%	4 10%	1 4%	2 11%	12 4%	6 7%	1 17%	13 4%	6 8%	16 5%	3 5%
Don't know *	2 *	1 2%	-	-	1 3%	1 *	-	-	-	-	-	-	-	-	1 *	1 1%	1 *	-
NET: More	210 52%	16 41%	83 46%	94 61%	16 51%	193 53%	56 62%	132 50%	27 65%	17 56%	10 50%	152 50%	48 58%	3 52%	174 53%	35 47%	182 53%	23 41%
NET: Less	77 19%	6 15%	38 21%	24 16%	9 28%	71 19%	18 20%	50 19%	6 15%	6 20%	5 24%	59 20%	15 18%	2 28%	56 17%	21 28%	62 18%	15 27%
Base for stats	404	39	179	156	30	365	91	262	41	31	19	303	83	7	330	74	341	56
Mean Score	3.48	3.33	3.39	3.65	3.34	3.50	3.55	3.49	3.64	3.48	3.34	3.46	3.53	3.07	3.52	3.32	3.51	3.25
Standard Deviation	1.106	1.045	1.059	1.115	1.333	1.112	1.172	1.089	1.214	1.056	1.270	1.092	1.161	1.240	1.073	1.238	1.103	1.118
Standard Error	.055	.156	.078	.091	.247	.058	.127	.067	.187	.190	.291	.062	.127	.469	.059	.142	.060	.143
Error variance	*	.02	.01	.01	.06	*	.02	*	.04	.04	.08	*	.02	.22	*	.02	*	.02



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.3. Running or jogging: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	410	8	21	53	74	55	68	33	98	182	199	193	134	81
Total	406	7	23	51	72	55	68	34	96	178	198	192	130	82
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	81 20%	3 37%	3 14%	6 11%	14 19%	14 26%	17 25%	3 9%	21 22%	34 19%	41 21%	66 35% bc	7 6%	7 8%
A bit more (4.0)	129 32%	4 51%	2 9%	13 27%	21 29%	20 37%	26 38%	12 36%	30 31%	55 31%	68 35%	87 45% bc	28 22%	14 17%
Neither more nor less (3.0)	117 29%	1 11%	4 18%	18 36%	18 25%	15 27%	15 22%	12 36%	34 36%	51 29%	62 31%	28 15%	78 61% ac	11 13%
A bit less (2.0)	58 14%	- -	10 45%	9 19%	13 19% h	5 9%	7 10%	5 15%	8 8%	28 16%	20 10%	7 4%	12 9% a	38 47% ab
A lot less (1.0)	19 5%	- -	2 10%	4 8% h	6 8% h	1 2%	3 5%	1 3%	2 2%	11 6%	6 3%	3 2%	4 3%	13 15% ab
Don't know	2 *	- -	1 4%	- -	- -	- -	- -	- -	1 1%	- -	1 *	1 1%	- -	- -
NET: More	210 52%	6 89%	5 23%	19 38%	35 48%	35 63% c	43 63% c	15 46%	52 54%	88 50%	110 55% c	153 80% bc	35 27%	20 25%
NET: Less	77 19%	- -	13 55%	14 27% ehj	19 27% ehj	6 10%	10 15%	6 18%	9 10%	39 22% hj	26 13%	10 5%	16 12% a	51 62% ab
Base for stats	404	7	22	51	72	55	68	34	95	178	197	191	130	82
Mean Score	3.48	4.26	2.71	3.14	3.32	3.76 cdi	3.68 c	3.33	3.65 c	3.41	3.61 c	4.08 bc	3.18 c	2.56
Standard Deviation	1.106	.700	1.247	1.108	1.219	.998	1.106	.960	.972	1.144	1.021	.884	.784	1.176
Standard Error	.055	.248	.279	.152	.142	.135	.134	.167	.099	.085	.073	.064	.068	.131
Error variance	*	.06	.08	.02	.02	.02	.02	.03	.01	.01	.01	*	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	423	165	257	212	144	67	19	44	40	48	31	29	94	79	39
Total	424	159	264	202	149	73	16	46	41	48	30	40	92	74	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	64	24	40	38	20	7	3	6	4	7	4	4	14	12	9
	15%	15%	15%	19%	13%	9%	17%	14%	11%	16%	12%	9%	15%	17%	24%
A bit more (4.0)	127	52	75	63	53	11	8	12	11	15	10	9	33	19	10
	30%	33%	28%	31%	36%	15%	49%	25%	27%	32%	34%	23%	36%	26%	26%
				c	c										
Neither more nor less (3.0)	151	57	92	57	50	43	3	20	13	16	10	21	28	26	13
	36%	36%	35%	28%	34%	59%	19%	45%	33%	33%	35%	51%	31%	35%	35%
						ab									
A bit less (2.0)	60	16	44	30	24	6	2	5	8	8	4	4	10	14	5
	14%	10%	17%	15%	16%	8%	10%	11%	20%	16%	15%	10%	11%	19%	13%
A lot less (1.0)	20	8	12	12	1	7	1	1	3	1	1	3	6	3	1
	5%	5%	4%	6%	1%	9%	5%	2%	7%	2%	4%	7%	7%	4%	2%
				b		b									
Don't know	2	1	2	2	1	-	-	1	1	1	-	-	-	-	-
	1%	*	1%	1%	1%	-	-	2%	2%	2%	-	-	-	-	-
NET: More	191	77	114	101	72	18	11	18	15	22	14	13	48	31	19
	45%	48%	43%	50%	49%	25%	66%	40%	38%	47%	47%	32%	52%	42%	50%
				c	c										
NET: Less	80	24	55	42	25	12	2	6	11	9	6	7	16	17	6
	19%	15%	21%	21%	17%	17%	15%	14%	27%	18%	19%	17%	18%	23%	15%
Base for stats	422	158	262	201	148	73	16	45	40	47	30	40	92	74	38
Mean Score	3.37	3.44	3.33	3.42	3.45	3.08	3.62	3.38	3.15	3.43	3.36	3.18	3.43	3.32	3.57
				c	c										
Standard Deviation	1.052	1.035	1.064	1.136	.944	.981	1.070	.964	1.102	1.028	1.026	.988	1.092	1.083	1.072
Standard Error	.051	.081	.067	.078	.079	.120	.245	.147	.176	.150	.184	.183	.113	.122	.172
Error variance	*	.01	*	.01	.01	.01	.06	.02	.03	.02	.03	.03	.01	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	423	46	118	115	57	38	49	279	144	328	18	33	23	8	5	87	
Total	424	46	120	110	60	38	50	275	149	329	20	32	22	7	5	86	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more (5.0)	64 15%	9 19%	17 14%	23 21% h	5 9%	5 13%	5 10%	48 18%	16 11%	48 14%	4 23%	5 16%	3 15%	- -	1 16%	14 16%	
A bit more (4.0)	127 30%	20 44% bf	30 25%	31 29%	22 37%	12 33%	11 22%	81 30%	46 31%	100 30%	3 16%	7 23%	9 40%	3 37%	4 84%	26 31%	
Neither more nor less (3.0)	151 36%	9 20%	50 41% ac	29 26% ac	26 43% ac	14 36%	23 46% ac	88 32%	63 42% acg	119 36%	7 36%	12 37%	7 30%	2 34%	- -	28 33%	
A bit less (2.0)	60 14%	6 13%	17 14%	19 18%	5 8%	6 15%	7 13%	43 15%	17 11%	47 14%	5 25%	5 15%	1 6%	1 16%	- -	12 14%	
A lot less (1.0)	20 5%	2 3%	5 4%	7 6%	2 4%	1 3%	3 7%	13 5%	6 4%	14 4%	- -	3 8%	2 9%	- -	- -	5 5%	
Don't know	2 1%	- -	1 1%	1 1%	- -	- -	1 2%	2 1%	1 1%	1 *	- -	- -	- -	1 12%	- -	1 1%	
NET: More	191 45%	29 63% bfg	47 39%	54 49% f	28 46%	18 46%	16 32%	130 47%	62 41%	148 45%	8 39%	13 39%	12 55%	3 37%	5 100%	40 47%	
NET: Less	80 19%	8 17%	22 19%	26 24%	7 11%	7 18%	10 20%	56 20%	24 16%	61 19%	5 25%	7 23%	3 15%	1 16%	- -	17 20%	
Base for stats	422	46	119	109	60	38	49	274	148	328	20	32	22	6	5	85	
Mean Score	3.37	3.62	3.30	3.41	3.41	3.39	3.16	3.40	3.32	3.37	3.37	3.24	3.46	3.24	4.16	3.38	
Standard Deviation	1.052	1.059	1.027	1.179	.892	.999	1.021	1.097	.964	1.034	1.120	1.161	1.119	.808	.415	1.090	
Standard Error	.051	.156	.095	.110	.118	.162	.147	.066	.081	.057	.264	.202	.233	.305	.185	.118	
Error variance	*	.02	.01	.01	.01	.03	.02	*	.01	*	.07	.04	.05	.09	.03	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	*b	c	d	*e	*f	g	h	*i	j	k	
Significance Level: 95%																
Unweighted Total	423	229	94	81	175	98	27	114	32	9	9	37	44	22	31	125
Total	424	196	113	100	214	99	29	115	33	8	9	34	40	22	35	128
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	64 15%	23 12%	21 19%	18 18%	39 18%	17 17%	7 24%	16 14%	5 16%	- -	- -	3 10%	10 25%	3 15%	2 6%	24 19%
A bit more (4.0)	127 30%	48 24%	44 39%	31 31%	75 35%	30 31%	8 27%	41 36%	9 26%	2 24%	4 44%	12 34%	11 26%	5 24%	6 16%	38 30%
Neither more nor less (3.0)	151 36%	84 43%	26 23%	35 35%	61 29%	36 36%	7 24%	35 31%	14 42%	3 34%	3 28%	14 41%	12 29%	7 34%	21 60%	43 33%
A bit less (2.0)	60 14%	28 14%	17 15%	12 12%	29 14%	15 15%	8 26%	15 13%	5 16%	2 19%	2 18%	3 9%	6 14%	2 7%	3 9%	22 18%
A lot less (1.0)	20 5%	11 6%	5 4%	4 4%	9 4%	1 1%	- -	7 6%	- -	2 23%	- -	2 6%	2 5%	3 12%	3 10%	1 1%
Don't know	2 1%	2 1%	- -	- -	- -	- -	- -	- -	- -	- -	1 10%	- -	- -	2 7%	- -	- -
NET: More	191 45%	71 36%	65 58%	49 49%	114 53%	48 48%	15 51%	57 50%	14 42%	2 24%	4 44%	15 44%	20 51%	9 40%	8 22%	63 49%
NET: Less	80 19%	39 20%	22 20%	16 16%	38 18%	16 16%	8 26%	22 19%	5 16%	3 42%	2 18%	5 15%	8 20%	4 19%	6 18%	23 18%
Base for stats	422	194	113	100	214	99	29	115	33	8	8	34	40	20	35	128
Mean Score	3.37	3.22	3.52	3.47	3.50	3.49	3.49	3.38	3.41	2.59	3.30	3.32	3.50	3.26	3.00	3.49
Standard Deviation	1.052	1.028	1.092	1.045	1.068	.979	1.133	1.077	.952	1.157	.828	1.001	1.182	1.232	.941	1.011
Standard Error	.051	.068	.113	.116	.081	.099	.218	.101	.168	.386	.293	.165	.178	.276	.169	.090
Error variance	*	*	.01	.01	.01	.01	.05	.01	.03	.15	.09	.03	.03	.08	.03	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Total	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	423	53	203	154	13	370	51	307	50	44	10	314	93	10	363	60	344	75
Total	424	49	194	167	14	375	55	308	48	44	11	315	93	9	362	62	349	71
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	64 15%	7 15%	22 11%	30 18%	4 30%	57 15%	8 15%	48 15%	11 23%	9 20%	2 21%	44 14%	20 22%	1 9%	51 14%	13 21%	53 15%	11 15%
A bit more (4.0)	127 30%	8 17%	59 30%	56 34%	4 28%	119 32%	20 36%	95 31%	13 26%	12 26%	5 42%	97 31%	26 28%	3 29%	109 30%	18 29%	107 31%	19 27%
Neither more nor less (3.0)	151 36%	25 51%	72 37%	51 30%	3 19%	126 33%	15 28%	106 34%	11 23%	14 32%	3 23%	118 37%	25 27%	3 29%	126 35%	25 41%	123 35%	26 36%
A bit less (2.0)	60 14%	6 12%	33 17%	18 11%	3 23%	54 14%	6 10%	46 15%	9 18%	6 13%	2 14%	45 14%	14 15%	2 24%	58 16%	2 3%	50 14%	10 14%
A lot less (1.0)	20 5%	2 5%	7 4%	11 6%	- -	18 5%	5 8%	12 4%	4 8%	4 9%	- -	10 3%	7 7%	1 9%	18 5%	2 4%	15 4%	5 8%
Don't know	2 1%	- -	1 *	2 1%	- -	2 1%	2 3%	1 *	1 2%	- -	- -	1 *	1 1%	- -	1 *	2 3%	2 *	- -
NET: More	191 45%	15 31%	81 42%	87 52%	8 58%	176 47%	28 50%	143 46%	24 49%	20 46%	7 63%	141 45%	46 50%	4 38%	161 44%	30 49%	160 46%	30 42%
NET: Less	80 19%	8 17%	40 21%	28 17%	3 23%	71 19%	10 19%	58 19%	13 26%	10 22%	2 14%	55 17%	21 22%	3 33%	75 21%	4 7%	64 18%	15 21%
Base for stats	422	49	194	165	14	373	54	307	48	44	11	314	92	9	362	60	347	71
Mean Score	3.37	3.24	3.29	3.47	3.66	3.39	3.39	3.39	3.39	3.36	3.71	3.38	3.43	3.05	3.33	3.60	3.39	3.28
Standard Deviation	1.052	1.021	.999	1.105	1.180	1.056	1.135	1.044	1.258	1.208	.997	.998	1.203	1.169	1.057	.994	1.042	1.120
Standard Error	.051	.140	.070	.090	.327	.055	.162	.060	.180	.182	.315	.056	.125	.370	.056	.131	.056	.129
Error variance	*	.02	*	.01	.11	*	.03	*	.03	.03	.10	*	.02	.14	*	.02	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5+ days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Unweighted Total	423	10	20	51	83	51	85	28	95	185	208	169	147	104
Total	424	9	22	52	83	49	85	28	96	184	209	170	150	101
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	64 15%	- -	1 4%	1 2%	13 16% c	11 22% c	15 18% c	5 18%	18 19% c	25 14% c	38 18% c	48 28% bc	9 6%	7 7%
A bit more (4.0)	127 30%	2 21%	6 27%	16 31%	25 30%	14 28%	29 34%	10 36%	26 27%	55 30%	65 31%	80 47% bc	25 17%	21 21%
Neither more nor less (3.0)	151 36%	4 40%	5 25%	17 32%	27 33%	14 28%	30 35%	11 40%	43 45% ei	58 31%	84 40%	34 20%	100 67% ac	16 15%
A bit less (2.0)	60 14%	2 21%	4 19%	13 25% fhj	13 15%	10 21% hj	10 11%	1 3%	7 8%	36 19% hj	18 9%	6 4%	11 7%	43 42% ab
A lot less (1.0)	20 5%	2 18%	5 21%	5 10% efhj	5 6%	- -	2 2%	1 4%	1 1%	10 5%	4 2%	3 2%	3 2%	14 14% ab
Don't know	2 1%	- -	1 4%	- -	- -	1 2%	- -	- -	1 1%	1 *	1 *	- -	2 1%	1 1%
NET: More	191 45%	2 21%	7 30%	17 33%	38 46%	25 50%	44 52% c	15 54%	44 45%	80 44%	103 49% c	127 75% bc	34 23%	28 27%
NET: Less	80 19%	4 39%	9 40%	18 35% fhj	17 21% hj	10 21% hj	11 13%	2 7%	9 9%	46 25% fhj	22 10%	9 5%	14 9%	57 56% ab
Base for stats	422	9	21	52	83	48	85	28	95	183	208	170	149	100
Mean Score	3.37	2.64	2.72	2.91	3.36	3.52	3.54	3.61	3.54	3.27	3.55	3.96	3.18	2.63
Standard Deviation	1.052	1.057	1.224	1.023	1.104	1.066	.979	.946	.931	1.093	.948	.877	.735	1.163
Standard Error	.051	.334	.281	.143	.121	.151	.106	.179	.096	.081	.066	.067	.061	.115
Error variance	*	.11	.08	.02	.01	.02	.01	.03	.01	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	433	231	201	183	128	122	14	60	44	45	34	27	87	80	42
Total	423	224	198	167	126	131	11	59	45	44	30	36	82	73	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 15%	38 17%	27 14%	42 25% bc	20 16% c	3 2%	1 6%	8 14%	4 8%	8 18%	6 19%	5 14%	17 21%	10 13%	7 16%
A bit more (4.0)	133 31%	69 31%	64 32%	53 32%	40 32%	39 30%	3 30%	16 27%	14 32%	14 31%	11 37%	6 18%	33 40%	21 29%	14 33%
Neither more nor less (3.0)	164 39%	95 42%	68 34%	45 27%	47 38% a	71 54% ab	5 42%	29 49%	19 42%	16 36%	12 39%	21 58%	19 23%	27 38%	15 35%
A bit less (2.0)	45 11%	17 7%	28 14% a	17 10%	16 13%	12 9%	2 22%	4 7%	7 15%	4 9%	1 5%	3 8%	6 7%	12 16%	6 14%
A lot less (1.0)	13 3%	5 2%	8 4%	5 3%	3 2%	5 4%	- -	2 3%	1 3%	2 4%	- -	- -	4 5%	3 4%	1 2%
Don't know	5 1%	2 1%	3 1%	4 2%	- -	1 1%	- -	- -	- -	1 2%	- -	1 3%	3 3%	- -	- -
NET: More	197 47%	107 47%	91 46%	95 57% c	60 48% c	42 32%	4 36%	24 40%	18 40%	22 49%	17 56%	11 31%	50 61% bch	31 42%	21 49%
NET: Less	58 14%	21 10%	37 18% a	23 14%	19 15%	17 13%	2 22%	6 10%	8 18%	6 13%	1 5%	3 8%	10 12%	15 20% e	7 16%
Base for stats	419	223	195	163	126	130	11	59	45	44	30	35	79	73	42
Mean Score	3.46	3.53	3.37	3.67 c	3.46 c	3.18	3.20	3.41	3.28	3.50	3.70 c	3.38	3.67 ch	3.31	3.47
Standard Deviation	.981	.933	1.031	1.077	.976	.776	.892	.929	.921	1.042	.839 c	.841	1.066	1.030	.991
Standard Error	.047	.062	.073	.080	.086	.071	.239	.120	.139	.157	.144	.165	.116	.115	.153
Error variance	*	*	.01	.01	.01	*	.06	.01	.02	.02	.02	.03	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g	
Unweighted Total	433	49	107	97	78	30	72	253	180	337	22	37	22	4	8	93	
Total	423	51	108	93	75	27	70	252	172	333	21	34	21	4	8	87	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more	(5.0)	65	13	21	14	10	6	2	47	18	44	6	7	5	1	3	21
		15%	26%	19%	15%	13%	21%	3%	19%	10%	13%	29%	21%	21%	23%	35%	25%
			fh	fh	f	f	f		fh							a	
A bit more	(4.0)	133	11	29	33	29	8	23	73	60	108	1	10	10	2	2	25
		31%	21%	27%	36%	39%	29%	33%	29%	35%	32%	4%	30%	49%	46%	30%	29%
					a												
Neither more nor less	(3.0)	164	16	48	31	26	11	32	95	69	137	9	10	5	-	1	25
		39%	31%	44%	34%	35%	39%	46%	38%	40%	41%	42%	29%	25%	-	15%	28%
											g						
A bit less	(2.0)	45	11	6	9	9	1	10	26	19	35	4	5	-	1	-	10
		11%	21%	6%	10%	11%	4%	14%	10%	11%	11%	20%	14%	-	32%	-	11%
			beg														
A lot less	(1.0)	13	1	4	4	1	2	1	9	4	9	-	2	-	-	1	3
		3%	2%	3%	5%	2%	7%	2%	4%	2%	3%	-	7%	-	-	10%	3%
Don't know		5	-	1	2	-	-	2	3	2	2	1	-	1	-	1	3
		1%	-	1%	2%	-	-	2%	1%	1%	1%	5%	-	5%	-	9%	3%
																a	
NET: More		197	24	50	47	39	14	25	120	78	151	7	17	15	2	5	46
		47%	46%	46%	50%	52%	50%	36%	48%	45%	45%	33%	51%	70%	68%	65%	53%
NET: Less		58	11	10	13	10	3	11	34	24	44	4	7	-	1	1	13
		14%	22%	9%	14%	13%	11%	15%	14%	14%	13%	20%	20%	-	32%	10%	15%
			b														
Base for stats	419	51	107	91	75	27	68	249	170	331	20	34	20	4	7	84	
Mean Score	3.46	3.48	3.53	3.47	3.50	3.53	3.23	3.50	3.40	3.43	3.44	3.45	3.97	3.59	3.88	3.62	
			f					f									
Standard Deviation	.981	1.140	.982	1.020	.919	1.098	.802	1.026	.910	.937	1.168	1.173	.714	1.357	1.346	1.100	
Standard Error	.047	.163	.095	.105	.104	.200	.096	.065	.068	.051	.255	.193	.156	.678	.509	.116	
Error variance	*	.03	.01	.01	.01	.04	.01	*	*	*	.06	.04	.02	.46	.26	.01	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	*d	*e	*f	*g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	433	294	59	60	119	77	40	103	27	7	12	25	46	33	63	117
Total	423	262	71	75	146	72	41	100	27	7	11	24	40	32	68	113
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 15%	29 11%	11 15%	22 30%	33 23%	17 24%	10 24%	16 16%	4 16%	- -	- -	4 16%	10 26%	2 7%	1 1%	27 24%
				a	a	ij	j	j					ij			ij
A bit more (4.0)	133 31%	80 31%	31 44%	15 20%	46 31%	23 32%	16 39%	32 31%	10 37%	1 17%	5 43%	8 34%	10 26%	12 36%	16 23%	39 35%
				c												
Neither more nor less (3.0)	164 39%	116 44%	17 24%	26 35%	43 30%	23 32%	10 25%	41 41%	11 39%	5 72%	5 44%	10 41%	9 23%	9 29%	41 59%	33 29%
				bd				h							abchik	
A bit less (2.0)	45 11%	26 10%	9 12%	9 12%	18 12%	6 8%	3 7%	10 10%	2 9%	1 11%	- -	2 10%	7 18%	6 18%	8 11%	8 7%
													k			
A lot less (1.0)	13 3%	8 3%	2 3%	2 3%	5 3%	4 5%	2 5%	1 1%	- -	- -	2 14%	- -	- -	3 8%	2 3%	6 5%
														c		
Don't know	5 1%	3 1%	1 2%	- -	1 1%	- -	- -	- -	- -	- -	- -	- -	3 7%	1 2%	1 1%	- -
													ack			
NET: More	197 47%	109 42%	42 59%	37 50%	79 54%	40 56%	26 63%	48 48%	14 53%	1 17%	5 43%	12 49%	21 52%	14 43%	17 25%	66 58%
				a	a	j	j	j					j			j
NET: Less	58 14%	34 13%	11 16%	11 15%	22 15%	9 13%	5 12%	11 11%	2 9%	1 11%	2 14%	2 10%	7 18%	8 26%	10 15%	14 12%
														c		
Base for stats	419	259	70	75	145	72	41	100	27	7	11	24	37	32	67	113
Mean Score	3.46	3.37	3.56	3.61	3.59	3.62	3.70	3.52	3.60	3.06	3.15	3.55	3.64	3.16	3.08	3.65
				a	a	ij	ij	j					j			ij
Standard Deviation	.981	.920	1.014	1.134	1.074	1.083	1.070	.927	.870	.569	1.024	.887	1.105	1.081	.731	1.075
Standard Error	.047	.054	.133	.146	.099	.123	.169	.091	.168	.215	.296	.177	.169	.191	.093	.099
Error variance	*	*	.02	.02	.01	.02	.03	.01	.03	.05	.09	.03	.03	.04	.01	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Total	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	433	77	219	116	21	356	55	285	43	70	20	303	116	12	365	68	362	66
Total	423	71	210	120	22	352	58	279	41	68	20	298	111	11	352	72	356	63
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 15%	5 7%	28 13%	28 24%	4 17%	60 17%	21 37%	37 13%	8 20%	3 4%	5 27%	49 16%	14 13%	- -	61 17%	4 6%	52 15%	13 21%
A bit more (4.0)	133 31%	25 34%	64 31%	38 32%	5 24%	108 31%	17 29%	87 31%	14 34%	28 41%	6 32%	91 31%	38 34%	6 51%	109 31%	24 33%	112 31%	20 32%
Neither more nor less (3.0)	164 39%	32 45%	88 42%	35 29%	8 36%	132 37%	11 19%	114 41%	11 27%	27 40%	7 37%	116 39%	42 38%	3 26%	126 36%	38 53%	137 39%	22 35%
A bit less (2.0)	45 11%	7 10%	21 10%	12 10%	4 18%	38 11%	7 13%	29 10%	7 18%	6 9%	- -	32 11%	12 11%	2 15%	40 11%	5 8%	41 11%	4 7%
A lot less (1.0)	13 3%	2 3%	7 4%	4 3%	- -	11 3%	1 2%	10 3%	1 2%	3 4%	- -	9 3%	3 2%	1 7%	13 4%	- -	10 3%	3 5%
Don't know	5 1%	1 1%	1 *	2 2%	1 5%	4 1%	- -	2 1%	- -	2 2%	1 4%	1 *	2 2%	- -	4 1%	1 1%	5 1%	- -
NET: More	197 47%	29 41%	92 44%	67 56%	9 41%	168 48%	38 66%	125 45%	22 53%	30 45%	12 59%	140 47%	52 47%	6 51%	170 48%	28 38%	164 46%	33 53%
NET: Less	58 14%	9 13%	29 14%	16 13%	4 18%	49 14%	9 15%	39 14%	8 20%	9 13%	- -	42 14%	14 13%	3 23%	53 15%	5 8%	50 14%	8 12%
Base for stats	419	70	210	118	21	349	58	277	41	66	19	297	109	11	348	71	351	63
Mean Score	3.46	3.33	3.40	3.64	3.41	3.48	3.85	3.41	3.51	3.33	3.90	3.46	3.45	3.21	3.47	3.37	3.44	3.56
Standard Deviation	.981	.860	.964	1.057	1.011	1.002	1.134	.967	1.077	.855	.831	.990	.935	1.006	1.027	.711	.970	1.066
Standard Error	.047	.099	.065	.099	.226	.053	.153	.057	.164	.104	.191	.057	.088	.290	.054	.087	.051	.131
Error variance	*	.01	*	.01	.05	*	.02	*	.03	.01	.04	*	.01	.08	*	.01	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		*a	*b	c	d	e	f	*g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	433	16	28	63	87	37	60	20	122	187	202	183	165	85
Total	423	15	28	62	84	37	58	20	119	184	197	180	162	82
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	65 15%	- -	1 5%	9 14%	11 13%	7 19%	14 24%	3 15%	20 17%	27 15%	37 19%	45 25% bc	14 8%	7 8%
A bit more (4.0)	133 31%	3 19%	11 41%	19 30%	31 37%	12 33%	16 27%	6 31%	35 29%	62 34%	56 29%	84 47% bc	26 16%	23 28% b
Neither more nor less (3.0)	164 39%	7 50%	7 27%	22 35%	30 36%	13 36%	19 32%	10 50%	55 46%	65 36%	84 42%	31 17%	112 69% ac	21 26%
A bit less (2.0)	45 11%	4 24%	3 10%	9 14%	8 9%	5 12%	9 16% h	1 4%	8 6%	21 12%	17 9%	14 8%	8 5%	23 28% ab
A lot less (1.0)	13 3%	1 8%	2 8%	4 7% j	3 4%	- -	1 1%	- -	2 1%	7 4%	2 1%	2 1%	2 1%	9 10% ab
Don't know	5 1%	- -	3 10%	- -	1 1%	- -	- -	- -	1 1%	1 1%	1 *	4 2%	1 *	- -
NET: More	197 47%	3 19%	13 46%	28 44%	42 50%	19 51%	29 51%	9 46%	55 46%	89 48%	93 47%	129 72% bc	39 24%	30 36% b
NET: Less	58 14%	5 32%	5 18%	13 21% hj	11 13%	5 12%	10 17%	1 4%	9 8%	29 16% h	20 10%	17 9%	10 6%	31 38% ab
Base for stats	419	15	25	62	83	37	58	20	119	183	196	176	161	82
Mean Score	3.46	2.79	3.27	3.31	3.47	3.58	3.56	3.58	3.54	3.44	3.55	3.88 bc	3.25 c	2.96
Standard Deviation	.981	.868	1.047	1.092	.969	.945	1.065	.809	.896	1.008	.937	.927	.736	1.148
Standard Error	.047	.217	.209	.138	.104	.155	.137	.181	.081	.074	.066	.069	.057	.125
Error variance	*	.05	.04	.02	.01	.02	.02	.03	.01	.01	*	*	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	*d	e	*f	g	h	*i
Unweighted Total	279	131	147	133	106	40	10	39	26	24	30	16	59	48	27
Total	286	129	156	130	112	43	9	39	28	24	31	22	57	48	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	45	25	20	22	17	5	1	7	8	2	4	-	10	6	7
	16%	19%	13%	17%	15%	12%	10%	17%	29%	8%	13%	-	17%	13%	26%
A bit more (4.0)	101	45	56	45	40	15	5	11	7	10	14	8	17	20	8
	35%	35%	36%	35%	36%	35%	53%	29%	24%	39%	47%	39%	30%	42%	30%
Neither more nor less (3.0)	90	38	53	39	37	14	2	16	9	7	10	8	17	13	7
	32%	29%	34%	30%	33%	32%	27%	40%	32%	30%	33%	36%	30%	28%	27%
A bit less (2.0)	43	17	25	20	15	8	-	5	4	5	1	6	10	8	4
	15%	13%	16%	15%	13%	18%	-	13%	15%	22%	4%	26%	17%	16%	14%
A lot less (1.0)	6	4	2	3	2	1	-	-	-	-	1	-	3	1	1
	2%	3%	1%	2%	2%	2%	-	-	-	-	4%	-	6%	1%	3%
Don't know	2	1	1	1	1	-	1	1	-	-	-	-	-	-	-
	1%	1%	1%	1%	1%	-	10%	2%	-	-	-	-	-	-	-
NET: More	145	69	76	67	57	20	6	18	15	12	18	8	27	26	15
	51%	54%	49%	52%	51%	47%	63%	46%	53%	48%	59%	39%	47%	55%	56%
NET: Less	49	21	27	23	17	9	-	5	4	5	2	6	13	8	5
	17%	16%	17%	17%	15%	21%	-	13%	15%	22%	7%	26%	23%	17%	17%
Base for stats	284	128	155	129	111	43	8	38	28	24	31	22	57	48	27
Mean Score	3.48	3.53	3.44	3.49	3.50	3.37	3.81	3.51	3.67	3.34	3.61	3.13	3.35	3.49	3.62
Standard Deviation	.997	1.050	.948	1.021	.973	1.000	.655	.934	1.069	.931	.911	.811	1.132	.969	1.120
Standard Error	.060	.092	.078	.089	.095	.158	.218	.152	.210	.190	.166	.203	.147	.140	.216
Error variance	*	.01	.01	.01	.01	.02	.05	.02	.04	.04	.03	.04	.02	.02	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			*a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		279	26	87	60	58	20	28	173	106	218	14	22	15	2	2	55
Total		286	28	90	61	60	21	27	178	108	224	15	21	16	2	2	55
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	45 16%	7 24%	15 17%	9 15%	10 16%	1 6%	2 9%	31 18%	13 12%	32 14%	3 21%	3 14%	4 23%	- -	1 58%	11 20%
A bit more	(4.0)	101 35%	11 38%	30 33%	25 42%	17 29%	8 36%	11 39%	65 37%	35 33%	82 36%	8 50%	6 30%	4 23%	1 51%	1 42%	19 34%
Neither more nor less	(3.0)	90 32%	5 18%	30 33%	16 26%	21 35%	8 36%	11 42%	50 28%	40 37%	73 33%	2 13%	8 38%	4 26%	1 49%	- -	15 27%
A bit less	(2.0)	43 15%	5 17%	13 15%	9 15%	9 14%	5 22%	3 10%	27 15%	16 15%	31 14%	3 17%	3 14%	4 22%	- -	- -	9 16%
A lot less	(1.0)	6 2%	1 3%	2 2%	2 3%	2 3%	- -	- -	4 2%	2 2%	5 2%	- -	1 4%	- -	- -	- -	1 1%
Don't know		2 1%	- -	- -	- -	2 3%	- -	- -	- -	2 2%	1 *	- -	- -	1 5%	- -	- -	1 1%
NET: More		145 51%	17 62%	45 50%	34 57%	27 45%	9 42%	13 48%	97 54%	48 45%	113 51%	11 71%	9 44%	7 46%	1 51%	2 100%	30 54%
NET: Less		49 17%	6 20%	15 17%	11 17%	10 17%	5 22%	3 10%	31 18%	17 16%	36 16%	3 17%	4 18%	4 22%	- -	- -	10 18%
Base for stats		284	28	90	61	58	21	27	178	106	223	15	21	15	2	2	54
Mean Score		3.48	3.63	3.48	3.52	3.42	3.27	3.47	3.52	3.40	3.46	3.75	3.37	3.50	3.51	4.58	3.55
Standard Deviation		.997	1.127	1.016	1.009	1.028	.888	.807	1.027	.943	.978	1.005	1.032	1.142	.780	.739	1.039
Standard Error		.060	.221	.109	.130	.137	.199	.153	.078	.093	.066	.269	.220	.305	.551	.523	.141
Error variance		*	.05	.01	.02	.02	.04	.02	.01	.01	*	.07	.05	.09	.30	.27	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	*b	c	*d	*e	*f	*g	*h	*i	*j	k	
Significance Level: 95%																
Unweighted Total	279	126	64	73	137	59	24	67	28	7	10	24	26	17	17	83
Total	286	109	76	88	164	60	26	70	29	6	9	24	24	19	19	85
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	45 16%	12 11%	15 20%	16 18%	31 19%	7 12%	4 15%	13 19%	4 12%	- -	1 9%	4 17%	7 28%	3 16%	2 13%	11 13%
A bit more (4.0)	101 35%	39 36%	23 31%	33 37%	56 34%	16 26%	11 43%	34 48%	8 27%	1 11%	4 41%	8 34%	7 30%	4 23%	8 42%	27 31%
Neither more nor less (3.0)	90 32%	36 33%	24 31%	26 30%	50 30%	14 24%	9 35%	18 26%	11 39%	6 89%	4 39%	10 41%	7 27%	3 17%	9 45%	23 27%
A bit less (2.0)	43 15%	17 16%	13 17%	12 14%	25 15%	20 33%	1 4%	5 7%	3 10%	- -	1 11%	2 8%	3 12%	8 45%	- -	21 24%
A lot less (1.0)	6 2%	3 3%	- -	1 1%	1 1%	2 3%	1 4%	- -	3 9%	- -	- -	- -	1 3%	- -	- -	2 3%
Don't know	2 1%	1 1%	1 1%	- -	1 1%	1 2%	- -	- -	1 3%	- -	- -	- -	- -	- -	- -	1 1%
NET: More	145 51%	51 47%	39 51%	48 55%	87 53%	23 39%	15 57%	47 67%	12 40%	1 11%	5 50%	12 51%	14 58%	7 38%	10 55%	38 44%
NET: Less	49 17%	20 19%	13 17%	13 15%	27 16%	21 36%	2 7%	5 7%	6 19%	- -	1 11%	2 8%	4 15%	8 45%	- -	23 27%
Base for stats	284	108	75	88	163	59	26	70	29	6	9	24	24	19	19	84
Mean Score	3.48	3.37	3.54	3.56	3.55	3.13	3.61	3.78	3.24	3.11	3.47	3.59	3.68	3.09	3.68	3.27
Standard Deviation	.997	.983	1.008	.986	.993	1.103	.924	.834	1.120	.347	.850	.880	1.114	1.166	.706	1.070
Standard Error	.060	.088	.127	.115	.085	.145	.189	.102	.215	.131	.269	.180	.219	.283	.171	.118
Error variance	*	.01	.02	.01	.01	.02	.04	.01	.05	.02	.07	.03	.05	.08	.03	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		*a	b	c	*d	e	a	b	a	b	*c	d	e	*f	a	b	a	*b
Significance Level: 95%																		
Unweighted Total	279	29	121	117	12	250	47	193	41	35	13	188	81	7	227	52	245	29
Total	286	26	117	129	13	260	49	200	42	36	13	193	83	7	231	55	254	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	45 16%	1 3%	18 16%	24 19%	1 8%	44 17%	9 19%	32 16%	9 22%	4 10%	1 6%	31 16%	12 15%	1 19%	35 15%	10 18%	39 16%	5 19%
A bit more (4.0)	101 35%	12 46%	37 31%	47 37%	4 33%	88 34%	20 41%	67 34%	17 41%	12 32%	8 60%	67 35%	33 39%	3 43%	84 36%	17 30%	94 37%	6 23%
Neither more nor less (3.0)	90 32%	8 30%	37 32%	39 31%	6 44%	82 32%	13 26%	63 32%	9 22%	13 35%	2 16%	65 34%	22 27%	1 21%	74 32%	16 30%	81 32%	5 20%
A bit less (2.0)	43 15%	3 12%	22 19%	17 13%	1 7%	40 15%	6 12%	34 17%	6 15%	7 18%	2 18%	26 13%	14 17%	1 17%	32 14%	11 20%	35 14%	6 24%
A lot less (1.0)	6 2%	2 6%	3 2%	1 1%	1 7%	4 2%	- -	4 2%	- -	1 2%	- -	4 2%	1 1%	- -	6 3%	- -	3 1%	3 10%
Don't know	2 1%	1 3%	1 1%	- -	- -	1 *	1 2%	- -	- -	1 2%	- -	- -	1 1%	- -	1 *	1 1%	1 *	1 3%
NET: More	145 51%	13 50%	55 47%	72 56%	5 41%	132 51%	29 60%	99 49%	26 63%	15 42%	8 66%	97 51%	45 54%	4 62%	119 51%	27 48%	133 52%	11 42%
NET: Less	49 17%	5 18%	25 21%	18 14%	2 14%	44 17%	6 12%	38 19%	6 15%	7 20%	2 18%	30 16%	15 18%	1 17%	38 16%	11 20%	39 15%	9 34%
Base for stats	284	26	116	129	13	259	48	200	42	35	13	193	82	7	230	54	253	26
Mean Score	3.48	3.30	3.39	3.61	3.28	3.49	3.68	3.44	3.69	3.30	3.55	3.49	3.50	3.64	3.48	3.47	3.52	3.17
Standard Deviation	.997	.955	1.039	.960	1.002	1.001	.935	1.018	.990	.979	.882	.987	.981	1.053	.992	1.026	.959	1.321
Standard Error	.060	.181	.095	.089	.289	.063	.138	.073	.155	.168	.245	.072	.110	.398	.066	.144	.061	.250
Error variance	*	.03	.01	.01	.08	*	.02	.01	.02	.03	.06	.01	.01	.16	*	.02	*	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	c	d	e	*f	*g	h	i	j	a	b	c
Unweighted Total	279	12	27	50	53	35	29	14	59	138	102	105	107	67
Total	286	12	28	49	56	36	30	16	59	141	105	107	111	68
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	45 16%	1 9%	3 12%	10 20%	7 12%	5 13%	6 19%	3 16%	11 18%	21 15%	19 18%	28 27% bc	7 6%	9 14%
A bit more (4.0)	101 35%	3 23%	13 47%	9 19%	19 35%	18 50% c	12 42%	7 41%	19 32%	47 33%	38 36% c	45 42%	37 33%	19 27%
Neither more nor less (3.0)	90 32%	6 51%	6 21%	18 36%	17 30%	7 20%	8 28%	7 43%	21 36%	42 30%	36 35%	21 20%	57 52% ac	12 17%
A bit less (2.0)	43 15%	2 17%	4 13%	10 20%	12 22% j	5 15%	3 9%	- -	7 12%	28 20% j	10 9%	12 11%	9 8%	22 32% ab
A lot less (1.0)	6 2%	- -	1 4%	2 5%	- -	- -	1 3%	- -	1 2%	2 2%	2 2%	- -	- -	6 9% ab
Don't know	2 1%	- -	1 3%	- -	- -	1 2%	- -	- -	- -	1 1%	- -	- -	1 1%	1 1%
NET: More	145 51%	4 33%	16 59%	19 39%	26 47%	23 63% c	18 60%	9 57%	30 50%	68 48%	57 54%	73 69% bc	44 40%	28 41%
NET: Less	49 17%	2 17%	5 17%	12 25% j	12 22%	5 15%	4 12%	- -	8 14%	30 21% j	12 11%	12 11%	9 8%	28 41% ab
Base for stats	284	12	27	49	56	35	30	16	59	140	105	107	110	68
Mean Score	3.48	3.25	3.51	3.29	3.37	3.63	3.65	3.74	3.51	3.41	3.58	3.84 bc	3.38 c	3.05
Standard Deviation	.997	.879	1.035	1.158	.971	.903	.992	.746	1.000	1.027	.959	.950	.725	1.236
Standard Error	.060	.254	.203	.164	.133	.155	.184	.199	.130	.088	.095	.093	.070	.152
Error variance	*	.06	.04	.03	.02	.02	.03	.04	.02	.01	.01	.01	*	.02



