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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D1. Are you...?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	1003	1003	-	125	325	552	40	136	94	100	86	106	158	167	117
	49%	100%	-	20%	48%	73%	40%	51%	47%	47%	48%	46%	49%	50%	56%
		b			a	ab									a
Female	1043	-	1043	490	346	207	58	131	106	114	90	122	163	167	92
	51%	-	100%	79%	51%	27%	60%	49%	53%	53%	51%	54%	50%	50%	44%
			a	bc	c		i								
Other	2	-	-	2	-	-	-	-	-	-	-	-	1	1	-
	*	-	-	*	-	-	-	-	-	-	-	-	*	*	-
Prefer not to say	5	-	-	1	3	1	-	-	1	-	1	-	2	-	1
	*	-	-	*	*	*	-	-	*	-	1%	-	1%	-	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D1. Are you...?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	1003	95	203	215	112	84	294	512	490	887	16	54	26	6	2	103
	49%	50%	46%	45%	44%	39%	62%	46%	52%	51%	27%	41%	33%	38%	16%	35%
		e					abcdegh	e	bcdeg	bcdg						
Female	1043	93	239	260	141	131	179	593	451	844	41	76	53	9	11	189
	51%	49%	54%	55%	55%	61%	38%	53%	48%	49%	73%	58%	67%	55%	84%	64%
		f	fh	fh	fh	afgh		fh	f		a	a	a			a
Other	2	1	-	-	1	-	-	1	1	2	-	-	-	-	-	-
	*	1%	-	-	*	-	-	*	*	*	-	-	-	-	-	-
Prefer not to say	5	1	-	2	1	-	1	3	2	1	-	1	-	1	-	2
	*	1%	-	*	*	-	*	*	*	*	-	1%	-	6%	-	1%
												a				a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D1. Are you...?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	1003	698	150	116	266	25	40	384	69	47	31	43	13	53	297	65
	49%	55%	43%	35%	39%	47%	37%	52%	27%	72%	60%	39%	13%	32%	73%	40%
		bcd	c			dh	h	bdghik	h	abcdghik	bdghik	dh		h	abcdghik	dh
Female	1043	561	200	216	416	27	69	349	189	18	20	68	87	109	107	96
	51%	45%	57%	65%	61%	51%	63%	48%	73%	28%	40%	61%	85%	67%	26%	59%
			a	a	a	ej	cefj	ej	abcefgjk			j	abcdefgijk	acefj		cefj
Other	2	1	-	1	1	-	-	-	-	-	-	-	1	1	-	-
	*	*	-	*	*	-	-	-	-	-	-	-	1%	1%	-	-
													c	c		
Prefer not to say	5	-	-	2	2	1	1	-	1	-	-	-	1	-	1	2
	*	-	-	1%	*	2%	1%	-	*	-	-	-	1%	-	*	1%
				a		c	c						c			c

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D1. Are you...?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	1003	292	152	84	15	236	307	316	116	103	12	219	328	215	536	217	36	788
	49%	48%	44%	50%	33%	46%	47%	48%	42%	54%	31%	47%	47%	63%	51%	39%	36%	46%
		d		d				d		bd			d	bcde	cde			cd
Female	1043	309	192	82	30	274	340	342	162	88	26	250	368	126	516	338	64	918
	51%	51%	56%	50%	67%	54%	52%	52%	58%	46%	69%	53%	53%	37%	49%	60%	63%	54%
					ac				c		acef				a	abe	abe	ab
Other	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2	-	2
	*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	*	-	*
Prefer not to say	5	2	-	-	-	-	2	-	2	-	-	2	-	-	1	3	1	5
	*	*	-	-	-	-	*	-	1%	-	-	*	-	-	*	1%	1%	*
									af									b

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D1. Are you...?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	1003	157	612	116	219	36	652	322	45	810	193	839	152
	49%	39%	48%	35%	53%	43%	51%	45%	45%	50%	46%	49%	50%
			a		ae		ae	a					
Female	1043	239	654	211	193	48	627	390	55	815	228	886	149
	51%	60%	51%	64%	47%	56%	49%	54%	55%	50%	54%	51%	49%
		b		bde				bd					
Other	2	-	2	2	-	-	-	2	-	2	-	2	-
	*	-	*	1%	-	-	-	*	-	*	-	*	-
				d									
Prefer not to say	5	1	3	1	1	1	1	3	-	4	1	2	2
	*	*	*	*	*	1%	*	*	-	*	*	*	1%
						d							a

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D1. Are you...?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	1003	224	96	122	187	122	101	36	115	526	252	224	228	405	134	335	234	311	106
	49%	56%	52%	40%	47%	47%	48%	47%	52%	46%	49%	47%	41%	56%	52%	55%	45%	49%	42%
		cdefij	c						c		c			ab	b	bcd		d	
Female	1043	173	87	179	213	136	110	41	104	615	256	255	332	317	121	276	279	321	147
	51%	44%	48%	59%	53%	52%	52%	53%	47%	54%	50%	53%	59%	44%	48%	45%	54%	51%	58%
				abhj	a	a	a			a		c	acd				a		a
Other	2	-	-	-	1	-	-	-	1	1	1	2	-	-	-	-	1	-	1
	*	-	-	-	*	-	-	-	*	*	*	*	-	-	-	-	*	-	*
Prefer not to say	5	-	-	1	-	3	-	-	1	4	1	1	2	-	-	-	2	1	1
	*	-	-	*	-	1%	-	-	*	*	*	*	*	-	-	-	*	*	*
						ad													

D1. Are you...?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Male	1003	294	483	217
	49%	41%	61%	41%
			ac	
Female	1043	418	306	304
	51%	59%	39%	58%
		b		b
Other	2	1	-	1
	*	*	-	*
Prefer not to say	5	2	-	2
	*	*	-	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	21	2	19	21	-	-	-	3	5	2	2	3	4	1	1
	1%	*	2%	3%	-	-	-	1%	2%	1%	1%	1%	1%	*	*
			a	bc					h						
18-24	253	50	202	253	-	-	16	26	22	32	25	21	60	29	22
	12%	5%	19%	41%	-	-	16%	10%	11%	15%	14%	9%	19%	9%	11%
			a	bc			h			h			bcfhi		
25-34	345	74	270	345	-	-	13	41	34	38	27	41	70	50	30
	17%	7%	26%	56%	-	-	14%	15%	17%	18%	15%	18%	22%	15%	14%
			a	bc									bhi		
35-44	324	101	221	-	324	-	15	38	29	31	38	33	62	53	27
	16%	10%	21%	-	48%	-	15%	14%	14%	14%	21%	14%	19%	16%	13%
			a		ac						bdi				
45-54	350	224	126	-	350	-	20	46	29	37	24	41	57	54	41
	17%	22%	12%	-	52%	-	20%	17%	15%	17%	14%	18%	18%	16%	20%
		b			ac										
55-64	299	196	103	-	-	299	18	41	36	27	25	39	33	55	26
	15%	20%	10%	-	-	39%	18%	15%	18%	12%	14%	17%	10%	17%	12%
		b				ab	g		g			g		g	
65+	461	356	104	-	-	461	17	73	47	47	37	49	37	91	63
	22%	36%	10%	-	-	61%	17%	27%	23%	22%	21%	22%	11%	27%	30%
		b				ab		ag	g	g	g	g		ag	aeg
NET: 16-34	619	125	490	619	-	-	30	69	61	73	54	65	134	81	53
	30%	13%	47%	100%	-	-	30%	26%	30%	34%	30%	29%	42%	24%	25%
			a	bc						bh			abcefhi		
NET: 35-54	674	325	346	-	674	-	34	84	58	68	62	73	120	108	68
	33%	32%	33%	-	100%	-	35%	31%	29%	32%	35%	32%	37%	32%	32%
					ac										
NET: 55+	760	552	207	-	-	760	35	114	83	74	62	89	69	146	89
	37%	55%	20%	-	-	100%	35%	43%	41%	35%	35%	39%	21%	44%	42%
		b				ab	g	g	g	g	g	g		deg	g
Base for stats	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
Mean Score	46.91	55.35	38.88	25.41	44.44	66.62	45.92	49.41	47.23	46.10	45.46	47.88	40.93	49.85	49.45
		b			a	ab	g	deg	g	g	g	g		adeg	eg
Standard Deviation	18.021	15.985	16.085	5.082	5.840	7.448	17.626	18.062	18.147	19.034	17.722	17.509	16.603	17.746	18.205
Standard Error	.398	.512	.492	.188	.219	.302	1.681	1.089	1.327	1.183	1.238	1.339	.930	.949	1.368
Error variance	.16	.26	.24	.04	.05	.09	2.82	1.19	1.76	1.40	1.53	1.79	.86	.90	1.87

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	21	2	5	8	3	1	2	15	6	15	1	3	1	-	-	5
	1%	1%	1%	2%	1%	1%	*	1%	1%	1%	1%	2%	2%	-	-	2%
18-24	253	34	57	79	39	25	20	169	84	175	16	28	26	2	4	75
	12%	18%	13%	16%	15%	11%	4%	15%	9%	10%	28%	22%	33%	11%	29%	25%
		fh	fh	fh	fh	f		fh	f		a	a	a			a
25-34	345	52	97	77	50	38	31	226	119	262	22	37	18	3	1	80
	17%	27%	22%	16%	20%	18%	6%	20%	13%	15%	38%	28%	22%	17%	6%	27%
		cdefgh	cfh	f	fh	fh		cfh	f		ad	a				a
35-44	324	36	94	77	41	43	33	207	118	248	10	30	22	6	3	71
	16%	19%	21%	16%	16%	20%	7%	19%	12%	14%	18%	23%	29%	35%	24%	24%
		fh	cfh	f	f	fh		fh	f			a	a			a
45-54	350	31	70	104	57	48	39	205	145	310	3	21	5	4	4	37
	17%	16%	16%	22%	23%	23%	8%	18%	15%	18%	6%	16%	6%	25%	31%	13%
		f	f	bfh	bfh	bfh		f	f	bdg		bd				
55-64	299	18	54	71	38	43	74	143	156	282	2	7	3	1	1	14
	15%	9%	12%	15%	15%	20%	16%	13%	16%	16%	3%	5%	4%	5%	9%	5%
						abg	a		abg	bcdg						
65+	461	17	65	62	26	17	275	144	317	442	3	6	3	1	-	13
	22%	9%	15%	13%	10%	8%	58%	13%	34%	25%	6%	4%	4%	6%	-	4%
			e	e			abcdegh	e	abcdeg	bcdg						
NET: 16-34	619	88	159	163	92	64	53	410	209	452	38	68	45	4	4	160
	30%	46%	36%	34%	36%	30%	11%	37%	22%	26%	67%	52%	57%	28%	35%	54%
		bcdefgh	fh	fh	fh	fh		efh	f		ac	a	a			a
NET: 35-54	674	67	164	180	99	92	72	412	262	558	14	51	27	9	7	108
	33%	35%	37%	38%	39%	43%	15%	37%	28%	32%	24%	39%	35%	60%	55%	37%
		fh	fh	fh	fh	fh		fh	f			b				
NET: 55+	760	35	119	133	64	60	349	287	473	724	5	12	7	2	1	27
	37%	18%	27%	28%	25%	28%	74%	26%	50%	42%	9%	9%	8%	12%	9%	9%
			a	a		a	abcdegh	a	abcdeg	bcdg						
Base for stats	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
Mean Score	46.91	39.37	42.87	43.52	42.59	44.21	60.66	42.55	52.03	48.89	33.73	36.20	33.00	40.12	37.70	35.15
		a	a	a	a	a	abcdegh	a	abcdeg	bcdg						
Standard Deviation	18.021	15.970	16.404	16.942	15.878	15.232	16.565	16.616	18.266	17.802	15.541	13.792	13.581	12.926	13.836	14.086
Standard Error	.398	1.144	.792	.771	.941	.973	.812	.499	.594	.432	1.990	1.145	1.448	3.135	3.698	.781
Error variance	.16	1.31	.63	.59	.88	.95	.66	.25	.35	.19	3.96	1.31	2.10	9.83	13.67	.61

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	21	12	-	-	-	-	-	-	4	-	-	1	16	-	-	-
	1%	1%	-	-	-	-	-	-	2%	-	-	1%	16%	-	-	-
		d							cj			c	abcdefgijk			
18-24	253	167	43	15	57	9	25	71	44	7	8	16	67	7	-	34
	12%	13%	12%	4%	8%	17%	22%	10%	17%	10%	15%	15%	66%	4%	-	21%
		cd	c		c	ij	ceij	ij	cij	j	ij	ij	abcdefgijk	j		cij
25-34	345	134	74	123	197	15	38	165	56	9	4	23	12	21	1	53
	17%	11%	21%	37%	29%	29%	34%	23%	22%	14%	9%	21%	12%	13%	*	32%
			a	abd	ab	efhij	cdefghij	fhij	fhij	j	j	j	j	j		cdefghij
35-44	324	79	99	128	228	9	25	158	54	15	6	16	3	35	3	34
	16%	6%	28%	38%	33%	18%	23%	22%	21%	23%	12%	15%	3%	21%	1%	21%
			a	ab	a	hj	hj	hj	hj	hj	hj	hj	j	hj		hj
45-54	350	169	107	57	163	10	14	205	31	14	8	29	2	35	2	24
	17%	13%	30%	17%	24%	19%	13%	28%	12%	22%	16%	26%	2%	21%	*	15%
			acd		ac	hj	hj	bdhjk	hj	dhj	hj	bdhjk		dhj		hj
55-64	299	256	22	10	32	6	5	109	34	14	7	22	-	48	54	10
	15%	20%	6%	3%	5%	11%	4%	15%	13%	22%	13%	20%	-	29%	13%	6%
		bcd	c			h	h	bhk	bhk	bhk	bh	bhk		abcdfhjk	bhk	h
65+	461	445	5	2	7	3	4	25	36	6	18	3	2	18	345	8
	22%	35%	2%	1%	1%	6%	4%	3%	14%	10%	35%	3%	2%	11%	85%	5%
		bcd							bcghk	ch	abcdeghik			bcghk	abcdefghik	
NET: 16-34	619	312	116	138	254	24	62	236	104	15	12	40	96	27	1	87
	30%	25%	33%	41%	37%	46%	56%	32%	40%	24%	24%	36%	93%	17%	*	53%
			a	ab	a	cefij	cdefgij	ij	cefij	j	j	ij	abcdefgijk	j		cdefgij
NET: 35-54	674	248	206	185	391	19	39	363	85	29	15	45	5	70	4	59
	33%	20%	59%	55%	57%	37%	35%	49%	33%	45%	29%	40%	5%	43%	1%	36%
			a	a	a	hj	hj	bdfhjk	hj	hj	hj	hj	j	dhj		hj

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 55+	760	701	28	12	40	9	9	134	70	20	24	26	2	65	400	18
	37%	56%	8%	4%	6%	17%	8%	18%	27%	31%	48%	23%	2%	40%	99%	11%
		bcd	c			h	h	bhk	bchk	bchk	abcdghk	bhk		abcdghk	abcdefghik	h
Base for stats	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
Mean Score	46.91	52.36	39.60	37.15	38.40	39.65	35.56	41.99	41.78	45.30	51.30	41.92	22.02	48.72	69.77	36.88
		bcd	c			h	h	bhk	bhk	abchk	abcdghk	bhk		abcdghk	abcdefghik	h
Standard Deviation	18.021	19.177	11.424	8.906	10.335	14.593	14.034	12.854	16.967	14.759	20.141	14.681	9.343	14.089	6.736	14.301
Standard Error	.398	.537	.630	.502	.407	1.916	1.281	.462	1.029	1.777	2.877	1.308	.819	1.097	.396	1.072
Error variance	.16	.29	.40	.25	.17	3.67	1.64	.21	1.06	3.16	8.28	1.71	.67	1.20	.16	1.15

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D2. How old are you?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	21	1	-	-	-	-	1	1	-	-	-	-	1	1	6	12	1	20
	1%	*	-	-	-	-	*	*	-	-	-	-	*	*	1%	2% ab	1%	1%
18-24	253	72	38	25	6	64	78	67	45	24	6	69	73	14	108	94	37	239
	12%	12%	11%	15%	14%	12%	12%	10%	16% af	13%	16%	15% af	10%	4%	10% a	17% ab	37% abce	14% ab
25-34	345	122	91	37	13	128	135	131	81	40	12	121	142	20	162	141	21	324
	17%	20%	26% af	22%	29%	25%	21%	20%	29% acf	21%	31%	26% af	20%	6%	15% a	25% abe	21%	19% ab
35-44	324	121	77	29	17	106	138	134	65	38	10	103	144	28	135	135	26	296
	16%	20%	22%	17%	38% abcef	21%	21%	20%	23%	20%	27%	22%	21%	8%	13% a	24% abe	26% abe	17% ab
45-54	350	150	72	35	5	107	155	176	50	30	7	80	183	48	174	121	7	302
	17%	25% d	21%	21%	11%	21%	24% d	27% bce	18%	16%	19%	17%	26% bce	14%	17% d	22% abde	7%	18% d
55-64	299	97	46	15	4	61	101	110	26	28	1	54	111	82	175	42	-	217
	15%	16% c	13%	9%	9%	12%	16% c	17% bde	9%	15% d	2%	12%	16% bde	24% bcde	17% cde	7% d	-	13% cd
65+	461	41	20	25	-	45	41	40	12	32	2	44	41	147	292	14	8	314
	22%	7%	6%	15% abdef	-	9% d	6%	6%	4%	17% abdef	4%	9% abf	6%	43% bcde	28% cde	3%	8% c	18% cd
NET: 16-34	619	195	129	62	19	191	215	199	126	64	18	190	216	36	276	248	59	583
	30%	32%	37%	38%	42%	37%	33%	30%	45% acf	33%	47% af	40% af	31%	10%	26% a	44% abe	59% abce	34% ab
NET: 35-54	674	271	149	64	22	213	293	309	115	68	17	183	327	76	309	256	33	598
	33%	45%	43%	38%	48%	42%	45%	47% ce	41%	36%	46%	39%	47% ce	22%	29% a	46% abde	33% a	35% ab
NET: 55+	760	137	66	40	4	106	141	150	39	59	2	98	152	229	467	56	8	531
	37%	23% d	19%	24% d	9%	21%	22% d	23% bd	14%	31% abdef	6%	21% bd	22% bd	67% bcde	44% cde	10%	8% c	31% cd
Base for stats	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713

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D2. How old are you?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID19	NET: Mostly travelling to work during COVID19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID19	NET: Mostly working standard hours during COVID19	Lives alone	23	45	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Mean Score	46.91	42.85	40.94	43.03	36.34	41.62	42.39	43.29	38.39	44.60	36.48	40.91	42.92	58.19	49.66	37.31	33.39	44.67
		bd	d	d		d	d	bde		bde		b	bde	bcde	cde	d		cd
Standard Deviation	18.021	14.442	13.864	16.861	11.167	14.920	14.326	13.733	13.918	16.981	13.480	15.519	13.796	15.966	17.959	13.084	15.513	17.563
Standard Error	.398	.570	.736	1.286	1.595	.650	.545	.520	.806	1.229	2.105	.702	.508	.879	.560	.541	1.472	.423
Error variance	.16	.32	.54	1.65	2.55	.42	.30	.27	.65	1.51	4.43	.49	.26	.77	.31	.29	2.17	.18

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
16-17	21 1%	2 *	16 1%	6 2% b	1 *	- -	12 1%	7 1%	1 1%	16 1%	5 1%	19 1%	2 1%
18-24	253 12%	61 15%	167 13%	58 18% bdf	31 7%	20 23% bdef	147 11% b	99 14% bf	6 7%	203 12%	50 12%	206 12%	42 14%
25-34	345 17%	112 28% b	205 16%	76 23% bd	59 14%	20 24% b	205 16%	135 19% b	18 18%	278 17%	67 16%	281 16%	60 20%
35-44	324 16%	86 22% b	205 16%	66 20% be	48 12%	14 16%	203 16% b	109 15%	16 16%	269 17%	55 13%	268 15%	53 17%
45-54	350 17%	57 14%	235 18%	57 17%	57 14%	8 10%	238 19% bce	100 14%	20 20% c	295 18% b	55 13%	297 17%	51 17%
55-64	299 15%	45 11%	170 13%	48 15%	79 19% d	12 14%	176 14%	112 16%	26 26% acde	238 15%	61 14%	260 15%	37 12%
65+	461 22%	34 9% a	273 21%	18 5%	138 33% acdef	12 14% a	298 23% acf	154 21% af	12 12% a	332 20%	129 31% a	399 23%	58 19%
NET: 16-34	619 30%	174 44% b	388 31%	141 43% bdef	91 22%	40 47% bdef	365 28% b	242 34% bd	25 26%	497 30%	122 29%	506 29%	104 34%
NET: 35-54	674 33%	144 36%	440 35%	123 37% bce	105 25%	22 26%	441 34% be	209 29%	36 36% b	564 35% b	110 26%	565 33%	104 34%
NET: 55+	760 37%	79 20%	443 35% a	66 20%	218 53% acdef	23 27%	474 37% a	267 37% a	38 38% a	570 35%	190 45% a	659 38% b	95 31%
Base for stats	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Mean Score	46.91	39.82	46.35	39.31	52.47	40.13	47.44	45.95	46.65	46.28	49.36	47.34	44.76
			a		acdef		ac	ac	ac		a	b	
Standard Deviation	18.021	15.210	17.913	14.681	17.983	17.335	17.856	18.297	14.742	17.565	19.514	18.024	17.568
Standard Error	.398	.748	.505	.779	.906	1.798	.502	.679	1.446	.433	.971	.436	.979
Error variance	.16	.56	.25	.61	.82	3.23	.25	.46	2.09	.19	.94	.19	.96

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
16-17	21	1	2	8	5	3	2	-	-	18	2	5	12	1	1	8	5	6	1
	1%	*	1%	3%	1%	1%	1%	-	-	2%	*	1%	2%	*	*	1%	1%	1%	1%
				ahj						a			c						
18-24	253	22	19	45	57	38	38	10	25	158	74	62	92	68	25	76	80	72	22
	12%	5%	10%	15%	14%	15%	18%	13%	11%	14%	14%	13%	16%	9%	10%	12%	15%	11%	8%
			a	a	a	a	ab	a	a	a	a		cd				cd		
25-34	345	28	31	64	92	51	38	10	32	237	80	78	109	106	47	88	115	96	36
	17%	7%	17%	21%	23%	19%	18%	13%	14%	21%	16%	16%	19%	15%	18%	14%	22%	15%	14%
			a	ahj	ahj	a	a		a	ahj	a		c				acd		
35-44	324	33	27	52	75	51	37	17	34	204	87	65	110	94	46	92	85	98	45
	16%	8%	14%	17%	19%	19%	17%	22%	15%	18%	17%	13%	20%	13%	18%	15%	16%	15%	18%
			a	a	a	a	a	a	a	a	a		ac		c				
45-54	350	61	36	45	70	49	39	16	34	200	89	81	90	134	41	108	83	97	57
	17%	15%	20%	15%	17%	19%	18%	21%	15%	17%	17%	17%	16%	19%	16%	18%	16%	15%	22%
																			bc
55-64	299	84	24	34	46	34	26	13	39	137	78	92	63	114	29	91	53	103	46
	15%	21%	13%	11%	12%	13%	12%	16%	18%	12%	15%	19%	11%	16%	11%	15%	10%	16%	18%
		bcdefij							cdi			bd		b		b		b	b
65+	461	168	46	53	57	36	32	11	58	192	102	100	86	205	66	149	96	163	48
	22%	42%	25%	18%	14%	14%	15%	15%	26%	17%	20%	21%	15%	28%	26%	24%	19%	26%	19%
		bcdefghij	defi						cdefgi		de	b		ab	b	b		bd	
NET: 16-34	619	50	51	117	153	92	78	21	57	413	155	144	213	175	73	172	199	174	59
	30%	13%	28%	39%	38%	35%	37%	27%	26%	36%	30%	30%	38%	24%	28%	28%	39%	27%	23%
			a	abghj	abhj	ah	ah	a	a	abhj	a	c	acd				acd		
NET: 35-54	674	94	63	98	144	100	76	33	67	404	175	146	201	228	88	199	168	194	102
	33%	24%	34%	32%	36%	38%	36%	42%	30%	35%	34%	30%	36%	32%	34%	33%	33%	31%	40%
			a	a	a	a	a	a		a	a								abc
NET: 55+	760	252	70	87	103	69	58	24	97	329	179	192	149	319	95	240	149	265	94
	37%	64%	38%	29%	26%	26%	28%	31%	44%	29%	35%	40%	26%	44%	37%	39%	29%	42%	37%
		bcdefghij	cdefi						cdefgij		defi	b		b		b		b	b
Base for stats	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
Mean Score	46.91	57.21	48.09	42.93	42.76	43.04	42.73	45.66	49.44	43.72	46.08	47.10	42.42	50.31	47.80	47.80	43.81	48.32	47.96
		bcdefghij	cdefi						cdefij		cdefi	b		ab	b	b		b	b
Standard Deviation	18.021	16.367	17.930	17.921	16.848	16.729	17.283	16.706	18.061	17.367	17.780	17.874	17.282	17.900	17.863	18.404	18.179	18.122	15.725
Standard Error	.398	.858	1.325	1.013	.830	1.020	1.171	1.892	1.229	.506	.786	.807	.717	.679	1.127	.744	.798	.724	.987
Error variance	.16	.74	1.76	1.03	.69	1.04	1.37	3.58	1.51	.26	.62	.65	.51	.46	1.27	.55	.64	.52	.97

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D2. How old are you?
BASE: All respondents

| | Total | Amount of activity now compared to last year | | |
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
16-17	21	8	4	8
	1%	1%	1%	2%
18-24	253	130	52	67
	12%	18%	7%	13%
		bc		b
25-34	345	167	90	85
	17%	23%	11%	16%
		bc		b
35-44	324	129	110	76
	16%	18%	14%	15%
		b		
45-54	350	117	141	90
	17%	16%	18%	17%
55-64	299	70	141	85
	15%	10%	18%	16%
			a	a
65+	461	94	251	113
	22%	13%	32%	21%
			ac	a
NET: 16-34	619	305	147	161
	30%	43%	19%	31%
		bc		b
NET: 35-54	674	246	251	166
	33%	34%	32%	32%
NET: 55+	760	164	392	198
	37%	23%	50%	38%
			ac	a
Base for stats	2053	715	789	524
Mean Score	46.91	40.99	52.49	46.70
			ac	a
Standard Deviation	18.021	16.866	17.207	18.044
Standard Error	.398	.619	.628	.782
Error variance	.16	.38	.39	.61

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	40	58	30	34	35	98	-	-	-	-	-	-	-	-
	5%	4%	6%	5%	5%	5%	100%	-	-	-	-	-	-	-	-
							bcdefghi								
North West	267	136	131	69	84	114	-	267	-	-	-	-	-	-	-
	13%	14%	13%	11%	12%	15%	-	100%	-	-	-	-	-	-	-
						a		acdefghi							
Yorkshire and the Humber	202	94	106	61	58	83	-	-	202	-	-	-	-	-	-
	10%	9%	10%	10%	9%	11%	-	-	100%	-	-	-	-	-	-
									abdefghi						
West Midlands	215	100	114	73	68	74	-	-	-	215	-	-	-	-	-
	10%	10%	11%	12%	10%	10%	-	-	-	100%	-	-	-	-	-
										abcefghi					
East Midlands	177	86	90	54	62	62	-	-	-	-	177	-	-	-	-
	9%	9%	9%	9%	9%	8%	-	-	-	-	100%	-	-	-	-
											abcdfghi				
East of England	227	106	122	65	73	89	-	-	-	-	-	227	-	-	-
	11%	11%	12%	11%	11%	12%	-	-	-	-	-	100%	-	-	-
												abcdeghi			
London	323	158	163	134	120	69	-	-	-	-	-	-	323	-	-
	16%	16%	16%	22%	18%	9%	-	-	-	-	-	-	100%	-	-
				c	c								abcdefhi		
South East	334	167	167	81	108	146	-	-	-	-	-	-	-	334	-
	16%	17%	16%	13%	16%	19%	-	-	-	-	-	-	-	100%	-
						a								abcdefgi	
South West	210	117	92	53	68	89	-	-	-	-	-	-	-	-	210
	10%	12%	9%	9%	10%	12%	-	-	-	-	-	-	-	-	100%
		b													abcdefgh
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	7	17	31	11	8	24	55	43	91	2	-	2	1	1	5
	5%	3%	4%	7%	4%	4%	5%	5%	5%	5%	3%	-	3%	6%	6%	2%
										cg	c					
North West	267	28	59	58	22	30	71	144	123	239	6	10	6	1	2	25
	13%	15%	13%	12%	9%	14%	15%	13%	13%	14%	11%	7%	7%	9%	15%	8%
		d					d			cg						
Yorkshire and the Humber	202	14	39	37	30	20	61	89	112	178	6	13	1	2	-	22
	10%	7%	9%	8%	12%	9%	13%	8%	12%	10%	11%	10%	1%	12%	-	8%
					g		acg		cg	d	d	d				d
West Midlands	215	22	50	39	30	28	46	111	104	175	5	21	8	2	1	37
	10%	12%	11%	8%	12%	13%	10%	10%	11%	10%	9%	16%	10%	12%	10%	13%
				c								a				
East Midlands	177	19	34	48	19	18	39	100	77	146	4	11	9	1	2	26
	9%	10%	8%	10%	7%	9%	8%	9%	8%	8%	7%	8%	11%	5%	14%	9%
East of England	227	15	49	49	38	22	55	113	114	214	6	5	2	-	-	13
	11%	8%	11%	10%	15%	10%	12%	10%	12%	12%	11%	4%	3%	-	-	4%
					ag					cdg	cdg					
London	323	52	75	89	36	31	40	217	107	192	19	56	38	4	4	122
	16%	27%	17%	19%	14%	14%	8%	20%	11%	11%	34%	43%	49%	27%	31%	42%
		bcdefgh	fh	fh	f	f		dfh			a	a	a			a
South East	334	20	81	72	38	36	86	174	160	300	7	11	9	4	3	32
	16%	11%	18%	15%	15%	17%	18%	16%	17%	17%	12%	8%	11%	23%	23%	11%
			a				a		a	cg						
South West	210	14	38	54	30	23	52	106	104	198	1	5	4	1	-	11
	10%	7%	9%	11%	12%	10%	11%	10%	11%	11%	2%	4%	6%	6%	-	4%
										bcg						
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	63	22	9	31	3	1	31	18	5	3	8	5	7	19	4
	5%	5%	6%	3%	5%	5%	1%	4%	7%	7%	5%	7%	5%	4%	5%	2%
			c			b			bk	bk		bk	b		b	
North West	267	164	47	38	85	6	10	95	34	8	11	7	10	20	65	16
	13%	13%	13%	11%	12%	11%	9%	13%	13%	12%	22%	7%	10%	12%	16%	10%
								g			bghk				g	
Yorkshire and the Humber	202	129	28	34	62	5	10	63	27	8	4	7	12	23	42	14
	10%	10%	8%	10%	9%	9%	9%	9%	10%	13%	8%	6%	12%	14%	10%	9%
														cg		
West Midlands	215	139	33	32	66	4	15	70	39	7	4	13	13	11	38	19
	10%	11%	10%	10%	10%	8%	13%	9%	15%	11%	8%	12%	13%	7%	9%	12%
									cij							
East Midlands	177	109	28	28	56	8	12	59	24	8	6	11	8	12	29	20
	9%	9%	8%	8%	8%	15%	11%	8%	9%	13%	12%	10%	8%	7%	7%	12%
East of England	227	141	41	39	80	2	15	78	21	4	1	17	10	30	48	17
	11%	11%	12%	12%	12%	4%	13%	11%	8%	6%	3%	15%	10%	19%	12%	10%
							f					adf		acdefhk		
London	323	173	55	68	123	15	30	139	35	11	9	18	21	13	31	46
	16%	14%	16%	20%	18%	29%	27%	19%	14%	17%	18%	16%	20%	8%	8%	28%
				a	a	dgij	cdgij	dij	j	ij	ij	ij	ij			cdgij
South East	334	200	62	60	122	6	15	122	32	8	8	16	16	28	83	20
	16%	16%	18%	18%	18%	11%	13%	17%	12%	13%	15%	15%	16%	17%	21%	12%
															dk	
South West	210	145	34	26	60	3	4	77	28	4	5	14	7	19	49	7
	10%	11%	10%	8%	9%	6%	4%	10%	11%	6%	10%	13%	6%	12%	12%	5%
								bk	bk			bk		bk	bk	
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	98	27	16	7	2	22	29	28	13	10	2	23	31	17	60	19	3	81
	5%	4%	5%	4%	5%	4%	5%	4%	5%	5%	7%	5%	4%	5%	6% c	3%	3%	5%
North West	267	74	45	27	6	72	80	85	29	31	6	60	91	50	135	72	9	217
	13%	12%	13%	16%	12%	14%	12%	13%	10%	16%	16%	13%	13%	15%	13%	13%	9%	13%
Yorkshire and the Humber	202	59	32	14	4	46	63	61	31	18	2	49	63	40	108	48	6	162
	10%	10%	9%	8%	9%	9%	10%	9%	11%	9%	5%	10%	9%	12%	10%	9%	6%	9%
West Midlands	215	74	38	14	6	51	80	76	30	17	4	47	81	39	109	56	11	176
	10%	12%	11%	8%	12%	10%	12%	12%	11%	9%	12%	10%	12%	12%	10%	10%	11%	10%
East Midlands	177	52	29	20	2	49	53	61	27	14	2	41	63	38	78	52	9	139
	9%	9%	8%	12%	3%	10%	8%	9%	10%	7%	6%	9%	9%	11% b	7%	9%	9%	8%
East of England	227	67	33	10	3	44	70	71	25	13	3	38	73	20	137	59	12	207
	11%	11%	10%	6%	7%	9%	11%	11%	9%	7%	7%	8%	11%	6%	13% a	10% a	12%	12% a
London	323	87	75	37	15	111	102	103	64	39	12	103	115	47	131	115	30	276
	16%	14%	22% af	22% a	34% af	22% af	16%	16%	23% af	20%	31% af	22% af	17%	14%	12%	21% abe	30% abce	16% b
South East	334	102	51	19	5	69	108	103	46	26	5	72	108	53	178	88	14	281
	16%	17%	15%	11%	12%	14%	17%	16%	16%	14%	14%	15%	16%	16%	17%	16%	14%	16%
South West	210	61	26	19	3	45	63	69	15	23	1	38	71	36	117	50	7	174
	10%	10%	8%	12%	5%	9%	10%	11% b	5%	12% b	4%	8%	10% b	10%	11%	9%	7%	10%
Scotland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wales	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Savanta: ComRes

D3. Which of the following describes where you live?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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D3. Which of the following describes where you live?

BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
North East	98 5%	22 6%	58 5%	20 6%	20 5%	3 3%	61 5%	35 5%	8 8%	76 5%	22 5%	87 5%	11 4%
North West	267 13%	59 15%	152 12%	48 14%	55 13%	12 14%	160 13%	100 14%	13 13%	227 14% b	40 10%	237 14%	29 10%
Yorkshire and the Humber	202 10%	42 10%	117 9%	34 10%	52 13% d	6 7%	117 9%	78 11%	14 14%	150 9%	51 12%	174 10%	26 9%
West Midlands	215 10%	50 12%	121 10%	28 9%	34 8%	13 16% ab	141 11%	67 9%	8 8%	173 11%	42 10%	178 10%	33 11%
East Midlands	177 9%	24 6%	112 9%	31 9%	48 12% d	5 6%	98 8%	73 10%	11 11%	135 8%	42 10%	146 8%	28 9%
East of England	227 11%	43 11%	159 13%	41 12%	45 11%	5 6%	149 12%	75 10%	15 15% c	154 9%	73 17% a	206 12% b	20 6%
London	323 16%	87 22% b	178 14%	57 17%	61 15%	24 28% abdef	183 14%	129 18% df	10 10%	311 19% b	13 3%	249 14%	68 22% a
South East	334 16%	53 13%	222 17% a	40 12%	59 14%	8 9%	230 18% ace	94 13%	11 11%	255 16%	79 19%	287 17%	45 15%
South West	210 10%	19 5%	153 12% a	31 9%	39 9%	9 10%	141 11%	67 9%	12 12%	150 9%	59 14% a	166 10%	43 14% a
Scotland	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Wales	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

| | | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-
Outside of the UK	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

	Total	\<Number of days active\> 0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	\<Life satisfaction score\> 0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	\<Covid-19 related worries\> 0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053 100%	397 100%	183 100%	301 100%	400 100%	262 100%	212 100%	77 100%	221 100%	1146 100%	510 100%	482 100%	562 100%	722 100%	255 100%	612 100%	516 100%	634 100%	255 100%
North East	98 5%	13 3%	4 2%	16 5%	27 7% ab	11 4%	10 5%	5 6%	11 5%	59 5%	26 5%	17 4%	28 5%	38 5%	14 5%	30 5%	26 5%	33 5%	9 3%
North West	267 13%	49 12%	23 13%	42 14%	47 12%	31 12%	34 16%	10 13%	31 14%	143 12%	75 15%	57 12%	72 13%	96 13%	38 15%	85 14%	56 11%	92 15%	29 11%
Yorkshire and the Humber	202 10%	41 10% b	9 5%	23 7%	38 10%	31 12% b	29 14% bci	8 10%	23 10%	101 9%	60 12% b	59 12%	48 9%	70 10%	22 9%	53 9%	50 10%	73 12%	22 9%
West Midlands	215 10%	44 11%	22 12%	39 13% fj	37 9%	31 12% f	14 7%	9 12%	20 9%	129 11% f	43 8%	54 11%	53 10%	76 11%	28 11%	70 11%	53 10%	62 10%	24 9%
East Midlands	177 9%	39 10%	22 12% gj	24 8%	31 8%	27 10%	14 7%	3 4%	16 7%	104 9%	33 6%	40 8%	49 9%	64 9%	19 7%	57 9%	38 7%	59 9%	17 7%
East of England	227 11%	52 13% j	21 12%	31 10%	57 14% ehj	23 9%	21 10%	5 6%	18 8%	132 12%	43 8%	62 13%	63 11%	80 11%	21 8%	66 11%	60 12%	61 10%	39 15% c
London	323 16%	45 11%	31 17%	50 17% a	75 19% a	47 18% a	32 15%	11 14%	33 15%	203 18% a	76 15%	76 16%	95 17%	106 15%	39 15%	91 15%	89 17%	90 14%	50 20% c
South East	334 16%	74 19% de	33 18%	47 16%	53 13%	33 13%	38 18%	15 20%	42 19%	166 15%	94 18% dei	81 17%	85 15%	121 17%	43 17%	96 16%	85 16%	103 16%	41 16%
South West	210 10%	40 10%	18 10%	30 10%	35 9%	27 10%	20 10%	11 14%	29 13%	109 10%	60 12%	37 8%	68 12% a	71 10%	31 12%	64 10%	59 11%	60 9%	23 9%
Scotland	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Wales	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Northern Ireland	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Outside of the UK	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D3. Which of the following describes where you live?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
North East	98	41	33	24
	5%	6%	4%	5%
North West	267	82	101	80
	13%	12%	13%	15%
				a
Yorkshire and the Humber	202	77	81	40
	10%	11%	10%	8%
West Midlands	215	75	79	57
	10%	11%	10%	11%
East Midlands	177	67	55	54
	9%	9%	7%	10%
				b
East of England	227	70	107	48
	11%	10%	14%	9%
			ac	
London	323	138	101	79
	16%	19%	13%	15%
		b		
South East	334	103	139	90
	16%	14%	18%	17%
South West	210	63	93	52
	10%	9%	12%	10%
Scotland	-	-	-	-
	-	-	-	-
Wales	-	-	-	-
	-	-	-	-
Northern Ireland	-	-	-	-
	-	-	-	-
Outside of the UK	-	-	-	-
	-	-	-	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1261	698	561	312	248	701	63	164	129	139	109	141	173	200	145
	61%	70%	54%	50%	37%	92%	64%	61%	64%	64%	62%	62%	53%	60%	69%
		b		b		ab			g	g					gh
Yes - children aged 0 to 12 months	101	23	77	69	31	1	7	7	9	8	16	8	15	13	19
	5%	2%	7%	11%	5%	*	7%	3%	4%	4%	9%	4%	5%	4%	9%
			a	bc	c						bdfh				bdfh
Yes - children aged 13 months to 4 years old	174	49	126	104	68	3	7	17	14	18	16	20	32	36	14
	8%	5%	12%	17%	10%	*	7%	6%	7%	8%	9%	9%	10%	11%	7%
			a	bc	c										
Yes - children aged 5 to 10 years old	283	92	189	105	166	12	9	38	32	24	17	40	50	53	19
	14%	9%	18%	17%	25%	2%	9%	14%	16%	11%	10%	18%	15%	16%	9%
			a	c	ac							aei	i	ei	
Yes - children aged 11 to 15 years old	345	162	182	68	246	31	15	50	24	39	24	42	61	61	29
	17%	16%	17%	11%	37%	4%	15%	19%	12%	18%	13%	19%	19%	18%	14%
				c	ac				c				c		
Prefer not to answer	107	38	66	52	35	20	4	18	10	11	12	7	28	12	5
	5%	4%	6%	8%	5%	3%	4%	7%	5%	5%	7%	3%	9%	4%	2%
			a	bc	c			i					fhi		
NET: Yes	685	266	416	254	391	40	31	85	62	66	56	80	123	122	60
	33%	27%	40%	41%	58%	5%	32%	32%	31%	30%	32%	35%	38%	37%	29%
			a	c	ac								i		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1261	94	224	288	136	119	399	607	654	1120	29	55	33	5	6	128
	61%	49%	51%	60%	53%	55%	84%	55%	69%	65%	50%	42%	42%	34%	49%	43%
				abg			abcdegh		abcdeg	bcdg						
Yes - children aged 0 to 12 months	101	10	30	22	17	12	11	61	40	80	6	8	5	-	2	21
	5%	5%	7%	5%	7%	6%	2%	6%	4%	5%	11%	6%	6%	-	14%	7%
			fh		f	f		f			a					
Yes - children aged 13 months to 4 years old	174	21	54	29	24	26	20	104	70	134	5	20	13	2	-	40
	8%	11%	12%	6%	10%	12%	4%	9%	7%	8%	9%	15%	17%	13%	-	14%
		cf	cfh		f	cfh		cf	f			a	a			a
Yes - children aged 5 to 10 years old	283	33	82	61	49	34	25	175	108	228	10	20	16	5	4	54
	14%	17%	18%	13%	19%	16%	5%	16%	11%	13%	17%	15%	20%	29%	30%	18%
		fh	cfh	f	cfh	f		fh	f							a
Yes - children aged 11 to 15 years old	345	47	102	74	55	43	24	223	122	273	11	34	16	7	4	71
	17%	25%	23%	16%	21%	20%	5%	20%	13%	16%	20%	26%	20%	42%	28%	24%
		cfh	cfh	f	cfh	fh		cfh	f			a				a
Prefer not to answer	107	12	19	38	13	12	14	69	39	68	4	12	11	2	-	29
	5%	7%	4%	8%	5%	6%	3%	6%	4%	4%	7%	9%	15%	12%	-	10%
		f		bfh				fh				a	a			a
NET: Yes	685	84	198	151	106	85	61	433	252	545	24	64	34	9	6	137
	33%	44%	45%	32%	41%	39%	13%	39%	27%	31%	43%	49%	44%	55%	51%	47%
		cfh	cfgh	fh	cfh	cfh		cfh	f			a	a			a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1261	1261	-	-	-	23	46	349	148	35	35	63	72	96	393	70
	61%	100%	-	-	-	44%	42%	48%	57%	54%	68%	57%	70%	59%	97%	43%
		bcd							bck		abck	bk	abcdegik	abck	abcdefghik	
Yes - children aged 0 to 12 months	101	-	50	51	101	7	12	41	17	4	2	7	1	10	-	19
	5%	-	14%	15%	15%	13%	11%	6%	7%	6%	4%	6%	1%	6%	-	12%
			a	a	a	chj	chj	hj	hj	hj	j	hj		hj		chj
Yes - children aged 13 months to 4 years old	174	-	65	109	174	6	14	77	28	4	5	14	5	22	-	20
	8%	-	19%	33%	25%	11%	13%	11%	11%	6%	9%	13%	5%	13%	-	12%
			a	abd	ab	j	hj	hj	hj	j	j	hj	j	hj		hj
Yes - children aged 5 to 10 years old	283	-	85	198	283	11	22	136	55	6	5	17	4	23	3	33
	14%	-	24%	59%	41%	20%	20%	19%	21%	10%	10%	15%	4%	14%	1%	20%
			a	abd	ab	hj	hj	hj	ehj	j	j	hj	j	hj		ehj
Yes - children aged 11 to 15 years old	345	-	150	195	345	7	29	196	41	14	7	17	2	27	5	36
	17%	-	43%	58%	50%	13%	26%	27%	16%	22%	14%	15%	2%	16%	1%	22%
			a	abd	ab	hj	dghj	adghij	hj	hj	hj	hj		hj		hj
Prefer not to answer	107	-	-	-	-	6	10	28	13	5	3	7	21	10	4	15
	5%	-	-	-	-	10%	9%	4%	5%	7%	7%	7%	21%	6%	1%	9%
						cj	cj	j	j	j	j	j	bcdefgijk	j		cj
NET: Yes	685	-	350	335	685	24	55	356	98	25	13	41	9	56	8	79
	33%	-	100%	100%	100%	46%	49%	49%	38%	39%	26%	37%	9%	35%	2%	48%
			a	a	a	fhj	dfghij	dfghij	hj	hj	hj	hj	j	hj		dfghij

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1261	306	159	99	18	257	323	346	113	110	18	223	364	329	728	171	33	932
	61%	51%	46%	60%	39%	50%	50%	53%	40%	58%	47%	47%	52%	97%	69%	31%	33%	54%
				abdef				b		be			b	bcde	cde			cd
Yes - children aged 0 to 12 months	101	42	25	7	2	32	44	39	25	11	1	36	40	-	46	46	8	101
	5%	7%	7%	4%	4%	6%	7%	6%	9%	6%	3%	8%	6%	-	4%	8%	8%	6%
															a	abe	a	a
Yes - children aged 13 months to 4 years old	174	68	32	20	1	52	69	61	43	16	2	59	63	1	64	85	24	173
	8%	11%	9%	12%	2%	10%	11%	9%	15%	8%	5%	12%	9%	*	6%	15%	24%	10%
		d		d					acf						a	abe	abce	ab
Yes - children aged 5 to 10 years old	283	108	68	18	17	86	125	111	61	32	10	93	122	2	89	162	30	281
	14%	18%	20%	11%	37%	17%	19%	17%	22%	17%	28%	20%	18%	1%	8%	29%	30%	16%
		c	c		abcef		c								a	abe	abe	ab
Yes - children aged 11 to 15 years old	345	143	92	25	15	117	157	167	64	33	9	96	176	1	102	211	31	343
	17%	24%	27%	15%	32%	23%	24%	25%	23%	17%	23%	20%	25%	*	10%	38%	30%	20%
		c	c		c	c	c	ce					c		a	abe	abe	ab
Prefer not to answer	107	21	17	11	4	27	26	20	23	9	2	32	22	9	42	39	17	98
	5%	4%	5%	6%	10%	5%	4%	3%	8%	5%	6%	7%	3%	3%	4%	7%	17%	6%
					a				af			af				ab	abce	ab
NET: Yes	685	276	169	56	24	226	300	292	144	71	18	215	309	2	284	349	50	683
	33%	46%	49%	34%	52%	44%	46%	44%	52%	37%	47%	46%	44%	1%	27%	62%	50%	40%
		c	c		c	c	c		acf			c			a	abde	abe	ab

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D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.

BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1261	155	759	170	303	46	785	448	66	971	290	1049	202
	61%	39%	60%	52%	73%	54%	61%	62%	67%	60%	69%	61%	67%
			a		acde		a	a	a		a		a
Yes - children aged 0 to 12 months	101	40	58	20	10	6	68	33	2	83	18	86	15
	5%	10%	5%	6%	2%	7%	5%	5%	2%	5%	4%	5%	5%
		b		b			b	b					
Yes - children aged 13 months to 4 years old	174	59	113	44	25	5	110	63	11	141	34	149	26
	8%	15%	9%	13%	6%	6%	9%	9%	11%	9%	8%	9%	8%
		b		bde									
Yes - children aged 5 to 10 years old	283	89	188	50	41	8	189	85	11	245	38	244	36
	14%	22%	15%	15%	10%	10%	15%	12%	11%	15%	9%	14%	12%
		b		b			b			b			
Yes - children aged 11 to 15 years old	345	96	241	67	57	15	215	120	18	295	49	310	34
	17%	24%	19%	20%	14%	18%	17%	17%	18%	18%	12%	18%	11%
		b		b						b		b	
Prefer not to answer	107	30	53	22	8	12	57	36	2	83	24	79	22
	5%	8%	4%	7%	2%	14%	4%	5%	3%	5%	6%	5%	7%
		b		b		abdef	b	b					
NET: Yes	685	211	459	138	103	27	437	234	31	576	109	602	79
	33%	53%	36%	42%	25%	32%	34%	33%	31%	35%	26%	35%	26%
		b		bdef			b	b		b		b	

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D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.
BASE: All respondents

	Total	Number of days active											Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No children aged 15 or under	1261	334	115	179	206	135	116	41	134	635	291	315	309	474	147	386	287	405	159
	61%	84%	63%	59%	52%	52%	55%	53%	61%	55%	57%	65%	55%	66%	57%	63%	56%	64%	63%
		bcdefghij	de	d						de		bd		bd		b			b
Yes - children aged 0 to 12 months	101	5	8	24	29	19	7	3	6	80	16	21	27	40	12	29	35	22	13
	5%	1%	5%	8%	7%	7%	3%	3%	3%	7%	3%	4%	5%	5%	5%	5%	7%	4%	5%
			a	afhj	ahj	ahj				afhj							c		
Yes - children aged 13 months to 4 years old	174	12	23	26	43	26	24	6	14	118	44	33	68	49	24	50	46	59	16
	8%	3%	13%	9%	11%	10%	11%	8%	6%	10%	9%	7%	12%	7%	9%	8%	9%	9%	6%
			ah	a	a	a	a	a		a	a		ac						
Yes - children aged 5 to 10 years old	283	20	25	37	72	52	35	14	28	186	77	50	101	89	40	84	78	78	41
	14%	5%	14%	12%	18%	20%	16%	18%	13%	16%	15%	10%	18%	12%	16%	14%	15%	12%	16%
			a	a	ac	ach	a	a	a	a	a		ac		a				
Yes - children aged 11 to 15 years old	345	24	23	48	84	65	43	17	42	220	101	76	100	113	52	100	95	108	39
	17%	6%	12%	16%	21%	25%	20%	22%	19%	19%	20%	16%	18%	16%	21%	16%	18%	17%	15%
			a	a	ab	abci	ab	a	a	ab	ab								
Prefer not to answer	107	14	9	19	19	14	12	4	17	61	32	29	35	23	13	32	27	26	15
	5%	3%	5%	6%	5%	6%	6%	5%	7%	5%	6%	6%	6%	3%	5%	5%	5%	4%	6%
									a			c	c						
NET: Yes	685	49	58	104	175	112	84	32	71	450	186	139	218	225	96	193	202	203	80
	33%	12%	32%	35%	44%	43%	39%	42%	32%	39%	37%	29%	39%	31%	38%	32%	39%	32%	31%
			a	a	abchj	abch	a	a	a	ah	a		ac		a		acd		

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D4. Do you have any children aged 15 or under currently living in your household? If so, how old are they? Please enter the number of children in each age group that live in your household.

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
No children aged 15 or under	1261	370	539	337
	61%	52%	68%	64%
			a	a
Yes - children aged 0 to 12 months	101	49	29	22
	5%	7%	4%	4%
		b		
Yes - children aged 13 months to 4 years old	174	87	41	46
	8%	12%	5%	9%
		bc		b
Yes - children aged 5 to 10 years old	283	135	82	66
	14%	19%	10%	13%
		bc		
Yes - children aged 11 to 15 years old	345	146	121	76
	17%	20%	15%	15%
		bc		
Prefer not to answer	107	40	32	28
	5%	6%	4%	5%
NET: Yes	685	305	218	160
	33%	43%	28%	30%
		bc		

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BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	190	95	93	88	67	35	7	28	14	22	19	15	52	20	14
	9%	9%	9%	14%	10%	5%	7%	10%	7%	10%	11%	7%	16%	6%	6%
				bc	c			h			h		abcdfhi		
Social Grade B	442	203	239	159	164	119	17	59	39	50	34	49	75	81	38
	22%	20%	23%	26%	24%	16%	18%	22%	19%	23%	19%	22%	23%	24%	18%
				c	c										
Social Grade C1	477	215	260	163	180	133	31	58	37	39	48	49	89	72	54
	23%	21%	25%	26%	27%	18%	32%	22%	18%	18%	27%	21%	28%	22%	26%
				c	c		bcdh				cd		cd		
Social Grade C2	255	112	141	92	99	64	11	22	30	30	19	38	36	38	30
	12%	11%	14%	15%	15%	8%	11%	8%	15%	14%	11%	17%	11%	11%	14%
				c	c				b	b		b			
Social Grade D	215	84	131	64	92	60	8	30	20	28	18	22	31	36	23
	10%	8%	13%	10%	14%	8%	8%	11%	10%	13%	10%	10%	9%	11%	11%
			a		c										
Social Grade E	474	294	179	53	72	349	24	71	61	46	39	55	40	86	52
	23%	29%	17%	9%	11%	46%	24%	26%	30%	21%	22%	24%	12%	26%	25%
		b				ab	g	g	dg	g	g	g		g	g
NET: ABC1	1109	512	593	410	412	287	55	144	89	111	100	113	217	174	106
	54%	51%	57%	66%	61%	38%	56%	54%	44%	52%	57%	50%	67%	52%	50%
			a	bc	c				c			c	abcdefhi		
NET: C2DE	944	490	451	209	262	473	43	123	112	104	77	114	107	160	104
	46%	49%	43%	34%	39%	62%	44%	46%	56%	48%	43%	50%	33%	48%	50%
		b			a	ab	g	g	beg	g	g	g		g	g

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BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	190	190	-	-	-	-	-	190	-	141	9	22	11	2	2	46
	9%	100%	-	-	-	-	-	17%	-	8%	16%	16%	14%	13%	13%	16%
		bcdefgh						bcdefh			a	a	a			a
Social Grade B	442	-	442	-	-	-	-	442	-	352	15	38	22	5	3	83
	22%	-	100%	-	-	-	-	40%	-	20%	26%	29%	28%	33%	26%	28%
			acdefgh					acdefh				a				a
Social Grade C1	477	-	-	477	-	-	-	477	-	395	18	30	20	4	4	75
	23%	-	-	100%	-	-	-	43%	-	23%	31%	23%	26%	26%	29%	26%
				abdefgh				abdefh								
Social Grade C2	255	-	-	-	255	-	-	-	255	219	4	15	12	1	1	32
	12%	-	-	-	100%	-	-	-	27%	13%	6%	12%	15%	4%	7%	11%
					abcefgh				abcefg							
Social Grade D	215	-	-	-	-	215	-	-	215	183	4	17	4	3	2	30
	10%	-	-	-	-	100%	-	-	23%	11%	8%	13%	5%	17%	17%	10%
						abcdfgh			abcdfg							
Social Grade E	474	-	-	-	-	-	474	-	474	444	7	10	9	1	1	28
	23%	-	-	-	-	-	100%	-	50%	26%	13%	8%	11%	6%	6%	9%
							abcdegh		abcdeg	bcdg						
NET: ABC1	1109	190	442	477	-	-	-	1109	-	888	41	89	54	11	9	205
	54%	100%	100%	100%	-	-	-	100%	-	51%	73%	68%	68%	72%	69%	69%
		defh	defh	defh				defh			a	a	a			a
NET: C2DE	944	-	-	-	255	215	474	-	944	846	15	42	25	4	4	90
	46%	-	-	-	100%	100%	100%	-	100%	49%	27%	32%	32%	28%	31%	31%
					abcg	abcg	abcg		abcg	bcdg						

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BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	190	94	38	45	84	12	24	82	21	12	11	10	7	5	6	36
	9%	7%	11%	14%	12%	23%	21%	11%	8%	18%	22%	9%	7%	3%	1%	22%
			a	a	a	cdghij	cdghij	ij	ij	dhij	cdghij	ij	j			cdghij
Social Grade B	442	224	98	101	198	13	30	227	65	11	15	11	21	12	37	43
	22%	18%	28%	30%	29%	24%	27%	31%	25%	18%	29%	10%	20%	8%	9%	26%
			a	a	a	gij	gij	eghij	gij	ij	gij		gij			gij
Social Grade C1	477	288	95	56	151	6	27	234	59	27	12	11	51	18	32	33
	23%	23%	27%	17%	22%	12%	24%	32%	23%	41%	24%	10%	50%	11%	8%	20%
			c	c			gij	adgijk	gij	abdfgijk	gij		abcdfgijk			gij
Social Grade C2	255	136	48	57	106	7	12	113	42	10	7	14	9	22	20	19
	12%	11%	14%	17%	15%	12%	11%	15%	16%	16%	13%	12%	9%	13%	5%	12%
				a	a	j	j	hj	hj	j	j	j		j		j
Social Grade D	215	119	42	43	85	9	15	75	66	5	3	10	7	13	11	24
	10%	9%	12%	13%	12%	17%	14%	10%	26%	7%	6%	9%	7%	8%	3%	15%
					a	hj	j	j	bcefghijk			j		j		hj
Social Grade E	474	399	29	33	61	6	3	3	5	-	4	55	7	92	299	9
	23%	32%	8%	10%	9%	11%	3%	*	2%	-	7%	49%	7%	57%	74%	6%
		bcd				bcde	c	c	c		cde	abcdefhk	cde	abcdefhk	abcdefghik	cde
NET: ABC1	1109	607	231	202	433	31	80	542	146	50	38	33	79	35	75	112
	54%	48%	66%	60%	63%	60%	72%	74%	56%	77%	74%	29%	77%	22%	19%	68%
			a	a	a	gij	dgij	adgij	gij	adgij	dgij	j	adgij			dgij
NET: C2DE	944	654	119	133	252	21	31	191	113	15	13	79	23	128	330	52
	46%	52%	34%	40%	37%	40%	28%	26%	44%	23%	26%	71%	23%	78%	81%	32%
		bcd				ceh		bcefhk				abcdefhk		abcdefhk	abcdefghk	

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BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	190	62	42	31	8	73	70	65	38	33	7	72	72	16	89	72	14	174
	9%	10%	12%	18%	18%	14%	11%	10%	14%	17%	18%	15%	10%	5%	8%	13%	14%	10%
				af		a				af		af			a	ab	a	a
Social Grade B	442	140	117	67	13	185	153	172	98	54	11	153	183	39	232	149	22	403
	22%	23%	34%	41%	29%	36%	24%	26%	35%	29%	29%	32%	26%	11%	22%	27%	22%	24%
			af	af		af			af			af			a	ab	a	a
Social Grade C1	477	165	127	38	14	165	179	193	80	60	11	140	204	69	243	138	27	408
	23%	27%	37%	23%	31%	32%	28%	29%	29%	31%	29%	30%	29%	20%	23%	25%	27%	24%
			acf			c												
Social Grade C2	255	111	42	14	5	56	117	114	36	22	5	58	118	19	130	94	12	235
	12%	18%	12%	9%	11%	11%	18%	17%	13%	12%	12%	12%	17%	6%	12%	17%	12%	14%
		bce					bce	e					e		a	ab	a	a
Social Grade D	215	118	15	14	3	29	121	106	26	17	3	43	109	28	111	63	14	188
	10%	20%	4%	8%	6%	6%	19%	16%	9%	9%	8%	9%	16%	8%	11%	11%	14%	11%
		bcde					bcde	bce					bce					
Social Grade E	474	8	2	2	2	3	10	8	1	5	1	6	9	169	249	43	12	305
	23%	1%	*	1%	5%	1%	2%	1%	1%	2%	4%	1%	1%	50%	24%	8%	12%	18%
					be						b			bcde	cde			c
NET: ABC1	1109	366	286	136	36	422	402	430	217	148	29	364	459	124	563	359	63	985
	54%	61%	83%	82%	78%	83%	62%	65%	77%	77%	76%	77%	66%	36%	53%	64%	62%	57%
			af	af	af	af			af	af		af			a	abe	a	ab
NET: C2DE	944	237	58	30	10	88	247	228	63	43	9	106	237	216	490	200	38	728
	46%	39%	17%	18%	22%	17%	38%	35%	23%	23%	24%	23%	34%	64%	47%	36%	38%	43%
		bcde					bcde	bce					bce	bcde	ce			c

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BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	190	67	104	41	27	15	113	71	7	159	31	173	16
	9%	17%	8%	12%	6%	17%	9%	10%	7%	10%	7%	10%	5%
		b		b		bdef						b	
Social Grade B	442	91	304	65	54	11	316	117	12	353	89	389	50
	22%	23%	24%	20%	13%	13%	25%	16%	12%	22%	21%	22%	17%
				b			abcef					b	
Social Grade C1	477	82	312	71	74	20	312	150	14	383	94	385	83
	23%	21%	25%	22%	18%	24%	24%	21%	14%	23%	22%	22%	27%
							bf						a
Social Grade C2	255	46	183	33	45	10	168	79	10	200	55	220	34
	12%	12%	14%	10%	11%	12%	13%	11%	10%	12%	13%	13%	11%
Social Grade D	215	42	140	34	43	10	131	76	11	180	35	174	39
	10%	11%	11%	10%	10%	12%	10%	11%	12%	11%	8%	10%	13%
Social Grade E	474	68	228	86	170	18	239	225	46	356	118	388	81
	23%	17%	18%	26%	41%	22%	19%	31%	46%	22%	28%	22%	27%
				d	acde			d	acde		a		
NET: ABC1	1109	240	720	177	155	46	742	338	33	895	214	947	149
	54%	60%	57%	54%	38%	54%	58%	47%	33%	55%	51%	55%	49%
				bef		bf	bef	bf					
NET: C2DE	944	157	551	153	258	39	538	380	67	736	208	782	154
	46%	40%	43%	46%	62%	46%	42%	53%	67%	45%	49%	45%	51%
					acde			ad	acde				

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D5. The Chief Income Earner is the person with the largest income, whether from employment, pensions, state benefits, investments or any other source. If two or more related people in the household have equal income, please think of this question with the oldest in mind. The Chief Income Earner can be of either sex, with no preference to either. Please indicate which one of the following best describes the profession of the chief income earner in your household?
BASE: All respondents

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Social Grade A	190	11	15	20	46	28	28	13	29	109	70	43	50	69	28	54	55	61	18
	9%	3%	8%	7%	11%	11%	13%	17%	13%	10%	14%	9%	9%	10%	11%	9%	11%	10%	7%
			a	a	ac	a	ac	abci	ac	a	abci								
Social Grade B	442	54	31	73	88	74	56	19	46	267	121	87	130	165	58	143	121	133	41
	22%	14%	17%	24%	22%	28%	26%	25%	21%	23%	24%	18%	23%	23%	23%	23%	23%	21%	16%
				a	a	ab	ab	a	a	a	a		a	a		d	d		
Social Grade C1	477	92	50	75	94	60	50	16	40	280	106	98	141	172	54	143	128	143	56
	23%	23%	27%	25%	23%	23%	24%	21%	18%	24%	21%	20%	25%	24%	21%	23%	25%	23%	22%
			h							h									
Social Grade C2	255	34	23	39	69	39	19	11	22	169	52	56	80	78	38	69	62	84	34
	12%	8%	12%	13%	17%	15%	9%	14%	10%	15%	10%	12%	14%	11%	15%	11%	12%	13%	14%
					afhj	afj				afj									
Social Grade D	215	40	19	30	43	19	30	6	28	110	65	62	63	65	21	71	50	57	33
	10%	10%	10%	10%	11%	7%	14%	8%	13%	10%	13%	13%	11%	9%	8%	12%	10%	9%	13%
							ei				e	c							
Social Grade E	474	167	46	64	61	40	28	12	57	211	97	137	98	172	57	131	100	155	73
	23%	42%	25%	21%	15%	15%	13%	15%	26%	18%	19%	28%	17%	24%	22%	21%	19%	25%	28%
		bcdefghij	defi	df					defij			b		b				b	ab
NET: ABC1	1109	156	96	169	228	163	134	48	115	656	297	228	321	406	140	340	304	338	115
	54%	39%	52%	56%	57%	62%	63%	63%	52%	57%	58%	47%	57%	56%	55%	56%	59%	53%	45%
			a	a	a	abh	abh	a	a	a	a		a	a		d	d	d	
NET: C2DE	944	241	87	133	172	99	78	29	106	491	213	255	241	316	115	271	213	296	140
	46%	61%	48%	44%	43%	38%	37%	37%	48%	43%	42%	53%	43%	44%	45%	44%	41%	47%	55%
		bcdefghij	ef						ef			bc							abc

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BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Social Grade A	190	92	61	35
	9%	13%	8%	7%
		bc		
Social Grade B	442	184	143	112
	22%	26%	18%	21%
		b		
Social Grade C1	477	168	154	151
	23%	24%	20%	29%
				ab
Social Grade C2	255	104	89	59
	12%	15%	11%	11%
Social Grade D	215	70	86	57
	10%	10%	11%	11%
Social Grade E	474	97	256	110
	23%	14%	32%	21%
			ac	a
NET: ABC1	1109	445	359	298
	54%	62%	45%	57%
		b		b
NET: C2DE	944	270	430	226
	46%	38%	55%	43%
			ac	

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Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	397	224	173	50	94	252	13	49	41	44	39	52	45	74	40
	19%	22%	17%	8%	14%	33%	14%	18%	20%	20%	22%	23%	14%	22%	19%
		b			a	ab				g	g	g		g	
1 day	183	96	87	51	63	70	4	23	9	22	22	21	31	33	18
	9%	10%	8%	8%	9%	9%	4%	9%	5%	10%	13%	9%	9%	10%	9%
									c		ac		c	c	
2 days	301	122	179	117	98	87	16	42	23	39	24	31	50	47	30
	15%	12%	17%	19%	14%	11%	17%	16%	11%	18%	14%	14%	16%	14%	14%
			a	bc						c					
3 days	400	187	213	153	144	103	27	47	38	37	31	57	75	53	35
	19%	19%	20%	25%	21%	14%	28%	18%	19%	17%	17%	25%	23%	16%	17%
				c	c		bdehi					dh	h		
4 days	262	122	136	92	100	69	11	31	31	31	27	23	47	33	27
	13%	12%	13%	15%	15%	9%	12%	12%	15%	15%	15%	10%	15%	10%	13%
				c	c										
5 days	212	101	110	78	76	58	10	34	29	14	14	21	32	38	20
	10%	10%	11%	13%	11%	8%	10%	13%	14%	7%	8%	9%	10%	11%	10%
				c	c			d	de						
6 days	77	36	41	21	33	24	5	10	8	9	3	5	11	15	11
	4%	4%	4%	3%	5%	3%	5%	4%	4%	4%	2%	2%	3%	5%	5%
7 days	221	115	104	57	67	97	11	31	23	20	16	18	33	42	29
	11%	11%	10%	9%	10%	13%	11%	12%	11%	9%	9%	8%	10%	12%	14%
						a									
NET: None (0 days)	397	224	173	50	94	252	13	49	41	44	39	52	45	74	40
	19%	22%	17%	8%	14%	33%	14%	18%	20%	20%	22%	23%	14%	22%	19%
		b			a	ab				g	g	g		g	
NET: Some (1-4 days)	1146	526	615	413	404	329	59	143	101	129	104	132	203	166	109
	56%	52%	59%	67%	60%	43%	60%	54%	50%	60%	59%	58%	63%	50%	52%
			a	bc	c					ch	h		bchi		
NET: Most 5+ days	510	252	256	155	175	179	26	75	60	43	33	43	76	94	60
	25%	25%	25%	25%	26%	24%	26%	28%	30%	20%	19%	19%	24%	28%	29%
								def	def					def	def
Base for stats	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
Median	3	3	3	3	3	2	3	3	3	3	3	3	3	3	3
Mean Score	2.97	2.91	3.03	3.27	3.17	2.56	3.26	3.08	3.20	2.77	2.67	2.66	3.09	2.96	3.14
				c	c		def	ef	def				ef		ef
Standard Deviation	2.202	2.279	2.123	1.901	2.093	2.450	2.064	2.234	2.241	2.151	2.150	2.088	2.063	2.342	2.326
Standard Error	.049	.073	.065	.070	.078	.099	.197	.135	.164	.134	.150	.160	.116	.125	.175
Error variance	*	.01	*	*	.01	.01	.04	.02	.03	.02	.02	.03	.01	.02	.03

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BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	397	11	54	92	34	40	167	156	241	372	3	11	7	-	-	21
	19%	6%	12%	19%	13%	19%	35%	14%	25%	21%	5%	8%	9%	-	-	7%
			a	abdg	a	ab	abcdegh	a	abcdeg	bcdg						
1 day	183	15	31	50	23	19	46	96	87	161	4	6	6	3	2	22
	9%	8%	7%	10%	9%	9%	10%	9%	9%	9%	8%	5%	7%	20%	20%	7%
2 days	301	20	73	75	39	30	64	169	133	243	8	28	16	1	1	55
	15%	11%	17%	16%	15%	14%	14%	15%	14%	14%	14%	22%	21%	6%	8%	19%
			a									a				a
3 days	400	46	88	94	69	43	61	228	172	320	18	33	19	4	4	77
	19%	24%	20%	20%	27%	20%	13%	21%	18%	18%	32%	25%	24%	24%	29%	26%
		f	f	f	bcfgh	f		f	f		a					a
4 days	262	28	74	60	39	19	40	163	99	212	11	21	13	3	-	47
	13%	15%	17%	13%	15%	9%	8%	15%	10%	12%	19%	16%	16%	17%	-	16%
		f	efh	f	efh			efh								
5 days	212	28	56	50	19	30	28	134	78	173	6	14	8	4	1	33
	10%	15%	13%	10%	8%	14%	6%	12%	8%	10%	11%	11%	10%	23%	7%	11%
		dfh	dfh	f		dfh		dfh								
6 days	77	13	19	16	11	6	12	48	29	58	4	7	3	1	3	18
	4%	7%	4%	3%	4%	3%	2%	4%	3%	3%	8%	5%	4%	5%	20%	6%
		fh														a
7 days	221	29	46	40	22	28	57	115	106	195	2	11	6	1	2	22
	11%	15%	10%	8%	9%	13%	12%	10%	11%	11%	3%	9%	8%	4%	16%	8%
		cdg				c				b						
NET: None (0 days)	397	11	54	92	34	40	167	156	241	372	3	11	7	-	-	21
	19%	6%	12%	19%	13%	19%	35%	14%	25%	21%	5%	8%	9%	-	-	7%
			a	abdg	a	ab	abcdegh	a	abcdeg	bcdg						
NET: Some (1-4 days)	1146	109	267	280	169	110	211	656	491	936	41	88	54	11	7	201
	56%	57%	60%	59%	67%	51%	44%	59%	52%	54%	73%	67%	69%	68%	57%	68%
		f	efh	fh	acefgh			efh	f		a	a	a			a
NET: Most 5+ days	510	70	121	106	52	65	97	297	213	426	12	32	18	5	5	73
	25%	37%	27%	22%	20%	30%	20%	27%	23%	25%	22%	25%	23%	32%	43%	25%
		bcdfgh	df			cdfh		dfh								
Base for stats	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
Median	3	4	3	3	3	3	2	3	3	3	3	3	3	3	3	3
Mean Score	2.97	3.83	3.30	2.83	3.05	3.11	2.37	3.19	2.72	2.90	3.31	3.32	3.21	3.48	3.92	3.32
		bcdefgh	cfh	f	fh	fh		cfh	f			a				a
Standard Deviation	2.202	2.020	2.049	2.113	1.978	2.275	2.401	2.102	2.290	2.249	1.646	1.881	1.886	1.755	2.260	1.843
Standard Error	.049	.145	.099	.096	.117	.145	.118	.063	.074	.055	.211	.156	.201	.426	.604	.102
Error variance	*	.02	.01	.01	.01	.02	.01	*	.01	*	.04	.02	.04	.18	.36	.01

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BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	397	334	30	19	49	7	6	91	30	9	6	25	12	54	156	13
	19%	27%	8%	6%	7%	14%	5%	12%	12%	15%	12%	23%	12%	33%	38%	8%
		bcd						b		b		bcdhk		abcdefghk	abcdefghk	
1 day	183	115	31	27	58	5	7	67	23	3	4	12	8	13	42	12
	9%	9%	9%	8%	8%	9%	6%	9%	9%	4%	8%	10%	8%	8%	10%	7%
2 days	301	179	61	43	104	9	19	98	54	6	8	22	20	24	41	28
	15%	14%	17%	13%	15%	18%	17%	13%	21%	9%	16%	20%	19%	15%	10%	17%
									cej			cj	j			j
3 days	400	206	87	88	175	15	28	160	51	19	10	14	20	33	50	42
	19%	16%	25%	26%	26%	28%	25%	22%	20%	30%	20%	13%	20%	20%	12%	26%
			a	a	a	gj	gj	gj	j	gj			j	j		gj
4 days	262	135	45	67	112	5	21	110	36	10	7	15	16	13	30	27
	13%	11%	13%	20%	16%	10%	19%	15%	14%	15%	13%	13%	15%	8%	7%	16%
				ab	a		ij	ij	j	j			ij			ij
5 days	212	116	40	43	84	5	13	96	25	6	6	8	18	7	29	18
	10%	9%	11%	13%	12%	9%	12%	13%	10%	9%	13%	7%	18%	4%	7%	11%
				a	a		i	ij	i		i		dgij			i
6 days	77	41	19	13	32	2	4	40	7	1	3	3	1	6	10	7
	4%	3%	5%	4%	5%	4%	4%	5%	3%	1%	5%	2%	1%	3%	3%	4%
								hj								
7 days	221	134	37	34	71	5	13	71	33	11	7	13	7	14	48	17
	11%	11%	11%	10%	10%	9%	11%	10%	13%	17%	14%	12%	7%	9%	12%	11%
										h						
NET: None (0 days)	397	334	30	19	49	7	6	91	30	9	6	25	12	54	156	13
	19%	27%	8%	6%	7%	14%	5%	12%	12%	15%	12%	23%	12%	33%	38%	8%
		bcd						b		b		bcdhk		abcdefghk	abcdefghk	
NET: Some (1-4 days)	1146	635	225	225	450	34	75	435	164	38	29	63	64	82	163	109
	56%	50%	64%	67%	66%	64%	68%	59%	63%	59%	57%	56%	62%	51%	40%	67%
			a	a	a	j	ij	ij	ij	j	j	j	ij	j		ij

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BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	510	291	96	91	186	12	30	207	65	17	16	24	27	26	87	41
	25%	23%	27%	27%	27%	22%	27%	28%	25%	27%	32%	21%	26%	16%	22%	25%
					a		i	ij	i			i		i		i
Base for stats	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
Median	3	3	3	3	3	3	3	3	3	3	3	2	3	2	2	3
Mean Score	2.97	2.69	3.33	3.52	3.43	2.99	3.55	3.27	3.19	3.42	3.41	2.73	3.12	2.31	2.31	3.37
			a	a	a	ij	gij	gij	gij	gij	ij		ij			gij
Standard Deviation	2.202	2.297	1.984	1.846	1.919	2.031	1.862	2.067	2.094	2.186	2.177	2.262	1.918	2.219	2.447	1.930
Standard Error	.049	.064	.109	.104	.076	.267	.170	.074	.127	.263	.311	.202	.168	.173	.144	.145
Error variance	*	*	.01	.01	.01	.07	.03	.01	.02	.07	.10	.04	.03	.03	.02	.02

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BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	397	71	38	21	4	59	75	89	15	22	5	37	95	106	219	61	10	291
	19%	12%	11%	13%	9%	12%	12%	14%	5%	12%	13%	8%	14%	31%	21%	11%	10%	17%
								be		b	b		be	bcde	cde			c
1 day	183	54	34	9	3	43	57	61	26	15	1	41	63	30	109	36	9	153
	9%	9%	10%	6%	6%	8%	9%	9%	9%	8%	3%	9%	9%	9%	10%	6%	9%	9%
															c			
2 days	301	78	62	27	8	89	86	88	52	31	6	83	94	38	164	83	17	264
	15%	13%	18%	16%	18%	17%	13%	13%	19%	16%	15%	18%	14%	11%	16%	15%	17%	15%
			af			af			af			af			a			a
3 days	400	123	76	38	16	114	140	125	80	41	11	121	136	44	205	129	22	356
	19%	20%	22%	23%	35%	22%	22%	19%	29%	21%	30%	26%	20%	13%	19%	23%	22%	21%
					abef				af			af			a	a	a	a
4 days	262	97	53	21	5	74	103	100	41	33	4	74	104	46	110	92	13	216
	13%	16%	15%	13%	12%	14%	16%	15%	15%	17%	11%	16%	15%	14%	10%	17%	13%	13%
																be		
5 days	212	73	34	26	5	60	78	78	34	23	3	57	81	20	103	77	11	191
	10%	12%	10%	16%	10%	12%	12%	12%	12%	12%	7%	12%	12%	6%	10%	14%	11%	11%
				b											a	ab		a
6 days	77	30	14	8	1	21	32	29	14	8	2	22	31	8	40	24	5	69
	4%	5%	4%	5%	3%	4%	5%	4%	5%	4%	4%	5%	4%	2%	4%	4%	5%	4%
7 days	221	76	33	16	3	49	79	87	18	17	6	35	93	48	102	58	14	174
	11%	13%	10%	10%	7%	10%	12%	13%	7%	9%	16%	7%	13%	14%	10%	10%	14%	10%
								be			b		be	be				
NET: None (0 days)	397	71	38	21	4	59	75	89	15	22	5	37	95	106	219	61	10	291
	19%	12%	11%	13%	9%	12%	12%	14%	5%	12%	13%	8%	14%	31%	21%	11%	10%	17%
								be		b	b		be	bcde	cde			c
NET: Some (1-4 days)	1146	353	225	95	33	320	385	374	199	120	22	319	396	158	588	339	61	988
	56%	58%	65%	57%	71%	63%	59%	57%	71%	63%	59%	68%	57%	46%	56%	61%	61%	58%
			a						af			af			a	a	a	a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	510	180	81	50	9	131	189	194	66	48	10	115	204	76	246	159	29	434
	25%	30%	24%	30%	20%	26%	29%	29%	24%	25%	28%	24%	29%	22%	23%	28%	29%	25%
		b														abe		
Base for stats	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
Median	3	3	3	3	3	3	3	3	3	3	3	3	3	2	3	3	3	3
Mean Score	2.97	3.40	3.15	3.31	3.09	3.20	3.38	3.32	3.27	3.23	3.41	3.25	3.33	2.66	2.82	3.38	3.39	3.03
																abe	ab	ab
Standard Deviation	2.202	2.124	2.002	2.040	1.766	2.014	2.101	2.186	1.760	1.988	2.191	1.854	2.184	2.451	2.193	2.000	2.120	2.144
Standard Error	.049	.084	.106	.156	.252	.088	.080	.083	.102	.144	.342	.084	.080	.135	.068	.083	.201	.052
Error variance	*	.01	.01	.02	.06	.01	.01	.01	.01	.02	.12	.01	.01	.02	*	.01	.04	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	397	38	245	53	133	12	211	173	24	312	85	311	79
	19%	10%	19%	16%	32%	15%	17%	24%	24%	19%	20%	18%	26%
			a		acde			acd					a
1 day	183	33	116	14	40	3	128	51	6	145	39	152	31
	9%	8%	9%	4%	10%	4%	10%	7%	6%	9%	9%	9%	10%
					a		ae						
2 days	301	61	194	63	63	17	170	121	20	226	75	255	42
	15%	15%	15%	19%	15%	20%	13%	17%	20%	14%	18%	15%	14%
				d				d			a		
3 days	400	99	249	65	70	22	257	133	20	325	75	344	54
	19%	25%	20%	20%	17%	26%	20%	19%	20%	20%	18%	20%	18%
		b											
4 days	262	59	154	49	38	15	166	90	11	218	43	219	40
	13%	15%	12%	15%	9%	18%	13%	13%	11%	13%	10%	13%	13%
				b		b	b						
5 days	212	52	133	41	32	3	138	68	9	172	40	193	14
	10%	13%	10%	13%	8%	4%	11%	9%	9%	11%	9%	11%	5%
				bc			c					b	
6 days	77	15	53	8	4	2	62	12	1	56	21	66	11
	4%	4%	4%	3%	1%	3%	5%	2%	1%	3%	5%	4%	4%
							be						
7 days	221	41	127	37	33	9	147	69	9	177	44	189	33
	11%	10%	10%	11%	8%	11%	11%	10%	9%	11%	10%	11%	11%
NET: None (0 days)	397	38	245	53	133	12	211	173	24	312	85	311	79
	19%	10%	19%	16%	32%	15%	17%	24%	24%	19%	20%	18%	26%
			a		acde			acd					a
NET: Some (1-4 days)	1146	251	714	190	211	58	721	395	56	914	232	970	167
	56%	63%	56%	58%	51%	68%	56%	55%	57%	56%	55%	56%	55%
		b				bde							

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	510	107	313	87	69	15	347	150	20	405	105	448	57
	25%	27%	25%	26%	17%	18%	27%	21%	20%	25%	25%	26%	19%
				be			bce					b	
Base for stats	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
Median	3	3	3	3	2	3	3	3	3	3	3	3	2
Mean Score	2.97	3.32	2.94	3.17	2.28	3.06	3.12	2.72	2.67	2.99	2.89	3.04	2.64
		b		bef		b	bef	b				b	
Standard Deviation	2.202	1.973	2.183	2.112	2.170	2.012	2.201	2.180	2.143	2.195	2.227	2.187	2.269
Standard Error	.049	.097	.062	.112	.109	.209	.062	.081	.210	.054	.111	.053	.126
Error variance	*	.01	*	.01	.01	.04	*	.01	.04	*	.01	*	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

	Total	\multicolumn{10}{c}{Number of days active}										\multicolumn{4}{c}{Life satisfaction score}				\multicolumn{4}{c}{Covid-19 related worries}			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 days	397	397	-	-	-	-	-	-	-	-	-	127	97	121	44	145	73	110	51
	19%	100%	-	-	-	-	-	-	-	-	-	26%	17%	17%	17%	24%	14%	17%	20%
		bcdefghij										bcd				bc			b
1 day	183	-	183	-	-	-	-	-	-	183	-	42	48	71	18	49	49	62	20
	9%	-	100%	-	-	-	-	-	-	16%	-	9%	9%	10%	7%	8%	10%	10%	8%
			acdefghij							acdefghj									
2 days	301	-	-	301	-	-	-	-	-	301	-	77	96	98	26	84	79	97	37
	15%	-	-	100%	-	-	-	-	-	26%	-	16%	17%	14%	10%	14%	15%	15%	14%
				abdefghij						abdefghj		d	d						
3 days	400	-	-	-	400	-	-	-	-	400	-	98	113	139	45	115	108	130	41
	19%	-	-	-	100%	-	-	-	-	35%	-	20%	20%	19%	18%	19%	21%	21%	16%
					abcefghij					abcefghj									
4 days	262	-	-	-	-	262	-	-	-	262	-	50	81	90	38	85	68	82	25
	13%	-	-	-	-	100%	-	-	-	23%	-	10%	14%	12%	15%	14%	13%	13%	10%
						abcdfghij				abcdfghj			a						
5 days	212	-	-	-	-	-	212	-	-	-	212	47	56	80	27	54	70	62	25
	10%	-	-	-	-	-	100%	-	-	-	41%	10%	10%	11%	11%	9%	14%	10%	10%
							abcdeghij				abcdeghi						ac		
6 days	77	-	-	-	-	-	-	77	-	-	77	10	16	35	15	17	15	33	13
	4%	-	-	-	-	-	-	100%	-	-	15%	2%	3%	5%	6%	3%	3%	5%	5%
								abcdefhij			abcdefhi			a	ab			ab	ab
7 days	221	-	-	-	-	-	-	-	221	-	221	31	55	89	41	63	54	57	42
	11%	-	-	-	-	-	-	-	100%	-	43%	6%	10%	12%	16%	10%	10%	9%	16%
									abcdefgij		abcdefgi		a	a	ab				abc
NET: None (0 days)	397	397	-	-	-	-	-	-	-	-	-	127	97	121	44	145	73	110	51
	19%	100%	-	-	-	-	-	-	-	-	-	26%	17%	17%	17%	24%	14%	17%	20%
		bcdefghij										bcd				bc			b
NET: Some (1-4 days)	1146	-	183	301	400	262	-	-	-	1146	-	267	338	397	127	333	304	371	123
	56%	-	100%	100%	100%	100%	-	-	-	100%	-	55%	60%	55%	50%	55%	59%	59%	48%
			afghj	afghj	afghj	afghj				afghj			d					d	d

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Most 5+ days	510	-	-	-	-	-	212	77	221	-	510	88	127	204	84	133	139	152	80
	25%	-	-	-	-	-	100%	100%	100%	-	100%	18%	23%	28%	33%	22%	27%	24%	31%
							abcdei	abcdei	abcdei		abcdei			ab	ab		a		ac
Base for stats	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
Median	3	0	1	2	3	4	5	6	7	3	6	2	3	3	3	3	3	3	3
Mean Score	2.97	-	1.00	2.00	3.00	4.00	5.00	6.00	7.00	2.65	6.02	2.49	2.96	3.15	3.43	2.80	3.14	2.97	3.20
							bi			b	bfi		a	a	ab		a		a
Standard Deviation	2.202	-	*	-	-	-	*	-	-	1.003	.922	2.081	2.103	2.235	2.340	2.223	2.099	2.133	2.417
Standard Error	.049	-	*	-	-	-	*	-	-	.029	.041	.094	.087	.085	.148	.090	.092	.085	.152
Error variance	*	-	*	-	-	-	*	-	-	*	*	.01	.01	.01	.02	.01	.01	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
0 days	397	28	204	151
	19%	4%	26%	29%
			a	a
1 day	183	52	56	72
	9%	7%	7%	14%
				ab
2 days	301	99	96	105
	15%	14%	12%	20%
				ab
3 days	400	165	145	89
	19%	23%	18%	17%
		bc		
4 days	262	112	99	50
	13%	16%	12%	9%
		c		
5 days	212	110	73	28
	10%	15%	9%	5%
		bc	c	
6 days	77	48	23	6
	4%	7%	3%	1%
		bc	c	
7 days	221	101	94	23
	11%	14%	12%	4%
		c	c	
NET: None (0 days)	397	28	204	151
	19%	4%	26%	29%
			a	a
NET: Some (1-4 days)	1146	428	395	317
	56%	60%	50%	60%
		b		b
NET: Most 5+ days	510	259	189	57
	25%	36%	24%	11%
		bc	c	
Base for stats	2053	715	789	524
Median	3	4	3	2
Mean Score	2.97	3.83	2.83	2.07
		bc	c	
Standard Deviation	2.202	1.932	2.317	1.900
Standard Error	.049	.071	.085	.082

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q1. In the past week, on how many days have you done a total of 30 mins or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places but should not include housework or physical activity that is part of your job.

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Error variance	*	.01	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	231	88	142	123	71	37	9	29	27	21	22	20	51	32	20
		11%	9%	14%	20%	11%	5%	9%	11%	13%	10%	12%	9%	16%	10%	10%
				a	bc	c								dfhi		
A bit more	(4.0)	484	205	276	182	175	127	31	53	50	55	45	50	87	70	43
		24%	20%	26%	29%	26%	17%	32%	20%	25%	25%	25%	22%	27%	21%	21%
				a	c	c		bhi						b		
About the same	(3.0)	789	483	306	147	251	392	33	101	81	79	55	107	101	139	93
		38%	48%	29%	24%	37%	52%	33%	38%	40%	37%	31%	47%	31%	42%	44%
			b			a	ab			g			adeg		eg	eg
A bit less	(2.0)	311	139	171	99	103	110	17	53	21	33	33	30	49	47	28
		15%	14%	16%	16%	15%	14%	17%	20%	11%	15%	18%	13%	15%	14%	13%
									ch			c				
A lot less	(1.0)	213	79	134	62	64	88	7	27	19	24	22	17	31	43	23
		10%	8%	13%	10%	9%	12%	7%	10%	9%	11%	12%	8%	10%	13%	11%
				a												
Don't know		24	8	15	7	11	7	1	3	4	3	2	2	5	3	2
		1%	1%	1%	1%	2%	1%	1%	1%	2%	2%	1%	1%	2%	1%	1%
NET: More		715	294	418	305	246	164	41	82	77	75	67	70	138	103	63
		35%	29%	40%	49%	37%	22%	41%	31%	38%	35%	38%	31%	43%	31%	30%
				a	bc	c		h						bfhi		
NET: Less		524	217	304	161	166	198	24	80	40	57	54	48	79	90	52
		26%	22%	29%	26%	25%	26%	25%	30%	20%	27%	31%	21%	25%	27%	25%
				a					cf			cf				
Base for stats		2029	994	1028	612	663	753	98	264	198	211	175	225	318	332	208
Mean Score		3.10	3.09	3.12	3.34	3.13	2.89	3.19	3.02	3.23	3.07	3.07	3.11	3.25	3.01	3.04
					bc	c				bh				bh		
Standard Deviation		1.122	1.006	1.222	1.248	1.103	.982	1.069	1.123	1.111	1.123	1.198	1.008	1.182	1.124	1.089
Standard Error		.025	.032	.038	.046	.042	.040	.102	.068	.082	.070	.084	.078	.067	.060	.082
Error variance		*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	231	32	52	51	35	22	39	135	96	177	9	25	10	1	4	49
		11%	17%	12%	11%	14%	10%	8%	12%	10%	10%	16%	19%	13%	5%	32%	17%
			cefh			f			f				a				a
A bit more	(4.0)	484	60	132	117	69	48	58	309	175	402	16	35	21	3	3	78
		24%	32%	30%	25%	27%	22%	12%	28%	18%	23%	28%	27%	26%	21%	25%	26%
			efh	efh	fh	fh	f		fh	f							
About the same	(3.0)	789	61	143	154	89	86	256	359	430	702	11	42	20	5	2	80
		38%	32%	32%	32%	35%	40%	54%	32%	46%	40%	20%	32%	25%	34%	13%	27%
							bcg	abcdegh		abcdg	bcdg						
A bit less	(2.0)	311	30	62	98	34	32	54	191	121	258	11	20	15	3	2	50
		15%	16%	14%	21%	13%	15%	11%	17%	13%	15%	19%	15%	20%	17%	12%	17%
					bdfh				fh								
A lot less	(1.0)	213	5	50	52	25	25	56	107	106	184	10	6	10	3	1	29
		10%	3%	11%	11%	10%	12%	12%	10%	11%	11%	17%	4%	12%	22%	7%	10%
				a	a	a	a	a	a	a	c	c		c			c
Don't know		24	2	2	4	3	2	12	8	17	11	-	4	3	-	1	8
		1%	1%	1%	1%	1%	1%	2%	1%	2%	1%	-	3%	4%	-	10%	3%
								bcg		g			a	a			a
NET: More		715	92	184	168	104	70	97	445	270	579	25	60	31	4	7	127
		35%	48%	42%	35%	41%	32%	20%	40%	29%	33%	43%	46%	39%	26%	57%	43%
			cefgh	cefh	fh	efh	f		efh	f			a				a
NET: Less		524	35	112	151	59	57	110	298	226	442	21	25	25	6	2	79
		26%	18%	25%	32%	23%	27%	23%	27%	24%	25%	36%	19%	32%	40%	20%	27%
					abdfh		a		a			c		c			
Base for stats		2029	189	439	473	252	213	462	1101	927	1722	57	128	76	16	11	287
Mean Score		3.10	3.45	3.17	3.03	3.21	3.05	2.94	3.16	3.04	3.08	3.06	3.42	3.09	2.70	3.68	3.23
			bcdefgh	fh		cfh			cfh				abd				a
Standard Deviation		1.122	1.034	1.162	1.153	1.150	1.124	1.030	1.145	1.090	1.103	1.344	1.108	1.241	1.215	1.362	1.221
Standard Error		.025	.074	.056	.053	.069	.072	.051	.035	.036	.027	.172	.093	.135	.295	.393	.069
Error variance		*	.01	*	*	*	.01	*	*	*	*	.03	.01	.02	.09	.15	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	231	111	53	48	101	12	23	88	28	5	5	14	22	11	23	35
		11%	9%	15%	14%	15%	23%	21%	12%	11%	8%	10%	13%	21%	7%	6%	21%
				a	a	a	cdeij	cdeij	j	j			j	cdeij			cdegij
A bit more	(4.0)	484	259	92	113	204	19	35	207	69	14	10	19	23	24	63	54
		24%	21%	26%	34%	30%	37%	31%	28%	27%	22%	20%	17%	22%	15%	16%	33%
				a	ab	a	ghij	gij	gij	gij							ghij
About the same	(3.0)	789	539	122	95	218	11	28	271	91	26	9	38	22	72	222	40
		38%	43%	35%	28%	32%	21%	26%	37%	35%	40%	19%	34%	21%	44%	55%	24%
			bcd						abfhk	afhk	abfhk		fh		abfhk	abcdefghik	
A bit less	(2.0)	311	192	53	45	98	5	20	111	51	10	14	15	17	18	50	25
		15%	15%	15%	13%	14%	10%	18%	15%	20%	16%	28%	14%	16%	11%	12%	15%
										ij		acgijk					
A lot less	(1.0)	213	145	29	33	62	3	5	55	19	9	12	20	15	31	44	8
		10%	11%	8%	10%	9%	6%	4%	8%	7%	14%	23%	18%	15%	19%	11%	5%
											bk	abcdjk	abcdk	bcdk	abcdjk	bk	
Don't know		24	15	1	1	2	2	-	2	1	-	-	5	4	8	4	2
		1%	1%	*	*	*	3%	-	*	*	-	-	5%	4%	5%	1%	1%
							cd						bcdjk	bcdj	bcdjk		
NET: More		715	370	145	160	305	32	57	295	97	19	15	34	45	35	86	89
		35%	29%	41%	48%	45%	60%	52%	40%	38%	30%	30%	30%	44%	21%	21%	55%
				a	a	a	cdefghij	cdefgij	gij	ij				gij			cdefgij
NET: Less		524	337	82	78	160	8	25	166	70	20	26	35	32	49	94	33
		26%	27%	23%	23%	23%	16%	23%	23%	27%	30%	52%	31%	31%	30%	23%	20%
												abcdeghijk	ack	ack	ack		
Base for stats		2029	1246	349	334	683	51	111	732	258	65	51	106	98	155	402	162
Mean Score		3.10	3.00	3.25	3.29	3.27	3.64	3.46	3.22	3.14	2.93	2.64	2.93	3.19	2.78	2.93	3.51
				a	a	a	cdefghij	cdefgij	efgij	fij				fij			cdefghij
Standard Deviation		1.122	1.089	1.137	1.166	1.150	1.139	1.140	1.081	1.088	1.125	1.311	1.271	1.380	1.143	.972	1.139
Standard Error		.025	.031	.063	.066	.045	.152	.104	.039	.066	.135	.187	.116	.123	.091	.057	.086

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Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Error variance	*	*	*	*	*	.02	.01	*	*	.02	.04	.01	.02	.01	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	231	71	51	15	4	67	74	73	46	17	5	63	78	33	106	78	14	198
	11%	12%	15%	9%	8%	13%	11%	11%	16%	9%	14%	13%	11%	10%	10%	14%	14%	12%
									acf							b		
A bit more (4.0)	484	177	90	40	15	130	192	178	88	45	10	133	189	56	230	167	31	428
	24%	29%	26%	24%	33%	26%	30%	27%	31%	24%	27%	28%	27%	17%	22%	30%	30%	25%
															a	abe	ab	a
About the same (3.0)	789	232	100	60	11	159	243	252	75	67	8	143	260	152	446	170	21	637
	38%	38%	29%	36%	24%	31%	37%	38%	27%	35%	21%	30%	37%	45%	42%	30%	21%	37%
		bde					be	bde		b			bde	cde	cde	d		cd
A bit less (2.0)	311	84	73	29	12	102	96	103	55	36	9	90	112	49	160	80	22	262
	15%	14%	21%	18%	26%	20%	15%	16%	20%	19%	24%	19%	16%	14%	15%	14%	22%	15%
			af		af	af											c	
A lot less (1.0)	213	39	31	21	3	52	42	51	17	25	5	42	55	43	104	57	9	170
	10%	6%	9%	13%	7%	10%	6%	8%	6%	13%	12%	9%	8%	13%	10%	10%	9%	10%
				af		af				abf								
Don't know	24	1	-	-	1	-	2	1	-	-	1	-	2	6	7	8	3	18
	1%	*	-	-	2%	-	*	*	-	-	2%	-	*	2%	1%	1%	3%	1%
					be						abe			b			be	
NET: More	715	248	141	56	19	197	267	251	133	63	16	196	267	89	336	245	45	626
	35%	41%	41%	34%	42%	39%	41%	38%	48%	33%	41%	42%	38%	26%	32%	44%	44%	37%
									acf			c				abe	ab	ab
NET: Less	524	123	103	51	15	154	138	154	72	61	14	133	167	92	264	137	31	432
	26%	20%	30%	30%	33%	30%	21%	23%	26%	32%	36%	28%	24%	27%	25%	24%	31%	25%
			af	af	a	af				af								
Base for stats	2029	602	344	166	45	510	648	657	280	191	37	471	694	334	1046	552	97	1695
Mean Score	3.10	3.26	3.17	3.00	3.10	3.11	3.25	3.18	3.32	2.97	3.07	3.18	3.18	2.96	3.07	3.23	3.19	3.13
		ce					ce	c	c			c	c			ab	ab	a
Standard Deviation	1.122	1.045	1.184	1.146	1.116	1.173	1.050	1.072	1.142	1.151	1.274	1.158	1.083	1.110	1.082	1.172	1.220	1.122
Standard Error	.025	.041	.063	.087	.161	.051	.040	.041	.066	.083	.201	.052	.040	.062	.034	.049	.117	.027
Error variance	*	*	*	.01	.03	*	*	*	*	.01	.04	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	231	60	132	54	41	12	134	92	14	203	29	201	30
		11%	15%	10%	16%	10%	14%	10%	13%	14%	12%	7%	12%	10%
			b		bd						b			
A bit more	(4.0)	484	113	304	78	81	18	317	158	17	384	100	429	49
		24%	28%	24%	24%	20%	21%	25%	22%	17%	24%	24%	25%	16%
								b					b	
About the same	(3.0)	789	120	502	95	156	33	525	242	37	612	177	670	114
		38%	30%	40%	29%	38%	39%	41%	34%	37%	38%	42%	39%	38%
				a		a		ae						
A bit less	(2.0)	311	66	192	55	67	12	189	115	16	257	55	257	52
		15%	17%	15%	17%	16%	14%	15%	16%	16%	16%	13%	15%	17%
A lot less	(1.0)	213	37	133	41	65	10	108	101	15	161	53	162	50
		10%	9%	10%	12%	16%	11%	8%	14%	15%	10%	12%	9%	16%
					d	d			d	d				a
Don't know		24	2	8	6	5	1	6	10	1	15	9	10	9
		1%	*	1%	2%	1%	1%	*	1%	1%	1%	2%	1%	3%
					d				d					a
NET: More		715	172	436	133	122	30	451	249	31	586	129	630	79
		35%	43%	34%	40%	29%	35%	35%	35%	31%	36%	31%	36%	26%
			b		b			b			b		b	
NET: Less		524	102	324	96	132	22	297	216	31	417	107	420	102
		26%	26%	26%	29%	32%	25%	23%	30%	31%	26%	25%	24%	33%
					d	d			d					a
Base for stats		2029	395	1263	324	409	84	1273	707	98	1616	413	1719	295
Mean Score		3.10	3.24	3.09	3.15	2.92	3.13	3.14	3.03	3.00	3.13	3.00	3.14	2.86
			b		b			be			b		b	
Standard Deviation		1.122	1.173	1.107	1.252	1.179	1.178	1.067	1.215	1.234	1.131	1.080	1.106	1.185
Standard Error		.025	.058	.031	.067	.060	.123	.030	.045	.122	.028	.054	.027	.067
Error variance		*	*	*	*	*	.02	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

		Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
			0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total		2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	231	4	13	22	43	32	38	20	59	110	117	41	66	68	53	45	68	66	51
		11%	1%	7%	7%	11%	12%	18%	26%	27%	10%	23%	8%	12%	9%	21%	7%	13%	10%	20%
				a	a	a	ac	abcdi	abcdei	abcdefi	a	abcdei				abc		a		abc
A bit more	(4.0)	484	24	39	77	122	80	72	28	42	318	142	94	137	195	52	147	117	163	52
		24%	6%	21%	25%	30%	31%	34%	37%	19%	28%	28%	19%	24%	27%	21%	24%	23%	26%	20%
				a	a	abh	abh	abch	abch	a	ah	ah			ad					
About the same	(3.0)	789	204	56	96	145	99	73	23	94	395	189	156	202	312	108	275	197	219	83
		38%	52%	31%	32%	36%	38%	34%	29%	42%	35%	37%	32%	36%	43%	42%	45%	38%	35%	32%
			bcdefghij							bcgi					ab	a	bcd			
A bit less	(2.0)	311	57	38	66	71	37	18	5	18	212	42	85	90	108	27	81	83	104	41
		15%	14%	21%	22%	18%	14%	9%	7%	8%	19%	8%	18%	16%	15%	11%	13%	16%	16%	16%
			fhj	fghj	aefghj	fghj	hj				fghj		d							
A lot less	(1.0)	213	94	34	39	18	13	9	1	5	105	15	101	62	36	12	57	48	77	28
		10%	24%	19%	13%	4%	5%	4%	1%	2%	9%	3%	21%	11%	5%	5%	9%	9%	12%	11%
			cdefghij	defghij	defghij						defghj		bcd	cd						
Don't know		24	13	2	1	1	1	1	-	3	6	5	6	6	3	2	7	3	4	1
		1%	3%	1%	*	*	*	1%	-	2%	1%	1%	1%	1%	*	1%	1%	1%	1%	*
			cdefij																	
NET: More		715	28	52	99	165	112	110	48	101	428	259	134	202	263	106	193	185	229	103
		35%	7%	28%	33%	41%	43%	52%	63%	46%	37%	51%	28%	36%	36%	41%	31%	36%	36%	40%
				a	a	abc	abc	abcdei	abcdehij	abci	ab	abcdei		a	a	a				a
NET: Less		524	151	72	105	89	50	28	6	23	317	57	186	152	144	39	137	131	181	68
		26%	38%	39%	35%	22%	19%	13%	8%	11%	28%	11%	39%	27%	20%	15%	22%	25%	29%	27%
			defghij	defghij	defghij	fghj	ghj				defghj		bcd	cd					a	
Base for stats		2029	383	181	300	399	261	210	77	218	1140	505	476	556	719	253	605	513	630	254
Mean Score		3.10	2.44	2.77	2.92	3.25	3.31	3.53	3.80	3.61	3.10	3.60	2.77	3.10	3.21	3.43	3.07	3.14	3.06	3.23
				a	a	abci	abci	abcdei	abcdefi	abcdei	abc	abcdei		a	a	abc				
Standard Deviation		1.122	.962	1.192	1.138	1.017	1.025	1.025	.942	1.045	1.100	1.024	1.230	1.150	.980	1.079	1.024	1.131	1.153	1.248
Standard Error		.025	.051	.089	.065	.050	.063	.070	.107	.072	.032	.045	.056	.048	.037	.068	.042	.050	.046	.078
Error variance		*	*	.01	*	*	*	*	.01	.01	*	*	*	*	*	*	*	*	*	.01

Q2C1. Do you think you generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
A lot more (5.0)	231	231	-	-
	11%	32%	-	-
		bc		
A bit more (4.0)	484	484	-	-
	24%	68%	-	-
		bc		
About the same (3.0)	789	-	789	-
	38%	-	100%	-
			ac	
A bit less (2.0)	311	-	-	311
	15%	-	-	59%
				ab
A lot less (1.0)	213	-	-	213
	10%	-	-	41%
				ab
Don't know	24	-	-	-
	1%	-	-	-
NET: More	715	715	-	-
	35%	100%	-	-
		bc		
NET: Less	524	-	-	524
	26%	-	-	100%
				ab
Base for stats	2029	715	789	524
Mean Score	3.10	4.32	3.00	1.59
		bc	c	
Standard Deviation	1.122	.468	*	.492
Standard Error	.025	.017	*	.021
Error variance	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1234	602	626	325	410	498	63	157	118	124	101	149	183	200	138
	60%	60%	60%	53%	61%	66%	64%	59%	59%	58%	57%	66%	57%	60%	66%
					a	a									
Running or jogging	410	184	223	205	162	43	14	46	35	50	38	47	98	53	30
	20%	18%	21%	33%	24%	6%	14%	17%	17%	23%	21%	21%	30%	16%	14%
				bc	c					ahi			abcefhi		
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	145	192	171	128	39	22	44	35	31	33	35	72	46	22
	17%	14%	18%	28%	19%	5%	22%	16%	18%	14%	19%	15%	22%	14%	10%
			a	bc	c		hi		i		i		dhi		
Swimming	313	131	181	132	122	58	20	32	20	32	19	27	74	56	32
	15%	13%	17%	21%	18%	8%	20%	12%	10%	15%	11%	12%	23%	17%	15%
			a	c	c		bce						bcdefhi	ce	
Cycling (either for leisure or travel)	311	168	143	105	134	72	14	39	28	29	41	34	48	45	33
	15%	17%	14%	17%	20%	9%	14%	15%	14%	13%	23%	15%	15%	13%	16%
				c	c						bcdfgh				
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	126	159	116	97	72	20	26	34	25	31	21	54	48	27
	14%	13%	15%	19%	14%	9%	21%	10%	17%	12%	18%	9%	17%	14%	13%
				bc	c		bdf		bf		bf		bf		
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	80	188	130	110	31	17	35	33	28	18	21	67	32	20
	13%	8%	18%	21%	16%	4%	17%	13%	17%	13%	10%	9%	21%	9%	10%
			a	bc	c		fh		fh				bdefhi		
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	94	146	103	92	48	14	27	28	27	16	24	40	38	28
	12%	9%	14%	17%	14%	6%	14%	10%	14%	12%	9%	10%	12%	11%	13%
			a	c	c										
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	82	118	91	83	27	8	32	22	17	15	21	34	34	16
	10%	8%	11%	15%	12%	4%	9%	12%	11%	8%	9%	9%	11%	10%	8%
			a	c	c										

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Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	156	89	66	96	45	15	6	23	14	20	14	12	38	20	9
	8%	9%	6%	16%	7%	2%	6%	9%	7%	9%	8%	5%	12%	6%	4%
		b		bc	c								fhi		
Golf	97	67	31	38	32	27	7	12	10	5	7	8	22	14	11
	5%	7%	3%	6%	5%	4%	7%	5%	5%	2%	4%	3%	7%	4%	5%
		b		c			d						d		
Racket sports (such as tennis, badminton, squash etc.)	94	44	51	52	34	8	5	11	4	14	9	12	25	10	4
	5%	4%	5%	8%	5%	1%	5%	4%	2%	7%	5%	5%	8%	3%	2%
				bc	c					chi			chi		
Water sports (such as surfing, rowing, sailing etc.)	85	35	48	53	28	4	4	14	7	8	8	10	21	9	3
	4%	4%	5%	9%	4%	*	5%	5%	4%	4%	4%	4%	7%	3%	1%
				bc	c			i					hi		
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	38	40	46	25	7	2	14	6	7	10	8	15	15	1
	4%	4%	4%	7%	4%	1%	2%	5%	3%	3%	6%	3%	5%	4%	*
				bc	c			i		i	i	i	i	i	
Gymnastics, trampolining or cheerleading	77	21	55	50	24	3	5	8	5	9	10	8	19	10	4
	4%	2%	5%	8%	4%	*	5%	3%	3%	4%	5%	3%	6%	3%	2%
			a	bc	c								i		
Other sport, exercise or physical activity	80	52	29	19	14	48	2	16	5	5	6	13	8	17	9
	4%	5%	3%	3%	2%	6%	2%	6%	3%	2%	3%	6%	3%	5%	4%
		b				ab		dg							
I have not done any physical activity in the past week	262	150	111	21	61	180	5	33	30	29	27	36	22	54	26
	13%	15%	11%	3%	9%	24%	6%	12%	15%	14%	15%	16%	7%	16%	12%
		b			a	ab		ag	ag	ag	ag	ag		ag	g
NET: Home based activity	639	243	392	265	240	135	41	76	70	64	51	58	122	95	61
	31%	24%	38%	43%	36%	18%	42%	28%	35%	30%	29%	26%	38%	28%	29%
			a	bc	c		bdefhi						bdefhi		
NET: Any physical activity in the past week	1791	852	933	598	613	580	93	234	172	185	150	191	301	281	184
	87%	85%	89%	97%	91%	76%	94%	88%	85%	86%	85%	84%	93%	84%	88%
			a	bc	c		bcdefh						bcdefhi		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1234	99	285	297	147	137	268	681	552	1072	20	74	38	11	6	149
	60%	52%	65%	62%	58%	63%	57%	61%	58%	62%	35%	56%	49%	72%	50%	51%
			afh	a		a		a		bdg		b				b
Running or jogging	410	58	116	106	60	44	26	281	129	301	15	52	28	5	4	104
	20%	30%	26%	22%	23%	20%	6%	25%	14%	17%	27%	39%	36%	32%	32%	35%
		cefh	fh	fh	fh	fh		fh	f			a	a			a
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	67	93	70	48	34	28	229	110	253	18	39	18	3	2	81
	17%	35%	21%	15%	19%	16%	6%	21%	12%	15%	32%	30%	23%	18%	19%	27%
		bcdefgh	cfh	f	fh	f		cfh	f		a	a	a			a
Swimming	313	45	91	70	44	31	32	206	107	262	8	20	11	3	5	46
	15%	23%	21%	15%	17%	14%	7%	19%	11%	15%	15%	15%	14%	19%	37%	16%
		cefh	cefh	f	fh	f		fh	f							
Cycling (either for leisure or travel)	311	46	77	63	59	32	33	186	125	251	7	28	15	5	2	57
	15%	24%	17%	13%	23%	15%	7%	17%	13%	14%	13%	21%	19%	33%	14%	19%
		cefgh	fh	f	cefgh	f		fh	f			a				a
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	36	74	69	35	22	49	179	106	230	8	24	11	5	2	50
	14%	19%	17%	14%	14%	10%	10%	16%	11%	13%	14%	19%	14%	29%	14%	17%
		efh	efh					efh								
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	44	69	61	32	32	33	174	97	199	10	36	14	4	2	66
	13%	23%	16%	13%	13%	15%	7%	16%	10%	12%	18%	27%	18%	26%	18%	23%
		bcdefgh	fh	f	f	fh		fh				a				a
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	34	65	51	44	24	25	150	92	193	11	21	10	2	4	47
	12%	18%	15%	11%	17%	11%	5%	13%	10%	11%	19%	16%	12%	11%	35%	16%
		cefh	fh	f	cefh	f		fh	f							a
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	29	59	48	33	19	13	136	65	150	8	25	12	1	2	47
	10%	15%	13%	10%	13%	9%	3%	12%	7%	9%	14%	19%	15%	9%	13%	16%
		efh	fh	fh	fh	f		fh	f			a	a			a

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Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	156	33	45	31	22	13	11	110	46	103	10	23	12	4	1	50
	8%	18%	10%	7%	9%	6%	2%	10%	5%	6%	17%	18%	15%	23%	9%	17%
		bcdefgh	cfh	f	fh	f		cfh	f		a	a	a			a
Golf	97	17	22	16	15	8	20	54	43	82	3	5	2	4	-	14
	5%	9%	5%	3%	6%	4%	4%	5%	5%	5%	6%	4%	3%	23%	-	5%
		cefgh														
Racket sports (such as tennis, badminton, squash etc.)	94	8	32	21	19	9	5	61	33	67	5	14	3	1	1	24
	5%	4%	7%	4%	8%	4%	1%	6%	4%	4%	9%	11%	4%	10%	6%	8%
			f	fh	f	fh	f		fh	f			a				a
Water sports (such as surfing, rowing, sailing etc.)	85	18	19	19	14	11	4	56	29	67	2	10	3	2	1	17
	4%	10%	4%	4%	6%	5%	1%	5%	3%	4%	4%	7%	3%	11%	6%	6%
		bcfgh	f	f	fh	f		fh	f			a				
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	16	24	14	10	9	5	54	24	55	8	8	3	2	-	21
	4%	8%	5%	3%	4%	4%	1%	5%	3%	3%	14%	6%	4%	11%	-	7%
		cdfgh	fh	f	f	f		fh			ad	a				a
Gymnastics, trampolining or cheerleading	77	19	23	16	10	4	5	58	19	48	9	8	10	2	-	29
	4%	10%	5%	3%	4%	2%	1%	5%	2%	3%	15%	6%	13%	12%	-	10%
		bcdefgh	efh	f	f			efh			ac	a	a			a
Other sport, exercise or physical activity	80	6	17	16	7	4	30	39	41	71	3	4	1	1	-	8
	4%	3%	4%	3%	3%	2%	6%	4%	4%	4%	5%	3%	1%	5%	-	3%
							cdeg									
I have not done any physical activity in the past week	262	8	31	49	24	24	126	88	174	249	1	5	5	-	-	11
	13%	4%	7%	10%	10%	11%	27%	8%	18%	14%	1%	4%	6%	-	-	4%
				a	a	a	abcdegh		abcdeg	bcdg						
NET: Home based activity	639	86	167	147	87	62	91	400	240	510	22	58	25	7	6	119
	31%	45%	38%	31%	34%	29%	19%	36%	25%	29%	39%	44%	32%	47%	49%	40%
		cdefgh	cefh	fh	fh	f		cefh	f			a				a
NET: Any physical activity in the past week	1791	182	411	428	230	192	348	1021	770	1485	56	126	74	16	13	284
	87%	96%	93%	90%	90%	89%	73%	92%	82%	86%	99%	96%	94%	100%	100%	96%
		cdefh	fh	fh	fh	fh		fh	f		a	a	a			a

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Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1234	795	198	195	393	22	54	452	172	28	28	66	64	87	259	77
	60%	63%	57%	58%	57%	43%	49%	62%	66%	44%	55%	60%	63%	54%	64%	47%
		bd						abek	abeik			aek	abek		abeik	
Running or jogging	410	174	91	117	207	13	44	200	57	15	10	18	34	10	9	57
	20%	14%	26%	35%	30%	25%	39%	27%	22%	23%	19%	16%	33%	6%	2%	35%
			a	ab	a	ij	cdefgij	gij	ij	ij	ij	ij	dgij	j		cdfgij
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	146	78	94	172	13	31	162	49	14	7	13	27	8	15	44
	17%	12%	22%	28%	25%	25%	28%	22%	19%	22%	13%	11%	26%	5%	4%	27%
			a	a	a	gij	fgij	gij	ij	gij	ij	j	gij			gij
Swimming	313	134	71	86	157	10	27	145	45	11	8	16	14	13	23	37
	15%	11%	20%	26%	23%	19%	25%	20%	18%	18%	15%	15%	13%	8%	6%	23%
			a	a	a	ij	hij	ij	ij	ij	j	j	j			hij
Cycling (either for leisure or travel)	311	145	70	86	156	10	28	153	38	16	14	9	7	8	29	38
	15%	11%	20%	26%	23%	19%	26%	21%	15%	25%	27%	8%	7%	5%	7%	24%
			a	a	a	ghij	dghij	dghij	hij	dghij	dghij					dghij
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	152	50	63	113	11	17	108	47	7	9	16	19	24	27	28
	14%	12%	14%	19%	16%	21%	15%	15%	18%	11%	18%	15%	19%	14%	7%	17%
				a	a	j	j	j	j		j	j	j	j		j
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	114	49	84	133	8	24	119	31	11	9	16	26	20	8	31
	13%	9%	14%	25%	19%	15%	21%	16%	12%	17%	17%	15%	26%	12%	2%	19%
			a	abd	ab	j	dij	j	j	j	j	j	cdgij	j		dj

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	103	61	62	123	11	20	98	40	6	7	15	13	14	19	31
	12%	8%	18%	18%	18%	21%	18%	13%	16%	9%	13%	14%	12%	8%	5%	19%
			a	a	a	ij	ij	j	ij		j	j	j			eij
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	70	59	61	119	9	22	93	25	4	6	13	11	5	12	32
	10%	6%	17%	18%	17%	18%	20%	13%	10%	6%	11%	12%	10%	3%	3%	19%
			a	a	a	eij	cdehij	ij	ij		ij	ij	ij			cdehij
Team sports (such as football, cricket, rugby etc.)	156	70	36	39	75	7	18	66	26	8	3	7	10	6	5	25
	8%	6%	10%	12%	11%	13%	16%	9%	10%	13%	5%	7%	10%	4%	1%	15%
			a	a	a	ij	cgij	ij	ij	ij		j	ij			cgij
Golf	97	56	18	16	34	4	13	33	13	8	2	5	3	2	15	17
	5%	4%	5%	5%	5%	7%	12%	5%	5%	12%	5%	4%	3%	1%	4%	10%
						i	cdghij			cdhij						cdhij
Racket sports (such as tennis, badminton, squash etc.)	94	32	20	32	52	3	10	48	12	2	5	4	7	1	2	14
	5%	3%	6%	10%	8%	7%	9%	7%	5%	4%	10%	3%	7%	*	*	8%
			a	a	a	ij	ij	ij	ij	j	ij	j	ij			ij
Water sports (such as surfing, rowing, sailing etc.)	85	27	18	30	47	5	14	41	14	1	2	4	2	-	1	20
	4%	2%	5%	9%	7%	10%	13%	6%	5%	2%	4%	4%	2%	-	*	12%
			a	a	a	ehij	cdeghij	ij	ij		ij	ij				cdeghij
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	29	23	20	43	6	16	34	6	5	1	6	2	2	1	21
	4%	2%	6%	6%	6%	11%	14%	5%	2%	7%	1%	5%	2%	1%	*	13%
			a	a	a	cdfhij	cdfghij	j	j	dij		j	j			cdfghij

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Gymnastics, trampolining or cheerleading	77	25	14	29	43	1	9	37	11	5	1	4	9	1	-	10
	4%	2%	4%	9%	6%	2%	8%	5%	4%	7%	1%	4%	9%	1%	-	6%
			a	ab	a	j	ij	ij	ij	ij			ij	ij		ij
Other sport, exercise or physical activity	80	64	11	3	14	1	1	18	9	3	4	5	5	1	34	1
	4%	5%	3%	1%	2%	1%	1%	2%	4%	5%	8%	4%	4%	1%	8%	1%
		cd								i	bcik	ik	ik		bcdik	
I have not done any physical activity in the past week	262	223	19	9	29	4	3	57	15	5	3	15	5	43	112	8
	13%	18%	6%	3%	4%	9%	3%	8%	6%	8%	5%	14%	5%	27%	28%	5%
		bcd										bcdhk		abcdefghk	abcdefghk	
NET: Home based activity	639	314	127	154	282	25	47	256	97	18	17	38	42	47	51	72
	31%	25%	36%	46%	41%	47%	43%	35%	38%	28%	33%	34%	41%	29%	13%	44%
			a	ab	a	eij	eij	j	j	j	j	j	ij	j		ceij
NET: Any physical activity in the past week	1791	1038	331	326	656	48	107	676	244	59	48	96	98	119	294	156
	87%	82%	94%	97%	96%	91%	97%	92%	94%	92%	95%	86%	95%	73%	72%	95%
			a	a	a	ij	gij	gij	gij	ij	ij	ij	gij			gij

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1234	388	192	97	20	289	408	429	152	100	20	252	449	201	656	325	51	1032
	60%	64%	56%	59%	43%	57%	63%	65%	54%	52%	53%	53%	65%	59%	62%	58%	51%	60%
		bde					bde	bce					bce		d			
Running or jogging	410	162	91	36	18	127	180	161	95	39	16	134	177	33	174	163	40	377
	20%	27%	26%	22%	39%	25%	28%	25%	34%	20%	41%	28%	25%	10%	17%	29%	39%	22%
					ce				acf		acf	c			a	abe	abce	ab
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	142	65	34	10	99	152	143	72	30	9	102	152	27	147	145	20	312
	17%	24%	19%	20%	23%	19%	23%	22%	26%	16%	23%	22%	22%	8%	14%	26%	20%	18%
									c						a	abe	a	ab
Swimming	313	120	67	34	11	100	131	120	66	33	11	100	130	43	138	121	13	271
	15%	20%	19%	20%	24%	20%	20%	18%	24%	17%	29%	21%	19%	12%	13%	22%	12%	16%
									a							abde		
Cycling (either for leisure or travel)	311	134	60	32	8	92	142	128	61	37	8	98	136	36	145	116	15	276
	15%	22%	18%	19%	18%	18%	22%	19%	22%	20%	22%	21%	20%	10%	14%	21%	15%	16%
																abe		a
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	96	47	30	11	77	107	101	45	27	9	71	109	38	137	89	21	247
	14%	16%	14%	18%	23%	15%	16%	15%	16%	14%	24%	15%	16%	11%	13%	16%	21%	14%
																	ab	
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	90	62	23	8	85	97	93	57	27	8	84	101	32	108	103	28	239
	13%	15%	18%	14%	17%	17%	15%	14%	20%	14%	21%	18%	14%	9%	10%	18%	27%	14%
									af							abe	abce	ab

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Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	82	51	24	6	75	88	79	47	29	9	76	88	23	122	84	14	219
	12%	14%	15%	14%	13%	15%	14%	12%	17%	15%	24%	16%	13%	7%	12%	15%	14%	13%
									a		af	a			a	ab	a	a
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	72	47	17	11	64	83	69	45	17	14	62	84	20	85	80	16	181
	10%	12%	14%	10%	24%	12%	13%	11%	16%	9%	38%	13%	12%	6%	8%	14%	16%	11%
					acef				ac		abcef					abe	ab	ab
Team sports (such as football, cricket, rugby etc.)	156	62	32	14	6	46	68	54	38	18	5	56	59	12	61	70	14	144
	8%	10%	9%	8%	13%	9%	10%	8%	13%	10%	13%	12%	8%	3%	6%	12%	14%	8%
									af			af				abe	ab	ab
Golf	97	31	16	12	6	28	37	30	16	15	2	32	32	11	53	26	7	87
	5%	5%	5%	7%	13%	6%	6%	4%	6%	8%	5%	7%	5%	3%	5%	5%	7%	5%
					abef					a								
Racket sports (such as tennis, badminton, squash etc.)	94	31	31	8	5	39	35	30	27	13	4	40	34	7	36	41	11	88
	5%	5%	9%	5%	10%	8%	5%	5%	10%	7%	10%	8%	5%	2%	3%	7%	11%	5%
			af						af			af				ab	abe	ab
Water sports (such as surfing, rowing, sailing etc.)	85	32	23	8	7	31	39	32	21	14	3	35	35	7	35	38	5	78
	4%	5%	7%	5%	15%	6%	6%	5%	8%	7%	8%	7%	5%	2%	3%	7%	5%	5%
					abcef											abe		a
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	22	27	10	2	36	24	19	33	9	-	42	19	9	32	30	6	69
	4%	4%	8%	6%	5%	7%	4%	3%	12%	5%	-	9%	3%	3%	3%	5%	6%	4%
			af			af			acdf			adf				ab		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Gymnastics, trampolining or cheerleading	77	33	19	5	4	24	37	30	19	10	2	29	33	5	25	39	8	72
	4%	5%	5%	3%	9%	5%	6%	5%	7%	5%	6%	6%	5%	1%	2%	7%	8%	4%
																abe	ab	ab
Other sport, exercise or physical activity	80	16	10	6	-	16	16	18	8	8	-	16	18	13	52	14	2	68
	4%	3%	3%	3%	-	3%	3%	3%	3%	4%	-	3%	3%	4%	5%	2%	2%	4%
																c		
I have not done any physical activity in the past week	262	45	24	9	1	33	46	53	12	14	1	25	53	79	138	38	6	183
	13%	8%	7%	6%	2%	6%	7%	8%	4%	7%	2%	5%	8%	23%	13%	7%	6%	11%
								b					b	bcde	cd			c
NET: Home based activity	639	207	129	63	19	192	226	215	117	65	21	182	236	78	310	206	45	561
	31%	34%	37%	38%	43%	38%	35%	33%	42%	34%	56%	39%	34%	23%	29%	37%	45%	33%
									af		acef	a				a	ab	abe	a
NET: Any physical activity in the past week	1791	558	321	156	45	477	603	605	268	177	37	445	642	261	914	521	94	1530
	87%	92%	93%	94%	98%	94%	93%	92%	96%	93%	98%	95%	92%	77%	87%	93%	94%	89%
									af						a	abe	ab	a

Savanta: ComRes

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Walking (either for leisure or travel)	1234 60%	194 49%	820 64% a	190 57% ce	213 52% c	26 31%	852 67% abce	355 50% c	67 67% bce	971 60%	263 62%	1075 62%	151 50% b
Running or jogging	410 20%	111 28% b	258 20%	70 21% bf	44 11%	18 21% bf	281 22% bef	118 16% b	9 9%	344 21% b	67 16%	353 20%	53 18%
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339 17%	95 24% b	212 17%	70 21% be	50 12%	15 18%	215 17% b	117 16%	15 15%	295 18% b	44 10%	292 17%	41 13%
Swimming	313 15%	96 24% b	169 13%	64 19% d	63 15%	19 23% d	177 14%	130 18% d	14 14%	266 16% b	48 11%	270 16%	40 13%
Cycling (either for leisure or travel)	311 15%	80 20% b	194 15%	60 18% b	43 10%	10 12%	204 16% b	101 14%	11 11%	263 16% b	48 11%	276 16% b	34 11%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285 14%	67 17%	172 14%	59 18% c	56 13%	8 9%	177 14%	100 14%	21 21% bcde	232 14%	53 13%	250 14%	33 11%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271 13%	67 17% b	165 13%	68 21% bde	48 12%	11 12%	161 13%	104 15%	20 20% bd	222 14%	49 12%	232 13%	38 13%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	63	150	54	37	8	148	86	12	189	52	213	25
	12%	16%	12%	16%	9%	9%	12%	12%	12%	12%	12%	12%	8%
		b		bde									b
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	51	123	41	30	12	120	76	6	165	36	181	16
	10%	13%	10%	12%	7%	14%	9%	11%	6%	10%	8%	10%	5%
				b		b						b	
Team sports (such as football, cricket, rugby etc.)	156	58	82	35	20	10	94	58	5	124	31	136	17
	8%	15%	6%	11%	5%	12%	7%	8%	5%	8%	7%	8%	6%
		b		bd		b		b					
Golf	97	23	62	11	16	3	60	31	-	76	21	80	16
	5%	6%	5%	3%	4%	4%	5%	4%	-	5%	5%	5%	5%
					f	f	f	f					
Racket sports (such as tennis, badminton, squash etc.)	94	37	47	17	13	7	57	35	1	82	13	80	13
	5%	9%	4%	5%	3%	8%	4%	5%	1%	5%	3%	5%	4%
		b				bf							
Water sports (such as surfing, rowing, sailing etc.)	85	44	32	22	12	13	38	43	-	71	14	64	19
	4%	11%	3%	7%	3%	15%	3%	6%	-	4%	3%	4%	6%
		b		bdf		abdef		bdf					a
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	31	35	18	12	6	42	33	1	68	9	56	21
	4%	8%	3%	5%	3%	7%	3%	5%	1%	4%	2%	3%	7%
		b		f		f							a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Gymnastics, trampolining or cheerleading	77	34	36	25	16	8	37	40	6	71	6	66	10
	4%	8%	3%	7%	4%	9%	3%	6%	6%	4%	1%	4%	3%
		b		bd		bd		d		b			
Other sport, exercise or physical activity	80	6	62	12	16	3	54	26	4	54	26	69	10
	4%	1%	5%	4%	4%	4%	4%	4%	4%	3%	6%	4%	3%
			a								a		
I have not done any physical activity in the past week	262	31	146	36	102	8	125	126	19	211	51	204	53
	13%	8%	12%	11%	25%	10%	10%	18%	19%	13%	12%	12%	17%
			a		acde			ad	ad				a
NET: Home based activity	639	154	392	138	114	24	390	232	40	507	133	554	79
	31%	39%	31%	42%	28%	28%	31%	32%	40%	31%	31%	32%	26%
		b		bcde					b			b	
NET: Any physical activity in the past week	1791	366	1125	294	311	77	1154	591	81	1420	371	1525	250
	87%	92%	88%	89%	75%	90%	90%	82%	81%	87%	88%	88%	83%
		b		bef			b	bef	b			b	

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Walking (either for leisure or travel)	1234	145	114	187	255	163	146	52	172	719	370	263	320	484	154	392	295	387	145
	60%	36%	62%	62%	64%	62%	69%	68%	78%	63%	73%	54%	57%	67%	61%	64%	57%	61%	57%
			a	a	a	a	a	a	abcdefi	a	abcdei			ab		bd			
Running or jogging	410	3	13	48	117	88	67	21	53	266	142	71	134	134	66	111	128	121	47
	20%	1%	7%	16%	29%	34%	32%	28%	24%	23%	28%	15%	24%	18%	26%	18%	25%	19%	19%
			a	ab	abci	abchi	abci	abc	abc	abc	abci		ac		ac		ac		
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	3	14	41	94	64	60	18	44	213	123	70	99	111	53	113	99	84	42
	17%	1%	8%	14%	23%	25%	28%	24%	20%	19%	24%	15%	18%	15%	21%	18%	19%	13%	17%
			a	a	abci	abci	abchi	abc	abc	abc	abci				ac	c	c		
Swimming	313	5	24	34	82	58	45	14	51	199	110	56	98	94	63	89	87	94	40
	15%	1%	13%	11%	20%	22%	21%	18%	23%	17%	21%	12%	17%	13%	25%	15%	17%	15%	16%
			a	a	abc	abc	abc	a	abci	ac	abci		ac		abc				
Cycling (either for leisure or travel)	311	4	10	36	79	67	48	19	49	192	116	50	80	127	53	84	92	98	34
	15%	1%	5%	12%	20%	26%	23%	25%	22%	17%	23%	10%	14%	18%	21%	14%	18%	15%	13%
			a	ab	abc	abci	abci	abc	abc	abc	abci			a	ab				
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	7	13	56	61	42	50	16	41	172	106	60	83	96	44	79	82	87	33
	14%	2%	7%	19%	15%	16%	23%	21%	18%	15%	21%	12%	15%	13%	17%	13%	16%	14%	13%
			a	ab	ab	ab	abdei	ab	ab	ab	abdi								
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	3	13	34	65	61	41	18	36	173	95	54	81	87	44	72	62	96	38
	13%	1%	7%	11%	16%	23%	19%	23%	16%	15%	19%	11%	14%	12%	17%	12%	12%	15%	15%
			a	a	ab	abcdi	abc	abc	ab	ab	abc				ac				
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	14	17	42	50	34	31	14	39	144	84	42	66	97	33	77	66	70	28
	12%	4%	10%	14%	13%	13%	14%	18%	18%	13%	16%	9%	12%	13%	13%	13%	13%	11%	11%
			a	a	a	a	a	a	abi	a	abi			a					
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	6	13	25	50	32	30	9	34	120	74	38	57	73	32	55	54	67	23
	10%	2%	7%	8%	12%	12%	14%	11%	16%	10%	14%	8%	10%	10%	13%	9%	11%	11%	9%
			a	a	a	a	abc	a	abci	a	abci				a				

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	156	4	10	20	41	27	23	7	23	99	53	30	44	57	22	43	62	34	15
	8%	1%	5%	7%	10%	10%	11%	9%	10%	9%	10%	6%	8%	8%	9%	7%	12%	5%	6%
			a	a	ab	a	ab	a	a	a	ab						acd		
Golf	97	5	7	11	23	19	15	4	13	60	32	19	24	32	22	37	24	28	8
	5%	1%	4%	4%	6%	7%	7%	6%	6%	5%	6%	4%	4%	4%	9%	6%	5%	4%	3%
			a		a	a	a	a	a	a	a				abc				
Racket sports (such as tennis, badminton, squash etc.)	94	3	2	13	22	18	16	9	12	55	37	15	28	28	22	23	22	32	18
	5%	1%	1%	4%	5%	7%	7%	11%	6%	5%	7%	3%	5%	4%	9%	4%	4%	5%	7%
				a	ab	ab	ab	abcdi	ab	ab	abi				abc				a
Water sports (such as surfing, rowing, sailing etc.)	85	2	7	12	20	13	16	2	12	52	30	12	29	23	20	15	27	26	16
	4%	1%	4%	4%	5%	5%	7%	3%	6%	5%	6%	2%	5%	3%	8%	2%	5%	4%	6%
			a	a	a	a	a		a	a	a		a		ac		a		a
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	-	7	10	19	15	11	4	12	50	27	13	30	15	18	13	27	22	17
	4%	-	4%	3%	5%	6%	5%	6%	5%	4%	5%	3%	5%	2%	7%	2%	5%	3%	7%
			a	a	a	a	a	a	a	a	a		ac		ac		a		ac
Gymnastics, trampolining or cheerleading	77	-	6	8	18	22	7	4	12	54	23	11	28	18	19	20	27	21	9
	4%	-	3%	3%	5%	9%	3%	5%	5%	5%	4%	2%	5%	2%	8%	3%	5%	3%	4%
			a	a	a	abcdfij	a	a	a	a	a		ac		ac				
Other sport, exercise or physical activity	80	6	11	15	9	10	10	8	12	44	30	19	17	38	6	36	23	18	2
	4%	1%	6%	5%	2%	4%	5%	11%	5%	4%	6%	4%	3%	5%	2%	6%	4%	3%	1%
			ad	ad			a	acdei	ad	a	ad			b		cd	d		
I have not done any physical activity in the past week	262	231	9	4	12	4	1	-	2	29	2	93	60	71	30	73	48	92	40
	13%	58%	5%	1%	3%	1%	*	-	1%	3%	*	19%	11%	10%	12%	12%	9%	14%	16%
		bcdefghij	cefghj		fj					fj		bcd						b	b
NET: Home based activity	639	22	36	111	144	115	91	33	87	406	211	129	175	229	95	190	163	200	80
	31%	6%	20%	37%	36%	44%	43%	43%	39%	35%	41%	27%	31%	32%	37%	31%	32%	32%	31%
			a	ab	ab	abdi	abi	ab	ab	ab	abi				a				
NET: Any physical activity in the past week	1791	166	174	297	388	258	211	77	220	1117	508	389	502	651	225	539	469	542	215
	87%	42%	95%	99%	97%	99%	100%	100%	99%	97%	100%	81%	89%	90%	88%	88%	91%	86%	84%
			a	ab	a	ab	abdi	ab	ab	a	abdi		a	a	a		cd		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Walking (either for leisure or travel)	1234	462	459	306
	60%	65%	58%	58%
		bc		
Running or jogging	410	239	109	60
	20%	33%	14%	11%
		bc		
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	199	84	55
	17%	28%	11%	11%
		bc		
Swimming	313	172	85	55
	15%	24%	11%	10%
		bc		
Cycling (either for leisure or travel)	311	151	90	70
	15%	21%	11%	13%
		bc		
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	134	93	56
	14%	19%	12%	11%
		bc		
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	149	69	52
	13%	21%	9%	10%
		bc		
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	112	77	52
	12%	16%	10%	10%
		bc		
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	110	48	40
	10%	15%	6%	8%
		bc		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3. Which, if any, of the following physical activities have you done in the past week?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Team sports (such as football, cricket, rugby etc.)	156	89	42	23
	8%	12%	5%	4%
		bc		
Golf	97	36	40	20
	5%	5%	5%	4%
Racket sports (such as tennis, badminton, squash etc.)	94	52	22	19
	5%	7%	3%	4%
		bc		
Water sports (such as surfing, rowing, sailing etc.)	85	54	16	15
	4%	8%	2%	3%
		bc		
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	45	20	11
	4%	6%	3%	2%
		bc		
Gymnastics, trampolining or cheerleading	77	43	18	16
	4%	6%	2%	3%
		bc		
Other sport, exercise or physical activity	80	20	40	20
	4%	3%	5%	4%
			a	
I have not done any physical activity in the past week	262	17	143	91
	13%	2%	18%	17%
			a	a
NET: Home based activity	639	303	201	132
	31%	42%	25%	25%
		bc		
NET: Any physical activity in the past week	1791	698	647	434
	87%	98%	82%	83%
		bc		

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1210	574	631	381	432	397	68	157	111	147	121	109	176	208	113
Total	1234	602	626	325	410	498	63	157	118	124	101	149	183	200	138
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	836	439	392	202	269	365	41	105	87	82	67	102	124	133	95
	68%	73%	63%	62%	65%	73%	65%	67%	73%	66%	66%	69%	68%	66%	69%
		b				ab									
To get to/from shops or supermarkets	615	298	314	165	206	245	27	77	63	59	50	67	105	98	68
	50%	49%	50%	51%	50%	49%	44%	49%	53%	48%	50%	45%	57%	49%	49%
													f		
To visit friends or family	330	125	204	136	121	73	12	53	37	40	28	32	56	35	38
	27%	21%	33%	42%	29%	15%	20%	34%	31%	32%	27%	21%	30%	17%	27%
			a	bc	c			afh	h	h	h		h		h
For personal business, e.g. running errands or visiting the doctor	216	104	110	65	80	72	10	30	16	9	21	28	49	33	20
	18%	17%	18%	20%	19%	14%	16%	19%	13%	8%	21%	19%	27%	16%	14%
				c				d			d	d	cdhi	d	
To get to/from my place of work	195	87	106	72	86	36	8	19	18	18	16	17	42	32	25
	16%	15%	17%	22%	21%	7%	13%	12%	15%	14%	16%	12%	23%	16%	18%
				c	c								bf		
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	68	81	66	49	36	4	22	16	10	20	16	29	19	16
	12%	11%	13%	20%	12%	7%	7%	14%	13%	8%	20%	11%	16%	9%	12%
				bc	c						adh		d		
To get to/from school or place of education (including escorting others)	148	37	109	73	65	10	4	19	11	16	10	20	32	22	13
	12%	6%	17%	22%	16%	2%	7%	12%	10%	13%	10%	13%	18%	11%	10%
			a	bc	c								a		
For journeys made as part of my work	138	73	64	49	57	32	5	18	7	18	6	10	33	24	18
	11%	12%	10%	15%	14%	6%	8%	12%	6%	15%	6%	7%	18%	12%	13%
				c	c					cef			cef		
To volunteer or provide support to others	67	30	37	26	22	19	3	13	3	7	4	7	15	7	9
	5%	5%	6%	8%	5%	4%	4%	9%	2%	5%	4%	4%	8%	4%	6%
				c				ch					c		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1210	574	631	381	432	397	68	157	111	147	121	109	176	208	113
Total	1234	602	626	325	410	498	63	157	118	124	101	149	183	200	138
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For another purpose	69	37	33	7	15	47	6	15	8	11	4	6	5	8	7
	6%	6%	5%	2%	4%	9%	10%	9%	6%	9%	4%	4%	3%	4%	5%
						ab	g	gh		g					
NET: Travel/utility	796	386	407	232	268	296	40	101	76	77	67	84	140	122	89
	65%	64%	65%	71%	65%	59%	63%	65%	64%	62%	66%	57%	76%	61%	65%
				c									abcdfhi		
NET: Leisure, fitness & recreation and travel/utility	476	249	225	130	149	197	23	61	53	45	39	46	91	66	52
	39%	41%	36%	40%	36%	39%	36%	39%	45%	37%	38%	31%	50%	33%	38%
									fh				dfh		

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Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	1210	95	271	296	159	154	235	662	548	1036	21	79	42	12	7	161
Total	1234	99	285	297	147	137	268	681	552	1072	20	74	38	11	6	149
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	836	63	216	210	91	86	170	489	347	735	12	46	25	4	4	91
	68%	64%	76%	71%	62%	63%	63%	72%	63%	69%	63%	63%	64%	37%	65%	61%
			adefh	h				defh								
To get to/from shops or supermarkets	615	53	140	139	59	73	152	332	283	525	11	41	24	6	3	84
	50%	54%	49%	47%	40%	53%	56%	49%	51%	49%	56%	55%	62%	51%	44%	56%
		d				d	cdg	d	d							
To visit friends or family	330	34	75	61	54	41	65	170	160	272	6	28	15	5	2	55
	27%	35%	26%	20%	37%	30%	24%	25%	29%	25%	30%	38%	38%	41%	26%	37%
		cg			bcfg	c			c			a				a
For personal business, e.g. running errands or visiting the doctor	216	30	57	48	24	16	41	135	81	178	2	15	13	3	3	36
	18%	30%	20%	16%	16%	12%	15%	20%	15%	17%	8%	21%	35%	30%	43%	24%
		bcdefgh	e					eh					a			a
To get to/from my place of work	195	24	50	45	27	44	5	119	76	161	1	16	11	3	1	32
	16%	24%	17%	15%	18%	32%	2%	17%	14%	15%	4%	22%	28%	29%	13%	21%
		cfh	f	f	f	bcdfgh		f	f			a				a
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	20	46	31	12	19	22	97	54	118	3	17	6	4	2	32
	12%	20%	16%	10%	8%	14%	8%	14%	10%	11%	17%	23%	15%	31%	28%	21%
		cdfh	cdfh					dfh				a				a
To get to/from school or place of education (including escorting others)	148	16	42	33	24	18	15	91	56	115	4	11	11	2	3	31
	12%	17%	15%	11%	16%	13%	6%	13%	10%	11%	20%	14%	29%	21%	41%	21%
		f	f	f	fh	f		f	f				a			a
For journeys made as part of my work	138	17	37	34	26	21	3	88	50	112	1	14	7	4	-	25
	11%	18%	13%	11%	18%	15%	1%	13%	9%	10%	5%	19%	18%	31%	-	17%
		fh	f	f	fh	fh		fh	f			a				a
To volunteer or provide support to others	67	11	9	21	9	5	11	42	25	56	1	5	3	1	-	10
	5%	12%	3%	7%	6%	4%	4%	6%	5%	5%	6%	6%	9%	7%	-	7%
		befgh		b												
For another purpose	69	7	9	17	4	4	30	32	37	68	-	1	-	-	-	1
	6%	7%	3%	6%	2%	3%	11%	5%	7%	6%	-	2%	-	-	-	1%
							bcdegh		bd	g						

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	1210	95	271	296	159	154	235	662	548	1036	21	79	42	12	7	161
Total	1234	99	285	297	147	137	268	681	552	1072	20	74	38	11	6	149
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Travel/utility	796	75	180	189	91	96	164	445	351	680	12	55	31	9	4	110
	65%	76%	63%	64%	62%	70%	61%	65%	64%	63%	62%	74%	80%	76%	56%	73%
		bcdfgh										a	a			a
NET: Leisure, fitness & recreation and travel/utility	476	45	122	115	48	55	91	282	194	413	7	30	19	3	2	60
	39%	46%	43%	39%	33%	40%	34%	41%	35%	38%	33%	41%	49%	23%	31%	40%
		dfh	dfh					dfh								

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	*f	g	h	i	j	k
Unweighted Total	1210	791	183	182	365	26	57	466	177	30	26	73	82	87	186	83
Total	1234	795	198	195	393	22	54	452	172	28	28	66	64	87	259	77
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	836	552	139	115	253	13	31	322	114	23	23	37	39	51	182	45
	68%	69%	70%	59%	64%	60%	58%	71%	66%	80%	81%	56%	60%	59%	70%	58%
		c	c					bghik		bgik					g	
To get to/from shops or supermarkets	615	385	110	100	209	13	31	218	80	13	14	40	37	51	118	44
	50%	48%	55%	51%	53%	57%	57%	48%	47%	45%	49%	61%	58%	59%	45%	57%
												cdj		j		
To visit friends or family	330	168	68	80	148	8	20	133	43	5	7	29	28	20	38	28
	27%	21%	34%	41%	38%	36%	37%	29%	25%	17%	25%	43%	43%	23%	15%	36%
			a	a	a		j	j	j			cdeij	cdeij			ej
For personal business, e.g. running errands or visiting the doctor	216	132	33	44	77	5	16	77	32	13	10	8	10	14	31	21
	18%	17%	17%	23%	20%	24%	30%	17%	19%	46%	35%	12%	16%	16%	12%	28%
							cgj			cdghij						cgj
To get to/from my place of work	195	99	45	44	89	6	12	113	39	6	5	3	9	2	1	18
	16%	12%	23%	22%	23%	25%	23%	25%	23%	20%	17%	5%	14%	2%	*	24%
			a	a	a		gij	ghij	gij	gij			j	ij		gij
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	79	28	35	63	4	18	56	19	3	4	7	14	6	19	22
	12%	10%	14%	18%	16%	18%	33%	12%	11%	12%	16%	11%	22%	7%	7%	29%
				a	a		cdegij						cdij			cdgij
To get to/from school or place of education (including escorting others)	148	41	34	66	100	8	19	47	24	4	2	11	16	12	5	27
	12%	5%	17%	34%	25%	37%	36%	10%	14%	14%	7%	16%	24%	14%	2%	36%
			a	abd	ab		cdegij	j	j	j		j	cdj	j		cdegij

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	*f	g	h	i	j	k
Unweighted Total	1210	791	183	182	365	26	57	466	177	30	26	73	82	87	186	83
Total	1234	795	198	195	393	22	54	452	172	28	28	66	64	87	259	77
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For journeys made as part of my work	138	72	26	35	62	3	7	80	28	4	3	5	4	1	3	10
	11%	9%	13%	18%	16%	14%	13%	18%	16%	14%	11%	8%	6%	1%	1%	14%
				a	a		ij	ghij	hij	ij		ij	j			ij
To volunteer or provide support to others	67	34	17	11	29	2	9	23	10	2	3	4	2	2	11	10
	5%	4%	9%	6%	7%	7%	16%	5%	6%	6%	12%	6%	3%	2%	4%	14%
			a		a		cdghij									cdhij
For another purpose	69	58	6	4	9	1	1	15	9	1	1	3	-	8	32	1
	6%	7%	3%	2%	2%	3%	1%	3%	5%	2%	3%	5%	-	9%	12%	2%
		bcd							h			h		chk	bcdhk	
NET: Travel/utility	796	493	142	138	280	18	43	306	113	21	21	44	44	54	132	61
	65%	62%	72%	71%	71%	82%	79%	68%	65%	74%	76%	66%	69%	62%	51%	80%
			a	a	a		ij	j	j	j			j	j		cdgij
NET: Leisure, fitness & recreation and travel/utility	476	298	90	74	164	11	23	194	62	16	17	21	25	25	82	34
	39%	37%	45%	38%	42%	51%	42%	43%	36%	57%	60%	32%	38%	28%	32%	45%
			a					ij		dgij						ij

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	1210	410	193	93	20	286	430	450	156	94	21	250	471	195	626	334	55	1015
Total	1234	388	192	97	20	289	408	429	152	100	20	252	449	201	656	325	51	1032
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	836	260	146	75	13	221	272	299	105	76	13	181	312	148	456	202	30	688
	68%	67%	76%	77%	64%	76%	67%	70%	69%	76%	65%	72%	69%	73%	69%	62%	58%	67%
			af			af								cd	c			
To get to/from shops or supermarkets	615	188	92	50	10	142	198	204	71	55	10	127	214	110	318	155	32	505
	50%	49%	48%	51%	48%	49%	49%	48%	47%	56%	51%	50%	48%	55%	48%	48%	62%	49%
																	bc	
To visit friends or family	330	124	43	22	8	65	132	123	47	17	11	64	134	44	147	115	23	286
	27%	32%	22%	22%	39%	22%	32%	29%	31%	17%	54%	25%	30%	22%	22%	35%	45%	28%
		be					be	c	c				c			abe	abe	b
For personal business, e.g. running errands or visiting the doctor	216	67	42	27	5	68	71	71	33	31	8	63	79	45	96	65	10	171
	18%	17%	22%	27%	25%	24%	18%	17%	21%	31%	39%	25%	18%	22%	15%	20%	19%	17%
				af		af				af		af		b		b		
To get to/from my place of work	195	122	21	18	5	39	127	115	30	19	4	49	120	25	96	58	15	169
	16%	32%	11%	18%	26%	13%	31%	27%	20%	19%	22%	19%	27%	13%	15%	18%	28%	16%
		bce					bce	e					e				abe	
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	51	27	12	4	38	56	50	27	14	4	41	54	32	50	56	12	119
	12%	13%	14%	12%	23%	13%	14%	12%	18%	14%	21%	16%	12%	16%	8%	17%	23%	11%
														b		be	be	b
To get to/from school or place of education (including escorting others)	148	56	22	11	3	33	59	42	30	13	5	43	47	4	51	69	23	144
	12%	14%	11%	11%	16%	11%	14%	10%	20%	13%	24%	17%	10%	2%	8%	21%	45%	14%
									af			af			a	abe	abce	ab

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	1210	410	193	93	20	286	430	450	156	94	21	250	471	195	626	334	55	1015
Total	1234	388	192	97	20	289	408	429	152	100	20	252	449	201	656	325	51	1032
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For journeys made as part of my work	138	85	23	5	4	28	89	81	25	6	6	31	86	17	65	48	8	121
	11%	22%	12%	5%	21%	10%	22%	19%	17%	6%	29%	12%	19%	8%	10%	15%	16%	12%
		bce					bce	ce	c				ce			ab		
To volunteer or provide support to others	67	24	16	4	1	21	25	21	19	5	1	24	22	10	34	19	4	57
	5%	6%	8%	4%	5%	7%	6%	5%	13%	5%	5%	10%	5%	5%	5%	6%	7%	6%
									af			af						
For another purpose	69	11	7	5	1	12	11	14	5	3	2	8	15	17	41	10	1	52
	6%	3%	4%	5%	5%	4%	3%	3%	3%	3%	9%	3%	3%	9%	6%	3%	1%	5%
														c	c			
NET: Travel/utility	796	282	121	62	15	183	297	282	118	69	17	187	299	133	413	212	38	663
	65%	73%	63%	64%	75%	63%	73%	66%	78%	69%	87%	74%	67%	66%	63%	65%	74%	64%
		be					be		af			af						
NET: Leisure, fitness & recreation and travel/utility	476	168	80	46	9	126	177	167	75	49	12	124	179	87	253	115	21	389
	39%	43%	42%	47%	45%	43%	43%	39%	50%	49%	61%	49%	40%	43%	39%	35%	41%	38%
									af			af						

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Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	1210	195	798	206	206	26	820	360	71	970	240	1043	159
Total	1234	194	820	190	213	26	852	355	67	971	263	1075	151
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	836	122	552	120	149	16	584	235	46	658	178	732	100
	68%	63%	67%	63%	70%	63%	69%	66%	69%	68%	68%	68%	66%
To get to/from shops or supermarkets	615	105	389	104	116	11	415	188	40	498	117	533	78
	50%	54%	47%	55%	54%	43%	49%	53%	60%	51%	44%	50%	52%
To visit friends or family	330	72	209	66	68	6	208	113	25	276	54	297	32
	27%	37%	26%	35%	32%	24%	24%	32%	38%	28%	20%	28%	21%
		b		d	d			d	d	b			
For personal business, e.g. running errands or visiting the doctor	216	43	123	41	35	2	141	66	10	184	32	187	27
	18%	22%	15%	21%	16%	8%	17%	19%	15%	19%	12%	17%	18%
		b								b			
To get to/from my place of work	195	40	126	38	25	3	133	57	9	157	38	168	25
	16%	21%	15%	20%	12%	11%	16%	16%	14%	16%	14%	16%	17%
				b									
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	31	84	38	22	4	94	52	10	128	23	131	17
	12%	16%	10%	20%	10%	15%	11%	15%	15%	13%	9%	12%	11%
		b		bd									
To get to/from school or place of education (including escorting others)	148	42	99	41	27	5	83	61	9	124	24	131	15
	12%	22%	12%	21%	13%	19%	10%	17%	14%	13%	9%	12%	10%
		b		bd				d					
For journeys made as part of my work	138	24	95	26	16	3	97	38	6	122	16	119	18
	11%	12%	12%	14%	8%	10%	11%	11%	10%	13%	6%	11%	12%
				b						b			

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Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	1210	195	798	206	206	26	820	360	71	970	240	1043	159
Total	1234	194	820	190	213	26	852	355	67	971	263	1075	151
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To volunteer or provide support to others	67	23	30	18	18	4	32	32	7	55	12	58	8
	5%	12%	4%	10%	9%	15%	4%	9%	10%	6%	5%	5%	5%
		b		d	d			d	d				
For another purpose	69	8	45	12	11	3	48	21	5	48	21	65	4
	6%	4%	5%	6%	5%	12%	6%	6%	8%	5%	8%	6%	3%
NET: Travel/utility	796	146	505	136	143	16	534	243	49	650	147	686	106
	65%	75%	62%	72%	67%	62%	63%	68%	73%	67%	56%	64%	70%
		b		d						b			
NET: Leisure, fitness & recreation and travel/utility	476	88	294	83	90	9	320	146	32	396	81	412	62
	39%	45%	36%	44%	42%	33%	38%	41%	48%	41%	31%	38%	41%
		b								b			

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1210	136	111	189	251	163	146	52	162	714	360	269	323	456	147	380	294	376	143
Total	1234	145	114	187	255	163	146	52	172	719	370	263	320	484	154	392	295	387	145
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	836	63	68	117	195	117	104	41	130	498	275	166	210	345	108	254	194	276	103
	68%	43%	60%	63%	76%	72%	72%	79%	75%	69%	74%	63%	66%	71%	70%	65%	66%	71%	71%
			a	a	abci	ab	ab	abc	abc	ab	abc			a					
To get to/from shops or supermarkets	615	72	57	85	123	86	72	29	91	352	191	140	155	237	78	195	149	202	65
	50%	50%	50%	46%	48%	53%	49%	55%	53%	49%	52%	53%	49%	49%	51%	50%	50%	52%	45%
To visit friends or family	330	18	19	57	75	50	45	14	51	202	110	66	78	133	48	99	87	102	38
	27%	13%	17%	31%	29%	31%	31%	26%	30%	28%	30%	25%	24%	27%	31%	25%	29%	26%	27%
				ab	ab	ab	ab	a	ab	ab	ab								
For personal business, e.g. running errands or visiting the doctor	216	22	14	30	37	36	32	14	31	117	78	49	60	71	36	77	52	64	22
	18%	15%	12%	16%	15%	22%	22%	28%	18%	16%	21%	19%	19%	15%	23%	20%	18%	17%	15%
						bd	b	abdi			bd				c				
To get to/from my place of work	195	16	10	27	33	32	28	8	40	103	76	37	57	72	25	66	61	42	20
	16%	11%	9%	15%	13%	20%	19%	15%	23%	14%	21%	14%	18%	15%	16%	17%	21%	11%	14%
				ab		ab			abcdi		abdi					c	c		
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	10	6	23	31	27	20	8	27	86	55	33	32	57	27	60	37	39	15
	12%	7%	5%	12%	12%	17%	14%	15%	16%	12%	15%	13%	10%	12%	18%	15%	12%	10%	10%
				b	b	ab	b	b	ab	b	ab				b	c			
To get to/from school or place of education (including escorting others)	148	8	7	24	25	26	30	6	22	82	58	33	43	46	24	49	32	50	15
	12%	5%	6%	13%	10%	16%	20%	11%	13%	11%	16%	13%	14%	10%	15%	13%	11%	13%	10%
				a		abd	abdi		a	a	abd								
For journeys made as part of my work	138	5	7	23	27	22	24	5	25	79	54	20	32	63	21	40	35	46	17
	11%	4%	6%	12%	11%	14%	17%	10%	14%	11%	15%	8%	10%	13%	14%	10%	12%	12%	11%
				a	a	ab	ab		ab	a	ab				a				
To volunteer or provide support to others	67	3	6	11	17	9	7	4	10	42	21	14	14	20	18	17	17	23	9
	5%	2%	5%	6%	7%	5%	5%	8%	6%	6%	6%	5%	4%	4%	12%	4%	6%	6%	6%
															abc				
For another purpose	69	11	5	5	8	4	12	4	19	23	35	21	11	33	3	21	18	24	6
	6%	8%	5%	3%	3%	3%	8%	8%	11%	3%	9%	8%	4%	7%	2%	5%	6%	6%	4%
		cei					cdei		cdei		cdei	bd		bd					

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Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Total	Number of days active											Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1210	136	111	189	251	163	146	52	162	714	360	269	323	456	147	380	294	376	143
Total	1234	145	114	187	255	163	146	52	172	719	370	263	320	484	154	392	295	387	145
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Travel/utility	796	89	67	116	168	114	97	36	109	464	243	178	208	302	102	251	195	251	92
	65%	62%	59%	62%	66%	70%	67%	68%	64%	65%	66%	68%	65%	63%	66%	64%	66%	65%	63%
NET: Leisure, fitness & recreation and travel/utility	476	23	27	61	117	77	62	28	81	282	172	103	113	194	64	148	110	156	60
	39%	16%	23%	33%	46%	47%	43%	54%	47%	39%	46%	39%	35%	40%	41%	38%	37%	40%	41%
				a	abc	abc	ab	abci	abc	ab	abci								

Q3E. You said you have walked in the past week. For what purpose(s) did you walk?
BASE: All respondents who walked in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1210	473	424	305
Total	1234	462	459	306
	100%	100%	100%	100%
For leisure, fitness, or recreation	836	329	305	199
	68%	71%	66%	65%
To get to/from shops or supermarkets	615	229	219	163
	50%	50%	48%	53%
To visit friends or family	330	140	116	72
	27%	30%	25%	24%
		c		
For personal business, e.g. running errands or visiting the doctor	216	86	71	58
	18%	19%	15%	19%
To get to/from my place of work	195	85	73	34
	16%	18%	16%	11%
		c		
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	151	81	36	33
	12%	17%	8%	11%
		bc		
To get to/from school or place of education (including escorting others)	148	76	39	32
	12%	16%	8%	10%
		bc		
For journeys made as part of my work	138	67	44	27
	11%	15%	9%	9%
		bc		
To volunteer or provide support to others	67	37	20	9
	5%	8%	4%	3%
		bc		
For another purpose	69	23	34	13
	6%	5%	7%	4%

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Q3E. You said you have walked in the past week. For what purpose(s) did you walk?

