

## Sport England, Survey into adult physical activity attitudes and behaviour, 26<sup>th</sup> April 2021

*Methodology: Savanta ComRes interviewed 2043 English adults (16+ online) from 23<sup>rd</sup> to 26<sup>th</sup> April 2021. Data were weighted to be demographically representative of English adults by gender, age, region, social grade, and the estimated households with children under 16. Savanta ComRes is a member of the British Polling Council and abides by its rules. Full tables at [www.comresglobal.com](http://www.comresglobal.com)*

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To register for Pollwatch, featuring commentary and insight from the Savanta ComRes team, please email: [pollwatch@comresglobal.com](mailto:pollwatch@comresglobal.com)

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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	

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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents who have children under 16	
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BASE: All respondents who have children under 16	
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BASE: All respondents who have children under 16	
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BASE: All respondents	
Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following? .....	1032
BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
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BASE: All respondents	
D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now? .....	1096
BASE: All respondents that are employed or self-employed during the coronavirus pandemic	
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BASE: All respondents that are employed or self-employed during the coronavirus pandemic	
D8. Including yourself, how many people in total live in your household? .....	1110
BASE: All respondents	
D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them. ....	1117
BASE: All who live with at least one other person	
D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities? .....	1124
BASE: All respondents	
D11. To which of the following ethnic groups do you consider you belong? .....	1131
BASE: All respondents	
D12. Which of the following best describes where you live? .....	1138
BASE: All respondents	
D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise? .....	1145
BASE: All respondents	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D1. Are you...?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Male

Female

Other

Prefer not to say

	Gender		Age			Region								
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	a	b	c	d	e	f	g	h	i
2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
996	996	-	233	299	465	52	126	96	101	96	108	141	155	122
49%	100%	-	38%	45%	61%	54%	47%	48%	47%	54%	48%	44%	47%	58%
	b			a	ab					g				bdfgh
1037	-	1037	379	368	289	45	139	103	113	79	118	177	177	86
51%	-	100%	61%	55%	38%	46%	53%	52%	52%	45%	52%	55%	53%	41%
		a	bc	c			i	i	i		i	ei	i	
6	-	-	4	2	-	-	-	-	2	2	-	1	-	1
*	-	-	1%	*	-	-	-	-	1%	1%	-	*	-	*
			c											
4	-	-	2	-	2	-	-	-	-	-	-	2	-	2
*	-	-	*	-	*	-	-	-	-	-	-	1%	-	1%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D1. Are you...?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	996	107	210	213	102	75	289	531	465	853	13	84	28	4	4	133
	49%	59%	50%	42%	44%	35%	58%	48%	49%	50%	28%	50%	36%	57%	25%	42%
		cdegh	ce		e		bcdegh	ce	ce	bdg		bd				
Female	1037	75	206	286	125	136	208	567	470	844	33	82	50	3	14	182
	51%	41%	49%	57%	55%	64%	42%	51%	50%	49%	72%	50%	64%	43%	75%	58%
			f	abfgh	af	abdfgh		af	af		ac		ac			a
Other	6	-	2	1	2	-	1	3	3	6	-	-	-	-	-	-
	*	-	*	*	1%	-	*	*	*	*	-	-	-	-	-	-
Prefer not to say	4	-	-	2	-	1	1	2	2	3	-	-	-	-	-	-
	*	-	-	*	-	*	*	*	*	*	-	-	-	-	-	-

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D1. Are you...?

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	996	677	161	122	283	26	31	379	75	34	23	55	37	43	291	58
	49%	53%	45%	38%	42%	31%	47%	55%	31%	56%	33%	42%	38%	23%	70%	38%
		bcd					adi	adghik		adfhik		di	i		abcdeghik	i
Female	1037	598	194	200	395	57	35	309	165	25	48	74	59	140	126	92
	51%	47%	54%	62%	58%	67%	53%	45%	69%	41%	67%	57%	61%	76%	30%	61%
			a	a	a	cej	j	j	bcegj		cej	cej	cej	bceghjk		cej
Other	6	3	2	1	3	1	-	1	-	1	-	-	1	2	-	1
	*	*	1%	*	*	1%	-	*	-	2%	-	-	1%	1%	-	1%
						j				cdj				c		
Prefer not to say	4	2	-	-	-	1	-	1	-	1	-	1	-	-	-	1
	*	*	-	-	-	1%	-	*	-	2%	-	1%	-	-	-	1%
						j				cdj						



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D1. Are you...?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	996	246	164	83	17	248	263	282	119	98	20	217	303	191	562	213	30	805
	49%	49%	49%	47%	41%	48%	48%	49%	51%	44%	50%	47%	49%	57%	50%	43%	36%	47%
														bcde	cd			d
Female	1037	259	171	96	23	267	283	296	115	124	19	239	316	147	561	276	53	890
	51%	51%	51%	53%	57%	52%	52%	51%	49%	56%	48%	52%	51%	43%	50%	56%	64%	52%
															a	ab	abe	a
Other	6	-	1	-	-	1	-	-	1	-	-	1	-	-	3	3	-	6
	*	-	*	-	-	*	-	-	*	-	-	*	-	-	*	1%	-	*
Prefer not to say	4	1	-	-	1	-	2	1	-	-	1	-	2	-	3	1	-	4
	*	*	-	-	2%	-	*	*	-	-	2%	-	*	-	*	*	-	*
					abce						abcef							

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D1. Are you...?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	996	169	620	101	201	31	669	302	28	789	207	839	146
	49%	44%	48%	38%	51% a	48%	50% a	47% a	40%	49%	49%	49%	50%
Female	1037	210	661	155	192	33	665	339	39	828	209	883	146
	51%	55%	51%	59% bd	48%	51%	50%	52%	55%	51%	50%	51%	50%
Other	6	2	4	5	3	1	1	5	3	4	2	5	1
	*	1%	*	2% d	1% d	2% d	*	1% d	4% bde	*	*	*	*
Prefer not to say	4	-	3	2	-	-	2	2	-	3	1	2	1
	*	-	*	1%	-	-	*	*	-	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D1. Are you...?

BASE: All respondents

Significance Level: 95%

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
996	179	98	140	167	114	104	45	149	518	298	199	269	372	148	335	248	299	105
49%	51%	45%	44%	48%	52%	43%	50%	58%	47%	51%	43%	45%	53%	60%	55%	47%	46%	45%
								bcdfi		c			ab	ab	bcd			
1037	171	117	180	178	104	137	44	105	580	286	264	321	334	100	271	274	344	129
51%	49%	54%	56%	52%	48%	57%	49%	41%	53%	49%	57%	54%	47%	40%	45%	52%	53%	55%
		h	ehj	h		ehj			h	h	cd	cd				a	a	a
6	2	-	1	1	1	-	1	-	3	1	1	4	-	-	-	2	3	-
*	1%	-	*	*	*	-	1%	-	*	*	*	1%	-	-	-	*	*	-
												c						
4	-	1	-	-	-	-	-	3	1	3	2	-	1	-	1	-	3	-
*	-	*	-	-	-	-	-	1%	*	1%	*	-	*	-	*	-	*	-
								adi										

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D1. Are you...?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Male

Female

Other

Prefer not to say

Total	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	2043	746	753
			514
Total	2043	736	765
	100%	100%	100%
			513
Male	996	335	423
	49%	45%	55%
		ac	44%
Female	1037	398	342
	51%	54%	45%
		b	55%
			b
Other	6	2	1
	*	*	*
			1%
Prefer not to say	4	2	-
	*	*	-
			*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D2. How old are you?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	27	7	20	27	-	-	1	3	1	2	1	4	8	4	2
	1%	1%	2%	4%	-	-	1%	1%	*	1%	1%	2%	3%	1%	1%
			a	bc											
18-24	246	119	125	246	-	-	11	41	17	32	13	15	68	34	15
	12%	12%	12%	40%	-	-	12%	15%	8%	15%	7%	7%	21%	10%	7%
				bc				cefi		cefi			acefhi		
25-34	346	108	234	346	-	-	16	40	31	45	31	22	90	42	28
	17%	11%	23%	56%	-	-	16%	15%	15%	21%	18%	10%	28%	13%	13%
			a	bc						fhi	f		abcefhi		
35-44	320	120	199	-	320	-	17	51	28	32	28	33	57	46	29
	16%	12%	19%	-	48%	-	18%	19%	14%	15%	16%	15%	18%	14%	14%
			a		ac										
45-54	349	178	169	-	349	-	17	42	37	36	25	44	53	62	34
	17%	18%	16%	-	52%	-	18%	16%	18%	17%	14%	19%	16%	19%	16%
					ac										
55-64	299	144	153	-	-	299	15	40	36	28	24	46	23	53	34
	15%	14%	15%	-	-	40%	15%	15%	18%	13%	14%	20%	7%	16%	16%
						ab	g	g	g	g	g	dg		g	g
65+	457	321	137	-	-	457	21	48	51	41	54	61	22	91	69
	22%	32%	13%	-	-	60%	21%	18%	25%	19%	30%	27%	7%	28%	33%
		b				ab	g	g	g	g	bdg	bdg		bdg	abd
NET: 16-34	618	233	379	618	-	-	28	84	48	79	46	42	166	80	45
	30%	23%	37%	100%	-	-	29%	32%	24%	37%	26%	19%	52%	24%	21%
			a	bc			f	fhi		cefhi			abcdefhi		
NET: 35-54	669	299	368	-	669	-	34	93	65	68	53	76	110	107	62
	33%	30%	36%	-	100%	-	35%	35%	32%	31%	30%	34%	34%	32%	30%
			a		ac										
NET: 55+	756	465	289	-	-	756	36	88	86	69	78	107	45	144	103
	37%	47%	28%	-	-	100%	36%	33%	43%	32%	44%	48%	14%	44%	49%
		b				ab	g	g	bdg	g	bdg	bdg		bdg	abd
Base for stats	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
Mean Score	46.94	51.11	43.03	25.45	44.50	66.65	46.95	45.11	49.96	44.59	49.28	51.38	37.18	50.07	52.01
		b			a	ab	g	g	bdg	g	bdg	abd		bdg	abd
Standard Deviation	17.984	18.596	16.440	5.163	5.900	7.029	18.043	17.664	17.514	17.877	17.448	16.663	15.310	18.183	18.072
Standard Error	.398	.603	.500	.197	.222	.276	1.675	1.091	1.214	1.222	1.250	1.144	.832	1.053	1.281
Error variance	.16	.36	.25	.04	.05	.08	2.81	1.19	1.47	1.49	1.56	1.31	.69	1.11	1.64

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D2. How old are you?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	27	3	3	10	8	2	1	15	11	19	1	5	2	-	-	8
	1%	2%	1%	2%	4%	1%	*	1%	1%	1%	2%	3%	3%	-	-	3%
				f	befgh			f				a				a
18-24	246	29	52	74	34	34	23	155	91	165	11	41	17	2	4	76
	12%	16%	12%	15%	15%	16%	5%	14%	10%	10%	24%	25%	22%	33%	24%	24%
		fh	f	fh	fh	fh		fh	f		a	a	a			a
25-34	346	43	78	103	46	48	26	225	120	242	15	48	28	1	3	96
	17%	24%	19%	21%	20%	23%	5%	20%	13%	14%	32%	29%	36%	22%	18%	31%
		fh	fh	fh	fh	fh		fh	f		a	a	a			a
35-44	320	36	78	92	39	43	32	206	114	249	10	36	12	2	5	65
	16%	20%	19%	18%	17%	20%	6%	19%	12%	15%	22%	22%	16%	34%	26%	21%
		fh	fh	fh	fh	fh		fh	f			a				a
45-54	349	26	98	103	40	41	41	227	122	300	7	30	7	1	2	48
	17%	14%	24%	20%	17%	19%	8%	21%	13%	18%	16%	18%	9%	11%	13%	15%
		f	afh	fh	f	fh		fh	f							
55-64	299	18	54	77	41	29	80	149	150	278	1	6	10	-	2	18
	15%	10%	13%	15%	18%	14%	16%	13%	16%	16%	2%	3%	13%	-	10%	6%
				a					a	bcg			bcg			
65+	457	27	55	44	21	15	297	126	332	453	1	-	1	-	1	4
	22%	15%	13%	9%	9%	7%	59%	11%	35%	27%	3%	-	2%	-	8%	1%
		ce	ce				abcdegh	e	abcdeg	bcdg	c					
NET: 16-34	618	75	133	187	89	84	50	396	222	426	26	95	47	4	8	180
	30%	41%	32%	37%	39%	40%	10%	36%	24%	25%	57%	57%	61%	55%	43%	57%
		bfh	fh	fh	fh	bfh		fh	f		a	a	a			a
NET: 35-54	669	62	177	194	79	84	73	433	236	550	18	66	19	3	7	113
	33%	34%	42%	39%	34%	40%	15%	39%	25%	32%	38%	40%	25%	45%	39%	36%
		fh	dfh	fh	fh	fh		fh	f			ad				
NET: 55+	756	46	108	120	62	44	376	274	482	731	2	6	11	-	3	22
	37%	25%	26%	24%	27%	21%	75%	25%	51%	43%	5%	3%	15%	-	18%	7%
							abcdegh		abcdeg	bcdg			cg			
Base for stats	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
Mean Score	46.94	41.60	44.13	41.91	41.74	40.85	61.27	42.70	51.91	49.44	34.49	33.38	35.26	32.96	37.66	34.24
			ce				abcdegh		abcdeg	bcdg						
Standard Deviation	17.984	17.314	16.103	16.006	15.986	14.765	15.986	16.290	18.601	17.827	13.283	11.410	14.310	10.064	15.686	12.669
Standard Error	.398	1.328	.813	.712	.988	.949	.737	.498	.596	.435	1.878	.860	1.600	3.355	3.508	.692
Error variance	.16	1.76	.66	.51	.98	.90	.54	.25	.35	.19	3.53	.74	2.56	11.25	12.30	.48

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D2. How old are you?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043 100%	1281 100%	357 100%	323 100%	681 100%	85 100%	66 100%	690 100%	239 100%	61 100%	71 100%	130 100%	97 100%	185 100%	417 100%	152 100%
16-17	27 1%	13 1%	6 2%	4 1%	10 1%	- -	- -	1 *	- -	2 3%	- -	- -	23 24%	1 *	- -	- -
										cdgjk			abcdefgijk			
18-24	246 12%	128 10%	65 18%	32 10%	97 14%	12 15%	12 18%	81 12%	34 14%	11 18%	6 9%	13 10%	59 61%	14 8%	1 *	24 16%
			ac	a		j	ij	j	ij	ij	j	j	abcdefgijk	j		ij
25-34	346 17%	151 12%	82 23%	94 29%	176 26%	30 35%	17 26%	168 24%	51 21%	10 17%	10 14%	25 19%	12 12%	23 12%	- -	47 31%
			a	a	a	cdefghij	hij	fhij	hij	j	j	j	j	j		defghij
35-44	320 16%	97 8%	88 25%	121 37%	210 31%	13 15%	16 24%	164 24%	51 21%	8 13%	10 14%	26 20%	2 2%	30 16%	2 *	29 19%
			a	abd	a	hj	hj	hij	hj	hj	hj	hj	hj	hj		hj
45-54	349 17%	184 14%	90 25%	63 19%	153 22%	18 21%	12 18%	157 23%	47 20%	10 17%	17 24%	35 27%	- -	48 26%	3 1%	30 20%
			a	a	a	hj	hj	hj	hj	hj	hj	hj	hj	hj		hj
55-64	299 15%	267 21%	14 4%	8 3%	22 3%	11 13%	7 10%	93 14%	34 14%	9 15%	15 21%	22 17%	1 1%	54 29%	51 12%	18 12%
		bcd				h	h	h	h	h	hj	h	abcdeghjk	h	h	h
65+	457 22%	440 34%	12 3%	2 1%	14 2%	2 2%	2 3%	26 4%	22 9%	10 16%	13 18%	8 6%	- -	15 8%	360 86%	3 2%
		bcd	c					h	achk	abcghk	abcdghik	h		achk	abcdehghik	
NET: 16-34	618 30%	292 23%	153 43%	130 40%	282 41%	42 49%	29 44%	250 36%	85 35%	24 38%	16 23%	38 30%	95 98%	38 20%	1 *	71 47%
			a	a	a	cdgij	fgij	fij	fij	ij	j	ij	abcdehijk	j		cdgij
NET: 35-54	669 33%	281 22%	179 50%	184 57%	363 53%	31 36%	28 43%	321 47%	98 41%	19 30%	27 38%	60 47%	2 2%	78 42%	5 1%	59 39%
			a	a	a	hj	hj	ehj	hj	hj	hj	ehj		hj		hj

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D2. How old are you?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: 55+

Base for stats

Mean Score

Standard Deviation

Standard Error

Error variance

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week								NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed				Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired		
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
756	708	25	10	35	13	9	119	56	19	28	31	1	69	411	21	
37%	55%	7%	3%	5%	15%	13%	17%	23%	31%	39%	24%	1%	37%	99%	14%	
	bcd	c			h	h	h	chk	abchk	abcdghk	hk		abcdghk	abcdefghik	h	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
46.94	52.83	37.49	36.77	37.15	38.57	38.03	40.70	42.84	44.04	48.53	43.47	20.26	47.65	69.84	38.33	
	bcd				h	h	hk	abchk	abhk	abcdghk	abchk		abcdghk	abcdefghik	h	
17.984	18.449	12.776	9.710	11.419	13.716	13.555	13.094	16.040	18.670	15.692	13.943	5.490	13.974	6.664	13.603	
.398	.504	.721	.573	.466	1.446	1.576	.495	1.035	2.334	1.862	1.150	.505	.976	.364	1.062	
.16	.25	.52	.33	.22	2.09	2.48	.25	1.07	5.45	3.47	1.32	.26	.95	.13	1.13	



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D2. How old are you?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	27 1%	1 *	1 *	1 *	- -	2 *	1 *	1 *	1 *	- -	2 *	1 *	1 *	4 *	15 3%	7 8%	26 2%
															abce	abce	b
18-24	246 12%	62 12%	39 12%	25 14%	8 19%	64 12%	48 8%	51 22%	29 13%	9 23%	79 17%	57 9%	13 4%	118 10%	89 18%	25 30%	232 14%
								acf	a	af	af			a	abe	abce	ab
25-34	346 17%	107 21%	93 28%	32 18%	9 22%	125 24%	116 20%	73 31%	39 17%	14 35%	111 24%	130 21%	35 10%	181 16%	107 22%	23 28%	311 18%
			acf					acf		acf	c			a	ab	abe	a
35-44	320 16%	109 21%	77 23%	33 19%	7 17%	111 21%	134 23%	52 22%	44 20%	5 13%	97 21%	139 22%	37 11%	137 12%	131 27%	16 19%	283 17%
															abe	ab	ab
45-54	349 17%	119 23%	64 19%	41 23%	10 23%	106 20%	143 25%	35 15%	45 20%	11 27%	81 18%	154 25%	45 13%	195 17%	102 21%	7 9%	304 18%
							be					be		d	ad		ad
55-64	299 15%	79 16%	43 13%	29 16%	4 9%	72 14%	99 17%	20 8%	38 17%	1 2%	57 13%	100 16%	81 24%	185 16%	30 6%	2 3%	218 13%
							bde		bd			bd	bcde	cde			cd
65+	457 22%	29 6%	20 6%	16 9%	4 10%	36 7%	40 7%	3 1%	26 12%	- -	30 6%	40 6%	127 38%	309 27%	19 4%	2 2%	330 19%
							b		abdef		b	b	bcde	cde			cd
NET: 16-34	618 30%	171 34%	132 39%	58 33%	17 41%	191 37%	165 28%	124 53%	68 31%	23 58%	192 42%	188 30%	48 14%	304 27%	211 43%	55 67%	569 33%
								acef		acf	acf			a	abe	abce	ab
NET: 35-54	669 33%	227 45%	141 42%	75 42%	16 40%	216 42%	277 48%	88 37%	89 40%	16 40%	177 39%	293 47%	81 24%	331 29%	233 47%	23 28%	587 34%
							be					be			abde		ab
NET: 55+	756 37%	108 21%	63 19%	46 26%	8 19%	108 21%	139 24%	23 10%	64 29%	1 2%	87 19%	140 22%	208 62%	494 44%	49 10%	4 5%	548 32%
							bd		bde		bd	bd	bcde	cde			cd
Base for stats	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D2. How old are you?

BASE: All respondents

Significance Level: 95%

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID19	NET: Mostly travelling to work during COVID19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID19	NET: Mostly working standard hours during COVID19	Lives alone	23	45	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Mean Score	46.94	42.02	40.82	43.71	40.29	41.82	43.66	36.12	44.37	34.48	40.12	43.06	56.04	49.57	37.34	30.91	45.13
			b				bde		bde		bd	bde	bcde	cde	d		cd
Standard Deviation	17.984	14.119	13.938	16.018	16.790	14.743	13.841	12.622	16.057	12.019	14.954	13.907	16.368	17.998	13.473	12.568	17.745
Standard Error		.398	.617	.766	1.194	.652	.569	.820	1.078	1.855	.698	.553	.884	.537	.608	1.355	.430
Error variance		.16	.38	.59	1.43	.43	.32	.67	1.16	3.44	.49	.31	.78	.29	.37	1.84	.19

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D2. How old are you?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	27	3	20	4	2	1	18	8	-	25	2	25	2
	1%	1%	2%	2%	1%	2%	1%	1%	-	2%	1%	1%	1%
18-24	246	82	138	50	33	9	146	84	7	199	46	191	48
	12%	22%	11%	19%	8%	14%	11%	13%	10%	12%	11%	11%	16%
		b		bde				b				a	
25-34	346	102	201	61	33	18	227	105	6	295	51	279	60
	17%	27%	16%	23%	8%	27%	17%	16%	8%	18%	12%	16%	21%
		b		bdef		bdef	bf	b		b			
35-44	320	80	200	41	47	15	215	94	8	269	51	272	46
	16%	21%	16%	16%	12%	23%	16%	15%	12%	17%	12%	16%	16%
		b				b	b			b			
45-54	349	53	247	49	72	6	233	106	19	285	63	293	53
	17%	14%	19%	19%	18%	9%	17%	16%	27%	18%	15%	17%	18%
			a					cde					
55-64	299	22	193	35	76	6	198	99	18	234	65	257	40
	15%	6%	15%	13%	19%	8%	15%	15%	25%	14%	16%	15%	14%
			a		acd			acde					
65+	457	39	289	23	132	10	299	152	12	318	140	414	44
	22%	10%	22%	9%	33%	16%	22%	23%	18%	20%	33%	24%	15%
			a		acdef		a	a	a		a	b	
NET: 16-34	618	188	359	115	69	29	391	196	13	519	99	495	110
	30%	49%	28%	44%	17%	44%	29%	30%	19%	32%	24%	29%	37%
		b		bdef		bdef	bf	bf		b		a	
NET: 35-54	669	132	446	90	119	21	448	201	27	554	115	565	100
	33%	35%	35%	34%	30%	32%	34%	31%	39%	34%	27%	33%	34%
										b			
NET: 55+	756	61	482	58	209	16	497	251	30	551	205	670	84
	37%	16%	37%	22%	53%	24%	37%	39%	43%	34%	49%	39%	29%
			a		acde		ac	ac	ac		a	b	
Base for stats	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D2. How old are you?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Mean Score

Standard Deviation

Standard Error

Error variance

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Longstanding physical and mental condition or illness				
Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
	a	b	a	b	c	d	e	f	a	b	a	b
2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
46.94	38.07	47.52	40.20	53.51	40.42	47.18	47.31	49.77	45.84	51.21	47.69	43.43
		a		acde		ac	ac	ac		a	b	
17.984	15.803	17.653	15.911	17.192	17.252	17.816	18.222	15.192	17.659	18.604	18.033	17.196
.398	.811	.494	.938	.874	2.108	.491	.710	1.731	.436	.924	.437	.972
.16	.66	.24	.88	.76	4.44	.24	.50	3.00	.19	.85	.19	.94

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D2. How old are you?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	27	6	3	3	4	4	2	1	2	16	5	12	5	5	2	12	8	4	1
	1%	2%	2%	1%	1%	2%	1%	1%	1%	1%	1%	3%	1%	1%	1%	2%	1%	1%	*
												bc				c			
18-24	246	19	23	47	56	38	32	6	26	163	64	71	74	63	29	86	80	55	13
	12%	5%	11%	15%	16%	17%	13%	7%	10%	15%	11%	15%	12%	9%	12%	14%	15%	8%	6%
			a	a	aghj	abghj	a		a	aghj	a	c	c			cd	cd		
25-34	346	29	33	64	67	56	53	13	31	220	97	84	112	106	38	101	103	88	46
	17%	8%	15%	20%	19%	25%	22%	15%	12%	20%	17%	18%	19%	15%	15%	17%	20%	14%	20%
			a	ah	ah	abghj	ah			ah	a						c		c
35-44	320	35	34	55	70	37	41	18	30	196	89	70	114	106	26	87	105	91	34
	16%	10%	15%	17%	20%	17%	17%	20%	12%	18%	15%	15%	19%	15%	10%	14%	20%	14%	15%
			a	ahj	a	a	a	a		ah	a		cd				ac		
45-54	349	58	42	52	49	38	41	15	54	181	110	70	112	120	45	97	81	121	48
	17%	16%	19%	16%	14%	17%	17%	17%	21%	16%	19%	15%	19%	17%	18%	16%	15%	19%	20%
									d										
55-64	299	73	36	37	46	17	26	16	47	137	89	77	67	118	33	75	65	115	41
	15%	21%	17%	12%	13%	8%	11%	17%	18%	12%	15%	16%	11%	17%	13%	12%	12%	18%	18%
		cdefij	e		e			e	cefi		e	b		b				ab	
65+	457	134	46	62	54	28	46	21	67	189	134	84	110	189	75	148	84	175	51
	22%	38%	21%	19%	15%	13%	19%	24%	26%	17%	23%	18%	18%	27%	30%	24%	16%	27%	22%
		bdefghij	e	e				e	dei		dei			ab	ab	b		b	
NET: 16-34	618	53	59	114	127	98	87	20	59	398	166	167	191	174	69	199	190	147	60
	30%	15%	27%	36%	37%	45%	36%	22%	23%	36%	28%	36%	32%	25%	28%	33%	36%	23%	26%
			a	abghj	abghj	abghj	abghj		a	abghj	a	cd	c			cd	cd		
NET: 35-54	669	93	75	107	119	75	82	33	84	377	199	140	226	226	71	184	186	212	82
	33%	26%	35%	33%	34%	34%	34%	37%	33%	34%	34%	30%	38%	32%	29%	30%	35%	33%	35%
			a	a	a	a				a	a		acd						
NET: 55+	756	207	82	99	100	45	72	37	114	327	223	160	177	307	108	223	149	290	92
	37%	59%	38%	31%	29%	21%	30%	41%	44%	30%	38%	34%	30%	43%	44%	37%	28%	45%	39%
		bdefghij	dei	e	e		e	dei	cdefi	e	cdefi			ab	ab	b		ab	b
Base for stats	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
Mean Score	46.94	55.36	47.84	44.28	43.50	40.17	44.55	49.07	49.80	43.92	47.54	44.62	44.78	49.88	49.72	46.60	43.40	50.44	48.29
		bdefghij	cdefi	e	e		e	cdefi	cdefi	e	cdefi			ab	ab	b		ab	b
Standard Deviation	17.984	17.021	17.648	17.782	17.648	16.437	17.878	16.563	17.382	17.599	17.616	18.006	17.040	17.881	18.804	18.788	17.379	17.470	16.312
Standard Error	.398	.918	1.198	.986	.941	1.103	1.152	1.776	1.089	.527	.730	.820	.691	.684	1.221	.765	.750	.697	1.053
Error variance	.16	.84	1.44	.97	.88	1.22	1.33	3.15	1.18	.28	.53	.67	.48	.47	1.49	.59	.56	.49	1.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D2. How old are you?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
16-17	27	14	6	6
	1%	2%	1%	1%
18-24	246	111	67	58
	12%	15%	9%	11%
		b		
25-34	346	167	89	85
	17%	23%	12%	16%
		bc		b
35-44	320	128	122	69
	16%	17%	16%	13%
45-54	349	118	141	88
	17%	16%	18%	17%
55-64	299	90	126	78
	15%	12%	17%	15%
		a		
65+	457	109	213	129
	22%	15%	28%	25%
		a	a	a
NET: 16-34	618	292	163	149
	30%	40%	21%	29%
		bc		b
NET: 35-54	669	245	263	158
	33%	33%	34%	31%
NET: 55+	756	199	340	207
	37%	27%	44%	40%
		a	a	a
Base for stats	2043	736	765	513
Mean Score	46.94	42.47	50.43	48.37
			ac	a
Standard Deviation	17.984	17.118	17.408	18.532
Standard Error	.398	.627	.634	.817
Error variance	.16	.39	.40	.67

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	52	45	28	34	36	98	-	-	-	-	-	-	-	-
	5%	5%	4%	5%	5%	5%	100%	-	-	-	-	-	-	-	-
							bcdefghi								
North West	265	126	139	84	93	88	-	265	-	-	-	-	-	-	-
	13%	13%	13%	14%	14%	12%	-	100%	-	-	-	-	-	-	-
								acdefghi							
Yorkshire and the Humber	199	96	103	48	65	86	-	-	199	-	-	-	-	-	-
	10%	10%	10%	8%	10%	11%	-	-	100%	-	-	-	-	-	-
						a			abdefghi						
West Midlands	215	101	113	79	68	69	-	-	-	215	-	-	-	-	-
	11%	10%	11%	13%	10%	9%	-	-	-	100%	-	-	-	-	-
				c						abcefghi					
East Midlands	177	96	79	46	53	78	-	-	-	-	177	-	-	-	-
	9%	10%	8%	7%	8%	10%	-	-	-	-	100%	-	-	-	-
											abcdefghi				
East of England	226	108	118	42	76	107	-	-	-	-	-	226	-	-	-
	11%	11%	11%	7%	11%	14%	-	-	-	-	-	100%	-	-	-
					a	a						abcdeghi			
London	321	141	177	166	110	45	-	-	-	-	-	-	321	-	-
	16%	14%	17%	27%	16%	6%	-	-	-	-	-	-	100%	-	-
				bc	c								abcdefhi		
South East	331	155	177	80	107	144	-	-	-	-	-	-	-	331	-
	16%	16%	17%	13%	16%	19%	-	-	-	-	-	-	-	100%	-
						a								abcdefgi	
South West	210	122	86	45	62	103	-	-	-	-	-	-	-	-	210
	10%	12%	8%	7%	9%	14%	-	-	-	-	-	-	-	-	100%
		b				ab									abcdefgh
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Northern Ireland

Outside of the UK

	Gender		Age			Region								
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	a	b	c	d	e	f	g	h	i
2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D3. Which of the following describes where you live?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98 5%	6 3%	12 3%	33 7% b	16 7% b	8 4%	22 4%	51 5%	46 5%	88 5%	1 3%	4 3%	2 2%	1 11%	1 4%	9 3%
North West	265 13%	17 9%	60 14%	61 12%	33 14%	30 14%	64 13%	139 13%	127 13%	234 14% dg	6 13% d	21 12% d	2 2%	- -	- -	28 9% d
Yorkshire and the Humber	199 10%	13 7%	33 8%	39 8%	24 10%	31 15% abcg	60 12% bcg	84 8%	115 12% bcg	178 10% g	2 5%	13 8%	3 4%	- -	1 4%	19 6%
West Midlands	215 11%	23 12%	46 11%	50 10%	21 9%	32 15% dfh	44 9%	119 11%	97 10%	166 10%	5 12%	32 19% a	10 12%	- -	1 6%	48 15% a
East Midlands	177 9%	9 5%	28 7%	45 9%	26 12% abg	17 8%	52 10% a	82 7%	95 10% ag	156 9% g	4 9%	8 5%	4 6%	2 22%	- -	18 6%
East of England	226 11%	14 7%	41 10%	52 10%	30 13%	25 12%	64 13%	107 10%	119 13% g	204 12% dg	4 8%	15 9%	2 3%	1 10%	- -	21 7%
London	321 16%	53 29% bcdefgh	76 18% defh	102 20% defh	27 12% f	26 12% f	37 7%	231 21% defh	91 10%	176 10%	16 36% a	59 36% a	44 57% abcg	3 46%	14 78%	137 43% a
South East	331 16%	24 13%	82 20% ce	74 15%	34 15%	28 13%	89 18%	180 16%	151 16%	307 18% cg	5 11%	9 5%	8 10%	- -	1 5%	22 7%
South West	210 10%	24 13% de	39 9%	46 9%	17 7%	16 7%	68 14% cdeg	110 10%	100 11%	198 12% cdg	2 4%	5 3%	3 4%	1 11%	1 4%	12 4%
Scotland	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Wales	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Northern Ireland	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Outside of the UK	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D3. Which of the following describes where you live?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	63	14	14	27	6	5	34	9	4	3	5	5	12	15	10
	5%	5%	4%	4%	4%	6%	7%	5%	4%	6%	5%	4%	5%	6%	4%	7%
North West	265	157	47	51	98	7	7	100	45	3	9	17	15	25	38	13
	13%	12%	13%	16%	14%	8%	10%	14% ej	19% aejk	4%	13%	13% e	16% e	14% e	9%	9%
Yorkshire and the Humber	199	132	36	27	63	6	7	67	15	9	3	14	5	18	55	13
	10%	10%	10%	8%	9%	7%	11%	10%	6%	15% dfh	4%	11%	5%	10%	13% dfh	9%
West Midlands	215	116	41	41	82	11	5	73	32	8	6	17	11	22	32	15
	11%	9%	11%	13%	12% a	12%	7%	11%	13% j	13%	8%	13%	12%	12%	8%	10%
East Midlands	177	121	29	21	50	7	4	54	17	8	9	10	9	12	48	10
	9%	9%	8%	7%	7%	8%	6%	8%	7%	13%	12%	8%	10%	6%	11% i	7%
East of England	226	161	28	34	62	11	5	64	22	9	6	8	11	21	69	16
	11%	13% bd	8%	11%	9%	12%	8%	9%	9%	14%	9%	6%	11%	11%	17% cdg	11%
London	321	162	68	72	140	12	23	131	37	10	14	28	26	20	19	35
	16%	13%	19% a	22% a	21% a	14% j	35% acdefgij	19% ij	16% j	17% j	20% j	22% ij	27% acdij	11% j	4%	23% ij
South East	331	223	61	39	101	22	8	104	37	4	11	19	10	41	75	30
	16%	17% c	17%	12%	15%	26% bcdegh	13%	15%	16%	7%	15%	14%	10%	22% ceh	18% eh	20% eh
South West	210	146	34	24	58	5	2	63	26	7	10	12	5	15	66	8
	10%	11%	9%	7%	9%	6%	3%	9%	11% bk	11%	14% bhk	9%	5%	8%	16% abcghik	5%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

Significance Level: 95%

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D3. Which of the following describes where you live?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98 5%	29 6%	15 4%	8 4%	2 4%	23 4%	34 6%	7 3%	9 4%	1 2%	17 4%	35 6%	23 7% e	48 4%	21 4%	5 6%	74 4%
North West	265 13%	72 14%	57 17%	22 12%	4 9%	79 15%	86 15%	32 13%	32 14%	8 20%	63 14%	94 15%	55 16% b	122 11%	74 15% b	15 18% b	211 12%
Yorkshire and the Humber	199 10%	48 10%	27 8%	14 8%	5 11%	42 8%	55 10%	19 8%	14 6%	6 15% c	33 7%	61 10%	38 11%	117 10%	39 8%	6 7%	162 9%
West Midlands	215 11%	60 12%	28 8%	22 12%	4 11%	50 10%	66 11%	23 10%	27 12%	3 7%	50 11%	68 11%	29 8%	121 11%	52 10%	14 17% a	187 11%
East Midlands	177 9%	37 7%	21 6%	21 12% b	3 8%	42 8%	48 8%	17 7%	18 8%	3 7%	35 8%	50 8%	28 8%	102 9%	40 8%	7 9%	149 9%
East of England	226 11%	50 10%	31 9%	15 8%	2 4%	45 9%	59 10%	18 8%	19 9%	2 6%	38 8%	62 10%	39 11%	125 11%	55 11%	7 8%	187 11%
London	321 16%	83 16%	78 23% af	34 19%	9 22%	112 22% af	85 15%	71 30% acf	42 19%	9 21%	113 25% af	93 15%	37 11%	164 15%	105 21% abe	15 19%	284 17% a
South East	331 16%	81 16%	47 14%	25 14%	5 11%	72 14%	95 16% b	26 11%	35 16%	4 10%	61 13%	99 16%	56 17%	199 18% c	66 13%	10 12%	275 16%
South West	210 10%	45 9%	32 10%	19 10%	8 20% abef	51 10%	52 9%	22 10%	24 11%	5 12%	46 10%	57 9%	35 10%	130 12% d	43 9%	3 4%	176 10%
Scotland	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Wales	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Northern Ireland

Outside of the UK

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	20	53	15	15	6	61	32	3	76	22	81	13
	5%	5%	4%	6%	4%	9%	5%	5%	5%	5%	5%	5%	5%
North West	265	41	167	47	68	11	151	109	16	224	41	223	40
	13%	11%	13%	18% d	17% d	17%	11%	17% d	22% d	14% b	10%	13%	13%
Yorkshire and the Humber	199	35	125	26	44	2	131	62	11	162	38	169	29
	10%	9%	10%	10%	11%	4%	10%	10%	16% c	10%	9%	10%	10%
West Midlands	215	44	137	21	40	8	148	63	6	176	40	190	23
	11%	12%	11%	8%	10%	13%	11%	10%	9%	11%	9%	11%	8%
East Midlands	177	38	110	23	37	4	113	59	5	118	59	157	17
	9%	10%	9%	9%	9%	7%	8%	9%	7%	7%	14% a	9%	6%
East of England	226	28	156	23	42	4	155	64	6	163	63	203	23
	11%	7%	12% a	9%	11%	6%	12%	10%	9%	10%	15% a	12% b	8%
London	321	87	184	33	41	13	223	78	7	305	16	239	77
	16%	23% b	14%	12%	10%	21% be	17% be	12%	10%	19% b	4%	14%	26% a
South East	331	54	214	38	62	9	228	100	9	253	79	280	50
	16%	14%	17%	15%	16%	14%	17%	15%	13%	16%	19%	16%	17%
South West	210	33	141	36	47	6	126	81	7	149	61	188	21
	10%	9%	11%	14% d	12%	10%	9%	13% d	10%	9%	15% a	11% b	7%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Northern Ireland

Outside of the UK

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Longstanding physical and mental condition or illness				
Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
	a	b	a	b	c	d	e	f	a	b	a	b
2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-
-	-	-	-	-	-	-	-	-	-	-	-	-

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D3. Which of the following describes where you live?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	19	7	15	18	7	14	8	10	47	31	16	33	34	13	27	28	27	14
	5%	5%	3%	5%	5%	3%	6%	9%	4%	4%	5%	3%	6%	5%	5%	4%	5%	4%	6%
North West	265	45	29	45	42	29	33	9	33	146	75	69	77	82	33	79	71	76	34
	13%	13%	14%	14%	12%	13%	14%	10%	13%	13%	13%	15%	13%	12%	13%	13%	14%	12%	14%
Yorkshire and the Humber	199	40	21	30	31	20	23	10	25	101	57	49	60	68	22	58	51	68	21
	10%	11%	9%	9%	9%	9%	10%	11%	10%	9%	10%	10%	10%	10%	9%	10%	10%	10%	9%
West Midlands	215	35	19	39	30	32	24	12	25	120	61	47	57	73	33	55	51	66	38
	11%	10%	9%	12%	9%	14%	10%	13%	10%	11%	10%	10%	10%	10%	13%	9%	10%	10%	16%
East Midlands	177	26	17	32	24	19	21	13	25	92	59	31	54	71	17	56	46	56	16
	9%	7%	8%	10%	7%	9%	9%	15%	10%	8%	10%	7%	9%	10%	7%	9%	9%	9%	7%
East of England	226	46	32	30	39	18	19	9	33	118	61	55	73	77	20	64	65	67	29
	11%	13%	15%	9%	11%	8%	8%	10%	13%	11%	10%	12%	12%	11%	8%	11%	12%	10%	12%
London	321	30	32	50	79	42	36	14	38	203	88	72	94	109	40	93	81	104	35
	16%	9%	15%	16%	23%	19%	15%	16%	15%	18%	15%	16%	16%	15%	16%	15%	15%	16%	15%
South East	331	71	36	51	50	25	48	11	40	162	99	74	97	122	33	116	81	103	29
	16%	20%	17%	16%	14%	12%	20%	12%	16%	15%	17%	16%	16%	17%	13%	19%	15%	16%	12%
South West	210	41	24	29	33	26	24	4	29	113	57	52	49	71	37	59	52	81	19
	10%	12%	11%	9%	10%	12%	10%	4%	11%	10%	10%	11%	8%	10%	15%	10%	10%	12%	8%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D3. Which of the following describes where you live?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
North East	98	35	45	16
	5%	5%	6%	3%
			c	
North West	265	106	88	65
	13%	14%	11%	13%
Yorkshire and the Humber	199	55	80	62
	10%	7%	10%	12%
			a	a
West Midlands	215	76	92	47
	11%	10%	12%	9%
East Midlands	177	62	71	42
	9%	8%	9%	8%
East of England	226	64	110	48
	11%	9%	14%	9%
			ac	
London	321	148	87	82
	16%	20%	11%	16%
		b		b
South East	331	118	112	95
	16%	16%	15%	19%
South West	210	73	80	55
	10%	10%	10%	11%
Scotland	-	-	-	-
	-	-	-	-
Wales	-	-	-	-
	-	-	-	-
Northern Ireland	-	-	-	-
	-	-	-	-
Outside of the UK	-	-	-	-
	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
No children aged 15 or under	1281	677	598	292	281	708	63	157	132	116	121	161	162	223	146	
	63%	68%	58%	47%	42%	94%	65%	59%	66%	54%	69%	71%	50%	67%	70%	
		b		b		ab	g	g	dg		bdg	bdg		bdg	bdg	
Yes - children aged 0 to 12 months	93	38	54	73	21	-	2	8	8	16	7	8	26	9	9	
	5%	4%	5%	12%	3%	-	2%	3%	4%	7%	4%	4%	8%	3%	4%	
				bc	c					abh			abcfh			
Yes - children aged 13 months to 4 years old	185	64	120	108	76	1	9	28	14	22	10	15	43	25	19	
	9%	6%	12%	18%	11%	*	9%	11%	7%	10%	5%	7%	13%	8%	9%	
			a	bc	c								cefh			
Yes - children aged 5 to 10 years old	299	117	182	114	178	8	14	46	27	39	26	31	57	37	22	
	15%	12%	18%	18%	27%	1%	15%	17%	14%	18%	15%	14%	18%	11%	11%	
			a	c	ac			hi		hi			hi			
Yes - children aged 11 to 15 years old	330	137	192	82	217	31	17	48	33	37	19	33	62	54	27	
	16%	14%	19%	13%	32%	4%	17%	18%	17%	17%	11%	15%	19%	16%	13%	
			a	c	ac			e					ei			
Prefer not to answer	82	36	44	43	25	13	7	10	4	18	6	3	20	7	6	
	4%	4%	4%	7%	4%	2%	7%	4%	2%	8%	3%	1%	6%	2%	3%	
				bc	c		cfh			bcefhi			cfh			
NET: Yes	681	283	395	282	363	35	27	98	63	82	50	62	140	101	58	
	33%	28%	38%	46%	54%	5%	28%	37%	32%	38%	28%	27%	44%	30%	28%	
			a	c	ac			efi		efi			acefhi			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1281	82	214	301	132	115	437	597	684	1138	23	66	30	5	11	136
	63%	45%	51%	60%	57%	54%	88%	54%	73%	67%	49%	40%	39%	78%	63%	43%
				abg	a		abcdegh	a	abcdeg	bcdg						
Yes - children aged 0 to 12 months	93	17	20	29	8	16	5	65	28	64	5	14	9	-	-	28
	5%	9%	5%	6%	3%	7%	1%	6%	3%	4%	11%	9%	11%	-	-	9%
		bdfh	f	fh	f	dfh		fh	f		a	a	a			a
Yes - children aged 13 months to 4 years old	185	18	50	49	28	23	18	117	69	139	8	26	9	-	4	46
	9%	10%	12%	10%	12%	11%	4%	11%	7%	8%	16%	15%	12%	-	20%	15%
		f	fh	f	fh	f		fh	f		a	a				a
Yes - children aged 5 to 10 years old	299	33	91	67	40	45	24	190	109	230	8	37	16	-	2	64
	15%	18%	22%	13%	17%	21%	5%	17%	12%	14%	18%	22%	21%	-	12%	20%
		fh	cfh	f	fh	cfh		cfh	f			a				a
Yes - children aged 11 to 15 years old	330	43	98	83	44	42	21	223	107	265	11	30	20	-	2	63
	16%	24%	23%	16%	19%	20%	4%	20%	11%	16%	23%	18%	26%	-	14%	20%
		cfh	cfh	fh	fh	fh		fh	f				a			a
Prefer not to answer	82	11	14	28	10	7	13	53	29	48	3	15	5	2	1	25
	4%	6%	3%	6%	4%	3%	3%	5%	3%	3%	5%	9%	7%	22%	5%	8%
		fh		fh				fh				a				a
NET: Yes	681	90	190	174	88	90	49	453	227	520	21	85	42	-	6	153
	33%	49%	45%	35%	38%	43%	10%	41%	24%	30%	45%	51%	54%	-	33%	49%
		cdfh	cfh	fh	fh	cfh		cfh	f		a	a	a			a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status										
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
1281	1281	-	-	-	42	37	330	111	36	45	90	56	127	407	79
63%	100%	-	-	-	49%	55%	48%	46%	58%	63%	70%	57%	69%	98%	52%
	bcd									cd	abcdhk		abcdhk	abcdeghik	
93	-	50	43	93	11	5	47	18	3	3	4	1	2	-	15
5%	-	14%	13%	14%	12%	7%	7%	8%	5%	4%	3%	1%	1%	-	10%
		a	a	a	cghij	hij	hij	hij	ij	j	j				ghij
185	-	77	108	185	5	6	91	35	7	1	14	4	21	1	12
9%	-	22%	34%	27%	6%	9%	13%	14%	12%	2%	11%	4%	11%	*	8%
		a	ab	a	j	j	fthjk	afhjk	fhj		fhj	j	fhj		j
299	-	82	217	299	15	7	136	55	12	11	22	8	29	4	23
15%	-	23%	67%	44%	18%	11%	20%	23%	19%	16%	17%	8%	15%	1%	15%
		a	abd	ab	hj	j	hj	bhijk	hj	j	hj	j	j		j
330	-	149	182	330	25	12	156	56	7	15	12	20	24	4	37
16%	-	42%	56%	49%	29%	18%	23%	23%	11%	21%	10%	21%	13%	1%	24%
		a	abd	ab	egij	j	egij	egij	j	gj	j	gj	j		egij
82	-	-	-	-	2	7	30	8	6	4	3	12	6	3	10
4%	-	-	-	-	3%	11%	4%	3%	9%	6%	2%	13%	3%	1%	6%
						acdgi	j	j	dgi	j		acdgi	j		j
681	-	357	323	681	41	23	330	120	20	22	37	29	52	7	63
33%	-	100%	100%	100%	48%	34%	48%	50%	33%	31%	28%	30%	28%	2%	42%
		a	a	a	fghij	j	befghij	befghij	j	j	j	j	j		ghij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
1281	256	161	89	18	250	274	316	89	115	16	203	332	326	801	135	19	955
63%	51%	48%	50%	43%	48%	50%	54% bde	38%	52% b	39%	45%	53% be	96% bcde	71% cde	27%	23%	56% cd
93	34	25	9	3	34	37	31	27	11	4	38	35	3	48	37	5	90
5%	7%	7%	5%	8%	7%	7%	5%	12% acf	5%	9%	8%	6%	1% a	4% a	7% ab	6% a	5% a
185	61	48	18	6	67	67	65	36	25	10	62	74	1	79	87	18	184
9%	12%	14%	10%	14%	13%	12%	11%	15%	11%	24% acf	13%	12%	*	7% a	18% abe	22% abe	11% ab
299	91	75	38	6	113	96	98	69	38	7	107	105	-	77	190	33	299
15%	18%	22%	21%	14%	22%	18%	17%	29% acf	17%	16%	23% af	17%	-	7% a	38% abe	40% abe	18% ab
330	116	78	32	7	111	124	131	61	38	7	99	138	-	107	185	38	330
16%	23%	23%	18%	17%	21%	23%	23%	26% c	17%	18%	22%	22%	-	9% a	38% abe	46% abe	19% ab
82	22	12	10	5	22	27	19	11	16	3	27	21	8	38	28	8	74
4%	4%	4%	6%	12% abef	4%	5%	3%	5%	7% af	6%	6% af	3%	2%	3%	6% ab	10% abe	4%
681	227	163	80	19	244	246	245	136	90	22	226	267	4	291	330	55	676
33%	45%	49%	45%	45%	47%	45%	42%	58% acef	41%	55%	49% acf	43%	1%	26% a	67% abe	67% abe	40% ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	Total	a b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380 1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381 1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1281	140 802	164	290	30	831	423	56	1000	281	1073	201
	63%	37% 62%	62%	73%	46%	62%	65%	80%	62%	67%	62%	68%
		a	c	acde		c	c	acde		a		a
Yes - children aged 0 to 12 months	93	47 40	16	15	8	49	39	-	84	9	80	11
	5%	12% 3%	6%	4%	13%	4%	6%	-	5%	2%	5%	4%
		b	f		bdef		df		b			
Yes - children aged 13 months to 4 years old	185	68 115	24	20	8	131	49	3	158	28	158	26
	9%	18% 9%	9%	5%	13%	10%	8%	4%	10%	7%	9%	9%
		b	b		b	b			b			
Yes - children aged 5 to 10 years old	299	87 205	37	35	10	213	78	4	247	52	269	28
	15%	23% 16%	14%	9%	16%	16%	12%	6%	15%	13%	16%	9%
		b	b		bef						b	
Yes - children aged 11 to 15 years old	330	97 229	38	51	12	230	91	9	271	59	296	33
	16%	25% 18%	15%	13%	18%	17%	14%	13%	17%	14%	17%	11%
		b				b					b	
Prefer not to answer	82	17 47	8	13	9	42	27	2	58	24	58	15
	4%	4% 4%	3%	3%	14%	3%	4%	2%	4%	6%	3%	5%
					abdef					a		
NET: Yes	681	225 439	91	93	26	464	197	12	567	114	598	78
	33%	59% 34%	35%	23%	39%	35%	30%	18%	35%	27%	35%	27%
		b	bf		bf	bf	bf		b		b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
2043 100%	353 100%	217 100%	320 100%	346 100%	219 100%	241 100%	90 100%	257 100%	1102 100%	588 100%	466 100%	594 100%	707 100%	247 100%	607 100%	525 100%	649 100%	234 100%
1281 63%	282 80%	140 65%	186 58%	195 56%	113 52%	136 57%	54 60%	174 68%	635 58%	364 62%	310 66%	354 60%	450 64%	155 63%	386 64%	292 56%	428 66%	160 68%
	bcdefghij	de					cdefi	e			b				b		b	b
93 5%	5 2%	12 5%	14 4%	20 6%	18 8%	17 7%	3 4%	4 2%	63 6%	24 4%	30 6%	29 5%	23 3%	11 4%	27 4%	27 5%	29 4%	10 4%
		ah	a	ah	ahj	ah			ah	a	c							
185 9%	15 4%	19 9%	40 13%	38 11%	29 13%	21 9%	7 8%	17 7%	126 11%	45 8%	40 9%	64 11%	54 8%	24 10%	50 8%	56 11%	61 9%	17 7%
		a	ahj	a	ahj	a			ahj	a								
299 15%	29 8%	28 13%	52 16%	59 17%	37 17%	49 20%	13 15%	32 12%	177 16%	94 16%	64 14%	83 14%	122 17%	28 11%	91 15%	97 18%	90 14%	21 9%
			a	a	a	abh			a	a			d		d	cd		
330 16%	37 10%	28 13%	56 17%	65 19%	42 19%	46 19%	19 21%	38 15%	190 17%	103 18%	57 12%	109 18%	116 16%	43 17%	100 16%	96 18%	96 15%	33 14%
			a	a	a	a	a		a	a		a	a					
82 4%	11 3%	8 4%	13 4%	16 5%	9 4%	10 4%	2 2%	13 5%	45 4%	25 4%	15 3%	29 5%	21 3%	9 4%	19 3%	24 5%	19 3%	12 5%
681 33%	60 17%	68 31%	122 38%	135 39%	97 44%	95 39%	34 38%	71 27%	422 38%	199 34%	141 30%	211 36%	236 33%	83 34%	201 33%	208 40%	201 31%	62 27%
		a	ah	ah	abhj	ah	a	a	ah	a						acd		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
No children aged 15 or under	1281	421	499	345
	63%	57%	65%	67%
		a	a	
Yes - children aged 0 to 12 months	93	46	26	19
	5%	6%	3%	4%
		b		
Yes - children aged 13 months to 4 years old	185	84	57	41
	9%	11%	8%	8%
		bc		
Yes - children aged 5 to 10 years old	299	123	115	60
	15%	17%	15%	12%
		c		
Yes - children aged 11 to 15 years old	330	139	111	76
	16%	19%	15%	15%
		b		
Prefer not to answer	82	25	29	22
	4%	3%	4%	4%
NET: Yes	681	290	237	145
	33%	39%	31%	28%
		bc		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	183	107	75	75	62	46	6	17	13	23	9	14	53	24	24
	9%	11%	7%	12%	9%	6%	6%	7%	7%	10%	5%	6%	16%	7%	12%
		b		c	c					e			abcefh		ef
Social Grade B	418	210	206	133	177	108	12	60	33	46	28	41	76	82	39
	20%	21%	20%	22%	26%	14%	13%	23%	16%	21%	16%	18%	24%	25%	19%
				c	ac			a					ace	ace	
Social Grade C1	502	213	286	187	194	120	33	61	39	50	45	52	102	74	46
	25%	21%	28%	30%	29%	16%	34%	23%	19%	23%	25%	23%	32%	22%	22%
			a	c	c		bcdghi						bcdghi		
Social Grade C2	229	102	125	89	79	62	16	33	24	21	26	30	27	34	17
	11%	10%	12%	14%	12%	8%	17%	12%	12%	10%	15%	13%	9%	10%	8%
				c	c		gi				gi				
Social Grade D	212	75	136	84	84	44	8	30	31	32	17	25	26	28	16
	10%	7%	13%	14%	13%	6%	8%	11%	16%	15%	9%	11%	8%	8%	7%
			a	c	c				ghi	ghi					
Social Grade E	499	289	208	50	73	376	22	64	60	44	52	64	37	89	68
	24%	29%	20%	8%	11%	50%	22%	24%	30%	20%	29%	28%	12%	27%	32%
		b				ab	g	g	dg	g	dg	g		g	bdg
NET: ABC1	1103	531	567	396	433	274	51	139	84	119	82	107	231	180	110
	54%	53%	55%	64%	65%	36%	53%	52%	42%	55%	46%	47%	72%	54%	52%
				c	c			c		c			abcdefhi	c	c
NET: C2DE	940	465	470	222	236	482	46	127	115	97	95	119	91	151	100
	46%	47%	45%	36%	35%	64%	47%	48%	58%	45%	54%	53%	28%	46%	48%
						ab	g	g	bdghi	g	g	g		g	g

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

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BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	183 9%	183 100%	- -	- -	- -	- -	- -	183 17%	- -	137 8%	5 11%	22 13%	13 17%	1 12%	2 13%	44 14%
		bcdefgh						bcdefh				a	a			a
Social Grade B	418 20%	- -	418 100%	- -	- -	- -	- -	418 38%	- -	331 19%	9 20%	55 33%	16 20%	2 33%	2 12%	84 27%
			acdefgh					acdefh				ad				a
Social Grade C1	502 25%	- -	- -	502 100%	- -	- -	- -	502 46%	- -	388 23%	18 39%	53 32%	27 35%	2 34%	7 39%	107 34%
				abdefgh				abdefh			a	a	a			a
Social Grade C2	229 11%	- -	- -	- -	229 100%	- -	- -	- -	229 24%	203 12%	3 7%	14 9%	5 6%	- -	1 4%	23 7%
					abcefg			abcefg		g						
Social Grade D	212 10%	- -	- -	- -	- -	212 100%	- -	- -	212 23%	177 10%	3 7%	14 8%	11 14%	1 21%	2 12%	31 10%
					abcdfgh			abcdfg								
Social Grade E	499 24%	- -	- -	- -	- -	- -	499 100%	- -	499 53%	469 28%	7 15%	9 5%	6 8%	- -	4 21%	25 8%
							abcdegh	abcdeg		bcdg	c					
NET: ABC1	1103 54%	183 100%	418 100%	502 100%	- -	- -	- -	1103 100%	- -	857 50%	33 71%	130 78%	56 72%	5 79%	11 63%	235 75%
		defh	defh	defh				defh			a	a	a			a
NET: C2DE	940 46%	- -	- -	- -	229 100%	212 100%	499 100%	- -	940 100%	849 50%	14 29%	37 22%	21 28%	1 21%	7 37%	80 25%
					abcg	abcg	abcg	abcg		bcdg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

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BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	183	82	52	37	90	16	11	93	21	9	9	8	3	6	7	27
	9%	6%	15%	12%	13%	19%	17%	14%	9%	15%	12%	6%	3%	3%	2%	18%
			a	a	a	dghij	dghij	dghij	ij	ghij	hij	j				dghij
Social Grade B	418	214	98	92	190	11	14	222	61	12	19	12	15	23	29	26
	20%	17%	27%	28%	28%	13%	22%	32%	26%	20%	27%	9%	15%	12%	7%	17%
			a	a	a	j	gj	aeghijk	aghijk	gj	agij		j	j		gj
Social Grade C1	502	301	94	79	174	20	22	225	64	21	24	21	53	21	31	42
	25%	23%	26%	25%	26%	23%	33%	33%	27%	35%	34%	16%	55%	11%	7%	27%
						ij	gij	gij	gij	gij	gij	j	abcde fgijk			gij
Social Grade C2	229	132	44	44	88	20	11	79	29	10	12	8	16	25	20	31
	11%	10%	12%	14%	13%	24%	16%	11%	12%	16%	16%	6%	16%	14%	5%	21%
						cdgij	gj	j	j	gj	gj		gj	gj		cdgj
Social Grade D	212	115	42	48	90	16	6	69	60	6	5	16	8	15	12	22
	10%	9%	12%	15%	13%	19%	9%	10%	25%	9%	7%	13%	8%	8%	3%	14%
				a	a	cfhij	j	j	bce fg hijk	j		j	j	j		j
Social Grade E	499	437	27	22	49	2	2	3	5	3	3	64	3	96	319	4
	24%	34%	8%	7%	7%	2%	3%	*	2%	5%	4%	50%	3%	52%	77%	3%
		bcd				c	c		c	c	c	abcde f h k	c	abcde f h k	abcde f g h i k	c
NET: ABC1	1103	597	244	209	453	47	47	540	146	43	52	40	71	50	66	95
	54%	47%	68%	65%	67%	55%	71%	78%	61%	69%	73%	31%	73%	27%	16%	62%
			a	a	a	gij	agij	adgijk	gij	gij	agij	j	adgij	j		gij
NET: C2DE	940	684	113	115	227	38	19	150	93	19	19	89	26	136	351	57
	46%	53%	32%	35%	33%	45%	29%	22%	39%	31%	27%	69%	27%	73%	84%	38%
		bcd				bcfh			ch			abcde f h k		abcde f h k	abcde f g h i k	c

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
	Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	183 9%	46 9%	54 16% af	34 19% af	5 13%	88 17% af	51 9%	61 11%	41 18% af	32 15%	5 13%	73 16% af	67 11%	18 5%	104 9% a	52 11% a	8 9%	164 10% a
Social Grade B	418 20%	136 27%	111 33% f	57 32%	11 26%	168 33% af	147 27%	161 28%	82 35% ac	56 25%	13 33%	138 30%	174 28%	43 13%	231 20% a	129 26% ab	15 18%	375 22% a
Social Grade C1	502 25%	139 27%	128 38% acf	51 28%	16 38%	179 35% af	155 28%	188 32%	69 30%	70 32%	12 29%	140 31%	200 32%	95 28% b	252 22%	129 26%	26 32%	407 24%
Social Grade C2	229 11%	81 16% be	26 8%	20 11%	3 8%	46 9% be	84 15% be	78 13%	26 11%	27 12%	4 9%	53 12%	81 13%	15 4%	124 11% a	78 16% ab	12 15% a	214 13% a
Social Grade D	212 10%	99 20% bce	15 5%	15 8%	4 10%	30 6% bce	103 19% bce	86 15% be	15 6%	31 14% b	5 13%	46 10%	91 15% be	18 5%	115 10% a	65 13% a	14 17% a	194 11% a
Social Grade E	499 24%	6 1%	1 *	3 1%	2 4% be	4 1%	7 1%	5 1%	2 1%	4 2%	1 3%	6 1%	7 1%	148 44% bcde	303 27% cde	40 8%	8 9%	351 21% cd
NET: ABC1	1103 54%	321 63%	294 87% acf	141 79% af	32 78%	435 84% af	353 64%	411 71%	193 82% acf	159 72%	30 75%	352 77% af	441 71%	157 46%	587 52% abe	310 63% a	49 59% a	946 56% a
NET: C2DE	940 46%	185 37% bce	43 13%	38 21% b	9 22%	81 16%	195 36% bce	169 29% be	43 18%	62 28% b	10 25%	105 23%	179 29% be	182 54% cde	542 48% c	183 37%	34 41%	759 44% c

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	183	101	22	41	9	113	67	5	148	35	159	21
	9%	8%	8%	10%	14%	8%	10%	7%	9%	8%	9%	7%
Social Grade B	418	277	36	66	8	306	104	7	335	84	359	58
	20%	21%	14%	17%	13%	23% abef	16%	10%	21%	20%	21%	20%
Social Grade C1	502	316	62	73	16	342	139	10	411	91	414	80
	25%	25%	23%	18%	25%	26% bef	22%	14%	25%	22%	24%	27%
Social Grade C2	229	162	32	38	5	153	70	5	186	43	202	25
	11%	13%	12%	10%	8%	11%	11%	7%	11%	10%	12%	8%
Social Grade D	212	149	30	33	11	141	65	9	171	41	174	35
	10%	12%	11%	8%	17% b	11%	10%	12%	11%	10%	10%	12%
Social Grade E	499	283	82	145	15	282	203	35	374	125	421	75
	24%	22% a	31% d	37% cd	24%	21%	31% d	50% abcde	23%	30% a	24%	26%
NET: ABC1	1103	694	120	180	34	761	310	22	893	210	932	159
	54%	54% b	45% f	45% f	52% f	57% abef	48% f	31%	55%	50%	54%	54%
NET: C2DE	940	593	143	216	31	576	337	49	731	209	797	135
	46%	46% a	55% d	55% d	48%	43%	52% d	69% abcde	45%	50%	46%	46%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

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BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	183	12	23	30	30	23	19	18	28	106	65	36	57	55	34	59	57	49	18
	9%	3%	10%	9%	9%	10%	8%	20%	11%	10%	11%	8%	10%	8%	14%	10%	11%	8%	8%
			a	a	a	a	a	abcdefhij	a	a	a				ac		c		
Social Grade B	418	46	47	73	77	55	51	21	49	251	121	86	116	162	48	120	98	154	44
	20%	13%	21%	23%	22%	25%	21%	23%	19%	23%	21%	18%	19%	23%	19%	20%	19%	24%	19%
			a	a	a	a	a	a	a	a	a							b	
Social Grade C1	502	73	51	74	105	62	62	19	56	292	137	126	149	172	42	156	123	157	51
	25%	21%	23%	23%	30%	29%	26%	21%	22%	27%	23%	27%	25%	24%	17%	26%	23%	24%	22%
					achj	a				a		d	d	d					
Social Grade C2	229	38	25	42	38	24	30	7	27	129	63	52	60	84	29	60	73	66	26
	11%	11%	11%	13%	11%	11%	12%	7%	10%	12%	11%	11%	10%	12%	12%	10%	14%	10%	11%
																	ac		
Social Grade D	212	37	18	41	37	22	24	6	28	117	58	49	86	54	21	64	62	58	27
	10%	10%	8%	13%	11%	10%	10%	7%	11%	11%	10%	11%	15%	8%	8%	11%	12%	9%	11%
													acd						
Social Grade E	499	148	55	62	58	32	55	20	69	207	145	117	125	180	74	148	112	165	69
	24%	42%	25%	19%	17%	15%	23%	22%	27%	19%	25%	25%	21%	25%	30%	24%	21%	26%	29%
		bcd efghij	dei				e		cdei		dei				b				b
NET: ABC1	1103	131	120	176	212	141	132	57	133	649	323	248	322	389	124	335	278	359	113
	54%	37%	55%	55%	61%	64%	55%	64%	52%	59%	55%	53%	54%	55%	50%	55%	53%	55%	48%
			a	a	ah	acfhj	a	ah	a	ah	a								
NET: C2DE	940	222	97	144	134	78	109	32	124	453	265	219	271	318	124	272	247	290	121
	46%	63%	45%	45%	39%	36%	45%	36%	48%	41%	45%	47%	46%	45%	50%	45%	47%	45%	52%
		bcd efghij		e			e		degi		e								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Social Grade A	183	82	61	38
	9%	11%	8%	7%
		bc		
Social Grade B	418	168	141	108
	20%	23%	18%	21%
		b		
Social Grade C1	502	206	164	121
	25%	28%	21%	24%
		b		
Social Grade C2	229	81	88	56
	11%	11%	11%	11%
Social Grade D	212	70	93	44
	10%	10%	12%	9%
			c	
Social Grade E	499	129	218	145
	24%	18%	28%	28%
		a	a	
NET: ABC1	1103	456	366	267
	54%	62%	48%	52%
		bc		
NET: C2DE	940	280	399	245
	46%	38%	52%	48%
		a	a	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	353 17%	179 18%	171 17%	53 9%	93 14% a	207 27% ab	19 19% g	45 17% g	40 20% g	35 16% g	26 15% g	46 20% g	30 9% g	71 21% g	41 19% g
1 day	217 11%	98 10%	117 11%	59 10%	75 11%	82 11%	7 7%	29 11%	21 10%	19 9%	17 10%	32 14%	32 10%	36 11%	24 11%
2 days	320 16%	140 14%	180 17% a	114 18% c	107 16%	99 13%	15 15%	45 17%	30 15%	39 18%	32 18%	30 13%	50 15%	51 15%	29 14%
3 days	346 17%	167 17%	178 17%	127 21% c	119 18% c	100 13%	18 19%	42 16%	31 15%	30 14%	24 14%	39 17%	79 25% bcdefhi	50 15%	33 16%
4 days	219 11%	114 11%	104 10%	98 16% bc	75 11% c	45 6%	7 7%	29 11%	20 10%	32 15% afh	19 11%	18 8%	42 13% h	25 8%	26 12%
5 days	241 12%	104 10%	137 13%	87 14% c	82 12%	72 10%	14 14%	33 12%	23 12%	24 11%	21 12%	19 8%	36 11%	48 15% f	24 12%
6 days	90 4%	45 4%	44 4%	20 3%	33 5%	37 5%	8 8% hi	9 4%	10 5%	12 5%	13 7% hi	9 4%	14 4%	11 3%	4 2%
7 days	257 13%	149 15% b	105 10%	59 10%	84 13%	114 15% a	10 10%	33 12%	25 12%	25 12%	25 14%	33 15%	38 12%	40 12%	29 14%
NET: None (0 days)	353 17%	179 18%	171 17%	53 9%	93 14% a	207 27% ab	19 19% g	45 17% g	40 20% g	35 16% g	26 15% g	46 20% g	30 9% g	71 21% g	41 19% g
NET: Some (1-4 days)	1102 54%	518 52%	580 56%	398 64% bc	377 56% c	327 43%	47 49%	146 55%	101 51%	120 56%	92 52%	118 52%	203 63% abcefh	162 49%	113 54%
NET: Most 5+ days	588 29%	298 30%	286 28%	166 27%	199 30%	223 29%	31 32%	75 28%	57 29%	61 28%	59 33%	61 27%	88 27%	99 30%	57 27%
Base for stats	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
Median	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3
Mean Score	3.09	3.18	3.00	3.29 c	3.21 c	2.83	3.12	3.06	3.01	3.16	3.31	2.93	3.33 fh	2.94	3.01
Standard Deviation	2.263	2.338	2.180	1.952	2.211	2.509	2.274	2.247	2.323	2.224	2.301	2.388	2.047 .111	2.323	2.302
Standard Error	.050	.076	.066	.074	.083	.099	.211	.139	.161	.152	.165	.164	.111 .04	.135	.163
Error variance	*	.01	*	.01	.01	.01	.04	.02	.03	.02	.03	.03	.04 .01	.03	.03



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Social Grade								Ethnicity						
Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
2043 100%	183 100%	418 100%	502 100%	229 100%	212 100%	499 100%	1103 100%	940 100%	1706 100%	46 100%	166 100%	78 100%	7 100%	18 100%	315 100%
353 17%	12 7%	46 11%	73 15% a	38 16% abg	37 17% abg	148 30% abcdegh	131 12% a	222 24% abcdeg	319 19% bdg	3 6%	22 13%	4 5%	- -	1 5%	30 9%
217 11%	23 12%	47 11%	51 10%	25 11%	18 8%	55 11%	120 11%	97 10%	175 10%	4 8%	22 13%	10 13%	2 22%	1 8%	38 12%
320 16%	30 16%	73 17% f	74 15%	42 18% f	41 19% f	62 12%	176 16%	144 15%	260 15%	11 25%	28 17%	15 19%	2 22%	4 21%	60 19%
346 17%	30 17%	77 18% f	105 21% fh	38 17%	37 18% f	58 12%	212 19% fh	134 14%	277 16%	9 20%	32 19%	20 25% a	1 22%	4 20%	65 21% a
219 11%	23 13% f	55 13% fh	62 12% fh	24 11% f	22 10%	32 6%	141 13% fh	78 8%	172 10%	6 14%	24 14%	14 18% a	2 22%	1 5%	47 15% a
241 12%	19 10%	51 12%	62 12%	30 13%	24 11%	55 11%	132 12%	109 12%	203 12% d	6 14%	20 12% d	3 4%	- -	4 24%	34 11%
90 4%	18 10% bcdefgh	21 5%	19 4%	7 3%	6 3%	20 4%	57 5% h	32 3%	78 5%	2 5%	6 4%	2 2%	- -	- -	10 3%
257 13%	28 15%	49 12%	56 11%	27 12%	28 13%	69 14%	133 12%	124 13%	223 13% c	5 10%	12 7%	10 13%	1 12%	3 19%	31 10%
353 17%	12 7%	46 11%	73 15% a	38 16% abg	37 17% abg	148 30% abcdegh	131 12% a	222 24% abcdeg	319 19% bdg	3 6%	22 13%	4 5%	- -	1 5%	30 9%
1102 54%	106 58% fh	251 60% fh	292 58% fh	129 56% fh	117 55% fh	207 41%	649 59% fh	453 48% f	884 52% a	31 66% a	106 64% a	58 75% a	6 88%	10 53%	210 67% a
588 29%	65 36% c	121 29%	137 27%	63 27%	58 27%	145 29%	323 29%	265 28%	503 30% dg	13 28%	38 23%	15 19%	1 12%	8 43%	75 24%
2043 3	183 3	418 3	502 3	229 3	212 3	499 2	1103 3	940 3	1706 3	46 3	166 3	78 3	7 3	18 3	315 3
3.09	3.63 cdefgh	3.27 fh	3.14 fh	3.03	3.06	2.73	3.27 fh	2.88	3.08	3.37	2.96	3.24	3.03	3.77	3.13
2.263	2.183	2.120	2.140	2.204	2.242	2.501	2.145	2.377	2.306	1.919	2.010	1.945	1.937	2.147	1.987
.050	.167	.107	.095	.136	.144	.115	.066	.076	.056	.271	.151	.217	.646	.480	.109
*	.03	.01	.01	.02	.02	.01	*	.01	*	.07	.02	.05	.42	.23	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	353 17%	282 22% bcd	30 8%	30 9%	60 9%	8 10%	3 5%	76 11%	24 10%	5 9%	14 19% bcdk	25 20% abcdek	15 16% bk	59 32% abcdeghk	121 29% abcdeghk	11 8%
1 day	217 11%	140 11%	39 11%	29 9%	68 10%	7 9%	10 14%	69 10%	24 10%	9 15%	5 7%	18 14%	10 10%	19 10%	45 11%	17 11%
2 days	320 16%	186 15%	63 18%	59 18%	122 18%	13 15%	16 25% fij	109 16%	52 22% cfij	10 17%	7 9%	25 20% j	14 14%	25 13%	50 12%	29 19% j
3 days	346 17%	195 15%	72 20% a	64 20% a	135 20% a	17 20%	17 25% gij	130 19% j	41 17%	13 20%	15 22%	17 13%	17 18%	26 14%	53 13%	33 22% gij
4 days	219 11%	113 9%	54 15% a	43 13% a	97 14% a	10 12%	3 5%	93 13% bij	32 13% ij	9 15% ij	5 7%	14 10%	14 15% bij	10 6%	28 7%	14 9%
5 days	241 12%	136 11%	43 12%	52 16% a	95 14% a	10 11%	5 8%	97 14% ej	32 13%	3 5%	9 12%	14 11%	10 11%	21 11%	40 10%	15 10%
6 days	90 4%	54 4%	20 6%	14 4%	34 5%	6 7% g	4 7% g	33 5% g	6 3%	2 4%	6 8% dg	1 1%	3 3%	6 3%	23 5% g	11 7% dg
7 days	257 13%	174 14% d	37 10%	33 10%	71 10%	14 17%	8 11%	82 12%	28 12%	10 16%	10 14%	15 12%	14 14%	20 11%	57 14%	22 14%
NET: None (0 days)	353 17%	282 22% bcd	30 8%	30 9%	60 9%	8 10%	3 5%	76 11%	24 10%	5 9%	14 19% bcdk	25 20% abcdek	15 16% bk	59 32% abcdeghk	121 29% abcdeghk	11 8%
NET: Some (1-4 days)	1102 54%	635 50%	228 64% a	194 60% a	422 62% a	47 55% j	46 69% fij	401 58% fij	150 63% fij	41 67% fij	33 46% ij	74 57% ij	55 56% ij	80 43%	176 42%	93 61% fij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	588	364	100	99	199	30	17	212	65	15	25	30	27	46	120	47
	29%	28%	28%	31%	29%	35%	26%	31%	27%	25%	35%	23%	28%	25%	29%	31%
						g										
Base for stats	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
Median	3	3	3	3	3	3	3	3	3	3	3	2	3	2	2	3
Mean Score	3.09	2.95	3.33	3.36	3.34	3.63	3.19	3.35	3.22	3.28	3.31	2.74	3.19	2.50	2.76	3.43
			a	a	a	gij	i	gij	gij	i	i		i			gij
Standard Deviation	2.263	2.373	2.015	2.018	2.015	2.218	2.022	2.117	2.061	2.189	2.388	2.224	2.255	2.381	2.502	2.139
Standard Error	.050	.065	.114	.119	.082	.234	.235	.080	.133	.274	.283	.183	.208	.166	.137	.167
Error variance	*	*	.01	.01	.01	.05	.06	.01	.02	.07	.08	.03	.04	.03	.02	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	353 17%	61 12%	32 9%	21 12%	4 10%	53 10%	65 12%	77 13% be	9 4%	29 13% b	2 4%	38 8% b	79 13% be	86 26% bcde	198 17% c	56 11%	12 15%	266 16% c
1 day	217 11%	62 12% b	25 7%	19 11%	6 15%	44 9%	68 12% be	66 11%	21 9%	22 10%	6 14%	42 9%	72 12%	40 12%	120 11%	51 10%	5 6%	176 10%
2 days	320 16%	74 15%	64 19%	34 19%	9 22%	98 19%	83 15%	90 15%	46 20%	37 17%	9 22%	84 18%	99 16%	50 15%	173 15%	81 16%	17 21%	271 16%
3 days	346 17%	82 16%	78 23% af	33 18%	7 17%	110 21% af	89 16%	100 17%	53 23%	36 16%	11 27%	89 20%	111 18%	38 11%	194 17% ad	107 22% abd	7 9%	308 18% ad
4 days	219 11%	66 13%	42 13%	25 14%	4 11%	67 13%	70 13%	63 11%	44 19% af	29 13%	5 11%	73 16% af	68 11%	25 7%	120 11%	63 13% a	11 14%	194 11% a
5 days	241 12%	66 13%	44 13%	24 13%	3 7%	68 13%	69 13%	75 13%	30 13%	30 13%	4 9%	60 13%	79 13%	32 9%	135 12%	60 12%	15 18% a	210 12%
6 days	90 4%	29 6%	14 4%	4 2%	1 3%	18 4%	30 5%	26 4%	11 5%	11 5%	1 3%	22 5%	27 4%	19 6%	46 4%	21 4%	3 3%	70 4%
7 days	257 13%	67 13%	38 11%	19 11%	6 16%	57 11%	73 13%	83 14% b	21 9%	27 12%	4 9%	48 11%	87 14% b	48 14%	144 13%	54 11%	12 14%	210 12%
NET: None (0 days)	353 17%	61 12%	32 9%	21 12%	4 10%	53 10%	65 12%	77 13% be	9 4%	29 13% b	2 4%	38 8% b	79 13% be	86 26% bcde	198 17% c	56 11%	12 15%	266 16% c
NET: Some (1-4 days)	1102 54%	283 56%	209 62%	110 62%	27 65%	319 62%	310 57%	319 55%	164 70% acf	124 56%	30 74% acf	288 63% af	349 56%	153 45%	607 54% a	301 61% abde	41 49%	949 56% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	588	161	96	47	11	143	184	62	68	9	130	192	99	325	135	29	490
	29%	32%	29%	26%	25%	28%	32%	26%	31%	22%	28%	31%	29%	29%	27%	36%	29%
Base for stats	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
Median	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3
Mean Score	3.09	3.34	3.34	3.14	3.14	3.27	3.29	3.45	3.28	3.14	3.37	3.28	2.84	3.09	3.22	3.39	3.14
															a		a
Standard Deviation	2.263	2.212	2.015	2.072	2.227	2.035	2.247	1.800	2.184	1.864	1.995	2.223	2.478	2.266	2.081	2.272	2.215
Standard Error	.050	.097	.111	.154	.344	.090	.092	.117	.147	.288	.093	.088	.134	.068	.094	.245	.054
Error variance	*	.01	.01	.02	.12	.01	.01	.01	.02	.08	.01	.01	.02	*	.01	.06	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	353 17%	31 8%	227 18% a	45 17%	120 30% acde	11 17%	191 14%	151 23% ad	24 34% acde	265 16%	88 21% a	287 17%	62 21%
1 day	217 11%	37 10%	136 11%	30 11%	45 11%	9 14%	134 10%	79 12%	5 7%	176 11%	40 10%	180 10%	35 12%
2 days	320 16%	81 21% b	185 14%	52 20%	62 16%	7 11%	207 16%	105 16%	16 22%	256 16%	64 15%	275 16%	45 15%
3 days	346 17%	62 16%	241 19%	36 14%	62 16%	9 13%	238 18%	99 15%	8 12%	274 17%	72 17%	288 17%	53 18%
4 days	219 11%	59 15% b	131 10%	34 13% b	30 8% b	15 23% abdef	136 10%	72 11%	3 5%	182 11%	37 9%	184 11%	31 10%
5 days	241 12%	56 15%	147 11%	24 9%	30 8%	4 6%	183 14% abef	54 8%	4 6%	191 12%	50 12%	211 12%	28 9%
6 days	90 4%	16 4%	54 4%	12 5%	9 2%	- - be	66 5%	18 3%	3 4%	78 5%	11 3%	82 5%	8 3%
7 days	257 13%	39 10%	167 13%	30 11%	37 9%	10 15%	182 14% b	68 11%	7 10%	202 12%	56 13%	222 13%	33 11%
NET: None (0 days)	353 17%	31 8%	227 18% a	45 17%	120 30% acde	11 17%	191 14%	151 23% ad	24 34% acde	265 16%	88 21% a	287 17%	62 21%
NET: Some (1-4 days)	1102 54%	239 63% b	693 54%	151 57%	200 51%	40 61%	715 54%	356 55%	32 46%	888 55%	214 51%	927 54%	163 55%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	588	111	368	66	76	14	430	141	14	472	117	515	69
	29%	29%	29%	25%	19%	21%	32%	22%	20%	29%	28%	30%	24%
						abef						b	
Base for stats	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
Median	3	3	3	3	2	3	3	2	2	3	3	3	3
Mean Score	3.09	3.33	3.09	2.96	2.38	3.04	3.28	2.68	2.29	3.12	2.96	3.14	2.81
				bf		b	abef	b				b	
Standard Deviation	2.263	2.002	2.271	2.225	2.246	2.287	2.244	2.246	2.317	2.248	2.317	2.265	2.247
Standard Error	.050	.103	.064	.131	.114	.279	.062	.088	.264	.056	.115	.055	.127
Error variance	*	.01	*	.02	.01	.08	*	.01	.07	*	.01	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
353	353	-	-	-	-	-	-	-	-	-	117	81	113	35	102	74	123	47
17%	100%	-	-	-	-	-	-	-	-	-	25%	14%	16%	14%	17%	14%	19%	20%
	bdefghij										bcd				b			
217	-	217	-	-	-	-	-	-	217	-	61	69	59	25	57	63	69	24
11%	-	100%	-	-	-	-	-	-	20%	-	13%	12%	8%	10%	9%	12%	11%	10%
	acdefghij										c							
320	-	-	320	-	-	-	-	-	320	-	80	98	107	33	90	83	101	42
16%	-	-	100%	-	-	-	-	-	29%	-	17%	16%	15%	13%	15%	16%	16%	18%
	abdefghij										abdefghj							
346	-	-	-	346	-	-	-	-	346	-	65	116	124	38	104	82	122	35
17%	-	-	-	100%	-	-	-	-	31%	-	14%	19%	18%	15%	17%	16%	19%	15%
	abcefg hij										a							
219	-	-	-	-	219	-	-	-	219	-	56	62	75	24	66	66	65	20
11%	-	-	-	-	100%	-	-	-	20%	-	12%	10%	11%	10%	11%	13%	10%	8%
	abcdefghij										abcdefghj							
241	-	-	-	-	-	241	-	-	-	241	36	79	90	31	75	71	64	27
12%	-	-	-	-	-	100%	-	-	-	41%	8%	13%	13%	13%	12%	13%	10%	12%
	abcdeghij										abcdeghi							
90	-	-	-	-	-	-	90	-	-	90	12	24	38	15	22	18	35	15
4%	-	-	-	-	-	-	100%	-	-	15%	3%	4%	5%	6%	4%	3%	5%	7%
	abcdefhij										abcdefhi				b			
257	-	-	-	-	-	-	-	257	-	257	41	65	100	46	90	68	71	24
13%	-	-	-	-	-	-	-	100%	-	44%	9%	11%	14%	19%	15%	13%	11%	10%
	abcdefgij										abcdefgi				c			
353	353	-	-	-	-	-	-	-	-	-	117	81	113	35	102	74	123	47
17%	100%	-	-	-	-	-	-	-	-	-	25%	14%	16%	14%	17%	14%	19%	20%
	bdefghij										bcd				b			
1102	-	217	320	346	219	-	-	-	1102	-	261	345	366	119	317	294	357	121
54%	-	100%	100%	100%	100%	-	-	-	100%	-	56%	58%	52%	48%	52%	56%	55%	52%
	afghj										afghj							



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	588	-	-	-	-	-	241	90	257	-	588	89	168	228	93	188	156	169	66
	29%	-	-	-	-	-	100%	100%	100%	-	100%	19%	28%	32%	38%	31%	30%	26%	28%
							abcdei	abcdei	abcdei		abcdei		a	a	ab				
Base for stats	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
Median	3	0	1	2	3	4	5	6	7	3	6	2	3	3	3	3	3	3	3
Mean Score	3.09	-	1.00	2.00	3.00	4.00	5.00	6.00	7.00	2.51	6.03	2.52	3.12	3.29	3.52	3.22	3.19	2.96	2.93
											i		a	a	ab	c			
Standard Deviation	2.263	-	-	-	-	-	-	-	-	1.020	.921	2.185	2.146	2.283	2.388	2.303	2.218	2.237	2.275
Standard Error	.050	-	-	-	-	-	-	-	-	.031	.038	.100	.087	.087	.155	.094	.096	.089	.147
Error variance	*	-	-	-	-	-	-	-	-	*	*	.01	.01	.01	.02	.01	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

	Amount of activity now compared to last year			
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
0 days	353 17%	30 4%	164 21% a	138 27% ab
1 day	217 11%	45 6%	80 10% a	89 17% ab
2 days	320 16%	100 14%	110 14%	110 21% ab
3 days	346 17%	138 19% c	136 18%	72 14%
4 days	219 11%	115 16% bc	67 9%	35 7%
5 days	241 12%	124 17% bc	79 10%	37 7%
6 days	90 4%	57 8% bc	25 3%	8 2%
7 days	257 13%	127 17% c	104 14% c	23 5%
NET: None (0 days)	353 17%	30 4%	164 21% a	138 27% ab
NET: Some (1-4 days)	1102 54%	398 54%	393 51%	306 60% ab
NET: Most 5+ days	588 29%	308 42% bc	208 27% c	68 13%
Base for stats	2043	736	765	513
Median	3	4	3	2
Mean Score	3.09	4.04	2.94	2.07
		bc	c	
Standard Deviation	2.263	1.991	2.339	1.923
Standard Error	.050	.073	.085	.085

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Error variance

Total	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
	a	b	c
2043	746	753	514
2043	736	765	513
100%	100%	100%	100%
*	.01	.01	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

		Gender			Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	240	103	135	111	88	40	13	35	26	30	16	18	43	37	23
		12%	10%	13%	18% bc	13% c	5%	14%	13%	13%	14% f	9%	8%	13% f	11%	11%
A bit more	(4.0)	496	231	263	181	157	158	22	71	29	46	47	46	104	81	50
		24%	23%	25%	29% bc	23%	21%	23%	27% c	15%	22%	26% c	21%	33% acdfhi	24% c	24% c
About the same	(3.0)	765	423	342	163	263	340	45	88	80	92	71	110	87	112	80
		37%	42% b	33%	26%	39% a	45% ab	46% bgh	33%	40% g	43% bgh	40% g	49% bghi	27%	34%	38% g
A bit less	(2.0)	268	116	151	84	89	94	7	33	31	25	19	28	48	51	26
		13%	12%	15%	14%	13%	12%	7% a	12%	16% a	12%	11%	12%	15% a	15% a	12%
A lot less	(1.0)	245	110	132	64	68	113	9	33	31	22	23	20	34	44	30
		12%	11%	13%	10%	10%	15% ab	9%	12%	15%	10%	13%	9%	10%	13%	14%
Don't know		29	13	15	15	3	11	2	7	2	-	2	3	4	6	2
		1%	1%	1%	2% b	* b	1%	2% d	2% d	1%	-	1%	1%	1%	2% d	1%
NET: More		736	335	398	292	245	199	35	106	55	76	62	64	148	118	73
		36%	34%	38% a	47% bc	37% c	26%	36%	40% cf	28%	35%	35%	28%	46% cdefhi	35%	35%
NET: Less		513	226	283	149	158	207	16	65	62	47	42	48	82	95	55
		25%	23%	27% a	24%	24%	27%	16%	25%	31% adf	22%	24%	21%	26% a	29% a	26% a
Base for stats		2014	983	1022	603	665	745	96	259	197	215	175	223	317	325	208
Mean Score		3.11	3.10	3.12	3.32 bc	3.16 c	2.89	3.25 c	3.16	2.94	3.17 c	3.07	3.06	3.24 ch	3.04	3.05
Standard Deviation		1.154	1.100	1.198	1.226	1.134	1.073	1.083	1.194	1.209	1.124	1.124	1.009	1.183	1.185	1.173
Standard Error		.026	.036	.037	.047	.043	.042	.101	.075	.084	.077	.081	.070	.065	.069	.084
Error variance		*	*	*	*	*	*	.01	.01	.01	.01	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	240	35	51	58	25	34	37	144	96	188	9	27	11	-	5	52
		12%	19% bcd fgh	12% f	11% f	11% f	16% fh	7% fh	13% fh	10% fh	11%	19%	16% a	15%	-	27%	16% a
A bit more	(4.0)	496	47	117	149	56	36	92	312	184	408	13	42	23	2	4	83
		24%	26% ef	28% efh	30% efh	24% e	17% e	18% efh	28% efh	20% efh	24%	29%	25%	29%	22%	20%	26%
About the same	(3.0)	765	61	141	164	88	93	218	366	399	672	8	53	18	2	5	87
		37%	33%	34%	33%	38%	44% ab c g	44% ab c g	33% ab c g	42% ab c g	39%	17%	32% b	24%	34%	28%	28%
A bit less	(2.0)	268	24	66	69	24	24	62	159	109	212	11	23	15	2	2	54
		13%	13%	16% dh	14%	10%	11%	12%	14%	12%	12%	23% a	14%	20%	33%	10%	17% a
A lot less	(1.0)	245	14	42	52	32	21	84	109	136	206	5	18	10	1	3	36
		12%	8%	10%	10%	14% ag	10%	17% ab c e g	10%	15% ab c g	12%	10%	11%	12%	11%	15%	11%
Don't know		29	1	1	11	5	5	7	13	16	20	1	3	-	-	-	3
		1%	1%	*	2% b	2% b	2% b	1%	1%	2% b	1%	1%	2%	-	-	-	1%
NET: More		736	82	168	206	81	70	129	456	280	596	22	69	34	2	8	135
		36%	45% de f h	40% fh	41% efh	35% f	33% f	26% efh	41% efh	30% efh	35%	48%	41%	44%	22%	47%	43% a
NET: Less		513	38	108	121	56	44	145	267	245	418	15	42	25	3	4	90
		25%	21%	26%	24%	24%	21%	29% a e g	24%	26%	25%	33%	25%	32%	44%	25%	28%
Base for stats		2014	181	417	491	224	207	493	1090	924	1687	46	163	78	7	18	311
Mean Score		3.11	3.36 d f h	3.16 f h	3.18 f h	3.08 f	3.19 f h	2.87 f h	3.21 f h	2.99 f h	3.09	3.25	3.22	3.14	2.68	3.33	3.20
Standard Deviation		1.154	1.166	1.143	1.143	1.172	1.144	1.131	1.148	1.151	1.138	1.302	1.210	1.257	1.015	1.406	1.239
Standard Error		.026	.090	.058	.051	.073	.074	.053	.035	.037	.028	.186	.092	.141	.338	.314	.068
Error variance		*	.01	*	*	.01	.01	*	*	*	*	.03	.01	.02	.11	.10	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
240	114	60	59	118	22	18	89	28	8	8	16	19	16	17	40	
12%	9%	17%	18%	17%	26%	27%	13%	12%	12%	12%	12%	19%	8%	4%	26%	
		a	a	a	cdefgij	cdefgij	j	j	j	j	j	ij	j		cdefgij	
496	307	90	82	172	18	17	193	60	14	21	31	30	25	88	34	
24%	24%	25%	25%	25%	21%	25%	28%	25%	23%	29%	24%	31%	14%	21%	23%	
						i	ij	i		i	i	ij		i	i	
765	499	126	111	237	25	16	243	95	21	28	39	23	86	189	41	
37%	39%	35%	34%	35%	29%	24%	35%	39%	34%	40%	30%	24%	47%	45%	27%	
							bhk	bhk		bhk			abcghk	abcghk		
268	170	42	44	86	10	8	92	39	10	6	20	8	25	49	19	
13%	13%	12%	13%	13%	12%	13%	13%	16%	16%	9%	15%	9%	13%	12%	12%	
								h								
245	175	33	27	60	10	7	68	16	7	7	25	10	28	67	17	
12%	14%	9%	8%	9%	12%	11%	10%	7%	12%	9%	19%	11%	15%	16%	11%	
											cd		cd	cd		
29	15	6	2	8	-	1	5	2	2	1	-	6	5	7	1	
1%	1%	2%	1%	1%	-	1%	1%	1%	3%	2%	-	6%	3%	2%	*	
									g			acdghk	cg			
736	421	150	140	290	40	34	282	87	22	29	46	49	41	105	74	
36%	33%	42%	43%	43%	47%	52%	41%	37%	36%	40%	36%	50%	22%	25%	49%	
		a	a	a	ij	dgij	ij	ij	i	ij	ij	dgij			dgij	
513	345	75	70	145	20	16	160	55	17	13	44	19	53	116	36	
25%	27%	21%	22%	21%	24%	23%	23%	23%	28%	18%	34%	19%	28%	28%	24%	
		bd									cdfhk					
2014	1266	351	321	673	85	66	685	237	60	70	130	91	180	411	151	
3.11	3.01	3.29	3.32	3.30	3.37	3.45	3.21	3.18	3.08	3.25	2.95	3.42	2.87	2.85	3.40	
		a	a	a	gij	gij	gij	ij		ij		gij			gij	
1.154	1.136	1.164	1.164	1.163	1.318	1.311	1.136	1.062	1.192	1.091	1.280	1.239	1.111	1.066	1.311	
.026	.031	.066	.069	.048	.139	.153	.043	.069	.151	.130	.106	.118	.079	.059	.103	
*	*	*	*	*	.02	.02	*	*	.02	.02	.01	.01	.01	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700	
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more	(5.0)	240 12%	74 15%	47 14%	18 10%	6 15%	65 13%	80 15%	80 14%	35 15%	23 10%	6 15%	58 13%	86 14%	31 9%	119 11%	71 14% ab	19 23% abce	209 12%
A bit more	(4.0)	496 24%	126 25%	106 32% adf	51 28% d	6 13%	157 30% adf	131 24%	140 24%	77 33% af	65 30%	15 38%	142 31% af	156 25%	63 19%	283 25% a	134 27% a	17 20% a	433 25% a
About the same	(3.0)	765 37%	200 39% be	93 28%	63 35%	15 35%	156 30%	214 39% be	222 38% be	68 29%	71 32%	10 25%	140 31%	232 37% be	133 39% d	437 39% d	173 35%	21 26%	632 37% d
A bit less	(2.0)	268 13%	61 12%	48 14%	31 17%	9 21%	79 15%	70 13%	84 14%	26 11%	39 17%	3 8%	65 14%	87 14%	48 14%	147 13%	58 12%	15 18%	220 13%
A lot less	(1.0)	245 12%	40 8%	41 12% a	14 8%	5 11%	56 11%	45 8%	50 9%	28 12%	21 9%	4 10%	49 11%	54 9%	57 17% bce	129 11%	49 10%	10 12%	188 11%
Don't know		29 1%	5 1%	1 *	2 1%	2 4% be	3 * 1%	7 1%	4 1%	1 * 1%	3 1%	2 4% ab	4 1%	6 1%	6 2%	13 1%	9 2%	1 1%	23 1%
NET: More		736 36%	199 39%	154 46% df	69 38%	12 28%	222 43%	211 39%	220 38%	112 47% af	88 40%	22 53%	200 44%	242 39%	93 28%	403 36% a	204 41% ab	36 43% a	643 38% a
NET: Less		513 25%	102 20%	89 26% a	45 25%	13 32%	134 26% a	115 21%	133 23%	54 23%	59 27%	7 18%	113 25%	141 23%	105 31% bce	277 25%	106 22%	25 30%	408 24%
Base for stats	2014	501	336	177	40	513	540	576	234	218	39	453	614	332	1117	484	81	1682	
Mean Score	3.11	3.26	3.21	3.15	2.99	3.19	3.24	3.20	3.27	3.14	3.43	3.21	3.22	2.88	3.10 a	3.25 ab	3.24 a	3.15 a	
Standard Deviation	1.154	1.104	1.213	1.084	1.218	1.170	1.113	1.119	1.201	1.120	1.176	1.163	1.123	1.176	1.126	1.150	1.329	1.145	
Standard Error	.026	.048	.067	.081	.193	.052	.047	.046	.078	.076	.186	.055	.045	.064	.034	.052	.144	.028	
Error variance	*	*	*	.01	.04	*	*	*	.01	.01	.03	*	*	*	*	*	.02	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	240	75	132	44	44	8	147	85	10	193	46	210	29
			12%	20%	10%	17%	11%	12%	11%	13%	15%	12%	11%	12%	10%
				b	bd										
A bit more		(4.0)	496	101	327	59	71	11	354	133	8	406	90	431	63
			24%	26%	25%	22%	18%	17%	26%	21%	11%	25%	21%	25%	22%
					f				bef	f					
About the same		(3.0)	765	119	501	80	136	28	529	215	26	592	174	655	104
			37%	31%	39%	30%	34%	43%	40%	33%	37%	36%	41%	38%	35%
					a			a	ae						
A bit less		(2.0)	268	47	168	44	57	8	162	97	11	214	54	223	41
			13%	12%	13%	17%	14%	13%	12%	15%	16%	13%	13%	13%	14%
					d										
A lot less		(1.0)	245	38	146	34	82	8	129	110	14	201	44	193	50
			12%	10%	11%	13%	21%	12%	10%	17%	20%	12%	11%	11%	17%
						ad				d	d			a	
Don't know			29	2	15	2	6	2	16	8	2	18	11	17	7
			1%	*	1%	1%	2%	2%	1%	1%	2%	1%	3%	1%	2%
												a		a	
NET: More			736	176	458	103	114	19	501	218	18	600	136	641	92
			36%	46%	36%	39%	29%	30%	37%	34%	26%	37%	33%	37%	31%
				b		bf			bf						
NET: Less			513	85	313	78	139	16	292	207	25	415	98	416	91
			25%	22%	24%	30%	35%	25%	22%	32%	35%	26%	23%	24%	31%
						d	d		d	d				a	
Base for stats			2014	379	1272	261	390	63	1321	640	69	1607	407	1712	287
Mean Score			3.11	3.34	3.10	3.14	2.84	3.06	3.17	2.98	2.85	3.11	3.10	3.14	2.93
				b		b			bef					b	
Standard Deviation			1.154	1.211	1.118	1.255	1.263	1.146	1.095	1.256	1.295	1.165	1.110	1.143	1.206
Standard Error			.026	.062	.031	.074	.065	.142	.030	.049	.150	.029	.056	.028	.069
Error variance			*	*	*	.01	*	.02	*	*	.02	*	*	*	*



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	240	8	12	19	32	35	42	24	67	98	133	50	64	80	42	73	70	54	35
		12%	2%	6%	6%	9%	16%	17%	27%	26%	9%	23%	11%	11%	11%	17%	12%	13%	8%	15%
				a	a	a	abcdi	abcdi	abcdei	abcdefi	a	abcdei				abc	c	c		c
A bit more	(4.0)	496	21	33	81	106	80	82	33	60	300	175	100	144	183	65	145	133	153	59
		24%	6%	15%	25%	31%	37%	34%	37%	23%	27%	30%	22%	24%	26%	26%	24%	25%	24%	25%
				a	ab	abh	abchi	abchi	abch	ab	ab	ab								
About the same	(3.0)	765	164	80	110	136	67	79	25	104	393	208	142	214	295	105	246	195	243	75
		37%	47%	37%	34%	39%	31%	33%	28%	40%	36%	35%	31%	36%	42%	43%	41%	37%	37%	32%
			bcefgij			eg				eg					ab	a	d			
A bit less	(2.0)	268	36	42	68	48	22	31	6	16	179	53	78	89	81	19	79	64	90	33
		13%	10%	19%	21%	14%	10%	13%	6%	6%	16%	9%	17%	15%	11%	8%	13%	12%	14%	14%
				aeghj	adefghij	hj		h			aeghj		cd	d						
A lot less	(1.0)	245	102	48	42	24	14	6	2	7	127	15	92	75	65	12	58	57	101	28
		12%	29%	22%	13%	7%	6%	2%	2%	3%	12%	3%	20%	13%	9%	5%	10%	11%	16%	12%
			cdefghij	cdefghij	defghj	fhj	fj				defghj		bcd	cd	d				ab	
Don't know		29	20	2	1	-	1	1	-	3	4	5	4	8	5	4	7	5	7	3
		1%	6%	1%	*	-	1%	1%	-	1%	*	1%	1%	1%	1%	2%	1%	1%	1%	1%
			bcddefghij							d										
NET: More		736	30	45	100	138	115	124	57	127	398	308	150	208	262	107	217	203	207	95
		36%	8%	21%	31%	40%	53%	51%	64%	49%	36%	52%	32%	35%	37%	43%	36%	39%	32%	40%
				a	ab	abc	abcdi	abcdi	abcdhi	abcdi	ab	abcdi				ab		c		c
NET: Less		513	138	89	110	72	35	37	8	23	306	68	170	164	145	31	137	121	192	61
		25%	39%	41%	34%	21%	16%	15%	9%	9%	28%	12%	37%	28%	21%	12%	23%	23%	30%	26%
			defghij	defghij	defghij	ghj	h	h			defghj		bcd	cd	d				ab	
Base for stats		2014	333	215	319	346	218	240	90	254	1098	584	463	586	703	243	600	520	641	231
Mean Score		3.11	2.39	2.63	2.90	3.21	3.47	3.51	3.79	3.64	3.06	3.61	2.86	3.06	3.19	3.44	3.16	3.18	2.95	3.18
				a	ab	abc	abcdi	abcdi	abcdef	abcdi	abc	abcdi		a	ab	abc	c	c		c
Standard Deviation		1.154	1.067	1.155	1.104	1.025	1.075	1.004	.990	1.030	1.121	1.016	1.264	1.158	1.078	1.020	1.104	1.151	1.161	1.212
Standard Error		.026	.059	.079	.061	.055	.072	.065	.106	.065	.034	.042	.058	.047	.041	.067	.045	.050	.047	.079
Error variance		*	*	.01	*	*	.01	*	.01	*	*	*	*	*	*	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
A lot more	(5.0)	240	240	-	-
		12%	33%	-	-
			bc		
A bit more	(4.0)	496	496	-	-
		24%	67%	-	-
			bc		
About the same	(3.0)	765	-	765	-
		37%	-	100%	-
				ac	
A bit less	(2.0)	268	-	-	268
		13%	-	-	52%
					ab
A lot less	(1.0)	245	-	-	245
		12%	-	-	48%
					ab
Don't know		29	-	-	-
		1%	-	-	-
NET: More		736	736	-	-
		36%	100%	-	-
			bc		
NET: Less		513	-	-	513
		25%	-	-	100%
					ab
Base for stats		2014	736	765	513
Mean Score		3.11	4.33	3.00	1.52
			bc	c	
Standard Deviation		1.154	.469	*	.500
Standard Error		.026	.017	*	.022
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1260	589	668	328	421	511	55	160	123	121	113	147	178	222	142
	62%	59%	64%	53%	63%	68%	56%	60%	62%	56%	64%	65%	55%	67%	67%
			a		a	a						g		adg	dg
Running or jogging	420	199	219	224	153	43	20	55	35	51	29	33	108	50	38
	21%	20%	21%	36%	23%	6%	21%	21%	18%	24%	17%	15%	34%	15%	18%
				bc	c					fh			abcdefhi		
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329	148	180	126	102	100	12	43	28	36	23	33	66	51	36
	16%	15%	17%	20%	15%	13%	13%	16%	14%	17%	13%	15%	21%	15%	17%
				bc									e		
Cycling (either for leisure or travel)	311	185	124	109	121	81	15	45	33	34	23	33	68	37	23
	15%	19%	12%	18%	18%	11%	15%	17%	17%	16%	13%	15%	21%	11%	11%
		b		c	c								ehi		
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288	97	189	133	101	54	14	41	25	34	24	32	60	40	18
	14%	10%	18%	21%	15%	7%	15%	16%	12%	16%	14%	14%	19%	12%	9%
			a	bc	c			i		i			hi		
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247	119	127	152	71	24	10	39	21	34	13	17	63	27	24
	12%	12%	12%	25%	11%	3%	10%	15%	10%	16%	7%	7%	20%	8%	11%
				bc	c			efh		efh			acefhi		
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171	72	98	85	55	31	4	26	17	18	16	21	26	24	18
	8%	7%	9%	14%	8%	4%	4%	10%	9%	8%	9%	9%	8%	7%	9%
				bc	c										
Swimming	152	62	89	72	47	32	10	24	16	14	16	9	30	16	16
	7%	6%	9%	12%	7%	4%	11%	9%	8%	6%	9%	4%	9%	5%	7%
			a	bc	c		fh	f			f		fh		
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130	59	71	74	39	17	7	24	15	11	14	7	24	17	12
	6%	6%	7%	12%	6%	2%	7%	9%	7%	5%	8%	3%	8%	5%	6%
				bc	c			f	f		f		f		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	109	75	33	70	23	16	3	18	10	10	7	6	29	17	9
	5%	8%	3%	11%	3%	2%	3%	7%	5%	5%	4%	2%	9%	5%	4%
		b		bc				f					aefi		
Golf	89	63	26	46	19	24	5	13	5	11	8	5	22	13	6
	4%	6%	2%	7%	3%	3%	6%	5%	3%	5%	4%	2%	7%	4%	3%
		b		bc									cfi		
Racket sports (such as tennis, badminton, squash etc.)	67	35	31	43	16	8	3	9	5	11	4	5	15	6	7
	3%	4%	3%	7%	2%	1%	3%	3%	3%	5%	2%	2%	5%	2%	4%
				bc						h			h		
Gymnastics, trampolining or cheerleading	60	26	33	42	17	-	1	13	4	6	3	1	22	7	3
	3%	3%	3%	7%	3%	-	1%	5%	2%	3%	2%	*	7%	2%	1%
				bc	c			afi		f			acdefhi		
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58	34	25	43	14	1	2	10	2	3	5	2	18	10	7
	3%	3%	2%	7%	2%	*	2%	4%	1%	1%	3%	1%	6%	3%	3%
				bc	c			c					cdf		
Water sports (such as surfing, rowing, sailing etc.)	42	22	20	31	11	-	3	8	-	1	6	2	14	3	4
	2%	2%	2%	5%	2%	-	3%	3%	-	1%	4%	1%	4%	1%	2%
				bc	c		c	c			cdh		cdfh		c
Other sport, exercise or physical activity	83	44	39	15	17	51	3	9	8	4	7	12	14	16	9
	4%	4%	4%	2%	3%	7%	3%	3%	4%	2%	4%	6%	4%	5%	4%
						ab					d				
I have not done any physical activity in the past week	236	124	109	29	57	150	15	35	26	28	18	28	16	45	25
	12%	12%	11%	5%	8%	20%	16%	13%	13%	13%	10%	12%	5%	14%	12%
					a	ab	g	g	g	g	g	g		g	g
NET: Home based activity	644	266	375	261	217	166	24	83	57	75	52	71	123	100	59
	32%	27%	36%	42%	32%	22%	24%	31%	29%	35%	29%	31%	38%	30%	28%
			a	bc	c					a			acehi		
NET: Any physical activity in the past week	1807	872	928	589	612	606	82	231	173	188	158	198	305	286	185
	88%	88%	89%	95%	92%	80%	84%	87%	87%	87%	90%	88%	95%	86%	88%
				bc	c								abcdefhi		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1260	93	280	309	136	125	318	682	578	1085	27	83	42	2	9	164
	62%	51%	67%	62%	59%	59%	64%	62%	62%	64%	59%	50%	54%	34%	51%	52%
			ade	a			a	a	a	cg						
Running or jogging	420	64	109	121	50	43	33	294	126	312	19	53	24	1	7	104
	21%	35%	26%	24%	22%	20%	7%	27%	13%	18%	42%	32%	31%	11%	39%	33%
		bcd efgh	fh	fh	fh	fh		efh	f		a	a	a			a
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329	44	74	86	33	33	60	204	125	260	10	38	13	2	5	66
	16%	24%	18%	17%	14%	16%	12%	18%	13%	15%	21%	23%	16%	22%	26%	21%
		de fh	fh	f				fh				a				a
Cycling (either for leisure or travel)	311	41	75	83	41	35	36	200	112	251	9	30	12	-	5	56
	15%	22%	18%	17%	18%	16%	7%	18%	12%	15%	19%	18%	16%	-	30%	18%
		fh	fh	fh	fh	f		fh	f							
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288	44	61	85	34	28	36	190	98	216	11	34	17	1	5	67
	14%	24%	15%	17%	15%	13%	7%	17%	10%	13%	23%	20%	22%	11%	27%	21%
		bcd efgh	fh	fh	fh	f		fh	f		a	a	a			a
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247	48	65	61	29	21	22	174	73	178	11	35	14	1	2	64
	12%	26%	16%	12%	13%	10%	4%	16%	8%	10%	25%	21%	18%	12%	12%	20%
		bcd efgh	efh	fh	fh	f		efh	f		a	a	a			a
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171	18	40	45	28	16	24	102	68	135	6	16	13	-	1	35
	8%	10%	9%	9%	12%	8%	5%	9%	7%	8%	12%	9%	17%	-	4%	11%
		f	f	f	fh			f					a			a
Swimming	152	21	35	43	18	10	24	100	52	127	3	12	5	1	2	23
	7%	12%	8%	9%	8%	5%	5%	9%	6%	7%	7%	7%	6%	11%	11%	7%
		efh	fh	fh				efh								
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130	17	31	37	21	15	9	85	45	102	5	14	6	-	3	28
	6%	9%	7%	7%	9%	7%	2%	8%	5%	6%	10%	9%	8%	-	15%	9%
		fh	f	fh	fh	f		fh	f							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	109	15	28	26	11	19	10	69	39	75	5	18	7	-	3	33
	5%	8%	7%	5%	5%	9%	2%	6%	4%	4%	10%	11%	9%	-	14%	10%
		fh	f	f	f	fh		fh	f		a	a	a			a
Golf	89	23	23	17	7	4	16	62	27	74	3	6	5	-	-	13
	4%	12%	5%	3%	3%	2%	3%	6%	3%	4%	6%	3%	6%	-	-	4%
		bcdefgh	eh					cefh								
Racket sports (such as tennis, badminton, squash etc.)	67	20	18	15	3	6	5	53	14	48	1	9	7	-	-	17
	3%	11%	4%	3%	1%	3%	1%	5%	1%	3%	2%	5%	9%	-	-	5%
		bcdefgh	dth	fh				dth					a			a
Gymnastics, trampolining or cheerleading	60	12	16	14	9	6	2	43	17	38	3	8	6	1	1	18
	3%	7%	4%	3%	4%	3%	*	4%	2%	2%	6%	5%	7%	11%	5%	6%
		cefh	fh	f	fh	f		fh	f				a			a
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58	14	11	18	10	3	2	43	15	39	2	8	5	1	1	18
	3%	8%	3%	4%	4%	1%	1%	4%	2%	2%	5%	5%	7%	10%	5%	6%
		bcefg	f	fh	fh			fh				a	a			a
Water sports (such as surfing, rowing, sailing etc.)	42	11	14	7	6	3	1	32	10	29	-	9	2	1	1	12
	2%	6%	3%	1%	3%	1%	*	3%	1%	2%	-	5%	3%	10%	4%	4%
		cefg	fh	f	fh	f		fh				a				a
Other sport, exercise or physical activity	83	3	20	18	6	2	34	41	42	75	2	3	2	-	-	8
	4%	2%	5%	4%	2%	1%	7%	4%	4%	4%	4%	2%	3%	-	-	2%
			e	e			acdeg	e	e							
I have not done any physical activity in the past week	236	7	25	47	24	30	103	79	157	212	1	11	5	1	2	21
	12%	4%	6%	9%	11%	14%	21%	7%	17%	12%	3%	7%	6%	11%	12%	7%
				a	ab	abcg	abcdeg		abcdg	bcg						
NET: Home based activity	644	82	143	174	71	65	108	400	244	503	20	72	31	2	10	135
	32%	45%	34%	35%	31%	31%	22%	36%	26%	29%	43%	43%	40%	33%	57%	43%
		bcdefgh	fh	fh	f	f		fh			a	a	a			a
NET: Any physical activity in the past week	1807	176	393	455	205	182	396	1024	783	1494	45	155	73	6	16	294
	88%	96%	94%	91%	89%	86%	79%	93%	83%	88%	97%	93%	94%	89%	88%	93%
		cdefh	defh	efh	fh	f		efh			a	a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1260	826	210	192	402	54	34	385	162	39	53	94	57	104	279	88
	62%	65%	59%	59%	59%	64%	51%	56%	68%	64%	74%	73%	58%	56%	67%	58%
		d							bcik		bchik	bchik			bci	
Running or jogging	420	175	114	111	225	31	18	212	52	16	12	16	31	21	11	49
	21%	14%	32%	34%	33%	37%	27%	31%	22%	26%	16%	12%	32%	11%	3%	32%
			a	a	a	dfgij	gij	dfgij	gij	gij	j	j	dfgij	j		dfgij
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329	185	81	52	133	14	16	127	34	13	13	20	11	28	55	30
	16%	14%	23%	16%	20%	17%	24%	18%	14%	21%	18%	15%	11%	15%	13%	20%
			ac		a		hj	j								
Cycling (either for leisure or travel)	311	138	84	78	162	18	15	149	37	12	7	11	13	17	33	33
	15%	11%	24%	24%	24%	21%	22%	22%	15%	19%	10%	8%	14%	9%	8%	22%
			a	a	a	gij	gij	dfghij	gj	gij						fgij
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288	142	73	60	133	18	16	121	44	11	6	10	14	21	26	34
	14%	11%	21%	18%	20%	21%	24%	18%	18%	18%	9%	8%	15%	11%	6%	22%
			a	a	a	fgij	fgij	gij	gij	gj			j	j		fgij
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247	111	64	58	122	18	11	123	36	11	3	5	21	10	9	29
	12%	9%	18%	18%	18%	21%	17%	18%	15%	18%	4%	3%	21%	6%	2%	19%
			a	a	a	fgij	fgij	fgij	fgij	fgij			fgij	j		fgij
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171	77	38	50	88	6	9	73	22	7	9	11	11	7	16	15
	8%	6%	11%	16%	13%	7%	14%	11%	9%	12%	12%	8%	11%	4%	4%	10%
			a	a	a		ij	ij	ij	ij	ij	j	ij			ij

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Children aged 15 or under in the household					Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Swimming	152	72	38	33	71	7	8	70	15	9	7	7	9	6	15	15
	7%	6%	11%	10%	10%	8%	12%	10%	6%	14%	10%	6%	9%	3%	4%	10%
			a	a	a		ij	ij		dgij	ij		ij			ij
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130	47	40	36	76	6	5	66	17	3	8	7	10	5	3	12
	6%	4%	11%	11%	11%	7%	8%	10%	7%	4%	11%	6%	11%	3%	1%	8%
			a	a	a	j	ij	ij	ij	j	ij	j	ij			ij
Team sports (such as football, cricket, rugby etc.)	109	41	32	28	60	8	5	50	13	4	2	1	15	2	10	13
	5%	3%	9%	9%	9%	9%	8%	7%	5%	6%	2%	1%	15%	1%	2%	8%
			a	a	a	gij	gij	gij	gi	gi			cdfgij			gij
Golf	89	47	19	17	37	3	2	46	10	4	1	3	2	1	16	6
	4%	4%	5%	5%	5%	4%	4%	7%	4%	7%	1%	2%	2%	*	4%	4%
						i	i	gi	i	i					i	i
Racket sports (such as tennis, badminton, squash etc.)	67	22	22	17	39	1	4	29	14	5	1	1	5	4	2	6
	3%	2%	6%	5%	6%	2%	6%	4%	6%	8%	1%	1%	5%	2%	1%	4%
			a	a	a		gj	gj	gj	fgij			gj			j
Gymnastics, trampolining or cheerleading	60	16	24	15	39	2	3	35	11	-	2	-	5	1	-	5
	3%	1%	7%	5%	6%	2%	5%	5%	5%	-	3%	-	5%	1%	-	3%
			a	a	a	j	gij	gij	gij		gj		gj			gij
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58	23	17	13	30	7	3	31	7	5	1	1	3	2	1	9
	3%	2%	5%	4%	4%	8%	4%	4%	3%	7%	1%	1%	3%	1%	*	6%
			a	a	a	dgij	j	gij	j	gij			j			gij
Water sports (such as surfing, rowing, sailing etc.)	42	18	11	10	21	3	4	20	7	2	1	2	2	1	2	6
	2%	1%	3%	3%	3%	3%	5%	3%	3%	3%	2%	1%	2%	*	*	4%
			a	a	a	ij	ij	ij	j	j						ij



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Other sport, exercise or physical activity	83 4%	69 5% bcd	5 2%	9 3%	14 2%	2 2%	1 2%	19 3%	9 4%	2 4%	2 3%	1 1%	5 5% g	6 3%	34 8% cdgik	4 2%
I have not done any physical activity in the past week	236 12%	196 15% bcd	17 5%	13 4%	30 4%	6 7%	2 2%	51 7%	16 7%	4 6%	6 9%	19 14% bcdk	7 7%	38 21% abcdefhk	88 21% abcdefhk	7 5%
NET: Home based activity	644 32%	341 27%	155 43% a	126 39% a	280 41% a	31 36% j	32 48% ghij	254 37% ij	85 35% ij	22 35% j	24 33% j	38 29% j	29 30% j	46 25%	86 21%	62 41% gij
NET: Any physical activity in the past week	1807 88%	1085 85%	340 95% a	311 96% a	651 96% a	80 93% ij	65 98% gij	639 93% gij	223 93% gij	58 94% ij	65 91% ij	111 86% ij	90 93% ij	147 79%	329 79%	145 95% gij

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
	Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1260 62%	316 62%	192 57%	102 57%	22 53%	293 57%	338 62%	378 65% be	107 46%	129 58% b	24 58%	236 52%	401 65% be	219 65% c	709 63% c	283 57%	49 60%	1041 61%
Running or jogging	420 21%	123 24%	107 32% af	48 27%	12 29%	155 30% af	135 25%	137 24%	85 36% acf	58 26%	16 39% af	143 31% af	153 25%	42 13%	197 17% a	158 32% abe	23 28% ab	378 22% ab
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329 16%	86 17%	62 18%	38 21%	9 22%	100 19%	95 17%	98 17%	48 20%	42 19%	9 22%	90 20%	107 17%	48 14%	199 18%	71 14%	12 14%	282 17%
Cycling (either for leisure or travel)	311 15%	96 19%	73 22%	35 20%	7 16%	108 21%	102 19%	106 18%	54 23%	43 20%	10 26%	97 21%	116 19%	33 10%	170 15% a	95 19% ab	13 16%	279 16% a
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288 14%	85 17%	55 16%	39 22%	8 20%	94 18%	93 17%	104 18%	47 20%	29 13%	11 27% c	76 17%	115 19%	31 9%	168 15% a	76 15% a	13 15%	257 15% a
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247 12%	75 15%	68 20% a	24 14%	9 21%	92 18%	83 15%	76 13%	68 29% acef	25 11%	10 24% ac	92 20% acf	86 14%	26 8%	122 11%	82 17% abe	17 20% ab	221 13% a
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171 8%	54 11%	37 11%	20 11%	5 12%	56 11%	58 11%	49 8%	39 17% acf	22 10%	7 17%	62 14% af	56 9%	15 4%	84 7% a	54 11% ab	18 22% abce	156 9% a

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Swimming	152 7%	41 8%	30 9%	19 11%	9 22% abef	49 10%	50 9%	50 9%	26 11%	22 10%	5 12%	49 11%	55 9%	16 5%	83 7%	44 9% a	9 11% a	136 8% a
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130 6%	41 8%	33 10%	18 10%	1 3%	51 10%	42 8%	41 7%	33 14% acf	16 7%	6 16% a	49 11% a	47 8%	8 2%	65 6% a	46 9% ab	12 14% abe	123 7% a
Team sports (such as football, cricket, rugby etc.)	109 5%	31 6%	25 7%	12 6%	2 6%	37 7%	33 6%	34 6%	20 9% c	8 4%	8 19% abcef	28 6%	42 7%	6 2%	57 5% a	38 8% ab	8 10% a	103 6% a
Golf	89 4%	29 6%	12 3%	13 8% b	7 17% abef	25 5%	36 7% b	27 5%	19 8%	13 6%	3 8%	32 7%	31 5%	15 5%	51 5%	19 4%	4 5%	74 4%
Racket sports (such as tennis, badminton, squash etc.)	67 3%	20 4%	14 4%	13 7%	2 6%	26 5%	22 4%	21 4%	21 9% acf	5 2%	3 6%	26 6%	24 4%	5 2%	35 3%	22 4% a	5 6% a	62 4% a
Gymnastics, trampolining or cheerleading	60 3%	22 4%	10 3%	12 7% b	4 10% b	22 4%	26 5%	15 3%	18 8% af	14 6% af	3 6%	32 7% af	18 3%	4 1%	31 3%	22 4% a	3 4%	56 3% a
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58 3%	18 4%	16 5%	8 4%	3 7%	23 5%	21 4%	21 4%	14 6%	7 3%	3 8%	21 5%	24 4%	6 2%	31 3%	19 4%	3 3%	53 3%
Water sports (such as surfing, rowing, sailing etc.)	42 2%	14 3%	9 3%	8 5%	2 5%	17 3%	16 3%	11 2%	16 7% acf	4 2%	3 6%	20 4% af	13 2%	4 1%	19 2%	17 3% ab	3 4%	39 2%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Other sport, exercise or physical activity	83 4%	15 3%	9 3%	9 5%	- -	18 3%	15 3%	18 3%	6 3%	9 4%	- -	15 3%	18 3%	20 6%	41 4%	21 4%	1 2%	63 4%
I have not done any physical activity in the past week	236 12%	40 8%	20 6%	9 5%	4 10%	29 6%	44 8%	45 8% b	7 3%	19 9% b	1 3%	26 6%	46 7% b	51 15% ce	146 13% c	33 7%	6 7%	185 11% c
NET: Home based activity	644 32%	180 36%	127 38%	76 42%	15 36%	203 39%	195 36%	211 36%	102 43%	76 34%	17 41%	178 39%	228 37%	80 24%	368 33% a	165 33% a	32 39% a	565 33% a
NET: Any physical activity in the past week	1807 88%	466 92%	317 94%	170 95%	37 90%	486 94%	503 92%	535 92%	228 97% acf	202 91%	39 97%	430 94%	574 93%	287 85%	984 87%	460 93% abe	76 93%	1520 89% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1260	191	834	151	203	22	892	338	36	1009	252	1093	162
	62%	50%	65%	58%	51%	33%	67%	52%	51%	62%	60%	63%	55%
			a	c	c		abcef	c	c			b	
Running or jogging	420	125	245	49	43	11	309	98	4	347	73	366	50
	21%	33%	19%	19%	11%	16%	23%	15%	6%	21%	17%	21%	17%
		b		bf		f	bef	bf					
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329	82	196	52	55	7	216	104	9	268	61	287	42
	16%	21%	15%	20%	14%	10%	16%	16%	12%	16%	15%	17%	14%
		b		b									
Cycling (either for leisure or travel)	311	74	204	42	40	7	223	84	6	254	57	274	36
	15%	19%	16%	16%	10%	11%	17%	13%	8%	16%	14%	16%	12%
				b			bef						
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288	68	185	46	40	8	191	86	9	243	44	240	45
	14%	18%	14%	18%	10%	13%	14%	13%	12%	15%	11%	14%	15%
				b			b			b			
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247	85	130	35	29	5	173	66	3	217	30	212	30
	12%	22%	10%	13%	7%	8%	13%	10%	4%	13%	7%	12%	10%
		b		bf			bf			b			
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171	53	100	31	30	8	105	61	8	135	36	158	11
	8%	14%	8%	12%	8%	12%	8%	9%	12%	8%	9%	9%	4%
		b		d								b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Swimming	152	55	76	29	33	3	89	56	10	123	29	133	16
	7%	14%	6%	11%	8%	5%	7%	9%	14%	8%	7%	8%	5%
		b		d					d				
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130	46	76	25	25	5	78	50	5	108	22	116	14
	6%	12%	6%	9%	6%	8%	6%	8%	7%	7%	5%	7%	5%
		b		d									
Team sports (such as football, cricket, rugby etc.)	109	48	52	15	13	6	72	32	1	91	18	100	8
	5%	13%	4%	6%	3%	9%	5%	5%	1%	6%	4%	6%	3%
		b				bf						b	
Golf	89	29	43	10	11	6	62	26	1	65	24	72	17
	4%	8%	3%	4%	3%	10%	5%	4%	1%	4%	6%	4%	6%
		b				abef							
Racket sports (such as tennis, badminton, squash etc.)	67	33	27	10	11	4	40	23	1	57	9	58	9
	3%	9%	2%	4%	3%	6%	3%	4%	1%	4%	2%	3%	3%
		b											
Gymnastics, trampolining or cheerleading	60	34	18	5	10	2	36	17	-	54	6	52	7
	3%	9%	1%	2%	3%	4%	3%	3%	-	3%	1%	3%	2%
		b								b			
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58	33	18	12	15	4	29	28	3	49	10	48	9
	3%	9%	1%	5%	4%	6%	2%	4%	4%	3%	2%	3%	3%
		b		d				d					
Water sports (such as surfing, rowing, sailing etc.)	42	25	13	8	11	4	20	21	3	32	11	36	6
	2%	7%	1%	3%	3%	7%	1%	3%	4%	2%	3%	2%	2%
		b		d		d		d					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Other sport, exercise or physical activity	83	8	55	6	13	1	62	19	1	60	23	76	8
	4%	2%	4%	2%	3%	1%	5%	3%	1%	4%	6%	4%	3%
			a										
I have not done any physical activity in the past week	236	21	158	34	91	9	116	112	20	179	57	188	44
	12%	6%	12%	13%	23%	13%	9%	17%	29%	11%	14%	11%	15%
			a	d	ade			d	acde				a
NET: Home based activity	644	158	398	102	104	20	418	205	19	524	120	554	86
	32%	41%	31%	39%	26%	31%	31%	32%	27%	32%	29%	32%	29%
		b		bde									
NET: Any physical activity in the past week	1807	360	1130	229	305	56	1221	536	50	1445	362	1542	250
	88%	94%	88%	87%	77%	87%	91%	83%	71%	89%	86%	89%	85%
		b		bf		f	abef	bf				b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1260	128	127	211	216	142	166	60	210	696	436	286	361	450	153	379	328	403	136
	62%	36%	59%	66%	62%	65%	69%	67%	81%	63%	74%	61%	61%	64%	62%	62%	63%	62%	58%
			a	a	a	a	ab	a	abcdefgij	a	abcdei								
Running or jogging	420	4	28	57	108	73	69	31	51	266	151	84	129	156	45	122	118	127	46
	21%	1%	13%	18%	31%	33%	29%	35%	20%	24%	26%	18%	22%	22%	18%	20%	23%	20%	20%
			a	a	abchi	abchij	abch	abchi	ab	abc	abc								
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329	10	24	55	59	53	49	24	56	191	128	75	92	116	44	94	80	114	38
	16%	3%	11%	17%	17%	24%	20%	26%	22%	17%	22%	16%	16%	16%	18%	15%	15%	18%	16%
			a	a	a	abcdi	ab	abdi	ab	ab	abi								
Cycling (either for leisure or travel)	311	7	19	47	70	52	47	18	52	187	117	48	90	124	47	96	67	107	38
	15%	2%	9%	15%	20%	24%	19%	20%	20%	17%	20%	10%	15%	18%	19%	16%	13%	16%	16%
			a	ab	ab	abci	ab	ab	ab	ab	abc		a	a	a				
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288	5	22	47	66	46	38	23	40	181	102	58	91	91	42	83	74	89	39
	14%	2%	10%	15%	19%	21%	16%	26%	16%	16%	17%	12%	15%	13%	17%	14%	14%	14%	17%
			a	a	ab	ab	a	abcfhi	a	ab	ab								
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247	2	10	34	55	44	49	14	37	144	100	43	76	89	36	89	65	66	24
	12%	1%	5%	11%	16%	20%	20%	16%	14%	13%	17%	9%	13%	13%	15%	15%	12%	10%	10%
			a	ab	abc	abci	abci	ab	ab	ab	abci				a	c			
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171	3	14	25	28	30	32	12	27	96	71	40	63	48	20	53	48	52	17
	8%	1%	6%	8%	8%	14%	13%	14%	11%	9%	12%	9%	11%	7%	8%	9%	9%	8%	7%
			a	a	a	abcdi	abcdi	ab	a	a	abci		c						
Swimming	152	5	9	31	36	22	21	9	18	99	48	27	43	47	30	52	29	43	25
	7%	1%	4%	10%	11%	10%	9%	10%	7%	9%	8%	6%	7%	7%	12%	8%	6%	7%	11%
			a	ab	ab	ab	ab	ab	a	ab	ab				abc				b
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130	6	12	17	25	22	22	4	23	75	50	25	36	47	22	37	46	30	16
	6%	2%	5%	5%	7%	10%	9%	5%	9%	7%	8%	5%	6%	7%	9%	6%	9%	5%	7%
			a	a	a	ac	a		a	a	a						c		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	109	1	5	16	28	22	17	7	12	71	37	17	33	42	17	38	26	28	16
	5%	*	2%	5%	8%	10%	7%	8%	5%	6%	6%	4%	6%	6%	7%	6%	5%	4%	7%
			a	a	ab	abchi	ab	ab	a	ab	ab				a				
Golf	89	-	5	13	15	21	12	7	17	54	35	15	20	36	17	34	16	33	6
	4%	-	2%	4%	4%	9%	5%	7%	7%	5%	6%	3%	3%	5%	7%	6%	3%	5%	2%
			a	a	a	abcdi	a	ab	ab	a	ab				ab	bd			
Racket sports (such as tennis, badminton, squash etc.)	67	3	4	5	11	14	11	5	13	35	29	10	14	22	21	21	16	21	9
	3%	1%	2%	2%	3%	6%	5%	5%	5%	3%	5%	2%	2%	3%	9%	3%	3%	3%	4%
					a	abci	ac	ac	ac	a	ac				abc				
Gymnastics, trampolining or cheerleading	60	1	5	10	10	10	15	5	4	35	24	13	11	16	17	16	21	13	8
	3%	*	2%	3%	3%	4%	6%	5%	2%	3%	4%	3%	2%	2%	7%	3%	4%	2%	4%
			a	a	a	a	ahi	a		a	a				abc		c		
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58	2	4	5	12	15	8	4	9	36	21	8	17	17	15	21	10	16	11
	3%	*	2%	2%	4%	7%	3%	5%	3%	3%	4%	2%	3%	2%	6%	4%	2%	2%	5%
					a	abci	a	a	a	a	a				abc				b
Water sports (such as surfing, rowing, sailing etc.)	42	-	3	6	7	10	9	5	3	26	16	14	7	12	9	12	8	14	8
	2%	-	2%	2%	2%	5%	4%	5%	1%	2%	3%	3%	1%	2%	4%	2%	1%	2%	4%
			a	a	a	ah	a	ah		a	a	b			b				
Other sport, exercise or physical activity	83	4	6	17	14	12	18	3	10	48	31	9	22	37	15	31	21	27	5
	4%	1%	3%	5%	4%	6%	7%	3%	4%	4%	5%	2%	4%	5%	6%	5%	4%	4%	2%
				a	a	a	ab		a	a	a			a	a	d			
I have not done any physical activity in the past week	236	199	21	7	3	1	2	-	4	32	5	74	53	73	28	67	38	86	38
	12%	56%	10%	2%	1%	*	1%	-	2%	3%	1%	16%	9%	10%	11%	11%	7%	13%	16%
		bdefghij	cdefghij							defj		bc				b		b	ab
NET: Home based activity	644	17	48	105	127	99	99	46	103	379	248	141	199	212	84	195	161	208	75
	32%	5%	22%	33%	37%	45%	41%	52%	40%	34%	42%	30%	34%	30%	34%	32%	31%	32%	32%
			a	ab	ab	abcdi	abc	abcdi	ab	ab	abci								
NET: Any physical activity in the past week	1807	154	195	314	343	218	240	90	254	1070	583	392	540	634	219	540	487	563	196
	88%	44%	90%	98%	99%	100%	99%	100%	98%	97%	99%	84%	91%	90%	89%	89%	93%	87%	84%
			a	ab	abi	abi	abi	ab	ab	ab	abi		a	a		d	acd		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Walking (either for leisure or travel)	1260	507	447	301
	62%	69%	58%	59%
		bc		
Running or jogging	420	231	120	68
	21%	31%	16%	13%
		bc		
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329	166	97	66
	16%	23%	13%	13%
		bc		
Cycling (either for leisure or travel)	311	158	108	44
	15%	22%	14%	9%
		bc	c	
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288	159	73	53
	14%	22%	10%	10%
		bc		
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247	137	72	35
	12%	19%	9%	7%
		bc		
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171	90	49	31
	8%	12%	6%	6%
		bc		
Swimming	152	73	53	23
	7%	10%	7%	5%
		bc		
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130	76	30	25
	6%	10%	4%	5%
		bc		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3. Which, if any, of the following physical activities have you done in the past week?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	109	57	36	15
	5%	8%	5%	3%
		bc		
Golf	89	45	29	14
	4%	6%	4%	3%
		bc		
Racket sports (such as tennis, badminton, squash etc.)	67	40	21	6
	3%	5%	3%	1%
		bc		
Gymnastics, trampolining or cheerleading	60	40	14	6
	3%	5%	2%	1%
		bc		
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58	37	11	8
	3%	5%	2%	2%
		bc		
Water sports (such as surfing, rowing, sailing etc.)	42	28	8	6
	2%	4%	1%	1%
		bc		
Other sport, exercise or physical activity	83	29	34	20
	4%	4%	4%	4%
I have not done any physical activity in the past week	236	6	120	96
	12%	1%	16%	19%
			a	a
NET: Home based activity	644	321	192	128
	32%	44%	25%	25%
		bc		
NET: Any physical activity in the past week	1807	730	645	417
	88%	99%	84%	81%
		bc		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1247	550	693	364	444	439	63	157	130	118	124	137	186	199	133
Total	1260	589	668	328	421	511	55	160	123	121	113	147	178	222	142
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	875	431	441	197	288	391	40	112	85	75	79	108	117	156	103
	69%	73%	66%	60%	68%	77%	73%	70%	69%	62%	70%	74%	66%	70%	73%
		b			a	ab						d			
To get to/from shops or supermarkets	620	290	326	162	210	249	19	79	65	56	48	66	107	106	74
	49%	49%	49%	49%	50%	49%	34%	50%	52%	46%	43%	45%	60%	48%	52%
								a	a				ade fh	a	a
To visit friends or family	284	103	179	127	82	75	13	43	25	29	19	33	52	45	25
	23%	18%	27%	39%	19%	15%	23%	27%	21%	24%	17%	23%	30%	20%	17%
			a	bc				e					ehi		
For personal business, e.g. running errands or visiting the doctor	210	98	111	67	68	75	11	28	18	23	22	21	37	30	21
	17%	17%	17%	21%	16%	15%	19%	18%	15%	19%	19%	14%	21%	14%	15%
				c											
To get to/from my place of work	173	80	92	72	67	33	7	25	20	14	12	13	35	30	18
	14%	14%	14%	22%	16%	6%	12%	16%	16%	11%	11%	9%	20%	13%	12%
				bc	c								ef		
To get to/from school or place of education (including escorting others)	147	30	117	92	51	5	4	28	10	18	11	12	35	18	11
	12%	5%	18%	28%	12%	1%	8%	17%	8%	15%	10%	8%	19%	8%	8%
			a	bc	c			cfhi					ace fhi		
For journeys made as part of my work	113	61	52	49	44	20	6	17	7	11	8	15	25	18	5
	9%	10%	8%	15%	11%	4%	11%	11%	6%	9%	7%	10%	14%	8%	4%
				c	c		i	i				i	cei		
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99	53	46	45	27	27	4	18	4	8	11	8	27	11	8
	8%	9%	7%	14%	6%	5%	7%	11%	3%	7%	10%	6%	15%	5%	5%
				bc				ch			c		cdfhi		
To volunteer or provide support to others	57	34	23	21	12	23	5	10	8	3	2	4	11	9	4
	4%	6%	3%	6%	3%	5%	8%	6%	7%	3%	2%	3%	6%	4%	3%
		b		b			e								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

Significance Level: 95%

Unweighted Total

Total

For another purpose

NET: Travel/utility

NET: Leisure, fitness & recreation and travel/utility

	Gender		Age			Region								
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	a	b	c	d	e	f	g	h	i
1247	550	693	364	444	439	63	157	130	118	124	137	186	199	133
1260	589	668	328	421	511	55	160	123	121	113	147	178	222	142
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
92	48	44	11	32	49	6	8	7	11	14	12	3	15	15
7%	8%	7%	3%	8%	10%	12%	5%	6%	9%	13%	8%	2%	7%	11%
			a	a		g		g	g	bcg	g		g	g
791	375	411	226	268	297	33	102	80	71	67	85	138	131	84
63%	64%	62%	69%	64%	58%	60%	64%	65%	59%	59%	58%	78%	59%	59%
			c									abcdefhi		
489	250	236	118	164	207	23	60	47	36	43	59	83	83	56
39%	43%	35%	36%	39%	41%	42%	37%	39%	29%	38%	40%	47%	37%	39%
	b											d		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	1247	85	261	306	156	144	295	652	595	1062	29	87	43	3	10	172
Total	1260	93	280	309	136	125	318	682	578	1085	27	83	42	2	9	164
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	875 69%	67 72%	212 76% deh	212 69%	90 66%	75 60%	219 69%	491 72% eh	384 66%	778 72% cdg	15 55%	47 57%	22 53%	2 67%	5 55%	91 56%
To get to/from shops or supermarkets	620 49%	46 50%	130 46%	145 47%	76 56%	62 50%	160 50%	322 47%	298 52%	523 48%	12 43%	49 58%	25 60%	1 33%	7 81%	94 57% a
To visit friends or family	284 23%	26 28%	54 19%	73 23%	37 27%	31 25%	64 20%	152 22%	132 23%	236 22%	6 20%	25 30%	10 24%	- -	4 45%	45 27%
For personal business, e.g. running errands or visiting the doctor	210 17%	24 26% befh	36 13%	61 20% b	22 16%	17 13%	51 16%	121 18%	89 15%	169 16%	7 25%	17 20%	12 28% a	- -	2 21%	37 23% a
To get to/from my place of work	173 14%	16 18% f	42 15% f	47 15% f	34 25% bcfgh	29 23% bcfgh	5 1%	105 15% f	67 12% f	133 12%	7 27%	16 20% a	13 30% a	- -	1 16%	38 23% a
To get to/from school or place of education (including escorting others)	147 12%	15 16% f	33 12% f	45 14% fh	18 13% f	16 13% f	20 6%	93 14% fh	55 9%	109 10%	5 18%	16 19% a	13 31% a	- -	2 22%	36 22% a
For journeys made as part of my work	113 9%	15 16% bfh	23 8% f	44 14% bfh	15 11% fh	14 11% fh	2 1%	82 12% fh	32 5% f	85 8%	4 13%	13 16% a	10 23% a	- -	1 12%	28 17% a
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99 8%	16 17% bcdefgh	15 5%	29 9%	12 8%	8 6%	19 6%	60 9%	39 7%	81 7%	1 3%	9 10%	4 10%	1 33%	1 16%	16 10%
To volunteer or provide support to others	57 4%	9 9% bcg	10 4%	8 2%	8 6%	6 5%	16 5%	26 4%	30 5%	47 4%	- -	6 7%	2 5%	- -	1 10%	9 5%
For another purpose	92 7%	6 7%	19 7%	20 7%	6 4%	7 6%	34 11% dg	46 7%	46 8%	85 8% c	1 3%	1 2%	4 9%	- -	1 8%	7 4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	1247	85	261	306	156	144	295	652	595	1062	29	87	43	3	10	172
Total	1260	93	280	309	136	125	318	682	578	1085	27	83	42	2	9	164
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Travel/utility	791	63	175	193	98	78	183	431	360	662	17	63	33	1	8	122
	63%	68%	63%	62%	72%	63%	58%	63%	62%	61%	63%	75%	77%	33%	93%	74%
				bcfgh								a	a			a
NET: Leisure, fitness & recreation and travel/utility	489	40	118	119	57	40	114	277	212	425	8	30	18	1	5	61
	39%	43%	42%	38%	42%	32%	36%	41%	37%	39%	29%	36%	43%	33%	55%	37%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	1247	855	184	169	353	57	36	389	161	40	51	106	68	116	223	93
Total	1260	826	210	192	402	54	34	385	162	39	53	94	57	104	279	88
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	875 69%	590 71%	137 66%	129 67%	267 66%	35 64%	20 60%	272 71%	100 62%	25 63%	40 76%	61 64%	37 66%	66 64%	218 78%	55 63%
							d							abcdeghik		
To get to/from shops or supermarkets	620 49%	413 50%	98 47%	92 48%	190 47%	26 48%	18 52%	179 46%	72 44%	24 62%	26 50%	58 62%	29 50%	59 57%	129 46%	43 49%
								d				cdj		cd		
To visit friends or family	284 23%	163 20%	51 24%	57 30%	108 27%	22 41%	11 32%	87 23%	37 23%	11 28%	11 21%	23 24%	21 36%	23 23%	38 14%	33 38%
				a	a	cdfgij	j	j	j	j		j	cdij	j		cdfgij
For personal business, e.g. running errands or visiting the doctor	210 17%	135 16%	38 18%	34 18%	72 18%	14 27%	7 21%	65 17%	24 15%	8 21%	13 25%	16 17%	6 10%	11 11%	46 16%	22 25%
						dhi					hi					dhi
To get to/from my place of work	173 14%	97 12%	44 21%	26 14%	71 18%	6 11%	10 29%	88 23%	44 27%	8 20%	5 9%	4 4%	6 11%	1 1%	1 *	16 18%
			a		a	ij	afghij	afghij	afghij	gij	ij	j	ij			gij
To get to/from school or place of education (including escorting others)	147 12%	29 4%	46 22%	63 33%	109 27%	6 12%	5 14%	43 11%	25 15%	7 18%	6 12%	9 10%	26 45%	16 15%	5 2%	11 13%
			a	ab	a	j	j	j	j	j	j	j	abcde fgijk	j		j
For journeys made as part of my work	113 9%	47 6%	36 17%	27 14%	62 16%	3 5%	6 18%	58 15%	21 13%	10 25%	5 10%	1 1%	8 14%	1 1%	2 1%	9 10%
			a	a	a	j	agij	agij	gij	agijk	gij		gij			gij



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Children aged 15 or under in the household					Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	1247	855	184	169	353	57	36	389	161	40	51	106	68	116	223	93
Total	1260	826	210	192	402	54	34	385	162	39	53	94	57	104	279	88
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99 8%	56 7%	22 11%	15 8%	37 9%	5 9%	3 10%	37 10% j	11 7%	6 16% ij	5 9%	6 6%	9 16% dgij	6 5%	12 4%	8 9%
To volunteer or provide support to others	57 4%	35 4%	11 5%	10 5%	21 5%	4 8% d	2 5%	18 5%	3 2%	5 13% cdghi	2 4%	3 3%	1 2%	3 3%	15 5%	6 7% d
For another purpose	92 7%	73 9% cd	16 8% c	2 1% c	18 5% c	3 6% h	2 4%	26 7% h	10 6% h	1 3%	4 7% h	9 10% h	- - h	12 12% h	25 9% h	5 5% j
NET: Travel/utility	791 63%	511 62%	134 64%	125 65%	260 65%	35 64%	25 74% j	252 66% j	101 62%	33 85% acd fhij	34 64%	65 69% j	34 60%	63 61%	148 53%	60 68% j
NET: Leisure, fitness & recreation and travel/utility	489 39%	329 40%	79 38%	71 37%	151 38%	17 32%	14 42%	160 42% d	52 32%	20 52% ad	24 46%	38 40%	19 34%	38 37%	105 38%	31 36%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	1247	323	187	102	21	289	344	381	110	127	23	237	404	221	697	278	51	1026
Total	1260	316	192	102	22	293	338	378	107	129	24	236	401	219	709	283	49	1041
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	875 69%	205 65%	150 78% acf	68 67%	12 54%	218 74% af	217 64%	260 69%	76 71%	87 67%	13 54%	163 69%	272 68%	155 71%	493 69%	198 70%	30 60%	720 69%
To get to/from shops or supermarkets	620 49%	144 46%	97 50%	51 50%	9 40%	147 50%	153 45%	172 46%	52 49%	66 52%	16 69%	119 50%	188 47%	117 53%	346 49%	132 47%	25 51%	503 48%
To visit friends or family	284 23%	76 24%	44 23%	20 20%	6 29%	64 22%	82 24%	82 22%	31 29%	31 24%	7 28%	62 26%	88 22%	49 22%	139 20%	76 27% b	20 41% abce	235 23%
For personal business, e.g. running errands or visiting the doctor	210 17%	54 17%	35 18%	19 19%	2 9%	54 18%	56 17%	53 14%	26 24% af	29 22% af	6 24%	54 23% af	59 15%	31 14%	130 18%	37 13%	12 25% c	180 17%
To get to/from my place of work	173 14%	97 31% bce	28 15%	12 12%	9 41%	40 14%	106 31% bce	95 25% ce	26 25% c	16 13%	13 54%	43 18%	107 27% ce	25 11%	102 14%	41 14%	4 9%	148 14%
To get to/from school or place of education (including escorting others)	147 12%	35 11%	23 12%	15 14%	8 39%	38 13%	43 13%	33 9%	23 21% af	16 12%	9 39%	39 16% af	42 11%	5 2%	58 8% a	62 22% abe	22 45% abce	143 14% ab
For journeys made as part of my work	113 9%	60 19% be	16 8%	12 12%	5 24%	28 10%	66 19% be	55 15%	15 14%	20 15%	6 27%	35 15%	62 15%	8 4%	68 10% a	31 11% a	6 12% a	105 10% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	1247	323	187	102	21	289	344	381	110	127	23	237	404	221	697	278	51	1026
Total	1260	316	192	102	22	293	338	378	107	129	24	236	401	219	709	283	49	1041
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99 8%	25 8%	23 12%	9 9%	2 10%	32 11%	27 8%	33 9%	13 12%	9 7%	3 14%	22 9%	36 9%	19 9%	54 8%	19 7%	7 14%	80 8%
To volunteer or provide support to others	57 4%	16 5%	6 3%	5 5%	1 6%	11 4%	18 5%	13 3%	5 5%	7 5%	3 11%	12 5%	16 4%	5 2%	38 5%	11 4%	2 5%	51 5%
For another purpose	92 7%	19 6%	10 5%	9 9%	- -	19 7%	19 6%	24 6%	2 2%	12 10% b	1 4%	14 6%	24 6%	21 9%	56 8%	15 5%	1 2%	71 7%
NET: Travel/utility	791 63%	218 69%	120 63%	62 61%	14 65%	183 62%	232 69%	243 64%	73 68%	86 67%	21 91%	158 67%	264 66%	138 63%	451 64%	165 59%	36 73%	652 63%
NET: Leisure, fitness & recreation and travel/utility	489 39%	122 39%	88 46%	40 39%	6 28%	127 43%	128 38%	143 38%	48 45%	56 43%	11 45%	104 44%	154 38%	89 41%	281 40%	98 35%	21 42%	400 38%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	1247	190	818	166	197	21	871	342	39	1009	238	1065	175
Total	1260	191	834	151	203	22	892	338	36	1009	252	1093	162
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	875 69%	107 56%	607 73% a	98 65%	134 66%	13 62%	628 70% f	227 67%	19 53%	688 68%	187 74%	760 70%	111 69%
To get to/from shops or supermarkets	620 49%	86 45%	409 49%	93 61% bd	102 50%	11 49%	425 48%	181 53%	22 61%	515 51% b	106 42%	521 48%	98 61% a
To visit friends or family	284 23%	74 39% b	158 19%	43 29%	44 22%	6 28%	195 22%	81 24%	10 29%	240 24% b	44 18%	249 23%	34 21%
For personal business, e.g. running errands or visiting the doctor	210 17%	40 21%	139 17%	35 23% d	37 18%	4 19%	138 15%	68 20%	8 23%	180 18% b	30 12%	188 17%	23 14%
To get to/from my place of work	173 14%	38 20% b	107 13%	26 17% bf	17 8%	- - -	126 14% bf	42 13%	1 3%	145 14%	27 11%	142 13%	30 19% a
To get to/from school or place of education (including escorting others)	147 12%	46 24% b	90 11%	28 19% bd	16 8%	2 8%	95 11%	44 13%	3 8%	125 12%	22 9%	131 12%	16 10%
For journeys made as part of my work	113 9%	34 18% b	68 8%	19 12% b	10 5%	1 6%	81 9%	28 8%	2 5%	94 9%	19 8%	99 9%	14 9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	1247	190	818	166	197	21	871	342	39	1009	238	1065	175
Total	1260	191	834	151	203	22	892	338	36	1009	252	1093	162
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99 8%	30 16% b	48 6%	24 16% bd	15 8%	3 16%	59 7%	37 11% d	4 10%	83 8%	16 6%	86 8%	13 8%
To volunteer or provide support to others	57 4%	19 10% b	31 4%	8 5%	9 5%	3 12%	39 4%	18 5%	2 6%	47 5%	10 4%	50 5%	6 4%
For another purpose	92 7%	13 7%	55 7%	13 9%	19 9%	1 7%	63 7%	27 8%	6 16% d	70 7%	22 9%	86 8%	6 4%
NET: Travel/utility	791 63%	127 67%	515 62%	112 74% bde	120 59%	13 59%	555 62%	217 64%	26 71%	657 65% b	134 53%	675 62%	114 70% a
NET: Leisure, fitness & recreation and travel/utility	489 39%	64 34%	332 40%	68 45% b	67 33%	5 24%	351 39%	128 38%	13 35%	400 40%	89 35%	415 38%	73 45%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1247	122	129	212	214	144	166	58	202	699	426	293	364	433	144	374	330	386	140
Total	1260	128	127	211	216	142	166	60	210	696	436	286	361	450	153	379	328	403	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	875 69%	71 56%	74 58%	138 65%	168 78% abcei	97 68% a	116 70% ab	48 80% abc	162 77% abci	477 69% ab	327 75% abci	190 66%	251 70%	324 72%	102 67%	262 69%	217 66%	296 74% b	92 68%
To get to/from shops or supermarkets	620 49%	63 50%	54 42%	103 49%	111 51%	69 49%	83 50%	32 53%	106 51%	336 48%	221 51%	149 52%	177 49%	224 50%	65 43%	183 48%	156 48%	213 53% d	58 43%
To visit friends or family	284 23%	20 16%	24 19%	37 18%	47 22%	36 25%	40 24%	22 36% abcdi	59 28% abci	143 21%	120 28% abci	67 23%	82 23%	95 21%	38 25%	83 22%	69 21%	96 24%	29 21%
For personal business, e.g. running errands or visiting the doctor	210 17%	12 9%	22 17%	29 14%	34 16%	27 19% a	35 21% a	15 25% ac	36 17% a	111 16%	87 20% a	54 19%	57 16%	72 16%	27 18%	67 18%	52 16%	68 17%	22 16%
To get to/from my place of work	173 14%	5 4%	15 12% a	26 12% a	32 15% a	21 15% a	32 19% a	6 10%	36 17% a	94 13% a	74 17% a	37 13%	48 13%	71 16%	15 10%	51 13%	43 13%	56 14%	18 13%
To get to/from school or place of education (including escorting others)	147 12%	6 5%	14 11%	26 12% a	23 11% a	22 15% a	28 17% ah	9 15% a	20 9%	85 12% a	56 13% a	44 15%	40 11%	48 11%	14 9%	50 13% d	47 14% cd	37 9%	8 6%
For journeys made as part of my work	113 9%	5 4%	3 2%	17 8% b	23 11% ab	20 14% ab	16 10% ab	8 13% ab	22 11% ab	63 9% ab	46 11% ab	22 8%	34 9%	40 9%	17 11%	33 9%	30 9%	36 9%	12 9%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99 8%	3 2%	6 5%	13 6%	15 7%	11 7%	21 12% abci	9 14% abci	22 10% a	45 6%	51 12% abci	23 8%	25 7%	37 8%	13 9%	38 10% d	26 8%	28 7%	6 4%
To volunteer or provide support to others	57 4%	3 3%	5 4%	8 4%	6 3%	9 6%	8 5%	9 15% abcdfhij	9 4%	28 4%	25 6%	8 3%	15 4%	17 4%	17 11% abc	15 4%	10 3%	24 6%	8 6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1247	122	129	212	214	144	166	58	202	699	426	293	364	433	144	374	330	386	140
Total	1260	128	127	211	216	142	166	60	210	696	436	286	361	450	153	379	328	403	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For another purpose	92	5	6	11	7	9	11	9	34	33	53	26	14	39	13	34	19	24	15
	7%	4%	5%	5%	3%	6%	7%	14%	16%	5%	12%	9%	4%	9%	8%	9%	6%	6%	11%
								abcdi	abcdefi		abcdefi	b		b				b	
NET: Travel/utility	791	74	72	132	137	90	111	41	134	431	286	179	227	287	92	227	207	268	77
	63%	58%	57%	62%	63%	63%	66%	69%	64%	62%	65%	63%	63%	64%	60%	60%	63%	67%	57%
																	d	d	
NET: Leisure, fitness & recreation and travel/utility	489	30	30	70	100	50	72	32	104	250	208	106	139	185	55	147	119	173	45
	39%	24%	23%	33%	46%	36%	43%	54%	50%	36%	48%	37%	38%	41%	36%	39%	36%	43%	33%
				b	abcei	ab	ab	abcei	abcei	ab	abcei							d	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	1247	504	433	305
Total	1260	507	447	301
	100%	100%	100%	100%
For leisure, fitness, or recreation	875	378	291	202
	69%	74%	65%	67%
		bc		
To get to/from shops or supermarkets	620	254	216	148
	49%	50%	48%	49%
To visit friends or family	284	136	92	53
	23%	27%	21%	18%
		bc		
For personal business, e.g. running errands or visiting the doctor	210	99	57	54
	17%	20%	13%	18%
		b		b
To get to/from my place of work	173	87	56	30
	14%	17%	13%	10%
		c		
To get to/from school or place of education (including escorting others)	147	78	43	26
	12%	15%	10%	9%
		bc		
For journeys made as part of my work	113	58	38	18
	9%	11%	8%	6%
		c		
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	99	47	35	17
	8%	9%	8%	6%
To volunteer or provide support to others	57	28	20	8
	4%	6%	5%	3%
For another purpose	92	30	41	20
	7%	6%	9%	7%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q3E. You said you have walked in the past week. For what purpose(s) did you walk?**

BASE: All respondents who walked in the past week

Significance Level: 95%

Unweighted Total

Total

NET: Travel/utility

NET: Leisure, fitness & recreation and travel/utility

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	1247	504	433
			305
Total	1260	507	447
	100%	100%	100%
			301
NET: Travel/utility	791	334	265
	63%	66%	59%
		b	63%
NET: Leisure, fitness & recreation and travel/utility	489	226	150
	39%	45%	34%
		bc	37%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	*e	f	g	h	*i
Unweighted Total	305	174	129	114	120	71	18	40	34	33	26	31	67	34	22
Total	311	185	124	109	121	81	15	45	33	34	23	33	68	37	23
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	210 68%	127 68%	81 66%	53 49%	89 74% a	67 83% a	9 63%	31 69%	27 82% dg	20 59%	19 83%	25 74%	37 54%	22 61%	20 84%
To get to/from shops or supermarkets	83 27%	48 26%	34 28%	37 34%	28 23%	18 22%	4 27%	12 27%	7 21%	10 30%	7 29%	10 29%	17 26%	12 33%	3 14%
To visit friends or family	55 18%	28 15%	27 21%	30 27% c	20 17% c	5 6%	5 32%	8 17%	4 11%	2 5%	3 12%	10 31% d	15 22% d	5 12%	5 20%
To get to/from my place of work	49 16%	32 17%	16 13%	21 19% c	21 17%	7 8%	5 31%	8 17%	3 8%	3 10%	3 13%	5 15%	13 19%	5 12%	5 23%
For personal business, e.g. running errands or visiting the doctor	42 13%	27 14%	15 12%	18 17%	15 13%	8 10%	1 5%	7 15%	4 12%	2 6%	4 15%	2 6%	14 21%	5 13%	4 16%
To get to/from school or place of education (including escorting others)	35 11%	22 12%	13 10%	24 22% bc	11 9% c	- -	2 12%	9 20% f	3 9%	2 6%	1 3%	1 4%	12 18%	4 10%	1 5%
For journeys made as part of my work	35 11%	16 8%	19 15%	25 23% bc	9 7%	1 1%	1 5%	3 8%	1 2%	6 17% c	- -	1 3%	13 20% cf	5 15%	4 16%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	19 10%	11 9%	24 22% bc	4 3%	3 4%	2 12%	5 10%	2 7%	1 3%	- -	4 11%	13 20% dh	1 2%	3 15%
To volunteer or provide support to others	27 9%	19 10%	8 6%	20 19% bc	6 5%	- -	1 7%	4 8%	2 5%	1 3%	1 3%	3 9%	11 16%	1 3%	3 15%
For another purpose	2 1%	1 *	2 1%	- -	2 2%	- -	- -	- -	1 2%	- -	1 3%	- -	1 1%	- -	- -

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

Significance Level: 95%

Unweighted Total

Total

NET: Travel/utility

NET: Leisure, fitness & recreation and travel/utility

	Gender		Age			Region								
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	*a	b	c	d	*e	f	g	h	*i
305	174	129	114	120	71	18	40	34	33	26	31	67	34	22
311	185	124	109	121	81	15	45	33	34	23	33	68	37	23
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
156	92	63	74	53	29	8	22	12	14	9	20	42	20	9
50%	50%	50%	68% bc	44%	36%	53%	50%	36%	41%	41%	59%	62% c	54%	37%
69	39	29	27	27	15	4	11	7	1	5	12	14	7	6
22%	21%	23%	25%	22%	18%	25%	26% d	22% d	4%	24%	36% d	21% d	20% d	25%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	305	35	68	80	47	39	36	183	122	245	9	29	12	-	5	55
Total	311	41	75	83	41	35	36	200	112	251	9	30	12	-	5	56
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
For leisure, fitness, or recreation	210 68%	25 61%	53 71%	52 62%	27 66%	23 67%	30 83% acg	130 65%	80 72%	177 70% g	5 56%	18 61%	6 51%	-	1 13%	30 54%
To get to/from shops or supermarkets	83 27%	9 22%	14 19%	25 30%	12 30%	12 35%	10 29%	48 24%	35 31%	59 23%	4 42%	13 42%	5 42%	-	1 22%	23 40% a
To visit friends or family	55 18%	7 16%	13 17%	14 17%	8 19%	8 23%	5 15%	34 17%	21 19%	45 18%	1 8%	6 20%	2 14%	-	1 16%	9 16%
To get to/from my place of work	49 16%	11 26% f	9 12%	14 16%	7 16%	6 17%	3 7%	33 17%	15 14%	41 16%	1 8%	3 10%	2 14%	-	1 28%	7 12%
For personal business, e.g. running errands or visiting the doctor	42 13%	14 35% bcdefgh	7 9%	12 14%	4 9%	2 5%	4 10%	33 16% h	9 8%	25 10%	3 32%	6 20%	3 20%	-	5 87%	16 28% a
To get to/from school or place of education (including escorting others)	35 11%	11 26% bcfgh	7 10%	7 8%	5 12%	4 10%	2 5%	25 12%	10 9%	26 10%	1 10%	7 22%	1 9%	-	1 16%	9 17%
For journeys made as part of my work	35 11%	6 14% e	9 12% e	11 13% e	7 16% e	- -	2 7%	25 13% e	9 8%	23 9%	- -	7 22%	3 26%	-	2 37%	12 21% a
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	7 18% fh	6 9%	11 14% fh	4 10%	2 5%	- -	25 13% fh	6 5%	22 9%	1 10%	5 18%	2 16%	-	- -	8 15%
To volunteer or provide support to others	27 9%	9 23% bcefgh	4 6%	5 6%	5 12%	2 5%	1 3%	19 9%	8 7%	20 8%	1 11%	4 13%	1 8%	-	1 16%	7 12%
For another purpose	2 1%	- -	1 1%	1 1%	- -	1 2%	- -	2 1%	1 1%	2 1%	- -	1 2%	- -	- -	- -	1 1%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	305	35	68	80	47	39	36	183	122	245	9	29	12	-	5	55
Total	311	41	75	83	41	35	36	200	112	251	9	30	12	-	5	56
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
NET: Travel/utility	156	25	30	45	23	18	15	100	56	114	7	19	9	-	5	39
	50%	61%	40%	53%	55%	53%	41%	50%	50%	46%	75%	64%	69%	-	87%	69%
		b														a
NET: Leisure, fitness & recreation and travel/utility	69	11	12	19	9	9	9	42	27	53	3	8	3	-	-	15
	22%	28%	16%	22%	21%	25%	26%	21%	24%	21%	32%	28%	27%	-	-	26%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	305	150	73	68	141	18	14	145	37	11	7	12	15	20	26	32
Total	311	138	84	78	162	18	15	149	37	12	7	11	13	17	33	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	210 68%	97 71%	55 65%	50 64%	105 65%	11 62%	5 37%	96 64%	25 69%	7 62%	6 79%	9 82%	7 56%	13 78%	30 91%	17 51%
To get to/from shops or supermarkets	83 27%	36 26%	24 28%	20 26%	44 27%	8 43%	4 27%	35 24%	9 25%	3 28%	1 10%	4 35%	5 36%	5 32%	9 26%	12 36%
To visit friends or family	55 18%	21 15%	16 19%	15 19%	31 19%	2 12%	1 8%	30 20%	6 15%	1 7%	2 35%	3 23%	5 39%	3 20%	1 4%	3 10%
To get to/from my place of work	49 16%	22 16%	14 17%	9 12%	24 15%	2 10%	3 20%	32 22%	7 18%	2 21%	- -	- -	1 6%	2 11%	- -	5 15%
For personal business, e.g. running errands or visiting the doctor	42 13%	7 5%	16 19%	18 23%	33 21% a	1 6%	5 34%	23 15%	3 9%	3 22%	1 12%	3 30%	- -	3 16%	- -	6 18%
To get to/from school or place of education (including escorting others)	35 11%	8 6%	9 11%	17 22% a	27 16% a	4 23%	2 11%	21 14%	1 3%	1 9%	2 21%	1 8%	3 21%	1 6%	- -	6 18% d
For journeys made as part of my work	35 11%	9 7%	16 19% a	7 9%	23 14% a	1 4%	1 7%	20 14%	6 18%	3 28%	1 12%	- -	2 15%	- -	- -	2 6%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	6 5%	9 11%	13 16% a	22 13% a	1 5%	2 17%	21 14%	1 3%	1 7%	- -	- -	3 21%	- -	2 5%	3 10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	305	150	73	68	141	18	14	145	37	11	7	12	15	20	26	32
Total	311	138	84	78	162	18	15	149	37	12	7	11	13	17	33	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To volunteer or provide support to others	27	4	15	8	23	3	2	15	2	2	1	-	1	-	-	5
	9%	3%	17%	10%	14%	19%	13%	10%	5%	17%	12%	-	10%	-	-	16%
			a	a	a											
For another purpose	2	2	-	-	-	-	-	1	1	-	-	-	-	1	-	-
	1%	2%	-	-	-	-	-	1%	2%	-	-	-	-	5%	-	-
NET: Travel/utility	156	60	50	40	90	12	11	77	20	7	2	6	6	7	9	23
	50%	44%	59%	52%	56%	68%	72%	52%	54%	57%	21%	54%	45%	43%	26%	70%
			a		a											
NET: Leisure, fitness & recreation and travel/utility	69	28	23	16	38	6	2	30	10	2	-	4	3	5	6	9
	22%	20%	27%	20%	24%	35%	15%	20%	28%	19%	-	36%	22%	29%	18%	26%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Significance Level: 95%																	
Unweighted Total	305	97	67	34	6	101	105	52	42	9	94	114	35	168	90	12	270
Total	311	96	73	35	7	108	106	54	43	10	97	116	33	170	95	13	279
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	210	60	49	20	3	70	72	35	21	7	56	78	26	122	56	6	184
	68%	63%	68%	58%	47%	65%	67% c	66%	48%	65%	58%	67% c	79% c	72% c	59%	46%	66%
To get to/from shops or supermarkets	83	21	16	11	3	26	19	15	12	6	27	25	13	37	27	5	69
	27%	22%	22%	30%	38%	25%	18%	29%	27%	60%	28%	22%	41% be	22%	28%	39%	25%
To visit friends or family	55	18	11	7	3	18	14	12	9	5	20	19	5	23	23	3	50
	18%	19%	16%	20%	38%	17%	14%	22%	20%	47%	21%	17%	16% b	14%	25%	22%	18%
To get to/from my place of work	49	22	11	5	2	17	26	9	7	3	15	28	5	26	17	-	43
	16%	23%	16%	15%	30%	15%	24%	16%	15%	25%	16%	24%	17%	16%	18%	-	16%
For personal business, e.g. running errands or visiting the doctor	42	12	13	6	2	19	13	9	9	4	18	17	1	20	16	5	41
	13%	13%	17%	18%	37%	18%	12%	16%	21%	38%	18%	14%	2% a	12%	17% a	40%	15% a
To get to/from school or place of education (including escorting others)	35	10	7	8	1	15	8	9	5	4	14	12	1	13	17	3	34
	11%	11%	10%	22%	19%	13%	8%	16%	11%	38%	14%	11%	4% ab	8%	18% ab	24%	12%
For journeys made as part of my work	35	8	7	9	6	16	10	8	10	4	18	13	2	23	10	-	33
	11%	9%	9%	26% ab	82%	15%	9%	15%	24% a	37%	19% a	12%	5%	14%	10%	-	12%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	305	97	67	34	6	101	103	105	52	42	9	94	114	35	168	90	12	270
Total	311	96	73	35	7	108	102	106	54	43	10	97	116	33	170	95	13	279
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	10 10%	7 10%	6 18%	1 19%	14 13%	11 11%	11 10%	5 9%	7 17%	3 25%	12 13%	13 12%	2 5%	14 8%	13 13%	2 18%	29 10%
To volunteer or provide support to others	27 9%	4 4%	9 13%	4 13%	2 36%	13 13% a	7 7%	4 4%	9 17% af	5 12%	3 25%	14 15% af	7 6%	2 6%	16 9%	9 9%	- -	24 9%
For another purpose	2 1%	1 2%	- -	- -	- -	- -	1 1%	1 1%	- -	1 2%	- -	1 1%	1 1%	1 5% bce	1 *	- -	- -	1 *
NET: Travel/utility	156 50%	50 52%	34 47%	19 53%	7 100%	52 49%	57 56%	50 47%	29 53%	29 67% af	6 60%	58 59%	56 48%	19 57%	81 47%	48 50%	9 65%	137 49%
NET: Leisure, fitness & recreation and travel/utility	69 22%	19 19%	13 19%	6 17%	3 47%	19 18%	22 21%	19 18%	14 27%	7 17%	3 25%	22 23%	22 19%	13 39% bce	37 22%	17 18%	2 17%	56 20%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	305	195	44	39	7	215	85	5	249	56	267	37
Total	311	204	42	40	7	223	84	6	254	57	274	36
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	210	150	25	22	4	158	49	2	168	42	188	21
	68%	74% a	58%	56%	60%	71% e	59%	33%	66%	73%	69%	59%
To get to/from shops or supermarkets	83	48	16	10	-	59	24	3	67	15	73	9
	27%	23%	39%	25%	-	26%	28%	46%	27%	27%	27%	26%
To visit friends or family	55	28	9	10	-	36	17	1	44	11	47	8
	18%	14% b	21%	24%	-	16%	20%	21%	17%	19%	17%	23%
To get to/from my place of work	49	27	12	5	2	31	17	1	35	13	44	4
	16%	13%	28% d	12%	29%	14%	21%	21%	14%	23%	16%	12%
For personal business, e.g. running errands or visiting the doctor	42	25	8	7	4	26	16	3	36	6	33	9
	13%	12%	19%	17%	50%	12%	19%	51%	14%	10%	12%	24% a
To get to/from school or place of education (including escorting others)	35	18	2	5	-	27	7	-	29	6	33	2
	11%	9% b	5%	13%	-	12%	9%	-	11%	11%	12%	5%
For journeys made as part of my work	35	13	5	3	2	25	10	-	31	4	31	3
	11%	6% b	11%	7%	33%	11%	12%	-	12%	7%	11%	9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	305	74	195	44	39	7	215	85	5	249	56	267	37
Total	311	74	204	42	40	7	223	84	6	254	57	274	36
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	15 20% b	15 7%	5 13%	4 9%	2 30%	21 9%	10 12%	1 21%	28 11%	3 5%	26 10%	4 12%
To volunteer or provide support to others	27 9%	13 18% b	11 5%	8 20% d	4 11%	1 13%	13 6%	13 15% d	1 21%	21 8%	5 9%	25 9%	2 5%
For another purpose	2 1%	1 1%	- -	- -	1 2%	- -	1 1%	1 1%	- -	2 1%	- -	1 1%	1 2%
NET: Travel/utility	156 50%	49 66% b	88 43%	31 74% bd	18 45%	6 75%	104 47%	51 61% d	4 67%	126 49%	30 53%	136 50%	20 55%
NET: Leisure, fitness & recreation and travel/utility	69 22%	13 17%	43 21%	14 34% b	4 10%	4 48%	47 21%	22 26% b	- -	51 20%	18 31%	60 22%	8 23%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	305	8	18	46	67	51	49	16	50	182	115	49	92	119	43	94	68	100	40
Total	311	7	19	47	70	52	47	18	52	187	117	48	90	124	47	96	67	107	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	210 68%	3 40%	14 74%	25 54%	42 60%	36 69%	33 70%	14 79%	43 83% cdi	117 63%	90 77% cdi	29 60%	59 65%	90 72%	32 68%	66 68%	45 68%	75 70%	24 61%
To get to/from shops or supermarkets	83 27%	2 27%	2 12%	19 40% fhj	19 27%	14 27%	10 21%	5 31%	11 21%	54 29%	26 23%	10 20%	22 24%	38 30%	14 29%	27 28%	22 33%	24 23%	10 26%
To visit friends or family	55 18%	1 15%	1 4%	10 22%	13 19%	10 19%	11 23%	2 13%	6 12%	34 18%	20 17%	10 21%	19 21%	19 15%	7 14%	16 17%	8 13%	20 19%	8 21%
To get to/from my place of work	49 16%	2 23%	- -	2 4%	10 15%	10 19%	10 21% c	4 20%	11 22% c	22 12%	25 21% ci	6 13%	15 17%	23 18%	5 10%	16 17%	7 10%	17 16%	8 22%
For personal business, e.g. running errands or visiting the doctor	42 13%	- -	4 22%	8 17% f	7 10%	8 15%	2 4%	5 28%	8 15%	27 14%	15 13%	9 19%	10 11%	17 14%	5 11%	10 11%	12 19%	11 10%	8 21%
To get to/from school or place of education (including escorting others)	35 11%	- -	3 13%	2 4%	8 11%	7 14%	7 15%	2 13%	6 11%	20 11%	15 13%	5 11%	10 11%	11 9%	9 19%	11 11%	8 12%	7 7%	9 23% c
For journeys made as part of my work	35 11%	1 12%	- -	7 15%	8 11%	8 16%	4 8%	3 15%	4 9%	23 12%	11 9%	5 11%	8 9%	11 9%	8 18%	7 7%	10 15%	13 12%	5 13%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	- -	1 4%	2 4%	7 11%	4 8%	4 9%	5 28%	7 14%	14 8%	16 14%	4 8%	12 14%	11 9%	4 8%	14 14%	4 5%	8 7%	6 15%
To volunteer or provide support to others	27 9%	1 11%	3 13%	2 4%	4 6%	9 18% cdfhj	2 5%	4 20%	2 5%	18 9%	8 7%	5 10%	7 8%	6 5%	8 18% c	7 7%	4 6%	11 10%	5 14%
For another purpose	2 1%	- -	- -	- -	1 1%	- -	1 2%	1 4%	- -	1 *	1 1%	2 3% c	1 1%	- -	- -	1 1%	1 1%	- -	1 2%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%																			
Unweighted Total	305	*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Total	311	8	18	46	67	51	49	16	50	182	115	49	92	119	43	94	68	100	40
	100%	7	19	47	70	52	47	18	52	187	117	48	90	124	47	96	67	107	38
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Travel/utility	156	4	8	26	36	29	20	9	23	99	52	23	43	66	23	45	38	51	21
	50%	60%	40%	57%	51%	56%	43%	52%	44%	53%	45%	47%	48%	53%	49%	47%	57%	48%	54%
NET: Leisure, fitness & recreation and travel/utility	69	-	3	7	15	14	8	6	17	39	30	10	16	33	9	21	18	22	8
	22%	-	18%	14%	21%	27%	16%	31%	32%	21%	26%	21%	18%	27%	20%	22%	27%	21%	20%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	305	156	106	42
Total	311	158	108	44
	100%	100%	100%	100%
For leisure, fitness, or recreation	210 68%	106 67%	76 70%	28 65%
To get to/from shops or supermarkets	83 27%	49 31%	19 18%	13 30%
To visit friends or family	55 18%	40 25%	12 11%	2 4%
		bc		
To get to/from my place of work	49 16%	31 19%	15 14%	3 7%
		c		
For personal business, e.g. running errands or visiting the doctor	42 13%	27 17%	7 7%	7 16%
		b		
To get to/from school or place of education (including escorting others)	35 11%	24 15%	6 6%	5 11%
		b		
For journeys made as part of my work	35 11%	25 16%	7 7%	2 5%
		b		
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	31 10%	21 13%	4 4%	6 13%
		b		
To volunteer or provide support to others	27 9%	17 11%	7 7%	2 5%
For another purpose	2 1%	1 *	1 1%	- -

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?**

BASE: All respondents who cycled in the past week

Significance Level: 95%

Unweighted Total

Total

NET: Travel/utility

NET: Leisure, fitness & recreation and travel/utility

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	305	156	106
			42
Total	311	158	108
	100%	100%	100%
			44
NET: Travel/utility	156	90	43
	50%	57%	40%
		b	50%
NET: Leisure, fitness & recreation and travel/utility	69	44	15
	22%	28%	14%
		b	23%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4. SUMMARY: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nobody, I did this on my own	With another adult or adults	With a child or children	NET: With somebody else
Walking (either for leisure or travel)	1260 100%	638 51%	526 42%	176 14%	622 49%
Cycling (either for leisure or travel)	311 100%	212 68%	80 26%	36 12%	99 32%
Running or jogging	420 100%	292 69%	100 24%	36 9%	128 31%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288 100%	219 76%	54 19%	26 9%	69 24%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329 100%	269 82%	51 16%	17 5%	60 18%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171 100%	55 32%	65 38%	70 41%	115 68%
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130 100%	41 32%	57 43%	49 37%	89 68%
Team sports (such as football, cricket, rugby etc.)	109 100%	19 18%	74 68%	22 20%	89 82%
Racket sports (such as tennis, badminton, squash etc.)	67 100%	12 18%	45 67%	19 28%	55 82%
Golf	89 100%	17 19%	61 69%	14 15%	72 81%
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247 100%	143 58%	90 36%	18 7%	103 42%
Swimming	152 100%	90 59%	45 30%	27 18%	62 41%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4. SUMMARY: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Nobody, I did this on my own	With another adult or adults	With a child or children	NET: With somebody else
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58 100%	28 47%	24 42%	9 15%	31 53%
Water sports (such as surfing, rowing, sailing etc.)	42 100%	14 33%	20 47%	11 26%	28 67%
Gymnastics, trampolining or cheerleading	60 100%	28 47%	27 45%	11 18%	32 53%
Other sport, exercise or physical activity	83 100%	48 57%	31 37%	5 6%	35 43%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1247	550	693	364	444	439	63	157	130	118	124	137	186	199	133
Total	1260	589	668	328	421	511	55	160	123	121	113	147	178	222	142
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	638	322	315	139	211	288	29	83	58	56	59	79	97	113	66
	51%	55%	47%	42%	50%	56%	53%	52%	47%	46%	52%	53%	54%	51%	46%
		b			a	a									
With another adult or adults	526	246	276	149	156	221	21	61	60	52	48	60	61	94	67
	42%	42%	41%	45%	37%	43%	39%	38%	49%	43%	43%	41%	35%	42%	47%
				b					g						g
With a child or children	176	52	121	63	97	15	8	30	15	25	11	14	31	25	17
	14%	9%	18%	19%	23%	3%	14%	19%	12%	21%	10%	9%	17%	11%	12%
			a	c	c			efh		efh		f			
NET: With somebody else	622	266	353	189	211	222	26	77	65	65	54	69	81	108	76
	49%	45%	53%	58%	50%	44%	47%	48%	53%	54%	48%	47%	46%	49%	54%
			a	bc											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	1247	85	261	306	156	144	295	652	595	1062	29	87	43	3	10	172
Total	1260	93	280	309	136	125	318	682	578	1085	27	83	42	2	9	164
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	638	35	141	157	65	75	166	333	305	546	14	37	28	2	6	87
	51%	38%	50%	51%	47%	60%	52%	49%	53%	50%	53%	45%	65%	67%	64%	53%
			a	a		adg	a		a				c			
With another adult or adults	526	51	119	124	61	37	134	294	232	468	7	32	9	1	3	53
	42%	55%	43%	40%	45%	29%	42%	43%	40%	43%	27%	38%	21%	33%	36%	32%
		ce fgh	e	e	e		e	e	e	dg						
With a child or children	176	14	44	44	25	23	27	101	74	139	8	19	7	-	-	34
	14%	15%	16%	14%	18%	19%	8%	15%	13%	13%	29%	23%	17%	-	-	21%
			f	f	f	f		f	f			a				a
NET: With somebody else	622	58	139	152	71	50	152	349	273	539	13	46	15	1	3	78
	49%	62%	50%	49%	53%	40%	48%	51%	47%	50%	47%	55%	35%	33%	36%	47%
		bcefh			e			e				d				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	1247	855	184	169	353	57	36	389	161	40	51	106	68	116	223	93
Total	1260	826	210	192	402	54	34	385	162	39	53	94	57	104	279	88
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	638	474	87	62	148	24	15	198	79	19	25	49	31	46	152	40
	51%	57%	41%	32%	37%	45%	45%	51%	49%	48%	47%	51%	55%	44%	55%	45%
		bcd														
With another adult or adults	526	344	86	81	167	22	18	159	62	17	21	35	20	46	125	40
	42%	42%	41%	42%	42%	41%	52%	41%	38%	43%	40%	37%	36%	44%	45%	45%
With a child or children	176	18	68	86	154	12	6	53	37	8	11	15	7	19	8	18
	14%	2%	32%	45%	38%	22%	17%	14%	23%	20%	21%	16%	12%	18%	3%	20%
			a	ab	a	j	j	j	cj	j	j	j	j	j	j	j
NET: With somebody else	622	352	123	130	253	30	19	187	83	20	28	46	25	58	126	48
	49%	43%	59%	68%	63%	55%	55%	49%	51%	52%	53%	49%	45%	56%	45%	55%
			a	a	a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
1247	323	187	102	21	289	344	381	110	127	23	237	404	221	697	278	51	1026
1260	316	192	102	22	293	338	378	107	129	24	236	401	219	709	283	49	1041
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
638	163	91	47	11	137	174	191	51	64	10	115	202	179	325	111	23	459
51%	52%	47%	46%	51%	47%	52%	51%	47%	50%	45%	49%	50%	82%	46%	39%	47%	44%
													bcde				
526	132	82	44	7	126	139	159	45	52	8	98	167	37	344	127	17	488
42%	42%	43%	44%	31%	43%	41%	42%	42%	40%	34%	41%	42%	17%	49%	45%	34%	47%
														ad	a	a	a
176	52	35	16	5	51	57	61	21	20	6	41	67	7	70	86	14	169
14%	16%	18%	16%	23%	17%	17%	16%	19%	16%	27%	17%	17%	3%	10%	30%	27%	16%
														a	abe	abe	ab
622	153	101	55	11	156	164	186	56	64	13	121	199	40	384	171	26	582
49%	48%	53%	54%	49%	53%	48%	49%	53%	50%	55%	51%	50%	18%	54%	61%	53%	56%
														a	a	a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	1247	190	818	166	197	21	871	342	39	1009	238	1065	175
Total	1260	191	834	151	203	22	892	338	36	1009	252	1093	162
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	638 51%	87 46%	364 44%	69 46%	104 51%	15 70%	454 51%	167 50%	18 51%	511 51%	127 51%	532 49%	101 62% a
With another adult or adults	526 42%	82 43%	399 48%	67 44%	85 42%	5 25%	375 42%	142 42%	15 41%	415 41%	111 44%	473 43% b	53 32%
With a child or children	176 14%	37 19%	130 16%	26 17%	23 11%	3 15%	122 14%	48 14%	5 14%	151 15% b	25 10%	159 15%	17 10%
NET: With somebody else	622 49%	103 54%	470 56%	82 54%	100 49%	7 30%	438 49%	170 50%	18 49%	498 49%	124 49%	561 51% b	61 38%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1247	122	129	212	214	144	166	58	202	699	426	293	364	433	144	374	330	386	140
Total	1260	128	127	211	216	142	166	60	210	696	436	286	361	450	153	379	328	403	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	638	74	66	111	108	60	75	20	124	345	219	152	190	218	70	199	153	209	70
	51%	58%	52%	52%	50%	42%	45%	33%	59%	50%	50%	53%	53%	49%	46%	52%	47%	52%	51%
		efg	g	g	g				efgij	g	g								
With another adult or adults	526	43	51	86	90	68	73	36	79	294	188	105	135	206	76	156	139	169	59
	42%	34%	40%	41%	42%	48%	44%	59%	38%	42%	43%	37%	37%	46%	50%	41%	42%	42%	43%
						a		abcdfhij						ab	ab				
With a child or children	176	17	18	30	31	21	29	9	22	99	60	45	57	54	19	49	61	47	16
	14%	13%	14%	14%	14%	15%	18%	16%	10%	14%	14%	16%	16%	12%	13%	13%	18%	12%	12%
							h										ac		
NET: With somebody else	622	54	61	100	108	82	91	40	86	351	217	134	171	231	82	181	175	194	66
	49%	42%	48%	48%	50%	58%	55%	67%	41%	50%	50%	47%	47%	51%	54%	48%	53%	48%	49%
						ah	ah	abcdhij		h	h								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1247	504	433	305
Total	1260	507	447	301
	100%	100%	100%	100%
Nobody, I did this on my own	638	237	241	158
	51%	47%	54%	52%
		a		
With another adult or adults	526	222	172	129
	42%	44%	38%	43%
With a child or children	176	83	60	32
	14%	16%	13%	11%
		c		
NET: With somebody else	622	270	205	143
	49%	53%	46%	48%
		b		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	*e	f	g	h	*i
Unweighted Total	305	174	129	114	120	71	18	40	34	33	26	31	67	34	22
Total	311	185	124	109	121	81	15	45	33	34	23	33	68	37	23
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	212	135	75	56	89	67	11	29	19	21	17	28	43	28	17
	68%	73%	60%	52%	73%	82%	73%	65%	57%	63%	73%	85%	63%	74%	72%
		b			a	a						cdg			
With another adult or adults	80	41	39	44	23	13	4	13	13	11	4	4	21	6	4
	26%	22%	32%	40%	19%	16%	27%	28%	40%	34%	18%	11%	31%	16%	17%
				bc					fh	f			f		
With a child or children	36	16	19	15	18	3	2	8	3	3	2	1	8	5	4
	12%	9%	16%	14%	15%	3%	12%	18%	10%	8%	9%	4%	12%	13%	16%
				c	c										
NET: With somebody else	99	50	49	52	32	15	4	16	14	13	6	5	25	10	7
	32%	27%	40%	48%	27%	18%	27%	35%	43%	37%	27%	15%	37%	26%	28%
			a	bc					f	f			f		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	305	35	68	80	47	39	36	183	122	245	9	29	12	-	5	55
Total	311	41	75	83	41	35	36	200	112	251	9	30	12	-	5	56
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nobody, I did this on my own	212	23	55	57	28	25	24	135	77	177	8	17	6	-	3	33
	68%	55%	73%	68%	67%	72%	68%	68%	69%	71%	88%	55%	46%	-	50%	58%
With another adult or adults	80	15	17	20	10	8	10	51	29	61	1	9	4	-	3	17
	26%	36%	22%	24%	24%	24%	29%	26%	26%	25%	12%	29%	34%	-	50%	30%
With a child or children	36	9	9	10	3	2	2	28	7	26	-	6	2	-	1	10
	12%	21% fh	12%	12%	8%	6%	5%	14% h	7%	10%	-	20%	20%	-	22%	17%
NET: With somebody else	99	18	20	26	13	10	12	65	35	74	1	13	7	-	3	24
	32%	45%	27%	32%	33%	28%	32%	32%	31%	29%	12%	45%	54%	-	50%	42%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	305	150	73	68	141	18	14	145	37	11	7	12	15	20	26	32
Total	311	138	84	78	162	18	15	149	37	12	7	11	13	17	33	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	212 68%	104 76% bcd	51 61%	47 60%	98 61%	10 55%	10 70%	104 70%	24 64%	8 71%	2 27%	7 68%	9 71%	12 73%	24 75%	20 62%
With another adult or adults	80 26%	32 23%	23 28%	23 29%	46 28%	6 32%	3 19%	36 24%	11 30%	3 29%	3 41%	2 21%	4 29%	4 21%	8 25%	9 26%
With a child or children	36 12%	2 1%	15 17% a	20 25% a	34 21% a	2 13%	2 11%	18 12%	5 13%	2 20%	4 52%	2 19%	- - a	1 6%	- - a	4 12%
NET: With somebody else	99 32%	34 24%	33 39% a	31 40% a	64 39% a	8 45%	4 30%	45 30%	13 36%	3 29%	5 73%	4 32%	4 29%	5 27%	8 25%	13 38%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
305	97	67	34	6	101	103	105	52	42	9	94	114	35	168	90	12	270
311	96	73	35	7	108	102	106	54	43	10	97	116	33	170	95	13	279
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
212	69	47	20	5	68	74	75	30	34	5	64	80	27	112	64	9	185
68%	72%	65%	58%	81%	63%	72%	71%	56%	79% b	46%	66%	69%	83%	66%	67%	66%	66%
80	25	20	8	1	28	27	26	17	6	6	23	32	6	50	22	2	74
26%	26%	27%	22%	19%	26%	26%	25%	32% c	14%	54%	23%	27%	17%	30%	23%	16%	27%
36	11	11	7	1	18	12	13	12	4	1	16	14	-	13	21	2	36
12%	11%	16%	20%	19%	17%	12%	12%	22%	10%	12%	16%	12%	-	7% abe	22% a	18%	13% a
99	27	25	15	1	40	28	31	24	9	6	33	36	6	58	31	4	94
32%	28%	35%	42%	19%	37%	28%	29%	44% c	21%	54%	34%	31%	17%	34%	33%	34%	34%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	305	74	195	44	39	7	215	85	5	249	56	267	37
Total	311	74	204	42	40	7	223	84	6	254	57	274	36
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	212	39	145	26	31	2	154	55	5	169	43	189	22
	68%	53%	71%	61%	78%	26%	69%	65%	79%	67%	75%	69%	62%
			a										
With another adult or adults	80	27	47	15	7	4	55	24	1	69	11	70	10
	26%	37%	23%	34%	17%	56%	25%	29%	21%	27%	19%	25%	29%
		b											
With a child or children	36	13	22	4	2	4	26	10	-	31	5	31	5
	12%	18%	11%	9%	5%	50%	12%	11%	-	12%	9%	11%	13%
NET: With somebody else	99	35	59	16	9	5	69	29	1	85	15	86	14
	32%	47%	29%	39%	22%	74%	31%	35%	21%	33%	25%	31%	38%
		b											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
305	8	18	46	67	51	49	16	50	182	115	49	92	119	43	94	68	100	40
311	7	19	47	70	52	47	18	52	187	117	48	90	124	47	96	67	107	38
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
212	6	13	32	43	31	35	11	42	119	87	38	61	85	26	66	45	76	23
68%	78%	69%	68%	61%	60%	75%	59%	80% dei	64%	75% i	79% d	68%	68%	56%	68%	67%	71%	59%
80	1	6	14	21	16	9	6	8	56	23	9	24	28	20	24	19	23	13
26%	12%	31%	29%	30%	30%	18%	34%	15%	30% hj	19%	18%	26%	23%	42% ac	25%	29%	21%	35%
36	1	-	3	8	6	4	7	6	18	18	2	10	15	8	11	5	14	6
12%	11%	-	7%	12%	11%	9%	41%	11%	9%	15%	5%	11%	12%	18%	12%	7%	13%	14%
99	2	6	15	27	21	12	7	11	68	30	10	29	40	21	31	22	31	16
32%	22%	31%	32%	39% h	40% h	25%	41%	20%	36% hj	25%	21%	32%	32%	44% a	32%	33%	29%	41%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	305	156	106	42
Total	311	158	108	44
	100%	100%	100%	100%
Nobody, I did this on my own	212	104	77	30
	68%	66%	71%	68%
With another adult or adults	80	40	31	9
	26%	25%	29%	20%
With a child or children	36	29	2	5
	12%	18%	2%	11%
		b		b
NET: With somebody else	99	54	31	14
	32%	34%	29%	32%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	e	f	g	h	i
Unweighted Total	432	199	231	243	150	39	26	56	35	52	33	33	112	47	38
Total	420	199	219	224	153	43	20	55	35	51	29	33	108	50	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	292	150	141	144	110	37	14	36	21	34	23	24	76	36	28
	69%	75% b	64%	65%	72%	86% a	67%	66%	60%	66%	80%	72%	71%	71%	74%
With another adult or adults	100	43	55	66	28	6	6	12	9	14	5	9	23	14	7
	24%	22%	25%	29% b	18%	14%	29%	22%	27%	28%	17%	28%	21%	27%	20%
With a child or children	36	9	27	20	16	-	1	8	5	4	1	-	12	2	3
	9%	4%	13% a	9%	10% c	-	4%	14% f	15% f	9%	3%	-	11% f	5%	7%
NET: With somebody else	128	49	78	79	43	6	7	18	14	17	6	9	32	15	10
	31%	25%	36% a	35% c	28%	14%	33%	34%	40%	34%	20%	28%	29%	29%	26%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	432	60	104	121	60	49	38	285	147	320	20	54	24	1	7	106
Total	420	64	109	121	50	43	33	294	126	312	19	53	24	1	7	104
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	292	36	80	92	34	22	27	208	84	224	13	35	12	1	5	66
	69%	56%	73% ae	77% ae	69%	51%	82% ae	71% ae	66%	72%	68%	66%	51%	100%	74%	64%
With another adult or adults	100	21	22	21	12	19	5	64	36	76	3	11	6	-	2	22
	24%	33% cf	20%	17%	25%	44% bcd fgh	14%	22%	29% c	24%	15%	21%	26%	-	26%	21%
With a child or children	36	11	7	9	5	3	1	27	9	15	3	9	8	-	1	21
	9%	17% bcfh	7%	7%	10%	6%	3%	9%	7%	5%	17%	16% a	32%	-	17%	20% a
NET: With somebody else	128	28	29	28	15	21	6	86	42	88	6	18	12	-	2	37
	31%	44% bcfg	27%	23%	31%	49% bcfg	18%	29%	34%	28%	32%	34%	49%	-	26%	36%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
Significance Level: 95%		a	b	c	d	a	*b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	432	208	100	99	199	32	19	211	53	16	12	18	37	25	9	51
Total	420	175	114	111	225	31	18	212	52	16	12	16	31	21	11	49
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	292	133	79	67	147	23	14	152	32	10	7	10	21	14	10	37
	69%	76%	69%	61%	65%	73%	76%	71%	62%	61%	63%	63%	68%	65%	88%	74%
		cd														
With another adult or adults	100	40	29	25	53	5	3	49	18	3	2	4	8	7	1	8
	24%	23%	25%	22%	24%	17%	14%	23%	34%	19%	18%	24%	26%	35%	12%	16%
								k								
With a child or children	36	2	11	21	32	3	2	14	5	3	2	2	4	1	-	5
	9%	1%	10%	19%	14%	10%	9%	7%	9%	20%	20%	13%	12%	5%	-	10%
			a	a	a											
NET: With somebody else	128	42	35	44	79	9	4	61	20	6	4	6	10	7	1	13
	31%	24%	31%	39%	35%	27%	24%	29%	38%	39%	37%	37%	32%	35%	12%	26%
			a	a	a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Significance Level: 95%																	
Unweighted Total	432	125	105	48	12	153	137	85	57	17	142	155	46	203	159	24	386
Total	420	123	107	48	12	155	135	85	58	16	143	153	42	197	158	23	378
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	292	88	74	30	9	104	97	55	37	8	92	114	35	144	98	15	257
	69%	72%	69%	63%	74%	67%	72%	65%	64%	53%	65%	74%	82% c	73% c	62%	64%	68%
With another adult or adults	100	29	27	12	3	39	32	24	14	5	38	32	7	46	43	4	93
	24%	23%	25%	25%	26%	25%	24%	28%	24%	30%	26%	21%	16%	23%	27%	19%	25%
With a child or children	36	8	7	6	1	13	9	6	7	4	13	12	1	10	21	4	35
	9%	6%	7%	12%	11%	8%	7%	7%	12%	25%	9%	8%	2%	5%	13% ab	16%	9%
NET: With somebody else	128	35	33	18	3	51	38	30	21	7	51	39	8	53	60	8	121
	31%	28%	31%	37%	26%	33%	28%	35% a	36%	47%	35% a	26%	18%	27%	38% ab	36%	32%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	432	122	254	51	43	12	315	101	5	357	75	372	54
Total	420	125	245	49	43	11	309	98	4	347	73	366	50
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	292	72	181	37	18	6	223	60	1	236	56	251	38
	69%	58%	74%	77%	41%	59%	72%	62%	17%	68%	77%	69%	77%
			a	b			b	b					
With another adult or adults	100	43	47	9	18	4	70	27	3	86	14	88	9
	24%	34%	19%	19%	41%	34%	22%	28%	83%	25%	19%	24%	18%
		b			ad								
With a child or children	36	14	20	2	8	2	23	12	-	33	3	32	4
	9%	11%	8%	5%	19%	18%	7%	13%	-	9%	4%	9%	7%
					ad								
NET: With somebody else	128	53	64	11	25	4	87	37	3	111	17	114	12
	31%	42%	26%	23%	59%	41%	28%	38%	83%	32%	23%	31%	23%
		b			ade								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	432	5	29	61	109	76	71	31	50	275	152	86	135	158	46	128	124	124	48
Total	420	4	28	57	108	73	69	31	51	266	151	84	129	156	45	122	118	127	46
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	292	3	22	38	73	50	39	23	44	183	106	62	89	112	24	88	81	91	27
	69%	82%	79%	66%	68%	69%	57%	74%	87%	69%	70%	73%	69%	72%	53%	72%	69%	72%	58%
									cdefij		f	d		d					
With another adult or adults	100	1	5	13	28	18	22	7	6	64	35	17	28	37	19	28	30	26	15
	24%	18%	18%	23%	26%	24%	32%	22%	11%	24%	23%	20%	21%	23%	41%	23%	26%	20%	32%
				h	h		h			h					abc				
With a child or children	36	-	1	9	7	6	9	3	2	22	14	6	15	10	5	8	9	11	8
	9%	-	3%	16%	6%	8%	13%	8%	5%	8%	9%	7%	11%	7%	11%	7%	8%	8%	17%
				d															a
NET: With somebody else	128	1	6	20	35	23	30	8	7	83	45	23	40	44	21	34	37	36	20
	31%	18%	21%	34%	32%	31%	43%	26%	13%	31%	30%	27%	31%	28%	47%	28%	31%	28%	42%
				h	h	h	hj			h	h				ac				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	432	237	121	72
Total	420	231	120	68
	100%	100%	100%	100%
Nobody, I did this on my own	292	153	89	49
	69%	66%	74%	72%
With another adult or adults	100	61	23	16
	24%	26%	19%	23%
With a child or children	36	23	9	3
	9%	10%	8%	5%
NET: With somebody else	128	77	31	19
	31%	34%	26%	28%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	*e	f	g	h	*i
Unweighted Total	295	94	199	141	106	48	18	40	26	33	28	31	63	38	18
Total	288	97	189	133	101	54	14	41	25	34	24	32	60	40	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	219	69	148	95	83	41	13	32	15	25	19	25	43	33	15
	76%	71%	79%	71%	82%	76%	90%	77%	61%	74%	79%	79%	72%	82%	81%
					a										
With another adult or adults	54	24	30	32	12	11	1	5	8	6	4	6	14	5	3
	19%	24%	16%	24%	11%	20%	10%	13%	35%	17%	18%	18%	24%	13%	19%
				b											
With a child or children	26	8	17	15	8	4	-	6	2	4	1	1	8	3	1
	9%	9%	9%	11%	7%	7%	-	13%	9%	13%	3%	2%	13%	8%	7%
NET: With somebody else	69	28	40	38	18	13	1	10	10	9	5	7	17	7	3
	24%	29%	21%	29%	18%	24%	10%	23%	39%	26%	21%	21%	28%	18%	19%
				b											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	295	42	59	87	40	32	35	188	107	221	11	35	17	1	5	69
Total	288	44	61	85	34	28	36	190	98	216	11	34	17	1	5	67
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	219	34	42	70	23	21	29	146	73	173	7	20	11	1	4	43
	76%	77%	70%	82%	67%	74%	82%	77%	75%	80% cg	68%	59%	66%	100%	76%	64%
With another adult or adults	54	7	17	11	10	4	5	34	20	31	3	13	5	-	1	22
	19%	16%	27%	13%	30%	16%	15%	18%	20%	14%	32%	38%	29%	-	24%	33%
			c	c	c					a		a			a	a
With a child or children	26	6	2	10	2	4	2	17	8	20	-	4	1	-	1	6
	9%	13%	3%	11%	7%	14%	7%	9%	9%	9%	-	11%	5%	-	24%	8%
NET: With somebody else	69	10	18	15	11	7	6	44	25	44	3	14	6	-	1	24
	24%	23%	30%	18%	33%	26%	18%	23%	25%	20%	32%	41% a	34%	-	24%	36% a



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status										
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Significance Level: 95%															
Unweighted Total	295	162	65	52	117	19	18	124	43	12	7	11	17	24	37
Total	288	142	73	60	133	18	16	121	44	11	6	10	14	21	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	219	111	54	42	96	13	9	91	37	8	4	9	11	17	23
	76%	78%	74%	71%	72%	75%	59%	75%	83%	74%	71%	89%	75%	80%	67%
With another adult or adults	54	27	15	13	27	4	4	23	4	3	2	-	3	4	8
	19%	19%	20%	21%	21%	25%	24%	19%	10%	26%	29%	-	19%	20%	24%
With a child or children	26	8	8	9	17	1	3	12	4	1	-	1	3	-	4
	9%	5%	11%	15%	13%	5%	17%	10%	10%	9%	-	11%	20%	-	11%
			a	a											
NET: With somebody else	69	31	19	17	37	4	7	30	7	3	2	1	4	4	11
	24%	22%	26%	29%	28%	25%	41%	25%	17%	26%	29%	11%	25%	20%	33%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Significance Level: 95%																	
Unweighted Total	295	91	55	39	8	94	109	48	30	10	78	119	34	172	76	13	261
Total	288	85	55	39	8	94	104	47	29	11	76	115	31	168	76	13	257
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	219	73	35	29	5	64	86	30	21	9	50	95	27	126	59	6	191
	76%	85% be	64%	73%	61%	68%	83% be	63%	71%	82%	66%	83% be	89%	75%	78%	47%	75%
With another adult or adults	54	9	12	10	3	22	14	12	6	2	18	16	2	37	10	6	53
	19%	11%	22%	25% a	39%	23% a	13%	25%	22%	18%	24%	14%	5%	22% a	13%	46%	20% a
With a child or children	26	5	11	2	1	13	8	7	3	1	10	9	2	11	10	3	24
	9%	5%	20% acf	6%	16%	14%	8%	14%	10%	12%	13%	8%	6%	6%	13%	25%	9%
NET: With somebody else	69	12	20	11	3	30	18	17	8	2	26	20	3	42	17	7	65
	24%	15%	36% af	27%	39%	32% af	17%	37% af	29%	18%	34% af	17%	11%	25%	22%	53%	25%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	295	68	189	49	43	8	192	91	9	248	47	243	49
Total	288	68	185	46	40	8	191	86	9	243	44	240	45
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	219	44	144	37	35	5	140	69	7	187	32	181	35
	76%	65%	78% a	80%	86%	60%	73%	80%	86%	77%	73%	75%	79%
With another adult or adults	54	20	33	6	3	3	41	13	-	46	8	46	8
	19%	29%	18%	13%	8%	40%	22% b	15%	-	19%	18%	19%	17%
With a child or children	26	9	15	5	2	2	17	8	1	22	4	22	4
	9%	13%	8%	11%	6%	29%	9%	10%	14%	9%	10%	9%	8%
NET: With somebody else	69	24	41	9	6	3	51	17	1	57	12	59	9
	24%	35% b	22%	20%	14%	40%	27%	20%	14%	23%	27%	25%	21%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
295	5	22	47	72	46	40	22	41	187	103	60	96	93	41	82	78	92	40
288	5	22	47	66	46	38	23	40	181	102	58	91	91	42	83	74	89	39
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
219	5	17	34	50	34	33	15	31	135	79	45	72	70	26	66	64	64	23
76%	100%	78%	71%	76%	75%	85%	65%	78%	75%	77%	78%	79% d	77%	61%	79% d	86% cd	72%	59%
54	-	3	10	15	8	2	7	8	37	17	9	16	15	14	13	9	18	14
19%	-	15%	22% f	23% f	18%	6%	30%	20%	20% f	17%	16%	17%	17%	32% c	16%	12%	20%	37% abc
26	-	3	5	2	6	3	2	3	17	9	5	6	9	6	7	4	10	5
9%	-	13%	11%	3%	14% d	9%	11%	8%	9%	9%	9%	6%	9%	15%	9%	5%	11%	14%
69	-	5	13	16	12	6	8	9	46	23	13	19	21	17	17	10	25	16
24%	-	22%	29%	24%	25%	15%	35%	22%	25%	23%	22%	21%	23%	39% b	21%	14%	28% b	41% ab

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

**Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	295	163	75	55
Total	288	159	73	53
	100%	100%	100%	100%
Nobody, I did this on my own	219	121	54	41
	76%	76%	74%	78%
With another adult or adults	54	29	13	12
	19%	18%	18%	22%
With a child or children	26	16	7	3
	9%	10%	9%	6%
NET: With somebody else	69	38	19	12
	24%	24%	26%	22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	*e	f	g	h	i
Unweighted Total	326	141	184	134	106	86	15	45	28	35	26	30	69	44	34
Total	329	148	180	126	102	100	12	43	28	36	23	33	66	51	36
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	269	124	144	87	85	97	7	35	24	32	18	28	48	46	30
	82%	84%	80%	69%	83%	97%	60%	81%	86%	89%	81%	84%	72%	89%	84%
					a	ab								g	
With another adult or adults	51	20	31	35	13	3	4	7	4	3	3	5	15	5	5
	16%	14%	17%	28%	13%	3%	33%	15%	14%	7%	15%	16%	23%	11%	13%
				bc	c										
With a child or children	17	7	10	13	4	-	2	3	1	1	1	-	7	-	3
	5%	5%	6%	10%	4%	-	15%	6%	4%	3%	4%	-	10%	-	7%
				c									h		
NET: With somebody else	60	24	36	39	17	3	5	8	4	4	4	5	18	5	6
	18%	16%	20%	31%	17%	3%	40%	19%	14%	11%	19%	16%	28%	11%	16%
				bc	c								h		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	326	39	73	84	37	37	56	196	130	254	10	40	12	2	4	68
Total	329	44	74	86	33	33	60	204	125	260	10	38	13	2	5	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	269	28	56	69	28	30	57	154	115	220	6	28	8	2	3	46
	82%	65%	76%	81%	84%	91%	96%	75%	92%	85%	62%	74%	64%	100%	55%	69%
					ag		abcdg		abcg	g						
With another adult or adults	51	13	15	15	4	3	1	43	8	34	3	8	3	-	2	17
	16%	31%	21%	17%	11%	9%	2%	21%	6%	13%	29%	22%	27%	-	45%	25%
		defh	fh	fh				fh							a	
With a child or children	17	5	6	3	1	1	1	14	3	10	1	3	2	-	1	7
	5%	11%	8%	4%	4%	3%	1%	7%	3%	4%	9%	7%	20%	-	27%	11%
		fh													a	
NET: With somebody else	60	15	18	17	5	3	2	50	10	39	4	10	5	-	2	20
	18%	35%	24%	19%	16%	9%	4%	25%	8%	15%	38%	26%	36%	-	45%	31%
		efh	fh	fh	f			efh								a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	i	j	k
Unweighted Total	326	197	70	46	116	15	15	127	32	13	14	24	12	30	44	30
Total	329	185	81	52	133	14	16	127	34	13	13	20	11	28	55	30
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	269	166	57	38	95	10	10	98	30	9	9	18	7	25	54	20
	82%	90%	70%	72%	71%	68%	67%	77%	88%	68%	67%	92%	61%	92%	98%	68%
		bcd												k	ck	
With another adult or adults	51	18	22	10	32	4	5	24	4	3	4	1	3	2	1	10
	16%	10%	27%	20%	24%	32%	33%	19%	12%	22%	28%	4%	26%	8%	2%	32%
			a		a			j								ij
With a child or children	17	1	6	9	15	-	1	9	1	2	1	1	1	-	-	1
	5%	1%	8%	17%	11%	-	8%	7%	4%	18%	6%	4%	14%	-	-	4%
			a	a	a											
NET: With somebody else	60	19	24	14	39	4	5	29	4	4	4	2	4	2	1	10
	18%	10%	30%	28%	29%	32%	33%	23%	12%	32%	33%	8%	39%	8%	2%	32%
			a	a	a			j								ij



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19					
Total													Lives alone	2-3	4-5	6+	NET: Lives with others
	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
326	86	61	38	9	99	95	100	47	41	8	88	108	48	197	69	12	278
329	86	62	38	9	100	95	98	48	42	9	90	107	48	199	71	12	282
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
269	71	43	30	6	72	77	77	32	35	8	67	84	46	161	56	6	223
82%	83%	69%	78%	69%	72%	82%	79%	66%	84%	85%	74%	79%	96%	81%	79%	50%	79%
	b							b					bce				
51	14	15	8	3	22	16	18	14	6	1	20	19	2	35	9	5	50
16%	16%	24%	20%	31%	22%	17%	18%	29%	14%	15%	22%	18%	4%	18%	13%	44%	18%
													a	a			a
17	6	7	1	1	8	7	7	5	2	1	7	8	-	6	9	2	17
5%	7%	11%	2%	14%	8%	8%	7%	10%	4%	15%	7%	8%	-	3%	13%	17%	6%
													ab				
60	15	19	8	3	28	17	21	16	7	1	23	22	2	38	15	6	58
18%	17%	31%	22%	31%	28%	18%	21%	34%	16%	15%	26%	21%	4%	19%	21%	50%	21%
	a							c					a	a	a		a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	326	81	193	54	54	7	212	105	9	268	58	283	42
Total	329	82	196	52	55	7	216	104	9	268	61	287	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	269	51	168	34	42	5	187	74	6	215	54	229	39
	82%	63%	86%	66%	76%	76%	87%	71%	74%	80%	89%	80%	94%
			a				ae						a
With another adult or adults	51	26	23	16	8	2	26	25	1	44	7	49	3
	16%	32%	12%	32%	14%	24%	12%	24%	12%	17%	11%	17%	6%
		b		bd			d						
With a child or children	17	9	8	2	7	-	10	8	1	17	-	17	-
	5%	11%	4%	4%	12%	-	4%	7%	14%	6%	-	6%	-
		b		d	d					b			
NET: With somebody else	60	30	28	17	13	2	29	30	2	53	7	58	3
	18%	37%	14%	34%	24%	24%	13%	29%	26%	20%	11%	20%	6%
		b		d				d				b	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	326	9	25	55	61	52	49	20	55	193	124	77	94	112	40	92	81	111	38
Total	329	10	24	55	59	53	49	24	56	191	128	75	92	116	44	94	80	114	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	269	8	24	45	46	38	40	19	49	153	108	62	76	102	28	74	69	95	28
	82%	81%	97%	82%	78%	73%	83%	80%	88%	80%	84%	83% d	82% d	88% d	64%	78%	86%	83%	75%
With another adult or adults	51	2	-	9	11	11	6	5	7	31	18	11	14	10	16	17	10	15	9
	16%	19%	-	16%	19%	21%	13%	20%	12%	16%	14%	14%	15%	9%	36% abc	19%	12%	13%	24%
With a child or children	17	-	1	2	2	5	3	2	1	10	7	3	5	4	5	4	3	5	4
	5%	-	3%	4%	3%	10%	7%	10%	2%	5%	5%	4%	6%	3%	11%	4%	4%	5%	11%
NET: With somebody else	60	2	1	10	13	14	8	5	7	38	20	13	17	14	16	20	11	19	10
	18%	19%	3%	18%	22%	27%	17%	20%	12%	20%	16%	17%	18%	12%	36% abc	22%	14%	17%	25%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	326	164	92	70
Total	329	166	97	66
	100%	100%	100%	100%
Nobody, I did this on my own	269	131	84	55
	82%	78%	87%	83%
With another adult or adults	51	31	10	11
	16%	18%	10%	16%
With a child or children	17	11	3	3
	5%	7%	3%	5%
NET: With somebody else	60	36	13	11
	18%	22%	13%	17%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	173	72	100	91	54	28	5	26	19	19	17	20	27	22	18
Total	171	72	98	85	55	31	4	26	17	18	16	21	26	24	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	55	24	31	22	13	21	1	8	4	5	7	7	8	7	9
	32%	34%	32%	25%	24%	67%	22%	32%	24%	26%	45%	32%	31%	27%	49%
With another adult or adults	65	33	31	43	18	4	2	11	9	5	3	10	12	9	5
	38%	46%	32%	51%	32%	14%	41%	44%	50%	25%	21%	45%	45%	39%	27%
				b											
With a child or children	70	26	42	31	32	7	3	11	8	9	7	7	10	8	7
	41%	37%	43%	36%	59%	23%	61%	44%	45%	49%	46%	34%	37%	34%	38%
					a										
NET: With somebody else	115	48	66	64	42	10	3	18	13	13	9	14	18	17	10
	68%	66%	68%	75%	76%	33%	78%	68%	76%	74%	55%	68%	69%	73%	51%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	173	17	38	44	32	19	23	99	74	135	6	17	14	-	1	38
Total	171	18	40	45	28	16	24	102	68	135	6	16	13	-	1	35
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nobody, I did this on my own	55	8	9	16	10	2	9	34	22	45	1	7	3	-	-	11
	32%	44%	24%	36%	37%	15%	38%	33%	32%	33%	19%	42%	24%	-	-	30%
With another adult or adults	65	8	22	17	9	6	5	46	19	50	3	8	4	-	1	15
	38%	42%	54%	37%	31%	34%	21%	45%	28%	37%	61%	49%	27%	-	100%	44%
			h					h								
With a child or children	70	6	17	16	10	10	10	39	30	57	2	4	7	-	-	13
	41%	34%	42%	37%	37%	62%	41%	38%	45%	42%	33%	26%	49%	-	-	35%
NET: With somebody else	115	10	30	28	18	14	15	69	47	91	4	9	10	-	1	25
	68%	56%	76%	64%	63%	85%	62%	67%	68%	67%	81%	58%	76%	-	100%	70%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	173	87	34	45	79	6	10	71	23	8	9	12	14	7	13	16
Total	171	77	38	50	88	6	9	73	22	7	9	11	11	7	16	15
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	55	35	9	9	18	-	3	22	8	2	2	3	2	3	10	3
	32%	46%	23%	18%	21%	-	31%	30%	35%	25%	27%	29%	20%	41%	64%	19%
		bcd														
With another adult or adults	65	30	16	18	33	1	5	33	10	5	3	3	5	-	2	5
	38%	40%	42%	35%	38%	12%	50%	45%	48%	64%	33%	25%	43%	-	11%	35%
With a child or children	70	13	20	34	54	5	2	33	5	3	3	5	6	4	4	7
	41%	18%	53%	68%	61%	88%	19%	45%	23%	38%	40%	46%	53%	59%	25%	46%
		a	a	a	a											
NET: With somebody else	115	42	29	41	70	6	6	51	14	5	6	8	9	4	6	12
	68%	54%	77%	82%	79%	100%	69%	70%	65%	75%	73%	71%	80%	59%	36%	81%
		a	a	a	a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
173	55	35	20	5	55	60	49	39	23	7	62	56	16	84	54	19	157
171	54	37	20	5	56	58	49	39	22	7	62	56	15	84	54	18	156
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
55	14	15	4	2	20	16	11	13	9	3	22	14	12	32	9	3	44
32%	27%	42%	22%	36%	35%	28%	23%	32%	41%	40%	35%	25%	80%	38%	16%	17%	28%
														c			
65	25	16	8	2	25	27	21	19	10	3	29	24	3	29	25	8	62
38%	46%	45%	41%	41%	44%	45%	44%	48%	45%	41%	47%	44%	20%	35%	47%	43%	40%
70	23	12	7	2	20	25	25	13	4	3	17	28	-	28	32	10	70
41%	43%	33%	37%	49%	35%	43%	52%	32%	19%	37%	27%	50%	-	34%	59%	54%	45%
							e				e			b			
115	39	21	15	3	37	42	37	27	13	4	40	42	3	52	45	15	112
68%	73%	58%	78%	64%	65%	72%	77%	68%	59%	60%	65%	75%	20%	62%	84%	83%	72%
														b			