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.7. Other sport, exercise or physical activity: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	110	60	50	33	23	54	4	17	13	8	11	8	16	19	14
Total	113	61	52	32	23	58	3	18	14	9	10	12	15	18	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	30 27%	21 35%	9 18%	15 49%	5 23%	9 16%	- -	7 41%	5 38%	2 21%	2 22%	2 13%	5 36%	5 25%	2 14%
A bit more (4.0)	27 24%	10 17%	17 33%	5 17%	7 31%	15 26%	2 46%	2 13%	2 17%	2 28%	4 35%	1 12%	4 25%	4 21%	6 45%
Neither more nor less (3.0)	40 35%	23 37%	17 33%	5 17%	6 25%	28 49%	1 29%	6 34%	4 32%	3 37%	4 36%	9 75%	1 8%	9 48%	3 21%
A bit less (2.0)	13 11%	5 8%	8 15%	3 8%	5 21%	5 9%	1 25%	2 13%	2 13%	1 13%	1 7%	- -	3 19%	- -	3 20%
A lot less (1.0)	3 3%	2 3%	1 2%	3 9%	- -	- -	- -	- -	- -	- -	- -	- -	2 13%	1 6%	- -
Don't know	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: More	57 51%	31 52%	26 50%	21 66%	13 54%	24 42%	2 46%	10 54%	8 55%	4 49%	6 57%	3 25%	9 61%	8 46%	8 59%
NET: Less	15 14%	7 11%	9 17%	6 18%	5 21%	5 9%	1 25%	2 13%	2 13%	1 13%	1 7%	- -	5 32%	1 6%	3 20%
Base for stats	113	61	52	32	23	58	3	18	14	9	10	12	15	18	14
Mean Score	3.61	3.72	3.49	3.88	3.56	3.49	3.21	3.81	3.80	3.57	3.73	3.38	3.52	3.60	3.53
Standard Deviation	1.077	1.123	1.020	1.365	1.078	.876	.970	1.139	1.130	1.030	.931	.737	1.498	1.072	1.009
Standard Error	.103	.145	.144	.238	.225	.119	.485	.276	.313	.364	.281	.261	.375	.246	.270
Error variance	.01	.02	.02	.06	.05	.01	.24	.08	.10	.13	.08	.07	.14	.06	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.7. Other sport, exercise or physical activity: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade							Ethnicity								
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		*a	*b	c	*d	*e	f	g	h	a	*b	*c	*d	*e	*f	*g	
Significance Level: 95%																	
Unweighted Total	110	12	22	31	8	5	32	65	45	92	1	7	7	-	3	18	
Total	113	12	23	32	8	4	33	68	45	94	1	6	9	-	3	19	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	
A lot more	(5.0)	30	4	7	9	-	1	8	21	10	23	-	2	5	-	-	7
		27%	34%	32%	28%	-	25%	26%	30%	21%	25%	-	33%	60%	-	-	38%
A bit more	(4.0)	27	2	5	9	3	1	6	17	11	23	-	1	1	-	2	4
		24%	17%	22%	29%	40%	33%	18%	25%	24%	25%	-	12%	16%	-	53%	20%
Neither more nor less	(3.0)	40	4	5	13	5	-	13	22	18	36	-	2	-	-	2	4
		35%	35%	21%	41%	60%	-	39%	33%	39%	38%	-	40%	-	-	47%	21%
A bit less	(2.0)	13	1	4	1	-	2	5	5	7	10	1	1	1	-	-	3
		11%	7%	16%	3%	-	42%	16%	8%	16%	10%	100%	16%	13%	-	-	15%
A lot less	(1.0)	3	1	2	-	-	-	-	3	-	2	-	-	1	-	-	1
		3%	7%	9%	-	-	-	-	4%	-	2%	-	-	12%	-	-	5%
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: More	57	6	13	18	3	3	14	37	20	47	-	3	6	-	2	11	
	51%	51%	55%	57%	40%	58%	44%	55%	45%	50%	-	45%	75%	-	53%	58%	
NET: Less	15	2	6	1	-	2	5	8	7	12	1	1	2	-	-	4	
	14%	13%	25%	3%	-	42%	16%	12%	16%	12%	100%	16%	25%	-	-	20%	
Base for stats	113	12	23	32	8	4	33	68	45	94	1	6	9	-	3	19	
Mean Score	3.61	3.66	3.53	3.82	3.40	3.40	3.54	3.69	3.50	3.60	2.00	3.62	3.98	-	3.53	3.70	
Standard Deviation	1.077	1.254	1.349	.881	.524	1.428	1.063	1.121	1.010	1.036	-	1.203	1.570	-	.593	1.294	
Standard Error	.103	.362	.288	.158	.185	.639	.188	.139	.151	.108	-	.455	.593	-	.342	.305	
Error variance	.01	.13	.08	.03	.03	.41	.04	.02	.02	.01	-	.21	.35	-	.12	.09	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.7. Other sport, exercise or physical activity: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	j	*k	
Significance Level: 95%																
Unweighted Total	110	84	13	13	26	13	8	16	2	2	3	11	10	9	36	21
Total	113	80	16	16	33	13	8	17	3	2	3	10	10	9	39	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	30 27%	19 23%	3 22%	8 48%	11 35%	2 16%	3 40%	4 25%	- -	2 100%	- -	3 34%	5 52%	4 44%	6 17%	5 25%
A bit more (4.0)	27 24%	20 25%	5 33%	2 13%	7 23%	5 37%	1 12%	4 25%	3 100%	- -	- -	1 9%	2 18%	2 28%	10 25%	6 27%
Neither more nor less (3.0)	40 35%	32 39%	4 24%	4 26%	8 25%	4 30%	3 38%	7 40%	- -	- -	2 70%	2 24%	1 7%	1 16%	19 51%	7 33%
A bit less (2.0)	13 11%	9 11%	2 14%	1 7%	3 11%	2 11%	1 10%	2 10%	- -	- -	1 30%	2 23%	1 11%	1 12%	3 8%	2 11%
A lot less (1.0)	3 3%	1 1%	1 7%	1 6%	2 6%	1 6%	- -	- -	- -	- -	- -	1 10%	1 11%	- -	- -	1 4%
Don't know	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: More	57 51%	39 48%	9 54%	10 61%	19 58%	7 53%	4 52%	8 49%	3 100%	2 100%	- -	4 43%	7 70%	6 73%	16 41%	11 52%
NET: Less	15 14%	10 12%	3 21%	2 13%	6 17%	2 17%	1 10%	2 10%	- -	- -	1 30%	3 33%	2 23%	1 12%	3 8%	3 15%
Base for stats	113	80	16	16	33	13	8	17	3	2	3	10	10	9	39	21
Mean Score	3.61	3.58	3.48	3.89	3.69	3.45	3.81	3.64	4.00	5.00	2.70	3.34	3.88	4.05	3.50	3.59
Standard Deviation	1.077	1.006	1.214	1.288	1.250	1.119	1.150	.997	-	*	.568	1.477	1.509	1.099	.875	1.116
Standard Error	.103	.110	.337	.357	.245	.310	.407	.249	-	*	.328	.445	.477	.366	.146	.244
Error variance	.01	.01	.11	.13	.06	.10	.17	.06	-	*	.11	.20	.23	.13	.02	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.7. Other sport, exercise or physical activity: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Total	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	b	*c	*d	e	*a	b	*a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total	110	21	62	21	6	89	13	76	19	20	3	74	34	7	80	30	96	14
Total	113	21	62	24	5	91	14	77	18	19	3	78	33	6	81	32	100	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	30 27%	5 25%	12 19%	11 47%	2 34%	25 27%	5 35%	20 26%	6 32%	3 18%	2 56%	21 27%	9 27%	1 15%	22 28%	8 24%	25 25%	5 39%
A bit more (4.0)	27 24%	8 39%	13 21%	3 14%	2 46%	19 21%	1 5%	18 24%	5 30%	9 45%	- -	16 20%	10 32%	4 58%	17 21%	11 33%	25 25%	2 18%
Neither more nor less (3.0)	40 35%	5 22%	30 48%	5 21%	- -	35 38%	5 36%	30 39%	3 15%	3 17%	1 44%	32 42%	7 20%	1 13%	27 34%	13 39%	39 39%	1 9%
A bit less (2.0)	13 11%	2 10%	7 12%	3 13%	- -	10 11%	2 17%	8 10%	4 23%	4 20%	- -	5 7%	7 21%	1 15%	13 16%	- -	9 9%	4 28%
A lot less (1.0)	3 3%	1 4%	- -	1 4%	1 20%	2 2%	1 7%	1 1%	- -	- -	- -	3 4%	- -	- -	2 2%	1 3%	2 2%	1 6%
Don't know	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: More	57 51%	14 64%	25 40%	15 61%	4 80%	44 48%	6 40%	38 49%	11 62%	12 63%	2 56%	37 47%	19 59%	5 72%	39 48%	18 58%	50 50%	7 56%
NET: Less	15 14%	3 14%	7 12%	4 17%	1 20%	13 14%	3 24%	9 12%	4 23%	4 20%	- -	8 11%	7 21%	1 15%	14 18%	1 3%	11 11%	4 34%
Base for stats	113	21	62	24	5	91	14	77	18	19	3	78	33	6	81	32	100	13
Mean Score	3.61	3.71	3.47	3.87	3.73	3.59	3.44	3.62	3.72	3.60	4.12	3.60	3.65	3.72	3.56	3.76	3.62	3.54
Standard Deviation	1.077	1.086	.938	1.279	1.598	1.080	1.352	1.030	1.170	1.030	1.209	1.080	1.113	.967	1.127	.941	1.028	1.463
Standard Error	.103	.237	.119	.279	.653	.114	.375	.118	.268	.230	.698	.126	.191	.365	.126	.172	.105	.391
Error variance	.01	.06	.01	.08	.43	.01	.14	.01	.07	.05	.49	.02	.04	.13	.02	.03	.01	.15

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q6D.7. Other sport, exercise or physical activity: In the past week, do you think you have done more, less or the same amount of these activities, compared to the previous week?

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active									Amount of activity in the past week compared to previous week			
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	a	b	*c
Unweighted Total	110	8	14	14	13	9	18	6	28	36	52	40	50	19
Total	113	8	13	15	14	9	19	6	28	38	54	41	52	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	30 27%	2 23%	2 15%	5 35%	4 26%	4 46%	4 20%	2 40%	7 25%	13 34%	13 25%	24 58%	4 8%	2 11%
A bit more (4.0)	27 24%	2 28%	7 50%	4 24%	2 13%	2 20%	7 35%	1 11%	4 14%	7 19%	11 21%	9 22%	14 26%	4 23%
Neither more nor less (3.0)	40 35%	2 27%	4 30%	5 34%	6 45%	1 11%	5 27%	3 49%	13 47%	12 32%	21 40%	5 11%	31 59%	5 24%
A bit less (2.0)	13 11%	2 22%	1 5%	- -	2 16%	1 12%	3 14%	- -	4 14%	3 9%	7 13%	3 8%	4 7%	5 26%
A lot less (1.0)	3 3%	- -	- -	1 7%	- -	1 11%	1 4%	- -	- -	2 5%	1 2%	- -	- -	3 16%
Don't know	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: More	57 51%	4 51%	8 65%	9 58%	5 39%	6 66%	11 55%	3 51%	11 39%	20 53%	25 46%	33 80%	18 34%	6 34%
NET: Less	15 14%	2 22%	1 5%	1 7%	2 16%	2 23%	4 18%	- -	4 14%	6 14%	8 14%	3 8%	4 7%	8 42%
Base for stats	113	8	13	15	14	9	19	6	28	38	54	41	52	19
Mean Score	3.61	3.52	3.74	3.78	3.48	3.78	3.52	3.91	3.50	3.68	3.55	4.30	3.35	2.87
Standard Deviation	1.077	1.151	.803	1.178	1.085	1.492	1.116	1.023	1.036	1.204	1.053	.978	.732	1.273
Standard Error	.103	.407	.215	.315	.301	.497	.263	.417	.196	.201	.146	.155	.103	.292
Error variance	.01	.17	.05	.10	.09	.25	.07	.17	.04	.04	.02	.02	.01	.09

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q8. SUMMARY: How much do you agree or disagree with each of these statements today?**