BASE: All respondents who walked in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1210	473	424	305
Total	1234	462	459	306
	100%	100%	100%	100%
NET: Travel/utility	796	313	281	198
	65%	68%	61%	65%
		b		
NET: Leisure, fitness & recreation and travel/utility	476	205	161	108
	39%	44%	35%	35%
		bc		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total	323	172	150	124	138	61	14	45	28	37	50	25	46	49	29
Total	311	168	143	105	134	72	14	39	28	29	41	34	48	45	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	209	125	84	59	91	59	12	26	18	16	29	27	29	31	20
	67%	74% b	59%	56%	68%	82% ab	86%	67%	64%	57%	72%	79%	61%	68%	61%
To get to/from shops or supermarkets	74	42	32	26	26	22	1	11	4	8	10	7	12	10	12
	24%	25%	23%	25%	20%	30%	7%	27%	16%	26%	25%	20%	24%	22%	36%
To visit friends or family	67	31	36	34	22	11	1	9	7	7	9	7	10	9	9
	21%	18%	25%	32% bc	16%	16%	6%	22%	23%	23%	22%	20%	21%	21%	26%
To get to/from my place of work	58	28	30	20	29	8	1	4	6	5	5	7	12	13	4
	18%	17%	21%	19%	22%	12%	7%	11%	21%	17%	12%	21%	25%	29% be	13%
For personal business, e.g. running errands or visiting the doctor	48	25	22	20	16	12	-	6	4	6	5	4	13	6	3
	15%	15%	15%	19%	12%	16%	-	16%	15%	20%	13%	11%	28%	14%	8%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	19	22	22	18	1	1	7	1	7	4	4	9	5	2
	13%	11%	15%	21% c	14% c	1%	7%	17%	5%	23%	11%	13%	19%	12%	6%
For journeys made as part of my work	39	19	20	16	19	4	-	6	6	3	4	1	8	6	5
	13%	11%	14%	15%	14%	6%	-	15%	21%	10%	9%	4%	18%	12%	15%
To get to/from school or place of education (including escorting others)	30	13	17	15	15	-	1	5	1	4	2	-	11	4	2
	10%	8%	12%	14% c	11% c	-	7%	13%	3%	13%	6%	-	22% e	10%	5%
To volunteer or provide support to others	24	12	13	14	11	-	-	3	3	5	1	4	6	4	-
	8%	7%	9%	13% c	8% c	-	-	7%	9%	18% e	2%	10%	11%	9%	-
For another purpose	8	5	3	2	1	5	-	1	1	2	2	-	-	2	2
	2%	3%	2%	2%	1%	7% b	-	2%	3%	5%	4%	-	-	3%	5%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total	323	172	150	124	138	61	14	45	28	37	50	25	46	49	29
Total	311	168	143	105	134	72	14	39	28	29	41	34	48	45	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Travel/utility	149	79	69	55	66	29	1	19	16	16	15	13	29	24	17
	48%	47%	49%	52%	49%	40%	7%	49%	58%	55%	36%	38%	60% e	53%	50%
NET: Leisure, fitness & recreation and travel/utility	68	43	24	20	27	21	-	9	7	6	8	6	12	13	8
	22%	26%	17%	19%	20%	29%	-	23%	24%	21%	19%	17%	24%	29%	23%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	323	46	75	65	67	37	33	186	137	259	7	30	17	5	2	61
Total	311	46	77	63	59	32	33	186	125	251	7	28	15	5	2	57
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	209	28	61	40	34	23	23	130	79	173	3	15	8	5	2	33
	67%	62%	79% acdh	63%	57%	70%	68%	70%	64%	69%	44%	53%	55%	100%	100%	58%
To get to/from shops or supermarkets	74	12	15	15	18	6	7	43	31	60	-	8	6	-	-	14
	24%	27%	20%	24%	30%	20%	20%	23%	25%	24%	-	28%	39%	-	-	24%
To visit friends or family	67	9	22	7	16	9	4	38	29	52	1	6	6	2	-	15
	21%	20%	29% c	10%	27% c	27% c	13%	20%	23% c	21%	17%	20%	40%	45%	-	26%
To get to/from my place of work	58	6	13	11	15	11	2	30	28	46	-	4	6	1	-	12
	18%	14%	16%	17% f	25% abcfg	35%	6%	16%	22% f	18%	-	14%	43%	28%	-	21%
For personal business, e.g. running errands or visiting the doctor	48	8	15	8	7	4	6	31	17	35	-	10	1	1	-	13
	15%	18%	19%	12%	12%	13%	18%	17%	14%	14%	-	36% a	8%	28%	-	22%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	8	12	6	10	3	2	25	15	29	1	6	2	1	1	11
	13%	17%	15%	9%	18%	9%	6%	14%	12%	12%	9%	22%	16%	17%	46%	19%
For journeys made as part of my work	39	12	9	6	5	4	3	26	13	27	2	4	4	2	-	13
	13%	25% cdh	12%	9%	9%	13%	9%	14%	10%	11%	26%	13%	30%	47%	-	22% a
To get to/from school or place of education (including escorting others)	30	10	10	2	6	2	1	22	8	20	-	3	6	1	-	11
	10%	22% cefh	13% c	3%	10%	6%	2%	12% c	7%	8%	-	12%	38%	28%	-	18% a
To volunteer or provide support to others	24	4	8	2	7	4	1	13	11	17	2	3	2	1	-	7
	8%	8%	10%	3%	12% c	11%	2%	7%	9%	7%	26%	10%	12%	19%	-	13%
For another purpose	8	1	2	2	-	-	4	4	4	6	2	-	-	-	-	2
	2%	2%	2%	2%	-	-	12% bdegh	2%	3%	2%	21%	-	-	-	-	3%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	323	46	75	65	67	37	33	186	137	259	7	30	17	5	2	61
Total	311	46	77	63	59	32	33	186	125	251	7	28	15	5	2	57
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Travel/utility	149	25	32	34	32	16	10	90	59	116	3	16	11	2	-	32
	48%	54%	41%	53%	54%	51%	31%	48%	47%	46%	35%	57%	71%	47%	-	55%
		f		f	f											
NET: Leisure, fitness & recreation and travel/utility	68	10	19	15	11	9	5	43	24	54	-	4	6	2	-	12
	22%	21%	24%	23%	18%	27%	15%	23%	20%	22%	-	14%	41%	47%	-	22%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	323	159	68	81	149	11	30	159	41	17	15	11	9	8	22	41
Total	311	145	70	86	156	10	28	153	38	16	14	9	7	8	29	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	209	96	50	59	109	6	15	109	22	8	10	6	4	5	23	22
	67%	66%	70%	69%	70%	63%	53%	71%	59%	53%	71%	66%	50%	67%	81%	56%
To get to/from shops or supermarkets	74	37	15	18	33	1	11	35	11	4	1	3	1	2	4	12
	24%	25%	21%	21%	21%	12%	38%	23%	29%	25%	10%	38%	12%	28%	16%	31%
To visit friends or family	67	29	8	26	34	3	10	26	12	4	3	3	3	-	2	14
	21%	20%	12%	30%	22%	35%	36%	17%	32%	25%	22%	33%	40%	-	8%	36%
				b			c		c							c
To get to/from my place of work	58	20	18	18	36	1	6	30	9	4	5	1	1	-	-	7
	18%	14%	25%	21%	23%	10%	22%	20%	24%	28%	33%	16%	10%	-	-	19%
			a		a											
For personal business, e.g. running errands or visiting the doctor	48	20	11	16	27	1	6	21	6	4	2	3	-	2	4	7
	15%	14%	15%	19%	17%	12%	21%	14%	15%	22%	17%	30%	-	23%	12%	19%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	13	7	17	24	1	6	17	8	4	3	1	1	-	-	7
	13%	9%	10%	20%	15%	8%	21%	11%	21%	24%	21%	6%	17%	-	-	18%
				a												
For journeys made as part of my work	39	12	4	20	24	1	9	16	6	1	3	1	1	1	1	10
	13%	9%	6%	23%	15%	10%	31%	10%	17%	8%	20%	6%	10%	12%	3%	25%
				ab	b		c									c
To get to/from school or place of education (including escorting others)	30	7	6	15	21	1	6	15	2	2	3	1	-	-	-	7
	10%	5%	9%	18%	14%	9%	21%	10%	6%	10%	23%	16%	-	-	-	18%
				a	a											

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	323	159	68	81	149	11	30	159	41	17	15	11	9	8	22	41
Total	311	145	70	86	156	10	28	153	38	16	14	9	7	8	29	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To volunteer or provide support to others	24	5	7	11	17	1	4	16	2	1	1	1	-	-	-	5
	8%	3%	10%	12% a	11% a	9%	14%	10%	6%	4%	5%	6%	-	-	-	12%
For another purpose	8	6	1	-	1	-	1	-	-	-	-	1	2	-	5	1
	2%	4% d	1%	-	1%	-	2% c	-	-	-	-	8%	21%	-	16%	2%
NET: Travel/utility	149	61	35	44	79	4	19	74	18	10	7	4	2	4	6	24
	48%	42%	50%	51%	51%	42%	68% c	48%	48%	64%	51%	47%	32%	51%	20%	61%
NET: Leisure, fitness & recreation and travel/utility	68	27	16	21	37	1	8	34	7	3	3	4	1	1	5	9
	22%	19%	23%	24%	24%	12%	27%	22%	20%	22%	22%	39%	12%	18%	18%	23%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Unweighted Total	323	141	64	34	8	98	149	135	67	37	9	104	144	39	150	118	16	284
Total	311	134	60	32	8	92	142	128	61	37	8	98	136	36	145	116	15	276
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	209	90	40	20	4	60	94	90	41	19	3	59	94	25	96	76	12	184
	67%	67%	67%	63%	47%	65%	66%	70% c	67%	50%	41%	60%	69% c	71%	66%	66%	77%	67%
To get to/from shops or supermarkets	74	37	17	4	2	21	39	31	19	9	1	28	32	11	32	27	5	64
	24%	27%	27%	13%	27%	23%	27%	24%	31%	25%	14%	29%	24%	30%	22%	23%	34%	23%
To visit friends or family	67	33	8	8	4	16	36	27	17	6	4	23	30	9	22	30	6	58
	21%	25%	14%	24%	45%	17%	26%	21%	28%	17%	43%	23%	22%	26%	15%	26% b	38%	21%
To get to/from my place of work	58	31	11	8	1	20	32	29	15	7	2	22	31	4	23	24	7	54
	18%	23%	19%	27%	15%	22%	23%	22%	25%	19%	26%	23%	23%	11%	16%	21%	45%	19%
For personal business, e.g. running errands or visiting the doctor	48	17	10	8	3	18	20	14	11	11	3	21	17	6	21	19	2	42
	15%	12%	17%	25%	38%	20%	14%	11%	18%	28% af	38%	22% a	13%	18%	14%	16%	15%	15%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	15	16	4	2	19	17	15	13	6	1	19	16	5	13	20	3	36
	13%	11%	26% af	11%	26%	21% a	12%	12%	21%	17%	14%	20%	12%	13%	9%	17% b	20%	13%
For journeys made as part of my work	39	22	6	4	1	10	24	19	6	7	1	13	21	2	18	15	4	37
	13%	17%	9%	12%	15%	10%	17%	15%	10%	18%	14%	13%	15%	6%	12%	13%	28%	13%
To get to/from school or place of education (including escorting others)	30	13	7	4	3	11	16	11	7	7	3	13	15	2	9	17	2	28
	10%	10%	12%	12%	41%	12%	12%	9%	11%	18%	40%	14%	11%	6%	7%	14% b	14%	10%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Unweighted Total	323	141	64	34	8	98	149	135	67	37	9	104	144	39	150	118	16	284
Total	311	134	60	32	8	92	142	128	61	37	8	98	136	36	145	116	15	276
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To volunteer or provide support to others	24	9	10	2	1	12	10	10	9	2	1	11	11	1	11	11	1	23
	8%	7%	17% af	5%	14%	13%	7%	8%	15%	6%	14%	11%	8%	4%	7%	9%	9%	8%
For another purpose	8	1	-	-	-	-	1	1	-	-	-	-	1	2	4	2	-	5
	2%	1%	-	-	-	-	1%	1%	-	-	-	-	1%	6%	3%	1%	-	2%
NET: Travel/utility	149	72	29	16	5	46	77	61	36	22	5	57	67	17	66	57	10	132
	48%	54%	49%	51%	65%	49%	55%	48%	58%	58%	64%	58%	49%	47%	45%	49%	66%	48%
NET: Leisure, fitness & recreation and travel/utility	68	30	12	8	1	21	31	28	16	7	1	23	29	9	25	27	7	58
	22%	23%	20%	26%	13%	22%	22%	21%	26%	20%	12%	24%	21%	26%	17%	23%	44%	21%

Savanta: ComRes

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	323	88	194	66	45	11	208	109	12	275	48	282	39
Total	311	80	194	60	43	10	204	101	11	263	48	276	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	209	40	142	33	29	4	150	56	9	175	34	189	19
	67%	50%	73%	55%	67%	38%	73%	55%	79%	67%	71%	68%	55%
			a				ae						
To get to/from shops or supermarkets	74	23	41	19	10	1	48	26	2	66	8	71	3
	24%	28%	21%	31%	22%	7%	24%	25%	22%	25%	16%	26%	8%
													b
To visit friends or family	67	26	31	22	12	3	35	30	6	57	10	63	4
	21%	33%	16%	36%	29%	25%	17%	30%	49%	22%	21%	23%	13%
		b		d				d					
To get to/from my place of work	58	23	31	13	11	3	35	23	4	52	5	48	9
	18%	28%	16%	21%	26%	24%	17%	22%	35%	20%	11%	17%	28%
		b											
For personal business, e.g. running errands or visiting the doctor	48	19	23	10	12	4	25	23	2	42	6	43	5
	15%	24%	12%	17%	27%	35%	12%	23%	14%	16%	12%	15%	16%
		b			d			d					
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	20	15	14	7	1	19	22	1	36	4	33	7
	13%	25%	8%	24%	17%	8%	9%	22%	6%	14%	9%	12%	22%
		b		d				d					
For journeys made as part of my work	39	15	22	9	3	2	27	11	2	34	5	35	3
	13%	18%	11%	14%	7%	16%	13%	11%	20%	13%	10%	13%	9%

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	323	88	194	66	45	11	208	109	12	275	48	282	39
Total	311	80	194	60	43	10	204	101	11	263	48	276	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
To get to/from school or place of education (including escorting others)	30	15	14	10	4	2	15	15	2	25	5	27	3
	10%	18%	7%	17%	10%	24%	7%	15%	16%	9%	11%	10%	9%
		b		d				d					
To volunteer or provide support to others	24	15	8	6	4	1	15	10	1	21	4	20	3
	8%	18%	4%	10%	10%	8%	7%	10%	12%	8%	7%	7%	9%
		b											
For another purpose	8	1	5	-	-	2	5	2	-	8	-	8	-
	2%	1%	2%	-	-	15%	2%	2%	-	3%	-	3%	-
NET: Travel/utility	149	56	76	36	27	7	87	61	7	129	20	130	18
	48%	70%	39%	59%	62%	65%	43%	60%	62%	49%	41%	47%	53%
		b		d	d			d					
NET: Leisure, fitness & recreation and travel/utility	68	23	36	13	17	3	42	26	6	60	8	63	4
	22%	28%	18%	21%	39%	25%	21%	25%	51%	23%	17%	23%	12%
					d								

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	323	5	10	39	81	68	49	21	50	198	120	54	86	123	58	90	93	101	35
Total	311	4	10	36	79	67	48	19	49	192	116	50	80	127	53	84	92	98	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For leisure, fitness, or recreation	209	2	6	20	54	44	34	13	36	124	83	36	43	94	35	64	59	63	23
	67%	56%	61%	56%	69%	65%	72%	65%	74%	65%	72%	71% b	54%	74% b	66%	76%	64%	64%	68%
To get to/from shops or supermarkets	74	1	-	11	17	16	7	3	18	44	29	10	16	34	15	18	21	24	9
	24%	40%	-	31%	21%	24%	14%	17%	38% dfi	23%	25%	20%	20%	27%	28%	22%	22%	24%	27%
To visit friends or family	67	-	2	6	14	17	9	3	16	39	28	9	15	30	14	13	20	18	16
	21%	-	17%	18%	18%	25%	18%	17%	33% di	20%	24%	18%	18%	23%	26%	16%	21%	18%	47% abc
To get to/from my place of work	58	-	-	5	15	11	8	4	15	30	27	7	19	22	10	10	18	23	5
	18%	-	-	14%	19%	16%	17%	23%	31% i	16%	24%	13%	24%	17%	19%	12%	19%	24% a	15%
For personal business, e.g. running errands or visiting the doctor	48	-	5	5	6	13	7	1	13	28	20	9	12	21	6	12	12	17	6
	15%	-	46%	13%	8%	19% d	14%	3%	26% d	15%	17%	17%	15%	16%	12%	14%	13%	17%	18%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	-	1	10	7	10	5	2	6	27	13	6	12	8	14	11	13	13	4
	13%	-	7%	27% dij	8%	15%	11%	11%	12%	14%	11%	13%	14%	7%	27% c	12%	14%	13%	12%
For journeys made as part of my work	39	1	1	2	7	11	5	1	11	21	17	3	14	9	13	9	11	12	6
	13%	23%	9%	7%	9%	16%	11%	6%	22% cdi	11%	15%	6%	17% c	7%	25% ac	11%	12%	12%	18%
To get to/from school or place of education (including escorting others)	30	-	-	6	6	8	5	2	2	20	10	5	7	7	12	7	7	12	4
	10%	-	-	18% h	8%	12%	11%	13%	4%	11%	8%	10%	9%	5%	22% bc	9%	8%	12%	11%
To volunteer or provide support to others	24	-	-	3	3	6	5	2	5	13	12	3	8	5	9	7	7	8	3
	8%	-	-	9%	4%	9%	10%	12%	10%	7%	10%	7%	10%	4%	16% c	8%	7%	8%	8%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?

BASE: All respondents who cycled in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	323	5	10	39	81	68	49	21	50	198	120	54	86	123	58	90	93	101	35
Total	311	4	10	36	79	67	48	19	49	192	116	50	80	127	53	84	92	98	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
For another purpose	8	-	-	2	1	2	1	2	1	5	3	-	2	3	2	4	-	2	2
	2%	-	-	4%	1%	3%	2%	8%	1%	2%	3%	-	3%	2%	4%	4%	-	2%	7%
																b			b
NET: Travel/utility	149	2	5	17	32	36	21	8	28	89	57	20	40	59	29	34	41	54	16
	48%	63%	46%	47%	41%	54%	44%	42%	57%	47%	49%	40%	51%	46%	56%	40%	44%	56%	48%
																		a	
NET: Leisure, fitness & recreation and travel/utility	68	1	1	7	13	16	10	4	17	37	30	9	12	32	15	20	13	24	9
	22%	19%	14%	19%	16%	24%	20%	19%	34%	19%	26%	19%	15%	25%	28%	24%	15%	24%	27%
									di										

Q3F. You said you have cycled in the past week. For what purpose(s) did you cycle?
BASE: All respondents who cycled in the past week

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	323	155	94	74
Total	311	151	90	70
	100%	100%	100%	100%
For leisure, fitness, or recreation	209	99	63	47
	67%	66%	70%	67%
To get to/from shops or supermarkets	74	35	23	15
	24%	23%	26%	22%
To visit friends or family	67	38	15	13
	21%	25%	17%	19%
To get to/from my place of work	58	30	12	16
	18%	20%	13%	23%
For personal business, e.g. running errands or visiting the doctor	48	29	11	8
	15%	19%	13%	11%
To get to/from entertainment venues or attractions, e.g. cinemas, museums, pubs and restaurants, sports facilities etc.	41	28	8	5
	13%	18%	9%	8%
		bc		
For journeys made as part of my work	39	22	12	5
	13%	14%	13%	7%
To get to/from school or place of education (including escorting others)	30	17	7	6
	10%	11%	8%	8%
To volunteer or provide support to others	24	15	4	5
	8%	10%	5%	7%
For another purpose	8	5	-	2
	2%	4%	-	3%
NET: Travel/utility	149	75	40	34
	48%	50%	44%	48%
NET: Leisure, fitness & recreation and travel/utility	68	35	18	15
	22%	23%	20%	21%

Savanta:
ComRes

Q4. SUMMARY: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nobody, I did this on my own	With another adult or adults	With a child or children	NET: With somebody else
Walking (either for leisure or travel)	1234	636	489	197	598
	100%	52%	40%	16%	48%
Cycling (either for leisure or travel)	311	193	84	48	119
	100%	62%	27%	15%	38%
Running or jogging	410	289	96	34	121
	100%	70%	24%	8%	30%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	271	193	61	26	78
	100%	71%	23%	10%	29%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	285	206	64	20	79
	100%	72%	23%	7%	28%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	242	67	82	112	175
	100%	28%	34%	47%	72%
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	200	41	91	90	159
	100%	21%	45%	45%	79%
Team sports (such as football, cricket, rugby etc.)	156	16	120	31	140
	100%	10%	77%	20%	90%
Racket sports (such as tennis, badminton, squash etc.)	94	22	59	19	73
	100%	23%	62%	20%	77%
Golf	97	27	65	6	70
	100%	28%	66%	6%	72%
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	339	208	118	18	131
	100%	61%	35%	5%	39%
Swimming	313	148	97	87	166
	100%	47%	31%	28%	53%

Savanta:
ComRes

Q4. SUMMARY: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nobody, I did this on my own	With another adult or adults	With a child or children	NET: With somebody else
Combat sports, martial arts or target sports (such as shooting, archery etc.)	78	30	35	13	47
	100%	39%	45%	17%	61%
Water sports (such as surfing, rowing, sailing etc.)	85	29	43	16	56
	100%	34%	50%	19%	66%
Gymnastics, trampolining or cheerleading	77	24	36	22	53
	100%	32%	47%	29%	68%
Other sport, exercise or physical activity	80	40	36	6	41
	100%	49%	44%	7%	51%

Savanta:
ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1210	574	631	381	432	397	68	157	111	147	121	109	176	208	113
Total	1234	602	626	325	410	498	63	157	118	124	101	149	183	200	138
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	636	351	283	126	200	310	35	86	56	67	50	71	98	102	69
	52%	58%	45%	39%	49%	62%	56%	55%	48%	54%	50%	48%	54%	51%	50%
		b			a	ab									
With another adult or adults	489	227	260	159	147	183	23	61	51	47	41	63	66	78	59
	40%	38%	42%	49%	36%	37%	37%	39%	43%	38%	40%	42%	36%	39%	43%
				bc											
With a child or children	197	57	138	74	110	12	8	21	16	16	20	25	36	37	19
	16%	9%	22%	23%	27%	2%	13%	14%	13%	13%	20%	16%	19%	18%	14%
			a	c	c										
NET: With somebody else	598	251	343	199	210	188	28	70	62	57	51	78	85	99	68
	48%	42%	55%	61%	51%	38%	44%	45%	52%	46%	50%	52%	46%	49%	50%
			a	bc	c										

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	1210	95	271	296	159	154	235	662	548	1036	21	79	42	12	7	161
Total	1234	99	285	297	147	137	268	681	552	1072	20	74	38	11	6	149
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	636	45	135	150	67	73	166	330	306	566	6	30	20	5	3	63
	52%	46%	47%	50%	45%	53%	62%	48%	55%	53%	28%	41%	52%	46%	41%	42%
							abcdg		bdg	cg						
With another adult or adults	489	44	126	127	58	47	87	298	192	422	9	33	13	4	3	63
	40%	45%	44%	43%	39%	34%	32%	44%	35%	39%	47%	45%	35%	35%	43%	42%
		f	efh	fh				efh								
With a child or children	197	19	57	37	33	27	23	114	83	161	5	17	9	2	1	34
	16%	20%	20%	13%	22%	20%	9%	17%	15%	15%	24%	23%	24%	19%	15%	23%
		f	cf		cfh	cf		f	f							a
NET: With somebody else	598	54	151	147	80	64	102	351	246	506	14	44	19	6	4	86
	48%	54%	53%	50%	55%	47%	38%	52%	45%	47%	72%	59%	48%	54%	59%	58%
		f	fh	f	fh			fh				a				a

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Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	*f	g	h	i	j	k
Unweighted Total	1210	791	183	182	365	26	57	466	177	30	26	73	82	87	186	83
Total	1234	795	198	195	393	22	54	452	172	28	28	66	64	87	259	77
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	636	472	73	65	137	11	25	224	77	21	12	31	28	46	162	36
	52%	59%	37%	33%	35%	50%	46%	50%	45%	73%	42%	47%	44%	52%	62%	47%
		bcd								bcdghik					bcdghk	
With another adult or adults	489	310	90	75	165	7	22	183	76	5	16	23	33	28	96	29
	40%	39%	45%	39%	42%	32%	40%	41%	44%	19%	56%	34%	52%	32%	37%	37%
								e	e				egij			
With a child or children	197	21	76	91	167	5	14	91	34	2	1	18	6	23	2	19
	16%	3%	38%	47%	42%	21%	26%	20%	20%	8%	3%	27%	10%	27%	1%	24%
			a	a	a		ehj	hj	j	j		ehj	j	ehj		hj
NET: With somebody else	598	323	126	130	256	11	29	227	95	8	16	35	36	42	97	40
	48%	41%	63%	67%	65%	50%	54%	50%	55%	27%	58%	53%	56%	48%	38%	53%
			a	a	a		ej	ej	ej			ej	ej	e		ej

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Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	1210	410	193	93	20	286	430	450	156	94	21	250	471	195	626	334	55	1015
Total	1234	388	192	97	20	289	408	429	152	100	20	252	449	201	656	325	51	1032
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	636	197	84	49	12	134	209	218	64	54	13	118	231	160	322	137	17	476
	52%	51%	44%	50%	61%	46%	51%	51%	42%	54%	67%	47%	52%	79%	49%	42%	34%	46%
													b	bcde	cd			
With another adult or adults	489	145	87	44	7	132	152	164	70	42	5	112	169	41	288	135	25	448
	40%	37%	45%	45%	34%	45%	37%	38%	46%	42%	23%	44%	38%	20%	44%	42%	49%	43%
						af									a	a	a	a
With a child or children	197	84	35	12	1	47	85	84	32	14	4	46	87	2	81	95	19	195
	16%	22%	18%	12%	5%	16%	21%	19%	21%	14%	19%	18%	19%	1%	12%	29%	37%	19%
		c													a	abe	abe	ab
NET: With somebody else	598	191	108	48	8	156	199	211	88	46	7	134	218	42	334	188	34	556
	48%	49%	56%	50%	39%	54%	49%	49%	58%	46%	33%	53%	48%	21%	51%	58%	66%	54%
									f						a	ab	ab	a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	1210	195	798	206	206	26	820	360	71	970	240	1043	159
Total	1234	194	820	190	213	26	852	355	67	971	263	1075	151
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	636	86	380	94	108	12	438	177	35	500	136	547	85
	52%	44%	46%	50%	51%	47%	51%	50%	52%	52%	52%	51%	56%
With another adult or adults	489	76	364	75	89	11	337	148	24	383	107	432	53
	40%	39%	44%	40%	42%	42%	40%	42%	35%	39%	41%	40%	35%
With a child or children	197	48	143	41	29	5	134	60	13	165	32	177	20
	16%	25%	18%	22%	14%	19%	16%	17%	19%	17%	12%	16%	13%
		b		bd									
NET: With somebody else	598	107	440	96	105	14	414	178	32	471	127	528	66
	48%	56%	54%	50%	49%	53%	49%	50%	48%	48%	48%	49%	44%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1210	136	111	189	251	163	146	52	162	714	360	269	323	456	147	380	294	376	143
Total	1234	145	114	187	255	163	146	52	172	719	370	263	320	484	154	392	295	387	145
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	636	91	70	81	119	82	70	27	96	352	193	155	164	238	70	205	146	186	90
	52%	63%	61%	43%	47%	51%	48%	53%	56%	49%	52%	59%	51%	49%	45%	52%	49%	48%	62%
		cdefij	cdfi						c			cd							abc
With another adult or adults	489	43	32	95	108	63	63	20	65	298	148	86	125	206	68	147	129	166	43
	40%	29%	28%	51%	42%	39%	44%	38%	38%	41%	40%	33%	39%	43%	44%	38%	44%	43%	30%
				abehij	ab		ab			ab	ab			a	a		d	d	
With a child or children	197	13	18	27	47	32	24	12	24	124	60	34	54	78	30	71	41	66	16
	16%	9%	16%	14%	18%	20%	17%	23%	14%	17%	16%	13%	17%	16%	20%	18%	14%	17%	11%
					a	a		a		a	a								
NET: With somebody else	598	54	44	106	136	80	76	25	77	366	177	108	156	245	84	187	149	201	55
	48%	37%	39%	57%	53%	49%	52%	47%	44%	51%	48%	41%	49%	51%	55%	48%	51%	52%	38%
				abh	ab	a	ab			ab	a			a	a	d	d	d	

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Q4.1. Walking (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1210	473	424	305
Total	1234	462	459	306
	100%	100%	100%	100%
Nobody, I did this on my own	636	210	270	152
	52%	45%	59%	50%
			ac	
With another adult or adults	489	211	156	120
	40%	46%	34%	39%
		b		
With a child or children	197	83	56	59
	16%	18%	12%	19%
		b		b
NET: With somebody else	598	253	188	154
	48%	55%	41%	50%
		b		b

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total	323	172	150	124	138	61	14	45	28	37	50	25	46	49	29
Total	311	168	143	105	134	72	14	39	28	29	41	34	48	45	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	119	73	56	77	60	11	21	17	20	21	23	29	27	24
	62%	71%	51%	53%	57%	84%	80%	54%	60%	69%	51%	68%	59%	60%	72%
		b				ab									
With another adult or adults	84	32	52	39	33	11	2	15	5	6	15	7	14	12	8
	27%	19%	36%	37%	25%	16%	13%	39%	19%	20%	37%	21%	29%	27%	24%
			a	bc											
With a child or children	48	26	22	16	32	-	1	5	6	3	7	5	7	11	2
	15%	15%	16%	15%	24%	-	7%	14%	21%	11%	18%	15%	14%	24%	7%
				c	c										
NET: With somebody else	119	49	70	50	58	11	3	18	11	9	20	11	20	18	9
	38%	29%	49%	47%	43%	16%	20%	46%	40%	31%	49%	32%	41%	40%	28%
			a	c	c										

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	323	46	75	65	67	37	33	186	137	259	7	30	17	5	2	61
Total	311	46	77	63	59	32	33	186	125	251	7	28	15	5	2	57
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	23	46	46	34	20	25	114	79	159	4	16	8	3	1	32
	62%	49%	60%	72%	57%	61%	75%	61%	63%	63%	50%	59%	53%	60%	54%	56%
				a			a									
With another adult or adults	84	16	21	11	17	10	9	48	36	66	4	8	4	1	1	18
	27%	35%	28%	17%	29%	31%	25%	26%	29%	26%	50%	29%	27%	19%	46%	31%
		c														
With a child or children	48	11	14	7	10	4	2	33	15	37	-	3	4	1	1	10
	15%	25%	19%	11%	16%	12%	5%	18%	12%	15%	-	12%	28%	21%	46%	17%
		fh														
NET: With somebody else	119	23	31	18	25	13	9	72	46	92	4	12	7	2	1	25
	38%	51%	40%	28%	43%	39%	25%	39%	37%	37%	50%	41%	47%	40%	46%	44%
		cf														

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	323	159	68	81	149	11	30	159	41	17	15	11	9	8	22	41
Total	311	145	70	86	156	10	28	153	38	16	14	9	7	8	29	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	106	37	45	82	6	15	94	23	8	10	6	3	5	22	21
	62%	73% bcd	53%	52%	52%	64%	53%	61%	62%	50%	74%	64%	38%	67%	77%	56%
With another adult or adults	84	35	19	27	46	2	13	37	11	3	2	2	4	2	7	15
	27%	24%	27%	32%	29%	17%	47% c	24%	30%	21%	14%	26%	50%	33%	23%	39%
With a child or children	48	4	18	23	41	3	3	29	4	5	2	2	2	-	-	6
	15%	3%	26% a	27% a	26% a	26%	11%	19%	10%	29%	13%	18%	21%	-	-	15%
NET: With somebody else	119	39	33	41	74	4	13	59	14	8	4	3	4	2	7	17
	38%	27%	47% a	48% a	48% a	36%	47%	39%	38%	50%	26%	36%	62%	33%	23%	44%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Unweighted Total	323	141	64	34	8	98	149	135	67	37	9	104	144	39	150	118	16	284
Total	311	134	60	32	8	92	142	128	61	37	8	98	136	36	145	116	15	276
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	84	28	24	5	52	89	81	30	24	6	54	87	29	96	61	6	164
	62%	63%	46%	75%	61%	56%	63%	63%	49%	64%	66%	55%	64%	82%	66%	53%	43%	59%
		b		b			b							ce	c			
With another adult or adults	84	29	27	7	1	34	30	30	24	10	2	33	31	6	34	39	5	78
	27%	22%	45%	21%	13%	36%	21%	23%	39%	26%	20%	34%	23%	16%	24%	34%	35%	28%
			acf			af			af							a		
With a child or children	48	28	9	2	2	11	30	21	11	6	2	17	24	1	15	26	5	47
	15%	21%	15%	8%	26%	12%	21%	17%	18%	15%	26%	17%	17%	3%	11%	23%	36%	17%
																ab		a
NET: With somebody else	119	50	33	8	3	41	53	47	31	13	3	44	50	6	49	55	9	112
	38%	37%	54%	25%	39%	44%	37%	37%	51%	36%	34%	45%	36%	18%	34%	47%	57%	41%
			acf													ab		a

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Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	323	88	194	66	45	11	208	109	12	275	48	282	39
Total	311	80	194	60	43	10	204	101	11	263	48	276	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	44	118	36	25	6	128	60	6	158	34	167	26
	62%	55%	61%	60%	57%	57%	63%	59%	50%	60%	71%	61%	75%
With another adult or adults	84	23	56	17	14	4	53	31	4	75	9	78	5
	27%	28%	29%	28%	32%	34%	26%	30%	31%	28%	19%	28%	14%
With a child or children	48	17	30	12	7	1	31	16	3	41	7	44	4
	15%	22%	15%	20%	15%	9%	15%	16%	27%	16%	15%	16%	11%
NET: With somebody else	119	36	76	24	18	4	77	41	6	104	14	108	8
	38%	45%	39%	40%	43%	43%	37%	41%	50%	40%	29%	39%	25%

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Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	*a	*b	c	d	e	f	*g	h	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
		Number of days active										**Life satisfaction score**				**Covid-19 related worries**			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	323	5	10	39	81	68	49	21	50	198	120	54	86	123	58	90	93	101	35
Total	311	4	10	36	79	67	48	19	49	192	116	50	80	127	53	84	92	98	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	2	6	20	45	47	26	13	33	118	72	32	43	84	32	51	52	64	24
	62%	61%	61%	56%	58%	69%	54%	68%	69%	62%	62%	64%	54%	66%	61%	60%	57%	66%	70%
With another adult or adults	84	1	4	15	20	14	13	3	13	53	29	9	29	35	11	23	27	25	7
	27%	39%	39%	42%	25%	22%	28%	16%	27%	28%	25%	18%	36%	28%	21%	27%	29%	26%	21%
				e									a						
With a child or children	48	-	-	4	14	8	10	4	7	26	22	11	10	14	12	14	17	13	4
	15%	-	-	10%	18%	12%	21%	21%	15%	14%	19%	23%	13%	11%	23%	17%	18%	13%	12%
												c			c				
NET: With somebody else	119	1	4	16	33	20	22	6	15	74	44	18	36	44	20	33	40	34	10
	38%	39%	39%	44%	42%	31%	46%	32%	31%	38%	38%	36%	46%	34%	39%	40%	43%	34%	30%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.2. Cycling (either for leisure or travel): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	323	155	94	74
Total	311	151	90	70
	100%	100%	100%	100%
Nobody, I did this on my own	193	82	64	47
	62%	54%	71%	66%
			a	
With another adult or adults	84	47	20	17
	27%	31%	22%	24%
With a child or children	48	28	11	9
	15%	19%	12%	13%
NET: With somebody else	119	69	26	24
	38%	46%	29%	34%
		b		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	e	f	g	h	*i
Unweighted Total	451	209	239	243	167	41	17	54	35	67	49	38	101	63	27
Total	410	184	223	205	162	43	14	46	35	50	38	47	98	53	30
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	289	126	160	142	111	36	9	31	24	33	26	37	67	40	21
	70%	69%	72%	69%	69%	84%	65%	68%	69%	66%	70%	80%	68%	77%	69%
With another adult or adults	96	49	47	54	36	6	2	11	9	13	9	7	28	11	7
	24%	27%	21%	26%	22%	14%	15%	24%	24%	26%	24%	15%	29%	20%	22%
With a child or children	34	16	18	16	18	1	3	6	5	4	4	3	5	2	3
	8%	9%	8%	8%	11%	2%	20%	12%	16%	8%	10%	7%	5%	3%	9%
									h						
NET: With somebody else	121	58	63	64	50	7	5	15	11	17	11	9	31	12	9
	30%	31%	28%	31%	31%	16%	35%	32%	31%	34%	30%	20%	32%	23%	31%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	451	61	120	114	72	52	32	295	156	330	17	59	31	5	4	116
Total	410	58	116	106	60	44	26	281	129	301	15	52	28	5	4	104
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	289	37	79	82	42	31	19	198	91	221	10	32	16	3	4	64
	70%	64%	68%	77%	70%	71%	72%	70%	71%	73% g	64%	61%	57%	52%	100%	62%
With another adult or adults	96	18	32	19	13	10	5	69	27	66	4	16	7	2	-	29
	24%	31% c	28%	18%	22%	22%	18%	25%	21%	22%	24%	31%	26%	48%	-	28%
With a child or children	34	4	10	6	7	3	4	20	14	24	2	4	5	-	-	11
	8%	7%	9%	6%	11%	7%	17% c	7%	11%	8%	12%	8%	17%	-	-	10%
NET: With somebody else	121	21	37	25	18	13	7	83	38	80	5	20	12	2	-	40
	30%	36%	32%	23%	30%	29%	28%	30%	29%	27%	36%	39%	43%	48%	-	38% a

Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	451	220	89	110	199	15	49	216	62	16	11	21	43	10	8	64
Total	410	174	91	117	207	13	44	200	57	15	10	18	34	10	9	57
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	289	136	60	71	132	10	28	135	41	11	6	14	28	8	9	38
	70%	78% bcd	66%	61%	63%	77%	64%	68%	71%	78%	58%	76%	81%	78%	92%	67%
With another adult or adults	96	36	28	29	57	2	12	54	14	1	3	3	5	1	1	14
	24%	21%	31%	25%	27%	18%	27%	27%	24%	10%	36%	17%	14%	9%	8%	25%
With a child or children	34	3	6	23	28	1	5	16	3	2	1	2	2	2	-	6
	8%	1%	6% a	19% ab	14% a	5%	12%	8%	5%	12%	6%	11%	7%	22%	-	10%
NET: With somebody else	121	38	30	45	76	3	16	65	17	3	4	4	7	2	1	19
	30%	22%	34% a	39% a	37% a	23%	36%	32%	29%	22%	42%	24%	19%	22%	8%	33%

Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	451	175	99	41	18	140	193	179	104	39	16	143	195	39	196	171	45	412
Total	410 100%	162 100%	91 100%	36 100%	18 100%	127 100%	180 100%	161 100%	95 100%	39 100%	16 100%	134 100%	177 100%	33 100%	174 100%	163 100%	40 100%	377 100%
Nobody, I did this on my own	289 70%	120 74% be	53 58%	27 75%	11 59%	80 63%	131 73% b	122 76% be	55 57%	28 71%	9 59%	82 61%	131 74% be	28 84% ce	132 76% c	102 63%	28 69%	261 69%
With another adult or adults	96 24%	35 22%	31 34% af	7 19%	5 29%	38 30%	40 22%	30 19%	37 39% acf	8 20%	4 28%	45 34% af	34 19%	5 16%	37 21%	46 28%	8 21%	91 24%
With a child or children	34 8%	9 5%	9 10%	4 12%	2 12%	13 11%	11 6%	10 6%	7 8%	4 11%	2 13%	12 9%	12 7%	- -	8 4%	23 14% ab	4 11% a	34 9% ab
NET: With somebody else	121 30%	42 26%	38 42% af	9 25%	7 41%	47 37%	49 27% a	39 24%	41 43% af	11 29%	6 41%	52 39% af	46 26%	5 16%	43 24%	61 37% ab	12 31%	116 31% a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	451	117	284	78	48	19	307	131	10	381	70	386	61
Total	410	111	258	70	44	18	281	118	9	344	67	353	53
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	289	70	184	45	30	13	200	82	4	241	48	245	41
	70%	63%	72%	64%	69%	72%	71%	70%	38%	70%	73%	69%	78%
With another adult or adults	96	34	56	19	10	4	68	26	4	79	17	85	10
	24%	30%	22%	26%	23%	20%	24%	22%	39%	23%	26%	24%	19%
With a child or children	34	10	24	10	5	1	20	13	3	32	2	33	2
	8%	9%	9%	14%	11%	8%	7%	11%	35%	9%	3%	9%	3%
NET: With somebody else	121	41	73	25	14	5	81	36	6	103	18	108	12
	30%	37%	28%	36%	31%	28%	29%	30%	62%	30%	27%	31%	22%

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Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.
BASE: All who have done some form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	451	3	15	56	128	96	74	24	55	295	153	78	149	145	71	122	138	136	51
Total	410	3	13	48	117	88	67	21	53	266	142	71	134	134	66	111	128	121	47
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	289	2	10	31	74	67	44	17	45	182	106	52	93	97	43	81	96	80	30
	70%	62%	75%	64%	64%	76%	66%	79%	83%	68%	75%	74%	70%	72%	65%	73%	75%	66%	63%
					d				cdfi		d								
With another adult or adults	96	1	1	14	36	15	18	3	8	66	30	12	33	32	18	21	26	33	15
	24%	38%	5%	29%	30%	18%	27%	15%	15%	25%	21%	18%	25%	24%	27%	19%	21%	27%	31%
					eh														
With a child or children	34	-	3	5	9	7	9	1	2	23	12	7	11	8	7	11	8	11	5
	8%	-	20%	10%	7%	8%	13%	6%	3%	9%	8%	9%	8%	6%	11%	10%	6%	9%	10%
NET: With somebody else	121	1	3	17	43	21	23	5	9	84	36	18	40	37	23	30	32	41	17
	30%	38%	25%	36%	36%	24%	34%	21%	17%	32%	25%	26%	30%	28%	35%	27%	25%	34%	37%
				h	ehj		h			h									

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Q4.3. Running or jogging: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	451	264	118	66
Total	410	239	109	60
	100%	100%	100%	100%
Nobody, I did this on my own	289	167	78	43
	70%	70%	72%	72%
With another adult or adults	96	58	24	13
	24%	24%	22%	22%
With a child or children	34	22	8	5
	8%	9%	7%	8%
NET: With somebody else	121	72	31	17
	30%	30%	28%	28%

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Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	c	d	*e	*f	g	h	*i
Unweighted Total	289	90	196	153	112	24	20	36	33	37	23	16	68	37	19
Total	271	80	188	130	110	31	17	35	33	28	18	21	67	32	20
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	47	145	90	77	27	12	21	23	22	15	19	39	26	17
	71%	59%	77%	69%	70%	87%	70%	60%	68%	78%	82%	93%	59%	82%	81%
			a							g				bg	
With another adult or adults	61	30	31	34	23	4	5	12	8	5	3	-	21	3	4
	23%	38%	16%	26%	21%	13%	30%	35%	25%	18%	18%	-	31%	9%	19%
		b						h					h		
With a child or children	26	9	16	12	14	-	1	4	2	2	2	1	11	3	-
	10%	11%	9%	9%	13%	-	5%	13%	7%	6%	9%	7%	16%	9%	-
NET: With somebody else	78	33	44	40	33	4	5	14	11	6	3	1	28	6	4
	29%	41%	23%	31%	30%	13%	30%	40%	32%	22%	18%	7%	41%	18%	19%
		b						h					dh		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	289	45	68	63	38	39	36	176	113	209	11	39	17	4	3	74
Total	271	44	69	61	32	32	33	174	97	199	10	36	14	4	2	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	32	39	50	24	21	27	121	72	155	5	15	11	1	2	34
	71%	72%	57%	81%	74%	67%	83%	70%	75%	78%	46%	42%	77%	18%	100%	51%
				b			b		b	cg						
With another adult or adults	61	11	21	10	6	10	4	41	20	39	2	16	3	1	-	22
	23%	24%	31%	16%	19%	31%	12%	24%	21%	20%	22%	46%	18%	19%	-	33%
			cf			f						a				a
With a child or children	26	3	15	2	2	2	2	20	6	12	3	6	2	3	-	14
	10%	6%	22%	3%	6%	7%	6%	11%	6%	6%	32%	17%	14%	63%	-	21%
			acdfgh									a				a
NET: With somebody else	78	12	29	12	8	10	6	53	24	45	5	21	3	3	-	33
	29%	28%	43%	19%	26%	33%	17%	30%	25%	22%	54%	58%	23%	82%	-	49%
			cfh									a				a

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Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	289	134	46	79	125	10	25	122	35	11	9	19	34	19	5	35
Total	271 100%	114 100%	49 100%	84 100%	133 100%	8 100%	24 100%	119 100%	31 100%	11 100%	9 100%	16 100%	26 100%	20 100%	8 100%	31 100%
Nobody, I did this on my own	193 71%	92 80% cd	35 71%	51 61%	86 65%	6 69%	16 69%	78 66%	21 69%	9 80%	2 27%	11 70%	23 87% c	19 95%	8 100%	22 69%
With another adult or adults	61 23%	21 19%	12 24%	22 26%	34 25%	2 31%	7 31%	29 24%	9 28%	2 20%	4 48%	4 25%	3 13%	- -	- -	10 31%
With a child or children	26 10%	2 1%	4 8% a	17 21% a	21 16% a	- -	2 9%	16 14% h	3 11%	- -	2 25%	1 5%	- -	1 5%	- -	2 7%
NET: With somebody else	78 29%	23 20%	14 29%	32 39% a	46 35% a	2 31%	7 31%	40 34% h	10 31%	2 20%	6 73%	5 30%	3 13%	1 5%	- -	10 31%

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	a	b	c	d	e
Unweighted Total	289	96	64	23	8	87	104	99	60	27	8	87	107	34	116	108	31	255
Total	271	90	62	23	8	85	97	93	57	27	8	84	101	32	108	103	28	239
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	61	38	14	4	52	65	69	31	15	5	46	74	29	81	64	18	164
	71%	69%	61%	61%	50%	61%	67%	75%	54%	55%	60%	54%	73%	93%	75%	62%	67%	68%
								be					be	bcde	c			
With another adult or adults	61	23	18	7	3	25	26	18	20	11	1	31	20	2	22	30	7	59
	23%	26%	29%	30%	36%	29%	26%	20%	36%	39%	16%	37%	19%	7%	20%	29%	27%	25%
									af			af				a	a	a
With a child or children	26	10	10	2	1	12	11	9	10	2	2	12	11	-	6	16	4	26
	10%	11%	16%	9%	14%	14%	12%	10%	18%	8%	24%	14%	11%	-	6%	16%	13%	11%
																ab	a	a
NET: With somebody else	78	28	24	9	4	33	32	24	26	12	3	38	27	2	27	39	9	76
	29%	31%	39%	39%	50%	39%	33%	25%	46%	45%	40%	46%	27%	7%	25%	38%	33%	32%
									af			af				a	ab	a	a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	289	71	175	75	51	12	168	114	22	238	51	243	44
Total	271	67	165	68	48	11	161	104	20	222	49	232	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	37	119	45	32	6	121	68	15	153	41	166	27
	71%	55%	72%	67%	66%	55%	75%	65%	72%	69%	83%	72%	71%
			a								a		
With another adult or adults	61	24	35	15	14	5	32	28	5	54	8	50	10
	23%	35%	21%	22%	30%	45%	20%	27%	24%	24%	15%	22%	27%
		b											
With a child or children	26	11	15	11	4	1	13	13	2	23	3	25	1
	10%	16%	9%	16%	8%	7%	8%	13%	10%	10%	7%	11%	2%
NET: With somebody else	78	30	46	23	16	5	40	37	6	69	9	66	11
	29%	45%	28%	33%	34%	45%	25%	35%	28%	31%	17%	28%	29%
		b								b			

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	289	4	14	39	66	64	42	22	38	183	102	58	87	89	48	75	68	100	42
Total	271	3	13	34	65	61	41	18	36	173	95	54	81	87	44	72	62	96	38
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	193	3	10	23	47	45	31	11	24	125	65	46	59	58	26	55	46	65	25
	71%	100%	79%	68%	73%	73%	76%	59%	66%	72%	69%	86% cd	73%	66%	60%	76%	75%	68%	66%
With another adult or adults	61	-	3	10	14	12	9	6	7	39	23	4	16	26	14	12	12	27	10
	23%	-	21%	29%	22%	20%	21%	36%	21%	22%	24%	8%	19%	30% a	33% a	17%	20%	28%	25%
With a child or children	26	-	1	4	4	7	3	1	6	16	10	4	7	7	8	7	4	8	6
	10%	-	7%	11%	6%	11%	8%	5%	16%	9%	11%	7%	9%	7%	19%	10%	7%	9%	17%
NET: With somebody else	78	-	3	11	17	17	10	7	12	48	30	8	22	30	17	17	16	31	13
	29%	-	21%	32%	27%	27%	24%	41%	34%	28%	31%	14%	27%	34% a	40% a	24%	25%	32%	34%

Q4.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	289	160	69	59
Total	271	149	69	52
	100%	100%	100%	100%
Nobody, I did this on my own	193	105	53	35
	71%	70%	77%	67%
With another adult or adults	61	34	15	12
	23%	23%	22%	24%
With a child or children	26	17	2	7
	10%	11%	3%	14%
		b		b
NET: With somebody else	78	45	16	17
	29%	30%	23%	33%

Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	*b	c	d	e	*f	g	h	*i
Unweighted Total	301	131	170	137	106	58	24	28	33	33	39	16	53	52	23
Total	285	126	159	116	97	72	20	26	34	25	31	21	54	48	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	206	91	115	73	71	62	15	17	20	21	23	14	33	40	22
	72%	72%	72%	63%	73%	87% ab	75%	66%	59%	85% cg	75%	66%	62%	84% cg	84%
With another adult or adults	64	31	33	38	18	8	3	8	11	4	7	6	16	6	4
	23%	25%	21%	33% bc	19%	12%	14%	32%	34% h	15%	22%	27%	29% h	13%	16%
With a child or children	20	5	15	9	10	1	2	2	3	-	3	3	5	2	-
	7%	4%	10% a	7%	10% c	1%	11%	7%	10%	-	9%	14%	9%	4%	-
NET: With somebody else	79	35	44	43	26	9	5	9	14	4	8	7	20	8	4
	28%	28%	28%	37% c	27% c	13%	25%	34%	41% dh	15%	25%	34%	38% dh	16%	16%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	*e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	301	36	74	73	39	27	52	183	118	240	9	26	13	5	2	55
Total	285	36	74	69	35	22	49	179	106	230	8	24	11	5	2	50
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	206	19	51	55	27	15	41	124	82	173	6	14	7	2	1	29
	72%	52%	68%	79%	76%	69%	83%	69%	78%	75%	67%	56%	63%	47%	45%	58%
				a	a			a	a	a	g					
With another adult or adults	64	12	18	13	7	7	7	44	21	50	1	8	4	1	-	14
	23%	35%	24%	19%	21%	31%	14%	24%	20%	22%	9%	34%	37%	22%	-	28%
		f														
With a child or children	20	6	9	1	1	-	3	16	4	11	2	3	-	1	1	8
	7%	16%	13%	1%	3%	-	5%	9%	3%	5%	24%	13%	-	31%	55%	15%
		ch	ch					c								a
NET: With somebody else	79	17	24	14	8	7	9	55	24	57	3	11	4	2	1	21
	28%	48%	32%	21%	24%	31%	17%	31%	22%	25%	33%	44%	37%	53%	55%	42%
		cdfgh														a

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Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	301	166	48	61	109	13	19	114	50	8	8	20	25	24	20	32
Total	285	152	50	63	113	11	17	108	47	7	9	16	19	24	27	28
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	206	122	32	40	72	5	12	71	35	3	6	14	17	21	22	17
	72%	80% bcd	64%	64%	64%	44%	70%	66%	76%	36%	65%	86%	89%	91%	82%	60%
With another adult or adults	64	28	18	13	31	5	4	33	11	2	2	1	2	1	5	8
	23%	18%	36% a	21%	28%	41%	23%	30%	23%	34%	20%	4%	11%	4%	18%	30%
With a child or children	20	2	5	9	15	2	1	7	2	2	1	2	-	2	-	3
	7%	1%	11% a	15% a	13% a	15%	7%	7%	5%	29%	16%	10%	-	9%	-	10%
NET: With somebody else	79	30	18	23	41	6	5	37	11	5	3	2	2	2	5	11
	28%	20%	36% a	36% a	36% a	56%	30%	34%	24%	64%	35%	14%	11%	9%	18%	40%

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Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	*c	*d	e	f	a	b	c	*d	e
Unweighted Total	301	101	51	30	11	81	112	107	48	26	9	74	116	43	142	94	22	258
Total	285	96	47	30	11	77	107	101	45	27	9	71	109	38	137	89	21	247
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	206	70	27	21	5	48	76	75	26	17	4	42	79	34	96	63	14	172
	72%	73%	58%	69%	52%	62%	71%	74%	57%	62%	49%	59%	72%	90%	70%	70%	65%	70%
								be						bce				
With another adult or adults	64	21	17	8	4	25	25	19	19	8	4	27	23	3	36	22	3	61
	23%	22%	37%	26%	41%	32%	24%	19%	43%	29%	39%	38%	21%	8%	27%	24%	15%	25%
									af			af			a	a		a
With a child or children	20	7	3	3	1	6	8	9	2	2	1	5	10	1	8	7	4	19
	7%	8%	6%	12%	7%	8%	8%	9%	6%	8%	11%	7%	9%	2%	6%	8%	19%	8%
NET: With somebody else	79	26	20	9	5	29	31	26	19	10	5	29	30	4	41	26	7	75
	28%	27%	42%	31%	48%	38%	29%	26%	43%	38%	51%	41%	28%	10%	30%	30%	35%	30%
									a			a			a	a		a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	301	73	176	68	57	8	183	109	23	245	56	261	37
Total	285	67	172	59	56	8	177	100	21	232	53	250	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	206	35	134	41	41	6	132	71	16	164	42	182	24
	72%	52%	78%	68%	74%	77%	74%	71%	73%	71%	79%	73%	75%
			a										
With another adult or adults	64	26	32	14	11	1	40	22	3	55	9	54	8
	23%	39%	19%	23%	20%	13%	22%	22%	16%	24%	17%	22%	25%
		b											
With a child or children	20	8	9	6	4	1	11	8	2	17	3	19	-
	7%	11%	5%	10%	7%	10%	6%	8%	11%	7%	5%	7%	-
NET: With somebody else	79	32	38	19	15	2	46	29	6	68	11	68	8
	28%	48%	22%	32%	26%	23%	26%	29%	27%	29%	21%	27%	25%
		b											

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Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	301	7	14	61	65	46	51	16	41	186	108	64	90	97	46	81	87	92	37
Total	285	7	13	56	61	42	50	16	41	172	106	60	83	96	44	79	82	87	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	206	5	11	43	42	30	33	13	29	127	75	42	65	68	28	62	54	66	22
	72%	65%	81%	77%	70%	72%	67%	84%	71%	74%	71%	70%	78%	72%	64%	79%	66%	75%	66%
With another adult or adults	64	1	3	11	14	10	17	3	8	37	27	15	14	23	13	13	26	18	8
	23%	10%	19%	19%	23%	23%	33%	16%	19%	21%	25%	25%	17%	24%	29%	16%	31%	21%	23%
																	a		
With a child or children	20	2	-	3	4	3	1	1	6	10	8	3	5	9	3	5	6	4	5
	7%	25%	-	5%	7%	7%	2%	6%	14%	6%	7%	5%	6%	9%	7%	6%	7%	4%	14%
									f										c
NET: With somebody else	79	2	3	13	18	12	17	3	12	45	31	18	18	27	16	17	28	22	11
	28%	35%	19%	23%	30%	28%	33%	16%	29%	26%	29%	30%	22%	28%	36%	21%	34%	25%	34%

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Q4.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	301	139	96	62
Total	285	134	93	56
	100%	100%	100%	100%
Nobody, I did this on my own	206	88	75	42
	72%	66%	81%	76%
			a	
With another adult or adults	64	36	16	10
	23%	27%	17%	19%
With a child or children	20	11	4	3
	7%	9%	5%	5%
NET: With somebody else	79	45	17	13
	28%	34%	19%	24%
		b		

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Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total	247	97	148	117	93	37	15	29	25	32	21	18	41	42	24
Total	242	94	146	103	92	48	14	27	28	27	16	24	40	38	28
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	67	33	34	29	17	20	7	4	11	3	3	2	12	16	9
	28%	35%	23%	28%	19%	43%	53%	15%	37%	10%	18%	9%	30%	41%	32%
		b				b							d	d	
With another adult or adults	82	31	51	38	32	12	3	9	8	14	8	6	20	4	10
	34%	33%	35%	37%	35%	25%	25%	32%	30%	53%	53%	23%	50%	10%	36%
										h	h		h		
With a child or children	112	36	76	47	49	17	5	18	13	12	7	18	12	19	10
	47%	38%	52%	46%	54%	35%	35%	67%	45%	44%	44%	74%	29%	48%	37%
			a												
NET: With somebody else	175	61	113	74	74	27	6	23	18	24	13	22	28	22	19
	72%	65%	77%	72%	81%	57%	47%	85%	63%	90%	82%	91%	70%	59%	68%
			a		c					gh					

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	247	33	62	51	48	29	24	146	101	192	11	24	11	2	5	53
Total	242	34	65	51	44	24	25	150	92	193	11	21	10	2	4	47
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	67	8	20	14	6	5	15	42	25	50	3	6	6	1	1	16
	28%	23%	30%	28%	13%	20%	59%	28%	27%	26%	27%	28%	58%	46%	19%	33%
			d						d							
With another adult or adults	82	22	20	15	14	8	3	57	26	66	4	8	2	-	2	15
	34%	64%	31%	29%	33%	35%	12%	38%	28%	34%	37%	37%	19%	-	37%	32%
		bcdgh														
With a child or children	112	10	30	26	26	13	7	66	46	92	5	10	2	1	2	20
	47%	29%	47%	51%	60%	55%	28%	44%	50%	48%	45%	47%	23%	54%	44%	42%
					a				a							
NET: With somebody else	175	26	45	37	38	19	10	108	67	143	8	15	4	1	4	32
	72%	77%	70%	72%	87%	80%	41%	72%	73%	74%	73%	72%	42%	54%	81%	67%
					bg											

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	247	112	55	59	114	11	21	98	43	6	6	18	17	14	13	32
Total	242	103	61	62	123	11	20	98	40	6	7	15	13	14	19	31
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	67	43	12	5	17	3	6	18	10	2	1	6	8	4	8	9
	28%	42% bcd	20%	8%	14%	25%	29%	19%	25%	44%	9%	43%	66%	31%	40%	28%
With another adult or adults	82	41	15	19	34	6	7	33	16	1	5	3	3	3	5	13
	34%	40%	25%	31%	28%	56%	36%	34%	40%	26%	80%	17%	22%	24%	24%	43%
With a child or children	112	24	39	44	83	4	9	52	19	2	4	7	2	7	7	13
	47%	23%	64% a	71% a	67% a	38%	46%	53%	46%	30%	54%	47%	17%	53%	36%	43%
NET: With somebody else	175	60	49	56	105	8	14	80	30	3	6	9	4	9	11	22
	72%	58%	80% a	92% a	86% a	75%	71%	81%	75%	56%	91%	57%	34%	69%	60%	72%

Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	247	85	49	25	7	74	92	81	48	28	10	76	91	24	119	88	16	223
Total	242	82	51	24	6	75	88	79	47	29	9	76	88	23	122	84	14	219
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	67	18	13	3	1	16	19	15	12	7	2	19	17	12	37	14	4	55
	28%	22%	26%	11%	24%	21%	22%	19%	26%	23%	24%	25%	20%	52%	31% c	17%	26%	25%
With another adult or adults	82	25	19	14	2	33	27	25	17	14	5	31	30	8	44	26	6	75
	34%	30%	36%	60%	31%	44%	30%	32%	35%	50%	49%	41%	34%	33%	36%	31%	42%	34%
With a child or children	112	46	23	11	3	33	48	43	22	13	2	35	45	4	51	52	6	108
	47%	56%	45%	44%	45%	45%	55%	54%	46%	47%	27%	46%	51%	19%	42%	62% b	42%	49%
NET: With somebody else	175	64	38	21	5	59	69	64	35	22	7	57	71	11	84	70	10	164
	72%	78%	74%	89%	76%	79%	78%	81%	74%	77%	76%	75%	80%	48%	69%	83% b	74%	75%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	*b
Unweighted Total	247	64	152	55	38	10	149	90	12	195	52	216	28
Total	242	63	150	54	37	8	148	86	12	189	52	213	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	67	14	37	9	13	2	43	21	3	55	11	60	4
	28%	23%	25%	16%	34%	28%	29%	24%	22%	29%	22%	28%	17%
With another adult or adults	82	27	45	26	11	5	42	36	4	66	16	67	14
	34%	42%	30%	48%	29%	63%	28%	42%	34%	35%	31%	31%	55%
				d				d					
With a child or children	112	27	79	24	18	2	73	36	9	84	29	102	9
	47%	43%	53%	45%	49%	27%	49%	42%	72%	44%	55%	48%	35%
NET: With somebody else	175	49	112	45	25	6	105	65	10	134	41	153	21
	72%	77%	75%	84%	66%	72%	71%	76%	78%	71%	78%	72%	83%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	247	14	16	45	53	37	30	15	37	151	82	46	69	95	33	78	67	72	29
Total	242	14	17	42	50	34	31	14	39	144	84	42	66	97	33	77	66	70	28
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	67	5	7	13	12	7	8	3	12	39	23	14	16	22	11	21	20	15	10
	28%	38%	38%	32%	23%	20%	25%	19%	31%	27%	27%	34%	24%	23%	34%	28%	31%	22%	34%
With another adult or adults	82	3	4	15	23	11	10	3	14	53	27	18	27	29	8	25	22	23	12
	34%	21%	20%	35%	46%	33%	31%	23%	36%	37%	32%	44%	40%	30%	24%	32%	33%	34%	42%
With a child or children	112	7	9	15	22	17	17	10	17	62	44	12	30	55	15	37	29	36	10
	47%	48%	49%	35%	43%	50%	54%	75%	43%	43%	52%	30%	45%	57%	46%	48%	45%	52%	36%
														a					
NET: With somebody else	175	9	11	29	38	27	23	11	27	105	61	27	50	75	22	56	45	54	19
	72%	62%	62%	68%	77%	80%	75%	81%	69%	73%	73%	66%	76%	77%	66%	72%	69%	78%	66%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	247	113	77	56
Total	242	112	77	52
	100%	100%	100%	100%
Nobody, I did this on my own	67	29	26	12
	28%	26%	33%	22%
With another adult or adults	82	42	23	16
	34%	38%	30%	31%
With a child or children	112	50	33	28
	47%	45%	43%	55%
NET: With somebody else	175	82	52	40
	72%	74%	67%	78%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	*c	*d	*e	*f	g	h	*i
Unweighted Total	206	88	117	102	84	20	11	33	21	20	19	16	35	37	14
Total	200	82	118	91	83	27	8	32	22	17	15	21	34	34	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	17	24	20	19	3	2	6	6	2	-	1	13	8	3
	21%	21%	20%	22%	23%	10%	26%	19%	27%	12%	-	5%	37%	24%	19%
With another adult or adults	91	40	50	48	30	13	5	11	10	9	11	11	14	11	9
	45%	50%	42%	53%	36%	48%	54%	36%	44%	54%	74%	55%	41%	31%	54%
				b											
With a child or children	90	33	57	35	42	12	2	19	7	7	9	11	11	18	5
	45%	40%	48%	39%	51%	46%	20%	59%	34%	44%	59%	54%	31%	53%	32%
								g							
NET: With somebody else	159	64	94	71	64	24	6	26	16	15	15	20	22	26	13
	79%	79%	80%	78%	77%	90%	74%	81%	73%	88%	100%	95%	63%	76%	81%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	206	29	58	49	35	21	14	136	70	152	7	25	14	2	2	50
Total	200	29	59	48	33	19	13	136	65	150	8	25	12	1	2	47
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	7	11	11	7	3	3	29	12	31	1	5	2	1	-	10
	21%	25%	19%	22%	20%	16%	21%	21%	19%	21%	16%	20%	19%	100%	-	21%
With another adult or adults	91	17	28	22	10	8	6	68	23	66	6	11	5	-	2	24
	45%	59%	48%	47%	29%	43%	44%	50%	36%	44%	84%	46%	43%	-	100%	52%
								d								
With a child or children	90	10	28	19	19	8	5	57	33	65	1	15	4	-	1	22
	45%	36%	47%	39%	59%	44%	41%	42%	51%	44%	13%	63%	38%	-	50%	46%
NET: With somebody else	159	22	48	37	26	16	10	107	52	118	6	20	9	-	2	37
	79%	75%	81%	78%	80%	84%	79%	79%	81%	79%	84%	80%	81%	-	100%	79%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	206	81	54	58	112	10	25	92	27	5	5	15	14	5	8	35
Total	200	70	59	61	119	9	22	93	25	4	6	13	11	5	12	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	19	9	9	18	3	5	22	4	1	-	4	-	1	2	8
	21%	27%	16%	15%	15%	30%	21%	24%	16%	22%	-	31%	-	16%	15%	24%
		d														
With another adult or adults	91	40	25	23	48	5	12	33	18	2	5	5	7	1	2	18
	45%	57%	43%	38%	40%	57%	56%	36%	71%	54%	87%	35%	65%	21%	19%	56%
		cd														c
With a child or children	90	15	32	37	69	2	9	49	7	1	1	5	4	3	8	11
	45%	22%	55%	61%	58%	21%	42%	53%	27%	23%	13%	41%	41%	63%	66%	36%
			a	a	a											
NET: With somebody else	159	51	49	52	101	7	18	71	21	3	6	9	11	5	10	24
	79%	73%	84%	85%	85%	70%	79%	76%	84%	78%	100%	69%	100%	84%	85%	76%
					a											

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Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	206	76	47	15	12	62	88	69	47	18	15	65	84	22	83	83	18	184
Total	200	72	47	17	11	64	83	69	45	17	14	62	84	20	85	80	16	181
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	14	10	4	4	14	18	13	13	2	4	15	17	6	17	16	3	36
	21%	19%	22%	21%	36%	22%	22%	18%	28%	14%	27%	24%	20%	28%	20%	20%	18%	20%
With another adult or adults	91	29	26	10	3	36	32	26	26	9	7	36	33	11	38	35	7	80
	45%	40%	56%	59%	31%	57%	39%	38%	59%	55%	46%	58%	39%	55%	45%	44%	42%	44%
						f			af			af						
With a child or children	90	41	17	3	4	21	45	40	11	8	5	19	45	4	36	39	11	85
	45%	57%	37%	20%	33%	33%	54%	58%	24%	49%	34%	31%	54%	22%	43%	48%	67%	47%
		be					e	be					be					
NET: With somebody else	159	58	37	13	7	50	65	56	32	15	11	47	67	14	68	64	13	145
	79%	81%	78%	79%	64%	78%	78%	82%	72%	86%	73%	76%	80%	72%	80%	80%	82%	80%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	*b
Unweighted Total	206	54	123	44	31	13	120	80	7	168	38	184	18
Total	200	51	123	41	30	12	120	76	6	165	36	181	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	14	22	9	6	2	25	15	1	38	4	35	6
	21%	26%	18%	21%	18%	16%	21%	20%	13%	23%	10%	19%	35%
With another adult or adults	91	26	49	21	16	7	49	40	3	69	22	82	7
	45%	50%	40%	52%	53%	59%	41%	53%	53%	42%	63% a	45%	40%
With a child or children	90	14	68	16	11	3	60	26	3	78	12	86	4
	45%	27%	56% a	39%	35%	25%	50% e	35%	49%	47%	34%	47%	24%
NET: With somebody else	159	38	101	32	25	10	94	61	6	127	32	146	11
	79%	74%	82%	79%	82%	84%	79%	80%	87%	77%	90%	81%	65%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	206	6	13	28	52	33	31	10	33	126	74	40	59	74	32	58	54	69	23
Total	200	6	13	25	50	32	30	9	34	120	74	38	57	73	32	55	54	67	23
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	41	-	2	5	13	8	4	1	8	28	13	9	14	12	6	9	13	15	4
	21%	-	18%	21%	26%	25%	13%	9%	24%	24%	18%	22%	25%	16%	18%	17%	24%	23%	16%
With another adult or adults	91	2	7	12	24	15	13	6	12	58	31	18	21	34	19	20	29	27	13
	45%	26%	56%	48%	49%	45%	43%	64%	36%	49%	42%	47%	37%	46%	59% b	37%	54%	41%	59%
With a child or children	90	5	5	11	16	11	17	6	19	43	42	12	26	37	14	30	16	34	9
	45%	74%	41%	43%	33%	33%	57% di	66%	54%	36%	57% dei	33%	46%	51%	44%	55% b	29%	51% b	42%
NET: With somebody else	159	6	11	20	37	24	27	8	26	92	61	29	43	61	26	46	41	51	19
	79%	100%	82%	79%	74%	75%	87%	91%	76%	76%	82%	78%	75%	84%	82%	83%	76%	77%	84%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	206	114	47	43
Total	200	110	48	40
	100%	100%	100%	100%
Nobody, I did this on my own	41	26	6	9
	21%	24%	13%	22%
With another adult or adults	91	48	21	20
	45%	44%	44%	50%
With a child or children	90	51	22	17
	45%	47%	45%	41%
NET: With somebody else	159	84	42	32
	79%	76%	87%	78%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	180	106	73	119	47	14	8	28	13	27	19	10	42	24	9
Total	156	89	66	96	45	15	6	23	14	20	14	12	38	20	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	16	8	7	11	4	1	2	1	-	3	2	-	4	2	1
	10%	9%	11%	11%	10%	6%	33%	3%	-	15%	17%	-	12%	12%	8%
With another adult or adults	120	72	48	72	36	12	4	21	13	11	9	11	29	15	7
	77%	81%	73%	74%	81%	86%	67%	90%	91%	58%	67%	88%	77%	77%	77%
With a child or children	31	17	13	22	7	1	-	5	2	6	2	3	7	4	1
	20%	19%	20%	23%	16%	8%	-	21%	17%	30%	16%	22%	19%	20%	15%
NET: With somebody else	140	80	59	86	41	14	4	22	14	17	12	12	33	17	8
	90%	91%	89%	89%	90%	94%	67%	97%	100%	85%	83%	100%	88%	88%	92%

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Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	180	39	48	35	29	16	13	122	58	118	11	27	15	4	1	58
Total	156	33	45	31	22	13	11	110	46	103	10	23	12	4	1	50
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	16	9	2	2	1	2	1	12	4	9	2	1	2	-	-	6
	10%	27%	3%	5%	4%	14%	10%	11%	8%	9%	25%	4%	18%	-	-	11%
		bcgh														
With another adult or adults	120	22	33	26	21	8	10	82	39	83	7	20	6	4	-	35
	77%	67%	74%	84%	93%	61%	90%	75%	84%	80%	68%	84%	47%	100%	-	71%
With a child or children	31	5	15	5	2	3	-	25	6	19	1	4	5	-	1	12
	20%	15%	34%	16%	11%	25%	-	23%	12%	18%	14%	19%	44%	-	100%	24%
			ah													
NET: With somebody else	140	24	44	30	21	11	10	98	43	93	7	22	10	4	1	44
	90%	73%	97%	95%	96%	86%	90%	89%	92%	91%	75%	96%	82%	100%	100%	89%
			a	a				a	a							

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	180	92	36	38	74	8	21	72	30	10	4	10	14	6	5	29
Total	156	70	36	39	75	7	18	66	26	8	3	7	10	6	5	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	16	5	4	3	6	2	2	6	1	3	-	1	1	2	-	3
	10%	7%	10%	7%	8%	23%	9%	9%	3%	31%	-	15%	8%	28%	-	13%
With another adult or adults	120	59	29	27	56	5	14	52	20	3	2	6	8	4	5	20
	77%	85% c	79%	69%	74%	77%	80%	79%	77%	41%	77%	85%	80%	72%	100%	79%
With a child or children	31	7	7	14	22	1	4	15	5	2	1	1	3	-	-	5
	20%	10%	20%	37% a	29% a	17%	20%	22%	20%	28%	23%	9%	27%	-	-	19%
NET: With somebody else	140	65	33	36	69	5	16	60	25	6	3	6	9	4	5	22
	90%	93%	90%	93%	92%	77%	91%	91%	97%	69%	100%	85%	92%	72%	100%	87%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	180	73	33	17	6	50	79	61	44	21	5	65	66	16	67	80	17	164
Total	156	62	32	14	6	46	68	54	38	18	5	56	59	12	61	70	14	144
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	16	7	2	2	-	3	7	5	3	2	-	5	5	3	5	6	2	13
	10%	12%	5%	12%	-	7%	11%	10%	8%	9%	-	8%	9%	23%	9%	9%	11%	9%
With another adult or adults	120	46	24	11	4	35	50	41	29	15	1	44	43	8	48	53	11	113
	77%	74%	75%	78%	72%	76%	74%	77%	78%	81%	26%	79%	72%	65%	80%	76%	84%	78%
With a child or children	31	13	8	1	2	9	15	12	7	2	4	9	16	1	10	17	2	29
	20%	22%	25%	10%	28%	20%	22%	23%	19%	10%	74%	16%	27%	12%	16%	25%	16%	20%
NET: With somebody else	140	55	30	12	6	42	61	49	35	17	5	51	54	9	55	64	12	131
	90%	88%	95%	88%	100%	93%	89%	90%	92%	91%	100%	92%	91%	77%	91%	91%	89%	91%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total	180	64	94	39	23	12	108	66	6	143	37	156	21
Total	156	58	82	35	20	10	94	58	5	124	31	136	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	16	7	6	6	-	2	8	7	-	12	3	13	2
	10%	12%	7%	16%	-	18%	8%	11%	-	10%	10%	10%	12%
With another adult or adults	120	41	69	23	17	8	76	41	5	95	25	105	14
	77%	70%	84%	65%	84%	82%	81%	71%	100%	76%	81%	77%	81%
			a				a						
With a child or children	31	13	15	10	6	-	16	14	2	27	4	29	2
	20%	22%	19%	29%	31%	-	17%	24%	41%	22%	12%	21%	11%
NET: With somebody else	140	51	76	29	20	8	86	51	5	112	28	123	15
	90%	88%	93%	84%	100%	82%	92%	89%	100%	90%	90%	90%	88%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	*a	*b	*c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
		Number of days active										**Life satisfaction score**				**Covid-19 related worries**			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	180	5	11	21	51	31	27	9	25	114	61	34	52	65	25	53	65	42	18
Total	156	4	10	20	41	27	23	7	23	99	53	30	44	57	22	43	62	34	15
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	16	-	1	2	8	-	2	-	2	12	4	3	6	2	4	7	4	2	2
	10%	-	7%	12%	20% e	-	7%	-	11%	12% e	8%	10%	13%	4%	20%	16%	6%	7%	12%
With another adult or adults	120	4	6	17	32	22	17	6	16	77	40	21	33	49	15	28	52	29	12
	77%	100%	66%	85%	76%	80%	75%	89%	69%	78%	74%	70%	75%	86% a	69%	63%	83% a	86% a	76%
With a child or children	31	-	3	2	3	8	7	1	7	15	15	6	9	10	5	11	10	5	4
	20%	-	27%	9%	7%	30% d	31%	21%	29%	16%	29% di	21%	20%	18%	25%	26%	17%	15%	26%
NET: With somebody else	140	4	9	18	33	27	21	7	21	87	49	27	39	55	18	36	58	32	13
	90%	100%	93%	88%	80%	100% di	93%	100%	89%	88%	92%	90%	87%	96%	80%	84%	94%	93%	88%

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Q4.9. Team sports (such as football, cricket, rugby etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	*c
Unweighted Total	180	102	48	28
Total	156	89	42	23
	100%	100%	100%	100%
Nobody, I did this on my own	16	11	5	-
	10%	12%	11%	-
With another adult or adults	120	66	33	20
	77%	74%	78%	88%
With a child or children	31	19	6	5
	20%	22%	15%	22%
NET: With somebody else	140	78	38	23
	90%	88%	89%	100%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	103	49	54	62	35	6	6	13	3	18	11	10	25	12	5
Total	94	44	51	52	34	8	5	11	4	14	9	12	25	10	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	22	11	11	11	9	2	2	1	-	6	1	1	9	3	-
	23%	25%	22%	20%	28%	21%	35%	9%	-	41%	9%	7%	36%	25%	-
With another adult or adults	59	26	33	35	17	6	2	8	3	5	7	10	13	7	3
	62%	60%	64%	68%	50%	79%	51%	77%	71%	36%	82%	81%	53%	67%	70%
With a child or children	19	8	10	8	11	-	1	2	2	4	1	1	6	1	1
	20%	19%	20%	15%	32%	-	14%	14%	65%	29%	9%	12%	23%	8%	30%
NET: With somebody else	73	33	40	42	25	6	3	10	4	8	8	11	16	8	4
	77%	75%	78%	80%	72%	79%	65%	91%	100%	59%	91%	93%	64%	75%	100%

Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	103	9	31	23	22	11	7	63	40	72	5	16	4	2	1	28
Total	94	8	32	21	19	9	5	61	33	67	5	14	3	1	1	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	22	4	5	5	5	2	1	14	8	14	1	3	1	-	-	5
	23%	42%	17%	23%	24%	22%	25%	23%	24%	21%	17%	21%	39%	-	-	20%
With another adult or adults	59	4	19	16	11	6	4	39	20	44	3	8	1	1	1	14
	62%	48%	60%	73%	56%	64%	75%	63%	61%	66%	52%	58%	39%	100%	100%	58%
With a child or children	19	2	10	2	4	1	-	14	5	9	2	5	2	1	-	10
	20%	21%	31%	12%	20%	13%	-	23%	15%	13%	49%	37%	61%	52%	-	43%
NET: With somebody else	73	5	26	16	15	7	4	47	25	53	4	11	2	1	1	19
	77%	58%	83%	77%	76%	78%	75%	77%	76%	79%	83%	79%	61%	100%	100%	80%

Savanta:
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Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.
BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	103	40	20	31	51	4	11	51	14	2	5	5	8	1	2	15
Total	94	32	20	32	52	3	10	48	12	2	5	4	7	1	2	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	22	5	4	7	11	2	3	8	4	-	1	1	3	-	-	5
	23%	16%	19%	23%	21%	53%	28%	17%	35%	-	19%	16%	42%	-	-	35%
With another adult or adults	59	25	13	18	31	1	6	29	7	2	4	3	4	1	2	7
	62%	77%	64%	56%	59%	23%	57%	60%	60%	100%	81%	84%	58%	100%	100%	48%
With a child or children	19	4	5	9	14	1	4	13	1	-	-	1	-	-	-	4
	20%	12%	22%	28%	26%	24%	35%	27%	5%	-	-	22%	-	-	-	32%
NET: With somebody else	73	27	17	25	41	2	7	40	8	2	4	3	4	1	2	9
	77%	84%	81%	77%	79%	47%	72%	83%	65%	100%	81%	84%	58%	100%	100%	65%

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Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	103	33	32	9	5	41	38	32	28	14	4	42	36	8	38	45	12	95
Total	94	31	31	8	5	39	35	30	27	13	4	40	34	7	36	41	11	88
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	22	6	6	1	3	7	9	6	4	4	2	8	8	1	9	9	2	20
	23%	21%	20%	10%	62%	18%	26%	20%	15%	32%	54%	21%	24%	20%	25%	23%	18%	23%
With another adult or adults	59	18	20	7	1	28	19	21	18	8	-	26	21	4	22	25	8	55
	62%	57%	66%	90%	21%	71%	52%	68%	66%	61%	-	65%	60%	57%	61%	62%	72%	63%
With a child or children	19	7	9	-	1	9	8	6	7	1	2	8	7	2	6	9	2	17
	20%	22%	28%	-	17%	23%	21%	18%	28%	7%	46%	21%	21%	23%	16%	22%	21%	20%
NET: With somebody else	73	24	25	7	2	32	26	24	23	9	2	31	26	5	27	31	9	67
	77%	79%	80%	90%	38%	82%	74%	80%	85%	68%	46%	79%	76%	80%	75%	77%	82%	77%

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Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	103	43	49	17	16	8	60	40	1	89	14	85	16
Total	94	37	47	17	13	7	57	35	1	82	13	80	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	22	14	6	2	7	3	8	13	-	15	6	16	4
	23%	37%	12%	12%	55%	47%	15%	35%	-	19%	49%	20%	35%
		b						d					
With another adult or adults	59	19	34	11	6	4	38	20	1	54	5	51	8
	62%	52%	71%	69%	45%	53%	67%	56%	100%	66%	41%	63%	59%
With a child or children	19	7	10	6	-	-	12	6	-	17	1	18	1
	20%	20%	21%	39%	-	-	22%	18%	-	21%	10%	23%	6%
NET: With somebody else	73	23	42	14	6	4	49	23	1	66	6	64	8
	77%	63%	88%	88%	45%	53%	85%	65%	100%	81%	51%	80%	65%
			a				e						

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Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
						Number of days active						Life satisfaction score				Covid-19 related worries			
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	c	*d	*a	*b	c	*d
Unweighted Total	103	3	2	15	24	20	16	11	12	61	39	16	31	31	23	26	22	35	20
Total	94	3	2	13	22	18	16	9	12	55	37	15	28	28	22	23	22	32	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	22	2	-	4	5	4	4	2	2	13	7	7	5	5	5	3	4	10	4
	23%	63%	-	29%	21%	24%	24%	18%	15%	23%	19%	43%	17%	18%	24%	13%	19%	32%	25%
With another adult or adults	59	1	2	8	15	8	11	5	8	34	24	9	18	17	14	18	14	16	11
	62%	37%	100%	64%	68%	45%	70%	61%	65%	61%	66%	57%	64%	62%	62%	78%	64%	51%	62%
With a child or children	19	-	-	2	2	6	2	3	3	11	8	1	6	6	6	5	4	8	2
	20%	-	-	15%	10%	36%	14%	30%	28%	19%	22%	8%	22%	20%	27%	23%	16%	24%	13%
NET: With somebody else	73	1	2	9	17	13	12	7	10	42	30	9	23	23	17	20	18	22	13
	77%	37%	100%	71%	79%	76%	76%	82%	85%	77%	81%	57%	83%	82%	76%	87%	81%	68%	75%

Q4.10. Racket sports (such as tennis, badminton, squash etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	103	58	24	20
Total	94	52	22	19
	100%	100%	100%	100%
Nobody, I did this on my own	22	14	5	2
	23%	27%	21%	10%
With another adult or adults	59	30	13	16
	62%	57%	59%	85%
With a child or children	19	11	4	4
	20%	20%	19%	21%
NET: With somebody else	73	38	18	17
	77%	73%	79%	90%

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Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	102	67	35	46	36	20	9	13	9	8	10	6	23	15	9
Total	97	67	31	38	32	27	7	12	10	5	7	8	22	14	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	27	19	8	11	10	6	3	1	6	2	3	1	6	4	2
	28%	29%	26%	30%	32%	21%	36%	6%	61%	37%	41%	13%	29%	27%	14%
With another adult or adults	65	46	19	22	21	22	5	11	4	3	4	7	15	8	10
	66%	69%	62%	59%	65%	79%	64%	86%	39%	63%	50%	87%	66%	53%	86%
With a child or children	6	2	4	4	1	-	-	1	-	-	1	-	1	3	-
	6%	3%	12%	12%	3%	-	-	7%	-	-	9%	-	5%	20%	-
NET: With somebody else	70	48	23	27	22	22	5	11	4	3	4	7	16	10	10
	72%	71%	74%	70%	68%	79%	64%	94%	39%	63%	59%	87%	71%	73%	86%

Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.
BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	102	18	21	17	17	12	17	56	46	83	4	7	3	4	-	18
Total	97	17	22	16	15	8	20	54	43	82	3	5	2	4	-	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Nobody, I did this on my own	27	5	4	5	4	3	6	14	13	22	1	2	2	1	-	5
	28%	27%	19%	33%	30%	35%	31%	25%	31%	26%	26%	32%	100%	24%	-	38%
With another adult or adults	65	11	15	10	10	5	14	36	29	55	2	4	-	3	-	9
	66%	66%	68%	62%	70%	58%	69%	66%	67%	67%	74%	68%	-	76%	-	62%
With a child or children	6	1	3	1	-	1	-	5	1	6	-	-	-	-	-	-
	6%	6%	13%	5%	-	8%	-	9%	2%	7%	-	-	-	-	-	-
NET: With somebody else	70	12	18	11	10	5	14	41	29	60	2	4	-	3	-	9
	72%	73%	81%	67%	70%	65%	69%	75%	69%	74%	74%	68%	-	76%	-	62%

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Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	102	58	18	16	34	4	16	36	13	8	3	6	4	2	10	20
Total	97	56	18	16	34	4	13	33	13	8	2	5	3	2	15	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	27	15	7	3	10	-	7	8	3	2	1	2	-	2	3	7
	28%	26%	42%	18%	30%	-	51%	23%	25%	24%	29%	52%	-	70%	21%	40%
With another adult or adults	65	41	9	11	19	2	6	23	8	6	2	2	3	1	12	9
	66%	74%	47%	64%	56%	58%	49%	69%	66%	76%	71%	48%	100%	30%	79%	51%
With a child or children	6	-	2	3	5	2	-	3	1	-	-	-	-	-	-	2
	6%	-	11%	17%	14% a	42%	-	9%	9%	-	-	-	-	-	-	9%
NET: With somebody else	70	41	11	13	24	4	6	26	10	6	2	2	3	1	12	10
	72%	74%	58%	82%	70%	100%	49%	77%	75%	76%	71%	48%	100%	30%	79%	60%

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	*c	*d	e
Unweighted Total	102	34	17	14	7	31	41	33	19	16	3	35	36	11	53	29	9	91
Total	97	31	16	12	6	28	37	30	16	15	2	32	32	11	53	26	7	87
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	27	7	5	4	2	9	9	7	5	4	2	9	9	3	16	7	2	24
	28%	23%	31%	32%	36%	31%	25%	24%	30%	29%	100%	30%	29%	27%	29%	28%	21%	28%
With another adult or adults	65	23	9	7	4	16	27	20	10	10	-	20	20	8	34	16	6	57
	66%	74%	56%	61%	64%	58%	73%	69%	63%	66%	-	64%	64%	73%	65%	63%	79%	66%
With a child or children	6	1	2	1	-	3	1	2	1	1	-	2	2	-	3	2	-	6
	6%	3%	13%	7%	-	11%	2%	7%	7%	6%	-	6%	6%	-	6%	9%	-	6%
NET: With somebody else	70	24	11	8	4	19	28	22	11	11	-	22	22	8	37	19	6	62
	72%	77%	69%	68%	64%	69%	75%	76%	70%	71%	-	70%	71%	73%	71%	72%	79%	72%

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	102	27	61	14	16	4	61	34	-	80	22	82	18
Total	97	23	62	11	16	3	60	31	-	76	21	80	16
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
Nobody, I did this on my own	27	8	17	4	7	2	14	12	-	22	5	22	5
	28%	34%	27%	32%	43%	46%	24%	39%	-	29%	23%	28%	32%
With another adult or adults	65	12	42	8	8	2	43	18	-	48	16	53	10
	66%	55%	68%	68%	52%	54%	72%	58%	-	63%	77%	67%	61%
With a child or children	6	3	3	-	1	-	2	1	-	6	-	4	1
	6%	12%	5%	-	6%	-	4%	3%	-	7%	-	6%	7%
NET: With somebody else	70	15	45	8	9	2	46	19	-	54	16	57	11
	72%	66%	73%	68%	57%	54%	76%	61%	-	71%	77%	72%	68%

Savanta:
ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	a	*b	c	*d
Unweighted Total	102	6	7	12	27	20	14	5	11	66	30	21	27	30	23	37	23	31	10
Total	97	5	7	11	23	19	15	4	13	60	32	19	24	32	22	37	24	28	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	27	1	3	3	10	5	3	-	2	21	5	7	7	8	5	8	6	10	3
	28%	26%	43%	30%	41%	26%	22%	-	14%	35%	16%	37%	28%	26%	23%	21%	24%	36%	39%
With another adult or adults	65	4	4	7	12	12	10	4	11	35	26	10	15	24	15	28	17	16	4
	66%	74%	57%	62%	51%	65%	71%	100%	86%	58%	81% i	52%	64%	74%	70%	75%	72%	57%	50%
With a child or children	6	-	-	1	2	2	1	-	-	4	1	2	2	-	2	2	1	2	1
	6%	-	-	9%	8%	8%	7%	-	-	7%	3%	11%	8%	-	7%	4%	4%	7%	11%
NET: With somebody else	70	4	4	8	14	14	11	4	11	39	27	12	17	24	17	29	18	18	5
	72%	74%	57%	70%	59%	74%	78%	100%	86%	65%	84%	63%	72%	74%	77%	79%	76%	64%	61%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.11. Golf: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	*c
Unweighted Total	102	42	37	22
Total	97	36	40	20
	100%	100%	100%	100%
Nobody, I did this on my own	27	7	13	7
	28%	19%	33%	36%
With another adult or adults	65	24	27	13
	66%	66%	67%	64%
With a child or children	6	6	-	-
	6%	15%	-	-
		b		
NET: With somebody else	70	30	27	13
	72%	81%	67%	64%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	e	*f	g	h	*i
Unweighted Total	366	158	206	204	128	34	27	46	35	41	42	29	74	50	22
Total	339	145	192	171	128	39	22	44	35	31	33	35	72	46	22
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	208	91	116	97	85	26	17	24	24	18	21	19	44	25	15
	61%	63%	60%	57%	66%	65%	80%	56%	68%	58%	65%	54%	61%	53%	71%
With another adult or adults	118	48	68	68	36	14	4	17	11	12	11	16	23	17	6
	35%	33%	36%	40% b	28%	35%	20%	39%	32%	38%	33%	46%	32%	37%	29%
With a child or children	18	9	9	7	11	-	-	3	1	2	1	-	6	5	-
	5%	6%	5%	4%	8%	-	-	7%	3%	7%	4%	-	8%	10%	-
NET: With somebody else	131	53	77	74	43	14	4	19	11	13	12	16	28	22	6
	39%	37%	40%	43%	34%	35%	20%	44%	32%	42%	35%	46%	39%	47%	29%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	*f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	366	69	95	75	57	42	28	239	127	269	20	45	21	3	3	92
Total	339	67	93	70	48	34	28	229	110	253	18	39	18	3	2	81
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	208	43	48	47	28	22	20	137	71	156	13	23	12	-	2	50
	61%	64%	51%	67%	59%	66%	73%	60%	64%	62%	73%	59%	64%	-	100%	62%
				b					b							
With another adult or adults	118	20	42	20	18	10	8	82	36	90	3	14	6	2	-	24
	35%	31%	45%	29%	38%	29%	27%	36%	33%	36%	15%	35%	32%	62%	-	30%
			c													
With a child or children	18	4	8	3	2	2	-	14	4	11	2	2	1	1	-	6
	5%	5%	8%	4%	5%	5%	-	6%	4%	4%	12%	6%	4%	38%	-	8%
NET: With somebody else	131	24	46	23	20	12	8	92	39	97	5	16	7	3	-	30
	39%	36%	49%	33%	41%	34%	27%	40%	36%	38%	27%	41%	36%	100%	-	38%
			ch													

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	366	177	76	89	165	15	34	169	56	15	7	16	33	9	12	49
Total	339	146	78	94	172	13	31	162	49	14	7	13	27	8	15	44
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	208	94	49	52	101	8	19	97	26	12	3	9	17	7	10	26
	61%	65%	63%	56%	59%	58%	61%	60%	53%	85%	47%	68%	65%	79%	64%	60%
With another adult or adults	118	48	27	36	62	5	9	58	20	2	4	3	9	2	6	13
	35%	33%	34%	38%	36%	35%	29%	36%	42%	15%	53%	26%	35%	21%	36%	30%
With a child or children	18	4	2	10	12	1	4	9	3	-	-	1	-	-	-	5
	5%	3%	3%	10%	7%	7%	13%	6%	7%	-	-	6%	-	-	-	12%
				a			h									h
NET: With somebody else	131	51	29	42	71	5	12	64	23	2	4	4	9	2	6	18
	39%	35%	37%	44%	41%	42%	39%	40%	47%	15%	53%	32%	35%	21%	36%	40%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Unweighted Total	366	151	69	36	11	105	162	151	78	32	9	110	160	30	159	152	25	336
Total	339	142	65	34	10	99	152	143	72	30	9	102	152	27	147	145	20	312
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	208	89	34	22	5	56	94	90	41	15	6	56	96	25	82	85	15	183
	61%	63%	53%	65%	44%	57%	61%	63%	57%	51%	67%	55%	63%	92%	56%	59%	76%	59%
														bce				
With another adult or adults	118	48	28	9	4	38	51	47	29	11	3	40	50	2	60	52	3	115
	35%	34%	43%	28%	35%	38%	34%	33%	41%	36%	33%	40%	33%	8%	41%	36%	17%	37%
															a	a		a
With a child or children	18	9	2	3	2	6	11	9	3	5	-	8	9	-	4	12	2	18
	5%	6%	3%	10%	20%	6%	7%	6%	4%	17%	-	8%	6%	-	3%	8%	10%	6%
										abf							b	
NET: With somebody else	131	53	30	12	6	42	59	53	31	15	3	46	56	2	64	60	5	129
	39%	37%	47%	35%	56%	43%	39%	37%	43%	49%	33%	45%	37%	8%	44%	41%	24%	41%
															a	a		a

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Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	366	102	226	77	56	18	226	131	16	317	49	314	45
Total	339 100%	95 100%	212 100%	70 100%	50 100%	15 100%	215 100%	117 100%	15 100%	295 100%	44 100%	292 100%	41 100%
Nobody, I did this on my own	208 61%	46 49%	134 63% a	45 64%	36 72%	10 66%	127 59%	77 66%	12 77%	186 63%	21 49%	177 61%	29 71%
With another adult or adults	118 35%	40 42%	73 34%	20 28%	12 24%	5 29%	83 38% be	32 28%	3 23%	98 33%	19 44%	104 36%	10 23%
With a child or children	18 5%	9 10% b	8 4%	7 10% d	3 6%	1 5%	8 4%	9 8%	1 8%	13 5%	5 11%	16 6%	2 5%
NET: With somebody else	131 39%	48 51% b	77 37%	25 36%	14 28%	5 34%	88 41%	40 34%	3 23%	109 37%	22 51%	115 39%	12 29%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	*a (0)	*b (1)	c (2)	d (3)	e (4)	f (5)	*g (6)	h (7)	i (NET 1-4 days)	j (NET 5 + days)	a (0-4 low)	b (5-6 medium)	c (7-8 high)	d (9-10 very high)	a (0-4 not worried)	b (5-6 medium)	c (7-8 very worried)	d (9-10 most worried)
		Number of days active										**Life satisfaction score**				**Covid-19 related worries**			
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	366	3	17	47	99	69	64	21	46	232	131	75	112	115	57	126	104	89	46
Total	339	3	14	41	94	64	60	18	44	213	123	70	99	111	53	113	99	84	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	208	2	9	23	58	40	28	14	34	130	76	47	57	72	28	72	60	47	28
	61%	70%	62%	57%	62%	62%	47%	76%	76% fi	61% f	62% f	67%	57%	65%	53%	64%	60%	56%	66%
With another adult or adults	118	1	5	14	32	23	27	4	11	75	41	21	40	36	20	36	36	34	11
	35%	30%	38%	34%	35%	37%	45% h	20%	24%	35%	34%	30%	40%	32%	37%	32%	36%	41%	27%
With a child or children	18	-	-	4	4	2	6	1	1	11	8	3	4	4	7	7	4	3	5
	5%	-	-	10%	5%	3%	10%	4%	2%	5%	6%	4%	4%	3%	14% abc	6%	4%	3%	12% c
NET: With somebody else	131	1	5	18	36	24	32	4	11	83	47	23	42	39	25	40	40	37	14
	39%	30%	38%	43%	38%	38%	53% hij	24%	24%	39% h	38%	33%	43%	35%	47%	36%	40%	44%	34%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	366	215	88	62
Total	339	199	84	55
	100%	100%	100%	100%
Nobody, I did this on my own	208	119	51	38
	61%	60%	61%	69%
With another adult or adults	118	73	29	15
	35%	37%	34%	27%
With a child or children	18	12	4	3
	5%	6%	5%	5%
NET: With somebody else	131	80	33	17
	39%	40%	39%	31%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	*e	*f	g	h	*i
Unweighted Total	326	135	189	152	127	47	23	37	20	41	23	20	71	63	28
Total	313	131	181	132	122	58	20	32	20	32	19	27	74	56	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	148	74	73	56	59	33	11	14	10	16	9	12	37	19	19
	47%	57%	41%	42%	48%	57%	55%	43%	51%	51%	47%	44%	50%	33%	61%
		b												h	
With another adult or adults	97	34	62	46	33	19	6	10	7	6	6	6	23	25	7
	31%	26%	35%	34%	27%	32%	32%	32%	33%	19%	31%	22%	31%	45%	23%
														d	
With a child or children	87	25	61	39	40	8	4	9	4	10	4	11	15	21	7
	28%	19%	33%	29%	33%	14%	22%	28%	22%	32%	22%	40%	20%	37%	23%
			a	c	c									g	
NET: With somebody else	166	56	107	77	63	25	9	18	10	16	10	15	37	38	12
	53%	43%	59%	58%	52%	43%	45%	57%	49%	49%	53%	56%	50%	67%	39%
			a											g	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	326	45	87	72	52	38	32	204	122	269	9	23	12	3	5	52
Total	313	45	91	70	44	31	32	206	107	262	8	20	11	3	5	46
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	148	21	42	26	25	15	19	88	59	128	4	7	3	2	1	18
	47%	47%	46%	36%	57%	48%	61%	43%	55%	49%	51%	35%	27%	76%	31%	38%
				c			c		cg							
With another adult or adults	97	12	27	26	12	9	10	66	32	82	1	7	4	1	1	13
	31%	27%	30%	38%	28%	30%	31%	32%	29%	31%	10%	33%	40%	24%	18%	29%
With a child or children	87	12	31	22	11	8	2	65	21	70	3	6	4	-	2	15
	28%	28%	34%	31%	25%	25%	8%	32%	20%	27%	39%	32%	33%	-	51%	33%
		f	fh	f	f			fh								
NET: With somebody else	166	24	49	45	19	16	12	118	48	133	4	13	8	1	3	29
	53%	53%	54%	64%	43%	52%	39%	57%	45%	51%	49%	65%	73%	24%	69%	62%
				dfh				h								

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	326	152	67	80	147	11	29	151	48	11	7	20	17	15	17	40
Total	313	134	71	86	157	10	27	145	45	11	8	16	14	13	23	37
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	148	76	35	29	64	4	6	73	24	7	4	11	3	5	10	11
	47%	57% cd	49%	34%	41%	44%	23%	50% k	52% k	65%	49%	70%	21%	34%	43%	29%
With another adult or adults	97	45	17	26	43	3	13	37	12	2	3	3	9	6	9	15
	31%	34%	24%	30%	27%	26%	46%	26%	27%	18%	37%	20%	67%	45%	40%	41%
With a child or children	87	16	24	41	65	4	12	43	14	2	1	2	2	3	5	16
	28%	12%	34% a	48% a	41% a	39%	43%	30%	30%	17%	13%	11%	13%	20%	23%	42%
NET: With somebody else	166	58	37	56	93	6	21	72	22	4	4	5	11	9	13	27
	53%	43%	51%	66% a	59% a	56%	77%	50%	48%	35%	51%	30%	79%	66%	57%	71% cd

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	*d	e
Unweighted Total	326	128	68	34	10	102	138	126	69	34	11	103	137	45	140	127	14	281
Total	313	120	67	34	11	100	131	120	66	33	11	100	130	43	138	121	13	271
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	148	59	29	20	5	48	64	60	30	18	5	48	65	31	65	50	2	117
	47%	49%	43%	58%	48%	48%	49%	51%	45%	55%	42%	48%	50%	72%	47%	42%	17%	43%
														bce				
With another adult or adults	97	26	24	11	4	35	30	30	23	9	4	32	34	10	42	38	7	87
	31%	22%	36%	34%	36%	35%	23%	25%	34%	27%	41%	32%	26%	24%	31%	31%	55%	32%
			a			af												
With a child or children	87	44	17	5	3	21	48	37	18	7	4	25	41	2	38	41	7	85
	28%	37%	25%	14%	30%	21%	36%	31%	27%	21%	40%	25%	32%	4%	28%	34%	53%	31%
		ce					ce								a	a		a
NET: With somebody else	166	61	38	14	6	52	67	59	36	15	6	51	65	12	73	71	10	154
	53%	51%	57%	42%	52%	52%	51%	49%	55%	45%	58%	52%	50%	28%	53%	58%	83%	57%
															a	a		a

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Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	326	102	172	68	65	19	183	136	14	276	50	277	44
Total	313	96	169	64	63	19	177	130	14	266	48	270	40
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	148	34	81	30	30	7	88	59	8	123	24	128	19
	47%	36%	48% a	47%	48%	35%	50%	46%	59%	46%	51%	48%	49%
With another adult or adults	97	29	56	16	21	7	56	38	4	84	13	82	13
	31%	30%	33%	25%	34%	35%	32%	29%	25%	32%	28%	30%	33%
With a child or children	87	37	46	20	16	6	46	38	3	74	13	75	9
	28%	39% b	27%	31%	25%	30%	26%	29%	23%	28%	27%	28%	24%
NET: With somebody else	166	61	88	34	33	13	89	70	6	142	23	141	20
	53%	64% b	52%	53%	52%	65%	50%	54%	41%	54%	49%	52%	51%

Savanta:
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Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	326	7	25	37	84	62	47	15	49	208	111	58	104	93	66	93	90	96	42
Total	313	5	24	34	82	58	45	14	51	199	110	56	98	94	63	89	87	94	40
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	148	2	15	16	36	27	20	7	24	95	51	19	55	48	23	48	40	42	15
	47%	41%	63%	48%	45%	45%	45%	51%	47%	48%	47%	34%	57% ad	51% a	37%	54%	46%	45%	38%
With another adult or adults	97	2	6	13	29	16	13	3	15	64	31	21	25	25	24	18	30	36	13
	31%	40%	24%	39%	36%	27%	29%	18%	30%	32%	28%	38%	26%	27%	38%	20%	35% a	38% a	32%
With a child or children	87	1	3	9	21	19	13	4	16	53	33	20	19	25	23	28	22	23	13
	28%	18%	13%	28%	25%	33%	28%	32%	32%	26%	30%	37% b	19%	26%	36% b	31%	25%	25%	34%
NET: With somebody else	166	3	9	18	45	32	25	7	27	104	59	37	43	46	39	41	47	52	25
	53%	59%	37%	52%	55%	55%	55%	49%	53%	52%	53%	66% bc	43%	49%	63% b	46%	54%	55%	62%

Q4.13. Swimming: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	326	175	90	59
Total	313	172	85	55
	100%	100%	100%	100%
Nobody, I did this on my own	148	75	53	20
	47%	43%	62%	36%
			ac	
With another adult or adults	97	58	16	22
	31%	34%	19%	41%
		b		b
With a child or children	87	52	18	16
	28%	30%	21%	29%
NET: With somebody else	166	97	32	35
	53%	57%	38%	64%
		b		b

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.
BASE: All who have done some form of physical activity in the past week

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	88	46	42	55	27	6	3	16	6	10	13	6	16	17	1
Total	78	38	40	46	25	7	2	14	6	7	10	8	15	15	1
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	30	13	18	16	10	4	-	3	2	2	4	5	6	8	-
	39%	33%	44%	36%	41%	54%	-	24%	40%	29%	39%	61%	42%	51%	-
With another adult or adults	35	18	17	21	12	2	1	6	4	5	5	3	6	4	1
	45%	48%	43%	47%	48%	23%	67%	40%	60%	71%	53%	39%	39%	29%	100%
With a child or children	13	8	5	9	3	2	1	6	-	-	1	-	3	3	-
	17%	21%	13%	19%	11%	24%	33%	43%	-	-	8%	-	19%	20%	-
NET: With somebody else	47	25	22	29	15	3	2	11	4	5	6	3	8	7	1
	61%	67%	56%	64%	59%	46%	100%	76%	60%	71%	61%	39%	58%	49%	100%

Savanta:
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Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	88	19	24	15	13	11	6	58	30	63	8	10	4	2	-	24
Total	78	16	24	14	10	9	5	54	24	55	8	8	3	2	-	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Nobody, I did this on my own	30	4	7	9	2	4	3	20	10	21	4	3	1	1	-	9
	39%	27%	29%	66%	23%	47%	66%	38%	41%	38%	51%	36%	42%	44%	-	43%
With another adult or adults	35	9	13	3	6	4	-	25	10	25	4	5	1	1	-	11
	45%	55%	57%	23%	58%	44%	-	47%	40%	45%	49%	55%	34%	56%	-	50%
With a child or children	13	3	4	2	2	1	2	9	4	10	-	1	1	-	-	1
	17%	18%	18%	11%	20%	9%	34%	16%	19%	19%	-	8%	24%	-	-	7%
NET: With somebody else	47	12	17	5	8	5	2	33	14	34	4	5	2	1	-	12
	61%	73%	71%	34%	77%	53%	34%	62%	59%	62%	49%	64%	58%	56%	-	57%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	88	38	22	21	43	7	18	37	7	5	1	7	3	2	1	25
Total	78	29	23	20	43	6	16	34	6	5	1	6	2	2	1	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	30	13	10	7	17	2	5	12	4	3	-	3	-	1	-	7
	39%	44%	43%	34%	39%	40%	30%	34%	62%	63%	-	62%	-	63%	-	33%
With another adult or adults	35	15	10	10	20	3	10	15	2	2	1	1	2	-	-	13
	45%	51%	44%	48%	46%	47%	66%	45%	27%	37%	100%	10%	100%	-	-	61%
With a child or children	13	2	3	4	7	1	2	7	1	-	-	2	-	1	1	2
	17%	5%	12%	22%	17%	14%	10%	21%	11%	-	-	29%	-	37%	100%	11%
NET: With somebody else	47	16	13	13	26	4	11	22	2	2	1	2	2	1	1	14
	61%	56%	57%	66%	61%	60%	70%	66%	38%	37%	100%	38%	100%	37%	100%	67%

Savanta:
ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	e	*f	*a	b	*c	*d	e	*f	*a	b	c	*d	e
Unweighted Total	88	25	28	12	2	40	27	21	37	10	-	47	21	12	37	32	7	76
Total	78	22	27	10	2	36	24	19	33	9	-	42	19	9	32	30	6	69
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	30	6	12	4	1	16	7	7	12	5	-	16	7	6	10	14	1	25
	39%	27%	46%	39%	46%	44%	29%	35%	36%	50%	-	39%	35%	64%	30%	47%	12%	36%
With another adult or adults	35	11	13	4	1	17	12	9	18	3	-	21	9	2	17	13	3	34
	45%	49%	48%	46%	54%	47%	49%	45%	55%	34%	-	50%	45%	18%	54%	43%	49%	49%
With a child or children	13	6	2	1	-	3	6	4	4	2	-	5	4	2	5	4	2	12
	17%	28%	6%	15%	-	8%	26%	20%	12%	16%	-	13%	20%	18%	16%	13%	39%	17%
NET: With somebody else	47	16	14	6	1	20	17	12	21	5	-	25	12	3	23	16	6	44
	61%	73%	54%	61%	54%	56%	71%	65%	64%	50%	-	61%	65%	36%	70%	53%	88%	64%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	88	35	38	21	13	7	48	38	1	78	10	64	23
Total	78	31	35	18	12	6	42	33	1	68	9	56	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	30	9	15	5	5	2	18	11	1	29	1	19	11
	39%	29%	43%	28%	41%	42%	42%	35%	100%	43%	8%	35%	51%
With another adult or adults	35	17	16	10	5	3	19	17	-	30	6	29	6
	45%	56%	45%	54%	45%	58%	44%	51%	-	43%	58%	51%	27%
With a child or children	13	5	5	3	2	-	7	5	-	10	3	9	5
	17%	16%	15%	17%	14%	-	16%	14%	-	15%	34%	16%	22%
NET: With somebody else	47	22	20	13	7	3	25	21	-	39	9	36	10
	61%	71%	57%	72%	59%	58%	58%	65%	-	57%	92%	65%	49%

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Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	|									Number of days active			|		Life satisfaction score			|		Covid-19 related worries		
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days		0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)		0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j		*a	b	*c	*d		*a	b	*c	*d
Unweighted Total	88	-	7	12	22	17	13	5	12	58	30		15	33	18	21		15	30	24	19
Total	78	-	7	10	19	15	11	4	12	50	27		13	30	15	18		13	27	22	17
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%		100%	100%	100%	100%		100%	100%	100%	100%
Nobody, I did this on my own	30	-	3	2	9	7	4	1	4	22	9		7	10	5	7		8	7	8	7
	39%	-	49%	24%	46%	49%	34%	18%	33%	43%	31%		52%	33%	34%	40%		62%	26%	37%	43%
With another adult or adults	35	-	3	5	9	6	7	1	4	22	13		5	15	9	7		4	15	11	5
	45%	-	40%	50%	47%	40%	66%	34%	34%	44%	47%		36%	51%	56%	36%		31%	58%	53%	27%
With a child or children	13	-	1	3	1	2	-	2	5	6	7		2	5	2	5		1	4	2	6
	17%	-	11%	26%	7%	11%	-	49%	41%	12%	26%		12%	17%	10%	28%		7%	16%	10%	35%
NET: With somebody else	47	-	3	7	10	8	7	4	8	29	19		6	20	10	11		5	20	14	10
	61%	-	51%	76%	54%	51%	66%	82%	67%	57%	69%		48%	67%	66%	60%		38%	74%	63%	57%

Savanta: ComRes

Q4.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

| | Total | Amount of activity now compared to last year | | |
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	88	51	21	14
Total	78	45	20	11
	100%	100%	100%	100%
Nobody, I did this on my own	30	16	9	5
	39%	35%	48%	45%
With another adult or adults	35	20	10	4
	45%	46%	52%	34%
With a child or children	13	9	-	2
	17%	21%	-	21%
NET: With somebody else	47	29	10	6
	61%	65%	52%	55%

Savanta:
ComRes

Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	95	42	51	63	29	3	6	18	7	11	10	8	22	10	3
Total	85	35	48	53	28	4	4	14	7	8	8	10	21	9	3
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	29	16	13	16	10	3	3	4	2	4	2	4	9	1	1
	34%	46%	27%	30%	37%	73%	73%	25%	29%	45%	28%	37%	43%	8%	27%
With another adult or adults	43	15	28	28	14	-	1	8	5	3	5	5	9	5	1
	50%	42%	58%	54%	50%	-	27%	58%	71%	36%	72%	48%	43%	49%	37%
With a child or children	16	5	9	9	6	1	-	4	1	2	-	1	3	4	1
	19%	15%	19%	18%	21%	27%	-	30%	18%	19%	-	15%	14%	43%	37%
NET: With somebody else	56	19	35	37	18	1	1	11	5	4	5	6	12	9	2
	66%	54%	73%	70%	63%	27%	27%	75%	71%	55%	72%	63%	57%	92%	73%

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Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	95	20	19	20	17	13	6	59	36	74	2	11	3	2	1	19
Total	85	18	19	19	14	11	4	56	29	67	2	10	3	2	1	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	29	6	2	10	7	4	1	17	12	25	1	1	1	1	-	4
	34%	35%	8%	51%	48%	39%	13%	31%	40%	37%	60%	14%	21%	44%	-	23%
With another adult or adults	43	9	14	7	5	6	2	30	13	33	1	5	1	-	1	8
	50%	48%	74%	39%	37%	52%	45%	53%	44%	50%	40%	57%	47%	-	100%	49%
With a child or children	16	4	6	2	2	1	2	12	5	11	-	4	1	1	-	6
	19%	22%	30%	10%	15%	9%	42%	21%	17%	16%	-	43%	32%	56%	-	35%
NET: With somebody else	56	12	17	9	7	6	4	38	18	42	1	8	2	1	1	13
	66%	65%	92%	49%	52%	61%	87%	69%	60%	63%	40%	86%	79%	56%	100%	77%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	95	35	17	30	47	6	17	45	15	1	3	5	2	-	1	23
Total	85	27	18	30	47	5	14	41	14	1	2	4	2	-	1	20
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
Nobody, I did this on my own	29	11	6	8	14	1	5	14	7	-	1	2	-	-	-	6
	34%	41%	36%	26%	30%	14%	39%	33%	48%	-	28%	53%	-	-	-	32%
With another adult or adults	43	15	7	15	22	4	9	19	6	1	1	2	1	-	-	12
	50%	56%	41%	50%	47%	71%	61%	46%	46%	100%	29%	47%	52%	-	-	64%
With a child or children	16	1	4	9	13	1	1	11	1	-	1	-	1	-	1	2
	19%	3%	23%	31%	28%	15%	6%	26%	6%	-	42%	-	48%	-	100%	9%
				a	a											
NET: With somebody else	56	16	11	22	33	5	9	28	7	1	2	2	2	-	1	13
	66%	59%	64%	74%	70%	86%	61%	67%	52%	100%	72%	47%	100%	-	100%	68%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	*b	*c	*d	e	f	a	*b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	95	37	24	10	7	34	44	35	24	16	3	40	38	8	39	41	7	87
Total	85	32	23	8	7	31	39	32	21	14	3	35	35	7	35	38	5	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	29	17	5	2	2	7	19	15	5	4	1	9	17	5	12	11	2	24
	34%	51%	22%	24%	30%	22%	48%	49%	23%	28%	43%	25%	48%	66%	34%	28%	40%	31%
		e					e	e					e					
With another adult or adults	43	13	13	4	3	18	16	10	15	7	1	23	11	2	18	20	2	40
	50%	40%	60%	55%	42%	58%	40%	32%	72%	53%	26%	65%	31%	34%	51%	54%	41%	52%
													af					
With a child or children	16	5	5	2	2	7	7	7	3	3	1	6	8	-	5	10	1	16
	19%	14%	24%	22%	28%	23%	17%	22%	15%	19%	31%	16%	23%	-	15%	26%	19%	21%
NET: With somebody else	56	16	18	6	5	24	20	16	16	10	2	26	18	2	23	27	3	54
	66%	49%	78%	76%	70%	78%	52%	51%	77%	72%	57%	75%	52%	34%	66%	72%	60%	69%
						af						af						

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Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	95	48	37	24	13	15	42	48	-	78	17	71	21
Total	85	44	32	22	12	13	38	43	-	71	14	64	19
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
Nobody, I did this on my own	29	13	11	9	4	6	11	17	-	25	4	25	4
	34%	30%	35%	41%	35%	49%	29%	39%	-	35%	29%	40%	20%
With another adult or adults	43	23	15	11	7	4	20	21	-	36	7	29	11
	50%	53%	46%	50%	57%	31%	52%	49%	-	51%	47%	46%	56%
With a child or children	16	8	8	4	1	3	8	7	-	12	4	12	4
	19%	19%	25%	18%	7%	19%	21%	17%	-	17%	30%	19%	24%
NET: With somebody else	56	31	21	13	7	7	27	26	-	46	10	38	15
	66%	70%	65%	59%	65%	51%	71%	61%	-	65%	71%	60%	80%

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Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	b	*c	*d	*a	*b	c	*d
Unweighted Total	95	3	7	13	24	15	16	3	14	59	33	14	30	26	23	17	28	31	18
Total	85	2	7	12	20	13	16	2	12	52	30	12	29	23	20	15	27	26	16
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	29	1	2	6	3	5	1	2	7	17	11	2	8	13	6	6	9	11	3
	34%	59%	35%	49%	15%	39%	9%	100%	60%	32%	37%	17%	27%	55%	29%	41%	32%	43%	19%
With another adult or adults	43	1	5	5	15	6	9	-	3	30	12	8	16	8	10	8	12	13	9
	50%	41%	65%	43%	74%	42%	58%	-	21%	57%	38%	67%	54%	37%	49%	52%	44%	49%	57%
With a child or children	16	-	-	1	3	2	6	-	3	7	10	3	6	2	5	2	7	3	5
	19%	-	-	8%	16%	19%	41%	-	27%	13%	32%	28%	21%	8%	26%	16%	24%	11%	29%
											i								
NET: With somebody else	56	1	5	6	17	8	14	-	5	36	19	10	21	10	14	9	19	15	13
	66%	41%	65%	51%	85%	61%	91%	-	40%	68%	63%	83%	73%	45%	71%	59%	68%	57%	81%

Q4.15. Water sports (such as surfing, rowing, sailing etc.): For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	95	58	19	17
Total	85	54	16	15
	100%	100%	100%	100%
Nobody, I did this on my own	29	18	7	4
	34%	33%	47%	26%
With another adult or adults	43	29	6	6
	50%	54%	40%	44%
With a child or children	16	9	2	5
	19%	17%	13%	35%
NET: With somebody else	56	36	8	11
	66%	67%	53%	74%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	85	25	59	59	23	3	7	9	5	13	12	6	18	11	4
Total	77	21	55	50	24	3	5	8	5	9	10	8	19	10	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	24	8	16	15	9	-	2	3	1	5	1	3	5	4	-
	32%	39%	29%	31%	37%	-	39%	33%	24%	57%	15%	34%	29%	40%	-
With another adult or adults	36	9	26	24	10	2	3	4	4	1	6	2	10	3	4
	47%	45%	47%	48%	42%	70%	49%	55%	76%	13%	59%	32%	53%	25%	100%
With a child or children	22	5	17	14	7	1	1	2	1	3	3	3	5	5	-
	29%	26%	30%	28%	30%	30%	12%	26%	16%	30%	34%	34%	30%	45%	-
NET: With somebody else	53	13	39	35	15	3	3	5	4	4	8	5	13	6	4
	68%	61%	71%	69%	63%	100%	61%	67%	76%	43%	85%	66%	71%	60%	100%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.
BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	g
Unweighted Total	85	21	23	17	12	5	7	61	24	52	9	9	12	2	-	32
Total	77	19	23	16	10	4	5	58	19	48	9	8	10	2	-	29
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Nobody, I did this on my own	24	5	10	4	1	2	2	19	5	13	3	2	5	1	-	10
	32%	29%	43%	26%	7%	49%	39%	34%	25%	28%	30%	24%	47%	59%	-	36%
With another adult or adults	36	11	8	7	7	2	1	26	10	25	5	4	1	1	-	11
	47%	60%	36%	42%	70%	36%	29%	46%	52%	53%	55%	55%	13%	41%	-	39%
With a child or children	22	5	7	6	2	1	2	17	5	13	3	2	4	-	-	9
	29%	25%	30%	37%	23%	15%	32%	30%	23%	28%	35%	21%	39%	-	-	30%
NET: With somebody else	53	14	13	12	9	2	3	38	14	34	6	6	5	1	-	18
	68%	71%	57%	74%	93%	51%	61%	66%	75%	72%	70%	76%	53%	41%	-	64%

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Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	85	33	13	28	41	1	9	38	12	6	1	6	11	1	-	10
Total	77	25	14	29	43	1	9	37	11	5	1	4	9	1	-	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Nobody, I did this on my own	24	8	7	9	16	-	4	10	2	3	-	3	3	-	-	4
	32%	31%	51%	29%	36%	-	41%	26%	17%	69%	-	61%	36%	-	-	37%
With another adult or adults	36	15	5	13	18	1	4	20	5	1	1	1	3	-	-	5
	47%	57%	34%	45%	41%	100%	42%	54%	50%	31%	100%	18%	36%	-	-	47%
With a child or children	22	5	2	11	13	-	2	9	5	-	-	1	4	1	-	2
	29%	21%	14%	37%	30%	-	25%	25%	43%	-	-	21%	47%	100%	-	23%
NET: With somebody else	53	18	7	21	27	1	5	27	9	1	1	2	6	1	-	6
	68%	69%	49%	71%	64%	100%	59%	74%	83%	31%	100%	39%	64%	100%	-	63%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	*b	*c	*d	*e	f	a	*b	*c	*d	e	f	*a	*b	c	*d	e
Unweighted Total	85	35	19	7	4	26	39	30	22	11	2	33	32	7	29	39	10	78
Total	77	33	19	5	4	24	37	30	19	10	2	29	33	5	25	39	8	72
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	24	8	6	1	2	7	10	5	8	4	1	12	6	1	6	15	1	23
	32%	25%	33%	22%	51%	31%	28%	17%	41%	39%	41%	40%	19%	26%	25%	39%	18%	32%
With another adult or adults	36	19	6	4	2	11	21	17	8	6	1	14	18	3	14	15	5	33
	47%	57%	34%	78%	49%	44%	56%	54%	40%	61%	59%	47%	55%	58%	55%	38%	60%	46%
With a child or children	22	9	6	1	-	7	9	12	4	-	-	4	12	1	6	12	3	21
	29%	28%	33%	14%	-	28%	25%	39% e	23%	-	-	15%	36%	16%	23%	31%	44%	29%
NET: With somebody else	53	25	13	4	2	17	27	25	11	6	1	17	26	4	19	24	6	49
	68%	75%	67%	78%	49%	69%	72%	83%	59%	61%	59%	60%	81%	74%	75%	61%	82%	68%

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	85	37	38	28	19	9	39	46	7	77	8	71	13
Total	77	34	36	25	16	8	37	40	6	71	6	66	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	24	9	13	9	4	1	11	13	-	22	2	22	2
	32%	26%	38%	37%	24%	10%	30%	33%	-	31%	40%	33%	24%
With another adult or adults	36	16	16	11	8	6	17	19	5	33	4	30	5
	47%	48%	46%	43%	50%	77%	47%	47%	78%	46%	60%	45%	54%
With a child or children	22	13	7	8	6	3	10	12	3	21	1	18	3
	29%	38%	19%	32%	39%	33%	26%	31%	57%	30%	14%	27%	30%
NET: With somebody else	53	25	22	16	12	7	26	27	6	49	4	44	8
	68%	74%	62%	63%	76%	90%	70%	67%	100%	69%	60%	67%	76%

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	b	*c	*d	*a	*b	*c	*d
Unweighted Total	85	-	7	9	20	24	8	5	12	60	25	13	32	19	20	23	29	23	10
Total	77	-	6	8	18	22	7	4	12	54	23	11	28	18	19	20	27	21	9
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	24	-	-	4	5	6	3	1	6	14	10	5	7	4	7	9	7	6	2
	32%	-	-	49%	26%	26%	39%	36%	49%	27%	43%	50%	26%	23%	38%	44%	27%	30%	23%
With another adult or adults	36	-	5	2	10	13	4	2	2	29	7	5	15	10	6	7	15	11	3
	47%	-	82%	23%	55%	57%	49%	39%	17%	54%	31%	44%	54%	55%	29%	36%	54%	55%	32%
With a child or children	22	-	3	2	4	5	2	1	5	14	8	1	7	4	10	4	8	5	5
	29%	-	52%	28%	24%	22%	22%	25%	43%	27%	33%	6%	25%	22%	49%	20%	28%	25%	57%
NET: With somebody else	53	-	6	4	13	16	5	3	6	40	13	5	20	14	12	11	20	14	7
	68%	-	100%	51%	74%	74%	61%	64%	51%	73%	57%	50%	74%	77%	62%	56%	73%	70%	77%

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Q4.16. Gymnastics, trampolining or cheerleading: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	85	48	19	18
Total	77	43	18	16
	100%	100%	100%	100%
Nobody, I did this on my own	24	11	9	4
	32%	26%	48%	28%
With another adult or adults	36	19	8	9
	47%	45%	43%	59%
With a child or children	22	17	2	3
	29%	40%	9%	20%
NET: With somebody else	53	32	9	11
	68%	74%	52%	72%

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Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	*b	*a	*b	c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	72	43	29	23	14	35	2	14	5	5	7	9	8	15	7
Total	80	52	29	19	14	48	2	16	5	5	6	13	8	17	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	40	25	14	8	8	24	1	6	3	4	4	7	4	9	3
	49%	49%	50%	44%	54%	50%	44%	41%	52%	73%	62%	49%	45%	56%	33%
With another adult or adults	36	25	10	9	3	24	1	8	3	1	2	7	2	5	6
	44%	49%	37%	47%	23%	50%	56%	51%	48%	27%	38%	51%	30%	33%	67%
With a child or children	6	1	5	3	3	-	-	1	1	-	-	-	2	2	-
	7%	2%	16%	14%	24%	-	-	7%	15%	-	-	-	25%	11%	-
NET: With somebody else	41	26	14	11	7	24	1	9	3	1	2	7	5	7	6
	51%	51%	50%	56%	46%	50%	56%	59%	48%	27%	38%	51%	55%	44%	67%

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Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	72	6	14	16	8	5	23	36	36	63	3	3	1	1	-	8
Total	80	6	17	16	7	4	30	39	41	71	3	4	1	1	-	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
Nobody, I did this on my own	40	4	5	8	4	3	15	17	22	35	-	3	-	1	-	4
	49%	68%	31%	50%	61%	73%	50%	45%	54%	49%	-	77%	-	100%	-	45%
With another adult or adults	36	2	10	5	2	1	15	17	18	33	2	-	1	-	-	3
	44%	32%	62%	32%	26%	27%	50%	45%	44%	46%	69%	-	100%	-	-	33%
With a child or children	6	1	1	3	1	-	-	5	1	3	2	1	-	-	-	3
	7%	14%	7%	18%	14%	-	-	13%	2%	5%	59%	23%	-	-	-	31%
NET: With somebody else	41	2	12	8	3	1	15	22	19	36	3	1	1	-	-	5
	51%	32%	69%	50%	39%	27%	50%	55%	46%	51%	100%	23%	100%	-	-	55%

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Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	72	57	10	3	13	1	1	18	9	3	3	6	6	1	24	2
Total	80	64	11	3	14	1	1	18	9	3	4	5	5	1	34	1
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	40	31	5	1	6	1	1	5	6	2	3	3	1	1	17	1
	49%	49%	46%	37%	44%	100%	100%	26%	69%	68%	64%	52%	31%	100%	51%	100%
With another adult or adults	36	32	2	1	4	-	-	10	2	1	2	2	2	-	17	-
	44%	50%	23%	33%	25%	-	-	55%	21%	32%	36%	48%	51%	-	49%	-
With a child or children	6	2	3	1	4	-	-	3	1	-	-	-	2	-	-	-
	7%	3%	31%	30%	30%	-	-	19%	10%	-	-	-	37%	-	-	-
NET: With somebody else	41	33	6	2	8	-	-	13	3	1	2	2	3	-	17	-
	51%	51%	54%	63%	56%	-	-	74%	31%	32%	36%	48%	69%	-	49%	-

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Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
Unweighted Total	72	17	10	4	-	14	17	18	8	6	-	14	18	10	44	15	3	62
Total	80	16	10	6	-	16	16	18	8	8	-	16	18	13	52	14	2	68
	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	40	6	6	3	-	9	6	4	6	5	-	11	4	10	23	6	1	30
	49%	36%	58%	48%	-	55%	36%	23%	76%	66%	-	71%	23%	78%	44%	46%	28%	44%
With another adult or adults	36	8	2	3	-	5	8	11	1	3	-	4	11	3	25	6	2	33
	44%	51%	22%	52%	-	33%	51%	59%	12%	34%	-	23%	59%	22%	49%	41%	72%	48%
With a child or children	6	2	2	-	-	2	2	3	1	-	-	1	3	-	3	3	-	6
	7%	13%	20%	-	-	13%	13%	18%	11%	-	-	6%	18%	-	6%	19%	-	9%
NET: With somebody else	41	10	4	3	-	7	10	14	2	3	-	4	14	3	29	7	2	38
	51%	64%	42%	52%	-	45%	64%	77%	24%	34%	-	29%	77%	22%	56%	54%	72%	56%

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Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	72	6	56	13	15	3	46	26	5	50	22	62	9
Total	80	6	62	12	16	3	54	26	4	54	26	69	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	40	3	27	6	10	3	24	16	3	27	13	31	7
	49%	45%	44%	51%	61%	100%	44%	60%	65%	50%	48%	45%	68%
With another adult or adults	36	2	31	6	4	-	27	8	1	22	14	33	3
	44%	39%	49%	49%	26%	-	51%	32%	35%	40%	52%	47%	32%
With a child or children	6	1	5	1	2	-	3	3	-	5	1	6	-
	7%	16%	8%	7%	13%	-	5%	11%	-	9%	3%	9%	-
NET: With somebody else	41	3	35	6	6	-	30	10	1	27	14	38	3
	51%	55%	56%	49%	39%	-	56%	40%	35%	50%	52%	55%	32%

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Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	c	*d	a	*b	*c	*d
Unweighted Total	72	4	9	13	10	9	10	6	11	41	27	17	17	32	6	31	21	16	3
Total	80	6	11	15	9	10	10	8	12	44	30	19	17	38	6	36	23	18	2
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nobody, I did this on my own	40	5	3	8	4	5	5	5	5	20	16	13	6	17	4	17	10	11	1
	49%	77%	31%	52%	41%	50%	48%	65%	45%	44%	51%	65%	37%	44%	64%	48%	44%	60%	23%
With another adult or adults	36	1	8	6	5	4	4	3	4	23	12	7	7	20	2	15	13	5	2
	44%	23%	69%	40%	59%	40%	44%	35%	37%	51%	39%	35%	39%	53%	36%	43%	56%	30%	77%
With a child or children	6	-	-	1	1	1	1	-	2	3	3	-	5	1	-	3	1	2	-
	7%	-	-	8%	9%	10%	9%	-	18%	7%	10%	-	28%	3%	-	9%	4%	10%	-
NET: With somebody else	41	1	8	7	5	5	5	3	7	25	15	7	11	21	2	19	13	7	2
	51%	23%	69%	48%	59%	50%	52%	35%	55%	56%	49%	35%	63%	56%	36%	52%	56%	40%	77%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4.7. Other sport, exercise or physical activity: For each activity you have done in the past week, who, if anyone, have you participated with? Please include only those physically present with you, not other online participants.