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	*b
Unweighted Total	173	53	100	33	31	8	105	62	9	137	36	159	12
Total	171	53	100	31	30	8	105	61	8	135	36	158	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	55	16	27	10	10	4	36	19	4	43	12	53	3
	32%	30%	27%	31%	33%	44%	35%	31%	43%	32%	33%	33%	25%
With another adult or adults	65	20	40	12	12	5	37	26	2	52	13	58	6
	38%	38%	40%	38%	38%	56%	35%	43%	22%	39%	36%	37%	54%
With a child or children	70	22	47	13	13	1	43	24	4	57	12	67	2
	41%	43%	47%	41%	44%	16%	41%	39%	47%	43%	34%	43%	21%
NET: With somebody else	115	37	73	22	20	5	69	42	5	91	24	106	8
	68%	70%	73%	69%	67%	56%	65%	69%	57%	68%	67%	67%	75%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	*c	*d	e	f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
173	3	15	25	28	30	33	11	28	98	72	41	64	49	19	53	49	53	17
171	3	14	25	28	30	32	12	27	96	71	40	63	48	20	53	48	52	17
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
55	2	6	8	7	9	13	-	10	31	23	15	20	16	4	14	20	16	6
32%	63%	45%	34%	26%	29%	42%	-	35%	32%	32%	38%	32%	34%	19%	26%	41%	31%	34%
65	1	4	6	15	16	9	6	8	40	24	14	28	14	9	21	15	21	8
38%	37%	27%	24%	52%	52%	30%	50%	31%	41%	34%	36%	44%	28%	47%	41%	31%	40%	49%
70	1	5	13	9	10	10	11	11	36	32	14	24	21	11	20	22	19	8
41%	37%	37%	51%	31%	34%	32%	86%	42%	38%	45%	35%	38%	43%	58%	38%	46%	36%	46%
115	1	8	16	21	21	18	12	18	66	48	25	43	32	16	39	28	36	11
68%	37%	55%	66%	74%	71%	58%	100%	65%	68%	68%	62%	68%	66%	81%	74%	59%	69%	66%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	173	89	51	32
Total	171	90	49	31
	100%	100%	100%	100%
Nobody, I did this on my own	55	28	18	9
	32%	31%	37%	29%
With another adult or adults	65	35	17	13
	38%	39%	35%	43%
With a child or children	70	39	17	14
	41%	43%	35%	43%
NET: With somebody else	115	62	31	22
	68%	69%	63%	71%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	135	59	76	81	39	15	8	23	16	12	17	7	25	15	12
Total	130	59	71	74	39	17	7	24	15	11	14	7	24	17	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	22	19	24	13	4	2	8	3	4	5	-	12	4	3
	32%	37%	27%	32%	34%	24%	35%	35%	19%	36%	35%	-	48%	27%	24%
With another adult or adults	57	27	29	38	12	7	3	12	6	4	5	6	7	7	8
	43%	47%	41%	51%	30%	42%	38%	48%	40%	35%	36%	82%	30%	40%	67%
				b											
With a child or children	49	18	30	20	20	9	3	10	7	3	6	3	6	7	4
	37%	31%	43%	27%	50%	54%	41%	43%	45%	29%	42%	47%	26%	40%	30%
					a										
NET: With somebody else	89	37	52	50	26	13	4	16	12	7	9	7	13	12	9
	68%	63%	73%	68%	66%	76%	65%	65%	81%	64%	65%	100%	52%	73%	76%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	135	16	30	38	24	17	10	84	51	105	5	15	7	-	3	30
Total	130	17	31	37	21	15	9	85	45	102	5	14	6	-	3	28
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nobody, I did this on my own	41	7	8	11	8	2	5	27	14	31	2	5	2	-	2	11
	32%	41%	27%	31%	38%	11%	54%	32%	32%	30%	36%	35%	35%	-	69%	38%
With another adult or adults	57	7	16	16	6	10	3	38	18	42	3	7	3	-	1	15
	43%	39%	50%	43%	29%	64%	29%	45%	41%	41%	64%	52%	54%	-	31%	52%
With a child or children	49	5	12	15	9	7	2	31	17	42	1	5	1	-	-	7
	37%	27%	38%	41%	43%	43%	18%	37%	38%	41%	23%	37%	11%	-	-	25%
NET: With somebody else	89	10	23	25	13	14	4	58	31	72	3	9	4	-	1	17
	68%	59%	73%	69%	62%	89%	46%	68%	68%	70%	64%	65%	65%	-	31%	62%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	135	57	35	33	68	7	5	66	17	3	8	8	13	6	2	12
Total	130	47	40	36	76	6	5	66	17	3	8	7	10	5	3	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	17	13	9	22	4	2	20	4	1	-	1	4	3	3	5
	32%	37%	34%	25%	30%	56%	32%	31%	25%	28%	-	16%	35%	66%	100%	45%
With another adult or adults	57	22	14	15	29	2	1	31	9	-	5	4	5	2	-	3
	43%	46%	36%	42%	39%	33%	16%	47%	50%	-	57%	50%	44%	34%	-	26%
With a child or children	49	13	17	18	35	1	3	26	5	2	6	2	3	1	-	3
	37%	27%	44%	49%	46%	11%	52%	40%	32%	72%	71%	34%	28%	18%	-	29%
				a	a											
NET: With somebody else	89	30	26	27	53	3	4	45	13	2	8	6	7	2	-	6
	68%	63%	66%	75%	70%	44%	68%	69%	75%	72%	100%	84%	65%	34%	-	55%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																	
Unweighted Total	135	42	32	18	1	50	42	32	16	6	48	48	8	67	47	13	127
Total	130	41	33	18	1	51	41	33	16	6	49	47	8	65	46	12	123
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	10	10	4	-	14	11	9	2	3	11	14	7	20	13	2	35
	32%	24%	30%	21%	-	26%	28%	26%	15%	45%	22%	30%	89%	30%	29%	14%	28%
With another adult or adults	57	19	13	11	1	24	17	15	10	2	25	19	-	29	19	8	57
	43%	46%	40%	59%	100%	47%	41%	46%	61%	34%	51%	40%	-	45%	42%	71%	46%
With a child or children	49	18	14	7	1	21	19	12	8	3	20	21	1	24	18	6	48
	37%	46%	42%	39%	100%	41%	46%	37%	50%	42%	42%	45%	11%	37%	39%	52%	39%
NET: With somebody else	89	31	23	14	1	38	29	24	14	3	38	33	1	46	32	10	88
	68%	76%	70%	79%	100%	74%	72%	74%	85%	55%	78%	70%	11%	70%	71%	86%	72%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	135	47	79	26	25	5	81	51	5	111	24	120	15
Total	130	46	76	25	25	5	78	50	5	108	22	116	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	17	17	6	6	3	26	15	-	35	7	36	5
	32%	37%	23%	24%	23%	62%	33%	30%	-	32%	31%	31%	34%
With another adult or adults	57	21	36	17	10	2	30	25	4	45	12	49	7
	43%	46%	47%	68%	39%	38%	39%	50%	75%	41%	54%	43%	50%
With a child or children	49	12	35	5	13	-	31	17	2	44	4	44	4
	37%	26%	46%	22%	54%	-	40%	33%	47%	41%	20%	38%	30%
			a										
NET: With somebody else	89	29	58	19	19	2	52	35	5	74	15	79	9
	68%	63%	77%	76%	77%	38%	67%	70%	100%	68%	69%	69%	66%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
135	6	11	18	26	22	23	4	25	77	52	27	38	47	23	39	48	30	17
130	6	12	17	25	22	22	4	23	75	50	25	36	47	22	37	46	30	16
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
41	-	6	3	6	9	8	1	8	24	17	12	16	10	4	15	14	10	3
32%	-	50%	17%	25%	41%	38%	19%	36%	32%	35%	45%	43%	21%	20%	39%	30%	33%	19%
												c						
57	4	2	7	12	8	10	4	9	30	22	10	16	20	11	14	24	10	8
43%	69%	21%	42%	51%	39%	44%	81%	39%	41%	45%	40%	44%	43%	48%	37%	53%	35%	48%
49	4	5	9	7	7	5	2	9	28	17	7	10	22	10	12	17	12	7
37%	73%	40%	55%	28%	32%	23%	52%	39%	37%	33%	27%	28%	47%	44%	31%	37%	41%	42%
89	6	6	14	18	13	14	4	15	51	32	14	20	37	18	23	32	20	13
68%	100%	50%	83%	75%	59%	62%	81%	64%	68%	65%	55%	57%	79%	80%	61%	70%	67%	81%
													b					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	*c
Significance Level: 95%				
Unweighted Total	135	78	32	25
Total	130	76	30	25
	100%	100%	100%	100%
Nobody, I did this on my own	41	25	11	5
	32%	34%	38%	18%
With another adult or adults	57	31	12	14
	43%	41%	39%	57%
With a child or children	49	29	10	10
	37%	38%	33%	41%
NET: With somebody else	89	50	19	20
	68%	66%	62%	82%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	110	76	34	75	22	13	4	18	10	10	8	6	30	15	9
Total	109	75	33	70	23	16	3	18	10	10	7	6	29	17	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	19	13	7	15	4	-	-	3	1	-	3	-	7	2	4
	18%	17%	20%	22%	18%	-	-	19%	10%	-	40%	-	23%	13%	39%
With another adult or adults	74	54	19	42	18	14	1	13	7	8	4	6	19	12	5
	68%	72%	59%	60%	77%	89%	49%	72%	67%	76%	60%	100%	65%	70%	50%
With a child or children	22	12	10	17	3	2	2	4	3	3	1	-	4	3	2
	20%	15%	32%	24%	14%	11%	51%	22%	32%	35%	13%	-	13%	17%	25%
NET: With somebody else	89	63	27	54	19	16	3	15	9	10	4	6	22	15	6
	82%	83%	80%	78%	82%	100%	100%	81%	90%	100%	60%	100%	77%	87%	61%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	110	14	26	27	13	21	9	67	43	75	5	18	8	-	3	34
Total	109	15	28	26	11	19	10	69	39	75	5	18	7	-	3	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nobody, I did this on my own	19	3	4	6	4	2	2	12	7	12	-	6	1	-	-	7
	18%	18%	15%	21%	32%	10%	17%	18%	18%	16%	-	33%	15%	-	-	22%
With another adult or adults	74	9	19	19	7	13	8	46	28	53	5	10	3	-	2	20
	68%	58%	67%	71%	63%	68%	83%	67%	70%	71%	100%	56%	41%	-	75%	61%
With a child or children	22	5	6	3	2	6	-	14	8	13	1	4	3	-	1	9
	20%	33%	22%	12%	15%	32%	-	21%	20%	17%	22%	23%	44%	-	25%	28%
NET: With somebody else	89	13	24	21	8	17	8	57	32	63	5	12	6	-	3	26
	82%	82%	85%	79%	68%	90%	83%	82%	82%	84%	100%	67%	85%	-	100%	78%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	110	47	28	25	53	8	5	50	13	4	2	1	17	2	8	13
Total	109	41	32	28	60	8	5	50	13	4	2	1	15	2	10	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	19	5	9	3	13	1	-	11	3	-	-	-	4	2	-	1
	18%	11%	29%	12%	21%	10%	-	21%	23%	-	-	-	24%	100%	-	6%
With another adult or adults	74	34	18	17	35	7	3	36	5	1	2	1	10	-	10	10
	68%	82%	55%	62%	58%	90%	65%	71%	36%	25%	100%	100%	65%	-	100%	80%
		d														
With a child or children	22	3	10	9	19	1	2	8	5	4	-	-	2	-	-	3
	20%	7%	30%	34%	32% a	13%	35%	17%	40%	100%	-	-	11%	-	-	22%
		a														
NET: With somebody else	89	37	23	24	47	7	5	40	10	4	2	1	11	-	10	12
	82%	89%	71%	88%	79%	90%	100%	79%	77%	100%	100%	100%	76%	-	100%	94%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	*b	*c	*d	e	f	a	*b	*c	*d	*e	f	*a	b	c	*d	e
110	32	25	11	2	36	34	35	20	8	7	28	42	6	56	39	9	104
109	31	25	12	2	37	33	34	20	8	8	28	42	6	57	38	8	103
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
19	6	2	3	1	5	7	4	2	3	3	5	7	-	13	5	2	19
18%	20%	8%	28%	44%	14%	21%	12%	10%	38%	42%	18%	18%	-	23%	12%	19%	19%
74	20	18	4	1	22	22	25	12	3	3	16	28	5	39	27	4	69
68%	65%	72%	35%	56%	60%	65%	74%	62%	40%	34%	56%	67%	86%	68%	71%	44%	67%
22	6	7	5	1	13	7	9	6	2	3	7	12	1	10	9	3	21
20%	18%	29%	46%	56%	34%	20%	26%	28%	22%	41%	26%	29%	14%	17%	23%	37%	21%
89	25	23	8	1	31	26	30	18	5	4	23	34	6	44	33	6	84
82%	80%	92%	72%	56%	86%	79%	88%	90%	62%	58%	82%	82%	100%	77%	88%	81%	81%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	110	48	53	15	13	6	73	32	1	92	18	101	9
Total	109	48	52	15	13	6	72	32	1	91	18	100	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	19	14	5	1	2	1	14	3	-	19	1	17	3
	18%	30%	10%	6%	14%	13%	19%	11%	-	21%	4%	17%	34%
		b											
With another adult or adults	74	25	40	12	8	4	49	23	-	60	13	69	4
	68%	53%	77%	76%	67%	71%	67%	73%	-	66%	76%	69%	53%
		a											
With a child or children	22	9	12	6	2	1	13	9	1	19	3	21	1
	20%	19%	24%	40%	18%	16%	18%	27%	100%	20%	20%	21%	13%
NET: With somebody else	89	33	47	14	11	5	59	29	1	72	17	84	5
	82%	70%	90%	94%	86%	87%	81%	89%	100%	79%	96%	83%	66%
		a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	*b	*c	*d
Unweighted Total	110	1	6	16	28	24	17	7	11	74	35	18	33	41	18	39	25	28	17
Total	109	1	5	16	28	22	17	7	12	71	37	17	33	42	17	38	26	28	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	19	-	1	1	4	5	5	-	3	11	8	5	6	6	2	9	6	3	2
	18%	-	17%	5%	16%	23%	30%	-	25%	16%	22%	31%	18%	15%	12%	24%	22%	10%	10%
With another adult or adults	74	-	4	12	18	15	10	7	8	48	25	10	24	27	14	25	15	20	12
	68%	-	69%	77%	64%	67%	58%	100%	65%	68%	69%	57%	73%	64%	77%	66%	58%	73%	79%
With a child or children	22	1	1	4	8	3	2	1	2	16	6	3	5	8	5	5	7	5	5
	20%	100%	15%	26%	28%	14%	12%	18%	18%	22%	15%	19%	15%	20%	30%	13%	28%	17%	33%
NET: With somebody else	89	1	4	15	23	17	12	7	9	60	29	12	27	35	15	29	20	25	14
	82%	100%	83%	95%	84%	77%	70%	100%	75%	84%	78%	69%	82%	85%	88%	76%	78%	90%	90%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
Unweighted Total	a	b	*c
	110	59	36
Total	109	57	36
	100%	100%	100%
Nobody, I did this on my own	19	12	4
	18%	21%	10%
With another adult or adults	74	37	27
	68%	65%	75%
With a child or children	22	12	6
	20%	21%	18%
NET: With somebody else	89	45	32
	82%	79%	90%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%	a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i	
Unweighted Total	66	34	32	44	15	7	4	9	6	11	5	5	14	5	7
Total	67	35	31	43	16	8	3	9	5	11	4	5	15	6	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	12	9	3	7	6	-	1	2	-	1	1	-	5	-	2
	18%	25%	10%	16%	35%	-	29%	26%	-	7%	21%	-	34%	-	27%
With another adult or adults	45	24	21	29	8	8	2	5	3	8	3	5	8	6	4
	67%	68%	66%	67%	51%	100%	71%	56%	62%	67%	79%	100%	53%	100%	58%
With a child or children	19	7	12	16	3	-	-	3	2	3	1	2	5	2	1
	28%	19%	38%	37%	19%	-	-	32%	38%	27%	20%	45%	30%	34%	15%
NET: With somebody else	55	26	28	36	10	8	2	7	5	11	3	5	10	6	5
	82%	75%	90%	84%	65%	100%	71%	74%	100%	93%	79%	100%	66%	100%	73%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	66	19	17	15	4	6	5	51	15	47	1	9	7	-	-	17
Total	67	20	18	15	3	6	5	53	14	48	1	9	7	-	-	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
Nobody, I did this on my own	12	2	3	4	1	-	2	9	3	10	-	2	-	-	-	2
	18%	8%	19%	25%	31%	-	52%	17%	25%	21%	-	24%	-	-	-	13%
With another adult or adults	45	15	11	11	2	4	2	37	8	31	1	6	6	-	-	13
	67%	77%	63%	70%	48%	64%	48%	70%	55%	65%	100%	64%	90%	-	-	77%
With a child or children	19	7	6	3	1	3	-	15	4	13	-	2	2	-	-	4
	28%	34%	31%	19%	20%	51%	-	29%	26%	28%	-	27%	29%	-	-	26%
NET: With somebody else	55	18	14	12	2	6	2	44	10	38	1	7	7	-	-	14
	82%	92%	81%	75%	69%	100%	48%	83%	75%	79%	100%	76%	100%	-	-	87%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	*a	*b	*c	d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	66	25	19	15	34	2	4	27	13	5	1	1	6	5	2	6
Total	67	22	22	17	39	1	4	29	14	5	1	1	5	4	2	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	12	2	6	3	9	-	1	6	1	-	-	-	1	2	-	1
	18%	7%	27%	19%	24%	-	29%	21%	9%	-	-	-	25%	55%	-	21%
With another adult or adults	45	18	14	9	23	1	3	21	9	3	1	1	2	2	2	4
	67%	79%	63%	55%	59%	100%	71%	72%	62%	58%	100%	100%	47%	45%	100%	79%
With a child or children	19	4	7	8	15	-	1	8	5	2	-	1	1	-	-	1
	28%	18%	31%	48%	38%	-	28%	27%	38%	42%	-	100%	29%	-	-	20%
NET: With somebody else	55	21	16	13	30	1	3	23	13	5	1	1	4	2	2	4
	82%	93%	73%	81%	76%	100%	71%	79%	91%	100%	100%	100%	75%	45%	100%	79%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
66	19	14	11	2	25	21	20	20	5	2	25	22	5	35	21	5	61
67	20	14	13	2	26	22	21	21	5	3	26	24	5	35	22	5	62
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
12	2	2	4	-	6	2	2	3	1	1	5	3	1	7	4	-	11
18%	10%	13%	30%	-	21%	9%	8%	16%	26%	50%	18%	12%	15%	21%	19%	-	19%
45	14	10	8	2	18	16	15	13	4	1	17	16	4	24	13	4	40
67%	68%	73%	62%	100%	68%	71%	71%	66%	74%	50%	67%	69%	85%	69%	58%	78%	66%
19	9	4	1	1	5	10	8	6	-	1	6	9	-	9	9	1	19
28%	45%	32%	8%	55%	20%	46%	37%	29%	-	50%	24%	38%	-	26%	40%	22%	30%
55	18	12	9	2	21	21	20	17	4	1	21	21	4	28	18	5	50
82%	90%	87%	70%	100%	79%	91%	92%	84%	74%	50%	82%	88%	85%	79%	81%	100%	81%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	66	32	27	10	12	4	39	24	1	55	11	56	10
Total	67	33	27	10	11	4	40	23	1	57	9	58	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	12	7	5	2	2	-	7	4	-	12	1	10	2
	18%	21%	17%	21%	22%	-	16%	19%	-	20%	8%	17%	25%
With another adult or adults	45	21	17	7	7	4	28	16	1	36	9	39	6
	67%	63%	66%	69%	61%	100%	69%	68%	100%	63%	92%	67%	66%
With a child or children	19	11	7	2	3	2	12	6	-	18	1	18	1
	28%	34%	28%	22%	25%	54%	29%	26%	-	31%	12%	31%	9%
NET: With somebody else	55	26	22	8	9	4	34	19	1	46	9	48	7
	82%	79%	83%	79%	78%	100%	84%	81%	100%	80%	92%	83%	75%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
66	3	5	4	12	14	11	4	13	35	28	9	14	24	19	20	17	21	8
67	3	4	5	11	14	11	5	13	35	29	10	14	22	21	21	16	21	9
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
12	1	1	-	1	6	1	1	1	8	4	3	3	4	3	5	3	3	1
18%	28%	20%	-	6%	45%	9%	25%	10%	23%	12%	25%	20%	17%	15%	25%	17%	15%	13%
45	1	3	4	9	6	8	2	12	21	23	6	11	12	16	12	11	14	8
67%	26%	62%	77%	77%	43%	73%	53%	90%	61%	78%	62%	80%	53%	75%	57%	71%	66%	87%
19	1	1	1	3	3	4	2	3	8	10	3	5	6	5	7	4	6	1
28%	45%	18%	23%	28%	18%	37%	50%	26%	22%	34%	32%	33%	29%	22%	35%	26%	28%	14%
55	2	4	5	11	8	10	3	12	27	26	7	11	18	18	16	13	18	8
82%	72%	80%	100%	94%	55%	91%	75%	90%	77%	88%	75%	80%	83%	85%	75%	83%	85%	87%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
Unweighted Total	66	39	21
Total	67	40	21
	100%	100%	100%
Nobody, I did this on my own	12	10	2
	18%	26%	9%
With another adult or adults	45	27	13
	67%	67%	64%
With a child or children	19	10	7
	28%	25%	33%
NET: With somebody else	55	30	19
	82%	74%	91%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%	a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i	
Unweighted Total	88	61	27	50	18	20	6	12	6	11	9	5	22	12	5
Total	89	63	26	46	19	24	5	13	5	11	8	5	22	13	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	17	13	5	15	1	1	2	1	-	3	1	-	7	2	1
	19%	20%	18%	33%	7%	5%	31%	8%	-	27%	10%	-	33%	16%	22%
With another adult or adults	61	44	17	22	17	23	2	11	4	7	7	4	10	11	5
	69%	70%	66%	48%	87%	95%	39%	86%	69%	65%	90%	81%	46%	84%	78%
With a child or children	14	7	6	12	2	-	2	3	2	1	-	1	6	-	-
	15%	12%	24%	25%	11%	-	30%	22%	31%	8%	-	19%	26%	-	-
NET: With somebody else	72	51	21	31	18	23	4	12	5	8	7	5	15	11	5
	81%	80%	82%	67%	93%	95%	69%	92%	100%	73%	90%	100%	67%	84%	78%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	88	22	21	17	9	5	14	60	28	72	3	6	5	-	-	14
Total	89	23	23	17	7	4	16	62	27	74	3	6	5	-	-	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
Nobody, I did this on my own	17	4	7	3	1	2	1	14	3	13	2	-	2	-	-	4
	19%	17%	32%	16%	13%	42%	6%	23%	12%	17%	62%	-	40%	-	-	27%
With another adult or adults	61	13	14	11	5	2	15	39	22	54	1	4	1	-	-	6
	69%	60%	63%	68%	68%	58%	94%	63%	82%	73%	38%	70%	26%	-	-	47%
With a child or children	14	9	1	3	1	-	-	12	1	8	-	3	2	-	-	5
	15%	38%	5%	15%	19%	-	-	20%	5%	11%	-	52%	34%	-	-	35%
NET: With somebody else	72	19	16	14	6	2	15	48	23	61	1	6	3	-	-	10
	81%	83%	68%	84%	87%	58%	94%	77%	88%	83%	38%	100%	60%	-	-	73%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	88	49	17	15	32	4	3	46	10	4	1	3	3	1	13	7
Total	89	47	19	17	37	3	2	46	10	4	1	3	2	1	16	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	17	6	7	3	10	-	-	12	4	1	1	-	-	-	-	-
	19%	13%	38%	15%	27%	-	-	25%	36%	32%	100%	-	-	-	-	-
With another adult or adults	61	35	11	13	24	2	2	29	7	2	-	3	1	1	16	3
	69%	76%	56%	73%	64%	50%	65%	63%	64%	46%	-	100%	38%	100%	100%	56%
With a child or children	14	5	2	3	6	2	1	9	-	1	-	-	1	-	-	2
	15%	12%	12%	19%	16%	50%	35%	19%	-	22%	-	-	62%	-	-	44%
NET: With somebody else	72	41	12	15	27	3	2	35	7	3	-	3	2	1	16	6
	81%	87%	62%	85%	73%	100%	100%	75%	64%	68%	-	100%	100%	100%	100%	100%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	f	*a	*b	*c	*d	e	*f	*a	b	*c	*d	e
88	28	12	14	7	26	35	26	19	14	3	33	29	15	51	18	4	73
89	29	12	13	7	25	36	27	19	13	3	32	31	15	51	19	4	74
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
17	6	1	5	3	7	9	4	4	7	2	10	6	2	11	3	1	16
19%	21%	13%	38%	38%	26%	24%	14%	20%	50%	62%	33%	20%	12%	23%	18%	19%	21%
61	19	8	8	4	15	24	23	9	6	1	15	24	13	34	12	2	49
69%	65%	65%	57%	62%	61%	65%	82%	46%	50%	38%	47%	77%	83%	67%	64%	59%	66%
14	5	3	2	1	4	7	2	6	1	1	7	3	1	7	5	1	13
15%	18%	22%	11%	18%	16%	18%	8%	34%	7%	38%	23%	11%	5%	14%	25%	22%	18%
72	23	10	8	4	19	28	23	15	6	1	21	25	14	39	16	3	58
81%	79%	87%	62%	62%	74%	76%	86%	80%	50%	38%	67%	80%	88%	77%	82%	81%	79%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	88	42	11	11	7	60	26	1	64	24	70	18
Total	89	43	10	11	6	62	26	1	65	24	72	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	17	7	1	2	1	15	2	1	13	4	16	2
	19%	16%	8%	15%	12%	24%	7%	100%	21%	17%	22%	10%
With another adult or adults	61	33	7	6	6	43	18	-	43	18	50	11
	69%	76%	70%	51%	88%	69%	70%	-	66%	77%	70%	65%
With a child or children	14	5	2	4	1	5	7	-	11	2	8	5
	15%	11%	22%	34%	20%	9%	29%	-	17%	10%	12%	31%
NET: With somebody else	72	36	9	10	6	47	24	-	52	20	56	15
	81%	84%	92%	85%	88%	76%	93%	-	79%	83%	78%	90%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	a	*b	c	*d
Unweighted Total	88	-	5	15	16	19	11	6	16	55	33	15	21	36	15	33	17	32	5
Total	89	-	5	13	15	21	12	7	17	54	35	15	20	36	17	34	16	33	6
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	17	-	-	3	6	3	1	1	3	12	5	4	6	3	3	7	3	7	-
	19%	-	-	23%	41%	15%	7%	20%	17%	23%	14%	26%	30%	8%	20%	19%	22%	23%	-
With another adult or adults	61	-	3	9	7	15	11	4	13	33	28	10	14	26	11	26	10	22	3
	69%	-	58%	66%	44%	75%	93%	68%	74%	62%	79%	69%	70%	73%	63%	76%	64%	66%	50%
With a child or children	14	-	2	1	2	2	1	2	3	8	6	1	2	7	4	3	2	4	4
	15%	-	42%	11%	15%	10%	7%	32%	17%	15%	16%	5%	11%	18%	24%	9%	14%	14%	73%
NET: With somebody else	72	-	5	10	9	17	11	5	14	41	30	11	14	33	14	28	12	25	6
	81%	-	100%	77%	59%	85%	93%	80%	83%	77%	86%	74%	70%	92%	80%	81%	78%	77%	100%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%	a	*b	*c
Unweighted Total	88	43	29
Total	89	45	29
	100%	100%	100%
Nobody, I did this on my own	17	8	5
	19%	17%	16%
With another adult or adults	61	31	22
	69%	69%	76%
With a child or children	14	9	3
	15%	20%	11%
NET: With somebody else	72	38	24
	81%	83%	84%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	*c	d	*e	*f	g	*h	*i
Unweighted Total	259	124	134	166	71	22	13	40	23	34	15	16	66	26	26
Total	247	119	127	152	71	24	10	39	21	34	13	17	63	27	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	143	77	67	84	42	17	6	22	11	20	7	11	32	20	14
	58%	64%	53%	55%	60%	70%	56%	56%	54%	58%	58%	68%	51%	75%	57%
With another adult or adults	90	40	50	58	25	6	4	16	8	10	5	5	25	7	9
	36%	34%	39%	39%	36%	26%	37%	42%	40%	29%	42%	32%	41%	25%	39%
With a child or children	18	3	13	11	5	2	1	2	1	4	-	2	5	-	1
	7%	3%	10%	7%	6%	8%	14%	5%	6%	13%	-	13%	8%	-	4%
		a													
NET: With somebody else	103	42	60	68	29	7	5	17	9	14	5	5	31	7	10
	42%	36%	47%	45%	40%	30%	44%	44%	46%	42%	42%	32%	49%	25%	43%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	259	45	63	64	36	26	25	172	87	186	11	38	15	1	2	67
Total	247	48	65	61	29	21	22	174	73	178	11	35	14	1	2	64
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	143	29	33	37	17	12	16	99	44	102	8	19	10	1	1	38
	58%	61%	51%	60%	56%	56%	73%	57%	61%	57%	67%	55%	67%	100%	40%	60%
With another adult or adults	90	15	27	23	11	8	6	65	25	66	4	15	4	-	1	23
	36%	31%	42%	37%	37%	39%	27%	37%	34%	37%	33%	42%	25%	-	60%	37%
With a child or children	18	6	5	2	3	1	1	13	5	12	-	3	1	-	-	4
	7%	14%	7%	3%	9%	5%	4%	7%	6%	7%	-	9%	9%	-	-	7%
		c														
NET: With somebody else	103	19	32	25	13	9	6	75	28	76	4	16	5	-	1	26
	42%	39%	49%	40%	44%	44%	27%	43%	39%	43%	33%	45%	33%	-	60%	40%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
Significance Level: 95%	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k	
Unweighted Total	259	132	58	51	109	19	12	125	38	12	4	5	24	12	8	31
Total	247	111	64	58	122	18	11	123	36	11	3	5	21	10	9	29
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	143	71	33	33	67	11	5	72	18	7	1	3	13	7	7	16
	58%	64%	52%	57%	55%	59%	46%	59%	50%	63%	49%	60%	62%	63%	81%	54%
With another adult or adults	90	39	26	18	45	5	5	45	17	2	1	2	7	4	2	9
	36%	35%	41%	32%	36%	26%	43%	37%	48%	19%	51%	40%	35%	37%	19%	32%
With a child or children	18	2	7	7	14	4	1	9	1	2	-	-	1	-	-	5
	7%	2%	11%	11%	11%	21%	11%	7%	3%	18%	-	-	4%	-	-	17%
		a	a	a	a											d
NET: With somebody else	103	40	31	25	56	7	6	51	18	4	1	2	8	4	2	13
	42%	36%	48%	43%	45%	41%	54%	41%	50%	37%	51%	40%	38%	37%	19%	46%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19					
Total													Lives alone	2-3	4-5	6+	NET: Lives with others
	a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
259	78	71	25	9	96	87	78	69	27	11	96	89	29	131	81	18	230
247	75	68	24	9	92	83	76	68	25	10	92	86	26	122	82	17	221
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
143	38	42	13	6	56	43	50	29	16	6	46	56	17	76	43	7	126
58%	50%	62%	55%	65%	60%	52%	66% be	44%	66%	62%	50%	65% be	67%	62%	52%	44%	57%
90	33	24	9	2	32	35	25	32	6	3	39	28	8	43	33	5	81
36%	44%	35%	36%	23%	35%	42%	33%	48%	25%	28%	42%	32%	33%	35%	41%	30%	37%
18	5	2	2	2	5	7	3	6	2	2	8	5	-	5	7	5	18
7%	7%	4%	9%	27%	5%	9%	4%	9%	9%	23%	9%	6%	-	4%	9%	30%	8%
103	37	26	11	3	37	40	26	38	8	4	46	30	8	46	39	9	95
42%	50%	38%	45%	35%	40%	48%	34%	56% af	34%	38%	50% af	35%	33%	38%	48%	56%	43%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	259	140	38	30	5	180	70	3	227	32	220	33
Total	247	130	35	29	5	173	66	3	217	30	212	30
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	143	77	21	14	3	101	36	1	130	13	124	16
	58%	59%	60%	46%	56%	58%	55%	33%	60%	45%	58%	55%
With another adult or adults	90	51	10	15	2	64	25	2	76	14	76	13
	36%	39%	29%	50%	44%	37%	38%	67%	35%	48%	36%	45%
With a child or children	18	7	4	1	-	13	5	-	15	3	17	-
	7%	5%	11%	4%	-	7%	7%	-	7%	10%	8%	-
NET: With somebody else	103	54	14	16	2	72	30	2	87	16	88	13
	42%	41%	40%	54%	44%	42%	45%	67%	40%	55%	42%	45%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	*d
259	3	11	36	59	47	50	14	39	153	103	45	84	91	35	95	70	66	25
247	2	10	34	55	44	49	14	37	144	100	43	76	89	36	89	65	66	24
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
143	1	7	15	34	23	26	8	29	79	63	25	50	45	21	54	40	36	11
58%	67%	69%	43%	62%	52%	53%	55%	78% cefi	55%	63% c	59%	66% c	51%	59%	61%	61%	55%	47%
90	1	2	15	19	19	21	6	6	56	34	15	21	38	14	31	21	24	13
36%	33%	23%	45% h	35%	43% h	42% h	45%	17%	39% h	33%	36%	28%	43% b	38%	34%	33%	37%	53%
18	-	1	4	2	2	2	1	5	10	8	2	5	8	3	7	4	5	2
7%	-	8%	13%	4%	5%	5%	9%	12%	7%	8%	5%	6%	9%	9%	7%	6%	8%	8%
103	1	3	20	21	21	23	6	8	65	37	17	26	44	15	35	25	29	13
42%	33%	31%	57% hj	38%	48% h	47% h	45%	22%	45% h	37%	41%	34%	49% b	41%	39%	39%	45%	53%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	259	142	77	37
Total	247	137	72	35
	100%	100%	100%	100%
Nobody, I did this on my own	143	85	36	21
	58%	62%	50%	60%
With another adult or adults	90	46	30	14
	36%	33%	42%	40%
With a child or children	18	8	7	1
	7%	6%	10%	3%
NET: With somebody else	103	52	36	14
	42%	38%	50%	40%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	156	62	93	80	48	28	13	23	16	15	18	9	30	16	16
Total	152	62	89	72	47	32	10	24	16	14	16	9	30	16	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	90	39	51	40	25	24	6	15	10	6	10	7	16	9	11
	59%	64%	57%	56%	54%	74%	57%	62%	66%	42%	61%	82%	52%	56%	69%
With another adult or adults	45	16	27	25	12	8	3	5	4	6	6	2	11	5	4
	30%	27%	31%	34%	25%	26%	26%	19%	26%	44%	34%	18%	38%	29%	24%
With a child or children	27	9	17	13	13	-	2	6	2	2	2	-	8	3	1
	18%	14%	19%	18%	28%	-	17%	25%	15%	14%	15%	-	26%	20%	7%
NET: With somebody else	62	22	39	32	22	8	5	9	5	8	6	2	15	7	5
	41%	36%	43%	44%	46%	26%	43%	38%	34%	58%	39%	18%	48%	44%	31%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	156	19	33	44	23	12	25	96	60	127	4	14	5	1	2	26
Total	152	21	35	43	18	10	24	100	52	127	3	12	5	1	2	23
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	90	11	18	27	14	5	15	56	34	77	3	4	4	-	1	12
	59%	53%	50%	62%	74%	53%	65%	56%	66%	61%	100%	32%	77%	-	40%	51%
With another adult or adults	45	7	13	12	5	2	6	32	13	34	-	8	1	-	1	11
	30%	31%	38%	28%	26%	18%	26%	32%	25%	27%	-	68%	23%	-	60%	46%
With a child or children	27	6	8	6	2	3	2	20	7	23	-	1	-	1	1	3
	18%	27%	22%	15%	10%	29%	8%	20%	13%	18%	-	11%	-	100%	60%	14%
NET: With somebody else	62	10	18	17	5	5	8	44	18	50	-	8	1	1	1	11
	41%	47%	50%	38%	26%	47%	35%	44%	34%	39%	-	68%	23%	100%	60%	49%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	156	83	33	29	62	8	8	68	15	10	8	8	11	7	13	16
Total	152	72	38	33	71	7	8	70	15	9	7	7	9	6	15	15
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	90	47	28	10	38	4	4	41	8	5	4	3	6	6	10	7
	59%	65%	74%	31%	54%	56%	48%	58%	51%	58%	66%	44%	65%	100%	65%	51%
With another adult or adults	45	24	7	10	17	2	3	20	4	4	1	3	2	-	5	5
	30%	34%	18%	32%	24%	26%	38%	29%	26%	42%	22%	41%	27%	-	35%	32%
With a child or children	27	2	7	17	24	2	2	15	3	1	1	1	2	-	-	4
	18%	3%	17%	52%	33%	29%	31%	21%	22%	11%	12%	15%	17%	-	-	30%
		a		a												
NET: With somebody else	62	25	10	23	33	3	4	29	7	4	2	4	3	-	5	7
	41%	35%	26%	69%	46%	44%	52%	42%	49%	42%	34%	56%	35%	-	35%	49%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																	
Unweighted Total	156	42	28	20	10	48	50	25	24	5	49	55	18	85	44	9	138
Total	152	41	30	19	9	49	50	26	22	5	49	55	16	83	44	9	136
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	90	24	18	12	4	30	35	13	9	3	22	38	12	53	19	5	78
	59%	57%	59%	64%	39%	61%	71%	49%	40%	56%	45%	70%	77%	65%	43%	58%	57%
							e					e		c			
With another adult or adults	45	14	7	5	5	12	11	9	9	2	18	13	4	23	15	3	41
	30%	34%	22%	27%	51%	24%	22%	33%	41%	44%	37%	24%	23%	28%	34%	30%	30%
With a child or children	27	7	7	3	2	9	6	7	5	1	12	7	-	9	15	2	27
	18%	18%	22%	14%	24%	19%	11%	27%	23%	27%	25%	13%	-	11%	35%	24%	20%
														be			
NET: With somebody else	62	18	12	7	5	19	14	13	13	2	27	17	4	29	25	4	58
	41%	43%	41%	36%	61%	39%	29%	51%	60%	44%	55%	30%	23%	35%	57%	42%	43%
											af			b			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	*b
Unweighted Total	156	56	76	32	34	4	88	60	10	124	32	136	16
Total	152	55	76	29	33	3	89	56	10	123	29	133	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	90	26	48	17	16	2	58	29	6	71	19	81	7
	59%	48%	63%	59%	48%	48%	65%	51%	62%	58%	65%	61%	46%
With another adult or adults	45	18	23	10	13	2	22	22	3	38	7	40	5
	30%	32%	31%	33%	39%	52%	25%	39%	27%	31%	24%	30%	32%
With a child or children	27	15	10	4	7	-	14	9	2	24	3	22	4
	18%	27%	13%	14%	22%	-	16%	17%	22%	19%	11%	16%	22%
		b											
NET: With somebody else	62	29	28	12	17	2	31	27	4	52	10	52	8
	41%	52%	37%	41%	52%	52%	35%	49%	38%	42%	35%	39%	54%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	156	6	10	31	37	23	22	9	18	101	49	30	44	48	29	49	33	44	26
Total	152	5	9	31	36	22	21	9	18	99	48	27	43	47	30	52	29	43	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	90	5	8	15	24	10	10	5	14	57	29	17	26	29	14	31	16	28	12
	59%	100%	90%	47%	65%	47%	47%	56%	75%	57%	59%	63%	62%	62%	48%	60%	57%	64%	47%
With another adult or adults	45	-	1	7	10	8	10	4	4	26	19	8	10	14	12	16	5	14	10
	30%	-	10%	24%	27%	37%	48%	44%	25%	26%	39%	30%	23%	30%	40%	31%	19%	31%	40%
With a child or children	27	-	-	12	3	6	2	2	1	21	6	4	9	6	7	8	8	5	6
	18%	-	-	39% dij	9%	25%	11%	25%	7%	21%	12%	15%	20%	14%	23%	15%	28%	12%	23%
NET: With somebody else	62	-	1	17	13	12	11	4	4	42	20	10	16	18	16	21	13	16	13
	41%	-	10%	53%	35%	53%	53%	44%	25%	43%	41%	37%	38%	38%	52%	40%	43%	36%	53%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	*c
Significance Level: 95%				
Unweighted Total	156	76	54	22
Total	152	73	53	23
	100%	100%	100%	100%
Nobody, I did this on my own	90	41	37	9
	59%	57%	70%	39%
With another adult or adults	45	24	12	9
	30%	33%	23%	37%
With a child or children	27	13	7	7
	18%	18%	12%	29%
NET: With somebody else	62	32	16	14
	41%	43%	30%	61%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	62	35	27	47	14	1	2	10	2	3	6	3	18	10	8
Total	58	34	25	43	14	1	2	10	2	3	5	2	18	10	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28	16	12	22	5	1	-	4	1	-	2	2	9	7	4
	47%	47%	48%	50%	37%	100%	-	34%	56%	-	35%	69%	50%	72%	55%
With another adult or adults	24	13	12	16	8	-	2	4	1	3	2	1	7	3	2
	42%	38%	47%	38%	55%	-	100%	41%	44%	100%	51%	31%	37%	28%	32%
With a child or children	9	6	2	7	2	-	-	3	-	-	1	-	4	-	1
	15%	19%	9%	15%	14%	-	-	34%	-	-	14%	-	20%	-	13%
NET: With somebody else	31	18	13	22	9	-	2	7	1	3	3	1	9	3	3
	53%	53%	52%	50%	63%	-	100%	66%	44%	100%	65%	31%	50%	28%	45%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	62	14	11	19	11	4	3	44	18	42	2	9	5	1	1	18
Total	58	14	11	18	10	3	2	43	15	39	2	8	5	1	1	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28	3	6	10	6	1	2	19	9	19	-	4	2	1	1	8
	47%	20%	57%	55%	65%	23%	71%	44%	57%	48%	-	52%	38%	100%	100%	45%
With another adult or adults	24	8	3	8	3	2	1	19	6	16	1	3	3	-	-	7
	42%	56%	23%	45%	28%	77%	29%	43%	38%	41%	54%	32%	62%	-	-	41%
With a child or children	9	6	2	-	1	-	-	8	1	5	1	1	-	-	-	2
	15%	39%	21%	-	7%	-	-	18%	5%	14%	46%	15%	-	-	-	13%
NET: With somebody else	31	11	5	8	3	2	1	24	6	20	2	4	3	-	-	10
	53%	80%	43%	45%	35%	77%	29%	56%	43%	52%	100%	48%	62%	-	-	55%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household					Current employment status										
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	*d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	62	29	15	11	26	7	3	31	7	5	1	1	4	2	1	10
Total	58	23	17	13	30	7	3	31	7	5	1	1	3	2	1	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28 47%	15 67%	7 39%	5 38%	12 39%	3 43%	2 67%	12 38%	3 47%	3 59%	1 100%	1 100%	2 76%	1 58%	1 100%	5 50%
With another adult or adults	24 42%	6 26%	7 38%	7 54%	13 45%	3 46%	1 33%	14 44%	4 53%	2 41%	- -	- -	1 24%	1 42%	- -	4 43%
With a child or children	9 15%	2 7%	4 22%	2 18%	6 21%	1 10%	- -	8 25%	- -	- -	- -	- -	- -	- -	- -	1 8%
NET: With somebody else	31 53%	8 33%	10 61%	8 62%	18 61%	4 57%	1 33%	19 62%	4 53%	2 41%	- -	- -	1 24%	1 42%	- -	5 50%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
Significance Level: 95%																	
Unweighted Total	62	19	16	8	3	24	22	14	8	3	22	25	7	32	20	3	55
Total	58	18	16	8	3	23	21	14	7	3	21	24	6	31	19	3	53
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28	10	5	5	-	10	11	5	2	2	7	13	4	15	6	2	24
	47%	57%	31%	66%	-	42%	52%	36%	28%	61%	33%	54%	69%	50%	34%	68%	45%
With another adult or adults	24	8	7	3	1	10	9	5	5	-	11	9	1	12	11	1	23
	42%	43%	47%	34%	26%	43%	43%	39%	72%	-	50%	37%	16%	38%	57%	32%	44%
With a child or children	9	1	4	1	2	4	2	4	1	1	4	3	1	5	3	-	8
	15%	7%	23%	11%	74%	19%	10%	25%	12%	39%	21%	14%	15%	15%	16%	-	15%
NET: With somebody else	31	8	11	3	3	14	10	9	5	1	14	11	2	16	13	1	29
	53%	43%	69%	34%	100%	58%	48%	64%	72%	39%	67%	46%	31%	50%	66%	32%	55%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	*b	*a	*b	*c	*d	e	*f	a	*b	a	*b
Unweighted Total	62	33	20	13	16	4	29	30	3	50	12	50	11
Total	58	33	18	12	15	4	29	28	3	49	10	48	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28	16	6	5	8	-	16	11	2	25	2	23	4
	47%	50%	36%	44%	51%	-	55%	40%	60%	52%	24%	47%	48%
With another adult or adults	24	12	10	4	5	4	10	12	-	17	7	19	5
	42%	37%	57%	35%	30%	100%	36%	45%	-	35%	76%	40%	52%
With a child or children	9	6	1	3	3	1	2	5	1	8	1	8	1
	15%	17%	7%	21%	19%	35%	8%	20%	40%	16%	9%	16%	9%
NET: With somebody else	31	16	12	7	7	4	13	16	1	24	7	26	5
	53%	50%	64%	56%	49%	100%	45%	60%	40%	48%	76%	53%	52%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
62	2	4	6	14	14	9	4	9	38	22	9	18	19	15	23	11	16	11
58	2	4	5	12	15	8	4	9	36	21	8	17	17	15	21	10	16	11
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
28	1	3	5	5	8	3	-	5	20	7	4	8	9	6	10	6	6	5
47%	51%	70%	87%	39%	53%	32%	-	53%	55%	34%	47%	47%	51%	41%	48%	64%	37%	50%
24	1	1	-	8	5	4	2	4	13	10	3	8	6	7	10	4	8	2
42%	49%	30%	-	61%	31%	57%	40%	47%	37%	49%	40%	48%	34%	46%	48%	36%	51%	17%
9	-	-	1	-	2	2	3	1	3	6	1	3	3	2	2	-	3	3
15%	-	-	13%	-	15%	22%	60%	14%	8%	27%	13%	18%	15%	13%	11%	-	18%	32%
31	1	1	1	8	7	5	4	4	16	14	4	9	8	9	11	4	10	5
53%	49%	30%	13%	61%	47%	68%	100%	47%	45%	66%	53%	53%	49%	59%	52%	36%	63%	50%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
Unweighted Total	a	*b	*c
Total	62	38	13
	58	37	11
	100%	100%	100%
Nobody, I did this on my own	28	18	3
	47%	49%	30%
With another adult or adults	24	14	7
	42%	38%	64%
With a child or children	9	6	2
	15%	16%	14%
NET: With somebody else	31	19	8
	53%	51%	70%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	46	25	21	35	11	-	4	8	-	1	8	3	14	4	4
Total	42	22	20	31	11	-	3	8	-	1	6	2	14	3	4
	100%	100%	100%	100%	100%	-	100%	100%	-	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	14	6	8	13	1	-	1	2	-	1	1	1	3	2	3
	33%	28%	39%	42%	7%	-	45%	27%	-	100%	17%	31%	20%	51%	71%
With another adult or adults	20	12	8	15	5	-	1	6	-	-	4	2	5	1	1
	47%	53%	40%	49%	41%	-	25%	73%	-	-	69%	69%	38%	25%	29%
With a child or children	11	6	5	5	6	-	1	1	-	-	1	-	7	1	-
	26%	25%	27%	17%	51%	-	30%	17%	-	-	13%	-	51%	25%	-
NET: With somebody else	28	16	12	18	10	-	2	6	-	-	5	2	11	2	1
	67%	72%	61%	58%	93%	-	55%	73%	-	-	83%	69%	80%	49%	29%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	46	11	13	8	9	4	1	32	14	31	-	10	2	1	1	14
Total	42	11	14	7	6	3	1	32	10	29	-	9	2	1	1	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%
Nobody, I did this on my own	14	2	5	3	1	1	1	11	4	12	-	1	-	1	1	2
	33%	18%	39%	42%	21%	52%	100%	33%	36%	41%	-	9%	-	100%	100%	18%
With another adult or adults	20	6	6	2	4	1	-	14	6	10	-	7	2	-	-	9
	47%	54%	43%	30%	66%	48%	-	44%	56%	34%	-	79%	100%	-	-	74%
With a child or children	11	6	2	2	1	-	-	10	1	7	-	2	1	-	-	4
	26%	50%	17%	28%	13%	-	-	31%	9%	25%	-	26%	62%	-	-	29%
NET: With somebody else	28	9	8	4	5	1	-	22	6	17	-	8	2	-	-	10
	67%	82%	61%	58%	79%	48%	-	67%	64%	59%	-	91%	100%	-	-	82%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	46	24	9	9	18	3	4	21	6	2	2	2	3	1	2	7
Total	42	18	11	10	21	3	4	20	7	2	1	2	2	1	2	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	14	7	5	2	7	1	1	7	2	1	1	1	-	-	1	2
	33%	38%	44%	23%	34%	48%	22%	34%	35%	37%	50%	49%	-	-	44%	33%
With another adult or adults	20	10	4	3	6	1	1	10	2	1	1	-	2	1	1	2
	47%	57%	35%	25%	30%	52%	21%	50%	31%	63%	50%	-	100%	100%	56%	35%
With a child or children	11	1	5	5	10	-	2	5	4	-	-	1	-	-	-	2
	26%	5%	44%	52%	48%	-	56%	23%	54%	-	-	51%	-	-	-	32%
NET: With somebody else	28	11	6	8	14	1	3	13	4	1	1	1	2	1	1	4
	67%	62%	56%	77%	66%	52%	78%	66%	65%	63%	50%	51%	100%	100%	56%	67%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
46	14	10	9	2	19	16	11	17	5	2	22	13	4	20	18	4	42
42	14	9	8	2	17	16	11	16	4	3	20	13	4	19	17	3	39
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
14	6	2	2	1	4	7	5	5	1	1	6	6	3	6	3	2	11
33%	44%	24%	27%	36%	25%	43%	42%	28%	24%	50%	27%	43%	78%	34%	19%	54%	29%
20	6	4	4	1	8	7	5	6	3	1	9	6	1	9	8	1	19
47%	39%	44%	46%	64%	45%	43%	42%	36%	76%	50%	44%	44%	22%	49%	50%	46%	49%
11	4	3	2	1	5	5	3	6	-	1	6	4	-	6	5	-	11
26%	26%	32%	27%	64%	30%	30%	28%	36%	-	50%	29%	32%	-	31%	31%	-	28%
28	8	7	6	1	13	9	6	12	3	1	15	8	1	12	14	1	27
67%	56%	76%	73%	64%	75%	57%	58%	72%	76%	50%	73%	57%	22%	66%	81%	46%	71%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	*e	*f	a	*b	a	*b
Unweighted Total	46	26	15	9	12	5	22	22	3	33	13	39	7
Total	42	25	13	8	11	4	20	21	3	32	11	36	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	14	8	3	2	2	1	10	4	1	10	4	13	1
	33%	31%	26%	20%	18%	28%	50%	21%	24%	31%	39%	35%	24%
With another adult or adults	20	11	7	4	4	2	9	10	1	13	7	17	3
	47%	43%	57%	51%	38%	54%	45%	49%	30%	42%	61%	45%	55%
With a child or children	11	8	3	2	5	1	4	6	1	11	-	10	1
	26%	30%	26%	29%	45%	18%	18%	30%	46%	35%	-	27%	21%
NET: With somebody else	28	17	9	7	9	3	10	16	2	22	7	24	5
	67%	69%	74%	80%	82%	72%	50%	79%	76%	69%	61%	65%	76%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries				
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%	*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d	
Unweighted Total	46	-	3	7	10	10	9	4	3	30	16	15	9	13	9	13	9	16	8
Total	42	-	3	6	7	10	9	5	3	26	16	14	7	12	9	12	8	14	8
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	14	-	2	2	1	3	5	-	-	9	5	7	3	3	1	5	2	7	1
	33%	-	62%	42%	20%	32%	58%	-	-	35%	31%	47%	41%	26%	15%	37%	26%	49%	8%
With another adult or adults	20	-	1	2	6	2	4	3	3	11	9	5	4	6	5	7	4	4	5
	47%	-	38%	40%	80%	15%	42%	56%	100%	41%	56%	33%	59%	48%	58%	53%	48%	30%	64%
With a child or children	11	-	-	1	-	5	-	3	1	6	5	3	-	3	5	3	2	3	4
	26%	-	-	19%	-	53%	-	72%	46%	24%	29%	20%	-	26%	55%	20%	25%	21%	44%
NET: With somebody else	28	-	1	3	6	7	4	5	3	17	11	8	4	9	8	8	6	7	8
	67%	-	38%	58%	80%	68%	42%	100%	100%	65%	69%	53%	59%	74%	85%	63%	74%	51%	92%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		*a	*b	*c
Unweighted Total	46	28	10	8
Total	42	28	8	6
	100%	100%	100%	100%
Nobody, I did this on my own	14	8	3	3
	33%	30%	37%	41%
With another adult or adults	20	12	5	3
	47%	42%	63%	47%
With a child or children	11	10	-	1
	26%	37%	-	13%
NET: With somebody else	28	19	5	4
	67%	70%	63%	59%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	60	27	33	43	17	-	1	12	4	6	4	1	22	7	3
Total	60	26	33	42	17	-	1	13	4	6	3	1	22	7	3
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28	13	15	21	7	-	1	6	1	2	2	-	11	3	2
	47%	48%	46%	49%	40%	-	100%	49%	26%	38%	46%	-	50%	42%	69%
With another adult or adults	27	12	14	18	9	-	-	7	2	4	-	1	10	3	1
	45%	46%	44%	41%	53%	-	-	51%	46%	62%	-	100%	45%	45%	31%
With a child or children	11	5	5	8	2	-	-	2	1	-	2	-	4	1	-
	18%	19%	16%	20%	13%	-	-	18%	28%	-	54%	-	20%	12%	-
NET: With somebody else	32	14	18	21	10	-	-	7	3	4	2	1	11	4	1
	53%	52%	54%	51%	60%	-	-	51%	74%	62%	54%	100%	50%	58%	31%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	60	11	16	14	10	7	2	41	19	38	3	8	5	1	1	18
Total	60	12	16	14	9	6	2	43	17	38	3	8	6	1	1	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	28	6	7	7	5	3	-	20	8	20	2	2	2	1	-	7
	47%	45%	43%	52%	51%	57%	-	47%	47%	51%	71%	28%	44%	100%	-	42%
With another adult or adults	27	6	7	6	4	2	2	19	8	15	1	6	2	-	1	9
	45%	47%	44%	40%	42%	43%	100%	43%	48%	39%	29%	72%	36%	-	100%	52%
With a child or children	11	5	2	1	2	-	-	8	2	7	-	1	2	-	-	4
	18%	40%	13%	8%	26%	-	-	19%	14%	18%	-	17%	42%	-	-	21%
NET: With somebody else	32	7	9	7	5	2	2	23	9	19	1	6	3	-	1	10
	53%	55%	57%	48%	49%	43%	100%	53%	53%	49%	29%	72%	56%	-	100%	58%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	60	20	21	13	34	2	3	34	11	-	3	-	6	1	-	5
Total	60	16	24	15	39	2	3	35	11	-	2	-	5	1	-	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	-	100%	100%	-	100%
Nobody, I did this on my own	28	7	12	7	19	1	2	19	3	-	-	-	2	-	-	3
	47%	46%	51%	46%	49%	65%	63%	54%	30%	-	-	-	49%	-	-	64%
With another adult or adults	27	7	10	6	16	-	1	13	8	-	2	-	2	1	-	1
	45%	45%	43%	40%	42%	-	37%	37%	70%	-	100%	-	33%	100%	-	23%
With a child or children	11	2	5	3	8	1	-	7	1	-	1	-	1	-	-	1
	18%	14%	20%	23%	21%	35%	-	20%	11%	-	30%	-	18%	-	-	14%
NET: With somebody else	32	9	12	8	20	1	1	16	8	-	2	-	2	1	-	2
	53%	54%	49%	54%	51%	35%	37%	46%	70%	-	100%	-	51%	100%	-	36%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total																	
	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e	*f	*a	b	*c	*d	e
60	21	10	12	4	22	25	14	19	14	2	33	16	4	32	21	3	56
60	22	10	12	4	22	26	15	18	14	3	32	18	4	31	22	3	56
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
28	12	4	5	2	9	14	9	7	6	1	13	10	4	16	7	1	24
47%	53%	38%	42%	41%	40%	51%	57%	38%	46%	50%	42%	56%	100%	53%	30%	34%	43%
27	8	6	6	2	12	11	5	10	6	1	16	7	-	13	12	1	27
45%	37%	62%	49%	59%	55%	40%	35%	56%	46%	50%	51%	37%	-	43%	57%	40%	48%
11	5	1	2	1	3	6	4	2	2	1	4	5	-	4	5	1	11
18%	22%	11%	15%	31%	13%	23%	25%	12%	13%	50%	12%	28%	-	14%	24%	26%	19%
32	11	6	7	2	13	13	7	11	7	1	19	8	-	14	15	2	32
53%	47%	62%	58%	59%	60%	49%	43%	62%	54%	50%	58%	44%	-	47%	70%	66%	57%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	60	33	19	5	10	2	36	17	-	53	7	51	8
Total	60	34	18	5	10	2	36	17	-	54	6	52	7
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
Nobody, I did this on my own	28	15	8	3	3	1	19	7	-	26	2	23	5
	47%	43%	42%	67%	28%	45%	53%	42%	-	48%	40%	45%	65%
With another adult or adults	27	17	8	2	4	1	16	7	-	23	3	23	3
	45%	49%	47%	33%	42%	55%	44%	41%	-	43%	60%	46%	35%
With a child or children	11	7	3	-	4	1	4	5	-	11	-	11	-
	18%	21%	18%	-	40%	55%	12%	31%	-	20%	-	20%	-
NET: With somebody else	32	20	10	2	7	1	17	10	-	28	3	28	3
	53%	57%	58%	33%	72%	55%	47%	58%	-	52%	60%	55%	35%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
60	1	6	11	11	10	13	4	4	38	21	13	12	16	16	14	23	13	8
60	1	5	10	10	10	15	5	4	35	24	13	11	16	17	16	21	13	8
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
28	-	3	4	4	6	7	2	2	17	11	9	5	5	7	6	13	7	2
47%	-	55%	38%	43%	60%	48%	48%	43%	48%	47%	72%	40%	32%	43%	39%	63%	53%	19%
27	1	2	6	3	3	6	2	3	14	11	3	7	9	8	8	8	4	6
45%	100%	45%	55%	35%	31%	43%	52%	57%	41%	47%	21%	60%	54%	46%	49%	37%	33%	66%
11	-	-	1	3	1	2	1	3	4	6	1	1	3	6	5	-	2	4
18%	-	-	7%	30%	9%	16%	27%	57%	13%	26%	6%	11%	18%	33%	33%	-	14%	43%
32	1	2	6	6	4	8	2	3	18	13	4	7	11	10	10	8	6	7
53%	100%	45%	62%	57%	40%	52%	52%	57%	52%	53%	28%	60%	68%	57%	61%	37%	47%	81%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	*b	*c
Significance Level: 95%				
Unweighted Total	60	38	16	6
Total	60	40	14	6
	100%	100%	100%	100%
Nobody, I did this on my own	28	20	6	2
	47%	50%	44%	28%
With another adult or adults	27	17	6	3
	45%	44%	45%	53%
With a child or children	11	7	2	2
	18%	18%	11%	31%
NET: With somebody else	32	20	8	4
	53%	50%	56%	72%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Gender		Age			Region									
	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%	a	b	*a	*b	c	*a	*b	*c	*d	*e	*f	*g	*h	*i	
Unweighted Total	77	38	38	17	18	42	4	8	8	3	7	11	15	14	7
Total	83	44	39	15	17	51	3	9	8	4	7	12	14	16	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	48	24	24	4	9	34	1	7	7	4	5	7	7	8	2
	57%	54%	63%	30%	52%	67%	41%	75%	90%	100%	70%	53%	50%	47%	27%
With another adult or adults	31	18	12	10	6	15	2	1	1	-	2	5	6	9	5
	37%	41%	31%	65%	33%	30%	59%	10%	10%	-	30%	40%	42%	53%	59%
With a child or children	5	2	3	1	3	1	-	1	-	-	1	1	-	-	1
	6%	5%	7%	6%	15%	3%	-	15%	-	-	7%	9%	-	-	15%
NET: With somebody else	35	20	14	10	8	17	2	2	1	-	2	6	7	9	7
	43%	46%	37%	70%	48%	33%	59%	25%	10%	-	30%	47%	50%	53%	73%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	77	2	18	18	7	3	29	38	39	68	2	4	2	-	-	8
Total	83	3	20	18	6	2	34	41	42	75	2	3	2	-	-	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
Nobody, I did this on my own	48	2	10	11	2	2	21	23	25	43	1	2	1	-	-	4
	57%	55%	49%	60%	37%	100%	62%	55%	60%	58%	37%	63%	36%	-	-	49%
With another adult or adults	31	1	8	6	3	-	12	15	15	27	1	1	1	-	-	4
	37%	45%	38%	35%	63%	-	35%	37%	36%	36%	63%	37%	64%	-	-	51%
With a child or children	5	-	3	1	-	-	1	3	1	5	-	-	-	-	-	-
	6%	-	12%	5%	-	-	4%	8%	3%	6%	-	-	-	-	-	-
NET: With somebody else	35	1	10	7	3	-	13	19	17	32	1	1	1	-	-	4
	43%	45%	51%	40%	63%	-	38%	45%	40%	42%	63%	37%	64%	-	-	51%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
Significance Level: 95%	a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total	77	65	5	7	12	2	2	19	9	2	2	2	6	6	27	4
Total	83	69	5	9	14	2	1	19	9	2	2	1	5	6	34	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	48	47	-	1	1	1	1	12	4	2	1	1	1	1	23	2
	57%	67%	-	14%	9%	41%	100%	65%	45%	100%	42%	100%	15%	12%	66%	65%
With another adult or adults	31	21	5	5	10	1	-	7	5	-	-	-	3	4	11	1
	37%	30%	100%	56%	73%	59%	-	35%	55%	-	-	-	68%	65%	31%	35%
With a child or children	5	2	-	3	3	-	-	-	-	-	1	-	1	1	1	-
	6%	3%	-	30%	18%	-	-	-	-	-	58%	-	16%	23%	4%	-
NET: With somebody else	35	23	5	7	13	1	-	7	5	-	1	-	4	5	12	1
	43%	33%	100%	86%	91%	59%	-	35%	55%	-	58%	-	85%	88%	34%	35%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
77	16	9	8	-	17	16	18	6	9	-	15	18	18	37	20	2	59
83	15	9	9	-	18	15	18	6	9	-	15	18	20	41	21	1	63
100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
48	9	4	7	-	11	9	12	3	4	-	8	12	17	24	5	1	31
57%	57%	52%	74%	-	63%	57%	70%	58%	44%	-	49%	70%	85%	59%	26%	100%	49%
31	7	4	1	-	5	7	5	3	4	-	6	5	3	17	11	-	28
37%	43%	48%	12%	-	30%	43%	30%	42%	43%	-	42%	30%	15%	41%	51%	-	44%
5	-	-	1	-	1	-	-	-	1	-	1	-	-	-	5	-	5
6%	-	-	13%	-	7%	-	-	-	13%	-	8%	-	-	-	23%	-	7%
35	7	4	2	-	7	7	5	3	5	-	8	5	3	17	15	-	32
43%	43%	48%	26%	-	37%	43%	30%	42%	56%	-	51%	30%	15%	41%	74%	-	51%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	Total	*a b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	77	7 51	6	12	1	57	18	1	57	20	69	8
Total	83	8 55	6	13	1	62	19	1	60	23	76	8
	100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	48	2 28	3	4	-	41	6	1	35	13	42	6
	57%	26% 51%	42%	33%	-	66%	32%	100%	59%	55%	56%	74%
With another adult or adults	31	6 22	2	9	1	19	12	-	21	9	29	2
	37%	74% 40%	37%	67%	100%	30%	61%	-	36%	40%	38%	26%
With a child or children	5	- 5	1	-	-	3	1	-	3	1	5	-
	6%	- 9%	21%	-	-	4%	7%	-	6%	6%	6%	-
NET: With somebody else	35	6 27	4	9	1	21	13	-	25	11	33	2
	43%	74% 49%	58%	67%	100%	34%	68%	-	41%	45%	44%	26%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	c	*d	a	*b	*c	*d
Unweighted Total	77	4	5	15	13	11	15	3	11	44	29	8	22	34	13	30	18	25	4
Total	83	4	6	17	14	12	18	3	10	48	31	9	22	37	15	31	21	27	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	48	4	5	12	4	6	10	2	6	26	18	3	15	24	6	19	10	17	2
	57%	100%	79%	70%	28%	48%	56%	58%	61%	54%	58%	35%	69%	64%	38%	61%	49%	63%	43%
With another adult or adults	31	-	1	5	10	5	7	1	2	21	10	5	6	11	9	10	9	9	3
	37%	-	21%	30%	72%	42%	37%	42%	18%	44%	31%	52%	27%	29%	62%	32%	45%	33%	57%
With a child or children	5	-	-	-	-	1	1	-	2	1	3	1	1	3	-	2	1	1	-
	6%	-	-	-	-	10%	7%	-	21%	3%	11%	14%	4%	7%	-	7%	6%	5%	-
NET: With somebody else	35	-	1	5	10	6	8	1	4	22	13	6	7	14	9	12	11	10	3
	43%	-	21%	30%	72%	52%	44%	42%	39%	46%	42%	65%	31%	36%	62%	39%	51%	37%	57%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.**

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		*a	*b	*c
Unweighted Total	77	28	29	20
Total	83	29	34	20
	100%	100%	100%	100%
Nobody, I did this on my own	48	15	20	12
	57%	53%	60%	59%
With another adult or adults	31	11	11	8
	37%	40%	32%	41%
With a child or children	5	2	3	-
	6%	7%	8%	-
NET: With somebody else	35	14	14	8
	43%	47%	40%	41%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A. SUMMARY: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	With member(s) of my own household	With member(s) of other household(s)	Both of the above
Walking (either for leisure or travel)	622 100%	443 71%	116 19%	63 10%
Cycling (either for leisure or travel)	99 100%	57 57%	28 28%	14 15%
Running or jogging	128 100%	71 55%	45 35%	12 9%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	69 100%	41 59%	21 31%	7 10%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	60 100%	33 55%	16 26%	11 19%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	115 100%	74 64%	27 23%	14 13%
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	89 100%	47 53%	28 31%	14 16%
Team sports (such as football, cricket, rugby etc.)	89 100%	25 28%	53 59%	12 13%
Racket sports (such as tennis, badminton, squash etc.)	55 100%	22 40%	25 47%	7 13%
Golf	72 100%	17 23%	46 64%	9 12%
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	103 100%	44 43%	46 44%	13 13%
Swimming	62 100%	32 52%	23 37%	7 11%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A. SUMMARY: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		With member(s) of my own household	With member(s) of other household(s)	Both of the above
	Total			
Combat sports, martial arts or target sports (such as shooting, archery etc.)	31 100%	16 51%	11 35%	4 14%
Water sports (such as surfing, rowing, sailing etc.)	28 100%	7 25%	14 50%	7 26%
Gymnastics, trampolining or cheerleading	32 100%	13 39%	12 39%	7 21%
Other sport, exercise or physical activity	35 100%	17 47%	14 39%	5 14%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Gender		Age			Region									
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%	a	b	a	b	c	*a	b	c	d	e	f	g	h	i	
Unweighted Total	605	243	359	206	212	187	29	74	69	63	59	62	82	96	71
Total	622	266	353	189	211	222	26	77	65	65	54	69	81	108	76
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	443	195	245	116	163	163	18	53	46	51	44	50	48	75	58
	71%	73%	70%	61%	77%	74%	70%	68%	70%	78%	81%	72%	59%	70%	76%
				a	a	a				g	g				g
With member(s) of other household(s)	116	45	71	50	27	39	4	18	11	11	8	13	22	19	12
	19%	17%	20%	27%	13%	17%	15%	23%	16%	17%	14%	19%	27%	17%	15%
				bc											
Both of the above	63	27	36	23	20	20	4	7	9	4	2	6	12	14	6
	10%	10%	10%	12%	10%	9%	14%	9%	13%	6%	4%	9%	14%	13%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	605	52	126	151	82	55	139	329	276	522	13	46	14	1	3	77
Total	622	58	139	152	71	50	152	349	273	539	13	46	15	1	3	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	443	31	101	104	51	40	115	237	206	389	10	31	8	1	2	52
	71%	55%	73%	68%	72%	81%	75%	68%	75%	72%	80%	68%	53%	100%	68%	68%
		a	a	a	a	a	a	a	ag							
With member(s) of other household(s)	116	18	23	33	12	6	24	74	42	95	2	10	5	-	1	17
	19%	31%	16%	22%	17%	11%	16%	21%	15%	18%	12%	22%	33%	-	32%	22%
		befh														
Both of the above	63	8	15	15	8	4	13	38	25	54	1	5	2	-	-	8
	10%	15%	11%	10%	11%	8%	9%	11%	9%	10%	8%	10%	13%	-	-	10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	a	*b	c	d	*e	*f	g	h	i	j	k
Unweighted Total	605	362	109	114	223	30	19	187	78	19	27	51	30	64	100	49
Total	622	352	123	130	253	30	19	187	83	20	28	46	25	58	126	48
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	443	248	95	90	185	22	15	121	63	14	21	34	11	44	98	36
	71%	70%	77%	69%	73%	73% h	78%	65% h	75% h	70%	74%	74% h	42%	77% h	78% ch	75% h
With member(s) of other household(s)	116	74	14	23	36	7	3	40	16	4	2	7	10	7	19	10
	19%	21% bd	11%	17%	14%	24%	16%	21%	20%	17%	9%	16%	38% cdgij	13%	15%	21%
Both of the above	63	30	14	18	32	1	1	26	4	3	5	4	5	6	9	2
	10%	9%	12%	14%	13%	3%	6%	14% d	5%	12%	17%	10%	19% djk	11%	7%	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	605	150	97	56	10	153	160	183	56	62	13	118	196	42	371	166	26	563
Total	622	153	101	55	11	156	164	186	56	64	13	121	199	40	384	171	26	582
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	443	108	75	33	7	108	115	136	34	40	9	75	145	8	291	124	20	435
	71%	70%	74%	60%	64%	69%	70%	73% e	60%	63%	72%	62%	73% e	20%	76% a	72% a	75%	75% a
With member(s) of other household(s)	116	26	18	16	1	34	28	32	15	16	1	30	33	31	56	24	6	86
	19%	17%	18%	29%	14%	21%	17%	17%	26%	24%	11%	25%	17%	76% bce	15%	14%	21%	15%
Both of the above	63	19	9	6	2	15	22	19	8	8	2	16	21	2	36	24	1	61
	10%	13%	8%	12%	22%	10%	13%	10%	13%	13%	18%	13%	11%	4%	9%	14%	4%	11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

Significance Level: 95%		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	605	100	453	89	94	6	420	170	18	488	117	539	66
Total	622	103	470	82	100	7	438	170	18	498	124	561	61
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	443	67	364	56	77	4	309	125	12	355	87	397	45
	71%	65%	77% a	68%	77%	65%	71%	73%	67%	71%	70%	71%	74%
With member(s) of other household(s)	116	23	58	18	15	1	84	29	5	90	26	102	14
	19%	22% b	12%	21%	15%	20%	19%	17%	29%	18%	21%	18%	23%
Both of the above	63	14	48	9	8	1	45	16	1	52	11	61	2
	10%	13%	10%	11%	8%	15%	10%	10%	4%	11%	9%	11% b	3%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	605	50	60	101	108	84	87	36	79	353	202	135	166	224	76	178	170	183	66
Total	622	54	61	100	108	82	91	40	86	351	217	134	171	231	82	181	175	194	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	443	42	44	74	79	54	60	25	66	250	151	90	126	164	62	123	122	145	49
	71%	78%	72%	73%	73%	66%	66%	62%	77%	71%	70%	67%	73%	71%	75%	68%	70%	75%	74%
With member(s) of other household(s)	116	9	12	17	19	20	19	6	14	67	39	30	26	42	17	41	36	30	8
	19%	18%	19%	17%	17%	24%	21%	16%	17%	19%	18%	23%	15%	18%	20%	22%	21%	16%	13%
Both of the above	63	2	6	10	11	8	12	9	6	34	27	14	19	26	4	17	16	19	9
	10%	5%	9%	10%	10%	10%	13%	22% ahi	7%	10%	12%	10%	11%	11%	5%	9%	9%	10%	13%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	605	263	194	145
Total	622	270	205	143
	100%	100%	100%	100%
With member(s) of my own household	443	174	157	111
	71%	64%	76%	77%
		a	a	
With member(s) of other household(s)	116	61	33	21
	19%	23%	16%	15%
Both of the above	63	36	16	12
	10%	13%	8%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	97	47	50	54	31	12	4	14	15	12	7	5	25	9	6
Total	99	50	49	52	32	15	4	16	14	13	6	5	25	10	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	57	25	32	24	22	12	4	12	4	10	4	4	12	6	1
	57%	50%	65%	45%	67%	80%	100%	77%	29%	79%	59%	85%	46%	64%	19%
With member(s) of other household(s)	28	18	10	22	5	2	-	2	5	2	3	1	8	3	4
	28%	36%	20%	41%	14%	12%	-	15%	32%	14%	41%	15%	33%	36%	62%
				b											
Both of the above	14	7	8	7	6	1	-	1	6	1	-	-	5	-	1
	15%	14%	16%	14%	18%	8%	-	8%	39%	7%	-	-	21%	-	19%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	97	16	19	25	14	11	12	60	37	73	1	12	6	-	3	22
Total	99	18	20	26	13	10	12	65	35	74	1	13	7	-	3	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	57	9	13	16	9	5	5	38	19	47	1	7	1	-	1	10
	57%	48%	66%	59%	66%	53%	46%	58%	56%	63%	100%	52%	15%	-	44%	43%
With member(s) of other household(s)	28	3	6	8	3	4	4	17	11	17	-	5	3	-	2	10
	28%	19%	29%	29%	26%	37%	35%	26%	32%	23%	-	38%	52%	-	56%	42%
Both of the above	14	6	1	3	1	1	2	10	4	10	-	1	2	-	-	3
	15%	33%	5%	12%	8%	11%	18%	16%	12%	14%	-	10%	33%	-	-	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	97	38	30	27	57	8	5	43	13	3	5	4	4	5	7	13
Total	99	34	33	31	64	8	4	45	13	3	5	4	4	5	8	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	57	20	17	18	35	6	1	23	10	2	4	1	-	4	6	7
	57%	61%	52%	59%	56%	78%	19%	51%	73%	70%	84%	23%	-	81%	75%	58%
With member(s) of other household(s)	28	11	10	6	16	2	3	11	4	-	1	3	4	1	1	5
	28%	33%	31%	18%	25%	22%	63%	24%	27%	-	16%	77%	100%	19%	10%	36%
Both of the above	14	2	5	7	12	-	1	11	-	1	-	-	-	-	1	1
	15%	6%	16%	23%	20%	-	18%	26%	-	30%	-	-	-	-	15%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	e	*f	*a	*b	*c	*d	e	f	*a	b	*c	*d	e
97	27	24	14	1	38	28	29	23	10	5	33	34	7	57	29	4	90
99	27	25	15	1	40	28	31	24	9	6	33	36	6	58	31	4	94
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
57	17	14	8	-	22	17	20	15	5	1	19	21	-	35	18	4	57
57%	63%	55%	54%	-	55%	60%	64%	62%	50%	16%	59%	57%	-	60%	59%	81%	61%
28	6	7	3	-	10	6	6	5	3	3	7	10	6	17	5	1	22
28%	23%	29%	17%	-	25%	22%	21%	20%	28%	61%	22%	27%	100%	29%	15%	19%	24%
14	4	4	4	1	8	5	5	4	2	1	6	6	-	6	8	-	14
15%	14%	16%	29%	100%	20%	18%	15%	18%	22%	23%	19%	16%	-	11%	26%	-	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Longstanding physical and mental condition or illness					
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	97	34	56	17	9	5	66	30	1	81	16	83	14
Total	99	35	59	16	9	5	69	29	1	85	15	86	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	57	20	37	11	5	2	40	17	1	49	8	52	5
	57%	57%	63%	67%	56%	37%	58%	57%	100%	58%	53%	60%	38%
With member(s) of other household(s)	28	9	13	4	3	2	19	9	-	22	6	20	8
	28%	25%	23%	22%	32%	40%	27%	29%	-	26%	42%	24%	56%
Both of the above	14	6	8	2	1	1	10	4	-	14	1	14	1
	15%	18%	14%	11%	12%	23%	15%	14%	-	16%	5%	16%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	c	*d	a	*b	*c	*d
Unweighted Total	97	2	6	14	26	21	12	6	10	67	28	10	29	40	18	30	23	29	15
Total	99	2	6	15	27	21	12	7	11	68	30	10	29	40	21	31	22	31	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	57	-	3	10	16	12	6	5	5	41	16	4	15	26	12	18	11	18	10
	57%	-	59%	66%	59%	58%	50%	65%	51%	60%	54%	38%	51%	66%	59%	59%	48%	59%	63%
With member(s) of other household(s)	28	1	2	2	8	8	5	-	3	20	7	4	9	9	5	10	7	7	3
	28%	52%	41%	12%	29%	37%	39%	-	26%	29%	25%	43%	32%	23%	25%	32%	32%	24%	22%
Both of the above	14	1	-	3	3	1	1	2	2	7	6	2	5	4	3	2	4	5	2
	15%	48%	-	21%	12%	5%	11%	35%	23%	11%	21%	19%	17%	11%	16%	8%	20%	17%	15%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
Unweighted Total	a	b	*c
97	51	32	14
Total	99	54	31
100%	100%	100%	100%
With member(s) of my own household	57	33	16
57%	61%	50%	59%
With member(s) of other household(s)	28	11	12
28%	20%	39%	35%
Both of the above	14	10	3
15%	19%	11%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	132	52	79	84	42	6	9	18	13	18	6	10	33	15	10
Total	128	49	78	79	43	6	7	18	14	17	6	9	32	15	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	71	27	43	41	27	3	4	7	10	9	4	6	20	7	5
	55%	54%	56%	52%	62%	52%	59%	38%	69%	49%	69%	60%	63%	47%	55%
With member(s) of other household(s)	45	18	28	32	10	3	3	9	2	7	2	4	8	7	5
	35%	36%	36%	40%	24%	48%	41%	48%	16%	39%	31%	40%	25%	45%	45%
Both of the above	12	5	7	6	6	-	-	3	2	2	-	-	4	1	-
	9%	10%	8%	8%	13%	-	-	14%	15%	12%	-	-	12%	8%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	132	27	28	28	19	23	7	83	49	90	6	18	12	-	2	38
Total	128	28	29	28	15	21	6	86	42	88	6	18	12	-	2	37
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	71	16	14	12	12	14	4	41	30	47	2	11	7	-	2	22
	55%	55%	47%	43%	79%	66%	62%	48%	70%	53%	38%	62%	59%	-	100%	59%
								g								
With member(s) of other household(s)	45	8	13	13	3	6	2	34	12	35	2	5	3	-	-	10
	35%	27%	44%	46%	21%	29%	38%	39%	28%	40%	25%	31%	25%	-	-	27%
Both of the above	12	5	3	3	-	1	-	11	1	6	2	1	2	-	-	5
	9%	17%	9%	11%	-	5%	-	12%	2%	7%	37%	7%	16%	-	-	15%
								h								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	132	52	31	40	71	9	5	62	19	6	4	6	11	9	1	14
Total	128	42	35	44	79	9	4	61	20	6	4	6	10	7	1	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	71	19	25	25	50	7	2	32	10	3	4	5	4	5	1	9
	55%	44%	71%	57%	63%	80%	43%	52%	49%	46%	83%	86%	37%	64%	100%	67%
			a		a											
With member(s) of other household(s)	45	23	4	16	20	2	2	21	9	3	1	1	4	3	-	4
	35%	54%	12%	35%	25%	20%	57%	34%	45%	54%	17%	14%	44%	36%	-	33%
		bd		b												
Both of the above	12	1	6	3	9	-	-	9	1	-	-	-	2	-	-	-
	9%	2%	17%	8%	12%	-	-	14%	6%	-	-	-	20%	-	-	-
			a		a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																	
Unweighted Total	132	36	33	18	3	51	33	30	20	8	50	41	9	55	61	7	123
Total	128	35	33	18	3	51	31	30	21	7	51	39	8	53	60	8	121
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	71	22	16	7	-	23	19	15	9	1	25	20	2	29	35	5	69
	55%	64%	49%	40%	-	46%	61%	51%	45%	10%	49%	51%	30%	55%	58%	61%	57%
With member(s) of other household(s)	45	11	15	9	2	24	12	12	8	4	20	16	5	19	20	2	40
	35%	30%	45%	48%	59%	46%	39%	39%	38%	56%	39%	42%	70%	35%	33%	24%	33%
Both of the above	12	2	2	2	1	4	-	3	3	3	6	3	-	5	5	1	12
	9%	6%	6%	13%	41%	8%	-	10%	17%	34%	13% a	6%	-	10%	9%	15%	10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	132	66	12	26	5	88	39	4	114	18	116	13
Total	128	64	11	25	4	87	37	3	111	17	114	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	71	37	5	18	2	47	22	3	62	9	64	6
	55%	58%	43%	73%	43%	54%	60%	80%	56%	54%	56%	49%
With member(s) of other household(s)	45	19	5	7	2	30	14	1	38	8	39	5
	35%	30%	46%	27%	57%	34%	37%	20%	34%	46%	34%	44%
Both of the above	12	8	1	-	-	10	1	-	12	-	11	1
	9%	12%	11%	-	-	12%	3%	-	10%	-	10%	7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%	*a	*b	*c	d	*e	f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	132	7	20	36	23	30	8	7	86	45	22	43	45	22	35	39	37	20
Total	128	6	20	35	23	30	8	7	83	45	23	40	44	21	34	37	36	20
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	71	1	13	24	13	11	3	6	50	20	9	22	24	15	17	18	24	11
	55%	100%	65%	69%	57%	38%	37%	84%	61%	45%	41%	54%	56%	73%	51%	47%	66%	57%
			fj						f									
With member(s) of other household(s)	45	5	6	7	8	16	3	1	26	20	10	17	15	4	14	15	11	5
	35%	87%	29%	20%	35%	55%	32%	16%	31%	44%	43%	41%	33%	21%	42%	41%	31%	23%
					di				d									
Both of the above	12	-	1	4	2	2	3	-	7	5	4	2	5	1	3	4	1	4
	9%	-	6%	11%	8%	7%	32%	-	8%	11%	16%	5%	11%	6%	8%	11%	3%	19%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
Unweighted Total			
Total			
With member(s) of my own household			
With member(s) of other household(s)			
Both of the above			



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	68	27	41	40	17	11	2	9	9	9	6	6	17	7	3
Total	69	28	40	38	18	13	1	10	10	9	5	7	17	7	3
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	41	14	26	20	11	10	1	4	4	7	3	3	9	7	3
	59%	51%	65%	52%	60%	77%	100%	40%	46%	76%	64%	49%	51%	89%	77%
With member(s) of other household(s)	21	9	12	12	7	2	-	3	3	1	2	3	7	1	1
	31%	33%	29%	32%	40%	14%	-	34%	33%	12%	36%	51%	42%	11%	23%
Both of the above	7	5	2	6	-	1	-	2	2	1	-	-	1	-	-
	10%	16%	6%	15%	-	8%	-	25%	21%	12%	-	-	8%	-	-

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### Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	68	10	18	14	12	8	6	42	26	42	4	14	6	-	1	25
Total	69	10	18	15	11	7	6	44	25	44	3	14	6	-	1	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	41	5	10	9	5	6	5	24	16	28	3	5	4	-	1	12
	59%	46%	56%	61%	47%	86%	75%	55%	66%	65%	77%	35%	63%	-	100%	50%
With member(s) of other household(s)	21	3	8	5	4	-	2	16	5	12	1	8	1	-	-	10
	31%	29%	44%	32%	34%	-	25%	36%	22%	27%	23%	56%	19%	-	-	40%
Both of the above	7	3	-	1	2	1	-	4	3	3	-	1	1	-	-	2
	10%	25%	-	7%	20%	14%	-	8%	13%	8%	-	9%	19%	-	-	10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	68	35	17	15	32	5	7	30	7	3	2	1	4	4	5	12
Total	69	31	19	17	37	4	7	30	7	3	2	1	4	4	7	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	41	21	7	11	18	3	4	20	4	-	-	1	1	1	7	6
	59%	69%	36%	66%	50%	59%	53%	68%	53%	-	-	100%	36%	27%	100%	56%
With member(s) of other household(s)	21	9	9	4	13	2	3	6	2	2	1	-	2	3	-	5
	31%	28%	46%	21%	34%	41%	47%	20%	32%	65%	41%	-	64%	73%	-	44%
Both of the above	7	1	3	2	6	-	-	4	1	1	1	-	-	-	-	-
	10%	3%	18%	13%	16%	-	-	12%	16%	35%	59%	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
68	14	18	11	3	29	17	19	17	8	2	25	21	4	41	16	7	64
69	12	20	11	3	30	16	18	17	8	2	26	20	3	42	17	7	65
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
41	9	11	5	2	16	10	13	12	2	-	14	13	2	23	10	7	39
59%	68%	57%	44%	60%	52%	67%	72%	69%	25%	-	54%	65%	44%	54%	58%	100%	60%
21	3	5	5	-	10	3	3	5	4	1	9	3	1	16	5	-	21
31%	22%	27%	47%	-	34%	17%	15%	31%	49%	37%	37%	17%	22%	38%	29%	-	31%
7	1	3	1	1	4	3	2	-	2	1	2	4	1	3	2	-	6
10%	10%	16%	10%	40%	14%	16%	13%	-	27%	63%	9%	18%	34%	8%	14%	-	9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	68	41	9	6	3	50	17	1	55	13	58	10
Total	69	41	9	6	3	51	17	1	57	12	59	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	41	26	3	4	2	32	8	1	31	9	38	3
	59%	63%	35%	67%	61%	63%	46%	100%	55%	78%	63%	31%
With member(s) of other household(s)	21	13	4	2	-	16	6	-	19	3	16	5
	31%	31%	42%	33%	-	31%	34%	-	33%	22%	27%	57%
Both of the above	7	2	2	-	1	3	3	-	7	-	6	1
	10%	6%	23%	-	39%	7%	20%	-	12%	-	10%	11%

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### Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	68	-	5	13	18	11	6	7	8	47	21	12	19	21	16	17	10	25	16
Total	69	-	5	13	16	12	6	8	9	46	23	13	19	21	17	17	10	25	16
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	41	-	2	8	7	9	6	2	7	26	15	7	13	12	9	8	7	18	8
	59%	-	44%	60%	44%	75%	100%	26%	74%	57%	64%	53%	67%	59%	55%	44%	70%	71%	48%
With member(s) of other household(s)	21	-	3	3	9	2	-	5	-	17	5	5	4	9	4	7	2	7	5
	31%	-	56%	24%	56%	16%	-	58%	-	36%	20%	38%	21%	41%	25%	41%	20%	29%	31%
Both of the above	7	-	-	2	-	1	-	1	2	3	4	1	2	-	3	2	1	-	3
	10%	-	-	16%	-	9%	-	16%	26%	7%	16%	9%	12%	-	20%	14%	10%	-	21%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
	a	*b	*c
Significance Level: 95%			
Unweighted Total	68	37	20
Total	69	38	19
	100%	100%	100%
With member(s) of my own household	41	22	12
	59%	57%	64%
With member(s) of other household(s)	21	11	6
	31%	28%	30%
Both of the above	7	6	1
	10%	15%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	60	24	36	40	17	3	6	8	4	4	5	5	18	5	5
Total	60	24	36	39	17	3	5	8	4	4	4	5	18	5	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	33	13	20	23	8	2	3	2	2	3	2	2	10	5	4
	55%	56%	55%	57%	47%	69%	53%	27%	48%	72%	38%	44%	57%	100%	65%
With member(s) of other household(s)	16	5	11	9	6	1	1	4	-	-	2	3	5	-	1
	26%	19%	30%	22%	34%	31%	29%	48%	-	-	41%	56%	25%	-	14%
Both of the above	11	6	6	8	3	-	1	2	2	1	1	-	3	-	1
	19%	25%	15%	21%	19%	-	18%	25%	52%	28%	21%	-	18%	-	21%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	60	14	18	17	6	3	2	49	11	38	4	11	4	-	2	21
Total	60	15	18	17	5	3	2	50	10	39	4	10	5	-	2	20
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	33	8	11	8	3	2	2	27	7	23	3	4	2	-	1	11
	55%	51%	62%	47%	48%	65%	100%	53%	64%	58%	70%	46%	50%	-	60%	53%
With member(s) of other household(s)	16	2	6	8	-	-	-	16	-	10	1	2	1	-	1	5
	26%	12%	31%	48%	-	-	-	31%	-	26%	30%	23%	23%	-	40%	26%
Both of the above	11	6	1	1	3	1	-	8	4	6	-	3	1	-	-	4
	19%	37%	7%	5%	52%	35%	-	16%	36%	16%	-	31%	28%	-	-	22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	60	23	21	13	34	5	5	27	4	4	5	2	5	2	1	10
Total	60	19	24	14	39	4	5	29	4	4	4	2	4	2	1	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	33	10	15	7	22	3	3	18	1	-	2	2	2	1	1	6
	55%	54%	63%	47%	57%	61%	61%	63%	29%	-	47%	100%	46%	52%	100%	61%
With member(s) of other household(s)	16	8	4	2	7	-	2	6	1	1	2	-	2	1	-	2
	26%	42%	18%	16%	17%	-	39%	22%	38%	19%	36%	-	54%	48%	-	21%
Both of the above	11	1	5	5	10	2	-	4	1	3	1	-	-	-	-	2
	19%	4%	19%	37%	26%	39%	-	15%	33%	81%	17%	-	-	-	-	18%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
60	14	19	8	3	27	17	20	16	7	1	23	21	2	37	15	6	58
60	15	19	8	3	28	17	21	16	7	1	23	22	2	38	15	6	58
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
33	7	12	2	1	14	9	11	10	3	-	13	11	1	21	6	5	32
55%	50%	62%	29%	53%	52%	50%	54%	59%	52%	-	57%	51%	41%	56%	42%	88%	56%
16	5	4	3	-	7	5	5	5	2	-	7	5	1	9	5	-	14
26%	34%	22%	36%	-	26%	28%	25%	28%	37%	-	30%	23%	59%	24%	36%	-	25%
11	2	3	3	1	6	4	4	2	1	1	3	6	-	8	3	1	11
19%	17%	16%	34%	47%	22%	21%	21%	14%	11%	100%	13%	26%	-	20%	21%	12%	20%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	*b	*a	*b	*c	*d	e	*f	a	*b	a	*b
Unweighted Total	60	31	27	18	13	2	28	31	2	53	7	57	3
Total	60	30	28	17	13	2	29	30	2	53	7	58	3
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	33	13	19	8	7	1	19	14	1	28	5	32	2
	55%	43%	69%	47%	50%	54%	65%	48%	53%	53%	74%	55%	67%
With member(s) of other household(s)	16	8	7	6	4	1	5	10	1	14	2	16	-
	26%	26%	24%	36%	28%	46%	16%	32%	47%	26%	26%	27%	-
Both of the above	11	9	2	3	3	-	6	6	-	11	-	11	1
	19%	31%	8%	17%	22%	-	19%	20%	-	22%	-	18%	33%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	60	2	1	10	14	15	8	4	6	40	18	13	17	15	14	20	11	19	10
Total	60	2	1	10	13	14	8	5	7	38	20	13	17	14	16	20	11	19	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	33	1	-	5	6	9	5	2	5	20	12	7	11	8	7	8	7	13	5
	55%	57%	-	54%	48%	61%	55%	48%	70%	53%	59%	58%	65%	57%	44%	38%	66%	66%	56%
With member(s) of other household(s)	16	1	1	2	6	3	2	1	1	11	4	5	4	4	2	9	2	3	2
	26%	43%	100%	16%	46%	18%	21%	25%	12%	29%	19%	35%	23%	31%	12%	47%	15%	13%	20%
Both of the above	11	-	-	3	1	3	2	1	1	7	5	1	2	2	7	3	2	4	2
	19%	-	-	31%	6%	21%	23%	27%	18%	18%	22%	7%	12%	12%	43%	15%	20%	20%	24%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	*b	*c
Significance Level: 95%				
Unweighted Total	60	34	13	13
Total	60	36	13	11
	100%	100%	100%	100%
With member(s) of my own household	33	20	8	5
	55%	56%	64%	42%
With member(s) of other household(s)	16	8	4	4
	26%	21%	28%	37%
Both of the above	11	8	1	2
	19%	22%	8%	21%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	117	49	67	68	40	9	4	17	15	14	10	14	18	16	9
Total	115	48	66	64	42	10	3	18	13	13	9	14	18	17	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	74	25	48	38	31	6	3	7	10	9	6	9	11	14	5
	64%	52%	72%	60%	73%	56%	100%	40%	77%	66%	73%	64%	59%	79%	51%
			a												
With member(s) of other household(s)	27	14	13	15	8	4	-	7	-	3	1	5	4	4	3
	23%	30%	19%	24%	19%	36%	-	37%	-	25%	8%	36%	23%	21%	35%
Both of the above	14	9	6	10	3	1	-	4	3	1	2	-	3	-	1
	13%	18%	9%	16%	8%	8%	-	23%	23%	10%	19%	-	18%	-	13%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	117	9	29	28	20	16	15	66	51	90	5	10	11	-	1	27
Total	115	10	30	28	18	14	15	69	47	91	4	9	10	-	1	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	74	3	19	23	13	8	10	44	30	58	4	4	8	-	1	16
	64%	29%	62%	80%	71%	54%	65%	64%	64%	64%	78%	48%	75%	-	100%	66%
With member(s) of other household(s)	27	2	9	4	3	4	5	15	12	22	1	2	2	-	-	5
	23%	21%	29%	13%	19%	27%	35%	21%	26%	24%	22%	25%	18%	-	-	21%
Both of the above	14	5	3	2	2	3	-	10	5	11	-	3	1	-	-	3
	13%	50%	9%	7%	10%	19%	-	15%	10%	12%	-	28%	8%	-	-	14%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	117	50	26	37	63	6	7	49	14	6	7	8	11	4	5	13
Total	115	42	29	41	70	6	6	51	14	5	6	8	9	4	6	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	74	26	14	32	46	6	4	27	10	3	5	7	7	4	2	10
	64%	63%	48%	78%	65%	100%	58%	52%	70%	51%	78%	89%	83%	100%	38%	78%
With member(s) of other household(s)	27	12	9	4	14	-	3	14	2	2	1	1	1	-	4	3
	23%	28%	32%	11%	19%	-	42%	27%	16%	31%	22%	11%	9%	-	62%	22%
Both of the above	14	4	6	5	11	-	-	11	2	1	-	-	1	-	-	-
	13%	9%	21%	11%	15%	-	-	21%	15%	18%	-	-	8%	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
117	40	19	16	3	35	43	37	26	14	4	40	41	3	53	45	16	114
115	39	21	15	3	37	42	37	27	13	4	40	42	3	52	45	15	112
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
74	25	9	10	2	19	27	22	13	8	3	21	25	1	31	30	12	73
64%	63%	43%	62%	58%	51%	63%	60%	49%	64%	69%	54%	61%	28%	60%	67%	76%	65%
27	9	7	4	-	12	9	7	9	5	-	13	7	2	14	9	2	25
23%	23%	35%	28%	-	32%	21%	19%	33%	36%	-	34%	17%	72%	28%	19%	10%	22%
14	5	5	2	1	6	7	8	5	-	1	5	9	-	6	6	2	14
13%	14%	22%	10%	42%	17%	16%	21%	18%	-	31%	12%	22%	-	12%	13%	13%	13%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	117	38	73	22	21	4	69	42	5	92	25	106	9
Total	115	37	73	22	20	5	69	42	5	91	24	106	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	74	21	52	10	13	1	49	20	3	59	15	69	5
	64%	57%	70%	45%	64%	22%	72% e	49%	67%	64%	63%	66%	57%
With member(s) of other household(s)	27	12	12	8	7	1	11	15	1	20	7	22	3
	23%	32%	16%	37%	32%	22%	16%	35% d	17%	21%	31%	21%	43%
Both of the above	14	4	10	4	1	3	8	6	1	13	2	14	-
	13%	12%	14%	18%	4%	56%	12%	15%	16%	14%	7%	14%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	*b	c	*d
Unweighted Total	117	1	8	16	21	22	20	11	18	67	49	25	44	33	15	39	29	37	11
Total	115	1	8	16	21	21	18	12	18	66	48	25	43	32	16	39	28	36	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	74	1	5	10	13	18	11	8	7	46	27	17	28	20	8	22	18	29	4
	64%	100%	67%	61%	61%	86%	62%	69%	40%	70%	56%	70%	66%	63%	53%	57%	64%	81% a	33%
With member(s) of other household(s)	27	-	3	4	6	2	6	1	5	14	13	5	8	9	5	14	3	6	4
	23%	-	33%	24%	29%	9%	34%	11%	29%	22%	26%	19%	19%	28%	32%	35%	12%	16%	38%
Both of the above	14	-	-	3	2	1	1	2	6	6	9	3	7	3	2	3	7	1	3
	13%	-	-	16%	10%	5%	4%	20%	32%	9%	18%	11%	15%	9%	15%	8%	24%	4%	28%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	*c
Significance Level: 95%				
Unweighted Total	117	61	33	23
Total	115	62	31	22
	100%	100%	100%	100%
With member(s) of my own household	74	41	19	14
	64%	66%	60%	64%
With member(s) of other household(s)	27	12	10	5
	23%	19%	33%	21%
Both of the above	14	9	2	3
	13%	15%	7%	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	92	37	55	55	25	12	5	15	13	8	11	7	14	10	9
Total	89	37	52	50	26	13	4	16	12	7	9	7	13	12	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	47	18	29	21	17	9	3	5	8	1	5	5	5	10	6
	53%	47%	56%	42%	65%	71%	64%	34%	63%	10%	55%	72%	36%	82%	66%
With member(s) of other household(s)	28	15	12	20	6	2	1	5	2	6	3	2	6	1	1
	31%	42%	24%	40%	23%	14%	21%	32%	21%	90%	35%	28%	46%	8%	11%
Both of the above	14	4	10	9	3	2	1	5	2	-	1	-	2	1	2
	16%	11%	20%	18%	12%	16%	15%	34%	16%	-	9%	-	18%	9%	23%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	92	9	22	26	15	15	5	57	35	73	3	10	5	-	1	19
Total	89	10	23	25	13	14	4	58	31	72	3	9	4	-	1	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	47	3	11	12	9	9	3	26	21	38	2	5	1	-	1	9
	53%	35%	48%	45%	71%	68%	62%	44%	68% g	53%	64%	60%	17%	-	100%	52%
With member(s) of other household(s)	28	5	9	9	2	2	2	23	5	23	-	2	3	-	-	4
	31%	53%	38%	34%	14%	12%	38%	39% h	16%	32%	-	19%	65%	-	-	26%
Both of the above	14	1	3	5	2	3	-	10	5	11	1	2	1	-	-	4
	16%	13%	14%	21%	14%	21%	-	17%	15%	15%	36%	21%	19%	-	-	22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	92	36	23	25	48	3	3	45	13	2	8	7	9	2	-	6
Total	89	30	26	27	53	3	4	45	13	2	8	6	7	2	-	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	47	13	11	21	31	3	2	19	10	1	6	5	1	1	-	5
	53%	45%	41%	77%	59%	100%	50%	42%	76%	43%	76%	74%	20%	54%	-	72%
With member(s) of other household(s)	28	11	10	4	14	-	2	17	2	1	1	2	3	-	-	2
	31%	38%	38%	15%	26%	-	50%	39%	15%	57%	10%	26%	46%	-	-	28%
Both of the above	14	5	6	2	8	-	-	9	1	-	1	-	2	1	-	-
	16%	17%	22%	8%	15%	-	-	20%	9%	-	15%	-	34%	46%	-	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19					
Total													Lives alone	2-3	4-5	6+	NET: Lives with others
	a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
92	32	22	14	1	36	33	30	24	13	3	37	33	1	47	33	11	91
89	31	23	14	1	38	32	29	24	14	3	38	33	1	46	32	10	88
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
47	20	10	7	-	16	20	15	11	9	2	20	17	-	18	21	8	47
53%	65%	41%	46%	-	43%	62%	51%	47%	64%	63%	53%	52%	-	39%	65% b	77%	53%
28	7	11	4	-	15	7	8	11	4	-	15	8	1	19	6	2	27
31%	24%	48%	26%	-	40%	23%	26%	45%	27%	-	39%	23%	100%	42% c	18%	16%	30%
14	4	2	4	1	7	5	7	2	1	1	3	8	-	8	5	1	14
16%	11%	10%	29%	100%	17%	15%	24%	8%	8%	37%	8%	25%	-	18%	16%	7%	16%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	92	60	19	19	2	54	35	5	76	16	82	10
Total	89	58	19	19	2	52	35	5	74	15	79	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	47	33	6	9	1	31	14	2	36	11	41	6
	53%	56%	30%	48%	46%	60%	39%	43%	49%	69%	52%	60%
With member(s) of other household(s)	28	11	8	9	1	11	17	2	25	3	26	2
	31%	19%	45%	48%	54%	21%	48%	41%	33%	21%	33%	20%
	b						d					
Both of the above	14	14	5	1	-	10	5	1	13	2	12	2
	16%	25% a	25%	4%	-	19%	13%	16%	17%	10%	16%	20%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	*a	b	*c	*d
Unweighted Total	92	6	5	15	19	13	14	3	17	52	34	15	22	37	18	24	32	21	14
Total	89	6	6	14	18	13	14	4	15	51	32	14	20	37	18	23	32	20	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	47	1	4	10	9	7	7	1	8	30	16	6	12	23	6	12	20	11	3
	53%	21%	67%	71%	48%	55%	49%	28%	56%	58%	50%	42%	60%	62%	33%	52%	62%	55%	24%
With member(s) of other household(s)	28	3	2	2	4	6	7	1	2	14	11	5	4	9	9	6	6	8	7
	31%	59%	33%	12%	24%	45%	51%	36%	16%	27%	33%	38%	21%	25%	50%	28%	19%	39%	55%
Both of the above	14	1	-	2	5	-	-	1	4	8	6	3	4	5	3	4	6	1	3
	16%	20%	-	17%	29%	-	-	36%	28%	15%	17%	20%	19%	12%	17%	20%	19%	5%	21%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
	a	*b	*c
Unweighted Total	92	52	20
Total	89	50	19
	100%	100%	100%
With member(s) of my own household	47	26	11
	53%	52%	61%
With member(s) of other household(s)	28	14	6
	31%	28%	34%
Both of the above	14	10	1
	16%	20%	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	90	63	27	59	18	13	4	15	9	10	5	6	23	13	5
Total	89	63	27	54	19	16	3	15	9	10	4	6	22	15	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	15	10	18	4	3	1	3	2	6	1	4	2	6	-
	28%	24%	36%	32%	23%	17%	21%	22%	21%	57%	19%	79%	10%	39%	-
With member(s) of other household(s)	53	38	15	29	10	13	1	7	6	4	2	1	17	9	4
	59%	61%	55%	54%	55%	83%	49%	49%	68%	43%	41%	21%	78%	61%	78%
Both of the above	12	9	2	8	4	-	1	4	1	-	2	-	3	-	1
	13%	15%	9%	14%	22%	-	30%	29%	11%	-	39%	-	12%	-	22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	90	11	22	22	9	19	7	55	35	62	5	12	7	-	3	27
Total	89	13	24	21	8	17	8	57	32	63	5	12	6	-	3	26
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	25	2	7	5	6	3	1	15	9	17	4	2	1	-	1	7
	28%	18%	32%	25%	74%	18%	12%	26%	29%	26%	74%	18%	13%	-	25%	28%
With member(s) of other household(s)	53	7	14	14	2	10	7	34	19	38	1	7	5	-	2	14
	59%	54%	58%	67%	26%	58%	88%	60%	58%	61%	26%	56%	74%	-	75%	56%
Both of the above	12	3	3	2	-	4	-	8	4	8	-	3	1	-	-	4
	13%	28%	11%	8%	-	25%	-	13%	13%	12%	-	27%	13%	-	-	16%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	90	41	20	22	42	7	5	40	10	4	2	1	13	-	8	12
Total	89	37	23	24	47	7	5	40	10	4	2	1	11	-	10	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	25	7	6	10	16	4	3	13	2	-	-	-	3	-	-	7
	28%	20%	25%	42%	33%	57%	56%	32%	22%	-	-	-	26%	-	-	57%
With member(s) of other household(s)	53	26	11	11	23	3	2	19	7	3	2	-	7	-	10	5
	59%	72%	50%	46%	48%	43%	44%	49%	71%	75%	100%	-	62%	-	100%	43%
		d														
Both of the above	12	3	6	3	9	-	-	8	1	1	-	1	1	-	-	-
	13%	8%	26%	12%	19%	-	-	19%	7%	25%	-	100%	12%	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	e	*f	a	*b	*c	*d	*e	f	*a	b	c	*d	e
90	26	23	8	1	31	27	31	18	5	4	23	35	6	43	34	7	84
89	25	23	8	1	31	26	30	18	5	4	23	34	6	44	33	6	84
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
25	8	7	2	-	9	8	5	9	2	1	12	6	1	10	13	1	24
28%	33%	29%	25%	-	28%	31%	16%	52%	50%	24%	51%	17%	14%	22%	40%	11%	28%
53	13	12	6	-	18	13	21	6	2	2	9	23	5	28	15	5	48
59%	52%	52%	75%	-	58%	50%	68%	34%	50%	47%	38%	66%	86%	64%	45%	79%	58%
12	4	4	-	1	4	5	5	3	-	1	3	6	-	6	5	1	12
13%	15%	19%	-	100%	14%	19%	16%	14%	-	30%	11%	18%	-	14%	15%	11%	14%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
		a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Significance Level: 95%													
Unweighted Total	90	34	47	14	11	5	60	28	1	73	17	84	6
Total	89	33	47	14	11	5	59	29	1	72	17	84	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	11	11	6	2	1	15	9	1	20	4	23	2
	28%	33%	24%	41%	21%	26%	25%	31%	100%	28%	26%	27%	33%
With member(s) of other household(s)	53	18	30	5	7	4	38	14	-	42	10	50	3
	59%	54%	64%	35%	62%	74%	64%	50%	-	59%	62%	60%	52%
Both of the above	12	4	6	4	2	-	6	5	-	10	2	11	1
	13%	12%	12%	25%	17%	-	11%	19%	-	13%	12%	13%	16%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	c	*d	a	*b	*c	*d
Unweighted Total	90	1	5	15	23	19	12	7	8	62	27	13	27	34	16	30	19	25	15
Total	89	1	4	15	23	17	12	7	9	60	29	12	27	35	15	29	20	25	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	-	2	8	7	5	2	1	-	22	3	2	9	8	6	6	10	5	3
	28%	-	42%	52%	32%	27%	18%	11%	-	36%	10%	13%	34%	22%	40%	22%	49%	20%	23%
With member(s) of other household(s)	53	1	3	4	15	10	9	4	7	32	20	9	17	21	6	18	8	18	7
	59%	100%	58%	29%	65%	58%	76%	53%	77%	53%	70%	73%	63%	60%	41%	63%	42%	72%	52%
Both of the above	12	-	-	3	1	3	1	3	2	6	5	2	1	6	3	4	2	2	4
	13%	-	-	19%	4%	15%	6%	36%	23%	11%	19%	14%	3%	18%	19%	15%	9%	8%	25%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	*c
Unweighted Total	90	46	32	12
Total	89	45	32	12
	100%	100%	100%	100%
With member(s) of my own household	25	12	9	3
	28%	27%	27%	29%
With member(s) of other household(s)	53	23	22	8
	59%	51%	67%	71%
Both of the above	12	10	2	-
	13%	22%	6%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	54	25	29	37	10	7	3	7	6	10	4	5	9	5	5
Total	55	26	28	36	10	8	2	7	5	11	3	5	10	6	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	22	9	13	16	3	3	1	3	2	5	2	3	4	3	-
	40%	35%	46%	45%	30%	33%	34%	39%	37%	42%	48%	62%	42%	55%	-
With member(s) of other household(s)	25	14	11	14	6	5	1	3	2	5	1	2	5	3	4
	47%	54%	39%	38%	61%	67%	66%	41%	44%	42%	26%	38%	45%	45%	81%
Both of the above	7	3	4	6	1	-	-	1	1	2	1	-	1	-	1
	13%	11%	15%	17%	9%	-	-	19%	19%	15%	25%	-	13%	-	19%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	54	17	14	12	3	6	2	43	11	37	1	7	7	-	-	15
Total	55	18	14	12	2	6	2	44	10	38	1	7	7	-	-	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
With member(s) of my own household	22	4	10	5	2	2	-	18	4	17	1	-	3	-	-	5
	40%	20%	66%	42%	100%	29%	-	41%	39%	43%	100%	-	52%	-	-	31%
With member(s) of other household(s)	25	11	5	5	-	2	2	21	4	17	-	5	2	-	-	8
	47%	61%	34%	42%	-	39%	100%	47%	43%	44%	-	81%	36%	-	-	54%
Both of the above	7	3	-	2	-	2	-	5	2	5	-	1	1	-	-	2
	13%	19%	-	16%	-	32%	-	12%	18%	13%	-	19%	13%	-	-	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	54	23	14	12	26	2	3	21	12	5	1	1	5	2	2	5
Total	55	21	16	13	30	1	3	23	13	5	1	1	4	2	2	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	22	9	6	6	11	-	2	7	8	1	1	1	1	1	-	2
	40%	42%	37%	41%	39%	-	70%	32%	66%	18%	100%	100%	18%	59%	-	47%
With member(s) of other household(s)	25	11	7	6	13	1	-	12	4	2	-	-	2	1	2	1
	47%	54%	44%	42%	43%	100%	-	53%	34%	42%	-	-	62%	41%	100%	34%
Both of the above	7	1	3	2	5	-	1	3	-	2	-	-	1	-	-	1
	13%	4%	20%	17%	18%	-	30%	15%	-	40%	-	-	20%	-	-	20%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
54	17	12	8	2	20	19	18	17	4	1	21	19	4	28	17	5	50
55	18	12	9	2	21	21	20	17	4	1	21	21	4	28	18	5	50
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
22	10	6	2	1	8	11	10	6	2	-	8	10	-	14	7	1	22
40%	53%	48%	26%	45%	38%	52%	51%	37%	49%	-	39%	48%	-	51%	41%	16%	44%
25	6	3	7	-	10	6	6	10	1	-	11	6	4	10	8	3	21
47%	36%	27%	74%	-	48%	31%	33%	59%	23%	-	52%	31%	100%	35%	46%	66%	42%
7	2	3	-	1	3	3	3	1	1	1	2	4	-	4	2	1	7
13%	12%	24%	-	55%	14%	17%	16%	5%	28%	100%	9%	21%	-	14%	13%	18%	14%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

Significance Level: 95%		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
		*a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	54	25	23	8	9	4	33	19	1	44	10	46	8
Total	55	26	22	8	9	4	34	19	1	46	9	48	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	22	11	10	2	4	2	14	7	1	18	4	21	1
	40%	40%	47%	24%	52%	49%	43%	35%	100%	39%	49%	45%	11%
With member(s) of other household(s)	25	12	9	4	3	1	16	8	-	22	4	21	5
	47%	44%	39%	53%	36%	18%	49%	43%	-	47%	42%	44%	66%
Both of the above	7	4	3	2	1	1	3	4	-	6	1	5	2
	13%	16%	13%	23%	12%	33%	9%	22%	-	14%	10%	11%	24%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	54	2	4	4	11	8	10	3	12	27	25	7	11	20	16	15	14	18	7
Total	55	2	4	5	11	8	10	3	12	27	26	7	11	18	18	16	13	18	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	22	1	1	2	4	2	7	1	5	8	13	4	3	7	8	6	6	6	4
	40%	63%	25%	31%	35%	28%	63%	29%	41%	31%	49%	57%	29%	39%	43%	36%	45%	34%	56%
With member(s) of other household(s)	25	1	2	3	6	5	4	1	4	16	9	3	5	11	6	6	6	12	1
	47%	37%	53%	69%	55%	59%	37%	33%	34%	58%	35%	43%	45%	61%	34%	39%	48%	66%	15%
Both of the above	7	-	1	-	1	1	-	1	3	3	4	-	3	-	4	4	1	-	2
	13%	-	22%	-	10%	13%	-	38%	25%	11%	17%	-	27%	-	23%	25%	6%	-	29%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		*a	*b	*c
Unweighted Total	54	29	19	6
Total	55	30	19	6
	100%	100%	100%	100%
With member(s) of my own household	22	11	9	2
	40%	37%	49%	33%
With member(s) of other household(s)	25	12	10	4
	47%	39%	51%	67%
Both of the above	7	7	-	-
	13%	24%	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	70	48	22	34	17	19	4	11	6	8	8	5	14	10	4
Total	72	51	21	31	18	23	4	12	5	8	7	5	15	11	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	17	9	8	11	4	1	2	1	2	2	1	-	7	2	-
	23%	18%	36%	35%	25%	6%	44%	7%	46%	25%	13%	-	45%	20%	-
With member(s) of other household(s)	46	38	9	14	13	20	2	9	1	6	6	4	5	9	5
	64%	74%	40%	44%	71%	87%	56%	70%	16%	75%	87%	81%	33%	80%	100%
Both of the above	9	4	5	7	1	2	-	3	2	-	-	1	3	-	-
	12%	8%	24%	21%	4%	7%	-	23%	39%	-	-	19%	22%	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	70	18	14	14	8	3	13	46	24	59	1	6	3	-	-	10
Total	72	19	16	14	6	2	15	48	23	61	1	6	3	-	-	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
With member(s) of my own household	17	3	4	3	5	-	1	11	6	15	-	1	1	-	-	2
	23%	18%	28%	21%	77%	-	9%	22%	26%	25%	-	12%	29%	-	-	16%
With member(s) of other household(s)	46	12	9	8	1	2	14	29	17	39	1	3	2	-	-	6
	64%	63%	57%	58%	23%	100%	91%	60%	74%	64%	100%	48%	71%	-	-	60%
Both of the above	9	4	2	3	-	-	-	9	-	7	-	2	-	-	-	2
	12%	19%	15%	21%	-	-	-	18%	-	11%	-	41%	-	-	-	24%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		a	*b	*c	*d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	70	42	10	13	23	4	3	34	6	3	-	3	3	1	13	7
Total	72	41	12	15	27	3	2	35	7	3	-	3	2	1	16	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%
With member(s) of my own household	17	7	1	7	8	1	2	9	3	-	-	-	1	-	1	2
	23%	18%	9%	44%	28%	24%	65%	27%	44%	-	-	-	28%	-	9%	42%
With member(s) of other household(s)	46	29	7	7	14	2	1	20	3	2	-	3	2	-	14	2
	64%	72%	61%	47%	54%	50%	35%	58%	38%	68%	-	100%	72%	-	91%	43%
Both of the above	9	4	4	1	5	1	-	5	1	1	-	-	-	1	-	1
	12%	10%	30%	9%	18%	26%	-	15%	18%	32%	-	-	-	100%	-	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
Unweighted Total	70	22	10	9	4	19	26	22	15	7	1	22	23	13	39	15	3	57
Total	72	23	10	8	4	19	28	23	15	6	1	21	25	14	39	16	3	58
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	17 23%	6 27%	4 38%	4 44%	- -	8 41%	6 23%	5 23%	6 38%	3 44%	- -	9 40%	5 22%	2 12%	5 14%	8 49%	2 62%	15 26%
With member(s) of other household(s)	46 64%	12 52%	6 62%	5 56%	2 44%	11 59%	14 51%	15 65%	7 49%	2 37%	- -	10 45%	15 62%	12 88%	28 70%	7 42%	- -	34 59%
Both of the above	9 12%	5 21%	- -	- -	2 56%	- -	7 26%	3 12%	2 13%	1 19%	1 100%	3 15%	4 17%	- -	6 16%	1 8%	1 38%	9 15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	Total	*a b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	70	21 35	10	9	6	45	24	-	51	19	54	16
Total	72	21 36	9	10	6	47	24	-	52	20	56	15
	100%	100% 100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	17	8 7	4	3	1	10	7	-	14	2	13	4
	23%	37% 20%	37%	30%	13%	21%	30%	-	27%	12%	23%	25%
With member(s) of other household(s)	46	10 24	5	4	4	33	12	-	31	15	38	8
	64%	46% 66%	50%	45%	65%	71%	50%	-	59%	78%	67%	55%
Both of the above	9	4 5	1	2	1	4	5	-	7	2	6	3
	12%	17% 14%	13%	25%	22%	8%	21%	-	13%	10%	10%	20%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	c	*d	*a	*b	*c	*d
Unweighted Total	70	-	5	12	9	16	10	5	13	42	28	11	14	33	12	27	13	24	5
Total	72	-	5	10	9	17	11	5	14	41	30	11	14	33	14	28	12	25	6
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	17	-	2	5	2	3	1	2	3	11	5	3	3	8	3	6	3	5	2
	23%	-	34%	47%	17%	19%	8%	36%	19%	27%	18%	24%	22%	24%	22%	22%	24%	19%	34%
With member(s) of other household(s)	46	-	1	5	7	11	9	2	10	25	22	7	8	22	9	20	7	19	-
	64%	-	25%	53%	73%	65%	85%	39%	72%	59%	71%	62%	60%	68%	62%	73%	59%	73%	-
Both of the above	9	-	2	-	1	3	1	1	1	6	3	2	2	3	2	1	2	2	4
	12%	-	42%	-	9%	16%	7%	25%	9%	13%	11%	14%	18%	8%	16%	5%	16%	7%	66%



## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%	a	*b	*c
Unweighted Total	70	36	24
Total	72	38	24
	100%	100%	100%
With member(s) of my own household	17	11	4
	23%	29%	17%
With member(s) of other household(s)	46	21	20
	64%	55%	80%
Both of the above	9	6	1
	12%	16%	3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	109	46	62	74	28	7	6	18	10	15	6	5	32	6	11
Total	103	42	60	68	29	7	5	17	9	14	5	5	31	7	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	44	23	21	28	15	1	1	6	5	6	1	3	16	2	6
	43%	53%	36%	41%	53%	14%	16%	33%	52%	45%	13%	48%	51%	27%	55%
With member(s) of other household(s)	46	14	32	31	11	4	2	10	4	7	3	3	10	5	3
	44%	33%	53%	45%	39%	60%	52%	57%	37%	46%	66%	52%	32%	73%	28%
		a													
Both of the above	13	6	7	9	2	2	1	2	1	1	1	-	5	-	2
	13%	14%	11%	13%	8%	26%	31%	10%	11%	9%	20%	-	17%	-	18%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	109	18	31	26	16	11	7	75	34	79	4	18	5	-	1	28
Total	103	19	32	25	13	9	6	75	28	76	4	16	5	-	1	26
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	44	8	15	12	3	4	3	35	9	32	2	8	2	-	-	13
	43%	43%	46%	48%	21%	43%	45%	46%	33%	42%	66%	48%	51%	-	-	49%
With member(s) of other household(s)	46	8	12	12	7	5	2	31	15	37	1	5	1	-	1	9
	44%	41%	37%	48%	55%	57%	39%	42%	52%	49%	34%	32%	26%	-	100%	34%
Both of the above	13	3	5	1	3	-	1	9	4	7	-	3	1	-	-	4
	13%	16%	17%	4%	24%	-	15%	12%	14%	9%	-	21%	23%	-	-	17%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	109	49	28	22	50	8	6	52	19	4	2	2	10	4	2	14
Total	103	40	31	25	56	7	6	51	18	4	1	2	8	4	2	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	44	19	13	12	25	4	2	24	7	2	1	2	2	1	-	6
	43%	48%	43%	46%	45%	53%	35%	47%	36%	50%	51%	100%	28%	23%	-	45%
With member(s) of other household(s)	46	18	12	11	23	3	3	23	8	-	1	-	5	3	1	5
	44%	44%	38%	45%	41%	37%	45%	45%	45%	-	49%	-	63%	77%	49%	41%
Both of the above	13	3	6	2	8	1	1	4	3	2	-	-	1	-	1	2
	13%	7%	19%	8%	14%	10%	20%	9%	19%	50%	-	-	9%	-	51%	14%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	*b	*c	*d	e	f	*a	b	*c	*d	e	f	*a	b	c	*d	e
109	38	27	12	3	39	41	26	39	10	4	49	30	10	49	40	10	99
103	37	26	11	3	37	40	26	38	8	4	46	30	8	46	39	9	95
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
44	21	11	2	-	13	21	13	18	3	1	21	14	3	20	18	3	41
43%	56%	41%	21%	-	35%	52%	51%	47%	37%	20%	45%	47%	38%	42%	46%	35%	43%
46	12	12	6	2	18	14	9	15	5	2	20	11	5	22	16	3	41
44%	33%	46%	52%	66%	48%	36%	33%	40%	63%	53%	44%	36%	62%	47%	40%	35%	43%
13	4	3	3	1	6	5	4	5	-	1	5	5	-	5	6	3	13
13%	11%	12%	27%	34%	16%	12%	16%	13%	-	27%	10%	17%	-	11%	14%	29%	14%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	109	39	58	16	17	2	75	33	2	91	18	92	15
Total	103	39	54	14	16	2	72	30	2	87	16	88	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	44	17	23	5	6	1	32	10	1	38	6	37	6
	43%	45%	44%	33%	38%	41%	45%	35%	62%	44%	37%	42%	46%
With member(s) of other household(s)	46	14	27	7	8	1	30	16	1	41	5	39	7
	44%	36%	49%	54%	50%	59%	42%	53%	38%	46%	34%	44%	54%
Both of the above	13	7	4	2	2	-	10	4	-	9	5	12	-
	13%	19%	7%	13%	12%	-	14%	12%	-	10%	29%	14%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%	*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	a	*b	c	*d
Unweighted Total	109	1	4	20	23	23	6	9	70	38	19	29	45	14	38	27	30	13
Total	103	1	3	20	21	23	6	8	65	37	17	26	44	15	35	25	29	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	44	-	1	7	11	12	8	1	3	32	4	17	17	5	16	10	14	4
	43%	-	22%	35%	54%	59%	34%	20%	40%	48%	22%	65%	39%	31%	44%	40%	48%	34%
With member(s) of other household(s)	46	1	2	11	5	9	13	4	2	27	12	8	19	7	16	11	10	7
	44%	100%	78%	53%	25%	41%	55%	61%	20%	41%	67%	33%	43%	50%	47%	45%	35%	55%
Both of the above	13	-	-	2	4	-	2	1	3	7	2	1	8	3	3	4	5	1
	13%	-	-	11%	21%	-	10%	19%	41%	10%	11%	3%	18%	20%	9%	15%	17%	11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	*c
Significance Level: 95%				
Unweighted Total	109	55	38	15
Total	103	52	36	14
	100%	100%	100%	100%
With member(s) of my own household	44	25	13	5
	43%	48%	37%	39%
With member(s) of other household(s)	46	21	18	8
	44%	40%	48%	56%
Both of the above	13	6	5	1
	13%	12%	15%	6%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	62	23	38	34	21	7	5	9	5	8	7	2	14	7	5
Total	62	22	39	32	22	8	5	9	5	8	6	2	15	7	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	32	11	21	16	13	4	-	4	3	3	4	1	10	6	2
	52%	47%	54%	49%	58%	49%	-	47%	49%	38%	56%	48%	67%	89%	36%
With member(s) of other household(s)	23	10	13	11	8	4	3	3	3	5	3	1	3	1	2
	37%	43%	34%	34%	36%	51%	66%	31%	51%	62%	44%	52%	19%	11%	43%
Both of the above	7	2	5	5	1	-	2	2	-	-	-	-	2	-	1
	11%	9%	12%	17%	5%	-	34%	22%	-	-	-	-	14%	-	21%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	62	9	17	17	6	5	8	43	19	48	-	10	1	1	1	13
Total	62	10	18	17	5	5	8	44	18	50	-	8	1	1	1	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%
With member(s) of my own household	32	4	11	7	3	3	5	21	11	28	-	1	1	1	1	4
	52%	41%	60%	39%	69%	67%	56%	48%	63%	57%	-	10%	100%	100%	100%	35%
With member(s) of other household(s)	23	3	7	8	1	1	3	19	4	17	-	5	-	-	-	5
	37%	33%	40%	49%	17%	15%	34%	42%	24%	35%	-	66%	-	-	-	48%
Both of the above	7	2	-	2	1	1	1	4	2	4	-	2	-	-	-	2
	11%	25%	-	11%	14%	18%	9%	10%	13%	8%	-	24%	-	-	-	17%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	62	28	9	20	29	3	4	29	7	4	3	4	4	-	4	7
Total	62	25	10	23	33	3	4	29	7	4	2	4	3	-	5	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	32	12	6	13	19	3	2	15	4	1	-	1	2	-	4	5
	52%	49%	65%	57%	59%	100%	51%	52%	49%	27%	-	27%	76%	-	77%	72%
With member(s) of other household(s)	23	12	1	8	9	-	2	10	4	2	1	2	1	-	1	2
	37%	48%	12%	35%	28%	-	49%	34%	51%	44%	64%	54%	24%	-	23%	28%
Both of the above	7	1	2	2	4	-	-	4	-	1	1	1	-	-	-	-
	11%	3%	24%	9%	13%	-	-	14%	-	28%	36%	19%	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
62	18	12	7	6	19	24	16	12	14	2	26	18	4	30	24	4	58
62	18	12	7	5	19	23	14	13	13	2	27	17	4	29	25	4	58
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
32	9	4	4	2	9	11	8	5	7	1	12	9	1	14	15	2	31
52%	54%	36%	59%	32%	44%	49%	56%	34%	55%	39%	44%	54%	24%	47%	62%	56%	54%
23	6	7	2	2	9	8	6	8	4	-	12	6	3	12	7	1	20
37%	35%	56%	29%	30%	46%	34%	40%	57%	31%	-	44%	35%	76%	40%	29%	27%	34%
7	2	1	1	2	2	4	1	1	2	1	3	2	-	4	2	1	7
11%	11%	9%	12%	39%	10%	17%	5%	9%	14%	61%	11%	12%	-	13%	8%	17%	11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	62	29	27	13	17	2	30	28	4	51	11	52	8
Total	62	29	28	12	17	2	31	27	4	52	10	52	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	32	17	15	7	10	-	16	14	3	29	3	27	5
	52%	59%	52%	58%	59%	-	52%	53%	76%	57%	30%	53%	58%
With member(s) of other household(s)	23	11	9	5	6	2	11	12	1	16	7	20	3
	37%	37%	34%	42%	35%	100%	35%	44%	24%	30%	70%	39%	33%
Both of the above	7	1	4	-	1	-	4	1	-	7	-	4	1
	11%	4%	14%	-	6%	-	13%	4%	-	13%	-	8%	9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	62	-	1	16	13	12	11	4	5	42	20	10	16	19	15	20	13	16	13
Total	62	-	1	17	13	12	11	4	4	42	20	10	16	18	16	21	13	16	13
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	32	-	-	12	5	8	3	2	2	25	7	7	10	7	8	13	6	8	5
	52%	-	-	70%	42%	71%	28%	50%	38%	60%	35%	64%	60%	39%	53%	64%	49%	51%	40%
With member(s) of other household(s)	23	-	1	4	6	3	8	1	1	13	10	4	4	10	4	6	4	7	6
	37%	-	100%	26%	43%	21%	72%	18%	20%	31%	49%	36%	26%	55%	28%	31%	32%	42%	45%
Both of the above	7	-	-	1	2	1	-	1	2	3	3	-	2	1	3	1	2	1	2
	11%	-	-	5%	15%	7%	-	31%	42%	8%	16%	-	15%	7%	19%	5%	19%	8%	15%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%	a	*b	*c
Unweighted Total	62	32	17
Total	62	32	16
	100%	100%	100%
With member(s) of my own household	32	14	9
	52%	45%	59%
With member(s) of other household(s)	23	13	4
	37%	42%	26%
Both of the above	7	4	2
	11%	13%	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	*a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	32	18	14	23	9	-	2	6	1	3	4	1	8	3	4
Total	31	18	13	22	9	-	2	7	1	3	3	1	9	3	3
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	9	7	11	5	-	1	3	-	2	2	-	5	1	2
	51%	48%	55%	49%	56%	-	45%	48%	-	71%	66%	-	55%	39%	50%
With member(s) of other household(s)	11	6	5	7	4	-	-	2	1	1	1	1	2	2	2
	35%	36%	35%	32%	44%	-	-	33%	100%	29%	34%	100%	22%	61%	50%
Both of the above	4	3	1	4	-	-	1	1	-	-	-	-	2	-	-
	14%	17%	10%	20%	-	-	55%	19%	-	-	-	-	23%	-	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*a	*b	*c	*d	*e	*f	*g
Unweighted Total	32	11	5	8	4	3	1	24	8	22	2	4	3	-	-	9
Total	31	11	5	8	3	2	1	24	6	20	2	4	3	-	-	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
With member(s) of my own household	16	6	1	4	3	1	1	12	4	9	1	1	3	-	-	6
	51%	54%	27%	51%	79%	28%	100%	48%	62%	45%	54%	27%	100%	-	-	59%
With member(s) of other household(s)	11	2	4	3	1	2	-	8	2	9	1	1	-	-	-	2
	35%	15%	73%	39%	21%	72%	-	35%	38%	44%	46%	21%	-	-	-	20%
Both of the above	4	3	-	1	-	-	-	4	-	2	-	2	-	-	-	2
	14%	31%	-	10%	-	-	-	17%	-	11%	-	52%	-	-	-	21%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	32	10	9	7	16	4	1	19	4	2	-	-	1	1	-	5
Total	31	8	10	8	18	4	1	19	4	2	-	-	1	1	-	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%	100%	-	100%
With member(s) of my own household	16	3	9	1	10	3	1	8	2	1	-	-	1	1	-	4
	51%	38%	88%	16%	57%	71%	100%	39%	55%	59%	-	-	100%	100%	-	77%
With member(s) of other household(s)	11	4	-	4	4	1	-	8	2	-	-	-	-	-	-	1
	35%	52%	-	56%	24%	29%	-	43%	45%	-	-	-	-	-	-	23%
Both of the above	4	1	1	2	3	-	-	3	-	1	-	-	-	-	-	-
	14%	10%	12%	28%	19%	-	-	18%	-	41%	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
32	8	11	3	3	14	11	10	9	6	1	15	11	2	16	13	1	30
31	8	11	3	3	14	11	10	9	5	1	14	11	2	16	13	1	29
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16	3	6	2	-	7	3	4	4	3	-	7	4	-	10	5	1	16
51%	39%	51%	66%	-	54%	28%	42%	49%	54%	-	51%	37%	-	62%	41%	100%	54%
11	4	4	1	1	5	4	4	5	2	-	6	4	2	5	4	-	9
35%	45%	41%	34%	30%	40%	41%	36%	51%	31%	-	43%	32%	100%	30%	35%	-	31%
4	1	1	-	2	1	3	2	-	1	1	1	3	-	1	3	-	4
14%	16%	8%	-	70%	7%	31%	22%	-	15%	100%	5%	31%	-	8%	24%	-	15%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	*e	*f	*a	*b	*a	*b
Unweighted Total	32	17	12	7	8	4	12	18	1	23	9	26	6
Total	31	16	12	7	7	4	13	16	1	24	7	26	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	10	5	5	4	1	7	8	1	13	3	13	3
	51%	59%	43%	75%	50%	19%	52%	50%	100%	53%	43%	50%	53%
With member(s) of other household(s)	11	4	5	2	3	1	5	5	-	8	3	9	2
	35%	23%	46%	25%	37%	25%	38%	32%	-	32%	46%	36%	31%
Both of the above	4	3	1	-	1	2	1	3	-	3	1	3	1
	14%	18%	11%	-	12%	56%	10%	18%	-	15%	11%	13%	16%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	32	1	1	1	8	7	6	4	4	17	14	5	9	9	9	12	4	10	5
Total	31	1	1	1	8	7	5	4	4	16	14	4	9	8	9	11	4	10	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	-	1	1	5	2	2	2	3	9	7	-	4	5	7	4	3	6	2
	51%	-	100%	100%	63%	34%	36%	46%	69%	55%	49%	-	45%	56%	77%	39%	75%	63%	44%
With member(s) of other household(s)	11	-	-	-	3	4	3	1	-	6	4	4	4	3	-	6	1	3	2
	35%	-	-	-	37%	53%	64%	25%	-	40%	32%	100%	41%	33%	-	49%	25%	28%	32%
Both of the above	4	1	-	-	-	1	-	1	1	1	3	-	1	1	2	1	-	1	1
	14%	100%	-	-	-	13%	-	30%	31%	6%	18%	-	14%	11%	23%	11%	-	9%	24%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		*a	*b	*c
Unweighted Total	32	19	9	3
Total	31	19	8	3
	100%	100%	100%	100%
With member(s) of my own household	16	11	5	-
	51%	58%	58%	-
With member(s) of other household(s)	11	4	3	3
	35%	24%	42%	100%
Both of the above	4	3	-	-
	14%	18%	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	*a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	31	18	13	21	10	-	2	6	-	-	7	2	11	2	1
Total	28	16	12	18	10	-	2	6	-	-	5	2	11	2	1
	100%	100%	100%	100%	100%	-	100%	100%	-	-	100%	100%	100%	100%	100%
With member(s) of my own household	7	4	3	4	3	-	1	1	-	-	2	-	3	-	-
	25%	24%	26%	23%	27%	-	55%	13%	-	-	44%	-	27%	-	-
With member(s) of other household(s)	14	8	7	8	6	-	1	2	-	-	2	2	5	2	1
	50%	47%	54%	43%	61%	-	45%	29%	-	-	41%	100%	45%	100%	100%
Both of the above	7	5	2	6	1	-	-	3	-	-	1	-	3	-	-
	26%	29%	20%	34%	11%	-	-	58%	-	-	15%	-	28%	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*a	*b	*c	*d	*e	*f	*g
Unweighted Total	31	9	8	5	7	2	-	22	9	19	-	9	2	-	-	11
Total	28	9	8	4	5	1	-	22	6	17	-	8	2	-	-	10
	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	-	100%	100%	-	-	100%
With member(s) of my own household	7	3	1	1	2	-	-	5	2	5	-	2	-	-	-	2
	25%	29%	15%	34%	31%	-	-	25%	24%	30%	-	22%	-	-	-	18%
With member(s) of other household(s)	14	4	4	3	2	1	-	11	3	9	-	4	1	-	-	4
	50%	44%	46%	66%	41%	100%	-	49%	54%	52%	-	43%	38%	-	-	42%
Both of the above	7	3	3	-	1	-	-	6	1	3	-	3	1	-	-	4
	26%	27%	40%	-	28%	-	-	27%	22%	18%	-	34%	62%	-	-	40%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	31	15	5	7	12	2	3	14	4	1	1	1	3	1	1	5
Total	28	11	6	8	14	1	3	13	4	1	1	1	2	1	1	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	7	2	-	4	4	-	2	3	1	-	-	-	1	1	-	2
	25%	20%	-	52%	29%	-	58%	22%	24%	-	-	-	34%	100%	-	38%
With member(s) of other household(s)	14	8	1	4	5	1	-	7	1	1	-	1	1	-	1	1
	50%	74%	19%	48%	35%	100%	-	54%	28%	100%	-	100%	66%	-	100%	34%
Both of the above	7	1	5	-	5	-	1	3	2	-	1	-	-	-	-	1
	26%	6%	81%	-	36%	-	42%	25%	47%	-	100%	-	-	-	-	28%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
31	8	7	7	1	14	9	6	12	4	1	16	7	1	13	15	2	30
28	8	7	6	1	13	9	6	12	3	1	15	8	1	12	14	1	27
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
7	2	3	1	-	4	2	2	3	1	-	4	2	-	1	6	-	7
25%	25%	36%	17%	-	27%	21%	28%	26%	25%	-	26%	23%	-	6%	46%	-	25%
14	4	3	3	-	6	4	3	5	2	-	6	3	1	6	7	1	13
50%	45%	45%	47%	-	46%	38%	52%	40%	52%	-	43%	44%	100%	48%	48%	52%	48%
7	2	1	2	1	3	4	1	4	1	1	5	3	-	6	1	1	7
26%	31%	19%	36%	100%	27%	40%	20%	34%	23%	100%	32%	33%	-	46%	6%	48%	26%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	*e	*f	*a	*b	*a	*b
Unweighted Total	31	18	11	7	10	4	11	18	2	23	8	26	5
Total	28	17	9	7	9	3	10	16	2	22	7	24	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	7	5	2	-	4	1	3	4	-	6	1	7	-
	25%	27%	24%	-	41%	22%	25%	27%	-	29%	11%	29%	-
With member(s) of other household(s)	14	7	6	5	5	2	5	8	2	10	4	10	5
	50%	38%	62%	70%	52%	53%	49%	51%	100%	45%	66%	40%	100%
Both of the above	7	6	1	2	1	1	3	3	-	6	1	7	-
	26%	34%	14%	30%	8%	24%	26%	21%	-	27%	22%	30%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	31	-	1	4	8	7	4	4	3	20	11	9	5	10	7	9	7	8	7
Total	28	-	1	3	6	7	4	5	3	17	11	8	4	9	8	8	6	7	8
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	7	-	-	1	1	3	1	1	-	5	2	2	-	3	2	2	2	2	1
	25%	-	-	32%	25%	41%	21%	18%	-	31%	15%	21%	-	38%	25%	28%	34%	23%	16%
With member(s) of other household(s)	14	-	1	2	4	4	2	-	2	10	4	5	3	3	2	4	2	5	3
	50%	-	100%	48%	61%	59%	59%	-	54%	61%	33%	70%	83%	38%	26%	47%	39%	77%	36%
Both of the above	7	-	-	1	1	-	1	4	1	1	6	1	1	2	4	2	1	-	4
	26%	-	-	21%	13%	-	20%	82%	46%	8%	52%	9%	17%	23%	49%	25%	26%	-	49%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		*a	*b	*c
Unweighted Total	31	19	7	5
Total	28	19	5	4
	100%	100%	100%	100%
With member(s) of my own household	7	5	1	1
	25%	29%	14%	19%
With member(s) of other household(s)	14	9	4	2
	50%	45%	73%	43%
Both of the above	7	5	1	1
	26%	26%	13%	39%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	*a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	32	14	18	22	10	-	-	6	3	4	2	1	11	4	1
Total	32	14	18	21	10	-	-	7	3	4	2	1	11	4	1
	100%	100%	100%	100%	100%	-	-	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	13	8	5	6	6	-	-	2	1	2	1	1	3	3	-
	39%	56%	26%	30%	59%	-	-	33%	38%	46%	39%	100%	29%	70%	-
With member(s) of other household(s)	12	3	10	8	4	-	-	3	1	-	1	-	6	1	1
	39%	19%	55%	39%	41%	-	-	47%	25%	-	61%	-	50%	30%	100%
Both of the above	7	3	3	7	-	-	-	1	1	2	-	-	2	-	-
	21%	24%	19%	31%	-	-	-	20%	36%	54%	-	-	21%	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*a	*b	*c	*d	*e	*f	*g
Unweighted Total	32	6	9	7	5	3	2	22	10	19	1	5	3	-	1	10
Total	32	7	9	7	5	2	2	23	9	19	1	6	3	-	1	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	13	2	4	2	1	2	1	8	4	8	1	1	1	-	-	3
	39%	31%	41%	35%	30%	71%	60%	36%	47%	40%	100%	23%	41%	-	-	33%
With member(s) of other household(s)	12	1	4	4	2	1	1	9	4	8	-	2	2	-	1	5
	39%	16%	45%	54%	48%	29%	40%	39%	41%	42%	-	35%	59%	-	100%	45%
Both of the above	7	4	1	1	1	-	-	6	1	3	-	2	-	-	-	2
	21%	53%	14%	11%	22%	-	-	25%	12%	18%	-	42%	-	-	-	23%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	32	11	10	7	17	1	1	15	8	-	3	-	3	1	-	2
Total	32	9	12	8	20	1	1	16	8	-	2	-	2	1	-	2
	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	-	100%	100%	-	100%
With member(s) of my own household	13	3	5	2	7	1	-	5	4	-	1	-	1	1	-	1
	39%	35%	40%	29%	35%	100%	-	33%	50%	-	30%	-	35%	100%	-	37%
With member(s) of other household(s)	12	6	5	2	7	-	1	6	3	-	2	-	1	-	-	1
	39%	65%	40%	28%	35%	-	100%	38%	37%	-	70%	-	32%	-	-	63%
Both of the above	7	-	2	4	6	-	-	5	1	-	-	-	1	-	-	-
	21%	-	20%	44%	30%	-	-	30%	14%	-	-	-	33%	-	-	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
Unweighted Total	32	10	6	7	2	13	12	6	12	7	1	19	7	-	15	15	2	32
Total	32	11	6	7	2	13	13	7	11	7	1	19	8	-	14	15	2	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	13	5	-	5	-	5	5	4	2	4	-	6	4	-	5	5	2	13
	39%	47%	-	70%	-	38%	38%	62%	17%	53%	-	31%	52%	-	38%	33%	100%	39%
With member(s) of other household(s)	12	4	5	-	1	5	5	1	7	3	-	10	1	-	7	6	-	12
	39%	41%	79%	-	48%	36%	42%	19%	62%	47%	-	56%	16%	-	46%	39%	-	39%
Both of the above	7	1	1	2	1	3	3	1	2	-	1	2	3	-	2	4	-	7
	21%	12%	21%	30%	52%	26%	20%	19%	21%	-	100%	12%	32%	-	16%	29%	-	21%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	*e	*f	*a	*b	*a	*b
Unweighted Total	32	19	11	2	7	1	17	10	-	28	4	28	3
Total	32	20	10	2	7	1	17	10	-	28	3	28	3
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	13	6	5	-	2	-	8	2	-	11	2	11	1
	39%	29%	50%	-	24%	-	48%	17%	-	37%	56%	38%	34%
With member(s) of other household(s)	12	9	3	2	4	-	5	6	-	12	1	12	1
	39%	47%	31%	100%	58%	-	32%	57%	-	42%	21%	41%	35%
Both of the above	7	5	2	-	1	1	3	3	-	6	1	6	1
	21%	24%	20%	-	18%	100%	20%	25%	-	21%	22%	21%	31%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	32	1	3	7	6	4	7	2	2	20	11	4	7	11	9	9	9	6	6
Total	32	1	2	6	6	4	8	2	3	18	13	4	7	11	10	10	8	6	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	13	1	1	2	3	2	3	-	1	7	4	2	3	6	2	6	3	3	1
	39%	100%	35%	24%	45%	56%	42%	-	50%	39%	35%	54%	39%	55%	20%	63%	33%	44%	19%
With member(s) of other household(s)	12	-	1	3	3	2	3	1	-	8	4	2	3	4	4	2	3	2	4
	39%	-	32%	44%	55%	44%	41%	47%	-	45%	34%	46%	42%	35%	43%	24%	41%	34%	62%
Both of the above	7	-	1	2	-	-	1	1	1	3	4	-	1	1	4	1	2	1	1
	21%	-	33%	33%	-	-	17%	53%	50%	16%	31%	-	19%	10%	37%	13%	27%	21%	19%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
Significance Level: 95%			
Unweighted Total			
Total			
With member(s) of my own household			
With member(s) of other household(s)			
Both of the above			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	*a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	33	18	14	11	7	15	2	2	1	-	2	6	7	8	5
Total	35	20	14	10	8	17	2	2	1	-	2	6	7	9	7
	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%
With member(s) of my own household	17	8	9	4	4	9	1	1	-	-	1	3	3	3	4
	47%	39%	61%	37%	46%	54%	42%	59%	-	-	54%	55%	45%	34%	59%
With member(s) of other household(s)	14	10	3	4	4	5	1	1	-	-	1	3	1	6	1
	39%	50%	20%	39%	54%	32%	58%	41%	-	-	46%	45%	17%	66%	18%
Both of the above	5	2	3	2	-	2	-	-	1	-	-	-	3	-	1
	14%	11%	19%	24%	-	15%	-	-	100%	-	-	-	37%	-	22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	33	1	9	7	4	-	12	17	16	30	1	1	1	-	-	3
Total	35	1	10	7	3	-	13	19	17	32	1	1	1	-	-	4
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%	-	-	100%
With member(s) of my own household	17	1	5	1	1	-	9	7	10	15	1	-	-	-	-	1
	47%	100%	48%	12%	24%	-	67%	38%	58%	49%	100%	-	-	-	-	32%
With member(s) of other household(s)	14	-	2	6	2	-	4	7	6	11	-	1	1	-	-	3
	39%	-	18%	78%	56%	-	33%	40%	38%	36%	-	100%	100%	-	-	68%
Both of the above	5	-	3	1	1	-	-	4	1	5	-	-	-	-	-	-
	14%	-	34%	10%	20%	-	-	22%	4%	16%	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	33	22	5	6	11	1	-	6	5	-	1	-	5	5	10	1
Total	35	23	5	7	13	1	-	7	5	-	1	-	4	5	12	1
	100%	100%	100%	100%	100%	100%	-	100%	100%	-	100%	-	100%	100%	100%	100%
With member(s) of my own household	17	10	1	6	7	1	-	1	2	-	1	-	-	3	8	1
	47%	43%	15%	83%	54%	100%	-	13%	47%	-	100%	-	-	62%	66%	100%
With member(s) of other household(s)	14	9	4	1	5	-	-	6	3	-	-	-	2	1	3	-
	39%	40%	66%	17%	38%	-	-	87%	53%	-	-	-	43%	18%	21%	-
Both of the above	5	4	1	-	1	-	-	-	-	-	-	-	2	1	1	-
	14%	17%	19%	-	8%	-	-	-	-	-	-	-	57%	20%	12%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
33	6	4	2	-	6	6	5	2	5	-	7	5	3	16	14	-	30
35	7	4	2	-	7	7	5	3	5	-	8	5	3	17	15	-	32
100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	100%
17	1	1	2	-	4	1	1	1	2	-	4	1	1	7	8	-	16
47%	13%	32%	100%	-	57%	13%	15%	52%	46%	-	48%	15%	38%	43%	54%	-	48%
14	6	3	-	-	3	6	5	1	3	-	4	5	2	9	3	-	12
39%	87%	68%	-	-	43%	87%	85%	48%	54%	-	52%	85%	62%	52%	20%	-	37%
5	-	-	-	-	-	-	-	-	-	-	-	-	-	1	4	-	5
14%	-	-	-	-	-	-	-	-	-	-	-	-	-	6%	26%	-	15%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Longstanding physical and mental condition or illness					
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	*e	*f	*a	*b	a	*b
Unweighted Total	33	5	25	3	8	1	20	12	-	24	9	31	2
Total	35	6	27	4	9	1	21	13	-	25	11	33	2
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	17	-	16	1	4	1	11	6	-	11	6	16	1
	47%	-	58%	36%	41%	100%	51%	44%	-	43%	57%	47%	49%
With member(s) of other household(s)	14	5	7	2	4	-	7	6	-	11	3	13	1
	39%	82%	27%	64%	48%	-	31%	49%	-	43%	29%	38%	51%
Both of the above	5	1	4	-	1	-	4	1	-	3	1	5	-
	14%	18%	15%	-	11%	-	18%	7%	-	14%	14%	15%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	33	-	1	5	9	6	7	1	4	21	12	5	7	13	8	12	9	10	2
Total	35	-	1	5	10	6	8	1	4	22	13	6	7	14	9	12	11	10	3
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	17	-	-	1	4	3	4	1	2	9	8	3	3	5	6	4	7	3	3
	47%	-	-	26%	44%	47%	55%	100%	62%	39%	61%	44%	45%	39%	63%	34%	66%	30%	100%
With member(s) of other household(s)	14	-	1	3	3	3	4	-	1	9	4	3	3	7	1	3	4	7	-
	39%	-	100%	54%	30%	41%	45%	-	21%	42%	33%	45%	41%	55%	10%	26%	34%	70%	-
Both of the above	5	-	-	1	3	1	-	-	1	4	1	1	1	1	3	5	-	-	-
	14%	-	-	20%	26%	12%	-	-	17%	19%	5%	12%	14%	5%	27%	41%	-	-	-

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?**

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Amount of activity now compared to last year		
	Total	NET: More	About the same NET: Less
Significance Level: 95%		*a	*b
Unweighted Total	33	13	12
Total	35	14	14
	100%	100%	100%
With member(s) of my own household	17	5	6
	47%	37%	45%
With member(s) of other household(s)	14	5	7
	39%	34%	55%
Both of the above	5	4	-
	14%	29%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		1815	840	968	656	637	522	98	230	183	186	175	186	322	260	175	
Total		1807	872	928	589	612	606	82	231	173	188	158	198	305	286	185	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	254	115	136	123	81	50	12	33	24	27	13	22	54	42	27
			14%	13%	15%	21%	13%	8%	14%	14%	14%	15%	8%	11%	18%	15%	15%
						bc	c			e		e		e	e	e	
A bit more		(4.0)	506	238	265	173	173	159	19	72	34	52	43	54	95	81	56
			28%	27%	29%	29%	28%	26%	23%	31%	20%	27%	27%	28%	31%	28%	30%
										c				c	c	c	
About the same		(3.0)	656	349	307	162	229	265	37	74	70	78	67	88	87	90	65
			36%	40%	33%	27%	37%	44%	45%	32%	40%	42%	42%	44%	28%	31%	35%
				b			a	ab	bgh		g	bgh	bgh	bgh			
A bit less		(2.0)	225	111	115	72	72	81	8	30	30	21	17	23	42	33	20
			12%	13%	12%	12%	12%	13%	10%	13%	17%	11%	11%	12%	14%	12%	11%
A lot less		(1.0)	153	57	94	51	55	47	5	21	15	7	17	9	24	39	17
			8%	7%	10%	9%	9%	8%	6%	9%	8%	4%	11%	5%	8%	14%	9%
					a					d			df			adfg	d
Don't know			13	2	10	8	1	3	1	-	1	3	3	1	3	1	-
			1%	*	1%	1%	*	1%	2%	-	1%	1%	2%	*	1%	*	-
					a	b											
NET: More			759	354	402	297	254	209	30	105	57	79	55	77	149	123	83
			42%	41%	43%	50%	41%	34%	37%	46%	33%	42%	35%	39%	49%	43%	45%
						bc	c			ce					acef	c	c
NET: Less			378	168	209	123	127	128	13	51	45	28	34	33	66	72	37
			21%	19%	23%	21%	21%	21%	16%	22%	26%	15%	21%	17%	22%	25%	20%
											df					df	
Base for stats			1794	870	918	581	611	602	81	231	172	185	156	197	302	286	185
Mean Score			3.27	3.28	3.26	3.42	3.25	3.14	3.30	3.29	3.13	3.39	3.11	3.29	3.37	3.19	3.31
						bc						ce			ce		
Standard Deviation			1.115	1.056	1.164	1.201	1.110	1.013	1.035	1.142	1.119	.993	1.066	.980	1.164	1.225	1.129
Standard Error			.026	.037	.038	.047	.044	.044	.105	.075	.083	.073	.081	.072	.065	.076	.085
Error variance			*	*	*	*	*	*	.01	.01	.01	.01	.01	.01	*	.01	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Unweighted Total		1815	165	369	458	237	210	376	992	823	1481	48	163	75	8	17	311
Total		1807	176	393	455	205	182	396	1024	783	1494	45	155	73	6	16	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	254	46	56	61	23	25	43	163	91	205	9	21	13	-	5	48
		14%	26% bcdefgh	14%	13%	11%	14%	11%	16% fh	12%	14%	20%	13%	18%	-	31%	16%
A bit more	(4.0)	506	44	122	138	62	43	96	305	201	416	13	48	20	1	5	86
		28%	25% f	31%	30%	30%	24%	24%	30% f	26%	28%	28%	31%	28%	13%	30%	29%
About the same	(3.0)	656	52	124	162	78	76	164	339	318	567	8	46	23	3	2	82
		36%	30%	32%	36%	38%	42% abg	41% abg	33% abg	41% abg	38% bcg	18%	30%	32%	51%	15%	28%
A bit less	(2.0)	225	20	59	50	25	24	48	129	96	181	9	26	7	1	1	43
		12%	11%	15%	11%	12%	13%	12%	13%	12%	12%	19%	17%	9%	12%	6%	15%
A lot less	(1.0)	153	13	32	37	17	14	40	82	71	119	5	14	9	1	3	33
		8%	8%	8%	8%	8%	8%	10%	8%	9%	8%	12%	9%	13%	24%	18%	11%
Don't know		13	1	-	7	-	1	5	7	5	6	1	1	-	-	-	2
		1%	*	-	1% b	-	*	1% b	1% b	1% b	*	2%	*	-	-	-	1%
NET: More		759	90	178	199	85	68	140	467	292	621	22	68	34	1	10	134
		42%	51% efh	45% fh	44% fh	41%	37%	35%	46% efh	37%	42%	49%	44%	46%	13%	61%	46%
NET: Less		378	33	91	87	42	38	88	211	168	300	14	40	16	2	4	76
		21%	19%	23%	19%	20%	21%	22%	21%	21%	20%	31%	26%	22%	36%	24%	26% a
Base for stats		1794	175	393	448	205	181	391	1017	777	1487	44	154	73	6	16	292
Mean Score		3.27	3.51 bcdefh	3.28	3.30 f	3.24	3.22	3.14	3.33 fh	3.19	3.27	3.26	3.23	3.30	2.52	3.50	3.25
Standard Deviation		1.115	1.208	1.130	1.098	1.074	1.087	1.098	1.132	1.088	1.094	1.334	1.156	1.247	1.090	1.491	1.223
Standard Error		.026	.094	.059	.052	.070	.075	.057	.036	.038	.028	.195	.091	.144	.385	.362	.070
Error variance		*	.01	*	*	*	.01	*	*	*	*	.04	.01	.02	.15	.13	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
1815	1153	299	275	574	84	72	647	222	60	65	125	110	165	265	156	
1807	1085	340	311	651	80	65	639	223	58	65	111	90	147	329	145	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
254	127	59	60	119	23	15	97	28	6	9	16	20	15	25	37	
14%	12%	17%	19%	18%	28%	23%	15%	12%	11%	14%	14%	23%	10%	7%	26%	
		a	a	a	cdefgij	dij	j				j	cdij			cdegij	
506	304	91	94	185	28	19	190	63	11	23	35	22	32	82	47	
28%	28%	27%	30%	28%	35%	29%	30%	28%	19%	35%	32%	25%	22%	25%	32%	
					ei		i			ei					ei	
656	408	124	97	221	14	16	237	87	21	21	31	22	60	148	30	
36%	38%	36%	31%	34%	18%	24%	37%	39%	36%	32%	28%	25%	40%	45%	21%	
						abhk	abghk		ak	a			abghk	abcghk		
225	144	40	34	74	6	9	67	32	13	7	13	11	20	47	16	
12%	13%	12%	11%	11%	8%	14%	11%	14%	22%	10%	11%	13%	13%	14%	11%	
									ack							
153	96	25	25	50	9	6	47	12	4	4	15	11	20	25	14	
8%	9%	7%	8%	8%	11%	9%	7%	6%	7%	7%	14%	13%	14%	8%	10%	
											cd	d	cdj			
13	5	1	1	2	-	1	1	1	3	1	1	2	1	2	1	
1%	*	*	*	*	-	1%	*	*	5%	1%	1%	2%	1%	1%	*	
									acdghjk			c				
759	431	150	154	304	50	34	288	91	17	32	51	43	47	107	84	
42%	40%	44%	49%	47%	63%	52%	45%	41%	30%	49%	46%	48%	32%	33%	58%	
			a	a	cdeghij	eij	eij			eij	eij	eij			cdegij	
378	240	65	59	124	15	15	114	45	17	11	28	23	40	72	30	
21%	22%	19%	19%	19%	19%	23%	18%	20%	29%	17%	25%	25%	27%	22%	21%	
									c				c			
1794	1080	339	310	649	80	64	639	222	55	64	110	88	146	327	144	
3.27	3.21	3.35	3.42	3.38	3.61	3.44	3.35	3.28	3.05	3.40	3.21	3.33	3.02	3.11	3.53	
		a	a	a	cdegij	ij	eij	i		ij		i			degij	
1.115	1.096	1.122	1.158	1.139	1.283	1.240	1.087	1.038	1.107	1.081	1.238	1.319	1.147	.998	1.263	
.026	.032	.065	.070	.048	.140	.147	.043	.070	.148	.135	.111	.128	.090	.062	.101	
*	*	*	*	*	.02	.02	*	*	.02	.02	.01	.02	.01	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
1815	480	312	171	38	483	518	545	229	203	41	432	586	295	984	457	79	1520
1807 100%	466 100%	317 100%	170 100%	37 100%	486 100%	503 100%	535 100%	228 100%	202 100%	39 100%	430 100%	574 100%	287 100%	984 100%	460 100%	76 100%	1520 100%
254 14%	80 17%	49 16%	19 11%	5 14%	68 14%	85 17%	80 15%	43 19% c	22 11%	8 20%	65 15%	88 15%	42 14%	122 12%	73 16%	17 22% be	212 14%
506 28%	127 27% d	109 34% adf	46 27% d	4 11%	155 32% df	131 26% d	146 27%	79 35% af	59 29%	12 30%	138 32%	157 27%	64 22%	287 29% a	131 28%	25 32%	442 29% a
656 36%	180 39% b	88 28%	74 43% be	14 36%	162 33%	194 38% b	204 38% b	62 27%	81 40% b	11 28%	143 33%	215 37% b	105 37% d	375 38% d	161 35% d	16 20%	551 36% d
225 12%	53 11%	41 13%	23 13%	6 16%	64 13%	59 12%	69 13%	27 12%	27 13%	3 9%	54 13%	72 13%	41 14%	122 12%	51 11%	12 15%	184 12%
153 8%	26 6%	28 9%	8 5%	6 15% acf	37 8%	32 6%	36 7%	17 8%	11 6%	4 10%	28 7%	40 7%	33 12% be	72 7%	41 9%	7 9%	120 8%
13 1%	- -	- -	1 *	3 8% abcef	1 *	3 1%	- -	- -	2 1% a	2 4% abef	2 *	2 *	2 1%	6 1%	4 1%	1 1%	11 1%
759 42%	206 44% d	158 50% cdf	64 38%	9 25%	223 46% d	216 43% d	226 42%	122 53% acf	81 40%	19 49%	203 47%	245 43%	105 37%	409 42%	204 44% a	41 54% abe	654 43% a
378 21%	79 17%	70 22%	31 18%	12 31% a	101 21%	91 18%	105 20%	44 19%	38 19%	7 19%	82 19%	112 20%	75 26% be	194 20%	92 20%	18 24%	304 20%
1794 3.27	466 3.39 d	317 3.35 d	169 3.26	35 2.92	485 3.32 d	500 3.35 d	535 3.31	228 3.45	200 3.27	38 3.41	428 3.37	573 3.32	285 3.14	978 3.27	456 3.31 a	75 3.44	1509 3.29 a
1.115 .026 *	1.071 .049 *	1.159 .066 *	.991 .076 .01	1.261 .213 .05	1.103 .050 *	1.090 .048 *	1.083 .046 *	1.148 .076 .01	1.016 .072 .01	1.230 .197 .04	1.090 .053 *	1.093 .045 *	1.184 .069 *	1.068 .034 *	1.140 .054 *	1.253 .142 .02	1.100 .028 *

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		1815	360	1126	251	303	59	1205	553	55	1462	353	1527	269	
Total		1807	360	1130	229	305	56	1221	536	50	1445	362	1542	250	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	254	75	135	46	45	7	162	87	9	210	43	222	31
			14%	21%	12%	20%	15%	12%	13%	16%	19%	15%	12%	14%	12%
				b	d										
A bit more		(4.0)	506	110	327	64	74	16	357	143	11	406	100	448	56
			28%	31%	29%	28%	24%	29%	29%	27%	21%	28%	28%	29%	23%
													b		
About the same		(3.0)	656	107	432	63	110	22	457	175	18	516	140	562	89
			36%	30%	38%	27%	36%	39%	37%	33%	36%	36%	39%	36%	36%
					a		a		a						
A bit less		(2.0)	225	37	142	33	44	7	144	75	9	175	50	184	39
			12%	10%	13%	15%	14%	13%	12%	14%	19%	12%	14%	12%	16%
A lot less		(1.0)	153	29	90	22	32	3	95	53	3	129	25	121	32
			8%	8%	8%	9%	10%	5%	8%	10%	6%	9%	7%	8%	13%
														a	
Don't know			13	1	5	1	-	1	5	2	-	9	4	5	3
			1%	*	*	*	-	2%	*	*	-	1%	1%	*	1%
								b							
NET: More			759	186	462	110	119	23	520	230	20	617	143	670	87
			42%	52%	41%	48%	39%	41%	43%	43%	40%	43%	40%	43%	35%
				b		b								b	
NET: Less			378	66	231	55	76	10	239	129	12	304	74	304	71
			21%	18%	20%	24%	25%	18%	20%	24%	24%	21%	21%	20%	28%
						d			d					a	
Base for stats			1794	359	1125	228	305	55	1216	534	50	1437	358	1536	247
Mean Score			3.27	3.46	3.25	3.35	3.18	3.31	3.29	3.25	3.28	3.27	3.24	3.30	3.07
				b										b	
Standard Deviation			1.115	1.168	1.075	1.225	1.168	1.021	1.085	1.183	1.144	1.129	1.059	1.100	1.185
Standard Error			.026	.062	.032	.077	.067	.134	.031	.050	.154	.030	.057	.028	.073
Error variance			*	*	*	.01	*	.02	*	*	.02	*	*	*	.01



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		1815	151	199	318	349	221	239	87	251	1087	577	409	556	615	211	540	499	548	202
Total		1807	154	195	314	343	218	240	90	254	1070	583	392	540	634	219	540	487	563	196
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	254	4	18	19	34	35	46	24	74	105	144	59	63	92	37	79	78	63	29
		14%	3%	9%	6%	10%	16%	19%	27%	29%	10%	25%	15%	12%	15%	17%	15%	16%	11%	15%
				a		a	abcde	abcde	abcde	abcde	ac	abcde						c		
A bit more	(4.0)	506	29	23	95	112	82	73	35	56	312	164	105	149	178	70	149	132	157	65
		28%	19%	12%	30%	32%	38%	31%	39%	22%	29%	28%	27%	28%	28%	32%	28%	27%	28%	33%
					abh	abh	abhij	abh	abhj	b	abh	ab								
About the same	(3.0)	656	58	80	110	124	70	91	25	98	385	214	114	211	235	90	203	177	203	67
		36%	38%	41%	35%	36%	32%	38%	28%	39%	36%	37%	29%	39%	37%	41%	38%	36%	36%	34%
				g										a	a	a				
A bit less	(2.0)	225	33	33	50	47	21	23	2	16	151	41	51	60	95	17	66	59	80	19
		12%	21%	17%	16%	14%	10%	10%	2%	6%	14%	7%	13%	11%	15%	8%	12%	12%	14%	9%
			defghij	efghj	efghj	ghj	g	g			ghj				bd					
A lot less	(1.0)	153	27	38	40	25	10	5	3	6	112	14	62	56	31	3	41	38	56	18
		8%	18%	20%	13%	7%	4%	2%	3%	2%	11%	2%	16%	10%	5%	1%	8%	8%	10%	9%
			defghij	cdefghij	defghj	fhj					efghj		bcd	cd	d					
Don't know		13	2	3	-	2	-	2	-	4	5	6	1	2	3	2	1	4	3	-
		1%	2%	1%	-	1%	-	1%	-	2%	*	1%	*	*	1%	1%	*	1%	1%	-
			c	c						c										
NET: More		759	34	41	114	146	117	119	59	129	417	308	164	212	270	106	228	209	221	93
		42%	22%	21%	36%	42%	54%	50%	66%	51%	39%	53%	42%	39%	43%	49%	42%	43%	39%	48%
					ab	ab	abcde	abci	abcde	abcde	ab	abcde				b				c
NET: Less		378	60	71	90	72	31	28	5	22	264	55	113	116	126	21	107	97	136	36
		21%	39%	37%	29%	21%	14%	12%	5%	9%	25%	9%	29%	21%	20%	9%	20%	20%	24%	18%
			cdefghij	defghij	defghj	efghj	g				efghj		bcd	d	d					
Base for stats		1794	151	193	314	341	218	238	90	250	1066	577	391	539	631	217	538	483	560	196
Mean Score		3.27	2.67	2.74	3.01	3.24	3.51	3.56	3.85	3.70	3.14	3.66	3.12	3.19	3.32	3.55	3.29	3.31	3.17	3.35
					ab	abc	abcde	abcde	abcde	abcde	ab	abcde			ab	abc		c		c
Standard Deviation		1.115	1.071	1.181	1.101	1.048	1.015	.977	.955	1.039	1.111	1.005	1.276	1.112	1.054	.915	1.099	1.121	1.118	1.119
Standard Error		.026	.088	.084	.062	.056	.068	.063	.102	.066	.034	.042	.063	.047	.043	.063	.047	.050	.048	.079
Error variance		*	.01	.01	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		1815	739	635	425
Total		1807	730	645	417
		100%	100%	100%	100%
A lot more	(5.0)	254 14%	223 31% bc	20 3%	9 2%
A bit more	(4.0)	506 28%	392 54% bc	79 12% c	35 8%
About the same	(3.0)	656 36%	90 12%	496 77% ac	67 16%
A bit less	(2.0)	225 12%	17 2%	41 6% a	163 39% ab
A lot less	(1.0)	153 8%	5 1%	7 1%	140 34% ab
Don't know		13 1%	4 1%	2 *	3 1%
NET: More		759 42%	615 84% bc	99 15% c	44 11%
NET: Less		378 21%	22 3%	48 7% a	304 73% ab
Base for stats		1794	726	644	414
Mean Score		3.27	4.12 bc	3.10 c	2.06
Standard Deviation		1.115	.755	.587	1.017
Standard Error		.026	.028	.023	.050
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X. SUMMARY: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Total	Increased a lot	Increased a bit	Stayed the same	Decreased a bit	Decreased a lot	Don't know	I wasn't doing this activity last year	NET: Increased	NET: Decreased
Gymnastics, trampolining or cheerleading	60 100%	21 35%	15 25%	15 25%	5 9%	2 3%	2 3%	- -	36 60%	7 12%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	171 100%	24 14%	75 44%	41 24%	22 13%	6 4%	2 1%	- -	99 58%	28 17%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	288 100%	70 24%	95 33%	64 22%	39 14%	12 4%	3 1%	4 1%	165 57%	51 18%
Combat sports, martial arts or target sports (such as shooting, archery etc.)	58 100%	16 28%	17 29%	15 26%	9 15%	- -	1 1%	- -	34 57%	9 15%
Running or jogging	420 100%	99 24%	139 33%	115 27%	46 11%	16 4%	4 1%	2 1%	238 57%	61 15%
Cycling (either for leisure or travel)	311 100%	64 20%	107 34%	87 28%	41 13%	11 3%	1 *	2 *	171 55%	51 17%
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	247 100%	50 20%	82 33%	57 23%	30 12%	23 9%	1 1%	4 2%	132 53%	53 22%
Water sports (such as surfing, rowing, sailing etc.)	42 100%	10 25%	12 27%	13 30%	1 2%	5 11%	2 4%	1 2%	22 52%	5 12%
Golf	89 100%	19 22%	24 27%	27 31%	12 13%	5 6%	- -	1 1%	44 49%	17 19%
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	130 100%	24 18%	38 29%	38 29%	16 12%	12 9%	2 1%	1 1%	62 48%	28 21%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	329 100%	58 17%	97 29%	118 36%	36 11%	9 3%	2 1%	10 3%	154 47%	46 14%
Walking (either for leisure or travel)	1260 100%	223 18%	336 27%	424 34%	168 13%	100 8%	5 *	5 *	559 44%	267 21%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q6D1X. SUMMARY: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

	Total	Increased a lot	Increased a bit	Stayed the same	Decreased a bit	Decreased a lot	Don't know	I wasn't doing this activity last year	NET: Increased
Other sport, exercise or physical activity	83	11	21	33	14	6	-	-	31
	100%	13%	25%	39%	16%	7%	-	-	38%
Swimming	152	23	35	46	27	18	3	1	57
	100%	15%	23%	30%	18%	12%	2%	1%	38%
Racket sports (such as tennis, badminton, squash etc.)	67	8	16	21	14	5	2	-	24
	100%	12%	25%	32%	21%	7%	4%	-	37%
Team sports (such as football, cricket, rugby etc.)	109	13	27	42	19	6	3	-	39
	100%	12%	25%	39%	17%	5%	2%	-	36%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		1247	550	693	364	444	439	63	157	130	118	124	137	186	199	133	
Total		1260	589	668	328	421	511	55	160	123	121	113	147	178	222	142	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	223	92	131	98	65	60	7	35	15	31	22	29	34	31	20
		18%	16%	20%	30% bc	15%	12%		13%	22% c	12%	26% chi	19%	20%	19%	14%	14%
Increased a bit		(4.0)	336	143	192	94	120	121	12	38	30	34	27	35	48	71	39
		27%	24%	29%	29%	29%	24%		22%	24%	25%	28%	24%	24%	27%	32%	28%
Stayed the same		(3.0)	424	221	204	75	143	206	27	53	45	41	37	56	45	72	48
		34%	37% b	31%	23%	34% a	40% ab		49% beghi	33%	37% g	34%	33%	38% g	25%	32%	34%
Decreased a bit		(2.0)	168	89	78	34	57	76	8	18	23	9	16	16	35	22	21
		13%	15%	12%	10%	14%	15%		14%	12%	18% dh	8%	14%	11%	20% bdfh	10%	15%
Decreased a lot		(1.0)	100	39	60	18	36	45	1	14	9	4	10	9	14	26	13
		8%	7%	9%	6%	9%	9%		1%	9% a	7%	4%	9% a	6%	8%	12% ad	9% a
Don't know		5	2	3	5	-	-	-	-	1	1	1	1	1	-	-	-
		*	*	*	1% bc	-	-	-	-	*	1%	1%	1%	*	-	-	-
I wasn't doing this activity last year		5	3	2	3	-	1	-	-	2	-	-	-	1	-	1	1
		*	1%	*	1% b	-	*	-	-	1%	-	-	-	1%	-	*	1%
NET: Increased		559	235	322	192	185	181	20	72	45	65	49	64	83	102	59	
		44%	40%	48% a	59% bc	44% c	36%	36%	45%	36%	54% ac	43%	44%	47%	46%	41%	
NET: Decreased		267	128	137	52	93	122	9	32	32	14	25	25	50	47	34	
		21%	22%	21%	16%	22% a	24% a	16%	20%	26% d	11%	23% d	17%	28% df	21% d	24% d	
Base for stats		1251	583	663	320	421	509	55	158	122	120	112	146	178	221	141	
Mean Score		3.33	3.27	3.39	3.69 bc	3.29	3.15	3.32	3.38	3.15	3.65 aceghi	3.32	3.41	3.30	3.27	3.22	
Standard Deviation		1.152	1.106	1.185	1.179	1.141	1.095	.929	1.203	1.094	1.066	1.193	1.112	1.221	1.171	1.146	
Standard Error		.033	.047	.045	.063	.054	.052	.117	.097	.097	.099	.108	.096	.089	.083	.100	
Error variance		*	*	*	*	*	*	.01	.01	.01	.01	.01	.01	.01	.01	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total		1247	85	261	306	156	144	295	652	595	1062	29	87	43	3	10	172
Total		1260	93	280	309	136	125	318	682	578	1085	27	83	42	2	9	164
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	223	29	56	52	30	18	38	137	86	177	5	25	12	-	3	45
		18%	31%	20%	17%	22%	15%	12%	20%	15%	16%	20%	30%	29%	-	29%	27%
		bce fgh	f		fh			fh					a	a			a
Increased a bit	(4.0)	336	25	78	98	32	34	68	201	135	284	6	28	13	1	2	49
		27%	27%	28%	32%	24%	28%	21%	29%	23%	26%	21%	33%	31%	33%	18%	30%
					fh				fh								
Stayed the same	(3.0)	424	21	86	91	51	52	124	198	226	381	7	17	9	1	3	37
		34%	22%	31%	30%	38%	41%	39%	29%	39%	35%	26%	21%	21%	34%	36%	23%
					ag		abcg	abcg		abcg	cg						
Decreased a bit	(2.0)	168	8	36	41	11	17	55	85	83	148	7	8	4	1	-	19
		13%	8%	13%	13%	8%	14%	17%	12%	14%	14%	26%	9%	9%	33%	-	12%
							adg		d								
Decreased a lot	(1.0)	100	10	22	25	11	3	28	57	43	87	1	5	4	-	2	12
		8%	11%	8%	8%	8%	3%	9%	8%	7%	8%	3%	6%	10%	-	18%	7%
			e	e	e	e		e	e	e							
Don't know		5	-	2	-	1	-	2	2	3	3	-	1	-	-	-	1
		*	-	1%	-	*	-	1%	*	1%	*	-	1%	-	-	-	1%
I wasn't doing this activity last year		5	-	1	2	-	-	2	3	2	4	1	-	-	-	-	1
		*	-	*	1%	-	-	1%	*	*	*	4%	-	-	-	-	1%
NET: Increased		559	54	134	150	62	53	106	338	221	462	11	52	25	1	4	94
		44%	58%	48%	48%	46%	42%	33%	50%	38%	43%	41%	63%	60%	33%	46%	57%
			efh	fh	fh	f			fh				a	a			a
NET: Decreased		267	18	57	66	22	20	83	142	126	235	8	13	8	1	2	31
		21%	19%	21%	21%	16%	16%	26%	21%	22%	22%	29%	15%	19%	33%	18%	19%
							de										
Base for stats		1251	93	277	308	135	125	313	678	573	1078	26	82	42	2	9	162
Mean Score		3.33	3.59	3.40	3.36	3.43	3.38	3.10	3.41	3.24	3.29	3.29	3.72	3.60	3.00	3.39	3.59
			fh	f	f	f	f		fh				a				a
Standard Deviation		1.152	1.305	1.175	1.153	1.167	.982	1.111	1.184	1.106	1.139	1.189	1.178	1.276	1.073	1.456	1.218
Standard Error		.033	.142	.073	.066	.094	.082	.065	.047	.046	.035	.225	.127	.195	.619	.460	.093
Error variance		*	.02	.01	*	.01	.01	*	*	*	*	.05	.02	.04	.38	.21	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
1247	855	184	169	353	57	36	389	161	40	51	106	68	116	223	93	
1260	826	210	192	402	54	34	385	162	39	53	94	57	104	279	88	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
223	122	51	43	95	25	10	77	26	6	11	16	11	12	29	35	
18%	15%	24%	23%	24%	45%	30%	20%	16%	16%	21%	17%	20%	12%	10%	39%	
		a	a	a	cdefghij	dij	ij			j		j			cdefghij	
336	206	57	66	123	12	5	115	45	9	15	28	24	20	63	17	
27%	25%	27%	34%	31%	22%	15%	30%	27%	23%	29%	29%	43%	19%	23%	19%	
			a	a			ijk				abcdeijk					
424	296	71	45	116	11	13	120	63	14	16	24	11	40	113	24	
34%	36%	34%	23%	29%	21%	38%	31%	39%	35%	30%	26%	20%	38%	41%	28%	
	cd	c				h		agh					agh	acghk		
168	119	20	26	46	3	4	47	15	4	5	18	7	15	50	7	
13%	14%	9%	14%	11%	5%	12%	12%	9%	11%	9%	19%	12%	15%	18%	8%	
											adk			acdk		
100	77	10	10	21	4	1	23	14	5	6	7	1	17	22	5	
8%	9%	5%	5%	5%	7%	3%	6%	9%	13%	11%	8%	2%	16%	8%	6%	
	d								h	h			bchjk			
5	2	1	1	2	-	1	1	1	1	-	1	1	-	-	1	
*	*	*	1%	1%	-	2%	*	*	2%	-	1%	1%	-	-	1%	
						j										
5	5	-	-	-	-	-	2	-	-	1	-	1	-	1	-	
*	1%	-	-	-	-	-	1%	-	-	1%	-	1%	-	*	-	
559	327	108	109	217	36	15	192	70	15	26	44	36	32	92	51	
44%	40%	51%	57%	54%	67%	45%	50%	43%	39%	50%	46%	63%	31%	33%	58%	
		a	a	a	bcdegij		ij	ij		ij	ij	cdegij			deij	
267	196	30	37	66	7	5	70	29	9	10	25	8	32	72	12	
21%	24%	14%	19%	17%	12%	15%	18%	18%	24%	19%	27%	14%	31%	26%	13%	
	bd										ack		acdhk	achk		
1251	820	209	191	399	54	33	382	161	39	52	93	55	104	277	87	
3.33	3.21	3.57	3.55	3.56	3.92	3.58	3.46	3.33	3.20	3.41	3.29	3.68	2.96	3.10	3.79	
		a	a	a	cdefgij	ij	ij	ij		i	i	degij			cdegij	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

Significance Level: 95%

Unweighted Total

Total

Standard Deviation

Standard Error

Error variance

	Children aged 15 or under in the household				Current employment status										
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
1247	855	184	169	353	57	36	389	161	40	51	106	68	116	223	93
1260	826	210	192	402	54	34	385	162	39	53	94	57	104	279	88
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
1.152	1.150	1.107	1.145	1.124	1.242	1.154	1.124	1.116	1.237	1.228	1.195	1.011	1.211	1.066	1.214
.033	.040	.082	.088	.060	.164	.195	.057	.088	.198	.174	.117	.124	.112	.072	.127
*	*	.01	.01	*	.03	.04	*	.01	.04	.03	.01	.02	.01	.01	.02



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total		1247	323	187	102	21	289	344	381	110	127	23	237	404	221	697	278	51	1026
Total		1260	316	192	102	22	293	338	378	107	129	24	236	401	219	709	283	49	1041
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	223 18%	59 19%	48 25% c	14 13%	3 14%	61 21%	62 18%	66 18%	35 32% acf	20 15%	3 14%	54 23%	70 17%	31 14%	115 16%	64 23% ab	13 26% a	192 18%
Increased a bit	(4.0)	336 27%	83 26%	53 28%	37 37% af	4 18%	90 31%	87 26%	109 29%	22 21%	37 28%	12 51%	59 25%	121 30%	42 19%	192 27% a	86 30% a	16 32% a	294 28% a
Stayed the same	(3.0)	424 34%	118 37% be	53 28%	30 30%	5 24%	83 28%	124 37% be	130 34%	35 33%	41 32%	2 10%	76 32%	132 33%	80 37% d	251 35% d	84 30%	9 18%	344 33% d
Decreased a bit	(2.0)	168 13%	35 11%	21 11%	15 15%	2 10%	36 12%	37 11%	46 12%	8 8%	17 13%	1 4%	26 11%	47 12%	35 16%	95 13%	29 10%	8 15%	132 13%
Decreased a lot	(1.0)	100 8%	19 6%	17 9%	5 5%	7 34%	22 7%	26 8%	24 6%	5 4%	14 11%	5 21%	18 8%	29 7%	30 13% bce	51 7%	17 6%	2 4%	70 7%
Don't know		5 *	1 *	- -	- -	- -	- -	1 *	1 *	1 1%	- -	- -	1 *	1 *	- -	2 *	1 *	2 4% abce	5 *
I wasn't doing this activity last year		5 *	2 1%	- -	1 1%	- -	1 *	2 1%	1 *	1 1%	1 1%	- -	2 1%	1 *	1 *	2 *	2 1%	- -	4 *
NET: Increased		559 44%	142 45%	101 52%	51 50%	7 32%	152 52%	149 44%	176 46%	57 53%	56 44%	15 65%	113 48%	191 48%	73 33%	307 43% a	150 53% ab	29 59% ab	486 47% a
NET: Decreased		267 21%	53 17%	38 20%	20 20%	10 44%	58 20%	63 19%	70 19%	13 12%	31 24% b	6 25%	44 19%	76 19%	65 30% bce	147 21%	46 16%	10 20%	202 19%
Base for stats		1251	313	192	101	22	293	335	376	105	128	24	234	399	218	704	281	48	1032
Mean Score		3.33	3.41	3.49	3.40	2.67	3.46	3.36	3.39	3.70 acf	3.25	3.33	3.45	3.39	3.05	3.32 a	3.54 ab	3.63 a	3.39 a
Standard Deviation		1.152	1.095	1.225	1.053	1.476	1.168	1.136	1.108	1.143	1.185	1.393	1.186	1.125	1.213	1.119	1.133	1.180	1.130
Standard Error		.033	.061	.090	.105	.322	.069	.061	.057	.110	.106	.291	.078	.056	.082	.043	.068	.169	.035
Error variance		*	*	.01	.01	.10	*	*	*	.01	.01	.08	.01	*	.01	*	*	.03	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	f	a	b	a	b	
Unweighted Total		1247	190	818	166	197	21	871	342	39	1009	238	1065	175	
Total		1260	191	834	151	203	22	892	338	36	1009	252	1093	162	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	223 18%	46 24% b	143 17%	29 19%	27 13%	5 24%	162 18%	56 17%	5 13%	184 18%	40 16%	194 18%	29 18%
Increased a bit		(4.0)	336 27%	46 24%	242 29%	30 20%	53 26%	3 12%	251 28% a	80 24%	6 17%	262 26%	73 29%	296 27%	39 24%
Stayed the same		(3.0)	424 34%	51 27%	289 35% a	47 31%	54 27%	6 27%	322 36% be	93 28%	12 35%	337 33%	88 35%	366 34%	55 34%
Decreased a bit		(2.0)	168 13%	28 15%	102 12%	32 21% d	38 19% d	6 27%	94 11%	68 20% d	7 19%	138 14%	30 12%	146 13%	21 13%
Decreased a lot		(1.0)	100 8%	17 9%	52 6%	12 8%	30 15% ad	1 5%	57 6%	39 11% d	5 13%	81 8%	19 7%	83 8%	16 10%
Don't know		5 *	1 1%	3 *	1 1%	1 1%	- -	3 *	1 *	1 3% de	3 *	1 1%	3 *	1 1%	
I wasn't doing this activity last year		5 *	1 1%	2 *	- -	- -	1 4%	4 *	1 *	- -	3 *	1 1%	4 *	1 *	
NET: Increased		559 44%	93 49%	385 46%	59 39%	80 39%	8 35%	413 46% f	135 40%	11 30%	446 44%	113 45%	490 45%	68 42%	
NET: Decreased		267 21%	45 24%	154 18%	44 29% d	69 34% d	7 33%	151 17%	107 32% d	12 32% d	219 22%	48 19%	229 21%	37 23%	
Base for stats		1251	189	829	150	202	21	886	336	35	1002	249	1086	160	
Mean Score		3.33	3.41	3.39	3.21	3.03	3.22	3.41 abef	3.14	2.98	3.33	3.34	3.34	3.27	
Standard Deviation		1.152	1.259	1.099	1.210	1.258	1.288	1.099	1.246	1.220	1.162	1.112	1.146	1.200	
Standard Error		.033	.092	.039	.094	.090	.288	.037	.068	.198	.037	.073	.035	.092	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

Significance Level: 95%

Unweighted Total

Total

Error variance

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Longstanding physical and mental condition or illness				
Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
	a	b	a	b	*c	d	e	f	a	b	a	b
1247	190	818	166	197	21	871	342	39	1009	238	1065	175
1260	191	834	151	203	22	892	338	36	1009	252	1093	162
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
*	.01	*	.01	.01	.08	*	*	.04	*	.01	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total	1247	122	129	212	214	144	166	58	202	699	426	293	364	433	144	374	330	386	140	
Total	1260	128	127	211	216	142	166	60	210	696	436	286	361	450	153	379	328	403	136	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	223	8	6	15	35	32	43	27	57	87	128	43	65	80	32	70	68	53	29
		18%	6%	5%	7%	16%	23%	26%	45%	27%	13%	29%	15%	18%	18%	21%	18%	21%	13%	22%
					abc	abci	abcdi	abcdefhij	abcdi	bc	abcdi							c		c
Increased a bit	(4.0)	336	20	14	59	72	49	56	16	49	194	121	66	102	125	41	99	87	107	40
		27%	16%	11%	28%	33%	35%	34%	27%	24%	28%	28%	23%	28%	28%	27%	26%	26%	27%	29%
					ab	abh	abh	abh	b	b	ab	ab								
Stayed the same	(3.0)	424	50	60	70	64	35	47	12	87	228	146	82	109	171	58	134	105	140	40
		34%	39%	47%	33%	29%	25%	28%	20%	41%	33%	33%	29%	30%	38%	38%	35%	32%	35%	30%
			efg	cdefgij						defgi		eg			ab	a				
Decreased a bit	(2.0)	168	28	23	43	29	16	12	5	13	110	29	57	48	49	12	45	41	61	19
		13%	22%	18%	20%	13%	11%	7%	8%	6%	16%	7%	20%	13%	11%	8%	12%	13%	15%	14%
			defghj	fhj	efghj	hj				fhj			bcd							
Decreased a lot	(1.0)	100	18	22	24	17	9	6	-	4	72	10	36	36	20	7	30	24	37	8
		8%	14%	17%	12%	8%	6%	4%	-	2%	10%	2%	13%	10%	4%	5%	8%	7%	9%	6%
			efghj	defghij	fghj	ghj	hj				fghj		cd	c						
Don't know		5	1	1	1	-	-	2	-	-	2	2	-	1	2	1	1	2	1	-
		*	1%	1%	1%	-	-	1%	-	-	*	*	-	*	1%	*	*	1%	*	-
I wasn't doing this activity last year		5	1	2	-	-	1	1	-	-	3	1	1	-	3	1	-	2	3	-
		*	1%	1%	-	-	1%	*	-	-	*	*	*	-	1%	*	-	1%	1%	-
NET: Increased		559	29	20	73	106	81	99	43	107	281	249	109	167	205	73	169	155	160	69
		44%	22%	16%	35%	49%	58%	60%	72%	51%	40%	57%	38%	46%	46%	48%	45%	47%	40%	51%
					ab	abci	abci	abcdi	abcdhij	abci	ab	abci		a				c		c
NET: Decreased		267	46	45	67	46	24	18	5	17	182	39	93	84	69	20	76	65	99	27
		21%	36%	35%	32%	21%	17%	11%	8%	8%	26%	9%	33%	23%	15%	13%	20%	20%	25%	20%
			defghij	defghij	defghj	fghj	hj				efghj		bcd	cd						
Base for stats	1251	125	125	210	216	141	164	60	210	692	434		285	360	444	151	378	324	399	136
Mean Score	3.33	2.78	2.67	2.98	3.36	3.57	3.73	4.09	3.68	3.17	3.76		3.08	3.31	3.44	3.52	3.35	3.41	3.19	3.46
				b	abci	abci	abcdi	abcdefhij	abcdi	abc	abcdi			a	a	a		c		c
Standard Deviation	1.152	1.093	1.042	1.109	1.139	1.144	1.044	.989	.998	1.156	1.021		1.244	1.203	1.047	1.070	1.148	1.168	1.138	1.151
Standard Error	.033	.100	.093	.076	.078	.096	.082	.130	.070	.044	.050		.073	.063	.051	.090	.060	.065	.058	.097
Error variance	*	.01	.01	.01	.01	.01	.01	.02	*	*	*		.01	*	*	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.1. Walking (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		1247	504	433	305
Total		1260	507	447	301
		100%	100%	100%	100%
Increased a lot	(5.0)	223	182	27	14
		18%	36%	6%	5%
			bc		
Increased a bit	(4.0)	336	220	80	35
		27%	43%	18%	12%
			bc	c	
Stayed the same	(3.0)	424	80	275	68
		34%	16%	62%	23%
				ac	a
Decreased a bit	(2.0)	168	14	51	102
		13%	3%	11%	34%
				a	ab
Decreased a lot	(1.0)	100	9	10	79
		8%	2%	2%	26%
					ab
Don't know		5	1	3	1
		*	*	1%	*
I wasn't doing this activity last year		5	2	1	2
		*	*	*	1%
NET: Increased		559	401	107	50
		44%	79%	24%	16%
			bc	c	
NET: Decreased		267	24	60	181
		21%	5%	14%	60%
				a	ab
Base for stats		1251	505	443	299
Mean Score		3.33	4.09	3.15	2.34
			bc	c	
Standard Deviation		1.152	.891	.781	1.133
Standard Error		.033	.040	.038	.065
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		305	174	129	114	120	71	18	40	34	33	26	31	67	34	22
Total		311	185	124	109	121	81	15	45	33	34	23	33	68	37	23
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	64	33	29	31	23	10	3	9	5	5	7	6	18	6	4
		20%	18%	24%	29% c	19%	12%	17%	20%	14%	16%	32%	19%	26%	17%	19%
Increased a bit		107	64	43	36	45	26	4	16	8	13	6	8	28	14	10
		34%	34%	35%	33%	37%	32%	26%	36%	25%	38%	25%	24%	42%	39%	41%
Stayed the same	(3.0)	87	60	27	18	37	31	7	12	14	10	5	14	9	8	7
		28%	32% b	22%	17%	30% a	38% a	50%	26%	42% g	28%	24%	43% g	13%	21%	32%
Decreased a bit		41	23	17	16	12	13	1	7	6	5	3	1	11	5	1
		13%	12%	14%	15%	10%	16%	7%	16%	17%	15%	15%	4%	17%	13%	5%
Decreased a lot	(1.0)	11	5	6	5	4	2	-	1	-	1	-	3	2	4	-
		3%	2%	5%	5%	3%	2%	-	2%	-	3%	-	10%	2%	10%	-
Don't know	*	1	1	-	1	-	-	-	-	-	-	1	-	-	-	-
		*	*	-	1%	-	-	-	-	-	-	4%	-	-	-	-
I wasn't doing this activity last year	*	2	-	2	1	1	-	-	-	1	-	-	-	-	-	1
		*	-	1%	1%	1%	-	-	-	2%	-	-	-	-	-	3%
NET: Increased		171	97	73	67	68	36	6	25	13	18	13	14	46	21	14
		55%	52%	59%	62% c	56%	44%	43%	57%	39%	54%	57%	43%	68% cf	56%	60%
NET: Decreased		51	27	23	22	15	14	1	8	6	6	3	5	13	9	1
		17%	15%	18%	20%	13%	17%	7%	17%	17%	18%	15%	14%	19%	23%	5%
Base for stats		309	184	123	107	120	81	15	45	33	34	22	33	68	37	23
Mean Score		3.56	3.53	3.60	3.67	3.59	3.37	3.54	3.57	3.37	3.49	3.77	3.37	3.73	3.39	3.76
Standard Deviation		1.065	1.007	1.142	1.193	1.006	.952	.882	1.049	.941	1.027	1.105	1.160	1.106	1.223	.841
Standard Error		.061	.077	.101	.113	.092	.113	.208	.166	.164	.179	.221	.208	.135	.210	.184
Error variance		*	.01	.01	.01	.01	.01	.04	.03	.03	.03	.05	.04	.02	.04	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		305	35	68	80	47	39	36	183	122	245	9	29	12	-	5	55
Total		311	41	75	83	41	35	36	200	112	251	9	30	12	-	5	56
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Increased a lot	(5.0)	64	12	16	15	9	3	9	42	22	48	3	8	2	-	2	14
		20%	28% e	21%	18%	23%	9%	25%	21%	19%	19%	30%	25%	17%	-	35%	25%
Increased a bit	(4.0)	107	17	25	34	14	9	8	76	31	86	1	10	6	-	3	20
		34%	41%	33%	41%	33%	27%	23%	38%	28%	34%	13%	35%	49%	-	50%	36%
Stayed the same	(3.0)	87	6	15	18	16	18	14	39	48	76	1	5	2	-	1	9
		28%	14%	20%	22%	39% abcg	51% abcg	39% abg	19%	43% abcg	30% g	10%	17%	18%	-	16%	16%
Decreased a bit	(2.0)	41	4	17	12	2	3	3	33	8	29	4	6	2	-	-	12
		13%	10%	23% dh	14%	5%	8%	7%	17% dh	7%	11%	48%	20%	16%	-	-	21%
Decreased a lot	(1.0)	11	3	2	3	-	1	2	8	3	11	-	-	-	-	-	-
		3%	7%	2%	4%	-	2%	5%	4%	2%	4%	-	-	-	-	-	-
Don't know		1	-	1	-	-	-	-	1	-	-	-	1	-	-	-	1
		*	-	1%	-	-	-	-	*	-	-	-	3%	-	-	-	2% a
I wasn't doing this activity last year		2	-	-	1	-	1	-	1	1	2	-	-	-	-	-	-
		*	-	-	1%	-	2%	-	*	1%	1%	-	-	-	-	-	-
NET: Increased		171	28	40	49	23	12	17	118	53	134	4	18	8	-	4	34
		55%	69% eh	54%	59% e	56%	36%	49%	59% eh	48%	54%	42%	60%	66%	-	84%	61%
NET: Decreased		51	7	19	15	2	4	4	41	10	39	4	6	2	-	-	12
		17%	17% dh	25% dh	19% d	5%	10%	12%	21% dh	9%	16%	48%	20%	16%	-	-	21%
Base for stats		309	41	74	83	41	34	36	198	111	249	9	29	12	-	5	55
Mean Score		3.56	3.73	3.48	3.54	3.74 e	3.34	3.57	3.56	3.56	3.53	3.25	3.68	3.68	-	4.19	3.66
Standard Deviation		1.065	1.193	1.133	1.078	.878	.857	1.114	1.121	.961	1.061	1.403	1.086	.976	-	.758	1.088
Standard Error		.061	.202	.138	.121	.128	.139	.186	.083	.087	.068	.468	.205	.282	-	.339	.148
Error variance		*	.04	.02	.01	.02	.02	.03	.01	.01	*	.22	.04	.08	-	.11	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status												
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed												
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k		
305	150	73	68	141	18	14	145	37	11	7	12	15	20	26	32		
311	138	84	78	162	18	15	149	37	12	7	11	13	17	33	33		
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
64	25	17	20	37	6	3	30	8	1	-	3	5	4	5	8		
20%	18%	21%	26%	23%	32%	19%	20%	21%	7%	-	31%	37%	25%	14%	26%		
107	37	29	34	64	4	5	57	13	6	4	4	2	3	9	9		
34%	27%	35%	44%	39%	21%	35%	39%	36%	48%	60%	34%	12%	18%	28%	27%		
			a	a													
87	52	17	13	30	3	5	36	8	2	2	4	3	8	17	9		
28%	38%	20%	17%	19%	19%	35%	24%	21%	15%	21%	35%	21%	48%	51%	26%		
	bcd																
41	16	17	8	24	2	2	21	7	2	-	-	4	1	2	4		
13%	12%	20%	10%	15%	11%	12%	14%	20%	17%	-	-	30%	5%	7%	11%		
11	5	3	3	6	3	-	4	1	2	1	-	-	-	-	3		
3%	4%	4%	3%	4%	17%	-	3%	2%	13%	19%	-	-	-	-	9%		
1	-	1	-	1	-	-	1	-	-	-	-	-	-	-	-		
*	-	1%	-	1%	-	-	1%	-	-	-	-	-	-	-	-		
2	2	-	-	-	-	-	1	-	-	-	-	-	1	-	-		
*	1%	-	-	-	-	-	*	-	-	-	-	-	5%	-	-		
171	62	47	54	101	10	8	87	21	6	4	7	6	7	14	17		
55%	45%	55%	70%	62%	53%	53%	59%	57%	55%	60%	65%	49%	42%	42%	53%		
			a	a													
51	21	20	10	30	5	2	25	8	4	1	-	4	1	2	7		
17%	15%	24%	13%	19%	28%	12%	16%	22%	30%	19%	-	30%	5%	7%	21%		
309	136	83	78	161	18	15	147	37	12	7	11	13	16	33	33		
3.56	3.45	3.49	3.79	3.64	3.40	3.60	3.60	3.54	3.18	3.23	3.96	3.55	3.65	3.49	3.49		
			a														
1.065	1.039	1.144	1.043	1.103	1.492	.958	1.045	1.101	1.244	1.225	.851	1.307	.952	.831	1.267		
.061	.085	.135	.126	.093	.352	.256	.087	.181	.375	.463	.246	.338	.218	.163	.224		
*	.01	.02	.02	.01	.12	.07	.01	.03	.14	.21	.06	.11	.05	.03	.05		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Unweighted Total	305	97	67	34	6	101	103	105	52	42	9	94	114	35	168	90	12	270
Total	311	96	73	35	7	108	102	106	54	43	10	97	116	33	170	95	13	279
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	64	15	16	7	3	22	15	11	11	4	22	19	10	25	26	3	54
	20%	16%	22%	19%	38%	21%	17%	15%	20%	26%	37%	22%	17%	30%	15%	27%	23%	19%
		b		b										b		b		
Increased a bit	(4.0)	107	38	28	14	2	42	48	18	15	3	33	52	6	60	35	6	101
	34%	39%	39%	40%	28%	39%	39%	46%	34%	34%	33%	34%	44%	18%	35%	37%	46%	36%
		a		a										a		a		a
Stayed the same	(3.0)	87	30	12	8	-	20	27	12	9	1	21	28	11	53	22	1	76
	28%	31%	17%	23%	-	19%	29%	25%	22%	21%	10%	22%	24%	32%	31%	23%	10%	27%
		be																
Decreased a bit	(2.0)	41	10	13	4	2	17	12	12	6	1	18	13	6	23	9	3	35
	13%	11%	18%	12%	34%	16%	12%	11%	22%	14%	11%	18%	11%	17%	13%	10%	22%	13%
Decreased a lot	(1.0)	11	1	3	2	-	5	2	1	2	1	4	3	1	7	3	-	10
	3%	1%	5%	6%	-	5%	1%	2%	2%	6%	9%	4%	3%	2%	4%	3%	-	4%
Don't know	1	1	-	-	-	-	1	1	-	-	-	-	1	-	1	-	-	1
	*	1%	-	-	-	-	1%	1%	-	-	-	-	1%	-	1%	-	-	*
I wasn't doing this activity last year	2	1	-	-	-	-	1	1	-	-	-	-	1	-	2	-	-	2
	*	1%	-	-	-	-	1%	1%	-	-	-	-	1%	-	1%	-	-	1%
NET: Increased	171	53	44	21	4	65	57	64	29	26	7	54	71	16	85	61	9	155
	55%	55%	61%	59%	66%	60%	56%	60%	54%	59%	70%	56%	61%	48%	50%	64%	68%	56%
																b		
NET: Decreased	51	11	16	7	2	23	14	14	13	8	2	21	16	6	30	12	3	45
	17%	12%	23%	19%	34%	21%	13%	13%	24%	19%	20%	22%	14%	20%	18%	13%	22%	16%
Base for stats	309	94	73	35	7	108	101	104	54	43	10	97	115	33	168	95	13	276
Mean Score	3.56	3.59	3.56	3.53	3.69	3.55	3.60	3.61	3.46	3.60	3.80	3.52	3.62	3.56	3.44	3.76	3.69	3.56
																b		
Standard Deviation	1.065	.934	1.155	1.134	1.393	1.143	.962	.945	1.119	1.181	1.350	1.143	.982	1.174	1.040	1.051	1.094	1.053
Standard Error	.061	.096	.141	.195	.569	.114	.096	.093	.155	.182	.450	.118	.093	.198	.081	.111	.316	.064
Error variance	*	.01	.02	.04	.32	.01	.01	.01	.02	.03	.20	.01	.01	.04	.01	.01	.10	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
				Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Total		Yes	No										
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		305	195	44	39	7	215	85	5	249	56	267	37
Total		311	204	42	40	7	223	84	6	254	57	274	36
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	64	33	15	9	1	40	23	2	49	15	59	5
		20%	16%	36%	23%	17%	18%	28%	37%	19%	26%	21%	14%
			b		d								
Increased a bit	(4.0)	107	76	15	13	2	76	30	-	90	17	94	13
		34%	37%	35%	33%	27%	34%	36%	-	36%	29%	34%	35%
Stayed the same	(3.0)	87	62	6	6	3	71	14	1	67	20	74	12
		28%	31%	13%	15%	42%	32%	16%	15%	26%	35%	27%	33%
			a				abe						
Decreased a bit	(2.0)	41	23	6	10	1	26	14	3	36	5	37	3
		13%	11%	14%	25%	13%	12%	17%	48%	14%	8%	14%	9%
					d								
Decreased a lot	(1.0)	11	7	1	1	-	8	2	-	9	2	8	3
		3%	4%	2%	2%	-	4%	2%	-	4%	3%	3%	8%
Don't know		1	1	-	-	-	1	-	-	1	-	1	-
		*	*	-	-	-	*	-	-	*	-	*	-
I wasn't doing this activity last year		2	1	-	1	-	1	1	-	2	-	2	-
		*	*	-	2%	-	*	1%	-	1%	-	1%	-
NET: Increased		171	109	30	22	3	116	53	2	140	31	153	18
		55%	54%	70%	56%	44%	52%	63%	37%	55%	55%	56%	49%
				d									
NET: Decreased		51	31	7	11	1	34	16	3	45	6	45	6
		17%	15%	16%	28%	13%	15%	19%	48%	18%	11%	16%	18%
Base for stats		309	202	42	39	7	222	83	6	251	57	272	36
Mean Score		3.56	3.52	3.88	3.50	3.48	3.51	3.71	3.25	3.53	3.67	3.59	3.37
				d									
Standard Deviation		1.065	1.017	1.124	1.187	.995	1.037	1.124	1.509	1.072	1.035	1.059	1.111
Standard Error		.061	.073	.169	.193	.376	.071	.123	.675	.068	.138	.065	.183
Error variance		*	.01	.03	.04	.14	.01	.02	.46	*	.02	*	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total	305	8	18	46	67	51	49	16	50	182	115	49	92	119	43	94	68	100	40	
Total	311	7	19	47	70	52	47	18	52	187	117	48	90	124	47	96	67	107	38	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	64 20%	2 27%	3 17%	6 13%	12 17%	12 23%	12 25%	4 25%	13 25%	33 18%	29 25%	21 43% bcd	12 13%	22 18%	9 20%	18 18%	18 26%	19 17%	10 26%
Increased a bit	(4.0)	107 34%	2 23%	2 10%	19 41%	26 38%	16 31%	19 41%	7 41%	16 30%	63 34%	42 36%	11 22%	31 34%	47 37%	18 40%	35 36%	15 22%	42 39% b	15 39%
Stayed the same	(3.0)	87 28%	3 38%	10 52%	8 17%	19 27%	16 31%	11 25%	4 23%	16 30%	52 28%	31 27%	9 18%	31 34%	35 28%	12 26%	28 29%	23 35%	24 23%	10 27%
Decreased a bit	(2.0)	41 13%	1 12%	1 5%	11 24% fj	9 13%	8 16%	3 6%	2 11%	5 10%	30 16%	10 9%	6 13%	12 13%	16 13%	5 12%	12 13%	7 11%	18 17%	2 5%
Decreased a lot	(1.0)	11 3%	- -	3 16%	2 4%	3 5%	- -	- -	- -	3 5%	8 4%	3 2%	1 2%	5 5%	3 3%	2 4%	3 3%	4 6%	2 2%	1 2%
Don't know		1 *	- -	- -	- -	- -	- 2%	- -	- -	- -	- 1%	1 1%	- -	- -	1 1%	- -	- -	- -	1 1%	- -
I wasn't doing this activity last year		2 *	- -	- -	1 2%	- -	- 2%	1 2%	- -	- -	1 *	1 1%	1 2%	1 1%	- -	- -	1 1%	- -	1 1%	- -
NET: Increased	171 55%	4 50%	5 27%	25 54%	38 55%	28 54%	31 66%	12 66%	29 55%	96 51%	71 61%	31 65% b	42 47%	69 55%	28 59%	52 54%	32 48%	61 57%	25 65%	
NET: Decreased	51 17%	1 12%	4 21%	13 28% fj	13 18%	8 16%	3 6%	2 11%	8 15%	38 20% fj	13 11%	7 15%	16 18%	20 16%	7 15%	15 16%	12 17%	20 19%	3 7%	
Base for stats	309	7	19	46	70	52	45	18	52	186	115	47	89	123	47	96	67	105	38	
Mean Score	3.56	3.66	3.07	3.35	3.50	3.60	3.87 cdi	3.80	3.60	3.45	3.74 ci	3.92 bc	3.37	3.55	3.60	3.54	3.51	3.54	3.82	
Standard Deviation	1.065	1.076	1.246	1.105	1.078	1.013	.877	.966	1.123	1.088	1.009	1.161	1.039	1.023	1.052	1.040	1.185	1.045	.960	
Standard Error	.061	.380	.294	.165	.132	.142	.128	.242	.159	.081	.095	.168	.109	.094	.160	.108	.144	.106	.152	
Error variance	*	.14	.09	.03	.02	.02	.02	.06	.03	.01	.01	.03	.01	.01	.03	.01	.02	.01	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.2. Cycling (either for leisure or travel): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		305	156	106	42
Total		311	158	108	44
		100%	100%	100%	100%
Increased a lot	(5.0)	64	53	8	3
		20%	33%	8%	6%
			bc		
Increased a bit	(4.0)	107	73	30	4
		34%	46%	28%	10%
			bc	c	
Stayed the same	(3.0)	87	21	53	11
		28%	13%	49%	26%
				ac	
Decreased a bit	(2.0)	41	9	13	19
		13%	6%	12%	43%
					ab
Decreased a lot	(1.0)	11	1	3	6
		3%	1%	3%	15%
					ab
Don't know		1	-	1	-
		*	-	1%	-
I wasn't doing this activity last year		2	1	1	-
		*	*	1%	-
NET: Increased		171	126	38	7
		55%	79%	35%	16%
			bc	c	
NET: Decreased		51	11	15	25
		17%	7%	14%	58%
				a	ab
Base for stats		309	158	106	44
Mean Score		3.56	4.06	3.26	2.50
			bc	c	
Standard Deviation		1.065	.883	.870	1.071
Standard Error		.061	.071	.085	.165
Error variance		*	.01	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	c	d	e	f	g	h	i
Unweighted Total		432	199	231	243	150	39	26	56	35	52	33	33	112	47	38
Total		420	199	219	224	153	43	20	55	35	51	29	33	108	50	38
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	99	38	59	66	26	7	2	17	11	9	2	6	25	16	12
		24%	19%	27%	29% b	17%	17%	8%	30% e	32% e	18%	8%	17%	23%	31% e	31% e
Increased a bit	(4.0)	139	69	70	69	57	13	7	19	5	20	15	10	38	18	7
		33%	35%	32%	31%	37%	29%	35%	34% c	15%	39% ci	50% ci	31%	35% c	35% c	18%
Stayed the same	(3.0)	115	62	53	50	48	18	6	13	13	13	8	15	24	11	12
		27%	31%	24%	22%	31% a	41% a	32%	23%	38%	25%	27%	45% bgh	22%	22%	31%
Decreased a bit	(2.0)	46	21	24	25	15	6	3	6	3	7	2	1	12	4	7
		11%	11%	11%	11%	10%	13%	15%	11%	10%	13%	7%	3%	11%	8%	19% f
Decreased a lot	(1.0)	16	5	11	11	5	-	1	1	2	1	1	1	6	2	-
		4%	3%	5%	5%	3%	-	3%	1%	5%	3%	5%	4%	6%	4%	-
Don't know		4	2	1	3	1	-	1	-	-	1	1	-	1	-	-
		1%	1%	1%	1%	*	-	3%	-	-	2%	3%	-	1%	-	-
I wasn't doing this activity last year		2	1	1	1	2	-	1	-	-	-	-	-	2	-	-
		1%	1%	*	*	1%	-	3%	-	-	-	-	-	2%	-	-
NET: Increased		238	107	129	135	83	20	9	35	16	29	17	16	62	33	19
		57%	54%	59%	60%	54%	46%	44%	65%	47%	57%	58%	49%	58%	66%	50%
NET: Decreased		61	26	35	36	20	6	4	7	5	8	4	2	19	6	7
		15%	13%	16%	16%	13%	13%	18%	12%	15%	16%	12%	7%	17%	12%	19%
Base for stats		414	196	217	220	150	43	19	55	35	50	29	33	105	50	38
Mean Score		3.63	3.58	3.65	3.70	3.56	3.49	3.33	3.81	3.58	3.58	3.50	3.56	3.59	3.81	3.62
Standard Deviation		1.079	1.005	1.140	1.153	1.001	.932	.991	1.037	1.204	1.027	.957	.955	1.146	1.098	1.130
Standard Error		.052	.072	.075	.075	.083	.149	.202	.139	.203	.144	.169	.166	.110	.160	.183
Error variance		*	.01	.01	.01	.01	.02	.04	.02	.04	.02	.03	.03	.01	.03	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g	
Unweighted Total		432	60	104	121	60	49	38	285	147	320	20	54	24	1	7	106	
Total		420	64	109	121	50	43	33	294	126	312	19	53	24	1	7	104	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	99	21	27	26	10	8	7	74	25	71	4	14	10	-	1	28	
		24%	33% h	25%	22%	21%	18%	20%	25%	20%	23%	19%	26%	41%	-	17%	27%	
Increased a bit	(4.0)	139	27	29	45	11	17	9	102	36	100	6	18	11	-	4	38	
		33%	43% bd	27%	38% d	22%	38%	27%	35%	29%	32%	30%	34%	44%	-	56%	37%	
Stayed the same	(3.0)	115	15	27	29	20	14	11	70	45	95	4	12	3	-	-	19	
		27%	23%	24%	24%	40% bcg	32%	33%	24%	36% cg	30% g	21%	22%	12%	-	-	18%	
Decreased a bit	(2.0)	46	1	20	13	2	3	7	33	12	30	5	8	-	-	-	13	
		11%	1% ad	18%	10% a	5%	8%	20% ad	11% a	10% a	10%	25%	15%	-	-	-	12%	
Decreased a lot	(1.0)	16	-	6	5	5	1	-	10	5	12	1	1	-	-	1	3	
		4%	-	5%	4%	9% a	2%	-	4%	4%	4%	5%	2%	-	-	18%	3%	
Don't know		4	-	1	2	-	1	-	3	1	2	-	-	1	1	-	1	
		1%	-	1%	2%	-	2%	-	1%	1%	1%	-	-	3%	100%	-	1%	
I wasn't doing this activity last year		2	-	-	1	2	-	-	1	2	1	-	1	-	-	1	1	
		1%	-	-	1% g	3%	-	-	* g	1%	*	-	2%	-	-	9%	1%	
NET: Increased		238	48	57	71	21	24	15	177	61	172	9	31	20	-	5	66	
		57%	75% bcdefgh	52%	59% d	43%	56%	46%	60% dh	49%	55%	49%	59%	85%	-	73%	64%	
NET: Decreased		61	1	25	17	7	4	7	44	18	42	6	9	-	-	1	16	
		15%	1% ae	23%	14% a	14% a	10%	20% a	15% a	14% a	13%	30%	17%	-	-	18%	15%	
Base for stats		414	64	109	117	48	43	33	290	124	309	19	52	23	-	6	101	
Mean Score		3.63	4.07 bcdefgh	3.49	3.64	3.43	3.64	3.46	3.68	3.51	3.61	3.33	3.68	4.30	-	3.60	3.75	
Standard Deviation		1.079	.786	1.201	1.068	1.168	.949	1.040	1.085	1.058	1.061	1.225	1.082	.688	-	1.452	1.095	
Standard Error		.052	.101	.118	.099	.153	.137	.169	.065	.088	.060	.274	.149	.143	-	.593	.108	
Error variance		*	.01	.01	.01	.02	.02	.03	*	.01	*	.08	.02	.02	-	.35	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	*b	c	d	*e	*f	*g	h	*i	*j	k	
432	208	100	99	199	32	19	211	53	16	12	18	37	25	9	51	
420	175	114	111	225	31	18	212	52	16	12	16	31	21	11	49	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
99	41	28	27	55	13	5	47	10	2	2	5	9	6	-	18	
24%	23%	24%	25%	24%	41% cd	28%	22%	20%	14%	17%	29%	30%	27%	-	36% c	
139	54	40	38	78	10	6	71	22	3	5	4	10	5	4	16	
33%	31%	35%	34%	34%	30%	36%	33%	42%	21%	40%	23%	33%	22%	33%	32%	
115	49	35	24	59	4	5	64	14	5	3	8	3	7	3	9	
27%	28%	31%	22%	26%	13%	25%	30% ah	27% h	30%	30%	48%	10%	31%	24%	17%	
46	23	9	12	22	3	1	20	5	3	-	-	6	4	5	3	
11%	13%	8%	11%	10%	9%	4%	9%	9%	22%	-	-	18%	17%	43%	7%	
16	5	3	8	11	1	1	9	1	2	-	-	1	1	-	2	
4%	3%	2%	7%	5%	4%	7%	4%	2%	14%	-	-	2%	3%	-	5%	
4	3	-	-	-	-	-	1	-	-	1	-	2	-	-	-	
1%	2%	-	-	-	-	-	*	-	-	6%	-	7% cd	-	-	-	
2	1	-	1	1	1	-	1	-	-	1	-	-	-	-	1	
1%	1%	-	1%	*	3%	-	*	-	-	7%	-	-	-	-	2%	
238	94	67	65	133	22	11	118	32	6	7	8	19	10	4	34	
57%	54%	59%	59%	59%	72%	64%	55%	62%	35%	57%	52%	62%	49%	33%	69%	
61	28	12	20	33	4	2	29	5	6	-	-	6	4	5	6	
15%	16%	11%	18%	14%	13%	11%	14%	10%	35%	-	-	20%	20%	43%	12%	
414	171	114	110	224	30	18	211	52	16	10	16	29	21	11	48	
3.63	3.60	3.70	3.58	3.64	3.99	3.74	3.60	3.70	3.00	3.85	3.81	3.75	3.53	2.91	3.90	
1.079	1.076	1.006	1.193	1.101	1.147	1.146	1.067	.948	1.274	.760	.884	1.190	1.176	.908	1.141	
.052	.076	.101	.121	.078	.206	.263	.074	.130	.318	.240	.208	.204	.235	.303	.161	
*	.01	.01	.01	.01	.04	.07	.01	.02	.10	.06	.04	.04	.06	.09	.03	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total		432	125	105	48	12	153	137	85	57	17	142	155	46	203	159	24	386
Total		420	123	107	48	12	155	135	85	58	16	143	153	42	197	158	23	378
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	99	28	23	10	2	33	30	19	10	5	29	34	10	47	38	5	89
		24%	23%	22%	20%	19%	21%	22%	23%	17%	34%	20%	22%	23%	24%	24%	24%	24%
Increased a bit	(4.0)	139	40	38	20	5	58	44	28	25	5	52	52	11	61	52	14	127
		33%	32%	35%	42%	39%	37%	33%	33%	42%	34%	37%	34%	27%	31%	33%	63%	34%
Stayed the same	(3.0)	115	39	27	14	3	41	42	21	15	4	36	49	16	56	42	1	99
		27%	32%	25%	29%	27%	26%	31%	25%	26%	24%	25%	32%	39%	29%	26%	3%	26%
Decreased a bit	(2.0)	46	11	13	2	1	15	13	10	4	1	14	15	4	26	15	1	41
		11%	9%	12%	4%	9%	9%	9%	12%	7%	4%	10%	10%	10%	13%	9%	4%	11%
Decreased a lot	(1.0)	16	4	5	2	-	7	4	5	4	-	9	2	1	5	9	1	15
		4%	3%	5%	4%	-	5%	3%	6%	7%	-	7%	2%	2%	3%	6%	4%	4%
Don't know		4	1	-	-	1	-	1	1	-	1	1	1	-	2	1	1	4
		1%	1%	-	-	6%	-	1%	1%	-	4%	*	*	-	1%	1%	3%	1%
I wasn't doing this activity last year		2	-	1	1	-	1	-	-	1	-	1	1	-	1	2	-	2
		1%	-	1%	2%	-	1%	-	-	1%	-	1%	*	-	*	1%	-	1%
NET: Increased		238	68	61	30	7	91	75	47	34	11	82	85	21	108	90	20	217
		57%	55%	57%	62%	58%	59%	55%	56%	59%	68%	57%	56%	49%	55%	57%	86%	57%
NET: Decreased		61	15	18	3	1	22	17	16	8	1	24	17	5	31	24	2	56
		15%	13%	17%	7%	9%	14%	12%	18%	14%	4%	17%	11%	12%	16%	15%	7%	15%
Base for stats		414	122	107	47	11	154	134	84	57	15	142	151	42	194	155	22	372
Mean Score		3.63	3.62	3.57	3.73	3.73	3.62	3.63	3.54	3.56	4.02	3.55	3.66	3.58	3.61	3.61	4.02	3.63
Standard Deviation		1.079	1.040	1.114	.964	.937	1.070	1.029	1.163	1.082	.915	1.127	.983	1.019	1.069	1.128	.899	1.087
Standard Error		.052	.093	.109	.141	.282	.087	.089	.127	.145	.229	.095	.079	.150	.076	.091	.187	.056
Error variance		*	.01	.01	.02	.08	.01	.01	.02	.02	.05	.01	.01	.02	.01	.01	.04	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Total		a	b	a	b	*c	d	e	*f	a	b	a	b
Significance Level: 95%													
Unweighted Total		432	122 254	51	43	12	315	101	5	357	75	372	54
Total		420	125 245	49	43	11	309	98	4	347	73	366	50
		100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	99	35 55	15	17	3	64	33	2	85	15	88	11
		24%	28% 22%	31%	39% d	29%	21%	34% d	51%	24%	20%	24%	22%
Increased a bit	(4.0)	139	42 85	11	12	4	110	28	-	113	25	122	16
		33%	33% 35%	23%	29%	38%	36%	28%	-	33%	35%	33%	32%
Stayed the same	(3.0)	115	29 66	11	6	3	89	20	1	97	18	98	14
		27%	23% 27%	23%	14%	26%	29% b	20%	16%	28%	24%	27%	27%
Decreased a bit	(2.0)	46	9 30	7	5	-	31	12	-	34	11	38	7
		11%	7% 12%	14%	12%	-	10%	12%	-	10%	16%	10%	13%
Decreased a lot	(1.0)	16	7 7	1	2	1	12	3	1	13	3	15	1
		4%	6% 3%	3%	4%	7%	4%	3%	17%	4%	4%	4%	2%
Don't know		4	1 2	-	-	-	3	-	-	2	1	2	2
		1%	1% 1%	-	-	-	1%	-	-	1%	2%	1%	3%
I wasn't doing this activity last year		2	1 1	2	1	-	-	2	1	2	-	2	-
		1%	1% *	5% d	2% d	-	-	2% d	16%	1%	-	1%	-
NET: Increased		238	77 139	27	29	7	175	61	2	198	40	211	27
		57%	62% 57%	55%	68%	67%	56%	62%	51%	57%	55%	58%	55%
NET: Decreased		61	16 36	8	7	1	43	15	1	47	14	53	8
		15%	13% 15%	17%	16%	7%	14%	16%	17%	14%	19%	14%	15%
Base for stats		414	122 242	46	42	11	306	95	3	343	71	361	48
Mean Score		3.63	3.72 3.62	3.69	3.89	3.83	3.60	3.79	3.81	3.65	3.53	3.64	3.61
Standard Deviation		1.079	1.140 1.050	1.181	1.180	1.119	1.048	1.148	1.913	1.074	1.105	1.085	1.063
Standard Error		.052	.105 .066	.170	.182	.323	.059	.116	.956	.057	.129	.057	.147
Error variance		*	.01 *	.03	.03	.10	*	.01	.91	*	.02	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total		432	5	29	61	109	76	71	31	50	275	152	86	135	158	46	128	124	124	48	
Total		420	4	28	57	108	73	69	31	51	266	151	84	129	156	45	122	118	127	46	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	99	1	1	8	24	26	18	6	15	60	39	23	31	31	12	27	31	25	14
		24%	18%	5%	15%	22%	36% cdi	27%	19%	29%	22%	26%	27%	24%	20%	27%	22%	26%	20%	30%	
Increased a bit		(4.0)	139	1	5	21	32	24	26	14	16	82	56	23	44	57	14	42	33	47	14
		33%	20%	17%	37%	30%	33%	38%	45%	31%	31%	37%	28%	34%	37%	31%	35%	28%	37%	31%	
Stayed the same		(3.0)	115	1	9	14	34	15	19	8	16	72	43	19	33	46	14	30	39	31	13
		27%	22%	31%	24%	32%	20%	27%	24%	32%	27%	28%	22%	26%	29%	32%	25%	33%	24%	28%	
Decreased a bit		(2.0)	46	1	6	11	13	6	5	3	2	35	10	14	13	15	2	16	8	18	3
		11%	18%	20%	19% efhj	12%	8%	7%	8%	5%	13% j	6%	16%	10%	10%	5%	13%	7%	14%	5%	
Decreased a lot		(1.0)	16	-	6	2	2	2	1	1	2	12	4	4	5	4	2	4	7	5	-
		4%	-	22%	4%	2%	2%	2%	3%	3%	4%	3%	5%	4%	3%	4%	3%	6%	4%	-	
Don't know		4	-	1	-	1	1	-	-	-	4	-	-	2	1	-	2	1	1	1	
		1%	-	5%	-	1%	1%	-	-	-	1%	-	-	1%	1%	-	1%	1%	1%	2%	
I wasn't doing this activity last year		2	1	-	1	1	-	-	-	-	2	-	1	1	-	1	-	-	1	1	
		1%	21%	-	1%	1%	-	-	-	-	1%	-	1%	1%	-	1%	-	-	1%	3% a	
NET: Increased		238	1	6	30	56	50	44	20	31	142	95	46	75	89	26	70	64	72	28	
		57%	38%	22%	52%	52%	69% cdi	64%	64%	60%	53%	63%	55%	58%	57%	57%	57%	54%	57%	62%	
NET: Decreased		61	1	12	13	15	7	6	4	4	47	14	18	18	20	4	20	15	23	3	
		15%	18%	42%	23% efhj	14%	10%	8%	12%	8%	18% j	9%	22%	14%	13%	9%	17%	12%	18% d	5%	
Base for stats		414	3	27	56	105	72	69	31	51	261	151	83	127	155	44	120	118	126	44	
Mean Score		3.63	3.48	2.61	3.41	3.59	3.94 cdi	3.81 c	3.68	3.77	3.55	3.77 ci	3.56	3.66	3.62	3.71	3.60	3.63	3.55	3.91	
Standard Deviation		1.079	1.339	1.183	1.077	1.032	1.048	.968	1.001	1.033	1.120	.992	1.208	1.081	1.010	1.065	1.083	1.116	1.089	.925	
Standard Error		.052	.670	.228	.139	.100	.121	.115	.180	.146	.068	.080	.131	.094	.081	.159	.096	.101	.099	.138	
Error variance		*	.45	.05	.02	.01	.01	.01	.03	.02	*	.01	.02	.01	.01	.03	.01	.01	.01	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.3. Running or jogging: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		432	237	121	72
Total		420	231	120	68
		100%	100%	100%	100%
Increased a lot	(5.0)	99	80	13	7
		24%	35%	11%	10%
			bc		
Increased a bit	(4.0)	139	98	24	17
		33%	42%	20%	25%
			bc		
Stayed the same	(3.0)	115	33	71	10
		27%	14%	59%	15%
				ac	
Decreased a bit	(2.0)	46	14	10	21
		11%	6%	8%	31%
					ab
Decreased a lot	(1.0)	16	3	1	12
		4%	1%	1%	17%
					ab
Don't know		4	2	1	1
		1%	1%	1%	1%
I wasn't doing this activity last year		2	1	1	1
		1%	*	1%	1%
NET: Increased		238	178	36	23
		57%	77%	30%	34%
			bc		
NET: Decreased		61	17	11	33
		15%	7%	9%	48%
					ab
Base for stats		414	228	118	67
Mean Score		3.63	4.04	3.31	2.79
			bc	c	
Standard Deviation		1.079	.927	.815	1.279
Standard Error		.052	.061	.075	.153
Error variance		*	*	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	*e	f	g	h	i	
Unweighted Total	295	94	199	141	106	48	18	40	26	33	28	31	63	38	18	
Total	288	97	189	133	101	54	14	41	25	34	24	32	60	40	18	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	70	25	43	37	25	8	3	7	6	8	7	8	25	4	3
		24%	26%	23%	28%	25%	15%	17%	16%	25%	22%	28%	25%	43% bdh	11%	15%
Increased a bit	(4.0)	95	29	67	44	33	19	8	21	4	10	4	10	11	20	7
		33%	30%	35%	33%	32%	36%	57%	50% g	17%	29%	18%	30%	19%	50% g	42%
Stayed the same	(3.0)	64	25	39	29	19	16	4	6	10	5	6	8	12	11	3
		22%	26%	20%	22%	19%	29%	26%	15%	39%	15%	27%	24%	20%	27%	15%
Decreased a bit	(2.0)	39	12	28	17	18	4	-	7	3	8	3	4	8	4	3
		14%	12%	15%	13%	18%	8%	-	17%	11%	23%	14%	12%	13%	9%	19%
Decreased a lot	(1.0)	12	2	10	6	4	2	-	1	2	2	1	3	2	-	2
		4%	2%	5%	4%	4%	3%	-	3%	8%	6%	3%	9%	3%	-	9%
Don't know		3	1	2	1	-	2	-	-	-	-	2	-	1	-	-
		1%	1%	1%	1%	-	4% b	-	-	-	-	10%	-	1%	-	-
I wasn't doing this activity last year		4	3	1	-	1	3	-	-	-	1	-	-	1	1	-
		1%	3%	1%	-	1%	5% a	-	-	-	4%	-	-	2%	3%	-
NET: Increased	165	54	110	80	58	27	11	27	10	18	11	17	37	24	10	
	57%	55%	58%	60%	57%	51%	74%	66%	42%	51%	46%	55%	61%	61%	57%	
NET: Decreased	51	14	37	23	23	6	-	8	5	10	4	7	9	4	5	
	18%	14%	20%	17%	22%	11%	-	19%	19%	30% h	17%	21%	16%	9%	28%	
Base for stats	281	93	186	132	100	49	14	41	25	33	22	32	58	39	18	
Mean Score	3.61	3.67	3.57	3.67	3.56	3.56	3.92	3.60	3.40	3.39	3.61	3.50	3.89	3.65	3.35	
Standard Deviation	1.130	1.080	1.153	1.140	1.184	.996	.675	1.032	1.220	1.276	1.199	1.249	1.205	.817	1.244	
Standard Error	.066	.113	.082	.096	.116	.150	.159	.163	.239	.226	.235	.224	.154	.134	.293	
Error variance	*	.01	.01	.01	.01	.02	.03	.03	.06	.05	.06	.05	.02	.02	.09	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		295	42	59	87	40	32	35	188	107	221	11	35	17	1	5	69
Total		288	44	61	85	34	28	36	190	98	216	11	34	17	1	5	67
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	70	19	16	18	7	5	5	53	17	48	4	12	7	-	-	22
		24%	42% cdefh	27%	21%	21%	17%	14%	28% h	17%	22%	36%	34%	39%	-	-	33%
Increased a bit	(4.0)	95	7	21	31	12	12	12	60	36	75	3	9	5	1	2	20
		33%	16% a	35% a	37% a	35%	43% a	32%	32% a	36% a	35%	30%	28%	28%	100%	44%	30%
Stayed the same	(3.0)	64	9	15	15	10	5	10	39	25	47	2	8	2	-	2	14
		22%	20%	24%	18%	29%	16%	29%	21%	25%	22%	23%	24%	9%	-	41%	21%
Decreased a bit	(2.0)	39	7	7	13	5	4	3	27	12	29	1	3	4	-	1	9
		14%	17%	11%	16%	15%	13%	9%	14%	12%	13%	12%	9%	24%	-	15%	14%
Decreased a lot	(1.0)	12	2	2	5	-	3	1	8	4	10	-	2	-	-	-	2
		4%	5%	3%	5%	-	10% d	2%	4%	4%	5%	-	5%	-	-	-	3%
Don't know		3	-	-	1	-	-	2	1	2	3	-	-	-	-	-	-
		1%	-	-	1%	-	-	6% g	* g	2%	1%	-	-	-	-	-	-
I wasn't doing this activity last year		4	-	-	1	-	-	3	1	3	4	-	-	-	-	-	-
		1%	-	-	1%	-	-	8% bg	1%	3%	2%	-	-	-	-	-	-
NET: Increased		165	26	38	50	19	17	17	113	52	123	7	21	11	1	2	42
		57%	58%	62%	58%	56%	60%	46%	60%	53%	57%	66%	62%	67%	100%	44%	63%
NET: Decreased		51	10	8	18	5	7	4	36	16	39	1	5	4	-	1	11
		18%	22%	14%	21%	15%	24%	11%	19%	16%	18%	12%	15%	24%	-	15%	16%
Base for stats		281	44	61	83	34	28	31	188	93	209	11	34	17	1	5	67
Mean Score		3.61	3.73	3.73	3.55	3.62	3.42	3.55	3.65	3.54	3.58	3.90	3.76	3.83	4.00	3.30	3.77
Standard Deviation		1.130	1.303	1.064	1.165	.986	1.238	.979	1.165	1.058	1.128	1.068	1.189	1.220	-	.796	1.134
Standard Error		.066	.201	.139	.126	.156	.219	.176	.085	.104	.077	.322	.201	.296	-	.356	.137
Error variance		*	.04	.02	.02	.02	.05	.03	.01	.01	.01	.10	.04	.09	-	.13	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status												
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed												
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k		
295	162	65	52	117	19	18	124	43	12	7	11	17	24	20	37		
288	142	73	60	133	18	16	121	44	11	6	10	14	21	26	34		
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
70	28	22	18	39	7	5	26	7	4	2	2	7	6	4	11		
24%	20%	30%	29%	30%	37%	29%	22%	16%	39%	30%	18%	51%	28%	17%	33%		
95	50	23	21	44	4	4	50	13	3	2	3	4	6	6	8		
33%	35%	31%	35%	33%	22%	25%	41%	30%	25%	40%	35%	27%	28%	23%	23%		
64	36	16	7	23	2	2	26	11	2	-	3	1	7	9	5		
22%	25%	22%	11%	17%	14%	14%	22%	26%	17%	-	28%	5%	33%	36%	14%		
	c																
39	17	11	10	21	3	4	16	10	-	2	2	2	1	1	7		
14%	12%	14%	17%	16%	16%	24%	13%	22%	-	31%	19%	11%	4%	5%	20%		
12	6	1	4	5	1	1	3	2	2	-	-	1	2	-	2		
4%	4%	2%	7%	4%	6%	7%	3%	5%	19%	-	-	6%	7%	-	6%		
3	3	-	-	-	1	-	-	-	-	-	-	-	-	2	1		
1%	2%	-	-	-	5%	-	-	-	-	-	-	-	-	9%	2%		
4	3	1	-	1	-	-	-	1	-	-	-	-	-	3	-		
1%	2%	2%	-	1%	-	-	-	3%	-	-	-	-	-	10%	-		
165	78	45	38	83	11	9	76	20	7	4	5	11	12	10	19		
57%	55%	61%	64%	62%	59%	54%	63% d	45%	64%	69%	53%	79%	56%	39%	57%		
51	23	12	15	26	4	5	19	12	2	2	2	2	2	1	9		
18%	16%	16%	25%	20%	22%	31%	16%	26%	19%	31%	19%	16%	11%	5%	26%		
281	136	72	60	132	17	16	121	43	11	6	10	14	21	21	33		
3.61	3.57	3.74	3.62	3.69	3.72	3.45	3.66	3.31	3.64	3.69	3.52	4.08	3.66	3.63	3.59		
1.130	1.082	1.094	1.277	1.177	1.338	1.365	1.044	1.136	1.548	1.304	1.052	1.268	1.162	.900	1.337		
.066	.086	.137	.177	.109	.315	.322	.094	.175	.447	.493	.317	.307	.237	.225	.223		
*	.01	.02	.03	.01	.10	.10	.01	.03	.20	.24	.10	.09	.06	.05	.05		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total		295	91	55	39	8	94	99	109	48	30	10	78	119	34	172	76	13	261
Total		288	85	55	39	8	94	93	104	47	29	11	76	115	31	168	76	13	257
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	70	21	13	7	1	21	22	23	10	7	3	17	26	6	36	25	3	64
		24%	25%	25%	18%	16%	22%	24%	22%	21%	24%	26%	22%	23%	18%	22%	33%	23%	25%
Increased a bit	(4.0)	95	30	22	15	3	36	33	35	15	14	6	29	41	7	63	22	3	88
		33%	35%	40%	37%	38%	39%	36%	34%	32%	47%	56%	38%	36%	24%	37%	29%	26%	34%
Stayed the same	(3.0)	64	16	8	10	3	18	19	27	6	4	1	10	28	9	39	14	2	55
		22%	19%	15%	25%	38%	19%	21%	26% e	13%	15%	12%	14%	24%	30%	23%	19%	13%	21%
Decreased a bit	(2.0)	39	13	8	7	1	15	14	13	13	4	1	17	14	5	19	11	4	34
		14%	15%	15%	17%	9%	16%	15%	13%	27% af	15%	6%	22%	12%	17%	12%	14%	31%	13%
Decreased a lot	(1.0)	12	4	3	1	-	4	4	4	3	-	-	3	4	1	6	4	1	11
		4%	4%	5%	3%	-	4%	4%	4%	6%	-	-	4%	4%	3%	4%	5%	8%	4%
Don't know		3	-	-	-	-	-	-	-	-	-	-	-	-	-	3	-	-	3
		1%	-	-	-	-	-	-	-	-	-	-	-	-	-	2%	-	-	1%
I wasn't doing this activity last year		4	1	-	-	-	-	1	1	-	-	-	-	1	3	1	-	-	1
		1%	1%	-	-	-	-	1%	1%	-	-	-	-	1%	9% bce	1%	-	-	*
NET: Increased		165	51	35	22	4	57	56	58	25	21	9	46	67	13	99	47	6	152
		57%	60%	64%	55%	54%	61%	59%	56%	54%	70%	82%	60%	58%	42%	59%	62%	48%	59%
NET: Decreased		51	16	11	8	1	19	17	18	16	4	1	20	18	6	26	15	5	45
		18%	19%	20%	20%	9%	20%	18%	17%	33% af	15%	6%	26%	16%	19%	15%	19%	39%	18%
Base for stats		281	84	55	39	8	94	92	103	47	29	11	76	114	28	164	76	13	252
Mean Score		3.61	3.62	3.63	3.51	3.61	3.58	3.62	3.57	3.35	3.79	4.02	3.52	3.62	3.42	3.63	3.71	3.24	3.63
Standard Deviation		1.130	1.147	1.166	1.072	.910	1.124	1.124	1.108	1.271	.984	.832	1.182	1.089	1.107	1.075	1.211	1.376	1.133
Standard Error		.066	.121	.157	.172	.322	.116	.114	.107	.183	.180	.263	.134	.100	.196	.083	.139	.382	.071
Error variance		*	.01	.02	.03	.10	.01	.01	.01	.03	.03	.07	.02	.01	.04	.01	.02	.15	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
									NET: Longstanding physical and mental condition or illness						
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total		295	68	189	49	43	8	192	91	9	248	47	243	49	
Total		288	68	185	46	40	8	191	86	9	243	44	240	45	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	70	18	45	14	10	2	45	23	4	61	9	62	8
			24%	27%	24%	31%	26%	26%	23%	27%	43%	25%	21%	26%	18%
Increased a bit		(4.0)	95	20	68	14	12	4	66	28	2	78	17	82	13
			33%	29%	37%	31%	31%	48%	34%	33%	28%	32%	39%	34%	30%
Stayed the same		(3.0)	64	17	37	6	6	1	47	12	1	55	9	54	8
			22%	26%	20%	13%	15%	14%	25%	14%	9%	23%	20%	23%	18%
Decreased a bit		(2.0)	39	8	25	6	10	-	22	14	2	31	8	29	9
			14%	12%	14%	14%	24% d	-	12%	17%	20%	13%	18%	12%	20%
Decreased a lot		(1.0)	12	5	6	5	2	1	4	8	-	11	1	9	3
			4%	7%	3%	11% d	5%	13%	2%	9% d	-	5%	2%	4%	6%
Don't know		3	-	3	-	-	-	-	3	-	-	3	-	2	1
		1%	-	2%	-	-	-	-	2%	-	-	1%	-	1%	2%
I wasn't doing this activity last year		4	-	1	-	-	-	-	4	-	-	4	-	1	3
		1%	-	1%	-	-	-	-	2%	-	-	2%	-	1%	6% a
NET: Increased		165	38	113	29	23	6	110	51	6	139	26	144	22	
		57%	55%	61%	62%	57%	73%	58%	60%	71%	57%	60%	60%	48%	
NET: Decreased		51	13	31	11	12	1	26	22	2	42	9	39	12	
		18%	19%	17%	25%	29% d	13%	14%	26% d	20%	17%	21%	16%	26%	
Base for stats		281	68	181	46	40	8	184	86	9	236	44	237	41	
Mean Score		3.61	3.55	3.66	3.58	3.49	3.74	3.68	3.52	3.93	3.62	3.57	3.67	3.37	
Standard Deviation		1.130	1.214	1.099	1.356	1.252	1.287	1.041	1.303	1.221	1.139	1.095	1.109	1.225	
Standard Error		.066	.147	.081	.194	.191	.455	.076	.137	.407	.073	.160	.072	.181	
Error variance		*	.02	.01	.04	.04	.21	.01	.02	.17	.01	.03	.01	.03	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		295	5	22	47	72	46	40	22	41	187	103	60	96	93	41	82	78	92	40
Total		288	5	22	47	66	46	38	23	40	181	102	58	91	91	42	83	74	89	39
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	70	2	3	4	14	11	5	14	19	31	13	22	19	14	19	19	20	10
			24%	29%	14%	8%	21%	23% c	13%	60%	47% cdefi	17% cdfi	23%	24%	21%	33%	23%	25%	23%	25%
Increased a bit		(4.0)	95	-	8	18	26	15	17	5	6	67	21	34	26	12	32	18	30	15
			33%	-	37%	39% h	39% h	32%	45% h	23%	15%	37% h	37%	37%	29%	29%	38%	25%	33%	39%
Stayed the same		(3.0)	64	1	2	15	11	10	10	3	11	39	14	17	24	8	13	20	21	10
			22%	23%	11%	33% d	17%	21%	25%	12%	29%	21%	24%	19%	27%	18%	15%	27%	23%	26%
Decreased a bit		(2.0)	39	1	8	8	10	8	5	-	1	33	5	15	14	5	10	13	15	1
			14%	15%	35%	17% hj	14% h	17% hj	13%	-	2%	18% hj	9%	16%	16%	11%	13%	18% d	17% d	2%
Decreased a lot		(1.0)	12	2	1	2	4	2	-	-	2	8	4	3	3	1	5	2	3	2
			4%	33%	3%	4%	6%	4%	-	-	5%	5%	7%	4%	4%	3%	6%	3%	3%	5%
Don't know			3	-	-	-	2	-	-	1	-	2	-	-	3	-	-	1	1	1
			1%	-	-	-	3%	-	-	5%	-	1%	-	-	3%	-	-	2%	1%	3%
I wasn't doing this activity last year			4	-	-	-	-	1	1	-	1	1	-	-	1	3	4	-	-	-
			1%	-	-	-	-	3%	4%	-	3%	1%	-	-	1%	6% ab	5% c	-	-	-
NET: Increased		165	2	11	22	40	25	22	19	25	98	66	34	56	45	26	51	37	50	25
		57%	29%	51%	46%	60%	55%	58%	83%	61%	54%	65% c	59%	61%	49%	62%	61%	50%	56%	64%
NET: Decreased		51	3	8	10	13	10	5	-	3	41	8	10	18	18	6	15	16	18	3
		18%	48%	38%	21% j	20% j	21% j	13%	-	7%	23% hj	8%	17%	20%	19%	13%	19%	21%	20%	7%
Base for stats		281	5	22	47	64	45	37	22	39	178	98	58	91	87	40	79	73	89	38
Mean Score		3.61	2.76	3.23	3.29	3.57	3.54	3.61	4.50	4.00 ci	3.45	3.96 cdei	3.58	3.61	3.50	3.84	3.63	3.52	3.56	3.79
Standard Deviation		1.130	1.785	1.189	.982	1.157	1.167	.892	.731	1.156	1.119	1.023	1.160	1.137	1.118	1.122	1.174	1.157	1.117	1.025
Standard Error		.066	.798	.253	.143	.138	.174	.143	.160	.183	.083	.102	.150	.116	.119	.180	.132	.132	.117	.164
Error variance		*	.64	.06	.02	.02	.03	.02	.03	.03	.01	.01	.02	.01	.01	.03	.02	.02	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6D1X.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		295	163	75	55
Total		288	159	73	53
		100%	100%	100%	100%
Increased a lot	(5.0)	70	60	9	1
		24%	38%	12%	2%
			bc	c	
Increased a bit	(4.0)	95	58	21	15
		33%	36%	29%	29%
Stayed the same	(3.0)	64	23	35	6
		22%	14%	48%	11%
				ac	
Decreased a bit	(2.0)	39	9	6	23
		14%	6%	8%	43%
					ab
Decreased a lot	(1.0)	12	3	2	7
		4%	2%	3%	13%
					ab
Don't know		3	2	-	1
		1%	1%	-	2%
I wasn't doing this activity last year		4	4	-	-
		1%	2%	-	-
NET: Increased		165	118	30	17
		57%	74%	40%	31%
			bc		
NET: Decreased		51	12	8	30
		18%	8%	11%	56%
					ab
Base for stats		281	153	73	52
Mean Score		3.61	4.07	3.38	2.63
			bc	c	
Standard Deviation		1.130	.980	.902	1.117
Standard Error		.066	.078	.104	.152
Error variance		*	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	*e	f	g	h	i
Unweighted Total		326	141	184	134	106	86	15	45	28	35	26	30	69	44	34
Total		329	148	180	126	102	100	12	43	28	36	23	33	66	51	36
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	58	18	39	29	19	9	3	11	5	7	3	3	11	8	7
		17%	12%	21%	23%	19%	9%	27%	24%	18%	18%	15%	9%	17%	15%	18%
				a	c											
Increased a bit	(4.0)	97	46	51	44	24	29	3	14	6	9	8	15	24	12	4
		29%	31%	28%	35%	23%	29%	26%	33%	23%	25%	37%	46%	37%	23%	12%
								i	i				hi	i		
Stayed the same	(3.0)	118	62	55	38	40	40	4	15	13	12	7	12	20	18	17
		36%	42%	31%	30%	39%	40%	34%	34%	46%	34%	30%	36%	30%	35%	47%
			b													
Decreased a bit	(2.0)	36	12	24	12	14	11	1	3	2	4	3	2	8	7	5
		11%	8%	13%	9%	13%	11%	6%	8%	7%	12%	14%	7%	12%	14%	14%
Decreased a lot	(1.0)	9	3	7	3	4	3	1	-	1	2	1	1	1	1	2
		3%	2%	4%	2%	4%	3%	7%	-	3%	5%	3%	3%	1%	2%	5%
Don't know		2	-	2	1	1	-	-	-	-	-	-	-	1	1	-
		1%	-	1%	1%	1%	-	-	-	-	-	-	-	1%	2%	-
I wasn't doing this activity last year		10	7	3	-	2	8	-	-	1	2	-	-	1	4	1
		3%	5%	2%	-	2%	8%	-	-	3%	6%	-	-	1%	9%	4%
						ab								b		
NET: Increased		154	64	90	73	43	38	7	25	11	16	12	18	36	19	11
		47%	43%	50%	58%	42%	38%	53%	58%	41%	44%	52%	54%	54%	38%	30%
					bc				i				i			
NET: Decreased		46	15	31	15	18	13	2	3	3	6	4	3	9	8	7
		14%	10%	17%	12%	17%	13%	13%	8%	10%	17%	18%	10%	14%	16%	20%
Base for stats		318	141	175	125	100	92	12	43	27	34	23	33	65	46	35
Mean Score		3.49	3.45	3.52	3.68	3.40	3.34	3.59	3.74	3.48	3.43	3.45	3.49	3.57	3.38	3.24
					bc				i							
Standard Deviation		1.011	.894	1.095	1.007	1.071	.918	1.205	.929	.983	1.113	1.043	.882	.976	1.034	1.109
Standard Error		.057	.077	.082	.087	.106	.103	.311	.139	.189	.194	.204	.161	.119	.164	.193
Error variance		*	.01	.01	.01	.01	.01	.10	.02	.04	.04	.04	.03	.01	.03	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g	
Unweighted Total		326	39	73	84	37	37	56	196	130	254	10	40	12	2	4	68	
Total		329	44	74	86	33	33	60	204	125	260	10	38	13	2	5	66	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	58	14	14	13	4	6	6	41	16	48	1	5	4	-	-	9	
		17%	33% cdfh	18%	16%	12%	20%	10%	20%	13%	19%	9%	13%	30%	-	-	14%	
Increased a bit		(4.0)	97	12	18	30	12	8	18	59	37	73	3	12	5	-	5	24
			29%	26%	24%	35%	35%	24%	30%	29%	30%	28%	28%	31%	39%	-	100%	36%
Stayed the same		(3.0)	118	12	28	28	14	13	23	68	49	95	3	15	2	1	-	20
			36%	27%	38%	33%	42%	40%	38%	34%	39%	36%	27%	39%	16%	51%	-	31%
Decreased a bit		(2.0)	36	3	7	11	3	4	8	20	16	29	1	4	2	-	-	7
			11%	6%	9%	13%	10%	13%	14%	10%	13%	11%	12%	10%	15%	-	-	10%
Decreased a lot		(1.0)	9	2	3	1	-	1	1	7	3	7	-	2	-	1	-	3
			3%	5%	5%	1%	-	4%	3%	3%	2%	3%	-	5%	-	49%	-	4%
Don't know			2	-	1	-	-	-	1	1	1	1	1	-	-	-	-	1
			1%	-	1%	-	-	-	1%	*	1%	*	10%	-	-	-	-	1%
I wasn't doing this activity last year			10	1	4	2	-	-	3	7	3	8	1	1	-	-	-	2
			3%	3%	5%	2%	-	-	5%	3%	2%	3%	14%	2%	-	-	-	3%
NET: Increased			154	26	31	44	16	14	24	100	54	121	4	17	9	-	5	33
			47%	59%	42%	51%	48%	43%	40%	49%	43%	47%	37%	44%	69%	-	100%	51%
NET: Decreased			46	5	10	12	3	6	10	27	19	36	1	5	2	1	-	9
			14%	11%	14%	14%	10%	17%	16%	13%	15%	14%	12%	14%	15%	49%	-	14%
Base for stats			318	42	69	84	33	33	56	196	122	251	7	37	13	2	5	63
Mean Score			3.49	3.79 fh	3.45	3.52	3.50	3.41	3.32	3.55	3.40	3.50	3.44	3.39	3.85	2.02	4.00	3.50
Standard Deviation			1.011	1.131	1.069	.961	.853	1.092	.946	1.040	.959	1.016	.960	1.010	1.052	1.715	-	1.011
Standard Error			.057	.183	.129	.106	.140	.179	.130	.076	.085	.065	.339	.162	.304	1.213	-	.125
Error variance			*	.03	.02	.01	.02	.03	.02	.01	.01	*	.12	.03	.09	1.47	-	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	i	j	k	
326	197	70	46	116	15	15	127	32	13	14	24	12	30	44	30	
329	185	81	52	133	14	16	127	34	13	13	20	11	28	55	30	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
58	28	15	15	30	7	4	22	8	1	2	1	3	6	3	11	
17%	15%	19%	28% a	22%	48%	26%	18%	23% j	6%	17%	8%	26%	21%	6%	36% cj	
97	53	23	19	42	1	4	45	8	3	3	5	6	2	18	5	
29%	29%	28%	36%	31%	8%	28%	36% i	23%	27%	26%	23%	56%	8%	33% i	18%	
118	70	32	11	43	4	4	42	12	4	4	11	2	13	23	7	
36%	37% c	40% c	21%	33%	25%	24%	33%	35%	29%	31%	55%	18%	46%	42%	24%	
36	21	9	3	12	3	2	12	4	1	3	1	-	4	6	4	
11%	11%	11%	7%	9%	20%	10%	9%	13%	6%	26%	7%	-	14%	11%	15%	
9	5	-	4	4	-	-	2	2	3	-	1	-	2	-	-	
3%	3%	-	9% b	3%	-	-	1%	6%	24%	-	4%	-	7%	-	-	
2	2	-	-	-	-	-	1	-	-	-	1	-	-	-	-	
1%	1%	-	-	-	-	-	1%	-	-	-	4%	-	-	-	-	
10	7	2	-	2	-	2	2	-	1	-	-	-	1	4	2	
3%	4%	2%	-	1%	-	11%	2%	-	7%	-	-	-	3%	8%	6%	
154	81	38	33	71	8	8	68	16	4	6	6	9	8	22	16	
47%	44%	47%	64% a	54%	55%	54%	53% i	46%	33%	43%	31%	82%	30%	40%	55%	
46	26	9	8	17	3	2	14	6	4	3	2	-	6	6	4	
14%	14%	11%	15%	13%	20%	10%	11%	19%	30%	26%	11%	-	21%	11%	15%	
318	177	80	52	132	14	14	124	34	12	13	19	11	27	51	28	
3.49	3.44	3.56	3.68	3.61	3.83	3.79	3.60	3.44	2.84	3.35	3.24	4.08	3.24	3.38	3.81	
1.011	.987	.929	1.205	1.044	1.266	1.035	.944	1.171	1.333	1.086	.872	.687	1.176	.784	1.137	
.057	.072	.112	.178	.097	.327	.277	.085	.207	.385	.290	.182	.198	.218	.122	.211	
*	.01	.01	.03	.01	.11	.08	.01	.04	.15	.08	.03	.04	.05	.01	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total		326	86	61	38	9	99	95	100	47	41	8	88	108	48	197	69	12	278
Total		329	86	62	38	9	100	95	98	48	42	9	90	107	48	199	71	12	282
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	58 17%	25 29% bce	8 12%	3 9%	1 14%	11 11% bce	26 28%	18 18%	11 23%	7 17%	1 15%	18 20%	19 18%	7 15%	32 16%	15 21%	3 28%	50 18%
Increased a bit	(4.0)	97 29%	21 24%	24 39%	11 30%	4 41%	36 36% bce	25 26%	29 29%	15 32%	13 31%	5 55%	29 32%	33 31%	9 19%	65 33%	19 27%	4 35%	88 31%
Stayed the same	(3.0)	118 36%	29 34%	18 30%	14 36%	2 22%	32 32% a	31 33%	34 35%	16 32%	11 26%	3 30%	26 29%	37 35%	20 41%	70 35%	26 37%	2 20%	98 35%
Decreased a bit	(2.0)	36 11%	5 6%	9 14%	7 18% a	2 22%	15 15% a	7 7%	11 11%	4 8%	7 17%	- -	11 12%	11 10%	4 8%	24 12%	6 9%	2 17%	32 11%
Decreased a lot	(1.0)	9 3%	2 2%	3 5%	1 3%	- -	4 4% be	2 2%	3 3%	1 2%	2 4%	- -	3 3%	3 3%	4 7% be	3 1%	3 5%	- -	6 2%
Don't know		2 1%	1 1%	- -	- -	- -	- 1% a	1 1%	- -	1 2%	- -	- -	1 1%	- -	- -	1 *	1 1%	- -	2 1%
I wasn't doing this activity last year		10 3%	3 3%	- -	2 5%	- -	2 2% bce	3 3%	3 3%	- -	2 4%	- -	2 2%	3 3%	4 9% bce	4 2%	1 1%	- -	5 2%
NET: Increased		154 47%	46 53%	32 51%	15 38%	5 56%	46 46% a	51 54%	46 47%	26 55%	20 48%	6 70%	47 52%	52 49%	16 34%	97 49%	34 48%	7 62%	138 49% a
NET: Decreased		46 14%	7 8%	12 19%	8 20% a	2 22%	19 19% af	9 9%	14 15%	5 11%	9 21%	- -	14 16%	14 14%	7 16%	27 13%	10 14%	2 17%	38 14%
Base for stats		318	82	62	36	9	98	91	95	47	40	9	87	104	43	194	69	12	275
Mean Score		3.49	3.76 bce	3.40	3.25	3.48	3.34	3.73 ce	3.49	3.66	3.42	3.84	3.55	3.52	3.28	3.52	3.51	3.73	3.53
Standard Deviation		1.011	1.034	1.040	.971	1.052	1.013	1.034	1.040	1.008	1.117	.692	1.061	1.018	1.114	.957	1.080	1.098	.992
Standard Error		.057	.114	.133	.162	.351	.103	.108	.106	.149	.177	.245	.114	.099	.168	.069	.132	.317	.060
Error variance		*	.01	.02	.03	.12	.01	.01	.01	.02	.03	.06	.01	.01	.03	*	.02	.10	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Total		a	b	a	b	*c	d	e	*f	a	b	a	b
Significance Level: 95%													
Unweighted Total		326	193	54	54	7	212	105	9	268	58	283	42
Total		329	196	52	55	7	216	104	9	268	61	287	42
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	58	37	11	6	2	37	18	2	48	10	53	5
		17%	19%	22%	12%	33%	17%	17%	21%	18%	16%	18%	11%
Increased a bit	(4.0)	97	57	11	20	1	67	29	2	74	22	87	10
		29%	29%	21%	36%	11%	31%	28%	26%	28%	37%	30%	24%
Stayed the same	(3.0)	118	75	14	13	3	85	28	1	95	22	94	23
		36%	38%	28%	24%	44%	39%	27%	17%	36%	37%	33%	55%
							be					a	
Decreased a bit	(2.0)	36	21	11	9	1	17	19	2	34	2	34	3
		11%	11%	22%	16%	13%	8%	18%	23%	13%	4%	12%	6%
				d				d					
Decreased a lot	(1.0)	9	2	3	4	-	4	6	1	8	2	9	1
		3%	1%	6%	7%	-	2%	6%	12%	3%	3%	3%	2%
			b		d								
Don't know		2	1	-	-	-	2	-	-	2	-	2	-
		1%	1%	-	-	-	1%	-	-	1%	-	1%	-
I wasn't doing this activity last year		10	4	1	2	-	5	4	-	7	2	9	1
		3%	2%	2%	4%	-	2%	3%	-	3%	4%	3%	2%
NET: Increased		154	93	22	26	3	104	47	4	122	32	140	14
		47%	48%	43%	48%	43%	48%	45%	47%	45%	53%	49%	35%
NET: Decreased		46	23	14	13	1	21	25	3	42	4	42	3
		14%	12%	27%	23%	13%	10%	24%	36%	16%	7%	15%	8%
				d	d			d					
Base for stats		318	191	50	52	7	210	100	9	259	59	276	41
Mean Score		3.49	3.55	3.32	3.31	3.63	3.55	3.35	3.21	3.46	3.62	3.51	3.37
Standard Deviation		1.011	.958	1.219	1.126	1.157	.937	1.150	1.423	1.030	.920	1.034	.849
Standard Error		.057	.070	.167	.156	.437	.065	.114	.474	.064	.123	.062	.133
Error variance		*	*	.03	.02	.19	*	.01	.23	*	.02	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total	326	9	25	55	61	52	49	20	55	193	124	77	94	112	40	92	81	111	38	
Total	329	10	24	55	59	53	49	24	56	191	128	75	92	116	44	94	80	114	38	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	58	1	1	5	9	8	7	10	17	22	34	8	20	16	14	17	15	14	11
		17%	8%	5%	8%	15%	15%	15%	43%	30%	12%	27%	10%	22%	13%	32%	18%	19%	12%	28%
										cdi		ci		a		ac				c
Increased a bit	(4.0)	97	3	4	20	18	22	9	3	18	64	30	24	29	32	11	27	24	36	9
		29%	26%	15%	37%	31%	41%	19%	15%	32%	33%	24%	33%	32%	28%	24%	29%	30%	32%	25%
					f		fj													
Stayed the same	(3.0)	118	3	9	17	21	15	25	8	21	61	54	22	29	49	16	32	28	42	14
		36%	27%	36%	31%	35%	28%	51%	32%	38%	32%	42%	30%	31%	43%	37%	35%	35%	37%	35%
							cei													
Decreased a bit	(2.0)	36	3	5	11	8	5	4	1	-	28	5	17	9	10	-	10	9	16	2
		11%	30%	19%	20%	13%	9%	8%	4%	-	15%	4%	23%	9%	9%	-	10%	11%	14%	5%
					hj		h	h			hj		bcd	d						
Decreased a lot	(1.0)	9	-	2	2	1	2	2	-	-	7	2	2	3	2	2	4	1	4	-
		3%	-	10%	4%	1%	4%	5%	-	-	4%	2%	3%	4%	2%	4%	4%	1%	4%	-
Don't know		2	-	-	-	-	2	-	-	-	2	-	-	1	1	-	1	1	-	-
		1%	-	-	-	-	3%	-	-	-	1%	-	-	1%	1%	-	1%	1%	-	-
							j													
I wasn't doing this activity last year		10	1	4	-	3	-	1	1	-	7	2	1	1	5	1	2	2	2	3
		3%	10%	15%	-	5%	-	2%	6%	-	3%	2%	1%	1%	5%	3%	2%	2%	2%	7%
NET: Increased		154	3	5	25	27	29	17	14	35	86	65	32	50	48	25	44	39	50	20
		47%	34%	20%	45%	46%	56%	34%	58%	62%	45%	51%	43%	54%	41%	56%	47%	49%	44%	53%
							f			fi										
NET: Decreased		46	3	7	13	8	7	6	1	-	35	7	19	12	12	2	14	10	20	2
		14%	30%	29%	24%	14%	13%	13%	4%	-	19%	6%	26%	13%	10%	4%	15%	12%	18%	5%
					hj	h	h	h			hj		bcd							
Base for stats		318	9	21	55	56	51	48	22	56	183	126	74	90	109	43	91	77	112	35
Mean Score		3.49	3.13	2.83	3.26	3.48	3.56	3.32	4.03	3.92	3.36	3.71	3.24	3.61	3.45	3.82	3.48	3.56	3.35	3.82
										cdefi		cfi		a		ac				c
Standard Deviation		1.011	1.035	1.069	.997	.960	1.002	1.002	1.013	.830	1.013	.974	1.029	1.054	.911	1.040	1.063	.975	1.000	.939
Standard Error		.057	.366	.228	.134	.125	.142	.145	.232	.112	.074	.088	.118	.110	.088	.167	.113	.110	.096	.156
Error variance		*	.13	.05	.02	.02	.02	.02	.05	.01	.01	.01	.01	.01	.01	.03	.01	.01	.01	.02