BASE: All respondents

	Total	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
I feel that I have the ability to be physically active	2002 100%	525 26%	947 47%	265 13%	161 8%	91 5%	13 1%	1472 74%	252 13%
I feel that I have the opportunity to be physically active	2002 100%	512 26%	949 47%	306 15%	150 7%	72 4%	14 1%	1460 73%	222 11%
It is important to me to exercise regularly	2002 100%	577 29%	879 44%	373 19%	102 5%	56 3%	16 1%	1456 73%	157 8%
I find exercise enjoyable and satisfying	2002 100%	442 22%	760 38%	465 23%	209 10%	118 6%	8 *	1202 60%	327 16%
I feel guilty when I don't exercise	2002 100%	309 15%	786 39%	429 21%	329 16%	135 7%	15 1%	1095 55%	464 23%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	525 26%	266 27%	256 25%	173 29% c	181 28% c	170 23%	22 23%	71 27%	59 30% d	44 21%	38 22%	65 29%	90 28%	85 26%	50 24%
Agree (4.0)	947 47%	470 48%	473 47%	292 48%	325 50%	331 45%	46 47%	130 50%	87 44%	110 52%	85 49%	95 43%	140 44%	160 49%	95 47%
Neither agree nor disagree (3.0)	265 13%	127 13%	137 13%	77 13%	88 13%	100 14%	14 15%	25 10%	30 15%	29 14%	19 11%	30 13%	46 15%	44 14%	28 14%
Disagree (2.0)	161 8%	68 7%	93 9%	45 7%	38 6%	78 10% b	10 10%	23 9%	13 7%	15 7%	21 12%	15 7%	27 8%	24 7%	14 7%
Strongly disagree (1.0)	91 5%	35 4%	54 5%	14 2%	18 3%	59 8% ab	3 3%	12 5%	6 3%	11 5%	9 5%	17 8% cgh	9 3%	11 4%	13 7% g
Don't know	13 1%	8 1%	3 *	6 1%	4 1%	3 *	1 1%	- -	2 1%	1 *	- -	- -	5 2% b	1 *	3 2% b
NET: Agree	1472 74%	736 76%	729 72%	465 77% c	506 77% c	501 68%	68 70%	200 77%	146 74%	154 73%	123 72%	160 72%	231 73%	245 75%	145 71%
NET: Disagree	252 13%	104 11%	146 14% a	60 10%	56 9%	137 18% ab	13 14%	35 13%	18 9%	26 12%	30 17% cgh	32 14%	35 11%	35 11%	28 14%
Base for stats	1989	967	1012	601	650	738	95	261	194	208	171	222	313	324	201
Mean Score	3.83	3.89 b	3.78	3.94 c	3.94 c	3.64	3.77	3.86	3.93	3.77	3.72	3.79	3.89	3.87	3.77
Standard Deviation	1.051	1.004	1.088	.964 c	.945 c	1.176	1.032	1.061	.991	1.026	1.099	1.164	1.009	.997	1.107
Standard Error	.024	.032	.035	.038	.037	.045	.096	.066	.073	.071	.081	.090	.056	.053	.078
Error variance	*	*	*	*	*	*	.01	*	.01	.01	.01	.01	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	525 26%	52 34% efh	152 33% defh	136 29% efh	73 26% fh	30 19%	82 17%	340 31% efh	185 20%	424 25%	20 32%	33 30%	26 36% a	3 23%	9 67%	91 33% a
Agree (4.0)	947 47%	80 52% f	237 52% cfh	213 45%	134 48%	84 53% f	200 41%	530 49% f	417 45%	807 48%	30 46%	55 51%	29 41%	5 41%	2 17%	122 45%
Neither agree nor disagree (3.0)	265 13%	13 8%	38 8%	65 14% b	41 14% b	23 15% b	86 18% abg	115 11% abg	150 16% abg	225 13%	6 9%	13 12%	11 16%	3 28%	2 16%	36 13%
Disagree (2.0)	161 8%	6 4%	19 4%	39 8% b	24 9% b	10 6%	63 13% abceg	64 6%	97 11% abg	139 8%	8 12%	6 6%	4 6%	1 9%	-	19 7%
Strongly disagree (1.0)	91 5%	3 2%	7 2%	16 3%	9 3%	8 5% bg	48 10% abcdg	26 2%	65 7% abcdg	90 5% dg	-	1 1%	-	-	-	1 1%
Don't know	13 1%	1 *	3 1%	2 *	1 *	1 1%	5 1%	6 1%	7 1%	6 *	1 2%	1 1%	1 2% a	-	-	3 1%
NET: Agree	1472 74%	132 85% cdefh	388 85% cdefgh	349 74% fh	207 73% fh	114 73% f	282 58%	869 80% cdefh	602 65% f	1231 73%	50 77%	88 81%	55 77%	8 63%	12 84%	213 78%
NET: Disagree	252 13%	9 6%	26 6%	55 12% abg	33 12% b	18 11% b	110 23% abcdegh	90 8%	162 18% abcdg	229 14% cdg	8 12%	8 7%	4 6%	1 9%	-	20 8%
Base for stats	1989	154	452	469	281	155	478	1075	914	1685	63	109	71	13	14	269
Mean Score	3.83	4.11 cdefh	4.12 cdefgh	3.88 fh	3.84 fh	3.76 f	3.43	4.02 cdefh	3.61 f	3.79	3.99	4.03 a	4.09 a	3.77	4.51	4.05 a
Standard Deviation	1.051	.871	.844	1.029	1.009	1.009	1.206	.939	1.132	1.074	.954	.881	.871	.938	.781	.896
Standard Error	.024	.071	.040	.047	.060	.079	.056	.029	.038	.026	.119	.082	.102	.251	.209	.054
Error variance	*	.01	*	*	*	.01	*	*	*	*	.01	.01	.01	.06	.04	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	525 26%	326 26%	99 30%	80 24%	179 27%	104 33% eij	34 26%	133 30% eij	36 26%	5 14%	17 34% eij	38 27%	37 29% ij	30 18%	92 20%	138 31% eij
Agree (4.0)	947 47%	566 45%	178 53% a	167 50% a	345 52% a	151 47%	69 54% i	214 48%	76 55% ij	15 45%	24 48%	71 50%	61 48%	66 40%	201 44%	219 49% i
Neither agree nor disagree (3.0)	265 13%	172 14%	34 10%	51 15%	84 13%	38 12% g	16 13% g	60 13% g	15 11%	7 20% g	5 10%	8 6%	15 12% acdghk	35 21% g	65 14% g	55 12% g
Disagree (2.0)	161 8%	114 9% bd	14 4%	27 8%	42 6%	23 7%	8 6%	22 5%	6 4%	4 13% c	2 3%	15 11% cd	8 6%	20 12% cdk	53 12% acdk	31 7%
Strongly disagree (1.0)	91 5%	75 6% bcd	8 2%	5 2%	13 2%	4 1%	1 1%	15 3% ak	5 3%	1 3%	2 3%	9 6% abk	5 4% k	11 7% abk	40 9% abcdhk	4 1%
Don't know	13 1%	6 1%	- -	2 1%	2 *	- -	- -	3 1%	- -	2 5% abcdgjk	1 1% ak	- -	1 1% k	4 2% ajk	2 *	- -
NET: Agree	1472 74%	892 71%	277 83% ac	247 74%	524 79% a	255 80% eij	102 80% eij	346 78% eij	112 81% eij	20 59%	41 82% eij	109 77% eij	98 77% eij	96 58%	292 65%	357 80% eij
NET: Disagree	252 13%	189 15% bcd	22 7%	33 10%	55 8%	26 8%	9 7%	37 8%	11 8%	5 16%	3 6%	24 17% abcdk	13 10%	32 19% abcdfhk	92 20% abcdfhk	35 8%
Base for stats	1989	1252	333	331	664	320	127	444	138	32	50	141	126	162	450	447
Mean Score	3.83	3.76	4.04 ac	3.87	3.96 a	4.03 egij	3.99 eij	3.96 eij	3.96 eij	3.58	4.07 eij	3.80 ij	3.94 ij	3.51	3.56	4.02 egij
Standard Deviation	1.051	1.115	.886	.929	.911	.913	.836	.970	.923	1.007	.941	1.142	1.004	1.137	1.191	.891
Standard Error	.024	.030	.054	.057	.039	.051	.075	.046	.079	.173	.131	.093	.084	.089	.059	.042
Error variance	*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	525 26%	77 24%	276 26%	151 28%	21 25%	448 27%	73 27%	365 27%	40 19%	48 13%	16 23%	411 30%	98 17%	4 6%	420 27%	105 25%	444 27%	76 25%
Agree (4.0)	947 47%	158 48%	481 46%	268 49%	40 49%	789 47%	117 43%	652 48%	100 47%	118 33%	32 45%	695 51%	225 39%	24 37%	742 47%	205 48%	815 49%	122 40%
Neither agree nor disagree (3.0)	265 13%	36 11%	143 14%	75 14%	11 13%	230 14%	53 19%	165 12%	34 16%	68 19%	10 15%	153 11%	97 17%	13 20%	212 13%	53 13%	213 13%	49 16%
Disagree (2.0)	161 8%	34 10%	90 9%	30 6%	7 9%	127 8%	21 8%	102 8%	26 12%	69 19%	9 13%	67 5%	87 15%	15 23%	125 8%	36 9%	130 8%	29 10%
Strongly disagree (1.0)	91 5%	21 6%	54 5%	16 3%	1 1%	70 4%	8 3%	58 4%	10 5%	56 16%	2 3%	26 2%	61 11%	8 12%	70 4%	21 5%	66 4%	24 8%
Don't know	13 1%	2 1%	4 *	5 1%	2 2%	11 1%	2 1%	5 *	1 *	3 1%	1 1%	6 *	3 1%	1 2%	10 1%	3 1%	5 *	3 1%
NET: Agree	1472 74%	235 72%	757 72%	419 77%	61 75%	1237 74%	190 69%	1017 75%	140 66%	166 46%	48 68%	1107 81%	323 57%	28 43%	1162 74%	310 73%	1259 75%	198 65%
NET: Disagree	252 13%	55 17%	144 14%	46 8%	8 10%	198 12%	28 10%	160 12%	36 17%	125 35%	11 16%	93 7%	148 26%	22 35%	195 12%	57 14%	196 12%	53 18%
Base for stats	1989	325	1044	540	80	1664	272	1342	210	360	70	1353	569	64	1569	420	1669	300
Mean Score	3.83	3.73	3.80	3.94	3.91	3.85	3.83	3.87	3.64	3.09	3.73	4.03	3.37	3.03	3.84	3.80	3.86	3.65
Standard Deviation	1.051	1.125	1.083	.948	.923	1.035	1.001	1.034	1.072	1.294	1.062	.888	1.237	1.166	1.048	1.065	1.022	1.189
Standard Error	.024	.061	.033	.042	.104	.026	.062	.028	.073	.069	.127	.024	.052	.144	.026	.053	.025	.067
Error variance	*	*	*	*	.01	*	*	*	.01	*	.02	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	525 26%	40 11%	20 11%	52 19% ab	61 20% ab	60 33% abcdi	81 35% abcdi	39 40% abcdi	171 47% abcdef	173 23% ab	291 42% abcdei	217 37% bc	215 23%	90 19%
Agree (4.0)	947 47%	128 35%	90 50% a	151 55% ahj	173 57% afhj	90 50% a	107 46% a	52 53% a	156 43% a	414 54% afhj	315 45% a	263 45%	436 47%	238 51%
Neither agree nor disagree (3.0)	265 13%	65 18% ghj	34 19% dghj	48 17% ghj	38 12% ghj	24 13% ghj	32 14% ghj	3 3% ghj	21 6% ghj	110 14% ghj	56 8% ghj	55 10%	131 14% a	70 15% a
Disagree (2.0)	161 8%	67 18% cdefghij	26 15% cdefghij	20 7% efhj	24 8% efhj	5 3%	7 3%	2 2%	9 2%	49 6% hj	19 3%	34 6%	76 8%	49 10% a
Strongly disagree (1.0)	91 5%	65 18% bcdefghij	7 4% cefhij	3 1% e	8 2% e	- -	2 1%	1 1%	4 1%	11 1%	7 1%	8 1%	63 7% a	20 4% a
Don't know	13 1%	3 1%	1 *	3 1%	1 *	1 1%	1 *	1 1%	2 1%	5 1%	4 1%	2 *	5 *	2 *
NET: Agree	1472 74%	168 46%	110 62% a	203 73% ab	235 77% ab	150 83% abc	187 81% abc	91 93% abcdefi	327 90% abcdef	587 77% ab	606 88% abcd	479 83% bc	650 70%	328 70%
NET: Disagree	252 13%	133 36% bcdefghij	34 19% cdefghij	23 8% ehj	31 10% efghj	5 3%	10 4%	3 3%	13 4%	60 8% ehj	26 4%	42 7%	138 15% a	68 15% a
Base for stats	1989	365	178	274	304	179	229	98	362	757	688	577	919	466
Mean Score	3.83	3.03	3.50 a	3.83 ab	3.85 ab	4.14 abcdi	4.12 abcdi	4.29 abcdi	4.33 abcdef	3.91 ab	4.25 abcd	4.12 bc	3.72	3.71
Standard Deviation	1.051	1.300	1.015	.860	.918	.751	.833	.729	.795	.869	.804	.909	1.114	1.027
Standard Error	.024	.068	.076	.052	.052	.056	.055	.075	.042	.031	.031	.038	.037	.047
Error variance	*	*	.01	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	512 26%	261 27%	248 24%	168 28% c	178 27% c	166 22%	26 27%	62 24%	50 26%	49 24%	39 23%	58 26%	87 28%	83 26%	56 28%
Agree (4.0)	949 47%	462 47%	484 48%	307 51%	300 46%	342 46%	45 47%	130 50%	81 41%	110 53% c	86 50%	101 45%	144 45%	161 49%	91 45%
Neither agree nor disagree (3.0)	306 15%	149 15%	155 15%	77 13%	110 17% a	119 16%	12 13%	37 14%	41 21% dh	26 13%	26 15%	34 15%	52 16%	44 14%	33 16%
Disagree (2.0)	150 7%	68 7%	80 8%	40 7%	45 7%	65 9%	6 6%	21 8%	17 9%	17 8%	14 8%	13 6%	25 8%	24 7%	13 6%
Strongly disagree (1.0)	72 4%	27 3%	43 4%	8 1%	18 3%	46 6% ab	5 6% g	12 4% g	5 3% g	6 3% g	5 3% g	13 6% g	3 1% g	13 4% g	10 5% g
Don't know	14 1%	9 1%	5 *	7 1%	3 1%	4 1%	1 1% h	- -	2 1%	- -	- -	4 2% bh	7 2% bdeh	- -	1 *
NET: Agree	1460 73%	723 74%	732 72%	475 78% bc	478 73% c	508 69%	71 74%	191 73%	132 67%	160 76% c	125 73%	159 71%	231 73%	244 75%	148 72%
NET: Disagree	222 11%	95 10%	123 12%	48 8%	63 10%	111 15% ab	12 12%	32 12%	22 11%	23 11%	20 11%	25 11%	28 9%	37 11%	23 11%
Base for stats	1988	967	1010	600	650	737	95	261	194	209	171	218	311	325	203
Mean Score	3.84	3.89	3.81	3.98 c	3.88 c	3.70	3.84	3.80	3.79	3.86	3.82	3.82	3.93	3.86	3.85
Standard Deviation	1.007	.971	1.031	.892	.977	1.100	1.079	1.029	1.013	.971	.986	1.075	.920	1.009	1.049
Standard Error	.023	.031	.033	.035	.038	.042	.100	.064	.075	.067	.073	.084	.051	.054	.074
Error variance	*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree (5.0)	512 26%	51 33% efh	139 31% efh	123 26% ef	74 26% ef	28 18%	95 20%	314 29% efh	198 22%	410 24%	23 36% a	30 27%	28 38% a	2 19%	7 53%	90 33% a	
Agree (4.0)	949 47%	72 47%	236 52% fh	223 47%	127 45%	85 54% fh	206 43%	531 49% f	418 45%	818 48%	29 45%	53 48%	29 40%	4 29%	3 20%	117 43%	
Neither agree nor disagree (3.0)	306 15%	21 14%	40 9%	79 17% bg	48 17% b	24 15% b	93 19% bg	140 13% b	166 18% bg	263 16%	6 10%	13 12%	11 15%	5 37%	2 13%	36 13%	
Disagree (2.0)	150 7%	9 6%	32 7%	30 6%	22 8%	9 6%	47 10% g	72 7%	78 8%	127 8%	5 8%	9 8%	3 4%	2 16%	2 13%	21 8%	
Strongly disagree (1.0)	72 4%	- -	8 2%	12 3% a	9 3% a	8 5% abg	35 7% abcdg	20 2%	52 6% abcg	66 4% g	1 1%	4 3%	- -	- -	- -	4 2%	
Don't know	14 1%	1 *	- -	4 1%	2 1%	1 1% b	6 1% bg	4 *	10 1% b	5 *	- -	1 1%	2 3% a	- -	- -	3 1% a	
NET: Agree	1460 73%	124 80% fh	375 82% cdefh	346 73% fh	201 72% f	113 72% f	301 62%	844 78% cdfh	616 67%	1228 73%	52 81%	83 76%	57 79%	6 48%	10 73%	207 76%	
NET: Disagree	222 11%	9 6%	40 9%	42 9%	30 11%	18 11%	82 17% abcdg	92 8%	130 14% abcg	194 11% d	6 10%	13 12%	3 4%	2 16%	2 13%	25 9%	
Base for stats	1988	154	455	467	279	155	477	1076	911	1685	64	108	70	13	14	269	
Mean Score	3.84	4.08 cdefh	4.02 cdefh	3.89 fh	3.85 fh	3.74	3.59	3.97 defh	3.69	3.82	4.06	3.89	4.16 a	3.50	4.13	4.00 a	
Standard Deviation	1.007	.841	.913	.955	1.001	1.006	1.133	.924	1.078	1.012	.952	1.011	.834	1.011	1.129	.965	
Standard Error	.023	.069	.043	.044	.060	.079	.053	.028	.036	.025	.118	.095	.098	.270	.302	.058	
Error variance	*	*	*	*	*	.01	*	*	*	*	.01	.01	.01	.07	.09	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d		a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(5.0)	512	301	102	89	192	101	34	125	30	8	16	34	37	36	92	134
		26%	24%	31%	27%	29%	31%	26%	28%	22%	22%	32%	24%	29%	21%	20%	30%
			a	a	a	dij		j				j				ij	
Agree	(4.0)	949	597	165	157	322	160	67	220	71	14	18	71	56	63	210	227
		47%	47%	49%	47%	48%	50%	53%	49%	52%	42%	35%	50%	44%	38%	47%	51%
						fi	fi	i	fi			i				fi	
Neither agree nor disagree	(3.0)	306	198	43	54	97	38	19	61	21	9	9	19	18	40	71	58
		15%	16%	13%	16%	15%	12%	15%	14%	15%	27%	18%	14%	14%	24%	16%	13%
										ack				acghjk			
Disagree	(2.0)	150	100	21	20	41	16	6	26	12	1	5	11	10	17	45	22
		7%	8%	6%	6%	6%	5%	5%	6%	9%	2%	10%	7%	8%	10%	10%	5%
														ak	ack	ack	
Strongly disagree	(1.0)	72	57	2	10	13	3	1	10	3	2	2	7	3	8	33	5
		4%	4%	1%	3%	2%	1%	1%	2%	2%	4%	4%	5%	2%	5%	7%	1%
			bd		b							ak		ak	abcdhk		
Don't know		14	6	-	2	2	2	-	4	-	1	1	-	4	4	-	2
		1%	*	-	1%	*	1%	-	1%	-	2%	1%	-	3%	2%	-	*
										j	j		abcdgjk	jk			
NET: Agree		1460	898	267	246	513	260	100	345	101	22	34	105	92	99	302	361
		73%	71%	80%	74%	77%	81%	79%	77%	74%	64%	67%	74%	73%	59%	67%	81%
			a	a	a	efhij	ij	ij	i		i	i	i	i		efhij	
NET: Disagree		222	156	23	30	53	19	8	37	16	2	7	17	13	25	79	27
		11%	12%	7%	9%	8%	6%	6%	8%	11%	7%	14%	12%	10%	15%	17%	6%
			bd						ak			ak	ak	abck	abchk		
Base for stats		1988	1253	333	331	664	318	127	443	138	33	50	141	123	163	452	445
Mean Score		3.84	3.79	4.03	3.89	3.96	4.07	3.98	3.96	3.82	3.77	3.82	3.82	3.92	3.63	3.62	4.04
			a	a	a	dgij	ij	ij	ij		ij	ij	ij	ij		dgij	
Standard Deviation		1.007	1.039	.866	.974	.924	.851	.846	.931	.959	.994	1.117	1.034	.988	1.081	1.135	.850
Standard Error		.023	.028	.052	.060	.040	.047	.075	.044	.082	.168	.155	.084	.083	.084	.056	.040
Error variance		*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	512 26%	71 22%	259 25%	160 29% ab	21 26%	441 26%	69 25%	363 27%	37 18%	51 14%	17 23% f	405 30% abef	97 17%	6 10%	408 26%	104 25%	441 26%	67 22%
Agree (4.0)	949 47%	161 49%	500 48%	248 46% ab	40 49%	787 47%	127 46%	646 48%	100 48% b	135 37%	35 50% b	683 50% be	240 42%	29 45%	756 48%	192 45%	822 49% b	121 40%
Neither agree nor disagree (3.0)	306 15%	46 14%	167 16%	82 15%	11 13%	260 16%	46 17%	196 15%	44 21% d	81 22% d	12 17%	170 13%	116 20% d	16 25% d	233 15%	72 17%	233 14%	68 22% a
Disagree (2.0)	150 7%	26 8%	81 8%	38 7%	4 5%	123 7%	19 7%	97 7%	21 10% d	56 16% d	6 9%	67 5%	72 13% d	11 16% d	118 7%	32 7%	125 7%	21 7%
Strongly disagree (1.0)	72 4%	19 6% ce	37 4%	13 2%	3 4%	53 3%	12 4%	39 3%	7 3%	37 10% acd	1 2%	27 2%	43 8% ad	2 3%	53 3%	19 4%	48 3%	23 8% a
Don't know	14 1%	4 1%	4 *	4 1%	3 3% bce	10 1%	1 *	6 *	1 *	3 1%	- -	5 *	3 1%	- -	11 1%	4 1%	5 *	4 1% a
NET: Agree	1460 73%	232 71%	759 72%	408 75%	61 75%	1228 73%	196 72%	1009 75%	138 65% b	186 51%	52 73% bef	1089 80% abef	337 59% b	35 55%	1164 74%	296 70%	1263 75% b	188 62%
NET: Disagree	222 11%	45 14% c	118 11%	51 9%	7 9%	176 11%	31 11%	137 10%	29 14% d	93 26% acde	8 11%	95 7%	115 20% ad	13 20% d	171 11%	51 12%	173 10%	44 15% a
Base for stats	1988	323	1045	541	79	1664	273	1342	211	361	71	1353	568	65	1569	419	1669	300
Mean Score	3.84	3.74	3.83	3.93 ab	3.91	3.87 a	3.82	3.89	3.66 be	3.30	3.83 bef	4.01 abef	3.49 b	3.42	3.86	3.79	3.89 b	3.63
Standard Deviation	1.007	1.071	1.005	.969 ab	.988	.993 a	1.030	.979	.998 be	1.192	.953 bef	.898 abef	1.142 b	.994	.997	1.042	.974 b	1.135
Standard Error	.023	.058	.031	.043	.113	.025	.064	.027	.068	.063	.113	.024	.048	.121	.025	.052	.024	.064
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	512 26%	34 9%	22 13%	47 17%	58 19%	47 26%	82 36%	50 50%	171 47%	153 20%	302 44%	221 38%	205 22%	83 18%
				a	a	abc	abcdei	abcdefi	abcdefi	ab	abcdefi	bc		
Agree (4.0)	949 47%	128 35%	95 53%	153 55%	187 61%	96 53%	107 46%	40 40%	143 39%	436 57%	290 42%	280 48%	431 47%	231 49%
			aghj	afghj	afghj	aghj	a			afghj	a			
Neither agree nor disagree (3.0)	306 15%	84 23%	45 25%	44 16%	39 13%	22 12%	28 12%	7 7%	36 10%	106 14%	71 10%	51 9%	168 18%	78 17%
		cdefghij	cdefghij	ghj						j		a	a	
Disagree (2.0)	150 7%	64 17%	11 6%	26 10%	17 5%	11 6%	11 5%	- -	10 3%	54 7%	21 3%	21 4%	71 8%	51 11%
		bcddefghij	ghj	fghj	g	g	g			ghj		a	ab	
Strongly disagree (1.0)	72 4%	53 14%	4 2%	2 1%	2 1%	4 2%	1 *	2 2%	3 1%	9 1%	6 1%	5 1%	44 5%	19 4%
		bcddefghij										a	a	
Don't know	14 1%	6 2%	1 *	4 1%	1 *	- -	1 1%	- -	1 *	5 1%	2 *	- -	5 1%	4 1%
		hj		j									a	
NET: Agree	1460 73%	162 44%	118 66%	200 72%	246 80%	143 79%	189 82%	89 91%	314 86%	589 77%	592 86%	502 87%	636 69%	314 67%
			a	a	abc	ab	abc	abcdei	abcdei	ab	abcdei	bc		
NET: Disagree	222 11%	117 32%	16 9%	29 10%	19 6%	15 8%	12 5%	2 2%	13 4%	62 8%	27 4%	26 4%	115 12%	71 15%
		bcddefghij	ghj	fghj		hj				ghj		a	a	
Base for stats	1988	362	178	273	304	180	229	99	363	757	690	579	919	463
Mean Score	3.84	3.07	3.67	3.79	3.93	3.95	4.13	4.36	4.29	3.89	4.25	4.20	3.74	3.66
			a	a	abc	ab	abcdei	abcdefi	abcdefi	ab	abcdei	bc		
Standard Deviation	1.007	1.221	.865	.868	.776	.913	.830	.818	.815	.846	.824	.808	1.040	1.029
Standard Error	.023	.064	.065	.052	.044	.068	.055	.084	.043	.031	.032	.034	.034	.048
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	442 22%	232 24%	206 20%	145 24% c	159 24% c	139 19%	24 25%	61 23%	51 26% e	42 20%	28 17%	50 22%	73 23%	74 23%	40 19%
Agree (4.0)	760 38%	394 40% b	363 36%	252 41% c	246 38%	262 35%	32 33%	98 38%	75 38%	79 38%	62 36%	89 40%	134 42% h	113 35%	77 38%
Neither agree nor disagree (3.0)	465 23%	223 23%	238 23%	129 21%	151 23%	185 25%	21 22%	57 22%	42 21%	56 27% f	51 30% f	36 16%	72 23%	77 24%	53 26% f
Disagree (2.0)	209 10%	79 8%	130 13% a	56 9%	63 10%	89 12%	12 13%	33 13% g	18 9%	22 11%	17 10%	23 10%	23 7%	43 13% g	17 8%
Strongly disagree (1.0)	118 6%	42 4%	75 7% a	20 3%	32 5%	67 9% ab	6 6%	11 4%	9 4%	9 4%	12 7%	23 10% bcdg	14 4%	18 6%	17 8%
Don't know	8 *	5 *	3 *	5 1% c	3 1%	- -	1 1%	- -	2 1%	1 *	1 1%	1 *	2 1%	- -	1 *
NET: Agree	1202 60%	626 64% b	569 56%	396 65% c	405 62% c	401 54%	56 58%	159 61%	126 64% e	120 58%	90 53%	139 63%	206 65% eh	187 58%	117 57%
NET: Disagree	327 16%	121 12%	204 20% a	77 13%	95 15%	155 21% ab	18 19% g	45 17%	27 14%	32 15%	28 17%	45 20% g	37 12%	62 19% g	33 16%
Base for stats	1994	970	1011	602	650	741	96	261	194	208	170	221	315	325	203
Mean Score	3.60	3.72 b	3.49	3.74 c	3.67 c	3.43	3.58	3.63	3.73 e	3.58	3.46	3.55	3.72 ehi	3.56	3.53
Standard Deviation	1.118	1.050	1.165	1.033	1.094	1.183	1.183	1.105	1.085 e	1.061	1.096	1.235	1.038	1.144	1.141
Standard Error	.025	.033	.037	.041	.042	.045	.109	.069	.080	.074	.081	.096	.057	.061	.080
Error variance	*	*	*	*	*	*	.01	*	.01	.01	.01	.01	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	442 22%	48 31% efh	119 26% efh	114 24% efh	66 24% efh	22 14%	73 15%	281 26% efh	161 18%	352 21%	19 29%	28 25%	24 33% a	4 31%	8 59%	82 30% a
Agree (4.0)	760 38%	57 37%	186 41% f	181 38% f	116 41% f	70 45% fh	149 31%	424 39% f	336 36% f	636 38%	26 40%	43 39%	29 41%	3 22%	5 33%	105 39%
Neither agree nor disagree (3.0)	465 23%	30 19%	94 21%	108 23%	55 19%	37 24%	141 29% abcdg	232 21%	233 25% dg	399 24%	13 21%	28 26%	12 17%	3 26%	1 8%	58 21%
Disagree (2.0)	209 10%	16 11%	36 8%	44 9%	26 9%	19 12%	67 14% bcg	96 9%	113 12% bg	193 11% g	4 6%	7 6%	3 4%	2 15%	-	15 6%
Strongly disagree (1.0)	118 6%	4 2%	20 4%	23 5%	16 6%	8 5%	48 10% abcg	46 4%	73 8% abcg	110 6% g	1 1%	3 3%	3 5%	-	-	8 3%
Don't know	8 *	1 *	1 *	1 *	2 1%	-	4 1%	3 *	6 1%	2 *	3 4% a	1 1%	-	1 7%	-	4 2% a
NET: Agree	1202 60%	105 67% fh	305 67% fh	295 63% fh	182 65% fh	92 59% f	223 46%	705 65% fh	497 54% f	988 58%	44 69%	70 64%	53 74% a	7 53%	13 92%	187 69% a
NET: Disagree	327 16%	20 13%	55 12%	66 14%	43 15%	28 18%	115 24% abcdg	142 13%	185 20% abcg	302 18% bcg	4 7%	10 9%	7 9%	2 15%	-	23 8%
Base for stats	1994	154	454	469	280	157	479	1078	916	1688	62	109	72	12	14	268
Mean Score	3.60	3.83 efh	3.77 efh	3.68 fh	3.68 fh	3.50 f	3.28	3.74 efh	3.44 f	3.55	3.94 a	3.78 a	3.94 a	3.74 a	4.51	3.89 a
Standard Deviation	1.118	1.057	1.058	1.087	1.111	1.048	1.179	1.071	1.150	1.133	.932	1.003	1.055	1.135	.661	1.000
Standard Error	.025	.086	.050	.049	.067	.082	.055	.033	.038	.028	.118	.094	.122	.315	.177	.060
Error variance	*	.01	*	*	*	.01	*	*	*	*	.01	.01	.01	.10	.03	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	442 22%	244 19%	89 27%	92 28%	181 27%	90 28%	34 27%	113 25%	29 21%	7 21%	11 23%	34 24%	30 23%	24 15%	69 15%	124 28%
			a	a	a	ij	ij	ij			ij	j				ij
Agree (4.0)	760 38%	481 38%	120 36%	130 39%	250 37%	124 39%	51 40%	180 40%	51 37%	11 33%	19 38%	52 37%	53 42%	55 33%	162 36%	175 39%
Neither agree nor disagree (3.0)	465 23%	294 23%	80 24%	69 21%	149 22%	74 23%	27 21%	94 21%	34 24%	7 22%	12 24%	31 22%	27 21%	46 28%	112 25%	101 23%
Disagree (2.0)	209 10%	144 11%	35 10%	27 8%	62 9%	23 7%	11 9%	37 8%	19 ack	7 ack	6 11%	13 9%	12 9%	20 12%	62 14%	34 8%
Strongly disagree (1.0)	118 6%	93 7%	10 3%	14 4%	24 4%	8 2%	4 3%	23 5%	4 3%	1 2%	1 3%	10 7%	4 3%	17 10%	46 10%	12 3%
		bd										ak		abcdhk	abcdhk	
Don't know	8 *	3 *	- -	1 *	1 *	- -	- -	- -	1 1%	1 2%	1 2%	1 1%	2 1%	3 2%	- -	- -
										acjk	acjk		acjk	acjk		
NET: Agree	1202 60%	725 58%	209 63%	222 67%	431 65%	214 67%	85 67%	293 66%	81 59%	18 54%	31 61%	86 61%	83 65%	80 48%	231 51%	299 67%
				a	a	ij	ij	ij			ij	ij	ij			ij
NET: Disagree	327 16%	236 19%	45 14%	41 12%	86 13%	31 10%	15 12%	60 13%	23 17%	8 22%	7 13%	23 16%	16 12%	37 22%	108 24%	46 10%
		bcd							ak	ak		a		abchk	abcghk	
Base for stats	1994	1255	333	332	665	320	127	447	137	33	50	140	126	163	452	447
Mean Score	3.60	3.51	3.73	3.78	3.75	3.83	3.78	3.73	3.61	3.51	3.69	3.63	3.73	3.30	3.32	3.82
			a	a	a	dgij	ij	ij	ij		ij	ij	ij		dij	
Standard Deviation	1.118	1.145	1.062	1.067	1.064	.999	1.041	1.087	1.056	1.121	1.037	1.158	1.032	1.182	1.190	1.010
Standard Error	.025	.031	.064	.065	.046	.055	.093	.051	.091	.189	.144	.095	.086	.092	.059	.048
Error variance	*	*	*	*	*	*	.01	*	.01	.04	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	442 22%	64 20%	220 21%	135 25%	23 28%	378 23%	57 21%	312 23%	32 15%	46 13%	12 17%	350 26%	84 15%	5 7%	352 22%	90 21%	373 22%	64 21%
Agree (4.0)	760 38%	121 37%	401 38%	209 38%	29 35%	639 38%	103 37%	518 38%	68 32%	99 27%	26 36%	556 41%	177 31%	15 23%	616 39%	144 34%	649 39%	104 34%
Neither agree nor disagree (3.0)	465 23%	77 24%	252 24%	116 21%	20 24%	388 23%	68 25%	301 22%	63 30%	107 29%	21 30%	284 21%	158 28%	27 42%	348 22%	116 28%	378 23%	80 26%
Disagree (2.0)	209 10%	35 11%	108 10%	58 11%	7 9%	173 10%	30 11%	140 10%	37 18%	67 19%	7 10%	107 8%	98 17%	14 21%	172 11%	37 9%	179 11%	30 10%
Strongly disagree (1.0)	118 6%	29 9%	66 6%	22 4%	2 2%	90 5%	14 5%	74 5%	11 5%	43 12%	5 7%	57 4%	54 9%	4 7%	85 5%	33 8%	91 5%	25 8%
Don't know	8 *	1 *	2 *	4 1%	1 1%	7 *	2 1%	3 *	- -	1 *	- -	5 *	1 *	- -	6 *	2 1%	4 *	1 *
NET: Agree	1202 60%	186 57%	621 59%	344 63%	52 64%	1016 61%	160 58%	830 62%	100 47%	145 40%	38 53%	906 67%	261 46%	19 30%	968 61%	234 55%	1022 61%	168 55%
NET: Disagree	327 16%	64 20%	174 17%	80 15%	9 11%	263 16%	44 16%	214 16%	48 23%	111 30%	12 17%	164 12%	152 27%	18 28%	257 16%	70 16%	270 16%	55 18%
Base for stats	1994	327	1046	540	81	1667	272	1345	211	363	71	1354	571	65	1573	420	1670	303
Mean Score	3.60	3.48	3.57	3.70	3.80	3.62	3.59	3.64	3.34	3.10	3.46	3.76	3.25	3.03	3.62	3.53	3.62	3.50
Standard Deviation	1.118	1.178	1.119	1.083	1.030	1.104	1.094	1.111	1.095	1.199	1.107	1.054	1.179	1.003	1.108	1.152	1.106	1.172
Standard Error	.025	.063	.034	.048	.116	.027	.068	.030	.074	.064	.131	.029	.049	.123	.028	.057	.027	.065
Error variance	*	*	*	*	.01	*	*	*	.01	*	.02	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	442 22%	20 5%	16 9%	41 15% a	58 19% ab	45 25% abc	73 32% abcdi	39 39% abcdei	151 42% abcdef	144 19% ab	263 38% abcdei	188 32% bc	163 18%	88 19%
Agree (4.0)	760 38%	79 21%	65 36% a	124 45% a	133 44% a	72 40% a	94 41% a	42 42% a	151 42% a	330 43% a	286 41% a	241 42%	341 37%	170 36%
Neither agree nor disagree (3.0)	465 23%	107 29% fghj	54 30% fghj	74 27% ghj	74 24% hj	50 28% ghj	47 20% h	15 15%	44 12%	198 26% ghj	106 15%	100 17%	227 25% a	127 27% a
Disagree (2.0)	209 10%	84 23% bcdefghij	27 15% defghij	27 10% ghj	28 9% ghj	11 6% a	15 7% a	2 2% a	14 4% a	66 9% ghj	31 5% a	37 6% a	116 13% a	51 11% a
Strongly disagree (1.0)	118 6%	74 20% bcdefghij	15 8% cdefghij	10 4% fhj	12 4% fhj	2 1% a	1 1% a	1 1% a	3 1% a	23 3% fhj	6 1% a	11 2% a	75 8% a	30 6% a
Don't know	8 *	5 1% dhij	2 1% j	1 * a	- - a	1 * a	- - a	- - a	- - a	1 * a	- - a	2 * a	3 * a	2 * a
NET: Agree	1202 60%	99 27%	80 45% a	166 60% ab	191 63% ab	117 65% ab	167 72% abcdi	80 81% abcdei	302 83% abcdef	474 62% ab	549 79% abcdefi	429 74% bc	504 55%	258 55%
NET: Disagree	327 16%	158 43% bcdefghij	42 24% cdefghij	37 13% efghj	40 13% efghj	13 7% a	17 7% a	4 4% a	17 5% a	89 12% ghj	37 5% a	48 8% a	191 21% a	81 17% a
Base for stats	1994	364	177	276	305	179	230	99	363	761	692	577	921	466
Mean Score	3.60	2.69	3.22 a	3.58 ab	3.65 ab	3.82 abc	3.96 abcdi	4.16 abcdei	4.19 abcdef	3.66 ab	4.11 abcdefi	3.97 bc	3.44	3.51
Standard Deviation	1.118	1.177	1.083	.977	1.011	.915	.919	.853	.858	.980	.883	.963	1.157	1.112
Standard Error	.025	.062	.081	.059	.058	.068	.061	.087	.045	.035	.034	.040	.038	.051
Error variance	*	*	.01	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	577 29%	296 30%	278 27%	182 30%	191 29%	203 27%	27 28%	83 32%	57 29%	49 23%	50 29%	69 31%	97 31%	87 27%	58 28%
Agree (4.0)	879 44%	436 45%	442 44%	278 46%	285 44%	316 43%	37 39%	109 42%	90 46%	93 45%	77 45%	81 37%	140 44%	154 47%	97 48%
Neither agree nor disagree (3.0)	373 19%	168 17%	201 20%	102 17%	120 18%	151 20%	21 22%	42 16%	38 20%	43 21%	29 17%	51 23%	56 18%	56 17%	35 17%
Disagree (2.0)	102 5%	44 5%	56 6%	28 5%	30 5%	43 6%	5 5%	18 7%	5 3%	13 6%	8 5%	13 6%	13 4%	18 6%	8 4%
Strongly disagree (1.0)	56 3%	19 2%	34 3%	8 1%	24 4%	23 3%	6 6%	8 3%	4 2%	9 4%	7 4%	5 2%	4 1%	7 2%	5 2%
Don't know	16 1%	12 1%	3 *	9 1%	3 *	4 1%	- -	1 *	1 *	2 1%	- -	2 1%	7 2%	2 1%	1 *
NET: Agree	1456 73%	731 75%	720 71%	460 76%	477 73%	520 70%	64 67%	192 74%	147 75%	142 68%	127 74%	151 68%	237 75%	242 74%	155 76%
NET: Disagree	157 8%	64 7%	91 9%	37 6%	54 8%	67 9%	11 11%	26 10%	9 5%	22 10%	15 9%	18 8%	18 6%	25 8%	13 7%
Base for stats	1986	963	1012	598	650	737	97	260	195	207	171	220	310	323	203
Mean Score	3.92	3.98	3.86	4.00	3.91	3.86	3.78	3.93	3.98	3.77	3.91	3.90	4.00	3.92	3.96
Standard Deviation	.963	.920	.992	.888	.994	.991	1.097	1.018	.895	1.020	1.001	.989	.891	.931	.917
Standard Error	.022	.029	.031	.035	.039	.038	.101	.064	.066	.071	.074	.077	.049	.050	.065
Error variance	*	*	*	*	*	*	.01	*	*	.01	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree (5.0)	577 29%	59 38% defh	159 35% defh	145 31% efh	71 25%	34 22%	109 23%	363 34% defh	214 23%	467 28%	25 38%	30 27%	28 38% a	5 38%	9 64%	95 35% a	
Agree (4.0)	879 44%	62 40%	196 43%	219 47%	128 46%	71 45%	203 42%	478 44%	402 44%	748 44%	27 42%	59 54%	29 40%	2 13%	4 28%	120 44%	
Neither agree nor disagree (3.0)	373 19%	25 16%	77 17%	68 14%	61 22% cg	34 22% c	108 22% bcg	170 16%	202 22% bcg	323 19%	10 15%	17 16%	8 11%	4 32%	1 8%	40 15%	
Disagree (2.0)	102 5%	3 2%	15 3%	27 6% a	12 4%	7 4%	38 8% abg	45 4%	56 6% ab	94 6% g	- -	2 2%	3 5%	1 9%	- -	7 3%	
Strongly disagree (1.0)	56 3%	5 3%	6 1%	6 1%	7 2%	11 7% bcdg	21 4% bcg	17 2%	38 4% bcg	52 3%	- -	1 1%	2 3%	1 8%	- -	4 1%	
Don't know	16 1%	1 *	1 *	5 1%	3 1%	1 *	5 1%	7 1%	9 1%	6 *	3 5% a	1 1%	2 3% a	- -	- -	6 2% a	
NET: Agree	1456 73%	122 78% efh	355 78% defh	364 77% defh	199 71%	105 67%	311 65%	841 78% defh	615 67%	1216 72%	52 80%	88 81% a	56 78%	6 51%	13 92%	215 79% a	
NET: Disagree	157 8%	7 5%	22 5%	33 7%	19 7%	17 11% abg	58 12% abcdg	62 6%	95 10% abcg	146 9% bcg	- -	3 3%	6 8% b	2 17%	- -	11 4%	
Base for stats	1986	154	454	465	279	156	478	1073	913	1684	61	109	70	13	14	266	
Mean Score	3.92	4.09 defh	4.07 defh	4.01 efh	3.88 f	3.71	3.71	4.05 defh	3.76	3.88	4.24 a	4.05	4.08	3.64	4.57	4.11 a	
Standard Deviation	.963	.944	.881	.901	.925	1.071	1.039	.899	1.013	.977	.712	.766	1.001	1.335	.657	.860	
Standard Error	.022	.077	.041	.041	.055	.084	.048	.027	.034	.024	.090	.071	.117	.357	.176	.052	
Error variance	*	.01	*	*	*	.01	*	*	*	*	.01	.01	.01	.13	.03	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	577 29%	352 28%	100 30%	106 32%	206 31%	103 32% dj	41 32% dj	152 34% dij	28 20%	8 24%	19 37% dj	42 30%	37 29%	41 25%	106 23%	144 32% dj
Agree (4.0)	879 44%	534 42%	163 49% a	147 44%	310 47%	145 45%	61 48%	183 41%	70 50% fi	15 45%	17 34%	56 40%	68 54% cfgj	61 37%	203 45%	207 46% i
Neither agree nor disagree (3.0)	373 19%	258 20% bd	45 13%	59 18%	103 16%	49 15%	19 15%	77 17%	30 22% h	4 13%	11 21%	31 22% h	13 11%	40 24% abhk	99 22% ahk	67 15%
Disagree (2.0)	102 5%	69 5%	20 6%	10 3%	30 4%	18 6%	3 3%	20 4%	8 6%	3 8%	2 5%	5 4%	4 3%	13 8%	26 6%	21 5%
Strongly disagree (1.0)	56 3%	40 3%	6 2%	8 2%	14 2%	4 1%	2 1%	10 2%	3 2%	2 7% ahk	1 1% ahk	7 5% ahk	1 1% ahk	7 4% ahk	18 4% ahk	5 1%
Don't know	16 1%	6 1%	-	3 1%	3 1%	1 *	1 1%	5 1% j	-	1 2% j	1 1% j	-	4 3% adjjk	4 2% ajk	-	2 *
NET: Agree	1456 73%	885 70%	263 79% a	254 76% a	516 77% a	248 78% gij	103 81% gij	335 75% ij	97 70%	23 69%	36 71%	98 69%	105 83% dgij	103 62%	309 68%	351 78% gij
NET: Disagree	157 8%	109 9%	26 8%	17 5%	43 7%	22 7%	5 4%	30 7%	11 8%	5 15% bhk	3 6%	13 9%	5 4%	20 12% abchk	44 10% bhk	27 6%
Base for stats	1986	1252	333	330	663	318	126	442	138	33	50	141	124	163	452	445
Mean Score	3.92	3.87	3.99	4.01 a	4.00 a	4.02 dij	4.08 degij	4.01 dij	3.80	3.73	4.02	3.85	4.11 degij	3.72	3.78	4.04 degij
Standard Deviation	.963	.989	.915	.911	.912	.897	.841	.952	.907	1.157	.968	1.057	.764	1.068	1.000	.881
Standard Error	.022	.027	.055	.056	.039	.050	.075	.045	.078	.196	.134	.086	.064	.083	.049	.042
Error variance	*	*	*	*	*	*	.01	*	.01	.04	.02	.01	*	.01	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	577 29%	91 28%	299 29%	167 31%	19 23%	485 29%	75 27%	401 30%	45 21%	69 19%	13 18%	444 33%	117 20%	9 15%	468 30%	109 26%	495 30%	77 25%
Agree (4.0)	879 44%	131 40%	458 44%	255 47% a	36 44%	749 45%	126 46%	598 44%	96 46%	145 40%	35 50%	614 45%	240 42%	32 50%	692 44%	188 44%	752 45%	120 39%
Neither agree nor disagree (3.0)	373 19%	72 22% c	199 19% c	81 15% c	20 25% c	301 18%	46 17%	245 18%	39 18%	95 26% ad	17 23%	221 16%	134 23% d	12 19%	284 18%	89 21%	299 18%	67 22%
Disagree (2.0)	102 5%	19 6%	56 5%	24 4%	3 3%	83 5%	14 5%	64 5%	19 9% d	33 9% d	4 6%	49 4%	50 9% d	7 10% d	82 5%	19 5%	80 5%	20 7%
Strongly disagree (1.0)	56 3%	13 4%	31 3%	10 2%	2 2%	43 3%	10 4%	33 2%	10 5% d	18 5% d	- -	28 2%	25 4% d	2 4% d	41 3%	14 3%	43 3%	12 4%
Don't know	16 1%	2 1%	5 1%	6 1%	2 3% b	14 1%	4 1%	6 *	2 1%	4 1% d	2 2% d	3 *	5 1% d	2 3% d	12 1%	4 1%	4 *	8 3% a
NET: Agree	1456 73%	222 68%	757 72%	422 78% abd	55 67%	1234 74% a	200 73%	999 74%	142 67% b	214 59%	48 68%	1058 78% abef	357 62%	42 64%	1160 73%	296 70%	1248 75% b	197 65%
NET: Disagree	157 8%	31 10%	87 8%	34 6%	4 5%	126 8%	24 9%	98 7%	29 14% d	51 14% d	4 6%	76 6%	76 13% d	9 14% d	123 8%	34 8%	123 7%	32 10%
Base for stats	1986	325	1043	538	80	1661	270	1342	209	359	69	1355	567	63	1567	419	1669	295
Mean Score	3.92	3.83	3.90	4.01 ab	3.85	3.93	3.90	3.95	3.70	3.60	3.82	4.03 abef	3.66	3.64	3.93	3.85	3.94 b	3.78
Standard Deviation	.963	1.027	.975	.904	.901	.950	.986	.945	1.059	1.051	.812	.903	1.042	.987	.960	.973	.947	1.035
Standard Error	.022	.055	.030	.040	.102	.023	.061	.026	.072	.056	.098	.025	.044	.122	.024	.048	.023	.058
Error variance	*	*	*	*	.01	*	*	*	.01	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	577 29%	40 11%	18 10%	54 19% ab	73 24% ab	67 37% abcdi	89 39% abcdi	47 47% abcdi	189 52% abcdef	194 25% abc	325 47% abcdef	233 40% bc	234 25% bc	108 23% c
Agree (4.0)	879 44%	114 31%	89 50% ah	142 51% ahj	154 50% ahj	84 46% a	107 47% a	44 45% a	146 40% a	379 50% ahj	297 43% a	249 43% a	396 43% a	224 48% a
Neither agree nor disagree (3.0)	373 19%	121 33% cdefghij	52 29% defghij	62 22% efghj	64 21% efghj	20 11% h	26 11% h	5 6% h	23 6% h	146 19% efghj	54 8% h	69 12% a	198 21% a	94 20% a
Disagree (2.0)	102 5%	55 15% bcdefghij	14 8% defghij	10 4% hj	10 3% h	2 1% h	6 3% h	1 1% h	2 1% h	22 3% h	10 1% h	16 3% a	57 6% a	25 5% a
Strongly disagree (1.0)	56 3%	34 9% bcdefghij	5 3% fhj	3 1% fhj	2 1% fhj	7 4% dfhj	1 * dfhj	1 1% dfhj	2 1% dfhj	12 2% dfhj	4 1% dfhj	9 1% a	34 4% a	12 3% a
Don't know	16 1%	5 1% j	1 * j	6 2% hj	2 1% hj	1 * hj	1 * hj	- - j	1 * j	9 1% j	2 * j	3 1% a	4 * a	5 1% a
NET: Agree	1456 73%	153 42% a	107 60% a	195 71% ab	227 74% ab	151 84% abcdi	196 85% abcdi	91 92% abcdi	335 92% abcdef	574 75% ab	622 90% abcdei	483 83% bc	630 68% bc	332 71% c
NET: Disagree	157 8%	90 24% bcdefghij	19 11% cdefghij	13 5% hj	12 4% h	9 5% hj	7 3% h	2 2% h	4 1% h	34 4% hj	14 2% h	25 4% a	91 10% a	37 8% a
Base for stats	1986	364	178	271	304	179	229	99	363	754	690	576	920	463
Mean Score	3.92	3.19	3.57	3.86	3.94	4.13	4.21	4.36	4.43	3.96	4.34	4.18	3.80	3.85
			a	ab	ab	abcdi	abcdi	abcdei	abcdef	ab	abcdef	bc		
Standard Deviation	.963	1.117	.882	.816	.803	.923	.775	.745	.700	.843	.737	.859	1.008	.927
Standard Error	.022	.059	.066	.049	.046	.069	.051	.076	.037	.031	.028	.036	.033	.043
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	309 15%	153 16%	153 15%	113 19% c	113 17% c	83 11%	16 16%	37 14%	31 16%	31 15%	21 12%	31 14%	64 20% ei	53 16%	26 13%
Agree (4.0)	786 39%	373 38%	412 41%	250 41%	249 38%	287 39%	38 40%	100 38%	76 39%	81 39%	68 40%	85 38%	118 37%	135 42%	85 42%
Neither agree nor disagree (3.0)	429 21%	220 23%	205 20%	124 20%	142 22%	162 22%	19 20%	57 22%	46 24%	44 21%	41 24%	46 21%	68 21%	62 19%	45 22%
Disagree (2.0)	329 16%	156 16%	171 17%	90 15%	100 15%	139 19%	16 17%	41 16%	28 14%	42 20%	28 17%	44 20%	45 14%	56 17%	29 14%
Strongly disagree (1.0)	135 7%	62 6%	70 7%	22 4%	45 7% a	68 9% a	7 7%	26 10% h	12 6%	12 6%	12 7%	14 6%	18 6%	16 5%	17 8%
Don't know	15 1%	11 1% b	3 * c	8 1% c	5 1%	2 *	1 1%	- -	2 1%	- -	1 1%	2 1%	4 1%	2 1%	2 1%
NET: Agree	1095 55%	526 54%	565 56%	363 60% c	362 55% c	370 50%	54 56%	137 52%	107 55%	111 53%	89 52%	116 52%	182 57%	189 58%	111 55%
NET: Disagree	464 23%	218 22%	242 24%	112 18%	145 22%	207 28% ab	23 24%	67 26%	40 20%	54 26%	40 24%	58 26%	63 20%	72 22%	45 22%
Base for stats	1987	964	1012	599	649	739	96	261	194	209	170	220	313	323	202
Mean Score	3.41	3.41	3.40	3.57 bc	3.44 c	3.24	3.41	3.31	3.45	3.36	3.33	3.34	3.52 b	3.47	3.37
Standard Deviation	1.136	1.128	1.140	1.068	1.150	1.157	1.162	1.192	1.116	1.129	1.108	1.138	1.142	1.109	1.130
Standard Error	.025	.036	.036	.042	.045	.044	.107	.075	.082	.078	.082	.089	.063	.059	.080
Error variance	*	*	*	*	*	*	.01	.01	.01	.01	.01	.01	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total		2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	309 15%	36 23% cdefh	89 19% fh	69 15%	41 15%	23 15%	51 11%	194 18% fh	115 12%	243 14%	11 17%	24 22% a	17 23% a	5 38%	4 27%	60 22% a
Agree	(4.0)	786 39%	56 36%	190 42% eh	214 45% adeh	103 37%	47 30%	176 37%	460 43% efh	326 35%	673 40%	25 39%	44 40%	25 35%	1 6%	5 38%	100 37%
Neither agree nor disagree	(3.0)	429 21%	46 30% bcdgh	92 20%	90 19%	52 18%	40 26%	108 22%	228 21%	201 22%	366 22%	13 20%	20 19%	15 20%	4 29%	3 22%	54 20%
Disagree	(2.0)	329 16%	12 8%	62 14%	72 15% a	59 21% abg	34 22% abg	90 19% abg	146 14% a	183 20% abcg	286 17%	12 18%	14 13%	9 13%	2 12%	-	37 14%
Strongly disagree	(1.0)	135 7%	4 3%	19 4%	21 4% abcg	24 9% abcg	13 8% ag	53 11% abcg	45 4% abcg	90 10% abcg	118 7%	1 2%	5 5% a	5 7% a	1 9% a	2 13%	14 5%
Don't know		15 1%	1 * a	3 1% a	4 1% a	3 1% a	- - a	4 1% a	8 1% a	7 1% a	5 * a	3 4% a	2 2% a	2 3% a	1 7% a	- - a	7 3% a
NET: Agree		1095 55%	92 59% efh	279 61% defh	283 60% defh	144 51%	70 45%	227 47%	654 61% defh	441 48%	915 54%	36 56%	68 62%	42 58%	5 43%	9 65%	160 59%
NET: Disagree		464 23%	16 11%	81 18% a	93 20% a	83 30% abcg	47 30% abcg	143 30% abcg	191 18% a	273 30% abcg	404 24%	13 20%	19 18%	14 19%	3 21%	2 13%	51 19%
Base for stats		1987	154	452	467	279	157	479	1073	914	1685	62	108	70	12	14	265
Mean Score		3.41	3.70 defh	3.59 defh	3.51 defh	3.28	3.21	3.17	3.57 defh	3.21	3.38	3.52	3.63 a	3.56	3.54	3.66	3.58 a
Standard Deviation		1.136	1.009	1.081	1.063	1.202	1.178	1.182	1.064	1.187	1.133	1.062	1.114	1.185	1.441	1.299	1.139
Standard Error		.025	.082	.051	.049	.072	.092	.055	.032	.039	.028	.135	.104	.139	.400	.347	.069
Error variance		*	.01	*	*	.01	.01	*	*	*	*	.02	.01	.02	.16	.12	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	309 15%	170 14%	61 18%	64 19%	125 19%	56 17%	27 21%	86 19%	19 14%	4 12%	5 11%	28 20%	22 18%	22 13%	40 9%	83 19%
			a	a	a	j	j	j			j	j				j
Agree (4.0)	786 39%	501 40%	130 39%	128 38%	258 39%	135 42%	58 46%	168 38%	54 39%	12 35%	17 33%	55 39%	55 43%	54 33%	177 39%	194 43%
						i	i									i
Neither agree nor disagree (3.0)	429 21%	266 21%	84 25%	63 19%	146 22%	61 19%	22 17%	100 22%	28 20%	5 15%	20 39%	31 22%	28 22%	40 24%	94 21%	82 18%
											abcdeghijk					
Disagree (2.0)	329 16%	219 17%	38 11%	59 18%	97 15%	51 16%	15 12%	66 15%	28 20%	8 23%	6 12%	19 13%	12 10%	33 20%	92 20%	65 15%
		b		b					h	h				h	bchk	
Strongly disagree (1.0)	135 7%	97 8%	20 6%	16 5%	36 5%	16 5%	5 4%	22 5%	8 6%	4 12%	2 4%	8 6%	6 4%	15 9%	48 11%	21 5%
														k	abchk	
Don't know	15 1%	5 *	1 *	3 1%	4 1%	1 *	- -	4 1%	1 1%	1 2%	1 2%	- -	4 3%	3 2%	- -	1 *
								j	j	j		abcgjk	j			
NET: Agree	1095 55%	671 53%	191 57%	192 58%	383 57%	191 60%	86 67%	254 57%	73 53%	16 47%	22 44%	83 59%	77 61%	76 46%	217 48%	277 62%
						fj	cdefij	ij				ij	fj			fj
NET: Disagree	464 23%	316 25%	57 17%	75 23%	133 20%	67 21%	20 16%	88 20%	36 26%	12 35%	8 16%	27 19%	18 14%	48 29%	140 31%	87 19%
		bd							bh	bcfghk			abcghk	abcfghk		
Base for stats	1987	1253	332	330	662	318	127	442	137	33	50	141	123	164	452	446
Mean Score	3.41	3.34	3.53	3.50	3.51	3.52	3.68	3.52	3.34	3.13	3.36	3.53	3.62	3.21	3.15	3.56
			a	a	a	ij	deij	ij				ij	deij			deij
Standard Deviation	1.136	1.145	1.098	1.138	1.118	1.106	1.066	1.115	1.129	1.265	.974	1.127	1.039	1.181	1.164	1.096
Standard Error	.025	.031	.066	.070	.048	.061	.095	.053	.097	.214	.135	.092	.087	.092	.058	.052
Error variance	*	*	*	*	*	*	.01	*	.01	.05	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	309 15%	31 10%	149 14%	115 21%	13 17%	278 17%	53 19%	213 16%	32 15%	38 10%	9 13%	226 17%	72 13%	5 8%	245 16%	64 15%	258 15%	47 15%
			a	abe		a						be						
Agree (4.0)	786 39%	143 44%	411 39%	203 37%	28 34%	643 38%	109 40%	521 39%	84 40%	130 36%	30 42%	550 40%	211 37%	29 45%	617 39%	169 40%	674 40%	109 36%
Neither agree nor disagree (3.0)	429 21%	73 22%	224 21%	113 21%	18 22%	355 21%	53 19%	287 21%	48 23%	83 23%	20 27%	275 20%	136 24%	14 22%	329 21%	99 23%	351 21%	71 23%
Disagree (2.0)	329 16%	46 14%	195 19%	75 14%	13 16%	283 17%	39 14%	237 18%	33 16%	69 19%	9 13%	223 16%	99 17%	10 15%	270 17%	59 14%	280 17%	46 15%
			ac															
Strongly disagree (1.0)	135 7%	32 10%	66 6%	31 6%	6 7%	103 6%	17 6%	84 6%	12 6%	41 11%	3 4%	79 6%	51 9%	6 9%	107 7%	28 7%	106 6%	26 9%
		bce								ad			d					
Don't know	15 1%	1 *	3 *	7 1%	3 3%	13 1%	3 1%	7 *	2 1%	3 1%	1 1%	6 *	4 1%	1 2%	11 1%	4 1%	6 *	5 2%
				b	abe													a
NET: Agree	1095 55%	175 53%	560 53%	319 59%	42 51%	920 55%	161 59%	734 54%	116 55%	168 46%	38 54%	775 57%	282 49%	34 52%	862 55%	233 55%	931 56%	156 51%
									b			be						
NET: Disagree	464 23%	78 24%	261 25%	105 19%	19 23%	386 23%	57 21%	320 24%	45 21%	110 30%	12 17%	302 22%	150 26%	15 24%	377 24%	86 20%	386 23%	72 24%
			c							acd								
Base for stats	1987	326	1045	537	79	1661	271	1341	210	360	70	1353	568	64	1569	419	1668	299
Mean Score	3.41	3.29	3.36	3.55	3.39	3.43	3.52	3.41	3.43	3.15	3.46	3.46	3.27	3.28	3.40	3.44	3.42	3.35
				abe		a			b		b	be						
Standard Deviation	1.136	1.131	1.127	1.140	1.168	1.136	1.147	1.134	1.105	1.187	1.018	1.124	1.155	1.104	1.143	1.109	1.126	1.172
Standard Error	.025	.061	.035	.051	.133	.028	.071	.031	.075	.063	.122	.031	.049	.136	.029	.055	.028	.066
Error variance	*	*	*	*	.02	*	.01	*	.01	*	.01	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	309 15%	23 6%	25 14%	33 12%	44 14%	31 17%	44 19%	16 16%	92 25%	108 14%	153 22%	118 20%	98 11%	90 19%
			a	a	a	a	ac	a	abcdei	a	abcdi	b		b
Agree (4.0)	786 39%	115 31%	66 37%	107 39%	120 39%	79 44%	94 41%	47 48%	158 44%	306 40%	299 43%	258 45%	317 34%	201 43%
			a	a	a	a	a	a	a	a	a	b		b
Neither agree nor disagree (3.0)	429 21%	74 20%	42 23%	74 27%	72 24%	40 22%	46 20%	25 25%	55 15%	187 25%	125 18%	97 17%	238 26%	86 18%
			h	ahj	hj	h		h		hj			ac	
Disagree (2.0)	329 16%	85 23%	34 19%	51 19%	49 16%	20 11%	36 15%	8 8%	46 13%	120 16%	89 13%	76 13%	184 20%	64 14%
		defghij	eghj	eghj						g			ac	
Strongly disagree (1.0)	135 7%	68 18%	10 6%	8 3%	18 6%	9 5%	9 4%	3 3%	11 3%	35 5%	23 3%	25 4%	84 9%	24 5%
		bcdefghij											ac	
Don't know	15 1%	4 1%	2 1%	3 1%	2 1%	1 1%	1 *	- -	1 *	6 1%	2 *	5 1%	4 *	2 *
NET: Agree	1095 55%	138 37%	91 51%	141 51%	164 54%	110 61%	138 60%	63 64%	251 69%	414 54%	452 65%	377 65%	415 45%	292 62%
			a	a	a	ac	ac	abc	abcdfi	a	abcdi	b		b
NET: Disagree	464 23%	152 41%	44 25%	59 21%	67 22%	29 16%	44 19%	11 11%	57 16%	155 20%	112 16%	100 17%	268 29%	88 19%
		bcdefghij	eghj	g	ghj					gj			ac	
Base for stats	1987	364	177	274	303	179	229	99	362	756	690	574	920	466
Mean Score	3.41	2.84	3.35	3.39	3.40	3.57	3.57	3.67	3.76	3.44	3.68	3.64	3.18	3.58
			a	a	a	a	a	abcdi	abcdfi	a	abcdi	b		b
Standard Deviation	1.136	1.232	1.115	1.014	1.101	1.064	1.086	.943	1.064	1.062	1.057	1.080	1.143	1.104
Standard Error	.025	.065	.084	.061	.063	.079	.072	.096	.056	.039	.040	.045	.038	.051
Error variance	*	*	.01	*	*	.01	.01	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9. SUMMARY: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
I exercise to help manage my physical health during the outbreak	2002 100%	522 26%	949 47%	308 15%	151 8%	71 4%	1471 73%	459 23%
I have more time now to be physically active	2002 100%	517 26%	838 42%	391 20%	190 9%	66 3%	1356 68%	580 29%
I exercise to help manage my mental health during the outbreak	2002 100%	440 22%	876 44%	380 19%	207 10%	100 5%	1315 66%	587 29%
I miss the types of physical activity I was able to do before the outbreak	2002 100%	508 25%	638 32%	495 25%	257 13%	103 5%	1146 57%	752 38%
I have been encouraged to exercise by the Government's guidance	2002 100%	282 14%	761 38%	524 26%	309 15%	126 6%	1044 52%	832 42%
Since the outbreak I have found new ways to be active	2002 100%	296 15%	709 35%	631 32%	283 14%	83 4%	1005 50%	914 46%
I feel guilty about not exercising more during the outbreak	2002 100%	325 16%	660 33%	609 30%	335 17%	73 4%	986 49%	944 47%
I worry about leaving my home to exercise or be active	2002 100%	300 15%	555 28%	604 30%	484 24%	60 3%	854 43%	1088 54%
I have found it easier to do sport, exercise or physical activity in the past week compared to the previous week	2002 100%	208 10%	514 26%	722 36%	358 18%	201 10%	722 36%	1079 54%
I feel guilty about wanting to exercise during the outbreak	2002 100%	139 7%	272 14%	689 34%	829 41%	72 4%	411 21%	1519 76%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	296 15%	134 14%	160 16%	143 24% bc	101 15% c	52 7%	10 10%	35 13%	32 16%	29 14%	19 11%	22 10%	66 21% abefh	46 14%	36 18% f
Tend to agree (3.0)	709 35%	363 37%	344 34%	249 41% c	252 39% c	208 28%	32 33%	98 38%	68 35%	72 34%	50 29%	77 35%	128 40% ei	121 37%	64 31%
Tend to disagree (2.0)	631 32%	290 30%	340 34%	122 20%	186 28% a	323 44% ab	34 36% g	78 30%	59 30%	66 32% g	62 36% g	80 36% g	73 23%	111 34% g	68 33% g
Strongly disagree (1.0)	283 14%	153 16% b	126 12%	62 10%	89 14%	131 18% ab	15 15%	39 15%	29 15%	34 16%	32 19% gh	28 13%	37 12%	37 11%	31 15%
Don't know	83 4%	36 4%	45 4%	30 5%	25 4%	28 4%	5 6%	11 4%	8 4%	8 4%	7 4%	15 7% i	13 4%	11 3%	5 2%
NET: Agree	1005 50%	496 51%	504 50%	392 65% bc	353 54% c	260 35%	42 43%	133 51% e	100 51% e	101 48%	69 41%	99 45%	194 61% abcdefhi	167 51% e	100 49%
NET: Disagree	914 46%	443 45%	466 46%	184 30%	275 42% a	454 61% ab	49 51% g	117 45% g	88 45% g	100 48% g	94 55% bcgh	108 49% g	110 35%	148 45% g	99 49% g
Base for stats	1919	939	970	577	628	714	91	250	188	201	164	207	304	315	199
Mean Score	2.53	2.51	2.55	2.82 bc	2.58 c	2.25	2.40	2.52	2.55 e	2.48	2.34	2.45	2.73 abcdefhi	2.56 e	2.52
Standard Deviation	.923	.928	.915	.928	.922	.838	.893	.918	.950	.943	.927	.858	.936	.880	.966
Standard Error	.021	.030	.030	.037	.036	.033	.085	.059	.071	.067	.070	.069	.052	.048	.069
Error variance	*	*	*	*	*	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
Total		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total		2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total		2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	296 15%	37 24% cefh	82 18% fh	77 16% fh	48 17% fh	20 13% f	32 7% f	196 18% fh	100 11% f	221 13% a	16 25% a	31 28% a	14 19% a	1 6% a	5 36% a	66 24% a
Tend to agree	(3.0)	709 35%	70 45% dfh	173 38% fh	177 38% fh	98 35% f	58 37% f	133 28% f	420 39% fh	289 31% fh	586 35% a	24 38% a	40 37% a	33 46% a	8 61% a	5 37% a	111 41% a
Tend to disagree	(2.0)	631 32%	34 22%	133 29%	143 30% a	83 30% a	54 35% a	184 38% abcdg	310 29% abg	321 35% abg	572 34% bcdg	14 21% bcdg	19 18% bcdg	12 16% bcdg	3 27% bcdg	3 21% bcdg	51 19% bcdg
Strongly disagree	(1.0)	283 14%	10 6%	58 13% a	55 12% a	36 13% a	17 11% a	107 22% abcdegh	124 11% abcegh	159 17% abcegh	248 15% a	7 12% a	12 11% a	11 15% a	- - a	1 6% a	31 12% a
Don't know		83 4%	3 2%	9 2%	19 4% bg	17 6% bg	8 5% b	27 6% bg	31 3% bg	52 6% bg	63 4% a	3 4% a	6 6% a	3 4% a	1 7% a	- - a	12 5% a
NET: Agree		1005 50%	108 69% bcdefgh	255 56% fh	253 54% fh	146 52% fh	78 50% f	165 34% f	616 57% fh	389 42% f	807 48% a	40 63% a	71 65% a	47 65% a	8 67% a	10 73% a	177 65% a
NET: Disagree		914 46%	44 28% a	191 42% a	198 42% a	119 42% a	71 45% a	291 60% abcdegh	433 40% a	481 52% abcdg	820 49% bcdg	21 33% bcdg	32 29% bcdg	22 31% bcdg	3 27% bcdg	4 27% bcdg	83 30% bcdg
Base for stats		1919	152	446	451	265	149	456	1049	869	1627	62	103	69	12	14	260
Mean Score		2.53	2.89 bcdefgh	2.62 fh	2.61 fh	2.60 fh	2.55 fh	2.20 f	2.66 fh	2.38 f	2.48 a	2.79 a	2.87 a	2.72 a	2.78 a	3.03 a	2.82 a
Standard Deviation		.923	.853	.929	.909	.937	.862	.877	.914	.913	.909	.969	.980	.961	.572	.932	.952
Standard Error		.021	.070	.044	.042	.058	.069	.042	.028	.031	.023	.123	.093	.113	.159	.249	.058
Error variance		*	*	*	*	*	*	*	*	*	*	.02	.01	.01	.03	.06	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k		
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	296	146	75	62	137	73	29	74	21	5	8	17	32	21	17	101
		15%	12%	23%	19%	21%	23%	23%	17%	15%	14%	16%	12%	25%	13%	4%	23%
			a	a	a	cgij	gij	j	j	j	j	j	cgij	j		cgij	
Tend to agree	(3.0)	709	398	142	143	285	124	53	183	43	13	14	50	54	48	127	177
		35%	32%	43%	43%	43%	39%	41%	41%	31%	40%	28%	35%	42%	29%	28%	40%
			a	a	a	ij	ij	dij				ij				ij	
Tend to disagree	(2.0)	631	465	68	80	148	85	32	123	50	8	18	46	19	52	199	116
		32%	37%	21%	24%	22%	27%	25%	28%	36%	22%	35%	33%	15%	31%	44%	26%
			bcd				h	h	h	abchk		h	h		h	abceghik	h
Strongly disagree	(1.0)	283	193	38	41	79	28	12	53	20	6	7	19	12	34	92	40
		14%	15%	11%	12%	12%	9%	9%	12%	15%	17%	14%	13%	9%	20%	20%	9%
			d											abchk	abchk		
Don't know		83	56	10	7	17	10	2	13	3	2	4	9	11	12	17	12
		4%	4%	3%	2%	3%	3%	2%	3%	2%	7%	8%	6%	9%	7%	4%	3%
													abcdjk	abck			
NET: Agree		1005	544	217	205	422	197	82	257	64	18	22	67	85	69	144	278
		50%	43%	65%	62%	63%	62%	64%	58%	46%	54%	43%	48%	67%	42%	32%	62%
			a	a	a	dfgij	dfgij	dfgij	j	j	j	j	cdfgij	j		dfgij	
NET: Disagree		914	659	106	121	227	113	43	176	71	13	25	65	31	86	291	156
		46%	52%	32%	36%	34%	35%	34%	39%	51%	39%	49%	46%	24%	51%	64%	35%
			bcd				h	h	h	abchk		hk	abhk		abchk	abcdefghik	h
Base for stats		1919	1203	323	326	649	310	125	434	135	31	47	133	116	155	434	434
Mean Score		2.53	2.41	2.79	2.69	2.74	2.78	2.79	2.64	2.48	2.55	2.48	2.49	2.90	2.37	2.16	2.78
			a	a	a	cdfgij	dgij	ij	j	j	j	j	cdfgij	j		cdfgij	
Standard Deviation		.923	.898	.932	.920	.927	.908	.906	.905	.934	.968	.956	.897	.917	.976	.796	.906
Standard Error		.021	.025	.057	.057	.040	.051	.081	.043	.081	.169	.137	.076	.079	.078	.040	.043
Error variance		*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	296 15%	32 10%	143 14%	109 20%	12 15%	264 16%	61 22%	191 14%	37 17%	36 10%	11 15%	212 16%	77 13%	5 8%	247 16%	49 12%	251 15%	41 14%
				abe		a	b		b			b		b				
Tend to agree (3.0)	709 35%	102 31%	343 33%	228 42%	36 44%	607 36%	110 40%	479 36%	71 34%	102 28%	25 35%	512 38%	172 30%	24 38%	561 36%	148 35%	600 36%	104 34%
				abe	ab							be						
Tend to disagree (2.0)	631 32%	115 35%	366 35%	127 23%	22 27%	516 31%	67 25%	440 33%	61 29%	132 36%	23 32%	419 31%	195 34%	18 28%	494 31%	137 32%	553 33%	74 24%
		c	ce			c		a		d						b		
Strongly disagree (1.0)	283 14%	63 19%	154 15%	61 11%	5 6%	219 13%	25 9%	188 14%	30 14%	85 23%	10 15%	161 12%	111 19%	13 20%	217 14%	66 16%	211 13%	69 23%
		bcde	d					a		ad			d				a	
Don't know	83 4%	15 4%	43 4%	19 3%	7 9%	69 4%	10 4%	49 4%	12 6%	8 2%	2 3%	55 4%	16 3%	4 6%	61 4%	23 5%	59 4%	16 5%
				c					b									
NET: Agree	1005 50%	134 41%	486 46%	337 62%	48 59%	871 52%	171 62%	670 50%	108 51%	138 38%	36 50%	724 53%	249 44%	30 46%	808 51%	197 47%	850 51%	145 48%
				abe	ab	ab	b		b			be						
NET: Disagree	914 46%	179 55%	520 50%	189 35%	27 33%	735 44%	92 34%	628 47%	91 43%	217 60%	33 47%	580 43%	306 54%	31 48%	711 45%	203 48%	764 46%	143 47%
		cde	cde			c		a		acd			ad					
Base for stats	1919	313	1006	525	75	1606	263	1298	200	355	69	1304	555	61	1519	400	1615	287
Mean Score	2.53	2.33	2.47	2.73	2.74	2.57	2.78	2.52	2.58	2.25	2.53	2.59	2.39	2.37	2.55	2.45	2.55	2.41
			a	abe	ab	ab	b		be		b	be	b			b		
Standard Deviation	.923	.912	.916	.920	.803	.921	.908	.914	.958	.933	.939	.902	.957	.919	.927	.907	.905	1.006
Standard Error	.021	.050	.029	.041	.094	.023	.057	.026	.067	.050	.113	.025	.041	.116	.024	.046	.023	.057
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	296 15%	9 3%	14 8%	28 10%	47 15%	36 20%	49 21%	19 19%	95 26%	111 15%	162 23%	159 27%	91 10%	43 9%
			a	a	ab	abc	abcd	abc	abcdi	ab	abcdi	bc		
Tend to agree (3.0)	709 35%	62 17%	61 34%	104 38%	117 38%	73 41%	106 46%	42 42%	144 40%	295 39%	291 42%	255 44%	285 31%	162 35%
			a	a	a	a	abi	a	a	a	a	bc		
Tend to disagree (2.0)	631 32%	141 38%	65 36%	99 36%	108 35%	44 24%	60 26%	25 26%	89 24%	251 33%	174 25%	124 21%	335 36%	164 35%
			efghj	efhj	efhj	efhj				efhj			a	a
Strongly disagree (1.0)	283 14%	133 36%	30 17%	28 10%	25 8%	22 12%	10 4%	10 10%	25 7%	75 10%	45 6%	30 5%	170 18%	79 17%
		bcd	cd	f	f	fhj		f	f	fj			a	a
Don't know	83 4%	24 6%	9 5%	18 7%	8 3%	4 2%	6 3%	3 3%	11 3%	31 4%	20 3%	12 2%	43 5%	18 4%
		defhj		defhj									a	
NET: Agree	1005 50%	71 19%	75 42%	132 48%	164 54%	110 61%	155 67%	60 61%	238 66%	405 53%	454 66%	413 71%	377 41%	206 44%
			a	a	ab	abc	abcdi	abc	abcdi	ab	abcdi	bc		
NET: Disagree	914 46%	274 74%	95 53%	127 46%	134 44%	66 37%	69 30%	36 36%	114 31%	326 43%	219 32%	153 26%	505 55%	243 52%
		bcd	defghij	fhj	fhj					fhj			a	a
Base for stats	1919	345	170	259	297	176	224	96	352	732	672	567	881	449
Mean Score	2.53	1.85	2.35	2.51	2.62	2.71	2.87	2.72	2.87	2.60	2.85	2.96	2.34	2.38
			a	ab	ab	abc	abcdi	abc	abcdei	ab	abcdi	bc		
Standard Deviation	.923	.806	.866	.826	.848	.936	.800	.902	.890	.865	.863	.841	.904	.884
Standard Error	.021	.043	.066	.051	.049	.070	.054	.094	.048	.032	.033	.035	.031	.042
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	517 26%	246 25%	265 26%	199 33% bc	180 27% c	138 19%	25 26%	62 24%	51 26%	38 18%	40 23%	59 27% d	99 31% bd	89 27% d	55 27% d
Tend to agree (3.0)	838 42%	412 42%	425 42%	263 43%	270 41%	306 41%	37 38%	112 43%	72 37%	102 49% ch	81 48% c	90 41%	133 42%	129 40%	82 40%
Tend to disagree (2.0)	391 20%	189 19%	201 20%	87 14%	109 17%	195 26% ab	19 19%	49 19%	44 23%	44 21%	29 17%	43 19%	57 18%	62 19%	43 21%
Strongly disagree (1.0)	190 9%	93 10%	95 9%	36 6%	74 11% a	79 11% a	12 13% g	31 12% g	22 11% g	22 10% g	17 10% g	19 9%	17 5%	36 11% g	15 7%
Don't know	66 3%	35 4%	29 3%	22 4%	21 3%	23 3%	4 4%	7 3%	7 4%	3 2%	4 2%	10 4%	12 4%	9 3%	10 5%
NET: Agree	1356 68%	658 67%	690 68%	462 76% bc	450 69% c	444 60%	62 64%	174 67%	123 63%	140 67%	121 71%	150 67%	232 73% c	218 67%	137 67%
NET: Disagree	580 29%	282 29%	297 29%	123 20%	183 28% a	274 37% ab	31 32%	80 31% g	66 34% g	65 31% g	46 27%	62 28%	74 23%	98 30% g	58 28%
Base for stats	1936	940	986	585	633	718	93	254	189	205	167	212	306	316	194
Mean Score	2.87	2.86	2.87	3.07 bc	2.88 c	2.70	2.81	2.81	2.80	2.76	2.86	2.89	3.03 abcdeh	2.86	2.91
Standard Deviation	.919	.917	.919	.857	.955	.903	.987	.942	.963	.877	.897	.916	.855	.955	.896
Standard Error	.021	.030	.030	.034	.038	.035	.093	.060	.072	.062	.067	.073	.048	.052	.064
Error variance	*	*	*	*	*	*	.01	*	.01	*	*	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total		2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	517 26%	57 36% cefh	136 30% fh	129 27% fh	78 28% fh	39 25% f	78 16% f	322 30% fh	195 21% f	409 24%	22 34%	40 36% a	25 35% a	2 12%	7 48%	95 35% a
Tend to agree	(3.0)	838 42%	50 32%	203 45% a	213 45% af	112 40% a	73 47% a	188 39% a	466 43% a	373 40% a	720 43%	25 39%	45 41%	28 39%	4 29%	4 30%	106 39%
Tend to disagree	(2.0)	391 20%	31 20%	80 18%	72 15%	55 20%	25 16%	128 27% bcdeg	182 17% bcdeg	208 23% bcdeg	350 21% g	9 14%	15 13%	9 13%	4 28%	2 14%	38 14%
Strongly disagree	(1.0)	190 9%	14 9%	30 6%	38 8%	28 10%	15 10%	66 14% bcg	81 8% bcg	108 12% bcg	166 10%	6 9%	6 5%	5 7%	3 24%	1 8%	20 7%
Don't know		66 3%	4 3%	6 1%	19 4% b	9 3%	5 3%	23 5% bg	29 3% bg	36 4% b	45 3%	3 4%	5 4%	5 7% a	1 7%	- -	13 5% a
NET: Agree		1356 68%	106 68% f	339 75% dfh	342 73% fh	190 68% f	112 72% fh	266 55% fh	787 73% fh	568 62% f	1130 67%	47 73%	85 77% a	53 74%	5 41%	11 78%	201 74% a
NET: Disagree		580 29%	45 29%	110 24%	109 23%	83 29%	40 25%	194 40% abcdegh	264 24% bcdeg	317 34% bcdeg	516 31% cdg	15 23%	20 18%	14 20%	7 52%	3 22%	58 21%
Base for stats		1936	151	449	451	273	152	460	1051	885	1646	62	105	67	12	14	259
Mean Score		2.87	2.99	2.99	2.96	2.88	2.90	2.61	2.98	2.74	2.83	3.02	3.14	3.10	2.32	3.18	3.06
Standard Deviation		.919	.977	.864	.883	.940	.899	.931	.888	.938	.916	.942	.849	.895	1.037	.991	.909
Standard Error		.021	.081	.041	.041	.057	.071	.044	.027	.032	.023	.120	.081	.107	.288	.265	.055
Error variance		*	.01	*	*	*	.01	*	*	*	*	.01	.01	.01	.08	.07	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k		
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	517 26%	284 23%	105 31%	106 32%	210 32%	122 38%	44 34%	111 25%	36 26%	8 23%	11 21%	42 30%	44 34%	33 20%	68 15%	165 37%
			a	a	a	cd	fij	cij	j	j			ij	cij			cd
Tend to agree	(3.0)	838 42%	528 42%	151 45%	130 39%	281 42%	147 46%	54 43%	178 40%	59 43%	15 46%	20 39%	68 48%	53 42%	59 35%	184 41%	202 45%
						i							i				i
Tend to disagree	(2.0)	391 20%	276 22%	46 14%	59 18%	105 16%	34 11%	20 16%	94 21%	22 16%	7 22%	12 24%	13 9%	16 13%	42 25%	131 29%	54 12%
			bd						aghk	ag	agk			aghk	abcdghk		
Strongly disagree	(1.0)	190 9%	127 10%	29 9%	29 9%	58 9%	13 4%	7 6%	55 12%	15 11%	2 7%	5 9%	14 10%	7 6%	20 12%	50 11%	20 4%
									abhk	ak			ak	ahk	ak		
Don't know		66 3%	44 3%	2 1%	9 3%	11 2%	4 1%	2 2%	9 2%	5 4%	1 2%	4 7%	3 2%	7 6%	13 8%	18 4%	6 1%
			bd									ack	ack	abcgk	ak		
NET: Agree		1356 68%	812 65%	256 77%	236 71%	492 74%	269 84%	98 77%	289 65%	95 69%	23 69%	30 60%	110 78%	97 76%	92 55%	253 56%	367 82%
			a	a	a	cdefhij		cij	ij	ij		cfij	cfij			cdefij	
NET: Disagree		580 29%	403 32%	75 22%	88 26%	163 24%	46 15%	27 21%	149 33%	38 27%	10 29%	17 33%	28 20%	24 18%	62 37%	181 40%	74 16%
			bd						abghk	ak	a	aghk			abghk	abcdghk	
Base for stats		1936	1215	331	324	655	315	125	438	133	33	47	138	120	154	434	440
Mean Score		2.87	2.80	3.00	2.96	2.98	3.20	3.07	2.79	2.87	2.86	2.77	3.00	3.11	2.68	2.62	3.16
			a	a	a	cdefgij		cfij	j	j		cij	cd	fij		cdefgij	
Standard Deviation		.919	.916	.898	.932	.914	.785	.859	.963	.944	.870	.919	.906	.859	.959	.885	.808
Standard Error		.021	.025	.054	.058	.040	.044	.077	.046	.082	.147	.131	.075	.073	.077	.045	.038
Error variance		*	*	*	*	*	*	.01	*	.01	.02	.02	.01	.01	.01	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	517 26%	69 21%	259 25%	166 31%	23 28%	448 27%	88 32%	344 26%	43 20%	55 15%	17 24%	390 29%	107 19%	6 9%	429 27%	88 21%	445 27%	65 21%
Tend to agree (3.0)	838 42%	137 42%	444 42%	220 40%	37 46%	701 42%	110 40%	573 43%	96 45%	137 38%	32 45%	580 43%	233 41%	26 41%	650 41%	188 44%	711 43%	121 40%
Tend to disagree (2.0)	391 20%	73 22%	213 20%	94 17%	10 13%	318 19%	53 19%	258 19%	44 21%	103 28%	19 26%	234 17%	148 26%	17 26%	309 20%	82 19%	328 20%	62 20%
Strongly disagree (1.0)	190 9%	41 13%	97 9%	47 9%	5 6%	148 9%	17 6%	126 9%	19 9%	55 15%	2 3%	120 9%	63 11%	13 20%	147 9%	43 10%	149 9%	40 13%
Don't know	66 3%	7 2%	36 3%	17 3%	6 8%	59 4%	5 2%	47 3%	10 5%	14 4%	2 3%	35 3%	21 4%	3 5%	44 3%	22 5%	40 2%	16 5%
NET: Agree	1356 68%	206 63%	703 67%	386 71%	61 74%	1150 69%	199 73%	917 68%	139 66%	192 53%	49 68%	970 71%	340 59%	32 50%	1079 68%	276 65%	1156 69%	186 61%
NET: Disagree	580 29%	114 35%	310 30%	141 26%	15 18%	466 28%	70 26%	384 29%	63 30%	158 44%	21 29%	353 26%	211 37%	29 45%	456 29%	125 29%	477 29%	102 34%
Base for stats	1936	320	1013	528	75	1616	269	1301	202	350	69	1324	551	61	1535	401	1633	288
Mean Score	2.87	2.73	2.85	2.96	3.05	2.90	3.01	2.87	2.80	2.55	2.92	2.94	2.70	2.41	2.89	2.80	2.89	2.73
Standard Deviation	.919	.943	.910	.922	.835	.912	.882	.913	.881	.937	.791	.911	.911	.928	.922	.903	.909	.964
Standard Error	.021	.051	.028	.041	.098	.023	.055	.025	.061	.051	.095	.025	.039	.117	.023	.046	.023	.055
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	517 26%	48 13%	36 20%	65 23%	78 26%	50 28%	71 31%	38 38%	132 36%	193 25%	241 35%	231 40%	177 19%	107 23%
			a	a	a	a	ab	abcdi	abcdei	a	abcdi	bc		
Tend to agree (3.0)	838 42%	133 36%	77 43%	123 45%	141 46%	86 48%	104 45%	37 37%	137 38%	351 46%	278 40%	248 43%	379 41%	203 43%
				a	ah	ah	a			ahj				
Tend to disagree (2.0)	391 20%	86 23%	46 26%	61 22%	54 18%	28 15%	40 17%	15 15%	61 17%	143 19%	116 17%	67 11%	227 25%	90 19%
			ehj	defhij									ac	a
Strongly disagree (1.0)	190 9%	78 21%	13 7%	23 8%	26 9%	10 6%	9 4%	7 7%	24 7%	59 8%	40 6%	26 4%	106 12%	55 12%
		bcddefghij		f	f					f			a	a
Don't know	66 3%	25 7%	7 4%	5 2%	6 2%	7 4%	6 3%	2 2%	9 2%	18 2%	16 2%	8 1%	35 4%	12 3%
		cdfhij											a	
NET: Agree	1356 68%	180 49%	113 63%	188 68%	219 72%	136 75%	175 76%	74 75%	270 74%	543 71%	519 75%	479 83%	556 60%	310 66%
		a	a	a	a	ab	abc	ab	ab	ab	abc	bc		b
NET: Disagree	580 29%	163 44%	59 33%	84 30%	80 26%	38 21%	49 21%	23 23%	85 23%	202 26%	157 23%	93 16%	333 36%	145 31%
		bcddefghij	efhj	efj									a	a
Base for stats	1936	344	172	272	299	173	224	97	355	745	676	571	889	455
Mean Score	2.87	2.44	2.79	2.85	2.91	3.01	3.06	3.08	3.07	2.91	3.07	3.20	2.71	2.79
		a	a	a	a	abc	abcdi	abc	abcdi	a	abcdi	bc		
Standard Deviation	.919	.989	.858	.880	.886	.827	.810	.923	.902	.871	.874	.815	.920	.936
Standard Error	.021	.053	.065	.053	.051	.063	.054	.095	.048	.032	.034	.034	.031	.044
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	282 14%	152 16%	127 13%	105 17%	107 16%	70 9%	10 11%	43 16%	32 16%	21 10%	18 10%	35 16%	53 17%	45 14%	25 12%
Tend to agree (3.0)	761 38%	356 37%	404 40%	239 39%	252 38%	271 37%	34 36%	85 33%	75 38%	95 46%	70 41%	76 34%	114 36%	128 39%	83 41%
Tend to disagree (2.0)	524 26%	246 25%	277 27%	145 24%	155 24%	223 30%	28 29%	67 26%	46 23%	48 23%	50 29%	67 30%	72 23%	91 28%	55 27%
Strongly disagree (1.0)	309 15%	156 16%	148 15%	72 12%	105 16%	132 18%	18 18%	49 19%	32 16%	33 16%	21 12%	28 13%	52 16%	45 14%	30 15%
Don't know	126 6%	65 7%	59 6%	46 8%	35 5%	45 6%	6 6%	17 6%	11 6%	10 5%	12 7%	16 7%	26 8%	17 5%	11 5%
NET: Agree	1044 52%	508 52%	531 52%	344 57%	359 55%	341 46%	45 46%	127 49%	107 55%	117 56%	88 51%	111 50%	167 53%	173 53%	108 53%
NET: Disagree	832 42%	402 41%	424 42%	217 36%	260 40%	355 48%	46 47%	117 45%	78 40%	82 39%	71 41%	95 43%	124 39%	136 42%	85 42%
Base for stats	1876	910	956	561	619	696	90	244	185	199	159	206	291	309	193
Mean Score	2.54	2.55	2.53	2.67	2.58	2.40	2.42	2.49	2.58	2.53	2.53	2.57	2.58	2.56	2.53
Standard Deviation	.937	.962	.908	.924	.964	.906	.936	1.004	.971	.896	.865	.928	.983	.914	.905
Standard Error	.022	.032	.030	.038	.038	.036	.089	.065	.073	.064	.067	.075	.056	.050	.065
Error variance	*	*	*	*	*	*	.01	*	.01	*	*	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree (4.0)	282 14%	35 23% cdefh	85 19% cefh	65 14%	38 13%	13 8%	47 10%	185 17% efh	98 11%	221 13%	11 17%	23 21% a	16 22% a	1 7%	3 23%	54 20% a	
Tend to agree (3.0)	761 38%	53 34%	168 37%	196 42%	108 38%	64 41%	172 36%	417 39%	344 37%	647 38%	24 38%	51 46%	25 35%	3 22%	4 27%	107 39%	
Tend to disagree (2.0)	524 26%	31 20%	128 28% a	113 24%	72 26%	42 27%	138 29% a	272 25%	252 27%	466 28% cdg	18 28% cd	16 14%	10 14%	6 44%	3 25%	52 19%	
Strongly disagree (1.0)	309 15%	28 18%	58 13%	65 14%	40 14%	29 18%	89 18% bcg	151 14%	158 17% bg	256 15%	8 13%	14 13%	16 22%	3 22%	3 19%	44 16%	
Don't know	126 6%	7 5%	17 4%	32 7% b	23 8% bg	9 6%	37 8% b	56 5%	70 8% bg	101 6%	3 4%	6 5%	6 8%	1 6%	1 6%	16 6%	
NET: Agree	1044 52%	89 57% fh	252 55% fh	261 55% fh	146 52%	77 49%	219 45%	602 56% fh	442 48%	868 51%	35 55%	73 67% a	41 57%	4 28%	7 50%	160 59% a	
NET: Disagree	832 42%	59 38%	186 41%	178 38%	112 40%	71 45%	227 47% cg	422 39%	410 44% cg	722 43% cg	27 41%	30 27%	25 35%	8 66%	6 44%	96 35%	
Base for stats	1876	148	438	438	258	148	446	1024	852	1590	62	103	66	12	13	256	
Mean Score	2.54	2.65 efh	2.64 efh	2.60 efh	2.56 f	2.41	2.40	2.62 efh	2.45	2.52	2.61	2.79 a	2.63	2.14	2.57	2.66 a	
Standard Deviation	.937	1.046	.940	.913	.924	.900	.923	.944	.921	.922	.938	.944	1.096	.897	1.116	.994	
Standard Error	.022	.087	.045	.043	.058	.072	.044	.029	.032	.023	.119	.090	.131	.249	.310	.061	
Error variance	*	.01	*	*	*	.01	*	*	*	*	.01	.01	.02	.06	.10	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	282 14%	147 12%	57 17%	64 19%	121 18%	52 16%	29 22%	77 17%	19 14%	1 2%	10 19%	20 14%	19 15%	19 11%	37 8%	81 18%
			a	a	a	ej	eij	ej	j		ej	j	ej			eij
Tend to agree (3.0)	761 38%	462 37%	138 41%	132 40%	270 41%	129 41%	54 42%	171 38%	54 39%	14 40%	10 19%	49 35%	52 41%	57 34%	172 38%	183 41%
			f	f	f	f	f	f	f	f	f	f	f	f	f	f
Tend to disagree (2.0)	524 26%	358 28%	75 23%	79 24%	154 23%	88 28%	26 20%	106 24%	38 27%	9 28%	14 28%	33 23%	21 16%	48 29%	140 31%	114 26%
		bd				h			h					h	bch	h
Strongly disagree (1.0)	309 15%	209 17%	44 13%	46 14%	90 14%	31 10%	15 12%	71 16%	20 14%	8 23%	11 22%	27 19%	19 15%	30 18%	77 17%	46 10%
								ak		ak	ak	ak		ak	ak	
Don't know	126 6%	83 7%	19 6%	12 4%	30 5%	19 6%	4 3%	21 5%	7 5%	2 7%	6 12%	12 9%	16 13%	13 8%	26 6%	23 5%
											bck	b	abcdjk			
NET: Agree	1044 52%	609 48%	195 59%	197 59%	392 59%	182 57%	82 65%	248 56%	74 53%	14 43%	19 38%	69 49%	71 56%	76 45%	208 46%	264 59%
			a	a	a	fij	efgij	fij					fj			fgij
NET: Disagree	832 42%	567 45%	119 36%	125 37%	244 37%	119 37%	41 33%	177 40%	58 42%	17 51%	25 50%	60 42%	40 31%	78 47%	217 48%	160 36%
		bcd								bh	bhk	h		abhk	abchk	
Base for stats	1876	1176	315	321	636	301	124	426	131	31	45	129	111	153	425	424
Mean Score	2.54	2.47	2.66	2.67	2.66	2.68	2.77	2.60	2.55	2.24	2.40	2.48	2.64	2.42	2.40	2.70
			a	a	a	egij	efgij	eij				ej				efgij
Standard Deviation	.937	.925	.933	.954	.943	.879	.945	.970	.921	.861	1.095	.995	.963	.940	.879	.899
Standard Error	.022	.026	.058	.059	.041	.050	.086	.047	.081	.150	.160	.085	.085	.076	.045	.043