BASE: All who have done some form of physical activity in the past week

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		*a	b	*c
Unweighted Total	72	20	35	17
Total	80	20	40	20
	100%	100%	100%	100%
Nobody, I did this on my own	40	11	16	12
	49%	56%	41%	59%
With another adult or adults	36	7	22	7
	44%	35%	54%	35%
With a child or children	6	3	2	1
	7%	13%	5%	6%
NET: With somebody else	41	9	24	8
	51%	44%	59%	41%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A. SUMMARY: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	With member(s) of my own household	With member(s) of other household(s)	Both of the above
Walking (either for leisure or travel)	598	405	139	54
	100%	68%	23%	9%
Cycling (either for leisure or travel)	119	68	36	14
	100%	57%	30%	12%
Running or jogging	121	63	43	15
	100%	52%	36%	12%
Home activity, fitness or exercise class viewed online or on TV, DVD or video	78	46	22	10
	100%	59%	28%	12%
Home activity, fitness or exercise class not viewed online or on TV, DVD or video	79	45	19	15
	100%	57%	24%	19%
Informal active play/games in the house or garden (e.g. throwing, catching, running games)	175	103	51	20
	100%	59%	29%	12%
Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces)	159	93	54	11
	100%	59%	34%	7%
Team sports (such as football, cricket, rugby etc.)	140	26	84	29
	100%	19%	60%	21%
Racket sports (such as tennis, badminton, squash etc.)	73	29	34	10
	100%	40%	47%	14%
Golf	70	16	42	11
	100%	23%	60%	16%
Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre)	131	50	72	10
	100%	38%	55%	7%
Swimming	166	82	60	24
	100%	49%	36%	14%

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Q4A. SUMMARY: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	With member(s) of my own household	With member(s) of other household(s)	Both of the above
Combat sports, martial arts or target sports (such as shooting, archery etc.)	47	19	17	11
	100%	41%	36%	23%
Water sports (such as surfing, rowing, sailing etc.)	56	25	23	9
	100%	44%	40%	16%
Gymnastics, trampolining or cheerleading	53	23	20	10
	100%	44%	37%	19%
Other sport, exercise or physical activity	41	10	29	2
	100%	24%	71%	5%

Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	c	d	e	f	g	h	i
Unweighted Total	584	234	347	227	212	145	29	71	59	69	60	58	79	102	57
Total	598	251	343	199	210	188	28	70	62	57	51	78	85	99	68
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	405	186	216	119	146	139	18	47	40	40	34	58	56	66	45
	68%	74%	63%	60%	70%	74%	64%	67%	65%	71%	66%	75%	66%	67%	66%
		b			a	a									
With member(s) of other household(s)	139	49	90	56	38	45	9	17	13	12	14	18	13	28	15
	23%	20%	26%	28%	18%	24%	33%	24%	22%	22%	27%	23%	15%	28%	22%
				b										g	
Both of the above	54	17	37	24	25	4	1	6	8	4	4	2	16	5	8
	9%	7%	11%	12%	12%	2%	3%	9%	13%	7%	7%	2%	19%	5%	11%
				c	c				f				dfh		f

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Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	584	52	140	147	81	73	91	339	245	488	15	47	19	6	4	91
Total	598	54	151	147	80	64	102	351	246	506	14	44	19	6	4	86
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	405	37	106	100	56	45	62	242	162	356	6	25	9	2	2	45
	68%	69%	70%	68%	69%	70%	61%	69%	66%	70%	44%	58%	49%	29%	58%	52%
										g						
With member(s) of other household(s)	139	10	26	38	18	15	32	73	66	111	7	13	5	2	1	27
	23%	19%	17%	26%	23%	24%	31%	21%	27%	22%	51%	29%	26%	28%	20%	32%
							bg		b							a
Both of the above	54	7	19	10	6	4	8	36	18	39	1	6	5	3	1	14
	9%	13%	13%	7%	8%	6%	8%	10%	7%	8%	5%	13%	25%	43%	21%	17%
																a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	g	h	i	j	k
Unweighted Total	584	322	115	123	238	13	30	227	100	8	14	37	45	41	69	43
Total	598	323	126	130	256	11	29	227	95	8	16	35	36	42	97	40
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	405	217	92	85	177	6	19	157	58	5	12	21	22	32	71	26
	68%	67%	73%	65%	69%	58%	66%	69%	61%	62%	76%	61%	61%	76%	73%	64%
With member(s) of other household(s)	139	90	23	21	44	4	7	45	26	2	2	8	13	9	24	11
	23%	28% bcd	18%	16%	17%	35%	23%	20%	27%	21%	15%	23%	35% c	22%	24%	26%
Both of the above	54	16	11	24	35	1	3	25	11	1	1	6	1	1	3	4
	9%	5%	9%	19% ab	14% a	7%	11%	11% j	11% j	17%	9%	17% ij	4%	2%	3%	10%

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Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	584	200	106	43	8	149	208	217	89	41	7	130	224	42	316	191	35	542
Total	598	191	108	48	8	156	199	211	88	46	7	134	218	42	334	188	34	556
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	405	124	77	35	4	112	128	147	52	37	3	89	150	6	250	135	14	399
	68%	65%	72%	72%	49%	72%	64%	69%	60%	79%	43%	66%	69%	14%	75%	72%	41%	72%
										b					ad	ad	a	ad
With member(s) of other household(s)	139	43	19	8	4	27	47	42	23	4	3	28	45	36	56	35	12	103
	23%	23%	17%	17%	51%	17%	24%	20%	27%	9%	42%	21%	21%	86%	17%	19%	35%	19%
										c				bcde				bce
Both of the above	54	23	11	5	-	17	23	22	12	5	1	17	23	-	27	18	8	54
	9%	12%	11%	11%	-	11%	12%	11%	14%	11%	15%	13%	11%	-	8%	10%	23%	10%
																a	abce	a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	f	a	b	a	b
Unweighted Total	584	106	427	104	100	15	398	180	34	467	117	510	70
Total	598	107	440	96	105	14	414	178	32	471	127	528	66
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	405	68	323	51	68	8	290	110	14	318	87	370	33
	68%	64%	74%	53%	64%	58%	70%	62%	45%	68%	68%	70%	51%
			a		f		aef					b	
With member(s) of other household(s)	139	21	81	31	29	4	89	49	13	107	32	111	27
	23%	19%	18%	32%	27%	30%	22%	27%	41%	23%	25%	21%	41%
				d					d				a
Both of the above	54	18	36	14	9	2	34	20	5	45	9	47	5
	9%	17%	8%	15%	8%	12%	8%	11%	14%	10%	7%	9%	8%
		b											

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	584	51	44	105	134	79	73	23	75	362	171	107	156	237	79	184	146	194	53
Total	598	54	44	106	136	80	76	25	77	366	177	108	156	245	84	187	149	201	55
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	405	40	31	71	91	52	56	17	47	245	120	69	96	180	58	120	98	151	33
	68%	74%	71%	67%	67%	65%	74%	68%	62%	67%	68%	64%	61%	73%	69%	64%	66%	75%	60%
														b				ad	
With member(s) of other household(s)	139	12	10	31	31	17	14	4	20	90	38	30	46	46	16	52	39	31	15
	23%	22%	22%	30%	23%	22%	18%	18%	25%	24%	21%	27%	29%	19%	19%	28%	26%	16%	28%
													c			c	c		c
Both of the above	54	2	4	4	14	11	6	4	10	32	19	9	14	19	10	16	11	19	6
	9%	4%	8%	4%	10%	13%	8%	15%	13%	9%	11%	9%	9%	8%	12%	9%	8%	9%	11%
						c			c		c								

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.1. Walking (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	584	254	175	152
Total	598	253	188	154
	100%	100%	100%	100%
With member(s) of my own household	405	159	133	112
	68%	63%	70%	73%
				a
With member(s) of other household(s)	139	68	41	29
	23%	27%	22%	19%
Both of the above	54	25	15	13
	9%	10%	8%	8%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Gender | | Age | | | Region | | | | | | | | |
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	125	52	73	57	58	10	3	21	10	12	24	8	18	20	9
Total	119	49	70	50	58	11	3	18	11	9	20	11	20	18	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	68	29	39	25	37	6	2	8	5	5	13	8	13	10	4
	57%	60%	56%	51%	64%	54%	69%	43%	41%	61%	68%	75%	66%	56%	40%
With member(s) of other household(s)	36	14	23	15	16	5	1	6	5	2	6	1	6	6	4
	30%	28%	32%	31%	27%	46%	31%	36%	40%	23%	29%	11%	28%	31%	46%
Both of the above	14	6	8	9	5	-	-	4	2	2	1	1	1	2	1
	12%	13%	12%	19%	9%	-	-	21%	18%	17%	4%	14%	6%	13%	15%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Social Grade | | | | | | | | Ethnicity | | | | | | |
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	125	24	32	19	28	14	8	75	50	97	4	13	7	2	1	27
Total	119	23	31	18	25	13	9	72	46	92	4	12	7	2	1	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	68	11	16	12	18	7	4	39	29	53	1	5	5	1	1	14
	57%	49%	51%	66%	71%	56%	51%	54%	63%	58%	37%	46%	72%	53%	100%	54%
With member(s) of other household(s)	36	6	12	5	5	5	3	23	13	28	1	4	2	1	-	8
	30%	28%	38%	26%	21%	38%	36%	32%	28%	30%	34%	35%	28%	47%	-	33%
Both of the above	14	5	3	1	2	1	1	10	4	11	1	2	-	-	-	3
	12%	23%	11%	8%	8%	6%	13%	14%	9%	12%	30%	19%	-	-	-	13%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	125	45	33	39	72	4	15	61	17	8	4	4	5	2	5	19
Total	119	39	33	41	74	4	13	59	14	8	4	3	4	2	7	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	68	19	22	25	47	2	8	36	6	2	4	1	4	1	4	10
	57%	50%	66%	61%	63%	48%	61%	61%	45%	24%	100%	26%	84%	55%	63%	59%
With member(s) of other household(s)	36	18	8	8	16	2	4	16	5	5	-	2	-	-	2	5
	30%	46% bcd	23%	20%	21%	52%	27%	28%	34%	59%	-	74%	-	-	37%	32%
Both of the above	14	1	4	8	11	-	2	7	3	1	-	-	1	1	-	2
	12%	4%	12%	18% a	15%	-	12%	11%	21%	16%	-	-	16%	45%	-	10%

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Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	125	52	35	10	3	45	55	49	33	15	3	48	52	8	52	57	8	117
Total	119	50	33	8	3	41	53	47	31	13	3	44	50	6	49	55	9	112
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	68	29	19	4	2	24	31	29	15	7	3	23	31	-	28	36	3	68
	57%	57%	59%	54%	70%	58%	58%	61%	50%	56%	100%	52%	63%	-	58%	66%	40%	61%
With member(s) of other household(s)	36	13	12	2	1	13	14	12	10	5	-	15	12	6	15	14	1	30
	30%	26%	36%	20%	30%	33%	26%	26%	32%	38%	-	34%	24%	100%	31%	25%	13%	26%
Both of the above	14	9	2	2	-	4	9	6	6	1	-	6	6	-	5	5	4	14
	12%	17%	5%	26%	-	10%	16%	13%	18%	5%	-	14%	12%	-	11%	9%	47%	13%

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Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	125	38	79	26	19	5	80	44	6	111	14	113	10
Total	119	36	76	24	18	4	77	41	6	104	14	108	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	68	19	49	11	12	2	47	22	3	60	8	65	2
	57%	52%	65%	46%	64%	46%	61%	52%	60%	58%	56%	60%	27%
With member(s) of other household(s)	36	11	19	9	4	2	22	14	-	31	5	30	5
	30%	30%	25%	37%	19%	38%	29%	34%	-	30%	37%	27%	64%
Both of the above	14	7	8	4	3	1	8	6	2	13	1	14	1
	12%	18%	10%	17%	16%	16%	11%	13%	40%	13%	7%	13%	8%

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Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	125	2	3	17	37	20	23	7	16	77	46	18	41	45	21	35	41	37	10
Total	119	1	4	16	33	20	22	6	15	74	44	18	36	44	20	33	40	34	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	68	1	1	7	23	14	11	6	6	45	22	12	16	30	10	23	22	20	3
	57%	52%	36%	44%	70%	67%	49%	88%	37%	62%	50%	67%	44%	68% b	51%	69%	56%	58%	25%
With member(s) of other household(s)	36	1	2	8	4	7	9	1	5	21	14	5	18	10	3	8	14	12	2
	30%	48%	64%	49%	12%	33%	39%	12%	31%	29%	33% d	27%	50% c	22%	15%	22%	36%	35%	16%
Both of the above	14	-	-	1	6	-	3	-	5	7	7	1	2	4	7	3	3	2	6
	12%	-	-	7%	17%	-	12%	-	32%	9%	17%	6%	6%	10%	33%	8%	8%	7%	58%

Q4A.2. Cycling (either for leisure or travel): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	125	72	27	26
Total	119	69	26	24
	100%	100%	100%	100%
With member(s) of my own household	68	38	14	15
	57%	56%	55%	65%
With member(s) of other household(s)	36	22	9	6
	30%	31%	33%	25%
Both of the above	14	9	3	3
	12%	13%	12%	11%

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Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	133	65	68	75	51	7	6	17	11	21	15	8	31	15	9
Total	121	58	63	64	50	7	5	15	11	17	11	9	31	12	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	63	26	37	33	28	2	2	7	6	9	5	8	16	4	4
	52%	44%	59%	52%	55%	31%	47%	51%	59%	52%	46%	89%	50%	35%	48%
With member(s) of other household(s)	43	24	20	21	18	5	1	5	3	6	4	1	13	6	4
	36%	41%	31%	32%	35%	69%	31%	36%	31%	34%	31%	11%	41%	46%	43%
Both of the above	15	8	6	10	5	-	1	2	1	2	2	-	3	2	1
	12%	15%	10%	16%	9%	-	21%	13%	10%	14%	22%	-	8%	20%	9%

Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	133	22	38	27	21	16	9	87	46	88	6	23	13	2	-	44
Total	121	21	37	25	18	13	7	83	38	80	5	20	12	2	-	40
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	63	11	17	17	10	4	3	45	18	43	1	13	5	-	-	19
	52%	53%	45%	69%	57%	35%	44%	54%	47%	54%	17%	64%	45%	-	-	48%
With member(s) of other household(s)	43	9	14	7	5	6	2	30	13	29	4	3	6	1	-	14
	36%	44%	39%	27%	26%	48%	30%	36%	34%	36%	66%	17%	49%	61%	-	36%
Both of the above	15	1	6	1	3	2	2	8	7	8	1	4	1	1	-	7
	12%	4%	16%	4%	17%	17%	26%	9%	19%	10%	18%	20%	6%	39%	-	17%

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Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Children aged 15 or under in the household | | | | Current employment status | | | | | | | | | | |
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	133	49	31	44	75	4	17	68	20	4	4	5	8	2	1	21
Total	121	38	30	45	76	3	16	65	17	3	4	4	7	2	1	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	63	18	20	21	41	2	7	37	7	1	2	2	3	2	-	9
	52%	47%	64%	46%	54%	79%	43%	57%	40%	24%	41%	55%	49%	100%	-	48%
With member(s) of other household(s)	43	18	8	15	23	1	7	18	8	2	2	-	3	-	1	8
	36%	47%	26%	34%	31%	21%	46%	28%	50%	76%	59%	-	51%	-	100%	42%
Both of the above	15	2	3	9	12	-	2	9	2	-	-	2	-	-	-	2
	12%	6%	10%	20%	16%	-	11%	15%	10%	-	-	45%	-	-	-	10%
				a												

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Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	133	46	39	11	8	50	54	43	44	11	7	55	50	7	48	64	14	126
Total	121	42	38	9	7	47	49	39	41	11	6	52	46	5	43	61	12	116
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	63	16	26	5	2	31	18	18	24	3	3	27	21	1	22	32	8	62
	52%	38%	69% af	54%	25%	66% af	36%	46%	59%	26%	51%	52%	46%	15%	52%	52%	67%	54%
With member(s) of other household(s)	43	19	9	3	4	12	23	17	12	5	3	17	20	4	17	19	2	39
	36%	46% be	24%	31%	49%	25%	47% be	43%	29%	44%	49%	32%	44%	85%	40%	31%	20%	33%
Both of the above	15	6	3	1	2	4	8	4	5	3	-	8	4	-	3	10	2	15
	12%	16%	7%	15%	25%	9%	17%	11%	11%	30%	-	15%	10%	-	8%	16%	13%	13%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	133	44	80	27	16	6	87	41	6	114	19	118	14
Total	121	41	73	25	14	5	81	36	6	103	18	108	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	63	22	38	11	6	2	45	16	2	53	10	59	3
	52%	54%	52%	42%	42%	44%	56%	44%	32%	51%	57%	55%	23%
With member(s) of other household(s)	43	12	27	9	4	3	28	13	2	36	7	35	8
	36%	29%	37%	36%	32%	56%	35%	36%	31%	35%	38%	32%	69%
Both of the above	15	7	8	6	4	-	7	7	2	14	1	14	1
	12%	17%	11%	22%	26%	-	9%	19%	37%	14%	5%	13%	8%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	133	1	4	18	47	23	25	5	10	92	40	20	45	40	25	31	35	45	20
Total	121	1	3	17	43	21	23	5	9	84	36	18	40	37	23	30	32	41	17
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	63	1	2	9	22	9	13	3	4	42	20	8	27	17	10	14	17	22	9
	52%	100%	74%	54%	51%	42%	58%	66%	42%	50%	55%	46%	67%	46%	44%	48%	55%	53%	52%
With member(s) of other household(s)	43	-	1	7	15	11	6	2	2	33	10	8	9	18	7	13	11	14	6
	36%	-	26%	38%	34%	54%	26%	34%	26%	40%	27%	44%	23%	49%	29%	43%	34%	35%	32%
														b					
Both of the above	15	-	-	1	6	1	4	-	3	9	6	2	4	2	6	3	4	5	3
	12%	-	-	8%	14%	5%	16%	-	32%	10%	18%	10%	10%	6%	27%	9%	12%	12%	16%

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Q4A.3. Running or jogging: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	*c
Unweighted Total	133	78	34	19
Total	121	72	31	17
	100%	100%	100%	100%
With member(s) of my own household	63	35	17	11
	52%	49%	54%	62%
With member(s) of other household(s)	43	28	10	5
	36%	39%	33%	28%
Both of the above	15	9	4	2
	12%	12%	13%	10%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	84	38	45	48	32	4	6	16	10	8	4	1	28	7	4
Total	78	33	44	40	33	4	5	14	11	6	3	1	28	6	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	46	20	26	22	20	3	3	11	2	4	3	1	16	4	3
	59%	59%	59%	55%	62%	80%	70%	76%	17%	61%	78%	100%	56%	70%	78%
With member(s) of other household(s)	22	9	13	11	10	1	1	2	9	1	-	-	8	-	1
	28%	28%	29%	28%	30%	20%	30%	12%	83%	24%	-	-	27%	-	22%
Both of the above	10	4	5	7	3	-	-	2	-	1	1	-	5	2	-
	12%	13%	12%	17%	9%	-	-	12%	-	15%	22%	-	17%	30%	-

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	g
Unweighted Total	84	13	29	13	10	13	6	55	29	49	6	22	4	3	-	35
Total	78	12	29	12	8	10	6	53	24	45	5	21	3	3	-	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	46	8	18	4	5	8	4	30	17	28	3	11	1	3	-	18
	59%	61%	61%	36%	60%	73%	69%	56%	68%	62%	64%	54%	35%	77%	-	56%
With member(s) of other household(s)	22	4	8	6	2	1	1	17	4	11	1	9	1	-	-	11
	28%	32%	26%	49%	28%	14%	12%	33%	18%	25%	16%	41%	43%	-	-	33%
Both of the above	10	1	4	2	1	1	1	6	4	6	1	1	1	1	-	4
	12%	6%	13%	15%	12%	14%	19%	12%	14%	14%	20%	5%	22%	23%	-	11%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	84	29	13	31	44	3	8	42	12	2	6	5	5	1	-	11
Total	78	23	14	32	46	2	7	40	10	2	6	5	3	1	-	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	46	16	8	20	28	2	3	24	8	-	4	4	2	-	-	5
	59%	70%	59%	61%	60%	71%	44%	58%	81%	-	57%	84%	59%	-	-	51%
With member(s) of other household(s)	22	6	5	8	13	1	3	11	2	2	1	-	1	-	-	4
	28%	27%	32%	25%	27%	29%	43%	28%	19%	100%	20%	-	41%	-	-	40%
Both of the above	10	1	1	5	6	-	1	5	-	-	1	1	-	1	-	1
	12%	3%	8%	14%	12%	-	12%	14%	-	-	23%	16%	-	100%	-	9%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	*b	*c	*d	e	f	*a	*b	*c	*d	e	*f	*a	b	c	*d	e
Unweighted Total	84	31	26	8	4	34	35	26	28	12	3	40	29	2	30	42	10	82
Total	78	28	24	9	4	33	32	24	26	12	3	38	27	2	27	39	9	76
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	46	18	13	6	1	19	19	16	14	7	1	21	17	1	19	23	3	45
	59%	62%	53%	68%	29%	57%	58%	66%	53%	58%	31%	55%	62%	58%	70%	58%	33%	59%
With member(s) of other household(s)	22	6	10	2	2	12	8	6	9	3	1	12	8	1	5	13	3	21
	28%	22%	40%	24%	52%	35%	25%	27%	32%	29%	40%	31%	29%	42%	20%	33%	31%	28%
Both of the above	10	5	2	1	1	3	5	1	4	2	1	5	2	-	3	4	3	10
	12%	16%	8%	8%	19%	8%	16%	6%	14%	14%	29%	14%	9%	-	10%	9%	36%	13%

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	84	33	49	24	16	6	43	40	5	73	11	70	13
Total	78	30	46	23	16	5	40	37	6	69	9	66	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	46	13	31	15	8	1	26	20	3	40	6	41	5
	59%	45%	69%	64%	51%	15%	64%	56%	55%	58%	73%	63%	44%
			a										
With member(s) of other household(s)	22	12	9	5	8	3	10	12	3	20	2	16	6
	28%	40%	20%	21%	49%	70%	24%	33%	45%	29%	18%	24%	50%
		b											
Both of the above	10	4	5	3	-	1	5	4	-	9	1	9	1
	12%	15%	12%	15%	-	15%	12%	11%	-	13%	9%	14%	7%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	c	*d	*a	*b	c	*d
Unweighted Total	84	-	3	12	19	18	10	9	13	52	32	8	24	31	20	18	17	34	14
Total	78	-	3	11	17	17	10	7	12	48	30	8	22	30	17	17	16	31	13
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	46	-	3	5	8	11	6	5	7	27	19	2	17	17	10	10	10	20	6
	59%	-	100%	43%	49%	67%	65%	67%	60%	57%	63%	30%	75%	58%	58%	59%	62%	65%	47%
With member(s) of other household(s)	22	-	-	4	8	5	3	-	1	17	5	4	3	9	5	6	5	6	3
	28%	-	-	39%	47%	27%	35%	-	11%	35%	16%	56%	15%	30%	28%	37%	31%	21%	26%
Both of the above	10	-	-	2	1	1	-	2	4	4	6	1	2	4	2	1	1	5	3
	12%	-	-	18%	4%	5%	-	33%	29%	8%	20%	14%	11%	13%	14%	4%	6%	14%	27%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.4. Home activity, fitness or exercise class viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	84	48	16	20
Total	78	45	16	17
	100%	100%	100%	100%
With member(s) of my own household	46	28	6	12
	59%	62%	39%	71%
With member(s) of other household(s)	22	13	7	2
	28%	29%	41%	14%
Both of the above	10	4	3	3
	12%	9%	19%	15%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	84	39	45	49	27	8	6	11	13	6	9	6	20	9	4
Total	79	35	44	43	26	9	5	9	14	4	8	7	20	8	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	45	23	22	26	12	7	3	4	10	2	5	6	9	2	3
	57%	66%	50%	60%	45%	79%	55%	48%	75%	64%	65%	88%	42%	30%	80%
With member(s) of other household(s)	19	8	11	10	8	1	1	3	2	-	3	1	5	3	1
	24%	23%	25%	23%	30%	11%	28%	35%	16%	-	35%	12%	23%	37%	20%
Both of the above	15	4	11	8	6	1	1	2	1	1	-	-	7	3	-
	19%	11%	25%	17%	24%	9%	17%	17%	10%	36%	-	-	35%	33%	-

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Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	84	18	24	15	10	8	9	57	27	61	3	11	5	2	1	22
Total	79	17	24	14	8	7	9	55	24	57	3	11	4	2	1	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	45	9	13	7	6	3	7	29	16	33	1	8	1	1	1	12
	57%	50%	56%	50%	69%	52%	79%	53%	68%	58%	27%	72%	38%	59%	100%	59%
With member(s) of other household(s)	19	4	5	5	2	2	1	15	4	15	-	2	1	1	-	4
	24%	26%	22%	36%	20%	24%	8%	27%	17%	26%	-	16%	26%	41%	-	18%
Both of the above	15	4	5	2	1	2	1	11	4	9	2	1	1	-	-	5
	19%	24%	22%	13%	10%	24%	13%	20%	15%	16%	73%	12%	36%	-	-	23%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	84	36	17	21	38	7	6	39	13	5	3	3	3	2	3	13
Total	79	30	18	23	41	6	5	37	11	5	3	2	2	2	5	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	45	21	9	14	23	4	3	19	6	2	2	2	2	1	5	6
	57%	69%	51%	61%	56%	58%	52%	52%	56%	39%	71%	70%	100%	46%	100%	55%
With member(s) of other household(s)	19	7	7	3	10	1	2	10	4	2	-	1	-	-	-	3
	24%	23%	38%	15%	25%	15%	31%	27%	32%	42%	-	30%	-	-	-	22%
Both of the above	15	2	2	6	8	2	1	8	1	1	1	-	-	1	-	3
	19%	7%	12%	24%	19%	27%	17%	21%	12%	18%	29%	-	-	54%	-	23%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	e	f	*a	*b	*c	*d	e	f	*a	b	*c	*d	e
Unweighted Total	84	28	21	10	6	31	34	28	20	11	5	31	33	5	44	27	8	79
Total	79	26	20	9	5	29	31	26	19	10	5	29	30	4	41	26	7	75
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	45	14	10	6	2	16	16	16	8	6	2	13	18	1	27	15	2	44
	57%	55%	52%	64%	31%	56%	51%	63%	41%	55%	40%	46%	59%	19%	66%	56%	33%	59%
With member(s) of other household(s)	19	5	6	3	2	9	7	4	8	3	1	11	5	2	7	7	2	16
	24%	19%	30%	36%	36%	32%	22%	16%	42%	29%	23%	37%	17%	62%	18%	26%	29%	22%
Both of the above	15	7	4	-	2	4	8	5	3	2	2	5	7	1	6	5	3	14
	19%	26%	18%	-	33%	12%	27%	21%	17%	16%	37%	17%	23%	18%	16%	18%	38%	19%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	84	35	39	20	16	2	48	32	6	71	13	72	9
Total	79	32	38	19	15	2	46	29	6	68	11	68	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	45	13	30	7	10	-	31	14	3	39	6	40	5
	57%	39%	78%	39%	67%	-	69%	47%	60%	58%	53%	60%	56%
			a										
With member(s) of other household(s)	19	9	6	5	3	1	10	8	1	17	2	14	4
	24%	29%	16%	27%	21%	45%	22%	26%	23%	25%	15%	21%	44%
Both of the above	15	10	2	6	2	1	4	8	1	11	3	13	-
	19%	32%	5%	34%	12%	55%	9%	27%	17%	17%	32%	19%	-
		b						d					

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	84	3	3	14	20	13	17	3	11	50	31	19	20	27	18	17	29	24	13
Total	79	2	3	13	18	12	17	3	12	45	31	18	18	27	16	17	28	22	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	45	-	-	6	12	10	8	2	8	28	18	9	10	20	6	11	17	14	4
	57%	-	-	51%	64%	82%	46%	61%	70%	61%	56%	52%	56%	74%	36%	65%	59%	63%	37%
With member(s) of other household(s)	19	1	2	3	4	1	6	1	-	10	7	2	7	5	5	1	10	4	4
	24%	61%	71%	23%	23%	12%	36%	39%	-	23%	22%	11%	40%	18%	31%	9%	36%	16%	32%
Both of the above	15	1	1	3	2	1	3	-	4	7	7	7	1	2	5	4	2	5	3
	19%	39%	29%	26%	13%	6%	19%	-	30%	16%	21%	37%	4%	8%	33%	26%	6%	21%	30%

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Q4A.5. Home activity, fitness or exercise class not viewed online or on TV, DVD or video: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	84	47	19	15
Total	79	45	17	13
	100%	100%	100%	100%
With member(s) of my own household	45	28	8	8
	57%	63%	48%	56%
With member(s) of other household(s)	19	10	6	2
	24%	22%	36%	18%
Both of the above	15	7	3	4
	19%	15%	16%	26%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	176	63	111	82	74	20	7	24	16	28	17	16	28	24	16
Total	175	61	113	74	74	27	6	23	18	24	13	22	28	22	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	103	34	68	41	50	12	5	15	10	14	7	15	11	16	11
	59%	56%	60%	56%	68%	46%	71%	64%	55%	59%	52%	71%	40%	70%	60%
With member(s) of other household(s)	51	19	33	25	14	13	2	5	5	9	4	6	13	3	4
	29%	31%	29%	33% b	18%	49%	29%	22%	31%	38%	29%	29%	46%	13%	22%
Both of the above	20	8	12	8	10	2	-	3	3	1	2	-	4	4	3
	12%	14%	11%	11%	14%	6%	-	14%	14%	3%	19%	-	15%	17%	18%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Social Grade | | | | | | | | Ethnicity | | | | | | |
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	176	25	41	36	42	23	9	102	74	140	8	17	5	1	4	35
Total	175	26	45	37	38	19	10	108	67	143	8	15	4	1	4	32
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	103	11	29	20	27	12	5	60	43	90	4	6	1	1	1	13
	59%	43%	64%	55%	70%	64%	46%	56%	65%	63% g	52%	40%	18%	100%	32%	41%
With member(s) of other household(s)	51	10	12	11	7	7	5	33	19	38	4	6	3	-	1	13
	29%	36%	26%	31%	19%	36%	46%	30%	28%	27%	48%	39%	62%	-	22%	41%
Both of the above	20	5	4	5	4	-	1	15	5	15	-	3	1	-	2	6
	12%	21%	10%	14%	12%	-	8%	14%	8%	10%	-	21%	21%	-	46%	18%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	176	64	44	55	99	9	15	79	32	4	5	9	6	9	8	24
Total	175	60	49	56	105	8	14	80	30	3	6	9	4	9	11	22
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	103	25	35	37	72	5	9	45	18	1	5	8	2	7	3	14
	59%	42%	71% a	65% a	68% a	61%	65%	57%	61%	31%	74%	89%	48%	79%	25%	64%
With member(s) of other household(s)	51	29	9	11	20	1	4	24	9	2	-	-	2	1	9	5
	29%	48% bcd	18%	19%	19%	9%	30%	30%	31%	69%	-	-	52%	8%	75%	22%
Both of the above	20	6	5	9	14	2	1	11	3	-	2	1	-	1	-	3
	12%	10%	10%	16%	13%	30%	5%	13%	9%	-	26%	11%	-	13%	-	14%

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Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	176	66	36	22	5	58	71	65	35	21	8	56	73	11	81	71	13	165
Total	175 100%	64 100%	38 100%	21 100%	5 100%	59 100%	69 100%	64 100%	35 100%	22 100%	7 100%	57 100%	71 100%	11 100%	84 100%	70 100%	10 100%	164 100%
With member(s) of my own household	103 59%	50 77% be	18 48%	7 34%	1 26%	25 43%	51 74% be	44 68% e	17 49%	11 51%	2 27%	28 50%	46 64%	3 29%	50 59%	47 68%	4 35%	100 61%
With member(s) of other household(s)	51 29%	10 15%	14 38% af	10 46%	2 52%	24 41% af	12 18%	16 25%	11 33%	6 27%	5 73%	17 30%	21 30%	7 64%	26 31%	13 19%	5 46%	44 27%
Both of the above	20 12%	5 7%	5 14%	4 20%	1 22%	10 16%	6 8%	4 7%	6 18%	5 22%	- -	11 20% f	4 6% af	1 8%	8 10%	9 13%	2 19%	19 12%

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Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total	176	49	112	44	26	7	103	67	9	137	39	152	22
Total	175 100%	49 100%	112 100%	45 100%	25 100%	6 100%	105 100%	65 100%	10 100%	134 100%	41 100%	153 100%	21 100%
With member(s) of my own household	103 59%	20 41%	78 69% a	26 59%	14 57%	2 33%	65 62%	34 52%	7 76%	78 59%	25 61%	90 59%	12 60%
With member(s) of other household(s)	51 29%	21 43% b	23 20%	13 29%	7 29%	4 67%	28 26%	23 36%	1 11%	40 30%	11 27%	43 28%	8 40%
Both of the above	20 12%	7 15%	12 11%	5 12%	4 14%	- -	13 12%	8 12%	1 13%	16 12%	5 12%	20 13%	- -

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Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	*e	*f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	176	9	10	30	41	29	21	12	24	110	57	29	52	73	21	55	46	56	18
Total	175	9	11	29	38	27	23	11	27	105	61	27	50	75	22	56	45	54	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	103	6	6	18	20	16	14	6	16	61	37	18	32	44	10	32	26	34	12
	59%	72%	58%	62%	52%	61%	61%	56%	60%	58%	60%	64%	63%	59%	47%	58%	57%	62%	62%
With member(s) of other household(s)	51	2	2	10	12	9	5	3	8	33	16	6	18	20	7	16	15	14	5
	29%	28%	23%	33%	32%	33%	21%	24%	30%	32%	26%	22%	35%	27%	33%	29%	32%	26%	28%
Both of the above	20	-	2	1	6	2	4	2	3	11	9	4	1	11	4	7	5	6	2
	12%	-	19%	5%	16%	6%	18%	19%	10%	11%	15%	14%	2%	14%	20%	13%	11%	11%	9%
														b					

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Q4A.6. Informal active play/games in the house or garden (e.g. throwing, catching, running games): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	176	82	51	42
Total	175	82	52	40
	100%	100%	100%	100%
With member(s) of my own household	103	45	25	33
	59%	55%	48%	81%
				ab
With member(s) of other household(s)	51	24	21	6
	29%	30%	41%	15%
			c	
Both of the above	20	13	6	2
	12%	15%	12%	4%

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Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	161	67	93	79	64	18	8	26	15	17	19	15	21	29	11
Total	159	64	94	71	64	24	6	26	16	15	15	20	22	26	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	93	37	57	42	42	9	3	13	7	7	10	16	12	17	8
	59%	57%	61%	60%	65%	39%	40%	52%	41%	47%	69%	81%	54%	66%	64%
With member(s) of other household(s)	54	23	31	23	17	15	4	9	7	8	4	4	8	6	5
	34%	36%	33%	32%	26%	61%	60%	37%	43%	53%	25%	19%	35%	23%	36%
Both of the above	11	5	6	6	5	-	-	3	2	-	1	-	2	3	-
	7%	7%	6%	9%	8%	-	-	11%	15%	-	6%	-	11%	11%	-

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Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	161	22	46	38	27	18	10	106	55	118	6	20	11	-	2	39
Total	159	22	48	37	26	16	10	107	52	118	6	20	9	-	2	37
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	93	14	22	23	19	10	6	59	35	72	-	11	5	-	2	18
	59%	63%	47%	61%	72%	65%	55%	55%	66% b	60%	-	58%	56%	-	100%	49%
With member(s) of other household(s)	54	5	20	13	6	4	5	39	15	37	6	7	4	-	-	18
	34%	25%	43%	35%	23%	27%	45%	37%	29%	31%	100%	36%	44%	-	-	47%
Both of the above	11	3	5	1	1	1	-	9	2	10	-	1	-	-	-	1
	7%	13%	11%	3%	5%	7%	-	8%	5%	9%	-	6%	-	-	-	3%

Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	161	57	45	50	95	7	20	68	23	4	5	9	14	4	7	27
Total	159	51	49	52	101	7	18	71	21	3	6	9	11	5	10	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	93	21	36	32	68	5	11	44	13	-	3	8	5	2	3	15
	59%	40%	73%	63%	67%	69%	61%	61%	64%	-	52%	90%	48%	46%	27%	63%
			a	a	a											
With member(s) of other household(s)	54	31	11	11	22	1	6	20	7	3	3	1	4	1	7	7
	34%	60%	22%	21%	22%	12%	34%	29%	36%	100%	48%	10%	42%	26%	73%	28%
		bcd														
Both of the above	11	-	2	8	11	1	1	7	-	-	-	-	1	1	-	2
	7%	-	5%	16%	11%	19%	5%	10%	-	-	-	-	9%	28%	-	9%
				a	a											

Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	161	61	36	11	8	47	69	56	33	15	11	48	67	15	64	67	15	146
Total	159	58	37	13	7	50	65	56	32	15	11	47	67	14	68	64	13	145
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	93	37	24	4	2	28	40	34	17	9	6	26	41	1	43	41	9	93
	59%	64%	65%	33%	32%	56%	61%	60%	52%	62%	61%	55%	61%	5%	64%	63%	71%	64%
With member(s) of other household(s)	54	13	13	9	5	22	18	16	13	6	4	19	21	14	21	18	2	41
	34%	22%	35%	67%	68%	44%	27%	29%	42%	38%	39%	40%	31%	95%	32%	27%	13%	28%
						a												
Both of the above	11	8	-	-	-	-	8	6	2	-	-	2	6	-	3	6	2	11
	7%	14%	-	-	-	-	12%	10%	6%	-	-	4%	9%	-	5%	9%	17%	8%
		be					be											

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total	161	40	100	34	25	11	93	63	6	127	34	147	11
Total	159	38	101	32	25	10	94	61	6	127	32	146	11
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	93	23	64	20	15	4	55	35	3	74	20	85	6
	59%	60%	63%	61%	60%	43%	58%	57%	61%	58%	61%	58%	60%
With member(s) of other household(s)	54	12	28	8	7	6	33	21	-	43	11	49	4
	34%	33%	28%	26%	26%	57%	35%	34%	-	34%	35%	34%	40%
Both of the above	11	3	9	4	3	-	6	5	2	10	1	11	-
	7%	7%	9%	12%	14%	-	7%	9%	39%	8%	4%	8%	-

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Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	*e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	161	6	10	22	38	24	27	9	25	94	61	30	44	60	27	47	40	52	20
Total	159	6	11	20	37	24	27	8	26	92	61	29	43	61	26	46	41	51	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	93	4	9	15	21	11	14	3	17	56	34	18	27	37	12	26	26	31	10
	59%	55%	82%	76%	57%	44%	51%	42%	66%	61%	57%	61%	64%	60%	45%	57%	62%	61%	51%
With member(s) of other household(s)	54	3	2	4	16	12	10	2	5	34	17	11	13	21	10	17	15	17	4
	34%	45%	18%	20%	43%	50%	37%	28%	20%	37%	28%	36%	31%	34%	38%	38%	36%	32%	23%
Both of the above	11	-	-	1	-	1	3	2	4	2	9	1	2	3	5	2	1	3	5
	7%	-	-	5%	-	5%	12%	30%	14%	2%	15%	3%	6%	6%	18%	5%	2%	7%	25%
											di								

Q4A.8. Informal active play/games away from home (e.g. throwing, catching, running games in the park or other open spaces): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	161	86	40	33
Total	159	84	42	32
	100%	100%	100%	100%
With member(s) of my own household	93	46	25	21
	59%	55%	59%	65%
With member(s) of other household(s)	54	29	16	9
	34%	35%	39%	29%
Both of the above	11	8	1	2
	7%	10%	3%	6%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	160	95	64	105	42	13	5	27	13	23	16	10	37	21	8
Total	140	80	59	86	41	14	4	22	14	17	12	12	33	17	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	26	13	13	16	8	2	-	5	3	2	5	3	7	2	-
	19%	16%	22%	19%	19%	15%	-	22%	18%	12%	45%	23%	20%	12%	-
With member(s) of other household(s)	84	47	37	53	23	9	3	13	9	10	5	6	16	14	8
	60%	58%	63%	62%	55%	66%	77%	57%	65%	62%	42%	53%	49%	79%	91%
Both of the above	29	21	9	16	11	3	1	5	3	4	1	3	10	2	1
	21%	26%	15%	19%	26%	19%	23%	21%	18%	26%	12%	24%	31%	9%	9%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	160	28	46	33	28	14	11	107	53	106	8	26	12	4	1	51
Total	140	24	44	30	21	11	10	98	43	93	7	22	10	4	1	44
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	26	5	9	5	5	1	1	19	7	16	3	6	-	-	1	11
	19%	21%	21%	16%	22%	13%	7%	20%	16%	17%	41%	28%	-	-	100%	24%
With member(s) of other household(s)	84	14	23	21	12	6	7	58	26	58	3	12	8	1	-	25
	60%	56%	54%	72%	58%	59%	71%	60%	61%	62%	46%	56%	79%	41%	-	57%
Both of the above	29	6	11	3	4	3	2	20	10	20	1	4	2	2	-	9
	21%	23%	25%	11%	21%	28%	22%	20%	23%	21%	13%	16%	21%	59%	-	19%

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Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	160	85	32	35	67	6	19	65	29	7	4	8	13	4	5	25
Total	140	65	33	36	69	5	16	60	25	6	3	6	9	4	5	22
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	26	7	9	9	18	-	5	15	4	-	1	1	-	1	-	5
	19%	11%	27% a	24%	26% a	-	32%	25%	15%	-	26%	11%	-	17%	-	25%
With member(s) of other household(s)	84	46	20	16	36	3	10	28	16	5	1	5	8	3	4	14
	60%	70% cd	61%	44%	52%	66%	62%	47%	65%	89%	46%	81%	85%	83%	71%	63%
Both of the above	29	12	4	12	15	2	1	17	5	1	1	1	1	-	2	3
	21%	19%	12%	32%	22%	34%	6%	28%	21%	11%	28%	9%	15%	-	29%	13%

Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	160	64	31	15	6	46	70	55	40	19	5	59	60	12	60	73	15	148
Total	140	55	30	12	6	42	61	49	35	17	5	51	54	9	55	64	12	131
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	26	10	7	3	1	10	12	10	8	3	2	11	12	-	8	16	2	26
	19%	19%	25%	21%	22%	24%	19%	20%	24%	18%	39%	22%	21%	-	14%	26%	17%	20%
With member(s) of other household(s)	84	31	17	8	3	25	34	28	17	11	3	28	31	8	35	33	8	76
	60%	57%	56%	67%	47%	60%	56%	57%	49%	67%	61%	55%	57%	91%	64%	52%	63%	58%
Both of the above	29	13	6	1	2	7	15	12	9	2	-	12	12	1	12	14	2	29
	21%	24%	19%	11%	31%	17%	25%	24%	27%	14%	-	23%	22%	9%	22%	22%	20%	22%

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Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	*b	*c	d	e	*f	a	b	a	*b
Unweighted Total	160	56	87	32	23	10	98	58	6	127	33	140	18
Total	140	51	76	29	20	8	86	51	5	112	28	123	15
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	26	10	16	8	6	1	14	12	3	23	3	25	1
	19%	19%	21%	27%	32%	16%	16%	23%	53%	21%	11%	21%	4%
With member(s) of other household(s)	84	28	47	15	11	5	55	29	2	63	21	71	13
	60%	54%	62%	51%	55%	63%	64%	56%	47%	57%	75%	57%	85%
Both of the above	29	14	13	6	3	2	17	11	-	26	4	27	2
	21%	27%	17%	22%	13%	21%	20%	21%	-	23%	14%	22%	10%

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Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	160	5	10	18	40	31	25	9	22	99	56	30	45	62	20	44	60	39	16
Total	140	4	9	18	33	27	21	7	21	87	49	27	39	55	18	36	58	32	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	26	-	1	2	6	7	5	1	4	16	10	4	4	11	7	4	10	9	3
	19%	-	7%	12%	19%	25%	23%	19%	18%	19%	20%	15%	11%	20%	38%	12%	18%	29%	20%
With member(s) of other household(s)	84	2	7	13	22	15	12	4	9	57	25	17	28	33	6	23	37	17	7
	60%	57%	82%	77%	65%	54%	55%	61%	44%	66%	51%	64%	72%	59%	37%	63%	64%	54%	53%
Both of the above	29	2	1	2	5	6	5	1	8	14	14	5	7	12	4	9	11	5	4
	21%	43%	11%	11%	15%	21%	22%	20%	38%	16%	29%	21%	17%	21%	25%	25%	18%	17%	26%

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Q4A.9. Team sports (such as football, cricket, rugby etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	*c
Unweighted Total	160	88	42	28
Total	140	78	38	23
	100%	100%	100%	100%
With member(s) of my own household	26	18	5	3
	19%	23%	14%	12%
With member(s) of other household(s)	84	41	24	19
	60%	53%	63%	81%
Both of the above	29	18	9	2
	21%	23%	23%	7%

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Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	78	37	41	48	25	5	4	12	3	10	10	9	16	9	5
Total	73	33	40	42	25	6	3	10	4	8	8	11	16	8	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	29	10	19	18	10	2	1	3	4	2	2	5	5	3	3
	40%	29%	49%	42%	39%	25%	18%	32%	100%	28%	28%	47%	34%	44%	65%
With member(s) of other household(s)	34	18	16	21	8	5	2	6	-	4	5	5	9	4	-
	47%	54%	40%	50%	34%	75%	49%	59%	-	44%	64%	40%	55%	56%	-
Both of the above	10	5	4	3	7	-	1	1	-	2	1	1	2	-	2
	14%	17%	11%	8%	27%	-	33%	9%	-	29%	8%	13%	12%	-	35%

Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	78	5	25	18	16	9	5	48	30	56	4	12	2	2	1	21
Total	73	5	26	16	15	7	4	47	25	53	4	11	2	1	1	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	29	-	8	11	3	4	3	19	10	19	2	6	1	1	-	9
	40%	-	32%	66%	18%	60%	79%	40%	39%	36%	45%	50%	64%	52%	-	49%
With member(s) of other household(s)	34	3	15	5	9	2	1	22	12	28	1	3	1	1	1	6
	47%	64%	56%	28%	63%	23%	21%	47%	46%	53%	18%	28%	36%	48%	100%	31%
Both of the above	10	2	3	1	3	1	-	6	4	6	1	2	-	-	-	4
	14%	36%	12%	6%	19%	17%	-	12%	16%	11%	37%	21%	-	-	-	20%

Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	78	33	16	23	39	2	8	41	9	2	4	4	5	1	2	10
Total	73	27	17	25	41	2	7	40	8	2	4	3	4	1	2	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	29	8	7	13	20	-	3	19	2	-	-	2	1	1	2	3
	40%	31%	42%	53%	48%	-	36%	47%	26%	-	-	71%	21%	100%	100%	30%
With member(s) of other household(s)	34	15	5	10	15	1	2	15	6	2	4	-	3	-	-	3
	47%	56%	32%	39%	37%	49%	30%	38%	74%	100%	100%	-	79%	-	-	34%
Both of the above	10	4	4	2	6	1	2	6	-	-	-	1	-	-	-	3
	14%	13%	26%	8%	15%	51%	33%	14%	-	-	-	29%	-	-	-	36%

Savanta:
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Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	e	*f	*a	*b	*c	*d	e	*f	*a	*b	c	*d	e
Unweighted Total	78	25	25	8	2	33	27	25	23	9	2	32	27	6	28	35	9	72
Total	73	24	25	7	2	32	26	24	23	9	2	31	26	5	27	31	9	67
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	29	11	7	2	1	9	12	10	10	1	1	10	11	-	9	17	3	29
	40%	46%	28%	29%	56%	28%	46%	41%	43%	7%	57%	33%	42%	-	33%	54%	35%	43%
With member(s) of other household(s)	34	12	13	4	1	17	13	12	9	7	1	16	13	5	13	11	5	29
	47%	49%	51%	64%	44%	53%	48%	50%	40%	81%	43%	52%	49%	85%	49%	35%	56%	44%
Both of the above	10	1	5	1	-	6	1	2	4	1	-	5	2	1	5	3	1	9
	14%	6%	21%	8%	-	18%	5%	9%	17%	12%	-	15%	9%	15%	18%	10%	9%	13%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	78	27	43	14	7	4	52	24	1	71	7	67	10
Total	73	23	42	14	6	4	49	23	1	66	6	64	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	29	10	18	7	1	-	20	8	-	26	3	25	4
	40%	42%	42%	48%	25%	-	41%	37%	-	40%	43%	40%	44%
With member(s) of other household(s)	34	10	19	4	3	2	24	10	-	31	2	30	3
	47%	43%	46%	29%	58%	59%	50%	43%	-	48%	38%	47%	37%
Both of the above	10	3	5	3	1	1	4	5	1	9	1	8	2
	14%	14%	12%	23%	17%	41%	9%	21%	100%	13%	20%	13%	19%

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	78	1	2	10	18	15	13	9	10	45	32	9	25	25	17	22	18	23	15
Total	73	1	2	9	17	13	12	7	10	42	30	9	23	23	17	20	18	22	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	29	-	1	3	7	5	7	3	3	16	13	4	8	7	8	6	7	9	7
	40%	-	67%	31%	41%	35%	57%	38%	32%	38%	43%	48%	36%	33%	50%	30%	37%	43%	53%
With member(s) of other household(s)	34	1	1	5	7	6	4	4	5	19	14	3	13	13	5	12	8	8	6
	47%	100%	33%	51%	43%	43%	36%	62%	52%	44%	48%	34%	56%	57%	30%	61%	45%	38%	41%
Both of the above	10	-	-	2	3	3	1	-	2	7	3	2	2	2	3	2	3	4	1
	14%	-	-	18%	15%	23%	7%	-	16%	17%	8%	18%	8%	11%	20%	10%	17%	18%	6%

Q4A.10. Racket sports (such as tennis, badminton, squash etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	78	42	18	18
Total	73	38	18	17
	100%	100%	100%	100%
With member(s) of my own household	29	20	4	5
	40%	52%	24%	27%
With member(s) of other household(s)	34	14	11	9
	47%	36%	61%	56%
Both of the above	10	4	3	3
	14%	11%	15%	17%

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Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	72	47	25	32	24	16	6	12	4	5	6	5	16	10	8
Total	70	48	23	27	22	22	5	11	4	3	4	7	16	10	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	7	9	10	4	2	3	2	-	1	1	1	4	3	2
	23%	16%	40%	37%	18%	11%	66%	14%	-	19%	15%	23%	25%	27%	24%
With member(s) of other household(s)	42	32	10	12	13	17	2	8	4	3	2	4	9	7	5
	60%	67%	46%	46%	61%	77%	34%	70%	100%	81%	52%	55%	56%	66%	48%
Both of the above	11	8	3	4	5	3	-	2	-	-	1	1	3	1	3
	16%	17%	15%	16%	20%	12%	-	16%	-	-	33%	23%	20%	7%	28%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	72	13	17	11	12	8	11	41	31	60	3	5	-	3	-	11
Total	70	12	18	11	10	5	14	41	29	60	2	4	-	3	-	9
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	-	100%
With member(s) of my own household	16	5	6	2	2	1	1	12	4	14	2	-	-	1	-	3
	23%	40%	33%	14%	23%	23%	4%	30%	14%	23%	72%	-	-	34%	-	30%
With member(s) of other household(s)	42	5	11	5	6	2	13	22	21	38	-	2	-	1	-	3
	60%	44%	62%	48%	60%	28%	96%	53%	71%	63%	-	61%	-	37%	-	37%
Both of the above	11	2	1	4	2	3	-	7	4	9	1	1	-	1	-	3
	16%	16%	5%	38%	18%	48%	-	17%	15%	14%	28%	39%	-	29%	-	33%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Children aged 15 or under in the household | | | | Current employment status | | | | | | | | | | |
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	72	42	10	13	23	4	8	27	9	6	2	3	4	1	8	12
Total	70	41	11	13	24	4	6	26	10	6	2	2	3	1	12	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	7	2	6	8	3	1	5	4	2	1	1	1	-	-	3
	23%	18%	19%	42%	32%	74%	10%	19%	45%	26%	56%	25%	27%	-	-	33%
With member(s) of other household(s)	42	27	5	7	12	1	3	15	3	4	-	1	2	1	12	4
	60%	67%	50%	50%	50%	26%	48%	60%	36%	74%	-	41%	73%	100%	100%	40%
Both of the above	11	6	3	1	4	-	3	5	2	-	1	1	-	-	-	3
	16%	15%	31%	9%	19%	-	42%	21%	18%	-	44%	34%	-	-	-	27%

Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	b	*c	*d	e
Unweighted Total	72	25	11	10	4	21	29	24	13	11	-	24	24	7	37	21	7	65
Total	70	24	11	8	4	19	28	22	11	11	-	22	22	8	37	19	6	62
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	5	5	1	1	6	6	7	3	2	-	5	7	1	8	6	2	16
	23%	19%	46%	11%	24%	31%	20%	29%	23%	22%	-	23%	29%	10%	21%	33%	30%	25%
With member(s) of other household(s)	42	14	5	4	3	10	17	12	6	6	-	13	12	5	25	9	3	38
	60%	57%	47%	52%	76%	49%	60%	55%	57%	56%	-	57%	55%	60%	66%	50%	58%	60%
Both of the above	11	6	1	3	-	4	6	3	2	2	-	5	3	2	5	3	1	9
	16%	24%	7%	37%	-	20%	21%	15%	20%	22%	-	21%	15%	30%	13%	17%	12%	14%

Savanta:
ComRes

Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	72	18	44	9	9	2	46	20	-	56	16	58	12
Total	70	15	45	8	9	2	46	19	-	54	16	57	11
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	16	6	9	3	1	-	9	4	-	12	4	13	3
	23%	37%	21%	41%	13%	-	20%	24%	-	23%	25%	23%	30%
With member(s) of other household(s)	42	6	30	1	5	2	33	7	-	33	9	34	7
	60%	43%	67%	9%	52%	100%	72%	39%	-	62%	56%	59%	61%
Both of the above	11	3	5	4	3	-	4	7	-	8	3	10	1
	16%	20%	12%	49%	35%	-	8%	37%	-	15%	19%	18%	10%

Savanta:
ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Number of days active | | | | | | | | | | Life satisfaction score | | | | Covid-19 related worries | | | |
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	72	4	4	8	17	14	11	5	9	43	25	13	19	22	17	29	17	20	6
Total	70	4	4	8	14	14	11	4	11	39	27	12	17	24	17	29	18	18	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	16	1	1	1	5	2	2	1	3	10	6	5	5	3	3	4	4	5	2
	23%	22%	29%	19%	36%	16%	16%	21%	27%	25%	22%	45%	32%	11%	18%	15%	23%	31%	49%
With member(s) of other household(s)	42	2	3	6	6	9	7	1	8	24	16	5	8	20	10	20	14	7	2
	60%	41%	71%	81%	47%	64%	63%	25%	73%	62%	61%	41%	46%	82%	60%	69%	77%	37%	37%
Both of the above	11	1	-	-	2	3	2	2	-	5	5	2	4	1	4	5	-	6	1
	16%	38%	-	-	17%	20%	21%	54%	-	13%	18%	14%	23%	6%	22%	17%	-	32%	14%

Q4A.11. Golf: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	72	34	23	14
Total	70	30	27	13
	100%	100%	100%	100%
With member(s) of my own household	16	11	1	5
	23%	37%	3%	36%
With member(s) of other household(s)	42	14	21	7
	60%	46%	78%	53%
Both of the above	11	5	5	1
	16%	17%	19%	11%

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Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	140	57	82	87	43	10	5	21	11	17	15	13	28	24	6
Total	131	53	77	74	43	14	4	19	11	13	12	16	28	22	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	50	20	30	29	14	6	1	3	4	6	4	7	7	14	3
	38%	37%	39%	39%	33%	46%	22%	18%	33%	45%	35%	45%	25%	65%	51%
With member(s) of other household(s)	72	27	44	40	24	7	3	12	7	6	7	9	17	8	3
	55%	51%	57%	55%	56%	54%	78%	61%	67%	46%	59%	55%	62%	35%	49%
Both of the above	10	6	3	5	5	-	-	4	-	1	1	-	4	-	-
	7%	12%	4%	6%	12%	-	-	21%	-	9%	6%	-	13%	-	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	*c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	140	25	45	25	23	15	7	95	45	101	5	19	8	3	-	35
Total	131	24	46	23	20	12	8	92	39	97	5	16	7	3	-	30
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	50	13	14	5	9	3	6	32	17	37	1	6	2	1	-	11
	38%	54%	32%	21%	44%	25%	76%	35%	44%	38%	19%	40%	32%	38%	-	35%
With member(s) of other household(s)	72	8	28	16	11	8	2	52	21	54	3	8	5	2	-	17
	55%	32%	61%	72%	54%	69%	24%	56%	53%	55%	55%	50%	68%	62%	-	56%
Both of the above	10	3	4	2	1	1	-	8	1	7	1	2	-	-	-	3
	7%	13%	8%	7%	3%	6%	-	9%	3%	7%	26%	10%	-	-	-	10%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	*b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	140	62	28	39	67	6	14	64	26	3	4	5	12	2	4	20
Total	131	51	29	42	71	5	12	64	23	2	4	4	9	2	6	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	50	22	12	13	25	3	4	23	4	1	1	3	6	1	4	6
	38%	42%	41%	31%	35%	49%	31%	36%	16%	66%	16%	81%	61%	44%	78%	37%
With member(s) of other household(s)	72	26	16	25	41	3	6	37	18	-	2	1	4	1	1	8
	55%	50%	55%	60%	58%	51%	46%	58%	77%	-	63%	19%	39%	56%	22%	47%
Both of the above	10	4	1	4	5	-	3	4	2	1	1	-	-	-	-	3
	7%	8%	4%	10%	8%	-	23%	6%	7%	34%	21%	-	-	-	-	16%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	140	56	31	13	6	44	62	55	33	16	3	49	58	3	68	62	7	137
Total	131	53	30	12	6	42	59	53	31	15	3	46	56	2	64	60	5	129
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	50	17	10	3	2	13	19	18	9	4	1	13	20	-	30	17	2	50
	38%	32%	32%	27%	38%	30%	33%	35%	28%	26%	35%	27%	35%	-	47% c	29%	42%	38%
With member(s) of other household(s)	72	30	19	7	4	26	33	30	19	9	2	28	32	1	31	37	2	71
	55%	56%	61%	61%	62%	61%	57%	57%	61%	60%	65%	61%	57%	67%	49%	62%	44%	55%
Both of the above	10	6	2	1	-	3	6	4	3	2	-	5	4	1	3	5	1	9
	7%	12%	7%	11%	-	8%	11%	8%	10%	14%	-	12%	8%	33%	4%	9%	14%	7%

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Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	*a	*b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	140	51	81	27	17	6	91	45	4	116	24	122	13
Total	131	48	77	25	14	5	88	40	3	109	22	115	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	50	13	35	11	4	1	34	13	2	42	8	45	5
	38%	27%	45%	45%	33%	15%	39%	34%	66%	38%	36%	39%	42%
			a										
With member(s) of other household(s)	72	31	38	9	9	4	49	22	1	60	12	63	5
	55%	65%	49%	37%	67%	85%	55%	55%	34%	55%	55%	54%	46%
Both of the above	10	4	5	4	-	-	5	4	-	8	2	8	1
	7%	8%	7%	18%	-	-	6%	11%	-	7%	9%	7%	11%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	*e	f	*g	*h	i	j	*a	b	c	*d	a	b	c	*d
Unweighted Total	140	1	6	20	39	26	34	5	9	91	48	26	48	38	26	43	44	37	16
Total	131	1	5	18	36	24	32	4	11	83	47	23	42	39	25	40	40	37	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	50	-	3	6	13	9	12	1	5	31	18	11	17	12	9	18	15	12	5
	38%	-	49%	36%	36%	39%	36%	33%	49%	38%	39%	45%	41%	30%	37%	44%	37%	32%	38%
With member(s) of other household(s)	72	1	3	10	22	13	17	2	4	48	23	11	24	27	10	21	23	24	4
	55%	100%	51%	56%	62%	53%	53%	46%	43%	57%	50%	47%	56%	68%	41%	51%	58%	65%	31%
Both of the above	10	-	-	1	1	2	4	1	1	4	5	2	1	1	6	2	2	1	4
	7%	-	-	8%	2%	8%	11%	21%	9%	5%	12%	8%	3%	2%	22%	5%	5%	3%	31%

Q4A.12. Gym, fitness or exercise class away from home (e.g. at a gym, leisure centre or community centre): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	*c
Unweighted Total	140	84	33	22
Total	131	80	33	17
	100%	100%	100%	100%
With member(s) of my own household	50	31	14	4
	38%	38%	44%	24%
With member(s) of other household(s)	72	43	15	13
	55%	54%	45%	76%
Both of the above	10	6	4	-
	7%	8%	11%	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	h	*i
Unweighted Total	170	60	108	86	66	18	10	20	10	19	12	11	35	42	11
Total	166	56	107	77	63	25	9	18	10	16	10	15	37	38	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	82	29	53	35	37	10	5	5	5	8	5	6	21	20	8
	49%	52%	49%	45%	59%	39%	55%	28%	46%	48%	48%	38%	57%	52%	65%
With member(s) of other household(s)	60	17	43	31	18	11	2	9	5	6	5	7	11	13	2
	36%	29%	40%	41%	28%	44%	24%	49%	54%	38%	45%	44%	30%	35%	17%
Both of the above	24	11	12	11	9	4	2	4	-	2	1	3	5	5	2
	14%	19%	11%	14%	14%	16%	21%	24%	-	14%	7%	18%	13%	12%	18%

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	170	24	47	45	22	21	11	116	54	136	4	15	8	1	3	31
Total	166	24	49	45	19	16	12	118	48	133	4	13	8	1	3	29
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	82	10	29	23	7	8	5	62	20	68	1	3	5	-	3	12
	49%	43%	58%	50%	36%	48%	44%	52%	42%	51%	30%	25%	60%	-	100%	43%
With member(s) of other household(s)	60	9	13	16	11	5	6	38	22	47	2	7	3	1	-	13
	36%	39%	26%	35%	59%	29%	50%	32%	47% b	36%	47%	55%	40%	100%	-	45%
Both of the above	24	4	8	6	1	4	1	18	5	18	1	3	-	-	-	3
	14%	18%	16%	14%	4%	23%	7%	16%	11%	14%	24%	20%	-	-	-	12%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	170	64	35	53	88	6	22	74	23	4	3	6	13	10	9	28
Total	166	58	37	56	93	6	21	72	22	4	4	5	11	9	13	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	82	23	21	31	52	3	7	41	9	3	3	2	4	6	4	10
	49%	40%	58%	55%	56%	46%	34%	57%	42%	70%	72%	35%	40%	70%	33%	37%
With member(s) of other household(s)	60	27	11	16	27	2	11	22	8	-	1	2	4	2	9	13
	36%	47% cd	30%	28%	29%	39%	51%	30%	37%	-	28%	50%	34%	20%	67%	48%
Both of the above	24	8	5	9	14	1	3	10	5	1	-	1	3	1	-	4
	14%	13%	13%	16%	15%	14%	15%	13%	21%	30%	-	15%	25%	10%	-	15%

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	170	63	38	16	5	54	68	62	37	16	6	53	68	12	73	74	11	158
Total	166	61	38	14	6	52	67	59	36	15	6	51	65	12	73	71	10	154
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	82	29	20	8	1	29	30	30	15	9	3	24	33	-	39	37	5	82
	49%	47%	54%	60%	20%	56%	45%	51%	41%	62%	43%	47%	50%	-	54%	53%	51%	53%
With member(s) of other household(s)	60	20	13	5	4	18	24	19	17	2	4	18	23	11	23	22	3	49
	36%	33%	33%	35%	63%	34%	35%	32%	46%	12%	57%	36%	35%	93%	32%	32%	32%	32%
Both of the above	24	12	5	1	1	6	13	10	5	4	-	9	10	1	10	11	2	23
	14%	20%	13%	5%	17%	11%	19%	17%	13%	26%	-	17%	15%	7%	14%	15%	18%	15%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	*b	a	*b
Unweighted Total	170	63	90	34	33	12	92	72	5	146	24	142	23
Total	166	61	88	34	33	13	89	70	6	142	23	141	20
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	82	25	54	18	13	6	48	32	4	69	12	69	11
	49%	41%	61%	53%	41%	48%	54%	46%	66%	49%	52%	49%	53%
			a										
With member(s) of other household(s)	60	24	24	9	15	5	28	27	-	49	11	50	8
	36%	38%	27%	26%	46%	41%	32%	39%	-	34%	48%	36%	41%
Both of the above	24	13	10	7	4	1	13	11	2	24	-	22	1
	14%	21%	12%	20%	13%	12%	15%	15%	34%	17%	-	15%	6%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	d	e	*f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	170	4	9	18	45	34	26	7	27	106	60	36	45	46	41	41	48	54	26
Total	166	3	9	18	45	32	25	7	27	104	59	37	43	46	39	41	47	52	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	82	2	7	7	29	16	8	3	10	59	21	20	20	21	19	28	18	26	9
	49%	77%	72%	40%	64%	50%	31%	38%	38%	56%	35%	56%	48%	46%	49%	70%	37%	49%	38%
					j					j						bc			
With member(s) of other household(s)	60	1	3	9	12	12	11	3	10	36	23	12	17	21	10	10	21	22	7
	36%	23%	28%	52%	27%	38%	44%	36%	37%	35%	40%	33%	40%	46%	24%	25%	43%	43%	29%
														d					
Both of the above	24	-	-	2	4	4	6	2	7	9	15	4	5	4	11	2	9	4	8
	14%	-	-	8%	9%	11%	25%	26%	25%	9%	25%	12%	13%	8%	27%	5%	20%	8%	34%
											di				c		a		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.13. Swimming: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	170	97	35	37
Total	166	97	32	35
	100%	100%	100%	100%
With member(s) of my own household	82	43	20	18
	49%	44%	62%	51%
With member(s) of other household(s)	60	37	9	14
	36%	38%	28%	41%
Both of the above	24	18	3	3
	14%	18%	10%	8%

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Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Gender | | Age | | | Region | | | | | | | | |
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	*b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	55	31	24	36	16	3	3	12	4	7	8	2	9	9	1
Total	47	25	22	29	15	3	2	11	4	5	6	3	8	7	1
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	19	9	10	14	6	-	2	3	1	2	2	1	4	2	1
	41%	35%	47%	46%	39%	-	100%	30%	33%	32%	34%	50%	50%	33%	100%
With member(s) of other household(s)	17	8	10	10	6	2	-	3	3	2	3	1	3	2	-
	36%	31%	43%	34%	39%	49%	-	24%	67%	45%	54%	50%	41%	23%	-
Both of the above	11	9	2	6	3	2	-	5	-	1	1	-	1	3	-
	23%	34%	10%	20%	22%	51%	-	46%	-	23%	13%	-	10%	44%	-

Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	55	14	17	6	10	6	2	37	18	41	3	7	2	1	-	13
Total	47	12	17	5	8	5	2	33	14	34	4	5	2	1	-	12
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	19	4	6	3	3	1	2	13	6	16	-	2	1	-	-	3
	41%	36%	36%	65%	46%	17%	100%	40%	43%	48%	-	35%	59%	-	-	24%
With member(s) of other household(s)	17	3	7	2	3	3	-	11	6	12	3	1	1	1	-	5
	36%	25%	39%	35%	38%	65%	-	34%	43%	35%	74%	14%	41%	100%	-	44%
Both of the above	11	5	4	-	1	1	-	9	2	6	1	3	-	-	-	4
	23%	39%	25%	-	16%	17%	-	26%	15%	16%	26%	51%	-	-	-	31%

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Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	55	22	13	14	27	4	13	25	3	2	1	2	3	1	1	17
Total	47	16	13	13	26	4	11	22	2	2	1	2	2	1	1	14
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	19	6	6	6	12	2	4	10	1	1	-	-	-	1	1	6
	41%	37%	44%	48%	46%	58%	36%	45%	31%	59%	-	-	-	100%	100%	41%
With member(s) of other household(s)	17	7	5	5	10	-	5	8	1	1	1	-	2	-	-	5
	36%	42%	36%	38%	37%	-	49%	36%	40%	41%	100%	-	73%	-	-	37%
Both of the above	11	3	3	2	4	2	2	4	1	-	-	2	1	-	-	3
	23%	21%	20%	14%	17%	42%	16%	19%	29%	-	-	100%	27%	-	-	22%

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Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e	*f	*a	*b	*c	*d	e
Unweighted Total	55	19	16	7	1	23	20	14	25	5	-	30	14	4	28	17	6	51
Total	47	16	14	6	1	20	17	12	21	5	-	25	12	3	23	16	6	44
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	19	5	6	3	1	9	6	5	8	3	-	10	5	-	10	8	2	19
	41%	33%	43%	43%	100%	43%	37%	42%	37%	56%	-	40%	42%	-	44%	48%	29%	44%
With member(s) of other household(s)	17	6	7	3	-	10	6	4	10	2	-	12	4	2	7	6	2	15
	36%	35%	52%	46%	-	50%	32%	30%	48%	44%	-	47%	30%	74%	31%	34%	42%	34%
Both of the above	11	5	1	1	-	1	5	3	3	-	-	3	3	1	6	3	2	10
	23%	33%	5%	12%	-	7%	30%	28%	15%	-	-	12%	28%	26%	25%	17%	29%	23%

Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	*e	*f	a	*b	a	*b
Unweighted Total	55	26	23	15	8	4	29	25	-	46	9	43	11
Total	47	22	20	13	7	3	25	21	-	39	9	36	10
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	19	10	10	6	3	3	10	10	-	16	3	15	4
	41%	43%	49%	44%	45%	80%	40%	45%	-	42%	36%	42%	41%
With member(s) of other household(s)	17	9	6	5	1	-	11	7	-	13	4	13	3
	36%	39%	32%	40%	20%	-	44%	31%	-	34%	46%	37%	30%
Both of the above	11	4	4	2	2	1	4	5	-	9	2	8	3
	23%	18%	20%	16%	34%	20%	17%	24%	-	24%	18%	22%	29%

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Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | \multicolumn{9}{c}{Number of days active} | | | \multicolumn{4}{c}{Life satisfaction score} | | | | \multicolumn{4}{c}{Covid-19 related worries} | | | |
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	55	-	4	9	12	9	9	4	8	34	21	8	22	12	13	6	22	15	12
Total	47	-	3	7	10	8	7	4	8	29	19	6	20	10	11	5	20	14	10
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	19	-	1	3	4	4	1	1	5	12	7	2	10	3	4	2	8	6	3
	41%	-	30%	43%	38%	51%	18%	34%	60%	42%	39%	26%	52%	28%	40%	34%	42%	46%	33%
With member(s) of other household(s)	17	-	2	1	5	3	5	2	-	11	6	3	7	5	3	2	10	3	2
	36%	-	70%	9%	47%	41%	65%	45%	-	38%	33%	44%	33%	48%	29%	42%	50%	24%	24%
Both of the above	11	-	-	4	1	1	1	1	3	6	5	2	3	2	3	1	2	4	4
	23%	-	-	48%	14%	8%	17%	21%	40%	20%	28%	30%	16%	24%	31%	24%	8%	30%	42%

Q4A.14. Combat sports, martial arts or target sports (such as shooting, archery etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	55	34	11	8
Total	47	29	10	6
	100%	100%	100%	100%
With member(s) of my own household	19	14	3	2
	41%	50%	26%	38%
With member(s) of other household(s)	17	10	7	1
	36%	34%	66%	12%
Both of the above	11	5	1	3
	23%	16%	8%	50%

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Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	62	23	37	42	19	1	2	13	5	6	7	5	13	9	2
Total	56	19	35	37	18	1	1	11	5	4	5	6	12	9	2
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	7	16	18	6	-	-	4	2	3	3	4	5	4	1
	44%	39%	47%	50%	35%	-	-	41%	29%	56%	57%	62%	38%	43%	50%
With member(s) of other household(s)	23	7	15	14	9	-	1	3	4	2	2	2	6	2	-
	40%	38%	44%	37%	50%	-	100%	27%	71%	44%	43%	38%	49%	25%	-
Both of the above	9	4	3	5	3	1	-	3	-	-	-	-	2	3	1
	16%	23%	10%	13%	15%	100%	-	32%	-	-	-	-	13%	32%	50%

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Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Social Grade | | | | | | | | Ethnicity | | | | | | |
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	62	13	17	10	9	8	5	40	22	47	1	9	2	1	1	14
Total	56	12	17	9	7	6	4	38	18	42	1	8	2	1	1	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	5	11	3	1	3	1	19	6	21	1	2	-	-	1	4
	44%	44%	64%	31%	19%	53%	21%	50%	32%	50%	100%	23%	-	-	100%	27%
With member(s) of other household(s)	23	7	4	4	4	2	1	15	8	15	-	5	1	-	-	7
	40%	56%	20%	49%	58%	36%	33%	38%	45%	35%	-	66%	59%	-	-	52%
Both of the above	9	-	3	2	2	1	2	5	4	6	-	1	1	1	-	3
	16%	-	16%	20%	23%	11%	46%	12%	23%	14%	-	11%	41%	100%	-	21%

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Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	d	*a	*b	c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	62	20	11	22	33	5	11	30	8	1	2	2	2	-	1	16
Total	56	16	11	22	33	5	9	28	7	1	2	2	2	-	1	13
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%
With member(s) of my own household	25	8	5	11	16	1	4	13	5	1	-	-	1	-	-	5
	44%	47%	42%	49%	47%	17%	46%	45%	74%	100%	-	-	48%	-	-	36%
With member(s) of other household(s)	23	5	6	6	13	4	2	11	1	-	2	2	1	-	-	6
	40%	33%	58%	29%	39%	83%	26%	39%	14%	-	100%	100%	52%	-	-	46%
Both of the above	9	3	-	5	5	-	2	4	1	-	-	-	-	-	1	2
	16%	19%	-	21%	14%	-	28%	16%	12%	-	-	-	-	-	100%	19%

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Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e	*f	*a	*b	*c	*d	e
Unweighted Total	62	18	19	8	5	27	23	18	19	11	2	30	20	3	26	29	4	59
Total	56	16	18	6	5	24	20	16	16	10	2	26	18	2	23	27	3	54
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	10	9	2	1	11	11	13	4	4	1	8	13	1	9	14	1	24
	44%	62%	48%	37%	25%	45%	54%	78%	24%	44%	46%	32%	75%	32%	38%	50%	46%	45%
With member(s) of other household(s)	23	1	7	4	3	11	4	1	8	5	1	13	2	2	12	8	1	21
	40%	9%	39%	63%	54%	45%	20%	5%	51%	48%	54%	50%	10%	68%	52%	30%	21%	39%
Both of the above	9	4	2	-	1	2	5	3	4	1	-	5	3	-	2	5	1	9
	16%	29%	13%	-	21%	9%	27%	17%	25%	9%	-	19%	15%	-	10%	20%	32%	16%

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Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	*b	*a	*b	*c	d	*e	*f	a	*b	a	*b
Unweighted Total	62	33	24	13	8	9	30	29	-	50	12	41	18
Total	56	31	21	13	7	7	27	26	-	46	10	38	15
	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
With member(s) of my own household	25	13	10	8	3	1	13	11	-	21	3	20	5
	44%	42%	47%	61%	33%	11%	47%	42%	-	46%	34%	51%	34%
With member(s) of other household(s)	23	13	7	4	4	4	9	12	-	19	4	12	8
	40%	41%	35%	32%	55%	63%	34%	44%	-	40%	41%	31%	53%
Both of the above	9	5	4	1	1	2	5	3	-	6	3	7	2
	16%	17%	18%	7%	11%	26%	20%	13%	-	13%	26%	17%	13%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	62	1	5	7	21	9	14	-	5	42	19	11	22	12	16	10	19	18	14
Total	56	1	5	6	17	8	14	-	5	36	19	10	21	10	14	9	19	15	13
	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	25	-	2	4	6	3	7	-	3	14	10	3	12	4	6	2	10	8	5
	44%	-	39%	60%	37%	34%	49%	-	68%	40%	54%	35%	55%	40%	40%	18%	53%	52%	42%
With member(s) of other household(s)	23	1	3	1	9	4	5	-	-	16	5	6	7	6	3	6	6	6	4
	40%	100%	61%	13%	53%	44%	38%	-	-	45%	28%	65%	35%	60%	18%	71%	32%	43%	30%
Both of the above	9	-	-	2	2	2	2	-	2	5	4	-	2	-	6	1	3	1	4
	16%	-	-	27%	11%	21%	13%	-	32%	14%	18%	-	9%	-	43%	11%	14%	5%	27%

Q4A.15. Water sports (such as surfing, rowing, sailing etc.): You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	62	38	10	13
Total	56	36	8	11
	100%	100%	100%	100%
With member(s) of my own household	25	16	4	5
	44%	44%	44%	49%
With member(s) of other household(s)	23	17	3	2
	40%	47%	31%	21%
Both of the above	9	3	2	3
	16%	9%	25%	31%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	b	a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	58	15	42	40	15	3	4	6	4	6	10	4	13	7	4
Total	53	13	39	35	15	3	3	5	4	4	8	5	13	6	4
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	23	4	19	14	9	-	1	1	1	3	5	3	7	2	1
	44%	34%	48%	40%	60%	-	21%	15%	32%	83%	61%	54%	51%	30%	21%
With member(s) of other household(s)	20	4	15	16	2	1	2	4	2	-	2	2	5	2	1
	37%	32%	37%	47%	15%	39%	52%	85%	47%	-	29%	46%	37%	25%	19%
Both of the above	10	4	6	4	4	2	1	-	1	1	1	-	2	3	2
	19%	34%	14%	13%	25%	61%	27%	-	21%	17%	10%	-	12%	44%	60%

Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	58	15	13	12	11	3	4	40	18	37	7	7	6	1	-	21
Total	53	14	13	12	9	2	3	38	14	34	6	6	5	1	-	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	23	6	5	5	5	1	2	16	7	14	4	1	4	-	-	9
	44%	42%	41%	44%	53%	25%	53%	42%	48%	42%	61%	22%	67%	-	-	47%
With member(s) of other household(s)	20	4	7	4	3	1	1	14	5	13	1	4	2	-	-	6
	37%	27%	52%	33%	32%	46%	47%	37%	38%	39%	12%	63%	33%	-	-	34%
Both of the above	10	4	1	3	1	1	-	8	2	7	2	1	-	1	-	3
	19%	31%	8%	23%	15%	29%	-	21%	14%	19%	28%	15%	-	100%	-	18%

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Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	58	22	7	19	26	1	6	28	10	2	1	2	7	1	-	7
Total	53	18	7	21	27	1	5	27	9	1	1	2	6	1	-	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%
With member(s) of my own household	23	8	4	10	14	1	2	14	2	1	-	1	2	-	-	3
	44%	46%	56%	50%	52%	100%	38%	53%	22%	43%	-	54%	40%	-	-	46%
With member(s) of other household(s)	20	6	2	8	10	-	3	9	4	-	1	-	3	-	-	3
	37%	34%	29%	38%	36%	-	62%	32%	49%	-	100%	-	45%	-	-	54%
Both of the above	10	3	1	2	3	-	-	4	3	1	-	1	1	1	-	-
	19%	20%	15%	11%	12%	-	-	15%	29%	57%	-	46%	15%	100%	-	-

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Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
Unweighted Total	58	26	13	6	2	19	28	25	14	7	1	21	26	5	22	23	8	53
Total	53	25	13	4	2	17	27	25	11	6	1	17	26	4	19	24	6	49
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	23	9	6	2	1	8	11	10	7	1	1	8	11	1	10	8	3	22
	44%	37%	52%	45%	66%	50%	40%	39%	65%	11%	100%	47%	42%	39%	55%	35%	47%	44%
With member(s) of other household(s)	20	9	5	2	1	7	10	8	4	5	-	9	8	1	5	11	2	18
	37%	38%	37%	55%	34%	42%	38%	32%	35%	89%	-	53%	30%	39%	27%	46%	38%	37%
Both of the above	10	6	1	-	-	1	6	7	-	-	-	-	7	1	3	5	1	9
	19%	25%	11%	-	-	8%	23%	30%	-	-	-	-	28%	22%	18%	20%	15%	19%

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Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	*b	*a	*b	*c	*d	e	*f	a	*b	a	*b
Unweighted Total	58	27	24	18	14	8	27	31	7	53	5	47	10
Total	53	25	22	16	12	7	26	27	6	49	4	44	8
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	23	11	10	5	6	3	12	11	2	21	2	17	5
	44%	45%	43%	32%	50%	47%	47%	40%	41%	43%	53%	39%	63%
With member(s) of other household(s)	20	7	10	6	5	2	9	10	3	20	-	18	2
	37%	30%	44%	41%	42%	34%	36%	39%	43%	40%	-	40%	27%
Both of the above	10	6	3	4	1	1	4	6	1	8	2	9	1
	19%	25%	13%	28%	8%	19%	17%	21%	16%	17%	47%	21%	11%

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Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	|					Number of days active						|		Life satisfaction score			|		Covid-19 related worries		
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	58	-	7	4	15	18	5	3	6	44	14	7	23	14	13	12	22	16	8
Total	53	-	6	4	13	16	5	3	6	40	13	5	20	14	12	11	20	14	7
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	23	-	3	2	7	8	1	1	1	20	3	3	8	9	2	5	8	6	3
	44%	-	57%	45%	50%	50%	16%	30%	25%	51%	23%	51%	41%	66%	15%	47%	42%	44%	41%
With member(s) of other household(s)	20	-	2	2	5	5	4	-	1	15	5	2	9	4	5	5	8	5	2
	37%	-	43%	55%	37%	31%	84%	-	18%	37%	37%	33%	44%	27%	43%	45%	39%	34%	26%
Both of the above	10	-	-	-	2	3	-	2	3	5	5	1	3	1	5	1	4	3	2
	19%	-	-	-	12%	19%	-	70%	57%	12%	40%	16%	15%	7%	42%	8%	18%	22%	32%

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Q4A.16. Gymnastics, trampolining or cheerleading: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	*b	*c
Unweighted Total	58	35	10	13
Total	53	32	9	11
	100%	100%	100%	100%
With member(s) of my own household	23	12	6	5
	44%	39%	60%	44%
With member(s) of other household(s)	20	13	1	6
	37%	42%	7%	49%
Both of the above	10	6	3	1
	19%	19%	33%	7%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		*a	*b	*a	*b	*c	*a	*b	*c	*d	*e	*f	*g	*h	*i
Unweighted Total	36	21	15	12	6	18	1	8	3	1	2	5	4	7	5
Total	41	26	14	11	7	24	1	9	3	1	2	7	5	7	6
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	10	8	2	1	4	5	-	3	-	-	1	1	1	2	2
	24%	30%	13%	7%	63%	21%	-	36%	-	-	35%	17%	27%	23%	29%
With member(s) of other household(s)	29	17	12	9	2	17	1	5	3	1	1	6	3	6	3
	71%	65%	81%	86%	37%	74%	100%	55%	100%	100%	65%	83%	73%	77%	52%
Both of the above	2	1	1	1	-	1	-	1	-	-	-	-	-	-	1
	5%	4%	5%	7%	-	5%	-	9%	-	-	-	-	-	-	19%

Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	a	*b	*c	*d	*e	*f	*g
Unweighted Total	36	2	9	9	3	1	12	20	16	31	3	1	1	-	-	5
Total	41	2	12	8	3	1	15	22	19	36	3	1	1	-	-	5
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	-	100%
With member(s) of my own household	10	-	3	4	-	1	2	7	3	10	-	-	-	-	-	-
	24%	-	25%	45%	-	100%	14%	30%	17%	27%	-	-	-	-	-	-
With member(s) of other household(s)	29	2	8	3	3	-	13	13	16	25	3	1	-	-	-	4
	71%	100%	68%	41%	100%	-	86%	61%	83%	69%	100%	100%	-	-	-	83%
Both of the above	2	-	1	1	-	-	-	2	-	1	-	-	1	-	-	1
	5%	-	7%	14%	-	-	-	9%	-	3%	-	-	100%	-	-	17%

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Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	*b	*c	*d	*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	36	29	5	2	7	-	-	12	3	1	1	3	4	-	12	-
Total	41	33	6	2	8	-	-	13	3	1	2	2	3	-	17	-
	100%	100%	100%	100%	100%	-	-	100%	100%	100%	100%	100%	100%	-	100%	-
With member(s) of my own household	10	7	3	-	3	-	-	4	-	1	-	1	1	-	3	-
	24%	20%	58%	-	43%	-	-	31%	-	100%	-	63%	23%	-	15%	-
With member(s) of other household(s)	29	25	2	2	4	-	-	7	3	-	2	1	2	-	14	-
	71%	74%	42%	100%	57%	-	-	54%	100%	-	100%	37%	77%	-	85%	-
Both of the above	2	2	-	-	-	-	-	2	-	-	-	-	-	-	-	-
	5%	6%	-	-	-	-	-	15%	-	-	-	-	-	-	-	-

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	*e	*f	*a	*b	*c	*d	e
Unweighted Total	36	10	4	2	-	6	10	13	2	2	-	4	13	2	24	8	2	34
Total	41	10	4	3	-	7	10	14	2	3	-	4	14	3	29	7	2	38
	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	10	2	1	2	-	3	2	4	1	-	-	1	4	-	7	2	1	10
	24%	21%	26%	59%	-	39%	21%	29%	52%	-	-	22%	29%	-	25%	25%	41%	26%
With member(s) of other household(s)	29	7	2	1	-	4	7	8	1	3	-	3	8	3	20	6	1	26
	71%	68%	56%	41%	-	50%	68%	57%	48%	100%	-	78%	57%	100%	68%	75%	59%	69%
Both of the above	2	1	1	-	-	1	1	2	-	-	-	-	2	-	2	-	-	2
	5%	11%	18%	-	-	11%	11%	14%	-	-	-	-	14%	-	7%	-	-	5%

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Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		*a	b	*a	*b	*c	*d	*e	*f	*a	*b	a	*b
Unweighted Total	36	3	31	7	6	-	25	11	2	24	12	33	3
Total	41	3	35	6	6	-	30	10	1	27	14	38	3
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	10	1	9	3	5	-	3	7	1	6	4	10	-
	24%	23%	26%	55%	73%	-	10%	66%	50%	22%	29%	26%	-
With member(s) of other household(s)	29	2	24	3	2	-	25	4	1	20	9	27	2
	71%	77%	68%	45%	27%	-	84%	34%	50%	74%	66%	71%	74%
Both of the above	2	-	2	-	-	-	2	-	-	1	1	1	1
	5%	-	6%	-	-	-	6%	-	-	4%	6%	3%	26%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?

BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	*c	*d	*e	*f	*g	*h	*i	*j	*a	*b	*c	*d	*a	*b	*c	*d
Unweighted Total	36	1	6	7	5	4	5	2	6	22	13	6	11	17	2	15	12	7	2
Total	41	1	8	7	5	5	5	3	7	25	15	7	11	21	2	19	13	7	2
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
With member(s) of my own household	10	-	1	3	1	-	1	2	2	4	6	5	2	2	1	3	2	3	2
	24%	-	13%	37%	14%	-	27%	59%	36%	18%	38%	73%	19%	11%	32%	17%	13%	44%	100%
With member(s) of other household(s)	29	1	6	3	4	5	4	1	4	18	9	1	7	19	2	14	10	4	-
	71%	100%	77%	46%	86%	100%	73%	41%	64%	75%	62%	16%	71%	89%	68%	77%	81%	56%	-
Both of the above	2	-	1	1	-	-	-	-	-	2	-	1	1	-	-	1	1	-	-
	5%	-	10%	16%	-	-	-	-	-	8%	-	12%	11%	-	-	6%	6%	-	-

Q4A.7. Other sport, exercise or physical activity: You said you took part in the following activities with other people in the past week. Who was this with?
BASE: All respondents who have done some form of physical activity in the past week with other adult(s) and/or a child(ren)

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		*a	*b	*c
Unweighted Total	36	10	19	7
Total	41	9	24	8
	100%	100%	100%	100%
With member(s) of my own household	10	3	5	3
	24%	30%	20%	31%
With member(s) of other household(s)	29	6	18	5
	71%	70%	75%	59%
Both of the above	2	-	1	1
	5%	-	5%	9%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		1820	849	965	707	646	467	105	246	162	227	181	144	299	299	157
Total		1791	852	933	598	613	580	93	234	172	185	150	191	301	281	184
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	272	110	162	127	91	54	11	34	30	22	24	22	67	41	22
		15%	13%	17%	21%	15%	9%	12%	14%	17%	12%	16%	12%	22%	14%	12%
				a	bc	c								abdfhi		
A bit more	(4.0)	498	229	267	191	173	134	28	58	52	66	43	46	83	72	51
		28%	27%	29%	32%	28%	23%	30%	25%	30%	35%	28%	24%	27%	26%	28%
					c						bfgh					
About the same	(3.0)	636	343	292	147	223	266	34	78	67	58	49	81	88	106	75
		36%	40%	31%	25%	36%	46%	37%	33%	39%	32%	33%	43%	29%	38%	41%
			b			a	ab			g			dg		g	g
A bit less	(2.0)	243	113	128	86	82	75	13	39	16	29	22	28	37	38	20
		14%	13%	14%	14%	13%	13%	14%	17%	9%	16%	14%	14%	12%	14%	11%
										c						
A lot less	(1.0)	132	54	77	42	39	50	6	24	6	10	13	11	25	21	15
		7%	6%	8%	7%	6%	9%	6%	10%	4%	5%	9%	6%	8%	8%	8%
									cd							
Don't know		10	4	6	4	5	1	1	1	1	-	1	2	2	3	-
		1%	*	1%	1%	1%	*	1%	*	1%	-	*	1%	1%	1%	-
NET: More		770	339	430	318	264	188	39	92	82	88	66	69	150	113	73
		43%	40%	46%	53%	43%	32%	42%	39%	48%	47%	44%	36%	50%	40%	40%
				a	bc	c				f	f			bfhi		
NET: Less		375	167	204	128	121	126	19	63	22	39	34	39	62	59	36
		21%	20%	22%	21%	20%	22%	20%	27%	13%	21%	23%	20%	21%	21%	19%
									c		c	c		c	c	
Base for stats		1781	849	927	594	608	580	92	233	170	185	149	189	300	278	184
Mean Score		3.30	3.27	3.34	3.46	3.32	3.11	3.28	3.16	3.49	3.33	3.28	3.21	3.43	3.26	3.24
					bc	c				bfhi				b		
Standard Deviation		1.111	1.051	1.161	1.182	1.083	1.035	1.060	1.177	1.007	1.047	1.154	1.033	1.204	1.105	1.072
Standard Error		.026	.036	.038	.045	.043	.048	.104	.075	.079	.070	.086	.087	.070	.064	.086
Error variance		*	*	*	*	*	*	.01	.01	.01	*	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?
BASE: All who have done some form of physical activity in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		1820	187	402	435	260	221	315	1024	796	1482	60	140	83	17	14	314
Total		1791	182	411	428	230	192	348	1021	770	1485	56	126	74	16	13	284
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	272	45	66	61	31	30	39	172	100	204	14	27	14	3	5	64
		15%	24%	16%	14%	14%	16%	11%	17%	13%	14%	26%	21%	19%	16%	43%	22%
			bcdefgh						fh			a	a				a
A bit more	(4.0)	498	54	127	119	78	53	68	300	198	417	12	42	18	2	1	76
		28%	30%	31%	28%	34%	27%	19%	29%	26%	28%	22%	33%	25%	14%	8%	27%
			f	f	f	fh	f		f	f							
About the same	(3.0)	636	53	127	139	78	71	169	319	317	552	13	34	21	8	5	80
		36%	29%	31%	32%	34%	37%	48%	31%	41%	37%	24%	27%	28%	48%	36%	28%
								abcdegh		abcdg	bcg						
A bit less	(2.0)	243	24	58	70	26	25	39	152	91	202	8	16	12	-	1	37
		14%	13%	14%	16%	11%	13%	11%	15%	12%	14%	15%	13%	16%	-	6%	13%
					fh												
A lot less	(1.0)	132	5	33	37	14	13	29	75	57	104	8	5	9	3	1	26
		7%	3%	8%	9%	6%	7%	8%	7%	7%	7%	14%	4%	12%	22%	7%	9%
				a	a			a	a	a		c		c			
Don't know		10	1	-	2	3	-	4	2	7	6	-	2	-	-	-	2
		1%	*	-	*	1%	-	1%	*	1%	*	-	1%	-	-	-	1%
						bg		bg		bg							
NET: More		770	99	193	180	109	82	107	473	298	621	27	69	33	5	6	140
		43%	54%	47%	42%	47%	43%	31%	46%	39%	42%	48%	55%	44%	30%	51%	49%
			cefgh	fh	f	fh	f		fh	f			a				a
NET: Less		375	30	91	107	41	39	68	227	148	306	16	21	21	3	2	63
		21%	16%	22%	25%	18%	20%	20%	22%	19%	21%	28%	17%	28%	22%	13%	22%
					adh									c			
Base for stats		1781	182	411	426	227	192	343	1019	762	1479	56	124	74	16	13	282
Mean Score		3.30	3.60	3.33	3.23	3.37	3.31	3.14	3.34	3.25	3.28	3.32	3.56	3.23	3.01	3.73	3.40
			bcdefgh	f		f			f				ad				
Standard Deviation		1.111	1.087	1.143	1.147	1.063	1.100	1.043	1.141	1.067	1.083	1.369	1.096	1.278	1.338	1.326	1.231
Standard Error		.026	.080	.057	.055	.066	.074	.059	.036	.038	.028	.177	.093	.140	.324	.354	.070
Error variance		*	.01	*	*	*	.01	*	*	*	*	.03	.01	.02	.11	.13	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		1820	1082	312	307	619	54	117	712	258	64	47	108	124	122	214	171
Total		1791	1038	331	326	656	48	107	676	244	59	48	96	98	119	294	156
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	272	129	63	59	122	18	26	107	33	5	7	16	22	16	23	44
		15%	12%	19%	18%	19%	36%	25%	16%	14%	8%	14%	17%	22%	13%	8%	28%
				a	a	a	cdefgij	cdeij	j	j			j	dej			cdefgij
A bit more	(4.0)	498	284	84	111	196	15	31	212	69	13	12	23	31	25	66	47
		28%	27%	25%	34%	30%	32%	29%	31%	28%	21%	25%	24%	32%	21%	23%	30%
					ab				ij								
About the same	(3.0)	636	396	120	89	210	10	25	226	85	28	11	34	24	51	144	34
		36%	38%	36%	27%	32%	20%	23%	33%	35%	47%	23%	35%	24%	43%	49%	22%
			cd	c					abhk	abhk	abcfhk		abk		abcfhk	abcdfghk	
A bit less	(2.0)	243	142	39	44	83	2	19	88	41	7	13	12	13	13	35	22
		14%	14%	12%	13%	13%	5%	18%	13%	17%	12%	26%	12%	13%	11%	12%	14%
								a		a		acgij					
A lot less	(1.0)	132	81	24	20	44	1	5	42	17	7	6	10	6	12	26	5
		7%	8%	7%	6%	7%	2%	4%	6%	7%	12%	12%	11%	7%	10%	9%	4%
											abk	ak	ak		k	k	
Don't know		10	6	-	2	2	2	1	1	-	-	-	1	2	3	-	4
		1%	1%	-	1%	*	5%	1%	*	-	-	-	1%	2%	2%	-	2%
							cdj							cd	cdj		cdj
NET: More		770	413	147	171	317	33	58	320	103	17	19	39	53	40	89	91
		43%	40%	44%	52%	48%	68%	54%	47%	42%	29%	39%	41%	54%	34%	30%	58%
					ab	a	cdefgij	deij	eij	j				degij			cdefgij
NET: Less		375	223	63	64	127	3	24	130	57	14	19	22	20	25	61	27
		21%	22%	19%	20%	19%	7%	22%	19%	23%	24%	38%	23%	20%	21%	21%	17%
								a	a	a	a	abcdhijk	a	a	a	a	
Base for stats		1781	1032	331	324	654	46	106	675	244	59	48	95	96	117	294	152
Mean Score		3.30	3.23	3.37	3.45	3.41	4.01	3.52	3.38	3.26	3.01	3.02	3.24	3.50	3.16	3.08	3.67
				a	a	a	bcdefghij	defij	efij					defij			cdefgij
Standard Deviation		1.111	1.085	1.136	1.123	1.130	.997	1.176	1.089	1.099	1.080	1.263	1.192	1.180	1.124	1.002	1.144
Standard Error		.026	.033	.064	.064	.045	.140	.109	.041	.068	.135	.184	.115	.107	.103	.069	.089
Error variance		*	*	*	*	*	.02	.01	*	*	.02	.03	.01	.01	.01	*	.01

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?
BASE: All who have done some form of physical activity in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	1820	597	329	162	48	491	645	642	286	178	40	464	682	262	908	545	105	1558
Total	1791	558	321	156	45	477	603	605	268	177	37	445	642	261	914	521	94	1530
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	272	93	55	20	3	75	96	87	55	23	4	79	91	36	131	95	11	236
	15%	17%	17%	13%	8%	16%	16%	14%	21%	13%	11%	18%	14%	14%	14%	18%	11%	15%
									acf									
A bit more (4.0)	498	185	92	34	13	126	199	199	78	38	9	117	208	52	249	163	34	446
	28%	33%	29%	21%	30%	26%	33%	33%	29%	22%	25%	26%	32%	20%	27%	31%	36%	29%
		ce					ce	ce					ce		a	a	a	a
About the same (3.0)	636	187	92	59	12	151	199	201	79	64	9	143	210	108	343	163	22	528
	36%	33%	29%	38%	27%	32%	33%	33%	29%	36%	25%	32%	33%	41%	38%	31%	23%	35%
				b										cde	cd			d
A bit less (2.0)	243	71	53	26	11	80	83	82	35	36	12	71	94	44	110	67	21	199
	14%	13%	17%	17%	26%	17%	14%	13%	13%	20%	33%	16%	15%	17%	12%	13%	23%	13%
					af					ab	abef			b			bce	
A lot less (1.0)	132	22	28	16	5	44	27	36	20	15	2	35	38	20	77	31	5	112
	7%	4%	9%	10%	10%	9%	4%	6%	7%	9%	6%	8%	6%	8%	8%	6%	5%	7%
			af	af		af												
Don't know	10	-	1	1	-	2	-	1	1	-	-	1	1	2	4	2	2	8
	1%	-	*	1%	-	*	-	*	*	-	-	*	*	1%	*	*	2%	1%
				af														
NET: More	770	278	147	54	17	201	295	286	134	61	13	195	299	88	380	258	45	683
	43%	50%	46%	34%	37%	42%	49%	47%	50%	35%	36%	44%	47%	34%	42%	49%	48%	45%
		ce	c				ce	c	c			c	c		a	ab	a	a
NET: Less	375	94	81	43	16	124	110	118	55	51	14	106	132	64	187	98	26	311
	21%	17%	25%	27%	36%	26%	18%	19%	20%	29%	39%	24%	21%	24%	20%	19%	28%	20%
			af	af	af	af				abf	abef							c
Base for stats	1781	558	320	155	45	475	603	604	267	177	37	444	641	260	910	519	93	1522
Mean Score	3.30	3.46	3.29	3.10	2.99	3.23	3.42	3.36	3.43	3.10	3.03	3.30	3.34	3.15	3.27	3.43	3.27	3.33
		bcde					cde	c	cd				c			ab		a
Standard Deviation	1.111	1.038	1.185	1.150	1.133	1.176	1.052	1.073	1.171	1.135	1.142	1.167	1.079	1.099	1.111	1.108	1.100	1.111
Standard Error	.026	.042	.065	.091	.164	.053	.041	.042	.069	.085	.181	.054	.041	.068	.037	.048	.108	.028
Error variance	*	*	*	.01	.03	*	*	*	*	.01	.03	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?
BASE: All who have done some form of physical activity in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		1820	384	1130	321	310	85	1151	618	87	1459	361	1529	274
Total		1791	366	1125	294	311	77	1154	591	81	1420	371	1525	250
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	272	75	156	65	49	12	159	107	16	243	29	235	35
		15%	21%	14%	22%	16%	16%	14%	18%	20%	17%	8%	15%	14%
			b		bd				d		b			
A bit more	(4.0)	498	105	329	71	72	16	345	142	15	396	102	437	58
		28%	29%	29%	24%	23%	20%	30%	24%	19%	28%	28%	29%	23%
								abef						
About the same	(3.0)	636	113	406	85	102	30	433	190	23	484	152	546	84
		36%	31%	36%	29%	33%	39%	37%	32%	29%	34%	41%	36%	34%
								ae				a		
A bit less	(2.0)	243	46	146	44	59	12	140	95	17	199	44	198	42
		14%	13%	13%	15%	19%	16%	12%	16%	21%	14%	12%	13%	17%
						d			d	d				
A lot less	(1.0)	132	27	82	29	29	6	73	55	10	94	38	103	29
		7%	7%	7%	10%	9%	8%	6%	9%	12%	7%	10%	7%	12%
					d				d	d		a		a
Don't know		10	-	6	1	-	1	5	2	-	4	6	6	3
		1%	-	1%	*	-	1%	*	*	-	*	1%	*	1%
												a		
NET: More		770	180	485	135	121	28	504	250	31	639	131	672	93
		43%	49%	43%	46%	39%	36%	44%	42%	38%	45%	35%	44%	37%
			b								b		b	
NET: Less		375	73	228	72	88	18	213	149	27	292	82	301	71
		21%	20%	20%	25%	28%	24%	18%	25%	33%	21%	22%	20%	28%
					d	d			d	d				a
Base for stats		1781	366	1119	293	311	76	1149	589	81	1416	366	1519	248
Mean Score		3.30	3.43	3.30	3.34	3.17	3.20	3.33	3.26	3.13	3.35	3.11	3.33	3.11
			b					b			b		b	
Standard Deviation		1.111	1.163	1.090	1.248	1.186	1.140	1.059	1.199	1.293	1.118	1.061	1.095	1.196
Standard Error		.026	.059	.033	.070	.067	.124	.031	.048	.139	.029	.056	.028	.073
Error variance		*	*	*	*	*	.02	*	*	.02	*	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?
BASE: All who have done some form of physical activity in the past week

		Total	Number of days active										Life satisfaction score				Covid-19 related worries			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		1820	159	175	309	402	266	217	78	214	1152	509	406	528	633	224	543	478	549	218
Total		1791	166	174	297	388	258	211	77	220	1117	508	389	502	651	225	539	469	542	215
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	272	9	16	29	54	41	44	26	52	140	122	47	76	89	55	69	62	89	50
		15%	6%	9%	10%	14%	16%	21%	34%	24%	13%	24%	12%	15%	14%	25%	13%	13%	16%	23%
						a	ac	abcdi	abcdefi	abcdei	a	abcdei				abc				abc
A bit more	(4.0)	498	15	46	87	115	85	68	24	58	333	150	94	132	205	59	168	126	147	54
		28%	9%	27%	29%	30%	33%	32%	31%	27%	30%	30%	24%	26%	31%	26%	31%	27%	27%	25%
				a	a	a	a	a	a	a	a	a			a					
About the same	(3.0)	636	75	50	92	142	94	72	22	88	378	182	122	176	246	83	206	185	170	63
		36%	45%	29%	31%	37%	36%	34%	29%	40%	34%	36%	31%	35%	38%	37%	38%	39%	31%	29%
			bcfgij							bc					a		cd	cd		
A bit less	(2.0)	243	30	33	57	52	30	20	4	16	172	41	63	70	86	21	63	66	80	30
		14%	18%	19%	19%	13%	11%	10%	6%	7%	15%	8%	16%	14%	13%	9%	12%	14%	15%	14%
			fghj	efghj	defghj	hj					fghj		d							
A lot less	(1.0)	132	34	26	30	24	7	5	1	6	87	11	57	44	24	6	30	29	53	16
		7%	21%	15%	10%	6%	3%	2%	1%	3%	8%	2%	15%	9%	4%	3%	5%	6%	10%	7%
			cdefghij	defghij	efghj	efj					efghj		bcd	cd					ab	
Don't know		10	3	1	1	1	2	1	-	-	6	1	5	3	-	1	3	1	3	1
		1%	2%	1%	1%	*	1%	1%	-	-	1%	*	1%	1%	-	*	1%	*	1%	*
			j										c							
NET: More		770	24	63	116	169	126	112	50	110	474	272	141	208	294	114	237	188	236	105
		43%	15%	36%	39%	43%	49%	53%	65%	50%	42%	54%	36%	41%	45%	51%	44%	40%	43%	49%
				a	a	a	abc	abcdi	abcdehi	abci	a	abcdi			a	ab				b
NET: Less		375	64	60	87	76	36	25	5	22	259	52	121	114	111	26	93	95	133	46
		21%	38%	34%	29%	20%	14%	12%	6%	10%	23%	10%	31%	23%	17%	12%	17%	20%	25%	21%
			cdefghij	defghij	defghij	fghj					efghj		bcd	cd					a	
Base for stats		1781	163	173	296	387	256	210	77	220	1111	507	384	499	651	224	536	468	539	214
Mean Score		3.30	2.61	2.96	3.10	3.31	3.48	3.61	3.92	3.61	3.24	3.66	3.03	3.25	3.38	3.61	3.34	3.27	3.26	3.43
				a	a	abc	abcdi	abcdi	abcdefhij	abcdi	abc	abcdei			a	ab				abc
Standard Deviation		1.111	1.090	1.209	1.130	1.069	.980	.995	.967	1.010	1.103	1.001	1.226	1.145	1.001	1.035	1.026	1.059	1.188	1.205
Standard Error		.026	.087	.092	.065	.053	.060	.068	.109	.069	.033	.044	.061	.050	.040	.069	.044	.048	.051	.082
Error variance		*	.01	.01	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6D1. Do you think you generally do more, less or the same amount of these activities now compared to this time last year?

BASE: All who have done some form of physical activity in the past week

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1820	727	629	449
Total	1791	698	647	434
	100%	100%	100%	100%
A lot more (5.0)	272	233	23	15
	15%	33%	4%	3%
		bc		
A bit more (4.0)	498	362	99	38
	28%	52%	15%	9%
		bc	c	
About the same (3.0)	636	75	492	66
	36%	11%	76%	15%
			ac	a
A bit less (2.0)	243	20	25	197
	14%	3%	4%	45%
				ab
A lot less (1.0)	132	9	7	115
	7%	1%	1%	26%
				ab
Don't know	10	-	1	2
	1%	-	*	1%
				a
NET: More	770	594	122	53
	43%	85%	19%	12%
		bc	c	
NET: Less	375	29	32	312
	21%	4%	5%	72%
				ab
Base for stats	1781	698	646	431
Mean Score	3.30	4.13	3.17	2.17
		bc	c	
Standard Deviation	1.111	.808	.594	1.029
Standard Error	.026	.030	.024	.049
Error variance	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	172	247	206	166	48	28	54	36	51	35	34	95	62	26
	20%	17%	24%	33%	25%	6%	28%	20%	18%	24%	20%	15%	29%	18%	12%
			a	bc	c		cfhi	i		fi	i		bcefhi		
Indoor swimming pools	334	127	205	162	125	47	18	36	31	33	27	30	78	55	26
	16%	13%	20%	26%	19%	6%	18%	14%	16%	15%	15%	13%	24%	16%	12%
			a	bc	c								bcdefhi		
Other indoor sports facilities	172	78	92	92	63	17	5	22	19	14	16	20	45	20	10
	8%	8%	9%	15%	9%	2%	5%	8%	9%	7%	9%	9%	14%	6%	5%
				bc	c								abdhi		
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	692	601	246	386	663	56	177	132	132	110	153	149	227	160
	63%	69%	58%	40%	57%	87%	57%	66%	65%	61%	62%	67%	46%	68%	76%
		b			a	ab		g	g	g	g	g		ag	abcdegh
NET: Sport or activity in an indoor facility in the past week	757	311	443	373	288	97	43	90	70	83	67	74	174	107	50
	37%	31%	42%	60%	43%	13%	43%	34%	35%	39%	38%	33%	54%	32%	24%
			a	bc	c		hi	i	i	i	i		bcdefhi	i	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	78	122	88	56	35	41	287	133	307	17	57	25	5	5	108
	20%	41%	28%	18%	22%	16%	9%	26%	14%	18%	29%	43%	32%	32%	39%	37%
		bcdefgh	cefh	fh	fh	f		cefh	f		a	a	a			a
Indoor swimming pools	334	60	97	65	55	25	32	222	112	271	14	23	15	5	2	60
	16%	32%	22%	14%	22%	11%	7%	20%	12%	16%	24%	18%	19%	34%	19%	20%
		bcdefgh	cefh	f	cefh	f		cefh	f							a
Other indoor sports facilities	172	28	40	45	24	21	14	114	58	120	13	19	11	3	2	48
	8%	15%	9%	10%	9%	10%	3%	10%	6%	7%	23%	15%	14%	19%	14%	16%
		bcfh	f	fh	f	fh		fh	f		a	a	a			a
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	57	239	308	145	146	402	604	692	1164	20	51	35	6	4	117
	63%	30%	54%	65%	57%	68%	85%	54%	73%	67%	35%	39%	45%	41%	35%	40%
			a	abdg	a	abdg	abcdegh	a	abcdg	bcdg						
NET: Sport or activity in an indoor facility in the past week	757	133	203	169	110	70	73	505	252	570	37	81	43	9	8	178
	37%	70%	46%	35%	43%	32%	15%	46%	27%	33%	65%	61%	55%	59%	65%	60%
		bcdefgh	cefh	fh	cefh	f		cefh	f		a	a	a			a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	171	106	111	217	21	49	183	57	17	10	13	31	18	20	70
	20%	14%	30%	33%	32%	40%	44%	25%	22%	26%	20%	12%	30%	11%	5%	43%
			a	a	a	cdfgij	cdefghij	gij	gij	gij	j	j	gij	j		cdefghij
Indoor swimming pools	334	140	77	96	173	18	33	156	50	13	6	15	10	11	21	52
	16%	11%	22%	29%	25%	35%	30%	21%	19%	20%	13%	13%	10%	7%	5%	32%
			a	ab	a	cdfghij	cdfghij	ghij	hij	ij	j	j				cdfghij
Other indoor sports facilities	172	71	42	44	86	5	19	72	27	8	5	9	16	5	6	24
	8%	6%	12%	13%	13%	10%	17%	10%	10%	13%	10%	8%	16%	3%	1%	15%
			a	a	a	ij	cgij	ij	ij	ij	ij	j	cij			ij
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	940	168	141	309	16	24	405	154	33	33	80	53	132	366	39
	63%	75%	48%	42%	45%	29%	21%	55%	59%	51%	65%	72%	52%	81%	90%	24%
		bcd						abk	abk	abk	abk	abcdehk	abk	abcdefhk	abcdefghik	
NET: Sport or activity in an indoor facility in the past week	757	321	182	194	376	37	87	329	105	31	18	31	49	31	39	124
	37%	25%	52%	58%	55%	71%	79%	45%	41%	49%	35%	28%	48%	19%	10%	76%
			a	a	a	cdefghij	cdefghij	gij	gij	gij	ij	j	gij	j		cdefghij

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	150	99	42	12	141	162	152	94	49	11	143	163	39	179	171	31	381
	20%	25%	29%	25%	27%	28%	25%	23%	33%	26%	28%	30%	23%	12%	17%	31%	31%	22%
									af			af			a	abe	abe	ab
Indoor swimming pools	334	119	82	36	13	118	132	122	94	26	9	119	131	45	147	122	20	289
	16%	20%	24%	21%	29%	23%	20%	19%	33%	13%	24%	25%	19%	13%	14%	22%	20%	17%
									acef			acf				abe		b
Other indoor sports facilities	172	52	35	29	10	64	61	47	45	26	8	70	55	17	71	66	17	154
	8%	9%	10%	18%	21%	13%	9%	7%	16%	13%	21%	15%	8%	5%	7%	12%	17%	9%
				abf	abf	a			af	af	af	af				abe	abe	ab
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	349	173	76	16	249	365	403	98	103	15	201	417	257	725	269	45	1039
	63%	58%	50%	46%	36%	49%	56%	61%	35%	54%	39%	43%	60%	75%	69%	48%	45%	61%
		bcde					cde	bde		be		b	bde	bcde	cde			cd
NET: Sport or activity in an indoor facility in the past week	757	255	172	90	29	262	284	255	182	88	23	270	278	84	328	291	55	674
	37%	42%	50%	54%	64%	51%	44%	39%	65%	46%	61%	57%	40%	25%	31%	52%	55%	39%
			a	af	af	af			acef		af	af	acf			a	abe	abe	ab

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	131	242	93	55	19	264	147	18	364	56	365	49
	20%	33%	19%	28%	13%	23%	21%	20%	18%	22%	13%	21%	16%
		b		bdef		b	b	b		b		b	
Indoor swimming pools	334	119	165	67	65	23	192	137	14	272	62	287	44
	16%	30%	13%	20%	16%	27%	15%	19%	14%	17%	15%	17%	15%
		b		d		bdf		d					
Other indoor sports facilities	172	76	72	44	35	18	80	87	9	137	35	135	33
	8%	19%	6%	13%	8%	22%	6%	12%	9%	8%	8%	8%	11%
		b		bd		bdef		d					
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	141	870	164	292	33	843	414	70	1011	285	1091	194
	63%	35%	68%	50%	71%	39%	66%	58%	71%	62%	67%	63%	64%
			a		ace		ace	ac	ace		a		
NET: Sport or activity in an indoor facility in the past week	757	256	401	166	122	52	437	304	29	620	137	639	109
	37%	65%	32%	50%	29%	61%	34%	42%	29%	38%	33%	37%	36%
			b		bdef		bdef		bdf		b		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	4	14	63	107	88	73	24	47	273	144	78	137	123	73	123	120	114	60
	20%	1%	8%	21%	27%	34%	35%	31%	21%	24%	28%	16%	24%	17%	29%	20%	23%	18%	24%
			a	ab	ab	abchi	abcdhi	ab	ab	ab	abc		ac		ac		c		
Indoor swimming pools	334	8	25	41	85	60	47	16	51	211	114	54	96	110	69	92	85	97	55
	16%	2%	14%	14%	21%	23%	22%	21%	23%	18%	22%	11%	17%	15%	27%	15%	17%	15%	22%
			a	a	abc	abc	abc	a	abc	a	abc		a	a	abc				ac
Other indoor sports facilities	172	1	12	35	48	30	22	4	19	125	45	38	45	64	21	40	58	50	21
	8%	*	6%	11%	12%	12%	10%	5%	9%	11%	9%	8%	8%	9%	8%	7%	11%	8%	8%
			a	a	ab	a	a	a	a	a	a						a		
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	384	134	180	204	121	98	44	131	639	273	333	327	485	134	397	298	425	148
	63%	97%	73%	60%	51%	46%	46%	57%	59%	56%	54%	69%	58%	67%	52%	65%	58%	67%	58%
		bcdefghij	cdefghij	def					ef	ef		bd		bd		b		bd	
NET: Sport or activity in an indoor facility in the past week	757	13	49	122	196	141	114	33	90	508	237	150	235	238	121	215	219	209	106
	37%	3%	27%	40%	49%	54%	54%	43%	41%	44%	46%	31%	42%	33%	48%	35%	42%	33%	42%
			a	ab	abc	abchi	abchi	ab	ab	ab	ab		ac		ac		ac		c

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E. In the past week, in which of the following indoor facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	248	108	63
	20%	35%	14%	12%
		bc		
Indoor swimming pools	334	184	98	51
	16%	26%	12%	10%
		bc		
Other indoor sports facilities	172	75	52	44
	8%	10%	7%	8%
		b		
I have not taken part in sport or physical activity in any indoor facilities in the past week	1296	312	570	392
	63%	44%	72%	75%
			a	a
NET: Sport or activity in an indoor facility in the past week	757	403	219	133
	37%	56%	28%	25%
		bc		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	220	85	133	130	80	10	10	23	18	22	13	23	68	33	10
	11%	8%	13%	21%	12%	1%	10%	9%	9%	10%	7%	10%	21%	10%	5%
			a	bc	c					i			abcdefhi	i	
Outdoor sports facilities (e.g. courts and pitches)	326	160	165	165	117	44	7	42	27	36	31	28	76	53	26
	16%	16%	16%	27%	17%	6%	8%	16%	13%	17%	18%	12%	24%	16%	13%
				bc	c			a		a	a		abcdfhi	a	
Outdoor swimming pools	215	88	125	124	60	32	12	24	17	24	12	11	66	30	19
	10%	9%	12%	20%	9%	4%	12%	9%	8%	11%	7%	5%	20%	9%	9%
			a	bc	c		f			f			bcdefhi		
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	97	143	116	90	36	10	38	24	22	22	21	42	45	18
	12%	10%	14%	19%	13%	5%	10%	14%	12%	10%	13%	9%	13%	13%	9%
			a	bc	c										
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282	664	617	228	407	647	69	165	135	136	111	162	139	216	148
	62%	66%	59%	37%	60%	85%	71%	62%	67%	63%	63%	71%	43%	64%	71%
		b			a	ab	g	g	g	g	g	bg		g	bg
NET: Sport or activity in outdoor locations or facility in the past week	771	338	427	391	268	113	29	102	66	79	66	65	184	119	61
	38%	34%	41%	63%	40%	15%	29%	38%	33%	37%	37%	29%	57%	36%	29%
			a	bc	c			fi					abcdefhi		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	220	39	63	47	38	19	14	149	71	152	15	24	20	4	1	64
	11%	21%	14%	10%	15%	9%	3%	13%	8%	9%	26%	18%	26%	28%	5%	22%
		bcefgh	cefh	f	cefh	f		cfh	f		a	a	a			a
Outdoor sports facilities (e.g. courts and pitches)	326	58	97	64	44	31	32	219	107	246	10	36	19	7	6	77
	16%	31%	22%	13%	17%	14%	7%	20%	11%	14%	18%	27%	24%	42%	47%	26%
		bcdefgh	cefh	f	fh	f		cefh	f			a	a			a
Outdoor swimming pools	215	39	62	52	32	19	12	152	63	161	12	22	12	4	2	51
	10%	20%	14%	11%	13%	9%	2%	14%	7%	9%	21%	17%	15%	27%	15%	17%
		bcdefgh	efh	fh	fh	f		efh	f		a	a				a
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	27	57	57	46	28	26	141	101	188	9	19	19	3	1	50
	12%	14%	13%	12%	18%	13%	6%	13%	11%	11%	15%	14%	24%	18%	6%	17%
		f	f	f	cfgh	f		f	f				a			a
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282	69	250	298	131	138	396	617	665	1164	18	55	26	2	4	106
	62%	36%	57%	62%	52%	64%	84%	56%	70%	67%	32%	42%	33%	15%	34%	36%
			a	adg	a	adg	abcdegh	a	abcdeg	bcdg						
NET: Sport or activity in outdoor locations or facility in the past week	771	121	191	179	123	78	78	492	279	570	38	76	53	13	8	189
	38%	64%	43%	38%	48%	36%	16%	44%	30%	33%	68%	58%	67%	85%	66%	64%
		bcdefgh	fh	fh	cefh	fh		cefh	f		a	a	a			a

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Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?

BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	220	79	49	74	123	17	28	109	25	11	2	10	13	4	1	45
	11%	6%	14%	22%	18%	33%	25%	15%	10%	16%	4%	9%	13%	3%	*	28%
			a	ab	a	cdefghij	cdfghij	dfij	ij	fij	j	ij	ij	j		cdfghij
Outdoor sports facilities (e.g. courts and pitches)	326	137	73	92	164	13	36	152	39	15	11	12	21	10	17	50
	16%	11%	21%	27%	24%	25%	33%	21%	15%	23%	22%	11%	20%	6%	4%	31%
			a	a	a	gij	cdghij	dgij	ij	gij	ij	j	gij			cdghij
Outdoor swimming pools	215	86	47	63	110	9	26	87	38	10	7	9	14	6	9	35
	10%	7%	13%	19%	16%	17%	23%	12%	15%	16%	14%	8%	14%	4%	2%	21%
			a	a	a	ij	cdghij	ij	ij	ij	ij	j	ij			cgij
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	104	60	57	117	9	24	91	44	9	5	12	19	9	20	33
	12%	8%	17%	17%	17%	17%	21%	12%	17%	13%	10%	11%	19%	6%	5%	20%
			a	a	a	ij	cgij	ij	cij	ij			j	cij		cgij
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282	925	174	145	318	15	30	415	148	29	28	75	47	136	359	45
	62%	73%	50%	43%	46%	28%	27%	57%	57%	45%	54%	67%	46%	83%	88%	28%
		bcd						abhk	abhk	abk	abk	abcehk	abk	abcdefghk	abcdefghk	
NET: Sport or activity in outdoor locations or facility in the past week	771	336	176	191	367	38	80	318	111	35	23	36	55	27	47	118
	38%	27%	50%	57%	54%	72%	73%	43%	43%	55%	46%	33%	54%	17%	12%	72%
			a	a	a	cdefghij	cdefghij	gij	ij	gij	ij	ij	cdgij			cdefghij

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Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	220	75	54	24	16	78	90	73	61	25	11	86	84	16	87	92	26	205
	11%	12%	16%	15%	34%	15%	14%	11%	22%	13%	30%	18%	12%	5%	8%	16%	26%	12%
					abcef				acf		acf	af			a	abe	abce	ab
Outdoor sports facilities (e.g. courts and pitches)	326	115	86	33	7	119	122	109	82	40	13	122	122	27	134	140	26	299
	16%	19%	25%	20%	16%	23%	19%	17%	29%	21%	35%	26%	18%	8%	13%	25%	26%	17%
			af						acf		af	af			a	abe	abe	ab
Outdoor swimming pools	215	69	61	22	15	82	84	64	62	32	8	93	72	24	83	90	19	191
	10%	11%	18%	13%	33%	16%	13%	10%	22%	17%	21%	20%	10%	7%	8%	16%	19%	11%
			af		abcef	a			af	af	af	af				abe	abe	ab
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	75	53	23	14	76	88	71	55	30	11	85	82	27	110	89	16	215
	12%	12%	15%	14%	30%	15%	14%	11%	20%	16%	28%	18%	12%	8%	10%	16%	16%	13%
					abcef				af		af	af				abe	a	a
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282	359	164	79	11	244	371	421	95	90	10	185	430	263	718	266	34	1018
	62%	60%	48%	48%	25%	48%	57%	64%	34%	47%	25%	39%	62%	77%	68%	47%	34%	59%
		bcde	d	d		d	bcde	bcde		bd			bcde	bcde	cde	d		cd
NET: Sport or activity in outdoor locations or facility in the past week	771	244	180	87	34	267	278	237	185	101	28	286	265	77	335	294	66	694
	38%	40%	52%	52%	75%	52%	43%	36%	66%	53%	75%	61%	38%	23%	32%	53%	66%	41%
			af	af	abcef	af			acf	af	acf	af			a	abe	abce	ab

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Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Outdoor exercise classes	220	97	97	53	38	19	119	96	11	186	34	184	31
	11%	24%	8%	16%	9%	22%	9%	13%	11%	11%	8%	11%	10%
		b		bd		bdef		bd					
Outdoor sports facilities (e.g. courts and pitches)	326	117	177	70	49	22	193	128	10	268	58	284	39
	16%	29%	14%	21%	12%	26%	15%	18%	10%	16%	14%	16%	13%
		b		bdf		bdf		b					
Outdoor swimming pools	215	88	99	41	42	23	119	92	10	181	34	176	35
	10%	22%	8%	12%	10%	26%	9%	13%	10%	11%	8%	10%	12%
		b				abdef		d					
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	80	127	55	44	12	133	100	9	200	42	196	40
	12%	20%	10%	17%	11%	14%	10%	14%	9%	12%	10%	11%	13%
		b		bd				d					
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282	135	861	169	286	26	847	400	77	993	289	1091	184
	62%	34%	68%	51%	69%	31%	66%	56%	77%	61%	68%	63%	61%
			a	c	ace		ace	c	acde		a		
NET: Sport or activity in outdoor locations or facility in the past week	771	262	410	161	127	59	432	317	23	638	133	639	119
	38%	66%	32%	49%	31%	69%	34%	44%	23%	39%	32%	37%	39%
		b		bdf		abdef	f	bdf		b			

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

	Total	|	Number of days active										|	Life satisfaction score				|	Covid-19 related worries			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days		0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)		0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j		a	b	c	d		a	b	c	d
Unweighted Total	2053		364	183	313	412	269	218	78	216	1177	512		490	581	695	251		612	519	626	254
Total	2053		397	183	301	400	262	212	77	221	1146	510		482	562	722	255		612	516	634	255
	100%		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%		100%	100%	100%	100%		100%	100%	100%	100%
Outdoor exercise classes	220		4	15	30	66	36	38	10	21	148	69		37	70	66	40		44	65	74	34
	11%		1%	8%	10%	17%	14%	18%	13%	10%	13%	14%		8%	13%	9%	16%		7%	13%	12%	13%
				a	a	abch	a	abch	a	a	a	a			a		ac			a	a	a
Outdoor sports facilities (e.g. courts and pitches)	326		4	25	43	74	65	60	11	45	206	116		53	102	106	62		92	101	88	42
	16%		1%	14%	14%	18%	25%	28%	14%	20%	18%	23%		11%	18%	15%	24%		15%	19%	14%	17%
				a	a	a	abcdgi	abcdgi	a	a	a	abci			a		abc			c		
Outdoor swimming pools	215		2	12	30	68	51	23	7	22	161	52		38	67	62	44		51	76	62	25
	10%		1%	7%	10%	17%	19%	11%	9%	10%	14%	10%		8%	12%	9%	17%		8%	15%	10%	10%
				a	a	abcfhj	abcfghij	a	a	a	abj	a			ac		abc			ac		
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242		8	12	49	45	44	44	12	28	150	83		48	82	78	32		55	75	83	27
	12%		2%	7%	16%	11%	17%	21%	15%	13%	13%	16%		10%	15%	11%	12%		9%	14%	13%	10%
				a	ab	a	abd	abdhi	ab	ab	ab	abd			ac					a	a	
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282		380	127	175	204	124	91	49	133	629	272		333	312	484	135		411	270	407	167
	62%		96%	69%	58%	51%	47%	43%	63%	60%	55%	53%		69%	55%	67%	53%		67%	52%	64%	66%
			bcdefghij	cdefij	ef				ef	def	ef	f		bd		bd			b		b	b
NET: Sport or activity in outdoor locations or facility in the past week	771		17	56	126	196	138	121	29	88	517	238		149	250	238	120		200	246	227	87
	38%		4%	31%	42%	49%	53%	57%	37%	40%	45%	47%		31%	45%	33%	47%		33%	48%	36%	34%
				a	ab	abh	abcghi	abcghij	a	a	ab	ab			ac		ac			acd		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6E2. In the past week, in which of the following outdoor locations or facilities, if any, have you taken part in sport or physical activity?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Outdoor exercise classes	220	128	59	32
	11%	18%	8%	6%
		bc		
Outdoor sports facilities (e.g. courts and pitches)	326	174	92	58
	16%	24%	12%	11%
		bc		
Outdoor swimming pools	215	119	56	40
	10%	17%	7%	8%
		bc		
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	104	64	70
	12%	15%	8%	13%
		b		b
I have not taken part in sport or physical activity in any of these outdoor locations or facilities in the past week	1282	328	572	364
	62%	46%	72%	69%
			a	a
NET: Sport or activity in outdoor locations or facility in the past week	771	387	217	161
	38%	54%	28%	31%
		bc		

Q6G2. SUMMARY: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Yes	No	Can't remember
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	360	52	8
	100%	86%	12%	2%
Indoor swimming pools	334	282	45	8
	100%	84%	13%	2%
Outdoor sports facilities (e.g. courts and pitches)	326	260	58	8
	100%	80%	18%	3%
Outdoor swimming pools	215	167	47	1
	100%	78%	22%	1%
Outdoor exercise classes	220	171	40	10
	100%	78%	18%	4%
Other indoor sports facilities	172	126	37	8
	100%	74%	22%	5%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	158	65	19
	100%	65%	27%	8%

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Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	*f	g	h	*i
Unweighted Total	457	194	262	248	169	40	33	60	35	69	45	28	95	67	25
Total	420	172	247	206	166	48	28	54	36	51	35	34	95	62	26
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	360	149	210	172	149	40	24	48	33	44	29	27	77	56	23
	86%	87%	85%	84%	89%	84%	86%	89%	90%	86%	82%	81%	81%	90%	91%
No	52	19	33	30	15	6	3	6	4	6	6	5	16	5	2
	12%	11%	13%	15%	9%	13%	11%	11%	10%	11%	16%	15%	17%	7%	9%
Can't remember	8	4	4	4	2	1	1	-	-	1	1	1	2	1	-
	2%	2%	2%	2%	1%	3%	3%	-	-	3%	2%	4%	2%	2%	-

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Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	457	83	125	97	68	43	41	305	152	331	19	64	28	5	5	121
Total	420	78	122	88	56	35	41	287	133	307	17	57	25	5	5	108
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	360	65	107	79	50	30	30	251	109	266	14	47	19	4	5	89
	86%	84%	88%	90%	88%	86%	71%	87%	83%	87%	87%	83%	76%	82%	100%	83%
			f	f	f			f								
No	52	11	15	7	7	3	9	33	19	36	2	9	5	-	-	16
	12%	14%	12%	8%	12%	10%	22%	11%	14%	12%	13%	15%	22%	-	-	15%
							c									
Can't remember	8	2	-	2	-	1	3	4	4	5	-	1	1	1	-	2
	2%	2%	-	2%	-	4%	7%	1%	3%	2%	-	2%	2%	18%	-	2%
						b	bdg		b							

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Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total	457	207	103	106	209	24	55	196	64	17	11	16	39	19	16	79
Total	420	171	106	111	217	21	49	183	57	17	10	13	31	18	20	70
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	360	144	94	97	190	17	40	166	51	13	8	10	26	14	15	57
	86%	84%	89%	87%	88%	80%	81%	90% k	89%	79%	83%	75%	84%	76%	77%	81%
No	52	23	10	13	23	3	8	17	6	3	1	3	4	3	5	11
	12%	14%	10%	12%	11%	16%	16%	9%	11%	16%	8%	21%	13%	17%	23%	16%
Can't remember	8	4	2	2	3	1	1	1	-	1	1	1	1	1	-	2
	2%	2%	2%	2%	2%	4%	3%	*	-	5%	9%	4%	3%	7%	-	3%

Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	457	162	108	45	13	153	175	163	104	53	11	157	174	46	194	181	36	411
Total	420	150	99	42	12	141	162	152	94	49	11	143	163	39	179	171	31	381
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	360	138	83	34	11	117	148	142	80	37	10	116	152	29	156	150	25	331
	86%	92%	85%	80%	87%	83%	91%	93%	85%	74%	94%	81%	93%	75%	87%	88%	79%	87%
		ce					ce	bce					bce		a	a		a
No	52	12	15	6	-	21	12	11	13	10	1	23	11	9	18	20	5	43
	12%	8%	15%	14%	-	15%	8%	7%	14%	21%	6%	16%	7%	24%	10%	12%	15%	11%
			f			f				af		af		bce				
Can't remember	8	-	-	2	2	2	2	-	1	3	-	4	-	1	5	1	2	7
	2%	-	-	6%	13%	2%	1%	-	1%	5%	-	3%	-	1%	3%	*	5%	2%
				abf						af		af						c

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Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	457	140	262	102	61	22	284	163	19	394	63	395	56
Total	420	131	242	93	55	19	264	147	18	364	56	365	49
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	360	110	215	78	51	15	229	124	18	313	48	316	41
	86%	84%	89%	84%	93%	80%	87%	85%	100%	86%	85%	87%	83%
No	52	21	19	12	3	4	31	20	-	44	7	43	6
	12%	16%	8%	13%	6%	20%	12%	13%	-	12%	13%	12%	13%
		b											
Can't remember	8	-	7	2	1	-	5	3	-	7	1	6	2
	2%	-	3%	3%	1%	-	2%	2%	-	2%	2%	2%	3%
			a										

Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	457	5	16	70	116	95	81	26	48	297	155	85	151	132	79	140	126	125	63
Total	420	4	14	63	107	88	73	24	47	273	144	78	137	123	73	123	120	114	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	360	3	13	50	90	77	62	22	43	230	127	64	115	112	64	107	103	98	49
	86%	81%	93%	79%	84%	87%	85%	95%	91%	84%	89%	82%	84%	91% a	88%	87%	86%	86%	82%
No	52	1	1	13	15	10	8	1	4	39	13	13	19	9	9	14	16	14	8
	12%	19%	7%	20% j	14%	12%	11%	5%	8%	14%	9%	16% c	14%	7%	12%	11%	13%	12%	14%
Can't remember	8	-	-	1	2	1	3	-	1	4	4	1	4	2	-	2	1	2	2
	2%	-	-	1%	2%	1%	4%	-	2%	1%	3%	2%	3%	1%	-	2%	1%	2%	4%

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Q6G2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	457	269	118	69
Total	420	248	108	63
	100%	100%	100%	100%
Yes	360	222	84	53
	86%	89%	78%	85%
		b		
No	52	23	21	8
	12%	9%	20%	12%
			a	
Can't remember	8	3	3	2
	2%	1%	3%	3%

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Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total	353	138	213	186	128	39	21	43	29	41	34	22	79	61	23
Total	334	127	205	162	125	47	18	36	31	33	27	30	78	55	26
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	282	107	173	125	112	44	15	27	26	26	25	28	62	48	24
	84%	85%	84%	78%	90% a	93% a	85%	76%	84%	80%	92%	95%	79%	89%	90%
No	45	16	28	29	12	3	3	7	5	5	2	1	15	5	3
	13%	13%	14%	18% b	10%	7%	15%	18%	16%	14%	8%	5%	19%	8%	10%
Can't remember	8	4	4	7	1	-	-	2	-	2	-	-	2	2	-
	2%	3%	2%	4% b	1%	-	-	6%	-	7%	-	-	2%	3%	-

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Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

| | Total | Social Grade | | | | | | | | Ethnicity | | | | | | |
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	353	62	93	71	62	31	34	226	127	283	15	24	18	6	3	66
Total	334	60	97	65	55	25	32	222	112	271	14	23	15	5	2	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	282	44	81	56	49	22	29	182	100	238	10	15	10	4	2	41
	84%	74%	83%	87%	90%	89%	89%	82%	89%	88%	72%	67%	63%	67%	100%	68%
					a				a	g						
No	45	14	14	7	4	3	3	35	9	29	4	7	3	1	-	15
	13%	23%	14%	11%	7%	11%	10%	16%	8%	11%	28%	30%	22%	16%	-	25%
		dh						h								a
Can't remember	8	2	2	1	2	-	1	5	3	4	-	1	2	1	-	4
	2%	3%	2%	2%	4%	-	2%	2%	2%	1%	-	3%	15%	17%	-	6%
																a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	353	163	73	90	163	21	34	162	54	13	8	18	14	13	16	55
Total	334	140	77	96	173	18	33	156	50	13	6	15	10	11	21	52
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	282	118	65	80	145	14	28	133	42	9	4	13	10	10	19	41
	84%	84%	85%	83%	84%	76%	82%	85%	85%	71%	56%	87%	94%	89%	93%	80%
No	45	20	12	13	24	3	6	19	6	4	2	1	1	1	2	9
	13%	14%	15%	13%	14%	17%	18%	12%	13%	29%	32%	9%	6%	11%	7%	17%
Can't remember	8	2	-	4	4	1	-	4	1	-	1	1	-	-	-	1
	2%	1%	-	4%	2%	8%	-	3%	2%	-	11%	4%	-	-	-	3%

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Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	*c	*d	e	f	a	b	c	*d	e
Unweighted Total	353	129	82	37	13	119	142	127	98	28	9	126	136	49	154	127	23	304
Total	334	119	82	36	13	118	132	122	94	26	9	119	131	45	147	122	20	289
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	282	101	70	30	9	100	110	106	79	16	8	96	113	39	124	102	17	242
	84%	85%	85%	83%	68%	84%	83%	87%	85%	64%	85%	80%	87%	87%	84%	84%	84%	84%
No	45	16	12	5	2	18	18	15	11	9	1	19	17	5	22	15	2	39
	13%	14%	15%	15%	12%	15%	14%	13%	11%	33%	15%	16%	13%	12%	15%	12%	12%	14%
Can't remember	8	2	-	1	3	1	4	1	3	1	-	4	1	1	1	5	1	7
	2%	1%	-	2%	20%	1%	3%	1%	4%	3%	-	3%	1%	1%	1%	4%	4%	2%

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Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	353	125	173	72	67	24	202	144	15	285	68	301	49
Total	334	119	165	67	65	23	192	137	14	272	62	287	44
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	282	99	139	54	57	16	168	109	14	233	48	247	32
	84%	83%	84%	81%	87%	71%	88%	80%	100%	86%	78%	86%	72%
												b	
No	45	17	23	11	8	6	18	25	-	33	12	35	10
	13%	14%	14%	17%	13%	26%	10%	18%	-	12%	19%	12%	22%
								d					
Can't remember	8	3	4	1	-	1	5	2	-	6	2	5	3
	2%	3%	2%	2%	-	3%	3%	2%	-	2%	3%	2%	6%

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Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

| | Total | Number of days active | | | | | | | | NET 1-4 days | NET 5 + days | Life satisfaction score | | | | Covid-19 related worries | | | |
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	353	11	27	45	90	63	50	17	50	225	117	56	105	115	72	99	90	102	56
Total	334	8	25	41	85	60	47	16	51	211	114	54	96	110	69	92	85	97	55
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	282	5	19	34	70	56	39	15	43	180	97	43	79	97	60	73	71	84	51
	84%	58%	77%	83%	82%	93%	83%	92%	85%	85%	85%	79%	82%	88%	86%	79%	83%	87%	92%
						d													a
No	45	3	6	6	12	4	6	1	8	27	15	10	17	10	8	17	13	10	4
	13%	33%	23%	14%	14%	7%	13%	4%	15%	13%	13%	18%	17%	9%	12%	18%	15%	10%	8%
Can't remember	8	1	-	1	3	-	2	1	-	5	2	1	1	3	2	2	2	3	-
	2%	9%	-	3%	4%	-	4%	4%	-	2%	2%	2%	1%	3%	2%	3%	2%	3%	-

Q6G2.2. Indoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	353	192	102	58
Total	334	184	98	51
	100%	100%	100%	100%
Yes	282	157	80	45
	84%	85%	82%	88%
No	45	25	16	4
	13%	14%	16%	8%
Can't remember	8	3	2	2
	2%	1%	2%	4%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total	189	89	98	110	65	14	6	27	19	20	20	16	47	23	11
Total	172	78	92	92	63	17	5	22	19	14	16	20	45	20	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	126	58	66	68	47	12	5	16	14	9	11	12	36	15	7
	74%	74%	72%	73%	75%	70%	100%	73%	75%	60%	69%	60%	80%	77%	77%
No	37	16	21	21	14	2	-	5	4	3	5	8	8	3	1
	22%	20%	23%	23%	22%	13%	-	22%	19%	22%	31%	40%	17%	16%	15%
Can't remember	8	4	4	3	2	3	-	1	1	3	-	-	1	1	1
	5%	5%	4%	3%	4%	17%	-	5%	6%	19%	-	-	3%	7%	8%

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Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	189	30	42	48	29	25	15	120	69	130	13	24	12	3	2	54
Total	172	28	40	45	24	21	14	114	58	120	13	19	11	3	2	48
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	126	18	29	35	17	15	11	82	44	90	10	14	7	2	2	35
	74%	64%	73%	77%	74%	73%	83%	73%	76%	75%	73%	74%	68%	69%	100%	73%
No	37	8	8	10	6	4	1	27	11	24	4	5	2	1	-	11
	22%	28%	21%	23%	24%	18%	8%	23%	18%	20%	27%	26%	15%	31%	-	23%
Can't remember	8	2	2	-	1	2	1	5	4	7	-	-	2	-	-	2
	5%	8%	6%	-	2%	9%	9%	4%	6%	5%	-	-	17%	-	-	4%
		c														

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total	189	87	41	43	84	6	20	77	30	10	5	12	20	5	4	26
Total	172	71	42	44	86	5	19	72	27	8	5	9	16	5	6	24
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	126	49	29	37	66	4	11	62	18	4	4	5	13	2	4	14
	74%	69%	70%	83%	77%	69%	57%	86% d	68%	49%	69%	62%	79%	35%	76%	60%
No	37	17	10	6	17	2	8	8	7	3	2	1	3	2	1	10
	22%	25%	25%	15%	20%	31%	43%	11%	25%	38%	31%	16%	21%	39%	24%	40%
Can't remember	8	5	2	1	3	-	-	2	2	1	-	2	-	1	-	-
	5%	6%	5%	3%	4%	-	-	3%	7%	14%	-	22%	-	26%	-	-

Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total	189	54	38	34	10	72	64	50	48	30	8	78	58	19	78	73	19	170
Total	172	52	35	29	10	64	61	47	45	26	8	70	55	17	71	66	17	154
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	126	41	26	22	6	48	47	37	33	19	6	52	43	14	47	54	12	113
	74%	79%	75%	76%	62%	75%	76%	79%	74%	73%	74%	74%	78%	79%	66%	81% b	69%	73%
No	37	8	8	7	4	15	11	7	12	6	2	18	9	2	19	11	4	35
	22%	15%	23%	24%	38%	24%	19%	14%	26%	25%	26%	25%	16%	14%	27%	16%	27%	22%
Can't remember	8	3	1	-	-	1	3	3	-	1	-	1	3	1	5	2	1	7
	5%	6%	2%	-	-	1%	5%	7% e	-	2%	-	1%	6%	7%	6%	3%	4%	5%

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Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	189	83	79	49	36	21	87	96	9	153	36	147	38
Total	172	76	72	44	35	18	80	87	9	137	35	135	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	126	56	53	30	30	12	62	62	9	103	24	103	22
	74%	73%	75%	68%	87% a	65%	77%	71%	100%	75%	68%	76%	65%
No	37	17	14	11	5	6	14	21	-	28	9	25	10
	22%	23%	20%	25%	13%	31%	17%	24%	-	21%	25%	19%	31%
Can't remember	8	3	4	3	-	1	4	4	-	6	2	7	1
	5%	4%	5%	8%	-	4%	5%	5%	-	4%	7%	5%	4%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	189	2	11	38	55	32	27	4	20	136	51	43	52	68	23	45	63	55	23
Total	172	1	12	35	48	30	22	4	19	125	45	38	45	64	21	40	58	50	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	126	1	11	20	34	24	18	3	16	88	37	26	39	45	17	29	39	42	16
	74%	100%	92%	57%	69%	79%	80%	65%	86%	71%	81% c	67%	85% a	70%	81%	72%	67%	82%	79%
No	37	-	1	10	12	6	4	1	3	29	9	9	5	16	4	8	17	7	4
	22%	-	8%	28%	24%	21%	20%	35%	14%	23%	19%	23%	12%	25%	19%	20%	28% c	13%	21%
Can't remember	8	-	-	5	3	-	-	-	-	8	-	4	1	3	-	3	3	2	-
	5%	-	-	15% ej	7%	-	-	-	-	7%	-	10%	3%	5%	-	7%	5%	5%	-

Q6G2.3. Other indoor sports facilities: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	189	81	58	48
Total	172	75	52	44
	100%	100%	100%	100%
Yes	126	57	30	38
	74%	76%	58%	87%
		b		b
No	37	16	17	4
	22%	21%	33%	8%
			c	
Can't remember	8	2	5	2
	5%	2%	9%	5%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total	242	97	142	150	83	9	12	29	18	30	17	19	69	38	10
Total	220	85	133	130	80	10	10	23	18	22	13	23	68	33	10
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	171	68	101	103	61	7	8	17	13	17	11	17	55	26	8
	78%	80%	76%	79%	77%	62%	75%	72%	71%	77%	82%	74%	81%	79%	84%
No	40	15	25	22	14	4	2	6	3	4	2	5	12	5	2
	18%	17%	19%	17%	18%	38%	18%	24%	17%	18%	18%	20%	17%	17%	16%
Can't remember	10	2	7	5	4	-	1	1	2	1	-	1	2	2	-
	4%	2%	5%	4%	5%	-	8%	3%	12%	6%	-	6%	2%	5%	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	242	40	64	50	47	25	16	154	88	168	15	27	21	5	1	69
Total	220	39	63	47	38	19	14	149	71	152	15	24	20	4	1	64
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	171	32	45	41	31	14	8	118	53	124	12	16	13	4	-	45
	78%	81%	73%	88% bh	81%	72%	56%	80%	74%	82%	83%	66%	62%	100%	-	70%
No	40	7	14	5	5	4	5	25	14	24	2	7	6	-	-	15
	18%	17%	22%	10%	14%	22%	35%	17%	20%	15%	11%	29%	30%	-	-	23%
Can't remember	10	1	4	1	2	1	1	5	4	4	1	1	1	-	1	4
	4%	2%	6%	2%	5%	7%	9%	3%	6%	3%	6%	5%	7%	-	100%	7%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	*d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	242	101	49	68	117	18	31	113	29	12	3	12	18	5	1	49
Total	220	79	49	74	123	17	28	109	25	11	2	10	13	4	1	45
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	171	57	40	61	101	12	22	86	22	7	1	9	8	3	1	34
	78%	72%	81%	83%	82%	71%	78%	79%	87%	70%	36%	88%	57%	80%	100%	75%
No	40	19	8	10	19	4	5	18	2	3	1	1	4	1	-	10
	18%	24%	16%	14%	15%	24%	20%	17%	10%	30%	64%	7%	27%	20%	-	21%
Can't remember	10	3	1	2	4	1	1	4	1	-	-	1	2	-	-	2
	4%	4%	3%	3%	3%	6%	2%	4%	3%	-	-	5%	16%	-	-	4%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total	242	82	56	28	16	84	98	77	68	28	11	96	88	20	98	96	28	222
Total	220	75	54	24	16	78	90	73	61	25	11	86	84	16	87	92	26	205
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	171	63	42	18	11	60	74	62	47	20	7	67	69	11	65	77	18	160
	78%	84%	79%	73%	72%	77%	82%	85%	78%	81%	64%	79%	82%	70%	75%	83%	71%	78%
No	40	10	9	6	3	15	13	8	12	4	4	16	12	3	19	10	7	36
	18%	13%	17%	27%	19%	20%	14%	10%	20%	16%	36%	19%	14%	21%	22%	11%	26%	18%
																c		
Can't remember	10	2	2	-	1	2	3	4	2	1	-	2	4	1	2	5	1	8
	4%	3%	4%	-	9%	3%	4%	5%	3%	3%	-	3%	4%	8%	3%	6%	3%	4%

Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	242	103	109	58	41	23	128	108	12	205	37	201	36
Total	220	97	97	53	38	19	119	96	11	186	34	184	31
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	171	83	71	46	29	13	94	75	11	145	26	152	19
	78%	85%	73%	87%	77%	69%	79%	78%	94%	78%	75%	83%	59%
		b										b	
No	40	14	20	6	9	4	19	18	1	32	8	25	11
	18%	14%	21%	11%	23%	23%	16%	19%	6%	17%	23%	14%	35%
													a
Can't remember	10	1	6	1	-	2	6	3	-	9	1	6	2
	4%	1%	6%	3%	-	9%	5%	3%	-	5%	2%	3%	5%
			a										

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Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	242	5	17	32	73	41	38	13	23	163	74	40	80	71	44	51	69	81	36
Total	220	4	15	30	66	36	38	10	21	148	69	37	70	66	40	44	65	74	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	171	1	9	22	49	33	34	7	16	112	57	26	56	53	35	26	54	59	31
	78%	40%	62%	73%	74%	89%	90%	70%	77%	76%	83%	70%	80%	79%	87%	59%	83%	80%	92%
						d	d										a	a	a
No	40	1	5	8	13	4	3	3	3	30	9	9	11	14	3	17	8	13	2
	18%	38%	33%	25%	20%	11%	8%	30%	12%	20%	13%	24%	16%	21%	9%	38%	12%	17%	5%
																bcd			
Can't remember	10	1	1	1	4	-	1	-	2	6	3	2	3	-	2	1	4	2	1
	4%	21%	6%	2%	6%	-	2%	-	12%	4%	5%	7%	4%	-	4%	3%	6%	3%	3%
												c							

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Q6G2.21. Outdoor exercise classes: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	242	139	65	36
Total	220	128	59	32
	100%	100%	100%	100%
Yes	171	106	40	24
	78%	83%	67%	76%
		b		
No	40	16	17	6
	18%	13%	29%	20%
			a	
Can't remember	10	5	2	1
	4%	4%	4%	5%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total	352	175	176	197	119	36	10	47	27	47	39	23	78	58	23
Total	326	160	165	165	117	44	7	42	27	36	31	28	76	53	26
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	260	129	131	135	90	35	7	31	21	28	23	22	64	41	22
	80%	80%	79%	81%	77%	81%	100%	76%	78%	77%	73%	78%	84%	78%	84%
No	58	26	31	28	24	6	-	8	6	6	8	6	11	10	3
	18%	16%	19%	17%	20%	14%	-	20%	22%	17%	27%	22%	14%	18%	11%
Can't remember	8	6	3	2	4	2	-	2	-	2	-	-	1	2	1
	3%	4%	2%	1%	3%	5%	-	5%	-	7%	-	-	1%	4%	4%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total	352	62	99	70	52	38	31	231	121	262	12	41	22	6	6	87
Total	326	58	97	64	44	31	32	219	107	246	10	36	19	7	6	77
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	260	48	73	53	37	25	22	174	85	201	9	26	12	7	3	56
	80%	82%	76%	83%	85%	82%	70%	80%	80%	82%	83%	74%	62%	100%	52%	73%
No	58	9	22	11	6	4	7	42	16	40	2	9	6	-	2	18
	18%	15%	22%	17%	14%	11%	21%	19%	15%	16%	17%	24%	30%	-	34%	23%
Can't remember	8	1	2	-	1	2	3	3	5	5	-	1	2	-	1	3
	3%	2%	2%	-	1%	6%	9%	1%	5%	2%	-	2%	8%	-	14%	4%
						c	cg									

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Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	352	160	72	87	159	17	40	161	42	16	12	14	26	11	13	57
Total	326	137	73	92	164	13	36	152	39	15	11	12	21	10	17	50
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	260	111	53	76	129	12	28	128	28	12	8	7	15	5	15	41
	80%	81%	73%	83%	79%	90%	78%	84%	72%	77%	74%	59%	75%	55%	92%	81%
No	58	22	18	13	31	1	8	23	8	3	3	2	5	4	1	9
	18%	16%	24%	15%	19%	10%	22%	15%	21%	23%	26%	14%	23%	36%	8%	19%
Can't remember	8	4	2	2	4	-	-	1	3	-	-	3	1	1	-	-
	3%	3%	3%	2%	2%	-	-	1%	7% c	-	-	27%	3%	8%	-	-

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Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	352	123	89	38	8	127	131	117	88	42	14	130	131	31	143	148	30	321
Total	326	115	86	33	7	119	122	109	82	40	13	122	122	27	134	140	26	299
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	260	101	64	24	6	88	107	96	64	28	10	92	106	20	107	112	21	240
	80%	88%	74%	73%	84%	74%	87%	88%	79%	68%	76%	75%	87%	75%	80%	80%	80%	80%
		bce					bce	ce					ce					
No	58	12	21	9	1	30	14	12	17	11	3	27	16	5	25	24	4	53
	18%	11%	24%	27%	16%	25%	11%	11%	20%	27%	24%	22%	13%	18%	19%	17%	17%	18%
			af	af		af				af		af						
Can't remember	8	2	1	-	-	1	2	1	1	2	-	3	1	2	2	4	1	7
	3%	1%	1%	-	-	1%	1%	1%	1%	5%	-	2%	1%	7%	2%	3%	3%	2%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	352	125	189	76	53	25	205	141	11	289	63	304	44
Total	326	117	177	70	49	22	193	128	10	268	58	284	39
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	260	96	139	56	44	17	150	105	10	212	47	234	24
	80%	82%	78%	80%	91%	77%	78%	82%	100%	79%	81%	82%	61%
					d							b	
No	58	18	35	11	5	5	38	20	-	49	9	43	14
	18%	15%	20%	16%	9%	23%	19%	16%	-	18%	16%	15%	36%
													a
Can't remember	8	3	3	3	-	-	5	3	-	7	2	7	1
	3%	3%	2%	4%	-	-	3%	2%	-	2%	3%	3%	3%

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Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	*a 0	*b 1	c 2	d 3	e 4	f 5	*g 6	h 7	NET 1-4 days i	NET 5 + days j	0-4 (low) a	5-6 (medium) b	7-8 (high) c	9-10 (very high) d	0-4 (not worried) a	5-6 (medium) b	7-8 (very worried) c	9-10 (most worried) d
					Number of days active								Life satisfaction score				Covid-19 related worries		
Significance Level: 95%																			
Unweighted Total	352	4	26	46	83	71	65	12	45	226	122	61	112	110	65	99	106	99	45
Total	326 100%	4 100%	25 100%	43 100%	74 100%	65 100%	60 100%	11 100%	45 100%	206 100%	116 100%	53 100%	102 100%	106 100%	62 100%	92 100%	101 100%	88 100%	42 100%
Yes	260 80%	4 100%	19 78%	29 67%	56 76%	52 81%	51 85% c	10 90%	39 85%	157 76%	100 86% ci	39 74%	83 82%	84 80%	50 80%	68 74%	79 79%	75 85% a	35 84%
No	58 18%	- -	3 14%	12 27% j	16 21%	12 18%	8 14%	1 10%	6 13%	43 21%	15 13%	9 18%	16 15%	21 19%	12 20%	20 22%	20 20%	12 13%	6 14%
Can't remember	8 3%	- -	2 8%	2 6%	2 3%	1 1%	1 1%	- -	1 2%	7 3%	1 1%	4 8% cd	3 3%	1 1%	- -	4 5%	1 1%	1 1%	1 2%

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Q6G2.22. Outdoor sports facilities (e.g. courts and pitches): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	352	191	95	64
Total	326	174	92	58
	100%	100%	100%	100%
Yes	260	145	74	40
	80%	84%	80%	68%
		c		
No	58	27	16	14
	18%	16%	17%	24%
Can't remember	8	1	3	5
	3%	1%	3%	8%
				a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total	230	95	133	144	62	24	15	29	15	32	14	9	63	35	18
Total	215	88	125	124	60	32	12	24	17	24	12	11	66	30	19
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	167	68	97	98	45	24	9	19	13	20	9	8	54	23	13
	78%	77%	78%	80%	75%	76%	76%	79%	77%	82%	73%	69%	82%	77%	68%
No	47	19	28	24	15	7	3	5	4	3	3	4	12	7	6
	22%	21%	22%	19%	25%	24%	24%	21%	23%	13%	27%	31%	18%	23%	32%
Can't remember	1	1	-	1	-	-	-	-	-	1	-	-	-	-	-
	1%	1%	-	1%	-	-	-	-	-	5%	-	-	-	-	-

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	230	42	58	56	39	21	14	156	74	170	13	23	14	5	2	57
Total	215	39	62	52	32	19	12	152	63	161	12	22	12	4	2	51
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	167	29	49	39	26	12	11	118	50	131	9	15	9	2	2	36
	78%	74%	80%	76%	82%	67%	91%	77%	79%	81%	73%	66%	78%	55%	100%	71%
No	47	10	12	12	6	6	1	35	12	30	3	7	2	2	-	14
	22%	26%	20%	24%	18%	30%	5%	23%	19%	19%	27%	31%	18%	45%	-	27%
Can't remember	1	-	-	-	-	1	1	-	1	-	-	1	1	-	-	1
	1%	-	-	-	-	4%	5%	-	2%	-	-	3%	5%	-	-	2%
																a

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	230	102	45	59	104	11	28	91	41	10	6	11	17	7	8	39
Total	215	86	47	63	110	9	26	87	38	10	7	9	14	6	9	35
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	167	70	37	48	85	8	19	70	26	9	4	8	11	2	9	28
	78%	81%	78%	76%	77%	92%	75%	80%	69%	91%	50%	94%	83%	27%	100%	80%
No	47	16	10	14	24	1	6	17	11	1	4	-	2	4	-	7
	22%	18%	22%	23%	22%	8%	25%	20%	29%	9%	50%	-	17%	73%	-	20%
Can't remember	1	1	-	1	1	-	-	-	1	-	-	1	-	-	-	-
	1%	1%	-	1%	1%	-	-	-	2%	-	-	6%	-	-	-	-

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Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total	230	73	63	22	15	85	88	68	62	34	8	96	76	24	89	95	22	206
Total	215	69	61	22	15	82	84	64	62	32	8	93	72	24	83	90	19	191
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	167	58	44	13	11	57	69	54	45	22	4	67	58	18	62	73	15	150
	78%	84%	72%	62%	74%	69%	83%	84%	73%	70%	53%	72%	81%	72%	75%	81%	81%	78%
		e					e											
No	47	11	16	8	4	25	15	10	16	9	4	25	14	6	21	17	3	40
	22%	16%	27%	38%	26%	30%	17%	16%	27%	28%	47%	27%	19%	25%	25%	19%	15%	21%
						a												
Can't remember	1	-	1	-	-	1	-	-	-	1	-	1	-	1	-	-	1	1
	1%	-	1%	-	-	1%	-	-	-	2%	-	1%	-	2%	-	-	4%	*

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Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	230	95	107	45	45	23	127	98	11	190	40	187	38
Total	215	88	99	41	42	23	119	92	10	181	34	176	35
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	167	76	71	33	33	17	97	68	10	144	23	140	25
	78%	86%	72%	80%	77%	75%	81%	74%	100%	80%	68%	80%	71%
		b											
No	47	11	28	8	10	5	22	22	-	36	10	34	10
	22%	13%	28%	19%	23%	22%	19%	24%	-	20%	30%	20%	29%
			a										
Can't remember	1	1	-	1	-	1	-	1	-	1	1	1	-
	1%	1%	-	1%	-	3%	-	1%	-	*	2%	1%	-

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	230	3	13	34	72	52	26	8	22	171	56	38	73	66	48	56	82	61	28
Total	215	2	12	30	68	51	23	7	22	161	52	38	67	62	44	51	76	62	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	167	1	11	23	51	38	16	6	20	123	43	24	49	53	38	42	55	49	21
	78%	65%	91%	77%	75%	74%	71%	86%	93%	77%	82%	64%	73%	85% a	87% a	83%	73%	79%	83%
No	47	1	1	6	16	13	7	1	2	37	9	13	18	9	5	8	20	13	4
	22%	35%	9%	21%	24%	26%	29%	14%	7%	23%	18%	35% cd	27% d	15%	12%	16%	26%	21%	17%
Can't remember	1	-	-	1	1	-	-	-	-	1	-	1	-	-	1	1	1	-	-
	1%	-	-	2%	1%	-	-	-	-	1%	-	1%	-	-	2%	1%	1%	-	-

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Q6G2.23. Outdoor swimming pools: Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	230	126	61	43
Total	215	119	56	40
	100%	100%	100%	100%
Yes	167	102	38	27
	78%	85%	69%	68%
		bc		
No	47	17	17	12
	22%	15%	30%	31%
			a	a
Can't remember	1	-	1	1
	1%	-	1%	2%

Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	*c	*a	b	*c	*d	e	*f	g	h	*i
Unweighted Total	260	109	149	138	93	29	12	39	23	28	30	17	43	51	17
Total	242	97	143	116	90	36	10	38	24	22	22	21	42	45	18
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	158	62	96	73	59	27	5	27	17	15	12	13	27	30	12
	65%	64%	67%	63%	65%	75%	57%	70%	72%	70%	56%	59%	64%	67%	67%
No	65	27	37	37	22	6	4	8	7	5	6	7	12	10	5
	27%	28%	26%	32%	24%	16%	43%	22%	28%	24%	25%	33%	29%	23%	29%
Can't remember	19	8	10	6	10	3	-	3	-	1	4	2	3	4	1
	8%	8%	7%	5%	11%	9%	-	9%	-	6%	19%	8%	7%	10%	4%

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Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		*a	b	c	d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total	260	29	59	62	52	32	26	150	110	198	10	22	22	3	1	58
Total	242	27	57	57	46	28	26	141	101	188	9	19	19	3	1	50
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	158	19	38	32	33	20	16	89	69	132	4	10	9	3	1	27
	65%	70%	66%	57%	72%	72%	60%	63%	69%	70% g	49%	53%	48%	100%	100%	54%
No	65	7	14	21	11	5	7	42	23	45	3	7	8	-	-	19
	27%	26%	24%	36%	23%	19%	27%	29%	23%	24%	37%	38%	45%	-	-	38% a
Can't remember	19	1	5	4	2	2	4	11	8	11	1	2	1	-	-	4
	8%	5%	10%	7%	4%	9%	14%	8%	8%	6%	15%	9%	7%	-	-	8%

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Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	260	122	56	56	112	10	26	98	49	10	5	13	25	10	14	36
Total	242	104	60	57	117	9	24	91	44	9	5	12	19	9	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	158	64	43	38	81	6	18	63	29	3	5	7	10	4	14	24
	65%	62%	72%	66%	69%	68%	75%	69%	65%	30%	89%	60%	52%	47%	70%	73%
No	65	33	15	13	28	3	6	23	10	5	-	2	8	4	4	9
	27%	32%	24%	23%	24%	32%	25%	25%	22%	58%	-	18%	43%	45%	21%	27%
Can't remember	19	7	2	6	9	-	-	5	6	1	1	3	1	1	2	-
	8%	7%	4%	11%	7%	-	-	6%	13% k	11%	11%	23%	5%	7%	9%	-

Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total	260	80	57	26	15	83	95	77	60	33	11	93	88	29	118	94	19	231
Total	242	75	53	23	14	76	88	71	55	30	11	85	82	27	110	89	16	215
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	158	54	40	12	8	52	62	49	40	18	8	57	57	16	70	62	10	142
	65%	73%	75%	53%	56%	68%	70%	69%	72%	59%	74%	68%	70%	60%	64%	69%	62%	66%
No	65	16	10	9	4	19	21	19	11	8	2	20	21	9	33	18	5	56
	27%	22%	19%	37%	31%	25%	23%	27%	21%	28%	19%	23%	26%	32%	30%	20%	28%	26%
Can't remember	19	4	3	2	2	6	6	3	4	4	1	8	4	2	6	9	2	17
	8%	5%	6%	10%	13%	7%	6%	4%	7%	13%	7%	9%	4%	7%	6%	10%	10%	8%

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Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	260	84	138	59	45	14	144	106	10	212	48	209	45
Total	242	80	127	55	44	12	133	100	9	200	42	196	40
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	158	59	80	34	32	4	93	62	7	136	23	140	17
	65%	74%	63%	62%	74%	35%	70%	62%	79%	68%	54%	71%	44%
												b	
No	65	14	41	17	10	6	34	30	2	52	13	49	14
	27%	17%	32%	30%	23%	48%	26%	30%	21%	26%	31%	25%	36%
			a										
Can't remember	19	7	6	5	1	2	6	8	-	12	7	7	8
	8%	9%	5%	8%	3%	17%	4%	8%	-	6%	16%	4%	21%
											a		a

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Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	260	10	14	55	51	44	47	13	26	164	86	53	91	79	33	60	80	88	29
Total	242	8	12	49	45	44	44	12	28	150	83	48	82	78	32	55	75	83	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	158	6	7	28	26	33	34	5	19	95	58	27	46	58	26	27	48	59	24
	65%	66%	59%	58%	58%	77%	77% cd	47%	66%	63%	69%	57%	57%	75% ab	83% ab	49%	64%	71%	89% a
No	65	2	4	18	13	6	7	6	8	42	21	14	27	19	5	22	21	20	2
	27%	25%	36%	37% ef	29%	14%	15%	53%	28%	28%	25%	29%	34% d	24%	15%	40% c	28%	24%	9%
Can't remember	19	1	1	2	6	4	4	-	2	13	5	6	8	1	1	6	6	4	1
	8%	9%	5%	5%	13%	9%	8%	-	6%	9%	6%	13% c	10% c	1%	2%	11%	8%	5%	2%

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Q6G2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): Did you notice any Covid-19 safety measures that were in place at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	260	114	67	76
Total	242	104	64	70
	100%	100%	100%	100%
Yes	158	75	39	45
	65%	72%	60%	64%
No	65	20	20	24
	27%	19%	31%	35%
				a
Can't remember	19	9	5	1
	8%	9%	8%	1%
		c		

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Q19A. SUMMARY: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	182	168	46	19	5	350	65
	100%	43%	40%	11%	5%	1%	83%	15%
Outdoor swimming pools	215	85	93	27	6	3	179	34
	100%	40%	43%	13%	3%	1%	83%	16%
Indoor swimming pools	334	152	115	46	13	8	267	59
	100%	45%	34%	14%	4%	2%	80%	18%
Outdoor exercise classes	220	99	74	36	8	3	173	44
	100%	45%	33%	16%	4%	1%	78%	20%
Outdoor sports facilities (e.g. courts and pitches)	326	123	130	53	16	5	253	68
	100%	38%	40%	16%	5%	1%	78%	21%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	86	95	35	18	8	181	53
	100%	35%	39%	14%	7%	3%	75%	22%
Other indoor sports facilities	172	56	70	30	9	7	126	38
	100%	33%	41%	17%	5%	4%	73%	22%

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Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Gender Male	Gender Female	Age 16-34	Age 35-54	Age 55+	Region North East	Region North West	Region Yorkshire and the Humber	Region West Midlands	Region East Midlands	Region East of England	Region London	Region South East	Region South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	*f	g	h	*i
Unweighted Total		457	194	262	248	169	40	33	60	35	69	45	28	95	67	25
Total		420	172	247	206	166	48	28	54	36	51	35	34	95	62	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	182	66	116	97	65	21	11	17	11	20	19	17	45	32	10
		43%	38%	47%	47%	39%	44%	41%	32%	30%	39%	55% bc	50%	47%	53% bc	37%
Tend to agree	(3.0)	168	75	92	73	76	19	11	28	19	23	9	11	36	19	13
		40%	43%	37%	35%	46% a	40%	41%	52% eh	51% e	44% e	25%	32%	38%	31%	50%
Tend to disagree	(2.0)	46	20	25	25	17	4	4	7	5	6	5	2	9	5	3
		11%	12%	10%	12%	10%	8%	15%	13%	13%	11%	14%	7%	9%	9%	10%
Strongly disagree	(1.0)	19	8	11	8	7	4	1	2	1	3	1	3	6	4	-
		5%	5%	4%	4%	4%	8%	3%	3%	3%	6%	2%	8%	6%	6%	-
Don't know		5	3	3	3	2	-	-	-	1	-	1	1	-	1	1
		1%	2%	1%	2%	1%	-	-	-	2%	-	4%	4%	-	2%	3%
NET: Agree		350	141	208	169	141	40	23	45	30	43	28	27	80	52	22
		83%	82%	84%	82%	84%	84%	82%	84%	81%	83%	80%	81%	85%	84%	87%
NET: Disagree		65	29	36	33	24	8	5	9	6	9	6	5	14	9	3
		15%	17%	15%	16%	14%	16%	18%	16%	16%	17%	16%	15%	15%	14%	10%
Base for stats		415	170	244	202	165	48	28	54	36	51	34	32	95	61	25
Mean Score		3.24	3.17	3.28	3.28	3.20	3.19	3.21	3.13	3.11	3.16	3.38	3.28	3.26	3.33	3.28
Standard Deviation		.824	.824	.824	.829	.792	.915	.809	.745	.762	.851	.822	.934	.860	.874	.652
Standard Error		.039	.060	.051	.053	.061	.145	.141	.096	.131	.102	.125	.180	.088	.108	.133
Error variance		*	*	*	*	*	.02	.02	.01	.02	.01	.02	.03	.01	.01	.02

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Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Social Grade									Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		457	83	125	97	68	43	41	305	152	331	19	64	28	5	5	121
Total		420	78	122	88	56	35	41	287	133	307	17	57	25	5	5	108
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	182	29	50	38	32	17	17	116	66	134	7	22	11	1	4	45
		43%	37%	41%	43%	57% abg	48%	41%	40%	50%	44%	42%	39%	43%	22%	83%	42%
Tend to agree	(3.0)	168	35	54	33	17	14	14	122	45	127	5	24	7	3	1	40
		40%	46%	44%	38%	30%	40%	34%	43%	34%	41%	29%	42%	29%	60%	17%	37%
Tend to disagree	(2.0)	46	10	11	14	6	3	3	34	12	30	1	8	5	1	-	15
		11%	12%	9%	16%	10%	8%	7%	12%	9%	10%	7%	15%	20%	18%	-	14%
Strongly disagree	(1.0)	19	4	6	1	1	1	5	12	7	10	4	2	2	-	-	8
		5%	5%	5%	2%	1%	4%	13% cdg	4%	5%	3%	22%	4%	7%	-	-	7%
Don't know		5	-	1	2	1	-	2	3	3	5	-	-	-	-	-	-
		1%	-	1%	2%	1%	-	5% ag	1%	2%	2%	-	-	-	-	-	-
NET: Agree		350	64	104	71	49	31	31	239	111	262	12	46	18	4	5	85
		83%	82%	85%	81%	88%	88%	75%	83%	84%	85%	71%	81%	72%	82%	100%	78%
NET: Disagree		65	14	17	15	6	4	8	46	19	41	5	11	7	1	-	23
		15%	18%	14%	17%	11%	12%	20%	16%	14%	13%	29%	19%	28%	18%	-	22% a
Base for stats		415	78	121	86	56	35	39	285	130	302	17	57	25	5	5	108
Mean Score		3.24	3.14	3.21	3.25	3.46 abfg	3.32	3.09	3.20	3.31	3.28	2.91	3.16	3.08	3.04	3.83	3.13
Standard Deviation		.824	.830	.821	.779	.728	.790	1.029	.810	.853	.779	1.205	.835	.983	.707	.424	.920
Standard Error		.039	.091	.074	.080	.089	.120	.165	.047	.070	.043	.276	.104	.186	.316	.190	.084
Error variance		*	.01	.01	.01	.01	.01	.03	*	*	*	.08	.01	.03	.10	.04	.01