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		326	164	92	70
Total		329	166	97	66
		100%	100%	100%	100%
Increased a lot	(5.0)	58	49	5	4
		17%	29%	5%	5%
			bc		
Increased a bit	(4.0)	97	68	19	10
		29%	41%	19%	15%
			bc		
Stayed the same	(3.0)	118	32	64	22
		36%	19%	66%	33%
				ac	a
Decreased a bit	(2.0)	36	7	6	23
		11%	4%	6%	35%
					ab
Decreased a lot	(1.0)	9	4	-	6
		3%	2%	-	8%
					ab
Don't know		2	2	-	-
		1%	1%	-	-
I wasn't doing this activity last year		10	4	3	2
		3%	3%	3%	4%
NET: Increased		154	117	24	13
		47%	70%	24%	20%
			bc		
NET: Decreased		46	11	6	28
		14%	7%	6%	43%
					ab
Base for stats		318	161	93	64
Mean Score		3.49	3.94	3.24	2.73
			bc	c	
Standard Deviation		1.011	.953	.654	1.018
Standard Error		.057	.076	.069	.124
Error variance		*	.01	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		173	72	100	91	54	28	5	26	19	19	17	20	27	22	18
Total		171	72	98	85	55	31	4	26	17	18	16	21	26	24	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	24	6	17	19	5	-	-	2	2	3	3	1	5	3	5
		14%	9%	17%	22%	10%	-	-	9%	11%	16%	20%	6%	19%	11%	29%
Increased a bit	(4.0)	75	38	37	32	31	12	2	15	3	4	5	11	15	13	7
		44%	53%	38%	37%	56% a	40%	43%	58%	17%	23%	33%	52%	57%	55%	37%
Stayed the same	(3.0)	41	18	23	18	12	12	1	4	7	7	4	6	3	5	4
		24%	25%	24%	21%	22%	39%	22%	15%	41%	41%	27%	27%	11%	22%	21%
Decreased a bit	(2.0)	22	7	15	12	5	5	1	2	5	3	2	2	3	2	2
		13%	10%	15%	14%	9%	18%	35%	6%	31%	16%	10%	11%	10%	8%	13%
Decreased a lot	(1.0)	6	1	5	4	2	1	-	3	-	-	1	1	1	1	-
		4%	2%	5%	4%	4%	3%	-	12%	-	-	5%	4%	3%	4%	-
Don't know		2	1	1	2	-	-	-	-	-	1	1	-	-	-	-
		1%	1%	1%	2%	-	-	-	-	-	4%	5%	-	-	-	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		99	44	54	51	36	12	2	17	5	7	8	12	20	16	12
		58%	61%	56%	60%	66%	40%	43%	67%	28%	39%	53%	58%	76%	66%	66%
NET: Decreased		28	9	19	15	7	6	1	5	5	3	2	3	3	3	2
		17%	12%	20%	18%	12%	20%	35%	18%	31%	16%	15%	15%	12%	12%	13%
Base for stats		169	71	97	84	55	31	4	26	17	17	15	21	26	24	18
Mean Score		3.53	3.56	3.49	3.60	3.60	3.18	3.08	3.47	3.07	3.40	3.56	3.46	3.80	3.60	3.82
Standard Deviation		1.012	.872	1.102	1.113	.917	.821	1.009	1.143	.979	.981	1.128	.925	.962	.947	1.015
Standard Error		.077	.103	.111	.118	.125	.155	.451	.224	.225	.231	.282	.207	.185	.202	.239
Error variance		.01	.01	.01	.01	.02	.02	.20	.05	.05	.05	.08	.04	.03	.04	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		173	17	38	44	32	19	23	99	74	135	6	17	14	-	1	38
Total		171	18	40	45	28	16	24	102	68	135	6	16	13	-	1	35
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Increased a lot	(5.0)	24	7	5	7	3	1	1	19	5	18	1	2	3	-	-	6
		14%	39%	14%	15%	10%	5%	4%	19% h	7%	14%	19%	13%	21%	-	-	17%
Increased a bit	(4.0)	75	8	22	19	14	4	8	49	26	55	4	11	4	-	1	20
		44%	44%	57%	42%	49%	25%	34%	48%	38%	41%	63%	72%	31%	-	100%	56%
Stayed the same	(3.0)	41	2	6	11	7	6	10	18	23	36	-	1	5	-	-	6
		24%	9%	15%	24%	25%	37%	42%	18%	34% bg	26%	-	5%	37%	-	-	16%
Decreased a bit	(2.0)	22	1	4	6	3	5	4	11	11	20	-	2	1	-	-	2
		13%	7%	9%	13%	11%	28%	15%	10%	17%	15%	-	10%	5%	-	-	6%
Decreased a lot	(1.0)	6	-	2	2	1	1	1	4	2	5	1	-	-	-	-	1
		4%	-	6%	4%	2%	5%	3%	4%	3%	4%	18%	-	-	-	-	3%
Don't know		2	-	-	1	1	-	-	1	1	1	-	-	1	-	-	1
		1%	-	-	2%	3%	-	-	1%	1%	1%	-	-	6%	-	-	2%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		99	15	28	26	17	5	9	69	31	74	5	13	7	-	1	26
		58%	84%	70% h	57%	59%	30%	39%	67% h	45%	54%	82%	85%	52%	-	100%	73% a
NET: Decreased		28	1	6	7	4	5	5	15	14	25	1	2	1	-	-	3
		17%	7%	15%	17%	13%	33%	19%	14%	20%	19%	18%	10%	5%	-	-	9%
Base for stats		169	18	40	44	27	16	24	101	68	134	6	16	13	-	1	35
Mean Score		3.53	4.16	3.64	3.53	3.56	2.98	3.21	3.68 h	3.29	3.46	3.67	3.88	3.72	-	4.00	3.79
Standard Deviation		1.012	.890	1.023	1.049	.931	.994	.890	1.028	.948	1.029	1.422	.774	.903	-	-	.910
Standard Error		.077	.216	.166	.160	.167	.228	.186	.104	.111	.089	.580	.188	.251	-	-	.150
Error variance		.01	.05	.03	.03	.03	.05	.03	.01	.01	.01	.34	.04	.06	-	-	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status												
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%			a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total		173	87	34	45	79	6	10	71	23	8	9	12	14	7	13	16	
Total		171	77	38	50	88	6	9	73	22	7	9	11	11	7	16	15	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	24	2	9	11	20	4	1	11	3	2	2	-	-	1	-	5
		14%	3%	24%	23%	23%	68%	9%	15%	13%	25%	28%	-	-	16%	-	32%	
				a	a	a												
Increased a bit		(4.0)	75	35	16	22	38	2	4	37	10	3	3	5	5	-	7	6
		44%	46%	43%	44%	43%	32%	43%	50%	44%	39%	35%	45%	47%	-	43%	39%	
Stayed the same		(3.0)	41	22	9	8	17	-	2	15	3	3	2	4	3	2	8	2
		24%	29%	24%	17%	20%	-	20%	21%	13%	37%	21%	40%	27%	30%	49%	12%	
Decreased a bit		(2.0)	22	12	2	8	10	-	3	6	6	-	1	2	1	2	1	3
		13%	16%	6%	15%	11%	-	27%	8%	26%	-	16%	15%	13%	30%	8%	17%	
Decreased a lot		(1.0)	6	3	1	1	2	-	-	3	-	-	-	-	1	2	-	-
		4%	4%	3%	2%	3%	-	-	4%	-	-	-	-	14%	23%	-	-	
Don't know			2	2	-	-	-	-	-	1	1	-	-	-	-	-	-	-
		1%	2%	-	-	-	-	-	1%	3%	-	-	-	-	-	-	-	-
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		99	38	25	33	59	6	5	48	12	5	5	5	5	1	7	11	
		58%	49%	67%	66%	67%	100%	52%	66%	57%	63%	63%	45%	47%	16%	43%	71%	
						a												
NET: Decreased		28	15	3	9	12	-	3	9	6	-	1	2	3	4	1	3	
		17%	20%	9%	17%	14%	-	27%	13%	26%	-	16%	15%	27%	54%	8%	17%	
Base for stats		169	75	38	50	88	6	9	72	21	7	9	11	11	7	16	15	
Mean Score		3.53	3.28	3.80	3.69	3.73	4.68	3.34	3.65	3.46	3.88	3.74	3.30	3.06	2.55	3.36	3.86	
				a	a	a												
Standard Deviation		1.012	.927	.974	1.064	1.022	.512	1.036	.993	1.056	.834	1.104	.754	1.120	1.410	.639	1.083	
Standard Error		.077	.101	.167	.159	.115	.209	.328	.119	.225	.295	.368	.218	.299	.533	.177	.271	
Error variance		.01	.01	.03	.03	.01	.04	.11	.01	.05	.09	.14	.05	.09	.28	.03	.07	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	173	55	35	20	5	55	60	49	39	23	7	62	56	16	84	54	19	157
Total	171	54	37	20	5	56	58	49	39	22	7	62	56	15	84	54	18	156
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	24	7	6	3	2	9	4	10	3	1	13	5	2	12	9	2	23
	14%	13%	16%	16%	48%	16%	16%	8%	25% af	14%	18%	21%	9%	11%	14%	17%	10%	15%
Increased a bit	(4.0)	75	26	19	9	2	28	28	17	9	2	26	30	5	35	29	6	71
	44%	48%	53%	43%	37%	50%	47%	58%	44%	40%	29%	42%	54%	31%	42%	54%	32%	45%
Stayed the same	(3.0)	41	10	7	5	-	12	8	5	6	3	11	11	2	25	9	5	39
	24%	18%	19%	25%	-	21%	17%	17%	13%	28%	42%	18%	20%	16%	30%	17%	25%	25%
Decreased a bit	(2.0)	22	8	4	1	1	6	7	6	3	-	8	7	4	9	4	5	18
	13%	16%	11%	7%	15%	10%	16%	15%	14%	12%	-	13%	13%	26%	10%	8%	28%	12%
Decreased a lot	(1.0)	6	2	-	1	-	1	1	1	1	-	2	1	2	2	2	-	4
	4%	4%	-	5%	-	2%	4%	3%	2%	5%	-	3%	2%	16%	2%	4%	-	3%
Don't know		2	1	-	1	-	1	-	1	-	1	1	1	-	1	-	1	2
	1%	1%	-	4%	-	1%	1%	-	2%	-	11%	1%	1%	-	1%	-	4%	1%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased	99	32	25	12	4	37	37	32	27	12	3	39	35	6	47	38	8	93
	58%	61%	69%	58%	85%	66%	63%	66%	69%	54%	47%	64%	63%	42%	57%	71%	42%	60%
NET: Decreased	28	11	4	3	1	7	11	9	7	4	-	10	9	6	11	6	5	22
	17%	20%	11%	13%	15%	12%	19%	18%	17%	17%	-	17%	15%	42%	13%	12%	28%	14%
Base for stats	169	53	37	19	5	56	58	49	38	22	6	61	55	15	83	54	18	154
Mean Score	3.53	3.50	3.74	3.58	4.19	3.69	3.56	3.53	3.76	3.47	3.74	3.65	3.56	2.95	3.56	3.72	3.25	3.58
Standard Deviation	1.012	1.047	.873	1.058	1.140	.934	1.062	.936	1.079	1.055	.848	1.071	.921	1.324	.946	.962	1.026	.965
Standard Error	.077	.143	.148	.243	.510	.127	.138	.134	.175	.220	.346	.137	.124	.331	.104	.131	.242	.078
Error variance	.01	.02	.02	.06	.26	.02	.02	.02	.03	.05	.12	.02	.02	.11	.01	.02	.06	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	*b	
Unweighted Total		173	53	100	33	31	8	105	62	9	137	36	159	12	
Total		171	53	100	31	30	8	105	61	8	135	36	158	11	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	24	11	11	8	3	3	12	11	2	21	4	22	2
			14%	21%	11%	24%	9%	38%	12%	18%	21%	15%	10%	14%	21%
Increased a bit		(4.0)	75	17	53	11	12	2	50	25	1	56	19	73	2
			44%	33%	53% a	35%	41%	28%	47%	41%	10%	42%	52%	46%	17%
Stayed the same		(3.0)	41	16	23	11	9	2	22	17	4	30	11	37	4
			24%	30%	23%	34%	30%	23%	21%	29%	50%	23%	31%	23%	34%
Decreased a bit		(2.0)	22	6	12	1	2	1	17	4	-	20	2	21	1
			13%	11%	12%	3%	7%	10%	17% a	6%	-	15%	4%	13%	14%
Decreased a lot		(1.0)	6	2	2	1	3	-	3	3	1	6	-	5	1
			4%	4%	2%	2%	10%	-	3%	5%	9%	5%	-	3%	8%
Don't know			2	1	1	1	1	-	-	1	1	1	1	1	1
			1%	1%	1%	2%	3%	-	-	1%	9%	1%	2%	*	7%
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased			99	28	63	18	15	5	62	36	3	77	22	95	4
			58%	54%	63%	59%	50%	66%	59%	59%	31%	57%	63%	60%	38%
NET: Decreased			28	8	13	2	5	1	21	7	1	27	2	26	2
			17%	15%	13%	5%	17%	10%	20%	11%	9%	20% b	4%	16%	21%
Base for stats			169	52	99	31	30	8	105	60	8	134	35	158	10
Mean Score			3.53	3.56	3.59	3.77	3.33	3.94	3.48	3.61	3.37	3.48	3.70	3.54	3.32
Standard Deviation			1.012	1.076	.901	.951	1.105	1.082	1.003	1.027	1.233	1.073	.724	1.002	1.265
Standard Error			.077	.149	.091	.168	.202	.383	.098	.131	.436	.092	.122	.080	.381
Error variance			.01	.02	.01	.03	.04	.15	.01	.02	.19	.01	.01	.01	.15

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	*d	e	f	*g	*h	i	j	a	b	c	*d	a	b	c	*d	
Unweighted Total		173	3	15	25	28	30	33	11	28	98	72	41	64	49	19	53	49	53	17	
Total		171	3	14	25	28	30	32	12	27	96	71	40	63	48	20	53	48	52	17	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	24	-	-	3	3	2	5	3	7	9	15	7	8	5	4	8	8	5	2
			14%	-	-	12%	12%	8%	16%	27%	26%	9%	22%	19%	13%	9%	22%	15%	17%	10%	14%
Increased a bit		(4.0)	75	-	8	7	17	14	12	7	11	46	29	14	31	23	6	20	20	27	9
			44%	-	60%	28%	59%	48%	37%	53%	40%	48%	41%	35%	50%	49%	33%	37%	41%	52%	55%
Stayed the same		(3.0)	41	1	1	9	5	9	10	1	5	24	16	11	14	10	5	17	10	10	4
			24%	41%	7%	38%	17%	31%	31%	11%	17%	25%	22%	28%	23%	22%	27%	32%	21%	20%	26%
Decreased a bit		(2.0)	22	1	2	4	3	3	5	1	3	12	9	5	7	8	2	6	8	7	1
			13%	22%	17%	17%	9%	9%	16%	9%	12%	12%	13%	11%	11%	17%	12%	12%	16%	14%	5%
Decreased a lot		(1.0)	6	1	2	1	1	1	-	-	1	4	1	3	2	1	1	2	2	2	-
			4%	37%	11%	4%	3%	3%	-	-	3%	5%	1%	6%	3%	2%	6%	4%	4%	4%	-
Don't know			2	-	1	-	-	-	-	-	1	1	1	-	1	1	-	-	1	1	-
			1%	-	5%	-	-	-	-	-	3%	1%	1%	-	1%	2%	-	-	2%	1%	-
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased			99	-	8	10	20	17	17	10	18	55	45	22	39	28	11	27	28	32	11
			58%	-	60%	41%	70%	56%	54%	80%	66%	57%	63%	54%	62%	58%	55%	52%	57%	61%	69%
NET: Decreased			28	2	4	5	3	4	5	1	4	16	10	7	9	9	4	9	10	9	1
			17%	59%	28%	21%	12%	13%	16%	9%	15%	17%	14%	18%	14%	19%	18%	16%	20%	18%	5%
Base for stats			169	3	13	25	28	30	32	12	26	96	70	40	62	47	20	53	48	51	17
Mean Score			3.53	2.05	3.22	3.28	3.67	3.48	3.54	3.99	3.76	3.45	3.70	3.48	3.59	3.48	3.53	3.46	3.50	3.50	3.78
Standard Deviation			1.012	1.055	1.160	1.044	.918	.906	.956	.893	1.079	.982	.994	1.122	.943	.961	1.170	1.027	1.094	.988	.768
Standard Error			.077	.609	.310	.209	.173	.165	.166	.269	.208	.100	.118	.175	.119	.139	.268	.141	.158	.137	.186
Error variance			.01	.37	.10	.04	.03	.03	.03	.07	.04	.01	.01	.03	.01	.02	.07	.02	.02	.02	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		173	89	51	32
Total		171	90	49	31
		100%	100%	100%	100%
Increased a lot	(5.0)	24	19	2	2
		14%	22% b	4%	8%
Increased a bit	(4.0)	75	48	14	13
		44%	54% b	28%	42%
Stayed the same	(3.0)	41	13	23	5
		24%	15%	48% ac	15%
Decreased a bit	(2.0)	22	5	7	9
		13%	6%	15%	30% a
Decreased a lot	(1.0)	6	3	2	2
		4%	3%	4%	5%
Don't know		2	1	1	-
		1%	1%	2%	-
I wasn't doing this activity last year		-	-	-	-
		-	-	-	-
NET: Increased		99	68	15	16
		58%	75% bc	31%	50%
NET: Decreased		28	8	9	11
		17%	9%	19%	35% a
Base for stats		169	89	48	31
Mean Score		3.53	3.86 bc	3.12	3.17
Standard Deviation		1.012	.931	.864	1.112
Standard Error		.077	.099	.122	.197
Error variance		.01	.01	.01	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		135	59	76	81	39	15	8	23	16	12	17	7	25	15	12
Total		130	59	71	74	39	17	7	24	15	11	14	7	24	17	12
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	24	9	15	17	6	1	1	5	4	1	2	1	4	4
			18%	15%	21%	23%	15%	5%	14%	20%	25%	8%	11%	12%	15%	22%
Increased a bit		(4.0)	38	16	22	23	14	1	3	4	3	3	5	2	9	7
			29%	28%	31%	31%	36%	5%	41%	18%	21%	23%	36%	25%	39%	40%
Stayed the same		(3.0)	38	25	13	19	12	7	2	8	2	3	6	2	6	5
			29%	42%	18%	25%	31%	42%	24%	33%	13%	31%	41%	35%	24%	28%
			b													
Decreased a bit		(2.0)	16	5	11	7	4	5	1	2	4	2	1	1	3	2
			12%	8%	16%	9%	9%	32%	22%	9%	29%	16%	6%	16%	11%	11%
Decreased a lot		(1.0)	12	3	9	6	3	3	-	4	2	2	-	1	2	-
			9%	5%	12%	8%	9%	16%	-	17%	12%	22%	-	13%	8%	-
Don't know			2	1	1	2	-	-	-	-	-	1	-	1	-	-
			1%	2%	1%	2%	-	-	-	-	-	6%	-	3%	-	-
I wasn't doing this activity last year			1	-	1	1	-	-	-	1	-	-	-	-	-	-
			1%	-	1%	1%	-	-	-	3%	-	-	-	-	-	-
NET: Increased		62	25	37	40	20	2	4	9	7	3	7	3	13	10	6
		48%	43%	51%	54%	51%	10%	55%	38%	46%	31%	47%	37%	54%	62%	54%
NET: Decreased		28	8	20	13	7	8	1	6	6	4	1	2	5	2	1
		21%	13%	28%	17%	18%	48%	22%	25%	41%	38%	6%	29%	19%	11%	6%
			a													
Base for stats		128	58	70	72	39	17	7	23	15	11	13	7	23	17	12
Mean Score		3.36	3.41	3.32	3.55	3.39	2.51	3.47	3.16	3.18	2.78	3.56	3.07	3.44	3.73	3.75
Standard Deviation		1.190	1.020	1.320	1.190	1.129	1.008	1.057	1.357	1.445	1.304	.812	1.279	1.150	.947	1.166
Standard Error		.104	.134	.153	.135	.181	.260	.374	.289	.361	.376	.203	.483	.235	.244	.336
Error variance		.01	.02	.02	.02	.03	.07	.14	.08	.13	.14	.04	.23	.06	.06	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		135	16	30	38	24	17	10	84	51	105	5	15	7	-	3	30
Total		130	17	31	37	21	15	9	85	45	102	5	14	6	-	3	28
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Increased a lot		(5.0)	24	6	4	7	3	2	3	17	7	21	-	1	-	1	2
		18%	33%	13%	19%	12%	13%	27%	20%	16%	21%	-	9%	-	-	43%	9%
Increased a bit		(4.0)	38	2	11	10	7	6	1	24	14	26	4	7	1	-	12
		29%	13%	37%	28%	36%	38%	8%	28%	31%	25%	77%	49%	16%	-	26%	44%
Stayed the same		(3.0)	38	7	7	12	6	3	4	26	13	30	1	3	3	-	8
		29%	41%	21%	33%	30%	18%	38%	30%	28%	30%	23%	20%	48%	-	31%	28%
Decreased a bit		(2.0)	16	2	6	2	3	2	1	10	6	14	-	1	1	-	2
		12%	14%	19%	6%	14%	12%	9%	12%	13%	14%	-	6%	13%	-	-	6%
Decreased a lot		(1.0)	12	-	2	4	1	3	2	6	6	10	-	1	1	-	2
		9%	-	7%	10%	7%	18%	18%	7%	13%	9%	-	9%	11%	-	-	7%
Don't know			2	-	1	1	-	-	-	2	-	-	-	1	1	-	2
		1%	-	3%	2%	-	-	-	-	2%	-	-	-	6%	12%	-	6%
																	a
I wasn't doing this activity last year		1	-	-	1	-	-	-	1	-	1	-	-	-	-	-	-
		1%	-	-	2%	-	-	-	1%	-	1%	-	-	-	-	-	-
NET: Increased		62	8	16	18	10	8	3	41	21	47	4	8	1	-	2	15
		48%	46%	50%	48%	48%	51%	35%	48%	47%	46%	77%	58%	16%	-	69%	53%
NET: Decreased		28	2	8	6	4	5	2	16	12	24	-	2	2	-	-	4
		21%	14%	26%	16%	22%	30%	27%	19%	26%	23%	-	16%	24%	-	-	14%
Base for stats		128	17	30	35	21	15	9	83	45	102	5	13	6	-	3	26
Mean Score		3.36	3.65	3.32	3.43	3.32	3.15	3.18	3.43	3.23	3.35	3.77	3.45	2.78	-	4.12	3.43
Standard Deviation		1.190	1.111	1.161	1.196	1.116	1.357	1.471	1.158	1.249	1.231	.476	1.127	.977	-	1.068	1.033
Standard Error		.104	.278	.216	.199	.228	.329	.465	.129	.175	.121	.213	.301	.399	-	.617	.195
Error variance		.01	.08	.05	.04	.05	.11	.22	.02	.03	.01	.05	.09	.16	-	.38	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
135	57	35	33	68	7	5	66	17	3	8	8	13	6	2	12	
130	47	40	36	76	6	5	66	17	3	8	7	10	5	3	12	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
24	6	9	8	17	1	-	12	2	2	1	3	2	1	-	1	
18%	12%	23%	21%	22%	21%	-	19%	11%	69%	17%	41%	15%	15%	-	11%	
38	16	8	12	20	1	1	17	8	1	3	1	4	2	-	2	
29%	33%	19%	33%	26%	23%	16%	26%	46%	31%	39%	15%	42%	32%	-	20%	
38	11	17	9	26	3	1	24	4	-	3	-	-	1	3	4	
29%	24%	42%	24%	34%	44%	16%	36%	25%	-	35%	-	-	19%	100%	31%	
16	7	4	4	8	1	3	6	2	-	1	3	1	-	-	3	
12%	14%	11%	11%	11%	12%	50%	9%	11%	-	9%	34%	14%	-	-	29%	
12	7	1	4	4	-	1	6	1	-	-	1	1	2	-	1	
9%	15%	2%	10%	6%	-	18%	9%	6%	-	-	10%	14%	34%	-	8%	
	b															
2	-	1	-	1	-	-	1	-	-	-	-	1	-	-	-	
1%	-	2%	-	1%	-	-	1%	-	-	-	-	7%	-	-	-	
1	1	-	-	-	-	-	-	-	-	-	-	1	-	-	-	
1%	2%	-	-	-	-	-	-	-	-	-	-	8%	-	-	-	
62	21	17	20	36	3	1	29	10	3	4	4	6	2	-	4	
48%	45%	42%	54%	48%	44%	16%	45%	57%	100%	56%	55%	57%	47%	-	31%	
28	14	5	8	13	1	4	12	3	-	1	3	3	2	-	4	
21%	30%	13%	21%	17%	12%	68%	18%	18%	-	9%	45%	28%	34%	-	37%	
128	46	39	36	75	6	5	65	17	3	8	7	9	5	3	12	
3.36	3.12	3.51	3.44	3.48	3.53	2.30	3.37	3.44	4.69	3.64	3.41	3.36	2.94	3.00	2.97	
1.190	1.269	1.054	1.240	1.140	1.035	1.047	1.163	1.070	.594	.924	1.654	1.463	1.698	-	1.179	
.104	.170	.181	.216	.139	.391	.468	.144	.260	.343	.327	.585	.441	.693	-	.340	
.01	.03	.03	.05	.02	.15	.22	.02	.07	.12	.11	.34	.19	.48	-	.12	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total	135	42	32	18	1	50	43	42	32	16	6	48	48	8	67	47	13	127	
Total	130	41	33	18	1	51	42	41	33	16	6	49	47	8	65	46	12	123	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	24	6	8	2	1	10	7	8	5	1	3	6	11	3	11	9	2	21
		18%	14%	24%	13%	100%	20%	17%	20%	15%	6%	47%	12%	24%	38%	16%	19%	13%	17%
Increased a bit	(4.0)	38	14	7	6	-	13	14	13	8	7	2	14	15	2	18	15	3	36
		29%	35%	21%	33%	-	25%	34%	31%	23%	41%	33%	29%	31%	23%	28%	32%	29%	30%
Stayed the same	(3.0)	38	10	11	8	-	19	10	12	12	4	1	16	14	1	24	9	4	37
		29%	24%	34%	44%	-	37%	23%	30%	38%	24%	20%	33%	29%	18%	37%	20%	31%	30%
Decreased a bit	(2.0)	16	6	4	1	-	5	6	2	5	4	-	9	2	-	6	8	2	16
		12%	15%	12%	5%	-	10%	15%	5%	16%	23%	-	19% f	5%	-	10%	17%	16%	13%
Decreased a lot	(1.0)	12	4	3	1	-	4	4	5	2	1	-	3	5	2	5	4	1	10
		9%	10%	9%	5%	-	8%	9%	12%	7%	5%	-	6%	10%	22%	8%	8%	11%	8%
Don't know		2	1	-	-	-	-	1	1	-	-	-	-	1	-	1	1	-	2
		1%	2%	-	-	-	-	2%	2%	-	-	-	-	2%	-	1%	2%	-	1%
I wasn't doing this activity last year		1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1
		1%	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2%	-	1%
NET: Increased	62	20	15	8	1	23	21	21	13	8	5	20	26	5	29	24	5	57	
	48%	49%	45%	46%	100%	45%	51%	51%	39%	47%	80%	42%	55%	61%	44%	52%	42%	47%	
NET: Decreased	28	10	7	2	-	9	10	7	8	5	-	12	7	2	11	12	3	26	
	21%	25%	21%	10%	-	17%	24%	17%	23%	28%	-	25%	15%	22%	17%	25%	27%	21%	
Base for stats	128	40	33	18	1	51	41	40	33	16	6	49	46	8	64	44	12	120	
Mean Score	3.36	3.29	3.38	3.45	5.00	3.40	3.34	3.43	3.24	3.20	4.27	3.23	3.55	3.56	3.36	3.39	3.16	3.35	
Standard Deviation	1.190	1.201	1.244	.982	-	1.149	1.220	1.231	1.128	1.067	.846	1.097	1.213	1.629	1.118	1.235	1.230	1.165	
Standard Error	.104	.188	.220	.231	-	.162	.188	.192	.199	.267	.345	.158	.177	.576	.138	.184	.341	.105	
Error variance	.01	.04	.05	.05	-	.03	.04	.04	.04	.07	.12	.03	.03	.33	.02	.03	.12	.01	

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BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		135	47	79	26	25	5	81	51	5	111	24	120	15
Total		130	46	76	25	25	5	78	50	5	108	22	116	14
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	24	10	11	6	7	1	11	13	1	23	1	21	3
		18%	21%	15%	25%	27%	23%	14%	26%	21%	21%	4%	18%	20%
Increased a bit	(4.0)	38	9	26	5	6	-	27	10	1	30	9	36	3
		29%	19%	35%	21%	22%	-	35%	19%	22%	27%	39%	31%	18%
Stayed the same	(3.0)	38	17	19	9	6	3	22	16	2	29	9	32	6
		29%	38%	26%	35%	26%	54%	28%	32%	41%	27%	40%	27%	44%
Decreased a bit	(2.0)	16	7	9	2	2	1	10	5	-	14	2	15	1
		12%	15%	12%	6%	10%	23%	13%	10%	-	13%	10%	13%	6%
Decreased a lot	(1.0)	12	3	7	3	4	-	6	6	1	10	2	11	1
		9%	7%	9%	12%	15%	-	7%	12%	16%	9%	7%	9%	6%
Don't know		2	-	2	-	-	-	2	-	-	2	-	1	1
		1%	-	2%	-	-	-	2%	-	-	2%	-	1%	5%
I wasn't doing this activity last year		1	-	1	-	-	-	1	-	-	1	-	1	-
		1%	-	1%	-	-	-	1%	-	-	1%	-	1%	-
NET: Increased		62	19	38	11	12	1	38	23	2	53	9	56	6
		48%	40%	50%	46%	49%	23%	49%	45%	43%	49%	43%	49%	38%
NET: Decreased		28	10	16	5	6	1	15	11	1	24	4	26	2
		21%	22%	21%	19%	25%	23%	20%	23%	16%	22%	17%	22%	12%
Base for stats		128	46	73	25	25	5	75	50	5	106	22	114	14
Mean Score		3.36	3.33	3.35	3.40	3.35	3.24	3.37	3.37	3.33	3.39	3.22	3.36	3.42
Standard Deviation		1.190	1.172	1.174	1.301	1.396	1.156	1.114	1.314	1.419	1.235	.953	1.202	1.129
Standard Error		.104	.171	.135	.255	.279	.517	.126	.184	.635	.119	.194	.111	.302
Error variance		.01	.03	.02	.07	.08	.27	.02	.03	.40	.01	.04	.01	.09

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BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d	
Unweighted Total		135	6	11	18	26	22	23	4	25	77	52	27	38	47	23	39	48	30	17	
Total		130	6	12	17	25	22	22	4	23	75	50	25	36	47	22	37	46	30	16	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	24	1	1	4	5	3	4	1	4	14	9	3	4	7	9	10	5	3	5
			18%	14%	11%	24%	21%	15%	18%	29%	18%	19%	13%	12%	15%	40%	25%	12%	9%	32%	
Increased a bit		(4.0)	38	-	-	8	7	6	8	1	8	21	17	8	9	19	3	10	13	12	3
			29%	-	-	49%	29%	26%	35%	23%	36%	28%	35%	31%	24%	40%	12%	26%	28%	41%	19%
Stayed the same		(3.0)	38	1	6	2	6	8	7	2	6	22	15	4	17	11	6	10	18	4	5
			29%	20%	53%	12%	24%	36%	32%	48%	25%	29%	30%	16%	47%	23%	28%	28%	39%	15%	34%
															c				c		
Decreased a bit		(2.0)	16	1	1	1	3	4	2	-	3	10	6	5	5	5	2	4	6	5	1
			12%	13%	12%	4%	14%	20%	10%	-	14%	13%	11%	18%	14%	10%	8%	9%	14%	17%	5%
Decreased a lot		(1.0)	12	3	2	2	2	1	-	-	2	7	2	5	1	3	3	3	3	3	2
			9%	53%	18%	11%	9%	3%	-	-	7%	9%	3%	21%	2%	6%	12%	9%	7%	11%	10%
Don't know			2	-	-	-	1	-	1	-	-	1	1	-	-	2	-	1	-	1	-
			1%	-	-	-	3%	-	4%	-	-	1%	2%	-	-	4%	-	2%	-	3%	-
I wasn't doing this activity last year			1	-	1	-	-	-	-	-	-	1	-	-	-	1	-	-	-	1	-
			1%	-	7%	-	-	-	-	-	-	1%	-	-	-	2%	-	-	-	3%	-
NET: Increased			62	1	1	12	12	9	12	2	13	35	26	11	13	26	12	19	18	15	8
			48%	14%	11%	73%	50%	41%	53%	52%	54%	46%	53%	44%	37%	56%	52%	52%	40%	51%	51%
NET: Decreased			28	4	3	3	6	5	2	-	5	17	7	10	6	7	4	7	10	9	2
			21%	66%	29%	16%	23%	23%	10%	-	21%	22%	15%	39%	16%	16%	20%	19%	21%	29%	15%
Base for stats			128	6	11	17	24	22	21	4	23	73	49	25	36	44	22	37	46	28	16
Mean Score			3.36	2.09	2.73	3.69	3.40	3.30	3.63	3.80	3.43	3.34	3.55	2.97	3.31	3.52	3.60	3.51	3.23	3.21	3.59
Standard Deviation			1.190	1.548	1.195	1.244	1.266	1.072	.926	.973	1.173	1.207	1.043	1.397	.944	1.090	1.428	1.249	1.075	1.230	1.297
Standard Error			.104	.632	.378	.293	.253	.228	.198	.487	.235	.139	.146	.269	.153	.164	.298	.203	.155	.233	.315
Error variance			.01	.40	.14	.09	.06	.05	.04	.24	.06	.02	.02	.07	.02	.03	.09	.04	.02	.05	.10

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**Q6D1X.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		135	78	32	25
Total		130	76	30	25
		100%	100%	100%	100%
Increased a lot	(5.0)	24	18	4	2
		18%	24%	12%	9%
Increased a bit	(4.0)	38	28	5	5
		29%	38%	17%	19%
			b		
Stayed the same	(3.0)	38	18	13	7
		29%	24%	44%	27%
			a		
Decreased a bit	(2.0)	16	7	3	6
		12%	9%	11%	23%
Decreased a lot	(1.0)	12	3	3	5
		9%	5%	10%	22%
Don't know		2	1	1	-
		1%	1%	3%	-
I wasn't doing this activity last year		1	-	1	-
		1%	-	3%	-
NET: Increased		62	47	9	7
		48%	62%	29%	27%
			b		
NET: Decreased		28	10	6	11
		21%	14%	21%	45%
Base for stats		128	75	28	25
Mean Score		3.36	3.68	3.11	2.69
			b		
Standard Deviation		1.190	1.082	1.120	1.272
Standard Error		.104	.123	.204	.254
Error variance		.01	.02	.04	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		110	76	34	75	22	13	4	18	10	10	8	6	30	15	9
Total		109	75	33	70	23	16	3	18	10	10	7	6	29	17	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	13	5	7	10	2	1	-	4	1	3	-	2	1	1	1
		12%	7%	22% a	14%	8%	6%	-	21%	12%	34%	-	32%	3%	5%	8%
Increased a bit	(4.0)	27	18	9	22	1	3	1	6	3	2	-	1	10	4	1
		25%	23%	28%	32%	5%	20%	25%	34%	28%	18%	-	13%	34%	23%	11%
Stayed the same	(3.0)	42	33	9	22	11	9	1	7	6	3	4	3	6	6	6
		39%	44%	27%	32%	50%	54%	30%	40%	60%	28%	64%	56%	22%	37%	59%
Decreased a bit	(2.0)	19	14	4	9	7	3	-	1	-	2	1	-	11	3	1
		17%	19%	13%	12%	29%	20%	-	5%	-	20%	11%	-	39%	17%	8%
Decreased a lot	(1.0)	6	4	2	4	2	-	1	-	-	-	1	-	1	2	1
		5%	5%	7%	5%	9%	-	24%	-	-	-	12%	-	3%	13%	14%
Don't know		3	2	1	3	-	-	1	-	-	-	1	-	-	1	-
		2%	2%	3%	4%	-	-	21%	-	-	-	14%	-	-	6%	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		39	23	17	32	3	4	1	10	4	5	-	2	11	5	2
		36%	30%	50% a	46%	13%	26%	25%	55%	40%	52%	-	44%	37%	28%	19%
NET: Decreased		24	18	6	13	9	3	1	1	-	2	2	-	12	5	2
		22%	24%	20%	18%	37%	20%	24%	5%	-	20%	22%	-	42%	30%	22%
Base for stats		106	74	32	67	23	16	2	18	10	10	6	6	29	16	9
Mean Score		3.21	3.09	3.48	3.38	2.75	3.11	2.72	3.72	3.52	3.66	2.61	3.76	2.95	2.89	2.91
Standard Deviation		1.042	.953	1.194	1.069	.987	.818	1.576	.878	.737	1.200	.785	.997	.989	1.111	1.085
Standard Error		.101	.111	.208	.126	.210	.227	.910	.207	.233	.380	.297	.407	.181	.297	.362
Error variance		.01	.01	.04	.02	.04	.05	.83	.04	.05	.14	.09	.17	.03	.09	.13



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		110	14	26	27	13	21	9	67	43	75	5	18	8	-	3	34
Total		109	15	28	26	11	19	10	69	39	75	5	18	7	-	3	33
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Increased a lot	(5.0)	13	1	-	6	2	3	1	7	5	7	-	2	1	-	2	5
		12%	8%	-	23%	18%	14%	8%	10%	13%	9%	-	13%	16%	-	75%	17%
Increased a bit	(4.0)	27	3	7	6	3	6	1	17	10	15	2	8	2	-	-	11
		25%	22%	27%	24%	27%	29%	15%	25%	25%	20%	37%	43%	27%	-	-	35%
Stayed the same	(3.0)	42	6	11	8	4	7	6	26	17	35	1	4	2	-	-	7
		39%	40%	41%	32%	32%	38%	61%	37%	42%	47%	17%	22%	24%	-	-	20%
Decreased a bit	(2.0)	19	3	6	5	1	3	1	13	5	12	1	3	2	-	-	7
		17%	17%	21%	18%	10%	19%	7%	19%	13%	16%	26%	17%	33%	-	-	20%
Decreased a lot	(1.0)	6	2	1	1	1	-	1	4	2	6	-	-	-	-	-	-
		5%	13%	5%	3%	7%	-	10%	6%	4%	8%	-	-	-	-	-	-
Don't know		3	-	2	-	1	-	-	2	1	-	1	1	-	-	1	3
		2%	-	7%	-	6%	-	-	3%	2%	-	20%	5%	-	-	25%	8%
I wasn't doing this activity last year																	
NET: Increased		39	5	7	12	5	8	2	24	15	23	2	10	3	-	2	17
		36%	31%	27%	47%	45%	43%	22%	35%	38%	30%	37%	56%	43%	-	75%	52%
																	a
NET: Decreased		24	5	7	5	2	3	2	17	7	18	1	3	2	-	-	7
		22%	30%	26%	21%	17%	19%	17%	25%	18%	23%	26%	17%	33%	-	-	20%
Base for stats		106	15	26	26	10	19	10	67	39	75	4	17	7	-	2	30
Mean Score		3.21	2.96	2.96	3.46	3.40	3.38	3.03	3.15	3.30	3.08	3.13	3.56	3.27	-	5.00	3.52
																	a
Standard Deviation		1.042	1.160	.858	1.133	1.196	.963	1.015	1.055	1.026	1.027	1.020	.963	1.167	-	*	1.044
Standard Error		.101	.310	.175	.218	.345	.210	.338	.131	.158	.119	.510	.234	.413	-	*	.187
Error variance		.01	.10	.03	.05	.12	.04	.11	.02	.03	.01	.26	.05	.17	-	*	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
110	47	28	25	53	8	5	50	13	4	2	1	17	2	8	13	
109	41	32	28	60	8	5	50	13	4	2	1	15	2	10	13	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
13	4	2	6	8	2	-	2	1	1	1	1	4	1	-	2	
12%	10%	7%	20%	13%	25%	-	4%	6%	30%	52%	100%	27%	45%	-	15%	
27	8	9	8	17	-	-	15	6	1	-	-	4	-	1	-	
25%	20%	29%	28%	29%	-	-	29%	48%	26%	-	-	25%	-	14%	-	
42	18	11	9	20	2	3	19	4	2	1	-	6	1	6	4	
39%	43%	35%	32%	33%	20%	51%	39%	27%	44%	48%	-	38%	55%	64%	33%	
19	8	5	4	10	2	3	8	2	-	-	-	2	-	2	5	
17%	19%	17%	16%	17%	26%	49%	16%	19%	-	-	-	11%	-	22%	35%	
6	1	3	1	4	2	-	4	-	-	-	-	-	-	-	2	
5%	4%	9%	5%	7%	28%	-	7%	-	-	-	-	-	-	-	17%	
3	2	1	-	1	-	-	3	-	-	-	-	-	-	-	-	
2%	4%	3%	-	2%	-	-	5%	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
39	12	12	13	25	2	-	17	7	2	1	1	8	1	1	2	
36%	30%	36%	48%	41%	25%	-	34%	54%	56%	52%	100%	52%	45%	14%	15%	
24	9	8	6	14	4	3	11	2	-	-	-	2	-	2	7	
22%	23%	26%	21%	24%	55%	49%	23%	19%	-	-	-	11%	-	22%	52%	
106	40	31	28	59	8	5	48	13	4	2	1	15	2	10	13	
3.21	3.14	3.08	3.42	3.24	2.67	2.51	3.09	3.41	3.86	4.04	5.00	3.67	3.90	2.92	2.61	
1.042	.988	1.084	1.135	1.112	1.621	.557	.985	.887	.981	1.629	-	1.020	1.600	.628	1.269	
.101	.147	.209	.227	.154	.573	.249	.144	.246	.490	1.152	-	.247	1.132	.222	.352	
.01	.02	.04	.05	.02	.33	.06	.02	.06	.24	1.33	-	.06	1.28	.05	.12	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	*b	*c	*d	e	f	a	*b	*c	*d	*e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	110	32	25	11	2	36	34	35	20	8	7	28	42	6	56	39	9	104
Total	109	31	25	12	2	37	33	34	20	8	8	28	42	6	57	38	8	103
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	13	2	2	-	1	2	2	2	-	1	2	3	-	5	7	1	13
	12%	5%	8%	-	56%	6%	9%	5%	10%	-	17%	7%	7%	-	9%	17%	13%	12%
Increased a bit	(4.0)	27	8	8	4	1	12	10	9	1	2	10	12	-	14	9	3	27
	25%	26%	30%	37%	44%	32%	28%	29%	44%	9%	31%	34%	29%	-	25%	24%	43%	26%
Stayed the same	(3.0)	42	10	11	5	-	15	12	4	5	4	10	15	4	21	15	3	38
	39%	31%	42%	41%	-	42%	29%	34%	21%	69%	52%	34%	37%	72%	36%	40%	32%	37%
Decreased a bit	(2.0)	19	8	2	3	-	5	7	3	2	-	5	7	2	11	5	1	17
	17%	26%	8%	22%	-	13%	24%	20%	16%	22%	-	18%	16%	28%	19%	14%	11%	16%
Decreased a lot	(1.0)	6	1	2	-	-	2	3	1	-	-	1	3	-	5	1	-	6
	5%	5%	8%	-	-	6%	4%	8%	4%	-	-	3%	7%	-	8%	3%	-	6%
Don't know		3	2	1	-	-	1	2	1	-	-	1	2	-	2	1	-	3
	2%	6%	3%	-	-	2%	6%	5%	5%	-	-	3%	4%	-	3%	2%	-	2%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased	39	10	10	4	2	14	12	12	11	1	4	12	15	-	19	16	5	39
	36%	32%	39%	37%	100%	38%	37%	34%	54%	9%	48%	41%	36%	-	33%	42%	56%	38%
NET: Decreased	24	10	4	3	-	7	10	10	4	2	-	6	10	2	15	6	1	23
	22%	31%	17%	22%	-	18%	29%	28%	20%	22%	-	21%	23%	28%	27%	17%	11%	22%
Base for stats	106	29	24	12	2	36	32	33	19	8	8	27	40	6	55	37	8	101
Mean Score	3.21	3.01	3.22	3.15	4.56	3.20	3.13	3.03	3.42	2.87	3.65	3.26	3.14	2.72	3.08	3.39	3.59	3.23
Standard Deviation	1.042	1.012	1.031	.786	.659	.948	1.064	1.042	1.051	.581	.811	.961	1.023	.497	1.074	1.047	.913	1.058
Standard Error	.101	.185	.211	.237	.466	.160	.188	.181	.241	.206	.307	.185	.162	.203	.146	.170	.304	.105
Error variance	.01	.03	.04	.06	.22	.03	.04	.03	.06	.04	.09	.03	.03	.04	.02	.03	.09	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		110	48	53	15	13	6	73	32	1	92	18	101	9
Total		109	48	52	15	13	6	72	32	1	91	18	100	8
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	13	6	6	1	3	1	7	5	-	11	2	13	-
		12%	12%	11%	5%	26%	23%	10%	17%	-	12%	11%	12%	-
Increased a bit	(4.0)	27	16	9	6	2	1	17	9	-	23	4	26	1
		25%	33%	17%	38%	13%	23%	24%	28%	-	25%	25%	26%	9%
Stayed the same	(3.0)	42	16	22	5	4	1	29	10	-	33	9	39	4
		39%	34%	43%	33%	33%	12%	41%	31%	-	36%	54%	38%	47%
Decreased a bit	(2.0)	19	7	10	1	3	2	13	5	-	17	2	15	4
		17%	15%	19%	5%	22%	42%	19%	16%	-	18%	10%	15%	44%
Decreased a lot	(1.0)	6	1	5	2	-	-	4	2	-	6	-	6	-
		5%	3%	9%	15%	-	-	5%	7%	-	6%	-	6%	-
Don't know		3	2	1	1	1	-	2	1	1	3	-	3	-
		2%	3%	2%	4%	5%	-	3%	2%	100%	3%	-	3%	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		39	21	15	7	5	3	24	14	-	33	6	39	1
		36%	45%	28%	44%	40%	46%	33%	44%	-	36%	36%	39%	9%
NET: Decreased		24	8	14	3	3	2	17	7	-	23	2	21	4
		22%	18%	27%	19%	22%	42%	23%	23%	-	25%	10%	21%	44%
Base for stats		106	46	51	15	12	6	70	31	-	89	18	98	8
Mean Score		3.21	3.38	3.03	3.16	3.47	3.27	3.15	3.32	-	3.17	3.38	3.25	2.64
Standard Deviation		1.042	.987	1.088	1.159	1.176	1.348	1.014	1.163	-	1.079	.837	1.055	.677
Standard Error		.101	.146	.151	.310	.339	.550	.120	.209	-	.114	.197	.107	.226
Error variance		.01	.02	.02	.10	.12	.30	.01	.04	-	.01	.04	.01	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	*b	*c	*d	
Unweighted Total		110	1	6	16	28	24	17	7	11	74	35	18	33	41	18	39	25	28	17	
Total		109	1	5	16	28	22	17	7	12	71	37	17	33	42	17	38	26	28	16	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	13	-	1	2	3	4	1	1	1	9	3	2	4	2	5	4	3	1	5
			12%	-	17%	11%	9%	18%	5%	18%	9%	13%	9%	10%	13%	5%	27%	10%	13%	3%	29%
Increased a bit		(4.0)	27	-	1	7	9	3	4	1	1	20	7	5	6	13	3	10	4	8	5
			25%	-	15%	46%	34%	11%	25%	18%	11%	28%	19%	30%	19%	31%	16%	25%	14%	29%	31%
Stayed the same		(3.0)	42	-	2	1	6	10	10	4	10	18	24	6	15	15	6	19	9	8	6
			39%	-	30%	5%	20%	46%	60%	55%	80%	26%	66%	34%	47%	36%	36%	50%	36%	30%	36%
Decreased a bit		(2.0)	19	1	1	3	8	4	1	1	-	16	2	2	5	10	1	4	6	9	-
			17%	100%	21%	18%	31%	17%	5%	9%	-	23%	4%	14%	15%	24%	7%	9%	23%	32%	-
Decreased a lot		(1.0)	6	-	1	3	2	1	-	-	-	6	-	2	2	-	2	2	3	1	-
			5%	-	18%	16%	5%	3%	-	-	-	8%	-	12%	6%	-	10%	6%	10%	3%	-
Don't know			3	-	-	1	-	1	1	-	-	2	1	-	-	2	1	-	1	1	1
			2%	-	-	4%	-	4%	5%	-	-	2%	2%	-	-	5%	4%	-	4%	3%	4%
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased			39	-	2	9	12	7	5	3	2	29	10	7	10	15	7	13	7	9	9
			36%	-	32%	56%	44%	30%	30%	36%	20%	41%	28%	40%	31%	36%	43%	35%	27%	32%	60%
NET: Decreased			24	1	2	5	10	5	1	1	-	22	2	4	7	10	3	6	9	10	-
			22%	100%	38%	34%	36%	20%	5%	9%	-	31%	4%	25%	21%	24%	17%	16%	33%	35%	-
Base for stats		106	1	5	15	28	21	16	7	12	69	36	17	33	40	17	38	25	27	15	
Mean Score		3.21	2.00	2.94	3.17	3.11	3.26	3.32	3.44	3.29	3.16	3.33	3.14	3.17	3.17	3.44	3.22	2.96	2.98	3.93	
Standard Deviation		1.042	-	1.466	1.370	1.131	1.093	.676	.958	.640	1.176	.708	1.178	1.052	.871	1.294	.980	1.177	.956	.849	
Standard Error		.101	-	.599	.354	.214	.228	.169	.362	.193	.139	.121	.278	.183	.139	.314	.157	.240	.184	.212	
Error variance		.01	-	.36	.13	.05	.05	.03	.13	.04	.02	.01	.08	.03	.02	.10	.02	.06	.03	.05	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6D1X.9. Team sports (such as football, cricket, rugby etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		110	59	36	15
Total		109	57	36	15
		100%	100%	100%	100%
Increased a lot	(5.0)	13	8	4	-
		12%	15%	11%	-
Increased a bit	(4.0)	27	16	10	1
		25%	28%	27%	8%
Stayed the same	(3.0)	42	25	14	4
		39%	43%	38%	27%
Decreased a bit	(2.0)	19	5	8	6
		17%	9%	21%	38%
Decreased a lot	(1.0)	6	2	-	4
		5%	3%	-	28%
Don't know		3	2	1	-
		2%	3%	3%	-
I wasn't doing this activity last year		-	-	-	-
		-	-	-	-
NET: Increased		39	24	14	1
		36%	42%	39%	8%
NET: Decreased		24	7	8	10
		22%	12%	21%	65%
Base for stats		106	56	35	15
Mean Score		3.21	3.44	3.30	2.15
Standard Deviation		1.042	.960	.946	.943
Standard Error		.101	.127	.160	.243
Error variance		.01	.02	.03	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		66	34	32	44	15	7	4	9	6	11	5	5	14	5	7
Total		67	35	31	43	16	8	3	9	5	11	4	5	15	6	7
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	8	5	3	7	1	-	-	2	1	2	1	-	2	-	-
		12%	14%	10%	16%	7%	-	-	24%	14%	16%	18%	-	16%	-	-
Increased a bit	(4.0)	16	6	10	13	1	2	1	1	1	3	-	2	6	1	1
		25%	17%	33%	31%	6%	27%	47%	9%	14%	30%	-	38%	41%	15%	12%
Stayed the same	(3.0)	21	11	10	10	6	5	1	3	2	2	3	1	4	3	3
		32%	31%	32%	24%	39%	60%	24%	33%	34%	21%	61%	21%	23%	61%	35%
Decreased a bit	(2.0)	14	8	6	8	6	1	1	3	1	2	-	1	1	1	3
		21%	23%	20%	18%	35%	13%	29%	34%	15%	20%	-	24%	8%	24%	44%
Decreased a lot	(1.0)	5	3	2	3	2	-	-	-	1	1	-	1	1	-	1
		7%	8%	5%	6%	12%	-	-	-	23%	6%	-	17%	7%	-	10%
Don't know		2	2	-	2	-	-	-	-	-	1	1	-	1	-	-
		4%	7%	-	6%	-	-	-	-	-	7%	21%	-	5%	-	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		24	11	14	20	2	2	1	3	1	5	1	2	9	1	1
		37%	31%	43%	47%	14%	27%	47%	33%	28%	46%	18%	38%	57%	15%	12%
NET: Decreased		19	11	8	10	7	1	1	3	2	3	-	2	2	1	4
		28%	31%	25%	24%	48%	13%	29%	34%	38%	26%	-	41%	15%	24%	54%
Base for stats		64	33	31	41	16	8	3	9	5	11	3	5	15	6	7
Mean Score		3.14	3.05	3.24	3.35	2.61	3.14	3.17	3.24	2.80	3.33	3.45	2.80	3.54	2.90	2.48
Standard Deviation		1.121	1.189	1.056	1.167	1.061	.660	1.035	1.233	1.462	1.235	.992	1.240	1.128	.678	.888
Standard Error		.141	.213	.187	.182	.274	.249	.518	.411	.597	.391	.496	.555	.313	.303	.336
Error variance		.02	.05	.03	.03	.07	.06	.27	.17	.36	.15	.25	.31	.10	.09	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		66	19	17	15	4	6	5	51	15	47	1	9	7	-	-	17
Total		67	20	18	15	3	6	5	53	14	48	1	9	7	-	-	17
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
Increased a lot	(5.0)	8	5	1	1	-	-	1	7	1	3	-	3	2	-	-	5
		12%	26%	7%	5%	-	-	17%	14%	6%	6%	-	35%	30%	-	-	31%
Increased a bit	(4.0)	16	4	6	3	-	2	2	13	4	12	-	2	2	-	-	4
		25%	18%	32%	21%	-	29%	48%	24%	28%	24%	-	18%	31%	-	-	22%
Stayed the same	(3.0)	21	5	7	4	2	3	1	15	6	19	-	1	1	-	-	2
		32%	25%	37%	25%	58%	52%	20%	29%	43%	39%	-	14%	17%	-	-	15%
Decreased a bit	(2.0)	14	5	2	6	-	1	-	13	1	12	1	-	-	-	-	1
		21%	25%	12%	38%	-	19%	-	25%	8%	25%	100%	-	-	-	-	6%
Decreased a lot	(1.0)	5	1	1	1	1	-	1	3	1	2	-	2	1	-	-	3
		7%	5%	7%	6%	20%	-	16%	6%	10%	4%	-	22%	10%	-	-	16%
Don't know		2	-	1	1	1	-	-	2	1	1	-	1	1	-	-	2
		4%	-	5%	5%	22%	-	-	3%	5%	2%	-	10%	11%	-	-	10%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		24	9	7	4	-	2	3	20	5	15	-	5	4	-	-	9
		37%	45%	39%	26%	-	29%	64%	37%	34%	30%	-	53%	61%	-	-	53%
NET: Decreased		19	6	3	7	1	1	1	16	3	14	1	2	1	-	-	4
		28%	31%	19%	44%	20%	19%	16%	31%	18%	29%	100%	22%	10%	-	-	22%
Base for stats		64	20	17	14	3	6	5	51	13	48	1	8	6	-	-	15
Mean Score		3.14	3.35	3.20	2.80	2.48	3.10	3.49	3.15	3.11	3.03	2.00	3.49	3.80	-	-	3.51
Standard Deviation		1.121	1.289	1.028	1.060	1.111	.752	1.406	1.146	1.060	.963	-	1.699	1.354	-	-	1.514
Standard Error		.141	.296	.257	.283	.642	.307	.629	.164	.283	.142	-	.601	.553	-	-	.391
Error variance		.02	.09	.07	.08	.41	.09	.40	.03	.08	.02	-	.36	.31	-	-	.15



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	*a	*b	*c	d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k	
66	25	19	15	34	2	4	27	13	5	1	1	6	5	2	6	
67	22	22	17	39	1	4	29	14	5	1	1	5	4	2	6	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
8	3	4	1	5	1	2	2	1	1	-	-	-	1	-	3	
12%	14%	17%	7%	12%	50%	51%	7%	9%	21%	-	-	-	18%	-	51%	
16	7	3	5	7	1	2	5	3	1	-	1	2	-	2	3	
25%	31%	11%	28%	18%	50%	49%	19%	21%	18%	-	100%	29%	-	100%	49%	
21	6	8	5	13	-	-	8	7	2	-	-	1	3	-	-	
32%	28%	36%	31%	34%	-	-	29%	47%	40%	-	-	25%	65%	-	-	
14	3	7	3	11	-	-	11	2	1	-	-	-	-	-	-	
21%	12%	32%	21%	27%	-	-	38%	15%	20%	-	-	-	-	-	-	
5	2	-	2	2	-	-	1	1	-	-	-	2	1	-	-	
7%	7%	-	14%	6%	-	-	4%	7%	-	-	-	31%	17%	-	-	
2	2	1	-	1	-	-	1	-	-	1	-	1	-	-	-	
4%	7%	4%	-	2%	-	-	3%	-	-	100%	-	15%	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
24	10	6	6	12	1	4	7	4	2	-	1	2	1	2	6	
37%	46%	28%	34%	31%	100%	100%	26%	30%	39%	-	100%	29%	18%	100%	100%	
19	4	7	6	13	-	-	12	3	1	-	-	2	1	-	-	
28%	20%	32%	34%	33%	-	-	42%	23%	20%	-	-	31%	17%	-	-	
64	21	21	17	38	1	4	28	14	5	-	1	4	4	2	6	
3.14	3.36	3.13	2.93	3.04	4.50	4.51	2.86	3.09	3.40	-	4.00	2.62	3.01	4.00	4.51	
1.121	1.154	1.092	1.169	1.116	.878	.576	1.035	1.043	1.160	-	-	1.465	1.340	-	.552	
.141	.241	.257	.302	.194	.621	.288	.203	.289	.519	-	-	.655	.599	-	.226	
.02	.06	.07	.09	.04	.39	.08	.04	.08	.27	-	-	.43	.36	-	.05	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
Significance Level: 95%		66	19	14	11	2	25	21	20	20	5	2	25	22	5	35	21	5	61
Unweighted Total		66	19	14	11	2	25	21	20	20	5	2	25	22	5	35	21	5	61
Total		67	20	14	13	2	26	22	21	21	5	3	26	24	5	35	22	5	62
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	8	2	1	2	1	3	4	2	3	-	1	3	3	1	6	-	1	7
		12%	12%	7%	15%	55%	11%	17%	10%	15%	-	50%	12%	15%	15%	19%	-	16%	12%
Increased a bit	(4.0)	16	8	3	-	-	3	8	6	6	-	-	6	6	1	7	6	2	15
		25%	42%	21%	-	-	11%	37%	26%	28%	-	-	22%	23%	26%	20%	29%	33%	25%
Stayed the same	(3.0)	21	6	3	5	-	8	6	8	5	-	1	5	10	1	14	5	1	20
		32%	31%	19%	41%	-	30%	28%	40%	25%	-	50%	20%	41%	21%	40%	24%	22%	33%
Decreased a bit	(2.0)	14	1	6	5	1	11	2	3	6	4	-	10	3	1	5	7	1	13
		21%	4%	48%	36%	45%	42%	9%	14%	27%	85%	-	38%	13%	21%	14%	30%	29%	21%
Decreased a lot	(1.0)	5	1	-	1	-	1	1	1	1	-	-	1	1	1	-	4	-	4
		7%	6%	-	8%	-	4%	5%	6%	5%	-	-	4%	5%	17%	-	17%	-	6%
Don't know		2	1	1	-	-	1	1	1	-	1	-	1	1	-	2	-	-	2
		4%	5%	5%	-	-	3%	4%	4%	-	15%	-	3%	4%	-	7%	-	-	4%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		24	11	4	2	1	6	12	8	9	-	1	9	9	2	14	6	2	22
		37%	54%	27%	15%	55%	21%	54%	36%	42%	-	50%	34%	38%	41%	39%	29%	50%	36%
NET: Decreased		19	2	6	6	1	12	3	4	7	4	-	11	4	2	5	10	1	17
		28%	10%	48%	45%	45%	46%	14%	20%	32%	85%	-	43%	18%	38%	14%	47%	29%	27%
Base for stats		64	19	13	13	2	26	22	20	21	4	3	25	23	5	32	22	5	59
Mean Score		3.14	3.52	2.86	2.76	3.65	2.81	3.53	3.22	3.20	2.00	4.00	2.99	3.30	2.99	3.46	2.65	3.37	3.15
Standard Deviation		1.121	1.013	1.034	1.150	1.971	1.072	1.080	1.045	1.170	-	1.280	1.156	1.070	1.476	.994	1.093	1.200	1.100
Standard Error		.141	.239	.287	.347	1.393	.219	.241	.240	.262	-	.905	.236	.233	.660	.176	.239	.536	.144
Error variance		.02	.06	.08	.12	1.94	.05	.06	.06	.07	-	.82	.06	.05	.44	.03	.06	.29	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total		66	32	27	10	12	4	39	24	1	55	11	56	10
Total		67	33	27	10	11	4	40	23	1	57	9	58	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	8	5	2	2	2	-	4	3	1	7	1	8	-
		12%	15%	8%	18%	14%	-	10%	11%	100%	13%	8%	14%	-
Increased a bit	(4.0)	16	9	6	4	3	3	7	8	-	13	3	15	2
		25%	29%	21%	35%	27%	73%	17%	36%	-	23%	36%	26%	17%
Stayed the same	(3.0)	21	9	11	5	-	-	17	5	-	18	3	19	2
		32%	28%	41%	46%	-	-	41%	20%	-	32%	31%	33%	25%
Decreased a bit	(2.0)	14	8	3	-	5	1	7	6	-	13	1	11	3
		21%	23%	13%	-	46%	27%	18%	26%	-	23%	9%	20%	32%
Decreased a lot	(1.0)	5	2	2	-	1	-	4	1	-	4	1	4	1
		7%	5%	7%	-	7%	-	10%	3%	-	7%	8%	6%	10%
Don't know		2	-	2	-	1	-	2	1	-	2	1	1	2
		4%	-	9%	-	7%	-	4%	3%	-	3%	8%	2%	17%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		24	15	8	5	4	3	11	11	1	20	4	23	2
		37%	44%	30%	54%	41%	73%	28%	47%	100%	35%	44%	40%	17%
NET: Decreased		19	10	5	-	6	1	11	7	-	17	2	15	4
		28%	29%	20%	-	53%	27%	27%	29%	-	30%	17%	26%	41%
Base for stats		64	33	24	10	10	4	39	23	1	56	9	57	8
Mean Score		3.14	3.25	3.12	3.72	2.95	3.45	3.01	3.27	5.00	3.12	3.30	3.22	2.59
Standard Deviation		1.121	1.147	1.044	.795	1.355	1.038	1.109	1.104	-	1.131	1.110	1.122	1.008
Standard Error		.141	.203	.213	.251	.409	.519	.182	.230	-	.155	.351	.151	.356
Error variance		.02	.04	.05	.06	.17	.27	.03	.05	-	.02	.12	.02	.13

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d	
Unweighted Total		66	3	5	4	12	14	11	4	13	35	28	9	14	24	19	20	17	21	8	
Total		67	3	4	5	11	14	11	5	13	35	29	10	14	22	21	21	16	21	9	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	8	1	-	-	-	1	-	2	4	1	6	-	1	2	6	3	2	1	2
		12%	28%	-	-	-	8%	-	54%	28%	3%	21%	-	5%	7%	27%	15%	10%	4%	27%	
Increased a bit		(4.0)	16	1	2	-	1	4	4	1	4	7	9	1	3	6	7	6	4	5	2
		25%	26%	38%	-	8%	31%	32%	21%	31%	20%	30%	8%	23%	27%	31%	28%	22%	23%	24%	
Stayed the same		(3.0)	21	-	1	3	5	4	4	1	5	12	9	5	5	8	4	6	7	5	3
		32%	-	20%	55%	41%	25%	33%	25%	34%	34%	32%	49%	35%	35%	18%	28%	42%	26%	36%	
Decreased a bit		(2.0)	14	-	1	1	4	4	3	-	1	10	4	2	4	4	4	5	2	6	1
		21%	-	24%	23%	39%	25%	27%	-	7%	29%	14%	22%	25%	19%	21%	22%	15%	29%	13%	
Decreased a lot		(1.0)	5	1	-	1	1	2	-	-	-	3	-	2	-	2	1	1	2	2	-
		7%	45%	-	22%	6%	11%	-	-	-	10%	-	21%	-	8%	3%	3%	11%	10%	-	
Don't know			2	-	1	-	1	-	1	-	-	2	1	-	2	1	-	1	-	2	-
		4%	-	18%	-	7%	-	8%	-	-	4%	3%	-	11%	4%	-	4%	-	8%	-	
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		24	1	2	-	1	5	4	3	8	8	15	1	4	7	12	9	5	6	5	
		37%	55%	38%	-	8%	39%	32%	75%	59%	23%	51%	8%	28%	34%	58%	43%	33%	27%	51%	
NET: Decreased		19	1	1	2	5	5	3	-	1	14	4	4	4	6	5	5	4	8	1	
		28%	45%	24%	45%	45%	36%	27%	-	7%	39%	14%	43%	25%	27%	24%	25%	26%	39%	13%	
Base for stats		64	3	4	5	11	14	11	5	13	33	28	10	12	21	21	20	16	19	9	
Mean Score		3.14	2.93	3.17	2.34	2.53	2.99	3.05	4.29	3.80	2.77	3.60	2.44	3.09	3.07	3.57	3.31	3.06	2.79	3.64	
Standard Deviation		1.121	2.259	1.000	.910	.778	1.191	.841	.949	.956	1.013	.995	.966	.920	1.071	1.216	1.113	1.143	1.092	1.081	
Standard Error		.141	1.304	.500	.455	.235	.318	.266	.474	.265	.176	.192	.322	.266	.223	.279	.255	.277	.251	.382	
Error variance		.02	1.70	.25	.21	.06	.10	.07	.23	.07	.03	.04	.10	.07	.05	.08	.07	.08	.06	.15	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.10. Racket sports (such as tennis, badminton, squash etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	*b	*c
Unweighted Total		66	39	21	6
Total		67	40	21	6
		100%	100%	100%	100%
Increased a lot	(5.0)	8	7	1	-
		12%	18%	4%	-
Increased a bit	(4.0)	16	13	3	1
		25%	33%	13%	13%
Stayed the same	(3.0)	21	10	9	2
		32%	25%	45%	33%
Decreased a bit	(2.0)	14	7	6	1
		21%	17%	30%	20%
Decreased a lot	(1.0)	5	2	-	2
		7%	6%	-	34%
Don't know		2	1	2	-
		4%	2%	8%	-
I wasn't doing this activity last year		-	-	-	-
		-	-	-	-
NET: Increased		24	20	4	1
		37%	50%	17%	13%
NET: Decreased		19	9	6	3
		28%	23%	30%	54%
Base for stats		64	39	19	6
Mean Score		3.14	3.40	2.90	2.25
Standard Deviation		1.121	1.165	.828	1.162
Standard Error		.141	.189	.190	.475
Error variance		.02	.04	.04	.23

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		88	61	27	50	18	20	6	12	6	11	9	5	22	12	5
Total		89	63	26	46	19	24	5	13	5	11	8	5	22	13	6
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	19	12	8	12	5	3	1	3	1	3	-	2	8	2	-
		22%	18%	30%	25%	25%	12%	27%	21%	14%	24%	-	36%	35%	17%	-
Increased a bit	(4.0)	24	21	4	9	9	6	-	3	4	2	3	2	8	1	1
		27%	32%	15%	20%	47%	25%	-	23%	70%	19%	35%	40%	37%	10%	22%
Stayed the same	(3.0)	27	18	9	14	1	13	3	4	-	4	4	1	2	5	3
		31%	29%	35%	30%	3%	54%	56%	33%	-	36%	55%	24%	8%	40%	56%
Decreased a bit	(2.0)	12	8	4	8	2	2	-	1	1	2	1	-	3	3	1
		13%	12%	17%	17%	11%	9%	-	6%	16%	21%	10%	-	12%	24%	22%
Decreased a lot	(1.0)	5	5	-	3	3	-	1	1	-	-	-	-	2	1	-
		6%	8%	-	6%	13%	-	17%	10%	-	-	-	-	8%	10%	-
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year		1	-	1	1	-	-	-	1	-	-	-	-	-	-	-
		1%	-	3%	2%	-	-	-	7%	-	-	-	-	-	-	-
NET: Increased		44	32	11	21	14	9	1	6	4	5	3	4	16	4	1
		49%	51%	45%	46%	72%	37%	27%	44%	84%	43%	35%	76%	72%	27%	22%
NET: Decreased		17	13	4	10	5	2	1	2	1	2	1	-	4	4	1
		19%	20%	17%	22%	25%	9%	17%	16%	16%	21%	10%	-	20%	33%	22%
Base for stats		88	63	25	45	19	24	5	12	5	11	8	5	22	13	6
Mean Score		3.46	3.41	3.60	3.44	3.59	3.40	3.21	3.42	3.83	3.46	3.25	4.12	3.79	3.01	3.00
Standard Deviation		1.153	1.171	1.120	1.219	1.368	.834	1.448	1.262	.955	1.126	.668	.865	1.286	1.225	.727
Standard Error		.124	.150	.220	.174	.322	.187	.591	.380	.390	.339	.223	.387	.274	.354	.325
Error variance		.02	.02	.05	.03	.10	.03	.35	.14	.15	.12	.05	.15	.08	.12	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		88	22	21	17	9	5	14	60	28	72	3	6	5	-	-	14
Total		89	23	23	17	7	4	16	62	27	74	3	6	5	-	-	13
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
Increased a lot		(5.0)	19	7	5	2	1	1	3	14	5	16	-	2	1	-	3
			22%	32%	21%	13%	20%	18%	19%	23%	19%	22%	-	37%	26%	-	25%
Increased a bit		(4.0)	24	4	5	7	2	1	6	16	8	22	-	1	1	-	2
			27%	19%	22%	39%	24%	18%	37%	26%	31%	30%	-	14%	30%	-	17%
Stayed the same		(3.0)	27	5	8	4	3	2	5	17	10	26	-	-	1	-	1
			31%	22%	33%	26%	46%	63%	30%	27%	39%	35%	-	-	17%	-	6%
Decreased a bit		(2.0)	12	4	4	2	-	-	2	10	2	6	3	1	1	-	5
			13%	18%	18%	10%	-	-	14%	16%	8%	8%	100%	19%	26%	-	38%
Decreased a lot		(1.0)	5	2	1	1	1	-	-	5	1	3	-	2	-	-	2
			6%	9%	6%	8%	10%	-	-	7%	3%	5%	-	30%	-	-	13%
Don't know			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year			1	-	-	1	-	-	-	1	-	1	-	-	-	-	-
			1%	-	-	5%	-	-	-	1%	-	1%	-	-	-	-	-
NET: Increased			44	11	10	9	3	1	9	30	14	38	-	3	3	-	6
			49%	51%	43%	52%	45%	37%	56%	48%	50%	51%	-	51%	56%	-	42%
NET: Decreased			17	6	5	3	1	-	2	14	3	9	3	3	1	-	7
			19%	27%	24%	17%	10%	-	14%	23%	11%	13%	100%	49%	26%	-	51%
Base for stats			88	23	23	16	7	4	16	61	27	73	3	6	5	-	13
Mean Score			3.46	3.48	3.35	3.42	3.46	3.55	3.62	3.42	3.57	3.56	2.00	3.09	3.56	-	3.03
Standard Deviation			1.153	1.363	1.186	1.131	1.194	.917	.977	1.222	.993	1.072	-	1.905	1.273	-	1.499
Standard Error			.124	.291	.259	.283	.398	.410	.261	.159	.188	.127	-	.778	.569	-	.401
Error variance			.02	.08	.07	.08	.16	.17	.07	.03	.04	.02	-	.61	.32	-	.16

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week		Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed								Student		Retired	
	a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
88	49	17	15	32	4	3	46	10	4	1	3	3	1	13	7	
89	47	19	17	37	3	2	46	10	4	1	3	2	1	16	6	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
19	9	3	6	10	1	2	10	3	1	-	1	-	-	1	3	
22%	20%	18%	35%	26%	47%	65%	22%	31%	22%	-	28%	-	-	9%	55%	
24	12	6	5	10	-	-	13	2	1	-	-	2	1	6	-	
27%	26%	30%	27%	29%	-	-	28%	18%	20%	-	-	72%	100%	37%	-	
27	17	5	2	7	1	1	13	5	-	1	-	-	-	6	2	
31%	37%	27%	13%	20%	27%	35%	29%	51%	-	100%	-	-	-	40%	30%	
12	6	1	3	5	1	-	4	-	2	-	2	-	-	2	1	
13%	14%	7%	20%	13%	26%	-	10%	-	58%	-	72%	-	-	14%	15%	
5	1	4	1	5	-	-	5	-	-	-	-	1	-	-	-	
6%	1%	19%	5%	12%	-	-	10%	-	-	-	-	28%	-	-	-	
			a													
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
1	1	-	-	-	-	-	1	-	-	-	-	-	-	-	-	
1%	2%	-	-	-	-	-	2%	-	-	-	-	-	-	-	-	
44	21	9	11	20	1	2	23	5	2	-	1	2	1	7	3	
49%	46%	47%	62%	55%	47%	65%	50%	49%	42%	-	28%	72%	100%	46%	55%	
17	7	5	4	9	1	-	9	-	2	-	2	1	-	2	1	
19%	15%	26%	25%	25%	26%	-	19%	-	58%	-	72%	28%	-	14%	15%	
88	46	19	17	37	3	2	45	10	4	1	3	2	1	16	6	
3.46	3.49	3.21	3.67	3.43	3.68	4.30	3.43	3.80	3.06	3.00	2.83	3.15	4.00	3.41	3.95	
1.153	1.019	1.374	1.317	1.349	1.573	1.247	1.230	.930	1.480	-	1.659	1.771	-	.861	1.327	
.124	.147	.333	.340	.238	.786	.720	.183	.294	.740	-	.958	1.023	-	.239	.501	
.02	.02	.11	.12	.06	.62	.52	.03	.09	.55	-	.92	1.05	-	.06	.25	



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self							
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others		
Significance Level: 95%			*a	*b	*c	*d	*e	f		*a	*b	*c	*d	e	f		*a	b	*c	*d	e
Unweighted Total	88	28	12	14	7	26	35		26	19	14	3	33	29		15	51	18	4	73	
Total	89	29	12	13	7	25	36		27	19	13	3	32	31		15	51	19	4	74	
	100%	100%	100%	100%	100%	100%	100%		100%	100%	100%	100%	100%	100%		100%	100%	100%	100%	100%	
Increased a lot	(5.0)	19	8	3	4	1	7	9	7	5	2	1	8	8		2	10	7	-	17	
	22%	26%	27%	26%	18%	27%	25%		25%	29%	18%	38%	24%	26%		15%	20%	36%	-	23%	
Increased a bit	(4.0)	24	6	1	5	4	6	10	7	2	6	1	8	8		4	13	4	2	20	
	27%	21%	6%	37%	56%	23%	28%		24%	12%	47%	25%	26%	24%		29%	26%	23%	59%	27%	
Stayed the same	(3.0)	27	8	5	3	2	8	10	9	5	4	1	8	10		6	17	3	2	22	
	31%	27%	43%	22%	26%	32%	26%		32%	26%	28%	37%	27%	32%		37%	34%	16%	41%	29%	
Decreased a bit	(2.0)	12	3	2	2	-	4	3	1	5	1	-	6	1		2	7	3	-	10	
	13%	10%	16%	14%	-	15%	8%		3%	28%	7%	-	19%	3%		14%	13%	16%	-	13%	
Decreased a lot	(1.0)	5	4	1	-	-	1	4	3	1	-	-	1	3		-	4	2	-	5	
	6%	12%	8%	-	-	4%	10%		13%	6%	-	-	3%	11%		-	7%	8%	-	7%	
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	
		-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	
I wasn't doing this activity last year		1	1	-	-	-	-	1	1	-	-	-	-	1		1	-	-	-	-	
	1%	3%	-	-	-	-	2%		3%	-	-	-	-	3%		6%	-	-	-	-	
NET: Increased	44	14	4	9	5	12	19		14	8	8	2	16	16		7	23	11	2	37	
	49%	48%	33%	64%	74%	49%	53%		49%	41%	65%	63%	51%	51%		44%	46%	59%	59%	50%	
NET: Decreased	17	7	3	2	-	5	7		4	6	1	-	7	4		2	10	5	-	15	
	19%	23%	24%	14%	-	19%	18%		16%	34%	7%	-	23%	14%		14%	20%	25%	-	20%	
Base for stats	88	28	12	13	7	25	35		26	19	13	3	32	30		15	51	19	4	74	
Mean Score	3.46	3.40	3.29	3.75	3.92	3.54	3.50		3.48	3.30	3.76	4.00	3.49	3.54		3.47	3.39	3.62	3.59	3.46	
Standard Deviation	1.153	1.354	1.299	1.039	.711	1.165	1.261		1.296	1.332	.853	1.030	1.166	1.264		.964	1.165	1.376	.572	1.193	
Standard Error	.124	.260	.375	.278	.269	.229	.216		.259	.306	.228	.594	.203	.239		.258	.163	.324	.286	.140	
Error variance	.02	.07	.14	.08	.07	.05	.05		.07	.09	.05	.35	.04	.06		.07	.03	.11	.08	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total		88	29	42	11	11	7	60	26	1	64	24	70	18
Total		89	29	43	10	11	6	62	26	1	65	24	72	17
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	19	11	6	4	7	4	7	13	1	19	-	16	4
		22%	39%	13%	41%	58%	55%	11%	50%	100%	30%	-	22%	23%
Increased a bit	(4.0)	24	4	16	4	-	1	19	5	-	14	10	20	4
		27%	13%	38%	40%	-	13%	31%	19%	-	22%	42%	28%	25%
Stayed the same	(3.0)	27	8	13	1	2	-	23	3	-	17	11	25	2
		31%	27%	30%	8%	19%	-	38%	12%	-	25%	46%	35%	14%
Decreased a bit	(2.0)	12	4	5	1	2	2	7	4	-	9	3	7	5
		13%	13%	12%	11%	14%	33%	11%	16%	-	14%	13%	10%	27%
Decreased a lot	(1.0)	5	2	3	-	1	-	4	1	-	5	-	4	1
		6%	8%	7%	-	8%	-	7%	4%	-	8%	-	6%	6%
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year		1	-	-	-	-	-	1	-	-	1	-	-	1
		1%	-	-	-	-	-	1%	-	-	1%	-	-	5%
NET: Increased		44	15	22	8	7	4	26	18	1	34	10	36	8
		49%	52%	51%	81%	58%	67%	42%	69%	100%	52%	42%	49%	48%
NET: Decreased		17	6	8	1	3	2	11	5	-	14	3	12	6
		19%	21%	19%	11%	22%	33%	18%	19%	-	22%	13%	16%	33%
Base for stats		88	29	43	10	11	6	61	26	1	65	24	72	16
Mean Score		3.46	3.63	3.38	4.12	3.86	3.90	3.28	3.96	5.00	3.52	3.29	3.49	3.33
Standard Deviation		1.153	1.342	1.090	1.002	1.503	1.475	1.048	1.274	-	1.280	.695	1.118	1.332
Standard Error		.124	.249	.168	.302	.453	.558	.136	.250	-	.161	.142	.134	.323
Error variance		.02	.06	.03	.09	.21	.31	.02	.06	-	.03	.02	.02	.10

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	a	*b	c	*d
Unweighted Total		88	-	5	15	16	19	11	6	16	55	33	15	21	36	15	33	17	32	5
Total		89	-	5	13	15	21	12	7	17	54	35	15	20	36	17	34	16	33	6
		100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	19	2	3	1	5	1	1	7	11	9	5	6	3	5	5	6	3	5
		22%	-	35%	24%	8%	23%	7%	20%	38%	20%	25%	35%	32%	9%	27%	16%	37%	10%	88%
Increased a bit		(4.0)	24	-	3	5	3	7	2	5	11	13	2	4	13	5	11	5	9	-
		27%	-	-	25%	33%	14%	56%	29%	27%	21%	37%	16%	20%	37%	27%	31%	31%	26%	-
Stayed the same		(3.0)	27	2	5	5	6	3	2	5	17	10	3	6	11	6	13	2	12	-
		31%	-	42%	38%	31%	27%	29%	32%	27%	32%	28%	23%	29%	32%	33%	39%	16%	35%	-
Decreased a bit		(2.0)	12	-	1	2	5	1	1	1	8	4	4	2	4	2	5	3	5	-
		13%	-	-	6%	16%	25%	7%	20%	8%	16%	10%	26%	8%	11%	14%	14%	16%	14%	-
Decreased a lot		(1.0)	5	1	-	2	2	-	-	-	5	-	-	1	4	-	-	-	5	1
		6%	-	23%	-	13%	11%	-	-	-	10%	-	-	6%	11%	-	-	-	14% a	12%
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year		1	-	-	1	-	-	-	-	-	1	-	-	1	-	-	-	-	-	-
		1%	-	-	7%	-	-	-	-	-	2%	-	-	4%	-	-	-	-	-	-
NET: Increased		44	-	2	6	6	8	7	3	11	22	22	8	10	17	9	16	11	12	5
		49%	-	35%	49%	40%	37%	63%	49%	65%	41%	62%	51%	51%	46%	53%	47%	68%	37%	88%
NET: Decreased		17	-	1	1	4	7	1	1	1	14	4	4	3	8	2	5	3	9	1
		19%	-	23%	6%	28%	36%	7%	20%	8%	25%	10%	26%	15%	22%	14%	14%	16%	28%	12%
Base for stats		88	-	5	12	15	21	12	7	17	53	35	15	19	36	17	34	16	33	6
Mean Score		3.46	-	3.25	3.72	3.07	3.13	3.63	3.48	3.95	3.26	3.76	3.59	3.65	3.23	3.67	3.48	3.89	3.06	4.51
Standard Deviation		1.153	-	1.688	.961	1.180	1.344	.759	1.110	1.014	1.240	.949	1.253	1.246	1.130	1.047	.931	1.115	1.191	1.446
Standard Error		.124	-	.755	.257	.295	.308	.229	.453	.253	.169	.165	.323	.279	.188	.270	.162	.270	.210	.647
Error variance		.02	-	.57	.07	.09	.10	.05	.21	.06	.03	.03	.10	.08	.04	.07	.03	.07	.04	.42

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6D1X.11. Golf: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	*b	*c
Unweighted Total		88	43	29	15
Total		89	45	29	14
		100%	100%	100%	100%
Increased a lot	(5.0)	19	15	1	2
		22%	33%	4%	17%
Increased a bit	(4.0)	24	10	9	5
		27%	22%	31%	36%
Stayed the same	(3.0)	27	12	12	2
		31%	28%	42%	18%
Decreased a bit	(2.0)	12	5	3	4
		13%	11%	10%	29%
Decreased a lot	(1.0)	5	3	3	-
		6%	6%	9%	-
Don't know		-	-	-	-
		-	-	-	-
I wasn't doing this activity last year		1	-	1	-
		1%	-	3%	-
NET: Increased		44	25	10	7
		49%	56%	35%	53%
NET: Decreased		17	8	6	4
		19%	17%	19%	29%
Base for stats		88	45	28	14
Mean Score		3.46	3.67	3.12	3.41
Standard Deviation		1.153	1.220	.992	1.117
Standard Error		.124	.186	.188	.288
Error variance		.02	.03	.04	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	d	*e	*f	g	*h	*i	
Unweighted Total		259	124	134	166	71	22	13	40	23	34	15	16	66	26	26	
Total		247	119	127	152	71	24	10	39	21	34	13	17	63	27	24	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	50	23	27	32	14	4	1	8	4	5	2	3	17	9	2
			20%	20%	21%	21%	20%	17%	8%	20%	19%	16%	13%	19%	26%	32%	7%
Increased a bit		(4.0)	82	42	40	56	22	4	3	15	5	15	4	4	19	8	9
			33%	35%	32%	37%	31%	15%	34%	39%	26%	43%	30%	26%	30%	28%	37%
Stayed the same		(3.0)	57	28	29	30	20	7	4	10	5	5	4	8	15	3	4
			23%	24%	23%	20%	28%	29%	40%	25%	22%	14%	28%	46%	24%	12%	18%
Decreased a bit		(2.0)	30	14	15	16	8	7	2	1	4	7	3	1	8	1	4
			12%	12%	11%	10%	11%	28%	17%	3%	18%	20% b	23%	4%	13%	4%	15%
Decreased a lot		(1.0)	23	10	13	18	4	1	-	5	2	1	1	1	5	5	3
			9%	9%	10%	12%	5%	5%	-	13%	11%	3%	5%	5%	7%	18%	15%
Don't know			1	-	1	-	1	-	-	-	-	-	-	-	-	1	-
			1%	-	1%	-	2%	-	-	-	-	-	-	-	-	5%	-
I wasn't doing this activity last year			4	1	3	-	3	1	-	-	1	1	-	-	-	-	2
			2%	1%	2%	-	4% a	5%	-	-	3%	4%	-	-	-	-	9%
NET: Increased		132	65	67	88	36	8	4	23	9	20	5	7	35	16	11	
		53%	55%	53%	58%	51%	33%	42%	59%	45%	59%	43%	45%	56%	61%	44%	
NET: Decreased		53	25	27	34	11	8	2	6	6	8	4	1	13	6	7	
		22%	21%	22%	22%	16%	33%	17%	16%	30%	24%	29%	9%	20%	22%	29%	
Base for stats		241	118	123	152	67	23	10	39	20	33	13	17	63	26	22	
Mean Score		3.44	3.45	3.43	3.44	3.53	3.13	3.33	3.50	3.23	3.50	3.22	3.50	3.55	3.55	3.08	
Standard Deviation		1.219	1.195	1.245	1.268	1.109	1.200	.901	1.244	1.320	1.114	1.152	1.029	1.222	1.500	1.261	
Standard Error		.077	.108	.109	.098	.135	.262	.250	.197	.281	.194	.298	.257	.150	.300	.257	
Error variance		.01	.01	.01	.01	.02	.07	.06	.04	.08	.04	.09	.07	.02	.09	.07	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		259	45	63	64	36	26	25	172	87	186	11	38	15	1	2	67
Total		247	48	65	61	29	21	22	174	73	178	11	35	14	1	2	64
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	50	12	14	12	5	2	4	38	12	35	3	6	5	1	-	15
		20%	24%	22%	20%	18%	11%	19%	22%	16%	19%	26%	18%	35%	100%	-	24%
Increased a bit	(4.0)	82	15	23	20	10	10	5	57	25	60	3	13	3	-	2	21
		33%	31%	35%	32%	34%	46%	23%	33%	34%	34%	23%	36%	23%	-	100%	33%
Stayed the same	(3.0)	57	14	13	15	9	2	4	42	15	41	3	7	4	-	-	14
		23%	29%	20%	25%	29%	11%	17%	24%	20%	23%	29%	20%	26%	-	-	22%
Decreased a bit	(2.0)	30	2	6	9	3	5	5	17	13	22	1	4	1	-	-	6
		12%	4%	10%	14%	11%	21%	24%	10%	18% a	12%	11%	11%	5%	-	-	9%
Decreased a lot	(1.0)	23	5	7	6	2	2	2	18	6	17	1	4	1	-	-	7
		9%	10%	10%	10%	6%	10%	8%	10%	8%	9%	11%	11%	10%	-	-	10%
Don't know		1	1	-	-	-	-	-	1	-	1	-	-	-	-	-	-
		1%	3%	-	-	-	-	-	1%	-	1%	-	-	-	-	-	-
I wasn't doing this activity last year		4	-	1	-	1	-	2	1	3	3	-	1	-	-	-	1
		2%	-	2%	-	2%	-	9%	1%	4%	2%	-	3%	-	-	-	2%
NET: Increased		132	26	37	31	15	12	9	95	37	94	6	19	8	1	2	36
		53%	55%	57%	51%	52%	57%	42%	55%	50%	53%	49%	55%	58%	100%	100%	57%
NET: Decreased		53	6	13	15	5	7	7	34	19	38	3	7	2	-	-	12
		22%	14%	20%	24%	17%	31%	32%	20%	26%	22%	22%	21%	15%	-	-	19%
Base for stats		241	47	64	61	29	21	20	172	70	174	11	34	14	1	2	62
Mean Score		3.44	3.57	3.50	3.37	3.48	3.27	3.24	3.47	3.35	3.42	3.42	3.43	3.68	5.00	4.00	3.52
Standard Deviation		1.219	1.207	1.253	1.234	1.117	1.233	1.316	1.230	1.199	1.213	1.350	1.249	1.330	-	-	1.255
Standard Error		.077	.182	.159	.154	.189	.242	.274	.094	.131	.090	.407	.205	.343	-	-	.155
Error variance		.01	.03	.03	.02	.04	.06	.08	.01	.02	.01	.17	.04	.12	-	-	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status												
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total		None	1 child	2 or more children	NET: Yes	Currently furloughed												
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k		
Unweighted Total		259	132	58	51	109	19	12	125	38	12	4	5	24	12	8	31	
Total		247	111	64	58	122	18	11	123	36	11	3	5	21	10	9	29	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	50	26	13	9	23	6	3	22	5	1	-	1	6	2	3	10
		20%	23%	21%	16%	18%	35%	31%	18%	13%	7%	-	23%	30%	16%	36%	34%	d
Increased a bit		(4.0)	82	36	20	23	43	4	3	44	12	3	1	3	9	3	-	6
		33%	32%	31%	39%	35%	20%	25%	36%	34%	23%	51%	61%	45%	25%	-	22%	
Stayed the same		(3.0)	57	22	20	10	30	4	1	34	6	3	1	1	3	2	1	5
		23%	20%	31%	18%	25%	23%	8%	28%	16%	30%	49%	17%	13%	23%	15%	17%	
Decreased a bit		(2.0)	30	13	7	7	14	2	1	9	9	3	-	-	1	2	3	2
		12%	12%	11%	13%	12%	8%	8%	8%	24%	30%	-	-	4%	23%	35%	8%	
Decreased a lot		(1.0)	23	12	4	6	10	1	2	12	5	1	-	-	2	1	-	3
		9%	10%	6%	10%	8%	5%	17%	10%	13%	10%	-	-	8%	7%	-	10%	
Don't know		1	-	-	1	1	1	1	-	-	-	-	-	-	-	-	-	1
		1%	-	-	2%	1%	7%	-	-	-	-	-	-	-	-	-	4%	c
I wasn't doing this activity last year		4	3	-	1	1	-	1	1	-	-	-	-	-	1	1	1	
		2%	2%	-	2%	1%	-	11%	1%	-	-	-	-	-	7%	14%	4%	
NET: Increased		132	61	33	32	65	10	6	67	17	3	1	4	16	4	3	16	
		53%	55%	52%	55%	53%	56%	56%	54%	47%	30%	51%	83%	75%	41%	36%	56%	
NET: Decreased		53	25	11	13	24	2	3	21	13	4	-	-	3	3	3	5	
		22%	22%	17%	23%	20%	14%	25%	17%	36%	40%	-	-	13%	29%	35%	18%	
Base for stats		241	108	64	56	120	17	10	122	36	11	3	5	21	10	8	27	
Mean Score		3.44	3.47	3.49	3.40	3.45	3.78	3.51	3.45	3.12	2.88	3.51	4.06	3.84	3.22	3.43	3.68	
Standard Deviation		1.219	1.275	1.131	1.228	1.173	1.244	1.593	1.170	1.288	1.146	.621	.708	1.174	1.266	1.477	1.360	
Standard Error		.077	.112	.149	.175	.113	.293	.480	.105	.209	.331	.310	.317	.240	.382	.558	.253	
Error variance		.01	.01	.02	.03	.01	.09	.23	.01	.04	.11	.10	.10	.06	.15	.31	.06	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	259	78	71	25	9	96	87	78	69	27	11	96	89	29	131	81	18	230
Total	247	75	68	24	9	92	83	76	68	25	10	92	86	26	122	82	17	221
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	50	15	10	3	4	12	13	13	2	3	15	16	9	24	15	3	41
	20%	20%	20%	14%	12%	42%	13%	17%	19%	7%	29%	16%	19%	35%	19%	18%	16%	19%
Increased a bit	(4.0)	82	24	30	4	3	34	27	26	7	2	34	28	6	36	32	8	76
	33%	32%	44%	18%	34%	37%	32%	35%	39%	30%	18%	37%	33%	23%	29%	39%	50%	34%
Stayed the same	(3.0)	57	21	12	11	-	22	19	16	6	2	22	21	-	38	17	2	57
	23%	28%	17%	44%	-	24%	25%	25%	23%	25%	20%	24%	24%	-	31%	20%	11%	26%
Decreased a bit	(2.0)	30	8	10	3	1	13	6	7	7	2	13	9	8	11	10	1	22
	12%	10%	14%	11%	12%	14%	10%	8%	10%	27%	25%	15%	10%	30%	9%	13%	4%	10%
Decreased a lot	(1.0)	23	7	6	4	1	10	11	5	3	1	7	11	3	12	6	2	21
	9%	9%	9%	15%	13%	10%	9%	14%	7%	11%	9%	8%	13%	10%	10%	8%	11%	9%
Don't know	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1
	1%	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2%	-	1%
I wasn't doing this activity last year	4	1	1	-	-	1	1	1	1	-	-	1	1	1	1	1	1	3
	2%	1%	2%	-	-	1%	1%	1%	2%	-	-	1%	1%	3%	1%	2%	7%	1%
NET: Increased	132	39	39	7	6	47	46	40	39	9	5	48	44	15	59	47	11	117
	53%	53%	58%	30%	75%	50%	55%	53%	58%	37%	46%	52%	52%	57%	49%	56%	66%	53%
NET: Decreased	53	14	16	6	2	22	16	17	11	9	3	21	20	10	24	17	3	43
	22%	19%	23%	26%	25%	24%	19%	22%	17%	38%	34%	22%	23%	40%	19%	20%	15%	19%
Base for stats	241	74	67	24	9	91	83	75	66	25	10	91	85	25	121	80	15	217
Mean Score	3.44	3.46	3.40	3.01	3.79	3.30	3.49	3.35	3.54	2.96	3.32	3.38	3.34	3.44	3.39	3.48	3.61	3.44
Standard Deviation	1.219	1.190	1.177	1.190	1.510	1.187	1.220	1.264	1.129	1.151	1.421	1.159	1.274	1.509	1.199	1.170	1.222	1.186
Standard Error	.077	.136	.141	.238	.503	.122	.132	.144	.137	.221	.428	.119	.136	.285	.105	.132	.296	.079
Error variance	.01	.02	.02	.06	.25	.01	.02	.02	.02	.05	.18	.01	.02	.08	.01	.02	.09	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		83	140	38	30	5	180	70	3	227	32	220	33
Total		85	130	35	29	5	173	66	3	217	30	212	30
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	20	21	8	9	-	30	17	-	45	5	47	3
		24%	16%	23%	32%	-	18%	26%	-	21%	17%	22%	9%
Increased a bit	(4.0)	23	51	12	10	2	59	22	2	73	9	70	10
		27%	39%	35%	33%	40%	34%	33%	75%	34%	30%	33%	34%
Stayed the same	(3.0)	23	32	3	4	1	49	7	-	48	9	48	9
		27%	25%	8%	13%	16%	28%	11%	-	22%	31%	23%	29%
Decreased a bit	(2.0)	7	13	4	4	1	19	9	-	26	3	23	4
		8%	10%	11%	13%	19%	11%	13%	-	12%	12%	11%	14%
Decreased a lot	(1.0)	9	11	7	2	1	11	10	-	21	2	18	4
		11%	9%	22%	6%	26%	7%	16%	-	10%	6%	9%	12%
Don't know		1	-	-	-	-	1	-	-	1	-	1	-
		1%	-	-	-	-	1%	-	-	1%	-	1%	-
I wasn't doing this activity last year		1	2	1	1	-	3	1	1	3	1	3	1
		1%	2%	2%	3%	-	2%	1%	25%	1%	4%	2%	2%
NET: Increased		43	72	20	19	2	89	39	2	118	14	117	13
		51%	55%	58%	65%	40%	52%	59%	75%	54%	47%	55%	42%
NET: Decreased		16	24	11	6	2	31	19	-	48	5	42	8
		19%	19%	32%	19%	45%	18%	29%	-	22%	17%	20%	26%
Base for stats		82	128	34	29	5	169	65	2	213	28	207	29
Mean Score		3.45	3.44	3.28	3.75	2.69	3.46	3.41	4.00	3.44	3.43	3.51	3.13
Standard Deviation		1.264	1.148	1.509	1.235	1.385	1.119	1.423	-	1.235	1.119	1.211	1.174
Standard Error		.140	.098	.248	.229	.619	.084	.171	-	.083	.201	.082	.208
Error variance		.02	.01	.06	.05	.38	.01	.03	-	.01	.04	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
Significance Level: 95%		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
			*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total		259	3	11	36	59	47	50	14	39	153	103	45	84	91	35	95	70	66	25
Total		247	2	10	34	55	44	49	14	37	144	100	43	76	89	36	89	65	66	24
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	50	-	2	2	9	6	12	4	13	20	8	15	11	14	22	9	10	9
			20%	-	21%	7%	17%	14%	25%	29%	36%	14%	19%	20%	12%	40%	24%	13%	15%	37%
								c		cdei		cei				abc				
Increased a bit		(4.0)	82	-	3	10	17	17	5	12	47	34	15	18	36	11	27	19	31	5
			33%	-	30%	30%	30%	39%	35%	38%	32%	33%	34%	24%	41%	32%	30%	29%	47%	19%
															b				ab	
Stayed the same		(3.0)	57	-	-	10	19	13	9	2	4	42	8	22	21	6	19	19	13	6
			23%	-	-	29%	35%	29%	18%	13%	12%	29%	19%	29%	24%	16%	21%	29%	20%	23%
						fhj	j				hj									
Decreased a bit		(2.0)	30	1	1	2	7	2	6	3	7	12	7	10	12	1	11	11	6	1
			12%	67%	12%	5%	13%	5%	13%	20%	19%	9%	16%	13%	13%	3%	12%	18%	10%	5%
Decreased a lot		(1.0)	23	1	3	7	2	6	4	-	1	17	5	8	6	3	8	5	6	4
			9%	33%	30%	20%	3%	13%	9%	-	2%	12%	5%	12%	11%	7%	9%	8%	9%	17%
					dhj	d					d									
Don't know			1	-	-	1	-	-	-	-	1	-	-	1	-	-	-	1	-	-
			1%	-	-	4%	-	-	-	-	1%	-	-	2%	-	-	-	2%	-	-
I wasn't doing this activity last year			4	-	1	2	1	-	-	-	4	-	-	1	2	1	3	-	-	-
			2%	-	7%	6%	2%	-	-	-	3%	-	-	2%	2%	2%	4%	-	-	-
					j															
NET: Increased			132	-	5	13	26	23	30	10	25	67	23	33	48	26	48	28	41	13
			53%	-	51%	37%	47%	53%	60%	67%	68%	47%	53%	44%	53%	71%	54%	43%	62%	55%
								c			cdi		odi			b			b	
NET: Decreased			53	2	4	8	9	8	11	3	8	30	12	18	18	4	19	17	12	5
			22%	100%	42%	25%	16%	18%	22%	20%	21%	21%	28%	24%	20%	11%	21%	26%	18%	22%
Base for stats			241	2	9	31	54	44	49	14	37	139	43	73	87	35	86	64	66	24
Mean Score			3.44	1.67	3.00	3.00	3.47	3.35	3.54	3.77	3.81	3.29	3.31	3.31	3.40	3.94	3.50	3.22	3.49	3.54
											ci		ci			abc				
Standard Deviation			1.219	.647	1.721	1.272	1.024	1.196	1.260	1.118	1.186	1.194	1.301	1.259	1.093	1.203	1.252	1.160	1.130	1.474
Standard Error			.077	.373	.544	.221	.134	.174	.178	.299	.190	.098	.194	.139	.116	.206	.131	.140	.139	.295
Error variance			.01	.14	.30	.05	.02	.03	.03	.09	.04	.01	.04	.02	.01	.04	.02	.02	.02	.09

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		259	142	77	37
Total		247	137	72	35
		100%	100%	100%	100%
Increased a lot	(5.0)	50	40	6	4
		20%	29%	8%	11%
			bc		
Increased a bit	(4.0)	82	58	18	5
		33%	42%	25%	15%
			bc		
Stayed the same	(3.0)	57	17	33	6
		23%	13%	46%	17%
				ac	
Decreased a bit	(2.0)	30	12	8	9
		12%	9%	11%	25%
					ab
Decreased a lot	(1.0)	23	6	7	10
		9%	4%	10%	28%
					ab
Don't know		1	-	-	1
		1%	-	-	4%
					a
I wasn't doing this activity last year		4	4	-	-
		2%	3%	-	-
NET: Increased		132	98	24	9
		53%	72%	33%	26%
			bc		
NET: Decreased		53	18	15	18
		22%	13%	21%	53%
					ab
Base for stats		241	133	72	34
Mean Score		3.44	3.86	3.09	2.55
			bc	c	
Standard Deviation		1.219	1.086	1.040	1.377
Standard Error		.077	.092	.119	.229
Error variance		.01	.01	.01	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		156	62	93	80	48	28	13	23	16	15	18	9	30	16	16
Total		152	62	89	72	47	32	10	24	16	14	16	9	30	16	16
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	23	9	14	11	7	5	1	6	1	1	1	2	5	3	2
		15%	15%	15%	15%	15%	14%	14%	25%	10%	5%	5%	20%	17%	19%	11%
Increased a bit	(4.0)	35	12	21	21	10	3	2	6	1	4	4	2	10	1	5
		23%	20%	24%	29%	22%	10%	21%	23%	5%	29%	22%	20%	33%	8%	33%
Stayed the same	(3.0)	46	23	23	18	14	14	3	6	7	6	6	3	7	3	3
		30%	37%	26%	25%	29%	44%	29%	26%	47%	44%	39%	36%	24%	18%	21%
Decreased a bit	(2.0)	27	11	17	10	10	7	3	5	3	-	2	1	4	5	3
		18%	17%	19%	14%	20%	23%	29%	23%	20%	-	14%	14%	13%	29%	19%
Decreased a lot	(1.0)	18	5	13	9	6	3	1	1	3	2	2	1	4	4	1
		12%	8%	14%	12%	13%	9%	7%	3%	18%	14%	10%	10%	12%	26%	7%
Don't know		3	1	1	2	1	-	-	-	-	1	1	-	-	-	1
		2%	2%	1%	2%	2%	-	-	-	-	8%	5%	-	-	-	4%
I wasn't doing this activity last year		1	1	1	1	-	-	-	-	-	-	1	-	-	-	1
		1%	1%	1%	2%	-	-	-	-	-	-	4%	-	-	-	5%
NET: Increased		57	21	35	32	17	8	4	12	2	5	4	4	15	4	7
		38%	35%	39%	44%	36%	24%	34%	48%	15%	34%	28%	40%	50%	27%	44%
NET: Decreased		45	16	29	19	16	10	4	6	6	2	4	2	8	9	4
		30%	25%	33%	26%	33%	32%	36%	26%	39%	14%	24%	24%	25%	55%	26%
Base for stats		148	60	87	69	47	32	10	24	16	13	15	9	30	16	14
Mean Score		3.12	3.16	3.07	3.23	3.05	2.97	3.05	3.44	2.68	3.12	3.00	3.27	3.30	2.66	3.25
Standard Deviation		1.226	1.149	1.284	1.251	1.256	1.140	1.205	1.206	1.161	1.110	1.068	1.284	1.266	1.478	1.179
Standard Error		.100	.150	.135	.143	.183	.216	.334	.251	.290	.297	.267	.428	.231	.370	.315
Error variance		.01	.02	.02	.02	.03	.05	.11	.06	.08	.09	.07	.18	.05	.14	.10

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		156	19	33	44	23	12	25	96	60	127	4	14	5	1	2	26
Total		152	21	35	43	18	10	24	100	52	127	3	12	5	1	2	23
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	23	5	8	3	2	-	4	17	6	19	1	1	1	-	-	3
		15%	25%	24%	7%	9%	-	17%	17%	11%	15%	21%	11%	17%	-	-	12%
				c													
Increased a bit	(4.0)	35	5	9	10	4	1	5	25	10	27	1	4	2	-	1	7
		23%	23%	27%	24%	22%	8%	22%	25%	19%	22%	22%	31%	39%	-	40%	31%
Stayed the same	(3.0)	46	4	5	19	6	4	8	28	18	41	-	3	2	-	-	5
		30%	18%	15%	45%	30%	35%	36%	28%	34%	32%	-	24%	44%	-	-	22%
				b													
Decreased a bit	(2.0)	27	6	9	4	2	4	2	19	8	23	1	3	-	-	-	5
		18%	29%	25%	9%	11%	40%	9%	19%	16%	18%	33%	28%	-	-	-	20%
Decreased a lot	(1.0)	18	1	3	6	4	1	2	10	7	14	1	1	-	-	1	3
		12%	6%	8%	14%	23%	11%	9%	10%	14%	11%	24%	6%	-	-	60%	12%
Don't know		3	-	1	-	-	-	2	1	2	1	-	-	-	1	-	1
		2%	-	2%	-	-	-	8%	1%	3%	1%	-	-	-	100%	-	3%
I wasn't doing this activity last year		1	-	-	-	1	1	-	-	1	1	-	-	-	-	-	-
		1%	-	-	-	4%	7%	-	-	3%	1%	-	-	-	-	-	-
NET: Increased		57	10	18	14	6	1	9	41	16	46	1	5	3	-	1	10
		38%	47%	50%	31%	31%	8%	39%	41%	30%	37%	43%	42%	56%	-	40%	43%
NET: Decreased		45	7	12	10	6	5	4	29	16	37	2	4	-	-	1	7
		30%	35%	33%	24%	35%	50%	17%	29%	30%	29%	57%	34%	-	-	60%	32%
Base for stats		148	21	35	43	18	9	22	99	49	124	3	12	5	-	2	22
Mean Score		3.12	3.32	3.33	3.01	2.82	2.43	3.34	3.19	2.97	3.12	2.84	3.12	3.74	-	2.20	3.13
Standard Deviation		1.226	1.307	1.333	1.108	1.330	.846	1.184	1.231	1.216	1.211	1.836	1.162	.830	-	2.045	1.256
Standard Error		.100	.300	.236	.167	.283	.255	.247	.126	.162	.109	.918	.311	.371	-	1.446	.251
Error variance		.01	.09	.06	.03	.08	.07	.06	.02	.03	.01	.84	.10	.14	-	2.09	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
156	83	33	29	62	8	8	68	15	10	8	8	11	7	13	16	
152	72	38	33	71	7	8	70	15	9	7	7	9	6	15	15	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
23	12	5	4	8	-	2	14	-	-	2	1	2	1	3	2	
15%	16%	12%	12%	12%	-	21%	19%	-	-	23%	12%	17%	13%	17%	11%	
35	10	10	13	23	1	-	21	2	3	2	1	2	2	1	1	
23%	14%	26%	39%	32% a	11%	-	30%	15%	39%	34%	11%	17%	32%	6%	5%	
46	26	11	5	16	2	3	16	4	4	2	3	3	2	8	5	
30%	36%	29%	16%	23%	33%	38%	22%	25%	40%	32%	43%	32%	29%	54%	35%	
27	13	9	4	13	2	1	14	6	1	-	1	1	1	1	3	
18%	18%	24%	12%	19%	30%	11%	19%	40%	9%	-	18%	8%	14%	8%	20%	
18	8	4	6	9	1	2	6	3	1	1	-	2	-	2	3	
12%	11%	9%	17%	13%	16%	31%	8%	20%	11%	11%	-	18%	-	14%	24%	
3	1	-	1	1	-	-	-	-	-	-	1	1	1	-	-	
2%	2%	-	3%	2%	-	-	-	-	-	-	15%	8%	12%	-	-	
1	1	-	-	-	1	-	1	-	-	-	-	-	-	-	1	
1%	2%	-	-	-	10%	-	1%	-	-	-	-	-	-	-	5%	
57	22	14	17	31	1	2	34	2	3	4	2	3	3	4	2	
38%	31%	38%	51%	44%	11%	21%	49%	15%	39%	57%	23%	34%	45%	24%	16%	
45	21	13	10	22	3	3	19	9	2	1	1	2	1	3	6	
30%	29%	33%	30%	32%	45%	42%	28%	60%	21%	11%	18%	25%	14%	23%	43%	
148	69	38	32	70	6	8	69	15	9	7	6	8	5	15	14	
3.12	3.08	3.07	3.16	3.11	2.44	2.69	3.33	2.35	3.07	3.57	3.20	3.09	3.50	3.04	2.58	
1.226	1.218	1.176	1.325	1.237	1.007	1.545	1.235	1.004	1.029	1.266	1.026	1.427	1.028	1.232	1.292	
.100	.137	.205	.250	.158	.381	.546	.151	.259	.325	.448	.388	.451	.420	.342	.334	
.01	.02	.04	.06	.03	.14	.30	.02	.07	.11	.20	.15	.20	.18	.12	.11	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		156	42	28	20	10	48	52	50	25	24	5	49	55	18	85	44	9	138
Total		152	41	30	19	9	49	50	50	26	22	5	49	55	16	83	44	9	136
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	23	5	5	2	5	7	10	8	3	3	1	6	9	3	13	5	1	19
		15%	13%	16%	12%	50%	14%	20%	16%	13%	14%	27%	13%	17%	21%	16%	11%	8%	14%
Increased a bit	(4.0)	35	11	9	6	-	15	11	10	11	5	2	16	12	2	12	18	2	32
		23%	26%	30%	33%	-	31%	21%	20%	42%	20%	43%	32%	22%	15%	14%	41% be	27%	24%
Stayed the same	(3.0)	46	11	8	4	3	12	13	16	3	9	-	11	16	7	30	9	-	39
		30%	26%	26%	21%	28%	24%	26%	31%	9%	40%	-	24%	29%	42%	36%	21%	-	29%
Decreased a bit	(2.0)	27	8	4	5	2	9	10	12	4	3	1	6	14	2	15	8	2	25
		18%	20%	14%	25%	22%	19%	20%	25%	14%	12%	31%	13%	25%	13%	19%	18%	19%	18%
Decreased a lot	(1.0)	18	6	4	2	-	6	6	3	6	3	-	9	3	1	10	3	3	16
		12%	14%	14%	9%	-	12%	11%	6%	21%	13%	-	18%	6%	9%	12%	7%	34%	12%
Don't know		3	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1	3
		2%	-	-	-	-	-	-	-	-	-	-	-	-	-	2%	-	12%	2%
I wasn't doing this activity last year		1	1	-	-	-	-	1	1	-	-	-	-	1	-	1	1	-	1
		1%	2%	-	-	-	-	1%	1%	-	-	-	-	1%	-	1%	2%	-	1%
NET: Increased		57	16	14	9	5	22	21	18	15	8	3	22	21	6	25	23	3	51
		38%	39%	46%	45%	50%	45%	41%	36%	55%	34%	69%	46%	39%	36%	30%	52% b	34%	38%
NET: Decreased		45	14	8	7	2	15	16	15	9	6	1	15	17	4	26	11	5	41
		30%	34%	28%	34%	22%	31%	31%	31%	35%	26%	31%	31%	31%	22%	31%	25%	53%	30%
Base for stats		148	41	30	19	9	49	50	49	26	22	5	49	54	16	81	43	8	132
Mean Score		3.12	3.04	3.19	3.13	3.79	3.17	3.18	3.16	3.12	3.08	3.65	3.10	3.20	3.25	3.04	3.33	2.48	3.10
Standard Deviation		1.226	1.261	1.284	1.211	1.344	1.244	1.296	1.171	1.414	1.211	1.316	1.311	1.179	1.234	1.234	1.123	1.574	1.228
Standard Error		.100	.197	.243	.271	.425	.180	.181	.167	.283	.247	.588	.187	.160	.291	.136	.171	.556	.107
Error variance		.01	.04	.06	.07	.18	.03	.03	.03	.08	.06	.35	.04	.03	.08	.02	.03	.31	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	*b	
Unweighted Total		156	56	76	32	34	4	88	60	10	124	32	136	16	
Total		152	55	76	29	33	3	89	56	10	123	29	133	16	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	23	11	7	2	5	-	16	6	1	17	5	22	-
			15%	20%	10%	8%	14%	-	18%	11%	9%	14%	19%	16%	-
Increased a bit		(4.0)	35	17	15	8	10	-	18	16	2	28	6	33	2
			23%	30%	19%	27%	31%	-	20%	29%	19%	23%	23%	24%	13%
Stayed the same		(3.0)	46	11	27	7	8	3	26	16	2	35	11	37	8
			30%	21%	35%	24%	24%	100%	29%	29%	18%	29%	37%	28%	52%
Decreased a bit		(2.0)	27	9	16	6	6	-	17	10	2	26	2	25	1
			18%	16%	21%	20%	18%	-	19%	17%	25%	21% b	5%	19%	7%
Decreased a lot		(1.0)	18	5	11	5	2	-	12	6	2	14	3	13	4
			12%	9%	14%	18%	7%	-	13%	10%	17%	12%	12%	10%	29%
Don't know			3	2	-	1	1	-	-	1	1	1	1	2	-
			2%	3%	-	4%	3%	-	-	2%	12%	1%	5%	1%	-
I wasn't doing this activity last year			1	1	1	-	1	-	1	1	-	1	-	1	-
			1%	1%	1%	-	2%	-	1%	1%	-	1%	-	1%	-
NET: Increased			57	28	22	10	15	-	34	22	3	45	12	54	2
			38%	50% b	29%	35%	45%	-	38%	40%	29%	37%	41%	41%	13%
NET: Decreased			45	13	26	11	8	-	29	15	4	40	5	38	6
			30%	24%	35%	38%	25%	-	32%	28%	42%	32%	17%	29%	35%
Base for stats			148	53	75	28	32	3	88	54	8	121	27	130	16
Mean Score			3.12	3.39	2.90	2.86	3.29	3.00	3.10	3.13	2.76	3.07	3.33	3.19	2.49
				b											
Standard Deviation			1.226	1.249	1.167	1.259	1.171	-	1.284	1.167	1.356	1.225	1.229	1.224	1.074
Standard Error			.100	.172	.135	.226	.207	-	.138	.153	.452	.111	.224	.107	.269
Error variance			.01	.03	.02	.05	.04	-	.02	.02	.20	.01	.05	.01	.07



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total		156	6	10	31	37	23	22	9	18	101	49	30	44	48	29	49	33	44	26
Total		152	5	9	31	36	22	21	9	18	99	48	27	43	47	30	52	29	43	25
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	23	1	-	2	6	3	4	3	4	11	2	5	6	9	7	5	8	3
		15%	15%	-	8%	16%	15%	17%	35%	20%	12%	21%	6%	12%	14%	30%	13%	16%	18%	14%
Increased a bit		(4.0)	35	1	2	4	7	5	8	2	5	18	7	6	14	7	12	5	8	9
		23%	22%	27%	12%	19%	22%	36%	27%	29%	18%	32% c	27%	14%	29%	22%	23%	17%	19%	35%
Stayed the same		(3.0)	46	1	3	8	16	7	4	2	6	33	8	12	14	10	20	10	11	3
		30%	18%	31%	26%	43%	30%	19%	18%	33%	34%	24%	30%	28%	30%	32%	39%	36%	25%	12%
Decreased a bit		(2.0)	27	1	2	9	4	3	3	2	3	17	3	11	10	2	8	5	9	5
		18%	31%	23%	28%	12%	12%	15%	21%	18%	18%	17%	12%	26%	21%	6%	15%	18%	20%	22%
Decreased a lot		(1.0)	18	-	2	6	4	4	3	-	-	15	6	6	3	2	5	2	6	4
		12%	-	19%	18%	10%	18%	13%	-	-	15%	6% c	22%	15%	6%	7%	10%	7%	14%	15%
Don't know		3	1	-	1	-	1	-	-	-	2	-	1	1	-	-	-	2	-	1
		2%	15%	-	4%	-	3%	-	-	-	2%	-	3%	3%	-	-	-	6%	-	3%
I wasn't doing this activity last year		1	-	-	1	-	-	-	-	-	1	-	-	1	-	1	-	-	1	-
		1%	-	-	5%	-	-	-	-	-	1%	-	-	2%	-	2%	-	-	3%	-
NET: Increased		57	2	2	6	13	8	11	6	9	30	26	9	11	20	16	19	10	16	12
		38%	37%	27%	20%	35%	37%	53%	61%	49%	30%	53% ci	34%	26%	43%	52%	36%	34%	37%	48%
NET: Decreased		45	1	4	14	8	7	6	2	3	32	11	9	17	13	4	13	7	15	9
		30%	31%	42%	46% dj	22%	30%	28%	21%	18%	33%	23%	33%	41%	28%	13%	25%	24%	35%	37%
Base for stats		148	4	9	28	36	22	21	9	18	95	48	27	41	47	29	52	27	42	24
Mean Score		3.12	3.25	2.66	2.61	3.18	3.05	3.29	3.75	3.51	2.93	3.46 i	2.85	2.82	3.22	3.63	3.14	3.20	3.06	3.11
Standard Deviation		1.226	1.294	1.139	1.210	1.159	1.340	1.299	1.208	1.028	1.223	1.175	1.261	1.254	1.132	1.213	1.142	1.170	1.335	1.347
Standard Error		.100	.579	.360	.229	.190	.286	.277	.403	.242	.124	.168	.234	.193	.163	.229	.163	.210	.206	.269
Error variance		.01	.33	.13	.05	.04	.08	.08	.16	.06	.02	.03	.05	.04	.03	.05	.03	.04	.04	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.13. Swimming: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		156	76	54	22
Total		152	73	53	23
		100%	100%	100%	100%
Increased a lot	(5.0)	23	18	3	2
		15%	24% b	5%	7%
Increased a bit	(4.0)	35	25	6	4
		23%	34% b	11%	17%
Stayed the same	(3.0)	46	16	26	3
		30%	23%	49% a	13%
Decreased a bit	(2.0)	27	7	12	7
		18%	10%	23% a	32%
Decreased a lot	(1.0)	18	5	5	7
		12%	7%	9%	32%
Don't know		3	1	1	-
		2%	1%	2%	-
I wasn't doing this activity last year		1	1	1	-
		1%	1%	1%	-
NET: Increased		57	43	8	5
		38%	58% b	16%	23%
NET: Decreased		45	12	17	15
		30%	17%	32% a	64%
Base for stats		148	71	51	23
Mean Score		3.12	3.59 b	2.79	2.34
Standard Deviation		1.226	1.186	.951	1.294
Standard Error		.100	.138	.132	.276
Error variance		.01	.02	.02	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		62	35	27	47	14	1	2	10	2	3	6	3	18	10	8
Total		58	34	25	43	14	1	2	10	2	3	5	2	18	10	7
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	16	10	6	11	4	1	1	4	-	-	-	-	9	2	1
		28%	30%	26%	26%	31%	100%	45%	37%	-	-	-	-	49%	24%	10%
Increased a bit	(4.0)	17	11	7	14	3	-	1	3	-	1	2	2	1	4	3
		29%	32%	26%	33%	20%	-	55%	25%	-	31%	33%	100%	8%	41%	48%
Stayed the same	(3.0)	15	8	7	11	4	-	-	2	2	2	1	-	4	2	2
		26%	24%	29%	26%	29%	-	-	19%	100%	69%	29%	-	25%	18%	30%
Decreased a bit	(2.0)	9	5	4	6	3	-	-	2	-	-	2	-	3	1	1
		15%	14%	15%	14%	20%	-	-	18%	-	-	38%	-	18%	9%	12%
Decreased a lot	(1.0)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Don't know		1	-	1	1	-	-	-	-	-	-	-	-	-	1	-
		1%	-	3%	2%	-	-	-	-	-	-	-	-	-	8%	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		34	21	13	25	7	1	2	6	-	1	2	2	10	6	4
		57%	61%	52%	58%	52%	100%	100%	62%	-	31%	33%	100%	57%	65%	58%
NET: Decreased		9	5	4	6	3	-	-	2	-	-	2	-	3	1	1
		15%	14%	15%	14%	20%	-	-	18%	-	-	38%	-	18%	9%	12%
Base for stats		58	34	24	43	14	1	2	10	2	3	5	2	18	9	7
Mean Score		3.72	3.76	3.65	3.72	3.63	5.00	4.45	3.81	3.00	3.31	2.95	4.00	3.88	3.87	3.56
Standard Deviation		1.045	1.045	1.064	1.012	1.159	-	.792	1.184	-	.581	.945	-	1.236	.967	.901
Standard Error		.134	.177	.209	.149	.310	-	.560	.374	-	.336	.386	-	.291	.322	.318
Error variance		.02	.03	.04	.02	.10	-	.31	.14	-	.11	.15	-	.08	.10	.10

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		62	14	11	19	11	4	3	44	18	42	2	9	5	1	1	18
Total		58	14	11	18	10	3	2	43	15	39	2	8	5	1	1	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	16	9	3	2	1	-	1	15	2	10	1	2	3	-	-	6
		28%	64%	30%	13%	9%	-	29%	34%	11%	27%	54%	26%	47%	-	-	34%
Increased a bit	(4.0)	17	3	3	3	7	1	1	8	9	13	-	2	1	1	-	4
		29%	19%	26%	15%	71%	45%	30%	19%	59%	34%	-	27%	16%	100%	-	22%
Stayed the same	(3.0)	15	2	1	10	1	1	1	13	3	12	-	2	1	-	1	4
		26%	11%	8%	57%	11%	22%	41%	29%	18%	29%	-	22%	22%	-	100%	22%
Decreased a bit	(2.0)	9	1	4	2	1	1	-	7	2	4	1	2	1	-	-	4
		15%	6%	36%	10%	9%	33%	-	16%	13%	10%	46%	25%	15%	-	-	22%
Decreased a lot	(1.0)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Don't know		1	-	-	1	-	-	-	1	-	-	-	-	-	-	-	-
		1%	-	-	5%	-	-	-	2%	-	-	-	-	-	-	-	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		34	12	6	5	8	1	1	23	10	24	1	4	3	1	-	10
		57%	83%	56%	28%	80%	45%	59%	53%	69%	61%	54%	53%	63%	100%	-	55%
NET: Decreased		9	1	4	2	1	1	-	7	2	4	1	2	1	-	-	4
		15%	6%	36%	10%	9%	33%	-	16%	13%	10%	46%	25%	15%	-	-	22%
Base for stats		58	14	11	17	10	3	2	43	15	39	2	8	5	1	1	18
Mean Score		3.72	4.41	3.50	3.33	3.79	3.12	3.89	3.73	3.67	3.78	3.62	3.53	3.96	4.00	3.00	3.67
Standard Deviation		1.045	.944	1.307	.871	.767	1.063	1.073	1.114	.856	.965	1.992	1.198	1.252	-	-	1.194
Standard Error		.134	.252	.394	.205	.231	.531	.619	.170	.202	.149	1.408	.399	.560	-	-	.281
Error variance		.02	.06	.16	.04	.05	.28	.38	.03	.04	.02	1.98	.16	.31	-	-	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	*a	*b	*c	*d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
62	29	15	11	26	7	3	31	7	5	1	1	4	2	1	10	
58	23	17	13	30	7	3	31	7	5	1	1	3	2	1	9	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16	3	6	6	12	3	1	9	1	1	-	-	-	1	-	4	
28%	14%	36%	50%	42%	49%	34%	29%	19%	24%	-	-	-	42%	-	45%	
17	10	3	3	6	1	2	8	2	3	-	1	1	-	1	3	
29%	44%	19%	25%	21%	22%	66%	25%	24%	59%	-	100%	23%	-	100%	34%	
15	9	6	-	6	1	-	9	2	1	1	-	1	1	-	1	
26%	39%	33%	-	19%	13%	-	28%	25%	17%	100%	-	50%	58%	-	9%	
9	1	2	3	5	1	-	5	2	-	-	-	-	-	-	1	
15%	3%	12%	25%	18%	16%	-	18%	33%	-	-	-	-	-	-	12%	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
1	-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	
1%	-	-	-	-	-	-	-	-	-	-	-	27%	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
34	13	9	9	19	5	3	17	3	4	-	1	1	1	1	7	
57%	58%	55%	75%	63%	71%	100%	54%	43%	83%	-	100%	23%	42%	100%	79%	
9	1	2	3	5	1	-	5	2	-	-	-	-	-	-	1	
15%	3%	12%	25%	18%	16%	-	18%	33%	-	-	-	-	-	-	12%	
58	23	17	13	30	7	3	31	7	5	1	1	2	2	1	9	
3.72	3.68	3.78	4.00	3.87	4.04	4.34	3.66	3.29	4.08	3.00	4.00	3.32	3.84	4.00	4.12	
1.045	.768	1.100	1.279	1.162	1.220	.607	1.097	1.206	.718	-	-	.633	1.505	-	1.056	
.134	.143	.284	.386	.228	.461	.350	.197	.456	.321	-	-	.365	1.064	-	.334	
.02	.02	.08	.15	.05	.21	.12	.04	.21	.10	-	-	.13	1.13	-	.11	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self							
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others		
Significance Level: 95%			*a	*b	*c	*d	*e	*f		*a	*b	*c	*d	*e	*f		*a	b	*c	*d	e
Unweighted Total	62	19	16	8	3	24	22		22	14	8	3	22	25		7	32	20	3	55	
Total	58	18	16	8	3	23	21		21	14	7	3	21	24		6	31	19	3	53	
	100%	100%	100%	100%	100%	100%	100%		100%	100%	100%	100%	100%	100%		100%	100%	100%	100%	100%	
Increased a lot	(5.0)	16	7	4	-	1	4	9	6	4	1	1	5	8		-	8	9	-	16	
	28%	41%	23%	-	44%	15%	42%		30%	27%	15%	39%	23%	31%		-	25%	45%	-	31%	
Increased a bit	(4.0)	17	5	7	-	2	7	7	7	4	3	-	6	7		2	9	5	1	15	
	29%	29%	42%	-	56%	29%	33%		35%	26%	35%	-	29%	30%		41%	29%	26%	32%	28%	
Stayed the same	(3.0)	15	5	2	3	-	5	5	7	2	1	2	3	9		3	10	2	1	13	
	26%	30%	16%	39%	-	23%	26%		35%	12%	13%	61%	12%	39%		43%	31%	12%	39%	24%	
Decreased a bit	(2.0)	9	-	3	5	-	8	-	-	5	3	-	8	-		1	4	3	1	8	
	15%	-	19%	61%	-	33%	-		-	36%	36%	-	36%	-		16%	12%	17%	29%	15%	
Decreased a lot	(1.0)	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	
Don't know	1	-	-	-	-	-	-	-	-	-	-	-	-	-		-	1	-	-	1	
	1%	-	-	-	-	-	-	-	-	-	-	-	-	-		-	3%	-	-	2%	
I wasn't doing this activity last year	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	
	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	
NET: Increased	34	13	10	-	3	10	16		14	7	4	1	11	15		2	17	13	1	31	
	57%	70%	66%	-	100%	44%	74%		65%	53%	50%	39%	52%	61%		41%	54%	71%	32%	59%	
NET: Decreased	9	-	3	5	-	8	-		-	5	3	-	8	-		1	4	3	1	8	
	15%	-	19%	61%	-	33%	-		-	36%	36%	-	36%	-		16%	12%	17%	29%	15%	
Base for stats	58	18	16	8	3	23	21		21	14	7	3	21	24		6	30	19	3	52	
Mean Score	3.72	4.12	3.70	2.39	4.44	3.27	4.16		3.94	3.44	3.29	3.77	3.39	3.92		3.26	3.69	4.00	3.03	3.77	
Standard Deviation	1.045	.859	1.057	.523	.609	1.100	.823		.822	1.269	1.201	1.164	1.218	.848		.779	1.009	1.145	.994	1.065	
Standard Error	.134	.197	.264	.185	.352	.224	.176		.175	.339	.425	.672	.260	.170		.294	.181	.256	.574	.145	
Error variance	.02	.04	.07	.03	.12	.05	.03		.03	.11	.18	.45	.07	.03		.09	.03	.07	.33	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	*b	*a	*b	*c	*d	e	*f	a	*b	a	*b	
Unweighted Total		62	33	20	13	16	4	29	30	3	50	12	50	11	
Total		58	33	18	12	15	4	29	28	3	49	10	48	9	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot		(5.0)	16	12	5	4	3	1	9	7	1	16	1	16	-
			28%	36%	25%	34%	22%	35%	31%	27%	40%	32%	8%	34%	-
Increased a bit		(4.0)	17	9	5	3	6	1	8	9	-	13	4	14	3
			29%	28%	30%	21%	37%	21%	27%	32%	-	27%	40%	29%	33%
Stayed the same		(3.0)	15	7	6	3	4	1	9	7	1	14	1	11	5
			26%	20%	34%	23%	29%	19%	30%	25%	34%	28%	16%	23%	49%
Decreased a bit		(2.0)	9	5	2	3	2	1	3	4	1	6	3	7	2
			15%	15%	11%	21%	12%	25%	12%	16%	26%	12%	28%	14%	19%
Decreased a lot		(1.0)	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-
Don't know			1	-	-	-	-	-	-	-	-	-	1	-	-
			1%	-	-	-	-	-	-	-	-	-	9%	-	-
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased			34	21	10	7	9	2	17	16	1	29	5	31	3
			57%	64%	55%	56%	58%	56%	58%	59%	40%	59%	48%	63%	33%
NET: Decreased			9	5	2	3	2	1	3	4	1	6	3	7	2
			15%	15%	11%	21%	12%	25%	12%	16%	26%	12%	28%	14%	19%
Base for stats			58	33	18	12	15	4	29	28	3	49	9	48	9
Mean Score			3.72	3.85	3.69	3.69	3.68	3.66	3.78	3.70	3.54	3.79	3.30	3.83	3.14
Standard Deviation			1.045	1.090	.990	1.200	.978	1.395	1.038	1.054	1.534	1.036	1.058	1.064	.744
Standard Error			.134	.190	.221	.333	.244	.697	.193	.192	.886	.147	.319	.150	.224
Error variance			.02	.04	.05	.11	.06	.49	.04	.04	.78	.02	.10	.02	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total		62	2	4	6	14	14	9	4	9	38	22	9	18	19	15	23	11	16	11
Total		58	2	4	5	12	15	8	4	9	36	21	8	17	17	15	21	10	16	11
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	16	-	1	-	3	4	1	3	5	8	1	4	4	7	5	3	4	5
		28%	-	24%	-	26%	29%	11%	60%	52%	23%	38%	10%	26%	24%	46%	25%	27%	23%	43%
Increased a bit		(4.0)	17	1	2	2	4	4	3	-	2	11	2	5	4	6	5	2	4	5
		29%	49%	46%	30%	32%	28%	44%	-	18%	32%	24%	18%	30%	26%	40%	23%	19%	29%	47%
Stayed the same		(3.0)	15	-	1	4	4	2	2	1	2	11	4	5	5	2	7	3	5	1
		26%	-	30%	70%	35%	14%	21%	16%	21%	31%	20%	46%	29%	27%	14%	32%	29%	31%	9%
Decreased a bit		(2.0)	9	-	-	-	1	4	2	1	5	4	2	3	4	-	4	2	3	-
		15%	-	-	-	7%	28%	24%	25%	9%	14%	18%	25%	15%	23%	-	20%	17%	18%	-
Decreased a lot		(1.0)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Don't know		1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-
		1%	51%	-	-	-	-	-	-	-	-	-	-	-	-	-	-	8%	-	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		34	1	3	2	7	8	4	3	6	20	13	2	10	8	13	10	5	8	10
		57%	49%	70%	30%	58%	58%	55%	60%	70%	55%	62%	29%	56%	50%	86%	48%	46%	51%	91%
NET: Decreased		9	-	-	-	1	4	2	1	1	5	4	2	3	4	-	4	2	3	-
		15%	-	-	-	7%	28%	24%	25%	9%	14%	18%	25%	15%	23%	-	20%	17%	18%	-
Base for stats		58	1	4	5	12	15	8	4	9	36	21	8	17	17	15	21	9	16	11
Mean Score		3.72	4.00	3.94	3.30	3.77	3.59	3.41	3.95	4.13	3.64	3.83	3.14	3.66	3.50	4.32	3.54	3.62	3.56	4.34
Standard Deviation		1.045	-	.858	.507	.958	1.220	1.036	1.501	1.097	1.000	1.152	.970	1.054	1.128	.728	1.100	1.159	1.065	.674
Standard Error		.134	-	.429	.207	.256	.326	.345	.751	.366	.162	.246	.323	.248	.259	.188	.229	.367	.266	.203
Error variance		.02	-	.18	.04	.07	.11	.12	.56	.13	.03	.06	.10	.06	.07	.04	.05	.13	.07	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	*b	*c
Unweighted Total		62	38	13	9
Total		58	37	11	8
		100%	100%	100%	100%
Increased a lot	(5.0)	16	16	-	-
		28%	44%	-	-
Increased a bit	(4.0)	17	12	3	2
		29%	31%	29%	19%
Stayed the same	(3.0)	15	7	5	3
		26%	20%	47%	31%
Decreased a bit	(2.0)	9	2	3	4
		15%	4%	24%	51%
Decreased a lot	(1.0)	-	-	-	-
		-	-	-	-
Don't know		1	-	-	-
		1%	-	-	-
I wasn't doing this activity last year		-	-	-	-
		-	-	-	-
NET: Increased		34	28	3	2
		57%	76%	29%	19%
NET: Decreased		9	2	3	4
		15%	4%	24%	51%
Base for stats		58	37	11	8
Mean Score		3.72	4.16	3.05	2.68
Standard Deviation		1.045	.905	.759	.820
Standard Error		.134	.147	.211	.273
Error variance		.02	.02	.04	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			*a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		46	25	21	35	11	-	4	8	-	1	8	3	14	4	4
Total		42	22	20	31	11	-	3	8	-	1	6	2	14	3	4
		100%	100%	100%	100%	100%	-	100%	100%	-	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	10	7	3	7	4	-	-	3	-	-	1	-	5	1	-
		25%	32%	16%	22%	32%	-	-	42%	-	-	23%	-	34%	25%	-
Increased a bit	(4.0)	12	6	6	8	3	-	1	-	-	-	3	1	4	1	2
		27%	25%	30%	27%	30%	-	25%	-	-	-	43%	38%	30%	25%	54%
Stayed the same	(3.0)	13	5	7	10	2	-	1	2	-	1	1	-	5	2	1
		30%	23%	38%	33%	22%	-	21%	27%	-	100%	11%	-	36%	51%	29%
Decreased a bit	(2.0)	1	1	-	1	-	-	-	-	-	-	1	-	-	-	-
		2%	3%	-	2%	-	-	-	-	-	-	10%	-	-	-	-
Decreased a lot	(1.0)	5	3	2	3	2	-	1	2	-	-	1	1	-	-	-
		11%	13%	8%	9%	15%	-	24%	31%	-	-	12%	31%	-	-	-
Don't know		2	1	1	2	-	-	1	-	-	-	-	1	-	-	-
		4%	4%	4%	5%	-	-	30%	-	-	-	-	31%	-	-	-
I wasn't doing this activity last year		1	-	1	1	-	-	-	-	-	-	-	-	-	-	1
		2%	-	4%	2%	-	-	-	-	-	-	-	-	-	-	17%
NET: Increased		22	13	9	15	7	-	1	3	-	-	4	1	9	2	2
		52%	57%	47%	49%	62%	-	25%	42%	-	-	66%	38%	64%	49%	54%
NET: Decreased		5	4	2	4	2	-	1	2	-	-	1	1	-	-	-
		12%	16%	8%	11%	15%	-	24%	31%	-	-	23%	31%	-	-	-
Base for stats		40	22	18	29	11	-	2	8	-	1	6	2	14	3	4
Mean Score		3.57	3.63	3.50	3.54	3.64	-	2.68	3.24	-	3.00	3.54	2.66	3.99	3.74	3.65
Standard Deviation		1.236	1.363	1.103	1.191	1.405	-	1.755	1.815	-	-	1.406	2.447	.869	.991	.562
Standard Error		.188	.278	.253	.211	.424	-	1.014	.642	-	-	.497	1.730	.232	.495	.325
Error variance		.04	.08	.06	.04	.18	-	1.03	.41	-	-	.25	2.99	.05	.25	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		46	11	13	8	9	4	1	32	14	31	-	10	2	1	1	14
Total		42	11	14	7	6	3	1	32	10	29	-	9	2	1	1	12
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%
Increased a lot	(5.0)	10	5	4	-	1	-	-	9	1	7	-	2	1	-	-	3
		25%	44%	29%	-	22%	-	-	28%	14%	24%	-	23%	62%	-	-	27%
Increased a bit	(4.0)	12	4	2	4	2	1	-	9	2	8	-	4	-	-	-	4
		27%	31%	14%	53%	24%	25%	-	29%	22%	28%	-	40%	-	-	-	29%
Stayed the same	(3.0)	13	1	7	2	2	-	1	10	3	9	-	3	-	-	1	3
		30%	9%	51%	26%	32%	-	100%	30%	28%	33%	-	29%	-	-	100%	26%
Decreased a bit	(2.0)	1	-	-	-	-	1	-	-	1	1	-	-	-	-	-	-
		2%	-	-	-	-	23%	-	-	7%	2%	-	-	-	-	-	-
Decreased a lot	(1.0)	5	1	1	1	1	-	-	3	1	2	-	1	1	-	-	1
		11%	8%	6%	20%	22%	-	-	10%	14%	8%	-	8%	38%	-	-	12%
Don't know		2	1	-	-	-	1	-	1	1	1	-	-	-	1	-	1
		4%	8%	-	-	-	25%	-	3%	7%	3%	-	-	-	100%	-	6%
I wasn't doing this activity last year		1	-	-	-	-	1	-	-	1	1	-	-	-	-	-	-
		2%	-	-	-	-	27%	-	-	7%	3%	-	-	-	-	-	-
NET: Increased		22	9	6	4	3	1	-	18	4	15	-	6	1	-	-	7
		52%	75%	43%	53%	46%	25%	-	57%	36%	52%	-	63%	62%	-	-	56%
NET: Decreased		5	1	1	1	1	1	-	3	2	3	-	1	1	-	-	1
		12%	8%	6%	20%	22%	23%	-	10%	21%	10%	-	8%	38%	-	-	12%
Base for stats		40	11	14	7	6	1	1	31	9	28	-	9	2	-	1	12
Mean Score		3.57	4.14	3.60	3.13	3.23	3.03	3.00	3.67	3.18	3.62	-	3.70	3.48	-	3.00	3.63
Standard Deviation		1.236	1.197	1.131	1.238	1.521	1.997	-	1.202	1.361	1.156	-	1.138	2.714	-	-	1.313
Standard Error		.188	.378	.314	.438	.507	1.412	-	.216	.393	.215	-	.360	1.919	-	-	.364
Error variance		.04	.14	.10	.19	.26	1.99	-	.05	.15	.05	-	.13	3.68	-	-	.13

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status												
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%			*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total		46	24	9	9	18	3	4	21	6	2	2	2	3	1	2	7	
Total		42	18	11	10	21	3	4	20	7	2	1	2	2	1	2	6	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Increased a lot	(5.0)	10	2	6	1	7	2	1	5	2	-	-	-	-	1	-	3	
		25%	12%	56%	12%	35%	73%	33%	22%	31%	-	-	-	-	100%	-	50%	
Increased a bit	(4.0)	12	5	2	3	6	1	2	5	1	-	-	1	1	-	1	3	
		27%	30%	21%	31%	26%	27%	67%	25%	16%	-	-	51%	33%	-	56%	50%	
Stayed the same	(3.0)	13	5	3	5	7	-	-	5	4	2	-	1	1	-	-	-	
		30%	30%	23%	48%	35%	-	-	25%	54%	100%	-	49%	67%	-	-	-	
Decreased a bit	(2.0)	1	1	-	-	-	-	-	1	-	-	-	-	-	-	-	-	
		2%	4%	-	-	-	-	-	3%	-	-	-	-	-	-	-	-	
Decreased a lot	(1.0)	5	3	-	-	-	-	-	3	-	-	1	-	-	-	-	-	
		11%	17%	-	-	-	-	-	16%	-	-	100%	-	-	-	-	-	
Don't know		2	1	-	1	1	-	-	1	-	-	-	-	-	-	1	-	
		4%	4%	-	9%	4%	-	-	5%	-	-	-	-	-	-	44%	-	
I wasn't doing this activity last year		1	1	-	-	-	-	1	-	-	-	-	-	-	-	-		
		2%	4%	-	-	-	-	4%	-	-	-	-	-	-	-	-		
NET: Increased		22	8	9	4	13	3	4	10	3	-	-	1	1	1	1	6	
		52%	42%	77%	43%	61%	100%	100%	48%	46%	-	-	51%	33%	100%	56%	100%	
NET: Decreased		5	4	-	-	-	-	-	4	-	-	1	-	-	-	-	-	
		12%	20%	-	-	-	-	-	19%	-	-	100%	-	-	-	-	-	
Base for stats		40	17	11	9	20	3	4	18	7	2	1	2	2	1	1	6	
Mean Score		3.57	3.19	4.33	3.61	4.00	4.73	4.33	3.39	3.77	3.00	1.00	3.51	3.33	5.00	4.00	4.50	
Standard Deviation		1.236	1.301	.866	.750	.875	.556	.553	1.392	.966	*	*	.821	.652	-	-	.545	
Standard Error		.188	.277	.289	.265	.212	.321	.276	.319	.394	*	*	.580	.376	-	-	.206	
Error variance		.04	.08	.08	.07	.05	.10	.08	.10	.16	*	*	.34	.14	-	-	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
Unweighted Total	46	14	10	9	2	19	16	11	17	5	2	22	13	4	20	18	4	42
Total	42	14	9	8	2	17	16	11	16	4	3	20	13	4	19	17	3	39
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	10	4	1	1	2	6	1	5	-	1	5	3	1	6	3	-	9
	25%	31%	13%	9%	64%	11%	36%	12%	32%	-	50%	26%	19%	35%	31%	20%	-	24%
Increased a bit	(4.0)	12	4	2	2	4	4	4	2	1	1	3	5	1	5	5	1	11
	27%	29%	26%	24%	-	25%	26%	37%	15%	19%	50%	16%	39%	22%	25%	30%	32%	28%
Stayed the same	(3.0)	13	3	4	3	7	3	3	6	1	-	7	3	1	5	7	-	12
	30%	24%	43%	39%	-	41%	21%	29%	40%	24%	-	36%	23%	21%	24%	44%	-	31%
Decreased a bit	(2.0)	1	1	-	-	-	1	-	1	-	-	1	-	-	1	-	-	1
	2%	5%	-	-	-	-	4%	-	4%	-	-	3%	-	-	3%	-	-	2%
Decreased a lot	(1.0)	5	1	1	2	3	2	1	1	2	-	4	1	1	2	-	2	4
	11%	6%	8%	28%	36%	18%	9%	8%	9%	57%	-	19%	6%	22%	8%	-	68%	10%
Don't know		2	-	1	-	1	-	1	-	-	-	-	1	-	1	1	-	2
	4%	-	10%	-	-	5%	-	8%	-	-	-	-	7%	-	4%	5%	-	4%
I wasn't doing this activity last year		1	1	-	-	-	1	1	-	-	-	-	1	-	1	-	-	1
	2%	5%	-	-	-	-	5%	7%	-	-	-	-	6%	-	4%	-	-	2%
NET: Increased	22	9	4	3	1	6	10	5	8	1	3	8	8	2	10	8	1	20
	52%	61%	39%	33%	64%	36%	61%	48%	47%	19%	100%	42%	58%	57%	56%	51%	32%	52%
NET: Decreased	5	1	1	2	1	3	2	1	2	2	-	4	1	1	2	-	2	4
	12%	10%	8%	28%	36%	18%	14%	8%	13%	57%	-	22%	6%	22%	12%	-	68%	11%
Base for stats	40	13	8	8	2	17	15	9	16	4	3	20	12	4	17	16	3	36
Mean Score	3.57	3.80	3.41	2.86	3.58	3.13	3.77	3.53	3.57	2.05	4.50	3.27	3.74	3.48	3.72	3.75	1.96	3.58
Standard Deviation	1.236	1.179	1.094	1.395	2.709	1.247	1.309	1.089	1.271	1.443	.640	1.411	1.067	1.769	1.258	.811	1.684	1.203
Standard Error	.188	.327	.365	.465	1.916	.294	.338	.363	.308	.645	.452	.301	.322	.884	.296	.197	.842	.193
Error variance	.04	.11	.13	.22	3.67	.09	.11	.13	.10	.42	.20	.09	.10	.78	.09	.04	.71	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			*a	*b	*a	*b	*c	*d	*e	*f	a	*b	a	*b
Unweighted Total		46	26	15	9	12	5	22	22	3	33	13	39	7
Total		42	25	13	8	11	4	20	21	3	32	11	36	6
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	10	6	3	2	4	1	3	6	1	9	2	10	-
		25%	25%	22%	24%	40%	18%	17%	29%	46%	28%	15%	29%	-
Increased a bit	(4.0)	12	7	4	2	2	2	6	6	-	8	4	11	1
		27%	26%	34%	29%	22%	38%	30%	28%	-	25%	35%	30%	15%
Stayed the same	(3.0)	13	9	3	3	2	2	6	6	1	11	2	11	2
		30%	36%	22%	38%	17%	44%	32%	31%	24%	35%	16%	29%	33%
Decreased a bit	(2.0)	1	-	1	-	-	-	1	-	-	-	1	1	-
		2%	-	5%	-	-	-	3%	-	-	-	6%	2%	-
Decreased a lot	(1.0)	5	2	1	1	1	-	2	1	1	2	2	2	2
		11%	9%	6%	9%	13%	-	11%	7%	30%	7%	22%	6%	40%
Don't know		2	1	1	-	1	-	1	1	-	1	1	1	1
		4%	4%	6%	-	8%	-	4%	4%	-	3%	7%	2%	12%
I wasn't doing this activity last year		1	-	1	-	-	-	1	-	-	1	-	1	-
		2%	-	6%	-	-	-	4%	-	-	2%	-	2%	-
NET: Increased		22	13	7	4	7	2	9	12	1	17	5	21	1
		52%	51%	56%	53%	61%	56%	46%	57%	46%	53%	49%	58%	15%
NET: Decreased		5	2	1	1	1	-	3	1	1	2	3	3	2
		12%	9%	11%	9%	13%	-	15%	7%	30%	7%	28%	8%	40%
Base for stats		40	24	11	8	10	4	18	20	3	30	10	35	5
Mean Score		3.57	3.61	3.70	3.59	3.81	3.73	3.40	3.75	3.33	3.70	3.16	3.76	2.25
Standard Deviation		1.236	1.166	1.152	1.201	1.450	.840	1.217	1.149	2.173	1.137	1.480	1.110	1.335
Standard Error		.188	.233	.319	.400	.437	.376	.272	.251	1.255	.204	.427	.183	.545
Error variance		.04	.05	.10	.16	.19	.14	.07	.06	1.57	.04	.18	.03	.30

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total		46	-	3	7	10	10	9	4	3	30	16	15	9	13	9	13	9	16	8
Total		42	-	3	6	7	10	9	5	3	26	16	14	7	12	9	12	8	14	8
		100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	10	1	1	1	4	-	2	1	7	4	2	-	2	6	3	1	2	4
		25%	-	39%	12%	11%	39%	-	53%	46%	25%	23%	15%	-	16%	71%	26%	10%	14%	53%
Increased a bit		(4.0)	12	2	2	1	2	3	1	1	7	4	7	1	3	1	4	2	4	1
		27%	-	61%	28%	20%	21%	33%	18%	27%	27%	28%	50%	10%	21%	14%	32%	30%	29%	15%
Stayed the same		(3.0)	13	-	3	1	3	4	1	-	7	5	3	2	6	1	3	3	4	3
		30%	-	-	47%	19%	32%	48%	28%	-	27%	34%	24%	29%	49%	15%	23%	40%	29%	31%
Decreased a bit		(2.0)	1	-	-	1	-	-	-	-	1	-	-	1	-	-	-	1	-	-
		2%	-	-	-	9%	-	-	-	-	2%	-	-	9%	-	-	-	9%	-	-
Decreased a lot		(1.0)	5	-	-	2	-	2	-	1	2	2	2	2	1	-	2	1	2	-
		11%	-	-	-	31%	-	18%	-	28%	9%	15%	11%	32%	6%	-	18%	10%	11%	-
Don't know		2	-	-	-	1	1	-	-	-	2	-	-	1	1	-	-	-	2	-
		4%	-	-	-	10%	9%	-	-	-	6%	-	-	10%	8%	-	-	-	12%	-
I wasn't doing this activity last year		1	-	-	1	-	-	-	-	-	1	-	-	1	-	-	-	-	1	-
		2%	-	-	13%	-	-	-	-	-	3%	-	-	10%	-	-	-	-	5%	-
NET: Increased		22	-	3	2	2	6	3	3	2	14	8	9	1	5	8	7	3	6	6
		52%	-	100%	40%	31%	59%	33%	72%	72%	53%	51%	65%	10%	37%	85%	59%	41%	43%	69%
NET: Decreased		5	-	-	-	3	-	2	-	1	3	2	2	3	1	-	2	1	2	-
		12%	-	-	-	40%	-	18%	-	28%	11%	15%	11%	41%	6%	-	18%	19%	11%	-
Base for stats		40	-	3	5	7	9	9	5	3	24	16	14	6	11	9	12	8	12	8
Mean Score		3.57	-	4.39	3.60	2.67	4.08	2.97	4.25	3.62	3.64	3.45	3.58	2.20	3.44	4.56	3.49	3.22	3.41	4.22
Standard Deviation		1.236	-	.581	.810	1.563	.927	1.100	.982	2.095	1.210	1.305	1.130	1.213	1.057	.787	1.423	1.160	1.227	.954
Standard Error		.188	-	.335	.331	.521	.309	.367	.491	1.210	.233	.326	.292	.459	.305	.262	.395	.387	.340	.337
Error variance		.04	-	.11	.11	.27	.10	.13	.24	1.46	.05	.11	.09	.21	.09	.07	.16	.15	.12	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.15. Water sports (such as surfing, rowing, sailing etc.): Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year		
		Total	NET: More	About the same
			NET: Less	
Significance Level: 95%			*a	*b
Unweighted Total		46	28	10
Total		42	28	8
		100%	100%	100%
Increased a lot	(5.0)	10	7	2
		25%	25%	24%
Increased a bit	(4.0)	12	7	4
		27%	25%	48%
Stayed the same	(3.0)	13	11	1
		30%	39%	9%
Decreased a bit	(2.0)	1	1	-
		2%	2%	-
Decreased a lot	(1.0)	5	1	2
		11%	3%	19%
Don't know		2	1	-
		4%	3%	-
I wasn't doing this activity last year		1	1	-
		2%	3%	-
NET: Increased		22	14	6
		52%	50%	73%
NET: Decreased		5	1	2
		12%	5%	19%
Base for stats		40	26	8
Mean Score		3.57	3.71	3.59
Standard Deviation		1.236	1.005	1.451
Standard Error		.188	.197	.459
Error variance		.04	.04	.21



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		60	27	33	43	17	-	1	12	4	6	4	1	22	7	3
Total		60	26	33	42	17	-	1	13	4	6	3	1	22	7	3
		100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	21	7	13	15	6	-	-	6	1	2	2	1	8	1	-
		35%	28%	40%	35%	35%	-	-	46%	28%	30%	54%	100%	37%	16%	-
Increased a bit	(4.0)	15	7	8	11	4	-	-	3	2	2	1	-	6	1	1
		25%	27%	24%	27%	21%	-	-	21%	45%	37%	24%	-	26%	12%	31%
Stayed the same	(3.0)	15	9	6	11	4	-	-	3	1	2	-	-	5	1	2
		25%	33%	19%	25%	24%	-	-	27%	27%	33%	-	-	23%	17%	69%
Decreased a bit	(2.0)	5	2	4	4	2	-	1	1	-	-	-	-	2	2	-
		9%	6%	11%	9%	9%	-	100%	7%	-	-	-	-	9%	24%	-
Decreased a lot	(1.0)	2	1	1	2	-	-	-	-	-	-	-	-	1	1	-
		3%	4%	3%	5%	-	-	-	-	-	-	-	-	5%	14%	-
Don't know		2	1	1	-	2	-	-	-	-	-	1	-	-	1	-
		3%	3%	3%	-	11%	-	-	-	-	-	22%	-	-	16%	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		36	15	21	26	10	-	-	9	3	4	3	1	14	2	1
		60%	55%	64%	62%	56%	-	-	67%	73%	67%	78%	100%	63%	29%	31%
NET: Decreased		7	3	5	6	2	-	1	1	-	-	-	-	3	3	-
		12%	10%	14%	13%	9%	-	100%	7%	-	-	-	-	14%	38%	-
Base for stats		58	26	32	42	15	-	1	13	4	6	3	1	22	6	3
Mean Score		3.82	3.71	3.90	3.78	3.91	-	2.00	4.06	4.02	3.97	4.69	5.00	3.82	2.91	3.31
Standard Deviation		1.131	1.093	1.171	1.164	1.066	-	-	1.035	.865	.865	.592	-	1.191	1.507	.567
Standard Error		.148	.214	.207	.177	.275	-	-	.299	.432	.353	.342	-	.254	.615	.327
Error variance		.02	.05	.04	.03	.08	-	-	.09	.19	.12	.12	-	.06	.38	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		60	11	16	14	10	7	2	41	19	38	3	8	5	1	1	18
Total		60	12	16	14	9	6	2	43	17	38	3	8	6	1	1	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	21	7	3	8	1	1	-	18	2	12	2	3	4	-	-	9
		35%	61%	20%	55%	16%	13%	-	43%	13%	31%	66%	42%	64%	-	-	49%
Increased a bit	(4.0)	15	1	6	1	3	4	1	8	7	13	-	1	-	-	1	2
		25%	7%	38%	6%	31%	63%	40%	18%	43%	33%	-	10%	-	-	100%	9%
Stayed the same	(3.0)	15	1	3	4	5	1	-	8	6	10	-	2	1	-	-	3
		25%	7%	21%	29%	53%	24%	-	20%	38%	27%	-	25%	14%	-	-	15%
Decreased a bit	(2.0)	5	2	2	1	-	-	-	5	-	2	-	1	1	-	-	2
		9%	17%	10%	10%	-	-	-	12%	-	6%	-	9%	22%	-	-	11%
Decreased a lot	(1.0)	2	1	1	-	-	-	-	2	-	-	1	1	-	-	-	2
		3%	9%	6%	-	-	-	-	5%	-	-	34%	14%	-	-	-	11%
Don't know		2	-	1	-	-	-	1	1	1	1	-	-	-	1	-	1
		3%	-	5%	-	-	-	60%	2%	6%	3%	-	-	-	100%	-	4%
-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
NET: Increased		36	8	9	9	4	4	1	26	9	25	2	4	4	-	1	10
60%		68%	58%	61%	47%	76%	40%	62%	56%	64%	66%	52%	64%	-	100%	58%	
NET: Decreased		7	3	3	1	-	-	-	7	-	2	1	2	1	-	-	4
12%		26%	16%	10%	-	-	-	17%	-	6%	34%	23%	22%	-	-	22%	
Base for stats		58	12	15	14	9	6	1	42	16	37	3	8	6	-	1	17
Mean Score		3.82	3.94	3.59	4.05	3.62	3.88	4.00	3.85	3.73	3.92	3.64	3.57	4.06	-	4.00	3.77
Standard Deviation		1.131	1.519	1.162	1.160	.782	.658	-	1.261	.710	.934	2.354	1.552	1.423	-	-	1.512
Standard Error		.148	.458	.300	.310	.247	.249	-	.199	.167	.154	1.359	.549	.636	-	-	.367
Error variance		.02	.21	.09	.10	.06	.06	-	.04	.03	.02	1.85	.30	.40	-	-	.13

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	*a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
60	20	21	13	34	2	3	34	11	-	3	-	6	1	-	5	
60	16	24	15	39	2	3	35	11	-	2	-	5	1	-	5	
100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	-	100%	100%	-	100%	
21	1	8	8	17	2	1	14	2	-	-	-	1	-	-	3	
35%	9%	35%	56%	43%	100%	37%	41%	21%	-	-	-	17%	-	-	62%	
15	6	7	2	9	-	-	8	5	-	2	-	1	-	-	-	
25%	36%	31%	14%	24%	-	-	22%	45%	-	70%	-	18%	-	-	-	
15	4	6	4	9	-	-	11	2	-	1	-	2	-	-	-	
25%	25%	25%	24%	24%	-	-	30%	17%	-	30%	-	33%	-	-	-	
5	3	1	-	1	-	2	2	1	-	-	-	1	-	-	2	
9%	20%	5%	-	3%	-	63%	5%	8%	-	-	-	16%	-	-	38%	
2	1	-	1	1	-	-	1	1	-	-	-	-	-	-	-	
3%	6%	-	7%	3%	-	-	3%	9%	-	-	-	-	-	-	-	
2	1	1	-	1	-	-	-	-	-	-	-	1	1	-	-	
3%	5%	5%	-	3%	-	-	-	-	-	-	-	16%	100%	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
36	7	16	11	26	2	1	22	7	-	2	-	2	-	-	3	
60%	45%	66%	69%	67%	100%	37%	62%	66%	-	70%	-	35%	-	-	62%	
7	4	1	1	2	-	2	3	2	-	-	-	1	-	-	2	
12%	26%	5%	7%	6%	-	63%	7%	17%	-	-	-	16%	-	-	38%	
58	15	23	15	38	2	3	35	11	-	2	-	4	-	-	5	
3.82	3.23	4.00	4.11	4.05	5.00	3.12	3.93	3.60	-	3.70	-	3.42	-	-	3.86	
1.131	1.121	.939	1.226	1.048	-	1.761	1.083	1.230	-	.617	-	1.178	-	-	1.624	
.148	.257	.210	.340	.182	-	1.017	.186	.371	-	.356	-	.527	-	-	.726	
.02	.07	.04	.12	.03	-	1.03	.03	.14	-	.13	-	.28	-	-	.53	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e	*f	*a	b	*c	*d	e
Unweighted Total	60	21	10	12	4	22	25	14	19	14	2	33	16	4	32	21	3	56
Total	60	22	10	12	4	22	26	15	18	14	3	32	18	4	31	22	3	56
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	21	10	3	2	6	12	8	5	3	1	9	9	2	9	10	-	19
	35%	45%	33%	19%	56%	26%	46%	51%	30%	25%	50%	28%	51%	55%	28%	46%	-	33%
Increased a bit	(4.0)	15	5	5	2	7	5	4	7	4	-	11	4	1	7	5	2	14
	25%	20%	53%	17%	-	33%	17%	23%	37%	29%	-	34%	20%	22%	23%	23%	60%	25%
Stayed the same	(3.0)	15	4	1	5	6	6	3	2	5	1	7	4	1	9	4	1	14
	25%	17%	13%	42%	44%	29%	22%	20%	11%	34%	50%	21%	24%	23%	28%	19%	40%	25%
Decreased a bit	(2.0)	5	3	-	2	-	3	1	2	2	-	4	1	-	4	2	-	5
	9%	13%	-	13%	-	7%	11%	5%	11%	12%	-	11%	5%	-	12%	7%	-	9%
Decreased a lot	(1.0)	2	1	-	1	-	1	-	2	-	-	2	-	-	1	1	-	2
	3%	4%	-	9%	-	5%	4%	-	11%	-	-	6%	-	-	3%	5%	-	4%
Don't know	2	-	-	-	-	-	-	-	-	-	-	-	-	-	2	-	-	2
	3%	-	-	-	-	-	-	-	-	-	-	-	-	-	6%	-	-	3%
I wasn't doing this activity last year	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased	36	15	8	4	2	13	17	11	12	7	1	19	13	3	16	15	2	33
	60%	65%	87%	36%	56%	59%	64%	74%	66%	54%	50%	61%	71%	77%	51%	69%	60%	59%
NET: Decreased	7	4	-	3	-	3	4	1	4	2	-	6	1	-	5	3	-	7
	12%	17%	-	21%	-	12%	15%	5%	22%	12%	-	18%	5%	-	15%	12%	-	13%
Base for stats	58	22	10	12	4	22	26	15	18	14	3	32	18	4	29	22	3	54
Mean Score	3.82	3.88	4.20	3.26	4.12	3.67	3.92	4.20	3.63	3.67	4.00	3.65	4.17	4.33	3.65	3.98	3.60	3.78
Standard Deviation	1.131	1.261	.688	1.212	1.138	1.103	1.224	.977	1.347	1.009	1.280	1.196	.984	.955	1.150	1.197	.592	1.141
Standard Error	.148	.275	.218	.350	.569	.235	.245	.261	.309	.270	.905	.208	.246	.477	.210	.261	.342	.155
Error variance	.02	.08	.05	.12	.32	.06	.06	.07	.10	.07	.82	.04	.06	.23	.04	.07	.12	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total		60	33	19	5	10	2	36	17	-	53	7	51	8
Total		60	34	18	5	10	2	36	17	-	54	6	52	7
		100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
Increased a lot	(5.0)	21	12	6	1	3	2	12	7	-	20	1	19	2
		35%	35%	31%	26%	30%	100%	33%	38%	-	37%	14%	36%	27%
Increased a bit	(4.0)	15	7	6	2	4	-	8	6	-	14	1	14	1
		25%	21%	34%	33%	39%	-	21%	32%	-	27%	13%	27%	12%
Stayed the same	(3.0)	15	10	3	-	1	-	13	1	-	15	-	11	3
		25%	30%	16%	-	13%	-	35%	7%	-	27%	-	22%	38%
Decreased a bit	(2.0)	5	2	2	2	1	-	2	3	-	3	2	4	2
		9%	6%	13%	41%	7%	-	4%	16%	-	5%	42%	7%	22%
Decreased a lot	(1.0)	2	2	-	-	-	-	2	-	-	2	-	2	-
		3%	6%	-	-	-	-	6%	-	-	4%	-	4%	-
Don't know		2	1	1	-	1	-	-	1	-	-	2	2	-
		3%	2%	6%	-	11%	-	-	6%	-	-	32%	4%	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		36	19	12	3	7	2	20	12	-	34	2	33	3
		60%	56%	65%	59%	70%	100%	55%	71%	-	64%	26%	64%	40%
NET: Decreased		7	4	2	2	1	-	4	3	-	5	2	6	2
		12%	12%	13%	41%	7%	-	10%	16%	-	9%	42%	11%	22%
Base for stats		58	34	17	5	9	2	36	16	-	54	4	50	7
Mean Score		3.82	3.75	3.87	3.43	4.04	5.00	3.72	3.99	-	3.88	2.97	3.88	3.45
Standard Deviation		1.131	1.193	1.056	1.410	.945	-	1.152	1.114	-	1.095	1.465	1.127	1.197
Standard Error		.148	.211	.249	.631	.315	-	.192	.278	-	.150	.655	.161	.423
Error variance		.02	.04	.06	.40	.10	-	.04	.08	-	.02	.43	.03	.18

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total		60	1	6	11	11	10	13	4	4	38	21	13	12	16	16	14	23	13	8
Total		60	1	5	10	10	10	15	5	4	35	24	13	11	16	17	16	21	13	8
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	21	-	3	3	4	1	5	2	3	11	4	2	5	9	9	4	4	2
		35%	-	55%	27%	43%	13%	32%	52%	57%	32%	41%	28%	22%	30%	53%	55%	21%	34%	30%
Increased a bit		(4.0)	15	-	-	3	3	2	5	1	1	8	3	3	3	6	2	6	4	3
		25%	-	-	26%	35%	17%	37%	22%	20%	22%	31%	21%	31%	19%	34%	12%	27%	35%	37%
Stayed the same		(3.0)	15	-	1	3	2	4	4	-	1	10	2	4	5	2	3	7	2	1
		25%	-	15%	30%	22%	43%	25%	-	24%	29%	20%	16%	39%	33%	14%	21%	33%	19%	15%
Decreased a bit		(2.0)	5	-	2	1	-	1	1	-	3	2	4	1	1	-	1	2	2	1
		9%	-	31%	7%	-	9%	6%	26%	-	9%	9%	27%	8%	5%	-	5%	9%	12%	10%
Decreased a lot		(1.0)	2	-	-	1	-	1	-	-	2	-	-	-	2	-	-	2	-	-
		3%	-	-	10%	-	10%	-	-	-	6%	-	-	-	13%	-	-	10%	-	-
Don't know		2	1	-	-	-	1	-	-	-	1	-	1	-	-	-	1	-	-	1
		3%	100%	-	-	-	8%	-	-	-	2%	-	8%	-	-	-	7%	-	-	9%
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		36	-	3	5	8	3	10	4	3	19	17	6	6	8	15	11	10	9	5
		60%	-	55%	53%	78%	31%	69%	74%	76%	54%	71%	49%	53%	50%	86%	67%	48%	69%	66%
NET: Decreased		7	-	2	2	-	2	1	1	-	5	2	4	1	3	-	1	4	2	1
		12%	-	31%	17%	-	19%	6%	26%	-	15%	9%	27%	8%	18%	-	5%	19%	12%	10%
Base for stats		58	-	5	10	10	9	15	5	4	34	24	12	11	16	17	15	21	13	8
Mean Score		3.82	-	3.79	3.53	4.20	3.16	3.95	3.99	4.33	3.67	4.03	3.54	3.67	3.49	4.39	4.25	3.41	3.90	3.94
Standard Deviation		1.131	-	1.522	1.306	.825	1.193	.930	1.407	.946	1.206	.999	1.256	.949	1.350	.736	1.024	1.224	1.047	1.028
Standard Error		.148	-	.622	.394	.249	.398	.258	.704	.473	.198	.218	.363	.274	.337	.184	.284	.255	.290	.389
Error variance		.02	-	.39	.15	.06	.16	.07	.49	.22	.04	.05	.13	.08	.11	.03	.08	.07	.08	.15

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.16. Gymnastics, trampolining or cheerleading: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	*b	*c
Unweighted Total		60	38	16	6
Total		60	40	14	6
		100%	100%	100%	100%
Increased a lot	(5.0)	21	15	4	2
		35%	37%	25%	41%
Increased a bit	(4.0)	15	11	3	1
		25%	27%	24%	16%
Stayed the same	(3.0)	15	9	5	1
		25%	22%	34%	24%
Decreased a bit	(2.0)	5	3	2	-
		9%	7%	17%	-
Decreased a lot	(1.0)	2	2	-	-
		3%	5%	-	-
Don't know		2	1	-	1
		3%	2%	-	19%
I wasn't doing this activity last year		-	-	-	-
		-	-	-	-
NET: Increased		36	26	7	3
		60%	64%	49%	57%
NET: Decreased		7	5	2	-
		12%	12%	17%	-
Base for stats		58	39	14	5
Mean Score		3.82	3.86	3.57	4.21
Standard Deviation		1.131	1.170	1.082	.989
Standard Error		.148	.192	.271	.442
Error variance		.02	.04	.07	.20

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	*a	*b	c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		77	38	38	17	18	42	4	8	8	3	7	11	15	14	7
Total		83	44	39	15	17	51	3	9	8	4	7	12	14	16	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	11	6	4	6	1	4	1	1	1	-	1	-	3	1	3
		13%	13%	11%	41%	4%	8%	24%	9%	9%	-	14%	-	24%	9%	31%
Increased a bit	(4.0)	21	6	15	2	6	13	1	1	2	1	1	2	6	6	-
		25%	13%	38%	12%	34%	25%	22%	16%	25%	33%	12%	14%	45%	37%	-
Stayed the same	(3.0)	33	20	13	2	7	24	1	6	3	3	4	4	2	6	4
		39%	45%	34%	12%	42%	46%	34%	67%	34%	67%	62%	31%	12%	40%	43%
Decreased a bit	(2.0)	14	8	5	3	3	8	-	1	1	-	-	7	-	2	2
		16%	19%	13%	17%	15%	16%	-	9%	16%	-	-	55%	-	14%	26%
Decreased a lot	(1.0)	6	4	2	3	1	2	1	-	1	-	1	-	3	-	-
		7%	9%	4%	18%	5%	4%	20%	-	16%	-	12%	-	19%	-	-
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		31	11	19	8	7	17	2	2	3	1	2	2	10	7	3
		38%	26%	49% a	53%	38%	33%	46%	25%	34%	33%	26%	14%	69%	46%	31%
NET: Decreased		19	12	7	5	3	10	1	1	2	-	1	7	3	2	2
		23%	29%	17%	35%	20%	20%	20%	9%	32%	-	12%	55%	19%	14%	26%
Base for stats		83	44	39	15	17	51	3	9	8	4	7	12	14	16	9
Mean Score		3.21	3.02	3.39	3.41	3.18	3.17	3.31	3.25	2.94	3.33	3.16	2.60	3.55	3.40	3.35
Standard Deviation		1.082	1.114	.996	1.627	.929	.947	1.634	.783	1.269	.543	1.147	.759	1.419	.861	1.243
Standard Error		.123	.181	.161	.395	.219	.146	.817	.277	.449	.314	.433	.229	.366	.230	.470
Error variance		.02	.03	.03	.16	.05	.02	.67	.08	.20	.10	.19	.05	.13	.05	.22



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		77	2	18	18	7	3	29	38	39	68	2	4	2	-	-	8
Total		83	3	20	18	6	2	34	41	42	75	2	3	2	-	-	8
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
Increased a lot	(5.0)	11	1	1	2	3	-	3	4	7	7	2	2	-	-	-	4
		13%	45%	7%	9%	58%	-	10%	10%	16%	9%	100%	63%	-	-	-	55%
Increased a bit	(4.0)	21	-	6	4	-	-	10	11	10	21	-	-	-	-	-	-
		25%	-	31%	24%	-	-	28%	26%	23%	27%	-	-	-	-	-	-
Stayed the same	(3.0)	33	-	11	6	1	1	13	17	15	33	-	-	-	-	-	-
		39%	-	55%	33%	17%	65%	38%	42%	37%	44%	-	-	-	-	-	-
Decreased a bit	(2.0)	14	2	1	3	-	1	7	6	7	11	-	-	2	-	-	2
		16%	55%	6%	18%	-	35%	20%	15%	18%	15%	-	-	100%	-	-	28%
Decreased a lot	(1.0)	6	-	-	3	1	-	1	3	3	3	-	1	-	-	-	1
		7%	-	-	16%	24%	-	4%	7%	6%	5%	-	37%	-	-	-	17%
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		31	1	8	6	3	-	13	15	16	27	2	2	-	-	-	4
		38%	45%	38%	33%	58%	-	39%	36%	39%	36%	100%	63%	-	-	-	55%
NET: Decreased		19	2	1	6	1	1	8	9	10	15	-	1	2	-	-	3
		23%	55%	6%	34%	24%	35%	23%	22%	24%	20%	-	37%	100%	-	-	45%
Base for stats		83	3	20	18	6	2	34	41	42	75	2	3	2	-	-	8
Mean Score		3.21	3.34	3.39	2.91	3.68	2.65	3.22	3.18	3.25	3.21	5.00	3.53	2.00	-	-	3.49
Standard Deviation		1.082	1.864	.733	1.223	1.867	.644	1.006	1.050	1.124	.971	-	2.285	-	-	-	1.836
Standard Error		.123	1.318	.173	.288	.706	.372	.187	.170	.180	.118	-	1.143	-	-	-	.649
Error variance		.02	1.74	.03	.08	.50	.14	.03	.03	.03	.01	-	1.31	-	-	-	.42

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k	
77	65	5	7	12	2	2	19	9	2	2	2	6	6	27	4	
83	69	5	9	14	2	1	19	9	2	2	1	5	6	34	4	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
11	8	2	1	3	1	-	1	1	-	-	1	2	1	4	1	
13%	11%	34%	15%	22%	59%	-	8%	8%	-	-	51%	35%	15%	12%	35%	
21	17	1	2	3	-	-	5	2	-	2	-	2	-	10	-	
25%	25%	19%	29%	25%	-	-	25%	22%	-	100%	-	35%	-	28%	-	
33	30	1	1	3	-	1	6	5	2	-	1	-	2	14	1	
39%	44%	22%	15%	18%	-	100%	31%	56%	100%	-	49%	-	41%	42%	41%	
14	10	1	2	4	-	-	5	1	-	-	-	1	2	5	-	
16%	14%	25%	27%	26%	-	-	25%	14%	-	-	-	16%	33%	14%	-	
6	4	-	1	1	1	-	2	-	-	-	-	1	1	1	1	
7%	6%	-	15%	9%	41%	-	11%	-	-	-	-	14%	12%	4%	25%	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
31	25	3	4	7	1	-	6	3	-	2	1	4	1	14	1	
38%	36%	53%	43%	47%	59%	-	33%	30%	-	100%	51%	70%	15%	40%	35%	
19	14	1	4	5	1	-	7	1	-	-	-	2	2	6	1	
23%	20%	25%	41%	35%	41%	-	36%	14%	-	-	-	30%	45%	18%	25%	
83	69	5	9	14	2	1	19	9	2	2	1	5	6	34	4	
3.21	3.21	3.62	3.02	3.25	3.35	3.00	2.94	3.24	3.00	4.00	4.03	3.62	2.73	3.31	3.21	
1.082	1.031	1.313	1.401	1.350	2.714	*	1.143	.828	*	-	1.839	1.610	1.269	.992	1.803	
.123	.128	.587	.529	.390	1.919	*	.262	.276	*	-	1.300	.657	.518	.191	.902	
.02	.02	.34	.28	.15	3.68	*	.07	.08	*	-	1.69	.43	.27	.04	.81	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
Significance Level: 95%																		
Unweighted Total	77	16	9	8	-	17	16	18	6	9	-	15	18	18	37	20	2	59
Total	83	15	9	9	-	18	15	18	6	9	-	15	18	20	41	21	1	63
	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
Increased a lot	(5.0)	11	1	1	-	1	1	1	1	-	-	1	1	3	1	5	1	8
	13%	9%	9%	-	-	4%	9%	4%	24%	-	-	10%	4%	14%	3%	26%	100%	13%
Increased a bit	(4.0)	21	2	2	5	7	2	5	1	3	-	4	5	6	10	4	-	14
	25%	12%	24%	55%	-	40%	12%	26%	20%	35%	-	30%	26%	31%	24%	21%	-	23%
Stayed the same	(3.0)	33	8	4	3	6	8	7	1	6	-	7	7	10	18	4	-	23
	39%	50%	42%	28%	-	35%	50%	37%	20%	65%	-	47%	37%	50%	44%	21%	-	36%
Decreased a bit	(2.0)	14	3	1	2	3	3	5	1	-	-	1	5	-	10	4	-	14
	16%	21%	15%	17%	-	16%	21%	27%	22%	-	-	9%	27%	-	23%	19%	-	21%
Decreased a lot	(1.0)	6	1	1	-	1	1	1	1	-	-	1	1	1	2	3	-	5
	7%	8%	9%	-	-	4%	8%	7%	13%	-	-	5%	7%	4%	5%	13%	-	7%
Don't know	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased	31	3	3	5	-	8	3	5	3	3	-	6	5	9	11	10	1	22
	38%	21%	33%	55%	-	45%	21%	30%	45%	35%	-	39%	30%	45%	28%	47%	100%	35%
NET: Decreased	19	4	2	2	-	4	4	6	2	-	-	2	6	1	12	7	-	18
	23%	29%	25%	17%	-	21%	29%	34%	35%	-	-	14%	34%	4%	28%	32%	-	29%
Base for stats	83	15	9	9	-	18	15	18	6	9	-	15	18	20	41	21	1	63
Mean Score	3.21	2.93	3.09	3.38	-	3.24	2.93	2.93	3.21	3.35	-	3.30	2.93	3.51	2.98	3.27	5.00	3.12
Standard Deviation	1.082	1.044	1.132	.799	-	.956	1.044	1.012	1.501	.507	-	.975	1.012	.919	.900	1.411	*	1.118
Standard Error	.123	.261	.377	.283	-	.232	.261	.239	.613	.169	-	.252	.239	.217	.148	.316	*	.146
Error variance	.02	.07	.14	.08	-	.05	.07	.06	.38	.03	-	.06	.06	.05	.02	.10	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness					
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%			*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total		77	7	51	6	12	1	57	18	1	57	20	69	8
Total		83	8	55	6	13	1	62	19	1	60	23	76	8
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	11	8	1	3	-	7	4	-	9	1	9	2
			13%	15%	16%	21%	-	10%	19%	-	16%	6%	12%	28%
Increased a bit		(4.0)	21	12	1	3	-	16	4	-	17	3	20	1
			25%	23%	20%	23%	-	26%	22%	-	29%	15%	26%	11%
Stayed the same		(3.0)	33	21	2	4	-	27	6	-	21	12	30	3
			39%	38%	32%	29%	-	43%	29%	-	35%	51%	39%	37%
Decreased a bit		(2.0)	14	11	-	3	1	9	4	-	8	6	13	1
			16%	21%	-	22%	100%	14%	20%	-	13%	24%	17%	13%
Decreased a lot		(1.0)	6	2	2	1	-	4	2	1	5	1	5	1
			7%	4%	32%	5%	-	6%	10%	100%	8%	4%	6%	11%
Don't know			-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		31	1	20	2	6	-	23	8	-	27	5	29	3
		38%	13%	37%	36%	44%	-	37%	41%	-	44%	21%	38%	39%
NET: Decreased		19	5	13	2	4	1	12	6	1	13	7	17	2
		23%	61%	25%	32%	27%	100%	20%	30%	100%	21%	28%	23%	23%
Base for stats		83	8	55	6	13	1	62	19	1	60	23	76	8
Mean Score		3.21	2.20	3.24	2.89	3.33	2.00	3.21	3.21	1.00	3.31	2.96	3.20	3.34
Standard Deviation		1.082	1.110	1.071	1.584	1.223	-	1.013	1.271	-	1.133	.910	1.057	1.391
Standard Error		.123	.419	.150	.647	.353	-	.134	.300	-	.150	.203	.127	.492
Error variance		.02	.18	.02	.42	.12	-	.02	.09	-	.02	.04	.02	.24

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?

BASE: All who have done this form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	a	*b	*c	*d
Unweighted Total		77	4	5	15	13	11	15	3	11	44	29	8	22	34	13	30	18	25	4
Total		83	4	6	17	14	12	18	3	10	48	31	9	22	37	15	31	21	27	5
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Increased a lot		(5.0)	11	1	-	1	4	2	1	1	7	3	-	3	4	4	4	5	1	1
			13%	18%	-	8%	27%	18%	4%	28%	14%	10%	-	15%	10%	27%	12%	24%	5%	16%
Increased a bit		(4.0)	21	-	2	2	3	5	5	1	2	13	4	1	12	4	5	6	9	-
			25%	-	39%	12%	24%	44%	27%	30%	20%	27%	48%	4%	31%	24%	17%	28%	35%	-
Stayed the same		(3.0)	33	2	4	9	3	1	7	1	5	17	-	9	16	7	12	8	11	1
			39%	37%	61%	53%	26%	11%	42%	42%	51%	36%	-	41%	44%	49%	39%	41%	41%	27%
Decreased a bit		(2.0)	14	2	-	4	2	1	4	-	1	7	3	6	5	-	6	1	3	3
			16%	45%	-	22%	17%	11%	20%	-	8%	15%	30%	28%	13%	-	21%	6%	12%	57%
Decreased a lot		(1.0)	6	-	-	1	1	2	1	-	1	4	2	3	1	-	3	-	2	-
			7%	-	-	5%	6%	16%	7%	-	7%	6%	22%	12%	2%	-	11%	-	8%	-
Don't know			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
I wasn't doing this activity last year			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Increased		31	1	2	3	7	8	5	2	3	20	11	4	4	15	8	9	11	11	1
		38%	18%	39%	20%	52%	62%	31%	58%	34%	42%	34%	48%	19%	41%	51%	29%	53%	40%	16%
NET: Decreased		19	2	-	5	3	3	5	-	2	11	6	5	9	6	-	10	1	5	3
		23%	45%	-	27%	23%	27%	27%	-	15%	22%	21%	52%	40%	15%	-	32%	6%	20%	57%
Base for stats		83	4	6	17	14	12	18	3	10	48	31	9	22	37	15	31	21	27	5
Mean Score		3.21	2.91	3.39	2.95	3.51	3.37	3.01	3.86	3.27	3.27	3.17	2.75	2.82	3.33	3.78	2.98	3.71	3.17	2.75
Standard Deviation		1.082	1.234	.535	.956	1.268	1.389	.986	1.028	1.076	1.127	1.017	1.339	1.202	.911	.875	1.167	.930	.993	1.210
Standard Error		.123	.617	.239	.247	.352	.419	.255	.594	.324	.170	.189	.473	.256	.156	.243	.213	.219	.199	.605
Error variance		.02	.38	.06	.06	.12	.18	.06	.35	.11	.03	.04	.22	.07	.02	.06	.05	.05	.04	.37

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6D1X.7. Other sport, exercise or physical activity: Compared to last year, do you feel your physical capability and fitness to undertake this activity has increased, decreased or stayed the same?**

BASE: All who have done this form of physical activity in the past week

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			*a	*b	*c
Unweighted Total		77	28	29	20
Total		83	29	34	20
		100%	100%	100%	100%
Increased a lot	(5.0)	11	9	2	-
		13%	31%	6%	-
Increased a bit	(4.0)	21	15	3	3
		25%	52%	8%	14%
Stayed the same	(3.0)	33	2	21	10
		39%	8%	60%	49%
Decreased a bit	(2.0)	14	2	7	4
		16%	7%	22%	19%
Decreased a lot	(1.0)	6	1	1	4
		7%	2%	4%	18%
Don't know		-	-	-	-
		-	-	-	-
I wasn't doing this activity last year		-	-	-	-
		-	-	-	-
NET: Increased		31	24	5	3
		38%	82%	14%	14%
NET: Decreased		19	3	9	7
		23%	10%	26%	37%
Base for stats		83	29	34	20
Mean Score		3.21	4.01	2.91	2.59
Standard Deviation		1.082	.963	.839	.965
Standard Error		.123	.182	.156	.216
Error variance		.02	.03	.02	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Improved a lot		(5.0)	188	75	111	98	63	27	5	33	17	21	13	9	49	25	17
			9%	7%	11%	16%	9%	4%	5%	13%	9%	10%	7%	4%	15%	8%	8%
				a	bc	c				afh	f	f			acefhi		
Improved a bit		(4.0)	469	219	249	175	169	126	25	64	39	58	35	46	82	80	40
			23%	22%	24%	28%	25%	17%	25%	24%	20%	27%	20%	21%	26%	24%	19%
					c	c					i						
Stayed the same		(3.0)	819	435	381	219	253	347	48	100	82	87	85	105	102	124	86
			40%	44%	37%	35%	38%	46%	50%	38%	41%	40%	48%	46%	32%	37%	41%
				b			ab		bgh		g	g	bgh	bgh		g	
Declined a bit		(2.0)	377	196	179	81	119	176	15	36	39	34	24	54	63	65	47
			18%	20%	17%	13%	18%	23%	16%	14%	20%	16%	14%	24%	19%	20%	22%
					a	a	ab							bde		be	
Declined a lot		(1.0)	159	64	95	34	52	73	3	28	20	13	16	7	21	33	18
			8%	6%	9%	6%	8%	10%	3%	11%	10%	6%	9%	3%	6%	10%	9%
				a			a			af	af		f			af	f
Don't know			31	8	21	11	12	8	2	4	1	2	4	5	5	4	4
			2%	1%	2%	2%	2%	1%	2%	2%	1%	1%	2%	2%	2%	1%	2%
				a													
NET: Improved			657	294	360	273	232	152	29	97	56	79	48	55	131	105	56
			32%	30%	35%	44%	35%	20%	30%	37%	28%	37%	27%	24%	41%	32%	27%
					a	bc	c			efi		efi			acefhi		
NET: Declined			536	260	274	115	171	249	18	64	59	47	40	61	83	98	65
			26%	26%	26%	19%	26%	33%	19%	24%	30%	22%	23%	27%	26%	30%	31%
						a	ab			a					ad	ad	
Base for stats		2012	989	1016	607	657	749	96	261	198	213	173	221	316	327	207	
Mean Score		3.07	3.05	3.10	3.37	3.11	2.81	3.13	3.15	2.97	3.19	3.03	2.98	3.24	3.00	2.95	
					bc	c					cfhi			cefhi			
Standard Deviation		1.051	.989	1.107	1.078	1.062	.949	.851	1.143	1.076	1.019	1.007	.860	1.133	1.073	1.046	
Standard Error		.023	.032	.034	.041	.040	.037	.080	.071	.075	.070	.073	.060	.062	.063	.075	
Error variance		*	*	*	*	*	*	*	.01	.01	.01	*	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Improved a lot	(5.0)	188	41	46	49	10	17	25	135	53	140	9	20	13	-	4	46
		9%	22%	11%	10%	5%	8%	5%	12%	6%	8%	19%	12%	17%	-	20%	15%
			bcdefgh	dth	dth				dth			a		a			a
Improved a bit	(4.0)	469	46	108	124	68	45	79	277	192	377	11	50	23	-	6	89
		23%	25%	26%	25%	30%	21%	16%	25%	20%	22%	24%	30%	30%	-	31%	28%
			f	fh	f	efh			fh	f			a				a
Stayed the same	(3.0)	819	55	154	192	99	102	217	401	418	713	10	55	26	5	4	99
		40%	30%	37%	38%	43%	48%	44%	36%	44%	42%	22%	33%	33%	67%	22%	31%
					ag	abcg	abg		abcg	bcg							
Declined a bit	(2.0)	377	29	79	85	35	30	119	193	184	321	12	25	11	2	2	52
		18%	16%	19%	17%	15%	14%	24%	18%	20%	19%	26%	15%	14%	33%	12%	17%
							acdeg		e								
Declined a lot	(1.0)	159	11	30	38	15	11	54	79	79	135	2	13	5	-	2	23
		8%	6%	7%	8%	7%	5%	11%	7%	8%	8%	5%	8%	7%	-	11%	7%
							eg										
Don't know		31	1	2	14	2	7	5	17	14	20	2	3	-	-	1	6
		2%	*	*	3%	1%	3%	1%	2%	1%	1%	4%	2%	-	-	4%	2%
					bf		abdf										
NET: Improved		657	86	154	172	78	63	104	413	245	516	20	70	36	-	9	135
		32%	47%	37%	34%	34%	30%	21%	37%	26%	30%	43%	42%	47%	-	51%	43%
			bcdefgh	fh	fh	fh	f		efh	f			a	a			a
NET: Declined		536	40	109	123	51	40	173	272	263	457	15	38	16	2	4	75
		26%	22%	26%	25%	22%	19%	35%	25%	28%	27%	31%	23%	20%	33%	23%	24%
				e			abcdegh		e								
Base for stats		2012	182	416	487	227	205	494	1086	926	1686	44	163	78	7	17	309
		3.07	3.42	3.15	3.12	3.10	3.14	2.80	3.18	2.95	3.04	3.27	3.24	3.37	2.67	3.39	3.27
			bcdefgh	fh	fh	fh	fh		fh	f			a	a			a
Standard Deviation		1.051	1.180	1.077	1.061	.948	.945	1.000	1.092	.987	1.032	1.226	1.108	1.120	.508	1.308	1.130
		Standard Error	.023	.091	.055	.048	.059	.062	.046	.034	.032	.025	.177	.084	.125	.169	.300
Error variance		*	.01	*	*	*	*	*	*	*	*	.03	.01	.02	.03	.09	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
188	85	47	47	94	22	12	74	23	7	6	12	14	8	10	35	
9%	7%	13%	14%	14%	26%	19%	11%	10%	11%	9%	9%	14%	4%	2%	23%	
		a	a	a	cdefghij	cdgij	ij	ij	j	j	j	ij			cdefgij	
469	259	96	94	190	21	20	194	53	8	22	31	25	28	65	42	
23%	20%	27%	29%	28%	25%	31%	28%	22%	14%	31%	24%	26%	15%	16%	28%	
		a	a	a	ij	eij	eij	j		eij	ij	ij			eij	
819	537	140	111	251	17	22	265	101	31	24	44	32	91	192	39	
40%	42%	39%	34%	37%	20%	33%	38%	42%	50%	33%	34%	33%	49%	46%	26%	
	cd						ak	ak	abghk		a	a	abcfghk	abcfghk		
377	271	48	48	96	12	7	109	47	8	11	28	14	30	112	19	
18%	21%	13%	15%	14%	14%	10%	16%	20%	12%	15%	22%	14%	16%	27%	12%	
	bcd							k			bk			abcdefhik		
159	113	22	20	42	12	4	41	10	6	7	13	8	21	38	16	
8%	9%	6%	6%	6%	14%	6%	6%	4%	9%	10%	10%	8%	11%	9%	10%	
	d				cd						d		cd	d	cd	
31	15	5	4	9	1	1	7	5	2	2	2	5	7	-	2	
2%	1%	1%	1%	1%	1%	1%	1%	2%	4%	2%	1%	5%	4%	-	1%	
								j	cj	j	j	cjk	cj			
657	344	143	141	283	44	33	268	77	15	28	43	38	36	75	76	
32%	27%	40%	43%	42%	51%	50%	39%	32%	25%	40%	33%	40%	20%	18%	50%	
		a	a	a	cdegij	degij	eij	ij		ij	ij	eij			cdegij	
536	384	70	68	138	24	11	150	58	13	18	41	21	51	150	34	
26%	30%	20%	21%	20%	28%	16%	22%	24%	22%	25%	31%	22%	27%	36%	23%	
	bcd										bc			bcdehik		
2012	1265	353	319	672	84	66	683	235	59	70	128	92	178	417	150	
3.07	2.95	3.28	3.31	3.29	3.36	3.46	3.22	3.14	3.05	3.14	3.01	3.25	2.85	2.75	3.41	
		a	a	a	gij	degij	gij	ij	j	ij	j	ij			degij	
1.051	1.021	1.057	1.087	1.071	1.373	1.110	1.033	.994	1.065	1.112	1.110	1.139	.978	.907	1.262	
.023	.028	.060	.065	.044	.146	.130	.039	.065	.136	.134	.092	.108	.070	.050	.099	
*	*	*	*	*	.02	.02	*	*	.02	.02	.01	.01	*	*	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
188	67	33	15	4	48	71	62	38	16	6	54	67	27	85	68	8	161
9%	13% e	10%	8%	11%	9%	13%	11%	16% acf	7%	14%	12%	11%	8%	8%	14% abe	9%	9%
469	133	99	41	8	140	141	144	70	57	14	128	158	53	263	126	28	417
23%	26%	29%	23%	19%	27%	26%	25%	30%	26%	36%	28%	26%	16%	23% a	26% a	34% ab	24% a
819	207	116	73	14	190	221	239	76	92	11	168	250	129	483	180	27	690
40%	41%	35%	41%	34%	37%	40%	41% b	32%	42% b	26%	37%	40% b	38%	43% c	37%	32%	40%
377	72	58	37	10	95	81	97	40	37	4	77	100	81	203	78	15	296
18%	14%	17%	20% a	23%	18%	15%	17%	17%	17%	9%	17%	16%	24% bce	18%	16%	18%	17%
159	24	27	10	5	37	29	33	10	17	3	28	36	46	77	33	2	113
8%	5%	8% a	6%	12%	7%	5%	6%	4%	8%	8%	6%	6%	14% bcde	7%	7%	3%	7%
31	3	3	2	1	5	4	5	1	2	3	2	8	2	17	8	3	29
2%	1%	1%	1%	2%	1%	1%	1%	*	1%	7% abcef	*	1%	1%	2%	2%	4% a	2%
657	200	132	56	12	188	212	206	108	73	20	181	226	80	348	194	35	577
32%	40%	39%	31%	29%	36%	39%	35%	46% acf	33%	49% c	40%	36%	24%	31% a	39% abe	43% ab	34% a
536	96	85	47	14	132	110	130	50	55	7	105	137	127	281	111	17	409
26%	19%	25% a	26% a	35% af	26% af	20%	22%	21%	25%	17%	23%	22%	38% bcde	25%	22%	21%	24%
2012	503	333	177	40	510	543	575	235	220	38	454	612	336	1112	485	79	1676
3.07	3.29	3.16	3.08	2.94	3.13	3.27	3.18	3.36	3.08	3.41	3.23	3.20	2.80	3.07	3.24	3.30	3.13
	cde			2.94	3.13	3.27		acf						a	abe	ab	a
1.051	1.024	1.082	1.006	1.171	1.056	1.038	1.023	1.080	1.017	1.133	1.059	1.031	1.112	1.000	1.093	.984	1.030
.023	.045	.060	.076	.183	.047	.044	.042	.070	.069	.181	.050	.041	.060	.030	.050	.109	.025
*	*	*	.01	.03	*	*	*	*	*	.03	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Improved a lot		(5.0)	188	63	93	30	33	10	119	65	6	163	25	171	16
			9%	16%	7%	12%	8%	16%	9%	10%	9%	10%	6%	10%	5%
				b				bd			b		b		
Improved a bit		(4.0)	469	113	302	58	76	9	325	134	8	376	94	414	54
			23%	30%	23%	22%	19%	13%	24%	21%	11%	23%	22%	24%	18%
				b		f			bcd	f				b	
Stayed the same		(3.0)	819	128	547	97	120	26	581	216	23	625	194	687	125
			40%	34%	43%	37%	30%	40%	43%	33%	33%	39%	46%	40%	42%
					a				abe				a		
Declined a bit		(2.0)	377	51	238	49	89	14	231	134	18	316	61	309	65
			18%	13%	18%	19%	22%	21%	17%	21%	25%	19%	15%	18%	22%
					a		d					b			
Declined a lot		(1.0)	159	23	88	26	71	6	65	89	14	127	32	131	28
			8%	6%	7%	10%	18%	9%	5%	14%	20%	8%	8%	8%	9%
						d	ad			d	ad				
Don't know			31	3	20	3	6	-	15	8	1	18	13	18	7
			2%	1%	2%	1%	2%	-	1%	1%	1%	1%	3%	1%	2%
												a		a	
NET: Improved			657	176	395	88	109	19	445	200	14	538	119	584	70
			32%	46%	31%	34%	28%	29%	33%	31%	20%	33%	28%	34%	24%
				b		f			bf					b	
NET: Declined			536	74	325	75	160	20	296	223	32	443	93	440	93
			26%	19%	25%	29%	41%	31%	22%	35%	45%	27%	22%	25%	32%
					a	d	ad			d	ad	b		a	
Base for stats			2012	378	1268	260	390	65	1321	639	69	1607	406	1712	287
Mean Score			3.07	3.38	3.06	3.07	2.77	3.06	3.15	2.92	2.64	3.08	3.05	3.11	2.88
				b		bf		f	bef	bf				b	
Standard Deviation			1.051	1.095	.997	1.129	1.202	1.173	.977	1.175	1.194	1.070	.972	1.056	1.004
Standard Error			.023	.056	.028	.067	.062	.143	.027	.046	.137	.027	.049	.026	.057
Error variance			*	*	*	*	*	.02	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Improved a lot	(5.0)	188	6	6	17	30	29	30	20	50	82	100	38	44	65	41	58	55	53	19
		9%	2%	3%	5%	9%	13%	12%	22%	19%	7%	17%	8%	7%	9%	17%	10%	10%	8%	8%
				a	ab	abci	abci	abcdfi	abcdfi	ab	abcdi				abc					
Improved a bit	(4.0)	469	23	23	75	97	77	70	32	73	272	175	77	153	175	61	136	117	150	61
		23%	6%	11%	23%	28%	35%	29%	35%	28%	25%	30%	16%	26%	25%	24%	22%	22%	23%	26%
				ab	ab	abci	ab	abci	ab	ab	abcdi		a	a	a					
Stayed the same	(3.0)	819	165	102	117	139	74	94	26	103	432	222	159	243	300	104	247	233	241	87
		40%	47%	47%	36%	40%	34%	39%	29%	40%	39%	38%	34%	41%	42%	42%	41%	44%	37%	37%
			cegij	cegij										a	a	a		c		
Declined a bit	(2.0)	377	75	62	81	61	28	35	11	23	232	69	121	105	119	30	123	81	137	36
		18%	21%	29%	25%	18%	13%	14%	12%	9%	21%	12%	26%	18%	17%	12%	20%	15%	21%	15%
			efhj	defghij	defghj	hj				efhj		bcd				b		b		
Declined a lot	(1.0)	159	70	21	29	15	9	10	-	5	73	15	65	43	41	9	36	34	59	27
		8%	20%	10%	9%	4%	4%	4%	-	2%	7%	3%	14%	7%	6%	4%	6%	6%	9%	11%
			bcdefghij	defghj	defghj	g				ghj		bcd						a	ab	
Don't know		31	14	3	1	4	2	3	1	3	11	7	6	5	7	2	7	5	8	5
		2%	4%	2%	*	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	2%
			cdefij																	
NET: Improved		657	29	29	92	127	106	100	52	123	354	275	114	197	240	102	195	172	203	80
		32%	8%	13%	29%	37%	48%	42%	58%	48%	32%	47%	25%	33%	34%	41%	32%	33%	31%	34%
				a	ab	abc	abcdi	abci	abcdfi	abcdi	ab	abcdi		a	a	abc				
NET: Declined		536	145	83	110	76	36	45	11	29	306	85	186	149	160	39	159	115	196	63
		26%	41%	38%	34%	22%	17%	19%	12%	11%	28%	14%	40%	25%	23%	16%	26%	22%	30%	27%
			defghij	defghij	defghij	ghj		h		defghj		bcd	d	d				b		
Base for stats		2012	339	213	319	342	217	239	89	254	1091	582	460	589	700	246	600	520	641	229
Mean Score		3.07	2.47	2.68	2.91	3.19	3.41	3.32	3.68	3.55	3.05	3.47	2.78	3.08	3.15	3.39	3.10	3.15	3.00	3.04
				a	ab	abci	abcdi	abci	abcdefi	abcdfi	abc	abcdfi		a	a	abc		c		
Standard Deviation		1.051	.948	.897	1.032	.976	1.004	1.008	.963	.978	1.015	.996	1.132	1.012	1.003	1.023	1.026	1.019	1.073	1.105
Standard Error		.023	.052	.061	.057	.052	.068	.065	.104	.062	.031	.042	.052	.041	.039	.067	.042	.044	.043	.072
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6D2. Thinking about when you do everyday activities that work your muscles such as carrying shopping, climbing stairs or gardening, how, if at all, do you think your general strength has changed since the Covid-19 outbreak?**

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Improved a lot	(5.0)	188	143	30	13
		9%	19%	4%	3%
			bc		
Improved a bit	(4.0)	469	326	113	31
		23%	44%	15%	6%
			bc	c	
Stayed the same	(3.0)	819	181	489	140
		40%	25%	64%	27%
				ac	
Declined a bit	(2.0)	377	64	106	203
		18%	9%	14%	40%
				a	ab
Declined a lot	(1.0)	159	15	18	122
		8%	2%	2%	24%
					ab
Don't know		31	6	10	4
		2%	1%	1%	1%
NET: Improved		657	469	143	44
		32%	64%	19%	9%
			bc	c	
NET: Declined		536	79	123	325
		26%	11%	16%	63%
				a	ab
Base for stats		2012	730	755	509
Mean Score		3.07	3.71	3.04	2.23
			bc	c	
Standard Deviation		1.051	.949	.736	.967
Standard Error		.023	.035	.027	.043
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305 15%	152 15%	153 15%	191 31% bc	88 13% c	26 3%	11 12%	49 18% cfhi	21 10%	44 20% cefh	22 13%	21 9%	83 26% abcefh	34 10%	20 9%
Indoor swimming pools	198 10%	89 9%	108 10%	115 19% bc	59 9% c	24 3%	16 16% defhi	32 12% dhi	19 9%	14 7%	13 7%	17 8%	58 18% bcdefhi	20 6%	10 5%
Other indoor sports facilities	126 6%	70 7%	55 5%	80 13% bc	38 6% c	8 1%	2 2%	15 5%	9 5%	16 7%	6 4%	8 3%	40 12% abcdefh	14 4%	16 8%
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504 74%	735 74%	760 73%	296 48%	503 75% a	704 93% ab	73 75% g	182 69% g	153 77% bg	149 69% g	138 78% bdg	186 83% bdg	172 54%	275 83% bdg	174 83% bdg
NET: Sport or activity in an indoor facility in the past week	539 26%	262 26%	277 27%	322 52% bc	165 25% c	52 7%	24 25%	83 31% cefh	46 23%	66 31% efhi	38 22%	39 17%	149 46% abcdefhi	56 17%	36 17%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305	65	88	72	37	21	21	225	80	222	11	45	24	-	2	81
	15%	36%	21%	14%	16%	10%	4%	20%	8%	13%	23%	27%	30%	-	11%	26%
		bcdefgh	cefh	fh	efh	f		cefh	f		a	a	a			a
Indoor swimming pools	198	31	47	57	24	19	21	135	63	144	7	25	15	1	3	52
	10%	17%	11%	11%	10%	9%	4%	12%	7%	8%	16%	15%	20%	22%	19%	17%
		defh	fh	fh	fh	f		fh				a	a			a
Other indoor sports facilities	126	34	32	28	10	10	12	94	32	85	8	22	5	2	-	37
	6%	18%	8%	6%	4%	5%	2%	8%	3%	5%	18%	13%	7%	22%	-	12%
		bcdefgh	fh	f				cdfh			a	a				a
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504	80	282	367	162	164	449	729	775	1321	28	84	38	4	13	167
	74%	44%	67%	73%	71%	77%	90%	66%	82%	77%	61%	51%	49%	56%	70%	53%
			a	ag	a	abg	abcdegh	a	abcdg	bcdg						
NET: Sport or activity in an indoor facility in the past week	539	103	136	135	67	48	50	374	165	385	18	82	39	3	5	148
	26%	56%	33%	27%	29%	23%	10%	34%	18%	23%	39%	49%	51%	44%	30%	47%
		bcdefgh	efh	fh	fh	f		cefh	f		a	a	a			a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305 15%	121 9%	79 22%	82 25%	162 24%	25 30%	16 24%	148 21%	39 16%	13 22%	4 6%	9 7%	28 28%	12 7%	9 2%	42 27%
			a	a	a	dfgij	fgij	fgij	fgij	fgij		j	dfgij	j		dfgij
Indoor swimming pools	198 10%	76 6%	60 17%	47 14%	107 16%	7 8%	15 23%	98 14%	26 11%	7 12%	10 15%	5 4%	8 8%	11 6%	9 2%	22 15%
			a	a	a	j	adghij	gij	gj	gj	gij		j	j		gij
Other indoor sports facilities	126 6%	46 4%	35 10%	32 10%	67 10%	4 5%	7 10%	66 9%	19 8%	6 10%	1 1%	6 5%	10 10%	2 1%	5 1%	10 7%
			a	a	a	j	fij	fij	fij	fij		ij	fij			ij
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504 74%	1062 83%	211 59%	195 60%	406 60%	54 63%	31 46%	437 63%	164 69%	35 58%	57 80%	109 84%	55 57%	164 89%	397 95%	84 56%
		bcd				b		b	bhk		abcehk	abcdehk		abcdehk	abcdefghik	
NET: Sport or activity in an indoor facility in the past week	539 26%	219 17%	146 41%	129 40%	275 40%	32 37%	36 54%	253 37%	75 31%	26 42%	14 20%	20 16%	42 43%	21 11%	21 5%	67 44%
		a	a	a	a	fgij	acdfgij	fgij	gij	fgij	j	j	dfgij	j		dfgij



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305 15%	91 18%	78 23%	30 17%	11 27%	108 21%	102 19%	90 15%	70 30% acf	40 18%	10 25%	110 24% af	100 16%	26 8%	151 13% a	105 21% abe	23 28% abe	279 16% ab
Indoor swimming pools	198 10%	68 13%	50 15%	26 15%	7 16%	76 15%	74 14%	62 11%	43 18% af	40 18% af	9 22% af	83 18% af	71 11%	21 6%	92 8% abe	73 15% ab	13 15% ab	177 10% ab
Other indoor sports facilities	126 6%	37 7%	32 10%	19 10%	8 20% abef	51 10%	45 8%	35 6%	38 16% acf	15 7%	8 19% acf	53 12% af	43 7%	11 3%	63 6% ab	42 8% ab	10 12% ab	115 7% a
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504 74%	347 69% bde	194 58%	115 64%	21 49%	309 60%	368 67% bde	425 73% bcde	107 46%	136 62% be	20 48%	243 53%	445 72% bcde	284 84% bcde	864 76% cde	309 63%	47 57%	1219 72% cd
NET: Sport or activity in an indoor facility in the past week	539 26%	159 31%	142 42% af	64 36%	21 51% af	206 40% af	180 33%	155 27%	128 54% acf	85 38% af	21 52% af	213 47% acf	176 28%	54 16%	266 24% a	184 37% abe	35 43% abe	485 28% ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305	135	141	35	55	14	197	98	5	266	39	269	32
	15%	35%	11%	13%	14%	22%	15%	15%	7%	16%	9%	16%	11%
		b			f	f		f		b		b	
Indoor swimming pools	198	85	85	39	34	12	118	73	11	163	35	167	27
	10%	22%	7%	15%	9%	18%	9%	11%	16%	10%	8%	10%	9%
		b		bd		bd		bd	bd				
Other indoor sports facilities	126	51	58	21	16	9	73	44	3	106	20	106	15
	6%	13%	5%	8%	4%	15%	5%	7%	4%	7%	5%	6%	5%
		b		b		bdef							
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504	162	1035	184	303	32	1011	460	55	1164	340	1272	223
	74%	43%	80%	70%	76%	49%	76%	71%	79%	72%	81%	74%	76%
		a		c	c		ace	c	c		a		
NET: Sport or activity in an indoor facility in the past week	539	219	253	79	93	33	326	188	15	460	79	458	71
	26%	57%	20%	30%	24%	51%	24%	29%	21%	28%	19%	26%	24%
		b		d		abdef		d		b			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305	9	18	49	68	49	49	22	41	184	112	50	106	97	44	98	87	79	34
	15%	2%	8%	15%	20%	22%	20%	24%	16%	17%	19%	11%	18%	14%	18%	16%	17%	12%	15%
		a	a	ab	ab	abci	ab	ab	ab	ab	ab		ac		a	c	c		
Indoor swimming pools	198	5	18	36	45	33	28	16	17	133	61	40	63	68	25	59	55	53	29
	10%	1%	8%	11%	13%	15%	12%	18%	6%	12%	10%	8%	11%	10%	10%	10%	10%	8%	12%
		a	a	ah	ah	abh	ah	abhj	a	ah	a								c
Other indoor sports facilities	126	1	8	23	25	24	27	8	11	80	46	30	36	40	18	42	33	31	18
	6%	*	4%	7%	7%	11%	11%	9%	4%	7%	8%	6%	6%	6%	7%	7%	6%	5%	8%
		a	a	a	abh	abhi	a	a	ab	ab	ab								
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504	339	177	225	223	128	156	58	199	753	413	365	409	538	175	436	369	511	167
	74%	96%	81%	70%	64%	59%	64%	64%	77%	68%	70%	78%	69%	76%	71%	72%	70%	79%	71%
		bdefghij	cdefgj	e					cdefgij	e	e	bd		b				abd	
NET: Sport or activity in an indoor facility in the past week	539	14	40	96	123	90	86	32	58	349	176	102	185	170	72	171	156	138	67
	26%	4%	19%	30%	36%	41%	36%	36%	23%	32%	30%	22%	31%	24%	29%	28%	30%	21%	29%
		a	a	abh	abh	abchij	abh	abh	a	abh	abh		ac		a	c	c		c

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305	184	85	33
	15%	25%	11%	7%
		bc	c	
Indoor swimming pools	198	100	72	23
	10%	14%	9%	4%
		bc	c	
Other indoor sports facilities	126	61	37	28
	6%	8%	5%	5%
		b		
I have not taken part in sport or physical activity in any indoor facilities in the past week	1504	456	591	434
	74%	62%	77%	85%
		a	ab	
NET: Sport or activity in an indoor facility in the past week	539	280	175	79
	26%	38%	23%	15%
		bc	c	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	164	87	77	102	52	10	12	23	16	17	7	13	51	16	10
	8%	9%	7%	17%	8%	1%	12%	9%	8%	8%	4%	6%	16%	5%	5%
				bc	c		efhi						bcdefhi		
Outdoor sports facilities (e.g. courts and pitches)	242	133	109	155	59	28	8	44	17	26	17	12	78	26	14
	12%	13%	10%	25%	9%	4%	9%	17%	9%	12%	9%	5%	24%	8%	7%
		b		bc	c			acefhi		f			abcdefhi		
Outdoor swimming pools	141	66	75	89	42	10	7	19	9	11	8	7	42	18	19
	7%	7%	7%	14%	6%	1%	7%	7%	4%	5%	5%	3%	13%	5%	9%
				bc	c								bcdefh		f
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182	82	99	94	54	34	5	25	18	29	18	14	39	20	13
	9%	8%	10%	15%	8%	5%	5%	9%	9%	13%	10%	6%	12%	6%	6%
				bc	c					afhi			afhi		
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458	701	748	284	494	679	75	175	148	141	135	186	160	267	169
	71%	70%	72%	46%	74%	90%	77%	66%	74%	65%	76%	83%	50%	81%	81%
					a	ab	bdg	g	dg	g	bdg	bcdg		bdg	bdg
NET: Sport or activity in outdoor locations or facility in the past week	585	295	289	333	175	77	23	90	51	75	42	39	161	64	41
	29%	30%	28%	54%	26%	10%	23%	34%	26%	35%	24%	17%	50%	19%	19%
				bc	c			aefhi	f	acefhi			abcdefhi		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	164 8%	34 18% bcdefgh	39 9% fh	43 9% fh	24 10% efh	12 5%	14 3%	115 10% efh	49 5% f	115 7%	10 21% ad	27 17% a	6 8%	2 23%	4 23%	49 15% a
Outdoor sports facilities (e.g. courts and pitches)	242 12%	41 22% bcdefgh	59 14% fh	73 14% fh	24 10% f	23 11% f	23 5%	172 16% dfh	70 7% f	169 10%	6 14%	36 22% a	24 31% ab	- -	4 25%	70 22% a
Outdoor swimming pools	141 7%	40 22% bcdefgh	34 8% efh	31 6% fh	18 8% efh	7 3%	11 2%	105 10% cefh	36 4%	100 6%	4 8%	19 11% a	12 16% a	1 10%	2 14%	37 12% a
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182 9%	24 13% fh	37 9% f	50 10% f	20 9% f	26 12% fh	25 5%	110 10% f	71 8%	130 8%	6 13%	25 15% a	12 16% a	1 11%	2 13%	46 15% a
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458 71%	81 44% a	290 69% a	346 69% a	158 69% a	152 71% a	431 86% abcdegh	717 65% a	740 79% abcdegh	1288 75% bcdg	28 60%	81 49%	38 49%	4 56%	8 44%	159 50%
NET: Sport or activity in outdoor locations or facility in the past week	585 29%	102 56% bcdefgh	128 31% fh	156 31% fh	71 31% fh	60 29% fh	68 14%	386 35% fh	200 21% f	419 25%	18 40% a	85 51% a	40 51% a	3 44%	10 56%	156 50% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	164 8%	56 4%	44 12%	46 14%	91 13%	9 11%	15 22%	88 13%	19 8%	4 6%	2 3%	6 4%	8 8%	9 5%	5 1%	24 16%
			a	a	a	j	cdefghij	dfgij	j	j		j	j	j		defgij
Outdoor sports facilities (e.g. courts and pitches)	242 12%	102 8%	55 15%	70 22%	125 18%	13 15%	19 29%	116 17%	30 12%	8 13%	8 12%	2 2%	23 24%	4 2%	19 5%	32 21%
			a	ab	a	gij	acdefgij	gij	gij	gij	gij		dfgij			dgij
Outdoor swimming pools	141 7%	39 3%	50 14%	40 12%	90 13%	8 10%	7 10%	71 10%	22 9%	10 16%	2 3%	2 1%	7 7%	9 5%	3 1%	15 10%
			a	a	a	gj	gj	gij	gj	fgij			gj	j		gj
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182 9%	79 6%	50 14%	37 11%	87 13%	7 8%	6 9%	82 12%	29 12%	7 12%	7 10%	6 5%	10 10%	14 8%	13 3%	13 9%
			a	a	a	j	j	gj	gj	gj	j		j	j		j
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458 71%	1037 81%	202 57%	183 57%	386 57%	54 63%	29 43%	420 61%	160 67%	38 61%	56 79%	115 88%	53 54%	156 84%	379 91%	82 54%
		bcd				b	b	b	bhk	b	abcehk	abcdehk		abcdehk	abcdehik	
NET: Sport or activity in outdoor locations or facility in the past week	585 29%	243 19%	155 43%	140 43%	295 43%	32 37%	38 57%	270 39%	80 33%	24 39%	15 21%	15 12%	44 46%	30 16%	38 9%	69 46%
			a	a	a	fgij	acdefgij	fgij	gij	fgij	j		dfgij	j		dfgij

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	164 8%	47 9%	53 16% acf	14 8%	9 21% acf	66 13%	56 10%	45 8%	44 19% acf	22 10%	11 28% acef	66 14% af	56 9%	18 5%	74 7%	58 12% abe	14 17% abe	146 9%
Outdoor sports facilities (e.g. courts and pitches)	242 12%	82 16%	66 20%	23 13%	6 14%	89 17%	88 16%	73 13%	64 27% acf	31 14%	10 24% af	95 21% acf	83 13%	19 6%	109 10% a	93 19% abe	21 26% abe	223 13% ab
Outdoor swimming pools	141 7%	45 9%	27 8%	32 18% abef	4 11%	59 11%	50 9%	41 7%	35 15% af	28 12% af	4 10%	62 14% af	45 7%	8 2%	72 6% a	54 11% abe	6 8% a	133 8%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182 9%	50 10%	36 11%	29 16% a	9 21% abf	64 12%	59 11%	51 9%	39 16% af	29 13%	10 23% af	67 15% af	61 10%	12 4%	105 9% a	51 10% a	13 16% ab	169 10% a
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458 71%	330 65% be	194 58%	103 57%	21 51%	297 58%	351 64% e	410 71% bcde	100 42%	134 60% bde	17 43%	233 51% b	428 69% bcde	285 84% bcde	832 74% cde	299 61%	41 50%	1173 69% cd
NET: Sport or activity in outdoor locations or facility in the past week	585 29%	176 35%	142 42% a	76 43%	20 49%	218 42% af	197 36%	169 29%	136 58% acef	87 40% af	23 57% acf	223 49% acf	192 31%	53 16%	297 26% a	194 39% abe	41 50% abe	532 31% ab