Error variance	*	*	*	*	*	*	.01	*	.01	.02	.03	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	282 14%	37 11%	132 13%	99 18% abe	14 17%	245 15%	53 20% b	182 13%	30 14% bf	32 9% bf	14 20% bf	203 15% bf	70 12%	3 4%	225 14%	57 14%	237 14%	39 13%
Tend to agree (3.0)	761 38%	128 39%	391 37%	213 39% abe	29 36%	633 38%	120 44% b	499 37%	72 34% bf	113 31% bf	30 42% f	543 40% bef	197 34%	15 23%	617 39%	144 34%	658 39% b	102 33%
Tend to disagree (2.0)	524 26%	89 27% d	294 28% cd	127 23%	13 16%	435 26%	58 21%	370 27% a	60 28%	107 30%	19 26%	351 26%	154 27%	30 46% abcde	399 25%	125 30%	451 27%	70 23%
Strongly disagree (1.0)	309 15%	50 15%	171 16%	70 13%	18 22% c	259 15%	29 10%	222 16% a	34 16%	83 23% acd	5 7%	192 14%	106 19% cd	14 22% c	244 15%	65 15%	238 14%	65 21% a
Don't know	126 6%	24 7%	60 6%	35 6%	7 8%	102 6%	14 5%	75 6%	16 7%	29 8% d	4 5%	69 5%	44 8% d	3 4%	95 6%	31 7%	89 5%	29 10% a
NET: Agree	1044 52%	165 50%	523 50%	312 57% ab	43 53%	879 52%	173 63% b	680 50%	102 48% bf	144 40% bf	44 62% bef	746 55% bef	267 47% bf	18 28%	842 53% b	201 48%	895 53% b	140 46%
NET: Disagree	832 42%	139 42%	465 44% c	197 36% c	32 39%	694 41% c	86 32%	592 44% a	94 44%	190 52% cde	24 33%	543 40%	260 46% d	44 68% abcde	642 41%	190 45%	689 41%	135 44%
Base for stats	1876	304	989	509	75	1572	259	1272	196	334	68	1290	527	62	1484	392	1584	275
Mean Score	2.54	2.50	2.49	2.67 abe	2.52	2.55	2.76 b	2.50	2.50 bf	2.28 bf	2.78 abef	2.59 bef	2.44 bf	2.10	2.55	2.49	2.56 b	2.42
Standard Deviation	.937	.909	.929	.941	1.062	.943	.904	.941	.951	.942	.867	.925	.958	.810	.938	.937	.920	.999
Standard Error	.022	.051	.029	.043	.124	.024	.057	.027	.067	.052	.105	.026	.042	.101	.024	.048	.023	.058
Error variance	*	*	*	*	.02	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	282 14%	29 8%	18 10%	30 11%	36 12%	30 17%	43 19%	17 17%	79 22%	96 13%	139 20%	133 23%	86 9%	59 13%
						a	abcdi	a	abcdi	a	abcdi	bc		
Tend to agree (3.0)	761 38%	101 27%	82 46%	111 40%	136 44%	69 38%	86 37%	33 34%	144 40%	315 41%	263 38%	234 40%	337 36%	181 39%
			a	a	a	a	a	a	a	a	a			
Tend to disagree (2.0)	524 26%	103 28%	55 31%	81 29%	79 26%	44 24%	51 22%	24 24%	87 24%	203 27%	163 23%	124 21%	272 29%	123 26%
			fj										a	
Strongly disagree (1.0)	309 15%	100 27%	15 8%	42 15%	34 11%	28 16%	37 16%	16 16%	37 10%	104 14%	90 13%	67 12%	164 18%	75 16%
		bcddefghij	b	b	b	b	bh						a	a
Don't know	126 6%	35 9%	9 5%	14 5%	21 7%	9 5%	13 6%	8 9%	16 5%	44 6%	38 5%	21 4%	66 7%	29 6%
		chij											a	
NET: Agree	1044 52%	130 35%	100 56%	141 51%	172 56%	99 55%	129 56%	50 51%	223 61%	412 54%	402 58%	367 63%	423 46%	240 51%
		a	a	a	a	a	a	a	aci	a	ac	bc		b
NET: Disagree	832 42%	203 55%	70 39%	122 44%	113 37%	72 40%	88 38%	40 40%	124 34%	307 40%	253 37%	190 33%	436 47%	199 42%
		bcddefghij		hj									a	a
Base for stats	1876	334	170	263	284	171	217	90	347	718	654	558	858	439
Mean Score	2.54	2.18	2.61	2.49	2.61	2.59	2.62	2.57	2.76	2.56	2.69	2.78	2.40	2.51
		a	a	a	a	a	a	a	acdi	a	aci	bc		b
Standard Deviation	.937	.962	.794	.894	.855	.963	.990	.990	.923	.896	.957	.944	.907	.930
Standard Error	.022	.053	.061	.055	.051	.074	.068	.106	.050	.033	.038	.040	.031	.044
Error variance	*	*	*	*	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region									
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%																
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203	
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree (4.0)	508 25%	269 28% b	235 23% c	192 32% c	176 27% c	140 19%	23 23%	64 24%	47 24%	53 25%	41 24%	59 26%	100 32% hi	77 24%	45 22%	
Tend to agree (3.0)	638 32%	317 33%	316 31%	220 36% c	207 32%	211 28%	28 29%	98 38% f	68 35%	65 31%	54 31%	60 27%	101 32%	102 31%	63 31%	
Tend to disagree (2.0)	495 25%	231 24%	264 26%	115 19%	160 24% a	221 30% ab	29 31% bg	49 19%	48 25%	57 27% b	52 30% bg	54 24%	68 22%	87 27% b	51 25%	
Strongly disagree (1.0)	257 13%	104 11% a	151 15% a	43 7%	76 12% a	138 19% ab	12 12%	40 15% g	27 14%	25 12%	18 10%	36 16% g	29 9%	41 13%	30 15% g	
Don't know	103 5%	54 5%	49 5%	38 6%	34 5%	32 4%	5 5%	10 4%	5 3%	8 4%	8 4%	14 6%	19 6%	18 6%	16 8% c	
NET: Agree	1146 57%	587 60% b	550 54%	412 68% bc	384 59% c	351 47%	50 52%	162 62% i	116 59%	118 57%	94 55%	118 53%	201 63% afhi	179 55%	107 53%	
NET: Disagree	752 38%	335 34%	416 41% a	157 26%	236 36% a	359 48% ab	41 43% g	89 34%	75 38%	82 39% g	69 40% g	89 40% g	97 31%	128 39% g	81 40% g	
Base for stats	1899	921	966	569	620	710	92	251	191	201	163	208	299	307	188	
Mean Score	2.74	2.82 b	2.66 c	2.99 bc	2.78 c	2.50	2.66	2.74	2.71	2.73	2.72	2.68	2.91 abcdefhi	2.70	2.65	
Standard Deviation	1.001	.980	1.013	.916	.994	1.018	.993	1.013	.995	.989	.961	1.063	.975	.990	1.014	
Standard Error	.023	.032	.033	.037	.040	.040	.094	.065	.074	.070	.073	.085	.055	.054	.074	
Error variance	*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	.01	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	508	42	149	119	78	35	84	311	197	408	19	37	23	4	8	91
		25%	27%	33%	25%	28%	22%	17%	29%	21%	24%	29%	34%	32%	28%	56%	33%
			f	cefh	f	fh		fh					a			a	
Tend to agree	(3.0)	638	50	146	174	92	53	123	370	268	530	23	40	25	4	6	98
		32%	32%	32%	37%	33%	34%	25%	34%	29%	31%	36%	37%	34%	28%	44%	36%
			f	f	fh	f	f		fh								
Tend to disagree	(2.0)	495	38	107	107	63	38	142	252	243	445	11	18	14	4	-	47
		25%	24%	24%	23%	22%	24%	29%	23%	26%	26%	17%	17%	20%	29%	-	17%
								bcdg			cg						
Strongly disagree	(1.0)	257	15	37	44	38	20	102	97	160	225	8	7	8	1	-	24
		13%	10%	8%	9%	13%	13%	21%	9%	17%	13%	13%	7%	11%	8%	-	9%
					bg		abcdeg		abcg	cg							
Don't know		103	10	15	26	11	11	31	51	53	82	3	6	2	1	-	12
		5%	6%	3%	5%	4%	7%	6%	5%	6%	5%	5%	6%	3%	7%	-	5%
							b										
NET: Agree		1146	92	295	293	170	88	208	681	466	938	42	77	48	7	14	189
		57%	59%	65%	62%	60%	56%	43%	63%	51%	56%	66%	71%	67%	57%	100%	69%
			fh	efh	fh	fh	f		fh	f			a			a	
NET: Disagree		752	53	144	152	100	58	245	349	403	670	19	26	22	5	-	71
		38%	34%	32%	32%	36%	37%	51%	32%	44%	40%	29%	23%	31%	36%	-	26%
							abcdegh		abcdg	cg							
Base for stats		1899	145	440	445	270	146	452	1030	869	1609	61	103	70	12	14	260
Mean Score		2.74	2.82	2.93	2.83	2.78	2.71	2.42	2.87	2.58	2.70	2.87	3.04	2.90	2.83	3.56	2.98
			fh	defh	fh	fh	f		efh	f			a			a	
Standard Deviation		1.001	.973	.958	.938	1.016	.986	1.035	.952	1.034	1.000	1.006	.910	.999	1.003	.515	.953
Standard Error		.023	.082	.046	.044	.062	.079	.049	.030	.035	.025	.128	.087	.117	.278	.138	.058
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.08	.02	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d		a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	508	297	94	99	193	88	40	120	40	7	12	39	50	39	73	128
		25%	24%	28%	30%	29%	27%	32%	27%	29%	22%	23%	28%	39%	24%	16%	29%
				a	a		j	j	j	j		j	acfgijk	j		j	
Tend to agree	(3.0)	638	365	128	119	247	126	40	160	38	13	12	44	35	40	130	166
		32%	29%	38%	36%	37%	39%	32%	36%	27%	39%	24%	31%	28%	24%	29%	37%
				a	a	a	dfhij		ij							dhij	
Tend to disagree	(2.0)	495	339	65	75	140	60	29	107	33	8	18	37	24	46	133	89
		25%	27%	20%	22%	21%	19%	23%	24%	24%	25%	35%	26%	19%	28%	29%	20%
			bd									ahk		ak	ahk		
Strongly disagree	(1.0)	257	196	29	28	57	27	13	40	21	3	6	18	6	26	98	40
		13%	16%	9%	8%	9%	9%	10%	9%	16%	8%	11%	13%	4%	16%	22%	9%
			bcd						achk			h		achk	abcghk		
Don't know		103	62	17	12	29	19	5	20	7	2	3	4	12	14	18	24
		5%	5%	5%	4%	4%	6%	4%	4%	5%	6%	7%	3%	9%	9%	4%	5%
													cgj	cgj			
NET: Agree		1146	662	222	219	440	213	81	280	77	21	24	83	85	79	203	294
		57%	53%	67%	66%	66%	67%	63%	63%	56%	61%	47%	59%	67%	48%	45%	66%
				a	a	a	dfij	fij	fij	j		j	fij		dfij		
NET: Disagree		752	535	95	102	197	87	42	146	54	11	23	55	30	73	231	129
		38%	43%	28%	31%	30%	27%	33%	33%	39%	33%	46%	39%	24%	44%	51%	29%
			bcd					h	ahk		achk	ahk		achk	abcdeghk		
Base for stats		1899	1197	316	321	637	301	122	427	131	32	47	138	115	152	434	423
Mean Score		2.74	2.64	2.90	2.90	2.90	2.91	2.89	2.85	2.72	2.80	2.63	2.75	3.12	2.61	2.41	2.90
				a	a	a	ij	ij	ij	j	j	j	abcdfgijk	j		ij	
Standard Deviation		1.001	1.028	.932	.937	.934	.922	.986	.940	1.066	.906	.998	1.009	.914	1.054	1.016	.940
Standard Error		.023	.029	.058	.058	.041	.053	.090	.045	.093	.155	.143	.084	.079	.085	.051	.046
Error variance		*	*	*	*	*	*	.01	*	.01	.02	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	508 25%	73 22%	252 24%	155 29%	28 34%	435 26%	91 33%	327 24%	58 27%	77 21%	26 37%	355 26%	139 24%	17 26%	418 26%	91 21%	422 25%	80 26%
Tend to agree (3.0)	638 32%	99 30%	326 31%	186 34%	27 33%	539 32%	90 33%	431 32%	63 30%	83 23%	22 31%	464 34%	149 26%	18 28%	507 32%	131 31%	534 32%	99 32%
Tend to disagree (2.0)	495 25%	86 26%	276 26%	118 22%	15 18%	409 24%	58 21%	347 26%	53 25%	104 29%	15 21%	326 24%	154 27%	17 26%	384 24%	111 26%	431 26%	61 20%
Strongly disagree (1.0)	257 13%	57 17%	144 14%	49 9%	7 8%	200 12%	24 9%	173 13%	27 13%	76 21%	4 6%	154 11%	99 17%	8 12%	195 12%	62 15%	215 13%	39 13%
Don't know	103 5%	12 4%	51 5%	35 6%	5 7%	91 5%	10 4%	69 5%	11 5%	22 6%	3 4%	60 4%	31 5%	5 8%	76 5%	27 6%	71 4%	24 8%
NET: Agree	1146 57%	172 53%	578 55%	342 63%	55 67%	974 58%	181 66%	758 56%	121 57%	160 44%	49 68%	819 60%	288 50%	35 54%	925 59%	222 52%	955 57%	179 59%
NET: Disagree	752 38%	143 44%	420 40%	168 31%	22 26%	609 36%	82 30%	520 39%	79 38%	180 50%	20 28%	480 35%	253 44%	25 38%	579 37%	174 41%	647 39%	101 33%
Base for stats	1899	315	998	509	76	1584	263	1278	200	341	68	1299	541	60	1503	395	1602	280
Mean Score	2.74	2.60	2.69	2.88	2.99	2.76	2.94	2.71	2.76	2.47	3.03	2.78	2.60	2.74	2.76	2.63	2.73	2.79
Standard Deviation	1.001	1.034	1.005	.955	.957	.992	.966	.994	1.015	1.073	.937	.977	1.058	1.018	.998	1.005	.998	1.013
Standard Error	.023	.057	.032	.044	.111	.025	.061	.028	.071	.059	.114	.027	.046	.129	.026	.051	.025	.059
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	508 25%	64 17%	44 25%	61 22%	88 29%	52 29%	59 26%	25 25%	116 32%	200 26%	200 29%	177 31%	169 18%	159 34%
			a		a	a	a		aci	a	ac	b		b
Tend to agree (3.0)	638 32%	79 22%	57 32%	106 38%	105 34%	64 36%	83 36%	36 36%	106 29%	276 36%	225 33%	198 34%	271 29%	161 34%
			a	ah	a	a	a	a	a	ah	a	b		b
Tend to disagree (2.0)	495 25%	107 29%	45 25%	73 27%	64 21%	38 21%	58 25%	25 26%	85 23%	176 23%	168 24%	128 22%	268 29%	93 20%
												di		ac
Strongly disagree (1.0)	257 13%	88 24%	18 10%	23 8%	32 10%	18 10%	24 10%	10 10%	45 12%	73 10%	78 11%	55 9%	167 18%	33 7%
													ac	
Don't know	103 5%	31 8%	15 8%	13 5%	17 5%	7 4%	6 3%	3 3%	11 3%	37 5%	20 3%	21 4%	50 5%	21 5%
			fhij	fhj										
NET: Agree	1146 57%	143 39%	102 57%	167 60%	193 63%	117 65%	142 62%	61 61%	222 61%	477 63%	425 61%	375 65%	439 48%	320 69%
			a	a	a	a	a	a	a	a	a	b		b
NET: Disagree	752 38%	195 53%	63 35%	96 35%	96 31%	56 31%	82 36%	35 36%	130 36%	248 33%	246 36%	182 31%	435 47%	126 27%
													ac	
Base for stats	1899	338	164	263	289	173	224	96	352	725	672	558	874	446
Mean Score	2.74	2.35	2.78	2.78	2.86	2.87	2.79	2.79	2.83	2.83	2.81	2.89	2.50	3.00
			a	a	a	a	a	a	a	a	a	b		b
Standard Deviation	1.001	1.062	.969	.900	.975	.964	.952	.947	1.028	.945	.991	.963	1.010	.928
Standard Error	.023	.058	.075	.055	.057	.073	.064	.098	.055	.035	.038	.041	.034	.044
Error variance	*	*	.01	*	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	300 15%	136 14%	160 16%	93 15%	102 16%	104 14%	19 20%	39 15%	23 12%	29 14%	28 16%	36 16%	63 20%	40 12%	22 11%
Tend to agree (3.0)	555 28%	257 26%	297 29%	200 33%	195 30%	159 21%	22 23%	82 31%	50 25%	66 32%	52 30%	57 26%	98 31%	85 26%	42 21%
Tend to disagree (2.0)	604 30%	287 29%	314 31%	184 30%	187 29%	233 31%	34 35%	71 27%	64 33%	55 26%	50 29%	55 25%	82 26%	110 34%	83 41%
Strongly disagree (1.0)	484 24%	268 27%	215 21%	107 18%	151 23%	227 31%	18 19%	66 25%	55 28%	50 24%	37 22%	64 29%	59 19%	85 26%	49 24%
Don't know	60 3%	27 3%	30 3%	23 4%	19 3%	18 2%	4 4%	3 1%	5 2%	8 4%	4 2%	9 4%	15 5%	5 1%	7 3%
NET: Agree	854 43%	393 40%	456 45%	294 48%	298 46%	263 35%	41 42%	120 46%	72 37%	96 46%	80 47%	94 42%	161 51%	126 39%	65 32%
NET: Disagree	1088 54%	555 57%	528 52%	290 48%	338 52%	460 62%	52 54%	137 52%	119 61%	105 50%	88 51%	119 54%	141 44%	195 60%	132 65%
Base for stats	1942	948	985	584	635	723	93	257	191	200	167	213	302	321	197
Mean Score	2.34	2.28	2.41	2.48	2.39	2.19	2.45	2.36	2.21	2.37	2.42	2.31	2.55	2.25	2.19
Standard Deviation	1.017	1.026	1.002	.967	1.019	1.035	1.032	1.025	.989	1.015	1.014	1.079	1.029	.986	.942
Standard Error	.023	.033	.032	.039	.040	.040	.097	.065	.074	.072	.076	.086	.058	.053	.067
Error variance	*	*	*	*	*	*	.01	*	.01	.01	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	300	21	73	60	45	26	75	154	146	229	11	29	17	2	3	61
		15%	13%	16%	13%	16%	16%	14%	16%	16%	14%	16%	26%	23%	19%	23%	23%
													a	a			a
Tend to agree	(3.0)	555	51	119	146	85	47	107	317	238	462	21	29	27	4	7	88
		28%	33%	26%	31%	30%	30%	22%	29%	26%	27%	33%	26%	37%	32%	50%	32%
			f	fh	f	f	f	f	f								
Tend to disagree	(2.0)	604	49	142	143	89	36	145	334	269	529	16	28	15	3	2	64
		30%	32%	31%	30%	31%	23%	30%	31%	29%	31%	26%	25%	20%	26%	11%	23%
			e	e	e	e	e	e	e	dg							
Strongly disagree	(1.0)	484	31	117	101	59	43	134	249	235	428	14	20	12	3	2	51
		24%	20%	26%	22%	21%	27%	28%	23%	26%	25%	22%	18%	17%	24%	16%	19%
								cd		g							
Don't know		60	3	4	20	5	6	23	26	33	42	2	5	2	-	-	8
		3%	2%	1%	4%	2%	4%	5%	2%	4%	3%	3%	4%	3%	-	-	3%
				bd	bd	b	bdg	b	b								
NET: Agree		854	72	192	206	130	72	182	471	384	691	32	57	43	6	10	149
		43%	47%	42%	44%	46%	46%	38%	44%	42%	41%	50%	53%	60%	50%	72%	55%
					f	f	f	f	f				a	a			a
NET: Disagree		1088	80	259	245	147	78	279	584	504	957	31	47	27	6	4	115
		54%	52%	57%	52%	50%	58%	54%	55%	57%	48%	43%	37%	50%	28%	42%	
										cdg							
Base for stats		1942	153	451	450	277	151	460	1054	888	1648	63	105	70	13	14	264
Mean Score		2.34	2.41	2.33	2.36	2.42	2.37	2.27	2.36	2.33	2.30	2.45	2.63	2.68	2.45	2.78	2.60
												a	a				a
Standard Deviation		1.017	.964	1.032	.974	.998	1.071	1.051	.997	1.040	1.003	1.026	1.079	1.027	1.092	1.012	1.047
Standard Error		.023	.079	.049	.045	.060	.085	.050	.031	.035	.025	.129	.102	.120	.292	.270	.063
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.09	.07	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	300 15%	186 15%	48 14%	50 15%	98 15%	45 14%	21 16%	60 13%	27 19%	4 12%	7 13%	21 15%	16 12%	33 20%	67 15%	66 15%
Tend to agree (3.0)	555 28%	314 25%	107 32%	112 34%	219 33%	99 31%	52 41%	139 31%	33 24%	7 21%	11 21%	48 34%	41 32%	40 24%	86 19%	152 34%
Tend to disagree (2.0)	604 30%	384 31%	107 32%	91 27%	197 30%	98 31%	31 24%	121 27%	44 32%	11 33%	19 38%	38 27%	36 28%	54 33%	152 34%	129 29%
Strongly disagree (1.0)	484 24%	335 27%	64 19%	76 23%	140 21%	70 22%	22 18%	116 26%	31 23%	10 29%	12 23%	32 23%	25 19%	29 18%	137 30%	92 21%
Don't know	60 3%	40 3%	7 2%	4 1%	12 2%	7 2%	1 1%	11 3%	3 2%	2 5%	3 5%	2 1%	11 8%	11 6%	10 2%	8 2%
NET: Agree	854 43%	500 40%	155 47%	162 49%	317 48%	144 45%	73 58%	198 44%	59 43%	11 33%	17 34%	69 49%	57 44%	73 44%	153 34%	218 49%
NET: Disagree	1088 54%	719 57%	171 51%	167 50%	337 51%	168 53%	53 42%	237 53%	75 55%	21 63%	30 60%	71 50%	60 47%	83 50%	289 64%	221 50%
Base for stats	1942	1219	326	329	655	312	126	435	135	32	48	140	117	156	442	439
Mean Score	2.34	2.29	2.43	2.41	2.42	2.38	2.57	2.33	2.41	2.17	2.26	2.42	2.41	2.49	2.19	2.44
Standard Deviation	1.017	1.030	.967	1.007	.986	.986	.968	1.015	1.055	1.018	.987	1.008	.969	1.026	1.039	.984
Standard Error	.023	.028	.059	.062	.043	.055	.087	.048	.091	.175	.140	.083	.084	.082	.052	.047
Error variance	*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	300	59	145	79	16	240	50	176	40	75	17	174	112	18	249	51	235	59
	15%	18%	14%	15%	20%	14%	18%	13%	19%	21%	24%	13%	20%	28%	16%	12%	14%	19%
							b	a	d	d	d	b	d	d			a	a
Tend to agree (3.0)	555	76	282	169	27	478	93	371	75	97	21	365	169	22	452	103	476	75
	28%	23%	27%	31%	33%	29%	34%	28%	35%	27%	30%	27%	30%	33%	29%	24%	28%	25%
							a	b	bd	a	a	a	a	a				
Tend to disagree (2.0)	604	95	336	155	18	509	79	421	49	106	23	425	163	13	461	142	510	89
	30%	29%	32%	28%	22%	30%	29%	31%	23%	29%	33%	31%	29%	20%	29%	34%	30%	29%
												a						
Strongly disagree (1.0)	484	86	257	125	16	398	45	346	37	69	8	366	105	7	375	110	419	63
	24%	26%	25%	23%	20%	24%	16%	26%	17%	19%	11%	27%	18%	10%	24%	26%	25%	21%
							a	a	abcef			abcef						
Don't know	60	11	29	16	4	48	6	33	11	16	2	28	23	5	42	17	34	18
	3%	3%	3%	3%	5%	3%	2%	2%	5%	4%	3%	2%	4%	7%	3%	4%	2%	6%
									d	d			d	d			a	a
NET: Agree	854	136	427	248	44	719	143	547	115	172	38	539	281	40	701	154	711	134
	43%	41%	41%	46%	53%	43%	52%	41%	54%	47%	54%	40%	49%	62%	44%	36%	42%	44%
							b	a	d	d	d	a	d	bde	b			
NET: Disagree	1088	181	593	280	34	907	124	767	85	175	31	792	268	20	836	252	929	152
	54%	55%	57%	52%	42%	54%	45%	57%	40%	48%	43%	58%	47%	31%	53%	60%	56%	50%
		d	d			d		a		f		abcef	f		a			
Base for stats	1942	316	1020	529	78	1626	268	1314	200	347	69	1331	549	60	1537	405	1640	286
Mean Score	2.34	2.34	2.31	2.38	2.57	2.34	2.56	2.29	2.59	2.51	2.69	2.26	2.52	2.86	2.37	2.23	2.32	2.45
					b		b		d	d	d		d	bde	b		a	a
Standard Deviation	1.017	1.071	1.002	1.005	1.046	1.006	.981	1.000	1.007	1.041	.972	1.003	1.020	.986	1.023	.987	1.008	1.049
Standard Error	.023	.059	.031	.045	.120	.025	.061	.028	.070	.056	.117	.028	.044	.125	.026	.050	.025	.060
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.02	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	300 15%	75 20% dfghij	45 25% cdefghij	42 15%	34 11%	26 15%	26 12%	8 8%	43 12%	102 13%	78 11%	91 16%	116 13%	82 18% b
Tend to agree (3.0)	555 28%	82 22%	60 34% ahj	90 33% ahj	92 30% a	50 28%	66 29%	27 28%	87 24%	232 30% ah	180 26%	183 32% b	226 24%	145 31% b
Tend to disagree (2.0)	604 30%	103 28%	42 24%	91 33% b	95 31%	56 31%	82 36% ab	30 30%	105 29%	242 32% b	217 31% b	169 29%	297 32%	134 29%
Strongly disagree (1.0)	484 24%	89 24% bc	20 11%	46 17%	76 25% bc	46 26% bc	53 23% b	31 31% bci	124 34% abcdefi	168 22% b	207 30% bcfi	128 22%	254 28% ac	99 21%
Don't know	60 3%	19 5% efhij	11 6% defhij	8 3%	8 3%	2 1%	3 1%	2 2%	5 1%	18 2%	11 2%	9 2%	31 3% a	8 2%
NET: Agree	854 43%	157 43%	106 59% acdefghij	132 48% ghj	126 41%	77 43%	92 40%	36 36%	129 36%	334 44% hj	257 37%	273 47% b	341 37%	227 49% b
NET: Disagree	1088 54%	192 52% b	62 35%	137 49% b	172 56% b	102 56% b	134 58% bc	61 62% bc	229 63% abc	410 54% b	424 61% abc	297 51%	552 60% ac	233 50%
Base for stats	1942	349	168	269	297	178	227	96	358	744	681	570	893	460
Mean Score	2.34	2.41 ghj	2.78 acdefghij	2.47 dfghj	2.28	2.32	2.29	2.13	2.14	2.36 ghj	2.19	2.41 b	2.23	2.46 b
Standard Deviation	1.017	1.089	.975	.951	.973	1.017	.953	.969	1.024	.978	.995	1.005	1.003	1.018
Standard Error	.023	.058	.075	.058	.056	.076	.064	.100	.054	.036	.038	.042	.034	.047
Error variance	*	*	.01	*	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	139 7%	70 7%	66 7%	77 13% bc	48 7% c	14 2%	7 8%	14 5%	10 5%	21 10% i	15 9%	15 7%	28 9%	20 6%	10 5%
Tend to agree (3.0)	272 14%	157 16% b	113 11%	129 21% bc	97 15% c	46 6%	14 15%	27 10%	20 10%	44 21% bcfhi	26 15% i	28 13%	54 17% bci	43 13%	16 8%
Tend to disagree (2.0)	689 34%	315 32%	374 37% a	200 33%	213 33%	277 37%	36 38%	98 37%	70 36%	60 29%	62 36%	66 30%	99 31%	116 36%	82 40% dfg
Strongly disagree (1.0)	829 41%	397 41%	428 42%	175 29%	274 42% a	380 51% ab	35 36%	116 45%	88 45%	79 38%	65 38%	102 46%	120 38%	135 41%	89 44%
Don't know	72 4%	35 4%	33 3%	26 4%	22 3%	24 3%	4 4%	6 2%	9 4%	5 3%	3 2%	10 4%	16 5%	12 4%	7 3%
NET: Agree	411 21%	227 23% b	179 18%	206 34% bc	145 22% c	60 8%	22 22% i	41 16%	29 15%	65 31% bcfhi	41 24% bci	43 20%	82 26% bchi	63 19% i	26 13%
NET: Disagree	1519 76%	712 73%	803 79% a	375 62%	487 75% a	657 89% ab	71 74%	214 82% deg	158 81% dg	139 66%	126 74%	169 76% d	219 69%	251 77% dg	171 84% adeg
Base for stats	1930	940	981	581	632	717	93	254	187	204	168	212	301	314	197
Mean Score	1.86	1.89	1.81	2.19	1.87	1.57	1.93	1.76	1.74	2.03	1.95	1.80	1.96	1.84	1.72
		b		bc	c		i			bcfhi	bci		bci		
Standard Deviation	.916	.938	.887	1.011	.937	.700	.924	.849	.847	1.007	.951	.932	.973	.895	.810
Standard Error	.021	.030	.029	.041	.037	.027	.087	.054	.064	.071	.071	.074	.055	.049	.058
Error variance	*	*	*	*	*	*	.01	*	*	.01	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total		2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	139 7%	20 13% bfh	31 7% f	39 8% fh	22 8% f	11 7% f	18 4% f	89 8% fh	50 5% h	104 6% a	9 13% a	14 13% a	7 10% a	1 6% a	2 11% a	32 12% a
Tend to agree	(3.0)	272 14%	27 17% fh	68 15% f	73 16% fh	44 16% f	21 13% f	39 8% f	168 16% fh	104 11% h	204 12% a	14 22% a	22 20% a	21 29% a	2 14% a	1 8% a	59 22% a
Tend to disagree	(2.0)	689 34%	50 32%	152 33%	155 33%	100 35%	61 39%	172 36%	357 33%	333 36%	603 36% dg	19 30%	34 31%	16 23%	4 34%	3 24%	77 28%
Strongly disagree	(1.0)	829 41%	53 34%	192 42%	186 39%	109 39%	58 37%	233 48% acdeg	430 40% a	399 43% a	729 43% bcg	20 31%	30 28%	26 36%	5 39%	8 57%	88 32%
Don't know		72 4%	6 4%	13 3%	18 4%	7 3%	7 4%	21 4%	36 3%	35 4%	50 3%	3 4%	9 9% a	2 3%	1 7%	- -	15 6% a
NET: Agree		411 21%	46 30% befh	99 22% fh	112 24% fh	66 23% fh	31 20% f	57 12% f	257 24% fh	154 17% f	308 18% a	23 35% a	36 33% a	28 38% a	3 21% a	3 19% a	92 34% a
NET: Disagree		1519 76%	103 66% a	343 75% a	341 72% a	208 74% a	119 76% a	405 84% abcdeg	787 73% acg	732 79% acg	1332 79% bcdg	39 61%	64 58%	42 59%	9 72%	11 81%	165 61%
Base for stats		1930	149	442	453	274	150	461	1044	886	1640	62	100	70	12	14	257
Mean Score		1.86	2.09 bfg	1.86 f	1.92 fh	1.92 fh	1.89 f	1.66 f	1.92 fh	1.78 f	1.81 a	2.19 a	2.20 a	2.12 a	1.88 a	1.73 a	2.14 a
Standard Deviation		.916	1.028	.921	.954	.935	.895	.792	.953	.864	.886	1.044	1.029	1.030	.952	1.050	1.030
Standard Error		.021	.086	.044	.044	.056	.071	.037	.029	.029	.022	.133	.100	.121	.264	.281	.063
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.07	.08	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	139 7%	60 5%	39 12%	28 8%	66 10%	28 9%	14 11%	41 9%	17 13%	1 2%	3 6%	8 6%	10 8%	11 7%	5 1%	42 9%
			a	a	a	j	j	j	gj		j	j	j	j	j	j
Tend to agree (3.0)	272 14%	119 9%	57 17%	80 24%	137 21%	46 14%	27 21%	82 18%	23 16%	7 21%	2 5%	22 16%	17 13%	21 13%	24 5%	73 16%
			a	ab	a	fj	fij	fj	fj	fj	fj	fj	j	j	j	fj
Tend to disagree (2.0)	689 34%	455 36%	111 33%	101 30%	212 32%	118 37%	42 33%	136 30%	47 34%	9 25%	18 36%	47 34%	46 36%	58 35%	169 38%	160 36%
															c	
Strongly disagree (1.0)	829 41%	580 46%	121 36%	114 34%	235 35%	115 36%	41 32%	176 39%	48 35%	14 43%	23 46%	56 40%	49 39%	67 40%	239 53%	155 35%
			bcd												abcdghik	
Don't know	72 4%	45 4%	6 2%	10 3%	16 2%	13 4%	4 3%	11 3%	2 2%	3 8%	4 7%	7 5%	5 4%	10 6%	13 3%	17 4%
										cd				c		
NET: Agree	411 21%	179 14%	95 29%	108 32%	203 30%	75 23%	41 32%	123 28%	40 29%	8 24%	5 11%	31 22%	27 21%	32 19%	30 7%	115 26%
			a	a	a	fj	fij	fij	fij	j		j	j	j		fj
NET: Disagree	1519 76%	1035 82%	232 70%	215 65%	447 67%	232 73%	82 65%	312 70%	95 69%	23 68%	41 82%	104 73%	95 75%	125 75%	409 91%	315 70%
			bcd								b				abcdeghik	
Base for stats	1930	1213	327	323	650	307	123	435	135	31	47	134	122	157	438	430
Mean Score	1.86	1.72	2.04	2.06	2.05	1.96	2.11	1.97	2.07	1.82	1.68	1.87	1.90	1.85	1.53	2.00
			a	a	a	j	fgij	fj	fj	j		j	j	j		fj
Standard Deviation	.916	.833	1.009	.971	.990	.945	.995	.987	1.020	.889	.850	.905	.937	.912	.659	.961
Standard Error	.021	.023	.062	.060	.043	.053	.090	.047	.088	.155	.121	.076	.079	.073	.033	.046
Error variance	*	*	*	*	*	*	.01	*	.01	.02	.01	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	139 7%	15 5%	62 6%	52 10% ab	9 12% ab	124 7%	43 16% b	71 5%	17 8%	16 4%	6 9%	91 7%	37 7%	3 4%	112 7%	27 6%	108 6%	26 9%
Tend to agree (3.0)	272 14%	26 8%	120 11%	110 20% abe	16 19% ab	246 15% ab	63 23% b	168 12%	37 18% b	36 10%	20 28% bdef	176 13%	83 14% b	8 13%	219 14%	53 12%	221 13%	47 16%
Tend to disagree (2.0)	689 34%	117 36%	378 36% c	169 31%	26 31%	572 34%	80 29%	483 36% a	62 29%	128 35%	33 46% a	473 35%	196 34%	23 36%	538 34%	152 36%	586 35%	99 32%
Strongly disagree (1.0)	829 41%	154 47% cde	455 43% c	194 36%	27 33%	675 40%	82 30%	581 43% a	80 38% c	170 47% ac	10 14%	580 43% c	233 41% c	25 39% c	651 41%	178 42%	713 43%	112 37%
Don't know	72 4%	14 4%	33 3%	20 4%	4 5%	58 3%	6 2%	44 3%	15 7% d	13 3%	2 3%	40 3%	22 4%	5 8% d	59 4%	13 3%	45 3%	20 7% a
NET: Agree	411 21%	42 13%	183 17% a	162 30% abe	25 31% ab	370 22% ab	106 39% b	239 18%	55 26% bd	52 14%	26 37% bdef	266 20% b	120 21% b	11 17%	332 21%	80 19%	329 20%	74 24%
NET: Disagree	1519 76%	272 83% cde	833 79% cde	362 67%	52 64%	1247 74% cd	162 59%	1064 79% a	142 67%	299 82% ace	43 60%	1053 77% ac	430 75% ac	49 75%	1189 75%	330 78%	1299 78% b	210 69%
Base for stats	1930	313	1015	524	77	1617	268	1304	196	351	69	1319	549	59	1520	410	1628	284
Mean Score	1.86	1.69	1.79	2.04 abe	2.10 ab	1.89 ab	2.25 b	1.79	1.96 b	1.71	2.33 abdef	1.83 b	1.86 b	1.80	1.86	1.83	1.83	1.96 a
Standard Deviation	.916	.822	.878	.989	1.020	.930	1.061	.867	.977	.830	.840	.905	.910	.851	.922	.895	.901	.967
Standard Error	.021	.045	.027	.045	.118	.023	.066	.024	.069	.045	.101	.025	.039	.108	.024	.045	.022	.056
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	139 7%	11 3%	18 10% a	17 6% a	23 7% a	20 11% ac	18 8% a	4 4%	29 8% a	60 8% a	52 7% a	76 13% bc	28 3% a	33 7% b
Tend to agree (3.0)	272 14%	22 6%	29 16% a	47 17% a	46 15% a	29 16% a	35 15% a	12 12% a	51 14% a	123 16% a	98 14% a	103 18% b	88 10% a	77 17% b
Tend to disagree (2.0)	689 34%	139 38% fhj	68 38% fhj	107 39% fhj	110 36% fj	62 34% a	63 28% a	31 32% a	108 30% a	279 37% fhj	203 29% a	174 30% a	346 37% a	161 34% a
Strongly disagree (1.0)	829 41%	171 46% bcei	55 31% a	96 35% a	121 40% a	66 36% ag	108 47% a	49 49% a	164 45% a	283 37% a	321 46% a	216 37% bc	423 46% ac	181 39% a
Don't know	72 4%	26 7% defhij	9 5% d	11 4% d	5 2% d	3 2% d	6 3% d	2 2% d	11 3% d	19 2% d	19 3% d	11 2% d	40 4% a	15 3% a
NET: Agree	411 21%	33 9% a	46 26% a	64 23% a	69 23% a	49 27% ag	53 23% a	17 17% a	81 22% a	182 24% a	150 22% a	179 31% bc	116 13% a	110 24% b
NET: Disagree	1519 76%	310 84% bcdefhij	124 69% a	202 73% a	232 76% a	127 71% a	171 74% a	80 81% b	272 75% a	561 74% a	523 76% a	390 67% a	769 83% ac	342 73% a
Base for stats	1930	343	170	266	301	177	224	97	352	744	673	568	884	453
Mean Score	1.86	1.63	2.05 afghj	1.94 ag	1.90 a	2.02 aghj	1.84 a	1.71 a	1.85 a	1.95 agj	1.82 a	2.07 bc	1.68 a	1.92 b
Standard Deviation	.916	.741	.954	.887	.924	1.000	.969	.855	.959	.930	.948	1.045	.777	.927
Standard Error	.021	.040	.073	.054	.053	.075	.065	.088	.051	.034	.037	.044	.026	.043
Error variance	*	*	.01	*	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.8. I feel guilty about not exercising more during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	325 16%	147 15%	176 17%	131 22% c	124 19% c	71 10%	15 16%	43 16%	27 14%	30 14%	26 15%	29 13%	65 21% fi	62 19%	28 14%
Tend to agree (3.0)	660 33%	323 33%	336 33%	223 37% c	231 35% c	207 28%	26 27%	80 31%	62 32%	78 38% f	60 35%	57 26%	115 36% f	109 33%	73 36% f
Tend to disagree (2.0)	609 30%	316 32%	290 29%	152 25%	172 26%	285 38% ab	38 39% dg	78 30%	59 30%	59 28%	53 31%	75 34%	82 26%	99 31%	66 33%
Strongly disagree (1.0)	335 17%	159 16%	174 17%	78 13%	96 15%	161 22% ab	14 15%	54 21% gh	37 19% g	36 17%	27 15%	51 23% gh	40 13%	44 14%	31 15%
Don't know	73 4%	31 3%	39 4%	24 4%	30 5% c	19 2%	3 3%	6 2%	10 5%	6 3%	5 3%	10 4%	16 5%	11 3%	6 3%
NET: Agree	986 49%	470 48%	512 50%	353 58% c	355 54% c	277 37%	41 43%	122 47%	89 46%	108 52% f	86 50% f	86 39%	180 57% abcf	171 52% f	101 50% f
NET: Disagree	944 47%	474 49%	464 46%	230 38%	268 41%	446 60% ab	52 54% g	132 51% g	97 49% g	95 46%	79 46%	126 57% dgh	121 38%	143 44%	97 48% g
Base for stats	1929	945	976	583	623	723	94	254	186	203	166	212	301	314	198
Mean Score	2.51	2.49	2.53	2.70 c	2.61 c	2.26	2.45	2.44	2.42	2.50	2.52 f	2.30	2.68 abcdfi	2.60 bcf	2.50
Standard Deviation	.967	.948	.984	.963	.973	.912	.942	1.006	.971	.949	.946	.984	.958	.959	.920
Standard Error	.022	.031	.032	.039	.039	.035	.088	.064	.073	.067	.071	.078	.054	.052	.066
Error variance	*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.8. I feel guilty about not exercising more during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total		2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	325 16%	35 22% fh	78 17% fh	92 20% fh	49 17% f	22 14%	50 10%	205 19% fh	121 13%	255 15%	11 17%	25 23% a	23 32% ab	1 6%	4 28%	64 23% a
Tend to agree	(3.0)	660 33%	48 31%	171 38% fh	163 35% f	95 34%	52 33%	132 27%	382 35% fh	278 30%	558 33%	17 26%	47 43% ab	27 38%	2 13%	1 11%	95 35%
Tend to disagree	(2.0)	609 30%	42 27%	130 29%	124 26%	91 32%	43 28%	178 37% abceg	296 27%	313 34% bcg	537 32% cdg	20 32% c	20 18%	13 19%	6 48%	6 42%	66 24%
Strongly disagree	(1.0)	335 17%	23 15%	65 14%	70 15%	41 14%	31 20%	106 22% bcdg	157 15% bcdg	177 19% bcg	288 17% d	12 19%	11 10%	5 8%	4 33%	3 19%	35 13%
Don't know		73 4%	8 5%	11 2%	21 5%	6 2%	9 6% bd	17 4%	41 4%	32 3%	52 3%	4 6%	6 6%	3 4%	- -	- -	13 5%
NET: Agree		986 49%	82 53% fh	249 55% fh	255 54% fh	144 51% fh	74 47% f	182 38%	586 54% fh	399 43% f	813 48%	28 44%	72 66% ab	50 70% ab	2 19%	5 39%	158 58% ab
NET: Disagree		944 47%	64 42%	196 43%	194 41%	132 47%	74 47%	284 59% abcdegh	454 42%	490 53% abcg	825 49% cdg	32 50% cd	31 28%	19 26%	10 81%	8 61%	101 37%
Base for stats		1929	147	444	449	276	148	465	1040	889	1638	60	103	69	13	14	259
Mean Score		2.51	2.64 fh	2.59 fh	2.62 efh	2.55 fh	2.44	2.27	2.61 efh	2.39 f	2.48	2.45	2.83 ab	2.99 abg	1.92	2.48	2.72 a
Standard Deviation		.967	1.008	.943	.979	.949	.985	.931	.967	.953	.955	1.015	.920	.925	.860	1.138	.985
Standard Error		.022	.085	.045	.046	.057	.079	.044	.030	.032	.024	.130	.088	.109	.230	.304	.060
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.05	.09	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.8. I feel guilty about not exercising more during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k		
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	325 16%	167 13%	76 23%	66 20%	142 21%	75 24%	36 28%	80 18%	23 16%	5 14%	7 13%	26 19%	20 16%	18 11%	35 8%	111 25%
			a	a	a	ij	cdhij	ij	j			ij	j				cdhij
Tend to agree	(3.0)	660 33%	392 31%	114 34%	125 38%	239 36%	106 33%	42 33%	162 36%	53 39%	8 25%	15 31%	49 35%	50 39%	48 29%	127 28%	148 33%
			a	a	a			j	j			j					
Tend to disagree	(2.0)	609 30%	423 34%	93 28%	79 24%	172 26%	92 29%	33 26%	124 28%	38 27%	13 38%	16 32%	39 28%	26 21%	54 33%	174 38%	125 28%
			cd							h				h	abcdghk		
Strongly disagree	(1.0)	335 17%	229 18%	44 13%	51 15%	95 14%	36 11%	13 10%	67 15%	18 13%	6 17%	8 16%	23 16%	22 18%	35 21%	107 24%	49 11%
			bd										k	abk	abcdk		
Don't know		73 4%	48 4%	6 2%	11 3%	17 3%	10 3%	3 3%	13 3%	6 5%	2 5%	4 9%	5 3%	9 7%	11 6%	9 2%	13 3%
												acjk	cjk	jk			
NET: Agree		986 49%	559 44%	190 57%	191 57%	382 57%	181 57%	78 61%	242 54%	76 55%	13 39%	22 44%	75 53%	70 55%	66 40%	162 36%	259 58%
			a	a	a	ej	efij	ij	ij			ij	ij				efj
NET: Disagree		944 47%	651 52%	137 41%	131 39%	267 40%	129 40%	46 36%	191 43%	56 40%	19 55%	24 48%	61 43%	49 38%	89 54%	280 62%	174 39%
			bcd							b					abcdhk	abcdfghk	
Base for stats	1929	1210	327	322	649	310	124	433	132	32	46	137	118	156	443	434	
Mean Score	2.51	2.41	2.68	2.64	2.66	2.71	2.82	2.59	2.61	2.39	2.45	2.58	2.57	2.31	2.21	2.74	
			a	a	a	ij	cefg hij	ij	ij			ij	ij			cefij	
Standard Deviation	.967	.947	.977	.981	.979	.964	.974	.962	.927	.964	.944	.984	.986	.950	.898	.967	
Standard Error	.022	.026	.060	.061	.043	.054	.088	.046	.081	.165	.136	.082	.085	.076	.045	.046	
Error variance	*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.8. I feel guilty about not exercising more during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	325 16%	40 12%	153 15%	120 22% abe	13 15%	286 17% a	64 23% b	213 16% b	46 22% be	39 11% b	14 20% b	226 17% b	87 15% b	10 16% b	272 17% b	54 13% b	267 16% b	57 19% b
Tend to agree (3.0)	660 33%	106 32%	335 32%	190 35% abe	29 35%	554 33% a	92 33% a	442 33% a	71 34% c	118 33% c	32 45% bd	443 33% c	194 34% c	23 36% c	509 32% c	151 36% c	555 33% c	99 33% c
Tend to disagree (2.0)	609 30%	104 32% c	355 34% ce	127 23% c	23 28% c	505 30% c	68 25% c	423 31% c	56 26% c	112 31% c	10 15% c	433 32% c	161 28% c	17 26% c	478 30% c	131 31% c	516 31% c	86 28% c
Strongly disagree (1.0)	335 17%	65 20%	177 17%	83 15% c	10 12% c	269 16% c	41 15% c	224 17% c	25 12% c	84 23% ad	11 15% c	216 16% c	108 19% a	11 17% a	264 17% c	71 17% c	285 17% c	46 15% c
Don't know	73 4%	12 4%	29 3%	24 4% abe	7 9% abe	61 4% abe	9 3% c	45 3% c	13 6% d	11 3% c	3 5% c	41 3% c	22 4% c	3 5% c	57 4% c	16 4% c	51 3% c	16 5% a
NET: Agree	986 49%	146 45%	488 47%	310 57% abe	41 51%	840 50% c	156 57% b	655 49% b	117 55% b	157 43% b	46 65% bde	669 49% b	281 49% b	34 52% b	780 49% b	205 49% b	822 49% b	156 51% b
NET: Disagree	944 47%	169 52% c	531 51% ce	210 39% c	33 40% c	774 46% c	109 40% c	648 48% a	81 38% c	196 54% acde	21 30% c	649 48% ac	269 47% ac	27 43% c	742 47% c	202 48% c	801 48% c	132 43% c
Base for stats	1929	315	1019	520	74	1614	265	1303	198	352	68	1318	550	61	1523	407	1623	288
Mean Score	2.51	2.38	2.46	2.67 abe	2.60	2.53 a	2.68 b	2.49 b	2.70 bde	2.32	2.73 be	2.51 b	2.47 b	2.54 b	2.52	2.46	2.50	2.58
Standard Deviation	.967	.952	.947	1.002 abe	.922	.968 a	1.008 b	.960 b	.966 bde	.955	.977 be	.960 b	.980 b	.979 b	.977	.929	.964	.979
Standard Error	.022	.052	.030	.045 c	.109	.024 c	.063 c	.027 a	.067 c	.051	.118 c	.026 c	.042 c	.123 c	.025	.047	.024	.056
Error variance	*	*	*	* c	.01	*	*	*	*	*	.01	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.8. I feel guilty about not exercising more during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	325 16%	54 15%	37 21% h	45 16%	50 16%	35 20%	42 18%	12 12%	50 14%	131 17%	104 15%	131 23%	84 9%	107 23%
Tend to agree (3.0)	660 33%	89 24%	75 42% aefhj	113 41% aefhj	121 39% aefhj	54 30%	69 30%	31 31%	108 30%	288 38% afhj	208 30% a	200 35% b	264 29%	185 40% b
Tend to disagree (2.0)	609 30%	105 28%	43 24%	77 28%	94 31%	64 36% b	74 32%	39 40% abc	112 31%	235 31%	226 33% b	151 26%	346 37%	110 23% ac
Strongly disagree (1.0)	335 17%	104 28% bcdefgij	14 8%	33 12%	32 11%	20 11%	38 16% bdi	14 14%	80 22% bcdei	84 11%	132 19% bcdei	79 14%	198 21% ac	53 11%
Don't know	73 4%	16 4%	10 6%	9 3%	9 3%	7 4%	6 3%	3 3%	13 3%	24 3%	22 3%	18 3%	32 3%	13 3%
NET: Agree	986 49%	143 39%	112 62% aefghj	158 57% aghj	171 56% aghj	90 50% a	111 48% a	43 43%	158 44%	419 55% aghj	312 45% a	331 57% b	348 38%	292 62% b
NET: Disagree	944 47%	209 57% bcdei	57 32%	110 40%	126 41% b	84 46% b	112 49% bc	53 54% bcdi	193 53% bcdi	320 42% b	358 52% bcdi	230 40%	544 59% ac	163 35%
Base for stats	1929	352	169	268	297	173	223	96	351	738	670	561	892	455
Mean Score	2.51	2.26	2.80 afghij	2.64 ahj	2.64 ahj	2.61 ahj	2.52 a	2.43	2.37	2.63 aghj	2.43 a	2.68 b	2.26	2.76 b
Standard Deviation	.967	1.046	.880	.903	.889	.936	.983	.891	.988	.904	.974	.983	.910	.942
Standard Error	.022	.056	.067	.055	.052	.071	.066	.092	.053	.033	.038	.042	.031	.044
Error variance	*	*	*	*	*	.01	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	522 26%	258 27%	258 25%	170 28% c	198 30% c	154 21%	27 28%	61 23%	52 26%	42 20%	41 24%	65 29% d	98 31% bd	87 27%	49 24%
Tend to agree (3.0)	949 47%	466 48%	481 47%	284 47%	294 45%	371 50%	33 34%	132 51% a	92 47% a	103 49% a	83 49% a	92 42%	146 46% a	161 49% a	107 53% af
Tend to disagree (2.0)	308 15%	150 15%	157 16%	95 16%	103 16%	110 15%	20 21%	35 14%	28 14%	38 18%	26 15%	30 14%	44 14%	55 17%	32 16%
Strongly disagree (1.0)	151 8%	70 7%	80 8%	30 5%	42 6%	79 11% ab	11 11% cg	21 8%	9 5%	19 9%	18 10%	21 10%	18 6%	21 6%	14 7%
Don't know	71 4%	30 3%	38 4%	28 5% b	16 3%	27 4%	6 6% ehi	11 4% hi	16 8% deg	7 3% hi	3 2%	13 6% ehi	11 4% h	3 1%	2 1%
NET: Agree	1471 73%	724 74%	740 73%	454 75%	492 75%	525 71%	60 62%	193 74% a	143 73% a	145 69%	125 73% a	157 71%	245 77% ad	247 76% a	156 77% a
NET: Disagree	459 23%	220 23%	237 23%	125 21%	145 22%	189 25% a	31 32% bcg	56 22%	37 19%	57 27% cg	44 26%	52 23%	62 19%	75 23%	46 23%
Base for stats	1931	945	977	579	637	714	91	250	180	202	168	209	306	322	202
Mean Score	2.95	2.97	2.94	3.03 c	3.02 c	2.84	2.84	2.94	3.03 d	2.83	2.88	2.96	3.06 ade	2.97	2.95
Standard Deviation	.861	.854	.866	.816	.859	.887	.991	.849	.801	.864	.902	.931	.833	.833	.824
Standard Error	.020	.028	.028	.033	.034	.035	.095	.054	.061	.061	.067	.075	.047	.045	.058
Error variance	*	*	*	*	*	*	.01	*	*	*	*	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	522 26%	135 30%	129 27%	67 24%	33 21%	100 21%	321 30%	201 22%	407 24%	22 34%	37 34%	32 44%	5 40%	8 56%	103 38%
			cdefh	efh	fh			efh				a	a			a
Tend to agree	(3.0)	949 47%	227 44%	234 50%	139 49%	68 43%	214 44%	529 49%	421 46%	825 49%	28 44%	50 45%	26 36%	3 24%	6 44%	113 42%
								dg		dg						
Tend to disagree	(2.0)	308 15%	68 11%	66 14%	39 14%	34 21%	84 17%	151 14%	158 17%	270 16%	9 13%	13 12%	10 14%	2 16%	-	34 12%
						acd										
Strongly disagree	(1.0)	151 8%	19 4%	26 5%	20 7%	18 11%	62 13%	51 5%	100 11%	134 8%	2 3%	5 5%	4 5%	-	-	11 4%
						abcg	abcdg		abcg	g						
Don't know		71 4%	6 1%	16 3%	15 5%	5 3%	22 5%	29 3%	42 5%	54 3%	3 5%	4 4%	1 1%	3 20%	-	11 4%
			b	b	bg		bg		bg							
NET: Agree	1471 73%	125 80%	362 80%	363 77%	207 73%	101 64%	314 65%	850 79%	622 67%	1232 73%	50 78%	87 79%	58 80%	8 64%	14 100%	216 80%
			efh	defh	efh	ef		efh								a
NET: Disagree	459 23%	23 15%	87 19%	91 19%	60 21%	51 33%	147 30%	202 19%	258 28%	405 24%	11 17%	18 17%	14 19%	2 16%	-	45 16%
						abcdg	abcdg		abcdg	g						
Base for stats	1931	148	449	454	267	152	461	1052	879	1636	61	105	71	10	14	261
Mean Score	2.95	3.18	3.06	3.03	2.95	2.77	2.76	3.06	2.82	2.92	3.15	3.13	3.20	3.31	3.56	3.18
		cdefh	efh	efh	efh			defh			a	a	a			a
Standard Deviation	.861	.791	.788	.811	.842	.924	.942	.799	.912	.858	.789	.818	.872	.817	.516	.814
Standard Error	.020	.066	.037	.038	.052	.073	.045	.025	.031	.021	.101	.078	.101	.246	.138	.049
Error variance	*	*	*	*	*	.01	*	*	*	*	.01	.01	.01	.06	.02	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	522 26%	301 24%	95 29%	110 33%	205 31%	104 33%	38 30%	121 27%	42 30%	9 28%	14 29%	42 29%	31 24%	32 19%	88 19%	143 32%
				a	a	ij	ij	ij	ij			ij				ij
Tend to agree (3.0)	949 47%	606 48%	171 51%	139 42%	310 46%	147 46%	60 47%	217 49%	61 44%	13 38%	23 45%	64 46%	63 49%	74 44%	228 51%	207 46%
Tend to disagree (2.0)	308 15%	197 16%	45 13%	54 16%	99 15%	48 15%	21 16%	70 16%	20 15%	5 16%	8 15%	20 14%	15 12%	28 17%	72 16%	69 15%
Strongly disagree (1.0)	151 8%	108 9%	17 5%	21 6%	38 6%	11 4%	6 5%	31 7%	12 9%	2 7%	2 3%	8 6%	8 6%	20 12%	50 11%	18 4%
		d					a	ak						abcgk	abcgk	
Don't know	71 4%	47 4%	5 2%	9 3%	14 2%	8 3%	2 2%	8 2%	2 2%	4 11%	4 8%	7 5%	10 8%	13 8%	13 3%	10 2%
NET: Agree	1471 73%	907 72%	266 80%	249 75%	515 77%	251 79%	98 77%	338 76%	103 75%	22 66%	37 74%	106 75%	94 74%	105 63%	316 70%	349 78%
			a	a	a	ij	i	i	i			i	i			ij
NET: Disagree	459 23%	305 24%	62 19%	76 23%	138 21%	60 19%	27 21%	101 23%	33 24%	8 23%	9 19%	28 20%	23 18%	48 29%	123 27%	87 19%
		b												ahk	ahk	
Base for stats	1931	1212	328	325	653	311	125	439	136	30	47	134	117	154	439	436
Mean Score	2.95	2.91	3.05	3.04	3.05	3.11	3.04	2.98	2.98	2.97	3.07	3.04	3.00	2.76	2.81	3.09
			a	a	a	cij	ij	ij	i		ij	ij	ij			cij
Standard Deviation	.861	.872	.797	.876	.836	.793	.827	.848	.909	.913	.795	.836	.818	.928	.887	.802
Standard Error	.020	.024	.048	.054	.036	.045	.074	.040	.078	.161	.114	.070	.070	.075	.044	.038
Error variance	*	*	*	*	*	*	.01	*	.01	.03	.01	*	*	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	522 26%	72 22%	265 25%	153 28% a	31 39% abe	450 27%	83 30%	348 26%	48 23% f	59 16%	17 24% f	389 29% bef	117 20% f	5 7%	416 26%	106 25%	444 27%	73 24%
Tend to agree (3.0)	949 47%	167 51% d	497 47%	255 47%	31 38%	783 47%	120 44%	644 48%	103 49%	157 43%	34 48%	660 49%	259 45%	32 50%	748 47%	201 48%	809 48%	132 43%
Tend to disagree (2.0)	308 15%	41 13%	168 16%	91 17%	8 9%	267 16%	47 17%	214 16%	34 16%	76 21% d	10 14%	197 15%	101 18%	17 27% d	245 15%	64 15%	251 15%	56 18%
Strongly disagree (1.0)	151 8%	36 11% ce	80 8%	30 5%	5 6%	115 7%	13 5%	99 7%	16 8%	57 16% ad	5 8%	77 6%	69 12% d	9 14% d	111 7%	40 10%	118 7%	30 10%
Don't know	71 4%	12 4%	38 4%	15 3%	6 8% ce	60 4%	10 4%	43 3%	10 5%	14 4%	5 7% d	36 3%	26 5% d	1 2%	59 4%	12 3%	52 3%	13 4%
NET: Agree	1471 73%	239 73%	762 73%	408 75%	63 77%	1233 74%	204 74%	992 74%	150 71% bf	216 59%	51 72% b	1049 77% bef	376 66%	37 57%	1164 74%	307 73%	1253 75% b	205 67%
NET: Disagree	459 23%	77 24%	248 24%	121 22%	13 15%	382 23%	60 22%	312 23%	51 24%	134 37% acde	15 21%	274 20%	170 30% d	27 41% acd	355 23%	104 25%	369 22%	86 28% a
Base for stats	1931	316	1010	529	75	1615	264	1304	201	349	66	1323	546	64	1520	411	1622	291
Mean Score	2.95	2.87	2.94	3.00 a	3.19 abe	2.97 a	3.04	2.95	2.91 bf	2.62	2.95 bf	3.03 abef	2.78 bf	2.51	2.97	2.91	2.97 b	2.85
Standard Deviation	.861	.894	.862	.830 a	.868 abe	.854 a	.833	.855	.853 bf	.950	.863 bf	.822 abef	.925 bf	.835	.852	.893	.849 b	.918
Standard Error	.020	.049	.027	.037	.101	.021	.052	.024	.059	.051	.106	.023	.040	.103	.022	.045	.021	.052
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	522 26%	17 5%	22 12% a	54 19% ab	65 21% ab	64 36% abcdi	86 37% abcdi	45 45% abcdi	170 47% abcdefij	183 24% ab	300 43% abcdi	224 39% bc	200 22% bc	96 21% c
Tend to agree (3.0)	949 47%	99 27%	103 57% afhj	155 56% ahj	183 60% aefghj	91 50% a	109 47% a	46 46% a	165 46% a	428 56% afhj	320 46% a	277 48% a	421 46% a	240 51% b
Tend to disagree (2.0)	308 15%	116 31% bcdefghij	40 22% defghij	42 15% ghj	44 14% ghj	17 10% h	25 11% h	4 4% h	20 6% h	103 14% ghj	49 7% h	58 10% a	163 18% a	81 17% a
Strongly disagree (1.0)	151 8%	101 27% bcdefghij	12 7% ghij	11 4% hij	9 3% hij	6 3% hij	6 3% hij	1 1% hij	5 1% hij	26 3% hij	12 2% hij	18 3% a	100 11% ac	30 6% a
Don't know	71 4%	36 10% bcdefghij	3 1% hij	15 6% bdefhj	5 2% hij	3 2% hij	4 2% hij	3 3% hij	3 1% hij	23 3% hij	10 1% hij	3 1% a	39 4% a	21 4% a
NET: Agree	1471 73%	116 31% a	124 70% a	208 75% a	248 81% ab	155 86% abc	194 85% abc	90 92% abcdi	335 92% abcdefij	611 80% ab	620 90% abcdij	501 87% bc	621 67% bc	336 72% c
NET: Disagree	459 23%	217 59% bcdefghij	52 29% cdefghij	53 19% ghj	53 17% ghj	23 13% h	31 13% ghj	5 5% hij	25 7% hij	129 17% ghj	62 9% hij	75 13% a	264 29% a	111 24% a
Base for stats	1931	333	176	262	301	177	225	96	361	740	682	576	885	447
Mean Score	2.95	2.10	2.76 a	2.96 ab	3.01 ab	3.20 abcdi	3.22 abcdi	3.40 abcdefi	3.39 abcdefi	3.04 ab	3.33 abcdefi	3.23 bc	2.81 bc	2.90 c
Standard Deviation	.861	.894	.754	.729	.699	.738	.746	.623	.662	.725	.690	.748	.911	.808
Standard Error	.020	.049	.057	.045	.040	.055	.050	.065	.035	.027	.027	.031	.031	.038
Error variance	*	*	*	*	*	*	*	*	*	*	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	440 22%	209 21%	226 22%	166 27% c	161 25% c	114 15%	23 24%	57 22%	57 29% dhi	39 19%	36 21%	46 21%	76 24%	68 21%	37 18%
Tend to agree (3.0)	876 44%	424 43%	451 44%	270 45%	302 46% c	303 41%	34 35%	119 46%	74 38%	99 47% a	67 39%	93 42%	141 44%	156 48% ac	92 45%
Tend to disagree (2.0)	380 19%	196 20%	182 18%	103 17%	102 16%	176 24% ab	21 22%	48 18%	29 15%	43 21%	42 24% c	43 19%	58 18%	60 19%	35 17%
Strongly disagree (1.0)	207 10%	97 10%	108 11%	36 6%	63 10% a	107 14% ab	12 12%	21 8%	19 10%	20 10%	21 12%	28 13%	27 9%	33 10%	26 13%
Don't know	100 5%	49 5%	49 5%	32 5%	26 4%	42 6%	6 7% h	15 6% h	16 8% eh	8 4%	5 3%	12 5%	16 5%	8 3%	13 6% h
NET: Agree	1315 66%	633 65%	677 67%	436 72% c	463 71% c	416 56%	57 59%	176 68%	131 67%	138 66%	104 61%	139 63%	216 68%	224 69%	130 64%
NET: Disagree	587 29%	294 30%	289 29%	139 23%	165 25%	283 38% ab	33 34%	69 27%	48 25%	63 30%	63 37% bcg	71 32%	85 27%	93 29%	61 30%
Base for stats	1902	926	966	575	628	699	90	245	180	201	166	210	302	317	191
Mean Score	2.81	2.80	2.82	2.98 c	2.89 c	2.60	2.75	2.87	2.94 ei	2.78	2.72	2.75	2.88	2.82	2.74
Standard Deviation	.912	.906	.914	.849	.901	.934	.984	.871	.954	.874	.946	.946	.890	.887	.929
Standard Error	.021	.030	.030	.034	.036	.037	.094	.056	.073	.062	.071	.076	.050	.048	.067
Error variance	*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																	
Unweighted Total		2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total		2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	440 22%	41 27% fh	129 28% efh	111 24% fh	63 22% f	28 18%	68 14%	281 26% efh	159 17%	347 21%	22 34% a	30 27%	20 28%	4 31%	5 36%	80 30% a
Tend to agree	(3.0)	876 44%	71 46%	209 46% f	224 48% efh	130 46% f	59 38%	182 38%	504 47% efh	372 40%	755 45% b	20 31%	51 47% b	28 40%	3 27%	9 64%	112 41%
Tend to disagree	(2.0)	380 19%	24 16%	80 18%	77 16%	51 18%	37 23% cg	110 23% cg	182 17%	198 21% cg	323 19%	13 20%	17 16%	15 21%	4 35%	-	50 18%
Strongly disagree	(1.0)	207 10%	14 9%	25 5%	33 7%	28 10% bg	23 15% bcg	84 17% abcdg	72 7%	135 15% bcdg	185 11% cg	7 11%	6 5%	6 8%	-	-	18 7%
Don't know		100 5%	4 3%	12 3%	25 5% b	9 3%	10 6%	39 8% abdg	42 4%	58 6% bg	80 5%	3 4%	5 5%	3 4%	1 7%	-	12 4%
NET: Agree		1315 66%	112 72% efh	338 74% efh	335 71% efh	193 68% efh	88 56%	250 52%	785 73% efh	531 58% f	1102 65%	42 65%	81 74%	48 67%	7 59%	14 100%	192 71%
NET: Disagree		587 29%	39 25%	105 23%	110 23%	80 28%	60 38% abcdg	194 40% abcdg	254 24%	333 36% abcdg	508 30% c	20 31%	23 21%	21 29%	4 35%	-	68 25%
Base for stats		1902	151	443	446	272	147	444	1039	863	1610	61	104	69	12	14	260
Mean Score		2.81	2.92	3.00	2.93	2.83	2.63	2.53	2.96	2.64	2.79	2.92	3.01	2.90	2.96	3.36	2.98
Standard Deviation		.912	.903	.834	.845	.900	.966	.967	.849	.955	.911	1.007	.823	.918	.880	.499	.885
Standard Error		.021	.075	.040	.040	.055	.077	.047	.026	.033	.023	.128	.078	.108	.244	.133	.054
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.06	.02	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status											
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	440	235	103	84	187	89	43	110	31	7	14	34	28	32	51	132
		22%	19%	31%	25%	28%	28%	34%	25%	23%	21%	28%	24%	22%	19%	11%	30%
			a	a	a	ij	cdhij	j	j		j	j	j	j		ij	
Tend to agree	(3.0)	876	544	144	159	303	143	46	223	57	10	22	61	63	63	186	190
		44%	43%	43%	48%	45%	45%	36%	50%	42%	31%	44%	43%	50%	38%	41%	42%
									beijk				bei				
Tend to disagree	(2.0)	380	264	52	51	103	50	26	72	27	10	8	28	17	34	109	76
		19%	21%	15%	15%	15%	16%	20%	16%	20%	29%	15%	20%	13%	20%	24%	17%
			bcd								ach					achk	
Strongly disagree	(1.0)	207	149	25	25	51	20	11	34	15	4	4	12	8	23	76	31
		10%	12%	8%	8%	8%	6%	8%	8%	11%	13%	8%	9%	7%	14%	17%	7%
			bcd												achk	abcghk	
Don't know		100	66	9	14	23	17	2	8	7	2	2	7	11	15	30	19
		5%	5%	3%	4%	4%	5%	1%	2%	5%	6%	4%	5%	9%	9%	7%	4%
							c						bck	bck	bc	c	
NET: Agree		1315	779	247	243	490	232	90	333	89	18	36	95	91	95	237	322
		66%	62%	74%	73%	73%	73%	70%	74%	64%	52%	72%	67%	72%	57%	53%	72%
				a	a	a	eij	eij	deij	j		ij	j	eij		eij	
NET: Disagree		587	414	77	76	153	70	36	106	43	14	12	40	25	56	184	107
		29%	33%	23%	23%	23%	22%	28%	24%	31%	42%	24%	28%	20%	34%	41%	24%
			bcd						ah		achk				achk	abcdfghk	
Base for stats		1902	1193	324	319	643	303	126	438	131	32	48	135	116	151	422	428
Mean Score		2.81	2.72	3.00	2.95	2.97	2.99	2.97	2.93	2.80	2.65	2.96	2.87	2.95	2.69	2.51	2.99
				a	a	a	deij	ij	ij	j		j	j	ij	j	deij	
Standard Deviation		.912	.919	.891	.859	.875	.854	.945	.848	.937	.991	.901	.898	.823	.969	.924	.881
Standard Error		.021	.026	.055	.053	.038	.049	.085	.040	.082	.170	.126	.075	.071	.079	.047	.042
Error variance		*	*	*	*	*	*	.01	*	.01	.03	.02	.01	.01	.01	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	440 22%	58 18%	230 22%	129 24%	22 27%	381 23%	78 28%	293 22%	61 29%	59 16%	16 22%	311 23%	120 21%	14 22%	359 23%	80 19%	376 22%	60 20%
Tend to agree (3.0)	876 44%	148 45%	442 42%	251 46%	35 42%	728 43%	115 42%	594 44%	91 43%	133 37%	34 48%	620 46%	229 40%	25 39%	682 43%	193 46%	746 45%	126 41%
Tend to disagree (2.0)	380 19%	59 18%	206 20%	104 19%	11 14%	321 19%	43 16%	269 20%	37 17%	86 24%	15 21%	245 18%	122 21%	15 23%	303 19%	77 18%	312 19%	61 20%
Strongly disagree (1.0)	207 10%	43 13%	123 12%	36 7%	6 7%	164 10%	24 9%	137 10%	12 6%	65 18%	4 6%	124 9%	74 13%	7 10%	156 10%	51 12%	168 10%	37 12%
Don't know	100 5%	20 6%	48 5%	24 4%	8 10%	80 5%	14 5%	55 4%	11 5%	20 6%	1 1%	59 4%	28 5%	3 5%	79 5%	21 5%	71 4%	21 7%
NET: Agree	1315 66%	206 63%	673 64%	380 70%	57 70%	1109 66%	193 70%	887 66%	152 72%	192 53%	50 71%	931 68%	349 61%	40 62%	1042 66%	273 65%	1122 67%	186 61%
NET: Disagree	587 29%	101 31%	328 31%	140 26%	17 21%	485 29%	67 24%	405 30%	49 23%	151 42%	20 28%	369 27%	196 34%	21 33%	459 29%	128 30%	480 29%	97 32%
Base for stats	1902	307	1001	520	74	1595	259	1292	201	343	70	1300	544	61	1501	402	1603	283
Mean Score	2.81	2.72	2.78	2.91	3.00	2.83	2.95	2.81	3.01	2.54	2.89	2.86	2.72	2.78	2.83	2.75	2.83	2.74
Standard Deviation	.912	.929	.937	.847	.878	.908	.912	.906	.853	.986	.832	.889	.956	.932	.910	.917	.906	.937
Standard Error	.021	.051	.029	.038	.103	.023	.058	.025	.059	.054	.099	.025	.041	.116	.023	.046	.023	.054
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	440 22%	14 4%	18 10%	41 15%	73 24%	54 30%	73 32%	32 32%	133 37%	169 22%	238 34%	201 35%	153 17%	84 18%
			a	a	abc	abci	abcdi	abci	abcdi	abc	abcdi	bc		
Tend to agree (3.0)	876 44%	81 22%	86 48%	144 52%	153 50%	85 47%	118 51%	48 49%	160 44%	382 50%	326 47%	252 44%	384 42%	233 50%
			a	ah	a	a	a	a	a	a	a			ab
Tend to disagree (2.0)	380 19%	131 35%	44 25%	57 21%	42 14%	26 15%	26 11%	11 11%	43 12%	125 16%	80 12%	86 15%	205 22%	81 17%
		bcddefghij	defghij	dghj						hj			ac	
Strongly disagree (1.0)	207 10%	101 27%	20 11%	16 6%	28 9%	12 6%	7 3%	5 5%	18 5%	56 7%	30 4%	27 5%	134 15%	43 9%
		bcddefghij	cfhj		fhj					fj			ac	a
Don't know	100 5%	41 11%	10 6%	18 6%	10 3%	3 2%	6 2%	3 3%	9 3%	31 4%	18 3%	13 2%	47 5%	26 6%
		bcddefghij	j	efhj									a	a
NET: Agree	1315 66%	96 26%	105 59%	186 67%	226 74%	139 77%	191 83%	80 81%	293 81%	551 72%	564 82%	453 78%	537 58%	317 68%
			a	a	ab	abc	abcdi	abc	abcdi	ab	abcdi	bc		b
NET: Disagree	587 29%	232 63%	64 36%	73 26%	69 23%	38 21%	33 14%	16 16%	61 17%	181 24%	110 16%	113 19%	339 37%	124 27%
		bcddefghij	cdefghij	fghj	fj					fhj			ac	a
Base for stats	1902	328	169	259	296	177	224	95	354	731	674	566	876	441
Mean Score	2.81	2.03	2.61	2.81	2.92	3.03	3.15	3.12	3.15	2.91	3.15	3.11	2.63	2.81
			a	ab	ab	abc	abcdi	abcdi	abcdi	ab	abcdi	bc		b
Standard Deviation	.912	.857	.832	.775	.873	.851	.740	.796	.826	.837	.793	.830	.942	.852
Standard Error	.021	.047	.064	.048	.051	.064	.050	.082	.044	.031	.031	.035	.032	.040
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.12. I have found it easier to do sport, exercise or physical activity in the past week compared to the previous week: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Gender		Age			Region									
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203	
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	208	112	92	105	72	31	15	21	25	19	10	23	50	26	19
		10%	11%	9%	17%	11%	4%	16%	8%	13%	9%	6%	10%	16%	8%	9%
					bc	c		beh		e			bdehi			
Tend to agree	(3.0)	514	278	236	213	179	122	22	67	50	66	41	37	96	87	49
		26%	28%	23%	35%	27%	16%	23%	26%	25%	31%	24%	17%	30%	27%	24%
			b		bc	c		f	f	f	f		f	f	f	
Tend to disagree	(2.0)	722	328	388	149	234	338	35	102	72	71	69	80	95	124	74
		36%	34%	38%	25%	36%	46%	36%	39%	37%	34%	40%	36%	30%	38%	36%
				a		a	ab		g			g		g	g	
Strongly disagree	(1.0)	358	174	183	66	105	187	18	47	34	38	33	49	45	52	42
		18%	18%	18%	11%	16%	25%	19%	18%	17%	18%	19%	22%	14%	16%	20%
					a	a	ab					g				
Don't know		201	83	115	73	64	63	6	24	16	16	18	32	31	38	20
		10%	9%	11%	12%	10%	9%	6%	9%	8%	7%	11%	14%	10%	12%	10%
				a	c							ad				
NET: Agree		722	390	328	318	251	153	37	88	75	85	51	61	146	112	68
		36%	40%	32%	52%	38%	21%	39%	34%	38%	41%	30%	27%	46%	34%	33%
			b		bc	c		f		f	ef			befhi		
NET: Disagree		1079	502	571	215	339	525	53	149	106	109	102	129	140	176	116
		54%	52%	56%	35%	52%	71%	55%	57%	54%	52%	60%	58%	44%	54%	57%
				a		a	ab	g	g	g	g	g	g		g	g
Base for stats		1801	892	899	534	590	678	91	237	180	193	153	190	286	288	184
Mean Score		2.32	2.37	2.26	2.67	2.37	2.00	2.38	2.26	2.36	2.34	2.18	2.18	2.53	2.30	2.24
			b		bc	c								bdefhi		
Standard Deviation		.919	.935	.898	.929	.913	.799	.991	.878	.941	.906	.846	.957	.958	.867	.920
Standard Error		.022	.031	.030	.039	.037	.032	.095	.058	.072	.065	.066	.081	.055	.049	.068
Error variance		*	*	*	*	*	*	.01	*	.01	*	*	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.12. I have found it easier to do sport, exercise or physical activity in the past week compared to the previous week: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	208	29	54	56	36	12	21	139	69	149	16	17	16	2	2	53
		10%	19%	12%	12%	13%	7%	4%	13%	7%	9%	25%	16%	22%	17%	13%	20%
			bcefg	fh	fh	fh		efh	f			a	a	a		a	
Tend to agree	(3.0)	514	55	123	132	81	47	77	309	205	415	15	36	32	4	5	92
		26%	35%	27%	28%	29%	30%	16%	29%	22%	25%	23%	33%	44%	35%	36%	34%
			fh	f	fh	fh	fh	fh	fh	f			a	ab		a	
Tend to disagree	(2.0)	722	45	177	155	93	52	199	377	345	648	18	25	12	3	5	64
		36%	29%	39%	33%	33%	33%	41%	35%	37%	38%	28%	23%	17%	26%	33%	23%
				a				acd	a		cdg						
Strongly disagree	(1.0)	358	15	69	69	42	31	131	153	205	313	7	21	7	1	2	38
		18%	10%	15%	15%	15%	20%	27%	14%	22%	19%	11%	19%	9%	9%	17%	14%
						a	abcdgh		abcdg		d						
Don't know		201	11	33	59	29	15	55	102	98	166	8	10	6	2	-	25
		10%	7%	7%	13%	10%	9%	11%	9%	11%	10%	12%	9%	8%	12%	-	9%
					b			b		b							
NET: Agree		722	84	177	188	117	58	98	448	274	564	31	53	47	7	7	145
		36%	54%	39%	40%	42%	37%	20%	41%	30%	33%	49%	49%	66%	53%	50%	53%
			bcd	efgh	fh	fh	f	fh	fh	f		a	a	abc		a	
NET: Disagree		1079	60	246	224	135	84	331	530	550	961	25	46	19	4	7	102
		54%	39%	54%	48%	48%	53%	68%	49%	60%	57%	39%	42%	26%	35%	50%	37%
				a			a	abcdegh	a	abcdg	bcdg		d				
Base for stats		1801	144	422	412	253	142	428	978	823	1525	57	99	66	11	14	247
Mean Score		2.32	2.68	2.38	2.42	2.44	2.27	1.97	2.44	2.17	2.26	2.72	2.50	2.85	2.70	2.46	2.65
			bcd	efgh	fh	fh	f	efh	f		a	a	a	ac		a	
Standard Deviation		.919	.915	.906	.923	.932	.899	.826	.919	.897	.894	1.023	1.014	.898	.945	.959	.984
Standard Error		.022	.078	.044	.045	.059	.074	.040	.029	.031	.023	.136	.098	.108	.273	.256	.061
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.07	.07	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.12. I have found it easier to do sport, exercise or physical activity in the past week compared to the previous week: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status												
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k		
Significance Level: 95%																	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452	
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	208	91	45	58	102	36	24	62	14	6	5	15	22	10	14	60
		10%	7%	13%	17%	15%	11%	19%	14%	10%	17%	9%	10%	18%	6%	3%	13%
			a	a	a	j	adgij	ij	j	ij	j	j	ij				ij
Tend to agree	(3.0)	514	271	112	111	223	109	44	144	37	7	10	33	31	24	76	152
		26%	22%	34%	33%	33%	34%	34%	32%	27%	20%	19%	23%	25%	15%	17%	34%
			a	a	a	fg hij	fg ij	g ij	ij			i	ij				fg hij
Tend to disagree	(2.0)	722	503	105	91	197	109	39	143	55	10	16	51	33	63	203	148
		36%	40%	32%	27%	30%	34%	30%	32%	40%	29%	32%	36%	26%	38%	45%	33%
			bcd						h					h	abchk		
Strongly disagree	(1.0)	358	258	42	51	93	34	12	63	20	9	11	23	23	40	122	47
		18%	21%	13%	15%	14%	11%	10%	14%	15%	27%	21%	16%	18%	24%	27%	10%
			bcd							abck	abk	abk	abck	abcdk	abcdghk		
Don't know		201	135	29	22	52	32	8	35	11	2	9	20	18	29	36	41
		10%	11%	9%	7%	8%	10%	7%	8%	8%	7%	17%	14%	14%	17%	8%	9%
			cd									bcj	bcj	bcj	abcdjk		
NET: Agree		722	362	156	168	325	144	68	206	51	12	15	48	54	34	90	212
		36%	29%	47%	51%	49%	45%	53%	46%	37%	37%	29%	34%	42%	21%	20%	47%
			a	a	a	fg ij	dfg ij	fg ij	ij	ij	ij	ij	ij	ij			dfg ij
NET: Disagree		1079	761	148	142	290	143	51	206	75	19	27	74	56	103	326	194
		54%	60%	44%	43%	44%	45%	40%	46%	55%	56%	54%	52%	44%	62%	72%	43%
			bcd						bk			b		abchk	abcdefghk		
Base for stats		1801	1123	304	311	615	287	119	412	127	31	42	121	110	137	415	406
Mean Score		2.32	2.17	2.52	2.56	2.54	2.51	2.67	2.50	2.36	2.29	2.20	2.33	2.48	2.04	1.95	2.55
			a	a	a	fij	defgij	fij	ij	j	j	ij	ij				dfgij
Standard Deviation		.919	.875	.909	.972	.941	.859	.918	.928	.884	1.094	.963	.921	1.044	.875	.780	.879
Standard Error		.022	.025	.057	.061	.042	.050	.085	.046	.079	.191	.145	.081	.093	.074	.040	.044
Error variance		*	*	*	*	*	*	.01	*	.01	.04	.02	.01	.01	.01	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.12. I have found it easier to do sport, exercise or physical activity in the past week compared to the previous week: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	208 10%	18 6%	95 9%	81 15%	14 17%	189 11%	47 17%	130 10%	18 8%	23 6%	15 22%	145 11%	55 10%	1 2%	169 11%	39 9%	172 10%	31 10%
Tend to agree (3.0)	514 26%	69 21%	243 23%	171 31%	31 37%	445 27%	81 30%	348 26%	61 29%	55 15%	26 37%	368 27%	126 22%	13 19%	404 26%	110 26%	440 26%	70 23%
Tend to disagree (2.0)	722 36%	129 39%	406 39%	168 31%	19 23%	593 35%	92 34%	493 37%	70 33%	133 36%	13 18%	513 38%	190 33%	23 36%	562 36%	159 38%	619 37%	96 32%
Strongly disagree (1.0)	358 18%	81 25%	183 17%	86 16%	7 9%	276 16%	35 13%	232 17%	38 18%	125 34%	9 12%	199 15%	149 26%	20 31%	282 18%	76 18%	289 17%	69 23%
Don't know	201 10%	30 9%	121 12%	38 7%	11 14%	170 10%	17 6%	144 11%	25 12%	27 8%	8 12%	134 10%	52 9%	7 11%	162 10%	38 9%	154 9%	37 12%
NET: Agree	722 36%	87 27%	338 32%	252 46%	44 54%	635 38%	128 47%	478 35%	79 37%	78 22%	42 59%	512 38%	181 32%	14 22%	573 36%	149 35%	612 37%	102 33%
NET: Disagree	1079 54%	210 64%	589 56%	254 47%	26 32%	869 52%	128 47%	725 54%	108 51%	258 71%	21 30%	712 52%	339 59%	43 67%	844 53%	235 56%	907 54%	165 54%
Base for stats	1801	297	927	506	71	1504	256	1203	187	336	63	1224	520	57	1417	384	1519	267
Mean Score	2.32	2.08	2.27	2.49	2.72	2.36	2.55	2.31	2.31	1.93	2.77	2.37	2.17	1.92	2.32	2.29	2.33	2.24
Standard Deviation	.919	.865	.893	.953	.903	.923	.946	.905	.902	.901	.978	.892	.962	.823	.925	.898	.909	.969
Standard Error	.022	.049	.029	.044	.110	.024	.060	.026	.065	.050	.123	.026	.042	.107	.025	.046	.024	.058
Error variance	*	*	*	*	.01	*	*	*	*	*	.02	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q9.12. I have found it easier to do sport, exercise or physical activity in the past week compared to the previous week: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5+ days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	208 10%	6 2%	9 5%	26 9%	33 11%	29 16%	34 15%	12 12%	59 16%	88 12%	104 15%	129 22%	52 6%	23 5%
			a	a	ab	abc	ab	ab	abcdi	ab	abci	bc		
Tend to agree (3.0)	514 26%	30 8%	37 21%	72 26%	84 28%	69 38%	77 34%	36 37%	109 30%	225 30%	222 32%	243 42%	188 20%	77 16%
			a	a	a	abcdi	ab	abc	ab	ab	ab	bc		
Tend to disagree (2.0)	722 36%	134 36%	60 33%	112 40%	123 40%	48 27%	84 36%	36 36%	125 34%	283 37%	245 35%	124 21%	385 42%	206 44%
		e		e	e	e	e			e	e		a	a
Strongly disagree (1.0)	358 18%	154 42%	50 28%	42 15%	40 13%	18 10%	20 9%	6 6%	28 8%	99 13%	54 8%	51 9%	185 20%	117 25%
		bcdefghij	cdefghij	fghj	hj					hj			a	ab
Don't know	201 10%	44 12%	24 13%	25 9%	25 8%	17 9%	15 7%	8 8%	43 12%	67 9%	67 10%	32 6%	113 12%	45 10%
		f	f						f				a	a
NET: Agree	722 36%	36 10%	46 26%	99 36%	117 38%	97 54%	111 48%	48 49%	167 46%	313 41%	327 47%	372 64%	240 26%	100 21%
			a	ab	ab	abcdi	abcd	abc	abcd	ab	abcdi	bc		
NET: Disagree	1079 54%	288 78%	109 61%	154 56%	163 53%	66 37%	103 45%	42 43%	153 42%	383 50%	299 43%	174 30%	571 62%	322 69%
		bcdefghij	efghij	efghj	ehj					ehj			a	ab
Base for stats	1801	325	155	252	280	164	215	90	321	696	626	547	811	422
Mean Score	2.32	1.66	2.03	2.33	2.40	2.66	2.59	2.59	2.62	2.43	2.60	2.83	2.13	2.02
			a	ab	ab	abcdi	abcdi	abc	abcdi	ab	abcdi	bc	c	
Standard Deviation	.919	.727	.891	.873	.873	.895	.865	.805	.883	.886	.865	.897	.836	.825
Standard Error	.022	.040	.072	.055	.052	.070	.059	.086	.049	.034	.035	.038	.030	.040
Error variance	*	*	.01	*	*	*	*	.01	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10a. On average, how much physical activity and exercise does each child in your household do on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	a	b	c	d	e	f	g	h	i
Unweighted Total	544	244	297	225	293	26	32	78	43	65	49	44	96	89	48
Total	666	298	365	273	355	38	31	98	55	81	57	65	115	103	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	45 7%	19 6%	25 7%	20 7%	22 6%	3 8%	1 3%	5 5%	5 9%	5 6%	4 7%	3 4%	11 10%	10 9%	1 2%
Some, but less than half an hour	227 34%	98 33%	127 35%	105 38%	110 31%	12 31%	14 46%	30 31%	18 33%	33 41%	10 17%	23 36%	46 40%	29 28%	22 37%
							e			e		e	e		e
Between half an hour and an hour	260 39%	120 40%	140 38%	104 38%	144 41%	12 32%	6 18%	44 45%	16 30%	29 36%	29 52%	27 41%	38 33%	50 48%	22 36%
								a			acg	a		acg	
An hour or more	134 20%	61 20%	73 20%	45 16%	78 22%	11 30%	10 33%	19 19%	16 28%	14 17%	14 25%	12 18%	20 17%	15 15%	15 25%
							h								
NET: Some	621 93%	279 94%	340 93%	253 93%	333 94%	35 92%	30 97%	93 95%	50 91%	76 94%	53 93%	62 96%	104 90%	94 91%	59 98%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10a. On average, how much physical activity and exercise does each child in your household do on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	544	64	151	137	105	51	36	352	192	427	24	42	32	4	5	107
Total	666	78	185	171	127	62	43	434	232	524	31	51	38	5	6	130
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	45 7%	3 4%	6 3%	17 10% b	11 8%	5 8%	4 8%	26 6%	19 8%	39 7%	-	2 5%	2 5%	-	1 17%	5 4%
Some, but less than half an hour	227 34%	27 35%	56 30%	57 33%	45 35%	23 38%	18 42%	140 32%	86 37%	160 31%	16 52%	25 50% a	17 44%	2 47%	2 37%	62 48% a
Between half an hour and an hour	260 39%	32 40%	83 45% c	55 32%	49 39%	22 35%	20 47%	169 39%	91 39%	214 41%	11 36%	13 26%	15 39%	1 29%	2 26%	42 32%
An hour or more	134 20%	16 21% f	41 22% f	42 25% fh	22 18% f	12 19% f	1 3% f	99 23% fh	35 15% f	111 21%	4 12%	10 20%	5 12%	1 24%	1 19%	21 16%
NET: Some	621 93%	75 96%	179 97% c	154 90%	117 92%	57 92%	39 92%	408 94%	213 92%	485 93%	31 100%	49 95%	36 95%	5 100%	5 83%	125 96%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10a. On average, how much physical activity and exercise does each child in your household do on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
		*a	b	c	d	a	b	c	d	*e	*f	g	h	i	*j	k
Significance Level: 95%																
Unweighted Total	544	-	274	270	544	118	53	168	56	6	11	36	42	47	7	171
Total	666	-	333	333	666	146	64	208	68	7	13	43	48	57	10	211
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	45	-	31	15	45	14	2	10	3	-	1	5	6	3	1	17
	7%	-	9%	4%	7%	10%	4%	5%	5%	-	9%	11%	12%	5%	14%	8%
			c													
Some, but less than half an hour	227	-	125	102	227	47	31	69	17	1	7	16	16	23	-	78
	34%	-	38%	31%	34%	32%	48%	33%	25%	18%	50%	36%	34%	40%	-	37%
			acd													
Between half an hour and an hour	260	-	122	139	260	52	20	83	30	2	4	18	19	26	5	73
	39%	-	37%	42%	39%	36%	31%	40%	45%	33%	33%	41%	40%	45%	43%	35%
An hour or more	134	-	56	78	134	32	11	46	17	4	1	5	7	6	4	43
	20%	-	17%	23%	20%	22%	16%	22%	26%	49%	8%	11%	14%	11%	43%	20%
NET: Some	621	-	303	318	621	132	62	199	65	7	12	39	42	55	9	194
	93%	-	91%	96%	93%	90%	96%	95%	95%	100%	91%	89%	88%	95%	86%	92%
			b													