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Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total		457	207	103	106	209	24	55	196	64	17	11	16	39	19	16	79
Total		420	171	106	111	217	21	49	183	57	17	10	13	31	18	20	70
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	182	82	44	42	86	9	22	82	22	5	6	5	15	8	8	31
		43%	48%	41%	38%	39%	44%	45%	45%	39%	28%	55%	41%	48%	46%	40%	45%
Tend to agree	(3.0)	168	61	43	54	96	8	18	76	27	6	3	5	9	6	10	26
		40%	36%	40%	48%	44%	35%	37%	42%	48%	35%	30%	35%	31%	31%	49%	36%
					a												
Tend to disagree	(2.0)	46	21	8	12	20	2	7	16	7	4	2	2	4	2	-	9
		11%	12%	8%	11%	9%	9%	14%	8%	12%	26%	15%	18%	14%	10%	-	12%
Strongly disagree	(1.0)	19	6	8	4	12	2	2	8	-	2	-	1	2	1	2	4
		5%	3%	8%	4%	6%	9%	4%	4%	-	10%	-	6%	5%	6%	11%	6%
Don't know		5	1	3	-	3	1	-	2	1	-	-	-	1	1	-	1
		1%	*	3%	-	1%	4%	-	1%	1%	-	-	-	3%	7%	-	1%
NET: Agree		350	143	86	95	182	17	40	158	49	11	9	10	24	14	18	57
		83%	84%	82%	86%	84%	79%	82%	86%	86%	64%	85%	76%	78%	77%	89%	81%
NET: Disagree		65	27	16	16	32	4	9	23	7	6	2	3	6	3	2	13
		15%	16%	15%	14%	15%	17%	18%	13%	12%	36%	15%	24%	19%	16%	11%	18%
Base for stats		415	170	103	111	214	21	49	181	56	17	10	13	30	17	20	70
Mean Score		3.24	3.29	3.19	3.20	3.19	3.18	3.22	3.28	3.27	2.82	3.40	3.12	3.24	3.25	3.19	3.21
Standard Deviation		.824	.812	.891	.769	.828	.956	.853	.795	.673	.985	.772	.930	.903	.928	.918	.878
Standard Error		.039	.057	.089	.075	.058	.199	.115	.057	.085	.239	.233	.233	.146	.219	.229	.099
Error variance		*	*	.01	.01	*	.04	.01	*	.01	.06	.05	.05	.02	.05	.05	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	457	162	108	45	13	153	175	163	104	53	11	157	174	46	194	181	36	411
Total	420	150	99	42	12	141	162	152	94	49	11	143	163	39	179	171	31	381
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	182	66	42	16	8	58	74	64	44	20	6	64	70	21	73	80	8	161
	43%	44%	43%	38%	67%	41%	45%	42%	47%	40%	55%	44%	43%	54% d	41%	47% d	27%	42%
Tend to agree (3.0)	168	64	40	18	2	58	66	69	34	19	4	53	73	13	76	66	13	155
	40%	43%	41%	43%	13%	41%	41%	46%	36%	38%	35%	37%	45%	33%	42%	39%	42%	41%
Tend to disagree (2.0)	46	15	11	7	2	18	17	13	11	10	1	21	14	3	16	21	6	43
	11%	10%	11%	17%	15%	13%	11%	9%	12%	20% af	9%	15%	9%	7%	9%	12%	18%	11%
Strongly disagree (1.0)	19	3	5	1	1	6	4	4	5	1	-	6	4	2	12	1	4	17
	5%	2%	5%	2%	5%	4%	2%	3%	6%	2%	-	4%	3%	5% c	7% c	*	13% ce	4% c
Don't know	5	2	-	-	-	-	2	2	-	-	-	-	2	-	2	3	-	5
	1%	1%	-	-	-	-	1%	1%	-	-	-	-	1%	-	1%	2%	-	1%
NET: Agree	350	130	82	34	10	116	140	133	78	39	10	116	143	34	148	146	22	316
	83%	87%	83%	81%	79%	83%	86%	87%	83%	78%	91%	81%	88%	87%	83%	85% d	69%	83% d
NET: Disagree	65	19	16	8	3	24	21	18	16	11	1	27	19	5	29	21	10	60
	15%	12%	17%	19%	21%	17%	13%	12%	17%	22% f	9%	19%	11%	13%	16%	13%	31% bce	16%
Base for stats	415	148	99	42	12	141	161	151	94	49	11	143	161	39	177	167	31	375
Mean Score	3.24	3.29	3.21	3.16	3.41	3.20	3.30	3.28	3.24	3.16	3.46	3.21	3.29	3.36 d	3.18	3.35 bd	2.84	3.23 d
Standard Deviation	.824	.744	.849	.788	.969	.829	.760	.740	.871	.813	.692	.849	.736	.851	.868	.708	.982	.821
Standard Error	.039	.059	.082	.117	.269	.067	.058	.058	.085	.112	.209	.068	.056	.126	.063	.053	.164	.041
Error variance	*	*	.01	.01	.07	*	*	*	.01	.01	.04	*	*	.02	*	*	.03	*

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		457	140	262	102	61	22	284	163	19	394	63	395	56
Total		420	131	242	93	55	19	264	147	18	364	56	365	49
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	182	55	103	46	29	5	114	67	13	159	23	161	19
		43%	42%	42%	49%	53%	24%	43%	46%	73%	44%	41%	44%	38%
Tend to agree	(3.0)	168	56	98	33	22	8	106	57	5	147	20	145	21
		40%	43%	41%	36%	41%	39%	40%	39%	27%	40%	36%	40%	43%
Tend to disagree	(2.0)	46	14	27	10	2	7	27	19	-	37	9	38	8
		11%	10%	11%	11%	4%	37%	10%	13%	-	10%	16%	10%	16%
Strongly disagree	(1.0)	19	5	10	3	1	-	12	5	-	15	4	16	1
		5%	4%	4%	4%	2%	-	5%	3%	-	4%	7%	4%	3%
Don't know		5	1	4	-	-	-	4	-	-	5	-	5	-
		1%	1%	2%	-	-	-	2%	-	-	1%	-	1%	-
NET: Agree		350	111	201	79	51	12	220	123	18	307	43	306	40
		83%	85%	83%	85%	94% d	63%	83%	84%	100%	84%	77%	84%	81%
NET: Disagree		65	19	37	14	3	7	39	23	-	52	13	53	9
		15%	14%	15%	15%	6%	37%	15%	16%	-	14%	23%	15%	19%
Base for stats		415	130	238	93	55	19	259	147	18	359	56	359	49
Mean Score		3.24	3.24	3.23	3.31	3.45	2.86	3.24	3.26	3.73	3.26	3.11	3.26	3.16
Standard Deviation		.824	.794	.812	.816	.684	.789	.826	.803	.457	.808	.919	.815	.807
Standard Error		.039	.067	.051	.081	.088	.168	.049	.063	.105	.041	.116	.041	.108
Error variance		*	*	*	.01	.01	.03	*	*	.01	*	.01	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Number of days active										Life satisfaction score				Covid-19 related worries			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		457	5	16	70	116	95	81	26	48	297	155	85	151	132	79	140	126	125	63
Total		420	4	14	63	107	88	73	24	47	273	144	78	137	123	73	123	120	114	60
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	182	1	6	22	47	33	34	10	29	109	72	31	54	55	40	46	47	52	36
		43%	40%	40%	35%	44%	38%	46%	42%	61% cei	40%	50% ci	40%	40%	44%	55% b	37%	40%	45%	60% ab
Tend to agree	(3.0)	168	2	6	25	38	41	34	10	12	110	56	33	60	47	27	49	52	49	17
		40%	42%	42%	39%	36%	46% h	47% h	44%	25%	40% h	39%	43%	44%	38%	37%	40%	43%	43%	29%
Tend to disagree	(2.0)	46	1	1	12	13	9	3	2	4	35	10	9	15	16	4	15	17	9	5
		11%	19%	9%	19% fj	12%	10%	4%	11%	9%	13% fj	7%	12%	11%	13%	5%	12%	14%	8%	9%
Strongly disagree	(1.0)	19	-	1	3	6	5	2	1	1	15	4	3	8	5	1	9	3	4	2
		5%	-	8%	5%	6%	6%	3%	3%	2%	6%	3%	3%	6%	4%	2%	8%	3%	4%	3%
Don't know		5	-	-	1	3	-	-	-	2	4	2	1	-	-	1	4	-	-	-
		1%	-	-	2%	2%	-	-	-	3%	1%	1%	2%	-	-	1%	3% bc	-	-	-
NET: Agree		350	3	12	47	86	74	68	20	40	218	128	65	114	102	67	95	99	101	53
		83%	81%	83%	74%	80%	84%	93% cdi	86%	86%	80%	89% cdi	83%	83%	83%	92%	77%	83%	89% a	88%
NET: Disagree		65	1	2	15	19	14	5	3	5	51	13	12	23	21	5	24	20	13	7
		15%	19%	17%	24% fj	18% fj	16%	7%	14%	11%	19% fj	9%	15%	17% d	17% d	7%	20%	17%	11%	12%
Base for stats		415	4	14	62	104	88	73	24	45	269	142	77	137	123	72	119	120	114	60
Mean Score		3.24	3.21	3.15	3.05	3.22	3.17	3.36 ci	3.25	3.50 cei	3.16	3.39 cei	3.22	3.17	3.23	3.46 abc	3.10	3.20	3.30	3.45 ab
Standard Deviation		.824	.858	.928	.879	.875	.827	.702	.791	.743	.861	.731	.792	.842	.836	.696	.906	.784	.776	.783
Standard Error		.039	.384	.232	.106	.082	.085	.078	.155	.110	.050	.059	.086	.069	.073	.079	.078	.070	.069	.099
Error variance		*	.15	.05	.01	.01	.01	.01	.02	.01	*	*	.01	*	.01	.01	.01	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		457	269	118	69
Total		420	248	108	63
		100%	100%	100%	100%
Strongly agree	(4.0)	182	127	30	24
		43%	51%	28%	39%
			b		
Tend to agree	(3.0)	168	87	54	27
		40%	35%	50%	42%
				a	
Tend to disagree	(2.0)	46	18	18	9
		11%	7%	17%	15%
				a	
Strongly disagree	(1.0)	19	12	5	2
		5%	5%	5%	4%
Don't know		5	4	1	-
		1%	2%	1%	-
NET: Agree		350	214	85	51
		83%	86%	78%	81%
			b		
NET: Disagree		65	30	23	12
		15%	12%	21%	19%
				a	
Base for stats		415	244	108	63
Mean Score		3.24	3.35	3.02	3.16
			b		
Standard Deviation		.824	.816	.801	.823
Standard Error		.039	.050	.074	.099
Error variance		*	*	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total		353	138	213	186	128	39	21	43	29	41	34	22	79	61	23
Total		334	127	205	162	125	47	18	36	31	33	27	30	78	55	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	152	56	94	73	54	24	7	17	16	10	13	16	38	23	12
		45%	44%	46%	45%	44%	51%	42%	48%	50%	29%	49%	52%	48% d	42%	48%
Tend to agree	(3.0)	115	44	71	51	47	17	5	12	10	19	9	11	21	17	11
		34%	35%	34%	32%	38%	35%	28%	33%	31%	57% bgh	35%	36%	27%	31%	44%
Tend to disagree	(2.0)	46	18	28	27	18	1	2	4	4	4	4	4	13	8	2
		14%	14%	14%	17% c	14% c	2%	13%	12%	13%	14%	13%	12%	16%	15%	9%
Strongly disagree	(1.0)	13	7	6	7	2	4	2	1	1	-	1	-	5	4	-
		4%	6%	3%	4%	2%	9% b	12%	2%	4%	-	3%	-	6%	7%	-
Don't know		8	1	6	3	3	2	1	2	1	-	-	-	2	2	-
		2%	1%	3%	2%	3%	4%	5%	5%	3%	-	-	-	3%	4%	-
NET: Agree		267	100	165	125	102	41	12	29	25	28	23	26	59	40	24
		80%	79%	80%	77%	81%	86%	70%	80%	80%	86%	84%	88%	75%	73%	91%
NET: Disagree		59	25	34	34	20	5	4	5	5	4	4	4	17	12	2
		18%	20%	17%	21%	16%	10%	25%	14%	17%	14%	16%	12%	22%	23%	9%
Base for stats		326	125	199	159	122	46	17	34	31	33	27	30	76	52	26
Mean Score		3.24	3.19	3.27	3.20	3.26	3.34	3.05	3.33	3.30	3.15	3.31	3.40	3.21	3.13	3.39
Standard Deviation		.844	.888	.816	.876	.780	.901	1.072	.797	.853	.645	.814	.706	.932	.949	.657
Standard Error		.045	.076	.057	.065	.070	.148	.240	.125	.161	.101	.140	.150	.106	.125	.137
Error variance		*	.01	*	*	*	.02	.06	.02	.03	.01	.02	.02	.01	.02	.02

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		353	62	93	71	62	31	34	226	127	283	15	24	18	6	3	66
Total		334	60	97	65	55	25	32	222	112	271	14	23	15	5	2	60
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	152	31	42	30	25	9	15	103	49	123	6	13	6	2	2	28
		45%	52%	43%	46%	45%	36%	47%	46%	44%	45%	41%	56%	40%	29%	68%	47%
Tend to agree	(3.0)	115	16	36	19	18	14	12	71	44	95	5	7	4	2	1	18
		34%	27%	37%	29%	33%	55%	37%	32%	39%	35%	35%	28%	29%	33%	32%	31%
							acdg										
Tend to disagree	(2.0)	46	11	13	11	8	1	2	34	12	37	1	2	4	2	-	9
		14%	18%	13%	17%	14%	6%	8%	15%	11%	14%	9%	9%	26%	39%	-	16%
Strongly disagree	(1.0)	13	2	6	3	-	1	2	11	3	10	1	1	1	-	-	3
		4%	4%	6%	4%	-	3%	6%	5%	2%	4%	9%	4%	5%	-	-	5%
Don't know		8	-	1	2	4	-	1	3	5	6	1	1	-	-	-	2
		2%	-	1%	3%	7%	-	3%	1%	4%	2%	6%	3%	-	-	-	3%
						abg											
NET: Agree		267	47	78	49	43	22	27	174	93	218	10	20	10	3	2	46
		80%	79%	80%	76%	78%	91%	84%	78%	83%	81%	75%	85%	69%	61%	100%	77%
NET: Disagree		59	13	19	13	8	2	4	45	14	46	3	3	5	2	-	12
		18%	21%	19%	21%	14%	9%	13%	20%	13%	17%	18%	12%	31%	39%	-	20%
Base for stats		326	60	96	63	51	25	32	219	107	265	13	22	15	5	2	58
Mean Score		3.24	3.27	3.18	3.22	3.33	3.25	3.29	3.22	3.30	3.25	3.14	3.42	3.04	2.90	3.68	3.22
Standard Deviation		.844	.883	.884	.886	.736	.696	.864	.881	.761	.830	.983	.824	.955	.901	.611	.891
Standard Error		.045	.112	.092	.107	.098	.125	.150	.059	.069	.050	.263	.172	.225	.368	.353	.111
Error variance		*	.01	.01	.01	.01	.02	.02	*	*	*	.07	.03	.05	.14	.12	.01

Savanta:
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Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		353	163	73	90	163	21	34	162	54	13	8	18	14	13	16	55
Total		334	140	77	96	173	18	33	156	50	13	6	15	10	11	21	52
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	152	67	32	44	76	7	18	66	21	8	3	6	5	7	11	25
		45%	48%	42%	45%	44%	38%	54%	42%	42%	60%	41%	40%	47%	65%	55%	48%
Tend to agree	(3.0)	115	47	30	33	63	9	10	59	19	-	2	4	3	3	7	18
		34%	34%	39%	35%	37%	48%	28%	38%	38%	-	38%	25%	32%	25%	34%	35%
Tend to disagree	(2.0)	46	15	11	16	27	3	5	23	5	3	1	2	2	1	-	7
		14%	11%	15%	16%	16%	15%	14%	15%	11%	27%	21%	16%	21%	10%	-	14%
Strongly disagree	(1.0)	13	8	1	2	3	-	1	3	3	2	-	2	-	-	2	1
		4%	5%	1%	2%	2%	-	4%	2%	6%	14%	-	13%	-	-	11%	2%
Don't know		8	4	2	1	3	-	-	6	2	-	-	1	-	-	-	-
		2%	3%	2%	1%	2%	-	-	4%	3%	-	-	6%	-	-	-	-
NET: Agree		267	114	63	77	139	16	28	125	40	8	5	10	8	10	18	43
		80%	82%	81%	80%	81%	85%	82%	80%	80%	60%	79%	65%	79%	90%	89%	83%
NET: Disagree		59	22	12	18	30	3	6	26	8	5	1	4	2	1	2	9
		18%	16%	16%	19%	18%	15%	18%	17%	17%	40%	21%	29%	21%	10%	11%	17%
Base for stats		326	136	75	95	170	18	33	151	48	13	6	14	10	11	21	52
Mean Score		3.24	3.27	3.26	3.25	3.25	3.23	3.33	3.25	3.20	3.05	3.19	2.99	3.26	3.55	3.33	3.29
Standard Deviation		.844	.869	.761	.819	.791	.707	.860	.785	.875	1.234	.831	1.108	.824	.703	.969	.804
Standard Error		.045	.069	.090	.087	.063	.154	.148	.063	.121	.342	.294	.269	.220	.195	.242	.108
Error variance		*	*	.01	.01	*	.02	.02	*	.01	.12	.09	.07	.05	.04	.06	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	*c	*d	e	f	a	b	c	*d	e
Unweighted Total		353	129	82	37	13	119	142	127	98	28	9	126	136	49	154	127	23	304
Total		334	119	82	36	13	118	132	122	94	26	9	119	131	45	147	122	20	289
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	152	58	34	16	5	50	64	57	45	10	3	54	60	20	67	56	9	132
		45%	49%	41%	46%	39%	42%	48%	47%	48%	38%	31%	46%	46%	45%	46%	46%	45%	46%
Tend to agree	(3.0)	115	41	28	12	4	40	45	43	26	10	5	36	47	16	52	42	6	99
		34%	35%	34%	35%	31%	34%	34%	35%	28%	40%	54%	30%	36%	35%	35%	34%	29%	34%
Tend to disagree	(2.0)	46	14	15	3	4	18	18	18	14	3	1	18	19	4	17	19	5	42
		14%	11%	18%	9%	30%	15%	13%	15%	15%	13%	14%	15%	15%	9%	12%	16%	27%	15%
Strongly disagree	(1.0)	13	4	2	3	-	5	4	2	5	1	-	7	2	3	7	3	-	10
		4%	3%	3%	8%	-	4%	3%	2%	5%	6%	-	6%	2%	7%	5%	3%	-	3%
Don't know		8	2	4	1	-	5	2	2	4	1	-	5	2	2	5	2	-	6
		2%	1%	5%	2%	-	4%	1%	2%	4%	3%	-	4%	1%	4%	3%	1%	-	2%
NET: Agree		267	100	61	29	9	90	109	100	70	20	8	90	107	36	119	98	14	231
		80%	84%	74%	81%	70%	76%	82%	82%	75%	78%	86%	76%	82%	80%	81%	80%	73%	80%
NET: Disagree		59	17	17	6	4	23	21	20	19	5	1	24	22	7	24	23	5	52
		18%	15%	21%	17%	30%	20%	16%	17%	21%	19%	14%	20%	16%	16%	16%	19%	27%	18%
Base for stats		326	117	78	35	13	113	130	120	90	25	9	115	129	43	143	120	20	283
Mean Score		3.24	3.32	3.18	3.21	3.09	3.19	3.29	3.29	3.22	3.14	3.17	3.21	3.28	3.22	3.26	3.25	3.18	3.25
Standard Deviation		.844	.808	.840	.938	.860	.867	.812	.792	.918	.882	.695	.907	.784	.908	.847	.825	.846	.835
Standard Error		.045	.072	.095	.156	.239	.081	.069	.071	.095	.170	.232	.082	.068	.132	.069	.074	.176	.048
Error variance		*	.01	.01	.02	.06	.01	*	.01	.01	.03	.05	.01	*	.02	*	.01	.03	*

Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		353	125	173	72	67	24	202	144	15	285	68	301	49
Total		334	119	165	67	65	23	192	137	14	272	62	287	44
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	152	57	73	37	29	6	90	61	12	129	23	135	16
		45%	48%	44%	56%	45%	28%	47%	45%	80%	47%	37%	47%	36%
Tend to agree	(3.0)	115	39	58	17	25	10	62	49	2	88	27	98	15
		34%	33%	35%	26%	39%	45%	33%	36%	15%	32%	43%	34%	34%
Tend to disagree	(2.0)	46	16	25	10	6	4	27	18	1	37	9	39	8
		14%	14%	15%	15%	9%	18%	14%	13%	5%	14%	15%	13%	17%
Strongly disagree	(1.0)	13	4	5	1	1	2	10	3	-	12	1	10	3
		4%	4%	3%	2%	1%	8%	5%	2%	-	4%	2%	4%	7%
Don't know		8	2	5	1	4	-	3	5	-	6	2	5	3
		2%	1%	3%	2%	6%	-	1%	4%	-	2%	3%	2%	7%
						d								a
NET: Agree		267	96	131	54	54	17	152	110	14	217	50	233	31
		80%	81%	79%	81%	84%	73%	79%	80%	95%	80%	80%	81%	69%
NET: Disagree		59	21	30	12	6	6	37	21	1	49	10	49	11
		18%	18%	18%	17%	10%	27%	19%	16%	5%	18%	17%	17%	24%
Base for stats		326	117	161	66	61	23	189	131	14	266	60	282	41
Mean Score		3.24	3.27	3.24	3.37	3.36	2.93	3.23	3.28	3.75	3.26	3.18	3.27	3.05
Standard Deviation		.844	.843	.821	.824	.705	.914	.882	.795	.554	.859	.777	.829	.939
Standard Error		.045	.076	.063	.098	.090	.187	.063	.068	.143	.051	.096	.048	.138
Error variance		*	.01	*	.01	.01	.03	*	*	.02	*	.01	*	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

					Number of days active								Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	353	11	27	45	90	63	50	17	50	225	117	56	105	115	72	99	90	102	56
Total	334	8	25	41	85	60	47	16	51	211	114	54	96	110	69	92	85	97	55
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	152	1	6	14	38	32	23	6	32	89	61	21	36	49	44	24	38	42	45
	45%	16%	23%	35%	44%	53%	50%	37%	62% cdi	42%	54% ci	39%	37%	44%	64% abc	26%	45% a	44% a	82% abc
Tend to agree (3.0)	115	3	12	19	30	22	11	6	12	83	29	18	42	39	15	33	31	41	8
	34%	34%	47% fhj	47%	36%	36%	24%	37%	23%	39% fhj	25%	33%	43% d	35% d	22%	36% d	37% d	42% d	14%
Tend to disagree (2.0)	46	3	5	5	13	4	10	3	3	27	16	11	13	19	3	23	11	11	1
	14%	31%	20%	11%	16%	7%	21% eh	21%	6%	13%	14%	20% d	14%	17% d	5%	25% bcd	12% d	12% d	2%
Strongly disagree (1.0)	13	2	1	1	2	1	1	1	5	5	7	4	3	2	4	8	3	1	1
	4%	19%	3%	2%	2%	2%	2%	5%	9% i	2%	6%	7%	3%	2%	6%	9% c	4%	1%	1%
Don't know	8	-	2	2	2	1	1	-	-	7	1	-	3	2	3	4	2	2	-
	2%	-	7%	6%	2%	1%	2%	-	-	3%	1%	-	3%	1%	4%	4%	2%	2%	-
NET: Agree	267	4	18	34	68	53	35	12	43	173	90	39	77	88	59	57	70	83	53
	80%	50%	70%	81%	80%	89% f	74%	74%	85%	82%	79%	73%	80%	80%	85%	62%	82% a	86% a	96% abc
NET: Disagree	59	4	6	5	15	6	11	4	8	32	23	15	16	21	7	31	14	12	2
	18%	50%	23%	13%	18%	9%	24% e	26%	15%	15%	20%	27% d	17%	19%	10%	34% bcd	16% d	12%	4%
Base for stats	326	8	23	39	83	59	46	16	51	204	113	54	94	109	66	88	84	95	55
Mean Score	3.24	2.47	2.98	3.21	3.25	3.42	3.24	3.06	3.38	3.26	3.28	3.05	3.18	3.24	3.50 abc	2.83	3.25 a	3.31 a	3.77 abc
Standard Deviation	.844	1.041	.781	.736	.806	.737	.886	.905	.963	.776	.923	.949	.794	.809	.844	.944	.833	.710	.558
Standard Error	.045	.314	.156	.114	.086	.094	.127	.220	.136	.053	.086	.127	.079	.076	.102	.097	.089	.071	.075
Error variance	*	.10	.02	.01	.01	.01	.02	.05	.02	*	.01	.02	.01	.01	.01	.01	.01	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.2. Indoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		353	192	102	58
Total		334	184	98	51
		100%	100%	100%	100%
Strongly agree	(4.0)	152	96	40	16
		45%	52%	41%	32%
			c		
Tend to agree	(3.0)	115	58	37	20
		34%	32%	37%	39%
Tend to disagree	(2.0)	46	22	15	9
		14%	12%	15%	19%
Strongly disagree	(1.0)	13	5	6	2
		4%	3%	6%	3%
Don't know		8	3	1	4
		2%	2%	1%	7%
					ab
NET: Agree		267	154	77	36
		80%	84%	78%	71%
			c		
NET: Disagree		59	27	21	11
		18%	15%	21%	22%
Base for stats		326	181	98	47
Mean Score		3.24	3.35	3.13	3.08
			bc		
Standard Deviation		.844	.806	.896	.835
Standard Error		.045	.059	.089	.114
Error variance		*	*	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		189	89	98	110	65	14	6	27	19	20	20	16	47	23	11
Total		172	78	92	92	63	17	5	22	19	14	16	20	45	20	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	56	24	32	31	19	6	3	8	7	3	7	5	16	5	2
		33%	31%	35%	33%	31%	34%	54%	34%	36%	24%	42%	26%	36%	24%	26%
Tend to agree	(3.0)	70	38	32	32	29	8	2	7	9	8	5	9	18	8	4
		41%	49%	35%	35%	47%	50%	34%	32%	45%	58%	31%	45%	41%	39%	39%
Tend to disagree	(2.0)	30	12	17	19	10	-	1	6	1	2	2	5	7	6	1
		17%	15%	19%	21%	16%	-	12%	25%	6%	14%	14%	24%	15%	28%	8%
Strongly disagree	(1.0)	9	2	6	6	2	1	-	1	1	1	1	1	3	1	1
		5%	3%	6%	7%	2%	6%	-	3%	4%	4%	8%	5%	6%	4%	10%
Don't know		7	2	5	3	2	2	-	1	2	-	1	-	1	1	2
		4%	3%	5%	4%	3%	10%	-	5%	9%	-	5%	-	2%	5%	18%
NET: Agree		126	62	64	63	49	14	5	15	15	12	12	14	34	12	6
		73%	79%	70%	68%	78%	84%	88%	66%	81%	82%	73%	71%	77%	63%	64%
NET: Disagree		38	14	23	26	12	1	1	6	2	3	4	6	9	6	2
		22%	18%	25%	28%	19%	6%	12%	29%	10%	18%	22%	29%	21%	32%	18%
Base for stats		164	75	87	89	61	15	5	21	17	14	16	20	44	19	8
Mean Score		3.05	3.11	3.04	2.99	3.10	3.24	3.42	3.01	3.24	3.02	3.12	2.92	3.09	2.87	2.97
Standard Deviation		.858	.760	.913	.925	.769	.793	.774	.897	.775	.758	.992	.860	.875	.851	1.019
Standard Error		.064	.081	.095	.090	.097	.220	.316	.176	.183	.169	.228	.215	.129	.182	.340
Error variance		*	.01	.01	.01	.01	.05	.10	.03	.03	.03	.05	.05	.02	.03	.12

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		189	30	42	48	29	25	15	120	69	130	13	24	12	3	2	54
Total		172	28	40	45	24	21	14	114	58	120	13	19	11	3	2	48
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	56	11	11	15	6	10	3	37	19	40	5	7	3	-	-	15
		33%	38%	28%	33%	26%	48%	22%	32%	33%	33%	37%	38%	26%	-	-	31%
Tend to agree	(3.0)	70	11	20	19	12	3	5	50	20	52	1	9	5	1	1	16
		41%	40%	49%	41%	53%	15%	35%	44%	35%	44%	9%	45%	43%	31%	54%	34%
Tend to disagree	(2.0)	30	4	8	5	5	5	3	17	13	20	4	1	2	1	-	9
		17%	15%	19%	11%	21%	23%	23%	15%	22%	16%	34%	7%	23%	34%	-	19%
Strongly disagree	(1.0)	9	1	1	4	-	1	2	6	3	4	1	2	1	1	-	5
		5%	3%	2%	9%	-	6%	12%	5%	5%	3%	7%	11%	8%	34%	-	10%
Don't know		7	1	1	3	-	2	1	5	3	4	2	-	-	-	1	3
		4%	4%	2%	6%	-	8%	7%	4%	4%	3%	13%	-	-	-	46%	5%
NET: Agree		126	22	31	34	19	13	8	86	40	93	6	16	7	1	1	31
		73%	78%	77%	74%	79%	63%	57%	76%	68%	77%	47%	82%	69%	31%	54%	65%
NET: Disagree		38	5	8	9	5	6	5	23	16	24	5	3	3	2	-	14
		22%	18%	21%	20%	21%	29%	35%	20%	27%	20%	41%	18%	31%	69%	-	29%
Base for stats		164	27	39	43	24	19	13	109	55	116	12	19	11	3	1	45
Mean Score		3.05	3.17	3.05	3.03	3.05	3.14	2.73	3.07	3.01	3.11	2.88	3.09	2.88	1.97	3.00	2.91
Standard Deviation		.858	.825	.752	.936	.699	1.038	1.008	.840	.898	.803	1.106	.965	.931	1.000	-	.989
Standard Error		.064	.153	.117	.138	.130	.216	.269	.078	.111	.072	.319	.197	.269	.577	-	.137
Error variance		*	.02	.01	.02	.02	.05	.07	.01	.01	.01	.10	.04	.07	.33	-	.02

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Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total		189	87	41	43	84	6	20	77	30	10	5	12	20	5	4	26
Total		172	71	42	44	86	5	19	72	27	8	5	9	16	5	6	24
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	56	24	13	16	29	3	5	29	9	2	-	1	6	-	1	7
		33%	34%	31%	36%	34%	50%	26%	40%	35%	21%	-	15%	38%	-	24%	31%
Tend to agree	(3.0)	70	27	17	18	36	3	8	30	9	5	3	4	7	-	3	10
		41%	38%	42%	41%	42%	50%	40%	41%	34%	57%	49%	45%	43%	-	58%	42%
Tend to disagree	(2.0)	30	11	11	7	18	-	5	10	6	1	1	2	1	4	-	5
		17%	16%	25%	16%	20%	-	27%	14%	21%	9%	18%	22%	8%	84%	-	21%
Strongly disagree	(1.0)	9	5	-	-	-	-	1	4	-	-	-	1	2	-	1	1
		5%	8% d	-	-	-	-	8%	5%	-	-	-	7%	11%	-	18%	6%
Don't know		7	3	1	3	4	-	-	-	3	1	2	1	-	1	-	-
		4%	4%	2%	7%	5%	-	-	-	10% c	14%	33%	11%	-	16%	-	-
NET: Agree		126	51	30	34	65	5	12	58	18	7	3	5	13	-	5	18
		73%	73%	72%	78%	75%	100%	66%	81%	69%	78%	49%	60%	80%	-	82%	73%
NET: Disagree		38	17	11	7	18	-	7	14	6	1	1	3	3	4	1	7
		22%	24%	25%	16%	20%	-	34%	19%	21%	9%	18%	29%	20%	84%	18%	27%
Base for stats		164	68	41	41	82	5	19	72	24	7	3	8	16	4	6	24
Mean Score		3.05	3.03	3.06	3.22	3.14	3.50	2.84	3.15	3.15	3.14	2.73	2.77	3.07	2.00	2.88	2.98
Standard Deviation		.858	.923	.766	.721	.743	.556	.921	.861	.793	.611	.528	.889	.980	-	1.078	.889
Standard Error		.064	.100	.121	.114	.083	.227	.206	.098	.153	.204	.264	.268	.219	-	.539	.174
Error variance		*	.01	.01	.01	.01	.05	.04	.01	.02	.04	.07	.07	.05	-	.29	.03

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Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		189	54	38	34	10	72	64	50	48	30	8	78	58	19	78	73	19	170
Total		172	52	35	29	10	64	61	47	45	26	8	70	55	17	71	66	17	154
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	56	19	11	11	2	21	22	24	8	7	3	16	27	2	18	30	6	54
		33%	38%	30%	36%	23%	33%	35%	51%	18%	29%	42%	22%	49%	13%	25%	45%	34%	35%
									be					be			b		
Tend to agree	(3.0)	70	24	17	7	4	24	28	17	25	7	3	31	20	11	30	23	6	59
		41%	47%	49%	22%	41%	37%	46%	36%	55%	27%	37%	45%	36%	62%	43%	35%	34%	38%
			c	c				c		c									
Tend to disagree	(2.0)	30	6	7	7	2	14	7	4	9	8	1	17	4	2	16	8	3	28
		17%	11%	21%	24%	17%	22%	12%	7%	20%	31%	12%	24%	8%	11%	23%	13%	17%	18%
											af		af						
Strongly disagree	(1.0)	9	2	-	3	1	3	3	2	1	2	-	4	2	1	5	1	3	8
		5%	3%	-	9%	9%	4%	4%	4%	3%	9%	-	5%	3%	4%	7%	1%	16%	5%
Don't know		7	1	-	3	1	3	2	1	2	1	1	3	2	2	2	4	-	5
		4%	2%	-	9%	10%	4%	3%	2%	4%	4%	10%	4%	3%	10%	2%	6%	-	4%
NET: Agree		126	44	28	17	6	45	50	41	33	14	6	47	47	13	48	53	11	113
		73%	84%	79%	58%	64%	69%	81%	87%	73%	56%	78%	67%	86%	75%	68%	80%	68%	73%
			c					c	ce					ce					
NET: Disagree		38	7	7	10	2	17	10	5	10	10	1	21	6	3	21	9	5	36
		22%	14%	21%	33%	26%	27%	16%	11%	23%	40%	12%	29%	11%	15%	30%	14%	32%	23%
					a						af		af				c		
Base for stats		164	51	35	27	9	62	59	46	43	25	7	68	54	16	70	62	17	149
Mean Score		3.05	3.21	3.09	2.93	2.87	3.02	3.16	3.37	2.92	2.79	3.33	2.87	3.36	2.93	2.88	3.32	2.86	3.06
									be					be			be		
Standard Deviation		.858	.773	.722	1.049	.969	.875	.803	.789	.725	1.000	.747	.830	.776	.674	.878	.753	1.087	.876
Standard Error		.064	.106	.117	.185	.323	.105	.102	.113	.106	.186	.282	.095	.104	.159	.101	.091	.249	.068
Error variance		*	.01	.01	.03	.10	.01	.01	.01	.01	.03	.08	.01	.01	.03	.01	.01	.06	*

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Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children - Yes	Care responsibilities in household not including children - No	Longstanding condition or illness - Mental condition or illness	Longstanding condition or illness - Physical condition or illness	Longstanding condition or illness - Other	Longstanding condition or illness - No	Longstanding condition or illness - NET: Yes longstanding condition or illness	Longstanding condition or illness - NET: Longstanding physical and mental condition or illness	Area - Urban	Area - Rural	Access to private outdoor space - Yes	Access to private outdoor space - No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		189	83	79	49	36	21	87	96	9	153	36	147	38
Total		172	76	72	44	35	18	80	87	9	137	35	135	33
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	56	28	25	15	14	4	27	27	5	46	10	51	4
		33%	36%	34%	33%	39%	19%	34%	31%	52%	34%	28%	38%	14%
													b	
Tend to agree	(3.0)	70	28	30	15	12	9	39	31	4	56	14	57	14
		41%	37%	42%	34%	35%	50%	49%	35%	48%	41%	39%	42%	41%
Tend to disagree	(2.0)	30	14	12	9	7	3	9	19	-	22	7	19	9
		17%	19%	17%	21%	19%	18%	11%	22%	-	16%	21%	14%	26%
Strongly disagree	(1.0)	9	4	3	3	1	2	2	6	-	6	2	2	6
		5%	5%	4%	8%	2%	12%	2%	7%	-	5%	7%	2%	17%
														a
Don't know		7	2	2	2	2	-	3	3	-	5	2	6	1
		4%	3%	2%	4%	5%	-	4%	4%	-	4%	5%	4%	2%
NET: Agree		126	56	55	30	26	13	66	58	9	102	23	108	18
		73%	73%	76%	67%	74%	70%	83%	67%	100%	75%	67%	80%	54%
								ae					b	
NET: Disagree		38	18	15	13	7	6	11	26	-	29	10	22	14
		22%	24%	21%	29%	21%	30%	13%	29%	-	21%	28%	16%	43%
					d				d					a
Base for stats		164	74	70	43	33	18	77	84	9	131	33	130	32
Mean Score		3.05	3.07	3.09	2.97	3.17	2.77	3.19	2.94	3.52	3.08	2.93	3.21	2.52
													b	
Standard Deviation		.858	.890	.842	.950	.833	.930	.724	.932	.529	.846	.905	.761	.954
Standard Error		.064	.099	.096	.139	.141	.203	.079	.097	.176	.070	.155	.064	.157
Error variance		*	.01	.01	.02	.02	.04	.01	.01	.03	*	.02	*	.02

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Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

					Number of days active								Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	189	2	11	38	55	32	27	4	20	136	51	43	52	68	23	45	63	55	23
Total	172	1	12	35	48	30	22	4	19	125	45	38	45	64	21	40	58	50	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	56	1	3	6	16	8	9	2	10	33	22	8	13	21	13	14	13	17	11
	33%	100%	24%	16%	34%	26%	42%	60%	54%	26%	48% cei	22%	29%	33%	61%	36%	23%	34%	51%
Tend to agree (3.0)	70	-	6	13	18	16	8	2	6	54	16	13	22	28	6	15	26	23	7
	41%	-	53%	39%	38%	54%	38%	40%	32%	43%	36%	34%	48%	44%	29%	37%	44%	45%	32%
Tend to disagree (2.0)	30	-	2	10	9	5	4	-	1	25	4	12	7	8	1	6	12	8	3
	17%	-	16%	29% j	19%	15%	17%	-	3%	20%	10%	32% c	15%	13%	7%	16%	20%	16%	13%
Strongly disagree (1.0)	9	-	1	6	1	-	-	-	1	8	1	3	3	3	1	2	5	1	1
	5%	-	7%	16% deij	3%	-	-	-	6%	6%	2%	8%	6%	4%	3%	6%	8%	1%	3%
Don't know	7	-	-	-	4	2	1	-	1	5	2	2	1	4	-	2	3	2	-
	4%	-	-	-	8%	6%	4%	-	5%	4%	4%	4%	2%	6%	-	5%	5%	3%	-
NET: Agree	126	1	9	19	35	24	18	4	16	87	38	21	35	49	19	29	39	40	17
	73%	100%	77%	55%	71% c	79%	80%	100%	86%	69%	84% ci	56%	77% a	77% a	90%	73%	67%	79%	83%
NET: Disagree	38	-	3	16	10	5	4	-	2	33	5	15	10	11	2	9	17	9	3
	22%	-	23%	45% deij	21%	15%	17%	-	9%	26% j	12%	40% bc	21%	17%	10%	22%	28%	17%	17%
Base for stats	164	1	12	35	45	29	21	4	18	120	43	36	45	60	21	38	56	49	21
Mean Score	3.05	4.00	2.94	2.55	3.11 c	3.11 c	3.26	3.60	3.41	2.93 c	3.35 ci	2.73	3.03	3.12 a	3.48	3.08	2.85	3.16	3.31
Standard Deviation	.858	-	.863	.962	.826	.659	.752	.569	.839	.863	.768	.914	.832	.816	.772	.907	.890	.752	.849
Standard Error	.064	-	.260	.156	.116	.118	.147	.285	.192	.075	.110	.141	.117	.102	.161	.138	.115	.102	.177
Error variance	*	-	.07	.02	.01	.01	.02	.08	.04	.01	.01	.02	.01	.01	.03	.02	.01	.01	.03

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Q19A.3. Other indoor sports facilities: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		189	81	58	48
Total		172 100%	75 100%	52 100%	44 100%
Strongly agree	(4.0)	56 33%	33 44% bc	13 26%	10 22%
Tend to agree	(3.0)	70 41%	30 40%	24 46%	15 35%
Tend to disagree	(2.0)	30 17%	11 14%	8 15%	11 26%
Strongly disagree	(1.0)	9 5%	- -	4 8% a	5 11% a
Don't know		7 4%	1 1%	3 5%	3 6%
NET: Agree		126 73%	63 85% c	37 72%	25 57%
NET: Disagree		38 22%	11 14%	12 23%	16 37% a
Base for stats		164	74	49	41
Mean Score		3.05	3.30 bc	2.95	2.72
Standard Deviation		.858	.710	.876	.962
Standard Error		.064	.079	.118	.142
Error variance		*	.01	.01	.02

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Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total		242	97	142	150	83	9	12	29	18	30	17	19	69	38	10
Total		220	85	133	130	80	10	10	23	18	22	13	23	68	33	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	99	42	58	63	33	4	4	14	8	11	5	10	29	16	2
		45%	49%	43%	49%	41%	34%	40%	60%	46%	49%	35%	43%	43%	49%	22%
Tend to agree	(3.0)	74	29	42	37	32	5	2	4	4	8	5	7	28	11	5
		33%	35%	32%	28%	40%	45%	16%	18%	24%	38%	35%	31%	41%	33%	46%
Tend to disagree	(2.0)	36	10	25	23	11	2	4	4	4	2	4	3	10	4	2
		16%	12%	19%	17%	14%	22%	37%	15%	23%	10%	30%	11%	14%	13%	22%
Strongly disagree	(1.0)	8	2	7	6	2	-	1	1	1	-	-	3	1	1	-
		4%	2%	5%	5%	3%	-	7%	3%	7%	-	-	15%	2%	3%	-
Don't know		3	2	2	2	2	-	-	1	-	1	-	-	-	1	1
		1%	2%	1%	1%	2%	-	-	4%	-	3%	-	-	-	2%	10%
NET: Agree		173	71	100	100	65	8	6	18	13	19	9	17	58	27	7
		78%	84%	75%	77%	81%	78%	56%	78%	70%	87%	70%	74%	84%	82%	68%
NET: Disagree		44	12	31	29	13	2	4	4	5	2	4	6	11	5	2
		20%	14%	24%	22%	17%	22%	44%	18%	30%	10%	30%	26%	16%	16%	22%
Base for stats		217	83	131	129	78	10	10	22	18	21	13	23	68	32	9
Mean Score		3.21	3.33	3.15	3.22	3.22	3.12	2.88	3.40	3.09	3.40	3.05	3.03	3.26	3.31	3.00
Standard Deviation		.857	.781	.900	.902	.799	.772	1.074	.885	1.013	.687	.839	1.084	.765	.823	.744
Standard Error		.056	.080	.076	.074	.089	.257	.310	.167	.239	.128	.203	.249	.092	.135	.248
Error variance		*	.01	.01	.01	.01	.07	.10	.03	.06	.02	.04	.06	.01	.02	.06

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Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		242	40	64	50	47	25	16	154	88	168	15	27	21	5	1	69
Total		220	39	63	47	38	19	14	149	71	152	15	24	20	4	1	64
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	99	21	29	20	14	10	6	69	30	72	8	9	8	1	-	26
		45%	54%	46%	42%	36%	53%	42%	47%	42%	47%	57%	37%	38%	17%	-	40%
Tend to agree	(3.0)	74	14	18	15	18	4	5	47	27	51	2	9	8	3	-	22
		33%	35%	29%	32%	47%	19%	36%	32%	37%	33%	16%	36%	40%	63%	-	34%
Tend to disagree	(2.0)	36	2	14	10	4	3	2	26	10	21	3	6	4	1	-	14
		16%	4%	23%	22%	12%	16%	16%	18%	14%	13%	20%	27%	17%	19%	-	22%
				a	a					a							
Strongly disagree	(1.0)	8	3	2	2	2	-	-	6	2	7	1	-	-	-	-	1
		4%	6%	3%	4%	6%	-	-	4%	3%	5%	7%	-	-	-	-	2%
Don't know		3	-	-	-	-	2	1	-	3	2	-	-	1	-	1	2
		1%	-	-	-	-	11%	7%	-	4%	1%	-	-	4%	-	100%	2%
										g							
NET: Agree		173	35	47	35	32	14	11	116	56	123	11	17	16	4	-	47
		78%	90%	74%	74%	83%	73%	77%	78%	79%	81%	73%	73%	78%	81%	-	74%
NET: Disagree		44	4	16	12	7	3	2	32	12	28	4	6	4	1	-	15
		20%	10%	26%	26%	17%	16%	16%	22%	17%	18%	27%	27%	17%	19%	-	23%
Base for stats		217	39	63	47	38	17	13	149	68	151	15	24	19	4	-	62
Mean Score		3.21	3.37	3.17	3.11	3.13	3.42	3.28	3.21	3.23	3.24	3.23	3.10	3.21	2.98	-	3.16
Standard Deviation		.857	.845	.881	.900	.841	.803	.765	.878	.815	.869	1.027	.811	.750	.689	-	.825
Standard Error		.056	.134	.110	.127	.123	.171	.198	.071	.089	.067	.265	.156	.168	.308	-	.101
Error variance		*	.02	.01	.02	.02	.03	.04	.01	.01	*	.07	.02	.03	.09	-	.01

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Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	*d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		242	101	49	68	117	18	31	113	29	12	3	12	18	5	1	49
Total		220	79	49	74	123	17	28	109	25	11	2	10	13	4	1	45
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	99	31	26	36	62	8	12	53	11	4	1	2	4	4	-	21
		45%	39%	53%	49%	51%	48%	45%	48%	46%	34%	34%	22%	27%	100%	-	46%
Tend to agree	(3.0)	74	31	15	23	37	5	8	35	9	5	1	3	6	-	1	14
		33%	39%	30%	31%	30%	32%	30%	32%	37%	47%	30%	31%	45%	-	100%	31%
Tend to disagree	(2.0)	36	14	7	10	17	4	6	16	4	1	1	2	2	-	-	9
		16%	17%	13%	14%	14%	21%	20%	15%	17%	7%	36%	24%	17%	-	-	21%
Strongly disagree	(1.0)	8	4	-	5	5	-	1	4	-	1	-	1	1	-	-	1
		4%	4%	-	7%	4%	-	3%	4%	-	12%	-	13%	5%	-	-	2%
Don't know		3	1	2	-	2	-	1	1	-	-	-	1	1	-	-	1
		1%	1%	4%	-	1%	-	2%	1%	-	-	-	9%	5%	-	-	1%
NET: Agree		173	61	41	59	100	14	21	87	21	9	1	5	10	4	1	35
		78%	77%	83%	80%	81%	79%	75%	80%	83%	81%	64%	53%	73%	100%	100%	76%
NET: Disagree		44	17	7	15	22	4	6	21	4	2	1	4	3	-	-	10
		20%	22%	13%	20%	18%	21%	23%	19%	17%	19%	36%	37%	23%	-	-	22%
Base for stats		217	78	48	74	121	17	27	108	25	11	2	9	13	4	1	45
Mean Score		3.21	3.13	3.41 a	3.22	3.30	3.27	3.19	3.26	3.30	3.03	2.98	2.68	2.99	4.00	3.00	3.22
Standard Deviation		.857	.859	.729	.923	.854	.805	.874	.859	.750	.995	1.136	1.052	.871	-	-	.839
Standard Error		.056	.086	.106	.112	.080	.190	.160	.081	.139	.287	.656	.317	.211	-	-	.121
Error variance		*	.01	.01	.01	.01	.04	.03	.01	.02	.08	.43	.10	.04	-	-	.01

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Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total		242	82	56	28	16	84	98	77	68	28	11	96	88	20	98	96	28	222
Total		220	75	54	24	16	78	90	73	61	25	11	86	84	16	87	92	26	205
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	99	35	30	10	4	40	40	37	31	9	3	40	40	5	37	44	13	94
		45%	47%	55%	42%	27%	51%	44%	50%	51%	35%	29%	47%	47%	32%	43%	48%	49%	46%
Tend to agree	(3.0)	74	22	15	12	6	26	28	19	21	10	5	31	24	9	28	29	8	65
		33%	29%	28%	48%	39%	34%	31%	27%	35%	40%	44%	36%	29%	55%	32%	31%	33%	32%
Tend to disagree	(2.0)	36	12	9	2	4	11	16	12	8	4	3	12	15	2	17	15	2	34
		16%	16%	16%	10%	23%	14%	18%	16%	13%	17%	27%	14%	17%	13%	20%	16%	9%	17%
Strongly disagree	(1.0)	8	4	1	-	1	1	5	4	-	2	-	2	4	-	3	3	3	8
		4%	6%	2%	-	6%	1%	6%	6% b	-	7%	-	2%	5%	-	3%	3%	10%	4%
Don't know		3	1	-	-	1	-	2	1	1	-	-	1	1	-	2	2	-	3
		1%	1%	-	-	4%	-	2%	1%	1%	-	-	1%	1%	-	2%	2%	-	2%
NET: Agree		173	57	44	22	10	66	68	56	53	19	8	71	64	14	65	73	21	159
		78%	76%	83%	90%	67%	85%	75%	77%	86%	75%	73%	83%	76%	87%	75%	79%	81%	78%
NET: Disagree		44	17	9	2	5	12	21	16	8	6	3	14	19	2	20	18	5	42
		20%	22%	17%	10%	29%	15%	24%	22%	13%	25%	27%	16%	23%	13%	23%	19%	19%	21%
Base for stats		217	74	54	24	15	78	89	72	60	25	11	85	84	16	85	90	26	201
Mean Score		3.21	3.19	3.36	3.33	2.91	3.35	3.15	3.23	3.39	3.03	3.01	3.29	3.20	3.18	3.17	3.26	3.20	3.22
Standard Deviation		.857	.927	.810	.655	.912	.761	.926	.937	.709	.925	.783	.790	.916	.668	.869	.848	.981	.871
Standard Error		.056	.103	.108	.124	.235	.083	.094	.107	.087	.175	.236	.081	.098	.149	.089	.087	.185	.059
Error variance		*	.01	.01	.02	.06	.01	.01	.01	.01	.03	.06	.01	.01	.02	.01	.01	.03	*

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Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		242	103	109	58	41	23	128	108	12	205	37	201	36
Total		220	97	97	53	38	19	119	96	11	186	34	184	31
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	99	52	40	16	15	7	63	36	1	88	11	87	12
		45%	54%	41%	31%	39%	37%	53%	37%	8%	48%	32%	47%	38%
								ae						
Tend to agree	(3.0)	74	25	35	18	14	6	39	31	6	59	15	59	12
		33%	25%	36%	33%	36%	29%	33%	32%	54%	32%	42%	32%	37%
Tend to disagree	(2.0)	36	14	19	13	6	6	14	21	3	29	7	28	6
		16%	14%	19%	24%	16%	34%	12%	22%	26%	15%	21%	15%	19%
					d				d					
Strongly disagree	(1.0)	8	6	2	5	3	-	1	7	1	7	2	7	1
		4%	7%	2%	9%	9%	-	1%	7%	12%	4%	5%	4%	3%
					d	d			d					
Don't know		3	-	2	1	-	-	2	1	-	3	-	2	1
		1%	-	2%	2%	-	-	1%	1%	-	2%	-	1%	3%
NET: Agree		173	77	75	34	28	12	102	67	7	147	26	147	24
		78%	79%	77%	65%	75%	66%	86%	69%	63%	79%	74%	80%	75%
								ae						
NET: Disagree		44	20	21	18	10	6	15	28	4	36	9	36	7
		20%	21%	21%	34%	25%	34%	13%	30%	37%	19%	26%	20%	22%
					d				d					
Base for stats		217	97	96	52	38	19	117	95	11	183	34	183	31
Mean Score		3.21	3.27	3.19	2.88	3.05	3.02	3.39	3.00	2.59	3.25	3.01	3.24	3.13
								abe						
Standard Deviation		.857	.940	.817	.974	.969	.864	.738	.954	.836	.854	.858	.863	.840
Standard Error		.056	.093	.079	.129	.151	.180	.066	.092	.241	.060	.141	.061	.142
Error variance		*	.01	.01	.02	.02	.03	*	.01	.06	*	.02	*	.02

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Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	\ Number of days active\								NET 1-4 days	NET 5 + days	\ Life satisfaction score\				\ Covid-19 related worries\			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		242	5	17	32	73	41	38	13	23	163	74	40	80	71	44	51	69	81	36
Total		220	4	15	30	66	36	38	10	21	148	69	37	70	66	40	44	65	74	34
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	99	-	4	14	29	17	17	6	12	65	34	15	26	29	28	14	27	36	20
		45%	-	29%	47%	44%	47%	45%	53%	56%	44%	50%	40%	37%	44%	69% abc	32%	41%	49%	60% a
Tend to agree	(3.0)	74	2	6	12	22	15	12	4	2	54	18	12	32	22	6	18	21	27	7
		33%	41%	37%	39%	33%	41%	32%	40%	9%	36%	26%	31%	46% d	33% d	14%	40%	33%	37%	22%
Tend to disagree	(2.0)	36	2	3	4	10	4	6	-	6	22	12	7	10	13	3	10	14	8	4
		16%	59%	21%	14%	15%	12%	16%	-	30%	15%	18%	19%	15%	20%	7%	22%	22%	11%	11%
Strongly disagree	(1.0)	8	-	2	-	3	-	2	1	-	5	3	2	1	1	4	2	2	2	3
		4%	-	14%	-	5%	-	6%	7%	-	4%	5%	6%	2%	2%	9%	4%	3%	3%	8%
Don't know		3	-	-	-	2	-	-	-	1	2	1	2	-	1	-	1	1	1	-
		1%	-	-	-	3%	-	-	-	5%	1%	1%	4%	-	1%	-	2%	2%	1%	-
NET: Agree		173	2	10	26	51	32	29	10	14	119	53	27	59	51	33	32	48	63	27
		78%	41%	66%	86%	77%	88%	78%	93%	65%	80%	76%	71%	83%	77%	84%	72%	74%	85%	81%
NET: Disagree		44	2	5	4	13	4	8	1	6	27	16	9	12	14	7	12	16	10	6
		20%	59%	34%	14%	20%	12%	22%	7%	30%	18%	22%	25%	17%	22%	16%	26%	24%	14%	19%
Base for stats		217	4	15	30	64	36	38	10	20	145	68	36	70	65	40	43	64	74	34
Mean Score		3.21	2.41	2.81	3.33	3.21	3.35	3.17	3.39	3.27	3.23	3.23	3.10	3.18	3.21	3.44	3.02	3.15	3.32 a	3.33
Standard Deviation		.857	.578	1.035	.719	.881	.696	.930	.854	.936	.831	.911	.928	.760	.829	.980	.863	.857	.786	.967
Standard Error		.056	.258	.251	.127	.105	.109	.151	.237	.199	.066	.107	.150	.085	.099	.148	.122	.104	.088	.161
Error variance		*	.07	.06	.02	.01	.01	.02	.06	.04	*	.01	.02	.01	.01	.02	.01	.01	.01	.03

Prepared by Savanta: ComRes

Q19A.21. Outdoor exercise classes: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		242	139	65	36
Total		220	128	59	32
		100%	100%	100%	100%
Strongly agree	(4.0)	99	67	19	13
		45%	53%	32%	42%
			b		
Tend to agree	(3.0)	74	41	23	9
		33%	32%	40%	29%
Tend to disagree	(2.0)	36	14	15	8
		16%	11%	25%	24%
				a	a
Strongly disagree	(1.0)	8	6	1	1
		4%	5%	2%	3%
Don't know		3	-	1	1
		1%	-	1%	2%
NET: Agree		173	108	42	23
		78%	84%	71%	71%
			b		
NET: Disagree		44	20	16	8
		20%	16%	27%	27%
Base for stats		217	128	58	31
Mean Score		3.21	3.32	3.03	3.13
			b		
Standard Deviation		.857	.854	.822	.891
Standard Error		.056	.072	.103	.151
Error variance		*	.01	.01	.02

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Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total		352	175	176	197	119	36	10	47	27	47	39	23	78	58	23
Total		326	160	165	165	117	44	7	42	27	36	31	28	76	53	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	123	60	63	67	36	21	3	14	8	11	12	11	29	23	13
		38%	37%	38%	40%	30%	47%	37%	33%	29%	30%	38%	41%	38%	44%	50%
Tend to agree	(3.0)	130	64	65	60	56	14	3	15	13	17	13	14	30	17	8
		40%	40%	39%	37%	48%	31%	40%	37%	49%	46%	41%	51%	39%	32%	30%
Tend to disagree	(2.0)	53	22	30	27	22	3	2	9	5	6	5	-	13	8	5
		16%	14%	18%	17%	19%	7%	23%	21%	19%	17%	15%	-	17%	16%	20%
Strongly disagree	(1.0)	16	11	5	8	2	5	-	4	1	2	2	1	2	4	-
		5%	7%	3%	5%	2%	12%	-	9%	3%	5%	7%	4%	2%	8%	-
							b									
Don't know		5	4	1	3	1	1	-	-	-	1	-	1	3	-	-
		1%	2%	1%	2%	1%	2%	-	-	-	2%	-	4%	4%	-	-
NET: Agree		253	124	128	127	91	34	6	29	21	27	25	25	59	40	21
		78%	77%	78%	77%	78%	79%	77%	70%	78%	76%	79%	92%	77%	76%	80%
NET: Disagree		68	33	35	36	25	8	2	13	6	8	7	1	15	12	5
		21%	21%	21%	21%	21%	19%	23%	30%	22%	22%	21%	4%	19%	24%	20%
Base for stats		321	157	164	163	116	43	7	42	27	35	31	27	73	53	26
Mean Score		3.12	3.10	3.14	3.14	3.07	3.17	3.14	2.94	3.04	3.02	3.10	3.33	3.17	3.12	3.30
Standard Deviation		.855	.889	.827	.874	.761	1.028	.821	.958	.788	.839	.900	.717	.807	.963	.795
Standard Error		.046	.068	.063	.063	.070	.174	.260	.140	.152	.124	.144	.153	.093	.126	.166
Error variance		*	*	*	*	*	.03	.07	.02	.02	.02	.02	.02	.01	.02	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		352	62	99	70	52	38	31	231	121	262	12	41	22	6	6	87
Total		326	58	97	64	44	31	32	219	107	246	10	36	19	7	6	77
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	123	28	32	23	17	13	12	82	41	93	3	15	4	3	3	29
		38%	48%	33%	35%	38%	41%	37%	37%	39%	38%	30%	42%	24%	46%	48%	37%
Tend to agree	(3.0)	130	19	40	29	20	12	10	88	42	102	4	13	6	2	2	27
		40%	32%	42%	45%	44%	39%	31%	40%	39%	42%	37%	36%	33%	37%	39%	35%
Tend to disagree	(2.0)	53	8	21	8	5	6	5	36	16	33	3	7	8	1	1	19
		16%	14%	21%	12%	12%	20%	16%	16%	15%	13%	32%	18%	40%	17%	13%	25%
																	a
Strongly disagree	(1.0)	16	3	2	4	3	-	5	8	7	14	-	1	1	-	-	2
		5%	4%	2%	6%	6%	-	15%	4%	7%	6%	-	4%	3%	-	-	3%
								beg									
Don't know		5	1	3	1	-	-	-	5	-	5	-	-	-	-	-	-
		1%	2%	3%	2%	-	-	-	2%	-	2%	-	-	-	-	-	-
NET: Agree		253	47	72	51	36	25	22	170	83	195	7	28	11	5	5	56
		78%	80%	74%	80%	82%	80%	68%	77%	78%	79%	68%	78%	56%	83%	87%	72%
NET: Disagree		68	11	22	12	8	6	10	45	24	46	3	8	8	1	1	21
		21%	18%	23%	18%	18%	20%	32%	20%	22%	19%	32%	22%	44%	17%	13%	28%
Base for stats		321	57	94	63	44	31	32	214	107	241	10	36	19	7	6	77
Mean Score		3.12	3.26	3.08	3.11	3.15	3.21	2.90	3.14	3.09	3.13	2.98	3.17	2.77	3.29	3.34	3.07
Standard Deviation		.855	.867	.794	.857	.853	.762	1.081	.832	.905	.857	.832	.865	.872	.801	.771	.852
Standard Error		.046	.111	.081	.103	.118	.124	.194	.055	.082	.053	.240	.135	.186	.327	.315	.091
Error variance		*	.01	.01	.01	.01	.02	.04	*	.01	*	.06	.02	.03	.11	.10	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		352	160	72	87	159	17	40	161	42	16	12	14	26	11	13	57
Total		326	137	73	92	164	13	36	152	39	15	11	12	21	10	17	50
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	123	57	26	29	56	11	13	56	12	2	4	4	9	6	6	24
		38%	42%	36%	32%	34%	81%	35%	37%	32%	16%	35%	33%	45%	61%	34%	47%
Tend to agree	(3.0)	130	49	34	40	74	1	16	68	19	6	4	3	4	3	6	17
		40%	36%	46%	44%	45%	6%	43%	45%	50%	41%	31%	27%	19%	28%	33%	33%
Tend to disagree	(2.0)	53	20	10	18	28	2	8	20	7	3	3	2	5	1	1	10
		16%	14%	14%	20%	17%	13%	22%	13%	18%	23%	28%	18%	22%	11%	8%	19%
Strongly disagree	(1.0)	16	9	2	3	5	-	-	6	-	2	1	1	3	-	4	-
		5%	7%	3%	3%	3%	-	-	4%	-	12%	6%	6%	13%	-	25%	-
Don't know		5	2	1	1	2	-	-	2	-	1	-	2	-	-	-	-
		1%	1%	1%	1%	1%	-	-	1%	-	8%	-	17%	-	-	-	-
NET: Agree		253	106	60	69	129	12	29	124	32	9	7	7	13	9	11	40
		78%	78%	82%	76%	79%	87%	78%	82%	82%	57%	66%	59%	64%	89%	67%	81%
NET: Disagree		68	29	12	21	33	2	8	26	7	5	4	3	7	1	6	10
		21%	21%	17%	23%	20%	13%	22%	17%	18%	35%	34%	23%	36%	11%	33%	19%
Base for stats		321	135	72	90	163	13	36	150	39	14	11	10	21	10	17	50
Mean Score		3.12	3.14	3.17	3.06	3.11	3.68	3.13	3.16	3.14	2.66	2.94	3.04	2.96	3.50	2.76	3.28
Standard Deviation		.855	.913	.777	.810	.795	.714	.752	.797	.699	.951	.978	.985	1.129	.726	1.201	.775
Standard Error		.046	.073	.092	.087	.063	.173	.119	.063	.108	.246	.282	.284	.222	.219	.333	.103
Error variance		*	.01	.01	.01	*	.03	.01	*	.01	.06	.08	.08	.05	.05	.11	.01

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Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total		352	123	89	38	8	127	131	117	88	42	14	130	131	31	143	148	30	321
Total		326	115	86	33	7	119	122	109	82	40	13	122	122	27	134	140	26	299
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	123	36	31	12	4	43	40	38	28	14	6	42	44	12	51	49	11	111
		38%	31%	36%	36%	55%	36%	33%	35%	34%	34%	46%	34%	36%	46%	38%	35%	44%	37%
Tend to agree	(3.0)	130	59	37	11	1	48	60	51	39	15	3	55	55	10	53	57	10	120
		40%	51%	43%	33%	20%	40%	49%	47%	48%	37%	24%	45%	45%	38%	39%	41%	37%	40%
			c																
Tend to disagree	(2.0)	53	13	15	10	2	25	15	14	12	9	4	22	18	2	24	24	2	50
		16%	11%	17%	29%	25%	21%	12%	12%	15%	23%	30%	18%	14%	9%	18%	17%	9%	17%
					af		a												
Strongly disagree	(1.0)	16	5	2	1	-	3	5	5	2	1	-	3	5	2	6	6	3	14
		5%	5%	2%	2%	-	2%	4%	4%	3%	3%	-	3%	4%	8%	4%	4%	10%	5%
Don't know		5	2	1	-	-	1	2	2	-	1	-	1	2	-	1	4	-	5
		1%	2%	1%	-	-	1%	2%	1%	-	3%	-	1%	1%	-	1%	3%	-	2%
NET: Agree		253	95	68	23	6	91	100	89	67	29	9	96	98	22	103	106	21	231
		78%	82%	79%	69%	75%	77%	82%	82%	82%	71%	70%	79%	80%	83%	77%	76%	80%	77%
NET: Disagree		68	18	17	10	2	27	20	18	15	11	4	25	22	4	30	29	5	64
		21%	16%	20%	31%	25%	23%	16%	17%	18%	26%	30%	20%	18%	17%	22%	21%	20%	21%
					af														
Base for stats		321	113	85	33	7	119	120	107	82	39	13	121	121	27	133	136	26	294
Mean Score		3.12	3.11	3.14	3.03	3.30	3.11	3.12	3.14	3.14	3.05	3.15	3.11	3.14	3.22	3.12	3.10	3.14	3.11
Standard Deviation		.855	.786	.791	.867	.905	.811	.791	.800	.769	.850	.894	.793	.807	.916	.850	.833	.977	.851
Standard Error		.046	.071	.084	.141	.320	.072	.070	.075	.082	.133	.239	.070	.071	.164	.071	.069	.178	.048
Error variance		*	.01	.01	.02	.10	.01	*	.01	.01	.02	.06	*	.01	.03	.01	*	.03	*

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Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		352	125	189	76	53	25	205	141	11	289	63	304	44
Total		326	117	177	70	49	22	193	128	10	268	58	284	39
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	123	48	60	33	22	10	59	61	3	103	20	115	7
		38%	41%	34%	47%	45%	46%	31%	47%	32%	38%	34%	40%	17%
					d				d				b	
Tend to agree	(3.0)	130	47	73	27	20	10	79	50	7	106	24	108	21
		40%	40%	41%	39%	41%	48%	41%	39%	68%	39%	41%	38%	53%
Tend to disagree	(2.0)	53	17	32	8	6	1	37	15	-	43	10	44	8
		16%	15%	18%	11%	13%	6%	19%	12%	-	16%	16%	15%	21%
Strongly disagree	(1.0)	16	3	10	2	1	-	13	3	-	12	4	13	3
		5%	2%	5%	3%	1%	-	7%	2%	-	5%	6%	5%	7%
								e						
Don't know		5	2	3	-	-	-	5	-	-	4	1	4	1
		1%	2%	2%	-	-	-	3%	-	-	1%	2%	1%	2%
NET: Agree		253	95	133	60	42	20	139	110	10	209	44	223	27
		78%	81%	75%	86%	86%	94%	72%	86%	100%	78%	76%	79%	70%
					d	d			d					
NET: Disagree		68	20	42	10	7	1	50	18	-	55	13	57	11
		21%	17%	24%	14%	14%	6%	26%	14%	-	21%	23%	20%	28%
								ae						
Base for stats		321	115	175	70	49	22	188	128	10	264	57	280	38
Mean Score		3.12	3.22	3.05	3.30	3.29	3.39	2.98	3.31	3.32	3.13	3.06	3.16	2.82
					d	d			d				b	
Standard Deviation		.855	.789	.866	.785	.744	.622	.890	.764	.492	.850	.884	.856	.807
Standard Error		.046	.071	.064	.090	.102	.124	.063	.064	.148	.050	.112	.049	.123
Error variance		*	.01	*	.01	.01	.02	*	*	.02	*	.01	*	.02

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Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	352	4	26	46	83	71	65	12	45	226	122	61	112	110	65	99	106	99	45
Total	326	4	25	43	74	65	60	11	45	206	116	53	102	106	62	92	101	88	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	123	2	11	18	18	22	30	2	21	68	54	17	42	35	29	35	31	36	21
	38%	42%	43%	41%	24%	33%	50%	23%	46%	33%	46%	31%	41%	33%	46%	38%	31%	41%	49%
							dei		d		di								b
Tend to agree (3.0)	130	-	8	17	40	29	16	5	14	94	36	21	39	44	26	26	47	37	19
	40%	-	33%	39%	54%	45%	27%	45%	32%	46%	31%	39%	39%	42%	41%	29%	47%	42%	45%
					fhj	fj				fj							a		
Tend to disagree (2.0)	53	1	1	8	14	11	8	2	8	34	18	9	19	16	7	18	18	11	2
	16%	20%	4%	18%	19%	17%	14%	17%	18%	16%	16%	18%	18%	15%	11%	20%	18%	13%	6%
																d			
Strongly disagree (1.0)	16	1	3	1	1	2	5	1	2	7	8	4	3	8	1	12	-	4	-
	5%	38%	11%	2%	2%	3%	8%	6%	4%	3%	6%	8%	3%	8%	2%	13%	-	4%	-
																bcd		b	
Don't know	5	-	2	-	1	1	-	1	-	4	1	2	-	3	-	1	4	-	-
	1%	-	9%	-	1%	1%	-	10%	-	2%	1%	4%	-	3%	-	1%	4%	-	-
												b					c		
NET: Agree	253	2	19	34	58	51	47	7	35	162	89	37	81	79	54	61	79	73	40
	78%	42%	76%	80%	78%	79%	78%	67%	78%	79%	77%	71%	79%	74%	87%	66%	78%	83%	94%
															ac			a	ab
NET: Disagree	68	2	4	8	15	13	13	2	10	41	26	13	21	24	8	30	18	15	2
	21%	58%	15%	20%	21%	20%	22%	23%	22%	20%	22%	25%	21%	23%	13%	33%	18%	17%	6%
																bcd			
Base for stats	321	4	23	43	73	64	60	10	45	202	115	50	102	103	62	92	96	88	42
Mean Score	3.12	2.45	3.18	3.19	3.02	3.11	3.20	2.93	3.20	3.10	3.18	2.98	3.18	3.02	3.31	2.91	3.14	3.20	3.44
															ac			a	ab
Standard Deviation	.855	1.601	1.007	.801	.720	.795	.977	.881	.887	.794	.930	.918	.816	.903	.745	1.058	.703	.818	.607
Standard Error	.046	.801	.206	.118	.080	.095	.121	.266	.132	.053	.085	.120	.077	.087	.092	.107	.070	.082	.090
Error variance	*	.64	.04	.01	.01	.01	.01	.07	.02	*	.01	.01	.01	.01	.01	.01	*	.01	.01

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Q19A.22. Outdoor sports facilities (e.g. courts and pitches): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		352	191	95	64
Total		326	174	92	58
		100%	100%	100%	100%
Strongly agree	(4.0)	123	72	33	16
		38%	41%	36%	28%
Tend to agree	(3.0)	130	62	41	27
		40%	36%	44%	47%
Tend to disagree	(2.0)	53	31	12	10
		16%	18%	13%	16%
Strongly disagree	(1.0)	16	7	5	4
		5%	4%	5%	7%
Don't know		5	3	1	1
		1%	2%	1%	2%
NET: Agree		253	134	74	44
		78%	77%	80%	75%
NET: Disagree		68	38	17	14
		21%	22%	19%	23%
Base for stats		321	171	91	57
Mean Score		3.12	3.16	3.12	2.97
Standard Deviation		.855	.857	.844	.868
Standard Error		.046	.063	.087	.109
Error variance		*	*	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total		230	95	133	144	62	24	15	29	15	32	14	9	63	35	18
Total		215	88	125	124	60	32	12	24	17	24	12	11	66	30	19
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	85	37	48	51	20	14	4	9	7	9	4	5	29	13	6
		40%	41%	38%	41%	33%	45%	34%	35%	42%	37%	36%	46%	45%	41%	29%
Tend to agree	(3.0)	93	39	53	47	33	13	7	13	8	8	5	5	25	14	9
		43%	44%	43%	38%	56% a	40%	55%	51%	45%	34%	45%	44%	38%	45%	49%
Tend to disagree	(2.0)	27	7	20	23	3	1	1	2	2	5	2	1	6	4	4
		13%	9%	16%	18% b	6%	4%	10%	7%	13%	20%	13%	10%	10%	14%	22%
Strongly disagree	(1.0)	6	4	3	1	2	3	-	1	-	1	-	-	4	-	-
		3%	4%	2%	1%	4%	8%	-	3%	-	5%	-	-	6%	-	-
Don't know		3	2	1	1	1	1	-	1	-	1	1	-	1	-	-
		1%	2%	1%	1%	1%	3%	-	3%	-	3%	5%	-	1%	-	-
NET: Agree		179	75	101	98	53	27	11	21	14	17	10	10	54	26	15
		83%	86%	81%	79%	89%	85%	90%	87%	87%	71%	81%	90%	83%	86%	78%
NET: Disagree		34	11	23	24	6	4	1	2	2	6	2	1	11	4	4
		16%	13%	18%	19%	10%	12%	10%	10%	13%	26%	13%	10%	16%	14%	22%
Base for stats		212	87	124	122	59	31	12	24	17	23	11	11	65	30	19
Mean Score		3.21	3.25	3.18	3.21	3.20	3.25	3.24	3.23	3.28	3.06	3.24	3.36	3.23	3.27	3.07
Standard Deviation		.780	.790	.777	.780	.729	.893	.651	.737	.706	.921	.714	.692	.879	.701	.727
Standard Error		.052	.082	.068	.065	.093	.186	.168	.139	.182	.165	.198	.231	.112	.119	.171
Error variance		*	.01	*	*	.01	.03	.03	.02	.03	.03	.04	.05	.01	.01	.03

Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		230	42	58	56	39	21	14	156	74	170	13	23	14	5	2	57
Total		215	39	62	52	32	19	12	152	63	161	12	22	12	4	2	51
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	85	14	28	20	12	6	5	62	24	72	1	7	4	1	1	13
		40%	36%	45%	39%	38%	33%	44%	40%	38%	45% g	7%	31%	33%	18%	47%	26%
Tend to agree	(3.0)	93	18	26	21	15	10	2	65	28	66	10	8	6	3	1	27
		43%	47%	42%	40%	48%	54%	21%	43%	45%	41%	86%	35%	54%	59%	53%	53%
Tend to disagree	(2.0)	27	6	7	6	3	3	2	19	8	16	1	7	1	1	-	11
		13%	17%	11%	12%	10%	13%	21%	13%	13%	10%	8%	34%	13%	23%	-	21% a
Strongly disagree	(1.0)	6	-	1	4	1	-	1	5	1	5	-	-	-	-	-	-
		3%	-	2%	7%	2%	-	7%	3%	2%	3%	-	-	-	-	-	-
Don't know		3	-	-	1	1	-	1	1	2	2	-	-	-	-	-	-
		1%	-	-	3%	2%	-	8%	1%	2%	1%	-	-	-	-	-	-
NET: Agree		179	32	54	41	28	16	8	127	52	138	11	14	10	3	2	41
		83%	83%	87%	78%	86%	87%	65%	83%	82%	86%	92%	66%	87%	77%	100%	79%
NET: Disagree		34	6	8	10	4	3	3	24	10	20	1	7	1	1	-	11
		16%	17%	13%	19%	12%	13%	27%	16%	15%	13%	8%	34%	13%	23%	-	21%
Base for stats		212	39	62	50	32	19	11	151	61	158	12	22	12	4	2	51
Mean Score		3.21	3.19	3.30	3.13	3.25	3.19	3.11	3.22	3.21	3.30 g	2.99	2.97	3.21	2.95	3.47	3.04
Standard Deviation		.780	.709	.747	.897	.725	.669	1.039	.789	.761	.766	.397	.826	.676	.732	.737	.688
Standard Error		.052	.109	.098	.122	.118	.146	.288	.064	.090	.059	.110	.172	.181	.327	.521	.091
Error variance		*	.01	.01	.01	.01	.02	.08	*	.01	*	.01	.03	.03	.11	.27	.01

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Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	230	102	45	59	104	11	28	91	41	10	6	11	17	7	8	39
Total	215	86	47	63	110	9	26	87	38	10	7	9	14	6	9	35
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	85	37	18	28	46	5	13	36	11	3	3	4	6	2	5	18
	40%	42%	38%	45%	42%	55%	50%	41%	29%	29%	37%	41%	41%	27%	49%	51% d
Tend to agree (3.0)	93	35	20	26	47	3	10	36	22	6	3	4	3	2	3	14
	43%	41%	43%	42%	43%	36%	41%	42%	59%	55%	48%	42%	25%	31%	28%	40%
Tend to disagree (2.0)	27	11	9	6	15	1	2	13	5	1	1	1	2	1	1	3
	13%	12%	19%	9%	13%	9%	7%	15%	13%	9%	15%	6%	12%	22%	14%	7%
Strongly disagree (1.0)	6	2	-	2	2	-	-	1	-	1	-	-	2	1	1	-
	3%	2%	-	4%	2%	-	-	1%	-	7%	-	-	17%	20%	8%	-
Don't know	3	2	-	-	-	-	1	1	-	-	-	1	1	-	-	1
	1%	2%	-	-	-	-	3%	1%	-	-	-	10%	5%	-	-	2%
NET: Agree	179	72	38	54	92	8	23	72	33	9	6	7	9	3	7	32
	83%	83%	81%	87%	84%	91%	90%	83%	87%	84%	85%	83%	66%	58%	77%	91%
NET: Disagree	34	13	9	8	17	1	2	15	5	2	1	1	4	2	2	3
	16%	15%	19%	13%	16%	9%	7%	17%	13%	16%	15%	6%	29%	42%	23%	7%
Base for stats	212	84	47	63	110	9	25	87	38	10	7	8	13	6	9	34
Mean Score	3.21	3.26	3.19	3.28	3.24	3.46	3.44	3.23	3.16	3.06	3.22	3.38	2.95	2.64	3.18	3.44
Standard Deviation	.780	.773	.737	.795	.769	.693	.636	.760	.631	.847	.742	.660	1.173	1.191	1.026	.641
Standard Error	.052	.077	.110	.104	.075	.209	.122	.080	.099	.268	.303	.209	.293	.450	.363	.104
Error variance	*	.01	.01	.01	.01	.04	.01	.01	.01	.07	.09	.04	.09	.20	.13	.01

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Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		230	73	63	22	15	85	88	68	62	34	8	96	76	24	89	95	22	206
Total		215	69	61	22	15	82	84	64	62	32	8	93	72	24	83	90	19	191
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	85	34	15	5	10	20	44	29	17	12	6	29	35	8	29	39	10	77
		40%	50%	25%	22%	63%	24%	52%	45%	27%	39%	79%	31%	49%	33%	35%	44%	52%	41%
			be					be	b					be					
Tend to agree	(3.0)	93	24	37	12	4	49	28	26	36	13	1	49	27	13	38	34	7	80
		43%	36%	61%	57%	24%	60%	34%	41%	58%	41%	12%	52%	38%	54%	47%	38%	39%	42%
				af			af			f									
Tend to disagree	(2.0)	27	9	7	5	2	11	11	7	9	6	-	15	7	2	12	12	1	25
		13%	13%	11%	21%	13%	14%	13%	11%	14%	19%	-	16%	10%	10%	15%	13%	5%	13%
Strongly disagree	(1.0)	6	-	2	-	-	2	-	1	-	1	-	1	1	-	3	3	-	6
		3%	-	3%	-	-	2%	-	2%	-	2%	-	1%	2%	-	4%	3%	-	3%
Don't know		3	1	-	-	-	-	1	1	-	-	1	-	1	1	-	1	1	2
		1%	2%	-	-	-	-	2%	1%	-	-	9%	-	2%	4%	-	2%	4%	1%
NET: Agree		179	59	52	17	13	69	72	55	53	25	7	78	62	21	67	73	17	157
		83%	85%	86%	79%	87%	84%	86%	86%	86%	79%	91%	83%	87%	87%	81%	82%	91%	82%
NET: Disagree		34	9	9	5	2	13	11	8	9	7	-	15	8	2	16	15	1	31
		16%	13%	14%	21%	13%	16%	13%	13%	14%	21%	-	17%	12%	10%	19%	17%	5%	16%
Base for stats		212	67	61	22	15	82	82	64	62	32	7	93	71	23	83	88	18	189
Mean Score		3.21	3.38	3.08	3.01	3.50	3.06	3.40	3.30	3.13	3.16	3.86	3.14	3.36	3.24	3.12	3.24	3.49	3.21
			be					be											
Standard Deviation		.780	.707	.702	.670	.737	.690	.710	.751	.639	.810	.370	.697	.740	.633	.803	.816	.611	.797
Standard Error		.052	.084	.088	.143	.190	.075	.077	.092	.081	.139	.140	.071	.086	.132	.085	.085	.133	.056
Error variance		*	.01	.01	.02	.04	.01	.01	.01	.01	.02	.02	.01	.01	.02	.01	.01	.02	*

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Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		230	95	107	45	45	23	127	98	11	190	40	187	38
Total		215	88	99	41	42	23	119	92	10	181	34	176	35
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	85	39	38	18	16	6	52	32	7	71	14	77	8
		40%	44%	38%	43%	38%	27%	44%	35%	67%	39%	41%	44%	23%
														b
Tend to agree	(3.0)	93	39	40	17	20	15	46	45	3	81	13	70	20
		43%	44%	41%	41%	47%	65%	39%	49%	33%	45%	36%	40%	58%
														a
Tend to disagree	(2.0)	27	9	15	5	4	2	16	10	-	20	7	21	5
		13%	11%	15%	11%	10%	8%	14%	11%	-	11%	21%	12%	13%
Strongly disagree	(1.0)	6	1	5	1	1	-	4	2	-	6	-	5	1
		3%	1%	5%	3%	3%	-	3%	3%	-	3%	-	3%	4%
Don't know		3	-	1	1	1	-	1	2	-	2	1	2	1
		1%	-	1%	2%	2%	-	1%	2%	-	1%	2%	1%	3%
NET: Agree		179	77	78	34	36	21	98	77	10	152	27	148	28
		83%	88%	79%	84%	86%	92%	83%	84%	100%	84%	77%	84%	81%
NET: Disagree		34	11	20	6	5	2	20	13	-	27	7	26	6
		16%	12%	20%	14%	12%	8%	17%	14%	-	15%	21%	15%	17%
Base for stats		212	88	98	40	41	23	118	90	10	179	34	174	34
Mean Score		3.21	3.30	3.13	3.26	3.24	3.19	3.24	3.18	3.67	3.22	3.20	3.27	3.02
Standard Deviation		.780	.720	.856	.793	.748	.573	.811	.743	.498	.782	.777	.784	.731
Standard Error		.052	.074	.084	.120	.113	.120	.072	.076	.150	.057	.124	.058	.120
Error variance		*	.01	.01	.01	.01	.01	.01	.01	.02	*	.02	*	.01

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Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	230	3	13	34	72	52	26	8	22	171	56	38	73	66	48	56	82	61	28
Total	215	2	12	30	68	51	23	7	22	161	52	38	67	62	44	51	76	62	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	85	1	7	10	24	17	11	3	13	58	26	13	20	23	28	15	30	20	19
	40%	36%	60%	32%	36%	33%	46%	40%	59%	36%	51% i	34%	30%	37%	64% abc	30%	40%	33%	75%
Tend to agree (3.0)	93	1	4	16	29	26	7	3	8	74	18	20	31	29	12	23	33	34	4
	43%	64%	30%	51%	43%	52%	31%	39%	35%	46%	34%	52% d	46% d	47% d	28%	44%	44%	55%	16%
Tend to disagree (2.0)	27	-	1	3	14	6	3	-	1	24	4	3	14	8	1	6	11	8	2
	13%	-	11%	10%	20%	11%	15%	-	3%	15%	8%	8%	21% d	13%	3%	12%	14%	13%	9%
Strongly disagree (1.0)	6	-	-	1	-	1	2	1	1	2	4	2	2	1	1	5	2	-	-
	3%	-	-	4%	-	2%	8%	21%	3%	2%	7% di	5%	3%	2%	3%	9% c	2%	-	-
Don't know	3	-	-	1	1	1	-	-	-	3	-	1	-	-	1	2	-	-	-
	1%	-	-	2%	2%	2%	-	-	-	2%	-	2%	-	-	2%	4%	-	-	-
NET: Agree	179	2	11	25	53	43	18	6	21	132	44	32	51	52	41	38	63	54	22
	83%	100%	89%	83%	78%	85%	78%	79%	94%	82%	85%	86%	76%	85%	92% b	74%	84%	87%	91%
NET: Disagree	34	-	1	4	14	7	5	1	1	26	8	5	16	10	2	11	12	8	2
	16%	-	11%	15%	20%	13%	22%	21%	6%	16%	15%	13%	24% d	15%	6%	21%	16%	13%	9%
Base for stats	212	2	12	30	67	50	23	7	22	158	52	37	67	62	43	49	76	62	25
Mean Score	3.21	3.36	3.49	3.13	3.16	3.18	3.16	2.99	3.51	3.19	3.29	3.17	3.03	3.20	3.57 abc	3.00	3.22	3.20	3.66
Standard Deviation	.780	.656	.713	.781	.741	.723	.966	1.195	.715	.739	.904	.775	.794	.753	.700	.914	.771	.648	.650
Standard Error	.052	.379	.198	.136	.089	.101	.189	.423	.152	.057	.121	.127	.093	.093	.102	.126	.085	.083	.123
Error variance	*	.14	.04	.02	.01	.01	.04	.18	.02	*	.01	.02	.01	.01	.01	.02	.01	.01	.02

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Q19A.23. Outdoor swimming pools: To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		230	126	61	43
Total		215	119	56	40
		100%	100%	100%	100%
Strongly agree	(4.0)	85	52	16	17
		40%	44%	29%	42%
Tend to agree	(3.0)	93	47	28	18
		43%	39%	50%	46%
Tend to disagree	(2.0)	27	13	11	4
		13%	11%	19%	9%
Strongly disagree	(1.0)	6	5	-	1
		3%	4%	-	3%
Don't know		3	2	1	-
		1%	2%	1%	-
NET: Agree		179	99	44	36
		83%	83%	80%	88%
NET: Disagree		34	18	11	5
		16%	15%	19%	12%
Base for stats		212	117	55	40
Mean Score		3.21	3.24	3.10	3.27
Standard Deviation		.780	.824	.698	.755
Standard Error		.052	.074	.090	.115
Error variance		*	.01	.01	.01

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Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	e	*f	g	h	*i
Unweighted Total		260	109	149	138	93	29	12	39	23	28	30	17	43	51	17
Total		242	97	143	116	90	36	10	38	24	22	22	21	42	45	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	86	42	44	39	28	18	3	18	4	8	7	5	15	17	8
		35%	43%	31%	34%	32%	51%	34%	47%	17%	36%	30%	26%	36%	38%	46%
			b													
Tend to agree	(3.0)	95	35	58	43	38	14	2	10	13	8	8	10	18	19	7
		39%	37%	41%	37%	43%	38%	22%	25%	54%	38%	35%	48%	42%	42%	39%
Tend to disagree	(2.0)	35	17	18	19	12	3	2	8	2	3	4	5	3	5	3
		14%	17%	13%	17%	14%	8%	26%	20%	7%	13%	19%	22%	7%	12%	14%
Strongly disagree	(1.0)	18	2	16	12	6	-	2	1	5	2	2	1	4	1	-
		7%	2%	12%	10%	7%	-	18%	2%	22%	8%	9%	5%	10%	3%	-
				a												
Don't know		8	2	6	3	5	1	-	2	-	1	2	-	2	2	-
		3%	2%	4%	2%	5%	2%	-	5%	-	4%	8%	-	4%	5%	-
NET: Agree		181	77	103	82	67	32	5	28	17	16	14	16	33	36	15
		75%	79%	72%	71%	74%	89%	56%	73%	71%	75%	65%	73%	78%	80%	86%
NET: Disagree		53	18	35	31	18	3	4	8	7	5	6	6	7	7	3
		22%	19%	24%	27%	20%	8%	44%	22%	29%	21%	28%	27%	18%	15%	14%
Base for stats		234	95	137	113	85	35	10	36	24	21	21	21	40	43	18
Mean Score		3.06	3.23	2.95	2.96	3.05	3.44	2.71	3.25	2.66	3.08	2.93	2.94	3.09	3.20	3.32
			b													
Standard Deviation		.909	.795	.969	.973	.877	.656	1.179	.867	1.021	.938	.971	.836	.945	.795	.730
Standard Error		.057	.077	.081	.084	.094	.124	.340	.143	.213	.180	.183	.203	.148	.114	.177
Error variance		*	.01	.01	.01	.01	.02	.12	.02	.05	.03	.03	.04	.02	.01	.03

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Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?
BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		260	29	59	62	52	32	26	150	110	198	10	22	22	3	1	58
Total		242	27	57	57	46	28	26	141	101	188	9	19	19	3	1	50
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	86	12	19	15	15	13	12	46	40	67	2	8	8	-	-	17
		35%	45%	33%	26%	32%	45%	47%	33%	40%	35%	19%	41%	41%	-	-	34%
Tend to agree	(3.0)	95	10	19	27	21	12	5	57	38	74	4	8	7	1	1	21
		39%	38%	33%	48%	46%	41%	19%	40%	38%	39%	48%	40%	38%	35%	100%	41%
Tend to disagree	(2.0)	35	3	9	7	7	3	6	19	16	26	2	2	4	1	-	8
		14%	12%	16%	12%	16%	9%	22%	14%	15%	14%	19%	11%	21%	32%	-	17%
Strongly disagree	(1.0)	18	1	7	5	3	1	1	13	6	14	1	2	-	1	-	4
		7%	5%	11%	8%	6%	4%	6%	9%	6%	8%	15%	8%	-	33%	-	8%
Don't know		8	-	4	3	-	-	2	7	2	7	-	-	-	-	-	-
		3%	-	7%	5%	-	-	6%	5%	2%	4%	-	-	-	-	-	-
NET: Agree		181	23	38	42	36	25	17	103	78	140	6	15	15	1	1	38
		75%	83%	66%	74%	78%	87% b	66%	73%	77%	74%	66%	81%	79%	35%	100%	75%
NET: Disagree		53	5	15	12	10	4	7	32	21	41	3	4	4	2	-	12
		22%	17%	27%	21%	22%	13%	28%	22%	21%	22%	34%	19%	21%	65%	-	25%
Base for stats		234	27	53	54	46	28	25	135	99	181	9	19	19	3	1	50
Mean Score		3.06	3.24	2.94	2.97	3.03	3.28	3.14	3.01	3.13	3.06	2.70	3.14	3.20	2.03	3.00	3.02
Standard Deviation		.909	.856	1.014	.874	.864	.805	.998	.929	.880	.911	.996	.935	.781	1.023	-	.912
Standard Error		.057	.159	.137	.114	.120	.142	.204	.078	.085	.066	.315	.199	.166	.591	-	.120
Error variance		*	.03	.02	.01	.01	.02	.04	.01	.01	*	.10	.04	.03	.35	-	.01

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Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	260	122	56	56	112	10	26	98	49	10	5	13	25	10	14	36
Total	242	104	60	57	117	9	24	91	44	9	5	12	19	9	20	33
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	86	33	25	21	45	3	11	28	17	1	4	6	5	2	9	14
	35%	31%	41%	36%	39%	35%	44%	31%	38%	17%	76%	49%	24%	23%	47%	42%
Tend to agree (3.0)	95	45	20	23	43	5	9	37	17	3	1	4	8	4	7	14
	39%	43%	33%	40%	36%	57%	38%	40%	38%	31%	13%	35%	42%	45%	37%	43%
Tend to disagree (2.0)	35	18	8	6	14	-	3	15	6	3	1	2	1	1	3	3
	14%	18%	13%	11%	12%	-	13%	16%	13%	41%	11%	17%	7%	7%	16%	9%
Strongly disagree (1.0)	18	5	6	4	11	1	1	8	4	1	-	-	2	1	-	2
	7%	5%	11%	8%	9%	9%	5%	9%	8%	11%	-	-	12%	8%	-	6%
Don't know	8	3	1	3	4	-	-	3	1	-	-	-	3	2	-	-
	3%	3%	2%	5%	4%	-	-	3%	2%	-	-	-	15%	17%	-	-
NET: Agree	181	77	45	44	88	8	19	65	34	4	5	10	13	6	16	28
	75%	74%	74%	76%	75%	91%	82%	71%	76%	48%	89%	83%	66%	68%	84%	85%
NET: Disagree	53	23	15	11	25	1	4	23	10	4	1	2	4	1	3	5
	22%	22%	24%	19%	21%	9%	18%	25%	22%	52%	11%	17%	19%	15%	16%	15%
Base for stats	234	101	59	54	113	9	24	88	44	9	5	12	17	8	20	33
Mean Score	3.06	3.04	3.06	3.10	3.08	3.18	3.21	2.96	3.08	2.54	3.64	3.32	2.91	3.00	3.32	3.20
Standard Deviation	.909	.843	1.003	.907	.955	.860	.876	.936	.937	.962	.753	.775	.993	.921	.745	.858
Standard Error	.057	.078	.135	.125	.092	.272	.172	.096	.135	.304	.337	.215	.212	.326	.199	.143
Error variance	*	.01	.02	.02	.01	.07	.03	.01	.02	.09	.11	.05	.04	.11	.04	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		260	80	57	26	15	83	95	77	60	33	11	93	88	29	118	94	19	231
Total		242	75	53	23	14	76	88	71	55	30	11	85	82	27	110	89	16	215
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	86	30	15	9	4	24	34	25	21	7	5	28	30	6	39	31	9	79
		35%	40%	29%	38%	32%	31%	39%	36%	39%	24%	49%	33%	37%	24%	36%	35%	55%	37%
Tend to agree	(3.0)	95	27	23	8	6	31	33	27	23	11	3	33	31	11	41	38	4	83
		39%	36%	44%	35%	43%	41%	37%	39%	41%	36%	33%	39%	38%	43%	37%	43%	27%	39%
Tend to disagree	(2.0)	35	12	8	2	3	11	14	9	7	7	2	14	11	7	18	8	2	27
		14%	15%	16%	10%	19%	14%	16%	13%	14%	23%	19%	17%	14%	28%	16%	9%	13%	13%
Strongly disagree	(1.0)	18	4	5	4	1	9	4	6	4	5	-	9	6	1	8	8	1	17
		7%	5%	9%	17%	6%	12%	5%	8%	7%	17%	-	10%	7%	3%	7%	9%	5%	8%
Don't know		8	3	1	-	-	1	3	4	-	-	-	-	4	1	4	4	-	8
		3%	4%	2%	-	-	2%	3%	5% e	-	-	-	-	5% e	3%	3%	5%	-	4%
NET: Agree		181	57	38	17	10	55	67	53	44	18	9	62	61	18	80	69	13	163
		75%	76%	73%	73%	75%	73%	76%	74%	80% c	60%	81%	73%	75%	67%	73%	78%	82%	76%
NET: Disagree		53	15	13	6	3	20	19	15	11	12	2	23	17	8	26	16	3	45
		22%	20%	25%	27%	25%	26%	21%	21%	20%	40% abf	19%	27%	20%	31%	24%	18%	18%	21%
Base for stats		234	72	52	23	14	75	86	67	55	30	11	85	78	26	106	85	16	207
Mean Score		3.06	3.15	2.94	2.95	3.00	2.94	3.13	3.08 c	3.12 c	2.67	3.30	2.96	3.11 c	2.90	3.05	3.08	3.32	3.08
Standard Deviation		.909	.873	.923	1.097	.906	.972	.874	.919	.887	1.037	.801	.961	.902	.822	.920	.921	.914	.919
Standard Error		.057	.099	.123	.215	.234	.107	.091	.108	.115	.180	.241	.100	.098	.155	.086	.097	.210	.062
Error variance		*	.01	.02	.05	.05	.01	.01	.01	.01	.03	.06	.01	.01	.02	.01	.01	.04	*

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Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		260	84	138	59	45	14	144	106	10	212	48	209	45
Total		242	80	127	55	44	12	133	100	9	200	42	196	40
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	86	32	45	17	14	3	51	31	2	72	14	77	7
		35%	40%	35%	31%	31%	22%	38%	31%	22%	36%	33%	39%	17%
													b	
Tend to agree	(3.0)	95	30	51	18	20	7	53	38	5	81	14	76	17
		39%	37%	40%	33%	45%	55%	40%	38%	50%	40%	34%	39%	42%
Tend to disagree	(2.0)	35	9	17	12	7	2	15	20	1	26	9	24	10
		14%	12%	14%	21%	15%	15%	11%	20%	7%	13%	20%	12%	26%
														a
Strongly disagree	(1.0)	18	8	8	6	3	1	9	9	1	13	5	12	6
		7%	10%	7%	11%	7%	8%	7%	9%	11%	7%	11%	6%	15%
														a
Don't know		8	1	6	2	1	-	5	2	1	8	1	7	-
		3%	1%	5%	4%	2%	-	4%	2%	10%	4%	2%	4%	-
NET: Agree		181	62	96	35	33	9	104	69	7	153	28	152	24
		75%	77%	75%	64%	76%	77%	78%	69%	72%	76%	67%	78%	59%
								a					b	
NET: Disagree		53	17	26	18	9	3	25	28	2	40	13	36	16
		22%	22%	20%	32%	22%	23%	18%	28%	19%	20%	32%	19%	41%
					d									a
Base for stats		234	79	121	53	43	12	128	98	8	192	41	189	40
Mean Score		3.06	3.09	3.09	2.88	3.03	2.91	3.13	2.94	2.91	3.10	2.90	3.15	2.61
													b	
Standard Deviation		.909	.964	.889	.997	.873	.863	.892	.942	.962	.884	1.010	.880	.944
Standard Error		.057	.106	.077	.133	.132	.231	.076	.093	.321	.062	.147	.062	.141
Error variance		*	.01	.01	.02	.02	.05	.01	.01	.10	*	.02	*	.02

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Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	260	10	14	55	51	44	47	13	26	164	86	53	91	79	33	60	80	88	29
Total	242	8	12	49	45	44	44	12	28	150	83	48	82	78	32	55	75	83	27
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	86	3	3	19	11	11	26	5	9	43	40	17	28	24	17	14	26	33	12
	35%	33%	25%	38%	24%	24%	60%	39%	33%	29%	48%	35%	34%	31%	52%	25%	35%	40%	44%
							cdei				dei				c				
Tend to agree (3.0)	95	5	5	17	22	17	12	4	13	61	29	18	30	37	10	20	25	36	12
	39%	55%	38%	36%	49%	39%	28%	33%	46%	41%	35%	39%	36%	47%	32%	37%	34%	44%	44%
					f														
Tend to disagree (2.0)	35	-	3	7	9	8	3	1	3	27	8	10	12	10	3	10	14	8	2
	14%	-	23%	15%	19%	19%	7%	10%	12%	18%	9%	20%	14%	13%	11%	18%	19%	10%	8%
Strongly disagree (1.0)	18	1	2	2	4	5	1	2	1	13	4	2	9	5	1	9	7	2	-
	7%	12%	15%	5%	8%	12%	3%	17%	3%	9%	5%	4%	11%	7%	3%	16%	10%	2%	-
																c	c		
Don't know	8	-	-	3	-	3	1	-	2	6	3	1	4	2	1	2	1	3	1
	3%	-	-	6%	-	6%	2%	-	6%	4%	3%	2%	5%	3%	2%	4%	1%	4%	3%
NET: Agree	181	7	8	36	33	27	38	8	22	104	69	35	57	61	27	34	52	69	24
	75%	88%	63%	74%	73%	63%	88%	73%	79%	70%	83%	74%	70%	78%	84%	62%	69%	84%	89%
							ei				ei							ab	
NET: Disagree	53	1	5	10	12	13	4	3	4	40	12	12	21	15	4	19	22	10	2
	22%	12%	37%	20%	27%	31%	10%	27%	15%	27%	14%	24%	25%	20%	14%	34%	29%	12%	8%
					f	fj				fj						c	c		
Base for stats	234	8	12	46	45	41	43	12	26	144	81	47	78	76	31	53	74	79	26
Mean Score	3.06	3.09	2.73	3.14	2.88	2.81	3.48	2.95	3.17	2.93	3.30	3.06	2.98	3.04	3.37	2.73	2.97	3.27	3.38
							cdei				dei				b			ab	
Standard Deviation	.909	.958	1.036	.879	.867	.979	.768	1.132	.767	.921	.841	.868	.985	.856	.803	1.037	.981	.735	.645
Standard Error	.057	.303	.277	.122	.121	.153	.113	.314	.157	.073	.092	.120	.106	.098	.142	.136	.110	.080	.122
Error variance	*	.09	.08	.01	.01	.02	.01	.10	.02	.01	.01	.01	.01	.01	.02	.02	.01	.01	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19A.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): To what extent do you agree or disagree that facilities like this should continue to follow Covid-19 safety measures, such as social distancing, capacity limits or use of facemasks?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		260	114	67	76
Total		242	104	64	70
		100%	100%	100%	100%
Strongly agree	(4.0)	86	38	21	24
		35%	37%	33%	35%
Tend to agree	(3.0)	95	46	26	22
		39%	44%	40%	32%
Tend to disagree	(2.0)	35	8	11	16
		14%	7%	17%	23%
				a	a
Strongly disagree	(1.0)	18	8	5	5
		7%	8%	8%	8%
Don't know		8	4	1	2
		3%	4%	1%	3%
NET: Agree		181	84	47	47
		75%	81%	74%	67%
			c		
NET: Disagree		53	16	16	21
		22%	15%	25%	30%
					a
Base for stats		234	100	63	68
Mean Score		3.06	3.15	3.01	2.97
Standard Deviation		.909	.875	.912	.958
Standard Error		.057	.084	.112	.111
Error variance		*	.01	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2. SUMMARY: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	Very comfortable	Fairly comfortable	Neither comfortable nor uncomfortable	Fairly uncomfortable	Very uncomfortable	Don't know	NET: Comfortable	NET: Uncomfortable
Outdoor sports facilities (e.g. courts and pitches)	326	115	148	46	15	1	2	262	16
	100%	35%	45%	14%	5%	*	1%	80%	5%
Indoor swimming pools	334	124	138	51	13	6	2	262	20
	100%	37%	41%	15%	4%	2%	1%	78%	6%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	149	176	63	23	7	3	324	29
	100%	35%	42%	15%	5%	2%	1%	77%	7%
Outdoor exercise classes	220	83	87	32	13	3	3	170	16
	100%	37%	40%	14%	6%	1%	1%	77%	7%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	91	92	32	13	3	11	183	17
	100%	38%	38%	13%	5%	1%	4%	76%	7%
Outdoor swimming pools	215	77	84	39	9	3	3	161	12
	100%	36%	39%	18%	4%	1%	2%	75%	5%
Other indoor sports facilities	172	46	58	31	21	8	7	105	29
	100%	27%	34%	18%	12%	5%	4%	61%	17%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	*f	g	h	*i
Unweighted Total		457	194	262	248	169	40	33	60	35	69	45	28	95	67	25
Total		420	172	247	206	166	48	28	54	36	51	35	34	95	62	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	149	63	85	75	55	19	9	20	12	22	15	7	35	22	7
		35%	37%	35%	36%	33%	39%	32%	38%	32%	44%	42%	19%	37%	36%	28%
Fairly comfortable	(4.0)	176	71	105	77	76	22	12	23	15	20	15	14	38	28	11
		42%	41%	42%	37%	46%	47%	45%	43%	40%	39%	43%	41%	40%	45%	43%
Neither comfortable nor uncomfortable	(3.0)	63	25	38	35	23	5	4	5	8	4	3	8	17	9	5
		15%	14%	15%	17%	14%	11%	14%	10%	22%	8%	8%	23%	18%	14%	20%
										d						
Fairly uncomfortable	(2.0)	23	10	12	15	8	-	2	3	1	4	1	4	3	2	2
		5%	6%	5%	7%	5%	-	6%	6%	3%	7%	3%	13%	4%	3%	9%
Very uncomfortable	(1.0)	7	2	5	2	3	2	1	2	1	1	1	-	1	-	-
		2%	1%	2%	1%	2%	3%	3%	3%	3%	3%	2%	-	1%	-	-
Don't know		3	1	2	2	1	-	-	-	-	-	1	1	-	1	-
		1%	1%	1%	1%	1%	-	-	-	-	-	2%	4%	-	2%	-
NET: Comfortable		324	134	190	152	131	41	21	43	26	42	30	20	73	50	18
		77%	78%	77%	74%	79%	86%	77%	81%	72%	83%	85%	61%	77%	81%	71%
NET: Uncomfortable		29	12	16	17	11	2	3	5	2	5	2	4	5	2	2
		7%	7%	7%	8%	7%	3%	9%	9%	5%	10%	5%	13%	5%	3%	9%
Base for stats		417	171	245	204	165	48	28	54	36	51	35	32	95	61	26
Mean Score		4.05	4.07	4.04	4.02	4.04	4.18	3.96	4.06	3.96	4.14	4.23	3.70	4.08	4.15	3.90
Standard Deviation		.933	.925	.933	.958	.918	.886	1.016	1.002	.964	1.017	.880	.955	.903	.796	.921
Standard Error		.044	.067	.058	.061	.071	.140	.177	.129	.163	.122	.133	.184	.093	.098	.184
Error variance		*	*	*	*	.01	.02	.03	.02	.03	.01	.02	.03	.01	.01	.03

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		457	83	125	97	68	43	41	305	152	331	19	64	28	5	5	121
Total		420	78	122	88	56	35	41	287	133	307	17	57	25	5	5	108
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	149	30	36	30	21	16	15	97	52	111	7	20	4	1	2	34
		35%	39%	30%	34%	37%	46%	36%	34%	39%	36%	42%	36%	16%	23%	37%	32%
Fairly comfortable	(4.0)	176	31	56	38	22	12	16	126	50	131	5	19	15	2	3	44
		42%	40%	46%	44%	40%	33%	40%	44%	38%	43%	30%	34%	61%	39%	63%	41%
Neither comfortable nor uncomfortable	(3.0)	63	11	18	14	7	7	7	42	21	44	4	12	2	1	-	19
		15%	14%	15%	16%	13%	19%	16%	15%	16%	14%	22%	21%	10%	20%	-	18%
Fairly uncomfortable	(2.0)	23	5	7	6	4	1	-	18	5	15	1	4	2	-	-	7
		5%	6%	6%	6%	8%	2%	-	6%	4%	5%	5%	7%	9%	-	-	7%
Very uncomfortable	(1.0)	7	1	3	-	1	-	2	4	3	4	-	1	1	1	-	3
		2%	1%	2%	-	2%	-	4%	1%	2%	1%	-	2%	5%	18%	-	3%
Don't know		3	-	1	-	-	-	2	1	2	3	-	-	-	-	-	-
		1%	-	1%	-	-	-	5%	*	2%	1%	-	-	-	-	-	-
								acg									
NET: Comfortable		324	61	93	68	43	27	31	222	102	242	12	40	19	3	5	79
		77%	79%	76%	78%	77%	79%	75%	77%	77%	79%	72%	70%	77%	62%	100%	73%
NET: Uncomfortable		29	5	10	6	6	1	2	21	8	18	1	5	3	1	-	10
		7%	7%	8%	6%	10%	2%	4%	7%	6%	6%	5%	9%	14%	18%	-	10%
Base for stats		417	78	121	88	56	35	39	286	131	304	17	57	25	5	5	108
Mean Score		4.05	4.10	3.96	4.06	4.02	4.23	4.09	4.03	4.09	4.09	4.09	3.95	3.74	3.48	4.37	3.92
Standard Deviation		.933	.935	.959	.872	1.021	.833	.963	.925	.953	.897	.948	1.022	1.008	1.502	.542	1.014
Standard Error		.044	.103	.086	.088	.124	.127	.154	.053	.078	.050	.217	.128	.191	.672	.242	.092
Error variance		*	.01	.01	.01	.02	.02	.02	*	.01	*	.05	.02	.04	.45	.06	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total		457	207	103	106	209	24	55	196	64	17	11	16	39	19	16	79
Total		420	171	106	111	217	21	49	183	57	17	10	13	31	18	20	70
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	149	61	37	36	73	8	17	63	19	3	4	5	14	9	8	25
		35%	36%	35%	33%	34%	38%	34%	34%	33%	15%	36%	35%	46%	48%	41%	35%
Fairly comfortable	(4.0)	176	71	39	56	95	12	20	81	26	7	4	4	9	7	7	31
		42%	42%	37%	51% b	44%	55%	40%	44%	45%	42%	39%	34%	28%	39%	34%	44%
Neither comfortable nor uncomfortable	(3.0)	63	26	19	15	34	-	10	26	7	5	2	1	7	1	3	10
		15%	15%	18%	13%	15%	-	20%	14%	13%	32%	16%	10%	22%	6%	17%	14%
Fairly uncomfortable	(2.0)	23	9	7	3	9	1	3	8	5	2	-	3	1	-	-	4
		5%	5%	6%	2%	4%	4%	6%	4%	9%	11%	-	21%	4%	-	-	5%
Very uncomfortable	(1.0)	7	3	1	1	2	-	-	4	1	-	1	-	-	-	2	-
		2%	2%	1%	1%	1%	-	-	2%	1%	-	9%	-	-	-	8%	-
Don't know		3	-	3	-	3	1	-	1	-	-	-	-	-	1	-	1
		1%	-	3% a	-	1%	4%	-	1%	-	-	-	-	-	7%	-	1%
NET: Comfortable		324	132	76	93	169	20	36	144	44	10	8	9	23	16	15	56
		77%	77%	72%	83% b	78%	93%	74%	79%	77%	57%	75%	69%	74%	86%	75%	80%
NET: Uncomfortable		29	13	8	4	12	1	3	12	6	2	1	3	1	-	2	4
		7%	7%	8%	3%	5%	4%	6%	6%	10%	11%	9%	21%	4%	-	8%	5%
Base for stats		417	171	103	111	214	21	49	182	57	17	10	13	31	17	20	70
Mean Score		4.05	4.03	4.01	4.12	4.07	4.32	4.02	4.05	3.99	3.62	3.93	3.84	4.16	4.45	4.00	4.11
Standard Deviation		.933	.953	.961	.788	.875	.684	.894	.920	.963	.894	1.217	1.163	.925	.639	1.170	.844
Standard Error		.044	.066	.096	.077	.061	.143	.121	.066	.120	.217	.367	.291	.148	.151	.292	.096
Error variance		*	*	.01	.01	*	.02	.01	*	.01	.05	.13	.08	.02	.02	.09	.01

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total	457	162	108	45	13	153	175	163	104	53	11	157	174	46	194	181	36	411
Total	420	150	99	42	12	141	162	152	94	49	11	143	163	39	179	171	31	381
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	149	55	28	14	2	41	58	56	27	15	4	41	60	16	68	55	11	133
	35%	37%	28%	33%	18%	29%	36%	37%	28%	30%	36%	29%	37%	40%	38%	32%	34%	35%
Fairly comfortable (4.0)	176	63	45	16	8	60	70	66	44	17	5	61	71	12	68	83	12	163
	42%	42%	45%	37%	61%	43%	43%	43%	47%	33%	51%	42%	44%	32%	38%	49% ab	38%	43%
Neither comfortable nor uncomfortable (3.0)	63	21	20	8	-	29	21	21	16	12	-	28	21	6	27	24	6	57
	15%	14%	20%	20%	-	20%	13%	14%	17%	25% f	-	20%	13%	16%	15%	14%	19%	15%
Fairly uncomfortable (2.0)	23	8	4	4	2	8	10	7	6	4	1	10	8	3	11	7	2	19
	5%	6%	4%	10%	13%	6%	6%	4%	6%	9%	13%	7%	5%	9%	6%	4%	7%	5%
Very uncomfortable (1.0)	7	2	2	-	1	2	3	2	2	2	-	3	2	2	3	1	1	5
	2%	1%	2%	-	8%	2%	2%	1%	2%	3%	-	2%	1%	4%	2%	1%	3%	1%
Don't know	3	1	-	-	-	-	1	1	-	-	-	-	1	-	2	1	-	3
	1%	1%	-	-	-	-	1%	1%	-	-	-	-	1%	-	1%	1%	-	1%
NET: Comfortable	324	118	73	29	10	102	128	122	71	31	9	102	131	28	136	138	22	296
	77%	79%	74%	70%	79%	72%	79%	80% c	76%	63%	87%	71%	80% c	71%	76%	81%	72%	78%
NET: Uncomfortable	29	10	6	4	3	10	13	9	7	6	1	13	10	5	14	8	3	24
	7%	7%	6%	10%	21%	7%	8%	6%	8%	12%	13%	9%	6%	13% c	8%	5%	10%	6%
Base for stats	417	149	99	42	12	141	161	151	94	49	11	143	162	39	177	170	31	377
Mean Score	4.05	4.08	3.93	3.93	3.69	3.93	4.05	4.10 ce	3.94	3.78	4.11	3.89	4.10 ce	3.94	4.06	4.08	3.93	4.06
Standard Deviation	.933	.919	.925	.970	1.184	.935	.943	.891	.926	1.073	.971	.978	.893	1.139	.965	.825	1.044	.910
Standard Error	.044	.072	.089	.145	.328	.076	.071	.070	.091	.147	.293	.078	.068	.168	.070	.062	.174	.045
Error variance	*	.01	.01	.02	.11	.01	.01	*	.01	.02	.09	.01	*	.03	*	*	.03	*

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		457	140	262	102	61	22	284	163	19	394	63	395	56
Total		420	131	242	93	55	19	264	147	18	364	56	365	49
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	149	44	87	34	18	5	99	48	7	134	15	130	17
		35%	34%	36%	36%	32%	25%	38%	33%	39%	37%	26%	36%	34%
Fairly comfortable	(4.0)	176	53	107	37	23	9	109	61	8	148	28	154	19
		42%	40%	44%	40%	41%	49%	41%	41%	44%	41%	49%	42%	38%
Neither comfortable nor uncomfortable	(3.0)	63	22	33	14	10	3	36	25	2	58	5	54	8
		15%	17%	14%	15%	18%	14%	14%	17%	13%	16%	10%	15%	16%
Fairly uncomfortable	(2.0)	23	9	10	7	5	2	11	11	1	18	5	17	5
		5%	7%	4%	7%	8%	9%	4%	8%	4%	5%	9%	5%	11%
Very uncomfortable	(1.0)	7	2	3	1	-	1	5	2	-	3	3	6	1
		2%	2%	1%	1%	-	3%	2%	1%	-	1%	6% a	2%	2%
Don't know		3	1	2	-	-	-	3	-	-	3	-	3	-
		1%	1%	1%	-	-	-	1%	-	-	1%	-	1%	-
NET: Comfortable		324	97	193	71	40	14	208	109	15	282	42	285	35
		77%	74%	80%	76%	73%	73%	79%	74%	83%	77%	76%	78%	72%
NET: Uncomfortable		29	11	13	7	5	2	16	13	1	21	8	23	6
		7%	9%	5%	8%	8%	12%	6%	9%	4%	6%	15% a	6%	12%
Base for stats		417	130	240	93	55	19	261	147	18	361	56	362	49
Mean Score		4.05	3.98	4.10	4.04	3.97	3.82	4.10	3.97	4.17	4.08 b	3.81	4.07	3.92
Standard Deviation		.933	.969	.882	.949	.923	1.035	.930	.953	.835	.899	1.112	.919	1.051
Standard Error		.044	.082	.055	.094	.118	.221	.055	.075	.192	.045	.140	.046	.140
Error variance		*	.01	*	.01	.01	.05	*	.01	.04	*	.02	*	.02

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

	Total	*a	*b	c	d	e	f	*g	h	NET 1-4 days (i)	NET 5 + days (j)	0-4 (low) a	5-6 (medium) b	7-8 (high) c	9-10 (very high) d	0-4 (not worried) a	5-6 (medium) b	7-8 (very worried) c	9-10 (most worried) d
		Number of days active										**Life satisfaction score**				**Covid-19 related worries**			
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	457	5	16	70	116	95	81	26	48	297	155	85	151	132	79	140	126	125	63
Total	420 100%	4 100%	14 100%	63 100%	107 100%	88 100%	73 100%	24 100%	47 100%	273 100%	144 100%	78 100%	137 100%	123 100%	73 100%	123 100%	120 100%	114 100%	60 100%
Very comfortable (5.0)	149 35%	1 19%	5 35%	21 33%	30 28%	33 37%	30 41%	8 34%	22 47% d	88 32%	60 42% d	24 31%	44 32%	39 31%	39 53% abc	56 45% bc	37 31%	32 28%	24 40%
Fairly comfortable (4.0)	176 42%	1 19%	8 55%	26 40%	48 45%	38 43%	30 41%	10 43%	16 33%	119 44%	56 39%	28 36%	62 45% d	62 50% ad	22 30%	45 37%	56 47%	53 46%	20 33%
Neither comfortable nor uncomfortable (3.0)	63 15%	2 62%	1 10%	9 14%	22 21% j	11 13%	10 13%	3 12%	5 10%	44 16%	17 12%	15 20%	21 15%	14 11%	11 15%	14 11%	18 15%	19 17%	12 21%
Fairly uncomfortable (2.0)	23 5%	- -	- -	6 9%	3 3%	6 7%	3 5%	3 11%	2 4%	15 5%	8 6%	6 8% d	8 6% d	8 7% d	- -	5 4%	7 6%	9 8%	2 4%
Very uncomfortable (1.0)	7 2%	- -	- -	2 3%	3 3%	- -	1 1%	- -	2 3%	4 2%	2 2%	3 4%	2 1%	1 1%	1 2%	2 2%	2 1%	2 1%	2 3%
Don't know	3 1%	- -	- -	1 2%	1 1%	- -	- -	- -	1 2%	2 1%	1 1%	1 2%	- -	- -	- -	2 2%	- -	- -	- -
NET: Comfortable	324 77%	1 38%	13 90%	47 73%	78 72%	71 80%	59 81%	18 77%	38 80%	208 76%	115 80%	52 67%	106 78%	100 81% a	60 83% a	101 82%	93 78%	85 74%	44 73%
NET: Uncomfortable	29 7%	- -	- -	7 11%	6 5%	6 7%	4 6%	3 11%	4 8%	19 7%	10 7%	9 12% d	10 7%	9 7%	1 2%	7 5%	8 7%	10 9%	4 6%
Base for stats	417	4	14	62	106	88	73	24	46	270	143	77	137	123	73	121	120	114	60
Mean Score	4.05	3.57	4.25	3.94	3.93	4.11	4.15	4.00	4.18	4.01	4.14	3.83	4.02	4.05	4.33 abc	4.22 bc	4.00	3.91	4.04
Standard Deviation	.933	.924	.649	1.044	.921	.874	.893	.966	1.033	.925	.947	1.085	.908	.873	.867	.908	.906	.940	1.006
Standard Error	.044	.413	.162	.126	.086	.090	.099	.190	.151	.054	.076	.118	.074	.076	.098	.077	.081	.084	.127
Error variance	*	.17	.03	.02	.01	.01	.01	.04	.02	*	.01	.01	.01	.01	.01	.01	.01	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		457	269	118	69
Total		420	248	108	63
		100%	100%	100%	100%
Very comfortable	(5.0)	149	100	31	17
		35%	40%	29%	28%
			b		
Fairly comfortable	(4.0)	176	111	41	24
		42%	45%	38%	38%
Neither comfortable nor uncomfortable	(3.0)	63	26	24	12
		15%	10%	22%	19%
				a	a
Fairly uncomfortable	(2.0)	23	6	10	7
		5%	2%	9%	11%
				a	a
Very uncomfortable	(1.0)	7	3	1	3
		2%	1%	1%	4%
Don't know		3	2	1	-
		1%	1%	1%	-
NET: Comfortable		324	211	72	41
		77%	85%	66%	66%
			bc		
NET: Uncomfortable		29	9	11	9
		7%	3%	11%	15%
				a	a
Base for stats		417	246	108	63
Mean Score		4.05	4.22	3.84	3.74
			bc		
Standard Deviation		.933	.815	.992	1.111
Standard Error		.044	.050	.092	.134
Error variance		*	*	.01	.02

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total		353	138	213	186	128	39	21	43	29	41	34	22	79	61	23
Total		334	127	205	162	125	47	18	36	31	33	27	30	78	55	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	124	56	67	58	47	20	8	14	4	12	10	11	36	22	8
		37%	44% b	33%	36%	37%	42%	44%	38%	13%	37%	37%	38%	46%	39%	30%
Fairly comfortable	(4.0)	138	54	84	58	56	23	6	18	18	12	10	10	26	20	17
		41%	43%	41%	36%	45%	50%	37%	50%	56%	36%	37%	35%	33%	37%	66%
Neither comfortable nor uncomfortable	(3.0)	51	13	38	33	15	3	3	3	7	7	6	5	12	7	1
		15%	10%	18% a	20% bc	12%	6%	15%	8%	21%	21%	23%	17%	16%	13%	4%
Fairly uncomfortable	(2.0)	13	3	9	7	5	1	-	-	2	1	1	3	4	2	-
		4%	2%	5%	4%	4%	3%	-	-	8%	2%	3%	10%	5%	4%	-
Very uncomfortable	(1.0)	6	-	6	6	1	-	1	2	1	1	-	-	-	2	-
		2%	-	3% a	3%	1%	-	4%	4%	3%	4%	-	-	-	4%	-
Don't know		2	1	1	1	1	-	-	-	-	-	-	-	-	2	-
		1%	*	1%	*	1%	-	-	-	-	-	-	-	-	3%	-
NET: Comfortable		262	110	151	116	103	43	14	32	22	24	20	22	62	42	25
		78%	87% b	73%	72%	82% a	91% a	81%	88%	68%	73%	74%	73%	79%	76%	96%
NET: Uncomfortable		20	3	16	12	6	1	1	2	3	2	1	3	4	4	-
		6%	2%	8% a	7%	5%	3%	4%	4%	10%	6%	3%	10%	5%	8%	-
Base for stats		332	126	204	161	124	47	18	36	31	33	27	30	78	53	26
Mean Score		4.08	4.30 b	3.96	3.97	4.15	4.30	4.16	4.17	3.68	3.99	4.08	4.02	4.20	4.08	4.26
Standard Deviation		.924	.741	.992	1.020	.847	.706	.996	.907	.906	1.038	.857	.986	.889	1.028	.535
Standard Error		.049	.063	.068	.075	.075	.113	.217	.138	.168	.162	.147	.210	.100	.134	.112
Error variance		*	*	*	.01	.01	.01	.05	.02	.03	.03	.02	.04	.01	.02	.01

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		353	62	93	71	62	31	34	226	127	283	15	24	18	6	3	66
Total		334	60	97	65	55	25	32	222	112	271	14	23	15	5	2	60
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	124	27	34	26	18	8	12	87	38	101	5	8	5	1	2	21
		37%	45%	34%	41%	34%	31%	36%	39%	34%	37%	39%	36%	33%	14%	67%	35%
Fairly comfortable	(4.0)	138	20	43	25	23	12	16	87	51	117	2	9	7	3	-	21
		41%	33%	44%	38%	42%	48%	49%	39%	45%	43%	18%	40%	46%	51%	-	36%
Neither comfortable nor uncomfortable	(3.0)	51	11	15	6	9	5	4	33	18	36	5	4	3	1	1	14
		15%	18%	16%	10%	16%	21%	12%	15%	16%	13%	36%	17%	21%	19%	33%	23%
																	a
Fairly uncomfortable	(2.0)	13	2	3	5	3	-	1	9	4	10	-	2	-	1	-	3
		4%	3%	3%	7%	6%	-	2%	4%	3%	4%	-	7%	-	16%	-	4%
Very uncomfortable	(1.0)	6	1	3	2	1	-	-	6	1	5	1	-	-	-	-	1
		2%	1%	3%	3%	2%	-	-	2%	1%	2%	6%	-	-	-	-	1%
Don't know		2	-	-	1	1	-	-	1	1	2	-	-	-	-	-	-
		1%	-	-	2%	1%	-	-	*	1%	1%	-	-	-	-	-	-
NET: Comfortable		262	46	76	51	41	19	28	174	88	218	8	17	12	4	2	42
		78%	77%	78%	79%	76%	79%	85%	78%	79%	80%	58%	75%	79%	66%	67%	71%
NET: Uncomfortable		20	3	6	6	4	-	1	15	5	15	1	2	-	1	-	3
		6%	4%	6%	10%	7%	-	2%	7%	4%	6%	6%	7%	-	16%	-	6%
Base for stats		332	60	97	64	54	25	32	221	111	269	14	23	15	5	2	60
Mean Score		4.08	4.16	4.04	4.09	4.01	4.09	4.19	4.09	4.08	4.11	3.84	4.04	4.12	3.64	4.34	3.99
Standard Deviation		.924	.926	.950	1.025	.950	.731	.750	.963	.846	.905	1.188	.927	.750	1.013	1.235	.951
Standard Error		.049	.118	.098	.123	.122	.131	.129	.064	.075	.054	.307	.189	.177	.414	.713	.117
Error variance		*	.01	.01	.02	.01	.02	.02	*	.01	*	.09	.04	.03	.17	.51	.01

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Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		353	163	73	90	163	21	34	162	54	13	8	18	14	13	16	55
Total		334	140	77	96	173	18	33	156	50	13	6	15	10	11	21	52
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	124	52	38	27	66	6	12	60	14	8	3	4	3	5	9	18
		37%	37%	50% c	28%	38%	33%	36%	38%	28%	65%	43%	26%	28%	48%	44%	35%
Fairly comfortable	(4.0)	138	59	28	46	74	11	11	65	26	1	1	6	5	5	7	22
		41%	42%	36%	48%	43%	59%	32%	42%	52%	5%	22%	39%	51%	42%	35%	42%
Neither comfortable nor uncomfortable	(3.0)	51	22	8	14	22	1	7	23	6	3	1	3	1	1	4	8
		15%	15%	11%	14%	13%	8%	20%	15%	11%	20%	21%	22%	14%	10%	17%	16%
Fairly uncomfortable	(2.0)	13	2	2	6	8	-	4	2	4	1	1	1	-	-	1	4
		4%	2%	2%	7% a	5%	-	11% c	1%	7% c	9%	13%	8%	-	-	4%	7% c
Very uncomfortable	(1.0)	6	5	1	1	2	-	-	4	1	-	-	1	1	-	-	-
		2%	3%	1%	1%	1%	-	-	3%	1%	-	-	5%	7%	-	-	-
Don't know		2	-	-	1	1	-	-	2	-	-	-	-	-	-	-	-
		1%	-	-	1%	1%	-	-	1%	-	-	-	-	-	-	-	-
NET: Comfortable		262	111	66	74	139	17	23	125	40	9	4	10	8	10	16	40
		78%	80%	86%	77%	81%	92%	69%	80%	80%	70%	65%	65%	79%	90%	79%	77%
NET: Uncomfortable		20	7	3	7	10	-	4	6	4	1	1	2	1	-	1	4
		6%	5%	3%	8%	6%	-	11%	4%	9%	9%	13%	13%	7%	-	4%	7%
Base for stats		332	140	77	95	172	18	33	155	50	13	6	15	10	11	21	52
Mean Score		4.08	4.09	4.31 c	3.98	4.12	4.26	3.94	4.13	3.97	4.27	3.95	3.73	3.94	4.38	4.19	4.05
Standard Deviation		.924	.941	.850	.896	.888	.606	1.021	.906	.908	1.116	1.179	1.128	1.069	.694	.876	.903
Standard Error		.049	.074	.099	.095	.070	.132	.175	.072	.124	.310	.417	.266	.286	.192	.219	.122
Error variance		*	.01	.01	.01	*	.02	.03	.01	.02	.10	.17	.07	.08	.04	.05	.01

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

		Total	Nature of working location — I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	Nature of working hours — I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Number of people in household including self — Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	*c	*d	e	f	a	b	c	*d	e
Unweighted Total		353	129	82	37	13	119	142	127	98	28	9	126	136	49	154	127	23	304
Total		334	119	82	36	13	118	132	122	94	26	9	119	131	45	147	122	20	289
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	124	51	25	11	5	36	57	47	32	10	4	42	51	17	60	40	8	107
		37%	43% e	30%	32%	42%	30%	43% e	38%	34%	39%	46%	35%	39%	38%	41%	32%	38%	37%
Fairly comfortable	(4.0)	138	47	37	13	4	50	52	58	33	8	4	40	62	21	56	55	6	117
		41%	40%	45%	38%	31%	43%	39%	47% e	35%	31%	45%	34%	47% e	46%	38%	45%	32%	41%
Neither comfortable nor uncomfortable	(3.0)	51	13	16	8	1	24	14	14	15	8	1	23	15	6	22	19	4	45
		15%	11%	19%	23% f	7%	20% af	11%	11%	17%	31%	9%	20%	11%	13%	15%	16%	19%	16%
Fairly uncomfortable	(2.0)	13	5	2	3	2	5	6	2	9	-	-	9	2	-	6	5	2	13
		4%	4%	3%	8%	12%	4%	5%	2%	10% af	-	-	7% af	2%	-	4%	4%	11%	5%
Very uncomfortable	(1.0)	6	2	2	-	1	2	3	2	3	-	-	3	2	1	3	2	-	5
		2%	2%	2%	-	8%	1%	3%	1%	4%	-	-	3%	1%	3%	2%	1%	-	2%
Don't know		2	-	1	-	-	1	-	-	1	-	-	1	-	-	-	2	-	2
		1%	-	1%	-	-	1%	-	-	1%	-	-	1%	-	-	-	1%	-	1%
NET: Comfortable		262	99	62	25	10	86	108	104	65	18	8	82	112	38	116	94	14	224
		78%	83%	75%	70%	73%	73%	82%	85% be	69%	69%	91%	69%	86% be	84%	79%	77%	70%	78%
NET: Uncomfortable		20	7	4	3	3	6	10	4	12	-	-	12	4	1	9	7	2	18
		6%	6%	4%	8%	20%	5%	7%	3%	13% af	-	-	10% af	3%	3%	6%	5%	11%	6%
Base for stats		332	119	81	36	13	117	132	122	92	26	9	118	131	45	147	120	20	287
Mean Score		4.08	4.18	4.00	3.94	3.87	3.98	4.15	4.19 be	3.88	4.08	4.38	3.92	4.20 be	4.16	4.11	4.04	3.98	4.07
Standard Deviation		.924	.926	.888	.933	1.333	.898	.972	.812	1.107	.846	.677	1.056	.802	.891	.956	.886	1.028	.930
Standard Error		.049	.082	.099	.153	.370	.083	.082	.072	.112	.160	.226	.094	.069	.127	.077	.079	.214	.054
Error variance		*	.01	.01	.02	.14	.01	.01	.01	.01	.03	.05	.01	*	.02	.01	.01	.05	*

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		353	125	173	72	67	24	202	144	15	285	68	301	49
Total		334	119	165	67	65	23	192	137	14	272	62	287	44
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	124	40	67	23	20	7	80	43	5	106	18	112	12
		37%	34%	40%	34%	31%	30%	42%	32%	32%	39%	29%	39%	28%
Fairly comfortable	(4.0)	138	46	69	24	30	9	80	55	8	110	28	118	19
		41%	39%	42%	36%	47%	40%	42%	40%	53%	41%	44%	41%	42%
Neither comfortable nor uncomfortable	(3.0)	51	24	20	14	10	5	23	26	2	39	12	39	10
		15%	20%	12%	20%	15%	22%	12%	19%	15%	14%	19%	14%	22%
Fairly uncomfortable	(2.0)	13	7	5	6	4	2	2	11	-	9	4	11	2
		4%	6%	3%	8%	6%	8%	1%	8%	-	3%	6%	4%	5%
					d	d			d					
Very uncomfortable	(1.0)	6	1	3	1	1	-	5	2	-	6	1	5	1
		2%	1%	2%	1%	1%	-	3%	1%	-	2%	1%	2%	2%
Don't know		2	-	2	-	-	-	2	-	-	2	-	2	-
		1%	-	1%	-	-	-	1%	-	-	1%	-	1%	-
NET: Comfortable		262	86	136	47	51	16	160	98	12	216	46	230	31
		78%	73%	82%	70%	78%	70%	83%	72%	85%	80%	74%	80%	70%
								ae						
NET: Uncomfortable		20	9	8	6	5	2	7	13	-	15	4	16	3
		6%	7%	5%	10%	7%	8%	4%	9%	-	6%	7%	6%	8%
					d				d					
Base for stats		332	119	163	67	65	23	190	137	14	270	62	286	44
Mean Score		4.08	3.98	4.17	3.94	4.01	3.92	4.20	3.93	4.17	4.11	3.95	4.12	3.88
								ae						
Standard Deviation		.924	.949	.879	.997	.910	.923	.881	.968	.689	.926	.910	.915	.964
Standard Error		.049	.085	.067	.117	.111	.188	.062	.081	.178	.055	.110	.053	.138
Error variance		*	.01	*	.01	.01	.04	*	.01	.03	*	.01	*	.02

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Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

						Number of days active							Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	353	11	27	45	90	63	50	17	50	225	117	56	105	115	72	99	90	102	56
Total	334	8	25	41	85	60	47	16	51	211	114	54	96	110	69	92	85	97	55
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	124	3	9	9	33	21	15	6	28	72	49	17	27	40	40	43	23	31	26
	37%	37%	36%	22%	39%	35%	32%	37%	55% cefi	34%	43% c	31%	28%	36%	58% abc	46% bc	27%	31%	48% bc
Fairly comfortable (4.0)	138	3	9	22	34	28	19	9	14	93	42	23	45	45	23	31	38	49	19
	41%	37%	35%	54% hj	40%	47% h	40%	52%	28%	44% h	36%	43%	46%	41%	33%	33%	45%	50% a	34%
Neither comfortable nor uncomfortable (3.0)	51	2	5	6	12	8	10	2	5	31	17	10	18	17	5	16	16	12	6
	15%	26%	21%	14%	14%	13%	22%	10%	11%	15%	15%	19%	18% d	15%	7%	18%	19%	12%	10%
Fairly uncomfortable (2.0)	13	-	-	4	4	2	1	-	2	10	3	4	4	5	-	1	6	2	4
	4%	-	-	9%	5%	4%	3%	-	3%	5%	2%	8% d	4%	5%	-	1%	7% a	2%	7% a
Very uncomfortable (1.0)	6	-	2	-	2	1	1	-	1	4	2	-	3	2	1	1	1	4	-
	2%	-	7%	-	2%	1%	3%	-	1%	2%	2%	-	3%	2%	2%	1%	2%	4%	-
Don't know	2	-	-	1	-	-	-	-	1	1	1	-	-	1	-	1	-	-	-
	1%	-	-	1%	-	-	-	-	2%	*	1%	-	-	1%	-	1%	-	-	-
NET: Comfortable	262	6	18	31	67	49	34	15	42	165	91	40	72	85	63	73	61	79	45
	78%	74%	71%	76%	79%	82%	72%	90%	83%	78%	80%	74%	74%	77%	91% abc	79%	72%	82%	82%
NET: Uncomfortable	20	-	2	4	6	3	3	-	2	15	5	4	7	7	1	2	8	6	4
	6%	-	7%	9%	7%	5%	6%	-	4%	7%	4%	8%	7%	6%	2%	2%	9% a	6%	7%
Base for stats	332	8	25	41	85	60	47	16	50	211	113	54	96	109	69	91	85	97	55
Mean Score	4.08	4.11	3.93	3.90	4.08	4.10	3.96	4.27	4.35 cfi	4.03	4.18	3.97	3.92	4.06	4.44 abc	4.24 b	3.88	4.03	4.23 b
Standard Deviation	.924	.836	1.131	.853	.959	.868	.966	.657	.905	.934	.912	.901	.957	.931	.811	.852	.950	.948	.920
Standard Error	.049	.252	.218	.129	.101	.109	.137	.159	.129	.062	.085	.120	.093	.087	.096	.086	.100	.094	.123
Error variance	*	.06	.05	.02	.01	.01	.02	.03	.02	*	.01	.01	.01	.01	.01	.01	.01	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.2. Indoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Indoor swimming pools in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		353	192	102	58
Total		334	184	98	51
		100%	100%	100%	100%
Very comfortable	(5.0)	124	74	36	14
		37%	40%	37%	27%
Fairly comfortable	(4.0)	138	80	36	23
		41%	43%	36%	44%
Neither comfortable nor uncomfortable	(3.0)	51	21	20	9
		15%	11%	21%	18%
				a	
Fairly uncomfortable	(2.0)	13	5	4	4
		4%	3%	4%	7%
Very uncomfortable	(1.0)	6	3	2	1
		2%	2%	2%	3%
Don't know		2	1	-	-
		1%	1%	-	-
NET: Comfortable		262	154	72	36
		78%	83%	73%	72%
			bc		
NET: Uncomfortable		20	8	6	5
		6%	5%	6%	10%
Base for stats		332	183	98	51
Mean Score		4.08	4.18	4.03	3.85
			c		
Standard Deviation		.924	.875	.953	1.005
Standard Error		.049	.063	.094	.132
Error variance		*	*	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other indoor sports facilities in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		189	89	98	110	65	14	6	27	19	20	20	16	47	23	11
Total		172	78	92	92	63	17	5	22	19	14	16	20	45	20	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	46	22	24	22	22	2	1	6	3	3	7	3	18	4	2
		27%	29%	26%	24%	35%	13%	14%	27%	16%	17%	42%	15%	40%	18%	26%
Fairly comfortable	(4.0)	58	27	30	31	19	8	2	8	11	4	5	8	10	8	2
		34%	35%	33%	33%	31%	49%	34%	36%	59%	31%	29%	41%	22%	41%	22%
Neither comfortable nor uncomfortable	(3.0)	31	16	15	21	8	3	3	3	1	3	1	2	11	6	2
		18%	21%	17%	22%	12%	20%	53%	14%	5%	22%	5%	11%	24%	29%	16%
Fairly uncomfortable	(2.0)	21	8	13	11	9	2	-	1	4	1	2	6	5	2	-
		12%	10%	14%	12%	14%	12%	-	6%	20%	10%	15%	27%	11%	8%	-
Very uncomfortable	(1.0)	8	1	6	6	1	1	-	1	-	2	1	1	1	-	2
		5%	2%	6%	6%	2%	6%	-	4%	-	15%	4%	5%	3%	-	18%
Don't know		7	3	4	2	4	-	-	3	-	1	1	-	-	1	2
		4%	4%	4%	3%	7%	-	-	12%	-	4%	5%	-	-	4%	18%
NET: Comfortable		105	49	54	53	41	10	3	14	14	7	12	11	28	12	5
		61%	63%	59%	57%	66%	63%	47%	63%	75%	49%	71%	56%	62%	59%	48%
NET: Uncomfortable		29	9	19	16	10	3	-	2	4	4	3	7	6	2	2
		17%	12%	20%	18%	16%	18%	-	11%	20%	25%	19%	33%	14%	8%	18%
Base for stats		165	75	88	90	59	17	5	20	19	14	16	20	45	19	8
Mean Score		3.69	3.81	3.61	3.59	3.89	3.52	3.61	3.85	3.70	3.27	3.96	3.34	3.85	3.71	3.46
Standard Deviation		1.150	1.039	1.213	1.171	1.126	1.085	.794	1.123	.992	1.356	1.262	1.209	1.161	.891	1.578
Standard Error		.086	.113	.125	.113	.145	.290	.324	.229	.228	.311	.290	.302	.169	.190	.526
Error variance		.01	.01	.02	.01	.02	.08	.10	.05	.05	.10	.08	.09	.03	.04	.28

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		189	30	42	48	29	25	15	120	69	130	13	24	12	3	2	54
Total		172	28	40	45	24	21	14	114	58	120	13	19	11	3	2	48
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	46	8	12	10	6	7	3	31	15	31	4	6	4	-	-	14
		27%	30%	30%	23%	27%	31%	19%	27%	26%	26%	31%	32%	35%	-	-	29%
Fairly comfortable	(4.0)	58	10	16	19	6	4	3	45	13	45	5	6	3	-	-	13
		34%	35%	41%	41%	24%	20%	26%	40%	23%	38%	37%	29%	25%	-	-	28%
				h	h				h								
Neither comfortable nor uncomfortable	(3.0)	31	4	5	10	5	3	5	19	13	24	1	4	1	1	-	7
		18%	15%	12%	22%	21%	12%	36%	17%	22%	20%	8%	20%	11%	34%	-	15%
Fairly uncomfortable	(2.0)	21	4	4	5	4	5	-	13	9	12	3	2	2	-	2	9
		12%	13%	9%	12%	16%	24%	-	11%	15%	10%	25%	13%	17%	-	100%	20%
Very uncomfortable	(1.0)	8	1	2	-	2	1	2	4	4	3	-	1	1	2	-	4
		5%	4%	6%	-	7%	5%	12%	3%	7%	2%	-	5%	11%	66%	-	9%
Don't know		7	1	1	1	1	2	1	3	4	5	-	-	-	-	-	-
		4%	4%	2%	2%	6%	7%	7%	2%	7%	4%	-	-	-	-	-	-
NET: Comfortable		105	18	29	29	12	11	6	76	28	77	9	12	6	-	-	27
		61%	64%	72%	64%	50%	51%	44%	67%	49%	64%	67%	62%	60%	-	-	57%
				h					h								
NET: Uncomfortable		29	5	6	5	5	6	2	16	13	15	3	3	3	2	2	13
		17%	17%	15%	12%	22%	29%	12%	14%	22%	12%	25%	18%	29%	66%	100%	28%
																	a
Base for stats		165	27	39	45	22	19	13	111	54	115	13	19	11	3	2	48
Mean Score		3.69	3.76	3.83	3.77	3.51	3.52	3.42	3.79	3.49	3.78	3.73	3.71	3.55	1.69	2.00	3.50
Standard Deviation		1.150	1.174	1.158	.951	1.286	1.364	1.248	1.074	1.282	1.043	1.191	1.226	1.478	1.172	-	1.336
Standard Error		.086	.218	.181	.139	.248	.284	.334	.099	.160	.094	.330	.250	.427	.677	-	.182
Error variance		.01	.05	.03	.02	.06	.08	.11	.01	.03	.01	.11	.06	.18	.46	-	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Other indoor sports facilities in the past week

			Children aged 15 or under in the household				Current employment status											
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total		189	87	41	43	84	6	20	77	30	10	5	12	20	5	4	26
Total		172	71	42	44	86	5	19	72	27	8	5	9	16	5	6	24
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	46	16	14	13	27	2	5	26	6	3	-	1	2	1	1	7
		27%	23%	34%	29%	32%	37%	26%	35%	22%	33%	-	15%	10%	24%	24%	28%
Fairly comfortable	(4.0)	58	24	13	17	31	1	6	26	11	1	2	1	8	-	2	7
		34%	33%	32%	40%	36%	16%	34%	36%	40%	11%	48%	11%	48%	-	34%	30%
Neither comfortable nor uncomfortable	(3.0)	31	16	6	6	11	2	1	12	5	3	2	2	2	2	1	3
		18%	22%	13%	13%	13%	34%	8%	17%	18%	36%	34%	21%	11%	35%	24%	13%
Fairly uncomfortable	(2.0)	21	11	6	4	10	1	5	8	3	-	1	-	4	-	-	6
		12%	15%	14%	9%	12%	13%	27%	11%	9%	-	18%	-	27%	-	-	24%
Very uncomfortable	(1.0)	8	3	1	2	3	-	1	-	2	1	-	1	1	1	1	1
		5%	4%	3%	4%	4%	-	5%	-	7% c	7%	-	16%	4%	26%	18%	4%
Don't know		7	1	2	2	4	-	-	1	1	1	-	3	-	1	-	-
		4%	2%	4%	5%	4%	-	-	1%	3%	14%	-	37%	-	16%	-	-
NET: Comfortable		105	40	28	30	58	3	11	52	17	4	2	2	9	1	3	14
		61%	56%	66%	69%	67%	53%	60%	72%	62%	43%	48%	26%	58%	24%	58%	58%
NET: Uncomfortable		29	14	7	6	13	1	6	8	4	1	1	1	5	1	1	7
		17%	19%	17%	14%	15%	13%	33%	11%	17%	7%	18%	16%	31%	26%	18%	28%
Base for stats		165	69	40	42	82	5	19	72	26	7	5	6	16	4	6	24
Mean Score		3.69	3.56	3.84	3.84	3.84	3.77	3.47	3.97	3.62	3.73	3.30	3.16	3.33	2.94	3.46	3.54
Standard Deviation		1.150	1.144	1.161	1.118	1.132	1.210	1.314	.986	1.173	1.280	.840	1.604	1.133	1.773	1.490	1.272
Standard Error		.086	.124	.186	.175	.127	.494	.294	.113	.218	.427	.376	.567	.253	.886	.745	.250
Error variance		.01	.02	.03	.03	.02	.24	.09	.01	.05	.18	.14	.32	.06	.79	.56	.06

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		189	54	38	34	10	72	64	50	48	30	8	78	58	19	78	73	19	170
Total		172	52	35	29	10	64	61	47	45	26	8	70	55	17	71	66	17	154
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	46	10	13	11	2	24	12	14	10	8	5	17	19	3	18	20	5	43
		27%	19%	38% a	36%	26%	37% af	20%	30%	21%	30%	58%	25%	34%	17%	25%	31%	31%	28%
Fairly comfortable	(4.0)	58	25	10	8	3	18	28	19	18	7	2	25	21	8	20	26	5	51
		34%	49% ce	28%	27%	29%	28%	46% e	41%	39%	29%	21%	36%	38%	45%	28%	39%	30%	33%
Neither comfortable nor uncomfortable	(3.0)	31	8	5	6	3	11	11	7	8	6	1	14	8	5	13	10	4	26
		18%	16%	15%	19%	36%	17%	19%	15%	18%	25%	12%	20%	14%	29%	18%	15%	21%	17%
Fairly uncomfortable	(2.0)	21	7	6	4	-	9	7	6	7	3	1	10	7	1	14	4	2	20
		12%	14%	16%	12%	-	14%	12%	13%	16%	10%	10%	14%	12%	5%	20% c	6%	11%	13%
Very uncomfortable	(1.0)	8	-	1	2	1	3	1	-	3	1	-	4	-	1	3	3	1	7
		5%	-	3%	5%	10%	4%	1%	-	6%	4%	-	5%	-	4%	4%	5%	6%	5%
Don't know		7	1	-	-	-	-	1	1	-	1	-	1	1	-	4	3	-	7
		4%	3%	-	-	-	-	2%	2%	-	2%	-	1%	2%	-	5%	4%	-	4%
NET: Comfortable		105	35	23	19	5	42	40	33	27	15	6	42	40	11	37	46	10	94
		61%	68%	66%	63%	54%	65%	66%	71%	61%	59%	78%	60%	72%	62%	53%	69% b	62%	61%
NET: Uncomfortable		29	7	7	5	1	12	8	6	9	4	1	13	7	2	17	7	3	28
		17%	14%	19%	18%	10%	18%	13%	13%	21%	14%	10%	19%	12%	9%	24% c	11%	17%	18%
Base for stats		165	50	35	29	10	64	60	46	45	25	8	70	54	17	68	63	17	148
Mean Score		3.69	3.75	3.82	3.76	3.61	3.80	3.73	3.90	3.55	3.72	4.26	3.62	3.95	3.67	3.52	3.88	3.69	3.69
Standard Deviation		1.150	.937	1.198	1.238	1.216	1.208	.976	.992	1.163	1.150	1.077	1.153	1.003	.972	1.216	1.097	1.231	1.173
Standard Error		.086	.130	.194	.212	.385	.142	.124	.142	.168	.214	.381	.131	.133	.223	.142	.131	.282	.092
Error variance		.01	.02	.04	.05	.15	.02	.02	.02	.03	.05	.14	.02	.02	.05	.02	.02	.08	.01

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		189	83	79	49	36	21	87	96	9	153	36	147	38
Total		172	76	72	44	35	18	80	87	9	137	35	135	33
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	46	25	18	13	10	5	23	22	4	38	8	41	6
		27%	33%	25%	28%	29%	27%	29%	26%	42%	28%	23%	30%	17%
Fairly comfortable	(4.0)	58	24	25	9	15	5	31	26	3	45	13	48	9
		34%	31%	35%	20%	43%	27%	38%	30%	34%	33%	37%	36%	28%
						a		a						
Neither comfortable nor uncomfortable	(3.0)	31	13	11	9	5	2	16	15	2	24	7	22	8
		18%	17%	16%	21%	15%	13%	20%	17%	24%	18%	21%	17%	24%
Fairly uncomfortable	(2.0)	21	8	12	9	4	3	6	15	-	19	2	14	7
		12%	10%	17%	20%	11%	16%	7%	18%	-	14%	6%	11%	21%
					d				d					
Very uncomfortable	(1.0)	8	4	3	3	1	2	2	6	-	5	3	5	3
		5%	5%	5%	6%	3%	12%	2%	7%	-	4%	8%	3%	10%
Don't know		7	3	1	2	-	1	3	3	-	5	1	5	-
		4%	4%	2%	4%	-	5%	3%	3%	-	4%	4%	4%	-
NET: Comfortable		105	49	43	22	25	10	54	48	7	84	21	89	15
		61%	64%	60%	49%	72%	54%	67%	55%	76%	61%	60%	66%	45%
						a		a						b
NET: Uncomfortable		29	12	16	12	5	5	8	21	-	24	5	19	10
		17%	15%	22%	26%	14%	28%	10%	25%	-	18%	14%	14%	31%
					d				d					a
Base for stats		165	74	70	43	35	18	77	85	9	132	33	130	33
Mean Score		3.69	3.79	3.59	3.47	3.84	3.43	3.87	3.51	4.19	3.70	3.63	3.81	3.21
								ae					b	
Standard Deviation		1.150	1.173	1.190	1.296	1.063	1.429	1.006	1.262	.840	1.144	1.191	1.102	1.247
Standard Error		.086	.131	.136	.189	.177	.320	.110	.131	.280	.094	.204	.093	.202
Error variance		.01	.02	.02	.04	.03	.10	.01	.02	.08	.01	.04	.01	.04

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	189	2	11	38	55	32	27	4	20	136	51	43	52	68	23	45	63	55	23
Total	172	1	12	35	48	30	22	4	19	125	45	38	45	64	21	40	58	50	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	46	1	3	3	14	5	7	2	10	25	20	8	14	14	10	13	11	13	10
	27%	100%	22%	10%	28% c	16%	33%	60%	54%	20%	44% cei	21%	30%	22%	45%	32%	18%	27%	46%
Fairly comfortable (4.0)	58	-	4	13	14	15	7	2	4	46	12	13	13	26	6	13	18	20	6
	34%	-	37%	37%	29%	50% j	30%	40%	19%	37%	26%	34%	30%	40%	28%	33%	31%	39%	30%
Neither comfortable nor uncomfortable (3.0)	31	-	4	6	9	5	4	-	3	24	7	8	10	11	2	7	14	8	3
	18%	-	33%	18%	18%	18%	19%	-	17%	19%	16%	22%	22%	18%	8%	17%	24%	15%	14%
Fairly uncomfortable (2.0)	21	-	1	5	7	4	3	-	1	17	4	6	4	8	3	4	9	7	1
	12%	-	8%	15%	14%	15%	14%	-	6%	14%	9%	16%	10%	13%	12%	9%	16%	14%	7%
Very uncomfortable (1.0)	8	-	-	5	3	1	-	-	-	8	-	2	4	1	1	1	5	1	-
	5%	-	-	13% j	5%	2%	-	-	-	6%	-	6%	9%	1%	3%	3%	9%	3%	-
Don't know	7	-	-	2	2	-	1	-	1	5	2	1	-	4	1	3	1	1	1
	4%	-	-	7%	5%	-	4%	-	5%	4%	4%	1%	-	6%	3%	6%	2%	2%	4%
NET: Comfortable	105	1	7	16	28	20	14	4	14	71	32	21	27	40	16	26	29	33	16
	61%	100%	59%	47%	58%	66%	64%	100%	73%	57%	71% c	54%	60%	62%	73%	65%	50%	66%	76%
NET: Uncomfortable	29	-	1	10	9	5	3	-	1	25	4	8	8	9	3	5	14	9	1
	17%	-	8%	28% j	19%	16%	14%	-	6%	20%	9%	22%	18%	14%	15%	12%	25%	17%	7%
Base for stats	165	1	12	32	46	30	21	4	18	120	43	38	45	60	21	37	57	50	20
Mean Score	3.69	5.00	3.72	3.17	3.65	3.64	3.86	4.60	4.27	3.53	4.10 cdei	3.48	3.63	3.73	4.03	3.87 b	3.35	3.74	4.19
Standard Deviation	1.150	-	.932	1.255	1.223	.997	1.075	.569	.975	1.161	1.012	1.180	1.262	1.019	1.186	1.089	1.223	1.103	.954
Standard Error	.086	-	.281	.212	.170	.176	.211	.285	.224	.102	.145	.182	.175	.127	.253	.168	.155	.150	.203
Error variance	.01	-	.08	.05	.03	.03	.04	.08	.05	.01	.02	.03	.03	.02	.06	.03	.02	.02	.04