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	164	72	72	21	26	13	106	53	5	138	27	145	17
	8%	19%	6%	8%	7%	20%	8%	8%	7%	8%	6%	8%	6%
		b				abdef							
Outdoor sports facilities (e.g. courts and pitches)	242	106	113	28	38	11	159	74	3	203	39	210	29
	12%	28%	9%	11%	10%	17%	12%	11%	4%	13%	9%	12%	10%
		b				f	f	f					
Outdoor swimming pools	141	73	57	23	31	8	78	57	4	117	24	113	22
	7%	19%	4%	9%	8%	12%	6%	9%	6%	7%	6%	7%	7%
		b				d		d					
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182	64	97	24	29	10	118	56	6	146	36	155	23
	9%	17%	8%	9%	7%	15%	9%	9%	8%	9%	8%	9%	8%
		b				b							
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458	157	997	190	302	30	964	460	58	1137	321	1234	214
	71%	41%	77%	72%	76%	47%	72%	71%	83%	70%	77%	71%	73%
		a		c	c		c	c	cde		a		
NET: Sport or activity in outdoor locations or facility in the past week	585	224	290	73	94	34	372	187	12	487	98	496	80
	29%	59%	23%	28%	24%	53%	28%	29%	17%	30%	23%	29%	27%
		b				abdef	f	f		b			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28
	8%	1%	4%	9%	11%	11%	12%	10%	9%	9%	10%	6%	10%	8%	9%	8%	8%	7%	12%
			a	ab	ab	ab	ab	a	a	ab	ab		a					c	
Outdoor sports facilities (e.g. courts and pitches)	242	8	13	38	51	42	51	10	28	144	90	53	62	82	43	91	49	66	30
	12%	2%	6%	12%	15%	19%	21%	11%	11%	13%	15%	11%	10%	12%	17%	15%	9%	10%	13%
		a	a	ab	ab	abchi	abcdghij	a	a	ab	ab				abc	bc			
Outdoor swimming pools	141	2	13	27	27	23	23	9	17	89	49	24	47	37	30	41	40	38	18
	7%	1%	6%	8%	8%	11%	9%	10%	7%	8%	8%	5%	8%	5%	12%	7%	8%	6%	8%
			a	a	a	a	a	a	a	a	a		c		abc				
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182	2	14	30	37	31	29	12	26	112	67	37	41	74	26	44	51	59	25
	9%	1%	7%	9%	11%	14%	12%	13%	10%	10%	11%	8%	7%	10%	10%	7%	10%	9%	11%
			a	a	a	ab	ab	a	a	a	ab			b					
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458	336	174	214	220	122	145	60	187	730	391	347	421	511	160	424	369	485	162
	71%	95%	80%	67%	63%	56%	60%	67%	72%	66%	66%	74%	71%	72%	65%	70%	70%	75%	69%
		bdefghij	cdefghij	e					def	e	e	d		d					
NET: Sport or activity in outdoor locations or facility in the past week	585	17	43	106	126	96	97	30	71	372	197	119	172	196	87	183	156	164	72
	29%	5%	20%	33%	37%	44%	40%	33%	28%	34%	34%	26%	29%	28%	35%	30%	30%	25%	31%
			a	ab	abh	abchij	abh	ab	ab	ab	ab				ac				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Outdoor exercise classes	164	95	43	25
	8%	13%	6%	5%
		bc		
Outdoor sports facilities (e.g. courts and pitches)	242	133	68	38
	12%	18%	9%	7%
		bc		
Outdoor swimming pools	141	81	41	17
	7%	11%	5%	3%
		bc		
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182	90	50	40
	9%	12%	6%	8%
		bc		
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1458	441	591	404
	71%	60%	77%	79%
		a	a	
NET: Sport or activity in outdoor locations or facility in the past week	585	295	174	109
	29%	40%	23%	21%
		bc		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3. SUMMARY: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	I did not have to book	Very easy	Fairly easy	Neither easy nor difficult	Fairly difficult	Very difficult	NET: Easy	NET: Difficult
Outdoor exercise classes	164 100%	17 10%	61 37%	58 36%	17 10%	7 4%	4 2%	119 73%	11 7%
Indoor swimming pools	198 100%	17 9%	77 39%	62 31%	23 11%	14 7%	5 2%	140 71%	18 9%
Outdoor swimming pools	141 100%	18 13%	55 39%	43 30%	13 9%	7 5%	4 3%	98 70%	11 8%
Other indoor sports facilities	126 100%	8 7%	39 31%	44 35%	26 21%	7 6%	1 1%	83 66%	8 7%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305 100%	49 16%	110 36%	91 30%	32 11%	19 6%	3 1%	201 66%	22 7%
Outdoor sports facilities (e.g. courts and pitches)	242 100%	48 20%	88 37%	71 29%	25 10%	9 4%	1 *	160 66%	9 4%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182 100%	37 20%	57 31%	57 31%	23 13%	4 2%	4 2%	114 63%	8 4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	d	*e	*f	g	h	*i	
Unweighted Total		316	154	162	207	86	23	14	49	22	44	25	20	88	32	22	
Total		305	152	153	191	88	26	11	49	21	44	22	21	83	34	20	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book		49	21	28	26	13	10	1	8	4	8	4	7	5	9	2	
		16%	14%	18%	14%	15%	37%	6%	17%	19%	18% g	19%	34%	7%	27% g	12%	
Very easy		(5.0)	110	59	51	62	42	6	7	16	9	15	4	5	39	8	8
		36%	39%	34%	33%	48% a	21%	64%	33%	42%	33%	16%	26%	47% h	23%	38%	
Fairly easy		(4.0)	91	47	44	60	26	5	2	12	6	16	8	6	23	10	7
		30%	31%	29%	31%	30%	20%	22%	24%	29%	37%	34%	29%	28%	31%	38%	
Neither easy nor difficult		(3.0)	32	15	17	24	5	3	-	7	1	2	5	-	10	5	2
		11%	10%	11%	13%	5%	13%	-	14%	4%	3%	24%	-	12%	16%	12%	
Fairly difficult		(2.0)	19	9	11	16	1	3	1	6	-	3	1	1	6	1	-
		6%	6%	7%	8% b	1%	10%	8%	12%	-	8%	7%	4%	7%	3%	-	
Very difficult		(1.0)	3	1	1	3	-	-	-	-	1	-	1	-	-	-	-
		1%	1%	1%	1%	-	-	-	-	-	6%	-	6%	-	-	-	-
NET: Easy		201	106	96	122	68	11	10	28	15	31	11	12	62	18	15	
		66%	69%	63%	64%	78% a	41%	86%	57%	71%	70%	50%	56%	75% bh	54%	76%	
NET: Difficult		22	10	12	18	1	3	1	6	1	3	1	2	6	1	-	
		7%	6%	8%	9% b	1%	10%	8%	12%	6%	8%	7%	10%	7%	3%	-	
Base for stats		255	131	125	164	74	17	11	41	17	36	18	14	78	25	18	
Mean Score		4.12	4.17	4.07	4.00	4.47 a	3.84	4.51	3.93	4.25	4.17	3.74	4.00	4.23	4.02	4.29	
Standard Deviation		.968	.942	.995	1.024	.694	1.091	.915	1.086	1.113	.908	.890	1.263	.939	.854	.718	
Standard Error		.059	.082	.086	.077	.082	.273	.254	.170	.262	.149	.199	.350	.104	.174	.165	
Error variance		*	.01	.01	.01	.01	.07	.06	.03	.07	.02	.04	.12	.01	.03	.03	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g	
Unweighted Total		316	62	85	77	43	25	24	224	92	230	11	47	24	-	2	84	
Total		305	65	88	72	37	21	21	225	80	222	11	45	24	-	2	81	
100%		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	
I did not have to book		49	11	13	11	7	3	6	34	15	38	3	4	3	-	-	10	
16%		16%	17%	14%	15%	18%	12%	28%	15%	19%	17%	32%	9%	11%	-	-	13%	
Very easy		(5.0)	110	20	35	31	11	7	7	86	24	84	1	15	9	-	1	26
36%		36%	31%	40%	43%	29%	31%	32%	38%	30%	38%	11%	34%	38%	-	58%	32%	
Fairly easy		(4.0)	91	22	25	18	12	10	4	65	26	63	3	18	5	-	1	27
30%		30%	34%	28%	25%	33%	45%	20%	29%	33%	29%	27%	40%	22%	-	42%	33%	
Neither easy nor difficult		(3.0)	32	5	8	8	7	2	3	21	12	23	1	4	4	-	-	9
11%		11%	8%	9%	11%	18%	7%	16%	9%	14%	11%	11%	8%	17%	-	-	11%	
Fairly difficult		(2.0)	19	5	8	4	1	1	1	17	3	11	2	3	3	-	-	8
6%		6%	7%	9%	6%	2%	4%	5%	7%	3%	5%	19%	6%	13%	-	-	10%	
Very difficult		(1.0)	3	3	-	-	-	-	-	3	-	1	-	1	-	-	-	1
1%		1%	4%	-	-	-	-	-	1%	-	1%	-	3%	-	-	-	2%	
NET: Easy		201	42	60	49	23	16	11	151	50	147	4	33	14	-	2	53	
66%		66%	65%	68%	68%	62%	76%	52%	67%	63%	66%	38%	74%	59%	-	100%	65%	
NET: Difficult		22	7	8	4	1	1	1	19	3	13	2	4	3	-	-	9	
7%		7%	11%	9%	6%	2%	4%	5%	9%	3%	6%	19%	9%	13%	-	-	11%	
Base for stats		255	55	75	61	30	19	15	191	64	183	7	41	21	-	2	71	
Mean Score		4.12	3.97	4.16	4.23	4.09	4.17	4.10	4.13	4.11	4.18	3.42	4.06	3.94	-	4.58	3.97	
Standard Deviation		.968	1.112	.983	.941	.822	.797	.982	1.009	.842	.931	1.140	1.008	1.122	-	.697	1.053	
Standard Error		.059	.154	.115	.116	.139	.170	.232	.073	.097	.067	.431	.156	.239	-	.493	.123	
Error variance		*	.02	.01	.01	.02	.03	.05	.01	.01	*	.19	.02	.06	-	.24	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	316	144	70	74	144	26	18	146	40	15	6	11	33	14	7	44
Total	305	121	79	82	162	25	16	148	39	13	4	9	28	12	9	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	49 16%	28 23% bd	9 12%	11 13%	20 12%	4 17%	2 10%	15 10%	6 16%	4 29%	1 18%	1 7%	8 29% c	2 19%	7 77%	6 15%
Very easy (5.0)	110 36%	33 28%	30 38%	36 44% a	67 41% a	8 32%	6 36%	66 45% dh	10 25%	4 33%	1 16%	3 31%	7 25%	4 35%	1 10%	14 34%
Fairly easy (4.0)	91 30%	38 32%	28 35%	19 23%	47 29%	9 35%	3 17%	44 30%	15 38%	3 24%	3 66%	3 33%	8 29%	2 19%	1 13%	12 28%
Neither easy nor difficult (3.0)	32 11%	13 11%	10 13%	6 8%	17 10%	2 8%	3 21%	13 9%	6 16%	2 14%	- -	1 10%	1 5%	3 28%	- -	5 13%
Fairly difficult (2.0)	19 6%	8 7%	1 1%	8 9% b	9 5%	1 3%	3 16%	9 6%	2 5%	- -	- -	2 19%	3 12%	- -	- -	3 8%
Very difficult (1.0)	3 1%	- -	- -	3 3% a	3 2%	1 5%	- -	1 1%	- -	- -	- -	- -	- -	- -	- -	1 3%
NET: Easy	201 66%	72 59% a	59 74%	55 67%	114 70%	17 67%	9 53%	110 74% h	25 64%	8 57%	4 82%	6 64%	15 54%	7 54%	2 23%	26 62%
NET: Difficult	22 7%	8 7%	1 1%	10 12% b	11 7%	2 8%	3 16%	10 7%	2 5%	- -	- -	2 19%	3 12%	- -	- -	5 11%
Base for stats	255	93	70	71	141	21	14	134	33	10	4	9	19	10	2	35
Mean Score	4.12	4.04	4.25	4.10	4.18	4.04	3.82	4.24	3.99	4.27	4.20	3.81	3.94	4.09	4.42	3.95
Standard Deviation	.968	.925	.768	1.161	.986	1.108	1.182	.947	.864	.814	.470	1.177	1.078	.918	.690	1.127
Standard Error	.059	.087	.098	.145	.088	.236	.296	.083	.148	.245	.210	.372	.225	.265	.488	.183
Error variance	*	.01	.01	.02	.01	.06	.09	.01	.02	.06	.04	.14	.05	.07	.24	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total	316	93	79	30	11	109	104	92	70	41	10	111	102	29	157	106	24	287
Total	305	91	78	30	11	108	102	90	70	40	10	110	100	26	151	105	23	279
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	49	7	10	6	1	16	8	13	5	5	2	10	15	10	25	12	3	39
	16%	8%	12%	20%	8%	14%	8%	15%	7%	12%	17%	9%	15%	39%	16%	12%	11%	14%
Very easy	(5.0) 110	42	28	11	5	39	48	37	27	18	2	45	39	6	52	42	10	104
	36%	46%	36%	35%	49%	36%	47%	41%	38%	45%	20%	41%	39%	23%	35%	40%	42%	37%
Fairly easy	(4.0) 91	27	23	10	4	33	31	26	24	10	4	34	30	6	43	33	8	85
	30%	30%	29%	32%	34%	30%	30%	29%	35%	25%	38%	31%	30%	24%	29%	32%	35%	30%
Neither easy nor difficult	(3.0) 32	10	9	3	1	12	11	8	7	5	3	12	10	4	21	6	2	29
	11%	11%	12%	10%	9%	11%	10%	9%	10%	13%	25%	11%	10%	14%	14%	6%	8%	10%
Fairly difficult	(2.0) 19	4	8	1	-	9	4	5	7	2	-	9	5	-	9	10	1	19
	6%	5%	10%	4%	-	8%	4%	5%	10%	5%	-	8%	5%	-	6%	9%	4%	7%
Very difficult	(1.0) 3	-	-	-	-	-	-	1	-	-	-	-	1	-	1	1	-	3
	1%	-	-	-	-	-	-	1%	-	-	-	-	1%	-	1%	1%	-	1%
NET: Easy	201	69	51	20	9	71	79	63	51	28	6	79	69	12	96	75	18	189
	66%	76%	66%	67%	83%	66%	77%	70%	73%	71%	58%	72%	69%	47%	64%	72%	77%	68%
NET: Difficult	22	4	8	1	-	9	4	6	7	2	-	9	6	-	10	11	1	22
	7%	5%	10%	4%	-	8%	4%	7%	10%	5%	-	8%	6%	-	7%	11%	4%	8%
Base for stats	255	83	68	24	10	93	94	77	65	35	9	100	85	16	126	93	20	239
Mean Score	4.12	4.28	4.05	4.23	4.43	4.09	4.30	4.21	4.09	4.27	3.94	4.15	4.19	4.15	4.09	4.13	4.30	4.12
Standard Deviation	.968	.873	1.012	.842	.703	.969	.854	.969	.978	.906	.785	.953	.952	.786	.970	1.029	.824	.980
Standard Error	.059	.095	.122	.172	.222	.100	.088	.110	.120	.151	.277	.094	.103	.180	.084	.106	.180	.062
Error variance	*	.01	.01	.03	.05	.01	.01	.01	.01	.02	.08	.01	.01	.03	.01	.01	.03	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		316	133	151	38	56	16	202	103	5	273	43	276	36
Total		305	135	141	35	55	14	197	98	5	266	39	269	32
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		49	8	31	9	12	-	30	19	2	46	4	45	4
		16%	6%	22%	25%	22%	-	15%	20%	36%	17%	10%	17%	12%
				a										
Very easy	(5.0)	110	52	51	11	19	6	74	33	3	95	15	102	7
		36%	39%	36%	32%	35%	45%	38%	33%	64%	36%	38%	38%	23%
Fairly easy	(4.0)	91	45	39	9	13	6	63	27	-	79	12	79	12
		30%	33%	28%	25%	23%	43%	32%	27%	-	30%	32%	29%	39%
Neither easy nor difficult	(3.0)	32	16	11	6	5	2	17	12	-	28	4	26	4
		11%	12%	8%	16%	9%	12%	8%	12%	-	11%	11%	10%	14%
Fairly difficult	(2.0)	19	12	7	1	6	-	11	7	-	16	4	15	4
		6%	9%	5%	2%	11%	-	6%	7%	-	6%	9%	6%	13%
Very difficult	(1.0)	3	1	1	-	-	-	1	-	-	3	-	1	-
		1%	1%	1%	-	-	-	1%	-	-	1%	-	*	-
NET: Easy		201	97	90	20	32	13	137	60	3	174	27	181	19
		66%	72%	64%	57%	58%	88%	70%	61%	64%	65%	70%	67%	61%
NET: Difficult		22	14	8	1	6	-	13	7	-	18	4	17	4
		7%	10%	6%	2%	11%	-	6%	7%	-	7%	9%	6%	13%
Base for stats		255	127	110	26	43	14	166	79	3	221	35	224	28
Mean Score		4.12	4.05	4.20	4.15	4.04	4.33	4.19	4.08	5.00	4.13	4.09	4.18 b	3.81
Standard Deviation		.968	1.011	.945	.877	1.078	.709	.928	.966	-	.967	.989	.932	.994
Standard Error		.059	.090	.087	.166	.162	.177	.071	.106	-	.064	.158	.061	.179
Error variance		*	.01	.01	.03	.03	.03	.01	.01	-	*	.03	*	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%																				
Unweighted Total		316	10	21	52	71	51	49	20	42	195	111	53	113	99	44	104	92	80	33
Total		305	9	18	49	68	49	49	22	41	184	112	50	106	97	44	98	87	79	34
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		49	1	5	5	9	5	8	4	12	24	24	11	11	20	5	25	10	5	8
		16%	17%	26%	11%	13%	11%	17%	16%	29%	13%	21%	21%	10%	21%	12%	26%	11%	6%	25%
										cdei					b		bc		c	
Very easy	(5.0)	110	4	3	14	27	20	20	9	13	65	41	13	40	38	18	39	23	34	12
		36%	49%	18%	29%	39%	42%	40%	42%	31%	35%	37%	25%	38%	39%	40%	40%	26%	43%	34%
																	b		b	
Fairly easy	(4.0)	91	2	2	19	24	15	15	7	7	60	29	15	33	30	13	26	28	27	10
		30%	25%	14%	40%	35%	30%	31%	32%	16%	33%	26%	29%	31%	30%	30%	26%	32%	34%	29%
					h	h					h									
Neither easy nor difficult	(3.0)	32	1	5	4	8	3	5	2	5	20	12	6	16	6	4	6	17	7	2
		11%	9%	25%	7%	12%	7%	10%	9%	12%	11%	11%	11%	15%	6%	10%	6%	19%	9%	5%
														c			a			
Fairly difficult	(2.0)	19	-	3	6	1	4	1	-	4	14	5	7	5	3	4	3	8	5	3
		6%	-	17%	13%	2%	8%	2%	-	9%	8%	4%	13%	5%	3%	8%	3%	9%	7%	7%
					dfj								c							
Very difficult	(1.0)	3	-	-	-	-	1	-	-	1	1	1	-	1	1	-	-	3	-	-
		1%	-	-	-	-	2%	-	-	3%	1%	1%	-	1%	1%	-	-	3%	-	-
NET: Easy		201	6	6	34	50	35	35	16	19	125	70	27	73	67	31	65	51	61	22
		66%	74%	31%	69%	74%	72%	71%	75%	47%	68%	63%	54%	68%	69%	70%	66%	58%	78%	63%
					h	h	h	h			h								b	
NET: Difficult		22	-	3	6	1	5	1	-	5	16	6	7	7	4	4	3	10	5	3
		7%	-	17%	13%	2%	10%	2%	-	13%	8%	5%	13%	6%	4%	8%	3%	12%	7%	7%
					df		d			df			c				a			
Base for stats		255	7	13	44	60	43	41	18	29	160	88	40	95	77	39	73	77	74	26
Mean Score		4.12	4.48	3.44	3.95	4.27	4.14	4.31	4.40	3.87	4.08	4.18	3.84	4.10	4.29	4.15	4.38	3.79	4.21	4.19
															a		b		b	
Standard Deviation		.968	.735	1.137	1.008	.775	1.072	.789	.691	1.252	.977	.967	1.066	.965	.881	.973	.798	1.080	.906	.952
Standard Error		.059	.260	.284	.149	.098	.160	.123	.168	.225	.075	.102	.165	.096	.099	.156	.090	.120	.105	.190
Error variance		*	.07	.08	.02	.01	.03	.02	.03	.05	.01	.01	.03	.01	.01	.02	.01	.01	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6E3.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		316	189	88	37
Total		305	184	85	33
		100%	100%	100%	100%
I did not have to book		49	30	14	6
		16%	16%	16%	17%
Very easy	(5.0)	110	71	29	9
		36%	38%	34%	27%
Fairly easy	(4.0)	91	52	27	12
		30%	28%	31%	36%
Neither easy nor difficult	(3.0)	32	19	10	4
		11%	10%	12%	11%
Fairly difficult	(2.0)	19	13	4	2
		6%	7%	5%	6%
Very difficult	(1.0)	3	-	1	1
		1%	-	2%	4%
			a		
NET: Easy		201	123	56	21
		66%	67%	66%	62%
NET: Difficult		22	13	6	3
		7%	7%	7%	10%
Base for stats		255	154	72	28
Mean Score		4.12	4.17	4.09	3.90
Standard Deviation		.968	.942	.977	1.088
Standard Error		.059	.075	.114	.195
Error variance		*	.01	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		206	93	112	125	59	22	19	31	20	16	14	17	59	19	11
Total		198	89	108	115	59	24	16	32	19	14	13	17	58	20	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		17	7	10	11	3	3	2	3	2	-	1	4	3	2	-
		9%	8%	10%	9%	6%	14%	16%	9%	11%	-	9%	25%	5%	11%	-
Very easy	(5.0)	77	36	41	47	22	9	4	12	6	8	3	4	29	5	6
		39%	40%	38%	41%	37%	36%	28%	38%	33%	54%	28%	21%	50%	26%	59%
Fairly easy	(4.0)	62	27	34	31	22	9	6	13	6	2	5	5	16	7	2
		31%	31%	32%	27%	38%	37%	41%	41%	33%	12%	38%	31%	28%	35%	16%
Neither easy nor difficult	(3.0)	23	12	11	15	6	2	2	1	2	2	3	3	7	2	2
		11%	13%	10%	13%	9%	10%	10%	2%	8%	13%	20%	20%	13%	9%	18%
Fairly difficult	(2.0)	14	5	9	7	6	1	1	3	3	1	1	1	2	3	-
		7%	5%	8%	6%	10%	4%	5%	9%	15%	5%	6%	4%	3%	15%	-
Very difficult	(1.0)	5	3	2	5	-	-	-	-	-	2	-	-	1	1	1
		2%	3%	2%	4%	-	-	-	-	-	15%	-	-	1%	5%	7%
NET: Easy		140	63	76	78	44	18	11	25	12	9	8	9	45	12	8
		71%	71%	70%	68%	75%	73%	69%	79%	66%	66%	65%	51%	78%	60%	75%
NET: Difficult		18	7	11	11	6	1	1	3	3	3	1	1	3	4	1
		9%	8%	10%	10%	10%	4%	5%	9%	15%	21%	6%	4%	5%	20%	7%
Base for stats		181	82	97	104	56	21	13	29	17	14	11	13	55	18	10
Mean Score	4.08	4.09	4.07	4.05	4.08	4.22	4.10	4.18	3.95	3.85	3.95	3.90	4.28	3.68	4.21	
Standard Deviation	1.041	1.047	1.047	1.123	.964	.829	.854	.921	1.088	1.549	.929	.903	.925	1.247	1.208	
Standard Error	.076	.114	.104	.106	.130	.190	.213	.174	.256	.387	.258	.261	.124	.302	.364	
Error variance	.01	.01	.01	.01	.02	.04	.05	.03	.07	.15	.07	.07	.02	.09	.13	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		206	28	44	59	29	22	24	131	75	148	8	27	15	2	4	56	
Total		198	31	47	57	24	19	21	135	63	144	7	25	15	1	3	52	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book		17	2	6	5	2	1	2	12	5	14	1	1	-	-	1	4	
		9%	5%	13%	8%	7%	8%	9%	9%	8%	10%	11%	6%	-	-	37%	7%	
Very easy		(5.0)	77	17	14	24	9	5	8	55	22	57	3	8	8	-	1	20
		39%	56%	29%	42%	40%	29%	36%	41%	35%	40%	44%	34%	50%	-	20%	38%	
Fairly easy		(4.0)	62	7	16	17	9	8	6	40	22	44	-	9	6	1	1	18
		31%	24%	33%	30%	37%	41%	28%	30%	35%	31%	-	36%	40%	100%	43%	34%	
Neither easy nor difficult		(3.0)	23	4	6	4	2	3	2	14	8	15	3	4	-	-	-	7
		11%	12%	13%	8%	10%	18%	11%	11%	13%	11%	45%	16%	-	-	-	14%	
Fairly difficult		(2.0)	14	-	4	6	1	-	2	10	4	11	-	1	2	-	-	3
		7%	-	8%	10%	6%	-	12%	7%	6%	8%	-	5%	10%	-	-	5%	
Very difficult		(1.0)	5	1	1	1	-	1	3	1	2	-	1	-	-	-	1	
		2%	3%	3%	2%	-	4%	3%	2%	2%	2%	-	3%	-	-	-	1%	
NET: Easy		140	25	29	41	18	13	13	95	45	102	3	17	14	1	2	38	
		71%	80%	63%	72%	77%	70%	64%	71%	71%	71%	44%	70%	90%	100%	63%	73%	
NET: Difficult		18	1	5	7	1	1	3	13	5	13	-	2	2	-	-	3	
		9%	3%	11%	12%	6%	4%	15%	10%	8%	9%	-	8%	10%	-	-	7%	
Base for stats		181	30	41	52	22	17	19	123	58	130	7	23	15	1	2	49	
Mean Score		4.08	4.36	3.89	4.11	4.19	3.99	3.91	4.10	4.04	4.10	3.99	4.00	4.30	4.00	4.32	4.11	
Standard Deviation		1.041	.966	1.085	1.071	.893	.979	1.203	1.057	1.015	1.024	1.085	1.036	.925	-	.636	.962	
Standard Error		.076	.189	.176	.146	.172	.219	.256	.097	.122	.089	.410	.207	.239	-	.367	.133	
Error variance		.01	.04	.03	.02	.03	.05	.07	.01	.01	.01	.17	.04	.06	-	.13	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status												
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed												
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k		
206	93	53	41	94	7	17	98	26	8	12	6	10	13	9	24		
198	76	60	47	107	7	15	98	26	7	10	5	8	11	9	22		
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
17	10	1	4	5	-	2	9	2	1	1	-	2	-	2	2		
9%	14%	2%	8%	4%	-	13%	9%	6%	10%	7%	-	19%	-	23%	9%		
	bd																
77	29	23	22	45	3	8	40	8	2	2	3	4	6	2	10		
39%	38%	38%	47%	42%	36%	51%	41%	30%	25%	22%	57%	52%	58%	19%	46%		
62	20	25	11	36	2	4	29	11	4	6	1	-	2	5	6		
31%	26%	41%	24%	33%	28%	25%	29%	42%	55%	57%	12%	-	15%	49%	26%		
23	6	8	8	16	3	1	9	3	1	1	2	2	2	-	3		
11%	8%	13%	17%	15%	36%	6%	9%	13%	10%	7%	30%	29%	14%	-	15%		
14	8	2	2	5	-	1	9	1	-	1	-	-	1	1	1		
7%	11%	4%	5%	5%	-	5%	9%	5%	-	7%	-	-	7%	9%	4%		
5	3	1	-	1	-	-	3	1	-	-	-	-	1	-	-		
2%	3%	2%	-	1%	-	-	3%	5%	-	-	-	-	6%	-	-		
140	49	48	33	81	4	12	69	19	6	8	4	4	8	6	16		
71%	64%	79%	71%	75%	64%	76%	70%	71%	80%	79%	70%	52%	72%	68%	72%		
18	11	4	2	6	-	1	12	3	-	1	-	-	1	1	1		
9%	14%	6%	5%	6%	-	5%	12%	10%	-	7%	-	-	13%	9%	4%		
181	65	59	43	103	7	13	90	25	6	10	5	7	11	7	20		
4.08	3.99	4.11	4.21	4.15	4.00	4.40	4.05	3.92	4.17	4.00	4.27	4.28	4.10	4.00	4.26		
1.041	1.183	.939	.943	.938	.920	.891	1.109	1.077	.657	.828	.991	1.042	1.311	.922	.898		
.076	.131	.130	.153	.099	.348	.230	.118	.220	.248	.250	.405	.368	.364	.349	.191		
.01	.02	.02	.02	.01	.12	.05	.01	.05	.06	.06	.16	.14	.13	.12	.04		

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	c	*d	e	f					
Significance Level: 95%																			
Unweighted Total	206	68	50	28	7	78	75	62	43	42	10	85	72	24	95	74	13	182	
Total	198	68	50	26	7	76	74	62	43	40	9	83	71	21	92	73	13	177	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book	17	11	-	2	1	2	11	6	4	3	1	6	7	2	8	6	2	15	
	9%	16%	-	6%	13%	2%	15%	10%	9%	7%	15%	8%	10%	11%	8%	8%	12%	8%	
	be																		
Very easy	(5.0)	77	24	21	12	1	33	24	22	20	12	4	32	26	7	33	31	7	71
		39%	35%	42%	45%	10%	43%	33%	36%	46%	31%	41%	39%	37%	33%	35%	42%	56%	40%
Fairly easy	(4.0)	62	20	20	7	3	27	24	21	12	16	4	28	25	8	31	22	1	54
		31%	30%	41%	25%	49%	35%	32%	33%	29%	39%	44%	34%	35%	40%	33%	30%	11%	30%
Neither easy nor difficult	(3.0)	23	5	2	5	2	7	7	5	2	6	-	8	5	2	9	11	2	21
		11%	7%	5%	18%	28%	9%	9%	9%	6%	15%	-	10%	8%	7%	9%	15%	14%	12%
Fairly difficult	(2.0)	14	5	5	2	-	7	5	6	3	3	-	6	6	2	10	1	1	12
		7%	8%	10%	6%	-	9%	7%	9%	7%	9%	-	8%	8%	8%	11%	2%	6%	7%
															c				
Very difficult	(1.0)	5	3	1	-	-	1	3	2	2	-	-	2	2	-	2	2	-	5
		2%	4%	2%	-	-	1%	4%	3%	4%	-	-	2%	3%	-	3%	3%	-	3%
NET: Easy	140	44	42	18	4	60	48	43	32	28	8	60	50	15	63	53	9	125	
	71%	65%	83%	70%	59%	79%	65%	69%	75%	70%	85%	72%	71%	73%	69%	73%	68%	70%	
NET: Difficult	18	8	6	2	-	8	8	8	5	3	-	8	8	2	12	4	1	17	
	9%	12%	12%	6%	-	10%	11%	12%	11%	9%	-	10%	11%	8%	13%	5%	6%	9%	
Base for stats	181	57	50	25	6	75	63	56	39	38	8	77	64	18	84	67	11	162	
Mean Score	4.08	3.99	4.12	4.15	3.80	4.13	3.97	3.99	4.15	3.99	4.48	4.07	4.05	4.11	3.97	4.16	4.35	4.07	
Standard Deviation	1.041	1.169	1.026	.966	.696	1.000	1.131	1.117	1.141	.938	.536	1.043	1.073	.927	1.105	.995	1.030	1.056	
Standard Error	.076	.155	.145	.189	.284	.115	.143	.149	.183	.150	.189	.118	.134	.202	.118	.121	.310	.082	
Error variance	.01	.02	.02	.04	.08	.01	.02	.02	.03	.02	.04	.01	.02	.04	.01	.01	.10	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
					Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
		Total	Yes	No							Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		206	87	87	42	37	12	120	78	12	166	40	171	30
Total		198	85	85	39	34	12	118	73	11	163	35	167	27
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		17	4	11	4	3	-	11	5	2	14	3	15	2
		9%	5%	13%	10%	10%	-	10%	7%	15%	9%	9%	9%	9%
Very easy	(5.0)	77	32	38	19	13	2	48	29	5	67	11	68	8
		39%	37%	45%	48%	38%	13%	41%	39%	42%	41%	31%	41%	29%
Fairly easy	(4.0)	62	30	22	9	11	10	35	27	2	52	11	53	9
		31%	35%	26%	23%	32%	87%	30%	37%	22%	32%	31%	32%	35%
Neither easy nor difficult	(3.0)	23	11	7	2	2	-	16	4	-	19	3	17	5
		11%	13%	8%	5%	6%	-	13%	5%	-	12%	10%	10%	17%
Fairly difficult	(2.0)	14	5	7	5	4	-	6	6	2	7	6	10	3
		7%	6%	8%	12%	12%	-	5%	9%	21%	4%	18% a	6%	10%
Very difficult	(1.0)	5	3	-	1	1	-	2	2	-	4	1	4	-
		2%	4%	-	2%	3%	-	2%	3%	-	2%	2%	2%	-
NET: Easy		140	62	60	28	24	12	83	55	7	118	21	121	17
		71%	72%	71%	71%	69%	100%	70%	76%	63%	73%	61%	72%	64%
NET: Difficult		18	8	7	6	5	-	8	8	2	11	7	14	3
		9%	9%	8%	15%	15%	-	7%	11%	21%	7%	20% a	8%	10%
Base for stats		181	81	74	36	31	12	107	68	10	149	32	152	24
Mean Score		4.08	4.02	4.24	4.13	3.99	4.13	4.12	4.09	3.99	4.14	3.76	4.12	3.92
											b			
Standard Deviation		1.041	1.059	.972	1.176	1.160	.354	.999	1.060	1.293	.997	1.196	1.024	.994
Standard Error		.076	.116	.112	.191	.202	.102	.096	.125	.409	.081	.197	.082	.191
Error variance		.01	.01	.01	.04	.04	.01	.01	.02	.17	.01	.04	.01	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	*d	a	b	c	d
Unweighted Total	206	6	19	36	49	34	30	15	17	138	62	44	66	68	25	60	61	53	30
Total	198	5	18	36	45	33	28	16	17	133	61	40	63	68	25	59	55	53	29
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	17	1	1	5	5	1	3	2	1	11	6	4	4	8	1	7	5	6	-
	9%	15%	4%	13%	11%	2%	11%	11%	5%	8%	9%	10%	6%	12%	5%	11%	9%	11%	-
Very easy	(5.0)	77	1	6	14	14	15	10	9	49	27	18	20	28	11	25	17	19	16
	39%	22%	34%	39%	31%	44%	35%	57%	52%	37%	45%	46%	32%	42%	43%	42%	30%	36%	56% b
Fairly easy	(4.0)	62	2	8	11	12	15	8	2	6	45	16	8	26	18	10	19	18	16
	31%	33%	46%	30%	26%	44%	28%	14%	33%	34%	26%	19%	41% a	27%	40%	32%	32%	30%	35%
Neither easy nor difficult	(3.0)	23	-	3	4	8	2	5	1	-	17	6	2	11	6	2	2	10	10
	11%	-	17%	12%	17%	5%	19%	5%	-	13%	10%	5%	17%	9%	8%	3%	17% a	19% ad	3%
Fairly difficult	(2.0)	14	1	-	2	6	2	-	2	2	9	4	5	3	5	1	7	4	2
	7%	16%	-	6%	12%	5%	-	12%	9%	7%	6%	13%	4%	7%	3%	11%	6%	3%	6%
Very difficult	(1.0)	5	1	-	-	2	-	2	-	-	2	2	3	-	2	-	1	3	1
	2%	14%	-	-	4%	-	8% i	-	-	1%	4%	7% b	-	3%	-	1%	5%	2%	-
NET: Easy	140	3	14	25	26	29	18	11	14	94	43	26	46	46	21	43	34	34	27
	71%	55%	79%	69%	56%	88% dfi	63%	72%	85%	71%	71%	65%	73%	69%	83%	73%	63%	65%	91% abc
NET: Difficult	18	1	-	2	7	2	2	2	2	11	6	8	3	7	1	8	6	3	2
	9%	30%	-	6%	16%	5%	8%	12%	9%	8%	9%	20% b	4%	10%	3%	13%	11%	5%	6%
Base for stats	181	4	17	31	41	32	25	14	16	122	55	36	60	59	24	53	50	47	29
Mean Score	4.08	3.37	4.17	4.17	3.75	4.31 d	3.92	4.32	4.35	4.07	4.15	3.94	4.07	4.12	4.30	4.13	3.84	4.06	4.42 b
Standard Deviation	1.041	1.685	.723	.931	1.202	.792	1.194	1.111	.939	.989	1.104	1.362	.843	1.102	.789	1.082	1.135	.979	.818
Standard Error	.076	.753	.170	.165	.183	.138	.230	.308	.235	.088	.148	.215	.107	.145	.161	.149	.153	.143	.149
Error variance	.01	.57	.03	.03	.03	.02	.05	.09	.06	.01	.02	.05	.01	.02	.03	.02	.02	.02	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.2. Indoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	*c
Significance Level: 95%					
Unweighted Total		206	104	75	23
Total		198	100	72	23
		100%	100%	100%	100%
I did not have to book		17	8	6	2
		9%	8%	9%	9%
Very easy	(5.0)	77	43	26	9
		39%	43%	36%	39%
Fairly easy	(4.0)	62	33	20	8
		31%	33%	27%	35%
Neither easy nor difficult	(3.0)	23	5	15	2
		11%	5%	21%	7%
				a	
Fairly difficult	(2.0)	14	7	4	2
		7%	7%	6%	10%
Very difficult	(1.0)	5	3	1	-
		2%	3%	1%	-
NET: Easy		140	77	45	17
		71%	76%	63%	74%
NET: Difficult		18	10	5	2
		9%	10%	7%	10%
Base for stats		181	92	66	21
Mean Score		4.08	4.16	3.99	4.14
Standard Deviation		1.041	1.065	.999	.976
Standard Error		.076	.109	.121	.213
Error variance		.01	.01	.01	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		130	71	59	85	39	6	3	14	10	16	8	8	42	13	16
Total		126	70	55	80	38	8	2	15	9	16	6	8	40	14	16
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		8	4	5	5	3	-	-	1	1	1	1	1	2	1	-
		7%	5%	8%	7%	7%	-	-	8%	11%	8%	12%	14%	4%	10%	-
Very easy	(5.0)	39	26	13	25	13	2	1	5	5	4	1	2	11	5	5
		31%	36%	24%	31%	34%	22%	37%	31%	59%	27%	12%	24%	27%	37%	33%
Fairly easy	(4.0)	44	24	20	27	14	4	1	6	-	2	3	3	16	4	9
		35%	34%	36%	34%	37%	45%	28%	39%	-	16%	50%	41%	40%	31%	56%
Neither easy nor difficult	(3.0)	26	11	14	15	8	3	1	2	2	6	1	2	9	3	1
		21%	16%	26%	19%	22%	34%	35%	16%	22%	35%	11%	21%	22%	23%	5%
Fairly difficult	(2.0)	7	6	2	7	-	-	-	1	1	2	1	-	3	-	-
		6%	8%	3%	9%	-	-	-	6%	9%	14%	14%	-	7%	-	-
Very difficult	(1.0)	1	-	1	1	-	-	-	-	-	-	-	-	-	-	1
		1%	-	2%	1%	-	-	-	-	-	-	-	-	-	-	6%
NET: Easy		83	50	33	51	26	5	2	10	5	7	4	5	27	9	14
		66%	71%	60%	64%	70%	66%	65%	70%	59%	43%	62%	65%	67%	67%	89%
NET: Difficult		8	6	3	8	-	-	-	1	1	2	1	-	3	-	1
		7%	8%	5%	11%	-	-	-	6%	9%	14%	14%	-	7%	-	6%
					b											
Base for stats		117	67	51	75	35	8	2	13	8	14	6	7	38	13	16
Mean Score		3.96	4.05	3.84	3.89	4.12	3.88	4.02	4.04	4.21	3.61	3.68	4.03	3.91	4.15	4.10
Standard Deviation		.943	.948	.932	1.025	.779	.785	1.111	.905	1.197	1.102	.997	.786	.902	.831	1.004
Standard Error		.085	.116	.126	.115	.130	.320	.642	.251	.399	.285	.377	.297	.143	.240	.251
Error variance		.01	.01	.02	.01	.02	.10	.41	.06	.16	.08	.14	.09	.02	.06	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		130	31	32	29	12	13	13	92	38	87	8	22	6	2	-	38
Total		126	34	32	28	10	10	12	94	32	85	8	22	5	2	-	37
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
I did not have to book		8	2	4	2	-	-	-	8	-	5	-	2	-	1	-	3
		7%	6%	13% h	8%	-	-	-	9%	-	6%	-	9%	-	52%	-	8%
Very easy		(5.0)	39	14	7	10	3	2	3	31	33	-	4	1	-	-	5
		31%	41%	23%	36%	30%	17%	25%	33%	24%	39%	-	18%	16%	-	-	13%
											g						
Fairly easy		(4.0)	44	10	12	10	4	4	5	31	30	3	8	1	-	-	12
		35%	29%	37%	34%	37%	42%	40%	34%	40%	35%	34%	37%	25%	-	-	33%
Neither easy nor difficult		(3.0)	26	5	6	3	3	4	4	15	14	4	4	2	1	-	11
		21%	15%	19%	13%	33%	34%	35%	16%	34%	16%	53%	18%	44%	48%	-	31%
											g						
Fairly difficult		(2.0)	7	3	1	3	-	1	-	7	2	1	4	1	-	-	6
		6%	8%	4%	10%	-	7%	-	7%	2%	2%	13%	18%	16%	-	-	16% a
Very difficult		(1.0)	1	-	1	-	-	-	1	-	1	-	-	-	-	-	-
		1%	-	3%	-	-	-	-	1%	-	1%	-	-	-	-	-	-
NET: Easy		83	24	20	19	7	6	8	63	20	63	3	12	2	-	-	17
		66%	71%	61%	70%	67%	59%	65%	67%	64%	74%	34%	54%	41%	-	-	46%
											g						
NET: Difficult		8	3	2	3	-	1	-	8	1	3	1	4	1	-	-	6
		7%	8%	7%	10%	-	7%	-	8%	2%	3%	13%	18%	16%	-	-	16% a
Base for stats		117	32	28	26	10	10	12	85	32	80	8	20	5	1	-	34
Mean Score		3.96	4.10	3.84	4.04	3.97	3.69	3.89	4.00	3.85	4.17 g	3.21	3.59	3.41	3.00	-	3.46
Standard Deviation		.943	.988	1.007	.987	.832	.867	.805	.988	.815	.877	.697	1.043	1.039	-	-	.947
Standard Error		.085	.183	.190	.190	.240	.240	.223	.108	.132	.097	.246	.233	.424	-	-	.160
Error variance		.01	.03	.04	.04	.06	.06	.05	.01	.02	.01	.06	.05	.18	-	-	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status												
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
Significance Level: 95%		a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k		
Unweighted Total		130	56	30	28	58	4	8	62	21	7	1	7	13	3	4	12	
Total		126	46	35	32	67	4	7	66	19	6	1	6	10	2	5	10	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book		8	2	4	2	6	-	-	5	3	-	-	-	-	-	-	-	
		7%	3%	10%	7%	9%	-	-	8%	16%	-	-	-	-	-	-	-	
Very easy		(5.0)	39	12	14	9	23	1	1	24	5	1	1	4	2	-	3	
		31%	26%	38%	30%	34%	28%	23%	36%	26%	11%	100%	13%	37%	68%	-	25%	
Fairly easy		(4.0)	44	19	8	13	21	-	2	25	6	2	-	5	2	-	1	2
		35%	41%	23%	40%	31%	-	38%	38%	31%	31%	-	87%	23%	-	28%	24%	
Neither easy nor difficult		(3.0)	26	11	7	5	12	3	3	10	2	3	-	-	2	1	3	5
		21%	23%	19%	17%	18%	72%	39%	15%	10%	41%	-	-	24%	32%	72%	52%	
Fairly difficult		(2.0)	7	3	3	1	4	-	-	2	2	1	-	-	2	-	-	-
		6%	7%	9%	3%	6%	-	-	4%	12%	17%	-	-	16%	-	-	-	
Very difficult		(1.0)	1	-	-	1	1	-	-	-	1	-	-	-	-	-	-	-
		1%	-	-	3%	2%	-	-	-	5%	-	-	-	-	-	-	-	
NET: Easy		83	31	22	22	44	1	4	48	11	3	1	6	6	2	1	5	
		66%	67%	61%	70%	65%	28%	61%	74%	57%	42%	100%	100%	60%	68%	28%	48%	
NET: Difficult		8	3	3	2	5	-	-	2	3	1	-	-	2	-	-	-	
		7%	7%	9%	7%	8%	-	-	4%	17%	17%	-	-	16%	-	-	-	
Base for stats		117	45	32	30	61	4	7	60	16	6	1	6	10	2	5	10	
Mean Score		3.96	3.89	4.01	3.96	3.99	3.55	3.83	4.16	3.72	3.36	5.00	4.13	3.81	4.36	3.28	3.73	
Standard Deviation		.943	.887	1.042	.996	1.012	1.037	.837	.835	1.257	.965	-	.362	1.168	1.227	.506	.873	
Standard Error		.085	.121	.200	.195	.139	.519	.296	.111	.296	.365	-	.137	.324	.708	.253	.252	
Error variance		.01	.01	.04	.04	.02	.27	.09	.01	.09	.13	-	.02	.10	.50	.06	.06	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f					
Significance Level: 95%																			
Unweighted Total		130	37	30	20	9	50	46	35	38	16	7	54	42	12	66	42	10	118
Total		126	37	32	19	8	51	45	35	38	15	8	53	43	11	63	42	10	115
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		8	3	3	2	-	5	3	3	4	1	-	5	3	-	4	4	-	8
		7%	9%	9%	10%	-	10%	8%	10%	10%	8%	-	9%	8%	-	7%	10%	-	7%
Very easy	(5.0)	39	14	9	4	4	14	17	10	13	6	2	19	12	4	17	14	5	35
		31%	37%	28%	23%	46%	27%	38%	29%	35%	36%	26%	35%	28%	33%	27%	33%	47%	31%
Fairly easy	(4.0)	44	12	13	7	3	20	15	16	9	5	5	14	20	4	24	14	2	40
		35%	33%	40%	40%	33%	40%	33%	44%	23%	33%	60%	26%	47% be	37%	38%	34%	22%	35%
Neither easy nor difficult	(3.0)	26	7	7	2	-	8	7	6	7	2	1	9	7	3	13	9	1	23
		21%	18%	20%	9%	-	16%	15%	17%	19%	10%	14%	16%	17%	30%	20%	22%	11%	20%
Fairly difficult	(2.0)	7	-	1	3	2	4	2	-	4	2	-	6	-	-	6	1	1	7
		6%	-	2%	18%	21%	8%	4%	-	10% f	13%	-	11% af	-	-	9%	2%	9%	6%
Very difficult	(1.0)	1	1	-	-	-	-	1	-	1	-	-	1	-	-	-	-	1	1
		1%	3%	-	-	-	-	2%	-	3%	-	-	2%	-	-	-	-	11%	1%
NET: Easy		83	26	22	12	6	34	32	26	22	11	7	33	32	8	41	28	7	75
		66%	70%	68%	63%	79%	66%	71%	73%	59%	69%	86%	62%	75%	70%	64%	67%	69%	66%
NET: Difficult		8	1	1	3	2	4	3	-	5	2	-	7	-	-	6	1	2	8
		7%	3%	2%	18%	21%	8%	6%	-	13% af	13%	-	13% af	-	-	9%	2%	20%	7%
Base for stats		117	34	29	17	8	46	42	32	34	14	8	48	39	11	59	38	10	106
Mean Score		3.96	4.11	4.04	3.77	4.03	3.94	4.10	4.13	3.86	4.00	4.12	3.90	4.13	4.02	3.88	4.09	3.85	3.95
Standard Deviation		.943	.947	.816	1.075	1.222	.916	.990	.715	1.159	1.071	.665	1.124	.698	.830	.941	.837	1.451	.957
Standard Error		.085	.162	.157	.253	.407	.137	.151	.126	.199	.277	.252	.161	.112	.240	.120	.136	.459	.091
Error variance		.01	.03	.02	.06	.17	.02	.02	.02	.04	.08	.06	.03	.01	.06	.01	.02	.21	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		130	50	62	21	16	9	76	44	2	109	21	108	17
Total		126	51	58	21	16	9	73	44	3	106	20	106	15
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		8	6	2	2	-	1	6	3	-	7	1	7	1
		7%	13%	3%	9%	-	8%	8%	6%	-	7%	4%	7%	7%
Very easy	(5.0)	39	12	21	9	8	2	21	16	3	33	6	34	4
		31%	24%	36%	43%	47%	21%	28%	36%	100%	32%	28%	32%	25%
Fairly easy	(4.0)	44	17	22	4	3	5	29	13	-	36	8	38	4
		35%	33%	37%	21%	20%	51%	40%	28%	-	34%	41%	36%	29%
Neither easy nor difficult	(3.0)	26	10	11	4	3	1	15	7	-	22	3	20	4
		21%	20%	20%	18%	17%	9%	20%	17%	-	21%	17%	19%	28%
Fairly difficult	(2.0)	7	4	2	1	2	1	3	5	-	6	1	6	2
		6%	8%	4%	5%	15%	11%	4%	10%	-	6%	5%	5%	11%
Very difficult	(1.0)	1	1	-	1	-	-	-	1	-	-	1	1	-
		1%	2%	-	5%	-	-	-	2%	-	-	5%	1%	-
NET: Easy		83	29	43	14	11	7	50	29	3	69	14	72	8
		66%	57%	73%	64%	68%	71%	68%	64%	100%	66%	69%	68%	54%
NET: Difficult		8	5	2	2	2	1	3	6	-	6	2	7	2
		7%	10%	4%	10%	15%	11%	4%	13%	-	6%	10%	6%	11%
Base for stats		117	45	57	20	16	9	68	42	3	98	19	99	14
Mean Score		3.96	3.80	4.09	4.01	4.00	3.88	4.00	3.91	5.00	3.98	3.85	4.00	3.72
Standard Deviation		.943	1.026	.868	1.198	1.156	.952	.836	1.119	-	.916	1.091	.938	1.028
Standard Error		.085	.155	.112	.275	.289	.337	.099	.175	-	.091	.244	.093	.257
Error variance		.01	.02	.01	.08	.08	.11	.01	.03	-	.01	.06	.01	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total		130	1	8	24	27	24	27	7	12	83	46	31	40	40	17	43	37	31	18
Total		126	1	8	23	25	24	27	8	11	80	46	30	36	40	18	42	33	31	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		8	-	-	-	3	1	4	-	-	4	4	2	2	4	-	3	4	-	1
		7%	-	-	-	12%	3%	17%	-	-	5%	10%	8%	6%	10%	-	8%	13% c	-	4%
Very easy		(5.0)	39	-	3	9	4	9	7	2	6	24	8	11	14	5	11	11	10	6
		31%	-	35%	39%	15%	38%	25%	26%	53%	31%	32%	27%	30%	36%	27%	26%	32%	33%	35%
Fairly easy		(4.0)	44	1	2	8	9	9	10	3	4	28	15	12	9	8	17	10	12	6
		35%	100%	21%	35%	36%	38%	37%	32%	32%	35%	35%	52% c	33%	21%	47%	39%	30%	37%	33%
Neither easy nor difficult		(3.0)	26	-	2	5	8	3	4	3	1	18	3	9	10	4	8	7	7	5
		21%	-	32%	23%	31%	11%	14%	41%	7%	23%	17%	9%	25%	24%	21%	18%	20%	22%	28%
Fairly difficult		(2.0)	7	-	1	1	1	2	1	-	1	6	1	2	3	1	4	2	1	-
		6%	-	12%	4%	6%	10%	4%	-	7%	7%	4%	4%	7%	7%	6%	9%	6%	5%	-
Very difficult		(1.0)	1	-	-	-	-	1	-	-	-	1	-	-	1	-	-	-	1	-
		1%	-	-	-	-	-	4%	-	-	-	2%	-	-	3%	-	-	-	3%	-
NET: Easy		83	1	4	17	13	18	16	5	9	52	31	24	23	23	13	28	21	22	12
		66%	100%	56%	73%	52%	76%	62%	59%	86%	65%	67%	80% c	63%	57%	73%	65%	62%	70%	68%
NET: Difficult		8	-	1	1	1	2	2	-	1	6	3	1	2	4	1	4	2	3	-
		7%	-	12%	4%	6%	10%	8%	-	7%	7%	6%	4%	7%	10%	6%	9%	6%	8%	-
Base for stats		117	1	8	23	22	23	22	8	11	76	41	27	34	36	18	39	29	31	17
Mean Score		3.96	4.00	3.80	4.08	3.70	4.07	3.90	3.85	4.32	3.94	4.00	4.13	3.91	3.88	3.94	3.89	4.01	3.92	4.07
Standard Deviation		.943	-	1.127	.888	.853	.977	1.055	.865	.929	.929	.985	.743	.938	1.119	.867	.942	.943	1.030	.830
Standard Error		.085	-	.398	.181	.174	.204	.220	.327	.268	.105	.152	.138	.152	.186	.210	.149	.164	.185	.201
Error variance		.01	-	.16	.03	.03	.04	.05	.11	.07	.01	.02	.02	.02	.03	.04	.02	.03	.03	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.3. Other indoor sports facilities: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		130	60	41	28
Total		126	61	37	28
		100%	100%	100%	100%
I did not have to book		8	3	2	4
		7%	4%	5%	14%
Very easy	(5.0)	39	25	8	6
		31%	41%	23%	21%
Fairly easy	(4.0)	44	19	14	10
		35%	31%	39%	38%
Neither easy nor difficult	(3.0)	26	11	8	6
		21%	18%	23%	23%
Fairly difficult	(2.0)	7	4	3	1
		6%	6%	7%	5%
Very difficult	(1.0)	1	-	1	-
		1%	-	3%	-
NET: Easy		83	44	23	16
		66%	72%	62%	59%
NET: Difficult		8	4	4	1
		7%	6%	10%	5%
Base for stats		117	58	35	24
Mean Score		3.96	4.11	3.76	3.87
Standard Deviation		.943	.930	1.008	.859
Standard Error		.085	.122	.161	.175
Error variance		.01	.01	.03	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		171	91	80	111	51	9	15	22	17	18	9	13	52	14	11
Total		164	87	77	102	52	10	12	23	16	17	7	13	51	16	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		17	8	9	11	5	1	1	-	4	2	1	2	5	1	1
		10%	9%	12%	11%	9%	13%	6%	-	26%	12%	11%	16%	10%	5%	12%
Very easy		61	34	28	32	27	2	4	10	6	4	2	6	20	4	5
(5.0)		37%	39%	36%	31%	52%	18%	33%	41%	38%	27%	34%	44%	40%	25%	48%
						a										
Fairly easy		58	29	30	38	15	6	6	12	4	6	2	4	15	6	2
(4.0)		36%	33%	38%	37%	28%	60%	53%	51%	24%	36%	35%	31%	30%	41%	23%
Neither easy nor difficult		17	11	6	12	5	-	-	-	2	3	1	1	5	4	1
(3.0)		10%	13%	8%	12%	9%	-	-	-	12%	21%	11%	9%	10%	22%	8%
Fairly difficult		7	4	3	6	-	1	-	1	-	1	1	-	3	1	1
(2.0)		4%	5%	4%	6%	-	9%	-	4%	-	4%	10%	-	5%	6%	9%
Very difficult		4	2	2	3	1	-	1	1	-	-	-	-	2	-	-
(1.0)		2%	2%	2%	3%	2%	-	8%	4%	-	-	-	-	4%	-	-
NET: Easy		119	62	57	70	42	8	10	21	10	10	5	10	35	10	7
		73%	72%	74%	68%	80%	79%	86%	92%	62%	63%	68%	75%	70%	66%	71%
NET: Difficult		11	6	5	9	1	1	1	2	-	1	1	-	5	1	1
		7%	7%	6%	9%	2%	9%	8%	8%	-	4%	10%	-	9%	6%	9%
Base for stats		147	79	68	91	48	9	11	23	12	15	6	11	45	15	9
Mean Score		4.13	4.11	4.15	4.00	4.40	4.01	4.09	4.22	4.35	3.98	4.04	4.41	4.07	3.90	4.26
						a										
Standard Deviation		.971	.995	.949	1.014	.868	.830	1.111	.953	.777	.885	1.056	.707	1.103	.897	1.051
Standard Error		.078	.109	.113	.102	.127	.293	.297	.203	.215	.221	.373	.213	.161	.249	.332
Error variance		.01	.01	.01	.01	.02	.09	.09	.04	.05	.05	.14	.05	.03	.06	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		171	32	38	43	28	14	16	113	58	120	10	28	6	2	4	50
Total		164	34	39	43	24	12	14	115	49	115	10	27	6	2	4	49
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		17	4	2	6	1	1	2	13	4	12	2	1	2	-	-	5
		10%	13%	6%	15%	4%	6%	17%	11%	8%	10%	17%	5%	35%	-	-	11%
Very easy	(5.0)	61	15	15	11	11	3	5	41	20	45	3	11	1	1	-	16
		37%	43%	40%	26%	46%	30%	38%	36%	40%	39%	33%	39%	21%	51%	-	33%
Fairly easy	(4.0)	58	10	14	18	6	6	5	42	17	37	3	13	1	-	3	20
		36%	29%	36%	42%	26%	51%	35%	36%	34%	33%	29%	49%	14%	-	74%	41%
Neither easy nor difficult	(3.0)	17	1	5	5	3	2	1	11	6	11	1	1	2	1	1	6
		10%	3%	13%	12%	12%	13%	11%	10%	12%	10%	11%	4%	30%	49%	26%	12%
Fairly difficult	(2.0)	7	2	1	1	3	-	-	4	3	5	1	1	-	-	-	2
		4%	5%	3%	3%	12%	-	-	3%	6%	4%	10%	3%	-	-	-	4%
Very difficult	(1.0)	4	2	1	1	-	-	-	4	-	4	-	-	-	-	-	-
		2%	6%	2%	2%	-	-	-	3%	-	3%	-	-	-	-	-	-
NET: Easy		119	24	29	29	17	9	10	83	37	83	6	24	2	1	3	36
		73%	72%	76%	68%	73%	81%	73%	72%	75%	72%	62%	88%	35%	51%	74%	74%
NET: Difficult		11	4	2	2	3	-	-	8	3	9	1	1	-	-	-	2
		7%	11%	5%	5%	12%	-	-	7%	6%	8%	10%	3%	-	-	-	4%
Base for stats		147	29	36	36	23	11	11	102	45	103	8	26	4	2	4	44
Mean Score		4.13	4.14	4.16	4.02	4.11	4.18	4.33	4.10	4.18	4.12	4.03	4.30	3.87	4.02	3.74	4.15
Standard Deviation		.971	1.194	.941	.924	1.071	.683	.721	1.006	.897	1.039	1.078	.713	1.014	1.658	.504	.810
Standard Error		.078	.226	.159	.152	.206	.190	.193	.101	.122	.100	.381	.140	.507	1.172	.252	.122
Error variance		.01	.05	.03	.02	.04	.04	.04	.01	.01	.01	.15	.02	.26	1.37	.06	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
171	69	39	41	80	11	16	87	19	4	3	7	10	10	4	27	
164	56	44	46	91	9	15	88	19	4	2	6	8	9	5	24	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
17	4	5	6	10	1	4	6	2	-	1	1	-	1	1	5	
10%	8%	10%	12%	11%	11%	26%	7%	10%	-	34%	14%	-	11%	27%	20%	
61	16	15	23	38	5	6	30	9	2	-	2	4	3	1	11	
37%	29%	34%	49%	41%	48%	41%	34%	48%	53%	-	30%	49%	30%	19%	44%	
			a													
58	23	17	13	30	2	3	32	6	2	1	3	3	4	2	4	
36%	40%	38%	29%	33%	17%	19%	37%	32%	47%	66%	56%	38%	42%	54%	18%	
17	7	5	4	9	2	1	11	1	-	-	-	1	1	-	3	
10%	12%	11%	10%	10%	16%	8%	12%	6%	-	-	-	13%	16%	-	11%	
7	5	1	-	1	1	1	5	-	-	-	-	-	-	-	2	
4%	9%	3%	-	1%	7%	6%	6%	-	-	-	-	-	-	-	7%	
			d													
4	1	2	-	2	-	-	3	1	-	-	-	-	-	-	-	
2%	2%	5%	-	2%	-	-	3%	4%	-	-	-	-	-	-	-	
119	39	32	36	68	6	9	63	15	4	1	5	7	7	3	15	
73%	69%	71%	78%	75%	65%	60%	71%	80%	100%	66%	86%	87%	73%	73%	62%	
11	6	3	-	3	1	1	8	1	-	-	-	-	-	-	2	
7%	10%	8%	-	4%	7%	6%	10%	4%	-	-	-	-	-	-	7%	
			c													
147	52	40	40	80	8	11	82	17	4	1	5	8	8	3	19	
4.13	3.94	4.03	4.45	4.24	4.20	4.28	4.00	4.34	4.53	4.00	4.34	4.36	4.16	4.26	4.25	
			a													
.971	1.001	1.068	.693	.917	1.077	1.006	1.055	.980	.586	-	.532	.750	.753	.525	1.009	
.078	.125	.181	.115	.109	.340	.291	.117	.238	.293	-	.217	.237	.251	.303	.215	
.01	.02	.03	.01	.01	.12	.08	.01	.06	.09	-	.05	.06	.06	.09	.05	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	171	49	51	15	9	66	58	46	44	23	11	67	57	22	77	57	15	149
Total	164	47	53	14	9	66	56	45	44	22	11	66	56	18	74	58	14	146
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	17	7	4	2	-	6	7	4	6	2	-	7	4	2	7	6	2	15
	10%	14%	8%	14%	-	9%	12%	10%	13%	7%	-	11%	8%	11%	9%	11%	13%	10%
Very easy	(5.0)	61	21	16	7	23	23	11	19	12	5	31	16	4	25	28	5	57
	37%	44%	30%	51%	27%	34%	41%	24%	44%	55%	42%	48% af	28%	22%	34%	48%	32%	39%
Fairly easy	(4.0)	58	13	21	3	5	24	19	10	8	6	17	25	7	26	20	5	51
	36%	27%	40%	24%	55%	36%	31%	43% b	22%	35%	52%	26% be	45%	41%	35%	34%	38%	35%
Neither easy nor difficult	(3.0)	17	5	6	1	-	7	6	5	1	-	5	6	3	8	4	2	14
	10%	11%	11%	6%	-	10%	9%	14%	11%	3%	-	8%	11%	17%	11%	6%	17%	9%
Fairly difficult	(2.0)	7	2	2	1	2	3	4	2	-	1	2	5	1	5	1	-	6
	4%	4%	4%	5%	18%	4%	6%	9%	4%	-	6%	3%	8%	5%	7%	1%	-	4%
Very difficult	(1.0)	4	-	4	-	-	4	-	3	-	-	3	-	1	3	-	-	3
	2%	-	7% f	-	-	6%	-	-	7%	-	-	4%	-	4%	4%	-	-	2%
NET: Easy	119	33	37	10	7	47	41	30	29	20	11	49	41	11	51	47	10	108
	73%	71%	70%	75%	82%	71%	73%	67%	66%	89%	94%	74%	73%	63%	69%	81%	70%	74%
NET: Difficult	11	2	6	1	2	7	3	4	5	-	1	5	5	2	8	1	-	9
	7%	4%	11%	5%	18%	10%	6%	9%	10%	-	6%	7%	8%	9%	11% c	1%	-	6%
Base for stats	147	40	49	12	9	60	49	40	38	21	11	59	52	16	67	51	12	131
Mean Score	4.13	4.30	3.88	4.42	3.92	3.99	4.23	3.92	4.07	4.55	4.30	4.24	4.00	3.80	3.96	4.44 b	4.17	4.17
Standard Deviation	.971	.868	1.161	.890	1.052	1.127	.904	.911	1.228	.582	.790	1.065	.892	1.058	1.111	.691 b	.760	.957
Standard Error	.078	.134	.169	.247	.351	.145	.127	.141	.199	.127	.238	.139	.123	.237	.133	.097	.211	.083
Error variance	.01	.02	.03	.06	.12	.02	.02	.02	.04	.02	.06	.02	.02	.06	.02	.01	.04	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
									NET: Longstanding physical and mental condition or illness					
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		171	72	75	23	29	14	107	59	5	143	28	150	19
Total		164	72	72	21	26	13	106	53	5	138	27	145	17
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		17	11	4	6	3	3	6	9	1	16	1	15	2
		10%	15%	6%	28%	10%	23%	6%	18% d	22%	12%	3%	10%	12%
Very easy	(5.0)	61	30	26	7	11	5	38	22	1	49	12	57	4
		37%	41%	37%	32%	41%	39%	36%	40%	22%	35%	47%	39%	25%
Fairly easy	(4.0)	58	20	30	6	6	4	41	15	1	47	12	48	9
		36%	28%	42%	27%	23%	32%	39%	28%	14%	34%	45%	33%	52%
Neither easy nor difficult	(3.0)	17	8	6	-	2	-	15	2	-	16	1	15	2
		10%	10%	9%	-	7%	-	14% e	3%	-	12%	3%	10%	11%
Fairly difficult	(2.0)	7	3	3	1	3	-	3	4	-	6	1	7	-
		4%	4%	4%	3%	12%	-	3%	7%	-	5%	3%	5%	-
Very difficult	(1.0)	4	1	2	2	2	1	2	2	2	4	-	4	-
		2%	2%	3%	10%	7%	6%	2%	4%	42%	3%	-	3%	-
NET: Easy		119	50	56	12	17	9	79	36	2	95	24	105	13
		73%	69%	78%	59%	64%	71%	75%	68%	36%	69%	91%	72%	76%
NET: Difficult		11	4	5	3	5	1	5	6	2	10	1	11	-
		7%	6%	7%	13%	19%	6%	5%	11%	42%	7%	3%	7%	-
Base for stats		147	61	68	15	24	10	99	44	4	121	26	130	15
Mean Score		4.13	4.20	4.12	3.96	3.87	4.28	4.12	4.14	2.66	4.07	4.40	4.13	4.16
Standard Deviation		.971	.975	.953	1.400	1.370	1.125	.909	1.137	2.140	1.013	.692	1.010	.644
Standard Error		.078	.125	.113	.340	.269	.339	.090	.162	1.070	.090	.133	.087	.156
Error variance		.01	.02	.01	.12	.07	.11	.01	.03	1.15	.01	.02	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total		171	5	10	32	40	25	28	8	23	107	59	29	62	55	24	49	45	48	29
Total		164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		17	-	-	3	4	3	3	1	3	10	7	6	4	5	3	4	6	5	2
		10%	-	-	9%	11%	11%	12%	14%	13%	9%	13%	23%	7%	8%	11%	9%	14%	11%	6%
Very easy		(5.0)	61	-	4	9	14	9	11	5	9	36	7	20	23	12	20	12	17	12
		37%	-	43%	31%	37%	36%	39%	59%	40%	36%	42%	25%	33%	42%	51%	43%	29%	36%	43%
Fairly easy		(4.0)	58	3	4	13	15	5	12	1	5	38	10	25	18	5	17	18	16	8
		36%	80%	49%	43%	39%	22%	41%	15%	22%	37%	30%	36%	44%	32%	20%	36%	42%	33%	28%
Neither easy nor difficult		(3.0)	17	1	1	3	4	4	1	-	3	12	3	8	5	1	5	1	7	4
		10%	20%	8%	10%	9%	18%	5%	-	13%	12%	7%	11%	14%	8%	6%	10%	3%	15%	13%
Fairly difficult		(2.0)	7	-	-	2	1	2	1	-	1	5	1	1	3	2	-	4	1	2
		4%	-	-	7%	3%	8%	3%	-	4%	5%	3%	5%	2%	6%	7%	-	9%	1%	9%
																	a			
Very difficult		(1.0)	4	-	-	-	-	1	-	1	2	1	-	1	2	1	1	1	2	-
		2%	-	-	-	-	5%	-	11%	8%	1%	4%	-	1%	4%	4%	2%	2%	4%	-
NET: Easy		119	3	8	23	29	14	23	6	14	74	43	16	45	40	17	37	30	33	20
		73%	80%	92%	74%	76%	59%	80%	74%	62%	73%	72%	61%	77%	74%	72%	79%	71%	69%	71%
NET: Difficult		11	-	-	2	1	3	1	1	3	6	4	1	2	5	2	1	5	3	2
		7%	-	-	7%	3%	12%	3%	11%	12%	6%	8%	5%	3%	10%	11%	2%	11%	6%	9%
Base for stats		147	4	9	28	34	22	25	7	19	92	51	20	55	50	21	43	36	43	26
Mean Score		4.13	3.80	4.34	4.08	4.24	3.87	4.31	4.29	3.95	4.11	4.17	4.04	4.14	4.11	4.23	4.29	4.02	4.06	4.13
Standard Deviation		.971	.470	.667	.880	.793	1.222	.755	1.448	1.292	.926	1.079	.875	.831	1.092	1.162	.849	1.014	1.043	1.000
Standard Error		.078	.210	.211	.163	.132	.261	.151	.547	.289	.094	.150	.182	.108	.155	.254	.127	.162	.159	.192
Error variance		.01	.04	.04	.03	.02	.07	.02	.30	.08	.01	.02	.03	.01	.02	.06	.02	.03	.03	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.21. Outdoor exercise classes: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	*c
Significance Level: 95%					
Unweighted Total		171	98	46	26
Total		164	95	43	25
		100%	100%	100%	100%
I did not have to book		17	8	5	4
		10%	9%	11%	17%
Very easy	(5.0)	61	43	12	6
		37%	45%	28%	24%
Fairly easy	(4.0)	58	31	17	10
		36%	33%	40%	41%
Neither easy nor difficult	(3.0)	17	8	5	5
		10%	8%	11%	19%
Fairly difficult	(2.0)	7	3	4	-
		4%	4%	8%	-
Very difficult	(1.0)	4	2	1	-
		2%	2%	2%	-
NET: Easy		119	74	30	16
		73%	78%	68%	64%
NET: Difficult		11	5	5	-
		7%	6%	10%	-
Base for stats		147	87	39	20
Mean Score		4.13	4.26	3.93	4.06
Standard Deviation		.971	.946	1.025	.732
Standard Error		.078	.100	.160	.156
Error variance		.01	.01	.03	.02



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		249	134	115	169	57	23	11	45	18	26	20	12	79	23	15	
Total		242	133	109	155	59	28	8	44	17	26	17	12	78	26	14	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book		48	26	22	30	7	10	1	10	4	6	3	2	6	11	4	
		20%	19%	20%	19%	12%	37%	17%	23%	22%	24%	21%	16%	7%	43%	26%	
									g								
Very easy		(5.0)	88	51	38	53	25	11	5	18	8	7	6	5	30	7	2
			37%	38%	35%	34%	42%	40%	62%	42%	46%	28%	36%	40%	38%	25%	16%
Fairly easy		(4.0)	71	38	33	49	17	5	2	12	4	9	5	3	25	6	6
			29%	29%	30%	32%	29%	19%	20%	27%	22%	34%	31%	27%	32%	22%	44%
Neither easy nor difficult		(3.0)	25	15	10	16	8	1	-	3	2	2	1	2	12	2	2
			10%	12%	9%	10%	14%	4%	-	6%	11%	6%	4%	17%	16%	9%	13%
Fairly difficult		(2.0)	9	3	6	7	2	-	-	1	-	2	1	-	5	-	-
			4%	2%	5%	4%	3%	-	-	2%	-	8%	4%	-	7%	-	-
Very difficult		(1.0)	1	1	-	1	-	-	-	-	-	1	-	-	-	-	-
			*	1%	-	*	-	-	-	-	-	4%	-	-	-	-	-
NET: Easy		160	89	71	102	42	16	7	30	12	16	11	8	54	13	9	
		66%	66%	65%	65%	71%	58%	83%	69%	67%	62%	67%	67%	70%	48%	61%	
NET: Difficult		9	4	6	8	2	-	-	1	-	2	1	-	5	-	-	
		4%	3%	5%	5%	3%	-	-	2%	-	8%	8%	-	7%	-	-	
Base for stats		194	108	87	125	52	17	7	34	14	20	13	10	72	15	10	
Mean Score		4.22	4.25	4.19	4.16	4.25	4.57	4.75	4.41	4.45	4.10	4.14	4.27	4.10	4.28	4.05	
Standard Deviation		.867	.847	.893	.892	.857	.634	.465	.760	.750	.943	1.130	.824	.935	.755	.660	
Standard Error		.061	.080	.094	.076	.120	.164	.155	.128	.194	.211	.283	.260	.109	.209	.199	
Error variance		*	.01	.01	.01	.01	.03	.02	.02	.04	.04	.08	.07	.01	.04	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		249	39	57	75	28	27	23	171	78	170	6	40	25	-	4	75
Total		242	41	59	73	24	23	23	172	70	169	6	36	24	-	4	70
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
I did not have to book		48	5	13	15	2	3	10	33	15	36	-	7	4	-	-	11
		20%	12%	22%	21%	10%	13%	43%	19%	21%	21%	-	20%	17%	-	-	16%
Very easy		88	20	13	30	9	10	7	63	25	65	4	12	6	-	1	23
(5.0)		37%	48%	22%	42%	38%	42%	30%	37%	37%	39%	56%	34%	26%	-	19%	32%
			b		b				b								
Fairly easy		71	10	23	20	8	6	3	53	18	43	2	14	8	-	2	26
(4.0)		29%	25%	39%	28%	34%	28%	14%	31%	26%	26%	24%	39%	34%	-	54%	37%
Neither easy nor difficult		25	6	5	5	3	4	2	16	9	17	1	3	4	-	-	8
(3.0)		10%	14%	9%	7%	12%	18%	9%	9%	13%	10%	20%	8%	17%	-	-	11%
Fairly difficult		9	1	5	1	1	-	1	7	1	6	-	-	1	-	1	2
(2.0)		4%	2%	8%	2%	3%	-	3%	4%	2%	4%	-	-	5%	-	28%	4%
Very difficult		1	-	-	-	1	-	-	-	1	1	-	-	-	-	-	-
(1.0)		*	-	-	-	3%	-	-	-	1%	*	-	-	-	-	-	-
NET: Easy		160	30	36	51	17	16	10	116	43	108	5	26	14	-	3	49
		66%	72%	61%	70%	72%	70%	45%	67%	62%	64%	80%	72%	61%	-	72%	69%
NET: Difficult		9	1	5	1	1	-	1	7	2	7	-	-	1	-	1	2
		4%	2%	8%	2%	6%	-	3%	4%	3%	4%	-	-	5%	-	28%	4%
Base for stats		194	36	46	58	22	20	13	140	55	133	6	29	20	-	4	59
Mean Score		4.22	4.34	3.95	4.39	4.12	4.27	4.25	4.23	4.21	4.25	4.36	4.32	3.99	-	3.63	4.16
					b												
Standard Deviation		.867	.839	.918	.765	1.002	.799	.958	.854	.906	.895	.863	.652	.904	-	1.221	.819
Standard Error		.061	.144	.137	.098	.200	.163	.266	.072	.115	.077	.352	.115	.197	-	.611	.103
Error variance		*	.02	.02	.01	.04	.03	.07	.01	.01	.01	.12	.01	.04	-	.37	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	249	119	48	62	110	14	22	112	31	8	10	3	28	5	16	36
Total	242	102	55	70	125	13	19	116	30	8	8	2	23	4	19	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	48	23	9	13	22	1	2	18	6	1	4	-	7	1	8	3
	20%	23%	17%	18%	17%	6%	12%	16%	20%	15%	46%	-	31%	17%	40%	10%
Very easy	(5.0) 88	39	18	23	41	6	7	44	6	5	2	1	7	3	7	13
	37%	39%	33%	34%	33%	47%	39%	38%	22%	59%	28%	41%	31%	66%	38%	42%
Fairly easy	(4.0) 71	24	22	22	44	3	6	37	11	2	1	-	6	-	3	9
	29%	24%	40%	32%	35%	26%	32%	32%	39%	26%	17%	-	26%	-	18%	30%
		a														
Neither easy nor difficult	(3.0) 25	11	5	8	13	2	1	13	5	-	1	1	2	1	1	3
	10%	11%	9%	11%	10%	15%	6%	11%	16%	-	9%	31%	9%	16%	4%	10%
Fairly difficult	(2.0) 9	4	1	4	5	-	2	4	1	-	-	1	1	-	-	2
	4%	4%	2%	5%	4%	-	11%	3%	4%	-	-	28%	3%	-	-	7%
Very difficult	(1.0) 1	1	-	-	-	1	-	-	-	-	-	-	-	-	-	1
	*	1%	-	-	-	5%	-	-	-	-	-	-	-	-	-	2%
NET: Easy	160	63	40	46	85	10	13	81	18	7	4	1	13	3	11	23
	66%	62%	72%	65%	68%	73%	70%	70%	61%	85%	45%	41%	57%	66%	56%	71%
NET: Difficult	9	4	1	4	5	1	2	4	1	-	-	1	1	-	-	3
	4%	4%	2%	5%	4%	5%	11%	3%	4%	-	-	28%	3%	-	-	9%
Base for stats	194	79	46	57	103	12	17	97	24	7	4	2	16	3	11	29
Mean Score	4.22	4.24	4.23	4.14	4.18	4.16	4.11	4.24	3.97	4.69	4.36	3.53	4.23	4.60	4.58	4.14
Standard Deviation	.867	.931	.752	.895	.832	1.116	1.039	.828	.841	.501	.841	1.654	.874	.949	.632	1.053
Standard Error	.061	.095	.119	.125	.087	.310	.238	.085	.165	.189	.344	.955	.200	.474	.200	.186
Error variance	*	.01	.01	.02	.01	.10	.06	.01	.03	.04	.12	.91	.04	.23	.04	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e	
Unweighted Total	249	82	66	24	6	90	88	72	65	33	10	98	82	20	112	95	22	229	
Total	242	82	66	23	6	89	88	73	64	31	10	95	83	19	109	93	21	223	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book	48	17	9	4	1	13	18	21	7	3	-	11	21	4	20	18	6	44	
	20%	21%	13%	19%	15%	15%	21%	29%	11%	11%	-	11%	25%	20%	19%	19%	28%	20%	
								bce				be							
Very easy	(5.0)	88	31	21	8	1	29	32	22	25	13	3	38	25	11	34	34	10	78
		37%	37%	32%	34%	26%	33%	37%	31%	38%	43%	25%	40%	30%	57%	31%	36%	47%	35%
Fairly easy	(4.0)	71	23	23	9	3	32	27	22	23	9	5	32	26	1	41	24	5	70
		29%	28%	35%	37%	60%	36%	30%	30%	35%	30%	47%	34%	32%	5%	38%	26%	22%	32%
Neither easy nor difficult	(3.0)	25	7	10	1	-	11	7	6	5	5	2	11	8	4	12	9	1	22
		10%	8%	15%	6%	-	13%	8%	8%	8%	17%	20%	11%	9%	18%	11%	10%	3%	10%
Fairly difficult	(2.0)	9	4	3	1	-	4	4	2	4	-	1	4	3	-	2	7	-	9
		4%	5%	4%	3%	-	4%	4%	3%	7%	-	7%	5%	4%	-	2%	8%	-	4%
																b			
Very difficult	(1.0)	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1
		*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1%	-	*
NET: Easy	160	54	44	16	5	60	59	44	47	22	7	70	51	12	75	58	15	148	
	66%	66%	67%	72%	85%	68%	67%	60%	74%	73%	73%	73%	62%	62%	69%	62%	69%	66%	66%
NET: Difficult	9	4	3	1	-	4	4	2	4	-	1	4	3	-	2	8	-	9	
	4%	5%	4%	3%	-	4%	4%	3%	7%	-	7%	5%	4%	-	2%	8%	-	4%	4%
																b			
Base for stats	194	65	57	18	5	75	69	52	57	28	10	85	62	15	89	75	15	179	
Mean Score	4.22	4.25	4.09	4.28	4.30	4.14	4.26	4.24	4.18	4.29	3.91	4.22	4.18	4.48	4.21	4.11	4.60	4.20	
Standard Deviation	.867	.873	.865	.779	.516	.843	.851	.818	.901	.774	.904	.859	.833	.869	.745	1.016	.597	.865	
Standard Error	.061	.107	.115	.174	.231	.096	.101	.112	.118	.144	.286	.092	.105	.217	.077	.117	.149	.063	
Error variance	*	.01	.01	.03	.05	.01	.01	.01	.01	.02	.08	.01	.01	.05	.01	.01	.02	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		249	107	116	30	37	12	161	77	2	206	43	213	32
Total		242	106	113	28	38	11	159	74	3	203	39	210	29
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		48	15	27	4	6	1	35	11	-	40	7	43	4
		20%	14%	24%	14%	16%	6%	22%	14%	-	20%	19%	21%	13%
Very easy	(5.0)	88	39	37	15	21	3	48	38	2	72	16	77	11
		37%	37%	33%	53% d	57% d	27%	30%	51% d	68%	35%	42%	37%	39%
Fairly easy	(4.0)	71	39	31	4	9	6	50	18	1	63	8	58	11
		29%	37%	28%	15%	24%	56%	31%	25%	32%	31%	22%	28%	39%
Neither easy nor difficult	(3.0)	25	8	14	5	1	1	18	7	-	18	7	22	2
		10%	7%	12%	18% b	2%	11%	11%	9%	-	9%	18%	11%	8%
Fairly difficult	(2.0)	9	4	4	-	-	-	8	-	-	9	-	9	-
		4%	4%	3%	-	-	-	5% e	-	-	4%	-	4%	-
Very difficult	(1.0)	1	1	-	-	1	-	-	1	-	1	-	1	-
		*	1%	-	-	2%	-	-	1%	-	*	-	*	-
NET: Easy		160	78	68	19	30	9	99	56	3	135	25	135	22
		66%	74% b	61%	68%	81% d	83%	62%	75% d	100%	66%	64%	64%	78%
NET: Difficult		9	5	4	-	1	-	8	1	-	9	-	9	-
		4%	5%	3%	-	2%	-	5%	1%	-	5%	-	4%	-
Base for stats		194	91	85	24	32	10	124	64	3	163	32	167	25
Mean Score		4.22	4.23	4.19	4.42	4.59 d	4.17	4.12	4.45 d	4.68	4.21	4.30	4.21	4.36
Standard Deviation		.867	.858	.853	.825	.753	.647	.884	.777	.596	.878	.816	.896	.662
Standard Error		.061	.089	.090	.165	.133	.195	.078	.096	.421	.068	.136	.068	.125
Error variance		*	.01	.01	.03	.02	.04	.01	.01	.18	*	.02	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total	249	9	14	39	53	45	52	10	27	151	89	56	66	81	42	95	51	66	30	
Total	242	8	13	38	51	42	51	10	28	144	90	53	62	82	43	91	49	66	30	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book	48 20%	3 38%	3 25%	4 12%	5 9%	11 25% d	14 28% d	1 11%	6 22%	23 16%	22 24% d	13 25%	12 20%	14 17%	7 17%	20 22%	12 25%	11 16%	4 12%	
Very easy	(5.0) 37%	88 43%	4 31%	4 31%	12 43%	22 28%	12 33%	17 51%	5 47%	13 34%	49 40%	35 40%	18 33%	23 38%	35 43%	13 30%	35 39% b	10 22%	26 40% b	15 48% b
Fairly easy	(4.0) 29%	71 29%	1 11%	4 30%	15 40% j	19 36%	12 28%	14 26%	3 31%	4 14%	50 34%	21 23%	12 22%	21 34%	22 27%	17 39%	28 31%	15 30%	17 26%	11 35%
Neither easy nor difficult	(3.0) 10%	25 10%	1 8%	2 15%	3 9%	6 11%	5 13%	4 9%	1 7%	3 11%	16 11%	8 9%	8 15%	5 8%	9 11%	3 8%	6 6%	8 16% a	8 13%	2 6%
Fairly difficult	(2.0) 4%	9 4%	- -	- -	2 6%	- -	3 6%	2 4%	- -	2 6%	5 4%	4 4%	3 5%	1 1%	2 3%	2 5%	2 2%	3 7%	2 4%	- -
Very difficult	(1.0) *	1 *	- -	- -	1 2%	- -	- -	- -	- -	- -	1 *	- -	- -	- -	- -	1 2%	- -	- -	1 1%	- -
NET: Easy	160 66%	4 54%	8 61%	27 72%	41 80% efj	24 56%	30 59%	8 82%	17 61%	99 69%	56 62%	29 56%	44 71%	57 69%	29 69%	63 69% b	25 52%	44 66%	25 83% b	
NET: Difficult	9 4%	- -	- -	3 8% d	- -	3 6%	2 4%	- -	2 6%	6 4%	4 4%	3 5%	1 1%	2 3%	3 7%	2 2%	3 7%	3 5%	- -	
Base for stats	194	5	10	33	47	32	37	9	22	121	68	40	49	68	36	71	36	55	27	
Mean Score	4.22	4.57	4.21	4.05	4.35	4.03	4.23	4.50	4.31	4.17	4.29	4.12	4.35	4.31	4.09	4.36 b	3.88	4.20	4.48	
Standard Deviation	.867	.791	.787	.978	.699	.950	.872	.675	.998	.860	.886	.956	.716	.837	.941	.759	.943	.950	.627	
Standard Error	.061	.323	.237	.165	.101	.163	.143	.225	.213	.076	.107	.146	.097	.101	.159	.088	.151	.128	.121	
Error variance	*	.10	.06	.03	.01	.03	.02	.05	.05	.01	.01	.02	.01	.01	.03	.01	.02	.02	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.22. Outdoor sports facilities (e.g. courts and pitches): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		249	135	70	40
Total		242	133	68	38
		100%	100%	100%	100%
I did not have to book		48	28	14	5
		20%	21%	20%	13%
Very easy	(5.0)	88	54	20	13
		37%	41%	30%	34%
Fairly easy	(4.0)	71	33	27	12
		29%	25%	39%	31%
			a		
Neither easy nor difficult	(3.0)	25	14	5	6
		10%	11%	8%	14%
Fairly difficult	(2.0)	9	4	2	3
		4%	3%	2%	8%
Very difficult	(1.0)	1	-	1	-
		*	-	1%	-
NET: Easy		160	88	47	25
		66%	66%	69%	65%
NET: Difficult		9	4	2	3
		4%	3%	3%	8%
Base for stats		194	106	54	33
Mean Score		4.22	4.31	4.18	4.03
Standard Deviation		.867	.844	.826	.981
Standard Error		.061	.081	.109	.166
Error variance		*	.01	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		141	63	78	94	39	8	9	17	9	13	8	7	41	18	19	
Total		141	66	75	89	42	10	7	19	9	11	8	7	42	18	19	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book		18	10	8	13	5	-	2	5	1	4	-	1	3	2	2	
		13%	15%	11%	15%	12%	-	22%	24%	9%	32%	-	12%	6%	12%	9%	
Very easy		(5.0)	55	25	30	32	20	3	1	8	3	3	4	2	20	8	7
			39%	38%	41%	36%	48%	29%	12%	40%	35%	28%	54%	28%	47%	44%	36%
Fairly easy		(4.0)	43	24	19	25	12	6	3	5	4	2	3	3	15	1	7
			30%	36%	25%	28%	29%	58%	42%	29%	47%	15%	35%	48%	34%	5%	36%
Neither easy nor difficult		(3.0)	13	5	8	10	3	-	2	-	-	3	1	1	-	5	2
			9%	8%	11%	11%	8%	-	23%	-	-	25%	11%	11%	-	30%	8%
Fairly difficult		(2.0)	7	2	5	6	1	-	-	-	-	-	-	4	2	1	
			5%	3%	7%	6%	3%	-	-	-	-	-	-	9%	10%	5%	
Very difficult		(1.0)	4	-	4	3	-	1	-	1	-	-	-	1	-	1	
			3%	-	6%	3%	-	13%	-	7%	8%	-	-	3%	-	5%	
NET: Easy		98	49	49	57	32	9	4	13	7	5	7	5	34	9	14	
			70%	74%	66%	64%	77%	87%	55%	69%	82%	43%	89%	76%	81%	48%	72%
NET: Difficult		11	2	9	9	1	1	-	1	1	-	-	-	5	2	2	
			8%	3%	12%	10%	3%	13%	-	7%	8%	-	-	12%	10%	11%	
				a													
Base for stats		123	56	67	76	37	10	6	14	8	8	8	6	39	16	18	
Mean Score		4.13	4.30	3.99	4.03	4.40	3.89	3.86	4.26	4.11	4.06	4.43	4.19	4.20	3.93	4.00	
Standard Deviation		1.046	.772	1.217	1.110	.788	1.269	.726	1.173	1.182	.949	.731	.703	1.087	1.168	1.154	
Standard Error		.095	.106	.147	.124	.135	.449	.274	.325	.418	.316	.258	.287	.176	.292	.280	
Error variance		.01	.01	.02	.02	.02	.20	.08	.11	.17	.10	.07	.08	.03	.09	.08	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		141	37	33	30	21	8	12	100	41	99	4	18	12	1	3	38
Total		141	40	34	31	18	7	11	105	36	100	4	19	12	1	2	37
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		18	9	2	4	1	1	2	15	3	15	-	3	-	-	-	3
		13%	23%	5%	12%	6%	12%	15%	14%	10%	15%	-	14%	-	-	-	7%
			b														
Very easy	(5.0)	55	17	14	14	6	3	2	44	11	38	1	5	8	1	2	17
		39%	43%	40%	44%	32%	44%	22%	42%	31%	38%	19%	29%	67%	100%	74%	45%
Fairly easy	(4.0)	43	7	11	11	10	-	3	29	14	31	3	6	1	-	1	11
		30%	18%	33%	35%	58%	-	29%	28%	38%	31%	81%	35%	6%	-	26%	29%
Neither easy nor difficult	(3.0)	13	2	4	1	1	3	2	7	6	8	-	2	2	-	-	4
		9%	4%	12%	3%	5%	44%	23%	6%	18%	8%	-	11%	17%	-	-	11%
									g								
Fairly difficult	(2.0)	7	3	2	2	-	-	-	7	-	6	-	-	1	-	-	1
		5%	7%	7%	5%	-	-	-	6%	-	6%	-	-	10%	-	-	3%
Very difficult	(1.0)	4	2	1	-	-	-	1	3	1	2	-	2	-	-	-	2
		3%	5%	3%	-	-	-	12%	3%	4%	2%	-	11%	-	-	-	5%
NET: Easy		98	24	25	24	16	3	6	74	25	69	4	12	9	1	2	27
		70%	60%	73%	80%	90%	44%	51%	70%	69%	69%	100%	64%	73%	100%	100%	73%
NET: Difficult		11	5	3	2	-	-	1	10	1	8	-	2	1	-	-	3
		8%	12%	10%	5%	-	-	12%	9%	4%	8%	-	11%	10%	-	-	9%
Base for stats		123	31	33	27	17	6	9	90	32	84	4	16	12	1	2	35
Mean Score		4.13	4.11	4.05	4.36	4.28	3.99	3.58	4.16	4.03	4.15	4.19	3.83	4.30	5.00	4.74	4.12
Standard Deviation		1.046	1.272	1.072	.818	.569	1.095	1.335	1.076	.964	1.020	.465	1.300	1.124	-	.566	1.135
Standard Error		.095	.240	.192	.160	.127	.414	.422	.117	.158	.112	.232	.336	.324	-	.327	.192
Error variance		.01	.06	.04	.03	.02	.17	.18	.01	.03	.01	.05	.11	.11	-	.11	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
141	46	44	36	80	8	7	68	21	11	3	2	8	10	3	15	
141	39	50	40	90	8	7	71	22	10	2	2	7	9	3	15	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
18	3	5	6	12	3	-	9	2	2	-	-	1	1	-	3	
13%	8%	11%	16%	13%	31%	-	13%	11%	19%	-	-	21%	8%	-	17%	
55	13	21	15	37	3	4	34	5	3	1	1	2	3	1	7	
39%	34%	43%	39%	41%	36%	61%	47%	24%	27%	37%	49%	27%	29%	21%	47%	
43	14	15	12	27	2	2	20	8	4	1	-	2	2	1	4	
30%	35%	31%	30%	31%	25%	26%	28%	36%	45%	63%	-	29%	22%	40%	25%	
13	3	6	2	8	-	1	3	4	1	-	-	1	4	-	1	
9%	9%	13%	4%	9%	-	13%	4%	19%	9%	-	-	12%	41%	-	6%	
7	3	-	3	3	-	-	4	1	-	-	1	1	-	-	-	
5%	8%	-	9%	4%	-	-	6%	5%	-	-	51%	11%	-	-	-	
			b													
4	2	1	1	2	1	-	1	1	-	-	-	-	-	1	1	
3%	5%	3%	3%	3%	9%	-	2%	5%	-	-	-	-	-	39%	5%	
98	27	37	27	64	5	6	54	13	7	2	1	4	5	2	11	
70%	69%	74%	69%	71%	60%	87%	76%	60%	72%	100%	49%	56%	51%	61%	72%	
11	5	1	5	6	1	-	5	2	-	-	1	1	-	1	1	
8%	14%	3%	11%	6%	9%	-	8%	10%	-	-	51%	11%	-	39%	5%	
123	36	44	34	78	6	7	62	19	8	2	2	5	8	3	12	
4.13	3.92	4.25	4.11	4.19	4.14	4.48	4.30	3.79	4.22	4.37	3.48	3.91	3.87	3.04	4.32	
1.046	1.173	.916	1.107	.998	1.408	.777	.982	1.100	.670	.647	2.443	1.127	.922	2.004	1.081	
.095	.181	.147	.202	.120	.575	.294	.128	.259	.223	.373	1.728	.460	.307	1.157	.300	
.01	.03	.02	.04	.01	.33	.09	.02	.07	.05	.14	2.98	.21	.09	1.34	.09	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others	
Significance Level: 95%	Total	a	*b	c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e	
Unweighted Total	141	43	28	31	5	59	48	39	34	29	4	63	43	9	72	53	7	132	
Total	141	45	27	32	4	59	50	41	35	28	4	62	45	8	72	54	6	133	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I did not have to book	18	7	3	4	-	7	7	3	6	4	1	9	4	4	8	7	-	15	
	13%	14%	11%	12%	-	11%	13%	8%	16%	14%	18%	15%	9%	46%	11%	13%	-	11%	
Very easy	(5.0)	55	24	14	6	2	21	25	22	12	10	-	22	22	2	27	24	2	53
	39%	52%	53%	19%	34%	35%	50%	54%	34%	35%	-	35%	49%	31%	38%	43%	31%	40%	
		c					c												
Fairly easy	(4.0)	43	9	8	17	1	25	10	13	9	10	2	19	15	-	23	18	2	43
	30%	20%	30%	53% af	18%	42% af	20%	32%	25%	37%	51%	31%	34%	-	32%	33%	25%	32%	
Neither easy nor difficult	(3.0)	13	1	1	5	1	6	2	1	4	4	-	8	1	2	8	3	1	11
	9%	2%	3%	15% a	20%	10%	4%	2%	12%	14%	-	12%	2%	23%	11%	5%	13%	9%	
				a															
Fairly difficult	(2.0)	7	4	1	-	-	1	4	2	3	-	-	3	2	-	3	3	1	7
	5%	9%	4%	-	-	2%	8%	4%	10%	-	-	6%	4%	-	4%	6%	15%	5%	
Very difficult	(1.0)	4	1	-	-	1	-	2	-	1	-	1	1	-	3	-	1	4	
	3%	2%	-	-	29%	-	5%	-	3%	-	31%	2%	3%	-	5%	-	16%	3%	
NET: Easy	98	33	22	23	2	45	35	35	21	20	2	40	37	2	50	42	4	96	
	70%	72%	82%	73%	51%	77%	70%	86% be	59%	72%	51%	65%	83% be	31%	70%	77%	56%	72%	
NET: Difficult	11	5	1	-	1	1	6	2	5	-	1	5	3	-	6	3	2	11	
	8%	11% e	4%	-	29%	2%	13% ce	4%	13%	-	31%	7%	7%	-	8%	6%	31%	8%	
		e					ce												
Base for stats	123	39	24	28	4	52	43	38	29	24	3	53	41	4	64	48	6	118	
Mean Score	4.13	4.28	4.47	4.05	3.28	4.24	4.18	4.46	3.92	4.25	2.87	4.07	4.33	4.15	4.06	4.31	3.40	4.13	
Standard Deviation	1.046	1.120	.778	.640	1.827	.732	1.222	.766	1.177	.726	1.728	1.004	.956	1.131	1.094	.854	1.587	1.048	
Standard Error	.095	.187	.156	.123	.817	.102	.191	.128	.222	.145	.998	.138	.153	.506	.137	.126	.600	.097	
Error variance	.01	.03	.02	.02	.67	.01	.04	.02	.05	.02	1.00	.02	.02	.26	.02	.02	.36	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
									NET: Longstanding physical and mental condition or illness					
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		141	69	59	24	33	8	76	58	5	116	25	111	24
Total		141	73	57	23	31	8	78	57	4	117	24	113	22
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		18	9	5	6	9	1	5	12	3	15	3	15	2
		13%	13%	10%	27%	28% d	10%	6%	22% d	68%	13%	14%	13%	8%
Very easy	(5.0)	55	30	22	7	11	3	33	20	1	44	11	46	8
		39%	41%	39%	28%	35%	43%	43%	36%	16%	38%	48%	41%	38%
Fairly easy	(4.0)	43	19	22	7	6	2	27	14	1	37	6	35	7
		30%	26%	40%	31%	19%	24%	35%	25%	15%	32%	24%	31%	31%
Neither easy nor difficult	(3.0)	13	8	2	2	2	1	6	5	-	11	2	7	4
		9%	11%	3%	9%	6%	12%	8%	8%	-	9%	10%	6%	18%
Fairly difficult	(2.0)	7	4	2	-	4	1	3	4	-	7	-	7	-
		5%	6%	4%	-	11%	11%	4%	6%	-	6%	-	6%	-
Very difficult	(1.0)	4	2	3	1	-	-	3	1	-	3	1	3	1
		3%	2%	5%	4%	-	-	4%	2%	-	3%	4%	3%	6%
NET: Easy		98	49	45	14	17	5	60	35	1	81	17	81	15
		70%	68%	79%	60%	54%	67%	78% be	61%	32%	69%	72%	72%	69%
NET: Difficult		11	6	5	1	4	1	6	5	-	10	1	10	1
		8%	9%	9%	4%	11%	11%	8%	8%	-	9%	4%	9%	6%
Base for stats		123	63	51	17	22	7	73	44	1	102	20	98	20
Mean Score		4.13	4.12	4.16	4.09	4.09	4.11	4.15	4.12	4.52	4.10	4.28	4.17	4.03
Standard Deviation		1.046	1.065	1.049	1.057	1.125	1.121	1.056	1.057	1.018	1.047	1.050	1.039	1.112
Standard Error		.095	.138	.144	.256	.230	.424	.125	.158	.720	.104	.229	.107	.237
Error variance		.01	.02	.02	.07	.05	.18	.02	.02	.52	.01	.05	.01	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total		141	3	13	27	28	23	23	8	16	91	47	25	49	36	28	40	42	38	17
Total		141	2	13	27	27	23	23	9	17	89	49	24	47	37	30	41	40	38	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		18	1	2	4	3	6	-	-	2	15	2	4	4	5	4	5	5	6	2
		13%	29%	17%	14%	13%	27%	-	-	12%	17%	4%	17%	9%	13%	14%	12%	11%	15%	12%
											j									
Very easy (5.0)		55	1	2	13	13	5	9	5	8	33	22	10	19	14	12	21	11	14	8
		39%	42%	16%	49%	48%	21%	41%	50%	46%	37%	44%	39%	42%	37%	40%	50%	28%	37%	42%
																	b			
Fairly easy (4.0)		43	-	6	7	7	8	8	2	5	28	15	7	12	14	9	12	13	12	6
		30%	-	47%	25%	27%	33%	36%	25%	27%	31%	31%	29%	26%	38%	31%	29%	32%	32%	34%
Neither easy nor difficult (3.0)		13	1	2	2	1	2	4	-	2	6	6	3	6	2	1	2	9	-	1
		9%	28%	14%	8%	3%	8%	19%	-	10%	7%	12%	12%	14%	6%	3%	5%	23%	-	5%
																	ac			
Fairly difficult (2.0)		7	-	1	1	1	3	-	1	-	6	1	1	3	1	2	2	2	3	-
		5%	-	6%	4%	4%	12%	-	11%	-	7%	2%	3%	5%	3%	8%	4%	5%	8%	-
Very difficult (1.0)		4	-	-	-	1	-	1	1	1	1	3	-	2	1	1	-	-	3	1
		3%	-	-	-	5%	-	5%	14%	4%	1%	6%	-	4%	3%	4%	-	-	8%	7%
NET: Easy		98	1	8	20	20	12	18	7	13	60	37	17	32	28	22	33	24	26	14
		70%	42%	64%	74%	75%	54%	77%	75%	74%	68%	75%	68%	68%	75%	71%	79%	60%	69%	76%
NET: Difficult		11	-	1	1	2	3	1	2	1	7	4	1	5	2	4	2	2	6	1
		8%	-	6%	4%	9%	12%	5%	25%	4%	8%	8%	3%	10%	6%	12%	4%	5%	16%	7%
Base for stats		123	2	10	23	23	17	23	9	15	74	47	20	43	32	26	36	36	32	16
Mean Score		4.13	4.20	3.88	4.37	4.25	3.84	4.08	3.87	4.26	4.14	4.10	4.24	4.05	4.19	4.10	4.41	3.95	3.97	4.18
																	b			
Standard Deviation		1.046	1.513	.840	.870	1.122	1.043	1.019	1.563	1.040	.998	1.129	.868	1.139	.953	1.162	.820	.907	1.310	1.151
Standard Error		.095	1.070	.253	.181	.229	.253	.213	.552	.278	.115	.168	.189	.172	.171	.237	.139	.149	.232	.297
Error variance		.01	1.14	.06	.03	.05	.06	.05	.31	.08	.01	.03	.04	.03	.03	.06	.02	.02	.05	.09

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6E3.23. Outdoor swimming pools: If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	*c
Significance Level: 95%					
Unweighted Total		141	80	39	19
Total		141	81	41	17
		100%	100%	100%	100%
I did not have to book		18	12	3	2
		13%	15%	7%	12%
Very easy	(5.0)	55	33	18	5
		39%	40%	44%	28%
Fairly easy	(4.0)	43	24	14	5
		30%	29%	34%	31%
Neither easy nor difficult	(3.0)	13	5	5	3
		9%	6%	12%	17%
Fairly difficult	(2.0)	7	6	-	1
		5%	7%	-	5%
Very difficult	(1.0)	4	2	1	1
		3%	3%	3%	8%
NET: Easy		98	56	32	10
		70%	70%	79%	59%
NET: Difficult		11	8	1	2
		8%	10%	3%	12%
Base for stats		123	69	38	15
Mean Score		4.13	4.14	4.27	3.76
Standard Deviation		1.046	1.072	.892	1.244
Standard Error		.095	.130	.149	.302
Error variance		.01	.02	.02	.09

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	*b	*c	d	*e	*f	g	*h	*i
Unweighted Total		187	85	101	99	56	32	6	24	19	30	20	14	43	19	12
Total		182	82	99	94	54	34	5	25	18	29	18	14	39	20	13
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		37	14	22	15	10	12	1	5	5	8	4	4	6	3	1
		20%	17%	23%	16%	18%	34%	15%	19%	29%	28%	20%	25%	16%	15%	10%
							a									
Very easy	(5.0)	57	25	32	31	17	9	3	9	4	8	5	4	12	9	4
		31%	30%	33%	33%	32%	27%	50%	37%	22%	27%	27%	31%	30%	43%	29%
Fairly easy	(4.0)	57	24	32	28	18	10	1	7	5	9	5	5	15	5	5
		31%	29%	32%	30%	34%	30%	22%	27%	30%	32%	29%	34%	39%	22%	35%
Neither easy nor difficult	(3.0)	23	14	9	15	7	1	-	3	3	4	3	1	5	2	3
		13%	17%	10%	16%	13%	2%	-	12%	15%	13%	14%	9%	13%	8%	25%
					c											
Fairly difficult	(2.0)	4	3	1	2	1	1	-	-	1	-	1	-	1	1	-
		2%	3%	1%	2%	2%	3%	-	-	5%	-	7%	-	2%	6%	-
Very difficult	(1.0)	4	3	1	3	-	1	1	1	-	-	1	-	-	1	-
		2%	3%	1%	3%	-	4%	14%	5%	-	-	4%	-	-	6%	-
NET: Easy		114	49	64	59	36	19	4	16	9	17	10	9	27	13	9
		63%	59%	65%	63%	67%	56%	71%	64%	51%	59%	55%	65%	69%	65%	65%
NET: Difficult		8	5	3	4	1	2	1	1	1	-	2	-	1	2	-
		4%	6%	3%	4%	2%	7%	14%	5%	5%	-	10%	-	2%	12%	-
Base for stats		145	68	76	78	44	23	4	20	13	21	14	11	33	17	12
Mean Score		4.10	3.96	4.22	4.05	4.17	4.10	4.09	4.12	3.95	4.20	3.84	4.30	4.15	4.06	4.05
Standard Deviation		.949	1.043	.853	.991	.808	1.082	1.627	1.103	.919	.737	1.159	.709	.769	1.266	.813
Standard Error		.078	.126	.097	.109	.120	.242	.728	.253	.255	.161	.290	.224	.126	.317	.245
Error variance		.01	.02	.01	.01	.01	.06	.53	.06	.06	.03	.08	.05	.02	.10	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity						
Total		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	187	22	35	51	24	30	25	108	79	132	6	27	12	1	3	49
Total	182	24	37	50	20	26	25	110	71	130	6	25	12	1	2	46
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	37	2	3	13	4	5	11	17	20	29	1	3	2	-	-	6
	20%	8%	7%	25% b	19%	20%	42%	15%	28% bg	22%	18%	13%	17%	-	-	14%
Very easy (5.0)	57	11	14	12	3	10	7	37	20	45	2	5	2	-	1	11
	31%	45%	37%	25%	16%	38%	28%	33%	28%	35%	31%	21%	20%	-	64%	24%
Fairly easy (4.0)	57	6	15	13	7	8	7	34	23	35	2	11	5	-	1	19
	31%	26%	41%	25%	36%	32%	30%	31%	32%	27%	33%	45%	43%	-	36%	42% a
Neither easy nor difficult (3.0)	23	4	4	10	3	3	-	17	6	14	1	5	2	1	-	9
	13%	15%	10%	20% h	16%	10%	-	16%	8%	11%	18%	18%	20%	100%	-	19%
Fairly difficult (2.0)	4	1	1	-	2	-	-	2	2	3	-	1	-	-	-	1
	2%	5%	2%	-	9%	-	-	2%	3%	2%	-	3%	-	-	-	1%
Very difficult (1.0)	4	-	1	2	1	-	-	3	1	4	-	-	-	-	-	-
	2%	-	3%	4%	3%	-	-	3%	1%	3%	-	-	-	-	-	-
NET: Easy	114	17	29	25	11	18	14	71	43	80	4	17	8	-	2	30
	63%	72%	78% c	50%	52%	70%	58%	64%	61%	62%	64%	66%	63%	-	100%	66%
NET: Difficult	8	1	2	2	3	-	-	5	3	7	-	1	-	-	-	1
	4%	5%	5%	4%	13%	-	-	5%	4%	5%	-	3%	-	-	-	1%
Base for stats	145	22	35	37	17	21	14	94	52	101	5	22	10	1	2	40
Mean Score	4.10	4.21	4.13	3.90	3.65	4.35	4.48	4.06	4.16	4.13	4.15	3.97	4.00	3.00	4.64	4.02
Standard Deviation	.949	.940	.958	1.054	1.083	.713	.518	.992	.872	1.026	.854	.775	.728	-	.643	.760
Standard Error	.078	.210	.167	.171	.249	.145	.138	.104	.115	.102	.382	.162	.230	-	.371	.117
Error variance	.01	.04	.03	.03	.06	.02	.02	.01	.01	.01	.15	.03	.05	-	.14	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k	
187	91	45	33	78	8	7	81	30	8	7	7	12	16	11	15	
182	79	50	37	87	7	6	82	29	7	7	6	10	14	13	13	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
37	23	6	7	12	2	1	14	4	-	1	1	3	6	5	2	
20%	29% bd	11%	18%	14%	22%	15%	17%	14%	-	20%	11%	25%	44%	42%	19%	
57	24	18	11	29	2	2	30	10	2	-	1	2	3	5	3	
31%	30%	36%	30%	34%	25%	27%	37%	34%	27%	-	13%	25%	19%	41%	26%	
57	19	19	11	30	1	3	24	9	3	4	2	3	5	2	4	
31%	24%	38%	29%	34%	15%	57%	29%	31%	46%	55%	40%	29%	37%	17%	34%	
23	8	7	6	13	1	-	11	6	1	1	2	1	-	-	1	
13%	10%	15%	15%	15%	11%	-	13%	21%	11%	15%	36%	15%	-	-	6%	
4	3	-	1	1	1	-	1	-	1	-	-	1	-	-	1	
2%	3%	-	3%	1%	17%	-	1%	-	16%	-	-	7%	-	-	10%	
4	3	-	1	1	1	-	2	-	-	1	-	-	-	-	1	
2%	3%	-	3%	1%	10%	-	3%	-	-	10%	-	-	-	-	5%	
114	43	37	22	59	3	5	54	19	5	4	3	5	8	8	8	
63%	54%	74% a	60%	68%	40%	85%	66%	65%	73%	55%	53%	54%	56%	58%	60%	
8	5	-	3	3	2	-	3	-	1	1	-	1	-	-	2	
4%	7%	-	7%	3%	27%	-	4%	-	16%	10%	-	7%	-	-	15%	
145	56	45	30	75	6	5	68	25	7	5	5	8	8	8	11	
4.10	4.04	4.24	3.98	4.13	3.37	4.32	4.15	4.15	3.84	3.42	3.74	3.95	4.33	4.71	3.81	
.949	1.093	.726	1.069	.883	1.577	.525	.987	.800	1.074	1.120	.770	1.010	.504	.487	1.259	
.078	.137	.115	.206	.108	.644	.214	.122	.157	.380	.457	.314	.337	.168	.199	.363	
.01	.02	.01	.04	.01	.41	.05	.01	.02	.14	.21	.10	.11	.03	.04	.13	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	187	52	34	29	9	63	61	51	40	30	9	70	60	14	106	53	14	173
Total	182	50	36	29	9	64	59	51	39	29	10	67	61	12	105	51	13	169
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book	37	12	4	4	-	8	12	10	7	3	-	10	10	6	22	7	2	31
	20%	23%	12%	15%	-	13%	20%	20%	19%	9%	-	14%	17%	46%	21%	14%	14%	18%
Very easy	(5.0) 57	20	15	7	1	21	21	21	12	10	2	21	23	2	39	14	2	55
	31%	40%	41%	23%	14%	33%	36%	40%	30%	33%	21%	31%	37%	14%	37%	28%	16%	33%
Fairly easy	(4.0) 57	10	11	14	5	25	15	11	14	10	6	24	17	3	27	19	8	54
	31%	19%	32%	48%	57%	39%	25%	21%	37%	34%	67%	36%	29%	27%	25%	37%	59%	32%
					a													
Neither easy nor difficult	(3.0) 23	6	6	4	2	10	7	6	5	6	1	11	7	2	14	7	1	22
	13%	11%	16%	15%	21%	15%	13%	11%	12%	21%	12%	16%	11%	13%	14%	13%	6%	13%
Fairly difficult	(2.0) 4	1	-	-	-	-	1	1	-	1	-	1	1	-	2	2	-	4
	2%	2%	-	-	-	-	2%	2%	-	3%	-	1%	2%	-	2%	4%	-	2%
Very difficult	(1.0) 4	2	-	-	1	-	3	2	1	-	-	1	2	-	1	2	1	4
	2%	5%	-	-	8%	-	5%	5%	2%	-	-	1%	4%	-	1%	4%	5%	2%
NET: Easy	114	30	26	20	6	46	36	32	26	19	8	45	40	5	65	33	10	109
	63%	59%	72%	71%	71%	72%	60%	62%	67%	67%	88%	67%	66%	41%	62%	66%	74%	64%
NET: Difficult	8	4	-	-	1	-	4	4	1	1	-	2	4	-	3	4	1	8
	4%	7%	-	-	8%	-	7%	7%	2%	3%	-	2%	6%	-	3%	8%	5%	5%
		e				e												
Base for stats	145	39	31	25	9	56	48	41	31	26	10	58	50	7	83	44	11	139
Mean Score	4.10	4.12	4.28	4.09	3.68	4.20	4.04	4.13	4.15	4.07	4.09	4.11	4.12	4.02	4.20	3.95	3.92	4.10
Standard Deviation	.949	1.175	.760	.671	1.047	.722	1.155	1.149	.852	.865	.598	.851	1.062	.758	.915	1.040	.939	.959
Standard Error	.078	.188	.139	.134	.349	.097	.167	.182	.148	.166	.199	.110	.152	.268	.101	.153	.271	.081
Error variance	.01	.04	.02	.02	.12	.01	.03	.03	.02	.03	.04	.01	.02	.07	.01	.02	.07	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
									NET: Longstanding physical and mental condition or illness					
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	b	a	*b	
Unweighted Total		187	63	101	25	29	9	121	57	6	149	38	159	24
Total		182	64	97	24	29	10	118	56	6	146	36	155	23
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		37	5	25	7	5	3	22	14	1	31	5	29	7
		20%	8%	26%	29%	17%	31%	19%	25%	15%	21%	15%	19%	33%
				a										
Very easy	(5.0)	57	25	28	6	8	1	41	13	1	51	6	52	5
		31%	40%	29%	23%	28%	13%	35%	24%	21%	35%	17%	33%	20%
											b			
Fairly easy	(4.0)	57	22	28	7	10	2	38	17	3	42	15	49	6
		31%	34%	29%	30%	35%	22%	32%	29%	45%	29%	41%	31%	28%
Neither easy nor difficult	(3.0)	23	8	11	3	5	3	11	10	1	17	7	18	4
		13%	13%	12%	13%	18%	33%	9%	18%	19%	11%	19%	12%	19%
Fairly difficult	(2.0)	4	1	3	-	-	-	4	-	-	2	2	4	-
		2%	2%	3%	-	-	-	3%	-	-	1%	6%	3%	-
Very difficult	(1.0)	4	3	1	1	1	-	2	2	-	3	1	4	-
		2%	4%	1%	5%	2%	-	2%	4%	-	2%	2%	3%	-
NET: Easy		114	47	57	13	18	3	79	30	4	93	21	100	11
		63%	73%	58%	53%	62%	35%	67%	53%	67%	64%	58%	65%	48%
NET: Difficult		8	4	4	1	1	-	6	2	-	5	3	8	-
		4%	6%	4%	5%	2%	-	5%	4%	-	4%	8%	5%	-
Base for stats		145	59	72	17	24	7	95	42	5	115	30	126	15
Mean Score		4.10	4.11	4.11	3.92	4.03	3.71	4.17	3.93	4.03	4.18	3.77	4.11	4.02
											b			
Standard Deviation		.949	1.035	.923	1.118	.923	.838	.930	1.001	.768	.937	.940	.974	.791
Standard Error		.078	.136	.107	.271	.188	.342	.094	.154	.343	.087	.166	.086	.198
Error variance		.01	.02	.01	.07	.04	.12	.01	.02	.12	.01	.03	.01	.04

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### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total		187	3	15	30	41	31	29	11	27	117	67	37	43	77	25	44	55	61	24
Total		182	2	14	30	37	31	29	12	26	112	67	37	41	74	26	44	51	59	25
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I did not have to book		37	2	4	5	7	4	4	2	8	21	14	9	10	12	6	10	10	11	7
		20%	64%	29%	18%	19%	13%	14%	20%	30%	18%	22%	24%	23%	16%	23%	22%	19%	18%	27%
Very easy	(5.0)	57	-	5	10	10	10	9	5	9	34	23	11	14	22	7	16	17	17	6
		31%	-	38%	31%	26%	31%	30%	43%	34%	30%	34%	29%	34%	30%	28%	35%	34%	29%	25%
Fairly easy	(4.0)	57	-	3	10	14	11	11	3	4	38	19	10	10	29	8	11	14	21	10
		31%	-	20%	34%	37%	36%	40%	26%	17%	34%	28%	26%	25%	39%	29%	25%	28%	35%	39%
Neither easy nor difficult	(3.0)	23	1	2	2	5	6	4	1	3	14	8	7	5	8	2	7	8	6	2
		13%	36%	13%	6%	14%	18%	16%	11%	10%	13%	12%	20%	13%	11%	8%	16%	16%	10%	6%
Fairly difficult	(2.0)	4	-	-	1	1	1	-	-	1	3	1	-	1	3	-	1	1	1	1
		2%	-	-	4%	2%	3%	-	-	4%	2%	2%	-	3%	4%	-	3%	2%	1%	3%
Very difficult	(1.0)	4	-	-	2	1	-	-	-	1	3	1	-	1	-	3	-	-	4	-
		2%	-	-	7%	2%	-	-	-	5%	2%	2%	-	2%	-	12%	-	-	7%	-
NET: Easy		114	-	8	20	23	21	20	8	13	72	42	20	24	51	15	27	31	38	16
		63%	-	58%	65%	63%	67%	70%	69%	51%	64%	62%	56%	59%	69%	57%	60%	62%	64%	64%
NET: Difficult		8	-	-	3	1	1	-	-	2	5	2	-	2	3	3	1	1	5	1
		4%	-	-	11%	4%	3%	-	-	9%	5%	4%	-	5%	4%	12%	3%	2%	8%	3%
Base for stats		145	1	10	25	30	27	25	10	18	92	52	28	31	62	20	35	41	49	18
Mean Score		4.10	3.00	4.36	3.97	4.03	4.09	4.17	4.41	4.03	4.07	4.16	4.12	4.12	4.14	3.78	4.18	4.16	3.95	4.18
Standard Deviation		.949	-	.807	1.195	.909	.835	.725	.756	1.251	.957	.938	.813	.999	.809	1.400	.879	.856	1.135	.760
Standard Error		.078	-	.243	.244	.158	.161	.145	.252	.295	.098	.130	.154	.177	.101	.321	.151	.129	.160	.184
Error variance		.01	-	.06	.06	.03	.03	.02	.06	.09	.01	.02	.02	.03	.01	.10	.02	.02	.03	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6E3.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): If you had to book your place or activity at this location in advance, how easy or difficult was it to do this?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		187	91	53	41
Total		182	90	50	40
		100%	100%	100%	100%
I did not have to book		37	17	6	14
		20%	19%	12%	34%
				b	
Very easy	(5.0)	57	38	9	9
		31%	42%	19%	21%
			bc		
Fairly easy	(4.0)	57	24	21	10
		31%	27%	43%	26%
Neither easy nor difficult	(3.0)	23	8	10	5
		13%	9%	20%	14%
				a	
Fairly difficult	(2.0)	4	1	2	1
		2%	1%	4%	3%
Very difficult	(1.0)	4	2	1	1
		2%	3%	1%	2%
NET: Easy		114	63	31	19
		63%	69%	62%	47%
			c		
NET: Difficult		8	3	3	2
		4%	4%	5%	5%
Base for stats		145	74	43	26
Mean Score		4.10	4.29	3.84	3.94
			b		
Standard Deviation		.949	.946	.878	1.000
Standard Error		.078	.111	.129	.192
Error variance		.01	.01	.02	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6G2. SUMMARY: Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Yes	No	Can't remember
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305 100%	240 79%	55 18%	10 3%
Outdoor sports facilities (e.g. courts and pitches)	242 100%	188 78%	43 18%	10 4%
Indoor swimming pools	198 100%	151 77%	36 18%	10 5%
Outdoor exercise classes	164 100%	123 75%	33 20%	8 5%
Outdoor swimming pools	141 100%	102 72%	35 25%	4 3%
Other indoor sports facilities	126 100%	86 68%	30 24%	9 7%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182 100%	118 65%	50 27%	13 7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	*c	d	*e	*f	g	h	*i
Unweighted Total	316	154	162	207	86	23	14	49	22	44	25	20	88	32	22
Total	305	152	153	191	88	26	11	49	21	44	22	21	83	34	20
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	240	119	121	150	69	21	11	40	18	36	16	19	66	22	13
	79%	78%	79%	79%	78%	79%	94%	81%	87%	82%	70%	92%	79%	66%	63%
No	55	26	29	35	16	4	1	6	2	7	7	2	15	9	7
	18%	17%	19%	18%	18%	16%	6%	13%	9%	16%	30%	8%	18%	27%	34%
Can't remember	10	7	3	6	3	1	-	3	1	1	-	-	2	2	1
	3%	5%	2%	3%	3%	5%	-	6%	4%	2%	-	-	3%	7%	3%

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### Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	316	62	85	77	43	25	24	224	92	230	11	47	24	-	2	84
Total	305	65	88	72	37	21	21	225	80	222	11	45	24	-	2	81
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Yes	240	53	69	53	31	17	17	175	65	177	8	34	17	-	2	61
	79%	81%	78%	74%	85%	79%	77%	78%	81%	80%	72%	76%	73%	-	100%	75%
No	55	13	16	16	3	4	4	44	11	40	1	7	6	-	-	15
	18%	19%	18%	22%	8%	17%	19%	20%	14%	18%	12%	15%	27%	-	-	18%
Can't remember	10	-	3	3	3	1	1	6	4	5	2	4	-	-	-	6
	3%	-	4%	4%	7%	3%	3%	3%	5%	2%	16%	8%	-	-	-	7%
					a							a				a



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	316	144	70	74	144	26	18	146	40	15	6	11	33	14	7	44
Total	305	121	79	82	162	25	16	148	39	13	4	9	28	12	9	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	240	96	60	69	129	22	12	118	33	7	4	9	20	10	6	34
	79%	80%	76%	83%	80%	88%	72%	79%	84%	53%	84%	93%	71%	81%	70%	82%
No	55	19	16	13	29	3	4	25	5	6	1	-	6	2	3	8
	18%	16%	20%	15%	18%	12%	28%	17%	13%	42%	16%	-	23%	19%	30%	18%
Can't remember	10	5	3	1	4	-	-	6	1	1	-	1	2	-	-	-
	3%	4%	4%	1%	3%	-	-	4%	3%	5%	-	7%	6%	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19					
Total													Lives alone	2-3	4-5	6+	NET: Lives with others
	a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
316	93	79	30	11	109	104	92	70	41	10	111	102	29	157	106	24	287
305	91	78	30	11	108	102	90	70	40	10	110	100	26	151	105	23	279
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
240	73	63	25	6	88	79	69	53	36	8	89	77	22	109	89	20	217
79%	80%	81%	82%	57%	81%	78%	77%	76%	90%	77%	81%	77%	85%	72%	85% b	86%	78%
55	15	13	4	5	17	20	19	14	3	2	16	21	3	35	14	2	52
18%	17%	16%	14%	43%	16%	20%	21% c	19%	6%	23%	15%	21% c	12%	23%	14%	10%	19%
10	3	2	1	-	3	3	2	3	1	-	4	2	1	7	2	1	9
3%	3%	3%	4%	-	3%	3%	3%	4%	3%	-	4%	2%	3%	5%	2%	4%	3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	316	151	38	56	16	202	103	5	273	43	276	36
Total	305	141	35	55	14	197	98	5	266	39	269	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	240	118	29	40	10	161	72	5	213	27	214	22
	79%	84%	83%	72%	70%	82%	74%	100%	80%	70%	80%	70%
No	55	19	5	15	3	29	23	-	47	9	49	6
	18%	13%	14%	28%	21%	15%	24%	-	18%	22%	18%	20%
Can't remember	10	5	1	-	1	6	2	-	7	3	6	3
	3%	3%	3%	-	9%	3%	2%	-	3%	8%	2%	10%
												a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	316	10	21	52	71	51	49	20	42	195	111	53	113	99	44	104	92	80	33
Total	305	9	18	49	68	49	49	22	41	184	112	50	106	97	44	98	87	79	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	240	6	12	39	50	37	42	17	36	139	95	40	79	83	35	86	66	63	23
	79%	69%	68%	80%	73%	77%	84%	80%	88%	75%	85%	79%	74%	85% b	79%	87% bd	75%	80%	68%
No	55	1	6	8	16	10	6	4	4	40	14	11	23	11	8	10	16	15	11
	18%	16%	32%	16%	24%	20%	11%	20%	10%	22%	13%	21%	21%	12%	19%	10%	18%	19%	32% a
Can't remember	10	1	-	2	2	2	2	-	1	6	3	-	5	3	1	2	5	1	-
	3%	15%	-	5%	3%	3%	5%	-	2%	3%	3%	-	5%	3%	2%	2%	6%	1%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	316	189	88	37
Total	305	184	85	33
	100%	100%	100%	100%
Yes	240	142	65	31
	79%	77%	76%	93%
				ab
No	55	38	15	2
	18%	21%	17%	7%
		c		
Can't remember	10	4	6	-
	3%	2%	7%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	206	93	112	125	59	22	19	31	20	16	14	17	59	19	11
Total	198	89	108	115	59	24	16	32	19	14	13	17	58	20	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	151	60	91	85	46	20	12	21	15	11	11	13	44	15	9
	77%	67%	84%	74%	79%	81%	79%	67%	78%	76%	88%	79%	76%	77%	81%
			a												
No	36	23	14	25	8	3	2	9	2	3	1	2	11	3	2
	18%	25%	13%	21%	14%	14%	16%	27%	12%	19%	12%	12%	19%	17%	19%
			b												
Can't remember	10	7	4	5	4	1	1	2	2	1	-	2	2	1	-
	5%	8%	3%	4%	7%	5%	5%	6%	9%	5%	-	9%	4%	6%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	206	28	44	59	29	22	24	131	75	148	8	27	15	2	4	56
Total	198	31	47	57	24	19	21	135	63	144	7	25	15	1	3	52
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	151	25	31	45	17	14	19	101	50	114	6	15	13	1	2	37
	77%	81%	67%	79%	69%	76%	93%	75%	79%	79%	75%	62%	83%	52%	63%	70%
No	36	6	13	9	6	2	1	28	8	24	2	6	3	-	1	12
	18%	19%	28%	16%	23%	9%	3%	21%	13%	16%	25%	25%	17%	-	37%	23%
			h													
Can't remember	10	-	2	3	2	3	1	5	5	6	-	3	-	1	-	4
	5%	-	5%	5%	7%	14%	3%	4%	8%	4%	-	13%	-	48%	-	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	206	93	53	41	94	7	17	98	26	8	12	6	10	13	9	24
Total	198	76	60	47	107	7	15	98	26	7	10	5	8	11	9	22
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	151	59	43	36	79	6	13	72	21	4	6	5	6	10	9	19
	77%	78%	71%	76%	74%	88%	87%	73%	79%	59%	61%	88%	71%	94%	92%	87%
No	36	12	14	9	23	1	2	20	6	2	3	1	2	1	-	3
	18%	15%	23%	20%	21%	12%	13%	20%	21%	27%	32%	12%	19%	6%	-	13%
Can't remember	10	5	4	2	5	-	-	7	-	1	1	-	1	-	1	-
	5%	6%	6%	4%	5%	-	-	7%	-	14%	7%	-	10%	-	8%	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	206	68	50	28	7	78	75	62	43	42	10	85	72	24	95	74	13	182
Total	198	68	50	26	7	76	74	62	43	40	9	83	71	21	92	73	13	177
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	151	55	35	17	4	52	59	49	29	28	8	57	57	16	71	54	10	135
	77%	81%	70%	66%	60%	68%	79%	79%	67%	71%	87%	69%	80%	79%	78%	74%	80%	76%
No	36	11	12	6	3	19	13	10	12	8	1	20	12	3	18	12	2	33
	18%	16%	24%	25%	40%	24%	18%	17%	28%	20%	13%	24%	16%	17%	20%	17%	20%	18%
Can't remember	10	2	3	3	-	6	2	2	2	4	-	6	2	1	3	7	-	10
	5%	4%	6%	10%	-	7%	3%	4%	4%	9%	-	7%	3%	4%	3%	10%	-	5%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	206	87	87	42	37	12	120	78	12	166	40	171	30
Total	198	85	85	39	34	12	118	73	11	163	35	167	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	151	65	68	31	27	9	90	57	9	128	23	135	14
	77%	76%	80%	78%	79%	72%	76%	78%	78%	79%	66%	81% b	54%
No	36	20	12	9	7	3	20	16	3	27	9	27	8
	18%	24%	14%	22%	21%	28%	17%	22%	22%	17%	25%	16%	29%
Can't remember	10	-	6	-	-	-	8	-	-	7	3	5	5
	5%	-	6% a	-	-	-	7% e	-	-	5%	8%	3%	17% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	*d	a	b	c	d
Unweighted Total	206	6	19	36	49	34	30	15	17	138	62	44	66	68	25	60	61	53	30
Total	198	5	18	36	45	33	28	16	17	133	61	40	63	68	25	59	55	53	29
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	151	3	11	24	36	25	22	14	17	96	53	29	43	56	22	44	40	41	26
	77%	68%	60%	66%	79%	75%	78%	87%	100%	72%	87%	73%	68%	83%	89%	74%	72%	78%	89%
										j	ci			b					
No	36	2	5	8	9	8	4	1	-	29	5	11	15	7	2	14	11	7	3
	18%	32%	30%	22%	19%	23%	15%	8%	-	22%	9%	27%	24%	10%	8%	24%	20%	13%	11%
										j		c	c						
Can't remember	10	-	2	4	1	1	2	1	-	8	3	-	5	4	1	1	4	5	-
	5%	-	10%	12%	2%	3%	7%	5%	-	6%	4%	-	8%	6%	3%	2%	8%	9%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

Significance Level: 95%

Unweighted Total

Total

Yes

No

Can't remember

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	*c
Unweighted Total	206	104	75
Total	198	100	72
	100%	100%	100%
Yes	151	79	55
	77%	79%	77%
No	36	21	9
	18%	21%	13%
Can't remember	10	1	7
	5%	1%	10%
		a	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	130	71	59	85	39	6	3	14	10	16	8	8	42	13	16
Total	126	70	55	80	38	8	2	15	9	16	6	8	40	14	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	86	47	39	56	28	2	2	8	8	10	4	4	30	10	11
	68%	67%	70%	70%	74%	30%	65%	58%	83%	63%	57%	48%	75%	76%	68%
No	30	18	13	21	7	2	1	6	1	4	3	3	6	2	4
	24%	25%	23%	27%	19%	22%	35%	42%	17%	24%	43%	42%	15%	16%	24%
Can't remember	9	5	4	3	2	4	-	-	-	2	-	1	4	1	1
	7%	7%	7%	4%	7%	48%	-	-	-	13%	-	10%	10%	9%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	130	31	32	29	12	13	13	92	38	87	8	22	6	2	-	38
Total	126	34	32	28	10	10	12	94	32	85	8	22	5	2	-	37
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Yes	86	24	19	21	6	7	9	64	22	57	6	15	3	2	-	26
	68%	71%	59%	77%	63%	63%	77%	68%	68%	67%	74%	69%	61%	100%	-	70%
No	30	9	11	5	3	3	-	24	6	23	-	5	2	-	-	7
	24%	26%	33%	18%	30%	30%	-	26%	19%	27%	-	22%	39%	-	-	19%
Can't remember	9	1	2	2	1	1	3	5	4	5	2	2	-	-	-	4
	7%	4%	8%	6%	7%	7%	23%	6%	13%	6%	26%	9%	-	-	-	11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household					Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	130	56	30	28	58	4	8	62	21	7	1	7	13	3	4	12
Total	126	46	35	32	67	4	7	66	19	6	1	6	10	2	5	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	86	30	21	27	48	3	4	46	11	5	1	5	7	2	2	7
	68%	64%	60%	86%	72%	72%	66%	70%	58%	75%	100%	79%	69%	100%	44%	68%
No	30	10	12	5	16	1	2	15	8	1	-	1	1	-	-	3
	24%	21%	33%	14%	24%	28%	34%	23%	42%	13%	-	21%	15%	-	-	32%
Can't remember	9	7	2	-	2	-	-	4	-	1	-	-	2	-	3	-
	7%	15%	7%	-	4%	-	-	7%	-	12%	-	-	16%	-	56%	-
		d														

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	130	37	30	20	9	50	46	35	38	16	7	54	42	12	66	42	10	118
Total	126	37	32	19	8	51	45	35	38	15	8	53	43	11	63	42	10	115
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	86 68%	27 71%	22 68%	13 68%	6 72%	35 68%	32 72%	23 66%	25 67%	10 67%	8 100%	35 67%	31 72%	7 66%	42 66%	31 74%	6 62%	79 69%
No	30 24%	8 22%	9 28%	6 32%	2 19%	15 30%	10 22%	10 27%	11 28%	5 33%	- -	16 30%	10 22%	2 22%	15 24%	9 22%	4 38%	28 24%
Can't remember	9 7%	2 7%	1 4%	- -	1 8%	1 2%	3 7%	2 7%	2 5%	- -	- -	2 4%	2 6%	1 12%	6 10%	2 4%	- -	8 7%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	130	62	21	16	9	76	44	2	109	21	108	17
Total	126	58	21	16	9	73	44	3	106	20	106	15
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	86	37	15	12	7	48	33	1	72	14	74	9
	68%	64%	69%	73%	79%	66%	75%	41%	68%	70%	70%	59%
No	30	15	7	4	2	18	11	2	26	5	23	6
	24%	25%	31%	27%	21%	25%	25%	59%	24%	24%	22%	41%
Can't remember	9	7	-	-	-	7	-	-	8	1	9	-
	7%	11%	-	-	-	9%	-	-	8%	6%	8%	-
		a				e						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	130	1	8	24	27	24	27	7	12	83	46	31	40	40	17	43	37	31	18
Total	126	1	8	23	25	24	27	8	11	80	46	30	36	40	18	42	33	31	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	86	1	5	16	15	16	17	7	10	52	34	23	23	25	14	27	23	22	14
	68%	100%	58%	70%	59%	70%	65%	84%	87%	65%	74%	76%	64%	63%	78%	64%	69%	69%	80%
No	30	-	3	5	8	7	7	-	1	23	7	7	10	10	3	13	10	5	2
	24%	-	42%	21%	31%	30%	25%	-	6%	29%	16%	24%	28%	26%	14%	31%	29%	16%	13%
Can't remember	9	-	-	2	3	-	3	1	1	5	5	-	3	4	1	2	1	5	1
	7%	-	-	9%	11%	-	10%	16%	7%	6%	10%	-	8%	11%	7%	5%	2%	14%	7%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

Significance Level: 95%

Unweighted Total

Total

Yes

No

Can't remember

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	*c
Unweighted Total	130	60	41
Total	126	61	37
	100%	100%	100%
Yes	86	48	23
	68%	79%	62%
No	30	9	11
	24%	15%	30%
Can't remember	9	4	3
	7%	7%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	171	91	80	111	51	9	15	22	17	18	9	13	52	14	11
Total	164	87	77	102	52	10	12	23	16	17	7	13	51	16	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	123	63	60	78	37	8	7	15	13	15	6	11	38	10	7
	75%	72%	78%	77%	70%	84%	56%	64%	84%	90%	91%	86%	75%	64%	75%
No	33	20	14	23	8	2	5	3	3	2	1	1	11	6	2
	20%	23%	18%	23%	16%	16%	44%	15%	16%	10%	9%	5%	22%	36%	16%
Can't remember	8	5	4	1	7	-	-	5	-	-	-	1	1	-	1
	5%	5%	5%	1%	14%	-	-	21%	-	-	-	9%	2%	-	9%
				a											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	171	32	38	43	28	14	16	113	58	120	10	28	6	2	4	50
Total	164	34	39	43	24	12	14	115	49	115	10	27	6	2	4	49
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	123	29	28	27	16	9	14	84	39	86	6	22	5	2	3	37
	75%	87%	71%	63%	69%	78%	100%	73%	80%	75%	63%	78%	88%	100%	70%	76%
		c														
No	33	3	10	12	6	1	-	25	8	24	2	4	1	-	1	8
	20%	10%	25%	29% a	26%	12%	-	22%	16%	21%	24%	13%	12%	-	30%	16%
Can't remember	8	1	1	4	1	1	-	6	2	4	1	2	-	-	-	4
	5%	3%	3%	9%	5%	9%	-	5%	5%	4%	13%	9%	-	-	-	7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	171	69	39	41	80	11	16	87	19	4	3	7	10	10	4	27
Total	164	56	44	46	91	9	15	88	19	4	2	6	8	9	5	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	123	46	28	35	63	9	13	60	15	2	2	4	7	9	3	22
	75%	81%	64%	76%	70%	91%	89%	67%	79%	53%	100%	74%	82%	100%	67%	90%
No	33	10	12	8	20	1	2	22	3	2	-	1	1	-	2	2
	20%	18%	28%	16%	22%	9%	11%	25%	14%	47%	-	26%	18%	-	33%	10%
Can't remember	8	1	3	4	7	-	-	7	1	-	-	-	-	-	-	-
	5%	2%	8%	8%	8%	-	-	8%	7%	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	171	49	51	15	9	66	58	46	44	23	11	67	57	22	77	57	15	149
Total	164	47	53	14	9	66	56	45	44	22	11	66	56	18	74	58	14	146
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	123	36	36	10	7	46	43	34	28	15	10	43	44	15	54	43	12	108
	75%	77%	67%	73%	77%	69%	77%	76%	64%	68%	89%	66%	78%	83%	73%	74%	82%	74%
No	33	10	12	4	1	16	11	10	12	5	-	17	10	2	19	10	1	31
	20%	21%	24%	27%	13%	24%	19%	22%	28%	21%	-	25%	18%	13%	26%	18%	9%	21%
Can't remember	8	1	5	-	1	5	2	1	4	2	1	6	2	1	1	5	1	7
	5%	2%	9%	-	10%	7%	4%	2%	8%	10%	11%	9%	4%	5%	2%	8%	9%	5%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	171	75	23	29	14	107	59	5	143	28	150	19
Total	164	72	21	26	13	106	53	5	138	27	145	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	123	48	18	24	8	74	45	5	101	22	113	10
	75%	67%	89%	90%	65%	70%	84%	100%	74%	82%	78%	57%
No	33	20	2	2	4	25	8	-	28	5	25	6
	20%	28%	11%	6%	35%	23%	14%	-	21%	18%	17%	36%
Can't remember	8	3	-	1	-	7	1	-	8	-	7	1
	5%	5%	-	3%	-	7%	2%	-	6%	-	5%	7%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	171	5	10	32	40	25	28	8	23	107	59	29	62	55	24	49	45	48	29
Total	164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	123	3	7	21	29	19	21	5	19	75	45	16	41	43	22	30	32	38	23
	75%	78%	74%	69%	75%	80%	73%	63%	85%	74%	76%	62%	71%	79%	94%	63%	76%	80%	84%
No	33	1	2	6	7	5	5	3	3	20	12	9	12	9	1	15	9	7	2
	20%	22%	26%	20%	18%	20%	19%	37%	15%	20%	20%	34%	21%	17%	6%	31%	21%	15%	8%
Can't remember	8	-	-	3	2	-	2	-	-	6	2	1	4	2	-	2	1	2	2
	5%	-	-	11%	6%	-	8%	-	-	6%	4%	5%	7%	4%	-	5%	3%	5%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

Significance Level: 95%

Unweighted Total

Total

Yes

No

Can't remember

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	*c
Unweighted Total	171	98	46
Total	164	95	43
	100%	100%	100%
Yes	123	77	29
	75%	80%	66%
No	33	14	13
	20%	15%	29%
Can't remember	8	5	2
	5%	5%	5%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	249	134	115	169	57	23	11	45	18	26	20	12	79	23	15
Total	242	133	109	155	59	28	8	44	17	26	17	12	78	26	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	188	105	83	118	48	23	8	32	14	21	10	8	62	24	9
	78%	79%	77%	76%	81%	82%	91%	73%	82%	79%	59%	71%	80%	93%	65%
No	43	22	21	31	8	4	1	11	3	5	5	1	11	2	4
	18%	16%	20%	20%	14%	14%	9%	25%	18%	18%	33%	11%	14%	7%	27%
Can't remember	10	6	4	6	3	1	-	1	-	1	1	2	4	-	1
	4%	5%	4%	4%	5%	4%	-	2%	-	3%	8%	18%	6%	-	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	*d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	249	39	57	75	28	27	23	171	78	170	6	40	25	-	4	75
Total	242	41	59	73	24	23	23	172	70	169	6	36	24	-	4	70
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Yes	188	34	40	58	20	17	19	132	56	127	6	28	21	-	2	58
	78%	83%	68%	80%	84%	72%	85%	77%	80%	75%	100%	80%	90%	-	54%	83%
No	43	5	16	11	3	5	3	32	11	34	-	6	2	-	2	9
	18%	11%	27%	15%	14%	21%	15%	18%	16%	20%	-	16%	7%	-	46%	13%
Can't remember	10	2	3	3	1	2	-	8	2	8	-	2	1	-	-	2
	4%	6%	5%	4%	3%	7%	-	5%	3%	5%	-	5%	3%	-	-	3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	249	119	48	62	110	14	22	112	31	8	10	3	28	5	16	36
Total	242	102	55	70	125	13	19	116	30	8	8	2	23	4	19	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	188	82	43	54	98	12	15	89	22	6	5	2	16	4	17	27
	78%	80%	79%	78%	78%	95%	79%	77%	76%	76%	64%	69%	68%	100%	89%	85%
No	43	15	10	13	24	-	4	24	5	2	3	1	4	-	1	4
	18%	14%	19%	19%	19%	-	21%	20%	15%	24%	36%	31%	18%	-	6%	13%
Can't remember	10	6	1	2	3	1	-	3	3	-	-	-	3	-	1	1
	4%	5%	2%	3%	3%	5%	-	3%	9%	-	-	-	13%	-	5%	2%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	249	82	66	24	6	90	88	72	65	33	10	98	82	20	112	95	22	229
Total	242	82	66	23	6	89	88	73	64	31	10	95	83	19	109	93	21	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	188	65	45	18	6	63	71	55	46	26	9	72	64	18	85	71	15	171
	78%	80%	68%	80%	100%	71%	81%	75%	71%	84%	93%	75%	78%	92%	78%	76%	70%	77%
No	43	15	17	4	-	21	15	17	16	4	-	20	17	2	18	18	6	42
	18%	19%	26%	17%	-	24%	18%	23%	24%	13%	-	21%	20%	8%	16%	19%	30%	19%
Can't remember	10	1	4	1	-	5	1	1	3	1	1	4	2	-	6	4	-	10
	4%	1%	6%	3%	-	5%	1%	2%	5%	3%	7%	4%	2%	-	6%	5%	-	5%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	249	107	116	30	37	12	161	77	2	206	43	213	32
Total	242	106	113	28	38	11	159	74	3	203	39	210	29
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	188	86	83	22	26	6	128	54	-	157	31	167	21
	78%	81%	74%	79%	70%	53%	80%	73%	-	77%	80%	79%	73%
No	43	17	24	6	10	4	25	17	3	36	7	35	7
	18%	16%	21%	21%	27%	32%	16%	23%	100%	18%	18%	16%	24%
Can't remember	10	3	6	-	1	2	6	3	-	10	1	9	1
	4%	3%	5%	-	3%	14%	4%	4%	-	5%	2%	4%	3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Number of days active										Life satisfaction score				Covid-19 related worries				
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	249	9	14	39	53	45	52	10	27	151	89	56	66	81	42	95	51	66	30
Total	242	8	13	38	51	42	51	10	28	144	90	53	62	82	43	91	49	66	30
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	188	3	9	28	38	36	38	9	27	112	74	35	48	67	37	67	39	53	26
	78%	34%	66%	75%	75%	86%	75%	89%	94%	78%	82%	67%	77%	82% a	87% a	74%	81%	80%	86%
No	43	5	4	8	10	4	12	-	1	26	13	15	12	11	5	20	7	12	3
	18%	58%	28%	22%	19%	9%	23%	-	4%	18%	14%	29% cd	20%	13%	12%	22%	15%	18%	11%
Can't remember	10	1	1	1	3	2	1	1	1	6	3	2	2	4	1	3	2	1	1
	4%	8%	6%	2%	6%	4%	3%	11%	3%	4%	4%	4%	3%	5%	2%	4%	4%	2%	3%



## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

### **Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

Significance Level: 95%

Unweighted Total

Total

Yes

No

Can't remember

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	249	135	70
			40
Total	242	133	68
	100%	100%	100%
			38
Yes	188	107	51
	78%	81%	76%
			27
No	43	20	14
	18%	15%	20%
			10
Can't remember	10	6	3
	4%	4%	4%
			1
			3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	141	63	78	94	39	8	9	17	9	13	8	7	41	18	19
Total	141	66	75	89	42	10	7	19	9	11	8	7	42	18	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	102	45	57	60	32	9	4	14	6	7	6	4	34	13	15
	72%	68%	76%	68%	77%	91%	56%	73%	65%	61%	77%	60%	79%	70%	78%
No	35	18	16	24	9	1	3	4	2	4	2	2	9	5	4
	25%	28%	22%	27%	23%	9%	36%	23%	23%	32%	23%	28%	21%	30%	22%
Can't remember	4	3	2	4	-	-	1	1	1	1	-	1	-	-	-
	3%	4%	2%	5%	-	-	9%	4%	12%	7%	-	11%	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	141	37	33	30	21	8	12	100	41	99	4	18	12	1	3	38
Total	141	40	34	31	18	7	11	105	36	100	4	19	12	1	2	37
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	102	31	27	20	10	4	9	78	23	77	3	10	9	-	2	24
	72%	78%	79%	65%	57%	57%	86%	75%	66%	77%	77%	55%	77%	-	74%	65%
No	35	9	6	9	6	3	2	24	10	21	1	7	3	1	-	12
	25%	22%	18%	30%	33%	43%	14%	23%	29%	21%	23%	40%	23%	100%	-	31%
Can't remember	4	-	1	2	2	-	-	2	2	2	-	1	-	-	1	1
	3%	-	2%	5%	9%	-	-	2%	5%	2%	-	4%	-	-	26%	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household					Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	141	46	44	36	80	8	7	68	21	11	3	2	8	10	3	15
Total	141	39	50	40	90	8	7	71	22	10	2	2	7	9	3	15
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	102	26	39	29	68	6	4	52	19	7	2	1	3	5	3	10
	72%	68%	78%	73%	76%	75%	61%	74%	87%	72%	100%	51%	37%	57%	79%	69%
No	35	10	10	11	20	2	3	17	2	3	-	1	3	4	1	5
	25%	27%	20%	27%	23%	25%	39%	24%	9%	28%	-	49%	40%	43%	21%	31%
Can't remember	4	2	1	-	1	-	-	2	1	-	-	-	2	-	-	-
	3%	6%	2%	-	1%	-	-	2%	4%	-	-	-	23%	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	*b	c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	141	43	28	31	5	59	48	39	34	29	4	63	43	9	72	53	7	132
Total	141	45	27	32	4	59	50	41	35	28	4	62	45	8	72	54	6	133
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	102	37	21	22	4	43	41	34	25	19	4	44	38	7	49	40	6	95
	72%	82%	78%	68%	85%	72%	82%	82%	71%	69%	100%	71%	83%	89%	68%	74%	87%	71%
No	35	8	5	9	1	15	9	7	9	8	-	18	7	1	21	12	1	34
	25%	18%	20%	29%	15%	25%	18%	17%	26%	31%	-	28%	15%	11%	29%	22%	13%	25%
Can't remember	4	-	1	1	-	2	-	1	1	-	-	1	1	-	2	2	-	4
	3%	-	2%	3%	-	3%	-	2%	2%	-	-	1%	1%	-	3%	4%	-	3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	141	69	59	24	33	8	76	58	5	116	25	111	24
Total	141	73	57	23	31	8	78	57	4	117	24	113	22
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	102	57	37	19	22	7	58	43	4	85	17	90	10
	72%	79%	65%	82%	70%	89%	75%	75%	85%	72%	73%	79%	47%
No	35	14	17	4	9	1	17	13	-	29	6	21	10
	25%	19%	31%	16%	28%	11%	21%	23%	-	25%	24%	19%	46%
Can't remember	4	2	2	1	1	-	3	1	1	3	1	2	2
	3%	2%	4%	3%	2%	-	3%	1%	15%	3%	3%	2%	7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	141	3	13	27	28	23	23	8	16	91	47	25	49	36	28	40	42	38	17
Total	141	2	13	27	27	23	23	9	17	89	49	24	47	37	30	41	40	38	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	102	2	8	17	21	14	18	9	12	61	40	18	35	26	22	29	24	32	15
	72%	72%	67%	64%	80%	60%	80%	100%	70%	68%	80%	73%	74%	71%	72%	70%	59%	83% b	86%
No	35	1	3	8	5	9	4	-	5	25	9	7	11	10	7	12	14	7	2
	25%	28%	21%	29%	20%	40%	17%	-	30%	28%	18%	27%	24%	27%	23%	30%	35%	17%	11%
Can't remember	4	-	2	2	-	-	1	-	-	3	1	-	1	1	2	-	3	-	1
	3%	-	13%	6%	-	-	3%	-	-	4%	2%	-	2%	2%	6%	-	7%	-	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

Significance Level: 95%

Unweighted Total

Total

Yes

No

Can't remember

Total	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
	a	b	*c
Unweighted Total	141	80	39
Total	141	81	41
	100%	100%	100%
Yes	102	63	27
	72%	79%	65%
No	35	16	11
	25%	20%	28%
Can't remember	4	1	3
	3%	2%	7%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	*b	*c	d	*e	*f	g	*h	*i
Unweighted Total	187	85	101	99	56	32	6	24	19	30	20	14	43	19	12
Total	182	82	99	94	54	34	5	25	18	29	18	14	39	20	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	118	52	67	53	37	28	4	16	13	22	14	11	21	10	8
	65%	63%	68%	57%	69%	82% a	71%	62%	71%	76%	77%	81%	54%	49%	63%
No	50	23	26	33	12	5	1	7	5	6	3	3	13	9	4
	27%	28%	26%	35% c	23%	14%	15%	29%	29%	22%	14%	19%	33%	42%	28%
Can't remember	13	7	6	8	4	1	1	2	-	1	2	-	5	2	1
	7%	9%	6%	9%	7%	4%	14%	9%	-	3%	9%	-	13%	9%	10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Social Grade								Ethnicity							
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	187	22	35	51	24	30	25	108	79	132	6	27	12	1	3	49
Total	182	24	37	50	20	26	25	110	71	130	6	25	12	1	2	46
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	118	15	24	28	16	18	18	67	52	90	3	14	7	-	2	26
	65%	65%	64%	56%	77%	69%	72%	60%	73%	69%	44%	56%	56%	-	100%	56%
No	50	6	12	16	4	6	6	34	16	31	3	9	4	-	-	16
	27%	25%	32%	32%	19%	25%	22%	31%	22%	24%	56%	36%	33%	-	-	35%
Can't remember	13	2	2	6	1	2	1	10	4	10	-	2	1	1	-	4
	7%	10%	5%	11%	4%	6%	5%	9%	5%	7%	-	7%	10%	100%	-	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	187	91	45	33	78	8	7	81	30	8	7	7	12	16	11	15
Total	182	79	50	37	87	7	6	82	29	7	7	6	10	14	13	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	118	48	35	24	58	4	3	55	16	5	5	2	8	10	10	7
	65%	60%	69%	64%	67%	50%	56%	67%	56%	64%	70%	40%	77%	71%	80%	53%
No	50	21	13	13	26	4	3	22	10	3	1	1	2	3	1	6
	27%	27%	26%	34%	30%	50%	44%	27%	33%	36%	20%	24%	16%	24%	10%	47%
Can't remember	13	10	2	1	3	-	-	5	3	-	1	2	1	1	1	-
	7%	13%	5%	2%	4%	-	-	6%	11%	-	10%	36%	7%	5%	10%	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19					
Total													Lives alone	2-3	4-5	6+	NET: Lives with others
	a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
187	52	34	29	9	63	61	51	40	30	9	70	60	14	106	53	14	173
182	50	36	29	9	64	59	51	39	29	10	67	61	12	105	51	13	169
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
118	34	27	17	3	44	37	39	17	21	5	38	44	8	70	36	4	110
65%	66%	77%	59%	37%	69%	62%	76% be	44%	72% b	53%	56%	73% b	64%	67%	71%	30%	65%
50	12	7	10	5	18	17	10	16	7	4	24	14	3	26	13	8	47
27%	23%	21%	35%	55%	27%	28%	19%	42% af	26%	47%	35% a	23%	23%	25%	26%	58%	28%
13	5	1	2	1	3	6	3	5	1	-	6	3	2	9	2	2	12
7%	10%	2%	6%	8%	4%	10%	5%	13%	3%	-	9%	4%	13%	8%	3%	11%	7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	*a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total	187	101	25	29	9	121	57	6	149	38	159	24
Total	182	97	24	29	10	118	56	6	146	36	155	23
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	118	59	14	23	3	76	38	3	95	24	108	9
	65%	61%	60%	81%	34%	65%	67%	52%	65%	67%	69%	38%
No	50	31	8	5	5	32	16	2	41	9	38	10
	27%	32%	34%	17%	53%	27%	28%	35%	28%	24%	25%	43%
Can't remember	13	7	2	1	1	9	3	1	10	3	9	4
	7%	7%	7%	3%	13%	8%	5%	13%	7%	9%	6%	18%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	187	3	15	30	41	31	29	11	27	117	67	37	43	77	25	44	55	61	24
Total	182	2	14	30	37	31	29	12	26	112	67	37	41	74	26	44	51	59	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	118	2	10	19	26	18	19	9	15	73	44	19	28	48	21	28	33	39	18
	65%	64%	68%	63%	71%	59%	66%	78%	58%	65%	65%	51%	69%	65%	81%	62%	64%	66%	72%
No	50	-	3	10	8	8	9	2	9	30	19	13	11	20	5	11	15	18	5
	27%	-	24%	34%	22%	27%	31%	15%	34%	27%	29%	34%	27%	28%	19%	25%	29%	31%	21%
Can't remember	13	1	1	1	2	5	1	1	2	9	4	5	2	6	-	6	3	2	2
	7%	36%	7%	3%	6%	15%	3%	7%	8%	8%	6%	15%	4%	8%	-	13%	7%	3%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Unweighted Total	187	91	53	41
Total	182	90	50	40
	100%	100%	100%	100%
Yes	118	60	36	22
	65%	66%	72%	55%
No	50	25	10	14
	27%	28%	21%	34%
Can't remember	13	6	3	4
	7%	6%	7%	11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2. SUMMARY: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

	Total	Totally inadequate	Somewhat inadequate	About right	Somewhat excessive	Totally excessive	NET: Inadequate	NET: Excessive
Outdoor swimming pools	102 100%	22 22%	30 29%	32 32%	10 10%	7 7%	52 51%	17 17%
Outdoor exercise classes	123 100%	21 17%	32 26%	56 45%	8 6%	6 5%	53 43%	14 12%
Outdoor sports facilities (e.g. courts and pitches)	188 100%	35 19%	40 21%	92 49%	15 8%	6 3%	76 40%	21 11%
Indoor swimming pools	151 100%	19 12%	34 22%	77 51%	9 6%	12 8%	53 35%	22 14%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	240 100%	29 12%	40 17%	147 61%	12 5%	11 5%	70 29%	23 10%
Other indoor sports facilities	86 100%	4 5%	19 22%	45 52%	16 18%	2 2%	23 27%	18 21%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	118 100%	9 8%	19 16%	74 62%	8 7%	9 7%	28 24%	17 14%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	d	*e	*f	g	*h	*i	
Unweighted Total		249	121	128	162	68	19	13	41	19	36	18	18	70	21	13	
Total		240	119	121	150	69	21	11	40	18	36	16	19	66	22	13	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	29	21	8	23	5	1	3	4	3	2	2	1	9	5	1
			12%	18%	7%	16%	7%	4%	25%	10%	16%	6%	14%	6%	13%	22%	5%
			b														
Somewhat inadequate		(2.0)	40	19	22	26	15	-	1	8	2	10	2	2	8	4	4
			17%	16%	18%	17%	21%	-	7%	21%	9%	27%	14%	10%	12%	18%	32%
About right		(3.0)	147	64	82	82	44	20	7	21	14	20	10	14	40	13	8
			61%	54%	68%	55%	65%	96%	61%	53%	75%	56%	65%	73%	60%	60%	63%
				a													
Somewhat excessive		(4.0)	12	8	4	11	1	-	-	2	-	2	1	2	5	-	-
			5%	7%	3%	7%	2%	-	-	6%	-	6%	7%	11%	7%	-	-
Totally excessive		(5.0)	11	7	4	7	4	-	1	4	-	2	-	-	5	-	-
			5%	6%	3%	5%	5%	-	7%	9%	-	5%	-	-	7%	-	-
NET: Inadequate			70	39	30	49	19	1	3	12	4	12	4	3	17	9	5
			29%	33%	25%	33%	28%	4%	32%	31%	25%	33%	28%	16%	25%	40%	37%
NET: Excessive			23	15	8	18	5	-	1	6	-	4	1	2	9	-	-
			10%	13%	7%	12%	7%	-	7%	16%	-	11%	7%	11%	14%	-	-
Base for stats			240	119	121	150	69	21	11	40	18	36	16	19	66	22	13
Mean Score			2.73	2.68	2.78	2.69	2.77	2.92	2.57	2.84	2.59	2.77	2.65	2.89	2.83	2.39	2.57
Standard Deviation			.907	1.034	.763	.988	.827	.409	1.127	1.028	.771	.854	.833	.671	.999	.837	.621
Standard Error			.057	.094	.067	.078	.100	.094	.313	.160	.177	.142	.196	.158	.119	.183	.172
Error variance			*	.01	*	.01	.01	.01	.10	.03	.03	.02	.04	.03	.01	.03	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		249	50	68	56	37	20	18	174	75	184	8	36	18	-	2	64
Total		240	53	69	53	31	17	17	175	65	177	8	34	17	-	2	61
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Totally inadequate	(1.0)	29	6	9	5	5	2	2	21	9	21	1	4	3	-	-	8
		12%	12%	14%	9%	16%	9%	12%	12%	13%	12%	11%	13%	18%	-	-	14%
Somewhat inadequate	(2.0)	40	7	13	10	5	6	-	30	11	31	-	5	3	-	1	9
		17%	14%	19%	18%	15%	36%	-	17%	17%	18%	-	15%	18%	-	58%	15%
About right	(3.0)	147	32	40	34	19	7	14	107	40	111	5	22	7	-	1	35
		61%	60%	59%	65%	61%	42%	83%	61%	62%	63%	70%	63%	43%	-	42%	57%
Somewhat excessive	(4.0)	12	3	3	2	1	2	1	8	4	7	2	2	2	-	-	5
		5%	6%	4%	4%	3%	13%	5%	5%	6%	4%	19%	6%	10%	-	-	8%
Totally excessive	(5.0)	11	4	3	2	2	-	-	9	2	7	-	1	2	-	-	3
		5%	8%	5%	4%	5%	-	-	5%	2%	4%	-	4%	11%	-	-	5%
NET: Inadequate		70	13	22	14	10	8	2	50	19	52	1	10	6	-	1	18
		29%	25%	32%	27%	31%	45%	12%	29%	30%	29%	11%	28%	36%	-	58%	29%
NET: Excessive		23	7	6	4	2	2	1	18	6	14	2	3	4	-	-	8
		10%	14%	9%	8%	8%	13%	5%	10%	9%	8%	19%	9%	22%	-	-	14%
Base for stats		240	53	69	53	31	17	17	175	65	177	8	34	17	-	2	61
Mean Score		2.73	2.85	2.67	2.76	2.66	2.59	2.80	2.75	2.68	2.71	2.98	2.73	2.79	-	2.42	2.77
Standard Deviation		.907	.988	.934	.837	.968	.860	.730	.920	.875	.872	.842	.903	1.228	-	.697	.977
Standard Error		.057	.140	.113	.112	.159	.192	.172	.070	.101	.064	.298	.150	.290	-	.493	.122
Error variance		*	.02	.01	.01	.03	.04	.03	*	.01	*	.09	.02	.08	-	.24	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k	
249	116	53	62	115	23	13	117	34	8	5	10	23	11	5	36	
240	96	60	69	129	22	12	118	33	7	4	9	20	10	6	34	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
29	12	4	12	17	7	4	9	3	1	1	3	2	-	-	10	
12%	12%	7%	18%	13%	30%	31%	7%	10%	11%	21%	33%	13%	-	-	30% cd	
40	15	13	9	22	3	3	25	5	2	1	-	3	-	-	5	
17%	16%	22%	13%	17%	12%	24%	21%	15%	22%	20%	-	13%	-	-	16%	
147	63	36	40	75	10	4	71	22	5	2	6	12	9	6	13	
61%	66%	59%	58%	58%	44%	32%	60% k	66% k	67%	59%	67%	62%	92%	100%	40%	
12	3	3	5	8	2	1	5	1	-	-	-	2	1	-	3	
5%	3%	5%	7%	6%	11%	7%	4%	2%	-	-	-	12%	8%	-	10%	
11	3	3	4	7	1	1	8	2	-	-	-	-	-	-	1	
5%	3%	6%	5%	6%	3%	6%	6%	6%	-	-	-	-	-	-	4%	
70	27	18	21	39	9	6	34	8	2	1	3	5	-	-	16	
29%	28%	30%	30%	30%	42%	55%	29%	25%	33%	41%	33%	26%	-	-	47% c	
23	6	7	8	15	3	2	13	3	-	-	-	2	1	-	5	
10%	6%	11%	12%	12%	14%	13%	11%	8%	-	-	-	12%	8%	-	14%	
240	96	60	69	129	22	12	118	33	7	4	9	20	10	6	34	
2.73	2.69	2.80	2.69	2.74	2.45	2.33	2.81 k	2.79	2.56	2.38	2.35	2.74	3.08	3.00	2.41	
.907	.850	.881	1.016	.953	1.148	1.218	.882	.903	.735	.954	.996	.855	.285	-	1.155	
.057	.079	.121	.129	.089	.239	.338	.082	.155	.260	.426	.315	.178	.086	-	.192	
*	.01	.01	.02	.01	.06	.11	.01	.02	.07	.18	.10	.03	.01	-	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total	249	75	65	25	6	90	81	72	53	37	8	90	80	24	116	89	20	225
Total	240	73	63	25	6	88	79	69	53	36	8	89	77	22	109	89	20	217
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	29	6	6	2	3	8	5	6	6	-	12	5	3	9	18	-	26
	12%	9%	10%	7%	43%	9%	12%	7%	12%	16%	-	14%	6%	13%	8%	20% b	-	12%
Somewhat inadequate	(2.0)	40	12	14	7	-	21	10	16	8	1	23	11	4	20	12	4	36
	17%	16%	22%	29%	-	24%	15%	15%	29% f	22%	10%	26%	14%	19%	19%	13%	21%	17%
About right	(3.0)	147	45	38	14	2	52	48	25	19	6	44	54	14	69	52	12	133
	61%	62%	61%	56%	37%	59%	60%	69% be	47%	53%	74%	49%	70% be	61%	63%	59%	63%	61%
Somewhat excessive	(4.0)	12	5	1	1	-	2	3	2	2	-	4	3	1	5	3	3	12
	5%	6%	1%	5%	-	2%	6%	4%	3%	6%	-	4%	4%	3%	5%	4%	15%	5%
Totally excessive	(5.0)	11	4	4	1	1	5	3	5	1	1	6	4	1	6	4	-	10
	5%	6%	6%	4%	20%	5%	7%	5%	9%	3%	16%	7%	6%	3%	5%	5%	-	5%
NET: Inadequate		70	18	20	9	3	29	15	22	14	1	36	16	7	29	29	4	62
	29%	25%	32%	36%	43%	33%	26%	22%	41% af	38% f	10%	40% af	21%	32%	27%	33%	21%	29%
NET: Excessive		23	9	5	2	1	7	6	7	3	1	10	7	2	11	8	3	22
	10%	13%	7%	9%	20%	8%	13%	9%	12%	9%	16%	11%	10%	7%	10%	9%	15%	10%
Base for stats	240	73	63	25	6	88	79	69	53	36	8	89	77	22	109	89	20	217
Mean Score	2.73	2.85	2.71	2.70	2.54	2.71	2.82	2.84	2.69	2.57	3.23	2.64	2.88	2.65	2.81	2.61	2.94	2.74
Standard Deviation	.907	.901	.890	.832	1.656	.869	.971	.802	1.044	.933	.888	.997	.814	.899	.861	1.007	.619	.909
Standard Error	.057	.104	.110	.166	.676	.092	.108	.095	.143	.153	.314	.105	.091	.183	.080	.107	.138	.061
Error variance	*	.01	.01	.03	.46	.01	.01	.01	.02	.02	.10	.01	.01	.03	.01	.01	.02	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
									NET: Longstanding physical and mental condition or illness					
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	*b	
Unweighted Total		249	97	126	32	41	11	166	77	5	219	30	220	26
Total		240	98	118	29	40	10	161	72	5	213	27	214	22
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	29	18	8	4	10	1	14	14	1	25	4	26	3
		12%	19%	7%	15%	26%	8%	9%	20%	22%	12%	17%	12%	15%
			b			d			d					
Somewhat inadequate	(2.0)	40	21	15	2	12	2	24	15	-	34	6	37	3
		17%	22%	13%	7%	29%	20%	15%	21%	-	16%	23%	18%	13%
						ad								
About right	(3.0)	147	46	86	19	15	6	106	36	3	133	13	128	15
		61%	47%	73%	67%	38%	56%	66%	50%	62%	63%	49%	60%	68%
			a		b			be						
Somewhat excessive	(4.0)	12	6	5	1	-	1	11	2	-	11	1	11	1
		5%	6%	4%	3%	-	9%	7%	2%	-	5%	3%	5%	4%
Totally excessive	(5.0)	11	6	3	2	3	1	7	5	1	9	2	11	-
		5%	6%	3%	8%	7%	8%	4%	6%	16%	4%	8%	5%	-
NET: Inadequate		70	40	23	6	22	3	38	30	1	59	11	63	6
		29%	41%	19%	22%	55%	28%	23%	41%	22%	28%	40%	30%	28%
			b			ad			d					
NET: Excessive		23	12	9	3	3	2	17	6	1	20	3	23	1
		10%	13%	7%	11%	7%	17%	11%	9%	16%	10%	11%	11%	4%
Base for stats		240	98	118	29	40	10	161	72	5	213	27	214	22
Mean Score		2.73	2.59	2.84	2.82	2.34	2.89	2.82	2.54	2.90	2.75	2.62	2.74	2.61
				a				be						
Standard Deviation		.907	1.062	.728	1.022	1.097	1.000	.836	1.040	1.387	.886	1.071	.924	.800
Standard Error		.057	.108	.065	.181	.171	.301	.065	.119	.620	.060	.195	.062	.157
Error variance		*	.01	*	.03	.03	.09	*	.01	.38	*	.04	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	*d	
Unweighted Total		249	7	14	42	52	40	42	16	36	148	94	42	85	85	35	91	69	64	23	
Total		240	6	12	39	50	37	42	17	36	139	95	40	79	83	35	86	66	63	23	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	29	2	5	3	5	3	8	1	3	15	12	5	7	10	7	9	4	11	4
		12%	27%	37%	9%	9%	7%	20%	6%	9%	11%	13%	14%	9%	12%	19%	10%	6%	18%	18%	
																		b			
Somewhat inadequate		(2.0)	40	-	1	16	5	5	8	1	4	27	13	5	18	11	6	15	13	8	5
		17%	-	6%	42%	10%	14%	19%	7%	11%	20%	14%	12%	23%	13%	18%	18%	19%	13%	20%	
					defhij																
About right		(3.0)	147	3	7	18	34	28	22	12	23	87	56	25	49	54	16	51	45	39	11
		61%	58%	57%	47%	67%	74%	53%	68%	64%	63%	59%	64%	62%	65%	46%	60%	68%	62%	46%	
					c	c															
Somewhat excessive		(4.0)	12	1	-	1	3	1	1	2	3	5	6	1	2	7	2	4	3	5	1
		5%	15%	-	2%	7%	2%	3%	12%	8%	4%	7%	3%	3%	8%	5%	4%	4%	7%	5%	
Totally excessive		(5.0)	11	-	-	-	3	1	2	1	3	5	6	3	2	2	4	7	2	-	2
		5%	-	-	-	7%	3%	6%	7%	8%	3%	7%	8%	3%	2%	13%	8%	2%	-	11%	
																bc	c				
NET: Inadequate		70	2	5	20	9	8	16	2	7	42	25	10	26	21	13	24	17	19	9	
		29%	27%	43%	51%	19%	21%	39%	13%	20%	31%	27%	25%	33%	25%	36%	28%	25%	31%	37%	
					dehij			d													
NET: Excessive		23	1	-	1	7	2	4	3	6	10	13	4	4	8	6	11	4	5	4	
		10%	15%	-	2%	14%	5%	9%	20%	16%	7%	14%	11%	6%	10%	18%	12%	7%	7%	16%	
					c				c		c				b						
Base for stats		240	6	12	39	50	37	42	17	36	139	95	40	79	83	35	86	66	63	23	
Mean Score		2.73	2.60	2.21	2.42	2.93	2.80	2.56	3.09	2.95	2.69	2.81	2.79	2.66	2.75	2.76	2.82	2.77	2.59	2.72	
						c	c			c		c									
Standard Deviation		.907	1.139	.988	.690	.900	.742	1.035	.872	.937	.842	.986	.988	.792	.845	1.210	.970	.729	.870	1.166	
Standard Error		.057	.431	.264	.106	.125	.117	.160	.218	.156	.069	.102	.152	.086	.092	.205	.102	.088	.109	.243	
Error variance		*	.19	.07	.01	.02	.01	.03	.05	.02	*	.01	.02	.01	.01	.04	.01	.01	.01	.06	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		249	145	68	34
Total		240	142	65	31
		100%	100%	100%	100%
Totally inadequate	(1.0)	29	19	5	4
		12%	13%	7%	14%
Somewhat inadequate	(2.0)	40	24	14	3
		17%	17%	21%	10%
About right	(3.0)	147	83	42	22
		61%	59%	64%	70%
Somewhat excessive	(4.0)	12	6	4	2
		5%	4%	6%	6%
Totally excessive	(5.0)	11	9	1	-
		5%	7%	1%	-
NET: Inadequate		70	43	19	7
		29%	30%	28%	24%
NET: Excessive		23	16	5	2
		10%	11%	8%	6%
Base for stats		240	142	65	31
Mean Score		2.73	2.74	2.73	2.68
Standard Deviation		.907	.977	.747	.807
Standard Error		.057	.081	.091	.138
Error variance		*	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		158	62	95	93	47	18	15	21	16	12	12	13	45	15	9
Total		151	60	91	85	46	20	12	21	15	11	11	13	44	15	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	19	11	8	17	2	-	3	3	2	1	1	-	6	2	1
		12%	18%	9%	20% b	4%	-	25%	14%	17%	7%	6%	-	14%	12%	9%
Somewhat inadequate	(2.0)	34	11	22	23	8	2	2	4	6	2	3	4	10	1	2
		22%	19%	24%	27%	18%	12%	15%	19%	39%	22%	26%	32%	22%	8%	22%
About right	(3.0)	77	28	49	30	30	17	6	11	4	7	5	8	22	8	6
		51%	47%	54%	36%	65% a	84%	48%	52%	26%	63%	44%	62%	50%	54%	69%
Somewhat excessive	(4.0)	9	3	6	9	-	-	1	2	-	-	2	1	1	2	-
		6%	5%	7%	11% b	-	-	12%	10%	-	-	18%	6%	3%	12%	-
Totally excessive	(5.0)	12	7	6	5	6	1	-	1	3	1	1	-	5	2	-
		8%	11%	6%	6%	13%	4%	-	6%	18%	8%	6%	-	11%	14%	-
NET: Inadequate		53	22	30	40	10	2	5	7	8	3	4	4	16	3	3
		35%	37%	33%	47% b	22%	12%	40%	32%	56%	29%	32%	32%	36%	20%	31%
NET: Excessive		22	10	12	15	6	1	1	3	3	1	3	1	6	4	-
		14%	17%	13%	17%	13%	4%	12%	16%	18%	8%	24%	6%	14%	26%	-
Base for stats		151	60	91	85	46	20	12	21	15	11	11	13	44	15	9
Mean Score		2.76	2.73	2.78	2.57	3.01 a	2.96	2.46	2.76	2.62	2.80	2.92	2.74	2.75	3.08	2.61
Standard Deviation		1.028	1.166	.936	1.125	.941	.545	1.034	1.029	1.320	.931	1.014	.582	1.107	1.148	.683
Standard Error		.082	.148	.096	.117	.137	.129	.267	.225	.330	.269	.293	.161	.165	.296	.228
Error variance		.01	.02	.01	.01	.02	.02	.07	.05	.11	.07	.09	.03	.03	.09	.05



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade									Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		158	23	30	46	20	17	22	99	59	117	6	18	12	1	3	40	
Total		151	25	31	45	17	14	19	101	50	114	6	15	13	1	2	37	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	19	5	4	4	1	2	3	13	6	12	1	3	2	1	7	
		12%	21%	12%	9%	9%	11%	13%	13%	11%	10%	15%	16%	16%	100%	30%	19%	
Somewhat inadequate		(2.0)	34	3	7	10	2	7	5	20	13	25	2	3	2	-	1	8
		22%	13%	23%	22%	13%	47%	24%	20%	27%	22%	40%	21%	16%	-	39%	23%	
About right		(3.0)	77	12	16	22	12	5	9	50	27	63	3	5	6	-	1	14
		51%	47%	52%	49%	74%	36%	49%	49%	54%	55%	45%	31%	49%	-	32%	39%	
Somewhat excessive		(4.0)	9	1	1	6	1	-	1	8	2	6	-	3	-	-	-	3
		6%	4%	3%	13%	4%	-	5%	8%	3%	5%	-	23%	-	-	-	9%	
Totally excessive		(5.0)	12	4	3	3	-	1	2	10	3	8	-	1	2	-	-	4
		8%	15%	10%	6%	-	6%	9%	10%	5%	7%	-	8%	19%	-	-	10%	
NET: Inadequate		53	9	11	14	4	8	7	34	19	37	3	6	4	1	1	15	
		35%	34%	35%	31%	22%	58%	37%	33%	38%	33%	55%	38%	32%	100%	68%	41%	
NET: Excessive		22	5	4	9	1	1	3	18	4	14	-	5	2	-	-	7	
		14%	19%	13%	20%	4%	6%	14%	17%	8%	12%	-	31%	19%	-	-	20%	
Base for stats		151	25	31	45	17	14	19	101	50	114	6	15	13	1	2	37	
Mean Score		2.76	2.79	2.76	2.86	2.73	2.43	2.73	2.81	2.65	2.76	2.30	2.85	2.91	1.00	2.02	2.70	
Standard Deviation		1.028	1.276	1.069	.985	.695	.930	1.087	1.078	.919	.958	.790	1.230	1.301	-	1.071	1.195	
Standard Error		.082	.266	.195	.145	.155	.226	.232	.108	.120	.089	.323	.290	.375	-	.618	.189	
Error variance		.01	.07	.04	.02	.02	.05	.05	.01	.01	.01	.10	.08	.14	-	.38	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total	158	72	38	31	69	6	15	72	21	5	7	5	7	12	8	21	
Total	151	59	43	36	79	6	13	72	21	4	6	5	6	10	9	19	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate	(1.0)	19	6	3	5	8	-	3	9	3	1	-	-	1	3	-	3
	12%	11%	7%	13%	10%	-	24%	13%	12%	19%	-	-	12%	25%	-	17%	
Somewhat inadequate	(2.0)	34	13	11	7	18	1	5	17	4	3	3	1	1	-	1	5
	22%	23%	25%	20%	23%	13%	35%	23%	17%	64%	42%	18%	12%	-	14%	28%	
About right	(3.0)	77	31	22	18	40	4	4	33	13	1	3	4	3	6	7	8
	51%	53%	52%	50%	51%	70%	29%	46%	61%	17%	46%	82%	47%	56%	86%	42%	
Somewhat excessive	(4.0)	9	4	1	4	5	1	1	4	-	-	1	-	2	1	-	2
	6%	7%	2%	10%	6%	18%	6%	6%	-	-	12%	-	28%	9%	-	10%	
Totally excessive	(5.0)	12	4	6	3	9	-	1	9	2	-	-	-	-	1	-	1
	8%	7%	14%	7%	11%	-	6%	12%	10%	-	-	-	-	10%	-	4%	
NET: Inadequate		53	20	14	12	26	1	8	26	6	4	3	1	1	3	1	9
	35%	33%	32%	33%	33%	13%	59%	36%	29%	83%	42%	18%	24%	25%	14%	44%	
NET: Excessive		22	8	7	6	13	1	2	13	2	-	1	-	2	2	-	3
	14%	14%	16%	17%	17%	18%	12%	18%	10%	-	12%	-	28%	19%	-	14%	
Base for stats	151	59	43	36	79	6	13	72	21	4	6	5	6	10	9	19	
Mean Score	2.76	2.77	2.90	2.78	2.85	3.05	2.35	2.81	2.78	1.98	2.69	2.82	2.92	2.79	2.86	2.57	
Standard Deviation	1.028	.975	1.062	1.049	1.052	.598	1.137	1.120	1.036	.689	.727	.437	1.038	1.264	.373	1.036	
Standard Error	.082	.115	.172	.188	.127	.244	.294	.132	.226	.308	.275	.195	.392	.365	.132	.226	
Error variance	.01	.01	.03	.04	.02	.06	.09	.02	.05	.09	.08	.04	.15	.13	.02	.05	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		158	55	36	19	4	55	59	49	30	30	9	60	58	19	73	55	11	139
Total		151	55	35	17	4	52	59	49	29	28	8	57	57	16	71	54	10	135
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	19	8	3	4	-	7	8	4	5	4	1	10	5	3	6	9	-	16
		12%	15%	9%	21%	-	13%	14%	8%	18%	15%	13%	17%	9%	19%	9%	18%	-	12%
Somewhat inadequate	(2.0)	34	14	8	4	2	12	16	12	9	6	3	14	15	2	18	13	1	31
		22%	26%	24%	21%	45%	23%	27%	24%	30%	20%	35%	25%	26%	14%	25%	25%	8%	23%
About right	(3.0)	77	24	18	9	1	28	25	24	10	18	2	27	26	10	37	24	6	67
		51%	43%	53%	54%	22%	53%	42%	48%	34%	62% b	27%	48%	45%	62%	52%	45%	55%	49%
Somewhat excessive	(4.0)	9	4	1	1	-	2	4	3	2	1	-	3	3	-	2	5	3	9
		6%	8%	2%	5%	-	3%	7%	7%	6%	3%	-	4%	6%	-	2%	9%	27%	7%
Totally excessive	(5.0)	12	5	4	-	1	4	6	6	3	-	2	3	8	1	9	2	1	12
		8%	9%	12%	-	32%	8%	10%	13% c	11%	-	25%	6%	14% c	5%	12%	4%	10%	9%
NET: Inadequate		53	22	12	7	2	19	24	16	14	10	4	24	20	5	24	23	1	47
		35%	40%	33%	42%	45%	36%	41%	33%	48%	36%	48%	42%	35%	33%	33%	42%	8%	35%
NET: Excessive		22	9	5	1	1	6	10	9	5	1	2	6	11	1	10	7	4	21
		14%	17%	14%	5%	32%	11%	18%	19% c	18%	3%	25%	10%	20% c	5%	15%	13%	37%	16%
Base for stats		151	55	35	17	4	52	59	49	29	28	8	57	57	16	71	54	10	135
Mean Score		2.76	2.71	2.83	2.42	3.19	2.70	2.74	2.91	2.62	2.52	2.89	2.57	2.91	2.58	2.85	2.56	3.39	2.78
Standard Deviation		1.028	1.098	1.050	.893	1.511	1.011	1.121	1.077	1.207	.794	1.460	1.016	1.122	.988	1.050	1.008	.811	1.035
Standard Error		.082	.148	.175	.205	.756	.136	.146	.154	.220	.145	.487	.131	.147	.227	.123	.136	.244	.088
Error variance		.01	.02	.03	.04	.57	.02	.02	.02	.05	.02	.24	.02	.02	.05	.02	.02	.06	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		158	67	69	34	30	8	91	62	10	131	27	139	17	
Total		151	65	68	31	27	9	90	57	9	128	23	135	14	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	19	11	4	4	5	-	10	9	1	15	4	17	2
			12%	17%	7%	13%	21%	-	11%	15%	7%	12%	17%	13%	11%
Somewhat inadequate		(2.0)	34	18	14	7	4	5	18	15	2	31	3	30	3
			22%	28%	20%	24%	16%	60%	20%	27%	20%	24%	11%	22%	20%
About right		(3.0)	77	22	43	12	10	3	52	22	3	61	16	66	10
			51%	34%	64%	39%	37%	40%	57%	38%	39%	48%	68%	49%	69%
					a				e						
Somewhat excessive		(4.0)	9	6	3	3	3	-	4	5	-	9	-	9	-
			6%	9%	5%	9%	10%	-	4%	10%	-	7%	-	7%	-
Totally excessive		(5.0)	12	8	3	5	4	-	7	6	3	12	1	12	-
			8%	12%	5%	15%	16%	-	7%	10%	34%	9%	3%	9%	-
NET: Inadequate			53	29	18	11	10	5	28	24	2	46	7	47	4
			35%	45%	27%	37%	37%	60%	31%	42%	27%	36%	28%	35%	31%
				b											
NET: Excessive			22	14	7	8	7	-	11	11	3	21	1	22	-
			14%	21%	10%	24%	26%	-	12%	20%	34%	16%	3%	16%	-
Base for stats			151	65	68	31	27	9	90	57	9	128	23	135	14
Mean Score			2.76	2.70	2.81	2.90	2.84	2.40	2.77	2.73	3.34	2.78	2.62	2.78	2.59
Standard Deviation			1.028	1.210	.824	1.218	1.324	.522	.968	1.155	1.395	1.051	.904	1.062	.699
Standard Error			.082	.148	.099	.209	.242	.185	.102	.147	.441	.092	.174	.090	.169
Error variance			.01	.02	.01	.04	.06	.03	.01	.02	.19	.01	.03	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total		158	4	11	25	39	25	24	13	17	100	54	33	44	57	22	46	43	41	27
Total		151	3	11	24	36	25	22	14	17	96	53	29	43	56	22	44	40	41	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate		(1.0)	19	3	1	5	4	2	2	2	-	12	5	4	7	2	7	7	3	1
		12%	77%	6%	22%	11%	8%	11%	13%	-	13%	8%	17%	10%	13%	11%	15%	19%	8%	6%
Somewhat inadequate		(2.0)	34	-	4	6	5	7	3	4	4	22	7	9	13	4	9	13	7	5
		22%	-	39%	27%	14%	27%	15%	32%	22%	23%	22%	26%	22%	23%	18%	20%	34%	17%	19%
About right		(3.0)	77	1	4	10	23	11	13	5	10	48	12	25	30	9	24	16	22	14
		51%	23%	39%	42%	64%	44%	61%	32%	61%	50%	54%	43%	59%	53%	40%	54%	41%	54%	55%
Somewhat excessive		(4.0)	9	-	1	1	3	1	2	1	1	6	2	1	4	2	2	2	4	2
		6%	-	8%	5%	7%	3%	9%	8%	4%	6%	7%	6%	2%	7%	9%	4%	4%	10%	7%
Totally excessive		(5.0)	12	-	1	1	1	4	1	2	2	7	2	3	2	5	4	1	5	4
		8%	-	8%	4%	3%	18%	4%	15%	12%	8%	10%	8%	8%	4%	22%	8%	2%	11%	14%
NET: Inadequate		53	3	5	12	9	9	6	6	4	34	16	12	14	20	7	15	21	10	6
		35%	77%	45%	49%	25%	35%	26%	45%	22%	36%	30%	43%	32%	36%	30%	35%	52%	25%	24%
																		c		
NET: Excessive		22	-	2	2	4	5	3	3	3	13	9	4	4	6	7	5	3	9	5
		14%	-	16%	10%	11%	21%	13%	22%	16%	14%	17%	15%	10%	11%	30%	12%	6%	21%	21%
																		b		
Base for stats		151	3	11	24	36	25	22	14	17	96	53	29	43	56	22	44	40	41	26
Mean Score		2.76	1.45	2.72	2.44	2.77	2.96	2.81	2.79	3.06	2.73	2.88	2.63	2.77	2.65	3.11	2.70	2.37	2.99	3.04
																		b		
Standard Deviation		1.028	1.007	1.023	1.044	.880	1.179	.916	1.256	.898	1.023	.999	1.110	.949	.927	1.283	1.045	.916	1.034	1.034
Standard Error		.082	.503	.308	.209	.141	.236	.187	.348	.218	.102	.136	.193	.143	.123	.274	.154	.140	.161	.199
Error variance		.01	.25	.10	.04	.02	.06	.03	.12	.05	.01	.02	.04	.02	.02	.07	.02	.02	.03	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.2. Indoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year		
		Total	NET: More	About the same
				NET: Less
			a	b
				*c
Significance Level: 95%				
Unweighted Total		158	82	58
Total		151	79	55
		100%	100%	100%
Totally inadequate	(1.0)	19	10	3
		12%	13%	6%
Somewhat inadequate	(2.0)	34	20	12
		22%	25%	22%
About right	(3.0)	77	35	34
		51%	45%	62%
			a	
Somewhat excessive	(4.0)	9	5	2
		6%	6%	5%
Totally excessive	(5.0)	12	9	3
		8%	11%	5%
NET: Inadequate		53	30	16
		35%	38%	28%
NET: Excessive		22	14	5
		14%	18%	10%
Base for stats		151	79	55
Mean Score		2.76	2.79	2.80
Standard Deviation		1.028	1.117	.830
Standard Error		.082	.123	.109
Error variance		.01	.02	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		89	48	41	58	29	2	2	8	8	10	5	4	31	10	11
Total		86	47	39	56	28	2	2	8	8	10	4	4	30	10	11
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	4	2	3	3	1	-	-	1	-	-	-	-	2	1	1
		5%	4%	7%	6%	3%	-	-	9%	-	-	-	-	5%	9%	8%
Somewhat inadequate	(2.0)	19	12	7	12	7	-	-	2	2	3	1	-	6	3	2
		22%	26%	17%	22%	24%	-	-	26%	26%	35%	21%	-	18%	29%	19%
About right	(3.0)	45	25	20	27	16	2	1	3	4	5	1	3	17	4	6
		52%	53%	52%	48%	57%	100%	57%	39%	58%	52%	39%	81%	57%	33%	57%
Somewhat excessive	(4.0)	16	8	8	11	4	-	1	1	1	1	1	1	6	3	1
		18%	16%	21%	21%	16%	-	43%	10%	16%	13%	40%	19%	19%	28%	10%
Totally excessive	(5.0)	2	1	1	2	-	-	-	1	-	-	-	-	-	-	1
		2%	1%	3%	4%	-	-	-	15%	-	-	-	-	-	-	6%
NET: Inadequate		23	14	9	16	8	-	-	3	2	3	1	-	7	4	3
		27%	30%	24%	28%	27%	-	-	36%	26%	35%	21%	-	24%	39%	27%
NET: Excessive		18	8	9	13	4	-	1	2	1	1	1	1	6	3	2
		21%	18%	25%	24%	16%	-	43%	25%	16%	13%	40%	19%	19%	28%	16%
Base for stats		86	47	39	56	28	2	2	8	8	10	4	4	30	10	11
Mean Score		2.91	2.86	2.97	2.93	2.86	3.00	3.43	2.95	2.90	2.78	3.19	3.19	2.90	2.80	2.87
Standard Deviation		.834	.786	.897	.910	.716	-	.826	1.240	.687	.694	.890	.456	.777	.999	.964
Standard Error		.088	.113	.140	.120	.133	-	.584	.438	.243	.219	.398	.228	.140	.316	.291
Error variance		.01	.01	.02	.01	.02	-	.34	.19	.06	.05	.16	.05	.02	.10	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		89	22	19	22	7	8	11	63	26	58	6	15	4	2	-	27
Total		86	24	19	21	6	7	9	64	22	57	6	15	3	2	-	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Totally inadequate		(1.0)	4	1	3	-	-	-	4	-	3	-	-	1	1	-	2
		5%	3%	18%	-	-	-	-	7%	-	5%	-	-	26%	52%	-	6%
Somewhat inadequate		(2.0)	19	5	2	7	3	1	2	13	10	1	7	1	-	-	9
		22%	22%	8%	31%	46%	16%	18%	21%	26%	17%	16%	49%	22%	-	-	35%
About right		(3.0)	45	13	7	11	3	5	6	31	33	4	4	1	-	-	9
		52%	54%	39%	52%	43%	74%	66%	49%	62%	58%	68%	30%	26%	-	-	36%
Somewhat excessive		(4.0)	16	4	7	4	1	-	1	14	11	1	2	1	1	-	4
		18%	15%	34%	17%	10%	-	16%	22%	9%	19%	16%	13%	26%	48%	-	17%
Totally excessive		(5.0)	2	1	-	-	-	1	-	1	1	-	1	-	-	-	1
		2%	5%	-	-	-	10%	-	2%	3%	1%	-	9%	-	-	-	5%
NET: Inadequate		23	6	5	7	3	1	2	18	6	13	1	7	2	1	-	11
		27%	25%	27%	31%	46%	16%	18%	27%	26%	22%	16%	49%	48%	52%	-	41%
NET: Excessive		18	5	7	4	1	1	1	15	3	11	1	3	1	1	-	6
		21%	21%	34%	17%	10%	10%	16%	24%	13%	20%	16%	21%	26%	48%	-	22%
Base for stats		86	24	19	21	6	7	9	64	22	57	6	15	3	2	-	26
Mean Score		2.91	2.98	2.89	2.86	2.64	3.05	2.97	2.91	2.90	2.94	3.00	2.81	2.51	2.44	-	2.80
Standard Deviation		.834	.868	1.103	.693	.722	.823	.619	.881	.700	.776	.620	.995	1.374	2.544	-	.985
Standard Error		.088	.185	.253	.148	.273	.291	.187	.111	.137	.102	.253	.257	.687	1.799	-	.190
Error variance		.01	.03	.06	.02	.07	.08	.03	.01	.02	.01	.06	.07	.47	3.24	-	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
89	37	18	24	42	3	5	43	12	5	1	6	9	3	2	8	
86	30	21	27	48	3	4	46	11	5	1	5	7	2	2	7	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
4	4	-	-	-	-	-	3	1	-	-	-	-	-	-	-	
5%	14%	-	-	-	-	-	7%	8%	-	-	-	-	-	-	-	
	d															
19	5	5	8	13	1	1	9	3	2	-	2	1	-	1	2	
22%	16%	22%	29%	26%	29%	21%	19%	28%	43%	-	36%	11%	-	33%	24%	
45	17	9	16	25	2	3	23	5	3	-	3	2	2	1	5	
52%	57%	43%	58%	51%	71%	79%	51%	44%	57%	-	64%	35%	70%	67%	76%	
16	3	6	4	10	-	-	9	2	-	1	-	3	1	-	-	
18%	11%	29%	13%	20%	-	-	20%	21%	-	100%	-	44%	30%	-	-	
2	1	1	-	1	-	-	1	-	-	-	-	1	-	-	-	
2%	2%	6%	-	3%	-	-	3%	-	-	-	-	10%	-	-	-	
23	9	5	8	13	1	1	12	4	2	-	2	1	-	1	2	
27%	30%	22%	29%	26%	29%	21%	27%	36%	43%	-	36%	11%	-	33%	24%	
18	4	8	4	11	-	-	10	2	-	1	-	4	1	-	-	
21%	13%	35%	13%	23%	-	-	23%	21%	-	100%	-	54%	30%	-	-	
86	30	21	27	48	3	4	46	11	5	1	5	7	2	2	7	
2.91	2.71	3.19	2.84	2.99	2.71	2.79	2.91	2.77	2.57	4.00	2.64	3.54	3.30	2.67	2.76	
.834	.937	.869	.640	.762	.565	.463	.900	.905	.555	-	.537	.889	.606	.655	.461	
.088	.154	.205	.131	.118	.326	.207	.137	.261	.248	-	.219	.296	.350	.463	.163	
.01	.02	.04	.02	.01	.11	.04	.02	.07	.06	-	.05	.09	.12	.21	.03	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			*a	*b	*c	*d	e	f	*a	*b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		89	26	20	14	6	34	32	23	25	10	7	35	30	8	44	30	7	81
Total		86	27	22	13	6	35	32	23	25	10	8	35	31	7	42	31	6	79
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	4	1	1	2	1	3	2	-	3	1	-	4	-	-	2	2	-	4
		5%	3%	4%	14%	14%	8%	5%	-	13%	10%	-	12%	-	-	4%	8%	-	5%
Somewhat inadequate	(2.0)	19	4	6	4	1	10	5	3	7	4	1	11	4	3	9	6	1	16
		22%	15%	26%	32%	20%	28%	16%	13%	27%	36%	17%	30%	14%	37%	21%	20%	20%	21%
About right	(3.0)	45	15	11	7	2	18	17	15	9	6	5	15	20	4	22	16	3	41
		52%	57%	49%	54%	30%	51%	52%	62%	37%	54%	66%	42%	63%	54%	52%	52%	57%	52%
Somewhat excessive	(4.0)	16	7	5	-	1	5	7	6	6	-	-	6	6	-	8	6	1	16
		18%	25%	22%	-	14%	14%	23%	24%	23%	-	-	16%	18%	-	20%	20%	23%	20%
Totally excessive	(5.0)	2	-	-	-	1	-	1	-	-	-	1	-	1	1	1	-	-	1
		2%	-	-	-	22%	-	4%	-	-	-	17%	-	4%	9%	3%	-	-	2%
NET: Inadequate		23	5	7	6	2	12	7	3	10	5	1	15	4	3	11	9	1	21
		27%	18%	30%	46%	34%	36%	21%	13%	40%	46%	17%	42% f	14%	37%	25%	28%	20%	26%
NET: Excessive		18	7	5	-	2	5	9	6	6	-	1	6	7	1	10	6	1	17
		21%	25%	22%	-	36%	14%	27%	24%	23%	-	17%	16%	22%	9%	23%	20%	23%	22%
Base for stats		86	27	22	13	6	35	32	23	25	10	8	35	31	7	42	31	6	79
Mean Score		2.91	3.04	2.88	2.40	3.09	2.70	3.05	3.11	2.69	2.45	3.17	2.62	3.12 e	2.81	2.96	2.84	3.03	2.92
Standard Deviation		.834	.735	.807	.750	1.457	.809	.878	.617	.985	.697	.970	.908	.702	.906	.849	.850	.717	.833
Standard Error		.088	.144	.180	.200	.595	.139	.155	.129	.197	.220	.367	.154	.128	.320	.128	.155	.271	.093
Error variance		.01	.02	.03	.04	.35	.02	.02	.02	.04	.05	.13	.02	.02	.10	.02	.02	.07	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		89	37	40	15	12	7	50	33	1	74	15	76	10
Total		86	38	37	15	12	7	48	33	1	72	14	74	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	4	2	3	2	-	-	3	2	-	3	2	3	1
		5%	5%	7%	11%	-	-	5%	5%	-	4%	13%	5%	10%
Somewhat inadequate	(2.0)	19	8	8	6	2	2	9	10	-	15	4	17	2
		22%	22%	21%	38%	19%	24%	19%	29%	-	21%	27%	23%	21%
About right	(3.0)	45	19	19	6	6	4	26	16	-	38	7	37	6
		52%	50%	52%	37%	52%	59%	55%	49%	-	53%	50%	50%	69%
Somewhat excessive	(4.0)	16	9	6	2	4	1	8	5	1	14	1	15	-
		18%	24%	16%	13%	29%	17%	17%	17%	100%	20%	10%	20%	-
Totally excessive	(5.0)	2	-	1	-	-	-	2	-	-	2	-	2	-
		2%	-	3%	-	-	-	4%	-	-	3%	-	3%	-
NET: Inadequate		23	10	10	7	2	2	12	11	-	18	6	20	3
		27%	26%	28%	50%	19%	24%	25%	35%	-	24%	40%	27%	31%
NET: Excessive		18	9	7	2	4	1	10	5	1	16	1	17	-
		21%	24%	20%	13%	29%	17%	21%	17%	100%	23%	10%	23%	-
Base for stats		86	38	37	15	12	7	48	33	1	72	14	74	9
Mean Score		2.91	2.93	2.88	2.52	3.10	2.93	2.95	2.77	4.00	2.98	2.58	2.94	2.59
Standard Deviation		.834	.808	.891	.888	.718	.681	.867	.794	-	.818	.871	.852	.707
Standard Error		.088	.133	.141	.229	.207	.258	.123	.138	-	.095	.225	.098	.224
Error variance		.01	.02	.02	.05	.04	.07	.02	.02	-	.01	.05	.01	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total		89	1	4	17	16	17	18	6	10	54	34	24	26	25	13	28	26	21	14
Total		86	1	5	16	15	16	17	7	10	52	34	23	23	25	14	27	23	22	14
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	4	-	-	3	1	1	-	-	-	4	-	3	-	1	1	1	1	2	1
		5%	-	-	17%	5%	5%	-	-	-	8%	-	12%	-	3%	6%	4%	3%	8%	6%
Somewhat inadequate	(2.0)	19	-	1	3	3	4	5	2	1	11	8	5	6	4	4	6	4	5	4
		22%	-	24%	18%	20%	24%	30%	29%	9%	21%	24%	21%	27%	15%	31%	24%	15%	24%	27%
About right	(3.0)	45	1	3	8	8	7	8	2	7	27	17	13	13	13	6	15	13	11	6
		52%	100%	76%	52%	54%	45%	47%	33%	71%	52%	51%	59%	55%	52%	40%	56%	56%	51%	40%
Somewhat excessive	(4.0)	16	-	-	2	3	4	4	1	2	9	7	2	4	8	2	4	6	4	3
		18%	-	-	13%	21%	22%	23%	18%	20%	17%	21%	9%	15%	31%	14%	14%	25%	17%	19%
Totally excessive	(5.0)	2	-	-	-	-	1	-	1	-	1	1	-	1	-	1	1	-	-	1
		2%	-	-	-	-	4%	-	19%	-	1%	4%	-	3%	-	9%	3%	-	-	9%
NET: Inadequate		23	-	1	6	4	5	5	2	1	15	8	7	6	4	5	7	4	7	5
		27%	-	24%	35%	25%	29%	30%	29%	9%	30%	24%	32%	27%	18%	37%	27%	19%	32%	33%
NET: Excessive		18	-	-	2	3	4	4	2	2	10	8	2	4	8	3	5	6	4	4
		21%	-	-	13%	21%	26%	23%	37%	20%	18%	25%	9%	18%	31%	23%	17%	25%	17%	28%
Base for stats		86	1	5	16	15	16	17	7	10	52	34	23	23	25	14	27	23	22	14
Mean Score		2.91	3.00	2.76	2.61	2.91	2.96	2.93	3.27	3.11	2.82	3.05	2.65	2.94	3.10	2.89	2.88	3.03	2.78	2.98
Standard Deviation		.834	-	.484	.944	.811	.936	.744	1.175	.552	.865	.786	.819	.747	.769	1.055	.797	.751	.840	1.057
Standard Error		.088	-	.242	.229	.203	.227	.175	.480	.174	.118	.135	.167	.146	.154	.293	.151	.147	.183	.282
Error variance		.01	-	.06	.05	.04	.05	.03	.23	.03	.01	.02	.03	.02	.02	.09	.02	.02	.03	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6H2.3. Other indoor sports facilities: How did you feel about the Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	*b	*c
Unweighted Total		89	46	26	16
Total		86	48	23	15
		100%	100%	100%	100%
Totally inadequate	(1.0)	4	2	2	1
		5%	4%	7%	6%
Somewhat inadequate	(2.0)	19	9	6	5
		22%	18%	25%	32%
About right	(3.0)	45	24	11	9
		52%	50%	49%	62%
Somewhat excessive	(4.0)	16	12	4	-
		18%	26%	16%	-
Totally excessive	(5.0)	2	1	1	-
		2%	3%	3%	-
NET: Inadequate		23	10	7	6
		27%	22%	32%	38%
NET: Excessive		18	14	4	-
		21%	28%	19%	-
Base for stats		86	48	23	15
Mean Score		2.91	3.06	2.83	2.57
Standard Deviation		.834	.839	.912	.618
Standard Error		.088	.124	.179	.154
Error variance		.01	.02	.03	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		130	67	63	86	36	8	9	15	14	16	8	11	40	9	8
Total		123	63	60	78	37	8	7	15	13	15	6	11	38	10	7
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	21	11	11	12	10	-	1	3	5	2	2	1	6	1	2
		17%	17%	18%	15%	26%	-	11%	20%	35%	11%	25%	7%	15%	10%	25%
Somewhat inadequate	(2.0)	32	17	15	21	9	2	4	3	2	6	2	-	10	4	1
		26%	27%	25%	27%	24%	27%	54%	21%	15%	42%	25%	-	26%	40%	17%
About right	(3.0)	56	25	31	36	15	5	2	7	6	7	3	6	17	4	4
		45%	39%	52%	46%	41%	61%	34%	45%	41%	47%	50%	54%	44%	37%	58%
Somewhat excessive	(4.0)	8	7	1	6	2	-	-	1	1	-	-	3	1	1	-
		6%	10%	2%	7%	6%	-	-	5%	9%	-	-	30%	3%	13%	-
Totally excessive	(5.0)	6	4	2	4	1	1	-	1	-	-	-	1	4	-	-
		5%	7%	4%	5%	3%	13%	-	9%	-	-	-	9%	11%	-	-
NET: Inadequate		53	28	25	33	18	2	4	6	7	8	3	1	16	5	3
		43%	44%	42%	42%	50%	27%	66%	41%	50%	53%	50%	7%	42%	50%	42%
NET: Excessive		14	11	4	10	3	1	-	2	1	-	-	4	5	1	-
		12%	17%	6%	13%	9%	13%	-	14%	9%	-	-	39%	14%	13%	-
Base for stats		123	63	60	78	37	8	7	15	13	15	6	11	38	10	7
Mean Score		2.57	2.63	2.50	2.61	2.37	2.99	2.23	2.62	2.23	2.36	2.25	3.34	2.68	2.54	2.33
Standard Deviation		1.020	1.088	.947	1.007	1.050	.941	.686	1.161	1.070	.692	.903	.967	1.126	.885	.914
Standard Error		.089	.133	.119	.109	.175	.333	.229	.300	.286	.173	.319	.292	.178	.295	.323
Error variance		.01	.02	.01	.01	.03	.11	.05	.09	.08	.03	.10	.09	.03	.09	.10

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		130	28	28	28	19	11	16	84	46	90	7	23	5	2	3	40
Total		123	29	28	27	16	9	14	84	39	86	6	22	5	2	3	37
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	21	4	8	3	2	1	3	15	6	17	2	1	2	-	-	4
		17%	14%	29%	11%	15%	8%	20%	18%	15%	20%	27%	4%	36%	-	-	12%
Somewhat inadequate	(2.0)	32	8	7	6	4	2	5	21	11	20	3	6	-	2	1	12
		26%	27%	27%	21%	27%	20%	33%	25%	28%	23%	52%	30%	-	100%	33%	33%
About right	(3.0)	56	12	10	14	9	7	6	35	21	40	1	12	1	-	2	16
		45%	39%	36%	51%	52%	72%	40%	42%	53%	46%	20%	54%	24%	-	67%	43%
Somewhat excessive	(4.0)	8	-	2	4	1	-	1	6	2	7	-	1	-	-	-	1
		6%	-	9%	13%	7%	-	6%	7%	5%	8%	-	6%	-	-	-	3%
Totally excessive	(5.0)	6	6	-	1	-	-	-	6	-	3	-	1	2	-	-	3
		5%	19%	-	3%	-	-	-	8%	-	4%	-	6%	40%	-	-	9%
NET: Inadequate		53	12	15	9	7	3	7	36	17	37	5	7	2	2	1	17
		43%	41%	56%	33%	41%	28%	54%	43%	43%	43%	80%	34%	36%	100%	33%	44%
NET: Excessive		14	6	2	4	1	-	1	12	2	10	-	3	2	-	-	5
		12%	19%	9%	16%	7%	-	6%	15%	5%	11%	-	12%	40%	-	-	13%
Base for stats		123	29	28	27	16	9	14	84	39	86	6	22	5	2	3	37
Mean Score		2.57	2.82	2.24	2.75	2.50	2.64	2.31	2.61	2.47	2.53	1.93	2.80	3.09	2.00	2.67	2.66
Standard Deviation		1.020	1.277	.985	.950	.850	.654	.893	1.104	.815	1.009	.750	.866	1.940	-	.585	1.053
Standard Error		.089	.241	.186	.180	.195	.197	.223	.120	.120	.106	.284	.181	.868	-	.338	.166
Error variance		.01	.06	.03	.03	.04	.04	.05	.01	.01	.01	.08	.03	.75	-	.11	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	*b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
130	56	25	31	56	10	14	60	15	2	3	5	8	10	3	24	
123	46	28	35	63	9	13	60	15	2	2	4	7	9	3	22	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
21	8	3	7	11	2	5	8	1	-	1	1	1	2	-	7	
17%	18%	11%	21%	17%	17%	42%	13%	8%	-	34%	24%	22%	20%	-	32%	
32	14	9	6	14	3	2	14	4	2	1	-	2	1	2	6	
26%	32%	31%	16%	23%	40%	18%	24%	25%	100%	66%	-	24%	8%	71%	27%	
56	21	10	17	27	4	2	30	7	-	-	3	4	6	1	6	
45%	47%	37%	49%	43%	42%	16%	50%	45%	-	-	76%	53%	64%	29%	27%	
8	1	2	5	7	-	2	4	1	-	-	-	-	1	-	2	
6%	2%	8%	14%	11%	-	17%	6%	8%	-	-	-	-	9%	-	10%	
			a	a												
6	1	4	-	4	-	1	4	2	-	-	-	-	-	-	1	
5%	2%	13%	-	6%	-	7%	6%	14%	-	-	-	-	-	-	4%	
53	22	12	13	25	5	8	22	5	2	2	1	3	2	2	13	
43%	49%	42%	38%	40%	58%	60%	38%	33%	100%	100%	24%	47%	28%	71%	59%	
14	2	6	5	11	-	3	7	3	-	-	-	-	1	-	3	
12%	4%	21%	14%	17%	-	24%	12%	21%	-	-	-	-	9%	-	14%	
				a												
123	46	28	35	63	9	13	60	15	2	2	4	7	9	3	22	
2.57	2.39	2.81	2.55	2.67	2.25	2.28	2.67	2.94	2.00	1.66	2.52	2.31	2.61	2.29	2.27	
1.020	.886	1.174	.988	1.074	.778	1.390	.993	1.136	-	.636	.976	.879	.952	.551	1.162	
.089	.118	.235	.177	.144	.246	.372	.128	.293	-	.367	.436	.311	.301	.318	.237	
.01	.01	.06	.03	.02	.06	.14	.02	.09	-	.13	.19	.10	.09	.10	.06	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		130	38	35	11	7	46	45	35	29	16	10	45	45	18	56	43	13	112
Total		123	36	36	10	7	46	43	34	28	15	10	43	44	15	54	43	12	108
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	21	8	5	3	-	8	8	5	7	3	-	11	5	2	7	10	2	19
		17%	21%	14%	29%	-	17%	18%	14%	26%	22%	-	25%	11%	15%	14%	23%	16%	18%
Somewhat inadequate	(2.0)	32	9	11	1	3	11	12	8	9	4	2	13	10	6	9	14	3	26
		26%	24%	30%	7%	42%	25%	27%	22%	31%	28%	24%	30%	23%	41%	17%	33%	23%	24%
About right	(3.0)	56	16	13	6	3	20	19	17	8	6	6	14	23	3	29	18	6	52
		45%	45%	38%	64%	39%	43%	44%	49%	28%	42%	63%	33%	52%	21%	54%	42%	51%	49%
Somewhat excessive	(4.0)	8	2	4	-	-	4	2	3	2	1	-	3	3	1	5	1	1	7
		6%	7%	10%	-	-	8%	5%	8%	8%	7%	-	8%	6%	5%	9%	3%	11%	7%
Totally excessive	(5.0)	6	1	3	-	1	3	3	2	2	-	1	2	4	3	4	-	-	4
		5%	4%	9%	-	19%	7%	6%	7%	7%	-	13%	5%	8%	18%	7%	-	-	3%
NET: Inadequate		53	16	16	4	3	19	19	12	16	8	2	24	15	8	16	24	4	45
		43%	45%	44%	36%	42%	42%	45%	36%	57%	51%	24%	55% f	34%	56%	31%	56% b	39%	41%
NET: Excessive		14	4	7	-	1	7	5	5	4	1	1	5	6	3	8	1	1	11
		12%	10%	19%	-	19%	14%	11%	15%	15%	7%	13%	12%	14%	23%	16% c	3%	11%	10%
Base for stats		123	36	36	10	7	46	43	34	28	15	10	43	44	15	54	43	12	108
Mean Score		2.57	2.47	2.69	2.34	2.95	2.62	2.55	2.71	2.39	2.34	3.01	2.37	2.78	2.70	2.78 c	2.24	2.56	2.55
Standard Deviation		1.020	1.019	1.110	.947	1.171	1.076	1.045	1.041	1.176	.937	.909	1.086	1.010	1.340	1.029	.840	.926	.973
Standard Error		.089	.165	.188	.285	.443	.159	.156	.176	.218	.234	.288	.162	.151	.316	.138	.128	.257	.092
Error variance		.01	.03	.04	.08	.20	.03	.02	.03	.05	.05	.08	.03	.02	.10	.02	.02	.07	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		130	60	51	20	26	9	77	49	5	107	23	119	11	
Total		123	59	48	18	24	8	74	45	5	101	22	113	10	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	21	15	4	4	8	-	9	11	2	17	4	20	1
			17%	25%	8%	24%	35%	-	13%	24%	43%	17%	18%	18%	9%
				b											
Somewhat inadequate		(2.0)	32	18	8	7	7	4	13	16	1	28	4	29	3
			26%	30%	17%	37%	28%	43%	18%	36%	14%	28%	17%	25%	34%
										d					
About right		(3.0)	56	19	33	4	6	3	42	13	-	43	13	51	4
			45%	32%	67%	22%	24%	34%	57%	28%	-	42%	60%	45%	46%
					a				e						
Somewhat excessive		(4.0)	8	5	2	1	-	1	6	2	-	7	1	7	1
			6%	8%	5%	6%	-	13%	8%	5%	-	7%	5%	6%	12%
Totally excessive		(5.0)	6	2	1	2	3	1	3	3	2	6	-	6	-
			5%	4%	3%	11%	13%	9%	5%	7%	42%	6%	-	6%	-
NET: Inadequate			53	32	12	11	15	4	23	27	3	45	8	49	4
			43%	55%	25%	61%	63%	43%	31%	60%	58%	45%	35%	43%	42%
				b						d					
NET: Excessive			14	7	4	3	3	2	9	5	2	13	1	13	1
			12%	12%	7%	17%	13%	23%	12%	12%	42%	13%	5%	12%	12%
Base for stats		123	59	48	18	24	8	74	45	5	101	22	113	10	
Mean Score		2.57	2.36	2.76	2.43	2.28	2.89	2.73	2.35	2.83	2.57	2.52	2.56	2.61	
				a				e							
Standard Deviation		1.020	1.083	.783	1.259	1.317	1.024	.943	1.110	2.120	1.054	.863	1.036	.853	
Standard Error		.089	.140	.110	.281	.258	.341	.107	.159	.948	.102	.180	.095	.257	
Error variance		.01	.02	.01	.08	.07	.12	.01	.03	.90	.01	.03	.01	.07	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d	
Unweighted Total		130	4	7	23	31	20	20	5	20	81	45	18	46	44	22	32	35	39	24	
Total		123	3	7	21	29	19	21	5	19	75	45	16	41	43	22	30	32	38	23	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	21	1	1	4	5	3	2	2	4	12	8	5	4	6	6	7	6	4	4
		17%	26%	13%	17%	18%	14%	10%	37%	22%	16%	18%	30%	9%	15%	27%	24%	18%	11%	18%	
Somewhat inadequate		(2.0)	32	1	2	8	7	7	5	-	2	24	7	6	10	9	7	7	9	12	4
		26%	49%	34%	39%	23%	35%	26%	-	8%	31%	16%	36%	24%	22%	31%	23%	28%	32%	17%	
About right		(3.0)	56	1	1	8	16	7	10	2	10	33	22	6	22	22	7	14	15	17	10
		45%	25%	23%	39%	57%	38%	47%	39%	53%	44%	49%	34%	52%	50%	31%	47%	47%	45%	41%	
Somewhat excessive		(4.0)	8	-	1	1	1	2	-	1	4	3	-	4	4	-	1	1	2	4	
		6%	-	17%	6%	3%	7%	12%	-	6%	6%	8%	-	10%	8%	-	3%	4%	6%	15%	
Totally excessive		(5.0)	6	-	1	-	-	1	1	2	2	4	-	2	2	3	1	1	2	2	
		5%	-	13%	-	-	6%	5%	24%	11%	3%	10%	-	4%	5%	12%	4%	2%	6%	9%	
NET: Inadequate		53	2	3	12	12	9	7	2	6	36	15	11	14	16	13	14	15	16	8	
		43%	75%	47%	56%	41%	49%	36%	37%	30%	48%	34%	66%	33%	36%	58%	46%	47%	43%	35%	
NET: Excessive		14	-	2	1	1	3	3	1	3	6	8	-	6	6	3	2	2	5	6	
		12%	-	30%	6%	3%	13%	17%	24%	17%	9%	18%	-	14%	13%	12%	7%	6%	12%	24%	
Base for stats		123	3	7	21	29	19	21	5	19	75	45	16	41	43	22	30	32	38	23	
Mean Score		2.57	1.99	2.83	2.32	2.44	2.56	2.76	2.73	2.76	2.47	2.76	2.04	2.75	2.67	2.39	2.41	2.43	2.65	2.81	
Standard Deviation		1.020	.884	1.343	.841	.825	1.046	.984	1.701	1.211	.931	1.149	.827	.916	1.008	1.241	1.031	.925	.974	1.192	
Standard Error		.089	.442	.508	.175	.148	.234	.220	.760	.271	.103	.171	.195	.135	.152	.265	.182	.156	.156	.243	
Error variance		.01	.20	.26	.03	.02	.05	.05	.58	.07	.01	.03	.04	.02	.02	.07	.03	.02	.02	.06	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6H2.21. Outdoor exercise classes: How did you feel about the Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	*c
Significance Level: 95%					
Unweighted Total		130	79	31	19
Total		123	77	29	17
		100%	100%	100%	100%
Totally inadequate	(1.0)	21	16	3	2
		17%	22%	9%	12%
Somewhat inadequate	(2.0)	32	18	9	5
		26%	23%	31%	31%
About right	(3.0)	56	32	16	7
		45%	42%	56%	44%
Somewhat excessive	(4.0)	8	4	1	2
		6%	6%	4%	13%
Totally excessive	(5.0)	6	6	-	-
		5%	7%	-	-
NET: Inadequate		53	34	12	7
		43%	45%	40%	43%
NET: Excessive		14	10	1	2
		12%	13%	4%	13%
Base for stats		123	77	29	17
Mean Score		2.57	2.55	2.54	2.59
Standard Deviation		1.020	1.120	.726	.890
Standard Error		.089	.126	.130	.204
Error variance		.01	.02	.02	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		192	104	88	127	46	19	10	33	15	20	12	9	62	21	10
Total		188	105	83	118	48	23	8	32	14	21	10	8	62	24	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	35	20	15	27	7	1	1	6	6	3	1	2	11	4	1
		19%	19%	18%	23%	15%	4%	19%	20%	40%	14%	8%	20%	18%	17%	11%
Somewhat inadequate	(2.0)	40	20	20	31	9	1	2	11	2	5	4	-	11	5	-
		21%	19%	24%	26%	18%	4%	31%	35%	11%	25%	42%	-	18%	19%	-
About right	(3.0)	92	51	40	46	27	19	3	11	4	12	4	7	33	12	7
		49%	49%	49%	39%	56%	86%	40%	33%	28%	57%	43%	80%	52%	47%	80%
Somewhat excessive	(4.0)	15	9	6	11	3	2	1	3	3	1	1	-	4	3	1
		8%	8%	8%	9%	6%	7%	9%	8%	21%	4%	7%	-	6%	11%	8%
Totally excessive	(5.0)	6	4	1	3	3	-	-	1	-	-	-	-	3	1	-
		3%	4%	2%	3%	5%	-	-	4%	-	-	-	-	5%	6%	-
NET: Inadequate		76	40	35	58	16	2	4	18	7	8	5	2	22	9	1
		40%	39%	42%	49%	33%	8%	50%	55%	51%	39%	50%	20%	36%	36%	11%
NET: Excessive		21	13	8	14	6	2	1	4	3	1	1	-	7	4	1
		11%	13%	9%	12%	12%	7%	9%	12%	21%	4%	7%	-	12%	16%	8%
Base for stats		188	105	83	118	48	23	8	32	14	21	10	8	62	24	9
Mean Score		2.56	2.59	2.51	2.42	2.70	2.95	2.40	2.42	2.30	2.51	2.50	2.61	2.63	2.69	2.86
Standard Deviation		.986	1.029	.933	1.031	.984	.516	.966	1.035	1.238	.804	.778	.846	1.023	1.075	.759
Standard Error		.071	.101	.099	.092	.145	.118	.305	.180	.320	.180	.225	.282	.130	.234	.240
Error variance		.01	.01	.01	.01	.02	.01	.09	.03	.10	.03	.05	.08	.02	.05	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade								Ethnicity							
Total		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%		a	b	c	*d	*e	*f	g	h	a	*b	c	*d	*e	*f	g	
Unweighted Total		192	33	38	59	23	20	19	130	62	127	6	31	22	-	2	61
Total		188	34	40	58	20	17	19	132	56	127	6	28	21	-	2	58
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Totally inadequate	(1.0)	35	9	7	9	5	4	2	24	11	23	2	7	3	-	-	12
		19%	26%	16%	15%	25%	26%	9%	18%	20%	18%	33%	25%	14%	-	-	21%
Somewhat inadequate	(2.0)	40	7	8	17	2	5	1	33	8	25	-	8	7	-	-	15
		21%	22%	20%	30%	10%	31%	4%	25%	14%	20%	-	28%	33%	-	-	26%
					h												
About right	(3.0)	92	14	19	25	11	6	17	58	33	66	3	10	7	-	2	23
		49%	43%	48%	42%	54%	34%	88%	44%	59%	52%	56%	35%	32%	-	100%	39%
									g								
Somewhat excessive	(4.0)	15	1	5	6	1	2	-	12	3	11	1	2	1	-	-	4
		8%	2%	13%	11%	7%	10%	-	9%	6%	9%	11%	7%	6%	-	-	7%
Totally excessive	(5.0)	6	3	1	1	1	-	-	5	1	1	-	1	3	-	-	5
		3%	8%	3%	2%	3%	-	-	4%	1%	1%	-	5%	15%	-	-	8%
																a	
NET: Inadequate		76	16	14	26	7	9	2	57	19	48	2	15	10	-	-	27
		40%	48%	36%	45%	36%	56%	12%	43%	34%	38%	33%	53%	47%	-	-	47%
NET: Excessive		21	3	6	8	2	2	-	17	4	13	1	3	5	-	-	9
		11%	10%	16%	13%	11%	10%	-	13%	7%	10%	11%	12%	21%	-	-	15%
Base for stats		188	34	40	58	20	17	19	132	56	127	6	28	21	-	2	58
Mean Score		2.56	2.44	2.66	2.56	2.53	2.28	2.79	2.56	2.54	2.55	2.44	2.38	2.75	-	3.00	2.55
Standard Deviation		.986	1.141	1.006	.957	1.079	.984	.605	1.017	.918	.923	1.162	1.092	1.263	-	-	1.139
Standard Error		.071	.199	.163	.125	.225	.220	.139	.089	.117	.082	.474	.196	.269	-	-	.146
Error variance		.01	.04	.03	.02	.05	.05	.02	.01	.01	.01	.23	.04	.07	-	-	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	k	
Unweighted Total	192	94	38	48	86	13	17	87	23	6	6	2	19	5	14	30	
Total	188	82	43	54	98	12	15	89	22	6	5	2	16	4	17	27	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate	(1.0)	35	15	5	13	18	6	6	14	3	3	-	1	3	-	-	11
		19%	19%	12%	24%	19%	47%	37%	16%	15%	52%	-	59%	16%	-	-	41% c
Somewhat inadequate	(2.0)	40	15	12	11	24	1	3	22	7	2	2	-	3	-	1	4
		21%	18%	29%	21%	25%	9%	21%	25%	30%	31%	35%	-	18%	-	4%	15%
About right	(3.0)	92	44	19	22	42	5	6	37	9	1	3	1	9	4	16	10
		49%	54%	45%	41%	43%	39%	38%	42%	40%	17%	65%	41%	59%	100%	96%	38%
Somewhat excessive	(4.0)	15	7	2	6	8	1	-	11	2	-	-	-	1	-	-	1
		8%	8%	5%	11%	9%	6%	-	13%	10%	-	-	-	7%	-	-	3%
Totally excessive	(5.0)	6	1	4	1	5	-	1	4	1	-	-	-	-	-	-	1
		3%	1%	9%	2%	5%	-	5%	4%	6%	-	-	-	-	-	-	3%
			a														
NET: Inadequate		76	30	17	25	42	7	9	36	10	5	2	1	5	-	1	15
		40%	37%	41%	45%	43%	55%	58%	41%	45%	83%	35%	59%	34%	-	4%	57%
NET: Excessive		21	8	6	7	14	1	1	15	3	-	-	-	1	-	-	1
		11%	9%	14%	13%	14%	6%	5%	17%	16%	-	-	-	7%	-	-	5%
Base for stats	188	82	43	54	98	12	15	89	22	6	5	2	16	4	17	27	
Mean Score	2.56	2.54	2.71	2.46	2.57	2.04	2.14	2.65	2.62	1.66	2.65	1.82	2.56	3.00	2.96	2.10	
								k									
Standard Deviation	.986	.926	1.054	1.055	1.057	1.084	1.104	1.033	1.057	.826	.528	1.517	.869	-	.203	1.075	
Standard Error	.071	.095	.171	.152	.114	.301	.268	.111	.220	.337	.216	1.072	.199	-	.054	.196	
Error variance	.01	.01	.03	.02	.01	.09	.07	.01	.05	.11	.05	1.15	.04	-	*	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		192	66	45	18	6	63	72	54	47	27	9	74	63	18	86	72	16	174
Total		188	65	45	18	6	63	71	55	46	26	9	72	64	18	85	71	15	171
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	35 19%	17 26% e	5 11%	2 14%	1 15%	7 12%	18 25%	13 24%	9 20%	2 10%	- -	12 16%	13 21%	2 14%	14 16%	16 22%	3 20%	33 19%
Somewhat inadequate	(2.0)	40 21%	15 22%	14 32%	5 25%	1 14%	19 30%	15 21%	9 16%	12 26%	14 55%	1 8%	26 36% af	10 15%	4 22%	17 20%	17 24%	2 14%	37 21%
About right	(3.0)	92 49%	24 37%	17 38%	11 62%	3 49%	28 45%	27 38%	23 42%	18 39%	9 35%	6 64%	27 38%	29 45%	10 59%	44 51%	29 41%	8 57%	81 48%
Somewhat excessive	(4.0)	15 8%	5 8%	8 18%	- -	- -	8 13%	5 8%	6 12%	6 13%	- -	1 14%	6 8%	8 12%	1 5%	6 7%	7 10%	1 9%	14 8%
Totally excessive	(5.0)	6 3%	4 7% e	- -	- -	1 23%	- -	6 8% e	3 6%	1 3%	- -	1 14%	1 2%	5 7%	- -	5 5%	1 2%	- -	6 3%
NET: Inadequate		76 40%	31 48%	19 43%	7 38%	2 28%	26 42%	33 46%	22 41%	21 46%	17 65%	1 8%	38 53% f	23 36%	6 36%	31 36%	33 47%	5 35%	69 41%
NET: Excessive		21 11%	10 15%	8 18%	- -	1 23%	8 13%	11 16%	10 18%	7 15%	- -	3 28%	7 10%	12 19%	1 5%	11 12%	8 12%	1 9%	20 12%
Base for stats		188	65	45	18	6	63	71	55	46	26	9	72	64	18	85	71	15	171
Mean Score		2.56	2.48	2.64	2.48	3.02	2.60	2.53	2.59	2.52	2.26	3.35	2.42	2.70	2.55	2.65	2.44	2.54	2.56
Standard Deviation		.986	1.167	.912	.742	1.399	.863	1.185	1.161	1.041	.632	.859	.918	1.148	.816	1.014	1.006	.941	1.004
Standard Error		.071	.144	.136	.175	.571	.109	.140	.158	.152	.122	.286	.107	.145	.192	.109	.119	.235	.076
Error variance		.01	.02	.02	.03	.33	.01	.02	.02	.02	.01	.08	.01	.02	.04	.01	.01	.06	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total		192	86	85	24	26	6	128	56	-	158	34	168	23
Total		188	86	83	22	26	6	128	54	-	157	31	167	21
		100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
Totally inadequate	(1.0)	35	24	8	5	10	1	18	16	-	30	5	33	2
		19%	28%	10%	23%	36%	21%	14%	29%	-	19%	15%	20%	10%
			b						d					
Somewhat inadequate	(2.0)	40	19	18	7	6	3	25	15	-	31	10	33	7
		21%	22%	22%	32%	21%	43%	20%	28%	-	20%	31%	20%	34%
About right	(3.0)	92	31	48	10	8	1	68	19	-	76	15	81	10
		49%	36%	59%	45%	29%	20%	53%	35%	-	49%	50%	49%	48%
			a					e						
Somewhat excessive	(4.0)	15	8	7	-	2	1	12	3	-	14	1	14	2
		8%	9%	8%	-	9%	16%	9%	6%	-	9%	4%	8%	8%
Totally excessive	(5.0)	6	4	1	-	1	-	5	1	-	6	-	6	-
		3%	5%	2%	-	5%	-	4%	2%	-	4%	-	3%	-
NET: Inadequate		76	43	26	12	15	4	43	31	-	61	14	66	9
		40%	50%	32%	55%	57%	64%	34%	57%	-	39%	46%	40%	44%
			b						d					
NET: Excessive		21	12	8	-	3	1	17	4	-	20	1	19	2
		11%	14%	10%	-	13%	16%	13%	8%	-	13%	4%	12%	8%
Base for stats		188	86	83	22	26	6	128	54	-	157	31	167	21
Mean Score		2.56	2.41	2.69	2.21	2.24	2.31	2.69	2.24	-	2.58	2.43	2.56	2.54
								e						
Standard Deviation		.986	1.149	.823	.816	1.186	1.077	.951	1.019	-	1.018	.811	1.009	.811
Standard Error		.071	.124	.089	.166	.233	.440	.084	.136	-	.081	.139	.078	.169
Error variance		.01	.02	.01	.03	.05	.19	.01	.02	-	.01	.02	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total		192	3	9	30	39	39	38	9	25	117	72	37	51	66	36	70	41	53	25
Total		188	3	9	28	38	36	38	9	27	112	74	35	48	67	37	67	39	53	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate		(1.0)	35	-	5	6	5	4	10	-	5	20	7	13	7	8	12	6	11	6
			19%	-	53%	20%	13%	12%	26%	-	20%	18%	20%	27% c	10%	22%	17%	16%	21%	24%
Somewhat inadequate		(2.0)	40	3	2	6	10	8	5	2	4	27	9	11	12	7	18	10	8	5
			21%	100%	21%	23%	26%	23%	14%	22%	15%	24%	27%	23%	19%	18%	26%	25%	14%	18%
About right		(3.0)	92	-	2	13	19	16	20	6	16	50	15	20	40	17	32	18	29	12
			49%	-	26%	45%	50%	44%	52%	63%	60%	45%	42%	41%	59%	45%	48%	46%	55%	44%
Somewhat excessive		(4.0)	15	-	-	4	4	5	2	-	-	13	3	4	8	1	4	4	5	1
			8%	-	-	13%	11%	14% j	6%	-	-	11%	8%	9%	12%	2%	6%	10%	9%	5%
Totally excessive		(5.0)	6	-	-	-	-	3	1	1	1	3	1	-	-	4	2	1	-	2
			3%	-	-	-	-	7%	2%	14%	5%	2%	4%	-	-	12% bc	3%	3%	-	10%
NET: Inadequate			76	3	6	12	15	13	15	2	9	46	17	24	19	15	29	16	19	11
			40%	100%	74%	42%	39%	35%	40%	22%	35%	41%	47%	50% c	29%	41%	43%	41%	35%	41%
NET: Excessive			21	-	-	4	4	8	3	1	1	15	4	4	8	5	6	5	5	4
			11%	-	-	13%	11%	21%	8%	14%	5%	14%	11%	9%	12%	14%	9%	14%	9%	14%
Base for stats			188	3	9	28	38	36	38	9	27	112	35	48	67	37	67	39	53	26
Mean Score			2.56	2.00	1.72	2.51	2.59	2.80	2.45	3.06	2.54	2.57	2.48	2.33	2.72 b	2.63	2.51	2.61	2.53	2.59
Standard Deviation			.986	-	.898	.963	.868	1.062	1.014	.948	.991	.987	1.030	.974	.807	1.215	.950	.992	.934	1.201
Standard Error			.071	-	.299	.176	.139	.170	.164	.316	.198	.091	.169	.136	.099	.202	.114	.155	.128	.240
Error variance			.01	-	.09	.03	.02	.03	.03	.10	.04	.01	.03	.02	.01	.04	.01	.02	.02	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6H2.22. Outdoor sports facilities (e.g. courts and pitches): How did you feel about the Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		192	107	53	29
Total		188	107	51	27
		100%	100%	100%	100%
Totally inadequate	(1.0)	35	25	6	4
		19%	24%	12%	13%
Somewhat inadequate	(2.0)	40	18	10	11
		21%	16%	20%	40%
About right	(3.0)	92	49	31	11
		49%	45%	61%	42%
Somewhat excessive	(4.0)	15	10	4	1
		8%	9%	7%	5%
Totally excessive	(5.0)	6	6	-	-
		3%	5%	-	-
NET: Inadequate		76	43	17	14
		40%	40%	32%	53%
NET: Excessive		21	16	4	1
		11%	15%	7%	5%
Base for stats		188	107	51	27
Mean Score		2.56	2.57	2.63	2.40
Standard Deviation		.986	1.114	.798	.795
Standard Error		.071	.108	.110	.148
Error variance		.01	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		99	41	58	62	30	7	5	12	6	8	6	4	32	12	14
Total		102	45	57	60	32	9	4	14	6	7	6	4	34	13	15
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	22	8	15	13	7	1	1	6	1	-	-	1	4	6	3
		22%	17%	26%	22%	23%	16%	17%	43%	25%	-	-	30%	13%	45%	20%
Somewhat inadequate	(2.0)	30	11	19	20	8	1	1	6	1	2	1	2	9	3	5
		29%	24%	34%	34%	26%	15%	25%	41%	21%	26%	18%	41%	28%	25%	33%
About right	(3.0)	32	16	16	17	9	6	2	1	2	4	4	-	11	3	6
		32%	36%	28%	28%	29%	69%	41%	7%	39%	52%	67%	-	32%	24%	41%
Somewhat excessive	(4.0)	10	5	5	6	4	-	1	-	1	1	1	1	4	1	1
		10%	12%	8%	11%	11%	-	16%	-	14%	10%	15%	29%	12%	7%	6%
Totally excessive	(5.0)	7	5	2	3	4	-	-	1	-	1	-	-	5	-	-
		7%	11%	4%	6%	11%	-	-	9%	-	12%	-	-	15%	-	-
NET: Inadequate		52	18	34	34	16	3	2	11	3	2	1	3	14	9	8
		51%	41%	60%	56%	49%	31%	42%	84%	46%	26%	18%	71%	41%	70%	53%
NET: Excessive		17	10	7	10	7	-	1	1	1	2	1	1	9	1	1
		17%	23%	12%	16%	23%	-	16%	9%	14%	23%	15%	29%	27%	7%	6%
Base for stats		102	45	57	60	32	9	4	14	6	7	6	4	34	13	15
Mean Score		2.51	2.76	2.31	2.44	2.62	2.53	2.57	1.92	2.43	3.09	2.97	2.28	2.87	1.92	2.34
Standard Deviation		1.147	1.206	1.066	1.123	1.285	.802	1.107	1.200	1.123	.998	.626	1.344	1.243	1.014	.887
Standard Error		.115	.188	.140	.143	.235	.303	.495	.346	.458	.353	.256	.672	.220	.293	.237
Error variance		.01	.04	.02	.02	.06	.09	.24	.12	.21	.12	.07	.45	.05	.09	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		99	28	26	19	12	4	10	73	26	74	3	10	9	-	2	24
Total		102	31	27	20	10	4	9	78	23	77	3	10	9	-	2	24
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Totally inadequate	(1.0)	22	7	5	6	2	-	3	18	4	16	2	5	-	-	-	7
		22%	22%	19%	30%	17%	-	29%	23%	19%	20%	61%	48%	-	-	-	27%
Somewhat inadequate	(2.0)	30	4	11	8	3	2	2	22	8	23	1	-	4	-	2	7
		29%	11%	39%	41%	31%	53%	24%	29%	32%	30%	39%	-	43%	-	100%	29%
About right	(3.0)	32	12	7	5	3	1	4	24	9	27	-	1	3	-	-	5
		32%	38%	27%	23%	32%	26%	47%	30%	37%	35%	-	12%	35%	-	-	19%
Somewhat excessive	(4.0)	10	3	3	1	2	1	-	7	3	6	-	3	1	-	-	4
		10%	10%	11%	6%	21%	21%	-	9%	12%	8%	-	27%	8%	-	-	15%
Totally excessive	(5.0)	7	6	1	-	-	-	-	7	-	5	-	1	1	-	-	3
		7%	19%	4%	-	-	-	-	9%	-	6%	-	12%	14%	-	-	11%
NET: Inadequate		52	10	16	14	5	2	5	40	12	39	3	5	4	-	2	14
		51%	33%	58%	70%	47%	53%	53%	51%	51%	50%	100%	48%	43%	-	100%	56%
NET: Excessive		17	9	4	1	2	1	-	14	3	11	-	4	2	-	-	6
		17%	28%	15%	6%	21%	21%	-	18%	12%	14%	-	40%	22%	-	-	25%
Base for stats		102	31	27	20	10	4	9	78	23	77	3	10	9	-	2	24
Mean Score		2.51	2.92	2.43	2.06	2.57	2.68	2.18	2.53	2.43	2.49	1.39	2.57	2.92	-	2.00	2.53
Standard Deviation		1.147	1.376	1.068	.904	1.047	.927	.900	1.203	.953	1.094	.612	1.663	1.085	-	-	1.340
Standard Error		.115	.260	.209	.207	.302	.464	.285	.141	.187	.127	.353	.526	.362	-	-	.274
Error variance		.01	.07	.04	.04	.09	.22	.08	.02	.03	.02	.12	.28	.13	-	-	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total		None	1 child	2 or more children	NET: Yes	Currently furloughed											
Significance Level: 95%		a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total		99	30	34	26	60	6	4	48	18	8	3	1	3	6	2	10
Total		102	26	39	29	68	6	4	52	19	7	2	1	3	5	3	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	22	6	8	6	14	5	1	9	2	4	-	1	1	1	-	5
		22%	21%	21%	22%	21%	74%	17%	17%	9%	52%	-	100%	28%	20%	-	52%
Somewhat inadequate	(2.0)	30	6	15	9	24	2	1	17	6	-	-	-	2	1	-	3
		29%	21%	38%	30%	35%	26%	30%	33%	34%	-	-	-	72%	28%	-	28%
About right	(3.0)	32	11	11	7	19	-	2	16	4	3	2	-	-	3	3	2
		32%	43%	29%	25%	27%	-	53%	30%	24%	48%	67%	-	-	52%	100%	21%
Somewhat excessive	(4.0)	10	4	1	4	5	-	-	5	4	-	1	-	-	-	-	-
		10%	15%	2%	15%	8%	-	-	10%	22%	-	33%	-	-	-	-	-
Totally excessive	(5.0)	7	-	4	2	6	-	-	5	2	-	-	-	-	-	-	-
		7%	-	10%	8%	9%	-	-	9%	11%	-	-	-	-	-	-	-
NET: Inadequate		52	11	23	15	38	6	2	27	8	4	-	1	3	2	-	8
		51%	42%	59%	51%	56%	100%	47%	51%	43%	52%	-	100%	100%	48%	-	79%
NET: Excessive		17	4	5	7	12	-	-	10	6	-	1	-	-	-	-	-
		17%	15%	12%	24%	17%	-	-	19%	33%	-	33%	-	-	-	-	-
Base for stats		102	26	39	29	68	6	4	52	19	7	2	1	3	5	3	10
Mean Score		2.51	2.52	2.42	2.59	2.49	1.26	2.35	2.61	2.92	1.97	3.33	1.00	1.72	2.32	3.00	1.69
Standard Deviation		1.147	1.005	1.148	1.240	1.183	.480	.875	1.174	1.199	1.081	.631	-	.571	.879	-	.832
Standard Error		.115	.184	.197	.243	.153	.196	.438	.169	.283	.382	.364	-	.329	.359	-	.263
Error variance		.01	.03	.04	.06	.02	.04	.19	.03	.08	.15	.13	-	.11	.13	-	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

			Nature of working location						Nature of working hours						Number of people in household including self					
			Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e	
Unweighted Total		99	34	21	21	4	42	38	31	23	20	4	43	35	8	47	38	6	91	
Total		102	37	21	22	4	43	41	34	25	19	4	44	38	7	49	40	6	95	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	22	8	4	3	-	7	8	7	3	5	1	8	7	4	9	9	-	18
		22%	22%	20%	13%	-	16%	20%	19%	11%	27%	18%	18%	19%	61%	18%	23%	-	19%	
Somewhat inadequate		(2.0)	30	12	10	3	-	13	12	11	10	4	-	14	11	-	15	13	2	30
		29%	31%	49%	15%	-	31%	28%	33%	41%	20%	-	32%	29%	-	31%	31%	38%	32%	
About right		(3.0)	32	11	3	11	2	14	13	11	5	7	2	12	13	2	17	12	2	31
		32%	31%	15%	51%	43%	33%	32%	33%	19%	38%	51%	27%	35%	26%	35%	29%	33%	32%	
Somewhat excessive		(4.0)	10	3	2	3	1	6	4	2	5	3	-	8	2	1	4	3	2	9
		10%	9%	11%	16%	24%	13%	11%	7%	19%	15%	-	17%	6%	13%	9%	8%	28%	10%	
Totally excessive		(5.0)	7	2	1	1	1	2	4	3	2	-	1	2	4	-	4	3	-	7
		7%	7%	6%	6%	34%	6%	9%	8%	10%	-	31%	5%	10%	-	8%	8%	-	7%	
NET: Inadequate			52	20	15	6	-	20	20	17	13	9	1	22	18	4	24	22	2	48
		51%	53%	69%	27%	-	48%	48%	52%	52%	47%	18%	50%	48%	61%	49%	54%	38%	51%	
NET: Excessive			17	6	3	5	2	8	8	5	7	3	1	10	6	1	8	7	2	16
		17%	16%	16%	22%	57%	19%	20%	15%	29%	15%	31%	23%	16%	13%	16%	16%	28%	17%	
Base for stats		102	37	21	22	4	43	41	34	25	19	4	44	38	7	49	40	6	95	
Mean Score		2.51	2.47	2.34	2.88	3.91	2.61	2.61	2.51	2.76	2.41	3.25	2.61	2.59	1.91	2.57	2.48	2.90	2.55	
Standard Deviation		1.147	1.146	1.111	1.037	1.013	1.096	1.200	1.128	1.194	1.071	1.579	1.142	1.183	1.269	1.125	1.183	.895	1.132	
Standard Error		.115	.197	.242	.226	.506	.169	.195	.203	.249	.239	.790	.174	.200	.449	.164	.192	.365	.119	
Error variance		.01	.04	.06	.05	.26	.03	.04	.04	.06	.06	.62	.03	.04	.20	.03	.04	.13	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		99	53	37	19	23	7	55	43	4	82	17	86	11
Total		102	57	37	19	22	7	58	43	4	85	17	90	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	22	13	5	4	10	3	9	13	1	19	3	21	1
		22%	22%	15%	20%	44%	38%	16%	31%	41%	23%	17%	24%	9%
Somewhat inadequate	(2.0)	30	22	8	10	3	1	17	13	1	25	5	26	3
		29%	38%	22%	52%	12%	17%	29%	30%	25%	29%	29%	29%	26%
About right	(3.0)	32	16	14	2	5	2	23	9	-	26	7	29	3
		32%	27%	38%	11%	21%	32%	39%	21%	-	30%	39%	32%	29%
Somewhat excessive	(4.0)	10	2	7	2	3	-	5	5	-	8	2	7	3
		10%	3%	19% a	11%	12%	-	9%	11%	-	10%	10%	8%	28%
Totally excessive	(5.0)	7	5	2	1	2	1	4	3	1	6	1	6	1
		7%	9%	6%	6%	11%	13%	7%	8%	34%	7%	5%	7%	8%
NET: Inadequate		52	35	13	14	12	4	26	26	2	44	8	47	4
		51%	60% b	36%	72%	56%	55%	45%	61%	66%	52%	46%	53%	35%
NET: Excessive		17	7	9	3	5	1	9	8	1	15	3	13	4
		17%	12%	25%	17%	23%	13%	16%	18%	34%	17%	15%	15%	36%
Base for stats		102	57	37	19	22	7	58	43	4	85	17	90	10
Mean Score		2.51	2.38	2.80	2.32	2.33	2.32	2.61	2.35	2.61	2.49	2.56	2.45	3.01
Standard Deviation		1.147	1.134	1.107	1.130	1.444	1.426	1.074	1.244	2.080	1.167	1.073	1.147	1.162
Standard Error		.115	.156	.182	.259	.301	.539	.145	.190	1.040	.129	.260	.124	.350
Error variance		.01	.02	.03	.07	.09	.29	.02	.04	1.08	.02	.07	.02	.12