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10a. On average, how much physical activity and exercise does each child in your household do on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	*a	b	c	d	e	a	b	a	b	*c	d	e	*f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	544	5	191	309	39	539	120	402	71	52	25	396	130	14	440	104	474	66
Total	666	6	235	378	47	660	147	494	87	65	31	486	160	17	537	129	581	80
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	45 7%	- -	25 11%	18 5%	2 4%	45 7%	6 4%	37 7%	- -	5 8%	1 4%	38 8%	5 3%	- -	31 6%	14 11%	32 6%	12 15%
			c							a		a					a	
Some, but less than half an hour	227 34%	4 58%	85 36%	114 30%	24 51%	223 34%	64 44%	154 31%	27 31%	25 39%	17 53%	159 33%	59 37%	7 42%	199 37%	28 22%	187 32%	38 47%
					ce		b								b		a	
Between half an hour and an hour	260 39%	3 42%	81 34%	162 43%	14 30%	258 39%	52 36%	195 40%	36 41%	21 33%	8 27%	191 39%	60 37%	5 29%	210 39%	51 39%	240 41%	18 23%
																	b	
An hour or more	134 20%	- -	44 19%	83 22%	7 14%	134 20%	24 16%	108 22%	24 27%	13 20%	5 16%	98 20%	37 23%	5 29%	98 18%	36 28%	122 21%	12 15%
															a			
NET: Some	621 93%	6 100%	210 89%	359 95%	45 96%	615 93%	141 96%	457 93%	87 100%	59 92%	30 96%	448 92%	155 97%	17 100%	506 94%	115 89%	549 94%	69 85%
				b					bd								b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10a. On average, how much physical activity and exercise does each child in your household do on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Number of days active										Amount of activity in the past week compared to previous week			
	Total	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5+ days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	544	47	54	83	106	64	72	33	85	253	190	222	181	138
Total	666	57	67	102	127	78	90	40	105	307	235	269	227	167
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	45	11	7	3	6	6	3	-	9	15	12	14	16	14
	7%	20%	10%	3%	5%	7%	4%	-	8%	5%	5%	5%	7%	8%
		cd	fg	ij										
Some, but less than half an hour	227	23	31	46	57	27	20	6	16	131	42	90	70	66
	34%	39%	47%	46%	45%	35%	23%	15%	15%	42%	18%	33%	31%	39%
		ghj	ghj	ghj	ghj	ghj				ghj				
Between half an hour and an hour	260	13	18	34	44	33	51	23	44	110	119	110	94	56
	39%	23%	27%	33%	35%	42%	57%	58%	42%	36%	51%	41%	42%	33%
						a	abcdi	abcdi	a		abcdi			
An hour or more	134	10	11	18	21	13	15	11	36	51	62	55	46	32
	20%	18%	16%	18%	16%	16%	17%	27%	34%	17%	26%	20%	20%	19%
									bcdefi		di			
NET: Some	621	46	60	98	122	73	87	40	96	292	223	254	211	153
	93%	80%	90%	97%	95%	93%	96%	100%	92%	95%	95%	95%	93%	92%
				a	a		a	a		a	a			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10c. In the past week, on average, do you think the child(ren) in your household have done more, less or the same amount of physical activity and exercise, compared to the previous week?**