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.3. Other indoor sports facilities: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other indoor sports facilities in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		189	81	58	48
Total		172	75	52	44
		100%	100%	100%	100%
Very comfortable	(5.0)	46	28	10	8
		27%	38%	20%	18%
			bc		
Fairly comfortable	(4.0)	58	30	10	18
		34%	41%	19%	41%
			b		b
Neither comfortable nor uncomfortable	(3.0)	31	9	14	9
		18%	12%	26%	21%
				a	
Fairly uncomfortable	(2.0)	21	6	10	5
		12%	9%	19%	10%
Very uncomfortable	(1.0)	8	1	3	3
		5%	1%	7%	8%
Don't know		7	-	5	1
		4%	-	9%	2%
				a	
NET: Comfortable		105	59	20	26
		61%	78%	39%	59%
			bc		b
NET: Uncomfortable		29	7	13	8
		17%	10%	25%	18%
				a	
Base for stats		165	75	47	43
Mean Score		3.69	4.05	3.29	3.52
			bc		
Standard Deviation		1.150	.980	1.237	1.158
Standard Error		.086	.109	.172	.169
Error variance		.01	.01	.03	.03

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor exercise classes in the past week

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total		242	97	142	150	83	9	12	29	18	30	17	19	69	38	10
Total		220	85	133	130	80	10	10	23	18	22	13	23	68	33	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	83	40	42	48	33	1	4	9	6	9	6	6	26	14	2
		37%	48% b	32%	37%	42%	8%	39%	38%	34%	42%	43%	27%	38%	43%	24%
Fairly comfortable	(4.0)	87	28	58	55	27	6	3	9	6	7	5	13	26	12	6
		40%	33%	44%	42%	34%	54%	26%	39%	35%	34%	41%	58%	38%	35%	59%
Neither comfortable nor uncomfortable	(3.0)	32	11	20	18	12	1	4	1	6	4	1	2	10	4	1
		14%	13%	15%	14%	15%	10%	35%	5%	32%	20%	5%	9%	14%	11%	7%
Fairly uncomfortable	(2.0)	13	6	6	5	6	3	-	3	-	-	1	1	6	2	-
		6%	7%	5%	3%	7%	28%	-	13%	-	-	5%	6%	9%	7%	-
Very uncomfortable	(1.0)	3	-	3	1	1	-	-	1	-	-	1	-	-	1	-
		1%	-	2%	1%	1%	-	-	3%	-	-	5%	-	-	3%	-
Don't know		3	-	3	3	-	-	-	1	-	1	-	-	1	-	1
		1%	-	2%	2%	-	-	-	3%	-	3%	-	-	1%	-	10%
NET: Comfortable		170	68	101	103	60	7	7	18	12	17	11	20	52	26	8
		77%	80%	76%	79%	76%	62%	65%	77%	68%	77%	84%	85%	76%	79%	83%
NET: Uncomfortable		16	6	9	6	7	3	-	4	-	-	1	1	6	3	-
		7%	7%	7%	5%	9%	28%	-	16%	-	-	10%	6%	9%	10%	-
Base for stats		217	85	130	127	80	10	10	23	18	21	13	23	68	33	9
Mean Score		4.08	4.21	4.02	4.13	4.08	3.43	4.04	3.98	4.02	4.23	4.11	4.06	4.06	4.08	4.19
Standard Deviation		.934	.916	.929	.870	.998	1.032	.903	1.145	.831	.787	1.120	.786	.947	1.071	.596
Standard Error		.061	.093	.079	.072	.110	.344	.261	.216	.196	.146	.272	.180	.115	.174	.199
Error variance		*	.01	.01	.01	.01	.12	.07	.05	.04	.02	.07	.03	.01	.03	.04

Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Outdoor exercise classes in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		242	40	64	50	47	25	16	154	88	168	15	27	21	5	1	69
Total		220	39	63	47	38	19	14	149	71	152	15	24	20	4	1	64
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	83	19	21	19	9	10	5	58	24	64	6	5	7	1	-	18
		37%	48% d	33%	40%	24%	54%	35%	39%	34%	42% g	40%	21%	33%	17%	-	29%
Fairly comfortable	(4.0)	87	10	27	18	24	3	4	56	32	64	3	11	7	2	-	22
		40%	26%	43%	39%	63% abcgh	17%	30%	37%	44%	42%	18%	44%	37%	37%	-	35%
Neither comfortable nor uncomfortable	(3.0)	32	7	12	4	4	4	1	23	8	12	5	7	3	1	1	17
		14%	19%	19%	8%	9%	19%	9%	16%	12%	8%	33%	30%	17%	26%	100%	27% a
Fairly uncomfortable	(2.0)	13	2	3	4	1	1	3	9	5	7	1	1	3	1	-	6
		6%	5%	4%	8%	2%	7%	19%	6%	6%	5%	9%	4%	13%	19%	-	9%
Very uncomfortable	(1.0)	3	-	-	3	-	-	-	3	-	3	-	-	-	-	-	-
		1%	-	-	5% h	-	-	-	2%	-	2%	-	-	-	-	-	-
Don't know		3	1	-	-	1	1	1	1	2	2	-	-	-	-	-	-
		1%	2%	-	-	2%	4%	7%	*	3%	2%	-	-	-	-	-	-
NET: Comfortable		170	29	48	37	33	14	9	114	56	128	8	16	14	2	-	41
		77%	74%	77%	78%	87%	71%	65%	77%	78%	84% g	58%	65%	70%	54%	-	64%
NET: Uncomfortable		16	2	3	6	1	1	3	11	5	10	1	1	3	1	-	6
		7%	5%	4%	14% d	2%	7%	19%	8%	6%	7%	9%	4%	13%	19%	-	9%
Base for stats		217	39	63	47	38	19	13	148	69	150	15	24	20	4	1	64
Mean Score		4.08	4.19	4.06	3.99	4.11	4.23	3.87	4.07	4.10	4.20 g	3.89	3.82	3.90	3.53	3.00	3.83
Standard Deviation		.934	.939	.837	1.152	.641	1.016	1.172	.969	.861	.909	1.073	.823	1.027	1.128	-	.951
Standard Error		.061	.150	.105	.163	.095	.207	.303	.078	.093	.071	.277	.158	.224	.504	-	.114
Error variance		*	.02	.01	.03	.01	.04	.09	.01	.01	.01	.08	.03	.05	.25	-	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor exercise classes in the past week

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	*d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		242	101	49	68	117	18	31	113	29	12	3	12	18	5	1	49
Total		220	79	49	74	123	17	28	109	25	11	2	10	13	4	1	45
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	83	24	21	33	54	9	6	46	10	4	-	2	5	2	-	15
		37%	31%	42%	45%	44%	51%	21%	42%	40%	34%	-	15%	39%	44%	-	33%
						a			b								
Fairly comfortable	(4.0)	87	35	16	30	46	3	15	44	9	1	1	4	7	2	1	18
		40%	44%	32%	41%	38%	18%	54%	41%	37%	12%	30%	41%	51%	40%	100%	40%
Neither comfortable nor uncomfortable	(3.0)	32	13	8	6	15	3	4	11	5	5	1	2	1	-	-	7
		14%	16%	16%	9%	12%	17%	14%	10%	19%	47%	36%	20%	10%	-	-	15%
Fairly uncomfortable	(2.0)	13	3	3	3	6	2	1	6	1	1	1	-	-	1	-	4
		6%	4%	7%	4%	5%	14%	5%	6%	4%	7%	34%	-	-	17%	-	9%
Very uncomfortable	(1.0)	3	1	-	1	1	-	1	1	-	-	-	-	-	-	-	1
		1%	2%	-	1%	1%	-	5%	1%	-	-	-	-	-	-	-	3%
Don't know		3	2	1	-	1	-	-	1	-	-	-	2	-	-	-	-
		1%	3%	2%	-	1%	-	-	1%	-	-	-	24%	-	-	-	-
NET: Comfortable		170	59	37	63	100	12	21	90	19	5	1	6	12	4	1	33
		77%	75%	75%	86%	81%	69%	75%	83%	77%	46%	30%	56%	90%	83%	100%	73%
NET: Uncomfortable		16	5	3	4	7	2	3	7	1	1	1	-	-	1	-	5
		7%	6%	7%	5%	6%	14%	11%	7%	4%	7%	34%	-	-	17%	-	12%
Base for stats		217	77	48	74	122	17	28	108	25	11	2	8	13	4	1	45
Mean Score		4.08	4.00	4.12	4.24	4.19	4.06	3.81	4.18	4.13	3.73	2.97	3.94	4.29	4.10	4.00	3.90
									b								
Standard Deviation		.934	.915	.943	.883	.905	1.149	1.016	.903	.876	1.054	1.090	.724	.661	1.196	-	1.064
Standard Error		.061	.092	.136	.107	.084	.271	.183	.085	.163	.304	.630	.241	.156	.535	-	.152
Error variance		*	.01	.02	.01	.01	.07	.03	.01	.03	.09	.40	.06	.02	.29	-	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total		242	82	56	28	16	84	98	77	68	28	11	96	88	20	98	96	28	222
Total		220	75	54	24	16	78	90	73	61	25	11	86	84	16	87	92	26	205
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	83	32	20	6	5	27	38	31	23	6	6	29	36	5	33	38	6	78
		37%	43%	38%	27%	35%	34%	42%	42%	37%	26%	49%	34%	43%	29%	38%	42%	25%	38%
Fairly comfortable	(4.0)	87	26	25	11	5	36	32	28	25	10	4	36	32	5	35	36	12	82
		40%	35%	47%	44%	35%	46%	35%	38%	41%	42%	38%	41%	38%	31%	40%	39%	47%	40%
Neither comfortable nor uncomfortable	(3.0)	32	10	7	4	2	11	12	10	10	4	1	14	10	5	12	10	4	26
		14%	13%	13%	17%	11%	15%	13%	13%	16%	17%	7%	16%	12%	34%	14%	11%	16%	13%
Fairly uncomfortable	(2.0)	13	6	-	2	2	2	8	5	2	3	-	5	5	1	4	5	3	12
		6%	7%	-	9%	14%	3%	9%	6%	4%	12%	-	6%	6%	7%	5%	5%	13%	6%
			b					b											
Very uncomfortable	(1.0)	3	1	1	1	-	2	1	1	1	1	-	2	1	-	-	3	-	3
		1%	1%	2%	3%	-	2%	1%	1%	2%	3%	-	2%	1%	-	-	3%	-	1%
Don't know		3	-	-	-	1	-	1	-	-	-	1	-	1	-	2	1	-	3
		1%	-	-	-	4%	-	1%	-	-	-	6%	-	1%	-	3%	1%	-	2%
NET: Comfortable		170	59	45	17	11	62	69	58	48	17	10	65	68	9	68	74	18	160
		77%	78%	85%	71%	70%	80%	77%	79%	78%	68%	87%	75%	81%	60%	78%	81%	72%	78%
NET: Uncomfortable		16	6	1	3	2	4	9	5	3	4	-	7	5	1	4	7	3	15
		7%	8%	2%	12%	14%	5%	9%	7%	6%	15%	-	8%	6%	7%	5%	8%	13%	7%
Base for stats		217	75	54	24	15	78	90	73	61	25	11	86	84	16	85	91	26	201
Mean Score		4.08	4.12	4.18	3.82	3.95	4.07	4.09	4.13	4.08	3.77	4.45	3.99	4.17	3.82	4.14	4.13	3.84	4.10
Standard Deviation		.934	.975	.822	1.037	1.077	.902	.989	.945	.926	1.072	.658	.974	.917	.958	.854	.988	.962	.931
Standard Error		.061	.108	.110	.196	.278	.098	.100	.108	.112	.203	.208	.099	.098	.214	.088	.101	.182	.063
Error variance		*	.01	.01	.04	.08	.01	.01	.01	.01	.04	.04	.01	.01	.05	.01	.01	.03	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		242	103	109	58	41	23	128	108	12	205	37	201	36
Total		220	97	97	53	38	19	119	96	11	186	34	184	31
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	83	41	35	18	14	8	47	36	2	74	9	72	10
		37%	42%	36%	34%	38%	41%	39%	37%	17%	40%	25%	39%	32%
Fairly comfortable	(4.0)	87	36	43	19	17	6	50	37	6	70	17	76	12
		40%	37%	44%	37%	45%	34%	42%	38%	57%	38%	50%	41%	37%
Neither comfortable nor uncomfortable	(3.0)	32	14	11	8	5	2	16	13	2	28	3	26	5
		14%	14%	12%	15%	13%	12%	14%	13%	20%	15%	9%	14%	16%
Fairly uncomfortable	(2.0)	13	6	5	5	1	2	4	8	1	7	6	7	5
		6%	6%	5%	10%	2%	13%	3%	8%	6%	4%	17% a	4%	15% a
Very uncomfortable	(1.0)	3	1	2	1	1	-	1	1	-	3	-	2	-
		1%	1%	2%	1%	2%	-	1%	2%	-	1%	-	1%	-
Don't know		3	-	1	2	-	-	1	2	-	3	-	2	-
		1%	-	2%	3%	-	-	1%	2%	-	2%	-	1%	-
NET: Comfortable		170	77	78	37	32	14	97	72	8	144	26	148	21
		77%	80%	80%	70%	83%	75%	81%	75%	74%	78%	74%	80%	68%
NET: Uncomfortable		16	6	7	6	1	2	5	9	1	10	6	8	5
		7%	6%	7%	11%	4%	13%	4%	9%	6%	5%	17% a	5%	15% a
Base for stats		217	97	96	51	38	19	118	94	11	183	34	182	31
Mean Score		4.08	4.15	4.09	3.95	4.16	4.04	4.17	4.04	3.84	4.13	3.83	4.15	3.85
Standard Deviation		.934	.920	.923	1.027	.864	1.051	.852	.992	.805	.916	1.002	.868	1.050
Standard Error		.061	.091	.089	.137	.135	.219	.076	.096	.232	.065	.165	.062	.175
Error variance		*	.01	.01	.02	.02	.05	.01	.01	.05	*	.03	*	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor exercise classes in the past week

			Number of days active										Life satisfaction score				Covid-19 related worries			
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		242	5	17	32	73	41	38	13	23	163	74	40	80	71	44	51	69	81	36
Total		220	4	15	30	66	36	38	10	21	148	69	37	70	66	40	44	65	74	34
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	83	1	3	9	24	12	16	5	13	48	34	9	24	26	20	17	18	28	19
		37%	17%	19%	30%	37%	33%	42%	52%	59%	33%	49% i	25%	34%	40%	51% a	38%	27%	38%	55% b
Fairly comfortable	(4.0)	87	1	10	10	27	19	17	2	2	66	21	17	32	25	14	15	29	34	8
		40%	18%	67%	34%	40%	51% j	45%	20%	10%	44% j	30%	45%	46%	37%	35%	35%	45% d	46% d	24%
Neither comfortable nor uncomfortable	(3.0)	32	2	1	7	9	3	4	2	4	20	10	6	11	8	4	6	13	8	5
		14%	65%	5%	23%	14%	8%	10%	21%	17%	13%	14%	17%	16%	13%	11%	13%	20%	11%	14%
Fairly uncomfortable	(2.0)	13	-	1	3	4	3	1	1	1	10	3	4	3	4	1	4	3	4	3
		6%	-	5%	11%	6%	7%	3%	7%	3%	7%	4%	10%	4%	6%	3%	8%	5%	5%	8%
Very uncomfortable	(1.0)	3	-	1	-	1	-	-	-	1	1	1	1	1	1	-	2	1	-	-
		1%	-	5%	-	1%	-	-	-	5%	1%	2%	2%	1%	2%	-	4%	1%	-	-
Don't know		3	-	-	1	1	-	-	-	1	2	1	1	-	2	-	1	2	-	-
		1%	-	-	2%	2%	-	-	-	5%	1%	1%	2%	-	3%	-	2%	3%	-	-
NET: Comfortable		170	1	13	19	51	31	33	7	15	114	55	26	56	51	34	32	47	62	27
		77%	35%	86%	64%	77%	84% c	87% c	72%	70%	77%	79%	69%	80%	77%	86%	73%	72%	84%	79%
NET: Uncomfortable		16	-	1	3	5	3	1	1	2	12	4	5	3	5	1	6	4	4	3
		7%	-	9%	11%	7%	7%	3%	7%	9%	8%	6%	12%	5%	7%	3%	12%	6%	5%	8%
Base for stats		217	4	15	29	65	36	38	10	20	145	68	36	70	64	40	44	63	74	34
Mean Score		4.08	3.52	3.91	3.85	4.08	4.10	4.25	4.16	4.21	4.02	4.22	3.81	4.08	4.12	4.33 a	3.96	3.95	4.16	4.26
Standard Deviation		.934	.901	.949	.999	.928	.849	.781	1.043	1.209	.922	.951	1.003	.859	.961	.813	1.122	.886	.826	.974
Standard Error		.061	.403	.230	.179	.110	.133	.127	.289	.258	.073	.111	.161	.096	.116	.123	.159	.108	.092	.162
Error variance		*	.16	.05	.03	.01	.02	.02	.08	.07	.01	.01	.03	.01	.01	.02	.03	.01	.01	.03

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Q6I2.21. Outdoor exercise classes: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		242	139	65	36
Total		220	128	59	32
		100%	100%	100%	100%
Very comfortable	(5.0)	83	53	20	9
		37%	42%	34%	28%
Fairly comfortable	(4.0)	87	54	19	15
		40%	42%	31%	47%
Neither comfortable nor uncomfortable	(3.0)	32	12	17	3
		14%	9%	28%	8%
				ac	
Fairly uncomfortable	(2.0)	13	7	2	4
		6%	6%	4%	12%
Very uncomfortable	(1.0)	3	2	-	1
		1%	1%	-	2%
Don't know		3	-	2	1
		1%	-	3%	2%
NET: Comfortable		170	107	39	24
		77%	84%	65%	75%
			b		
NET: Uncomfortable		16	9	2	5
		7%	7%	4%	15%
					b
Base for stats		217	128	58	31
Mean Score		4.08	4.17	3.98	3.89
Standard Deviation		.934	.915	.896	1.052
Standard Error		.061	.078	.113	.178
Error variance		*	.01	.01	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total		352	175	176	197	119	36	10	47	27	47	39	23	78	58	23
Total		326	160	165	165	117	44	7	42	27	36	31	28	76	53	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	115	66	48	57	31	26	3	18	5	10	11	10	21	22	15
		35%	41% b	29%	35%	27%	59% ab	42%	44%	20%	27%	36%	36%	27%	41%	56%
Fairly comfortable	(4.0)	148	71	76	67	64	18	3	13	16	19	16	13	39	20	10
		45%	44%	46%	40%	54% a	41%	35%	32%	59%	52%	51%	47%	51% b	38%	37%
Neither comfortable nor uncomfortable	(3.0)	46	16	30	30	16	-	2	8	6	6	4	4	7	8	2
		14%	10%	18% a	18% c	13% c	-	23%	20%	21%	18%	13%	13%	9%	15%	7%
Fairly uncomfortable	(2.0)	15	6	9	8	6	-	-	2	-	1	-	1	8	2	-
		5%	4%	5%	5%	5%	-	-	5%	-	4%	-	4%	11% e	4%	-
Very uncomfortable	(1.0)	1	1	-	1	-	-	-	-	-	-	-	-	1	-	-
		*	1%	-	1%	-	-	-	-	-	-	-	-	1%	-	-
Don't know		2	1	1	2	-	-	-	-	-	-	-	-	1	1	-
		1%	*	1%	1%	-	-	-	-	-	-	-	-	1%	2%	-
NET: Comfortable		262	137	125	124	95	44	6	31	21	28	27	23	60	41	24
		80%	85% b	76%	75%	81%	100% ab	77%	76%	79%	78%	87%	83%	78%	79%	93%
NET: Uncomfortable		16	7	9	9	6	-	-	2	-	1	-	1	9	2	-
		5%	4%	5%	6%	5%	-	-	5%	-	4%	-	4%	12% e	4%	-
Base for stats		324	160	164	164	117	44	7	42	27	36	31	28	76	52	26
Mean Score		4.11	4.22 b	4.00	4.04	4.03	4.59 ab	4.19	4.15	3.99	4.01	4.23	4.15	3.93	4.19	4.48
Standard Deviation		.835	.826	.834	.896	.789	.497	.844	.902	.653	.787	.671	.805	.963	.850	.643
Standard Error		.045	.063	.063	.064	.072	.083	.267	.132	.126	.115	.107	.168	.110	.113	.134
Error variance		*	*	*	*	.01	.01	.07	.02	.02	.01	.01	.03	.01	.01	.02

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Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		352	62	99	70	52	38	31	231	121	262	12	41	22	6	6	87
Total		326	58	97	64	44	31	32	219	107	246	10	36	19	7	6	77
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	115	15	40	24	13	6	16	79	35	91	2	12	5	1	2	23
		35%	26%	42% ae	37%	29%	21%	51% ade	36%	33%	37%	21%	33%	28%	22%	34%	29%
Fairly comfortable	(4.0)	148	28	42	30	20	17	10	100	48	110	7	18	7	4	2	36
		45%	48%	43%	47%	46%	55%	33%	46%	45%	45%	63%	49%	35%	63%	29%	47%
Neither comfortable nor uncomfortable	(3.0)	46	9	11	7	9	5	3	28	18	34	1	3	4	1	2	11
		14%	16%	12%	12%	21%	17%	11%	13%	17%	14%	8%	7%	23%	15%	38%	14%
Fairly uncomfortable	(2.0)	15	4	1	3	2	2	2	9	6	9	1	2	3	-	-	5
		5%	8%	2%	5%	4%	8%	5%	4%	5%	4%	7%	5%	14%	-	-	7%
Very uncomfortable	(1.0)	1	1	-	-	-	-	-	1	-	-	-	1	-	-	-	1
		*	2%	-	-	-	-	-	*	-	-	-	3% a	-	-	-	1%
Don't know		2	-	2	-	-	-	-	2	-	1	-	1	-	-	-	1
		1%	-	2%	-	-	-	-	1%	-	*	-	2%	-	-	-	1%
NET: Comfortable		262	43	82	54	33	23	27	179	83	201	9	29	12	6	4	59
		80%	74%	85%	84%	75%	76%	84%	82%	78%	82%	85%	82%	63%	85%	62%	77%
NET: Uncomfortable		16	6	1	3	2	2	2	10	6	9	1	3	3	-	-	6
		5%	10% b	2%	5%	4%	8%	5%	5%	5%	4%	7%	9%	14%	-	-	8%
Base for stats		324	58	95	64	44	31	32	218	107	245	10	35	19	7	6	77
Mean Score		4.11	3.89	4.28 adeh	4.16	4.00	3.89	4.30 ae	4.14 a	4.05	4.16	3.99	4.06	3.78	4.07	3.96	3.97
Standard Deviation		.835	.949	.732	.811	.820	.832	.870	.829	.847	.802	.799	.969	1.038	.660	.925	.925
Standard Error		.045	.121	.074	.097	.114	.135	.156	.055	.077	.050	.231	.153	.221	.269	.378	.100
Error variance		*	.01	.01	.01	.01	.02	.02	*	.01	*	.05	.02	.05	.07	.14	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	352	160	72	87	159	17	40	161	42	16	12	14	26	11	13	57
Total	326	137	73	92	164	13	36	152	39	15	11	12	21	10	17	50
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	115	58	26	21	48	9	15	42	11	5	5	2	10	4	12	24
	35%	43% cd	36%	23%	29%	69%	41%	28%	27%	32%	45%	15%	48%	43%	72%	48% cd
Fairly comfortable (4.0)	148	54	35	50	84	2	14	81	21	5	3	7	6	5	4	16
	45%	39%	48%	54% a	51% a	13%	39%	53% k	55% k	35%	26%	59%	30%	46%	24%	32%
Neither comfortable nor uncomfortable (3.0)	46	18	9	15	24	2	2	23	6	4	1	3	5	-	1	5
	14%	13%	12%	17%	15%	18%	6%	15%	16%	26%	6%	21%	22%	-	4%	10%
Fairly uncomfortable (2.0)	15	6	2	4	6	-	4	5	1	1	3	1	-	1	-	4
	5%	4%	3%	5%	4%	-	11% c	3%	2%	7%	22%	5%	-	11%	-	8%
Very uncomfortable (1.0)	1	-	-	1	1	-	1	-	-	-	-	-	-	-	-	1
	*	-	-	1%	1%	-	3% c	-	-	-	-	-	-	-	-	2%
Don't know	2	1	1	-	1	-	-	2	-	-	-	-	-	-	-	-
	1%	1%	1%	-	1%	-	-	1%	-	-	-	-	-	-	-	-
NET: Comfortable	262	112	61	71	132	11	29	122	32	10	8	9	16	9	16	40
	80%	82%	84%	77%	80%	82%	79%	81%	82%	67%	71%	75%	78%	89%	96%	80%
NET: Uncomfortable	16	6	2	5	8	-	5	5	1	1	3	1	-	1	-	5
	5%	4%	3%	6%	5%	-	14% cd	3%	2%	7%	22%	5%	-	11%	-	10% c
Base for stats	324	136	72	92	163	13	36	150	39	15	11	12	21	10	17	50
Mean Score	4.11	4.21 c	4.18	3.94	4.05	4.52	4.03	4.07	4.07	3.92	3.95	3.85	4.26	4.22	4.67	4.16
Standard Deviation	.835	.838	.761	.836	.810	.809	1.104	.746	.719	.956	1.242	.752	.814	.951	.571	1.048
Standard Error	.045	.066	.090	.090	.064	.196	.175	.059	.111	.239	.358	.201	.160	.287	.158	.139
Error variance	*	*	.01	.01	*	.04	.03	*	.01	.06	.13	.04	.03	.08	.03	.02

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total		352	123	89	38	8	127	131	117	88	42	14	130	131	31	143	148	30	321
Total		326	115	86	33	7	119	122	109	82	40	13	122	122	27	134	140	26	299
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	115	36	27	10	1	37	37	35	18	18	3	36	39	13	52	43	7	102
		35%	32%	31%	31%	12%	31%	30%	33%	22%	45% b	25%	30%	32%	48%	39%	31%	27%	34%
Fairly comfortable	(4.0)	148	57	42	12	5	53	62	57	40	14	7	54	64	7	60	69	12	140
		45%	50%	48%	35%	66%	45%	51%	52% c	49%	34%	51%	44%	52% c	28%	45%	49% a	45%	47% a
Neither comfortable nor uncomfortable	(3.0)	46	13	14	8	1	22	14	11	15	8	2	22	13	6	15	21	4	40
		14%	11%	16%	25% af	9%	18%	11%	10%	18%	19%	17%	18%	11%	23%	11%	15%	16%	13%
Fairly uncomfortable	(2.0)	15	6	3	3	1	6	7	4	8	-	1	8	5	1	6	6	2	14
		5%	5%	3%	9%	13%	5%	6%	4%	10% c	-	7%	6%	4%	2%	5%	4%	8%	5%
Very uncomfortable	(1.0)	1	1	-	-	-	-	1	-	-	1	-	1	-	-	-	1	-	1
		*	1%	-	-	-	-	1%	-	-	3%	-	1%	-	-	-	1%	-	*
Don't know		2	1	1	-	-	1	1	1	1	-	-	1	1	-	1	-	1	2
		1%	1%	1%	-	-	1%	1%	1%	1%	-	-	1%	1%	-	1%	-	3% c	1%
NET: Comfortable		262	94	68	22	6	90	99	92	58	32	10	90	102	20	112	112	19	242
		80%	81%	80%	66%	78%	76%	81%	85% be	71%	79%	76%	74%	84% be	75%	84%	80%	72%	81%
NET: Uncomfortable		16	7	3	3	1	6	8	4	8	1	1	9	5	1	6	7	2	15
		5%	6%	3%	9%	13%	5%	7%	4%	10%	3%	7%	7%	4%	2%	5%	5%	8%	5%
Base for stats		324	114	85	33	7	119	121	108	81	40	13	122	121	27	133	140	25	298
Mean Score		4.11	4.07	4.08	3.88	3.78	4.03	4.05	4.14 b	3.85	4.18	3.93	3.96	4.12 b	4.21	4.18	4.05	3.94	4.10
Standard Deviation		.835	.858	.786	.966	.880	.841	.859	.760	.883	.929	.872	.908	.772	.878	.812	.835	.908	.832
Standard Error		.045	.078	.084	.157	.311	.075	.075	.071	.095	.143	.233	.080	.068	.158	.068	.069	.169	.047
Error variance		*	.01	.01	.02	.10	.01	.01	*	.01	.02	.05	.01	*	.02	*	*	.03	*

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Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		352	125	189	76	53	25	205	141	11	289	63	304	44
Total		326	117	177	70	49	22	193	128	10	268	58	284	39
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	115	32	68	19	20	2	76	38	4	90	24	101	12
		35%	27%	38%	28%	42%	11%	39%	30%	39%	34%	42%	36%	30%
				a										
Fairly comfortable	(4.0)	148	60	80	33	20	13	86	59	5	124	24	131	17
		45%	51%	45%	48%	40%	60%	45%	46%	48%	46%	41%	46%	43%
Neither comfortable nor uncomfortable	(3.0)	46	18	21	14	5	2	25	20	1	37	9	36	9
		14%	16%	12%	20%	10%	9%	13%	15%	13%	14%	15%	13%	22%
Fairly uncomfortable	(2.0)	15	5	8	3	3	4	4	10	-	13	2	13	2
		5%	5%	5%	5%	6%	20%	2%	8%	-	5%	3%	5%	4%
									d					
Very uncomfortable	(1.0)	1	-	1	-	-	-	1	-	-	1	-	1	-
		*	-	1%	-	-	-	1%	-	-	*	-	*	-
Don't know		2	2	-	-	1	-	1	1	-	2	-	2	-
		1%	2%	-	-	2%	-	1%	1%	-	1%	-	1%	-
NET: Comfortable		262	91	147	53	40	15	162	97	9	214	48	232	28
		80%	78%	83%	75%	82%	71%	84%	76%	87%	80%	82%	82%	74%
NET: Uncomfortable		16	5	9	3	3	4	5	10	-	14	2	14	2
		5%	5%	5%	5%	6%	20%	3%	8%	-	5%	3%	5%	4%
									d					
Base for stats		324	115	177	70	48	22	192	127	10	266	58	282	39
Mean Score		4.11	4.02	4.15	3.99	4.19	3.62	4.20	3.98	4.27	4.09	4.21	4.13	4.00
								ae						
Standard Deviation		.835	.792	.846	.820	.870	.942	.791	.887	.705	.841	.804	.832	.842
Standard Error		.045	.071	.062	.094	.121	.188	.055	.075	.213	.050	.101	.048	.127
Error variance		*	.01	*	.01	.01	.04	*	.01	.05	*	.01	*	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	352	4	26	46	83	71	65	12	45	226	122	61	112	110	65	99	106	99	45
Total	326	4	25	43	74	65	60	11	45	206	116	53	102	106	62	92	101	88	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	115	2	8	15	22	19	22	3	24	63	49	16	26	47	25	46	32	22	14
	35%	59%	31%	34%	29%	30%	36%	31%	53%	31%	42%	30%	26%	44%	40%	50%	32%	25%	33%
									dei		i			b		bcd			
Fairly comfortable (4.0)	148	-	14	16	36	35	28	5	14	102	46	24	52	46	25	37	46	44	21
	45%	-	58%	38%	49%	54%	46%	43%	31%	49%	40%	46%	51%	44%	40%	40%	46%	49%	49%
						h				h									
Neither comfortable nor uncomfortable (3.0)	46	1	2	8	13	8	8	2	4	30	14	11	16	9	10	7	18	14	5
	14%	41%	8%	18%	17%	12%	14%	20%	9%	15%	12%	21%	16%	8%	16%	8%	18%	16%	12%
												c					a		
Fairly uncomfortable (2.0)	15	-	1	3	3	1	3	1	3	8	7	2	7	5	1	1	3	8	3
	5%	-	3%	7%	4%	2%	5%	7%	7%	4%	6%	4%	7%	4%	2%	1%	3%	8%	6%
																		a	
Very uncomfortable (1.0)	1	-	-	-	-	1	-	-	-	1	-	-	-	-	1	-	1	-	-
	*	-	-	-	-	2%	-	-	-	1%	-	-	-	-	2%	-	1%	-	-
Don't know	2	-	-	1	1	-	-	-	-	2	-	-	1	-	-	-	-	1	-
	1%	-	-	2%	1%	-	-	-	-	1%	-	-	1%	-	-	-	-	1%	-
NET: Comfortable	262	2	22	31	58	55	49	8	38	165	95	40	78	93	50	84	78	66	35
	80%	59%	89%	72%	78%	84%	82%	74%	84%	80%	82%	75%	77%	88%	80%	91%	78%	75%	82%
														ab		bc			
NET: Uncomfortable	16	-	1	3	3	2	3	1	3	9	7	2	7	5	2	1	4	8	3
	5%	-	3%	7%	4%	3%	5%	7%	7%	4%	6%	4%	7%	4%	4%	1%	4%	8%	6%
																		a	
Base for stats	324	4	25	42	73	65	60	11	45	204	116	53	101	106	62	92	101	88	42
Mean Score	4.11	4.17	4.17	4.01	4.05	4.09	4.13	3.98	4.29	4.07	4.18	4.01	3.97	4.27	4.15	4.40	4.04	3.92	4.08
														ab		bcd			
Standard Deviation	.835	1.160	.707	.928	.788	.805	.826	.923	.920	.810	.871	.826	.832	.790	.885	.697	.853	.873	.843
Standard Error	.045	.580	.139	.138	.087	.096	.102	.266	.137	.054	.079	.106	.079	.075	.110	.070	.083	.088	.126
Error variance	*	.34	.02	.02	.01	.01	.01	.07	.02	*	.01	.01	.01	.01	.01	*	.01	.01	.02

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.22. Outdoor sports facilities (e.g. courts and pitches): All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		352	191	95	64
Total		326	174	92	58
		100%	100%	100%	100%
Very comfortable	(5.0)	115	66	28	20
		35%	38%	30%	34%
Fairly comfortable	(4.0)	148	81	44	24
		45%	46%	47%	40%
Neither comfortable nor uncomfortable	(3.0)	46	16	17	12
		14%	9%	18%	21%
				a	a
Fairly uncomfortable	(2.0)	15	8	4	2
		5%	5%	4%	4%
Very uncomfortable	(1.0)	1	1	-	-
		*	1%	-	-
Don't know		2	2	-	-
		1%	1%	-	-
NET: Comfortable		262	147	71	44
		80%	84%	77%	75%
NET: Uncomfortable		16	10	4	2
		5%	5%	4%	4%
Base for stats		324	172	92	58
Mean Score		4.11	4.17	4.03	4.05
Standard Deviation		.835	.839	.812	.853
Standard Error		.045	.061	.083	.107
Error variance		*	*	.01	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total		230	95	133	144	62	24	15	29	15	32	14	9	63	35	18
Total		215	88	125	124	60	32	12	24	17	24	12	11	66	30	19
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	77	34	41	41	20	15	3	10	5	9	3	3	26	14	5
		36%	39%	33%	34%	33%	49%	26%	40%	30%	36%	25%	23%	40%	46%	27%
Fairly comfortable	(4.0)	84	32	52	49	23	12	3	9	6	9	2	6	25	13	10
		39%	37%	41%	40%	38%	38%	29%	36%	37%	38%	21%	56%	38%	42%	53%
Neither comfortable nor uncomfortable	(3.0)	39	16	23	21	14	4	5	3	4	5	5	1	10	3	3
		18%	18%	18%	17%	24%	13%	39%	14%	24%	21%	42%	13%	15%	8%	16%
Fairly uncomfortable	(2.0)	9	4	4	6	3	-	1	1	2	1	1	1	3	-	-
		4%	5%	3%	5%	5%	-	6%	4%	10%	5%	6%	8%	4%	-	-
Very uncomfortable	(1.0)	3	-	3	3	-	-	-	1	-	-	-	-	1	1	-
		1%	-	2%	2%	-	-	-	4%	-	-	-	-	1%	3%	-
Don't know		3	1	3	3	-	-	-	1	-	-	1	-	1	-	1
		2%	1%	2%	3%	-	-	-	3%	-	-	6%	-	2%	-	4%
NET: Comfortable		161	67	92	91	43	27	7	18	11	18	5	9	51	27	15
		75%	76%	74%	74%	71%	87%	56%	75%	66%	74%	46%	79%	78%	89%	80%
NET: Uncomfortable		12	4	7	9	3	-	1	2	2	1	1	1	4	1	-
		5%	5%	6%	7%	5%	-	6%	8%	10%	5%	6%	8%	6%	3%	-
Base for stats		212	87	122	120	60	32	12	24	17	24	11	11	64	30	18
Mean Score		4.06	4.11	4.01	4.01	4.00	4.36	3.76	4.07	3.86	4.04	3.69	3.95	4.12	4.29	4.11
Standard Deviation		.913	.883	.935	.963	.886	.709	.947	1.053	.987	.899	.979	.853	.926	.871	.680
Standard Error		.061	.091	.082	.081	.113	.145	.244	.199	.255	.159	.272	.284	.118	.147	.165
Error variance		*	.01	.01	.01	.01	.02	.06	.04	.06	.03	.07	.08	.01	.02	.03

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Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		230	42	58	56	39	21	14	156	74	170	13	23	14	5	2	57
Total		215	39	62	52	32	19	12	152	63	161	12	22	12	4	2	51
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	77	12	23	20	11	4	7	56	21	60	1	9	3	1	1	15
		36%	32%	37%	39%	33%	20%	60%	36%	34%	37%	12%	40%	24%	18%	47%	28%
Fairly comfortable	(4.0)	84	18	25	15	17	8	2	58	27	67	4	7	5	-	1	17
		39%	45%	41%	29%	53%	42%	13%	38%	42%	42%	35%	31%	46%	-	53%	33%
					c												
Neither comfortable nor uncomfortable	(3.0)	39	8	8	14	2	4	3	30	9	25	5	4	1	4	-	14
		18%	22%	12%	27%	7%	22%	22%	20%	14%	16%	45%	17%	12%	82%	-	27%
					bd												
Fairly uncomfortable	(2.0)	9	1	2	1	2	2	1	4	5	6	-	2	1	-	-	3
		4%	2%	4%	2%	7%	11%	5%	3%	8%	4%	-	7%	11%	-	-	6%
Very uncomfortable	(1.0)	3	-	2	-	-	1	-	2	1	2	1	-	-	-	-	1
		1%	-	3%	-	-	5%	-	1%	2%	1%	8%	-	-	-	-	2%
Don't know		3	-	2	1	-	-	-	3	-	1	-	1	1	-	-	2
		2%	-	3%	3%	-	-	-	2%	-	*	-	6%	6%	-	-	4%
NET: Comfortable		161	30	48	35	28	12	9	113	48	127	5	15	8	1	2	32
		75%	77%	78%	68%	86%	62%	73%	74%	76%	79%	47%	71%	70%	18%	100%	62%
						c					g						
NET: Uncomfortable		12	1	4	1	2	3	1	6	6	8	1	2	1	-	-	4
		5%	2%	7%	2%	7%	16%	5%	4%	9%	5%	8%	7%	11%	-	-	7%
Base for stats		212	39	60	50	32	19	12	149	63	160	12	21	11	4	2	49
Mean Score		4.06	4.06	4.09	4.08	4.12	3.60	4.28	4.08	4.00	4.11	3.43	4.09	3.89	3.36	4.47	3.84
Standard Deviation		.913	.785	.972	.878	.830	1.106	1.010	.889	.974	.883	1.020	.973	.965	.879	.737	.985
Standard Error		.061	.121	.130	.119	.133	.241	.270	.072	.113	.068	.283	.207	.268	.393	.521	.133
Error variance		*	.01	.02	.01	.02	.06	.07	.01	.01	*	.08	.04	.07	.15	.27	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		230	102	45	59	104	11	28	91	41	10	6	11	17	7	8	39
Total		215	86	47	63	110	9	26	87	38	10	7	9	14	6	9	35
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	77	34	17	18	35	2	11	35	9	1	1	3	6	3	6	13
		36%	40%	36%	29%	32%	25%	42%	40%	22%	8%	15%	36%	46%	51%	66%	38%
Fairly comfortable	(4.0)	84	31	18	30	48	5	9	39	14	5	3	3	4	1	2	13
		39%	36%	38%	47%	43%	50%	34%	45%	37%	51%	35%	31%	28%	13%	26%	38%
Neither comfortable nor uncomfortable	(3.0)	39	16	9	11	20	1	6	9	12	3	3	2	1	1	1	6
		18%	18%	20%	17%	18%	9%	22%	10%	33%	32%	37%	27%	9%	23%	8%	18%
										c							
Fairly uncomfortable	(2.0)	9	5	1	2	3	1	1	3	2	1	-	1	-	-	-	2
		4%	5%	2%	3%	3%	15%	3%	4%	6%	9%	-	6%	-	-	-	6%
Very uncomfortable	(1.0)	3	-	2	1	3	-	-	-	1	-	1	-	1	-	-	-
		1%	-	4%	1%	3%	-	-	-	2%	-	13%	-	7%	-	-	-
				a													
Don't know		3	1	-	1	1	-	-	1	-	-	-	-	1	1	-	-
		2%	1%	-	2%	1%	-	-	1%	-	-	-	-	10%	13%	-	-
NET: Comfortable		161	65	35	48	83	7	19	74	22	6	4	6	10	4	9	26
		75%	76%	74%	77%	76%	76%	76%	85%	59%	58%	50%	67%	74%	64%	92%	76%
									d								
NET: Uncomfortable		12	5	3	3	6	1	1	3	3	1	1	1	1	-	-	2
		5%	5%	6%	5%	5%	15%	3%	4%	8%	9%	13%	6%	7%	-	-	6%
Base for stats		212	85	47	61	108	9	26	86	38	10	7	9	12	5	9	35
Mean Score		4.06	4.11	4.00	4.02	4.01	3.86	4.15	4.23	3.71	3.57	3.39	3.96	4.19	4.32	4.57	4.07
									d								
Standard Deviation		.913	.890	1.008	.864	.925	1.025	.867	.776	.968	.806	1.244	.997	1.162	.964	.676	.905
Standard Error		.061	.089	.150	.113	.091	.309	.164	.082	.151	.255	.508	.301	.300	.394	.239	.145
Error variance		*	.01	.02	.01	.01	.10	.03	.01	.02	.06	.26	.09	.09	.15	.06	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		230	73	63	22	15	85	88	68	62	34	8	96	76	24	89	95	22	206
Total		215	69	61	22	15	82	84	64	62	32	8	93	72	24	83	90	19	191
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	77	28	16	3	6	19	35	23	20	7	5	27	28	9	36	26	6	68
		36%	41%	26%	16%	42%	23%	41%	36%	32%	22%	65%	29%	39%	36%	44%	29%	34%	36%
			e					e								c			
Fairly comfortable	(4.0)	84	32	28	7	3	35	35	34	23	11	-	34	34	7	29	40	8	78
		39%	47%	46%	31%	19%	42%	42%	54%	37%	35%	-	36%	48%	27%	35%	45%	42%	41%
									e										
Neither comfortable nor uncomfortable	(3.0)	39	6	13	10	3	23	9	3	17	10	2	28	5	7	13	17	2	32
		18%	9%	22%	47%	19%	28%	11%	5%	28%	32%	23%	30%	7%	27%	16%	19%	12%	17%
				a			af			af	af		af						
Fairly uncomfortable	(2.0)	9	2	3	1	1	4	3	4	1	2	-	3	4	2	2	4	1	6
		4%	3%	5%	6%	6%	5%	3%	6%	1%	8%	-	3%	5%	10%	3%	4%	4%	3%
Very uncomfortable	(1.0)	3	-	1	-	1	1	1	-	1	-	1	1	1	-	1	1	1	3
		1%	-	2%	-	6%	1%	1%	-	2%	-	12%	1%	1%	-	1%	1%	5%	1%
Don't know		3	-	-	-	1	-	1	-	-	1	-	1	-	-	1	2	1	3
		2%	-	-	-	8%	-	1%	-	-	4%	-	1%	-	-	1%	2%	4%	2%
NET: Comfortable		161	60	44	10	9	54	70	57	43	18	5	60	62	15	66	66	14	146
		75%	88%	72%	46%	61%	66%	83%	89%	69%	56%	65%	65%	87%	63%	79%	74%	75%	76%
			be					e	bce					bce					
NET: Uncomfortable		12	2	4	1	2	5	4	4	2	2	1	4	5	2	3	5	2	9
		5%	3%	6%	6%	13%	6%	4%	6%	3%	8%	12%	4%	7%	10%	4%	5%	9%	5%
Base for stats		212	69	61	22	14	82	83	64	62	30	8	92	72	24	82	88	18	188
Mean Score		4.06	4.27	3.91	3.56	3.91	3.82	4.21	4.19	3.97	3.73	4.06	3.89	4.18	3.89	4.20	3.98	3.99	4.08
			be					be	ce					ce					
Standard Deviation		.913	.738	.894	.851	1.283	.891	.857	.783	.892	.912	1.504	.901	.874	1.027	.884	.870	1.075	.898
Standard Error		.061	.086	.113	.181	.343	.097	.092	.095	.113	.159	.532	.092	.100	.210	.094	.090	.235	.063
Error variance		*	.01	.01	.03	.12	.01	.01	.01	.01	.03	.28	.01	.01	.04	.01	.01	.06	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		230	95	107	45	45	23	127	98	11	190	40	187	38
Total		215	88	99	41	42	23	119	92	10	181	34	176	35
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	77	34	33	12	16	6	47	30	2	65	12	69	8
		36%	39%	34%	29%	38%	28%	40%	32%	24%	36%	34%	40%	21%
														b
Fairly comfortable	(4.0)	84	31	46	14	16	6	53	29	6	74	10	69	13
		39%	35%	46%	34%	39%	27%	44%	32%	59%	41%	29%	39%	38%
Neither comfortable nor uncomfortable	(3.0)	39	16	16	10	8	6	16	21	2	30	9	25	13
		18%	19%	16%	23%	19%	27%	14%	23%	17%	16%	27%	14%	36%
														a
Fairly uncomfortable	(2.0)	9	4	2	4	-	3	1	7	-	7	2	6	2
		4%	5%	2%	10%	-	14%	1%	8%	-	4%	5%	4%	5%
					bd				d					
Very uncomfortable	(1.0)	3	2	1	-	1	1	1	2	-	2	1	3	-
		1%	2%	1%	-	2%	4%	1%	2%	-	1%	3%	2%	-
Don't know		3	1	1	1	1	-	-	2	-	3	1	3	-
		2%	1%	1%	3%	2%	-	-	2%	-	1%	2%	2%	-
NET: Comfortable		161	65	79	26	32	12	100	59	8	139	22	138	21
		75%	74%	80%	63%	77%	55%	84%	64%	83%	77%	63%	79%	60%
								ae					b	
NET: Uncomfortable		12	6	3	4	1	4	2	9	-	9	3	9	2
		5%	7%	3%	10%	2%	18%	2%	10%	-	5%	8%	5%	5%
					d				d					
Base for stats		212	88	99	40	41	23	119	90	10	178	34	173	35
Mean Score		4.06	4.04	4.11	3.84	4.13	3.60	4.22	3.86	4.07	4.09	3.89	4.13	3.76
								ae					b	
Standard Deviation		.913	.988	.818	.983	.889	1.178	.781	1.039	.671	.885	1.049	.911	.850
Standard Error		.061	.102	.079	.148	.134	.246	.069	.106	.202	.065	.168	.067	.138
Error variance		*	.01	.01	.02	.02	.06	*	.01	.04	*	.03	*	.02

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Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

					Number of days active								Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	230	3	13	34	72	52	26	8	22	171	56	38	73	66	48	56	82	61	28
Total	215	2	12	30	68	51	23	7	22	161	52	38	67	62	44	51	76	62	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	77	1	8	8	17	16	10	4	13	49	27	12	20	23	21	28	22	17	11
	36%	65%	62%	26%	26%	32%	44%	60%	57%	30%	52% cdei	32%	29%	38%	48% b	54% bc	29%	28%	43%
Fairly comfortable (4.0)	84	-	4	8	33	21	8	2	7	67	17	15	25	26	17	16	26	30	11
	39%	-	29%	28%	49% c	42%	36%	28%	33%	41%	34%	39%	38%	42%	38%	31%	35%	49% a	45%
Neither comfortable nor uncomfortable (3.0)	39	1	1	8	14	10	3	1	2	32	6	9	15	10	4	3	24	9	2
	18%	35%	9%	25%	20%	20%	12%	12%	10%	20%	11%	25%	22%	16%	9%	7%	32% ac	15%	8%
Fairly uncomfortable (2.0)	9	-	-	3	2	3	-	-	-	9	-	1	6	1	2	3	3	3	-
	4%	-	-	11% j	3%	6%	-	-	-	5%	-	1%	8%	1%	5%	5%	4%	5%	-
Very uncomfortable (1.0)	3	-	-	1	1	-	1	-	-	2	1	1	-	2	-	1	-	1	1
	1%	-	-	3%	1%	-	4%	-	-	1%	2%	3%	-	3%	-	2%	-	2%	4%
Don't know	3	-	-	2	1	-	1	-	-	3	1	-	2	-	-	1	1	1	-
	2%	-	-	6%	1%	-	3%	-	-	2%	1%	-	3%	-	-	1%	1%	2%	-
NET: Comfortable	161	1	11	16	51	37	18	6	20	116	44	27	45	49	38	43	48	47	22
	75%	65%	91%	54%	74% c	74%	81%	88%	90%	72% c	85% ci	71%	67%	80%	86% b	85% b	63%	77%	88%
NET: Uncomfortable	12	-	-	4	3	3	1	-	-	11	1	2	6	3	2	3	3	4	1
	5%	-	-	15% j	4%	6%	4%	-	-	7%	2%	4%	8%	4%	5%	7%	4%	7%	4%
Base for stats	212	2	12	28	67	51	22	7	22	159	51	38	65	62	44	50	75	60	25
Mean Score	4.06	4.30	4.53	3.67	3.95	3.99	4.20	4.48	4.46	3.96	4.35 cdei	3.96	3.91	4.10	4.29 b	4.33 bc	3.89	3.98	4.24
Standard Deviation	.913	1.303	.679	1.126	.845	.888	.987	.750	.692	.918	.834	.934	.933	.925	.826	.946	.878	.892	.914
Standard Error	.061	.752	.188	.199	.100	.123	.197	.265	.148	.071	.112	.152	.111	.114	.119	.128	.098	.115	.173
Error variance	*	.57	.04	.04	.01	.02	.04	.07	.02	.01	.01	.02	.01	.01	.01	.02	.01	.01	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6I2.23. Outdoor swimming pools: All things considered, how comfortable or uncomfortable did you feel using this facility or location?
BASE: All who used Outdoor swimming pools in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		230	126	61	43
Total		215	119	56	40
		100%	100%	100%	100%
Very comfortable	(5.0)	77	51	15	11
		36%	43%	26%	27%
			b		
Fairly comfortable	(4.0)	84	54	19	11
		39%	45%	35%	27%
			c		
Neither comfortable nor uncomfortable	(3.0)	39	8	17	14
		18%	6%	31%	35%
				a	a
Fairly uncomfortable	(2.0)	9	3	3	2
		4%	3%	5%	6%
Very uncomfortable	(1.0)	3	2	-	1
		1%	2%	-	2%
Don't know		3	1	1	1
		2%	1%	3%	2%
NET: Comfortable		161	105	34	22
		75%	88%	61%	55%
			bc		
NET: Uncomfortable		12	5	3	3
		5%	4%	5%	8%
Base for stats		212	118	54	40
Mean Score		4.06	4.26	3.84	3.73
			bc		
Standard Deviation		.913	.833	.894	1.022
Standard Error		.061	.074	.116	.158
Error variance		*	.01	.01	.02

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Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	e	*f	g	h	*i
Unweighted Total		260	109	149	138	93	29	12	39	23	28	30	17	43	51	17
Total		242	97	143	116	90	36	10	38	24	22	22	21	42	45	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	91	32	59	47	32	11	3	14	11	9	6	9	15	16	7
		38%	33%	41%	40%	36%	31%	33%	38%	44%	42%	29%	41%	35%	36%	40%
Fairly comfortable	(4.0)	92	42	49	40	32	20	5	15	9	7	9	5	17	17	8
		38%	44%	34%	35%	36%	54%	48%	40%	39%	30%	40%	23%	41%	38%	47%
Neither comfortable nor uncomfortable	(3.0)	32	13	18	16	13	3	-	6	3	2	2	5	3	10	1
		13%	14%	13%	14%	14%	8%	-	15%	13%	9%	10%	24%	7%	22%	8%
Fairly uncomfortable	(2.0)	13	2	11	10	3	-	2	1	1	2	2	3	1	1	-
		5%	2%	8% a	9%	4%	-	19%	4%	4%	11%	9%	13%	2%	2%	-
Very uncomfortable	(1.0)	3	2	2	1	3	-	-	-	-	1	2	-	-	1	-
		1%	2%	1%	1%	3%	-	-	-	-	4%	8%	-	-	2%	-
Don't know		11	6	3	2	6	2	-	2	-	1	1	-	6	-	1
		4%	6%	2%	1%	7% a	7%	-	4%	-	4%	5%	-	14% h	-	5%
NET: Comfortable		183	74	108	87	65	31	8	30	20	16	15	14	32	33	16
		76%	76%	76%	75%	72%	86%	81%	77%	83%	72%	68%	64%	77%	74%	87%
NET: Uncomfortable		17	4	13	11	6	-	2	1	1	3	4	3	1	2	-
		7%	4%	9%	9%	7%	-	19%	4%	4%	14%	17% g	13%	2%	4%	-
Base for stats		231	91	139	114	83	34	10	37	24	21	21	21	36	45	17
Mean Score		4.10	4.10	4.09	4.07	4.07	4.26	3.95	4.16	4.23	4.00	3.76	3.92	4.29	4.04	4.34
Standard Deviation		.939	.861	.993	.981	.993	.603	1.103	.835	.842	1.179	1.238	1.098	.721	.922	.640
Standard Error		.059	.085	.082	.084	.106	.116	.318	.135	.175	.227	.230	.266	.119	.129	.160
Error variance		*	.01	.01	.01	.01	.01	.10	.02	.03	.05	.05	.07	.01	.02	.03

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Q6I2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		260	29	59	62	52	32	26	150	110	198	10	22	22	3	1	58
Total		242	27	57	57	46	28	26	141	101	188	9	19	19	3	1	50
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	91	12	21	19	16	11	11	52	38	76	1	7	4	1	1	13
		38%	44%	37%	34%	35%	38%	44%	37%	38%	40%	14%	35%	21%	33%	100%	27%
Fairly comfortable	(4.0)	92	8	22	22	21	12	8	52	40	75	3	8	6	-	-	17
		38%	29%	38%	39%	45%	41%	30%	37%	40%	40%	35%	42%	32%	-	-	34%
Neither comfortable nor uncomfortable	(3.0)	32	3	8	8	6	3	4	19	13	21	3	2	5	1	-	11
		13%	13%	13%	14%	12%	10%	17%	13%	13%	11%	35%	10%	28%	35%	-	22%
																	a
Fairly uncomfortable	(2.0)	13	2	3	4	3	1	2	8	5	9	-	1	2	1	-	4
		5%	6%	4%	7%	6%	2%	6%	6%	5%	5%	-	7%	9%	32%	-	8%
Very uncomfortable	(1.0)	3	-	1	2	1	-	-	2	1	2	-	-	1	-	-	1
		1%	-	1%	3%	2%	-	-	2%	1%	1%	-	-	5%	-	-	2%
Don't know		11	2	3	2	-	2	1	7	3	4	1	1	1	-	-	4
		4%	8%	6%	3%	-	8%	3%	5%	3%	2%	15%	6%	6%	-	-	7%
							d										
NET: Comfortable		183	20	43	42	37	23	19	104	79	151	4	15	10	1	1	30
		76%	73%	75%	73%	80%	80%	74%	74%	78%	80%	50%	77%	52%	33%	100%	61%
											g						
NET: Uncomfortable		17	2	3	6	4	1	2	11	6	12	-	1	2	1	-	5
		7%	6%	6%	10%	8%	2%	6%	8%	6%	6%	-	7%	13%	32%	-	10%
Base for stats		231	25	54	55	46	26	25	134	97	184	7	18	17	3	1	46
Mean Score		4.10	4.21	4.11	3.97	4.04	4.26	4.16	4.07	4.13	4.16	3.75	4.10	3.59	3.33	5.00	3.82
											g						
Standard Deviation		.939	.936	.926	1.037	.953	.754	.940	.972	.896	.910	.777	.912	1.111	1.531	-	1.015
Standard Error		.059	.180	.124	.134	.132	.138	.188	.081	.087	.065	.259	.199	.242	.884	-	.137
Error variance		*	.03	.02	.02	.02	.02	.04	.01	.01	*	.07	.04	.06	.78	-	.02

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Q6l2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		260	122	56	56	112	10	26	98	49	10	5	13	25	10	14	36
Total		242	104	60	57	117	9	24	91	44	9	5	12	19	9	20	33
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	91	37	25	22	47	4	14	36	16	1	-	4	9	2	6	18
		38%	36%	42%	38%	40%	46%	57%	39%	35%	9%	-	34%	47%	17%	32%	54%
Fairly comfortable	(4.0)	92	43	18	24	43	4	6	34	19	3	4	5	6	2	10	10
		38%	41%	31%	42%	36%	39%	27%	38%	42%	30%	76%	44%	29%	17%	54%	30%
Neither comfortable nor uncomfortable	(3.0)	32	15	9	5	14	1	3	12	3	1	1	1	3	4	3	4
		13%	14%	15%	9%	12%	15%	13%	13%	6%	15%	13%	10%	14%	49%	14%	13%
Fairly uncomfortable	(2.0)	13	5	3	4	7	-	-	4	6	2	1	-	-	1	-	-
		5%	5%	5%	7%	6%	-	-	4%	13% k	25%	11%	-	-	8%	-	-
Very uncomfortable	(1.0)	3	1	2	1	3	-	-	1	1	2	-	-	-	-	-	-
		1%	1%	3%	1%	2%	-	-	1%	2%	21%	-	-	-	-	-	-
Don't know		11	3	2	2	4	-	1	5	1	-	-	2	2	1	-	1
		4%	3%	4%	3%	4%	-	3%	5%	2%	-	-	13%	10%	10%	-	2%
NET: Comfortable		183	80	44	46	89	8	20	70	34	3	4	10	15	3	17	28
		76%	77%	72%	80%	76%	85%	84%	77%	77%	38%	76%	77%	76%	33%	86%	84%
NET: Uncomfortable		17	5	5	5	10	-	-	5	7	4	1	-	-	1	-	-
		7%	5%	8%	8%	8%	-	-	5%	15% k	46%	11%	-	-	8%	-	-
Base for stats		231	101	58	55	113	9	23	86	44	9	5	11	18	8	20	32
Mean Score		4.10	4.11	4.07	4.12	4.09	4.31	4.46	4.16	3.98	2.80	3.64	4.28	4.36	3.47	4.18	4.42 d
Standard Deviation		.939	.875	1.053	.944	.997	.757	.731	.896	1.063	1.384	.753	.683	.757	.947	.673	.729
Standard Error		.059	.081	.143	.129	.096	.239	.146	.092	.153	.438	.337	.197	.158	.316	.180	.123
Error variance		*	.01	.02	.02	.01	.06	.02	.01	.02	.19	.11	.04	.02	.10	.03	.02

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Q6l2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total	260	80	57	26	15	83	95	77	60	33	11	93	88	29	118	94	19	231
Total	242	75	53	23	14	76	88	71	55	30	11	85	82	27	110	89	16	215
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable (5.0)	91	31	20	5	5	25	36	31	22	6	4	29	35	9	42	36	4	82
	38%	42%	38%	21%	39%	33%	41%	43% c	41%	21%	39%	34%	42% c	33%	39%	40%	24%	38%
Fairly comfortable (4.0)	92	29	20	10	4	30	33	28	21	10	4	31	33	13	42	32	6	79
	38%	39%	38%	43%	30%	39%	38%	40%	38%	32%	41%	36%	40%	48%	38%	36%	36%	37%
Neither comfortable nor uncomfortable (3.0)	32	7	5	5	1	10	8	7	4	5	1	9	9	4	17	5	5	28
	13%	9%	10%	19%	10%	13%	9%	10%	7%	18%	13%	11%	11%	15%	16% c	6%	30%	13%
Fairly uncomfortable (2.0)	13	5	3	2	3	5	8	1	5	6	1	10	2	1	5	7	-	12
	5%	7%	6%	8%	21%	6%	9%	2%	9%	19% af	7%	12% af	3%	4%	5%	8%	-	6%
Very uncomfortable (1.0)	3	1	2	1	-	3	1	1	1	2	-	3	1	-	1	3	-	3
	1%	1%	3%	3%	-	3%	1%	1%	1%	6%	-	3%	1%	-	1%	3%	-	2%
Don't know	11	2	3	1	-	4	2	3	2	1	-	3	3	-	2	6	2	11
	4%	3%	5%	6%	-	5%	2%	4%	4%	4%	-	4%	3%	-	2%	7%	10%	5%
NET: Comfortable	183	60	40	15	9	55	70	59	43	16	9	59	68	22	84	67	10	161
	76%	81%	76%	64%	69%	72%	79%	83% c	79% c	53%	80%	70%	83% ce	81%	77%	76%	60%	75%
NET: Uncomfortable	17	6	5	3	3	7	9	2	5	7	1	13	3	1	6	10	-	16
	7%	8%	9%	11%	21%	10%	10%	3%	10%	25% af	7%	15% af	4%	4%	5%	11%	-	7%
Base for stats	231	73	50	22	14	72	86	68	53	29	11	81	79	27	107	82	15	205
Mean Score	4.10	4.17	4.07	3.76	3.86	3.98	4.12	4.26 ce	4.13 c	3.46	4.13	3.90	4.24 ce	4.10	4.12	4.10	3.93	4.10
Standard Deviation	.939	.934	1.040	1.022	1.196	1.038	.978	.827	.990	1.232	.918	1.122	.835	.802	.898	1.061	.801	.958
Standard Error	.059	.106	.142	.204	.309	.117	.101	.096	.130	.218	.277	.118	.091	.149	.084	.113	.189	.064
Error variance	*	.01	.02	.04	.10	.01	.01	.01	.02	.05	.08	.01	.01	.02	.01	.01	.04	*

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Q6l2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		260	84	138	59	45	14	144	106	10	212	48	209	45
Total		242	80	127	55	44	12	133	100	9	200	42	196	40
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	91	30	51	21	14	3	56	34	4	77	14	80	8
		38%	38%	40%	38%	32%	27%	42%	34%	40%	38%	33%	41%	20%
													b	
Fairly comfortable	(4.0)	92	25	52	18	21	4	52	37	5	79	13	77	15
		38%	32%	41%	32%	48%	32%	39%	37%	50%	39%	32%	39%	37%
Neither comfortable nor uncomfortable	(3.0)	32	10	16	9	3	2	16	15	-	25	7	24	5
		13%	12%	12%	17%	8%	16%	12%	15%	-	13%	16%	12%	13%
Fairly uncomfortable	(2.0)	13	8	5	5	2	1	5	8	-	10	4	8	5
		5%	10%	4%	8%	5%	8%	4%	8%	-	5%	9%	4%	13%
														a
Very uncomfortable	(1.0)	3	3	-	-	2	1	1	3	-	2	2	1	2
		1%	4%	-	-	4%	8%	1%	3%	-	1%	4%	*	6%
			b											a
Don't know		11	3	5	2	2	1	4	4	1	8	3	6	4
		4%	4%	4%	4%	4%	9%	3%	4%	10%	4%	7%	3%	10%
														a
NET: Comfortable		183	56	102	39	35	7	107	71	8	156	27	158	23
		76%	70%	80%	71%	80%	59%	81%	71%	90%	78%	65%	80%	58%
													b	
NET: Uncomfortable		17	11	5	5	4	2	6	10	-	11	5	9	8
		7%	14%	4%	8%	8%	16%	5%	10%	-	6%	12%	5%	19%
			b											a
Base for stats		231	77	122	53	42	11	129	96	8	192	39	191	36
Mean Score		4.10	3.94	4.21	4.05	4.04	3.67	4.21	3.96	4.45	4.14	3.88	4.20	3.59
				a				e					b	
Standard Deviation		.939	1.154	.805	.970	.984	1.291	.860	1.036	.531	.892	1.134	.850	1.198
Standard Error		.059	.128	.070	.129	.150	.358	.073	.103	.177	.062	.167	.060	.185
Error variance		*	.02	*	.02	.02	.13	.01	.01	.03	*	.03	*	.03

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Q6l2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Number of days active										Life satisfaction score				Covid-19 related worries			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total		260	10	14	55	51	44	47	13	26	164	86	53	91	79	33	60	80	88	29
Total		242	8	12	49	45	44	44	12	28	150	83	48	82	78	32	55	75	83	27
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very comfortable	(5.0)	91	3	5	11	15	19	21	6	11	50	37	15	27	29	19	22	25	30	14
		38%	37%	39%	23%	33%	43%	48%	48%	38%	34%	45%	32%	32%	37%	61%	40%	33%	36%	53%
							c	c				c				abc				
Fairly comfortable	(4.0)	92	3	2	23	17	13	16	3	14	56	33	18	30	36	8	23	28	34	6
		38%	37%	19%	48%	37%	30%	37%	29%	48%	37%	40%	37%	37%	46%	25%	42%	38%	41%	21%
															d					
Neither comfortable nor uncomfortable	(3.0)	32	2	4	8	7	3	5	3	1	22	8	9	13	7	3	6	8	14	4
		13%	18%	31%	17%	17%	6%	11%	23%	2%	15%	10%	18%	16%	9%	9%	10%	10%	17%	15%
Fairly uncomfortable	(2.0)	13	1	1	3	5	4	-	-	-	13	-	3	8	3	-	1	11	1	1
		5%	8%	5%	6%	11%	9%	-	-	-	8%	-	6%	9%	4%	-	1%	15%	1%	2%
					j	fj	fj				fj							ac		
Very uncomfortable	(1.0)	3	-	-	1	-	3	-	-	-	3	-	-	-	2	1	1	2	-	1
		1%	-	-	2%	-	6%	-	-	-	2%	-	-	-	2%	3%	1%	2%	-	3%
							j													
Don't know		11	-	1	2	1	2	1	-	3	6	5	3	4	2	1	3	1	4	2
		4%	-	6%	4%	2%	5%	3%	-	12%	4%	6%	7%	4%	2%	2%	6%	1%	4%	6%
NET: Comfortable		183	6	7	35	32	32	38	9	24	106	71	33	57	65	27	45	53	64	20
		76%	74%	58%	72%	70%	74%	86%	77%	86%	71%	85%	69%	70%	83%	86%	81%	71%	78%	75%
								i				di			b					
NET: Uncomfortable		17	1	1	4	5	7	-	-	-	16	-	3	8	4	1	1	13	1	1
		7%	8%	5%	8%	11%	15%	-	-	-	11%	-	6%	9%	6%	3%	3%	18%	1%	5%
					j	fj	fj				fj							ac		
Base for stats		231	8	12	47	44	41	42	12	25	144	79	44	78	76	31	52	74	79	25
Mean Score		4.10	4.02	3.99	3.89	3.95	4.01	4.38	4.25	4.40	3.95	4.37	4.02	3.97	4.16	4.46	4.24	3.85	4.19	4.28
								cdi				cdei				ab	b		b	
Standard Deviation		.939	.994	1.017	.914	.987	1.223	.691	.842	.551	1.031	.668	.898	.956	.888	.884	.820	1.125	.752	1.014
Standard Error		.059	.314	.282	.126	.140	.189	.102	.234	.115	.082	.074	.127	.102	.101	.156	.109	.127	.082	.195
Error variance		*	.10	.08	.02	.02	.04	.01	.05	.01	.01	.01	.02	.01	.01	.02	.01	.02	.01	.04

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Q6l2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): All things considered, how comfortable or uncomfortable did you feel using this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		260	114	67	76
Total		242	104	64	70
		100%	100%	100%	100%
Very comfortable	(5.0)	91	48	25	18
		38%	46%	38%	26%
			c		
Fairly comfortable	(4.0)	92	40	22	30
		38%	39%	35%	42%
Neither comfortable nor uncomfortable	(3.0)	32	7	12	12
		13%	7%	19%	17%
				a	a
Fairly uncomfortable	(2.0)	13	6	1	6
		5%	6%	2%	8%
Very uncomfortable	(1.0)	3	-	1	3
		1%	-	1%	4%
					a
Don't know		11	3	3	2
		4%	3%	5%	3%
NET: Comfortable		183	88	47	48
		76%	85%	73%	68%
			c		
NET: Uncomfortable		17	6	2	8
		7%	6%	3%	12%
Base for stats		231	101	61	68
Mean Score		4.10	4.28	4.12	3.81
			c		
Standard Deviation		.939	.848	.895	1.045
Standard Error		.059	.080	.112	.121
Error variance		*	.01	.01	.01

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Q6J2. SUMMARY: How much did you enjoy your activity at this facility or location?

BASE: All who used indoor facilities or outdoor facilities/locations in the past week for sport or physical activity

	Total	I enjoyed it a lot	I somewhat enjoyed it	I neither enjoyed it nor didn't enjoy it	I didn't enjoy it much	I didn't enjoy it at all	Don't know	NET: Enjoyed	NET: Didn't enjoy
Indoor swimming pools	334	184	95	39	12	1	2	279	13
	100%	55%	28%	12%	4%	*	1%	84%	4%
Outdoor sports facilities (e.g. courts and pitches)	326	155	113	37	17	2	2	268	19
	100%	47%	35%	11%	5%	*	1%	82%	6%
Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites)	242	121	77	25	14	3	3	198	16
	100%	50%	32%	10%	6%	1%	1%	82%	7%
Indoor gyms or fitness centres (excluding outdoor exercise classes)	420	195	148	44	23	5	5	343	28
	100%	46%	35%	10%	5%	1%	1%	82%	7%
Outdoor swimming pools	215	95	80	28	5	5	2	175	10
	100%	44%	37%	13%	2%	2%	1%	81%	5%
Outdoor exercise classes	220	92	80	34	8	2	3	173	10
	100%	42%	36%	16%	3%	1%	1%	78%	5%
Other indoor sports facilities	172	63	50	36	15	3	5	113	18
	100%	37%	29%	21%	9%	2%	3%	66%	11%

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Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	*f	g	h	*i
Unweighted Total		457	194	262	248	169	40	33	60	35	69	45	28	95	67	25
Total		420	172	247	206	166	48	28	54	36	51	35	34	95	62	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	195	81	113	90	75	30	12	26	17	28	20	13	39	30	10
		46%	47%	46%	44%	45%	63% a	44%	49%	46%	54%	56%	39%	41%	48%	40%
I somewhat enjoyed it	(4.0)	148	60	88	67	70	11	11	17	13	13	12	15	36	20	11
		35%	35%	36%	32%	42% ac	24%	38%	32%	37%	25%	33%	44%	39%	33%	45%
I neither enjoyed it nor didn't enjoy it	(3.0)	44	16	27	31	10	3	3	5	3	7	2	2	9	9	3
		10%	10%	11%	15% b	6%	7%	11%	9%	9%	14%	5%	5%	10%	15%	12%
I didn't enjoy it much	(2.0)	23	12	10	14	7	2	2	3	2	3	1	3	8	1	1
		5%	7%	4%	7%	4%	4%	7%	6%	5%	6%	2%	8%	8%	1%	3%
I didn't enjoy it at all	(1.0)	5	1	5	3	1	2	-	2	1	1	1	-	1	-	-
		1%	*	2%	1%	1%	3%	-	4%	3%	1%	2%	-	1%	-	-
Don't know		5	2	3	2	3	-	-	-	-	-	1	1	1	2	-
		1%	1%	1%	1%	2%	-	-	-	-	-	2%	4%	1%	3%	-
NET: Enjoyed		343	141	202	156	146	41	23	43	30	40	32	28	76	50	22
		82%	82%	82%	76%	88% a	86%	82%	81%	83%	78%	89%	83%	80%	81%	85%
NET: Didn't enjoy		28	13	15	17	8	3	2	5	3	4	1	3	8	1	1
		7%	8%	6%	8%	5%	7%	7%	10% h	8%	7%	4%	8%	9% h	1%	3%
Base for stats		415	170	244	204	163	48	28	54	36	51	35	32	93	60	26
Mean Score		4.22	4.22	4.21	4.11	4.30 a	4.38	4.19	4.15	4.19	4.24	4.42	4.18	4.13	4.31	4.21
Standard Deviation		.930	.928	.934	.989	.811	1.015	.897	1.097	.994	.994	.849	.883	.957	.787	.796
Standard Error		.044	.067	.058	.063	.063	.160	.156	.142	.168	.120	.128	.170	.099	.098	.159
Error variance		*	*	*	*	*	.03	.02	.02	.03	.01	.02	.03	.01	.01	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		457	83	125	97	68	43	41	305	152	331	19	64	28	5	5	121
Total		420	78	122	88	56	35	41	287	133	307	17	57	25	5	5	108
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	195	37	55	38	25	16	23	130	64	138	11	29	9	2	3	54
		46%	47%	45%	44%	44%	46%	56%	45%	49%	45%	69%	51%	37%	45%	53%	50%
I somewhat enjoyed it	(4.0)	148	26	48	36	19	11	9	109	39	120	1	14	8	1	1	25
		35%	33%	39%	41%	34%	31%	22%	38%	29%	39%	5%	25%	33%	17%	29%	23%
				f	f				f		cg						
I neither enjoyed it nor didn't enjoy it	(3.0)	44	11	7	8	7	7	3	26	18	30	1	7	4	1	1	14
		10%	14%	5%	10%	13%	20%	8%	9%	13%	10%	8%	12%	16%	20%	17%	13%
			b				bg			b							
I didn't enjoy it much	(2.0)	23	4	9	3	3	1	2	17	6	9	3	6	3	1	-	13
		5%	6%	7%	4%	6%	2%	4%	6%	4%	3%	19%	11%	14%	18%	-	12%
													a				a
I didn't enjoy it at all	(1.0)	5	-	1	2	1	-	2	2	3	5	-	1	-	-	-	1
		1%	-	1%	2%	2%	-	4%	1%	2%	2%	-	1%	-	-	-	1%
Don't know		5	-	2	-	-	1	2	2	3	5	-	-	-	-	-	-
		1%	-	2%	-	-	2%	5%	1%	2%	2%	-	-	-	-	-	-
								acg									
NET: Enjoyed		343	62	103	74	44	27	32	240	104	259	12	43	17	3	4	80
		82%	80%	85%	84%	79%	77%	78%	83%	78%	84%	74%	76%	70%	62%	83%	74%
											g						
NET: Didn't enjoy		28	4	10	5	5	1	3	19	9	14	3	7	3	1	-	14
		7%	6%	8%	6%	8%	2%	8%	7%	7%	5%	19%	12%	14%	18%	-	13%
													a				a
Base for stats		415	78	120	88	56	34	39	285	130	302	17	57	25	5	5	108
Mean Score		4.22	4.22	4.24	4.20	4.13	4.23	4.29	4.22	4.20	4.25	4.24	4.14	3.93	3.89	4.36	4.11
Standard Deviation		.930	.896	.908	.912	1.013	.842	1.090	.903	.990	.869	1.241	1.086	1.060	1.305	.852	1.093
Standard Error		.044	.098	.082	.093	.123	.130	.174	.052	.081	.048	.285	.136	.200	.584	.381	.099
Error variance		*	.01	.01	.01	.02	.02	.03	*	.01	*	.08	.02	.04	.34	.15	.01

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Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?

BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	h	*i	*j	k
Unweighted Total		457	207	103	106	209	24	55	196	64	17	11	16	39	19	16	79
Total		420	171	106	111	217	21	49	183	57	17	10	13	31	18	20	70
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	195	81	43	55	98	9	21	81	26	5	5	5	17	11	14	30
		46%	48%	41%	49%	45%	40%	43%	44%	45%	31%	49%	41%	56%	62%	69%	42%
I somewhat enjoyed it	(4.0)	148	57	42	39	81	8	19	74	16	6	2	4	11	4	3	28
		35%	33%	40%	35%	37%	40%	39%	40%	29%	38%	17%	34%	35%	22%	16%	39%
I neither enjoyed it nor didn't enjoy it	(3.0)	44	19	10	12	22	1	4	14	12	3	2	3	3	2	1	4
		10%	11%	9%	11%	10%	4%	7%	8%	20% bck	20%	16%	19%	9%	9%	7%	6%
I didn't enjoy it much	(2.0)	23	10	7	4	12	3	4	9	3	1	2	1	-	-	-	6
		5%	6%	7%	4%	5%	12%	8%	5%	6%	5%	18%	6%	-	-	-	9%
I didn't enjoy it at all	(1.0)	5	4	-	-	-	-	1	2	-	1	-	-	-	-	2	1
		1%	2% d	-	-	-	-	1%	1%	-	6%	-	-	-	-	8%	1%
Don't know		5	-	3	1	4	1	1	2	-	-	-	-	-	-	1	1
		1%	-	3% a	1%	2% a	4%	1%	1%	-	-	-	-	-	-	7%	2%
NET: Enjoyed		343	138	86	94	179	17	40	155	42	12	7	10	28	15	17	57
		82%	81%	81%	84%	83%	80%	82%	85%	74%	70%	66%	74%	91% d	84%	85%	81%
NET: Didn't enjoy		28	14	7	4	12	3	5	11	3	2	2	1	-	-	2	7
		7%	8%	7%	4%	5%	12%	9%	6%	6%	11%	18%	6%	-	-	8%	10% h
Base for stats		415	171	103	110	212	21	48	181	57	17	10	13	31	17	20	69
Mean Score		4.22	4.18	4.19	4.31	4.25	4.12	4.16	4.23	4.13	3.85	3.98	4.09	4.47 d	4.57	4.38	4.15
Standard Deviation		.930	1.001	.881	.821	.851	1.005	.978	.890	.940	1.129	1.229	.957	.665	.684	1.187	.979
Standard Error		.044	.070	.088	.080	.059	.210	.133	.064	.117	.274	.371	.239	.107	.161	.297	.112
Error variance		*	*	.01	.01	*	.04	.02	*	.01	.07	.14	.06	.01	.03	.09	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total		457	162	108	45	13	153	175	163	104	53	11	157	174	46	194	181	36	411
Total		420	150	99	42	12	141	162	152	94	49	11	143	163	39	179	171	31	381
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	195	73	33	17	7	50	80	72	38	18	8	56	79	20	86	75	14	175
		46%	49% be	34%	40%	59%	36%	49% be	47%	40%	36%	71%	39%	49%	51%	48%	44%	45%	46%
I somewhat enjoyed it	(4.0)	148	53	46 cf	11	3	57	56	61	33	16	3	49	64	13	60	66	9	135
		35%	36%	47%	25%	21%	41%	34%	40%	35%	32%	29%	34%	39%	34%	33%	39%	29%	36%
I neither enjoyed it nor didn't enjoy it	(3.0)	44	14	11	8	-	19	14	12	14	7	-	21	12	3	18	21	2	41
		10%	9%	12%	19%	-	14%	9%	8%	15% f	14%	-	15% af	7%	7%	10%	12%	8%	11%
I didn't enjoy it much	(2.0)	23	7	5	7	1	11	8	4	8	7	-	15	4	1	11	6	5	22
		5%	5%	5%	16% abf	8%	8%	5%	3%	8% f	15% af	-	10% af	3%	2%	6%	3%	15% ace	6%
I didn't enjoy it at all	(1.0)	5	1	1	-	1	1	2	1	1	2	-	2	1	3	1	1	1	3
		1%	1%	1%	-	8%	1%	1%	1%	1%	3%	-	2%	1%	7% bce	1%	*	3%	1%
Don't know		5	1	1	-	1	1	2	2	1	-	-	1	2	-	2	3	-	5
		1%	1%	1%	-	5%	1%	1%	2%	1%	-	-	*	1%	-	1%	2%	-	1%
NET: Enjoyed		343	126	80	28	10	107	136	133	71	34	11	104	143	33	146	141	23	310
		82%	84% c	81% c	66%	79%	76%	84% c	87% bce	75%	68%	100%	73%	88% bce	84%	82%	83%	74%	81%
NET: Didn't enjoy		28	8	6	7	2	13	10	6	8	9	-	17	6	3	12	7	6	25
		7%	6%	6%	16% af	15%	9%	6%	4%	9%	18% af	-	12% af	4%	9%	7%	4%	18% bce	6%
Base for stats		415	149	97	42	12	139	161	150	93	49	11	143	161	39	176	168	31	376
Mean Score		4.22	4.27 ce	4.08	3.91	4.21	4.03	4.27 ce	4.31 bce	4.07	3.83	4.71	3.99	4.34 bce	4.20	4.24	4.24	3.99	4.22
Standard Deviation		.930	.886	.888	1.111	1.339	.960	.921	.815	.981	1.172	.477	1.053	.802	1.115	.926	.831	1.190	.910
Standard Error		.044	.070	.086	.166	.387	.078	.070	.064	.097	.161	.144	.084	.061	.164	.067	.062	.198	.045
Error variance		*	*	.01	.03	.15	.01	*	*	.01	.03	.02	.01	*	.03	*	*	.04	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		457	140	262	102	61	22	284	163	19	394	63	395	56
Total		420	131	242	93	55	19	264	147	18	364	56	365	49
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	195	49	123	40	20	6	131	60	5	174	21	171	21
		46%	37%	51%	43%	36%	31%	50%	41%	28%	48%	38%	47%	43%
				a				b						
I somewhat enjoyed it	(4.0)	148	55	76	38	20	6	93	52	11	126	23	133	15
		35%	42%	32%	41%	37%	33%	35%	36%	62%	35%	41%	36%	31%
			b											
I neither enjoyed it nor didn't enjoy it	(3.0)	44	14	27	5	10	4	26	18	2	38	6	36	7
		10%	11%	11%	6%	19%	20%	10%	12%	10%	10%	11%	10%	13%
						a								
I didn't enjoy it much	(2.0)	23	8	12	7	4	2	8	13	-	18	4	16	5
		5%	6%	5%	8%	8%	9%	3%	9%	-	5%	8%	4%	11%
					d				d					a
I didn't enjoy it at all	(1.0)	5	3	-	1	1	2	2	3	-	4	2	4	1
		1%	2%	-	1%	1%	8%	1%	2%	-	1%	3%	1%	2%
			b											
Don't know		5	2	3	1	-	-	4	1	-	5	-	5	-
		1%	2%	1%	1%	-	-	1%	1%	-	1%	-	1%	-
NET: Enjoyed		343	104	200	78	40	12	223	112	16	299	44	304	37
		82%	80%	83%	84%	72%	63%	85%	76%	90%	82%	78%	83%	74%
								be						
NET: Didn't enjoy		28	11	12	8	5	3	10	16	-	22	6	20	6
		7%	8%	5%	9%	9%	17%	4%	11%	-	6%	11%	5%	13%
									d					a
Base for stats		415	129	239	91	55	19	260	145	18	359	56	360	49
Mean Score		4.22	4.09	4.30	4.19	3.97	3.69	4.31	4.05	4.18	4.25	4.02	4.25	4.02
				a				be						
Standard Deviation		.930	.962	.864	.932	.998	1.258	.844	1.037	.602	.909	1.041	.893	1.089
Standard Error		.044	.082	.054	.093	.128	.268	.050	.081	.138	.046	.131	.045	.145
Error variance		*	.01	*	.01	.02	.07	*	.01	.02	*	.02	*	.02

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Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	457	5	16	70	116	95	81	26	48	297	155	85	151	132	79	140	126	125	63
Total	420	4	14	63	107	88	73	24	47	273	144	78	137	123	73	123	120	114	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	195	1	5	24	39	48	39	11	28	116	78	31	59	62	40	66	50	53	25
	46%	38%	35%	39%	36%	54%	53%	46%	60%	42%	54%	40%	43%	50%	54%	54%	41%	46%	42%
						di	d		cdi		cdi					b			
I somewhat enjoyed it (4.0)	148	2	7	18	43	29	28	8	14	96	51	31	46	47	22	37	45	40	26
	35%	44%	48%	29%	40%	33%	39%	34%	30%	35%	35%	40%	33%	38%	31%	30%	38%	35%	43%
I neither enjoyed it nor didn't enjoy it (3.0)	44	1	1	8	17	8	5	2	1	34	9	10	19	8	6	13	15	11	5
	10%	19%	7%	12%	16%	9%	7%	10%	3%	12%	6%	13%	14%	6%	8%	11%	13%	9%	8%
					hj					j			c						
I didn't enjoy it much (2.0)	23	-	1	10	5	3	1	2	1	19	4	3	8	7	3	3	8	9	3
	5%	-	5%	16%	5%	3%	1%	9%	1%	7%	3%	3%	6%	5%	4%	2%	7%	8%	4%
				defhij						fj								a	
I didn't enjoy it at all (1.0)	5	-	1	1	1	1	-	-	2	4	2	1	4	-	1	1	2	1	2
	1%	-	5%	1%	1%	1%	-	-	3%	1%	1%	1%	3%	-	1%	1%	1%	1%	3%
													c						
Don't know	5	-	-	2	2	-	-	-	1	4	1	2	-	-	1	3	-	1	-
	1%	-	-	4%	2%	-	-	-	2%	2%	1%	3%	-	-	2%	3%	-	1%	-
NET: Enjoyed	343	3	12	43	81	76	67	19	43	212	128	63	105	109	62	103	95	93	51
	82%	81%	83%	67%	76%	87%	91%	81%	91%	78%	89%	80%	77%	88%	85%	84%	79%	81%	85%
						c	cdi		cdi		cdi			b					
NET: Didn't enjoy	28	-	1	11	7	4	1	2	2	23	5	3	12	7	4	4	10	10	4
	7%	-	10%	17%	6%	4%	1%	9%	5%	8%	4%	4%	9%	5%	5%	3%	8%	9%	7%
				defhij						f								a	
Base for stats	415	4	14	61	105	88	73	24	46	268	143	76	137	123	72	120	120	114	60
Mean Score	4.22	4.19	4.03	3.91	4.06	4.35	4.43	4.17	4.45	4.12	4.40	4.18	4.08	4.33	4.36	4.38	4.11	4.18	4.17
						cdi	cdi		cdi		cdi			b	b	b			
Standard Deviation	.930	.847	1.076	1.143	.927	.859	.682	.971	.910	.977	.812	.857	1.044	.826	.875	.821	.968	.980	.948
Standard Error	.044	.379	.269	.139	.087	.088	.076	.190	.133	.057	.065	.094	.085	.072	.099	.070	.086	.088	.119
Error variance	*	.14	.07	.02	.01	.01	.01	.04	.02	*	*	.01	.01	.01	.01	*	.01	.01	.01

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Q6J2.1. Indoor gyms or fitness centres (excluding outdoor exercise classes): How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor gyms or fitness centres (excluding outdoor exercise classes) in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		457	269	118	69
Total		420	248	108	63
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	195	135	39	21
		46%	54%	36%	34%
			bc		
I somewhat enjoyed it	(4.0)	148	81	42	24
		35%	33%	39%	39%
I neither enjoyed it nor didn't enjoy it	(3.0)	44	17	17	10
		10%	7%	16%	15%
				a	a
I didn't enjoy it much	(2.0)	23	8	8	6
		5%	3%	7%	10%
					a
I didn't enjoy it at all	(1.0)	5	3	1	1
		1%	1%	1%	2%
Don't know		5	4	1	1
		1%	1%	1%	1%
NET: Enjoyed		343	216	81	45
		82%	87%	75%	72%
			bc		
NET: Didn't enjoy		28	12	9	7
		7%	5%	9%	11%
					a
Base for stats		415	245	108	62
Mean Score		4.22	4.37	4.02	3.94
			bc		
Standard Deviation		.930	.860	.969	1.019
Standard Error		.044	.053	.090	.124
Error variance		*	*	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor swimming pools in the past week

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total		353	138	213	186	128	39	21	43	29	41	34	22	79	61	23
Total		334	127	205	162	125	47	18	36	31	33	27	30	78	55	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	184	63	121	77	73	34	9	19	16	14	16	18	46	28	19
		55%	49%	59%	48%	58%	72% a	50%	52%	49%	43%	60%	60%	59%	50%	74%
I somewhat enjoyed it	(4.0)	95	42	52	51	33	11	6	12	10	14	6	8	21	13	5
		28%	33%	25%	32%	27%	23%	35%	34%	33%	43% eh	21%	27%	26%	23%	18%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	17	22	23	14	2	1	5	4	4	2	3	9	9	2
		12%	13%	11%	14%	11%	5%	7%	14%	14%	11%	9%	8%	11%	17%	8%
I didn't enjoy it much	(2.0)	12	4	8	8	4	-	-	-	1	1	2	1	3	4	-
		4%	3%	4%	5%	3%	-	-	-	4%	2%	6%	4%	4%	8%	-
I didn't enjoy it at all	(1.0)	1	1	1	1	1	-	1	-	-	-	1	-	-	-	-
		*	1%	*	*	1%	-	4%	-	-	-	3%	-	-	-	-
Don't know		2	1	1	2	-	-	1	-	-	-	1	-	-	1	-
		1%	*	1%	1%	-	-	4%	-	-	-	2%	-	-	1%	-
NET: Enjoyed		279	104	173	128	106	45	15	31	26	28	22	26	67	40	24
		84%	82%	84%	79%	85%	95% a	85%	86%	82%	86%	81%	87%	85%	74%	92%
NET: Didn't enjoy		13	5	8	8	5	-	1	-	1	1	2	1	3	4	-
		4%	4%	4%	5%	4%	-	4%	-	4%	2%	8%	4%	4%	8%	-
Base for stats		332	126	204	160	125	47	17	36	31	33	26	30	78	54	26
Mean Score		4.35	4.28	4.40	4.23	4.39	4.68 a	4.33	4.38	4.28	4.28	4.33	4.42	4.41	4.18	4.65
Standard Deviation		.856	.862	.855	.899	.861	.570	.944	.727	.859	.757	1.054	.838	.832	.993	.640
Standard Error		.046	.074	.059	.066	.076	.091	.211	.111	.159	.118	.183	.179	.094	.128	.133
Error variance		*	.01	*	*	.01	.01	.04	.01	.03	.01	.03	.03	.01	.02	.02

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used Indoor swimming pools in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		353	62	93	71	62	31	34	226	127	283	15	24	18	6	3	66
Total		334	60	97	65	55	25	32	222	112	271	14	23	15	5	2	60
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	184	28	54	36	33	13	20	119	66	154	7	11	7	2	2	29
		55%	46%	56%	56%	60%	51%	61%	53%	59%	57%	54%	48%	46%	30%	65%	48%
I somewhat enjoyed it	(4.0)	95	21	27	19	13	7	8	67	28	80	4	6	3	1	1	15
		28%	35%	28%	30%	23%	27%	26%	30%	25%	30%	28%	27%	21%	13%	35%	25%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	9	12	6	5	5	3	27	13	25	2	4	5	2	-	13
		12%	14%	12%	9%	9%	19%	10%	12%	12%	9%	17%	17%	34%	39%	-	22%
																	a
I didn't enjoy it much	(2.0)	12	2	4	2	3	-	1	8	4	9	-	2	-	1	-	3
		4%	3%	4%	3%	5%	-	2%	4%	3%	3%	-	8%	-	19%	-	5%
I didn't enjoy it at all	(1.0)	1	-	-	1	-	1	-	1	1	1	-	-	-	-	-	-
		*	-	-	1%	-	3%	-	*	1%	1%	-	-	-	-	-	-
Don't know		2	1	-	-	1	-	-	1	1	1	-	-	-	-	-	-
		1%	1%	-	-	2%	-	-	*	1%	*	-	-	-	-	-	-
NET: Enjoyed		279	49	81	56	46	19	28	186	93	235	11	17	10	2	2	43
		84%	81%	84%	86%	84%	78%	87%	84%	83%	87%	83%	75%	66%	43%	100%	73%
											g						
NET: Didn't enjoy		13	2	4	3	3	1	1	9	4	10	-	2	-	1	-	3
		4%	3%	4%	5%	5%	3%	2%	4%	4%	4%	-	8%	-	19%	-	5%
Base for stats		332	59	97	65	54	25	32	221	111	270	14	23	15	5	2	60
Mean Score		4.35	4.26	4.36	4.37	4.42	4.24	4.46	4.33	4.39	4.40	4.37	4.14	4.12	3.55	4.65	4.16
											g						
Standard Deviation		.856	.837	.849	.879	.877	.962	.789	.852	.868	.829	.792	1.001	.912	1.226	.626	.943
Standard Error		.046	.107	.088	.104	.113	.173	.135	.057	.078	.049	.204	.204	.215	.500	.362	.116
Error variance		*	.01	.01	.01	.01	.03	.02	*	.01	*	.04	.04	.05	.25	.13	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor swimming pools in the past week

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		353	163	73	90	163	21	34	162	54	13	8	18	14	13	16	55
Total		334	140	77	96	173	18	33	156	50	13	6	15	10	11	21	52
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	184	79	46	51	97	6	21	90	26	5	3	9	4	8	12	27
		55%	57%	60%	53%	56%	31%	63%	58%	53%	38%	43%	64%	35%	69%	60%	52%
I somewhat enjoyed it	(4.0)	95	38	20	28	48	11	6	44	12	5	2	3	4	2	5	17
		28%	28%	27%	29%	28%	58%	18%	28%	25%	41%	32%	19%	43%	18%	26%	32%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	17	7	13	20	1	4	16	8	3	1	1	2	2	2	5
		12%	12%	10%	14%	12%	4%	12%	10%	17%	20%	11%	8%	15%	14%	11%	9%
I didn't enjoy it much	(2.0)	12	4	3	4	7	1	2	4	2	-	1	-	1	-	1	3
		4%	3%	4%	5%	4%	7%	6%	3%	4%	-	13%	-	7%	-	4%	7%
I didn't enjoy it at all	(1.0)	1	1	-	-	-	-	-	-	1	-	-	1	-	-	-	-
		*	1%	-	-	-	-	-	-	1%	-	-	5%	-	-	-	-
Don't know		2	1	-	-	-	-	-	1	-	-	-	1	-	-	-	-
		1%	1%	-	-	-	-	-	1%	-	-	-	5%	-	-	-	-
NET: Enjoyed		279	118	66	79	145	16	27	135	39	10	5	12	8	10	18	43
		84%	84%	86%	82%	84%	89%	81%	86%	77%	80%	75%	83%	78%	86%	85%	84%
NET: Didn't enjoy		13	5	3	4	7	1	2	4	3	-	1	1	1	-	1	3
		4%	3%	4%	5%	4%	7%	6%	3%	6%	-	13%	5%	7%	-	4%	7%
Base for stats		332	139	77	96	173	18	33	155	50	13	6	14	10	11	21	52
Mean Score		4.35	4.38	4.42	4.30	4.36	4.13	4.38	4.42	4.23	4.18	4.05	4.44	4.06	4.55	4.41	4.29
Standard Deviation		.856	.843	.825	.874	.852	.800	.947	.785	.976	.777	1.127	1.049	.924	.754	.852	.897
Standard Error		.046	.066	.097	.092	.067	.175	.162	.062	.133	.216	.398	.255	.247	.209	.213	.121
Error variance		*	*	.01	.01	*	.03	.03	*	.02	.05	.16	.06	.06	.04	.05	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor swimming pools in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	*c	*d	e	f	a	b	c	*d	e
Unweighted Total		353	129	82	37	13	119	142	127	98	28	9	126	136	49	154	127	23	304
Total		334	119	82	36	13	118	132	122	94	26	9	119	131	45	147	122	20	289
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	184	75	37	21	8	58	83	75	48	11	8	59	82	28	82	62	12	156
		55%	63% be	45%	58%	62%	49%	63% be	61%	51%	43%	85%	49%	63% e	62%	56%	51%	61%	54%
I somewhat enjoyed it	(4.0)	95	29	29	8	2	37	31	34	23	9	1	32	35	10	44	38	3	85
		28%	24%	35%	23%	18%	32%	24%	28%	24%	37%	15%	27%	27%	22%	30%	31%	15%	29%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	10	13	4	3	16	13	10	17	3	-	21	10	6	16	12	5	33
		12%	9%	15%	11%	20%	14%	10%	8%	19% af	13%	-	18% af	7%	14%	11%	10%	24%	11%
I didn't enjoy it much	(2.0)	12	4	3	2	-	5	4	4	4	2	-	6	4	-	4	8	-	12
		4%	3%	4%	6%	-	4%	3%	3%	4%	6%	-	5%	3%	-	3%	6%	-	4%
I didn't enjoy it at all	(1.0)	1	-	-	1	-	1	-	-	1	-	-	1	-	-	1	1	-	1
		*	-	-	2%	-	1%	-	-	1%	-	-	1%	-	-	*	1%	-	*
Don't know		2	-	1	-	-	1	-	-	1	-	-	1	-	1	1	1	-	1
		1%	-	1%	-	-	1%	-	-	1%	-	-	1%	-	2%	*	*	-	*
NET: Enjoyed		279	104	66	29	10	95	115	109	71	21	9	91	118	38	126	100	15	241
		84%	88%	80%	81%	80%	81%	87%	89% be	76%	80%	100%	77%	90% be	84%	86%	82%	76%	84%
NET: Didn't enjoy		13	4	3	3	-	6	4	4	5	2	-	6	4	-	5	9	-	13
		4%	3%	4%	8%	-	5%	3%	3%	5%	6%	-	5%	3%	-	3%	7%	-	5%
Base for stats		332	119	82	36	13	117	132	122	93	26	9	119	131	45	147	121	20	288
Mean Score		4.35	4.48 be	4.23	4.29	4.42	4.25	4.47 be	4.48 be	4.22	4.17	4.85	4.21	4.50 be	4.48	4.38	4.26	4.37	4.33
Standard Deviation		.856	.797	.841	1.025	.834	.897	.798	.766	.952	.906	.383	.938	.751	.743	.824	.930	.865	.872
Standard Error		.046	.070	.093	.169	.231	.083	.067	.068	.097	.171	.128	.084	.064	.107	.067	.083	.180	.050
Error variance		*	*	.01	.03	.05	.01	*	*	.01	.03	.02	.01	*	.01	*	.01	.03	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor swimming pools in the past week

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		353	125	173	72	67	24	202	144	15	285	68	301	49
Total		334	119	165	67	65	23	192	137	14	272	62	287	44
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	184	61	93	35	39	9	115	69	11	150	34	164	20
		55%	52%	56%	52%	59%	40%	60%	50%	77%	55%	54%	57%	44%
I somewhat enjoyed it	(4.0)	95	35	49	20	20	10	46	45	3	78	18	86	10
		28%	30%	30%	30%	31%	43%	24%	33%	18%	29%	28%	30%	22%
I neither enjoyed it nor didn't enjoy it	(3.0)	39	17	15	10	4	2	23	15	1	30	10	27	11
		12%	14%	9%	15%	6%	10%	12%	11%	5%	11%	16%	9%	26%
														a
I didn't enjoy it much	(2.0)	12	5	6	2	3	2	6	6	-	11	1	8	3
		4%	4%	4%	3%	4%	8%	3%	5%	-	4%	2%	3%	7%
I didn't enjoy it at all	(1.0)	1	1	1	1	-	-	1	1	-	1	-	1	1
		*	1%	*	1%	-	-	*	*	-	1%	-	*	1%
Don't know		2	-	1	-	-	-	2	-	-	2	-	2	-
		1%	-	1%	-	-	-	1%	-	-	1%	-	1%	-
NET: Enjoyed		279	97	142	54	59	19	161	114	14	228	51	249	29
		84%	81%	86%	81%	90%	82%	84%	84%	95%	84%	83%	87%	66%
													b	
NET: Didn't enjoy		13	6	7	3	3	2	6	7	-	12	1	9	4
		4%	5%	4%	4%	4%	8%	3%	5%	-	5%	2%	3%	8%
Base for stats		332	119	164	67	65	23	190	137	14	270	62	285	44
Mean Score		4.35	4.28	4.39	4.28	4.46	4.14	4.41	4.28	4.72	4.35	4.36	4.42	4.00
													b	
Standard Deviation		.856	.897	.835	.902	.783	.902	.840	.879	.567	.869	.806	.796	1.065
Standard Error		.046	.080	.064	.106	.096	.184	.060	.073	.146	.052	.098	.046	.152
Error variance		*	.01	*	.01	.01	.03	*	.01	.02	*	.01	*	.02

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Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Indoor swimming pools in the past week

						Number of days active							Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	353	11	27	45	90	63	50	17	50	225	117	56	105	115	72	99	90	102	56
Total	334	8	25	41	85	60	47	16	51	211	114	54	96	110	69	92	85	97	55
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	184	3	13	16	55	29	25	11	33	113	68	25	45	64	48	49	43	58	33
	55%	34%	52%	40%	64% ce	48%	53%	65%	65% c	53%	60% c	46%	47%	58%	70% ab	53%	51%	60%	60%
I somewhat enjoyed it (4.0)	95	2	7	14	20	22	13	4	13	62	30	19	36	24	16	27	26	28	13
	28%	28%	26%	33%	23%	37%	28%	24%	26%	30%	27%	35%	38% cd	22%	23%	29%	30%	29%	23%
I neither enjoyed it nor didn't enjoy it (3.0)	39	3	2	9	7	7	6	2	3	25	11	8	11	15	5	15	10	6	7
	12%	38%	10%	22% dhj	8%	12%	13%	10%	6%	12%	10%	14%	11%	13%	7%	16% c	12%	7%	13%
I didn't enjoy it much (2.0)	12	-	2	2	3	2	3	-	1	8	4	2	3	7	-	1	5	4	2
	4%	-	9%	4%	3%	3%	6%	-	2%	4%	3%	4%	3%	7% d	-	1%	6%	4%	3%
I didn't enjoy it at all (1.0)	1	-	1	-	1	-	-	-	-	1	-	1	1	-	-	1	-	-	1
	*	-	3%	-	1%	-	-	-	-	1%	-	1%	1%	-	-	1%	-	-	1%
Don't know	2	-	-	1	1	-	-	-	1	1	1	-	1	-	-	-	1	1	-
	1%	-	-	1%	1%	-	-	-	1%	1%	1%	-	1%	-	-	-	1%	1%	-
NET: Enjoyed	279	5	20	30	74	51	38	15	46	175	99	44	81	88	64	75	69	86	46
	84%	62%	79%	73%	87% c	85%	80%	90%	91% c	83%	86% c	81%	84%	80%	93% ac	82%	81%	89%	83%
NET: Didn't enjoy	13	-	3	2	3	2	3	-	1	10	4	3	3	7	-	2	5	4	2
	4%	-	11%	4%	4%	3%	6%	-	2%	5%	3%	5%	3%	7% d	-	2%	6%	4%	4%
Base for stats	332	8	25	41	85	60	47	16	50	210	113	54	95	110	69	92	85	96	55
Mean Score	4.35	3.97	4.17	4.10	4.48 c	4.30	4.27	4.55	4.57 c	4.32	4.44 c	4.20	4.29	4.32	4.62 abc	4.31	4.26	4.46	4.38
Standard Deviation	.856	.903	1.114	.889	.840	.791	.929	.697	.685	.879	.803	.916	.825	.944	.624	.849	.906	.790	.911
Standard Error	.046	.272	.214	.134	.089	.100	.131	.169	.098	.059	.075	.122	.081	.088	.074	.085	.096	.079	.122
Error variance	*	.07	.05	.02	.01	.01	.02	.03	.01	*	.01	.01	.01	.01	.01	.01	.01	.01	.01

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Q6J2.2. Indoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used Indoor swimming pools in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		353	192	102	58
Total		334	184	98	51
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	184	107	45	32
		55%	58%	46%	63%
					b
I somewhat enjoyed it	(4.0)	95	51	35	10
		28%	28%	35%	19%
				c	
I neither enjoyed it nor didn't enjoy it	(3.0)	39	17	16	6
		12%	9%	16%	12%
I didn't enjoy it much	(2.0)	12	8	2	2
		4%	4%	2%	4%
I didn't enjoy it at all	(1.0)	1	-	1	1
		*	-	1%	1%
Don't know		2	1	-	1
		1%	*	-	1%
NET: Enjoyed		279	158	80	41
		84%	86%	81%	81%
NET: Didn't enjoy		13	8	2	3
		4%	4%	2%	6%
Base for stats		332	183	98	50
Mean Score		4.35	4.40	4.25	4.39
Standard Deviation		.856	.839	.834	.959
Standard Error		.046	.061	.083	.127
Error variance		*	*	.01	.02

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Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	*d	*e	*f	g	*h	*i
Unweighted Total		189	89	98	110	65	14	6	27	19	20	20	16	47	23	11
Total		172	78	92	92	63	17	5	22	19	14	16	20	45	20	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	63	31	32	30	27	6	1	8	7	3	6	7	21	6	4
		37%	40%	35%	33%	43%	37%	19%	35%	39%	24%	35%	34%	47%	31%	40%
I somewhat enjoyed it	(4.0)	50	24	25	26	18	6	2	5	9	4	6	7	9	6	2
		29%	31%	27%	28%	28%	35%	39%	23%	46%	25%	36%	33%	21%	31%	17%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	14	20	23	10	4	2	5	2	5	1	4	10	5	2
		21%	18%	22%	24%	15%	21%	42%	21%	9%	34%	5%	18%	23%	25%	25%
I didn't enjoy it much	(2.0)	15	5	10	9	4	1	-	3	1	1	2	3	4	1	-
		9%	6%	11%	10%	7%	6%	-	13%	6%	8%	10%	15%	9%	5%	-
I didn't enjoy it at all	(1.0)	3	2	1	2	2	-	-	-	-	1	2	-	-	-	-
		2%	3%	2%	2%	2%	-	-	-	-	9%	14%	-	-	-	-
Don't know		5	1	4	2	3	-	-	2	-	-	-	-	-	2	2
		3%	2%	4%	3%	5%	-	-	8%	-	-	-	-	-	8%	18%
NET: Enjoyed		113	55	57	56	45	12	3	13	16	7	12	13	31	12	5
		66%	71%	62%	61%	71%	72%	58%	58%	85%	49%	71%	67%	68%	62%	57%
NET: Didn't enjoy		18	7	11	11	6	1	-	3	1	2	4	3	4	1	-
		11%	9%	12%	12%	9%	6%	-	13%	6%	17%	24%	15%	9%	5%	-
Base for stats		166	76	88	90	60	17	5	21	19	14	16	20	45	18	8
Mean Score		3.93	4.01	3.87	3.81	4.07	4.03	3.77	3.87	4.19	3.47	3.69	3.87	4.07	3.96	4.17
Standard Deviation		1.066	1.058	1.082	1.084	1.067	.942	.831	1.099	.839	1.234	1.435	1.071	1.036	.932	.932
Standard Error		.079	.113	.112	.105	.135	.252	.339	.220	.192	.276	.321	.268	.151	.203	.311
Error variance		.01	.01	.01	.01	.02	.06	.12	.05	.04	.08	.10	.07	.02	.04	.10

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Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	*d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		189	30	42	48	29	25	15	120	69	130	13	24	12	3	2	54
Total		172	28	40	45	24	21	14	114	58	120	13	19	11	3	2	48
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	63	11	20	13	6	9	4	45	19	47	4	8	4	-	-	16
		37%	40%	50% c	29%	24%	42%	32%	39%	32%	39%	33%	40%	35%	-	-	33%
I somewhat enjoyed it	(4.0)	50	9	8	18	6	4	5	34	15	41	2	3	2	-	1	8
		29%	32%	19%	39% b	26%	18%	40%	30%	26%	34% g	16%	18%	16%	-	46%	17%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	3	10	10	5	5	2	23	12	17	6	5	3	2	-	16
		21%	10%	26%	22%	22%	24%	16%	20%	21%	14%	45%	28%	25%	66%	-	33% a
I didn't enjoy it much	(2.0)	15	4	1	2	5	2	1	7	7	10	-	2	2	1	-	5
		9%	14%	3%	5%	20%	9%	5%	7%	12%	8%	-	10%	17%	34%	-	10%
I didn't enjoy it at all	(1.0)	3	-	-	2	1	1	-	2	2	1	1	1	1	-	-	2
		2%	-	-	3%	5%	3%	-	1%	3%	1%	6%	4%	6%	-	-	5%
Don't know		5	1	1	1	1	1	1	3	3	3	-	-	-	-	1	1
		3%	4%	2%	2%	4%	3%	7%	2%	4%	2%	-	-	-	-	54%	2%
NET: Enjoyed		113	20	28	31	12	12	10	79	34	89	6	11	5	-	1	24
		66%	72%	70%	68%	49%	60%	72%	69%	58%	74% g	49%	58%	51%	-	46%	50%
NET: Didn't enjoy		18	4	1	4	6	3	1	9	9	11	1	3	3	1	-	7
		11%	14%	3%	9%	25%	13%	5%	8%	16% b	9%	6%	13%	24%	34%	-	15%
Base for stats		166	27	39	45	23	20	13	111	55	117	13	19	11	3	1	47
Mean Score		3.93	4.02	4.19 h	3.86	3.45	3.88	4.07	4.02	3.75	4.05 g	3.69	3.81	3.56	2.66	4.00	3.65
Standard Deviation		1.066	1.069	.929	1.028	1.245	1.200	.885	1.006	1.166	.996	1.163	1.202	1.362	.586	-	1.191
Standard Error		.079	.199	.145	.150	.235	.245	.237	.093	.144	.088	.323	.245	.393	.338	-	.164
Error variance		.01	.04	.02	.02	.06	.06	.06	.01	.02	.01	.10	.06	.15	.11	-	.03

Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used Other indoor sports facilities in the past week

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	*k
Unweighted Total		189	87	41	43	84	6	20	77	30	10	5	12	20	5	4	26
Total		172	71	42	44	86	5	19	72	27	8	5	9	16	5	6	24
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	63	30	14	16	31	2	8	33	9	1	-	1	5	1	3	10
		37%	42%	34%	37%	36%	37%	41%	45%	35%	9%	-	15%	31%	24%	58%	40%
I somewhat enjoyed it	(4.0)	50	16	14	15	28	2	5	23	7	1	-	2	7	1	1	7
		29%	23%	33%	33%	33%	45%	25%	33%	26%	12%	-	18%	44%	18%	24%	30%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	15	8	9	17	1	3	10	6	3	4	3	3	1	1	4
		21%	21%	20%	19%	20%	18%	17%	13%	24%	40%	82%	32%	20%	17%	18%	17%
I didn't enjoy it much	(2.0)	15	8	5	1	6	-	3	5	2	2	-	1	1	1	-	3
		9%	11%	11%	2%	6%	-	17%	7%	7%	19%	-	7%	5%	26%	-	13%
I didn't enjoy it at all	(1.0)	3	1	-	2	2	-	-	1	2	1	-	-	-	-	-	-
		2%	2%	-	3%	2%	-	-	1%	8%	7%	-	-	-	-	-	-
Don't know		5	1	1	2	3	-	-	-	-	1	1	2	-	1	-	-
		3%	2%	2%	5%	4%	-	-	-	-	14%	18%	27%	-	16%	-	-
NET: Enjoyed		113	46	28	31	59	4	12	56	16	2	-	3	12	2	5	17
		66%	65%	67%	70%	69%	82%	66%	78%	61%	21%	-	34%	76%	42%	82%	70%
NET: Didn't enjoy		18	9	5	3	7	-	3	6	4	2	-	1	1	1	-	3
		11%	13%	11%	6%	8%	-	17%	9%	15%	26%	-	7%	5%	26%	-	13%
Base for stats		166	69	41	42	83	5	19	72	27	7	4	6	16	4	6	24
Mean Score		3.93	3.93	3.92	4.03	3.98	4.19	3.89	4.13	3.74	2.97	3.00	3.57	4.03	3.47	4.40	3.96
Standard Deviation		1.066	1.129	1.011	1.021	1.011	.794	1.149	.994	1.250	1.112	*	1.015	.859	1.381	.857	1.074
Standard Error		.079	.122	.160	.159	.112	.324	.257	.113	.228	.371	*	.338	.192	.690	.428	.211
Error variance		.01	.01	.03	.03	.01	.11	.07	.01	.05	.14	*	.11	.04	.48	.18	.04

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Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		189	54	38	34	10	72	64	50	48	30	8	78	58	19	78	73	19	170
Total		172	52	35	29	10	64	61	47	45	26	8	70	55	17	71	66	17	154
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	63	19	16	9	3	24	22	23	15	5	4	20	27	7	20	27	9	56
		37%	37%	45%	29%	31%	38%	37%	48% ce	33%	20%	51%	28%	49% ce	42%	28%	41%	52%	36%
I somewhat enjoyed it	(4.0)	50	23	7	6	-	13	23	18	13	5	1	17	19	2	25	18	5	48
		29%	45% bce	19%	21%	-	20%	38% be	38%	29%	18%	10%	25%	34%	10%	36%	27%	28%	31%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	4	7	9	6	16	10	4	10	9	3	19	7	6	16	12	2	29
		21%	8%	20%	32% a	62%	25% a	16%	9%	22%	36% af	39%	27% a	13%	36%	22%	18%	11%	19%
I didn't enjoy it much	(2.0)	15	5	3	3	1	6	6	2	5	5	-	10	2	2	8	4	-	13
		9%	10%	10%	10%	7%	10%	9%	5%	12%	18% f	-	14%	4%	12%	11%	7%	-	8%
I didn't enjoy it at all	(1.0)	3	-	2	2	-	3	-	-	1	2	-	3	-	-	-	2	2	3
		2%	-	4%	7% f	-	5%	-	-	3%	9% af	-	5%	-	-	-	3%	9%	2%
Don't know		5	-	1	-	-	1	-	-	1	-	-	1	-	-	2	3	-	5
		3%	-	3%	-	-	1%	-	-	2%	-	-	1%	-	-	3%	5%	-	3%
NET: Enjoyed		113	43	22	15	3	37	46	41	28	10	5	37	46	9	45	45	13	104
		66%	83% bce	64%	51%	31%	58%	75% ce	87% bce	62% c	38%	61%	53%	83% bce	52%	63%	68%	80%	67%
NET: Didn't enjoy		18	5	5	5	1	10	6	2	6	7	-	13	2	2	8	6	2	16
		11%	10%	14%	17%	7%	15%	9%	5%	14%	27% af	-	19% af	4%	12%	11%	9%	9%	10%
Base for stats		166	52	34	29	10	63	61	47	44	26	8	69	55	17	69	63	17	149
Mean Score		3.93	4.11 c	3.92	3.57	3.56	3.76	4.02 c	4.30 bce	3.79 c	3.22	4.12	3.58	4.28 bce	3.82	3.82	4.02	4.13	3.94
Standard Deviation		1.066	.918	1.228	1.220	1.061	1.228	.954	.826	1.129	1.230	1.006	1.191	.847	1.145	.985	1.090	1.241	1.060
Standard Error		.079	.125	.202	.209	.336	.146	.119	.117	.165	.225	.356	.136	.111	.263	.114	.130	.285	.083
Error variance		.01	.02	.04	.04	.11	.02	.01	.01	.03	.05	.13	.02	.01	.07	.01	.02	.08	.01

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Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		189	83	79	49	36	21	87	96	9	153	36	147	38
Total		172	76	72	44	35	18	80	87	9	137	35	135	33
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	63	25	30	15	14	3	36	26	6	53	10	56	8
		37%	33%	42%	34%	41%	15%	45%	30%	66%	39%	29%	41%	23%
								e						b
I somewhat enjoyed it	(4.0)	50	19	27	13	8	5	24	24	2	37	12	39	10
		29%	26%	38%	29%	24%	27%	31%	28%	21%	27%	35%	29%	30%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	19	8	10	8	7	12	22	1	28	7	26	9
		21%	25%	11%	22%	22%	38%	16%	25%	13%	21%	21%	19%	28%
			b											
I didn't enjoy it much	(2.0)	15	7	5	4	3	2	5	10	-	12	2	9	5
		9%	9%	8%	10%	9%	13%	6%	11%	-	9%	7%	6%	15%
I didn't enjoy it at all	(1.0)	3	3	-	1	1	1	-	3	-	2	1	2	1
		2%	5%	-	2%	4%	7%	-	4%	-	2%	4%	2%	4%
Don't know		5	2	1	2	-	-	2	2	-	4	1	4	-
		3%	2%	1%	4%	-	-	3%	2%	-	3%	4%	3%	-
NET: Enjoyed		113	45	57	28	23	8	61	50	8	90	22	95	17
		66%	58%	80%	63%	65%	42%	76%	58%	87%	66%	64%	70%	53%
				a				e					b	
NET: Didn't enjoy		18	11	5	5	5	4	5	13	-	14	4	11	6
		11%	14%	8%	12%	13%	20%	6%	15%	-	10%	11%	8%	19%
									d					a
Base for stats		166	74	71	43	35	18	78	86	9	133	33	132	33
Mean Score		3.93	3.75	4.16	3.86	3.88	3.31	4.19	3.69	4.53	3.95	3.82	4.04	3.52
				a				e					b	
Standard Deviation		1.066	1.164	.910	1.079	1.176	1.126	.917	1.146	.759	1.062	1.089	1.018	1.139
Standard Error		.079	.129	.103	.157	.196	.246	.100	.118	.253	.087	.187	.085	.185
Error variance		.01	.02	.01	.02	.04	.06	.01	.01	.06	.01	.03	.01	.03

Prepared by Savanta: ComRes

Savanta:
ComRes

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Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?
BASE: All who used Other indoor sports facilities in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	*d	a	b	c	*d
Unweighted Total	189	2	11	38	55	32	27	4	20	136	51	43	52	68	23	45	63	55	23
Total	172	1	12	35	48	30	22	4	19	125	45	38	45	64	21	40	58	50	21
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	63	1	4	9	19	7	9	3	9	41	21	8	13	27	15	19	15	19	9
	37%	100%	36%	27%	40%	24%	42%	75%	47%	32%	47% e	20%	30%	43% a	69%	49% b	25%	38%	43%
I somewhat enjoyed it (4.0)	50	-	3	12	12	11	5	1	6	38	12	15	13	18	3	7	18	15	9
	29%	-	26%	35%	24%	35%	23%	25%	31%	30%	26%	40%	28%	29%	14%	19%	30%	30%	45%
I neither enjoyed it nor didn't enjoy it (3.0)	36	-	2	6	10	8	7	-	3	26	9	10	13	12	1	7	16	12	1
	21%	-	17%	17%	22%	26%	31%	-	13%	21%	21%	25%	28%	18%	7%	18%	27%	23%	5%
I didn't enjoy it much (2.0)	15	-	1	6	3	3	1	-	1	13	2	4	5	4	1	3	7	4	-
	9%	-	5%	17% j	7%	10%	5%	-	4%	10%	4%	11%	11%	6%	3%	7%	13%	9%	-
I didn't enjoy it at all (1.0)	3	-	1	-	1	1	-	-	-	3	-	2	1	1	1	1	2	-	1
	2%	-	7%	-	3%	4%	-	-	-	3%	-	4%	1%	1%	3%	2%	3%	-	3%
Don't know	5	-	1	1	2	-	-	-	1	4	1	-	1	2	1	2	1	-	1
	3%	-	8%	4%	4%	-	-	-	5%	3%	2%	-	2%	3%	3%	5%	2%	-	4%
NET: Enjoyed	113	1	7	21	31	18	14	4	15	78	33	23	26	46	18	27	33	34	18
	66%	100%	63%	62%	65%	60%	65%	100%	78%	63%	73%	60%	58%	71%	83%	68%	56%	68%	88%
NET: Didn't enjoy	18	-	1	6	5	4	1	-	1	16	2	6	6	5	1	4	9	4	1
	11%	-	13%	17% j	10%	14%	5%	-	4%	13%	4%	15%	12%	7%	6%	9%	16%	9%	3%
Base for stats	166	1	11	33	47	30	22	4	18	121	44	38	44	62	21	38	57	50	20
Mean Score	3.93	5.00	3.86	3.75	3.96	3.66	4.02	4.75	4.27	3.82	4.19 cei	3.61	3.75	4.09 a	4.48	4.11 b	3.63	3.97	4.30
Standard Deviation	1.066	-	1.288	1.074	1.108	1.093	.974	.504	.875	1.104	.912	1.058	1.059	.994	1.018	1.107	1.109	.994	.876
Standard Error	.079	-	.407	.179	.152	.193	.188	.252	.201	.096	.129	.161	.148	.122	.217	.169	.141	.134	.187
Error variance	.01	-	.17	.03	.02	.04	.04	.06	.04	.01	.02	.03	.02	.01	.05	.03	.02	.02	.03

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Q6J2.3. Other indoor sports facilities: How much did you enjoy your activity at this facility or location?

BASE: All who used Other indoor sports facilities in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		189	81	58	48
Total		172	75	52	44
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	63	34	14	15
		37%	46%	27%	34%
			b		
I somewhat enjoyed it	(4.0)	50	22	17	10
		29%	29%	32%	24%
I neither enjoyed it nor didn't enjoy it	(3.0)	36	12	13	10
		21%	16%	26%	24%
I didn't enjoy it much	(2.0)	15	6	4	4
		9%	8%	8%	10%
I didn't enjoy it at all	(1.0)	3	1	-	3
		2%	1%	-	6%
Don't know		5	-	3	1
		3%	-	6%	2%
				a	
NET: Enjoyed		113	56	31	25
		66%	75%	60%	58%
			c		
NET: Didn't enjoy		18	7	4	7
		11%	9%	8%	16%
Base for stats		166	75	48	43
Mean Score		3.93	4.11	3.84	3.71
			c		
Standard Deviation		1.066	1.014	.958	1.238
Standard Error		.079	.113	.130	.181
Error variance		.01	.01	.02	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total		242	97	142	150	83	9	12	29	18	30	17	19	69	38	10
Total		220	85	133	130	80	10	10	23	18	22	13	23	68	33	10
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	92	41	50	55	33	4	4	10	9	11	5	6	33	14	1
		42%	49%	38%	42%	42%	41%	38%	42%	49%	50%	38%	28%	48%	42%	14%
I somewhat enjoyed it	(4.0)	80	29	52	46	32	3	5	8	3	5	6	14	23	12	6
		36%	34%	39%	35%	40%	29%	47%	35%	15%	21%	46%	59%	33%	36%	59%
I neither enjoyed it nor didn't enjoy it	(3.0)	34	11	22	21	11	3	1	5	7	3	1	3	9	4	2
		16%	13%	16%	16%	14%	29%	8%	20%	36%	16%	11%	13%	13%	11%	17%
I didn't enjoy it much	(2.0)	8	2	5	5	2	-	1	-	-	1	1	-	3	2	-
		3%	3%	4%	4%	3%	-	7%	-	-	6%	5%	-	4%	6%	-
I didn't enjoy it at all	(1.0)	2	1	1	1	1	-	-	-	-	1	-	-	-	2	-
		1%	2%	1%	1%	2%	-	-	-	-	4%	-	-	-	5%	-
Don't know		3	-	3	3	-	-	-	1	-	1	-	-	1	-	1
		1%	-	2%	2%	-	-	-	3%	-	3%	-	-	1%	-	10%
NET: Enjoyed		173	70	102	100	65	7	9	18	11	15	11	20	55	26	7
		78%	83%	77%	77%	82%	71%	85%	77%	64%	71%	84%	87%	81%	78%	73%
NET: Didn't enjoy		10	4	6	6	4	-	1	-	-	2	1	-	3	4	-
		5%	5%	5%	5%	5%	-	7%	-	-	10%	5%	-	4%	11%	-
Base for stats		217	85	130	127	80	10	10	23	18	21	13	23	67	33	9
Mean Score		4.16	4.25	4.11	4.16	4.17	4.12	4.15	4.22	4.12	4.11	4.17	4.15	4.26	4.04	3.96
Standard Deviation		.896	.910	.881	.901	.901	.875	.892	.784	.942	1.154	.845	.638	.858	1.121	.620
Standard Error		.058	.092	.075	.075	.099	.292	.258	.148	.222	.214	.205	.146	.104	.182	.207
Error variance		*	.01	.01	.01	.01	.09	.07	.02	.05	.05	.04	.02	.01	.03	.04

Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		242	40	64	50	47	25	16	154	88	168	15	27	21	5	1	69
Total		220	39	63	47	38	19	14	149	71	152	15	24	20	4	1	64
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	92	19	25	20	13	9	6	64	28	68	5	11	6	1	-	23
		42%	49%	41%	42%	35%	45%	41%	43%	39%	45%	34%	47%	28%	17%	-	36%
I somewhat enjoyed it	(4.0)	80	14	26	15	16	5	5	55	26	55	3	7	13	2	-	25
		36%	35%	41%	33%	41%	26%	35%	37%	36%	36%	20%	30%	65%	41%	-	39%
I neither enjoyed it nor didn't enjoy it	(3.0)	34	4	11	6	9	3	2	21	14	21	6	4	1	1	-	12
		16%	11%	17%	13%	22%	15%	17%	14%	19%	14%	40%	16%	7%	23%	-	19%
I didn't enjoy it much	(2.0)	8	1	1	4	1	1	-	6	1	4	1	2	-	1	-	3
		3%	4%	2%	8%	2%	3%	-	4%	2%	2%	5%	7%	-	19%	-	5%
I didn't enjoy it at all	(1.0)	2	1	-	1	-	1	-	2	1	2	-	-	-	-	-	-
		1%	2%	-	2%	-	3%	-	1%	1%	2%	-	-	-	-	-	-
Don't know		3	-	-	1	-	1	1	1	2	2	-	-	-	-	1	1
		1%	-	-	2%	-	7%	7%	1%	3%	1%	-	-	-	-	100%	1%
NET: Enjoyed		173	33	51	35	29	14	11	119	53	124	8	18	19	3	-	48
		78%	84%	82%	75%	76%	72%	76%	80%	75%	81%	55%	77%	93%	58%	-	75%
NET: Didn't enjoy		10	2	1	5	1	1	-	8	2	6	1	2	-	1	-	3
		5%	6%	2%	11%	2%	7%	-	5%	3%	4%	5%	7%	-	19%	-	5%
					b												
Base for stats		217	39	63	46	38	18	13	148	69	150	15	24	20	4	-	63
Mean Score		4.16	4.25	4.21	4.07	4.09	4.15	4.27	4.17	4.14	4.22	3.84	4.17	4.21	3.56	-	4.06
Standard Deviation		.896	.937	.777	1.057	.806	1.073	.775	.911	.867	.889	1.000	.956	.571	1.126	-	.876
Standard Error		.058	.148	.097	.151	.118	.224	.200	.074	.094	.069	.258	.184	.125	.503	-	.106
Error variance		*	.02	.01	.02	.01	.05	.04	.01	.01	*	.07	.03	.02	.25	-	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	*d	*e	*f	*g	*h	*i	*j	k
Unweighted Total	242	101	49	68	117	18	31	113	29	12	3	12	18	5	1	49
Total	220	79	49	74	123	17	28	109	25	11	2	10	13	4	1	45
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	92	31	24	32	55	7	8	51	12	2	2	2	6	4	-	15
	42%	40%	48%	43%	45%	43%	28%	47%	47%	14%	70%	22%	44%	83%	-	33%
I somewhat enjoyed it (4.0)	80	26	16	32	47	7	13	40	7	4	1	3	5	1	-	19
	36%	33%	32%	43%	38%	38%	46%	37%	28%	37%	30%	32%	41%	17%	-	43%
I neither enjoyed it nor didn't enjoy it (3.0)	34	17	8	6	14	3	6	11	5	5	-	1	1	-	1	9
	16%	21% cd	17%	7%	11%	15%	21%	11%	22%	49%	-	14%	11%	-	100%	19%
I didn't enjoy it much (2.0)	8	3	1	3	4	1	1	5	-	-	-	1	-	-	-	2
	3%	4%	2%	4%	3%	4%	3%	5%	-	-	-	7%	-	-	-	3%
I didn't enjoy it at all (1.0)	2	-	-	2	2	-	1	-	1	-	-	1	-	-	-	1
	1%	-	-	2%	1%	-	2%	-	4%	-	-	8%	-	-	-	1%
Don't know	3	2	1	-	1	-	-	1	-	-	-	2	1	-	-	-
	1%	3%	2%	-	1%	-	-	1%	-	-	-	16%	5%	-	-	-
NET: Enjoyed	173	57	39	64	103	14	20	91	18	5	2	6	11	4	-	35
	78%	72%	79%	86% a	83% a	81%	73%	84%	74%	51%	100%	55%	85%	100%	-	76%
NET: Didn't enjoy	10	3	1	5	6	1	1	5	1	-	-	2	-	-	-	2
	5%	4%	2%	6%	5%	4%	5%	5%	4%	-	-	15%	-	-	-	5%
Base for stats	217	77	48	74	122	17	28	108	25	11	2	9	13	4	1	45
Mean Score	4.16	4.11	4.28	4.20	4.23	4.20	3.93	4.27	4.13	3.66	4.70	3.65	4.35	4.83	3.00	4.04
Standard Deviation	.896	.883	.822	.924	.882	.855	.920	.846	1.035	.750	.627	1.298	.699	.427	-	.895
Standard Error	.058	.089	.119	.112	.082	.202	.165	.080	.192	.217	.362	.410	.170	.191	-	.128
Error variance	*	.01	.01	.01	.01	.04	.03	.01	.04	.05	.13	.17	.03	.04	-	.02

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Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	*c	*d	e	f	*a	b	c	*d	e
Unweighted Total		242	82	56	28	16	84	98	77	68	28	11	96	88	20	98	96	28	222
Total		220	75	54	24	16	78	90	73	61	25	11	86	84	16	87	92	26	205
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	92	41	22	6	3	28	44	36	24	8	3	32	39	6	38	38	10	86
		42%	55%	41%	24%	19%	36%	49%	50%	39%	34%	26%	37%	47%	38%	44%	41%	40%	42%
			e																
I somewhat enjoyed it	(4.0)	80	21	23	11	5	33	26	25	25	7	5	32	30	6	31	34	9	75
		36%	28%	42%	44%	34%	43%	29%	34%	41%	27%	48%	37%	36%	38%	36%	37%	36%	36%
							a												
I neither enjoyed it nor didn't enjoy it	(3.0)	34	12	8	6	2	14	14	11	9	8	-	17	11	3	12	14	5	31
		16%	16%	15%	24%	11%	18%	15%	15%	15%	32%	-	20%	13%	20%	14%	16%	18%	15%
I didn't enjoy it much	(2.0)	8	1	1	1	4	2	5	1	2	1	3	2	4	1	3	3	1	7
		3%	1%	1%	4%	25%	2%	5%	1%	3%	3%	26%	3%	5%	5%	4%	3%	3%	3%
I didn't enjoy it at all	(1.0)	2	-	-	-	2	-	2	-	1	1	-	2	-	-	1	1	1	2
		1%	-	-	-	11%	-	2%	-	1%	4%	-	2%	-	-	1%	1%	3%	1%
Don't know		3	-	-	1	-	1	-	-	1	-	-	1	-	-	1	3	-	3
		1%	-	-	4%	-	1%	-	-	2%	-	-	1%	-	-	1%	3%	-	2%
NET: Enjoyed		173	62	45	16	8	61	70	61	49	15	8	64	70	12	70	71	20	161
		78%	83%	83%	68%	53%	79%	78%	84%	80%	61%	74%	75%	82%	75%	80%	77%	77%	79%
NET: Didn't enjoy		10	1	1	1	5	2	6	1	2	2	3	4	4	1	4	4	1	9
		5%	1%	1%	4%	35%	2%	7%	1%	4%	7%	26%	5%	5%	5%	5%	4%	6%	5%
								a											
Base for stats		217	75	54	23	16	77	90	73	60	25	11	85	84	16	86	90	26	201
Mean Score		4.16	4.37	4.23	3.92	3.27	4.14	4.18	4.32	4.16	3.84	3.73	4.06	4.24	4.08	4.20	4.16	4.08	4.17
Standard Deviation		.896	.788	.759	.830	1.353	.789	.992	.774	.858	1.084	1.162	.934	.852	.899	.882	.891	.996	.897
Standard Error		.058	.087	.101	.160	.338	.087	.100	.088	.105	.205	.350	.096	.091	.201	.090	.092	.188	.061
Error variance		*	.01	.01	.03	.11	.01	.01	.01	.01	.04	.12	.01	.01	.04	.01	.01	.04	*

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Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		242	103	109	58	41	23	128	108	12	205	37	201	36
Total		220	97	97	53	38	19	119	96	11	186	34	184	31
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	92	43	41	22	17	4	55	36	6	82	10	82	10
		42%	45%	42%	41%	45%	22%	46%	38%	57%	44%	30%	44%	31%
I somewhat enjoyed it	(4.0)	80	32	36	19	11	6	46	32	3	66	15	69	10
		36%	33%	37%	36%	29%	31%	39%	33%	25%	35%	43%	37%	31%
I neither enjoyed it nor didn't enjoy it	(3.0)	34	15	16	10	7	6	12	22	2	28	6	25	9
		16%	15%	17%	19%	19%	32%	10%	22%	18%	15%	19%	13%	29%
									d					a
I didn't enjoy it much	(2.0)	8	4	3	-	2	3	4	4	-	7	1	6	2
		3%	4%	3%	-	5%	16%	3%	4%	-	4%	2%	3%	6%
I didn't enjoy it at all	(1.0)	2	2	1	1	-	-	2	1	-	1	1	2	-
		1%	2%	1%	1%	-	-	1%	1%	-	1%	3%	1%	-
Don't know		3	1	-	1	1	-	-	2	-	2	1	1	1
		1%	1%	-	2%	2%	-	-	2%	-	1%	3%	1%	3%
NET: Enjoyed		173	75	78	41	28	10	101	68	9	147	25	150	20
		78%	78%	80%	77%	73%	52%	85%	71%	82%	79%	73%	82%	62%
								e					b	
NET: Didn't enjoy		10	6	3	1	2	3	6	4	-	8	2	8	2
		5%	6%	3%	1%	5%	16%	5%	5%	-	4%	5%	4%	6%
Base for stats		217	96	97	52	37	19	119	94	11	184	34	183	30
Mean Score		4.16	4.15	4.18	4.18	4.16	3.58	4.25	4.06	4.40	4.20	3.98	4.21	3.90
Standard Deviation		.896	.966	.858	.858	.930	1.019	.875	.922	.809	.884	.948	.887	.936
Standard Error		.058	.096	.082	.114	.147	.213	.077	.090	.233	.062	.158	.063	.158
Error variance		*	.01	.01	.01	.02	.05	.01	.01	.05	*	.02	*	.03

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Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

					Number of days active								Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	242	5	17	32	73	41	38	13	23	163	74	40	80	71	44	51	69	81	36
Total	220	4	15	30	66	36	38	10	21	148	69	37	70	66	40	44	65	74	34
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	92	-	7	11	26	17	16	7	9	60	32	14	25	30	22	16	24	30	21
	42%	-	46%	36%	39%	45%	43%	72%	42%	41%	47%	37%	36%	45%	54% b	37%	38%	40%	62% abc
I somewhat enjoyed it (4.0)	80	1	6	10	23	13	18	2	8	52	27	11	29	25	13	15	24	30	9
	36%	35%	39%	35%	34%	35%	47%	15%	38%	35%	40%	30%	41%	37%	32%	35%	38%	41%	26%
I neither enjoyed it nor didn't enjoy it (3.0)	34	2	2	7	11	5	4	1	2	25	7	10	12	7	5	10	11	10	4
	16%	65%	15%	24%	17%	14%	10%	7%	11%	17%	10%	27% c	17%	10%	12%	22%	17%	13%	12%
I didn't enjoy it much (2.0)	8	-	-	-	5	2	-	1	1	6	1	1	3	3	1	3	2	3	-
	3%	-	-	-	7%	4%	-	6%	3%	4%	2%	2%	5%	4%	2%	7%	3%	4%	-
I didn't enjoy it at all (1.0)	2	-	-	-	2	1	-	-	-	2	-	1	1	1	-	-	1	1	-
	1%	-	-	-	2%	2%	-	-	-	2%	-	2%	1%	2%	-	-	2%	2%	-
Don't know	3	-	-	2	1	-	-	-	1	2	1	1	-	1	-	-	2	-	-
	1%	-	-	5%	1%	-	-	-	5%	2%	1%	2%	-	1%	-	-	3%	-	-
NET: Enjoyed	173	1	13	21	48	29	34	9	17	111	60	25	54	55	34	32	49	60	30
	78%	35%	85%	71%	73%	80%	90% cdi	87%	81%	76%	87% d	67%	77%	83%	86% a	71%	75%	81%	88%
NET: Didn't enjoy	10	-	-	-	6	2	-	1	1	9	1	1	4	4	1	3	3	4	-
	5%	-	-	-	9%	7%	-	6%	3%	6%	2%	4%	6%	6%	2%	7%	4%	6%	-
Base for stats	217	4	15	28	66	36	38	10	20	145	68	36	70	65	40	44	63	74	34
Mean Score	4.16	3.35	4.31	4.13	4.01	4.16	4.33	4.52	4.25	4.10	4.33 d	4.01	4.06	4.23	4.39 ab	4.01	4.10	4.14	4.50 abc
Standard Deviation	.896	.560	.740	.795	1.041	.979	.654	.928	.823	.950	.745	.957	.913	.913	.771	.940	.909	.919	.709
Standard Error	.058	.250	.180	.145	.123	.153	.106	.257	.176	.075	.087	.153	.102	.109	.116	.132	.111	.102	.118
Error variance	*	.06	.03	.02	.02	.02	.01	.07	.03	.01	.01	.02	.01	.01	.01	.02	.01	.01	.01

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Q6J2.21. Outdoor exercise classes: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor exercise classes in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		242	139	65	36
Total		220	128	59	32
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	92	65	14	13
		42%	51%	24%	41%
			b		
I somewhat enjoyed it	(4.0)	80	43	27	11
		36%	34%	45%	35%
I neither enjoyed it nor didn't enjoy it	(3.0)	34	16	13	5
		16%	12%	22%	17%
I didn't enjoy it much	(2.0)	8	3	4	1
		3%	3%	6%	2%
I didn't enjoy it at all	(1.0)	2	1	1	1
		1%	1%	1%	2%
Don't know		3	-	1	1
		1%	-	1%	3%
					a
NET: Enjoyed		173	108	41	24
		78%	84%	69%	75%
			b		
NET: Didn't enjoy		10	4	4	1
		5%	3%	7%	4%
Base for stats		217	128	59	31
Mean Score		4.16	4.31	3.85	4.13
			b		
Standard Deviation		.896	.845	.911	.943
Standard Error		.058	.072	.114	.159
Error variance		*	.01	.01	.03

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Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Gender Male	Gender Female	Age 16-34	Age 35-54	Age 55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	*a	b	*c	d	e	*f	g	h	*i
Unweighted Total		352	175	176	197	119	36	10	47	27	47	39	23	78	58	23
Total		326	160	165	165	117	44	7	42	27	36	31	28	76	53	26
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	155	85	69	67	52	36	2	17	12	16	16	12	38	28	15
		47%	53% b	42%	40%	45%	81% ab	28%	41%	45%	43%	51%	43%	49%	53%	55%
I somewhat enjoyed it	(4.0)	113	51	62	63	42	7	3	17	12	12	10	13	23	13	10
		35%	32%	38%	38% c	36% c	17%	42%	41%	43%	33%	33%	48%	30%	25%	36%
I neither enjoyed it nor didn't enjoy it	(3.0)	37	14	23	20	17	1	-	6	2	5	4	1	8	9	1
		11%	9%	14%	12%	14% c	2%	-	14%	9%	15%	14%	5%	11%	17%	3%
I didn't enjoy it much	(2.0)	17	8	9	12	5	-	2	2	1	3	-	-	8	1	1
		5%	5%	6%	8%	4%	-	30%	4%	3%	8%	-	-	10% e	2%	5%
I didn't enjoy it at all	(1.0)	2	2	-	1	1	-	-	-	-	-	-	1	-	1	-
		*	1%	-	1%	1%	-	-	-	-	-	-	3%	-	1%	-
Don't know		2	1	2	2	1	-	-	-	-	1	1	-	-	1	-
		1%	*	1%	1%	*	-	-	-	-	2%	2%	-	-	2%	-
NET: Enjoyed		268	136	131	130	95	43	5	34	24	28	26	25	61	41	24
		82%	85%	79%	79%	81%	98% ab	70%	83%	88%	76%	84%	91%	79%	78%	92%
NET: Didn't enjoy		19	10	9	13	5	-	2	2	1	3	-	1	8	2	1
		6%	6%	6%	8%	5%	-	30%	4%	3%	8%	-	3%	10% e	3%	5%
Base for stats		324	160	163	164	116	44	7	42	27	36	31	28	76	52	26
Mean Score		4.24	4.31	4.17	4.12	4.21	4.79 ab	3.69	4.20	4.30	4.13	4.37	4.29	4.19	4.28	4.42
Standard Deviation		.891	.905	.874	.935	.878	.453	1.265	.819	.759	.950	.735	.843	.989	.926	.797
Standard Error		.048	.069	.066	.067	.081	.076	.400	.119	.146	.140	.119	.176	.112	.123	.166
Error variance		*	*	*	*	.01	.01	.16	.01	.02	.02	.01	.03	.01	.02	.03

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Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	*d	*e	*f	g
Unweighted Total		352	62	99	70	52	38	31	231	121	262	12	41	22	6	6	87
Total		326	58	97	64	44	31	32	219	107	246	10	36	19	7	6	77
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	155	25	49	31	17	14	19	105	50	114	3	21	8	3	3	39
		47%	43%	50%	48%	38%	45%	60%	48%	47%	46%	31%	59%	42%	50%	58%	50%
I somewhat enjoyed it	(4.0)	113	18	36	24	17	11	8	78	35	87	6	10	7	2	1	26
		35%	31%	37%	37%	38%	34%	24%	36%	33%	36%	54%	27%	39%	35%	14%	33%
I neither enjoyed it nor didn't enjoy it	(3.0)	37	11	5	6	7	3	4	22	15	31	-	1	2	1	1	5
		11%	19%	5%	10%	16%	10%	14%	10%	14%	13%	-	3%	12%	15%	14%	7%
			b			b				b							
I didn't enjoy it much	(2.0)	17	4	5	3	1	3	1	12	5	10	2	3	1	-	1	7
		5%	6%	6%	5%	3%	10%	2%	6%	5%	4%	15%	9%	7%	-	13%	9%
I didn't enjoy it at all	(1.0)	2	-	1	-	1	-	-	1	1	1	-	1	-	-	-	1
		*	-	1%	-	2%	-	-	*	1%	*	-	2%	-	-	-	1%
Don't know		2	-	1	-	1	-	-	1	1	2	-	-	-	-	-	-
		1%	-	1%	-	3%	-	-	*	1%	1%	-	-	-	-	-	-
NET: Enjoyed		268	43	85	55	33	25	27	183	85	201	9	31	15	6	4	64
		82%	74%	88%	85%	76%	80%	84%	83%	80%	82%	85%	86%	81%	85%	72%	83%
				a													
NET: Didn't enjoy		19	4	6	3	2	3	1	13	6	11	2	4	1	-	1	8
		6%	6%	6%	5%	5%	10%	2%	6%	5%	4%	15%	11%	7%	-	13%	10%
Base for stats		324	58	96	64	43	31	32	218	106	244	10	36	19	7	6	77
Mean Score		4.24	4.11	4.32	4.29	4.11	4.15	4.42	4.25	4.22	4.24	4.00	4.32	4.16	4.35	4.17	4.23
Standard Deviation		.891	.940	.873	.836	.936	.978	.807	.881	.914	.859	1.010	1.047	.922	.793	1.219	.988
Standard Error		.048	.119	.088	.100	.132	.159	.145	.058	.084	.053	.291	.164	.197	.324	.498	.106
Error variance		*	.01	.01	.01	.02	.03	.02	*	.01	*	.08	.03	.04	.10	.25	.01

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Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		352	160	72	87	159	17	40	161	42	16	12	14	26	11	13	57
Total		326	137	73	92	164	13	36	152	39	15	11	12	21	10	17	50
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	155	78	31	35	66	8	17	66	16	9	7	5	8	4	15	25
		47%	57% bcd	43%	38%	40%	61%	47%	44%	42%	57%	58%	39%	41%	43%	86%	51%
I somewhat enjoyed it	(4.0)	113	42	27	38	65	5	12	54	16	2	3	5	10	3	2	18
		35%	30%	37%	42%	40%	39%	34%	36%	42%	15%	27%	42%	49%	29%	9%	35%
I neither enjoyed it nor didn't enjoy it	(3.0)	37	10	10	13	23	-	4	20	4	2	1	2	1	2	1	4
		11%	8%	13%	15%	14%	-	11%	13%	9%	16%	6%	19%	7%	23%	4%	8%
I didn't enjoy it much	(2.0)	17	6	4	5	10	-	2	8	3	2	1	-	1	1	-	2
		5%	4%	6%	6%	6%	-	6%	6%	7%	12%	8%	-	4%	6%	-	4%
I didn't enjoy it at all	(1.0)	2	2	-	-	-	-	1	1	-	-	-	-	-	-	-	1
		*	1%	-	-	-	-	2%	1%	-	-	-	-	-	-	-	1%
Don't know		2	-	1	-	1	-	-	2	-	-	-	-	-	-	-	-
		1%	-	1%	-	1%	-	-	1%	-	-	-	-	-	-	-	-
NET: Enjoyed		268	119	58	73	131	13	29	120	32	11	10	10	18	7	16	43
		82%	87%	79%	80%	79%	100%	81%	79%	84%	72%	85%	81%	90%	72%	96%	86%
NET: Didn't enjoy		19	7	4	5	10	-	3	9	3	2	1	-	1	1	-	3
		6%	5%	6%	6%	6%	-	8%	6%	7%	12%	8%	-	4%	6%	-	6%
Base for stats		324	137	72	92	163	13	36	149	39	15	11	12	21	10	17	50
Mean Score		4.24	4.38 cd	4.18	4.11	4.14	4.61	4.18	4.18	4.18	4.18	4.35	4.20	4.27	4.09	4.82	4.30
Standard Deviation		.891	.880	.884	.867	.872	.507	.996	.908	.879	1.121	.970	.764	.758	.987	.500	.906
Standard Error		.048	.070	.105	.093	.069	.123	.157	.072	.136	.280	.280	.204	.149	.297	.139	.120
Error variance		*	*	.01	.01	*	.02	.02	.01	.02	.08	.08	.04	.02	.09	.02	.01

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Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	a	b	c	d	e
Unweighted Total		352	123	89	38	8	127	131	117	88	42	14	130	131	31	143	148	30	321
Total		326	115	86	33	7	119	122	109	82	40	13	122	122	27	134	140	26	299
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	155	59	35	11	5	46	64	54	32	19	7	52	61	18	68	60	9	137
		47%	52%	40%	34%	69%	38%	53%	49%	40%	48%	51%	42%	50%	67%	51%	43%	33%	46%
			e					ce							cde				
I somewhat enjoyed it	(4.0)	113	39	31	11	1	43	39	40	29	13	2	42	42	3	44	55	11	110
		35%	34%	36%	34%	10%	36%	32%	37%	36%	31%	13%	34%	34%	13%	33%	39%	42%	37%
																a	a	a	a
I neither enjoyed it nor didn't enjoy it	(3.0)	37	10	14	5	1	19	11	10	11	5	3	16	13	3	12	18	4	34
		11%	9%	16%	14%	9%	16%	9%	9%	13%	13%	22%	13%	11%	12%	9%	13%	16%	11%
I didn't enjoy it much	(2.0)	17	4	6	5	1	11	5	3	8	3	2	11	5	1	8	7	1	16
		5%	4%	7%	16%	13%	9%	4%	3%	10%	7%	13%	9%	4%	5%	6%	5%	6%	5%
					af					a			a						
I didn't enjoy it at all	(1.0)	2	1	-	1	-	1	1	1	1	-	-	1	1	1	-	-	1	1
		*	1%	-	2%	-	1%	1%	1%	1%	-	-	1%	1%	3%	-	-	3%	*
															bce			bce	
Don't know		2	2	1	-	-	1	2	1	1	1	-	1	1	-	2	-	-	2
		1%	1%	1%	-	-	1%	1%	1%	1%	1%	-	1%	1%	-	2%	-	-	1%
NET: Enjoyed		268	98	66	23	6	88	104	94	62	32	9	93	102	21	112	115	20	247
		82%	85%	76%	68%	78%	74%	85%	86%	75%	79%	65%	76%	84%	79%	84%	82%	75%	82%
			ce					ce	b										
NET: Didn't enjoy		19	5	6	6	1	12	6	4	9	3	2	12	6	2	8	7	2	17
		6%	4%	7%	18%	13%	10%	5%	4%	11%	7%	13%	10%	5%	8%	6%	5%	8%	6%
					af					a									
Base for stats		324	113	85	33	7	119	121	108	81	40	13	121	121	27	132	140	26	297
Mean Score		4.24	4.34	4.11	3.82	4.34	4.03	4.34	4.32	4.04	4.21	4.03	4.09	4.29	4.34	4.31	4.21	3.97	4.23
			ce					ce	b										
Standard Deviation		.891	.850	.911	1.143	1.162	.985	.866	.828	1.014	.932	1.169	.987	.870	1.099	.863	.848	1.005	.871
Standard Error		.048	.077	.097	.185	.411	.088	.076	.077	.109	.145	.312	.087	.076	.197	.073	.070	.183	.049
Error variance		*	.01	.01	.03	.17	.01	.01	.01	.01	.02	.10	.01	.01	.04	.01	*	.03	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		352	125	189	76	53	25	205	141	11	289	63	304	44
Total		326	117	177	70	49	22	193	128	10	268	58	284	39
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	155	47	87	32	24	7	97	55	7	126	29	138	15
		47%	40%	49%	46%	50%	32%	50%	43%	70%	47%	50%	49%	39%
I somewhat enjoyed it	(4.0)	113	44	65	23	15	10	66	47	1	94	19	97	16
		35%	38%	37%	33%	32%	46%	34%	36%	7%	35%	32%	34%	41%
I neither enjoyed it nor didn't enjoy it	(3.0)	37	15	17	7	5	3	23	13	1	31	6	30	5
		11%	13%	10%	10%	9%	12%	12%	10%	13%	12%	10%	11%	14%
I didn't enjoy it much	(2.0)	17	10	6	7	4	2	5	12	1	13	4	15	3
		5%	8%	3%	10%	9%	7%	2%	9%	10%	5%	8%	5%	7%
					d	d			d					
I didn't enjoy it at all	(1.0)	2	-	1	1	-	1	-	2	-	2	-	2	-
		*	-	*	1%	-	3%	-	1%	-	1%	-	1%	-
Don't know		2	1	1	-	-	-	2	-	-	2	-	2	-
		1%	1%	1%	-	-	-	1%	-	-	1%	-	1%	-
NET: Enjoyed		268	91	152	55	40	17	163	102	8	220	48	235	31
		82%	78%	86%	78%	82%	77%	84%	79%	77%	82%	82%	83%	80%
NET: Didn't enjoy		19	10	7	8	4	2	5	13	1	14	4	16	3
		6%	8%	4%	11%	9%	10%	2%	10%	10%	5%	8%	6%	7%
					d	d			d					
Base for stats		324	116	176	70	49	22	191	128	10	265	58	282	39
Mean Score		4.24	4.10	4.32	4.11	4.23	3.95	4.34	4.10	4.37	4.24	4.25	4.26	4.11
				a				e						
Standard Deviation		.891	.932	.819	1.038	.957	1.032	.785	1.005	1.097	.885	.925	.888	.895
Standard Error		.048	.084	.060	.119	.131	.206	.055	.085	.331	.052	.117	.051	.135
Error variance		*	.01	*	.01	.02	.04	*	.01	.11	*	.01	*	.02

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Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	f	*g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	352	4	26	46	83	71	65	12	45	226	122	61	112	110	65	99	106	99	45
Total	326	4	25	43	74	65	60	11	45	206	116	53	102	106	62	92	101	88	42
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	155	2	12	14	34	28	30	7	28	89	64	23	37	59	35	53	44	35	23
	47%	59%	47%	33%	46%	44%	50%	61%	61%	43%	55%	43%	36%	55%	56%	58%	43%	40%	53%
									ci		ci			b	b	bc			
I somewhat enjoyed it (4.0)	113	1	10	18	23	28	18	3	12	79	33	19	43	34	17	29	33	38	13
	35%	22%	42%	43%	31%	43%	30%	26%	26%	39%	28%	36%	42%	32%	28%	31%	32%	43%	31%
						j													
I neither enjoyed it nor didn't enjoy it (3.0)	37	1	1	4	10	8	10	-	4	22	14	7	12	10	7	8	17	8	4
	11%	20%	3%	10%	13%	12%	17%	-	9%	11%	12%	13%	12%	10%	11%	8%	17%	9%	10%
I didn't enjoy it much (2.0)	17	-	2	4	6	-	2	1	2	12	5	4	8	3	3	2	7	6	2
	5%	-	8%	10%	8%	-	3%	13%	4%	6%	4%	7%	8%	3%	4%	2%	7%	7%	5%
				e	e					e									
I didn't enjoy it at all (1.0)	2	-	-	1	-	1	-	-	-	2	-	-	2	-	-	-	-	2	-
	*	-	-	2%	-	1%	-	-	-	1%	-	-	2%	-	-	-	-	2%	-
Don't know	2	-	-	1	1	-	-	-	-	2	-	1	1	-	-	1	1	-	-
	1%	-	-	2%	2%	-	-	-	-	1%	-	1%	1%	-	-	1%	1%	-	-
NET: Enjoyed	268	3	22	33	57	56	48	9	39	168	97	42	80	93	52	82	76	73	36
	82%	80%	89%	76%	77%	87%	80%	87%	87%	81%	83%	79%	78%	87%	84%	89%	76%	82%	84%
																b			
NET: Didn't enjoy	19	-	2	5	6	1	2	1	2	14	5	4	9	3	3	2	7	8	2
	6%	-	8%	12%	8%	1%	3%	13%	4%	7%	4%	7%	9%	3%	4%	2%	7%	9%	5%
				e									c					a	
Base for stats	324	4	25	42	73	65	60	11	45	204	116	52	101	106	62	92	100	88	42
Mean Score	4.24	4.39	4.28	3.98	4.18	4.28	4.26	4.35	4.44	4.18	4.34	4.17	4.04	4.40	4.36	4.46	4.13	4.12	4.33
									c		c			b	b	bc			
Standard Deviation	.891	.937	.889	1.016	.951	.778	.859	1.055	.821	.906	.860	.911	.973	.783	.853	.740	.934	.960	.872
Standard Error	.048	.468	.174	.151	.106	.092	.107	.305	.122	.061	.078	.118	.092	.075	.106	.075	.091	.097	.130
Error variance	*	.22	.03	.02	.01	.01	.01	.09	.01	*	.01	.01	.01	.01	.01	.01	.01	.01	.02

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Q6J2.22. Outdoor sports facilities (e.g. courts and pitches): How much did you enjoy your activity at this facility or location?