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	*c	*d	*a	*b	c	*d	
Unweighted Total		99	2	8	17	22	13	18	8	11	60	37	17	35	26	19	27	24	31	14	
Total		102	2	8	17	21	14	18	9	12	61	40	18	35	26	22	29	24	32	15	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Totally inadequate		(1.0)	22	2	1	3	3	3	4	1	4	11	9	5	8	4	5	7	4	6	5
		22%	100%	16%	19%	16%	22%	21%	16%	33%	19%	24%	30%	24%	17%	21%	24%	17%	19%	35%	
Somewhat inadequate		(2.0)	30	-	2	10	5	3	6	5	-	20	10	4	10	9	6	6	7	12	4
		29%	-	25%	57%	22%	23%	31%	50%	-	33%	26%	22%	28%	34%	30%	20%	30%	37%	25%	
About right		(3.0)	32	-	3	1	10	4	6	2	6	19	14	6	12	9	4	10	8	11	2
		32%	-	38%	8%	49%	28%	32%	20%	50%	31%	35%	34%	36%	36%	18%	34%	36%	35%	14%	
Somewhat excessive		(4.0)	10	-	2	3	2	1	2	-	1	8	2	2	3	2	2	3	4	2	2
		10%	-	21%	16%	9%	9%	9%	-	6%	13%	6%	14%	10%	9%	8%	10%	17%	5%	10%	
Totally excessive		(5.0)	7	-	-	-	1	2	1	1	3	4	-	1	1	5	3	-	1	2	
		7%	-	-	-	4%	17%	7%	14%	11%	5%	10%	-	2%	5%	23%	12%	-	4%	16%	
NET: Inadequate		52	2	3	13	8	6	9	6	4	31	20	9	18	13	11	13	11	18	9	
		51%	100%	41%	77%	38%	46%	52%	66%	33%	51%	49%	52%	52%	51%	51%	44%	47%	56%	60%	
NET: Excessive		17	-	2	3	3	4	3	1	2	11	6	2	4	4	7	6	4	3	4	
		17%	-	21%	16%	13%	26%	16%	14%	16%	18%	16%	14%	12%	14%	32%	22%	17%	9%	26%	
Base for stats		102	2	8	17	21	14	18	9	12	61	40	18	35	26	22	29	24	32	15	
Mean Score		2.51	1.00	2.64	2.19	2.63	2.76	2.51	2.47	2.60	2.54	2.52	2.33	2.39	2.51	2.83	2.65	2.54	2.37	2.48	
Standard Deviation		1.147	*	1.047	.955	1.020	1.413	1.158	1.259	1.342	1.102	1.208	1.075	1.041	1.040	1.488	1.294	.982	.986	1.507	
Standard Error		.115	*	.370	.232	.217	.392	.273	.445	.405	.142	.199	.261	.176	.204	.341	.249	.200	.177	.403	
Error variance		.01	*	.14	.05	.05	.15	.07	.20	.16	.02	.04	.07	.03	.04	.12	.06	.04	.03	.16	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6H2.23. Outdoor swimming pools: How did you feel about the Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year		
		Total	NET: More	About the same NET: Less
Significance Level: 95%			a	*b
Unweighted Total		99	61	25
Total		102	63	27
		100%	100%	100%
Totally inadequate		22	12	6
		22%	20%	22%
Somewhat inadequate		30	23	4
		29%	36%	17%
About right		32	17	11
		32%	26%	41%
Somewhat excessive		10	5	5
		10%	9%	17%
Totally excessive		7	6	1
		7%	10%	3%
NET: Inadequate		52	35	10
		51%	55%	38%
NET: Excessive		17	12	5
		17%	18%	20%
Base for stats		102	63	27
Mean Score		2.51	2.53	2.64
Standard Deviation		1.147	1.194	1.115
Standard Error		.115	.153	.223
Error variance		.01	.02	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total		120	51	69	55	38	27	4	15	13	22	15	11	23	9	8
Total		118	52	67	53	37	28	4	16	13	22	14	11	21	10	8
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	9	3	6	7	1	1	-	2	-	1	1	-	2	2	1
		8%	6%	9%	14%	2%	4%	-	14%	-	3%	9%	-	9%	18%	15%
Somewhat inadequate	(2.0)	19	10	9	7	6	5	1	3	3	2	2	2	2	2	2
		16%	19%	14%	14%	17%	18%	31%	17%	25%	10%	11%	19%	8%	25%	24%
About right	(3.0)	74	33	41	26	27	21	2	7	8	16	10	9	12	5	4
		62%	63%	62%	48%	73% a	75%	49%	47%	67%	73%	72%	81%	58%	46%	48%
Somewhat excessive	(4.0)	8	1	7	5	2	1	-	2	-	2	-	-	2	1	1
		7%	3%	10%	10%	5%	3%	-	14%	-	9%	-	-	8%	11%	12%
Totally excessive	(5.0)	9	5	4	8	1	-	1	1	1	1	1	-	4	-	-
		7%	9%	6%	14%	3%	-	20%	8%	8%	4%	8%	-	17%	-	-
NET: Inadequate		28	13	15	15	7	6	1	5	3	3	3	2	4	4	3
		24%	25%	23%	28%	20%	22%	31%	31%	25%	14%	20%	19%	17%	42%	39%
NET: Excessive		17	6	10	13	3	1	1	3	1	3	1	-	5	1	1
		14%	12%	16%	24% b	8%	3%	20%	22%	8%	13%	8%	-	25%	11%	12%
Base for stats		118	52	67	53	37	28	4	16	13	22	14	11	21	10	8
Mean Score		2.90	2.89	2.90	2.97	2.89	2.77	3.10	2.85	2.91	3.00	2.87	2.81	3.15	2.51	2.58
Standard Deviation		.908	.915	.909	1.175	.646	.578	1.238	1.122	.784	.722	.897	.414	1.114	.960	.955
Standard Error		.083	.128	.109	.158	.105	.111	.619	.290	.217	.154	.232	.125	.232	.320	.338
Error variance		.01	.02	.01	.03	.01	.01	.38	.08	.05	.02	.05	.02	.05	.10	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total		120	14	21	29	18	20	18	64	56	90	3	14	7	-	3	27
Total		118	15	24	28	16	18	18	67	52	90	3	14	7	-	2	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Totally inadequate	(1.0)	9	1	2	2	2	1	1	5	4	8	-	1	-	-	-	1
		8%	8%	9%	7%	10%	6%	7%	8%	7%	9%	-	5%	-	-	-	3%
Somewhat inadequate	(2.0)	19	2	6	7	1	1	2	15	4	14	1	2	2	-	-	5
		16%	16%	25%	24%	4%	5%	13%	23% h	8%	15%	41%	17%	28%	-	-	21%
About right	(3.0)	74	8	12	15	13	12	13	36	38	57	1	9	3	-	2	14
		62%	54%	52%	55%	80%	66%	75%	54%	73% g	63%	32%	63%	41%	-	68%	55%
Somewhat excessive	(4.0)	8	-	3	2	-	3	-	5	3	7	-	-	-	-	1	1
		7%	-	13%	8%	-	15%	-	8%	5%	8%	-	-	-	-	32%	3%
Totally excessive	(5.0)	9	3	-	2	1	1	1	5	3	4	1	2	2	-	-	5
		7%	22%	-	7%	6%	8%	6%	8%	6%	4%	27%	14%	31%	-	-	19%
NET: Inadequate		28	4	8	9	2	2	4	20	8	22	1	3	2	-	-	6
		24%	24%	34%	31%	14%	11%	20%	31% h	15%	24%	41%	23%	28%	-	-	24%
NET: Excessive		17	3	3	4	1	4	1	11	6	11	1	2	2	-	1	6
		14%	22%	13%	15%	6%	23%	6%	16%	12%	12%	27%	14%	31%	-	32%	21%
Base for stats		118	15	24	28	16	18	18	67	52	90	3	14	7	-	2	26
Mean Score		2.90	3.11	2.70	2.84	2.88	3.13	2.85	2.85	2.96	2.83	3.12	3.00	3.34	-	3.32	3.13
Standard Deviation		.908	1.200	.833	.931	.832	.893	.794	.964	.835	.865	1.550	1.016	1.278	-	.623	1.062
Standard Error		.083	.321	.182	.173	.196	.200	.187	.121	.112	.091	.895	.272	.483	-	.360	.204
Error variance		.01	.10	.03	.03	.04	.04	.04	.01	.01	.01	.80	.07	.23	-	.13	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
120	53	31	21	52	4	4	53	17	5	5	3	9	11	9	8	
118	48	35	24	58	4	3	55	16	5	5	2	8	10	10	7	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
9	4	5	-	5	-	-	5	1	-	-	1	1	-	1	-	
8%	9%	14%	-	8%	-	-	10%	7%	-	-	32%	10%	-	11%	-	
19	6	6	3	9	1	1	8	2	1	1	-	3	1	1	1	
16%	13%	16%	15%	16%	19%	24%	15%	12%	19%	24%	-	34%	12%	12%	22%	
74	33	15	18	33	1	1	36	9	3	4	1	4	8	8	2	
62%	69%	44%	76%	57%	30%	27%	65%	52%	57%	76%	31%	56%	78%	77%	28%	
	b															
8	2	5	1	6	-	1	2	3	1	-	1	-	-	-	1	
7%	5%	13%	4%	10%	-	23%	4%	17%	24%	-	37%	-	-	-	11%	
9	1	4	1	6	2	1	3	2	-	-	-	-	1	-	3	
7%	3%	13%	5%	10%	50%	27%	5%	12%	-	-	-	-	10%	-	39%	
28	11	10	3	14	1	1	14	3	1	1	1	3	1	2	1	
24%	23%	30%	15%	24%	19%	24%	25%	18%	19%	24%	32%	44%	12%	23%	22%	
17	4	9	2	11	2	2	5	5	1	-	1	-	1	-	3	
14%	8%	26%	9%	19%	50%	49%	10%	29%	24%	-	37%	-	10%	-	50%	
	a															
118	48	35	24	58	4	3	55	16	5	5	2	8	10	10	7	
2.90	2.79	2.95	2.99	2.97	3.82	3.52	2.80	3.16	3.04	2.76	2.73	2.46	3.08	2.66	3.67	
.908	.803	1.184	.624	.988	1.463	1.356	.880	1.042	.736	.478	1.657	.716	.757	.706	1.298	
.083	.110	.213	.136	.137	.731	.678	.121	.253	.329	.214	.957	.239	.228	.235	.459	
.01	.01	.05	.02	.02	.53	.46	.01	.06	.11	.05	.92	.06	.05	.06	.21	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		120	34	26	17	3	43	37	39	17	21	5	38	44	9	69	38	4	111
Total		118	34	27	17	3	44	37	39	17	21	5	38	44	8	70	36	4	110
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	9 8%	1 4%	3 12%	2 12%	- -	5 12%	1 3%	4 11%	- -	2 10%	- -	2 5%	4 10%	- -	8 11%	2 4%	- -	9 8%
Somewhat inadequate	(2.0)	19 16%	6 17%	3 12%	3 19%	1 35%	6 14%	7 18%	5 14%	3 20%	3 15%	1 23%	7 17%	7 15%	2 25%	12 17%	5 15%	- -	17 15%
About right	(3.0)	74 62%	24 72%	17 61%	9 51%	1 25%	25 57%	25 67%	25 65%	11 63%	11 55%	3 52%	22 59%	28 64%	5 64%	41 58%	25 68%	3 75%	69 62%
Somewhat excessive	(4.0)	8 7%	- -	4 15%	2 13%	- -	6 14%	- af	1 3%	3 17%	3 16%	- -	6 16%	1 2%	- -	6 8%	2 6%	- -	8 7%
Totally excessive	(5.0)	9 7%	3 8%	- -	1 5%	1 40%	1 2%	4 11%	3 7%	- -	1 4%	1 25%	1 2%	4 9%	1 11%	4 6%	3 7%	1 25%	8 7%
NET: Inadequate		28 24%	7 20%	6 24%	5 31%	1 35%	12 26%	8 22%	10 25%	3 20%	5 25%	1 23%	9 23%	11 25%	2 25%	19 27%	7 19%	- -	26 24%
NET: Excessive		17 14%	3 8%	4 15%	3 18%	1 40%	7 16%	4 11%	4 10%	3 17%	4 20%	1 25%	7 18%	5 11%	1 11%	10 14%	5 13%	1 25%	16 14%
Base for stats		118	34	27	17	3	44	37	39	17	21	5	38	44	8	70	36	4	110
Mean Score		2.90	2.92	2.80	2.80	3.45	2.80	2.97	2.80	2.96	2.90	3.28	2.93	2.85	2.96	2.82	2.96	3.50	2.89
Standard Deviation		.908	.806	.852	1.019	1.587	.907	.878	.937	.624	.955	1.201	.812	.967	.878	.952	.817	.999	.913
Standard Error		.083	.138	.167	.247	.916	.138	.144	.150	.151	.208	.537	.132	.146	.293	.115	.133	.499	.087
Error variance		.01	.02	.03	.06	.84	.02	.02	.02	.02	.04	.29	.02	.02	.09	.01	.02	.25	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		120	61	15	23	3	77	38	3	95	25	108	10
Total		118	59	14	23	3	76	38	3	95	24	108	9
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate	(1.0)	9	3	1	2	-	6	4	-	6	3	9	-
		8%	5%	9%	10%	-	7%	10%	-	7%	12%	9%	-
Somewhat inadequate	(2.0)	19	7	1	8	1	8	10	-	18	1	15	3
		16%	12%	7%	33%	35%	11%	26%	-	19%	4%	14%	37%
								d					
About right	(3.0)	74	45	8	10	2	52	18	2	55	19	68	5
		62%	75%	55%	44%	65%	68%	48%	65%	58%	80%	63%	54%
			a				e						
Somewhat excessive	(4.0)	8	2	2	1	-	5	3	-	8	-	7	1
		7%	4%	16%	5%	-	6%	9%	-	8%	-	7%	8%
Totally excessive	(5.0)	9	2	2	2	-	6	3	1	8	1	9	-
		7%	4%	12%	8%	-	8%	7%	35%	8%	4%	8%	-
NET: Inadequate		28	10	2	10	1	14	13	-	24	4	24	3
		24%	17%	16%	43%	35%	18%	36%	-	26%	16%	22%	37%
								d					
NET: Excessive		17	5	4	3	-	10	6	1	16	1	16	1
		14%	8%	29%	13%	-	14%	16%	35%	17%	4%	15%	8%
Base for stats		118	59	14	23	3	76	38	3	95	24	108	9
Mean Score		2.90	2.90	3.16	2.68	2.65	2.96	2.78	3.70	2.92	2.80	2.92	2.71
Standard Deviation		.908	.725	1.066	1.031	.574	.883	.998	1.179	.932	.815	.929	.648
Standard Error		.083	.093	.275	.215	.332	.101	.162	.680	.096	.163	.089	.205
Error variance		.01	.01	.08	.05	.11	.01	.03	.46	.01	.03	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	*a	b	c	*d
Unweighted Total		120	2	11	19	28	18	19	8	15	76	42	19	29	49	20	27	35	40	17
Total		118	2	10	19	26	18	19	9	15	73	44	19	28	48	21	28	33	39	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Totally inadequate		(1.0)	9	-	1	5	-	-	1	2	-	5	3	2	1	4	2	3	3	1
			8%	-	8%	25%	-	-	6%	26%	-	8%	15%	7%	2%	17%	8%	9%	7%	7%
Somewhat inadequate		(2.0)	19	-	4	1	3	3	1	4	10	9	5	4	2	6	2	4	6	6
			16%	-	41%	4%	10%	14%	17%	13%	29%	21%	24%	14%	5%	31%	8%	11%	16%	34%
About right		(3.0)	74	2	4	11	20	13	14	2	9	48	10	18	37	7	20	21	27	5
			62%	100%	42%	56%	77%	70%	72%	21%	58%	65%	56%	64%	77%	35%	73%	64%	70%	30%
Somewhat excessive		(4.0)	8	-	-	2	2	2	1	1	-	6	-	3	5	-	1	3	2	2
			7%	-	-	10%	7%	12%	4%	14%	-	8%	-	12%	10%	-	4%	9%	5%	12%
Totally excessive		(5.0)	9	-	1	1	2	1	-	2	2	4	1	1	3	4	2	2	1	3
			7%	-	9%	5%	6%	4%	-	25%	13%	6%	5%	3%	7%	17%	8%	7%	3%	17%
NET: Inadequate			28	-	5	5	3	3	5	4	4	15	7	6	3	10	4	7	9	7
			24%	-	49%	28%	10%	14%	24%	40%	29%	21%	39%	22%	7%	48%	16%	20%	23%	41%
NET: Excessive			17	-	1	3	3	3	1	4	2	10	1	4	8	4	3	5	3	5
			14%	-	9%	15%	13%	16%	4%	39%	13%	14%	5%	15%	17%	17%	12%	16%	7%	29%
Base for stats		118	2	10	19	26	18	19	9	15	73	44	19	28	48	21	28	33	39	18
Mean Score		2.90	3.00	2.61	2.68	3.09	3.05	2.74	2.99	2.97	2.91	2.87	2.56	2.89	3.15	2.69	2.96	2.92	2.80	2.99
Standard Deviation		.908	-	1.017	1.142	.655	.658	.655	1.619	.934	.865	1.000	.942	.828	.686	1.287	.873	.927	.760	1.229
Standard Error		.083	-	.307	.262	.124	.155	.150	.572	.241	.099	.154	.216	.154	.098	.288	.168	.157	.120	.298
Error variance		.01	-	.09	.07	.02	.02	.02	.33	.06	.01	.02	.05	.02	.01	.08	.03	.02	.01	.09



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6H2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How did you feel about the Covid-19 safety measures that were in place at this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity and noticed Covid secure measures

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		120	58	38	23
Total		118	60	36	22
		100%	100%	100%	100%
Totally inadequate	(1.0)	9	6	1	3
		8%	10%	2%	12%
Somewhat inadequate	(2.0)	19	11	6	1
		16%	19%	16%	6%
About right	(3.0)	74	32	26	16
		62%	53%	73%	72%
Somewhat excessive	(4.0)	8	5	2	1
		7%	9%	5%	5%
Totally excessive	(5.0)	9	6	2	1
		7%	10%	5%	5%
NET: Inadequate		28	17	6	4
		24%	28%	18%	18%
NET: Excessive		17	11	3	2
		14%	19%	9%	10%
Base for stats		118	60	36	22
Mean Score		2.90	2.91	2.94	2.84
Standard Deviation		.908	1.028	.696	.901
Standard Error		.083	.135	.113	.188
Error variance		.01	.02	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2. SUMMARY: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Very comfortable	Fairly comfortable	Neither comfortable nor uncomfortable	Fairly uncomfortable	Very uncomfortable	Don't know	NET: Comfortable	NET: Uncomfortable
Outdoor sports facilities (e.g. courts and pitches)	242 100%	81 34%	101 42%	36 15%	19 8%	4 1%	1 1%	182 75%	23 9%
Outdoor exercise classes	164 100%	52 31%	68 41%	29 18%	14 9%	2 1%	- -	120 73%	16 10%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182 100%	65 35%	65 36%	29 16%	19 11%	2 1%	2 1%	130 71%	21 11%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305 100%	94 31%	116 38%	58 19%	23 7%	9 3%	4 1%	210 69%	32 11%
Indoor swimming pools	198 100%	62 31%	67 34%	41 21%	20 10%	7 4%	1 *	129 65%	27 14%
Outdoor swimming pools	141 100%	47 34%	38 27%	36 26%	11 8%	7 5%	1 1%	86 61%	18 13%
Other indoor sports facilities	126 100%	25 20%	45 36%	26 21%	18 14%	11 8%	2 1%	70 56%	28 22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	d	*e	*f	g	h	*i	
Unweighted Total		316	154	162	207	86	23	14	49	22	44	25	20	88	32	22	
Total		305	152	153	191	88	26	11	49	21	44	22	21	83	34	20	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	94	46	48	61	29	5	5	16	11	10	4	6	25	12	6	
		31%	30%	32%	32%	33%	19%	43%	33%	53%	23%	18%	26%	31%	35%	30%	
Fairly comfortable	(4.0)	116	51	65	70	30	16	4	16	6	18	10	14	32	10	6	
		38%	33%	43%	37%	34%	63%	36%	33%	27%	42%	46%	66%	38%	30%	28%	
Neither comfortable nor uncomfortable	(3.0)	58	34	24	38	19	1	2	11	3	10	5	-	20	4	4	
		19%	22%	16%	20%	22%	3%	14%	22%	13%	23%	22%	-	24%	12%	22%	
Fairly uncomfortable	(2.0)	23	13	9	11	10	2	-	4	1	2	2	1	3	6	4	
		7%	9%	6%	6%	11%	9%	-	9%	4%	5%	8%	4%	4%	17% g	19%	
Very uncomfortable	(1.0)	9	5	4	8	-	2	1	2	-	2	1	-	2	1	-	
		3%	4%	3%	4%	-	6%	8%	4%	-	6%	7%	-	2%	3%	-	
Don't know		4	3	1	4	1	-	-	-	1	1	-	1	1	1	-	
		1%	2%	1%	2%	1%	-	-	-	3%	2%	-	4%	2%	2%	-	
NET: Comfortable		210	97	113	131	58	21	9	32	16	28	14	19	57	22	12	
		69%	64%	74% a	69%	66%	82%	78%	66%	80%	65%	64%	92%	69%	66%	58%	
NET: Uncomfortable		32	19	14	19	10	4	1	6	1	5	3	1	5	7	4	
		11%	12%	9%	10%	11%	15%	8%	13%	4%	10%	14%	4%	6%	20% g	19%	
Base for stats		300	149	151	187	87	26	11	49	20	43	22	20	82	33	20	
Mean Score		3.88	3.80	3.95	3.88	3.88	3.81	4.05	3.82	4.33	3.72	3.60	4.19	3.93	3.79	3.69	
Standard Deviation		1.041	1.088	.989	1.064	.998	1.050	1.182	1.109	.873	1.061	1.096	.658	.951	1.222	1.125	
Standard Error		.059	.089	.078	.075	.108	.219	.316	.158	.190	.162	.219	.151	.103	.219	.240	
Error variance		*	.01	.01	.01	.01	.05	.10	.03	.04	.03	.05	.02	.01	.05	.06	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		316	62	85	77	43	25	24	224	92	230	11	47	24	-	2	84
Total		305	65	88	72	37	21	21	225	80	222	11	45	24	-	2	81
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Very comfortable	(5.0)	94	19	31	25	8	6	5	75	19	73	5	7	9	-	1	22
		31%	29%	35%	35%	22%	29%	22%	33%	24%	33%	49%	15%	36%	-	58%	27%
			c								c						
Fairly comfortable	(4.0)	116	26	32	23	18	7	8	82	34	79	4	19	12	-	1	35
		38%	40%	37%	32%	50%	34%	37%	37%	42%	36%	36%	43%	49%	-	42%	44%
Neither comfortable nor uncomfortable		(3.0)	58	16	12	14	6	5	6	41	17	42	-	13	3	-	16
			19%	24%	14%	19%	17%	21%	26%	18%	21%	19%	-	29%	11%	-	19%
Fairly uncomfortable	(2.0)	23	3	9	6	3	-	2	18	5	17	1	5	-	-	-	6
		7%	5%	10%	8%	9%	-	8%	8%	6%	8%	9%	11%	-	-	-	7%
Very uncomfortable	(1.0)	9	1	3	3	1	2	-	7	3	9	-	-	1	-	-	1
		3%	1%	4%	4%	2%	8%	-	3%	3%	4%	-	-	4%	-	-	1%
Don't know		4	-	-	2	-	1	1	2	3	2	1	1	-	-	-	1
		1%	-	-	2%	-	7%	6%	1%	4%	1%	6%	2%	-	-	-	2%
NET: Comfortable		210	46	63	48	27	14	13	157	53	152	9	26	20	-	2	57
		69%	70%	72%	67%	72%	64%	59%	70%	66%	69%	85%	58%	85%	-	100%	70%
NET: Uncomfortable		32	4	12	8	4	2	2	25	7	25	1	5	1	-	-	7
		11%	6%	14%	12%	11%	8%	8%	11%	9%	11%	9%	11%	4%	-	-	8%
Base for stats		300	65	88	70	37	20	20	223	77	219	10	44	24	-	2	80
Mean Score		3.88	3.91	3.90	3.89	3.81	3.81	3.79	3.90	3.81	3.87	4.33	3.63	4.13	-	4.58	3.89
Standard Deviation		1.041	.930	1.117	1.104	.952	1.179	.928	1.057	.996	1.082	.937	.886	.910	-	.697	.931
Standard Error		.059	.118	.121	.127	.145	.246	.198	.071	.106	.072	.296	.131	.186	-	.493	.103
Error variance		*	.01	.01	.02	.02	.06	.04	.01	.01	.01	.09	.02	.03	-	.24	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	d	*e	*f	*g	h	*i	*j	k	
316	144	70	74	144	26	18	146	40	15	6	11	33	14	7	44	
305	121	79	82	162	25	16	148	39	13	4	9	28	12	9	42	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
94	33	28	29	56	13	5	44	17	3	1	2	5	4	1	18	
31%	28%	35%	35%	35%	51%	29%	29%	42% h	25%	18%	22%	18%	34%	15%	43% h	
116	45	25	34	59	11	7	61	13	4	-	2	9	2	6	17	
38%	37%	32%	41%	37%	41%	41%	41%	34%	32%	-	26%	34%	20%	68%	41%	
58	22	17	14	30	2	2	32	4	4	3	2	5	5	-	4	
19%	19%	21%	17%	19%	7%	10%	22% k	9%	29%	66%	17%	19%	41%	-	8%	
23	12	7	3	10	-	2	8	5	1	-	3	3	1	-	2	
7%	10%	9%	4%	6%	-	15%	6%	12%	9%	-	28%	11%	6%	-	6%	
9	5	2	3	5	-	1	2	1	-	1	-	4	-	2	1	
3%	4%	3%	3%	3%	-	5%	1%	2%	-	16%	-	14% ck	-	17%	2%	
4	4	-	-	-	-	-	2	-	1	-	1	1	-	-	-	
1%	3% d	-	-	-	-	-	1%	-	5%	-	7%	5%	-	-	-	
210	78	53	63	116	24	11	104	30	8	1	5	14	6	7	35	
69%	65%	67%	76%	72%	93%	70%	70% h	77% h	57%	18%	48%	51%	53%	83%	84% h	
32	16	9	6	15	-	3	10	5	1	1	3	7	1	2	3	
11%	13%	12%	7%	9%	-	20%	7%	14%	9%	16%	28%	25% ck	6%	17%	8%	
300	117	79	82	162	25	16	147	39	13	4	9	26	12	9	42	
3.88	3.78	3.87	4.01	3.94	4.44	3.74	3.93 h	4.03 h	3.77	3.03	3.45	3.32	3.81	3.64	4.17 h	
1.041	1.087	1.085	.988	1.036	.641	1.205	.923	1.105	.990	1.328	1.215	1.331	1.018	1.317	.952	
.059	.092	.130	.115	.086	.126	.284	.077	.175	.264	.542	.384	.239	.272	.498	.143	
*	.01	.02	.01	.01	.02	.08	.01	.03	.07	.29	.15	.06	.07	.25	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total		316	93	79	30	11	109	104	92	70	41	10	111	102	29	157	106	24	287
Total		305	91	78	30	11	108	102	90	70	40	10	110	100	26	151	105	23	279
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	94	33	20	11	3	32	35	29	19	14	4	32	34	6	45	37	6	88
		31%	36%	26%	38%	23%	29%	35%	33%	27%	34%	42%	29%	34%	24%	30%	36%	25%	32%
Fairly comfortable	(4.0)	116	39	34	7	3	40	43	35	32	13	2	45	37	8	58	41	9	108
		38%	44%	43%	22%	27%	37%	42%	39%	46%	33%	17%	41%	37%	30%	39%	39%	40%	39%
			c	c			c												
Neither comfortable nor uncomfortable	(3.0)	58	11	12	11	6	23	16	14	12	10	4	22	19	7	30	16	4	51
		19%	12%	15%	36% abf	50%	21%	16%	16%	18%	25%	41%	20%	19%	27%	20%	15%	19%	18%
Fairly uncomfortable	(2.0)	23	5	9	1	-	10	5	9	4	3	-	7	9	4	11	6	2	19
		7%	6%	12%	4%	-	10%	5%	10%	6%	6%	-	6%	9%	16%	7%	6%	9%	7%
Very uncomfortable	(1.0)	9	1	3	-	-	3	1	1	2	1	-	3	1	-	5	4	1	9
		3%	1%	4%	-	-	3%	1%	1%	4%	2%	-	3%	1%	-	3%	4%	4%	3%
Don't know		4	2	-	-	-	-	2	2	-	-	-	-	2	1	2	1	1	4
		1%	2%	-	-	-	-	2%	2%	-	-	-	-	2%	3%	1%	1%	3%	1%
NET: Comfortable		210	72	54	18	6	72	78	64	51	27	6	78	70	14	103	78	15	196
		69%	80% ce	69%	60%	50%	67%	76%	71%	73%	67%	59%	71%	70%	54%	69%	74%	65%	70%
NET: Uncomfortable		32	6	12	1	-	14	6	10	7	3	-	10	10	4	15	10	3	28
		11%	7%	16% f	4%	-	13%	6%	11%	9%	8%	-	9%	10%	16%	10%	10%	13%	10%
Base for stats		300	89	78	30	11	108	100	88	70	40	10	110	99	25	149	104	22	275
Mean Score		3.88	4.10 be	3.75	3.93	3.73	3.80	4.06 b	3.93	3.87	3.91	4.01	3.88	3.94	3.64	3.87	3.97	3.76	3.90
Standard Deviation		1.041	.899	1.099	.968	.848	1.062	.897	.999	.999	1.014	.957	1.000	.990	1.042	1.027	1.052	1.088	1.040
Standard Error		.059	.094	.124	.177	.256	.102	.089	.105	.119	.158	.303	.095	.099	.197	.083	.103	.227	.062
Error variance		*	.01	.02	.03	.07	.01	.01	.01	.01	.03	.09	.01	.01	.04	.01	.01	.05	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total		316	133	151	38	56	16	202	103	5	273	43	276	36	
Total		305	135	141	35	55	14	197	98	5	266	39	269	32	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable		(5.0)	94	44	43	12	16	5	62	29	3	83	11	86	7
			31%	33%	31%	34%	29%	33%	31%	30%	59%	31%	29%	32%	23%
Fairly comfortable		(4.0)	116	48	59	14	15	2	80	31	-	103	12	109	7
			38%	36%	42%	41%	28%	12%	41%	32%	-	39%	32%	40% b	22%
Neither comfortable nor uncomfortable		(3.0)	58	30	20	4	14	3	35	21	1	49	9	46	9
			19%	22%	14%	13%	26%	24%	18%	21%	26%	18%	22%	17%	28%
Fairly uncomfortable		(2.0)	23	9	9	4	7	3	10	12	1	20	3	16	7
			7%	7%	7%	11%	13% d	21%	5%	13% d	16%	7%	8%	6%	21% a
Very uncomfortable		(1.0)	9	3	6	-	2	2	5	4	-	8	2	9	1
			3%	2%	4%	-	4%	11%	3%	4%	-	3%	5%	3%	2%
Don't know			4	1	3	1	-	-	4	1	-	3	1	3	1
			1%	1%	2%	2%	-	-	2%	1%	-	1%	4%	1%	4%
NET: Comfortable			210	92	102	26	31	6	142	60	3	187	24	195	14
			69%	68%	73%	75%	57%	45%	72% b	61%	59%	70%	61%	72% b	45%
NET: Uncomfortable			32	13	15	4	10	5	16	16	1	27	5	25	7
			11%	9%	11%	11%	17% d	32%	8%	17% d	16%	10%	13%	9%	23% a
Base for stats		300	134	138	34	55	14	193	97	5	263	37	266	30	
Mean Score		3.88	3.89	3.90	3.99	3.64	3.35	3.95 b	3.71	4.02	3.89	3.76	3.93 b	3.44	
Standard Deviation		1.041	1.024	1.062	.974	1.166	1.454	.987	1.148	1.367	1.028	1.137	1.018	1.161	
Standard Error		.059	.089	.088	.160	.156	.364	.070	.114	.611	.063	.178	.062	.199	
Error variance		*	.01	.01	.03	.02	.13	*	.01	.37	*	.03	*	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total		316	10	21	52	71	51	49	20	42	195	111	53	113	99	44	104	92	80	33	
Total		305	9	18	49	68	49	49	22	41	184	112	50	106	97	44	98	87	79	34	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable		(5.0)	94	1	5	13	23	14	18	9	11	55	38	15	28	29	21	37	22	23	11
			31%	16%	25%	27%	33%	29%	36%	43%	26%	30%	34%	30%	26%	30%	47% b	38%	25%	30%	32%
Fairly comfortable		(4.0)	116	2	6	21	26	16	16	9	21	69	46	22	34	42	16	37	35	31	13
			38%	19%	32%	42%	38%	32%	32%	40%	52%	37%	41%	45%	32%	43%	36%	37%	40%	39%	39%
Neither comfortable nor uncomfortable		(3.0)	58	3	3	11	15	13	8	1	4	42	13	7	27	14	7	14	18	16	6
			19%	32%	18%	22%	22%	26% j	17%	4%	10%	23% j	12%	15%	26% c	14%	16%	14%	20%	21%	19%
Fairly uncomfortable		(2.0)	23	1	4	1	2	4	6	2	3	11	11	4	12	6	1	9	8	4	2
			7%	15%	20%	2%	3%	9%	12% c	8%	9%	6%	10%	8%	11%	6%	2%	9%	9%	5%	5%
Very uncomfortable		(1.0)	9	1	1	2	2	2	2	1	-	6	3	1	2	6	-	1	2	4	2
			3%	10%	4%	3%	3%	4%	3%	5%	-	3%	2%	2%	2%	6%	-	1%	3%	5%	4%
Don't know			4	1	-	2	1	-	-	-	1	2	1	-	3	1	-	1	2	1	-
			1%	8%	-	3%	1%	-	-	-	4%	1%	1%	-	3%	1%	-	1%	3%	1%	-
NET: Comfortable			210	3	11	34	49	30	34	18	32	124	83	38	62	71	37	74	57	54	24
			69%	35%	58%	70%	72%	62%	68%	83%	78%	67%	75%	75% b	59%	73% b	83% b	75%	65%	69%	72%
NET: Uncomfortable			32	2	4	2	4	6	7	3	3	17	14	5	14	12	1	10	10	8	3
			11%	25%	24%	5%	5%	13%	15%	13%	9%	9%	12%	11%	13% d	13% d	2%	10%	12%	10%	10%
Base for stats			300	8	18	48	67	49	49	22	39	182	110	50	103	97	44	98	85	78	34
Mean Score			3.88	3.17	3.55	3.92	3.98	3.75	3.87	4.08	3.99	3.86	3.95	3.92	3.71	3.84	4.27 bc	4.03	3.78	3.84	3.90
Standard Deviation			1.041	1.303	1.220	.947	.960	1.092	1.130	1.146	.866	1.022	1.041	.996	1.056	1.117	.794	.984	1.031	1.066	1.066
Standard Error			.059	.434	.266	.134	.115	.153	.161	.256	.137	.074	.100	.137	.101	.113	.120	.097	.109	.120	.186
Error variance			*	.19	.07	.02	.01	.02	.03	.07	.02	.01	.01	.02	.01	.01	.01	.01	.01	.01	.03



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?**

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		316	189	88	37
Total		305	184	85	33
		100%	100%	100%	100%
Very comfortable	(5.0)	94	61	24	9
		31%	33%	28%	26%
Fairly comfortable	(4.0)	116	65	40	11
		38%	35%	47%	33%
Neither comfortable nor uncomfortable	(3.0)	58	34	15	8
		19%	18%	18%	24%
Fairly uncomfortable	(2.0)	23	16	3	4
		7%	9%	4%	11%
Very uncomfortable	(1.0)	9	7	1	2
		3%	4%	1%	5%
Don't know		4	2	1	1
		1%	1%	2%	2%
NET: Comfortable		210	126	64	19
		69%	68%	75%	58%
NET: Uncomfortable		32	23	4	5
		11%	12%	5%	16%
			b		b
Base for stats		300	182	84	33
Mean Score		3.88	3.86	4.00	3.64
Standard Deviation		1.041	1.096	.852	1.147
Standard Error		.059	.080	.092	.191
Error variance		*	.01	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		206	93	112	125	59	22	19	31	20	16	14	17	59	19	11	
Total		198	89	108	115	59	24	16	32	19	14	13	17	58	20	10	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	62	26	36	37	18	7	4	10	6	2	2	5	26	7	1	
		31%	29%	33%	33%	31%	27%	26%	30%	33%	12%	13%	29%	45%	38%	7%	
Fairly comfortable	(4.0)	67	26	40	36	18	13	7	9	9	6	5	2	17	8	5	
		34%	30%	37%	32%	30%	52%	44%	28%	46%	42%	37%	13%	29%	39%	51%	
Neither comfortable nor uncomfortable	(3.0)	41	24	17	20	18	3	3	10	3	4	2	5	10	2	3	
		21%	27%	16%	17%	31%	14%	21%	30%	16%	30%	13%	32%	17%	9%	24%	
Fairly uncomfortable	(2.0)	20	11	9	14	4	2	1	2	-	2	3	3	5	3	2	
		10%	13%	8%	12%	7%	7%	5%	6%	-	16%	22%	18%	8%	15%	18%	
Very uncomfortable	(1.0)	7	-	6	6	1	-	1	1	1	-	2	1	1	-	-	
		4%	-	6%	5%	2%	-	5%	4%	5%	-	17%	8%	1%	-	-	
Don't know	*	1	1	-	1	-	-	-	1	-	-	-	-	-	-	-	
		*	1%	-	1%	-	-	-	2%	-	-	-	-	-	-	-	
NET: Comfortable		129	53	76	74	36	19	11	19	15	8	6	7	43	15	6	
		65%	59%	71%	64%	61%	79%	70%	58%	79%	54%	49%	42%	74%	77%	58%	
NET: Uncomfortable		27	11	15	20	5	2	1	3	1	2	5	4	5	3	2	
		14%	13%	14%	18%	8%	7%	9%	10%	5%	16%	38%	26%	9%	15%	18%	
Base for stats		197	88	108	114	59	24	16	31	19	14	13	17	58	20	10	
Mean Score		3.80	3.76	3.85	3.74	3.81	4.00	3.82	3.76	4.01	3.51	3.07	3.37	4.08	4.00	3.47	
Standard Deviation		1.102	1.021	1.141	1.197	1.008	.846	1.058	1.098	1.011	.930	1.376	1.316	1.025	1.050	.909	
Standard Error		.077	.106	.108	.107	.131	.180	.243	.200	.226	.233	.368	.319	.133	.241	.274	
Error variance		.01	.01	.01	.01	.02	.03	.06	.04	.05	.05	.14	.10	.02	.06	.08	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		206	28	44	59	29	22	24	131	75	148	8	27	15	2	4	56	
Total		198	31	47	57	24	19	21	135	63	144	7	25	15	1	3	52	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	62	14	13	15	7	7	6	43	19	42	4	8	7	-	1	20	
		31%	45%	28%	27%	28%	36%	29%	32%	31%	29%	48%	33%	45%	-	37%	38%	
Fairly comfortable	(4.0)	67	9	16	20	8	5	9	44	22	52	2	6	2	1	2	13	
		34%	28%	34%	35%	33%	28%	45%	33%	35%	36%	31%	25%	12%	52%	63%	25%	
Neither comfortable nor uncomfortable	(3.0)	41	4	10	15	3	5	5	29	12	29	1	7	4	1	-	12	
		21%	12%	22%	26%	12%	27%	23%	21%	20%	20%	10%	27%	26%	48%	-	23%	
Fairly uncomfortable	(2.0)	20	3	6	4	5	1	-	13	6	14	1	3	2	-	-	6	
		10%	10%	14%	7%	23%	5%	-	10%	10%	10%	10%	12%	13%	-	-	11%	
Very uncomfortable	(1.0)	7	1	1	3	1	1	-	5	2	6	-	1	1	-	-	1	
		4%	4%	2%	5%	4%	4%	-	4%	3%	4%	-	3%	4%	-	-	3%	
Don't know		1	-	-	-	-	-	1	-	1	1	-	-	-	-	-	-	
		*	-	-	-	-	-	3%	-	1%	*	-	-	-	-	-	-	
NET: Comfortable		129	23	29	35	15	12	15	87	42	94	6	15	9	1	3	33	
		65%	73%	62%	62%	61%	64%	74%	65%	66%	65%	80%	59%	57%	52%	100%	64%	
NET: Uncomfortable		27	5	7	7	6	2	-	19	8	20	1	4	3	-	-	7	
		14%	15%	16%	12%	27%	9%	-	14%	13%	14%	10%	15%	17%	-	-	13%	
Base for stats		197	31	47	57	24	19	20	135	62	143	7	25	15	1	3	52	
Mean Score		3.80	4.00	3.72	3.72	3.58	3.88	4.06	3.78	3.82	3.77	4.17	3.75	3.80	3.52	4.37	3.86	
Standard Deviation		1.102	1.188	1.091	1.108	1.259	1.104	.745	1.119	1.074	1.100	1.057	1.150	1.299	.879	.574	1.134	
Standard Error		.077	.225	.165	.144	.234	.235	.155	.098	.125	.091	.374	.221	.335	.622	.287	.152	
Error variance		.01	.05	.03	.02	.05	.06	.02	.01	.02	.01	.14	.05	.11	.39	.08	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
206	93	53	41	94	7	17	98	26	8	12	6	10	13	9	24	
198	76	60	47	107	7	15	98	26	7	10	5	8	11	9	22	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
62	21	17	18	35	3	7	29	7	3	2	1	2	4	4	10	
31%	28%	28%	39%	33%	43%	44%	29%	27%	37%	21%	17%	29%	41%	45%	44%	
67	28	23	9	32	3	3	34	8	2	5	3	2	3	4	6	
34%	38%	37%	20%	30%	41%	20%	34%	30%	25%	47%	53%	28%	30%	47%	26%	
	c															
41	17	14	9	23	-	5	20	7	-	1	2	2	3	1	5	
21%	22%	23%	19%	22%	-	36%	21%	28%	-	11%	30%	19%	28%	8%	25%	
20	7	5	7	11	1	-	12	3	1	1	-	2	-	-	1	
10%	9%	8%	14%	11%	15%	-	12%	13%	10%	7%	-	23%	-	-	5%	
7	1	2	4	6	-	-	4	1	2	1	-	-	-	-	-	
4%	2%	3%	8%	5%	-	-	4%	3%	28%	7%	-	-	-	-	-	
1	1	-	-	-	-	-	-	-	-	1	-	-	-	-	-	
*	1%	-	-	-	-	-	-	-	-	7%	-	-	-	-	-	
129	50	40	27	67	6	10	62	15	4	7	4	5	8	9	16	
65%	66%	66%	59%	63%	85%	64%	63%	57%	62%	68%	70%	57%	72%	92%	70%	
27	8	7	10	17	1	-	16	4	3	1	-	2	-	-	1	
14%	11%	11%	22%	16%	15%	-	16%	15%	38%	14%	-	23%	-	-	5%	
197	75	60	47	107	7	15	98	26	7	10	5	8	11	9	22	
3.80	3.82	3.80	3.67	3.74	4.12	4.08	3.72	3.65	3.32	3.73	3.86	3.63	4.13	4.37	4.10	
1.102	1.016	1.053	1.334	1.179	1.101	.923	1.123	1.103	1.817	1.188	.741	1.211	.865	.658	.956	
.077	.106	.145	.208	.122	.416	.224	.113	.216	.642	.358	.303	.383	.240	.219	.195	
.01	.01	.02	.04	.01	.17	.05	.01	.05	.41	.13	.09	.15	.06	.05	.04	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		206	68	50	28	7	78	75	62	43	42	10	85	72	24	95	74	13	182
Total		198	68	50	26	7	76	74	62	43	40	9	83	71	21	92	73	13	177
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	62	24	10	8	3	18	27	20	13	11	3	23	23	6	29	22	6	56
		31%	35%	20%	29%	44%	23%	36%	32%	29%	27%	37%	28%	32%	31%	31%	30%	46%	31%
Fairly comfortable	(4.0)	67	25	17	5	3	22	28	22	17	9	2	27	24	7	36	21	3	60
		34%	37%	34%	18%	46%	28%	38%	35%	40%	23%	21%	32%	33%	33%	39%	29%	26%	34%
Neither comfortable nor uncomfortable	(3.0)	41	10	13	9	-	22	10	11	9	10	3	19	14	7	17	15	2	35
		21%	15%	26%	36%	-	29% af	14%	18%	22%	25%	35%	23%	20%	33%	19%	20%	20%	20%
Fairly uncomfortable	(2.0)	20	5	9	3	1	11	5	6	4	7	1	10	7	1	7	11	1	19
		10%	7%	17%	11%	10%	15%	7%	9%	9%	17%	8%	12%	9%	3%	8%	15%	9%	11%
Very uncomfortable	(1.0)	7	4	1	1	-	2	4	4	-	2	-	2	4	-	3	4	-	7
		4%	5%	3%	4%	-	3%	5%	6%	-	6%	-	3%	5%	-	3%	6%	-	4%
Don't know		1	-	-	1	-	1	-	-	-	1	-	1	-	-	-	1	-	1
		*	-	-	3%	-	1%	-	-	-	2%	-	1%	-	-	-	1%	-	*
NET: Comfortable		129	49	27	12	6	39	55	41	30	20	5	50	47	13	64	42	9	116
		65%	72% be	54%	47%	90%	51%	74% be	67%	70%	50%	58%	60%	66%	64%	70%	58%	71%	65%
NET: Uncomfortable		27	8	10	4	1	14	9	10	4	9	1	13	10	1	10	15	1	26
		14%	12%	20%	15%	10%	18%	12%	15%	9%	23%	8%	15%	14%	3%	11%	20%	9%	15%
Base for stats		197	68	50	25	7	75	74	62	43	39	9	82	71	21	92	72	13	177
Mean Score		3.80	3.90	3.50	3.59	4.23	3.53	3.93 be	3.77	3.91	3.49	3.87	3.71	3.78	3.91	3.86	3.63	4.08	3.78
Standard Deviation		1.102	1.132	1.090	1.163	.972	1.108	1.117	1.173	.931	1.242	1.062	1.104	1.152	.895	1.053	1.218	1.041	1.125
Standard Error		.077	.137	.154	.224	.367	.126	.129	.149	.142	.194	.336	.120	.136	.183	.108	.143	.289	.084
Error variance		.01	.02	.02	.05	.13	.02	.02	.02	.02	.04	.11	.01	.02	.03	.01	.02	.08	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		206	87	87	42	37	12	120	78	12	166	40	171	30
Total		198	85	85	39	34	12	118	73	11	163	35	167	27
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	62	30	24	8	8	1	45	16	2	53	9	58	3
		31%	36%	29%	20%	25%	11%	38% ae	22%	17%	32%	27%	35% b	10%
Fairly comfortable	(4.0)	67	27	32	17	12	5	36	29	4	54	13	57	9
		34%	31%	38%	44%	35%	44%	30%	40%	38%	33%	36%	34%	32%
Neither comfortable nor uncomfortable	(3.0)	41	16	15	8	9	3	21	17	3	33	9	30	11
		21%	18%	18%	21%	26%	29%	17%	23%	30%	20%	25%	18%	40% a
Fairly uncomfortable	(2.0)	20	8	12	3	4	2	12	8	1	17	3	15	4
		10%	9%	14%	7%	12%	17%	10%	11%	7%	11%	8%	9%	14%
Very uncomfortable	(1.0)	7	5	2	3	1	-	4	3	1	5	2	7	-
		4%	6%	2%	8%	3%	-	3%	4%	9%	3%	5%	4%	-
Don't know		1	-	-	-	-	-	1	-	-	1	-	-	1
		*	-	-	-	-	-	1%	-	-	*	-	-	3% a
NET: Comfortable		129	57	56	26	20	6	81	45	6	107	22	115	11
		65%	67%	66%	65%	60%	55%	68%	62%	54%	66%	63%	69% b	43%
NET: Uncomfortable		27	13	14	6	5	2	16	11	2	23	4	22	4
		14%	15%	16%	15%	15%	17%	14%	15%	16%	14%	12%	13%	14%
Base for stats		197	85	85	39	34	12	117	73	11	162	35	167	26
Mean Score		3.80	3.82	3.76	3.63	3.67	3.49	3.90	3.65	3.47	3.81	3.73	3.86	3.40
Standard Deviation		1.102	1.187	1.091	1.130	1.077	.932	1.130	1.069	1.167	1.105	1.102	1.123	.882
Standard Error		.077	.127	.117	.174	.177	.269	.104	.121	.337	.086	.174	.086	.164
Error variance		.01	.02	.01	.03	.03	.07	.01	.01	.11	.01	.03	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	*d	a	b	c	d	
Unweighted Total		206	6	19	36	49	34	30	15	17	138	62	44	66	68	25	60	61	53	30	
Total		198	5	18	36	45	33	28	16	17	133	61	40	63	68	25	59	55	53	29	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable		(5.0)	62	2	3	11	15	9	8	6	9	37	23	10	16	25	11	21	17	17	7
			31%	37%	15%	29%	32%	27%	29%	41%	52%	28%	39%	25%	25%	37%	43%	35%	30%	32%	24%
Fairly comfortable		(4.0)	67	2	7	9	17	13	11	5	4	45	20	14	20	23	9	16	17	16	16
			34%	32%	39%	24%	36%	39%	40%	34%	21%	34%	33%	35%	31%	34%	38%	28%	32%	31%	56% abc
Neither comfortable nor uncomfortable		(3.0)	41	1	3	13	5	7	5	2	4	28	12	8	18	15	1	14	12	11	4
			21%	31%	18%	36% d	11%	22%	19%	13%	26%	21%	19%	20%	28%	22%	4%	23%	22%	21%	12%
Fairly uncomfortable		(2.0)	20	-	3	3	9	4	1	1	-	18	2	7	6	5	2	6	7	4	2
			10%	-	15%	7%	19% fj	12%	2%	7%	-	14% j	3%	18%	10%	7%	7%	11%	12%	9%	8%
Very uncomfortable		(1.0)	7	-	2	1	1	-	2	1	-	4	3	1	4	-	1	2	2	3	-
			4%	-	13%	4%	1%	-	6%	6%	-	3%	5%	3%	6% c	-	5%	3%	4%	6%	-
Don't know		1	-	-	-	-	-	1	-	-	-	-	1	-	-	-	1	-	-	1	-
		*	-	-	-	-	-	3%	-	-	-	1%	-	-	-	-	3%	-	-	1%	-
NET: Comfortable		129	3	10	19	31	22	20	12	12	82	44	24	35	48	20	37	34	33	23	
		65%	69%	54%	54%	69%	65%	70%	74%	74%	62%	72%	60%	56%	71%	81%	63%	62%	63%	80%	
NET: Uncomfortable		27	-	5	4	9	4	3	2	-	22	5	8	10	5	3	8	9	7	2	
		14%	-	28%	11%	21% j	12%	9%	13%	-	17%	8%	21% c	16%	7%	12%	14%	16%	14%	8%	
Base for stats		197	5	18	36	45	33	27	16	17	133	60	40	63	68	24	59	55	52	29	
Mean Score		3.80	4.05	3.28	3.69	3.78	3.80	3.86	3.96	4.26	3.69	4.00	3.61	3.58	4.01 ab	4.10	3.81	3.72	3.76	3.95	
Standard Deviation		1.102	.926	1.297	1.092	1.146	.985	1.104	1.206	.874	1.115	1.070	1.134	1.151	.946	1.144	1.132	1.148	1.170	.838	
Standard Error		.077	.378	.298	.182	.164	.169	.205	.311	.212	.095	.137	.171	.142	.115	.234	.146	.147	.162	.153	
Error variance		.01	.14	.09	.03	.03	.03	.04	.10	.04	.01	.02	.03	.02	.01	.05	.02	.02	.03	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		206	104	75	23
Total		198	100	72	23
		100%	100%	100%	100%
Very comfortable	(5.0)	62	41	12	7
		31%	41%	17%	33%
			b		
Fairly comfortable	(4.0)	67	33	28	5
		34%	33%	39%	23%
Neither comfortable nor uncomfortable	(3.0)	41	18	19	3
		21%	18%	27%	15%
Fairly uncomfortable	(2.0)	20	5	10	4
		10%	5%	15%	18%
			a		
Very uncomfortable	(1.0)	7	3	2	2
		4%	3%	3%	8%
Don't know		1	-	-	1
		*	-	-	3%
NET: Comfortable		129	74	40	13
		65%	74%	56%	56%
			b		
NET: Uncomfortable		27	9	12	6
		14%	9%	17%	26%
Base for stats		197	100	72	22
Mean Score		3.80	4.03	3.52	3.58
			b		
Standard Deviation		1.102	1.054	1.026	1.367
Standard Error		.077	.103	.118	.291
Error variance		.01	.01	.01	.08



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		130	71	59	85	39	6	3	14	10	16	8	8	42	13	16	
Total		126	70	55	80	38	8	2	15	9	16	6	8	40	14	16	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable		(5.0)	25	12	13	18	7	-	1	5	2	1	1	-	9	4	2
		20%	17%	24%	23%	19%	-	37%	36%	19%	8%	12%	-	23%	26%	14%	
Fairly comfortable		(4.0)	45	27	18	27	13	5	1	5	3	5	2	5	15	4	6
		36%	38%	33%	33%	36%	62%	28%	33%	38%	33%	27%	64%	36%	30%	35%	
Neither comfortable nor uncomfortable		(3.0)	26	17	9	12	10	3	-	3	1	2	1	8	5	5	
		21%	23%	17%	16%	28%	38%	-	19%	8%	14%	23%	10%	19%	38%	31%	
Fairly uncomfortable		(2.0)	18	9	8	12	6	-	1	2	1	5	2	2	4	1	-
		14%	13%	15%	15%	15%	-	35%	12%	9%	33%	38%	26%	10%	6%	-	
Very uncomfortable		(1.0)	11	5	5	9	1	-	-	-	2	1	-	-	4	-	3
		8%	7%	10%	12%	3%	-	-	-	-	27%	7%	-	-	10%	-	20%
Don't know		2	1	1	2	-	-	-	-	-	1	-	-	1	-	-	-
		1%	1%	1%	2%	-	-	-	-	-	5%	-	-	2%	-	-	-
NET: Comfortable		70	39	31	45	20	5	2	10	5	6	3	5	24	8	8	
		56%	55%	57%	56%	54%	62%	65%	69%	57%	41%	39%	64%	60%	56%	49%	
NET: Uncomfortable		28	14	14	21	7	-	1	2	3	6	2	2	8	1	3	
		22%	20%	25%	27%	18%	-	35%	12%	36%	40%	38%	26%	19%	6%	20%	
Base for stats		124	70	55	79	38	8	2	15	9	15	6	8	39	14	16	
Mean Score		3.46	3.44	3.47	3.41	3.52	3.62	3.67	3.94	3.13	3.02	3.14	3.38	3.55	3.76	3.24	
Standard Deviation		1.207	1.147	1.290	1.320	1.068	.519	1.689	1.041	1.600	1.195	1.150	.932	1.245	.933	1.328	
Standard Error		.107	.137	.169	.145	.171	.212	.975	.278	.506	.309	.406	.329	.194	.259	.332	
Error variance		.01	.02	.03	.02	.03	.04	.95	.08	.26	.10	.17	.11	.04	.07	.11	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		130	31	32	29	12	13	13	92	38	87	8	22	6	2	-	38
Total		126	34	32	28	10	10	12	94	32	85	8	22	5	2	-	37
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Very comfortable	(5.0)	25	10	6	9	-	-	1	24	1	18	1	5	1	-	-	7
		20%	28% h	20% h	31%	-	-	6%	26% h	2%	21%	15%	23%	13%	-	-	19%
Fairly comfortable	(4.0)	45	11	10	7	5	6	6	27	18	35	1	6	2	1	-	9
		36%	32%	30%	25%	51%	60%	54%	29%	55% bg	41%	9%	26%	32%	52%	-	24%
Neither comfortable nor uncomfortable	(3.0)	26	4	10	5	2	2	3	19	7	16	5	3	-	1	-	9
		21%	11%	32%	18%	22%	17%	26%	20%	22%	19%	62%	15%	-	48%	-	25%
Fairly uncomfortable	(2.0)	18	4	2	5	2	2	2	11	6	8	1	6	1	-	-	8
		14%	13%	5%	19%	20%	23%	14%	12%	19%	10%	13%	27%	16%	-	-	21%
Very uncomfortable	(1.0)	11	5	4	1	-	-	-	11	-	7	-	2	1	-	-	3
		8%	16% h	13% h	4%	-	-	-	11% h	-	9%	-	9%	25%	-	-	9%
Don't know		2	-	-	1	1	-	-	1	1	1	-	-	1	-	-	1
		1%	-	-	3%	7%	-	-	1%	2%	1%	-	-	15%	-	-	2%
NET: Comfortable		70	20	16	15	5	6	7	52	18	53	2	11	2	1	-	16
		56%	60%	50%	56%	51%	60%	60%	55%	57%	62%	25%	50%	45%	52%	-	44%
NET: Uncomfortable		28	10	6	7	2	2	2	22	6	16	1	8	2	-	-	11
		22%	29%	18%	24%	20%	23%	14%	24%	19%	18%	13%	35%	40%	-	-	30%
Base for stats		124	34	32	27	9	10	12	93	31	84	8	22	4	2	-	36
Mean Score		3.46	3.44	3.39	3.61	3.34	3.37	3.52	3.47	3.41	3.57	3.27	3.29	2.92	3.52	-	3.25
Standard Deviation		1.207	1.440	1.247	1.263	.854	.878	.844	1.313	.833	1.187	.929	1.349	1.733	.848	-	1.258
Standard Error		.107	.259	.220	.239	.257	.243	.234	.138	.137	.128	.329	.288	.775	.600	-	.207
Error variance		.01	.07	.05	.06	.07	.06	.05	.02	.02	.02	.11	.08	.60	.36	-	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status											
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total		130	56	30	28	58	4	8	62	21	7	1	7	13	3	4	12
Total		126	46	35	32	67	4	7	66	19	6	1	6	10	2	5	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	25	5	9	12	20	1	1	17	3	1	-	-	1	1	1	2
		20%	10%	24%	37%	30% a	32%	12%	25%	16%	16%	-	-	8%	38%	15%	20%
Fairly comfortable	(4.0)	45	22	11	6	17	1	4	20	6	2	1	3	5	1	3	4
		36%	47% d	30%	20%	26%	20%	53%	31%	32%	27%	100%	42%	53%	62%	58%	41%
Neither comfortable nor uncomfortable	(3.0)	26	9	6	8	14	1	2	15	3	1	-	2	2	-	1	3
		21%	20%	16%	25%	20%	21%	34%	23%	13%	15%	-	24%	16%	-	28%	29%
Fairly uncomfortable	(2.0)	18	7	8	-	8	1	-	9	4	1	-	1	2	-	-	1
		14%	15%	23%	-	12%	28%	-	14%	22%	13%	-	13%	16%	-	-	10%
Very uncomfortable	(1.0)	11	3	2	6	8	-	-	5	3	1	-	1	-	-	-	-
		8%	5%	7%	18%	12%	-	-	8%	17%	17%	-	21%	-	-	-	-
Don't know		2	1	-	-	-	-	-	-	-	1	-	-	1	-	-	-
		1%	2%	-	-	-	-	-	-	-	12%	-	-	8%	-	-	-
NET: Comfortable		70	27	19	18	38	2	4	37	9	3	1	3	6	2	3	6
		56%	58%	54%	57%	56%	51%	66%	56%	48%	43%	100%	42%	61%	100%	72%	60%
NET: Uncomfortable		28	10	11	6	16	1	-	14	8	2	-	2	2	-	-	1
		22%	21%	30%	18%	24%	28%	-	21%	39%	30%	-	33%	16%	-	-	10%
Base for stats		124	46	35	32	67	4	7	66	19	6	1	6	9	2	5	10
Mean Score		3.46	3.42	3.42	3.59	3.50	3.55	3.78	3.53	3.08	3.14	4.00	2.89	3.57	4.38	3.87	3.69
Standard Deviation		1.207	1.058	1.283	1.452	1.357	1.388	.702	1.227	1.391	1.529	-	1.273	.919	.638	.719	.946
Standard Error		.107	.143	.234	.274	.178	.694	.248	.156	.304	.624	-	.481	.265	.369	.360	.273
Error variance		.01	.02	.05	.08	.03	.48	.06	.02	.09	.39	-	.23	.07	.14	.13	.07

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		130	37	30	20	9	50	46	35	38	16	7	54	42	12	66	42	10	118
Total		126	37	32	19	8	51	45	35	38	15	8	53	43	11	63	42	10	115
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	25 20%	15 40% be	4 14%	1 5%	1 16%	5 11%	16 36% be	12 35% be	3 9%	5 30%	1 17%	8 15%	14 32% b	1 13%	9 14%	14 34% b	1 9%	24 21%
Fairly comfortable	(4.0)	45 36%	9 25%	13 40%	7 37%	2 29%	20 39%	12 26%	13 36%	13 35%	2 12%	2 32%	15 29%	15 35%	6 53%	24 38%	12 30%	3 32%	39 34%
Neither comfortable nor uncomfortable	(3.0)	26 21%	6 16%	9 29%	5 29%	- -	15 29%	6 13%	5 16%	9 24%	2 16%	4 51%	11 21%	9 22%	2 18%	15 24%	7 17%	2 18%	24 21%
Fairly uncomfortable	(2.0)	18 14%	3 9%	3 10%	4 23%	2 30%	8 15%	6 13%	2 6%	7 18%	5 34%	- -	12 23% af	2 5%	1 7%	12 18%	3 8%	2 18%	17 15%
Very uncomfortable	(1.0)	11 8%	4 10%	2 7%	1 6%	2 26%	3 7%	6 13%	3 8%	5 14%	1 8%	- -	7 12%	3 6%	1 8%	4 6%	3 8%	2 23%	10 8%
Don't know		2 1%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	2 4%	- -	2 1%
NET: Comfortable		70 56%	24 65%	18 54%	8 43%	4 45%	25 50%	28 61%	25 71% be	17 44%	6 42%	4 49%	23 44%	29 67% be	7 67%	32 51%	26 63%	4 41%	63 55%
NET: Uncomfortable		28 22%	7 19%	6 17%	5 29%	5 55%	11 21%	12 26%	5 14%	12 32% f	6 42%	- -	19 35% af	5 11%	2 15%	16 25%	7 17%	4 41%	26 23%
Base for stats		124	37	32	19	8	51	45	35	38	15	8	53	43	11	63	40	10	113
Mean Score		3.46	3.75	3.44	3.13	2.80	3.33	3.58	3.84 be	3.07	3.22	3.66	3.11	3.81 be	3.57	3.34	3.75	2.86	3.44
Standard Deviation		1.207	1.356	1.083	1.042	1.583	1.068	1.429	1.204	1.223	1.436	.807	1.276	1.138	1.115	1.125	1.271	1.403	1.220
Standard Error		.107	.223	.198	.233	.528	.151	.211	.204	.198	.359	.305	.174	.176	.322	.138	.201	.444	.113
Error variance		.01	.05	.04	.05	.28	.02	.04	.04	.04	.13	.09	.03	.03	.10	.02	.04	.20	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		130	50	62	21	16	9	76	44	2	109	21	108	17	
Total		126	51	58	21	16	9	73	44	3	106	20	106	15	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	25	14	10	2	4	1	18	7	1	22	4	22	2	
		20%	27%	17%	12%	26%	13%	25%	15%	41%	20%	18%	20%	16%	
Fairly comfortable	(4.0)	45	14	23	10	5	2	25	17	-	41	5	39	4	
		36%	27%	40%	45%	29%	23%	34%	38%	-	38%	23%	37%	30%	
Neither comfortable nor uncomfortable	(3.0)	26	12	12	2	4	2	18	6	2	20	5	24	2	
		21%	23%	21%	11%	24%	18%	24%	14%	59%	19%	28%	23%	11%	
Fairly uncomfortable	(2.0)	18	8	7	4	2	2	8	8	-	13	4	13	3	
		14%	15%	12%	17%	15%	19%	11%	18%	-	13%	21%	13%	22%	
Very uncomfortable	(1.0)	11	4	5	3	1	3	4	7	-	8	2	8	2	
		8%	9%	9%	15%	6%	27%	5%	15%	-	8%	11%	8%	17%	
Don't know		2	-	1	-	-	-	1	-	-	2	-	-	1	
		1%	-	1%	-	-	-	1%	-	-	1%	-	-	5%	
NET: Comfortable		70	27	33	12	9	3	43	23	1	62	8	61	7	
		56%	53%	57%	57%	56%	36%	59%	53%	41%	59%	41%	57%	46%	
NET: Uncomfortable		28	12	13	7	3	4	12	15	-	22	6	22	6	
		22%	23%	21%	32%	21%	46%	16%	33%	-	21%	32%	20%	38%	
									d						
Base for stats		124	51	58	21	16	9	72	44	3	104	20	106	14	
Mean Score		3.46	3.48	3.44	3.21	3.55	2.77	3.63	3.20	3.81	3.51	3.15	3.49	3.08	
Standard Deviation		1.207	1.276	1.190	1.316	1.224	1.486	1.137	1.333	1.209	1.189	1.285	1.173	1.438	
Standard Error		.107	.180	.152	.287	.306	.495	.131	.201	.855	.115	.280	.113	.360	
Error variance		.01	.03	.02	.08	.09	.25	.02	.04	.73	.01	.08	.01	.13	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d	
Unweighted Total		130	1	8	24	27	24	27	7	12	83	46	31	40	40	17	43	37	31	18	
Total		126	1	8	23	25	24	27	8	11	80	46	30	36	40	18	42	33	31	18	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable		(5.0)	25	-	1	3	5	3	5	3	5	12	13	4	3	11	7	10	3	6	5
		20%	-	-	16%	13%	20%	13%	18%	36%	45%	16%	28%	13%	9%	28% b	38%	24%	10%	20%	29%
Fairly comfortable		(4.0)	45	1	2	9	11	4	12	3	4	26	19	9	16	12	7	15	12	12	6
		36%	100%	28%	39%	43%	18%	44%	32%	40%	33%	41%	30%	45%	29%	41%	35%	36%	38%	31%	
Neither comfortable nor uncomfortable		(3.0)	26	-	2	7	4	7	4	1	1	20	6	8	6	10	2	9	7	4	5
		21%	-	20%	32%	15%	30%	15%	16%	7%	25%	13%	28%	16%	24%	9%	22%	20%	14%	31%	
Fairly uncomfortable		(2.0)	18	-	3	4	3	4	3	-	1	13	4	6	7	3	1	2	9	5	1
		14%	-	36%	16%	12%	16%	13%	-	8%	17%	9%	21%	19%	8%	6%	5%	27% a	17%	4%	
Very uncomfortable		(1.0)	11	-	-	-	1	6	3	1	-	7	4	3	4	3	1	4	2	3	1
		8%	-	-	-	4%	24%	10%	15%	-	8%	9%	9%	11%	8%	6%	10%	7%	10%	5%	
Don't know		2	-	-	-	2	-	-	-	-	2	-	-	-	2	-	2	-	-	-	
		1%	-	-	-	6%	-	-	-	-	2%	-	-	-	4%	-	4%	-	-	-	
NET: Comfortable		70	1	3	12	16	7	16	5	9	38	31	13	20	23	14	25	15	18	11	
		56%	100%	44%	52%	62%	31%	62%	68%	85%	48%	69% i	43%	54%	57%	79%	59%	46%	59%	60%	
NET: Uncomfortable		28	-	3	4	4	9	6	1	1	20	8	9	11	6	2	6	11	9	2	
		22%	-	36%	16%	16%	39%	23%	15%	8%	25%	18%	29%	30%	16%	12%	15%	34%	27%	9%	
Base for stats		124	1	8	23	24	24	27	8	11	78	46	30	36	39	18	41	33	31	18	
Mean Score		3.46	4.00	3.25	3.49	3.66	2.81	3.46	3.74	4.23	3.31	3.70	3.18	3.22	3.64	3.99	3.60	3.15	3.42	3.74	
Standard Deviation		1.207	-	1.190	.934	1.103	1.355	1.248	1.443	.923	1.182	1.231	1.170	1.193	1.222	1.154	1.227	1.153	1.283	1.105	
Standard Error		.107	-	.421	.191	.221	.277	.240	.545	.266	.131	.181	.210	.189	.198	.280	.192	.190	.230	.261	
Error variance		.01	-	.18	.04	.05	.08	.06	.30	.07	.02	.03	.04	.04	.04	.08	.04	.04	.05	.07	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		130	60	41	28
Total		126	61	37	28
		100%	100%	100%	100%
Very comfortable	(5.0)	25	21	1	3
		20%	35%	2%	10%
			b		
Fairly comfortable	(4.0)	45	17	19	8
		36%	29%	53%	27%
			a		
Neither comfortable nor uncomfortable	(3.0)	26	12	6	8
		21%	19%	17%	28%
Fairly uncomfortable	(2.0)	18	4	8	6
		14%	6%	22%	20%
			a		
Very uncomfortable	(1.0)	11	6	1	4
		8%	10%	3%	13%
Don't know		2	1	1	-
		1%	1%	2%	-
NET: Comfortable		70	39	20	11
		56%	64%	56%	38%
NET: Uncomfortable		28	10	9	9
		22%	16%	25%	34%
Base for stats		124	60	36	28
Mean Score		3.46	3.75	3.31	3.01
Standard Deviation		1.207	1.279	.957	1.216
Standard Error		.107	.167	.151	.230
Error variance		.01	.03	.02	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		171	91	80	111	51	9	15	22	17	18	9	13	52	14	11	
Total		164	87	77	102	52	10	12	23	16	17	7	13	51	16	10	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	52	27	24	25	22	5	3	8	7	1	1	2	20	6	3	
		31%	31%	32%	24%	42% a	50%	26%	35%	45%	5%	21%	13%	39%	39%	34%	
Fairly comfortable	(4.0)	68	33	35	46	19	4	4	9	5	10	3	4	21	6	6	
		41%	38%	45%	45%	36%	38%	32%	39%	31%	59%	48%	33%	42%	35%	59%	
Neither comfortable nor uncomfortable	(3.0)	29	18	11	21	8	-	1	3	2	5	1	6	6	4	-	
		18%	21%	14%	20%	16%	-	6%	14%	11%	31%	19%	47%	13%	25%	-	
Fairly uncomfortable	(2.0)	14	7	7	10	3	1	4	3	2	1	1	-	4	-	1	
		9%	9%	9%	9%	6%	13%	30%	12%	13%	4%	13%	-	7%	-	7%	
Very uncomfortable	(1.0)	2	2	-	2	-	-	1	-	-	-	-	1	-	-	-	
		1%	2%	-	1%	-	-	6%	-	-	-	-	6%	-	-	-	
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
NET: Comfortable		120	60	59	70	41	9	7	17	12	11	5	6	41	12	9	
		73%	69%	77%	69%	78%	87%	58%	74%	77%	65%	68%	46%	80%	75%	93%	
NET: Uncomfortable		16	9	7	11	3	1	4	3	2	1	1	1	4	-	1	
		10%	10%	9%	11%	6%	13%	36%	12%	13%	4%	13%	6%	7%	-	7%	
Base for stats		164	87	77	102	52	10	12	23	16	17	7	13	51	16	10	
Mean Score		3.94	3.88	4.00	3.81	4.13 a	4.24	3.42	3.97	4.09	3.66	3.76	3.47	4.12	4.14	4.20	
Standard Deviation		.960	1.007	.905	.962	.914	1.026	1.371	1.004	1.062	.662	.995	.979	.890	.819	.798	
Standard Error		.073	.106	.101	.091	.128	.342	.354	.214	.257	.156	.332	.271	.123	.219	.241	
Error variance		.01	.01	.01	.01	.02	.12	.13	.05	.07	.02	.11	.07	.02	.05	.06	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		171	32	38	43	28	14	16	113	58	120	10	28	6	2	4	50	
Total		164	34	39	43	24	12	14	115	49	115	10	27	6	2	4	49	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	52	16	10	16	5	-	5	42	10	39	2	6	3	-	1	13	
		31%	49% bh	25%	37%	22%	-	33%	36% h	20%	34%	25%	21%	56%	-	30%	26%	
Fairly comfortable	(4.0)	68	13	21	15	10	5	4	49	19	40	5	18	1	1	3	28	
		41%	39%	55%	34%	42%	43%	31%	42%	39%	35%	57%	65%	14%	49%	70%	57% a	
Neither comfortable nor uncomfortable	(3.0)	29	3	5	8	4	6	2	16	13	25	-	2	1	1	-	4	
		18%	9%	13%	19%	19%	50%	16%	14%	25%	22% g	-	8%	12%	51%	-	8%	
Fairly uncomfortable	(2.0)	14	1	3	3	4	1	3	7	8	10	1	1	1	-	-	4	
		9%	3%	7%	6%	17%	6%	20%	6%	15% g	9%	11%	5%	17%	-	-	7%	
Very uncomfortable	(1.0)	2	-	-	2	-	-	-	2	-	1	1	-	-	-	-	1	
		1%	-	-	4%	-	-	-	1%	-	1%	7%	-	-	-	-	1%	
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
NET: Comfortable		120	29	31	30	15	5	9	91	29	79	8	24	4	1	4	41	
		73%	88% h	80% h	71%	64%	43%	64%	79% h	59%	69%	82%	87%	70%	49%	100%	84% a	
NET: Uncomfortable		16	1	3	4	4	1	3	8	8	11	2	1	1	-	-	4	
		10%	3%	7%	10%	17%	6%	20%	7%	15%	9%	18%	5%	17%	-	-	9%	
Base for stats		164	34	39	43	24	12	14	115	49	115	10	27	6	2	4	49	
Mean Score		3.94	4.34 h	3.97	3.94	3.69	3.37	3.77	4.07 h	3.64	3.93	3.81	4.03	4.09	3.49	4.30	4.00	
Standard Deviation		.960	.777	.830	1.079	1.024	.627	1.156	.926	.979	.983	1.210	.724	1.280	.829	.529	.882	
Standard Error		.073	.137	.135	.165	.193	.168	.289	.087	.129	.090	.383	.137	.523	.586	.264	.125	
Error variance		.01	.02	.02	.03	.04	.03	.08	.01	.02	.01	.15	.02	.27	.34	.07	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
171	69	39	41	80	11	16	87	19	4	3	7	10	10	4	27	
164	56	44	46	91	9	15	88	19	4	2	6	8	9	5	24	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
52	14	16	19	35	2	6	28	8	1	-	1	-	3	2	8	
31%	24%	35%	41%	38%	25%	39%	31%	45%	19%	-	18%	-	38%	53%	33%	
68	25	14	21	35	4	6	40	6	1	1	3	3	2	1	11	
41%	45%	31%	45%	38%	47%	43%	45%	31%	34%	66%	52%	40%	21%	20%	44%	
29	12	9	5	14	2	3	14	4	1	1	2	1	2	-	5	
18%	22%	20%	10%	15%	19%	19%	15%	20%	23%	34%	30%	18%	24%	-	19%	
14	4	6	2	8	1	-	7	1	1	-	-	2	1	1	1	
9%	6%	13%	4%	9%	9%	-	8%	4%	23%	-	-	22%	17%	27%	3%	
2	2	-	-	-	-	-	-	-	-	-	-	2	-	-	-	
1%	3%	-	-	-	-	-	-	-	-	-	-	19%	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
120	39	30	40	69	7	12	67	14	2	1	4	3	5	3	19	
73%	69%	67%	86%	76%	72%	81%	76%	76%	53%	66%	70%	40%	59%	73%	78%	
			b													
16	5	6	2	8	1	-	7	1	1	-	-	3	1	1	1	
10%	9%	13%	4%	9%	9%	-	8%	4%	23%	-	-	41%	17%	27%	3%	
164	56	44	46	91	9	15	88	19	4	2	6	8	9	5	24	
3.94	3.81	3.89	4.23	4.06	3.87	4.20	3.99	4.18	3.50	3.66	3.87	2.80	3.81	3.99	4.07	
			a													
.960	.971	1.046	.797	.938	.933	.757	.899	.899	1.231	.636	.750	1.240	1.186	1.429	.827	
.073	.117	.167	.124	.105	.281	.189	.096	.206	.616	.367	.284	.392	.375	.715	.159	
.01	.01	.03	.02	.01	.08	.04	.01	.04	.38	.13	.08	.15	.14	.51	.03	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		171	49	51	15	9	66	58	46	44	23	11	67	57	22	77	57	15	149
Total		164	47	53	14	9	66	56	45	44	22	11	66	56	18	74	58	14	146
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	52 31%	19 40%	14 27%	7 49%	3 29%	21 31%	22 39%	14 30%	17 39%	8 34%	4 35%	25 37%	18 31%	1 4%	26 35%	21 37%	4 27%	51 35%
Fairly comfortable	(4.0)	68 41%	18 38%	26 50%	4 26%	3 38%	30 45%	21 38%	23 50%	19 43%	6 25%	6 50%	24 37%	28 50%	9 49%	28 37%	23 39%	9 62%	59 40%
Neither comfortable nor uncomfortable	(3.0)	29 18%	7 14%	9 17%	3 20%	2 26%	12 18%	9 16%	4 9%	6 14%	8 38%	1 9%	14 22%	5 9%	3 18%	14 19%	10 18%	2 11%	26 18%
Fairly uncomfortable	(2.0)	14 9%	4 8%	3 6%	1 5%	1 8%	4 6%	4 8%	5 10%	2 4%	1 3%	1 6%	3 4%	5 9%	5 25%	7 10%	3 4%	- -	10 7%
Very uncomfortable	(1.0)	2 1%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 4%	- -	1 1%	- -	1 1%
Don't know		- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: Comfortable		120 73%	37 78%	40 77%	10 75%	6 67%	51 76%	43 77%	36 81%	36 82%	13 59%	10 85%	49 74%	46 82%	10 53%	53 72%	44 76%	13 89%	110 75%
NET: Uncomfortable		16 10%	4 8%	3 6%	1 5%	1 8%	4 6%	4 8%	5 10%	2 4%	1 3%	1 6%	3 4%	5 9%	5 29%	7 10%	3 6%	- -	10 7%
Base for stats		164	47	53	14	9	66	56	45	44	22	11	66	56	18	74	58	14	146
Mean Score		3.94	4.11	3.97	4.19	3.88	4.02	4.08	4.01	4.17	3.91	4.14	4.08	4.03	3.25	3.97	4.06	4.16	4.02
Standard Deviation		.960	.923	.828	.961	.972	.854	.926	.906	.831	.935	.852	.869	.889	1.032	.961	.932	.614	.918
Standard Error		.073	.132	.116	.248	.324	.105	.122	.134	.125	.195	.257	.106	.118	.220	.110	.123	.159	.075
Error variance		.01	.02	.01	.06	.10	.01	.01	.02	.02	.04	.07	.01	.01	.05	.01	.02	.03	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		171	72	75	23	29	14	107	59	5	143	28	150	19
Total		164	72	72	21	26	13	106	53	5	138	27	145	17
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	52	23	27	9	8	3	36	15	4	41	11	45	5
		31%	32%	38%	44%	30%	22%	34%	28%	86%	30%	40%	31%	32%
Fairly comfortable	(4.0)	68	32	26	6	12	4	45	22	1	58	10	64	4
		41%	44%	36%	30%	45%	35%	43%	41%	14%	42%	38%	44%	25%
Neither comfortable nor uncomfortable	(3.0)	29	12	13	4	4	5	17	12	-	26	3	25	4
		18%	16%	19%	18%	15%	37%	16%	22%	-	19%	12%	17%	26%
Fairly uncomfortable	(2.0)	14	5	5	2	2	1	8	4	-	12	3	11	3
		9%	6%	7%	8%	7%	7%	7%	8%	-	8%	10%	7%	17%
Very uncomfortable	(1.0)	2	1	-	-	1	-	1	1	-	2	-	2	-
		1%	1%	-	-	3%	-	1%	2%	-	1%	-	1%	-
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Comfortable		120	55	53	15	20	7	81	37	5	99	21	109	10
		73%	77%	74%	74%	75%	57%	76%	69%	100%	72%	78%	75%	57%
NET: Uncomfortable		16	5	5	2	3	1	9	5	-	13	3	12	3
		10%	7%	7%	8%	10%	7%	8%	9%	-	10%	10%	8%	17%
Base for stats		164	72	72	21	26	13	106	53	5	138	27	145	17
Mean Score		3.94	4.00	4.05	4.10	3.92	3.72	4.01	3.86	4.86	3.91	4.08	3.96	3.73
Standard Deviation		.960	.923	.926	.986	1.011	.912	.928	.972	.397	.959	.971	.931	1.118
Standard Error		.073	.109	.107	.206	.188	.244	.090	.126	.177	.080	.184	.076	.256
Error variance		.01	.01	.01	.04	.04	.06	.01	.02	.03	.01	.03	.01	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total		171	5	10	32	40	25	28	8	23	107	59	29	62	55	24	49	45	48	29
Total		164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	52	-	2	8	9	7	9	5	12	26	26	5	12	23	11	21	11	13	7
		31%	-	24%	26%	24%	28%	31%	53%	56%	25%	44% di	20%	21%	42% b	47%	45%	26%	27%	25%
Fairly comfortable	(4.0)	68	-	2	15	16	10	15	3	7	43	25	10	24	24	10	13	15	23	16
		41%	-	20%	51%	41%	42%	53%	35%	33%	42%	43%	38%	40%	44%	43%	28%	37%	49% a	58%
Neither comfortable nor uncomfortable	(3.0)	29	1	5	5	8	5	3	-	1	24	4	5	16	4	2	7	11	8	4
		18%	40%	56%	18%	21% j	22%	10%	-	3%	23% j	6%	19%	28% c	8%	9%	14%	25%	16%	14%
Fairly uncomfortable	(2.0)	14	2	-	2	5	2	2	1	2	8	4	5	6	3	-	6	4	3	1
		9%	41%	-	6%	12%	8%	6%	11%	8%	8%	8%	20%	11%	5%	-	13%	10%	7%	2%
Very uncomfortable	(1.0)	2	1	-	-	1	-	-	-	-	1	-	1	-	1	-	-	1	1	-
		1%	19%	-	-	2%	-	-	-	-	1%	-	3%	-	1%	-	-	2%	1%	-
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Comfortable		120	-	4	23	25	17	24	8	19	69	51	15	36	47	21	34	26	36	23
		73%	-	44%	76%	65%	70%	84%	89%	89%	68%	86% di	58%	61%	86% b	91%	72%	63%	76%	84%
NET: Uncomfortable		16	2	-	2	5	2	2	1	2	9	4	6	6	3	-	6	5	4	1
		10%	60%	-	6%	14%	8%	6%	11%	8%	9%	8%	23%	11%	6%	-	13%	12%	8%	2%
Base for stats		164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28
Mean Score		3.94	2.21	3.69	3.96	3.72	3.90	4.10	4.30	4.36	3.83	4.23 di	3.52	3.71	4.21 b	4.38	4.04	3.75	3.93	4.06
Standard Deviation		.960	.862	.887	.824	1.038	.920	.810	1.009	.910	.931	.871	1.118	.923	.890	.664	1.069	1.023	.917	.710
Standard Error		.073	.385	.280	.146	.164	.184	.153	.357	.190	.090	.113	.208	.117	.120	.135	.153	.152	.132	.132
Error variance		.01	.15	.08	.02	.03	.03	.02	.13	.04	.01	.01	.04	.01	.01	.02	.02	.02	.02	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	*c
Significance Level: 95%					
Unweighted Total		171	98	46	26
Total		164	95	43	25
		100%	100%	100%	100%
Very comfortable	(5.0)	52	34	10	7
		31%	35%	22%	31%
Fairly comfortable	(4.0)	68	41	19	8
		41%	43%	43%	33%
Neither comfortable nor uncomfortable	(3.0)	29	14	12	4
		18%	14%	27%	14%
Fairly uncomfortable	(2.0)	14	6	3	5
		9%	6%	8%	19%
Very uncomfortable	(1.0)	2	1	-	1
		1%	1%	-	3%
Don't know		-	-	-	-
		-	-	-	-
NET: Comfortable		120	75	28	16
		73%	78%	65%	63%
NET: Uncomfortable		16	7	3	5
		10%	7%	8%	22%
Base for stats		164	95	43	25
Mean Score		3.94	4.06	3.79	3.69
Standard Deviation		.960	.912	.885	1.201
Standard Error		.073	.092	.130	.236
Error variance		.01	.01	.02	.06

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		249	134	115	169	57	23	11	45	18	26	20	12	79	23	15	
Total		242	133	109	155	59	28	8	44	17	26	17	12	78	26	14	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	81	48	33	49	19	13	3	19	9	7	5	1	24	10	3	
		34%	36%	30%	31%	32%	49%	36%	43%	51%	28%	30%	8%	31%	39%	19%	
Fairly comfortable	(4.0)	101	58	43	65	25	11	4	15	6	13	6	8	33	10	6	
		42%	44%	40%	42%	43%	39%	44%	34%	34%	50%	35%	73%	43%	39%	43%	
Neither comfortable nor uncomfortable	(3.0)	36	16	19	26	6	3	1	5	3	3	3	1	12	3	4	
		15%	12%	18%	17%	11%	13%	11%	10%	15%	13%	21%	11%	16%	12%	30%	
Fairly uncomfortable	(2.0)	19	9	10	11	8	-	-	3	-	2	2	1	8	3	-	
		8%	7%	9%	7%	14%	-	-	7%	-	9%	15%	8%	10%	10%	-	
Very uncomfortable	(1.0)	4	1	3	4	-	-	1	2	-	-	-	-	-	-	1	
		1%	1%	3%	2%	-	-	9%	4%	-	-	-	-	-	-	7%	
Don't know		1	1	1	1	-	-	-	1	-	-	-	-	1	-	-	
		1%	1%	1%	1%	-	-	-	2%	-	-	-	-	1%	-	-	
NET: Comfortable		182	107	76	114	44	24	7	34	15	20	11	9	57	20	9	
		75%	80%	70%	73%	75%	87%	80%	77%	85%	78%	65%	81%	74%	78%	62%	
NET: Uncomfortable		23	10	13	14	8	-	1	5	-	2	2	1	8	3	1	
		9%	7%	12%	9%	14%	-	9%	11%	-	9%	15%	8%	10%	10%	7%	
Base for stats		241	133	108	154	59	28	8	43	17	26	17	12	77	26	14	
Mean Score		3.99	4.09	3.86	3.94	3.93	4.36	3.99	4.07	4.35	3.97	3.80	3.81	3.96	4.06	3.67	
Standard Deviation		.969	.899	1.039	.988	.999	.707	1.201	1.109	.753	.896	1.055	.710	.934	.976	1.059	
Standard Error		.062	.078	.097	.076	.132	.147	.362	.167	.178	.176	.236	.205	.106	.203	.273	
Error variance		*	.01	.01	.01	.02	.02	.13	.03	.03	.03	.06	.04	.01	.04	.07	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		249	39	57	75	28	27	23	171	78	170	6	40	25	-	4	75
Total		242	41	59	73	24	23	23	172	70	169	6	36	24	-	4	70
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Very comfortable	(5.0)	81	15	18	24	7	4	12	57	24	57	4	8	9	-	2	24
		34%	37%	31%	33%	30%	19%	54%	33%	34%	34%	70%	23%	38%	-	54%	34%
Fairly comfortable	(4.0)	101	13	27	32	12	11	7	72	30	69	2	19	9	-	2	32
		42%	32%	46%	43%	49%	48%	30%	42%	42%	41%	30%	53%	37%	-	46%	45%
Neither comfortable nor uncomfortable	(3.0)	36	9	9	7	3	5	3	25	11	29	-	3	2	-	-	5
		15%	21%	16%	9%	12%	23%	12%	14%	16%	17%	-	9%	9%	-	-	8%
Fairly uncomfortable	(2.0)	19	4	3	8	1	2	-	15	4	11	-	4	4	-	-	8
		8%	10%	6%	11%	6%	11%	-	9%	6%	6%	-	10%	16%	-	-	11%
Very uncomfortable	(1.0)	4	-	1	2	-	-	1	3	1	3	-	1	-	-	-	1
		1%	-	2%	3%	-	-	3%	2%	1%	2%	-	2%	-	-	-	1%
Don't know		1	-	-	1	1	-	-	1	1	1	-	1	-	-	-	1
		1%	-	-	1%	3%	-	-	*	1%	*	-	2%	-	-	-	1%
NET: Comfortable		182	28	45	55	19	15	19	129	53	126	6	27	18	-	4	56
		75%	69%	77%	76%	79%	67%	85%	75%	77%	75%	100%	76%	75%	-	100%	79%
NET: Uncomfortable		23	4	4	10	1	2	1	18	5	13	-	4	4	-	-	8
		9%	10%	7%	13%	6%	11%	3%	10%	7%	8%	-	13%	16%	-	-	12%
Base for stats		241	41	59	72	23	23	23	172	69	168	6	35	24	-	4	69
Mean Score		3.99	3.97	3.98	3.95	4.07	3.75	4.32	3.96	4.04	3.99	4.70	3.87	3.96	-	4.54	4.02
Standard Deviation		.969	.997	.931	1.050	.837	.905	.940	.992	.912	.960	.498	.981	1.076	-	.566	.985
Standard Error		.062	.160	.123	.122	.161	.174	.196	.076	.104	.074	.203	.157	.215	-	.283	.115
Error variance		*	.03	.02	.01	.03	.03	.04	.01	.01	.01	.04	.02	.05	-	.08	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k	
249	119	48	62	110	14	22	112	31	8	10	3	28	5	16	36	
242	102	55	70	125	13	19	116	30	8	8	2	23	4	19	32	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
81	39	14	26	40	8	6	35	11	3	-	1	6	2	11	14	
34%	38%	25%	38%	32%	58%	31%	30%	37%	39%	-	41%	24%	41%	55%	42%	
101	43	21	32	52	4	10	45	14	3	5	-	10	2	9	13	
42%	42%	38%	45%	42%	27%	52%	39%	46%	37%	66%	-	45%	43%	45%	42%	
36	9	16	6	22	1	2	25	3	2	-	1	1	1	-	2	
15%	9%	29% ac	9%	17%	6%	9%	22%	9%	24%	-	59%	6%	16%	-	8%	
19	9	3	5	8	1	1	10	1	-	1	-	4	-	-	3	
8%	9%	6%	7%	7%	8%	8%	9%	5%	-	8%	-	17%	-	-	8%	
4	1	1	1	2	-	-	-	1	-	1	-	1	-	-	-	
1%	1%	2%	1%	2%	-	-	-	4% c	-	17%	-	5%	-	-	-	
1	1	-	-	-	-	-	-	-	-	1	-	1	-	-	-	
1%	1%	-	-	-	-	-	-	-	-	9%	-	3%	-	-	-	
182	81	35	58	93	11	16	80	24	6	5	1	16	3	19	27	
75%	80% b	63%	83% b	74%	86%	83%	69%	83%	76%	66%	41%	69%	84%	100%	84%	
23	11	4	6	10	1	1	10	2	-	2	-	5	-	-	3	
9%	11%	8%	8%	8%	8%	8%	9%	8%	-	26%	-	22%	-	-	8%	
241	101	55	70	125	13	19	116	30	8	8	2	22	4	19	32	
3.99	4.06	3.79	4.11	3.96	4.35	4.07	3.91	4.07	4.15	3.24	3.82	3.69	4.24	4.55	4.19	
.969	.989	.965	.936	.958	.958	.866	.935	.999	.834	1.320	1.272	1.195	.822	.511	.901	
.062	.091	.139	.119	.091	.256	.185	.088	.179	.295	.440	.734	.230	.368	.128	.150	
*	.01	.02	.01	.01	.07	.03	.01	.03	.09	.19	.54	.05	.14	.02	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		249	82	66	24	6	90	88	72	65	33	10	98	82	20	112	95	22	229
Total		242	82	66	23	6	89	88	73	64	31	10	95	83	19	109	93	21	223
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	81 34%	28 35%	15 23%	9 38%	2 37%	24 27%	31 35%	31 43% be	12 19%	9 30%	1 13%	21 22%	32 39% be	8 42%	34 31%	34 37%	5 24%	73 33%
Fairly comfortable	(4.0)	101 42%	35 42%	28 42%	9 38%	4 63%	36 41%	38 44%	27 38%	31 48%	13 41%	5 45%	44 46%	32 39%	9 49%	44 40%	38 42%	9 44%	92 41%
Neither comfortable nor uncomfortable	(3.0)	36 15%	14 17%	12 18%	4 18%	- -	16 18%	14 16%	10 14%	13 20%	5 18%	3 28%	18 19%	13 16%	- -	21 20%	10 11%	4 19%	36 16%
Fairly uncomfortable	(2.0)	19 8%	4 4%	10 16% af	- -	- -	10 12%	4 4%	4 5%	7 11%	1 5%	1 14%	9 9%	5 6%	2 9%	10 9%	7 7%	1 4%	17 8%
Very uncomfortable	(1.0)	4 1%	1 1%	1 1%	1 3%	- -	1 2%	1 1%	- -	1 2%	1 5%	- -	2 3%	- -	- -	- -	3 3%	1 5%	4 2%
Don't know		1 1%	- -	- -	1 3%	- -	1 1%	- -	- -	- -	1 2%	- -	1 1%	- -	- -	1 1%	- -	1 3%	1 1%
NET: Comfortable		182 75%	63 77%	43 66%	17 76%	6 100%	60 68%	69 79%	59 81%	43 67%	22 71%	6 58%	65 68%	64 78%	17 91%	77 71%	73 79%	14 69%	165 74%
NET: Uncomfortable		23 9%	5 6%	11 17% af	1 3%	- -	12 13%	5 5%	4 5%	8 13%	3 9%	1 14%	11 12%	5 6%	2 9%	10 9%	9 10%	2 9%	21 9%
Base for stats		241	82	66	22	6	88	88	73	64	30	10	95	83	19	108	93	20	221
Mean Score		3.99	4.05 b	3.71	4.11	4.37	3.81	4.07 b	4.18 be	3.71	3.89	3.58	3.77	4.11 be	4.23	3.94	4.03	3.82	3.97
Standard Deviation		.969	.905	1.035	.947	.532	1.023	.887	.870	.961	1.065	.928	.993	.894	.876	.929	1.018	1.043	.975
Standard Error		.062	.100	.127	.197	.217	.108	.095	.103	.119	.188	.293	.101	.099	.196	.088	.104	.228	.065
Error variance		*	.01	.02	.04	.05	.01	.01	.01	.01	.04	.09	.01	.01	.04	.01	.01	.05	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		249	107	116	30	37	12	161	77	2	206	43	213	32
Total		242	106	113	28	38	11	159	74	3	203	39	210	29
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	81	29	44	5	14	4	58	22	1	67	14	73	6
		34%	27%	39%	20%	36%	35%	36%	30%	32%	33%	37%	35%	21%
Fairly comfortable	(4.0)	101	45	47	13	14	4	66	32	-	86	15	88	14
		42%	43%	41%	46%	38%	38%	42%	43%	-	43%	38%	42%	47%
Neither comfortable nor uncomfortable	(3.0)	36	20	13	4	8	3	20	13	2	32	4	30	5
		15%	19%	11%	15%	20%	27%	13%	17%	68%	16%	10%	14%	16%
Fairly uncomfortable	(2.0)	19	9	8	4	1	-	13	5	-	14	5	15	4
		8%	9%	7%	13%	3%	-	8%	7%	-	7%	12%	7%	13%
Very uncomfortable	(1.0)	4	2	1	2	-	-	2	2	-	3	1	3	1
		1%	2%	1%	6%	-	-	1%	2%	-	1%	3%	1%	2%
Don't know		1	1	-	-	1	-	-	1	-	1	-	1	-
		1%	1%	-	-	2%	-	-	1%	-	1%	-	1%	-
NET: Comfortable		182	74	91	18	28	8	124	54	1	153	29	161	20
		75%	70%	81%	66%	75%	73%	78%	73%	32%	75%	75%	77%	68%
NET: Uncomfortable		23	11	9	5	1	-	14	7	-	17	6	18	4
		9%	10%	8%	19%	3%	-	9%	9%	-	8%	15%	9%	15%
					b									
Base for stats		241	105	113	28	37	11	159	74	3	202	39	209	29
Mean Score		3.99	3.86	4.11	3.60	4.10	4.07	4.05	3.92	3.63	3.99	3.94	4.02	3.72
						a		a						
Standard Deviation		.969	.976	.937	1.146	.850	.819	.956	.983	1.192	.943	1.106	.955	1.037
Standard Error		.062	.095	.087	.209	.142	.236	.075	.113	.843	.066	.169	.066	.183
Error variance		*	.01	.01	.04	.02	.06	.01	.01	.71	*	.03	*	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		249	9	14	39	53	45	52	10	27	151	89	56	66	81	42	95	51	66	30
Total		242	8	13	38	51	42	51	10	28	144	90	53	62	82	43	91	49	66	30
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	81	3	6	13	12	11	19	4	14	41	37	16	13	32	21	39	12	20	9
		34%	38%	44%	33%	23%	27%	37%	37%	49%	29%	41%	29%	21%	39%	48%	43%	24%	31%	31%
											di			b	b		b			
Fairly comfortable	(4.0)	101	3	3	16	28	18	19	5	9	65	33	24	31	33	13	33	23	32	12
		42%	39%	27%	41%	55%	43%	36%	47%	33%	45%	36%	45%	51%	40%	31%	37%	48%	48%	40%
						j								d						
Neither comfortable nor uncomfortable	(3.0)	36	2	2	5	7	9	7	-	3	23	11	7	11	11	5	13	6	8	6
		15%	23%	18%	14%	13%	22%	14%	-	12%	16%	12%	14%	17%	13%	12%	15%	13%	12%	21%
Fairly uncomfortable	(2.0)	19	-	2	4	4	4	3	2	1	13	6	5	6	5	3	4	8	4	2
		8%	-	12%	12%	7%	9%	6%	16%	3%	9%	6%	9%	9%	6%	7%	5%	16%	6%	8%
																	a			
Very uncomfortable	(1.0)	4	-	-	-	1	-	2	-	-	1	2	1	-	1	1	1	-	2	-
		1%	-	-	-	2%	-	5%	-	-	1%	3%	2%	-	1%	2%	1%	-	3%	-
Don't know		1	-	-	-	-	-	1	-	1	-	1	-	1	-	-	1	-	-	-
		1%	-	-	-	-	-	1%	-	3%	-	2%	-	1%	-	-	1%	-	-	-
NET: Comfortable		182	6	9	28	40	29	38	8	23	106	70	40	44	64	34	72	35	52	21
		75%	77%	70%	75%	78%	69%	74%	84%	82%	74%	78%	75%	72%	79%	79%	79%	72%	79%	71%
NET: Uncomfortable		23	-	2	4	5	4	6	2	1	15	8	6	6	6	4	5	8	6	2
		9%	-	12%	12%	9%	9%	11%	16%	3%	10%	9%	11%	9%	8%	9%	5%	16%	9%	8%
																	a			
Base for stats		241	8	13	38	51	42	51	10	28	144	88	53	61	82	43	91	49	66	30
Mean Score		3.99	4.15	4.02	3.96	3.89	3.86	3.97	4.05	4.32	3.92	4.09	3.91	3.85	4.09	4.16	4.17	3.80	3.98	3.93
																	b			
Standard Deviation		.969	.817	1.084	.978	.916	.924	1.110	1.056	.822	.942	1.023	.997	.873	.947	1.020	.903	.983	.964	.934
Standard Error		.062	.272	.290	.157	.126	.138	.155	.334	.161	.077	.110	.133	.108	.105	.157	.093	.138	.119	.170
Error variance		*	.07	.08	.02	.02	.02	.02	.11	.03	.01	.01	.02	.01	.01	.02	.01	.02	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		249	135	70	40
Total		242	133	68	38
		100%	100%	100%	100%
Very comfortable	(5.0)	81	54	19	8
		34%	41%	28%	22%
			c		
Fairly comfortable	(4.0)	101	53	30	16
		42%	40%	44%	43%
Neither comfortable nor uncomfortable	(3.0)	36	13	12	9
		15%	10%	18%	24%
					a
Fairly uncomfortable	(2.0)	19	11	6	2
		8%	8%	9%	6%
Very uncomfortable	(1.0)	4	1	1	1
		1%	1%	2%	4%
Don't know		1	1	-	1
		1%	1%	-	2%
NET: Comfortable		182	107	49	25
		75%	81%	72%	65%
			c		
NET: Uncomfortable		23	12	7	4
		9%	9%	10%	10%
Base for stats		241	132	68	37
Mean Score		3.99	4.12	3.88	3.74
			c		
Standard Deviation		.969	.947	.974	1.011
Standard Error		.062	.082	.116	.162
Error variance		*	.01	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		141	63	78	94	39	8	9	17	9	13	8	7	41	18	19	
Total		141	66	75	89	42	10	7	19	9	11	8	7	42	18	19	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	47	23	25	30	15	3	2	6	4	1	1	3	16	7	7	
		34%	35%	33%	33%	36%	26%	33%	34%	50%	7%	11%	36%	38%	37%	38%	
Fairly comfortable	(4.0)	38	17	21	24	12	2	1	6	-	4	2	1	13	4	8	
		27%	26%	28%	27%	29%	23%	9%	30%	-	36%	23%	10%	31%	24%	43%	
Neither comfortable nor uncomfortable	(3.0)	36	21	15	20	11	5	3	6	3	4	3	4	6	4	2	
		26%	31%	21%	22%	27%	51%	47%	30%	39%	34%	42%	54%	15%	22%	13%	
Fairly uncomfortable	(2.0)	11	4	7	9	2	-	-	-	-	-	2	-	6	2	1	
		8%	6%	10%	10%	6%	-	-	-	-	-	23%	-	14%	11%	7%	
Very uncomfortable	(1.0)	7	1	6	6	1	-	1	1	1	2	-	-	1	1	-	
		5%	1%	8%	7%	2%	-	12%	7%	12%	14%	-	-	2%	6%	-	
Don't know		1	-	1	1	-	-	-	-	-	1	-	-	-	-	-	
		1%	-	1%	1%	-	-	-	-	-	8%	-	-	-	-	-	
NET: Comfortable		86	40	45	54	27	5	3	12	4	5	3	3	29	11	16	
		61%	61%	61%	60%	65%	49%	42%	64%	50%	43%	35%	46%	69%	61%	81%	
NET: Uncomfortable		18	5	13	15	3	-	1	1	1	2	2	-	7	3	1	
		13%	8%	17%	17%	8%	-	12%	7%	12%	14%	23%	-	16%	17%	7%	
Base for stats		140	66	74	88	42	10	7	19	9	10	8	7	42	18	19	
Mean Score		3.78	3.87	3.69	3.71	3.92	3.76	3.51	3.84	3.76	3.24	3.23	3.83	3.88	3.74	4.12	
Standard Deviation		1.144	1.013	1.252	1.224	1.026	.890	1.360	1.137	1.452	1.183	.996	1.007	1.142	1.270	.893	
Standard Error		.097	.128	.143	.127	.164	.315	.453	.276	.484	.342	.352	.381	.178	.299	.205	
Error variance		.01	.02	.02	.02	.03	.10	.21	.08	.23	.12	.12	.14	.03	.09	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		141	37	33	30	21	8	12	100	41	99	4	18	12	1	3	38
Total		141	40	34	31	18	7	11	105	36	100	4	19	12	1	2	37
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	47	21	10	5	6	1	4	36	11	34	3	6	5	-	-	13
		34%	53%	31%	15%	34%	12%	40%	35%	31%	35%	73%	31%	39%	-	-	35%
			c						c								
Fairly comfortable	(4.0)	38	8	11	10	5	2	2	30	9	25	1	6	3	1	1	12
		27%	20%	33%	34%	31%	23%	15%	28%	24%	25%	27%	30%	29%	100%	47%	32%
Neither comfortable nor uncomfortable	(3.0)	36	5	10	10	4	3	4	26	10	29	-	5	-	-	1	6
		26%	13%	30%	34%	21%	37%	37%	25%	29%	29%	-	25%	-	-	53%	16%
			a														
Fairly uncomfortable	(2.0)	11	3	1	5	1	1	-	9	2	7	-	1	3	-	-	4
		8%	7%	4%	17%	4%	17%	-	9%	6%	7%	-	7%	25%	-	-	12%
Very uncomfortable	(1.0)	7	3	1	-	2	1	-	4	3	4	-	1	1	-	-	2
		5%	8%	2%	-	10%	11%	-	4%	7%	4%	-	7%	7%	-	-	6%
Don't know		1	-	-	-	-	-	1	-	1	1	-	-	-	-	-	-
		1%	-	-	-	-	-	8%	-	2%	1%	-	-	-	-	-	-
NET: Comfortable		86	29	22	15	12	2	6	66	20	59	4	11	8	1	1	25
		61%	72%	64%	49%	65%	35%	55%	63%	56%	59%	100%	61%	68%	100%	47%	67%
NET: Uncomfortable		18	6	2	5	3	2	-	13	5	11	-	3	4	-	-	6
		13%	15%	6%	17%	15%	28%	-	13%	13%	11%	-	14%	32%	-	-	17%
Base for stats		140	40	34	31	18	7	10	105	35	99	4	19	12	1	2	37
Mean Score		3.78	4.02	3.86	3.46	3.73	3.08	4.03	3.81	3.69	3.80	4.73	3.72	3.67	4.00	3.47	3.79
Standard Deviation		1.144	1.303	.989	.965	1.295	1.236	.962	1.127	1.208	1.109	.525	1.205	1.451	-	.646	1.216
Standard Error		.097	.214	.172	.176	.283	.437	.290	.113	.191	.112	.262	.284	.419	-	.373	.197
Error variance		.01	.05	.03	.03	.08	.19	.08	.01	.04	.01	.07	.08	.18	-	.14	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
141	46	44	36	80	8	7	68	21	11	3	2	8	10	3	15	
141	39	50	40	90	8	7	71	22	10	2	2	7	9	3	15	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
47	10	19	15	35	7	3	23	5	3	-	1	1	2	3	9	
34%	25%	39%	38%	39%	80%	42%	33%	23%	32%	-	51%	21%	21%	79%	63%	
38	14	15	6	21	2	2	16	6	4	2	1	2	3	1	4	
27%	36%	31%	14%	23%	20%	32%	23%	29%	37%	70%	49%	29%	34%	21%	26%	
	c															
36	12	7	14	21	-	-	21	8	1	1	-	2	3	-	-	
26%	30%	15%	34%	23%	-	-	30%	37%	11%	30%	-	23%	35%	-	-	
	b															
11	2	6	2	8	-	1	7	2	-	-	-	1	-	-	1	
8%	6%	12%	6%	9%	-	13%	10%	11%	-	-	-	11%	-	-	6%	
7	1	2	2	4	-	1	3	-	2	-	-	1	-	-	1	
5%	2%	4%	5%	5%	-	13%	4%	-	19%	-	-	16%	-	-	6%	
1	-	-	1	1	-	-	-	-	-	-	-	-	1	-	-	
1%	-	-	2%	1%	-	-	-	-	-	-	-	-	10%	-	-	
86	24	35	21	55	8	5	40	11	7	2	2	4	5	3	13	
61%	62%	69%	53%	62%	100%	74%	56%	52%	69%	70%	100%	50%	55%	100%	89%	
18	3	8	4	12	-	2	10	2	2	-	-	2	-	-	2	
13%	8%	16%	11%	14%	-	26%	14%	11%	19%	-	-	27%	-	-	11%	
140	39	50	39	89	8	7	71	22	10	2	2	7	8	3	15	
3.78	3.76	3.88	3.76	3.83	4.80	3.77	3.70	3.64	3.63	3.70	4.51	3.29	3.85	4.79	4.35	
1.144	.978	1.181	1.203	1.185	.428	1.557	1.150	.977	1.506	.615	.814	1.453	.831	.489	1.156	
.097	.144	.178	.203	.133	.151	.589	.139	.213	.454	.355	.576	.514	.277	.282	.298	
.01	.02	.03	.04	.02	.02	.35	.02	.05	.21	.13	.33	.26	.08	.08	.09	



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	*b	c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total		141	43	28	31	5	59	48	39	34	29	4	63	43	9	72	53	7	132
Total		141	45	27	32	4	59	50	41	35	28	4	62	45	8	72	54	6	133
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	47 34%	18 39%	9 31%	8 25%	- -	16 28%	18 35%	13 32%	12 35%	7 24%	1 18%	19 30%	14 31%	4 54%	21 29%	19 34%	4 59%	43 33%
Fairly comfortable	(4.0)	38 27%	10 22%	8 30%	8 26%	3 56%	17 28%	13 25%	14 35%	6 18%	8 29%	- -	14 23%	14 32%	2 23%	23 32%	13 24%	1 10%	36 27%
Neither comfortable nor uncomfortable	(3.0)	36 26%	12 26%	8 30%	10 31%	1 15%	18 31%	12 25%	10 23%	10 28%	10 37%	1 20%	20 32%	10 23%	2 22%	17 23%	18 32%	- -	34 26%
Fairly uncomfortable	(2.0)	11 8%	5 11%	1 3%	5 14%	- -	5 9%	5 10%	4 10%	4 12%	1 4%	1 31%	5 8%	5 12%	- -	8 11%	4 7%	- -	11 8%
Very uncomfortable	(1.0)	7 5%	1 2%	2 6%	1 3%	1 29%	3 5%	2 4%	- -	3 7%	2 6%	1 31%	4 7%	1 3%	- -	3 4%	2 3%	2 30%	7 5%
Don't know		1 1%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	- -	- -	1 1%
NET: Comfortable		86 61%	28 61%	17 61%	16 51%	3 56%	33 56%	30 61%	27 67%	18 53%	15 53%	1 18%	33 53%	28 62%	6 78%	44 61%	31 58%	4 70%	80 60%
NET: Uncomfortable		18 13%	6 13%	2 9%	6 17%	1 29%	8 14%	7 14%	4 10%	7 19%	3 10%	3 61%	9 15%	7 15%	- -	11 15%	5 10%	2 30%	18 13%
Base for stats		140	45	27	32	4	59	50	41	35	28	4	62	45	8	71	54	6	132
Mean Score		3.78	3.85	3.77	3.55	2.99	3.66	3.77	3.89	3.62	3.60	2.44	3.61	3.76	4.32	3.72	3.79	3.68	3.75
Standard Deviation		1.144	1.120	1.130	1.121	1.483	1.121	1.165	.981	1.290	1.104	1.603	1.201	1.112	.873	1.129	1.093	1.956	1.153
Standard Error		.097	.171	.214	.201	.663	.146	.168	.157	.221	.205	.801	.151	.170	.291	.134	.150	.739	.101
Error variance		.01	.03	.05	.04	.44	.02	.03	.02	.05	.04	.64	.02	.03	.08	.02	.02	.55	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	*a	b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		141	69	59	24	33	8	76	58	5	116	25	111	24	
Total		141	73	57	23	31	8	78	57	4	117	24	113	22	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	47	28	15	9	16	2	23	24	2	38	9	42	5	
		34%	39%	27%	40%	52% d	21%	30%	42%	47%	33%	39%	37%	21%	
Fairly comfortable	(4.0)	38	17	18	4	7	4	22	15	1	30	8	28	8	
		27%	24%	31%	17%	23%	56%	29%	26%	16%	26%	34%	25%	38%	
Neither comfortable nor uncomfortable	(3.0)	36	19	14	6	6	2	22	12	2	34	2	30	4	
		26%	27%	25%	24%	20%	23%	28%	21%	36%	29%	11%	27%	18%	
Fairly uncomfortable	(2.0)	11	5	5	2	2	-	6	4	-	11	-	7	4	
		8%	7%	9%	10%	6%	-	7%	8%	-	10%	-	6%	19%	
Very uncomfortable	(1.0)	7	2	5	2	-	-	4	2	-	3	4	5	1	
		5%	3%	8%	8%	-	-	5%	3%	-	2%	16%	4%	4%	
Don't know		1	1	-	-	-	-	1	-	-	1	-	1	-	
		1%	1%	-	-	-	-	1%	-	-	1%	-	1%	-	
NET: Comfortable		86	45	33	13	23	6	45	38	3	68	17	70	13	
		61%	63%	58%	57%	74%	77%	58%	68%	64%	59%	73%	62%	59%	
NET: Uncomfortable		18	7	10	4	2	-	10	6	-	14	4	12	5	
		13%	9%	18%	19%	6%	-	12%	11%	-	12%	16%	11%	23%	
Base for stats		140	72	57	23	31	8	77	57	4	116	24	113	22	
Mean Score		3.78	3.90	3.59	3.69	4.20 d	3.97	3.72	3.95	4.11	3.77	3.80	3.84	3.54	
Standard Deviation		1.144	1.088	1.220	1.342	.973	.712	1.128	1.126	1.042	1.089	1.413	1.131	1.155	
Standard Error		.097	.132	.159	.274	.169	.252	.130	.148	.466	.102	.283	.108	.236	
Error variance		.01	.02	.03	.08	.03	.06	.02	.02	.22	.01	.08	.01	.06	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
											NET 1-4 days	NET 5+ days		5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
		Total	0	1	2	3	4	5	6	7			0-4 (low)	(medium)	(high)	(very high)		(medium)	(very worried)	(most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total		141	3	13	27	28	23	23	8	16	91	47	25	49	36	28	40	42	38	17
Total		141	2	13	27	27	23	23	9	17	89	49	24	47	37	30	41	40	38	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	47	2	4	4	10	8	9	3	8	26	19	7	14	12	13	16	9	14	8
		34%	72%	34%	15%	37%	36%	37%	33%	46%	30%	40%	28%	31%	34%	43%	39%	23%	36%	43%
Fairly comfortable	(4.0)	38	1	3	9	8	4	7	1	6	24	14	7	11	13	7	10	9	13	6
		27%	28%	21%	33%	31%	17%	32%	14%	32%	26%	29%	28%	23%	35%	25%	25%	22%	33%	34%
Neither comfortable nor uncomfortable	(3.0)	36	-	4	7	6	8	6	4	2	24	12	4	20	5	7	7	19	7	3
		26%	-	30%	26%	23%	33%	27%	38%	12%	27%	24%	17%	42% c	14%	23%	17%	48% ac	17%	17%
Fairly uncomfortable	(2.0)	11	-	1	5	2	3	-	-	-	11	-	5	1	4	1	5	2	3	-
		8%	-	6%	20%	7%	14%	-	-	-	13% j	-	22%	2%	10%	3%	13%	5%	9%	-
Very uncomfortable	(1.0)	7	-	1	2	1	-	1	1	1	4	3	1	1	2	2	3	1	2	1
		5%	-	8%	7%	3%	-	4%	14%	5%	4%	6%	5%	2%	7%	7%	7%	2%	5%	7%
Don't know		1	-	-	-	-	-	-	-	1	-	1	-	-	-	-	-	-	-	-
		1%	-	-	-	-	-	-	-	5%	-	2%	-	-	-	-	-	-	-	-
NET: Comfortable		86	2	7	13	18	12	16	4	13	50	34	14	25	25	21	26	18	26	14
		61%	100%	55%	47%	67%	53%	69%	47%	78%	56%	68%	57%	54%	69%	68%	64%	45%	69% b	76%
NET: Uncomfortable		18	-	2	7	3	3	1	1	1	15	3	6	2	6	3	8	3	5	1
		13%	-	14%	27%	10%	14%	4%	14%	5%	17%	6%	26%	4%	16%	10%	19%	7%	13%	7%
Base for stats		140	2	13	27	27	23	23	9	16	89	48	24	47	37	30	41	40	38	18
Mean Score		3.78	4.72	3.68	3.28	3.90	3.75	3.99	3.53	4.20	3.65	3.97	3.54	3.79	3.80	3.94	3.76	3.59	3.88	4.05
Standard Deviation		1.144	.587	1.279	1.168	1.093	1.116	1.008	1.406	1.054	1.156	1.107	1.258	.981	1.212	1.200	1.287	.974	1.146	1.146
Standard Error		.097	.339	.355	.225	.207	.233	.210	.497	.272	.121	.163	.252	.140	.202	.227	.204	.150	.186	.278
Error variance		.01	.11	.13	.05	.04	.05	.04	.25	.07	.01	.03	.06	.02	.04	.05	.04	.02	.03	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		141	80	39	19
Total		141	81	41	17
		100%	100%	100%	100%
Very comfortable	(5.0)	47	30	12	4
		34%	37%	30%	22%
Fairly comfortable	(4.0)	38	23	12	3
		27%	28%	30%	15%
Neither comfortable nor uncomfortable	(3.0)	36	18	13	5
		26%	22%	32%	30%
Fairly uncomfortable	(2.0)	11	7	1	3
		8%	9%	3%	18%
Very uncomfortable	(1.0)	7	3	1	3
		5%	4%	3%	15%
Don't know		1	-	1	-
		1%	-	2%	-
NET: Comfortable		86	53	25	6
		61%	65%	60%	37%
NET: Uncomfortable		18	10	2	6
		13%	12%	6%	33%
Base for stats		140	81	40	17
Mean Score		3.78	3.87	3.84	3.10
Standard Deviation		1.144	1.126	1.004	1.383
Standard Error		.097	.126	.163	.317
Error variance		.01	.02	.03	.10

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	*a	*b	*c	d	*e	*f	g	*h	*i	
Unweighted Total		187	85	101	99	56	32	6	24	19	30	20	14	43	19	12	
Total		182	82	99	94	54	34	5	25	18	29	18	14	39	20	13	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	65	28	36	29	20	16	3	10	6	8	8	5	15	7	3	
		35%	34%	37%	31%	38%	45%	50%	40%	34%	28%	42%	33%	39%	35%	23%	
Fairly comfortable	(4.0)	65	29	36	33	20	12	2	8	5	14	5	7	11	7	6	
		36%	36%	36%	35%	37%	35%	37%	31%	29%	47%	30%	50%	28%	35%	48%	
Neither comfortable nor uncomfortable	(3.0)	29	15	15	18	10	2	-	3	3	4	3	1	7	5	4	
		16%	18%	15%	19%	18%	6%	-	11%	15%	14%	16%	9%	18%	25%	28%	
Fairly uncomfortable	(2.0)	19	9	9	12	4	4	-	4	4	2	2	1	6	-	-	
		11%	11%	9%	13%	7%	11%	-	15%	22%	8%	12%	8%	15%	-	-	
Very uncomfortable	(1.0)	2	1	1	2	-	-	1	1	-	-	-	-	-	-	-	
		1%	1%	1%	2%	-	-	14%	3%	-	-	-	-	-	-	-	
Don't know		2	-	2	1	-	1	-	-	-	1	-	-	-	1	-	
		1%	-	2%	1%	-	2%	-	-	-	3%	-	-	-	5%	-	
NET: Comfortable		130	58	72	62	40	28	4	18	11	22	13	12	26	14	9	
		71%	70%	73%	66%	75%	81%	86%	71%	63%	75%	72%	83%	67%	70%	72%	
NET: Uncomfortable		21	10	10	13	4	4	1	5	4	2	2	1	6	-	-	
		11%	12%	10%	14%	7%	11%	14%	18%	22%	8%	12%	8%	15%	-	-	
Base for stats		180	82	97	93	54	34	5	25	18	28	18	14	39	19	13	
Mean Score		3.95	3.92	4.01	3.82	4.06	4.17	4.08	3.90	3.75	3.98	4.02	4.08	3.90	4.10	3.95	
Standard Deviation		1.015	1.024	.997	1.066	.918	.991	1.473	1.201	1.174	.892	1.067	.881	1.099	.811	.746	
Standard Error		.075	.111	.100	.108	.123	.178	.601	.245	.269	.166	.239	.235	.168	.191	.215	
Error variance		.01	.01	.01	.01	.02	.03	.36	.06	.07	.03	.06	.06	.03	.04	.05	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	*d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		187	22	35	51	24	30	25	108	79	132	6	27	12	1	3	49
Total		182	24	37	50	20	26	25	110	71	130	6	25	12	1	2	46
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	65	11	14	15	5	5	16	39	25	53	2	5	3	-	1	11
		35%	45%	37%	30%	25%	19%	62%	35%	36%	40%	35%	19%	27%	-	32%	24%
											g						
Fairly comfortable	(4.0)	65	3	18	17	8	12	6	39	26	42	3	15	4	-	2	23
		36%	14%	50%	34%	37%	48%	26%	35%	37%	32%	47%	58%	32%	-	68%	49%
																a	
Neither comfortable nor uncomfortable	(3.0)	29	8	2	8	5	5	1	18	11	20	1	6	1	-	-	8
		16%	34%	5%	17%	27%	20%	3%	16%	16%	15%	18%	23%	10%	-	-	17%
Fairly uncomfortable	(2.0)	19	2	2	9	2	3	1	13	6	13	-	-	4	1	-	4
		11%	8%	6%	18%	12%	10%	5%	12%	9%	10%	-	-	30%	100%	-	10%
Very uncomfortable	(1.0)	2	-	1	1	-	-	-	2	-	2	-	-	-	-	-	-
		1%	-	2%	1%	-	-	-	1%	-	1%	-	-	-	-	-	-
Don't know		2	-	-	-	-	1	1	-	2	2	-	-	-	-	-	-
		1%	-	-	-	-	3%	4%	-	3%	1%	-	-	-	-	-	-
NET: Comfortable		130	14	32	32	13	17	22	78	52	94	5	19	7	-	2	34
		71%	58%	86%	64%	62%	67%	88%	70%	73%	72%	82%	77%	59%	-	100%	73%
				c													
NET: Uncomfortable		21	2	3	9	2	3	1	14	6	15	-	-	4	1	-	4
		11%	8%	8%	19%	12%	10%	5%	13%	9%	11%	-	-	30%	100%	-	10%
Base for stats		180	24	37	50	20	25	24	110	69	129	6	25	12	1	2	46
Mean Score		3.95	3.95	4.13	3.74	3.75	3.78	4.50	3.91	4.02	4.02	4.17	3.97	3.56	2.00	4.32	3.87
Standard Deviation		1.015	1.075	.930	1.121	.985	.894	.819	1.055	.952	1.040	.781	.659	1.229	-	.621	.891
Standard Error		.075	.229	.157	.157	.201	.166	.167	.102	.109	.091	.319	.127	.355	-	.358	.127
Error variance		.01	.05	.02	.02	.04	.03	.03	.01	.01	.01	.10	.02	.13	-	.13	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status												
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed												
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k		
187	91	45	33	78	8	7	81	30	8	7	7	12	16	11	15		
182	79	50	37	87	7	6	82	29	7	7	6	10	14	13	13		
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%		
65	32	15	14	30	3	-	28	15	3	-	1	-	6	9	3		
35%	41%	31%	38%	34%	35%	-	34%	50%	36%	-	24%	-	45%	69%	19%		
65	30	19	12	30	3	4	31	8	1	4	1	6	5	3	7		
36%	38%	37%	31%	35%	37%	70%	37%	27%	13%	59%	15%	60%	37%	21%	51%		
29	7	11	8	19	2	-	14	5	2	2	3	1	1	-	2		
16%	9%	22%	21%	21%	29%	-	17%	16%	27%	31%	48%	9%	5%	-	16%		
	a			a													
19	8	5	3	8	-	2	9	1	2	-	1	3	-	1	2		
11%	10%	10%	7%	9%	-	30%	12%	4%	24%	-	13%	32%	-	10%	13%		
2	2	-	-	-	-	-	-	1	-	1	-	-	-	-	-		
1%	2%	-	-	-	-	-	-	3%	-	10%	-	-	-	-	-		
2	1	-	1	1	-	-	-	-	-	-	-	-	2	-	-		
1%	1%	-	3%	1%	-	-	-	-	-	-	-	-	13%	-	-		
130	62	34	26	60	5	4	58	23	4	4	2	6	12	12	9		
71%	78%	68%	70%	69%	71%	70%	71%	77%	49%	59%	39%	60%	83%	90%	71%		
21	10	5	3	8	-	2	9	2	2	1	1	3	-	1	2		
11%	12%	10%	7%	9%	-	30%	12%	7%	24%	10%	13%	32%	-	10%	13%		
180	79	50	36	86	7	6	82	29	7	7	6	10	13	13	13		
3.95	4.06	3.89	4.04	3.95	4.06	3.40	3.93	4.18	3.62	3.38	3.51	3.28	4.46	4.49	3.77		
1.015	1.047	.968	.954	.959	.855	1.007	.989	1.035	1.291	1.006	1.093	.962	.623	.964	.947		
.075	.110	.144	.169	.109	.302	.381	.110	.189	.457	.380	.413	.278	.166	.291	.244		
.01	.01	.02	.03	.01	.09	.14	.01	.04	.21	.14	.17	.08	.03	.08	.06		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																		
Unweighted Total	187	52	34	29	9	63	61	51	40	30	9	70	60	14	106	53	14	173
Total	182	50	36	29	9	64	59	51	39	29	10	67	61	12	105	51	13	169
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	65	20	16	5	21	21	23	12	6	3	18	27	9	38	14	4	56
	35%	40%	45%	17%	15%	32%	36%	46%	31%	22%	33%	27%	44%	68%	36%	28%	30%	33%
Fairly comfortable	(4.0)	65	21	12	11	3	23	20	12	12	3	23	23	2	41	18	4	64
	36%	41%	35%	38%	31%	36%	40%	38%	30%	40%	35%	34%	38%	12%	40%	36%	28%	38%
Neither comfortable nor uncomfortable	(3.0)	29	6	4	11	2	15	6	9	6	2	15	8	1	17	11	1	29
	16%	12%	12%	39%	21%	24%	13%	11%	23%	22%	21%	23%	13%	6%	16%	21%	7%	17%
Fairly uncomfortable	(2.0)	19	4	3	2	5	6	2	5	4	1	9	3	2	7	6	4	18
	11%	7%	9%	6%	25%	8%	10%	5%	12%	15%	11%	13%	6%	14%	7%	12%	30%	10%
Very uncomfortable	(1.0)	2	-	-	-	1	-	-	2	-	-	2	-	-	1	-	1	2
	1%	-	-	-	8%	-	1%	-	4%	-	-	2%	-	-	1%	-	5%	1%
Don't know		2	-	-	-	-	-	-	-	-	-	-	-	-	1	1	-	2
	1%	-	-	-	-	-	-	-	-	-	-	-	-	-	1%	2%	-	1%
NET: Comfortable	130	41	28	16	4	44	45	43	24	18	7	42	50	10	79	33	8	120
	71%	81%	80%	55%	46%	69%	76%	84%	61%	63%	69%	62%	82%	80%	75%	65%	58%	71%
NET: Uncomfortable	21	4	3	2	3	5	7	2	6	4	1	11	3	2	8	6	5	19
	11%	7%	9%	6%	33%	8%	11%	5%	16%	15%	11%	16%	6%	14%	8%	12%	36%	11%
Base for stats	180	50	36	29	9	64	59	51	39	29	10	67	61	12	104	50	13	167
Mean Score	3.95	4.14	4.16	3.65	3.19	3.93	4.00	4.25	3.73	3.70	3.92	3.71	4.20	4.35	4.03	3.82	3.47	3.93
								bce					bce					
Standard Deviation	1.015	.898	.956	.849	1.270	.937	1.008	.843	1.156	.996	1.033	1.082	.874	1.130	.938	.998	1.381	1.004
Standard Error	.075	.125	.164	.158	.423	.118	.129	.118	.183	.182	.344	.129	.113	.302	.092	.138	.369	.077
Error variance	.01	.02	.03	.02	.18	.01	.02	.01	.03	.03	.12	.02	.01	.09	.01	.02	.14	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
					Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
		Total	Yes	No							Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total		187	63	101	25	29	9	121	57	6	149	38	159	24
Total		182	64	97	24	29	10	118	56	6	146	36	155	23
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	65	20	35	10	7	1	46	17	2	55	9	59	5
		35%	31%	36%	43%	26%	13%	39%	30%	36%	38%	26%	38%	20%
Fairly comfortable	(4.0)	65	27	35	9	14	4	40	25	3	54	11	58	6
		36%	42%	36%	37%	50%	43%	34%	44%	50%	37%	31%	37%	28%
Neither comfortable nor uncomfortable	(3.0)	29	10	17	1	4	3	19	9	-	22	8	21	8
		16%	15%	18%	4%	16%	33%	16%	15%	-	15%	21%	14%	35%
Fairly uncomfortable	(2.0)	19	7	7	4	2	-	11	5	1	13	6	15	3
		11%	10%	8%	16%	8%	-	9%	10%	14%	9%	17%	9%	13%
Very uncomfortable	(1.0)	2	1	1	-	-	-	2	-	-	1	1	2	-
		1%	1%	1%	-	-	-	1%	-	-	1%	2%	1%	-
Don't know		2	-	2	-	-	1	1	1	-	1	1	1	1
		1%	-	2%	-	-	10%	1%	2%	-	1%	2%	1%	4%
NET: Comfortable		130	47	70	19	22	5	85	42	5	109	20	117	11
		71%	73%	72%	80%	76%	57%	73%	74%	86%	b	57%	75%	48%
NET: Uncomfortable		21	7	8	4	2	-	12	5	1	14	7	16	3
		11%	12%	8%	16%	8%	-	10%	10%	14%	10%	19%	10%	13%
Base for stats		180	64	95	24	29	9	117	56	6	145	35	155	22
Mean Score		3.95	3.92	4.01	4.07	3.94	3.78	4.00	3.96	4.09	b	3.64	4.02	3.58
Standard Deviation		1.015	.996	.970	1.076	.873	.729	1.022	.930	1.048	.974	1.132	.996	.987
Standard Error		.075	.126	.098	.215	.162	.258	.093	.124	.428	.080	.186	.079	.206
Error variance		.01	.02	.01	.05	.03	.07	.01	.02	.18	.01	.03	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
										NET 1-4 days	NET 5 + days		5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)		
		Total	0	1	2	3	4	5	6	7			0-4 (low)								
Significance Level: 95%			*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d	
Unweighted Total		187	3	15	30	41	31	29	11	27	117	67	37	43	77	25	44	55	61	24	
Total		182	2	14	30	37	31	29	12	26	112	67	37	41	74	26	44	51	59	25	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very comfortable	(5.0)	65	1	4	9	10	8	13	10	9	31	32	12	9	31	11	18	14	26	7	
		35%	36%	29%	31%	26%	26%	46%	82%	36%	28%	49% dei	33%	23%	42% b	44%	41%	28%	44%	27%	
Fairly comfortable	(4.0)	65	2	3	15	18	14	6	1	7	50	13	8	20	27	9	10	25	20	10	
		36%	64%	21%	50% j	48% j	46% j	20%	11%	25%	45% j	20%	22%	50% a	36%	37%	22%	49% a	35%	41%	
Neither comfortable nor uncomfortable	(3.0)	29	-	4	4	6	4	5	1	5	18	12	11	7	8	3	10	8	6	4	
		16%	-	26%	13%	16%	14%	18%	7%	21%	16%	17%	30% c	17%	10%	13%	22%	15%	10%	17%	
Fairly uncomfortable	(2.0)	19	-	3	2	2	4	4	-	5	11	9	5	3	8	2	6	4	6	3	
		11%	-	18%	6%	5%	14%	13%	-	18%	9%	13%	14%	7%	11%	7%	13%	7%	10%	12%	
Very uncomfortable	(1.0)	2	-	-	-	1	-	1	-	-	1	1	-	1	1	-	-	1	1	-	
		1%	-	-	-	2%	-	3%	-	-	1%	1%	-	2%	1%	-	-	2%	1%	-	
Don't know		2	-	1	-	1	-	-	-	-	2	-	1	1	-	-	1	-	-	1	
		1%	-	6%	-	3%	-	-	-	-	2%	-	2%	2%	-	-	2%	-	-	3%	
NET: Comfortable		130	2	7	24	27	22	19	11	16	81	46	20	30	57	21	28	38	46	17	
		71%	100%	50%	81%	74%	72%	66%	93%	61%	72%	69%	54%	73%	77% a	81%	63%	76%	78%	68%	
NET: Uncomfortable		21	-	3	2	3	4	5	-	5	11	9	5	3	9	2	6	4	7	3	
		11%	-	18%	6%	7%	14%	16%	-	18%	10%	14%	14%	9%	12%	7%	13%	9%	11%	12%	
Base for stats		180	2	13	30	36	31	29	12	26	111	67	36	40	74	26	43	51	59	24	
Mean Score		3.95	4.36	3.65	4.05	3.94	3.84	3.93	4.75	3.79	3.91	4.02	3.75	3.87	4.06	4.18	3.93	3.93	4.09	3.85	
Standard Deviation		1.015	.634	1.152	.846	.916	.982	1.213	.600	1.143	.941	1.141	1.079	.919	1.036	.913	1.088	.934	1.032	.991	
Standard Error		.075	.366	.308	.154	.145	.176	.225	.181	.220	.088	.139	.180	.142	.118	.183	.166	.126	.132	.207	
Error variance		.01	.13	.09	.02	.02	.03	.05	.03	.05	.01	.02	.03	.02	.01	.03	.03	.02	.02	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		187	91	53	41
Total		182	90	50	40
		100%	100%	100%	100%
Very comfortable	(5.0)	65	41	12	12
		35%	45%	25%	29%
			b		
Fairly comfortable	(4.0)	65	30	23	13
		36%	33%	45%	32%
Neither comfortable nor uncomfortable	(3.0)	29	13	9	7
		16%	14%	19%	18%
Fairly uncomfortable	(2.0)	19	7	4	7
		11%	8%	8%	17%
Very uncomfortable	(1.0)	2	-	1	1
		1%	-	2%	2%
Don't know		2	-	1	1
		1%	-	2%	2%
NET: Comfortable		130	71	35	24
		71%	78%	70%	61%
			c		
NET: Uncomfortable		21	7	5	8
		11%	8%	9%	19%
Base for stats		180	90	49	39
Mean Score		3.95	4.16	3.85	3.71
			c		
Standard Deviation		1.015	.937	.948	1.139
Standard Error		.075	.098	.132	.180
Error variance		.01	.01	.02	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2. SUMMARY: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		I enjoyed it a lot	I somewhat enjoyed it	I neither enjoyed it nor didn't enjoy it	I didn't enjoy it much	I didn't enjoy it at all	Don't know	NET: Enjoyed	NET: Didn't enjoy
	Total								
Outdoor sports facilities (e.g. courts and pitches)	242	105	87	39	8	1	2	192	9
	100%	43%	36%	16%	3%	*	1%	79%	4%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	305	113	113	44	24	6	5	226	29
	100%	37%	37%	14%	8%	2%	2%	74%	10%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	182	68	66	28	16	2	1	134	18
	100%	37%	36%	15%	9%	1%	1%	74%	10%
Indoor swimming pools	198	78	64	39	11	2	3	142	14
	100%	39%	32%	20%	6%	1%	2%	72%	7%
Outdoor exercise classes	164	56	57	35	16	1	-	113	17
	100%	34%	35%	21%	10%	*	-	69%	10%
Outdoor swimming pools	141	54	38	36	8	3	1	93	11
	100%	39%	27%	26%	5%	2%	1%	66%	8%
Other indoor sports facilities	126	35	35	33	18	4	1	70	22
	100%	28%	28%	27%	14%	3%	1%	56%	17%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	d	*e	*f	g	h	*i	
Unweighted Total		316	154	162	207	86	23	14	49	22	44	25	20	88	32	22	
Total		305	152	153	191	88	26	11	49	21	44	22	21	83	34	20	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	113	52	61	68	38	7	5	20	11	9	5	10	29	18	6
			37%	34%	40%	36%	44%	25%	48%	41%	52%	20%	21%	49%	35%	52% d	31%
I somewhat enjoyed it		(4.0)	113	53	60	68	32	13	3	17	7	26	9	6	33	7	6
			37%	35%	40%	36%	36%	50%	22%	35%	32%	60% bgh	39%	31%	40% h	20%	31%
I neither enjoyed it nor didn't enjoy it		(3.0)	44	26	18	31	11	2	2	8	1	5	7	2	12	3	3
			14%	17%	11%	16%	12%	8%	21%	16%	7%	12%	31%	10%	14%	8%	16%
I didn't enjoy it much		(2.0)	24	15	8	15	6	3	1	4	1	1	1	1	5	6	3
			8%	10%	5%	8%	7%	11%	8%	9%	6%	3%	7%	6%	5%	17% d	14%
I didn't enjoy it at all		(1.0)	6	3	2	4	-	2	-	-	-	2	1	-	2	1	1
			2%	2%	2%	2%	-	6%	-	-	-	3%	3%	-	2%	3%	4%
Don't know			5	3	2	5	1	-	-	-	1	1	-	1	2	-	1
			2%	2%	2%	2%	1%	-	-	-	3%	2%	-	4%	3%	-	5%
NET: Enjoyed			226	104	122	136	70	20	8	37	17	35	13	17	63	24	12
			74%	69%	80% a	71%	80%	75%	71%	75%	84%	80%	59%	80%	75%	72%	62%
NET: Didn't enjoy			29	18	11	19	6	4	1	4	1	3	2	1	6	7	3
			10%	12%	7%	10%	7%	17%	8%	9%	6%	6%	10%	6%	7%	20%	17%
Base for stats			299	149	150	186	87	26	11	49	20	43	22	20	81	34	19
Mean Score			4.02	3.90	4.13 a	3.97	4.18	3.78	4.11	4.07	4.34	3.92	3.66	4.28	4.04	4.02	3.76
Standard Deviation			1.006	1.059	.941 a	1.028	.898	1.137	1.048	.967	.882	.879	1.011	.919	.965	1.259	1.202
Standard Error			.057	.086	.075	.073	.097	.237	.280	.138	.193	.134	.202	.211	.105	.223	.262
Error variance			*	.01	.01	.01	.01	.06	.08	.02	.04	.02	.04	.04	.01	.05	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	c	*d	*e	*f	g	
Unweighted Total		316	62	85	77	43	25	24	224	92	230	11	47	24	-	2	84	
Total		305	65	88	72	37	21	21	225	80	222	11	45	24	-	2	81	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	
I enjoyed it a lot	(5.0)	113	23	33	29	12	9	6	86	28	85	3	13	11	-	1	28	
		37%	35%	38%	40%	33%	42%	30%	38%	35%	38%	28%	29%	46%	-	58%	35%	
I somewhat enjoyed it	(4.0)	113	25	32	27	14	8	7	84	29	81	4	21	6	-	1	32	
		37%	39%	36%	38%	39%	36%	32%	37%	36%	36%	37%	46%	25%	-	42%	39%	
I neither enjoyed it nor didn't enjoy it	(3.0)	44	8	10	10	7	2	5	29	15	32	2	5	5	-	-	12	
		14%	13%	12%	15%	18%	12%	25%	13%	18%	14%	19%	11%	21%	-	-	15%	
I didn't enjoy it much	(2.0)	24	6	9	3	4	1	1	18	6	17	1	5	1	-	-	7	
		8%	10%	10%	4%	10%	3%	6%	8%	7%	8%	9%	10%	4%	-	-	8%	
I didn't enjoy it at all	(1.0)	6	1	2	2	-	1	-	5	1	4	-	1	1	-	-	2	
		2%	1%	3%	2%	-	4%	-	2%	1%	2%	-	2%	4%	-	-	2%	
Don't know		5	2	1	1	-	1	1	3	2	3	1	1	-	-	-	1	
		2%	3%	1%	1%	-	4%	6%	1%	3%	1%	6%	2%	-	-	-	2%	
NET: Enjoyed		226	48	65	56	27	17	13	170	57	166	7	34	17	-	2	60	
		74%	74%	75%	78%	72%	78%	63%	75%	71%	75%	66%	75%	71%	-	100%	73%	
NET: Didn't enjoy		29	7	11	4	4	2	1	23	6	21	1	5	2	-	-	8	
		10%	11%	13%	6%	10%	7%	6%	10%	8%	9%	9%	12%	8%	-	-	10%	
Base for stats		299	64	87	71	37	21	20	222	78	219	10	44	24	-	2	80	
Mean Score		4.02	3.99	3.98	4.11	3.95	4.12	3.93	4.03	3.99	4.03	3.91	3.93	4.05	-	4.58	3.98	
Standard Deviation		1.006	1.018	1.076	.957	.960	1.052	.947	1.020	.972	1.007	.987	.998	1.109	-	.697	1.014	
Standard Error		.057	.131	.117	.110	.146	.215	.202	.069	.103	.067	.312	.147	.226	-	.493	.112	
Error variance		*	.02	.01	.01	.02	.05	.04	*	.01	*	.10	.02	.05	-	.24	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status											
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total		316	144	70	74	144	26	18	146	40	15	6	11	33	14	7	44
Total		305	121	79	82	162	25	16	148	39	13	4	9	28	12	9	42
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	113 37%	42 35%	31 39%	36 43%	67 41%	17 67%	5 32%	50 34%	15 38%	5 40%	1 18%	4 41%	9 31%	5 39%	3 32%	22 54% c
I somewhat enjoyed it	(4.0)	113 37%	44 36%	25 32%	32 39%	57 35%	6 23%	5 33%	56 38%	17 43%	6 41%	1 32%	3 28%	13 46%	5 39%	2 23%	11 27%
I neither enjoyed it nor didn't enjoy it	(3.0)	44 14%	17 14%	16 20%	8 10%	24 15%	2 9%	4 25%	25 17%	2 6%	1 6%	1 34%	1 16%	3 11%	3 22%	1 13%	6 15%
I didn't enjoy it much	(2.0)	24 8%	10 8%	7 9%	6 7%	13 8%	- -	1 5%	14 9%	5 13%	1 8%	1 16%	- -	1 3%	- -	1 15%	1 2%
I didn't enjoy it at all	(1.0)	6 2%	5 4%	- -	1 1%	1 1%	- -	1 5%	2 1%	- -	- -	- -	- -	2 6%	- -	2 17%	1 2%
Don't know		5 2%	4 3% d	- -	- -	- -	- -	- -	2 2%	- -	1 5%	- -	2 16%	1 3%	- -	- -	- -
NET: Enjoyed		226 74%	86 71%	56 71%	67 82%	123 76%	23 91%	10 65%	106 71%	32 81%	11 81%	2 50%	6 68%	21 77%	9 78%	5 55%	34 81%
NET: Didn't enjoy		29 10%	14 12%	7 9%	7 8%	14 9%	- -	2 10%	16 10%	5 13%	1 8%	1 16%	- -	2 9%	- -	3 32%	2 4%
Base for stats		299	117	79	82	162	25	16	146	39	13	4	8	27	12	9	42
Mean Score		4.02	3.93	4.01	4.15	4.08	4.58	3.83	3.95	4.06	4.20	3.51	4.30	3.97	4.17	3.38	4.29 c
Standard Deviation		1.006	1.096	.983	.954	.968	.665	1.121	1.000	.985	.914	1.100	.813	1.072	.793	1.570	.934
Standard Error		.057	.093	.118	.111	.081	.130	.264	.084	.156	.244	.449	.271	.189	.212	.593	.141
Error variance		*	.01	.01	.01	.01	.02	.07	.01	.02	.06	.20	.07	.04	.04	.35	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		316	93	79	30	11	109	104	92	70	41	10	111	102	29	157	106	24	287
Total		305	91	78	30	11	108	102	90	70	40	10	110	100	26	151	105	23	279
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	113	30	28	11	4	39	35	30	22	14	5	36	35	10	55	41	7	103
		37%	33%	36%	36%	40%	36%	34%	33%	32%	34%	50%	33%	35%	38%	36%	39%	31%	37%
I somewhat enjoyed it	(4.0)	113	36	34	10	2	43	38	37	31	13	3	43	40	12	49	44	8	101
		37%	40%	43%	32%	17%	40%	37%	42%	44%	32%	25%	40%	40%	46%	32%	42%	37%	36%
I neither enjoyed it nor didn't enjoy it	(3.0)	44	14	6	7	3	13	17	12	9	7	1	16	13	3	28	12	2	41
		14%	16%	8%	22%	23%	12%	17%	13%	13%	18%	12%	15%	13%	10%	19%	11%	7%	15%
I didn't enjoy it much	(2.0)	24	8	8	3	1	11	9	8	7	6	1	13	9	-	14	6	3	24
		8%	9%	11%	10%	12%	10%	9%	8%	10%	14%	13%	11%	9%	-	9%	6%	14%	8%
I didn't enjoy it at all	(1.0)	6	2	1	-	-	1	2	2	-	1	-	1	2	-	3	1	2	6
		2%	2%	1%	-	-	1%	2%	2%	-	2%	-	1%	2%	-	2%	1%	8%	2%
Don't know		5	1	1	-	1	1	2	2	1	-	-	1	2	2	2	1	1	4
		2%	1%	1%	-	8%	1%	2%	2%	1%	-	-	1%	2%	6%	2%	1%	3%	1%
NET: Enjoyed		226	66	62	21	6	83	72	67	53	26	8	79	75	22	104	85	16	204
		74%	73%	79%	69%	57%	76%	71%	75%	76%	66%	75%	72%	75%	84%	69%	81%	68%	73%
NET: Didn't enjoy		29	10	9	3	1	12	11	9	7	7	1	13	11	-	17	7	5	29
		10%	10%	11%	10%	12%	11%	11%	10%	10%	16%	13%	12%	11%	-	11%	7%	22%	10%
Base for stats		299	90	77	30	10	107	100	88	69	40	10	109	98	25	149	104	22	275
Mean Score		4.02	3.95	4.04	3.96	3.93	4.02	3.94	3.98	3.99	3.82	4.12	3.93	3.99	4.31	3.93	4.13	3.72	3.99
Standard Deviation		1.006	1.012	.985	.998	1.151	.985	1.020	1.000	.929	1.124	1.113	1.004	1.008	.661	1.058	.901	1.308	1.028
Standard Error		.057	.105	.112	.182	.364	.095	.101	.105	.112	.176	.352	.096	.101	.127	.085	.088	.273	.061
Error variance	*		.01	.01	.03	.13	.01	.01	.01	.01	.03	.12	.01	.01	.02	.01	.01	.07	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
									NET: Longstanding physical and mental condition or illness						
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total		316	133	151	38	56	16	202	103	5	273	43	276	36	
Total		305	135	141	35	55	14	197	98	5	266	39	269	32	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	113	47	55	14	21	4	77	35	3	101	12	104	9
			37%	35%	39%	41%	38%	28%	39%	36%	74%	38%	32%	39%	28%
I somewhat enjoyed it		(4.0)	113	50	50	16	19	4	69	37	1	99	15	99	13
			37%	37%	36%	44%	35%	29%	35%	38%	26%	37%	38%	37%	40%
I neither enjoyed it nor didn't enjoy it		(3.0)	44	20	21	2	5	4	33	11	-	37	7	39	4
			14%	15%	15%	4%	10%	28%	17% a	11%	-	14%	19%	15%	11%
I didn't enjoy it much		(2.0)	24	15	9	3	6	1	12	10	-	21	3	19	3
			8%	11%	6%	8%	11%	9%	6%	10%	-	8%	8%	7%	10%
I didn't enjoy it at all		(1.0)	6	3	3	1	2	1	2	4	-	5	1	5	1
			2%	2%	2%	2%	5% d	6%	1%	4% d	-	2%	2%	2%	2%
Don't know		5	-	3	-	1	-	4	1	-	5	1	2	3	
		2%	-	2%	-	2%	-	2%	1%	-	2%	2%	1%	9% a	
NET: Enjoyed		226	98	105	30	40	8	146	72	5	199	27	204	21	
		74%	72%	74%	86%	73%	57%	74%	73%	100%	75%	70%	76%	67%	
NET: Didn't enjoy		29	18	12	4	9	2	14	14	-	25	4	24	4	
		10%	13%	8%	10%	15% d	15%	7%	14% d	-	10%	10%	9%	12%	
Base for stats		299	135	138	35	54	14	193	97	5	261	38	267	29	
Mean Score		4.02	3.92	4.05	4.15	3.93	3.63	4.08	3.92	4.74	4.03	3.92	4.04	3.88	
Standard Deviation		1.006	1.057	1.003	.986	1.169	1.201	.945	1.130	.492	1.006	1.017	.996	1.062	
Standard Error		.057	.092	.083	.160	.158	.300	.067	.112	.220	.062	.157	.060	.188	
Error variance		*	.01	.01	.03	.02	.09	*	.01	.05	*	.02	*	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		316	10	21	52	71	51	49	20	42	195	111	53	113	99	44	104	92	80	33
Total		305	9	18	49	68	49	49	22	41	184	112	50	106	97	44	98	87	79	34
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot		(5.0)	113	2	5	14	27	16	21	12	16	61	18	40	36	20	46	24	28	14
		37%	27%	26%	28%	40%	32%	43%	57%	40%	33%	45%	36%	37%	37%	44%	46%	27%	35%	41%
												ci					b			
I somewhat enjoyed it		(4.0)	113	3	8	25	22	15	20	6	15	69	16	38	42	16	27	36	36	13
		37%	31%	44%	51%	32%	30%	41%	30%	36%	37%	37%	32%	35%	43%	36%	28%	41%	45%	37%
					de												a	a		
I neither enjoyed it nor didn't enjoy it		(3.0)	44	1	3	7	13	8	5	1	7	31	7	16	10	8	14	14	10	3
		14%	9%	18%	13%	18%	17%	9%	5%	17%	17%	11%	13%	15%	11%	18%	15%	16%	13%	10%
I didn't enjoy it much		(2.0)	24	1	-	3	7	10	1	1	1	20	7	7	7	1	10	10	2	2
		8%	15%	-	6%	10%	20%	1%	4%	2%	11%	2%	14%	7%	7%	2%	10%	12%	2%	4%
					j	cfhj					fj		d				c	c		
I didn't enjoy it at all		(1.0)	6	1	1	1	-	-	2	1	1	2	1	3	2	-	-	2	3	2
		2%	10%	4%	2%	-	-	3%	4%	2%	1%	3%	2%	3%	2%	-	-	2%	3%	4%
																			a	
Don't know		5	1	2	-	-	1	1	-	1	2	2	2	2	1	-	1	2	1	1
		2%	8%	9%	-	-	2%	2%	-	4%	1%	2%	3%	2%	1%	-	2%	2%	1%	3%
NET: Enjoyed		226	5	13	39	49	30	42	19	31	130	91	34	77	77	36	73	60	63	27
		74%	58%	69%	79%	71%	61%	84%	87%	76%	71%	82%	68%	73%	80%	80%	74%	69%	80%	78%
							e					ei								
NET: Didn't enjoy		29	2	1	4	7	10	2	2	2	21	6	8	11	9	1	10	12	4	3
		10%	25%	4%	8%	10%	20%	5%	8%	4%	12%	5%	16%	10%	9%	2%	10%	14%	6%	9%
							fhj						d							
Base for stats		299	8	17	49	68	48	49	22	39	182	109	49	104	97	44	97	86	78	33
Mean Score		4.02	3.54	3.95	3.97	4.01	3.75	4.22	4.31	4.13	3.92	4.21	3.89	3.99	4.06	4.23	4.12	3.81	4.08	4.09
							e					ei					b			
Standard Deviation		1.006	1.447	.970	.910	1.001	1.125	.917	1.067	.925	1.007	.944	1.118	1.061	.961	.814	1.008	1.032	.942	1.070
Standard Error		.057	.482	.223	.126	.119	.159	.132	.239	.146	.073	.091	.157	.101	.097	.123	.100	.109	.106	.189
Error variance		*	.23	.05	.02	.01	.03	.02	.06	.02	.01	.01	.02	.01	.01	.02	.01	.01	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		316	189	88	37
Total		305	184	85	33
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	113	76	29	7
		37%	41%	34%	20%
			c		
I somewhat enjoyed it	(4.0)	113	64	31	18
		37%	35%	36%	55%
				a	
I neither enjoyed it nor didn't enjoy it	(3.0)	44	30	11	3
		14%	16%	13%	10%
I didn't enjoy it much	(2.0)	24	9	12	3
		8%	5%	14%	8%
				a	
I didn't enjoy it at all	(1.0)	6	4	1	1
		2%	2%	1%	3%
Don't know		5	2	1	1
		2%	1%	2%	4%
NET: Enjoyed		226	140	60	25
		74%	76%	70%	75%
NET: Didn't enjoy		29	13	13	4
		10%	7%	15%	11%
				a	
Base for stats		299	182	84	32
Mean Score		4.02	4.09	3.90	3.85
Standard Deviation		1.006	.982	1.070	.951
Standard Error		.057	.072	.115	.161
Error variance		*	.01	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		206	93	112	125	59	22	19	31	20	16	14	17	59	19	11	
Total		198	89	108	115	59	24	16	32	19	14	13	17	58	20	10	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	78	30	48	41	20	17	5	14	10	6	3	5	22	8	4
		39%	33%	45%	36%	34%	69%	32%	45%	53%	43%	23%	32%	38%	42%	38%	
I somewhat enjoyed it		(4.0)	64	30	34	38	22	4	5	8	4	4	6	7	19	7	3
		32%	34%	31%	33%	38%	16%	30%	24%	20%	28%	49%	44%	34%	38%	32%	
I neither enjoyed it nor didn't enjoy it		(3.0)	39	21	18	25	10	4	5	7	4	3	3	11	1	2	
		20%	24%	17%	22%	17%	15%	33%	23%	20%	24%	20%	17%	18%	5%	23%	
I didn't enjoy it much		(2.0)	11	7	4	5	7	-	1	2	1	-	1	4	1	-	
		6%	7%	4%	4%	11%	-	5%	6%	8%	-	8%	7%	7%	6%	-	
I didn't enjoy it at all		(1.0)	2	1	2	2	-	-	-	-	-	-	-	1	1	1	
		1%	1%	2%	2%	-	-	-	-	-	-	-	-	1%	6%	7%	
Don't know		3	1	2	3	-	-	-	-	1	-	1	-	1	1	-	
		2%	1%	2%	3%	-	-	-	2%	-	5%	-	-	1%	4%	-	
NET: Enjoyed		142	60	82	79	42	21	10	22	14	10	9	13	42	16	7	
		72%	67%	76%	69%	72%	85%	62%	69%	72%	71%	72%	76%	72%	80%	71%	
NET: Didn't enjoy		14	7	6	7	7	-	1	2	1	-	1	1	5	2	1	
		7%	8%	5%	6%	11%	-	5%	6%	8%	-	8%	7%	8%	11%	7%	
Base for stats		195	88	106	111	59	24	16	31	19	14	13	17	57	19	10	
Mean Score		4.04	3.93	4.16	3.99	3.94	4.54	3.89	4.10	4.17	4.20	3.87	4.01	4.02	4.10	3.96	
Standard Deviation		.976	.973	.954	.989	.987	.755	.946	.977	1.032	.846	.893	.913	.990	1.146	1.152	
Standard Error		.069	.101	.091	.090	.129	.161	.217	.178	.231	.218	.239	.221	.130	.270	.347	
Error variance		*	.01	.01	.01	.02	.03	.05	.03	.05	.05	.06	.05	.02	.07	.12	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity								
Total		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white		
Significance Level: 95%			*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		206	28	44	59	29	22	24	131	75	148	8	27	15	2	4	56	
Total		198	31	47	57	24	19	21	135	63	144	7	25	15	1	3	52	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot	(5.0)	78	13	17	22	9	6	11	52	26	61	3	5	6	1	3	17	
		39%	42%	37%	39%	37%	31%	54%	39%	41%	43%	37%	20%	36%	52%	75%	32%	
I somewhat enjoyed it	(4.0)	64	11	14	21	11	3	4	46	18	47	2	6	7	-	1	16	
		32%	36%	30%	37%	45%	18%	18%	34%	28%	33%	21%	26%	45%	-	25%	30%	
I neither enjoyed it nor didn't enjoy it	(3.0)	39	6	8	11	4	7	4	24	15	25	1	10	2	1	-	14	
		20%	18%	17%	18%	15%	38%	20%	18%	24%	17%	17%	40%	15%	48%	-	27%	
I didn't enjoy it much	(2.0)	11	-	8	2	-	2	-	10	2	6	2	3	-	-	-	5	
		6%	-	17% ch	3%	-	9%	-	7%	3%	4%	25%	13%	-	-	-	10%	
I didn't enjoy it at all	(1.0)	2	1	-	-	-	1	1	1	1	1	-	-	1	-	-	1	
		1%	4%	-	-	-	4%	3%	1%	2%	1%	-	-	4%	-	-	1%	
Don't know		3	-	-	2	1	-	1	2	1	3	-	-	-	-	-	-	
		2%	-	-	3%	3%	-	3%	1%	2%	2%	-	-	-	-	-	-	
NET: Enjoyed		142	24	31	43	20	9	15	98	44	109	4	11	12	1	3	32	
		72%	78%	66%	75%	82%	49%	73%	73%	69%	76%	58%	47%	80%	52%	100%	62%	
NET: Didn't enjoy		14	1	8	2	-	2	1	11	3	7	2	3	1	-	-	6	
		7%	4%	17% ch	3%	-	13%	3%	8%	5%	5%	25%	13%	4%	-	-	11%	
Base for stats		195	31	47	55	23	19	20	133	62	141	7	25	15	1	3	52	
Mean Score		4.04	4.13	3.86	4.14	4.22	3.63	4.25	4.04	4.05	4.15 g	3.70	3.54	4.07	4.05	4.75	3.81	
Standard Deviation		.976	.969	1.105	.844	.715	1.150	1.038	.973	.991	.921	1.294	.980	.980	1.759	.512	1.039	
Standard Error		.069	.183	.167	.112	.135	.245	.216	.086	.116	.077	.458	.189	.253	1.244	.256	.139	
Error variance		*	.03	.03	.01	.02	.06	.05	.01	.01	.01	.21	.04	.06	1.55	.07	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status												
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%			a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total		206	93	53	41	94	7	17	98	26	8	12	6	10	13	9	24	
Total		198	76	60	47	107	7	15	98	26	7	10	5	8	11	9	22	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	78	30	25	18	43	4	6	35	9	2	4	4	3	5	7	10
		39%	40%	42%	38%	40%	59%	37%	36%	33%	24%	35%	73%	38%	49%	74%	44%	
I somewhat enjoyed it		(4.0)	64	28	16	14	31	1	7	35	8	3	3	1	3	1	2	7
		32%	37%	27%	31%	29%	11%	43%	36%	29%	41%	30%	27%	38%	13%	19%	33%	
I neither enjoyed it nor didn't enjoy it		(3.0)	39	12	14	11	25	2	3	18	7	1	3	-	1	3	1	5
		20%	15%	22%	24%	23%	30%	20%	19%	26%	10%	28%	-	10%	32%	8%	23%	
I didn't enjoy it much		(2.0)	11	3	5	2	8	-	-	8	2	1	-	-	-	-	-	-
		6%	4%	9%	5%	7%	-	-	8%	9%	14%	-	-	-	-	-	-	-
I didn't enjoy it at all		(1.0)	2	1	-	1	1	-	-	-	1	-	-	-	1	1	-	-
		1%	2%	-	2%	1%	-	-	-	3%	-	-	-	14%	6%	-	-	-
Don't know		3	2	-	-	-	-	-	2	-	1	1	-	-	-	-	-	-
		2%	2%	-	-	-	-	-	2%	-	11%	7%	-	-	-	-	-	-
NET: Enjoyed		142	58	41	32	74	5	12	70	16	5	7	5	6	7	9	17	
		72%	77%	69%	69%	69%	70%	80%	72%	63%	65%	65%	100%	76%	62%	92%	77%	
NET: Didn't enjoy		14	4	5	3	9	-	-	8	3	1	-	-	1	1	-	-	-
		7%	6%	9%	7%	8%	-	-	8%	11%	14%	-	-	14%	6%	-	-	-
Base for stats		195	74	60	47	107	7	15	97	26	6	10	5	8	11	9	22	
Mean Score		4.04	4.12	4.01	3.98	4.00	4.29	4.16	4.00	3.82	3.85	4.07	4.73	3.87	3.98	4.66	4.20	
Standard Deviation		.976	.947	1.008	1.023	1.010	.972	.761	.949	1.089	1.085	.869	.490	1.393	1.231	.650	.811	
Standard Error		.069	.099	.138	.160	.104	.367	.185	.097	.213	.410	.262	.200	.441	.342	.217	.166	
Error variance		*	.01	.02	.03	.01	.13	.03	.01	.05	.17	.07	.04	.19	.12	.05	.03	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19					
		Total													Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		206	68	50	28	7	78	75	62	43	42	10	85	72	24	95	74	13	182
Total		198	68	50	26	7	76	74	62	43	40	9	83	71	21	92	73	13	177
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	78	28	15	7	3	22	31	30	15	7	3	22	33	9	37	25	7	69
		39%	42%	30%	27%	44%	29%	42%	48%	35%	18%	31%	27%	46%	45%	40%	34%	58%	39%
									ce					ce					
I somewhat enjoyed it	(4.0)	64	24	20	7	2	28	26	18	17	17	2	34	21	6	30	26	1	58
		32%	36%	41%	28%	29%	36%	35%	30%	40%	41%	27%	41%	29%	31%	32%	36%	11%	32%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	11	11	8	1	19	12	10	7	11	3	18	13	5	17	14	3	34
		20%	16%	22%	31%	17%	25%	16%	17%	16%	27%	34%	21%	19%	25%	18%	20%	22%	19%
I didn't enjoy it much	(2.0)	11	4	3	3	-	6	4	3	3	4	-	7	3	-	5	6	-	11
		6%	5%	6%	12%	-	8%	5%	6%	7%	10%	-	9%	5%	-	6%	8%	-	6%
I didn't enjoy it at all	(1.0)	2	-	1	-	-	1	-	-	-	1	-	1	-	-	1	-	1	2
		1%	-	1%	-	-	1%	-	-	-	2%	-	1%	-	-	1%	-	9%	1%
Don't know		3	1	-	1	1	1	2	-	1	1	1	2	1	-	2	2	-	3
		2%	1%	-	3%	10%	1%	2%	-	2%	2%	8%	2%	1%	-	2%	2%	-	2%
NET: Enjoyed		142	53	36	14	5	50	58	48	32	24	5	56	53	16	67	51	9	127
		72%	78%	71%	55%	73%	66%	77%	78%	75%	60%	58%	68%	75%	75%	73%	70%	69%	71%
NET: Didn't enjoy		14	4	4	3	-	7	4	3	3	5	-	8	3	-	7	6	1	14
		7%	5%	7%	12%	-	9%	5%	6%	7%	12%	-	9%	5%	-	7%	8%	9%	8%
Base for stats		195	67	50	25	6	75	73	62	42	39	8	82	70	21	90	71	13	174
Mean Score		4.04	4.16	3.93	3.72	4.30	3.86	4.17	4.21	4.04	3.66	3.96	3.86	4.18	4.20	4.06	3.98	4.09	4.03
							e	ce					ce						
Standard Deviation		.976	.888	.945	1.022	.842	.970	.880	.917	.908	.965	.893	.950	.911	.829	.990	.946	1.311	.993
Standard Error		.069	.109	.134	.197	.344	.111	.103	.116	.140	.151	.298	.104	.108	.169	.103	.112	.364	.074
Error variance	*		.01	.02	.04	.12	.01	.01	.01	.02	.02	.09	.01	.01	.03	.01	.01	.13	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total		206	87	87	42	37	12	120	78	12	166	40	171	30	
Total		198	85	85	39	34	12	118	73	11	163	35	167	27	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	78	31	37	18	12	1	51	25	6	64	14	72	5
			39%	36%	44%	45%	36%	11%	43%	34%	52%	39%	40%	43%	17%
													b		
I somewhat enjoyed it		(4.0)	64	29	28	14	12	3	39	25	4	49	15	53	11
			32%	34%	32%	35%	36%	23%	33%	35%	32%	30%	42%	32%	42%
I neither enjoyed it nor didn't enjoy it		(3.0)	39	18	13	3	7	8	18	17	-	35	4	29	9
			20%	21%	15%	8%	21%	66%	15%	24%	-	21%	11%	17%	35%
								a						a	
I didn't enjoy it much		(2.0)	11	4	6	4	2	-	7	4	2	11	-	9	1
			6%	5%	7%	9%	5%	-	6%	5%	16%	7%	-	5%	3%
I didn't enjoy it at all		(1.0)	2	2	-	1	-	-	1	1	-	-	2	2	-
			1%	2%	-	3%	-	-	1%	2%	-	-	7%	1%	-
												a			
Don't know		3	2	1	-	1	-	-	2	1	-	3	-	2	1
		2%	2%	1%	-	2%	-	-	2%	1%	-	2%	-	1%	3%
NET: Enjoyed		142	60	65	32	24	4	90	50	10	114	28	125	16	
		72%	70%	76%	80%	72%	34%	76%	69%	84%	70%	82%	75%	59%	
NET: Didn't enjoy		14	6	6	5	2	-	8	5	2	11	2	11	1	
		7%	7%	7%	12%	5%	-	7%	6%	16%	7%	7%	7%	3%	
Base for stats		195	84	84	39	33	12	116	72	11	160	35	165	26	
Mean Score		4.04	3.99	4.14	4.10	4.04	3.44	4.14	3.96	4.20	4.04	4.07	4.12	3.75	
Standard Deviation		.976	.992	.938	1.080	.903	.710	.940	.968	1.101	.954	1.086	.962	.787	
Standard Error		.069	.108	.101	.167	.151	.205	.087	.110	.318	.075	.172	.074	.146	
Error variance		*	.01	.01	.03	.02	.04	.01	.01	.10	.01	.03	.01	.02	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	*d	a	b	c	d	
Unweighted Total		206	6	19	36	49	34	30	15	17	138	62	44	66	68	25	60	61	53	30	
Total		198	5	18	36	45	33	28	16	17	133	61	40	63	68	25	59	55	53	29	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	78	2	5	18	16	7	15	7	10	44	32	13	20	33	11	34	12	21	9
			39%	37%	25%	49%	34%	20%	52%	44%	62%	34%	53%	33%	31%	49%	44%	57%	22%	40%	31%
					e			e				ei			b		bd		b		
I somewhat enjoyed it		(4.0)	64	-	7	9	17	14	6	5	48	16	14	23	17	9	14	19	19	12	
			32%	-	41%	25%	38%	43%	21%	34%	28%	36%	27%	35%	36%	26%	36%	23%	35%	36%	42%
I neither enjoyed it nor didn't enjoy it		(3.0)	39	2	5	6	7	11	6	1	2	29	8	5	16	14	3	8	16	9	6
			20%	49%	29%	16%	16%	32%	20%	5%	10%	22%	13%	13%	25%	20%	13%	13%	29%	17%	22%
							j											a			
I didn't enjoy it much		(2.0)	11	-	1	2	4	1	1	3	-	8	4	4	4	2	1	3	5	2	1
			6%	-	4%	5%	8%	3%	4%	18%	-	6%	6%	10%	7%	3%	4%	5%	10%	4%	3%
I didn't enjoy it at all		(1.0)	2	1	-	1	1	-	-	-	-	2	-	2	1	-	-	1	1	1	-
			1%	14%	-	3%	1%	-	-	-	-	1%	-	5%	1%	-	-	2%	1%	1%	-
Don't know			3	-	-	1	1	1	1	-	-	2	1	1	-	1	1	-	2	1	1
			2%	-	-	2%	2%	3%	3%	-	-	2%	1%	4%	-	1%	3%	-	3%	1%	2%
NET: Enjoyed			142	2	12	27	33	21	21	12	15	92	48	27	42	51	20	48	32	40	21
			72%	37%	67%	74%	72%	63%	73%	78%	90%	70%	79%	68%	67%	75%	80%	80%	57%	76%	73%
																		b		b	
NET: Didn't enjoy			14	1	1	3	5	1	1	3	-	9	4	6	5	2	1	4	6	3	1
			7%	14%	4%	8%	10%	3%	4%	18%	-	7%	6%	14%	8%	3%	4%	7%	11%	6%	3%
														c							
Base for stats			195	5	18	35	45	32	27	16	17	130	60	38	63	67	24	59	53	52	29
Mean Score			4.04	3.44	3.87	4.13	3.97	3.82	4.24	4.04	4.53	3.96	4.27	3.86	3.89	4.23	4.23	4.29	3.70	4.10	4.03
													ei			b		b		b	
Standard Deviation			.976	1.529	.865	1.085	1.008	.799	.936	1.124	.685	.961	.933	1.157	.968	.893	.861	1.001	.983	.936	.837
Standard Error			.069	.624	.199	.183	.146	.139	.174	.290	.166	.083	.119	.179	.119	.109	.176	.129	.128	.130	.155
Error variance			*	.39	.04	.03	.02	.02	.03	.08	.03	.01	.01	.03	.01	.01	.03	.02	.02	.02	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		206	104	75	23
Total		198	100	72	23
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	78	40	24	12
		39%	40%	33%	55%
I somewhat enjoyed it	(4.0)	64	41	19	4
		32%	41%	27%	18%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	10	23	4
		20%	10%	33%	20%
			a		
I didn't enjoy it much	(2.0)	11	7	3	1
		6%	7%	4%	4%
I didn't enjoy it at all	(1.0)	2	-	2	-
		1%	-	2%	-
Don't know		3	2	1	1
		2%	2%	1%	3%
NET: Enjoyed		142	81	43	17
		72%	81%	59%	74%
			b		
NET: Didn't enjoy		14	7	5	1
		7%	7%	7%	4%
Base for stats		195	99	71	22
Mean Score		4.04	4.16	3.84	4.29
			b		
Standard Deviation		.976	.893	1.028	.936
Standard Error		.069	.088	.119	.199
Error variance		*	.01	.01	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		130	71	59	85	39	6	3	14	10	16	8	8	42	13	16	
Total		126	70	55	80	38	8	2	15	9	16	6	8	40	14	16	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	35	20	15	24	10	1	2	5	1	3	2	2	13	4	3
			28%	28%	27%	30%	28%	13%	65%	36%	8%	22%	35%	24%	32%	31%	18%
I somewhat enjoyed it		(4.0)	35	20	15	19	13	3	-	3	5	5	2	1	8	5	6
			28%	28%	28%	24%	35%	31%	-	23%	51%	32%	31%	17%	20%	33%	36%
I neither enjoyed it nor didn't enjoy it		(3.0)	33	19	15	21	8	4	1	4	2	5	-	3	11	3	4
			27%	26%	27%	26%	22%	55%	35%	30%	27%	31%	-	39%	27%	23%	24%
I didn't enjoy it much		(2.0)	18	9	8	13	5	-	-	2	1	2	2	2	5	1	2
			14%	13%	15%	16%	13%	-	-	11%	13%	15%	34%	20%	13%	6%	15%
I didn't enjoy it at all		(1.0)	4	3	1	3	1	-	-	-	-	-	-	2	1	1	
			3%	4%	2%	4%	2%	-	-	-	-	-	-	6%	7%	6%	
Don't know		1	-	1	1	-	-	-	-	-	-	-	-	1	-	-	
		1%	-	1%	1%	-	-	-	-	-	-	-	-	2%	-	-	
NET: Enjoyed		70	40	30	43	23	4	2	8	5	8	4	3	21	9	9	
		56%	56%	55%	53%	62%	45%	65%	59%	60%	54%	66%	41%	52%	65%	55%	
NET: Didn't enjoy		22	12	9	16	6	-	-	2	1	2	2	2	8	2	3	
		17%	17%	17%	20%	16%	-	-	11%	13%	15%	34%	20%	19%	13%	21%	
Base for stats		125	70	55	79	38	8	2	15	9	16	6	8	39	14	16	
Mean Score		3.63	3.63	3.64	3.60	3.72	3.58	4.30	3.83	3.55	3.62	3.68	3.45	3.60	3.77	3.47	
Standard Deviation		1.132	1.159	1.107	1.188	1.095	.762	1.249	1.078	.872	1.025	1.373	1.140	1.245	1.192	1.158	
Standard Error		.100	.138	.145	.130	.175	.311	.721	.288	.276	.256	.485	.403	.194	.331	.289	
Error variance		.01	.02	.02	.02	.03	.10	.52	.08	.08	.07	.24	.16	.04	.11	.08	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		130	31	32	29	12	13	13	92	38	87	8	22	6	2	-	38	
Total		126	34	32	28	10	10	12	94	32	85	8	22	5	2	-	37	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	
I enjoyed it a lot		(5.0)	35	14	6	9	2	2	1	30	5	21	2	8	2	2	-	14
		28%	42%	19%	34%	18%	20%	13%	32%	17%	24%	25%	36%	44%	100%	-	37%	
			h															
I somewhat enjoyed it		(4.0)	35	9	9	7	2	4	4	25	10	26	-	7	1	-	-	8
		28%	25%	28%	27%	19%	40%	31%	27%	30%	31%	-	31%	16%	-	-	21%	
I neither enjoyed it nor didn't enjoy it		(3.0)	33	5	9	5	6	3	6	19	14	23	4	4	1	-	-	8
		27%	14%	28%	19%	57%	27%	50%	20%	45%	28%	50%	16%	16%	-	-	23%	
			ag															
I didn't enjoy it much		(2.0)	18	5	6	4	1	1	1	15	3	11	2	2	1	-	-	6
		14%	16%	17%	14%	7%	13%	6%	16%	8%	13%	26%	11%	25%	-	-	15%	
I didn't enjoy it at all		(1.0)	4	1	2	1	-	-	-	4	-	3	-	1	-	-	-	1
		3%	3%	7%	3%	-	-	-	-	4%	-	3%	-	6%	-	-	-	3%
Don't know			1	-	-	1	-	-	-	1	-	1	-	-	-	-	-	-
		1%	-	-	3%	-	-	-	1%	-	1%	-	-	-	-	-	-	-
NET: Enjoyed			70	23	15	17	4	6	5	55	15	47	2	15	3	2	-	21
		56%	67%	47%	61%	37%	61%	44%	59%	47%	55%	25%	67%	59%	100%	-	58%	
NET: Didn't enjoy			22	6	8	5	1	1	1	19	3	14	2	4	1	-	-	7
		17%	19%	25%	17%	7%	13%	6%	20%	8%	16%	26%	16%	25%	-	-	19%	
Base for stats			125	34	32	27	10	10	12	93	32	84	8	22	5	2	-	37
Mean Score			3.63	3.88	3.34	3.77	3.48	3.68	3.50	3.66	3.55	3.61	3.23	3.81	3.78	5.00	-	3.73
Standard Deviation			1.132	1.212	1.196	1.190	.909	.985	.825	1.211	.880	1.098	1.163	1.228	1.380	*	-	1.227
Standard Error			.100	.218	.212	.225	.262	.273	.229	.127	.143	.118	.411	.262	.563	*	-	.199
Error variance			.01	.05	.04	.05	.07	.07	.05	.02	.02	.01	.17	.07	.32	*	-	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed							Student		Retired	
Significance Level: 95%		a	b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
Unweighted Total		130	56	30	28	58	4	8	62	21	7	1	7	13	3	4	12
Total		126	46	35	32	67	4	7	66	19	6	1	6	10	2	5	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	35	14	7	11	18	1	2	21	3	2	-	1	4	1	1	4
		28%	29%	20%	34%	27%	32%	36%	31%	14%	33%	-	13%	38%	38%	15%	35%
I somewhat enjoyed it	(4.0)	35	11	10	11	21	2	1	20	4	-	1	3	2	1	1	3
		28%	24%	29%	35%	32%	47%	14%	30%	18%	-	100%	55%	24%	30%	28%	26%
I neither enjoyed it nor didn't enjoy it	(3.0)	33	12	11	7	17	1	2	18	3	4	-	1	1	1	3	3
		27%	26%	30%	21%	26%	21%	36%	27%	14%	67%	-	12%	15%	32%	57%	30%
I didn't enjoy it much	(2.0)	18	7	6	2	8	-	-	7	8	-	-	1	1	-	-	-
		14%	15%	17%	7%	12%	-	-	10%	42%	-	-	21%	15%	-	-	-
I didn't enjoy it at all	(1.0)	4	2	1	1	2	-	1	1	2	-	-	-	-	-	-	1
		3%	4%	4%	3%	3%	-	14%	1%	12%	-	-	-	-	-	-	9%
Don't know		1	1	-	-	-	-	-	-	-	-	-	-	1	-	-	-
		1%	2%	-	-	-	-	-	-	-	-	-	-	8%	-	-	-
NET: Enjoyed		70	25	17	22	39	3	3	40	6	2	1	4	6	2	2	6
		56%	53%	49%	69%	58%	79%	50%	62%	32%	33%	100%	68%	62%	68%	43%	61%
NET: Didn't enjoy		22	9	7	3	11	-	1	7	11	-	-	1	1	-	-	1
		17%	19%	21%	10%	16%	-	14%	11%	54%	-	-	21%	15%	-	-	9%
Base for stats		125	46	35	32	67	4	7	66	19	6	1	6	9	2	5	10
Mean Score		3.63	3.61	3.45	3.89	3.66	4.11	3.59	3.80	2.80	3.66	4.00	3.60	3.93	4.06	3.57	3.78
Standard Deviation		1.132	1.185	1.116	1.070	1.108	.833	1.456	1.042	1.297	1.022	-	1.037	1.169	1.096	.825	1.236
Standard Error		.100	.160	.204	.202	.146	.416	.515	.132	.283	.386	-	.392	.337	.633	.413	.357
Error variance		.01	.03	.04	.04	.02	.17	.26	.02	.08	.15	-	.15	.11	.40	.17	.13

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total		130	37	30	20	9	50	46	35	38	16	7	54	42	12	66	42	10	118
Total		126	37	32	19	8	51	45	35	38	15	8	53	43	11	63	42	10	115
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	35 28%	18 50% be	4 14%	2 11%	3 34%	7 13%	21 47% be	15 44% be	6 15%	5 34%	1 17%	11 21%	17 39% b	5 46%	14 22%	15 35%	2 16%	30 26%
I somewhat enjoyed it	(4.0)	35 28%	7 19%	12 38%	4 22%	2 19%	16 32%	9 19%	8 24%	9 25%	4 25%	1 18%	13 25%	10 23%	- -	19 30%	12 28%	4 43%	35 30%
I neither enjoyed it nor didn't enjoy it	(3.0)	33 27%	10 26%	9 26%	7 40%	- -	16 31%	10 21%	6 18%	13 35%	2 16%	4 57%	16 30%	11 25%	4 38%	18 29%	8 19%	3 29%	29 26%
I didn't enjoy it much	(2.0)	18 14%	2 6%	5 16%	4 20%	3 36%	9 18%	5 11%	3 9%	7 18%	4 26%	1 9%	11 20%	4 9%	- -	10 16%	6 15%	1 12%	18 15%
I didn't enjoy it at all	(1.0)	4 3%	- -	2 6%	1 7%	1 11%	3 6%	1 2%	2 5%	2 6%	- -	- -	2 4%	2 4%	2 16%	1 2%	1 2%	- -	2 2%
Don't know		1 1%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	- -	- -	1 1%
NET: Enjoyed		70 56%	26 69% e	17 52%	6 33%	4 53%	23 45%	30 66% e	24 68% be	15 41%	9 59%	3 35%	24 46%	26 62%	5 46%	33 52%	26 63%	6 59%	65 56%
NET: Didn't enjoy		22 17%	2 6%	7 22%	5 27%	4 47%	12 24% a	6 13%	5 15%	9 24%	4 26%	1 9%	13 25%	6 14%	2 16%	11 18%	7 17%	1 12%	20 17%
Base for stats		125	37	32	19	8	51	45	35	38	15	8	53	43	11	62	42	10	114
Mean Score		3.63	4.13 be	3.38	3.10	3.29	3.28	3.98 be	3.91 be	3.26	3.67	3.43	3.38	3.82 b	3.60	3.54	3.78	3.63	3.64
Standard Deviation		1.132	.995	1.107	1.093	1.608	1.099	1.153	1.231	1.117	1.232	.933	1.154	1.189	1.531	1.074	1.162	.945	1.094
Standard Error		.100	.163	.202	.244	.536	.155	.170	.208	.181	.308	.353	.157	.183	.442	.133	.179	.299	.101
Error variance		.01	.03	.04	.06	.29	.02	.03	.04	.03	.09	.12	.02	.03	.20	.02	.03	.09	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness					
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total		130	50	62	21	16	9	76	44	2	109	21	108	17
Total		126	51	58	21	16	9	73	44	3	106	20	106	15
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot		(5.0)	35	15	14	6	5	2	22	11	30	5	30	4
			28%	29%	25%	26%	30%	23%	29%	26%	28%	25%	28%	25%
I somewhat enjoyed it		(4.0)	35	16	18	7	5	1	21	13	28	6	30	4
			28%	31%	31%	33%	28%	13%	29%	29%	27%	32%	28%	24%
I neither enjoyed it nor didn't enjoy it		(3.0)	33	11	18	4	6	3	19	12	29	4	28	4
			27%	21%	31%	21%	36%	31%	26%	26%	28%	22%	26%	29%
I didn't enjoy it much		(2.0)	18	7	8	4	-	3	8	7	13	4	14	3
			14%	15%	14%	20%	-	33%	12%	17%	13%	21%	13%	22%
I didn't enjoy it at all		(1.0)	4	2	-	-	1	-	3	1	4	-	4	-
			3%	5%	-	-	6%	-	4%	2%	4%	-	4%	-
Don't know			1	-	-	-	-	-	-	-	1	-	1	-
			1%	-	-	-	-	-	-	-	1%	-	1%	-
NET: Enjoyed			70	31	32	13	9	3	42	24	59	11	60	7
			56%	60%	56%	59%	58%	36%	58%	55%	55%	57%	56%	49%
NET: Didn't enjoy			22	10	8	4	1	3	12	8	17	4	18	3
			17%	19%	14%	20%	6%	33%	16%	19%	16%	21%	17%	22%
Base for stats			125	51	58	21	16	9	73	44	105	20	106	15
Mean Score			3.63	3.65	3.66	3.64	3.77	3.25	3.67	3.59	3.64	3.61	3.63	3.51
Standard Deviation			1.132	1.182	1.005	1.098	1.085	1.207	1.150	1.113	1.141	1.110	1.143	1.128
Standard Error			.100	.167	.128	.240	.271	.402	.132	.168	.110	.242	.110	.274
Error variance			.01	.03	.02	.06	.07	.16	.02	.03	.01	.06	.01	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total		130	1	8	24	27	24	27	7	12	83	46	31	40	40	17	43	37	31	18
Total		126	1	8	23	25	24	27	8	11	80	46	30	36	40	18	42	33	31	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot		(5.0)	35	-	2	6	7	8	3	3	6	23	7	7	12	8	14	4	8	8
		28%	-	27%	25%	27%	33%	12%	36%	59%	28%	28%	24%	18%	31%	46%	33%	13%	27%	47%
																	b			
I somewhat enjoyed it		(4.0)	35	-	1	9	5	3	11	4	2	18	7	12	12	4	8	12	12	3
		28%	-	12%	39%	21%	12%	43%	48%	14%	23%	37%	23%	32%	31%	20%	19%	37%	38%	14%
I neither enjoyed it nor didn't enjoy it		(3.0)	33	-	4	7	8	5	6	1	2	24	9	9	9	6	12	8	7	6
		27%	-	51%	29%	33%	23%	21%	16%	20%	31%	20%	29%	26%	23%	34%	29%	23%	24%	34%
I didn't enjoy it much		(2.0)	18	1	1	1	3	6	6	-	-	11	7	6	5	-	5	9	4	-
		14%	100%	11%	6%	11%	27%	21%	-	-	14%	12%	23%	16%	12%	-	11%	27%	12%	-
I didn't enjoy it at all		(1.0)	4	-	-	-	2	1	1	-	-	3	-	3	1	-	3	-	-	1
		3%	-	-	-	8%	5%	3%	-	-	4%	2%	-	8%	3%	-	8%	-	-	5%
Don't know		1	-	-	-	-	-	-	-	1	-	1	-	-	-	-	-	-	-	-
		1%	-	-	-	-	-	-	-	7%	-	2%	-	-	-	-	-	-	-	-
NET: Enjoyed		70	-	3	15	12	11	14	7	8	41	29	14	18	25	12	22	17	20	11
		56%	-	38%	64%	49%	45%	55%	84%	73%	51%	64%	48%	50%	62%	66%	52%	50%	65%	61%
NET: Didn't enjoy		22	1	1	1	5	8	6	-	-	15	6	7	9	6	-	8	9	4	1
		17%	100%	11%	6%	18%	32%	24%	-	-	18%	14%	23%	24%	15%	-	19%	27%	12%	5%
Base for stats		125	1	8	23	25	24	27	8	10	80	45	30	36	40	18	42	33	31	18
Mean Score		3.63	2.00	3.54	3.83	3.50	3.41	3.39	4.19	4.41	3.57	3.77	3.49	3.37	3.74	4.11	3.59	3.35	3.79	3.99
Standard Deviation		1.132	-	1.069	.900	1.236	1.357	1.069	.745	.863	1.165	1.063	1.113	1.192	1.129	.912	1.275	1.029	.979	1.155
Standard Error		.100	-	.378	.184	.238	.277	.206	.282	.260	.128	.158	.200	.188	.178	.221	.194	.169	.176	.272
Error variance		.01	-	.14	.03	.06	.08	.04	.08	.07	.02	.03	.04	.04	.03	.05	.04	.03	.03	.07



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		130	60	41	28
Total		126	61	37	28
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	35	27	5	2
		28%	45%	15%	8%
			b		
I somewhat enjoyed it	(4.0)	35	13	14	7
		28%	21%	40%	26%
				a	
I neither enjoyed it nor didn't enjoy it	(3.0)	33	13	12	9
		27%	22%	32%	31%
I didn't enjoy it much	(2.0)	18	5	4	8
		14%	7%	11%	30%
I didn't enjoy it at all	(1.0)	4	2	1	1
		3%	3%	2%	5%
Don't know		1	1	-	-
		1%	1%	-	-
NET: Enjoyed		70	40	20	10
		56%	67%	54%	34%
NET: Didn't enjoy		22	6	5	10
		17%	11%	13%	35%
Base for stats		125	60	37	28
Mean Score		3.63	3.99	3.54	3.03
			b		
Standard Deviation		1.132	1.136	.966	1.051
Standard Error		.100	.148	.151	.199
Error variance		.01	.02	.02	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		171	91	80	111	51	9	15	22	17	18	9	13	52	14	11	
Total		164	87	77	102	52	10	12	23	16	17	7	13	51	16	10	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	56	28	29	31	20	5	3	7	7	3	2	4	20	5	5
			34%	32%	37%	31%	38%	53%	25%	30%	44%	21%	22%	27%	40%	35%	49%
I somewhat enjoyed it		(4.0)	57	25	32	38	16	3	4	8	4	10	2	6	16	6	1
			35%	28%	41%	37%	30%	34%	32%	37%	23%	59%	35%	44%	31%	36%	15%
I neither enjoyed it nor didn't enjoy it		(3.0)	35	23	11	21	12	1	3	6	4	2	3	-	9	5	3
			21%	26%	15%	21%	23%	13%	23%	28%	24%	10%	44%	-	18%	30%	29%
I didn't enjoy it much		(2.0)	16	11	5	11	5	-	2	1	1	1	-	4	5	-	1
			10%	12%	7%	11%	9%	-	19%	5%	9%	6%	-	29%	11%	-	7%
I didn't enjoy it at all		(1.0)	1	1	-	1	-	-	-	-	-	1	-	-	-	-	-
			*	1%	-	1%	-	-	-	-	-	5%	-	-	-	-	-
Don't know			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Enjoyed			113	53	61	69	35	9	7	15	11	13	4	9	36	11	6
			69%	60%	78%	68%	67%	87%	58%	67%	67%	79%	56%	71%	71%	70%	64%
					a												
NET: Didn't enjoy			17	12	5	12	5	-	2	1	1	2	-	4	5	-	1
			10%	13%	7%	12%	9%	-	19%	5%	9%	11%	-	29%	11%	-	7%
Base for stats			164	87	77	102	52	10	12	23	16	17	7	13	51	16	10
Mean Score			3.93	3.78	4.09	3.86	3.96	4.41	3.64	3.92	4.01	3.84	3.78	3.69	4.01	4.05	4.06
					a												
Standard Deviation			.991	1.059	.887	1.001	1.001	.743	1.102	.909	1.054	1.005	.840	1.204	1.014	.828	1.083
Standard Error			.076	.111	.099	.095	.140	.248	.284	.194	.256	.237	.280	.334	.141	.221	.326
Error variance			.01	.01	.01	.01	.02	.06	.08	.04	.07	.06	.08	.11	.02	.05	.11

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		171	32	38	43	28	14	16	113	58	120	10	28	6	2	4	50	
Total		164	34	39	43	24	12	14	115	49	115	10	27	6	2	4	49	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot	(5.0)	56	16	12	17	5	2	5	45	12	41	4	9	1	-	1	15	
		34%	49% h	30%	39%	20%	19%	35%	39%	24%	36%	37%	32%	21%	-	30%	30%	
I somewhat enjoyed it	(4.0)	57	9	16	12	9	6	5	37	20	37	3	10	3	2	3	20	
		35%	28%	41%	27%	39%	51%	34%	32%	41%	32%	31%	36%	47%	100%	70%	41%	
I neither enjoyed it nor didn't enjoy it	(3.0)	35	5	10	9	6	2	3	24	11	25	2	6	1	-	-	9	
		21%	14%	25%	21%	24%	15%	25%	21%	22%	22%	24%	22%	14%	-	-	19%	
I didn't enjoy it much	(2.0)	16	3	2	5	4	2	-	10	6	11	1	3	1	-	-	4	
		10%	9%	5%	12%	17%	15%	-	9%	12%	9%	7%	10%	17%	-	-	9%	
I didn't enjoy it at all	(1.0)	1	-	-	-	-	-	1	-	1	1	-	-	-	-	-	-	
		*	-	-	-	-	-	6%	-	2%	1%	-	-	-	-	-	-	
Don't know		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
NET: Enjoyed		113	26	27	28	14	8	9	81	32	78	7	19	4	2	4	35	
		69%	76%	70%	66%	59%	70%	69%	71%	64%	68%	68%	68%	69%	100%	100%	72%	
NET: Didn't enjoy		17	3	2	5	4	2	1	10	7	11	1	3	1	-	-	4	
		10%	9%	5%	12%	17%	15%	6%	9%	13%	10%	7%	10%	17%	-	-	9%	
Base for stats		164	34	39	43	24	12	14	115	49	115	10	27	6	2	4	49	
Mean Score		3.93	4.16	3.96	3.93	3.62	3.74	3.93	4.01	3.73	3.94	3.98	3.90	3.73	4.00	4.30	3.93	
Standard Deviation		.991	1.000	.866	1.055	1.011	.973	1.088	.975	1.012	1.009	1.009	.974	1.078	-	.529	.931	
Standard Error		.076	.177	.140	.161	.191	.260	.272	.092	.133	.092	.319	.184	.440	-	.264	.132	
Error variance		.01	.03	.02	.03	.04	.07	.07	.01	.02	.01	.10	.03	.19	-	.07	.02	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k	
171	69	39	41	80	11	16	87	19	4	3	7	10	10	4	27	
164	56	44	46	91	9	15	88	19	4	2	6	8	9	5	24	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
56	15	18	18	36	4	3	31	11	-	1	1	2	3	1	7	
34%	26%	40%	40%	40%	47%	19%	35%	58%	-	34%	18%	19%	38%	19%	30%	
57	23	10	17	27	3	5	30	4	2	1	4	3	3	2	8	
35%	40%	23%	36%	30%	29%	34%	34%	21%	43%	34%	69%	34%	38%	54%	32%	
35	12	9	10	19	2	5	21	-	1	-	1	2	1	1	7	
21%	22%	20%	22%	21%	24%	32%	24%	-	34%	-	14%	20%	16%	27%	29%	
16	6	7	1	9	-	2	6	4	1	1	-	2	-	-	2	
10%	11%	17%	2%	9%	-	16%	7%	21%	23%	31%	-	27%	-	-	10%	
		c														
1	1	-	-	-	-	-	-	-	-	-	-	-	1	-	-	
*	1%	-	-	-	-	-	-	-	-	-	-	-	8%	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
113	37	28	35	63	7	8	61	15	2	2	5	4	7	3	15	
69%	66%	63%	76%	70%	76%	52%	69%	79%	43%	69%	86%	52%	76%	73%	62%	
17	7	7	1	9	-	2	6	4	1	1	-	2	1	-	2	
10%	12%	17%	2%	9%	-	16%	7%	21%	23%	31%	-	27%	8%	-	10%	
		c														
164	56	44	46	91	9	15	88	19	4	2	6	8	9	5	24	
3.93	3.79	3.86	4.13	4.00	4.22	3.55	3.97	4.16	3.19	3.71	4.04	3.44	3.97	3.92	3.82	
.991	.998	1.132	.839	.997	.857	1.002	.932	1.212	.925	1.651	.614	1.153	1.209	.762	.987	
.076	.120	.181	.131	.111	.258	.251	.100	.278	.462	.953	.232	.365	.382	.381	.190	
.01	.01	.03	.02	.01	.07	.06	.01	.08	.21	.91	.05	.13	.15	.15	.04	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%		171	49	51	15	9	66	58	46	44	23	11	67	57	22	77	57	15	149
Unweighted Total		164	47	53	14	9	66	56	45	44	22	11	66	56	18	74	58	14	146
Total		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	56 34%	22 46% be	10 20%	8 58%	4 42%	18 28%	26 46% be	17 38%	14 32%	9 40%	5 47%	23 34%	22 40%	3 18%	27 36%	21 36%	5 38%	53 36%
I somewhat enjoyed it	(4.0)	57 35%	17 36%	20 38%	2 18%	1 16%	22 34%	18 33%	14 32%	17 39%	5 20%	2 21%	22 33%	17 30%	4 22%	27 36%	21 36%	5 36%	53 36%
I neither enjoyed it nor didn't enjoy it	(3.0)	35 21%	5 12%	16 31% af	2 11%	2 23%	18 27% a	7 13%	10 22%	8 17%	5 23%	3 23%	13 19%	12 22%	8 43%	12 17%	12 21%	2 15%	27 18%
I didn't enjoy it much	(2.0)	16 10%	3 6%	6 12%	2 13%	2 20%	8 12%	5 8%	4 8%	5 12%	4 17%	1 9%	9 14%	5 8%	2 13%	8 11%	4 7%	2 11%	14 9%
I didn't enjoy it at all	(1.0)	1 *	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 4%	- -	- -	- -	- -
Don't know		- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: Enjoyed		113 69%	39 82% be	30 57%	10 76%	5 58%	41 61%	44 78% be	31 70%	31 70%	13 60%	8 68%	44 67%	39 70%	7 40%	53 72%	42 72%	11 75%	106 72%
NET: Didn't enjoy		17 10%	3 6%	6 12%	2 13%	2 20%	8 12%	5 8%	4 8%	5 12%	4 17%	1 9%	9 14%	5 8%	3 17%	8 11%	4 7%	2 11%	14 9%
Base for stats		164	47	53	14	9	66	56	45	44	22	11	66	56	18	74	58	14	146
Mean Score		3.93	4.22 be	3.65	4.22	3.80	3.76	4.15 be	4.00	3.90	3.83	4.06	3.88	4.01	3.37	3.97	4.01	4.03	4.00
Standard Deviation		.991	.893	.937	1.115	1.252	.995	.958	.970	.994	1.153	1.075	1.042	.982	1.073	.988	.930	1.013	.961
Standard Error		.076	.128	.131	.288	.417	.122	.126	.143	.150	.241	.324	.127	.130	.229	.113	.123	.262	.079
Error variance		.01	.02	.02	.08	.17	.02	.02	.02	.02	.06	.11	.02	.02	.05	.01	.02	.07	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		171	72	75	23	29	14	107	59	5	143	28	150	19	
Total		164	72	72	21	26	13	106	53	5	138	27	145	17	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	56	24	29	9	8	4	38	17	3	46	10	52	4
			34%	34%	40%	46%	29%	28%	36%	32%	60%	34%	38%	36%	23%
I somewhat enjoyed it		(4.0)	57	29	23	9	12	3	36	21	2	47	10	50	6
			35%	40%	32%	46%	45%	20%	34%	39%	40%	34%	36%	34%	33%
I neither enjoyed it nor didn't enjoy it		(3.0)	35	13	12	2	4	3	23	9	-	29	5	28	7
			21%	19%	17%	9%	17%	22%	22%	17%	-	21%	20%	19%	40%
I didn't enjoy it much		(2.0)	16	6	8	-	2	4	8	6	-	14	2	14	1
			10%	8%	11%	-	7%	30%	8%	11%	-	10%	6%	10%	4%
I didn't enjoy it at all		(1.0)	1	-	-	-	1	-	-	1	-	1	-	1	-
			*	-	-	-	3%	-	-	1%	-	1%	-	1%	-
Don't know			-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Enjoyed		113	53	52	19	19	6	74	38	5	93	20	102	10	
		69%	74%	72%	91%	73%	48%	70%	71%	100%	68%	74%	70%	56%	
NET: Didn't enjoy		17	6	8	-	3	4	8	6	-	15	2	15	1	
		10%	8%	11%	-	10%	30%	8%	12%	-	11%	6%	10%	4%	
Base for stats		164	72	72	21	26	13	106	53	5	138	27	145	17	
Mean Score		3.93	3.99	4.01	4.37	3.90	3.45	3.98	3.89	4.60	3.90	4.06	3.96	3.75	
Standard Deviation		.991	.924	1.012	.653	1.010	1.238	.952	1.024	.552	1.005	.919	.999	.880	
Standard Error		.076	.109	.117	.136	.187	.331	.092	.133	.247	.084	.174	.082	.202	
Error variance		.01	.01	.01	.02	.04	.11	.01	.02	.06	.01	.03	.01	.04	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
										NET 1-4 days	NET 5 + days										
Total		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)		
Significance Level: 95%			*a	*b	c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d	
Unweighted Total		171	5	10	32	40	25	28	8	23	107	59	29	62	55	24	49	45	48	29	
Total		164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	56	-	3	8	13	6	14	3	9	30	26	7	11	28	10	23	8	15	11
			34%	-	35%	27%	33%	25%	49%	39%	41%	30%	45%	27%	19%	51% b	43%	48% b	20%	30%	39%
I somewhat enjoyed it		(4.0)	57	1	2	11	13	10	9	3	9	36	21	11	17	19	9	13	15	18	10
			35%	19%	26%	35%	33%	41%	30%	40%	39%	35%	35%	43%	29%	35%	40%	28%	36%	37%	38%
I neither enjoyed it nor didn't enjoy it		(3.0)	35	2	1	8	10	5	5	2	2	24	9	4	23	4	2	7	11	12	5
			21%	42%	10%	28%	25%	20%	19%	22%	9%	23%	15%	16%	39% c	7%	10%	15%	25%	25%	18%
I didn't enjoy it much		(2.0)	16	1	3	3	3	3	1	-	2	12	3	4	8	3	1	3	8	4	1
			10%	19%	30%	10%	9%	14%	2%	-	10%	12%	5%	15%	13%	5%	6%	7%	18%	8%	5%
I didn't enjoy it at all		(1.0)	1	1	-	-	-	-	-	-	-	-	-	-	-	1	-	1	-	-	-
		*	20%	-	-	-	-	-	-	-	-	-	-	-	-	1%	-	2%	-	-	-
Don't know			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
NET: Enjoyed		113	1	5	19	25	16	22	7	18	66	47	18	28	47	20	36	23	32	21	
		69%	19%	61%	62%	66%	66%	79%	78%	81%	65%	79% i	69%	48%	86% b	84%	76% b	56%	68%	77%	
NET: Didn't enjoy		17	1	3	3	3	3	1	-	2	12	3	4	8	4	1	4	8	4	1	
		10%	39%	30%	10%	9%	14%	2%	-	10%	12%	5%	15%	13%	7%	6%	8%	18%	8%	5%	
Base for stats		164	4	9	30	38	24	28	9	22	102	59	26	58	55	23	47	42	48	28	
Mean Score		3.93	2.59	3.66	3.80	3.90	3.78	4.25	4.17	4.12	3.82	4.19 i	3.81	3.54	4.29 b	4.21	4.14 b	3.58	3.90	4.11	
Standard Deviation		.991	1.182	1.305	.967	.972	.995	.857	.806	.974	.994	.883	1.013	.948	.926	.879	1.022	1.019	.929	.893	
Standard Error		.076	.529	.413	.171	.154	.199	.162	.285	.203	.096	.115	.188	.120	.125	.180	.146	.152	.134	.166	
Error variance		.01	.28	.17	.03	.02	.04	.03	.08	.04	.01	.01	.04	.01	.02	.03	.02	.02	.02	.03	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		171	98	46	26
Total		164	95	43	25
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	56	35	15	6
		34%	36%	35%	23%
I somewhat enjoyed it	(4.0)	57	37	14	6
		35%	39%	31%	26%
I neither enjoyed it nor didn't enjoy it	(3.0)	35	15	10	9
		21%	16%	24%	37%
I didn't enjoy it much	(2.0)	16	8	4	3
		10%	9%	10%	14%
I didn't enjoy it at all	(1.0)	1	1	-	-
		*	1%	-	-
Don't know		-	-	-	-
		-	-	-	-
NET: Enjoyed		113	71	29	12
		69%	75%	66%	49%
NET: Didn't enjoy		17	9	4	3
		10%	9%	10%	14%
Base for stats		164	95	43	25
Mean Score		3.93	4.01	3.91	3.58
Standard Deviation		.991	.972	.999	1.011
Standard Error		.076	.098	.147	.198
Error variance		.01	.01	.02	.04



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		249	134	115	169	57	23	11	45	18	26	20	12	79	23	15	
Total		242	133	109	155	59	28	8	44	17	26	17	12	78	26	14	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	105	58	46	58	27	20	2	21	10	7	3	4	36	18	4
			43%	44%	42%	38%	45%	71%	28%	47%	56%	27%	19%	34%	47%	67%	26%
I somewhat enjoyed it		(4.0)	87	49	38	58	22	7	4	12	5	13	12	5	28	6	3
			36%	37%	35%	37%	38%	26%	44%	27%	28%	49%	71%	41%	36%	24%	23%
I neither enjoyed it nor didn't enjoy it		(3.0)	39	20	19	29	9	1	2	9	1	6	1	1	11	2	5
			16%	15%	17%	19%	15%	3%	28%	21%	6%	21%	6%	11%	14%	8%	37%
I didn't enjoy it much		(2.0)	8	4	4	7	1	-	-	2	2	-	1	2	1	-	2
			3%	3%	4%	5%	1%	-	-	4%	9%	-	4%	14%	1%	-	13%
I didn't enjoy it at all		(1.0)	1	1	-	1	-	-	-	-	-	-	-	1	-	-	-
			*	1%	-	1%	-	-	-	-	-	-	-	1%	-	-	-
Don't know			2	1	2	2	-	-	-	1	-	1	-	1	-	-	-
			1%	1%	1%	1%	-	-	-	2%	-	3%	-	1%	-	-	-
NET: Enjoyed			192	107	85	116	49	27	6	33	15	20	15	9	64	24	7
			79%	81%	78%	75%	83%	97%	72%	74%	85%	76%	90%	75%	83%	92%	49%
NET: Didn't enjoy			9	5	4	8	1	-	-	2	2	-	1	2	2	-	2
			4%	4%	4%	5%	1%	-	-	4%	9%	-	4%	14%	2%	-	13%
Base for stats			240	133	107	153	59	28	8	43	17	25	17	12	77	26	14
Mean Score			4.20	4.21	4.18	4.08	4.27	4.68	4.00	4.20	4.32	4.06	4.05	3.96	4.28	4.59	3.62
Standard Deviation			.854	.857	.854	.898	.775	.540	.796	.905	.975	.716	.660	1.047	.827	.655	1.053
Standard Error			.054	.074	.080	.070	.103	.113	.240	.136	.230	.143	.148	.302	.094	.137	.272
Error variance			*	.01	.01	*	.01	.01	.06	.02	.05	.02	.02	.09	.01	.02	.07

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		249	39	57	75	28	27	23	171	78	170	6	40	25	-	4	75
Total		242	41	59	73	24	23	23	172	70	169	6	36	24	-	4	70
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
I enjoyed it a lot	(5.0)	105	21	22	35	5	5	16	78	26	72	5	10	13	-	4	31
		43%	52%	37%	48%	22%	22%	70%	45%	38%	43%	72%	28%	53%	-	81%	44%
I somewhat enjoyed it	(4.0)	87	10	26	22	13	12	4	58	29	60	1	19	7	-	-	27
		36%	25%	44%	30%	55%	51%	18%	34%	42%	35%	11%	54% a	29%	-	-	39%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	7	8	14	4	5	1	29	10	29	1	4	3	-	1	9
		16%	18%	13%	19%	16%	21%	6%	17%	14%	17%	17%	12%	14%	-	19%	13%
I didn't enjoy it much	(2.0)	8	1	3	1	2	1	1	4	4	6	-	2	1	-	-	2
		3%	2%	5%	1%	7%	6%	3%	3%	5%	3%	-	4%	3%	-	-	3%
I didn't enjoy it at all	(1.0)	1	1	-	-	-	-	-	1	-	1	-	-	-	-	-	-
		*	2%	-	-	-	-	-	*	-	1%	-	-	-	-	-	-
Don't know		2	-	1	1	-	-	1	2	1	1	-	1	-	-	-	1
		1%	-	1%	1%	-	-	3%	1%	1%	1%	-	2%	-	-	-	1%
NET: Enjoyed		192	32	48	57	19	17	20	137	55	132	5	29	20	-	4	58
		79%	78%	81%	79%	78%	73%	88%	79%	80%	78%	83%	82%	83%	-	81%	82%
NET: Didn't enjoy		9	2	3	1	2	1	1	5	4	7	-	2	1	-	-	2
		4%	4%	5%	1%	7%	6%	3%	3%	5%	4%	-	4%	3%	-	-	3%
Base for stats		240	41	58	72	24	23	22	171	69	167	6	35	24	-	4	69
Mean Score		4.20	4.24	4.15	4.27	3.94	3.90	4.59	4.22	4.13	4.18	4.55	4.07	4.33	-	4.63	4.24
Standard Deviation		.854	.968	.828	.818	.817	.826	.766	.856	.854	.873	.839	.770	.844	-	.882	.813
Standard Error		.054	.155	.111	.095	.154	.159	.163	.066	.097	.067	.343	.123	.169	-	.441	.094
Error variance		*	.02	.01	.01	.02	.03	.03	*	.01	*	.12	.02	.03	-	.19	.01

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status												
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed												
	a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k		
249	119	48	62	110	14	22	112	31	8	10	3	28	5	16	36		
242	102	55	70	125	13	19	116	30	8	8	2	23	4	19	32		
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
105	48	19	32	51	7	7	45	14	3	3	1	7	2	16	14		
43%	47%	34%	46%	41%	53%	40%	39%	47%	38%	34%	41%	29%	58%	82%	45%		
87	37	21	25	46	5	8	45	11	2	1	1	11	1	3	13		
36%	36%	38%	36%	37%	41%	43%	39%	36%	24%	18%	31%	47%	25%	14%	42%		
39	9	15	10	25	1	3	22	3	3	3	1	3	1	-	4		
16%	9%	28%	15%	20%	7%	17%	19%	9%	38%	32%	28%	14%	16%	-	13%		
	a			a													
8	5	-	2	2	-	-	3	2	-	1	-	2	-	1	-		
3%	5%	-	3%	2%	-	-	2%	8%	-	9%	-	7%	-	5%	-		
1	1	-	-	-	-	-	1	-	-	-	-	-	-	-	-		
*	1%	-	-	-	-	-	1%	-	-	-	-	-	-	-	-		
2	1	-	-	-	-	-	1	-	-	1	-	1	-	-	-		
1%	1%	-	-	-	-	-	1%	-	-	9%	-	3%	-	-	-		
192	85	40	58	97	12	16	90	24	5	4	2	17	3	18	28		
79%	84%	72%	83%	78%	93%	83%	78%	83%	62%	51%	72%	76%	84%	95%	87%		
9	6	-	2	2	-	-	3	2	-	1	-	2	-	1	-		
4%	5%	-	3%	2%	-	-	3%	8%	-	9%	-	7%	-	5%	-		
240	100	55	70	125	13	19	115	30	8	8	2	22	4	19	32		
4.20	4.27	4.06	4.26	4.17	4.46	4.22	4.14	4.21	4.00	3.83	4.13	4.01	4.42	4.72	4.32		
.854	.882	.791	.811	.805	.644	.740	.851	.928	.932	1.105	1.065	.874	.868	.709	.702		
.054	.082	.114	.103	.077	.172	.158	.081	.167	.330	.368	.615	.168	.388	.177	.117		
*	.01	.01	.01	.01	.03	.02	.01	.03	.11	.14	.38	.03	.15	.03	.01		

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others	
Significance Level: 95%	Total	a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e	
Unweighted Total	249	82	66	24	6	90	88	72	65	33	10	98	82	20	112	95	22	229	
Total	242	82	66	23	6	89	88	73	64	31	10	95	83	19	109	93	21	223	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot	(5.0)	105 43%	40 49% be	19 29%	8 36%	3 51%	27 31%	43 49% be	34 46%	23 35%	10 32%	4 37%	32 34%	37 45%	8 43%	44 41%	45 49%	7 33%	96 43%
I somewhat enjoyed it	(4.0)	87 36%	25 30%	33 50% af	7 30%	1 22%	40 45% f	26 30%	25 34%	27 42%	12 38%	3 35%	39 41%	28 34%	8 43%	40 36%	31 33%	8 40%	79 36%
I neither enjoyed it nor didn't enjoy it	(3.0)	39 16%	15 18%	11 17%	6 25%	1 12%	17 19%	16 18%	14 19%	12 19%	6 21%	1 13%	18 19%	15 18%	2 10%	19 18%	14 16%	3 15%	37 17%
I didn't enjoy it much	(2.0)	8 3%	2 2%	1 2%	1 6%	- -	3 3%	2 2%	1 1%	2 3%	2 7%	1 7%	4 4%	2 2%	1 5%	4 4%	1 1%	3 12%	7 3%
I didn't enjoy it at all	(1.0)	1 *	- -	- -	- -	1 15%	- -	1 1%	- -	- -	- -	1 9%	- -	1 1%	- -	1 1%	- -	- -	1 *
Don't know	2 1%	- -	1 1%	1 3%	- -	1 2%	- -	- -	- -	1 1%	1 2%	- -	1 2%	- -	- -	1 1%	1 2%	- -	2 1%
NET: Enjoyed	192 79%	65 80%	52 80%	15 66%	4 73%	67 76%	69 79%	58 80%	50 77%	22 70%	7 72%	71 75%	65 79%	16 85%	84 77%	76 82%	15 73%	176 79%	
NET: Didn't enjoy	9 4%	2 2%	1 2%	1 6%	1 15%	3 3%	3 3%	1 1%	2 3%	2 7%	2 15%	4 4%	2 3%	1 5%	5 4%	1 1%	3 12%	8 4%	
Base for stats	240	82	65	22	6	87	88	73	64	30	10	94	83	19	108	91	21	221	
Mean Score	4.20	4.26	4.08	3.99	3.93	4.05	4.24	4.25	4.11	3.97	3.85	4.06	4.20	4.23	4.14	4.32	3.93	4.19	
Standard Deviation	.854	.840	.749	.960	1.545	.802	.892	.804	.812	.925	1.297	.848	.877	.836	.890	.766	1.007	.858	
Standard Error	.054	.093	.093	.200	.631	.086	.095	.095	.102	.164	.410	.087	.097	.187	.084	.079	.215	.057	
Error variance	*	.01	.01	.04	.40	.01	.01	.01	.01	.03	.17	.01	.01	.03	.01	.01	.05	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total		249	107	116	30	37	12	161	77	2	206	43	213	32	
Total		242	106	113	28	38	11	159	74	3	203	39	210	29	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	105	38	59	6	14	3	80	23	-	85	19	96	7
			43%	36%	52% a	20%	37%	29%	50% ae	31%	-	42%	50%	46% b	26%
I somewhat enjoyed it		(4.0)	87	37	41	18	12	4	54	32	2	75	13	72	15
			36%	35%	36%	63% bd	32%	36%	34%	43%	68%	37%	33%	34%	53% a
I neither enjoyed it nor didn't enjoy it		(3.0)	39	27	9	3	10	3	21	15	1	35	4	34	4
			16%	25% b	8%	10%	27% d	27%	13%	20%	32%	17%	11%	16%	13%
I didn't enjoy it much		(2.0)	8	4	3	2	2	1	3	4	-	6	3	6	2
			3%	4%	3%	7%	4%	8%	2%	6%	-	3%	7%	3%	6%
I didn't enjoy it at all		(1.0)	1	-	1	-	-	-	1	-	-	1	-	1	-
			*	-	1%	-	-	-	1%	-	-	*	-	*	-
Don't know			2	-	-	-	-	-	1	-	-	2	-	1	1
			1%	-	-	-	-	-	*	-	-	1%	-	*	2%
NET: Enjoyed			192	75	99	23	26	7	134	55	2	160	32	168	23
			79%	71%	88% a	83%	69%	65%	84% b	74%	68%	79%	82%	80%	79%
NET: Didn't enjoy			9	4	4	2	2	1	4	4	-	6	3	7	2
			4%	4%	3%	7%	4%	8%	2%	6%	-	3%	7%	3%	6%
Base for stats		240	106	113	28	38	11	158	74	3	201	39	209	28	
Mean Score		4.20	4.03	4.36 a	3.97	4.02	3.86	4.32 ae	3.99	3.68	4.18	4.25	4.22	4.01	
Standard Deviation		.854	.878	.810	.774	.907	.972	.813	.869	.596	.845	.908	.858	.813	
Standard Error		.054	.085	.075	.141	.149	.281	.064	.099	.421	.059	.139	.059	.146	
Error variance		*	.01	.01	.02	.02	.08	*	.01	.18	*	.02	*	.02	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		249	9	14	39	53	45	52	10	27	151	89	56	66	81	42	95	51	66	30
Total		242	8	13	38	51	42	51	10	28	144	90	53	62	82	43	91	49	66	30
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)		105 43%	4 49%	3 25%	15 39%	18 36%	16 37%	25 49%	7 66%	17 59%	52 36%	49 54% di	19 36%	25 41%	40 49%	21 48%	46 51% d	18 37%	29 43%	9 30%
I somewhat enjoyed it (4.0)		87 36%	1 18%	7 53%	17 44%	22 44%	15 36%	16 30%	3 34%	6 20%	61 42% j	25 28%	24 45%	21 34%	27 33%	14 32%	32 35%	14 30%	22 34%	18 58% abc
I neither enjoyed it nor didn't enjoy it (3.0)		39 16%	2 26%	3 22%	4 12%	7 14%	9 21%	8 16%	- -	5 18%	24 16%	13 15%	8 15%	13 20%	10 12%	8 19%	10 11%	14 29% a	11 17%	4 13%
I didn't enjoy it much (2.0)		8 3%	1 8%	- -	2 5%	2 5%	2 4%	2 3%	- -	- -	6 4%	2 2%	2 3%	3 4%	4 4%	- -	3 3%	2 5%	3 5%	- -
I didn't enjoy it at all (1.0)		1 *	- -	- -	- -	1 2%	- -	- -	- -	- -	1 1%	- -	- -	- -	1 1%	- -	1 1%	- -	- -	- -
Don't know		2 1%	- -	- -	- -	- -	1 2%	1 1%	- -	1 3%	1 1%	1 2%	- -	- -	- -	1 2%	- -	- -	1 1%	- -
NET: Enjoyed		192 79%	5 66%	10 78%	31 83%	41 80%	31 73%	41 80%	10 100%	22 79%	113 79%	73 82%	43 81%	46 75%	67 82%	34 80%	78 85% b	33 67%	51 77%	27 87% b
NET: Didn't enjoy		9 4%	1 8%	- -	2 5%	3 6%	2 4%	2 3%	- -	- -	7 5%	2 2%	2 3%	3 4%	4 5%	- -	3 4%	2 5%	3 5%	- -
Base for stats		240	8	13	38	51	41	51	10	28	144	88	53	62	82	42	91	49	65	30
Mean Score		4.20	4.07	4.03	4.18	4.08	4.09	4.27	4.66	4.42	4.10	4.36 i	4.14	4.11	4.25	4.29	4.32 b	3.99	4.17	4.17
Standard Deviation		.854	1.097	.715	.830	.920	.866	.858	.498	.800	.857	.810	.801	.889	.911	.777	.847	.926	.894	.640
Standard Error		.054	.366	.191	.133	.126	.131	.120	.158	.157	.070	.087	.107	.109	.101	.121	.087	.130	.111	.117
Error variance		*	.13	.04	.02	.02	.02	.01	.02	.02	*	.01	.01	.01	.01	.01	.01	.02	.01	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		249	135	70	40
Total		242	133	68	38
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	105	63	27	13
		43%	48%	41%	34%
I somewhat enjoyed it	(4.0)	87	49	24	14
		36%	37%	35%	36%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	19	11	8
		16%	14%	16%	21%
I didn't enjoy it much	(2.0)	8	1	5	2
		3%	1%	8%	4%
			a		
I didn't enjoy it at all	(1.0)	1	-	-	1
		*	-	-	2%
Don't know		2	1	1	1
		1%	1%	1%	2%
NET: Enjoyed		192	113	51	27
		79%	85%	76%	70%
			c		
NET: Didn't enjoy		9	1	5	2
		4%	1%	8%	7%
			a		a
Base for stats		240	132	67	37
Mean Score		4.20	4.32	4.10	3.97
			c		
Standard Deviation		.854	.738	.935	.986
Standard Error		.054	.064	.113	.158
Error variance		*	*	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i	
Unweighted Total		141	63	78	94	39	8	9	17	9	13	8	7	41	18	19	
Total		141	66	75	89	42	10	7	19	9	11	8	7	42	18	19	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	54	29	26	34	16	4	3	6	8	2	1	3	16	9	7
			39%	43%	35%	38%	39%	40%	41%	29%	88%	22%	17%	36%	38%	49%	36%
I somewhat enjoyed it		(4.0)	38	12	27	19	16	4	2	7	-	4	2	2	13	2	7
			27%	18%	36%	21%	38%	38%	22%	37%	-	38%	20%	25%	30%	12%	38%
				a		a											
I neither enjoyed it nor didn't enjoy it		(3.0)	36	19	17	26	8	2	2	5	1	4	4	2	9	6	3
			26%	29%	23%	30%	18%	22%	25%	28%	12%	32%	50%	29%	21%	35%	18%
I didn't enjoy it much		(2.0)	8	4	4	6	2	-	1	1	-	-	1	1	3	1	-
			5%	6%	5%	6%	5%	-	12%	6%	-	-	13%	10%	7%	5%	-
I didn't enjoy it at all		(1.0)	3	3	-	3	-	-	-	-	-	-	-	2	-	-	2
			2%	5%	-	3%	-	-	-	-	-	-	-	4%	-	-	8%
Don't know			1	-	1	1	-	-	-	-	1	-	-	-	-	-	-
			1%	-	1%	1%	-	-	-	-	8%	-	-	-	-	-	-
NET: Enjoyed			93	40	52	53	32	8	5	12	8	7	3	4	29	11	14
			66%	61%	70%	59%	77%	78%	63%	66%	88%	60%	37%	61%	68%	61%	74%
NET: Didn't enjoy			11	7	4	9	2	-	1	1	-	-	1	1	5	1	2
			8%	11%	5%	10%	5%	-	12%	6%	-	-	13%	10%	11%	5%	8%
Base for stats			140	66	74	88	42	10	7	19	9	10	8	7	42	18	19
Mean Score			3.95	3.89	4.01	3.85	4.11	4.18	3.93	3.90	4.76	3.89	3.40	3.88	3.91	4.05	3.93
Standard Deviation			1.036	1.176	.897	1.119	.882	.811	1.142	.917	.691	.800	.985	1.097	1.109	1.036	1.158
Standard Error			.088	.148	.102	.116	.141	.287	.381	.222	.230	.231	.348	.414	.173	.244	.266
Error variance			.01	.02	.01	.01	.02	.08	.14	.05	.05	.05	.12	.17	.03	.06	.07



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade									Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g	
Unweighted Total		141	37	33	30	21	8	12	100	41	99	4	18	12	1	3	38	
Total		141	40	34	31	18	7	11	105	36	100	4	19	12	1	2	37	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	54	25	11	7	4	2	5	43	11	40	2	7	4	-	1	14
		39%	63%	31%	24%	23%	29%	46%	41%	31%	40%	43%	40%	37%	-	26%	38%	
			bcgh															
I somewhat enjoyed it		(4.0)	38	4	12	12	6	2	2	28	10	26	2	4	3	-	2	11
		27%	11%	35%	39%	36%	28%	15%	27%	28%	26%	57%	23%	26%	-	74%	30%	
				a	a				a									
I neither enjoyed it nor didn't enjoy it		(3.0)	36	8	8	9	6	2	3	25	11	26	-	7	3	-	-	10
		26%	21%	23%	30%	33%	33%	24%	24%	30%	26%	-	37%	22%	-	-	25%	
I didn't enjoy it much		(2.0)	8	1	3	2	1	1	-	6	2	5	-	-	1	1	-	2
		5%	3%	9%	7%	5%	10%	-	6%	4%	5%	-	-	9%	100%	-	5%	
I didn't enjoy it at all		(1.0)	3	1	1	-	1	-	1	2	1	2	-	-	1	-	-	1
		2%	2%	3%	-	4%	-	6%	2%	4%	2%	-	-	6%	-	-	2%	
Don't know			1	-	-	-	-	1	-	1	1	-	-	-	-	-	-	
		1%	-	-	-	-	-	8%	-	2%	1%	-	-	-	-	-	-	
NET: Enjoyed			93	30	23	19	10	4	7	72	21	66	4	12	8	-	2	25
		66%	74%	66%	63%	58%	57%	62%	68%	59%	67%	100%	63%	63%	-	100%	68%	
NET: Didn't enjoy			11	2	4	2	2	1	1	8	3	7	-	-	2	1	-	3
		8%	5%	11%	7%	9%	10%	6%	7%	8%	7%	-	-	15%	100%	-	7%	
Base for stats			140	40	34	31	18	7	10	105	35	99	4	19	12	1	2	37
Mean Score			3.95	4.31	3.83	3.81	3.68	3.75	4.04	4.00	3.80	3.99	4.43	4.03	3.79	2.00	4.26	3.97
				ch														
Standard Deviation			1.036	1.029	1.060	.891	1.037	1.067	1.238	1.021	1.082	1.017	.582	.902	1.259	-	.566	1.013
Standard Error			.088	.169	.185	.163	.226	.377	.373	.102	.171	.103	.291	.213	.363	-	.327	.164
Error variance			.01	.03	.03	.03	.05	.14	.14	.01	.03	.01	.08	.05	.13	-	.11	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Children aged 15 or under in the household				Current employment status												
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic		
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed												
	a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k		
141	46	44	36	80	8	7	68	21	11	3	2	8	10	3	15		
141	39	50	40	90	8	7	71	22	10	2	2	7	9	3	15		
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
54	12	17	19	36	7	4	28	6	3	-	-	1	3	3	10		
39%	31%	34%	48%	40%	80%	56%	39%	27%	35%	-	-	21%	30%	79%	69%		
38	12	17	8	24	1	1	17	8	4	2	1	2	3	-	2		
27%	30%	33%	19%	27%	10%	18%	24%	38%	37%	67%	49%	29%	33%	-	14%		
36	10	13	10	23	1	1	23	4	2	-	-	3	2	-	2		
26%	26%	26%	25%	26%	10%	13%	33%	20%	19%	-	-	50%	20%	-	11%		
8	2	3	2	5	-	1	2	2	1	-	1	-	-	1	1		
5%	6%	6%	6%	6%	-	13%	3%	11%	9%	-	51%	-	-	21%	6%		
3	3	-	-	-	-	-	1	1	-	1	-	-	1	-	-		
2%	8%	-	-	-	-	-	1%	4%	-	33%	-	-	8%	-	-		
	d																
1	-	-	1	1	-	-	-	-	-	-	-	-	1	-	-		
1%	-	-	2%	1%	-	-	-	-	-	-	-	-	10%	-	-		
93	23	34	27	60	8	5	45	14	7	2	1	4	6	3	12		
66%	60%	68%	67%	67%	90%	74%	63%	65%	72%	67%	49%	50%	63%	79%	83%		
11	5	3	2	5	-	1	3	3	1	1	1	-	1	1	1		
8%	14%	6%	6%	6%	-	13%	4%	15%	9%	33%	51%	-	8%	21%	6%		
140	39	50	39	89	8	7	71	22	10	2	2	7	8	3	15		
3.95	3.69	3.96	4.11	4.03	4.70	4.17	3.97	3.73	3.98	3.01	2.99	3.72	3.86	4.36	4.47		
1.036	1.209	.927	.997	.956	.679	1.178	.974	1.124	.997	1.892	1.629	.857	1.212	1.467	.932		
.088	.178	.140	.169	.108	.240	.445	.118	.245	.301	1.092	1.152	.303	.404	.847	.241		
.01	.03	.02	.03	.01	.06	.20	.01	.06	.09	1.19	1.33	.09	.16	.72	.06		

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	*b	c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Significance Level: 95%																			
Unweighted Total	141	43	28	31	5	59	48	39	34	29	4	63	43	9	72	53	7	132	
Total	141	45	27	32	4	59	50	41	35	28	4	62	45	8	72	54	6	133	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot	(5.0)	54	19	11	7	2	18	22	16	13	6	3	20	19	6	20	27	2	48
	39%	43%	41%	23%	49%	31%	43%	40%	39%	22%	69%	32%	42%	77%	28%	49% b	27%	36%	
I somewhat enjoyed it	(4.0)	38	11	9	9	2	18	13	15	8	8	-	16	15	1	23	13	2	37
	27%	25%	32%	29%	36%	30%	26%	36%	22%	31%	-	26%	33%	12%	32%	23%	26%	28%	
I neither enjoyed it nor didn't enjoy it	(3.0)	36	12	6	12	1	18	12	8	9	10	1	20	9	1	21	12	3	35
	26%	26%	20%	39%	15%	30%	25%	20%	27%	37%	31%	32%	21%	12%	29%	21%	46%	27%	
I didn't enjoy it much	(2.0)	8	2	-	3	-	3	2	1	3	2	-	5	1	-	5	2	-	8
	5%	5%	-	10%	-	5%	4%	3%	9%	7%	-	8%	2%	-	7%	4%	-	6%	
I didn't enjoy it at all	(1.0)	3	1	2	-	-	2	1	1	1	1	-	2	1	-	2	1	-	3
	2%	2%	6%	-	-	3%	2%	2%	3%	3%	-	3%	2%	-	3%	2%	-	2%	
Don't know	1	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	1	
	1%	-	-	-	-	-	-	-	-	-	-	-	-	-	1%	-	-	1%	
NET: Enjoyed	93	31	20	16	4	36	35	31	21	15	3	36	34	7	43	40	3	86	
	66%	68%	74%	51%	85%	62%	69%	76%	61%	53%	69%	57%	75%	88%	59%	73%	54%	65%	
NET: Didn't enjoy	11	3	2	3	-	5	3	2	4	3	-	7	2	-	8	3	-	11	
	8%	6%	6%	10%	-	8%	6%	5%	12%	10%	-	11%	4%	-	10%	6%	-	8%	
Base for stats	140	45	27	32	4	59	50	41	35	28	4	62	45	8	71	54	6	132	
Mean Score	3.95	4.02	4.03	3.64	4.34	3.82	4.05	4.09	3.86	3.63	4.39	3.76	4.12	4.65	3.74	4.14 b	3.81	3.91	
Standard Deviation	1.036	1.025	1.097	.954	.822	1.033	1.005	.941	1.131	1.007	1.057	1.075	.943	.728	1.049	1.012	.909	1.039	
Standard Error	.088	.156	.207	.171	.368	.134	.145	.151	.194	.187	.529	.135	.144	.243	.124	.139	.344	.091	
Error variance	.01	.02	.04	.03	.14	.02	.02	.02	.04	.03	.28	.02	.02	.06	.02	.02	.12	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	*a	b	*c	d	e	*f	a	*b	a	*b	
Unweighted Total		141	69	59	24	33	8	76	58	5	116	25	111	24	
Total		141	73	57	23	31	8	78	57	4	117	24	113	22	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	54	29	20	10	14	3	29	23	3	44	11	49	4
			39%	40%	35%	42%	44%	38%	38%	41%	63%	37%	45%	44%	17%
I somewhat enjoyed it		(4.0)	38	19	18	6	7	3	24	14	2	33	5	32	6
			27%	26%	32%	24%	22%	40%	30%	25%	37%	28%	22%	28%	27%
I neither enjoyed it nor didn't enjoy it		(3.0)	36	21	12	6	8	1	19	15	-	33	4	26	9
			26%	29%	21%	24%	26%	11%	25%	26%	-	28%	16%	23%	40%
I didn't enjoy it much		(2.0)	8	3	4	1	2	1	4	3	-	5	3	5	2
			5%	4%	8%	5%	6%	11%	5%	6%	-	4%	11%	4%	9%
I didn't enjoy it at all		(1.0)	3	-	2	1	1	-	1	2	-	2	1	1	2
			2%	-	4%	4%	2%	-	1%	3%	-	1%	6%	1%	8%
Don't know			1	1	-	-	-	-	1	-	-	1	-	1	-
			1%	1%	-	-	-	-	1%	-	-	1%	-	1%	-
NET: Enjoyed			93	47	38	15	21	6	53	37	4	77	16	81	10
			66%	65%	66%	66%	66%	78%	68%	66%	100%	66%	67%	72%	44%
NET: Didn't enjoy			11	3	7	2	3	1	4	5	-	7	4	6	4
			8%	4%	12%	9%	8%	11%	6%	8%	-	6%	17%	5%	16%
Base for stats			140	72	57	23	31	8	77	57	4	116	24	113	22
Mean Score			3.95	4.02	3.85	3.95	3.99	4.05	4.00	3.95	4.63	3.97	3.89	4.10	3.37
Standard Deviation			1.036	.943	1.121	1.131	1.091	1.027	.965	1.081	.555	.983	1.289	.949	1.123
Standard Error			.088	.114	.146	.231	.190	.363	.111	.142	.248	.092	.258	.091	.229
Error variance			.01	.01	.02	.05	.04	.13	.01	.02	.06	.01	.07	.01	.05