BASE: All respondents who have children under 16

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	a	b	c	d	e	f	g	h	i
Unweighted Total	544	244	297	225	293	26	32	78	43	65	49	44	96	89	48
Total	666	298	365	273	355	38	31	98	55	81	57	65	115	103	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	48 7%	26 9%	22 6%	22 8%	25 7%	1 3%	5 16% b	4 4%	4 7%	4 5%	5 8%	3 4%	10 8%	7 7%	7 12%
A bit more (4.0)	180 27%	92 31%	87 24%	90 33% b	81 23%	9 23%	6 18%	27 28%	18 33%	19 23%	18 32%	16 25%	33 29%	26 25%	16 27%
Neither more nor less (3.0)	279 42%	126 42%	153 42%	95 35%	163 46% a	20 54%	14 44%	47 48%	24 44%	29 36%	21 36%	30 45%	40 35%	48 46%	27 44%
A bit less (2.0)	113 17%	41 14%	71 19%	44 16%	64 18%	5 12%	4 12%	15 15%	5 9%	22 27% c	7 13%	12 18%	24 20%	16 16%	9 14%
A lot less (1.0)	35 5%	8 3%	27 7% a	14 5%	19 5%	3 8%	3 9%	4 4%	3 5%	6 8%	5 8%	5 7%	4 3%	6 5%	1 2%
Don't know	11 2%	6 2%	5 1%	9 3% b	3 1%	- -	- -	1 1%	1 2%	1 1%	1 2%	- -	5 5%	1 1%	- -
NET: More	228 34%	118 39% b	109 30%	112 41% b	106 30%	10 26%	11 34%	31 32%	22 39%	22 28%	23 40%	19 30%	43 37%	33 32%	24 40%
NET: Less	148 22%	49 16%	98 27% a	58 21%	83 23%	8 20%	7 21%	19 19%	8 14%	28 35% bci	12 21%	16 25%	27 24%	22 21%	10 16%
Base for stats	655	292	361	264	353	38	31	97	54	79	56	65	110	102	60
Mean Score	3.14	3.29 b	3.02	3.23	3.08	3.01	3.20	3.13	3.28 d	2.89	3.20	3.02	3.20	3.12	3.34 d
Standard Deviation	.969	.913	.996	.996	.951	.908	1.148	.863	.916	1.013	1.058	.952	.983	.942	.943
Standard Error	.042	.059	.058	.068	.056	.178	.203	.098	.141	.127	.153	.144	.103	.100	.136
Error variance	*	*	*	*	*	.03	.04	.01	.02	.02	.02	.02	.01	.01	.02



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**Q10c. In the past week, on average, do you think the child(ren) in your household have done more, less or the same amount of physical activity and exercise, compared to the previous week?**

BASE: All respondents who have children under 16

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	544	64	151	137	105	51	36	352	192	427	24	42	32	4	5	107	
Total	666	78	185	171	127	62	43	434	232	524	31	51	38	5	6	130	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more (5.0)	48 7%	11 14% dh	16 9% dh	14 8% h	3 3%	2 4%	1 3%	41 9% dh	7 3%	36 7%	5 16%	4 8%	2 6%	- -	1 19%	12 10%	
A bit more (4.0)	180 27%	18 23%	56 30%	48 28%	29 23%	17 28%	11 26%	123 28%	57 25%	129 25%	15 50%	14 28%	14 38%	1 25%	- -	45 35% a	
Neither more nor less (3.0)	279 42%	25 32%	77 42%	69 41%	60 47%	26 42%	20 48%	172 40%	107 46%	237 45% dg	5 16%	19 36%	9 23%	1 24%	5 81%	38 29%	
A bit less (2.0)	113 17%	17 22%	28 15%	25 15%	24 19%	14 23%	4 10%	70 16%	43 18%	86 16%	4 14%	13 26%	7 18%	2 51%	- -	26 20%	
A lot less (1.0)	35 5%	5 6%	7 4%	9 5%	8 7%	1 2%	5 11%	21 5%	14 6%	30 6%	1 5%	- -	4 9% c	- -	- -	5 4%	
Don't know	11 2%	2 3% b	- -	5 3% b	2 2%	1 2%	1 2%	7 2%	4 2%	7 1%	- -	1 2%	2 6% a	- -	- -	3 3%	
NET: More	228 34%	28 37%	73 39% dh	62 37%	32 25%	20 32%	12 29%	164 38% dh	64 28%	164 31%	20 66%	18 36%	17 44%	1 25%	1 19%	58 44% a	
NET: Less	148 22%	22 28%	35 19%	34 20%	33 26%	15 25%	9 21%	91 21%	57 25%	116 22%	6 18%	13 26%	10 27%	2 51%	- -	31 24%	
Base for stats	655	76	185	166	125	61	42	427	228	517	31	50	35	5	6	127	
Mean Score	3.14	3.16	3.25 dh	3.20	2.96	3.09	3.00	3.22 dh	3.00	3.10	3.59	3.18	3.15	2.74	3.38	3.27	
Standard Deviation	.969	1.125	.951	.983	.896	.877	.979	.994	.904	.957	1.071	.921	1.130	.940	.859	1.024	
Standard Error	.042	.143	.077	.085	.088	.124	.165	.053	.066	.047	.219	.144	.206	.470	.384	.100	
Error variance	*	.02	.01	.01	.01	.02	.03	*	*	*	.05	.02	.04	.22	.15	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10c. In the past week, on average, do you think the child(ren) in your household have done more, less or the same amount of physical activity and exercise, compared to the previous week?**

BASE: All respondents who have children under 16

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
		*a	b	c	d	a	b	c	d	*e	*f	g	h	i	*j	k
Significance Level: 95%																
Unweighted Total	544	-	274	270	544	118	53	168	56	6	11	36	42	47	7	171
Total	666	-	333	333	666	146	64	208	68	7	13	43	48	57	10	211
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	48	23	25	48	16	7	17	4	-	-	1	2	1	-	23
	7%	-	7%	8%	7%	11%	11%	8%	6%	-	-	3%	4%	2%	-	11%
A bit more	(4.0)	180	77	103	180	36	21	57	19	2	6	10	14	10	5	57
	27%	-	23%	31%	27%	25%	33%	27%	27%	34%	46%	22%	30%	18%	44%	27%
Neither more nor less	(3.0)	279	152	127	279	59	23	87	36	2	6	19	14	28	4	82
	42%	-	46%	38%	42%	40%	36%	42%	52%	33%	45%	43%	30%	49%	40%	39%
A bit less	(2.0)	113	58	55	113	26	11	33	5	2	-	10	14	11	-	37
	17%	-	17%	16%	17%	18%	18%	16%	8%	33%	-	23%	30%	19%	-	18%
A lot less	(1.0)	35	16	19	35	7	2	12	3	-	1	3	1	4	2	10
	5%	-	5%	6%	5%	5%	3%	6%	5%	-	8%	8%	2%	6%	16%	5%
Don't know		11	7	4	11	1	-	3	1	-	-	-	2	3	-	1
	2%	-	2%	1%	2%	1%	-	2%	2%	-	-	-	4%	6%	-	1%
NET: More		228	100	128	228	52	28	73	22	2	6	11	16	12	5	80
	34%	-	30%	39%	34%	36%	44%	35%	33%	34%	46%	25%	34%	20%	44%	38%
NET: Less		148	75	74	148	33	13	44	9	2	1	14	15	15	2	47
	22%	-	22%	22%	22%	23%	21%	21%	13%	33%	8%	31%	32%	25%	16%	22%
Base for stats		655	326	329	655	145	64	205	67	7	13	43	46	54	10	209
Mean Score	3.14	-	3.10	3.18	3.14	3.19	3.30	3.17	3.21	3.01	3.29	2.89	3.05	2.90	3.12	3.23
Standard Deviation	.969	-	.943	.993	.969	1.026	.992	.981	.870	.879	.880	.950	.955	.867	1.085	1.015
Standard Error	.042	-	.058	.061	.042	.095	.136	.076	.117	.359	.265	.158	.151	.131	.410	.078
Error variance	*	-	*	*	*	.01	.02	.01	.01	.13	.07	.03	.02	.02	.17	.01

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**Q10c. In the past week, on average, do you think the child(ren) in your household have done more, less or the same amount of physical activity and exercise, compared to the previous week?**

BASE: All respondents who have children under 16

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Total	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		*a	b	c	d	e	a	b	a	b	*c	d	e	*f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	544	5	191	309	39	539	120	402	71	52	25	396	130	14	440	104	474	66
Total	666	6	235	378	47	660	147	494	87	65	31	486	160	17	537	129	581	80
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	48 7%	-	14 6%	34 9%	-	48 7%	19 13%	28 6%	10 12%	8 13%	1 4%	31 6%	17 11%	1 7%	40 7%	8 6%	44 8%	3 3%
A bit more (4.0)	180 27%	1 16%	55 23%	116 31%	8 18%	179 27%	43 29%	131 26%	25 28%	19 29%	7 24%	129 26%	45 28%	5 29%	149 28%	31 24%	163 28%	17 21%
Neither more nor less (3.0)	279 42%	5 84%	107 46%	144 38%	22 47%	273 41%	48 33%	218 44%	27 31%	22 35%	8 24%	219 45%	49 31%	7 42%	223 42%	55 43%	248 43%	29 36%
A bit less (2.0)	113 17%	-	38 16%	63 17%	12 25%	113 17%	29 20%	83 17%	20 23%	7 11%	11 37%	78 16%	34 21%	2 14%	92 17%	21 16%	87 15%	25 30%
A lot less (1.0)	35 5%	-	16 7%	17 5%	2 5%	35 5%	7 5%	27 6%	4 4%	6 10%	4 12%	23 5%	13 8%	1 7%	24 5%	11 8%	30 5%	6 7%
Don't know	11 2%	-	6 2%	3 1%	2 5%	11 2%	1 1%	7 1%	1 1%	1 2%	-	7 1%	3 2%	-	9 2%	2 2%	9 2%	2 3%
NET: More	228 34%	1 16%	69 29%	150 40%	8 18%	227 34%	61 42%	159 32%	35 40%	27 42%	9 27%	159 33%	62 39%	6 36%	189 35%	40 31%	207 36%	19 24%
NET: Less	148 22%	-	53 23%	81 21%	14 30%	148 22%	36 24%	110 22%	24 28%	13 21%	15 49%	101 21%	46 29%	4 22%	116 22%	32 25%	117 20%	30 37%
Base for stats	655	6	230	374	45	649	146	487	85	63	31	479	158	17	528	127	572	78
Mean Score	3.14	3.16	3.06	3.23	2.82	3.14	3.25	3.10	3.20	3.25	2.70	3.14	3.13	3.14	3.17	3.04	3.18	2.82
Standard Deviation	.969	.403	.961	.988	.803	.973	1.068	.942	1.072	1.146	1.090	.927	1.119	1.030	.957	1.013	.961	.963
Standard Error	.042	.180	.070	.057	.132	.042	.098	.047	.128	.160	.218	.047	.099	.275	.046	.100	.045	.120
Error variance	*	.03	*	*	.02	*	.01	*	.02	.03	.05	*	.01	.08	*	.01	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**Q10c. In the past week, on average, do you think the child(ren) in your household have done more, less or the same amount of physical activity and exercise, compared to the previous week?**

BASE: All respondents who have children under 16

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	544	47	54	83	106	64	72	33	85	253	190	222	181	138
Total	666	57	67	102	127	78	90	40	105	307	235	269	227	167
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	48 7%	- -	4 5%	9 8% a	5 4%	5 6%	6 7%	7 18% adi	13 13% adi	18 6%	27 11% adi	32 12% bc	9 4%	7 4%
A bit more (4.0)	180 27%	6 11%	16 24%	22 22% a	36 28% a	25 31% a	27 30% a	9 21%	40 38% ac	82 27% a	76 32% a	122 45% bc	33 14%	25 15%
Neither more nor less (3.0)	279 42%	32 56% hj	31 46%	44 43%	50 39%	30 38%	42 46%	15 37%	36 34%	124 40%	92 39%	76 28%	146 64% ac	57 34%
A bit less (2.0)	113 17%	10 17%	8 13%	20 19%	29 23%	12 15%	12 13%	10 24%	13 12%	61 20%	34 15%	27 10%	28 13%	56 33% ab
A lot less (1.0)	35 5%	10 17% cdfghij	6 9% j	4 4%	4 3%	6 8% j	3 3%	- -	2 2%	15 5%	5 2%	5 2%	10 4%	21 12% ab
Don't know	11 2%	- -	2 4%	3 3%	3 3%	1 1%	- -	- -	1 1%	8 3%	1 *	7 3%	1 *	1 1%
NET: More	228 34%	6 11% a	19 29% a	31 30% a	40 32% a	29 37% a	34 37% a	16 39% a	53 51% abcdi	100 33% a	102 43% acdi	154 57% bc	41 18%	33 20%
NET: Less	148 22%	19 34% fhj	14 21%	24 23% h	33 26% h	18 23%	15 16%	10 24%	15 14%	75 25% j	39 17%	32 12%	38 17%	77 46% ab
Base for stats	655	57	64	98	124	77	90	40	104	300	234	262	226	166
Mean Score	3.14	2.60	3.04	3.12	3.06	3.12	3.24	3.33	3.47	3.09	3.36	3.57	3.01	2.66
Standard Deviation	.969	.894	.989	.968	.904	1.021	.885	1.036	.948	.953	.942	.899	.777	1.028
Standard Error	.042	.130	.137	.108	.089	.129	.104	.180	.103	.061	.069	.061	.058	.088
Error variance	*	.02	.02	.01	.01	.02	.01	.03	.01	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q11. To what extent do you think it is more or less important to be active during the coronavirus outbreak than compared to other times?