BASE: All who used Outdoor sports facilities (e.g. courts and pitches) in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		352	191	95	64
Total		326	174	92	58
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	155	90	39	24
		47%	52%	42%	41%
I somewhat enjoyed it	(4.0)	113	57	36	20
		35%	33%	39%	35%
I neither enjoyed it nor didn't enjoy it	(3.0)	37	18	14	6
		11%	10%	15%	10%
I didn't enjoy it much	(2.0)	17	9	1	7
		5%	5%	1%	13%
					ab
I didn't enjoy it at all	(1.0)	2	-	2	-
		*	-	2%	-
Don't know		2	1	1	1
		1%	1%	1%	1%
NET: Enjoyed		268	147	75	44
		82%	84%	81%	76%
NET: Didn't enjoy		19	9	3	7
		6%	5%	3%	13%
					ab
Base for stats		324	173	92	58
Mean Score		4.24	4.32	4.19	4.06
			c		
Standard Deviation		.891	.849	.871	1.023
Standard Error		.048	.062	.090	.129
Error variance		*	*	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?

BASE: All who used Outdoor swimming pools in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	*b	*c	d	*e	*f	g	h	*i
Unweighted Total		230	95	133	144	62	24	15	29	15	32	14	9	63	35	18
Total		215	88	125	124	60	32	12	24	17	24	12	11	66	30	19
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	95	38	56	49	25	21	5	10	8	11	4	1	27	21	9
		44%	43%	45%	39%	42%	67%	42%	39%	46%	45%	37%	13%	41%	67%	46%
															g	
I somewhat enjoyed it	(4.0)	80	39	41	49	23	9	4	12	4	10	4	8	25	4	8
		37%	44%	33%	39%	39%	28%	37%	48%	27%	41%	37%	74%	38%	13%	44%
											h			h		
I neither enjoyed it nor didn't enjoy it	(3.0)	28	7	20	19	9	-	2	1	1	3	3	1	10	5	1
		13%	8%	16%	15%	14%	-	15%	3%	7%	11%	26%	13%	15%	17%	6%
I didn't enjoy it much	(2.0)	5	2	4	5	1	-	1	2	-	1	-	-	2	-	-
		2%	2%	3%	4%	1%	-	6%	6%	-	3%	-	-	4%	-	-
I didn't enjoy it at all	(1.0)	5	2	3	1	2	2	-	1	3	-	-	-	-	1	-
		2%	3%	2%	1%	4%	5%	-	4%	20%	-	-	-	-	2%	-
Don't know		2	1	1	2	-	-	-	-	-	-	-	-	1	-	1
		1%	1%	1%	2%	-	-	-	-	-	-	-	-	2%	-	4%
NET: Enjoyed		175	76	97	97	48	30	9	21	12	21	9	10	52	24	17
		81%	87%	78%	79%	81%	95%	80%	87%	73%	86%	74%	87%	79%	80%	90%
NET: Didn't enjoy		10	4	6	6	3	2	1	2	3	1	-	-	2	1	-
		5%	5%	5%	5%	5%	5%	6%	10%	20%	3%	-	-	4%	2%	-
Base for stats		213	87	124	122	60	32	12	24	17	24	12	11	64	30	18
Mean Score		4.19	4.23	4.16	4.14	4.13	4.51	4.16	4.13	3.78	4.27	4.10	4.00	4.18	4.43	4.41
Standard Deviation		.924	.889	.955	.873	.985	.964	.917	1.016	1.569	.795	.821	.537	.838	.961	.628
Standard Error		.061	.092	.083	.073	.125	.197	.237	.189	.405	.141	.219	.179	.106	.162	.152
Error variance		*	.01	.01	.01	.02	.04	.06	.04	.16	.02	.05	.03	.01	.03	.02

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Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor swimming pools in the past week

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	*e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		230	42	58	56	39	21	14	156	74	170	13	23	14	5	2	57
Total		215	39	62	52	32	19	12	152	63	161	12	22	12	4	2	51
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	95	14	35	21	13	5	6	70	24	79	4	7	3	1	1	16
		44%	37%	57%	41%	40%	28%	53%	46%	39%	49%	33%	33%	25%	16%	47%	30%
				h							g						
I somewhat enjoyed it	(4.0)	80	14	16	22	16	7	5	52	29	59	3	10	4	3	1	20
		37%	37%	25%	43%	51%	39%	42%	34%	46%	36%	28%	43%	32%	61%	53%	39%
						b				b							
I neither enjoyed it nor didn't enjoy it	(3.0)	28	7	8	6	2	3	1	22	6	19	2	2	4	1	-	9
		13%	18%	13%	12%	7%	17%	5%	14%	10%	12%	18%	9%	32%	23%	-	17%
I didn't enjoy it much	(2.0)	5	3	1	-	1	1	-	4	1	1	1	2	1	-	-	4
		2%	8%	1%	-	2%	3%	-	3%	2%	1%	6%	10%	10%	-	-	8%
			c														a
I didn't enjoy it at all	(1.0)	5	-	-	3	-	2	-	3	2	3	2	-	-	-	-	2
		2%	-	-	5%	-	13%	-	2%	4%	2%	15%	-	-	-	-	3%
Don't know		2	-	2	-	-	-	-	2	-	-	-	1	-	-	-	1
		1%	-	3%	-	-	-	-	1%	-	-	-	6%	-	-	-	2%
																	a
NET: Enjoyed		175	29	50	43	29	13	11	122	53	137	7	17	7	3	2	36
		81%	73%	82%	83%	91%	67%	95%	80%	84%	85%	61%	76%	57%	77%	100%	69%
						a					g						
NET: Didn't enjoy		10	3	1	3	1	3	-	7	4	5	2	2	1	-	-	6
		5%	8%	1%	5%	2%	16%	-	4%	6%	3%	21%	10%	10%	-	-	11%
																	a
Base for stats		213	39	60	52	32	19	12	150	63	161	12	21	12	4	2	50
Mean Score		4.19	4.02	4.41	4.14	4.28	3.67	4.48	4.22	4.14	4.29	3.59	4.05	3.72	3.93	4.47	3.87
				a							g						
Standard Deviation		.924	.948	.790	.994	.699	1.305	.613	.915	.950	.862	1.441	.943	1.000	.710	.737	1.058
Standard Error		.061	.146	.106	.133	.112	.285	.164	.074	.110	.066	.400	.201	.267	.317	.521	.141
Error variance		*	.02	.01	.02	.01	.08	.03	.01	.01	*	.16	.04	.07	.10	.27	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor swimming pools in the past week

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		230	102	45	59	104	11	28	91	41	10	6	11	17	7	8	39
Total		215	86	47	63	110	9	26	87	38	10	7	9	14	6	9	35
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	95	41	24	21	45	5	9	46	11	4	3	2	8	1	7	14
		44%	48%	51%	34%	41%	52%	35%	52% d	29%	41%	39%	18%	55%	14%	77%	40%
I somewhat enjoyed it	(4.0)	80	28	14	31	46	3	11	26	17	4	3	7	5	3	2	14
		37%	33%	30%	50% ab	42%	31%	43%	30%	46%	38%	37%	75%	34%	61%	23%	40%
I neither enjoyed it nor didn't enjoy it	(3.0)	28	12	6	8	14	1	5	10	8	1	-	1	2	-	-	6
		13%	14%	13%	12%	12%	9%	19%	12%	21%	11%	-	6%	12%	-	-	16%
I didn't enjoy it much	(2.0)	5	1	2	1	3	-	1	4	1	-	-	-	-	-	-	1
		2%	1%	5%	2%	3%	-	3%	5%	2%	-	-	-	-	-	-	2%
I didn't enjoy it at all	(1.0)	5	3	1	-	1	1	-	-	1	1	2	-	-	1	-	1
		2%	4%	2%	-	1%	8%	-	-	2%	9%	24%	-	-	13%	-	2%
Don't know		2	-	-	1	1	-	-	1	-	-	-	-	-	1	-	-
		1%	-	-	2%	1%	-	-	1%	-	-	-	-	-	13%	-	-
NET: Enjoyed		175	70	38	52	91	8	20	72	28	8	5	8	12	4	9	28
		81%	81%	81%	84%	83%	83%	78%	82%	75%	80%	76%	94%	88%	74%	100%	80%
NET: Didn't enjoy		10	4	3	1	4	1	1	4	2	1	2	-	-	1	-	1
		5%	5%	6%	2%	4%	8%	3%	5%	4%	9%	24%	-	-	13%	-	4%
Base for stats		213	86	47	61	108	9	26	86	38	10	7	9	14	5	9	35
Mean Score		4.19	4.20	4.23	4.18	4.20	4.20	4.11	4.32 d	3.97	4.02	3.68	4.12	4.43	3.71	4.77	4.13
Standard Deviation		.924	.993	.975	.723	.838	1.195	.818	.865	.896	1.231	1.680	.512	.717	1.332	.446	.913
Standard Error		.061	.098	.145	.095	.083	.360	.155	.091	.140	.389	.686	.154	.174	.544	.158	.146
Error variance		*	.01	.02	.01	.01	.13	.02	.01	.02	.15	.47	.02	.03	.30	.02	.02

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor swimming pools in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		230	73	63	22	15	85	88	68	62	34	8	96	76	24	89	95	22	206
Total		215	69	61	22	15	82	84	64	62	32	8	93	72	24	83	90	19	191
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	95	41	17	6	7	23	48	38	19	9	5	28	43	13	44	28	10	81
		44%	60%	29%	27%	46%	28%	58%	59%	30%	29%	70%	30%	60%	55%	53%	31%	54%	43%
			be					be	bce					bce			c		
I somewhat enjoyed it	(4.0)	80	21	29	6	4	35	25	20	25	13	2	38	22	6	24	44	6	74
		37%	30%	48%	29%	27%	43%	30%	30%	40%	42%	30%	41%	30%	26%	29%	49%	33%	39%
				af													b		
I neither enjoyed it nor didn't enjoy it	(3.0)	28	5	11	7	2	18	7	6	12	6	-	18	6	2	10	13	3	26
		13%	7%	17%	33%	12%	22%	8%	9%	19%	19%	-	19%	8%	8%	12%	15%	13%	13%
							af							f					
I didn't enjoy it much	(2.0)	5	2	3	1	-	4	2	1	4	1	-	4	1	-	3	3	-	5
		2%	2%	5%	3%	-	5%	2%	1%	6%	2%	-	5%	1%	-	3%	3%	-	3%
I didn't enjoy it at all	(1.0)	5	-	1	2	1	3	1	-	3	1	-	4	-	3	2	1	-	2
		2%	-	1%	8%	6%	3%	1%	-	4%	3%	-	4%	-	11%	2%	1%	-	1%
Don't know		2	-	-	-	1	-	1	-	-	1	-	1	-	-	1	1	-	2
		1%	-	-	-	8%	-	1%	-	-	4%	-	1%	-	-	1%	1%	-	1%
NET: Enjoyed		175	62	46	12	11	58	73	57	43	23	8	66	65	20	68	72	16	156
		81%	90%	76%	56%	73%	71%	87%	89%	70%	72%	100%	71%	91%	81%	82%	80%	87%	82%
			be					e	bce					bce					
NET: Didn't enjoy		10	2	4	2	1	6	3	1	6	2	-	8	1	3	4	4	-	8
		5%	2%	7%	11%	6%	8%	3%	1%	10%	5%	-	9%	1%	11%	5%	4%	-	4%
										af				f					
Base for stats		213	69	61	22	14	82	83	64	62	30	8	92	72	24	82	88	19	189
Mean Score		4.19	4.48	3.97	3.64	4.16	3.88	4.43	4.47	3.86	3.96	4.70	3.90	4.49	4.14	4.29	4.08	4.40	4.20
			be					be	bce					bce					
Standard Deviation		.924	.738	.898	1.168	1.150	.979	.823	.725	1.057	.955	.492	1.021	.705	1.295	.941	.815	.734	.869
Standard Error		.061	.086	.113	.249	.307	.106	.088	.088	.134	.166	.174	.105	.081	.264	.100	.084	.157	.061
Error variance		*	.01	.01	.06	.09	.01	.01	.01	.02	.03	.03	.01	.01	.07	.01	.01	.02	*

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Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor swimming pools in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		230	95	107	45	45	23	127	98	11	190	40	187	38
Total		215	88	99	41	42	23	119	92	10	181	34	176	35
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	95	32	48	14	17	7	62	31	6	81	14	81	14
		44%	37%	49%	35%	41%	29%	52% ae	34%	64%	45%	41%	46%	41%
I somewhat enjoyed it	(4.0)	80	33	40	14	13	11	43	35	2	69	11	65	13
		37%	38%	40%	35%	31%	48%	36%	38%	18%	38%	32%	37%	38%
I neither enjoyed it nor didn't enjoy it	(3.0)	28	17	9	9	9	2	11	17	2	22	6	24	3
		13%	19% b	9%	23% d	22% d	8%	9%	19% d	18%	12%	16%	13%	9%
I didn't enjoy it much	(2.0)	5	5	1	2	-	1	3	2	-	4	1	3	3
		2%	5% b	1%	4%	-	3%	3%	2%	-	2%	4%	2%	7% a
I didn't enjoy it at all	(1.0)	5	1	1	-	2	3	-	5	-	3	2	2	2
		2%	1%	1%	-	6% d	11% d	-	5% d	-	2%	5%	1%	5%
Don't know		2	-	-	1	-	-	-	1	-	1	1	1	-
		1%	-	-	3%	-	-	-	1%	-	1%	2%	1%	-
NET: Enjoyed		175	66	89	29	30	17	105	66	8	150	25	146	28
		81%	74%	89% a	70%	72%	77%	88% abe	72%	82%	83%	73%	83%	79%
NET: Didn't enjoy		10	6	2	2	2	3	3	7	-	7	3	5	4
		5%	6%	2%	4%	6%	15%	3%	8%	-	4%	9%	3%	13% a
Base for stats		213	88	99	40	42	23	119	90	10	180	34	175	35
Mean Score		4.19	4.04	4.34 a	4.05	4.01	3.80	4.38 abe	3.94	4.46	4.23	4.03	4.25	4.01
Standard Deviation		.924	.934	.788	.879	1.090	1.250	.758	1.069	.822	.885	1.108	.853	1.139
Standard Error		.061	.096	.076	.133	.162	.261	.067	.109	.248	.064	.177	.063	.185
Error variance		*	.01	.01	.02	.03	.07	*	.01	.06	*	.03	*	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor swimming pools in the past week

			Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		*a	*b	c	d	e	*f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total	230	3	13	34	72	52	26	8	22	171	56	38	73	66	48	56	82	61	28
Total	215	2	12	30	68	51	23	7	22	161	52	38	67	62	44	51	76	62	25
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot (5.0)	95	2	7	6	30	16	13	4	16	60	32	14	23	29	27	32	24	24	14
	44%	100%	57%	21%	45% c	32%	56%	52%	74%	37%	63% cdei	36%	35%	47%	62% ab	63% bc	32%	39%	56%
I somewhat enjoyed it (4.0)	80	-	4	10	25	25	8	3	5	65	16	14	27	27	10	13	32	26	9
	37%	-	37%	34%	37%	49%	35%	37%	23%	40%	30%	38%	40%	44% d	23%	26%	42% a	42%	35%
I neither enjoyed it nor didn't enjoy it (3.0)	28	-	1	9	8	6	2	1	1	24	4	6	10	5	7	4	17	5	2
	13%	-	6%	31% deij	11%	12%	9%	12%	3%	15%	7%	15%	15%	8%	16%	8%	22% ac	9%	6%
I didn't enjoy it much (2.0)	5	-	-	2	3	1	-	-	-	5	-	1	4	1	-	2	1	3	-
	2%	-	-	5%	5%	1%	-	-	-	3%	-	2%	6%	1%	-	4%	1%	5%	-
I didn't enjoy it at all (1.0)	5	-	-	2	1	3	-	-	-	5	-	3	2	-	-	-	2	2	1
	2%	-	-	5%	1%	5%	-	-	-	3%	-	9% cd	2%	-	-	-	2%	4%	3%
Don't know	2	-	-	1	1	-	-	-	-	2	-	-	1	-	-	-	-	1	-
	1%	-	-	4%	1%	-	-	-	-	1%	-	-	2%	-	-	-	-	2%	-
NET: Enjoyed	175	2	11	17	56	41	21	6	21	125	48	28	51	56	37	45	56	50	22
	81%	100%	94%	55%	82% c	81% c	91%	88%	97%	77% c	93% ci	74%	75%	91% ab	84%	89% b	74%	81%	91%
NET: Didn't enjoy	10	-	-	3	4	3	-	-	-	10	-	4	6	1	-	2	3	5	1
	5%	-	-	10% j	6%	7%	-	-	-	6%	-	11% cd	8% d	1%	-	4%	3%	8%	3%
Base for stats	213	2	12	29	67	51	23	7	22	159	52	38	66	62	44	51	76	60	25
Mean Score	4.19	5.00	4.51	3.63	4.21 c	4.01	4.47	4.40	4.71	4.06 c	4.56 cdei	3.91	4.01	4.37 ab	4.46 ab	4.48 bc	4.00	4.10	4.40
Standard Deviation	.924	-	.634	1.074	.904	.999	.670	.743	.532	.974	.625	1.187	.995	.686	.757	.796	.901	1.020	.873
Standard Error	.061	-	.176	.187	.107	.139	.131	.263	.113	.075	.084	.193	.117	.084	.109	.106	.100	.132	.165
Error variance	*	-	.03	.03	.01	.02	.02	.07	.01	.01	.01	.04	.01	.01	.01	.01	.01	.02	.03

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.23. Outdoor swimming pools: How much did you enjoy your activity at this facility or location?
BASE: All who used Outdoor swimming pools in the past week

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		230	126	61	43
Total		215	119	56	40
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	95	60	18	16
		44%	51%	33%	40%
			b		
I somewhat enjoyed it	(4.0)	80	47	19	14
		37%	39%	35%	35%
I neither enjoyed it nor didn't enjoy it	(3.0)	28	8	14	6
		13%	7%	25%	15%
				a	
I didn't enjoy it much	(2.0)	5	1	3	1
		2%	1%	6%	2%
				a	
I didn't enjoy it at all	(1.0)	5	2	-	3
		2%	1%	-	8%
					ab
Don't know		2	1	1	-
		1%	1%	1%	-
NET: Enjoyed		175	107	38	30
		81%	90%	68%	75%
			bc		
NET: Didn't enjoy		10	3	3	4
		5%	2%	6%	10%
					a
Base for stats		213	118	55	40
Mean Score		4.19	4.38	3.96	3.97
			bc		
Standard Deviation		.924	.777	.923	1.185
Standard Error		.061	.070	.119	.181
Error variance		*	*	.01	.03

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	*c	*a	b	*c	*d	e	*f	g	h	*i
Unweighted Total		260	109	149	138	93	29	12	39	23	28	30	17	43	51	17
Total		242	97	143	116	90	36	10	38	24	22	22	21	42	45	18
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	45	75	50	44	26	4	20	11	11	10	10	20	23	12
		50%	46%	53%	43%	49%	73%	38%	51%	47%	49%	45%	47%	47%	52%	68%
I somewhat enjoyed it	(4.0)	77	35	42	36	34	7	4	10	6	5	6	7	17	17	6
		32%	36%	29%	31%	38%	18%	44%	27%	24%	23%	26%	31%	39%	38%	32%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	12	13	17	6	2	1	5	4	3	2	2	5	3	-
		10%	13%	9%	15%	7%	4%	9%	14%	16%	16%	10%	11%	11%	6%	-
I didn't enjoy it much	(2.0)	14	3	11	9	3	2	1	3	2	1	3	2	-	2	-
		6%	3%	7%	8%	3%	4%	9%	8%	7%	4%	11% g	11%	-	4%	-
I didn't enjoy it at all	(1.0)	3	1	1	2	1	-	-	-	1	1	1	-	-	-	-
		1%	1%	1%	2%	1%	-	-	-	5%	4%	3%	-	-	-	-
Don't know		3	1	1	1	2	-	-	-	-	1	1	-	1	-	-
		1%	1%	1%	1%	2%	-	-	-	-	4%	5%	-	2%	-	-
NET: Enjoyed		198	79	117	87	78	33	8	30	17	16	16	17	36	40	18
		82%	82%	82%	75%	87% a	91%	82%	78%	71%	73%	71%	79%	87%	90% e	100%
NET: Didn't enjoy		16	4	12	11	4	2	1	3	3	2	3	2	-	2	-
		7%	5%	8%	9%	4%	4%	9%	8%	13%	8%	14% g	11%	-	4%	-
Base for stats		239	96	142	115	88	36	10	38	24	21	21	21	41	45	18
Mean Score		4.25	4.23	4.26	4.08	4.34 a	4.60	4.10	4.21	4.01	4.15	4.04	4.15	4.37	4.38	4.68
Standard Deviation		.936	.897	.965	1.027	.822	.779	.961	.981	1.206	1.105	1.175	1.015	.689	.794	.479
Standard Error		.058	.086	.079	.088	.086	.145	.277	.157	.251	.213	.218	.246	.106	.111	.116
Error variance		*	.01	.01	.01	.01	.02	.08	.02	.06	.05	.05	.06	.01	.01	.01

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Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			*a	b	c	d	e	*f	g	h	a	*b	*c	*d	*e	*f	g
Unweighted Total		260	29	59	62	52	32	26	150	110	198	10	22	22	3	1	58
Total		242	27	57	57	46	28	26	141	101	188	9	19	19	3	1	50
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	13	29	24	22	16	16	66	54	96	5	11	7	1	1	24
		50%	49%	51%	43%	48%	56%	63%	47%	54%	51%	55%	57%	35%	33%	100%	48%
I somewhat enjoyed it	(4.0)	77	7	14	22	16	10	7	43	34	63	2	4	9	-	-	14
		32%	25%	25%	39%	35%	37%	27%	31%	33%	33%	25%	19%	47%	-	-	29%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	5	7	3	6	2	2	15	10	17	2	4	3	-	-	8
		10%	19%	12%	6%	13%	7%	7%	11%	10%	9%	20%	21%	15%	-	-	17%
I didn't enjoy it much	(2.0)	14	-	5	5	2	-	1	11	3	9	-	1	-	2	-	2
		6%	-	9%	9%	5%	-	3%	7%	3%	5%	-	3%	-	67%	-	5%
I didn't enjoy it at all	(1.0)	3	2	1	-	-	-	-	3	-	2	-	-	1	-	-	1
		1%	7%	1%	-	-	-	-	2%	-	1%	-	-	3%	-	-	1%
Don't know		3	-	1	2	-	-	-	3	-	2	-	-	-	-	-	-
		1%	-	2%	3%	-	-	-	2%	-	1%	-	-	-	-	-	-
NET: Enjoyed		198	20	43	47	38	26	24	110	88	158	7	14	15	1	1	38
		82%	74%	76%	82%	82%	93%	90%	78%	87%	84%	80%	76%	82%	33%	100%	77%
							b			g							
NET: Didn't enjoy		16	2	6	5	2	-	1	13	3	11	-	1	1	2	-	3
		7%	7%	11%	9%	5%	-	3%	9%	3%	6%	-	3%	3%	67%	-	6%
				h					h								
Base for stats		239	27	56	55	46	28	26	139	101	187	9	19	19	3	1	50
Mean Score		4.25	4.09	4.16	4.19	4.25	4.49	4.50	4.16	4.38	4.29	4.35	4.30	4.11	2.98	5.00	4.17
Standard Deviation		.936	1.156	1.065	.926	.871	.638	.759	1.024	.785	.908	.845	.922	.915	1.749	-	.974
Standard Error		.058	.215	.140	.120	.121	.113	.149	.084	.075	.065	.267	.196	.195	1.010	-	.128
Error variance		*	.05	.02	.01	.01	.01	.02	.01	.01	*	.07	.04	.04	1.02	-	.02

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Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	*a	*b	c	d	*e	*f	*g	*h	*i	*j	k
Unweighted Total		260	122	56	56	112	10	26	98	49	10	5	13	25	10	14	36
Total		242	104	60	57	117	9	24	91	44	9	5	12	19	9	20	33
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	56	30	27	57	5	15	46	23	2	3	3	8	1	16	19
		50%	54%	49%	47%	48%	52%	62%	51%	52%	24%	55%	22%	43%	9%	80%	59%
I somewhat enjoyed it	(4.0)	77	32	23	16	39	3	6	35	12	2	-	5	6	5	2	9
		32%	30%	38%	28%	33%	36%	26%	39%	27%	22%	-	39%	30%	60%	12%	29%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	10	5	7	12	1	3	8	4	1	2	2	1	2	2	4
		10%	10%	8%	13%	10%	12%	12%	8%	8%	8%	34%	19%	7%	23%	8%	12%
I didn't enjoy it much	(2.0)	14	5	2	5	7	-	-	2	3	3	1	2	2	1	-	-
		6%	4%	3%	8%	6%	-	-	2%	6%	37%	11%	20%	10%	8%	-	-
										c							
I didn't enjoy it at all	(1.0)	3	1	1	1	2	-	-	-	2	1	-	-	-	-	-	-
		1%	1%	1%	2%	2%	-	-	-	4%	9%	-	-	-	-	-	-
Don't know		3	1	-	1	1	-	-	-	1	-	-	-	2	-	-	-
		1%	1%	-	2%	1%	-	-	-	2%	-	-	-	10%	-	-	-
NET: Enjoyed		198	88	53	43	96	8	21	81	35	4	3	8	14	6	18	29
		82%	84%	88%	75%	82%	88%	88%	89%	79%	46%	55%	62%	73%	69%	92%	88%
NET: Didn't enjoy		16	5	3	6	9	-	-	2	5	4	1	2	2	1	-	-
		7%	5%	4%	10%	7%	-	-	2%	10%	46%	11%	20%	10%	8%	-	-
										ck							
Base for stats		239	103	60	56	117	9	24	91	44	9	5	12	18	9	20	33
Mean Score		4.25	4.33	4.32	4.11	4.22	4.40	4.49	4.38	4.19	3.15	3.98	3.64	4.18	3.71	4.72	4.47
Standard Deviation		.936	.879	.852	1.073	.966	.736	.722	.736	1.117	1.465	1.291	1.082	1.008	.783	.618	.716
Standard Error		.058	.080	.114	.145	.092	.233	.142	.074	.161	.463	.577	.300	.210	.248	.165	.119
Error variance		*	.01	.01	.02	.01	.05	.02	.01	.03	.21	.33	.09	.04	.06	.03	.01

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Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	*c	*d	e	f	a	b	c	*d	e	f	*a	b	c	*d	e
Unweighted Total		260	80	57	26	15	83	95	77	60	33	11	93	88	29	118	94	19	231
Total		242	75	53	23	14	76	88	71	55	30	11	85	82	27	110	89	16	215
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	40	27	9	6	37	46	38	26	13	7	39	45	16	55	42	8	104
		50%	53%	52%	40%	45%	48%	52%	53%	48%	44%	67%	47%	55%	61%	50%	48%	46%	49%
I somewhat enjoyed it	(4.0)	77	26	18	9	2	26	28	28	18	7	2	25	30	8	37	31	1	69
		32%	35%	33%	38%	12%	35%	32%	39%	33%	22%	19%	29%	36%	28%	34%	35%	9%	32%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	5	4	3	3	8	8	3	6	6	1	11	4	2	12	6	5	23
		10%	6%	8%	15%	22%	10%	9%	4%	11%	18%	13%	14%	5%	8%	11%	7%	32%	11%
											af		a						
I didn't enjoy it much	(2.0)	14	2	2	1	3	3	5	-	4	4	-	8	-	1	3	8	2	13
		6%	3%	5%	4%	21%	4%	6%	-	8%	13%	-	10%	-	4%	3%	9%	10%	6%
										af	af		af						
I didn't enjoy it at all	(1.0)	3	1	1	1	-	2	1	2	-	1	-	1	2	-	2	-	1	3
		1%	1%	2%	3%	-	2%	1%	3%	-	2%	-	1%	2%	-	2%	-	4%	1%
Don't know		3	1	-	-	-	-	1	1	-	-	-	-	1	-	1	2	-	3
		1%	1%	-	-	-	-	1%	1%	-	-	-	-	1%	-	1%	2%	-	1%
NET: Enjoyed		198	66	45	18	8	63	74	65	44	20	9	64	75	24	92	73	9	174
		82%	88%	85%	78%	57%	83%	84%	92%	81%	66%	87%	76%	91%	89%	83%	83%	55%	81%
									ce					ce					
NET: Didn't enjoy		16	3	4	2	3	5	6	2	4	5	-	9	2	1	5	8	2	15
		7%	4%	7%	7%	21%	7%	7%	3%	8%	15%	-	11%	2%	4%	5%	9%	13%	7%
											af		af						
Base for stats		239	74	53	23	14	76	87	70	55	30	11	85	81	27	109	87	16	212
Mean Score		4.25	4.38	4.27	4.08	3.80	4.21	4.29	4.41	4.21	3.93	4.54	4.11	4.43	4.46	4.27	4.24	3.84	4.23
									ce					ce					
Standard Deviation		.936	.827	.969	.997	1.263	.974	.923	.824	.940	1.178	.752	1.033	.812	.801	.914	.925	1.258	.950
Standard Error		.058	.093	.128	.196	.326	.107	.095	.095	.121	.205	.227	.107	.087	.149	.084	.096	.289	.063
Error variance		*	.01	.02	.04	.11	.01	.01	.01	.01	.04	.05	.01	.01	.02	.01	.01	.08	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?
BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		260	84	138	59	45	14	144	106	10	212	48	209	45
Total		242	80	127	55	44	12	133	100	9	200	42	196	40
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	33	70	24	26	4	68	49	4	102	18	107	12
		50%	41%	55%	43%	60%	30%	51%	49%	39%	51%	44%	54%	31%
													b	
I somewhat enjoyed it	(4.0)	77	24	44	18	13	2	48	27	6	63	14	64	12
		32%	30%	34%	33%	30%	18%	36%	27%	61%	32%	32%	32%	30%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	12	9	7	4	3	11	13	-	23	2	19	6
		10%	15%	7%	12%	8%	23%	8%	13%	-	11%	5%	9%	15%
			b											
I didn't enjoy it much	(2.0)	14	8	3	5	1	3	4	8	-	8	5	4	8
		6%	11%	2%	9%	1%	23%	3%	8%	-	4%	12%	2%	21%
			b		d				d			a		a
I didn't enjoy it at all	(1.0)	3	2	1	1	-	1	1	2	-	-	3	1	1
		1%	3%	*	2%	-	5%	1%	2%	-	-	6%	1%	4%
												a		
Don't know		3	-	2	-	-	-	2	-	-	3	-	2	-
		1%	-	1%	-	-	-	1%	-	-	1%	-	1%	-
NET: Enjoyed		198	57	114	42	39	6	116	76	9	166	32	170	24
		82%	72%	89%	76%	90%	48%	87%	76%	100%	83%	76%	87%	61%
				a				e					b	
NET: Didn't enjoy		16	10	3	6	1	3	4	10	-	8	8	5	10
		7%	13%	2%	11%	1%	28%	3%	10%	-	4%	19%	3%	24%
			b		d				d			a		a
Base for stats		239	80	126	55	44	12	131	100	9	197	42	194	40
Mean Score		4.25	3.97	4.43	4.06	4.49	3.45	4.36	4.13	4.39	4.32	3.95	4.39	3.64
				a		ae		a			b		b	
Standard Deviation		.936	1.111	.754	1.067	.714	1.328	.799	1.060	.516	.842	1.260	.800	1.230
Standard Error		.058	.121	.065	.139	.106	.355	.067	.103	.163	.058	.182	.056	.183
Error variance		*	.01	*	.02	.01	.13	*	.01	.03	*	.03	*	.03

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?
BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Number of days active										Life satisfaction score				Covid-19 related worries			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			*a	*b	c	d	e	f	*g	*h	i	j	a	b	c	d	a	b	c	*d
Unweighted Total		260	10	14	55	51	44	47	13	26	164	86	53	91	79	33	60	80	88	29
Total		242	8	12	49	45	44	44	12	28	150	83	48	82	78	32	55	75	83	27
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	4	6	16	22	24	24	9	16	68	49	17	36	47	20	31	28	47	15
		50%	45%	51%	33%	48%	55% c	56% c	73%	56%	46%	58% c	37%	44%	60% ab	62% a	56% b	37%	57% b	56%
I somewhat enjoyed it	(4.0)	77	2	4	20	16	10	14	3	8	50	25	19	30	19	9	15	29	25	8
		32%	19%	32%	42%	35%	24%	31%	27%	30%	34%	30%	39%	37%	25%	28%	26%	38%	30%	29%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	3	2	8	6	2	5	-	-	18	5	9	6	7	3	7	6	8	3
		10%	36%	12%	16% j	13%	6%	10%	-	-	12%	6%	19% b	8%	9%	9%	13%	8%	10%	12%
I didn't enjoy it much	(2.0)	14	-	1	2	2	6	1	-	3	10	4	-	9	4	-	1	10	2	-
		6%	-	5%	3%	4%	13%	2%	-	9%	7%	4%	-	11% a	5%	-	2%	13% ac	3%	-
I didn't enjoy it at all	(1.0)	3	-	-	2	-	-	-	-	1	2	1	1	-	1	-	1	2	-	-
		1%	-	-	4%	-	-	-	-	2%	1%	1%	3%	-	2%	-	1%	3%	-	-
Don't know		3	-	-	1	-	1	-	-	1	2	1	1	1	-	-	1	-	-	1
		1%	-	-	2%	-	2%	-	-	3%	1%	1%	2%	1%	-	-	2%	-	-	3%
NET: Enjoyed		198	5	10	37	38	34	38	12	24	119	74	36	66	66	29	46	57	72	23
		82%	64%	83%	75%	83%	79%	87%	100%	85%	79%	88% c	76%	80%	85%	91%	83%	76%	87%	85%
NET: Didn't enjoy		16	-	1	4	2	6	1	-	3	12	4	1	9	5	-	2	12	2	-
		7%	-	5%	7%	4%	13%	2%	-	12%	8%	5%	3%	11%	7%	-	3%	16% ac	3%	-
Base for stats		239	8	12	48	45	43	44	12	27	148	82	47	81	78	32	55	75	83	26
Mean Score		4.25	4.10	4.29	3.98	4.27	4.23	4.41 c	4.73	4.31	4.17	4.42 ci	4.10	4.15	4.36	4.53 ab	4.36 b	3.95	4.41 b	4.46
Standard Deviation		.936	.953	.893	1.017	.850	1.068	.776	.464	1.056	.974	.848	.905	.975	.957	.673	.887	1.111	.791	.714
Standard Error		.058	.301	.239	.138	.119	.163	.113	.129	.211	.077	.092	.126	.103	.108	.117	.115	.124	.084	.135
Error variance		*	.09	.06	.02	.01	.03	.01	.02	.04	.01	.01	.02	.01	.01	.01	.01	.02	.01	.02

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Q6J2.24. Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites): How much did you enjoy your activity at this facility or location?

BASE: All who used Other bookable outdoor spaces (e.g. urban parks, country parks, heritage sites) in the past week

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		260	114	67	76
Total		242	104	64	70
		100%	100%	100%	100%
I enjoyed it a lot	(5.0)	121	59	31	31
		50%	56%	48%	44%
I somewhat enjoyed it	(4.0)	77	33	21	24
		32%	31%	32%	34%
I neither enjoyed it nor didn't enjoy it	(3.0)	25	7	7	11
		10%	7%	10%	15%
I didn't enjoy it much	(2.0)	14	5	3	4
		6%	5%	5%	5%
I didn't enjoy it at all	(1.0)	3	-	3	-
		1%	-	4%	-
				a	
Don't know		3	1	-	1
		1%	1%	-	1%
NET: Enjoyed		198	92	52	55
		82%	88%	80%	78%
NET: Didn't enjoy		16	5	6	4
		7%	5%	9%	5%
Base for stats		239	104	64	69
Mean Score		4.25	4.41	4.15	4.19
Standard Deviation		.936	.818	1.078	.892
Standard Error		.058	.077	.132	.103
Error variance		*	.01	.02	.01

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Q8. SUMMARY: How much do you agree or disagree with each of these statements today?
BASE: All respondents

	Total	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
I feel that I have the ability to be physically active	2053	486	945	329	167	108	17	1431	275
	100%	24%	46%	16%	8%	5%	1%	70%	13%
I feel that I have the opportunity to be physically active	2053	506	919	366	143	103	15	1426	246
	100%	25%	45%	18%	7%	5%	1%	69%	12%
It is important to me to exercise regularly	2053	548	844	392	166	84	19	1392	250
	100%	27%	41%	19%	8%	4%	1%	68%	12%
I find exercise enjoyable and satisfying	2053	449	755	443	231	161	14	1204	392
	100%	22%	37%	22%	11%	8%	1%	59%	19%
I feel guilty when I don't exercise	2053	344	755	483	312	142	17	1099	454
	100%	17%	37%	24%	15%	7%	1%	54%	22%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	486	224	261	185	178	123	25	68	40	53	42	40	80	92	45
		24%	22%	25%	30% c	26% c	16%	26%	26% f	20%	25%	24%	18%	25%	28% cf	22%
Agree	(4.0)	945	457	487	289	322	334	51	120	95	107	80	113	146	135	98
		46%	46%	47%	47%	48%	44%	51% h	45%	47%	50% h	45%	50% h	45%	40%	47%
Neither agree nor disagree	(3.0)	329	164	164	89	92	148	16	28	40	25	29	44	55	54	39
		16%	16%	16%	14%	14%	19% ab	17%	11%	20% bd	12%	16%	19% bd	17% b	16% b	18% bd
Disagree	(2.0)	167	90	76	29	49	90	4	27	19	16	14	15	26	34	14
		8%	9%	7%	5%	7% a	12% ab	4%	10% a	9%	7%	8%	6%	8%	10% a	6%
Strongly disagree	(1.0)	108	62	45	20	26	61	2	19	6	13	11	16	13	16	12
		5%	6%	4%	3%	4%	8% ab	2%	7% c	3%	6%	6%	7%	4%	5%	6%
Don't know		17	6	11	6	7	5	-	4	2	1	2	-	4	3	2
		1%	1%	1%	1%	1%	1%	-	2%	1%	1%	1%	-	1%	1%	1%
NET: Agree		1431	681	747	474	500	457	76	188	135	160	122	153	226	227	144
		70%	68%	72%	77% c	74% c	60%	77%	70%	67%	75%	69%	67%	70%	68%	69%
NET: Disagree		275	152	122	49	75	151	6	47	24	28	24	31	39	50	26
		13%	15% b	12%	8%	11% a	20% ab	6%	17% a	12%	13%	14% a	13% a	12%	15% a	12%
Base for stats		2036	997	1033	613	667	755	98	263	200	214	175	227	319	332	208
Mean Score		3.75	3.69	3.81 a	3.96 c	3.86 c	3.49	3.94 f	3.73	3.72	3.81	3.73	3.65	3.80	3.76	3.73
Standard Deviation		1.070	1.104	1.034	.968	1.017	1.140	.894	1.171	.983	1.077	1.093	1.064	1.035	1.115	1.057
Standard Error		.024	.035	.032	.036	.038	.046	.085	.071	.072	.067	.077	.081	.058	.060	.080
Error variance		*	*	*	*	*	*	.01	.01	.01	*	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	486	60	139	117	53	48	68	317	169	389	16	42	21	6	5	89
		24%	32%	32%	25%	21%	22%	14%	29%	18%	22%	27%	32%	27%	36%	39%	30%
			defh	cdefh	fh	f	f		dfh				a				a
Agree	(4.0)	945	86	222	229	126	99	183	537	408	802	25	60	39	7	6	137
		46%	45%	50%	48%	50%	46%	39%	48%	43%	46%	45%	46%	50%	46%	44%	47%
				fh	f	f			fh								
Neither agree nor disagree	(3.0)	329	21	43	81	43	40	102	145	184	280	9	21	10	3	2	45
		16%	11%	10%	17%	17%	19%	21%	13%	20%	16%	16%	16%	13%	18%	16%	15%
					bg	b	abg	abg		abg							
Disagree	(2.0)	167	11	24	35	25	16	56	69	98	151	4	7	3	-	-	14
		8%	6%	5%	7%	10%	8%	12%	6%	10%	9%	8%	5%	4%	-	-	5%
						bg		abcg		abg	g						
Strongly disagree	(1.0)	108	7	11	15	7	10	59	32	75	104	-	1	3	-	-	4
		5%	3%	2%	3%	3%	5%	12%	3%	8%	6%	-	*	4%	-	-	1%
								abcdegh		abcdg	bcg						
Don't know		17	5	2	1	1	2	6	8	10	8	2	2	1	-	-	5
		1%	2%	*	*	1%	1%	1%	1%	1%	*	4%	1%	2%	-	-	2%
			bcg					c					a				a
NET: Agree		1431	146	362	346	179	147	251	854	577	1191	41	102	60	13	11	226
		70%	77%	82%	72%	70%	68%	53%	77%	61%	69%	72%	77%	77%	82%	84%	77%
			efh	cdefgh	fh	fh	fh		defh	f			a				a
NET: Disagree		275	18	35	50	32	26	115	102	173	255	4	7	7	-	-	18
		13%	9%	8%	10%	12%	12%	24%	9%	18%	15%	8%	6%	8%	-	-	6%
						b		abcdegh		abcdeg	cg						
Base for stats		2036	185	440	476	253	214	468	1101	935	1726	54	130	77	16	13	289
Mean Score		3.75	3.99	4.04	3.84	3.76	3.74	3.31	3.94	3.53	3.71	3.96	4.04	3.93	4.18	4.23	4.01
			defh	cdefh	fh	fh	fh		cdefh	f			a				a
Standard Deviation		1.070	1.001	.925	.982	.979	1.041	1.225	.967	1.142	1.093	.886	.855	.974	.739	.741	.882
Standard Error		.024	.073	.045	.045	.058	.067	.061	.029	.037	.027	.115	.071	.105	.179	.198	.049
Error variance		*	.01	*	*	*	*	*	*	*	*	.01	.01	.01	.03	.04	*

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Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	486	257	105	98	203	17	39	215	59	15	12	22	31	23	54	55
		24%	20%	30%	29%	30%	32%	35%	29%	23%	23%	23%	20%	30%	14%	13%	34%
				a	a	a	ij	dgij	dgij	ij				ij			dgij
Agree	(4.0)	945	577	161	165	326	21	50	361	129	29	28	46	51	54	177	71
		46%	46%	46%	49%	48%	40%	45%	49%	50%	44%	55%	41%	50%	33%	44%	43%
								i	i	i		i		i			i
Neither agree nor disagree	(3.0)	329	223	43	43	86	8	11	97	42	11	6	20	12	38	82	20
		16%	18%	12%	13%	12%	16%	10%	13%	16%	17%	12%	18%	12%	24%	20%	12%
			bcd												bchk	bchk	
Disagree	(2.0)	167	112	25	20	46	4	7	40	22	9	1	13	5	17	48	12
		8%	9%	7%	6%	7%	8%	7%	5%	9%	13%	1%	12%	5%	11%	12%	7%
											cfh		cfh		cf	cfh	
Strongly disagree	(1.0)	108	82	13	8	21	3	3	17	5	1	4	6	2	28	40	5
		5%	7%	4%	2%	3%	5%	2%	2%	2%	1%	7%	6%	2%	17%	10%	3%
			cd									cdh	c		abcdeghjk	bcdehk	
Don't know		17	9	3	1	4	-	1	3	1	1	1	3	2	2	4	1
		1%	1%	1%	*	1%	-	1%	*	*	2%	1%	3%	2%	2%	1%	*
													cd				
NET: Agree		1431	835	266	263	529	38	89	576	188	43	40	68	82	77	231	126
		70%	66%	76%	78%	77%	71%	80%	79%	73%	67%	78%	61%	80%	47%	57%	77%
				a	a	a	ij	egij	degij	gij	i	gij	i	egij		i	gij
NET: Disagree		275	194	38	28	66	7	10	58	28	9	5	20	6	45	88	17
		13%	15%	11%	8%	10%	13%	9%	8%	11%	14%	9%	18%	6%	28%	22%	10%
			bcd										bch		abcdefghk	bcdfhk	
Base for stats		2036	1251	347	334	681	53	110	731	258	64	50	108	100	160	401	163
Mean Score		3.75	3.65	3.92	3.98	3.95	3.85	4.04	3.98	3.83	3.76	3.86	3.59	4.05	3.17	3.39	3.98
				a	a	a	ij	dgij	dgij	gij	ij	ij	i	degij			gij
Standard Deviation		1.070	1.101	1.026	.934	.981	1.111	.972	.928	.951	.993	1.046	1.125	.870	1.301	1.160	1.020
Standard Error		.024	.031	.057	.053	.039	.146	.089	.033	.058	.120	.151	.102	.077	.102	.069	.077
Error variance		*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	.01

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Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	486	171	101	38	14	139	185	188	88	39	10	127	198	77	229	146	34	409
		24%	28%	29%	23%	30%	27%	28%	29%	31%	20%	28%	27%	28%	23%	22%	26%	34%	24%
									c	c				c			b	abe	
Agree	(4.0)	945	307	159	82	19	241	326	335	126	89	21	214	356	127	500	277	41	818
		46%	51%	46%	49%	41%	47%	50%	51%	45%	46%	56%	46%	51%	37%	48%	50%	41%	48%
																a	a		a
Neither agree nor disagree	(3.0)	329	74	53	25	7	77	81	78	42	37	4	80	81	70	161	83	15	259
		16%	12%	15%	15%	16%	15%	12%	12%	15%	20%	9%	17%	12%	21%	15%	15%	15%	15%
											af		af		bce				
Disagree	(2.0)	167	37	22	15	4	37	41	43	17	16	2	33	45	33	96	31	6	134
		8%	6%	6%	9%	9%	7%	6%	7%	6%	8%	5%	7%	6%	10%	9%	6%	6%	8%
															c	c			
Strongly disagree	(1.0)	108	12	10	4	1	14	13	12	7	7	1	14	13	29	59	16	3	79
		5%	2%	3%	3%	2%	3%	2%	2%	2%	4%	3%	3%	2%	8%	6%	3%	3%	5%
															ce	c			
Don't know		17	2	1	1	1	2	2	2	-	3	-	3	2	4	7	6	1	14
		1%	*	*	1%	2%	*	*	*	-	1%	-	1%	*	1%	1%	1%	1%	1%
											abf								
NET: Agree		1431	479	259	120	33	379	511	523	214	127	31	341	554	204	730	423	74	1227
		70%	79%	75%	72%	72%	74%	79%	80%	76%	67%	83%	72%	80%	60%	69%	76%	74%	72%
			e						ce	c		c		ce		a	ab	a	a
NET: Disagree		275	50	32	20	5	51	55	55	24	23	3	47	58	62	156	47	10	213
		13%	8%	9%	12%	11%	10%	8%	8%	9%	12%	7%	10%	8%	18%	15%	8%	10%	12%
															cde	c			c
Base for stats		2036	602	344	165	45	508	647	656	280	188	38	468	694	336	1046	554	99	1699
Mean Score		3.75	3.98	3.93	3.82	3.90	3.89	3.97	3.98	3.97	3.72	4.01	3.87	3.98	3.57	3.71	3.91	3.96	3.79
			c						c	c				ce		a	abe	ab	a
Standard Deviation		1.070	.917	.979	.983	1.020	.981	.924	.915	.964	1.007	.901	.988	.914	1.191	1.081	.947	1.030	1.041
Standard Error		.024	.036	.052	.075	.147	.043	.035	.035	.056	.073	.141	.045	.034	.066	.034	.039	.099	.025
Error variance		*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	486	104	295	72	51	16	349	128	11	383	103	420	62
	24%	26%	23%	22%	12%	19%	27%	18%	11%	24%	24%	24%	20%
				bf			abef	b					
Agree (4.0)	945	176	625	141	138	31	653	268	36	762	183	805	137
	46%	44%	49%	43%	33%	36%	51%	37%	36%	47%	43%	47%	45%
				b			abcef						
Neither agree nor disagree (3.0)	329	64	185	50	82	18	186	131	17	261	69	271	53
	16%	16%	15%	15%	20%	21%	15%	18%	17%	16%	16%	16%	18%
					d			d					
Disagree (2.0)	167	31	100	32	68	13	69	93	17	125	42	140	23
	8%	8%	8%	10%	16%	15%	5%	13%	17%	8%	10%	8%	8%
				d	ad	d		d	ad				
Strongly disagree (1.0)	108	17	62	32	71	6	18	88	19	87	21	84	24
	5%	4%	5%	10%	17%	7%	1%	12%	20%	5%	5%	5%	8%
				d	acde	d		d	acde				a
Don't know	17	6	4	3	4	2	4	9	-	13	5	10	4
	1%	1%	*	1%	1%	2%	*	1%	-	1%	1%	1%	1%
		b				d		d					
NET: Agree	1431	279	920	213	189	47	1002	396	46	1145	286	1225	199
	70%	70%	72%	65%	46%	55%	78%	55%	46%	70%	68%	71%	66%
				bef			abcef	b					
NET: Disagree	275	48	163	63	139	19	87	182	36	212	63	224	47
	13%	12%	13%	19%	34%	22%	7%	25%	36%	13%	15%	13%	16%
				d	acde	d		ad	acde				
Base for stats	2036	391	1267	327	409	83	1276	709	100	1618	417	1719	300
Mean Score	3.75	3.81	3.78	3.58	3.08	3.47	3.98	3.36	3.01	3.76	3.73	3.78	3.63
				bef		bf	abcef	bf				b	
Standard Deviation	1.070	1.052	1.044	1.210	1.301	1.172	.875	1.267	1.323	1.065	1.091	1.057	1.134
Standard Error	.024	.052	.029	.064	.066	.123	.025	.047	.130	.026	.055	.026	.064
Error variance	*	*	*	*	*	.02	*	*	.02	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	486	24	26	55	92	95	60	30	105	268	195	99	125	155	102	163	115	133	70
	24%	6%	14%	18%	23%	36%	28%	39%	47%	23%	38%	21%	22%	21%	40%	27%	22%	21%	27%
			a	a	ab	abcdi	abc	abcdi	abcdefij	ab	abcdfi				abc	c			c
Agree (4.0)	945	119	93	160	202	126	116	42	88	582	245	192	264	374	105	299	244	311	83
	46%	30%	51%	53%	50%	48%	55%	54%	40%	51%	48%	40%	47%	52%	41%	49%	47%	49%	32%
			ah	ah	ah	a	ah	ah	a	ah	ah		a	ad		d	d	d	
Neither agree nor disagree (3.0)	329	102	38	46	74	25	22	3	18	184	43	82	96	115	30	76	89	104	52
	16%	26%	21%	15%	19%	9%	11%	4%	8%	16%	8%	17%	17%	16%	12%	12%	17%	16%	20%
		cdefghij	efghj	eghj	efghj					efghj							a	a	a
Disagree (2.0)	167	75	12	26	24	12	10	2	7	74	18	51	51	49	12	41	46	51	25
	8%	19%	7%	9%	6%	4%	5%	2%	3%	6%	4%	11%	9%	7%	5%	7%	9%	8%	10%
		bcdefghij		eghj						j		cd	d						
Strongly disagree (1.0)	108	70	12	11	5	4	2	-	3	32	5	55	24	23	5	29	22	31	23
	5%	18%	6%	4%	1%	1%	1%	-	1%	3%	1%	11%	4%	3%	2%	5%	4%	5%	9%
		bcdefghij	defghij	dj						j		bcd							abc
Don't know	17	6	1	2	3	1	2	1	1	7	4	4	2	5	1	4	1	4	3
	1%	2%	1%	1%	1%	*	1%	1%	*	1%	1%	1%	*	1%	*	1%	*	1%	1%
NET: Agree	1431	142	119	215	294	221	175	72	193	849	440	291	389	529	207	462	358	444	153
	70%	36%	65%	71%	73%	84%	83%	93%	87%	74%	86%	60%	69%	73%	81%	76%	69%	70%	60%
			a	a	ab	abcdi	abcdi	abcdefi	abcdi	ab	abcdi		a	a	abc	bcd	d	d	
NET: Disagree	275	146	24	37	29	15	12	2	10	106	23	106	74	73	17	70	68	82	48
	13%	37%	13%	12%	7%	6%	6%	2%	4%	9%	5%	22%	13%	10%	7%	11%	13%	13%	19%
		bcdefghij	defghj	defghj						ghj		bcd	d						abc
Base for stats	2036	390	182	299	397	261	210	76	220	1139	506	479	559	717	254	608	515	630	252
Mean Score	3.75	2.87	3.61	3.74	3.88	4.14	4.05	4.32	4.29	3.86	4.20	3.48	3.74	3.82	4.13	3.87	3.74	3.74	3.60
			a	abc	abcdi	abcdi	abcdi	abcdefi	abcdefi	ab	abcdfi		a	a	abc	bcd			
Standard Deviation	1.070	1.203	1.025	.983	.877	.866	.823	.647	.847	.944	.818	1.253	1.036	.957	.933	1.038	1.037	1.037	1.246
Standard Error	.024	.064	.076	.056	.043	.053	.056	.074	.058	.028	.036	.057	.043	.036	.059	.042	.046	.042	.078
Error variance	*	*	.01	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.1. I feel that I have the ability to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(5.0)	486	240	148	95
		24%	34%	19%	18%
			bc		
Agree	(4.0)	945	350	347	245
		46%	49%	44%	47%
Neither agree nor disagree	(3.0)	329	84	155	79
		16%	12%	20%	15%
				ac	
Disagree	(2.0)	167	30	76	60
		8%	4%	10%	11%
				a	a
Strongly disagree	(1.0)	108	12	54	42
		5%	2%	7%	8%
				a	a
Don't know		17	-	8	4
		1%	-	1%	1%
				a	a
NET: Agree		1431	590	495	340
		70%	82%	63%	65%
			bc		
NET: Disagree		275	41	131	102
		13%	6%	17%	19%
				a	a
Base for stats		2036	715	781	521
Mean Score		3.75	4.09	3.59	3.56
			bc		
Standard Deviation		1.070	.871	1.111	1.152
Standard Error		.024	.032	.041	.050
Error variance		*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	506	242	263	175	183	149	25	71	48	56	42	46	85	83	51
		25%	24%	25%	28% c	27% c	20%	25%	27%	24%	26%	24%	20%	26%	25%	24%
Agree	(4.0)	919	451	465	272	301	346	50	114	87	94	76	112	154	146	88
		45%	45%	45%	44%	45%	46%	50%	43%	43%	44%	43%	49%	48%	44%	42%
Neither agree nor disagree	(3.0)	366	193	172	99	115	152	16	38	43	37	34	45	53	58	43
		18%	19%	16%	16%	17%	20%	16%	14%	21% b	17%	19%	20%	17%	17%	20%
Disagree	(2.0)	143	64	79	40	46	57	3	24	12	11	16	15	23	25	13
		7%	6%	8%	6%	7%	7%	3%	9%	6%	5%	9%	7%	7%	8%	6%
Strongly disagree	(1.0)	103	45	58	28	25	51	5	18	6	16	8	9	8	20	14
		5%	4%	6%	4%	4%	7% b	5%	7% g	3%	7% cg	4%	4%	3%	6% g	6% g
Don't know		15	9	7	5	4	6	-	3	5	1	2	-	-	2	2
		1%	1%	1%	1%	1%	1%	-	1%	3% fg	1%	1% g	-	-	1%	1%
NET: Agree		1426	693	728	447	484	495	74	185	135	150	117	157	239	229	139
		69%	69%	70%	72% c	72% c	65%	76%	69%	67%	70%	66%	69%	74%	69%	66%
NET: Disagree		246	108	137	68	71	108	8	42	18	27	23	25	31	45	26
		12%	11%	13%	11%	10%	14% b	8%	16% cg	9%	12%	13%	11%	10%	14%	12%
Base for stats		2038	994	1037	614	670	755	98	264	196	214	175	227	323	332	208
Mean Score		3.78	3.79	3.77	3.86 c	3.85 c	3.64	3.88	3.74	3.81	3.76	3.73	3.75	3.88	3.75	3.72
Standard Deviation		1.056	1.027	1.084	1.046	1.015	1.086	.991	1.151	.978	1.122	1.060	.987	.965	1.097	1.100
Standard Error		.023	.033	.033	.039	.038	.044	.095	.070	.072	.070	.075	.076	.054	.059	.083
Error variance		*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	.01

Prepared by Savanta: ComRes

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	506	59	132	122	71	39	84	313	194	414	14	39	23	5	4	86
		25%	31%	30%	26%	28%	18%	18%	28%	21%	24%	26%	30%	29%	34%	33%	29%
			efh	efh	efh	efh			efh								a
Agree	(4.0)	919	87	218	212	104	103	197	516	403	783	24	62	32	5	5	128
		45%	46%	49%	44%	41%	48%	41%	47%	43%	45%	43%	47%	41%	30%	37%	43%
				dfh													
Neither agree nor disagree	(3.0)	366	27	48	94	47	42	108	169	197	311	11	22	13	2	3	51
		18%	14%	11%	20%	19%	19%	23%	15%	21%	18%	19%	17%	16%	13%	24%	17%
					bg	b	b	abg	b	abg							
Disagree	(2.0)	143	9	32	28	19	15	40	68	74	125	5	4	4	2	1	16
		7%	5%	7%	6%	8%	7%	8%	6%	8%	7%	9%	3%	6%	16%	6%	5%
											c						
Strongly disagree	(1.0)	103	8	12	18	11	14	40	38	65	90	1	5	6	1	-	13
		5%	4%	3%	4%	4%	7%	8%	3%	7%	5%	2%	4%	7%	6%	-	4%
							bg	bcdg		bcg							
Don't know		15	-	2	3	2	2	6	5	10	11	1	-	1	-	-	2
		1%	-	*	1%	1%	1%	1%	*	1%	1%	2%	-	1%	-	-	1%
NET: Agree		1426	146	349	334	175	141	281	829	597	1197	39	101	55	10	9	214
		69%	77%	79%	70%	69%	66%	59%	75%	63%	69%	69%	77%	70%	65%	70%	72%
			efh	cdefh	fh	f			cdefh				a				
NET: Disagree		246	17	43	46	30	30	80	106	140	215	6	8	10	3	1	29
		12%	9%	10%	10%	12%	14%	17%	10%	15%	12%	11%	6%	13%	22%	6%	10%
								abcg		abcg	c						
Base for stats		2038	190	440	474	253	213	468	1104	934	1723	56	131	78	16	13	293
Mean Score		3.78	3.94	3.97	3.83	3.81	3.64	3.52	3.90	3.63	3.76	3.82	3.97	3.79	3.71	3.97	3.88
			efh	cdefh	efh	fh			efh				a				
Standard Deviation		1.056	1.016	.966	1.003	1.060	1.071	1.138	.992	1.108	1.059	.997	.947	1.154	1.292	.944	1.031
Standard Error		.023	.073	.047	.046	.063	.069	.056	.030	.036	.026	.129	.079	.124	.313	.252	.057
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.02	.10	.06	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	506	276	106	98	204	17	38	210	61	12	14	24	38	27	65	55
		25%	22%	30%	29%	30%	33%	34%	29%	24%	18%	28%	21%	37%	17%	16%	34%
				a	a	a	ij	degij	ij	j		j		degij			degij
Agree	(4.0)	919	570	149	155	304	18	51	345	124	22	30	45	42	53	189	70
		45%	45%	43%	46%	44%	35%	47%	47%	48%	34%	59%	40%	41%	33%	47%	43%
								i	ei	ei		aeghik					i
Neither agree nor disagree	(3.0)	366	246	52	47	99	11	12	111	43	19	2	25	14	40	90	23
		18%	19%	15%	14%	14%	21%	11%	15%	17%	30%	3%	22%	13%	24%	22%	14%
			cd				f		f	f	bcdfhk		bcf	f	bcdfhk	bcfhk	f
Disagree	(2.0)	143	96	22	16	38	4	7	43	19	6	2	7	7	21	28	11
		7%	8%	6%	5%	6%	8%	6%	6%	7%	10%	3%	6%	7%	13%	7%	6%
															cjk		
Strongly disagree	(1.0)	103	63	17	18	35	2	2	22	11	3	4	8	2	20	31	4
		5%	5%	5%	5%	5%	4%	2%	3%	4%	5%	7%	7%	2%	12%	8%	2%
													bchk		bcdhk	bchk	
Don't know		15	10	4	-	4	-	1	1	2	3	-	3	1	2	4	1
		1%	1%	1%	-	1%	-	1%	*	1%	5%	-	2%	1%	1%	1%	*
											cdjk		c				
NET: Agree		1426	846	255	254	509	36	89	556	185	33	44	69	79	81	254	125
		69%	67%	73%	76%	74%	68%	81%	76%	71%	52%	87%	62%	78%	50%	63%	77%
				a	a	a	i	egij	egij	eij		adegij	i	egij		i	egij
NET: Disagree		246	159	39	34	73	6	8	65	29	9	5	15	8	41	58	14
		12%	13%	11%	10%	11%	11%	7%	9%	11%	14%	10%	14%	8%	25%	14%	9%
															abcdfghjk	c	
Base for stats		2038	1251	346	335	681	53	110	732	257	62	51	109	101	161	402	163
Mean Score		3.78	3.72	3.88	3.90	3.89	3.86	4.07	3.93	3.80	3.53	3.98	3.63	4.06	3.29	3.57	4.00
				a	a	a	i	degij	egij	ij		eij	i	degij		i	degij
Standard Deviation		1.056	1.048	1.070	1.050	1.060	1.080	.915	.971	1.017	1.063	1.035	1.122	.960	1.249	1.079	.973
Standard Error		.023	.029	.059	.059	.042	.142	.084	.035	.062	.131	.148	.101	.085	.098	.064	.073
Error variance		*	*	*	*	*	.02	.01	*	*	.02	.02	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	506	166	99	40	14	139	180	190	79	40	12	119	202	86	242	146	32	420
	25%	27%	29%	24%	30%	27%	28%	29% c	28%	21%	31%	25%	29% c	25%	23%	26%	32% b	25%
Agree (4.0)	919	292	165	69	17	234	309	310	127	91	18	219	328	115	491	269	44	804
	45%	48%	48%	41%	38%	46%	48%	47%	45%	48%	47%	46%	47%	34%	47% a	48% a	44%	47% a
Neither agree nor disagree (3.0)	366	90	49	34	5	83	95	98	46	34	4	80	102	86	181	90	10	281
	18%	15%	14%	20%	11%	16%	15%	15%	16%	18%	10%	17%	15%	25% bcde	17% d	16%	10%	16%
Disagree (2.0)	143	34	21	16	5	37	39	38	18	17	3	35	40	29	77	29	7	113
	7%	6%	6%	10%	10%	7%	6%	6%	6%	9%	7%	7%	6%	9% c	7%	5%	7%	7%
Strongly disagree (1.0)	103	20	7	7	5	13	25	18	10	6	2	16	20	23	52	22	7	80
	5%	3%	2%	4%	10% abef	3%	4%	3%	4%	3%	5%	3%	3%	7%	5%	4%	7%	5%
Don't know	15	2	3	1	-	4	2	3	-	3	-	3	3	1	10	3	1	14
	1%	*	1%	*	-	1%	*	1%	-	1% b	-	1%	*	*	1%	1%	1%	1%
NET: Agree	1426	457	264	108	31	373	489	500	206	132	30	338	530	201	733	415	76	1225
	69%	76% c	77% c	65%	68%	73%	75% c	76% c	74%	69%	78%	72%	76% c	59%	70% a	74% ab	76% a	71% a
NET: Disagree	246	54	28	23	9	50	63	56	28	22	5	51	60	52	129	51	14	194
	12%	9%	8%	14% b	20% abef	10%	10%	8%	10%	12%	12%	11%	9%	15% ce	12%	9%	14%	11%
Base for stats	2038	601	341	165	46	507	647	654	280	188	38	468	692	339	1043	556	100	1699
Mean Score	3.78	3.91 c	3.97 c	3.72	3.69	3.88	3.90 c	3.94 c	3.88	3.76	3.93	3.83	3.94 c	3.63	3.76 a	3.88 ab	3.88 a	3.81 a
Standard Deviation	1.056	.972	.924	1.062	1.293	.977	.998	.958	1.011	.987	1.081	1.002	.965	1.151	1.044	.987	1.145	1.033
Standard Error	.023	.038	.049	.081	.185	.043	.038	.036	.059	.072	.169	.045	.036	.063	.033	.041	.109	.025
Error variance	*	*	*	.01	.03	*	*	*	*	.01	.03	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness							Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness		Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f		a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104		1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100		1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%		100%	100%	100%	100%
Strongly agree	(5.0)	506	94	314	83	62	17	354	141	17		417	89	438	64
		25%	24%	25%	25%	15%	20%	28%	20%	17%		26%	21%	25%	21%
					be			bef	b						
Agree	(4.0)	919	182	610	126	145	32	634	266	32		724	196	807	110
		45%	46%	48%	38%	35%	38%	50%	37%	32%		44%	46%	47%	36%
								abcef						b	
Neither agree nor disagree	(3.0)	366	68	201	65	102	17	196	156	26		286	80	293	67
		18%	17%	16%	20%	25%	20%	15%	22%	26%		18%	19%	17%	22%
						d			d	d					a
Disagree	(2.0)	143	33	78	34	55	8	57	81	15		110	33	113	28
		7%	8%	6%	10%	13%	10%	4%	11%	15%		7%	8%	7%	9%
					d	d	d		d	d					
Strongly disagree	(1.0)	103	15	62	21	45	8	36	64	10		81	22	71	30
		5%	4%	5%	6%	11%	9%	3%	9%	10%		5%	5%	4%	10%
					d	ad	d		d	d					a
Don't know		15	3	7	1	5	3	3	8	-		13	2	8	4
		1%	1%	1%	*	1%	3%	*	1%	-		1%	*	*	1%
						d	ad		d						
NET: Agree		1426	277	924	209	207	49	987	408	49		1140	285	1245	174
		69%	70%	73%	63%	50%	58%	77%	57%	49%		70%	68%	72%	57%
					bef			abcef	b					b	
NET: Disagree		246	49	140	55	100	16	93	145	25		191	55	184	58
		12%	12%	11%	17%	24%	19%	7%	20%	25%		12%	13%	11%	19%
					d	ad	d		d	d					a
Base for stats		2038	394	1264	329	409	82	1276	709	100		1618	420	1722	299
Mean Score		3.78	3.78	3.82	3.65	3.30	3.52	3.95	3.48	3.31		3.79	3.71	3.83	3.51
					bef			abcef	b					b	
Standard Deviation		1.056	1.029	1.031	1.153	1.203	1.202	.928	1.192	1.216		1.057	1.050	1.015	1.209
Standard Error		.023	.051	.029	.061	.061	.127	.026	.045	.119		.026	.052	.025	.068
Error variance		*	*	*	*	*	.02	*	*	.01		*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

						Number of days active							Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	506	28	29	55	100	85	70	29	110	270	209	99	139	164	99	171	112	147	72
	25%	7%	16%	18%	25%	33%	33%	38%	50%	24%	41%	21%	25%	23%	39%	28%	22%	23%	28%
			a	a	abc	abcdi	abcdi	abcdi	abcdefij	ab	abcdefi				abc	b			b
Agree (4.0)	919	112	94	151	203	127	96	42	93	575	232	189	244	372	106	281	231	302	96
	45%	28%	51%	50%	51%	49%	45%	55%	42%	50%	45%	39%	43%	51%	42%	46%	45%	48%	38%
			a	a	ah	a	a	ah	a	ah	a			abd		d		d	
Neither agree nor disagree (3.0)	366	115	38	65	63	36	34	5	9	202	49	96	108	120	36	89	103	123	41
	18%	29%	21%	22%	16%	14%	16%	7%	4%	18%	10%	20%	19%	17%	14%	15%	20%	19%	16%
		bcdefghij	eghj	deghj	ghj	h	ghj			ghj	h	d					a	a	
Disagree (2.0)	143	66	13	15	26	10	8	-	5	64	13	52	43	38	5	39	43	36	21
	7%	17%	7%	5%	6%	4%	4%	-	2%	6%	2%	11%	8%	5%	2%	6%	8%	6%	8%
		bcdefghij	ghj	g	ghj					ghj		cd	d	d					
Strongly disagree (1.0)	103	69	8	13	7	2	1	-	3	30	4	44	24	23	9	30	22	23	24
	5%	17%	5%	4%	2%	1%	1%	-	1%	3%	1%	9%	4%	3%	4%	5%	4%	4%	10%
		bcdefghij	defhj	efhj						j		bcd							abc
Don't know	15	6	-	2	1	1	3	-	2	5	4	2	4	6	-	2	5	2	1
	1%	2%	-	1%	*	*	1%	-	1%	*	1%	*	1%	1%	-	*	1%	*	*
		i																	
NET: Agree	1426	140	123	207	302	213	166	72	203	845	441	288	383	536	205	451	343	449	167
	69%	35%	67%	69%	76%	81%	78%	93%	92%	74%	86%	60%	68%	74%	80%	74%	66%	71%	66%
			a	a	abc	abci	abc	abcdefi	abcdefij	a	abcdfi		a	ab	abc	bd			
NET: Disagree	246	135	22	28	33	12	9	-	8	95	16	96	67	61	14	69	65	60	46
	12%	34%	12%	9%	8%	5%	4%	-	4%	8%	3%	20%	12%	8%	5%	11%	13%	9%	18%
		bcdefghij	efghj	efghj	fghj					efghj		bcd	cd						ac
Base for stats	2038	390	183	299	399	261	209	77	220	1142	506	481	558	717	255	609	511	632	254
Mean Score	3.78	2.91	3.67	3.74	3.91	4.09	4.08	4.31	4.38	3.87	4.24	3.51	3.77	3.86	4.10	3.86	3.72	3.81	3.67
			a	a	abc	abcdi	abcdi	abcdefi	abcdefij	abc	abcdefi		a	a	abc	bd			
Standard Deviation	1.056	1.201	.984	.959	.909	.824	.828	.600	.780	.928	.787	1.198	1.043	.937	.957	1.050	1.036	.977	1.238
Standard Error	.023	.063	.073	.054	.045	.050	.056	.068	.053	.027	.035	.054	.043	.036	.060	.043	.046	.039	.078
Error variance	*	*	.01	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.2. I feel that I have the opportunity to be physically active: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(5.0)	506	261	152	91
		25%	36%	19%	17%
			bc		
Agree	(4.0)	919	341	354	221
		45%	48%	45%	42%
Neither agree nor disagree	(3.0)	366	83	173	97
		18%	12%	22%	19%
				a	a
Disagree	(2.0)	143	22	56	64
		7%	3%	7%	12%
				a	ab
Strongly disagree	(1.0)	103	8	47	47
		5%	1%	6%	9%
				a	ab
Don't know		15	-	7	4
		1%	-	1%	1%
				a	a
NET: Agree		1426	601	506	312
		69%	84%	64%	60%
			bc		
NET: Disagree		246	31	102	111
		12%	4%	13%	21%
				a	ab
Base for stats		2038	715	782	520
Mean Score		3.78	4.15	3.65	3.47
			bc	c	
Standard Deviation		1.056	.830	1.057	1.180
Standard Error		.023	.030	.039	.051
Error variance		*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	449	229	219	177	149	123	24	60	40	46	31	42	88	76	42
		22%	23%	21%	29%	22%	16%	24%	22%	20%	22%	17%	18%	27%	23%	20%
					bc	c								ef		
Agree	(4.0)	755	344	407	244	269	241	45	101	70	83	70	83	129	100	73
		37%	34%	39%	39%	40%	32%	46%	38%	35%	39%	40%	36%	40%	30%	35%
				a	c	c		h	h		h	h		h		
Neither agree nor disagree	(3.0)	443	230	212	114	139	190	16	54	51	43	40	55	55	82	47
		22%	23%	20%	18%	21%	25%	17%	20%	25%	20%	23%	24%	17%	24%	23%
							a			g					g	
Disagree	(2.0)	231	116	115	52	63	116	9	30	27	19	24	25	33	40	24
		11%	12%	11%	8%	9%	15%	9%	11%	13%	9%	13%	11%	10%	12%	12%
							ab									
Strongly disagree	(1.0)	161	78	82	28	50	84	4	20	13	21	11	21	18	32	20
		8%	8%	8%	4%	7%	11%	4%	7%	6%	10%	6%	9%	6%	10%	10%
						a	ab									
Don't know		14	6	9	4	4	6	-	3	-	2	1	2	-	4	3
		1%	1%	1%	1%	1%	1%	-	1%	-	1%	*	1%	-	1%	2%
																g
NET: Agree		1204	573	626	421	418	364	69	161	110	129	101	125	217	177	115
		59%	57%	60%	68%	62%	48%	70%	60%	55%	60%	57%	55%	67%	53%	55%
					bc	c		cefhi						cefhi		
NET: Disagree		392	194	196	80	113	200	13	50	40	41	35	46	51	72	44
		19%	19%	19%	13%	17%	26%	13%	19%	20%	19%	20%	20%	16%	22%	21%
							a									
							ab									
Base for stats		2039	997	1035	615	670	754	98	264	202	213	176	225	323	331	207
Mean Score		3.54	3.53	3.55	3.80	3.60	3.27	3.77	3.57	3.48	3.53	3.49	3.44	3.73	3.45	3.45
					bc	c		cefhi						cdefhi		
Standard Deviation		1.179	1.188	1.169	1.084	1.149	1.225	1.053	1.175	1.145	1.213	1.120	1.188	1.135	1.240	1.218
Standard Error		.026	.038	.036	.040	.043	.050	.100	.071	.084	.076	.078	.091	.064	.067	.092
Error variance		*	*	*	*	*	*	.01	.01	.01	.01	.01	.01	*	*	.01

Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

					Social Grade							Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	449	66	120	106	60	40	58	292	157	363	13	39	21	5	3	80
		22%	35%	27%	22%	24%	18%	12%	26%	17%	21%	22%	30%	26%	31%	22%	27%
			cdefgh	efh	fh	fh	f		efh	f			a				a
Agree	(4.0)	755	65	191	183	101	78	136	439	315	634	23	48	31	5	8	115
		37%	34%	43%	38%	40%	36%	29%	40%	33%	37%	40%	37%	39%	33%	60%	39%
				afh	f	fh	f		fh								
Neither agree nor disagree	(3.0)	443	31	70	103	53	52	134	204	239	375	10	29	19	2	2	62
		22%	17%	16%	22%	21%	24%	28%	18%	25%	22%	17%	22%	24%	13%	18%	21%
					b		abg	abcdg		abg							
Disagree	(2.0)	231	15	38	51	27	22	78	104	127	208	7	10	4	1	-	21
		11%	8%	9%	11%	10%	10%	16%	9%	13%	12%	12%	7%	5%	5%	-	7%
								abcdeg		abg	g						
Strongly disagree	(1.0)	161	11	21	34	12	23	62	65	96	143	5	5	4	3	-	16
		8%	6%	5%	7%	5%	10%	13%	6%	10%	8%	8%	4%	5%	18%	-	6%
							bdg	abcdg		abdg							
Don't know		14	2	2	1	2	1	7	5	9	12	-	-	-	-	-	-
		1%	1%	*	*	1%	*	1%	*	1%	1%	-	-	-	-	-	-
NET: Agree		1204	131	311	289	161	117	194	731	473	996	35	88	51	10	10	195
		59%	69%	70%	61%	63%	55%	41%	66%	50%	57%	62%	67%	66%	64%	82%	66%
			cefh	cdefh	fh	efh	f		cefh	f			a				a
NET: Disagree		392	26	59	84	38	45	140	169	223	351	12	15	8	4	-	38
		19%	14%	13%	18%	15%	21%	30%	15%	24%	20%	21%	11%	10%	22%	-	13%
							abg	abcdegh		abcdg	cdg						
Base for stats		2039	188	440	476	253	215	468	1104	935	1722	57	131	79	16	13	295
Mean Score		3.54	3.85	3.80	3.58	3.68	3.42	3.11	3.71	3.33	3.50	3.56	3.81	3.77	3.55	4.04	3.75
			cefh	cefh	fh	efh	f		cefh	f			a	a			a
Standard Deviation		1.179	1.153	1.081	1.152	1.089	1.207	1.214	1.130	1.204	1.188	1.205	1.073	1.053	1.470	.656	1.104
Standard Error		.026	.083	.052	.052	.065	.077	.060	.034	.039	.029	.154	.089	.112	.357	.175	.061
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.13	.03	*

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Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	449	239	106	81	187	19	34	185	58	11	14	16	32	24	55	53
		22%	19%	30%	24%	27%	36%	31%	25%	22%	18%	28%	14%	31%	15%	14%	33%
				a	a	a	degij	egij	gij	j		gij		egij			cdegij
Agree	(4.0)	755	440	131	141	272	11	41	316	122	22	15	33	36	35	122	52
		37%	35%	37%	42%	40%	20%	37%	43%	47%	35%	30%	30%	35%	22%	30%	32%
					a	a		ai	agijk	afghijk	i			ai			i
Neither agree nor disagree	(3.0)	443	290	62	71	133	14	19	124	43	19	8	33	22	48	113	33
		22%	23%	18%	21%	19%	27%	17%	17%	16%	29%	16%	30%	22%	29%	28%	20%
			b				c				bcd		bcd		bcdk	bcd	
Disagree	(2.0)	231	170	26	24	51	1	12	61	25	8	7	18	9	22	67	13
		11%	13%	7%	7%	7%	1%	11%	8%	10%	12%	14%	16%	8%	14%	17%	8%
			bcd					a		a	a	a	ack		ac	acdhk	
Strongly disagree	(1.0)	161	116	22	16	37	7	4	43	11	3	6	8	4	31	43	12
		8%	9%	6%	5%	5%	13%	4%	6%	4%	5%	11%	8%	4%	19%	11%	7%
			cd				bcdh						d		bcdeghjk	bcdh	
Don't know		14	7	4	1	5	1	-	3	-	1	-	3	-	2	5	1
		1%	1%	1%	*	1%	1%	-	*	-	2%	-	2%	-	1%	1%	*
							d				d		cd				
NET: Agree		1204	678	236	223	459	30	75	502	180	34	30	49	68	59	178	105
		59%	54%	68%	67%	67%	57%	68%	68%	69%	52%	58%	44%	66%	36%	44%	64%
				a	a	a	i	egij	egij	egij	i	i		gij			gij
NET: Disagree		392	286	48	40	88	8	17	104	37	11	13	27	12	54	110	25
		19%	23%	14%	12%	13%	15%	15%	14%	14%	17%	26%	24%	12%	33%	27%	15%
			bcd									cdh	cdh		abcdehk	abcdhk	
Base for stats		2039	1254	346	334	680	52	111	730	259	64	51	109	102	161	401	163
Mean Score		3.54	3.41	3.79	3.74	3.77	3.66	3.79	3.74	3.73	3.49	3.49	3.27	3.81	2.99	3.20	3.75
				a	a	a	gij	gij	gij	gij	i	i		egij			gij
Standard Deviation		1.179	1.203	1.143	1.055	1.100	1.356	1.123	1.106	1.053	1.073	1.349	1.140	1.087	1.321	1.189	1.200
Standard Error		.026	.034	.063	.060	.044	.180	.102	.040	.064	.130	.193	.103	.095	.103	.070	.090
Error variance		*	*	*	*	*	.03	.01	*	*	.02	.04	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	449	160	80	40	14	120	173	165	78	39	11	117	176	65	224	134	26	384
		22%	26%	23%	24%	30%	24%	27%	25%	28%	20%	29%	25%	25%	19%	21%	24%	26%	22%
Agree	(4.0)	755	253	156	64	15	220	268	279	121	75	16	196	295	116	370	232	37	638
		37%	42%	45%	38%	33%	43%	41%	42%	43%	39%	43%	42%	42%	34%	35%	41% ab	37%	37%
Neither agree nor disagree	(3.0)	443	106	64	28	6	92	112	116	44	40	6	83	122	75	233	111	23	368
		22%	18%	18%	17%	13%	18%	17%	18%	16%	21%	15%	18%	18%	22%	22%	20%	23%	21%
Disagree	(2.0)	231	55	27	19	6	46	61	60	20	24	4	44	64	42	136	48	6	190
		11%	9%	8%	11%	14%	9%	9%	9%	7%	12%	11%	9%	9%	12%	13% cd	9%	6%	11%
Strongly disagree	(1.0)	161	29	17	14	3	31	32	35	17	13	1	30	35	41	82	31	8	120
		8%	5%	5%	8%	8%	6%	5%	5%	6%	7%	2%	6%	5%	12% bce	8%	5%	8%	7%
Don't know		14	1	-	1	1	1	2	2	-	1	-	1	2	1	9	4	-	13
		1%	*	-	1%	3% abef	*	*	*	-	*	-	*	*	*	1%	1%	-	1%
NET: Agree		1204	413	236	104	29	340	441	444	199	114	27	313	471	181	593	366	63	1023
		59%	68%	69%	63%	63%	67%	68%	68% c	71% c	60%	71%	66%	68% c	53%	56%	65% abe	63%	60% a
NET: Disagree		392	84	44	33	10	77	93	95	37	37	5	74	100	83	217	79	14	310
		19%	14%	13%	20% b	21%	15%	14%	14%	13%	19%	13%	16%	14%	24% cde	21% c	14%	14%	18% c
Base for stats		2039	603	344	165	44	509	647	655	280	190	38	470	693	339	1043	556	100	1700
Mean Score		3.54	3.76	3.74	3.59	3.66	3.69	3.76	3.73 c	3.80 c	3.54	3.85	3.69	3.74 c	3.36	3.50	3.70 abe	3.68 a	3.57 a
Standard Deviation		1.179	1.088	1.056	1.216	1.275	1.112	1.101	1.096	1.105	1.157	1.048	1.132	1.093	1.261	1.187	1.094	1.157	1.159
Standard Error		.026	.043	.056	.093	.184	.048	.042	.042	.064	.084	.164	.051	.040	.070	.037	.045	.110	.028
Error variance		*	*	*	.01	.03	*	*	*	*	.01	.03	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	449	107	269	79	56	18	311	133	15	380	69	390	58
		22%	27%	21%	24%	13%	22%	24%	19%	15%	23%	16%	23%	19%
			b		be		b	bef	b		b		b	
Agree	(4.0)	755	152	472	105	132	33	497	235	31	596	159	654	98
		37%	38%	37%	32%	32%	39%	39%	33%	32%	37%	38%	38%	32%
								abe						
Neither agree nor disagree	(3.0)	443	78	275	66	109	16	258	169	21	347	96	365	69
		22%	20%	22%	20%	26%	19%	20%	24%	21%	21%	23%	21%	23%
						ad								
Disagree	(2.0)	231	32	155	45	61	6	129	96	16	191	40	184	45
		11%	8%	12%	14%	15%	7%	10%	13%	16%	12%	9%	11%	15%
				a		cd			d	cd				a
Strongly disagree	(1.0)	161	26	92	33	53	11	77	80	16	106	55	126	33
		8%	6%	7%	10%	13%	13%	6%	11%	16%	7%	13%	7%	11%
					d	d	d		d	d		a		a
Don't know		14	2	9	2	2	1	6	5	-	11	4	11	1
		1%	1%	1%	1%	*	1%	*	1%	-	1%	1%	1%	*
NET: Agree		1204	259	740	184	188	51	808	368	46	976	228	1044	156
		59%	65%	58%	56%	46%	61%	63%	51%	47%	60%	54%	60%	51%
			b		b		b	abef			b		b	
NET: Disagree		392	57	247	78	114	17	207	176	32	297	95	309	77
		19%	14%	19%	24%	28%	20%	16%	24%	32%	18%	22%	18%	25%
				a	d	d			d	d				a
Base for stats		2039	395	1262	327	412	84	1273	712	100	1620	418	1719	302
Mean Score		3.54	3.72	3.53	3.46	3.19	3.50	3.66	3.34	3.14	3.59	3.35	3.58	3.34
			b		bf		b	abef	b		b		b	
Standard Deviation		1.179	1.140	1.165	1.271	1.222	1.276	1.132	1.243	1.304	1.158	1.241	1.162	1.246
Standard Error		.026	.056	.033	.068	.062	.133	.032	.046	.128	.029	.062	.028	.070
Error variance		*	*	*	*	*	.02	*	*	.02	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Number of days active											Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	449	10	28	54	92	80	58	30	98	253	187	76	128	147	93	138	114	127	66
	22%	2%	15%	18%	23%	30%	27%	39%	44%	22%	37%	16%	23%	20%	37%	23%	22%	20%	26%
			a	a	ab	abcdi	abc	abcdfi	abcdefij	ab	abcdfi		a	a	abc				c
Agree (4.0)	755	63	60	125	168	121	106	33	77	474	217	154	213	297	84	220	204	239	81
	37%	16%	33%	41%	42%	46%	50%	43%	35%	41%	42%	32%	38%	41%	33%	36%	39%	38%	32%
			a	a	ab	abh	abcdhi	a	a	ab	ab		a	ad			d		
Neither agree nor disagree (3.0)	443	124	53	63	87	41	39	9	28	244	75	112	127	145	50	135	110	137	50
	22%	31%	29%	21%	22%	16%	18%	11%	12%	21%	15%	23%	23%	20%	20%	22%	21%	22%	20%
		cdefghij	cefghij	hj	ghj					eghj									
Disagree (2.0)	231	100	31	37	37	12	6	2	7	117	15	78	57	81	13	65	56	79	29
	11%	25%	17%	12%	9%	4%	3%	2%	3%	10%	3%	16%	10%	11%	5%	11%	11%	12%	12%
		bcdefghij	defghij	efghj	efghj					efghj		bcd	d	d					
Strongly disagree (1.0)	161	94	11	21	14	8	3	3	8	53	14	62	34	47	15	47	32	50	28
	8%	24%	6%	7%	3%	3%	2%	4%	4%	5%	3%	13%	6%	6%	6%	8%	6%	8%	11%
		bcdefghij	fj	defj						f		bcd							b
Don't know	14	6	-	2	2	-	-	-	3	5	3	1	3	5	-	7	1	2	-
	1%	2%	-	1%	1%	-	-	-	1%	*	1%	*	1%	1%	-	1%	*	*	-
		ei							e										
NET: Agree	1204	73	88	179	260	201	164	64	175	727	403	229	340	444	177	358	318	366	147
	59%	18%	48%	59%	65%	77%	78%	83%	79%	63%	79%	48%	61%	62%	69%	59%	62%	58%	58%
			a	ab	ab	abcdi	abcdi	abcdi	abcdi	ab	abcdi		a	a	abc				
NET: Disagree	392	193	42	58	51	20	9	5	15	170	29	140	91	128	28	112	88	129	57
	19%	49%	23%	19%	13%	8%	4%	6%	7%	15%	6%	29%	16%	18%	11%	18%	17%	20%	23%
		bcdefghij	defghij	defghj	efhj					efghj		bcd		d					
Base for stats	2039	390	183	299	398	262	212	77	218	1141	507	481	559	718	255	605	515	631	255
Mean Score	3.54	2.48	3.34	3.52	3.72	3.97	3.99	4.13	4.15	3.66	4.08	3.22	3.61	3.58	3.89	3.56	3.60	3.50	3.50
			a	a	abc	abcdi	abcdi	abcdi	abcdei	abc	abcdi		a	a	abc				
Standard Deviation	1.179	1.099	1.111	1.129	1.028	.958	.839	.959	1.011	1.074	.936	1.257	1.125	1.128	1.131	1.177	1.127	1.174	1.293
Standard Error	.026	.058	.082	.064	.051	.058	.057	.109	.069	.031	.041	.057	.047	.043	.071	.048	.050	.047	.081
Error variance	*	*	.01	*	*	*	*	.01	*	*	*	*	*	*	.01	*	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.3. I find exercise enjoyable and satisfying: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(5.0)	449	234	139	75
		22%	33%	18%	14%
			bc		
Agree	(4.0)	755	321	258	173
		37%	45%	33%	33%
			bc		
Neither agree nor disagree	(3.0)	443	109	194	126
		22%	15%	25%	24%
				a	a
Disagree	(2.0)	231	35	107	87
		11%	5%	14%	17%
				a	a
Strongly disagree	(1.0)	161	16	83	60
		8%	2%	11%	11%
				a	a
Don't know		14	-	7	3
		1%	-	1%	1%
				a	a
NET: Agree		1204	554	398	248
		59%	78%	50%	47%
			bc		
NET: Disagree		392	51	190	147
		19%	7%	24%	28%
				a	a
Base for stats		2039	715	782	521
Mean Score		3.54	4.01	3.34	3.22
			bc		
Standard Deviation		1.179	.939	1.222	1.220
Standard Error		.026	.034	.045	.053
Error variance		*	*	*	*

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	548	280	266	179	185	184	27	77	47	55	34	46	94	107	59
		27%	28%	25%	29%	27%	24%	28%	29% ef	24%	26%	19%	20%	29% ef	32% cef	28% e
Agree	(4.0)	844	406	435	252	298	294	50	102	80	89	82	102	136	120	83
		41%	40%	42%	41%	44% c	39%	51% bh	38%	40%	42%	46% h	45%	42%	36%	40%
Neither agree nor disagree	(3.0)	392	182	209	115	122	155	12	47	51	35	37	51	59	65	35
		19%	18%	20%	19%	18%	20%	12%	18%	25% ad	16%	21%	23% a	18%	20%	17%
Disagree	(2.0)	166	77	89	49	44	73	5	26	17	19	12	20	24	26	17
		8%	8%	9%	8%	7%	10% b	5%	10%	8%	9%	7%	9%	7%	8%	8%
Strongly disagree	(1.0)	84	49	35	18	19	47	3	12	6	15	9	6	6	13	13
		4%	5%	3%	3%	3%	6% ab	3%	5% g	3%	7% g	5%	3% g	2%	4%	6% g
Don't know		19	8	9	6	6	6	-	3	-	2	3	2	5	2	2
		1%	1%	1%	1%	1%	1%	-	1%	-	1%	1%	1%	2%	1%	1%
NET: Agree		1392	686	701	431	482	478	77	179	128	145	116	148	230	228	142
		68%	68%	67%	70% c	72% c	63%	79% bcdefhi	67%	63%	67%	65%	65%	71%	68%	68%
NET: Disagree		250	126	124	66	64	120	9	39	23	33	22	26	29	39	30
		12%	13%	12%	11%	9%	16% ab	9%	14% g	12%	15% g	12%	12%	9%	12%	14%
Base for stats		2034	994	1034	613	668	754	98	264	202	213	174	225	318	332	208
Mean Score		3.79	3.80	3.78	3.86 c	3.87 c	3.66	3.94 e	3.77	3.72	3.72	3.68	3.71	3.91 cdef	3.85	3.76
Standard Deviation		1.057	1.086	1.031	1.019	.984	1.134	.963	1.112	1.017	1.146	1.040	.982	.966	1.083	1.139
Standard Error		.023	.035	.032	.038	.037	.046	.092	.067	.074	.072	.073	.075	.054	.058	.086
Error variance		*	*	*	*	*	*	.01	*	.01	.01	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	548	71	145	127	67	43	95	343	204	446	17	45	25	4	2	94
		27%	37%	33%	27%	26%	20%	20%	31%	22%	26%	30%	35%	32%	26%	19%	32%
			cdefh	cefh	efh				efh				a				a
Agree	(4.0)	844	78	189	199	106	100	172	466	378	713	27	55	30	6	7	124
		41%	41%	43%	42%	42%	47%	36%	42%	40%	41%	47%	42%	38%	39%	54%	42%
							f		f								
Neither agree nor disagree	(3.0)	392	22	65	91	47	47	119	178	214	344	6	19	14	3	3	45
		19%	11%	15%	19%	19%	22%	25%	16%	23%	20%	11%	14%	18%	19%	22%	15%
					a	a	abg	abcdg		abg	g						
Disagree	(2.0)	166	11	32	37	25	15	47	80	86	144	4	10	7	2	-	22
		8%	6%	7%	8%	10%	7%	10%	7%	9%	8%	7%	7%	8%	11%	-	7%
Strongly disagree	(1.0)	84	6	8	19	7	10	34	33	51	75	2	2	1	1	1	7
		4%	3%	2%	4%	3%	4%	7%	3%	5%	4%	3%	2%	2%	6%	5%	2%
								bcdg		bg							
Don't know		19	2	2	4	2	1	7	8	10	12	1	1	2	-	-	3
		1%	1%	1%	1%	1%	*	2%	1%	1%	1%	2%	*	2%	-	-	1%
NET: Agree		1392	149	334	326	173	143	266	809	583	1159	44	100	55	10	9	218
		68%	79%	76%	68%	68%	66%	56%	73%	62%	67%	78%	76%	70%	64%	72%	74%
			cdefh	cdefh	fh	f	f		efh				a				a
NET: Disagree		250	17	41	56	32	24	81	113	137	219	6	12	8	3	1	29
		12%	9%	9%	12%	13%	11%	17%	10%	15%	13%	10%	9%	10%	17%	5%	10%
								abceg		abg							
Base for stats		2034	188	439	473	253	215	467	1101	934	1722	56	131	77	16	13	292
Mean Score		3.79	4.05	3.98	3.80	3.80	3.71	3.53	3.91	3.64	3.76	3.97	4.01	3.92	3.67	3.80	3.95
			cdefh	cdefh	fh	fh	f		cefh				a				a
Standard Deviation		1.057	1.010	.971	1.045	1.031	1.009	1.140	1.014	1.088	1.063	.989	.969	1.009	1.183	.966	.992
Standard Error		.023	.073	.047	.048	.061	.065	.056	.031	.036	.026	.128	.081	.108	.287	.258	.055
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.01	.08	.07	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	548	311	102	100	202	21	38	223	63	10	19	24	33	28	88	59
		27%	25%	29%	30%	29%	41%	34%	30%	24%	16%	38%	22%	33%	17%	22%	36%
						a	degij	degij	egij			degij		egij			degij
Agree	(4.0)	844	508	142	157	299	22	39	325	118	27	21	41	44	56	153	60
		41%	40%	41%	47%	44%	41%	35%	44%	46%	42%	40%	37%	43%	34%	38%	37%
					a				ij	bi							
Neither agree nor disagree	(3.0)	392	250	66	55	120	6	20	113	48	16	7	25	17	44	97	26
		19%	20%	19%	16%	18%	12%	18%	15%	19%	25%	13%	23%	17%	27%	24%	16%
											c		c		acdfhk	ck	
Disagree	(2.0)	166	115	28	16	44	2	10	47	20	9	3	14	7	18	38	12
		8%	9%	8%	5%	6%	4%	9%	6%	8%	14%	6%	12%	6%	11%	9%	8%
			cd								ac		c		c		
Strongly disagree	(1.0)	84	67	8	6	14	1	4	22	8	-	1	6	1	16	25	6
		4%	5%	2%	2%	2%	3%	4%	3%	3%	-	2%	5%	1%	10%	6%	3%
			bcd										eh		cdehk	ceh	
Don't know		19	10	4	2	6	-	-	3	2	2	1	2	1	2	6	-
		1%	1%	1%	1%	1%	-	-	*	1%	3%	1%	2%	1%	1%	2%	-
											bck						
NET: Agree		1392	820	244	256	500	43	76	549	181	37	40	65	77	84	240	119
		68%	65%	70%	77%	73%	82%	69%	75%	70%	58%	78%	58%	75%	52%	59%	73%
					a	a	egij	i	egij	gij		egij		egij			egij
NET: Disagree		250	181	36	22	58	3	15	69	28	9	4	20	7	33	62	18
		12%	14%	10%	7%	9%	6%	13%	9%	11%	14%	8%	18%	7%	21%	15%	11%
			cd										ach		acdfhk	ch	
Base for stats		2034	1251	346	333	679	53	111	730	257	63	50	110	101	161	399	163
Mean Score		3.79	3.71	3.87	3.99	3.93	4.14	3.86	3.93	3.81	3.61	4.08	3.58	4.01	3.39	3.60	3.95
				a	a	a	degij	ij	egij	gij		egij		egij			egij
Standard Deviation		1.057	1.099	1.004	.903	.957	.951	1.110	.994	.995	.932	.960	1.130	.911	1.184	1.114	1.067
Standard Error		.023	.031	.056	.051	.038	.125	.101	.036	.061	.114	.139	.101	.080	.093	.066	.080
Error variance		*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	.01

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	548	167	111	50	13	161	181	184	86	64	10	150	194	97	260	162	29	451
	27%	28%	32%	30%	29%	32%	28%	28%	31%	33%	26%	32%	28%	28%	25%	29%	29%	26%
Agree (4.0)	844	283	139	64	18	202	301	299	113	76	18	188	317	125	440	239	41	719
	41%	47% bce	40%	38%	39%	40%	46% e	46%	40%	40%	48%	40%	46%	37%	42%	43%	40%	42%
Neither agree nor disagree (3.0)	392	97	63	24	8	87	105	109	47	28	8	75	116	68	211	94	19	324
	19%	16%	18%	15%	17%	17%	16%	17%	17%	15%	20%	16%	17%	20%	20%	17%	19%	19%
Disagree (2.0)	166	35	24	22	4	46	39	43	23	18	2	41	46	24	94	43	6	143
	8%	6%	7%	13% abf	9%	9% a	6%	7%	8%	9%	6%	9%	7%	7%	9%	8%	6%	8%
Strongly disagree (1.0)	84	20	7	4	2	11	22	22	7	4	-	11	22	24	40	14	6	60
	4%	3%	2%	3%	4%	2%	3%	3%	3%	2%	-	2%	3%	7% bce	4%	3%	6%	4% c
Don't know	19	1	2	2	1	3	2	-	3	2	-	5	-	3	8	7	-	16
	1%	*	*	1%	2% af	1%	*	-	1% af	1% af	-	1% af	-	1%	1%	1%	-	1%
NET: Agree	1392	451	249	114	31	363	482	483	199	139	28	338	511	221	700	401	70	1170
	68%	75%	72%	69%	68%	71%	74%	73%	71%	73%	74%	72%	73%	65%	66%	72% ab	69%	68%
NET: Disagree	250	55	30	26	6	57	61	66	31	21	2	52	68	47	134	57	12	203
	12%	9%	9%	16% abf	12%	11%	9%	10%	11%	11%	6%	11%	10%	14%	13%	10%	12%	12%
Base for stats	2034	603	343	164	45	507	647	658	277	189	38	466	695	337	1045	552	100	1697
Mean Score	3.79	3.90	3.94	3.81	3.83	3.90	3.90	3.88	3.89	3.94	3.93	3.91	3.88	3.73	3.75	3.89 ab	3.80	3.80
Standard Deviation	1.057	.983	.977	1.095	1.079	1.018	.989	1.000	1.024	1.021	.849	1.022	.992	1.156	1.046	.998	1.111	1.036
Standard Error	.023	.039	.052	.084	.156	.045	.038	.038	.060	.074	.133	.046	.036	.064	.033	.042	.105	.025
Error variance	*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	548	119	320	91	75	20	373	168	14	447	100	479	63
		27%	30%	25%	28%	18%	23%	29%	23%	14%	27%	24%	28%	21%
					bf			bef	bf				b	
Agree	(4.0)	844	155	551	129	164	33	542	279	44	674	170	724	118
		41%	39%	43%	39%	40%	39%	42%	39%	44%	41%	40%	42%	39%
Neither agree nor disagree	(3.0)	392	64	249	56	100	17	234	143	25	316	76	317	70
		19%	16%	20%	17%	24%	19%	18%	20%	26%	19%	18%	18%	23%
						ad				a				a
Disagree	(2.0)	166	37	102	32	43	10	88	74	10	119	48	134	27
		8%	9%	8%	10%	10%	11%	7%	10%	10%	7%	11%	8%	9%
					d	d			d			a		a
Strongly disagree	(1.0)	84	15	43	19	26	5	37	44	6	60	24	64	20
		4%	4%	3%	6%	6%	6%	3%	6%	6%	4%	6%	4%	7%
					d	d			d					a
Don't know		19	5	7	3	5	1	5	9	-	15	4	10	4
		1%	1%	1%	1%	1%	1%	*	1%	-	1%	1%	1%	1%
								d	d					
NET: Agree		1392	274	871	220	239	53	914	447	58	1121	270	1203	182
		68%	69%	68%	67%	58%	62%	71%	62%	58%	69%	64%	70%	60%
					b			bcef					b	
NET: Disagree		250	53	145	51	69	15	125	118	16	179	72	198	47
		12%	13%	11%	15%	17%	18%	10%	16%	16%	11%	17%	11%	16%
					d	d	d		d	d		a		a
Base for stats		2034	392	1264	326	408	84	1274	708	100	1616	418	1719	299
Mean Score		3.79	3.83	3.79	3.74	3.54	3.62	3.88	3.64	3.50	3.82	3.66	3.83	3.59
					b			abcef			b		b	
Standard Deviation		1.057	1.086	1.017	1.139	1.104	1.152	1.001	1.137	1.058	1.035	1.132	1.040	1.120
Standard Error		.023	.054	.029	.061	.056	.120	.028	.042	.104	.026	.057	.025	.063
Error variance		*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	548	26	25	70	111	89	78	34	115	295	227	112	142	190	98	159	133	173	77
	27%	7%	14%	23%	28%	34%	37%	45%	52%	26%	44%	23%	25%	26%	38%	26%	26%	27%	30%
			a	ab	ab	abci	abcdi	abcdi	abcdefi	ab	abcdei				abc				
Agree (4.0)	844	86	85	141	200	126	93	37	77	552	206	192	228	315	99	253	203	281	97
	41%	22%	46%	47%	50%	48%	44%	48%	35%	48%	40%	40%	41%	44%	39%	41%	39%	44%	38%
			ah	ah	ahj	ahj	ah	ah	a	ahj	a								
Neither agree nor disagree (3.0)	392	138	47	57	63	26	36	5	20	193	61	102	119	127	37	103	115	115	48
	19%	35%	26%	19%	16%	10%	17%	7%	9%	17%	12%	21%	21%	18%	15%	17%	22%	18%	19%
		bcdefghij	defghij	eghj	egh		egh			eghj		d	d				a		
Disagree (2.0)	166	83	17	22	17	17	5	1	4	73	10	51	47	57	10	66	40	42	18
	8%	21%	9%	7%	4%	6%	2%	1%	2%	6%	2%	10%	8%	8%	4%	11%	8%	7%	7%
		bcdefghij	dfghij	fghj	j	fhj				fhj		d	d	d		c			
Strongly disagree (1.0)	84	56	8	8	5	2	1	-	5	23	5	24	22	29	9	26	21	22	13
	4%	14%	5%	3%	1%	1%	*	-	2%	2%	1%	5%	4%	4%	3%	4%	4%	3%	5%
		bcdefghij	defij																
Don't know	19	7	1	3	5	2	-	-	1	10	1	2	3	5	2	6	4	2	2
	1%	2%	*	1%	1%	1%	-	-	*	1%	*	*	1%	1%	1%	1%	1%	*	1%
		fj																	
NET: Agree	1392	112	110	211	311	215	170	71	191	847	433	304	371	505	197	412	336	454	174
	68%	28%	60%	70%	78%	82%	80%	92%	86%	74%	85%	63%	66%	70%	77%	67%	65%	72%	68%
			a	ab	abc	abci	abcdefi	abcdi	ab	abcdi				a	abc			b	
NET: Disagree	250	140	25	30	21	19	5	1	9	96	15	74	69	85	19	91	61	63	31
	12%	35%	14%	10%	5%	7%	3%	1%	4%	8%	3%	15%	12%	12%	7%	15%	12%	10%	12%
		bcdefghij	defghij	dfghj		fgj				dfghj		d	d			c			
Base for stats	2034	389	183	298	395	260	212	77	220	1136	509	480	559	717	253	606	512	632	253
Mean Score	3.79	2.85	3.55	3.82	4.00	4.09	4.14	4.36	4.33	3.90	4.26	3.66	3.76	3.81	4.06	3.75	3.76	3.86	3.82
			a	ab	abc	abci	abcdi	abcdefi	abcdefi	ab	abcdei			a	abc				
Standard Deviation	1.057	1.122	.995	.963	.847	.877	.799	.654	.881	.927	.821	1.095	1.050	1.040	1.004	1.089	1.054	1.005	1.099
Standard Error	.023	.059	.074	.055	.042	.054	.054	.074	.060	.027	.036	.050	.044	.040	.064	.044	.046	.040	.069
Error variance	*	*	.01	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

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Q8.4. It is important to me to exercise regularly: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(5.0)	548	274	159	112
		27%	38%	20%	21%
			bc		
Agree	(4.0)	844	321	317	201
		41%	45%	40%	38%
			c		
Neither agree nor disagree	(3.0)	392	83	177	124
		19%	12%	22%	24%
				a	a
Disagree	(2.0)	166	23	80	62
		8%	3%	10%	12%
				a	a
Strongly disagree	(1.0)	84	11	49	22
		4%	2%	6%	4%
				a	a
Don't know		19	2	7	4
		1%	*	1%	1%
NET: Agree		1392	595	476	313
		68%	83%	60%	60%
			bc		
NET: Disagree		250	34	129	84
		12%	5%	16%	16%
				a	a
Base for stats		2034	713	783	521
Mean Score		3.79	4.16	3.58	3.61
			bc		
Standard Deviation		1.057	.865	1.110	1.076
Standard Error		.023	.032	.041	.047
Error variance		*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	344	160	184	135	128	80	16	41	28	38	30	33	68	66	23
		17%	16%	18%	22%	19%	11%	16%	15%	14%	18%	17%	15%	21%	20%	11%
					c	c								i	i	
Agree	(4.0)	755	347	405	246	249	260	30	96	67	76	67	93	121	125	79
		37%	35%	39%	40%	37%	34%	30%	36%	33%	35%	38%	41%	38%	37%	38%
					c											
Neither agree nor disagree	(3.0)	483	234	246	129	165	189	32	67	47	51	38	58	71	69	51
		24%	23%	24%	21%	24%	25%	32%	25%	23%	24%	22%	25%	22%	21%	24%
								egh								
Disagree	(2.0)	312	171	141	79	89	144	15	42	42	30	25	26	50	49	34
		15%	17%	14%	13%	13%	19%	15%	16%	21%	14%	14%	11%	16%	15%	16%
			b				ab			df						
Strongly disagree	(1.0)	142	86	55	21	38	84	6	18	13	19	16	17	11	23	18
		7%	9%	5%	3%	6%	11%	6%	7%	7%	9%	9%	8%	3%	7%	9%
			b			a	ab				g	g	g		g	g
Don't know		17	4	13	8	6	3	-	3	4	1	1	-	3	1	4
		1%	*	1%	1%	1%	*	-	1%	2%	1%	1%	-	1%	*	2%
				a												
NET: Agree		1099	507	588	382	377	340	46	137	96	114	97	127	189	192	102
		54%	51%	56%	62%	56%	45%	47%	51%	47%	53%	55%	56%	58%	57%	49%
				a	bc	c								aci	ac	
NET: Disagree		454	257	196	100	126	228	21	60	55	49	41	43	61	72	53
		22%	26%	19%	16%	19%	30%	21%	23%	28%	23%	23%	19%	19%	22%	25%
			b				ab			g						
Base for stats		2036	998	1030	610	668	757	98	264	198	214	176	227	320	333	206
Mean Score		3.42	3.32	3.51	3.65	3.51	3.14	3.36	3.37	3.28	3.40	3.40	3.44	3.58	3.49	3.27
				a	bc	c								bci	ci	
Standard Deviation		1.143	1.184	1.095	1.065	1.114	1.175	1.107	1.131	1.152	1.190	1.187	1.106	1.087	1.169	1.140
Standard Error		.025	.038	.034	.040	.042	.048	.106	.069	.085	.074	.083	.085	.061	.063	.087
Error variance		*	*	*	*	*	*	.01	*	.01	.01	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	344	49	91	74	43	30	56	214	129	273	13	31	18	3	5	70
		17%	26%	21%	16%	17%	14%	12%	19%	14%	16%	23%	24%	23%	19%	42%	24%
			cdefgh	cefh					fh				a				a
Agree	(4.0)	755	70	196	196	86	70	136	463	293	646	19	48	29	4	4	104
		37%	37%	44%	41%	34%	33%	29%	42%	31%	37%	33%	36%	37%	28%	35%	35%
			f	defh	defh				defh								
Neither agree nor disagree	(3.0)	483	42	85	112	64	60	120	239	243	402	17	30	21	3	1	71
		24%	22%	19%	24%	25%	28%	25%	22%	26%	23%	30%	23%	26%	17%	5%	24%
						bg	b			bg							
Disagree	(2.0)	312	22	50	70	46	34	90	142	171	273	7	18	5	3	2	34
		15%	11%	11%	15%	18%	16%	19%	13%	18%	16%	12%	14%	7%	18%	12%	12%
						abg		abg		abg	d						
Strongly disagree	(1.0)	142	4	16	22	14	19	66	42	100	131	2	3	2	3	1	10
		7%	2%	4%	5%	6%	9%	14%	4%	11%	8%	3%	2%	3%	18%	5%	4%
						a	abcg	abcdg		abcdg	cg						
Don't know		17	4	3	2	1	2	5	9	8	10	-	1	4	-	-	5
		1%	2%	1%	*	1%	1%	1%	1%	1%	1%	-	1%	5%	-	-	2%
			c											a			a
NET: Agree		1099	119	288	271	129	100	192	677	422	918	32	79	47	7	10	174
		54%	62%	65%	57%	51%	47%	41%	61%	45%	53%	56%	60%	60%	47%	77%	59%
			defh	cdefh	efh	f			defh								a
NET: Disagree		454	25	66	92	61	53	157	183	271	404	8	21	7	6	2	44
		22%	13%	15%	19%	24%	25%	33%	17%	29%	23%	15%	16%	9%	36%	18%	15%
						abg	abg	abcdeg		abcg	cdg						
Base for stats		2036	186	439	475	253	213	469	1100	936	1724	57	130	75	16	13	290
Mean Score		3.42	3.75	3.68	3.49	3.38	3.27	3.05	3.61	3.19	3.38	3.62	3.66	3.74	3.13	3.96	3.65
			cdefh	cdefh	efh	fh	f		cdefh				a	a			a
Standard Deviation		1.143	1.031	1.043	1.068	1.134	1.162	1.236	1.056	1.200	1.152	1.059	1.062	.998	1.441	1.256	1.079
Standard Error		.025	.075	.051	.049	.067	.075	.061	.032	.039	.028	.136	.088	.108	.349	.336	.060
Error variance		*	.01	*	*	*	.01	*	*	*	*	.02	.01	.01	.12	.11	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	344	168	73	78	152	17	30	134	33	9	13	20	26	23	39	46
		17%	13%	21%	23%	22%	32%	27%	18%	13%	15%	26%	18%	25%	14%	10%	28%
				a	a	a	cdegij	cdij	dj			dj	j	dij			cdegij
Agree	(4.0)	755	464	127	134	261	21	37	311	97	21	12	41	37	44	134	58
		37%	37%	36%	40%	38%	39%	34%	42%	37%	33%	24%	36%	36%	27%	33%	35%
									fij	i							
Neither agree nor disagree	(3.0)	483	297	87	73	160	13	29	160	66	14	15	24	22	40	98	42
		24%	24%	25%	22%	23%	24%	26%	22%	26%	22%	30%	22%	21%	25%	24%	25%
Disagree	(2.0)	312	213	42	35	76	2	14	89	48	13	8	18	13	22	86	15
		15%	17%	12%	10%	11%	3%	12%	12%	19%	20%	16%	16%	13%	14%	21%	9%
			bcd						a	a	ack	ak	a	a	a	a	abchk
Strongly disagree	(1.0)	142	111	15	12	27	1	1	37	11	5	3	6	3	30	45	2
		7%	9%	4%	3%	4%	1%	1%	5%	4%	7%	5%	6%	3%	18%	11%	1%
			bcd						k		bk		k		abcdefghjk	abcdhk	
Don't know		17	7	5	3	9	-	-	2	3	2	-	3	1	4	3	-
		1%	1%	2%	1%	1%	-	-	*	1%	3%	-	2%	1%	2%	1%	-
										c	bck		ck		ck		
NET: Agree		1099	632	200	213	413	37	67	446	130	31	25	60	63	66	173	104
		54%	50%	57%	64%	60%	71%	60%	61%	50%	48%	49%	54%	62%	41%	43%	64%
				a	a	a	defgij	ij	deij					ij	dij		deij
NET: Disagree		454	325	57	46	103	2	15	126	60	17	11	24	16	52	131	17
		22%	26%	16%	14%	15%	5%	14%	17%	23%	27%	21%	22%	16%	32%	32%	11%
			bcd						ak	abck	abck	a	ak	a	abcdghk	abcdghk	
Base for stats		2036	1254	344	332	676	53	111	732	256	63	51	109	101	159	402	163
Mean Score		3.42	3.29	3.58	3.70	3.64	3.97	3.72	3.57	3.36	3.29	3.49	3.46	3.68	3.04	3.09	3.80
				a	a	a	cdefgij	deij	deij	ij			ij	deij			cdegij
Standard Deviation		1.143	1.162	1.085	1.050	1.069	.912	1.033	1.076	1.065	1.173	1.187	1.139	1.097	1.322	1.175	.999
Standard Error		.025	.033	.060	.059	.042	.120	.094	.039	.065	.143	.170	.103	.097	.104	.069	.075
Error variance		*	*	*	*	*	.01	.01	*	*	.02	.03	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(5.0)	344	114	62	23	9	86	123	120	62	25	8	87	128	52	158	115	18	292
		17%	19%	18%	14%	21%	17%	19%	18%	22% c	13%	21%	18%	18%	15%	15%	21% ab	18%	17%
Agree	(4.0)	755	220	155	65	14	220	235	267	105	75	13	180	279	110	390	221	33	645
		37%	37%	45% af	39%	31%	43% af	36%	41%	38%	39%	33%	38%	40%	32%	37%	40% a	33%	38%
Neither agree nor disagree	(3.0)	483	148	73	40	12	113	159	140	68	50	11	118	151	77	257	123	26	405
		24%	24%	21%	24%	26%	22%	25%	21%	24%	26%	29%	25%	22%	23%	24%	22%	26%	24%
Disagree	(2.0)	312	95	41	25	4	67	99	98	35	27	3	62	102	56	171	70	15	256
		15%	16%	12%	15%	9%	13%	15%	15%	13%	14%	9%	13%	15%	17%	16%	13% c	15%	15%
Strongly disagree	(1.0)	142	25	12	11	5	23	30	31	10	12	2	22	33	41	70	24	7	101
		7%	4%	3%	7%	11% abef	4%	5%	5%	3%	6%	5%	5%	5%	12% bce	7%	4%	7%	6%
Don't know		17	2	1	1	1	2	3	1	-	2	1	2	2	4	7	6	1	14
		1%	*	*	1%	2%	*	1%	*	-	1%	3% abf	*	*	1%	1%	1%	1%	1%
NET: Agree		1099	334	217	88	24	306	358	387	167	100	21	267	408	162	549	336	52	937
		54%	55%	63% acf	53%	52%	60%	55%	59%	60%	52%	54%	57%	59%	48%	52%	60% abe	51%	55% a
NET: Disagree		454	120	53	37	9	89	129	129	45	39	5	84	134	97	241	95	22	357
		22%	20%	15%	22%	20%	18%	20%	20%	16%	20%	13%	18%	19%	28% bce	23% c	17%	22%	21% c
Base for stats		2036	601	343	165	45	508	646	657	280	189	37	469	693	336	1046	554	99	1699
Mean Score		3.42	3.50	3.63 c	3.39	3.42	3.55	3.50	3.53	3.62 c	3.39	3.59	3.53	3.53	3.23	3.38 a	3.60 abe	3.42	3.45 a
Standard Deviation		1.143	1.093	1.022	1.115	1.253	1.058	1.104	1.096	1.065	1.087	1.085	1.079	1.095	1.243	1.126	1.084	1.157	1.119
Standard Error		.025	.043	.054	.085	.181	.046	.042	.042	.062	.079	.172	.049	.040	.069	.035	.045	.110	.027
Error variance		*	*	*	.01	.03	*	*	*	*	.01	.03	*	*	*	*	*	.01	*

Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	344	93	193	72	54	12	217	118	16	281	63	295	48
	17%	23%	15%	22%	13%	14%	17%	16%	16%	17%	15%	17%	16%
		b		bde									
Agree (4.0)	755	147	487	118	133	36	494	250	31	590	165	665	89
	37%	37%	38%	36%	32%	42%	39%	35%	31%	36%	39%	38%	29%
							b						b
Neither agree nor disagree (3.0)	483	83	308	70	99	15	306	162	21	402	81	407	67
	24%	21%	24%	21%	24%	18%	24%	23%	21%	25%	19%	24%	22%
										b			
Disagree (2.0)	312	51	196	39	75	13	192	108	18	243	69	248	58
	15%	13%	15%	12%	18%	16%	15%	15%	18%	15%	16%	14%	19%
					a								a
Strongly disagree (1.0)	142	18	80	26	50	9	64	71	13	101	41	108	34
	7%	5%	6%	8%	12%	10%	5%	10%	13%	6%	10%	6%	11%
				d	ad	d		d	d		a		a
Don't know	17	4	7	5	2	1	6	8	-	13	4	8	7
	1%	1%	1%	1%	1%	1%	*	1%	-	1%	1%	*	2%
													a
NET: Agree	1099	240	680	191	187	47	711	369	47	871	228	959	137
	54%	61%	54%	58%	45%	55%	56%	51%	47%	53%	54%	55%	45%
		b		be			b	b				b	
NET: Disagree	454	69	276	65	126	22	256	179	31	345	109	356	92
	22%	17%	22%	20%	30%	26%	20%	25%	32%	21%	26%	21%	30%
					ad			ad	ad		a		a
Base for stats	2036	393	1264	325	411	84	1274	710	100	1618	418	1722	296
Mean Score	3.42	3.63	3.41	3.53	3.16	3.33	3.48	3.33	3.19	3.44	3.33	3.46	3.20
		b		bef			bef	b				b	
Standard Deviation	1.143	1.118	1.112	1.187	1.223	1.202	1.093	1.210	1.287	1.127	1.199	1.120	1.254
Standard Error	.025	.055	.031	.063	.062	.125	.031	.045	.126	.028	.060	.027	.071
Error variance	*	*	*	*	*	.02	*	*	.02	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (5.0)	344	32	22	46	66	52	46	28	51	186	126	87	102	94	58	83	90	107	60
	17%	8%	12%	15%	17%	20%	22%	36%	23%	16%	25%	18%	18%	13%	23%	14%	18%	17%	24%
				a	a	ab	abci	abcdefhij	abcdi	a	abcdi	c	c		c				abc
Agree (4.0)	755	96	66	122	159	115	80	28	88	463	196	173	207	286	82	208	183	267	86
	37%	24%	36%	41%	40%	44%	38%	37%	40%	40%	38%	36%	37%	40%	32%	34%	35%	42%	34%
			a	a	a	a	a	a	a	a	a			d				abd	
Neither agree nor disagree (3.0)	483	80	47	72	110	61	55	14	44	290	114	104	139	173	54	148	135	139	52
	24%	20%	26%	24%	27%	23%	26%	19%	20%	25%	22%	21%	25%	24%	21%	24%	26%	22%	20%
					ah					a									
Disagree (2.0)	312	100	32	42	52	25	26	6	28	152	60	74	73	124	36	109	76	92	31
	15%	25%	17%	14%	13%	10%	13%	8%	13%	13%	12%	15%	13%	17%	14%	18%	15%	14%	12%
		bcdefghij	eg											b		d			
Strongly disagree (1.0)	142	81	13	16	10	7	4	1	9	47	14	41	40	42	18	60	26	27	26
	7%	20%	7%	5%	3%	3%	2%	1%	4%	4%	3%	8%	7%	6%	7%	10%	5%	4%	10%
		bcdefghij	defgij	fj												bc			bc
Don't know	17	8	2	3	2	1	-	-	1	8	1	3	-	3	5	4	6	2	-
	1%	2%	1%	1%	*	*	-	-	*	1%	*	1%	-	*	2%	1%	1%	*	-
		dfij										b			bc				
NET: Agree	1099	128	89	168	226	167	126	56	139	649	322	261	310	380	141	292	273	374	146
	54%	32%	48%	56%	56%	64%	60%	73%	63%	57%	63%	54%	55%	53%	55%	48%	53%	59%	57%
			a	a	a	abci	ab	abcdfi	ab	ab	abcdi							ab	a
NET: Disagree	454	181	45	58	63	32	30	7	37	199	74	114	113	166	55	168	102	118	57
	22%	46%	25%	19%	16%	12%	14%	9%	17%	17%	14%	24%	20%	23%	21%	28%	20%	19%	22%
		bcdefghij	defghij	eg						eg						bc			
Base for stats	2036	389	181	298	398	261	212	77	220	1138	509	479	562	719	250	608	510	632	255
Mean Score	3.42	2.73	3.29	3.47	3.55	3.69	3.66	3.99	3.65	3.52	3.71	3.40	3.46	3.37	3.51	3.24	3.46	3.53	3.48
			a	a	ab	abci	abc	abcdefhij	ab	ab	abcdi							a	a
																		a	a
Standard Deviation	1.143	1.265	1.123	1.080	1.002	.986	1.012	.974	1.095	1.046	1.048	1.194	1.140	1.092	1.207	1.186	1.101	1.065	1.257
Standard Error	.025	.067	.083	.061	.049	.060	.069	.110	.075	.031	.046	.054	.047	.042	.077	.048	.049	.043	.079
Error variance	*	*	.01	*	*	*	*	.01	.01	*	*	*	*	*	.01	*	*	*	.01

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Q8.5. I feel guilty when I don't exercise: How much do you agree or disagree with each of these statements today?
BASE: All respondents

| | | | Amount of activity now compared to last year | | |
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(5.0)	344	168	87	89
		17%	24%	11%	17%
			bc		b
Agree	(4.0)	755	287	249	215
		37%	40%	32%	41%
			b		b
Neither agree nor disagree	(3.0)	483	165	190	115
		24%	23%	24%	22%
Disagree	(2.0)	312	79	161	71
		15%	11%	20%	14%
				ac	
Strongly disagree	(1.0)	142	15	97	28
		7%	2%	12%	5%
				ac	a
Don't know		17	-	5	6
		1%	-	1%	1%
				a	a
NET: Agree		1099	456	336	303
		54%	64%	43%	58%
			bc		b
NET: Disagree		454	94	259	100
		22%	13%	33%	19%
				ac	a
Base for stats		2036	715	785	518
Mean Score		3.42	3.72	3.08	3.51
			bc		b
Standard Deviation		1.143	1.012	1.207	1.094
Standard Error		.025	.037	.044	.048
Error variance		*	*	*	*

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Q8Xb. SUMMARY: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Ranked 1st	Ranked 2nd	Ranked 3rd	Not ranked	None of the above	I don't face any challenges to being active	NET: Ranked Top 3
Too tired / lacking energy	2053 100%	276 13%	262 13%	177 9%	1084 53%	89 4%	165 8%	715 35%
I'm not fit enough	2053 100%	208 10%	169 8%	129 6%	1294 63%	89 4%	165 8%	505 25%
I'm worried about Covid-19	2053 100%	154 7%	131 6%	87 4%	1427 69%	89 4%	165 8%	372 18%
Working commitments (e.g. location, travel, hours)	2053 100%	130 6%	105 5%	111 5%	1453 71%	89 4%	165 8%	346 17%
I just don't want to	2053 100%	148 7%	100 5%	81 4%	1470 72%	89 4%	165 8%	329 16%
Bad weather	2053 100%	153 7%	88 4%	88 4%	1471 72%	89 4%	165 8%	328 16%
I've been unwell or self-isolating	2053 100%	108 5%	65 3%	68 3%	1558 76%	89 4%	165 8%	241 12%
I don't want to get "pinged" or have to self-isolate	2053 100%	91 4%	85 4%	63 3%	1560 76%	89 4%	165 8%	239 12%
Childcare	2053 100%	104 5%	65 3%	54 3%	1576 77%	89 4%	165 8%	223 11%
I can't afford the things I need to be active	2053 100%	71 3%	63 3%	63 3%	1602 78%	89 4%	165 8%	197 10%
Don't have the right space / equipment	2053 100%	58 3%	64 3%	50 2%	1626 79%	89 4%	165 8%	172 8%
I don't have anyone to exercise with	2053 100%	47 2%	46 2%	68 3%	1638 80%	89 4%	165 8%	161 8%
Other commitments (excluding childcare/ caring responsibilities)	2053 100%	33 2%	56 3%	48 2%	1662 81%	89 4%	165 8%	137 7%
Difficult to book onto or access the activity I want to do	2053 100%	51 3%	38 2%	43 2%	1666 81%	89 4%	165 8%	133 6%
Other caring responsibilities	2053 100%	32 2%	56 3%	36 2%	1674 82%	89 4%	165 8%	125 6%

Q8Xb. SUMMARY: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Ranked 1st	Ranked 2nd	Ranked 3rd	Not ranked	None of the above	I don't face any challenges to being active	NET: Ranked Top 3
I'm unclear what the current rules and requirements are around being active	2053	40	38	34	1687	89	165	112
	100%	2%	2%	2%	82%	4%	8%	5%
My preferred activities aren't available	2053	41	30	34	1694	89	165	105
	100%	2%	1%	2%	83%	4%	8%	5%
Limited or no access to the internet	2053	10	25	21	1743	89	165	56
	100%	*	1%	1%	85%	4%	8%	3%
Other	2053	42	26	15	1716	89	165	83
	100%	2%	1%	1%	84%	4%	8%	4%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	715	311	401	221	244	250	32	88	64	79	70	92	97	116	76
	35%	31%	38%	36%	36%	33%	33%	33%	32%	37%	40%	41%	30%	35%	36%
			a								g	g			
I'm not fit enough	505	252	251	117	144	244	27	95	51	50	39	51	58	87	47
	25%	25%	24%	19%	21%	32%	28%	35%	25%	23%	22%	22%	18%	26%	22%
						ab	g	cdefghi						g	
I'm worried about Covid-19	372	186	185	108	130	134	20	50	45	31	31	39	68	52	37
	18%	19%	18%	17%	19%	18%	21%	19%	22%	14%	17%	17%	21%	15%	18%
									dh				d		
Working commitments (e.g. location, travel, hours)	346	185	160	121	155	70	10	50	28	35	33	41	54	54	41
	17%	18%	15%	19%	23%	9%	11%	19%	14%	16%	18%	18%	17%	16%	20%
				c	c										a
I just don't want to	329	183	144	78	95	157	11	45	31	39	35	41	29	57	40
	16%	18%	14%	13%	14%	21%	11%	17%	16%	18%	20%	18%	9%	17%	19%
		b				ab		g	g	g	g	g		g	g
Bad weather	328	174	154	113	101	114	12	29	34	39	25	29	61	60	40
	16%	17%	15%	18%	15%	15%	12%	11%	17%	18%	14%	13%	19%	18%	19%
										b			b	b	b
I've been unwell or self-isolating	241	121	120	66	68	106	13	29	27	21	33	25	30	43	20
	12%	12%	12%	11%	10%	14%	13%	11%	13%	10%	19%	11%	9%	13%	9%
						b					bdfgi				
I don't want to get "pinged" or have to self-isolate	239	111	126	84	82	73	17	25	19	25	19	30	36	40	27
	12%	11%	12%	14%	12%	10%	18%	9%	9%	12%	11%	13%	11%	12%	13%
				c			bc								
Childcare	223	71	150	99	105	19	12	30	23	16	26	20	35	39	22
	11%	7%	14%	16%	16%	2%	12%	11%	11%	8%	15%	9%	11%	12%	10%
			a	c	c						d				
I can't afford the things I need to be active	197	66	130	88	77	32	6	14	21	18	17	26	36	40	20
	10%	7%	12%	14%	11%	4%	6%	5%	11%	8%	9%	11%	11%	12%	9%
			a	c	c				b			b	b	b	
Don't have the right space / equipment	172	60	113	89	52	32	5	19	17	23	13	14	41	28	13
	8%	6%	11%	14%	8%	4%	5%	7%	8%	11%	7%	6%	13%	8%	6%
			a	bc	c								abfi		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I don't have anyone to exercise with	161	64	96	72	50	38	8	16	18	19	11	22	31	24	12
	8%	6%	9%	12%	7%	5%	8%	6%	9%	9%	6%	10%	10%	7%	6%
			a	bc											
Other commitments (excluding childcare/ caring responsibilities)	137	68	70	54	55	29	7	19	7	15	11	18	32	22	6
	7%	7%	7%	9%	8%	4%	7%	7%	3%	7%	6%	8%	10%	7%	3%
				c	c							i	ci		
Difficult to book onto or access the activity I want to do	133	50	82	58	49	26	6	19	15	13	7	16	27	21	8
	6%	5%	8%	9%	7%	3%	6%	7%	7%	6%	4%	7%	8%	6%	4%
			a	c	c								e		
Other caring responsibilities	125	53	72	43	56	27	8	16	11	12	10	14	26	20	7
	6%	5%	7%	7%	8%	3%	8%	6%	6%	6%	6%	6%	8%	6%	3%
				c	c								i		
I'm unclear what the current rules and requirements are around being active	112	50	63	52	28	32	5	12	14	15	10	7	23	12	14
	5%	5%	6%	8%	4%	4%	6%	4%	7%	7%	6%	3%	7%	4%	7%
				bc									h		
My preferred activities aren't available	105	46	59	49	44	12	5	15	8	12	8	12	24	15	7
	5%	5%	6%	8%	7%	2%	5%	6%	4%	6%	4%	5%	8%	5%	3%
				c	c										
Limited or no access to the internet	56	21	35	34	16	6	2	10	4	10	5	6	13	6	1
	3%	2%	3%	6%	2%	1%	2%	4%	2%	5%	3%	3%	4%	2%	*
				bc	c			i		hi			i		
Other	83	54	29	13	15	55	3	10	7	9	7	9	14	10	15
	4%	5%	3%	2%	2%	7%	3%	4%	3%	4%	4%	4%	4%	3%	7%
		b				ab									h

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	715	49	151	172	99	83	161	372	343	634	18	33	21	2	4	78
	35%	26%	34%	36%	39%	38%	34%	34%	36%	37%	32%	26%	27%	11%	29%	26%
			a	a	a	a	a	a	a	cg						
I'm not fit enough	505	31	95	104	61	52	162	230	275	453	10	26	11	-	1	47
	25%	16%	22%	22%	24%	24%	34%	21%	29%	26%	18%	19%	14%	-	7%	16%
					a	a	abcdeg		abcg	dg						
I'm worried about Covid-19	372	36	90	86	48	35	78	211	161	307	9	34	16	1	1	60
	18%	19%	20%	18%	19%	16%	17%	19%	17%	18%	15%	26%	21%	9%	6%	20%
												a				
Working commitments (e.g. location, travel, hours)	346	45	101	103	47	44	5	249	96	291	7	25	14	2	5	53
	17%	24%	23%	22%	18%	21%	1%	22%	10%	17%	13%	19%	17%	10%	41%	18%
		fh	fh	fh	fh	fh		fh	f							
I just don't want to	329	14	70	64	44	32	106	148	181	305	3	12	5	2	2	24
	16%	8%	16%	13%	17%	15%	22%	13%	19%	18%	6%	9%	6%	11%	16%	8%
			a	a	a	a	abceg	a	acg	bcdg						
Bad weather	328	40	70	77	38	37	66	187	141	271	11	23	13	4	2	53
	16%	21%	16%	16%	15%	17%	14%	17%	15%	16%	20%	18%	16%	28%	13%	18%
		fh														
I've been unwell or self-isolating	241	17	44	49	26	26	78	110	130	207	8	12	11	1	-	31
	12%	9%	10%	10%	10%	12%	17%	10%	14%	12%	14%	9%	14%	4%	-	11%
							abcdg		bg							
I don't want to get "pinged" or have to self-isolate	239	26	60	65	28	22	37	151	88	204	6	17	9	-	1	33
	12%	14%	14%	14%	11%	10%	8%	14%	9%	12%	11%	13%	11%	-	7%	11%
		f	fh	fh				fh								
Childcare	223	28	55	60	31	29	20	142	80	176	7	16	12	2	6	42
	11%	15%	12%	13%	12%	14%	4%	13%	9%	10%	13%	12%	15%	12%	44%	14%
		fh	fh	fh	f	fh		fh	f							a
I can't afford the things I need to be active	197	16	42	50	28	26	36	108	89	160	8	12	13	2	1	36
	10%	8%	10%	10%	11%	12%	8%	10%	9%	9%	14%	9%	17%	14%	6%	12%
													a			
Don't have the right space / equipment	172	20	49	31	23	17	32	100	72	125	6	21	13	2	2	44
	8%	11%	11%	6%	9%	8%	7%	9%	8%	7%	11%	16%	16%	11%	12%	15%
			cfh									a	a			a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I don't have anyone to exercise with	161	16	35	30	27	17	36	81	80	132	5	15	7	1	-	28
	8%	8%	8%	6%	10%	8%	7%	7%	8%	8%	9%	12%	8%	9%	-	10%
					c											
Other commitments (excluding childcare/ caring responsibilities)	137	18	38	33	25	12	11	89	48	105	4	16	8	-	5	33
	7%	9%	9%	7%	10%	6%	2%	8%	5%	6%	7%	12%	10%	-	39%	11%
		fh	fh	f	fh	f		fh	f			a				a
Difficult to book onto or access the activity I want to do	133	21	33	29	25	11	13	84	49	95	12	12	6	5	-	35
	6%	11%	8%	6%	10%	5%	3%	8%	5%	5%	21%	9%	8%	29%	-	12%
		cefh	f	f	fh			fh	f		acdg					a
Other caring responsibilities	125	11	24	35	19	14	22	69	55	87	8	12	10	3	1	34
	6%	6%	5%	7%	8%	6%	5%	6%	6%	5%	14%	9%	13%	21%	9%	12%
											a	a	a			a
I'm unclear what the current rules and requirements are around being active	112	19	22	20	17	14	19	62	50	91	3	11	4	2	2	21
	5%	10%	5%	4%	7%	7%	4%	6%	5%	5%	5%	9%	5%	12%	12%	7%
		bcfgh														
My preferred activities aren't available	105	10	29	29	17	13	7	68	37	77	8	11	5	2	-	26
	5%	5%	7%	6%	7%	6%	1%	6%	4%	4%	14%	9%	7%	11%	-	9%
		f	fh	f	fh	f		fh	f		a	a				a
Limited or no access to the internet	56	12	13	14	8	6	3	39	17	42	2	6	4	1	-	14
	3%	6%	3%	3%	3%	3%	1%	3%	2%	2%	4%	5%	5%	6%	-	5%
		bcfgh	f	f	f	f		fh								a
Other	83	2	12	19	6	7	37	33	49	78	2	2	1	-	-	4
	4%	1%	3%	4%	2%	3%	8%	3%	5%	4%	3%	1%	1%	-	-	1%
							abcdeg		abdg	g						

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	715	454	127	100	227	16	33	255	87	21	13	46	52	65	127	49
	35%	36%	36%	30%	33%	30%	30%	35%	34%	32%	26%	42%	51%	40%	31%	30%
		c										jk	abcdefijk			
I'm not fit enough	505	353	74	56	130	9	17	140	60	12	14	35	23	57	139	26
	25%	28%	21%	17%	19%	18%	15%	19%	23%	18%	28%	31%	22%	35%	34%	16%
		bcd										bck		abcdehk	abcdehk	
I'm worried about Covid-19	372	224	62	66	128	12	23	146	30	9	11	17	17	27	78	35
	18%	18%	18%	20%	19%	22%	21%	20%	12%	14%	21%	15%	17%	17%	19%	22%
						d	d	d								d
Working commitments (e.g. location, travel, hours)	346	180	84	69	154	11	26	232	37	17	7	2	12	1	1	37
	17%	14%	24%	21%	22%	20%	24%	32%	14%	27%	14%	2%	11%	1%	*	23%
			a	a	a	gij	dghij	dfghijk	gij	dghij	gij		gij			dghij
I just don't want to	329	235	44	39	84	5	14	99	36	6	7	15	18	31	99	18
	16%	19%	13%	12%	12%	9%	12%	14%	14%	9%	13%	13%	18%	19%	24%	11%
		bcd												ek	abcdegk	
Bad weather	328	191	60	60	120	7	20	132	43	10	5	17	14	14	66	27
	16%	15%	17%	18%	17%	14%	18%	18%	17%	16%	10%	15%	14%	8%	16%	17%
							i	i	i						i	i
I've been unwell or self-isolating	241	163	31	34	65	7	10	68	24	5	8	15	11	30	65	16
	12%	13%	9%	10%	9%	13%	9%	9%	9%	7%	15%	13%	11%	19%	16%	10%
		bd												bcdek	cd	
I don't want to get "pinged" or have to self-isolate	239	150	42	37	80	11	16	91	35	8	5	11	17	12	32	27
	12%	12%	12%	11%	12%	21%	15%	12%	13%	13%	9%	10%	16%	7%	8%	17%
						ij	ij	j	j				ij			ij
Childcare	223	30	76	103	179	10	11	105	36	11	4	13	5	20	7	21
	11%	2%	22%	31%	26%	19%	10%	14%	14%	18%	8%	12%	5%	12%	2%	13%
			a	ab	a	hj	j	hj	hj	hj	j	hj		hj		hj

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Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I can't afford the things I need to be active	197	98	39	52	90	8	18	67	25	5	5	23	11	22	13	26
	10%	8%	11%	15%	13%	15%	16%	9%	10%	8%	9%	20%	11%	13%	3%	16%
				a	a	j	cj	j	j			cdehj	j	j		cj
Don't have the right space / equipment	172	89	42	27	69	5	11	69	20	4	5	17	13	15	14	16
	8%	7%	12%	8%	10%	10%	10%	9%	8%	6%	10%	16%	13%	9%	4%	10%
			a		a	j	j	j	j			cdej	j	j		j
I don't have anyone to exercise with	161	89	39	24	63	2	13	60	17	6	2	9	15	13	24	15
	8%	7%	11%	7%	9%	4%	12%	8%	7%	9%	5%	8%	15%	8%	6%	9%
			a				j						acdj			
Other commitments (excluding childcare/ caring responsibilities)	137	63	31	40	72	3	11	62	21	10	3	7	3	3	14	14
	7%	5%	9%	12%	10%	6%	10%	8%	8%	16%	7%	6%	3%	2%	3%	8%
			a	a	a		hij	hij	ij	cdghij						hij
Difficult to book onto or access the activity I want to do	133	65	23	33	57	4	17	57	18	3	7	2	5	4	14	21
	6%	5%	7%	10%	8%	8%	15%	8%	7%	5%	14%	2%	5%	2%	3%	13%
				a	a	gi	cdeghij	gij	gi		ghij					cdghij
Other caring responsibilities	125	61	25	28	52	1	10	48	21	3	7	5	8	8	13	11
	6%	5%	7%	8%	8%	2%	9%	7%	8%	5%	13%	4%	8%	5%	3%	7%
				a	a		j	j	j		agj		j			
I'm unclear what the current rules and requirements are around being active	112	65	23	20	43	2	6	45	18	8	3	4	4	2	19	8
	5%	5%	7%	6%	6%	4%	6%	6%	7%	12%	7%	3%	4%	2%	5%	5%
							i	i	i	ghij						
My preferred activities aren't available	105	46	22	28	50	8	8	44	17	4	2	6	5	7	4	15
	5%	4%	6%	8%	7%	14%	7%	6%	6%	6%	5%	5%	5%	4%	1%	9%
			a	a	a	cdghij	j	j	j	j	j	j	j	j		j

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Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Limited or no access to the internet	56	25	13	15	28	2	10	24	8	-	3	3	2	2	2	12
	3%	2%	4%	5%	4%	4%	9%	3%	3%	-	6%	2%	2%	1%	*	8%
				a	a	j	cdeghij	j	j		eij					cdeghij
Other	83	66	12	3	15	1	2	15	6	2	1	6	4	14	32	3
	4%	5%	3%	1%	2%	2%	2%	2%	2%	3%	1%	6%	4%	8%	8%	2%
		cd	c									c		bcdk	bcdk	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	715	197	129	48	13	177	209	234	82	63	10	146	245	113	381	198	24	603
	35%	33%	37%	29%	28%	35%	32%	36%	29%	33%	27%	31%	35%	33%	36% d	35% d	24%	35% d
I'm not fit enough	505	128	64	31	6	95	134	135	44	42	12	85	147	91	284	109	22	414
	25%	21%	19%	19%	14%	19%	21%	21%	16%	22%	31% be	18%	21% b	27% c	27% c	19%	21%	24% c
I'm worried about Covid-19	372	103	71	32	9	104	112	120	56	32	5	89	125	48	202	100	23	324
	18%	17%	21%	19%	19%	20%	17%	18%	20%	17%	14%	19%	18%	14%	19% a	18%	23% a	19% a
Working commitments (e.g. location, travel, hours)	346	172	91	33	9	125	182	196	60	42	9	102	206	41	167	120	19	305
	17%	29% c	27%	20%	20%	24%	28% c	30% bce	21%	22%	25%	22%	30% bce	12%	16%	21% ab	19%	18% a
I just don't want to	329	75	49	24	3	73	78	97	31	24	3	56	100	69	171	77	11	260
	16%	12%	14%	14%	8%	14%	12%	15%	11%	13%	9%	12%	14%	20% cde	16%	14%	11%	15%
Bad weather	328	92	70	29	4	99	96	107	50	35	5	85	111	45	168	102	14	283
	16%	15%	20% af	18%	9%	19% f	15%	16%	18%	18%	12%	18%	16%	13%	16%	18% a	14%	17%
I've been unwell or self-isolating	241	49	38	17	4	55	53	57	32	17	5	49	62	45	133	54	8	195
	12%	8%	11%	10%	9%	11%	8%	9%	11%	9%	12%	10%	9%	13%	13%	10%	8%	11%
I don't want to get "pinged" or have to self-isolate	239	85	44	18	7	62	92	82	39	25	8	63	90	26	122	77	14	213
	12%	14%	13%	11%	15%	12%	14%	12%	14%	13%	20%	13%	13%	8%	12% a	14% a	14% a	12% a
Childcare	223	94	40	20	4	59	98	89	50	18	1	68	90	11	91	107	13	212
	11%	16%	12%	12%	9%	12%	15%	14%	18% cdf	10%	3%	14% d	13%	3%	9% a	19% abe	13% a	12% ab

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I can't afford the things I need to be active	197	63	30	15	6	45	69	62	28	22	5	50	67	31	85	73	8	166
	10%	10%	9%	9%	12%	9%	11%	9%	10%	11%	13%	11%	10%	9%	8%	13%	8%	10%
																be		
Don't have the right space / equipment	172	47	40	14	5	54	52	49	40	11	4	51	53	20	78	63	11	152
	8%	8%	12%	8%	11%	11%	8%	7%	14%	6%	10%	11%	8%	6%	7%	11%	11%	9%
									acf			af				ab		
I don't have anyone to exercise with	161	62	20	10	-	30	62	57	28	7	3	35	60	22	85	45	9	139
	8%	10%	6%	6%	-	6%	10%	9%	10%	4%	8%	8%	9%	6%	8%	8%	9%	8%
		bde					bde	c	c				c					
Other commitments (excluding childcare/ caring responsibilities)	137	46	35	19	5	54	51	40	34	26	5	60	45	12	58	53	15	126
	7%	8%	10%	11%	12%	11%	8%	6%	12%	14%	13%	13%	6%	3%	5%	9%	15%	7%
									af	af		af				ab	abe	a
Difficult to book onto or access the activity I want to do	133	55	24	13	5	38	60	52	30	15	1	45	53	17	56	52	8	116
	6%	9%	7%	8%	12%	7%	9%	8%	11%	8%	4%	10%	8%	5%	5%	9%	8%	7%
																abe		
Other caring responsibilities	125	42	24	15	3	39	45	43	24	14	5	38	47	9	69	38	9	116
	6%	7%	7%	9%	6%	8%	7%	6%	9%	7%	13%	8%	7%	3%	7%	7%	9%	7%
															a	a	a	a
I'm unclear what the current rules and requirements are around being active	112	34	25	15	6	39	40	35	27	12	5	40	40	18	55	33	6	94
	5%	6%	7%	9%	14%	8%	6%	5%	10%	7%	13%	8%	6%	5%	5%	6%	6%	6%
					af				af			a	a					
My preferred activities aren't available	105	35	22	8	6	30	41	34	16	19	2	35	36	13	44	42	6	92
	5%	6%	6%	5%	14%	6%	6%	5%	6%	10%	6%	7%	5%	4%	4%	7%	6%	5%
					ace					af						ab		

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Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Limited or no access to the internet	56	19	15	7	3	22	23	14	20	9	2	30	15	5	26	21	4	51
	3%	3%	4%	5%	7%	4%	3%	2%	7%	5%	5%	6%	2%	2%	2%	4%	4%	3%
									af	af		af						
Other	83	12	9	2	1	11	13	15	4	2	-	7	15	19	49	11	4	64
	4%	2%	3%	1%	2%	2%	2%	2%	2%	1%	-	1%	2%	6%	5%	2%	4%	4%
														c	c			c

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	715	106	489	145	170	15	426	279	50	568	147	610	102
	35%	27%	38%	44%	41%	18%	33%	39%	50%	35%	35%	35%	34%
			a	cd	cd		c	cd	cde				
I'm not fit enough	505	75	331	99	159	14	268	227	42	388	117	440	64
	25%	19%	26%	30%	38%	16%	21%	32%	42%	24%	28%	25%	21%
			a	cd	acde			cd	acde				
I'm worried about Covid-19	372	80	235	69	84	13	218	140	23	309	63	322	47
	18%	20%	18%	21%	20%	15%	17%	20%	23%	19%	15%	19%	15%
Working commitments (e.g. location, travel, hours)	346	62	238	50	35	10	250	86	8	290	56	300	44
	17%	16%	19%	15%	8%	11%	20%	12%	8%	18%	13%	17%	15%
				b			bef			b			
I just don't want to	329	41	216	55	71	8	210	114	19	254	75	277	52
	16%	10%	17%	17%	17%	9%	16%	16%	19%	16%	18%	16%	17%
			a						c				
Bad weather	328	66	210	30	46	8	242	80	5	264	64	287	38
	16%	17%	17%	9%	11%	10%	19%	11%	5%	16%	15%	17%	13%
							abcef						
I've been unwell or self-isolating	241	48	142	52	116	12	82	152	27	209	31	209	30
	12%	12%	11%	16%	28%	14%	6%	21%	27%	13%	7%	12%	10%
				d	acde	d		ad	acd	b			
I don't want to get "pinged" or have to self-isolate	239	61	149	38	39	11	160	74	12	194	45	208	29
	12%	15%	12%	12%	9%	13%	12%	10%	12%	12%	11%	12%	10%
Childcare	223	70	138	47	25	3	150	69	7	184	39	196	25
	11%	18%	11%	14%	6%	4%	12%	10%	7%	11%	9%	11%	8%
		b		bcef			bc	b					
I can't afford the things I need to be active	197	53	112	46	40	11	112	79	16	161	36	158	38
	10%	13%	9%	14%	10%	13%	9%	11%	16%	10%	9%	9%	13%
		b		d					d				

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Don't have the right space / equipment	172 8%	43 11%	106 8%	28 8%	28 7%	12 14% b	110 9%	58 8%	7 7%	136 8%	36 9%	150 9%	22 7%
I don't have anyone to exercise with	161 8%	41 10%	95 7%	33 10%	26 6%	6 7%	101 8%	57 8%	7 7%	122 7%	39 9%	144 8%	18 6%
Other commitments (excluding childcare/ caring responsibilities)	137 7%	48 12% b	75 6%	28 9% bf	17 4%	9 11% bf	86 7%	50 7%	2 2%	110 7%	27 6%	112 6%	25 8%
Difficult to book onto or access the activity I want to do	133 6%	46 12% b	67 5%	17 5%	19 5%	5 6%	91 7% f	38 5%	1 1%	107 7%	26 6%	113 7%	19 6%
Other caring responsibilities	125 6%	59 15% b	54 4%	34 10% bd	25 6%	7 8%	65 5%	57 8% d	7 7%	102 6%	22 5%	104 6%	20 6%
I'm unclear what the current rules and requirements are around being active	112 5%	28 7%	65 5%	17 5%	20 5%	3 4%	75 6%	38 5%	2 2%	91 6%	21 5%	90 5%	21 7%
My preferred activities aren't available	105 5%	39 10% b	51 4%	25 7% d	17 4%	7 9%	60 5%	41 6%	4 4%	86 5%	19 5%	90 5%	15 5%
Limited or no access to the internet	56 3%	25 6% b	24 2%	10 3%	8 2%	9 10% abdef	29 2%	25 3%	- -	45 3%	11 3%	45 3%	9 3%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Other	83	8	54	16	48	6	23	60	10	65	18	68	15
	4%	2%	4%	5%	12%	8%	2%	8%	10%	4%	4%	4%	5%
			a	d	ad	d		ad	d				