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries				
											NET 1-4 days	NET 5 + days		5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
		Total	0	1	2	3	4	5	6	7			0-4 (low)	(medium)	(high)	(very high)		(medium)	(very worried)	(most worried)
Significance Level: 95%			*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total		141	3	13	27	28	23	23	8	16	91	47	25	49	36	28	40	42	38	17
Total		141	2	13	27	27	23	23	9	17	89	49	24	47	37	30	41	40	38	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot		(5.0)	54	2	4	6	10	7	12	2	11	27	7	18	15	14	21	9	11	12
		39%	72%	35%	21%	37%	29%	54%	24%	65%	30%	52%	31%	38%	41%	45%	52%	24%	29%	65%
											i						bc			
I somewhat enjoyed it		(4.0)	38	-	2	7	8	7	8	3	4	24	3	11	15	9	9	10	15	4
		27%	-	15%	25%	31%	30%	34%	29%	25%	27%	30%	14%	23%	41%	31%	22%	24%	40%	24%
I neither enjoyed it nor didn't enjoy it		(3.0)	36	-	6	13	4	6	3	1	29	7	8	16	6	5	8	18	6	2
		26%	-	50%	50%	16%	24%	12%	36%	5%	33%	14%	33%	35%	16%	17%	19%	46%	17%	11%
											j							ac		
I didn't enjoy it much		(2.0)	8	-	-	-	3	3	-	1	-	7	4	1	1	2	2	2	4	-
		5%	-	-	-	13%	14%	-	11%	-	7%	2%	16%	2%	2%	7%	5%	5%	10%	-
I didn't enjoy it at all		(1.0)	3	1	-	1	1	1	-	-	-	2	2	2	-	-	1	1	2	-
		2%	28%	-	3%	3%	3%	-	-	-	3%	-	7%	3%	-	-	2%	2%	4%	-
Don't know		1	-	-	-	-	-	-	-	1	-	1	-	-	-	-	-	-	-	-
		1%	-	-	-	-	-	-	-	5%	-	2%	-	-	-	-	-	-	-	-
NET: Enjoyed		93	2	6	12	18	14	20	5	15	51	40	11	28	30	23	30	19	27	16
		66%	72%	50%	47%	68%	59%	88%	53%	90%	57%	82%	45%	60%	81%	76%	74%	47%	70%	89%
											i				b		b		b	
NET: Didn't enjoy		11	1	-	1	4	4	-	1	-	9	1	6	2	1	2	3	3	5	-
		8%	28%	-	3%	16%	17%	-	11%	-	10%	2%	23%	5%	2%	7%	7%	7%	14%	-
Base for stats		140	2	13	27	27	23	23	9	16	89	48	24	47	37	30	41	40	38	18
Mean Score		3.95	3.87	3.84	3.62	3.87	3.68	4.42	3.65	4.64	3.74	4.35	3.46	3.90	4.20	4.14	4.17	3.63	3.80	4.54
											i						b			
Standard Deviation		1.036	2.348	.949	.950	1.159	1.152	.712	1.023	.595	1.058	.809	1.282	1.045	.801	.955	1.039	.964	1.105	.698
Standard Error		.088	1.356	.263	.183	.219	.240	.149	.362	.154	.111	.119	.256	.149	.133	.180	.164	.149	.179	.169
Error variance		.01	1.84	.07	.03	.05	.06	.02	.13	.02	.01	.01	.07	.02	.02	.03	.03	.02	.03	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	*c
Unweighted Total		141	80	39	19
Total		141	81	41	17
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	54	35	12	5
		39%	44%	30%	30%
I somewhat enjoyed it	(4.0)	38	25	10	3
		27%	31%	25%	20%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	17	15	4
		26%	22%	36%	25%
I didn't enjoy it much	(2.0)	8	2	1	4
		5%	3%	3%	25%
I didn't enjoy it at all	(1.0)	3	1	2	-
		2%	1%	4%	-
Don't know		1	-	1	-
		1%	-	2%	-
NET: Enjoyed		93	60	22	9
		66%	75%	55%	50%
			b		
NET: Didn't enjoy		11	3	3	4
		8%	4%	7%	25%
Base for stats		140	81	40	17
Mean Score		3.95	4.14	3.76	3.55
Standard Deviation		1.036	.920	1.063	1.198
Standard Error		.088	.103	.172	.275
Error variance		.01	.01	.03	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	*b	*c	d	*e	*f	g	*h	*i
Unweighted Total		187	85	101	99	56	32	6	24	19	30	20	14	43	19	12
Total		182	82	99	94	54	34	5	25	18	29	18	14	39	20	13
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	68	24	44	28	21	19	3	9	5	9	8	8	14	9	4
		37%	29%	45%	30%	39%	56%	50%	35%	28%	31%	47%	53%	36%	45%	28%
				a			a									
I somewhat enjoyed it	(4.0)	66	31	36	32	24	10	-	10	6	13	7	7	10	8	4
		36%	37%	36%	34%	45%	30%	-	40%	37%	44%	40%	47%	26%	41%	34%
I neither enjoyed it nor didn't enjoy it	(3.0)	28	15	13	20	6	2	1	1	3	4	2	-	10	3	4
		15%	18%	14%	21%	11%	7%	22%	5%	15%	15%	9%	-	26%	14%	29%
I didn't enjoy it much	(2.0)	16	13	3	12	3	2	1	3	3	3	1	-	4	-	1
		9%	16%	3%	12%	5%	4%	14%	14%	20%	9%	4%	-	9%	-	10%
			b													
I didn't enjoy it at all	(1.0)	2	-	2	2	-	-	1	2	-	-	-	-	-	-	-
		1%	-	2%	2%	-	-	15%	6%	-	-	-	-	-	-	-
Don't know		1	-	-	-	-	1	-	-	-	-	-	-	1	-	-
		1%	-	-	-	-	3%	-	-	-	-	-	-	3%	-	-
NET: Enjoyed		134	55	80	60	45	29	3	19	11	22	16	14	24	17	8
		74%	66%	81%	64%	84%	86%	50%	75%	65%	75%	87%	100%	62%	86%	62%
				a		a	a									
NET: Didn't enjoy		18	13	6	14	3	2	1	5	3	3	1	-	4	-	1
		10%	16%	6%	15%	5%	4%	29%	20%	20%	9%	4%	-	9%	-	10%
			b													
Base for stats		181	82	99	94	54	33	5	25	18	29	18	14	38	20	13
Mean Score		4.00	3.80	4.18	3.76	4.18	4.41	3.56	3.83	3.74	3.97	4.29	4.53	3.91	4.31	3.80
				a		a	a									
Standard Deviation		1.004	1.034	.950	1.089	.832	.827	1.724	1.246	1.108	.930	.823	.517	1.018	.724	.993
Standard Error		.074	.112	.095	.109	.111	.149	.704	.254	.254	.170	.184	.138	.157	.166	.287
Error variance		.01	.01	.01	.01	.01	.02	.50	.06	.06	.03	.03	.02	.02	.03	.08

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity							
Total		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			*a	b	c	*d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		187	22	35	51	24	30	25	108	79	132	6	27	12	1	3	49
Total		182	24	37	50	20	26	25	110	71	130	6	25	12	1	2	46
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	68	9	13	17	5	11	13	38	30	55	3	5	3	-	1	12
		37%	38%	35%	34%	26%	43%	52%	35%	41%	42%	53%	19%	27%	-	32%	26%
											g						
I somewhat enjoyed it	(4.0)	66	5	16	18	10	10	8	39	27	48	2	10	3	1	2	17
		36%	22%	44%	35%	47%	37%	32%	35%	38%	37%	28%	40%	25%	100%	68%	37%
I neither enjoyed it nor didn't enjoy it	(3.0)	28	7	2	9	3	4	4	17	11	15	1	7	4	-	-	12
		15%	28%	4%	18%	13%	16%	15%	16%	15%	12%	18%	28%	32%	-	-	26%
																a	
I didn't enjoy it much	(2.0)	16	2	5	5	3	1	-	12	4	10	-	3	2	-	-	5
		9%	9%	13%	11%	14%	3%	-	11%	5%	7%	-	10%	16%	-	-	10%
I didn't enjoy it at all	(1.0)	2	1	2	-	-	-	-	2	-	2	-	1	-	-	-	1
		1%	3%	4%	-	-	-	-	2%	-	1%	-	3%	-	-	-	2%
Don't know		1	-	-	1	-	-	-	1	-	-	-	-	-	-	-	-
		1%	-	-	2%	-	-	-	1%	-	-	-	-	-	-	-	-
NET: Enjoyed		134	14	29	34	15	21	21	77	57	104	5	15	6	1	2	29
		74%	59%	78%	69%	73%	80%	85%	70%	80%	79%	82%	59%	52%	100%	100%	63%
											g						
NET: Didn't enjoy		18	3	6	5	3	1	-	15	4	11	-	3	2	-	-	5
		10%	12%	17%	11%	14%	3%	-	13%	5%	9%	-	13%	16%	-	-	11%
				h													
Base for stats		181	24	37	49	20	26	25	109	71	130	6	25	12	1	2	46
Mean Score		4.00	3.82	3.92	3.94	3.84	4.20	4.37	3.91	4.16	4.12	4.35	3.61	3.63	4.00	4.32	3.75
											g						
Standard Deviation		1.004	1.154	1.147	.992	.992	.847	.752	1.073	.875	.970	.846	1.026	1.085	-	.623	1.010
Standard Error		.074	.246	.194	.140	.202	.155	.150	.104	.098	.084	.345	.197	.313	-	.360	.144
Error variance		.01	.06	.04	.02	.04	.02	.02	.01	.01	.01	.12	.04	.10	-	.13	.02



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total		187	91	45	33	78	8	7	81	30	8	7	7	12	16	11	15
Total		182	79	50	37	87	7	6	82	29	7	7	6	10	14	13	13
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot		(5.0)	68	33	16	17	33	2	2	31	11	2	1	2	1	7	3
		37%	41%	32%	46%	38%	25%	28%	37%	38%	27%	20%	39%	11%	49%	69%	26%
I somewhat enjoyed it		(4.0)	66	28	19	14	33	2	1	33	10	2	4	1	4	7	3
		36%	36%	38%	37%	38%	25%	14%	41%	32%	29%	53%	13%	44%	51%	21%	20%
I neither enjoyed it nor didn't enjoy it		(3.0)	28	10	9	5	14	3	3	8	7	1	1	3	2	-	1
		15%	12%	17%	14%	16%	40%	44%	9%	23%	9%	17%	48%	24%	-	10%	5
I didn't enjoy it much		(2.0)	16	6	6	1	8	-	-	10	1	2	1	-	2	-	-
		9%	7%	13%	3%	9%	-	-	13%	4%	21%	10%	-	22%	-	-	-
I didn't enjoy it at all		(1.0)	2	2	-	-	-	1	1	-	1	-	-	-	-	-	2
		1%	3%	-	-	-	10%	14%	-	3%	-	-	-	-	-	-	12%
Don't know		1	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-
		1%	-	-	-	-	-	-	-	-	14%	-	-	-	-	-	-
NET: Enjoyed		134	61	35	31	66	4	2	64	21	4	5	3	5	14	12	6
		74%	77%	70%	83%	75%	50%	42%	78%	71%	56%	73%	52%	54%	100%	90%	46%
NET: Didn't enjoy		18	8	6	1	8	1	1	10	2	2	1	-	2	-	-	2
		10%	10%	13%	3%	9%	10%	14%	13%	7%	21%	10%	-	22%	-	-	12%
Base for stats		181	79	50	37	87	7	6	82	29	6	7	6	10	14	13	13
Mean Score		4.00	4.05	3.89	4.25	4.04	3.54	3.42	4.03	4.00	3.71	3.82	3.91	3.43	4.49	4.59	3.49
Standard Deviation		1.004	1.055	1.005	.823	.944	1.258	1.408	.993	1.022	1.255	.936	1.021	.996	.518	.694	1.270
Standard Error		.074	.111	.150	.143	.107	.445	.532	.110	.187	.474	.354	.386	.288	.130	.209	.328
Error variance		.01	.01	.02	.02	.01	.20	.28	.01	.03	.22	.13	.15	.08	.02	.04	.11

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Nature of working location						Nature of working hours						Number of people in household including self					
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others	
Significance Level: 95%		Total	a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		187	52	34	29	9	63	61	51	40	30	9	70	60	14	106	53	14	173
Total		182	50	36	29	9	64	59	51	39	29	10	67	61	12	105	51	13	169
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	68 37%	21 42%	17 47%	6 22%	1 15%	23 36%	23 38%	26 50% bce	11 28%	7 24%	3 33%	18 27%	29 47% ce	5 42%	41 39%	18 35%	4 28%	63 37%
I somewhat enjoyed it	(4.0)	66 36%	23 45%	13 35%	12 41%	2 18%	24 38%	24 41%	18 34%	17 45%	11 37%	2 23%	28 42%	20 33%	5 39%	37 35%	21 41%	4 27%	61 36%
I neither enjoyed it nor didn't enjoy it	(3.0)	28 15%	3 5%	4 11%	7 23%	3 38%	10 16%	6 10%	3 5%	7 18%	6 21% a	2 21%	13 19% a	5 8%	2 13%	14 13%	9 17%	4 28%	27 16%
I didn't enjoy it much	(2.0)	16 9%	4 8%	2 7%	4 12%	2 17%	6 9%	5 9%	5 10%	1 4%	5 18% b	1 12%	7 10%	6 10%	- -	12 11%	3 6%	1 11%	16 9%
I didn't enjoy it at all	(1.0)	2 1%	- -	- -	1 3%	- -	1 1%	- -	- -	2 4%	- -	- -	2 2%	- -	1 6%	1 1%	- -	1 6%	2 1%
Don't know		1 1%	- -	- -	- -	1 11%	- -	1 2%	- -	- -	- -	1 11%	- -	1 2%	- -	- -	1 2%	- -	1 1%
NET: Enjoyed		134 74%	44 87%	29 83%	18 62%	3 33%	47 73%	47 79%	43 85% ce	28 74%	18 61%	5 57%	46 68%	49 80%	10 81%	78 75%	38 75%	7 55%	124 73%
NET: Didn't enjoy		18 10%	4 8%	2 7%	4 15%	2 17%	7 11%	5 9%	5 10%	3 8%	5 18%	1 12%	8 12%	6 10%	1 6%	12 12%	3 6%	2 17%	18 10%
Base for stats		181	50	36	29	8	64	58	51	39	29	9	67	60	12	105	50	13	168
Mean Score		4.00	4.21	4.23	3.66	3.34	3.97	4.10	4.25 ce	3.90	3.67	3.87	3.80	4.19 ce	4.11	4.02	4.06	3.60	4.00
Standard Deviation		1.004	.866	.906	1.053	1.042	1.007	.931	.956	1.004	1.055	1.130	1.025	.980	1.078	1.024	.881	1.223	1.002
Standard Error		.074	.120	.155	.196	.368	.127	.120	.134	.159	.193	.399	.122	.128	.288	.099	.122	.327	.076
Error variance		.01	.01	.02	.04	.14	.02	.01	.02	.03	.04	.16	.02	.02	.08	.01	.01	.11	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	*a	*b	*c	d	e	*f	a	b	a	*b	
Unweighted Total		187	63	101	25	29	9	121	57	6	149	38	159	24	
Total		182	64	97	24	29	10	118	56	6	146	36	155	23	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	68	21	41	10	5	1	53	14	2	58	10	63	5
			37%	32%	43%	40%	19%	13%	45% e	25%	36%	40%	28%	40%	22%
I somewhat enjoyed it		(4.0)	66	25	35	9	16	2	41	24	3	54	13	59	5
			36%	39%	36%	37%	55%	23%	35%	42%	50%	37%	35%	38%	21%
I neither enjoyed it nor didn't enjoy it		(3.0)	28	11	15	4	1	4	18	9	-	21	7	20	8
			15%	17%	15%	15%	3%	47%	15%	16%	-	14%	20%	13%	37%
I didn't enjoy it much		(2.0)	16	8	5	2	6	1	5	8	1	11	5	12	4
			9%	12%	5%	9%	20%	9%	4%	14% d	14%	8%	14%	7%	16%
I didn't enjoy it at all		(1.0)	2	-	2	-	1	1	1	2	-	2	-	2	1
			1%	-	2%	-	3%	8%	1%	3%	-	2%	-	1%	3%
Don't know			1	-	-	-	-	-	1	-	-	-	1	-	-
			1%	-	-	-	-	-	1%	-	-	-	3% a	-	-
NET: Enjoyed			134	45	76	18	21	4	93	38	5	112	23	122	10
			74%	71%	78%	77%	74%	37%	79%	68%	86%	76%	64%	79%	44%
NET: Didn't enjoy			18	8	7	2	7	2	6	9	1	14	5	13	4
			10%	12%	7%	9%	23%	16%	5%	17% d	14%	9%	14%	8%	20%
Base for stats		181	64	97	24	29	10	117	56	6	146	35	155	23	
Mean Score		4.00	3.91	4.13	4.08	3.67	3.26	4.20 e	3.73	4.09	4.05	3.80	4.10	3.44	
Standard Deviation		1.004	.991	.958	.958	1.102	1.109	.892	1.077	1.048	.997	1.025	.958	1.128	
Standard Error		.074	.125	.095	.192	.205	.370	.081	.143	.428	.082	.169	.076	.230	
Error variance		.01	.02	.01	.04	.04	.14	.01	.02	.18	.01	.03	.01	.05	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d	
Unweighted Total		187	3	15	30	41	31	29	11	27	117	67	37	43	77	25	44	55	61	24	
Total		182	2	14	30	37	31	29	12	26	112	67	37	41	74	26	44	51	59	25	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
I enjoyed it a lot		(5.0)	68	-	5	14	13	7	10	8	12	38	30	11	13	31	12	21	13	27	7
			37%	-	32%	45%	35%	23%	36%	64%	46%	34%	45%	31%	31%	42%	46%	47%	25%	46%	29%
												e					b		b		
I somewhat enjoyed it		(4.0)	66	2	5	9	15	15	11	2	7	45	20	11	16	29	8	12	23	20	12
			36%	72%	34%	31%	41%	49%	39%	18%	25%	40%	30%	31%	39%	40%	31%	27%	45%	34%	46%
I neither enjoyed it nor didn't enjoy it		(3.0)	28	-	4	6	4	6	3	1	5	19	9	9	8	8	2	8	12	4	3
			15%	-	27%	18%	11%	18%	12%	7%	18%	17%	14%	24%	20%	11%	8%	18%	24%	6%	11%
																	c	c			
I didn't enjoy it much		(2.0)	16	1	1	1	4	3	3	1	2	9	6	4	4	3	4	3	2	6	3
			9%	28%	8%	4%	11%	10%	10%	11%	6%	8%	9%	12%	10%	4%	15%	8%	4%	11%	14%
I didn't enjoy it at all		(1.0)	2	-	-	1	1	-	1	-	-	2	1	1	-	2	-	-	2	1	-
			1%	-	-	2%	2%	-	3%	-	-	1%	1%	2%	-	2%	-	-	3%	1%	-
Don't know			1	-	-	-	-	-	-	-	1	-	1	-	-	1	-	-	-	1	-
			1%	-	-	-	-	-	-	-	4%	-	1%	-	-	1%	-	-	-	2%	-
NET: Enjoyed			134	2	9	23	28	22	22	10	19	82	50	23	29	60	20	33	35	47	19
			74%	72%	66%	76%	76%	72%	75%	82%	72%	73%	75%	62%	70%	81%	77%	74%	70%	80%	75%
																a					
NET: Didn't enjoy			18	1	1	2	5	3	4	1	2	11	7	5	4	5	4	3	3	7	3
			10%	28%	8%	6%	13%	10%	13%	11%	6%	10%	10%	14%	10%	6%	15%	8%	7%	12%	14%
Base for stats			181	2	14	30	37	31	29	12	25	112	66	37	41	73	26	44	51	58	25
Mean Score			4.00	3.43	3.90	4.12	3.95	3.84	3.95	4.36	4.16	3.96	4.10	3.77	3.92	4.16	4.09	4.13	3.85	4.15	3.91
Standard Deviation			1.004	1.189	.976	1.005	1.062	.903	1.085	1.053	.973	.986	1.033	1.086	.959	.939	1.086	.982	.949	1.047	.992
Standard Error			.074	.686	.252	.183	.166	.162	.202	.318	.191	.091	.127	.178	.146	.108	.217	.148	.128	.135	.202
Error variance			.01	.47	.06	.03	.03	.03	.04	.10	.04	.01	.02	.03	.02	.01	.05	.02	.02	.02	.04

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Amount of activity now compared to last year		
		Total	NET: More	About the same NET: Less
Significance Level: 95%			a	b
Unweighted Total		187	91	53
Total		182	90	50
		100%	100%	100%
I enjoyed it a lot	(5.0)	68	43	14
		37%	47%	28%
			bc	
I somewhat enjoyed it	(4.0)	66	28	21
		36%	31%	42%
I neither enjoyed it nor didn't enjoy it	(3.0)	28	11	8
		15%	13%	17%
I didn't enjoy it much	(2.0)	16	7	5
		9%	8%	9%
I didn't enjoy it at all	(1.0)	2	1	2
		1%	1%	3%
Don't know		1	-	-
		1%	-	-
NET: Enjoyed		134	71	35
		74%	78%	70%
NET: Didn't enjoy		18	8	6
		10%	9%	13%
Base for stats		181	90	50
Mean Score		4.00	4.16	3.83
Standard Deviation		1.004	.990	1.055
Standard Error		.074	.104	.145
Error variance		.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8. SUMMARY: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
I feel that I have the opportunity to be physically active	2043 100%	467 23%	930 46%	395 19%	167 8%	66 3%	18 1%	1397 68%	233 11%
I feel that I have the ability to be physically active	2043 100%	442 22%	950 46%	389 19%	156 8%	99 5%	7 *	1392 68%	255 13%
It is important to me to exercise regularly	2043 100%	498 24%	890 44%	415 20%	156 8%	66 3%	18 1%	1388 68%	222 11%
I find exercise enjoyable and satisfying	2043 100%	383 19%	779 38%	470 23%	255 12%	144 7%	13 1%	1161 57%	399 20%
I feel guilty when I don't exercise	2043 100%	326 16%	741 36%	503 25%	333 16%	128 6%	13 1%	1067 52%	460 23%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Gender			Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(5.0)	442	206	234	155	140	147	21	70	39	46	38	45	75	72	36	
		22%	21%	23%	25% c	21%	19%	22%	26% i	19%	21%	22%	20%	23%	22%	17%	
Agree	(4.0)	950	462	487	268	347	334	48	101	96	93	75	111	160	162	103	
		46%	46%	47%	43%	52% ac	44%	49% b	38%	48% b	43%	43%	49% b	50% b	49% b	49% b	
Neither agree nor disagree	(3.0)	389	199	186	123	115	151	19	49	36	45	45	41	54	55	45	
		19%	20%	18%	20%	17%	20%	20%	18%	18%	21%	25% gh	18%	17%	17%	22%	
Disagree	(2.0)	156	72	83	46	41	69	5	23	16	14	13	21	20	28	17	
		8%	7%	8%	7%	6%	9% b	5%	9%	8%	6%	7%	9%	6%	8%	8%	
Strongly disagree	(1.0)	99	54	44	20	25	54	3	22	13	15	5	7	10	15	8	
		5%	5%	4%	3%	4%	7% ab	4%	8% efg	7%	7% g	3%	3%	3%	5%	4%	
Don't know		7	3	4	6	1	-	-	1	-	3	-	1	2	-	1	
		*	*	*	1% bc	*	-	-	*	-	1% h	-	*	*	-	*	
NET: Agree		1392	668	721	423	487	481	70	171	135	139	114	156	235	234	138	
		68%	67%	70%	68%	73% c	64%	71%	64%	68%	64%	64%	69%	73% bde	71%	66%	
NET: Disagree		255	126	127	66	66	123	9	45	29	28	18	28	30	43	26	
		13%	13%	12%	11%	10%	16% ab	9%	17% aeg	14%	13%	10%	12%	9%	13%	12%	
Base for stats		2036	993	1033	612	668	756	98	265	199	212	177	225	320	331	210	
Mean Score		3.73	3.70	3.76	3.80 c	3.80 c	3.60	3.81	3.66	3.66	3.67	3.73	3.74	3.85 bcdi	3.75	3.67	
Standard Deviation		1.039	1.048	1.026	1.007	.963	1.114	.959	1.196	1.080	1.097	.984	.988	.956	1.033	.986	
Standard Error		.023	.034	.031	.039	.036	.044	.089	.074	.075	.076	.070	.068	.052	.060	.070	
Error variance		*	*	*	*	*	*	.01	.01	.01	.01	*	*	*	*	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	442	53	97	112	58	35	88	262	180	358	13	44	22	1	3	82
		22%	29% efh	23% ef	22% efh	25% efh	16%	18%	24% efh	19%	21%	29%	26%	28%	11%	15%	26% a
Agree	(4.0)	950	78	203	238	107	108	215	520	430	791	22	80	35	2	11	151
		46%	43%	49%	47%	47%	51% f	43%	47%	46%	46%	47%	48%	46%	33%	63%	48%
Neither agree nor disagree	(3.0)	389	27	74	97	48	47	96	198	191	330	5	28	10	3	3	49
		19%	15%	18%	19%	21%	22%	19%	18%	20%	19%	12%	17%	13%	44%	16%	15%
Disagree	(2.0)	156	16	25	33	13	12	58	74	82	139	3	7	6	-	-	17
		8%	9%	6%	7%	6%	5%	12% bcdeg	7%	9%	8%	7%	4%	7%	-	-	5%
Strongly disagree	(1.0)	99	8	19	19	4	9	40	46	53	82	2	7	5	1	1	16
		5%	5%	5% d	4%	2%	4%	8% bcdg	4%	6% d	5%	5%	4%	6%	11%	7%	5%
Don't know		7	-	-	2	1	1	2	2	5	6	-	1	-	-	-	1
		*	-	-	*	*	1%	*	*	*	*	-	*	-	-	-	*
NET: Agree		1392	131	300	350	164	143	303	782	610	1149	35	124	57	3	14	233
		68%	72% f	72% fh	70% f	72% fh	67%	61%	71% fh	65%	67%	76%	74%	74%	45%	78%	74% a
NET: Disagree		255	24	44	52	16	21	98	121	135	221	6	14	10	1	1	32
		13%	13% d	11%	10%	7%	10%	20% bcdegh	11%	14% cdg	13%	13%	9%	13%	11%	7%	10%
Base for stats		2036	183	418	500	228	210	497	1101	936	1700	46	165	78	7	18	314
Mean Score		3.73	3.83 fh	3.80 fh	3.78 fh	3.89 efh	3.70 f	3.51	3.80 fh	3.64 f	3.71	3.87	3.88 a	3.82	3.35	3.78	3.85 a
Standard Deviation		1.039	1.084	1.012	.990	.903	.956	1.149	1.014	1.062	1.040	1.080	.986	1.115	1.134	.962	1.031
Standard Error		.023	.083	.051	.044	.056	.062	.053	.031	.034	.025	.153	.075	.125	.378	.215	.056
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.02	.14	.05	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
442	258	77	92	169	29	19	153	63	11	13	24	25	31	73	48	
22%	20%	22%	28%	25%	34%	29%	22%	26%	17%	18%	19%	26%	17%	18%	32%	
			a	a	cefgij	ij		ij				ij			cefgij	
950	588	170	159	329	38	32	339	115	29	41	64	40	69	182	70	
46%	46%	48%	49%	48%	45%	47%	49%	48%	47%	58%	49%	41%	37%	44%	46%	
							i	i		hij	i					
389	240	74	50	124	13	10	137	37	13	9	21	17	47	85	23	
19%	19%	21%	16%	18%	15%	16%	20%	16%	22%	13%	16%	17%	25%	20%	15%	
													dfgk			
156	113	26	11	38	3	2	39	13	6	4	12	9	20	48	5	
8%	9%	7%	4%	6%	4%	2%	6%	5%	10%	6%	9%	9%	11%	11%	3%	
	cd	c							k		k	k	abcdk	abcdk		
99	77	10	9	19	2	3	21	10	2	3	9	4	16	29	5	
5%	6%	3%	3%	3%	2%	4%	3%	4%	3%	4%	7%	4%	9%	7%	3%	
	bcd										c		ck	c		
7	5	-	1	1	-	1	-	1	1	1	-	2	2	-	1	
*	*	-	*	*	-	1%	-	*	1%	1%	-	2%	1%	-	*	
						c			cj	c		cj	c			
1392	846	247	251	499	67	51	492	178	39	54	88	65	101	255	118	
68%	66%	69%	78%	73%	78%	77%	71%	74%	64%	76%	68%	67%	54%	61%	78%	
			ab	a	ij	ij	ij	ij		ij	i	i			eij	
255	190	36	21	57	5	4	60	23	8	7	21	13	36	77	10	
13%	15%	10%	6%	8%	6%	7%	9%	10%	13%	10%	16%	13%	20%	18%	6%	
	bcd										ack		abcdk	abcdk		
2036	1276	357	323	680	85	66	690	239	61	71	130	95	184	417	151	
3.73	3.66	3.78	3.97	3.87	4.03	3.96	3.82	3.87	3.66	3.80	3.64	3.78	3.43	3.53	4.00	
			ab	a	cegiij	gij	gij	gij		i		ij			cegiij	
1.039	1.081	.960	.918	.945	.936	.976	.945	1.005	.987	.961	1.095	1.074	1.156	1.118	.951	
.023	.030	.054	.054	.039	.099	.114	.036	.065	.124	.115	.090	.100	.081	.061	.075	
*	*	*	*	*	.01	.01	*	*	.02	.01	.01	.01	.01	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	442	124	79	39	6	117	133	59	51	11	110	144	64	235	124	19	378
		22%	25%	23%	22%	15%	23%	23%	25%	23%	27%	24%	23%	19%	21%	25% a	23%	22%
Agree	(4.0)	950	249	175	87	19	262	300	119	101	17	220	317	160	502	248	40	790
		46%	49%	52%	48%	45%	51%	52%	51%	46%	42%	48%	51%	47%	44%	50% b	49%	46%
Neither agree nor disagree	(3.0)	389	92	51	33	10	84	99	39	41	9	80	108	56	246	74	13	333
		19%	18%	15%	18%	23%	16%	17%	16%	18%	21%	17%	17%	17%	22% ac	15%	15%	20% c
Disagree	(2.0)	156	23	21	15	3	36	27	16	15	2	31	29	38	85	29	6	119
		8%	5%	6%	9% a	6%	7%	5%	7%	7%	4%	7%	5%	11% bce	7%	6%	7%	7%
Strongly disagree	(1.0)	99	18	10	5	4	15	20	3	12	2	15	23	21	58	15	4	78
		5%	4%	3%	3%	11% abcef	3%	4%	1%	5% b	5%	3%	4%	6% c	5%	3%	5%	5%
Don't know		7	-	-	1	-	1	-	-	1	-	1	-	-	4	2	1	7
	*	-	-	*	-	*	-	-	-	*	-	*	-	-	*	*	1%	*
NET: Agree	1392	373	254	125	25	380	397	433	178	152	28	330	461	223	737	372	59	1168
	68%	74% d	76% d	70%	59%	74% d	73%	75%	76%	69%	69%	72%	74%	66%	65%	76% abe	72%	69%
NET: Disagree	255	41	31	20	7	52	49	48	19	27	4	46	52	59	143	44	10	196
	13%	8%	9%	11%	17%	10%	9%	8%	8%	12%	10%	10%	8%	17% bce	13% c	9%	12%	12%
Base for stats	2036	506	336	178	41	515	547	580	235	220	41	456	620	338	1126	491	81	1698
Mean Score	3.73	3.86 d	3.87 d	3.78	3.46	3.84 d	3.83 d	3.86	3.91	3.74	3.81	3.83	3.85	3.61	3.69	3.89 abe	3.79	3.75 a
Standard Deviation	1.039	.957	.947	.971	1.160	.955	.979	.942	.889	1.062	1.063	.979	.950	1.104	1.046	.954	1.041	1.024
Standard Error	.023	.042	.052	.073	.179	.042	.041	.039	.058	.071	.164	.046	.038	.060	.031	.043	.113	.025
Error variance	*	*	*	.01	.03	*	*	*	*	.01	.03	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree		(5.0)	442	82	292	49	46	10	334	97	7	360	82	400	41
			22%	22%	23%	19%	12%	15%	25%	15%	10%	22%	20%	23%	14%
					b			abef					b		
Agree		(4.0)	950	172	605	115	141	22	680	254	22	746	204	809	138
			46%	45%	47%	44%	36%	34%	51%	39%	32%	46%	49%	47%	47%
					b			abcef							
Neither agree nor disagree		(3.0)	389	80	241	49	78	17	237	131	12	307	82	313	66
			19%	21%	19%	18%	20%	26%	18%	20%	17%	19%	20%	18%	22%
Disagree		(2.0)	156	29	88	30	70	10	55	95	14	126	31	129	24
			8%	8%	7%	12%	18%	15%	4%	15%	20%	8%	7%	7%	8%
					d	ad	d		d	ad					
Strongly disagree		(1.0)	99	16	60	19	61	7	27	72	15	80	19	76	22
			5%	4%	5%	7%	15%	10%	2%	11%	21%	5%	4%	4%	8%
					d	ade	d		d	ade				a	
Don't know			7	2	2	-	-	-	4	-	-	5	1	2	3
			*	*	*	-	-	-	*	-	-	*	*	*	1%
														a	
NET: Agree			1392	254	897	164	187	32	1014	350	29	1106	286	1209	179
			68%	67%	70%	63%	47%	49%	76%	54%	42%	68%	68%	70%	61%
						bcef			abcef	bf				b	
NET: Disagree			255	45	148	50	131	17	82	166	29	206	49	205	46
			13%	12%	12%	19%	33%	26%	6%	26%	41%	13%	12%	12%	16%
						d	ade	d		ad	ade				
Base for stats			2036	379	1285	263	396	65	1333	647	70	1619	417	1727	291
Mean Score			3.73	3.73	3.76	3.55	3.10	3.27	3.93	3.32	2.90	3.73	3.72	3.77	3.52
						bef			abcef	bf				b	
Standard Deviation			1.039	1.021	1.026	1.141	1.266	1.203	.877	1.215	1.325	1.047	1.007	1.027	1.077
Standard Error			.023	.053	.029	.067	.064	.147	.024	.047	.151	.026	.050	.025	.061
Error variance			*	*	*	*	*	.02	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	442	22	25	53	68	54	66	41	114	199	221	84	107	171	76	150	101	134	51
		22%	6%	11%	17%	20%	24%	27%	46%	44%	18%	38%	18%	18%	24%	31%	25%	19%	21%	22%
			a	a	ab	abci	abcdi	abcdefi	abcdefi	ab	abcdefi			ab	abc	b				
Agree	(4.0)	950	108	110	165	188	110	125	40	104	574	268	195	292	354	103	290	242	312	99
		46%	30%	51%	52%	54%	50%	52%	44%	40%	52%	46%	42%	49%	50%	41%	48%	46%	48%	42%
			ah	ah	ahj	ah	ah	a	a	ahj	a			ad	ad					
Neither agree nor disagree	(3.0)	389	97	50	69	65	38	37	7	26	222	71	82	130	115	51	89	113	130	47
		19%	27%	23%	21%	19%	17%	16%	8%	10%	20%	12%	18%	22%	16%	21%	15%	21%	20%	20%
			defghij	fghj	ghj	ghj	gh			ghj				c			a	a		
Disagree	(2.0)	156	66	22	22	17	13	8	1	6	74	16	58	43	46	7	48	46	44	17
		8%	19%	10%	7%	5%	6%	3%	1%	2%	7%	3%	12%	7%	7%	3%	8%	9%	7%	7%
			bcddefghij	dfghj	ghj	j	j			hj			bcd	d	d					
Strongly disagree	(1.0)	99	59	9	11	6	5	4	-	6	30	10	48	20	21	10	29	21	28	21
		5%	17%	4%	3%	2%	2%	2%	-	2%	3%	2%	10%	3%	3%	4%	5%	4%	4%	9%
			bcddefghij	j									bcd							abc
Don't know		7	2	1	-	2	-	1	-	2	3	2	-	1	1	1	2	1	1	-
		*	*	1%	-	*	-	*	-	1%	*	*	-	*	*	*	*	*	*	-
NET: Agree		1392	129	135	219	256	164	191	81	217	773	489	279	399	524	179	440	344	446	149
		68%	37%	62%	68%	74%	75%	79%	90%	84%	70%	83%	60%	67%	74%	72%	72%	66%	69%	64%
				a	a	ab	ab	abci	abcdefi	abcdei	ab	abcdei		a	ab	a	bd			
NET: Disagree		255	125	31	33	23	17	12	1	12	105	26	106	63	67	17	77	67	72	38
		13%	35%	14%	10%	7%	8%	5%	1%	5%	9%	4%	23%	11%	9%	7%	13%	13%	11%	16%
			bcddefghij	defghij	fghj	gj				fghj			bcd							c
Base for stats		2036	351	215	320	345	219	241	90	256	1099	586	466	592	707	247	605	523	648	234
Mean Score		3.73	2.91	3.56	3.71	3.85	3.89	4.00	4.35	4.22	3.76	4.15	3.45	3.71	3.86	3.93	3.80	3.68	3.74	3.61
				a	a	abc	abc	abcdi	abcdefij	abcdefi	ab	abcdefi		a	ab	ab	d			
Standard Deviation		1.039	1.188	.964	.937	.855	.914	.844	.694	.898	.920	.857	1.214	.955	.956	.993	1.050	1.011	1.002	1.166
Standard Error		.023	.064	.066	.052	.046	.061	.054	.074	.056	.028	.036	.055	.039	.037	.065	.043	.044	.040	.075
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(5.0)	442	232	133	71
		22%	32%	17%	14%
			bc		
Agree	(4.0)	950	364	356	226
		46%	49%	47%	44%
Neither agree nor disagree	(3.0)	389	99	170	111
		19%	13%	22%	22%
			a	a	
Disagree	(2.0)	156	27	62	61
		8%	4%	8%	12%
			a	a	ab
Strongly disagree	(1.0)	99	11	42	43
		5%	2%	6%	8%
			a	a	ab
Don't know		7	2	2	1
		*	*	*	*
NET: Agree		1392	596	489	297
		68%	81%	64%	58%
			bc	c	
NET: Disagree		255	38	104	104
		13%	5%	14%	20%
			a	a	ab
Base for stats		2036	734	763	512
Mean Score		3.73	4.06	3.62	3.43
			bc	c	
Standard Deviation		1.039	.858	1.039	1.126
Standard Error		.023	.031	.038	.050
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(5.0)	467	227	238	158	150	159	24	68	40	49	50	41	77	66	51	
		23%	23%	23%	26% c	22%	21%	25%	26%	20%	23%	28% fh	18%	24%	20%	24%	
Agree	(4.0)	930	443	484	257	322	352	40	107	98	87	72	110	153	168	93	
		46%	45%	47%	42%	48% a	47%	41%	40%	49%	40%	41%	49%	48%	51% bde	44%	
Neither agree nor disagree	(3.0)	395	203	190	130	129	137	26	54	35	43	37	48	56	54	44	
		19%	20%	18%	21%	19%	18%	27% cgh	20%	17%	20%	21%	21%	17%	16%	21%	
Disagree	(2.0)	167	79	86	50	51	66	7	19	20	18	14	17	26	31	15	
		8%	8%	8%	8%	8%	9%	7%	7%	10%	8%	8%	8%	8%	9%	7%	
Strongly disagree	(1.0)	66	37	28	14	13	39	1	14	6	14	2	7	7	10	6	
		3%	4%	3%	2%	2%	5% ab	1%	5% ae	3%	6% aeg	1%	3%	2%	3%	3%	
Don't know		18	7	11	9	4	5	-	3	1	5	2	2	2	2	2	
		1%	1%	1%	2%	1%	1%	-	1%	*	2% g	1%	1%	*	1%	1%	
NET: Agree		1397	670	722	415	471	510	64	175	138	136	122	151	231	234	144	
		68%	67%	70%	67%	70%	68%	66%	66%	69%	63%	69%	67%	72% d	71%	68%	
NET: Disagree		233	116	114	64	64	104	7	33	25	32	16	24	33	41	21	
		11%	12%	11%	10%	10%	14% b	8%	12%	13%	15%	9%	11%	10%	12%	10%	
Base for stats		2025	989	1026	609	665	751	98	262	198	210	175	224	320	329	209	
Mean Score		3.77	3.75	3.80	3.81 c	3.82 c	3.70	3.82	3.75	3.74	3.67	3.88 d	3.72	3.84	3.76	3.80	
Standard Deviation		.998	1.016	.980	.986	.936	1.056	.911	1.081	.983	1.120	.949	.960	.962	.978	.980	
Standard Error		.022	.033	.030	.038	.035	.042	.085	.067	.068	.078	.068	.066	.052	.057	.070	
Error variance		*	*	*	*	*	*	.01	*	*	.01	*	*	*	*	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	467	56	110	116	48	44	93	282	185	377	11	44	27	1	5	87
		23%	31%	26%	23%	21%	21%	19%	26%	20%	22%	24%	26%	34%	11%	29%	28%
			defh	fh					fh					a			a
Agree	(4.0)	930	80	187	231	101	102	229	499	431	786	18	71	32	2	9	132
		46%	44%	45%	46%	44%	48%	46%	45%	46%	46%	39%	42%	41%	34%	51%	42%
Neither agree nor disagree	(3.0)	395	28	74	98	58	43	94	200	195	330	9	35	11	1	2	59
		19%	16%	18%	20%	25%	20%	19%	18%	21%	19%	20%	21%	15%	21%	8%	19%
					abfg												
Disagree	(2.0)	167	12	35	38	17	19	46	85	82	143	6	10	5	2	1	23
		8%	7%	8%	7%	8%	9%	9%	8%	9%	8%	12%	6%	6%	22%	5%	7%
Strongly disagree	(1.0)	66	6	8	12	3	4	33	26	39	56	1	6	2	-	1	9
		3%	3%	2%	2%	1%	2%	7%	2%	4%	3%	2%	3%	2%	-	7%	3%
							bcdeg		bdg								
Don't know		18	-	4	7	1	1	6	11	7	14	2	1	1	1	-	4
		1%	-	1%	1%	*	*	1%	1%	1%	1%	4%	*	1%	11%	-	1%
				a													
NET: Agree		1397	136	297	348	149	145	322	781	616	1163	29	114	58	3	14	220
		68%	74%	71%	69%	65%	69%	64%	71%	66%	68%	63%	69%	75%	46%	80%	70%
			d fh	fh					fh								
NET: Disagree		233	19	43	50	20	23	78	111	122	198	6	16	7	2	2	33
		11%	10%	10%	10%	9%	11%	16%	10%	13%	12%	14%	9%	9%	22%	11%	10%
							bcdg		g								
Base for stats		2025	183	414	495	228	211	494	1092	933	1692	45	165	77	6	18	311
		3.77	3.91	3.86	3.81	3.77	3.77	3.61	3.85	3.69	3.76	3.74	3.83	3.99	3.39	3.90	3.85
			fh	fh	fh				fh				a				
Standard Deviation		.998	1.017	.970	.960	.913	.940	1.094	.973	1.020	.997	1.028	1.001	.999	1.088	1.111	1.011
Standard Error		.022	.078	.049	.043	.057	.061	.051	.030	.033	.024	.148	.076	.112	.385	.248	.056
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.01	.15	.06	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
467	278	75	100	175	32	17	168	59	14	14	23	19	32	88	49	
23%	22%	21%	31% ab	26%	37% cdfghij	26%	24% i	25%	23%	20%	18%	20%	17%	21%	32% cghij	
930	602	155	140	295	34	33	298	118	26	40	68	48	68	196	67	
46%	47%	43%	43%	43%	40%	50%	43%	49% i	43%	56% aci	52% ci	50% i	37%	47% i	44%	
395	227	84	61	145	13	12	145	41	11	9	21	19	46	80	24	
19%	18%	23% a	19%	21%	15%	17%	21%	17%	17%	12%	17%	19%	25% dfk	19%	16%	
167	108	33	17	50	5	2	62	14	6	8	11	5	22	31	7	
8%	8%	9%	5%	7%	6%	2%	9%	6%	10%	11% b	9%	5%	12% bdhk	7%	5%	
66	53	7	4	11	2	2	12	6	4	-	5	4	9	22	4	
3%	4% cd	2%	1%	2%	2%	3%	2%	3%	6% cf	-	4%	4%	5% c	5% c	2%	
18	12	3	1	4	-	1	4	1	-	1	1	2	7	1	1	
1%	1%	1%	*	1%	-	1%	1%	1%	-	1%	1%	2% j	4% cdjk	*	*	
1397	880	229	240	470	66	50	466	177	41	54	91	67	101	284	116	
68%	69%	64%	74% b	69%	77% i	76% i	68% i	74% i	66%	76% i	70% i	69% i	54%	68% i	76% ci	
233	161	40	21	61	7	4	74	20	10	8	16	9	32	53	11	
11%	13% cd	11% c	6%	9%	8%	6%	11%	9%	16% bk	11%	13%	9%	17% bcdhk	13%	7%	
2025	1269	354	323	676	85	66	686	238	61	71	129	95	178	416	151	
3.77	3.74	3.73	3.98 abd	3.85 a	4.04 cegij	3.95 i	3.80 i	3.88 i	3.67	3.87 i	3.72	3.78 i	3.51	3.71 i	4.00 cegij	
.998	1.025	.967	.905	.946	.982	.911	.969	.941	1.134	.863	.990	.958	1.088	1.043	.950	
.022	.028	.055	.054	.039	.103	.107	.037	.061	.142	.103	.082	.089	.078	.057	.074	
*	*	*	*	*	.01	.01	*	*	.02	.01	.01	.01	.01	*	.01	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700	
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(5.0)	467 23%	135 27%	81 24%	44 24%	5 13%	125 24%	140 26%	143 25%	61 26%	50 23%	13 32%	111 24%	155 25%	72 21%	241 21%	135 27% ab	18 22%	395 23%
Agree	(4.0)	930 46%	238 47%	156 46%	77 43%	18 43%	233 45%	256 47%	285 49% ce	105 44%	86 39%	18 43%	191 42%	302 49% ce	151 45%	518 46%	225 46%	35 42%	779 46%
Neither agree nor disagree	(3.0)	395 19%	89 18%	62 18%	33 18%	11 26%	94 18%	99 18%	102 18%	44 19%	49 22%	7 18%	93 20%	109 18%	60 18%	227 20%	88 18%	20 25%	335 20%
Disagree	(2.0)	167 8%	35 7%	32 10%	19 10%	4 10%	51 10%	39 7%	40 7%	20 9%	25 11% af	1 3%	45 10%	41 7%	35 10% c	94 8%	30 6%	8 10%	132 8%
Strongly disagree	(1.0)	66 3%	8 2%	6 2%	5 3%	3 8% abef	11 2%	11 2%	8 1%	6 2%	8 3%	2 4%	13 3%	10 2%	17 5% ce	37 3%	10 2%	1 1%	48 3%
Don't know		18 1%	2 *	- -	2 1%	- -	2 *	2 *	2 *	- -	3 1%	- -	3 1%	2 *	3 1%	11 1%	4 1%	- -	15 1%
NET: Agree		1397 68%	372 74% d	237 70%	121 67%	23 56%	357 69%	396 72% d	428 74% ce	166 70%	137 62%	30 75%	302 66%	458 74% ce	223 66%	760 67%	361 73% ab	53 65%	1173 69%
NET: Disagree		233 11%	43 8%	38 11%	24 13%	7 18% a	62 12%	50 9%	48 8%	26 11%	32 15% af	3 7%	58 13% af	51 8%	52 15% ce	131 12% c	41 8%	9 11%	181 11%
Base for stats	2025	504	336	177	41	514	545	577	235	218	41	454	618	335	1118	489	82	1689	
Mean Score	3.77	3.91 d	3.81 d	3.76	3.43	3.79 d	3.87 d	3.89 ce	3.83	3.67	3.95	3.75	3.89 ce	3.67	3.74	3.91 abe	3.75	3.79 a	
Standard Deviation	.998	.924	.969	1.031	1.107	.990	.946	.902	.990	1.059	1.018	1.026	.909	1.081	.995	.943	.946	.980	
Standard Error	.022	.040	.053	.077	.171	.044	.040	.037	.064	.072	.157	.048	.036	.059	.030	.043	.102	.024	
Error variance	*	*	*	.01	.03	*	*	*	*	.01	.02	*	*	*	*	*	.01	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree		(5.0)	467	82	309	52	57	7	352	107	7	383	84	417	48
			23%	22%	24%	20%	14%	11%	26%	16%	10%	24%	20%	24%	16%
									abcef					b	
Agree		(4.0)	930	165	602	115	156	21	648	260	30	731	199	798	126
			46%	43%	47%	44%	39%	32%	49%	40%	43%	45%	47%	46%	43%
									bce						
Neither agree nor disagree		(3.0)	395	79	241	50	76	23	244	137	12	309	87	317	72
			19%	21%	19%	19%	19%	36%	18%	21%	16%	19%	21%	18%	25%
									abdef					a	
Disagree		(2.0)	167	39	91	34	64	12	65	94	15	134	33	132	32
			8%	10%	7%	13%	16%	18%	5%	15%	22%	8%	8%	8%	11%
				b		d	d	d		d	d			a	
Strongly disagree		(1.0)	66	13	35	11	40	2	18	45	6	53	12	53	11
			3%	3%	3%	4%	10%	4%	1%	7%	9%	3%	3%	3%	4%
						d	ad			d	d				
Don't know			18	3	10	1	3	-	10	4	-	14	4	13	4
			1%	1%	1%	*	1%	-	1%	1%	-	1%	1%	1%	1%
NET: Agree			1397	247	911	167	213	28	1000	366	37	1114	282	1215	174
			68%	65%	71%	63%	54%	42%	75%	57%	53%	69%	67%	70%	59%
					a	bce			abcef	c				b	
NET: Disagree			233	51	125	45	104	14	83	140	22	187	45	184	44
			11%	13%	10%	17%	26%	22%	6%	22%	31%	12%	11%	11%	15%
				b		d	ad	d		d	ad			a	
Base for stats			2025	378	1277	262	393	65	1326	644	70	1610	414	1717	290
Mean Score			3.77	3.70	3.83	3.62	3.32	3.28	3.94	3.45	3.23	3.78	3.74	3.81	3.58
					a	bcef			abcef					b	
Standard Deviation			.998	1.026	.965	1.066	1.201	1.007	.874	1.139	1.172	1.007	.966	.988	1.019
Standard Error			.022	.053	.027	.063	.061	.123	.024	.045	.134	.025	.048	.024	.058
Error variance			*	*	*	*	*	.02	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	467	30	28	45	75	64	70	45	110	212	225	75	110	186	92	162	104	143	55
		23%	8%	13%	14%	22%	29%	29%	51%	43%	19%	38%	16%	19%	26%	37%	27%	20%	22%	23%
					a	abc	abcdi	abcdi	abcdefij	abcdefi	abc	abcdefi			ab	abc	b			
Agree	(4.0)	930	113	97	169	183	105	122	40	102	553	264	189	288	352	94	264	238	318	100
		46%	32%	45%	53%	53%	48%	50%	45%	40%	50%	45%	40%	49%	50%	38%	43%	45%	49%	43%
				a	ahj	ahj	a	ah	a		ahj	a		ad	ad					
Neither agree nor disagree	(3.0)	395	99	64	72	55	31	37	2	35	222	75	100	135	110	39	110	120	112	45
		19%	28%	29%	22%	16%	14%	15%	3%	14%	20%	13%	21%	23%	16%	16%	18%	23%	17%	19%
			defghij	defghij	defghj	g	g	g		g	eghj	g	c	cd				ac		
Disagree	(2.0)	167	68	21	25	25	14	10	2	3	85	15	65	41	47	13	48	42	58	18
		8%	19%	10%	8%	7%	6%	4%	2%	1%	8%	2%	14%	7%	7%	5%	8%	8%	9%	7%
			bcdefghij	fg hj	h j	h j	h j	h			h j		bcd							
Strongly disagree	(1.0)	66	36	6	9	6	3	2	-	5	23	7	34	13	12	6	18	15	16	16
		3%	10%	3%	3%	2%	1%	1%	-	2%	2%	1%	7%	2%	2%	3%	3%	3%	2%	7%
			bcdefghij										bcd							abc
Don't know		18	7	1	2	2	2	1	-	3	7	4	4	6	1	3	6	5	3	1
		1%	2%	1%	1%	*	1%	*	-	1%	1%	1%	1%	1%	*	1%	1%	1%	*	*
			i													c				
NET: Agree		1397	143	124	213	258	169	192	85	212	765	489	264	399	538	186	426	343	460	155
		68%	40%	57%	67%	75%	77%	79%	95%	82%	69%	83%	57%	67%	76%	75%	70%	65%	71%	66%
				a	ab	abc	abci	abci	abcdefhij	abcdi	ab	abc di		a	ab	ab			b	
NET: Disagree		233	104	27	33	31	16	12	2	8	108	21	98	55	59	19	65	56	74	33
		11%	29%	13%	10%	9%	7%	5%	2%	3%	10%	4%	21%	9%	8%	8%	11%	11%	11%	14%
			bcdefghij	fg hj	fg hj	gh j	h j				fg hj		bcd							
Base for stats		2025	345	215	319	344	217	241	90	254	1095	585	462	588	706	244	601	519	646	233
Mean Score		3.77	3.09	3.55	3.68	3.86	3.99	4.03	4.44	4.21	3.77	4.17	3.45	3.75	3.92	4.04	3.84	3.72	3.79	3.69
				a	a	abc	abci	abcdi	abcdefhij	abcdefi	ab	abcdefi		a	ab	ab	b			
Standard Deviation		.998	1.130	.935	.905	.900	.894	.821	.652	.863	.919	.828	1.137	.918	.913	.989	1.007	.966	.966	1.116
Standard Error		.022	.062	.064	.050	.048	.060	.053	.070	.055	.028	.034	.052	.037	.035	.065	.041	.042	.039	.072
Error variance		*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(5.0)	467	257	136	68
		23%	35%	18%	13%
			bc	c	
Agree	(4.0)	930	354	352	218
		46%	48%	46%	43%
Neither agree nor disagree	(3.0)	395	93	185	107
		19%	13%	24%	21%
			a	a	
Disagree	(2.0)	167	19	59	85
		8%	3%	8%	17%
			a	a	ab
Strongly disagree	(1.0)	66	5	28	32
		3%	1%	4%	6%
			a	a	ab
Don't know		18	7	5	2
		1%	1%	1%	*
NET: Agree		1397	611	488	286
		68%	83%	64%	56%
			bc	c	
NET: Disagree		233	25	86	117
		11%	3%	11%	23%
			a	a	ab
Base for stats		2025	729	760	510
Mean Score		3.77	4.15	3.67	3.40
			bc	c	
Standard Deviation		.998	.794	.976	1.104
Standard Error		.022	.029	.036	.049
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	383	180	201	142	118	122	16	59	41	40	34	33	71	49	39
		19%	18%	19%	23% bc	18%	16%	17%	22% fh	21%	18%	19%	14%	22% fh	15%	19%
Agree	(4.0)	779	384	394	240	279	259	41	101	71	74	78	89	120	128	77
		38%	38%	38%	39%	42% c	34%	42%	38%	36%	34%	44% d	39%	37%	39%	37%
Neither agree nor disagree	(3.0)	470	239	229	137	146	187	24	50	41	49	42	56	81	82	46
		23%	24%	22%	22%	22%	25%	25%	19%	21%	23%	24%	25%	25%	25%	22%
Disagree	(2.0)	255	115	137	60	88	107	12	32	34	24	13	36	32	42	31
		12%	12%	13%	10%	13% a	14% a	12%	12%	17% eg	11%	7%	16% eg	10%	13% e	15% e
Strongly disagree	(1.0)	144	70	71	31	34	79	4	20	12	25	9	11	17	29	18
		7%	7%	7%	5%	5%	10% ab	4%	8%	6%	11% acefg	5%	5%	5%	9%	8%
Don't know		13	8	4	7	3	3	-	2	-	5	1	2	2	1	-
		1%	1%	*	1%	*	*	-	1%	-	2% ci	1%	1%	*	*	-
NET: Agree		1161	563	595	382	398	382	57	160	113	114	112	122	191	177	116
		57%	57%	57%	62% c	59% c	50%	59%	60%	57%	53%	63% dh	54%	59%	53%	55%
NET: Disagree		399	185	208	91	122	186	16	52	46	49	21	47	48	71	49
		20%	19%	20%	15%	18%	25% ab	16%	20% e	23% eg	23% eg	12% e	21% e	15%	21% eg	23% eg
Base for stats		2030	988	1032	611	666	754	98	263	199	211	176	224	320	330	210
Mean Score		3.49	3.49	3.50	3.66 bc	3.54 c	3.32	3.55	3.56	3.48	3.38	3.66 dfhi	3.43	3.62 dh	3.38	3.42
Standard Deviation		1.142	1.130	1.149	1.093	1.085	1.206	1.044	1.187	1.170	1.245	1.033	1.073	1.091	1.150	1.193
Standard Error		.025	.037	.035	.042	.041	.047	.097	.074	.081	.086	.074	.074	.059	.067	.085
Error variance		*	*	*	*	*	*	.01	.01	.01	.01	.01	.01	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335	
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(5.0)	383	40	94	92	45	35	76	226	156	306	9	36	25	2	4	75	
		19%	22% f	22% fh	18%	20%	17%	15%	21% fh	17%	18%	20%	22%	32% a	23%	22%	24% a	
Agree	(4.0)	779	75	172	184	91	86	169	431	347	648	21	64	25	3	9	122	
		38%	41%	41% f	37%	40%	41%	34%	39%	37%	38%	46%	39%	32%	45%	48%	39%	
Neither agree nor disagree	(3.0)	470	32	84	134	48	53	119	250	220	387	9	46	15	1	4	75	
		23%	17%	20%	27% ab	21%	25%	24%	23%	23%	23%	19%	27%	19%	21%	22%	24%	
Disagree	(2.0)	255	25	49	57	33	23	69	130	125	219	6	17	10	1	-	33	
		12%	14%	12%	11%	14%	11%	14%	12%	13%	13%	13%	10%	12%	11%	-	11%	
Strongly disagree	(1.0)	144	9	20	32	10	12	61	61	83	134	1	3	3	-	1	8	
		7%	5%	5%	6%	4%	6%	12% abcdegh	6%	9% bdg	8% cg	2%	2%	4%	-	4%	3%	
Don't know		13	1	-	2	1	2	6	4	9	11	-	-	1	-	1	1	
		1%	1%	-	*	*	1% b	1% b	*	1%	1%	-	-	1%	-	4%	*	
NET: Agree		1161	115	266	277	137	122	245	658	503	954	31	100	49	5	13	197	
		57%	63% fh	64% cfh	55%	60% f	57% f	49%	60% fh	54%	56%	66%	60%	64%	68%	70%	63% a	
NET: Disagree		399	34	68	89	43	35	129	192	207	353	7	20	13	1	1	41	
		20%	19%	16%	18%	19%	17%	26% bcdeg	17%	22% bcg	21% cg	15%	12%	16%	11%	4%	13%	
Base for stats		2030	182	418	499	228	210	494	1099	931	1695	46	166	77	7	17	313	
Mean Score		3.49	3.62	3.65	3.50	3.57	3.52	3.26	3.57	3.40	3.46	3.68	3.68	3.76	3.80	3.87	3.71	
			fh	cfh	f	fh	f		fh	f			a	a			a	
Standard Deviation		1.142	1.127	1.093	1.111	1.094	1.076	1.234	1.108	1.174	1.159	1.012	.988	1.153	.989	.946	1.027	
Standard Error		.025	.087	.055	.050	.068	.070	.057	.034	.038	.028	.143	.074	.130	.330	.217	.056	
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.02	.11	.05	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
383	215	70	82	153	23	16	152	51	13	10	21	16	23	59	38	
19%	17%	20%	25%	22%	27%	24%	22%	21%	21%	13%	16%	17%	13%	14%	25%	
			a	a	fgij	ij	ij	ij							fgij	
779	470	139	133	272	33	30	275	107	21	29	50	42	53	139	62	
38%	37%	39%	41%	40%	38%	44%	40%	45%	33%	41%	38%	44%	29%	33%	41%	
						i	ij	ij				ij			i	
470	301	82	65	148	16	14	149	48	15	19	31	21	54	104	30	
23%	24%	23%	20%	22%	19%	21%	22%	20%	25%	26%	24%	21%	29%	25%	20%	
													cdk			
255	164	54	35	88	7	5	79	21	9	7	20	11	26	70	12	
12%	13%	15%	11%	13%	9%	8%	11%	9%	15%	10%	15%	11%	14%	17%	8%	
											dk			bcdk		
144	121	11	6	17	4	2	34	12	4	6	8	6	24	42	7	
7%	9%	3%	2%	2%	5%	4%	5%	5%	6%	9%	6%	7%	13%	10%	4%	
	bcd												abcdgk	cdk		
13	9	1	2	3	2	-	1	1	-	1	-	1	4	3	2	
1%	1%	*	1%	*	2%	-	*	*	-	1%	-	1%	2%	1%	1%	
					c								c			
1161	685	209	216	425	55	45	427	158	33	39	70	59	77	198	100	
57%	53%	59%	67%	62%	65%	68%	62%	66%	54%	54%	54%	60%	42%	47%	66%	
			ab	a	ij	ij	ij	gij			i	ij			gij	
399	285	65	40	105	12	7	113	33	13	13	28	17	50	112	19	
20%	22%	18%	13%	15%	14%	11%	16%	14%	21%	19%	22%	18%	27%	27%	13%	
	cd										dk		abcdk	abcdhk		
2030	1271	356	321	678	83	66	689	239	61	71	130	96	181	415	150	
3.49	3.39	3.57	3.78	3.67	3.74	3.77	3.63	3.69	3.48	3.41	3.42	3.54	3.14	3.25	3.75	
		a	ab	a	gij	fgij	gij	gij			i	ij			fgij	
1.142	1.186	1.063	1.004	1.040	1.114	1.015	1.096	1.062	1.163	1.125	1.126	1.104	1.216	1.191	1.068	
.025	.033	.060	.059	.043	.119	.118	.042	.069	.145	.134	.093	.102	.086	.065	.084	
*	*	*	*	*	.01	.01	*	*	.02	.02	.01	.01	.01	*	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	383 19%	122 24%	70 21%	35 19%	5 11%	105 20%	130 22%	57 24%	39 17%	9 23%	96 21%	139 22%	63 19%	195 17%	111 23% b	14 17%	320 19%
Agree	(4.0)	779 38%	208 41%	146 43%	68 38%	14 33%	214 41%	246 42%	97 41%	78 35%	19 47%	175 38%	264 43%	109 32%	432 38% a	202 41% a	36 43%	670 39% a
Neither agree nor disagree	(3.0)	470 23%	101 20%	72 21%	39 22%	12 29%	112 22%	117 20%	40 17%	67 31% abdf	5 11%	108 24% b	121 20%	86 25%	255 23%	110 22%	19 23%	384 23%
Disagree	(2.0)	255 12%	51 10%	30 9%	26 15% b	9 22% abef	56 11%	63 11%	26 11%	22 10%	6 15%	48 10%	70 11%	43 13%	146 13%	56 11%	11 13%	212 12%
Strongly disagree	(1.0)	144 7%	22 4%	18 5%	10 6%	2 5%	28 6%	24 4%	15 6%	13 6%	2 4%	28 6%	25 4%	35 10% ce	92 8% c	13 3%	3 4%	108 6% c
Don't know		13 1%	1 *	- -	1 *	- -	1 *	1 *	- -	2 1%	- -	2 *	1 *	2 *	8 1%	2 *	1 1%	11 1%
NET: Agree		1161 57%	331 65% d	216 64% d	103 57%	18 44%	318 62% d	375 65% c	154 65% c	117 53%	28 70% c	271 59%	403 65% c	172 51%	628 56%	313 63% abe	49 60%	990 58% a
NET: Disagree		399 20%	73 14%	48 14%	36 20%	11 27% abf	85 16%	87 15%	41 17%	35 16%	8 19%	76 17%	95 15%	79 23% c	238 21% c	68 14%	14 17%	320 19% c
Base for stats		2030	505	336	178	41	515	579	235	220	41	455	620	337	1121	491	82	1694
Mean Score		3.49	3.71 cd	3.65 d	3.51	3.23	3.60 d	3.68 c	3.66	3.49	3.69	3.58	3.68 c	3.36	3.44	3.70 abe	3.56	3.52 a
Standard Deviation		1.142	1.078	1.074	1.131	1.082	1.095	1.064	1.150	1.080	1.119	1.119	1.067	1.223	1.162	1.024	1.041	1.124
Standard Error		.025	.047	.059	.085	.167	.048	.044	.075	.073	.173	.052	.042	.066	.035	.046	.113	.027
Error variance		*	*	*	.01	.03	*	*	.01	.01	.03	*	*	*	*	*	.01	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree		(5.0)	383	76	240	48	58	7	271	104	8	310	73	346	36
			19%	20%	19%	18%	15%	10%	20%	16%	11%	19%	17%	20%	12%
								bcef						b	
Agree		(4.0)	779	150	509	93	128	22	539	221	19	614	164	673	101
			38%	39%	40%	35%	32%	34%	40%	34%	27%	38%	39%	39%	34%
								bef							
Neither agree nor disagree		(3.0)	470	93	279	56	95	23	292	156	16	370	100	378	82
			23%	24%	22%	21%	24%	36%	22%	24%	22%	23%	24%	22%	28%
								abde						a	
Disagree		(2.0)	255	43	166	35	64	11	154	95	15	206	49	208	45
			12%	11%	13%	13%	16%	17%	12%	15%	21%	13%	12%	12%	15%
							d				d				
Strongly disagree		(1.0)	144	15	88	28	48	2	73	67	11	112	32	115	28
			7%	4%	7%	11%	12%	3%	5%	10%	16%	7%	8%	7%	9%
				a		cd	cd			d	cd				
Don't know			13	4	6	3	3	-	7	5	2	12	1	10	2
			1%	1%	*	1%	1%	-	1%	1%	2%	1%	*	1%	1%
NET: Agree			1161	226	749	141	186	29	810	325	27	924	237	1019	137
			57%	59%	58%	54%	47%	45%	61%	50%	38%	57%	57%	59%	47%
						f			abcef	f				b	
NET: Disagree			399	58	254	63	112	13	227	161	26	318	81	323	73
			20%	15%	20%	24%	28%	20%	17%	25%	37%	20%	19%	19%	25%
					a	d	d			d	acde			a	
Base for stats		2030	377	1282	259	393	65	1329	643	69	1612	418	1720	293	
Mean Score		3.49	3.61	3.50	3.38	3.21	3.32	3.59	3.31	2.96	3.50	3.47	3.54	3.25	
					f			abef	f					b	
Standard Deviation		1.142	1.053	1.138	1.236	1.235	.974	1.100	1.208	1.273	1.143	1.137	1.138	1.149	
Standard Error		.025	.054	.032	.073	.063	.119	.030	.047	.147	.028	.057	.028	.065	
Error variance		*	*	*	.01	*	.01	*	*	.02	*	*	*	*	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	383	11	15	40	70	54	58	36	97	180	191	66	101	148	67	114	94	119	53
		19%	3%	7%	13%	20%	25%	24%	40%	38%	16%	32%	14%	17%	21%	27%	19%	18%	18%	23%
			a	a	ab	abc	abci	abci	abcdefi	abcdefi	ab	abcdefi			a	ab				
Agree	(4.0)	779	57	79	123	163	89	113	39	115	455	267	149	238	291	89	241	189	250	88
		38%	16%	37%	38%	47%	41%	47%	44%	45%	41%	45%	32%	40%	41%	36%	40%	36%	39%	38%
			a	a	a	abci	a	abc	a	a	a	abc		a	a					
Neither agree nor disagree	(3.0)	470	98	52	102	77	51	47	11	31	283	89	109	162	146	44	125	134	155	48
		23%	28%	24%	32%	22%	24%	20%	12%	12%	26%	15%	23%	27%	21%	18%	21%	25%	24%	21%
			fghj	ghj	bdefghij	ghj	ghj	h			fghj			cd						
Disagree	(2.0)	255	96	47	40	27	17	17	3	7	131	27	83	56	83	29	85	68	76	23
		12%	27%	22%	12%	8%	8%	7%	3%	3%	12%	5%	18%	9%	12%	12%	14%	13%	12%	10%
			cdefghij	cdefghij	dfehj	hj	h	h			dfehj		bcd							
Strongly disagree	(1.0)	144	87	22	15	6	4	3	1	5	48	9	56	32	37	18	40	35	48	20
		7%	25%	10%	5%	2%	2%	1%	1%	2%	4%	2%	12%	5%	5%	7%	7%	7%	7%	9%
			bcdfehj	cdefghij	dfj				1%	2%	dfj		bcd							
Don't know		13	3	1	-	2	2	3	-	2	5	5	3	5	2	2	1	6	2	2
		1%	1%	1%	-	*	1%	1%	-	1%	*	1%	1%	1%	*	1%	*	1%	*	1%
NET: Agree		1161	69	95	163	234	144	171	75	212	635	458	215	339	440	155	356	283	369	141
		57%	19%	44%	51%	67%	66%	71%	84%	82%	58%	78%	46%	57%	62%	63%	59%	54%	57%	60%
				a	a	abci	abci	abci	abcdefi	abcdefi	abc	abcdefi		a	a	a				
NET: Disagree		399	184	69	55	34	22	20	4	12	179	36	140	88	119	47	125	102	124	43
		20%	52%	32%	17%	10%	10%	8%	4%	5%	16%	6%	30%	15%	17%	19%	21%	20%	19%	18%
			bcdfehj	cdefghij	defghj	hj	h				defghj		bcd							
Base for stats		2030	350	215	320	344	217	239	90	255	1097	583	464	589	705	246	606	519	647	233
Mean Score		3.49	2.46	3.09	3.42	3.77	3.79	3.86	4.18	4.14	3.54	4.03	3.18	3.54	3.61	3.64	3.50	3.46	3.49	3.56
				a	ab	abci	abci	abci	abcdefi	abcdefi	ab	abcdefi		a	a	a				
Standard Deviation		1.142	1.127	1.128	1.015	.928	.973	.913	.860	.880	1.038	.900	1.235	1.052	1.099	1.203	1.142	1.130	1.139	1.195
Standard Error		.025	.061	.077	.056	.050	.066	.059	.092	.055	.031	.037	.056	.043	.042	.078	.047	.049	.045	.077
Error variance		*	*	.01	*	*	*	*	.01	*	*	*	*	*	*	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(5.0)	383	223	112	45
		19%	30%	15%	9%
			bc	c	
Agree	(4.0)	779	316	279	177
		38%	43%	36%	34%
			bc		
Neither agree nor disagree	(3.0)	470	127	210	128
		23%	17%	27%	25%
			a	a	
Disagree	(2.0)	255	51	88	108
		12%	7%	11%	21%
				a	ab
Strongly disagree	(1.0)	144	16	70	53
		7%	2%	9%	10%
			a	a	
Don't know		13	2	8	2
		1%	*	1%	*
NET: Agree		1161	539	390	222
		57%	73%	51%	43%
			bc	c	
NET: Disagree		399	67	157	161
		20%	9%	21%	31%
			a	a	ab
Base for stats		2030	734	757	510
Mean Score		3.49	3.92	3.36	3.11
			bc	c	
Standard Deviation		1.142	.974	1.145	1.147
Standard Error		.025	.036	.042	.051
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	498	251	245	151	166	181	24	79	51	45	41	51	79	76	53
		24%	25%	24%	24%	25%	24%	25%	30%	25%	21%	23%	22%	25%	23%	25%
Agree	(4.0)	890	429	459	256	309	325	43	100	87	95	85	106	149	143	83
		44%	43%	44%	41%	46%	43%	44%	38%	44%	44%	48% b	47% b	46% b	43%	39%
Neither agree nor disagree	(3.0)	415	191	221	127	134	154	23	53	43	42	33	42	59	72	47
		20%	19%	21%	21%	20%	20%	23%	20%	22%	19%	19%	19%	18%	22%	22%
Disagree	(2.0)	156	77	77	54	43	59	6	20	12	16	11	20	24	31	16
		8%	8%	7%	9%	6%	8%	6%	7%	6%	7%	6%	9%	8%	9%	8%
Strongly disagree	(1.0)	66	41	25	20	12	34	1	11	7	11	6	7	9	6	10
		3%	4% b	2%	3%	2%	5% b	1%	4%	3%	5% h	3%	3%	3%	2%	5%
Don't know		18	8	10	11	4	3	1	2	-	7	1	1	1	4	2
		1%	1%	1%	2% c	1%	*	1%	1%	-	3% bcfg	1%	*	*	1%	1%
NET: Agree		1388	680	704	407	475	506	67	179	137	140	126	156	228	218	136
		68%	68%	68%	66%	71% a	67%	69%	67%	69%	65%	72%	69%	71%	66%	64%
NET: Disagree		222	118	101	74	55	93	7	31	19	27	16	26	33	37	26
		11%	12%	10%	12% b	8%	12% b	7%	12%	9%	13%	9%	12%	10%	11%	12%
Base for stats		2025	988	1027	607	664	753	97	264	199	209	176	225	320	327	209
Mean Score		3.79	3.78	3.80	3.76	3.86 c	3.74	3.86	3.82	3.81	3.71	3.83	3.77	3.83	3.77	3.73
Standard Deviation		1.005	1.040	.965	1.026	.927	1.050	.907	1.076	.994	1.055	.963	.990	.976	.968	1.069
Standard Error		.022	.034	.030	.039	.035	.041	.085	.067	.069	.074	.069	.068	.053	.056	.076
Error variance		*	*	*	*	*	*	.01	*	*	.01	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	498	62	111	114	52	45	114	287	212	408	15	47	23	-	2	86
		24%	34%	27%	23%	23%	21%	23%	26%	22%	24%	32%	28%	29%	-	10%	27%
			cdefgh														
Agree	(4.0)	890	67	196	236	100	92	198	500	390	736	25	74	30	5	13	147
		44%	37%	47%	47%	43%	44%	40%	45%	41%	43%	54%	45%	38%	68%	74%	47%
				af	afh				af								
Neither agree nor disagree	(3.0)	415	29	68	100	57	46	115	197	218	347	5	35	16	1	3	60
		20%	16%	16%	20%	25%	22%	23%	18%	23%	20%	11%	21%	20%	22%	16%	19%
					abg			abg	abg								
Disagree	(2.0)	156	17	28	37	13	21	40	82	74	139	1	7	7	-	-	16
		8%	9%	7%	7%	6%	10%	8%	7%	8%	8%	3%	5%	9%	-	-	5%
Strongly disagree	(1.0)	66	7	13	13	3	5	26	32	34	62	-	2	-	1	-	3
		3%	4%	3%	3%	1%	2%	5%	3%	4%	4%	-	1%	-	10%	-	1%
								cdg			g						
Don't know		18	1	2	2	4	3	7	5	13	15	-	-	3	-	-	3
		1%	*	*	*	2%	1%	1%	*	1%	1%	-	-	3%	-	-	1%
					g					g			ac				
NET: Agree		1388	129	307	350	152	137	312	787	601	1144	40	121	52	5	15	233
		68%	71%	73%	70%	66%	65%	62%	71%	64%	67%	86%	73%	68%	68%	84%	74%
				efh	fh				efh			ad					a
NET: Disagree		222	24	41	49	16	26	66	114	108	200	1	10	7	1	-	19
		11%	13%	10%	10%	7%	12%	13%	10%	11%	12%	3%	6%	9%	10%	-	6%
			d				d	d		d	cg						
Base for stats		2025	182	416	500	225	209	493	1098	927	1691	46	166	75	7	18	312
Mean Score		3.79	3.88	3.88	3.80	3.82	3.72	3.68	3.84	3.72	3.76	4.14	3.94	3.91	3.47	3.94	3.95
			f	fh					fh			a	a				a
Standard Deviation		1.005	1.098	.981	.955	.903	.986	1.079	.990	1.019	1.023	.736	.893	.940	1.008	.518	.870
Standard Error		.022	.084	.050	.043	.056	.064	.050	.030	.033	.025	.104	.067	.107	.336	.116	.048
Error variance		*	.01	*	*	*	*	*	*	*	*	.01	*	.01	.11	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
498	317	82	90	171	26	22	180	62	15	14	25	19	33	102	48	
24%	25%	23%	28%	25%	31%	33%	26%	26%	25%	20%	19%	19%	18%	24%	32%	ghi
					gi	ghi	i	i								
890	549	158	144	302	40	32	302	103	27	38	58	44	66	181	72	
44%	43%	44%	45%	44%	47%	48%	44%	43%	44%	54%	44%	45%	36%	43%	48%	i
							i			i					i	
415	249	77	66	143	13	9	139	41	11	10	30	21	52	89	21	
20%	19%	22%	20%	21%	15%	13%	20%	17%	18%	14%	23%	22%	28%	21%	14%	
											k		abcdfk			
156	103	31	18	48	4	3	52	23	2	5	11	10	16	29	7	
8%	8%	9%	5%	7%	5%	5%	8%	10%	3%	7%	9%	10%	9%	7%	5%	
66	51	8	4	12	1	-	15	9	5	3	6	2	10	15	1	
3%	4%	2%	1%	2%	1%	-	2%	4%	9%	4%	5%	2%	6%	4%	1%	
	cd								abchk		k		bck			
18	12	2	2	4	1	1	3	2	1	1	-	2	8	1	1	
1%	1%	1%	1%	1%	1%	1%	*	1%	1%	1%	-	2%	4%	*	1%	
													cdgj			
1388	865	239	234	473	67	54	481	165	42	52	82	62	99	282	120	
68%	68%	67%	72%	69%	78%	81%	70%	69%	69%	74%	64%	64%	54%	68%	79%	
					ghi	cdghij	i	i	i	i			i	i	cdghij	
222	154	39	22	61	5	3	67	32	7	8	17	11	26	45	9	
11%	12%	11%	7%	9%	6%	5%	10%	13%	12%	11%	13%	12%	14%	11%	6%	
	cd							k			k		abk			
2025	1269	355	321	676	85	66	687	238	61	71	130	95	178	416	150	
3.79	3.77	3.77	3.92	3.84	4.03	4.10	3.84	3.78	3.74	3.80	3.65	3.71	3.54	3.78	4.06	
			ab		ghij	cdefghij	gi	i					i	i	cdefghij	
1.005	1.039	.974	.904	.944	.880	.822	.970	1.057	1.144	.971	1.031	.953	1.078	1.013	.853	
.022	.029	.055	.054	.039	.093	.096	.037	.069	.144	.116	.085	.088	.077	.055	.067	
*	*	*	*	*	.01	.01	*	*	.02	.01	.01	.01	.01	*	*	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	498 24%	140 28%	97 29%	41 23%	7 17%	138 27%	154 27%	59 25%	59 27%	15 36%	118 26%	169 27%	88 26%	261 23%	135 27% d	14 17%	410 24%
Agree	(4.0)	890 44%	226 45%	154 46%	73 41%	19 46%	227 44%	263 45%	107 46%	94 42%	16 39%	201 44%	279 45%	141 42%	493 44%	219 44%	37 45%	749 44%
Neither agree nor disagree	(3.0)	415 20%	92 18%	50 15%	39 22% b	10 25%	89 17%	112 19%	42 18%	38 17%	5 13%	80 17%	117 19%	64 19%	238 21%	93 19%	20 24%	351 21%
Disagree	(2.0)	156 8%	35 7%	27 8%	17 9%	2 4%	44 8%	39 7%	19 8%	18 8%	3 7%	38 8%	42 7%	31 9%	85 8%	29 6%	10 12% c	124 7%
Strongly disagree	(1.0)	66 3%	11 2%	7 2%	7 4%	2 6%	14 3%	11 2%	6 3%	10 5% af	2 4%	17 4%	12 2%	13 4%	41 4%	12 2%	1 1%	54 3%
Don't know		18 1%	1 *	2 1%	2 1%	1 2% a	4 1%	2 *	2 1%	2 1%	- -	4 1%	2 *	2 *	11 1%	6 1%	- -	16 1%
NET: Agree		1388 68%	366 72% c	250 74% c	114 64%	26 63%	365 71%	417 72%	166 71%	152 69%	31 76%	319 70%	447 72%	229 68%	755 67%	353 72%	51 62%	1159 68%
NET: Disagree		222 11%	47 9%	34 10%	24 13%	4 10%	58 11%	49 9%	25 11%	29 13%	5 11%	54 12%	54 9%	44 13% c	126 11%	41 8%	11 13%	178 10%
Base for stats		2025	505	334	177	41	512	578	233	219	41	453	619	337	1119	487	82	1688
Mean Score		3.79	3.89 c	3.91 c	3.70	3.65	3.84	3.88	3.83	3.78	3.97	3.81	3.89	3.77	3.76	3.89 bde	3.65	3.79
Standard Deviation		1.005	.965	.975	1.047	1.022	1.005	.939	.987	1.080	1.085	1.032	.948	1.055	1.012	.956	.940	.994
Standard Error		.022	.042	.054	.079	.160	.045	.039	.064	.073	.167	.048	.038	.057	.030	.043	.101	.024
Error variance		*	*	*	.01	.03	*	*	*	.01	.03	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree		(5.0)	498	90	314	64	84	12	340	145	12	405	93	441	54
			24%	24%	24%	24%	21%	19%	25%	22%	17%	25%	22%	26% b	18%
Agree		(4.0)	890	167	568	103	162	23	613	260	28	707	183	763	124
			44%	44%	44%	39%	41%	36%	46% ae	40%	40%	44%	44%	44%	42%
Neither agree nor disagree		(3.0)	415	80	262	49	85	18	256	139	12	327	88	337	71
			20%	21%	20%	19%	22%	28%	19%	21%	17%	20%	21%	19%	24%
Disagree		(2.0)	156	27	95	36	39	9	82	70	14	125	30	124	30
			8%	7%	7%	14% d	10% d	14% d	6%	11% d	20% bde	8%	7%	7%	10%
Strongly disagree		(1.0)	66	14	38	9	21	2	37	28	4	45	21	52	12
			3%	4%	3%	3%	5% d	3%	3%	4%	6%	3%	5% a	3%	4%
Don't know			18	3	10	2	5	-	9	6	-	15	3	13	3
			1%	1%	1%	1%	1%	-	1%	1%	-	1%	1%	1%	1%
NET: Agree			1388	257	882	167	247	36	953	405	40	1112	276	1204	177
			68%	67%	69%	63%	62%	55%	71% abcef	62%	57%	68%	66%	70% b	60%
NET: Disagree			222	41	133	45	59	11	119	98	18	170	51	176	43
			11%	11%	10%	17% d	15% d	17% d	9%	15% d	25% bde	10%	12%	10%	15% a
Base for stats		2025	378	1277	261	392	65	1328	641	70	1609	416	1717	291	
Mean Score		3.79	3.77	3.80	3.68	3.64	3.54	3.86	3.66	3.44	3.81	3.71	3.83	3.60	
								abcef						b	
Standard Deviation		1.005	1.011	.990	1.093	1.086	1.050	.962	1.075	1.161	.991	1.052	.992	1.039	
Standard Error		.022	.052	.028	.065	.056	.128	.027	.042	.132	.025	.053	.024	.059	
Error variance		*	*	*	*	*	.02	*	*	.02	*	*	*	*	*



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	498	18	30	50	91	58	84	43	125	229	251	85	145	190	75	147	117	169	61
		24%	5%	14%	16%	26%	26%	35%	48%	49%	21%	43%	18%	24%	27%	30%	24%	22%	26%	26%
			a	a	abci	abc	abcdi	abcdefi	abcdefi	abc	abcdefi		a	a	a					
Agree	(4.0)	890	96	88	164	185	110	109	39	99	547	247	181	264	331	105	263	221	289	107
		44%	27%	40%	51%	54%	50%	45%	44%	38%	50%	42%	39%	44%	47%	42%	43%	42%	45%	46%
			a	abhj	abfhj	abhj	a	a	a	abhj	a		a							
Neither agree nor disagree	(3.0)	415	131	62	75	49	34	36	8	20	220	64	119	128	112	46	118	122	128	41
		20%	37%	29%	23%	14%	15%	15%	9%	8%	20%	11%	26%	22%	16%	19%	19%	23%	20%	17%
			bcdefghij	defghij	defghj	h	h	h			dghj		cd	c						
Disagree	(2.0)	156	61	28	26	14	12	7	-	9	79	16	51	40	50	12	54	42	43	14
		8%	17%	13%	8%	4%	5%	3%	-	3%	7%	3%	11%	7%	7%	5%	9%	8%	7%	6%
			cdefghij	defghij	dghj	g					dghj		bcd							
Strongly disagree	(1.0)	66	41	7	3	5	6	3	-	1	21	4	26	11	22	7	22	16	16	9
		3%	12%	3%	1%	2%	3%	1%	-	*	2%	1%	5%	2%	3%	3%	4%	3%	3%	4%
			bcdefghij	hj		hj					j		bc							
Don't know		18	5	3	2	2	-	3	-	3	7	6	4	6	2	3	3	6	2	3
		1%	2%	1%	1%	*	-	1%	-	1%	1%	1%	1%	1%	*	1%	*	1%	*	1%
NET: Agree		1388	114	117	214	276	168	193	82	224	776	498	267	409	521	180	410	338	458	168
		68%	32%	54%	67%	80%	77%	80%	91%	87%	70%	85%	57%	69%	74%	73%	68%	64%	71%	72%
			a	a	ab	abci	abc	abci	abcdefi	abcdefi	ab	abcei		a	a	a			b	b
NET: Disagree		222	102	34	29	19	18	10	-	10	100	20	76	52	72	18	76	59	60	23
		11%	29%	16%	9%	6%	8%	4%	-	4%	9%	3%	16%	9%	10%	7%	12%	11%	9%	10%
			bcdefghij	cdefghij	fghj	g	ghj				dghj		bcd							
Base for stats		2025	347	214	319	345	219	239	90	254	1095	582	462	588	705	244	604	519	647	231
Mean Score		3.79	2.97	3.50	3.73	3.99	3.92	4.10	4.39	4.33	3.81	4.25	3.54	3.83	3.87	3.94	3.76	3.73	3.85	3.85
			a	a	ab	abci	abc	abcei	abcdefi	abcdefi	ab	abcdefi		a	a	a			b	
Standard Deviation		1.005	1.067	.988	.861	.843	.934	.849	.645	.799	.914	.807	1.082	.940	.989	.968	1.034	1.001	.968	1.006
Standard Error		.022	.058	.068	.048	.045	.063	.055	.069	.050	.027	.034	.050	.038	.038	.063	.042	.043	.039	.065
Error variance		*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(5.0)	498	264	143	86
		24%	36%	19%	17%
			bc		
Agree	(4.0)	890	330	327	226
		44%	45%	43%	44%
Neither agree nor disagree	(3.0)	415	94	186	126
		20%	13%	24%	25%
			a	a	
Disagree	(2.0)	156	35	65	52
		8%	5%	8%	10%
			a	a	
Strongly disagree	(1.0)	66	9	36	18
		3%	1%	5%	4%
			a	a	
Don't know		18	5	8	4
		1%	1%	1%	1%
NET: Agree		1388	594	471	312
		68%	81%	62%	61%
			bc		
NET: Disagree		222	44	101	70
		11%	6%	13%	14%
			a	a	
Base for stats		2025	731	758	508
Mean Score		3.79	4.10	3.63	3.61
			bc		
Standard Deviation		1.005	.883	1.034	.998
Standard Error		.022	.032	.038	.044
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	326	128	195	137	109	80	19	46	29	31	29	30	57	55	30
		16%	13%	19%	22%	16%	11%	19%	17%	14%	14%	17%	13%	18%	17%	14%
				a	bc	c										
Agree	(4.0)	741	363	377	222	254	265	32	99	63	67	66	88	141	108	77
		36%	36%	36%	36%	38%	35%	33%	37%	32%	31%	37%	39%	44%	33%	37%
														acdh		
Neither agree nor disagree	(3.0)	503	254	246	154	154	195	22	64	51	55	40	46	77	92	56
		25%	25%	24%	25%	23%	26%	23%	24%	26%	25%	23%	20%	24%	28%	27%
Disagree	(2.0)	333	170	160	76	114	143	14	35	42	37	32	44	30	58	39
		16%	17%	15%	12%	17%	19%	15%	13%	21%	17%	18%	20%	9%	18%	19%
					a	a				bg	g	g	g		g	g
Strongly disagree	(1.0)	128	74	53	22	37	69	10	18	13	22	8	17	14	16	9
		6%	7%	5%	4%	6%	9%	10%	7%	6%	10%	4%	8%	5%	5%	4%
			b				ab	eghi			eghi					
Don't know		13	8	5	8	-	5	-	4	1	3	2	-	2	1	-
		1%	1%	1%	1%	-	1%	-	2%	*	1%	1%	-	1%	*	-
				b		b										
NET: Agree		1067	491	572	359	363	345	51	145	92	98	95	118	198	163	107
		52%	49%	55%	58%	54%	46%	52%	55%	46%	46%	54%	52%	62%	49%	51%
			a	c	c									cdfhi		
NET: Disagree		460	244	213	97	151	212	24	53	55	60	40	62	44	75	48
		23%	25%	21%	16%	23%	28%	25%	20%	28%	28%	22%	27%	14%	23%	23%
			b		a	ab	g	g	bg	bg	g	g		g	g	g
Base for stats		2030	988	1031	610	669	751	98	261	198	212	175	226	319	330	210
Mean Score		3.40	3.30	3.49	3.62	3.42	3.19	3.36	3.46	3.27	3.22	3.44	3.31	3.61	3.38	3.38
				a	bc	c			d					acdfhi		
Standard Deviation		1.125	1.125	1.118	1.071	1.116	1.141	1.241	1.132	1.144	1.205	1.104	1.159	1.029	1.108	1.069
Standard Error		.025	.037	.034	.041	.042	.045	.115	.070	.080	.083	.079	.080	.056	.064	.076
Error variance		*	*	*	*	*	*	.01	*	.01	.01	.01	.01	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Social Grade								Ethnicity							
			Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%				a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total			2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total			2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
			100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	326	44	88	79	40	30	45	211	115	254	12	38	14	2	6	72	
		16%	24% cefh	21% cefh	16% f	18% fh	14% f	9% g	19% fh	12% g	15%	26% a	23% a	18%	33%	34%	23% a	
Agree	(4.0)	741	71	169	179	85	60	178	419	322	608	21	68	28	2	5	124	
		36%	39% e	40% eh	36% e	37% e	28% e	36% e	38% e	34% e	36%	46%	41%	36%	34%	28%	39%	
Neither agree nor disagree	(3.0)	503	39	93	119	53	60	137	252	251	426	6	41	17	2	4	69	
		25%	21%	22%	24%	23%	28%	28% g	23%	27% g	25% b	12%	25%	22%	22%	23%	22%	
Disagree	(2.0)	333	17	47	96	35	49	89	161	172	297	5	14	11	1	2	33	
		16%	9%	11%	19% abg	15%	23% abdg	18% ab	15%	18% abg	17% cg	11%	8%	14%	11%	11%	10%	
Strongly disagree	(1.0)	128	11	19	29	12	13	45	59	69	112	2	6	8	-	-	16	
		6%	6%	5%	6%	5%	6%	9% bg	5%	7% cg	7%	5%	3%	10% c	-	-	5%	
Don't know		13	-	2	-	5	1	6	2	11	10	-	-	1	-	1	1	
		1%	-	*	-	2% bcg	*	1% cg	*	1% cg	1%	-	-	1%	-	4%	*	
NET: Agree		1067	115	257	258	125	90	223	630	437	862	33	106	41	5	11	196	
		52%	63% cefh	61% cefh	51% ef	54% efh	42%	45%	57% cefh	46%	51%	72% ad	64% a	53%	67%	62%	62% a	
NET: Disagree		460	28	66	125	46	61	133	220	241	409	7	20	19	1	2	49	
		23%	16%	16%	25% abg	20%	29% abdg	27% abdg	20%	26% abg	24% cg	16%	12%	24% c	11%	11%	15%	
Base for stats		2030	183	416	502	224	211	494	1101	929	1696	46	166	77	7	17	313	
Mean Score		3.40	3.65 cefh	3.62 cefh	3.36 f	3.48 efh	3.22	3.18	3.51 cefh	3.26	3.35	3.77 a	3.71 ad	3.38	3.88	3.89	3.65 a	
Standard Deviation		1.125	1.130	1.077	1.128	1.109	1.132	1.111	1.116	1.121	1.129	1.126	1.019	1.225	1.075	1.046	1.096	
Standard Error		.025	.087	.055	.050	.069	.073	.052	.034	.036	.028	.159	.077	.138	.358	.240	.060	
Error variance		*	.01	*	*	*	.01	*	*	*	*	.03	.01	.02	.13	.06	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
326	166	66	73	139	24	19	113	53	10	8	18	15	33	32	44	
16%	13%	18%	23%	20%	28%	29%	16%	22%	16%	11%	14%	15%	18%	8%	29%	
		a	a	a	cfghij	cfghij	j	cfgj	j		j	j	j		cfghij	
741	481	119	116	236	23	27	265	77	19	25	42	42	58	162	51	
36%	38%	33%	36%	35%	28%	41%	38%	32%	31%	35%	32%	44%	31%	39%	33%	
							a					adi		a		
503	313	93	72	165	21	13	160	55	21	18	34	23	46	112	34	
25%	24%	26%	22%	24%	24%	20%	23%	23%	35%	25%	26%	24%	25%	27%	22%	
									c							
333	219	63	41	104	10	5	108	38	10	16	26	13	28	79	15	
16%	17%	18%	13%	15%	11%	8%	16%	16%	16%	22%	20%	14%	15%	19%	10%	
							k			bk	bk			bk		
128	94	14	17	32	7	2	41	14	1	4	9	3	19	29	9	
6%	7%	4%	5%	5%	9%	2%	6%	6%	1%	5%	7%	3%	10%	7%	6%	
	bd				e								bceh			
13	8	2	3	5	-	-	4	2	1	1	1	-	2	4	-	
1%	1%	*	1%	1%	-	-	1%	1%	1%	1%	1%	-	1%	1%	-	
1067	648	185	190	375	48	47	378	131	29	33	60	57	91	193	94	
52%	51%	52%	59%	55%	56%	70%	55%	55%	47%	46%	47%	59%	49%	46%	62%	
			a			cdefgj	j					gj			efgj	
460	313	77	59	136	17	7	149	52	10	20	35	16	47	108	24	
23%	24%	22%	18%	20%	20%	10%	22%	22%	17%	27%	27%	17%	25%	26%	16%	
	cd						b	b		bk	bk		bk	bhk		
2030	1273	355	320	676	85	66	686	238	61	71	129	97	184	413	152	
3.40	3.32	3.45	3.58	3.51	3.56	3.87	3.44	3.49	3.46	3.25	3.27	3.55	3.32	3.21	3.69	
			a	a	j	cdefghij	j	j				gj			cfghj	
1.125	1.125	1.103	1.136	1.120	1.257	1.001	1.117	1.177	.996	1.093	1.145	1.011	1.226	1.061	1.159	
.025	.031	.062	.067	.046	.132	.116	.042	.076	.126	.131	.095	.093	.086	.058	.090	
*	*	*	*	*	.02	.01	*	.01	.02	.02	.01	.01	.01	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	326 16%	88 17%	69 21%	30 17%	5 13%	99 19%	93 16%	53 23% af	40 18%	7 18%	93 20%	100 16%	42 12%	170 15%	97 20% ab	17 20%	284 17% a
Agree	(4.0)	741 36%	176 35%	142 42% af	61 34%	15 36%	203 39%	215 37%	96 41% c	70 32%	17 43%	166 36%	232 37%	124 37%	401 36%	182 37%	33 40%	617 36%
Neither agree nor disagree	(3.0)	503 25%	120 24% b	60 18%	51 28% b	13 32% b	111 22%	136 23%	45 19%	60 27% b	11 27%	104 23%	147 24%	91 27%	284 25%	113 23%	15 18%	412 24%
Disagree	(2.0)	333 16%	93 18% be	43 13%	28 16%	6 14%	71 14%	99 17%	30 13%	37 17%	4 11%	67 15%	104 17%	56 17%	185 16%	76 15%	16 19%	277 16%
Strongly disagree	(1.0)	128 6%	27 5%	21 6%	8 4%	1 4%	29 6%	34 6%	10 4%	13 6%	- -	23 5%	34 6%	25 7% d	81 7% cd	21 4%	- -	103 6% d
Don't know		13 1%	1 *	1 *	2 1%	1 2%	3 1%	2 *	1 *	2 1%	1 2%	2 1%	3 *	- -	8 1%	4 1%	1 2% a	13 1%
NET: Agree		1067 52%	264 52%	212 63% acf	90 51%	20 49%	302 59% af	308 53%	150 64% acf	110 50%	25 61%	260 57%	332 54%	166 49%	571 51%	280 57% ab	50 61%	900 53%
NET: Disagree		460 23%	120 24%	63 19%	36 20%	7 17%	99 19%	134 23%	40 17%	50 23%	4 11%	90 20%	138 22%	81 24%	267 24%	97 20%	16 19%	379 22%
Base for stats		2030	505	335	177	41	513	577	234	220	40	454	617	338	1122	489	81	1692
Mean Score		3.40	3.41	3.59 af	3.43	3.42	3.53	3.40	3.65 acf	3.39	3.70	3.53	3.42	3.30	3.35	3.53 abe	3.63 ab	3.42
Standard Deviation		1.125	1.132	1.134	1.083	1.014	1.118	1.126	1.094	1.143	.908	1.124	1.115	1.112	1.139	1.104	1.029	1.127
Standard Error		.025	.050	.062	.081	.158	.050	.046	.071	.077	.142	.053	.044	.060	.034	.050	.112	.027
Error variance		*	*	*	.01	.03	*	*	.01	.01	.02	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
					Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
Significance Level: 95%		Total	Yes	No							Urban	Rural	Yes	No
			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	326	90	189	46	58	8	212	104	7	267	59	291	34
		16%	24%	15%	17%	15%	12%	16%	16%	10%	16%	14%	17%	12%
			b										b	
Agree	(4.0)	741	127	483	89	136	22	497	225	20	601	140	632	105
		36%	33%	38%	34%	34%	34%	37%	35%	28%	37%	33%	37%	36%
Neither agree nor disagree	(3.0)	503	102	290	63	95	25	321	164	17	382	121	415	78
		25%	27%	23%	24%	24%	39%	24%	25%	24%	24%	29%	24%	27%
							abdef					a		
Disagree	(2.0)	333	41	232	47	65	8	222	101	18	263	69	277	52
		16%	11%	18%	18%	16%	13%	17%	16%	26%	16%	17%	16%	18%
				a						bde				
Strongly disagree	(1.0)	128	17	85	18	41	1	75	51	9	101	27	105	23
		6%	5%	7%	7%	10%	2%	6%	8%	13%	6%	6%	6%	8%
						cd			d	cd				
Don't know		13	3	8	-	2	-	10	2	-	11	2	10	2
		1%	1%	1%	-	1%	-	1%	*	-	1%	1%	1%	1%
NET: Agree		1067	217	672	134	193	30	709	328	26	868	199	922	139
		52%	57%	52%	51%	49%	46%	53%	51%	38%	53%	48%	53%	47%
					f			f	f		b			
NET: Disagree		460	58	317	65	105	10	297	153	27	364	96	382	75
		23%	15%	25%	25%	27%	15%	22%	24%	39%	22%	23%	22%	25%
				a		c				abcde				
Base for stats		2030	378	1280	263	394	65	1327	645	70	1613	416	1719	293
Mean Score		3.40	3.61	3.36	3.37	3.27	3.40	3.41	3.35	2.95	3.41	3.32	3.42	3.26
			b		f	f	f	bf	f				b	
Standard Deviation		1.125	1.098	1.135	1.168	1.199	.943	1.112	1.159	1.209	1.129	1.109	1.127	1.119
Standard Error		.025	.057	.032	.069	.061	.115	.031	.045	.138	.028	.055	.027	.063
Error variance		*	*	*	*	*	.01	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240	
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree		(5.0)	326 16%	21 6%	18 8%	46 14%	54 15%	31 14%	59 24%	31 35%	65 25%	149 14%	155 26%	68 15%	99 17%	109 15%	47 19%	89 15%	74 14%	105 16%	55 24%
					ab	ab	a	abcdei	abcdei	abcdei	ab	abcdei								abc	
Agree		(4.0)	741 36%	80 23%	72 33%	121 38%	148 43%	99 45%	79 33%	35 39%	107 41%	440 40%	220 37%	158 34%	220 37%	265 37%	90 37%	207 34%	187 36%	254 39%	84 36%
				a	a	abf	abfj	a	a	af	af	a									
Neither agree nor disagree		(3.0)	503 25%	94 27%	65 30%	83 26%	82 24%	56 26%	61 25%	15 17%	47 18%	285 26%	123 21%	129 28%	148 25%	162 23%	53 21%	150 25%	147 28%	146 22%	52 22%
				hj	ghj	h						hj							c		
Disagree		(2.0)	333 16%	86 24%	48 22%	56 17%	47 14%	24 11%	37 15%	8 9%	26 10%	175 16%	72 12%	68 14%	100 17%	126 18%	37 15%	112 18%	81 15%	111 17%	26 11%
			cdefghij	deghij	ehj							hj						d		d	
Strongly disagree		(1.0)	128 6%	67 19%	13 6%	14 4%	13 4%	8 3%	3 1%	- -	11 4%	47 4%	14 2%	40 9%	24 4%	43 6%	18 7%	46 8%	32 6%	31 5%	16 7%
			bcdefghij	fgj	f						f	fgj		b				c			
Don't know			13 1%	4 1%	1 1%	1 *	3 1%	- -	2 1%	- -	2 1%	5 *	4 1%	4 1%	2 *	2 *	2 1%	3 *	3 1%	2 *	1 *
NET: Agree			1067 52%	102 29%	90 42%	167 52%	201 58%	131 60%	138 57%	66 74%	172 67%	589 53%	376 64%	226 48%	319 54%	374 53%	138 56%	296 49%	262 50%	359 55%	139 59%
				a	ab	ab	ab	ab	abcdefi	abcdfi	ab	abci							a	ab	
NET: Disagree			460 23%	153 43%	61 28%	69 22%	60 17%	32 15%	40 17%	8 9%	37 14%	222 20%	86 15%	108 23%	124 21%	169 24%	54 22%	158 26%	113 21%	142 22%	43 18%
			bcdefghij	defghij	eghj							ghj						d			
Base for stats		2030	349	215	319	343	219	239	90	256	1097	585	463	591	705	245	604	521	647	233	
Mean Score		3.40	2.72	3.16	3.41	3.53	3.56	3.64	4.00	3.74	3.43	3.74	3.32	3.46	3.38	3.46	3.30	3.37	3.45	3.58	
				a	ab	ab	ab	abci	abcdefhij	abcdi	ab	abcdei		a					a	ab	
Standard Deviation		1.125	1.190	1.055	1.066	1.033	.982	1.056	.948	1.079	1.046	1.056	1.152	1.080	1.128	1.174	1.157	1.093	1.098	1.170	
Standard Error		.025	.064	.072	.059	.055	.066	.068	.102	.068	.031	.044	.053	.044	.043	.077	.047	.047	.044	.076	
Error variance		*	*	.01	*	*	*	*	.01	*	*	*	*	*	*	.01	*	*	*	.01	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?

BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(5.0)	326	170	78	75
		16%	23% bc	10%	15% b
Agree	(4.0)	741	283	242	212
		36%	38% b	32%	41% b
Neither agree nor disagree	(3.0)	503	157	217	117
		25%	21%	28% ac	23%
Disagree	(2.0)	333	101	157	71
		16%	14%	20% ac	14%
Strongly disagree	(1.0)	128	22	65	36
		6%	3%	9% a	7% a
Don't know		13	3	6	2
		1%	*	1%	*
NET: Agree		1067	453	321	287
		52%	62% bc	42%	56% b
NET: Disagree		460	123	222	107
		23%	17%	29% ac	21%
Base for stats		2030	734	760	510
Mean Score		3.40	3.65 bc	3.15	3.43 b
Standard Deviation		1.125	1.072	1.123	1.112
Standard Error		.025	.039	.041	.049
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Ranked 1st	Ranked 2nd	Ranked 3rd	Not ranked	None of the above	I don't face any challenges to being active NET: Ranked Top 3
Too tired / lacking energy	2043 100%	299 15%	248 12%	174 9%	1031 50%	80 4%	210 10%
I'm not fit enough	2043 100%	218 11%	156 8%	116 6%	1263 62%	80 4%	210 10%
I'm worried about Covid-19	2043 100%	166 8%	131 6%	92 4%	1365 67%	80 4%	210 10%
I just don't want to	2043 100%	175 9%	107 5%	93 5%	1378 67%	80 4%	210 10%
Bad weather	2043 100%	135 7%	125 6%	100 5%	1392 68%	80 4%	210 10%
I've been working from home or working longer hours	2043 100%	103 5%	76 4%	53 3%	1521 74%	80 4%	210 10%
I've been unwell or self-isolating	2043 100%	80 4%	81 4%	61 3%	1531 75%	80 4%	210 10%
Don't have the right space / equipment	2043 100%	65 3%	72 4%	72 4%	1543 76%	80 4%	210 10%
Childcare	2043 100%	79 4%	42 2%	55 3%	1577 77%	80 4%	210 10%
I can't exercise with the people I normally would	2043 100%	62 3%	56 3%	56 3%	1578 77%	80 4%	210 10%
My preferred activities aren't available	2043 100%	58 3%	52 3%	48 2%	1595 78%	80 4%	210 10%
I can't afford the things I need to be active	2043 100%	56 3%	40 2%	48 2%	1610 79%	80 4%	210 10%
Difficult to book onto or access the activity I want to do	2043 100%	39 2%	43 2%	44 2%	1626 80%	80 4%	210 10%
Put off by excessive safety measures	2043 100%	48 2%	28 1%	40 2%	1636 80%	80 4%	210 10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Ranked 1st	Ranked 2nd	Ranked 3rd	Not ranked	None of the above	I don't face any challenges to being active NET: Ranked Top 3
Other commitments (excluding childcare/ caring responsibilities)	2043 100%	29 1%	43 2%	44 2%	1637 80%	80 4%	210 10% 116 6%
Other caring responsibilities	2043 100%	32 2%	39 2%	37 2%	1644 80%	80 4%	210 10% 108 5%
Put off by insufficient safety measures	2043 100%	29 1%	46 2%	32 2%	1646 81%	80 4%	210 10% 107 5%
Limited or no access to the internet	2043 100%	24 1%	17 1%	17 1%	1696 83%	80 4%	210 10% 57 3%
Other	2043 100%	55 3%	16 1%	28 1%	1654 81%	80 4%	210 10% 99 5%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Gender		Age			Region									
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	722 35%	284 28%	432 42% a	220 36%	263 39% c	239 32%	33 34%	90 34%	70 35%	65 30%	54 31%	79 35%	114 35%	137 41% de	79 37%
I'm not fit enough	490 24%	216 22%	270 26% a	128 21%	144 21%	218 29% ab	27 27%	56 21%	46 23%	55 25%	47 26%	51 22%	66 20%	89 27%	56 26%
I'm worried about Covid-19	388 19%	190 19%	195 19%	113 18%	135 20%	141 19%	20 21%	57 21% fh	40 20% h	57 26% fhi	35 20%	31 14%	65 20% h	44 13%	39 18%
I just don't want to	375 18%	183 18%	192 19%	90 14%	113 17%	172 23% ab	18 19%	37 14%	42 21% bg	37 17%	34 19% g	45 20% g	40 13%	74 22% bg	46 22% bg
Bad weather	361 18%	185 19%	175 17%	111 18%	117 17%	132 18%	15 15%	46 17% i	42 21% i	47 22% i	27 15%	39 17% i	62 19% i	60 18% i	22 10%
I've been working from home or working longer hours	232 11%	109 11%	123 12%	102 17% c	93 14% c	37 5%	6 6%	25 9%	24 12%	33 15% a	18 10%	21 9%	48 15% ab	39 12%	19 9%
I've been unwell or self-isolating	222 11%	117 12%	103 10%	58 9%	62 9%	102 13% ab	8 8%	34 13%	26 13%	16 7%	20 11%	25 11%	25 8%	34 10%	34 16% adgh
Don't have the right space / equipment	210 10%	106 11%	101 10%	94 15% bc	74 11% c	42 6%	8 8%	29 11%	12 6%	25 12% c	22 12% ci	27 12% ci	41 13% ci	33 10%	13 6%
Childcare	176 9%	63 6%	113 11% a	83 13% c	88 13% c	5 1%	10 10%	25 9%	14 7%	20 9%	12 7%	13 6%	39 12% fi	31 9%	11 5%
I can't exercise with the people I normally would	174 9%	88 9%	86 8%	71 11% bc	45 7%	59 8%	12 13% h	24 9%	13 7%	17 8%	20 11% h	23 10%	28 9%	19 6%	18 9%
My preferred activities aren't available	158 8%	77 8%	81 8%	59 10%	47 7%	52 7%	5 5%	26 10% h	12 6%	11 5%	21 12% acdh	16 7%	30 9% h	15 5%	21 10% h

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I can't afford the things I need to be active	143 7%	61 6%	83 8%	72 12% bc	52 8% c	20 3%	4 4%	22 8%	9 4%	18 8%	7 4%	26 11% aceh	27 8%	18 5%	13 6%
Difficult to book onto or access the activity I want to do	127 6%	59 6%	66 6%	65 11% bc	34 5%	27 4%	3 3%	16 6%	16 8% h	10 5%	8 5%	21 9% ahi	34 11% adehi	10 3%	8 4%
Put off by excessive safety measures	117 6%	65 7%	51 5%	43 7%	39 6%	35 5%	8 9% i	15 6%	11 5%	9 4%	6 3%	11 5%	24 8% i	25 7%	7 3%
Other commitments (excluding childcare/ caring responsibilities)	116 6%	64 6%	52 5%	47 8% c	46 7% c	23 3%	4 4%	11 4%	13 6%	10 4%	8 4%	14 6%	21 7%	21 6%	15 7%
Other caring responsibilities	108 5%	53 5%	54 5%	38 6% c	42 6% c	28 4%	9 9%	10 4%	13 6%	12 6%	9 5%	9 4%	17 5%	18 5%	12 6%
Put off by insufficient safety measures	107 5%	45 5%	61 6%	52 8% bc	37 6% c	18 2%	5 5%	14 5%	16 8% efh	10 5%	5 3%	7 3%	29 9% efh	12 4%	9 4%
Limited or no access to the internet	57 3%	32 3%	25 2%	30 5% c	20 3% c	7 1%	3 3%	8 3%	4 2%	5 2%	5 3%	4 2%	16 5% h	4 1%	8 4%
Other	99 5%	61 6% b	37 4%	10 2%	22 3%	67 9% ab	3 3%	14 5%	10 5%	10 5%	8 5%	13 6%	8 2%	22 7% g	10 5%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	722 35%	52 29%	155 37%	199 40%	81 35%	81 38%	153 31%	407 37%	315 33%	625 37%	8 18%	49 29%	24 31%	1 22%	6 34%	89 28%
		f	f	afh		af		af		bg						
I'm not fit enough	490 24%	35 19%	78 19%	113 23%	50 22%	58 27%	156 31%	227 21%	264 28%	435 25%	11 24%	23 14%	10 13%	1 11%	5 29%	50 16%
						bg	abcdg		abcdg	cdg						
I'm worried about Covid-19	388 19%	33 18%	86 20%	85 17%	44 19%	45 21%	95 19%	203 18%	185 20%	291 17%	12 25%	54 33%	18 23%	2 34%	5 27%	91 29%
										a		a				a
I just don't want to	375 18%	25 14%	66 16%	85 17%	39 17%	41 19%	119 24%	176 16%	199 21%	331 19%	9 19%	23 14%	9 12%	1 12%	2 11%	43 14%
							abcdg		abg	g						
Bad weather	361 18%	28 16%	67 16%	92 18%	35 15%	47 22%	91 18%	188 17%	173 18%	296 17%	8 17%	36 22%	13 17%	1 10%	3 19%	61 19%
I've been working from home or working longer hours	232 11%	23 13%	80 19%	76 15%	26 11%	20 9%	8 2%	178 16%	54 6%	172 10%	9 20%	34 21%	11 14%	2 22%	1 4%	56 18%
		fh	defh	efh	fh	fh		efh	f		a	a				a
I've been unwell or self-isolating	222 11%	23 13%	35 8%	46 9%	22 10%	24 11%	71 14%	104 9%	117 12%	194 11%	6 13%	11 6%	6 8%	1 11%	3 19%	27 9%
							bcdg		bg	c						
Don't have the right space / equipment	210 10%	25 14%	62 15%	52 10%	21 9%	20 9%	31 6%	138 13%	72 8%	158 9%	12 26%	23 14%	10 12%	2 34%	2 12%	50 16%
		fh	cdefh	f				fh			acd	a				a
Childcare	176 9%	17 9%	42 10%	51 10%	24 10%	26 12%	16 3%	110 10%	66 7%	135 8%	8 17%	20 12%	7 8%	- -	3 19%	38 12%
		f	f	fh	f	fh		fh	f		a					a
I can't exercise with the people I normally would	174 9%	16 9%	41 10%	43 9%	29 13%	14 6%	31 6%	101 9%	74 8%	139 8%	3 7%	15 9%	7 9%	2 34%	6 34%	34 11%
			f		efh											
My preferred activities aren't available	158 8%	18 10%	34 8%	34 7%	25 11%	15 7%	32 6%	86 8%	72 8%	124 7%	5 11%	18 11%	7 9%	1 11%	1 7%	32 10%
					cf											
I can't afford the things I need to be active	143 7%	8 5%	31 8%	37 7%	18 8%	24 11%	24 5%	77 7%	66 7%	110 6%	5 12%	14 9%	11 14%	1 11%	1 5%	32 10%
						afgh							a			a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Difficult to book onto or access the activity I want to do	127 6%	22 12% cefg	34 8% fh	25 5%	15 7%	13 6%	18 4%	81 7% fh	46 5%	88 5%	5 10%	21 13% a	8 10% a	1 10%	2 9%	36 11% a
Put off by excessive safety measures	117 6%	15 8%	26 6%	24 5%	18 8%	8 4%	25 5%	65 6%	52 5%	90 5%	6 12% a	15 9% a	5 6%	- -	2 9%	27 8% a
Other commitments (excluding childcare/ caring responsibilities)	116 6%	15 8% fh	26 6% f	32 6% f	16 7% f	11 5%	14 3%	74 7% fh	42 4%	88 5%	5 10%	13 8%	5 7%	2 22%	3 16%	28 9% a
Other caring responsibilities	108 5%	7 4%	23 6%	35 7% fh	14 6%	10 5%	20 4%	65 6%	43 5%	88 5%	3 6%	13 8%	3 4%	- -	1 8%	21 7%
Put off by insufficient safety measures	107 5%	12 6%	24 6%	25 5%	17 7% f	12 6%	17 3%	61 6%	46 5%	79 5%	- -	18 11% ab	6 8% b	1 11%	1 5%	26 8% ab
Limited or no access to the internet	57 3%	12 7% cfh	13 3% f	15 3% f	7 3% f	7 3% f	2 * fh	41 4% fh	16 2%	40 2%	4 8% a	8 5% a	5 7% a	- -	1 4%	18 6% a
Other	99 5%	5 3%	17 4%	13 3%	8 4%	7 3%	48 10% abcdeg	35 3%	64 7% aceg	95 6% cg	1 2%	1 *	3 3%	- -	- -	4 1%

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	722 35%	463 36%	118 33%	129 40%	246 36%	34 40%	21 32%	241 35%	86 36%	18 29%	29 41%	56 43%	39 40%	84 46%	114 27%	55 36%
						j		j	j		j	j	j	bcdej		j
I'm not fit enough	490 24%	334 26% bd	64 18%	78 24%	142 21%	21 25%	9 14%	149 22%	42 18%	9 15%	20 28% b	35 27% bd	19 19%	56 30% bcdehk	131 31% bcdehk	31 20%
I'm worried about Covid-19	388 19%	247 19%	73 21%	51 16%	124 18%	24 28% cfj	16 24% f	125 18% f	51 21% f	13 22% f	5 7%	35 27% cfj	18 18% f	35 19% f	67 16% f	40 26% cfj
I just don't want to	375 18%	277 22% cd	61 17% c	30 9%	91 13%	5 6%	5 7%	127 18% abk	36 15% ak	7 11%	17 24% abk	26 20% abk	17 18% abk	34 18% abk	101 24% abcdek	10 7%
Bad weather	361 18%	223 17%	65 18%	60 18%	125 18%	19 23% i	13 20%	109 16%	56 23% cfi	10 17%	8 11%	26 20%	16 17%	25 13%	77 19%	33 22% i
I've been working from home or working longer hours	232 11%	122 10%	55 15% a	47 15% a	102 15% a	5 6% gj	9 13% gij	143 21% adgijk	31 13% gij	11 18% agij	10 14% gij	1 1% agij	16 16% agij	5 3% j	2 1% j	14 9% gij
I've been unwell or self-isolating	222 11%	155 12% d	35 10%	26 8%	61 9%	11 13% f	6 9%	58 8%	24 10% f	12 19% cdfh	1 2%	16 12% f	6 6%	23 13% f	65 15% cfh	17 11% f
Don't have the right space / equipment	210 10%	119 9%	37 10%	45 14% a	82 12%	12 14% ij	6 9%	95 14% ij	22 9%	4 7%	5 7%	16 12% ij	15 16% ij	9 5%	25 6%	18 12% ij
Childcare	176 9%	21 2%	57 16% a	92 28% abd	149 22% ab	7 8% j	9 13% j	74 11% j	37 15% cehj	3 5% j	6 9% j	13 10% j	6 6% j	19 10% j	3 1% j	15 10% j



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I can't exercise with the people I normally would	174 9%	101 8%	25 7%	41 13% ab	66 10%	9 11% i	7 11% i	69 10% i	25 10% i	5 9% i	4 5% i	8 6% i	9 9% i	4 2% i	33 8% i	16 11% i
My preferred activities aren't available	158 8%	99 8%	26 7%	25 8%	51 8%	10 12%	9 13% ci	46 7%	25 10%	4 7%	8 11%	8 6%	10 11%	10 5%	29 7%	19 12% cij
I can't afford the things I need to be active	143 7%	72 6%	30 8%	36 11% a	66 10% a	9 11% j	5 8% j	52 7% j	23 10% j	3 4%	4 6%	12 10% j	11 11% j	16 9% j	9 2% j	14 9% j
Difficult to book onto or access the activity I want to do	127 6%	53 4%	41 12% a	24 7% a	65 10% a	9 11% gij	8 12% gij	50 7% j	16 7% j	6 10% gj	3 4% j	4 3% gij	10 11% gij	8 4% j	12 3% j	17 11% gij
Put off by excessive safety measures	117 6%	69 5%	26 7%	16 5%	42 6%	6 7%	7 11% ghij	46 7%	17 7%	3 6%	3 4%	5 4%	4 4%	8 4%	19 4%	13 9%
Other commitments (excluding childcare/ caring responsibilities)	116 6%	63 5%	21 6%	29 9% a	50 7% a	3 3%	3 5%	54 8% ij	15 6% j	4 6%	2 3%	6 5% afijk	11 11% afijk	6 3%	11 3%	6 4%
Other caring responsibilities	108 5%	59 5%	28 8% a	20 6% a	47 7% a	4 5%	8 12% chj	37 5%	13 6%	5 9%	4 5%	10 7%	2 3%	11 6%	14 3%	12 8% j
Put off by insufficient safety measures	107 5%	51 4%	26 7% a	23 7% a	49 7% a	7 8% j	5 8% j	40 6% j	20 8% j	5 7% j	1 2% j	5 4% j	6 6% j	9 5% j	9 2% j	12 8% j

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Limited or no access to the internet

Other

	Children aged 15 or under in the household				Current employment status										
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
57	27	16	10	25	4	4	30	3	1	1	5	4	3	3	8
3%	2%	4%	3%	4%	4%	7%	4%	1%	1%	1%	4%	4%	1%	1%	5%
		a		a	j	dij	dij				j	j			dij
99	86	8	2	10	2	1	17	5	1	1	8	1	19	44	2
5%	7%	2%	1%	1%	2%	1%	3%	2%	2%	1%	6%	1%	10%	11%	2%
	bcd										cdhk		abcdefhk	abcdefhk	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	722 35%	186 37%	120 36%	55 31%	16 40%	175 34%	203 37%	201 35%	87 37%	71 32%	22 54% abcef	158 35%	223 36%	125 37%	389 34%	174 35%	34 41%	597 35%
I'm not fit enough	490 24%	108 21%	62 18%	36 20%	9 23%	98 19%	118 22%	131 23% be	36 15%	42 19%	7 18%	78 17%	139 22% be	94 28% d	270 24%	112 23%	14 17%	396 23%
I'm worried about Covid-19	388 19%	89 18%	68 20%	27 15%	10 25%	95 18%	100 18%	106 18%	45 19%	38 17%	9 23%	84 18%	115 19%	64 19%	218 19%	88 18%	18 22%	324 19%
I just don't want to	375 18%	82 16%	63 19%	29 16%	5 12%	92 18%	87 16%	104 18%	38 16%	36 16%	5 13%	74 16%	109 18%	70 21% cd	227 20% cd	71 14%	7 9%	305 18% d
Bad weather	361 18%	93 18%	50 15%	29 16%	8 19%	80 15%	101 18%	98 17%	43 18%	39 17%	9 22%	81 18%	107 17%	60 18%	195 17%	92 19%	13 16%	301 18%
I've been working from home or working longer hours	232 11%	73 14%	78 23% af	37 21% af	7 17%	115 22% af	80 15%	108 19%	44 19%	33 15%	7 17%	77 17%	115 18%	25 7%	124 11%	71 14% a	11 13%	207 12% a
I've been unwell or self-isolating	222 11%	42 8%	35 10%	14 8%	6 13%	49 10%	48 9%	49 8%	27 11%	17 8%	4 10%	44 10%	52 8%	55 16% bce	115 10%	42 8%	9 11%	167 10%
Don't have the right space / equipment	210 10%	48 10%	48 14% a	21 12%	7 16%	69 13%	55 10%	63 11%	40 17% acf	17 7%	8 19% c	56 12%	71 11%	28 8%	96 9%	73 15% abe	13 16% ab	182 11%
Childcare	176 9%	55 11%	41 12%	20 11%	4 9%	61 12%	59 11%	65 11%	22 10%	32 15%	2 6%	55 12%	67 11%	4 1%	74 7% a	80 16% abe	17 21% abe	172 10% ab
I can't exercise with the people I normally would	174 9%	44 9%	40 12%	17 10%	4 9%	57 11%	48 9%	51 9%	32 13% adf	22 10%	1 2%	54 12% d	51 8%	30 9%	92 8%	47 10%	6 7%	145 8%

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
My preferred activities aren't available	158 8%	41 8%	33 10%	11 6%	1 4%	44 9%	42 8%	32 5%	30 13% af	21 10% af	2 6%	52 11% af	34 6%	35 10% b	78 7%	41 8%	4 5%	124 7%
I can't afford the things I need to be active	143 7%	44 9%	24 7%	13 7%	2 4%	37 7%	45 8%	41 7%	25 11%	13 6%	4 9%	38 8%	45 7%	19 6%	70 6%	42 8%	13 15% abce	124 7%
Difficult to book onto or access the activity I want to do	127 6%	34 7%	29 8%	16 9%	2 5%	45 9%	37 7%	31 5%	28 12% af	18 8%	4 10%	47 10% af	35 6%	12 3%	73 6% a	36 7% a	6 8%	115 7% a
Put off by excessive safety measures	117 6%	34 7%	19 6%	15 8%	4 8%	34 7%	38 7%	36 6%	20 9%	15 7%	5 11%	35 8%	41 7%	17 5%	67 6%	29 6%	4 5%	100 6%
Other commitments (excluding childcare/ caring responsibilities)	116 6%	34 7%	22 7%	14 8%	1 2%	35 7%	35 6%	40 7%	17 7%	13 6%	2 5%	30 7%	42 7%	14 4%	57 5%	38 8% ab	6 7%	101 6%
Other caring responsibilities	108 5%	31 6%	14 4%	13 7%	3 8%	28 5%	34 6%	34 6%	12 5%	17 8%	2 4%	29 6%	36 6%	5 1%	66 6% a	29 6% a	8 10% a	104 6% a
Put off by insufficient safety measures	107 5%	34 7%	15 5%	17 10% b	1 2%	33 6%	35 6%	30 5%	21 9% af	16 7%	2 5%	37 8% f	32 5%	13 4%	55 5%	35 7%	4 5%	94 6%
Limited or no access to the internet	57 3%	19 4%	14 4%	3 2%	2 4%	17 3%	21 4%	20 4%	13 5%	5 2%	1 2%	18 4%	21 3%	6 2%	32 3%	13 3%	6 7% abce	51 3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Other	99	10	9	5	-	14	10	15	5	5	-	10	15	29	59	10	1	70
	5%	2%	3%	3%	-	3%	2%	3%	2%	2%	-	2%	2%	9%	5%	2%	1%	4%
														bcde	c			c

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	722	114	477	125	164	18	442	265	40	581	141	601	120
	35%	30%	37%	48%	42%	28%	33%	41%	57%	36%	34%	35%	41%
			a	cd	cd			cd	bcde				a
I'm not fit enough	490	79	307	72	137	19	278	199	27	386	104	410	74
	24%	21%	24%	27%	35%	29%	21%	31%	38%	24%	25%	24%	25%
				d	ad			d	d				
I'm worried about Covid-19	388	87	228	49	69	11	256	118	9	312	76	318	64
	19%	23%	18%	18%	17%	17%	19%	18%	13%	19%	18%	18%	22%
		b											
I just don't want to	375	56	245	47	70	14	252	114	16	296	79	315	57
	18%	15%	19%	18%	18%	21%	19%	18%	22%	18%	19%	18%	19%
Bad weather	361	60	230	39	42	12	262	86	5	283	78	306	50
	18%	16%	18%	15%	11%	19%	20%	13%	7%	17%	19%	18%	17%
				f		bef							
I've been working from home or working longer hours	232	56	146	25	32	6	166	61	2	195	37	201	30
	11%	15%	11%	10%	8%	10%	12%	9%	2%	12%	9%	12%	10%
				f		bf		f					
I've been unwell or self-isolating	222	50	115	42	103	15	79	137	23	168	54	184	37
	11%	13%	9%	16%	26%	24%	6%	21%	32%	10%	13%	11%	13%
		b		d	ad	d		d	ade				
Don't have the right space / equipment	210	45	133	37	31	4	140	64	7	164	45	173	34
	10%	12%	10%	14%	8%	7%	10%	10%	10%	10%	11%	10%	11%
				b									
Childcare	176	56	111	22	18	8	122	45	3	149	27	150	24
	9%	15%	9%	8%	5%	12%	9%	7%	4%	9%	6%	9%	8%
		b			b	b							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I can't exercise with the people I normally would	174	46	97	16	41	4	112	58	3	140	35	146	27
	9%	12%	8%	6%	10%	7%	8%	9%	4%	9%	8%	8%	9%
		b			a								
My preferred activities aren't available	158	30	90	20	26	6	107	48	4	128	31	135	23
	8%	8%	7%	8%	6%	10%	8%	7%	5%	8%	7%	8%	8%
I can't afford the things I need to be active	143	22	98	26	15	6	96	41	5	113	30	113	29
	7%	6%	8%	10%	4%	9%	7%	6%	7%	7%	7%	7%	10%
				b			b						a
Difficult to book onto or access the activity I want to do	127	39	71	19	23	7	79	44	4	107	20	109	17
	6%	10%	6%	7%	6%	11%	6%	7%	6%	7%	5%	6%	6%
		b											
Put off by excessive safety measures	117	41	59	15	21	2	78	36	2	95	22	103	12
	6%	11%	5%	6%	5%	4%	6%	6%	3%	6%	5%	6%	4%
		b											
Other commitments (excluding childcare/ caring responsibilities)	116	32	68	12	14	9	82	31	2	99	17	98	16
	6%	8%	5%	4%	4%	14%	6%	5%	3%	6%	4%	6%	6%
		b				abdef							
Other caring responsibilities	108	53	48	19	26	3	61	44	4	90	18	95	14
	5%	14%	4%	7%	7%	5%	5%	7%	6%	6%	4%	5%	5%
		b		d				d					
Put off by insufficient safety measures	107	28	64	18	20	4	68	37	4	90	17	95	12
	5%	7%	5%	7%	5%	6%	5%	6%	5%	6%	4%	5%	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Limited or no access to the internet	57 3%	18 5% b	31 2%	7 3%	9 2%	7 10% abdef	35 3%	21 3%	1 1%	46 3%	11 3%	48 3%	8 3%
Other	99 5%	5 1%	64 5% a	13 5%	50 13% ade	3 4%	41 3%	56 9% d	9 13% ad	79 5%	20 5%	86 5%	12 4%



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	722	157	100	120	109	73	69	24	70	402	162	217	227	224	47	208	182	241	80
	35%	44%	46%	37%	32%	33%	28%	27%	27%	37%	28%	47%	38%	32%	19%	34%	35%	37%	34%
		defghij	cdefghij	fhj						fhj		bcd	cd	d					
I'm not fit enough	490	143	56	92	70	48	39	10	33	265	82	130	157	153	47	128	117	174	66
	24%	41%	26%	29%	20%	22%	16%	11%	13%	24%	14%	28%	26%	22%	19%	21%	22%	27%	28%
		bcdefghij	fgjh	dfghj	hj	ghj				fhj		cd	cd					a	a
I'm worried about Covid-19	388	46	39	71	76	46	48	19	45	231	111	92	113	137	39	44	85	163	90
	19%	13%	18%	22%	22%	21%	20%	21%	17%	21%	19%	20%	19%	19%	16%	7%	16%	25%	39%
				a	a	a	a			a	a						a	ab	abc
I just don't want to	375	136	51	63	46	26	27	9	17	186	53	95	104	138	37	113	100	119	41
	18%	39%	23%	20%	13%	12%	11%	10%	7%	17%	9%	20%	17%	20%	15%	19%	19%	18%	18%
		bcdefghij	defghij	defghj	hj	h				fhj									
Bad weather	361	18	32	64	80	42	42	17	66	218	125	67	106	132	51	106	95	115	40
	18%	5%	15%	20%	23%	19%	17%	19%	26%	20%	21%	14%	18%	19%	20%	17%	18%	18%	17%
			a	a	ab	a	a	a	abfi	a	ab				a				
I've been working from home or working longer hours	232	22	31	44	51	28	30	3	25	153	57	42	80	78	31	73	62	69	25
	11%	6%	14%	14%	15%	13%	12%	3%	10%	14%	10%	9%	14%	11%	12%	12%	12%	11%	11%
			ag	ag	agj	ag	ag			agj	g		a						
I've been unwell or self-isolating	222	62	26	27	38	22	23	10	14	113	47	78	53	67	23	47	42	81	50
	11%	18%	12%	9%	11%	10%	9%	12%	5%	10%	8%	17%	9%	9%	9%	8%	8%	13%	21%
		cdefghij	h		h			h		h		bcd						ab	abc
Don't have the right space / equipment	210	29	21	33	40	28	21	11	27	122	59	56	71	61	19	67	51	67	22
	10%	8%	10%	10%	11%	13%	9%	12%	10%	11%	10%	12%	12%	9%	8%	11%	10%	10%	9%
													c						
Childcare	176	13	18	32	41	28	23	2	19	119	44	39	63	61	11	56	60	46	12
	9%	4%	9%	10%	12%	13%	9%	2%	8%	11%	7%	8%	11%	9%	5%	9%	12%	7%	5%
			ag	ag	agj	agj	ag		a	agj	a		d	d		d	cd		
I can't exercise with the people I normally would	174	11	11	34	40	28	24	11	16	113	50	33	60	64	16	46	45	63	20
	9%	3%	5%	11%	12%	13%	10%	13%	6%	10%	9%	7%	10%	9%	7%	8%	9%	10%	9%
				ab	abh	abh	a	abh		abh	a								
My preferred activities aren't available	158	20	17	24	34	17	22	7	17	93	46	37	54	37	31	44	45	55	15
	8%	6%	8%	7%	10%	8%	9%	8%	7%	8%	8%	8%	9%	5%	12%	7%	8%	8%	6%
				a									c		c				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I can't afford the things I need to be active	143 7%	19 5%	15 7%	29 9%	28 8%	20 9%	13 5%	4 4%	15 6%	92 8%	32 6%	42 9%	39 7%	45 6%	18 7%	49 8%	34 7%	44 7%	16 7%
				j						j									
Difficult to book onto or access the activity I want to do	127 6%	13 4%	11 5%	19 6%	27 8%	17 8%	16 6%	5 6%	19 7%	74 7%	40 7%	23 5%	44 7%	48 7%	11 5%	32 5%	46 9%	37 6%	13 5%
				a	a	a			a	a	a						ac		
Put off by excessive safety measures	117 6%	10 3%	8 4%	20 6%	25 7%	19 9%	15 6%	7 8%	13 5%	72 7%	35 6%	25 5%	32 5%	40 6%	17 7%	37 6%	29 5%	34 5%	15 6%
				a	a	ab		a		a	a								
Other commitments (excluding childcare/ caring responsibilities)	116 6%	13 4%	11 5%	16 5%	22 6%	25 12%	11 5%	6 7%	11 4%	75 7%	29 5%	27 6%	34 6%	45 6%	9 4%	35 6%	39 7%	34 5%	8 4%
						abcdfhij				a							d		
Other caring responsibilities	108 5%	14 4%	8 4%	24 7%	14 4%	15 7%	11 5%	3 4%	19 7%	61 5%	34 6%	29 6%	37 6%	31 4%	9 3%	27 4%	29 6%	36 6%	14 6%
Put off by insufficient safety measures	107 5%	10 3%	15 7%	19 6%	23 7%	11 5%	15 6%	6 7%	8 3%	69 6%	28 5%	25 5%	35 6%	32 4%	15 6%	26 4%	23 4%	41 6%	17 7%
			a	a	ah					a									
Limited or no access to the internet	57 3%	4 1%	5 2%	11 3%	10 3%	9 4%	7 3%	4 5%	6 2%	36 3%	17 3%	13 3%	13 2%	23 3%	8 3%	16 3%	19 4%	18 3%	4 2%
						a		a		a									
Other	99 5%	32 9%	12 6%	14 4%	10 3%	11 5%	11 4%	2 2%	7 3%	47 4%	20 3%	31 7%	25 4%	31 4%	11 4%	38 6%	27 5%	24 4%	10 4%
		cdfghij														c			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Too tired / lacking energy	722	239	228	246
	35%	33%	30%	48%
				ab
I'm not fit enough	490	135	186	164
	24%	18%	24%	32%
			a	ab
I'm worried about Covid-19	388	151	119	112
	19%	20%	16%	22%
		b		b
I just don't want to	375	89	172	107
	18%	12%	22%	21%
			a	a
Bad weather	361	163	121	73
	18%	22%	16%	14%
		bc		
I've been working from home or working longer hours	232	97	67	66
	11%	13%	9%	13%
		b		b
I've been unwell or self-isolating	222	62	79	80
	11%	8%	10%	16%
				ab
Don't have the right space / equipment	210	93	62	54
	10%	13%	8%	10%
		b		
Childcare	176	82	49	43
	9%	11%	6%	8%
		b		
I can't exercise with the people I normally would	174	73	53	46
	9%	10%	7%	9%
		b		
My preferred activities aren't available	158	60	50	47
	8%	8%	7%	9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
I can't afford the things I need to be active	143	62	44	34
	7%	8%	6%	7%
		b		
Difficult to book onto or access the activity I want to do	127	57	30	36
	6%	8%	4%	7%
		b		b
Put off by excessive safety measures	117	51	43	22
	6%	7%	6%	4%
Other commitments (excluding childcare/ caring responsibilities)	116	50	36	30
	6%	7%	5%	6%
Other caring responsibilities	108	51	42	14
	5%	7%	5%	3%
		c	c	
Put off by insufficient safety measures	107	37	38	29
	5%	5%	5%	6%
Limited or no access to the internet	57	23	25	9
	3%	3%	3%	2%
Other	99	22	47	31
	5%	3%	6%	6%
			a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 2nd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 3rd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Not ranked	1753	833	911	555	589	609	83	226	172	185	146	192	285	286	178
	86%	84%	88%	90%	88%	80%	85%	85%	86%	86%	82%	85%	89%	86%	85%
		a	a	c	c								e		
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 2nd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 3rd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Not ranked	1753	154	372	427	207	186	408	952	801	1443	43	155	70	7	17	290
	86%	84%	89%	85%	90%	88%	82%	86%	85%	85%	92%	93%	90%	100%	93%	92%
			f		cfh	f		f				a				a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcdg						
NET: Ranked Top 3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 2nd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 3rd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Not ranked	1753	1079	311	300	611	78	60	604	217	49	55	115	83	159	333	138
	86%	84%	87%	93%	90%	92%	90%	88%	91%	80%	77%	89%	85%	86%	80%	91%
				ab	a	efj	f	fj	efj			fj				efj
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 2nd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 3rd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Not ranked	1753	441	298	154	36	452	477	498	218	185	38	403	536	289	953	436	75	1464
	86%	87%	88%	86%	87%	88%	87%	86%	93% acf	84%	94%	88%	86%	85%	84%	88% b	92%	86%
None of the above	80	14	9	4	3	13	18	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	53	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	10%	11% b	6%	13% bd	2%	9%	10%	10%	12% cd	8%	4%	10% d
NET: Ranked Top 3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 2nd	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 3rd	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-
Not ranked	1753	349	1085	240	370	60	1106	599	64	1406	347	1480	257
	86%	92%	84%	91%	93%	93%	83%	93%	92%	87%	83%	86%	88%
		b		d	d	d		d	d				
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 2nd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ranked 3rd	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Not ranked	1753	323	199	297	310	194	182	61	186	1001	429	435	533	584	185	497	453	570	215
	86%	92%	92%	93%	90%	89%	75%	68%	72%	91%	73%	93%	90%	83%	75%	82%	86%	88%	92%
		fghj	fghj	fghj	fghj	fghj				fghj		bcd	cd	d		a	a	a	ab
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c	abcdi	bci	abcdi		abcdi				a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.2. Childcare / Homeschooling: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	-	-	-	-
	-	-	-	-
Ranked 2nd	-	-	-	-
	-	-	-	-
Ranked 3rd	-	-	-	-
	-	-	-	-
Not ranked	1753	624	624	485
	86%	85%	81%	95%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	-	-	-	-
	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	26	7	9	5	18	3	3	4	4	1	-	4	8	5
	2%	3%	1%	1%	1%	2%	3%	1%	2%	2%	1%	-	1%	3%	2%
		b				b	f		f					f	f
Ranked 2nd	39	9	29	18	14	6	1	4	3	2	5	8	7	4	5
	2%	1%	3%	3%	2%	1%	2%	1%	1%	1%	3%	4%	2%	1%	2%
			a	c	c										
Ranked 3rd	37	19	18	12	22	3	4	4	6	6	3	1	5	6	2
	2%	2%	2%	2%	3%	*	4%	1%	3%	3%	2%	1%	2%	2%	1%
				c	c		fi								
Not ranked	1644	780	857	517	548	580	74	216	159	173	137	183	268	268	166
	80%	78%	83%	84%	82%	77%	76%	81%	80%	80%	77%	81%	83%	81%	79%
			a	c	c										
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	108	53	54	38	42	28	9	10	13	12	9	9	17	18	12
	5%	5%	5%	6%	6%	4%	9%	4%	6%	6%	5%	4%	5%	5%	6%
				c	c										

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	1	9	7	3	4	9	17	16	30	-	1	1	-	1	3
	2%	1%	2%	1%	1%	2%	2%	2%	2%	2%	-	1%	1%	-	4%	1%
Ranked 2nd	39	5	6	15	7	2	4	25	14	32	2	2	3	-	1	7
	2%	3%	1%	3%	3%	1%	1%	2%	1%	2%	5%	1%	3%	-	4%	2%
				f	f											
Ranked 3rd	37	1	8	14	4	4	6	23	14	26	1	10	-	-	-	11
	2%	*	2%	3%	2%	2%	1%	2%	1%	2%	2%	6%	-	-	-	3%
												ad				a
Not ranked	1644	147	348	391	193	176	388	887	758	1355	40	142	66	7	15	270
	80%	80%	83%	78%	84%	83%	78%	80%	81%	79%	85%	86%	85%	100%	85%	86%
			cf		cf											a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcd						
NET: Ranked Top 3	108	7	23	35	14	10	20	65	43	88	3	13	3	-	1	21
	5%	4%	6%	7%	6%	5%	4%	6%	5%	5%	6%	8%	4%	-	8%	7%
				fh												

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	22	8	2	10	-	1	8	2	3	-	3	2	3	11	1
	2%	2%	2%	1%	1%	-	1%	1%	1%	4% dk	-	2%	2%	2%	3%	1%
Ranked 2nd	39	22	9	8	16	2	4	14	5	3	2	2	-	5	2	7
	2%	2%	2%	2%	2%	3%	6% cghj	2%	2%	5% hj	2%	1%	-	3% j	1%	4% hj
Ranked 3rd	37	15	11	10	22	2	3	15	6	-	2	5	1	3	1	4
	2%	1%	3% a	3% a	3% a	2%	4% j	2% j	2% j	-	3% j	4% j	1% j	1%	* j	3% j
Not ranked	1644	1020	283	280	564	74	52	567	204	44	51	106	80	148	319	126
	80%	80%	79%	87% ab	83%	87% efj	78%	82% efj	85% efj	71%	72%	81%	83%	80%	76%	83% ef
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6% k	9% abcdk	4%	6% k	4%	6% acdk	1%
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12% cd	9% c	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14% dg	8%
NET: Ranked Top 3	108	59	28	20	47	4	8	37	13	5	4	10	2	11	14	12
	5%	5%	8% a	6%	7% a	5%	12% chj	5%	6%	9%	5%	7%	3%	6%	3%	8% j

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32 2%	7 1%	2 1%	2 1%	2 5%	4 1%	9 2%	10 2%	3 1%	- -	- -	3 1%	10 2%	1 *	25 2%	5 1%	2 2%	31 2%
					abe			c							a			a
Ranked 2nd	39 2%	11 2%	8 2%	5 3%	- -	13 3%	11 2%	12 2%	7 3%	8 3%	- -	15 3%	12 2%	2 *	26 2%	10 2%	2 2%	37 2%
															a			a
Ranked 3rd	37 2%	13 3%	4 1%	6 4%	1 3%	10 2%	14 3%	12 2%	2 1%	9 4%	2 4%	11 2%	13 2%	2 1%	16 1%	15 3%	5 6%	35 2%
										b						ab	abe	
Not ranked	1644 80%	410 81%	283 84%	141 79%	33 78%	424 82%	442 81%	464 80%	206 88%	168 76%	36 90%	374 82%	500 81%	284 84%	887 78%	406 82%	67 82%	1360 80%
									acf		c				b			
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11%	14 6%	28 13%	1 2%	42 9%	63 10%	33 10%	133 12%	41 8%	3 4%	177 10%
								b		bd					cd			d
NET: Ranked Top 3	108 5%	31 6%	14 4%	13 7%	3 8%	28 5%	34 6%	34 6%	12 5%	17 8%	2 4%	29 6%	36 6%	5 1%	66 6%	29 6%	8 10%	104 6%
															a	a	a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	23	7	5	10	1	18	15	1	27	5	29	4
	2%	6%	1%	2%	2%	1%	1%	2%	1%	2%	1%	2%	1%
		b											
Ranked 2nd	39	18	19	9	8	1	22	15	2	28	10	35	4
	2%	5%	1%	3%	2%	2%	2%	2%	3%	2%	2%	2%	1%
		b											
Ranked 3rd	37	13	21	5	9	1	21	14	1	34	3	31	7
	2%	3%	2%	2%	2%	1%	2%	2%	1%	2%	1%	2%	2%
										b			
Not ranked	1644	296	1037	221	344	57	1045	555	60	1315	329	1386	244
	80%	78%	81%	84%	87%	88%	78%	86%	86%	81%	79%	80%	83%
				d	d			d					
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	108	53	48	19	26	3	61	44	4	90	18	95	14
	5%	14%	4%	7%	7%	5%	5%	7%	6%	6%	4%	5%	5%
		b		d				d					



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	8	2	7	2	5	3	-	5	16	8	10	10	5	7	10	7	12	3
	2%	2%	1%	2%	1%	2%	1%	-	2%	1%	1%	2%	2%	1%	3%	2%	1%	2%	1%
												c			c				
Ranked 2nd	39	1	3	9	6	5	5	3	8	22	16	12	12	12	2	8	12	12	5
	2%	*	1%	3%	2%	2%	2%	4%	3%	2%	3%	3%	2%	2%	1%	1%	2%	2%	2%
				a	a	a	a	a	a	a	a								
Ranked 3rd	37	5	3	8	6	6	3	-	6	22	10	7	15	14	-	8	10	12	6
	2%	2%	1%	2%	2%	3%	1%	-	2%	2%	2%	2%	3%	2%	-	1%	2%	2%	3%
													d	d					
Not ranked	1644	309	192	274	296	179	171	58	167	941	395	406	496	553	176	470	424	533	202
	80%	88%	88%	85%	85%	82%	71%	64%	65%	85%	67%	87%	84%	78%	71%	77%	81%	82%	86%
		fghj	fghj	fghj	fghj	fghj				fghj		cd	cd	d				a	a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	108	14	8	24	14	15	11	3	19	61	34	29	37	31	9	27	29	36	14
	5%	4%	4%	7%	4%	7%	5%	4%	7%	5%	6%	6%	6%	4%	3%	4%	6%	6%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	32	14	11	7
	2%	2%	1%	1%
Ranked 2nd	39	21	16	2
	2%	3%	2%	*
		c	c	
Ranked 3rd	37	15	14	6
	2%	2%	2%	1%
Not ranked	1644	574	582	470
	80%	78%	76%	92%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	108	51	42	14
	5%	7%	5%	3%
		c	c	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	13	16	10	11	8	2	2	3	2	2	1	6	9	1
	1%	1%	2%	2%	2%	1%	2%	1%	2%	1%	1%	1%	2%	3%	*
Ranked 2nd	43	28	15	17	16	10	1	3	5	5	4	4	7	6	9
	2%	3%	1%	3%	2%	1%	1%	1%	3%	2%	2%	2%	2%	2%	4%
		b													b
Ranked 3rd	44	23	21	20	19	5	2	6	4	3	2	8	8	6	5
	2%	2%	2%	3%	3%	1%	2%	2%	2%	1%	1%	4%	3%	2%	2%
				c	c										
Not ranked	1637	769	859	508	544	586	78	215	159	175	138	178	263	266	163
	80%	77%	83%	82%	81%	77%	80%	81%	80%	81%	78%	79%	82%	80%	78%
			a	c											
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	116	64	52	47	46	23	4	11	13	10	8	14	21	21	15
	6%	6%	5%	8%	7%	3%	4%	4%	6%	4%	4%	6%	7%	6%	7%
				c	c										

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	4	7	8	5	5	-	19	10	24	-	3	2	-	1	5
	1%	2%	2%	1%	2%	2%	-	2%	1%	1%	-	2%	2%	-	5%	2%
		f	f	f	f	f		f	f							
Ranked 2nd	43	7	9	12	2	3	9	28	15	30	3	4	4	1	2	13
	2%	4%	2%	2%	1%	2%	2%	3%	2%	2%	6%	2%	5%	11%	11%	4%
		h									a		a			a
Ranked 3rd	44	4	10	13	9	3	5	27	17	35	2	7	-	1	-	9
	2%	2%	2%	2%	4%	1%	1%	2%	2%	2%	4%	4%	-	11%	-	3%
					f											
Not ranked	1637	139	345	394	190	175	393	878	759	1355	38	142	64	5	14	262
	80%	76%	83%	79%	83%	83%	79%	80%	81%	79%	81%	85%	83%	78%	77%	83%
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcd						
NET: Ranked Top 3	116	15	26	32	16	11	14	74	42	88	5	13	5	2	3	28
	6%	8%	6%	6%	7%	5%	3%	7%	4%	5%	10%	8%	7%	22%	16%	9%
		fh	f	f	f			fh								a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	19	5	5	10	1	1	13	3	1	2	1	3	2	-	2
	1%	1%	1%	2%	1%	2%	1%	2%	1%	2%	3%	1%	4%	1%	-	1%
						j	j	j	j	j	j	j	j	j		j
Ranked 2nd	43	25	8	9	17	2	1	20	4	2	-	4	2	1	8	2
	2%	2%	2%	3%	3%	2%	1%	3%	2%	3%	-	3%	2%	1%	2%	2%
Ranked 3rd	44	20	8	16	23	-	2	21	8	1	-	1	5	3	3	2
	2%	2%	2%	5%	3%	-	3%	3%	3%	2%	-	1%	5%	2%	1%	1%
				a	a			j	j				afgjk			
Not ranked	1637	1016	290	271	561	75	56	550	202	45	53	109	72	153	322	132
	80%	79%	81%	84%	82%	88%	84%	80%	84%	74%	74%	84%	74%	82%	77%	87%
						cefhj			hj			h				cefhj
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	116	63	21	29	50	3	3	54	15	4	2	6	11	6	11	6
	6%	5%	6%	9%	7%	3%	5%	8%	6%	6%	3%	5%	11%	3%	3%	4%
				a	a			ij	j				afijk			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	9	7	4	-	11	13	2	4	-	6	13	3	15	8	2	26
	1%	2%	2%	2%	-	2%	2%	1%	2%	-	1%	2%	1%	1%	2%	3%	2%
Ranked 2nd	43	12	6	5	1	11	15	7	2	1	9	16	3	27	12	1	40
	2%	2%	2%	3%	2%	2%	3%	3%	1%	3%	2%	3%	1%	2%	3%	1%	2%
Ranked 3rd	44	12	9	5	-	14	12	8	7	1	15	12	8	16	17	3	36
	2%	2%	3%	3%	-	3%	2%	3%	3%	2%	3%	2%	2%	1%	4% b	4%	2%
Not ranked	1637	407	276	140	35	416	458	201	172	36	373	494	275	896	398	69	1363
	80%	80%	82%	78%	84%	81%	79%	86% acf	78%	89%	82%	80%	81%	79%	81%	85%	80%
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11% b	6%	13% bd	2%	9%	10%	10%	12% cd	8%	4%	10% d
NET: Ranked Top 3	116	34	22	14	1	35	40	17	13	2	30	42	14	57	38	6	101
	6%	7%	7%	8%	2%	7%	7%	7%	6%	5%	7%	7%	4%	5%	8% ab	7%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	6	18	2	2	-	25	4	-	23	5	26	2
	1%	2%	1%	1%	1%	-	2%	1%	-	1%	1%	2%	1%
							e						
Ranked 2nd	43	13	27	4	7	5	28	13	1	37	6	37	5
	2%	3%	2%	1%	2%	8%	2%	2%	1%	2%	2%	2%	2%
						abde							
Ranked 3rd	44	12	23	6	4	4	29	14	1	39	5	35	9
	2%	3%	2%	2%	1%	6%	2%	2%	1%	2%	1%	2%	3%
						bde							
Not ranked	1637	317	1017	228	356	51	1024	568	63	1306	331	1382	241
	80%	83%	79%	87%	90%	78%	77%	88%	89%	80%	79%	80%	82%
				d	cd			cd	d				
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	116	32	68	12	14	9	82	31	2	99	17	98	16
	6%	8%	5%	4%	4%	14%	6%	5%	3%	6%	4%	6%	6%
		b				abdef							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	4	6	2	6	4	1	4	1	18	6	4	8	15	2	9	7	10	3
	1%	1%	3%	1%	2%	2%	*	4%	*	2%	1%	1%	1%	2%	1%	1%	1%	2%	1%
			cfh					cfhj											
Ranked 2nd	43	3	1	4	9	13	5	1	6	27	13	9	11	18	4	12	14	13	3
	2%	1%	*	1%	3%	6%	2%	1%	2%	2%	2%	2%	2%	2%	2%	2%	3%	2%	1%
					abcd	fij													
Ranked 3rd	44	5	4	9	8	8	5	1	4	29	9	13	16	12	3	14	18	11	2
	2%	2%	2%	3%	2%	4%	2%	1%	1%	3%	2%	3%	3%	2%	1%	2%	3%	2%	1%
																	d		
Not ranked	1637	311	188	281	288	169	170	55	175	927	400	408	499	539	176	461	414	536	207
	80%	88%	87%	88%	83%	77%	71%	61%	68%	84%	68%	88%	84%	76%	71%	76%	79%	83%	89%
		efghj	efghj	efghj	fghj	ghj				efghj		cd	cd					a	abc
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	116	13	11	16	22	25	11	6	11	75	29	27	34	45	9	35	39	34	8
	6%	4%	5%	5%	6%	12%	5%	7%	4%	7%	5%	6%	6%	6%	4%	6%	7%	5%	4%
					abcd	fhi	j			a							d		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	29	11	10	8
	1%	1%	1%	2%
Ranked 2nd	43	18	11	14
	2%	2%	1%	3%
Ranked 3rd	44	21	14	8
	2%	3%	2%	2%
Not ranked	1637	574	588	455
	80%	78%	77%	89%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	116	50	36	30
	6%	7%	5%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	80	41	38	19	21	40	3	8	13	5	8	11	10	13	11	
	4%	4%	4%	3%	3%	5%	3%	3%	6%	2%	4%	5%	3%	4%	5%	
						ab			d							
Ranked 2nd	81	43	37	18	23	40	2	13	7	7	9	8	9	14	11	
	4%	4%	4%	3%	3%	5%	2%	5%	4%	3%	5%	4%	3%	4%	5%	
						a										
Ranked 3rd	61	32	28	21	18	22	3	13	6	4	4	6	7	7	12	
	3%	3%	3%	3%	3%	3%	3%	5%	3%	2%	2%	2%	2%	2%	6%	
															gh	
Not ranked	1531	717	807	497	527	507	75	193	147	169	126	168	259	252	143	
	75%	72%	78%	80%	79%	67%	77%	73%	74%	78%	71%	74%	81%	76%	68%	
			a	c	c				i				bcei			
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8	
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%	
						b										
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24	
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%	
		b				ab					g					
NET: Ranked Top 3	222	117	103	58	62	102	8	34	26	16	20	25	25	34	34	
	11%	12%	10%	9%	9%	13%	8%	13%	13%	7%	11%	11%	8%	10%	16%	
						ab									adgh	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	80	5	15	15	10	9	25	36	44	73	2	2	1	1	1	6
	4%	3%	4%	3%	4%	4%	5%	3%	5%	4%	5%	1%	2%	11%	5%	2%
										c						
Ranked 2nd	81	6	10	16	6	9	34	31	50	73	1	2	2	-	3	8
	4%	3%	2%	3%	3%	4%	7%	3%	5%	4%	2%	1%	2%	-	15%	2%
							bcdg		bg							
Ranked 3rd	61	12	10	15	6	5	12	37	24	48	3	7	3	-	-	13
	3%	7%	2%	3%	3%	3%	2%	3%	2%	3%	7%	4%	4%	-	-	4%
		bcd efgh														
Not ranked	1531	131	336	381	184	163	336	848	683	1249	36	144	64	6	13	264
	75%	72%	80%	76%	80%	77%	67%	77%	73%	73%	79%	87%	82%	89%	73%	84%
			afh	f	afh	f		fh	f			a				a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcdg						
NET: Ranked Top 3	222	23	35	46	22	24	71	104	117	194	6	11	6	1	3	27
	11%	13%	8%	9%	10%	11%	14%	9%	12%	11%	13%	6%	8%	11%	19%	9%
							bcdg		bg	c						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	80	57	13	7	20	6	3	20	6	5	1	7	1	10	21	9
	4%	4%	4%	2%	3%	7%	4%	3%	2%	7%	2%	5%	1%	5%	5%	6%
						cdh				h						
Ranked 2nd	81	63	6	11	16	2	1	18	8	3	-	7	1	9	33	3
	4%	5%	2%	3%	2%	2%	1%	3%	3%	4%	-	6%	1%	5%	8%	2%
		bd										fh			bcdfhk	
Ranked 3rd	61	35	16	9	25	3	2	20	10	5	-	2	4	4	11	5
	3%	3%	4%	3%	4%	3%	3%	3%	4%	8%	-	1%	4%	2%	3%	3%
										cfgij						
Not ranked	1531	924	276	274	550	67	54	545	193	37	54	99	77	136	269	121
	75%	72%	77%	85%	81%	79%	81%	79%	81%	61%	75%	77%	79%	73%	64%	80%
				ab	a	ej	ej	ej	ej			ej	ej	j		ej
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	222	155	35	26	61	11	6	58	24	12	1	16	6	23	65	17
	11%	12%	10%	8%	9%	13%	9%	8%	10%	19%	2%	12%	6%	13%	15%	11%
		d				f			f	cdfh		f		f	cfh	f

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	80 4%	20 4%	9 3%	4 2%	- -	14 3%	20 4%	18 3%	9 4%	3 1%	1 2%	12 3%	19 3%	23 7%	38 3%	18 4%	1 1%	57 3%
														bcde				
Ranked 2nd	81 4%	12 2%	10 3%	3 2%	1 3%	13 3%	14 2%	15 3%	8 4%	5 2%	1 2%	13 3%	15 2%	20 6%	44 4%	14 3%	3 4%	61 4%
														ce				
Ranked 3rd	61 3%	10 2%	16 5%	6 4%	4 10%	22 4%	14 3%	15 3%	9 4%	9 4%	3 6%	18 4%	18 3%	12 4%	34 3%	10 2%	5 6%	49 3%
			a		af	a											c	
Not ranked	1531 75%	398 79%	262 78%	140 78%	30 73%	403 78%	429 78%	450 78%	192 82%	168 76%	34 84%	360 79%	484 78%	234 69%	838 74%	394 80%	66 80%	1297 76%
															ab		a	
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11%	14 6%	28 13%	1 2%	42 9%	63 10%	33 10%	133 12%	41 8%	3 4%	177 10%
								b		bd					cd		d	
NET: Ranked Top 3	222 11%	42 8%	35 10%	14 8%	6 13%	49 10%	48 9%	49 8%	27 11%	17 8%	4 10%	44 10%	52 8%	55 16%	115 10%	42 8%	9 11%	167 10%
														bce				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	80	38	20	41	3	25	52	12	67	14	67	13
	4%	3%	8%	10%	5%	2%	8%	18%	4%	3%	4%	4%
			d	d			d	acde				
Ranked 2nd	81	42	15	39	7	27	52	8	53	28	66	15
	4%	3%	6%	10%	10%	2%	8%	11%	3%	7%	4%	5%
			d	d	d		d	d		a		
Ranked 3rd	61	35	7	23	5	26	33	3	48	12	51	10
	3%	3%	3%	6%	8%	2%	5%	4%	3%	3%	3%	3%
				d	ad		d					
Not ranked	1531	969	198	267	45	1027	462	42	1237	294	1297	220
	75%	75%	75%	67%	69%	77%	71%	60%	76%	70%	75%	75%
			bf			bef	f		b			
None of the above	80	51	7	11	2	57	17	3	57	23	65	13
	4%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	152	15	15	3	174	31	3	162	48	184	24
	10%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
		a				abcef						
NET: Ranked Top 3	222	115	42	103	15	79	137	23	168	54	184	37
	11%	9%	16%	26%	24%	6%	21%	32%	10%	13%	11%	13%
		b	d	ad	d		d	ade				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	80	30	9	9	12	7	7	2	4	37	13	38	17	14	11	20	13	24	23
	4%	9%	4%	3%	4%	3%	3%	2%	2%	3%	2%	8%	3%	2%	4%	3%	2%	4%	10%
		bcdefhij										bc							abc
Ranked 2nd	81	22	6	10	18	10	6	3	7	43	15	21	19	33	9	19	20	28	13
	4%	6%	3%	3%	5%	4%	2%	3%	3%	4%	3%	4%	3%	5%	4%	3%	4%	4%	6%
		cfhj			j														
Ranked 3rd	61	9	11	9	8	5	10	6	3	33	19	19	18	19	4	8	10	29	14
	3%	3%	5%	3%	2%	2%	4%	6%	1%	3%	3%	4%	3%	3%	2%	1%	2%	4%	6%
			h				h	h										ab	ab
Not ranked	1531	261	173	270	273	173	159	51	172	889	381	357	480	517	162	450	411	489	166
	75%	74%	80%	84%	79%	79%	66%	57%	67%	81%	65%	77%	81%	73%	65%	74%	78%	75%	71%
		fgj	fgj	afghj	fghj	fghj				afghj		d	cd	d			d		
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c		abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	222	62	26	27	38	22	23	10	14	113	47	78	53	67	23	47	42	81	50
	11%	18%	12%	9%	11%	10%	9%	12%	5%	10%	8%	17%	9%	9%	9%	8%	8%	13%	21%
		cdefhij	h		h			h		h		bcd						ab	abc

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	80	23	28	29
	4%	3%	4%	6%
				a
Ranked 2nd	81	21	33	28
	4%	3%	4%	5%
				a
Ranked 3rd	61	18	19	23
	3%	2%	3%	5%
				ab
Not ranked	1531	562	544	405
	75%	76%	71%	79%
		b		b
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	222	62	79	80
	11%	8%	10%	16%
				ab



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	218	98	118	54	58	106	11	23	18	34	19	22	25	39	27
	11%	10%	11%	9%	9%	14%	12%	9%	9%	16%	11%	10%	8%	12%	13%
						ab				bcg					
Ranked 2nd	156	67	87	38	53	65	8	25	17	6	13	15	20	36	16
	8%	7%	8%	6%	8%	9%	8%	9%	8%	3%	7%	7%	6%	11%	8%
							d	d	d		d			dg	d
Ranked 3rd	116	51	65	36	33	47	7	8	11	15	15	14	20	14	12
	6%	5%	6%	6%	5%	6%	8%	3%	5%	7%	8%	6%	6%	4%	6%
							b				b				
Not ranked	1263	617	641	427	446	390	56	170	126	131	99	141	219	198	122
	62%	62%	62%	69%	67%	52%	58%	64%	63%	61%	56%	63%	68%	60%	58%
				c	c								aehi		
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	490	216	270	128	144	218	27	56	46	55	47	51	66	89	56
	24%	22%	26%	21%	21%	29%	27%	21%	23%	25%	26%	22%	20%	27%	26%
			a			ab									

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	218	12	30	49	22	25	81	90	128	201	2	10	3	-	1	16
	11%	6%	7%	10%	10%	12%	16%	8%	14%	12%	4%	6%	3%	-	6%	5%
							abcdg		abcg	cdg						
Ranked 2nd	156	13	27	34	18	18	46	74	82	134	5	4	7	1	1	17
	8%	7%	6%	7%	8%	8%	9%	7%	9%	8%	12%	2%	9%	11%	5%	5%
										c	c		c			
Ranked 3rd	116	10	21	30	9	16	29	62	54	99	4	9	1	-	3	17
	6%	6%	5%	6%	4%	8%	6%	6%	6%	6%	8%	6%	1%	-	18%	5%
Not ranked	1263	119	293	313	157	128	252	726	537	1009	32	132	59	6	11	240
	62%	65%	70%	62%	69%	60%	50%	66%	57%	59%	68%	80%	76%	89%	64%	76%
		f	cefh	fh	fh	f		fh	f			a	a			a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcdg						
NET: Ranked Top 3	490	35	78	113	50	58	156	227	264	435	11	23	10	1	5	50
	24%	19%	19%	23%	22%	27%	31%	21%	28%	25%	24%	14%	13%	11%	29%	16%
					bg		abcdg		abcdg	cdg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	218	156	25	33	58	8	3	62	16	3	6	15	6	28	71	12
	11%	12%	7%	10%	9%	10%	5%	9%	7%	5%	9%	11%	6%	15%	17%	8%
		bd												bcdehk	bcdehk	
Ranked 2nd	156	102	23	27	50	7	4	55	15	1	12	9	6	12	34	11
	8%	8%	7%	8%	7%	8%	6%	8%	6%	2%	17%	7%	6%	7%	8%	7%
											cdeghijk					
Ranked 3rd	116	76	16	19	34	6	2	32	11	5	2	11	7	15	26	8
	6%	6%	4%	6%	5%	7%	3%	5%	4%	8%	2%	8%	7%	8%	6%	5%
Not ranked	1263	744	247	222	469	57	50	455	175	40	35	80	64	103	202	107
	62%	58%	69%	69%	69%	67%	76%	66%	73%	65%	49%	62%	66%	56%	49%	71%
		a	a	a	a	fj	fgij	fij	cfgij	j		j	fj			fij
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	490	334	64	78	142	21	9	149	42	9	20	35	19	56	131	31
	24%	26%	18%	24%	21%	25%	14%	22%	18%	15%	28%	27%	19%	30%	31%	20%
		bd									b	bd		bcdehk	bcdehk	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	218	45	24	10	4	34	55	13	15	3	28	58	41	119	54	4	177
	11%	9%	7%	6%	11%	7%	9%	6%	7%	8%	6%	9%	12%	11%	11%	5%	10%
							e						d				
Ranked 2nd	156	44	22	15	4	37	51	12	17	3	28	53	33	86	32	5	123
	8%	9%	7%	8%	10%	7%	9%	5%	8%	6%	6%	9%	10%	8%	7%	6%	7%
Ranked 3rd	116	19	16	11	1	27	26	10	11	1	21	27	20	65	27	5	96
	6%	4%	5%	6%	2%	5%	4%	4%	5%	4%	5%	4%	6%	6%	5%	6%	6%
Not ranked	1263	332	236	118	26	354	367	183	143	31	326	397	195	683	323	62	1068
	62%	66%	70%	66%	64%	69%	63%	78%	65%	75%	71%	64%	58%	60%	66%	75%	63%
							acf				af				a	abe	
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
							b		bd					cd			d
NET: Ranked Top 3	490	108	62	36	9	98	131	36	42	7	78	139	94	270	112	14	396
	24%	21%	18%	20%	23%	19%	23%	15%	19%	18%	17%	22%	28%	24%	23%	17%	23%
							be					be	d				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	218	33	140	31	63	11	121	91	13	166	52	186	31
	11%	9%	11%	12%	16% d	17% d	9%	14% d	19% d	10%	12%	11%	10%
Ranked 2nd	156	23	95	26	46	6	80	69	8	124	32	126	26
	8%	6%	7%	10% d	12% d	9%	6%	11% d	12% d	8%	8%	7%	9%
Ranked 3rd	116	23	71	15	29	2	77	40	6	96	20	99	18
	6%	6%	6%	6%	7%	2%	6%	6%	8%	6%	5%	6%	6%
Not ranked	1263	270	778	168	233	41	828	400	38	1020	243	1070	183
	62%	71% b	60%	64%	59%	64%	62%	62%	54%	63%	58%	62%	62%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	490	79	307	72	137	19	278	199	27	386	104	410	74
	24%	21%	24%	27% d	35% ad	29%	21%	31% d	38% d	24%	25%	24%	25%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	218	66	22	38	28	21	24	2	18	109	43	50	65	80	22	60	63	67	27
	11%	19%	10%	12%	8%	10%	10%	2%	7%	10%	7%	11%	11%	11%	9%	10%	12%	10%	11%
		bcdefghij	g	gi	g	g	g			g									
Ranked 2nd	156	50	18	26	20	17	13	5	6	81	24	47	53	38	15	42	31	60	20
	8%	14%	8%	8%	6%	8%	6%	6%	2%	7%	4%	10%	9%	5%	6%	7%	6%	9%	9%
		bcdefghij	hj	hj	h	hj				hj		c	c					b	
Ranked 3rd	116	27	16	28	22	9	2	3	9	75	14	33	38	34	10	26	24	47	19
	6%	8%	7%	9%	6%	4%	1%	4%	3%	7%	2%	7%	6%	5%	4%	4%	5%	7%	8%
		fhj	fj	efhj	fj	f				fhj								ab	ab
Not ranked	1263	180	144	205	240	147	143	51	153	736	346	305	377	431	138	369	336	395	149
	62%	51%	66%	64%	69%	67%	59%	57%	59%	67%	59%	65%	63%	61%	56%	61%	64%	61%	64%
		a	a	a	afghj	aj			a	afhj	a	d	d						
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	490	143	56	92	70	48	39	10	33	265	82	130	157	153	47	128	117	174	66
	24%	41%	26%	29%	20%	22%	16%	11%	13%	24%	14%	28%	26%	22%	19%	21%	22%	27%	28%
		bcdefghij	fghj	dghj	hj	ghj				fghj		cd	cd					a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	218	62	89	63
	11%	8%	12%	12%
			a	a
Ranked 2nd	156	45	58	50
	8%	6%	8%	10%
				a
Ranked 3rd	116	28	38	51
	6%	4%	5%	10%
				ab
Not ranked	1263	489	438	320
	62%	66%	57%	63%
		b		
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	490	135	186	164
	24%	18%	24%	32%
			a	ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	65	32	32	28	25	12	1	9	5	8	9	9	11	9	4	
	3%	3%	3%	5%	4%	2%	1%	3%	2%	4%	5%	4%	4%	3%	2%	
				c	c											
Ranked 2nd	72	36	37	35	27	11	1	7	4	8	5	11	16	15	5	
	4%	4%	4%	6%	4%	1%	1%	3%	2%	4%	3%	5%	5%	4%	2%	
				c	c							a	a			
Ranked 3rd	72	38	32	31	22	19	6	13	3	9	8	7	14	9	5	
	4%	4%	3%	5%	3%	3%	6%	5%	1%	4%	4%	3%	4%	3%	2%	
				c			c	c								
Not ranked	1543	727	810	461	516	566	75	197	160	160	124	165	244	253	165	
	76%	73%	78%	75%	77%	75%	77%	74%	80%	74%	70%	73%	76%	76%	78%	
			a						e							
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8	
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%	
						b										
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24	
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%	
		b				ab					g					
NET: Ranked Top 3	210	106	101	94	74	42	8	29	12	25	22	27	41	33	13	
	10%	11%	10%	15%	11%	6%	8%	11%	6%	12%	12%	12%	13%	10%	6%	
				bc	c					c	ci	ci	ci			



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	65	6	17	20	8	4	10	42	22	48	3	9	3	1	1	17
	3%	3%	4%	4%	3%	2%	2%	4%	2%	3%	7%	5%	4%	11%	6%	5%
																a
Ranked 2nd	72	7	26	14	10	8	8	47	25	55	4	9	3	1	1	17
	4%	4%	6%	3%	4%	4%	2%	4%	3%	3%	8%	5%	4%	12%	6%	5%
			cfh		f	f		f								
Ranked 3rd	72	13	19	17	3	7	13	49	24	54	5	6	4	1	-	16
	4%	7%	5%	3%	1%	4%	3%	4%	3%	3%	12%	3%	5%	11%	-	5%
		dth	dh					dh			ac					
Not ranked	1543	129	310	375	186	166	377	814	729	1285	30	132	60	5	14	241
	76%	71%	74%	75%	81%	78%	75%	74%	78%	75%	65%	79%	77%	66%	80%	77%
					abcg				a			b				
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	210	25	62	52	21	20	31	138	72	158	12	23	10	2	2	50
	10%	14%	15%	10%	9%	9%	6%	13%	8%	9%	26%	14%	12%	34%	12%	16%
		fh	cdefh	f				fh			acd	a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	65	40	7	18	24	2	2	29	7	2	1	7	3	4	8	3
	3%	3%	2%	5%	4%	2%	2%	4%	3%	3%	1%	6%	4%	2%	2%	2%
				ab								j				
Ranked 2nd	72	36	14	18	31	7	2	34	8	1	2	3	8	1	6	9
	4%	3%	4%	6%	5%	8%	4%	5%	3%	1%	2%	2%	9%	1%	1%	6%
				a	a	gij	i	ij	i				degij			ij
Ranked 3rd	72	43	17	10	27	4	2	32	6	2	3	6	3	4	10	6
	4%	3%	5%	3%	4%	5%	2%	5%	3%	3%	4%	4%	3%	2%	2%	4%
Not ranked	1543	960	274	255	529	66	54	509	195	45	50	99	68	150	308	120
	76%	75%	77%	79%	78%	77%	81%	74%	81%	73%	70%	76%	70%	81%	74%	79%
								cfhj						ch		
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	210	119	37	45	82	12	6	95	22	4	5	16	15	9	25	18
	10%	9%	10%	14%	12%	14%	9%	14%	9%	7%	7%	12%	16%	5%	6%	12%
				a		ij		ij				ij	ij			ij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	65 3%	9 2%	20 6% af	4 2%	2 4%	24 5% af	14 2%	14 6% af	6 3%	3 7%	20 4%	17 3%	11 3%	29 3%	21 4%	4 4%	54 3%
Ranked 2nd	72 4%	23 5%	14 4%	7 4%	2 4%	21 4%	26 4%	14 6%	6 3%	1 2%	21 4%	27 4%	7 2%	29 3%	31 6% abe	6 7% ab	65 4%
Ranked 3rd	72 4%	16 3%	15 5%	9 5%	3 8%	24 5%	24 4%	12 5%	4 2%	4 10% ce	16 3%	28 4%	9 3%	38 3%	21 4%	4 5%	63 4%
Not ranked	1543 76%	392 78%	249 74%	133 74%	29 70%	382 74%	435 75%	179 76%	168 76%	30 75%	347 76%	465 75%	261 77%	857 76%	363 74%	62 76%	1282 75%
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	62 11% b	14 6%	28 13% bd	1 2%	42 9%	63 10%	33 10%	133 12% cd	41 8%	3 4%	177 10% d
NET: Ranked Top 3	210 10%	48 10%	48 14% a	21 12%	7 16%	69 13%	63 11%	40 17% acf	17 7%	8 19% c	56 12%	71 11%	28 8%	96 9%	73 15% abe	13 16% ab	182 11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	65 3%	15 4%	38 3%	13 5% b	8 2%	1 1%	43 3%	20 3%	2 2%	51 3%	14 3%	54 3%	10 4%
Ranked 2nd	72 4%	16 4%	47 4%	9 3%	12 3%	1 1%	49 4%	21 3%	1 1%	62 4%	11 3%	61 4%	10 3%
Ranked 3rd	72 4%	14 4%	48 4%	15 6%	11 3%	3 4%	48 4%	23 4%	5 7%	52 3%	20 5%	57 3%	14 5%
Not ranked	1543 76%	304 80% b	952 74%	203 77%	339 86% ad	56 86% d	966 72%	535 83% d	57 82%	1241 76%	302 72%	1308 76%	224 76%
None of the above	80 4%	11 3%	51 4%	7 3%	11 3%	2 3%	57 4%	17 3%	3 4%	57 3%	23 6%	65 4%	13 4%
I don't face any challenges to being active	210 10%	22 6%	152 12% a	15 6%	15 4%	3 4%	174 13% abcef	31 5%	3 4%	162 10%	48 12%	184 11%	24 8%
NET: Ranked Top 3	210 10%	45 12%	133 10%	37 14% b	31 8%	4 7%	140 10%	64 10%	7 10%	164 10%	45 11%	173 10%	34 11%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	65	9	3	9	10	10	7	5	11	33	23	17	23	16	8	18	12	26	8
	3%	3%	1%	3%	3%	4%	3%	6%	4%	3%	4%	4%	4%	2%	3%	3%	2%	4%	3%
								b											
Ranked 2nd	72	6	8	15	11	11	10	3	9	45	22	18	24	24	5	19	20	23	9
	4%	2%	4%	5%	3%	5%	4%	3%	4%	4%	4%	4%	4%	3%	2%	3%	4%	4%	4%
				a		a	a			a									
Ranked 3rd	72	14	11	9	18	6	4	3	7	44	13	20	24	21	7	30	19	18	5
	4%	4%	5%	3%	5%	3%	2%	3%	3%	4%	2%	4%	4%	3%	3%	5%	4%	3%	2%
			f		fj														
Not ranked	1543	294	178	265	270	167	160	50	159	880	369	379	462	523	166	429	402	503	194
	76%	83%	82%	83%	78%	76%	66%	56%	62%	80%	63%	81%	78%	74%	67%	71%	77%	77%	83%
		efghj	fghj	fghj	fghj	fghj				fghj		cd	d	d			a	a	a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	210	29	21	33	40	28	21	11	27	122	59	56	71	61	19	67	51	67	22
	10%	8%	10%	10%	11%	13%	9%	12%	10%	11%	10%	12%	12%	9%	8%	11%	10%	10%	9%
													c						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	65	24	26	16
	3%	3%	3%	3%
Ranked 2nd	72	34	17	21
	4%	5%	2%	4%
		b		
Ranked 3rd	72	35	20	17
	4%	5%	3%	3%
		b		
Not ranked	1543	531	561	431
	76%	72%	73%	84%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	210	93	62	54
	10%	13%	8%	10%
		b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	30	28	19	15	24	1	11	3	3	5	8	9	6	10
	3%	3%	3%	3%	2%	3%	1%	4%	2%	1%	3%	3%	3%	2%	5%
Ranked 2nd	52	24	28	18	15	19	4	9	4	4	4	6	10	5	7
	3%	2%	3%	3%	2%	3%	4%	3%	2%	2%	2%	3%	3%	1%	3%
Ranked 3rd	48	24	25	23	17	8	-	6	5	4	12	2	11	4	5
	2%	2%	2%	4%	3%	1%	-	2%	3%	2%	7%	1%	3%	1%	2%
				c	c						abdfhi		a		
Not ranked	1595	756	830	496	542	557	78	200	160	174	125	176	254	271	156
	78%	76%	80%	80%	81%	74%	80%	76%	80%	81%	70%	78%	79%	82%	74%
			a	c	c				e	e			e	ei	
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	158	77	81	59	47	52	5	26	12	11	21	16	30	15	21
	8%	8%	8%	10%	7%	7%	5%	10%	6%	5%	12%	7%	9%	5%	10%
								h			acdh		h		h

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	6	8	18	8	2	16	31	26	46	2	6	2	-	1	11
	3%	3%	2%	4%	4%	1%	3%	3%	3%	3%	3%	4%	2%	-	7%	3%
Ranked 2nd	52	9	13	8	8	6	8	31	22	42	-	7	3	-	-	9
	3%	5%	3%	2%	3%	3%	2%	3%	2%	2%	-	4%	3%	-	-	3%
		cf														
Ranked 3rd	48	3	13	8	9	7	8	24	24	36	3	5	3	1	-	12
	2%	2%	3%	2%	4%	3%	2%	2%	3%	2%	7%	3%	4%	11%	-	4%
				cf							a					
Not ranked	1595	136	338	393	182	171	375	866	728	1319	38	137	62	6	15	258
	78%	74%	81%	78%	79%	81%	75%	79%	77%	77%	81%	82%	80%	89%	86%	82%
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcd						
NET: Ranked Top 3	158	18	34	34	25	15	32	86	72	124	5	18	7	1	1	32
	8%	10%	8%	7%	11%	7%	6%	8%	8%	7%	11%	11%	9%	11%	7%	10%
				cf												



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	42	5	8	13	4	2	14	9	2	-	2	5	3	17	6
	3%	3%	1%	3%	2%	5%	3%	2%	4%	3%	-	1%	5%	1%	4%	4%
													cfgi			
Ranked 2nd	52	32	11	7	18	6	4	16	7	2	4	2	2	4	6	10
	3%	2%	3%	2%	3%	7%	6%	2%	3%	3%	6%	2%	2%	2%	1%	6%
						cgij	j				j					cgij
Ranked 3rd	48	25	10	10	20	-	3	17	9	1	4	4	3	3	6	3
	2%	2%	3%	3%	3%	-	4%	2%	4%	1%	5%	3%	3%	2%	1%	2%
							a				aj					
Not ranked	1595	980	285	275	560	68	51	558	192	45	47	107	73	149	305	119
	78%	77%	80%	85%	82%	80%	76%	81%	80%	73%	66%	83%	75%	80%	73%	78%
				a	a	f		fj	fj			fj		f		f
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	158	99	26	25	51	10	9	46	25	4	8	8	10	10	29	19
	8%	8%	7%	8%	8%	12%	13%	7%	10%	7%	11%	6%	11%	5%	7%	12%
							ci									cij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58 3%	15 3%	9 3%	1 *	1 2%	10 2%	16 3%	13 2%	8 3%	6 2%	- -	13 3%	13 2%	16 5% be	26 2%	14 3%	1 2%	42 2%
Ranked 2nd	52 3%	11 2%	12 4%	7 4%	1 2%	19 4%	11 2%	10 2%	9 4%	9 4% a	2 4%	18 4% af	11 2%	11 3%	29 3%	11 2%	1 2%	42 2%
Ranked 3rd	48 2%	15 3%	12 3%	3 2%	- -	15 3%	15 3%	9 2%	14 6% af	7 3%	1 2%	21 4% af	10 2%	8 2%	23 2%	16 3%	2 2%	40 2%
Not ranked	1595 78%	400 79%	264 79%	143 80%	34 83%	407 79%	434 79%	467 80% c	188 80%	164 74%	36 88%	352 77%	502 81% c	254 75%	875 77%	394 80%	71 87% ab	1340 79%
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11% b	14 6%	28 13% bd	1 2%	42 9%	63 10%	33 10%	133 12% cd	41 8%	3 4%	177 10% d
NET: Ranked Top 3	158 8%	41 8%	33 10%	11 6%	1 4%	44 9%	42 8%	32 5%	30 13% af	21 10% af	2 6%	52 11% af	34 6%	35 10% b	78 7%	41 8%	4 5%	124 7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	7	35	6	13	3	37	21	1	46	12	46	12
	3%	2%	3%	2%	3%	4%	3%	3%	2%	3%	3%	3%	4%
Ranked 2nd	52	10	30	8	8	2	36	15	2	42	10	47	6
	3%	3%	2%	3%	2%	3%	3%	2%	3%	3%	2%	3%	2%
Ranked 3rd	48	13	26	6	4	2	34	11	-	40	9	42	6
	2%	3%	2%	2%	1%	2%	3%	2%	-	2%	2%	2%	2%
Not ranked	1595	318	994	220	344	54	998	552	61	1278	317	1345	234
	78%	84%	77%	84%	87%	83%	75%	85%	87%	79%	76%	78%	80%
		b		d	d			d	d				
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	158	30	90	20	26	6	107	48	4	128	31	135	23
	8%	8%	7%	8%	6%	10%	8%	7%	5%	8%	7%	8%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	8	7	6	16	4	8	1	6	34	15	17	23	12	5	16	18	18	6
	3%	2%	3%	2%	5%	2%	3%	1%	2%	3%	3%	4%	4%	2%	2%	3%	3%	3%	2%
					c							c	c						
Ranked 2nd	52	6	6	10	9	6	8	4	5	30	16	11	16	12	14	14	14	21	4
	3%	2%	3%	3%	3%	3%	3%	4%	2%	3%	3%	2%	3%	2%	6%	2%	3%	3%	2%
															abc				
Ranked 3rd	48	6	4	8	9	7	6	2	6	28	14	9	15	12	12	14	13	16	5
	2%	2%	2%	2%	3%	3%	2%	3%	3%	3%	2%	2%	3%	2%	5%	2%	2%	3%	2%
															ac				
Not ranked	1595	303	182	274	276	177	160	54	169	909	383	398	479	547	154	453	409	515	200
	78%	86%	84%	85%	80%	81%	66%	60%	66%	82%	65%	85%	81%	77%	62%	75%	78%	79%	86%
		dfghj	fghj	fghj	fghj	fghj				fghj		bcd	d	d				a	abc
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	158	20	17	24	34	17	22	7	17	93	46	37	54	37	31	44	45	55	15
	8%	6%	8%	7%	10%	8%	9%	8%	7%	8%	8%	8%	9%	5%	12%	7%	8%	8%	6%
					a								c		c				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	58	17	16	25
	3%	2%	2%	5%
				ab
Ranked 2nd	52	19	22	11
	3%	3%	3%	2%
Ranked 3rd	48	24	12	12
	2%	3%	2%	2%
		b		
Not ranked	1595	564	574	437
	78%	77%	75%	85%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	158	60	50	47
	8%	8%	7%	9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	62	33	29	27	15	20	10	6	5	4	6	9	10	7	7
	3%	3%	3%	4%	2%	3%	10%	2%	2%	2%	3%	4%	3%	2%	3%
				b			bcdefghi								
Ranked 2nd	56	29	27	24	13	19	1	10	4	8	6	7	9	4	7
	3%	3%	3%	4%	2%	3%	1%	4%	2%	4%	3%	3%	3%	1%	3%
				b											
Ranked 3rd	56	27	30	19	18	19	2	9	4	5	8	7	9	8	5
	3%	3%	3%	3%	3%	3%	2%	3%	2%	2%	5%	3%	3%	2%	2%
Not ranked	1578	745	825	484	544	550	70	202	159	168	126	169	257	267	160
	77%	75%	80%	78%	81%	73%	72%	76%	80%	78%	71%	75%	80%	81%	76%
			a	c	c				e				e	e	
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	174	88	86	71	45	59	12	24	13	17	20	23	28	19	18
	9%	9%	8%	11%	7%	8%	13%	9%	7%	8%	11%	10%	9%	6%	9%
				bc			h				h				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	62	9	9	17	10	7	11	35	28	49	2	4	4	1	1	13
	3%	5%	2%	3%	5%	3%	2%	3%	3%	3%	5%	3%	5%	12%	8%	4%
Ranked 2nd	56	3	13	16	8	5	10	32	24	44	1	7	-	1	3	12
	3%	2%	3%	3%	4%	3%	2%	3%	3%	3%	2%	4%	-	11%	17%	4%
Ranked 3rd	56	4	20	10	11	2	10	34	22	46	-	4	3	1	1	9
	3%	2%	5%	2%	5%	1%	2%	3%	2%	3%	-	2%	4%	11%	8%	3%
			cefh		cefh			e								
Not ranked	1578	138	330	384	177	173	377	852	727	1304	39	140	62	5	11	257
	77%	75%	79%	76%	77%	81%	76%	77%	77%	76%	85%	84%	80%	66%	59%	81%
											a	a				a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcd						
NET: Ranked Top 3	174	16	41	43	29	14	31	101	74	139	3	15	7	2	6	34
	9%	9%	10%	9%	13%	6%	6%	9%	8%	8%	7%	9%	9%	34%	34%	11%
			f		efh											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	62	36	12	13	25	5	3	25	7	2	-	3	3	1	12	8
	3%	3%	3%	4%	4%	6%	5%	4%	3%	4%	-	2%	3%	1%	3%	5%
						fi	i	i								fi
Ranked 2nd	56	29	8	15	24	2	3	22	8	-	1	3	4	1	12	5
	3%	2%	2%	5%	3%	2%	4%	3%	3%	-	2%	3%	4%	*	3%	3%
				a			i	i	i				i		i	i
Ranked 3rd	56	37	5	13	18	3	1	22	10	3	3	2	2	2	9	3
	3%	3%	1%	4%	3%	3%	1%	3%	4%	5%	4%	1%	2%	1%	2%	2%
				b												
Not ranked	1578	977	286	259	545	69	52	534	192	44	51	107	74	155	300	122
	77%	76%	80%	80%	80%	81%	79%	77%	80%	72%	72%	82%	76%	84%	72%	80%
									j			j		efj		j
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	174	101	25	41	66	9	7	69	25	5	4	8	9	4	33	16
	9%	8%	7%	13%	10%	11%	11%	10%	10%	9%	5%	6%	9%	2%	8%	11%
				ab		i	i	i	i	i		i	i		i	i



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	62	14	14	8	2	21	17	11	8	-	20	17	12	29	19	2	50
	3%	3%	4%	4%	5%	4%	3%	5%	4%	-	4%	3%	4%	3%	4%	2%	3%
Ranked 2nd	56	13	16	2	-	19	14	11	6	-	18	14	8	34	13	1	48
	3%	3%	5%	1%	-	4%	2%	5%	3%	-	4%	2%	2%	3%	3%	1%	3%
			cf					f									
Ranked 3rd	56	18	10	7	2	17	19	9	7	1	16	20	10	29	15	3	47
	3%	3%	3%	4%	4%	3%	3%	4%	3%	2%	4%	3%	3%	3%	3%	4%	3%
Not ranked	1578	396	258	137	32	395	448	187	163	37	350	485	259	861	389	70	1319
	77%	78%	77%	77%	77%	78%	77%	79%	74%	92%	77%	78%	77%	76%	79%	85%	77%
										acef							
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
							b		bd					cd			d
NET: Ranked Top 3	174	44	40	17	4	57	51	32	22	1	54	51	30	92	47	6	145
	9%	9%	12%	10%	9%	11%	9%	13%	10%	2%	12%	8%	9%	8%	10%	7%	8%
								adf			d						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	62	19	30	8	18	1	34	27	-	52	10	51	10
	3%	5%	2%	3%	5%	2%	3%	4%	-	3%	2%	3%	3%
		b			d								
Ranked 2nd	56	18	29	5	13	1	37	18	2	43	13	47	9
	3%	5%	2%	2%	3%	2%	3%	3%	2%	3%	3%	3%	3%
		b											
Ranked 3rd	56	8	38	2	10	2	42	13	1	44	12	48	8
	3%	2%	3%	1%	2%	3%	3%	2%	1%	3%	3%	3%	3%
						a							
Not ranked	1578	303	987	224	329	56	993	542	62	1266	313	1334	231
	77%	80%	77%	85%	83%	86%	74%	84%	88%	78%	75%	77%	78%
				d	d	d		d	d				
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	174	46	97	16	41	4	112	58	3	140	35	146	27
	9%	12%	8%	6%	10%	7%	8%	9%	4%	9%	8%	8%	9%
		b			a								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	62	5	4	14	15	8	4	3	10	41	17	11	19	28	5	13	15	27	8
	3%	1%	2%	4%	4%	4%	1%	3%	4%	4%	3%	2%	3%	4%	2%	2%	3%	4%	3%
				a	af				a	a								a	
Ranked 2nd	56	3	4	13	10	10	10	3	3	36	16	9	17	21	9	15	18	17	5
	3%	1%	2%	4%	3%	4%	4%	4%	1%	3%	3%	2%	3%	3%	4%	3%	3%	3%	2%
				ah		ah	ah			a									
Ranked 3rd	56	3	3	7	15	10	10	5	2	36	17	13	25	15	3	18	12	19	7
	3%	1%	1%	2%	4%	5%	4%	6%	1%	3%	3%	3%	4%	2%	1%	3%	2%	3%	3%
				ah	abh	ah	abh			ah	a		cd						
Not ranked	1578	312	188	264	270	166	158	50	170	889	378	402	473	520	169	451	408	506	195
	77%	88%	87%	82%	78%	76%	66%	55%	66%	81%	64%	86%	80%	73%	68%	74%	78%	78%	83%
		cdefghij	defghij	fghj	fghj	fghj				fghj		bcd	cd						a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c	abcdi	bci	abcdi		abcdi				a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	174	11	11	34	40	28	24	11	16	113	50	33	60	64	16	46	45	63	20
	9%	3%	5%	11%	12%	13%	10%	13%	6%	10%	9%	7%	10%	9%	7%	8%	9%	10%	9%
				ab	abh	abh	a	abh		abh	a								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.9. I can't exercise with the people I normally would: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	62	22	22	17
	3%	3%	3%	3%
Ranked 2nd	56	21	14	20
	3%	3%	2%	4%
				b
Ranked 3rd	56	30	17	9
	3%	4%	2%	2%
		bc		
Not ranked	1578	551	571	439
	77%	75%	75%	86%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	174	73	53	46
	9%	10%	7%	9%
		b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	24	16	8	14	9	1	-	3	1	2	3	2	6	1	6
	1%	2%	1%	2%	1%	*	-	1%	*	1%	2%	1%	2%	*	3%
				c	c										h
Ranked 2nd	17	7	9	10	4	2	2	2	2	1	1	-	6	-	1
	1%	1%	1%	2%	1%	*	2%	1%	1%	1%	1%	-	2%	-	1%
				c			fh						fh		
Ranked 3rd	17	9	9	6	7	3	1	2	1	2	1	2	4	3	1
	1%	1%	1%	1%	1%	*	1%	1%	1%	1%	*	1%	1%	1%	*
Not ranked	1696	801	885	525	569	602	80	219	168	180	141	188	269	282	170
	83%	80%	85%	85%	85%	80%	82%	82%	84%	83%	80%	83%	84%	85%	81%
			a	c	c										
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	57	32	25	30	20	7	3	8	4	5	5	4	16	4	8
	3%	3%	2%	5%	3%	1%	3%	3%	2%	2%	3%	2%	5%	1%	4%
				c	c								h		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	24	10	5	5	3	1	1	19	4	16	2	3	2	-	1	8
	1%	5%	1%	1%	1%	*	*	2%	*	1%	4%	2%	3%	-	4%	2%
		bcd efgh						fh			a					a
Ranked 2nd	17	2	5	4	2	3	1	11	6	10	1	3	3	-	-	6
	1%	1%	1%	1%	1%	2%	*	1%	1%	1%	2%	2%	4%	-	-	2%
						f							a			a
Ranked 3rd	17	1	3	6	3	3	1	11	6	13	1	3	-	-	-	4
	1%	*	1%	1%	1%	1%	*	1%	1%	1%	2%	2%	-	-	-	1%
				f		f										
Not ranked	1696	142	358	411	200	179	405	911	784	1404	39	147	64	7	16	273
	83%	78%	86%	82%	87%	85%	81%	83%	83%	82%	84%	88%	83%	100%	89%	87%
			a		af							a				
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	57	12	13	15	7	7	2	41	16	40	4	8	5	-	1	18
	3%	7%	3%	3%	3%	3%	*	4%	2%	2%	8%	5%	7%	-	4%	6%
		c fh	f	f	f	f		fh			a	a	a			a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	24	10	7	4	11	4	2	12	3	-	-	1	1	-	-	6
	1%	1%	2%	1%	2%	4%	3%	2%	1%	-	-	1%	1%	-	-	4%
						ij	ij	j	j							ij
Ranked 2nd	17	8	4	3	7	-	2	9	-	-	-	1	1	2	1	2
	1%	1%	1%	1%	1%	-	3%	1%	-	-	-	1%	1%	1%	*	1%
							dj									
Ranked 3rd	17	9	5	2	7	-	-	9	-	1	1	2	2	1	1	-
	1%	1%	1%	1%	1%	-	-	1%	-	1%	1%	2%	2%	*	*	-
												d	djk			
Not ranked	1696	1052	295	291	586	75	55	574	213	48	54	110	79	156	330	130
	83%	82%	83%	90%	86%	87%	83%	83%	89%	79%	76%	85%	81%	84%	79%	86%
				ab	a			cefhj								
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	57	27	16	10	25	4	4	30	3	1	1	5	4	3	3	8
	3%	2%	4%	3%	4%	4%	7%	4%	1%	1%	1%	4%	4%	1%	1%	5%
			a	a		j	dij	dij				j	j			dij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	24	6	8	2	-	10	8	6	3	-	9	8	4	13	4	3	20
	1%	1%	2%	1%	-	2%	1%	3%	1%	-	2%	1%	1%	1%	1%	3%	1%
Ranked 2nd	17	6	4	1	-	5	7	3	1	1	4	8	1	10	4	2	16
	1%	1%	1%	*	-	1%	1%	1%	*	2%	1%	1%	*	1%	1%	2%	1%
Ranked 3rd	17	7	2	-	2	2	6	4	1	-	5	6	1	9	5	2	16
	1%	1%	1%	-	4%	*	1%	2%	*	-	1%	1%	*	1%	1%	2%	1%
				ce													
Not ranked	1696	422	284	151	34	435	478	205	180	37	385	515	283	921	423	70	1413
	83%	83%	84%	84%	83%	84%	82%	87%	81%	92%	84%	83%	84%	82%	86%	85%	83%
															b		
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
							b		bd					cd			d
NET: Ranked Top 3	57	19	14	3	2	17	20	13	5	1	18	21	6	32	13	6	51
	3%	4%	4%	2%	4%	3%	4%	5%	2%	2%	4%	3%	2%	3%	3%	7%	3%
																abce	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043 100%	381 100%	1288 100%	263 100%	396 100%	65 100%	1336 100%	647 100%	70 100%	1624 100%	419 100%	1730 100%	294 100%
Ranked 1st	24 1%	8 2%	12 1%	5 2%	5 1%	3 4% d	12 1%	12 2%	1 1%	18 1%	6 1%	21 1%	3 1%
Ranked 2nd	17 1%	7 2%	9 1%	2 1%	2 *	2 3% abde	12 1%	5 1%	- -	14 1%	2 1%	14 1%	3 1%
Ranked 3rd	17 1%	3 1%	10 1%	1 *	2 *	2 3% a	12 1%	4 1%	- -	14 1%	3 1%	14 1%	2 1%
Not ranked	1696 83%	331 87% b	1054 82%	233 89% d	361 91% cd	53 82%	1071 80%	578 89% d	64 91% d	1359 84%	336 80%	1433 83%	249 85%
None of the above	80 4%	11 3%	51 4%	7 3%	11 3%	2 3%	57 4%	17 3%	3 4%	57 3%	23 6%	65 4%	13 4%
I don't face any challenges to being active	210 10%	22 6%	152 12% a	15 6%	15 4%	3 4%	174 13% abcef	31 5%	3 4%	162 10%	48 12%	184 11%	24 8%
NET: Ranked Top 3	57 3%	18 5% b	31 2%	7 3%	9 2%	7 10% abdef	35 3%	21 3%	1 1%	46 3%	11 3%	48 3%	8 3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Significance Level: 95%																			
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	24	1	2	2	6	4	2	2	4	15	8	5	7	8	3	8	11	4	-
	1%	*	1%	1%	2%	2%	1%	2%	2%	1%	1%	1%	1%	1%	1%	1%	2%	1%	-
					a	a		a									cd		
Ranked 2nd	17	1	3	4	2	3	2	2	-	11	4	3	4	6	2	6	4	6	1
	1%	*	1%	1%	1%	1%	1%	2%	-	1%	1%	1%	1%	1%	1%	1%	1%	1%	*
								h											
Ranked 3rd	17	2	-	5	2	3	4	-	2	10	5	5	2	8	2	3	4	8	3
	1%	1%	-	2%	1%	1%	1%	-	1%	1%	1%	1%	*	1%	1%	*	1%	1%	1%
Not ranked	1696	319	194	286	300	185	175	57	180	965	412	422	520	561	177	480	434	552	212
	83%	90%	89%	89%	87%	85%	72%	64%	70%	88%	70%	90%	88%	79%	72%	79%	83%	85%	90%
		efghj	fghj	fghj	fghj	fghj				fghj		cd	cd	d			a	abc	
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	57	4	5	11	10	9	7	4	6	36	17	13	13	23	8	16	19	18	4
	3%	1%	2%	3%	3%	4%	3%	5%	2%	3%	3%	3%	2%	3%	3%	3%	4%	3%	2%
						a		a		a									

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	24	10	9	5
	1%	1%	1%	1%
Ranked 2nd	17	5	11	1
	1%	1%	1%	*
			c	
Ranked 3rd	17	9	5	3
	1%	1%	1%	1%
Not ranked	1696	601	598	476
	83%	82%	78%	93%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	57	23	25	9
	3%	3%	3%	2%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	56	20	35	30	20	6	1	9	1	11	2	9	9	9	5
	3%	2%	3%	5%	3%	1%	1%	3%	1%	5%	1%	4%	3%	3%	3%
				c	c					ce		c			
Ranked 2nd	40	18	22	16	17	7	1	5	3	4	2	8	7	7	3
	2%	2%	2%	3%	2%	1%	1%	2%	1%	2%	1%	4%	2%	2%	1%
				c	c										
Ranked 3rd	48	22	25	25	15	7	2	8	4	3	3	8	11	3	5
	2%	2%	2%	4%	2%	1%	2%	3%	2%	1%	2%	4%	3%	1%	2%
				c				h				h	h		
Not ranked	1610	772	828	483	538	589	79	204	163	167	139	167	258	268	165
	79%	78%	80%	78%	80%	78%	81%	77%	82%	78%	78%	74%	80%	81%	78%
									f						
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	143	61	83	72	52	20	4	22	9	18	7	26	27	18	13
	7%	6%	8%	12%	8%	3%	4%	8%	4%	8%	4%	11%	8%	5%	6%
				bc	c							aceh			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	56	2	15	11	8	12	8	27	29	43	3	4	4	1	-	13
	3%	1%	4%	2%	4%	6%	2%	2%	3%	3%	7%	3%	6%	11%	-	4%
						acfg										
Ranked 2nd	40	2	3	13	7	5	9	18	22	30	-	6	3	-	1	10
	2%	1%	1%	3%	3%	3%	2%	2%	2%	2%	-	4%	4%	-	5%	3%
				b	b											
Ranked 3rd	48	5	13	13	3	7	6	32	16	37	2	4	3	-	-	10
	2%	3%	3%	3%	1%	3%	1%	3%	2%	2%	5%	3%	4%	-	-	3%
			f													
Not ranked	1610	146	340	390	189	162	384	876	734	1333	37	140	59	6	16	258
	79%	80%	81%	78%	82%	76%	77%	79%	78%	78%	80%	85%	76%	89%	88%	82%
												a				
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	143	8	31	37	18	24	24	77	66	110	5	14	11	1	1	32
	7%	5%	8%	7%	8%	11%	5%	7%	7%	6%	12%	9%	14%	11%	5%	10%
						afgh						a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	
	a	b	c	d		a	b	c	d	e	f	g	h	i	j	k
Significance Level: 95%																
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	56	22	15	17	32	3	3	15	12	1	1	6	7	6	3	6
	3%	2%	4%	5%	5%	4%	4%	2%	5%	1%	1%	5%	7%	3%	1%	4%
			a	a	a	j	j		cj			j	cj	j		j
Ranked 2nd	40	23	5	9	15	3	1	15	5	-	2	3	3	3	5	4
	2%	2%	1%	3%	2%	4%	1%	2%	2%	-	3%	3%	3%	2%	1%	3%
Ranked 3rd	48	27	10	9	19	3	2	22	6	2	1	3	2	7	1	4
	2%	2%	3%	3%	3%	3%	2%	3%	2%	3%	2%	2%	2%	4%	*	3%
						j		j	j	j		j		j		j
Not ranked	1610	1007	281	264	546	69	55	552	194	47	51	103	72	143	324	124
	79%	79%	79%	82%	80%	81%	82%	80%	81%	76%	72%	79%	74%	77%	78%	81%
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	143	72	30	36	66	9	5	52	23	3	4	12	11	16	9	14
	7%	6%	8%	11%	10%	11%	8%	7%	10%	4%	6%	10%	11%	9%	2%	9%
				a	a	j	j	j	j			j	j	j		j

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	56 3%	16 3%	8 2%	6 4%	1 2%	14 3%	17 3%	16 3%	11 5%	4 2%	- -	15 3%	16 3%	9 3%	21 2%	18 4%	7 9%	47 3%
																b abce		
Ranked 2nd	40 2%	16 3%	5 1%	- -	1 2%	5 1%	16 3%	14 2%	3 1%	3 1%	3 7%	6 1%	17 3%	5 2%	19 2%	12 3%	3 3%	34 2%
Ranked 3rd	48 2%	12 2%	12 3%	6 3%	- -	18 3%	12 2%	12 2%	11 5%	6 3%	1 2%	17 4%	13 2%	5 1%	29 3%	11 2%	3 4%	43 3%
Not ranked	1610 79%	397 78%	273 81%	142 79%	34 83%	415 80%	431 79%	457 79%	193 82%	172 78%	34 85%	365 80%	491 79%	270 80%	883 78%	394 80%	63 76%	1340 79%
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11%	14 6%	28 13%	1 2%	42 9%	63 10%	33 10%	133 12%	41 8%	3 4%	177 10%
NET: Ranked Top 3	143 7%	44 9%	24 7%	13 7%	2 4%	37 7%	45 8%	41 7%	25 11%	13 6%	4 9%	38 8%	45 7%	19 6%	70 6%	42 8%	13 15%	124 7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	56	8	37	13	3	1	38	17	1	41	14	44	12
	3%	2%	3%	5% b	1%	2%	3% b	3%	1%	3%	3%	3%	4%
Ranked 2nd	40	5	28	5	6	3	28	10	3	31	9	27	12
	2%	1%	2%	2%	2%	4%	2%	2%	5%	2%	2%	2%	4% a
Ranked 3rd	48	9	33	9	5	2	30	15	1	40	7	41	5
	2%	2%	3%	3%	1%	3%	2%	2%	1%	2%	2%	2%	2%
Not ranked	1610	327	987	214	355	54	1010	558	60	1293	317	1368	229
	79%	86% b	77%	81% d	90% ad	83%	76%	86% d	85%	80%	76%	79%	78%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	143	22	98	26	15	6	96	41	5	113	30	113	29
	7%	6%	8%	10% b	4%	9%	7% b	6%	7%	7%	7%	7%	10% a



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	56	9	4	10	12	8	5	2	7	34	13	14	16	18	7	20	11	18	6
	3%	3%	2%	3%	3%	4%	2%	2%	3%	3%	2%	3%	3%	3%	3%	3%	2%	3%	3%
Ranked 2nd	40	5	6	11	6	6	3	-	4	29	7	9	12	15	3	14	8	12	6
	2%	1%	3%	3%	2%	3%	1%	-	1%	3%	1%	2%	2%	2%	1%	2%	1%	2%	3%
				j						j									
Ranked 3rd	48	6	5	8	10	6	6	2	5	29	13	18	10	12	8	15	16	14	3
	2%	2%	2%	3%	3%	3%	2%	2%	2%	3%	2%	4%	2%	2%	3%	2%	3%	2%	1%
												bc							
Not ranked	1610	304	184	268	283	174	168	57	171	909	396	393	495	539	167	448	419	526	200
	79%	86%	85%	84%	82%	80%	70%	64%	66%	83%	67%	84%	83%	76%	68%	74%	80%	81%	85%
		efghj	fghj	fghj	fghj	fghj				fghj		cd	cd	d			a	a	a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdei	bci	abcdei		abcdei			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	143	19	15	29	28	20	13	4	15	92	32	42	39	45	18	49	34	44	16
	7%	5%	7%	9%	8%	9%	5%	4%	6%	8%	6%	9%	7%	6%	7%	8%	7%	7%	7%
				j						j									

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	56	28	13	13
	3%	4%	2%	2%
		b		
Ranked 2nd	40	15	15	10
	2%	2%	2%	2%
Ranked 3rd	48	20	16	11
	2%	3%	2%	2%
Not ranked	1610	562	580	451
	79%	76%	76%	88%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	143	62	44	34
	7%	8%	6%	7%
		b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	166	83	82	45	67	54	9	27	19	20	16	13	25	19	19
	8%	8%	8%	7%	10%	7%	9%	10%	10%	9%	9%	6%	8%	6%	9%
Ranked 2nd	131	58	73	40	47	44	5	11	12	27	11	14	26	14	11
	6%	6%	7%	6%	7%	6%	5%	4%	6%	12%	6%	6%	8%	4%	5%
										abcefh			bh		
Ranked 3rd	92	49	41	27	21	43	6	20	9	11	8	5	13	12	9
	4%	5%	4%	4%	3%	6%	6%	7%	5%	5%	4%	2%	4%	3%	4%
						b		fh							
Not ranked	1365	643	716	442	455	468	63	170	132	128	110	161	220	242	139
	67%	65%	69%	72%	68%	62%	64%	64%	66%	59%	62%	71%	69%	73%	66%
			a	c	c							d	d	bde	
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	388	190	195	113	135	141	20	57	40	57	35	31	65	44	39
	19%	19%	19%	18%	20%	19%	21%	21%	20%	26%	20%	14%	20%	13%	18%
								fh	h	fhi			h		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	166 8%	15 8%	42 10% c	28 6%	22 10% c	18 8%	40 8%	86 8%	80 8%	128 7%	2 3%	22 14% ab	8 10%	2 23%	3 15%	36 11% a
Ranked 2nd	131 6%	8 4%	22 5%	42 8%	10 5%	18 9%	31 6%	72 6%	59 6%	95 6%	6 12% a	21 13% a	6 8%	1 11%	1 4%	34 11% a
Ranked 3rd	92 4%	10 5%	21 5%	15 3%	12 5%	9 4%	25 5%	46 4%	46 5%	68 4%	5 10% a	11 6%	5 6%	- -	1 8%	21 7% a
Not ranked	1365 67%	121 66%	286 68%	342 68%	162 71% f	141 67%	313 63%	749 68% f	616 66%	1152 68%	31 66%	101 61%	51 66%	5 66%	12 65%	199 63%
None of the above	80 4%	3 2%	14 3%	26 5% e	5 2%	3 2%	29 6% ade	43 4%	37 4%	70 4%	3 6%	4 2%	3 3%	- -	- -	9 3%
I don't face any challenges to being active	210 10%	25 14% bd	33 8%	50 10%	17 7%	23 11%	63 13% bd	108 10%	103 11%	193 11% bcg	1 2%	8 5%	5 7%	- -	1 7%	15 5%
NET: Ranked Top 3	388 19%	33 18%	86 20%	85 17%	44 19%	45 21%	95 19%	203 18%	185 20%	291 17%	12 25%	54 33% a	18 23%	2 34%	5 27%	91 29% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	166	102	28	28	56	9	6	57	27	4	3	13	4	14	28	15
	8%	8%	8%	9%	8%	11%	9%	8%	11%	7%	4%	10%	4%	7%	7%	10%
									h							
Ranked 2nd	131	83	27	13	40	8	7	37	17	5	1	11	8	12	24	15
	6%	6%	7%	4%	6%	10%	10%	5%	7%	9%	1%	8%	8%	7%	6%	10%
						f	f					f	f			cf
Ranked 3rd	92	62	18	9	28	6	3	30	7	3	1	11	5	9	15	9
	4%	5%	5%	3%	4%	8%	5%	4%	3%	6%	1%	8%	5%	5%	4%	6%
												dj				
Not ranked	1365	832	238	250	487	54	44	479	166	36	50	80	65	124	266	98
	67%	65%	67%	77%	72%	63%	66%	69%	69%	59%	70%	62%	67%	67%	64%	65%
				ab	a											
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	388	247	73	51	124	24	16	125	51	13	5	35	18	35	67	40
	19%	19%	21%	16%	18%	28%	24%	18%	21%	22%	7%	27%	18%	19%	16%	26%
						cfj	f	f	f	f		cfj	f	f	f	cfj

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	166 8%	44 9%	33 10%	16 9%	2 6%	48 9%	46 8%	47 8%	26 11%	19 9%	3 8%	45 10%	50 8%	29 9%	87 8%	38 8%	12 14%	137 8%
							bce											
Ranked 2nd	131 6%	22 4%	29 9%	6 3%	3 8%	34 7%	25 5%	34 6%	13 5%	10 4%	4 11%	23 5%	38 6%	20 6%	74 7%	32 7%	5 6%	111 7%
			acf															
Ranked 3rd	92 4%	24 5%	7 2%	6 3%	5 11%	13 2%	29 5%	25 4%	7 3%	9 4%	2 5%	16 3%	26 4%	16 5%	57 5%	18 4%	1 1%	76 4%
		be			bce	be												
Not ranked	1365 67%	351 69%	229 68%	127 71%	26 62%	356 69%	377 69%	393 68%	173 74%	147 66%	28 70%	320 70%	421 68%	225 66%	735 65%	348 70%	58 70%	1140 67%
															b			
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11%	14 6%	28 13%	1 2%	42 9%	63 10%	33 10%	133 12%	41 8%	3 4%	177 10%
								b		bd					cd		d	
NET: Ranked Top 3	388 19%	89 18%	68 20%	27 15%	10 25%	95 18%	100 18%	106 18%	45 19%	38 17%	9 23%	84 18%	115 19%	64 19%	218 19%	88 18%	18 22%	324 19%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	166	39	94	23	23	3	116	45	3	131	34	141	22
	8%	10%	7%	9%	6%	4%	9%	7%	4%	8%	8%	8%	7%
Ranked 2nd	131	26	83	12	23	7	86	40	1	104	27	103	26
	6%	7%	6%	4%	6%	10% f	6%	6%	1%	6%	6%	6%	9%
Ranked 3rd	92	22	50	14	23	2	54	33	5	76	15	74	16
	4%	6%	4%	5%	6%	3%	4%	5%	8%	5%	4%	4%	5%
Not ranked	1365	262	857	191	301	49	849	481	55	1093	272	1162	194
	67%	69%	67%	73% d	76% d	76% d	64%	74% d	79% d	67%	65%	67%	66%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	388	87	228	49	69	11	256	118	9	312	76	318	64
	19%	23% b	18%	18%	17%	17%	19%	18%	13%	19%	18%	18%	22%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	166	16	19	32	36	16	23	9	15	103	46	33	53	60	18	13	42	70	38
	8%	5%	9%	10%	11%	7%	9%	10%	6%	9%	8%	7%	9%	8%	7%	2%	8%	11%	16%
			a	a	ah		a	a		a	a						a	a	abc
Ranked 2nd	131	14	13	20	27	19	18	5	14	79	37	31	36	49	12	16	29	53	31
	6%	4%	6%	6%	8%	9%	7%	6%	5%	7%	6%	7%	6%	7%	5%	3%	5%	8%	13%
					a	a				a							a	a	abc
Ranked 3rd	92	15	7	19	13	10	7	4	16	49	27	28	24	28	10	15	14	41	21
	4%	4%	3%	6%	4%	5%	3%	5%	6%	4%	5%	6%	4%	4%	4%	3%	3%	6%	9%
																		ab	ab
Not ranked	1365	277	160	227	234	149	134	43	141	770	318	343	420	447	146	453	368	406	125
	67%	79%	74%	71%	68%	68%	55%	48%	55%	70%	54%	73%	71%	63%	59%	75%	70%	63%	53%
		cdefghij	fghj	fghj	fghj	fghj				fghj		cd	cd			cd	cd	d	
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	388	46	39	71	76	46	48	19	45	231	111	92	113	137	39	44	85	163	90
	19%	13%	18%	22%	22%	21%	20%	21%	17%	21%	19%	20%	19%	19%	16%	7%	16%	25%	39%
				a	a	a	a			a	a						a	ab	abc



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	166	57	63	43
	8%	8%	8%	8%
Ranked 2nd	131	62	34	34
	6%	8%	4%	7%
		b		
Ranked 3rd	92	32	22	36
	4%	4%	3%	7%
				ab
Not ranked	1365	474	504	372
	67%	64%	66%	73%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	388	151	119	112
	19%	20%	16%	22%
		b		b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	299	118	179	90	119	90	15	47	30	20	27	40	44	49	26
	15%	12%	17%	15%	18%	12%	16%	18%	15%	9%	15%	18%	14%	15%	13%
			a		c			d				d			
Ranked 2nd	248	96	150	76	85	87	14	25	27	25	15	17	42	49	35
	12%	10%	14%	12%	13%	12%	15%	9%	14%	11%	9%	8%	13%	15%	17%
			a				f		f				f	ef	bef
Ranked 3rd	174	70	103	54	59	61	4	18	13	20	12	22	28	40	18
	9%	7%	10%	9%	9%	8%	4%	7%	7%	9%	7%	10%	9%	12%	8%
			a											abc	
Not ranked	1031	550	479	335	327	370	50	136	102	120	91	113	171	149	99
	50%	55%	46%	54%	49%	49%	51%	51%	51%	56%	52%	50%	53%	45%	47%
		b		b						h			h		
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
					b										
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	722	284	432	220	263	239	33	90	70	65	54	79	114	137	79
	35%	28%	42%	36%	39%	32%	34%	34%	35%	30%	31%	35%	35%	41%	37%
			a		c									de	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	299	20	72	90	35	33	50	181	118	251	4	24	12	-	3	43
	15%	11%	17% fh	18% afh	15% f	16% f	10%	16% fh	13%	15%	9%	14%	15%	-	19%	14%
Ranked 2nd	248	23	47	59	31	28	60	130	119	222	1	14	9	1	1	25
	12%	13%	11%	12%	13%	13%	12%	12%	13%	13% bg	3%	8%	11%	11%	4%	8%
Ranked 3rd	174	10	36	50	15	20	43	96	78	152	3	11	4	1	2	21
	9%	5%	9%	10%	7%	9%	9%	9%	8%	9%	7%	7%	5%	11%	11%	7%
Not ranked	1031	102	216	228	126	105	255	546	486	818	34	106	45	5	11	202
	50%	56% c	52%	45%	55% c	50%	51%	49%	52% c	48%	74% a	64% a	59%	78%	59%	64% a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5% e	2%	2%	6% ade	4%	4%	4%	6%	2%	3%	-	-	3%
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14% bd	8%	10%	7%	11%	13% bd	10%	11%	11% bcg	2%	5%	7%	-	7%	5%
NET: Ranked Top 3	722	52	155	199	81	81	153	407	315	625	8	49	24	1	6	89
	35%	29%	37% f	40% afh	35%	38% af	31%	37% af	33%	37% bg	18%	29%	31%	22%	34%	28%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status										
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Significance Level: 95%															
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	299	183	57	52	109	14	10	106	41	9	10	19	22	31	24
	15%	14%	16%	16%	16%	16%	15%	15%	17%	15%	15%	15%	23%	17%	16%
							j	j					cj	j	j
Ranked 2nd	248	159	40	47	86	9	7	80	26	7	11	20	11	40	16
	12%	12%	11%	14%	13%	11%	10%	12%	11%	12%	15%	16%	11%	21%	10%
												j		abcdhjk	
Ranked 3rd	174	122	21	29	51	11	5	56	19	1	8	16	6	14	16
	9%	10%	6%	9%	7%	13%	7%	8%	8%	1%	11%	12%	6%	8%	11%
		b				e					e	e		e	e
Not ranked	1031	615	193	172	365	44	38	363	131	32	26	60	44	74	83
	50%	48%	54%	53%	54%	52%	58%	53%	55%	51%	36%	46%	46%	40%	55%
				a		f	fi	fi	fi					fi	fi
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	1%
										k	abcdk		k	acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	8%
		cd	c											dg	
NET: Ranked Top 3	722	463	118	129	246	34	21	241	86	18	29	56	39	84	55
	35%	36%	33%	40%	36%	40%	32%	35%	36%	29%	41%	43%	40%	46%	36%
						j		j	j		j	j	j	bcdej	j

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	299	84	52	26	7	78	88	40	31	13	70	100	49	159	75	16	250
	15%	17%	15%	15%	17%	15%	15%	17%	14%	31% abcef	15%	16%	15%	14%	15%	20%	15%
Ranked 2nd	248	63	39	17	7	56	69	28	25	5	52	74	55	122	57	14	193
	12%	12%	12%	9%	16%	11%	12%	12%	11%	12%	11%	12%	16% bce	11%	12%	17%	11%
Ranked 3rd	174	40	29	12	3	41	44	20	16	4	35	48	20	108	42	4	154
	9%	8%	9%	7%	7%	8%	8%	8%	7%	11%	8%	8%	6% a	10%	8%	5%	9%
Not ranked	1031	255	178	99	19	277	297	131	114	16	245	314	164	564	262	42	867
	50%	50%	53%	55%	47%	54%	51%	56%	51%	40%	54%	51%	49%	50%	53%	50%	51%
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11% b	6%	13% bd	2%	9%	10%	10%	12% cd	8%	4%	10% d
NET: Ranked Top 3	722	186	120	55	16	175	201	87	71	22	158	223	125	389	174	34	597
	35%	37%	36%	31%	40%	34%	35%	37%	32%	54% abcef	35%	36%	37%	34%	35%	41%	35%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	Total	a b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380 1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381 1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	299	46 201	51	59	8	183	107	11	235	64	253	46
	15%	12% 16%	20% d	15%	13%	14%	16%	16%	14%	15%	15%	16%
Ranked 2nd	248	40 152	45	58	6	153	92	17	208	40	206	42
	12%	11% 12%	17% d	15%	10%	11%	14%	24% bcde	13%	10%	12%	14%
Ranked 3rd	174	28 125	28	48	3	106	66	12	138	36	141	32
	9%	7% 10%	11%	12% d	5%	8%	10%	17% cd	8%	9%	8%	11%
Not ranked	1031	234 608	115	206	42	664	334	24	825	207	879	138
	50%	62% b	44%	52% af	65% abdef	50% f	52% af	34%	51%	49%	51%	47%
None of the above	80	11 51	7	11	2	57	17	3	57	23	65	13
	4%	3% 4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22 152	15	15	3	174	31	3	162	48	184	24
	10%	6% 12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	722	114 477	125	164	18	442	265	40	581	141	601	120
	35%	30% 37% a	48% cd	42% cd	28%	33%	41% cd	57% bcde	36%	34%	35% a	41% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	299	56	42	62	47	29	32	9	21	180	62	99	94	87	14	94	78	91	30
	15%	16%	19%	19%	14%	13%	13%	10%	8%	16%	11%	21%	16%	12%	6%	16%	15%	14%	13%
		hj	hj	dghj	h					hj		bcd	d	d					
Ranked 2nd	248	61	35	34	41	19	22	10	27	129	59	86	70	77	15	70	65	89	23
	12%	17%	16%	11%	12%	9%	9%	11%	10%	12%	10%	18%	12%	11%	6%	11%	12%	14%	10%
		cdefhij	efj									bcd	d	d					
Ranked 3rd	174	40	23	24	21	25	15	5	22	93	42	32	63	60	18	44	40	61	27
	9%	11%	10%	8%	6%	11%	6%	6%	8%	8%	7%	7%	11%	8%	7%	7%	8%	9%	12%
		dfj				d							a						a
Not ranked	1031	166	99	177	201	121	113	37	116	599	266	218	306	360	138	289	271	329	135
	50%	47%	46%	55%	58%	55%	47%	41%	45%	54%	45%	47%	52%	51%	56%	48%	52%	51%	58%
				abfghj	abfghj	bghj				abfghj					a				a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	722	157	100	120	109	73	69	24	70	402	162	217	227	224	47	208	182	241	80
	35%	44%	46%	37%	32%	33%	28%	27%	27%	37%	28%	47%	38%	32%	19%	34%	35%	37%	34%
		defghij	cdefghij	fhj						fhj		bcd	cd	d					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	299	100	92	104
	15%	14%	12%	20%
				ab
Ranked 2nd	248	80	76	89
	12%	11%	10%	17%
				ab
Ranked 3rd	174	59	59	54
	9%	8%	8%	10%
Not ranked	1031	385	396	239
	50%	52%	52%	47%
		c		
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	722	239	228	246
	35%	33%	30%	48%
				ab



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	175	86	90	36	52	88	8	13	24	15	18	20	16	41	21
	9%	9%	9%	6%	8%	12%	8%	5%	12%	7%	10%	9%	5%	12%	10%
						ab			bg		bg			bdg	bg
Ranked 2nd	107	53	54	26	34	47	6	13	9	15	11	17	9	14	12
	5%	5%	5%	4%	5%	6%	6%	5%	5%	7%	6%	8%	3%	4%	6%
										g		g			
Ranked 3rd	93	44	49	27	28	38	5	11	8	7	5	8	16	19	13
	5%	4%	5%	4%	4%	5%	5%	4%	4%	3%	3%	4%	5%	6%	6%
Not ranked	1378	650	719	465	476	436	64	189	130	148	112	147	244	212	131
	67%	65%	69%	75%	71%	58%	66%	71%	65%	69%	63%	65%	76%	64%	62%
				c	c			i					acefhi		
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	375	183	192	90	113	172	18	37	42	37	34	45	40	74	46
	18%	18%	19%	14%	17%	23%	19%	14%	21%	17%	19%	20%	13%	22%	22%
						ab			bg		g	g		bg	bg

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	175	10	33	34	20	16	62	78	98	160	6	6	3	-	-	14
	9%	5%	8%	7%	9%	8%	12%	7%	10%	9%	12%	4%	3%	-	-	5%
							abceg		acg	cg	cg					
Ranked 2nd	107	7	20	28	10	10	32	55	52	96	2	7	2	-	1	11
	5%	4%	5%	6%	4%	5%	6%	5%	6%	6%	5%	4%	2%	-	5%	4%
Ranked 3rd	93	8	13	22	9	14	26	43	49	75	1	10	5	1	1	18
	5%	4%	3%	4%	4%	7%	5%	4%	5%	4%	2%	6%	6%	12%	7%	6%
						bg										
Not ranked	1378	129	305	342	168	145	288	777	602	1112	34	132	60	6	15	247
	67%	71%	73%	68%	73%	68%	58%	70%	64%	65%	73%	80%	78%	88%	81%	78%
		f	fh	f	fh	f		fh	f			a	a			a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcdg						
NET: Ranked Top 3	375	25	66	85	39	41	119	176	199	331	9	23	9	1	2	43
	18%	14%	16%	17%	17%	19%	24%	16%	21%	19%	19%	14%	12%	12%	11%	14%
						abcdg			abg	g						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	175	135	28	8	36	1	3	54	19	2	10	15	5	17	50	4
	9%	11%	8%	3%	5%	1%	4%	8%	8%	4%	14%	11%	5%	9%	12%	2%
		cd	c					ak	ak		aehk	ak		ak	achk	
Ranked 2nd	107	77	17	12	28	1	1	38	8	1	4	7	6	10	31	2
	5%	6%	5%	4%	4%	2%	1%	5%	4%	1%	5%	5%	6%	6%	7%	1%
								k					k	k	ak	
Ranked 3rd	93	65	16	10	27	3	1	35	8	4	4	4	6	6	21	4
	5%	5%	5%	3%	4%	3%	2%	5%	3%	6%	6%	3%	6%	3%	5%	3%
Not ranked	1378	802	250	270	520	73	55	477	181	42	38	89	65	125	232	128
	67%	63%	70%	83%	76%	86%	82%	69%	76%	69%	53%	69%	68%	68%	56%	84%
			a	abd	ab	cdefghij	cfg hij	fj	fj			fj	fj	fj		cdefghij
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	375	277	61	30	91	5	5	127	36	7	17	26	17	34	101	10
	18%	22%	17%	9%	13%	6%	7%	18%	15%	11%	24%	20%	18%	18%	24%	7%
		cd	c					abk	ak		abk	abk	abk	abk	abcdek	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	175	36	29	12	2	41	44	14	21	3	35	47	28	120	27	-	148
	9%	7%	9%	7%	6%	8%	8%	6%	9%	7%	8%	8%	8%	11%	6%	-	9%
													d	cd	d		cd
Ranked 2nd	107	21	17	10	2	26	31	10	8	1	18	31	16	62	24	5	91
	5%	4%	5%	5%	4%	5%	5%	4%	4%	2%	4%	5%	5%	6%	5%	6%	5%
Ranked 3rd	93	25	17	8	1	25	29	14	7	2	21	31	25	45	20	3	67
	5%	5%	5%	4%	2%	5%	5%	6%	3%	4%	5%	5%	8%	4%	4%	3%	4%
													bce				
Not ranked	1378	358	235	125	31	359	394	180	149	33	329	427	219	726	365	68	1159
	67%	71%	70%	70%	74%	70%	68%	76%	67%	80%	72%	69%	65%	64%	74%	83%	68%
								acf						abe	abe	b	
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
							b		bd					cd			d
NET: Ranked Top 3	375	82	63	29	5	92	104	38	36	5	74	109	70	227	71	7	305
	18%	16%	19%	16%	12%	18%	18%	16%	16%	13%	16%	18%	21%	20%	14%	9%	18%
													cd	cd			d

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	175	24	121	18	27	9	123	46	7	139	37	143	30
	9%	6%	9%	7%	7%	14%	9%	7%	10%	9%	9%	8%	10%
Ranked 2nd	107	14	75	16	21	2	73	33	5	85	22	92	14
	5%	4%	6%	6%	5%	2%	5%	5%	7%	5%	5%	5%	5%
Ranked 3rd	93	18	49	14	22	3	56	35	4	72	20	80	13
	5%	5%	4%	5%	6%	5%	4%	5%	6%	4%	5%	5%	4%
Not ranked	1378	293	840	193	300	46	854	485	49	1109	269	1166	201
	67%	77% b	65%	73% d	76% d	71%	64%	75% d	70%	68%	64%	67%	68%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	375	56	245	47	70	14	252	114	16	296	79	315	57
	18%	15%	19%	18%	18%	21%	19%	18%	22%	18%	19%	18%	19%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	175	71	26	23	20	8	13	3	11	77	27	43	46	68	17	52	50	60	13
	9%	20%	12%	7%	6%	4%	6%	3%	4%	7%	5%	9%	8%	10%	7%	9%	10%	9%	5%
		bcdefghij	defghij																
Ranked 2nd	107	36	14	22	13	10	7	4	2	59	12	25	34	38	10	35	24	30	18
	5%	10%	7%	7%	4%	5%	3%	4%	1%	5%	2%	5%	6%	5%	4%	6%	5%	5%	8%
		defhij	hj	fhj	h	h		h		hj									
Ranked 3rd	93	29	10	19	13	8	7	2	4	50	13	27	24	32	10	27	25	29	11
	5%	8%	5%	6%	4%	4%	3%	3%	2%	5%	2%	6%	4%	5%	4%	4%	5%	4%	5%
		defhij	h	hj						hj									
Not ranked	1378	187	148	234	264	168	155	52	169	815	376	340	430	446	148	383	353	451	174
	67%	53%	68%	73%	76%	77%	64%	58%	66%	74%	64%	73%	72%	63%	60%	63%	67%	70%	74%
		a	a	afgj	abfghj	abfghj	a		a	afghj	a	cd	cd					a	ab
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	375	136	51	63	46	26	27	9	17	186	53	95	104	138	37	113	100	119	41
	18%	39%	23%	20%	13%	12%	11%	10%	7%	17%	9%	20%	17%	20%	15%	19%	19%	18%	18%
		bcdefghij	defghij	defghj	hj	h				fhj									

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	175	39	87	44
	9%	5%	11%	9%
			a	a
Ranked 2nd	107	26	37	43
	5%	3%	5%	8%
				ab
Ranked 3rd	93	25	48	19
	5%	3%	6%	4%
			ac	
Not ranked	1378	535	452	378
	67%	73%	59%	74%
		b		b
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	375	89	172	107
	18%	12%	22%	21%
			a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	103	44	58	37	49	16	2	14	9	12	7	13	25	13	7
	5%	4%	6%	6%	7%	2%	2%	5%	4%	5%	4%	6%	8%	4%	3%
				c	c								ai		
Ranked 2nd	76	39	38	43	21	12	2	8	9	12	3	7	13	15	7
	4%	4%	4%	7%	3%	2%	2%	3%	5%	6%	2%	3%	4%	5%	3%
				bc											
Ranked 3rd	53	26	27	22	22	9	1	3	6	9	7	1	10	10	5
	3%	3%	3%	4%	3%	1%	1%	1%	3%	4%	4%	1%	3%	3%	2%
				c	c					bf	f		f	f	
Not ranked	1521	725	788	453	497	572	77	201	148	152	128	171	237	247	159
	74%	73%	76%	73%	74%	76%	79%	76%	74%	71%	73%	76%	74%	75%	75%
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	232	109	123	102	93	37	6	25	24	33	18	21	48	39	19
	11%	11%	12%	17%	14%	5%	6%	9%	12%	15%	10%	9%	15%	12%	9%
				c	c					a			ab		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	103	7	40	37	10	7	3	84	19	68	7	20	5	2	1	34
	5%	4%	9%	7%	4%	3%	1%	8%	2%	4%	15%	12%	7%	22%	4%	11%
		f	ade fh	efh	fh	f		defh	f		a	a				a
Ranked 2nd	76	9	27	22	10	7	1	58	18	60	-	10	3	-	-	13
	4%	5%	7%	4%	4%	3%	*	5%	2%	4%	-	6%	4%	-	-	4%
		fh	fh	fh	fh	f		fh	f							
Ranked 3rd	53	6	13	17	7	6	4	36	17	44	2	5	2	-	-	9
	3%	3%	3%	3%	3%	3%	1%	3%	2%	3%	4%	3%	3%	-	-	3%
		f	f	f	f	f		fh								
Not ranked	1521	131	292	351	181	166	400	774	747	1271	33	121	59	5	16	234
	74%	72%	70%	70%	79%	78%	80%	70%	79%	75%	72%	73%	76%	78%	88%	74%
					bcg	bcg	abcg		abcg							
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	232	23	80	76	26	20	8	178	54	172	9	34	11	2	1	56
	11%	13%	19%	15%	11%	9%	2%	16%	6%	10%	20%	21%	14%	22%	4%	18%
		fh	defh	efh	fh	fh		efh	f		a	a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	103	50	23	25	48	3	4	72	13	2	4	1	4	-	1	6
	5%	4%	7%	8%	7%	3%	5%	10%	5%	3%	6%	1%	4%	-	*	4%
			a	a	a	ij	gij	adghijk	gij	ij	gij		ij			gij
Ranked 2nd	76	42	21	12	33	1	2	41	13	6	3	-	7	3	-	2
	4%	3%	6%	4%	5%	1%	2%	6%	6%	10%	4%	-	7%	2%	-	2%
			a				j	agijk	gijk	agijk	gj		agijk	j		j
Ranked 3rd	53	30	10	11	21	2	3	30	5	2	3	-	5	2	1	5
	3%	2%	3%	3%	3%	2%	5%	4%	2%	4%	4%	-	5%	1%	*	3%
							gij	gij		gj	gj		gij			gj
Not ranked	1521	957	256	253	509	73	51	461	186	38	45	114	67	154	331	124
	74%	75%	72%	78%	75%	86%	77%	67%	78%	63%	63%	88%	69%	83%	79%	82%
						cefh			cef			bcdefhj		cefh	cefh	cefh
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	232	122	55	47	102	5	9	143	31	11	10	1	16	5	2	14
	11%	10%	15%	15%	15%	6%	13%	21%	13%	18%	14%	1%	16%	3%	1%	9%
			a	a	a	gj	gij	adgijk	gij	agij	gij		agij	j		gij