BASE: All respondents

	Total	Gender		Age			Region									
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203	
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Much more important	(5.0)	493	234	258	155	178	160	23	65	50	36	42	56	95	85	39
		25%	24%	25%	26%	27%	22%	24%	25%	26%	17%	25%	25%	30%	26%	19%
						c		d	d			d	di	d		
Somewhat more important	(4.0)	799	395	401	255	276	268	38	106	74	93	63	74	112	142	96
		40%	41%	39%	42%	42%	36%	39%	41%	38%	44%	37%	33%	35%	44%	47%
					c	c				fg	fg			fg	fg	
No more or less important	(3.0)	604	290	311	154	155	296	25	79	65	68	53	79	87	87	62
		30%	30%	31%	25%	24%	40%	26%	30%	33%	32%	31%	35%	28%	27%	30%
						ab						h				
Somewhat less important	(2.0)	47	27	19	17	24	7	5	3	2	8	5	7	9	8	-
		2%	3%	2%	3%	4%	1%	5%	1%	1%	4%	3%	3%	3%	2%	-
					c	c		bci			i	i	i	i	i	
Much less important	(1.0)	19	10	7	9	7	4	1	3	-	1	2	1	7	1	2
		1%	1%	1%	2%	1%	*	1%	1%	-	1%	1%	1%	2%	*	1%
													ch			
Don't know		40	19	19	17	15	8	5	4	4	3	5	5	6	2	5
		2%	2%	2%	3%	2%	1%	5%	2%	2%	1%	3%	2%	2%	1%	3%
					c			h				h				
NET: More important		1292	629	658	410	454	428	61	172	125	128	106	130	208	228	135
		65%	64%	65%	68%	69%	58%	63%	66%	64%	61%	62%	59%	65%	70%	66%
					c	c									df	
NET: Less important		66	37	26	26	30	10	6	6	2	10	7	8	16	9	2
		3%	4%	3%	4%	5%	1%	6%	2%	1%	5%	4%	4%	5%	3%	1%
					c	c		ci			ci		ci			
Base for stats		1962	956	996	590	639	734	92	257	192	206	166	217	311	323	199
Mean Score		3.87	3.85	3.89	3.90	3.93	3.78	3.85	3.88	3.90	3.74	3.84	3.82	3.90	3.94	3.85
					c	c									d	
Standard Deviation		.852	.857	.837	.876	.871	.809	.891	.844	.800	.811	.889	.875	.952	.812	.769
Standard Error		.019	.027	.027	.035	.034	.031	.084	.053	.059	.057	.067	.069	.053	.043	.055
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q11. To what extent do you think it is more or less important to be active during the coronavirus outbreak than compared to other times?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Much more important	(5.0)	493	47	128	117	66	39	97	292	201	398	17	36	25	2	5	85
	25%	30%	28%	25%	23%	25%	20%	27%	27%	22%	24%	26%	33%	35%	12%	38%	31%
		fh	fh					fh					a	a			a
Somewhat more important	(4.0)	799	71	200	198	107	67	157	468	330	674	30	48	26	5	6	115
	40%	46%	44%	42%	38%	43%	33%	43%	43%	36%	40%	47%	44%	36%	42%	42%	42%
		fh	fh	fh		f		fh									
No more or less important	(3.0)	604	25	110	126	95	43	205	262	343	551	11	17	11	4	3	46
	30%	16%	24%	27%	34%	27%	42%	24%	24%	37%	33%	18%	15%	15%	31%	21%	17%
			a	a	abcg	a	abcdeg	a	abcg	bcfg	bcfg						
Somewhat less important	(2.0)	47	8	9	12	6	5	7	30	17	29	3	4	7	1	-	15
	2%	5%	2%	3%	2%	3%	1%	3%	2%	2%	2%	5%	4%	9%	8%	-	6%
		bfg									a		a			a	
Much less important	(1.0)	19	2	2	7	2	1	5	12	8	13	-	3	2	-	-	5
	1%	1%	*	2%	1%	1%	1%	1%	1%	1%	1%	-	3%	3%	-	-	2%
													a	a			
Don't know		40	2	6	10	6	3	13	18	22	25	2	1	1	1	-	6
	2%	1%	1%	2%	2%	2%	3%	2%	2%	2%	1%	4%	1%	2%	7%	-	2%
NET: More important		1292	118	328	315	173	105	254	760	532	1073	47	84	51	7	11	199
	65%	76%	72%	67%	61%	67%	53%	70%	58%	58%	63%	73%	77%	71%	55%	79%	73%
		cdfh	dfh	fh	f	fh		dfh					a			a	
NET: Less important		66	10	11	20	8	6	12	41	25	42	3	7	9	1	-	21
	3%	7%	2%	4%	3%	4%	2%	4%	3%	3%	2%	5%	7%	13%	8%	-	8%
		bfg											a	a			a
Base for stats		1962	154	449	461	275	154	470	1063	899	1665	62	108	71	12	14	266
Mean Score	3.87	3.99	3.99	3.88	3.83	3.89	3.71	3.94	3.78	3.78	3.85	3.98	4.02	3.91	3.63	4.17	3.97
		fh	dfh	fh		f		fh					a				a
Standard Deviation	.852	.902	.807	.876	.840	.838	.842	.853	.843	.843	.829	.831	.949	1.091	.850	.773	.950
Standard Error	.019	.074	.038	.040	.051	.066	.040	.026	.028	.028	.020	.105	.089	.127	.236	.207	.057
Error variance	*	.01	*	*	*	*	*	*	*	*	*	.01	.01	.02	.06	.04	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q11. To what extent do you think it is more or less important to be active during the coronavirus outbreak than compared to other times?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Much more important (5.0)	493 25%	303 24%	80 24%	89 27%	168 25%	94 29% fij	33 26%	119 27% fij	36 26%	8 23%	7 14%	40 29% fij	37 29% fij	30 18%	89 20%	127 28% fij
Somewhat more important (4.0)	799 40%	468 37%	155 46% a	153 46% a	307 46% a	134 42%	55 43%	185 42%	57 41%	14 41%	19 37%	53 38% ij	59 46% ij	57 34%	166 37%	189 42%
No more or less important (3.0)	604 30%	444 35% bcd	81 24%	65 20%	146 22%	75 23%	29 22%	117 26% h	39 28% h	7 22%	21 42% abchk	39 27%	23 18%	64 39% abcghk	190 42% abcdeghk	104 23%
Somewhat less important (2.0)	47 2%	14 1%	6 2%	20 6% ab	26 4% a	9 3% j	7 5% ij	13 3% j	3 2%	2 6% ij	- -	7 5% ij	3 2% j	2 1%	2 *	15 3% j
Much less important (1.0)	19 1%	7 1%	3 1%	6 2% a	10 1% a	1 *	2 2%	3 1%	3 3% aj	- -	1 2% j	1 1%	2 1%	4 2% j	1 *	3 1%
Don't know	40 2%	22 2% c	9 3% c	- -	9 1%	6 2%	2 1%	8 2%	- -	3 8% abcdgjk	3 5% dgj	1 1%	4 3% d	10 6% acdghk	4 1%	8 2%
NET: More important	1292 65%	772 61% a	235 70% a	241 72% a	476 71% a	228 71% fij	88 69% fij	305 68% fij	92 67% fij	22 64% fij	25 50% fij	94 66% fij	96 75% fij	87 52% fij	255 56% fij	316 71% fij
NET: Less important	66 3%	21 2%	10 3% ab	27 8% a	36 5% a	10 3% j	9 7% j	17 4% j	6 5% j	2 6% j	1 2% j	8 6% j	5 4% j	5 3% j	3 1%	19 4% j
Base for stats	1962	1237	325	333	658	313	125	439	138	31	48	140	124	157	448	438
Mean Score	3.87	3.85	3.93	3.89	3.91	3.99 fij	3.88	3.92 fij	3.86	3.87	3.63	3.89	4.02 fij	3.69	3.76	3.96 fij
Standard Deviation	.852	.823	.813	.932	.874	.833	.919	.851	.917	.877	.826	.907	.847	.875	.779	.859
Standard Error	.019	.023	.050	.057	.038	.047	.082	.040	.078	.153	.117	.074	.071	.070	.039	.041
Error variance	*	*	*	*	*	*	.01	*	.01	.02	.01	.01	.01	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q11. To what extent do you think it is more or less important to be active during the coronavirus outbreak than compared to other times?

BASE: All respondents

	Total	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Much more important (5.0)	493	78	253	144	19	416	70	335	59	70	17	349	133	12	389	104	411	78
	25%	24%	24%	26%	24%	25%	26%	25%	28% b	19%	24%	26% b	23%	18%	25%	25%	25%	26%
Somewhat more important (4.0)	799	125	401	238	34	674	112	547	73	119	35	575	199	24	652	146	695	101
	40%	38%	38%	44% b	42%	40%	41%	41%	35%	33%	49% abe	42% abe	35%	37%	41% b	35%	42% b	33%
No more or less important (3.0)	604	115	350	122	18	490	68	404	63	159	12	371	209	23	463	141	500	97
	30%	35% cde	33% cde	22%	22%	29% c	25%	30%	30% c	44% acde	16%	27% c	37% cd	35% c	29%	33%	30%	32%
Somewhat less important (2.0)	47	4	14	25	4	43	11	29	8	7	5	30	15	3	31	15	33	12
	2%	1%	1%	5% abe	5% ab	3% b	4%	2%	4%	2%	7% bd	2%	3%	5%	2%	4%	2%	4% a
Much less important (1.0)	19	2	7	8	2	17	6	9	3	3	-	12	5	1	15	4	13	5
	1%	1%	1%	2%	2%	1%	2% b	1%	1%	1%	-	1%	1%	1%	1%	1%	1%	1%
Don't know	40	4	23	8	4	36	6	23	5	6	3	22	11	2	28	11	21	10
	2%	1%	2%	2%	5% ac	2%	2%	2%	2%	2%	4%	2%	2%	3%	2%	3%	1%	3% a
NET: More important	1292	203	654	382	54	1089	182	881	132	189	52	924	332	36	1042	250	1106	179
	65%	62%	62%	70% abe	66%	65%	67%	65%	63% b	52%	73% bef	68% bef	58%	56%	66% b	59%	66% b	59%
NET: Less important	66	6	21	33	6	60	17	39	11	10	5	42	20	4	46	20	46	17
	3%	2%	2%	6% abe	8% ab	4% b	6% b	3%	5%	3%	7%	3%	4%	6%	3%	5%	3%	6% a
Base for stats	1962	324	1025	536	78	1639	268	1324	206	358	68	1337	561	63	1551	411	1652	293
Mean Score	3.87	3.84	3.86	3.90	3.84	3.87	3.86	3.88	3.86 b	3.69	3.94 b	3.91 bef	3.78	3.68	3.88	3.80	3.88	3.81
Standard Deviation	.852	.826	.827	.899	.949	.857	.929	.834	.930	.835	.840 b	.836 bef	.868	.888	.839	.896	.829	.933
Standard Error	.019	.045	.026	.040	.110	.021	.058	.023	.064	.045	.102	.023	.037	.110	.021	.045	.021	.053
Error variance	*	*	*	*	.01	*	*	*	*	*	.01	*	*	.01	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### Q11. To what extent do you think it is more or less important to be active during the coronavirus outbreak than compared to other times?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week			
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less	
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470	
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Much more important	(5.0)	493	45	23	51	79	46	76	39	135	176	249	201	172	114
		25%	12%	13%	18%	26%	26%	33%	39%	37%	23%	36%	35%	19%	24%
				a	abc	ab	abc	abcde	abcde	ab	abcde	bc		b	
Somewhat more important	(4.0)	799	115	74	123	136	87	93	41	131	345	265	264	338	192
		40%	31%	41%	44%	45%	48%	41%	41%	36%	45%	38%	46%	37%	41%
			a	ah	ah	ahj	a	a	a	ahj	a	a	b		
No more or less important	(3.0)	604	180	71	81	78	35	55	15	90	194	160	98	383	121
		30%	49%	40%	29%	25%	20%	24%	16%	25%	25%	23%	17%	41%	26%
			bcdefghij	cdefghij	egj	g				g				ac	a
Somewhat less important	(2.0)	47	5	5	10	6	9	3	4	4	26	11	11	13	20
		2%	1%	3%	4%	2%	5%	1%	4%	1%	3%	2%	2%	1%	4%
				ahj	ahj	afhj				ahj					ab
Much less important	(1.0)	19	8	3	3	2	2	1	-	1	7	2	4	4	11
		1%	2%	2%	1%	*	1%	1%	-	*	1%	*	1%	*	2%
			hj	hj											ab
Don't know		40	16	3	9	5	1	2	-	3	15	5	1	15	9
		2%	4%	2%	3%	2%	1%	1%	-	1%	2%	1%	*	2%	2%
			defghij		hj									a	a
NET: More important		1292	160	97	173	215	133	169	80	266	521	514	466	510	305
		65%	43%	54%	63%	70%	74%	73%	81%	73%	68%	74%	80%	55%	65%
				a	a	abc	abc	abc	abcd	abc	ab	abc	bc		b
NET: Less important		66	13	8	14	8	11	5	4	5	33	13	15	17	31
		3%	3%	4%	5%	3%	6%	2%	4%	1%	4%	2%	3%	2%	7%
				hj	hj		dfhj				hj				ab
Base for stats	1962	352	176	268	300	179	228	99	360	748	687	578	909	458	
Mean Score	3.87	3.53	3.62	3.77	3.95	3.93	4.05	4.17	4.10	3.88	4.09	4.12	3.73	3.82	
				a	abc	ab	abc	abcde	abcde	ab	abcde	bc			
Standard Deviation	.852	.815	.817	.842	.806	.866	.824	.822	.824	.836	.823	.803	.795	.938	
Standard Error	.019	.044	.061	.051	.046	.065	.055	.084	.044	.031	.032	.033	.026	.044	
Error variance	*	*	*	*	*	*	*	*	.01	*	*	*	*	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	759 38%	436 45%	318 31%	275 45%	371 57%	113 15%	36 38%	96 37%	60 31%	85 41%	66 39%	62 28%	142 45%	137 42%	74 37%
		b	a	c	ac					cf	f		cf	cf	
Working part time- working between 8 and 29 hours per week	274 14%	76 8%	197 19%	105 17%	105 16%	64 9%	13 13%	39 15%	40 21%	26 12%	18 10%	24 11%	40 13%	48 15%	26 13%
		a	a	c	c				defgi						
Self-employed- working 30 hours per week or more	70 4%	40 4%	30 3%	23 4%	29 4%	19 2%	4 4%	13 5%	8 4%	4 2%	6 3%	4 2%	14 4%	13 4%	5 3%
Self-employed- working between 8 and 29 hours per week	73 4%	34 4%	38 4%	18 3%	26 4%	28 4%	6 6%	8 3%	3 2%	6 3%	4 2%	10 4%	15 5%	14 4%	7 3%
							c								
Not working but seeking work or temporarily unemployed or sick	106 5%	43 4%	62 6%	26 4%	51 8%	28 4%	5 5%	15 6%	10 5%	16 8%	11 6%	11 5%	14 4%	12 4%	11 6%
					ac					h					
Student	135 7%	79 8%	55 5%	129 21%	6 1%	- -	4 4%	17 6%	11 6%	13 6%	7 4%	16 7%	35 11%	20 6%	12 6%
		b	b	bc	c								acehi		
Not working and not seeking work	134 7%	42 4%	90 9%	29 5%	59 9%	46 6%	8 9%	19 7%	11 6%	15 7%	10 6%	22 10%	21 7%	15 5%	12 6%
			a		a							h			
Retired	451 23%	225 23%	225 22%	2 *	7 1%	442 60%	21 21%	54 21%	52 27%	42 20%	50 29%	73 33%	37 12%	66 20%	56 28%
						ab	g	g	g	g	bdgh	abdgh		g	gh

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	759 38%	82 53% dfh	247 54% dfh	235 50% dfh	114 40% fh	72 46% fh	8 2%	565 52% dfh	194 21% f	636 38%	24 37%	44 40%	25 35%	6 48%	10 74%	109 40%
Working part time- working between 8 and 29 hours per week	274 14%	19 13% f	75 16% f	64 14% f	64 23% abcfgh	44 28% abcfgh	8 2%	158 15% f	116 13% f	219 13%	14 22% a	14 13%	18 25% ac	2 12%	-	47 17% a
Self-employed- working 30 hours per week or more	70 4%	10 6% fh	17 4% f	17 4% f	21 7% bcfgh	5 3% f	1 *	44 4% f	27 3% f	50 3%	2 3%	11 10% a	4 5%	2 13%	-	18 7% a
Self-employed- working between 8 and 29 hours per week	73 4%	11 7% bfh	13 3% f	25 5% fh	15 5% fh	4 2%	5 1%	49 5% fh	24 3% fh	55 3%	4 7%	4 3%	6 8% a	2 14%	1 8%	17 6% a
Not working but seeking work or temporarily unemployed or sick	106 5%	3 2%	16 3%	15 3%	15 5%	9 6%	48 10% abcdg	34 3% abcg	72 8%	88 5%	6 9%	4 4%	6 8%	-	1 6%	16 6%
Student	135 7%	16 11% bdfh	24 5% f	60 13% bdefgh	13 5%	10 6% f	12 3%	99 9% bdfh	35 4%	78 5%	10 16% a	28 26% a	10 15% a	1 6%	2 13%	51 19% a
Not working and not seeking work	134 7%	3 2%	13 3%	16 3%	17 6% bg	6 4%	80 17% abcdegh	32 3% abcdeg	103 11% abcdeg	120 7% g	3 4%	4 4%	2 3%	-	-	8 3%
Retired	451 23%	11 7%	51 11% e	38 8%	23 8%	7 4%	321 66% abcdegh	100 9% e	351 38% abcdeg	445 26% bcdg	2 3%	1 1%	1 1%	1 7%	-	5 2%

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	759	384	178	171	349	214	74	422	16	7	3	15	3	3	2	288
	38%	31%	53%	51%	52%	67%	58%	95%	12%	22%	5%	11%	2%	2%	*	64%
			a	a	a	defghij	defghij	abdefghijk	hij	fhij	j	hij				defghij
Working part time- working between 8 and 29 hours per week	274	133	56	76	133	83	40	11	111	1	1	10	5	9	3	124
	14%	11%	17%	23%	20%	26%	32%	3%	80%	2%	2%	7%	4%	5%	1%	28%
			a	a	a	cefg hij	cefg hij	j	abcefg hijk			cj	j	j		cefg hij
Self-employed- working 30 hours per week or more	70	44	12	8	21	3	7	8	4	22	10	9	2	4	1	10
	4%	4%	4%	3%	3%	1%	5%	2%	3%	66%	20%	6%	1%	2%	*	2%
							achj	j	j	abcd fg hijk	abcd fg hijk	achjk		j		j
Self-employed- working between 8 and 29 hours per week	73	42	14	13	26	6	5	4	5	2	36	7	1	6	2	11
	4%	3%	4%	4%	4%	2%	4%	1%	3%	6%	71%	5%	1%	3%	*	2%
							cj		cj	cj	abcd efg hijk	chj		cj		j
Not working but seeking work or temporarily unemployed or sick	106	68	14	15	29	2	-	1	-	2	-	86	1	14	1	2
	5%	5%	4%	4%	4%	1%	-	*	-	4%	-	61%	1%	8%	*	1%
										abcdjk		abcd efg hijk		abcd fg hijk		
Student	135	65	34	21	55	7	-	1	1	-	-	7	115	3	-	7
	7%	5%	10%	6%	8%	2%	-	*	1%	-	-	5%	91%	2%	-	2%
			a	a	a	cj			j			bcjk	abcd efg jk	cj		cj
Not working and not seeking work	134	86	20	23	43	3	-	-	1	-	-	8	-	119	4	3
	7%	7%	6%	7%	6%	1%	-	-	1%	-	-	5%	-	72%	1%	1%
						c						abcd hjk		abcd efg hjk		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Retired	451	436	4	6	10	1	1	-	-	-	1	-	1	9	439	2
	23%	35%	1%	2%	2%	*	1%	-	-	-	2%	-	1%	5%	97%	*
		bcd									c			abcdghk	abcdefghik	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	759 38%	99 30%	388 37%	254 47%	18 22%	660 39%	122 45%	526 39%	73 35%	75 21%	25 35%	582 43%	153 27%	16 25%	641 41%	118 28%	622 37%	130 43%
			ad	abde		ad			be		b	abef	b		b			
Working part time- working between 8 and 29 hours per week	274 14%	24 7%	127 12%	99 18%	24 30%	250 15%	48 17%	194 14%	32 15%	38 10%	13 18%	194 14%	72 13%	11 18%	218 14%	56 13%	235 14%	36 12%
			a	ab	abce	ab												
Self-employed- working 30 hours per week or more	70 4%	13 4%	35 3%	17 3%	4 5%	57 3%	14 5%	41 3%	11 5%	12 3%	8 11%	41 3%	27 5%	2 3%	49 3%	22 5%	58 3%	10 3%
											bde				a			
Self-employed- working between 8 and 29 hours per week	73 4%	10 3%	42 4%	16 3%	5 6%	63 4%	9 3%	49 4%	8 4%	16 5%	6 8%	36 3%	29 5%	1 1%	51 3%	22 5%	57 3%	14 5%
											d		d					
Not working but seeking work or temporarily unemployed or sick	106 5%	23 7%	55 5%	27 5%	2 2%	83 5%	12 4%	66 5%	17 8%	16 4%	4 5%	70 5%	32 6%	4 6%	75 5%	31 7%	80 5%	24 8%
															a		a	
Student	135 7%	3 1%	32 3%	78 14%	21 25%	131 8%	14 5%	105 8%	23 11%	3 1%	5 7%	97 7%	28 5%	1 2%	103 7%	31 7%	109 7%	22 7%
			a	abe	abce	ab			bef		b	b	b					
Not working and not seeking work	134 7%	31 9%	64 6%	33 6%	6 7%	103 6%	22 8%	76 6%	34 16%	42 12%	10 13%	61 4%	64 11%	18 27%	111 7%	23 6%	104 6%	25 8%
		be							d	d	d		d	abcde				
Retired	451 23%	124 38%	305 29%	20 4%	2 3%	327 20%	34 12%	292 22%	14 7%	162 45%	1 2%	278 20%	166 29%	11 17%	331 21%	120 28%	408 24%	43 14%
		bde	cde			cd		a		acdef		ac	acdf	ac		a	b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	759	92	65	117	126	80	112	46	121	323	279	271	286	194
	38%	25%	36%	42%	41%	45%	49%	47%	33%	42%	40%	47%	31%	41%
			a	ah	ah	ah	abhj	ah	a	ah	ah	b		b
Working part time- working between 8 and 29 hours per week	274	37	29	27	53	25	28	10	65	105	103	81	118	71
	14%	10%	16%	10%	17%	14%	12%	10%	18%	14%	15%	14%	13%	15%
			ac		ac				ac		ac			
Self-employed- working 30 hours per week or more	70	7	7	10	12	8	6	2	18	30	26	17	36	16
	4%	2%	4%	4%	4%	5%	3%	2%	5%	4%	4%	3%	4%	3%
									a					
Self-employed- working between 8 and 29 hours per week	73	11	9	10	10	10	5	3	14	30	22	16	32	23
	4%	3%	5%	4%	3%	6%	2%	3%	4%	4%	3%	3%	3%	5%
Not working but seeking work or temporarily unemployed or sick	106	21	11	15	17	8	9	6	19	40	34	34	46	25
	5%	6%	6%	5%	6%	5%	4%	6%	5%	5%	5%	6%	5%	5%
Student	135	12	10	30	24	14	20	3	20	69	43	49	40	38
	7%	3%	6%	11%	8%	8%	9%	3%	6%	9%	6%	9%	4%	8%
				aghj	a	a	a			ahj	a	b		b
Not working and not seeking work	134	38	18	18	20	8	14	1	19	46	33	32	69	29
	7%	10%	10%	6%	6%	5%	6%	1%	5%	6%	5%	6%	7%	6%
		eghij	ghj	g	g		g			g				
Retired	451	150	29	50	44	25	36	27	89	119	152	79	297	72
	23%	41%	16%	18%	14%	14%	16%	28%	24%	16%	22%	14%	32%	15%
		bdefghij						bdefi	bdefi	defi			ac	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	320 16%	152 16%	167 16%	131 22% c	133 20% c	56 8%	18 19%	34 13%	32 17%	27 13%	30 17%	28 13%	62 19% b	57 17%	32 16%
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	127 6%	60 6%	67 7%	57 9% c	44 7% c	27 4%	6 6%	18 7%	15 8%	14 7%	11 6%	8 4%	26 8%	21 6%	9 4%
Working full time- working 30 hours per week or more	447 22%	262 27% b	181 18%	154 25% c	233 36% ac	60 8%	22 23%	72 28% ce	28 14%	51 24% ce	28 16%	45 20%	72 23% c	85 26% ce	43 21%
Working part time- working between 8 and 29 hours per week	138 7%	36 4%	101 10% a	43 7% c	65 10% c	30 4%	4 4%	12 5%	18 9% f	17 8% f	16 9% bf	7 3%	27 8% f	25 8% f	12 6%
Self-employed- working 30 hours per week or more	34 2%	20 2%	13 1%	13 2%	11 2%	10 1%	3 3%	6 2%	6 3%	2 1%	2 1%	1 1%	4 1%	7 2%	3 2%
Self-employed- working between 8 and 29 hours per week	50 3%	29 3%	21 2%	11 2%	21 3%	19 3%	3 3%	8 3%	4 2%	4 2%	3 2%	4 2%	10 3%	8 2%	7 4%
Not working but seeking work or temporarily unemployed or sick	141 7%	59 6%	82 8%	42 7%	62 9% c	37 5%	7 7%	15 6%	16 8%	17 8%	17 10% g	15 7%	16 5%	20 6%	18 9%
Student	127 6%	79 8% b	45 4%	122 20% bc	5 1% c	-	2 2%	16 6%	8 4%	13 6%	7 4%	15 7%	39 12% abcdehi	17 5%	10 5%
Not working and not seeking work	166 8%	48 5%	117 12% a	32 5%	74 11% ac	60 8% a	10 11% h	29 11% eh	17 9%	22 11% h	9 5%	21 10%	27 8%	17 5%	14 7%
Retired	452 23%	229 24%	220 22%	2 * ab	7 1%	443 60% ab	20 21% g	52 20% g	52 26% g	42 20% g	49 29% bg	76 34% abdgh	35 11%	68 21% g	56 28% g



**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

	Gender		Age			Region									
	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
	a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total	2002	997	649	667	686	118	255	186	207	182	166	333	352	203	
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	447	213	234	188	177	82	24	52	47	41	40	36	88	78	41
	22%	22%	23%	31%	27%	11%	25%	20%	24%	19%	23%	16%	28%	24%	20%
				c	c							bdfi	f		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Currently furloughed	320 16%	25 16% f	78 17% f	90 19% fh	73 26% abcfgh	47 30% abcfgh	6 1% f	193 18% fh	126 14% f	273 16%	13 20%	12 11%	8 10%	3 22%	4 27%	39 14%	
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	127 6%	13 9% fh	43 9% efh	32 7% fh	30 11% efh	7 4% f	2 * f	89 8% fh	39 4% f	104 6%	6 9%	8 7%	8 11%	- -	1 8%	23 8%	
Working full time- working 30 hours per week or more	447 22%	55 35% defh	154 34% defh	150 32% defh	46 16% fh	37 23% fh	5 1% f	359 33% defh	87 9% f	365 22%	18 28%	29 27%	15 21%	6 46%	3 20%	71 26%	
Working part time- working between 8 and 29 hours per week	138 7%	12 8% f	44 10% fh	32 7% f	27 10% fh	19 12% cfh	4 1% f	88 8% fh	50 5% f	107 6%	3 4%	9 9%	15 21% abcg	1 6%	1 6%	28 10% a	
Self-employed- working 30 hours per week or more	34 2%	6 4% fh	7 2% f	7 1% f	11 4% cfh	1 1% f	2 * f	20 2% f	14 1% f	25 2%	1 1%	3 2%	2 3%	1 7%	1 6%	7 2%	
Self-employed- working between 8 and 29 hours per week	50 3%	6 4% fh	15 3% fh	17 4% fh	8 3% f	3 2% f	1 * f	39 4% fh	12 1% f	39 2%	1 2%	4 4%	2 3%	2 13%	- -	10 4%	
Not working but seeking work or temporarily unemployed or sick	141 7%	7 4%	24 5%	24 5% g	23 8% g	20 13% abcg	43 9% bcg	55 5% bcg	86 9% abcg	113 7%	8 13%	10 9%	7 10%	- -	1 6%	26 10%	
Student	127 6%	16 10% bdfh	21 5% f	56 12% bdefgh	13 5% f	9 6% f	13 3% f	92 9% bdfh	35 4% f	71 4%	9 14% a	28 25% ad	9 13% a	1 6%	3 21%	49 18% a	
Not working and not seeking work	166 8%	5 3%	20 4%	25 5% abg	23 8% abg	8 5% abcdegh	86 18% abcdegh	49 5% abcdegh	117 13% abcdegh	146 9%	4 7%	6 5%	3 4%	- -	1 8%	14 5%	
Retired	452 23%	11 7% e	49 11% e	37 8% e	28 10% e	7 4% e	321 66% abcdegh	96 9% e	355 39% abcdegh	446 26% bcdg	1 1%	- -	3 4% c	- -	- -	4 1%	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

Total	Social Grade								Ethnicity						
	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
447	38	121	123	103	53	8	282	165	378	19	20	16	3	5	62
22%	25%	27%	26%	37%	34%	2%	26%	18%	22%	29%	19%	22%	22%	35%	23%
	f	fh	fh	abcfgh	fgh		fh	f							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d		a	b	c	d	e	f	g	h	i	j	k
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	320 16%	164 13%	72 22%	74 22%	146 22%	320 100%	- -	- -	- -	- -	- -	- -	- -	- -	- -	320 72%
			a	a	a	bcdefghijk										bcdefghij
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	127 6%	57 5%	29 9%	35 11%	64 10%	- -	127 100%	- -	- -	- -	- -	- -	- -	- -	- -	127 28%
			a	a	a		acdefghijk									acdefghij
Working full time- working 30 hours per week or more	447 22%	225 18%	102 30%	107 32%	208 31%	- -	- -	447 100%	- -	- -	- -	- -	- -	- -	- -	- -
			a	a	a			abdefghijk								
Working part time- working between 8 and 29 hours per week	138 7%	65 5%	34 10%	34 10%	68 10%	- -	- -	- -	138 100%	- -	- -	- -	- -	- -	- -	- -
			a	a	a				abcefgghijk							
Self-employed- working 30 hours per week or more	34 2%	23 2%	4 1%	4 1%	7 1%	- -	- -	- -	- -	34 100%	- -	- -	- -	- -	- -	- -
										abcdefghijk						
Self-employed- working between 8 and 29 hours per week	50 3%	34 3%	11 3%	2 1%	13 2%	- -	- -	- -	- -	- -	50 100%	- -	- -	- -	- -	- -
			c								abcdeghijk					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working but seeking work or temporarily unemployed or sick	141 7%	87 7%	22 6%	22 7%	43 7%	-	-	-	-	-	-	141 100%	-	-	-	-
												abcdefhijk				
Student	127 6%	64 5%	30 9%	17 5%	48 7%	-	-	-	-	-	-	-	127 100%	-	-	-
			a									abcdefgijk				
Not working and not seeking work	166 8%	103 8%	26 8%	31 9%	57 9%	-	-	-	-	-	-	-	-	166 100%	-	-
														abcdefghijk		
Retired	452 23%	437 35%	4 1%	6 2%	10 2%	-	-	-	-	-	-	-	-	-	452 100%	-
		bcd													abcdefghijk	
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	447 22%	221 18%	101 30%	109 33%	211 32%	320 100%	127 100%	-	-	-	-	-	-	-	-	447 100%
			a	a	a	cdefghij	cdefghij									cdefghij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	320 16%	41 12%	162 15%	107 20%	9 11%	279 17%	46 17%	230 17%	36 17%	23 6%	6 9%	249 18%	61 11%	3 5%	261 17%	58 14%	251 15%	66 22%
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	127 6%	10 3%	65 6%	45 8%	8 9%	117 7%	24 9%	91 7%	13 6%	20 6%	4 6%	95 7%	31 5%	5 7%	101 6%	26 6%	112 7%	14 4%
Working full time- working 30 hours per week or more	447 22%	65 20%	219 21%	149 27%	14 18%	382 23%	70 26%	302 22%	37 18%	52 14%	23 32%	332 24%	98 17%	12 19%	377 24%	70 16%	372 22%	71 23%
Working part time- working between 8 and 29 hours per week	138 7%	14 4%	62 6%	51 9%	11 14%	124 7%	25 9%	95 7%	16 8%	16 4%	10 14%	98 7%	36 6%	5 9%	111 7%	27 6%	118 7%	18 6%
Self-employed- working 30 hours per week or more	34 2%	3 1%	20 2%	10 2%	- -	30 2%	7 3%	21 2%	7 3%	6 2%	4 6%	17 1%	16 3%	2 3%	26 2%	8 2%	29 2%	4 1%
Self-employed- working between 8 and 29 hours per week	50 3%	10 3%	31 3%	9 2%	1 1%	41 2%	8 3%	31 2%	7 3%	7 2%	2 2%	30 2%	15 3%	1 1%	34 2%	17 4%	42 3%	7 2%
Not working but seeking work or temporarily unemployed or sick	141 7%	26 8%	74 7%	39 7%	2 3%	115 7%	21 8%	90 7%	19 9%	20 5%	6 9%	97 7%	40 7%	4 7%	102 6%	39 9%	106 6%	33 11%
Student	127 6%	3 1%	30 3%	70 13%	24 30%	124 7%	16 6%	93 7%	22 10%	4 1%	5 7%	87 6%	28 5%	1 2%	98 6%	29 7%	98 6%	23 8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working and not seeking work	166	35	79	45	7	132	27	97	40	53	10	76	81	19	137	29	137	24
	8%	11%	8%	8%	9%	8%	10%	7%	19%	14%	15%	6%	14%	30%	9%	7%	8%	8%
									d	d	d		d	bcde				
Retired	452	120	307	20	4	331	30	297	14	162	1	278	167	11	331	120	408	43
	23%	37%	29%	4%	5%	20%	11%	22%	7%	45%	2%	20%	29%	17%	21%	28%	24%	14%
		bcde	cde			cd		a		acdef		ac	acdf	ac		a	b	
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	447	51	227	152	17	396	69	321	49	43	10	344	92	8	362	84	363	80
	22%	15%	22%	28%	21%	24%	25%	24%	23%	12%	14%	25%	16%	12%	23%	20%	22%	26%
			a	abe		a			be			bcef						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	320	31	32	43	53	27	49	17	69	122	134	121	106	89
	16%	9%	18%	15%	17%	15%	21%	17%	19%	16%	19%	21%	11%	19%
			a	a	a	a	a	a	a	a	a	b		b
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	127	12	15	23	28	11	18	4	16	62	38	47	41	40
	6%	3%	8%	8%	9%	6%	8%	4%	4%	8%	6%	8%	4%	8%
			a	ah	ahj		a			ah		b		b
Working full time- working 30 hours per week or more	447	60	30	70	67	60	64	25	72	197	161	148	191	102
	22%	16%	17%	25%	22%	33%	28%	25%	20%	26%	23%	25%	21%	22%
				ab		abd hij	abh	a		abh	a	b		
Working part time- working between 8 and 29 hours per week	138	19	13	14	28	18	16	5	23	61	45	38	70	29
	7%	5%	7%	5%	9%	10%	7%	6%	6%	8%	6%	7%	8%	6%
				a	a	a								
Self-employed- working 30 hours per week or more	34	6	7	3	5	1	3	3	6	9	11	7	15	11
	2%	2%	4%	1%	2%	*	1%	3%	2%	1%	2%	1%	2%	2%
			ei											
Self-employed- working between 8 and 29 hours per week	50	10	7	6	3	5	2	4	13	14	19	12	25	13
	3%	3%	4%	2%	1%	3%	1%	4%	4%	2%	3%	2%	3%	3%
			d					d						
Not working but seeking work or temporarily unemployed or sick	141	26	16	20	26	8	12	5	27	55	45	42	56	41
	7%	7%	9%	7%	8%	5%	5%	6%	7%	7%	6%	7%	6%	9%
Student	127	13	13	25	19	14	16	4	23	58	44	47	38	34
	6%	3%	7%	9%	6%	8%	7%	4%	6%	8%	6%	8%	4%	7%
				a		a				a		b		b
Not working and not seeking work	166	43	19	21	30	14	12	4	23	65	39	38	88	34
	8%	12%	11%	8%	10%	8%	5%	4%	6%	8%	6%	7%	10%	7%
		fghj	fgj		j					j			a	
Retired	452	147	28	51	46	23	38	27	91	120	156	80	294	74
	23%	40%	16%	19%	15%	13%	16%	27%	25%	16%	23%	14%	32%	16%
		bcd efghij						bde fi	bcde fi	bde i			ac	