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	103	34	34	17	6	51	51	21	11	4	31	56	13	50	36	4	90
	5%	7%	10%	10%	14%	10%	9%	9%	5%	11%	7%	9% c	4%	4%	7% ab	5%	5%
Ranked 2nd	76	25	24	14	1	38	28	16	17	1	33	30	6	47	19	4	70
	4%	5%	7%	8%	3%	7%	5%	7%	8%	3%	7%	5%	2%	4% a	4%	4%	4% a
Ranked 3rd	53	15	20	6	-	26	28	8	6	1	13	29	6	28	16	3	47
	3%	3%	6% af	3%	-	5% f	5%	3%	3%	4%	3%	5%	2%	2%	3%	4%	3%
Not ranked	1521	368	220	117	29	336	391	174	152	31	326	422	264	828	364	64	1257
	74%	73% be	65%	65%	69%	65%	67%	74%	69%	76%	71%	68%	78%	73%	74%	78%	74%
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11% b	6%	13% bd	2%	9%	10%	10%	12% cd	8%	4%	10% d
NET: Ranked Top 3	232	73	78	37	7	115	108	44	33	7	77	115	25	124	71	11	207
	11%	14%	23% af	21% af	17%	22% af	19%	19%	15%	17%	17%	18%	7%	11% a	14% a	13%	12% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	103	23	65	7	15	2	77	24	-	92	10	87	15
	5%	6%	5%	3%	4%	3%	6% af	4%	-	6% b	2%	5%	5%
Ranked 2nd	76	22	47	11	11	2	51	24	-	61	15	65	12
	4%	6%	4%	4%	3%	3%	4%	4%	-	4%	4%	4%	4%
Ranked 3rd	53	12	34	7	6	2	38	14	2	41	12	49	4
	3%	3%	3%	3%	1%	3%	3%	2%	2%	3%	3%	3%	1%
Not ranked	1521	293	939	215	338	54	940	538	63	1211	310	1280	227
	74%	77%	73%	82% d	85% d	83% d	70%	83% d	90% d	75%	74%	74%	77%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	232	56	146	25	32	6	166	61	2	195	37	201	30
	11%	15%	11%	10% f	8%	10%	12% bf	9% f	2%	12%	9%	12%	10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	103	4	13	20	25	15	14	2	10	72	26	14	33	43	13	34	29	30	9
	5%	1%	6%	6%	7%	7%	6%	2%	4%	7%	4%	3%	5%	6%	5%	6%	6%	5%	4%
			a	a	a	a	a		a	a	a		a	a					
Ranked 2nd	76	4	14	18	15	6	9	1	9	53	19	16	30	21	9	25	22	19	9
	4%	1%	6%	6%	4%	3%	4%	1%	3%	5%	3%	3%	5%	3%	4%	4%	4%	3%	4%
			aj	a	a		a			a									
Ranked 3rd	53	13	5	6	10	7	6	-	6	28	12	12	18	13	8	15	11	20	7
	3%	4%	2%	2%	3%	3%	3%	-	2%	3%	2%	3%	3%	2%	3%	2%	2%	3%	3%
Not ranked	1521	302	168	254	259	167	152	58	161	848	372	393	453	506	155	423	391	501	191
	74%	86%	78%	79%	75%	76%	63%	65%	63%	77%	63%	84%	76%	72%	62%	70%	75%	77%	82%
		bcdefghij	fgjh	fgjh	fhj	fgjh				fgjh		bcd	d	d				a	ab
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdei	bci	abcdei		abcdei			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	232	22	31	44	51	28	30	3	25	153	57	42	80	78	31	73	62	69	25
	11%	6%	14%	14%	15%	13%	12%	3%	10%	14%	10%	9%	14%	11%	12%	12%	12%	11%	11%
			ag	ag	agj	ag	ag			agj	g		a						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q8Xb.18. I've been working from home or working longer hours: What are the biggest challenges, if any, that you face to being physically active right now?**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	103	45	25	33
	5%	6%	3%	6%
		b		b
Ranked 2nd	76	32	25	18
	4%	4%	3%	3%
Ranked 3rd	53	20	17	16
	3%	3%	2%	3%
Not ranked	1521	527	556	419
	74%	72%	73%	82%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	232	97	67	66
	11%	13%	9%	13%
		b		b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	135	73	62	39	34	62	4	24	9	21	9	17	25	20	7
	7%	7%	6%	6%	5%	8%	4%	9%	4%	10%	5%	8%	8%	6%	3%
						b		ci		ci		i			
Ranked 2nd	125	65	61	40	47	38	8	13	16	14	11	10	23	25	5
	6%	6%	6%	6%	7%	5%	8%	5%	8%	7%	6%	5%	7%	8%	2%
							i		i	i			i	i	
Ranked 3rd	100	47	52	32	35	32	3	9	18	12	7	11	15	15	10
	5%	5%	5%	5%	5%	4%	4%	3%	9%	6%	4%	5%	5%	5%	5%
									beg						
Not ranked	1392	648	736	444	473	476	68	180	130	138	119	153	222	226	156
	68%	65%	71%	72%	71%	63%	70%	68%	65%	64%	67%	68%	69%	68%	74%
			a	c	c										d
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	361	185	175	111	117	132	15	46	42	47	27	39	62	60	22
	18%	19%	17%	18%	17%	18%	15%	17%	21%	22%	15%	17%	19%	18%	10%
								i	i	i		i	i	i	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	135	14	18	30	14	22	38	62	73	111	3	10	8	1	1	22
	7%	8%	4%	6%	6%	10%	8%	6%	8%	7%	6%	6%	10%	10%	5%	7%
						bcg	b		bg							
Ranked 2nd	125	9	29	31	15	14	27	70	56	102	5	12	4	-	1	22
	6%	5%	7%	6%	6%	7%	5%	6%	6%	6%	11%	7%	5%	-	4%	7%
Ranked 3rd	100	6	20	31	7	11	26	56	43	83	-	14	1	-	2	17
	5%	3%	5%	6%	3%	5%	5%	5%	5%	5%	-	8%	2%	-	10%	5%
												abd				
Not ranked	1392	126	304	334	171	140	317	764	628	1147	35	119	56	6	13	229
	68%	69%	73%	67%	75%	66%	64%	69%	67%	67%	75%	71%	73%	90%	74%	73%
			cfh		cefh			f							a	
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	361	28	67	92	35	47	91	188	173	296	8	36	13	1	3	61
	18%	16%	16%	18%	15%	22%	18%	17%	18%	17%	17%	22%	17%	10%	19%	19%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	135 7%	96 8% bd	15 4%	18 6%	34 5%	7 8%	6 9%	32 5%	17 7%	5 8%	5 7%	6 5%	8 8%	12 7%	37 9% c	13 9% c
Ranked 2nd	125 6%	71 6%	25 7%	26 8%	50 7%	7 8%	4 6%	44 6%	22 9% j	3 6%	2 3%	11 8%	6 6%	9 5%	18 4%	11 7%
Ranked 3rd	100 5%	56 4%	25 7%	16 5%	41 6%	6 6%	3 5%	33 5%	17 7% i	2 3%	1 2%	9 7% i	3 3%	4 2%	22 5%	9 6%
Not ranked	1392 68%	856 67%	246 69%	240 74% a	486 71% a	59 69%	46 69%	495 72% j	161 67%	39 63%	47 66%	89 69%	67 69%	134 72% j	256 61%	105 69%
None of the above	80 4%	52 4%	13 4%	7 2%	20 3%	1 1%	1 1%	18 3%	6 3%	3 6% k	6 9% abcdk	5 4%	6 6% k	7 4%	27 6% acdk	2 1%
I don't face any challenges to being active	210 10%	150 12% cd	34 9% c	16 5%	50 7%	6 7%	6 9%	68 10%	16 7%	9 14%	10 14%	9 7%	9 9%	19 10%	57 14% dg	12 8%
NET: Ranked Top 3	361 18%	223 17%	65 18%	60 18%	125 18%	19 23% i	13 20%	109 16%	56 23% cfi	10 17%	8 11%	26 20%	16 17%	25 13%	77 19%	33 22% i

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	135 7%	35 7% be	11 3%	9 5%	2 5%	20 4%	37 7% be	33 6%	12 5%	13 6%	5 11%	25 5%	38 6%	20 6%	81 7%	25 5%	9 11% c	116 7%
Ranked 2nd	125 6%	34 7%	22 7%	10 6%	4 10%	33 6%	38 7%	34 6%	20 9%	13 6%	2 4%	33 7%	36 6%	21 6%	63 6%	40 8%	3 3%	105 6%
Ranked 3rd	100 5%	24 5%	17 5%	10 5%	2 5%	27 5%	26 5%	30 5%	11 5%	13 6%	3 6%	24 5%	33 5%	19 6%	51 5%	27 6%	2 2%	80 5%
Not ranked	1392 68%	347 69%	247 73%	125 70%	28 67%	372 72%	375 69%	401 69%	176 75% c	146 66%	29 72%	322 71%	430 69%	229 68%	758 67%	343 70%	62 75%	1163 68%
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11% b	14 6%	28 13% bd	1 2%	42 9%	63 10%	33 10%	133 12% cd	41 8%	3 4%	177 10% d
NET: Ranked Top 3	361 18%	93 18%	50 15%	29 16%	8 19%	80 15%	101 18%	98 17%	43 18%	39 17%	9 22%	81 18%	107 17%	60 18%	195 17%	92 19%	13 16%	301 18%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	135	19	93	9	17	6	103	28	3	105	31	122	13
	7%	5%	7%	3%	4%	9% a	8% abe	4%	4%	6%	7%	7%	4%
Ranked 2nd	125	19	80	13	11	4	93	28	1	104	21	107	16
	6%	5%	6%	5%	3%	7%	7% bef	4%	1%	6%	5%	6%	6%
Ranked 3rd	100	22	57	17	13	2	66	30	1	74	26	77	21
	5%	6%	4%	6%	3%	3%	5%	5%	2%	5%	6%	4%	7% a
Not ranked	1392	289	855	201	328	48	844	513	59	1123	270	1174	207
	68%	76% b	66%	76% d	83% ad	74%	63%	79% d	85% d	69%	64%	68%	70%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4%	13% abcef	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	361	60	230	39	42	12	262	86	5	283	78	306	50
	18%	16%	18%	15%	11%	19% f	20% bef	13%	7%	17%	19%	18%	17%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	135	3	10	21	32	17	15	10	28	80	53	20	40	49	26	44	29	46	14
	7%	1%	5%	7%	9%	8%	6%	11%	11%	7%	9%	4%	7%	7%	11%	7%	6%	7%	6%
			a	a	a	a	a	ab	ab	a	a				a				
Ranked 2nd	125	10	8	28	27	12	11	5	24	75	40	23	36	49	14	36	35	35	18
	6%	3%	4%	9%	8%	5%	5%	6%	9%	7%	7%	5%	6%	7%	6%	6%	7%	5%	8%
				ab	a				abf	a	a								
Ranked 3rd	100	5	13	16	21	14	16	2	14	63	32	24	30	35	10	26	31	33	9
	5%	1%	6%	5%	6%	6%	6%	2%	6%	6%	5%	5%	5%	5%	4%	4%	6%	5%	4%
			a	a	a	a	a		a	a	a								
Not ranked	1392	305	168	233	230	152	140	44	120	783	304	368	427	451	134	391	358	455	175
	68%	87%	77%	73%	66%	70%	58%	49%	46%	71%	52%	79%	72%	64%	54%	64%	68%	70%	75%
		bcdefghij	dfghj	fghj	fghj	fghj	h			fghj		bcd	cd	d				a	a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c	abcdi	bcdi	abcdi	abcdi					a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei	abcdei					ab	abc	bcd	d	d	
NET: Ranked Top 3	361	18	32	64	80	42	42	17	66	218	125	67	106	132	51	106	95	115	40
	18%	5%	15%	20%	23%	19%	17%	19%	26%	20%	21%	14%	18%	19%	20%	17%	18%	18%	17%
			a	a	ab	a	a	a	abfi	a	ab				a				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	135	72	45	19
	7%	10%	6%	4%
		bc		
Ranked 2nd	125	55	43	25
	6%	7%	6%	5%
Ranked 3rd	100	37	34	29
	5%	5%	4%	6%
Not ranked	1392	461	502	412
	68%	63%	66%	80%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	361	163	121	73
	18%	22%	16%	14%
		bc		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	39	21	17	21	10	9	1	1	5	3	2	7	13	2	5
	2%	2%	2%	3%	2%	1%	1%	*	3%	1%	1%	3%	4%	1%	2%
				bc								bh	bh		
Ranked 2nd	43	19	24	18	14	12	1	10	2	3	5	8	9	3	1
	2%	2%	2%	3%	2%	2%	1%	4%	1%	2%	3%	4%	3%	1%	1%
								hi				hi			
Ranked 3rd	44	19	25	27	10	7	1	5	8	4	1	5	11	6	2
	2%	2%	2%	4%	1%	1%	1%	2%	4%	2%	1%	2%	4%	2%	1%
				bc					e						
Not ranked	1626	774	844	490	555	581	80	210	156	175	137	171	251	276	169
	80%	78%	81%	79%	83%	77%	82%	79%	78%	81%	78%	76%	78%	83%	80%
			a		c									f	
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	127	59	66	65	34	27	3	16	16	10	8	21	34	10	8
	6%	6%	6%	11%	5%	4%	3%	6%	8%	5%	5%	9%	11%	3%	4%
				bc					h			ahi	adehi		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	39 2%	10 5% bcdefh	9 2%	10 2%	4 2%	3 1%	3 1%	29 3% fh	10 1%	26 2%	- -	10 6% a	1 1%	- -	- -	11 4% a
Ranked 2nd	43 2%	6 3%	11 3%	8 2%	5 2%	5 2%	8 2%	25 2%	18 2%	31 2%	4 8% a	4 3%	3 4%	1 10%	- -	12 4% a
Ranked 3rd	44 2%	6 3%	14 3% cf	7 1%	6 3%	5 2%	7 1%	27 2%	17 2%	31 2%	1 1%	6 4%	4 5%	- -	2 9%	12 4% a
Not ranked	1626 80%	132 72%	337 81% a	402 80% a	192 84% a	173 82% a	390 78%	871 79% a	755 80% a	1355 79%	38 82%	134 81%	61 79%	6 90%	15 84%	255 81%
None of the above	80 4%	3 2%	14 3%	26 5% e	5 2%	3 2%	29 6% ade	43 4%	37 4%	70 4%	3 6%	4 2%	3 3%	- -	- -	9 3%
I don't face any challenges to being active	210 10%	25 14% bd	33 8%	50 10%	17 7%	23 11%	63 13% bd	108 10%	103 11%	193 11% bcg	1 2%	8 5%	5 7%	- -	1 7%	15 5%
NET: Ranked Top 3	127 6%	22 12% cefg	34 8% fh	25 5%	15 7%	13 6%	18 4%	81 7% fh	46 5%	88 5%	5 10%	21 13% a	8 10% a	1 10%	2 9%	36 11% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	39	18	11	5	16	2	2	16	3	3	2	2	5	2	1	5
	2%	1%	3%	1%	2%	2%	4%	2%	1%	5%	3%	2%	5%	1%	*	3%
			a			j	j	j		dj	j		dj			j
Ranked 2nd	43	18	12	12	24	3	3	18	5	2	-	1	3	2	7	6
	2%	1%	3%	4%	4%	3%	5%	3%	2%	3%	-	1%	3%	1%	2%	4%
			a	a	a		g									
Ranked 3rd	44	16	18	7	25	5	2	16	9	1	1	1	3	4	4	7
	2%	1%	5%	2%	4%	6%	3%	2%	4%	2%	1%	1%	3%	2%	1%	5%
			ac		a	gj			j							gj
Not ranked	1626	1026	270	276	546	69	52	554	201	43	52	111	72	151	321	120
	80%	80%	75%	85%	80%	81%	78%	80%	84%	70%	73%	86%	75%	81%	77%	79%
				ab					efhj			efhj				
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	127	53	41	24	65	9	8	50	16	6	3	4	10	8	12	17
	6%	4%	12%	7%	10%	11%	12%	7%	7%	10%	4%	3%	11%	4%	3%	11%
			a	a	a	gij	gij	j	j	gj			gij			gij



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	39	13	6	5	1	11	9	5	10	2	16	11	2	23	11	3	37
	2%	3%	2%	3%	2%	2%	2%	2%	5% af	4%	3% a	2%	1%	2%	2%	3% a	2%
Ranked 2nd	43	13	8	7	-	15	16	7	3	1	10	17	4	24	12	3	39
	2%	3%	2%	4%	-	3%	3%	3%	1%	4%	2%	3%	1%	2%	2%	3%	2%
Ranked 3rd	44	8	14	5	1	19	6	16	5	1	20	7	6	25	13	1	39
	2%	2%	4% af	3%	3%	4% af	1%	7% acf	2%	3%	4% af	1%	2%	2%	3%	1%	2%
Not ranked	1626	406	269	138	34	407	467	190	167	34	356	501	277	880	400	69	1349
	80%	80%	80%	77%	81%	79%	81%	81%	75%	83%	78%	81%	82%	78%	81%	84%	79%
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11% b	6%	13% bd	2%	9%	10%	10%	12% cd	8%	4%	10% d
NET: Ranked Top 3	127	34	29	16	2	45	31	28	18	4	47	35	12	73	36	6	115
	6%	7%	8%	9%	5%	9%	5%	12% af	8%	10%	10% af	6%	3%	6% a	7% a	8%	7% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	39	7	26	5	6	4	24	13	2	31	9	31	7
	2%	2%	2%	2%	2%	7%	2%	2%	2%	2%	2%	2%	2%
						abde							
Ranked 2nd	43	16	23	6	8	2	27	15	1	36	7	39	4
	2%	4%	2%	2%	2%	3%	2%	2%	1%	2%	2%	2%	1%
		b											
Ranked 3rd	44	16	22	8	9	1	28	16	2	40	4	38	6
	2%	4%	2%	3%	2%	1%	2%	2%	3%	2%	1%	2%	2%
		b											
Not ranked	1626	310	1013	221	347	53	1027	555	60	1299	327	1372	240
	80%	81%	79%	84%	88%	82%	77%	86%	86%	80%	78%	79%	82%
				d	d			d					
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	127	39	71	19	23	7	79	44	4	107	20	109	17
	6%	10%	6%	7%	6%	11%	6%	7%	6%	7%	5%	6%	6%
		b											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	39	4	3	5	8	7	3	2	7	24	12	8	16	12	3	13	13	10	3
	2%	1%	1%	2%	2%	3%	1%	2%	3%	2%	2%	2%	3%	2%	1%	2%	3%	2%	1%
Ranked 2nd	43	3	4	6	11	5	5	1	9	25	15	10	17	13	3	9	16	14	4
	2%	1%	2%	2%	3%	2%	2%	1%	3%	2%	2%	2%	3%	2%	1%	2%	3%	2%	2%
				a					a										
Ranked 3rd	44	6	4	8	8	4	8	2	4	25	14	5	11	23	6	10	16	12	6
	2%	2%	2%	3%	2%	2%	3%	3%	1%	2%	2%	1%	2%	3%	2%	2%	3%	2%	3%
														a					
Not ranked	1626	310	188	279	283	178	166	56	167	927	388	412	489	536	174	465	408	533	203
	80%	88%	87%	87%	82%	81%	69%	62%	65%	84%	66%	88%	82%	76%	70%	77%	78%	82%	87%
		defghj	fghj	fghj	fghj	fghj				fghj		bcd	cd					a	ab
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
						c	abcdei	bci	abcdei		abcdei			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	127	13	11	19	27	17	16	5	19	74	40	23	44	48	11	32	46	37	13
	6%	4%	5%	6%	8%	8%	6%	6%	7%	7%	7%	5%	7%	7%	5%	5%	9%	6%	5%
					a	a			a	a	a						ac		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	39	17	10	10
	2%	2%	1%	2%
Ranked 2nd	43	19	11	13
	2%	3%	1%	3%
Ranked 3rd	44	22	9	13
	2%	3%	1%	3%
		b		
Not ranked	1626	567	593	448
	80%	77%	78%	87%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	127	57	30	36
	6%	8%	4%	7%
		b		b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	48	28	20	16	18	14	4	2	7	4	2	2	14	10	3
	2%	3%	2%	3%	3%	2%	5%	1%	3%	2%	1%	1%	4%	3%	2%
							bf		b				bf		
Ranked 2nd	28	12	16	14	11	4	2	9	2	2	2	1	4	5	2
	1%	1%	2%	2%	2%	1%	2%	3%	1%	1%	1%	1%	1%	2%	1%
				c				f							
Ranked 3rd	40	25	15	13	10	17	2	5	2	3	2	8	7	10	1
	2%	2%	1%	2%	1%	2%	2%	2%	1%	1%	1%	4%	2%	3%	1%
												i			
Not ranked	1636	768	860	512	551	573	74	211	161	176	140	181	260	262	171
	80%	77%	83%	83%	82%	76%	76%	79%	81%	82%	79%	80%	81%	79%	81%
			a	c	c										
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	117	65	51	43	39	35	8	15	11	9	6	11	24	25	7
	6%	7%	5%	7%	6%	5%	9%	6%	5%	4%	3%	5%	8%	7%	3%
							i						i		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	48	9	10	11	4	1	13	30	19	34	3	8	3	-	1	14
	2%	5%	2%	2%	2%	1%	3%	3%	2%	2%	6%	5%	3%	-	5%	4%
		eh									a	a				a
Ranked 2nd	28	3	12	5	3	2	2	21	8	23	2	3	1	-	-	6
	1%	2%	3%	1%	1%	1%	*	2%	1%	1%	4%	2%	2%	-	-	2%
			cfh					fh								
Ranked 3rd	40	4	4	8	10	5	10	15	25	33	1	4	1	-	1	7
	2%	2%	1%	2%	4%	2%	2%	1%	3%	2%	2%	3%	1%	-	5%	2%
					bcd			bg								
Not ranked	1636	139	346	403	189	178	382	887	749	1354	37	140	65	7	15	264
	80%	76%	83%	80%	82%	84%	77%	80%	80%	79%	80%	84%	84%	100%	83%	84%
			f			af										
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	117	15	26	24	18	8	25	65	52	90	6	15	5	-	2	27
	6%	8%	6%	5%	8%	4%	5%	6%	5%	5%	12%	9%	6%	-	9%	8%
											a	a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	48 2%	25 2%	13 4%	8 2%	20 3%	3 4% h	3 4% h	20 3%	6 3%	2 3%	3 4% h	1 1%	- -	3 2%	8 2%	6 4% h
Ranked 2nd	28 1%	17 1%	6 2%	4 1%	10 1%	1 1%	1 1%	15 2% j	5 2% j	1 1%	- -	1 1%	1 1%	3 1%	2 *	2 1%
Ranked 3rd	40 2%	28 2%	7 2%	4 1%	11 2%	2 2%	4 6% cfi	11 2%	5 2%	1 1%	- -	3 3%	3 3%	2 1%	9 2%	6 4%
Not ranked	1636 80%	1010 79%	285 80%	284 88% ab	570 84% a	73 85%	52 78%	558 81% j	200 84% j	46 75%	53 74%	110 85% fj	79 82%	151 82%	315 75%	125 82%
None of the above	80 4%	52 4%	13 4%	7 2%	20 3%	1 1%	1 1%	18 3%	6 3%	3 6% k	6 9% abcdk	5 4%	6 6% k	7 4%	27 6% acdk	2 1%
I don't face any challenges to being active	210 10%	150 12% cd	34 9% c	16 5%	50 7%	6 7%	6 9%	68 10%	16 7%	9 14%	10 14%	9 7%	9 9%	19 10%	57 14% dg	12 8%
NET: Ranked Top 3	117 6%	69 5%	26 7%	16 5%	42 6%	6 7%	7 11% ghij	46 7%	17 7%	3 6%	3 4%	5 4%	4 4%	8 4%	19 4%	13 9%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	48	15	8	8	2	15	17	16	10	5	2	15	18	8	28	11	1	40
	2%	3%	2%	4%	5%	3%	3%	3%	4%	2%	5%	3%	3%	2%	3%	2%	1%	2%
Ranked 2nd	28	11	1	6	1	7	12	8	4	7	1	12	9	2	17	9	1	26
	1%	2%	*	4%	2%	1%	2%	1%	2%	3%	2%	3%	1%	1%	1%	2%	1%	2%
		b		b			b											
Ranked 3rd	40	8	11	1	1	12	8	12	5	2	2	8	13	6	22	10	3	34
	2%	1%	3%	1%	2%	2%	2%	2%	2%	1%	4%	2%	2%	2%	2%	2%	3%	2%
Not ranked	1636	406	278	139	32	417	439	462	198	170	33	368	496	272	886	406	71	1364
	80%	80%	83%	78%	78%	81%	80%	80%	84%	77%	82%	81%	80%	80%	78%	82%	87%	80%
									c									
None of the above	80	14	9	4	3	13	18	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	53	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
								b		bd					cd			d
NET: Ranked Top 3	117	34	19	15	4	34	38	36	20	15	5	35	41	17	67	29	4	100
	6%	7%	6%	8%	8%	7%	7%	6%	9%	7%	11%	8%	7%	5%	6%	6%	5%	6%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	48	19	20	5	11	-	31	16	-	44	4	40	7
	2%	5%	2%	2%	3%	-	2%	2%	-	3%	1%	2%	2%
		b								b			
Ranked 2nd	28	11	15	6	5	1	17	11	1	21	8	25	4
	1%	3%	1%	2%	1%	2%	1%	2%	1%	1%	2%	1%	1%
		b											
Ranked 3rd	40	11	23	4	5	1	30	9	1	30	10	38	2
	2%	3%	2%	2%	1%	2%	2%	1%	2%	2%	2%	2%	1%
Not ranked	1636	308	1026	225	349	58	1028	563	62	1310	326	1377	245
	80%	81%	80%	85%	88%	89%	77%	87%	89%	81%	78%	80%	83%
				d	d	d		d	d				
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	117	41	59	15	21	2	78	36	2	95	22	103	12
	6%	11%	5%	6%	5%	4%	6%	6%	3%	6%	5%	6%	4%
		b											

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	48	2	5	10	9	9	4	2	6	33	13	7	15	14	10	17	12	12	6
	2%	1%	2%	3%	3%	4%	2%	3%	2%	3%	2%	2%	3%	2%	4%	3%	2%	2%	3%
				a	a	a				a					a				
Ranked 2nd	28	5	1	3	6	6	3	1	2	17	6	11	8	6	3	10	6	8	4
	1%	1%	1%	1%	2%	3%	1%	2%	1%	2%	1%	2%	1%	1%	1%	2%	1%	1%	2%
					h														
Ranked 3rd	40	3	2	7	10	3	8	3	5	22	16	7	10	20	4	10	10	14	5
	2%	1%	1%	2%	3%	1%	3%	3%	2%	2%	3%	1%	2%	3%	1%	2%	2%	2%	2%
				a	a		a	a			a								
Not ranked	1636	313	191	277	285	175	167	54	173	929	394	410	501	544	168	460	425	536	201
	80%	89%	88%	87%	82%	80%	69%	60%	67%	84%	67%	88%	84%	77%	68%	76%	81%	83%	86%
		defghij	efghj	efghj	fghj	fghj				fghj		cd	cd	d			a	a	a
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c		abcdi	bci	abcdi		abcdi			a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd	d	d	
NET: Ranked Top 3	117	10	8	20	25	19	15	7	13	72	35	25	32	40	17	37	29	34	15
	6%	3%	4%	6%	7%	9%	6%	8%	5%	7%	6%	5%	5%	6%	7%	6%	5%	5%	6%
				a	a	ab		a		a	a								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.21. Put off by excessive safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	48	24	18	5
	2%	3%	2%	1%
		c		
Ranked 2nd	28	13	11	4
	1%	2%	1%	1%
Ranked 3rd	40	14	14	13
	2%	2%	2%	2%
Not ranked	1636	574	581	462
	80%	78%	76%	90%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	117	51	43	22
	6%	7%	6%	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	11	18	17	9	3	1	4	4	3	1	1	7	4	3	
	1%	1%	2%	3%	1%	*	1%	2%	2%	1%	*	*	2%	1%	2%	
				c												
Ranked 2nd	46	22	23	19	19	8	2	6	7	4	3	4	13	3	3	
	2%	2%	2%	3%	3%	1%	2%	2%	3%	2%	2%	2%	4%	1%	1%	
				c	c								h			
Ranked 3rd	32	12	20	15	9	8	1	4	4	3	1	2	8	4	3	
	2%	1%	2%	3%	1%	1%	1%	2%	2%	1%	1%	1%	2%	1%	2%	
				c												
Not ranked	1646	788	850	503	552	590	78	212	156	175	141	185	256	274	168	
	81%	79%	82%	81%	83%	78%	80%	80%	78%	81%	80%	82%	80%	83%	80%	
					c											
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8	
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%	
						b										
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24	
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%	
		b				ab					g					
NET: Ranked Top 3	107	45	61	52	37	18	5	14	16	10	5	7	29	12	9	
	5%	5%	6%	8%	6%	2%	5%	5%	8%	5%	3%	3%	9%	4%	4%	
				bc	c				efh				efh			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	6	5	6	5	5	2	17	13	21	-	3	4	-	-	7
	1%	3%	1%	1%	2%	2%	*	2%	1%	1%	-	2%	5%	-	-	2%
		f			f	f							a			
Ranked 2nd	46	3	14	13	7	4	4	30	16	32	-	11	1	1	1	13
	2%	2%	3%	3%	3%	2%	1%	3%	2%	2%	-	6%	1%	11%	5%	4%
			fh	f	f			f				a				a
Ranked 3rd	32	2	5	7	5	3	10	15	18	26	-	4	2	-	-	5
	2%	1%	1%	1%	2%	1%	2%	1%	2%	1%	-	2%	2%	-	-	2%
Not ranked	1646	142	347	401	190	174	391	891	755	1365	43	137	63	6	16	265
	81%	78%	83%	80%	83%	82%	78%	81%	80%	80%	92%	83%	82%	89%	88%	84%
			a													
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd				bcd					
NET: Ranked Top 3	107	12	24	25	17	12	17	61	46	79	-	18	6	1	1	26
	5%	6%	6%	5%	7%	6%	3%	6%	5%	5%	-	11%	8%	11%	5%	8%
				f								ab	b			ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	11	9	6	15	2	2	12	4	1	1	1	3	3	1	4
	1%	1%	2%	2%	2%	3%	2%	2%	2%	1%	2%	1%	3%	1%	*	3%
			a	a	a	j							j			j
Ranked 2nd	46	22	11	10	21	3	2	18	11	2	-	2	2	2	3	5
	2%	2%	3%	3%	3%	3%	4%	3%	5%	3%	-	2%	2%	1%	1%	3%
							j	j	ij							j
Ranked 3rd	32	17	6	7	12	2	1	10	5	2	-	1	1	5	5	4
	2%	1%	2%	2%	2%	3%	2%	1%	2%	3%	-	1%	1%	3%	1%	2%
Not ranked	1646	1028	285	277	563	71	54	564	197	45	54	111	77	150	324	125
	81%	80%	80%	86%	83%	84%	82%	82%	82%	73%	75%	85%	79%	81%	78%	83%
				a								e				
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	107	51	26	23	49	7	5	40	20	5	1	5	6	9	9	12
	5%	4%	7%	7%	7%	8%	8%	6%	8%	7%	2%	4%	6%	5%	2%	8%
			a	a	a	j	j	j	j	j			j			j

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	9	3	6	-	9	9	5	5	-	10	9	1	17	11	1	28
	1%	2%	1%	3%	-	2%	1%	2%	2%	-	2%	1%	*	1%	2%	1%	2%
															a		a
Ranked 2nd	46	14	10	7	1	16	12	12	7	2	19	14	6	24	13	2	40
	2%	3%	3%	4%	2%	3%	2%	5%	3%	5%	4%	2%	2%	2%	3%	3%	2%
								af									
Ranked 3rd	32	11	2	5	-	7	9	5	4	-	9	9	6	14	11	1	26
	2%	2%	1%	3%	-	1%	2%	2%	2%	-	2%	1%	2%	1%	2%	1%	2%
Not ranked	1646	406	282	137	35	419	469	197	169	36	366	505	276	898	401	71	1370
	81%	80%	84%	76%	85%	81%	81%	84%	77%	89%	80%	81%	81%	79%	81%	87%	80%
			c					c									
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
							b		bd					cd			d
NET: Ranked Top 3	107	34	15	17	1	33	30	21	16	2	37	32	13	55	35	4	94
	5%	7%	5%	10%	2%	6%	5%	9%	7%	5%	8%	5%	4%	5%	7%	5%	6%
				b				af			f						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	10	18	5	6	2	16	12	1	21	8	23	5
	1%	3%	1%	2%	2%	3%	1%	2%	1%	1%	2%	1%	2%
Ranked 2nd	46	10	28	8	5	-	34	11	2	40	5	41	4
	2%	3%	2%	3%	1%	-	3%	2%	3%	2%	1%	2%	2%
Ranked 3rd	32	7	18	5	9	2	18	14	1	29	3	30	2
	2%	2%	1%	2%	2%	3%	1%	2%	1%	2%	1%	2%	1%
Not ranked	1646	321	1021	222	350	56	1038	562	61	1315	330	1386	246
	81%	84%	79%	84%	88%	86%	78%	87%	87%	81%	79%	80%	84%
		b		d	d			d					
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
			a				abcef						
NET: Ranked Top 3	107	28	64	18	20	4	68	37	4	90	17	95	12
	5%	7%	5%	7%	5%	6%	5%	6%	5%	6%	4%	5%	4%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	29	3	3	5	3	3	7	1	3	15	11	9	9	6	4	10	7	5	7
	1%	1%	1%	2%	1%	2%	3%	1%	1%	1%	2%	2%	2%	1%	2%	2%	1%	1%	3%
							a											c	
Ranked 2nd	46	3	6	9	15	3	3	2	4	33	9	8	17	16	5	8	9	26	3
	2%	1%	3%	3%	4%	1%	1%	3%	2%	3%	2%	2%	3%	2%	2%	1%	2%	4%	1%
				afj						a								abd	
Ranked 3rd	32	4	6	5	5	4	5	3	1	20	8	8	9	10	5	7	7	10	7
	2%	1%	3%	1%	2%	2%	2%	3%	*	2%	1%	2%	1%	1%	2%	1%	1%	2%	3%
			h					h											
Not ranked	1646	313	184	278	287	183	167	55	178	932	400	410	498	552	171	471	430	529	199
	81%	89%	85%	87%	83%	84%	69%	62%	69%	85%	68%	88%	84%	78%	69%	78%	82%	81%	85%
		dfghj	fgjh	fgjh	fgjh	fgjh				fgjh		cd	cd	d				a	
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c	abcdi	bci	abcdi		abcdi				a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	107	10	15	19	23	11	15	6	8	69	28	25	35	32	15	26	23	41	17
	5%	3%	7%	6%	7%	5%	6%	7%	3%	6%	5%	5%	6%	4%	6%	4%	4%	6%	7%
			a	a	ah					a									

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.22. Put off by insufficient safety measures: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	29	8	9	12
	1%	1%	1%	2%
Ranked 2nd	46	18	18	9
	2%	3%	2%	2%
Ranked 3rd	32	10	12	9
	2%	1%	2%	2%
Not ranked	1646	587	586	455
	81%	80%	77%	89%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	107	37	38	29
	5%	5%	5%	6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	79	25	54	38	40	-	3	9	5	13	3	5	22	14	5
	4%	2%	5%	6%	6%	-	3%	3%	2%	6%	2%	2%	7%	4%	3%
			a	c	c					e			cefi		
Ranked 2nd	42	18	23	21	18	4	4	9	7	2	4	4	6	8	-
	2%	2%	2%	3%	3%	*	4%	3%	3%	1%	2%	2%	2%	2%	-
				c	c		i	i	i		i			i	
Ranked 3rd	55	19	36	24	30	1	2	7	3	5	6	4	12	9	6
	3%	2%	3%	4%	4%	*	2%	3%	1%	3%	4%	2%	4%	3%	3%
			a	c	c										
Not ranked	1577	770	798	472	501	604	73	201	158	165	133	179	246	256	167
	77%	77%	77%	76%	75%	80%	75%	76%	79%	76%	75%	79%	76%	77%	79%
						b									
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	176	63	113	83	88	5	10	25	14	20	12	13	39	31	11
	9%	6%	11%	13%	13%	1%	10%	9%	7%	9%	7%	6%	12%	9%	5%
			a	c	c								fi		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	79	7	21	25	10	9	7	53	26	59	2	10	7	-	-	18
	4%	4%	5%	5%	4%	4%	1%	5%	3%	3%	4%	6%	8%	-	-	6%
		f	fh	fh	f	f		fh					a			a
Ranked 2nd	42	4	7	12	6	7	6	24	19	31	3	6	-	-	1	10
	2%	2%	2%	2%	2%	3%	1%	2%	2%	2%	6%	4%	-	-	5%	3%
						f					ad					
Ranked 3rd	55	5	14	14	8	10	3	34	21	45	3	4	-	-	2	10
	3%	3%	3%	3%	4%	5%	1%	3%	2%	3%	7%	2%	-	-	13%	3%
		f	f	f	f	fh		f	f		d					
Not ranked	1577	137	329	376	183	160	392	842	735	1308	34	135	63	7	13	253
	77%	75%	79%	75%	80%	75%	79%	76%	78%	77%	74%	81%	81%	100%	74%	80%
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcd						
NET: Ranked Top 3	176	17	42	51	24	26	16	110	66	135	8	20	7	-	3	38
	9%	9%	10%	10%	10%	12%	3%	10%	7%	8%	17%	12%	8%	-	19%	12%
		f	f	fh	f	fh		fh	f		a					a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	79	7	27	41	68	4	4	29	19	2	4	7	1	9	-	8
	4%	1%	7%	13%	10%	4%	6%	4%	8%	3%	6%	5%	1%	5%	-	5%
			a	ab	a	j	hj	j	chj	j	hj	hj		j		j
Ranked 2nd	42	6	15	20	36	1	1	18	9	1	1	4	1	3	2	2
	2%	*	4%	6%	5%	1%	1%	3%	4%	1%	2%	3%	2%	2%	1%	1%
			a	a	a			j	j			j				
Ranked 3rd	55	8	15	30	45	2	4	26	9	-	1	2	3	7	1	6
	3%	1%	4%	9%	7%	2%	6%	4%	4%	-	1%	1%	3%	4%	*	4%
			a	ab	a		ej	j	j				j	j		j
Not ranked	1577	1058	254	208	462	71	51	530	180	46	49	102	77	140	330	122
	77%	83%	71%	64%	68%	84%	77%	77%	75%	75%	68%	79%	80%	76%	79%	81%
		bcd				f										f
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	176	21	57	92	149	7	9	74	37	3	6	13	6	19	3	15
	9%	2%	16%	28%	22%	8%	13%	11%	15%	5%	9%	10%	6%	10%	1%	10%
			a	abd	ab	j	j	j	cehj	j	j	j	j	j		j

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	79	25	16	12	2	28	28	6	19	-	24	28	3	36	37	3	76
	4%	5%	5%	7%	4%	5%	5%	2%	8%	-	5%	5%	1%	3%	8%	4%	4%
									abf					a	abe	a	a
Ranked 2nd	42	11	13	3	1	16	15	9	4	2	14	17	2	15	19	7	41
	2%	2%	4%	2%	2%	3%	3%	4%	2%	6%	3%	3%	1%	1%	4%	9%	2%
															ab	abce	ab
Ranked 3rd	55	20	13	5	1	17	22	8	9	-	17	22	-	24	25	6	55
	3%	4%	4%	3%	3%	4%	4%	3%	4%	-	4%	4%	-	2%	5%	8%	3%
														a	ab	abe	a
Not ranked	1577	386	256	134	32	390	433	196	152	36	348	469	285	878	355	59	1292
	77%	76%	76%	75%	77%	76%	75%	83%	69%	88%	76%	76%	84%	78%	72%	71%	76%
								acef		c	c		bcde	c			
None of the above	80	14	9	4	3	13	19	3	8	2	11	21	16	44	16	4	64
	4%	3%	3%	2%	8%	3%	3%	1%	4%	4%	2%	3%	5%	4%	3%	4%	4%
I don't face any challenges to being active	210	51	29	21	2	51	62	14	28	1	42	63	33	133	41	3	177
	10%	10%	9%	12%	6%	10%	11%	6%	13%	2%	9%	10%	10%	12%	8%	4%	10%
							b		bd					cd			d
NET: Ranked Top 3	176	55	41	20	4	61	65	22	32	2	55	67	4	74	80	17	172
	9%	11%	12%	11%	9%	12%	11%	10%	15%	6%	12%	11%	1%	7%	16%	21%	10%
														a	abe	abe	ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	79	19	56	6	8	2	60	15	2	70	9	68	10
	4%	5%	4%	2%	2%	3%	4% be	2%	2%	4%	2%	4%	3%
Ranked 2nd	42	16	23	6	6	-	28	12	1	35	7	37	5
	2%	4% b	2%	2%	2%	-	2%	2%	1%	2%	2%	2%	2%
Ranked 3rd	55	21	32	9	4	6	34	19	-	44	11	46	9
	3%	5% b	3%	3% b	1%	9% abdef	3%	3% b	-	3%	3%	3%	3%
Not ranked	1577	293	974	218	352	52	983	554	62	1256	320	1330	233
	77%	77%	76%	83% d	89% ad	80%	74%	86% d	88% d	77%	76%	77%	79%
None of the above	80	11	51	7	11	2	57	17	3	57	23	65	13
	4%	3%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	22	152	15	15	3	174	31	3	162	48	184	24
	10%	6%	12% a	6%	4%	4% abcef	13%	5%	4%	10%	12%	11%	8%
NET: Ranked Top 3	176	56	111	22	18	8	122	45	3	149	27	150	24
	9%	15% b	9%	8%	5%	12% b	9% b	7%	4%	9%	6%	9%	8%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	79	7	11	12	17	12	5	1	14	51	20	16	26	29	6	27	24	23	5
	4%	2%	5%	4%	5%	5%	2%	1%	5%	5%	3%	4%	4%	4%	2%	4%	5%	4%	2%
				a	a				a	a									
Ranked 2nd	42	3	5	5	12	7	8	-	1	29	10	8	17	14	3	13	15	9	3
	2%	1%	2%	2%	3%	3%	3%	-	1%	3%	2%	2%	3%	2%	1%	2%	3%	1%	1%
				ah	ah	ah				h									
Ranked 3rd	55	3	3	15	12	9	9	1	4	38	14	15	19	18	2	16	22	14	3
	3%	1%	1%	5%	3%	4%	4%	1%	2%	3%	2%	3%	3%	3%	1%	3%	4%	2%	1%
				abhj	a	a	a			a							c		
Not ranked	1577	310	181	265	270	167	159	59	166	882	384	396	471	523	174	440	393	524	204
	77%	88%	83%	83%	78%	76%	66%	66%	65%	80%	65%	85%	79%	74%	70%	73%	75%	81%	87%
		defghij	fghj	fghj	fghj	fghj				fghj		bcd	cd					ab	abc
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c	abcdi	bci	abcdi		abcdi				a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	176	13	18	32	41	28	23	2	19	119	44	39	63	61	11	56	60	46	12
	9%	4%	9%	10%	12%	13%	9%	2%	8%	11%	7%	8%	11%	9%	5%	9%	12%	7%	5%
			ag	ag	agj	agj	ag		a	agj	a		d	d		d	cd		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	79	38	24	17
	4%	5%	3%	3%
Ranked 2nd	42	14	11	16
	2%	2%	1%	3%
				b
Ranked 3rd	55	30	14	11
	3%	4%	2%	2%
		b		
Not ranked	1577	542	575	441
	77%	74%	75%	86%
				ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	176	82	49	43
	9%	11%	6%	8%
		b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	55	36	20	5	13	37	2	10	6	5	6	4	4	14	5
	3%	4%	2%	1%	2%	5%	2%	4%	3%	2%	3%	2%	1%	4%	3%
		b				ab		g						g	
Ranked 2nd	16	9	6	2	4	10	-	1	2	2	2	5	1	2	2
	1%	1%	1%	*	1%	1%	-	*	1%	1%	1%	2%	*	1%	1%
						a					g				
Ranked 3rd	28	16	11	4	4	20	1	3	2	4	-	4	4	6	3
	1%	2%	1%	1%	1%	3%	1%	1%	1%	2%	-	2%	1%	2%	2%
						ab									
Not ranked	1654	772	874	545	568	542	80	212	162	175	138	179	277	264	168
	81%	77%	84%	88%	85%	72%	82%	80%	81%	81%	78%	79%	86%	80%	80%
			a	c	c								befhi		
None of the above	80	39	40	21	18	41	4	10	8	12	7	12	10	9	8
	4%	4%	4%	3%	3%	5%	4%	4%	4%	6%	4%	5%	3%	3%	4%
						b									
I don't face any challenges to being active	210	124	86	42	61	107	11	29	19	18	25	22	27	36	24
	10%	12%	8%	7%	9%	14%	11%	11%	10%	8%	14%	10%	8%	11%	12%
		b				ab					g				
NET: Ranked Top 3	99	61	37	10	22	67	3	14	10	10	8	13	8	22	10
	5%	6%	4%	2%	3%	9%	3%	5%	5%	5%	5%	6%	2%	7%	5%
		b				ab								g	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	55	2	8	6	5	5	29	17	39	55	1	-	-	-	-	1
	3%	1%	2%	1%	2%	2%	6%	2%	4%	3%	2%	-	-	-	-	*
							abcdeg		bcg	cg						
Ranked 2nd	16	2	5	2	2	1	5	9	7	15	-	1	-	-	-	1
	1%	1%	1%	*	1%	*	1%	1%	1%	1%	-	*	-	-	-	*
Ranked 3rd	28	1	4	5	2	2	14	10	18	25	-	-	3	-	-	3
	1%	1%	1%	1%	1%	1%	3%	1%	2%	1%	-	-	3%	-	-	1%
							bcg						c			
Not ranked	1654	149	354	414	198	179	359	917	737	1348	42	154	67	7	17	286
	81%	81%	85%	82%	87%	84%	72%	83%	78%	79%	90%	93%	86%	100%	93%	91%
		f	fh	f	fh	fh		fh	f			a				a
None of the above	80	3	14	26	5	3	29	43	37	70	3	4	3	-	-	9
	4%	2%	3%	5%	2%	2%	6%	4%	4%	4%	6%	2%	3%	-	-	3%
				e			ade									
I don't face any challenges to being active	210	25	33	50	17	23	63	108	103	193	1	8	5	-	1	15
	10%	14%	8%	10%	7%	11%	13%	10%	11%	11%	2%	5%	7%	-	7%	5%
		bd					bd			bcg						
NET: Ranked Top 3	99	5	17	13	8	7	48	35	64	95	1	1	3	-	-	4
	5%	3%	4%	3%	4%	3%	10%	3%	7%	6%	2%	*	3%	-	-	1%
							abcdeg		aceg	cg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	55	48	4	1	5	1	1	7	3	-	1	5	-	12	26	1
	3%	4%	1%	*	1%	1%	1%	1%	1%	-	1%	4%	-	7%	6%	1%
		bcd										ch		acdehk	acdehk	
Ranked 2nd	16	13	2	-	2	1	-	4	-	1	-	1	-	3	5	1
	1%	1%	*	-	*	1%	-	1%	-	2%	-	1%	-	2%	1%	1%
				-	*			1%	-			1%	-	d		
Ranked 3rd	28	25	2	1	3	-	-	6	2	-	-	2	1	4	13	-
	1%	2%	1%	*	*	-	-	1%	1%	-	-	1%	1%	2%	3%	-
		cd													ck	
Not ranked	1654	993	303	298	601	77	59	587	212	48	54	107	82	140	289	136
	81%	78%	85%	92%	88%	90%	88%	85%	88%	79%	76%	83%	85%	75%	69%	89%
			a	ab	a	fij	fij	fij	efij			j	ij			efij
None of the above	80	52	13	7	20	1	1	18	6	3	6	5	6	7	27	2
	4%	4%	4%	2%	3%	1%	1%	3%	3%	6%	9%	4%	6%	4%	6%	1%
										k	abcdk		k		acdk	
I don't face any challenges to being active	210	150	34	16	50	6	6	68	16	9	10	9	9	19	57	12
	10%	12%	9%	5%	7%	7%	9%	10%	7%	14%	14%	7%	9%	10%	14%	8%
		cd	c												dg	
NET: Ranked Top 3	99	86	8	2	10	2	1	17	5	1	1	8	1	19	44	2
	5%	7%	2%	1%	1%	2%	1%	3%	2%	2%	1%	6%	1%	10%	11%	2%
		bcd										cdhk		abcdefhk	abcdefhk	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	55 3%	4 1%	5 1%	2 1%	- -	6 1%	4 1%	7 1%	2 1%	2 1%	- -	4 1%	7 1%	16 5% ce	36 3% c	3 1%	1 1%	40 2% c
Ranked 2nd	16 1%	2 *	1 *	3 1%	- -	3 1%	2 *	4 1%	- -	1 *	- -	1 *	4 1%	4 1%	9 1%	2 *	- -	11 1%
Ranked 3rd	28 1%	4 1%	3 1%	1 1%	- -	4 1%	4 1%	3 1%	2 1%	2 1%	- -	4 1%	3 *	9 3% be	13 1%	5 1%	- -	19 1%
Not ranked	1654 81%	431 85%	288 86%	149 83%	36 87%	437 85%	466 85%	484 83%	214 91% acf	180 81%	38 94%	394 86%	522 84%	260 77%	894 79%	425 86% abe	75 91% abe	1394 82% a
None of the above	80 4%	14 3%	9 3%	4 2%	3 8%	13 3%	18 3%	19 3%	3 1%	8 4%	2 4%	11 2%	21 3%	16 5%	44 4%	16 3%	4 4%	64 4%
I don't face any challenges to being active	210 10%	51 10%	29 9%	21 12%	2 6%	51 10%	53 10%	62 11% b	14 6%	28 13% bd	1 2%	42 9%	63 10%	33 10%	133 12% cd	41 8%	3 4%	177 10% d
NET: Ranked Top 3	99 5%	10 2%	9 3%	5 3%	- -	14 3%	10 2%	15 3%	5 2%	5 2%	- -	10 2%	15 2%	29 9% bcde	59 5% c	10 2%	1 1%	70 4% c

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	55	35	8	33	-	20	36	5	47	9	48	6
	3%	3%	3%	8%	-	1%	6%	7%	3%	2%	3%	2%
				acd			cd	cd				
Ranked 2nd	16	11	3	6	1	6	8	1	11	5	12	4
	1%	1%	1%	1%	1%	*	1%	1%	1%	1%	1%	1%
				d			d					
Ranked 3rd	28	19	3	11	2	16	12	3	22	6	26	2
	1%	1%	1%	3%	3%	1%	2%	4%	1%	1%	1%	1%
		a		d			d	d				
Not ranked	1654	1020	227	320	57	1065	543	56	1326	328	1394	245
	81%	79%	86%	81%	88%	80%	84%	79%	82%	78%	81%	83%
		b	d				d					
None of the above	80	51	7	11	2	57	17	3	57	23	65	13
	4%	4%	3%	3%	3%	4%	3%	4%	3%	6%	4%	4%
I don't face any challenges to being active	210	152	15	15	3	174	31	3	162	48	184	24
	10%	12%	6%	4%	4%	13%	5%	4%	10%	12%	11%	8%
		a				abcef						
NET: Ranked Top 3	99	64	13	50	3	41	56	9	79	20	86	12
	5%	5%	5%	13%	4%	3%	9%	13%	5%	5%	5%	4%
		a		ade			d	ad				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	55	16	8	10	3	6	5	1	5	29	11	18	14	16	6	20	12	14	9
	3%	5%	4%	3%	1%	3%	2%	1%	2%	3%	2%	4%	2%	2%	2%	3%	2%	2%	4%
		dj	d	d															
Ranked 2nd	16	7	1	2	2	2	3	-	-	7	3	4	5	3	4	6	5	5	-
	1%	2%	*	1%	*	1%	1%	-	-	1%	*	1%	1%	*	2%	1%	1%	1%	-
		hij																	
Ranked 3rd	28	10	3	2	5	3	3	1	2	12	6	9	6	12	2	11	10	5	1
	1%	3%	1%	1%	1%	1%	1%	1%	1%	1%	1%	2%	1%	2%	1%	2%	2%	1%	1%
		ci																	
Not ranked	1654	291	187	283	300	183	171	60	179	954	409	404	508	553	174	459	426	545	205
	81%	83%	86%	88%	87%	84%	71%	66%	69%	87%	70%	87%	86%	78%	70%	76%	81%	84%	88%
		fghj	fghj	afghj	fghj	fghj				fghj		cd	cd	d		fghj	a	a	ab
None of the above	80	12	4	4	11	8	17	6	18	28	40	8	19	33	15	21	17	26	11
	4%	3%	2%	1%	3%	4%	7%	7%	7%	3%	7%	2%	3%	5%	6%	4%	3%	4%	5%
					c	abcdi	bci	abcdi		abcdi				a	a				
I don't face any challenges to being active	210	18	13	19	25	16	43	22	54	73	119	23	42	91	47	89	54	53	8
	10%	5%	6%	6%	7%	7%	18%	25%	21%	7%	20%	5%	7%	13%	19%	15%	10%	8%	3%
						abcdei	abcdei	abcdei		abcdei				ab	abc	bcd	d	d	
NET: Ranked Top 3	99	32	12	14	10	11	11	2	7	47	20	31	25	31	11	38	27	24	10
	5%	9%	6%	4%	3%	5%	4%	2%	3%	4%	3%	7%	4%	4%	4%	6%	5%	4%	4%
		cdfghij														c			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Ranked 1st	55	14	25	16
	3%	2%	3%	3%
Ranked 2nd	16	3	9	4
	1%	*	1%	1%
Ranked 3rd	28	5	12	11
	1%	1%	2%	2%
			a	
Not ranked	1654	602	577	454
	81%	82%	75%	89%
		b		ab
None of the above	80	32	33	11
	4%	4%	4%	2%
		c	c	
I don't face any challenges to being active	210	80	108	17
	10%	11%	14%	3%
		c	c	
NET: Ranked Top 3	99	22	47	31
	5%	3%	6%	6%
			a	a



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?

BASE: All respondents

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Much more likely		(5.0)	271	151	118	102	81	88	10	35	22	30	15	20	61	50	29
			13%	15%	11%	17%	12%	12%	10%	13%	11%	14%	9%	9%	19%	15%	14%
				b		bc								acef	ef		
A bit more likely		(4.0)	545	259	285	185	182	178	32	67	45	63	57	61	88	75	56
			27%	26%	27%	30%	27%	23%	33%	25%	23%	29%	32%	27%	28%	23%	27%
						c			ch			ch					
No difference		(3.0)	1050	500	544	246	360	443	48	137	117	100	93	130	139	175	111
			51%	50%	52%	40%	54%	59%	49%	52%	59%	47%	52%	58%	43%	53%	53%
							a	a		g	dg		g	dg		g	g
A bit less likely		(2.0)	83	44	38	44	22	17	2	10	7	15	8	9	15	11	5
			4%	4%	4%	7%	3%	2%	2%	4%	3%	7%	5%	4%	5%	3%	3%
						bc						i					
Much less likely		(1.0)	47	28	19	17	11	19	3	7	4	4	1	3	10	10	5
			2%	3%	2%	3%	2%	3%	3%	3%	2%	2%	1%	1%	3%	3%	2%
Don't know			47	14	32	24	12	12	3	9	4	3	2	3	9	10	4
			2%	1%	3%	4%	2%	2%	3%	4%	2%	1%	1%	1%	3%	3%	2%
					a	bc											
NET: More likely			816	409	403	288	263	265	42	102	67	93	72	81	149	125	85
			40%	41%	39%	47%	39%	35%	43%	38%	33%	43%	41%	36%	46%	38%	40%
						bc						c			cfh		
NET: Less likely			130	73	57	60	34	36	5	17	11	19	10	12	25	21	10
			6%	7%	6%	10%	5%	5%	5%	6%	5%	9%	6%	5%	8%	6%	5%
						bc											
Base for stats			1996	982	1004	594	657	745	95	256	195	212	175	223	313	322	206
Mean Score			3.46	3.47	3.44	3.53	3.45	3.40	3.46	3.44	3.37	3.47	3.44	3.39	3.56	3.45	3.48
						c									cf		
Standard Deviation			.863	.906	.820	.954	.816	.823	.836	.877	.812	.883	.755	.755	.961	.906	.856
Standard Error			.019	.030	.025	.037	.031	.033	.079	.055	.057	.061	.054	.052	.053	.053	.061
Error variance			*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Much more likely	(5.0)	271	38	69	65	23	20	56	172	99	224	4	26	12	2	3	48
		13%	21% cdefh	17% defh	13%	10%	9%	11%	16% defh	11%	13%	10%	16%	16%	23%	19%	15%
A bit more likely	(4.0)	545	59	130	139	58	51	108	328	217	436	19	58	24	2	6	108
		27%	32% fh	31% fh	28% fh	25%	24%	22%	30% fh	23%	26%	40% a	35% a	30%	22%	34%	34% a
No difference	(3.0)	1050	71	198	245	131	111	293	514	535	926	15	60	26	2	6	110
		51%	39%	47%	49% a	57% abcg	52% a	59% abcg	47% abcg	57% abcg	54% bcdg	33%	36%	34%	33%	36%	35%
A bit less likely	(2.0)	83	7	12	29	11	12	12	47	36	55	4	13	8	1	1	26
		4%	4%	3%	6% bf	5%	6% f	2%	4%	4%	3%	8%	8% a	11% a	10%	4%	8% a
Much less likely	(1.0)	47	7	9	9	2	5	16	25	23	35	2	5	4	-	1	12
		2%	4% d	2%	2%	1%	2%	3%	2%	2%	2%	4%	3%	6% a	-	4%	4%
Don't know		47	1	-	15	4	13	15	17	31	31	3	4	3	1	1	11
		2%	1%	-	3% bg	2% b	6% abdg	3% b	1% b	3% bg	2%	6% a	3%	4%	11%	4%	4% a
NET: More likely		816	97	199	204	81	71	163	500	316	659	23	84	36	3	10	155
		40%	53% cdefh	48% cdefh	41% fh	35%	34%	33%	45% defh	34%	39%	50%	50% a	46%	45%	53%	49% a
NET: Less likely		130	13	21	38	13	17	28	72	58	90	6	18	13	1	1	38
		6%	7%	5%	8%	6%	8%	6%	7%	6%	5%	12% a	11% a	16% a	10%	7%	12% a
Base for stats		1996	181	418	487	226	199	484	1086	909	1675	44	162	75	6	17	304
		3.46	3.63 cdefh	3.57 defh	3.46	3.39	3.35	3.36	3.53 defh	3.37	3.45	3.46	3.54	3.42	3.65	3.63	3.50
Standard Deviation		.863	.976	.872	.864	.777	.836	.842	.889	.824	.840	.944	.957	1.079	1.082	.991	.986
Standard Error		.019	.075	.044	.039	.048	.055	.039	.027	.027	.021	.138	.073	.123	.382	.227	.055
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.02	.15	.05	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
271	155	49	53	102	20	14	107	26	8	5	16	13	16	46	35	
13%	12%	14%	16%	15%	24%	22%	15%	11%	13%	7%	12%	13%	9%	11%	23%	
					cd fghij	dfij	fi								cd fghij	
545	323	115	94	209	21	21	207	72	14	22	29	32	29	99	42	
27%	25%	32%	29%	31%	25%	31%	30%	30%	23%	31%	22%	33%	16%	24%	28%	
		a	a	a		i	ij	i		i		i		i	i	
1050	705	160	149	309	38	24	325	121	32	41	67	31	123	247	62	
51%	55%	45%	46%	45%	45%	36%	47%	50%	52%	57%	52%	31%	66%	59%	41%	
	bcd				h		h	bh	h	bhk	bh		abcdeghk	abcdhk		
83	40	22	12	34	2	4	31	15	4	1	4	8	2	11	6	
4%	3%	6%	4%	5%	2%	7%	5%	6%	7%	2%	3%	8%	1%	3%	4%	
		a	a	a		i	i	ij	i			ij			i	
47	31	6	7	14	1	2	11	2	2	2	7	4	6	11	3	
2%	2%	2%	2%	2%	2%	3%	2%	1%	3%	3%	5%	4%	3%	3%	2%	
											cd	d				
47	26	4	8	13	2	1	8	3	2	1	7	11	10	4	3	
2%	2%	1%	3%	2%	2%	1%	1%	1%	3%	1%	5%	11%	5%	1%	2%	
											cdj	abcd fjk	cdj			
816	478	164	147	311	42	35	314	99	22	27	45	44	45	144	77	
40%	37%	46%	45%	46%	49%	53%	45%	41%	36%	37%	35%	45%	24%	35%	51%	
		a	a	a	gij	egij	gij	i		i	i	ij		i	egij	
130	71	29	19	47	3	7	43	17	6	3	11	12	8	22	10	
6%	6%	8%	6%	7%	4%	10%	6%	7%	9%	4%	8%	12%	4%	5%	6%	
												acij				
1996	1255	353	315	668	83	66	682	236	60	71	123	86	176	413	149	
3.46	3.42	3.51	3.55	3.53	3.69	3.62	3.54	3.45	3.39	3.37	3.35	3.48	3.27	3.38	3.66	
			a	a	defgij	ij	gij	i							dfgij	
.863	.840	.876	.890	.882	.925	1.011	.869	.804	.903	.757	.946	1.000	.781	.815	.961	
.019	.023	.050	.053	.036	.099	.118	.033	.052	.115	.090	.080	.098	.056	.045	.076	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?

BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
		Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total		2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Much more likely	(5.0)	271 13%	86 17% ce	50 15% c	14 8% c	5 11% c	64 12% ce	91 17% ce	89 15% c	50 21% acef	14 7% c	3 8% c	64 14% c	93 15% c	40 12% cde	135 12% cd	80 16% b	16 19% b	231 14% c
A bit more likely	(4.0)	545 27%	140 28% acf	121 36% acf	49 27% abf	12 29% abf	170 33% abf	151 28% abf	167 29% abf	78 33% abf	67 30% abf	18 43% a	145 32% af	184 30% af	85 25% abce	283 25% cd	155 31% abe	22 27% ab	460 27% c
No difference	(3.0)	1050 51%	243 48%	151 45%	96 54%	16 40%	247 48%	260 47%	288 50% bd	87 37% bde	117 53% bde	14 33% bde	204 45% bde	302 49% b	191 56% cde	605 54% cd	219 45% cd	34 41% cd	859 50% c
A bit less likely	(2.0)	83 4%	20 4%	11 3%	17 10% abf	5 12% abf	28 6% abf	24 4% abf	20 3% abf	14 6% abf	19 9% af	2 4% af	34 7% af	22 3% af	10 3% abce	54 5% cd	14 3% abe	5 6% ab	73 4% c
Much less likely	(1.0)	47 2%	9 2%	3 1%	2 1% abce	3 6% abce	5 1% abce	12 2% abce	9 2% abce	4 2% abce	3 2% abce	2 5% abce	8 2% abce	11 2% abce	8 2% abce	26 2% abce	12 2% abce	2 3% abce	40 2% abce
Don't know		47 2%	9 2% be	1 * be	1 * be	1 2% e	1 * be	10 2% be	7 1% be	2 1% be	- - abcef	2 6% abcef	2 * abcef	9 2% abcef	4 1% abcef	26 2% abcef	13 3% abcef	4 5% a	43 3% c
NET: More likely		816 40%	226 45% c	171 51% c	63 35% c	17 40% c	234 45% c	242 44% c	256 44% acef	128 54% acef	81 37% acef	21 52% acef	209 46% c	277 45% c	125 37% abe	418 37% abe	235 48% abe	38 46% abe	690 40% abe
NET: Less likely		130 6%	28 6%	14 4%	19 11% ab	7 18% abef	33 6% abef	36 7% abef	29 5% abef	19 8% abef	23 10% af	4 9% af	42 9% af	32 5% af	18 5% abef	80 7% abef	26 5% abef	7 8% abef	112 7% abef
Base for stats		1996	497	336	178	40	514	538	573	234	221	38	455	611	334	1103	480	78	1661
Mean Score		3.46	3.55	3.61	3.31	3.27	3.50	3.53	3.54	3.66	3.31	3.49	3.49	3.53	3.42	3.41	3.58	3.58	3.46
			c	cd			c	c	c	ce			c	c			abe		
Standard Deviation		.863	.884	.808	.798	1.046	.816	.899	.850	.946	.786	.922	.888	.854	.827	.852	.885	.972	.871
Standard Error		.019	.039	.044	.060	.163	.036	.038	.035	.062	.053	.148	.042	.034	.045	.026	.041	.108	.021
Error variance		*	*	*	*	.03	*	*	*	*	*	.02	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?**

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Much more likely	(5.0)	271	71	156	50	55	6	168	99	11	224	47	246	24
		13%	19% b	12%	19% d	14%	10%	13%	15%	15%	14%	11%	14% b	8%
A bit more likely	(4.0)	545	125	326	67	98	15	370	167	11	430	114	475	70
		27%	33% b	25%	25%	25%	23%	28% f	26%	16%	26%	27%	27%	24%
No difference	(3.0)	1050	141	704	127	202	28	709	311	42	837	213	880	160
		51%	37%	55% a	48%	51%	42%	53% e	48%	60% ce	52%	51%	51%	55%
A bit less likely	(2.0)	83	32	37	14	20	11	37	40	4	64	19	64	18
		4%	8% b	3%	5% d	5% d	17% abdef	3%	6% d	5%	4%	4%	4% a	6% a
Much less likely	(1.0)	47	7	31	3	11	3	27	17	1	35	12	38	8
		2%	2%	2%	1%	3%	5% a	2%	3%	1%	2%	3%	2%	3%
Don't know		47	5	33	3	10	2	26	13	2	34	14	27	13
		2%	1%	3%	1%	3%	2%	2%	2%	2%	2%	3%	2%	5% a
NET: More likely		816	196	483	117	153	21	538	266	22	654	162	721	93
		40%	51% b	37%	44% f	39%	33%	40%	41%	31%	40%	39%	42% b	32%
NET: Less likely		130	39	68	17	31	15	64	57	5	99	31	101	27
		6%	10% b	5%	6% d	8% d	22% abdef	5%	9% d	7%	6% d	7%	6% a	9% a
Base for stats		1996	376	1255	260	386	63	1311	634	69	1591	405	1702	281
Mean Score		3.46	3.59 b	3.43	3.56 c	3.43 c	3.15	3.47 c	3.46 c	3.39	3.47	3.41	3.49 b	3.29
Standard Deviation		.863	.951	.838	.900	.899	1.006	.828	.920	.864	.863	.865	.865	.830
Standard Error		.019	.049	.024	.053	.046	.125	.023	.036	.100	.022	.044	.021	.048
Error variance		*	*	*	*	*	.02	*	*	.01	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Much more likely	(5.0)	271	12	16	35	51	38	42	19	58	140	119	53	53	113	52	80	58	87	44
		13%	3%	7%	11%	15%	17%	17%	21%	22%	13%	20%	11%	9%	16%	21%	13%	11%	13%	19%
				a	a	ab	abc	abci	abci	abcdi	ab	abcdi			ab	ab				abc
A bit more likely	(4.0)	545	39	57	109	105	76	72	27	59	347	159	103	178	202	57	124	144	212	64
		27%	11%	26%	34%	30%	35%	30%	31%	23%	32%	27%	22%	30%	29%	23%	20%	27%	33%	27%
				a	ahj	ah	ahj	a	a	a	ah	a		ad	a			a	a	a
No difference	(3.0)	1050	259	118	143	166	86	114	40	124	513	278	261	304	352	120	357	268	304	108
		51%	73%	55%	45%	48%	40%	47%	44%	48%	47%	47%	56%	51%	50%	49%	59%	51%	47%	46%
			bcdefghij	cei		e							c				bcd			
A bit less likely	(2.0)	83	8	9	24	12	14	6	2	7	59	15	24	30	23	5	22	33	22	6
		4%	2%	4%	8%	4%	6%	2%	2%	3%	5%	3%	5%	5%	3%	2%	4%	6%	3%	3%
					adfhj		afj				aj							acd		
Much less likely	(1.0)	47	15	10	4	6	2	4	1	5	22	10	14	19	9	6	15	9	12	7
		2%	4%	5%	1%	2%	1%	2%	1%	2%	2%	2%	3%	3%	1%	3%	2%	2%	2%	3%
			cdeij	ceij									c	c						
Don't know		47	19	7	6	6	2	3	1	4	20	8	12	9	9	7	8	12	11	5
		2%	6%	3%	2%	2%	1%	1%	1%	2%	2%	1%	3%	2%	1%	3%	1%	2%	2%	2%
			cdefhij																	
NET: More likely		816	51	73	143	156	115	115	47	117	487	278	156	231	315	109	204	202	299	108
		40%	14%	34%	45%	45%	52%	47%	52%	45%	44%	47%	33%	39%	45%	44%	34%	39%	46%	46%
				a	ab	ab	abi	ab	ab	ab	ab	ab			ab	a			ab	a
NET: Less likely		130	24	19	28	18	16	10	2	13	81	25	38	49	32	12	37	42	34	13
		6%	7%	9%	9%	5%	7%	4%	3%	5%	7%	4%	8%	8%	4%	5%	6%	8%	5%	6%
				fj	fj						j		c	c						
Base for stats		1996	333	210	315	340	217	238	89	253	1082	580	455	584	698	241	598	513	637	229
Mean Score		3.46	3.07	3.29	3.46	3.54	3.62	3.60	3.71	3.62	3.48	3.62	3.35	3.37	3.56	3.59	3.39	3.41	3.53	3.57
				a	ab	ab	abci	ab	abci	abci	ab	abci			ab	ab			ab	ab
Standard Deviation		.863	.684	.851	.839	.854	.883	.860	.856	.940	.861	.895	.864	.844	.843	.938	.855	.840	.842	.938
Standard Error		.019	.038	.059	.047	.046	.060	.056	.092	.059	.026	.037	.040	.035	.032	.062	.035	.037	.034	.061
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q8Y. Does the rollout of a vaccine for COVID-19 make you feel more or less likely to participate in sport and physical activity, or does it make no difference?**

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Much more likely	(5.0)	271	161	66	41
		13%	22%	9%	8%
			bc		
A bit more likely	(4.0)	545	258	145	141
		27%	35%	19%	28%
			bc		b
No difference	(3.0)	1050	276	497	268
		51%	38%	65%	52%
				ac	a
A bit less likely	(2.0)	83	21	29	30
		4%	3%	4%	6%
					a
Much less likely	(1.0)	47	5	15	24
		2%	1%	2%	5%
				a	ab
Don't know		47	14	12	8
		2%	2%	2%	2%
NET: More likely		816	419	212	182
		40%	57%	28%	36%
			bc		b
NET: Less likely		130	26	44	54
		6%	4%	6%	11%
				a	ab
Base for stats		1996	722	753	505
Mean Score		3.46	3.76	3.29	3.29
			bc		
Standard Deviation		.863	.855	.761	.879
Standard Error		.019	.032	.028	.039
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9. SUMMARY: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
I exercise to help manage my physical health during the outbreak	2043 100%	461 23%	925 45%	405 20%	156 8%	96 5%	1386 68%	562 27%
I feel safer exercising at home than in public places	2043 100%	492 24%	848 42%	390 19%	179 9%	133 7%	1341 66%	569 28%
I exercise to help manage my mental health during the outbreak	2043 100%	465 23%	853 42%	420 21%	213 10%	93 5%	1317 64%	632 31%
I am worried about exercising close to other people	2043 100%	446 22%	845 41%	423 21%	236 12%	93 5%	1291 63%	659 32%
I have more time now to be physically active	2043 100%	350 17%	863 42%	507 25%	216 11%	107 5%	1213 59%	723 35%
I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out	2043 100%	302 15%	855 42%	496 24%	195 10%	195 10%	1157 57%	691 34%
I miss the types of physical activity I was able to do before the outbreak	2043 100%	380 19%	730 36%	539 26%	263 13%	131 6%	1110 54%	802 39%
Since the outbreak I have found new ways to be active	2043 100%	314 15%	745 36%	611 30%	277 14%	97 5%	1059 52%	887 43%
I worry about leaving my home to exercise or be active	2043 100%	244 12%	617 30%	616 30%	484 24%	82 4%	861 42%	1100 54%
I feel guilty about wanting to exercise during the outbreak	2043 100%	181 9%	361 18%	678 33%	724 35%	99 5%	542 27%	1402 69%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	314	140	173	155	110	49	18	42	27	34	18	24	81	44	25
		15%	14%	17%	25% bc	16% c	7%	19% ef	16%	14%	16%	10%	11%	25% bcdefhi	13%	12%
Tend to agree	(3.0)	745	355	388	254	262	228	33	99	55	90	63	82	123	123	77
		36%	36%	37%	41% c	39% c	30%	34%	37% c	28%	42% c	36%	36%	38% c	37% c	37%
Tend to disagree	(2.0)	611	322	286	115	188	308	33	64	79	46	65	78	72	106	68
		30%	32% b	28%	19% a	28% a	41% ab	34% bdg	24%	40% bdg	21%	37% bdg	34% bdg	22%	32% bdg	32% dg
Strongly disagree	(1.0)	277	142	132	51	81	145	10	44	28	29	26	31	28	50	31
		14%	14%	13%	8% a	12% a	19% ab	10% g	17% g	14%	13%	14% g	14%	9%	15% g	15% g
Don't know		97	37	58	43	28	27	3	16	10	17	5	11	16	9	9
		5%	4%	6%	7% bc	4%	4%	3%	6%	5%	8% eh	3%	5%	5%	3%	4%
NET: Agree		1059	494	560	409	372	277	51	142	82	124	81	106	204	167	102
		52%	50%	54% a	66% bc	56% c	37%	53% c	53% c	41%	57% cef	46%	47%	64% abce fhi	50% c	49%
NET: Disagree		887	464	419	166	269	452	43	108	107	75	91	109	101	156	99
		43%	47% b	40%	27%	40% a	60% ab	44% g	41% g	54% bdg	35%	51% bdg	48% dg	31%	47% dg	47% dg
Base for stats		1946	959	979	575	641	730	95	249	189	199	172	214	305	322	201
Mean Score		2.56	2.51	2.61 a	2.89 bc	2.63 c	2.25	2.63	2.56	2.43	2.65 cef	2.43	2.46	2.84 abcde fhi	2.50	2.48
Standard Deviation		.924	.916	.928	.903	.911	.848	.913	.971	.913	.930	.871	.876	.925	.912	.903
Standard Error		.021	.030	.029	.036	.035	.034	.086	.062	.065	.067	.063	.062	.052	.054	.066
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	314	46	66	82	37	39	44	194	120	241	10	35	20	1	5	70
		15%	25% bcd fgh	16% f	16% f	16% f	18% fh	9% f	18% fh	13% f	14%	22%	21% a	25% a	10%	27%	22% a
Tend to agree	(3.0)	745	81	172	193	84	75	140	446	298	595	13	77	41	1	9	141
		36%	45% fh	41% fh	38% fh	37% f	35% f	28% f	40% fh	32% fh	35%	29%	47% ab	52% ab	22%	48%	45% ab
Tend to disagree	(2.0)	611	32	112	153	64	62	188	297	314	550	14	29	8	4	1	56
		30%	17% a	27% a	30% a	28% a	29% a	38% abcdeg	27% a	33% abg	32% cdg	30% cdg	17%	10%	56%	7%	18%
Strongly disagree	(1.0)	277	18	52	51	29	23	103	121	155	248	5	14	7	-	1	26
		14%	10% abcdeg	12% aceg	10% aceg	13% aceg	11% aceg	21% aceg	11% aceg	17% aceg	15% cg	11%	8%	8%	-	5%	8%
Don't know		97	5	16	23	15	14	25	44	53	72	4	11	3	1	2	21
		5%	3% a	4% a	5% a	6% a	6% a	5% a	4% a	6% a	4% a	8% a	7% a	4% a	12% a	13% a	7% a
NET: Agree		1059	128	238	275	121	113	184	641	418	835	24	112	60	2	13	212
		52%	70% bcdefgh	57% fh	55% fh	53% fh	53% fh	37% fh	58% fh	44% f	49%	51%	67% ab	78% ab	32%	75%	67% ab
NET: Disagree		887	50	164	204	93	85	291	418	469	799	19	43	14	4	2	82
		43%	27% a	39% a	41% a	41% a	40% a	58% abcdeg	38% a	50% abcdeg	47% cdg	41% cdg	26%	18%	56%	12%	26%
Base for stats		1946	178	402	479	214	198	475	1059	887	1634	43	155	74	6	16	293
Mean Score		2.56	2.87 bcdefgh	2.63 fh	2.64 fh	2.60 fh	2.65 fh	2.26 f	2.67 fh	2.43 f	2.51	2.68	2.86 a	2.99 a	2.48	3.12	2.87 a
Standard Deviation		.924	.917	.906	.889	.930	.926	.902	.904	.931	.921	.978	.870	.853	.761	.796	.880
Standard Error		.021	.071	.047	.041	.059	.062	.043	.028	.031	.023	.144	.068	.098	.269	.193	.050
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	*	.01	.07	.04	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
314	150	70	76	146	24	18	132	45	14	6	18	19	17	22	42	
15%	12%	20%	24%	22%	28%	27%	19%	19%	23%	8%	14%	19%	9%	5%	28%	
		a	a	a	cfgij	fgij	fij	fij	fij		j	fij			cdgij	
745	418	153	148	300	36	29	308	85	22	24	42	34	51	115	65	
36%	33%	43%	46%	44%	42%	43%	45%	35%	36%	33%	33%	35%	28%	28%	43%	
		a	a	a	ij	ij	dghij	j							ij	
611	442	85	63	148	18	11	161	73	18	24	40	22	66	177	29	
30%	35%	24%	20%	22%	21%	17%	23%	30%	30%	33%	31%	23%	36%	42%	19%	
		bcd						bck		bk	bk		abchk	abcdghk		
277	208	36	23	59	6	6	63	27	3	15	20	10	36	90	12	
14%	16%	10%	7%	9%	7%	9%	9%	11%	5%	21%	16%	11%	19%	22%	8%	
		bcd								abcdek	acek		abcdehk	abcdehk		
97	63	14	12	27	2	2	26	10	4	3	9	12	16	13	4	
5%	5%	4%	4%	4%	2%	4%	4%	4%	7%	4%	7%	12%	9%	3%	3%	
											j	abcdjk	acjk			
1059	568	223	224	447	60	47	439	130	36	30	60	52	68	137	107	
52%	44%	62%	69%	66%	70%	71%	64%	54%	58%	41%	46%	54%	37%	33%	70%	
		a	a	a	dfghij	dfghij	dfghij	ij	ij		j	ij			dfghij	
887	650	120	87	207	24	17	225	100	21	39	60	33	102	267	41	
43%	51%	34%	27%	30%	28%	26%	33%	42%	35%	54%	46%	34%	55%	64%	27%	
		bcd						abck		abcehk	abchk		abcdehk	abcdeghik		
1946	1218	343	311	654	84	64	664	230	57	68	120	85	170	404	148	
2.56	2.42	2.75	2.89	2.82	2.93	2.93	2.76	2.65	2.82	2.30	2.48	2.71	2.28	2.17	2.93	
		a	a	a	dfgij	dfgij	fgij	fij	fgij		j	fij			cdgij	
.924	.913	.897	.861	.883	.885	.915	.877	.927	.871	.914	.943	.950	.911	.835	.895	
.021	.026	.052	.052	.037	.094	.109	.034	.061	.113	.112	.081	.093	.066	.046	.071	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	314 15%	105 21%	59 18%	28 15%	8 19%	87 17%	102 18%	57 24% acf	34 15%	9 23%	91 20%	111 18%	38 11%	165 15%	96 20% ab	15 18%	276 16% a
Tend to agree	(3.0)	745 36%	204 40%	156 46%	70 39%	16 39%	225 44%	245 42%	108 46%	82 37%	19 46%	190 42%	264 43%	85 25%	414 37% a	207 42% ab	39 47% a	660 39% a
Tend to disagree	(2.0)	611 30%	134 26%	75 22%	51 29%	12 28%	127 25%	160 28% b	43 18%	63 28% b	7 17%	106 23%	167 27% b	132 39% bcde	354 31% c	106 21% ab	19 23% a	479 28% c
Strongly disagree	(1.0)	277 14%	42 8%	38 11%	25 14% af	4 9%	63 12% af	51 9%	22 9%	31 14% af	3 8%	54 12%	54 9%	70 21% bcde	153 14% c	48 10%	6 7%	207 12%
Don't know		97 5%	20 4%	9 3%	5 3%	2 5%	14 3%	22 4%	5 2%	11 5%	2 5%	16 3%	24 4%	13 4%	44 4%	36 7% abe	4 5%	83 5%
NET: Agree		1059 52%	310 61%	215 64% c	97 54%	24 58%	312 61%	347 60%	165 70% acef	116 53%	28 69% c	281 62% c	376 61% c	123 36%	579 51% a	304 62% abe	53 65% ab	936 55% a
NET: Disagree		887 43%	176 35%	113 34%	77 43% b	15 37%	189 37%	211 36% b	66 28%	94 43% bd	10 25%	160 35%	221 36% b	202 60% bcde	507 45% cde	153 31%	25 31%	685 40% c
Base for stats		1946	486	328	174	39	501	558	230	210	38	441	596	325	1086	457	78	1621
Mean Score		2.56	2.77 c	2.72	2.57	2.71	2.67	2.71 c	2.87 acf	2.57	2.89 c	2.72 c	2.73 c	2.28	2.54 a	2.77 abe	2.79 ab	2.62 ab
Standard Deviation		.924	.888	.892	.925	.908	.905	.868	.899	.934	.877	.927	.869	.933	.914	.899	.838	.912
Standard Error		.021	.040	.050	.070	.144	.041	.036	.059	.064	.140	.044	.035	.052	.028	.042	.093	.023
Error variance		*	*	*	*	.02	*	*	*	*	.02	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	314	182	48	49	8	213	95	9	260	55	262	48
		15%	14%	18%	12%	13%	16%	15%	13%	16%	13%	15%	16%
		b		b									
Tend to agree	(3.0)	745	489	76	109	23	533	191	15	602	143	647	92
		36%	38%	29%	28%	35%	40%	30%	22%	37%	34%	37%	31%
							abef					b	
Tend to disagree	(2.0)	611	381	75	126	23	398	202	21	469	141	516	91
		30%	30%	29%	32%	36%	30%	31%	30%	29%	34%	30%	31%
			a										
Strongly disagree	(1.0)	277	171	45	89	7	142	125	15	217	59	233	42
		14%	13%	17%	23%	10%	11%	19%	22%	13%	14%	13%	14%
			a	d	cd			d	d				
Don't know		97	64	19	23	4	51	35	9	76	21	71	20
		5%	5%	7%	6%	6%	4%	5%	13%	5%	5%	4%	7%
				d					bde			a	
NET: Agree		1059	672	123	158	31	746	286	25	861	198	909	141
		52%	52%	47%	40%	48%	56%	44%	35%	53%	47%	53%	48%
			b				abef			b			
NET: Disagree		887	551	121	215	30	540	327	36	687	200	750	133
		43%	43%	46%	54%	46%	40%	50%	52%	42%	48%	43%	45%
			a		ad			d			a		
Base for stats		1946	1223	244	373	61	1286	613	61	1548	398	1659	274
Mean Score		2.56	2.56	2.52	2.32	2.54	2.64	2.42	2.30	2.58	2.49	2.57	2.54
			b	b			bef						
Standard Deviation		.924	.908	1.007	.980	.869	.885	.981	1.020	.927	.908	.919	.954
Standard Error		.021	.026	.062	.051	.110	.025	.039	.125	.024	.046	.023	.056
Error variance		*	*	*	*	.01	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	314	11	20	40	62	53	38	24	65	176	128	55	83	116	56	100	80	83	45
		15%	3%	9%	13%	18%	24%	16%	27%	25%	16%	22%	12%	14%	16%	23%	17%	15%	13%	19%
			a	a	ab	abcfi	ab	abcfi	abcfi	ab	abci				a	abc				c
Tend to agree	(3.0)	745	70	62	129	144	99	109	46	86	433	241	129	246	270	94	188	202	263	88
		36%	20%	29%	40%	42%	45%	45%	51%	34%	39%	41%	28%	41%	38%	38%	31%	39%	40%	38%
			a	ab	abh	abh	abh	abh	abhi	a	ab	abh		a	a	a		a	a	
Tend to disagree	(2.0)	611	127	86	112	93	38	70	11	73	330	154	160	171	220	56	209	158	193	49
		30%	36%	40%	35%	27%	18%	29%	12%	28%	30%	26%	34%	29%	31%	23%	34%	30%	30%	21%
			deg hij	defghij	degj	eg		eg		eg	eg	eg	d		d		d	d	d	
Strongly disagree	(1.0)	277	123	33	25	26	22	16	5	25	106	47	91	68	79	33	91	67	82	32
		14%	35%	15%	8%	7%	10%	7%	6%	10%	10%	8%	19%	12%	11%	13%	15%	13%	13%	14%
			bcdefghij	cdfgij									bcd							
Don't know		97	21	15	14	22	6	9	3	8	57	19	31	24	22	9	19	17	28	20
		5%	6%	7%	4%	6%	3%	4%	3%	3%	5%	3%	7%	4%	3%	3%	3%	3%	4%	9%
			j	ehj		ej							c							abc
NET: Agree		1059	81	82	169	206	152	147	70	152	609	369	184	330	386	150	288	282	346	134
		52%	23%	38%	53%	60%	70%	61%	79%	59%	55%	63%	39%	56%	55%	61%	48%	54%	53%	57%
				a	ab	ab	abcdfhi	ab	abcdfhij	ab	ab	abci		a	a	a		a	a	a
NET: Disagree		887	251	119	137	118	61	86	16	98	436	201	251	240	299	89	300	225	275	80
		43%	71%	55%	43%	34%	28%	36%	18%	38%	40%	34%	54%	40%	42%	36%	49%	43%	42%	34%
			bcdefghij	cdefghij	degj	g		g		eg	egj	g	bcd				bcd	d	d	
Base for stats		1946	331	202	306	324	213	233	87	250	1045	569	435	569	685	239	588	507	621	214
Mean Score		2.56	1.90	2.34	2.60	2.75	2.86	2.73	3.03	2.77	2.65	2.79	2.34	2.61	2.62	2.73	2.51	2.58	2.56	2.69
				a	ab	abc	abci	ab	abcdfhij	abc	ab	abci		a	a	a				a
Standard Deviation		.924	.840	.871	.817	.856	.915	.818	.814	.952	.877	.883	.946	.879	.898	.974	.949	.909	.884	.970
Standard Error		.021	.047	.061	.046	.047	.062	.054	.089	.061	.027	.037	.045	.036	.035	.065	.039	.040	.036	.066
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	314	205	73	32
		15%	28%	10%	6%
			bc	c	
Tend to agree	(3.0)	745	336	263	143
		36%	46%	34%	28%
			bc	c	
Tend to disagree	(2.0)	611	130	265	212
		30%	18%	35%	41%
				a	ab
Strongly disagree	(1.0)	277	42	126	100
		14%	6%	16%	20%
				a	a
Don't know		97	23	38	26
		5%	3%	5%	5%
NET: Agree		1059	541	336	174
		52%	73%	44%	34%
			bc	c	
NET: Disagree		887	172	391	312
		43%	23%	51%	61%
				a	ab
Base for stats		1946	713	727	487
Mean Score		2.56	2.99	2.39	2.22
			bc	c	
Standard Deviation		.924	.841	.887	.845
Standard Error		.021	.031	.033	.038
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender			Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	350 17%	175 18%	172 17%	143 23% bc	115 17% c	92 12%	18 18%	52 20% f	34 17%	34 16%	24 14%	27 12%	78 24% cdefh	47 14%	37 18%
Tend to agree	(3.0)	863 42%	448 45% b	413 40%	240 39%	256 38%	367 49% ab	39 40%	97 37%	89 45%	92 43%	85 48% bg	95 42%	121 38%	155 47% bg	90 43%
Tend to disagree	(2.0)	507 25%	233 23%	272 26%	134 22%	193 29% ac	180 24%	25 25%	60 22%	47 24%	53 25%	45 25%	67 30%	74 23%	81 24%	56 26%
Strongly disagree	(1.0)	216 11%	94 9%	119 12%	63 10%	76 11%	78 10%	12 12%	31 12%	19 10%	24 11%	14 8%	24 11%	36 11%	39 12%	18 9%
Don't know		107 5%	46 5%	60 6%	38 6%	29 4%	39 5%	5 5%	25 9% gh	11 5%	13 6%	8 5%	13 6%	13 4%	10 3%	10 5%
NET: Agree		1213 59%	623 63% b	585 56%	383 62% b	371 55%	459 61%	56 58%	150 56%	123 62%	126 58%	109 62%	121 54%	199 62%	202 61%	127 60%
NET: Disagree		723 35%	327 33%	392 38% a	197 32%	269 40% ac	258 34%	36 37%	91 34%	66 33%	77 36%	59 33%	91 40%	109 34%	120 36%	74 35%
Base for stats		1936	950	977	580	640	717	93	241	189	203	169	212	308	322	201
Mean Score		2.70	2.74 b	2.65	2.80 bc	2.64	2.66	2.67	2.71	2.73	2.67	2.71	2.58	2.78 f	2.65	2.73
Standard Deviation		.893	.871	.908	.934	.909	.835	.925	.951	.872	.892	.816	.849	.953	.873	.866
Standard Error		.020	.029	.028	.037	.035	.034	.089	.062	.062	.063	.060	.060	.053	.051	.063
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335	
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	350	48	65	80	45	40	72	193	157	270	9	39	24	1	6	78	
		17%	27% bcfgh	15%	16%	20%	19%	15%	17%	17%	16%	19%	23% a	31% a	10%	36%	25% a	
Tend to agree	(3.0)	863	83	171	199	89	91	231	452	411	732	21	63	30	2	7	124	
		42%	45%	41%	40%	39%	43%	46% c	41%	44%	43%	45%	38%	39%	34%	41%	39%	
Tend to disagree	(2.0)	507	34	114	149	61	47	101	298	210	433	11	36	17	2	1	67	
		25%	19% afh	27% afh	30% aefh	27% f	22%	20%	27% afh	22%	25%	25%	22%	22%	33%	5%	21%	
Strongly disagree	(1.0)	216	12	48	51	23	24	58	111	105	187	4	16	6	-	2	28	
		11%	7%	11%	10%	10%	11%	12%	10%	11%	11%	8%	10%	8%	-	11%	9%	
Don't know		107	5	21	23	11	11	36	49	58	85	1	13	1	2	1	18	
		5%	3%	5%	5%	5%	5%	7% ag	4%	6%	5%	3%	8% d	1%	23%	7%	6%	
NET: Agree		1213	131	235	279	134	130	303	645	568	1002	30	102	54	3	14	202	
		59%	72% bcdefgh	56%	55%	59%	61%	61%	59%	60%	59%	64%	61%	69%	44%	77%	64%	
NET: Disagree		723	47	162	200	84	71	160	409	315	619	15	52	23	2	3	95	
		35%	26% af	39% afh	40% a	37% a	33%	32%	37% a	33% a	36% g	33%	31%	30%	33%	16%	30%	
Base for stats		1936	178	397	479	218	201	463	1054	882	1621	45	154	77	5	17	297	
Mean Score		2.70	2.94 bcdefgh	2.64	2.64	2.72	2.72	2.69	2.69	2.70	2.67	2.77	2.81	2.94 a	2.70	3.09	2.85 a	
Standard Deviation		.893	.864	.893	.881	.909	.916	.884	.889	.897	.886	.871	.932	.920	.766	.990	.919	
Standard Error		.020	.067	.046	.040	.057	.061	.042	.028	.030	.022	.126	.073	.104	.289	.233	.052	
Error variance		*	*	*	*	*	*	*	*	*	*	.02	.01	.01	.08	.05	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
350	200	64	67	132	26	21	118	39	9	10	30	21	28	49	47	
17%	16%	18%	21%	19%	31%	31%	17%	16%	14%	14%	23%	21%	15%	12%	31%	
			a	a	cdefij	cdefij	j				j	j			cdefij	
863	563	145	126	271	35	24	283	86	25	30	60	30	69	222	59	
42%	44%	41%	39%	40%	41%	36%	41%	36%	42%	41%	46%	31%	37%	53%	39%	
							h				dh			abcdhik		
507	314	97	75	172	17	15	191	74	16	21	18	23	44	90	31	
25%	25%	27%	23%	25%	19%	22%	28%	31%	26%	29%	14%	24%	24%	22%	20%	
							gj	agjk	g	g		g	g	g		
216	133	30	47	77	6	6	71	29	6	6	13	16	25	37	13	
11%	10%	8%	14%	11%	7%	10%	10%	12%	10%	8%	10%	16%	14%	9%	8%	
			ab									jk				
107	70	20	9	29	1	1	28	12	5	5	9	8	19	20	2	
5%	5%	6%	3%	4%	1%	1%	4%	5%	8%	7%	9%	8%	10%	5%	1%	
	c							k	abk	k	ak	abk	abcdjk	k		
1213	763	209	193	403	62	45	400	125	34	39	89	50	97	271	106	
59%	60%	59%	60%	59%	72%	67%	58%	52%	56%	55%	69%	52%	53%	65%	70%	
					cdefhi	dhi					cdthi			cdhi	cdefhi	
723	447	127	121	249	23	21	262	103	22	27	31	39	69	127	44	
35%	35%	36%	38%	37%	27%	32%	38%	43%	36%	38%	24%	40%	37%	30%	29%	
							agjk	agjk		g		agk	g			
1936	1211	337	315	651	84	66	662	228	56	66	120	89	166	398	150	
2.70	2.69	2.72	2.68	2.70	2.97	2.90	2.67	2.59	2.66	2.66	2.88	2.62	2.60	2.71	2.94	
					cdefhij	cdi					cdhij				cdefhij	
.893	.875	.874	.972	.922	.903	.964	.890	.919	.871	.844	.909	1.029	.944	.799	.928	
.020	.025	.051	.058	.038	.096	.113	.034	.061	.113	.104	.078	.099	.070	.045	.073	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	350 17%	81 16%	64 19%	32 18%	8 20%	96 19%	85 15%	56 24% af	39 18%	7 17%	95 21% af	92 15%	55 16%	175 16%	101 20% b	19 23%	295 17%
Tend to agree	(3.0)	863 42%	189 37%	152 45% acf	63 35%	18 45%	215 42%	211 36%	108 46% af	87 40%	22 54% af	195 43% a	232 37%	156 46% c	498 44% c	180 36%	29 36%	707 41% c
Tend to disagree	(2.0)	507 25%	153 30% b	74 22%	60 33% b	11 27%	134 26%	188 32% be	43 18%	60 27% b	11 28%	103 23%	199 32% be	66 19%	293 26% a	126 26% a	22 27%	442 26% a
Strongly disagree	(1.0)	216 11%	62 12% d	37 11%	15 8%	1 2%	52 10%	68 12%	24 10%	20 9%	1 2%	44 10%	69 11%	39 12%	106 9%	63 13% b	8 10%	177 10%
Don't know		107 5%	22 4%	8 2%	10 5%	2 6%	18 3%	28 5%	5 2%	14 6% b	- -	19 4%	28 4%	22 7%	57 5%	23 5%	4 5%	84 5%
NET: Agree		1213 59%	270 53%	217 64% acf	95 53%	27 65%	312 60% af	296 51%	164 70% acf	127 57%	28 70% af	290 64% af	324 52%	211 62%	674 60%	281 57%	48 58%	1002 59%
NET: Disagree		723 35%	215 42% be	111 33%	75 42%	12 29%	186 36%	256 44% bce	67 28%	80 36%	12 30%	147 32%	268 43% be	105 31%	399 35%	189 38% a	30 37%	618 36%
Base for stats		1936	484	328	169	39	498	552	231	207	41	437	593	316	1073	470	78	1620
Mean Score		2.70	2.60	2.74 af	2.66	2.88	2.72 a	2.57	2.85 af	2.71	2.85 a	2.78 af	2.59	2.72	2.69	2.68	2.75	2.69
Standard Deviation		.893	.912	.902	.883	.769	.896	.896	.907	.885	.718	.898	.887	.895	.859	.959	.936	.892
Standard Error		.020	.041	.050	.068	.122	.040	.038	.060	.061	.111	.043	.036	.050	.026	.044	.104	.022
Error variance		*	*	*	*	.01	*	*	*	*	.01	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Total		a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%													
Unweighted Total		2043	380 1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381 1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	350	98 192	56	70	11	225	119	16	280	69	308	40
		17%	26% 15%	21%	18%	18%	17%	18%	22%	17%	17%	18%	13%
			b										
Tend to agree	(3.0)	863	149 548	84	162	29	584	254	19	682	181	728	131
		42%	39% 43%	32%	41% af	45% f	44% af	39% af	27%	42%	43%	42%	44%
Tend to disagree	(2.0)	507	80 350	70	91	13	340	155	18	412	96	433	69
		25%	21% 27%	27%	23%	20%	25%	24%	25%	25%	23%	25%	24%
			a										
Strongly disagree	(1.0)	216	42 131	38	53	8	123	86	11	167	49	178	36
		11%	11% 10%	14% d	13% d	12%	9%	13% d	16% d	10%	12%	10%	12%
Don't know		107	12 66	15	22	4	65	33	7	83	24	82	18
		5%	3% 5%	6%	5%	6%	5%	5%	10%	5%	6%	5%	6%
NET: Agree		1213	247 740	140	231	40	809	374	34	962	251	1036	170
		59%	65% 57%	53%	58%	62%	61% af	58%	49%	59%	60%	60%	58%
			b										
NET: Disagree		723	122 482	108	143	21	463	241	29	579	144	611	106
		35%	32% 37%	41% d	36%	32%	35%	37%	42%	36%	34%	35%	36%
Base for stats		1936	369 1221	248	375	61	1272	615	63	1541	395	1648	276
Mean Score		2.70	2.82 2.66	2.64	2.66	2.72	2.72	2.66	2.61	2.70	2.69	2.71	2.63
			b										
Standard Deviation		.893	.951 .869	.993	.937	.915	.866	.945	1.052	.890	.902	.893	.887
Standard Error		.020	.050 .025	.060	.049	.115	.024	.038	.127	.023	.046	.022	.052
Error variance		*	* *	*	*	.01	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	350	27	23	34	74	52	47	30	62	184	139	59	92	130	66	100	80	107	59
		17%	8%	11%	11%	21%	24%	20%	33%	24%	17%	24%	13%	15%	18%	27%	16%	15%	16%	25%
						abci	abci	abc	abcdfi	abci	abc	abci			a	abc				abc
Tend to agree	(3.0)	863	112	80	152	154	95	111	44	116	480	271	190	247	321	97	253	223	287	96
		42%	32%	37%	47%	44%	43%	46%	49%	45%	44%	46%	41%	42%	45%	39%	42%	42%	44%	41%
					ab	a	a	ab	ab	a	a	ab								
Tend to disagree	(2.0)	507	107	70	89	76	49	56	7	52	285	115	116	168	175	43	150	137	168	49
		25%	30%	32%	28%	22%	23%	23%	8%	20%	26%	20%	25%	28%	25%	17%	25%	26%	26%	21%
			deghj	defghij	ghj	g	g	g		g	gj	g	d	d	d		d			
Strongly disagree	(1.0)	216	76	29	25	29	15	14	6	20	99	40	71	55	56	31	74	52	65	23
		11%	22%	14%	8%	9%	7%	6%	7%	8%	9%	7%	15%	9%	8%	12%	12%	10%	10%	10%
			bcdefghij	cefhij									bc			c				
Don't know		107	31	14	20	12	7	13	2	8	53	23	30	31	24	11	30	33	23	7
		5%	9%	7%	6%	4%	3%	5%	2%	3%	5%	4%	6%	5%	3%	5%	5%	6%	4%	3%
			deghij										c					c		
NET: Agree		1213	139	103	186	228	147	158	74	178	664	410	249	339	451	162	353	302	393	155
		59%	39%	47%	58%	66%	67%	66%	82%	69%	60%	70%	53%	57%	64%	66%	58%	58%	61%	66%
					ab	abc	abci	ab	abcdefhij	abci	ab	abci			ab	ab				ab
NET: Disagree		723	183	100	115	106	65	70	14	72	385	155	187	223	232	74	224	190	232	72
		35%	52%	46%	36%	31%	30%	29%	16%	28%	35%	26%	40%	38%	33%	30%	37%	36%	36%	31%
			cdefghij	cdefghij	ghj	g	g	g		g	ghj	g	cd	d						
Base for stats		1936	322	202	301	334	212	228	88	250	1049	565	436	562	683	236	577	492	626	227
Mean Score		2.70	2.28	2.48	2.65	2.82	2.87	2.84	3.11	2.88	2.71	2.90	2.54	2.67	2.77	2.83	2.66	2.67	2.70	2.85
				a	ab	abc	abci	abci	abcdefhij	abci	ab	abci		a	ab	ab				abc
Standard Deviation		.893	.920	.878	.793	.879	.867	.822	.847	.871	.863	.851	.919	.863	.852	.979	.912	.871	.872	.927
Standard Error		.020	.052	.062	.046	.048	.059	.055	.092	.056	.027	.036	.043	.036	.033	.065	.038	.039	.035	.061
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	350	215	76	55
		17%	29%	10%	11%
			bc		
Tend to agree	(3.0)	863	341	317	200
		42%	46%	41%	39%
			c		
Tend to disagree	(2.0)	507	111	224	165
		25%	15%	29%	32%
			a	a	
Strongly disagree	(1.0)	216	49	88	73
		11%	7%	12%	14%
			a	a	
Don't know		107	20	59	20
		5%	3%	8%	4%
			ac		
NET: Agree		1213	557	394	255
		59%	76%	51%	50%
			bc		
NET: Disagree		723	160	312	238
		35%	22%	41%	46%
			a	ab	
Base for stats		1936	716	706	493
Mean Score		2.70	3.01	2.54	2.48
			bc		
Standard Deviation		.893	.854	.846	.879
Standard Error		.020	.032	.032	.040
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	380	174	206	169	118	93	15	58	46	35	20	30	87	49	40
		19%	17%	20%	27% bc	18% c	12%	15%	22% efh	23% efh	16%	12%	13%	27% adefhi	15%	19% e
Tend to agree	(3.0)	730	367	360	229	248	252	40	97	66	73	69	80	114	118	72
		36%	37%	35%	37%	37%	33%	41%	37%	33%	34%	39%	35%	35%	36%	34%
Tend to disagree	(2.0)	539	264	272	133	175	232	28	50	57	61	60	59	79	95	50
		26%	27%	26%	22%	26% a	31% a	29% b	19%	29% b	28% b	34% bgi	26%	24%	29% b	24%
Strongly disagree	(1.0)	263	139	122	44	81	138	7	33	25	30	21	39	25	45	38
		13%	14%	12%	7% a	12% a	18% ab	7%	12%	13% g	14% g	12%	17% ag	8% ag	14% g	18% ag
Don't know		131	52	77	43	46	41	8	27	5	16	7	17	17	23	11
		6%	5% a	7% a	7%	7%	5%	8% c	10% cegi	3%	7% c	4% c	8% c	5% c	7% c	5%
NET: Agree		1110	541	566	398	366	345	55	154	112	109	89	110	200	168	112
		54%	54%	55%	64% bc	55% c	46%	56%	58% f	56%	50%	51%	49%	62% defhi	51%	53%
NET: Disagree		802	403	394	177	256	370	35	83	82	91	81	98	104	140	88
		39%	40%	38%	29%	38% a	49% ab	36%	31%	41% bg	42% bg	46% bg	44% bg	32%	42% bg	42% bg
Base for stats		1912	944	960	575	623	715	90	238	194	200	170	208	304	308	200
Mean Score		2.64	2.61	2.68	2.91 bc	2.65 c	2.42	2.70	2.75 efh	2.68 f	2.57	2.52	2.49	2.86 cdefhi	2.56	2.57
Standard Deviation		.950	.949	.951	.907	.933	.944	.835	.975	.975	.949	.861	.958	.927	.929	1.016
Standard Error		.022	.032	.030	.036	.037	.038	.081	.064	.069	.068	.063	.069	.052	.056	.074
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity								
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335	
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	380	43	99	96	44	37	61	238	142	291	11	47	24	2	4	88	
		19%	24% fh	24% fh	19% f	19% f	17% e	12% f	22% fh	15% e	17%	23%	28% a	30% a	34%	23%	28% a	
Tend to agree	(3.0)	730	75	169	183	89	60	154	427	303	597	17	68	28	1	9	123	
		36%	41% efh	40% efh	37% e	39% efh	28% e	31% e	39% efh	32% efh	35%	37%	41%	36%	22%	48%	39%	
Tend to disagree	(2.0)	539	43	87	138	59	66	146	268	271	470	13	29	15	2	4	63	
		26%	24%	21%	28% b	26% b	31% bg	29% bg	24% bg	29% bg	28% cg	28%	18%	20%	22%	20%	20%	
Strongly disagree	(1.0)	263	18	41	53	23	30	98	112	151	240	2	11	7	1	-	20	
		13%	10%	10%	11%	10%	14%	20% abcdg	10% abcdg	16% abcdg	14% bcg	4%	6%	9%	11%	-	6%	
Don't know		131	3	24	32	14	19	40	58	73	109	4	11	4	1	2	21	
		6%	2% a	6% a	6% a	6% a	9% ag	8% ag	5% a	8% ag	6%	8%	7%	5%	11%	9%	7%	
NET: Agree		1110	118	267	279	133	97	215	665	445	887	28	115	51	4	13	211	
		54%	65% cefh	64% cefh	56% efh	58% efh	46% e	43% e	60% efh	47% efh	52%	60%	69% a	66% a	56%	71%	67% a	
NET: Disagree		802	61	127	191	82	96	244	380	422	710	15	40	23	2	4	83	
		39%	34%	30%	38% b	36% b	45% abdg	49% abdg	34% abdg	45% abdg	42% cdg	32%	24%	29%	33%	20%	26%	
Base for stats		1912	180	395	470	215	193	459	1045	868	1598	43	155	74	6	16	294	
Mean Score		2.64	2.80 efh	2.82 cefh	2.68 fh	2.72 efh	2.54 e	2.39 e	2.76 efh	2.50 f	2.59	2.86	2.98 a	2.92 a	2.89	3.04	2.95 a	
Standard Deviation		.950	.922	.924	.922	.912	.973	.966	.924	.963	.953	.851	.879	.957	1.155	.711	.888	
Standard Error		.022	.071	.048	.042	.058	.065	.047	.029	.032	.024	.125	.069	.110	.408	.168	.050	
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	*	.01	.17	.03	*	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
380	197	77	83	160	24	23	151	53	10	7	18	23	25	45	48	
19%	15%	22%	26%	23%	28%	35%	22%	22%	17%	10%	14%	24%	13%	11%	31%	
		a	a	a	fgij	cdefgij	fgij	fij				fgij			cdefgij	
730	442	139	124	263	34	30	264	80	31	25	40	33	50	143	64	
36%	35%	39%	38%	39%	40%	45%	38%	34%	50%	35%	31%	34%	27%	34%	42%	
					i	gi	i		dghij						gi	
539	355	82	84	167	15	8	166	67	11	21	44	21	56	130	23	
26%	28%	23%	26%	24%	17%	12%	24%	28%	18%	29%	34%	22%	30%	31%	15%	
							bk	abk		bk	abcehk		abk	abcek		
263	199	35	23	59	8	1	74	23	6	12	15	8	37	78	9	
13%	16%	10%	7%	9%	9%	1%	11%	10%	10%	17%	12%	8%	20%	19%	6%	
	bcd				b		b	b	b	bk	b	b	abcdghk	abcdhk		
131	88	23	9	32	4	4	35	16	4	6	11	12	18	21	9	
6%	7%	6%	3%	5%	5%	6%	5%	7%	6%	8%	9%	13%	9%	5%	6%	
	c	c										cjk	cj			
1110	639	216	207	423	58	53	415	133	41	32	59	56	75	188	112	
54%	50%	61%	64%	62%	69%	80%	60%	56%	66%	45%	45%	57%	40%	45%	74%	
		a	a	a	dfgij	cdfghij	fgij	gij	fgij			gij			cdfghij	
802	554	118	108	225	23	9	240	90	17	33	60	29	93	208	32	
39%	43%	33%	33%	33%	26%	13%	35%	38%	28%	46%	46%	30%	50%	50%	21%	
	bcd				b		bk	bk	b	abehk	abcehk	b	abcdehk	abcdehk		
1912	1193	334	314	648	81	62	655	223	58	65	118	85	168	397	143	
2.64	2.53	2.77	2.85	2.81	2.92	3.22	2.75	2.73	2.78	2.42	2.52	2.84	2.37	2.39	3.05	
	a	a	a	a	fgij	acdefghij	fgij	fgij	fij			fgij			cdefgij	
.950	.956	.923	.900	.912	.937	.718	.936	.939	.866	.922	.909	.934	.989	.929	.859	
.022	.027	.054	.054	.038	.102	.086	.036	.063	.112	.115	.079	.092	.073	.052	.069	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	.01	*	*	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	380 19%	113 22%	87 26% c	29 16%	9 22%	116 22%	110 19%	67 29% af	49 22%	14 35% af	117 26% af	124 20%	56 17%	195 17%	113 23% ab	17 20%	324 19%
Tend to agree	(3.0)	730 36%	178 35%	141 42%	72 40%	18 43%	212 41% a	223 38%	103 44% c	69 31%	16 40%	172 38%	239 39%	124 37%	392 35%	177 36%	36 44%	606 36%
Tend to disagree	(2.0)	539 26%	128 25% b	65 19%	43 24%	12 28%	108 21%	146 25% b	39 17%	60 27% b	7 17%	100 22%	153 25% b	84 25%	313 28%	125 25%	18 22%	456 27%
Strongly disagree	(1.0)	263 13%	53 10%	33 10%	23 13%	1 2%	56 11%	67 12%	17 7%	26 12%	2 4%	43 9%	69 11%	52 15% c	162 14% c	43 9%	7 8%	211 12% c
Don't know		131 6%	34 7% b	11 3%	13 7%	2 5%	24 5%	34 6%	9 4%	16 7%	2 4%	24 5%	36 6%	23 7%	68 6%	36 7%	4 5%	108 6%
NET: Agree		1110 54%	291 58%	227 68% acf	101 56%	27 65%	328 64% a	332 57%	170 72% acef	119 54%	31 75% acf	289 63% ac	363 58%	180 53%	587 52%	290 59% b	53 65% b	930 55%
NET: Disagree		802 39%	181 36% b	98 29%	65 37%	13 30%	163 32%	213 37% bd	56 24%	87 39% bde	8 21%	143 31% b	221 36% bd	136 40%	474 42% cd	168 34%	25 30%	667 39% c
Base for stats		1912	472	325	166	39	492	545	226	206	39	432	584	316	1061	457	78	1596
Mean Score		2.64	2.74	2.86 c	2.65	2.89	2.79	2.69	2.98 acf	2.69	3.11 acf	2.84 af	2.72	2.58	2.58	2.79 abe	2.81 b	2.65
Standard Deviation		.950	.946	.925	.926	.792	.930	.930	.878	.978	.840	.937	.930	.964	.957	.921	.875	.947
Standard Error		.022	.043	.052	.072	.125	.042	.039	.058	.068	.133	.045	.038	.054	.030	.043	.097	.024
Error variance		*	*	*	.01	.02	*	*	*	*	.02	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	380	216	60	83	8	238	136	13	320	60	331	48
		19%	17%	23%	21%	12%	18%	21%	19%	20%	14%	19%	16%
		b								b			
Tend to agree	(3.0)	730	447	83	122	24	498	212	15	585	145	621	104
		36%	35%	32%	31%	36%	37%	33%	21%	36%	35%	36%	35%
		f		f		bf	bf	f					
Tend to disagree	(2.0)	539	364	67	99	20	357	167	18	420	119	454	79
		26%	28%	26%	25%	30%	27%	26%	26%	26%	29%	26%	27%
		a											
Strongly disagree	(1.0)	263	179	33	62	9	169	88	15	196	67	225	36
		13%	14%	13%	16%	14%	13%	14%	21%	12%	16%	13%	12%
		a						d		a			
Don't know		131	82	20	30	5	75	45	9	103	28	99	26
		6%	6%	8%	8%	7%	6%	7%	13%	6%	7%	6%	9%
								d				a	
NET: Agree		1110	662	143	205	32	736	348	28	905	204	952	152
		54%	51%	54%	52%	49%	55%	54%	40%	56%	49%	55%	52%
		b		f			f	f		b			
NET: Disagree		802	544	100	161	29	526	254	33	616	186	679	116
		39%	42%	38%	41%	44%	39%	39%	47%	38%	45%	39%	39%
			a							a			
Base for stats		1912	1206	243	366	60	1262	603	61	1521	391	1630	268
Mean Score		2.64	2.58	2.70	2.62	2.51	2.64	2.66	2.44	2.68	2.50	2.65	2.61
		b								b			
Standard Deviation		.950	.948	.990	1.017	.904	.936	.984	1.090	.948	.949	.954	.935
Standard Error		.022	.027	.061	.054	.115	.027	.040	.133	.024	.049	.024	.055
Error variance		*	*	*	*	.01	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	380	33	33	69	70	51	55	23	47	223	124	100	115	113	50	122	80	113	62
		19%	9%	15%	22%	20%	23%	23%	25%	18%	20%	21%	21%	19%	16%	20%	20%	15%	17%	27%
			a	a	a	a	ab	ab	ab	a	a	a	c				b			abc
Tend to agree	(3.0)	730	81	82	130	145	85	83	35	88	442	206	151	231	265	79	182	197	269	78
		36%	23%	38%	40%	42%	39%	34%	39%	34%	40%	35%	32%	39%	37%	32%	30%	37%	41%	33%
			a	a	ahj	a	a	a	a	a	aj	a		a				a	ad	
Tend to disagree	(2.0)	539	101	65	79	83	56	69	16	71	283	155	115	150	205	64	177	148	152	58
		26%	29%	30%	25%	24%	26%	28%	18%	28%	26%	26%	25%	25%	29%	26%	29%	28%	23%	25%
			g	g			g										c			
Strongly disagree	(1.0)	263	98	22	19	31	19	23	11	39	92	73	67	58	91	44	100	61	77	24
		13%	28%	10%	6%	9%	9%	10%	12%	15%	8%	12%	14%	10%	13%	18%	16%	12%	12%	10%
			bcdefghij							cdei		ci	b			b	bcd			
Don't know		131	39	14	23	17	8	12	5	13	62	30	34	40	34	11	26	39	39	12
		6%	11%	7%	7%	5%	4%	5%	6%	5%	6%	5%	7%	7%	5%	4%	4%	7%	6%	5%
			defhij															a		
NET: Agree		1110	114	115	199	215	136	138	58	135	665	330	251	345	378	129	304	277	382	140
		54%	32%	53%	62%	62%	62%	57%	65%	52%	60%	56%	54%	58%	53%	52%	50%	53%	59%	60%
			a	a	abh	abh	ah	a	ah	a	abh	a							ab	a
NET: Disagree		802	199	87	99	114	75	92	27	110	375	228	182	208	296	108	277	209	228	82
		39%	57%	40%	31%	33%	34%	38%	30%	43%	34%	39%	39%	35%	42%	43%	46%	40%	35%	35%
			bcdefghij	c						cdgi		c			b	b	bcd			
Base for stats		1912	314	202	297	329	211	229	85	245	1040	559	432	554	674	237	581	486	610	222
Mean Score		2.64	2.16	2.62	2.83	2.77	2.80	2.74	2.82	2.59	2.77	2.68	2.66	2.73	2.59	2.57	2.56	2.61	2.68	2.80
			a	a	abhj	ah	abh	a	a	a	abh	a		cd					a	ab
Standard Deviation		.950	.986	.886	.857	.890	.909	.936	.974	.974	.886	.961	1.000	.909	.921	1.019	1.007	.906	.915	.969
Standard Error		.022	.057	.063	.050	.049	.062	.062	.108	.063	.027	.041	.047	.038	.036	.068	.042	.041	.038	.064
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	380 19%	168 23% b	82 11%	126 25% b
Tend to agree	(3.0)	730 36%	271 37%	248 32%	203 40% b
Tend to disagree	(2.0)	539 26%	182 25%	244 32% ac	109 21%
Strongly disagree	(1.0)	263 13%	69 9%	137 18% ac	53 10%
Don't know		131 6%	46 6%	55 7% c	21 4%
NET: Agree		1110 54%	439 60% b	329 43%	330 64% b
NET: Disagree		802 39%	251 34%	381 50% ac	162 32%
Base for stats		1912	690	710	492
Mean Score		2.64	2.78 b	2.39 b	2.82 b
Standard Deviation		.950	.927	.923	.939
Standard Error		.022	.035	.035	.042
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	244	107	136	126	73	46	8	30	23	30	18	17	46	42	30
		12%	11%	13%	20% bc	11% c	6%	8%	11%	12%	14% f	10%	7%	14% f	13%	14% f
Tend to agree	(3.0)	617	277	337	198	218	201	36	82	67	70	45	62	111	88	55
		30%	28%	32% a	32% c	33% c	27%	37% ehi	31%	34%	32%	26%	28%	35% ehi	27%	26%
Tend to disagree	(2.0)	616	311	301	146	196	273	28	72	51	62	57	74	89	112	69
		30%	31%	29%	24%	29% a	36% ab	29%	27%	26%	29%	32%	33%	28%	34%	33%
Strongly disagree	(1.0)	484	259	224	107	164	212	20	66	50	43	50	63	60	81	50
		24%	26% b	22%	17%	25% a	28% a	21%	25%	25%	20%	28% g	28% g	19%	25%	24%
Don't know		82	41	40	41	17	24	5	15	7	10	7	9	15	7	6
		4%	4%	4%	7% bc	3%	3%	5%	6% h	4%	5%	4%	4%	5%	2%	3%
NET: Agree		861	385	472	323	291	247	44	112	91	100	63	79	157	130	86
		42%	39%	46% a	52% bc	44% c	33%	45%	42%	45% f	46% ef	36%	35%	49% efh	39%	41%
NET: Disagree		1100	570	525	253	360	486	48	138	101	106	107	138	149	194	119
		54%	57% b	51%	41%	54% a	64% ab	49%	52%	51%	49%	60% dg	61% acdg	46% cdg	58% dg	57% g
Base for stats		1961	955	997	577	652	733	92	250	192	205	170	217	306	324	205
Mean Score		2.32	2.24	2.39	2.59	2.31	2.11	2.34	2.30	2.33	2.42	2.19	2.15	2.47	2.28	2.32
			a	a	bc	c					ef			befh		
Standard Deviation		.979	.976	.979	1.025	.970	.896	.918	.991	.997	.980	.979	.932	.971	.983	1.003
Standard Error		.022	.032	.030	.041	.037	.036	.088	.063	.071	.069	.072	.066	.054	.058	.072
Error variance		*	*	*	*	*	*	.01	*	*	*	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	244	44	50	55	26	23	47	149	96	180	10	30	18	1	2	61
		12%	24% bcdefgh	12%	11%	11%	11%	9%	13% fh	10%	11%	22% a	18% a	23% a	12%	13%	19% a
Tend to agree	(3.0)	617	55	124	161	78	66	134	339	278	496	16	68	22	3	5	114
		30%	30%	30%	32%	34% f	31%	27%	31%	30%	29%	34%	41% a	29%	45%	28%	36% a
Tend to disagree	(2.0)	616	34	134	150	68	68	161	318	298	539	10	40	16	-	7	73
		30%	19% a	32% a	30% a	30% a	32% a	32% a	29% a	32% a	32% cg	21%	24%	21%	-	38%	23%
Strongly disagree	(1.0)	484	46	101	115	44	44	133	262	222	432	9	17	14	1	3	45
		24%	25%	24%	23%	19%	21%	27% d	24%	24%	25% cg	19%	10%	18%	22%	17%	14%
Don't know		82	4	10	21	12	12	23	35	47	59	1	10	7	2	1	21
		4%	2%	2%	4%	5% b	5% b	5%	3%	5% bg	3%	3%	6%	9% a	22%	4%	7% a
NET: Agree		861	98	174	216	104	88	181	488	373	676	26	98	40	4	7	175
		42%	54% bcefg h	42%	43% f	45% f	42%	36%	44% fh	40%	40%	56% a	59% a	51% a	56%	41%	56% a
NET: Disagree		1100	81	234	265	113	112	295	580	519	971	19	58	31	1	10	118
		54%	44% a	56% a	53%	49%	53%	59% adg	53% a	55% a	57% bcdg	41%	35%	39%	22%	55%	38%
Base for stats		1961	179	408	481	217	200	476	1068	893	1647	45	156	70	5	17	294
Mean Score		2.32	2.54 bcfgh	2.30	2.32	2.39 f	2.34	2.20	2.35 f	2.28	2.26	2.61 a	2.71 a	2.61 a	2.59	2.38	2.65 a
Standard Deviation		.979	1.123	.975	.964	.944	.945	.959	.999	.955	.967	1.059	.907	1.074	1.162	.955	.977
Standard Error		.022	.087	.050	.044	.060	.063	.045	.031	.031	.024	.153	.071	.127	.439	.219	.055
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.02	.19	.05	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
244	115	60	52	112	21	15	96	24	8	4	13	16	25	22	36	
12%	9%	17%	16%	16%	24%	22%	14%	10%	13%	6%	10%	17%	14%	5%	23%	
	a	a	a	a	cdgij	dfgj	j	j	j			fj	j		cdgij	
617	384	121	94	215	27	29	210	80	17	15	46	35	51	107	56	
30%	30%	34%	29%	32%	32%	44%	30%	33%	27%	21%	36%	36%	28%	26%	37%	
						cefij		fj			fj	fj			fj	
616	395	91	108	199	22	11	196	70	26	28	32	16	65	151	33	
30%	31%	26%	33%	29%	26%	16%	28%	29%	43%	39%	25%	16%	35%	36%	22%	
			b				bh	bh	abcdghk	bghk			bghk	bcghk		
484	329	73	65	138	12	9	163	60	8	24	31	18	36	123	21	
24%	26%	20%	20%	20%	15%	13%	24%	25%	14%	33%	24%	19%	19%	29%	14%	
	bcd						bk	abk		abehik	k			abcehik		
82	59	12	5	17	3	3	25	6	2	1	8	12	8	14	6	
4%	5%	3%	2%	3%	4%	5%	4%	3%	4%	1%	6%	12%	4%	3%	4%	
	cd											acdfijk				
861	499	181	145	326	48	44	306	103	25	19	59	51	77	130	92	
42%	39%	51%	45%	48%	56%	66%	44%	43%	40%	26%	46%	53%	41%	31%	60%	
	a	a	a	a	cdfij	cdefgij	fj	fj			fj	fj	fj		cdefgij	
1100	724	164	173	337	34	20	359	130	35	52	63	34	101	274	54	
54%	56%	46%	54%	50%	40%	29%	52%	54%	56%	73%	48%	35%	54%	66%	35%	
	bd						abhk	abhk	bhk	abcdceghik	bhk		abhk	abcdghik		
1961	1222	345	318	663	82	63	665	233	59	71	122	85	177	403	146	
2.32	2.23	2.49	2.41	2.45	2.68	2.79	2.36	2.29	2.41	1.99	2.34	2.57	2.37	2.07	2.73	
	a	a	a	a	cdgij	cdefgij	fj	fj	fj		fj	cdij	fj		cdefgij	
.979	.951	1.011	.989	1.001	1.018	.960	1.005	.961	.897	.887	.974	1.034	.966	.889	.991	
.022	.027	.058	.059	.041	.110	.115	.039	.063	.115	.106	.083	.102	.069	.049	.079	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	.01	



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	244 12%	69 14%	44 13%	20 11%	7 16%	64 12%	53 9%	48 20% af	32 14% a	8 19% a	79 17% af	60 10%	34 10%	135 12%	66 13%	10 12%	210 12%
Tend to agree	(3.0)	617 30%	140 28%	116 35% a	57 32%	16 38%	174 34% a	161 28%	95 40% acf	63 29%	15 38%	158 35% af	176 28%	102 30%	338 30%	147 30%	30 37%	515 30%
Tend to disagree	(2.0)	616 30%	159 31%	87 26%	54 30%	12 29%	141 27%	196 34% be	50 21%	64 29%	8 20%	113 25%	204 33% be	96 28%	349 31%	152 31%	19 23%	520 30%
Strongly disagree	(1.0)	484 24%	119 23%	84 25%	39 22%	7 18%	123 24%	156 27% be	36 15%	53 24% b	8 19%	89 19%	164 26% be	91 27% c	272 24%	102 21%	19 23%	393 23%
Don't know		82 4%	18 4%	6 2%	8 5%	- -	14 3%	15 3%	7 3%	9 4%	2 4%	17 4%	16 3%	16 5%	36 3%	26 5%	5 6%	66 4%
NET: Agree		861 42%	210 41%	160 48%	78 43%	22 54%	237 46%	213 37%	143 61% acef	95 43%	23 57% af	238 52% acf	236 38%	136 40%	473 42%	213 43%	40 49%	726 43%
NET: Disagree		1100 54%	278 55%	170 51%	93 52%	19 46%	264 51%	352 61% bcde	85 36%	117 53% be	16 39%	202 44% b	368 59% bde	187 55%	621 55%	254 52%	37 46%	913 54%
Base for stats		1961	488	330	171	41	501	565	228	212	39	439	604	322	1094	467	78	1639
Mean Score		2.32	2.33	2.36	2.35	2.52	2.36	2.19	2.68 acf	2.35 a	2.60 af	2.52 acf	2.22	2.24	2.31	2.38	2.40	2.33
Standard Deviation		.979	.998	1.003	.962	.970	.988	.947	.976	1.017	1.029	1.008	.957	.979	.978	.978	.995	.979
Standard Error		.022	.045	.056	.074	.150	.044	.040	.064	.070	.163	.048	.039	.054	.030	.046	.111	.024
Error variance		*	*	*	.01	.02	*	*	*	*	.03	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	244	114	50	59	6	134	103	11	192	52	213	30
		12%	9%	19%	15%	9%	10%	16%	16%	12%	12%	12%	10%
		b		d	d			d					
Tend to agree	(3.0)	617	376	85	125	25	385	211	22	499	118	518	94
		30%	29%	32%	32%	38%	29%	33%	32%	31%	28%	30%	32%
		b											
Tend to disagree	(2.0)	616	413	69	118	18	421	183	21	487	129	525	85
		30%	32%	26%	30%	28%	32%	28%	30%	30%	31%	30%	29%
			a										
Strongly disagree	(1.0)	484	335	50	76	10	350	125	11	377	107	418	64
		24%	26%	19%	19%	15%	26%	19%	15%	23%	25%	24%	22%
			a				abcef						
Don't know		82	50	9	17	6	46	26	5	69	13	55	21
		4%	4%	3%	4%	9%	3%	4%	7%	4%	3%	3%	7%
						ad						a	
NET: Agree		861	490	135	184	31	519	314	34	691	170	731	124
		42%	38%	51%	47%	48%	39%	48%	48%	43%	41%	42%	42%
		b		d	d			d					
NET: Disagree		1100	748	119	194	28	771	307	32	864	236	943	149
		54%	58%	45%	49%	43%	58%	47%	45%	53%	56%	55%	51%
			a				abcef						
Base for stats		1961	1238	254	379	59	1290	621	65	1555	406	1674	273
Mean Score		2.32	2.22	2.53	2.44	2.46	2.24	2.47	2.53	2.33	2.28	2.31	2.33
		b		d	d			d	d				
Standard Deviation		.979	.947	1.018	.983	.891	.964	.991	.968	.976	.993	.985	.955
Standard Error		.022	.027	.061	.051	.114	.027	.039	.115	.025	.050	.024	.056
Error variance		*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%																				
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	244 12%	32 9%	25 12%	41 13%	41 12%	31 14%	30 12%	17 19% ah	27 11%	138 13%	74 13%	66 14%	75 13%	74 11%	27 11%	53 9%	58 11%	73 11%	59 25% abc
Tend to agree	(3.0)	617 30%	99 28%	74 34% hj	114 35% aghj	118 34% hj	65 30% h	70 29%	22 24%	56 22%	370 34% hj	147 25%	159 34% c	207 35% c	179 25%	69 28%	100 16%	153 29% a	259 40% ab	101 43% ab
Tend to disagree	(2.0)	616 30%	114 32%	66 30%	91 28%	111 32%	60 28%	76 32%	22 25%	76 29%	328 30%	174 30%	117 25%	170 29%	260 37% abd	61 25%	197 32% d	173 33% d	198 31% d	42 18%
Strongly disagree	(1.0)	484 24%	86 25%	43 20%	62 19%	67 19%	53 24%	59 24%	26 29% abcdefi	88 34%	225 20%	172 29% bcdi	105 22%	119 20%	175 25% b	81 33% abc	240 39% bcd	116 22% cd	100 15%	25 11%
Don't know		82 4%	21 6% d	9 4%	12 4%	10 3%	9 4%	7 3%	3 3%	11 4%	41 4%	21 3%	20 4%	23 4%	19 3%	9 4%	18 3%	25 5%	19 3%	7 3%
NET: Agree		861 42%	131 37%	99 46% ahj	155 48% ahj	159 46% ahj	96 44% h	100 41% h	39 43%	83 32%	509 46% ahj	222 38%	225 48% cd	282 47% cd	253 36%	96 39%	153 25%	211 40% a	332 51% ab	160 68% abc
NET: Disagree		1100 54%	201 57% ci	108 50%	153 48%	178 51%	113 52%	135 56%	48 54%	163 63% bcdei	553 50%	346 59% bcdi	221 47%	289 49%	435 62% ab	142 58% ab	436 72% bcd	289 55% cd	298 46% d	67 29%
Base for stats		1961	332	207	308	336	209	234	87	247	1061	568	446	571	688	238	589	499	630	227
Mean Score		2.32	2.23	2.39	2.44	2.39	2.35	2.30	2.35	2.09	2.40	2.22	2.42	2.42	2.22	2.18	1.94	2.31	2.48	2.85
				hj	ahj	ahj	h	h			ahj		cd	cd				a	ab	abc
Standard Deviation		.979	.944	.948	.959	.940	1.018	.984	1.108	1.011	.962	1.020	1.005	.960	.948	1.026	.967	.953	.894	.932
Standard Error		.022	.053	.066	.054	.051	.070	.065	.121	.065	.029	.043	.047	.040	.037	.068	.040	.042	.036	.061
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	244 12%	114 15% b	62 8%	65 13% b
Tend to agree	(3.0)	617 30%	215 29%	202 26%	194 38% ab
Tend to disagree	(2.0)	616 30%	200 27%	271 35% ac	141 27%
Strongly disagree	(1.0)	484 24%	181 25% c	197 26% c	99 19%
Don't know		82 4%	26 3%	34 4%	14 3%
NET: Agree		861 42%	329 45% b	264 34%	259 50% ab
NET: Disagree		1100 54%	381 52%	468 61% ac	240 47%
Base for stats		1961	710	731	499
Mean Score		2.32	2.37 b	2.18	2.45 b
Standard Deviation		.979	1.032	.925	.952
Standard Error		.022	.039	.035	.043
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	181	92	87	117	49	15	9	27	18	22	11	16	46	24	8
		9%	9%	8%	19% bc	7% c	2%	9%	10% i	9% i	10% i	6%	7%	14% efhi	7%	4%
Tend to agree	(3.0)	361	158	202	167	131	63	17	48	37	47	25	25	77	52	34
		18%	16%	19% a	27% bc	20% c	8%	17%	18% f	19% f	22% ef	14%	11%	24% efhi	16%	16%
Tend to disagree	(2.0)	678	345	331	157	222	299	27	96	69	63	78	74	81	114	76
		33%	35%	32%	25%	33% a	40% ab	28%	36% g	35% g	29%	44% adefgh	33%	25%	35% g	36% g
Strongly disagree	(1.0)	724	360	360	139	233	352	39	80	67	71	58	98	103	127	81
		35%	36%	35%	22%	35% a	46% ab	40%	30%	34%	33%	33%	43% bcdeg	32%	38% b	38%
Don't know		99	41	56	38	34	27	6	15	8	12	6	13	14	15	12
		5%	4%	5%	6% c	5%	4%	6%	6%	4%	5%	3%	6%	4%	4%	6%
NET: Agree		542	251	289	284	180	78	26	75	55	69	35	41	123	76	42
		27%	25%	28%	46% bc	27% c	10%	26%	28% efi	28% f	32% efhi	20%	18%	38% abcefhi	23%	20%
NET: Disagree		1402	705	691	296	455	651	66	175	136	135	136	172	184	241	157
		69%	71% b	67%	48%	68% a	86% ab	68% g	66% g	68% g	62%	77% bdg	76% bdg	57%	73% dg	74% dg
Base for stats		1944	956	980	580	635	729	92	250	191	204	171	213	307	317	199
Mean Score		2.00	1.98	2.02	2.45 bc	1.99 c	1.65	1.95	2.09 fhi	2.03 fi	2.10 fhi	1.93	1.81	2.22 acefhi	1.91	1.85
Standard Deviation		.965	.965	.965	1.064	.939	.726	1.000	.965	.961	1.004	.858	.922	1.071	.926	.852
Standard Error		.022	.032	.030	.042	.036	.029	.096	.062	.068	.071	.063	.065	.060	.055	.062
Error variance		*	*	*	*	*	*	.01	*	*	.01	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	181	34	44	42	21	19	21	120	61	118	8	29	20	1	3	60
		9%	19%	10%	8%	9%	9%	4%	11%	6%	7%	17%	18%	26%	12%	15%	19%
			bcdefgh	fh	f	f	f		fh			a	a	a			a
Tend to agree	(3.0)	361	53	80	93	48	41	47	226	136	277	9	49	13	3	7	80
		18%	29%	19%	18%	21%	19%	10%	20%	14%	16%	20%	29%	17%	45%	37%	26%
			bcdefgh	fh	fh	fh	f		fh	f			ad				a
Tend to disagree	(2.0)	678	49	134	154	76	72	194	336	342	591	11	48	19	-	2	81
		33%	27%	32%	31%	33%	34%	39%	30%	36%	35%	25%	29%	25%	-	12%	26%
								abcg		acg	g						
Strongly disagree	(1.0)	724	43	150	181	73	64	213	374	349	643	14	31	20	2	5	73
		35%	24%	36%	36%	32%	30%	43%	34%	37%	38%	31%	19%	26%	33%	27%	23%
				a	a			abcdegh	a	ae	cdg						
Don't know		99	3	11	32	12	17	24	46	53	78	4	9	6	1	2	21
		5%	2%	3%	6%	5%	8%	5%	4%	6%	5%	8%	5%	7%	11%	8%	7%
					ab		abg			ab							
NET: Agree		542	88	123	135	69	59	68	346	196	394	17	78	33	4	9	141
		27%	48%	30%	27%	30%	28%	14%	31%	21%	23%	36%	47%	42%	56%	52%	45%
			bcdefgh	fh	fh	fh	fh		fh	f		a	a	a			a
NET: Disagree		1402	92	284	335	148	136	407	711	691	1234	26	79	39	2	7	153
		69%	50%	68%	67%	65%	64%	81%	64%	74%	72%	55%	48%	50%	33%	39%	49%
				a	a	a	a	abcdegh	a	abcdeg	bcdg						
Base for stats		1944	180	407	469	217	195	475	1057	887	1628	43	157	72	6	16	294
Mean Score		2.00	2.44	2.04	1.99	2.08	2.07	1.74	2.09	1.90	1.92	2.25	2.48	2.46	2.39	2.44	2.44
			bcdefgh	fh	f	fh	fh		fh	f		a	a	a			a
Standard Deviation		.965	1.054	.997	.972	.970	.957	.811	1.008	.900	.921	1.117	1.014	1.175	1.218	1.113	1.075
Standard Error		.022	.082	.051	.045	.062	.064	.038	.032	.030	.023	.165	.079	.137	.431	.262	.061
Error variance		*	.01	*	*	*	*	*	*	*	*	.03	.01	.02	.19	.07	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
181	77	48	42	91	16	15	82	16	9	2	9	14	15	1	31	
9%	6%	14%	13%	13%	19%	23%	12%	7%	14%	3%	7%	15%	8%	*	21%	
		a	a	a	dfgij	cdfgij	dfj	j	fj	j	j	dfgij	j		cdfgij	
361	159	96	81	177	18	16	166	45	14	4	20	26	23	29	34	
18%	12%	27%	25%	26%	21%	24%	24%	19%	22%	6%	15%	27%	12%	7%	23%	
		a	a	a	fij	fij	fgij	fj	fij		j	fgij	j		fij	
678	443	111	105	216	26	15	197	92	23	27	45	23	56	175	40	
33%	35%	31%	32%	32%	30%	22%	29%	39%	37%	38%	35%	24%	30%	42%	27%	
								bchk		bh				abchik		
724	535	88	87	175	24	18	216	73	11	35	47	21	80	197	43	
35%	42%	25%	27%	26%	29%	27%	31%	31%	18%	50%	36%	21%	43%	47%	28%	
		bcd					eh	e		abcdehk	eh		abcdehk	abcdeghk		
99	67	14	8	22	1	2	29	12	5	2	8	12	12	15	3	
5%	5%	4%	3%	3%	1%	4%	4%	5%	9%	3%	6%	13%	7%	3%	2%	
									ak			abcdfjk				
542	236	145	123	268	34	31	248	61	22	7	29	41	37	31	66	
27%	18%	40%	38%	39%	40%	47%	36%	26%	36%	10%	23%	42%	20%	7%	43%	
		a	a	a	dfgij	dfgij	dfgij	fj	fgij		fj	dfgij	fj		dfgij	
1402	978	199	192	391	50	33	413	166	34	62	92	44	136	372	83	
69%	76%	56%	59%	57%	59%	49%	60%	69%	55%	87%	71%	45%	73%	89%	55%	
		bcd					h	bcehk		abcdeghik	abcehk		abcehk	abcdeghik		
1944	1214	343	315	659	84	64	661	227	56	69	122	85	173	403	148	
2.00	1.82	2.31	2.25	2.28	2.31	2.45	2.17	2.02	2.35	1.62	1.93	2.41	1.84	1.59	2.37	
		a	a	a	dfgij	cdfgij	dfgij	fj	dfgij		fj	cdfgij	j		cdfgij	
.965	.890	1.005	1.005	1.005	1.091	1.143	1.024	.900	.973	.759	.930	1.042	.955	.638	1.112	
.022	.025	.058	.060	.042	.116	.136	.040	.060	.128	.092	.079	.103	.069	.035	.088	
*	*	*	*	*	.01	.02	*	*	.02	.01	.01	.01	*	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700	
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	181 9%	58 11%	37 11%	15 8%	10 23% abcef	52 10%	68 12%	47 8%	43 18% acf	21 10%	11 26% acef	64 14% af	58 9%	20 6%	85 8%	65 13% abe	11 13% a	161 9% a
Tend to agree	(3.0)	361 18%	94 19%	82 24% af	48 27% af	8 20%	130 25% af	102 19%	108 19%	68 29% acf	45 20%	8 20%	113 25% af	116 19%	32 9%	193 17% a	118 24% abe	19 23% a	330 19% a
Tend to disagree	(2.0)	678 33%	168 33% b	89 27%	54 30%	17 41% b	143 28%	185 34% be	196 34% be	57 24%	69 31%	12 30%	126 28% be	208 34% be	119 35%	387 34%	148 30%	23 29%	559 33%
Strongly disagree	(1.0)	724 35%	162 32% d	121 36% d	52 29% d	4 9%	173 34% d	166 30% d	203 35% bd	60 25%	76 34% bd	7 16%	135 30% bd	210 34% bd	150 44% bcde	417 37% c	134 27%	22 27%	574 34% c
Don't know		99 5%	24 5%	8 2%	10 6% b	3 7%	18 3%	27 5% b	25 4%	8 3%	11 5%	3 7%	19 4%	28 4%	18 5%	47 4%	27 6%	7 8%	81 5%
NET: Agree		542 27%	152 30%	119 35%	63 35%	18 43%	182 35%	169 31%	155 27%	111 47% acef	66 30%	19 46% acf	177 39% acf	174 28%	51 15%	278 25% a	183 37% abe	30 36% ab	491 29% ab
NET: Disagree		1402 69%	330 65% d	210 62%	106 59%	21 50%	316 61%	351 64%	400 69% bde	117 50%	144 65% bde	19 46%	261 57% bde	418 67% bde	269 80% bcde	804 71% cde	283 57%	46 56%	1133 66% cd
Base for stats	1944	482	329	169	39	498	520	555	227	210	38	437	593	321	1082	466	75	1623	
Mean Score	2.00	2.10	2.10	2.15	2.62 abcef	2.12	2.14	2.00	2.41 acef	2.05	2.61 acef	2.24 acf	2.04	1.76	1.95 a	2.24 abe	2.24 ab	2.05 ab	
Standard Deviation	.965	1.002	1.029	.963	.974	1.006	1.009	.951	1.071	.988	1.093	1.046	.971	.869	.936	1.021	1.040	.975	
Standard Error	.022	.045	.057	.074	.156	.045	.044	.040	.071	.068	.175	.050	.040	.048	.029	.048	.118	.024	
Error variance	*	*	*	.01	.02	*	*	*	.01	*	.03	*	*	*	*	*	.01	*	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	181	81	28	36	10	107	67	6	147	33	155	25
		9%	6%	11%	9%	16% d	8%	10%	8%	9%	8%	9%	8%
Tend to agree	(3.0)	361	204	48	68	18	230	125	10	303	58	304	54
		18%	16%	18%	17%	27% df	17%	19%	14%	19% b	14%	18%	18%
Tend to disagree	(2.0)	678	445	84	129	24	451	213	24	514	164	570	100
		33%	35% a	32%	33%	37%	34%	33%	34%	32%	39% a	33%	34%
Strongly disagree	(1.0)	724	493	86	143	11	492	212	25	578	146	625	96
		35%	38% a	33% c	36% c	18%	37% c	33% c	35% c	36%	35%	36%	33%
Don't know		99	65	16	21	2	57	31	6	81	18	75	18
		5%	5%	6%	5%	3%	4%	5%	9%	5%	4%	4%	6%
NET: Agree		542	285	77	104	28	337	191	15	451	91	459	79
		27%	22% b	29%	26%	43% abdef	25%	30% d	22%	28% b	22%	27%	27%
NET: Disagree		1402	938	170	272	35	943	425	49	1092	310	1195	197
		69%	73% a	65%	69% c	54%	71% ce	66%	70%	67%	74% a	69%	67%
Base for stats		1944	1223	247	375	63	1280	616	64	1543	401	1654	276
Mean Score		2.00	1.90	2.08	1.99	2.42 abdef	1.96	2.07 d	1.94	2.01	1.95	1.99	2.03
Standard Deviation		.965	.908	.999	.971	.974	.948	.988	.949	.977	.916	.968	.953
Standard Error		.022	.026	.061	.051	.121	.027	.040	.113	.025	.047	.024	.056
Error variance		*	*	*	*	.01	*	*	.01	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	181	10	13	29	35	24	27	11	31	102	69	34	58	53	32	46	44	47	39
		9%	3%	6%	9%	10%	11%	11%	13%	12%	9%	12%	7%	10%	8%	13%	8%	8%	7%	17%
					a	a	a	a	a	ab	a	ab				ac				abc
Tend to agree	(3.0)	361	29	37	70	78	46	42	15	43	232	100	78	120	117	41	84	101	126	47
		18%	8%	17%	22%	23%	21%	18%	17%	17%	21%	17%	17%	20%	17%	17%	14%	19%	19%	20%
				a	a	aj	a	a	a	a	aj	a						a	a	a
Tend to disagree	(2.0)	678	131	88	113	107	73	81	23	62	381	166	155	203	245	68	193	190	230	61
		33%	37%	40%	35%	31%	34%	34%	26%	24%	35%	28%	33%	34%	35%	27%	32%	36%	36%	26%
			hj	dghj	hj		h	h			hj				d			d	d	
Strongly disagree	(1.0)	724	160	66	99	111	62	78	36	112	338	226	171	180	271	95	258	167	215	79
		35%	45%	30%	31%	32%	29%	32%	40%	44%	31%	38%	37%	30%	38%	38%	43%	32%	33%	34%
			bcdefij					e	bcdefi		bcei		b		b	b	bcd			
Don't know		99	23	13	9	14	12	13	4	10	49	27	28	32	21	11	26	23	30	7
		5%	6%	6%	3%	4%	6%	6%	4%	4%	4%	5%	6%	5%	3%	5%	4%	4%	5%	3%
			c										c	c						
NET: Agree		542	39	50	99	114	71	69	26	74	334	169	112	178	170	73	130	145	173	87
		27%	11%	23%	31%	33%	32%	29%	29%	29%	30%	29%	24%	30%	24%	30%	21%	28%	27%	37%
				a	ab	ab	ab	a	a	a	ab	a		ac				a	a	abc
NET: Disagree		1402	291	153	212	218	136	159	60	174	719	392	326	384	516	163	452	356	446	140
		69%	82%	71%	66%	63%	62%	66%	66%	68%	65%	67%	70%	65%	73%	66%	74%	68%	69%	60%
			bcdefghij												bd		bcd	d	d	
Base for stats		1944	330	203	311	332	206	228	86	248	1052	561	438	562	686	236	581	502	619	227
Mean Score		2.00	1.66	1.99	2.10	2.11	2.16	2.08	2.02	1.97	2.09	2.02	1.94	2.10	1.93	2.04	1.86	2.05	2.01	2.21
				a	a	a	a	a	a	a	a	a		ac				a	a	abc
Standard Deviation		.965	.766	.873	.954	.994	.989	.997	1.065	1.062	.959	1.036	.936	.969	.934	1.061	.940	.940	.925	1.102
Standard Error		.022	.043	.061	.054	.054	.068	.066	.117	.068	.029	.044	.044	.040	.036	.071	.039	.042	.038	.072
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	.01	*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
			a	b	c
Significance Level: 95%					
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	181	105	43	29
		9%	14%	6%	6%
			bc		
Tend to agree	(3.0)	361	154	124	81
		18%	21%	16%	16%
			bc		
Tend to disagree	(2.0)	678	198	270	199
		33%	27%	35%	39%
				a	a
Strongly disagree	(1.0)	724	252	282	183
		35%	34%	37%	36%
Don't know		99	27	47	20
		5%	4%	6%	4%
				a	
NET: Agree		542	259	167	110
		27%	35%	22%	21%
			bc		
NET: Disagree		1402	450	551	383
		69%	61%	72%	75%
				a	a
Base for stats		1944	709	718	493
Mean Score		2.00	2.16	1.90	1.91
			bc		
Standard Deviation		.965	1.068	.891	.876
Standard Error		.022	.040	.034	.039
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	461 23%	219 22%	239 23%	168 27% bc	142 21%	151 20%	21 22%	65 25%	47 24%	45 21%	39 22%	45 20%	93 29% dfhi	62 19%	44 21%
Tend to agree	(3.0)	925 45%	462 46%	458 44%	246 40%	327 49% a	353 47% a	46 47%	110 42%	80 40%	90 42%	88 50%	107 47%	145 45%	160 48%	98 47%
Tend to disagree	(2.0)	405 20%	192 19%	211 20%	128 21%	121 18%	156 21%	18 18%	44 16%	48 24% bg	45 21%	36 21%	51 23%	54 17%	75 23%	35 17%
Strongly disagree	(1.0)	156 8%	87 9%	69 7%	37 6%	43 6%	77 10% ab	7 7%	28 10% efg	14 7%	19 9% e	7 4%	11 5%	18 6%	28 8% e	23 11% efg
Don't know		96 5%	35 4%	59 6% a	39 6% c	36 5% c	21 3%	6 6% h	19 7% gh	9 4%	16 7% gh	7 4%	12 5%	11 3%	7 2%	10 5%
NET: Agree		1386 68%	682 68%	697 67%	414 67%	469 70%	503 67%	67 69%	175 66%	128 64%	135 63%	127 72% d	152 67%	238 74% bcd	222 67%	142 68%
NET: Disagree		562 27%	279 28%	280 27%	165 27%	165 25%	232 31% b	24 25%	71 27%	63 31% g	65 30%	43 24%	62 28%	73 23%	102 31% g	58 28%
Base for stats		1947	961	977	579	633	735	92	247	190	200	170	214	310	325	200
Mean Score		2.87	2.85	2.89	2.94 c	2.90 c	2.79	2.89	2.86	2.84	2.80	2.93	2.86	3.01 cdhi	2.79	2.82
Standard Deviation		.865	.876	.855	.874	.824	.888	.852	.935	.886	.898	.776	.804	.844	.850	.908
Standard Error		.020	.029	.027	.034	.032	.035	.082	.060	.063	.064	.057	.057	.047	.050	.066
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	461	57	88	116	52	47	100	262	199	370	12	46	24	1	6	88
		23%	31%	21%	23%	23%	22%	20%	24%	21%	22%	25%	28%	31%	11%	32%	28% a
			bcdefgh														
Tend to agree	(3.0)	925	73	214	233	106	89	209	520	405	783	20	67	33	3	9	132
		45%	40%	51%	46%	46%	42%	42%	47%	43%	46%	43%	40%	42%	45%	51%	42%
			aefh														
Tend to disagree	(2.0)	405	39	73	100	45	47	101	212	193	339	11	33	13	1	2	60
		20%	21%	18%	20%	20%	22%	20%	19%	21%	20%	24%	20%	16%	22%	9%	19%
Strongly disagree	(1.0)	156	9	27	31	13	20	56	67	89	139	2	7	5	-	-	14
		8%	5%	7%	6%	5%	10%	11%	6%	9%	8%	5%	4%	7%	-	-	5%
			abcdg														
Don't know		96	4	15	22	13	8	33	41	54	74	1	13	3	2	2	20
		5%	2%	4%	4%	6%	4%	7%	4%	6%	4%	3%	8%	4%	22%	8%	6%
			abg														
NET: Agree		1386	130	303	349	158	137	309	782	604	1154	32	113	56	4	15	220
		68%	71%	72%	70%	69%	65%	62%	71%	64%	68%	68%	68%	73%	56%	83%	70%
			f	efh	fh				fh								
NET: Disagree		562	48	101	131	58	67	157	280	282	479	13	40	18	1	2	75
		27%	26%	24%	26%	25%	32%	31%	25%	30%	28%	29%	24%	23%	22%	9%	24%
			bg														
Base for stats		1947	178	403	480	216	204	466	1061	886	1632	45	153	74	5	16	294
		2.87	3.00	2.90	2.91	2.91	2.81	2.76	2.92	2.81	2.85	2.91	2.99	3.01	2.87	3.25	3.00
			efh	f	fh	f			fh				a				a
Standard Deviation		.865	.867	.815	.835	.824	.908	.925	.833	.899	.868	.846	.838	.886	.706	.641	.838
Standard Error		.020	.067	.042	.038	.052	.060	.044	.026	.030	.022	.121	.066	.102	.267	.151	.047
Error variance		*	*	*	*	*	*	*	*	*	*	.01	*	.01	.07	.02	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
461	271	84	88	172	32	20	165	52	14	11	30	22	34	79	53	
23%	21%	24%	27%	25%	38%	31%	24%	22%	23%	16%	23%	23%	18%	19%	35%	cdfghij
			a	a	cdefghij	fij										
925	590	161	143	304	36	26	321	111	26	38	52	39	74	203	62	
45%	46%	45%	44%	45%	42%	39%	47%	46%	43%	53%	40%	40%	40%	49%	41%	i
405	246	79	60	140	12	11	129	51	18	17	27	18	39	84	23	
20%	19%	22%	19%	21%	14%	17%	19%	21%	29%	23%	21%	18%	21%	20%	15%	ak
156	120	16	15	31	1	5	54	14	2	3	15	5	22	35	6	
8%	9%	4%	5%	5%	1%	7%	8%	6%	4%	5%	11%	6%	12%	8%	4%	adk
	bcd					a	a				adk		adk	a		
96	54	17	17	34	5	4	21	12	1	2	6	12	17	16	9	
5%	4%	5%	5%	5%	5%	6%	3%	5%	2%	3%	5%	13%	9%	4%	6%	cdefgjk
												cj				
1386	861	245	231	476	68	47	486	163	40	49	82	61	108	282	114	
68%	67%	69%	71%	70%	80%	70%	70%	68%	65%	69%	63%	63%	58%	68%	75%	dghij
							i	i						i	ghi	
562	367	95	76	170	13	16	183	65	20	20	42	23	61	119	29	
27%	29%	27%	23%	25%	15%	24%	27%	27%	33%	28%	32%	24%	33%	29%	19%	ak
							ak	a	ak	a	ak		ak	ak		
1947	1227	340	306	646	81	63	669	228	60	69	124	85	169	401	143	
2.87	2.82	2.92	2.99	2.95	3.23	2.99	2.89	2.88	2.86	2.83	2.79	2.93	2.71	2.81	3.13	cdefgij
			a	a	cdefghij	i	i	i								
.865	.885	.812	.828	.820	.736	.909	.867	.826	.820	.760	.949	.857	.936	.850	.822	
.020	.025	.047	.050	.034	.080	.109	.033	.055	.103	.092	.081	.084	.069	.047	.066	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	*	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	461 23%	131 26%	80 24%	33 19%	11 26%	113 22%	123 21%	58 25%	61 28%	16 38%	119 26%	139 22%	68 20%	249 22%	125 25%	20 24%	393 23%
		c					c				af							
Tend to agree	(3.0)	925 45%	228 45%	168 50%	82 46%	18 44%	250 48%	288 50%	107 46%	87 39%	17 43%	194 42%	306 49%	148 44%	521 46%	222 45%	33 41%	776 46%
								ce					ce					
Tend to disagree	(2.0)	405 20%	91 18%	59 17%	48 27%	10 25%	107 21%	106 18%	45 19%	54 24%	7 17%	99 22%	113 18%	66 20%	230 20%	91 18%	18 22%	339 20%
					abf					f								
Strongly disagree	(1.0)	156 8%	41 8%	20 6%	11 6%	1 2%	31 6%	41 7%	21 9%	13 6%	- -	34 7%	41 7%	41 12%	84 7%	26 5%	6 7%	116 7%
								d						bce				
Don't know		96 5%	16 3%	10 3%	6 3%	1 3%	15 3%	22 4%	4 2%	6 3%	1 2%	10 2%	22 4%	15 4%	45 4%	30 6%	5 6%	81 5%
NET: Agree		1386 68%	359 71%	248 74%	115 64%	29 70%	363 70%	412 71%	165 70%	148 67%	33 81%	313 69%	445 72%	216 64%	770 68%	346 70%	53 65%	1169 69%
				c														
NET: Disagree		562 27%	131 26%	79 23%	59 33%	11 27%	137 27%	147 25%	66 28%	67 30%	7 17%	133 29%	153 25%	107 32%	314 28%	117 24%	24 29%	455 27%
				b										c				
Base for stats	1947	490	327	173	40	500	531	558	232	215	40	446	598	323	1084	463	77	1624
Mean Score	2.87	2.92	2.94	2.79	2.97	2.89	2.92	2.89	2.88	2.91	3.22	2.89	2.91	2.75	2.86	2.96	2.88	2.89
											abcef					ab		a
Standard Deviation	.865	.882	.817	.822	.793	.821	.875	.831	.893	.879	.727	.885	.828	.927	.857	.829	.882	.851
Standard Error	.020	.039	.046	.062	.124	.037	.037	.035	.058	.060	.113	.042	.034	.051	.026	.039	.099	.021
Error variance	*	*	*	*	.02	*	*	*	*	*	.01	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree		(4.0)	461	100	285	55	74	9	326	126	374	87	409	51
			23%	26%	22%	21%	19%	14%	24% be	19%	23%	21%	24% b	17%
Tend to agree		(3.0)	925	155	609	110	154	30	631	269	737	187	782	136
			45%	41%	47% a	42%	39%	47% f	47% bef	42%	45%	45%	45%	46%
Tend to disagree		(2.0)	405	90	241	55	94	16	245	149	312	93	335	65
			20%	24% b	19%	21%	24% d	24%	18%	23% d	19%	22%	19%	22%
Strongly disagree		(1.0)	156	22	91	27	58	6	75	77	127	29	135	21
			8%	6%	7%	10% d	15% d	9%	6%	12% d	8%	7%	8%	7%
Don't know			96	12	61	16	16	4	59	27	73	22	68	21
			5%	3%	5%	6%	4%	6%	4%	10% bde	5%	5%	4%	7% a
NET: Agree			1386	256	894	165	228	40	957	395	1112	274	1192	187
			68%	67%	69%	63% f	58%	61%	72% abef	61% f	68%	65%	69%	64%
NET: Disagree			562	113	332	82	152	22	320	225	439	123	469	86
			27%	30%	26%	31% d	38% d	33%	24%	35% d	27%	29%	27%	29%
Base for stats			1947	369	1226	247	381	61	1277	620	1551	397	1661	273
Mean Score			2.87	2.90	2.89	2.78 f	2.64	2.71	2.95 abcef	2.72	2.88	2.84	2.88	2.80
Standard Deviation			.865	.868	.845	.915	.964	.842	.825	1.048	.869	.851	.871	.830
Standard Error			.020	.045	.024	.056	.050	.106	.023	.126	.022	.044	.022	.049
Error variance			*	*	*	*	*	.01	*	.02	*	*	*	*



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	461	17	34	54	87	54	73	42	100	229	215	89	129	160	79	133	120	137	65
		23%	5%	16%	17%	25%	25%	30%	47%	39%	21%	37%	19%	22%	23%	32%	22%	23%	21%	28%
			a	a	abc	abc	abci	abcdefi	abcdefi	a	abcdei					abc				c
Tend to agree	(3.0)	925	83	98	165	187	121	114	39	119	570	272	176	279	358	103	259	232	329	96
		45%	24%	45%	51%	54%	55%	47%	43%	46%	52%	46%	38%	47%	51%	42%	43%	44%	51%	41%
			a	a	abj	abj	a	a	a	a	aj	a		a	ad				abd	
Tend to disagree	(2.0)	405	137	56	71	43	34	35	5	26	203	66	124	123	114	39	140	109	116	37
		20%	39%	26%	22%	12%	15%	14%	6%	10%	18%	11%	27%	21%	16%	16%	23%	21%	18%	16%
			bcdefghij	defghij	dghj	g	g				dghj		bcd	c			cd			
Strongly disagree	(1.0)	156	86	16	13	14	7	10	2	8	50	20	48	36	51	20	58	37	41	20
		8%	24%	7%	4%	4%	3%	4%	2%	3%	5%	3%	10%	6%	7%	8%	10%	7%	6%	9%
			bcdefghij	hj									b				c			
Don't know		96	30	13	19	16	3	9	2	5	49	16	29	27	24	7	18	26	25	16
		5%	9%	6%	6%	5%	1%	4%	2%	2%	4%	3%	6%	4%	3%	3%	3%	5%	4%	7%
			defghij	ehj	ehj	e					e		c							a
NET: Agree		1386	100	132	218	273	175	187	81	219	799	487	265	408	518	182	392	353	466	161
		68%	28%	61%	68%	79%	80%	77%	90%	85%	73%	83%	57%	69%	73%	74%	65%	67%	72%	69%
			a	a	abci	abci	abc	abcdefi	abcfi	ab	abcdei			a	a	a			a	
NET: Disagree		562	222	72	83	57	41	45	7	33	254	86	173	159	166	58	198	146	157	57
		27%	63%	33%	26%	17%	19%	19%	8%	13%	23%	15%	37%	27%	23%	24%	33%	28%	24%	25%
			bcdefghij	defghij	dghj	g	g	g			dghj		bcd				cd			
Base for stats		1947	322	204	302	330	216	232	88	253	1053	572	437	567	684	240	589	498	623	218
Mean Score		2.87	2.10	2.74	2.86	3.05	3.03	3.07	3.38	3.23	2.93	3.19	2.70	2.88	2.92	3.01	2.79	2.87	2.90	2.94
			a	a	abci	abc	abci	abcdefij	abcdefi	ab	abcdei			a	a	a			a	a
Standard Deviation		.865	.852	.831	.750	.751	.739	.801	.696	.755	.773	.772	.916	.829	.834	.905	.901	.862	.812	.916
Standard Error		.020	.048	.058	.043	.041	.050	.053	.075	.048	.024	.033	.043	.034	.032	.060	.037	.038	.033	.061
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	461	265	123	70
		23%	36%	16%	14%
			bc		
Tend to agree	(3.0)	925	355	352	213
		45%	48%	46%	41%
			c		
Tend to disagree	(2.0)	405	75	173	147
		20%	10%	23%	29%
			a	a	ab
Strongly disagree	(1.0)	156	23	68	61
		8%	3%	9%	12%
			a	a	a
Don't know		96	17	49	22
		5%	2%	6%	4%
			a	a	a
NET: Agree		1386	620	475	282
		68%	84%	62%	55%
			bc	c	
NET: Disagree		562	99	242	208
		27%	13%	32%	41%
			a	a	ab
Base for stats		1947	719	716	490
Mean Score		2.87	3.20	2.74	2.59
			bc	c	
Standard Deviation		.865	.752	.853	.880
Standard Error		.020	.028	.032	.040
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	465	210	252	194	150	120	20	66	46	44	34	50	103	60	42
		23%	21%	24%	31% bc	22% c	16%	20%	25%	23%	20%	19%	22%	32% acdefhi	18%	20%
Tend to agree	(3.0)	853	414	436	225	321	307	39	98	78	98	82	94	130	149	84
		42%	42%	42%	36%	48% ac	41%	40%	37%	39%	45%	47% b	42%	41%	45%	40%
Tend to disagree	(2.0)	420	214	203	121	113	186	23	55	43	36	37	48	50	79	48
		21%	21%	20%	20%	17%	25% ab	24%	21%	22%	17%	21%	21%	16%	24% dg	23% g
Strongly disagree	(1.0)	213	119	93	46	56	111	10	31	18	27	13	25	26	31	30
		10%	12% b	9%	7%	8%	15% ab	10%	12%	9%	12%	8%	11%	8%	9%	14% eg
Don't know		93	40	52	32	29	32	5	16	14	12	9	8	11	12	5
		5%	4%	5%	5%	4%	4%	5%	6%	7% i	5%	5%	4%	3%	4%	3%
NET: Agree		1317	624	689	419	471	427	59	164	124	141	117	144	233	209	126
		64%	63%	66%	68% c	70% c	56%	61%	62%	62%	66%	66%	64%	73% abcfhi	63%	60%
NET: Disagree		632	333	296	167	169	297	33	86	61	63	51	73	77	110	79
		31%	33% b	29%	27%	25%	39% ab	34% g	32% g	31%	29%	29%	32% g	24%	33% g	37% g
Base for stats		1950	957	984	586	640	724	92	250	186	204	167	217	310	319	205
Mean Score		2.80	2.75	2.86	2.97	2.88	2.60	2.75	2.79	2.82	2.78	2.82	2.78	3.00 abcdefhi	2.74	2.67
Standard Deviation		.923	.937	.906	.923	.865	.937	.919	.970	.919	.933	.849	.932	.916	.874	.966
Standard Error		.021	.031	.028	.036	.033	.038	.088	.062	.066	.066	.063	.065	.051	.052	.069
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	465	61	96	109	59	52	87	267	198	370	9	48	21	2	12	92
		23%	33%	23%	22%	26%	25%	17%	24%	21%	22%	20%	29%	27%	23%	66%	29%
			bcfgh	f		f	f		f				a				a
Tend to agree	(3.0)	853	70	189	227	96	87	183	486	367	706	29	66	32	3	4	135
		42%	38%	45%	45%	42%	41%	37%	44%	39%	41%	63%	40%	42%	44%	22%	43%
				fh	fh				fh			acd					
Tend to disagree	(2.0)	420	34	89	91	46	40	120	214	206	364	6	31	14	1	-	51
		21%	19%	21%	18%	20%	19%	24%	19%	22%	21%	13%	18%	18%	11%	-	16%
								cg			g						
Strongly disagree	(1.0)	213	12	34	49	17	21	79	95	118	192	1	11	6	-	1	19
		10%	6%	8%	10%	8%	10%	16%	9%	13%	11%	3%	7%	7%	-	4%	6%
								abcdeg		abdg	g						
Don't know		93	6	10	26	10	11	30	42	51	75	1	9	4	2	2	18
		5%	3%	2%	5%	5%	5%	6%	4%	5%	4%	2%	6%	6%	22%	8%	6%
					b		b	b		b							
NET: Agree		1317	131	286	336	155	139	270	753	564	1076	38	115	53	5	16	227
		64%	72%	68%	67%	68%	66%	54%	68%	60%	63%	83%	69%	69%	67%	88%	72%
			fh	fh	fh	fh	f		fh	f		a					a
NET: Disagree		632	46	123	140	63	62	199	308	324	556	7	42	20	1	1	70
		31%	25%	29%	28%	28%	29%	40%	28%	34%	33%	16%	25%	25%	11%	4%	22%
								abcdegh		acd	bcg						
Base for stats		1950	176	409	476	219	201	469	1061	889	1631	46	157	73	5	16	297
Mean Score		2.80	3.02	2.85	2.83	2.90	2.85	2.59	2.87	2.73	2.77	3.01	2.97	2.94	3.15	3.64	3.01
			bcfgh	fh	fh	fh	f		fh	f			a				a
Standard Deviation		.923	.899	.875	.897	.889	.932	.975	.891	.955	.931	.687	.894	.895	.717	.701	.862
Standard Error		.021	.070	.045	.041	.056	.062	.046	.028	.032	.023	.098	.070	.103	.271	.165	.049
Error variance		*	*	*	*	*	*	*	*	*	*	.01	*	.01	.07	.03	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
465	254	86	104	190	31	26	161	65	17	15	35	22	34	58	57	
23%	20%	24%	32% ab	28% a	36% cdfhij	40% cdfhij	23% j	27% ij	28% j	21% j	27% ij	23% j	18% j	14% j	38% cdfhij	
853	523	157	142	300	38	25	308	100	24	28	51	41	66	172	63	
42%	41%	44%	44%	44%	45%	37%	45% i	42%	39%	39%	39%	43%	36%	41%	42%	
420	276	77	49	125	10	10	133	46	12	21	23	13	45	107	19	
21%	22% c	22% c	15%	18%	11%	14%	19%	19%	19%	30% abcghk	18%	14%	24% ahk	26% abchk	13%	
213	161	27	19	46	5	2	60	20	6	5	11	11	27	65	7	
10%	13% bcd	8%	6%	7%	6%	2%	9%	8%	10%	8%	9%	12% bk	14% abcdk	15% abcdgk	4%	
93	67	10	10	19	2	4	28	8	3	2	9	9	13	16	6	
5%	5% d	3%	3%	3%	2%	6%	4%	3%	5%	2%	7%	9% acdj	7%	4%	4%	
1317	777	244	246	490	69	51	469	165	41	43	86	63	100	229	120	
64%	61%	68% a	76% ab	72% a	81% cdefghij	77% fij	68% ij	69% ij	66%	60%	67% ij	65% ij	54%	55%	79% cdefghij	
632	437	104	68	171	15	11	193	66	18	27	34	25	72	172	26	
31%	34% cd	29% c	21%	25%	17%	17%	28% abk	28% k	29% k	37% abk	26% k	25%	39% abcdghk	41% abcdghk	17%	
1950	1214	347	314	661	83	63	662	232	59	70	121	88	172	401	146	
2.80	2.72	2.87	3.05	2.96	3.13	3.22	2.86	2.91	2.88	2.75	2.91	2.85	2.63	2.56	3.17	
		a	ab	a	cdhij	cdefghij	ij	ij	j		ij	j			cdefghij	
.923	.942	.875	.854	.869	.844	.801	.889	.909	.950	.884	.928	.949	.972	.927	.824	
.021	.026	.050	.051	.036	.090	.096	.034	.060	.122	.106	.080	.092	.071	.052	.066	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	*	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	465 23%	136 27%	92 27%	36 20%	8 19%	129 25%	142 24%	67 28%	55 25%	12 31%	122 27%	154 25%	64 19%	244 22%	140 28% abe	16 20%	400 23%
Tend to agree	(3.0)	853 42%	226 45%	137 41%	79 44%	16 40%	216 42%	269 46% ce	96 41%	84 38%	15 36%	180 39%	284 46% ce	123 36%	480 42% a	217 44% a	33 40%	730 43% a
Tend to disagree	(2.0)	420 21%	83 16%	71 21%	42 23% a	10 25%	113 22% af	104 18%	47 20%	50 23%	6 16%	98 21%	110 18%	82 24% c	241 21% c	79 16%	18 22%	338 20%
Strongly disagree	(1.0)	213 10%	43 9%	27 8%	12 7%	6 15%	40 8%	43 7%	18 8%	24 11%	6 15%	41 9%	49 8%	49 15% bce	121 11% c	32 7%	10 12%	163 10% c
Don't know		93 5%	18 4%	8 2%	10 5%	1 2%	18 3%	22 4%	7 3%	8 4%	1 2%	16 3%	23 4%	20 6%	44 4%	24 5%	5 6%	73 4%
NET: Agree		1317 64%	362 72%	230 68%	115 64%	24 58%	345 67%	411 71% c	163 69%	139 63%	27 67%	302 66%	438 71% c	187 55%	723 64% a	358 73% abde	49 60%	1130 66% a
NET: Disagree		632 31%	126 25%	99 29%	54 30%	16 40% a	153 30%	147 25%	65 28%	74 33% af	12 31%	139 30%	160 26%	131 39% bce	362 32% c	111 23%	28 34% c	501 29% c
Base for stats		1950	488	328	169	41	498	558	228	213	40	441	597	319	1085	469	77	1631
Mean Score		2.80	2.93 d	2.90	2.82	2.64	2.87	2.91	2.93	2.80	2.85	2.87	2.91	2.64	2.78 a	2.99 abde	2.72	2.84 a
Standard Deviation		.923	.894	.908	.853	.967	.889	.862	.901	.951	1.045	.927	.874	.974	.919	.864	.949	.909
Standard Error		.021	.040	.051	.066	.151	.040	.036	.060	.065	.163	.044	.035	.054	.028	.040	.106	.023
Error variance		*	*	*	*	.02	*	*	*	*	.03	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	465	279	66	73	14	310	140	12	389	75	401	59
		23%	22%	25%	19%	22%	23%	22%	17%	24%	18%	23%	20%
		b		b						b			
Tend to agree	(3.0)	853	578	100	129	25	602	233	19	662	190	734	115
		42%	45%	38%	33%	39%	45%	36%	27%	41%	45%	42%	39%
		a					abef						
Tend to disagree	(2.0)	420	250	53	98	18	258	151	17	328	92	344	72
		21%	19%	20%	25%	27%	19%	23%	25%	20%	22%	20%	25%
					d			d					
Strongly disagree	(1.0)	213	126	28	70	5	115	90	13	168	45	186	26
		10%	10%	11%	18%	7%	9%	14%	19%	10%	11%	11%	9%
					acd			d	cd				
Don't know		93	55	16	25	3	52	33	9	77	16	66	21
		5%	4%	6%	6%	4%	4%	5%	12%	5%	4%	4%	7%
					d				de				a
NET: Agree		1317	857	166	203	40	912	373	31	1052	266	1135	174
		64%	67%	63%	51%	61%	68%	58%	45%	65%	63%	66%	59%
				bf		f	bef	bf				b	
NET: Disagree		632	375	81	169	22	373	241	30	496	137	529	99
		31%	29%	31%	43%	35%	28%	37%	43%	31%	33%	31%	34%
					ad			d	ad				
Base for stats		1950	1232	247	371	62	1285	614	61	1547	403	1664	273
Mean Score		2.80	2.82	2.82	2.55	2.80	2.86	2.69	2.49	2.82	2.74	2.81	2.76
				bf			bef	b					
Standard Deviation		.923	.897	.957	1.012	.888	.884	.983	1.042	.931	.891	.927	.901
Standard Error		.021	.026	.058	.053	.111	.025	.039	.127	.024	.045	.023	.053
Error variance		*	*	*	*	.01	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	465	20	32	66	82	64	64	39	97	245	199	95	129	167	73	139	112	144	66
		23%	6%	15%	21%	24%	29%	26%	44%	38%	22%	34%	20%	22%	24%	29%	23%	21%	22%	28%
				a	a	ab	abci	ab	abcdefi	abcdfi	ab	abcdfi				ab				b
Tend to agree	(3.0)	853	80	88	141	175	104	118	39	108	508	265	181	263	306	93	226	226	288	104
		42%	23%	40%	44%	51%	48%	49%	44%	42%	46%	45%	39%	44%	43%	38%	37%	43%	44%	44%
				a	a	abh	a	a	a	a	a	a						a	a	
Tend to disagree	(2.0)	420	126	61	73	53	27	43	8	30	214	81	104	127	137	45	132	115	138	29
		21%	36%	28%	23%	15%	12%	18%	9%	12%	19%	14%	22%	21%	19%	18%	22%	22%	21%	12%
			cdefghij	defghij	deghj			gh			eghj						d	d	d	
Strongly disagree	(1.0)	213	101	25	17	23	19	10	1	17	84	28	56	45	76	32	85	45	59	22
		10%	29%	11%	5%	7%	9%	4%	1%	7%	8%	5%	12%	8%	11%	13%	14%	9%	9%	9%
			bcddefghij	cfgj		g	fgj			g	fgj		b			b	bc			
Don't know		93	26	12	23	13	5	7	2	6	52	15	30	29	20	5	26	26	19	13
		5%	7%	6%	7%	4%	2%	3%	3%	2%	5%	3%	7%	5%	3%	2%	4%	5%	3%	5%
			defhj	j	efhj						j		cd							
NET: Agree		1317	100	119	207	258	168	181	78	205	753	464	276	392	473	165	364	338	432	170
		64%	28%	55%	65%	74%	77%	75%	88%	79%	68%	79%	59%	66%	67%	67%	60%	64%	67%	73%
				a	ab	abci	abci	abci	abcdefi	abci	ab	abci		a	a	a			a	ab
NET: Disagree		632	226	85	90	76	46	53	9	47	297	109	160	173	214	77	217	161	197	51
		31%	64%	39%	28%	22%	21%	22%	10%	18%	27%	18%	34%	29%	30%	31%	36%	31%	30%	22%
			bcddefghij	cdefghij	ghj	g	g	g			ghj	g					cd	d	d	
Base for stats		1950	327	205	298	333	214	234	87	252	1050	573	436	565	687	242	581	499	629	221
Mean Score		2.80	2.06	2.62	2.86	2.95	3.00	3.00	3.34	3.13	2.87	3.11	2.72	2.84	2.82	2.85	2.72	2.81	2.82	2.97
				a	ab	ab	abi	abci	abcdefhij	abcdi	ab	abcdi		a						abc
Standard Deviation		.923	.895	.888	.825	.886	.790	.688	.875	.860	.821		.945	.867	.926	.995	.986	.886	.891	.911
Standard Error		.021	.050	.062	.048	.045	.060	.052	.075	.055	.026	.035	.045	.036	.036	.065	.041	.039	.036	.061
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	465	262	123	74
		23%	36%	16%	14%
			bc		
Tend to agree	(3.0)	853	323	322	204
		42%	44%	42%	40%
Tend to disagree	(2.0)	420	95	169	147
		21%	13%	22%	29%
			a		ab
Strongly disagree	(1.0)	213	33	112	64
		10%	4%	15%	13%
			a		a
Don't know		93	24	39	23
		5%	3%	5%	4%
NET: Agree		1317	585	444	279
		64%	79%	58%	54%
			bc		
NET: Disagree		632	128	282	211
		31%	17%	37%	41%
			a		a
Base for stats		1950	712	726	490
Mean Score		2.80	3.14	2.63	2.59
			bc		
Standard Deviation		.923	.815	.939	.900
Standard Error		.021	.030	.035	.041
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	446	199	244	154	143	150	15	54	46	47	40	45	72	74	52
		22%	20%	24%	25%	21%	20%	15%	21%	23%	22%	23%	20%	23%	22%	25%
					c										a	
Tend to agree	(3.0)	845	408	431	223	282	340	37	111	87	84	73	100	132	137	85
		41%	41%	42%	36%	42%	45%	38%	42%	44%	39%	41%	44%	41%	41%	40%
					a	a	a									
Tend to disagree	(2.0)	423	230	192	131	145	148	29	54	33	41	41	40	72	73	40
		21%	23%	19%	21%	22%	20%	30%	21%	16%	19%	23%	18%	23%	22%	19%
			b					bcd	f							
Strongly disagree	(1.0)	236	124	111	68	80	88	14	29	27	28	18	30	34	31	26
		12%	12%	11%	11%	12%	12%	14%	11%	13%	13%	10%	13%	11%	9%	12%
Don't know		93	34	58	43	20	31	2	17	6	15	5	11	11	17	8
		5%	3%	6%	7%	3%	4%	2%	6%	3%	7%	3%	5%	3%	5%	4%
			a		bc						g					
NET: Agree		1291	607	675	376	425	490	52	165	134	132	113	144	204	210	137
		63%	61%	65%	61%	64%	65%	53%	62%	67%	61%	64%	64%	64%	63%	65%
										a				a		a
NET: Disagree		659	354	304	199	224	235	44	83	59	68	59	70	106	104	66
		32%	36%	29%	32%	34%	31%	45%	31%	30%	32%	33%	31%	33%	31%	31%
			b					bcd	efghi							
Base for stats		1950	962	979	575	649	725	95	248	193	200	172	214	311	314	202
Mean Score		2.77	2.71	2.83	2.80	2.75	2.76	2.55	2.77	2.79	2.75	2.78	2.74	2.78	2.81	2.81
				a					a	a		a		a	a	a
Standard Deviation		.936	.938	.933	.964	.935	.916	.931	.922	.962	.971	.922	.945	.927	.907	.964
Standard Error		.021	.031	.029	.038	.036	.037	.088	.059	.068	.070	.067	.067	.051	.054	.070
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	e	f	g	
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335	
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	446	44	103	99	52	47	103	245	201	358	11	47	25	2	3	87	
		22%	24%	25%	20%	23%	22%	21%	22%	21%	21%	24%	28% a	32% a	23%	14%	28% a	
Tend to agree	(3.0)	845	75	181	204	95	82	207	460	384	710	20	70	24	3	9	126	
		41%	41%	43%	41%	42%	39%	41%	42%	41%	42%	43%	42%	31%	44%	49%	40%	
Tend to disagree	(2.0)	423	39	84	109	50	43	98	232	192	363	7	31	16	-	2	56	
		21%	21%	20%	22%	22%	20%	20%	21%	20%	21%	15%	18%	20%	-	12%	18%	
Strongly disagree	(1.0)	236	21	39	65	18	28	65	125	111	202	6	11	6	1	4	28	
		12%	12%	9%	13% d	8%	13%	13% d	11%	12%	12% c	13%	7%	8%	10%	21%	9%	
Don't know		93	4	11	26	14	12	26	41	52	72	2	8	7	2	1	19	
		5%	2%	3%	5%	6% b	6%	5%	4%	6% bg	4%	5%	5%	8%	22%	4%	6%	
NET: Agree		1291	118	284	303	147	129	310	705	585	1069	31	116	49	5	11	213	
		63%	65%	68% ch	60%	64%	61%	62%	64%	62%	63%	67%	70%	63%	68%	64%	68%	
NET: Disagree		659	60	123	173	68	71	163	357	303	565	13	42	22	1	6	83	
		32%	33%	29%	35%	30%	33%	33%	32%	32%	33% cg	28%	25%	28%	10%	33%	27%	
Base for stats		1950	179	407	476	215	200	473	1062	888	1634	44	158	71	5	17	296	
Mean Score		2.77	2.79	2.86	2.71	2.84	2.74	2.73	2.78	2.76	2.75	2.83	2.96	2.95	3.04	2.60	2.92	
				c									a				a	
Standard Deviation		.936	.949	.906	.946	.887	.969	.953	.933	.941	.935	.970	.882	.964	1.009	1.011	.924	
Standard Error		.021	.074	.046	.043	.057	.064	.045	.029	.031	.023	.142	.068	.113	.382	.232	.052	
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	*	.01	.15	.05	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
446	277	76	77	153	29	25	146	44	13	18	37	19	46	69	54	
22%	22%	21%	24%	22%	34%	37%	21%	18%	21%	25%	29%	20%	25%	17%	36%	
					cdhj	cdehij					cdj		j		cdehij	
845	533	157	123	280	34	21	291	104	22	25	42	38	68	198	55	
41%	42%	44%	38%	41%	40%	31%	42%	43%	36%	35%	33%	39%	37%	48%	36%	
							g	g						bgik		
423	247	77	83	159	15	16	146	51	16	19	20	17	36	88	31	
21%	19%	21%	26%	23%	17%	24%	21%	21%	26%	26%	16%	17%	20%	21%	20%	
			a	a												
236	157	35	36	71	4	4	85	31	7	8	16	10	21	50	8	
12%	12%	10%	11%	10%	5%	6%	12%	13%	11%	11%	12%	10%	12%	12%	6%	
							ak	ak			k		k	k		
93	67	13	5	17	3	1	22	10	4	2	14	13	14	12	4	
5%	5%	4%	1%	3%	3%	1%	3%	4%	6%	2%	11%	13%	7%	3%	2%	
	cd										abcdijk	abcdijk	bcjk			
1291	810	233	200	433	64	46	437	148	35	43	79	57	114	268	109	
63%	63%	65%	62%	64%	75%	69%	63%	62%	57%	60%	61%	59%	62%	64%	72%	
					cdeghi										cdeghi	
659	403	111	119	230	19	20	231	82	23	27	36	27	58	138	39	
32%	32%	31%	37%	34%	22%	30%	33%	34%	37%	37%	28%	27%	31%	33%	26%	
						a	a	a	a	a				a		
1950	1214	344	319	663	82	66	668	229	58	70	116	84	172	406	148	
2.77	2.77	2.80	2.75	2.78	3.08	3.00	2.75	2.70	2.71	2.76	2.87	2.80	2.81	2.71	3.04	
					cdefhij	cdj									cdefhij	
.936	.946	.897	.949	.922	.859	.942	.939	.928	.950	.967	1.021	.931	.973	.892	.895	
.021	.027	.052	.056	.038	.092	.110	.036	.061	.123	.116	.089	.092	.071	.049	.071	
*	*	*	*	*	.01	.01	*	*	.02	.01	.01	.01	*	*	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self					
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19						
	Total													Lives alone	2-3	4-5	6+	NET: Lives with others	
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e	
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700	
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	446	116	68	44	8	113	125	112	57	55	15	112	127	75	237	119	16	371
		22%	23%	20%	25%	20%	22%	23%	19%	24%	25%	38% af	24% a	20%	22%	21%	24%	19%	22%
Tend to agree	(3.0)	845	206	156	58	22	214	228	247	103	79	15	181	262	141	487	187	29	703
		41%	41% c	46% c	32% c	53% c	41% c	42% c	43%	44%	36%	38%	40%	42%	42%	43%	38%	35%	41%
Tend to disagree	(2.0)	423	100	72	49	7	121	107	127	47	50	7	97	134	52	237	108	27	371
		21%	20%	21%	27% af	17%	23%	20%	22%	20%	22%	17%	21%	22%	15%	21% a	22% a	33% abce	22% a
Strongly disagree	(1.0)	236	67	33	23	4	56	71	79	23	26	2	48	82	48	126	55	6	188
		12%	13%	10%	13%	8%	11%	13%	14%	10%	12%	6%	11%	13%	14%	11%	11%	7%	11%
Don't know		93	17	6	6	1	13	17	15	6	12	1	18	15	22	42	24	5	71
		5%	3%	2%	3%	2%	2%	3%	3%	2%	5% af	2%	4%	2%	6% b	4%	5%	6%	4%
NET: Agree	1291	322	224	102	30	326	352	359	159	134	31	293	389	216	724	306	44	1074	
	63%	64%	67% c	57%	73%	63%	64%	62%	68%	60%	75%	64%	63%	64%	64%	62%	54%	63%	
NET: Disagree	659	167	105	71	10	176	178	206	70	76	9	145	216	100	363	163	33	559	
	32%	33%	31%	40%	25%	34%	32%	36%	30%	34%	23%	32%	35%	30%	32%	33%	40%	33%	
Base for stats	1950	489	330	173	41	503	530	565	229	209	40	439	605	316	1087	469	77	1633	
Mean Score	2.77	2.76	2.79	2.71	2.87	2.76	2.77	2.69	2.84 a	2.78	3.09 af	2.81 a	2.72	2.77	2.77	2.79	2.70	2.77	
Standard Deviation	.936	.967	.887	.991	.847	.923	.958	.944	.909	.974	.898	.940	.945	.978	.920	.955	.887	.928	
Standard Error	.021	.043	.049	.075	.132	.041	.041	.039	.060	.067	.140	.045	.038	.055	.028	.044	.099	.023	
Error variance	*	*	*	.01	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	446	266	67	112	10	270	168	20	361	86	375	68
		22%	21%	25%	28%	15%	20%	26%	28%	22%	20%	22%	23%
		b		d	cd			cd					
Tend to agree	(3.0)	845	538	94	158	21	576	249	23	671	173	721	119
		41%	42%	36%	40%	32%	43%	39%	32%	41%	41%	42%	40%
							a						
Tend to disagree	(2.0)	423	276	57	79	22	273	138	17	336	87	359	59
		21%	21%	22%	20%	34%	20%	21%	24%	21%	21%	21%	20%
						abde							
Strongly disagree	(1.0)	236	155	29	32	6	164	63	3	185	51	207	27
		12%	12%	11%	8%	9%	12%	10%	5%	11%	12%	12%	9%
			a				bf						
Don't know		93	52	16	15	7	53	29	7	72	22	67	21
		5%	4%	6%	4%	11%	4%	5%	11%	4%	5%	4%	7%
						bde			bde			a	
NET: Agree		1291	804	161	270	30	846	417	43	1032	259	1096	187
		63%	62%	61%	68%	47%	63%	64%	61%	64%	62%	63%	64%
				c	c		c	c					
NET: Disagree		659	431	86	111	27	437	201	20	521	138	566	86
		32%	33%	33%	28%	42%	33%	31%	29%	32%	33%	33%	29%
						b							
Base for stats		1950	1235	247	381	58	1283	618	63	1553	397	1662	273
Mean Score		2.77	2.74	2.81	2.92	2.59	2.74	2.84	2.94	2.78	2.74	2.76	2.83
			b		cd			cd	c				
Standard Deviation		.936	.935	.967	.914	.885	.932	.937	.898	.936	.939	.939	.918
Standard Error		.021	.027	.059	.047	.114	.026	.037	.109	.024	.048	.023	.054
Error variance		*	*	*	*	.01	*	*	.01	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree		(4.0)	446	70	57	72	76	48	46	21	56	252	111	140	140	49	69	87	176	109
			22%	20%	26%	23%	22%	22%	19%	24%	22%	23%	24%	24%	20%	20%	11%	17%	27%	46%
																	a	ab	abc	
Tend to agree		(3.0)	845	118	91	146	154	89	108	36	103	479	169	256	315	99	182	230	337	89
			41%	34%	42%	46%	44%	41%	45%	40%	40%	43%	36%	43%	44%	40%	30%	44%	52%	38%
					a	a	a		a			a		a	a		a	abd	a	
Tend to disagree		(2.0)	423	79	44	56	62	57	51	21	54	219	92	116	160	53	186	126	90	20
			21%	22%	20%	17%	18%	26%	21%	23%	21%	20%	20%	20%	23%	21%	31%	24%	14%	9%
							cdi										bcd	cd	d	
Strongly disagree		(1.0)	236	60	16	29	42	18	29	7	36	105	62	57	76	39	145	52	28	8
			12%	17%	7%	9%	12%	8%	12%	7%	14%	9%	13%	10%	11%	16%	24%	10%	4%	3%
				bcegi	j					bei		b				bc	bcd	cd		
Don't know			93	26	10	17	13	7	7	4	9	47	33	25	17	7	25	29	18	8
			5%	7%	5%	5%	4%	3%	3%	5%	3%	3%	7%	4%	2%	3%	4%	6%	3%	3%
				defhij									bcd					c		
NET: Agree			1291	188	148	219	229	137	154	58	159	732	280	396	455	148	252	317	513	198
			63%	53%	68%	68%	66%	62%	64%	64%	62%	66%	60%	67%	64%	60%	41%	60%	79%	85%
					a	a	a	a	a		a	a		a				a	ab	ab
NET: Disagree			659	139	59	85	104	75	80	28	89	324	154	173	235	92	330	179	118	28
			32%	39%	27%	26%	30%	34%	33%	31%	35%	29%	33%	29%	33%	37%	54%	34%	18%	12%
				bcdi				c			c	c				b	bcd	cd	d	
Base for stats			1950	327	207	303	333	212	234	85	249	1055	433	569	690	240	582	496	631	226
Mean Score			2.77	2.61	2.91	2.86	2.79	2.79	2.73	2.85	2.72	2.83	2.76	2.84	2.75	2.66	2.30	2.71	3.05	3.32
					afh	a	a	a				a		d				a	ab	abc
Standard Deviation			.936	1.017	.886	.888	.936	.889	.917	.893	.973	.903	.992	.908	.902	.981	.974	.876	.774	.780
Standard Error			.021	.057	.062	.051	.051	.061	.060	.099	.062	.028	.047	.038	.035	.065	.041	.039	.031	.051
Error variance			*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	446	186	130	124
		22%	25%	17%	24%
			b		b
Tend to agree	(3.0)	845	301	316	219
		41%	41%	41%	43%
Tend to disagree	(2.0)	423	149	178	93
		21%	20%	23%	18%
				c	
Strongly disagree	(1.0)	236	73	103	56
		12%	10%	14%	11%
				a	
Don't know		93	27	38	21
		5%	4%	5%	4%
NET: Agree		1291	487	447	343
		63%	66%	58%	67%
			b		b
NET: Disagree		659	222	281	148
		32%	30%	37%	29%
				ac	
Base for stats		1950	709	728	491
Mean Score		2.77	2.85	2.65	2.84
			b		b
Standard Deviation		.936	.929	.933	.933
Standard Error		.021	.035	.035	.042
Error variance		*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	492	220	269	192	165	136	30	59	55	48	31	50	85	83	52
		24%	22%	26%	31%	25%	18%	31%	22%	28%	22%	17%	22%	27%	25%	25%
				a	bc	c		e		e			e			
Tend to agree	(3.0)	848	402	444	243	273	332	33	116	82	95	84	90	138	132	79
		42%	40%	43%	39%	41%	44%	34%	44%	41%	44%	47% a	40%	43%	40%	38%
Tend to disagree	(2.0)	390	220	169	103	121	165	26	45	37	37	35	43	57	68	41
		19%	22%	16%	17%	18%	22% a	27% bdg	17%	18%	17%	20%	19%	18%	20%	20%
			b													
Strongly disagree	(1.0)	179	92	85	45	68	66	7	23	16	18	18	24	21	30	22
		9%	9%	8%	7%	10%	9%	7%	8%	8%	9%	10%	11%	7%	9%	11%
Don't know		133	62	70	35	42	57	2	24	9	17	9	18	19	19	16
		7%	6%	7%	6%	6%	7%	2%	9% ac	4%	8% a	5%	8% a	6%	6%	7%
NET: Agree		1341	622	713	435	438	468	63	174	138	143	115	140	224	214	131
		66%	62%	69% a	70% bc	65%	62%	64%	66%	69%	66%	65%	62%	70%	65%	62%
NET: Disagree		569	312	254	148	189	231	33	67	53	56	53	68	78	98	64
		28%	31% b	24%	24%	28%	31% a	33%	25%	27%	26%	30%	30%	24%	30%	30%
Base for stats		1910	934	966	583	627	700	95	241	191	198	168	207	302	312	195
Mean Score		2.87	2.80	2.93 a	3.00 bc	2.85	2.77	2.91	2.87	2.93	2.87	2.76	2.80	2.95 e	2.85	2.83
Standard Deviation		.905	.910	.895 a	.903 bc	.932	.870	.929	.888	.905	.887	.878	.938	.868 e	.922	.953
Standard Error		.021	.030	.028	.035	.036	.036	.087	.057	.064	.064	.065	.067	.049	.055	.070
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	492	48	116	113	62	58	94	278	215	379	15	55	33	4	4	110
		24%	26% f	28% f	23% f	27% f	28% f	19% f	25% f	23% f	22% f	33% a	33% a	42% a	56% a	23% a	35% a
Tend to agree	(3.0)	848	85	168	204	105	81	205	457	391	717	21	68	25	3	6	123
		42%	47%	40%	41%	46%	38%	41%	41%	42%	42%	45%	41%	32%	44%	36%	39%
Tend to disagree	(2.0)	390	31	79	105	32	33	109	215	175	334	8	25	12	-	5	51
		19%	17%	19%	21% d	14% d	16% d	22% d	20% d	19% d	20% d	17%	15%	16%	-	28%	16%
Strongly disagree	(1.0)	179	13	40	47	13	19	48	99	80	157	2	11	4	-	-	17
		9%	7%	9%	9%	6%	9%	10%	9%	9%	9% g	5%	6%	5%	-	-	5%
Don't know		133	5	16	33	17	20	42	54	79	119	-	8	4	-	2	14
		7%	3%	4%	7%	7% ab	10% abg	9% abg	5% abg	8% abg	7%	-	5%	5%	-	13%	4%
NET: Agree		1341	133	284	317	167	140	300	735	606	1096	36	122	58	7	11	233
		66%	73% cfh	68% f	63% cfh	73% cfh	66%	60%	67% f	64% f	64% a	77%	74% a	74%	100%	59%	74% a
NET: Disagree		569	44	118	152	45	52	157	314	255	491	11	36	16	-	5	68
		28%	24% d	28% d	30% d	20% d	25% d	31% d	29% d	27% d	29% cg	23%	22%	21%	-	28%	22%
Base for stats		1910	177	402	469	212	192	457	1049	861	1587	46	158	74	7	16	301
Mean Score		2.87	2.95 f	2.90 f	2.82 cfgh	3.02 f	2.93 f	2.76 f	2.87 f	2.86 f	2.83 a	3.04 a	3.05 a	3.17 a	3.56 a	2.94 a	3.08 a
Standard Deviation		.905	.860	.933	.912	.834	.933	.900	.912	.898	.904	.854	.882	.900	.537	.793	.872
Standard Error		.021	.067	.048	.042	.053	.063	.043	.029	.030	.023	.121	.068	.103	.179	.192	.049
Error variance		*	*	*	*	*	*	*	*	*	*	.01	*	.01	.03	.04	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total		2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	492	302	87	87	174	30	27	170	61	14	18	33	29	45	64	57
		24%	24%	24%	27%	26%	35%	41%	25%	25%	23%	25%	25%	30%	25%	15%	38%
							cj	cdefgij	j	j		j	j	j	j		cdegij
Tend to agree	(3.0)	848	511	154	148	303	36	22	304	97	21	20	52	39	71	186	58
		42%	40%	43%	46%	45%	42%	33%	44%	41%	35%	28%	40%	40%	38%	45%	38%
								f								f	
Tend to disagree	(2.0)	390	257	60	56	116	14	11	123	38	15	19	24	16	29	100	25
		19%	20%	17%	17%	17%	17%	16%	18%	16%	24%	27%	18%	17%	16%	24%	16%
												di				cdi	
Strongly disagree	(1.0)	179	116	33	21	54	3	2	59	24	5	10	11	6	23	37	5
		9%	9%	9%	6%	8%	4%	3%	9%	10%	8%	14%	8%	6%	12%	9%	3%
								k	k	bk		abhk		abk	k		
Don't know		133	94	23	11	33	2	5	33	19	6	4	11	7	18	30	7
		7%	7%	6%	3%	5%	2%	7%	5%	8%	10%	5%	8%	7%	9%	7%	4%
			cd						a	a	a	a		ac			
NET: Agree		1341	813	242	236	477	66	49	475	158	36	38	84	68	116	250	116
		66%	63%	68%	73% a	70% a	defgij	74% efj	69% fj	66%	58%	53%	65%	70% fj	63%	60%	76% defgij
NET: Disagree		569	374	93	77	170	17	12	183	62	20	29	34	22	52	138	30
		28%	29%	26%	24%	25%	20%	18%	26%	26%	32% k	41% abcdghik	27%	22%	28%	33% abchk	20%
Base for stats		1910	1187	335	313	648	84	62	657	220	56	67	119	90	168	387	145
Mean Score		2.87	2.84	2.88	2.97 a	2.92	3.11 cefij	3.22 cdefgij	2.89 j	2.89 j	2.81	2.68	2.89 j	3.02 fj	2.83	2.71	3.16 cdefgij
Standard Deviation		.905	.916	.908	.852	.882	.823	.830	.893	.934	.932	1.033	.911	.871	.980	.854	.825
Standard Error		.021	.026	.053	.051	.037	.088	.101	.035	.063	.122	.126	.078	.083	.072	.048	.066
Error variance		*	*	*	*	*	.01	.01	*	*	.01	.02	.01	.01	.01	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total		2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	492 24%	145 29%	77 23%	49 27%	10 23%	126 25%	143 25%	63 27%	60 27%	15 37%	123 27%	159 26%	69 20%	277 25%	127 26%	20 24%	424 25%
Tend to agree	(3.0)	848 42%	203 40%	162 48% acf	58 32%	20 47%	220 43% c	248 43% c	109 46% c	75 34%	16 38%	184 40%	263 42% c	142 42%	451 40%	221 45%	34 42%	706 41%
Tend to disagree	(2.0)	390 19%	86 17%	50 15%	44 25% abf	6 13%	94 18%	100 17%	37 16%	50 23%	5 13%	87 19%	105 17%	65 19%	222 20%	87 18%	16 19%	325 19%
Strongly disagree	(1.0)	179 9%	39 8%	29 9%	19 11%	6 13%	48 9%	50 9%	17 7%	23 11%	3 8%	40 9%	53 9%	27 8%	112 10% c	34 7%	7 8%	153 9%
Don't know		133 7%	32 6%	17 5%	9 5%	1 2%	27 5%	39 7%	9 4%	13 6%	1 3%	22 5%	40 6%	36 11% bce	68 6%	24 5%	5 7%	97 6%
NET: Agree		1341 66%	348 69% c	240 71% c	107 60%	29 71%	346 67%	391 67%	172 73% c	135 61%	31 76%	307 67%	422 68%	210 62%	728 64%	348 71% ab	54 66%	1130 66%
NET: Disagree		569 28%	125 25%	79 24%	63 35% abf	11 27%	142 28%	150 26%	54 23%	73 33% abf	9 21%	127 28%	158 26%	92 27%	334 30% c	121 25%	22 27%	477 28%
Base for stats		1910	473	319	170	40	489	541	226	208	39	434	580	302	1062	469	77	1608
Mean Score		2.87	2.96	2.90	2.80	2.83	2.87	2.90	2.97	2.82	3.08	2.90	2.91	2.84	2.84	2.94 b	2.88	2.87
Standard Deviation		.905	.906	.872	.983	.959	.912	.900	.863	.974	.933	.920	.903	.878	.932	.861	.902	.911
Standard Error		.021	.041	.049	.075	.150	.041	.038	.057	.067	.146	.044	.037	.050	.029	.040	.101	.023
Error variance		*	*	*	.01	.02	*	*	*	*	.02	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
		a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%													
Unweighted Total		2043	380 1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381 1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	492	120 298	81	100	11	310	172	19	396	96	427	64
		24%	32% 23%	31%	25%	17%	23%	27%	27%	24%	23%	25%	22%
			b	cd									
Tend to agree	(3.0)	848	158 534	99	156	25	567	260	20	670	178	722	119
		42%	41% 41%	38%	39%	39%	42%	40%	29%	41%	43%	42%	41%
							f						
Tend to disagree	(2.0)	390	62 257	43	61	18	271	108	12	313	77	330	55
		19%	16% 20%	16%	15%	27%	20%	17%	17%	19%	18%	19%	19%
						abe	b						
Strongly disagree	(1.0)	179	32 116	21	44	5	112	62	8	136	43	148	30
		9%	8% 9%	8%	11%	8%	8%	10%	11%	8%	10%	9%	10%
Don't know		133	9 84	20	35	6	77	47	11	109	24	103	26
		7%	2% 6%	7%	9%	9%	6%	7%	16%	7%	6%	6%	9%
			a		d				ade				
NET: Agree		1341	278 831	179	256	36	876	431	39	1066	275	1150	183
		66%	73% 65%	68%	65%	56%	66%	67%	56%	66%	66%	66%	62%
			b	f									
NET: Disagree		569	94 373	64	106	23	383	170	20	449	120	477	85
		28%	25% 29%	24%	27%	35%	29%	26%	28%	28%	29%	28%	29%
Base for stats		1910	372 1204	243	361	59	1259	601	59	1515	395	1627	268
Mean Score		2.87	2.99 2.84	2.98	2.86	2.70	2.85	2.90	2.85	2.88	2.83	2.88	2.81
			b	cd									
Standard Deviation		.905	.913 .906	.923	.959	.882	.892	.932	1.025	.901	.921	.902	.926
Standard Error		.021	.047 .026	.056	.051	.112	.025	.038	.127	.023	.047	.023	.055
Error variance		*	* *	*	*	.01	*	*	.02	*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	492	62	52	66	100	52	63	30	69	269	161	111	164	154	61	101	103	179	102
		24%	18%	24%	21%	29%	24%	26%	33%	27%	24%	27%	24%	28%	22%	24%	17%	20%	28%	44%
						ac		a	ac	a	a	ac		c					ab	abc
Tend to agree	(3.0)	848	130	105	153	146	111	83	35	86	515	204	190	252	302	96	219	239	296	88
		42%	37%	48%	48%	42%	51%	34%	39%	33%	47%	35%	41%	43%	43%	39%	36%	46%	46%	38%
				afhj	afhj	hj	adfhj				afhj							ad	ad	
Tend to disagree	(2.0)	390	57	36	53	60	37	60	18	68	187	146	79	110	147	51	159	102	106	19
		19%	16%	17%	17%	17%	17%	25%	20%	26%	17%	25%	17%	19%	21%	21%	26%	19%	16%	8%
							abcdei		abcdei		abcdei						bcd	d	d	
Strongly disagree	(1.0)	179	50	17	26	21	12	22	6	25	76	53	46	36	61	30	97	36	28	14
		9%	14%	8%	8%	6%	6%	9%	7%	10%	7%	9%	10%	6%	9%	12%	16%	7%	4%	6%
			bcdeij										b			b	bcd			
Don't know		133	54	8	22	18	7	13	1	11	55	24	40	30	44	10	30	44	39	11
		7%	15%	4%	7%	5%	3%	5%	1%	4%	5%	4%	9%	5%	6%	4%	5%	8%	6%	5%
			bcdefghij		g								bd					a		
NET: Agree		1341	191	156	219	247	163	146	64	155	784	365	301	417	456	157	320	342	475	190
		66%	54%	72%	68%	71%	74%	60%	72%	60%	71%	62%	65%	70%	64%	63%	53%	65%	73%	81%
				afhj	ah	afhj	afhj		ah		afhj	a		ac				a	ab	abc
NET: Disagree		569	108	53	80	81	49	82	24	92	262	199	125	147	208	81	256	138	134	33
		28%	31%	24%	25%	23%	22%	34%	27%	36%	24%	34%	27%	25%	29%	33%	42%	26%	21%	14%
			dei					bcdei		bcdei		bcdei				b	bcd	cd	d	
Base for stats		1910	299	209	298	328	212	228	89	247	1047	564	426	564	664	237	577	481	609	223
Mean Score		2.87	2.68	2.91	2.87	3.00	2.96	2.82	2.99	2.81	2.93	2.84	2.86	2.97	2.83	2.79	2.56	2.85	3.03	3.25
				a	a	afhj	a		a		ahj	a		cd				a	ab	abc
Standard Deviation		.905	.986	.858	.858	.863	.805	.947	.912	.958	.850	.947	.929	.864	.891	.964	.968	.843	.808	.857
Standard Error		.021	.057	.059	.049	.047	.055	.063	.098	.061	.026	.040	.044	.036	.035	.064	.040	.038	.033	.057
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	492	231	137	119
		24%	31%	18%	23%
			bc		b
Tend to agree	(3.0)	848	286	327	229
		42%	39%	43%	45%
					a
Tend to disagree	(2.0)	390	145	157	82
		19%	20%	21%	16%
				c	
Strongly disagree	(1.0)	179	49	76	46
		9%	7%	10%	9%
				a	
Don't know		133	25	68	36
		7%	3%	9%	7%
				a	a
NET: Agree		1341	517	464	348
		66%	70%	61%	68%
			b		b
NET: Disagree		569	194	234	128
		28%	26%	31%	25%
				c	
Base for stats		1910	711	698	477
Mean Score		2.87	2.98	2.75	2.88
			b		b
Standard Deviation		.905	.896	.894	.894
Standard Error		.021	.033	.034	.041
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?**

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	302 15%	156 16%	145 14%	139 23% bc	83 12%	80 11%	11 11%	48 18% eh	26 13%	34 16%	20 11%	26 12%	62 19% aefh	40 12%	35 17%
Tend to agree	(3.0)	855 42%	426 43%	424 41%	249 40%	270 40%	337 45%	45 46%	109 41%	76 38%	96 45%	76 43%	97 43%	124 39%	147 44%	85 40%
Tend to disagree	(2.0)	496 24%	230 23%	264 25%	125 20%	177 26% a	194 26% a	26 27%	51 19%	59 29% bdg	43 20%	49 28% b	53 24%	68 21%	88 27% b	58 27% b
Strongly disagree	(1.0)	195 10%	107 11%	86 8%	45 7%	67 10%	83 11% a	9 9%	27 10%	25 12%	27 12%	17 9%	19 8%	30 9%	28 8%	15 7%
Don't know		195 10%	76 8%	118 11% a	60 10%	73 11%	62 8%	7 7%	30 11%	14 7%	15 7%	15 8%	31 14% cd	38 12%	28 8%	18 9%
NET: Agree		1157 57%	582 58%	569 55%	388 63% bc	352 53%	417 55%	55 57%	157 59%	102 51%	131 61%	96 54%	123 55%	186 58%	187 56%	120 57%
NET: Disagree		691 34%	338 34%	350 34%	170 28%	244 36% a	277 37% a	35 36%	78 29%	83 42% bdfg	70 32%	66 37%	72 32%	98 30%	116 35%	72 34%
Base for stats		1848	920	919	558	596	694	90	235	186	200	162	195	284	303	192
Mean Score		2.68	2.69	2.68	2.86 bc	2.62	2.60	2.63	2.76 c	2.56	2.69	2.61	2.67	2.77 c	2.65	2.73
Standard Deviation		.868	.888	.849	.882	.860	.844	.817	.907	.893	.910	.830	.830	.909	.822	.850
Standard Error		.020	.030	.027	.035	.034	.035	.079	.060	.064	.065	.062	.062	.053	.050	.063
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white	
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g	
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335	
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	302	40	66	71	32	34	59	177	125	233	7	37	16	1	6	67	
		15%	22% cdfh	16%	14%	14%	16%	12%	16% f	13%	14%	16%	22% a	21%	11%	36%	21% a	
Tend to agree	(3.0)	855	80	180	220	95	81	198	481	374	731	19	62	30	2	5	119	
		42%	44%	43%	44%	42%	38%	40%	44%	40%	43%	41%	38%	39%	33%	27%	38%	
Tend to disagree	(2.0)	496	42	96	121	56	54	127	259	237	425	11	34	12	2	2	61	
		24%	23%	23%	24%	24%	25%	26%	23%	25%	25% dg	23%	21%	15%	33%	11%	19%	
Strongly disagree	(1.0)	195	9	34	45	22	19	66	88	107	163	4	16	6	-	3	29	
		10%	5%	8%	9%	9%	9%	13% abcg	8%	11% ag	10%	9%	9%	7%	-	16%	9%	
Don't know		195	12	42	44	24	24	48	98	97	153	5	17	14	2	2	39	
		10%	7%	10%	9%	11%	11%	10%	9%	10%	9%	11%	10%	18% a	23%	10%	12%	
NET: Agree		1157	120	246	292	127	115	257	658	499	964	26	99	46	3	11	186	
		57%	66% defh	59% f	58% f	55%	54%	52%	60% fh	53%	56%	57%	60%	60%	45%	63%	59%	
NET: Disagree		691	50	130	166	78	73	193	347	344	589	15	50	18	2	5	90	
		34%	28%	31%	33%	34%	34%	39% abg	31%	37% ag	35% dg	32%	30%	23%	33%	27%	28%	
Base for stats		1848	171	376	458	205	188	451	1005	843	1553	41	149	64	5	16	276	
Mean Score		2.68	2.89 cdefgh	2.74 fh	2.69 f	2.67	2.69	2.56	2.74 fh	2.61	2.67	2.71	2.81 a	2.88 a	2.73	2.92	2.82 a	
Standard Deviation		.868	.822	.851	.851	.864	.887	.896	.848	.888	.857	.884	.930	.891	.780	1.146	.921	
Standard Error		.020	.065	.045	.040	.056	.060	.044	.027	.030	.022	.132	.074	.110	.295	.270	.054	
Error variance		*	*	*	*	*	*	*	*	*	*	.02	.01	.01	.09	.07	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
302	156	63	66	129	23	14	121	38	8	5	17	17	17	43	36	
15%	12%	18%	20%	19%	26%	20%	17%	16%	13%	8%	13%	18%	9%	10%	24%	
		a	a	a	cdgij	fij	fij	i				ij			dfgij	
855	543	144	144	287	28	28	302	89	26	32	57	48	60	186	56	
42%	42%	40%	44%	42%	33%	42%	44%	37%	42%	44%	44%	49%	32%	44%	37%	
							ai				i	adik		ai		
496	320	94	64	158	24	17	150	67	17	21	28	16	55	102	41	
24%	25%	26%	20%	23%	28%	25%	22%	28%	27%	29%	21%	16%	30%	25%	27%	
					h			h		h			ch		h	
195	142	27	17	44	5	4	54	26	4	8	13	6	25	50	9	
10%	11%	7%	5%	6%	6%	6%	8%	11%	7%	11%	10%	6%	13%	12%	6%	
													chk	ck		
195	121	30	33	63	6	4	63	20	6	5	15	11	29	36	10	
10%	9%	8%	10%	9%	7%	6%	9%	8%	10%	8%	12%	11%	16%	9%	6%	
													abcdjk			
1157	699	207	210	417	50	42	423	127	34	37	73	65	77	229	92	
57%	55%	58%	65%	61%	59%	63%	61%	53%	56%	52%	57%	67%	41%	55%	61%	
			a	a	i	i	dij	i	i		i	dfij		i	i	
691	461	120	81	201	29	21	204	92	21	29	41	21	80	152	50	
34%	36%	34%	25%	30%	34%	31%	30%	39%	34%	40%	32%	22%	43%	36%	33%	
	cd	c						ch		h			cghk	ch	h	
1848	1160	327	291	618	80	62	627	220	55	66	115	86	156	381	142	
2.68	2.61	2.74	2.89	2.81	2.86	2.82	2.78	2.64	2.70	2.52	2.67	2.89	2.44	2.58	2.84	
		a	ab	a	fij	fij	dfij	i			i	dfgij			dfij	
.868	.866	.862	.819	.844	.907	.852	.854	.902	.823	.816	.871	.798	.882	.857	.881	
.020	.025	.051	.051	.036	.099	.103	.034	.061	.109	.100	.076	.078	.067	.049	.071	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self					
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																			
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700	
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Strongly agree	(4.0)	302 15%	93 18%	58 17%	19 10%	10 25%	77 15%	103 19%	81 14%	60 26%	27 12%	12 30%	87 19%	93 15%	42 12%	152 13%	88 18%	21 25%	261 15%
		c	c		c			c	acef		acf	ac				ab	abe		
Tend to agree	(3.0)	855 42%	209 41%	153 46%	73 41%	16 38%	226 44%	225 41%	263 45%	95 40%	81 37%	16 38%	176 39%	279 45%	132 39%	477 42%	213 43%	33 40%	723 42%
								ce					ce						
Tend to disagree	(2.0)	496 24%	118 23%	78 23%	50 28%	11 27%	128 25%	129 24%	135 23%	54 23%	63 28%	9 23%	117 26%	144 23%	84 25%	291 26%	104 21%	16 19%	412 24%
															c				
Strongly disagree	(1.0)	195 10%	42 8%	21 6%	23 13%	2 5%	45 9%	44 8%	48 8%	13 6%	29 13%	2 5%	42 9%	50 8%	48 14%	111 10%	29 6%	7 8%	147 9%
					bf					abf					bce	c		c	
Don't know		195 10%	44 9%	26 8%	14 8%	2 5%	40 8%	46 8%	53 9%	12 5%	22 10%	2 4%	35 8%	55 9%	32 10%	98 9%	59 12%	6 8%	163 10%
										b					b				
NET: Agree	1157 57%	302 60%	211 63%	91 51%	26 63%	303 59%	329 60%	344 59%	155 66%	108 49%	28 68%	263 58%	372 60%	174 51%	629 56%	301 61%	54 65%	983 58%	
		c	c			c	c	c	ce		c	c	c			ab	a	a	
NET: Disagree	691 34%	160 32%	99 29%	73 41%	13 32%	172 33%	173 32%	183 32%	68 29%	91 41%	11 28%	159 35%	194 31%	132 39%	403 36%	133 27%	22 27%	559 33%	
				abf						abf				cde	c			c	
Base for stats	1848	462	310	165	39	475	502	527	223	199	39	422	566	306	1032	434	76	1542	
Mean Score	2.68	2.76 c	2.80 c	2.53	2.88 c	2.70 c	2.77 c	2.71 c	2.91 acef	2.53	2.98 c	2.73 c	2.73 c	2.55	2.65	2.83 abe	2.89 ab	2.71 a	
Standard Deviation	.868	.874	.821	.874	.872	.849	.874	.834	.866	.898	.873	.900	.838	.913	.860	.825	.914	.857	
Standard Error	.020	.040	.047	.068	.138	.039	.038	.036	.058	.064	.138	.044	.035	.052	.027	.040	.103	.022	
Error variance	*	*	*	*	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness					Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%														
			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	302	91	165	50	52	11	197	103	8	237	65	267	35
		15%	24%	13%	19%	13%	16%	15%	16%	12%	15%	16%	15%	12%
			b		b									
Tend to agree	(3.0)	855	147	563	93	155	19	590	244	21	689	166	742	108
		42%	39%	44%	35%	39%	30%	44%	38%	30%	42%	40%	43%	37%
							acef						b	
Tend to disagree	(2.0)	496	100	302	66	101	24	309	174	16	392	104	401	88
		24%	26%	23%	25%	26%	38%	23%	27%	23%	24%	25%	23%	30%
							abd						a	
Strongly disagree	(1.0)	195	28	116	30	47	7	110	73	12	154	41	164	30
		10%	7%	9%	11%	12%	12%	8%	11%	17%	9%	10%	9%	10%
						d			d	d				
Don't know		195	14	142	24	40	3	131	53	13	152	43	155	33
		10%	4%	11%	9%	10%	5%	10%	8%	19%	9%	10%	9%	11%
				a						abcde				
NET: Agree		1157	238	728	143	208	30	787	348	29	927	231	1009	143
		57%	63%	57%	54%	52%	46%	59%	54%	42%	57%	55%	58%	49%
			b		f			bcef	f				b	
NET: Disagree		691	128	418	96	148	32	419	247	28	545	145	565	118
		34%	34%	32%	37%	37%	49%	31%	38%	40%	34%	35%	33%	40%
						d	d		d				a	
Base for stats		1848	367	1146	239	356	62	1206	594	57	1472	376	1574	261
Mean Score		2.68	2.82	2.68	2.68	2.60	2.53	2.72	2.64	2.45	2.69	2.68	2.71	2.57
			b					bef					b	
Standard Deviation		.868	.894	.842	.945	.896	.921	.842	.909	.984	.864	.885	.869	.864
Standard Error		.020	.047	.025	.059	.048	.115	.024	.037	.125	.022	.046	.022	.052
Error variance		*	*	*	*	*	.01	*	*	.02	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree		(4.0)	302	16	20	42	57	43	47	22	54	162	54	79	105	62	107	65	80	46
		15%	5%	9%	13%	16%	20%	20%	25%	21%	15%	21%	12%	13%	15%	25%	18%	12%	12%	20%
				a	a	ab	abc	abc	abci	abci	ab	abci				abc	bc			bc
Tend to agree		(3.0)	855	108	92	150	150	105	106	35	110	496	169	264	320	94	236	236	300	81
		42%	31%	42%	47%	43%	48%	44%	39%	43%	45%	43%	36%	44%	45%	38%	39%	45%	46%	35%
				a	a	a	a	a	a	a	a	a		a	a			ad	ad	
Tend to disagree		(2.0)	496	109	62	78	78	48	50	21	51	266	122	148	173	50	133	137	161	60
		24%	31%	28%	24%	22%	22%	21%	23%	20%	24%	21%	26%	25%	24%	20%	22%	26%	25%	26%
			defhij	hj																
Strongly disagree		(1.0)	195	71	23	13	27	14	21	5	21	77	65	50	50	28	66	34	55	37
		10%	20%	10%	4%	8%	6%	9%	6%	8%	7%	8%	14%	8%	7%	11%	11%	7%	9%	16%
			bcdefghij	c		c		c		c		c	bc			c	b			abc
Don't know			195	49	20	38	34	9	17	7	21	101	56	53	59	13	65	53	52	10
		10%	14%	9%	12%	10%	4%	7%	7%	8%	9%	8%	12%	9%	8%	5%	11%	10%	8%	4%
			efhij	e	ej	e					e		cd				d	d		
NET: Agree			1157	124	112	191	207	148	153	58	164	658	223	343	425	156	343	301	380	127
		57%	35%	52%	60%	60%	68%	64%	64%	64%	60%	64%	48%	58%	60%	63%	57%	57%	59%	54%
				a	a	a	abi	ab	ab	ab	ab	ab		a	a	a				
NET: Disagree			691	180	84	91	105	62	71	26	72	343	187	198	223	78	199	171	217	97
		34%	51%	39%	29%	30%	28%	29%	29%	28%	31%	29%	40%	33%	31%	32%	33%	33%	33%	41%
			bcdefghij	cdefhij									bcd							abc
Base for stats		1848	304	197	283	312	210	224	83	236	1001	544	410	541	648	234	542	472	597	224
Mean Score		2.68	2.23	2.56	2.78	2.76	2.85	2.80	2.90	2.84	2.74	2.83	2.52	2.69	2.74	2.81	2.71	2.70	2.68	2.60
				a	ab	ab	ab	ab	ab	ab	ab	abi		a	a	a				
Standard Deviation		.868	.869	.828	.749	.853	.823	.878	.867	.882	.818	.877	.912	.833	.819	.959	.921	.795	.821	.994
Standard Error		.020	.050	.059	.044	.048	.057	.059	.098	.058	.026	.038	.044	.035	.033	.064	.040	.036	.034	.066
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?**

BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
Strongly agree	(4.0)	302 15%	181 25% bc	75 10%	44 9%
Tend to agree	(3.0)	855 42%	315 43%	310 40%	224 44%
Tend to disagree	(2.0)	496 24%	149 20%	197 26% a	143 28% a
Strongly disagree	(1.0)	195 10%	40 5%	95 12% a	54 11% a
Don't know		195 10%	51 7%	89 12% a	46 9%
NET: Agree		1157 57%	496 67% bc	385 50%	268 52%
NET: Disagree		691 34%	189 26%	291 38% a	198 39% a
Base for stats		1848	685	676	466
Mean Score		2.68	2.93 bc	2.54	2.55
Standard Deviation		.868	.842	.867	.819
Standard Error		.020	.032	.034	.038
Error variance		*	*	*	*

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

**Q10AA. SUMMARY:** On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

A typical weekday (outside of school hours)

A typical weekend day

Total	Nothing	Some, but less than half an hour	Between half an hour and an hour	An hour or more	NET: Some
681 100%	99 15%	292 43%	198 29%	92 14%	582 85%
681 100%	68 10%	189 28%	233 34%	191 28%	612 90%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	a	b	c	d	e	f	g	h	i
Unweighted Total	601	242	356	259	318	24	31	83	59	72	51	51	122	82	50
Total	681	283	395	282	363	35	27	98	63	82	50	62	140	101	58
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	99	39	59	45	48	6	8	15	7	9	11	3	20	19	7
	15%	14%	15%	16%	13%	16%	29% cdf	15%	12%	11%	22% f	6%	14%	18% f	12%
Some, but less than half an hour	292	124	167	135	140	16	9	37	30	34	18	30	64	48	22
	43%	44%	42%	48% b	39%	44%	32%	37%	47%	42%	36%	49%	46%	47%	38%
Between half an hour and an hour	198	90	107	72	118	8	5	35	17	29	16	19	32	23	21
	29%	32%	27%	26%	32%	24%	20%	36% g	27%	36%	33%	31%	23%	23%	36%
An hour or more	92	30	61	30	56	6	5	12	9	10	5	9	24	11	8
	14%	10%	16%	11%	15%	16%	19%	12%	15%	12%	10%	14%	17%	11%	13%
NET: Some	582	244	336	238	314	30	19	83	56	73	39	58	120	82	51
	85%	86%	85%	84%	87%	84%	71%	85%	88% a	89% a	78% ae	94% ae	86%	82%	88%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	601	75	155	146	87	89	49	376	225	461	19	72	37	-	5	133
Total	681	90	190	174	88	90	49	453	227	520	21	85	42	-	6	153
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nothing	99	19	27	21	12	11	10	67	32	69	2	16	9	-	-	28
	15%	21%	14%	12%	13%	12%	19%	15%	14%	13%	10%	19%	22%	-	-	18%
Some, but less than half an hour	292	35	81	73	47	38	17	190	102	217	12	39	17	-	5	72
	43%	40%	43%	42%	53% fg	42%	35%	42%	45%	42%	57%	46%	39%	-	80%	47%
Between half an hour and an hour	198	26	57	54	21	26	14	137	62	154	6	25	12	-	-	43
	29%	29%	30%	31%	24%	29%	28%	30%	27%	30%	28%	29%	29%	-	-	28%
An hour or more	92	10	24	25	8	16	9	60	32	80	1	5	4	-	1	11
	14%	11%	13%	15%	9%	17%	18%	13%	14%	15% cg	5%	6%	10%	-	20%	7%
NET: Some	582	71	163	152	76	80	40	386	196	451	19	68	33	-	6	126
	85%	79%	86%	88%	87%	88%	81%	85%	86%	87%	90%	81%	78%	-	100%	82%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed										
Significance Level: 95%		*a	b	c	d	a	*b	c	d	*e	*f	g	*h	i	*j	k
Unweighted Total	601	-	314	287	601	37	20	282	106	19	19	36	28	49	5	57
Total	681	-	357	323	681	41	23	330	120	20	22	37	29	52	7	63
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	99	-	57	42	99	7	2	48	14	2	1	6	6	9	3	10
	15%	-	16%	13%	15%	18%	9%	15%	12%	10%	5%	17%	21%	17%	38%	15%
Some, but less than half an hour	292	-	148	144	292	20	12	138	56	7	8	16	14	17	3	31
	43%	-	41%	44%	43%	48%	52%	42%	47%	35%	36%	44%	50%	32%	43%	50%
Between half an hour and an hour	198	-	105	94	198	11	7	107	31	7	9	8	5	14	1	17
	29%	-	29%	29%	29%	26%	29%	32%	25%	33%	38%	22%	16%	28%	19%	27%
An hour or more	92	-	48	44	92	3	2	37	19	5	5	6	4	12	-	5
	14%	-	13%	14%	14%	8%	10%	11%	16%	22%	21%	16%	14%	22% ck	-	8%
NET: Some	582	-	300	282	582	33	20	282	106	18	21	30	23	43	4	54
	85%	-	84%	87%	85%	82%	91%	85%	88%	90%	95%	83%	79%	83%	62%	85%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	d	e
601	198	138	71	16	209	214	210	117	80	19	197	229	4	255	292	50	597
681	227	163	80	19	244	246	245	136	90	22	226	267	4	291	330	55	676
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
99	31	22	9	3	31	35	32	23	6	2	29	34	2	41	51	4	96
15%	14%	13%	12%	17%	13%	14%	13%	17%	7%	10%	13%	13%	54%	14%	15%	8%	14%
292	86	76	40	8	116	94	97	61	40	11	102	108	1	125	147	19	291
43%	38%	46%	50%	44%	48% a	38%	40%	45%	45%	51%	45%	40%	20%	43%	45%	34%	43%
198	77	51	20	5	70	81	77	40	34	6	73	83	1	85	89	23	197
29%	34%	31%	24%	25%	29%	33%	31%	29%	37%	28%	32%	31%	26%	29%	27%	41% c	29%
92	34	15	11	3	26	36	40	12	9	3	21	42	-	40	43	9	92
14%	15%	9%	14%	14%	11%	15%	16% e	9%	10%	11%	10%	16%	-	14%	13%	16%	14%
582	196	142	71	15	212	211	213	113	84	20	197	233	2	250	279	51	580
85%	86%	87%	88%	83%	87%	86%	87%	83%	93%	90%	87%	87%	46%	86%	85%	92%	86%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	601	203	382	84	81	23	405	177	11	500	101	526	71
Total	681	225	439	91	93	26	464	197	12	567	114	598	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	99	36	57	16	13	2	65	30	1	85	14	82	16
	15%	16%	13%	17%	14%	9%	14%	15%	9%	15%	12%	14%	21%
Some, but less than half an hour	292	104	183	32	38	14	204	80	5	248	43	263	26
	43%	46%	42%	35%	41%	56%	44%	40%	39%	44%	38%	44%	33%
Between half an hour and an hour	198	64	128	34	28	9	128	67	3	156	42	167	31
	29%	28%	29%	37%	30%	35%	28%	34%	26%	28%	37%	28%	40% a
An hour or more	92	21	71	9	14	-	67	20	3	77	15	86	5
	14%	9%	16% a	10%	15%	-	14%	10%	26%	14%	13%	14% b	6%
NET: Some	582	188	383	75	79	23	399	166	11	482	100	516	62
	85%	84%	87%	83%	86%	91%	86%	85%	91%	85%	88%	86%	79%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	601	53	60	107	119	85	85	30	62	371	177	128	188	205	72	180	186	176	52
Total	681	60	68	122	135	97	95	34	71	422	199	141	211	236	83	201	208	201	62
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	99	13	14	22	14	13	10	5	7	64	22	23	22	35	15	30	36	19	10
	15%	22%	21%	18%	11%	14%	10%	15%	9%	15%	11%	16%	11%	15%	18%	15%	17%	9%	16%
		j															c		
Some, but less than half an hour	292	24	30	61	60	41	48	7	21	192	75	71	94	92	33	75	92	95	29
	43%	41%	43%	50%	44%	43%	51%	20%	29%	45%	38%	50%	45%	39%	39%	37%	44%	47%	47%
			g	ghj	g	g	gh			gh		c							
Between half an hour and an hour	198	15	14	31	39	35	29	10	25	119	64	39	68	72	19	62	54	62	19
	29%	24%	20%	25%	29%	37%	30%	31%	36%	28%	32%	27%	32%	30%	23%	31%	26%	31%	31%
					b														
An hour or more	92	8	10	8	22	7	8	11	18	47	37	9	26	38	17	34	26	25	4
	14%	13%	15%	6%	16%	7%	9%	34%	25%	11%	19%	7%	12%	16%	20%	17%	12%	12%	6%
				c				abcdefi	cefi		cefi		a	a	a	d			
NET: Some	582	47	54	99	121	84	85	29	64	358	177	119	189	201	68	171	172	182	52
	85%	78%	79%	82%	89%	86%	90%	85%	91%	85%	89%	84%	89%	85%	82%	85%	83%	91%	84%
										a							b		

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

**Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	601	255	210	129
Total	681	290	237	145
	100%	100%	100%	100%
Nothing	99	35	43	16
	15%	12%	18%	11%
Some, but less than half an hour	292	122	101	68
	43%	42%	43%	47%
Between half an hour and an hour	198	93	66	39
	29%	32%	28%	27%
An hour or more	92	40	27	22
	14%	14%	12%	15%
NET: Some	582	255	194	129
	85%	88%	82%	89%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	a	b	c	d	e	f	g	h	i
Unweighted Total	601	242	356	259	318	24	31	83	59	72	51	51	122	82	50
Total	681	283	395	282	363	35	27	98	63	82	50	62	140	101	58
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	30	37	27	37	4	4	14	5	3	6	5	11	13	8
	10%	11%	9%	10%	10%	11%	13%	15% d	7%	4%	11%	7%	8%	13%	14% d
Some, but less than half an hour	189	84	105	86	89	14	10	39	17	28	13	13	35	23	12
	28%	30%	27%	30%	24%	40%	35%	40% fghi	26%	34%	25%	22%	25%	23%	21%
Between half an hour and an hour	233	104	129	110	116	7	8	20	25	32	18	16	61	34	19
	34%	37%	33%	39%	32%	20%	29%	20%	39% b	39% b	35%	26%	44% bf	34%	33%
An hour or more	191	66	123	59	122	10	6	25	17	19	14	28	32	31	18
	28%	23%	31% a	21%	34% a	28%	23%	25%	27%	23%	28%	45% abcdg	23%	31%	32%
NET: Some	612	253	357	255	326	31	24	84	59	78	44	57	129	88	50
	90%	89%	91%	90%	90%	89%	87%	85%	93%	96% bi	89%	93%	92%	87%	86%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	601	75	155	146	87	89	49	376	225	461	19	72	37	-	5	133
Total	681	90	190	174	88	90	49	453	227	520	21	85	42	-	6	153
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nothing	68	7	23	18	7	8	5	48	20	51	4	10	1	-	-	16
	10%	8%	12%	11%	8%	9%	9%	11%	9%	10%	21%	12%	3%	-	-	10%
Some, but less than half an hour	189	32	44	41	27	25	19	118	71	134	10	30	12	-	2	54
	28%	36%	23%	24%	31%	28%	38%	26%	31%	26%	47%	35%	28%	-	38%	35%
		b					bc									a
Between half an hour and an hour	233	35	66	63	31	28	10	164	69	175	4	31	18	-	2	56
	34%	39%	35%	36%	36%	31%	20%	36%	30%	34%	21%	37%	43%	-	42%	37%
		f		f				f								
An hour or more	191	15	57	51	22	30	16	123	68	161	2	13	11	-	1	27
	28%	17%	30%	30%	25%	33%	32%	27%	30%	31%	10%	15%	26%	-	20%	18%
			a	a		a			a	cg						
NET: Some	612	83	167	155	81	82	45	405	207	469	17	74	41	-	6	137
	90%	92%	88%	89%	92%	91%	91%	89%	91%	90%	79%	88%	97%	-	100%	90%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	b	c	d	a	*b	c	d	*e	*f	g	*h	i	*j	k
Unweighted Total	601	-	314	287	601	37	20	282	106	19	19	36	28	49	5	57
Total	681	-	357	323	681	41	23	330	120	20	22	37	29	52	7	63
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	-	39	30	68	5	3	29	12	1	1	3	7	4	3	7
	10%	-	11%	9%	10%	12%	11%	9%	10%	5%	6%	9%	24%	8%	38%	11%
Some, but less than half an hour	189	-	99	89	189	10	4	97	31	4	5	13	7	16	2	14
	28%	-	28%	28%	28%	24%	19%	29%	25%	20%	21%	36%	26%	32%	24%	22%
Between half an hour and an hour	233	-	120	113	233	13	13	127	37	9	4	7	10	13	-	26
	34%	-	34%	35%	34%	32%	60%	38%	31%	43%	19%	19%	33%	25%	-	42%
								g								g
An hour or more	191	-	99	92	191	13	2	77	41	6	12	13	5	18	3	16
	28%	-	28%	28%	28%	33%	10%	23%	34%	32%	54%	36%	17%	35%	38%	25%
								c								
NET: Some	612	-	319	294	612	36	20	301	108	19	21	34	22	47	4	56
	90%	-	89%	91%	90%	88%	89%	91%	90%	95%	94%	91%	76%	92%	62%	89%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	601	198	138	71	16	209	214	210	117	80	19	197	229	4	255	292	50	597
Total	681	227	163	80	19	244	246	245	136	90	22	226	267	4	291	330	55	676
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68 10%	22 10%	14 8%	6 8%	2 13%	20 8%	24 10%	19 8%	13 10%	7 8%	4 17%	21 9%	23 9%	2 50%	24 8%	34 10%	7 13%	66 10%
Some, but less than half an hour	189 28%	57 25%	55 34%	20 25%	5 25%	75 31%	61 25%	63 26%	35 26%	32 36%	7 30%	67 30%	69 26%	1 26%	83 28%	95 29%	10 18%	187 28%
Between half an hour and an hour	233 34%	76 33%	60 37%	36 46%	9 49%	96 40%	85 35%	85 35%	58 43%	30 33%	8 36%	88 39%	94 35%	1 25%	96 33%	114 35%	21 38%	232 34%
An hour or more	191 28%	73 32% be	35 21%	18 22%	2 13%	53 22%	76 31% e	77 32% e	29 22%	21 23%	4 17%	51 22%	81 30%	- -	87 30%	87 26%	17 30%	191 28%
NET: Some	612 90%	206 90%	150 92%	74 92%	16 87%	224 92%	222 90%	226 92%	122 90%	83 92%	19 83%	205 91%	244 91%	2 50%	266 92%	296 90%	48 87%	610 90%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	601	203	382	84	81	23	405	177	11	500	101	526	71
Total	681	225	439	91	93	26	464	197	12	567	114	598	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	17	48	9	6	3	51	17	1	61	7	58	10
	10%	8%	11%	10%	7%	12%	11%	9%	9%	11%	6%	10%	13%
Some, but less than half an hour	189	76	106	25	27	12	123	61	3	157	32	166	22
	28%	34%	24%	28%	29%	45%	27%	31%	22%	28%	28%	28%	28%
		b											
Between half an hour and an hour	233	92	138	34	28	10	158	67	4	190	43	201	29
	34%	41%	31%	37%	30%	37%	34%	34%	35%	34%	38%	34%	38%
		b											
An hour or more	191	40	147	23	32	1	131	53	4	159	32	173	17
	28%	18%	34%	26%	35%	5%	28%	27%	34%	28%	28%	29%	22%
		a											
NET: Some	612	208	391	82	87	22	413	180	11	506	107	540	68
	90%	92%	89%	90%	93%	88%	89%	91%	91%	89%	94%	90%	87%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	601	53	60	107	119	85	85	30	62	371	177	128	188	205	72	180	186	176	52
Total	681	60	68	122	135	97	95	34	71	422	199	141	211	236	83	201	208	201	62
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68 10%	14 24%	16 23%	11 9%	8 6%	8 8%	10 10%	1 2%	1 1%	42 10%	12 6%	18 13%	16 8%	22 9%	9 11%	20 10%	21 10%	20 10%	5 7%
		cdefghij	cdefghij				h			h									
Some, but less than half an hour	189 28%	21 35%	17 25%	41 34%	34 25%	31 32%	23 25%	8 23%	14 20%	123 29%	45 23%	44 31%	67 31%	57 24%	20 24%	55 27%	63 30%	51 25%	19 30%
				j															
Between half an hour and an hour	233 34%	9 15%	19 27%	48 39%	51 38%	35 36%	34 36%	11 34%	26 37%	153 36%	71 36%	44 31%	75 36%	78 33%	34 41%	68 34%	68 33%	75 37%	22 35%
				a	a	a	a	a	a	a	a								
An hour or more	191 28%	16 26%	17 25%	22 18%	43 31%	22 23%	28 29%	14 40%	30 42%	104 25%	71 36%	35 25%	53 25%	80 34%	20 24%	58 29%	57 27%	56 28%	17 27%
				c	c			c	bcei		cei								
NET: Some	612 90%	45 76%	53 77%	111 91%	128 94%	89 92%	85 90%	33 98%	70 99%	380 90%	187 94%	123 87%	195 92%	214 91%	74 89%	181 90%	188 90%	181 90%	58 93%
				ab	ab	ab	ab	ab	abfi	ab	ab								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.**