**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

	Number of days active										Amount of activity in the past week compared to previous week			
	0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less	
Total	a	b	c	d	e	f	g	h	i	j	a	b	c	
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	447	44	46	65	81	38	67	21	85	184	173	168	146	129
	22%	12%	26%	24%	26%	21%	29%	21%	23%	24%	25%	29%	16%	28%
		a	a	a	a	a	a	a	a	a	a	b	b	b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	327	172	155	41	84	203	25	42	39	32	27	29	45	50	39
	16%	18%	15%	7%	13%	27%	26%	16%	20%	15%	16%	13%	14%	16%	19%
					a	ab	bdefgh								
2-3	1049	497	547	291	279	478	44	143	102	111	92	123	148	173	113
	52%	51%	54%	48%	43%	64%	45%	55%	52%	53%	54%	55%	47%	53%	55%
						ab		g							g
4-5	544	268	273	224	273	47	21	70	48	58	48	56	107	94	43
	27%	27%	27%	37%	42%	6%	22%	27%	24%	28%	28%	25%	34%	29%	21%
				c	c								aci	i	
6+	82	39	40	51	17	14	7	6	8	8	4	14	18	8	9
	4%	4%	4%	8%	3%	2%	7%	2%	4%	4%	2%	6%	6%	3%	4%
				bc		2%	beh					bh	bh		
NET: Lives with others	1675	803	860	566	570	539	72	219	157	177	144	193	273	275	165
	84%	82%	85%	93%	87%	73%	74%	84%	80%	85%	84%	87%	86%	84%	81%
				bc	c			a		a	a	a	a	a	
Base for stats	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
Mean Score	2.96	2.89	3.01	3.51	3.31	2.20	3.21	2.90	2.91	2.88	2.77	3.04	3.18	3.04	2.65
				c	c							i	dei		
Standard Deviation	2.635	2.090	3.069	1.694	2.904	2.837	5.058	2.884	3.711	1.309	1.348	2.202	1.684	3.295	1.388
Standard Error	.059	.066	.097	.066	.112	.108	.466	.181	.272	.091	.100	.171	.092	.176	.097
Error variance	*	*	.01	*	.01	.01	.22	.03	.07	.01	.01	.03	.01	.03	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Total	Social Grade								Ethnicity							
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																	
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284	
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Lives alone	327	11	63	63	20	20	150	138	189	295	7	4	11	1	2	25	
	16%	7%	14%	13%	7%	13%	31%	13%	21%	17%	11%	4%	16%	6%	12%	9%	
			ad	ad		d	abcdegh	d	abcdegh	cg	c		c				
2-3	1049	66	230	247	145	75	286	543	506	940	29	36	23	5	7	100	
	52%	43%	51%	52%	52%	48%	59%	50%	55%	56%	45%	33%	32%	36%	51%	37%	
				a			abcdegh		ag	cdg							
4-5	544	63	148	143	97	51	42	354	191	412	19	58	28	6	3	114	
	27%	41%	32%	30%	35%	33%	9%	33%	21%	24%	30%	53%	39%	49%	22%	42%	
		cfh	fh	fh	fh	fh		fh	f			ab	a		a	a	
6+	82	15	14	17	19	10	6	46	35	42	9	12	9	1	2	33	
	4%	10%	3%	4%	7%	6%	1%	4%	4%	3%	14%	11%	13%	8%	15%	12%	
		bcfgh		f	bcfh	f		f	f		a	a	a			a	
NET: Lives with others	1675	144	392	407	262	137	333	943	732	1395	57	105	61	12	12	247	
	84%	93%	86%	87%	93%	87%	69%	87%	79%	83%	89%	96%	84%	94%	88%	91%	
		bcfh	fh	fh	bcefgh	fh		fh	f			abd				a	
Base for stats	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272	
Mean Score	2.96	4.12	2.96	3.01	3.29	3.20	2.26	3.15	2.74	2.71	4.83	3.88	3.94	6.80	6.63	4.39	
		bcdefgh	f	fh	bcfh	fh		fh	f		a	a	a			a	
Standard Deviation	2.635	5.520	1.406	1.651	1.859	1.511	3.286	2.555	2.710	1.468	7.946	1.458	3.169	13.177	13.011	5.861	
Standard Error	.059	.449	.066	.075	.111	.118	.152	.077	.090	.036	.986	.135	.366	3.522	3.477	.348	
Error variance	*	.20	*	.01	.01	.01	.02	.01	.01	*	.97	.02	.13	12.40	12.09	.12	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	327	311	6	-	6	41	10	65	14	3	10	26	3	35	120	51
	16%	25%	2%	-	1%	13%	8%	14%	10%	10%	20%	19%	2%	21%	27%	11%
		bcd	c			h	h	h	h	h	bh	bdhk		abdhk	abcdghk	h
2-3	1049	785	204	32	235	162	65	219	62	20	31	74	30	79	307	227
	52%	62%	61%	9%	35%	51%	51%	49%	45%	61%	61%	52%	23%	48%	68%	51%
		cd	cd		c	h	h	h	h	h	dh	h		h	abcdghik	h
4-5	544	136	109	269	378	107	45	149	51	10	9	39	70	45	20	152
	27%	11%	33%	81%	57%	34%	35%	33%	37%	29%	17%	28%	55%	27%	4%	34%
			a	abd	ab	fj	fj	fj	fj	j	j	j	abcdefgijk	j		fj
6+	82	27	14	33	47	9	8	14	11	-	1	2	24	7	4	17
	4%	2%	4%	10%	7%	3%	6%	3%	8%	-	2%	2%	19%	4%	1%	4%
			a	ab	a	j	j	j	acgjk				abcdefgijk	j		j
NET: Lives with others	1675	948	327	333	660	279	117	382	124	30	41	115	124	132	331	396
	84%	75%	98%	100%	99%	87%	92%	86%	90%	90%	80%	81%	98%	79%	73%	89%
			a	ab	a	ij	fgij	j	gij	j		j	abcdefgijk			gij
Base for stats	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
Mean Score	2.96	2.35	3.46	4.54	4.00	3.03	3.26	3.17	3.39	2.72	2.94	2.97	4.40	3.36	1.94	3.10
			a	abd	ab	j	ej	j	aejk	j	j	j	abcdefgijk	j		j
Standard Deviation	2.635	2.476	1.134	2.704	2.141	1.371	1.412	2.875	1.597	1.097	3.567	3.732	1.598	5.434	.897	1.386
Standard Error	.059	.067	.069	.165	.092	.076	.126	.135	.136	.183	.490	.305	.132	.419	.044	.065
Error variance	*	*	*	.03	.01	.01	.02	.02	.02	.03	.24	.09	.02	.18	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	327	327	-	-	-	-	-	-	39	83	10	202	115	17	263	64	228	94
	16%	100%	-	-	-	-	-	-	18%	23%	15%	15%	20%	27%	17%	15%	14%	31%
		bcde								d			d	d			a	
2-3	1049	-	1049	-	-	1049	139	888	87	206	33	728	296	28	823	226	898	144
	52%	-	100%	-	-	63%	51%	66%	41%	57%	46%	54%	52%	44%	52%	53%	54%	47%
			acde			acd		a		af		a	a				b	
4-5	544	-	-	544	-	544	116	404	69	63	22	382	135	14	436	108	482	54
	27%	-	-	100%	-	33%	43%	30%	33%	17%	31%	28%	24%	22%	28%	26%	29%	18%
				abde		abd	b		be		b	be	b				b	
6+	82	-	-	-	82	82	18	55	16	11	6	47	27	5	57	25	66	12
	4%	-	-	-	100%	5%	7%	4%	7%	3%	9%	3%	5%	7%	4%	6%	4%	4%
					abce	abc			bd		bd				a			
NET: Lives with others	1675	-	1049	544	82	1675	274	1347	172	280	61	1157	457	47	1316	359	1446	209
	84%	-	100%	100%	100%	100%	100%	100%	82%	77%	85%	85%	80%	73%	83%	85%	86%	69%
			a	a	a	a						bef					b	
Base for stats	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
Mean Score	2.96	1.00	2.37	4.30	9.36	3.34	3.78	3.22	3.51	2.75	3.86	2.90	2.96	3.71	2.89	3.23	2.97	2.86
				be	bce	b	b		bd		bd		d		a			
Standard Deviation	2.635	-	.484	.459	9.699	2.721	3.411	2.575	4.184	3.918	5.845	1.964	3.424	6.618	2.126	3.992	2.023	4.779
Standard Error	.059	-	.015	.020	1.084	.067	.210	.071	.283	.208	.694	.053	.143	.808	.053	.197	.050	.266
Error variance	*	-	*	*	1.18	*	.04	*	.08	.04	.48	*	.02	.65	*	.04	*	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	327	83	28	46	39	23	36	12	61	108	109	71	178	74
	16%	22%	16%	16%	13%	13%	16%	12%	17%	14%	16%	12%	19%	16%
		defgij											a	
2-3	1049	206	104	131	157	87	115	42	207	375	363	261	531	241
	52%	56%	58%	47%	51%	48%	50%	42%	57%	49%	52%	45%	57%	52%
		cgi	cgi						cgi				ac	a
4-5	544	71	40	80	94	60	73	41	85	234	199	219	190	128
	27%	19%	22%	29%	31%	33%	32%	42%	23%	31%	29%	38%	21%	27%
		a	a	a	abh	abh	abh	abcdhij		abh	a	bc		b
6+	82	8	8	20	15	10	6	4	10	45	21	29	25	24
	4%	2%	4%	7%	5%	6%	3%	4%	3%	6%	3%	5%	3%	5%
				afhj	a	a				ahj		b		b
NET: Lives with others	1675	286	151	231	266	157	194	87	302	654	583	508	746	393
	84%	78%	84%	84%	87%	87%	84%	88%	83%	86%	84%	88%	81%	84%
					a	a	a	a		a	a	b		
Base for stats	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
Mean Score	2.96	2.55	2.83	3.02	3.02	3.63	3.11	3.23	2.84	3.16	2.98	3.30	2.63	3.07
				a	a	abcdhj	a	ab		a	a	b		b
Standard Deviation	2.635	2.509	1.343	1.732	1.405	4.560	3.423	1.548	2.886	2.614	2.935	2.563	2.018	2.860
Standard Error	.059	.131	.100	.104	.080	.339	.227	.158	.152	.094	.112	.107	.067	.132
Error variance	*	.02	.01	.01	.01	.11	.05	.02	.02	.01	.01	.01	*	.02

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 16 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

Significance Level: 95%

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Unweighted Total	1654	803	839	599	560	495	86	210	149	174	152	145	283	293	162
Total	1675	803	860	566	570	539	72	219	157	177	144	193	273	275	165
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	274	123	150	101	109	64	14	37	32	27	25	23	52	42	22
	16%	15%	17%	18%	19%	12%	19%	17%	21%	15%	17%	12%	19%	15%	13%
				c	c				f						
No	1347	649	695	431	447	470	54	175	122	144	116	163	206	231	136
	80%	81%	81%	76%	78%	87%	75%	80%	78%	81%	81%	84%	75%	84%	83%
						ab						g		g	
Prefer not to say	53	32	15	35	14	4	4	7	3	6	3	7	15	1	6
	3%	4%	2%	6%	3%	1%	6%	3%	2%	3%	2%	4%	6%	1%	4%
		b		bc	c		h	h		h		h	h		h

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 16 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	1654	138	382	413	259	141	321	933	721	1366	56	111	62	13	12	254
Total	1675	144	392	407	262	137	333	943	732	1395	57	105	61	12	12	247
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	274 16%	34 23%	77 20%	58 14%	37 14%	16 12%	53 16%	168 18%	105 14%	212 15%	16 29%	24 23%	16 26%	3 28%	-	59 24%
		cdeh	ceh								a	a	a			a
No	1347 80%	107 75%	310 79%	331 81%	212 81%	118 86%	269 81%	749 79%	599 82%	1157 83%	37 64%	78 74%	39 64%	8 65%	11 94%	173 70%
						a			a	bcdg						
Prefer not to say	53 3%	3 2%	5 1%	18 4%	13 5%	3 2%	11 3%	26 3%	28 4%	26 2%	4 7%	4 4%	6 10%	1 7%	1 6%	15 6%
				b	b		b		b		a		a			a



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 16 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total	1654	1034	269	270	539	278	115	374	121	32	42	120	142	130	300	393
Total	1675	948	327	333	660	279	117	382	124	30	41	115	124	132	331	396
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	274	111	66	81	147	46	24	70	25	7	8	21	16	27	30	69
	16%	12%	20%	24%	22%	16%	20%	18%	21%	23%	20%	18%	13%	21%	9%	17%
			a	a	a	j	j	j	j	j	j	j		j		j
No	1347	818	249	245	494	230	91	302	95	21	31	90	93	97	297	321
	80%	86%	76%	74%	75%	82%	78%	79%	77%	71%	77%	78%	75%	74%	90%	81%
		bcd				i									abcdefghik	
Prefer not to say	53	19	12	7	19	4	3	10	3	2	1	4	15	7	4	6
	3%	2%	4%	2%	3%	1%	2%	3%	3%	6%	3%	4%	12%	6%	1%	2%
										aj			abcdgjk	ajk		

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 16 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	1654	-	1060	514	80	1654	263	1333	175	271	60	1140	450	48	1306	348	1412	220
Total	1675	-	1049	544	82	1675	274	1347	172	280	61	1157	457	47	1316	359	1446	209
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	274	-	139	116	18	274	274	-	46	65	29	137	125	10	224	50	237	34
	16%	-	13%	21%	22%	16%	100%	-	27%	23%	48%	12%	27%	21%	17%	14%	16%	16%
				be	b	b	b		d	d	abdef	d	d					
No	1347	-	888	404	55	1347	-	1347	122	209	29	1003	319	36	1055	292	1182	162
	80%	-	85%	74%	68%	80%	-	100%	71%	75%	47%	87%	70%	76%	80%	81%	82%	77%
			cde		cd	cd		a	c	c		abcef	c	c				
Prefer not to say	53	-	21	24	8	53	-	-	5	6	3	17	12	1	37	17	27	13
	3%	-	2%	4%	10%	3%	-	-	3%	2%	5%	1%	3%	3%	3%	5%	2%	6%
				b	bce													a

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 16 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	1654	284	150	231	264	156	190	84	295	651	569	501	732	389
Total	1675	286	151	231	266	157	194	87	302	654	583	508	746	393
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	274	34	33	39	49	25	36	13	46	112	94	110	96	63
	16%	12%	22%	17%	18%	16%	18%	15%	15%	17%	16%	22%	13%	16%
			a		a		a			a		bc		
No	1347	242	113	182	210	126	155	72	246	519	474	385	631	317
	80%	85%	75%	79%	79%	80%	80%	83%	82%	79%	81%	76%	85%	81%
		b											a	
Prefer not to say	53	10	5	10	7	6	3	2	10	23	15	13	18	13
	3%	3%	4%	4%	3%	4%	1%	2%	3%	4%	3%	3%	2%	3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	211 11%	83 9%	127 13%	86 14%	79 12%	46 6%	11 11%	35 13%	19 10%	29 14%	24 14%	14 6%	33 11%	27 8%	20 10%
			a	c	c			f		fh	f				
Yes - physical condition or illness	363 18%	171 18%	192 19%	60 10%	71 11%	232 31%	22 22%	62 24%	34 17%	30 14%	30 17%	40 18%	47 15%	52 16%	47 23%
					ab			dgh							dgh
Yes - other	71 4%	34 4%	37 4%	34 6%	24 4%	13 2%	2 2%	11 4%	7 4%	3 1%	2 1%	9 4%	23 7%	12 4%	4 2%
				c	c								dehi		
No	1359 68%	679 70%	676 67%	412 68%	484 74%	463 62%	59 61%	161 62%	137 70%	149 71%	118 69%	155 70%	212 67%	234 72%	134 65%
				c	ac					b				ab	
Prefer not to say	72 4%	40 4%	24 2%	35 6%	20 3%	16 2%	7 7%	6 2%	3 1%	7 3%	3 2%	8 4%	23 7%	8 2%	7 3%
			b	bc			bceh						bceh		
NET: Longstanding condition or illness	572 29%	256 26%	315 31%	160 26%	149 23%	262 35%	31 32%	93 36%	56 29%	53 25%	50 29%	58 26%	83 26%	84 26%	64 31%
			a			ab		dgh							
NET: Longstanding physical and mental condition or illness	65 3%	26 3%	39 4%	17 3%	22 3%	25 3%	4 4%	12 5%	4 2%	9 4%	5 3%	4 2%	14 4%	6 2%	6 3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	211 11%	18 12%	43 9%	48 10%	34 12%	14 9%	54 11%	109 10%	102 11%	185 11%	8 12%	7 6%	8 12%	- -	1 6%	23 9%
Yes - physical condition or illness	363 18%	14 9%	51 11%	67 14%	45 16%	15 9%	172 36%	132 12%	231 25%	339 20%	6 10%	8 7%	6 8%	2 17%	2 11%	24 9%
Yes - other	71 4%	10 7%	18 4%	13 3%	10 4%	5 3%	14 3%	42 4%	30 3%	46 3%	9 15%	8 8%	7 10%	- -	1 5%	25 9%
No	1359 68%	111 72%	342 75%	340 72%	185 66%	120 76%	261 54%	793 73%	565 61%	1144 68%	41 63%	86 79%	49 68%	10 77%	11 83%	197 72%
Prefer not to say	72 4%	7 4%	11 2%	17 4%	17 6%	5 3%	15 3%	35 3%	37 4%	42 2%	3 5%	5 5%	3 4%	1 6%	- -	12 4%
NET: Longstanding condition or illness	572 29%	37 24%	102 22%	114 24%	80 28%	32 21%	207 43%	253 23%	319 35%	505 30%	20 32%	18 16%	20 28%	2 17%	2 17%	63 23%
NET: Longstanding physical and mental condition or illness	65 3%	4 3%	8 2%	12 3%	9 3%	1 *	30 6%	25 2%	40 4%	59 3%	2 3%	2 2%	1 1%	- -	1 6%	6 2%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	211	118	44	43	87	36	13	37	16	7	7	19	22	40	14	49
	11%	9%	13%	13%	13%	11%	10%	8%	12%	21%	13%	14%	17%	24%	3%	11%
				a	j	j	j	j	cj	j	j	cjk	abcdgjk		j	
Yes - physical condition or illness	363	290	34	30	65	23	20	52	16	6	7	20	4	53	162	43
	18%	23%	10%	9%	10%	7%	16%	12%	12%	19%	15%	14%	3%	32%	36%	10%
		bcd					ahk	ah	h	ah	h	ah		abcdfghk	abcdefghk	h
Yes - other	71	30	10	21	31	6	4	23	10	4	2	6	5	10	1	10
	4%	2%	3%	6%	5%	2%	3%	5%	7%	12%	3%	5%	4%	6%	*	2%
			a	a	j	j	ajk	ajk	abjk	j	j	j	ajk		j	
No	1359	836	244	242	486	249	95	332	98	17	30	97	87	76	278	344
	68%	66%	73%	73%	73%	78%	74%	74%	71%	50%	59%	69%	69%	45%	62%	77%
			a	a	a	efghij	efij	efij	eij			ei	ei		i	efghij
Prefer not to say	72	33	13	7	20	10	2	17	4	1	6	4	12	10	7	11
	4%	3%	4%	2%	3%	3%	1%	4%	3%	2%	12%	3%	9%	6%	2%	3%
											abcdgjk		abcdgjk	bjk		
NET: Longstanding condition or illness	572	390	76	84	160	61	31	98	36	16	15	40	28	81	167	92
	29%	31%	23%	25%	24%	19%	24%	22%	26%	47%	29%	28%	22%	49%	37%	21%
		bd								abcdghk		ak	abcdfghjk	abcdhk		
NET: Longstanding physical and mental condition or illness	65	44	11	6	17	3	5	12	5	2	1	4	1	19	11	8
	3%	3%	3%	2%	3%	1%	4%	3%	4%	5%	2%	3%	1%	12%	2%	2%
							a		a				abcdfghjk			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	211	39	87	69	16	172	46	122	211	65	6	-	211	65	177	34	165	45
	11%	12%	8%	13%	19%	10%	17%	9%	100%	18%	8%	-	37%	100%	11%	8%	10%	15%
		b		b	be		b		bcde	cd	d		bcd	bcde				a
Yes - physical condition or illness	363	83	206	63	11	280	65	209	65	363	7	-	363	65	270	93	308	53
	18%	25%	20%	12%	13%	17%	24%	15%	31%	100%	10%	-	64%	100%	17%	22%	18%	17%
		bcde	ce		c		b		cd	acde	d		acd	acde		a		
Yes - other	71	10	33	22	6	61	29	29	6	7	71	-	71	3	54	17	54	17
	4%	3%	3%	4%	8%	4%	11%	2%	3%	2%	100%	-	12%	5%	3%	4%	3%	5%
				b			b		d	d	abdef		abd	d				
No	1359	202	728	382	47	1157	137	1003	-	-	-	1359	-	-	1086	273	1160	193
	68%	62%	69%	70%	57%	69%	50%	74%	-	-	-	100%	-	-	69%	65%	69%	63%
			ad	ad		ad		a				abcef				b		
Prefer not to say	72	11	25	28	8	60	11	25	-	-	-	-	-	-	54	18	43	13
	4%	3%	2%	5%	10%	4%	4%	2%	-	-	-	-	-	-	3%	4%	3%	4%
				b	abe		b											
NET: Longstanding condition or illness	572	115	296	135	27	457	125	319	211	363	71	-	572	65	440	132	470	98
	29%	35%	28%	25%	33%	27%	46%	24%	100%	100%	100%	-	100%	100%	28%	31%	28%	32%
		bce					b		d	d	d		d	d				
NET: Longstanding physical and mental condition or illness	65	17	28	14	5	47	10	36	65	65	3	-	65	65	54	11	51	14
	3%	5%	3%	3%	6%	3%	4%	3%	31%	18%	5%	-	11%	100%	3%	3%	3%	5%
		bce							bcde	cde	d		d	abcde				

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	211	41	23	33	28	23	27	3	33	84	63	68	76	60
	11%	11%	13%	12%	9%	13%	12%	3%	9%	11%	9%	12%	8%	13%
		g	g	g	g	g	g		g	g	g	b		b
Yes - physical condition or illness	363	134	38	45	40	23	23	11	49	108	83	84	193	83
	18%	36%	21%	16%	13%	13%	10%	11%	14%	14%	12%	14%	21%	18%
		bcdefghij	defghij	f									a	
Yes - other	71	6	5	12	19	7	7	3	11	38	21	30	26	14
	4%	2%	3%	4%	6%	4%	3%	3%	3%	5%	3%	5%	3%	3%
				ahj						a		b		
No	1359	191	116	187	214	125	177	77	271	526	525	399	633	315
	68%	52%	65%	68%	70%	70%	77%	78%	75%	69%	76%	69%	69%	67%
		a	a	a	a	a	abci	ab	ab	a	abcdi			
Prefer not to say	72	18	9	10	15	5	5	4	6	29	15	18	28	15
	4%	5%	5%	4%	5%	3%	2%	4%	2%	4%	2%	3%	3%	3%
		hj	hj	hj	hj					h				
NET: Longstanding condition or illness	572	159	54	79	77	50	48	17	86	207	152	162	263	137
	29%	43%	30%	29%	25%	28%	21%	18%	24%	27%	22%	28%	28%	29%
		bcdefghij	fgj	fgj						gj				
NET: Longstanding physical and mental condition or illness	65	21	11	10	9	3	6	-	5	22	11	14	30	18
	3%	6%	6%	4%	3%	2%	3%	-	1%	3%	2%	2%	3%	4%
		eghij	eghij	hj										



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1690	814	871	422	550	718	88	226	172	178	152	197	191	296	192
	84%	83%	86%	70%	84%	97%	91%	87%	88%	85%	89%	89%	60%	91%	94%
				a	ab		g	g	g	g	g	g		dg	bcdefg
Mixed	64	31	33	35	23	6	1	9	4	6	5	10	18	7	4
	3%	3%	3%	6%	4%	1%	1%	3%	2%	3%	3%	5%	6%	2%	2%
				c	c								achi		
Asian	109	66	43	69	38	3	1	12	12	13	6	5	45	12	3
	5%	7%	4%	11%	6%	*	1%	4%	6%	6%	3%	2%	14%	4%	2%
		b		bc	c				ai	ai			abcdefghijkl		
Black	72	34	38	48	19	4	2	7	3	9	4	4	34	8	1
	4%	3%	4%	8%	3%	1%	3%	3%	2%	4%	2%	2%	11%	3%	*
				bc	c					i			abcdefghijkl		
Chinese	13	6	7	8	5	-	1	2	2	1	1	-	5	-	1
	1%	1%	1%	1%	1%	-	1%	1%	1%	1%	1%	-	1%	-	*
				c	c								h		
Other ethnic group	14	6	8	6	5	3	-	1	2	-	-	3	5	2	1
	1%	1%	1%	1%	1%	*	-	*	1%	-	-	1%	2%	1%	*
Prefer not to answer	40	19	15	20	13	7	4	4	2	2	3	3	20	-	2
	2%	2%	1%	3%	2%	1%	4%	2%	1%	1%	2%	2%	6%	-	1%
				c			dh	h			h	h	bcdefghi		
NET: Non-white	272	142	129	165	90	16	5	30	23	30	16	22	107	30	10
	14%	15%	13%	27%	14%	2%	5%	12%	11%	14%	9%	10%	34%	9%	5%
				bc	c			ai	i	ai			abcdefghijkl		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1690	114	365	393	243	125	451	872	818	1690	-	-	-	-	-	-
	84%	73%	80%	83%	86%	80%	93%	81%	89%	100%	-	-	-	-	-	-
		a	abg	a	abg	abcdegh	a	abcegh	abcdg							
Mixed	64	7	23	16	3	6	9	46	18	-	64	-	-	-	-	64
	3%	5%	5%	3%	1%	4%	2%	4%	2%	-	100%	-	-	-	-	24%
		d	dfh	d	d	d	dfh	dfh	acd							acd
Asian	109	14	31	26	16	13	10	71	39	-	-	109	-	-	-	109
	5%	9%	7%	5%	6%	8%	2%	7%	4%	-	-	100%	-	-	-	40%
		fh	fh	f	f	fh	fh	fh	f			abdg				abd
Black	72	7	20	20	13	7	5	47	25	-	-	-	72	-	-	72
	4%	5%	4%	4%	5%	4%	1%	4%	3%	-	-	-	100%	-	-	26%
		f	f	f	f	f	f	f	f				abcg			abc
Chinese	13	5	6	1	2	-	-	11	2	-	-	-	-	13	-	13
	1%	3%	1%	*	1%	-	-	1%	*	-	-	-	-	100%	-	5%
		cdefgh	fh					fh								ac
Other ethnic group	14	3	4	4	1	-	2	11	3	-	-	-	-	-	14	14
	1%	2%	1%	1%	*	-	*	1%	*	-	-	-	-	-	100%	5%
		fh						h								acd
Prefer not to answer	40	5	6	11	5	5	7	23	17	-	-	-	-	-	-	-
	2%	3%	1%	2%	2%	3%	1%	2%	2%	-	-	-	-	-	-	-
NET: Non-white	272	36	84	66	34	26	25	186	86	-	64	109	72	13	14	272
	14%	23%	18%	14%	12%	17%	5%	17%	9%	-	100%	100%	100%	100%	100%	100%
		cdfh	dfh	fh	f	fh		dfh	f		a	a	a			a

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

## D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1690	1131	261	262	524	273	104	365	107	25	39	113	71	146	446	378
	84%	90%	78%	79%	79%	86%	82%	82%	78%	76%	78%	80%	56%	88%	99%	85%
		bcd				dh	h	h	h	h	h	h		dh	abcdefghik	h
Mixed	64	26	14	16	31	13	6	18	3	1	1	8	9	4	1	19
	3%	2%	4%	5%	5%	4%	5%	4%	2%	2%	3%	6%	7%	3%	*	4%
			a	a	a	j	j	j	j		j	j	dj	j		j
Asian	109	48	30	21	51	12	8	29	9	3	4	10	28	6	-	20
	5%	4%	9%	6%	8%	4%	6%	7%	7%	8%	8%	7%	22%	4%	-	5%
			a	a	a	j	j	j	j	j	j	j	abcdfgijk	j		j
Black	72	27	19	19	38	8	8	15	15	2	2	7	9	3	3	16
	4%	2%	6%	6%	6%	2%	6%	3%	11%	5%	4%	5%	7%	2%	1%	3%
			a	a	a	j	aij	j	acijk	j	j	j	aij			j
Chinese	13	7	2	2	5	3	-	6	1	1	2	-	1	-	-	3
	1%	1%	1%	1%	1%	1%	-	1%	1%	2%	3%	-	1%	-	-	1%
								j		ij	bgij					
Other ethnic group	14	7	4	2	6	4	1	3	1	1	-	1	3	1	-	5
	1%	1%	1%	1%	1%	1%	1%	1%	1%	2%	-	1%	2%	1%	-	1%
						j				j		j				j
Prefer not to answer	40	13	2	10	12	7	-	10	2	1	2	2	7	6	2	7
	2%	1%	1%	3%	2%	2%	-	2%	1%	4%	3%	2%	6%	4%	*	2%
				a		j		j		bj	bj		bcjk	bj		
NET: Non-white	272	115	69	61	130	39	23	71	28	7	10	26	49	14	4	62
	14%	9%	21%	18%	20%	12%	18%	16%	21%	20%	19%	19%	39%	9%	1%	14%
			a	a	a	j	ij	ij	aij	ij	ij	ij	abcdfgijk	j		j

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1690 84%	295 90%	940 90%	412 76%	42 52%	1395 83%	212 77%	1157 86%	185 88%	339 93%	46 64%	1144 84%	505 88%	59 91%	1313 83%	377 89%	1454 87%	230 76%
		cde	cde	d		cd		a	c	acde		c	cd	c		a	b	
Mixed	64 3%	7 2%	29 3%	19 3%	9 11%	57 3%	16 6%	37 3%	8 4%	6 2%	9 13%	41 3%	20 4%	2 3%	57 4%	8 2%	49 3%	15 5%
					abce		b			abdef								
Asian	109 5%	4 1%	36 3%	58 11%	12 14%	105 6%	24 9%	78 6%	7 3%	8 2%	8 12%	86 6%	18 3%	2 4%	97 6%	12 3%	83 5%	23 8%
			a	abe	abe	ab					abe	be			b		a	
Black	72 4%	11 3%	23 2%	28 5%	9 12%	61 4%	16 6%	39 3%	8 4%	6 2%	7 10%	49 4%	20 4%	1 1%	60 4%	12 3%	48 3%	23 8%
				b	abce	b					bdef						a	
Chinese	13 1%	1 *	5 *	6 1%	1 1%	12 1%	3 1%	8 1%	- -	2 1%	- -	10 1%	2 *	- -	10 1%	3 1%	7 *	5 2%
				1%	1%	1%						1%			1%	1%	a	
Other ethnic group	14 1%	2 *	7 1%	3 1%	2 3%	12 1%	- -	11 1%	1 *	2 *	1 1%	11 1%	2 *	1 1%	12 1%	2 *	14 1%	- -
				1%	3%	1%		1%	*	*	1%	1%	*	1%	1%	*	1%	
Prefer not to answer	40 2%	7 2%	8 1%	18 3%	6 8%	32 2%	2 1%	18 1%	3 1%	1 *	- -	18 1%	3 1%	- -	31 2%	9 2%	18 1%	8 2%
		b		b	abe	b			1%	*	-	1%	1%	-	2%	2%	1%	a
NET: Non-white	272 14%	25 8%	100 10%	114 21%	33 40%	247 15%	59 22%	173 13%	23 11%	24 7%	25 36%	197 14%	63 11%	6 9%	235 15%	37 9%	201 12%	66 22%
				abe	abce	ab	b			abdef		be	b		b		a	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1690	329	147	220	248	148	189	82	327	615	598	462	830	383
	84%	89%	82%	79%	81%	82%	82%	83%	90%	81%	86%	80%	90%	82%
		bcdefi					bcdefi					cdi		
Mixed	64	8	8	11	8	7	10	5	7	26	22	28	17	18
	3%	2%	5%	4%	3%	4%	5%	5%	2%	3%	3%	5%	2%	4%
		b			b			b			b			
Asian	109	14	10	26	26	7	11	3	12	59	27	41	31	33
	5%	4%	5%	9%	8%	4%	5%	3%	3%	8%	4%	7%	3%	7%
		aehj			ahj			ahj			b			
Black	72	4	9	11	17	11	10	4	5	39	19	32	19	20
	4%	1%	5%	4%	6%	6%	4%	4%	1%	5%	3%	5%	2%	4%
		ah		ah		ahj		ah		ahj		b		
Chinese	13	2	2	2	1	3	3	-	1	6	4	5	5	3
	1%	*	1%	1%	*	1%	1%	-	*	1%	1%	1%	1%	1%
Other ethnic group	14	-	1	2	2	1	3	1	4	5	8	3	5	6
	1%	-	*	1%	1%	1%	1%	1%	1%	1%	1%	1%	*	1%
		a			a			a			a			
Prefer not to answer	40	11	2	5	3	4	4	3	8	12	14	9	17	4
	2%	3%	1%	2%	1%	2%	2%	3%	2%	2%	2%	2%	2%	1%
NET: Non-white	272	28	29	52	54	29	37	14	29	135	79	108	77	80
	14%	8%	16%	19%	18%	16%	16%	14%	8%	18%	11%	19%	8%	17%
		ah		ahj		ahj		ah		ahj		b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12. Which of the following best describes where you live?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	760	421	330	269	248	242	36	88	71	84	38	53	229	98	61
	38%	43%	33%	44%	38%	33%	37%	34%	36%	40%	22%	24%	72%	30%	30%
		b		bc	c		ef	ef	ef	efhi		abcdefhi		e	
Urban - Town and Fringe	820	352	465	228	279	313	44	127	84	84	80	93	71	151	86
	41%	36%	46%	38%	43%	42%	45%	49%	43%	40%	47%	42%	22%	46%	42%
		a					g	g	g	g	g	g		g	g
Rural - Village	385	185	198	99	119	166	15	41	39	37	48	69	13	70	52
	19%	19%	20%	16%	18%	22%	16%	16%	20%	18%	28%	31%	4%	22%	25%
						a	g	g	g	g	abdg	abcdgh		g	abg
Rural - Hamlet and Isolated Dwelling	38	17	22	11	7	20	2	5	1	4	5	7	4	5	5
	2%	2%	2%	2%	1%	3%	2%	2%	*	2%	3%	3%	1%	2%	2%
					b										
NET: Urban	1579	773	795	497	527	555	80	215	156	168	118	146	300	250	147
	79%	79%	78%	82%	81%	75%	82%	82%	80%	81%	69%	66%	95%	77%	72%
				c	c		efi	efi	ef	efi			abcdefhi	ef	
NET: Rural	423	202	220	110	126	186	17	46	40	41	54	75	17	76	57
	21%	21%	22%	18%	19%	25%	18%	18%	20%	19%	31%	34%	5%	23%	28%
					ab		g	g	g	g	abcdgh	abcdgh		g	abdg

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12. Which of the following best describes where you live?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	760	75	186	183	90	64	162	444	316	591	33	60	43	7	7	149
	38%	48%	41%	39%	32%	41%	34%	41%	34%	35%	51%	54%	59%	58%	51%	55%
		cdfh	dfh					dfh			a	a	a			a
Urban - Town and Fringe	820	46	178	198	133	60	204	423	397	722	24	37	17	3	5	86
	41%	30%	39%	42%	47%	38%	42%	39%	43%	43%	37%	34%	24%	21%	35%	32%
			a	a	abg		a	a	a	dg						
Rural - Village	385	31	85	79	53	31	105	196	189	347	6	11	9	2	1	29
	19%	20%	19%	17%	19%	20%	22%	18%	21%	21%	9%	10%	13%	14%	9%	11%
										bcg						
Rural - Hamlet and Isolated Dwelling	38	3	6	10	6	2	12	19	19	30	2	1	3	1	1	7
	2%	2%	1%	2%	2%	1%	2%	2%	2%	2%	3%	1%	4%	7%	5%	3%
NET: Urban	1579	121	364	381	223	125	366	866	713	1313	57	97	60	10	12	235
	79%	78%	80%	81%	79%	79%	76%	80%	77%	78%	88%	89%	83%	79%	86%	86%
				f				f				a			a	
NET: Rural	423	34	91	89	59	32	117	214	208	377	8	12	12	3	2	37
	21%	22%	20%	19%	21%	21%	24%	20%	23%	22%	12%	11%	17%	21%	14%	14%
							cg			cg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12. Which of the following best describes where you live?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	760	474	129	129	258	131	47	189	49	15	18	55	64	57	136	178
	38%	38%	39%	39%	39%	41%	37%	42%	35%	44%	35%	39%	50%	34%	30%	40%
						j		j					bdgijk			j
Urban - Town and Fringe	820	513	137	141	279	131	54	188	63	11	16	48	34	81	195	185
	41%	41%	41%	42%	42%	41%	42%	42%	45%	32%	32%	34%	27%	48%	43%	41%
						h	h	h	gh					fgh	gh	h
Rural - Village	385	242	64	61	125	53	24	64	26	7	15	33	26	27	110	77
	19%	19%	19%	18%	19%	17%	19%	14%	19%	21%	30%	24%	20%	16%	24%	17%
											acik	c			acik	
Rural - Hamlet and Isolated Dwelling	38	30	3	1	4	5	3	6	1	1	2	5	3	2	11	8
	2%	2%	1%	*	1%	2%	2%	1%	1%	3%	3%	4%	2%	1%	2%	2%
		cd														
NET: Urban	1579	987	267	271	537	261	101	377	111	26	34	102	98	137	331	362
	79%	78%	80%	81%	81%	82%	79%	84%	81%	76%	67%	73%	77%	83%	73%	81%
						fgj		fghj	f					fj		fgj
NET: Rural	423	272	67	63	129	58	26	70	27	8	17	39	29	29	120	84
	21%	22%	20%	19%	19%	18%	21%	16%	19%	24%	33%	27%	23%	17%	27%	19%
											acdik	acik	c		acik	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12. Which of the following best describes where you live?

BASE: All respondents

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Significance Level: 95%																		
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	760	141	373	210	36	619	112	483	81	120	30	527	200	24	760	-	591	158
	38%	43%	36%	39%	44%	37%	41%	36%	38%	33%	43%	39%	35%	38%	48%	-	35%	52%
		be													b		a	
Urban - Town and Fringe	820	122	450	226	21	697	112	572	96	150	24	559	240	30	820	-	712	100
	41%	37%	43%	42%	26%	42%	41%	42%	45%	41%	33%	41%	42%	46%	52%	-	43%	33%
		d	d	d	d	d									b		b	
Rural - Village	385	58	206	98	22	327	43	270	30	78	13	256	114	8	-	385	338	42
	19%	18%	20%	18%	27%	20%	16%	20%	14%	22%	19%	19%	20%	12%	-	91%	20%	14%
										a					a		b	
Rural - Hamlet and Isolated Dwelling	38	7	19	10	3	31	7	23	5	15	4	18	18	3	-	38	32	4
	2%	2%	2%	2%	3%	2%	3%	2%	2%	4%	5%	1%	3%	4%	-	9%	2%	1%
										d	d		d		a			
NET: Urban	1579	263	823	436	57	1316	224	1055	177	270	54	1086	440	54	1579	-	1303	258
	79%	80%	78%	80%	70%	79%	82%	78%	84%	74%	76%	80%	77%	83%	100%	-	78%	85%
		d		d					be			b			b		a	
NET: Rural	423	64	226	108	25	359	50	292	34	93	17	273	132	11	-	423	371	45
	21%	20%	22%	20%	30%	21%	18%	22%	16%	26%	24%	20%	23%	17%	-	100%	22%	15%
					ac				ad				a		a		b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12. Which of the following best describes where you live?

BASE: All respondents

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Significance Level: 95%														
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	760	142	63	95	123	73	99	37	128	291	264	249	335	165
	38%	39%	35%	34%	40%	41%	43%	37%	35%	38%	38%	43%	36%	35%
							c					bc		
Urban - Town and Fringe	820	149	77	132	122	70	93	37	140	323	271	224	384	199
	41%	40%	43%	48%	40%	39%	41%	38%	39%	42%	39%	39%	42%	43%
				hj										
Rural - Village	385	65	37	48	60	35	33	23	84	143	140	101	184	94
	19%	18%	20%	17%	20%	19%	14%	24%	23%	19%	20%	17%	20%	20%
								f	f		f			
Rural - Hamlet and Isolated Dwelling	38	12	2	2	1	3	5	1	11	6	18	6	21	9
	2%	3%	1%	1%	*	2%	2%	1%	3%	1%	3%	1%	2%	2%
		cdi					di		cdi		di			
NET: Urban	1579	291	140	227	244	143	192	74	268	614	534	472	719	364
	79%	79%	78%	82%	80%	79%	83%	75%	74%	80%	77%	82%	78%	78%
				h			hj			h				
NET: Rural	423	77	39	50	61	38	38	24	95	149	158	107	205	103
	21%	21%	22%	18%	20%	21%	17%	25%	26%	20%	23%	18%	22%	22%
								cfi			f			

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?**

BASE: All respondents

Significance Level: 95%

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2002	993	997	649	667	686	118	255	186	207	182	166	333	352	203
Total	2002	975	1015	607	654	741	97	261	196	209	171	222	317	325	204
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1674	805	865	464	558	651	80	217	172	181	154	201	219	288	160
	84%	83%	85%	77%	85%	88%	83%	83%	88%	87%	90%	91%	69%	89%	79%
					a	a	g	g	gi	gi	bgi	abgi		gi	g
No	304	158	144	127	88	89	15	39	21	27	16	20	87	37	40
	15%	16%	14%	21%	13%	12%	16%	15%	11%	13%	10%	9%	27%	11%	20%
				bc									abcdefhi		cefh
Prefer not to say	25	12	6	16	8	1	1	4	3	1	1	1	11	-	3
	1%	1%	1%	3%	1%	*	1%	1%	1%	*	*	*	3%	-	2%
				c	c		h	h	h				defh		h

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Significance Level: 95%																
Unweighted Total	2002	151	452	484	281	165	469	1087	915	1675	65	116	75	14	14	284
Total	2002	155	455	470	282	157	483	1081	921	1690	64	109	72	13	14	272
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1674	141	380	382	242	125	404	902	771	1454	49	83	48	7	14	201
	84%	91%	83%	81%	86%	79%	84%	84%	84%	86%	76%	76%	67%	55%	100%	74%
		bcefg								bcdg						
No	304	12	71	84	35	31	71	167	137	230	15	23	23	5	-	66
	15%	8%	16%	18%	12%	20%	15%	15%	15%	14%	24%	21%	32%	38%	-	24%
		a	a	a	ad	a	a	a	a	a	a	a	a			a
Prefer not to say	25	3	4	5	4	1	7	12	13	7	-	3	1	1	-	4
	1%	2%	1%	1%	2%	1%	1%	1%	1%	*	-	2%	1%	7%	-	2%
												a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Significance Level: 95%																
Unweighted Total	2002	1363	274	270	544	326	126	451	137	36	53	150	146	168	409	452
Total	2002	1259	333	333	666	320	127	447	138	34	50	141	127	166	452	447
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1674	1044	288	294	581	251	112	372	118	29	42	106	98	137	408	363
	84%	83%	86%	88%	87%	78%	88%	83%	85%	85%	84%	75%	77%	82%	90%	81%
			a	a			agh	g	g						acghik	
No	304	207	44	36	80	66	14	71	18	4	7	33	23	24	43	80
	15%	16%	13%	11%	12%	21%	11%	16%	13%	12%	13%	24%	18%	15%	9%	18%
		cd				bj		j				bcdij	j		j	j
Prefer not to say	25	8	1	3	4	2	1	4	2	1	2	2	6	5	1	4
	1%	1%	*	1%	1%	1%	1%	1%	1%	2%	3%	1%	5%	3%	*	1%
											j		acjk	jk		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

Significance Level: 95%

	Number of people in household including self					Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
	Lives alone	2-3	4-5	6+	NET: Lives with others	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Total	a	b	c	d	e	a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total	2002	348	1060	514	80	1654	263	1333	219	356	71	1355	570	67	1590	412	1650	323
Total	2002	327	1049	544	82	1675	274	1347	211	363	71	1359	572	65	1579	423	1674	304
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1674	228	898	482	66	1446	237	1182	165	308	54	1160	470	51	1303	371	1674	-
	84%	70%	86%	88%	81%	86%	87%	88%	78%	85%	77%	85%	82%	78%	83%	88%	100%	-
			a	a	a	a				a		ac			a	b		
No	304	94	144	54	12	209	34	162	45	53	17	193	98	14	258	45	-	304
	15%	29%	14%	10%	14%	13%	13%	12%	21%	15%	23%	14%	17%	22%	16%	11%	-	100%
		b	c						bd		d				b			a
Prefer not to say	25	5	6	9	4	19	3	3	1	2	-	6	3	-	18	7	-	-
	1%	2%	1%	2%	5%	1%	1%	*	*	1%	-	*	1%	-	1%	2%	-	-
				b	bce													

**Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 15th May - 18th May 2020**

**D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?**

BASE: All respondents

Significance Level: 95%

	Total	Number of days active										Amount of activity in the past week compared to previous week		
		0	1	2	3	4	5	6	7	NET 2-4 days	NET 5 + days	NET: More	No more or less	NET: Less
		a	b	c	d	e	f	g	h	i	j	a	b	c
Unweighted Total	2002	369	180	279	308	181	228	96	361	768	685	578	916	470
Total	2002	369	179	277	305	180	230	99	363	762	692	579	924	467
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1674	302	132	226	257	153	197	85	322	636	604	511	777	372
	84%	82%	74%	82%	84%	85%	86%	87%	88%	83%	87%	88%	84%	80%
		b		b	b	b	b	b	abci	b	abci	bc	c	
No	304	61	45	47	46	23	32	11	39	116	82	63	137	92
	15%	17%	25%	17%	15%	13%	14%	11%	11%	15%	12%	11%	15%	20%
		hj	acdefghij	hj						h			a	ab
Prefer not to say	25	6	3	3	2	5	1	2	3	10	6	5	10	3
	1%	2%	1%	1%	1%	3%	*	2%	1%	1%	1%	1%	1%	1%