BASE: All respondents who have children under 16

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	601	255	210	129
Total	681	290	237	145
	100%	100%	100%	100%
Nothing	68	22	29	14
	10%	8%	12%	9%
Some, but less than half an hour	189	70	82	36
	28%	24%	34%	25%
		a		
Between half an hour and an hour	233	116	71	45
	34%	40%	30%	31%
		b		
An hour or more	191	82	56	51
	28%	28%	24%	35%
			b	
NET: Some	612	268	208	132
	90%	92%	88%	91%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	*c	a	b	c	d	e	f	g	h	i	
Unweighted Total		601	242	356	259	318	24	31	83	59	72	51	51	122	82	50	
Total		681	283	395	282	363	35	27	98	63	82	50	62	140	101	58	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	73	30	43	37	33	4	3	12	9	8	3	1	20	10	6
			11%	11%	11%	13%	9%	11%	13% f	12% f	13% f	10%	7%	2%	15% f	10%	11%
A bit more		(4.0)	211	85	126	82	122	7	8	36	20	25	17	17	38	32	19
			31%	30%	32%	29%	34%	19%	28%	37%	31%	31%	35%	28%	27%	31%	32%
Neither more nor less		(3.0)	232	113	119	94	125	12	12	31	18	23	20	29	48	31	20
			34%	40% b	30%	33%	35%	35%	42%	32%	29%	29%	40%	47% d	34%	31%	34%
A bit less		(2.0)	112	35	76	44	60	8	5	10	6	21	6	12	21	21	9
			16%	12%	19% a	16%	17%	22%	17%	10%	10%	26% bc	13%	20%	15%	21% b	15%
A lot less		(1.0)	39	18	21	17	19	3	-	5	10	1	1	2	8	6	5
			6%	6%	5%	6%	5%	9%	-	5%	15% adeg	2%	2%	4%	6%	6%	9%
Don't know			13	2	10	8	3	1	-	4	1	2	2	-	4	-	-
			2%	1%	2%	3%	1%	4%	-	4%	1%	3%	4%	-	3%	-	-
NET: More			284	115	169	118	155	11	11	48	28	33	21	18	59	42	25
			42%	41%	43%	42%	43%	31%	41%	49% f	44%	41%	41%	29%	42%	41%	43%
NET: Less			151	53	97	62	79	11	5	15	16	23	7	15	30	28	14
			22%	19%	25%	22%	22%	31%	17%	15%	25%	28%	15%	23%	21%	28%	24%
Base for stats			668	281	385	274	359	34	27	94	62	79	48	62	136	101	58
Mean Score			3.25	3.26	3.24	3.28	3.25	3.03	3.36	3.42 f	3.18	3.22	3.33	3.04	3.30	3.17	3.21
Standard Deviation			1.047	1.024	1.065	1.082	1.011	1.141	.926	1.027	1.253	1.011	.869	.840	1.096	1.079	1.105
Standard Error			.043	.066	.057	.068	.057	.238	.166	.115	.164	.121	.124	.118	.101	.119	.156
Error variance			*	*	*	*	*	.06	.03	.01	.03	.01	.02	.01	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

		Social Grade								Ethnicity								
Total		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white		
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g		
Unweighted Total		601	75	155	146	87	89	49	376	225	461	19	72	37	-	5	133	
Total		681	90	190	174	88	90	49	453	227	520	21	85	42	-	6	153	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	
A lot more		(5.0)	73	16	19	19	3	10	6	54	19	53	3	12	5	-	-	20
		11%	18%	10%	11%	3%	11%	12%	12%	12%	8%	10%	17%	14%	12%	-	-	13%
			dh		d			d		d								
A bit more		(4.0)	211	27	64	57	26	26	11	148	63	170	6	18	13	-	1	39
		31%	30%	34%	33%	29%	29%	23%	33%	33%	28%	33%	31%	21%	31%	-	20%	25%
Neither more nor less		(3.0)	232	30	68	51	28	32	23	149	84	181	4	32	12	-	-	49
		34%	34%	36%	29%	32%	36%	47%	33%	33%	37%	35%	21%	38%	28%	-	-	32%
								c										
A bit less		(2.0)	112	12	25	31	17	19	8	68	44	79	6	16	8	-	2	32
		16%	13%	13%	18%	20%	21%	16%	15%	15%	19%	15%	26%	19%	19%	-	38%	21%
A lot less		(1.0)	39	2	12	13	9	3	-	27	12	28	1	5	3	-	2	12
		6%	3%	6%	8%	11%	3%	-	-	6%	5%	5%	5%	6%	8%	-	42%	8%
					f	aef												
Don't know		13	2	2	3	4	1	1	7	6	10	-	1	1	-	-	2	
		2%	3%	1%	1%	5%	1%	2%	2%	3%	2%	-	1%	2%	-	-	1%	
NET: More		284	43	83	77	29	36	17	203	82	223	10	30	18	-	1	59	
		42%	48%	44%	44%	33%	39%	35%	45%	36%	43%	47%	36%	43%	-	20%	39%	
			d						dh									
NET: Less		151	14	37	44	27	22	8	95	56	107	7	21	11	-	5	44	
		22%	16%	19%	25%	31%	24%	16%	21%	25%	21%	31%	25%	27%	-	80%	28%	
					a													
Base for stats		668	87	188	171	84	89	48	446	221	510	21	84	41	-	6	151	
Mean Score		3.25	3.49	3.28	3.23	2.94	3.23	3.33	3.30	3.14	3.28	3.27	3.20	3.20	-	1.97	3.16	
			dh	d				d	d									
Standard Deviation		1.047	1.031	1.026	1.109	1.055	1.007	.903	1.061	1.012	1.021	1.196	1.094	1.146	-	1.211	1.140	
Standard Error		.043	.121	.083	.092	.116	.107	.130	.055	.068	.048	.274	.130	.191	-	.541	.100	
Error variance		*	.01	.01	.01	.01	.01	.02	*	*	*	.08	.02	.04	-	.29	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
601	-	314	287	601	37	20	282	106	19	19	36	28	49	5	57	
681	-	357	323	681	41	23	330	120	20	22	37	29	52	7	63	
100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
73	-	41	32	73	7	2	31	10	1	5	4	5	7	1	9	
11%	-	11%	10%	11%	17%	11%	9%	8%	5%	21%	11%	16%	14%	14%	15%	
211	-	102	109	211	10	8	108	44	9	4	9	7	12	-	18	
31%	-	29%	34%	31%	24%	35%	33%	37%	43%	19%	24%	24%	24%	-	28%	
232	-	135	98	232	9	5	132	36	6	4	12	4	20	5	14	
34%	-	38%	30%	34%	23%	22%	40% ak	30%	30%	16%	34%	14%	38%	66%	23%	
112	-	50	62	112	11	1	43	20	2	8	9	8	9	1	11	
16%	-	14%	19%	16%	26% c	4%	13%	16%	11%	34%	25%	28%	18%	19%	18%	
39	-	22	17	39	2	6	14	8	1	1	2	2	2	-	8	
6%	-	6%	5%	6%	5%	29%	4%	7%	5%	5%	6%	7%	5%	-	13% c	
13	-	7	5	13	2	-	3	2	1	1	-	3	1	-	2	
2%	-	2%	2%	2%	4%	-	1%	2%	5%	5%	-	11%	2%	-	3%	
284	-	143	141	284	17	10	139	54	10	9	13	12	20	1	27	
42%	-	40%	44%	42%	42%	45%	42%	45%	48%	39%	35%	40%	38%	14%	43%	
151	-	72	79	151	13	7	57	28	3	9	11	10	12	1	20	
22%	-	20%	24%	22%	31% c	33%	17%	23%	16%	40%	31% c	35%	22%	19%	31% c	
668	-	350	318	668	39	23	327	118	19	21	37	26	51	7	62	
3.25	-	3.25	3.25	3.25	3.25	2.94	3.30	3.24	3.34	3.16	3.09	3.15	3.25	3.09	3.14	
1.047	-	1.047	1.049	1.047	1.196	1.430	.959	1.058	.965	1.304	1.096	1.280	1.065	.936	1.283	
.043	-	.060	.062	.043	.202	.320	.057	.104	.227	.307	.183	.256	.154	.419	.173	
*	-	*	*	*	.04	.10	*	.01	.05	.09	.03	.07	.02	.18	.03	



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
601	198	138	71	16	209	214	210	117	80	19	197	229	4	255	292	50	597
681	227	163	80	19	244	246	245	136	90	22	226	267	4	291	330	55	676
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
73	25	17	3	4	20	29	28	15	2	4	18	32	1	35	32	5	72
11%	11%	10%	4%	20%	8%	12%	11%	11%	2%	17%	8%	12%	29%	12%	10%	10%	11%
							c	c				c					
211	70	60	29	5	89	74	69	58	31	7	90	76	1	87	108	15	210
31%	31%	37%	36%	25%	36%	30%	28%	43% af	35%	31%	40% af	28%	20%	30%	33%	28%	31%
232	85	53	30	4	83	89	91	42	33	7	75	98	2	113	104	13	230
34%	37%	32%	38%	24%	34%	36%	37%	31%	36%	30%	33%	37%	50%	39% d	32%	24%	34%
112	33	21	12	3	33	37	43	13	12	4	25	46	-	35	63	14	112
16%	15%	13%	15%	18%	13%	15%	17% b	9%	14%	16%	11%	17% b	-	12%	19% b	25% b	17%
39	12	11	4	2	15	14	12	6	10	1	16	13	-	16	18	6	39
6%	5%	7%	5%	13%	6%	6%	5%	4%	12% af	5%	7%	5%	-	5%	5%	11%	6%
13	3	2	1	-	3	3	3	1	1	-	2	3	-	6	5	2	13
2%	1%	1%	1%	-	1%	1%	1%	1%	1%	-	1%	1%	-	2%	1%	3%	2%
284	95	77	32	8	109	103	97	74	33	11	107	108	2	122	140	20	282
42%	42%	47%	40%	45%	45%	42%	40%	55% acf	37%	49%	48%	40%	50%	42%	42%	37%	42%
151	45	32	16	6	48	51	54	18	23	5	41	59	-	50	81	20	151
22%	20%	19%	20%	31%	20%	21%	22%	14%	25% b	21%	18%	22%	-	17%	25% b	36% be	22%
668	225	161	79	19	240	243	243	134	89	22	223	265	4	285	326	53	663
3.25	3.28	3.32	3.19	3.22	3.28	3.28	3.24	3.48 acf	3.02	3.39	3.30 c	3.25	3.79	3.32	3.22	3.00	3.25
1.047	1.022	1.049	.939	1.345	1.014	1.046	1.031	.968	1.035	1.134	1.018	1.039	.984	1.018	1.045	1.188	1.047
.043	.073	.090	.112	.336	.071	.072	.072	.090	.116	.260	.073	.069	.492	.065	.062	.171	.043
*	.01	.01	.01	.11	*	.01	.01	.01	.01	.07	.01	*	.24	*	*	.03	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b	
Unweighted Total		601	203	382	84	81	23	405	177	11	500	101	526	71	
Total		681	225	439	91	93	26	464	197	12	567	114	598	78	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	73	36	35	12	15	4	43	28	3	58	15	69	4
			11%	16%	8%	13%	16%	14%	9%	14%	25%	10%	13%	12%	5%
			b												
A bit more		(4.0)	211	80	128	27	34	6	143	63	3	169	42	191	20
			31%	36%	29%	29%	37%	22%	31%	32%	27%	30%	37%	32%	26%
Neither more nor less		(3.0)	232	63	164	26	25	12	166	58	5	198	34	195	33
			34%	28%	37%	29%	27%	47%	36%	29%	40%	35%	30%	33%	42%
			a												
A bit less		(2.0)	112	34	72	16	13	3	78	31	1	98	13	102	10
			16%	15%	16%	18%	14%	11%	17%	16%	8%	17%	12%	17%	13%
A lot less		(1.0)	39	10	29	7	4	1	27	12	-	33	7	30	9
			6%	4%	7%	7%	5%	5%	6%	6%	-	6%	6%	5%	12%
														a	
Don't know			13	2	11	3	1	-	7	4	-	11	2	10	2
			2%	1%	3%	4%	1%	-	2%	2%	-	2%	2%	2%	3%
NET: More			284	116	163	38	50	9	186	91	6	227	57	260	24
			42%	52%	37%	42%	53%	37%	40%	46%	52%	40%	50%	44%	30%
			b				d							b	
NET: Less			151	44	102	23	18	4	105	44	1	131	20	132	19
			22%	20%	23%	25%	19%	16%	23%	22%	8%	23%	18%	22%	24%
Base for stats			668	223	428	88	92	26	457	192	12	556	112	588	76
Mean Score			3.25	3.44	3.15	3.24	3.47	3.30	3.21	3.33	3.69	3.22	3.41	3.28	2.99
			b				d							b	
Standard Deviation			1.047	1.073	1.022	1.138	1.078	1.029	1.026	1.104	.980	1.043	1.060	1.048	1.041
Standard Error			.043	.076	.053	.126	.121	.215	.051	.084	.296	.047	.107	.046	.125
Error variance			*	.01	*	.02	.01	.05	*	.01	.09	*	.01	*	.02

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		601	53	60	107	119	85	85	30	62	371	177	128	188	205	72	180	186	176	52
Total		681	60	68	122	135	97	95	34	71	422	199	141	211	236	83	201	208	201	62
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more		(5.0)	73	2	6	9	13	9	8	9	16	37	9	24	20	20	25	14	20	12
			11%	4%	9%	7%	9%	10%	9%	28%	23%	9%	6%	11%	8%	25%	12%	7%	10%	19%
									abcdefi	abcdefi		aci				abc				b
A bit more		(4.0)	211	9	21	33	41	35	42	11	20	129	37	61	93	19	51	63	79	17
			31%	15%	30%	27%	30%	36%	45%	32%	28%	31%	26%	29%	39%	23%	26%	30%	39%	28%
						a	a	acdhi			a	a			abd				a	
Neither more nor less		(3.0)	232	28	27	41	49	30	30	6	23	146	44	78	77	32	77	81	54	20
			34%	46%	39%	34%	36%	30%	31%	18%	32%	35%	31%	37%	33%	38%	38%	39%	27%	32%
				gj													c	c		
A bit less		(2.0)	112	16	9	23	23	17	9	6	8	73	29	41	29	12	35	31	34	9
			16%	27%	14%	19%	17%	18%	9%	18%	12%	12%	20%	19%	12%	14%	18%	15%	17%	15%
				fhj																
A lot less		(1.0)	39	3	3	15	4	6	6	-	2	28	17	7	16	-	11	15	11	2
			6%	6%	5%	12%	3%	6%	6%	-	3%	7%	12%	3%	7%	-	6%	7%	6%	4%
						dgj							bd		d					
Don't know			13	1	2	1	6	-	-	1	1	9	5	1	1	-	1	3	3	1
			2%	2%	3%	1%	4%	-	-	4%	1%	2%	4%	*	*	-	1%	1%	1%	2%
													bc							
NET: More			284	11	27	42	54	44	51	20	36	166	46	85	112	39	76	78	99	29
			42%	19%	39%	34%	40%	45%	54%	60%	51%	39%	33%	40%	48%	47%	38%	37%	49%	47%
					a	a	a	a	aci	aci	ac	a			a	a			ab	
NET: Less			151	20	13	38	27	23	14	6	11	101	45	47	46	12	47	46	46	12
			22%	33%	19%	31%	20%	24%	15%	18%	15%	24%	32%	22%	19%	14%	23%	22%	23%	19%
				fhj		fhj						j	cd							
Base for stats			668	58	66	120	130	97	32	70	413	197	136	210	235	83	200	205	198	61
Mean Score			3.25	2.83	3.25	2.99	3.28	3.24	3.41	3.72	3.57	3.18	2.95	3.26	3.30	3.58	3.22	3.16	3.31	3.44
					a		ac	a	ac		aci	a		a	a	abc				
Standard Deviation			1.047	.900	.982	1.119	.969	1.061	.986	1.093	1.079	1.042	1.114	1.000	1.024	1.018	1.055	1.004	1.054	1.094
Standard Error			.043	.125	.129	.109	.091	.115	.107	.203	.138	.055	.100	.073	.072	.120	.079	.074	.080	.153
Error variance			*	.02	.02	.01	.01	.01	.01	.04	.02	*	.01	.01	.01	.01	.01	.01	.01	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?**

BASE: All those who live with children in their household

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		601	255	210	129
Total		681	290	237	145
		100%	100%	100%	100%
A lot more	(5.0)	73	51	16	6
		11%	18% bc	7%	4%
A bit more	(4.0)	211	136	49	25
		31%	47% bc	21%	17%
Neither more nor less	(3.0)	232	56	130	45
		34%	19%	55% ac	31% a
A bit less	(2.0)	112	34	33	42
		16%	12%	14%	29% ab
A lot less	(1.0)	39	9	5	25
		6%	3%	2%	17% ab
Don't know		13	4	4	2
		2%	1%	2%	1%
NET: More		284	187	65	31
		42%	64% bc	27%	21%
NET: Less		151	43	39	67
		22%	15%	16%	46% ab
Base for stats		668	286	233	143
Mean Score		3.25	3.65 bc	3.16 c	2.61
Standard Deviation		1.047	1.008	.832	1.094
Standard Error		.043	.064	.058	.097
Error variance		*	*	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	a	b	c	d	e	f	g	h	i
Unweighted Total	601	242	356	259	318	24	31	83	59	72	51	51	122	82	50	
Total	681	283	395	282	363	35	27	98	63	82	50	62	140	101	58	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	92 32%	128 33%	84 30%	128 35%	9 26%	6 22%	38 39% f	20 32%	23 29%	18 37%	12 20%	47 34%	36 36%	18 31%	
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	105 37%	120 30%	101 36%	114 31%	11 32%	7 27%	31 32%	22 35%	30 37% h	16 31%	21 33%	58 42% h	22 22%	19 32%	
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	23 8%	22 5%	25 9%	20 6%	- -	5 19% bcgi	6 6%	2 4%	5 7%	3 6%	5 8%	7 5%	8 8%	2 4%	
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	43 15%	96 24% a	49 17%	78 22%	14 38%	6 22%	20 20%	17 28% g	15 18%	8 17%	18 29% g	19 14%	23 23%	14 24%	
None of the above	49 7%	20 7%	29 7%	24 9%	23 6%	2 5%	3 9%	3 3%	1 2%	7 9%	5 9%	6 9%	8 5%	11 11% bc	5 9%	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	601	75	155	146	87	89	49	376	225	461	19	72	37	-	5	133
Total	681	90	190	174	88	90	49	453	227	520	21	85	42	-	6	153
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	38 43% dh	60 32%	60 34%	21 24%	25 28%	16 33%	158 35%	62 27%	176 34% c	10 49%	15 18%	15 35%	- -	2 41%	43 28%
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	35 40% f	71 38% fh	55 32% f	32 36% f	25 28%	7 14%	162 36% f	64 28% f	158 30%	7 32%	41 48% a	17 41%	- -	2 41%	67 44% a
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	3 4%	10 5%	9 5%	5 6%	11 12% g	6 12%	23 5%	22 10% g	33 6%	1 5%	6 7%	2 5%	- -	- -	9 6%
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	10 11%	39 20%	32 19%	21 24% a	24 27% a	14 28% a	82 18%	60 26% ag	113 22%	3 14%	16 19%	7 17%	- -	- -	26 17%
None of the above	49 7%	2 3%	10 5%	17 10% a	9 10%	4 5%	7 14% ab	29 6%	20 9%	40 8%	- -	6 8%	1 2%	- -	1 18%	9 6%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	b	c	d	a	*b	c	d	*e	*f	g	*h	i	*j	k
Unweighted Total	601	-	314	287	601	37	20	282	106	19	19	36	28	49	5	57
Total	681	-	357	323	681	41	23	330	120	20	22	37	29	52	7	63
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	- -	105 29%	115 36%	220 32%	16 39%	6 27%	109 33%	36 30%	7 33%	10 44%	13 35%	8 28%	15 29%	- -	22 35%
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	- -	106 30%	119 37%	226 33%	16 40% gi	14 60%	129 39% gi	38 32% i	6 32%	6 26%	6 17%	1 4%	8 15%	1 14%	30 47% gi
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	- -	26 7%	18 6%	45 7%	3 8%	1 4%	20 6%	8 7%	2 9%	1 5%	4 11%	2 7%	3 6%	- -	4 6%
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	- -	88 25% c	53 16%	141 21%	6 14%	1 5%	51 15%	33 28% ck	4 20%	3 15%	12 32% ck	8 27%	17 34% ack	6 86%	7 11%
None of the above	49 7%	- -	31 9%	18 6%	49 7%	- -	1 4%	21 6%	4 4%	1 6%	2 10%	2 6%	10 33%	8 16% acdk	- -	1 1%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%	Total	a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	d	e
Unweighted Total	601	198	138	71	16	209	214	210	117	80	19	197	229	4	255	292	50	597
Total	681	227	163	80	19	244	246	245	136	90	22	226	267	4	291	330	55	676
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	84 37%	48 30%	22 27%	6 33%	70 29%	90 37%	94 38% ce	39 29%	23 25%	8 37%	61 27%	102 38% ce	2 50%	84 29%	115 35%	18 33%	218 32%
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	61 27%	80 49% af	41 51% af	3 19%	121 50% af	64 26%	66 27%	68 50% af	46 51% af	7 33%	114 50% af	73 27%	1 26%	97 33%	111 34%	16 30%	224 33%
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	12 5%	7 4%	9 11%	2 12%	16 6%	15 6%	10 4%	12 9% f	9 9%	- -	21 9% af	10 4%	1 25%	22 7%	17 5%	5 8%	44 6%
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	56 25% bce	21 13%	7 8%	5 30%	27 11%	62 25% bce	61 25% bce	12 9%	7 8%	6 26%	19 9%	67 25% bce	- -	63 22%	67 20%	11 20%	141 21%
None of the above	49 7%	14 6%	7 4%	2 3%	1 7%	9 4%	15 6%	14 6%	5 4%	5 6%	1 5%	10 5%	15 6%	- -	24 8%	20 6%	5 9%	49 7%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	601	203	382	84	81	23	405	177	11	500	101	526	71
Total	681	225	439	91	93	26	464	197	12	567	114	598	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	66 30%	151 34%	33 37%	27 29%	7 27%	153 33%	62 31%	5 42%	188 33%	32 29%	200 33%	19 25%
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	106 47%	116 26%	27 29%	40 43%	10 40%	145 31%	75 38%	2 16%	190 33%	36 32%	198 33%	26 34%
		b			d								
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	20 9%	22 5%	8 9%	6 7%	3 11%	28 6%	16 8%	1 9%	35 6%	10 9%	38 6%	5 6%
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	18 8%	122 28%	17 18%	17 18%	4 14%	100 22%	34 17%	3 24%	116 21%	25 22%	121 20%	21 26%
		a											
None of the above	49 7%	14 6%	29 7%	6 7%	3 3%	2 8%	39 8%	10 5%	1 8%	39 7%	10 9%	42 7%	7 10%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	601	53	60	107	119	85	85	30	62	371	177	128	188	205	72	180	186	176	52
Total	681	60	68	122	135	97	95	34	71	422	199	141	211	236	83	201	208	201	62
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	16 27%	25 37%	32 27%	35 26%	22 23%	43 46%	15 45%	31 44%	114 27%	90 45%	47 34%	58 27%	79 34%	34 41%	95 47%	55 26%	53 26%	16 25%
							acdei	dei	cdei		acdei				b	bcd			
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	7 12%	15 23%	48 40%	57 42%	40 42%	30 32%	13 39%	14 20%	161 38%	58 29%	43 31%	85 40%	67 28%	30 37%	50 25%	65 31%	86 43%	24 38%
				abh	abhj	abhj	a	a		abhj	a		c					ab	
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	3 6%	2 3%	10 8%	4 3%	13 14%	3 3%	1 3%	8 11%	29 7%	12 6%	8 6%	12 6%	18 8%	5 7%	4 2%	24 11%	12 6%	5 8%
						bdfij			d								a		
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	23 39%	20 29%	24 19%	27 20%	16 17%	15 15%	3 10%	13 19%	87 21%	31 16%	35 25%	41 19%	54 23%	8 10%	37 18%	46 22%	42 21%	14 22%
		cdefghij	fgj									d		d					
None of the above	49 7%	10 16%	6 8%	8 6%	13 9%	5 5%	3 3%	1 2%	4 6%	31 7%	8 4%	8 6%	16 7%	18 8%	4 5%	15 8%	18 9%	8 4%	4 7%
		cefi	j																

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q10D2. Thinking about any sports clubs, sessions or coaching your child(ren) usually take(s) part in which have resumed since 8th March, which of the following statements most closely matches your view?**

BASE: All respondents who have children under 16

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	601	255	210	129
Total	681	290	237	145
	100%	100%	100%	100%
I have been happy for my child(ren) to return to sports clubs, sessions or coaching they usually do	220 32%	112 39% b	60 25%	48 33%
I have been holding off taking my child(ren) back to sports clubs, sessions or coaching they usually do, but plan for them to return eventually	226 33%	110 38% b	68 29%	48 33%
I don't plan for my child(ren) to return to sports clubs, sessions or coaching they used to do	45 7%	13 5%	19 8%	11 8%
Not applicable - my child doesn't usually do any sports clubs, sessions or coaching	141 21%	43 15%	62 26% a	33 22%
None of the above	49 7%	12 4%	28 12% ac	5 4%

## **Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021**

**Q14.1. SUMMARY:** Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

	Total	A lot more	A bit more	Neither more nor less	A bit less	A lot less	Don't know	NET: More	NET: Less
Physical activity and exercise	2043 100%	339 17%	775 38%	808 40%	54 3%	33 2%	34 2%	1114 55%	87 4%
Walking, running or cycling for everyday journeys such as to work or to local shops and services	2043 100%	311 15%	727 36%	798 39%	92 5%	59 3%	55 3%	1039 51%	152 7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	339 17%	160 16%	176 17%	162 26% bc	105 16% c	72 10%	9 9%	52 20% acf	24 12%	36 17%	25 14%	23 10%	78 24% acdefhi	58 17% af	34 16%
A bit more	(4.0)	775 38%	364 37%	409 39%	250 40% c	269 40% c	256 34%	40 41%	103 39%	70 35%	79 37%	72 41%	82 36%	136 42%	121 36%	72 34%
Neither more nor less	(3.0)	808 40%	426 43% b	378 37%	152 25%	264 39% a	392 52% ab	42 43% g	91 34% g	94 47% bg	86 40% g	73 41% g	110 49% bg	83 26%	133 40% g	96 46% bg
A bit less	(2.0)	54 3%	22 2%	31 3%	30 5% bc	14 2%	10 1%	3 3%	4 2%	6 3%	6 3%	3 2%	5 2%	14 4% b	9 3%	4 2%
A lot less	(1.0)	33 2%	13 1%	21 2%	9 1%	10 1%	15 2%	3 3%	6 2%	4 2%	3 1%	2 1%	3 1%	5 2%	5 2%	2 1%
Don't know		34 2%	11 1%	23 2% a	15 2%	7 1%	11 2%	1 1%	10 4% c	1 1%	6 3%	2 1%	2 1%	5 1%	6 2%	2 1%
NET: More		1114 55%	524 53%	585 56%	411 67% bc	374 56% c	329 43%	49 51%	154 58% cf	94 47%	115 53%	97 55%	105 47%	214 67% abcdefhi	179 54%	106 50%
NET: Less		87 4%	35 4%	51 5%	39 6% bc	24 4%	25 3%	6 6%	11 4%	10 5%	9 4%	5 3%	8 3%	19 6%	14 4%	6 3%
Base for stats		2009	986	1014	603	661	745	97	256	198	209	175	224	316	326	208
Mean Score		3.66	3.65	3.68	3.87 bc	3.67 c	3.49	3.52	3.74 acf	3.53	3.66	3.66	3.53	3.85 acdefhi	3.67	3.63
Standard Deviation		.845	.823	.865	.917	.817	.768	.826	.886	.822	.840	.784	.769	.900	.852	.815
Standard Error		.019	.027	.027	.035	.031	.030	.077	.056	.057	.058	.056	.053	.049	.050	.058
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	339	43	83	98	41	26	48	224	115	253	18	34	22	2	7	83
		17%	24% efh	20% efh	19% efh	18% fh	12% fh	10% efh	20% efh	12%	15% ac	39% ac	20% a	28% a	23% a	41% a	26% a
A bit more	(4.0)	775	84	175	193	83	83	158	451	324	643	17	68	33	1	6	125
		38%	46% dfh	42% fh	38% f	36% f	39% f	32% fh	41% fh	34%	38% dfh	36% fh	41% a	42% a	22% a	34% a	40% a
Neither more nor less	(3.0)	808	48	146	173	90	92	259	367	440	721	9	49	19	2	1	80
		40%	26% a	35% a	35% a	39% a	43% abcg	52% abcdeg	33% abcdg	47% abcdg	42% bcdg	19% bcdg	29% bcdg	24% bcdg	33% bcdg	5% bcdg	25% bcdg
A bit less	(2.0)	54	4	10	22	7	5	6	35	18	35	1	10	1	1	2	15
		3%	2% fh	2% fh	4% fh	3% fh	2% fh	1% fh	3% f	2% f	2% f	2% f	6% a	1% a	11% a	11% a	5% a
A lot less	(1.0)	33	2	3	8	4	2	13	14	20	28	2	2	-	-	1	5
		2%	1% c	1% c	2% c	2% c	1% c	3% c	1% c	2% c	2% c	3% c	1% c	- c	- c	5% c	2% c
Don't know		34	2	1	8	3	5	15	11	23	26	-	2	3	1	1	7
		2%	1% b	* b	2% b	1% b	2% b	3% bg	1% bg	2% bg	2% bg	- bg	1% bg	4% bg	11% bg	4% bg	2% bg
NET: More		1114	127	258	290	124	109	206	675	439	896	35	102	55	3	14	208
		55%	70% cdefgh	62% efh	58% fh	54% fh	51% f	41% defh	61% defh	47% defh	53% a	75% a	61% a	71% a	45% a	75% a	66% a
NET: Less		87	6	14	30	11	7	19	49	38	63	3	13	1	1	3	20
		4%	3% ad	3% ad	6% ad	5% ad	3% ad	4% ad	4% ad	4% ad	4% ad	6% ad	8% ad	1% ad	11% ad	16% ad	6% ad
Base for stats		2009	181	417	494	226	207	484	1092	917	1680	46	164	75	6	17	308
Mean Score		3.66	3.90	3.77	3.71	3.66	3.60	3.46	3.77	3.54	3.63	4.05	3.74	4.02	3.63	4.00	3.87
			cdefh	efh	fh	fh	f	efh	efh		3.63	4.05	3.74	4.02	3.63	4.00	3.87
Standard Deviation		.845	.832	.819	.889	.877	.778	.798	.855	.818	.822	1.000	.912	.771	1.094	1.211	.922
Standard Error		.019	.064	.041	.040	.055	.051	.037	.026	.027	.020	.141	.069	.088	.387	.278	.051
Error variance		*	*	*	*	*	*	*	*	*	*	.02	*	.01	.15	.08	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
339	172	70	78	148	27	22	133	41	9	10	20	26	23	28	49	
17%	13%	20%	24%	22%	32%	33%	19%	17%	14%	14%	16%	27%	12%	7%	32%	
		a	a	a	cdefgij	cdefgij	ij	j	j	j	j	dfgij	j		cdefgij	
775	473	144	132	276	34	25	288	89	26	23	49	39	58	145	59	
38%	37%	40%	41%	41%	40%	37%	42%	37%	43%	32%	38%	40%	31%	35%	39%	
						ij										
808	561	122	99	222	22	13	234	98	20	34	48	22	90	227	35	
40%	44%	34%	31%	33%	25%	20%	34%	41%	33%	47%	37%	23%	48%	54%	23%	
	bcd						bhk	abchk		abchk	bhk		abceghk	abcdeghk		
54	28	10	10	20	1	2	23	7	5	4	1	3	4	5	2	
3%	2%	3%	3%	3%	1%	2%	3%	3%	7%	6%	1%	3%	2%	1%	2%	
							j		agijk	gj						
33	24	7	1	8	2	2	6	2	-	-	8	2	6	5	4	
2%	2%	2%	*	1%	2%	3%	1%	1%	-	-	6%	2%	3%	1%	3%	
											cdefj		c			
34	23	4	3	7	-	3	6	3	2	1	3	5	5	8	3	
2%	2%	1%	1%	1%	-	4%	1%	1%	2%	1%	2%	5%	3%	2%	2%	
						c						acd				
1114	646	214	210	424	61	47	421	129	35	33	70	65	81	172	108	
55%	50%	60%	65%	62%	71%	70%	61%	54%	57%	46%	54%	67%	44%	41%	71%	
		a	a	a	dfgij	dfgij	fij	ij	j	j	j	dfgij			cdefgij	
87	51	17	11	28	3	4	29	9	5	4	8	5	10	10	7	
4%	4%	5%	4%	4%	3%	6%	4%	4%	7%	6%	7%	5%	5%	2%	4%	
									j		j					
2009	1258	353	321	674	85	64	684	237	60	71	127	92	181	409	149	
3.66	3.59	3.74	3.86	3.79	3.98	3.99	3.76	3.67	3.66	3.54	3.59	3.93	3.48	3.45	3.98	
		a	a	a	cdefgij	cdefgij	fgij	ij	j	j	j	cdfgij			cdefgij	
.845	.820	.875	.836	.858	.910	.996	.835	.823	.829	.808	.973	.904	.871	.698	.944	
.019	.023	.050	.050	.035	.096	.118	.032	.053	.105	.097	.081	.085	.062	.038	.074	
*	*	*	*	*	.01	.01	*	*	.01	.01	.01	.01	*	*	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	339	110	63	30	6	93	111	58	32	11	90	122	59	157	101	22	280
	17%	22%	19%	17%	14%	18%	21%	19%	25%	15%	27%	20%	20%	17%	14%	21%	26%	16%
									c		c					be	be	
A bit more	(4.0)	775	183	157	69	21	226	227	102	92	14	194	240	122	414	205	34	653
	38%	36%	47%	39%	51%	44%	37%	39%	44%	41%	34%	43%	39%	36%	37%	42%	41%	38%
			af			af												
Neither more nor less	(3.0)	808	191	96	67	11	164	218	62	79	12	140	230	141	491	154	21	666
	40%	38%	29%	37%	26%	32%	37%	38%	26%	36%	29%	31%	37%	42%	43%	31%	26%	39%
			be	b		b	b	be		b		be	be	cd	cde		cd	cd
A bit less	(2.0)	54	10	15	9	2	25	10	10	14	3	24	13	5	29	17	2	48
	3%	2%	5%	5%	4%	5%	2%	2%	4%	7%	8%	5%	2%	2%	3%	3%	3%	3%
			af	af		af			a	af	af	af						
A lot less	(1.0)	33	5	2	1	2	3	7	1	3	-	4	7	5	20	7	2	28
	2%	1%	1%	1%	5%	1%	1%	1%	*	1%	-	1%	1%	2%	2%	1%	2%	2%
					abcef													
Don't know	34	7	2	2	-	4	7	7	2	1	1	3	8	5	20	8	1	29
	2%	1%	1%	1%	-	1%	1%	1%	1%	1%	2%	1%	1%	2%	2%	2%	2%	2%
NET: More	1114	293	220	99	27	319	320	337	161	124	25	285	362	181	571	307	56	933
	55%	58%	66%	55%	65%	62%	58%	58%	68%	56%	61%	62%	58%	54%	51%	62%	68%	55%
			acf						acf							abe	abe	b
NET: Less	87	15	17	11	4	28	19	17	11	17	3	28	20	11	49	24	4	77
	4%	3%	5%	6%	10%	5%	3%	3%	5%	8%	8%	6%	3%	3%	4%	5%	5%	4%
					af	a				af		af						
Base for stats	2009	499	334	177	41	511	540	572	233	220	40	453	612	333	1110	485	81	1676
Mean Score	3.66	3.77	3.79	3.66	3.63	3.75	3.76	3.74	3.89	3.62	3.83	3.76	3.75	3.67	3.59	3.78	3.88	3.66
									acf							be	abe	b
Standard Deviation	.845	.850	.822	.847	.967	.832	.859	.830	.845	.856	.937	.860	.837	.840	.826	.863	.925	.847
Standard Error	.019	.037	.045	.064	.149	.037	.036	.034	.055	.058	.146	.040	.033	.046	.025	.039	.101	.021
Error variance	*	*	*	*	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
				Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Total		Yes	No										
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	339	177	56	73	7	206	125	10	282	57	292	46
	17%	25%	14%	21%	19%	11%	15%	19%	15%	17%	14%	17%	15%
		b		d				d					
A bit more	(4.0)	775	481	99	135	30	518	240	22	624	151	660	113
	38%	42%	37%	38%	34%	46%	39%	37%	31%	38%	36%	38%	39%
Neither more nor less	(3.0)	808	556	87	154	22	554	231	31	620	188	689	110
	40%	26%	43%	33%	39%	35%	41%	36%	45%	38%	45%	40%	38%
		a					ae				a		
A bit less	(2.0)	54	32	5	10	3	31	18	1	45	9	38	11
	3%	4%	2%	2%	3%	5%	2%	3%	1%	3%	2%	2%	4%
A lot less	(1.0)	33	22	8	14	1	12	21	2	27	6	28	5
	2%	1%	2%	3%	3%	2%	1%	3%	2%	2%	1%	2%	2%
				d	d			d					
Don't know		34	19	7	10	1	16	13	5	26	8	22	8
	2%	1%	1%	3%	3%	2%	1%	2%	7%	2%	2%	1%	3%
				d	d				de				a
NET: More	1114	257	658	156	208	37	724	365	32	906	208	952	159
	55%	68%	51%	59%	52%	57%	54%	56%	46%	56%	50%	55%	54%
		b		f						b			
NET: Less	87	19	54	13	24	4	43	38	2	72	15	66	16
	4%	5%	4%	5%	6%	7%	3%	6%	3%	4%	4%	4%	6%
					d			d					
Base for stats	2009	376	1269	255	386	64	1321	635	66	1598	411	1708	286
Mean Score	3.66	3.88	3.60	3.75	3.63	3.60	3.66	3.68	3.59	3.68	3.59	3.67	3.64
		b											
Standard Deviation	.845	.883	.822	.922	.936	.841	.798	.931	.854	.854	.808	.840	.862
Standard Error	.019	.046	.023	.055	.048	.103	.022	.037	.101	.021	.041	.020	.049
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	339	25	34	50	59	52	40	21	58	194	119	88	105	92	52	107	76	100	50
		17%	7%	16%	16%	17%	24%	17%	24%	23%	18%	20%	19%	18%	13%	21%	18%	15%	15%	21%
			a	a	a	abci	a	a	a	ac	a	a	c	c		c				bc
A bit more	(4.0)	775	93	85	140	146	95	93	38	84	467	215	168	225	288	88	217	206	261	88
		38%	26%	39%	44%	42%	43%	38%	43%	33%	42%	37%	36%	38%	41%	36%	36%	39%	40%	38%
			a	ahj	ah	ah	a	a		ahj	a									
Neither more nor less	(3.0)	808	195	80	115	125	59	98	27	107	380	233	168	231	297	100	255	205	250	87
		40%	55%	37%	36%	36%	27%	41%	30%	42%	34%	40%	36%	39%	42%	41%	42%	39%	39%	37%
			bcd	efghij	e	e	e		e		ei	e	ei			a				
A bit less	(2.0)	54	6	8	8	10	9	5	2	6	36	12	17	19	14	3	13	17	19	3
		3%	2%	4%	3%	3%	4%	2%	2%	2%	3%	2%	4%	3%	2%	1%	2%	3%	3%	1%
A lot less	(1.0)	33	17	5	4	2	4	1	-	1	15	2	13	8	10	3	8	9	11	3
		2%	5%	2%	1%	1%	2%	*	-	1%	1%	*	3%	1%	1%	1%	1%	2%	2%	1%
			cd	efghij	j		j													
Don't know		34	16	4	3	3	-	5	1	1	11	7	12	6	6	1	7	11	7	3
		2%	5%	2%	1%	1%	-	2%	1%	*	1%	1%	3%	1%	1%	*	1%	2%	1%	1%
			cde	hij	e			e					bcd							
NET: More		1114	118	119	190	205	147	133	60	142	661	335	256	330	380	140	324	282	361	137
		55%	34%	55%	59%	59%	67%	55%	66%	55%	60%	57%	55%	56%	54%	57%	53%	54%	56%	59%
			a	a	a	ab	fhi	a	a	a	a	a								
NET: Less		87	23	13	13	12	13	5	2	7	50	14	30	26	24	6	21	26	31	7
		4%	7%	6%	4%	3%	6%	2%	2%	3%	5%	2%	6%	4%	3%	2%	4%	5%	5%	3%
			fhj	fj			fj				j		cd							
Base for stats		2009	336	213	317	343	219	237	88	257	1091	582	454	588	701	247	600	514	642	231
		3.66	3.31	3.63	3.70	3.73	3.83	3.70	3.90	3.75	3.72	3.75	3.66	3.68	3.62	3.75	3.67	3.63	3.65	3.77
			a	a	a	ab	a	abc	a	a	a	a				c				b
Standard Deviation		.845	.837	.876	.810	.796	.899	.781	.783	.848	.838	.813	.927	.847	.790	.840	.840	.839	.841	.850
		.019	.046	.060	.045	.043	.060	.051	.084	.053	.025	.034	.043	.035	.030	.055	.034	.037	.034	.055
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14.1.1. Physical activity and exercise: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
A lot more	(5.0)	339	187	50	100
		17%	25% bc	7% b	20% b
A bit more	(4.0)	775	323	232	217
		38%	44% b	30% b	42% b
Neither more nor less	(3.0)	808	198	457	139
		40%	27% ac	60% ac	27% ac
A bit less	(2.0)	54	13	15	22
		3%	2% ab	2% ab	4% ab
A lot less	(1.0)	33	6	5	21
		2%	1% ab	1% ab	4% ab
Don't know		34	8	7	14
		2%	1% ab	1% ab	3% ab
NET: More		1114	510	282	317
		55%	69% bc	37% b	62% b
NET: Less		87	20	19	43
		4%	3% ab	3% ab	8% ab
Base for stats		2009	728	758	499
Mean Score		3.66	3.92	3.41	3.71
			bc	b	b
Standard Deviation		.845	.823	.670	.973
Standard Error		.019	.030	.025	.043
Error variance		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	311	137	172	152	96	64	13	50	32	34	16	22	64	44	36
		15%	14%	17%	25% bc	14% c	8%	13%	19% ef	16% e	16% e	9%	10%	20% efh	13%	17% ef
A bit more	(4.0)	727	335	391	213	270	244	30	95	69	84	69	78	120	116	65
		36%	34%	38%	34%	40% ac	32%	31%	36%	35%	39%	39%	35%	38%	35%	31%
Neither more nor less	(3.0)	798	438	357	164	249	385	44	85	84	78	79	107	94	135	91
		39%	44% b	34%	27%	37% a	51% ab	45% bg	32%	42% bg	36%	45% bg	47% bdg	29%	41% bg	43% bg
A bit less	(2.0)	92	51	42	48	26	18	6	15	10	4	5	7	25	12	8
		5%	5%	4%	8% bc	4%	2%	6%	5% d	5%	2%	3%	3%	8% defh	4%	4%
A lot less	(1.0)	59	17	41	23	10	26	3	8	3	8	5	3	14	12	4
		3%	2% a	4% a	4% b	1%	3% b	3%	3%	2%	4%	3%	1%	4% f	4%	2%
Don't know		55	19	35	17	19	20	2	13	1	9	2	8	3	12	6
		3%	2% a	3% a	3%	3%	3%	2%	5% ceg	* *	4% cg	1%	4% cg	1% 1%	4% cg	3% c
NET: More		1039	471	562	365	366	308	43	145	101	117	85	100	185	160	101
		51%	47% a	54% a	59% c	55% c	41%	44%	55% f	51%	55% f	48%	45%	57% aefhi	48%	48%
NET: Less		152	68	83	72	36	44	9	22	13	12	10	10	39	24	12
		7%	7%	8%	12% bc	5%	6%	9%	8%	7%	5%	6%	5%	12% cdefhi	7%	6%
Base for stats		1988	977	1002	601	650	737	96	253	199	207	175	217	318	320	205
Mean Score		3.57	3.54	3.61	3.70 c	3.64 c	3.41	3.45	3.65	3.58	3.64	3.50	3.50	3.62	3.53	3.59
Standard Deviation		.911	.859	.955	1.054	.833	.823	.915	.963	.878	.906	.810	.777	1.030	.908	.896
Standard Error		.020	.028	.030	.041	.032	.033	.086	.061	.061	.063	.058	.054	.056	.054	.065
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	311	39	80	79	34	35	45	197	114	242	13	28	19	-	5	66
		15%	21% fh	19% fh	16% f	15% f	16% f	9% f	18% fh	12%	14%	29% a	17%	24% a	-	30%	21% a
A bit more	(4.0)	727	67	168	190	92	68	143	425	302	598	17	67	30	2	8	124
		36%	37% efh	40% efh	38% fh	40% fh	32% fh	29% fh	39% fh	32%	35% fh	37% fh	40% fh	39% fh	32% fh	44% fh	40% fh
Neither more nor less	(3.0)	798	61	138	176	78	84	260	376	422	713	11	48	14	3	2	78
		39%	34% bcdg	33% bcdg	35% bcdg	34% bcdg	40% bcdg	52% abcdegh	34% abcdg	45% abcdg	42% bcdg	23% bcdg	29% bcdg	18% bcdg	46% bcdg	12% bcdg	25% bcdg
A bit less	(2.0)	92	12	14	29	11	12	14	55	38	60	2	17	9	1	-	29
		5%	6% f	3% f	6% f	5% f	6% f	3% f	5% f	4% f	3% f	5% f	10% a	12% a	11% a	-	9% a
A lot less	(1.0)	59	4	6	19	7	5	18	29	30	48	2	2	4	-	2	10
		3%	2% b	2% b	4% b	3% b	3% b	4% b	3% b	3% b	3% b	3% b	1% b	5% b	-	10% b	3% b
Don't know		55	-	11	10	7	7	20	21	34	45	1	3	1	1	1	7
		3%	- a	3% a	2% a	3% a	3% a	4% ag	2% ag	4% ag	3% ag	3% ag	2% ag	1% ag	11% ag	4% ag	2% ag
NET: More		1039	106	248	269	126	103	187	622	416	841	30	95	49	2	13	191
		51%	58% fh	59% efh	53% fh	55% fh	48% f	38% efh	56% efh	44% f	49% fh	66% a	57% a	64% a	32% a	74% a	61% a
NET: Less		152	16	20	48	18	18	31	84	67	108	4	19	13	1	2	39
		7%	9% b	5% b	10% b	8% b	8% b	6% b	8% b	7% b	6% b	8% b	12% a	17% a	11% a	10% a	12% a
Base for stats		1988	183	407	492	222	205	479	1082	906	1661	45	163	77	6	17	308
		3.57	3.68 fh	3.74 cefh	3.57 f	3.61 fh	3.56 f	3.38 fh	3.65 fh	3.48 fh	3.56 fh	3.86 a	3.63 a	3.67 a	3.23 a	3.86 a	3.68 a
Standard Deviation		.911	.949	.866	.958	.917	.932	.838	.925	.885	.886	1.026	.941	1.124	.717	1.216	1.014
		.020	.073	.044	.043	.058	.061	.039	.029	.029	.022	.148	.072	.126	.253	.279	.056
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.02	.06	.08	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week		Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed								Student		Retired	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
311	156	65	75	140	21	17	131	39	9	9	26	20	18	21	39	
15%	12%	18%	23%	21%	25%	26%	19%	16%	15%	13%	20%	21%	10%	5%	25%	
		a	a	a	ij	ij	ij	ij	j	j	ij	ij	j		dfij	
727	441	131	129	260	33	26	265	77	23	26	50	41	60	126	59	
36%	34%	37%	40%	38%	39%	39%	38%	32%	37%	37%	39%	42%	32%	30%	39%	
							j					j				
798	559	126	87	213	24	15	237	88	21	31	42	19	82	239	39	
39%	44%	35%	27%	31%	28%	22%	34%	37%	35%	43%	32%	20%	44%	57%	25%	
	bcd	c					bhk	bhk	h	abhk	h		abcghk	abcdeghik		
92	44	24	18	42	4	6	34	20	2	3	6	5	3	10	10	
5%	3%	7%	6%	6%	5%	9%	5%	8%	4%	4%	5%	5%	2%	2%	7%	
		a	a	a		ij		ij							ij	
59	41	5	9	14	2	2	13	5	5	-	5	7	9	12	4	
3%	3%	2%	3%	2%	2%	3%	2%	2%	8%	-	4%	7%	5%	3%	3%	
									cdf			cdf	c			
55	40	6	7	12	1	1	11	10	2	2	1	5	14	9	2	
3%	3%	2%	2%	2%	1%	1%	2%	4%	3%	3%	1%	5%	8%	2%	1%	
								cg				cgk	abcgjk			
1039	597	196	203	400	55	43	396	116	32	36	76	61	77	147	98	
51%	47%	55%	63%	59%	64%	65%	57%	49%	51%	50%	58%	63%	42%	35%	64%	
		a	ab	a	dij	dij	dij	j	j	j	ij	dij			dfij	
152	85	29	27	56	6	8	47	25	7	3	11	12	12	22	14	
7%	7%	8%	8%	8%	7%	12%	7%	10%	11%	4%	9%	12%	6%	5%	9%	
						j		j				j				
1988	1241	351	317	668	85	66	679	229	60	69	129	92	171	408	150	
3.57	3.50	3.65	3.77	3.70	3.81	3.76	3.69	3.55	3.49	3.62	3.66	3.69	3.44	3.33	3.79	
		a	a	a	dij	ij	dij	j		j	ij	ij			deij	
.911	.879	.912	.965	.939	.939	1.053	.903	.948	1.052	.767	.980	1.099	.893	.742	.987	
.020	.024	.052	.058	.039	.100	.123	.034	.063	.134	.092	.081	.104	.065	.041	.078	
*	*	*	*	*	.01	.02	*	*	.02	.01	.01	.01	*	*	.01	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	311	100	64	26	9	90	100	57	33	9	90	109	43	163	87	19	269
	15%	20%	19%	14%	21%	17%	20%	17%	24%	15%	23%	20%	18%	13%	14%	18%	23%	16%
									acf								ab	
A bit more	(4.0)	727	190	137	56	15	193	230	79	77	18	157	248	124	374	195	34	603
	36%	38%	41%	31%	37%	37%	38%	40%	34%	35%	43%	34%	40%	37%	33%	39%	42%	35%
			c													b		
Neither more nor less	(3.0)	798	178	103	68	13	172	211	65	81	9	146	220	140	485	155	19	658
	39%	35%	31%	38%	32%	33%	35%	36%	28%	37%	21%	32%	35%	41%	43%	31%	23%	39%
								bd		b			b	cd	cde		cd	
A bit less	(2.0)	92	18	19	19	1	37	17	23	17	3	40	20	11	48	28	6	81
	5%	4%	6%	10%	3%	7%	4%	3%	10%	8%	8%	9%	3%	3%	4%	6%	7%	5%
				abf		af			af	af		af						
A lot less	(1.0)	59	6	8	7	2	15	8	6	8	2	14	10	11	32	14	3	48
	3%	1%	2%	4%	5%	3%	1%	1%	2%	4%	4%	3%	2%	3%	3%	3%	4%	3%
				af	a	a												
Don't know		55	14	5	3	1	8	14	5	5	-	9	14	10	28	15	1	45
	3%	3%	2%	2%	2%	2%	3%	2%	2%	2%	-	2%	2%	3%	2%	3%	2%	3%
NET: More	1039	290	201	82	24	283	314	330	137	111	27	247	357	167	537	281	53	872
	51%	57%	60%	46%	58%	55%	57%	57%	58%	50%	66%	54%	58%	49%	48%	57%	65%	51%
		c	c			c	c									abe	abe	
NET: Less	152	24	27	26	3	52	27	25	29	25	5	53	30	22	79	41	9	130
	7%	5%	8%	14%	8%	10%	5%	4%	12%	11%	12%	12%	5%	6%	7%	8%	11%	8%
				abf		af			af	af	af	af						
Base for stats	1988	492	331	176	41	507	533	566	231	216	41	447	607	328	1101	478	81	1660
Mean Score	3.57	3.73	3.70	3.42	3.67	3.60	3.73	3.70	3.69	3.51	3.73	3.61	3.70	3.54	3.54	3.66	3.74	3.58
		ce	c			c	ce	c				c				b	b	
Standard Deviation	.911	.865	.926	1.000	1.016	.960	.876	.844	1.033	.965	1.048	1.004	.858	.881	.897	.937	1.019	.917
Standard Error	.020	.038	.051	.075	.159	.043	.037	.035	.068	.066	.162	.047	.034	.048	.027	.043	.111	.023
Error variance	*	*	*	.01	.03	*	*	*	*	*	.03	*	*	*	*	*	.01	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space		
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No	
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b	
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313	
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	311	88	176	58	49	9	196	108	7	266	45	268	44
			15%	23%	14%	22%	12%	14%	15%	17%	11%	16%	11%	15%	15%
				b	bdf							b			
A bit more		(4.0)	727	141	452	96	136	18	491	224	25	586	141	610	116
			36%	37%	35%	36%	34%	27%	37%	35%	35%	36%	34%	35%	39%
Neither more nor less		(3.0)	798	97	551	72	144	25	561	214	23	611	187	690	103
			39%	26%	43%	27%	36%	39%	42%	33%	33%	38%	45%	40%	35%
				a	a			abe				a			
A bit less		(2.0)	92	33	45	16	23	8	43	43	2	75	17	74	13
			5%	9%	4%	6%	6%	12%	3%	7%	3%	5%	4%	4%	5%
				b	d	d	d	d	d	d					
A lot less		(1.0)	59	15	30	10	23	4	20	35	3	46	13	47	10
			3%	4%	2%	4%	6%	7%	2%	5%	4%	3%	3%	3%	3%
						d	d	d		d					
Don't know			55	6	34	11	21	1	26	23	9	40	15	42	9
			3%	1%	3%	4%	5%	2%	2%	4%	13%	2%	4%	2%	3%
						d	d			d	abcde				
NET: More			1039	229	627	154	186	27	686	332	32	852	186	877	159
			51%	60%	49%	59%	47%	41%	51%	51%	46%	52%	44%	51%	54%
				b		bcde						b			
NET: Less			152	49	75	26	46	12	63	78	5	121	30	121	24
			7%	13%	6%	10%	12%	18%	5%	12%	8%	7%	7%	7%	8%
				b		d	d	ad		d					
Base for stats			1988	375	1254	251	375	64	1311	624	61	1585	404	1688	285
Mean Score			3.57	3.68	3.56	3.70	3.44	3.31	3.61	3.53	3.51	3.60	3.47	3.58	3.59
				b		bce			bc			b			
Standard Deviation			.911	1.056	.862	1.023	1.001	1.079	.834	1.034	.940	.920	.869	.903	.926
Standard Error			.020	.055	.024	.062	.052	.133	.023	.041	.115	.023	.044	.022	.053
Error variance			*	*	*	*	*	.02	*	*	.01	*	*	*	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240	
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
A lot more		(5.0)	311	16	29	46	55	43	51	19	51	173	122	75	90	92	53	86	90	89	41
		15%	5%	14%	14%	16%	20%	21%	21%	20%	16%	21%	16%	15%	13%	21%	14%	17%	14%	17%	
				a	a	a	a	abci	a	a	a	abci				bc					
A bit more		(4.0)	727	101	66	134	147	83	82	82	431	195	161	229	259	74	198	170	268	88	
		36%	29%	31%	42%	43%	38%	34%	35%	32%	39%	33%	35%	39%	37%	30%	33%	32%	41%	38%	
					abhj	abfhj	a				abhj			d					ab		
Neither more nor less		(3.0)	798	192	88	108	110	70	92	36	102	377	230	158	215	304	109	267	205	231	86
		39%	54%	41%	34%	32%	32%	38%	40%	40%	34%	39%	34%	36%	43%	44%	44%	39%	36%	37%	
			bcddefghij	d						d		di			ab	ab	c				
A bit less		(2.0)	92	8	13	17	22	15	4	3	10	67	17	33	29	26	4	28	33	24	7
		5%	2%	6%	5%	6%	7%	2%	3%	4%	6%	3%	7%	5%	4%	2%	5%	6%	4%	3%	
				afj	af	afj	afj				afj		cd	d				c			
A lot less		(1.0)	59	18	10	9	4	5	5	-	8	28	13	21	16	16	5	19	15	18	7
		3%	5%	5%	3%	1%	2%	2%	-	3%	3%	2%	4%	3%	2%	2%	3%	3%	3%	3%	
			dgij	dg									c								
Don't know			55	18	10	7	7	2	7	-	3	26	11	19	15	9	3	9	13	19	6
		3%	5%	4%	2%	2%	1%	3%	-	1%	2%	2%	4%	3%	1%	1%	1%	1%	2%	3%	3%
			cdeghij	eghj									cd								
NET: More			1039	117	96	180	203	126	133	51	133	604	317	236	318	352	127	285	260	356	128
		51%	33%	44%	56%	59%	58%	55%	57%	52%	55%	54%	51%	51%	54%	50%	51%	47%	50%	55%	55%
				a	ab	ab	ab	ab	ab	a	ab	ab							a	a	
NET: Less			152	26	23	25	26	21	9	3	18	95	31	53	45	42	9	47	48	42	14
		7%	7%	11%	8%	7%	9%	4%	3%	7%	9%	5%	11%	8%	6%	4%	8%	9%	6%	6%	
				fgj	f		fj				fj		bcd	d							
Base for stats			1988	335	207	313	339	217	234	90	254	1076	578	447	578	698	244	598	512	630	228
Mean Score			3.57	3.27	3.44	3.61	3.67	3.66	3.73	3.75	3.62	3.61	3.68	3.53	3.60	3.55	3.68	3.51	3.56	3.61	3.65
				a	ab	ab	ab	ab	ab	a	ab	ab				ac			a	a	
Standard Deviation			.911	.814	.974	.898	.868	.955	.897	.832	.959	.918	.915	1.005	.903	.853	.898	.906	.948	.876	.907
Standard Error			.020	.045	.068	.050	.047	.064	.059	.089	.061	.028	.038	.047	.037	.033	.059	.037	.041	.035	.059
Error variance			*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, once restrictions are removed and COVID-19 is under control, do you intend to do more, less or the same amount of the following?**

BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
A lot more	(5.0)	311	189	49	71
		15%	26% bc	6% b	14% b
A bit more	(4.0)	727	282	231	210
		36%	38% b	30% b	41% b
Neither more nor less	(3.0)	798	199	432	160
		39%	27% ac	56% ac	31% ac
A bit less	(2.0)	92	34	25	31
		5%	5% b	3% b	6% b
A lot less	(1.0)	59	15	13	27
		3% ab	2% ab	2% ab	5% ab
Don't know		55	17	17	14
		3% 3%	2% 2%	2% 2%	3% 3%
NET: More		1039	472	279	281
		51% b	64% bc	36% b	55% b
NET: Less		152	49	38	58
		7% ab	7% ab	5% ab	11% ab
Base for stats		1988	720	749	498
Mean Score		3.57	3.83	3.37	3.53
			bc		b
Standard Deviation		.911	.944	.731	.992
Standard Error		.020	.035	.027	.044
Error variance		*	*	*	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
0 - Not at all worried		(0.0)	122	70	52	46	38	38	7	19	14	15	13	6	20	19	11
		6%	7%	5%	7%	6%	5%	7%	7%	7%	7%	7%	3%	6%	6%	5%	
										f	f	f	f				
1		(1.0)	61	39	23	13	18	31	4	8	2	5	5	11	5	16	5
		3%	4%	2%	2%	3%	4%	4%	4%	3%	1%	2%	3%	5%	2%	5%	3%
			b				a						cg		cg		
2		(2.0)	135	77	58	33	36	67	5	21	20	7	11	19	13	30	9
		7%	8%	6%	5%	5%	9%	5%	5%	8%	10%	3%	6%	8%	4%	9%	4%
			b				ab			dg	dgi			dg		dgi	
3		(3.0)	133	67	66	50	43	40	6	13	10	12	13	15	24	25	16
		6%	7%	6%	8%	6%	5%	5%	6%	5%	5%	6%	7%	7%	7%	8%	7%
					c												
4		(4.0)	155	82	72	58	49	48	6	19	12	16	14	13	31	26	18
		8%	8%	7%	9%	7%	6%	6%	6%	7%	6%	8%	8%	6%	10%	8%	9%
					c												
5		(5.0)	250	113	136	94	89	67	17	35	20	24	21	26	44	37	25
		12%	11%	13%	15%	13%	9%	18%	18%	13%	10%	11%	12%	11%	14%	11%	12%
					c	c		c									
6		(6.0)	275	136	138	96	96	82	10	36	31	27	25	39	37	43	27
		13%	14%	13%	16%	14%	11%	11%	11%	14%	15%	12%	14%	17%	11%	13%	13%
					c	c											
7		(7.0)	381	176	199	96	126	159	16	49	36	36	27	42	63	63	50
		19%	18%	19%	16%	19%	21%	16%	16%	18%	18%	17%	15%	19%	20%	19%	24%
							a										e
8		(8.0)	268	123	145	51	86	131	12	27	32	30	29	25	41	40	31
		13%	12%	14%	8%	13%	17%	12%	12%	10%	16%	14%	16%	11%	13%	12%	15%
						a	ab										
9		(9.0)	128	57	71	38	32	58	8	14	11	21	9	20	24	12	11
		6%	6%	7%	6%	5%	8%	8%	8%	5%	5%	10%	5%	9%	7%	4%	5%
							b					h		h	h		
10 - Most worried ever		(10.0)	106	48	58	22	50	34	6	20	11	17	7	9	11	16	8
		5%	5%	6%	4%	8%	4%	6%	6%	8%	5%	8%	4%	4%	3%	5%	4%
						ac				g		g					
Don't know		21	5	15	16	3	2	1	5	1	4	1	1	4	3	-	-
		1%	1%	1%	3%	*	*	1%	2%	1%	2%	1%	*	1%	1%	-	-
				a	bc				i		i						
Prefer not to say		7	3	4	6	2	-	-	-	-	1	1	-	4	1	-	-
		*	*	*	1%	*	-	-	-	-	*	1%	-	1%	*	-	-
					c												

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	452	253	199	141	135	175	21	61	46	39	42	51	62	89	41
	22%	25%	19%	23%	20%	23%	21%	23%	23%	18%	24%	23%	19%	27%	19%
		b												dgi	
NET: 4-6	680	330	346	248	235	197	34	90	63	67	60	78	112	107	70
	33%	33%	33%	40%	35%	26%	35%	34%	31%	31%	34%	35%	35%	32%	33%
				c	c										
NET: 7-10	883	404	473	207	294	382	41	110	89	104	72	96	139	132	100
	43%	41%	46%	34%	44%	50%	42%	41%	45%	48%	41%	43%	43%	40%	48%
			a		a	ab									
Base for stats	2015	987	1018	596	664	754	96	260	198	210	174	225	313	328	210
Mean Score	5.59	5.38	5.80	5.28	5.72	5.73	5.61	5.53	5.62	5.96	5.46	5.67	5.63	5.30	5.73
			a		a	a				h					
Standard Deviation	2.650	2.728	2.566	2.580	2.628	2.706	2.744	2.763	2.707	2.758	2.681	2.546	2.545	2.678	2.478
Standard Error	.059	.089	.079	.100	.099	.106	.257	.172	.189	.191	.194	.175	.140	.156	.176
Error variance	*	.01	.01	.01	.01	.01	.07	.03	.04	.04	.04	.03	.02	.02	.03

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Social Grade								Ethnicity							
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all worried	(0.0)	122	14	16	38	13	15	27	68	55	107	2	4	5	-	3	14
		6%	8% b	4%	8% b	6%	7%	5%	6%	6%	6%	4%	3%	6%	-	16%	4%
1	(1.0)	61	8	9	14	5	6	20	30	31	57	2	1	1	-	-	4
		3%	4%	2%	3%	2%	3%	4%	3%	3%	3% cg	4%	*	1%	-	-	1%
2	(2.0)	135	8	25	27	13	19	43	60	76	124	4	3	3	-	-	11
		7%	4%	6%	5%	6%	9% g	9% cg	5%	8% g	7% cg	10% cg	2%	4%	-	-	4%
3	(3.0)	133	14	28	32	21	9	30	73	59	119	1	4	8	-	-	13
		6%	7%	7%	6%	9% e	4%	6%	7%	6%	7% cg	2%	2%	10% cg	-	-	4%
4	(4.0)	155	16	43	45	10	15	27	104	52	123	5	14	10	1	1	31
		8%	9% d	10% dfh	9% dfh	4%	7%	5%	9% dfh	5%	7%	11%	8%	13% a	11%	5%	10%
5	(5.0)	250	29	43	61	30	34	53	133	117	203	4	24	10	-	3	41
		12%	16%	10%	12%	13%	16% bf	11%	12%	12%	12%	9%	15%	13%	-	15%	13%
6	(6.0)	275	28	55	62	44	28	58	145	130	234	8	19	11	1	-	38
		13%	15%	13%	12%	19% bcfgh	13%	12%	13%	14%	14%	17%	11%	14%	11%	-	12%
7	(7.0)	381	25	109	86	31	34	95	221	160	316	7	36	12	4	4	62
		19%	14%	26% acdefgh	17%	14%	16%	19%	20% d	17%	18%	16%	21%	16%	55%	19%	20%
8	(8.0)	268	23	45	70	35	24	71	138	130	225	3	30	7	-	4	44
		13%	13%	11%	14%	15%	11%	14%	13%	14%	13%	7%	18%	9%	-	21%	14%
9	(9.0)	128	11	26	32	11	13	35	69	59	98	4	17	6	1	2	30
		6%	6%	6%	6%	5%	6%	7%	6%	6%	6%	8%	10% a	8%	12%	10%	9% a
10 - Most worried ever	(10.0)	106	7	18	19	14	14	33	44	62	85	5	11	3	1	2	21
		5%	4%	4%	4%	6%	7%	7% cg	4%	7% cg	5%	10%	7%	3%	11%	9%	7%
Don't know		21	-	2	9	4	2	6	11	11	15	-	3	1	-	1	5
		1%	-	*	2%	2%	1%	1%	1%	1%	1%	-	2%	1%	-	4%	1%
Prefer not to say		7	-	1	6	-	-	-	7	-	2	1	1	1	-	-	2
		*	-	*	1% fh	-	-	-	1% h	-	*	2% a	*	1%	-	-	1% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	452	43	77	112	51	49	121	231	220	407	9	12	17	-	3	41
	22%	23%	18%	22%	22%	23%	24%	21%	23%	24%	20%	7%	22%	-	16%	13%
							b		b	cg	c		cg			c
NET: 4-6	680	73	140	167	83	77	139	381	299	559	17	56	31	2	4	110
	33%	40%	34%	33%	36%	36%	28%	35%	32%	33%	37%	34%	40%	22%	20%	35%
		fh		f	f	f		f								
NET: 7-10	883	67	198	208	92	85	234	473	410	723	19	94	28	5	11	157
	43%	36%	47%	41%	40%	40%	47%	43%	44%	42%	42%	56%	36%	78%	60%	50%
			a				a					ad				ad
Base for stats	2015	183	416	487	225	210	494	1085	929	1689	46	162	76	7	17	308
Mean Score	5.59	5.33	5.76	5.48	5.70	5.47	5.68	5.56	5.64	5.51	5.77	6.53	5.37	7.10	6.11	6.12
												abd				ad
Standard Deviation	2.650	2.651	2.423	2.690	2.597	2.750	2.769	2.587	2.722	2.673	2.769	2.205	2.540	1.730	3.249	2.476
Standard Error	.059	.203	.123	.122	.162	.177	.129	.080	.088	.066	.396	.169	.288	.577	.745	.137
Error variance	*	.04	.02	.01	.03	.03	.02	.01	.01	*	.16	.03	.08	.33	.56	.02

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Children aged 15 or under in the household				Current employment status												
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
Unweighted Total		2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
Total		2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
0 - Not at all worried		(0.0)	122	74	28	18	46	5	-	46	12	3	6	8	7	14	21	5
		6%	6%	8%	5%	7%	6%	-	7%	5%	5%	9%	6%	7%	8%	5%	3%	
							b		b		b	b	b	b	b	b		
1		(1.0)	61	43	10	6	16	3	3	18	7	2	-	4	3	5	17	6
		3%	3%	3%	2%	2%	3%	4%	3%	3%	2%	-	3%	3%	3%	4%	4%	
2		(2.0)	135	101	16	11	27	5	4	38	16	3	6	6	7	45	9	
		7%	8%	5%	3%	4%	6%	6%	5%	7%	6%	8%	5%	6%	4%	11%	6%	
			bcd													cgi		
3		(3.0)	133	79	26	25	51	4	1	51	17	1	2	9	8	12	25	6
		6%	6%	7%	8%	8%	5%	2%	7%	7%	2%	3%	7%	9%	7%	6%	4%	
4		(4.0)	155	89	28	33	60	4	8	55	15	5	9	8	12	8	30	12
		8%	7%	8%	10%	9%	4%	12%	8%	6%	9%	13%	6%	13%	4%	7%	8%	
								i				ai		adi				
5		(5.0)	250	133	52	51	103	9	4	95	40	11	7	13	14	23	33	13
		12%	10%	15%	16%	15%	11%	6%	14%	17%	18%	10%	10%	15%	12%	8%	9%	
			a	a	a	a			j	bjk	bjk			j				
6		(6.0)	275	159	56	49	105	12	8	103	34	9	10	16	11	27	44	20
		13%	12%	16%	15%	15%	14%	12%	15%	14%	14%	14%	12%	12%	14%	11%	13%	
7		(7.0)	381	245	69	56	125	14	16	127	40	11	15	20	12	26	100	31
		19%	19%	19%	17%	18%	17%	25%	18%	17%	18%	20%	15%	13%	14%	24%	20%	
								hi								cdghi		
8		(8.0)	268	183	37	39	77	14	14	78	34	8	10	17	7	26	61	28
		13%	14%	10%	12%	11%	17%	21%	11%	14%	14%	13%	14%	13%	7%	14%	15%	19%
							h	ch		h						h	ch	
9		(9.0)	128	89	15	19	34	6	4	38	14	1	4	9	2	20	30	9
		6%	7%	4%	6%	5%	7%	5%	6%	6%	6%	2%	6%	7%	2%	11%	7%	6%
													h		ceh	h		
10 - Most worried ever		(10.0)	106	71	16	13	28	8	3	33	9	6	2	15	5	14	12	11
		5%	6%	4%	4%	4%	9%	5%	5%	4%	4%	9%	3%	12%	5%	8%	3%	7%
							j					j	cdthj		j		j	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week		Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed								Student		Retired	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k	
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
21	11	4	3	7	1	1	6	2	-	-	3	5	4	-	2	
1%	1%	1%	1%	1%	1%	1%	1%	1%	-	-	2%	6%	2%	-	1%	
											j	cdijk	j			
7	3	-	-	-	-	-	2	-	1	-	-	5	-	-	-	
*	*	-	-	-	-	-	*	-	1%	-	-	5%	-	-	-	
									j			acdijk				
452	297	81	60	141	17	8	153	51	10	14	28	24	38	108	25	
22%	23%	23%	19%	21%	20%	12%	22% b	22%	16%	20%	22%	24% b	21%	26% bk	17%	
680	381	136	133	269	25	20	253	90	25	27	37	38	58	107	45	
33%	30%	38% a	41% a	39% a	30%	30%	37% j	37% j	41% j	37% j	29% j	39% j	31%	26%	30%	
883	588	137	127	264	42	37	276	97	26	30	61	25	86	202	79	
43%	46% bcd	38%	39%	39%	49% h	56% cdh	40% h	40% h	42% h	42% h	47% h	26% h	46% h	48% ch	52% cdh	
2015	1267	353	320	673	84	66	683	238	61	71	126	87	182	417	150	
5.59	5.64	5.37	5.60	5.48	5.96 h	6.23 cdhj	5.49 h	5.57 h	5.77 h	5.43	5.93 h	4.93	5.90 h	5.51 h	6.08 chj	
2.650	2.712	2.607	2.449	2.534	2.768	2.279	2.605	2.517	2.579	2.634	2.868	2.592	2.829	2.677	2.561	
.059	.075	.148	.145	.104	.293	.267	.099	.163	.325	.313	.240	.252	.200	.146	.201	
*	.01	.02	.02	.01	.09	.07	.01	.03	.11	.10	.06	.06	.04	.02	.04	



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Nature of working location							Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
		Total																	
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total		2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all worried	(0.0)	122 6%	34 7%	16 5%	11 6%	- -	27 5%	34 6%	39 7%	8 4%	15 7%	2 4%	23 5%	40 6%	21 6%	67 6%	29 6%	6 7%	101 6%
1	(1.0)	61 3%	11 2%	8 2%	7 4%	- -	15 3%	11 2%	16 3%	7 3%	3 1%	1 2%	9 2%	17 3%	9 3%	39 3%	12 2%	2 2%	53 3%
2	(2.0)	135 7%	36 7%	18 5%	11 6%	1 2%	29 6%	37 7%	43 7%	10 4%	12 5%	1 3%	22 5%	45 7%	28 8%	75 7%	28 6%	4 5%	107 6%
3	(3.0)	133 6%	32 6%	25 8%	11 6%	2 5%	36 7%	34 6%	42 7%	12 5%	11 5%	6 14% bce	23 5%	47 8%	19 6%	70 6%	40 8%	4 5%	113 7%
4	(4.0)	155 8%	32 6%	30 9%	22 12% af	4 9%	52 10% af	36 7%	45 8%	26 11%	15 7%	3 8%	41 9%	48 8%	26 8%	75 7%	43 9%	11 14% be	129 8%
5	(5.0)	250 12%	69 14%	36 11%	31 17% b	4 9%	67 13%	73 13%	71 12%	31 13%	36 16%	5 11%	67 15%	76 12%	35 10%	127 11%	76 15% ab	13 16%	215 13%
6	(6.0)	275 13%	60 12%	58 17% af	30 17%	6 15%	88 17% af	66 12%	75 13%	35 15%	39 18%	5 13%	75 16%	80 13%	45 13%	146 13%	73 15%	11 14%	230 13%
7	(7.0)	381 19%	104 21%	62 18%	28 15%	9 23%	90 17%	113 21%	120 21%	43 18%	37 17%	5 14%	80 18%	125 20%	59 17%	234 21% c	77 16%	11 14%	322 19%
8	(8.0)	268 13%	64 13%	51 15%	17 9%	7 16%	67 13%	71 13%	71 12%	36 15%	28 13%	4 11%	64 14%	76 12%	52 15%	149 13%	59 12%	9 11%	217 13%
9	(9.0)	128 6%	28 6%	20 6%	9 5%	3 7%	29 6%	31 6%	26 5%	15 7%	14 6%	4 10%	29 6%	31 5%	24 7%	74 7%	26 5%	5 6%	104 6%
10 - Most worried ever	(10.0)	106 5%	31 6% ce	12 3%	1 1%	5 12% bce	13 3%	36 7% bce	24 4%	10 4%	11 5%	4 10%	21 5%	28 5%	18 5%	65 6%	19 4%	3 4%	88 5%

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Don't know	21	5	1	1	-	2	5	6	1	-	-	1	6	2	9	8	2	19
	1%	1%	*	*	-	*	1%	1%	*	-	-	*	1%	1%	1%	2%	3%	1%
Prefer not to say	7	-	1	-	1	1	1	1	-	1	-	1	1	1	1	5	1	6
	*	-	*	-	2%	*	*	*	-	*	-	*	*	*	*	1%	1%	*
					aef											b	b	
NET: 0-3	452	113	67	40	3	107	115	140	37	41	9	78	149	77	251	108	15	375
	22%	22%	20%	22%	7%	21%	21%	24%	16%	18%	23%	17%	24%	23%	22%	22%	19%	22%
		d	d	d		d	d	be					be					
NET: 4-6	680	161	123	83	14	207	175	191	92	90	13	182	204	106	348	191	36	574
	33%	32%	37%	46%	33%	40%	32%	33%	39%	41%	32%	40%	33%	31%	31%	39%	43%	34%
				abf		af				af		af				abe	ab	
NET: 7-10	883	227	144	55	24	199	251	242	105	90	18	195	260	152	521	181	28	731
	43%	45%	43%	31%	59%	39%	46%	42%	45%	41%	45%	43%	42%	45%	46%	37%	34%	43%
		ce	c		ce		ce							c	cd			c
Base for stats	2015	501	335	178	41	513	541	573	234	220	41	455	613	335	1120	480	79	1680
Mean Score	5.59	5.62	5.68	5.10	6.80	5.48	5.71	5.42	5.83	5.67	5.93	5.75	5.45	5.64	5.67	5.43	5.36	5.59
		c	c		abcef		c		a			a						
Standard Deviation	2.650	2.676	2.467	2.397	2.071	2.456	2.652	2.627	2.409	2.542	2.727	2.472	2.635	2.714	2.683	2.535	2.578	2.638
Standard Error	.059	.118	.136	.179	.323	.109	.112	.109	.157	.171	.421	.116	.105	.147	.080	.116	.285	.065
Error variance	*	.01	.02	.03	.10	.01	.01	.01	.02	.03	.18	.01	.01	.02	.01	.01	.08	*

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all worried	(0.0)	122	20	79	15	16	-	91	29	2	103	19	110	12
		6%	5%	6%	6%	4%	-	7%	4%	2%	6%	5%	6%	4%
					c			bce						
1	(1.0)	61	7	46	6	11	2	44	17	2	44	18	52	9
		3%	2%	4%	2%	3%	2%	3%	3%	2%	3%	4%	3%	3%
2	(2.0)	135	14	92	15	20	4	97	37	2	99	36	116	20
		7%	4%	7%	6%	5%	6%	7%	6%	3%	6%	9%	7%	7%
				a										
3	(3.0)	133	15	96	16	21	3	94	37	3	106	26	110	22
		6%	4%	7%	6%	5%	5%	7%	6%	5%	7%	6%	6%	8%
				a										
4	(4.0)	155	38	89	18	24	9	104	48	4	128	27	134	21
		8%	10%	7%	7%	6%	15%	8%	7%	6%	8%	6%	8%	7%
				b			abde							
5	(5.0)	250	51	157	31	37	14	168	74	7	209	41	205	38
		12%	13%	12%	12%	9%	22%	13%	11%	10%	13%	10%	12%	13%
							abde							
6	(6.0)	275	58	167	34	44	5	193	75	8	229	46	229	42
		13%	15%	13%	13%	11%	8%	14%	12%	11%	14%	11%	13%	14%
7	(7.0)	381	75	241	47	91	9	241	132	13	289	91	326	52
		19%	20%	19%	18%	23%	14%	18%	20%	18%	18%	22%	19%	18%
						d								
8	(8.0)	268	44	171	33	58	8	175	87	11	213	55	230	37
		13%	12%	13%	12%	15%	13%	13%	13%	16%	13%	13%	13%	13%
9	(9.0)	128	25	79	22	40	5	68	56	9	100	29	105	23
		6%	7%	6%	8%	10%	8%	5%	9%	13%	6%	7%	6%	8%
					d	d			d	d				
10 - Most worried ever	(10.0)	106	31	54	25	33	4	45	53	9	86	20	95	11
		5%	8%	4%	9%	8%	6%	3%	8%	12%	5%	5%	5%	4%
			b		d	d			d	d				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Don't know	21	3	13	2	2	-	13	2	1	15	7	14	5
	1%	1%	1%	1%	*	-	1%	*	1%	1%	2%	1%	2%
Prefer not to say	7	1	3	-	-	1	3	1	-	4	3	4	2
	*	*	*	-	-	1% b	*	*	-	*	1%	*	1%
NET: 0-3	452	55	313	52	68	9	326	119	9	353	99	387	63
	22%	15%	24% a	20%	17%	13%	24% bcef	18%	13%	22%	24%	22%	21%
NET: 4-6	680	147	414	83	105	29	465	197	19	566	114	568	101
	33%	39% b	32%	32%	26%	44% abef	35% b	30%	27%	35% b	27%	33%	34%
NET: 7-10	883	175	544	127	222	27	529	328	42	687	196	756	123
	43%	46%	42%	48% d	56% acd	41%	40%	51% d	59% cd	42%	47%	44%	42%
Base for stats	2015	377	1271	261	394	64	1320	644	69	1606	409	1712	287
Mean Score	5.59	5.95 b	5.48	5.94 d	6.20 d	5.86	5.37	6.00 d	6.66 ade	5.59	5.63	5.59	5.64
Standard Deviation	2.650	2.532	2.661	2.725	2.608	2.306	2.628	2.636	2.539	2.642	2.684	2.677	2.536
Standard Error	.059	.131	.075	.161	.133	.284	.073	.103	.291	.066	.135	.065	.145
Error variance	*	.02	.01	.03	.02	.08	.01	.01	.08	*	.02	*	.02

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries				
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Significance Level: 95%																				
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all worried	(0.0)	122	20	6	15	20	13	19	5	25	54	48	39	19	32	29	122	-	-	-
		6%	6%	3%	5%	6%	6%	8%	6%	10%	5%	8%	8%	3%	5%	12%	20%	-	-	-
								b		bci		bci	bc			bc	bcd			
1	(1.0)	61	10	8	11	9	3	7	2	11	31	21	14	13	23	11	61	-	-	-
		3%	3%	4%	3%	3%	1%	3%	2%	4%	3%	3%	3%	2%	3%	4%	10%	-	-	-
																	bcd			
2	(2.0)	135	29	18	17	20	20	13	2	16	75	32	33	23	58	20	135	-	-	-
		7%	8%	8%	5%	6%	9%	6%	2%	6%	7%	5%	7%	4%	8%	8%	22%	-	-	-
							g						b		b	b	bcd			
3	(3.0)	133	21	18	19	23	12	19	6	16	71	40	31	41	42	19	133	-	-	-
		6%	6%	8%	6%	7%	5%	8%	6%	6%	6%	7%	7%	7%	6%	8%	22%	-	-	-
																	bcd			
4	(4.0)	155	23	8	27	32	19	17	8	22	86	47	43	44	54	12	155	-	-	-
		8%	7%	4%	8%	9%	9%	7%	8%	9%	8%	8%	9%	7%	8%	5%	26%	-	-	-
					b	b	b			b	b	b	d				bcd			
5	(5.0)	250	34	36	40	35	35	31	9	29	146	69	61	121	53	14	-	250	-	-
		12%	10%	17%	13%	10%	16%	13%	11%	11%	13%	12%	13%	20%	8%	6%	-	48%	-	-
				ad			a						cd	acd				acd		
6	(6.0)	275	40	27	43	46	32	40	8	39	148	87	66	78	110	19	-	275	-	-
		13%	11%	12%	13%	13%	14%	16%	9%	15%	13%	15%	14%	13%	16%	8%	-	52%	-	-
													d	d	d			acd		
7	(7.0)	381	68	44	56	69	48	37	19	40	216	97	59	117	163	38	-	-	381	-
		19%	19%	20%	17%	20%	22%	15%	22%	16%	20%	16%	13%	20%	23%	15%	-	-	59%	-
														a	ad			abd		
8	(8.0)	268	55	25	45	53	17	27	15	30	140	72	55	68	107	37	-	-	268	-
		13%	16%	12%	14%	15%	8%	11%	17%	12%	13%	12%	12%	11%	15%	15%	-	-	41%	-
			e		e	e			e		e								abd	
9	(9.0)	128	26	8	23	21	10	17	10	13	61	41	31	34	45	19	-	-	-	128
		6%	7%	4%	7%	6%	5%	7%	11%	5%	6%	7%	7%	6%	6%	8%	-	-	-	55%
									bei											abc
10 - Most worried ever	(10.0)	106	21	16	19	15	10	10	5	10	59	25	28	33	18	25	-	-	-	106
		5%	6%	7%	6%	4%	4%	4%	6%	4%	5%	4%	6%	5%	3%	10%	-	-	-	45%
													c	c		abc				abc
Don't know		21	4	2	4	3	2	3	-	4	11	7	3	3	2	2	-	-	-	-
		1%	1%	1%	1%	1%	1%	1%	-	2%	1%	1%	1%	1%	*	1%	-	-	-	-
Prefer not to say		7	2	2	1	-	-	1	-	2	2	2	2	-	-	1	-	-	-	-
		*	1%	1%	*	-	-	*	-	1%	*	*	1%	-	-	*	-	-	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	452	79	49	63	72	47	58	15	68	232	141	118	96	155	79	452	-	-	-
	22%	22%	23%	20%	21%	22%	24%	16%	26%	21%	24%	25%	16%	22%	32%	74%	-	-	-
												b		b	bc	bcd			
NET: 4-6	680	97	71	110	113	85	88	25	90	380	203	171	243	218	45	155	525	-	-
	33%	28%	33%	34%	33%	39%	36%	28%	35%	34%	34%	37%	41%	31%	18%	26%	100%	-	-
						a	a			a	a	cd	cd	d		cd	acd		
NET: 7-10	883	170	93	143	157	85	91	50	94	478	235	173	252	333	120	-	-	649	234
	43%	48%	43%	45%	45%	39%	38%	56%	37%	43%	40%	37%	42%	47%	48%	-	-	100%	100%
		efhj			h			befhij		h				a	a			ab	ab
Base for stats	2015	347	213	316	343	217	237	90	252	1089	579	461	590	706	244	607	525	649	234
Mean Score	5.59	5.76	5.67	5.76	5.65	5.41	5.40	6.12	5.18	5.64	5.41	5.33	5.80	5.65	5.45	2.23	5.52	7.41	9.45
		h	h	h	h			efhj		h			a	a			a	ab	abc
Standard Deviation	2.650	2.725	2.546	2.608	2.600	2.505	2.692	2.619	2.797	2.573	2.741	2.802	2.343	2.532	3.249	1.450	.500	.493	.499
Standard Error	.059	.148	.174	.146	.139	.169	.175	.281	.178	.078	.115	.128	.095	.097	.213	.059	.022	.020	.032
Error variance	*	.02	.03	.02	.02	.03	.03	.08	.03	.01	.01	.02	.01	.01	.05	*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
0 - Not at all worried	(0.0)	122	49	53	19
		6%	7%	7%	4%
			c	c	
1	(1.0)	61	22	27	13
		3%	3%	4%	2%
2	(2.0)	135	45	57	33
		7%	6%	7%	6%
3	(3.0)	133	45	48	36
		6%	6%	6%	7%
4	(4.0)	155	56	62	36
		8%	8%	8%	7%
5	(5.0)	250	93	100	54
		12%	13%	13%	11%
6	(6.0)	275	110	95	67
		13%	15%	12%	13%
7	(7.0)	381	127	135	114
		19%	17%	18%	22%
					ab
8	(8.0)	268	80	108	78
		13%	11%	14%	15%
					a
9	(9.0)	128	55	37	35
		6%	7%	5%	7%
			b		
10 - Most worried ever	(10.0)	106	40	38	26
		5%	5%	5%	5%
Don't know		21	11	5	2
		1%	1%	1%	*
			c		
Prefer not to say		7	3	1	-
		*	*	*	-
NET: 0-3		452	161	185	101
		22%	22%	24%	20%
NET: 4-6		680	259	257	157
		33%	35%	34%	31%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: 7-10

Base for stats

Mean Score

Standard Deviation

Standard Error

Error variance

	Amount of activity now compared to last year		
Total	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	2043	746	753
Total	2043	736	765
	100%	100%	100%
NET: 7-10	883	302	318
	43%	41%	42%
			49%
			ab
Base for stats	2015	722	760
Mean Score	5.59	5.56	5.43
			5.87
			ab
Standard Deviation	2.650	2.686	2.699
Standard Error	.059	.099	.099
Error variance	*	.01	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Significance Level: 95%															
		Gender		Age			Region										
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West	
		a	b		a	b	c	a	b	c	d	e	f	g	h	i	
Unweighted Total		2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total		2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
0 - Not at all satisfied		(0.0)	61	19	41	24	19	18	2	14	5	7	5	6	9	7	6
		3%	2%	4%	4%	3%	2%	2%	5%	2%	3%	3%	2%	3%	2%	3%	3%
				a						h							
1		(1.0)	34	12	22	8	12	14	2	3	5	3	2	5	4	9	2
		2%	1%	2%	1%	2%	2%	2%	1%	2%	1%	1%	2%	1%	3%	2%	1%
2		(2.0)	94	41	52	29	20	45	2	15	12	10	6	10	14	10	16
		5%	4%	5%	5%	3%	6%	2%	6%	6%	5%	4%	4%	4%	3%	7%	h
							b										
3		(3.0)	133	61	71	45	38	50	5	20	12	17	8	11	23	25	13
		6%	6%	7%	7%	6%	7%	5%	8%	6%	8%	4%	5%	7%	7%	7%	6%
4		(4.0)	145	67	78	60	50	34	4	17	15	11	11	23	23	24	16
		7%	7%	7%	10%	8%	4%	4%	7%	8%	5%	6%	10%	7%	7%	7%	8%
					c	c							ad				
5		(5.0)	323	156	164	97	121	104	16	38	32	30	35	45	49	55	22
		16%	16%	16%	16%	18%	14%	17%	14%	16%	14%	20%	20%	15%	17%	17%	10%
						c						i	i		i		
6		(6.0)	271	113	157	94	104	73	17	39	28	27	19	28	45	42	27
		13%	11%	15%	15%	16%	10%	17%	15%	14%	12%	11%	12%	14%	13%	13%	13%
				a	c	c											
7		(7.0)	383	193	190	98	139	146	18	51	32	46	34	38	61	64	39
		19%	19%	18%	16%	21%	19%	19%	19%	16%	21%	19%	17%	17%	19%	19%	18%
						a											
8		(8.0)	324	179	144	77	87	161	15	31	36	27	37	39	48	59	32
		16%	18%	14%	12%	13%	21%	16%	12%	18%	13%	21%	17%	15%	18%	18%	15%
			b				ab					bd			b		
9		(9.0)	141	81	60	34	38	69	6	20	11	18	11	12	21	20	20
		7%	8%	6%	5%	6%	9%	7%	8%	6%	8%	6%	5%	7%	6%	6%	9%
			b				ab										
10 - Completely satisfied		(10.0)	106	66	40	35	32	39	7	13	11	14	5	8	19	12	17
		5%	7%	4%	6%	5%	5%	5%	7%	5%	6%	7%	3%	3%	6%	4%	8%
			b														eh
Don't know			22	6	15	14	5	3	1	5	-	6	2	1	5	3	-
		1%	1%	1%	2%	1%	*	2%	2%	2%	-	3%	1%	*	1%	1%	-
					bc							ci					
Prefer not to say			6	1	3	3	1	1	-	-	-	-	1	-	1	2	2
		*	*	*	1%	*	*	*	-	-	-	-	1%	-	*	1%	1%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	322	132	187	106	89	126	12	52	33	36	21	32	49	50	36
	16%	13%	18%	17%	13%	17%	13%	19%	17%	17%	12%	14%	15%	15%	17%
			a	b				e							
NET: 4-6	738	336	398	251	276	211	37	94	76	67	65	96	117	122	65
	36%	34%	38%	41%	41%	28%	38%	35%	38%	31%	37%	42%	36%	37%	31%
			a	c	c							di			
NET: 7-10	955	520	434	243	297	415	47	115	90	106	88	97	149	155	107
	47%	52%	42%	39%	44%	55%	48%	43%	45%	49%	50%	43%	46%	47%	51%
		b				ab									
Base for stats	2015	988	1019	600	662	752	96	261	199	210	173	225	316	327	209
Mean Score	5.98	6.26	5.72	5.73	5.95	6.21	6.22	5.75	5.92	6.08	6.11	5.82	6.01	5.97	6.14
		b				ab									
Standard Deviation	2.367	2.303	2.396	2.413	2.244	2.418	2.307	2.513	2.397	2.446	2.200	2.265	2.352	2.265	2.522
Standard Error	.053	.075	.074	.093	.085	.095	.216	.156	.166	.170	.160	.156	.129	.132	.180
Error variance	*	.01	.01	.01	.01	.01	.05	.02	.03	.03	.03	.02	.02	.02	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Social Grade									Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total		2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all satisfied	(0.0)	61	3	7	18	5	8	20	28	33	49	5	4	1	-	2	11
		3%	2%	2%	4%	2%	4%	b	3%	3%	3%	11%	2%	1%	-	11%	4%
1	(1.0)	34	2	4	11	4	4	9	16	18	28	1	3	1	-	-	6
		2%	1%	1%	2%	2%	2%	2%	1%	2%	2%	2%	2%	2%	-	-	2%
2	(2.0)	94	5	15	17	13	12	31	37	57	84	2	4	3	-	1	10
		5%	2%	4%	3%	6%	6%	6%	3%	6%	5%	5%	2%	4%	-	5%	3%
								cg		cg							
3	(3.0)	133	15	23	34	16	13	32	72	61	113	5	3	9	1	1	18
		6%	8%	5%	7%	7%	6%	6%	6%	7%	7%	11%	2%	12%	11%	5%	6%
											c	c		c			c
4	(4.0)	145	12	37	46	14	12	24	94	50	115	5	13	10	1	-	29
		7%	6%	9%	9%	6%	6%	5%	9%	5%	7%	11%	8%	13%	11%	-	9%
				fh	fh				fh					a			
5	(5.0)	323	29	63	70	32	45	83	162	161	270	3	29	14	1	1	48
		16%	16%	15%	14%	14%	21%	17%	15%	17%	16%	6%	17%	18%	11%	8%	15%
							bcdg										
6	(6.0)	271	29	52	79	28	41	41	160	111	220	12	23	11	1	2	49
		13%	16%	13%	16%	12%	20%	8%	15%	12%	13%	26%	14%	14%	10%	13%	16%
			f	f	fh		bdfh		f	f		ac					
7	(7.0)	383	32	93	98	51	28	82	224	160	319	6	37	13	3	4	63
		19%	17%	22%	20%	22%	13%	16%	20%	17%	19%	13%	22%	17%	46%	21%	20%
				efh	e	e			e								
8	(8.0)	324	23	69	74	34	26	98	166	158	282	3	23	7	-	5	39
		16%	13%	16%	15%	15%	12%	20%	15%	17%	17%	7%	14%	10%	-	29%	12%
								aceg									
9	(9.0)	141	17	30	28	14	9	43	75	66	119	3	14	4	-	1	21
		7%	10%	7%	6%	6%	4%	9%	7%	7%	7%	6%	8%	5%	-	4%	7%
			e					e									
10 - Completely satisfied	(10.0)	106	17	18	14	15	12	31	48	58	89	1	9	5	-	-	15
		5%	9%	4%	3%	7%	6%	6%	4%	6%	5%	3%	6%	6%	-	-	5%
			bcg			c		c		c							
Don't know		22	-	4	11	3	2	3	14	8	14	-	5	-	-	1	6
		1%	-	1%	2%	1%	1%	1%	1%	1%	1%	-	3%	-	-	4%	2%
					fh								a				
Prefer not to say		6	-	3	2	-	-	1	5	1	4	-	-	-	1	-	1
		*	-	1%	*	-	-	*	*	*	*	-	-	-	11%	-	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	322	25	49	80	38	37	93	153	168	275	13	14	14	1	4	45
	16%	13%	12%	16%	17%	18%	19%	14%	18%	16%	28%	8%	18%	11%	21%	14%
					b	bg	bg	bg	bg	c	acg		c			c
NET: 4-6	738	69	152	195	74	98	149	417	321	605	20	64	35	2	4	125
	36%	38%	36%	39%	32%	46%	30%	38%	34%	35%	43%	39%	45%	32%	21%	40%
			f	f		bdfgh		f								
NET: 7-10	955	89	210	214	113	75	253	513	441	809	13	83	29	3	10	138
	47%	49%	50%	43%	50%	35%	51%	47%	47%	47%	28%	50%	37%	46%	54%	44%
		e	ce		e		ce	e	e	b		b				b
Base for stats	2015	183	412	489	226	210	495	1083	931	1689	46	161	78	6	17	308
Mean Score	5.98	6.30	6.16	5.78	6.04	5.67	6.02	6.01	5.94	5.99	5.01	6.28	5.68	5.76	5.82	5.90
		ce	ce					e		b		bd				b
Standard Deviation	2.367	2.319	2.164	2.303	2.385	2.363	2.575	2.262	2.485	2.375	2.675	2.196	2.239	1.626	2.779	2.341
Standard Error	.053	.178	.110	.104	.148	.153	.119	.070	.080	.058	.378	.168	.250	.575	.637	.129
Error variance	*	.03	.01	.01	.02	.02	.01	*	.01	*	.14	.03	.06	.33	.41	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Children aged 15 or under in the household				Current employment status											
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total		2043 100%	1281 100%	357 100%	323 100%	681 100%	85 100%	66 100%	690 100%	239 100%	61 100%	71 100%	130 100%	97 100%	185 100%	417 100%	152 100%
0 - Not at all satisfied		(0.0) 61 3%	41 3%	9 2%	9 3%	18 3%	3 3%	3 5%	14 2%	3 1%	- -	3 4%	10 8% cdej	3 3%	11 6% cdej	10 2%	6 4%
1		(1.0) 34 2%	22 2%	5 1%	4 1%	9 1%	1 1%	2 4%	10 1%	2 1%	- -	- -	7 5% cdj	3 3%	5 2%	4 1%	4 2%
2		(2.0) 94 5%	71 6% bd	10 3%	10 3%	20 3%	6 7% c	4 5%	19 3%	9 4%	2 3%	3 4%	14 11% cdj	5 5%	10 6%	23 5% c	10 6% c
3		(3.0) 133 6%	85 7%	20 6%	25 8%	45 7%	6 7%	6 10% c	28 4%	18 7% c	5 8%	4 5%	15 11% cj	12 12% cj	18 10% c	22 5%	13 8% c
4		(4.0) 145 7%	90 7%	27 7%	23 7%	50 7%	6 7%	8 11% f	45 7%	23 9% f	7 11% f	1 1%	10 8%	11 11% fj	12 6%	22 5%	14 9% f
5		(5.0) 323 16%	200 16%	52 14%	55 17%	107 16%	14 17%	8 12%	121 18%	39 16%	10 17%	12 16%	21 16%	12 12%	26 14%	59 14%	23 15%
6		(6.0) 271 13%	154 12%	58 16% a	47 14% a	105 15% a	9 10%	11 17% j	114 16% j	34 14% j	8 13%	15 22% agj	13 10%	12 13% j	27 15% j	27 7%	20 13% j
7		(7.0) 383 19%	232 18%	68 19%	71 22%	138 20%	11 12%	11 16%	149 22% agk	54 22% agk	9 15%	17 24% g	11 8%	13 14%	36 19% g	73 17% g	21 14%
8		(8.0) 324 16%	218 17%	57 16%	41 13%	98 14%	15 17% b	3 4%	110 16% bi	35 15% b	7 12%	6 9%	14 11%	10 10%	19 10%	104 25% bcdefghik	18 12%
9		(9.0) 141 7%	95 7%	25 7%	18 6%	43 6%	4 5%	6 9%	42 6%	11 5%	7 11% dg	5 7%	5 4%	4 4%	9 5%	48 12% cdghi	11 7%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Children aged 15 or under in the household				Current employment status											
							Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
Significance Level: 95%	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed											
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k		
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164	
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
10 - Completely satisfied	(10.0)	106	60	22	18	40	8	3	29	10	6	5	7	3	10	25	11
	5%	5%	6%	6%	6%	9%	c	5%	4%	4%	9%	7%	6%	3%	6%	6%	7%
Don't know	22	10	5	3	8	2	1	7	2	-	1	2	5	3	-	3	
	1%	1%	1%	1%	1%	2%	j	1%	1%	1%	-	1%	1%	5%	1%	-	2%
												j	cdij	j		j	
Prefer not to say	6	2	1	-	1	-	-	2	-	-	-	1	3	-	-	-	-
	*	*	*	-	*	-	-	*	-	-	-	1%	3%	-	-	-	-
													cdijk				
NET: 0-3	322	220	44	48	92	16	16	71	32	7	9	46	23	43	58	32	
	16%	17%	12%	15%	13%	19%	24%	10%	13%	11%	13%	35%	24%	23%	14%	21%	
		bd				c	cdj					acdefhijk	cdej	cdej		cdj	
NET: 4-6	738	444	136	125	261	29	27	279	96	25	28	45	35	65	109	56	
	36%	35%	38%	39%	38%	34%	41%	41%	40%	41%	40%	35%	36%	35%	26%	37%	
							j	j	j	j	j		j	j		j	
NET: 7-10	955	605	172	147	319	38	23	330	109	29	33	36	30	75	250	61	
	47%	47%	48%	46%	47%	44%	34%	48%	46%	48%	47%	28%	31%	40%	60%	40%	
						g		bgh	gh	gh	gh			g	abcdfghik	g	
Base for stats	2015	1269	351	320	671	83	66	681	237	61	71	127	89	183	417	149	
Mean Score	5.98	5.93	6.18	5.96	6.08	5.91	5.38	6.15	5.97	6.35	6.18	4.77	5.24	5.52	6.45	5.68	
						g		bghik	bghi	bghi	gh			g	bcdghik	g	
Standard Deviation	2.367	2.418	2.265	2.269	2.268	2.615	2.595	2.112	2.109	2.224	2.274	2.806	2.434	2.585	2.401	2.611	
Standard Error	.053	.066	.129	.135	.093	.279	.304	.080	.137	.278	.272	.234	.234	.182	.131	.206	
Error variance	*	*	.02	.02	.01	.08	.09	.01	.02	.08	.07	.05	.05	.03	.02	.04	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self					
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others	
Significance Level: 95%	Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e	
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700	
Total	2043 100%	506 100%	336 100%	179 100%	41 100%	515 100%	547 100%	580 100%	235 100%	221 100%	41 100%	456 100%	620 100%	338 100%	1130 100%	493 100%	82 100%	1705 100%	
0 - Not at all satisfied	(0.0)	61 3%	13 3%	5 1%	2 1%	1 3%	7 1%	14 3%	11 2%	5 2%	5 2%	2 6%	10 2%	14 2%	15 4%	29 3%	12 2%	4 5%	46 3%
1	(1.0)	34 2%	7 1%	3 1%	2 1%	- -	4 1%	7 1%	4 1%	5 2%	5 2%	- -	9 2% f	4 1%	9 3%	15 1%	7 1%	3 4% b	25 1%
2	(2.0)	94 5%	19 4%	11 3%	5 3%	1 2%	15 3%	20 4%	21 4%	6 3%	5 2%	2 5%	11 2%	23 4%	30 9% bcde	45 4%	19 4%	- -	64 4%
3	(3.0)	133 6%	29 6%	18 5%	10 6%	3 6%	28 5%	32 6%	28 5%	17 7%	13 6%	1 2%	29 6%	29 5%	32 9% be	63 6%	32 7%	6 7%	101 6%
4	(4.0)	145 7%	30 6%	20 6%	27 15% abef	4 10%	46 9%	34 6%	37 6%	18 8%	21 10%	3 7%	39 9%	40 6%	29 9%	71 6%	35 7%	9 10%	115 7%
5	(5.0)	323 16%	81 16%	55 16%	32 18%	7 17%	87 17%	88 16%	92 16%	34 15%	39 18%	12 29% abef	73 16%	103 17%	61 18%	163 14%	87 18%	11 14%	261 15%
6	(6.0)	271 13%	82 16%	62 18%	22 13%	7 16%	85 16%	89 16%	94 16%	27 12%	50 23% abf	4 11%	77 17%	98 16%	36 11%	149 13%	71 14%	15 18%	235 14%
7	(7.0)	383 19%	104 21%	79 24%	37 21%	8 18%	116 23%	112 20%	133 23%	51 22%	37 17%	9 21%	88 19%	142 23%	48 14%	222 20% a	97 20% a	16 20%	335 20% a
8	(8.0)	324 16%	81 16%	47 14%	19 11%	4 9%	66 13%	84 15%	87 15%	38 16%	26 12%	3 8%	64 14%	91 15%	48 14%	198 18%	67 14%	10 12%	275 16%
9	(9.0)	141 7%	31 6%	16 5%	19 10% bf	2 4%	34 7%	33 6%	40 7%	17 7%	11 5%	1 2%	28 6%	41 7%	13 4%	96 9% a	30 6%	3 3%	128 8% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
10 - Completely satisfied	(10.0)	106	26	17	3	5	19	26	16	6	3	22	29	13	65	26	3	93
	5%	5%	5%	1%	13%	4%	6%	4%	7%	3%	8%	5%	5%	4%	6%	5%	3%	5%
		c	c		abce		c		c									
Don't know	22	3	4	2	-	6	3	6	1	3	-	4	6	4	8	8	2	18
	1%	1%	1%	1%	-	1%	1%	1%	*	1%	-	1%	1%	1%	1%	2%	3%	1%
					-	1%	1%		*		-						b	
Prefer not to say	6	-	-	-	1	-	1	-	-	1	-	1	-	-	4	1	-	6
	*	-	-	-	3%	-	*	-	-	1%	-	*	-	-	*	*	-	*
					abcef													
NET: 0-3	322	68	36	18	4	54	72	65	33	27	5	60	70	86	153	70	13	236
	16%	13%	11%	10%	11%	11%	13%	11%	14%	12%	13%	13%	11%	25%	14%	14%	16%	14%
														bce				
NET: 4-6	738	193	137	81	18	218	211	222	79	110	19	190	241	126	383	194	35	612
	36%	38%	41%	45%	43%	42%	39%	38%	34%	50%	47%	42%	39%	37%	34%	39%	42%	36%
										abef		b				b		
NET: 7-10	955	242	159	77	18	236	260	287	122	80	16	202	303	122	581	219	32	832
	47%	48%	47%	43%	44%	46%	47%	49%	52%	36%	40%	44%	49%	36%	51%	44%	39%	49%
								c	c			c	c		acd	a		a
Base for stats	2015	503	332	177	40	509	543	574	234	217	41	452	614	334	1117	484	80	1680
Mean Score	5.98	6.09	6.16	5.93	6.20	6.08	6.10	6.19	6.18	5.79	5.72	5.99	6.16	5.30	6.21	5.97	5.59	6.11
								c				c	c		ad	a		ad
Standard Deviation	2.367	2.241	2.036	2.044	2.366	2.040	2.248	2.123	2.322	2.069	2.417	2.211	2.144	2.511	2.325	2.264	2.376	2.315
Standard Error	.053	.098	.113	.153	.370	.091	.095	.088	.151	.140	.373	.104	.086	.137	.070	.103	.261	.057
Error variance	*	.01	.01	.02	.14	.01	.01	.01	.02	.02	.14	.01	.01	.02	*	.01	.07	*



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total		2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all satisfied		(0.0)	61	37	23	21	1	26	35	9	49	12	50	10
		3%	2%	3%	9% cd	5% d	2%	2%	5% d	13% bcde	3%	3%	3%	3%
1		(1.0)	34	18	10	16	-	11	22	4	27	7	29	5
		2%	2%	1%	4% d	4% d	-	1%	3% d	5% d	2%	2%	2%	2%
2		(2.0)	94	49	32	29	2	38	56	6	75	19	72	22
		5%	4%	4%	12% bcd	7% d	2%	3%	9% d	8% d	5%	5%	4%	7% a
3		(3.0)	133	71	28	34	4	72	58	7	112	21	107	25
		6%	7%	5%	11% d	9% d	5%	5%	9% d	11%	7%	5%	6%	9%
4		(4.0)	145	81	28	32	9	79	62	5	119	26	122	22
		7%	8%	6%	11% d	8%	13% d	6%	10% d	7%	7%	6%	7%	7%
5		(5.0)	323	195	40	55	18	213	98	13	260	63	257	59
		16%	16%	15%	15%	14%	27% abde	16%	15%	19%	16%	15%	15%	20% a
6		(6.0)	271	171	26	55	8	176	85	4	227	44	228	42
		13%	16%	13%	10%	14%	12%	13%	13%	6%	14%	10%	13%	14%
7		(7.0)	383	270	29	59	9	288	88	8	301	83	331	50
		19%	17%	21%	11%	15%	14%	22% abef	14%	12%	19%	20%	19%	17%
8		(8.0)	324	221	24	52	6	246	73	9	238	86	293	29
		16%	13%	17% a	9%	13%	9%	18% abe	11%	13%	15%	20% a	17% b	10%
9		(9.0)	141	96	10	27	5	100	38	2	113	28	129	12
		7%	8%	7%	4%	7%	8%	7% a	6%	3%	7%	7%	7% b	4%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Total		a	b	a	b	c	d	e	f	a	b	a	b
Significance Level: 95%													
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
10 - Completely satisfied	(10.0)	106	66	12	15	5	72	30	1	84	21	94	12
	5%	7%	5%	4%	4%	7%	5%	5%	1%	5%	5%	5%	4%
Don't know	22	3	11	2	2	-	13	3	1	15	7	13	7
	1%	1%	1%	1%	*	-	1%	*	1%	1%	2%	1%	2% a
Prefer not to say	6	2	2	-	-	-	4	-	-	4	2	4	-
	*	*	*	-	-	-	*	-	-	*	1%	*	-
NET: 0-3	322	55	174	92	100	6	146	171	26	263	59	259	62
	16%	15%	14%	35%	25%	9%	11%	26%	37%	16%	14%	15%	21% a
NET: 4-6	738	152	447	94	142	34	468	245	22	606	132	607	123
	36%	40%	35%	36%	36%	53%	35%	38%	32%	37%	32%	35%	42% a
NET: 7-10	955	169	653	75	153	24	706	229	21	736	218	847	103
	47%	44%	51% a	28%	39% a	38%	53% abcef	35% a	30%	45%	52% a	49% b	35%
Base for stats	2015	376	1274	261	394	65	1320	645	69	1606	409	1712	287
Mean Score	5.98	6.05	6.15	4.70	5.40 af	5.95 aef	6.32 abef	5.27 af	4.48	5.93	6.17	6.07 b	5.46
Standard Deviation	2.367	2.347	2.304	2.730	2.624	2.158	2.163	2.619	2.809	2.369	2.353	2.364	2.350
Standard Error	.053	.121	.065	.161	.134	.264	.060	.102	.322	.059	.119	.058	.134
Error variance	*	.01	*	.03	.02	.07	*	.01	.10	*	.01	*	.02

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries					
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)	
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d	
Unweighted Total		2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240	
Total		2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234	
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
0 - Not at all satisfied		(0.0)	61 3%	19 6% dei	5 2% e	10 3% e	7 2% e	1 1% e	7 3% e	1 1% e	9 4% e	24 2% e	17 3% e	61 13% bcd	- - bcd	- - bcd	19 3% bcd	14 3% bcd	16 2% bcd	11 5% bcd	
1		(1.0)	34 2%	13 4% dfij	5 2% f	4 1% f	3 1% f	2 1% f	1 * f	1 1% f	4 1% f	15 1% f	6 1% f	34 7% bcd	- - bcd	- - bcd	14 2% bcd	5 1% bcd	7 1% bcd	8 3% bc	
2		(2.0)	94 5%	25 7% dfhj	12 6% d	19 6% dj	9 3% d	10 5% d	6 3% d	4 4% d	8 3% d	51 5% d	18 3% d	94 20% bcd	- - bcd	- - bcd	31 5% bcd	18 3% bcd	31 5% bcd	13 5% bcd	
3		(3.0)	133 6%	32 9% dfgj	18 8% j	20 6% j	17 5% j	18 8% j	11 5% j	2 2% j	14 5% j	73 7% j	27 5% j	133 28% bcd	- - bcd	- - bcd	44 7% bcd	40 8% bcd	32 5% bcd	15 6% bcd	
4		(4.0)	145 7%	26 7% hj	19 9% fhj	26 8% hj	29 8% fhj	25 11% fhj	10 4% fhj	4 5% fhj	5 2% fhj	99 9% fhj	20 3% fhj	145 31% bcd	- - bcd	- - bcd	53 9% c	51 10% cd	29 4% cd	12 5% cd	
5		(5.0)	323 16%	49 14%	39 18%	52 16%	56 16%	33 15%	46 19%	12 14%	36 14%	180 16%	94 16%	- - acd	323 54% acd	- - acd	74 12% acd	126 24% acd	91 14% acd	31 13% acd	
6		(6.0)	271 13%	32 9%	30 14%	45 14% a	60 17% ahj	29 13% a	33 14% a	12 13% a	29 11% a	165 15% a	74 13% a	- - acd	271 46% acd	- - acd	65 11% acd	73 14% acd	94 15% acd	36 15% acd	
7		(7.0)	383 19%	62 18%	35 16%	61 19%	75 22% f	48 22% f	36 15% f	15 17% f	51 20% f	219 20% f	102 17% f	- - abd	- - abd	383 54% abd	- - abd	102 17% abd	90 17% abd	160 25% abd	31 13% abd
8		(8.0)	324 16%	51 15%	23 11%	46 14%	50 14%	27 12% abcdei	55 23% abcdei	23 26% abcdei	49 19% bi	146 13% abcdei	126 21% abcdei	- - abd	- - abd	324 46% abd	- - abd	108 18% abd	73 14% abd	110 17% abd	32 14% abd
9		(9.0)	141 7%	19 5%	17 8%	21 7%	20 6%	13 6%	16 7%	9 10%	26 10% ai	71 6% ai	51 9% ai	- - abc	- - abc	- - abc	141 57% abc	40 7% abc	23 4% abc	57 9% b	20 9% b
10 - Completely satisfied		(10.0)	106 5%	16 5%	8 4%	12 4%	18 5%	11 5%	15 6%	6 7%	20 8% bci	49 4% ci	41 7% ci	- - abc	- - abc	- - abc	106 43% abc	51 8% bc	10 2% bc	18 3% bc	24 10% bc
Don't know		22 1%	5 1%	3 1%	2 1%	2 1%	1 *	5 2%	- -	5 2% i	8 1% i	10 2% i	- -	- -	- -	- -	4 1% i	1 * i	2 * i	1 * i	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prefer not to say	6	2	1	1	1	1	-	-	1	4	1	-	-	-	-	-	2	2	1
	*	*	*	*	*	*	-	-	*	*	*	-	-	-	-	-	*	*	*
NET: 0-3	322	91	41	54	36	31	26	8	35	162	69	322	-	-	-	108	77	86	47
	16%	26%	19%	17%	10%	14%	11%	9%	14%	15%	12%	69%	-	-	-	18%	15%	13%	20%
		cdefghij	dfgj	dfj						d		bcd				c			c
NET: 4-6	738	107	88	124	145	87	89	29	70	443	188	145	594	-	-	193	249	213	79
	36%	30%	41%	39%	42%	40%	37%	32%	27%	40%	32%	31%	100%	-	-	32%	48%	33%	34%
			ahj	ahj	ahj	ahj	h			ahj		cd	acd				acd		
NET: 7-10	955	148	83	140	162	99	122	53	146	485	321	-	-	707	247	302	196	345	107
	47%	42%	38%	44%	47%	45%	51%	59%	57%	44%	55%	-	-	100%	100%	50%	37%	53%	46%
				b			ab	abcdei	abcdei		abcdei			ab	ab	b		b	b
Base for stats	2015	347	213	317	343	217	237	90	251	1091	578	466	594	707	247	603	522	644	233
Mean Score	5.98	5.43	5.64	5.81	6.14	5.95	6.34	6.67	6.44	5.91	6.44	2.57	5.46	7.46	9.43	6.04	5.65	6.20	5.98
				ab	a	abci	abcdei	abcei	a	abcei			a	ab	abc	b		b	
Standard Deviation	2.367	2.674	2.359	2.335	2.118	2.153	2.250	2.149	2.446	2.242	2.321	1.340	.499	.499	.496	2.557	2.092	2.198	2.746
Standard Error	.053	.146	.162	.130	.113	.145	.147	.230	.155	.067	.097	.061	.020	.019	.032	.105	.091	.088	.178
Error variance	*	.02	.03	.02	.01	.02	.02	.05	.02	*	.01	*	*	*	*	.01	.01	.01	.03

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

		Amount of activity now compared to last year			
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2043	746	753	514
Total		2043	736	765	513
		100%	100%	100%	100%
0 - Not at all satisfied	(0.0)	61	16	18	25
		3%	2%	2%	5% ab
1	(1.0)	34	9	10	15
		2%	1%	1%	3% ab
2	(2.0)	94	32	29	34
		5%	4%	4%	7% b
3	(3.0)	133	41	38	52
		6%	6%	5%	10% ab
4	(4.0)	145	53	48	44
		7%	7%	6%	9%
5	(5.0)	323	95	127	94
		16%	13%	17% a	18% a
6	(6.0)	271	112	88	70
		13%	15% b	11%	14%
7	(7.0)	383	154	145	80
		19%	21% c	19%	16%
8	(8.0)	324	108	150	65
		16%	15%	20% ac	13%
9	(9.0)	141	55	63	22
		7%	7% c	8% c	4%
10 - Completely satisfied	(10.0)	106	52	42	9
		5%	7% c	5% c	2%
Don't know		22	8	6	2
		1%	1%	1%	*
Prefer not to say		6	1	2	1
		*	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: 0-3

NET: 4-6

NET: 7-10

Base for stats

Mean Score

Standard Deviation

Standard Error

Error variance

Total	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	2043	746	753
			514
Total	2043	736	765
	100%	100%	100%
			513
NET: 0-3	322	97	95
	16%	13%	12%
			25%
			ab
NET: 4-6	738	261	262
	36%	35%	34%
			40%
			b
NET: 7-10	955	369	400
	47%	50%	52%
		c	c
Base for stats	2015	727	757
Mean Score	5.98	6.21	6.26
		c	c
Standard Deviation	2.367	2.302	2.285
Standard Error	.053	.085	.084
Error variance	*	.01	.01
			.106
			.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	795 39%	436 44%	356 34%	296 48%	361 54%	138 18%	41 42%	109 41%	79 39%	83 38%	63 36%	72 32%	157 49%	119 36%	72 34%
		b		c	ac			f					cdefhi		
Working part time- working between 8 and 29 hours per week	264 13%	68 7%	194 19%	92 15%	108 16%	64 8%	13 14%	44 17%	23 11%	29 14%	18 10%	27 12%	42 13%	41 12%	27 13%
			a	c	c			e							
Self-employed- working 30 hours per week or more	73 4%	42 4%	30 3%	20 3%	28 4%	26 3%	4 4%	9 3%	5 2%	9 4%	9 5%	14 6%	13 4%	4 1%	6 3%
										h	h	h	h		
Self-employed- working between 8 and 29 hours per week	96 5%	34 3%	62 6%	31 5%	34 5%	32 4%	2 2%	11 4%	5 2%	9 4%	11 6%	8 3%	17 5%	21 6%	13 6%
			a											c	
Not working but seeking work or temporarily unemployed or sick	120 6%	52 5%	66 6%	40 6%	51 8%	29 4%	5 5%	14 5%	10 5%	15 7%	10 6%	12 5%	24 7%	21 6%	10 5%
				c	c										
Student	102 5%	39 4%	62 6%	100 16%	2 *	1 *	6 6%	15 6%	4 2%	15 7%	9 5%	9 4%	28 9%	11 3%	6 3%
			a	bc				c		ci			cfhi		
Not working and not seeking work	178 9%	39 4%	137 13%	38 6%	83 12%	57 7%	11 12%	25 9%	20 10%	23 11%	9 5%	17 8%	22 7%	36 11%	14 7%
			a		ac		e			e				e	
Retired	415 20%	286 29%	129 12%	2 *	3 *	410 54%	15 16%	38 14%	55 27%	34 16%	48 27%	66 29%	19 6%	79 24%	63 30%
		b				ab	g	g	abdg	g	abdg	abdg		bdg	abdg

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	795 39%	109 60% defh	235 56% defh	257 51% efh	105 46% efh	78 37% fh	11 2% defh	601 55% defh	194 21% f	637 37%	24 53% a	77 46% a	39 51% a	3 45%	5 30%	149 47% a
Working part time- working between 8 and 29 hours per week	264 13%	24 13% f	60 14% f	68 14% f	36 16% f	66 31% abcdfgh	10 2% f	153 14% f	111 12% f	214 13%	5 11%	25 15%	12 15%	1 22%	5 27%	48 15%
Self-employed- working 30 hours per week or more	73 4%	12 7% fh	20 5% fh	23 5% fh	8 4% f	7 3% f	2 * fh	55 5% fh	18 2% f	55 3%	3 7%	8 5%	4 5%	1 12%	- -	16 5%
Self-employed- working between 8 and 29 hours per week	96 5%	13 7% fh	28 7% fh	30 6% fh	13 6% fh	10 5% f	2 * fh	71 6% fh	25 3% f	72 4%	3 7%	12 7%	7 10% a	- -	1 4%	24 7% a
Not working but seeking work or temporarily unemployed or sick	120 6%	7 4%	7 2%	21 4% b	10 4% b	14 7% bg	60 12% abcdeg	35 3% abcdeg	84 9% abcdg	94 5%	4 9%	9 6%	6 8%	1 10%	3 15%	23 7%
Student	102 5%	5 3% f	15 4% f	54 11% abefgh	17 7% abfh	8 4% f	3 1% abfh	75 7% abfh	27 3% f	63 4%	4 9%	22 13% a	7 9% a	1 11%	2 10%	36 12% a
Not working and not seeking work	178 9%	5 3%	24 6% c	15 3%	22 10% acg	18 8% acg	93 19% abcdegh	45 4% abcdeg	133 14% abceg	162 10% dg	1 1%	12 7% d	1 1%	- -	2 8%	15 5%
Retired	415 20%	8 4%	28 7%	32 6%	18 8%	12 5%	318 64% abcdegh	68 6% abcdeg	347 37% abcdeg	409 24% bcdg	1 3%	1 1%	2 2%	- -	1 5%	5 1%



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	795	389	199	172	371	53	40	652	18	9	2	9	2	5	5	93
	39%	30%	56%	53%	55%	62%	60%	94%	8%	15%	3%	7%	2%	3%	1%	61%
		a	a	a	a	defghij	defghij	abdefghijk	hij	f hij		ij				defghij
Working part time- working between 8 and 29 hours per week	264	142	52	62	114	27	20	12	190	4	2	4	2	3	1	47
	13%	11%	15%	19%	17%	31%	31%	2%	80%	6%	2%	3%	2%	1%	*	31%
		a	a	a	a	cefg hij	cefg hij	j	abcefg hijk	cij	j	j	j			cefg hij
Self-employed- working 30 hours per week or more	73	44	12	11	24	-	4	13	7	35	10	1	-	2	-	4
	4%	3%	3%	4%	3%	-	7%	2%	3%	58%	15%	1%	-	1%	-	3%
							acghij	j	j	abcd fghijk	acd ghijk					j
Self-employed- working between 8 and 29 hours per week	96	50	23	18	41	1	2	8	18	4	55	7	-	2	1	3
	5%	4%	6%	6%	6%	1%	2%	1%	7%	6%	77%	6%	-	1%	*	2%
				a	a		j		achijk	chij	abcdeghijk	chij				
Not working but seeking work or temporarily unemployed or sick	120	78	14	21	35	1	-	5	-	4	2	91	1	13	2	1
	6%	6%	4%	6%	5%	1%	-	1%	-	7%	3%	70%	1%	7%	*	1%
										bcdhjk	d	abcde fghijk		abcdhjk		
Student	102	60	20	10	30	1	-	-	5	3	1	2	90	1	-	1
	5%	5%	6%	3%	4%	1%	-	-	2%	4%	1%	1%	93%	1%	-	1%
						c			cj	cjk	c	cj	abcde fgijk	c		
Not working and not seeking work	178	113	31	28	59	3	-	1	1	2	-	16	1	152	2	3
	9%	9%	9%	9%	9%	4%	-	*	1%	3%	-	12%	1%	82%	*	2%
						cdj				c		abcde fghjk		abcde fghjk		c

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Retired

	Children aged 15 or under in the household				Current employment status										
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed							Student		Retired	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
415	404	6	1	7	-	-	-	-	1	-	-	1	8	406	-
20%	32%	2%	*	1%	-	-	-	-	1%	-	-	1%	4%	97%	-
	bcd								c			c	cdgk	abcdefghik	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
795	360	245	70	16	315	377	437	162	78	22	239	460	99	444	226	26	696
39%	71%	73%	39%	40%	61%	69%	75%	69%	35%	55%	52%	74%	29%	39%	46%	32%	41%
	cde	cde			cd	cde	bcde	ce		c	c	cde		a	abde		a
264	125	53	25	9	78	134	118	47	40	9	87	128	30	141	81	12	234
13%	25%	16%	14%	22%	15%	24%	20%	20%	18%	22%	19%	21%	9%	12%	16%	14%	14%
	bce				bce	bce									ab		a
73	7	17	33	5	50	12	12	13	37	4	50	16	19	29	21	3	54
4%	1%	5%	18%	12%	10%	2%	2%	5%	17%	10%	11%	3%	6%	3%	4%	4%	3%
		af	abef	af	abf			af	abef	af	abf		be				
96	9	18	47	7	65	16	8	10	60	2	70	11	16	55	19	6	81
5%	2%	5%	26%	17%	13%	3%	1%	4%	27%	5%	15%	2%	5%	5%	4%	8%	5%
		af	abef	abf	abf			af	abdef		abf						
120	1	1	3	4	4	5	1	2	3	2	6	3	23	59	33	5	97
6%	*	*	2%	9%	1%	1%	*	1%	2%	6%	1%	1%	7%	5%	7%	6%	6%
			a	abcef					a	abef	a						
102	3	1	2	1	3	4	2	2	2	-	4	2	9	19	53	21	93
5%	1%	*	1%	2%	1%	1%	*	1%	1%	-	1%	*	3%	2%	11%	25%	5%
														abe	abce		ab
178	1	1	-	-	1	1	-	-	1	1	1	1	27	98	46	7	151
9%	*	*	-	-	*	*	-	-	1%	2%	*	*	8%	9%	9%	9%	9%
										abf							
415	-	-	-	-	-	-	-	-	-	-	-	-	116	284	13	2	300
20%	-	-	-	-	-	-	-	-	-	-	-	-	34%	25%	3%	2%	18%
													bcde	cde			cd

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	795	183	502	82	103	17	593	188	11	676	119	680	108
	39%	48%	39%	31%	26%	27%	44%	29%	16%	42%	28%	39%	37%
		b		f			abcef	f		b			
Working part time- working between 8 and 29 hours per week	264	51	179	31	48	3	176	74	9	213	51	227	36
	13%	13%	14%	12%	12%	5%	13%	11%	12%	13%	12%	13%	12%
Self-employed- working 30 hours per week or more	73	21	32	11	23	6	33	39	2	51	22	51	21
	4%	5%	2%	4%	6%	9%	2%	6%	3%	3%	5%	3%	7%
		b		d	d	d		d		a		a	
Self-employed- working between 8 and 29 hours per week	96	25	52	18	17	8	57	38	5	66	30	77	17
	5%	7%	4%	7%	4%	12%	4%	6%	7%	4%	7%	4%	6%
		b				bd				a			
Not working but seeking work or temporarily unemployed or sick	120	15	78	23	25	6	64	50	5	97	22	85	33
	6%	4%	6%	9%	6%	10%	5%	8%	7%	6%	5%	5%	11%
				d				d				a	
Student	102	19	68	20	7	5	63	31	1	80	22	84	17
	5%	5%	5%	8%	2%	8%	5%	5%	1%	5%	5%	5%	6%
				bdf		bf	b	b					
Not working and not seeking work	178	36	114	55	55	9	80	91	25	149	29	148	25
	9%	9%	9%	21%	14%	14%	6%	14%	36%	9%	7%	9%	9%
				bde	d	d		d	abcde				
Retired	415	32	264	23	118	10	271	137	13	292	123	377	37
	20%	8%	21%	9%	30%	15%	20%	21%	18%	18%	29%	22%	13%
			a		acdef		a	a	a	a	a	b	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	795	88	79	127	148	107	107	39	101	461	247	147	252	297	91	234	221	245	86
	39%	25%	36%	40%	43%	49%	44%	43%	39%	42%	42%	31%	42%	42%	37%	38%	42%	38%	37%
			a	a	a	abchi	a	a	a	a	a		a	a					
Working part time- working between 8 and 29 hours per week	264	26	28	51	52	30	33	10	33	161	76	62	75	96	24	69	69	89	33
	13%	7%	13%	16%	15%	14%	14%	11%	13%	15%	13%	13%	13%	14%	10%	11%	13%	14%	14%
			a	a	a	a	a		a	a	a								
Self-employed- working 30 hours per week or more	73	4	9	18	11	9	5	4	12	47	22	19	27	17	9	19	26	20	7
	4%	1%	4%	6%	3%	4%	2%	5%	5%	4%	4%	4%	5%	2%	4%	3%	5%	3%	3%
			a	af		a		a	a	a	a		c						
Self-employed- working between 8 and 29 hours per week	96	16	13	14	20	8	12	4	10	54	26	24	38	23	11	31	28	30	8
	5%	5%	6%	4%	6%	4%	5%	4%	4%	5%	4%	5%	6%	3%	4%	5%	5%	5%	3%
													c						
Not working but seeking work or temporarily unemployed or sick	120	26	17	19	19	15	12	1	11	69	24	43	36	24	14	34	25	37	21
	6%	7%	8%	6%	5%	7%	5%	1%	4%	6%	4%	9%	6%	3%	6%	6%	5%	6%	9%
		gj	gj		g	g				g		c	c						b
Student	102	15	10	16	19	14	11	3	14	59	28	38	25	25	9	40	26	22	5
	5%	4%	4%	5%	6%	6%	5%	3%	5%	5%	5%	8%	4%	3%	4%	7%	5%	3%	2%
												bcd				cd			
Not working and not seeking work	178	53	17	27	24	9	22	7	20	76	49	54	53	52	16	43	51	46	34
	9%	15%	8%	8%	7%	4%	9%	7%	8%	7%	8%	12%	9%	7%	6%	7%	10%	7%	14%
		bcdefhij		e		e				e		cd							ac
Retired	415	124	44	49	53	27	40	23	55	173	118	80	87	174	74	137	78	160	40
	20%	35%	20%	15%	15%	12%	17%	25%	21%	16%	20%	17%	15%	25%	30%	23%	15%	25%	17%
		bcdefhij	e					cdei	ei		ei			ab	ab	b		bd	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Working full time- working 30 hours per week or more	795	346	264	179
	39%	47%	34%	35%
		bc		
Working part time- working between 8 and 29 hours per week	264	100	106	56
	13%	14%	14%	11%
Self-employed- working 30 hours per week or more	73	27	25	20
	4%	4%	3%	4%
Self-employed- working between 8 and 29 hours per week	96	33	36	27
	5%	5%	5%	5%
Not working but seeking work or temporarily unemployed or sick	120	41	40	36
	6%	6%	5%	7%
Student	102	47	25	25
	5%	6%	3%	5%
		b		
Not working and not seeking work	178	40	82	52
	9%	5%	11%	10%
			a	a
Retired	415	102	188	117
	20%	14%	25%	23%
			a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	85	26	57	42	31	13	6	7	6	11	7	11	12	22	5
	4%	3%	5%	7%	5%	2%	6%	2%	3%	5%	4%	5%	4%	7%	3%
			a	c	c									bi	
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66	31	35	29	28	9	5	7	7	5	4	5	23	8	2
	3%	3%	3%	5%	4%	1%	5%	3%	4%	2%	2%	2%	7%	3%	1%
				c	c		i						bdefhi		
Working full time- working 30 hours per week or more	690	379	309	250	321	119	34	100	67	73	54	64	131	104	63
	34%	38%	30%	40%	48%	16%	35%	38%	34%	34%	30%	28%	41%	31%	30%
		b		c	ac			f					efhi		
Working part time- working between 8 and 29 hours per week	239	75	165	85	98	56	9	45	15	32	17	22	37	37	26
	12%	7%	16%	14%	15%	7%	9%	17%	8%	15%	9%	10%	12%	11%	12%
			a	c	c			acef		c					
Self-employed- working 30 hours per week or more	61	34	25	24	19	19	4	3	9	8	8	9	10	4	7
	3%	3%	2%	4%	3%	3%	4%	1%	5%	4%	4%	4%	3%	1%	3%
									bh	b	bh	b			
Self-employed- working between 8 and 29 hours per week	71	23	48	16	27	28	3	9	3	6	9	6	14	11	10
	3%	2%	5%	3%	4%	4%	3%	3%	2%	3%	5%	3%	4%	3%	5%
			a								c				
Not working but seeking work or temporarily unemployed or sick	130	55	74	38	60	31	5	17	14	17	10	8	28	19	12
	6%	6%	7%	6%	9%	4%	5%	6%	7%	8%	6%	3%	9%	6%	6%
					ac					f			f		
Student	97	37	59	95	2	1	5	15	5	11	9	11	26	10	5
	5%	4%	6%	15%	*	*	5%	6%	2%	5%	5%	5%	8%	3%	2%
			a	bc									chi		
Not working and not seeking work	185	43	140	38	78	69	12	25	18	22	12	21	20	41	15
	9%	4%	14%	6%	12%	9%	12%	10%	9%	10%	7%	9%	6%	12%	7%
			a		a	a	g							eg	
Retired	417	291	126	1	5	411	15	38	55	32	48	69	19	75	66
	20%	29%	12%	*	1%	54%	16%	14%	28%	15%	27%	31%	6%	23%	32%
		b				ab	g	g	abdg	g	abdg	abdgh		bdg	abdgh

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

	Gender		Age			Region								
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	a	b	c	d	e	f	g	h	i
2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
152	58	92	71	59	21	10	13	13	15	10	16	35	30	8
7%	6%	9%	12%	9%	3%	11%	5%	7%	7%	6%	7%	11%	9%	4%
	a	a	c	c		i						bei	i	



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	85	16	11	20	20	16	2	47	38	71	5	9	1	-	-	14
	4%	9%	3%	4%	9%	7%	*	4%	4%	4%	10%	5%	1%	-	-	5%
		bcfgh	f	f	bcfgh	bcfgh		f	f		ad					
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66	11	14	22	11	6	2	47	19	43	4	9	8	-	3	24
	3%	6%	3%	4%	5%	3%	*	4%	2%	2%	9%	6%	10%	-	15%	8%
		fh	f	fh	fh	f		fh	f		a	a	a			a
Working full time- working 30 hours per week or more	690	93	222	225	79	69	3	540	150	554	17	67	37	4	3	127
	34%	51%	53%	45%	34%	33%	1%	49%	16%	32%	37%	40%	48%	57%	14%	40%
		defh	cdefh	defh	fh	fh		defh	f			a	a			a
Working part time- working between 8 and 29 hours per week	239	21	61	64	29	60	5	146	93	196	5	24	10	1	3	42
	12%	11%	15%	13%	13%	28%	1%	13%	10%	11%	10%	15%	13%	11%	15%	13%
		f	fh	f	f	abcdfgh		fh	f							
Self-employed- working 30 hours per week or more	61	9	12	21	10	6	3	43	19	45	2	7	2	-	1	13
	3%	5%	3%	4%	4%	3%	1%	4%	2%	3%	4%	4%	2%	-	8%	4%
		fh	f	fh	fh	f		fh	f							
Self-employed- working between 8 and 29 hours per week	71	9	19	24	12	5	3	52	19	56	2	8	3	-	1	14
	3%	5%	5%	5%	5%	2%	1%	5%	2%	3%	4%	5%	4%	-	5%	4%
		fh	fh	fh	fh	f		fh	f							
Not working but seeking work or temporarily unemployed or sick	130	8	12	21	8	16	64	40	89	104	5	8	6	-	4	24
	6%	4%	3%	4%	4%	8%	13%	4%	9%	6%	11%	5%	8%	-	23%	7%
						bcdg	abcdegh		abcdg							
Student	97	3	15	53	16	8	3	71	26	58	5	21	7	1	1	35
	5%	2%	4%	11%	7%	4%	1%	6%	3%	3%	11%	12%	9%	22%	6%	11%
			f	abefgh	afh	f		abfh	f		a	a	a			a
Not working and not seeking work	185	6	23	21	25	15	96	50	136	169	1	11	2	-	2	15
	9%	3%	5%	4%	11%	7%	19%	4%	14%	10%	1%	7%	3%	-	8%	5%
					abcg		abcdegh		abceg							
Retired	417	7	29	31	20	12	319	66	351	411	1	2	2	1	1	6
	20%	4%	7%	6%	9%	6%	64%	6%	37%	24%	3%	1%	2%	10%	5%	2%
					a		abcdegh		abcdeg							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

	Social Grade								Ethnicity						
Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
	a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
152	27	26	42	31	22	4	95	57	114	9	18	8	-	3	38
7%	15%	6%	8%	14%	10%	1%	9%	6%	7%	19%	11%	11%	-	15%	12%
	bcdgh	f	f	bcdgh	fh		fh	f		a	a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	85	42	19	22	41	85	-	-	-	-	-	-	-	-	-	85
	4%	3%	5%	7%	6%	100%	-	-	-	-	-	-	-	-	-	56%
				a	a	bcdefghijk										bcdefghijk
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66	37	11	12	23	-	66	-	-	-	-	-	-	-	-	66
	3%	3%	3%	4%	3%	-	100%	-	-	-	-	-	-	-	-	44%
							acdefghijk									acdefghijk
Working full time- working 30 hours per week or more	690	330	184	146	330	-	-	690	-	-	-	-	-	-	-	-
	34%	26%	52%	45%	48%	-	-	100%	-	-	-	-	-	-	-	-
			a	a	a			abdefghijk								
Working part time- working between 8 and 29 hours per week	239	111	55	65	120	-	-	-	239	-	-	-	-	-	-	-
	12%	9%	16%	20%	18%	-	-	-	100%	-	-	-	-	-	-	-
			a	a	a			abcefgghijk								
Self-employed- working 30 hours per week or more	61	36	8	12	20	-	-	-	-	61	-	-	-	-	-	-
	3%	3%	2%	4%	3%	-	-	-	-	100%	-	-	-	-	-	-
										abdefghijk						
Self-employed- working between 8 and 29 hours per week	71	45	11	12	22	-	-	-	-	-	71	-	-	-	-	-
	3%	4%	3%	4%	3%	-	-	-	-	-	100%	-	-	-	-	-
											abcdeghijk					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working but seeking work or temporarily unemployed or sick	130	90	14	22	37	-	-	-	-	-	-	130	-	-	-	-
	6%	7%	4%	7%	5%	-	-	-	-	-	-	100%	-	-	-	-
		b										abcdehijk				
Student	97	56	20	9	29	-	-	-	-	-	-	-	97	-	-	-
	5%	4%	6%	3%	4%	-	-	-	-	-	-	-	100%	-	-	-
												abcdehijk				
Not working and not seeking work	185	127	29	23	52	-	-	-	-	-	-	-	-	185	-	-
	9%	10%	8%	7%	8%	-	-	-	-	-	-	-	-	100%	-	-
														abcdehijk		
Retired	417	407	6	1	7	-	-	-	-	-	-	-	-	-	417	-
	20%	32%	2%	*	1%	-	-	-	-	-	-	-	-	-	100%	-
		bcd												abcdehijk		
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	152	79	30	34	63	85	66	-	-	-	-	-	-	-	-	152
	7%	6%	8%	10%	9%	100%	100%	-	-	-	-	-	-	-	-	100%
				a	a	cdefghij	cdefghij									cdefghij

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	85 4%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	12 4%	37 3%	34 7% abe	2 3%	73 4%
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66 3%	29 6%	29 9% c	5 3%	1 2%	34 7% c	30 5%	21 4%	27 11% acf	13 6%	3 7%	40 9% af	24 4%	8 2%	36 3%	17 4%	5 6%	58 3%
Working full time- working 30 hours per week or more	690 34%	340 67% cde	226 67% cde	76 42%	18 43%	301 58% cd	358 65% cde	421 73% bcde	145 62% ce	77 35%	22 55% c	223 49% c	444 72% bcde	87 26%	384 34% a	195 40% ab	24 29%	603 35% a
Working part time- working between 8 and 29 hours per week	239 12%	115 23% b	56 17%	41 23%	10 23%	97 19%	125 23% b	114 20%	47 20%	55 25%	8 20%	102 22%	122 20%	28 8%	123 11%	74 15% ab	14 17% a	212 12% a
Self-employed- working 30 hours per week or more	61 3%	12 2%	13 4%	20 11% abef	8 19% abef	33 6% af	20 4%	18 3%	8 4%	24 11% abf	6 15% abf	32 7% af	24 4%	12 3%	30 3%	17 3%	3 4%	50 3%
Self-employed- working between 8 and 29 hours per week	71 3%	10 2%	12 4%	38 21% abef	5 12% abf	50 10% abf	15 3%	6 1%	8 3% af	52 23% abdef	1 3%	59 13% abf	7 1%	15 4%	37 3%	14 3%	6 7% c	57 3%
Not working but seeking work or temporarily unemployed or sick	130 6%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	26 8%	66 6%	33 7%	4 5%	103 6%
Student	97 5%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	7 2%	20 2%	53 11% abe	17 20% abce	90 5% ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working and not seeking work	185 9%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	27 8%	111 10%	41 8%	6 8%	159 9%
Retired	417 20%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	117 35%	284 25%	15 3%	1 2%	300 18%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	152 7%	29 6%	29 9%	5 3%	1 2%	34 7%	30 5%	21 4%	27 11%	13 6%	3 7%	40 9%	24 4%	21 6%	74 7%	51 10%	7 8%	131 8%
			c			c			acf			af				ab		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	85	19	53	13	15	3	57	29	3	65	20	72	14
	4%	5%	4%	5%	4%	5%	4%	4%	4%	4%	5%	4%	5%
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66	22	34	13	13	4	38	27	2	55	11	55	11
	3%	6%	3%	5%	3%	6%	3%	4%	2%	3%	3%	3%	4%
Working full time- working 30 hours per week or more	690	149	445	67	84	13	523	155	9	582	108	591	90
	34%	39%	35%	26%	21%	19%	39%	24%	13%	36%	26%	34%	31%
				f			abcef	f		b			
Working part time- working between 8 and 29 hours per week	239	53	153	31	37	11	155	73	6	194	45	202	37
	12%	14%	12%	12%	9%	17%	12%	11%	8%	12%	11%	12%	12%
Self-employed- working 30 hours per week or more	61	22	25	8	18	4	30	28	2	42	20	45	14
	3%	6%	2%	3%	5%	6%	2%	4%	3%	3%	5%	3%	5%
		b			d	d		d			a		a
Self-employed- working between 8 and 29 hours per week	71	13	41	8	14	1	50	21	3	52	19	59	12
	3%	3%	3%	3%	4%	2%	4%	3%	4%	3%	5%	3%	4%
Not working but seeking work or temporarily unemployed or sick	130	16	85	28	27	5	73	51	7	114	15	97	32
	6%	4%	7%	11%	7%	7%	5%	8%	10%	7%	4%	6%	11%
				d				d		b			a
Student	97	17	65	18	6	5	58	28	1	74	23	81	15
	5%	4%	5%	7%	2%	8%	4%	4%	1%	5%	6%	5%	5%
				b		bf	b	b					

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
									NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness		Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working and not seeking work	185	39	118	54	59	9	84	95	25	154	31	152	29
	9%	10%	9%	20%	15%	14%	6%	15%	36%	9%	8%	9%	10%
				de	d	d		d	abcde				
Retired	417	29	268	23	122	10	270	140	13	292	125	376	41
	20%	8%	21%	9%	31%	15%	20%	22%	18%	18%	30%	22%	14%
			a		acdef		a	a	a		a	b	
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	152	42	87	26	28	7	94	56	5	120	32	127	25
	7%	11%	7%	10%	7%	11%	7%	9%	7%	7%	8%	7%	8%
		b											



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	85	8	7	13	17	10	10	6	14	47	30	23	23	25	13	21	22	29	13
	4%	2%	3%	4%	5%	5%	4%	7%	6%	4%	5%	5%	4%	4%	5%	3%	4%	4%	6%
								a	a		a								
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66	3	10	16	17	3	5	4	8	46	17	23	20	13	9	16	12	30	7
	3%	1%	4%	5%	5%	2%	2%	5%	3%	4%	3%	5%	3%	2%	4%	3%	2%	5%	3%
			a	ae	ae			a		a	a	c						b	
Working full time- working 30 hours per week or more	690	76	69	109	130	93	97	33	82	401	212	116	235	259	71	208	198	205	71
	34%	22%	32%	34%	38%	42%	40%	37%	32%	36%	36%	25%	40%	37%	29%	34%	38%	32%	30%
			a	a	a	abch	a	a	a	a	a		ad	ad			cd		
Working part time- working between 8 and 29 hours per week	239	24	24	52	41	32	32	6	28	150	65	54	73	89	21	66	75	74	23
	12%	7%	11%	16%	12%	15%	13%	7%	11%	14%	11%	12%	12%	13%	8%	11%	14%	11%	10%
				agj	a	a	a			a	a								
Self-employed- working 30 hours per week or more	61	5	9	10	13	9	3	2	10	41	15	14	18	17	13	15	20	19	7
	3%	2%	4%	3%	4%	4%	1%	3%	4%	4%	3%	3%	3%	2%	5%	2%	4%	3%	3%
			f			af				af					c				
Self-employed- working between 8 and 29 hours per week	71	14	5	7	15	5	9	6	10	33	25	10	27	23	10	24	17	24	6
	3%	4%	2%	2%	4%	2%	4%	7%	4%	3%	4%	2%	5%	3%	4%	4%	3%	4%	3%
								c					a						
Not working but seeking work or temporarily unemployed or sick	130	25	18	25	17	14	14	1	15	74	30	56	34	25	12	36	29	37	24
	6%	7%	8%	8%	5%	6%	6%	1%	6%	7%	5%	12%	6%	3%	5%	6%	5%	6%	10%
		g	g	g						g		bcd	c						abc
Student	97	15	10	14	17	14	10	3	14	55	27	34	24	23	7	36	26	19	6
	5%	4%	4%	4%	5%	6%	4%	3%	5%	5%	5%	7%	4%	3%	3%	6%	5%	3%	3%
												bcd				cd			
Not working and not seeking work	185	59	19	25	26	10	21	6	20	80	46	55	53	55	19	46	49	52	34
	9%	17%	9%	8%	7%	5%	9%	6%	8%	7%	8%	12%	9%	8%	8%	8%	9%	8%	15%
		bcd	efghij									c							abc
Retired	417	121	45	50	53	28	40	23	57	176	120	81	86	177	73	138	77	161	41
	20%	34%	21%	15%	15%	13%	17%	25%	22%	16%	20%	17%	15%	25%	30%	23%	15%	25%	18%
		bcd	efghij	e				cdei	cdei		ei			ab	ab	b		bd	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

	Number of days active										Life satisfaction score				Covid-19 related worries			
Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
	a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
152	11	17	29	33	14	15	11	22	93	47	46	43	39	22	37	34	59	20
7%	3%	8%	9%	10%	6%	6%	12%	9%	8%	8%	10%	7%	5%	9%	6%	6%	9%	9%
		a	a	a	a	a	a	a	a	a	c							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Currently furloughed	85	40	25	20
	4%	5%	3%	4%
		b		
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	66	34	16	16
	3%	5%	2%	3%
		b		
Working full time- working 30 hours per week or more	690	282	243	160
	34%	38%	32%	31%
		bc		
Working part time- working between 8 and 29 hours per week	239	87	95	55
	12%	12%	12%	11%
Self-employed- working 30 hours per week or more	61	22	21	17
	3%	3%	3%	3%
Self-employed- working between 8 and 29 hours per week	71	29	28	13
	3%	4%	4%	3%
Not working but seeking work or temporarily unemployed or sick	130	46	39	44
	6%	6%	5%	9%
			b	
Student	97	49	23	19
	5%	7%	3%	4%
		bc		
Not working and not seeking work	185	41	86	53
	9%	6%	11%	10%
			a	a
Retired	417	105	189	116
	20%	14%	25%	23%
			a	a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic

		Amount of activity now compared to last year		
Total		NET: More	About the same	NET: Less
		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	152	74	41	36
	7%	10%	5%	7%
		b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1148	538	606	437	505	206	67	160	112	122	105	102	222	152	106	
Total	1129	543	582	404	493	231	55	163	102	123	91	107	216	165	108	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506 45%	246 45%	259 45%	171 42%	227 46%	108 47%	29 54% g	72 44%	48 47%	60 49%	37 41%	50 47%	83 38%	81 49% g	45 41%	
I mostly travelled to work pre-Covid-19, but now I work more from home	336 30%	164 30%	171 29%	132 33%	141 29%	63 27%	15 27%	57 35% de	27 27%	28 23%	21 23%	31 29%	78 36% de	47 29%	32 30%	
I mostly worked from home pre-Covid-19, and this is mostly still the case	179 16%	83 15%	96 16%	58 14%	75 15%	46 20%	8 14%	22 13%	14 14%	22 18%	21 23% b	15 14%	34 16%	25 15%	19 17%	
I mostly worked from home pre-Covid-19, but now I travel to work more	41 4%	17 3%	23 4%	17 4%	16 3%	8 3%	2 3%	4 2%	5 4%	4 4%	3 4%	2 2%	9 4%	5 3%	8 8% bf	
None of the above	66 6%	32 6%	33 6%	25 6%	34 7% c	7 3%	1 2%	9 5%	8 7%	8 6%	8 9% a	9 9%	12 5%	7 4%	4 4%	
NET: Working from home more during COVID-19	515 46%	248 46%	267 46%	191 47%	216 44%	108 47%	23 42%	79 48%	42 41%	50 41%	42 46%	45 42%	112 52% d	72 44%	51 47%	
NET: Mostly travelling to work during COVID-19	547 49%	263 48%	283 49%	188 46%	244 49%	116 50%	31 57% g	76 46%	53 52%	65 53%	41 45%	52 49%	92 43%	86 52%	53 49%	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	*f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	1148	134	308	356	164	167	19	798	350	903	32	119	59	6	11	227
Total	1129	143	328	357	140	145	15	829	300	893	30	116	59	5	10	220
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506 45%	46 32%	136 41%	139 39%	81 58% abcg	99 68% abcg	6 37%	321 39%	185 62% abcg	420 47% bg	8 27%	45 39%	24 40%	2 50%	3 28%	83 38%
I mostly travelled to work pre-Covid-19, but now I work more from home	336 30%	54 38% deh	111 34% deh	128 36% deh	26 19% e	15 11%	1 9%	294 35% deh	43 14%	262 29%	9 30%	35 30%	21 35%	2 34%	6 59%	72 33%
I mostly worked from home pre-Covid-19, and this is mostly still the case	179 16%	34 23% ceh	57 17% e	51 14%	20 15%	15 10%	3 17%	141 17% e	38 13%	139 16%	6 19%	21 18%	9 16%	1 16%	- -	37 17%
I mostly worked from home pre-Covid-19, but now I travel to work more	41 4%	5 4%	11 3%	16 4%	3 2%	4 3%	2 12%	32 4%	9 3%	22 2%	4 14% ad	11 9% a	1 2%	- -	- -	16 7% a
None of the above	66 6%	4 3%	13 4%	23 7%	9 7%	12 8%	4 24%	41 5%	25 8% abg	50 6%	3 10%	4 3%	4 7%	- -	1 14%	12 5%
NET: Working from home more during COVID-19	515 46%	88 61% cdeh	168 51% deh	179 50% deh	46 33% e	30 21%	4 27%	435 52% deh	81 27%	401 45%	15 49%	56 48%	30 50%	2 50%	6 59%	109 49%
NET: Mostly travelling to work during COVID-19	547 49%	51 36%	147 45%	155 43%	84 60% abcg	103 71% abcdg	7 49%	353 43%	195 65% abcg	443 50%	12 41%	56 48%	25 43%	2 50%	3 28%	99 45%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	f	*g	*h	*i	*j	k
Unweighted Total	1148	634	233	213	446	-	74	699	240	64	71	-	-	-	-	74
Total	1129	559	270	246	515	-	66	690	239	61	71	-	-	-	-	66
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	-	-	-	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506 45%	256 46%	117 44%	110 45%	227 44%	- -	29 44% ef	340 49% ef	115 48% ef	12 19%	10 14%	- -	- -	- -	- -	29 44% ef
I mostly travelled to work pre-Covid-19, but now I work more from home	336 30%	161 29%	81 30%	83 34%	163 32%	- -	29 44% def	226 33% df	56 24%	13 22%	12 17%	- -	- -	- -	- -	29 44% def
I mostly worked from home pre-Covid-19, and this is mostly still the case	179 16%	89 16%	46 17%	34 14%	80 16%	- -	5 7%	76 11%	41 17% bck	20 32% bcdk	38 54% bcdek	- -	- -	- -	- -	5 7%
I mostly worked from home pre-Covid-19, but now I travel to work more	41 4%	18 3%	14 5%	4 2%	19 4%	- -	1 1%	18 3%	10 4%	8 13% bcdk	5 7% c	- -	- -	- -	- -	1 1%
None of the above	66 6%	35 6%	12 4%	14 6%	26 5%	- -	3 4%	31 4%	17 7%	9 14% bck	6 9%	- -	- -	- -	- -	3 4%
NET: Working from home more during COVID-19	515 46%	250 45%	126 47%	117 48%	244 47%	- -	34 51%	301 44%	97 41%	33 53%	50 70% bcdek	- -	- -	- -	- -	34 51%
NET: Mostly travelling to work during COVID-19	547 49%	274 49%	131 49%	115 47%	246 48%	- -	30 45% f	358 52% ef	125 52% ef	20 32%	15 21%	- -	- -	- -	- -	30 45% f

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	1148	523	331	180	42	511	565	591	237	222	42	459	633	163	630	303	52	985
Total	1129	506	336	179	41	515	547	580	235	221	41	456	620	149	610	318	51	979
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506 45%	506 100%	- -	- -	- -	- -	506 92%	390 67%	62 26%	41 19%	7 17%	103 23%	396 64%	62 42%	278 46%	146 46%	20 39%	444 45%
		bcdef					bcde	bcde					bcde					
I mostly travelled to work pre-Covid-19, but now I work more from home	336 30%	- -	336 100%	- -	- -	336 65%	- -	122 21%	139 59%	60 27%	13 31%	199 44%	134 22%	44 29%	179 29%	97 31%	17 32%	293 30%
			acdef			acdf			acdef			acf						
I mostly worked from home pre-Covid-19, and this is mostly still the case	179 16%	- -	- -	179 100%	- -	179 35%	- -	45 8%	26 11%	98 44%	4 10%	124 27%	49 8%	28 19%	97 16%	46 15%	7 14%	151 15%
				abdef		abdf				abdef		abdf						
I mostly worked from home pre-Covid-19, but now I travel to work more	41 4%	- -	- -	- -	41 100%	- -	41 8%	11 2%	4 2%	12 5%	14 35%	15 3%	25 4%	2 2%	25 4%	10 3%	4 7%	39 4%
					abcef		abce			ab	abcef		a				a	
None of the above	66 6%	- -	- -	- -	- -	- -	- -	12 2%	5 2%	10 5%	3 6%	15 3%	15 2%	13 8%	31 5%	18 6%	4 8%	53 5%
NET: Working from home more during COVID-19	515 46%	- -	336 100%	179 100%	- -	515 100%	- -	167 29%	165 70%	158 71%	17 42%	323 71%	183 30%	72 48%	276 45%	143 45%	23 46%	443 45%
			adf	adf		adf			adf	adf		adf						
NET: Mostly travelling to work during COVID-19	547 49%	506 100%	- -	- -	41 100%	- -	547 100%	401 69%	65 28%	53 24%	21 52%	118 26%	422 68%	64 43%	303 50%	156 49%	24 46%	483 49%
		bce			bce		bce	bcde			bce		bcde					



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	*f	a	b	a	b
Unweighted Total	1148	256	705	137	169	34	801	314	24	942	206	956	177
Total	1129	260	698	127	167	32	795	304	21	925	203	952	164
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506 45%	100 38%	339 49% a	45 35%	61 37%	9 29%	389 49% abce	108 36%	7 34%	428 46% b	78 38%	440 46%	64 39%
I mostly travelled to work pre-Covid-19, but now I work more from home	336 30%	92 36% b	197 28%	47 37% d	59 35%	10 32%	224 28%	108 35% d	8 37%	278 30%	58 29%	284 30%	51 31%
I mostly worked from home pre-Covid-19, and this is mostly still the case	179 16%	49 19%	96 14%	28 22% d	34 20% d	7 22%	108 14%	64 21% d	4 21%	136 15%	44 21% a	148 16%	28 17%
I mostly worked from home pre-Covid-19, but now I travel to work more	41 4%	14 6%	22 3%	4 3%	8 5%	4 14% abd	24 3%	16 5%	- -	33 4%	9 4%	33 3%	6 4%
None of the above	66 6%	5 2%	44 6% a	3 3%	6 3%	1 3%	50 6% e	8 3%	2 9%	51 5%	15 7%	46 5%	15 9% a
NET: Working from home more during COVID-19	515 46%	141 54% b	293 42%	75 59% d	92 55% d	18 55%	332 42%	172 57% d	12 58%	414 45%	102 50%	432 45%	79 48%
NET: Mostly travelling to work during COVID-19	547 49%	114 44%	361 52% a	49 39%	69 41%	14 43%	413 52% abe	124 41%	7 34%	461 50%	87 43%	473 50%	70 43%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1148	127	118	198	222	145	148	52	138	683	338	227	384	399	124	339	331	347	118
Total	1129	123	118	194	216	143	146	52	138	671	335	218	373	402	124	329	322	352	114
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506 45%	61 50% cd	62 52% cdi	74 38%	82 38%	66 46%	66 45%	29 55% cd	67 49% d	283 42%	161 48% cd	98 45%	163 44%	185 46%	57 46%	145 44%	129 40%	168 48% b	59 51% b
I mostly travelled to work pre-Covid-19, but now I work more from home	336 30%	32 26%	25 21%	64 33% b	78 36% b	42 30%	44 30%	14 27%	38 28%	209 31% b	96 29%	56 25%	118 32%	127 32%	32 26%	96 29%	94 29%	113 32%	32 28%
I mostly worked from home pre-Covid-19, and this is mostly still the case	179 16%	21 17%	19 17%	34 17%	33 15%	25 17%	24 16%	4 9%	19 14%	110 16%	47 14%	45 21% bc	54 15%	56 14%	21 17%	62 19% cd	61 19% cd	45 13%	10 9%
I mostly worked from home pre-Covid-19, but now I travel to work more	41 4%	4 3%	6 5%	9 5%	7 3%	4 3%	3 2%	1 2%	6 5%	27 4%	11 3%	8 4%	14 4%	11 3%	7 6%	6 2%	10 3%	16 5%	8 7% a
None of the above	66 6%	5 4%	6 5%	13 7%	17 8%	6 4%	9 6%	3 6%	7 5%	41 6%	20 6%	11 5%	23 6%	23 6%	6 5%	19 6%	28 9% c	10 3%	6 5%
NET: Working from home more during COVID-19	515 46%	53 43%	44 38%	98 51% b	110 51% bg	67 47%	68 46%	18 36%	57 41%	319 48% b	143 43%	101 46%	172 46%	183 45%	54 43%	159 48% d	155 48% d	157 45%	42 37%
NET: Mostly travelling to work during COVID-19	547 49%	65 53% d	68 58% cdi	83 43%	89 41%	70 49%	69 47%	30 58% d	73 53% d	310 46%	172 51% d	106 49%	177 48%	196 49%	64 52%	151 46%	139 43%	184 52% b	67 58% ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1148	459	408	269
Total	1129	455	402	261
	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	506	199	200	102
	45%	44%	50%	39%
			c	
I mostly travelled to work pre-Covid-19, but now I work more from home	336	154	93	89
	30%	34%	23%	34%
		b		b
I mostly worked from home pre-Covid-19, and this is mostly still the case	179	69	63	45
	16%	15%	16%	17%
I mostly worked from home pre-Covid-19, but now I travel to work more	41	12	15	13
	4%	3%	4%	5%
None of the above	66	22	31	11
	6%	5%	8%	4%
NET: Working from home more during COVID-19	515	222	156	134
	46%	49%	39%	52%
		b		b
NET: Mostly travelling to work during COVID-19	547	211	214	115
	49%	46%	53%	44%
			ac	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1148	538	606	437	505	206	67	160	112	122	105	102	222	152	106	
Total	1129	543	582	404	493	231	55	163	102	123	91	107	216	165	108	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580	282	296	165	277	139	34	86	55	66	48	59	85	95	52	
	51%	52%	51%	41%	56% a	60% a	63% g	53% g	54% g	54% g	52% g	56% g	39%	58% g	48%	
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235	119	115	124	88	23	7	32	19	23	17	18	71	26	22	
	21%	22%	20%	31% bc	18% c	10%	13%	19%	19%	19%	19%	17%	33% abcdefhi	16%	21%	
I mostly worked flexible hours pre-Covid-19, and this is still the case	221	98	124	68	89	64	9	32	14	27	18	19	42	35	24	
	20%	18%	21%	17%	18%	28% ab	17%	20%	14%	22%	20%	18%	19%	21%	22%	
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41	20	19	23	16	1	1	8	6	3	3	2	9	4	5	
	4%	4%	3%	6% c	3% c	*	1%	5%	6%	2%	3%	2%	4%	2%	5%	
None of the above	52	24	27	23	24	5	3	6	7	5	6	7	10	5	5	
	5%	4%	5%	6% c	5%	2%	5%	3%	7%	4%	6%	7%	4%	3%	4%	
NET: Working more flexible hours during COVID-19	456	217	239	192	177	87	17	63	33	50	35	38	113	61	46	
	40%	40%	41%	48% bc	36%	38%	30%	39%	33%	41%	38%	36%	52% abcdefh	37%	43%	
NET: Mostly working standard hours during COVID 19	620	303	316	188	293	140	35	94	61	68	50	62	93	99	57	
	55%	56%	54%	47%	59% a	60% a	64% g	58% g	60% g	56% g	55% g	58% g	43%	60% g	53%	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	*f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	1148	134	308	356	164	167	19	798	350	903	32	119	59	6	11	227
Total	1129	143	328	357	140	145	15	829	300	893	30	116	59	5	10	220
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580 51%	61 43%	161 49%	188 53%	78 56%	86 59%	5 35%	411 50%	169 56%	490 55%	12 41%	43 37%	23 38%	2 50%	5 47%	85 39%
				a	a	abg			ag	cdg						
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235 21%	41 29%	82 25%	69 19%	26 18%	15 11%	2 11%	193 23%	43 14%	168 19%	7 23%	33 29%	20 33%	1 17%	4 39%	65 29%
		cdeh	eh	e	e			eh				a	a			a
I mostly worked flexible hours pre-Covid-19, and this is still the case	221 20%	32 23%	56 17%	70 20%	27 19%	31 21%	4 29%	159 19%	62 21%	168 19%	8 26%	29 25%	12 20%	1 16%	1 7%	50 23%
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41 4%	5 4%	13 4%	12 3%	4 3%	5 4%	1 9%	30 4%	10 3%	24 3%	2 7%	10 9%	2 4%	- -	- -	14 6%
												a				a
None of the above	52 5%	3 2%	16 5%	17 5%	6 4%	8 6%	2 15%	36 4%	16 5%	43 5%	1 3%	1 1%	3 5%	1 16%	1 7%	6 3%
										c						
NET: Working more flexible hours during COVID-19	456 40%	73 51%	138 42%	140 39%	53 38%	46 32%	6 40%	352 42%	105 35%	336 38%	15 49%	62 53%	32 53%	2 33%	5 46%	114 52%
		cdeh	e					eh				a	a			a
NET: Mostly working standard hours during COVID 19	620 55%	67 47%	174 53%	200 56%	81 58%	91 63%	7 45%	441 53%	179 60%	514 58%	14 48%	53 46%	25 42%	2 50%	5 47%	100 45%
					a	abg		ag		cdg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Children aged 15 or under in the household				Current employment status											NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	f	*g	*h	*i	*j	k
Unweighted Total	1148	634	233	213	446	-	74	699	240	64	71	-	-	-	-	74
Total	1129	559	270	246	515	-	66	690	239	61	71	-	-	-	-	66
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	-	-	-	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580	316	132	113	245	-	21	421	114	18	6	-	-	-	-	21
	51%	57%	49%	46%	48%	-	32%	61%	47%	29%	8%	-	-	-	-	32%
		bcd					f	bdefk	befk	f						f
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235	89	61	75	136	-	27	145	47	8	8	-	-	-	-	27
	21%	16%	23%	30%	26%	-	41%	21%	19%	14%	11%	-	-	-	-	41%
			a	a	a		cdef	f								cdef
I mostly worked flexible hours pre-Covid-19, and this is still the case	221	115	52	38	90	-	13	77	55	24	52	-	-	-	-	13
	20%	21%	19%	15%	17%	-	19%	11%	23%	39%	72%	-	-	-	-	19%
							c		c	bcdk	bcdek					c
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41	16	13	10	22	-	3	22	8	6	1	-	-	-	-	3
	4%	3%	5%	4%	4%	-	4%	3%	3%	10%	2%	-	-	-	-	4%
										cdf						
None of the above	52	23	12	10	22	-	3	24	16	5	5	-	-	-	-	3
	5%	4%	4%	4%	4%	-	4%	3%	7%	8%	7%	-	-	-	-	4%
								c								
NET: Working more flexible hours during COVID-19	456	203	113	113	226	-	40	223	102	32	59	-	-	-	-	40
	40%	36%	42%	46%	44%	-	60%	32%	43%	53%	83%	-	-	-	-	60%
				a	a		cd		c	c	bcdek					cd
NET: Mostly working standard hours during COVID 19	620	332	145	122	267	-	24	444	122	24	7	-	-	-	-	24
	55%	59%	54%	50%	52%	-	36%	64%	51%	39%	10%	-	-	-	-	36%
		cd					f	bdefk	bfk	f						f

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	1148	523	331	180	42	511	565	591	237	222	42	459	633	163	630	303	52	985
Total	1129	506	336	179	41	515	547	580	235	221	41	456	620	149	610	318	51	979
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580 51%	390 77% bcde	122 36% c	45 25%	11 27%	167 32%	401 73% bcde	580 100% bcdef	- - acdef	- - acdef	- - acdef	- - acdf	580 93% bcde	80 53% d	326 53% d	160 50% d	14 28% d	500 51% d
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235 21%	62 12% acdef	139 41% acdef	26 14%	4 9%	165 32% acdf	65 12%	- - acdef	235 100% acdef	- - acdef	- - acdef	235 52% acdf	- - acdf	17 11% a	120 20% a	80 25% a	19 37% abe	218 22% a
I mostly worked flexible hours pre-Covid-19, and this is still the case	221 20%	41 8%	60 18% af	98 55% abdef	12 28% af	158 31% abf	53 10%	- - abdef	- - abdef	221 100% abdef	- - abdf	221 48% abdf	- - abce	42 28% bce	114 19%	52 16%	13 25%	179 18%
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41 4%	7 1%	13 4% a	4 2%	14 35% abcef	17 3% a	21 4% a	- - abcef	- - abcef	- 100% abcef	41 100% abce	- - abce	41 7% abce	2 1% a	25 4% a	11 3% a	3 6% a	39 4% a
None of the above	52 5%	6 1%	3 1%	6 4% b	1 2%	9 2%	7 1%	- - b	- - b	- - b	- - b	- - b	- - b	9 6% b	25 4% b	15 5% b	2 5% b	43 4% b
NET: Working more flexible hours during COVID-19	456 40%	103 20%	199 59% adf	124 69% abdf	15 37% af	323 63% adf	118 22%	- - adf	235 100% adf	221 100% adf	- - adf	456 100% adf	- - adf	59 39% d	234 38% d	132 41% d	32 61% d	397 41% d
NET: Mostly working standard hours during COVID 19	620 55%	396 78% bcde	134 40% c	49 27%	25 61% bce	183 36% c	422 77% bcde	580 100% bce	- - bce	- - bce	41 100% bce	- - bce	620 100% bce	81 54% d	351 57% d	171 54% d	17 34% d	539 55% d

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	*f	a	b	a	b
Unweighted Total	1148	256	705	137	169	34	801	314	24	942	206	956	177
Total	1129	260	698	127	167	32	795	304	21	925	203	952	164
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580	98	398	53	76	8	443	127	9	485	95	504	72
	51%	38%	57%	42%	45%	24%	56%	42%	41%	52%	47%	53%	44%
			a		c		abce	c				b	
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235	91	122	40	37	11	149	82	5	195	40	206	28
	21%	35%	17%	32%	22%	34%	19%	27%	25%	21%	20%	22%	17%
		b		d		d		d					
I mostly worked flexible hours pre-Covid-19, and this is still the case	221	56	117	25	41	12	140	74	5	168	54	178	41
	20%	21%	17%	20%	25%	38%	18%	24%	25%	18%	26%	19%	25%
					d	ad		d			a		
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41	9	28	5	6	1	27	11	1	34	6	30	10
	4%	3%	4%	4%	4%	2%	3%	4%	5%	4%	3%	3%	6%
												a	
None of the above	52	6	33	3	6	1	37	10	1	43	9	35	14
	5%	2%	5%	3%	4%	3%	5%	3%	5%	5%	4%	4%	8%
												a	
NET: Working more flexible hours during COVID-19	456	147	239	66	79	23	289	156	11	362	94	383	69
	40%	56%	34%	52%	47%	72%	36%	51%	50%	39%	46%	40%	42%
		b		d	d	abde		d					
NET: Mostly working standard hours during COVID 19	620	107	426	58	82	8	470	138	10	520	101	534	82
	55%	41%	61%	46%	49%	26%	59%	45%	46%	56%	50%	56%	50%
			a	c	c		abce	c					



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1148	127	118	198	222	145	148	52	138	683	338	227	384	399	124	339	331	347	118
Total	1129	123	118	194	216	143	146	52	138	671	335	218	373	402	124	329	322	352	114
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580 51%	77 63% cdei	66 56%	90 46%	100 46%	63 44%	75 52%	26 50%	83 60% cdei	319 48%	184 55% ei	102 47%	185 50%	221 55% a	66 53%	185 56% bd	146 45%	191 54% b	50 44%
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235 21%	9 7%	21 18% a	46 24% a	53 25% ah	44 31% abhj	30 21% a	11 21% a	21 15% a	164 24% ahj	62 19% a	51 23% b	61 16%	90 22% b	33 27% b	63 19%	66 21%	80 23%	26 22%
I mostly worked flexible hours pre-Covid-19, and this is still the case	221 20%	29 24%	22 19%	37 19%	36 17%	29 20%	30 20%	11 22%	27 20%	124 19%	68 20%	48 22% cd	89 24% cd	63 16%	17 13%	56 17%	75 23% a	65 18%	25 22%
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41 4%	2 1%	6 5%	9 5%	11 5%	5 3%	4 3%	1 2%	4 3%	30 4%	9 3%	8 4%	16 4%	12 3%	4 3%	12 4%	10 3%	10 3%	8 7% bc
None of the above	52 5%	6 5%	3 3%	12 6% e	16 7% eh	2 2%	7 5%	3 5%	3 2%	34 5%	13 4%	9 4%	21 6%	16 4%	4 3%	13 4%	25 8% ac	7 2%	5 4%
NET: Working more flexible hours during COVID-19	456 40%	38 31%	42 36%	84 43% a	89 41%	73 51% abhj	60 41%	22 43%	48 35%	288 43% a	130 39%	99 45%	151 40%	153 38%	49 40%	119 36%	141 44% a	144 41%	50 44%
NET: Mostly working standard hours during COVID 19	620 55%	79 64% cdei	72 61% e	99 51%	111 51%	68 47%	79 54%	27 52%	87 63% cdei	349 52%	192 57% e	110 51%	201 54%	233 58%	70 57%	198 60% b	156 48%	201 57% b	59 51%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1148	459	408	269
Total	1129	455	402	261
	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	580	220	222	133
	51%	48%	55%	51%
			a	
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	235	112	68	54
	21%	25%	17%	21%
		b		
I mostly worked flexible hours pre-Covid-19, and this is still the case	221	88	71	59
	20%	19%	18%	23%
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	41	22	10	7
	4%	5%	3%	3%
None of the above	52	13	31	6
	5%	3%	8%	2%
			ac	
NET: Working more flexible hours during COVID-19	456	200	140	113
	40%	44%	35%	44%
		b		b
NET: Mostly working standard hours during COVID 19	620	242	232	141
	55%	53%	58%	54%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

		Gender		Age			Region									
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199	
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	338	191	147	48	81	208	23	55	38	29	28	39	37	56	35	
	17%	19%	14%	8%	12%	28%	24%	21%	19%	13%	16%	17%	11%	17%	16%	
		b			a	ab	dg	dg	g					g		
2-3	1130	562	561	304	331	494	48	122	117	121	102	125	164	199	130	
	55%	56%	54%	49%	50%	65%	49%	46%	59%	56%	58%	55%	51%	60%	62%	
						ab			b	b	b	b		abg	abg	
4-5	493	213	276	211	233	49	21	74	39	52	40	55	105	66	43	
	24%	21%	27%	34%	35%	7%	22%	28%	19%	24%	23%	24%	33%	20%	20%	
			a	c	c			ch					acdefhi			
6+	82	30	53	55	23	4	5	15	6	14	7	7	15	10	3	
	4%	3%	5%	9%	3%	1%	5%	6%	3%	7%	4%	3%	5%	3%	2%	
		a	a	bc	c			i		i			i			
NET: Lives with others	1705	805	890	569	587	548	74	211	162	187	149	187	284	275	176	
	83%	81%	86%	92%	88%	72%	76%	79%	81%	87%	84%	83%	89%	83%	84%	
			a	bc	c					ab			abch			
Base for stats	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210	
Mean Score	2.79	2.63	2.93	3.42	3.09	2.00	2.69	2.82	2.60	3.02	2.74	2.70	3.17	2.61	2.55	
			a	bc	c			i		cfhi			abcefhi			
Standard Deviation	1.429	1.340	1.499	1.600	1.337	.904	1.575	1.518	1.380	1.608	1.462	1.340	1.499	1.252	1.158	
Standard Error	.032	.043	.046	.061	.050	.035	.146	.094	.096	.110	.105	.092	.081	.073	.082	
Error variance	*	*	*	*	*	*	.02	.01	.01	.01	.01	.01	.01	.01	.01	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	338	18	43	95	15	18	148	157	182	308	8	6	9	2	2	27
	17%	10%	10%	19%	7%	9%	30%	14%	19%	18%	16%	4%	11%	34%	10%	9%
				abdeg			abcdegh	de	abdeg	cg	c		c			c
2-3	1130	104	231	252	124	115	303	587	542	974	18	74	44	3	7	146
	55%	57%	55%	50%	54%	54%	61%	53%	58%	57%	38%	45%	57%	44%	36%	46%
							cg		cg	bcg			b			
4-5	493	52	129	129	78	65	40	310	183	385	17	55	19	2	7	99
	24%	29%	31%	26%	34%	31%	8%	28%	19%	23%	36%	33%	24%	23%	41%	32%
		fh	fh	fh	cfh	fh		fh	f		a	a				a
6+	82	8	15	26	12	14	8	49	34	39	5	30	5	-	2	43
	4%	4%	4%	5%	5%	7%	2%	4%	4%	2%	10%	18%	7%	-	13%	14%
		f		f	f	fh		f	f		a	ad	a			a
NET: Lives with others	1705	164	375	407	214	194	351	946	759	1398	39	160	69	5	16	288
	83%	90%	90%	81%	93%	91%	70%	86%	81%	82%	84%	96%	89%	66%	90%	91%
		cfh	cfh	f	cfgh	cfgh		cfh	f			abdg				a
Base for stats	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
Mean Score	2.79	3.02	3.02	2.90	3.20	3.13	2.06	2.96	2.58	2.63	3.52	3.89	3.07	2.67	3.83	3.60
		fh	fh	fh	cfgh	cfh		fh	f		a	ad	a			ad
Standard Deviation	1.429	1.538	1.315	1.529	1.404	1.410	1.110	1.453	1.373	1.313	2.040	1.723	1.341	1.458	2.026	1.732
Standard Error	.032	.118	.066	.068	.087	.091	.051	.044	.044	.032	.288	.130	.150	.486	.453	.095
Error variance	*	.01	*	*	.01	.01	*	*	*	*	.08	.02	.02	.24	.21	.01

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D8. Including yourself, how many people in total live in your household?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	338	326	4	-	4	12	8	87	28	12	15	26	7	27	117	21
	17%	25%	1%	-	1%	14%	13%	13%	12%	19%	20%	20%	7%	14%	28%	14%
		bcd								h	h	cdh			abcdhik	
2-3	1130	801	248	43	291	37	36	384	123	30	37	66	20	111	284	74
	55%	63%	70%	13%	43%	44%	54%	56%	52%	48%	52%	51%	21%	60%	68%	48%
		cd	acd		c	h	h	ah	h	h	h	h		ahk	abcdefghk	h
4-5	493	135	90	240	330	34	17	195	74	17	14	33	53	41	15	51
	24%	11%	25%	74%	48%	39%	26%	28%	31%	28%	19%	25%	54%	22%	4%	34%
			a	abd	ab	cfgij	j	j	ij	j	j	j	abcdegijk	j		fij
6+	82	19	15	40	55	2	5	24	14	3	6	4	17	6	1	7
	4%	1%	4%	12%	8%	2%	7%	3%	6%	5%	8%	3%	17%	3%	*	4%
			a	abd	ab	j	j	j	j	j	cj	j	abcdegijk	j		j
NET: Lives with others	1705	955	353	323	676	73	58	603	212	50	57	103	90	159	300	131
	83%	75%	99%	100%	99%	86%	87%	87%	88%	81%	80%	80%	93%	86%	72%	86%
			a	a	a	j	j	gj	gj				efgj	j		j
Base for stats	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
Mean Score	2.79	2.19	3.32	4.39	3.83	3.13	3.04	2.95	3.09	2.98	2.87	2.76	4.28	2.71	1.87	3.09
			a	abd	ab	ij	j	ij	gij	j	j	j	abcdegijk	j		gij
Standard Deviation	1.429	1.103	1.136	1.207	1.285	1.421	1.634	1.323	1.401	2.002	1.552	1.462	1.758	1.303	.745	1.513
Standard Error	.032	.030	.064	.071	.052	.150	.190	.050	.090	.250	.184	.121	.162	.091	.041	.118
Error variance	*	*	*	.01	*	.02	.04	*	.01	.06	.03	.01	.03	.01	*	.01

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D8. Including yourself, how many people in total live in your household?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	338	62	44	28	2	72	64	80	17	42	2	59	81	338	-	-	-	-
	17%	12%	13%	16%	6%	14%	12%	14%	7%	19%	4%	13%	13%	100%	-	-	-	-
								b		bdef		b	b	bcde				
2-3	1130	278	179	97	25	276	303	326	120	114	25	234	351	-	1130	-	-	1130
	55%	55%	53%	54%	61%	54%	55%	56%	51%	52%	61%	51%	57%	-	100%	-	-	66%
														acde			acd	
4-5	493	146	97	46	10	143	156	160	80	52	11	132	171	-	-	493	-	493
	24%	29%	29%	26%	24%	28%	29%	28%	34%	24%	27%	29%	28%	-	-	100%	-	29%
									c						abde		abd	
6+	82	20	17	7	4	23	24	14	19	13	3	32	17	-	-	-	82	82
	4%	4%	5%	4%	9%	5%	4%	2%	8%	6%	8%	7%	3%	-	-	-	100%	5%
									af	af		af				abce	abc	
NET: Lives with others	1705	444	293	151	39	443	483	500	218	179	39	397	539	-	1130	493	82	1705
	83%	88%	87%	84%	94%	86%	88%	86%	93%	81%	96%	87%	87%	-	100%	100%	100%	100%
									acef		c	c	c		a	a	a	a
Base for stats	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
Mean Score	2.79	3.02	2.96	2.86	3.28	2.93	3.04	2.88	3.30	2.85	3.33	3.08	2.91	1.00	2.38	4.27	6.78	3.14
									acf		a	af			be	bce	b	
Standard Deviation	1.429	1.438	1.346	1.391	1.698	1.362	1.459	1.349	1.410	1.564	1.317	1.502	1.350	-	.486	.446	1.313	1.300
Standard Error	.032	.063	.074	.104	.262	.060	.061	.055	.092	.105	.203	.070	.054	-	.014	.020	.142	.032
Error variance	*	*	.01	.01	.07	*	*	*	.01	.01	.04	*	*	-	*	*	.02	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	338	-	-	57	86	7	207	124	24	280	59	255	82
	17%	-	-	22%	22%	10%	16%	19%	34%	17%	14%	15%	28%
				cd	cd			d	abcde				a
2-3	1130	223	891	129	229	36	745	360	30	875	255	966	157
	55%	59%	69%	49%	58%	56%	56%	56%	43%	54%	61%	56%	53%
			a		af		af	f			a		
4-5	493	122	353	62	68	18	332	136	11	405	88	435	47
	24%	32%	27%	24%	17%	28%	25%	21%	16%	25%	21%	25%	16%
				b		b	b					b	
6+	82	36	43	15	13	4	52	27	5	65	18	73	8
	4%	9%	3%	6%	3%	6%	4%	4%	7%	4%	4%	4%	3%
		b											
NET: Lives with others	1705	381	1288	206	310	58	1129	524	46	1344	360	1474	212
	83%	100%	100%	78%	78%	90%	84%	81%	66%	83%	86%	85%	72%
				f	f	abf	abef	f				b	
Base for stats	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
Mean Score	2.79	3.54	3.01	2.86	2.52	3.09	2.80	2.71	2.58	2.80	2.73	2.83	2.44
		b		b		be	b	b				b	
Standard Deviation	1.429	1.486	1.213	1.600	1.348	1.631	1.408	1.464	1.668	1.431	1.423	1.422	1.423
Standard Error	.032	.076	.034	.094	.069	.199	.039	.057	.190	.035	.071	.034	.080
Error variance	*	.01	*	.01	*	.04	*	*	.04	*	.01	*	.01

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	338	86	40	50	38	25	32	19	48	153	99	115	97	97	26	103	80	110	42
	17%	25%	19%	15%	11%	11%	13%	22%	19%	14%	17%	25%	16%	14%	10%	17%	15%	17%	18%
		cdefij	de					dei	de		d	bcd	d						
2-3	1130	198	120	173	194	120	135	46	144	607	325	224	312	420	161	327	272	383	139
	55%	56%	55%	54%	56%	55%	56%	52%	56%	55%	55%	48%	53%	59%	65%	54%	52%	59%	59%
														ab	ab			b	
4-5	493	56	51	81	107	63	60	21	54	301	135	105	159	164	55	151	148	136	45
	24%	16%	24%	25%	31%	29%	25%	24%	21%	27%	23%	23%	27%	23%	22%	25%	28%	21%	19%
			a	a	ahj	a	a			ah	a						cd		
6+	82	12	5	17	7	11	15	3	12	41	29	22	26	27	5	27	24	20	8
	4%	3%	2%	5%	2%	5%	6%	3%	5%	4%	5%	5%	4%	4%	2%	4%	5%	3%	3%
				d			d				d								
NET: Lives with others	1705	266	176	271	308	194	210	70	210	949	490	351	497	610	222	504	445	539	192
	83%	75%	81%	85%	89%	89%	87%	78%	81%	86%	83%	75%	84%	86%	90%	83%	85%	83%	82%
				a	abghj	abgh	a			ag	a		a	a	ab				
Base for stats	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
Mean Score	2.79	2.40	2.66	2.88	2.93	3.05	2.97	2.66	2.76	2.89	2.83	2.71	2.87	2.77	2.73	2.79	2.96	2.65	2.64
			a	a	ab	abgh	ab		a	ab	a						cd		
Standard Deviation	1.429	1.326	1.350	1.463	1.359	1.410	1.510	1.337	1.538	1.402	1.500	1.539	1.431	1.423	1.194	1.457	1.514	1.324	1.309
Standard Error	.032	.072	.092	.081	.072	.095	.097	.143	.096	.042	.062	.070	.058	.054	.078	.059	.065	.053	.085
Error variance	*	.01	.01	.01	.01	.01	.01	.02	.01	*	*	*	*	*	.01	*	*	*	.01



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D8. Including yourself, how many people in total live in your household?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Lives alone

2-3

4-5

6+

NET: Lives with others

Base for stats

Mean Score

Standard Deviation

Standard Error

Error variance

Total	Amount of activity now compared to last year		
	NET: More	About the same	NET: Less
	a	b	c
Unweighted Total	2043	746	753
			514
Total	2043	736	765
	100%	100%	100%
			513
Lives alone	338	93	133
	17%	13%	17%
		a	a
2-3	1130	403	437
	55%	55%	57%
			277
4-5	493	204	173
	24%	28%	23%
		bc	
6+	82	36	21
	4%	5%	3%
		b	
NET: Lives with others	1705	643	632
	83%	87%	83%
		bc	
Base for stats	2043	736	765
Mean Score	2.79	2.99	2.69
		bc	
Standard Deviation	1.429	1.460	1.379
Standard Error	.032	.053	.050
Error variance	*	*	*

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1700	765	925	631	601	468	89	206	170	185	164	176	297	248	165
Total	1705	805	890	569	587	548	74	211	162	187	149	187	284	275	176
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	381	169	210	188	132	61	20	41	35	44	38	28	87	54	33
	22%	21%	24%	33%	23%	11%	27%	19%	22%	24%	25%	15%	31%	20%	19%
				bc	c		f			f	f		bcthi		
No	1288	620	661	359	446	482	53	167	125	137	110	156	184	214	141
	76%	77%	74%	63%	76%	88%	71%	79%	78%	73%	74%	83%	65%	78%	80%
					a	ab		g	g	g	g	adeg		g	g
Prefer not to say	36	16	19	22	9	5	2	2	1	5	1	3	13	7	2
	2%	2%	2%	4%	1%	1%	2%	1%	*	3%	1%	1%	5%	2%	1%
				bc									bcei		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Unweighted Total	1700	150	350	408	243	218	331	908	792	1376	41	168	70	6	18	303
Total	1705	164	375	407	214	194	351	946	759	1398	39	160	69	5	16	288
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	381	62	94	79	47	38	61	235	146	276	14	59	23	2	5	103
	22%	38%	25%	19%	22%	20%	17%	25%	19%	20%	37%	37%	33%	34%	30%	36%
		bcdefgh	fh					cfh			a	a	a			a
No	1288	101	277	316	162	149	283	694	593	1105	23	93	46	2	11	175
	76%	62%	74%	78%	76%	77%	81%	73%	78%	79%	60%	58%	67%	49%	65%	61%
			a	a	a	a	abg	a	ag	bcdg						
Prefer not to say	36	1	4	11	6	6	7	17	19	17	1	7	-	1	1	10
	2%	1%	1%	3%	3%	3%	2%	2%	3%	1%	3%	5%	-	17%	4%	3%
												a				a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	1700	1012	310	287	597	77	64	602	210	52	57	116	109	173	240	141
Total	1705	955	353	323	676	73	58	603	212	50	57	103	90	159	300	131
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	381	140	115	109	225	19	22	149	53	22	13	16	17	39	29	42
	22%	15%	33%	34%	33%	27%	38%	25%	25%	45%	23%	15%	19%	25%	10%	32%
			a	a	a	j	cdghij	gj	gj	acdfghij	j		j	j		ghj
No	1288	802	231	208	439	53	34	445	153	25	41	85	65	118	268	87
	76%	84%	66%	64%	65%	72%	59%	74%	72%	50%	73%	82%	73%	74%	89%	67%
		bcd				e		be	e		e	bdek	e	be	abcdefhik	e
Prefer not to say	36	14	6	6	12	1	2	9	5	3	3	3	8	1	3	2
	2%	1%	2%	2%	2%	1%	3%	1%	3%	5%	5%	2%	8%	1%	1%	2%
										j	j		acdgiijk			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	*a	b	c	d	e
1700	452	283	152	40	435	492	503	217	179	40	396	543	-	1123	491	86	1700
1705	444	293	151	39	443	483	500	218	179	39	397	539	-	1130	493	82	1705
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
381	100	92	49	14	141	114	98	91	56	9	147	107	-	223	122	36	381
22%	22%	32% af	32% af	37% a	32% af	24%	20%	42% acdf	31% af	23%	37% af	20%	-	20%	25% b	44% bce	22%
1288	339	197	96	22	293	361	398	122	117	28	239	426	-	891	353	43	1288
76%	76% bcde	67%	64%	56%	66%	75% bcde	80% bce	56%	65%	73% b	60% bce	79%	-	79% cde	72% d	53%	76% d
36	5	3	6	3	9	8	4	5	6	2	12	6	-	15	18	3	36
2%	1%	1%	4% ab	7% abef	2%	2%	1%	2%	4% af	5% a	3% af	1%	-	1%	4% b	4%	2%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	1700	1279	224	300	59	1114	528	50	1351	349	1451	226
Total	1705	1288	206	310	58	1129	524	46	1344	360	1474	212
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	381	-	80	112	22	176	197	16	312	69	347	33
	22%	-	39%	36%	38%	16%	38%	35%	23%	19%	24%	15%
	b		d	d	d		d	d			b	
No	1288	1288	123	197	33	942	320	30	1007	280	1106	173
	76%	100%	60%	64%	57%	83%	61%	65%	75%	78%	75%	82%
		a				abcef						a
Prefer not to say	36	-	3	2	3	11	7	-	26	11	21	6
	2%	-	1%	1%	5%	1%	1%	-	2%	3%	1%	3%
					bde							

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1700	261	175	274	311	197	210	67	205	957	482	364	505	591	213	502	454	520	194
Total	1705	266	176	271	308	194	210	70	210	949	490	351	497	610	222	504	445	539	192
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	381	31	37	81	62	59	56	16	39	239	111	86	121	111	57	93	109	118	56
	22%	12%	21%	30%	20%	30%	27%	23%	19%	25%	23%	25%	24%	18%	26%	19%	25%	22%	29%
			a	abdhj	a	abdhj	a	a	a	ah	a	c	c		c		a		ac
No	1288	227	136	185	241	131	147	54	167	693	368	255	366	491	162	402	324	412	133
	76%	85%	77%	68%	78%	67%	70%	76%	80%	73%	75%	72%	74%	80%	73%	80%	73%	76%	69%
		bcdefij	ce		cef				cefi		ce			abd		bd		d	
Prefer not to say	36	8	3	5	5	5	7	1	3	18	11	10	10	8	2	8	11	9	3
	2%	3%	2%	2%	1%	2%	3%	1%	2%	2%	2%	3%	2%	1%	1%	2%	3%	2%	1%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.**

BASE: All who live with at least one other person

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Unweighted Total	1700	648	619	409
Total	1705	643	632	408
	100%	100%	100%	100%
Yes	381	176	119	85
	22%	27%	19%	21%
		bc		
No	1288	458	501	313
	76%	71%	79%	77%
			a	a
Prefer not to say	36	9	12	10
	2%	1%	2%	2%



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	263	101	155	115	90	58	15	47	26	21	23	23	33	38	36
	13%	10%	15%	19%	13%	8%	15%	18%	13%	10%	13%	10%	10%	12%	17%
			a	bc	c			dgh							dfg
Yes - physical condition or illness	396	201	192	69	119	209	15	68	44	40	37	42	41	62	47
	19%	20%	19%	11%	18%	28%	15%	26%	22%	19%	21%	19%	13%	19%	22%
					a	ab		agh	g		g			g	g
Yes - other	65	31	33	29	21	16	6	11	2	8	4	4	13	9	6
	3%	3%	3%	5%	3%	2%	6%	4%	1%	4%	3%	2%	4%	3%	3%
				c			c								
No	1336	669	665	391	448	497	61	151	131	148	113	155	223	228	126
	65%	67%	64%	63%	67%	66%	63%	57%	66%	69%	64%	69%	69%	69%	60%
									b	b		b	bi	bi	
Prefer not to say	59	26	33	30	20	9	5	5	7	5	4	7	20	3	3
	3%	3%	3%	5%	3%	1%	5%	2%	3%	2%	2%	3%	6%	1%	2%
				c	c		h						bdehi		
NET: Longstanding condition or illness	647	302	339	196	201	251	32	109	62	63	59	64	78	100	81
	32%	30%	33%	32%	30%	33%	33%	41%	31%	29%	34%	28%	24%	30%	39%
								cdgh			g				dfg
NET: Longstanding physical and mental condition or illness	70	28	39	13	27	30	3	16	11	6	5	6	7	9	7
	3%	3%	4%	2%	4%	4%	3%	6%	5%	3%	3%	3%	2%	3%	3%
					a	a		g	g						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	263 13%	22 12%	36 9%	62 12%	32 14%	30 14%	82 16%	120 11%	143 15%	229 13%	7 16%	16 9%	8 10%	1 12%	1 4%	32 10%
				b	b		bg		bg							
Yes - physical condition or illness	396 19%	41 23%	66 16%	73 14%	38 17%	33 16%	145 29%	180 16%	216 23%	355 21%	6 12%	15 9%	15 19%	- -	5 31%	41 13%
		cg					bcdegh		bcdeg	cg			c			
Yes - other	65 3%	9 5%	8 2%	16 3%	5 2%	11 5%	15 3%	34 3%	31 3%	48 3%	4 8%	8 5%	4 5%	- -	1 6%	17 5%
					b				a		a					a
No	1336 65%	113 62%	306 73%	342 68%	153 67%	141 66%	282 56%	761 69%	576 61%	1110 65%	28 60%	121 73%	52 67%	5 66%	11 59%	216 69%
			afh	fh	f	f		fh				a				
Prefer not to say	59 3%	3 2%	8 2%	21 4%	6 3%	7 3%	14 3%	32 3%	27 3%	36 2%	2 4%	8 5%	1 1%	1 22%	1 4%	13 4%
									a		a					a
NET: Longstanding condition or illness	647 32%	67 36%	104 25%	139 28%	70 31%	65 30%	203 41%	310 28%	337 36%	560 33%	16 36%	37 22%	25 32%	1 12%	7 37%	86 27%
		bcg					bcdeg		bcg	cg						
NET: Longstanding physical and mental condition or illness	70 3%	5 3%	7 2%	10 2%	5 2%	9 4%	35 7%	22 2%	49 5%	66 4%	- -	2 1%	2 2%	- -	1 4%	4 1%
							abcdg		bcdg	cg						

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	263 13%	164 13%	55 16%	35 11%	91 13%	13 15%	13 19%	67 10%	31 13%	8 13%	8 12%	28 22%	18 18%	54 29%	23 5%	26 17%
						j	cj	j	j	j		cdj	cj	acdefhjk		cj
Yes - physical condition or illness	396 19%	290 23%	51 14%	42 13%	93 14%	15 18%	13 19%	84 12%	37 16%	18 29%	14 20%	27 21%	6 6%	59 32%	122 29%	28 19%
		bcd				h	h		h	cdh	h	ch		abcdghk	acdhk	ch
Yes - other	65 3%	30 2%	11 3%	14 4%	26 4%	3 4%	4 6%	13 2%	11 5%	4 6%	1 2%	5 4%	5 5%	9 5%	10 2%	7 5%
				a			c		c	c			c	c		c
No	1336 65%	831 65%	238 67%	226 70%	464 68%	57 66%	38 57%	523 76%	155 65%	30 49%	50 69%	73 56%	58 60%	84 45%	270 65%	94 62%
						ei		bdeghijk	ei		ei	i	i		ei	i
Prefer not to say	59 3%	27 2%	9 3%	11 3%	20 3%	- -	2 3%	13 2%	11 5%	3 5%	1 1%	5 4%	11 11%	7 4%	7 2%	2 1%
									acj	a			abcdfgijk			
NET: Longstanding condition or illness	647 32%	423 33%	110 31%	87 27%	197 29%	29 34%	27 41%	155 22%	73 31%	28 46%	21 29%	51 40%	28 29%	95 51%	140 34%	56 37%
		c				c	c		c	cdh		c		acdfghjk	c	c
NET: Longstanding physical and mental condition or illness	70 3%	56 4%	8 2%	4 1%	12 2%	3 4%	2 2%	9 1%	6 2%	2 3%	3 4%	7 6%	1 1%	25 14%	13 3%	5 3%
		cd										ch		abcdfghjk		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	263 13%	45 9%	47 14% af	28 16% af	4 10%	75 15% af	49 9%	53 9%	40 17% af	25 12%	5 13%	66 14% af	58 9%	57 17% be	129 11%	62 13%	15 18%	206 12%
Yes - physical condition or illness	396 19%	61 12%	59 18% af	34 19% af	8 18%	92 18% af	69 13%	76 13%	37 16%	41 19% af	6 16%	79 17%	82 13%	86 25% bce	229 20% c	68 14%	13 16%	310 18% c
Yes - other	65 3%	9 2%	10 3%	7 4%	4 11% abef	18 3%	14 3%	8 1%	11 5% af	12 6% af	1 2%	23 5% af	8 1%	7 2%	36 3%	18 4%	4 5%	58 3%
No	1336 65%	389 77% bcde	224 66%	108 61%	24 57%	332 64%	413 75% bcde	443 76% bce	149 63%	140 63%	27 66%	289 63%	470 76% bce	207 61%	745 66%	332 67%	52 63%	1129 66%
Prefer not to say	59 3%	9 2%	5 1%	6 4%	2 4%	11 2%	10 2%	10 2%	4 2%	8 3%	2 6%	11 2%	13 2%	7 2%	24 2%	25 5% abe	3 4%	52 3%
NET: Longstanding condition or illness	647 32%	108 21%	108 32% af	64 36% af	16 38% af	172 33% af	124 23%	127 22%	82 35% af	74 33% af	11 28%	156 34% af	138 22%	124 37% ce	360 32%	136 28%	27 33%	524 31%
NET: Longstanding physical and mental condition or illness	70 3%	7 1%	8 2%	4 2%	- -	12 2%	7 1%	9 2%	5 2%	5 2%	1 2%	11 2%	10 2%	24 7% bce	30 3%	11 2%	5 6%	46 3%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	Total	a b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380 1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381 1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100% 100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	263	80 123	263	70	4	-	263	70	210	53	224	38
	13%	21% 10%	100%	18%	6%	-	41%	100%	13%	13%	13%	13%
		b	bcde	cd	d		bcd	bcde				
Yes - physical condition or illness	396	112 197	70	396	5	-	396	70	316	80	336	59
	19%	29% 15%	27%	100%	7%	-	61%	100%	19%	19%	19%	20%
		b	cd	acde	d		acd	acde				
Yes - other	65	22 33	4	5	65	-	65	3	50	15	42	22
	3%	6% 3%	2%	1%	100%	-	10%	4%	3%	4%	2%	8%
		b	d	d	abdef		abd	d			a	a
No	1336	176 942	-	-	-	1336	-	-	1064	272	1153	179
	65%	46% 73%	-	-	-	100%	-	-	66%	65%	67%	61%
		a				abcef					b	
Prefer not to say	59	8 26	-	-	-	-	-	-	48	11	38	8
	3%	2% 2%	-	-	-	-	-	-	3%	3%	2%	3%
NET: Longstanding condition or illness	647	197 320	263	396	65	-	647	70	512	135	538	107
	32%	52% 25%	100%	100%	100%	-	100%	100%	32%	32%	31%	36%
		b	d	d	d		d	d				
NET: Longstanding physical and mental condition or illness	70	16 30	70	70	3	-	70	70	58	13	58	11
	3%	4% 2%	27%	18%	4%	-	11%	100%	4%	3%	3%	4%
		b	bcde	cde	d		d	abcde				

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

**D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?**

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	263	45	30	52	36	34	24	12	30	151	66	120	66	53	22	70	65	80	46
	13%	13%	14%	16%	10%	15%	10%	14%	12%	14%	11%	26%	11%	8%	9%	11%	12%	12%	20%
				dfj								bcd	c						abc
Yes - physical condition or illness	396	120	45	62	62	30	30	9	37	200	76	131	110	111	42	92	81	149	73
	19%	34%	21%	19%	18%	14%	12%	10%	14%	18%	13%	28%	19%	16%	17%	15%	15%	23%	31%
		bcdefghij	fgj	fgj	j					fj		bcd						ab	abc
Yes - other	65	11	9	7	9	15	4	-	10	40	14	15	26	15	10	18	19	17	9
	3%	3%	4%	2%	2%	7%	2%	-	4%	4%	2%	3%	4%	2%	4%	3%	4%	3%	4%
						cdgij							c						
No	1336	191	134	207	238	136	183	66	182	715	430	225	389	534	172	430	361	415	114
	65%	54%	62%	65%	69%	62%	76%	74%	71%	65%	73%	48%	66%	76%	69%	71%	69%	64%	49%
				a	a		abcei	ab	ab	a	abcei		a	ab	a	cd	d	d	
Prefer not to say	59	11	4	8	9	11	4	5	7	31	17	9	21	12	8	10	14	15	11
	3%	3%	2%	2%	3%	5%	2%	6%	3%	3%	3%	2%	4%	2%	3%	2%	3%	2%	5%
													c						ac
NET: Longstanding condition or illness	647	151	79	105	99	72	54	18	68	356	141	233	183	161	68	167	149	219	109
	32%	43%	37%	33%	29%	33%	23%	20%	27%	32%	24%	50%	31%	23%	27%	28%	28%	34%	47%
		cdefghij	dghj	fgj		fgj				fgj		bcd	c					a	abc
NET: Longstanding physical and mental condition or illness	70	24	5	16	8	3	4	3	7	32	14	31	17	17	3	13	15	24	18
	3%	7%	2%	5%	2%	2%	2%	3%	3%	3%	2%	7%	3%	2%	1%	2%	3%	4%	8%
		bdefhij		efj								bcd							abc

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Yes - mental condition or illness	263	103	80	78
	13%	14%	10%	15%
		b		b
Yes - physical condition or illness	396	114	136	139
	19%	16%	18%	27%
				ab
Yes - other	65	19	28	16
	3%	3%	4%	3%
No	1336	501	529	292
	65%	68%	69%	57%
		c	c	
Prefer not to say	59	17	21	14
	3%	2%	3%	3%
NET: Longstanding condition or illness	647	218	215	207
	32%	30%	28%	40%
				ab
NET: Longstanding physical and mental condition or illness	70	18	26	25
	3%	2%	3%	5%
				a

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1706	853	844	426	550	731	88	234	178	166	156	204	176	307	198
	84%	86%	81%	69%	82%	97%	90%	88%	89%	77%	88%	91%	55%	93%	94%
		b			a	ab	dg	dg	dg	g	dg	dg		dg	bdeg
Mixed	46	13	33	26	18	2	1	6	2	5	4	4	16	5	2
	2%	1%	3%	4%	3%	*	1%	2%	1%	2%	2%	2%	5%	1%	1%
			a	c	c								cfhi		
Asian	166	84	82	95	66	6	4	21	13	32	8	15	59	9	5
	8%	8%	8%	15%	10%	1%	4%	8%	6%	15%	5%	7%	18%	3%	3%
				bc	c			hi	h	abcefhi		hi	abcefhi		
Black	78	28	50	47	19	11	2	2	3	10	4	2	44	8	3
	4%	3%	5%	8%	3%	1%	2%	1%	2%	4%	2%	1%	14%	2%	2%
			a	bc						bf			abcdefhi		
Chinese	7	4	3	4	3	-	1	-	-	-	2	1	3	-	1
	*	*	*	1%	*	-	1%	-	-	-	1%	*	1%	-	*
				c											
Other ethnic group	18	4	14	8	7	3	1	-	1	1	-	-	14	1	1
	1%	*	1%	1%	1%	*	1%	-	*	*	-	-	4%	*	*
			a										bcd efhi		
Prefer not to answer	22	11	10	13	6	3	1	3	3	2	3	-	9	2	1
	1%	1%	1%	2%	1%	*	1%	1%	1%	1%	2%	-	3%	*	*
				c									fhi		
NET: Non-white	315	133	182	180	113	22	9	28	19	48	18	21	137	22	12
	15%	13%	18%	29%	17%	3%	9%	11%	9%	22%	10%	9%	43%	7%	6%
			a	bc	c					abcefhi			abcdefhi		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Social Grade									Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1706	137	331	388	203	177	469	857	849	1706	-	-	-	-	-	-
	84%	75%	79%	77%	89%	84%	94%	78%	90%	100%	-	-	-	-	-	-
				abcb	acg	abcdegh		abcb		bcdg						
Mixed	46	5	9	18	3	3	7	33	14	-	46	-	-	-	-	46
	2%	3%	2%	4%	1%	2%	1%	3%	1%	-	100%	-	-	-	-	15%
				fh				h			acd					acd
Asian	166	22	55	53	14	14	9	130	37	-	-	166	-	-	-	166
	8%	12%	13%	10%	6%	6%	2%	12%	4%	-	-	100%	-	-	-	53%
		dth	deth	fh	f	f		deth	f			abdg				abd
Black	78	13	16	27	5	11	6	56	21	-	-	-	78	-	-	78
	4%	7%	4%	5%	2%	5%	1%	5%	2%	-	-	-	100%	-	-	25%
		dth	f	dth		fh		dth				abcb				abc
Chinese	7	1	2	2	-	1	-	5	1	-	-	-	-	7	-	7
	*	*	1%	*	-	1%	-	*	*	-	-	-	-	100%	-	2%
																ac
Other ethnic group	18	2	2	7	1	2	4	11	7	-	-	-	-	-	18	18
	1%	1%	*	1%	*	1%	1%	1%	1%	-	-	-	-	-	100%	6%
																acd
Prefer not to answer	22	2	2	7	3	4	5	11	11	-	-	-	-	-	-	-
	1%	1%	1%	1%	1%	2%	1%	1%	1%	-	-	-	-	-	-	-
NET: Non-white	315	44	84	107	23	31	25	235	80	-	46	166	78	7	18	315
	15%	24%	20%	21%	10%	15%	5%	21%	8%	-	100%	100%	100%	100%	100%	100%
		deth	dth	deth	f	fh		deth	f		a	a	a			a

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1706	1138	272	248	520	71	43	554	196	45	56	104	58	169	411	114
	84%	89%	76%	77%	76%	83%	64%	80%	82%	74%	78%	80%	60%	91%	98%	75%
		bcd				bh		bh	bh		h	bh		bcdefghk	abcdeghik	h
Mixed	46	23	8	13	21	5	4	17	5	2	2	5	5	1	1	9
	2%	2%	2%	4%	3%	5%	6%	2%	2%	3%	3%	4%	5%	*	*	6%
				a		ij	dij	j		j	j	ij	ij			cdij
Asian	166	66	50	35	85	9	9	67	24	7	8	8	21	11	2	18
	8%	5%	14%	11%	12%	10%	14%	10%	10%	12%	12%	6%	21%	6%	*	12%
			a	a	a	j	ij	j	j	j	j	j	acdgiijk	j		ij
Black	78	30	22	20	42	1	8	37	10	2	3	6	7	2	2	8
	4%	2%	6%	6%	6%	1%	11%	5%	4%	3%	4%	5%	7%	1%	*	6%
			a	a	a		acdij	ij	j	j	j	ij	aij			ij
Chinese	7	5	-	-	-	-	-	4	1	-	-	-	1	-	1	-
	*	*	-	-	-	-	-	1%	*	-	-	-	2%	-	*	-
Other ethnic group	18	11	2	3	6	-	3	3	3	1	1	4	1	2	1	3
	1%	1%	1%	1%	1%	-	4%	*	1%	2%	1%	3%	1%	1%	*	2%
							cj			cj		cj				c
Prefer not to answer	22	7	3	4	7	-	-	9	2	4	2	2	3	1	-	-
	1%	1%	1%	1%	1%	-	-	1%	1%	6%	2%	1%	3%	1%	-	-
								j		abcdijk	j	j	jk			
NET: Non-white	315	136	82	71	153	14	24	127	42	13	14	24	35	15	6	38
	15%	11%	23%	22%	23%	17%	36%	18%	18%	20%	20%	18%	37%	8%	2%	25%
			a	a	a	ij	acdefgij	ij	ij	ij	ij	ij	acdefgijk	j		ij

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1706	420	262	139	22	401	490	168	168	24	336	514	308	974	385	39	1398
	84%	83%	78%	78%	54%	78%	84%	71%	76%	60%	74%	83%	91%	86%	78%	47%	82%
		de	d	d		d	bcde		d			bcde	bcde	cde	d		d
Mixed	46	8	9	6	4	15	12	7	8	2	15	14	8	18	17	5	39
	2%	2%	3%	3%	10%	3%	2%	3%	3%	5%	3%	2%	2%	2%	3%	6%	2%
				abef											b	b	
Asian	166	45	35	21	11	56	43	33	29	10	62	53	6	74	55	30	160
	8%	9%	10%	12%	26%	11%	7%	14%	13%	25%	14%	9%	2%	7%	11%	37%	9%
				abcef				af	a	aef	af			a	ab	abce	ab
Black	78	24	21	9	1	30	23	20	12	2	32	25	9	44	19	5	69
	4%	5%	6%	5%	4%	6%	4%	8%	5%	5%	7%	4%	3%	4%	4%	7%	4%
								af			af						
Chinese	7	2	2	1	-	2	2	1	1	-	2	2	2	3	2	-	5
	*	*	*	*	-	*	*	*	*	-	*	*	1%	*	*	-	*
Other ethnic group	18	3	6	-	-	6	5	4	1	-	5	5	2	7	7	2	16
	1%	1%	2%	-	-	1%	1%	2%	*	-	1%	1%	1%	1%	1%	3%	1%
															ab		
Prefer not to answer	22	3	2	3	3	6	5	3	3	2	6	7	4	9	8	1	18
	1%	1%	1%	2%	7%	1%	1%	1%	1%	5%	1%	1%	1%	1%	2%	1%	1%
				abef						af							
NET: Non-white	315	83	72	37	16	109	85	65	50	14	114	100	27	146	99	43	288
	15%	16%	21%	20%	40%	21%	15%	28%	22%	35%	25%	16%	8%	13%	20%	52%	17%
				abcef		a		af	af	af	af			a	ab	abce	ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1706	1105	229	355	48	1110	560	66	1327	379	1472	227
	84%	86%	87%	90%	74%	83%	86%	95%	82%	90%	85%	77%
		a	c	cd			cd	cde		a	b	
Mixed	46	23	7	6	4	28	16	-	45	2	41	5
	2%	2%	3%	1%	6%	2%	3%	-	3%	*	2%	2%
		b			bf				b			
Asian	166	93	16	15	8	121	37	2	145	22	138	25
	8%	7%	6%	4%	13%	9%	6%	2%	9%	5%	8%	9%
		b			bef	bef			b			
Black	78	46	8	15	4	52	25	2	69	8	55	23
	4%	4%	3%	4%	6%	4%	4%	2%	4%	2%	3%	8%
		b							b		a	
Chinese	7	2	1	-	-	5	1	-	5	1	4	2
	*	*	*	-	-	*	*	-	*	*	*	1%
Other ethnic group	18	11	1	5	1	11	7	1	17	1	12	6
	1%	1%	*	1%	2%	1%	1%	1%	1%	*	1%	2%
											a	
Prefer not to answer	22	7	2	-	-	11	2	-	16	6	8	7
	1%	1%	1%	-	-	1%	*	-	1%	1%	*	2%
											a	
NET: Non-white	315	175	32	41	17	216	86	4	280	34	249	60
	15%	14%	12%	10%	26%	16%	13%	5%	17%	8%	14%	21%
		b			abdef	bf	f		b		a	

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1706	319	175	260	277	172	203	78	223	884	503	390	490	602	207	530	437	540	182
	84%	90%	81%	81%	80%	78%	84%	87%	86%	80%	86%	84%	83%	85%	84%	87%	83%	83%	78%
		bcd	efij						dei		dei					cd			
Mixed	46	3	4	11	9	6	6	2	5	31	13	18	15	9	4	14	12	11	9
	2%	1%	2%	4%	3%	3%	3%	2%	2%	3%	2%	4%	3%	1%	2%	2%	2%	2%	4%
		a		a		a				a		c							
Asian	166	22	22	28	32	24	20	6	12	106	38	26	51	60	23	26	43	65	28
	8%	6%	10%	9%	9%	11%	8%	7%	5%	10%	7%	6%	9%	8%	9%	4%	8%	10%	12%
			h		h	ahj				hj							a	a	a
Black	78	4	10	15	20	14	3	2	10	58	15	24	25	20	9	28	21	19	9
	4%	1%	5%	5%	6%	6%	1%	2%	4%	5%	3%	5%	4%	3%	3%	5%	4%	3%	4%
			af	af	afj	afj			a	afj		c							
Chinese	7	-	2	2	1	2	-	-	1	6	1	2	1	3	-	1	1	4	2
	*	-	1%	*	*	1%	-	-	*	1%	*	*	*	*	-	*	*	1%	1%
Other ethnic group	18	1	1	4	4	1	4	-	3	10	8	4	4	9	1	4	3	7	4
	1%	*	1%	1%	1%	*	2%	-	1%	1%	1%	1%	1%	1%	*	1%	1%	1%	2%
							a												
Prefer not to answer	22	4	3	1	4	-	4	2	4	8	10	2	7	4	4	5	9	3	1
	1%	1%	1%	*	1%	-	2%	2%	2%	1%	2%	1%	1%	1%	1%	1%	2%	*	*
							e	e			e						c		
NET: Non-white	315	30	38	60	65	47	34	10	31	210	75	74	96	101	36	72	79	106	51
	15%	8%	18%	19%	19%	22%	14%	11%	12%	19%	13%	16%	16%	14%	15%	12%	15%	16%	22%
			a	ahj	ahj	afghj	a			ahj	a							a	ab

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D11. To which of the following ethnic groups do you consider you belong?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
White	1706	596	672	418
	84%	81%	88%	82%
			ac	
Mixed	46	22	8	15
	2%	3%	1%	3%
		b		b
Asian	166	69	53	42
	8%	9%	7%	8%
Black	78	34	18	25
	4%	5%	2%	5%
		b		b
Chinese	7	2	2	3
	*	*	*	1%
Other ethnic group	18	8	5	4
	1%	1%	1%	1%
Prefer not to answer	22	5	7	5
	1%	1%	1%	1%
NET: Non-white	315	135	87	90
	15%	18%	11%	17%
		b		b

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12. Which of the following best describes where you live?

BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
Total	2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	741	383	354	286	246	208	28	108	58	79	43	51	225	100	48
	36%	38%	34%	46%	37%	28%	29%	41%	29%	37%	24%	23%	70%	30%	23%
		b		bc	c			acefhi		efi			abcdefhi		
Urban - Town and Fringe	884	406	474	232	308	343	47	116	104	97	75	112	80	152	101
	43%	41%	46%	38%	46%	45%	48%	44%	52%	45%	42%	49%	25%	46%	48%
		a			a	a	g	g	g	g	g	g		g	g
Rural - Village	376	184	189	94	104	178	19	38	35	35	53	59	16	75	45
	18%	18%	18%	15%	16%	24%	20%	15%	18%	16%	30%	26%	5%	23%	22%
						ab	g	g	g	g	abcdg	bcdg		bg	g
Rural - Hamlet and Isolated Dwelling	43	23	20	6	11	27	3	3	2	5	6	4	1	4	16
	2%	2%	2%	1%	2%	4%	3%	1%	1%	2%	3%	2%	*	1%	8%
					ab		g			g	g	g			bcdfgh
NET: Urban	1624	789	828	519	554	551	76	224	162	176	118	163	305	253	149
	80%	79%	80%	84%	83%	73%	78%	84%	81%	82%	67%	72%	95%	76%	71%
				c	c		e	efhi	efi	efi			abcdefhi	e	
NET: Rural	419	207	209	99	115	205	22	41	38	40	59	63	16	79	61
	20%	21%	20%	16%	17%	27%	22%	16%	19%	18%	33%	28%	5%	24%	29%
					ab		g	g	g	g	abcdgh	bcdg		bg	bcdg

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12. Which of the following best describes where you live?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	741	90	145	208	80	76	141	443	297	570	27	72	48	2	12	162
	36%	49%	35%	41%	35%	36%	28%	40%	32%	33%	59%	43%	62%	34%	68%	52%
		bdefgh	f	bfb		f		fh			ac	a	ac			a
Urban - Town and Fringe	884	58	190	203	107	95	232	450	434	758	17	73	21	3	4	118
	43%	32%	45%	40%	47%	45%	47%	41%	46%	44%	37%	44%	27%	45%	25%	38%
			a	a	a	a	ag	a	acg	dg		d				
Rural - Village	376	28	71	85	41	39	112	184	192	339	2	18	8	1	1	31
	18%	15%	17%	17%	18%	19%	22%	17%	20%	20%	4%	11%	11%	21%	8%	10%
						abcg		g		bcdg						
Rural - Hamlet and Isolated Dwelling	43	7	13	6	2	1	14	26	17	40	-	3	-	-	-	3
	2%	4%	3%	1%	1%	1%	3%	2%	2%	2%	-	2%	-	-	-	1%
		cde														
NET: Urban	1624	148	335	411	186	171	374	893	731	1327	45	145	69	5	17	280
	80%	81%	80%	82%	81%	81%	75%	81%	78%	78%	96%	87%	89%	79%	92%	89%
				f	f			f			a	a	a			a
NET: Rural	419	35	84	91	43	41	125	210	209	379	2	22	8	1	1	34
	20%	19%	20%	18%	19%	19%	25%	19%	22%	22%	4%	13%	11%	21%	8%	11%
						cdg				bcdg						



# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D12. Which of the following best describes where you live?

BASE: All respondents

	Children aged 15 or under in the household				Current employment status											
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed							Student		Retired	
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
Total	2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	741	446	143	123	267	33	34	307	77	16	22	63	36	61	91	67
	36%	35%	40%	38%	39%	39%	51%	45%	32%	27%	31%	49%	37%	33%	22%	44%
						j	defij	defij	j			defij	j	j		deij
Urban - Town and Fringe	884	554	155	145	300	32	21	275	117	25	30	51	38	93	201	53
	43%	43%	44%	45%	44%	37%	32%	40%	49%	41%	42%	39%	39%	50%	48%	35%
									bck					abcgk	bck	
Rural - Village	376	245	56	54	110	19	11	95	43	18	15	13	22	26	113	30
	18%	19%	16%	17%	16%	23%	16%	14%	18%	29%	21%	10%	23%	14%	27%	20%
						cg			g	cgi	g		cgi		bcdgi	g
Rural - Hamlet and Isolated Dwelling	43	36	3	1	4	1	1	12	2	2	4	2	1	5	13	2
	2%	3%	1%	*	1%	1%	1%	2%	1%	3%	6%	1%	1%	3%	3%	1%
		bcd									cdghk					
NET: Urban	1624	1000	299	268	567	65	55	582	194	42	52	114	74	154	292	120
	80%	78%	84%	83%	83%	76%	83%	84%	81%	68%	73%	88%	76%	83%	70%	79%
			a		a		ej	aefhj	ej			aefhjk		ej		j
NET: Rural	419	281	58	55	114	20	11	108	45	20	19	15	23	31	125	32
	20%	22%	16%	17%	17%	24%	17%	16%	19%	32%	27%	12%	24%	17%	30%	21%
		bd				cg				bcdgi	cg		cg		bcdgik	g

# Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

## D12. Which of the following best describes where you live?

BASE: All respondents

	Nature of working location						Nature of working hours						Number of people in household including self				
	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total	a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																	
Unweighted Total	2043	523	331	180	42	511	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	741	210	158	59	10	217	238	109	74	19	183	257	129	393	185	34	612
	36%	41%	47%	33%	25%	42%	41%	46%	34%	47%	40%	41%	38%	35%	37%	42%	36%
		cd	cdf			cd		c				c					
Urban - Town and Fringe	884	218	120	76	23	197	247	86	93	16	180	263	151	482	220	30	733
	43%	43%	36%	43%	55%	38%	43%	37%	42%	38%	39%	42%	45%	43%	45%	37%	43%
		b			be	b											
Rural - Village	376	72	52	35	9	87	83	37	48	6	85	89	53	225	81	18	323
	18%	14%	15%	20%	21%	17%	14%	16%	22%	15%	19%	14%	16%	20%	16%	21%	19%
									af								
Rural - Hamlet and Isolated Dwelling	43	6	7	8	-	15	11	4	6	-	9	11	6	30	7	-	37
	2%	1%	2%	5%	-	3%	2%	2%	3%	-	2%	2%	2%	3%	1%	-	2%
				af		af											
NET: Urban	1624	428	278	136	33	414	485	195	168	34	362	520	280	875	405	65	1344
	80%	85%	83%	76%	79%	80%	84%	83%	76%	85%	79%	84%	83%	77%	82%	79%	79%
		c				c	c					c	b		b		
NET: Rural	419	78	58	44	9	102	95	40	54	6	94	101	59	255	88	18	360
	20%	15%	17%	24%	21%	20%	16%	17%	24%	15%	21%	16%	17%	23%	18%	21%	21%
				af					af					ac			

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12. Which of the following best describes where you live?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
								NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness				
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No			Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	380	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	381	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	741	165	435	95	136	27	491	226	28	741	-	598	134
	36%	43%	34%	36%	34%	41%	37%	35%	40%	46%	-	35%	45%
		b								b		a	
Urban - Town and Fringe	884	146	572	115	181	23	573	287	30	884	-	765	114
	43%	38%	44%	44%	46%	35%	43%	44%	42%	54%	-	44%	39%
		a								b			
Rural - Village	376	64	249	47	70	13	245	120	10	-	376	325	45
	18%	17%	19%	18%	18%	20%	18%	19%	14%	-	90%	19%	15%
										a			
Rural - Hamlet and Isolated Dwelling	43	5	32	5	10	2	27	15	2	-	43	42	1
	2%	1%	2%	2%	3%	3%	2%	2%	3%	-	10%	2%	*
										a	b		
NET: Urban	1624	312	1007	210	316	50	1064	512	58	1624	-	1363	248
	80%	82%	78%	80%	80%	77%	80%	79%	82%	100%	-	79%	84%
										b		a	
NET: Rural	419	69	280	53	80	15	272	135	13	-	419	367	46
	20%	18%	22%	20%	20%	23%	20%	21%	18%	-	100%	21%	16%
										a	b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12. Which of the following best describes where you live?

BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	741	110	74	122	135	90	84	29	98	421	210	176	237	231	89	213	200	226	90
	36%	31%	34%	38%	39%	41%	35%	32%	38%	38%	36%	38%	40%	33%	36%	35%	38%	35%	38%
				a	a					a			c						
Urban - Town and Fringe	884	155	102	135	138	92	107	50	104	467	261	206	250	308	109	268	237	276	96
	43%	44%	47%	42%	40%	42%	45%	55%	40%	42%	44%	44%	42%	43%	44%	44%	45%	43%	41%
							cdehi												
Rural - Village	376	79	29	58	68	35	47	11	49	190	107	77	100	148	41	113	80	133	41
	18%	22%	14%	18%	20%	16%	19%	12%	19%	17%	18%	17%	17%	21%	17%	19%	15%	21%	17%
		bgi															b		
Rural - Hamlet and Isolated Dwelling	43	9	11	6	5	2	3	1	6	24	10	7	6	21	9	13	8	13	8
	2%	2%	5%	2%	1%	1%	1%	1%	2%	2%	2%	1%	1%	3%	3%	2%	1%	2%	4%
		cdefij											b	b					
NET: Urban	1624	265	176	256	274	182	191	78	202	888	472	382	487	539	198	481	437	502	185
	80%	75%	81%	80%	79%	83%	79%	87%	78%	81%	80%	82%	82%	76%	80%	79%	83%	77%	79%
						a		a		a		c	c				c		
NET: Rural	419	88	40	64	72	37	50	11	56	214	117	84	107	168	50	126	87	147	49
	20%	25%	19%	20%	21%	17%	21%	13%	22%	19%	20%	18%	18%	24%	20%	21%	17%	23%	21%
		egi											ab				b		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12. Which of the following best describes where you live?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
		a	b	c
Significance Level: 95%				
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Urban - Population over 10,000	741	295	235	201
	36%	40%	31%	39%
		b		b
Urban - Town and Fringe	884	305	356	214
	43%	41%	47%	42%
			a	
Rural - Village	376	123	154	88
	18%	17%	20%	17%
Rural - Hamlet and Isolated Dwelling	43	13	19	10
	2%	2%	3%	2%
NET: Urban	1624	600	592	415
	80%	81%	77%	81%
		b		
NET: Rural	419	136	174	98
	20%	19%	23%	19%
			a	

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Yes

No

Prefer not to say

	Gender		Age			Region								
Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
	a	b	a	b	c	a	b	c	d	e	f	g	h	i
2043	952	1081	690	704	649	116	262	208	214	195	212	339	298	199
2043	996	1037	618	669	756	98	265	199	215	177	226	321	331	210
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
1730	839	883	495	565	670	81	223	169	190	157	203	239	280	188
85%	84%	85%	80%	84%	89%	83%	84%	85%	88%	89%	90%	74%	85%	89%
			a	ab			g	g	g	g	g		g	g
294	146	146	110	100	84	13	40	29	23	17	23	77	50	21
14%	15%	14%	18%	15%	11%	14%	15%	15%	11%	10%	10%	24%	15%	10%
			c	c								abcdefhi		
19	11	8	13	4	2	3	3	1	3	2	-	5	1	1
1%	1%	1%	2%	1%	*	3%	1%	1%	1%	1%	-	2%	*	1%
			bc			fh								

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	e	f	g
Unweighted Total	2043	170	392	506	262	242	471	1068	975	1682	50	176	80	9	20	335
Total	2043	183	418	502	229	212	499	1103	940	1706	46	166	78	7	18	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	159	359	414	202	174	421	932	797	1472	41	138	55	4	12	249
	85%	87%	86%	82%	88% ce	82%	84%	85%	85%	86% dg	88% d	83% d	71%	57%	65%	79%
No	294	21	58	80	25	35	75	159	135	227	5	25	23	2	6	60
	14%	12%	14%	16%	11%	16%	15%	14%	14%	13%	11%	15%	29% abcg	32%	31%	19% a
Prefer not to say	19	2	2	8	2	3	4	11	8	7	1	3	-	1	1	5
	1%	1%	*	2%	1%	1%	1%	1%	1%	*	1%	2% a	-	11%	4%	2% a

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Yes

No

Prefer not to say

	Children aged 15 or under in the household				Current employment status										
						Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick		Not working and not seeking work		NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Total	None	1 child	2 or more children	NET: Yes	Currently furloughed							Student		Retired	
	a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
2043	1341	314	287	601	90	74	699	240	64	71	147	118	205	335	164
2043	1281	357	323	681	85	66	690	239	61	71	130	97	185	417	152
100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
1730	1073	310	289	598	72	55	591	202	45	59	97	81	152	376	127
85%	84%	87%	89%	88%	84%	83%	86%	84%	73%	82%	75%	83%	82%	90%	84%
			a	a			eg	eg						cdeghik	
294	201	47	31	78	14	11	90	37	14	12	32	15	29	41	25
14%	16%	13%	10%	11%	16%	17%	13%	15%	23%	16%	25%	15%	16%	10%	16%
	cd							j	cj		cdij		j		j
19	7	1	3	4	-	-	8	1	3	1	1	1	4	-	-
1%	1%	*	1%	1%	-	-	1%	*	4%	1%	1%	2%	2%	-	-
							j		djk	j		j	djk		



## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Total		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Significance Level: 95%																		
Unweighted Total	2043	523	331	180	42	511	565	591	237	222	42	459	633	343	1123	491	86	1700
Total	2043	506	336	179	41	515	547	580	235	221	41	456	620	338	1130	493	82	1705
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730 85%	440 87%	284 84%	148 83%	33 80%	432 84%	473 86%	504 87% cd	206 87% cd	178 80%	30 73%	383 84%	534 86% cd	255 76%	966 85% a	435 88% a	73 89% a	1474 86% a
No	294 14%	64 13%	51 15%	28 15%	6 15%	79 15%	70 13%	72 12%	28 12%	41 19% abf	10 25% abf	69 15%	82 13%	82 24% bcde	157 14% c	47 10%	8 10%	212 12%
Prefer not to say	19 1%	2 *	2 *	3 2%	2 4%	5 1%	4 1%	4 1%	2 1%	2 1%	1 2%	4 1%	5 1%	1 *	7 1%	11 2%	1 1%	19 1%

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%	a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2043	1279	288	387	67	1319	658	77	1638	405	1706	313
Total	2043	1288	263	396	65	1336	647	70	1624	419	1730	294
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	1106	224	336	42	1153	538	58	1363	367	1730	-
	85%	86%	85%	85%	64%	86%	83%	83%	84%	88%	100%	-
	b		c	c		c	c	c			b	
No	294	173	38	59	22	179	107	11	248	46	-	294
	14%	13%	14%	15%	34%	13%	17%	16%	15%	11%	-	100%
		a			abdef				b			a
Prefer not to say	19	9	1	1	1	4	2	1	13	6	-	-
	1%	1%	*	*	1%	*	*	1%	1%	2%	-	-

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?

BASE: All respondents

Significance Level: 95%

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2043	344	217	325	352	222	241	87	255	1116	583	482	608	684	237	603	537	629	240
Total	2043	353	217	320	346	219	241	90	257	1102	588	466	594	707	247	607	525	649	234
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	287	180	275	288	184	211	82	222	927	515	381	485	624	223	521	434	556	200
	85%	81%	83%	86%	83%	84%	88%	91%	86%	84%	88%	82%	82%	88%	90%	86%	83%	86%	85%
							a	a			a			ab	ab				
No	294	62	35	45	53	31	28	8	33	163	69	84	101	79	24	84	80	89	34
	14%	18%	16%	14%	15%	14%	12%	9%	13%	15%	12%	18%	17%	11%	10%	14%	15%	14%	15%
		fj										cd	cd						
Prefer not to say	19	4	1	1	5	4	2	-	2	12	4	2	8	4	-	1	11	4	-
	1%	1%	1%	*	2%	2%	1%	-	1%	1%	1%	*	1%	1%	-	*	2%	1%	-
																	acd		

## Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd April - 26th April 2021

### **D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?**

BASE: All respondents

Significance Level: 95%

Unweighted Total

Total

Yes

No

Prefer not to say

		Amount of activity now compared to last year		
Total		NET: More	About the same	NET: Less
		a	b	c
Unweighted Total	2043	746	753	514
Total	2043	736	765	513
	100%	100%	100%	100%
Yes	1730	641	655	416
	85%	87%	86%	81%
		c	c	
No	294	92	104	91
	14%	13%	14%	18%
				ab
Prefer not to say	19	3	6	6
	1%	*	1%	1%