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Too tired / lacking energy	715	175	75	119	128	97	56	18	47	418	122	214	218	228	48	215	180	232	80
	35%	44%	41%	39%	32%	37%	27%	24%	21%	36%	24%	44%	39%	32%	19%	35%	35%	37%	31%
		dfghij	dfghj	dfghj	hj	fghj				fghj		cd	cd	d					
I'm not fit enough	505	162	51	96	82	43	26	9	36	272	71	155	131	166	50	149	106	174	71
	25%	41%	28%	32%	21%	16%	12%	11%	16%	24%	14%	32%	23%	23%	19%	24%	21%	27%	28%
		bcdefghij	defghj	defghij	fj					efghj		bcd						b	b
I'm worried about Covid-19	372	47	20	62	73	61	52	18	39	216	109	83	97	133	57	37	59	178	92
	18%	12%	11%	21%	18%	23%	25%	23%	18%	19%	21%	17%	17%	18%	22%	6%	11%	28%	36%
				ab	ab	ab	abi	ab		ab	ab						a	ab	abc
Working commitments (e.g. location, travel, hours)	346	37	36	46	81	50	51	22	23	213	96	62	110	135	37	121	104	93	27
	17%	9%	20%	15%	20%	19%	24%	28%	11%	19%	19%	13%	19%	19%	14%	20%	20%	15%	11%
			ah	a	ah	ah	ach	achi		ah	ah		a	a		cd	cd		
I just don't want to	329	133	39	40	53	24	18	5	19	155	41	97	83	114	31	109	78	95	43
	16%	34%	21%	13%	13%	9%	9%	6%	8%	14%	8%	20%	15%	16%	12%	18%	15%	15%	17%
			bcdefghij	cdefghij	j	j					efhj		bcd						
Bad weather	328	22	28	46	72	45	46	13	57	190	115	70	88	131	38	90	107	95	33
	16%	6%	15%	15%	18%	17%	22%	17%	26%	17%	23%	14%	16%	18%	15%	15%	21%	15%	13%
			a	a	a	a	a	a	abcdei	a	abci						acd		
I've been unwell or self-isolating	241	64	27	40	37	25	27	2	17	130	47	82	73	64	21	43	65	90	36
	12%	16%	15%	13%	9%	9%	13%	3%	8%	11%	9%	17%	13%	9%	8%	7%	13%	14%	14%
			deghij	ghj	gh			g			g		cd	c				a	a	a
I don't want to get "pinged" or have to self-isolate	239	24	16	40	54	37	23	14	29	149	66	45	65	95	32	52	57	90	36
	12%	6%	9%	13%	14%	14%	11%	19%	13%	13%	13%	9%	12%	13%	13%	8%	11%	14%	14%
				a	a	a	a	ab	a	a	a			a				a	a
Childcare	223	12	19	36	60	39	18	14	25	154	56	42	71	82	25	65	60	75	20
	11%	3%	11%	12%	15%	15%	8%	18%	11%	13%	11%	9%	13%	11%	10%	11%	12%	12%	8%
			a	a	af	af	a	af	a	af	a		a						
I can't afford the things I need to be active	197	37	18	33	37	29	22	6	14	118	42	59	63	45	28	53	55	64	23
	10%	9%	10%	11%	9%	11%	11%	7%	6%	10%	8%	12%	11%	6%	11%	9%	11%	10%	9%
												c	c		c				
Don't have the right space / equipment	172	18	18	29	44	25	22	6	12	115	39	42	54	57	19	48	42	62	18
	8%	5%	10%	10%	11%	9%	10%	7%	5%	10%	8%	9%	10%	8%	7%	8%	8%	10%	7%
			a	a	ah	a	a			ah									

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I don't have anyone to exercise with	161	30	12	27	40	27	9	5	11	106	25	50	40	54	17	51	41	52	15
	8%	8%	7%	9%	10%	10%	4%	6%	5%	9%	5%	10%	7%	7%	7%	8%	8%	8%	6%
				fj	fhj	fhj				fhj									
Other commitments (excluding childcare/ caring responsibilities)	137	13	13	30	30	22	14	7	8	95	29	21	40	58	17	44	39	39	15
	7%	3%	7%	10%	8%	8%	7%	9%	4%	8%	6%	4%	7%	8%	7%	7%	8%	6%	6%
			a	ahj	a	ah		a		ah			a	a					
Difficult to book onto or access the activity I want to do	133	7	8	14	37	25	22	4	17	83	42	25	33	49	25	41	34	43	14
	6%	2%	4%	5%	9%	9%	10%	5%	8%	7%	8%	5%	6%	7%	10%	7%	7%	7%	6%
				a	abc	abc	abc		a	a	ac				ab				
Other caring responsibilities	125	17	9	22	24	22	17	3	10	78	30	35	44	26	18	37	37	33	17
	6%	4%	5%	7%	6%	8%	8%	4%	4%	7%	6%	7%	8%	4%	7%	6%	7%	5%	6%
						a						c	c		c				
I'm unclear what the current rules and requirements are around being active	112	18	6	12	29	15	15	2	16	61	33	27	29	36	19	32	31	36	13
	5%	4%	3%	4%	7%	6%	7%	3%	7%	5%	7%	6%	5%	5%	8%	5%	6%	6%	5%
My preferred activities aren't available	105	6	11	20	28	19	10	2	9	78	21	19	38	31	16	23	38	35	9
	5%	1%	6%	7%	7%	7%	5%	3%	4%	7%	4%	4%	7%	4%	6%	4%	7%	6%	4%
			a	a	a	a	a			aj	a		a				ad		
Limited or no access to the internet	56	4	8	7	13	14	8	1	1	42	10	14	15	12	13	14	19	19	4
	3%	1%	5%	2%	3%	5%	4%	1%	*	4%	2%	3%	3%	2%	5%	2%	4%	3%	1%
			ah		ah	achj	ah			ah					c				
Other	83	46	6	7	9	3	4	3	5	26	11	26	19	30	7	27	14	21	15
	4%	12%	3%	2%	2%	1%	2%	3%	2%	2%	2%	5%	3%	4%	3%	4%	3%	3%	6%
		bcdefghij																	b

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Too tired / lacking energy	715	207	245	259
	35%	29%	31%	49%
				ab
I'm not fit enough	505	123	189	188
	25%	17%	24%	36%
			a	ab
I'm worried about Covid-19	372	146	122	101
	18%	20%	16%	19%
		b		
Working commitments (e.g. location, travel, hours)	346	155	111	79
	17%	22%	14%	15%
		bc		
I just don't want to	329	64	159	105
	16%	9%	20%	20%
			a	a
Bad weather	328	141	126	60
	16%	20%	16%	12%
		c	c	
I've been unwell or self-isolating	241	80	74	84
	12%	11%	9%	16%
				ab
I don't want to get "pinged" or have to self-isolate	239	90	89	58
	12%	13%	11%	11%
Childcare	223	108	53	60
	11%	15%	7%	12%
		b		b
I can't afford the things I need to be active	197	79	69	47
	10%	11%	9%	9%
Don't have the right space / equipment	172	78	48	46
	8%	11%	6%	9%
		b		
I don't have anyone to exercise with	161	65	43	52
	8%	9%	5%	10%
		b		b

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb. SUMMARY - Ranked Top 3: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Other commitments (excluding childcare/ caring responsibilities)	137	62	46	30
	7%	9%	6%	6%
		bc		
Difficult to book onto or access the activity I want to do	133	66	38	27
	6%	9%	5%	5%
		bc		
Other caring responsibilities	125	47	44	31
	6%	7%	6%	6%
I'm unclear what the current rules and requirements are around being active	112	45	39	27
	5%	6%	5%	5%
My preferred activities aren't available	105	46	31	29
	5%	6%	4%	5%
		b		
Limited or no access to the internet	56	27	20	9
	3%	4%	3%	2%
		c		
Other	83	18	37	27
	4%	2%	5%	5%
			a	a

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Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	15	18	8	13	11	2	4	3	3	3	5	6	7	-
	2%	1%	2%	1%	2%	1%	2%	2%	1%	1%	2%	2%	2%	2%	-
															i
Ranked 2nd	56	26	30	16	28	12	3	4	4	6	4	7	13	8	5
	3%	3%	3%	3%	4%	2%	3%	2%	2%	3%	2%	3%	4%	3%	3%
					c										
Ranked 3rd	36	12	24	19	14	3	4	7	4	3	3	3	7	4	1
	2%	1%	2%	3%	2%	*	4%	3%	2%	1%	2%	1%	2%	1%	1%
				c	c										
Not ranked	1674	792	877	539	552	583	69	216	163	182	150	189	260	271	173
	82%	79%	84%	87%	82%	77%	70%	81%	81%	85%	85%	83%	80%	81%	83%
			a	bc	c			a	a	a	a	a	a	a	a
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	125	53	72	43	56	27	8	16	11	12	10	14	26	20	7
	6%	5%	7%	7%	8%	3%	8%	6%	6%	6%	6%	6%	8%	6%	3%
				c	c								i		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	3	7	9	6	2	5	19	14	23	3	3	2	-	-	7
	2%	1%	2%	2%	2%	1%	1%	2%	1%	1%	5% a	2%	2%	-	-	2%
Ranked 2nd	56	5	11	14	10	5	11	30	26	35	4	6	6	3	1	20
	3%	2%	2%	3%	4%	2%	2%	3%	3%	2%	7% a	4%	7% a	21%	9%	7% a
Ranked 3rd	36	3	5	12	3	6	6	21	16	28	1	3	3	-	-	7
	2%	2%	1%	2%	1%	3%	1%	2%	2%	2%	1%	3%	3%	-	-	2%
Not ranked	1674	154	373	381	216	182	368	908	766	1425	45	109	60	10	10	235
	82%	81%	84% f	80%	85% f	85% f	78%	82%	81%	82%	80%	83%	77%	66%	80%	80%
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8% bcdeg	4%	5% d	4%	6%	3%	5%	6%	5%	4%
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10% d	8%	8%	9% bg	-	5%	5%	7%	5%	4%
NET: Ranked Top 3	125	11	24	35	19	14	22	69	55	87	8	12	10	3	1	34
	6%	6%	5%	7%	8%	6%	5%	6%	6%	5%	14% a	9% a	13% a	21%	9%	12% a

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Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	19	6	2	8	-	1	12	6	2	2	-	3	2	5	1
	2%	1%	2%	1%	1%	-	1%	2%	2%	3%	4%	-	3%	1%	1%	1%
										g	g		g			
Ranked 2nd	56	27	11	16	27	-	4	23	10	1	5	3	1	3	6	4
	3%	2%	3%	5%	4%	-	3%	3%	4%	1%	9%	3%	1%	2%	2%	2%
				a	a						acehijk					
Ranked 3rd	36	15	7	9	16	1	5	13	6	-	-	2	4	3	2	6
	2%	1%	2%	3%	2%	2%	4%	2%	2%	-	-	1%	4%	2%	1%	4%
				a	a		j						j			j
Not ranked	1674	1007	304	282	585	45	93	618	203	55	35	94	84	138	309	137
	82%	80%	87%	84%	85%	85%	84%	84%	78%	85%	69%	85%	82%	85%	76%	84%
			a		a	f	f	dfj		f		f	f		fj	fj
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	125	61	25	28	52	1	10	48	21	3	7	5	8	8	13	11
	6%	5%	7%	8%	8%	2%	9%	7%	8%	5%	13%	4%	8%	5%	3%	7%
				a	a		j	j	j		agj		j			

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	14	2	5	2	8	15	13	3	4	3	7	15	1	22	8	2	31
	2%	2%	1%	3%	4%	2%	2%	2%	1%	2%	7%	1%	2%	*	2%	1%	2%	2%
				b	b		b				abe				a			
Ranked 2nd	56	17	14	8	1	21	18	18	13	9	2	21	20	5	30	18	3	51
	3%	3%	4%	5%	2%	4%	3%	3%	5%	5%	4%	5%	3%	1%	3%	3%	3%	3%
Ranked 3rd	36	11	8	2	-	10	11	12	8	2	1	10	13	2	18	12	4	34
	2%	2%	2%	1%	-	2%	2%	2%	3%	1%	2%	2%	2%	1%	2%	2%	4%	2%
																	a	
Not ranked	1674	498	290	131	39	421	537	548	234	154	30	387	578	262	851	480	81	1412
	82%	83%	84%	79%	85%	82%	83%	83%	83%	81%	80%	82%	83%	77%	81%	86%	81%	82%
																ab		a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	125	42	24	15	3	39	45	43	24	14	5	38	47	9	69	38	9	116
	6%	7%	7%	9%	6%	8%	7%	6%	9%	7%	13%	8%	7%	3%	7%	7%	9%	7%
															a	a	a	a

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Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	17	13	9	5	1	18	14	1	26	7	28	5
	2%	4%	1%	3%	1%	1%	1%	2%	1%	2%	2%	2%	2%
		b											
Ranked 2nd	56	23	27	17	10	4	28	27	4	49	7	46	10
	3%	6%	2%	5%	2%	5%	2%	4%	4%	3%	2%	3%	3%
		b		d				d					
Ranked 3rd	36	18	14	8	10	2	18	16	2	27	9	30	5
	2%	5%	1%	2%	2%	2%	1%	2%	2%	2%	2%	2%	2%
		b											
Not ranked	1674	313	1069	280	368	66	1023	614	90	1336	338	1429	236
	82%	79%	84%	85%	89%	78%	80%	86%	91%	82%	80%	83%	78%
			a	d	cd			cd	cd			b	
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	125	59	54	34	25	7	65	57	7	102	22	104	20
	6%	15%	4%	10%	6%	8%	5%	8%	7%	6%	5%	6%	6%
		b		bd				d					

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Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	32	7	1	6	6	4	8	-	2	16	10	16	9	4	3	7	14	9	3
	2%	2%	*	2%	1%	1%	4%	-	1%	1%	2%	3%	2%	1%	1%	1%	3%	1%	1%
							bhi					bc					a		
Ranked 2nd	56	4	6	9	10	15	5	1	6	40	11	11	22	15	7	18	17	13	8
	3%	1%	3%	3%	3%	6%	2%	1%	2%	4%	2%	2%	4%	2%	3%	3%	3%	2%	3%
						adj				a			c						
Ranked 3rd	36	6	3	7	8	4	4	2	3	21	9	7	13	7	8	12	6	12	6
	2%	1%	1%	2%	2%	1%	2%	3%	1%	2%	2%	2%	2%	1%	3%	2%	1%	2%	2%
															c				
Not ranked	1674	341	158	258	338	212	158	56	154	965	368	418	473	587	181	464	426	544	217
	82%	86%	86%	86%	84%	81%	75%	73%	69%	84%	72%	87%	84%	81%	71%	76%	82%	86%	85%
		fghj	fghj	fghj	fghj	hj				fghj		cd	d	d			a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	125	17	9	22	24	22	17	3	10	78	30	35	44	26	18	37	37	33	17
	6%	4%	5%	7%	6%	8%	8%	4%	4%	7%	6%	7%	8%	4%	7%	6%	7%	5%	6%
						a						c	c		c				

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Q8Xb.3. Other caring responsibilities: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

| | | Amount of activity now compared to last year | | |
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	32	12	13	6
	2%	2%	2%	1%
Ranked 2nd	56	21	19	15
	3%	3%	2%	3%
Ranked 3rd	36	14	12	9
	2%	2%	1%	2%
Not ranked	1674	584	606	472
	82%	82%	77%	90%
		b		ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	125	47	44	31
	6%	7%	6%	6%

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Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	33	20	13	11	10	12	1	6	5	3	3	2	5	7	1
	2%	2%	1%	2%	2%	2%	1%	2%	3%	1%	2%	1%	2%	2%	*
Ranked 2nd	56	25	31	26	20	11	3	9	2	7	3	8	13	8	3
	3%	2%	3%	4%	3%	1%	4%	3%	1%	3%	2%	4%	4%	2%	1%
				c									c		
Ranked 3rd	48	23	25	17	25	6	3	4	-	4	5	8	14	8	2
	2%	2%	2%	3%	4%	1%	3%	2%	-	2%	3%	3%	4%	2%	1%
				c	c		c				c	c	bci	c	
Not ranked	1662	778	879	528	553	581	70	213	168	179	150	185	254	269	174
	81%	78%	84%	85%	82%	76%	72%	80%	83%	83%	85%	82%	79%	80%	83%
			a	c	c				a	a	a				a
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	137	68	70	54	55	29	7	19	7	15	11	18	32	22	6
	7%	7%	7%	9%	8%	4%	7%	7%	3%	7%	6%	8%	10%	7%	3%
				c	c							i	ci		

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Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	Ethnicity White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053 100%	190 100%	442 100%	477 100%	255 100%	215 100%	474 100%	1109 100%	944 100%	1734 100%	57 100%	131 100%	79 100%	16 100%	13 100%	295 100%
Ranked 1st	33 2%	4 2%	7 2%	9 2%	4 1%	2 1%	8 2%	21 2%	13 1%	27 2%	1 2%	4 3%	1 1%	- -	1 7%	7 2%
Ranked 2nd	56 3%	9 5% fh	19 4% fh	10 2% f	13 5% cfh	5 2% f	1 *	37 3% fh	18 2% f	42 2%	2 3%	8 6% a	3 3%	- -	1 8%	14 5% a
Ranked 3rd	48 2%	5 3% f	12 3% f	14 3% f	8 3% f	6 3% f	3 1%	31 3% f	17 2%	36 2%	1 1%	3 3%	5 6% a	- -	3 24%	12 4% a
Not ranked	1662 81%	147 77%	358 81%	383 80%	211 83%	184 85% a	379 80%	888 80%	774 82%	1407 81%	49 87%	105 80%	62 79%	14 87%	6 51%	237 80%
None of the above	89 4%	9 5%	14 3%	19 4%	5 2%	6 3%	36 8% bcdeg	42 4%	47 5% d	72 4%	4 6%	3 3%	4 5%	1 6%	1 5%	13 4%
I don't face any challenges to being active	165 8%	16 9%	32 7%	42 9%	14 6%	13 6%	48 10% d	90 8%	75 8%	150 9% bg	- -	7 5%	4 5%	1 7%	1 5%	13 4%
NET: Ranked Top 3	137 7%	18 9% fh	38 9% fh	33 7% f	25 10% fh	12 6% f	11 2%	89 8% fh	48 5% f	105 6%	4 7%	16 12% a	8 10%	- -	5 39%	33 11% a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	33	22	5	5	10	1	5	9	5	4	-	-	1	2	7	6
	2%	2%	2%	1%	1%	2%	5%	1%	2%	6%	-	-	1%	1%	2%	4%
							cgi			cdghij						cg
Ranked 2nd	56	24	14	17	31	1	2	30	7	5	2	5	1	1	3	3
	3%	2%	4%	5%	5%	2%	1%	4%	3%	8%	3%	5%	1%	1%	1%	2%
			a	a	a			ij		bdhijk		ij				
Ranked 3rd	48	17	12	18	31	1	4	24	9	1	2	2	1	1	3	5
	2%	1%	4%	6%	5%	2%	4%	3%	4%	2%	3%	1%	1%	1%	1%	3%
			a	a	a		j	j	ij							
Not ranked	1662	1004	297	269	566	43	92	604	203	48	38	93	89	143	308	135
	81%	80%	85%	80%	83%	82%	83%	82%	78%	74%	75%	83%	88%	88%	76%	82%
			a					j					defj	defj		
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	137	63	31	40	72	3	11	62	21	10	3	7	3	3	14	14
	7%	5%	9%	12%	10%	6%	10%	8%	8%	16%	7%	6%	3%	2%	3%	8%
			a	a	a		hij	hij	ij	cdghij						hij

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Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	33	10	10	3	-	13	10	6	7	10	-	17	6	3	17	11	2	30
	2%	2%	3%	2%	-	2%	2%	1%	2%	5% af	-	4% af	1%	1%	2%	2%	2%	2%
Ranked 2nd	56	18	14	9	4	23	22	22	10	12	1	21	24	7	20	23	6	49
	3%	3%	4%	5%	8%	4%	3%	3%	3%	6%	4%	5%	3%	2%	2%	4% b	6% ab	3%
Ranked 3rd	48	17	11	7	1	18	19	12	17	5	3	22	15	2	21	18	7	46
	2%	3%	3%	4%	3%	4%	3%	2%	6% af	2%	9% acf	5% af	2%	*	2%	3% a	7% abce	3% a
Not ranked	1662	495	279	127	36	406	531	550	224	142	30	366	580	259	862	466	74	1403
	81%	82%	81%	77%	80%	80%	82%	84% ce	80%	74%	80%	78%	83% ce	76%	82% ad	83% ad	74%	82% ad
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5% b	2%	3%	4%	8% bce	4% c	2%	3%	4%
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12% bce	8% c	5%	7%	7%
NET: Ranked Top 3	137	46	35	19	5	54	51	40	34	26	5	60	45	12	58	53	15	126
	7%	8%	10%	11%	12%	11%	8%	6%	12% af	14% af	13%	13% af	6%	3%	5%	9% ab	15% abe	7% a

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Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	33 2%	13 3% b	16 1%	5 1%	4 1%	4 4% b	22 2%	11 2%	1 1%	25 2%	8 2%	26 2%	7 2%
Ranked 2nd	56 3%	22 5% b	26 2%	9 3%	6 2%	5 6% bf	37 3%	19 3%	- -	42 3%	14 3%	45 3%	11 4%
Ranked 3rd	48 2%	14 3%	32 3%	14 4% bd	7 2%	1 1%	27 2%	20 3%	2 2%	43 3%	5 1%	41 2%	7 2%
Not ranked	1662 81%	323 81%	1048 82%	285 86% cd	376 91% acde	63 74%	1002 78%	621 87% cd	95 95% acde	1328 81%	333 79%	1421 82% b	231 76%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	137 7%	48 12% b	75 6%	28 9% bf	17 4%	9 11% bf	86 7%	50 7%	2 2%	110 7%	27 6%	112 6%	25 8%

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Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	33	1	2	6	7	11	5	1	1	26	6	7	6	15	5	11	13	5	4
	2%	*	1%	2%	2%	4%	2%	1%	*	2%	1%	1%	1%	2%	2%	2%	3%	1%	2%
				a	a	ahj	a			a							c		
Ranked 2nd	56	7	7	14	12	5	5	2	4	38	11	6	17	27	5	17	18	16	3
	3%	2%	4%	5%	3%	2%	2%	3%	2%	3%	2%	1%	3%	4%	2%	3%	4%	3%	1%
				aj									a	a					
Ranked 3rd	48	5	4	10	11	6	4	3	4	32	11	8	17	16	7	15	8	17	7
	2%	1%	2%	3%	3%	2%	2%	4%	2%	3%	2%	2%	3%	2%	3%	3%	1%	3%	3%
Not ranked	1662	345	153	250	332	212	160	53	156	947	369	432	477	555	183	457	423	538	218
	81%	87%	84%	83%	83%	81%	76%	68%	70%	83%	72%	90%	85%	77%	72%	75%	82%	85%	86%
		efghij	fghj	fghj	fghj	ghj				fghj		bcd	cd				a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	137	13	13	30	30	22	14	7	8	95	29	21	40	58	17	44	39	39	15
	7%	3%	7%	10%	8%	8%	7%	9%	4%	8%	6%	4%	7%	8%	7%	7%	8%	6%	6%
			a	ahj	a	ah		a		ah			a	a					

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Q8Xb.4. Other commitments (excluding childcare/ caring responsibilities): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	NET: More	About the same	NET: Less
		Amount of activity now compared to last year		
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	33	16	12	5
	2%	2%	2%	1%
Ranked 2nd	56	22	23	11
	3%	3%	3%	2%
Ranked 3rd	48	23	11	13
	2%	3%	1%	3%
		b		
Not ranked	1662	568	604	473
	81%	79%	76%	90%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	137	62	46	30
	7%	9%	6%	6%
		bc		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	108	55	53	23	35	50	6	16	14	10	20	9	10	14	9
	5%	5%	5%	4%	5%	7%	6%	6%	7%	5%	11%	4%	3%	4%	4%
						a			g		bdfghi				
Ranked 2nd	65	33	31	19	14	32	4	5	8	9	7	8	8	13	4
	3%	3%	3%	3%	2%	4%	4%	2%	4%	4%	4%	3%	2%	4%	2%
						b									
Ranked 3rd	68	32	36	24	19	24	2	8	5	3	7	9	12	16	7
	3%	3%	3%	4%	3%	3%	2%	3%	2%	1%	4%	4%	4%	5%	3%
														d	
Not ranked	1558	725	828	516	540	503	65	203	148	172	127	178	256	248	161
	76%	72%	79%	83%	80%	66%	66%	76%	73%	80%	72%	78%	79%	74%	77%
			a	c	c			a		ae		a	a		a
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	241	121	120	66	68	106	13	29	27	21	33	25	30	43	20
	12%	12%	12%	11%	10%	14%	13%	11%	13%	10%	19%	11%	9%	13%	9%
						b					bdfgi				

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Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	108	9	18	18	16	11	37	44	64	96	2	4	5	1	-	11
	5%	5%	4%	4%	6%	5%	8%	4%	7%	6%	3%	3%	6%	4%	-	4%
							bcg		bcg							
Ranked 2nd	65	2	15	16	5	7	19	34	31	54	2	3	4	-	-	9
	3%	1%	3%	3%	2%	3%	4%	3%	3%	3%	3%	3%	5%	-	-	3%
Ranked 3rd	68	6	12	15	4	8	23	32	36	57	4	4	2	-	-	11
	3%	3%	3%	3%	2%	4%	5%	3%	4%	3%	8%	3%	3%	-	-	4%
							d									
Not ranked	1558	148	352	367	209	170	312	867	692	1305	45	109	59	13	11	238
	76%	78%	80%	77%	82%	79%	66%	78%	73%	75%	80%	83%	75%	82%	90%	81%
		f	fh	f	fh	f		fh	f			a				a
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	241	17	44	49	26	26	78	110	130	207	8	12	11	1	-	31
	12%	9%	10%	10%	10%	12%	17%	10%	14%	12%	14%	9%	14%	4%	-	11%
							abcdg		bg							

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Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	108	71	14	16	31	5	4	30	12	3	2	8	2	13	30	9
	5%	6%	4%	5%	4%	9%	4%	4%	5%	4%	4%	7%	2%	8%	7%	5%
						h						h		ch	ch	
Ranked 2nd	65	50	6	4	11	-	1	18	3	2	1	4	5	9	20	1
	3%	4%	2%	1%	2%	-	1%	3%	1%	3%	2%	4%	5%	6%	5%	1%
		cd											dk	bcdk	cdk	
Ranked 3rd	68	42	10	14	24	2	4	20	8	-	5	3	4	8	15	6
	3%	3%	3%	4%	3%	4%	4%	3%	3%	-	10%	2%	4%	5%	4%	4%
											cdeg					
Not ranked	1558	905	297	276	573	39	93	598	200	54	34	84	82	116	258	132
	76%	72%	85%	82%	84%	74%	84%	82%	77%	83%	67%	76%	80%	72%	64%	81%
			a	a	a		fij	fij	j	fj			j	j		fij
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	241	163	31	34	65	7	10	68	24	5	8	15	11	30	65	16
	12%	13%	9%	10%	9%	13%	9%	9%	9%	7%	15%	13%	11%	19%	16%	10%
		bd												bcdek	cd	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	108	23	16	7	2	23	24	25	15	8	2	23	27	20	59	25	4	88
	5%	4%	5%	4%	4%	5%	4%	4%	5%	4%	4%	5%	4%	6%	6%	5%	4%	5%
Ranked 2nd	65	11	9	3	1	11	12	15	8	-	2	8	18	9	41	13	2	56
	3%	2%	2%	2%	3%	2%	2%	2%	3%	-	5%	2%	3%	3%	4%	2%	2%	3%
								c	c		c		c					
Ranked 3rd	68	15	13	8	1	20	16	17	10	9	1	19	18	16	34	16	2	52
	3%	3%	4%	5%	2%	4%	2%	3%	3%	5%	3%	4%	3%	5%	3%	3%	2%	3%
Not ranked	1558	491	276	129	38	405	529	533	226	150	30	376	563	226	787	464	82	1333
	76%	81%	80%	78%	83%	79%	82%	81%	81%	79%	80%	80%	81%	66%	75%	83%	82%	78%
															a	abe	a	a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	241	49	38	17	4	55	53	57	32	17	5	49	62	45	133	54	8	195
	12%	8%	11%	10%	9%	11%	8%	9%	11%	9%	12%	10%	9%	13%	13%	10%	8%	11%

Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	108	25	62	27	61	4	26	77	15	95	13	93	14
	5%	6%	5%	8%	15%	5%	2%	11%	15%	6%	3%	5%	5%
				d	acde			d	acd	b			
Ranked 2nd	65	6	46	7	26	4	31	33	3	57	8	61	4
	3%	1%	4%	2%	6%	5%	2%	5%	3%	3%	2%	4%	1%
			a		ad			d				b	
Ranked 3rd	68	18	34	18	28	4	25	41	8	58	10	55	12
	3%	4%	3%	5%	7%	4%	2%	6%	8%	4%	2%	3%	4%
				d	d			d	d				
Not ranked	1558	323	981	262	278	61	1006	519	71	1229	329	1324	226
	76%	81%	77%	79%	67%	71%	79%	72%	71%	75%	78%	77%	75%
				be			be						
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	241	48	142	52	116	12	82	152	27	209	31	209	30
	12%	12%	11%	16%	28%	14%	6%	21%	27%	13%	7%	12%	10%
				d	acde	d		ad	acd	b			

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Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	108	27	13	17	20	10	14	1	7	59	21	39	35	27	7	11	32	46	12
	5%	7%	7%	6%	5%	4%	7%	1%	3%	5%	4%	8%	6%	4%	3%	2%	6%	7%	5%
		g	g									cd	cd				a	a	a
Ranked 2nd	65	23	5	10	9	7	6	1	5	30	12	21	23	15	7	20	12	21	11
	3%	6%	3%	3%	2%	3%	3%	1%	2%	3%	2%	4%	4%	2%	3%	3%	2%	3%	4%
		dhij										c	c						
Ranked 3rd	68	14	9	14	9	8	7	1	6	40	14	23	16	22	8	11	21	23	13
	3%	4%	5%	5%	2%	3%	3%	1%	3%	4%	3%	5%	3%	3%	3%	2%	4%	4%	5%
																	a	a	a
Not ranked	1558	295	140	240	325	209	147	57	147	913	351	371	444	549	178	459	397	487	197
	76%	74%	76%	80%	81%	80%	70%	74%	66%	80%	69%	77%	79%	76%	70%	75%	77%	77%	78%
		h	h	fhj	afhj	fhj				afhj		d	d						
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	241	64	27	40	37	25	27	2	17	130	47	82	73	64	21	43	65	90	36
	12%	16%	15%	13%	9%	9%	13%	3%	8%	11%	9%	17%	13%	9%	8%	7%	13%	14%	14%
		deghij	ghj	gh			g			g		cd	c				a	a	a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.5. I've been unwell or self-isolating: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	108	38	29	40
	5%	5%	4%	8%
				b
Ranked 2nd	65	20	22	22
	3%	3%	3%	4%
Ranked 3rd	68	22	23	22
	3%	3%	3%	4%
Not ranked	1558	550	575	419
	76%	77%	73%	80%
				b
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	241	80	74	84
	12%	11%	9%	16%
				ab

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Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	208	109	99	44	48	116	10	38	25	24	14	16	27	39	15
	10%	11%	9%	7%	7%	15% ab	10%	14% efgi	12%	11%	8%	7%	8%	12%	7%
Ranked 2nd	169	83	84	39	52	78	11	35	13	12	15	14	16	33	19
	8%	8%	8%	6%	8%	10% a	11% g	13% cdfg	7%	6%	8%	6%	5%	10% dg	9%
Ranked 3rd	129	60	68	33	45	50	7	21	12	14	10	20	15	14	13
	6%	6%	7%	5%	7%	7%	7%	8% h	6%	7%	6%	9% h	5%	4%	6%
Not ranked	1294	593	698	465	464	366	50	138	124	144	121	152	228	204	133
	63%	59%	67% a	75% bc	69% c	48%	51%	52%	61% b	67% ab	68% ab	67% ab	71% abch	61% b	63% ab
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7% ab	6% f	6% f	6% f	5% f	3%	1%	4%	5%	3% f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11% b	5%	4%	7% a	13% ab	16% bcdegh	7%	7%	4%	6%	9% d	8%	8%	11% d
NET: Ranked Top 3	505	252	251	117	144	244	27	95	51	50	39	51	58	87	47
	25%	25%	24%	19%	21%	32% ab	28% g	35% cdefghi	25%	23%	22%	22%	18%	26% g	22%

Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	208	10	42	36	27	16	78	88	120	191	1	8	5	-	-	14
	10%	5%	10%	8%	11%	7%	16%	8%	13%	11%	1%	6%	6%	-	-	5%
			a				abcdeg		aceg	bg						
Ranked 2nd	169	11	30	38	19	22	49	79	90	150	4	10	4	-	1	19
	8%	6%	7%	8%	8%	10%	10%	7%	10%	9%	8%	7%	5%	-	7%	6%
							g		g							
Ranked 3rd	129	10	23	30	15	15	35	64	65	112	5	8	2	-	-	14
	6%	5%	5%	6%	6%	7%	7%	6%	7%	6%	9%	6%	2%	-	-	5%
											d					
Not ranked	1294	135	301	312	174	144	229	747	547	1059	43	96	59	14	11	222
	63%	71%	68%	65%	68%	67%	48%	67%	58%	61%	76%	73%	76%	87%	83%	75%
		fh	fh	fh	fh	fh		fh	f		a	a	a			a
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	505	31	95	104	61	52	162	230	275	453	10	26	11	-	1	47
	25%	16%	22%	22%	24%	24%	34%	21%	29%	26%	18%	19%	14%	-	7%	16%
					a	a	abcdeg		abcg	dg						

Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	208	154	30	16	46	6	7	55	21	1	4	16	8	20	71	13
	10%	12%	9%	5%	7%	11%	6%	7%	8%	1%	8%	14%	8%	12%	17%	8%
		cd	c			e		e	e			bce	e	ce	bcdehk	e
Ranked 2nd	169	118	25	16	42	2	1	53	21	5	2	7	8	24	45	4
	8%	9%	7%	5%	6%	4%	1%	7%	8%	8%	5%	6%	7%	15%	11%	2%
		cd						bk	bk	bk		b	bk	abcdgk	bck	
Ranked 3rd	129	80	19	23	42	1	8	32	19	6	8	12	7	13	23	9
	6%	6%	5%	7%	6%	2%	7%	4%	7%	9%	15%	10%	7%	8%	6%	6%
											acjk	ac				
Not ranked	1294	715	254	254	508	37	86	526	164	46	28	65	70	90	184	123
	63%	57%	73%	76%	74%	69%	78%	72%	63%	71%	54%	58%	68%	55%	45%	75%
			a	a	a	j	dfgij	dfgij	j	ij		j	ij	j		dfgij
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	505	353	74	56	130	9	17	140	60	12	14	35	23	57	139	26
	25%	28%	21%	17%	19%	18%	15%	19%	23%	18%	28%	31%	22%	35%	34%	16%
		bcd										bck		abcdehk	abcdehk	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	208	42	24	13	5	37	47	48	21	12	3	32	52	40	127	34	6	168
	10%	7%	7%	8%	10%	7%	7%	7%	7%	6%	9%	7%	7%	12% c	12% c	6%	6%	10% c
Ranked 2nd	169	43	21	12	-	33	43	45	12	16	5	28	50	28	95	37	9	141
	8%	7%	6%	7%	-	7%	7%	7%	4%	8%	12% b	6%	7%	8%	9%	7%	9%	8%
Ranked 3rd	129	43	19	6	2	25	44	42	11	14	4	25	46	23	62	38	6	106
	6%	7%	5%	3%	4%	5%	7%	6%	4%	7%	10%	5%	7%	7%	6%	7%	6%	6%
Not ranked	1294	412	250	115	35	365	447	455	214	126	23	340	478	180	636	410	68	1114
	63%	68%	73%	70%	77%	72%	69%	69%	76% acdf	66%	61%	72%	69%	53%	60% a	73% abe	68% a	65% ab
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5% b	2%	3%	4%	8% bce	4% c	2%	3%	4%
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12% bce	8% c	5%	7%	7%
NET: Ranked Top 3	505	128	64	31	6	95	134	135	44	42	12	85	147	91	284	109	22	414
	25%	21%	19%	19%	14%	19%	21%	21%	16%	22%	31% be	18%	21% b	27% c	27% c	19%	21%	24% c

Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	208	35	128	32	80	6	104	99	16	156	51	182	25
	10%	9%	10%	10%	19%	7%	8%	14%	16%	10%	12%	11%	8%
					acde			d	d				
Ranked 2nd	169	17	121	39	45	3	93	72	16	128	41	144	25
	8%	4%	10%	12%	11%	4%	7%	10%	16%	8%	10%	8%	8%
			a	cd	cd			d	cd				
Ranked 3rd	129	22	82	28	34	4	71	56	10	104	24	114	14
	6%	6%	6%	9%	8%	5%	6%	8%	10%	6%	6%	7%	5%
				d									
Not ranked	1294	297	792	214	234	59	819	444	56	1050	244	1093	191
	63%	75%	62%	65%	57%	69%	64%	62%	56%	64%	58%	63%	63%
		b		b		b	b			b			
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	505	75	331	99	159	14	268	227	42	388	117	440	64
	25%	19%	26%	30%	38%	16%	21%	32%	42%	24%	28%	25%	21%
			a	cd	acde			cd	acde				

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	\<br\>0	\<br\>1	\<br\>2	\<br\>3	\<br\>4	\<br\>5	\<br\>6	\<br\>7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
					Number of days active								Life satisfaction score				Covid-19 related worries		
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	208	75	23	38	36	15	9	1	11	113	20	65	50	71	21	62	41	73	32
	10%	19%	12%	13%	9%	6%	4%	1%	5%	10%	4%	14%	9%	10%	8%	10%	8%	11%	12%
		cdefghij	efghj	efghj	fgj					efghj		bcd						b	b
Ranked 2nd	169	54	14	36	20	13	11	7	15	83	32	54	38	62	13	43	28	75	19
	8%	13%	7%	12%	5%	5%	5%	9%	7%	7%	6%	11%	7%	9%	5%	7%	5%	12%	7%
		bdefhij		defhij								bd						abd	
Ranked 3rd	129	34	15	22	26	14	7	1	10	77	18	36	43	33	16	44	37	26	21
	6%	9%	8%	7%	7%	5%	3%	1%	5%	7%	4%	8%	8%	5%	6%	7%	7%	4%	8%
		fgj	fgj	fj	j					j		c	c			c	c		c
Not ranked	1294	197	116	184	280	191	148	51	128	771	326	298	385	447	150	352	356	403	162
	63%	50%	63%	61%	70%	73%	70%	66%	58%	67%	64%	62%	69%	62%	59%	58%	69%	64%	64%
			a	a	ach	abchj	ach	a		ach	a		acd				a	a	
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	505	162	51	96	82	43	26	9	36	272	71	155	131	166	50	149	106	174	71
	25%	41%	28%	32%	21%	16%	12%	11%	16%	24%	14%	32%	23%	23%	19%	24%	21%	27%	28%
		bcdefghij	defghj	defghij	fj					efghj		bcd						b	b

Q8Xb.6. I'm not fit enough: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	208	43	84	77
	10%	6%	11%	15%
			a	ab
Ranked 2nd	169	47	54	67
	8%	7%	7%	13%
				ab
Ranked 3rd	129	33	51	44
	6%	5%	6%	8%
				a
Not ranked	1294	507	461	315
	63%	71%	58%	60%
		bc		
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	505	123	189	188
	25%	17%	24%	36%
			a	ab

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Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053 100%	1003 100%	1043 100%	619 100%	674 100%	760 100%	98 100%	267 100%	202 100%	215 100%	177 100%	227 100%	323 100%	334 100%	210 100%
Ranked 1st	58 3%	26 3%	32 3%	25 4% c	22 3% c	12 2%	2 2%	5 2%	3 2%	12 5% bcfi	4 2%	3 2%	14 4%	12 4%	3 2%
Ranked 2nd	64 3%	17 2%	47 4% a	32 5% bc	20 3%	12 2%	3 3%	7 2%	7 4%	6 3%	6 3%	5 2%	12 4%	11 3%	7 3%
Ranked 3rd	50 2%	17 2%	34 3% a	33 5% bc	10 1%	8 1%	- -	7 3%	6 3%	5 2%	3 2%	6 3%	15 5% ah	4 1%	3 1%
Not ranked	1626 79%	786 78%	836 80%	493 80%	556 83% c	578 76%	72 74%	213 80%	158 78%	171 79%	147 83% ag	189 83%	246 76%	263 79%	167 80%
None of the above	89 4%	46 5%	41 4%	14 2%	22 3%	54 7% ab	6 6% f	16 6% f	12 6% f	12 5% f	5 3%	2 1%	12 4%	17 5% f	7 3%
I don't face any challenges to being active	165 8%	111 11% b	54 5%	24 4%	44 7% a	97 13% ab	16 16% bcdegh	19 7%	15 7%	9 4%	11 6%	21 9% d	25 8%	27 8%	23 11% d
NET: Ranked Top 3	172 8%	60 6%	113 11% a	89 14% bc	52 8% c	32 4%	5 5%	19 7%	17 8%	23 11%	13 7%	14 6%	41 13% abfi	28 8%	13 6%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	6	21	10	6	5	10	37	22	41	2	7	6	1	2	17
	3%	3%	5%	2%	2%	2%	2%	3%	2%	2%	3%	5%	7%	7%	12%	6%
			cfh									a	a			a
Ranked 2nd	64	10	17	9	11	8	8	37	27	48	3	6	4	-	-	13
	3%	5%	4%	2%	4%	4%	2%	3%	3%	3%	5%	5%	5%	-	-	5%
		cf														
Ranked 3rd	50	4	11	12	6	4	14	27	24	36	2	8	3	1	-	13
	2%	2%	2%	2%	2%	2%	3%	2%	2%	2%	3%	6%	3%	4%	-	5%
												a				a
Not ranked	1626	145	347	385	212	179	358	877	750	1386	47	100	57	12	10	226
	79%	76%	79%	81%	83%	83%	76%	79%	79%	80%	83%	76%	73%	75%	78%	77%
					f	f										
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	172	20	49	31	23	17	32	100	72	125	6	21	13	2	2	44
	8%	11%	11%	6%	9%	8%	7%	9%	8%	7%	11%	16%	16%	11%	12%	15%
			cfh									a	a			a

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Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053 100%	1261 100%	350 100%	335 100%	685 100%	53 100%	111 100%	733 100%	259 100%	65 100%	51 100%	111 100%	102 100%	163 100%	405 100%	163 100%
Ranked 1st	58 3%	29 2%	16 4% a	8 2%	23 3%	2 5%	1 1%	21 3%	9 3%	2 3%	4 7% bj	5 4%	3 3%	7 4% j	5 1%	3 2%
Ranked 2nd	64 3%	30 2%	18 5% a	10 3%	28 4% a	2 4%	5 5% j	25 3%	8 3%	1 1%	- -	6 6% j	7 7% cdj	4 3%	5 1%	7 4% j
Ranked 3rd	50 2%	29 2%	8 2%	9 3%	17 2%	1 1%	5 4% j	22 3%	3 1%	1 2%	1 2%	6 6% dj	3 3%	3 2%	5 1%	5 3%
Not ranked	1626 79%	979 78%	286 82%	283 84% a	569 83% a	41 77%	92 83%	597 81% gj	204 79%	55 84%	37 72%	82 73%	79 77%	132 81%	308 76%	133 81%
None of the above	89 4%	67 5% bd	7 2%	10 3%	17 2%	4 7%	2 2%	19 3%	14 6% c	2 3%	3 6%	4 4%	4 4%	5 3%	31 8% bc	6 3%
I don't face any challenges to being active	165 8%	126 10% bcd	15 4%	16 5%	31 4%	3 6%	6 5%	48 7%	21 8%	5 8%	6 12%	8 7%	6 6%	10 6%	52 13% bchik	9 6%
NET: Ranked Top 3	172 8%	89 7%	42 12% a	27 8%	69 10% a	5 10% j	11 10% j	69 9% j	20 8% j	4 6%	5 10%	17 16% cdej	13 13% j	15 9% j	14 4%	16 10% j

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	16	11	5	5	16	21	17	14	2	4	16	21	6	27	20	6	52
	3%	3%	3%	3%	11%	3%	3%	3%	5%	1%	10%	3%	3%	2%	3%	4%	6%	3%
					abcef				c		acef							ab
Ranked 2nd	64	16	15	7	-	22	16	18	13	5	-	19	18	5	28	26	4	58
	3%	3%	4%	4%	-	4%	2%	3%	5%	3%	-	4%	3%	2%	3%	5%	4%	3%
																ab		
Ranked 3rd	50	15	15	2	-	17	15	14	12	4	-	17	14	9	23	18	1	42
	2%	3%	4%	1%	-	3%	2%	2%	4%	2%	-	4%	2%	3%	2%	3%	1%	2%
									af									
Not ranked	1626	493	274	133	37	407	530	541	218	156	31	374	572	250	842	455	78	1376
	79%	82%	80%	80%	80%	80%	82%	82%	78%	82%	82%	80%	82%	74%	80%	81%	78%	80%
															a	a		a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	172	47	40	14	5	54	52	49	40	11	4	51	53	20	78	63	11	152
	8%	8%	12%	8%	11%	11%	8%	7%	14%	6%	10%	11%	8%	6%	7%	11%	11%	9%
									acf			af				ab		

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Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	58 3%	16 4%	36 3%	5 2%	7 2%	9 10% abdef	39 3%	19 3%	1 1%	45 3%	13 3%	46 3%	11 4%
Ranked 2nd	64 3%	15 4%	43 3%	13 4%	13 3%	1 1%	38 3%	24 3%	4 4%	49 3%	15 4%	56 3%	7 2%
Ranked 3rd	50 2%	13 3%	28 2%	9 3%	7 2%	2 3%	33 3%	16 2%	3 3%	42 3%	8 2%	47 3%	3 1%
Not ranked	1626 79%	328 83%	1017 80%	286 87% cd	365 88% cd	61 71%	977 76%	613 85% cd	90 90% cd	1302 80%	324 77%	1383 80%	234 77%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	172 8%	43 11%	106 8%	28 8%	28 7%	12 14% b	110 9%	58 8%	7 7%	136 8%	36 9%	150 9%	22 7%

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Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	58	4	7	9	17	6	7	2	5	39	15	14	16	23	5	20	15	17	6
	3%	1%	4%	3%	4%	2%	3%	3%	2%	3%	3%	3%	3%	3%	2%	3%	3%	3%	2%
			a		a		a			a									
Ranked 2nd	64	7	7	11	12	9	10	3	4	40	16	18	25	11	8	17	16	23	5
	3%	2%	4%	4%	3%	3%	5%	3%	2%	4%	3%	4%	5%	2%	3%	3%	3%	4%	2%
												c	c						
Ranked 3rd	50	7	3	8	14	10	5	1	2	36	8	9	12	23	6	11	11	22	7
	2%	2%	2%	3%	4%	4%	2%	1%	1%	3%	2%	2%	2%	3%	2%	2%	2%	3%	3%
					j														
Not ranked	1626	341	149	251	318	209	153	54	152	927	358	412	463	556	180	453	421	515	216
	79%	86%	81%	83%	80%	80%	72%	70%	69%	81%	70%	85%	82%	77%	71%	74%	81%	81%	85%
		defghij	fghj	fghj	fhj	fhj				fghj		cd	cd				a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	172	18	18	29	44	25	22	6	12	115	39	42	54	57	19	48	42	62	18
	8%	5%	10%	10%	11%	9%	10%	7%	5%	10%	8%	9%	10%	8%	7%	8%	8%	10%	7%
			a	a	ah	a	a			ah									

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Q8Xb.7. Don't have the right space / equipment: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

| | | Amount of activity now compared to last year | | |
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	58	29	13	16
	3%	4%	2%	3%
		b		
Ranked 2nd	64	25	15	24
	3%	4%	2%	5%
		b		b
Ranked 3rd	50	24	20	7
	2%	3%	2%	1%
		c		
Not ranked	1626	552	602	457
	79%	77%	76%	87%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	172	78	48	46
	8%	11%	6%	9%
		b		

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Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	41	16	25	23	15	3	-	7	3	5	2	5	11	6	1
	2%	2%	2%	4%	2%	*	-	3%	2%	2%	1%	2%	3%	2%	*
				c	c								i		
Ranked 2nd	30	12	18	14	14	3	3	4	1	4	1	5	6	3	3
	1%	1%	2%	2%	2%	*	3%	2%	1%	2%	1%	2%	2%	1%	1%
				c	c										
Ranked 3rd	34	18	16	12	15	7	2	3	4	3	4	1	8	6	3
	2%	2%	1%	2%	2%	1%	2%	1%	2%	1%	2%	1%	3%	2%	1%
Not ranked	1694	799	890	533	564	597	73	217	167	182	153	192	262	276	173
	83%	80%	85%	86%	84%	79%	74%	81%	83%	85%	86%	84%	81%	82%	83%
			a	c	c					a	a	a		a	
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	105	46	59	49	44	12	5	15	8	12	8	12	24	15	7
	5%	5%	6%	8%	7%	2%	5%	6%	4%	6%	4%	5%	8%	5%	3%
				c	c										

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	41	6	10	13	4	3	5	29	12	28	5	6	2	1	-	13
	2%	3%	2%	3%	2%	1%	1%	3%	1%	2%	8%	4%	2%	5%	-	4%
		h						h			a	a				a
Ranked 2nd	30	3	6	8	8	6	-	16	14	21	2	4	3	1	-	9
	1%	1%	1%	2%	3%	3%	-	1%	1%	1%	3%	3%	3%	6%	-	3%
		f	f	f	f	f		f	f							a
Ranked 3rd	34	2	13	8	5	4	2	23	11	29	2	2	1	-	-	5
	2%	1%	3%	2%	2%	2%	*	2%	1%	2%	3%	2%	1%	-	-	2%
			fh					f								
Not ranked	1694	155	367	387	218	184	384	909	785	1434	45	110	65	12	11	243
	83%	81%	83%	81%	86%	85%	81%	82%	83%	83%	80%	84%	83%	76%	90%	82%
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	105	10	29	29	17	13	7	68	37	77	8	11	5	2	-	26
	5%	5%	7%	6%	7%	6%	1%	6%	4%	4%	14%	9%	7%	11%	-	9%
		f	fh	f	fh	f		fh	f		a	a				a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	41	15	11	12	23	3	3	15	5	3	1	4	2	4	2	6
	2%	1%	3%	4%	3%	6%	2%	2%	2%	4%	2%	4%	2%	2%	*	3%
			a	a	a	j				j		j				j
Ranked 2nd	30	13	6	11	16	3	2	16	6	-	-	1	-	1	-	5
	1%	1%	2%	3%	2%	5%	2%	2%	2%	-	-	1%	-	1%	-	3%
				a	a	hj	j	j	j							hj
Ranked 3rd	34	19	5	5	10	2	3	13	5	1	2	1	3	2	2	5
	2%	1%	1%	2%	1%	4%	2%	2%	2%	2%	3%	1%	3%	1%	1%	3%
						j							j			j
Not ranked	1694	1021	306	282	588	38	95	622	207	54	39	93	87	140	318	133
	83%	81%	88%	84%	86%	73%	86%	85%	80%	84%	77%	84%	85%	86%	79%	81%
			a		a		a	aj					a	a		
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	105	46	22	28	50	8	8	44	17	4	2	6	5	7	4	15
	5%	4%	6%	8%	7%	14%	7%	6%	6%	6%	5%	5%	5%	4%	1%	9%
			a	a	a	cdghij	j	j	j	j	j	j	j	j		j

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	41	15	8	-	2	8	17	11	9	4	1	13	12	3	20	13	4	37
	2%	2%	2%	-	5%	2%	3%	2%	3%	2%	3%	3%	2%	1%	2%	2%	4%	2%
		c	c		c		c											
Ranked 2nd	30	10	5	7	2	12	12	12	2	8	1	10	13	4	10	15	1	26
	1%	2%	1%	4%	4%	2%	2%	2%	1%	4%	3%	2%	2%	1%	1%	3%	1%	2%
										b						b		
Ranked 3rd	34	10	9	2	2	11	12	10	5	7	-	12	10	5	14	14	1	29
	2%	2%	3%	1%	5%	2%	2%	2%	2%	4%	-	3%	1%	2%	1%	2%	1%	2%
										f								
Not ranked	1694	506	292	138	35	430	541	557	242	148	33	391	589	258	876	477	83	1436
	83%	84%	85%	83%	78%	84%	83%	85%	87%	78%	86%	83%	85%	76%	83%	85%	83%	84%
								c	c				c		a	a		a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	105	35	22	8	6	30	41	34	16	19	2	35	36	13	44	42	6	92
	5%	6%	6%	5%	14%	6%	6%	5%	6%	10%	6%	7%	5%	4%	4%	7%	6%	5%
					ace					af						ab		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	41	20	16	9	8	4	21	19	1	34	7	33	7
	2%	5%	1%	3%	2%	5%	2%	3%	1%	2%	2%	2%	2%
		b				d							
Ranked 2nd	30	9	17	5	2	2	22	7	-	26	5	28	3
	1%	2%	1%	2%	*	2%	2%	1%	-	2%	1%	2%	1%
							b						
Ranked 3rd	34	10	17	11	8	2	17	15	3	26	8	28	5
	2%	3%	1%	3%	2%	2%	1%	2%	3%	2%	2%	2%	2%
				d									
Not ranked	1694	333	1072	289	376	65	1028	630	94	1353	341	1443	241
	83%	84%	84%	88%	91%	77%	80%	88%	94%	83%	81%	83%	80%
				cd	cd			cd	cd				
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	105	39	51	25	17	7	60	41	4	86	19	90	15
	5%	10%	4%	7%	4%	9%	5%	6%	4%	5%	5%	5%	5%
		b		d									

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Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	41	2	5	9	12	8	2	1	3	34	5	7	10	13	9	9	12	13	7
	2%	*	3%	3%	3%	3%	1%	1%	1%	3%	1%	2%	2%	2%	3%	1%	2%	2%	3%
			a	aj	aj	aj				aj									
Ranked 2nd	30	1	3	5	7	5	5	1	4	20	10	6	12	9	4	6	14	9	2
	1%	*	1%	2%	2%	2%	2%	1%	2%	2%	2%	1%	2%	1%	1%	1%	3%	1%	1%
				a	a	a	a		a	a	a						a		
Ranked 3rd	34	3	3	6	10	6	4	1	2	24	6	5	16	9	4	8	12	13	1
	2%	1%	2%	2%	2%	2%	2%	1%	1%	2%	1%	1%	3%	1%	2%	1%	2%	2%	*
													c				d		
Not ranked	1694	353	156	260	334	215	164	57	155	965	376	434	479	582	183	479	424	542	224
	83%	89%	85%	86%	83%	82%	78%	74%	70%	84%	74%	90%	85%	81%	72%	78%	82%	85%	88%
		defghij	ghj	fghj	ghj	hj				fghj		bcd	cd	d				a	ab
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	105	6	11	20	28	19	10	2	9	78	21	19	38	31	16	23	38	35	9
	5%	1%	6%	7%	7%	7%	5%	3%	4%	7%	4%	4%	7%	4%	6%	4%	7%	6%	4%
			a	a	a	a	a			aj	a		a				ad		

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Q8Xb.8. My preferred activities aren't available: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	41	20	12	8
	2%	3%	2%	2%
Ranked 2nd	30	15	6	10
	1%	2%	1%	2%
			b	
Ranked 3rd	34	11	12	11
	2%	2%	2%	2%
Not ranked	1694	584	619	475
	83%	82%	78%	91%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	105	46	31	29
	5%	6%	4%	5%
		b		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	10	2	8	6	4	-	-	2	1	2	2	1	1	-	1
	*	*	1%	1%	1%	-	-	1%	*	1%	1%	*	*	-	*
			a	c											
Ranked 2nd	25	11	14	16	5	3	1	4	1	5	3	2	6	2	-
	1%	1%	1%	3%	1%	*	1%	2%	1%	2%	2%	1%	2%	1%	-
				bc						i					
Ranked 3rd	21	9	13	12	7	3	1	3	2	3	-	3	6	4	-
	1%	1%	1%	2%	1%	*	1%	1%	1%	1%	-	2%	2%	1%	-
				c											
Not ranked	1743	824	914	548	592	603	75	223	171	184	156	197	274	285	179
	85%	82%	88%	88%	88%	79%	77%	83%	85%	85%	88%	87%	85%	85%	86%
			a	c	c					a	a	a		a	
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	56	21	35	34	16	6	2	10	4	10	5	6	13	6	1
	3%	2%	3%	6%	2%	1%	2%	4%	2%	5%	3%	3%	4%	2%	*
				bc	c			i		hi			i		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	10	4	1	2	-	2	1	7	3	7	-	3	-	-	-	3
	*	2%	*	*	-	1%	*	1%	*	*	-	2%	-	-	-	1%
		bcdfgh										a				
Ranked 2nd	25	7	8	4	2	1	2	19	6	19	1	-	3	1	-	5
	1%	4%	2%	1%	1%	*	1%	2%	1%	1%	3%	-	3%	6%	-	2%
		cdefh	h					h					c			
Ranked 3rd	21	1	4	8	5	3	-	13	8	16	1	3	2	-	-	6
	1%	1%	1%	2%	2%	1%	-	1%	1%	1%	2%	2%	2%	-	-	2%
			f	f	f	f		f								
Not ranked	1743	153	383	402	228	190	387	938	805	1469	51	115	66	13	11	256
	85%	80%	87%	84%	89%	88%	82%	85%	85%	85%	90%	88%	84%	80%	90%	87%
			af		acfg	af										
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	56	12	13	14	8	6	3	39	17	42	2	6	4	1	-	14
	3%	6%	3%	3%	3%	3%	1%	3%	2%	2%	4%	5%	5%	6%	-	5%
		bcfgh	f	f	f	f		fh								a

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053 100%	1261 100%	350 100%	335 100%	685 100%	53 100%	111 100%	733 100%	259 100%	65 100%	51 100%	111 100%	102 100%	163 100%	405 100%	163 100%
Ranked 1st	10 *	3 *	2 *	5 2% a	7 1% a	- -	2 2% j	6 1%	1 *	- -	- -	1 1%	- -	- -	- -	2 2% j
Ranked 2nd	25 1%	10 1%	6 2%	8 2% a	14 2% a	2 3% j	5 4% cdj	10 1%	2 1%	- -	2 3% j	2 1%	1 1%	1 1%	2 *	6 4% cdj
Ranked 3rd	21 1%	11 1%	5 1%	2 1%	7 1%	1 1%	3 3% j	9 1%	5 2% j	- -	2 3% j	- -	2 2% j	1 1%	- -	4 2% j
Not ranked	1743 85%	1043 83%	315 90% a	294 88% a	609 89% a	44 83%	92 83%	642 88% fj	216 83%	58 90% fj	38 75%	97 87%	90 88% fj	145 89% fj	321 79%	136 83%
None of the above	89 4%	67 5% bd	7 2%	10 3%	17 2%	4 7%	2 2%	19 3%	14 6% c	2 3%	3 6%	4 4%	4 4%	5 3%	31 8% bc	6 3%
I don't face any challenges to being active	165 8%	126 10% bcd	15 4%	16 5%	31 4%	3 6%	6 5%	48 7%	21 8%	5 8%	6 12%	8 7%	6 6%	10 6%	52 13% bchik	9 6%
NET: Ranked Top 3	56 3%	25 2%	13 4%	15 5% a	28 4% a	2 4% j	10 9% cdeghij	24 3% j	8 3% j	- -	3 6% eij	3 2%	2 2%	2 1%	2 *	12 8% cdeghij

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	10	5	2	2	-	4	5	4	3	2	-	5	4	-	3	7	-	10
	*	1%	1%	1%	-	1%	1%	1%	1%	1%	-	1%	1%	-	*	1% ab	-	1%
Ranked 2nd	25	10	4	2	2	6	12	6	8	4	1	12	6	2	13	7	3	23
	1%	2%	1%	1%	4%	1%	2%	1%	3% af	2%	2%	2% af	1%	1%	1%	1%	3%	1%
Ranked 3rd	21	4	9	4	1	12	6	4	9	3	1	12	6	3	10	7	1	18
	1%	1%	2% af	2%	3%	2% af	1%	1%	3% af	2%	3%	3% af	1%	1%	1%	1%	1%	1%
Not ranked	1743	521	299	139	39	438	559	577	238	158	33	396	610	266	894	498	86	1478
	85%	86%	87%	84%	84%	86%	86%	88%	85%	83%	87%	84%	88%	78%	85% a	89% ab	86%	86% a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5% b	2%	3%	4%	8% bce	4% c	2%	3%	4%
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12% bce	8% c	5%	7%	7%
NET: Ranked Top 3	56	19	15	7	3	22	23	14	20	9	2	30	15	5	26	21	4	51
	3%	3%	4%	5%	7%	4%	3%	2%	7% af	5% af	5%	6% af	2%	2%	2%	4%	4%	3%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	10	6	4	1	3	2	4	6	-	8	2	8	2
	*	1%	*	*	1%	2%	*	1%	-	1%	*	*	*
		b				d							
Ranked 2nd	25	14	7	6	2	3	11	11	-	16	8	21	2
	1%	4%	1%	2%	1%	4%	1%	2%	-	1%	2%	1%	1%
		b				bdf							
Ranked 3rd	21	5	14	2	4	4	13	8	-	20	1	17	5
	1%	1%	1%	1%	1%	4%	1%	1%	-	1%	*	1%	2%
						abdef							
Not ranked	1743	347	1099	304	385	64	1059	646	97	1394	349	1488	247
	85%	87%	86%	92%	93%	75%	83%	90%	98%	85%	83%	86%	82%
				cd	cd			cd	acde				b
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	56	25	24	10	8	9	29	25	-	45	11	45	9
	3%	6%	2%	3%	2%	10%	2%	3%	-	3%	3%	3%	3%
		b				abdef							

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	10	-	1	1	2	5	1	-	1	8	2	2	4	1	3	3	3	4	-
	*	-	*	*	*	2% aj	1%	-	*	1%	*	1%	1%	*	1% c	1%	1%	1%	-
Ranked 2nd	25	1	5	2	5	6	5	1	-	18	6	5	10	5	5	5	11	8	1
	1%	*	2% ah	1%	1%	2% ah	2% ah	1%	-	2%	1%	1%	2%	1%	2%	1%	2%	1%	*
Ranked 3rd	21	2	3	4	7	4	2	-	-	17	2	7	2	6	5	7	5	7	3
	1%	1%	2%	1%	2%	1%	1%	-	-	1%	*	2% b	*	1%	2% b	1%	1%	1%	1%
Not ranked	1743	355	158	273	349	220	166	58	163	1000	388	439	501	601	186	487	444	558	229
	85%	90% efghj	87% fghj	91% efghj	87% fghj	84% hj	79%	76%	74%	87% fghj	76%	91% cd	89% cd	83% d	73%	80%	86% a	88% a	90% a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10% abcdfi	8% abcdi	4%	6% i	2%	3%	5% a	7% ab	6% d	4%	3%	2%
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14% abcdei	13% abcdei	18% abcdei	5%	16% abcdei	4%	5%	10% ab	15% abc	12% bcd	6%	6%	6%
NET: Ranked Top 3	56	4	8	7	13	14	8	1	1	42	10	14	15	12	13	14	19	19	4
	3%	1%	5% ah	2%	3% ah	5% achj	4% ah	1%	*	4% ah	2%	3%	3%	2%	5% c	2%	4%	3%	1%

Q8Xb.10. Limited or no access to the internet: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	10	5	4	1
	*	1%	1%	*
Ranked 2nd	25	8	11	5
	1%	1%	1%	1%
Ranked 3rd	21	13	5	2
	1%	2%	1%	*
		bc		
Not ranked	1743	603	629	495
	85%	84%	80%	94%
		b		ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	56	27	20	9
	3%	4%	3%	2%
		c		

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Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	71	26	46	30	28	14	2	4	6	7	4	10	16	17	5
	3%	3%	4%	5%	4%	2%	2%	2%	3%	3%	2%	4%	5%	5%	2%
			a	c	c								b	b	
Ranked 2nd	63	18	44	29	29	6	4	5	10	7	4	7	10	10	7
	3%	2%	4%	5%	4%	1%	4%	2%	5%	3%	2%	3%	3%	3%	3%
			a	c	c										
Ranked 3rd	63	22	41	29	20	13	-	4	6	4	9	9	11	13	8
	3%	2%	4%	5%	3%	2%	-	1%	3%	2%	5%	4%	3%	4%	4%
			a	c							abd	a	a	a	a
Not ranked	1602	780	818	493	531	577	71	218	153	176	144	178	250	251	160
	78%	78%	78%	80%	79%	76%	72%	82%	76%	82%	81%	78%	77%	75%	76%
								ah		ah					
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	197	66	130	88	77	32	6	14	21	18	17	26	36	40	20
	10%	7%	12%	14%	11%	4%	6%	5%	11%	8%	9%	11%	11%	12%	9%
			a	c	c				b			b	b	b	

Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	71	5	19	16	13	7	13	39	32	56	3	5	6	1	-	15
	3%	2%	4%	3%	5%	3%	3%	4%	3%	3%	5%	4%	7% a	5%	-	5%
Ranked 2nd	63	5	10	19	9	9	11	34	29	53	4	2	2	-	1	10
	3%	3%	2%	4%	3%	4%	2%	3%	3%	3%	8% ac	2%	3%	-	6%	3%
Ranked 3rd	63	6	13	15	7	10	12	34	28	51	1	5	5	1	-	12
	3%	3%	3%	3%	3%	4%	3%	3%	3%	3%	1%	3%	6%	9%	-	4%
Not ranked	1602	150	354	366	207	170	355	869	732	1352	45	109	57	11	11	233
	78%	79%	80%	77%	81%	79%	75%	78%	78%	78%	80%	83%	72%	73%	84%	79%
							f									
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8% bcdeg	4%	5% d	4%	6%	3%	5%	6%	5%	4%
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10% d	8%	8%	9% bg	-	5%	5%	7%	5%	4%
NET: Ranked Top 3	197	16	42	50	28	26	36	108	89	160	8	12	13	2	1	36
	10%	8%	10%	10%	11%	12%	8%	10%	9%	9%	14%	9%	17% a	14%	6%	12%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	71	39	11	19	29	2	5	27	12	1	-	6	5	10	4	7
	3%	3%	3%	6%	4%	3%	5%	4%	5%	1%	-	5%	5%	6%	1%	4%
				a			j	j	j			j	j	j		j
Ranked 2nd	63	26	21	14	35	3	9	20	7	3	3	6	2	8	3	12
	3%	2%	6%	4%	5%	6%	8%	3%	3%	4%	5%	5%	2%	5%	1%	7%
			a	a	a	j	cdhj			j	j	j		j		cdhj
Ranked 3rd	63	34	7	19	26	3	4	21	6	2	2	11	4	4	6	7
	3%	3%	2%	6%	4%	6%	4%	3%	2%	2%	4%	10%	4%	2%	1%	4%
				ab								cdij				
Not ranked	1602	970	290	258	548	38	85	599	198	53	37	77	82	125	309	123
	78%	77%	83%	77%	80%	73%	76%	82%	77%	82%	72%	69%	80%	77%	76%	75%
			a					gj					g			
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	197	98	39	52	90	8	18	67	25	5	5	23	11	22	13	26
	10%	8%	11%	15%	13%	15%	16%	9%	10%	8%	9%	20%	11%	13%	3%	16%
				a	a	j	cj	j	j			cdehj	j	j		cj

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Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	71	26	7	5	3	12	29	26	8	9	1	16	27	12	26	31	3	60
	3%	4%	2%	3%	6%	2%	4%	4%	3%	5%	2%	3%	4%	3%	2%	5% be	3%	3%
Ranked 2nd	63	21	11	6	2	18	23	18	14	7	2	21	20	9	31	21	1	54
	3%	4%	3%	4%	5%	3%	4%	3%	5%	4%	6%	4%	3%	3%	3%	4%	1%	3%
Ranked 3rd	63	15	11	4	1	15	16	18	6	6	2	12	20	10	28	21	4	53
	3%	3%	3%	2%	1%	3%	2%	3%	2%	3%	5%	3%	3%	3%	3%	4%	4%	3%
Not ranked	1602	477	284	132	36	415	513	528	230	146	30	376	558	240	835	446	81	1362
	78%	79%	82%	79%	79%	81%	79%	80%	82%	76%	80%	80%	80%	70%	79% a	80% a	81% a	80% a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5% b	2%	3%	4%	8% bce	4% c	2%	3%	4%
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12% bce	8% c	5%	7%	7%
NET: Ranked Top 3	197	63	30	15	6	45	69	62	28	22	5	50	67	31	85	73	8	166
	10%	10%	9%	9%	12%	9%	11%	9%	10%	11%	13%	11%	10%	9%	8%	13% be	8%	10%

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Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	71 3%	14 3%	46 4%	18 6% b	7 2%	5 6% b	46 4%	25 3%	4 4%	59 4%	12 3%	59 3%	12 4%
Ranked 2nd	63 3%	20 5% b	33 3%	16 5% d	14 3%	4 4%	32 2%	28 4%	4 4%	55 3%	8 2%	51 3%	12 4%
Ranked 3rd	63 3%	19 5% b	34 3%	12 4%	19 5%	2 3%	35 3%	26 4%	8 8% de	47 3%	16 4%	48 3%	14 5%
Not ranked	1602 78%	319 80%	1010 80%	267 81%	353 85% cd	62 73%	975 76%	592 83% cd	82 82%	1278 78%	324 77%	1375 80%	218 72% b
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	197 10%	53 13% b	112 9%	46 14% d	40 10%	11 13%	112 9%	79 11%	16 16% d	161 10%	36 9%	158 9%	38 13%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	71	11	10	14	8	11	7	3	7	43	17	19	26	16	11	19	24	19	9
	3%	3%	6%	5%	2%	4%	3%	4%	3%	4%	3%	4%	5%	2%	5%	3%	5%	3%	4%
			d	d									c						
Ranked 2nd	63	8	5	11	18	10	7	-	5	43	12	18	20	15	9	17	15	21	10
	3%	2%	3%	3%	5%	4%	3%	-	2%	4%	2%	4%	4%	2%	4%	3%	3%	3%	4%
Ranked 3rd	63	18	3	8	12	8	8	2	3	31	13	22	17	14	7	17	15	24	4
	3%	5%	2%	3%	3%	3%	4%	3%	1%	3%	3%	5%	3%	2%	3%	3%	3%	4%	2%
		h										c							
Not ranked	1602	322	149	247	325	204	152	54	149	925	355	394	454	568	171	448	408	513	210
	78%	81%	81%	82%	81%	78%	72%	70%	67%	81%	70%	82%	81%	79%	67%	73%	79%	81%	82%
		fghj	fghj	fghj	fghj	hj				fghj		d	d	d			a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	197	37	18	33	37	29	22	6	14	118	42	59	63	45	28	53	55	64	23
	10%	9%	10%	11%	9%	11%	11%	7%	6%	10%	8%	12%	11%	6%	11%	9%	11%	10%	9%
												c	c		c				

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Q8Xb.11. I can't afford the things I need to be active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	71	27	24	20
	3%	4%	3%	4%
Ranked 2nd	63	26	27	9
	3%	4%	3%	2%
		c		
Ranked 3rd	63	26	18	17
	3%	4%	2%	3%
Not ranked	1602	551	580	457
	78%	77%	74%	87%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	197	79	69	47
	10%	11%	9%	9%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	154	73	80	45	58	51	7	13	23	14	10	19	35	14	18
	7%	7%	8%	7%	9%	7%	7%	5%	12%	7%	6%	9%	11%	4%	9%
									beh			h	beh		h
Ranked 2nd	131	68	63	38	47	47	6	20	12	5	16	11	20	28	13
	6%	7%	6%	6%	7%	6%	6%	8%	6%	3%	9%	5%	6%	8%	6%
								d			d		d	d	
Ranked 3rd	87	45	42	25	26	36	7	16	9	11	5	9	14	9	6
	4%	4%	4%	4%	4%	5%	7%	6%	5%	5%	3%	4%	4%	3%	3%
							h	h							
Not ranked	1427	659	763	474	478	475	57	182	130	163	130	165	218	240	143
	69%	66%	73%	77%	71%	62%	58%	68%	64%	76%	73%	73%	67%	72%	68%
			a	bc	c					acg	a	a		a	
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f				f	
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	372	186	185	108	130	134	20	50	45	31	31	39	68	52	37
	18%	19%	18%	17%	19%	18%	21%	19%	22%	14%	17%	17%	21%	15%	18%
									dh				d		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	154	17	44	29	24	13	28	90	64	127	2	10	10	1	-	23
	7%	9%	10% cfh	6%	9%	6%	6%	8%	7%	7%	4%	8%	12%	5%	-	8%
Ranked 2nd	131	12	30	40	13	13	23	82	49	111	3	11	4	1	-	19
	6%	6%	7%	8% fh	5%	6%	5%	7% h	5%	6%	6%	8%	6%	4%	-	6%
Ranked 3rd	87	7	15	17	11	9	28	39	48	68	3	13	2	-	1	18
	4%	4%	3%	4%	4%	4%	6% g	4%	5%	4%	5%	10% ad	3%	-	6%	6%
Not ranked	1427	130	307	329	188	161	312	766	661	1205	45	88	54	12	11	209
	69%	68%	69%	69%	74% f	75% f	66%	69%	70%	69%	79%	67%	69%	78%	83%	71%
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8% bcdeg	4%	5% d	4%	6%	3%	5%	6%	5%	4%
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10% d	8%	8%	9% bg	-	5%	5%	7%	5%	4%
NET: Ranked Top 3	372	36	90	86	48	35	78	211	161	307	9	34	16	1	1	60
	18%	19%	20%	18%	19%	16%	17%	19%	17%	18%	15%	26% a	21%	9%	6%	20%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	154	90	22	34	56	4	10	64	16	6	4	7	5	13	25	13
	7%	7%	6%	10%	8%	7%	9%	9%	6%	9%	8%	7%	5%	8%	6%	8%
Ranked 2nd	131	81	25	18	42	6	11	49	10	2	5	7	8	7	25	17
	6%	6%	7%	5%	6%	11%	10%	7%	4%	4%	10%	7%	8%	4%	6%	11%
						d	di									di
Ranked 3rd	87	53	16	14	30	2	2	34	4	1	2	2	4	8	28	5
	4%	4%	5%	4%	4%	5%	2%	5%	1%	2%	3%	2%	4%	5%	7%	3%
								d							d	
Not ranked	1427	843	266	244	510	34	79	520	193	49	31	82	75	120	244	113
	69%	67%	76%	73%	74%	65%	71%	71%	75%	75%	60%	74%	74%	74%	60%	69%
			a	a	a		j	j	fj	j		j	j	j		j
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	372	224	62	66	128	12	23	146	30	9	11	17	17	27	78	35
	18%	18%	18%	20%	19%	22%	21%	20%	12%	14%	21%	15%	17%	17%	19%	22%
						d	d	d								d

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	154	43	34	15	5	49	47	51	24	19	3	43	54	19	77	48	10	135
	7%	7%	10%	9%	10%	10%	7%	8%	9%	10%	9%	9%	8%	6%	7%	9%	10%	8%
Ranked 2nd	131	37	24	12	3	36	40	42	20	11	1	32	43	19	76	28	8	112
	6%	6%	7%	7%	6%	7%	6%	6%	7%	6%	2%	7%	6%	6%	7%	5%	8%	7%
Ranked 3rd	87	23	13	5	1	18	24	27	11	2	1	14	28	9	48	23	6	77
	4%	4%	4%	3%	2%	4%	4%	4%	4%	1%	3%	3%	4%	3%	5%	4%	6%	5%
Not ranked	1427	437	243	114	33	357	470	470	202	135	30	337	500	223	718	419	67	1204
	69%	72%	70%	69%	72%	70%	72%	71%	72%	71%	79%	72%	72%	66%	68%	75%	66%	70%
																abe		
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	372	103	71	32	9	104	112	120	56	32	5	89	125	48	202	100	23	324
	18%	17%	21%	19%	19%	20%	17%	18%	20%	17%	14%	19%	18%	14%	19%	18%	23%	19%
															a		a	a

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Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	154	29	99	19	28	8	94	50	4	130	24	137	15
	7%	7%	8%	6%	7%	10%	7%	7%	4%	8%	6%	8%	5%
Ranked 2nd	131	35	75	31	35	3	75	55	13	108	23	109	22
	6%	9%	6%	9%	8%	3%	6%	8%	13%	7%	6%	6%	7%
		b		cd					cd				
Ranked 3rd	87	15	61	18	21	2	49	36	6	71	16	77	10
	4%	4%	5%	6%	5%	3%	4%	5%	6%	4%	4%	4%	3%
Not ranked	1427	292	888	245	309	60	870	530	74	1129	298	1211	209
	69%	74%	70%	74%	75%	70%	68%	74%	74%	69%	71%	70%	69%
				d	d			d					
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	372	80	235	69	84	13	218	140	23	309	63	322	47
	18%	20%	18%	21%	20%	15%	17%	20%	23%	19%	15%	19%	15%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	154	23	4	25	31	26	19	14	13	85	46	32	41	51	28	13	24	76	36
	7%	6%	2%	8%	8%	10%	9%	18%	6%	7%	9%	7%	7%	7%	11%	2%	5%	12%	14%
		b		b	b	b	b	abcdfhij		b	b						a	ab	ab
Ranked 2nd	131	12	12	26	26	24	18	2	12	87	32	30	33	50	18	19	20	57	35
	6%	3%	7%	9%	6%	9%	9%	2%	6%	8%	6%	6%	6%	7%	7%	3%	4%	9%	14%
			a	a	a	ag	a			a	a							ab	abc
Ranked 3rd	87	12	4	12	16	12	15	2	14	44	31	20	23	32	11	5	15	44	21
	4%	3%	2%	4%	4%	4%	7%	3%	6%	4%	6%	4%	4%	4%	4%	1%	3%	7%	8%
							abi		b		abi						a	ab	ab
Not ranked	1427	312	147	218	289	173	122	42	125	827	288	370	420	480	143	464	404	399	141
	69%	79%	80%	72%	72%	66%	58%	54%	56%	72%	56%	77%	75%	66%	56%	76%	78%	63%	55%
		defghij	cdefghij	fghj	fghj	hj				efghj		cd	cd	d		cd	cd	d	
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	372	47	20	62	73	61	52	18	39	216	109	83	97	133	57	37	59	178	92
	18%	12%	11%	21%	18%	23%	25%	23%	18%	19%	21%	17%	17%	18%	22%	6%	11%	28%	36%
				ab	ab	ab	abi	ab		ab	ab						a	ab	abc

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.12. I'm worried about Covid-19: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	154	62	51	40
	7%	9%	6%	8%
Ranked 2nd	131	51	41	38
	6%	7%	5%	7%
Ranked 3rd	87	33	30	23
	4%	5%	4%	4%
Not ranked	1427	484	527	403
	69%	68%	67%	77%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	372	146	122	101
	18%	20%	16%	19%
		b		

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Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	276	109	166	86	106	85	14	33	20	32	23	47	32	39	38
	13%	11%	16%	14%	16%	11%	14%	12%	10%	15%	13%	21%	10%	12%	18%
			a		c							bcegh			cgh
Ranked 2nd	262	113	148	80	87	95	12	32	27	30	22	26	43	45	25
	13%	11%	14%	13%	13%	12%	12%	12%	13%	14%	13%	11%	13%	13%	12%
Ranked 3rd	177	89	87	55	52	70	7	23	17	17	25	20	22	32	14
	9%	9%	8%	9%	8%	9%	7%	9%	8%	8%	14%	9%	7%	10%	7%
											dgi				
Not ranked	1084	534	548	361	364	359	45	144	111	115	90	111	189	175	104
	53%	53%	52%	58%	54%	47%	46%	54%	55%	53%	51%	49%	59%	52%	49%
				c	c								af		
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	715	311	401	221	244	250	32	88	64	79	70	92	97	116	76
	35%	31%	38%	36%	36%	33%	33%	33%	32%	37%	40%	41%	30%	35%	36%
			a								g	g			

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Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	276	15	48	89	36	38	51	151	125	246	7	12	10	1	-	31
	13%	8%	11%	19%	14%	18%	11%	14%	13%	14%	13%	9%	13%	5%	-	10%
				abfgh	a	abf		a	a							
Ranked 2nd	262	23	60	53	39	24	63	136	126	228	8	14	6	1	1	31
	13%	12%	14%	11%	15%	11%	13%	12%	13%	13%	15%	11%	8%	6%	9%	10%
Ranked 3rd	177	11	43	30	25	21	47	85	92	160	2	7	4	-	3	16
	9%	6%	10%	6%	10%	10%	10%	8%	10%	9%	4%	5%	6%	-	20%	6%
									c	g						
Not ranked	1084	117	245	244	136	114	229	605	479	878	35	88	49	12	8	192
	53%	61%	55%	51%	53%	53%	48%	55%	51%	51%	62%	67%	63%	75%	60%	65%
		cfh	f					f				a	a			a
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	715	49	151	172	99	83	161	372	343	634	18	33	21	2	4	78
	35%	26%	34%	36%	39%	38%	34%	34%	36%	37%	32%	26%	27%	11%	29%	26%
			a	a	a	a	a	a	a	cg						

Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	276	174	54	33	87	2	13	95	43	9	4	16	23	32	40	15
	13%	14%	15%	10%	13%	3%	12%	13%	17%	13%	7%	15%	23%	20%	10%	9%
			c					a	ajk	a		a	abcfjk	acfjk		
Ranked 2nd	262	162	46	42	88	8	11	94	32	5	8	19	18	16	50	20
	13%	13%	13%	12%	13%	16%	10%	13%	12%	8%	16%	17%	17%	10%	12%	12%
Ranked 3rd	177	118	28	25	52	6	9	66	12	7	2	11	12	16	37	14
	9%	9%	8%	7%	8%	11%	8%	9%	5%	11%	3%	10%	11%	10%	9%	9%
								d		d			d	d	d	d
Not ranked	1084	614	201	210	410	30	70	411	137	37	29	53	40	82	195	100
	53%	49%	57%	63%	60%	57%	63%	56%	53%	58%	56%	47%	39%	51%	48%	61%
			a	a	a	h	ghij	hj	h	h	h					ghj
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	715	454	127	100	227	16	33	255	87	21	13	46	52	65	127	49
	35%	36%	36%	30%	33%	30%	30%	35%	34%	32%	26%	42%	51%	40%	31%	30%
		c										jk	abcdefijk			

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	276	77	49	19	6	68	82	98	24	29	4	53	102	43	156	67	10	233
	13%	13%	14%	12%	13%	13%	13%	15%	9%	15%	11%	11%	15%	13%	15%	12%	10%	14%
								b		b			b					
Ranked 2nd	262	68	56	17	5	73	74	82	35	26	4	61	86	42	135	79	7	220
	13%	11%	16%	10%	12%	14%	11%	12%	13%	13%	10%	13%	12%	12%	13%	14%	7%	13%
			af													d		
Ranked 3rd	177	52	24	13	2	36	53	55	23	9	2	32	57	28	90	52	7	149
	9%	9%	7%	8%	4%	7%	8%	8%	8%	5%	6%	7%	8%	8%	9%	9%	7%	9%
Not ranked	1084	344	185	98	29	283	372	356	176	105	25	280	381	158	539	320	66	926
	53%	57%	54%	59%	63%	55%	57%	54%	63%	55%	65%	59%	55%	47%	51%	57%	66%	54%
									af							ab	abe	a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	715	197	129	48	13	177	209	234	82	63	10	146	245	113	381	198	24	603
	35%	33%	37%	29%	28%	35%	32%	36%	29%	33%	27%	31%	35%	33%	36%	35%	24%	35%
															d	d		d

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Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	276	35	194	65	57	4	169	104	22	210	66	234	42
	13%	9%	15%	20%	14%	5%	13%	14%	22%	13%	16%	14%	14%
			a	bcde	c		c	c	bcde				
Ranked 2nd	262	34	183	44	67	5	157	101	14	213	49	216	42
	13%	9%	14%	13%	16%	6%	12%	14%	14%	13%	12%	12%	14%
			a	c	cd			c					
Ranked 3rd	177	36	112	36	46	7	99	74	14	145	32	159	17
	9%	9%	9%	11%	11%	8%	8%	10%	14%	9%	8%	9%	6%
					d			d	d			b	
Not ranked	1084	266	634	168	223	57	662	392	47	870	213	923	154
	53%	67%	50%	51%	54%	67%	52%	55%	48%	53%	51%	53%	51%
		b				abdef							
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	715	106	489	145	170	15	426	279	50	568	147	610	102
	35%	27%	38%	44%	41%	18%	33%	39%	50%	35%	35%	35%	34%
			a	cd	cd		c	cd	cde				

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	276	68	25	42	54	42	21	6	18	163	45	84	92	79	17	90	70	79	33
	13%	17%	13%	14%	14%	16%	10%	8%	8%	14%	9%	18%	16%	11%	7%	15%	14%	13%	13%
		fhj		hj	hj	fhj				hj		cd	cd						
Ranked 2nd	262	61	30	47	49	30	22	8	16	155	45	81	71	90	19	79	71	78	31
	13%	15%	16%	16%	12%	11%	10%	10%	7%	14%	9%	17%	13%	12%	8%	13%	14%	12%	12%
		hj	hj	hj						hj		cd	d	d					
Ranked 3rd	177	46	21	29	25	25	14	4	13	99	31	48	55	59	12	45	39	74	16
	9%	12%	11%	10%	6%	9%	7%	5%	6%	9%	6%	10%	10%	8%	5%	7%	8%	12%	6%
		dfhj	dj									d	d					abd	
Not ranked	1084	183	92	161	234	137	118	41	117	625	276	239	299	385	151	287	282	345	153
	53%	46%	50%	54%	59%	52%	56%	53%	53%	54%	54%	50%	53%	53%	59%	47%	55%	54%	60%
					a		a			a	a				a		a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	715	175	75	119	128	97	56	18	47	418	122	214	218	228	48	215	180	232	80
	35%	44%	41%	39%	32%	37%	27%	24%	21%	36%	24%	44%	39%	32%	19%	35%	35%	37%	31%
		dfghij	dfghj	dfghj	hj	fghj				fghj		cd	cd	d					

Q8Xb.13. Too tired / lacking energy: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	276	82	93	99
	13%	11%	12%	19%
				ab
Ranked 2nd	262	75	90	97
	13%	10%	11%	18%
				ab
Ranked 3rd	177	50	62	63
	9%	7%	8%	12%
				ab
Not ranked	1084	423	405	244
	53%	59%	51%	47%
		bc		
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	715	207	245	259
	35%	29%	31%	49%
				ab

Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	148	84	64	39	39	70	5	20	10	18	19	18	14	30	14
	7%	8%	6%	6%	6%	9%	5%	7%	5%	8%	11%	8%	4%	9%	6%
		b				ab				g	cg			g	
Ranked 2nd	100	59	41	20	28	52	3	11	8	13	8	20	6	14	16
	5%	6%	4%	3%	4%	7%	3%	4%	4%	6%	5%	9%	2%	4%	7%
		b				ab				g		gh			g
Ranked 3rd	81	41	40	20	28	34	3	14	13	8	7	4	8	12	11
	4%	4%	4%	3%	4%	4%	3%	5%	6%	4%	4%	2%	3%	4%	5%
									fg						
Not ranked	1470	662	804	503	513	453	66	187	143	155	126	162	258	234	140
	72%	66%	77%	81%	76%	60%	67%	70%	71%	72%	71%	71%	80%	70%	67%
			a	bc	c								abcdefhi		
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	329	183	144	78	95	157	11	45	31	39	35	41	29	57	40
	16%	18%	14%	13%	14%	21%	11%	17%	16%	18%	20%	18%	9%	17%	19%
		b				ab		g	g	g	g	g		g	g

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Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	148	6	33	27	14	19	49	65	83	135	3	6	3	-	1	13
	7%	3%	7%	6%	6%	9%	10%	6%	9%	8%	5%	5%	4%	-	7%	4%
			a			a	acdg		acg	g						
Ranked 2nd	100	5	16	18	11	9	41	39	61	96	-	2	1	1	-	4
	5%	3%	4%	4%	4%	4%	9%	4%	6%	6%	-	2%	1%	5%	-	1%
							abcdeg		abcg	g						
Ranked 3rd	81	3	21	19	19	4	15	43	38	74	1	4	1	1	1	7
	4%	2%	5%	4%	7%	2%	3%	4%	4%	4%	1%	3%	1%	6%	9%	2%
					acefgh											
Not ranked	1470	151	326	352	192	164	285	829	641	1207	50	109	66	12	9	246
	72%	79%	74%	74%	75%	76%	60%	75%	68%	70%	88%	83%	84%	76%	73%	83%
		fh	fh	fh	fh	fh		fh	f		a	a	a			a
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	329	14	70	64	44	32	106	148	181	305	3	12	5	2	2	24
	16%	8%	16%	13%	17%	15%	22%	13%	19%	18%	6%	9%	6%	11%	16%	8%
			a	a	a	a	abceg	a	acg	bcdg						

Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	148	101	19	22	41	3	10	45	16	3	5	5	7	9	46	13
	7%	8%	5%	6%	6%	6%	9%	6%	6%	4%	9%	5%	7%	5%	11% cdgi	8%
Ranked 2nd	100	78	11	8	18	-	2	28	8	2	1	5	8	13	32	2
	5%	6% bcd	3%	2%	3%	-	2%	4%	3%	3%	3%	4%	8% abcdk	8% abcdk	8% abcdk	1%
Ranked 3rd	81	56	14	10	24	2	2	25	13	1	1	5	3	9	21	4
	4%	4%	4%	3%	4%	3%	2%	3%	5%	2%	1%	5%	3%	6%	5%	2%
Not ranked	1470	833	284	270	554	41	89	567	188	53	35	84	74	115	223	130
	72%	66%	81% a	81% a	81% a	78% j	80% j	77% j	73% j	81% j	69%	76% j	73% j	71% j	55%	80% j
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5% bd	2%	3%	2%	7%	2%	3%	6% c	3%	6%	4%	4%	3%	8% bc	3%
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10% bcd	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13% bchik	6%
NET: Ranked Top 3	329	235	44	39	84	5	14	99	36	6	7	15	18	31	99	18
	16%	19% bcd	13%	12%	12%	9%	12%	14%	14%	9%	13%	13%	18%	19% ek	24% abcdegk	11%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	148	37	26	10	1	36	38	46	17	9	3	26	49	30	75	37	7	118
	7%	6%	8%	6%	3%	7%	6%	7%	6%	5%	9%	6%	7%	9%	7%	7%	7%	7%
Ranked 2nd	100	21	10	7	1	17	22	28	7	6	-	13	28	27	48	24	1	73
	5%	3%	3%	4%	2%	3%	3%	4%	3%	3%	-	3%	4%	8% bcde	5%	4%	1%	4%
Ranked 3rd	81	17	13	7	1	20	18	24	7	9	-	17	24	13	49	16	3	68
	4%	3%	4%	4%	3%	4%	3%	4%	3%	5%	-	4%	3%	4%	5%	3%	3%	4%
Not ranked	1470	465	265	122	38	387	504	494	227	143	32	370	525	201	749	441	78	1268
	72%	77%	77%	74%	84%	76%	78%	75%	81% a	75%	84%	79%	76%	59%	71% a	79% abe	78% a	74% a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5% b	2%	3%	4%	8% bce	4% c	2%	3%	4%
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12% bce	8% c	5%	7%	7%
NET: Ranked Top 3	329	75	49	24	3	73	78	97	31	24	3	56	100	69	171	77	11	260
	16%	12%	14%	14%	8%	14%	12%	15%	11%	13%	9%	12%	14%	20% cde	16%	14%	11%	15%

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Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	148 7%	19 5%	99 8% a	22 7%	34 8%	3 3%	96 8%	49 7%	10 10% c	116 7%	32 8%	123 7%	25 8%
Ranked 2nd	100 5%	11 3%	61 5%	16 5%	25 6%	4 4%	61 5%	37 5%	7 7%	77 5%	23 5%	87 5%	12 4%
Ranked 3rd	81 4%	11 3%	56 4%	17 5%	12 3%	1 2%	53 4%	28 4%	2 2%	62 4%	20 5%	67 4%	15 5%
Not ranked	1470 72% b	330 83%	907 71%	258 78% d	322 78% d	65 76%	878 69%	557 78% d	78 79% d	1184 73% b	285 68%	1256 73%	204 67%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	329 16%	41 10%	216 17% a	55 17%	71 17%	8 9%	210 16%	114 16%	19 19% c	254 16%	75 18%	277 16%	52 17%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	148	62	17	21	21	8	6	2	10	68	18	41	37	54	13	51	41	36	18
	7%	16%	9%	7%	5%	3%	3%	3%	5%	6%	4%	8%	7%	7%	5%	8%	8%	6%	7%
		bcdefghij	efj	efj						j									
Ranked 2nd	100	42	11	10	16	6	7	1	6	43	15	35	21	33	11	35	22	26	17
	5%	11%	6%	3%	4%	2%	3%	1%	3%	4%	3%	7%	4%	5%	4%	6%	4%	4%	7%
		cdefghij	e									b							
Ranked 3rd	81	28	11	9	16	9	5	1	2	45	8	22	25	27	7	23	15	33	8
	4%	7%	6%	3%	4%	4%	2%	1%	1%	4%	2%	5%	5%	4%	3%	4%	3%	5%	3%
		cfhij	hj		hj					hj									
Not ranked	1470	226	128	240	309	210	156	55	145	888	356	356	433	499	169	393	384	482	190
	72%	57%	70%	80%	77%	80%	74%	71%	65%	77%	70%	74%	77%	69%	66%	64%	74%	76%	75%
			a	abhj	ahj	abhj	a	a	a	abhj	a	d	cd				a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	329	133	39	40	53	24	18	5	19	155	41	97	83	114	31	109	78	95	43
	16%	34%	21%	13%	13%	9%	9%	6%	8%	14%	8%	20%	15%	16%	12%	18%	15%	15%	17%
		bcdefghij	cdefghij	j	j					efhj		bcd							

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.14. I just don't want to: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	148	29	81	38
	7%	4%	10%	7%
			a	a
Ranked 2nd	100	17	54	27
	5%	2%	7%	5%
			a	a
Ranked 3rd	81	18	24	40
	4%	3%	3%	8%
				ab
Not ranked	1470	566	490	398
	72%	79%	62%	76%
		b		b
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	329	64	159	105
	16%	9%	20%	20%
			a	a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	153	83	69	52	41	60	6	14	12	16	14	12	31	24	23
	7%	8%	7%	8%	6%	8%	6%	5%	6%	7%	8%	5%	10%	7%	11%
															b
Ranked 2nd	88	46	42	34	26	28	1	8	11	13	7	6	16	17	9
	4%	5%	4%	5%	4%	4%	1%	3%	6%	6%	4%	2%	5%	5%	4%
										a					
Ranked 3rd	88	44	43	28	34	26	4	7	11	10	4	11	15	18	7
	4%	4%	4%	4%	5%	3%	4%	3%	6%	5%	2%	5%	5%	5%	4%
Not ranked	1471	672	794	469	507	495	66	203	140	155	136	175	225	231	140
	72%	67%	76%	76%	75%	65%	67%	76%	70%	72%	77%	77%	70%	69%	67%
			a	c	c			i			i	i			
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	328	174	154	113	101	114	12	29	34	39	25	29	61	60	40
	16%	17%	15%	18%	15%	15%	12%	11%	17%	18%	14%	13%	19%	18%	19%
										b			b	b	b

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	153	21	26	34	22	20	30	81	71	121	7	11	7	3	1	28
	7%	11% bf	6%	7%	8%	9%	6%	7%	8%	7%	12%	8%	9%	17%	7%	10%
Ranked 2nd	88	12	18	20	10	10	18	49	39	73	1	8	5	1	1	15
	4%	6%	4%	4%	4%	5%	4%	4%	4%	4%	1%	6%	6%	5%	7%	5%
Ranked 3rd	88	7	26	24	6	7	18	57	31	77	4	5	1	1	-	10
	4%	4%	6% dh	5%	2%	3%	4%	5% dh	3%	4%	6%	4%	1%	6%	-	3%
Not ranked	1471	125	326	338	197	159	325	790	681	1240	42	98	57	9	10	216
	72%	66%	74% a	71%	77% acfg	74%	69%	71%	72%	72%	74%	74%	73%	58%	76%	73%
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8% bcdeg	4%	5% d	4%	6%	3%	5%	6%	5%	4%
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10% d	8%	8%	9% bg	-	5%	5%	7%	5%	4%
NET: Ranked Top 3	328	40	70	77	38	37	66	187	141	271	11	23	13	4	2	53
	16%	21% fh	16%	16%	15%	17%	14%	17%	15%	16%	20%	18%	16%	28%	13%	18%

Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	153	101	19	25	44	6	9	61	18	2	3	6	7	9	32	15
	7%	8%	6%	7%	6%	11%	8%	8%	7%	4%	6%	5%	7%	5%	8%	9%
Ranked 2nd	88	48	17	19	36	-	3	26	22	5	1	8	5	3	15	3
	4%	4%	5%	6%	5%	-	3%	4%	8%	8%	2%	7%	5%	2%	4%	2%
									acijk	aik		acik				
Ranked 3rd	88	43	23	16	39	1	8	45	4	3	1	3	2	2	19	9
	4%	3%	7%	5%	6%	3%	7%	6%	1%	4%	1%	3%	2%	1%	5%	6%
			a		a		di	di							d	di
Not ranked	1471	877	268	250	518	39	83	534	181	48	37	82	78	133	257	121
	72%	70%	77%	74%	76%	73%	75%	73%	70%	74%	72%	74%	77%	82%	63%	74%
			a		a		j	j				j	j	cdj		j
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	328	191	60	60	120	7	20	132	43	10	5	17	14	14	66	27
	16%	15%	17%	18%	17%	14%	18%	18%	17%	16%	10%	15%	14%	8%	16%	17%
							i	i	i						i	i

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Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	153	35	32	15	3	47	38	45	25	13	1	38	46	26	76	43	7	127
	7%	6%	9%	9%	6%	9%	6%	7%	9%	7%	2%	8%	7%	8%	7%	8%	7%	7%
			af			af												
Ranked 2nd	88	30	17	3	1	20	31	26	15	11	1	26	28	10	42	30	5	77
	4%	5%	5%	2%	2%	4%	5%	4%	5%	6%	3%	5%	4%	3%	4%	5%	5%	5%
Ranked 3rd	88	27	21	11	1	32	28	35	10	11	3	21	38	8	50	28	2	79
	4%	4%	6%	6%	2%	6%	4%	5%	4%	6%	7%	5%	5%	2%	5%	5%	2%	5%
Not ranked	1471	448	244	117	38	361	486	484	208	133	30	340	514	226	752	417	76	1245
	72%	74%	71%	71%	82%	71%	75%	74%	74%	70%	80%	72%	74%	66%	71%	75%	75%	73%
																a		a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	328	92	70	29	4	99	96	107	50	35	5	85	111	45	168	102	14	283
	16%	15%	20%	18%	9%	19%	15%	16%	18%	18%	12%	18%	16%	13%	16%	18%	14%	17%
			af			f										a		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	153 7%	24 6%	95 8%	15 4%	20 5%	4 4%	113 9% abef	35 5%	2 3%	122 7%	31 7%	133 8%	19 6%
Ranked 2nd	88 4%	22 6%	55 4%	11 3%	10 3%	4 5%	61 5% b	24 3%	2 2%	71 4%	16 4%	79 5%	9 3%
Ranked 3rd	88 4%	20 5%	59 5%	5 1%	16 4% a	1 1%	67 5% ae	21 3%	1 1%	71 4%	17 4%	76 4%	10 3%
Not ranked	1471 72% b	306 77%	913 72%	283 86% cd	347 84% d	64 76%	846 66%	591 82% d	92 93% bcde	1175 72%	296 70%	1246 72%	218 72%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	328 16%	66 17%	210 17%	30 9%	46 11%	8 10%	242 19% abcef	80 11%	5 5%	264 16%	64 15%	287 17%	38 13%

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Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	153	5	14	24	29	20	23	4	34	87	61	30	45	60	17	39	43	48	20
	7%	1%	8%	8%	7%	8%	11%	5%	15%	8%	12%	6%	8%	8%	7%	6%	8%	8%	8%
			a	a	a	a	a	a	abcdegi	a	adi								
Ranked 2nd	88	8	8	13	18	12	12	2	15	51	29	18	23	37	10	26	30	25	6
	4%	2%	4%	4%	4%	5%	6%	2%	7%	4%	6%	4%	4%	5%	4%	4%	6%	4%	3%
							a		a	a	a						d		
Ranked 3rd	88	9	6	9	25	13	11	7	7	53	26	23	21	33	12	25	34	22	7
	4%	2%	3%	3%	6%	5%	5%	9%	3%	5%	5%	5%	4%	5%	5%	4%	7%	4%	3%
					ac		a	abch		a	a						cd		
Not ranked	1471	336	139	234	290	189	129	46	107	852	282	383	429	482	161	411	355	482	200
	72%	85%	76%	78%	72%	72%	61%	60%	48%	74%	55%	79%	76%	67%	63%	67%	69%	76%	78%
		bcdefghij	fghj	fghj	fghj	fghj	h			fghj		cd	cd					ab	ab
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	328	22	28	46	72	45	46	13	57	190	115	70	88	131	38	90	107	95	33
	16%	6%	15%	15%	18%	17%	22%	17%	26%	17%	23%	14%	16%	18%	15%	15%	21%	15%	13%
			a	a	a	a	a	a	abcdei	a	abci						acd		

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Q8Xb.19. Bad weather: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	153	60	70	23
	7%	8%	9%	4%
		c	c	
Ranked 2nd	88	45	23	19
	4%	6%	3%	4%
		bc		
Ranked 3rd	88	36	34	18
	4%	5%	4%	3%
Not ranked	1471	489	523	443
	72%	68%	66%	84%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	328	141	126	60
	16%	20%	16%	12%
		c	c	

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	51	17	34	24	14	13	2	9	8	4	4	10	10	5	1
	3%	2%	3%	4%	2%	2%	2%	3%	4%	2%	2%	4%	3%	1%	*
			a	c				i	i			hi			
Ranked 2nd	38	14	24	17	15	6	1	2	5	4	1	3	11	8	4
	2%	1%	2%	3%	2%	1%	1%	1%	3%	2%	1%	1%	3%	2%	2%
				c	c								e		
Ranked 3rd	43	19	24	16	19	7	3	8	2	5	2	4	7	9	3
	2%	2%	2%	3%	3%	1%	3%	3%	1%	2%	1%	2%	2%	3%	2%
				c	c										
Not ranked	1666	795	866	524	559	583	71	213	159	181	154	187	259	270	172
	81%	79%	83%	85%	83%	77%	72%	80%	79%	84%	87%	82%	80%	81%	82%
			a	c	c					a	abcg	a			a
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	133	50	82	58	49	26	6	19	15	13	7	16	27	21	8
	6%	5%	8%	9%	7%	3%	6%	7%	7%	6%	4%	7%	8%	6%	4%
			a	c	c								e		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	51	7	12	13	6	6	8	31	20	38	5	4	2	2	-	13
	3%	3%	3%	3%	2%	3%	2%	3%	2%	2%	9%	3%	2%	15%	-	4%
											ac					a
Ranked 2nd	38	4	12	8	9	4	1	23	15	26	3	5	2	1	-	11
	2%	2%	3%	2%	4%	2%	*	2%	2%	1%	5%	4%	3%	7%	-	4%
		f	f	f	fh			f	f		a	a				a
Ranked 3rd	43	11	10	8	9	2	3	29	14	32	4	3	2	1	-	11
	2%	6%	2%	2%	4%	1%	1%	3%	2%	2%	7%	2%	3%	7%	-	4%
		bcefgh			efh			f			a					a
Not ranked	1666	144	363	386	211	185	378	893	773	1416	41	109	64	9	11	234
	81%	76%	82%	81%	83%	86%	80%	81%	82%	82%	73%	83%	82%	57%	90%	80%
						af										
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	133	21	33	29	25	11	13	84	49	95	12	12	6	5	-	35
	6%	11%	8%	6%	10%	5%	3%	8%	5%	5%	21%	9%	8%	29%	-	12%
		cefh	f	f	fh			fh	f		acdg					a

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Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	51	32	8	8	16	1	9	18	5	1	3	1	3	1	9	10
	3%	3%	2%	2%	2%	2%	8%	2%	2%	1%	6%	1%	3%	1%	2%	6%
							cdegij				i					cdgij
Ranked 2nd	38	16	5	12	18	2	5	17	7	2	2	1	1	1	2	7
	2%	1%	2%	4%	3%	3%	4%	2%	3%	3%	5%	1%	1%	*	*	4%
				a	a	j	hij	j	j		ij					ij
Ranked 3rd	43	17	9	13	23	2	3	22	7	1	2	-	1	2	3	5
	2%	1%	3%	4%	3%	3%	3%	3%	3%	1%	4%	-	1%	1%	1%	3%
				a	a	g		j			g					g
Not ranked	1666	1003	305	276	581	41	86	609	205	55	34	97	87	143	308	127
	81%	80%	87%	82%	85%	79%	77%	83%	79%	85%	67%	87%	85%	88%	76%	78%
			a		a			fj			f	bfjk	fj	bdfjk		bdfjk
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	133	65	23	33	57	4	17	57	18	3	7	2	5	4	14	21
	6%	5%	7%	10%	8%	8%	15%	8%	7%	5%	14%	2%	5%	2%	3%	13%
				a	a	gi	cdeghij	gij	gi		ghij					cdghij

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	51	18	10	5	2	15	20	19	11	5	-	16	19	8	24	16	3	43
	3%	3%	3%	3%	5%	3%	3%	3%	4%	3%	-	3%	3%	2%	2%	3%	3%	3%
Ranked 2nd	38	20	5	4	3	9	23	15	10	5	1	14	17	5	14	18	2	33
	2%	3%	2%	2%	7%	2%	4%	2%	4%	2%	4%	3%	2%	1%	1%	3%	2%	2%
					be											b		
Ranked 3rd	43	17	9	5	-	14	17	18	9	5	-	15	18	4	18	18	3	39
	2%	3%	3%	3%	-	3%	3%	3%	3%	3%	-	3%	3%	1%	2%	3%	3%	2%
																b		
Not ranked	1666	485	290	133	36	423	522	539	228	153	33	380	572	254	864	466	82	1412
	81%	80%	84%	80%	79%	83%	80%	82%	81%	80%	89%	81%	82%	75%	82%	83%	81%	82%
															a	a		a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	133	55	24	13	5	38	60	52	30	15	1	45	53	17	56	52	8	116
	6%	9%	7%	8%	12%	7%	9%	8%	11%	8%	4%	10%	8%	5%	5%	9%	8%	7%
																abe		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	51	17	26	9	7	2	33	18	1	41	10	40	11
	3%	4%	2%	3%	2%	3%	3%	2%	1%	3%	2%	2%	4%
		b											
Ranked 2nd	38	14	18	4	3	1	29	7	-	33	5	32	5
	2%	3%	1%	1%	1%	1%	2%	1%	-	2%	1%	2%	2%
		b					e						
Ranked 3rd	43	15	23	4	8	2	29	13	1	32	11	40	3
	2%	4%	2%	1%	2%	2%	2%	2%	1%	2%	3%	2%	1%
		b											
Not ranked	1666	326	1056	296	374	67	997	633	96	1332	335	1420	237
	81%	82%	83%	90%	91%	79%	78%	88%	96%	82%	79%	82%	78%
				cd	cd			cd	acde				
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	133	46	67	17	19	5	91	38	1	107	26	113	19
	6%	12%	5%	5%	5%	6%	7%	5%	1%	7%	6%	7%	6%
		b					f						

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	51	4	3	2	14	11	6	1	11	30	18	8	17	19	7	17	15	15	4
	3%	1%	1%	1%	4%	4%	3%	1%	5%	3%	3%	2%	3%	3%	3%	3%	3%	2%	2%
					ac	ac			abci		ac								
Ranked 2nd	38	2	1	5	13	7	4	2	3	27	9	10	6	14	9	14	10	11	3
	2%	*	1%	2%	3%	3%	2%	3%	1%	2%	2%	2%	1%	2%	3%	2%	2%	2%	1%
					a	a		a		a					b				
Ranked 3rd	43	2	4	6	9	6	12	1	3	26	16	7	11	16	10	10	9	16	7
	2%	*	2%	2%	2%	2%	6%	1%	1%	2%	3%	1%	2%	2%	4%	2%	2%	3%	3%
					a	a	acdhi			a	a				a				
Not ranked	1666	351	159	266	325	209	153	55	147	960	355	428	484	564	174	460	429	534	219
	81%	89%	87%	88%	81%	80%	72%	72%	66%	84%	70%	89%	86%	78%	68%	75%	83%	84%	86%
		defghij	fghj	defghij	fhj	fhj				fghj		cd	cd	d			a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	133	7	8	14	37	25	22	4	17	83	42	25	33	49	25	41	34	43	14
	6%	2%	4%	5%	9%	9%	10%	5%	8%	7%	8%	5%	6%	7%	10%	7%	7%	7%	6%
				a	abc	abc	abc		a	a	ac				ab				

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Q8Xb.20. Difficult to book onto or access the activity I want to do: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	51	23	19	10
	3%	3%	2%	2%
Ranked 2nd	38	22	7	8
	2%	3%	1%	1%
		b		
Ranked 3rd	43	22	12	9
	2%	3%	2%	2%
Not ranked	1666	564	611	477
	81%	79%	77%	91%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	133	66	38	27
	6%	9%	5%	5%
		bc		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	104	32	72	47	47	10	6	17	10	7	11	11	16	18	8
	5%	3%	7%	8%	7%	1%	6%	6%	5%	3%	6%	5%	5%	5%	4%
			a	c	c										
Ranked 2nd	65	23	41	27	34	4	4	10	7	4	8	4	10	12	6
	3%	2%	4%	4%	5%	1%	4%	4%	4%	2%	5%	2%	3%	3%	3%
			a	c	c										
Ranked 3rd	54	16	38	25	24	5	3	3	6	5	7	5	8	9	7
	3%	2%	4%	4%	4%	1%	3%	1%	3%	2%	4%	2%	3%	3%	3%
			a	c	c						b				
Not ranked	1576	774	798	483	503	590	65	202	151	178	134	183	252	252	158
	77%	77%	76%	78%	75%	78%	66%	76%	75%	83%	76%	81%	78%	75%	76%
										ah		a	a		
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	223	71	150	99	105	19	12	30	23	16	26	20	35	39	22
	11%	7%	14%	16%	16%	2%	12%	11%	11%	8%	15%	9%	11%	12%	10%
			a	c	c						d				

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Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	104	15	29	29	12	10	10	72	32	79	5	10	3	2	3	23
	5%	8%	6%	6%	5%	5%	2%	7%	3%	5%	8%	8%	4%	12%	26%	8%
		fh	fh	fh				fh								a
Ranked 2nd	65	7	11	17	10	15	5	35	30	55	1	3	3	-	2	10
	3%	4%	3%	3%	4%	7%	1%	3%	3%	3%	2%	3%	4%	-	18%	3%
		f		f	f	bcfgh		f	f							
Ranked 3rd	54	6	15	14	9	4	5	35	19	42	1	2	6	-	-	9
	3%	3%	3%	3%	4%	2%	1%	3%	2%	2%	2%	2%	7%	-	-	3%
			f	f	f			f					ac			
Not ranked	1576	138	342	356	204	167	371	835	741	1335	46	105	58	12	6	227
	77%	72%	77%	75%	80%	78%	78%	75%	79%	77%	81%	80%	74%	75%	46%	77%
					a											
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	223	28	55	60	31	29	20	142	80	176	7	16	12	2	6	42
	11%	15%	12%	13%	12%	14%	4%	13%	9%	10%	13%	12%	15%	12%	44%	14%
		fh	fh	fh	f	fh		fh	f							a

Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	104	16	37	47	84	6	5	47	15	6	3	8	1	9	4	10
	5%	1%	10%	14%	12%	11%	4%	6%	6%	10%	6%	7%	1%	6%	1%	6%
			a	a	a	hj	j	hj	hj	hj	hj	hj		hj		hj
Ranked 2nd	65	8	24	28	53	3	3	32	12	3	1	1	1	6	3	6
	3%	1%	7%	8%	8%	6%	2%	4%	5%	5%	1%	1%	1%	4%	1%	4%
			a	a	a	hj		j	j	j				j		j
Ranked 3rd	54	6	15	27	43	1	4	25	9	2	1	4	3	5	-	5
	3%	*	4%	8%	6%	2%	3%	3%	4%	3%	1%	3%	3%	3%	-	3%
			a	ab	a	j	j	j	j	j	j	j	j	j		j
Not ranked	1576	1038	252	207	459	36	92	561	188	47	37	86	87	127	315	128
	77%	82%	72%	62%	67%	69%	83%	77%	72%	72%	73%	77%	86%	78%	78%	78%
		bcd	c				ad						acde			
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	223	30	76	103	179	10	11	105	36	11	4	13	5	20	7	21
	11%	2%	22%	31%	26%	19%	10%	14%	14%	18%	8%	12%	5%	12%	2%	13%
			a	ab	a	hj	j	hj	hj	hj	j	hj		hj		hj

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	104	39	19	13	1	33	39	35	27	11	-	38	35	9	41	50	5	95
	5%	6%	6%	8%	2%	6%	6%	5%	10%	6%	-	8%	5%	3%	4%	9%	5%	6%
									adf			f				abe		ab
Ranked 2nd	65	33	8	3	3	11	37	33	10	3	1	13	35	-	29	32	4	65
	3%	6%	2%	2%	7%	2%	6%	5%	4%	2%	3%	3%	5%	-	3%	6%	4%	4%
		bce			ce		bce	c					c		a	abe	a	a
Ranked 3rd	54	22	12	3	-	16	22	20	12	4	-	17	20	2	22	26	4	51
	3%	4%	4%	2%	-	3%	3%	3%	4%	2%	-	4%	3%	1%	2%	5%	4%	3%
																ab	a	a
Not ranked	1576	446	274	127	37	401	484	501	208	149	34	357	535	260	829	411	77	1317
	77%	74%	80%	76%	82%	79%	75%	76%	74%	78%	89%	76%	77%	76%	79%	74%	76%	77%
			a								be				c			
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	223	94	40	20	4	59	98	89	50	18	1	68	90	11	91	107	13	212
	11%	16%	12%	12%	9%	12%	15%	14%	18%	10%	3%	14%	13%	3%	9%	19%	13%	12%
									cdf			d			a	abe	a	ab

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	104 5%	36 9% b	58 5%	21 6% bc	11 3%	1 1%	70 5% b	31 4%	2 2%	83 5%	21 5%	86 5%	18 6%
Ranked 2nd	65 3%	21 5%	44 3%	13 4%	9 2%	1 1%	46 4%	19 3%	4 4%	57 3%	8 2%	57 3%	8 3%
Ranked 3rd	54 3%	14 3%	37 3%	13 4% b	5 1%	1 2%	34 3%	19 3%	1 1%	44 3%	9 2%	52 3% b	- -
Not ranked	1576 77%	302 76%	985 77%	266 81% d	368 89% acde	69 81%	938 73%	602 84% d	91 91% acd	1254 77%	322 76%	1337 77%	230 76%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	223 11%	70 18% b	138 11%	47 14% bcef	25 6%	3 4%	150 12% bc	69 10% b	7 7%	184 11%	39 9%	196 11%	25 8%

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Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	104	5	12	15	34	14	8	5	12	74	26	16	35	45	8	37	25	34	7
	5%	1%	6%	5%	8%	5%	4%	7%	6%	6%	5%	3%	6%	6%	3%	6%	5%	5%	3%
			a	a	afj	a	a	a	a	a	a		a	a					
Ranked 2nd	65	3	5	11	13	15	4	8	7	43	18	12	18	20	13	17	20	22	6
	3%	1%	3%	3%	3%	6%	2%	10%	3%	4%	4%	2%	3%	3%	5%	3%	4%	3%	3%
				a	a	af		abcdfhij	a	a	a								
Ranked 3rd	54	4	3	11	14	10	5	1	6	38	12	15	18	16	4	11	16	19	6
	3%	1%	1%	4%	3%	4%	3%	1%	3%	3%	2%	3%	3%	2%	2%	2%	3%	3%	2%
				a	a	a				a									
Not ranked	1576	347	147	244	302	195	157	45	139	888	341	411	445	531	174	436	402	502	213
	77%	87%	81%	81%	75%	75%	74%	59%	63%	78%	67%	85%	79%	74%	68%	71%	78%	79%	84%
		bcdefghij	ghj	ghj	ghj	ghj	gh			ghj		bcd	cd					a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d				
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	223	12	19	36	60	39	18	14	25	154	56	42	71	82	25	65	60	75	20
	11%	3%	11%	12%	15%	15%	8%	18%	11%	13%	11%	9%	13%	11%	10%	11%	12%	12%	8%
			a	a	af	af	a	af	a	af	a		a						

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Q8Xb.23. Childcare: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	104	55	21	25
	5%	8%	3%	5%
		bc		b
Ranked 2nd	65	27	19	19
	3%	4%	2%	4%
Ranked 3rd	54	25	12	16
	3%	3%	2%	3%
		b		
Not ranked	1576	523	597	443
	77%	73%	76%	84%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	223	108	53	60
	11%	15%	7%	12%
		b		b

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Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053 100%	1003 100%	1043 100%	619 100%	674 100%	760 100%	98 100%	267 100%	202 100%	215 100%	177 100%	227 100%	323 100%	334 100%	210 100%
Ranked 1st	47 2%	16 2%	30 3%	19 3% c	19 3%	10 1%	2 2%	4 2%	6 3%	3 1%	1 1%	7 3%	10 3%	9 3%	4 2%
Ranked 2nd	46 2%	17 2%	29 3%	26 4% bc	10 2%	10 1%	3 3%	5 2%	6 3% h	5 2%	7 4% h	3 2%	10 3% h	2 1%	4 2%
Ranked 3rd	68 3%	31 3%	37 4%	28 4% c	21 3%	19 2%	3 3%	6 2%	6 3%	11 5% e	2 1%	12 6% e	11 3%	13 4%	3 2%
Not ranked	1638 80%	781 78%	853 82% a	509 82% c	557 83% c	571 75%	70 71%	216 81% a	157 78%	175 82% a	150 84% a	181 80%	255 79%	267 80%	168 80%
None of the above	89 4%	46 5%	41 4%	14 2%	22 3%	54 7% ab	6 6% f	16 6% f	12 6% f	12 5% f	5 3%	2 1%	12 4%	17 5% f	7 3%
I don't face any challenges to being active	165 8%	111 11% b	54 5%	24 4%	44 7% a	97 13% ab	16 16% bcdegh	19 7%	15 7%	9 4%	11 6%	21 9% d	25 8%	27 8%	23 11% d
NET: Ranked Top 3	161 8%	64 6%	96 9% a	72 12% bc	50 7%	38 5%	8 8%	16 6%	18 9%	19 9%	11 6%	22 10%	31 10%	24 7%	12 6%

Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
								Social Grade								**Ethnicity**
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	47	6	12	4	7	5	13	22	25	39	1	5	2	-	-	8
	2%	3%	3%	1%	3%	2%	3%	2%	3%	2%	2%	4%	3%	-	-	3%
		c	c		c		c		c							
Ranked 2nd	46	3	9	12	5	3	14	24	22	37	2	4	3	-	-	8
	2%	2%	2%	3%	2%	1%	3%	2%	2%	2%	3%	3%	3%	-	-	3%
Ranked 3rd	68	6	15	14	14	10	8	35	32	56	2	6	2	1	-	11
	3%	3%	3%	3%	6%	5%	2%	3%	3%	3%	4%	4%	2%	9%	-	4%
					fg	f										
Not ranked	1638	150	361	385	209	179	355	896	742	1379	48	106	64	12	11	241
	80%	79%	82%	81%	82%	83%	75%	81%	79%	80%	85%	81%	81%	78%	90%	82%
			f	f	f	f		f								
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	161	16	35	30	27	17	36	81	80	132	5	15	7	1	-	28
	8%	8%	8%	6%	10%	8%	7%	7%	8%	8%	9%	12%	8%	9%	-	10%
					c											

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Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	47	22	10	12	22	1	3	18	4	1	-	5	4	6	5	4
	2%	2%	3%	3%	3%	2%	3%	2%	1%	1%	-	4%	4%	4%	1%	3%
				a	a											
Ranked 2nd	46	30	8	6	14	-	5	17	5	1	2	1	6	2	8	5
	2%	2%	2%	2%	2%	-	5%	2%	2%	1%	5%	1%	6%	1%	2%	3%
							gi						cdgij			
Ranked 3rd	68	38	20	7	27	1	5	25	9	4	-	3	5	5	11	6
	3%	3%	6%	2%	4%	2%	4%	3%	3%	6%	-	3%	5%	3%	3%	3%
			ac													
Not ranked	1638	979	289	285	574	44	89	606	207	52	39	90	78	134	299	133
	80%	78%	83%	85%	84%	83%	81%	83%	80%	81%	77%	81%	76%	82%	74%	82%
				a	a			j						j		
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	161	89	39	24	63	2	13	60	17	6	2	9	15	13	24	15
	8%	7%	11%	7%	9%	4%	12%	8%	7%	9%	5%	8%	15%	8%	6%	9%
			a				j						acdj			

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	47	17	4	4	-	8	17	16	6	1	1	7	17	6	23	16	3	41
	2%	3%	1%	2%	-	1%	3%	2%	2%	*	3%	1%	2%	2%	2%	3%	3%	2%
Ranked 2nd	46	19	6	1	-	8	19	19	8	1	1	9	20	10	23	8	4	36
	2%	3%	2%	1%	-	2%	3%	3%	3%	1%	3%	2%	3%	3%	2%	1%	4%	2%
																		c
Ranked 3rd	68	27	10	5	-	14	27	21	15	5	1	20	22	6	39	21	1	62
	3%	4%	3%	3%	-	3%	4%	3%	5%	2%	2%	4%	3%	2%	4%	4%	1%	4%
Not ranked	1638	478	294	137	42	430	520	534	230	161	32	390	566	249	835	473	81	1389
	80%	79%	85%	82%	91%	84%	80%	81%	82%	84%	85%	83%	81%	73%	79%	85%	81%	81%
			af		a	a									a	ab		a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	161	62	20	10	-	30	62	57	28	7	3	35	60	22	85	45	9	139
	8%	10%	6%	6%	-	6%	10%	9%	10%	4%	8%	8%	9%	6%	8%	8%	9%	8%
		bde					bde	c	c				c					

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	47 2%	13 3%	27 2%	10 3%	9 2%	1 1%	29 2%	18 2%	2 2%	40 2%	7 2%	42 2%	5 2%
Ranked 2nd	46 2%	13 3%	23 2%	10 3%	4 1%	3 3%	32 3%	14 2%	2 2%	33 2%	14 3%	41 2%	6 2%
Ranked 3rd	68 3%	15 4%	45 4%	13 4%	13 3%	3 3%	40 3%	25 3%	3 3%	49 3%	19 4%	61 4%	7 2%
Not ranked	1638 80%	330 83%	1028 81%	281 85% d	367 89% cd	66 78%	986 77%	614 86% d	91 91% cd	1317 81% b	321 76%	1389 80%	238 79%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	161 8%	41 10%	95 7%	33 10%	26 6%	6 7%	101 8%	57 8%	7 7%	122 7%	39 9%	144 8%	18 6%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	47	9	5	6	12	7	4	2	3	29	9	20	10	11	6	15	15	15	2
	2%	2%	3%	2%	3%	3%	2%	3%	1%	3%	2%	4% bc	2%	2%	2%	2%	3%	2%	1%
Ranked 2nd	46	6	4	3	16	9	3	2	4	31	9	6	15	20	5	17	11	12	6
	2%	2%	2%	1%	4% acj	3% c	2%	2%	2%	3%	2%	1%	3%	3%	2%	3%	2%	2%	2%
Ranked 3rd	68	15	4	18	12	11	2	1	4	46	7	24	15	23	6	20	16	26	6
	3%	4% j	2%	6% bfhj	3%	4% fj	1%	1%	2%	4% fj	1%	5% b	3%	3%	2%	3%	3%	4%	2%
Not ranked	1638	328	155	253	322	207	165	55	153	937	373	403	477	559	182	450	421	525	218
	80%	83% ghj	85% ghj	84% ghj	80% hj	79% h	78% h	71%	69%	82% ghj	73%	84% cd	85% cd	77%	71%	74%	82% a	83% a	86% a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10% abcdfi	8% abcdi	4%	6% i	2%	3%	5% a	7% ab	6% d	4%	3%	2%
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14% abcdei	13% abcdei	18% abcdei	5%	16% abcdei	4%	5%	10% ab	15% abc	12% bcd	6%	6%	6%
NET: Ranked Top 3	161	30	12	27	40	27	9	5	11	106	25	50	40	54	17	51	41	52	15
	8%	8%	7%	9% fj	10% fhj	10% fhj	4%	6%	5%	9% fhj	5%	10%	7%	7%	7%	8%	8%	8%	6%

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Q8Xb.24. I don't have anyone to exercise with: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	47	15	10	21
	2%	2%	1%	4%
				ab
Ranked 2nd	46	22	15	9
	2%	3%	2%	2%
Ranked 3rd	68	28	18	22
	3%	4%	2%	4%
				b
Not ranked	1638	565	606	451
	80%	79%	77%	86%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	161	65	43	52
	8%	9%	5%	10%
		b		b

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	130	74	55	41	61	28	6	23	9	11	12	12	22	21	13
	6%	7%	5%	7%	9%	4%	6%	9%	5%	5%	7%	5%	7%	6%	6%
				c	c										
Ranked 2nd	105	60	45	38	45	22	-	11	12	13	8	14	17	18	12
	5%	6%	4%	6%	7%	3%	-	4%	6%	6%	5%	6%	5%	5%	6%
				c	c			a	a	a	a	a	a	a	a
Ranked 3rd	111	52	59	41	50	21	4	16	7	10	13	15	15	15	16
	5%	5%	6%	7%	7%	3%	4%	6%	3%	5%	7%	7%	5%	5%	8%
				c	c										
Not ranked	1453	660	789	461	453	539	67	182	147	159	128	162	232	237	139
	71%	66%	76%	75%	67%	71%	68%	68%	73%	74%	72%	71%	72%	71%	66%
			a	b											
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	346	185	160	121	155	70	10	50	28	35	33	41	54	54	41
	17%	18%	15%	19%	23%	9%	11%	19%	14%	16%	18%	18%	17%	16%	20%
				c	c										a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	130	12	35	41	17	21	3	88	42	110	3	8	5	1	3	20
	6%	6%	8%	9%	7%	10%	1%	8%	4%	6%	6%	6%	6%	6%	24%	7%
		f	fh	fh	f	fh		fh	f							
Ranked 2nd	105	12	35	33	12	12	1	80	25	91	2	7	3	1	1	14
	5%	6%	8%	7%	5%	6%	*	7%	3%	5%	4%	5%	4%	5%	7%	5%
		fh	fh	fh	f	fh		fh	f							
Ranked 3rd	111	21	31	29	17	11	2	81	30	91	2	10	6	-	1	18
	5%	11%	7%	6%	7%	5%	*	7%	3%	5%	3%	7%	7%	-	9%	6%
		cefh	fh	fh	fh	f		fh	f							
Not ranked	1453	120	295	313	188	152	385	728	725	1221	46	96	57	12	6	217
	71%	63%	67%	66%	74%	71%	81%	66%	77%	70%	81%	73%	72%	76%	49%	73%
					abcg		abcdeg		abceg							
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	346	45	101	103	47	44	5	249	96	291	7	25	14	2	5	53
	17%	24%	23%	22%	18%	21%	1%	22%	10%	17%	13%	19%	17%	10%	41%	18%
		fh	fh	fh	fh	fh		fh	f							

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	130	68	27	29	56	2	7	88	14	9	3	1	6	1	-	9
	6%	5%	8%	9%	8%	4%	6%	12%	6%	14%	5%	1%	6%	1%	-	5%
				a	a	j	gij	bdghijk	gij	dghijk	ij		gij			gij
Ranked 2nd	105	58	23	21	44	4	12	72	11	4	-	1	2	-	-	16
	5%	5%	7%	6%	6%	8%	11%	10%	4%	6%	-	1%	2%	-	-	10%
						fghij	dfghij	dfghij	ij	ij			j			dfghij
Ranked 3rd	111	54	34	20	54	4	8	72	12	5	4	-	4	-	1	12
	5%	4%	10%	6%	8%	8%	7%	10%	5%	7%	9%	-	4%	-	*	7%
			a		a	gij	gij	dghij	gij	gij	gij		gij			gij
Not ranked	1453	888	244	240	484	35	76	434	187	41	35	97	81	146	321	112
	71%	70%	70%	72%	71%	67%	69%	59%	72%	63%	68%	87%	79%	90%	79%	68%
							c		c			abcdefk	cek	abcdefhjk	abcdek	c
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	346	180	84	69	154	11	26	232	37	17	7	2	12	1	1	37
	17%	14%	24%	21%	22%	20%	24%	32%	14%	27%	14%	2%	11%	1%	*	23%
			a	a	a	gij	dghij	dfghijk	gij	dghij	gij		gij			dghij

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Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	130	67	32	13	3	45	70	78	22	13	3	35	81	19	49	52	11	111
	6%	11%	9%	8%	5%	9%	11%	12%	8%	7%	8%	7%	12%	6%	5%	9%	11%	6%
								e					e			be	b	b
Ranked 2nd	105	52	31	8	2	39	54	61	21	8	4	29	64	13	56	34	2	92
	5%	9%	9%	5%	5%	8%	8%	9%	8%	4%	10%	6%	9%	4%	5%	6%	2%	5%
								c					c					
Ranked 3rd	111	53	28	12	5	40	58	58	17	21	3	38	60	8	62	34	6	103
	5%	9%	8%	7%	10%	8%	9%	9%	6%	11%	7%	8%	9%	2%	6%	6%	6%	6%
															a	a		a
Not ranked	1453	368	222	113	32	336	400	394	198	125	26	323	420	230	753	399	71	1223
	71%	61%	65%	68%	71%	66%	62%	60%	71%	66%	68%	69%	60%	68%	72%	71%	71%	71%
									af			af						
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	346	172	91	33	9	125	182	196	60	42	9	102	206	41	167	120	19	305
	17%	29%	27%	20%	20%	24%	28%	30%	21%	22%	25%	22%	30%	12%	16%	21%	19%	18%
		c					c	bce					bce			ab		a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	130 6%	18 5%	92 7%	16 5% b	8 2%	4 5%	103 8% abe	24 3%	4 4%	111 7%	19 5%	116 7%	14 4%
Ranked 2nd	105 5%	21 5%	69 5%	15 5%	17 4%	1 2%	72 6%	29 4%	4 4%	83 5%	21 5%	88 5%	17 5%
Ranked 3rd	111 5%	23 6%	77 6%	19 6% bf	10 2%	4 5%	75 6% bf	32 4%	1 1%	96 6%	15 4%	96 6%	14 5%
Not ranked	1453 71%	309 78% b	885 70%	264 80% d	358 87% acde	63 74%	838 65%	585 82% d	89 89% acde	1148 70%	305 72%	1233 71%	211 70%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	346 17%	62 16%	238 19%	50 15% b	35 8%	10 11%	250 20% bef	86 12%	8 8%	290 18% b	56 13%	300 17%	44 15%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	130	18	13	19	28	16	22	6	8	76	37	17	41	58	13	43	36	38	13
	6%	4%	7%	6%	7%	6%	10%	8%	4%	7%	7%	3%	7%	8%	5%	7%	7%	6%	5%
							ahi						a	a					
Ranked 2nd	105	10	14	12	28	18	11	7	5	72	22	25	33	35	12	32	34	28	10
	5%	3%	7%	4%	7%	7%	5%	9%	2%	6%	4%	5%	6%	5%	5%	5%	7%	4%	4%
			ah		ah	ah		ah		ah									
Ranked 3rd	111	9	9	15	25	16	18	8	11	65	37	21	36	41	12	45	33	27	5
	5%	2%	5%	5%	6%	6%	8%	11%	5%	6%	7%	4%	6%	6%	5%	7%	6%	4%	2%
					a	a	a	a		a	a					cd	d		
Not ranked	1453	322	131	234	281	184	124	38	140	830	302	391	407	478	163	381	359	483	206
	71%	81%	71%	78%	70%	70%	58%	49%	63%	72%	59%	81%	72%	66%	64%	62%	70%	76%	81%
		bdefghij	fgj	defghj	fgj	fgj			g	fghj		bcd	cd				a	ab	ab
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	346	37	36	46	81	50	51	22	23	213	96	62	110	135	37	121	104	93	27
	17%	9%	20%	15%	20%	19%	24%	28%	11%	19%	19%	13%	19%	19%	14%	20%	20%	15%	11%
			ah	a	ah	ah	ach	achi		ah	ah		a	a		cd	cd		

Q8Xb.25. Working commitments (e.g. location, travel, hours): What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	130	53	46	31
	6%	7%	6%	6%
Ranked 2nd	105	46	32	27
	5%	6%	4%	5%
		b		
Ranked 3rd	111	56	34	21
	5%	8%	4%	4%
		bc		
Not ranked	1453	475	538	425
	71%	66%	68%	81%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	346	155	111	79
	17%	22%	14%	15%
		bc		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053 100%	1003 100%	1043 100%	619 100%	674 100%	760 100%	98 100%	267 100%	202 100%	215 100%	177 100%	227 100%	323 100%	334 100%	210 100%
Ranked 1st	40 2%	16 2%	24 2%	22 4% bc	10 1%	9 1%	2 2%	6 2%	2 1%	6 3%	2 1%	4 2%	6 2%	7 2%	5 2%
Ranked 2nd	38 2%	18 2%	20 2%	15 2%	10 1%	13 2%	1 1%	3 1%	7 3% h	2 1%	3 2%	3 1%	12 4% bdh	3 1%	5 2%
Ranked 3rd	34 2%	15 2%	18 2%	15 2%	9 1%	10 1%	2 3% f	3 1%	4 2%	7 3% fh	5 3% fh	- -	6 2%	2 1%	5 2% f
Not ranked	1687 82%	796 79%	886 85% a	529 86% c	580 86% c	578 76%	72 73%	220 83% a	161 80%	179 83% a	151 85% a	196 86% a	263 81%	279 83% a	166 79%
None of the above	89 4%	46 5%	41 4%	14 2%	22 3%	54 7% ab	6 6% f	16 6% f	12 6% f	12 5% f	5 3%	2 1%	12 4%	17 5% f	7 3%
I don't face any challenges to being active	165 8%	111 11% b	54 5%	24 4%	44 7% a	97 13% ab	16 16% bcdegh	19 7%	15 7%	9 4%	11 6%	21 9% d	25 8%	27 8%	23 11% d
NET: Ranked Top 3	112 5%	50 5%	63 6%	52 8% bc	28 4%	32 4%	5 6%	12 4%	14 7%	15 7%	10 6%	7 3%	23 7% h	12 4%	14 7%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	40	7	8	7	7	7	5	22	18	31	-	5	2	1	1	10
	2%	3%	2%	1%	3%	3%	1%	2%	2%	2%	-	4%	3%	6%	6%	3%
		f														
Ranked 2nd	38	8	7	6	6	2	9	22	16	31	1	5	-	-	1	7
	2%	4%	2%	1%	2%	1%	2%	2%	2%	2%	2%	4%	-	-	6%	2%
		ceh														
Ranked 3rd	34	5	7	7	5	6	5	18	16	29	2	1	1	1	-	5
	2%	2%	1%	1%	2%	3%	1%	2%	2%	2%	3%	1%	2%	6%	-	2%
Not ranked	1687	146	374	395	218	182	372	915	772	1420	51	110	66	12	10	248
	82%	77%	85%	83%	86%	84%	78%	83%	82%	82%	89%	84%	84%	74%	77%	84%
			af		af		a									
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	112	19	22	20	17	14	19	62	50	91	3	11	4	2	2	21
	5%	10%	5%	4%	7%	7%	4%	6%	5%	5%	5%	9%	5%	12%	12%	7%
		bcfgh														

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	40	22	7	8	15	-	3	17	8	2	3	2	2	-	4	3
	2%	2%	2%	2%	2%	-	3%	2%	3%	3%	5%	2%	2%	-	1%	2%
							i	i	i	i	ij					
Ranked 2nd	38	25	7	5	12	1	1	15	5	2	1	1	2	1	10	2
	2%	2%	2%	1%	2%	2%	1%	2%	2%	3%	2%	1%	2%	*	3%	1%
Ranked 3rd	34	17	8	8	16	1	3	13	5	4	-	1	-	2	5	4
	2%	1%	2%	2%	2%	2%	2%	2%	2%	6%	-	1%	-	1%	1%	2%
										cdghij						
Not ranked	1687	1003	305	290	595	44	96	621	206	50	38	96	88	144	303	140
	82%	80%	87%	86%	87%	83%	87%	85%	80%	78%	75%	86%	86%	89%	75%	86%
			a	a	a		j	j				j	j	defj		j
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	112	65	23	20	43	2	6	45	18	8	3	4	4	2	19	8
	5%	5%	7%	6%	6%	4%	6%	6%	7%	12%	7%	3%	4%	2%	5%	5%
							i	i	i	ghij						

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Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053 100%	603 100%	344 100%	166 100%	46 100%	510 100%	649 100%	658 100%	280 100%	191 100%	38 100%	471 100%	695 100%	340 100%	1053 100%	559 100%	100 100%	1713 100%
Ranked 1st	40 2%	17 3%	8 2%	5 3%	1 1%	13 3%	18 3%	17 3%	8 3%	5 3%	2 5%	13 3%	19 3%	6 2%	21 2%	11 2%	2 2%	34 2%
Ranked 2nd	38 2%	8 1%	10 3% f	5 3%	- -	15 3% af	8 1%	7 1%	11 4% af	3 2%	2 5%	14 3% a	9 1% af	3 1%	24 2%	8 1%	3 3%	35 2%
Ranked 3rd	34 2%	9 2%	6 2%	4 3%	6 12% abcef	11 2%	15 2%	11 2%	9 3%	5 2%	1 3%	13 3%	12 2%	8 2% b	11 1%	14 3% b	1 1%	25 1%
Not ranked	1687 82%	506 84%	289 84%	132 79%	35 77%	421 82%	542 83%	555 84%	231 82%	155 81%	30 80%	386 82%	585 84%	253 74%	865 82% a	485 87% ab	84 83%	1434 84% a
None of the above	89 4%	23 4%	7 2%	6 4%	2 4%	13 3%	24 4%	25 4%	4 1%	10 5% b	1 2%	14 3%	26 4%	28 8% bce	46 4% c	11 2%	3 3%	61 4%
I don't face any challenges to being active	165 8%	40 7%	24 7%	13 8%	2 5%	37 7%	43 7%	43 6%	18 6%	13 7%	2 5%	31 7%	44 6%	41 12% bce	87 8% c	30 5%	7 7%	124 7%
NET: Ranked Top 3	112 5%	34 6%	25 7%	15 9%	6 14% af	39 8%	40 6%	35 5%	27 10% af	12 7%	5 13% a	40 8% a	40 6%	18 5%	55 5%	33 6%	6 6%	94 6%

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Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	40	8	26	7	2	2	30	10	1	32	8	32	7
	2%	2%	2%	2%	*	2%	2%	1%	1%	2%	2%	2%	2%
							b						
Ranked 2nd	38	8	27	6	9	-	24	14	1	32	6	34	4
	2%	2%	2%	2%	2%	-	2%	2%	1%	2%	1%	2%	1%
Ranked 3rd	34	13	13	4	9	1	20	13	1	26	8	24	9
	2%	3%	1%	1%	2%	1%	2%	2%	1%	2%	2%	1%	3%
		b											a
Not ranked	1687	343	1058	297	373	69	1013	633	95	1347	339	1443	235
	82%	87%	83%	90%	90%	82%	79%	88%	95%	83%	80%	83%	77%
				cd	cd		d	d	cde				b
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	112	28	65	17	20	3	75	38	2	91	21	90	21
	5%	7%	5%	5%	5%	4%	6%	5%	2%	6%	5%	5%	7%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	40	4	3	3	13	2	5	2	9	21	15	9	15	9	8	11	12	12	6
	2%	1%	2%	1%	3%	1%	2%	2%	4%	2%	3%	2%	3%	1%	3%	2%	2%	2%	2%
					ace				ace		a				c				
Ranked 2nd	38	10	1	3	9	4	6	-	5	17	11	11	8	14	5	8	12	15	3
	2%	3%	1%	1%	2%	2%	3%	-	2%	2%	2%	2%	1%	2%	2%	1%	2%	2%	1%
Ranked 3rd	34	4	2	7	6	8	4	1	2	23	7	7	6	13	6	13	7	9	5
	2%	1%	1%	2%	1%	3%	2%	1%	1%	2%	1%	2%	1%	2%	2%	2%	1%	1%	2%
Not ranked	1687	341	161	268	333	219	159	57	148	981	364	426	488	577	180	469	431	541	220
	82%	86%	88%	89%	83%	84%	75%	74%	67%	86%	71%	88%	87%	80%	71%	77%	83%	85%	86%
		fghj	fghj	dfghj	fghj	fghj				fghj		cd	cd	d			a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	112	18	6	12	29	15	15	2	16	61	33	27	29	36	19	32	31	36	13
	5%	4%	3%	4%	7%	6%	7%	3%	7%	5%	7%	6%	5%	5%	8%	5%	6%	6%	5%

Savanta: ComRes

Q8Xb.26. I'm unclear what the current rules and requirements are around being active: What are the biggest challenges, if any, that you face to being physically active right now?

BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	40	18	10	11
	2%	3%	1%	2%
Ranked 2nd	38	16	14	8
	2%	2%	2%	2%
Ranked 3rd	34	11	15	8
	2%	1%	2%	2%
Not ranked	1687	585	611	476
	82%	82%	77%	91%
		b		ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
			c	ac
NET: Ranked Top 3	112	45	39	27
	5%	6%	5%	5%

Savanta: ComRes

Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	91	44	47	33	30	28	4	5	7	11	9	8	16	17	14
	4%	4%	4%	5%	5%	4%	4%	2%	3%	5%	5%	4%	5%	5%	7%
											b		b	b	b
Ranked 2nd	85	39	46	26	33	25	8	12	3	11	7	18	10	9	8
	4%	4%	4%	4%	5%	3%	8%	4%	1%	5%	4%	8%	3%	3%	4%
							cgh			c		cgh			
Ranked 3rd	63	28	34	25	19	20	6	8	10	4	3	4	11	14	5
	3%	3%	3%	4%	3%	3%	6%	3%	5%	2%	2%	2%	3%	4%	2%
							de								
Not ranked	1560	734	822	498	526	537	60	207	155	169	142	173	250	252	153
	76%	73%	79%	80%	78%	71%	61%	78%	77%	78%	80%	76%	77%	75%	73%
			a	c	c			a	a	a	a	a	a	a	a
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	239	111	126	84	82	73	17	25	19	25	19	30	36	40	27
	12%	11%	12%	14%	12%	10%	18%	9%	9%	12%	11%	13%	11%	12%	13%
				c			bc								

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	91	14	20	20	12	8	18	53	38	78	3	9	1	-	-	13
	4%	7%	4%	4%	5%	4%	4%	5%	4%	4%	6%	7%	1%	-	-	5%
		h														
Ranked 2nd	85	7	24	23	12	6	13	53	31	75	3	3	3	-	-	9
	4%	4%	5%	5%	5%	3%	3%	5%	3%	4%	5%	2%	4%	-	-	3%
Ranked 3rd	63	5	16	23	5	8	6	44	19	52	-	5	5	-	1	11
	3%	3%	4%	5%	2%	4%	1%	4%	2%	3%	-	4%	6%	-	7%	4%
			f	dfh		f		fh								
Not ranked	1560	139	336	351	207	174	353	826	734	1307	47	104	61	14	10	236
	76%	73%	76%	73%	81%	81%	74%	75%	78%	75%	83%	79%	78%	87%	83%	80%
				acfg	cg											
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	239	26	60	65	28	22	37	151	88	204	6	17	9	-	1	33
	12%	14%	14%	14%	11%	10%	8%	14%	9%	12%	11%	13%	11%	-	7%	11%
		f	fh	fh				fh								

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	91	60	20	10	30	3	7	29	14	3	3	5	9	3	15	10
	4%	5%	6%	3%	4%	6%	6%	4%	5%	5%	5%	5%	9%	2%	4%	6%
							i						cij			i
Ranked 2nd	85	48	13	19	32	2	6	40	10	4	2	3	3	5	11	8
	4%	4%	4%	6%	5%	3%	6%	5%	4%	6%	4%	2%	3%	3%	3%	5%
Ranked 3rd	63	42	9	9	18	6	3	22	11	1	-	4	4	5	7	9
	3%	3%	3%	3%	3%	12%	3%	3%	4%	2%	-	3%	4%	3%	2%	6%
						bcdefghij										j
Not ranked	1560	918	286	272	558	35	86	575	189	50	37	88	76	135	290	121
	76%	73%	82%	81%	81%	66%	78%	78%	73%	77%	73%	79%	74%	83%	72%	74%
			a	a	a			aj						adj		
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	239	150	42	37	80	11	16	91	35	8	5	11	17	12	32	27
	12%	12%	12%	11%	12%	21%	15%	12%	13%	13%	9%	10%	16%	7%	8%	17%
						ij	ij	j	j				ij			ij

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Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	91	34	12	8	2	20	36	28	12	11	4	24	32	9	52	23	7	82
	4%	6%	4%	5%	5%	4%	6%	4%	4%	6%	10%	5%	5%	3%	5%	4%	6%	5%
Ranked 2nd	85	30	21	9	1	30	32	34	14	11	2	25	36	7	40	31	7	78
	4%	5%	6%	5%	3%	6%	5%	5%	5%	6%	6%	5%	5%	2%	4%	6%	6%	5%
																a	a	a
Ranked 3rd	63	21	11	2	3	13	24	21	13	3	1	15	22	10	30	22	1	53
	3%	3%	3%	1%	6%	3%	4%	3%	5%	1%	4%	3%	3%	3%	3%	4%	1%	3%
					c													
Not ranked	1560	455	270	128	35	398	490	508	219	143	27	362	536	245	798	442	75	1315
	76%	75%	78%	77%	76%	78%	76%	77%	78%	75%	72%	77%	77%	72%	76%	79%	75%	77%
																a		
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	239	85	44	18	7	62	92	82	39	25	8	63	90	26	122	77	14	213
	12%	14%	13%	11%	15%	12%	14%	12%	14%	13%	20%	13%	13%	8%	12%	14%	14%	12%
															a	a	a	a

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Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Ranked 1st	91 4%	21 5%	60 5%	16 5%	13 3%	5 6%	61 5%	29 4%	5 5%	71 4%	20 5%	80 5%	10 3%
Ranked 2nd	85 4%	25 6%	52 4%	11 3%	14 3%	4 5%	58 5%	25 4%	3 3%	71 4%	14 3%	79 5%	4 1% b
Ranked 3rd	63 3%	15 4%	37 3%	11 3%	12 3%	2 2%	41 3%	20 3%	4 4%	52 3%	11 3%	48 3%	15 5% a
Not ranked	1560 76%	311 78%	974 77%	275 83% cd	354 86% cd	62 72%	928 73%	597 83% cd	85 86% cd	1245 76%	315 75%	1325 77%	226 75%
None of the above	89 4%	10 3%	44 3%	6 2%	10 2%	3 4%	63 5% abe	18 2%	1 1%	69 4%	20 5%	67 4%	16 5%
I don't face any challenges to being active	165 8%	15 4%	104 8% a	10 3%	11 3%	9 10% abef	128 10% abef	29 4%	1 1%	124 8%	41 10%	130 8%	32 10%
NET: Ranked Top 3	239 12%	61 15%	149 12%	38 12%	39 9%	11 13%	160 12%	74 10%	12 12%	194 12%	45 11%	208 12%	29 10%

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Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Number of days active											Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	91	9	8	20	16	18	6	7	7	62	20	14	22	40	14	25	22	29	13
	4%	2%	4%	7%	4%	7%	3%	9%	3%	5%	4%	3%	4%	6%	6%	4%	4%	5%	5%
				a		af		afhj		a				a					
Ranked 2nd	85	6	5	9	23	11	12	5	13	49	30	14	27	32	9	11	22	40	10
	4%	2%	3%	3%	6%	4%	6%	6%	6%	4%	6%	3%	5%	4%	3%	2%	4%	6%	4%
					a	a	a	a	a	a	a						a	a	
Ranked 3rd	63	9	4	11	15	8	5	2	9	38	16	16	15	22	9	16	13	21	12
	3%	2%	2%	4%	4%	3%	2%	3%	4%	3%	3%	3%	3%	3%	4%	3%	3%	3%	5%
Not ranked	1560	334	150	240	308	196	152	45	135	894	332	408	452	518	167	449	405	487	198
	76%	84%	82%	80%	77%	75%	72%	58%	61%	78%	65%	85%	80%	72%	66%	73%	78%	77%	78%
		defghij	fghj	fghj	ghj	ghj	gh			fghj		cd	cd						
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	239	24	16	40	54	37	23	14	29	149	66	45	65	95	32	52	57	90	36
	12%	6%	9%	13%	14%	14%	11%	19%	13%	13%	13%	9%	12%	13%	13%	8%	11%	14%	14%
				a	a	a	a	ab	a	a	a			a				a	a

Q8Xb.27. I don't want to get "pinged" or have to self-isolate: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	91	37	36	17
	4%	5%	5%	3%
Ranked 2nd	85	35	31	18
	4%	5%	4%	4%
Ranked 3rd	63	18	22	23
	3%	3%	3%	4%
Not ranked	1560	540	560	445
	76%	75%	71%	85%
				ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	239	90	89	58
	12%	13%	11%	11%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	42	28	14	5	8	29	1	5	6	7	4	4	4	4	6
	2%	3%	1%	1%	1%	4%	1%	2%	3%	3%	2%	2%	1%	1%	3%
		b				ab									
Ranked 2nd	26	15	12	3	6	17	1	1	1	2	4	3	9	3	4
	1%	1%	1%	*	1%	2%	1%	*	*	1%	2%	1%	3%	1%	2%
						a							b		
Ranked 3rd	15	11	4	5	1	9	1	4	-	1	-	2	1	3	5
	1%	1%	*	1%	*	1%	1%	1%	-	*	-	1%	*	1%	2%
						b									ceg
Not ranked	1716	792	919	569	593	555	75	222	168	185	153	195	273	281	165
	84%	79%	88%	92%	88%	73%	76%	83%	83%	86%	86%	86%	84%	84%	79%
			a	bc	c					a	ai	a	a		
None of the above	89	46	41	14	22	54	6	16	12	12	5	2	12	17	7
	4%	5%	4%	2%	3%	7%	6%	6%	6%	5%	3%	1%	4%	5%	3%
						ab	f	f	f	f					f
I don't face any challenges to being active	165	111	54	24	44	97	16	19	15	9	11	21	25	27	23
	8%	11%	5%	4%	7%	13%	16%	7%	7%	4%	6%	9%	8%	8%	11%
		b			a	ab	bcdegh					d			d
NET: Ranked Top 3	83	54	29	13	15	55	3	10	7	9	7	9	14	10	15
	4%	5%	3%	2%	2%	7%	3%	4%	3%	4%	4%	4%	4%	3%	7%
		b				ab									h

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	42	-	6	11	4	2	20	16	25	40	-	1	-	-	-	1
	2%	-	1%	2%	1%	1%	4%	1%	3%	2%	-	1%	-	-	-	*
				a			abdeg		a	g						
Ranked 2nd	26	-	3	7	1	2	13	10	16	26	-	-	-	-	-	-
	1%	-	1%	2%	*	1%	3%	1%	2%	2%	-	-	-	-	-	-
							abdg			g						
Ranked 3rd	15	2	4	1	1	2	4	7	8	12	2	1	1	-	-	3
	1%	1%	1%	*	1%	1%	1%	1%	1%	1%	3%	*	1%	-	-	1%
											a					
Not ranked	1716	163	384	397	230	189	353	944	772	1434	51	119	69	14	11	265
	84%	86%	87%	83%	90%	88%	75%	85%	82%	83%	91%	91%	88%	87%	90%	90%
		f	fh	f	cfgh	fh		fh	f			a				a
None of the above	89	9	14	19	5	6	36	42	47	72	4	3	4	1	1	13
	4%	5%	3%	4%	2%	3%	8%	4%	5%	4%	6%	3%	5%	6%	5%	4%
							bcdeg		d							
I don't face any challenges to being active	165	16	32	42	14	13	48	90	75	150	-	7	4	1	1	13
	8%	9%	7%	9%	6%	6%	10%	8%	8%	9%	-	5%	5%	7%	5%	4%
							d			bg						
NET: Ranked Top 3	83	2	12	19	6	7	37	33	49	78	2	2	1	-	-	4
	4%	1%	3%	4%	2%	3%	8%	3%	5%	4%	3%	1%	1%	-	-	1%
							abcdeg		abdg	g						

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	42	30	9	1	10	-	-	10	2	2	-	3	1	7	17	-
	2%	2%	3%	*	1%	-	-	1%	1%	3%	-	3%	1%	4%	4%	-
		c	c							bk		k		bcdk	bcdk	
Ranked 2nd	26	24	1	-	1	1	1	3	2	-	-	1	2	5	11	2
	1%	2%	*	-	*	2%	1%	*	1%	-	-	1%	2%	3%	3%	1%
		bcd												cd	c	
Ranked 3rd	15	11	2	2	4	-	1	3	2	-	1	2	1	1	4	1
	1%	1%	*	1%	1%	-	1%	*	1%	-	1%	2%	1%	1%	1%	*
												c				
Not ranked	1716	1002	316	307	623	45	101	651	218	56	41	93	89	133	290	145
	84%	79%	90%	92%	91%	85%	91%	89%	84%	87%	80%	83%	87%	82%	72%	89%
			a	a	a	j	ij	ij	j	j			j	j	j	j
None of the above	89	67	7	10	17	4	2	19	14	2	3	4	4	5	31	6
	4%	5%	2%	3%	2%	7%	2%	3%	6%	3%	6%	4%	4%	3%	8%	3%
		bd							c						bc	
I don't face any challenges to being active	165	126	15	16	31	3	6	48	21	5	6	8	6	10	52	9
	8%	10%	4%	5%	4%	6%	5%	7%	8%	8%	12%	7%	6%	6%	13%	6%
		bcd													bchik	
NET: Ranked Top 3	83	66	12	3	15	1	2	15	6	2	1	6	4	14	32	3
	4%	5%	3%	1%	2%	2%	2%	2%	2%	3%	1%	6%	4%	8%	8%	2%
		cd	c									c		bcdk	bcdk	

Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	42	7	7	-	-	7	7	7	3	1	-	4	7	9	26	6	1	33
	2%	1%	2%	-	-	1%	1%	1%	1%	1%	-	1%	1%	3%	2%	1%	1%	2%
Ranked 2nd	26	2	1	-	1	1	3	3	1	1	-	2	3	10	12	2	3	16
	1%	*	*	-	2%	*	*	*	*	1%	-	*	*	3%	1%	*	3%	1%
														bce			c	
Ranked 3rd	15	3	1	2	-	2	3	5	1	-	-	1	5	-	11	3	1	15
	1%	1%	*	1%	-	*	*	1%	*	-	-	*	1%	-	1%	*	1%	1%
Not ranked	1716	528	305	145	41	450	569	575	254	166	35	419	610	252	871	507	86	1464
	84%	88%	89%	87%	89%	88%	88%	87%	91%	87%	92%	89%	88%	74%	83%	91%	85%	85%
															a	abe	a	a
None of the above	89	23	7	6	2	13	24	25	4	10	1	14	26	28	46	11	3	61
	4%	4%	2%	4%	4%	3%	4%	4%	1%	5%	2%	3%	4%	8%	4%	2%	3%	4%
										b				bce	c			
I don't face any challenges to being active	165	40	24	13	2	37	43	43	18	13	2	31	44	41	87	30	7	124
	8%	7%	7%	8%	5%	7%	7%	6%	6%	7%	5%	7%	6%	12%	8%	5%	7%	7%
														bce	c			
NET: Ranked Top 3	83	12	9	2	1	11	13	15	4	2	-	7	15	19	49	11	4	64
	4%	2%	3%	1%	2%	2%	2%	2%	2%	1%	-	1%	2%	6%	5%	2%	4%	4%
														c	c			c

Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	42	6	27	8	27	4	9	33	5	33	9	34	8
	2%	2%	2%	2%	6%	5%	1%	5%	5%	2%	2%	2%	3%
				d	ad	d		d	d				
Ranked 2nd	26	2	14	4	16	1	9	17	4	20	7	21	5
	1%	*	1%	1%	4%	1%	1%	2%	4%	1%	2%	1%	2%
					ad			d	d				
Ranked 3rd	15	-	14	3	6	2	6	9	1	13	2	13	2
	1%	-	1%	1%	1%	2%	*	1%	1%	1%	1%	1%	1%
			a		d			d					
Not ranked	1716	364	1069	298	345	66	1064	611	88	1374	342	1465	241
	84%	92%	84%	90%	84%	78%	83%	85%	88%	84%	81%	85%	79%
		b		bcde									b
None of the above	89	10	44	6	10	3	63	18	1	69	20	67	16
	4%	3%	3%	2%	2%	4%	5%	2%	1%	4%	5%	4%	5%
							abe						
I don't face any challenges to being active	165	15	104	10	11	9	128	29	1	124	41	130	32
	8%	4%	8%	3%	3%	10%	10%	4%	1%	8%	10%	8%	10%
			a			abef	abef						
NET: Ranked Top 3	83	8	54	16	48	6	23	60	10	65	18	68	15
	4%	2%	4%	5%	12%	8%	2%	8%	10%	4%	4%	4%	5%
			a	d	ad	d		ad	d				

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Ranked 1st	42	25	2	4	3	1	3	-	4	10	7	13	7	17	4	17	7	9	8
	2%	6%	1%	1%	1%	*	1%	-	2%	1%	1%	3%	1%	2%	2%	3%	1%	1%	3%
		bcdefghij																	
Ranked 2nd	26	17	3	2	3	1	1	-	-	8	1	8	6	9	2	6	5	8	4
	1%	4%	2%	1%	1%	*	*	-	-	1%	*	2%	1%	1%	1%	1%	1%	1%	2%
		cdefhij	j																
Ranked 3rd	15	4	2	1	4	2	-	3	1	8	3	4	6	4	1	4	3	4	3
	1%	1%	1%	*	1%	1%	-	3%	*	1%	1%	1%	1%	1%	*	1%	1%	1%	1%
								cfhij											
Not ranked	1716	313	161	273	353	231	171	57	159	1017	386	427	498	583	193	474	449	556	218
	84%	79%	88%	91%	88%	88%	81%	74%	72%	89%	76%	89%	89%	81%	75%	78%	87%	88%	86%
			aghj	afghj	afghj	afghj	h			afghj		cd	cd				a	a	a
None of the above	89	15	5	10	16	11	8	8	17	42	32	8	18	36	17	34	21	21	6
	4%	4%	3%	3%	4%	4%	4%	10%	8%	4%	6%	2%	3%	5%	7%	6%	4%	3%	2%
								abcdfi	abcdi		i			a	ab	d			
I don't face any challenges to being active	165	23	11	12	23	16	30	10	41	61	81	21	27	73	39	76	33	36	16
	8%	6%	6%	4%	6%	6%	14%	13%	18%	5%	16%	4%	5%	10%	15%	12%	6%	6%	6%
							abcdei	abcdei	abcdei		abcdei			ab	abc	bcd			
NET: Ranked Top 3	83	46	6	7	9	3	4	3	5	26	11	26	19	30	7	27	14	21	15
	4%	12%	3%	2%	2%	1%	2%	3%	2%	2%	2%	5%	3%	4%	3%	4%	3%	3%	6%
		bcdefghij																	b

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Q8Xb.15. Other: What are the biggest challenges, if any, that you face to being physically active right now?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Ranked 1st	42	6	21	14
	2%	1%	3%	3%
			a	a
Ranked 2nd	26	6	12	7
	1%	1%	2%	1%
Ranked 3rd	15	5	4	6
	1%	1%	*	1%
Not ranked	1716	612	613	477
	84%	86%	78%	91%
		b		ab
None of the above	89	25	50	9
	4%	4%	6%	2%
			ac	
I don't face any challenges to being active	165	60	90	12
	8%	8%	11%	2%
		c	ac	
NET: Ranked Top 3	83	18	37	27
	4%	2%	5%	5%
			a	a

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9. SUMMARY: To what extent do you agree or disagree with each statement?
BASE: All respondents

	Total	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	Don't know	NET: Agree	NET: Disagree
Sport and physical activity providers should continue to follow Covid-19 safety measures	2053 100%	777 38%	844 41%	223 11%	90 4%	118 6%	1622 79%	313 15%
I exercise to help manage my physical health during the outbreak	2053 100%	442 22%	970 47%	369 18%	187 9%	85 4%	1412 69%	556 27%
I exercise to help manage my mental health during the outbreak	2053 100%	471 23%	862 42%	401 20%	231 11%	89 4%	1332 65%	632 31%
I feel safer exercising at home than in public places	2053 100%	524 26%	777 38%	422 21%	190 9%	141 7%	1301 63%	611 30%
I am worried about exercising close to other people	2053 100%	458 22%	797 39%	467 23%	244 12%	87 4%	1256 61%	711 35%
I have more time now to be physically active	2053 100%	353 17%	865 42%	506 25%	231 11%	98 5%	1218 59%	737 36%
I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out	2053 100%	300 15%	879 43%	452 22%	241 12%	181 9%	1179 57%	693 34%
Since the outbreak I have found new ways to be active	2053 100%	313 15%	781 38%	562 27%	287 14%	109 5%	1095 53%	849 41%
I miss the types of physical activity I was able to do before the outbreak	2053 100%	374 18%	625 30%	597 29%	322 16%	135 7%	999 49%	919 45%
I have been encouraged to exercise by the Government's guidance	2053 100%	238 12%	606 30%	557 27%	477 23%	174 8%	844 41%	1035 50%
I worry about leaving my home to exercise or be active	2053 100%	261 13%	567 28%	628 31%	528 26%	69 3%	828 40%	1156 56%
I feel guilty about wanting to exercise during the outbreak	2053 100%	178 9%	354 17%	689 34%	729 36%	104 5%	532 26%	1417 69%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	313	131	181	153	111	49	21	44	16	43	25	26	68	53	17
		15%	13%	17%	25%	16%	6%	21%	17%	8%	20%	14%	11%	21%	16%	8%
				a	bc	c		cfi	ci		cfi	c		cfi	ci	
Tend to agree	(3.0)	781	339	439	278	284	220	38	88	94	75	70	81	128	108	98
		38%	34%	42%	45%	42%	29%	38%	33%	47%	35%	40%	36%	40%	32%	47%
				a	c	c				bdfh				h		bdfh
Tend to disagree	(2.0)	562	315	244	117	167	278	30	67	61	56	50	67	73	100	58
		27%	31%	23%	19%	25%	37%	31%	25%	30%	26%	28%	30%	23%	30%	28%
			b			a	ab								g	
Strongly disagree	(1.0)	287	169	118	52	72	163	8	52	19	30	21	33	38	57	28
		14%	17%	11%	8%	11%	21%	8%	20%	10%	14%	12%	15%	12%	17%	13%
			b				ab		aceg						ac	
Don't know		109	48	61	19	40	50	2	15	11	11	10	20	16	16	8
		5%	5%	6%	3%	6%	7%	2%	6%	5%	5%	6%	9%	5%	5%	4%
						a	a						a			
NET: Agree		1095	470	621	431	395	269	58	132	110	118	96	107	196	161	116
		53%	47%	59%	70%	59%	35%	59%	50%	55%	55%	54%	47%	61%	48%	55%
				a	bc	c		fh						bfh		
NET: Disagree		849	484	362	169	239	441	38	119	81	86	71	101	111	157	86
		41%	48%	35%	27%	35%	58%	39%	45%	40%	40%	40%	44%	34%	47%	41%
			b			a	ab		g				g		g	
Base for stats		1944	955	982	600	634	710	96	252	191	204	167	207	308	318	201
Mean Score		2.58	2.45	2.70	2.89	2.68	2.22	2.74	2.49	2.56	2.64	2.60	2.48	2.74	2.49	2.52
				a	bc	c		bfhi						bcfhi		
Standard Deviation		.928	.937	.906	.887	.892	.877	.889	1.010	.789	.975	.897	.907	.941	.972	.837
Standard Error		.021	.031	.028	.033	.034	.037	.086	.063	.059	.062	.065	.072	.054	.053	.064
Error variance		*	*	*	*	*	*	.01	*	*	*	*	.01	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	313	43	76	79	42	30	44	198	116	235	13	35	16	3	6	73
		15%	23%	17%	16%	17%	14%	9%	18%	12%	14%	24%	26%	20%	21%	47%	25%
			efh	fh	fh	f			fh				a	a			a
Tend to agree	(3.0)	781	86	189	196	115	82	112	472	310	655	20	57	33	6	4	121
		38%	45%	43%	41%	45%	38%	24%	43%	33%	38%	36%	43%	43%	39%	30%	41%
			fh	fh	fh	fh	f		fh	f							
Tend to disagree	(2.0)	562	35	120	128	64	59	156	283	279	493	16	26	16	2	1	61
		27%	18%	27%	27%	25%	27%	33%	26%	30%	28%	28%	20%	21%	12%	6%	21%
				a	a		a	acdg	a	ag	cg						
Strongly disagree	(1.0)	287	19	44	54	23	34	112	118	169	259	4	9	10	3	-	26
		14%	10%	10%	11%	9%	16%	24%	11%	18%	15%	8%	7%	13%	22%	-	9%
							bdg	abcdegh		abcdg	cg						
Don't know		109	7	12	20	11	10	49	39	70	92	3	5	3	1	2	13
		5%	4%	3%	4%	4%	5%	10%	3%	7%	5%	5%	4%	4%	6%	17%	5%
								abcdeg		bcg							
NET: Agree		1095	129	265	275	157	112	156	669	425	890	34	92	49	10	10	194
		53%	68%	60%	58%	62%	52%	33%	60%	45%	51%	60%	70%	63%	61%	77%	66%
			cefgh	efh	fh	efh	f		efh	f			a	a			a
NET: Disagree		849	54	164	183	86	93	269	401	448	752	20	35	26	5	1	88
		41%	28%	37%	38%	34%	43%	57%	36%	47%	43%	36%	27%	34%	33%	6%	30%
				a	a		adg	abcdegh	a	abcdg	cg						
Base for stats		1944	183	430	457	244	205	425	1070	874	1642	54	127	75	15	10	281
Mean Score		2.58	2.84	2.69	2.65	2.73	2.52	2.21	2.70	2.43	2.53	2.79	2.93	2.73	2.64	3.49	2.85
			cefh	efh	fh	efh	f		efh	f		a	a				a
Standard Deviation		.928	.907	.880	.900	.857	.935	.949	.895	.947	.923	.914	.872	.943	1.105	.661	.914
Standard Error		.021	.066	.043	.042	.052	.061	.049	.027	.032	.023	.120	.074	.102	.276	.199	.052
Error variance		*	*	*	*	*	*	*	*	*	*	.01	.01	.01	.08	.04	*

Prepared by Savanta: ComRes

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Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	313	145	73	72	145	15	35	126	38	10	9	17	27	18	19	50
		15%	11%	21%	21%	21%	28%	32%	17%	15%	15%	18%	15%	26%	11%	5%	30%
				a	a	a	cdgij	cdegij	ij	j	j	j	j	cdgij	j		cdegij
Tend to agree	(3.0)	781	439	148	155	302	22	44	330	117	27	20	36	43	39	102	67
		38%	35%	42%	46%	44%	42%	40%	45%	45%	41%	39%	32%	42%	24%	25%	41%
				a	a	a	ij	ij	gij	gij	ij	ij		ij			ij
Tend to disagree	(2.0)	562	384	82	67	149	8	22	169	78	17	14	32	21	46	155	30
		27%	30%	23%	20%	22%	16%	19%	23%	30%	27%	27%	28%	20%	29%	38%	18%
			bcd							abchk			k		k	abcdhik	
Strongly disagree	(1.0)	287	218	31	29	60	6	9	81	18	8	6	20	10	37	91	14
		14%	17%	9%	9%	9%	11%	8%	11%	7%	13%	12%	18%	10%	23%	22%	9%
			bcd										bcdhk		abcdhk	abcdhk	
Don't know		109	75	16	12	29	2	1	27	7	2	2	6	1	22	38	3
		5%	6%	5%	4%	4%	3%	1%	4%	3%	4%	4%	6%	1%	13%	9%	2%
													b		abcdeghk	bcdhk	
NET: Agree		1095	584	220	227	447	37	79	457	155	36	29	53	70	57	121	116
		53%	46%	63%	68%	65%	70%	72%	62%	60%	56%	57%	48%	69%	35%	30%	71%
				a	a	a	gij	cdegij	gij	gij	ij	ij	ij	gij			cdegij
NET: Disagree		849	602	113	96	209	14	30	249	97	26	20	52	31	84	247	44
		41%	48%	32%	29%	31%	27%	27%	34%	37%	40%	39%	47%	30%	52%	61%	27%
			bcd							k			abchk		abcdhk	abcdefghk	
Base for stats		1944	1186	333	323	656	51	110	706	252	62	49	105	101	141	368	161
Mean Score		2.58	2.43	2.79	2.83	2.81	2.91	2.96	2.71	2.70	2.61	2.65	2.47	2.87	2.26	2.13	2.94
				a	a	a	gij	cdegij	gij	gij	ij	ij	j	gij			cdegij
Standard Deviation		.928	.926	.890	.877	.883	.948	.917	.890	.815	.913	.937	.985	.925	.992	.844	.924
Standard Error		.021	.027	.050	.050	.036	.127	.084	.033	.050	.112	.138	.091	.082	.083	.052	.070
Error variance		*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	313	99	74	25	15	99	114	110	63	31	10	94	120	34	143	113	23	279
	15%	16%	21%	15%	33%	19%	18%	17%	22%	16%	26%	20%	17%	10%	14%	20%	23%	16%
					acef				a							abe	ab	a
Tend to agree (3.0)	781	267	162	67	17	229	284	288	131	82	16	213	304	93	396	251	41	689
	38%	44%	47%	40%	37%	45%	44%	44%	47%	43%	44%	45%	44%	27%	38%	45%	41%	40%
															a	abe	a	a
Tend to disagree (2.0)	562	161	64	51	8	115	169	170	63	47	4	110	173	110	315	116	21	452
	27%	27%	19%	31%	17%	23%	26%	26%	22%	25%	10%	23%	25%	32%	30%	21%	21%	26%
			b	be			b	d		d		d	d	cde	ce			c
Strongly disagree (1.0)	287	55	35	19	4	54	59	68	17	25	7	43	74	75	144	60	8	212
	14%	9%	10%	11%	10%	10%	9%	10%	6%	13%	17%	9%	11%	22%	14%	11%	8%	12%
								b		b	b		b	bcde				
Don't know	109	22	9	5	2	14	24	22	7	5	1	12	24	28	55	19	7	81
	5%	4%	3%	3%	3%	3%	4%	3%	2%	3%	3%	3%	3%	8%	5%	3%	7%	5%
														bce				
NET: Agree	1095	366	236	92	32	328	398	397	193	113	26	307	424	127	539	364	64	968
	53%	61%	69%	55%	70%	64%	61%	60%	69%	59%	70%	65%	61%	37%	51%	65%	64%	56%
			acf			c			acf						a	abe	ab	ab
NET: Disagree	849	215	99	69	12	169	228	238	80	72	10	152	248	185	459	176	29	664
	41%	36%	29%	42%	27%	33%	35%	36%	29%	38%	27%	32%	36%	54%	44%	31%	29%	39%
		b		be			b	b		b			b	bcde	cde			cd
Base for stats	1944	581	335	161	44	496	626	635	273	186	37	459	672	312	998	540	93	1632
Mean Score	2.58	2.71	2.82	2.61	2.97	2.75	2.72	2.69	2.87	2.64	2.81	2.78	2.70	2.28	2.54	2.77	2.85	2.63
			c		ac				acf						a	abe	abe	ab
Standard Deviation	.928	.859	.894	.885	.967	.896	.869	.880	.835	.919	1.042	.876	.889	.951	.908	.904	.893	.913
Standard Error	.021	.034	.048	.069	.141	.040	.034	.034	.049	.067	.165	.040	.033	.055	.029	.038	.088	.023
Error variance	*	*	*	*	.02	*	*	*	*	*	.03	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	313	94	175	71	45	15	190	112	18	260	53	273	37
	15%	24%	14%	21%	11%	18%	15%	16%	18%	16%	13%	16%	12%
		b		bde				b					
Tend to agree (3.0)	781	165	511	107	131	36	524	241	28	629	153	681	96
	38%	42%	40%	32%	32%	42%	41%	34%	28%	39%	36%	39%	32%
						f	abef					b	
Tend to disagree (2.0)	562	95	347	82	121	27	348	202	24	431	131	468	91
	27%	24%	27%	25%	29%	32%	27%	28%	24%	26%	31%	27%	30%
Strongly disagree (1.0)	287	30	177	50	93	4	160	120	26	231	56	227	57
	14%	8%	14%	15%	23%	4%	12%	17%	26%	14%	13%	13%	19%
			a	c	acde		c	cd	acde				a
Don't know	109	13	61	21	23	3	57	43	4	80	29	80	23
	5%	3%	5%	6%	6%	4%	4%	6%	4%	5%	7%	5%	7%
													a
NET: Agree	1095	258	686	177	176	51	714	353	46	889	206	954	133
	53%	65%	54%	54%	43%	60%	56%	49%	46%	55%	49%	55%	44%
		b		b		b	be	b		b		b	
NET: Disagree	849	125	524	132	214	31	508	321	50	662	187	695	148
	41%	32%	41%	40%	52%	37%	40%	45%	50%	41%	44%	40%	49%
			a		acde			d	d				a
Base for stats	1944	384	1210	309	390	82	1222	675	96	1551	393	1649	281
Mean Score	2.58	2.84	2.57	2.64	2.33	2.76	2.61	2.51	2.39	2.59	2.52	2.61	2.40
		b		bf		bef	bef	b				b	
Standard Deviation	.928	.884	.910	1.007	.966	.807	.901	.968	1.080	.936	.898	.920	.953
Standard Error	.021	.044	.026	.055	.050	.085	.026	.037	.107	.024	.046	.023	.055
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	313	10	16	47	71	49	38	21	62	182	121	49	92	89	80	83	76	94	57
	15%	2%	9%	16%	18%	19%	18%	27%	28%	16%	24%	10%	16%	12%	31%	14%	15%	15%	22%
			a	ab	ab	ab	ab	abci	abcdefi	ab	abcdi		ac		abc				abc
Tend to agree (3.0)	781	59	73	117	189	133	95	37	78	512	211	153	243	290	89	233	224	237	78
	38%	15%	40%	39%	47%	51%	45%	48%	35%	45%	41%	32%	43%	40%	35%	38%	43%	37%	31%
			a	a	ach	abchj	ah	ah	a	ah	a		ad	a		d	cd		
Tend to disagree (2.0)	562	133	58	87	93	59	61	15	56	297	132	144	144	217	49	164	141	189	61
	27%	34%	31%	29%	23%	23%	29%	19%	25%	26%	26%	30%	26%	30%	19%	27%	27%	30%	24%
		deghij	deg									d	d	d					
Strongly disagree (1.0)	287	148	29	31	31	16	13	4	15	107	32	116	61	87	20	102	57	80	40
	14%	37%	16%	10%	8%	6%	6%	6%	7%	9%	6%	24%	11%	12%	8%	17%	11%	13%	16%
		bcdefghij	defghij	j						j		bcd				bc			
Don't know	109	46	8	20	15	6	5	-	10	48	15	20	22	39	17	29	17	34	18
	5%	12%	4%	6%	4%	2%	2%	-	5%	4%	3%	4%	4%	5%	7%	5%	3%	5%	7%
		bcdefghij		efgj															b
NET: Agree	1095	69	89	164	260	181	133	58	141	694	332	202	335	379	168	317	301	330	135
	53%	17%	48%	54%	65%	69%	63%	75%	63%	61%	65%	42%	60%	53%	66%	52%	58%	52%	53%
			a	a	abc	abci	ab	abci	abc	abc	abc		ac	a	ac		ac		
NET: Disagree	849	282	87	118	125	75	74	19	71	403	164	261	205	304	69	266	199	269	101
	41%	71%	47%	39%	31%	29%	35%	25%	32%	35%	32%	54%	36%	42%	27%	43%	39%	42%	40%
		bcdefghij	defghij	degj						e		bcd	d	bd					
Base for stats	1944	351	175	282	385	256	207	77	211	1098	496	463	540	684	238	583	500	600	236
Mean Score	2.58	1.80	2.43	2.64	2.78	2.84	2.76	2.96	2.89	2.70	2.85	2.29	2.68	2.56	2.96	2.51	2.64	2.57	2.65
			a	ab	abc	abci	ab	abci	abci	ab	abci		ac	a	abc		a		
Standard Deviation	.928	.816	.872	.886	.839	.801	.824	.830	.910	.858	.864	.960	.886	.873	.941	.942	.876	.908	1.025
Standard Error	.021	.045	.066	.052	.042	.049	.056	.094	.063	.026	.039	.044	.037	.034	.061	.039	.039	.037	.067
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.1. Since the outbreak I have found new ways to be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	313	201	71	40
		15%	28%	9%	8%
			bc		
Tend to agree	(3.0)	781	347	256	170
		38%	49%	32%	32%
			bc		
Tend to disagree	(2.0)	562	117	264	178
		27%	16%	33%	34%
				a	a
Strongly disagree	(1.0)	287	28	139	119
		14%	4%	18%	23%
				a	ab
Don't know		109	21	59	18
		5%	3%	7%	3%
				ac	
NET: Agree		1095	548	327	210
		53%	77%	41%	40%
			bc		
NET: Disagree		849	146	403	297
		41%	20%	51%	57%
				a	a
Base for stats		1944	694	730	507
Mean Score		2.58	3.04	2.35	2.26
			bc		
Standard Deviation		.928	.788	.897	.906
Standard Error		.021	.029	.034	.040
Error variance		*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	353	162	191	150	115	87	26	47	28	39	29	27	70	56	30
		17%	16%	18%	24%	17%	12%	26%	18%	14%	18%	16%	12%	22%	17%	14%
					bc	c		cefhi						cfi		
Tend to agree	(3.0)	865	430	431	249	261	356	43	102	101	86	75	99	141	130	89
		42%	43%	41%	40%	39%	47%	44%	38%	50%	40%	43%	44%	44%	39%	42%
							ab			bdh						
Tend to disagree	(2.0)	506	247	257	141	186	178	22	70	48	56	44	57	74	82	53
		25%	25%	25%	23%	28%	23%	22%	26%	24%	26%	25%	25%	23%	25%	25%
						a										
Strongly disagree	(1.0)	231	117	113	59	79	94	5	40	13	24	15	28	26	51	29
		11%	12%	11%	9%	12%	12%	6%	15%	7%	11%	8%	12%	8%	15%	14%
									aceg						aceg	acg
Don't know		98	47	51	20	33	45	2	8	11	10	14	17	13	15	9
		5%	5%	5%	3%	5%	6%	2%	3%	6%	4%	8%	7%	4%	4%	4%
							a					b	b			
NET: Agree		1218	591	622	399	376	443	68	149	130	125	105	126	211	186	119
		59%	59%	60%	64%	56%	58%	70%	56%	64%	58%	59%	55%	65%	56%	57%
					bc			bdfhi						bfh		
NET: Disagree		737	364	370	200	265	272	27	110	61	80	59	84	100	134	82
		36%	36%	35%	32%	39%	36%	28%	41%	30%	37%	33%	37%	31%	40%	39%
						a			acg						acg	
Base for stats		1955	956	992	599	641	715	96	259	190	205	163	210	310	320	201
Mean Score		2.69	2.66	2.71	2.82	2.64	2.61	2.92	2.60	2.76	2.68	2.73	2.59	2.82	2.60	2.60
					bc			bdfhi						bfhi		
Standard Deviation		.902	.899	.906	.921	.914	.863	.852	.958	.790	.918	.858	.873	.875	.958	.909
Standard Error		.020	.029	.028	.035	.035	.036	.082	.059	.059	.058	.062	.069	.050	.052	.070
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	353	43	70	93	39	34	73	206	147	276	11	29	24	3	3	70
		17%	22%	16%	20%	15%	16%	15%	19%	16%	16%	20%	22%	31%	16%	22%	24%
			fh										a	a			a
Tend to agree	(3.0)	865	94	196	183	114	81	198	473	393	736	22	55	31	7	6	120
		42%	50%	44%	38%	45%	38%	42%	43%	42%	42%	39%	42%	39%	44%	47%	41%
			ceh														
Tend to disagree	(2.0)	506	36	114	132	67	59	97	282	224	431	16	36	13	5	1	72
		25%	19%	26%	28%	26%	28%	20%	25%	24%	25%	28%	28%	17%	34%	7%	24%
					af	a	af		af								
Strongly disagree	(1.0)	231	14	49	51	28	28	61	114	117	205	6	7	9	1	2	25
		11%	7%	11%	11%	11%	13%	13%	10%	12%	12%	11%	6%	11%	6%	14%	8%
								a		a	c						
Don't know		98	4	13	18	6	12	46	35	64	87	2	3	2	-	1	8
		5%	2%	3%	4%	2%	6%	10%	3%	7%	5%	3%	2%	2%	-	10%	3%
							adg	abcdg		abcdg							
NET: Agree		1218	137	266	276	153	115	271	679	539	1012	33	84	55	9	9	191
		59%	72%	60%	58%	60%	54%	57%	61%	57%	58%	59%	64%	70%	61%	69%	65%
			bcdefgh						e					a			a
NET: Disagree		737	50	163	183	96	88	158	396	341	635	22	44	22	6	3	96
		36%	26%	37%	38%	38%	41%	33%	36%	36%	37%	39%	33%	28%	39%	20%	33%
				a	a	a	a		a	a							
Base for stats		1955	186	429	459	249	203	429	1074	880	1647	55	128	77	16	11	287
Mean Score		2.69	2.89	2.67	2.69	2.66	2.60	2.66	2.72	2.65	2.66	2.70	2.83	2.91	2.71	2.87	2.82
			bcdefgh										a	a			a
Standard Deviation		.902	.843	.883	.917	.879	.927	.922	.894	.911	.900	.927	.848	.973	.833	1.001	.901
Standard Error		.020	.061	.043	.042	.053	.061	.048	.027	.031	.022	.121	.071	.104	.202	.289	.051
Error variance		*	*	*	*	*	*	*	*	*	*	.01	.01	.01	.04	.08	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	353	191	73	65	138	11	27	125	40	10	11	22	31	23	53	38
		17%	15%	21%	19%	20%	21%	24%	17%	15%	16%	22%	20%	31%	14%	13%	23%
				a		a		dij						cdegij			dij
Tend to agree	(3.0)	865	560	132	132	264	25	50	292	121	16	17	45	45	55	201	75
		42%	44%	38%	39%	39%	47%	46%	40%	47%	25%	32%	40%	44%	34%	49%	46%
			bd				e	ei	e	ei				e	e	cefi	ei
Tend to disagree	(2.0)	506	298	91	89	180	7	25	210	66	20	18	30	15	41	73	32
		25%	24%	26%	27%	26%	13%	23%	29%	25%	31%	36%	27%	15%	25%	18%	20%
									ahjk	ahj	ahjk	ahjk	ahj		h		
Strongly disagree	(1.0)	231	144	39	40	78	9	8	85	29	13	4	8	7	22	47	17
		11%	11%	11%	12%	11%	17%	7%	12%	11%	20%	8%	7%	7%	13%	12%	10%
							bgh				bcghk						
Don't know		98	68	16	10	25	1	1	21	4	5	1	7	4	23	32	1
		5%	5%	4%	3%	4%	1%	1%	3%	2%	7%	2%	7%	4%	14%	8%	1%
											bcdk		bcdk		abcdfghjk	bcdk	
NET: Agree		1218	751	205	197	402	36	77	417	160	27	28	67	76	77	253	113
		59%	60%	59%	59%	59%	68%	70%	57%	62%	41%	55%	60%	74%	47%	63%	69%
							ei	cei	ei	ei			ei	cdefgij		ei	cei
NET: Disagree		737	442	129	129	258	16	33	295	95	33	22	37	22	63	120	49
		36%	35%	37%	38%	38%	30%	30%	40%	37%	51%	44%	34%	22%	39%	30%	30%
									bhjk	h	abdghjk	h	h		hj		
Base for stats		1955	1193	334	326	660	52	110	712	255	60	50	104	98	140	373	162
Mean Score		2.69	2.67	2.72	2.68	2.70	2.74	2.88	2.64	2.67	2.40	2.70	2.78	3.02	2.56	2.69	2.83
								cdei	e	e			e	cdefgij		e	cei
Standard Deviation		.902	.885	.934	.928	.931	.994	.860	.906	.872	1.014	.911	.867	.872	.943	.866	.905
Standard Error		.020	.025	.053	.053	.037	.132	.079	.033	.053	.127	.131	.081	.078	.079	.053	.068
Error variance		*	*	*	*	*	.02	.01	*	*	.02	.02	.01	.01	.01	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	353	105	61	25	14	85	119	114	58	28	10	86	123	49	180	99	25	303
		17%	17%	18%	15%	30% abcef	17%	18%	17%	21%	15%	26%	18%	18%	15%	17%	18%	25% ab	18%
Tend to agree	(3.0)	865	228	167 acdf	63	13	230 adf	241	238	134 af	85 af	12	219 af	250	138	454 d	240 d	32	727 d
		42%	38%	49%	38%	29%	45%	37%	36%	48%	45%	32%	47%	36%	41%	43%	43%	32%	42%
Tend to disagree	(2.0)	506	170	85	55 b	11	140	181	203 be	63	53	7	116	210 be	86	247	150	23	420
		25%	28%	25%	33%	25%	27%	28%	31%	22%	28%	18%	25%	30%	25%	23%	27%	23%	25%
Strongly disagree	(1.0)	231	86 be	24	16	6	40	93 be	82 be	22	19	8	41	90 be	43	118	52	18 ce	188
		11%	14%	7%	10%	14%	8%	14%	12%	8%	10%	21%	9%	13%	13%	11%	9%	17%	11%
Don't know		98	15	8	6	1	14	16	21	3	5	1	8	21	23 c	54	18	3	75
		5%	2%	2%	4%	2%	3%	2%	3%	1%	3%	3%	2%	3%	7%	5%	3%	3%	4%
NET: Agree		1218	333	228 acf	88	27	316 acf	360	352	192 acf	113	22	305 af	374	188	634	339	57	1030
		59%	55%	66%	53%	59%	62%	55%	54%	69%	59%	58%	65%	54%	55%	60%	61%	57%	60%
NET: Disagree		737	256 be	109	72 b	18	180	273 be	285 be	85	72	15	157	300 be	129	365	202	41	608
		36%	42%	32%	43%	39%	35%	42%	43%	30%	38%	40%	33%	43%	38%	35%	36%	40%	35%
Base for stats		1955	589	337	160	45	496	633	637	277	186	37	463	674	317	999	541	98	1638
Mean Score		2.69	2.60	2.79 acf	2.60	2.77	2.73 af	2.61	2.60	2.82 acf	2.66	2.64	2.76 af	2.60	2.61	2.70	2.71	2.66	2.70
Standard Deviation		.902	.944	.820	.871	1.056	.840	.952	.925	.850	.863	1.109	.858	.935	.909	.899	.874	1.050	.900
Standard Error		.020	.038	.044	.068	.152	.037	.037	.036	.050	.063	.175	.039	.035	.052	.029	.037	.101	.022
Error variance		*	*	*	*	.02	*	*	*	*	*	.03	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Strongly agree (4.0)	353 17%	102 26% b	193 15%	72 22% d	69 17%	13 16%	214 17%	133 18%	18 18%	285 17%	68 16%	310 18% b	39 13%
Tend to agree (3.0)	865 42%	173 43%	536 42%	124 37%	175 42%	36 42%	552 43%	292 41%	40 41%	666 41%	199 47% a	743 43%	119 39%
Tend to disagree (2.0)	506 25%	77 19%	335 26% a	75 23%	76 18%	21 25%	342 27% be	150 21%	20 20%	417 26%	89 21%	428 25%	73 24%
Strongly disagree (1.0)	231 11%	36 9%	146 11%	41 12%	61 15% d	11 13%	127 10%	99 14% d	13 13%	183 11%	49 11%	175 10%	52 17% a
Don't know	98 5%	10 2%	60 5% a	18 6%	32 8% d	4 4%	45 3%	44 6% d	9 9% d	80 5%	18 4%	73 4%	20 6%
NET: Agree	1218 59%	274 69% b	730 57%	196 59%	244 59%	49 58%	766 60%	424 59%	58 58%	951 58%	267 63%	1053 61% b	158 52%
NET: Disagree	737 36%	113 28%	481 38% a	116 35%	137 33%	32 38%	469 37%	249 35%	32 32%	600 37%	137 32%	603 35%	126 41% a
Base for stats	1955	387	1211	312	382	81	1235	673	90	1551	404	1656	284
Mean Score	2.69	2.88 b	2.64	2.73	2.66	2.63	2.69	2.68	2.70	2.68	2.71	2.72 b	2.51
Standard Deviation	.902	.905	.889	.962	.953	.919	.875	.952	.946	.906	.885	.888	.947
Standard Error	.020	.045	.026	.052	.050	.097	.025	.036	.097	.023	.045	.022	.054
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	353	48	20	39	70	48	45	20	63	177	128	82	95	101	74	104	81	109	55
	17%	12%	11%	13%	17%	18%	21%	25%	28%	15%	25%	17%	17%	14%	29%	17%	16%	17%	22%
					ab	ab	abci	abci	abcdei		abcdei				abc				b
Tend to agree (3.0)	865	108	83	133	186	127	97	37	94	528	228	171	251	341	96	253	233	277	94
	42%	27%	45%	44%	46%	48%	46%	48%	42%	46%	45%	35%	45%	47%	38%	41%	45%	44%	37%
			a	a	a	a	a	a	a	a	a		a	ad			d		
Tend to disagree (2.0)	506	98	41	80	106	68	52	14	45	295	112	130	142	191	39	152	128	160	60
	25%	25%	22%	27%	27%	26%	25%	18%	20%	26%	22%	27%	25%	26%	15%	25%	25%	25%	24%
												d	d	d					
Strongly disagree (1.0)	231	99	29	35	20	13	13	5	16	97	34	81	50	64	31	80	58	60	27
	11%	25%	16%	12%	5%	5%	6%	7%	7%	8%	7%	17%	9%	9%	12%	13%	11%	9%	11%
		bcdefghij	defghij	defj						d		bc							
Don't know	98	42	11	14	18	6	3	1	3	48	7	20	24	25	15	23	18	27	18
	5%	11%	6%	5%	5%	2%	2%	1%	1%	4%	1%	4%	4%	4%	6%	4%	3%	4%	7%
		cdefghij	efhj	hj	hj					j									ab
NET: Agree	1218	157	103	172	256	175	143	57	157	705	356	252	345	442	170	357	313	386	149
	59%	40%	56%	57%	64%	67%	67%	74%	71%	62%	70%	52%	61%	61%	67%	58%	61%	61%	58%
			a	a	a	abc	abc	abci	abci	a	abci		a	a	a				
NET: Disagree	737	198	70	115	126	81	66	19	61	393	147	210	192	255	70	231	185	220	87
	36%	50%	38%	38%	32%	31%	31%	25%	28%	34%	29%	44%	34%	35%	28%	38%	36%	35%	34%
		bcdefghij	ghj	ghj						j		bcd		d					
Base for stats	1955	354	173	287	382	256	208	76	218	1098	503	463	537	697	240	588	499	607	236
Mean Score	2.69	2.30	2.54	2.61	2.80	2.82	2.84	2.94	2.93	2.71	2.89	2.55	2.73	2.69	2.89	2.65	2.67	2.72	2.75
			a	a	abc	abc	abc	abci	abci	ab	abci		a	a	abc				
Standard Deviation	.902	1.022	.907	.870	.794	.793	.839	.848	.888	.839	.861	.975	.860	.831	.990	.924	.881	.873	.942
Standard Error	.020	.057	.069	.050	.040	.049	.057	.097	.061	.025	.038	.045	.036	.032	.064	.038	.039	.036	.061
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.2. I have more time now to be physically active: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	353	203	79	67
		17%	28%	10%	13%
			bc		
Tend to agree	(3.0)	865	331	338	192
		42%	46%	43%	37%
			c	c	
Tend to disagree	(2.0)	506	130	208	163
		25%	18%	26%	31%
				a	a
Strongly disagree	(1.0)	231	38	112	80
		11%	5%	14%	15%
				a	a
Don't know		98	13	52	22
		5%	2%	7%	4%
				a	a
NET: Agree		1218	534	418	259
		59%	75%	53%	49%
			bc		
NET: Disagree		737	169	320	243
		36%	24%	41%	46%
				a	ab
Base for stats		1955	702	738	502
Mean Score		2.69	2.99	2.52	2.49
			bc		
Standard Deviation		.902	.832	.877	.916
Standard Error		.020	.031	.033	.041
Error variance		*	*	*	*

Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	238	93	143	120	81	37	11	29	16	29	22	21	56	39	16
		12%	9%	14%	19%	12%	5%	11%	11%	8%	14%	12%	9%	17%	12%	7%
				a	bc	c					i			bcfhi		
Tend to agree	(3.0)	606	273	332	222	207	177	36	76	65	58	46	61	103	82	80
		30%	27%	32%	36%	31%	23%	36%	29%	32%	27%	26%	27%	32%	24%	38%
				a	bc	c		h						h		bdefh
Tend to disagree	(2.0)	557	293	262	135	177	246	21	69	65	59	56	60	75	106	47
		27%	29%	25%	22%	26%	32%	21%	26%	32%	27%	32%	26%	23%	32%	22%
			b			a	ab			agi		agi			agi	
Strongly disagree	(1.0)	477	261	215	108	146	224	22	72	46	47	40	56	64	79	52
		23%	26%	21%	17%	22%	29%	22%	27%	23%	22%	23%	25%	20%	24%	25%
			b			a	ab		g							
Don't know		174	83	92	35	63	76	9	20	10	22	12	29	27	29	16
		8%	8%	9%	6%	9%	10%	9%	8%	5%	10%	7%	13%	8%	9%	7%
						a	a				c		c			
NET: Agree		844	365	475	341	288	214	47	105	81	88	68	82	158	121	96
		41%	36%	46%	55%	43%	28%	47%	39%	40%	41%	38%	36%	49%	36%	46%
				a	bc	c		h						befh		h
NET: Disagree		1035	554	477	243	322	470	43	142	111	105	97	116	138	185	98
		50%	55%	46%	39%	48%	62%	43%	53%	55%	49%	55%	51%	43%	55%	47%
			b			a	ab		g	g		g			ag	
Base for stats		1879	920	952	584	611	684	89	247	192	193	165	198	296	306	194
Mean Score		2.32	2.21	2.42	2.60	2.37	2.04	2.40	2.25	2.26	2.36	2.30	2.24	2.51	2.26	2.31
				a	bc	c								bcefhi		
Standard Deviation		.990	.969	.999	1.010	.988	.895	.989	1.005	.919	1.012	.984	.982	1.028	.986	.954
Standard Error		.023	.032	.032	.038	.039	.038	.098	.063	.069	.066	.071	.080	.060	.055	.075
Error variance		*	*	*	*	*	*	.01	*	*	*	.01	.01	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	238	42	49	55	34	23	35	146	92	176	7	27	22	2	1	59
		12%	22%	11%	12%	13%	10%	7%	13%	10%	10%	13%	21%	29%	11%	6%	20%
			bcdefgh		f	f			fh				a	ab			a
Tend to agree	(3.0)	606	72	145	159	91	47	93	376	230	502	17	52	24	2	7	102
		30%	38%	33%	33%	36%	22%	20%	34%	24%	29%	30%	40%	30%	15%	53%	35%
			efh	efh	efh	efh			efh				a				a
Tend to disagree	(2.0)	557	40	131	111	66	69	140	282	275	484	12	26	17	7	1	63
		27%	21%	30%	23%	26%	32%	30%	25%	29%	28%	22%	20%	21%	48%	7%	21%
				ac			acg	ac		ac	cg						
Strongly disagree	(1.0)	477	23	88	112	50	58	147	223	254	431	15	13	9	4	3	44
		23%	12%	20%	24%	19%	27%	31%	20%	27%	25%	26%	10%	12%	22%	23%	15%
				a	a	a	abdg	abcdg	a	abdg	cdg	cdg					
Don't know		174	14	28	39	15	19	59	81	93	141	5	13	6	1	1	26
		8%	7%	6%	8%	6%	9%	12%	7%	10%	8%	9%	10%	8%	5%	11%	9%
								bcdg		bdg							
NET: Agree		844	114	194	214	124	69	128	522	322	678	24	80	46	4	7	161
		41%	60%	44%	45%	49%	32%	27%	47%	34%	39%	43%	61%	59%	25%	59%	55%
			bcdefgh	efh	efh	efh			efh	f			ab	a			a
NET: Disagree		1035	63	219	224	115	127	287	505	529	915	27	39	26	11	4	107
		50%	33%	50%	47%	45%	59%	61%	46%	56%	53%	48%	30%	33%	70%	30%	36%
				a	a	a	abcdg	abcdg	a	abcdg	cdg	c					
Base for stats		1879	176	413	438	240	196	415	1028	851	1593	52	119	72	15	11	268
Mean Score		2.32	2.76	2.38	2.36	2.45	2.17	2.04	2.43	2.19	2.27	2.32	2.79	2.82	2.14	2.48	2.66
			bcdefgh	efh	efh	efh			efh	f			ab	ab			ab
Standard Deviation		.990	.962	.949	.998	.972	.985	.959	.982	.983	.979	1.046	.926	1.023	.936	.999	.999
Standard Error		.023	.071	.047	.047	.059	.066	.050	.031	.034	.025	.140	.081	.113	.234	.288	.058
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.01	.05	.08	*

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Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	238	116	43	61	103	15	30	92	28	5	3	11	17	16	20	45
		12%	9%	12%	18%	15%	28%	27%	13%	11%	8%	6%	10%	17%	10%	5%	28%
					ab	a	cdefgij	cdefgij	j	j				j		j	cdefghij
Tend to agree	(3.0)	606	335	123	117	240	16	37	248	88	15	13	26	36	42	85	54
		30%	27%	35%	35%	35%	31%	34%	34%	34%	24%	25%	23%	35%	26%	21%	33%
				a	a	a		j	gj	gj				gj			j
Tend to disagree	(2.0)	557	369	84	77	161	12	19	192	72	19	16	34	18	38	137	31
		27%	29%	24%	23%	23%	23%	17%	26%	28%	29%	32%	31%	17%	23%	34%	19%
			cd						bhk	bhk	h	bh	bhk			bchik	
Strongly disagree	(1.0)	477	331	72	57	129	4	19	151	56	18	18	28	20	41	121	23
		23%	26%	21%	17%	19%	8%	17%	21%	22%	29%	36%	26%	19%	25%	30%	14%
			bcd						ak	ak	ak	abcdhk	ak		ak	abcdhk	
Don't know		174	110	28	23	52	5	6	51	14	7	1	12	12	25	42	11
		8%	9%	8%	7%	8%	10%	5%	7%	5%	10%	2%	11%	12%	15%	10%	7%
														df	bcdfk	d	
NET: Agree		844	451	166	178	344	31	68	339	116	21	16	37	53	58	105	99
		41%	36%	47%	53%	50%	59%	61%	46%	45%	32%	31%	33%	52%	36%	26%	60%
				a	a	a	efgij	cdefgij	efgij	gj				efgij		j	cdefgij
NET: Disagree		1035	700	156	134	290	17	38	343	129	37	34	63	37	79	258	54
		50%	56%	45%	40%	42%	31%	34%	47%	50%	58%	67%	56%	36%	49%	64%	33%
			bcd						abhk	abhk	abhk	abcdhik	abchk		abhk	abcdhik	
Base for stats		1879	1151	322	312	633	48	105	682	245	58	50	99	90	138	363	153
Mean Score		2.32	2.21	2.43	2.58	2.50	2.87	2.75	2.41	2.36	2.13	2.01	2.19	2.56	2.24	2.01	2.79
				a	a	a	cdefgij	cdefgij	efgj	fj				efgij		j	cdefgij
Standard Deviation		.990	.970	.979	1.001	.992	.971	1.059	.977	.962	.977	.943	.974	1.038	1.014	.889	1.031
Standard Error		.023	.028	.056	.058	.041	.133	.099	.036	.060	.123	.136	.092	.096	.086	.055	.080
Error variance		*	*	*	*	*	.02	.01	*	*	.02	.02	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	238	77	44	25	9	70	86	66	57	27	8	85	74	27	106	87	17	210
	12%	13%	13%	15%	20%	14%	13%	10%	20%	14%	20%	18%	11%	8%	10%	16%	17%	12%
									af		a	af				abe	ab	a
Tend to agree (3.0)	606	183	134	57	14	191	197	201	106	64	15	170	216	86	284	198	39	521
	30%	30%	39%	34%	31%	37%	30%	31%	38%	33%	40%	36%	31%	25%	27%	35%	39%	30%
			af			af			af			a				abe	ab	
Tend to disagree (2.0)	557	174	70	38	13	108	187	174	68	47	8	114	183	97	308	127	25	460
	27%	29%	20%	23%	29%	21%	29%	27%	24%	25%	22%	24%	26%	29%	29%	23%	25%	27%
		be					be							c	c			c
Strongly disagree (1.0)	477	129	73	40	8	112	137	166	38	45	4	83	170	94	257	111	15	384
	23%	21%	21%	24%	16%	22%	21%	25%	13%	24%	11%	18%	24%	27%	24%	20%	15%	22%
								bde		b			bde	cde	cd			c
Don't know	174	40	23	6	2	29	42	50	11	8	3	19	53	37	98	36	4	138
	8%	7%	7%	3%	4%	6%	6%	8%	4%	4%	8%	4%	8%	11%	9%	6%	4%	8%
								be					be	cd	c			
NET: Agree	844	260	179	82	23	261	283	268	164	91	23	255	290	113	390	285	56	731
	41%	43%	52%	50%	51%	51%	44%	41%	58%	48%	60%	54%	42%	33%	37%	51%	56%	43%
			af			af			acf		af	af				abe	abe	ab
NET: Disagree	1035	303	142	78	21	220	324	340	105	92	12	197	352	191	565	238	41	844
	50%	50%	41%	47%	45%	43%	50%	52%	38%	48%	33%	42%	51%	56%	54%	43%	40%	49%
		be					be	bde		b			bde	cde	cde			c
Base for stats	1879	563	321	160	44	481	607	608	269	183	35	452	642	304	955	523	97	1575
Mean Score	2.32	2.37	2.47	2.42	2.57	2.45	2.38	2.28	2.68	2.40	2.75	2.57	2.30	2.15	2.25	2.50	2.60	2.35
									acf		af	af				abe	abe	ab
Standard Deviation	.990	.984	.991	1.030	1.011	1.003	.987	.983	.962	1.019	.938	.994	.986	.964	.975	1.005	.955	.992
Standard Error	.023	.040	.055	.080	.148	.045	.039	.039	.057	.075	.152	.046	.038	.056	.032	.043	.092	.025
Error variance	*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	238	86	119	40	36	20	145	86	5	198	40	200	34
	12%	22%	9%	12%	9%	23%	11%	12%	5%	12%	9%	12%	11%
		b				abdef			f				
Tend to agree (3.0)	606	134	379	93	114	16	397	197	24	473	134	530	74
	30%	34%	30%	28%	28%	19%	31%	27%	24%	29%	32%	31%	24%
							c						b
Tend to disagree (2.0)	557	95	353	81	126	26	339	204	28	444	114	465	87
	27%	24%	28%	24%	31%	31%	27%	28%	28%	27%	27%	27%	29%
Strongly disagree (1.0)	477	60	313	85	106	16	294	173	31	379	99	391	82
	23%	15%	25%	26%	26%	19%	23%	24%	31%	23%	23%	23%	27%
			a						c				
Don't know	174	22	107	31	32	7	105	58	11	138	36	143	26
	8%	6%	8%	9%	8%	8%	8%	8%	11%	8%	9%	8%	9%
NET: Agree	844	220	498	133	150	36	541	283	29	671	173	730	108
	41%	55%	39%	40%	36%	42%	42%	39%	29%	41%	41%	42%	36%
		b		f			bf					b	
NET: Disagree	1035	155	666	166	232	42	633	377	59	822	212	856	169
	50%	39%	52%	50%	56%	49%	49%	53%	59%	50%	50%	49%	56%
			a		d								a
Base for stats	1879	375	1164	299	382	78	1174	660	88	1493	386	1586	277
Mean Score	2.32	2.65	2.26	2.29	2.21	2.51	2.33	2.30	2.04	2.33	2.30	2.34	2.22
		b		f		bf	bf	f				b	
Standard Deviation	.990	1.004	.968	1.024	.953	1.084	.985	.997	.936	.997	.964	.985	1.006
Standard Error	.023	.051	.028	.057	.050	.117	.029	.039	.097	.026	.050	.025	.058
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	238	14	12	33	59	38	30	11	41	142	81	39	65	74	56	57	50	70	58
	12%	4%	7%	11%	15%	14%	14%	14%	18%	12%	16%	8%	12%	10%	22%	9%	10%	11%	23%
				a	ab	ab	ab	a	abci	ab	ab				abc				abc
Tend to agree (3.0)	606	67	57	107	132	82	79	29	55	377	163	108	198	223	72	145	180	214	63
	30%	17%	31%	35%	33%	31%	37%	38%	25%	33%	32%	22%	35%	31%	28%	24%	35%	34%	25%
			a	ah	ah	a	ah	ah	a	ah	a		ad	a			ad	ad	
Tend to disagree (2.0)	557	117	53	82	98	83	53	13	58	316	124	139	146	207	60	177	143	175	56
	27%	29%	29%	27%	24%	32%	25%	17%	26%	28%	24%	29%	26%	29%	23%	29%	28%	28%	22%
		g	g			dgj				g						d			
Strongly disagree (1.0)	477	157	42	56	65	45	41	18	54	207	113	156	111	154	51	191	89	126	59
	23%	40%	23%	18%	16%	17%	20%	23%	24%	18%	22%	32%	20%	21%	20%	31%	17%	20%	23%
		bcdefghij								dei	di	bcd				bcd			b
Don't know	174	41	20	24	47	14	9	6	14	104	29	40	42	63	17	41	54	48	18
	8%	10%	11%	8%	12%	5%	4%	8%	6%	9%	6%	8%	7%	9%	7%	7%	11%	8%	7%
		efj	efj		efhj					efj							a		
NET: Agree	844	81	69	140	190	120	108	40	96	519	244	147	263	298	128	203	230	284	121
	41%	20%	38%	46%	48%	46%	51%	52%	43%	45%	48%	31%	47%	41%	50%	33%	45%	45%	48%
			a	a	ab	a	ab	ab	a	a	ab		ac	a	ac		a	a	a
NET: Disagree	1035	274	95	138	163	128	95	31	112	523	237	295	257	361	111	368	232	302	115
	50%	69%	52%	46%	41%	49%	45%	40%	50%	46%	46%	61%	46%	50%	43%	60%	45%	48%	45%
		bcdefghij	d			d			d			bcd				bcd			
Base for stats	1879	355	163	278	353	248	203	71	207	1042	481	442	520	659	238	570	462	586	236
Mean Score	2.32	1.83	2.24	2.42	2.52	2.46	2.48	2.47	2.40	2.44	2.44	2.07	2.42	2.33	2.56	2.12	2.41	2.39	2.51
			a	ab	ab	ab	ab	a	a	ab	ab		a	a	a		a	a	a
Standard Deviation	.990	.874	.922	.943	.976	.957	.977	1.033	1.076	.957	1.028	.974	.961	.957	1.071	.990	.921	.953	1.118
Standard Error	.023	.048	.072	.056	.051	.060	.067	.121	.076	.029	.047	.046	.041	.038	.070	.041	.043	.039	.073
Error variance	*	*	.01	*	*	*	*	.01	.01	*	*	*	*	*	*	*	*	*	.01

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.3. I have been encouraged to exercise by the Government's guidance: To what extent do you agree or disagree with each statement?
BASE: All respondents

| | | | Amount of activity now compared to last year | | |
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	238	147	52	36
		12%	21%	7%	7%
			bc		
Tend to agree	(3.0)	606	257	205	141
		30%	36%	26%	27%
			bc		
Tend to disagree	(2.0)	557	161	227	165
		27%	23%	29%	31%
				a	a
Strongly disagree	(1.0)	477	113	220	141
		23%	16%	28%	27%
				a	a
Don't know		174	37	85	41
		8%	5%	11%	8%
				a	
NET: Agree		844	404	257	177
		41%	56%	33%	34%
			bc		
NET: Disagree		1035	274	447	306
		50%	38%	57%	58%
				a	a
Base for stats		1879	678	704	484
Mean Score		2.32	2.65	2.13	2.15
			bc		
Standard Deviation		.990	.998	.940	.929
Standard Error		.023	.038	.036	.042
Error variance		*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	374	148	222	172	128	74	13	50	27	38	32	44	79	56	33
		18%	15%	21%	28%	19%	10%	13%	19%	13%	18%	18%	20%	25%	17%	16%
				a	bc	c								achi		
Tend to agree	(3.0)	625	315	309	215	230	180	32	78	63	73	54	61	108	90	66
		30%	31%	30%	35%	34%	24%	33%	29%	31%	34%	30%	27%	33%	27%	32%
					c	c										
Tend to disagree	(2.0)	597	316	280	133	180	285	32	72	71	53	48	60	91	111	59
		29%	32%	27%	22%	27%	37%	32%	27%	35%	25%	27%	26%	28%	33%	28%
			b			a	ab			d					d	
Strongly disagree	(1.0)	322	168	153	61	97	164	17	55	25	34	31	41	29	56	33
		16%	17%	15%	10%	14%	22%	18%	21%	12%	16%	18%	18%	9%	17%	16%
						a	ab	g	cg		g	g	g		g	g
Don't know		135	55	80	39	39	57	4	13	15	16	11	20	16	21	18
		7%	6%	8%	6%	6%	8%	4%	5%	8%	8%	6%	9%	5%	6%	9%
NET: Agree		999	463	531	386	358	254	45	128	90	111	86	106	187	146	100
		49%	46%	51%	62%	53%	33%	46%	48%	45%	52%	49%	47%	58%	44%	48%
				a	bc	c					h			abcefhi		
NET: Disagree		919	484	433	194	277	448	49	126	96	87	79	101	120	167	92
		45%	48%	41%	31%	41%	59%	50%	47%	48%	41%	45%	45%	37%	50%	44%
			b			a	ab	g	g	g					dg	
Base for stats		1918	947	964	580	635	703	94	254	186	198	166	207	307	313	192
Mean Score		2.55	2.47	2.62	2.86	2.61	2.23	2.43	2.48	2.49	2.58	2.53	2.53	2.77	2.47	2.52
				a	bc	c								abcdefhi		
Standard Deviation		.987	.958	1.007	.962	.974	.926	.947	1.039	.902	.988	1.011	1.041	.941	.983	.974
Standard Error		.023	.031	.032	.037	.038	.039	.092	.064	.069	.064	.073	.083	.054	.054	.077
Error variance		*	*	*	*	*	*	.01	*	*	*	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	374	64	108	88	41	25	48	260	114	287	16	31	24	4	4	79
		18%	34%	25%	18%	16%	12%	10%	23%	12%	17%	28%	24%	30%	26%	28%	27%
			bcdefgh	cdefh	efh	f			cdefh			a	a	a			a
Tend to agree	(3.0)	625	60	145	146	99	70	105	351	274	505	21	55	34	7	-	117
		30%	31%	33%	31%	39%	32%	22%	32%	29%	29%	37%	42%	43%	46%	-	40%
			f	f	f	cfgh	f		f	f			a	a			a
Tend to disagree	(2.0)	597	39	133	128	73	61	163	300	298	525	12	30	17	3	5	67
		29%	21%	30%	27%	29%	28%	34%	27%	32%	30%	21%	23%	22%	17%	39%	23%
				a		a		acg		ag	g						
Strongly disagree	(1.0)	322	20	45	74	26	40	116	139	183	300	4	10	3	2	1	19
		16%	11%	10%	15%	10%	19%	25%	13%	19%	17%	8%	7%	3%	11%	9%	7%
					bd		abdg	abcdgh		abdg	cdg						
Don't know		135	7	11	41	15	19	42	59	76	116	3	6	1	-	3	13
		7%	4%	2%	9%	6%	9%	9%	5%	8%	7%	6%	5%	1%	-	23%	4%
					abg	b	abg	abg	b	abg	d						
NET: Agree		999	124	253	234	140	95	152	611	388	792	37	86	58	11	4	195
		49%	65%	57%	49%	55%	44%	32%	55%	41%	46%	65%	65%	74%	72%	28%	66%
			cdefgh	cefh	fh	efh	f		cefh	f		a	a	a			a
NET: Disagree		919	59	178	202	100	101	280	439	481	825	17	40	20	4	6	86
		45%	31%	40%	42%	39%	47%	59%	40%	51%	48%	29%	30%	25%	28%	48%	29%
				a	a		ag	abcdegh	a	abcd	bcdg						
Base for stats		1918	183	431	436	240	196	432	1050	868	1617	53	125	78	16	10	282
Mean Score		2.55	2.92	2.73	2.57	2.64	2.41	2.19	2.70	2.37	2.48	2.91	2.85	3.02	2.87	2.62	2.90
			bcdefgh	cefh	efh	efh	f		cefh	f		a	a	a			a
Standard Deviation		.987	1.000	.953	.994	.889	.957	.959	.986	.958	.989	.930	.883	.819	.951	1.161	.887
Standard Error		.023	.073	.047	.047	.054	.064	.049	.030	.032	.025	.122	.075	.088	.231	.367	.050
Error variance		*	.01	*	*	*	*	*	*	*	*	.01	.01	.01	.05	.13	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	374	191	77	77	153	19	33	146	44	12	14	24	32	21	30	52
	18%	15%	22%	23%	22%	36%	30%	20%	17%	18%	27%	22%	31%	13%	7%	32%
			a	a	a	cdegij	cdij	ij	j	j	ij	ij	cdij			cdeij
Tend to agree (3.0)	625	340	115	139	253	22	38	257	78	22	13	29	38	29	98	60
	30%	27%	33%	41%	37%	43%	34%	35%	30%	34%	26%	26%	37%	18%	24%	37%
			a	ab	a	gij	ij	gij	i	i			ij			ij
Tend to disagree (2.0)	597	409	92	71	162	7	29	194	87	17	18	30	15	51	149	35
	29%	32%	26%	21%	24%	13%	26%	26%	34%	26%	35%	27%	15%	31%	37%	22%
		bcd					ah	ah	achk		ah	ah		ahk	abchk	
Strongly disagree (1.0)	322	229	46	36	83	4	8	102	30	6	4	23	7	42	97	11
	16%	18%	13%	11%	12%	7%	7%	14%	12%	10%	8%	20%	6%	26%	24%	7%
		bcd						bhk				abdfhk		abcdefhk	abcdefhk	
Don't know	135	92	20	13	33	1	4	34	19	7	2	5	11	20	31	5
	7%	7%	6%	4%	5%	1%	4%	5%	8%	11%	5%	5%	10%	12%	8%	3%
		cd							k	abck			ack	abcgk	k	
NET: Agree	999	531	191	215	407	42	70	403	122	34	27	53	70	50	128	112
	49%	42%	55%	64%	59%	79%	63%	55%	47%	53%	53%	48%	68%	31%	32%	68%
			a	ab	a	bcdefgij	dgij	dij	ij	ij	ij	ij	cdegij			cdefgij
NET: Disagree	919	638	138	107	245	10	36	296	117	23	22	53	22	93	246	47
	45%	51%	40%	32%	36%	20%	33%	40%	45%	36%	42%	48%	21%	57%	61%	28%
		bcd	c				h	ahk	abhk	ah	ah	abhk		abcdehk	abcdefghk	
Base for stats	1918	1169	330	322	652	52	106	699	239	57	49	106	92	143	374	158
Mean Score	2.55	2.42	2.67	2.79	2.73	3.10	2.90	2.64	2.57	2.69	2.76	2.51	3.03	2.20	2.17	2.96
			a	a	a	cdegij	cdgij	ij	ij	ij	ij	ij	cdegij			cdegij
Standard Deviation	.987	.982	.985	.931	.960	.886	.927	.971	.932	.928	.962	1.070	.898	1.025	.904	.916
Standard Error	.023	.028	.056	.053	.039	.117	.086	.036	.059	.118	.140	.098	.083	.086	.055	.070
Error variance	*	*	*	*	*	.01	.01	*	*	.01	.02	.01	.01	.01	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	374	108	83	34	17	117	125	117	73	41	13	114	130	45	179	125	25	329
		18%	18%	24%	21%	37%	23%	19%	18%	26%	21%	35%	24%	19%	13%	17%	22%	25%	19%
				a		acef	a			af		af	af				ab	ab	a
Tend to agree	(3.0)	625	204	111	58	15	169	219	215	101	55	15	156	230	90	294	204	37	535
		30%	34%	32%	35%	33%	33%	34%	33%	36%	29%	39%	33%	33%	26%	28%	36%	37%	31%
																	abe	ab	
Tend to disagree	(2.0)	597	173	93	49	6	142	180	192	73	57	6	130	199	110	331	136	20	487
		29%	29%	27%	29%	14%	28%	28%	29%	26%	30%	16%	28%	29%	32%	31%	24%	20%	28%
			d	d	d		d	d							cd	cd			
Strongly disagree	(1.0)	322	77	44	18	8	62	84	93	22	28	2	50	94	61	182	67	12	261
		16%	13%	13%	11%	17%	12%	13%	14%	8%	15%	5%	11%	14%	18%	17%	12%	12%	15%
									b		b			b	c	c			
Don't know		135	41	14	7	-	21	41	40	11	10	2	20	42	34	67	28	6	101
		7%	7%	4%	4%	-	4%	6%	6%	4%	5%	5%	4%	6%	10%	6%	5%	6%	6%
															bce				
NET: Agree		999	312	193	92	32	286	344	332	174	96	28	270	360	135	473	329	62	864
		49%	52%	56%	56%	70%	56%	53%	50%	62%	50%	74%	57%	52%	40%	45%	59%	62%	50%
						af				acf		acef	a				abe	abe	ab
NET: Disagree		919	250	137	66	14	203	264	285	95	85	8	180	293	171	513	203	32	748
		45%	41%	40%	40%	30%	40%	41%	43%	34%	44%	21%	38%	42%	50%	49%	36%	32%	44%
									bd		bd		d	bd	cde	cde			cd
Base for stats		1918	562	330	159	46	489	608	617	269	181	36	450	653	306	986	532	94	1612
Mean Score		2.55	2.61	2.70	2.69	2.90	2.70	2.63	2.58	2.84	2.60	3.10	2.74	2.61	2.39	2.48	2.73	2.80	2.58
					a					acf		acef	af				abe	abe	ab
Standard Deviation		.987	.947	.989	.936	1.089	.971	.960	.961	.921	1.002	.861	.961	.963	.967	.991	.961	.974	.988
Standard Error		.023	.039	.054	.073	.156	.043	.038	.037	.054	.074	.138	.044	.036	.056	.032	.041	.096	.025
Error variance		*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	374	109	210	75	79	15	223	143	21	304	70	317	53
		18%	28%	17%	23%	19%	18%	17%	20%	21%	19%	17%	18%	18%
			b		d									
Tend to agree	(3.0)	625	144	372	95	120	29	387	215	24	509	116	523	93
		30%	36%	29%	29%	29%	34%	30%	30%	24%	31%	27%	30%	31%
			b											
Tend to disagree	(2.0)	597	93	389	86	109	25	399	188	31	467	130	516	80
		29%	23%	31%	26%	26%	29%	31%	26%	31%	29%	31%	30%	26%
				a				e						
Strongly disagree	(1.0)	322	38	218	50	76	12	199	118	20	250	72	268	51
		16%	10%	17%	15%	18%	15%	16%	16%	20%	15%	17%	16%	17%
				a										
Don't know		135	12	81	24	30	4	72	53	5	101	34	105	26
		7%	3%	6%	7%	7%	5%	6%	7%	5%	6%	8%	6%	8%
				a										
NET: Agree		999	254	582	170	198	44	610	358	44	813	186	841	146
		49%	64%	46%	51%	48%	51%	48%	50%	45%	50%	44%	49%	48%
			b								b			
NET: Disagree		919	131	608	136	186	37	598	306	50	717	202	784	131
		45%	33%	48%	41%	45%	44%	47%	43%	51%	44%	48%	45%	43%
				a										
Base for stats		1918	385	1190	306	384	81	1208	664	95	1530	388	1625	278
Mean Score		2.55	2.84	2.48	2.63	2.52	2.57	2.52	2.58	2.48	2.57	2.47	2.55	2.53
			b											
Standard Deviation		.987	.949	.985	1.026	1.030	.966	.974	1.015	1.055	.985	.991	.985	1.003
Standard Error		.023	.047	.029	.057	.054	.102	.028	.039	.106	.025	.051	.025	.058
Error variance		*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active											Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	374	36	28	55	73	64	52	17	50	219	119	93	106	101	72	99	96	112	63
	18%	9%	15%	18%	18%	24%	25%	21%	23%	19%	23%	19%	19%	14%	28%	16%	19%	18%	25%
			a	a	a	ab	ab	a	a	a	abi	c	c		abc				abc
Tend to agree (3.0)	625	82	58	102	139	96	77	22	49	395	148	139	201	220	59	152	175	210	79
	30%	21%	32%	34%	35%	37%	36%	28%	22%	35%	29%	29%	36%	30%	23%	25%	34%	33%	31%
			ah	ah	ah	ahj	ahj			ahj	a		acd	d			a	a	
Tend to disagree (2.0)	597	120	64	83	116	67	54	23	70	330	147	136	151	234	69	198	153	185	57
	29%	30%	35%	28%	29%	25%	26%	30%	32%	29%	29%	28%	27%	32%	27%	32%	30%	29%	22%
			ef											b		d	d	d	
Strongly disagree (1.0)	322	115	20	44	51	23	17	14	38	137	69	88	74	114	46	125	61	93	40
	16%	29%	11%	15%	13%	9%	8%	18%	17%	12%	14%	18%	13%	16%	18%	20%	12%	15%	16%
		bcdefghij		ef				ef	efi		ef	b				bc			
Don't know	135	43	12	18	21	13	11	2	14	65	27	26	30	53	10	38	32	34	16
	7%	11%	7%	6%	5%	5%	5%	3%	7%	6%	5%	5%	5%	7%	4%	6%	6%	5%	6%
		cdefgij												d					
NET: Agree	999	118	87	156	212	159	129	38	99	615	266	232	307	321	131	250	270	322	143
	49%	30%	47%	52%	53%	61%	61%	49%	45%	54%	52%	48%	55%	44%	51%	41%	52%	51%	56%
			a	a	ah	abcdhij	abchij	a	a	ah	a		ac				a	a	a
NET: Disagree	919	236	84	127	167	89	72	37	108	467	217	224	225	348	115	323	214	277	96
	45%	59%	46%	42%	42%	34%	34%	48%	49%	41%	42%	46%	40%	48%	45%	53%	41%	44%	38%
		bcdefhij	ef						efi	e	ef	b		b		bcd			
Base for stats	1918	353	171	283	379	249	201	75	207	1082	483	456	532	669	245	574	484	600	239
Mean Score	2.55	2.11	2.56	2.59	2.62	2.80	2.82	2.55	2.53	2.64	2.65	2.52	2.64	2.46	2.64	2.39	2.63	2.57	2.70
			a	a	a	abcdghij	abcdghij	a	a	a	a		c		c		a	a	a
Standard Deviation	.987	.978	.901	.970	.943	.925	.919	1.037	1.052	.943	1.004	1.022	.954	.944	1.091	1.010	.939	.964	1.040
Standard Error	.023	.054	.069	.056	.048	.058	.064	.119	.074	.028	.046	.047	.041	.037	.070	.042	.043	.039	.067
Error variance	*	*	*	*	*	*	*	.01	.01	*	*	*	*	*	*	*	*	*	*

Q9.5. I miss the types of physical activity I was able to do before the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year	
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	374	172	79	118
		18%	24%	10%	22%
			b		b
Tend to agree	(3.0)	625	242	196	180
		30%	34%	25%	34%
			b		b
Tend to disagree	(2.0)	597	190	270	136
		29%	27%	34%	26%
				ac	
Strongly disagree	(1.0)	322	81	177	63
		16%	11%	22%	12%
				ac	
Don't know		135	30	66	28
		7%	4%	8%	5%
				ac	
NET: Agree		999	414	275	298
		49%	58%	35%	57%
			b		b
NET: Disagree		919	271	447	199
		45%	38%	57%	38%
				ac	
Base for stats		1918	685	723	496
Mean Score		2.55	2.74	2.25	2.71
			b		b
Standard Deviation		.987	.967	.947	.968
Standard Error		.023	.036	.036	.043
Error variance		*	*	*	*

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Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	261	107	152	113	84	64	14	26	24	31	24	31	59	36	16
		13%	11%	15%	18%	12%	8%	15%	10%	12%	14%	14%	13%	18%	11%	8%
				a	bc	c					i			bhi		
Tend to agree	(3.0)	567	249	315	202	200	165	24	76	61	57	51	68	84	92	55
		28%	25%	30%	33%	30%	22%	24%	29%	30%	26%	29%	30%	26%	27%	26%
				a	c	c										
Tend to disagree	(2.0)	628	321	306	168	195	264	40	76	64	59	54	63	99	100	72
		31%	32%	29%	27%	29%	35%	41%	29%	32%	27%	31%	28%	31%	30%	35%
							ab	bdfh								
Strongly disagree	(1.0)	528	294	233	120	175	232	20	76	49	60	42	59	71	92	58
		26%	29%	22%	19%	26%	31%	20%	29%	24%	28%	24%	26%	22%	27%	28%
			b			a	a									
Don't know		69	31	39	14	20	35	-	12	4	8	5	7	10	16	8
		3%	3%	4%	2%	3%	5%	-	4%	2%	4%	3%	3%	3%	5%	4%
							a		a		a				a	a
NET: Agree		828	357	467	316	284	228	38	102	85	88	76	99	142	127	71
		40%	36%	45%	51%	42%	30%	39%	38%	42%	41%	43%	43%	44%	38%	34%
				a	bc	c								i		
NET: Disagree		1156	615	538	289	370	497	60	153	112	119	96	122	171	192	131
		56%	61%	52%	47%	55%	65%	61%	57%	56%	55%	54%	54%	53%	57%	62%
			b			a	ab									g
Base for stats		1984	972	1005	604	654	725	98	255	197	207	172	220	313	319	202
Mean Score		2.28	2.17	2.38	2.51	2.29	2.08	2.33	2.20	2.31	2.28	2.34	2.32	2.41	2.22	2.14
				a	bc	c								bhi		
Standard Deviation		.999	.985	1.001	1.012	1.001	.945	.963	.985	.978	1.045	1.000	1.017	1.037	.987	.932
Standard Error		.022	.032	.031	.038	.038	.039	.092	.061	.072	.066	.071	.079	.059	.054	.071
Error variance		*	*	*	*	*	*	.01	*	.01	*	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

					Social Grade								Ethnicity					
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	261	41	56	54	32	20	58	151	110	193	14	31	17	3	2	67
		13%	22%	13%	11%	12%	9%	12%	14%	12%	11%	24%	24%	22%	22%	18%	23%
			bcdefgh									a	a	a			a
Tend to agree	(3.0)	567	68	117	140	82	55	104	326	241	474	15	37	25	4	3	85
		28%	36%	26%	29%	32%	26%	22%	29%	26%	27%	27%	28%	32%	28%	24%	29%
			befh		f	fh			f								
Tend to disagree	(2.0)	628	44	144	150	82	64	145	337	290	543	14	37	23	3	2	80
		31%	23%	33%	31%	32%	30%	31%	30%	31%	31%	25%	28%	30%	18%	19%	27%
				a	a	a			a	a							
Strongly disagree	(1.0)	528	31	120	118	55	69	135	269	259	466	13	22	13	5	4	57
		26%	16%	27%	25%	21%	32%	29%	24%	27%	27%	24%	16%	17%	32%	29%	19%
				a	a		acdg	ad	a	ad	cdg						
Don't know		69	5	5	15	5	7	32	26	43	58	-	5	-	-	1	6
		3%	3%	1%	3%	2%	3%	7%	2%	5%	3%	-	4%	-	-	10%	2%
					b			abcdg		bdg							
NET: Agree		828	110	173	194	114	75	162	477	351	667	29	68	42	8	5	152
		40%	58%	39%	41%	45%	35%	34%	43%	37%	38%	51%	52%	54%	50%	42%	52%
			bcdefgh		f	efh			efh			a	a	a			a
NET: Disagree		1156	75	263	267	136	133	280	606	549	1009	28	59	36	8	6	137
		56%	40%	60%	56%	54%	62%	59%	55%	58%	58%	49%	45%	46%	50%	48%	46%
				a	a	a	ag	a	a	a	cdg						
Base for stats		1984	185	437	462	250	208	442	1083	901	1676	57	127	79	16	11	289
Mean Score		2.28	2.65	2.25	2.28	2.36	2.13	2.19	2.33	2.22	2.23	2.52	2.61	2.58	2.40	2.33	2.56
			bcdefgh		e	efh			efh			a	a	a			a
Standard Deviation		.999	1.008	.998	.974	.962	.988	1.015	.999	.997	.983	1.107	1.037	1.015	1.189	1.181	1.054
Standard Error		.022	.073	.048	.045	.058	.064	.051	.030	.033	.024	.142	.088	.108	.288	.341	.059
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.01	.08	.12	*

Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	261	129	52	59	111	14	27	91	17	6	8	17	15	30	35	41
	13%	10%	15%	18%	16%	26%	25%	12%	7%	10%	16%	16%	14%	19%	9%	25%
			a	a	a	cdej	cdehj	d				d	dj	d	cdj		cdeghj
Tend to agree (3.0)	567	324	102	112	214	20	36	213	69	20	9	37	35	41	85	57
	28%	26%	29%	33%	31%	39%	33%	29%	27%	31%	17%	34%	35%	25%	21%	35%
				a	a	fj	fj	j					fj	fj			fj
Tend to disagree (2.0)	628	403	111	88	199	11	25	235	83	16	23	29	23	41	141	37
	31%	32%	32%	26%	29%	21%	23%	32%	32%	25%	45%	26%	22%	25%	35%	22%
		c						bhk	hk		abeghik				abhik	abk
Strongly disagree (1.0)	528	357	77	71	148	5	21	183	82	21	11	23	24	39	120	25
	26%	28%	22%	21%	22%	9%	19%	25%	31%	33%	21%	21%	24%	24%	30%	16%
		bcd						ak	abcgk	abk			a	a	abk	
Don't know	69	48	7	5	12	3	1	11	8	1	-	4	5	12	24	4
	3%	4%	2%	2%	2%	5%	1%	2%	3%	2%	-	4%	5%	7%	6%	2%
		cd											c	bcdk	bc	
NET: Agree	828	453	154	171	325	34	64	304	86	26	17	55	50	71	120	97
	40%	36%	44%	51%	47%	64%	57%	41%	33%	41%	34%	49%	49%	44%	30%	60%
			a	a	a	cdefij	cdefij	dj				dj	dj	dj		cdefij
NET: Disagree	1156	760	189	159	347	16	46	418	165	37	34	52	47	80	261	62
	56%	60%	54%	47%	51%	31%	41%	57%	64%	58%	66%	47%	46%	49%	64%	38%
		bcd						abghk	abghik	abk	abghik	a		ak	abcghik	
Base for stats	1984	1212	343	330	673	50	109	722	251	64	51	107	97	151	382	159
Mean Score	2.28	2.19	2.38	2.48	2.43	2.85	2.64	2.29	2.09	2.18	2.29	2.46	2.42	2.41	2.09	2.71
			a	a	a	cdefghij	cdefj	dj				dj	dj	dj		cdefghij
Standard Deviation	.999	.977	.995	1.022	1.009	.936	1.057	.983	.932	1.018	.989	1.004	1.027	1.078	.950	1.022
Standard Error	.022	.028	.055	.058	.040	.126	.097	.036	.057	.123	.141	.091	.092	.088	.058	.078
Error variance	*	*	*	*	*	.02	.01	*	*	.02	.02	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	261	74	42	21	8	63	82	69	52	21	4	74	73	36	116	85	24	224
	13%	12%	12%	13%	18%	12%	13%	11%	19%	11%	10%	16%	10%	11%	11%	15%	24%	13%
									acf			af				b	abce	
Tend to agree (3.0)	567	162	107	49	14	156	176	183	81	59	12	139	195	72	283	182	31	496
	28%	27%	31%	30%	30%	31%	27%	28%	29%	31%	31%	30%	28%	21%	27%	33%	30%	29%
															a	ab	a	a
Tend to disagree (2.0)	628	188	108	50	11	158	200	215	77	56	13	133	228	119	329	153	26	508
	31%	31%	31%	30%	25%	31%	31%	33%	28%	29%	36%	28%	33%	35%	31%	27%	26%	30%
														ce				
Strongly disagree (1.0)	528	166	82	44	12	126	178	178	67	52	9	119	187	99	282	128	19	429
	26%	27%	24%	26%	26%	25%	27%	27%	24%	27%	24%	25%	27%	29%	27%	23%	19%	25%
														cd				
Don't know	69	13	5	2	1	7	14	13	3	3	-	6	13	13	43	12	1	56
	3%	2%	2%	1%	1%	1%	2%	2%	1%	2%	-	1%	2%	4%	4%	2%	1%	3%
																c		
NET: Agree	828	236	149	70	22	219	258	252	133	80	15	213	268	108	399	267	54	720
	40%	39%	43%	42%	48%	43%	40%	38%	48%	42%	41%	45%	38%	32%	38%	48%	54%	42%
									af			af			a	abe	abe	ab
NET: Disagree	1156	354	190	94	23	284	378	393	144	108	22	252	415	219	611	281	45	937
	56%	59%	55%	57%	51%	56%	58%	60%	51%	56%	59%	53%	60%	64%	58%	50%	45%	55%
									be					be	bcde	cd			d
Base for stats	1984	590	339	164	45	503	636	645	277	187	38	465	683	327	1010	548	99	1657
Mean Score	2.28	2.24	2.32	2.29	2.40	2.31	2.25	2.22	2.43	2.26	2.27	2.36	2.23	2.14	2.23	2.41	2.60	2.31
									af			af				abe	abe	ab
Standard Deviation	.999	.999	.975	1.002	1.080	.983	1.005	.970	1.054	.988	.944	1.030	.968	.976	.983	1.010	1.054	1.002
Standard Error	.022	.040	.052	.077	.156	.043	.039	.037	.061	.072	.147	.047	.036	.055	.031	.042	.100	.025
Error variance	*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Strongly agree (4.0)	261 13%	81 20% b	137 11%	68 21% d	76 18% d	19 22% d	118 9%	137 19% d	22 23% d	205 13%	56 13%	223 13%	38 12%
Tend to agree (3.0)	567 28%	142 36% b	344 27%	109 33% d	134 32% d	24 29%	327 26%	224 31% d	36 37% d	463 28%	104 25%	476 28%	86 28%
Tend to disagree (2.0)	628 31%	111 28%	384 30%	87 26%	108 26%	28 33%	419 33% abe	195 27%	27 27%	495 30%	132 31%	539 31%	84 28%
Strongly disagree (1.0)	528 26%	53 13%	365 29% a	58 18%	85 20% f	12 15%	373 29% abcef	143 20% f	12 12%	417 26%	111 26%	445 26%	78 26%
Don't know	69 3%	10 3%	40 3%	8 3%	11 3%	2 2%	43 3%	20 3%	2 2%	51 3%	18 4%	47 3%	17 6% a
NET: Agree	828 40%	223 56% b	481 38%	177 54% d	209 51% d	43 51% d	445 35%	360 50% d	59 59% d	668 41%	160 38%	698 40%	124 41%
NET: Disagree	1156 56%	164 41%	749 59% a	145 44%	193 47%	40 47%	792 62% abcef	338 47%	39 39%	912 56%	243 58%	984 57%	162 54%
Base for stats	1984	387	1231	322	402	83	1237	698	98	1580	404	1682	286
Mean Score	2.28	2.65 b	2.21	2.58 d	2.50 d	2.59 d	2.15	2.51 d	2.71 d	2.29	2.26	2.28	2.29
Standard Deviation	.999	.959	.990	1.014	1.025	1.000	.962	1.026	.956	.996	1.012	.998	1.010
Standard Error	.022	.048	.028	.055	.052	.105	.027	.039	.095	.025	.051	.024	.058
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	261	48	18	35	58	34	26	10	31	145	67	76	60	69	54	37	49	93	79
	13%	12%	10%	12%	14%	13%	12%	13%	14%	13%	13%	16%	11%	10%	21%	6%	10%	15%	31%
												bc			bc		a	ab	abc
Tend to agree (3.0)	567	86	45	97	120	78	74	24	42	340	141	145	171	185	62	94	152	224	89
	28%	22%	25%	32%	30%	30%	35%	31%	19%	30%	28%	30%	30%	26%	24%	15%	30%	35%	35%
				ah	ah	ah	abhj	h		ah	ah						a	ab	a
Tend to disagree (2.0)	628	116	61	101	130	80	57	19	63	372	139	134	190	243	54	196	187	200	40
	31%	29%	34%	33%	33%	31%	27%	25%	28%	32%	27%	28%	34%	34%	21%	32%	36%	32%	16%
											j	d	ad	ad		d	d	d	
Strongly disagree (1.0)	528	117	47	61	86	67	48	24	78	261	150	112	129	203	77	273	112	96	36
	26%	30%	25%	20%	21%	25%	23%	31%	35%	23%	29%	23%	23%	28%	30%	45%	22%	15%	14%
		cdi						c	bcdefi		cdi			b	ab	bcd	cd		
Don't know	69	28	12	7	6	3	6	1	7	27	14	15	12	22	8	13	16	21	11
	3%	7%	7%	2%	1%	1%	3%	1%	3%	2%	3%	3%	2%	3%	3%	2%	3%	3%	4%
		cdefghij	cdegij																
NET: Agree	828	135	63	132	178	113	100	34	74	486	208	221	231	254	116	131	202	317	168
	40%	34%	34%	44%	44%	43%	47%	44%	33%	42%	41%	46%	41%	35%	46%	21%	39%	50%	66%
				abh	abh	ah	abh			abh	a	c	c		c		a	ab	abc
NET: Disagree	1156	234	108	162	216	147	105	43	141	633	289	246	319	447	131	468	299	296	76
	56%	59%	59%	54%	54%	56%	50%	56%	64%	55%	57%	51%	57%	62%	51%	77%	58%	47%	30%
		f							cdfi					ad		bcd	cd	d	
Base for stats	1984	368	171	295	394	259	205	76	215	1119	496	467	549	701	247	599	500	613	244
Mean Score	2.28	2.18	2.20	2.36	2.38	2.31	2.38	2.25	2.13	2.33	2.25	2.40	2.29	2.17	2.38	1.82	2.28	2.51	2.86
				ah	abh		ah			ah		c	c		c		a	ab	abc
Standard Deviation	.999	1.024	.957	.944	.983	.999	.982	1.040	1.065	.974	1.032	1.022	.946	.959	1.142	.910	.921	.931	1.034
Standard Error	.022	.056	.073	.054	.049	.061	.067	.119	.074	.029	.046	.047	.040	.037	.073	.037	.041	.038	.066
Error variance	*	*	.01	*	*	*	*	.01	.01	*	*	*	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.6. I worry about leaving my home to exercise or be active: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	261	115	72	72
		13%	16%	9%	14%
			b		b
Tend to agree	(3.0)	567	200	193	166
		28%	28%	24%	32%
					b
Tend to disagree	(2.0)	628	219	250	156
		31%	31%	32%	30%
Strongly disagree	(1.0)	528	163	236	125
		26%	23%	30%	24%
				ac	
Don't know		69	17	38	6
		3%	2%	5%	1%
				ac	
NET: Agree		828	316	265	238
		40%	44%	34%	45%
			b		b
NET: Disagree		1156	382	486	281
		56%	53%	62%	53%
				ac	
Base for stats		1984	698	751	519
Mean Score		2.28	2.38	2.13	2.36
			b		b
Standard Deviation		.999	1.018	.968	.994
Standard Error		.022	.038	.036	.043
Error variance		*	*	*	*

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Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	178	79	99	101	60	17	10	17	13	29	16	17	42	22	11
		9%	8%	9%	16%	9%	2%	10%	6%	7%	13%	9%	8%	13%	7%	5%
					bc	c					bchi			bchi		
Tend to agree	(3.0)	354	142	208	177	127	49	20	39	47	33	20	35	75	54	31
		17%	14%	20%	29%	19%	6%	20%	15%	23%	16%	11%	15%	23%	16%	15%
				a	bc	c		e		bdehi				bdefhi		
Tend to disagree	(2.0)	689	346	341	162	219	308	37	90	64	60	72	75	91	121	78
		34%	34%	33%	26%	32%	40%	38%	34%	32%	28%	41%	33%	28%	36%	37%
						a	ab					dg			dg	dg
Strongly disagree	(1.0)	729	391	337	151	236	342	29	103	69	84	61	89	98	113	83
		36%	39%	32%	24%	35%	45%	29%	39%	34%	39%	35%	39%	30%	34%	39%
			b			a	ab		g		g					g
Don't know		104	44	58	27	32	44	3	17	8	8	7	11	17	24	7
		5%	4%	6%	4%	5%	6%	3%	7%	4%	4%	4%	5%	5%	7%	4%
NET: Agree		532	221	307	279	188	66	30	56	60	62	36	52	117	76	42
		26%	22%	29%	45%	28%	9%	30%	21%	30%	29%	21%	23%	36%	23%	20%
				a	bc	c		i		bei	bei			befhi		
NET: Disagree		1417	737	678	313	454	650	66	194	133	144	134	163	189	234	160
		69%	74%	65%	51%	67%	86%	67%	73%	66%	67%	75%	72%	59%	70%	76%
			b			a	ab		g		g	cg	g		g	cdg
Base for stats		1949	958	985	592	642	716	95	250	194	207	170	216	306	310	202
Mean Score		1.99	1.90	2.07	2.39	2.02	1.64	2.12	1.88	2.02	2.03	1.95	1.91	2.20	1.95	1.85
				a	bc	c		bi						befhi		
Standard Deviation		.960	.938	.976	1.045	.971	.713	.961	.911	.937	1.064	.930	.945	1.037	.910	.875
Standard Error		.022	.031	.031	.040	.037	.030	.093	.057	.070	.067	.066	.074	.060	.050	.067
Error variance		*	*	*	*	*	*	.01	*	*	*	*	.01	*	*	*

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Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	178	34	36	47	23	22	17	116	62	126	7	28	12	1	-	49
		9%	18%	8%	10%	9%	10%	4%	10%	7%	7%	13%	21%	16%	9%	-	17%
			bcdefgh	f	fh	f	fh		fh	f			a	a			a
Tend to agree	(3.0)	354	48	94	81	59	30	42	223	131	271	8	37	21	6	3	75
		17%	25%	21%	17%	23%	14%	9%	20%	14%	16%	14%	28%	27%	36%	26%	26%
			cefh	efh	f	cefh	f		efh	f			ab	a			a
Tend to disagree	(2.0)	689	55	150	170	87	71	156	375	314	601	21	31	17	5	5	79
		34%	29%	34%	36%	34%	33%	33%	34%	33%	35%	37%	24%	21%	33%	37%	27%
											cdg	cd					
Strongly disagree	(1.0)	729	42	152	159	76	82	218	352	376	646	19	31	26	3	4	82
		36%	22%	34%	33%	30%	38%	46%	32%	40%	37%	33%	24%	33%	16%	32%	28%
				a	a		adg	abcdgh	a	acdg	cg						
Don't know		104	11	11	20	11	9	41	43	61	90	1	5	2	1	1	10
		5%	6%	3%	4%	4%	4%	9%	4%	6%	5%	2%	4%	3%	5%	5%	3%
			b					bcdeg		bg							
NET: Agree		532	82	129	128	81	53	59	339	193	397	15	65	33	7	3	124
		26%	43%	29%	27%	32%	24%	12%	31%	20%	23%	27%	49%	43%	46%	26%	42%
			bcdefgh	fh	fh	fh	f		fh	f			ab	a			ab
NET: Disagree		1417	97	301	329	162	154	374	727	690	1247	40	62	43	8	9	161
		69%	51%	68%	69%	64%	71%	79%	66%	73%	72%	71%	47%	54%	49%	69%	55%
				a	a	a	a	abcdegh	a	adg	cdg	cdg					
Base for stats		1949	179	431	457	244	206	433	1066	883	1644	55	127	76	15	12	285
Mean Score		1.99	2.41	2.03	2.03	2.12	1.96	1.67	2.10	1.86	1.93	2.07	2.49	2.26	2.41	1.93	2.32
			bcdefgh	fh	fh	fh	f		fh	f			ab	a			a
Standard Deviation		.960	1.045	.949	.967	.957	.990	.807	.983	.915	.927	1.015	1.088	1.104	.916	.811	1.069
Standard Error		.022	.077	.046	.045	.058	.065	.042	.030	.031	.023	.131	.092	.120	.229	.225	.060
Error variance		*	.01	*	*	*	*	*	*	*	*	.02	.01	.01	.05	.05	*

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Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	178	72	37	51	88	13	23	72	19	5	6	9	13	14	4	36
		9%	6%	11%	15%	13%	25%	21%	10%	7%	7%	11%	8%	12%	9%	1%	22%
				a	a	a	cdeghij	cdegij	j	j	j	j	j	j	j		cdeghij
Tend to agree	(3.0)	354	176	73	83	155	11	26	171	46	17	4	22	20	16	21	37
		17%	14%	21%	25%	23%	22%	23%	23%	18%	26%	7%	20%	19%	10%	5%	23%
				a	a	a	fij	fij	fij	ij	fij		fij	fij	j		fij
Tend to disagree	(2.0)	689	456	101	102	203	13	33	224	108	15	19	31	33	53	161	46
		34%	36%	29%	30%	30%	25%	30%	31%	42%	23%	37%	28%	32%	33%	40%	28%
			bd							abcegk						acegk	
Strongly disagree	(1.0)	729	490	125	87	212	14	28	241	78	26	22	40	30	64	186	42
		36%	39%	36%	26%	31%	27%	25%	33%	30%	40%	43%	36%	29%	39%	46%	26%
			cd	c							bk	bk			bdk	abcdhk	
Don't know		104	67	13	12	26	1	1	25	8	2	1	9	8	15	34	2
		5%	5%	4%	4%	4%	1%	1%	3%	3%	4%	3%	8%	7%	9%	8%	1%
													bcdk	bcdk	bcdk	bcdk	
NET: Agree		532	248	110	133	243	24	49	243	65	22	9	31	32	31	25	73
		26%	20%	31%	40%	36%	46%	44%	33%	25%	33%	18%	28%	32%	19%	6%	45%
				a	ab	a	cdfgij	cdfghij	dfij	j	ij		j	j	ij	j	cdfghij
NET: Disagree		1417	946	227	189	416	28	61	465	186	41	41	71	62	117	346	88
		69%	75%	65%	56%	61%	52%	55%	63%	72%	63%	80%	64%	61%	72%	85%	54%
			bcd	c					k	abchk		abchk			abchk	abcdeghik	
Base for stats		1949	1194	337	323	659	52	110	708	251	62	50	102	95	148	371	162
Mean Score		1.99	1.86	2.07	2.30	2.18	2.44	2.41	2.10	2.03	2.00	1.86	2.00	2.16	1.87	1.58	2.42
				a	ab	a	cdefgij	cdefgij	ij	j	j		j	ij	j		cdefghij
Standard Deviation		.960	.882	1.015	1.033	1.030	1.152	1.090	.990	.896	1.003	.976	.988	1.020	.960	.653	1.106
Standard Error		.022	.025	.057	.059	.041	.153	.100	.036	.055	.122	.142	.092	.093	.079	.040	.083
Error variance		*	*	*	*	*	.02	.01	*	*	.02	.02	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	178	57	42	15	8	57	65	50	48	19	6	68	56	19	70	71	19	160
	9%	9%	12%	9%	17%	11%	10%	8%	17%	10%	16%	14%	8%	5%	7%	13%	18%	9%
									acf			af				abe	abe	ab
Tend to agree (3.0)	354	127	74	37	13	111	140	132	85	29	9	114	141	47	145	137	24	306
	17%	21%	21%	22%	28%	22%	22%	20%	31%	15%	24%	24%	20%	14%	14%	25%	24%	18%
									acf			c				abe	ab	b
Tend to disagree (2.0)	689	202	106	48	19	154	221	222	71	67	18	138	240	112	385	165	26	576
	34%	33%	31%	29%	41%	30%	34%	34%	25%	35%	48%	29%	34%	33%	37%	30%	26%	34%
								b		b	be		b		cd			
Strongly disagree (1.0)	729	198	113	62	6	175	203	230	73	68	5	141	235	144	400	159	26	585
	36%	33%	33%	38%	12%	34%	31%	35%	26%	36%	13%	30%	34%	42%	38%	28%	26%	34%
		d	d	d		d	d	bd		bd		d	bd	cde	cde			c
Don't know	104	20	10	4	1	14	20	24	2	8	-	10	24	18	54	27	6	86
	5%	3%	3%	2%	1%	3%	3%	4%	1%	4%	-	2%	3%	5%	5%	5%	6%	5%
								b		b			b					
NET: Agree	532	184	115	52	21	167	205	181	134	48	15	182	196	66	215	208	42	466
	26%	30%	33%	31%	45%	33%	32%	28%	48%	25%	39%	39%	28%	19%	20%	37%	42%	27%
					af				acef			acf				abe	abe	ab
NET: Disagree	1417	400	219	110	24	329	424	452	144	136	23	279	475	256	784	324	52	1161
	69%	66%	64%	66%	53%	65%	65%	69%	51%	71%	61%	59%	68%	75%	74%	58%	52%	68%
								be		be		b	be	cde	cde			cd
Base for stats	1949	584	334	162	45	497	629	633	278	183	38	461	671	322	999	533	95	1627
Mean Score	1.99	2.07	2.13	2.03	2.51	2.10	2.10	2.00	2.39	1.99	2.42	2.23	2.02	1.82	1.88	2.23	2.37	2.02
					abcef				acef		acf	acf				abe	abe	ab
Standard Deviation	.960	.970	1.021	.994	.934	1.012	.974	.941	1.058	.976	.916	1.043	.944	.890	.901	1.021	1.088	.970
Standard Error	.022	.039	.055	.077	.135	.045	.038	.036	.062	.072	.143	.048	.035	.050	.029	.043	.106	.024
Error variance	*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	178	76	80	40	32	17	96	78	8	152	26	149	26
	9%	19%	6%	12%	8%	20%	7%	11%	8%	9%	6%	9%	9%
		b		bd		bdef		d		b			
Tend to agree (3.0)	354	103	193	64	63	16	220	121	20	285	68	283	67
	17%	26%	15%	19%	15%	19%	17%	17%	20%	17%	16%	16%	22%
		b											a
Tend to disagree (2.0)	689	123	438	97	141	27	440	231	30	532	157	589	94
	34%	31%	34%	29%	34%	32%	34%	32%	30%	33%	37%	34%	31%
Strongly disagree (1.0)	729	83	492	107	160	22	465	249	36	581	148	631	95
	36%	21%	39%	32%	39%	26%	36%	35%	36%	36%	35%	36%	31%
			a		c		c						
Don't know	104	12	68	22	19	3	58	38	6	81	23	78	22
	5%	3%	5%	7%	5%	4%	5%	5%	6%	5%	5%	4%	7%
													a
NET: Agree	532	179	274	104	95	33	316	200	28	437	94	432	93
	26%	45%	22%	32%	23%	39%	25%	28%	28%	27%	22%	25%	31%
		b		bd		bde							a
NET: Disagree	1417	206	929	204	300	49	906	480	66	1113	305	1220	188
	69%	52%	73%	62%	73%	57%	71%	67%	66%	68%	72%	71%	62%
			a		ace		ac					b	
Base for stats	1949	385	1203	308	395	82	1221	680	94	1550	399	1652	281
Mean Score	1.99	2.45	1.89	2.12	1.92	2.34	1.96	2.04	1.99	2.01	1.93	1.97	2.09
		b		bd		bdef		b					a
Standard Deviation	.960	1.037	.907	1.033	.939	1.086	.934	1.003	.967	.976	.895	.956	.972
Standard Error	.022	.052	.026	.057	.048	.115	.027	.038	.098	.025	.046	.024	.056
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	178	8	7	27	43	37	26	8	22	114	56	39	47	50	42	34	48	57	35
	9%	2%	4%	9%	11%	14%	12%	10%	10%	10%	11%	8%	8%	7%	16%	6%	9%	9%	14%
				ab	ab	ab	ab	ab	ab	ab	ab				abc		a	a	ac
Tend to agree (3.0)	354	23	28	53	94	54	45	16	40	229	102	63	113	121	51	71	101	125	52
	17%	6%	15%	18%	24%	21%	21%	21%	18%	20%	20%	13%	20%	17%	20%	12%	20%	20%	20%
			a	a	abc	a	a	a	a	a	a		a		a		a	a	a
Tend to disagree (2.0)	689	139	75	119	136	77	71	21	53	405	145	157	185	269	68	198	197	220	67
	34%	35%	41%	39%	34%	29%	33%	28%	24%	35%	28%	33%	33%	37%	27%	32%	38%	35%	26%
		hj	eghj	ehj	h		h			hj				d			ad	d	
Strongly disagree (1.0)	729	194	60	92	103	86	65	32	98	340	195	193	194	254	84	281	152	203	82
	36%	49%	33%	30%	26%	33%	31%	41%	44%	30%	38%	40%	34%	35%	33%	46%	30%	32%	32%
		bcdefij			d			di	bcdefi		cdi					bcd			
Don't know	104	32	14	11	24	9	5	-	8	58	14	30	23	29	11	28	17	28	19
	5%	8%	8%	4%	6%	3%	2%	-	4%	5%	3%	6%	4%	4%	4%	5%	3%	4%	8%
		cefghij	cefgj		fgj					gj									b
NET: Agree	532	31	35	80	138	90	71	24	62	343	157	102	161	170	93	105	150	182	87
	26%	8%	19%	27%	34%	35%	33%	31%	28%	30%	31%	21%	29%	24%	36%	17%	29%	29%	34%
			a	ab	abc	abc	ab	ab	ab	ab	ab		ac		abc		a	a	a
NET: Disagree	1417	333	134	210	238	163	136	53	151	745	339	350	379	523	152	479	349	423	148
	69%	84%	73%	70%	60%	62%	64%	69%	68%	65%	66%	73%	67%	72%	59%	78%	68%	67%	58%
		bcdefghij	defi	d						d	d	d	d	bd		bcd	d	d	
Base for stats	1949	364	169	291	376	253	207	77	213	1089	497	452	539	694	244	583	499	606	235
Mean Score	1.99	1.58	1.89	2.06	2.21	2.16	2.15	2.01	1.93	2.11	2.04	1.88	2.03	1.95	2.21	1.76	2.09	2.06	2.17
			a	a	abchj	abh	abh	a	a	abh	a		a		abc		a	a	a
Standard Deviation	.960	.711	.821	.936	.972	1.053	1.009	1.023	1.030	.965	1.023	.947	.960	.909	1.093	.883	.943	.958	1.069
Standard Error	.022	.039	.063	.054	.049	.065	.069	.116	.071	.029	.046	.044	.041	.035	.070	.037	.042	.039	.070
Error variance	*	*	*	*	*	*	*	.01	.01	*	*	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.7. I feel guilty about wanting to exercise during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	178	105	34	35
		9%	15%	4%	7%
			bc		
Tend to agree	(3.0)	354	157	116	75
		17%	22%	15%	14%
			bc		
Tend to disagree	(2.0)	689	216	268	202
		34%	30%	34%	38%
					a
Strongly disagree	(1.0)	729	219	318	189
		36%	31%	40%	36%
				a	a
Don't know		104	18	53	23
		5%	2%	7%	4%
				a	
NET: Agree		532	262	150	111
		26%	37%	19%	21%
			bc		
NET: Disagree		1417	435	586	391
		69%	61%	74%	75%
				a	a
Base for stats		1949	697	736	502
Mean Score		1.99	2.21	1.82	1.91
			bc		
Standard Deviation		.960	1.049	.863	.896
Standard Error		.022	.039	.033	.040
Error variance		*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	442	224	216	154	169	119	26	60	32	46	41	43	82	66	47
		22%	22%	21%	25% c	25% c	16%	26% c	22%	16%	21%	23%	19%	25% c	20%	22%
Tend to agree	(3.0)	970	474	493	291	322	356	49	119	101	106	76	114	156	143	106
		47%	47%	47%	47%	48%	47%	50%	45%	50%	49%	43%	50%	48%	43%	50%
Tend to disagree	(2.0)	369	164	203	113	112	144	17	39	42	32	35	39	55	75	35
		18%	16%	19%	18%	17%	19%	17%	15%	21%	15%	20%	17%	17%	22% bd	17%
Strongly disagree	(1.0)	187	95	91	45	49	93	3	39	18	21	18	22	17	33	15
		9%	10%	9%	7%	7%	12% ab	3%	15% agi	9%	10% ag	10% ag	10% a	5%	10% ag	7%
Don't know		85	45	40	15	23	47	3	10	8	10	7	8	13	18	8
		4%	5%	4%	2%	3%	6% ab	3%	4%	4%	5%	4%	4%	4%	5%	4%
NET: Agree		1412	698	709	446	491	476	75	179	134	152	117	158	238	209	152
		69%	70%	68%	72% c	73% c	63%	76% h	67%	66%	71% h	66%	69%	74% h	62%	73% h
NET: Disagree		556	259	295	158	160	237	20	79	59	53	53	62	73	108	50
		27%	26%	28%	26%	24%	31% ab	20%	29%	29%	25%	30%	27%	22%	32% adgi	24%
Base for stats		1968	957	1004	604	651	713	95	257	193	205	170	219	310	317	202
Mean Score		2.85	2.86	2.83	2.92 c	2.94 c	2.70	3.02 bcfh	2.77	2.77	2.86	2.82	2.81	2.97 bcefh	2.77	2.91
Standard Deviation		.877	.887	.868	.857	.853	.898	.767	.973	.835	.881	.923	.868	.816	.901	.832
Standard Error		.020	.029	.027	.032	.033	.038	.075	.060	.062	.056	.066	.068	.047	.049	.064
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	442	70	96	119	43	40	75	284	158	363	13	33	21	3	4	74
		22%	37%	22%	25%	17%	18%	16%	26%	17%	21%	23%	25%	26%	22%	32%	25%
			bcdefgh	fh	dfh				defh								
Tend to agree	(3.0)	970	73	243	234	126	93	202	550	420	822	25	63	38	9	5	139
		47%	38%	55%	49%	49%	43%	43%	50%	45%	47%	44%	48%	48%	56%	37%	47%
				aefh	a	a			afh								
Tend to disagree	(2.0)	369	29	67	68	54	52	100	164	205	314	13	21	13	3	2	50
		18%	15%	15%	14%	21%	24%	21%	15%	22%	18%	22%	16%	16%	17%	13%	17%
						bcg	abcg	bcg		abcg							
Strongly disagree	(1.0)	187	12	28	38	23	23	63	78	109	168	2	8	4	1	2	17
		9%	6%	6%	8%	9%	10%	13%	7%	12%	10%	4%	6%	5%	5%	19%	6%
							b	abcg		abcg	g						
Don't know		85	7	8	18	8	9	34	34	51	67	3	7	3	-	-	14
		4%	4%	2%	4%	3%	4%	7%	3%	5%	4%	6%	6%	4%	-	-	5%
								bcdg		bg							
NET: Agree		1412	142	339	353	169	132	277	834	578	1184	38	96	59	12	9	213
		69%	75%	77%	74%	66%	62%	58%	75%	61%	68%	68%	73%	75%	78%	68%	72%
			defh	defh	defh	f			defh								
NET: Disagree		556	41	95	106	77	74	163	241	314	482	15	28	17	4	4	67
		27%	21%	21%	22%	30%	34%	34%	22%	33%	28%	26%	22%	21%	22%	32%	23%
						abcg	abcg	abcg		abcg							
Base for stats		1968	183	433	459	246	207	440	1075	893	1667	53	124	75	16	13	281
Mean Score		2.85	3.09	2.94	2.94	2.77	2.72	2.66	2.97	2.70	2.83	2.93	2.98	3.00	2.94	2.81	2.96
			bdefh	defh	defh				defh								a
Standard Deviation		.877	.892	.793	.859	.849	.898	.926	.840	.899	.883	.813	.826	.817	.797	1.127	.830
Standard Error		.020	.065	.039	.040	.051	.059	.047	.026	.030	.022	.107	.070	.089	.193	.301	.047
Error variance		*	*	*	*	*	*	*	*	*	*	.01	*	.01	.04	.09	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	442	237	90	84	174	17	32	176	53	15	16	21	31	29	52	50
		22%	19%	26%	25%	25%	33%	29%	24%	20%	23%	31%	19%	31%	18%	13%	30%
				a	a	a	dgij	ij	j	j	j	ij		dgij			dgij
Tend to agree	(3.0)	970	594	171	167	338	18	55	361	137	27	21	52	47	56	196	73
		47%	47%	49%	50%	49%	34%	50%	49%	53%	42%	41%	47%	46%	34%	48%	45%
								ai	ai	ai			i	i		ai	
Tend to disagree	(2.0)	369	244	50	52	103	11	19	116	43	14	8	22	15	43	80	30
		18%	19%	14%	16%	15%	21%	17%	16%	16%	21%	16%	19%	14%	27%	20%	18%
			bd												cdh		
Strongly disagree	(1.0)	187	127	28	23	51	4	4	54	20	8	6	10	8	19	53	8
		9%	10%	8%	7%	7%	8%	3%	7%	8%	12%	12%	9%	8%	12%	13%	5%
											bk	b			bk	bcdk	
Don't know		85	59	11	9	20	3	1	27	6	1	-	6	1	16	25	3
		4%	5%	3%	3%	3%	5%	1%	4%	2%	2%	-	6%	1%	10%	6%	2%
													bh		bcdefhk	bdhk	
NET: Agree		1412	831	261	251	512	35	87	537	190	42	37	73	78	84	248	122
		69%	66%	75%	75%	75%	67%	79%	73%	73%	65%	72%	66%	77%	52%	61%	75%
				a	a	a		egij	ij	ij		i	i	ij			ij
NET: Disagree		556	371	78	75	153	15	23	169	63	21	14	32	23	62	133	38
		27%	29%	22%	22%	22%	28%	20%	23%	24%	33%	28%	29%	23%	38%	33%	23%
			bcd												bcdhk	bcdhk	
Base for stats		1968	1201	339	327	665	50	110	706	253	64	51	105	101	147	381	160
Mean Score		2.85	2.78	2.95	2.96	2.95	2.97	3.06	2.93	2.88	2.78	2.91	2.80	2.99	2.64	2.65	3.03
				a	a	a	ij	egij	ij	ij				ij			egij
Standard Deviation		.877	.880	.860	.837	.848	.947	.775	.845	.829	.950	.984	.876	.892	.942	.885	.831
Standard Error		.020	.025	.048	.048	.034	.127	.071	.031	.051	.115	.141	.080	.079	.078	.054	.063
Error variance		*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	442	139	89	42	9	131	149	161	69	47	8	116	169	64	215	137	26	378
		22%	23%	26%	25%	20%	26%	23%	24%	25%	25%	21%	25%	24%	19%	20%	25%	26%	22%
																	a		
Tend to agree	(3.0)	970	291	177	84	22	261	313	312	150	90	21	240	333	152	495	276	46	818
		47%	48%	51%	51%	48%	51%	48%	47%	53%	47%	56%	51%	48%	45%	47%	49%	46%	48%
Tend to disagree	(2.0)	369	103	47	25	10	72	113	108	45	31	4	76	112	73	196	82	18	296
		18%	17%	14%	15%	22%	14%	17%	16%	16%	16%	10%	16%	16%	22%	19%	15%	18%	17%
															c	c			
Strongly disagree	(1.0)	187	49	23	10	4	34	53	55	9	18	4	28	59	33	101	47	5	154
		9%	8%	7%	6%	9%	7%	8%	8%	3%	10%	10%	6%	8%	10%	10%	8%	5%	9%
									b		b	b		b					
Don't know		85	21	8	5	-	12	21	22	6	4	1	11	23	18	45	17	5	67
		4%	3%	2%	3%	-	2%	3%	3%	2%	2%	3%	2%	3%	5%	4%	3%	5%	4%
NET: Agree		1412	430	266	126	31	392	462	472	219	138	29	356	502	216	711	413	72	1196
		69%	71%	77%	76%	68%	77%	71%	72%	78%	72%	77%	76%	72%	64%	67%	74%	72%	70%
				af			af			af							ab		a
NET: Disagree		556	152	70	35	15	106	167	163	55	49	8	104	171	106	297	129	24	450
		27%	25%	20%	21%	32%	21%	26%	25%	20%	26%	20%	22%	25%	31%	28%	23%	24%	26%
								e							c	c			
Base for stats		1968	582	337	161	46	498	628	636	274	187	37	460	673	322	1007	542	96	1646
Mean Score		2.85	2.90	2.99	2.98	2.79	2.98	2.89	2.91	3.02	2.89	2.90	2.97	2.91	2.77	2.82	2.93	2.96	2.86
																	ab	a	
Standard Deviation		.877	.861	.827	.821	.884	.824	.863	.874	.747	.897	.866	.813	.873	.886	.882	.864	.832	.875
Standard Error		.020	.035	.044	.063	.126	.036	.033	.034	.044	.066	.137	.037	.033	.050	.028	.036	.080	.021
Error variance		*	*	*	*	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*

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Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	442	107	263	85	62	16	293	140	16	357	85	394	47
	22%	27%	21%	26%	15%	19%	23%	20%	16%	22%	20%	23%	16%
		b		bef			b					b	
Tend to agree (3.0)	970	180	617	143	178	39	635	310	48	777	193	827	137
	47%	45%	49%	43%	43%	46%	50%	43%	48%	48%	46%	48%	45%
							abe						
Tend to disagree (2.0)	369	70	218	55	94	21	209	149	19	290	79	302	61
	18%	18%	17%	17%	23%	25%	16%	21%	19%	18%	19%	17%	20%
					ad	d		d					
Strongly disagree (1.0)	187	29	122	35	61	7	93	90	12	140	47	146	39
	9%	7%	10%	10%	15%	9%	7%	12%	12%	9%	11%	8%	13%
				d	d			d					a
Don't know	85	10	51	13	19	2	49	28	5	66	19	61	19
	4%	3%	4%	4%	5%	2%	4%	4%	5%	4%	4%	4%	6%
													a
NET: Agree	1412	287	880	227	240	55	929	450	64	1135	278	1221	185
	69%	72%	69%	69%	58%	64%	73%	63%	64%	70%	66%	71%	61%
				be			be					b	
NET: Disagree	556	99	340	90	154	29	302	239	31	430	126	448	100
	27%	25%	27%	27%	37%	34%	24%	33%	31%	26%	30%	26%	33%
					ad	d		ad					a
Base for stats	1968	386	1220	317	394	83	1230	689	95	1565	403	1669	285
Mean Score	2.85	2.95	2.84	2.87	2.61	2.75	2.92	2.73	2.73	2.86	2.78	2.88	2.68
		b		be			bef					b	
Standard Deviation	.877	.871	.877	.929	.928	.866	.839	.931	.890	.868	.908	.868	.909
Standard Error	.020	.043	.025	.050	.048	.091	.024	.035	.089	.022	.046	.021	.052
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	442	22	23	44	96	68	67	29	94	231	189	80	114	158	87	113	117	143	67
	22%	5%	13%	15%	24%	26%	31%	37%	42%	20%	37%	17%	20%	22%	34%	18%	23%	23%	26%
			a	a	abc	abci	abcdi	abcdi	abcdefi	abc	abcdei			a	abc				a
Tend to agree (3.0)	970	97	97	170	214	150	107	39	97	630	243	215	278	362	106	284	250	324	100
	47%	24%	53%	56%	53%	57%	50%	50%	44%	55%	48%	45%	49%	50%	41%	46%	48%	51%	39%
			a	ahj	ah	ahj	a	a	a	ahj	a		d	d		d	d	d	
Tend to disagree (2.0)	369	126	43	50	67	30	29	6	17	190	53	102	105	123	34	113	94	105	52
	18%	32%	23%	17%	17%	12%	14%	8%	8%	17%	10%	21%	19%	17%	13%	18%	18%	17%	20%
		bcdefghij	efghij	hj	ghj		h			eghj		d							
Strongly disagree (1.0)	187	106	15	28	13	9	6	2	7	65	15	67	49	53	15	79	37	46	20
	9%	27%	8%	9%	3%	3%	3%	3%	3%	6%	3%	14%	9%	7%	6%	13%	7%	7%	8%
		bcdefghij	defhj	defhij						j		bcd				bcd			
Don't know	85	45	5	10	9	5	3	1	6	30	10	18	15	26	13	23	19	16	17
	4%	11%	3%	3%	2%	2%	1%	1%	3%	3%	2%	4%	3%	4%	5%	4%	4%	3%	7%
		bcdefghij																	c
NET: Agree	1412	119	120	213	310	218	173	67	191	861	432	295	392	520	193	397	367	467	166
	69%	30%	66%	71%	77%	83%	82%	88%	86%	75%	85%	61%	70%	72%	76%	65%	71%	74%	65%
			a	a	abc	abci	abci	abcdi	abcdi	ab	abcdi		a	a	a			a	ad
NET: Disagree	556	232	58	78	81	39	35	9	24	255	68	170	154	176	49	192	131	151	72
	27%	59%	32%	26%	20%	15%	17%	11%	11%	22%	13%	35%	27%	24%	19%	31%	25%	24%	28%
		bcdefghij	defghij	efghj	hj					eghj		bcd	d			bc			
Base for stats	1968	351	178	291	391	257	209	76	216	1117	500	465	546	696	242	589	498	618	238
Mean Score	2.85	2.10	2.72	2.79	3.01	3.08	3.12	3.23	3.29	2.92	3.21	2.66	2.84	2.90	3.09	2.73	2.90	2.91	2.89
			a	a	abc	abci	abci	abcdi	abcdefi	abc	abcdei		a	a	abc		a	a	a
Standard Deviation	.877	.905	.795	.814	.747	.719	.750	.732	.751	.778	.750	.927	.858	.836	.865	.921	.843	.833	.908
Standard Error	.020	.050	.060	.047	.037	.044	.051	.083	.052	.023	.033	.043	.036	.032	.056	.038	.038	.034	.059
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.9. I exercise to help manage my physical health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	442	241	128	71
		22%	34%	16%	14%
			bc		
Tend to agree	(3.0)	970	366	359	236
		47%	51%	46%	45%
			bc		
Tend to disagree	(2.0)	369	80	161	125
		18%	11%	20%	24%
				a	a
Strongly disagree	(1.0)	187	19	92	74
		9%	3%	12%	14%
				a	a
Don't know		85	10	49	18
		4%	1%	6%	3%
				ac	a
NET: Agree		1412	606	487	307
		69%	85%	62%	59%
			bc		
NET: Disagree		556	99	253	200
		27%	14%	32%	38%
				a	ab
Base for stats		1968	705	740	506
Mean Score		2.85	3.17	2.71	2.60
			bc	c	
Standard Deviation		.877	.729	.897	.903
Standard Error		.020	.027	.034	.040
Error variance		*	*	*	*

Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	471	200	268	188	173	110	27	65	33	52	44	41	95	69	46
		23%	20%	26%	30%	26%	14%	28%	24%	16%	24%	25%	18%	29%	20%	22%
				a	bc	c		c	c		c	c		cfh		
Tend to agree	(3.0)	862	414	446	266	297	299	46	105	91	91	65	106	134	137	86
		42%	41%	43%	43%	44%	39%	47%	39%	45%	42%	37%	47%	41%	41%	41%
Tend to disagree	(2.0)	401	209	193	102	115	185	18	48	44	37	41	44	61	71	38
		20%	21%	18%	16%	17%	24%	18%	18%	22%	17%	23%	19%	19%	21%	18%
							ab									
Strongly disagree	(1.0)	231	131	97	47	61	123	3	36	27	27	18	27	24	42	27
		11%	13%	9%	8%	9%	16%	3%	14%	13%	12%	10%	12%	7%	12%	13%
			b				ab		ag	ag	ag	a	a		ag	a
Don't know		89	49	39	17	29	43	3	13	6	9	9	9	10	17	13
		4%	5%	4%	3%	4%	6%	3%	5%	3%	4%	5%	4%	3%	5%	6%
							a									
NET: Agree		1332	614	715	454	470	409	74	170	124	142	109	147	228	206	132
		65%	61%	68%	73%	70%	54%	75%	64%	61%	66%	62%	65%	71%	62%	63%
				a	c	c		bcehi						ceh		
NET: Disagree		632	340	290	148	175	308	22	84	71	64	59	71	85	112	65
		31%	34%	28%	24%	26%	41%	22%	31%	35%	30%	33%	31%	26%	34%	31%
			b				ab			ag		a			ag	
Base for stats		1964	954	1004	602	645	717	95	254	195	206	168	218	313	318	197
Mean Score		2.80	2.72	2.88	2.99	2.90	2.55	3.02	2.78	2.66	2.81	2.80	2.74	2.96	2.73	2.77
				a	c	c		bcdefhi						bcfhi		
Standard Deviation		.935	.948	.913	.890	.902	.948	.792	.984	.917	.959	.949	.905	.896	.945	.959
Standard Error		.021	.031	.028	.033	.035	.040	.077	.061	.068	.061	.068	.071	.051	.052	.074
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	471	62	113	124	56	41	75	299	172	376	15	38	29	4	3	90
		23%	33%	26%	26%	22%	19%	16%	27%	18%	22%	26%	29%	37%	27%	25%	30%
			defh	efh	efh	f			efh				a	a			a
Tend to agree	(3.0)	862	80	194	216	118	89	164	490	371	728	29	53	34	6	6	127
		42%	42%	44%	45%	47%	41%	35%	44%	39%	42%	50%	40%	43%	38%	45%	43%
				f	fh	fh			fh								
Tend to disagree	(2.0)	401	30	88	78	46	45	115	195	206	349	9	26	7	3	2	47
		20%	16%	20%	16%	18%	21%	24%	18%	22%	20%	16%	20%	9%	16%	18%	16%
								acdg		cg	d			d			
Strongly disagree	(1.0)	231	13	41	39	23	31	84	93	138	203	3	8	7	3	2	22
		11%	7%	9%	8%	9%	14%	18%	8%	15%	12%	5%	6%	9%	19%	13%	8%
							abcg	abcdg		abcdg	cg						
Don't know		89	5	7	20	11	10	36	32	57	77	1	6	2	-	-	8
		4%	3%	1%	4%	4%	5%	8%	3%	6%	4%	1%	5%	2%	-	-	3%
					b	b	b	abcg		abg							
NET: Agree		1332	143	307	340	175	130	239	789	543	1104	43	91	63	10	9	217
		65%	75%	69%	71%	69%	60%	50%	71%	58%	64%	77%	70%	80%	65%	70%	74%
			efh	efh	efh	efh	f		efh	f		a		a			a
NET: Disagree		632	43	128	117	69	76	199	288	344	552	12	34	14	5	4	70
		31%	22%	29%	25%	27%	35%	42%	26%	36%	32%	22%	26%	18%	35%	30%	24%
							acdg	abcdgh		abcdg	dg						
Base for stats		1964	185	435	457	243	205	438	1077	887	1657	56	125	77	16	13	286
Mean Score		2.80	3.04	2.87	2.93	2.86	2.68	2.52	2.92	2.65	2.77	2.99	2.97	3.11	2.73	2.82	2.99
			bdefh	efh	efh	efh			efh	f			a	a			a
Standard Deviation		.935	.881	.905	.885	.882	.958	.989	.893	.963	.936	.816	.878	.907	1.086	.991	.890
Standard Error		.021	.064	.044	.041	.053	.063	.050	.027	.032	.023	.105	.075	.097	.263	.265	.050
Error variance		*	*	*	*	*	*	*	*	*	*	.01	.01	.01	.07	.07	*

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	471	232	97	109	207	21	39	187	54	16	19	27	30	29	47	60
	23%	18%	28%	33%	30%	39%	35%	25%	21%	25%	38%	24%	30%	18%	12%	37%
			a	a	a	cdgij	cdij	ij	j	j	dij	j	ij			cdgij
Tend to agree (3.0)	862	536	146	144	290	18	44	321	138	23	13	46	50	53	157	62
	42%	42%	42%	43%	42%	35%	40%	44%	53%	35%	26%	41%	49%	33%	39%	38%
								fi	abcefgijk				fi			
Tend to disagree (2.0)	401	261	66	51	117	7	21	128	45	16	13	20	10	39	101	28
	20%	21%	19%	15%	17%	14%	19%	18%	18%	25%	26%	18%	9%	24%	25%	17%
		c					h	h	h	h	h	h		h	cdh	h
Strongly disagree (1.0)	231	166	29	27	55	5	5	74	16	7	5	13	7	26	73	10
	11%	13%	8%	8%	8%	9%	5%	10%	6%	10%	9%	11%	7%	16%	18%	6%
		bcd												bcdhk	bcdhk	
Don't know	89	66	12	5	16	2	2	23	5	3	1	6	6	15	28	3
	4%	5%	3%	1%	2%	3%	1%	3%	2%	4%	1%	5%	6%	9%	7%	2%
		cd												bcdk	bcdk	
NET: Agree	1332	768	243	253	496	39	83	508	192	39	32	73	80	83	204	122
	65%	61%	70%	76%	72%	74%	75%	69%	74%	61%	64%	65%	78%	51%	50%	75%
			a	a	a	ij	eij	ij	eij				ij	cegij		eij
NET: Disagree	632	427	95	77	172	12	26	203	62	23	18	33	16	65	174	38
	31%	34%	27%	23%	25%	23%	24%	28%	24%	36%	35%	29%	16%	40%	43%	23%
		bcd						h		h	h	h	h	abcdhk	abcdghk	
Base for stats	1964	1195	338	330	669	51	109	711	254	62	50	106	96	148	377	160
Mean Score	2.80	2.70	2.92	3.02	2.97	3.08	3.07	2.87	2.91	2.79	2.94	2.83	3.07	2.58	2.47	3.07
			a	a	a	ij	cegij	ij	ij	j	ij	ij	cegij			cdegij
Standard Deviation	.935	.937	.906	.899	.903	.968	.863	.921	.803	.963	1.011	.952	.838	1.000	.942	.895
Standard Error	.021	.027	.051	.051	.036	.129	.079	.034	.049	.118	.146	.087	.076	.082	.057	.068
Error variance	*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	471	157	84	47	13	131	170	158	91	48	8	139	166	65	216	160	30	406
		23%	26%	24%	28%	29%	26%	26%	24%	32%	25%	22%	29%	24%	19%	20%	29%	30%	24%
										af			af				abe	ab	
Tend to agree	(3.0)	862	274	150	70	19	220	292	302	118	80	16	197	318	136	444	244	37	725
		42%	45%	44%	42%	41%	43%	45%	46%	42%	42%	41%	42%	46%	40%	42%	44%	37%	42%
Tend to disagree	(2.0)	401	100	78	25	10	103	110	111	54	37	10	92	121	74	214	90	23	327
		20%	17%	23%	15%	21%	20%	17%	17%	19%	20%	26%	20%	17%	22%	20%	16%	23%	19%
				acf											c	c			
Strongly disagree	(1.0)	231	55	24	21	4	45	59	66	13	20	4	33	70	45	132	49	5	186
		11%	9%	7%	12%	9%	9%	9%	10%	5%	10%	11%	7%	10%	13%	13%	9%	5%	11%
					b				b		b			b	cd	cd			
Don't know		89	18	8	4	-	12	18	21	4	6	-	10	21	20	47	17	5	69
		4%	3%	2%	2%	-	2%	3%	3%	1%	3%	-	2%	3%	6%	4%	3%	5%	4%
															c				
NET: Agree		1332	431	234	117	32	351	463	460	209	127	24	336	483	201	660	404	68	1131
		65%	71%	68%	70%	70%	69%	71%	70%	74%	67%	63%	71%	70%	59%	63%	72%	67%	66%
																	abe		a
NET: Disagree		632	154	102	46	14	148	168	177	68	57	14	125	191	119	346	139	28	513
		31%	26%	30%	28%	30%	29%	26%	27%	24%	30%	37%	26%	27%	35%	33%	25%	28%	30%
															c	c			c
Base for stats		1964	585	336	162	46	498	631	637	276	185	38	461	674	320	1006	543	96	1644
Mean Score		2.80	2.91	2.87	2.88	2.90	2.88	2.91	2.87	3.04	2.84	2.74	2.96	2.86	2.69	2.74	2.95	2.97	2.82
										acdf							abe	ab	ab
Standard Deviation		.935	.898	.871	.972	.933	.904	.899	.905	.846	.932	.930	.886	.907	.948	.941	.905	.880	.931
Standard Error		.021	.036	.047	.075	.133	.040	.035	.035	.049	.069	.145	.041	.034	.054	.030	.038	.085	.023
Error variance		*	*	*	.01	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	471	126	270	104	78	18	284	174	21	399	72	412	56
		23%	32%	21%	32%	19%	21%	22%	24%	21%	24%	17%	24%	19%
			b		bcdef				b		b		b	
Tend to agree	(3.0)	862	153	557	114	148	32	590	254	38	677	184	740	117
		42%	38%	44%	35%	36%	37%	46%	35%	38%	42%	44%	43%	39%
								abe						
Tend to disagree	(2.0)	401	72	247	55	87	19	243	144	17	312	89	328	71
		20%	18%	19%	17%	21%	23%	19%	20%	17%	19%	21%	19%	23%
Strongly disagree	(1.0)	231	35	144	39	72	9	124	101	15	173	58	187	38
		11%	9%	11%	12%	17%	10%	10%	14%	16%	11%	14%	11%	13%
						ad			d					
Don't know		89	10	53	17	28	8	39	44	9	70	19	63	21
		4%	3%	4%	5%	7%	9%	3%	6%	9%	4%	4%	4%	7%
					d	d	d		d	d				a
NET: Agree		1332	279	827	218	227	49	874	428	59	1076	256	1152	173
		65%	70%	65%	66%	55%	58%	68%	60%	59%	66%	61%	67%	57%
			b		be			bce			b		b	
NET: Disagree		632	107	391	94	159	28	367	245	32	485	147	515	109
		31%	27%	31%	29%	38%	33%	29%	34%	32%	30%	35%	30%	36%
						ad			d			a		a
Base for stats		1964	387	1218	312	386	77	1241	674	91	1561	403	1667	282
Mean Score		2.80	2.96	2.78	2.91	2.60	2.76	2.83	2.74	2.71	2.83	2.67	2.83	2.68
			b		be			be	b		b		b	
Standard Deviation		.935	.938	.922	1.002	1.009	.940	.893	1.005	1.011	.934	.930	.929	.943
Standard Error		.021	.047	.027	.055	.052	.102	.025	.038	.104	.023	.047	.023	.054
Error variance		*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active											Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	471	19	25	58	96	80	78	24	91	259	193	95	126	156	89	121	115	148	81
	23%	5%	14%	19%	24%	31%	37%	31%	41%	23%	38%	20%	22%	22%	35%	20%	22%	23%	32%
			a	a	ab	abci	abcdi	abc	abcdei	ab	abcdei				abc				abc
Tend to agree (3.0)	862	81	89	146	199	122	98	38	88	557	224	192	245	321	97	247	230	290	86
	42%	21%	49%	49%	50%	47%	46%	49%	40%	49%	44%	40%	44%	44%	38%	40%	45%	46%	34%
			a	ah	ah	a	a	a	a	ah	a						d	d	
Tend to disagree (2.0)	401	139	40	61	62	42	23	11	24	205	58	97	122	147	30	132	105	111	47
	20%	35%	22%	20%	16%	16%	11%	14%	11%	18%	11%	20%	22%	20%	12%	22%	20%	18%	18%
		bcdefghij	fhj	fhj						fhj		d	d	d					
Strongly disagree (1.0)	231	118	18	26	26	12	11	5	15	82	31	75	53	71	27	83	50	62	28
	11%	30%	10%	9%	6%	5%	5%	6%	7%	7%	6%	16%	9%	10%	11%	14%	10%	10%	11%
		bcdefghij	e	e								bc				c			
Don't know	89	40	11	11	17	6	1	-	4	44	5	24	16	27	12	29	16	22	13
	4%	10%	6%	4%	4%	2%	1%	-	2%	4%	1%	5%	3%	4%	5%	5%	3%	4%	5%
		cdefghij	efghj	fj	fj					fj									
NET: Agree	1332	100	114	204	295	202	176	62	179	816	416	286	371	477	186	368	345	438	167
	65%	25%	62%	68%	74%	77%	83%	80%	81%	71%	82%	59%	66%	66%	73%	60%	67%	69%	65%
			a	a	ab	abci	abcdi	abc	abci	ab	abcdi		a	a	ac		a	a	
NET: Disagree	632	257	58	87	88	54	35	15	39	286	88	172	175	218	57	215	156	173	75
	31%	65%	32%	29%	22%	21%	16%	20%	17%	25%	17%	36%	31%	30%	22%	35%	30%	27%	29%
		bcdefghij	defhj	defhj						fhj		cd	d	d		c			
Base for stats	1964	357	172	291	383	256	210	77	217	1102	505	459	546	696	243	583	501	611	242
Mean Score	2.80	2.00	2.70	2.81	2.95	3.06	3.15	3.06	3.17	2.90	3.15	2.67	2.81	2.81	3.02	2.70	2.82	2.86	2.91
			a	a	abc	abci	abcd	abc	abcdi	ab	abcdi		a	a	abc		a	a	a
Standard Deviation	.935	.877	.846	.857	.826	.812	.821	.834	.881	.842	.849	.982	.900	.899	.970	.954	.900	.900	.995
Standard Error	.021	.048	.064	.049	.042	.050	.056	.094	.061	.025	.038	.045	.038	.035	.063	.039	.040	.037	.064
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

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Q9.10. I exercise to help manage my mental health during the outbreak: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	471	266	125	77
		23%	37%	16%	15%
			bc		
Tend to agree	(3.0)	862	310	333	214
		42%	43%	42%	41%
Tend to disagree	(2.0)	401	85	173	139
		20%	12%	22%	27%
				a	a
Strongly disagree	(1.0)	231	42	116	68
		11%	6%	15%	13%
				a	a
Don't know		89	12	41	26
		4%	2%	5%	5%
				a	a
NET: Agree		1332	576	459	291
		65%	81%	58%	55%
			bc		
NET: Disagree		632	127	290	208
		31%	18%	37%	40%
				a	a
Base for stats		1964	703	748	498
Mean Score		2.80	3.14	2.62	2.60
			bc		
Standard Deviation		.935	.849	.939	.908
Standard Error		.021	.031	.035	.040
Error variance		*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	458	191	264	143	158	157	24	57	37	56	43	43	81	75	42
		22%	19%	25% a	23%	23%	21%	25%	21%	18%	26%	24%	19%	25%	22%	20%
Tend to agree	(3.0)	797	387	409	247	264	286	42	101	86	76	68	96	114	125	90
		39%	39%	39%	40%	39%	38%	42%	38%	43%	36%	38%	42%	35%	37%	43%
Tend to disagree	(2.0)	467	249	216	130	151	186	20	59	45	46	38	49	81	81	48
		23%	25% b	21%	21%	22%	25%	20%	22%	22%	21%	22%	22%	25%	24%	23%
Strongly disagree	(1.0)	244	126	119	74	79	91	7	39	29	28	22	29	33	38	18
		12%	13%	11%	12%	12%	12%	7%	15% a	15%	13%	13%	13%	10%	11%	9%
Don't know		87	50	36	24	22	40	6	12	4	8	6	10	14	16	11
		4%	5%	3%	4%	3%	5%	6%	4%	2%	4%	3%	4%	4%	5%	5%
NET: Agree		1256	578	673	390	422	443	66	158	123	132	111	139	195	199	132
		61%	58%	64% a	63%	63%	58%	67%	59%	61%	61%	63%	61%	60%	60%	63%
NET: Disagree		711	374	334	204	229	277	27	97	74	75	60	78	114	119	67
		35%	37% b	32%	33%	34%	37%	27%	36%	37%	35%	34%	34%	35%	36%	32%
Base for stats		1966	952	1007	595	652	720	93	255	198	207	171	217	309	318	199
Mean Score		2.75	2.68	2.81 a	2.77	2.77	2.71	2.90 c	2.69	2.66	2.77	2.77	2.71	2.78	2.74	2.79
Standard Deviation		.951	.941	.956	.954	.951	.947	.878	.984	.950	.998	.972	.937	.954	.949	.884
Standard Error		.021	.031	.030	.036	.036	.039	.086	.061	.070	.063	.069	.073	.055	.052	.068
Error variance		*	*	*	*	*	*	.01	*	*	*	*	.01	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	458	53	95	95	64	43	109	242	216	372	14	36	22	3	5	81
		22%	28%	21%	20%	25%	20%	23%	22%	23%	21%	25%	28%	28%	21%	43%	28%
			c														a
Tend to agree	(3.0)	797	77	168	200	104	78	171	445	353	678	21	55	24	8	1	109
		39%	40%	38%	42%	41%	36%	36%	40%	37%	39%	37%	42%	31%	51%	6%	37%
Tend to disagree	(2.0)	467	42	115	104	59	55	93	260	206	404	10	27	16	3	2	58
		23%	22%	26%	22%	23%	25%	20%	23%	22%	23%	18%	20%	20%	19%	19%	20%
				f													
Strongly disagree	(1.0)	244	15	53	57	22	33	64	125	119	210	8	7	14	1	3	33
		12%	8%	12%	12%	9%	15%	13%	11%	13%	12%	14%	5%	18%	9%	22%	11%
						ad	d				c	c		c			c
Don't know		87	4	11	21	6	6	37	37	50	69	3	6	2	-	1	13
		4%	2%	3%	4%	2%	3%	8%	3%	5%	4%	5%	5%	3%	-	10%	4%
								abcdeg		bdg							
NET: Agree		1256	129	262	295	168	121	280	687	569	1051	35	91	46	11	6	190
		61%	68%	59%	62%	66%	56%	59%	62%	60%	61%	62%	70%	59%	71%	49%	65%
			befh			e							a				
NET: Disagree		711	57	168	161	81	88	157	386	325	615	18	34	30	4	5	91
		35%	30%	38%	34%	32%	41%	33%	35%	34%	35%	32%	26%	38%	29%	41%	31%
				a			adf				c			c			
Base for stats		1966	186	430	456	249	209	437	1072	894	1665	54	125	76	16	11	282
Mean Score		2.75	2.89	2.70	2.73	2.84	2.63	2.75	2.75	2.75	2.73	2.78	2.97	2.70	2.83	2.78	2.85
			bceg			e							ad				a
Standard Deviation		.951	.910	.947	.929	.908	.985	.992	.935	.970	.948	1.010	.853	1.083	.889	1.329	.973
Standard Error		.021	.066	.046	.043	.055	.064	.051	.029	.032	.023	.134	.072	.117	.215	.384	.055
Error variance		*	*	*	*	*	*	*	*	*	*	.02	.01	.01	.05	.15	*

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Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status											
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	458	275	77	75	152	18	29	157	44	15	14	29	24	38	89	47
		22%	22%	22%	22%	22%	34%	26%	21%	17%	23%	27%	26%	23%	24%	22%	29%
							cd	d					d				cd
Tend to agree	(3.0)	797	485	133	142	275	20	44	298	98	22	21	39	48	51	155	64
		39%	38%	38%	42%	40%	38%	40%	41%	38%	34%	42%	35%	47%	32%	38%	39%
									i					i			
Tend to disagree	(2.0)	467	285	87	73	160	11	25	166	74	15	11	25	13	34	91	36
		23%	23%	25%	22%	23%	22%	22%	23%	29%	24%	21%	23%	13%	21%	23%	22%
								h	h	ch	h		h			h	h
Strongly disagree	(1.0)	244	154	42	39	81	1	12	88	36	10	5	11	12	23	45	13
		12%	12%	12%	12%	12%	3%	11%	12%	14%	16%	9%	10%	12%	14%	11%	8%
									a	a	a			a	a		
Don't know		87	62	12	7	18	2	1	24	6	2	1	7	5	15	24	3
		4%	5%	3%	2%	3%	4%	1%	3%	2%	3%	1%	6%	5%	9%	6%	2%
			cd										b	b	bcdk	bcdk	
NET: Agree		1256	760	210	217	426	38	73	456	142	37	35	68	72	90	245	111
		61%	60%	60%	65%	62%	72%	66%	62%	55%	57%	69%	61%	70%	55%	60%	68%
							di	d	d					di			di
NET: Disagree		711	438	129	112	240	13	37	254	111	26	15	37	25	58	137	49
		35%	35%	37%	33%	35%	24%	33%	35%	43%	40%	30%	33%	24%	36%	34%	30%
									h	achjk	h				h		
Base for stats		1966	1198	338	328	667	51	110	709	253	62	50	105	97	148	381	161
Mean Score		2.75	2.74	2.73	2.77	2.75	3.07	2.83	2.74	2.59	2.67	2.88	2.82	2.87	2.71	2.76	2.90
							cdeij	d	d				d	d			cd
Standard Deviation		.951	.954	.951	.934	.942	.838	.946	.940	.938	1.027	.927	.963	.933	1.025	.945	.918
Standard Error		.021	.027	.053	.053	.038	.112	.087	.034	.057	.125	.134	.089	.084	.084	.057	.069
Error variance		*	*	*	*	*	.01	.01	*	*	.02	.02	.01	.01	.01	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	458	123	86	34	11	119	134	141	65	38	8	103	149	76	224	129	29	382
		22%	20%	25%	20%	24%	23%	21%	21%	23%	20%	20%	22%	21%	22%	21%	23%	29%	22%
Tend to agree	(3.0)	797	252	130	62	15	192	267	271	109	67	16	176	288	116	418	224	39	682
		39%	42%	38%	37%	33%	38%	41%	41%	39%	35%	43%	37%	41%	34%	40%	40%	39%	40% a
Tend to disagree	(2.0)	467	145	79	43	9	122	154	145	72	50	8	123	153	81	246	116	22	385
		23%	24%	23%	26%	20%	24%	24%	22%	26%	26%	22%	26%	22%	24%	23%	21%	22%	23%
Strongly disagree	(1.0)	244	69	39	24	8	63	77	82	31	25	6	56	88	45	118	73	9	199
		12%	11%	11%	15%	18%	12%	12%	13%	11%	13%	15%	12%	13%	13%	11%	13%	9%	12%
Don't know		87	15	11	3	2	13	18	17	3	10	-	13	17	22	47	16	1	64
		4%	3%	3%	2%	5%	3%	3%	3%	1%	5% b	-	3%	3%	7% cde	4%	3%	1%	4%
NET: Agree		1256	374	216	96	26	312	400	413	174	105	24	279	437	192	642	354	68	1064
		61%	62%	63%	58%	57%	61%	62%	63%	62%	55%	63%	59%	63%	56%	61%	63% a	68% a	62%
NET: Disagree		711	214	118	67	17	185	231	227	103	76	14	179	241	126	364	189	31	585
		35%	35%	34%	40%	38%	36%	36%	35%	37%	40%	37%	38%	35%	37%	35%	34%	31%	34%
Base for stats		1966	588	334	163	44	497	632	640	277	181	38	458	678	318	1006	543	99	1649
Mean Score		2.75	2.73	2.79	2.65	2.67	2.74	2.72	2.74	2.75	2.65	2.67	2.71	2.73	2.70	2.74	2.75	2.89	2.76
Standard Deviation		.951	.922	.957	.973	1.064	.964	.932	.946	.938	.966	.976	.950	.947	.986	.933	.965	.933	.944
Standard Error		.021	.037	.052	.075	.155	.043	.036	.036	.055	.072	.152	.044	.035	.056	.030	.040	.089	.023
Error variance		*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	458	114	259	85	104	22	267	175	28	363	95	391	62
	22%	29%	20%	26%	25%	26%	21%	24%	28%	22%	22%	23%	20%
		b											
Tend to agree (3.0)	797	158	506	129	154	25	516	264	42	639	159	688	104
	39%	40%	40%	39%	37%	30%	40%	37%	43%	39%	38%	40%	34%
							c						
Tend to disagree (2.0)	467	74	303	61	81	29	302	155	14	362	105	393	71
	23%	19%	24%	18%	20%	34%	24%	22%	14%	22%	25%	23%	24%
			a			abdef	af						
Strongly disagree (1.0)	244	36	158	40	49	7	150	88	8	199	45	196	45
	12%	9%	12%	12%	12%	8%	12%	12%	8%	12%	11%	11%	15%
Don't know	87	14	44	15	26	1	44	35	7	68	19	61	22
	4%	4%	3%	5%	6%	1%	3%	5%	7%	4%	4%	4%	7%
					cd				c				a
NET: Agree	1256	272	766	214	257	48	783	439	71	1002	254	1079	165
	61%	69%	60%	65%	62%	56%	61%	61%	71%	61%	60%	62%	55%
		b							c			b	
NET: Disagree	711	110	461	100	131	36	452	243	22	561	149	589	116
	35%	28%	36%	30%	32%	43%	35%	34%	22%	34%	35%	34%	38%
			a			abf	f	f					
Base for stats	1966	383	1227	314	388	84	1235	683	93	1563	403	1669	282
Mean Score	2.75	2.92	2.71	2.82	2.80	2.75	2.73	2.77	2.97	2.75	2.75	2.76	2.65
		b							d				
Standard Deviation	.951	.930	.943	.969	.975	.948	.934	.974	.906	.954	.938	.941	.995
Standard Error	.021	.047	.027	.053	.051	.099	.027	.037	.091	.024	.048	.023	.057
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

					Number of days active								Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	458	74	34	67	89	52	51	28	64	242	142	119	107	144	81	55	99	181	117
	22%	19%	19%	22%	22%	20%	24%	36%	29%	21%	28%	25%	19%	20%	32%	9%	19%	29%	46%
								abcdefi	abei		abei	bc			abc		a	ab	abc
Tend to agree (3.0)	797	129	73	133	159	104	89	31	81	468	200	170	257	286	80	164	218	318	90
	39%	32%	40%	44%	40%	40%	42%	40%	37%	41%	39%	35%	46%	40%	31%	27%	42%	50%	35%
				a	a			a		a	a		acd	d			a	abd	a
Tend to disagree (2.0)	467	81	50	64	100	66	51	10	45	280	106	104	119	189	48	212	137	87	23
	23%	20%	27%	21%	25%	25%	24%	13%	20%	24%	21%	22%	21%	26%	19%	35%	27%	14%	9%
			g		g	g	g			g				bd		bcd	cd		
Strongly disagree (1.0)	244	75	17	27	37	34	17	8	29	114	55	71	56	78	37	153	43	32	13
	12%	19%	9%	9%	9%	13%	8%	11%	13%	10%	11%	15%	10%	11%	14%	25%	8%	5%	5%
		bcdefij										bc				bcd	c		
Don't know	87	39	9	11	15	6	3	-	3	41	7	17	23	25	9	28	19	16	11
	4%	10%	5%	3%	4%	2%	2%	-	1%	4%	1%	4%	4%	3%	4%	5%	4%	3%	4%
		cdefghij	ghj	j	j					j						c			
NET: Agree	1256	203	107	200	248	155	140	59	144	710	343	290	364	430	161	219	317	499	207
	61%	51%	59%	66%	62%	59%	66%	76%	65%	62%	67%	60%	65%	59%	63%	36%	61%	79%	81%
				a	a	a	a	abdei	a	a	abei						a	ab	ab
NET: Disagree	711	155	67	91	136	100	69	18	74	394	161	175	175	267	85	365	180	119	37
	35%	39%	36%	30%	34%	38%	32%	24%	33%	34%	32%	36%	31%	37%	33%	60%	35%	19%	14%
		cgj	g			cg								b		bcd	cd		
Base for stats	1966	358	174	291	385	255	208	77	218	1105	504	465	539	697	246	583	498	618	244
Mean Score	2.75	2.56	2.72	2.82	2.78	2.68	2.83	3.02	2.82	2.76	2.85	2.73	2.77	2.71	2.83	2.21	2.75	3.05	3.27
				a	a		a	abdei	a	a	ae						a	ab	abc
Standard Deviation	.951	1.039	.892	.891	.909	.944	.894	.972	1.002	.910	.955	1.010	.884	.919	1.048	.937	.873	.799	.850
Standard Error	.021	.057	.067	.051	.046	.058	.061	.110	.069	.027	.043	.046	.037	.035	.067	.039	.039	.032	.054
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.11. I am worried about exercising close to other people: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	458	195	142	119
		22%	27%	18%	23%
			b		b
Tend to agree	(3.0)	797	283	294	212
		39%	40%	37%	40%
Tend to disagree	(2.0)	467	160	199	104
		23%	22%	25%	20%
				c	
Strongly disagree	(1.0)	244	66	107	71
		12%	9%	14%	14%
				a	a
Don't know		87	12	48	19
		4%	2%	6%	4%
				ac	a
NET: Agree		1256	477	436	331
		61%	67%	55%	63%
			b		b
NET: Disagree		711	226	306	175
		35%	32%	39%	33%
				ac	
Base for stats		1966	703	742	506
Mean Score		2.75	2.86	2.63	2.75
			bc		b
Standard Deviation		.951	.927	.951	.969
Standard Error		.021	.034	.036	.043
Error variance		*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	524	214	306	199	183	142	31	68	45	60	44	56	100	69	52
		26%	21%	29%	32%	27%	19%	32%	26%	22%	28%	25%	25%	31%	21%	25%
				a	bc	c		h			h			ch		
Tend to agree	(3.0)	777	377	398	232	252	293	37	80	81	74	69	99	117	139	82
		38%	38%	38%	37%	37%	39%	37%	30%	40%	34%	39%	44%	36%	42%	39%
										b		b	b		b	
Tend to disagree	(2.0)	422	218	203	123	132	167	19	67	39	42	42	35	68	68	42
		21%	22%	19%	20%	20%	22%	20%	25%	19%	20%	24%	16%	21%	20%	20%
									f							
Strongly disagree	(1.0)	190	105	85	45	65	79	7	30	24	25	12	23	25	27	16
		9%	10%	8%	7%	10%	10%	7%	11%	12%	12%	7%	10%	8%	8%	8%
							a									
Don't know		141	89	51	20	42	78	5	22	13	14	10	13	14	32	18
		7%	9%	5%	3%	6%	10%	5%	8%	6%	7%	6%	6%	4%	9%	9%
			b			a	ab		g						g	
NET: Agree		1301	591	705	431	435	435	68	148	125	133	113	156	216	208	134
		63%	59%	68%	70%	65%	57%	69%	55%	62%	62%	64%	69%	67%	62%	64%
				a	bc	c		b					b	b		
NET: Disagree		611	323	288	168	197	246	26	96	63	67	53	59	92	95	58
		30%	32%	28%	27%	29%	32%	26%	36%	31%	31%	30%	26%	29%	28%	28%
			b				a		fh							
Base for stats		1912	913	992	599	632	682	94	245	189	201	167	215	309	303	192
Mean Score		2.86	2.77	2.93	2.98	2.87	2.73	2.98	2.76	2.77	2.84	2.87	2.88	2.94	2.82	2.88
				a	bc	c								b		
Standard Deviation		.933	.937	.922	.915	.947	.921	.914	.993	.955	.993	.887	.925	.928	.885	.904
Standard Error		.021	.031	.029	.034	.037	.039	.089	.062	.072	.064	.064	.073	.053	.049	.071
Error variance		*	*	*	*	*	*	.01	*	.01	*	*	.01	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	524	63	114	133	68	49	97	309	215	414	23	49	21	6	3	101
		26%	33%	26%	28%	27%	23%	21%	28%	23%	24%	40%	38%	26%	39%	21%	34%
			efh		fh				fh			a	a				a
Tend to agree	(3.0)	777	58	175	183	109	82	170	416	361	666	16	46	31	7	5	104
		38%	30%	40%	38%	43%	38%	36%	38%	38%	38%	28%	35%	39%	42%	36%	35%
				a		a				a							
Tend to disagree	(2.0)	422	44	99	94	44	46	95	237	185	355	11	26	20	3	4	64
		21%	23%	22%	20%	17%	21%	20%	21%	20%	20%	20%	20%	25%	19%	31%	22%
Strongly disagree	(1.0)	190	13	36	42	22	26	50	91	99	169	6	6	4	-	1	18
		9%	7%	8%	9%	9%	12%	11%	8%	10%	10%	11%	5%	6%	-	11%	6%
						g					cg						
Don't know		141	12	18	26	12	12	62	55	85	130	-	4	3	-	-	7
		7%	6%	4%	5%	5%	6%	13%	5%	9%	8%	-	3%	4%	-	-	2%
								abcdegh		bcdg	bcg						
NET: Agree		1301	121	289	316	177	131	267	726	575	1080	39	95	51	13	7	205
		63%	63%	65%	66%	70%	61%	56%	65%	61%	62%	68%	73%	65%	81%	57%	70%
				f	f	efh			fh				a				a
NET: Disagree		611	57	135	136	66	72	146	328	283	523	18	32	24	3	5	82
		30%	30%	31%	28%	26%	33%	31%	30%	30%	30%	32%	25%	31%	19%	43%	28%
Base for stats		1912	178	424	452	243	203	413	1054	859	1604	57	128	75	16	13	288
Mean Score		2.86	2.96	2.87	2.90	2.92	2.76	2.76	2.90	2.81	2.83	2.97	3.09	2.90	3.20	2.67	3.00
			efh		f	f			efh				a				a
Standard Deviation		.933	.950	.908	.929	.904	.965	.949	.924	.942	.933	1.038	.886	.874	.759	.975	.914
Standard Error		.021	.070	.045	.043	.055	.063	.050	.028	.032	.023	.133	.075	.095	.184	.261	.051
Error variance		*	*	*	*	*	*	*	*	*	*	.02	.01	.01	.03	.07	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	524	294	88	108	196	19	45	189	53	12	16	31	40	48	70	64
		26%	23%	25%	32%	29%	36%	41%	26%	20%	19%	31%	28%	39%	30%	17%	39%
					a	a	dej	cdegij	j				j	cdej	dj		cdegj
Tend to agree	(3.0)	777	485	124	132	257	10	34	302	98	28	16	38	36	54	160	45
		38%	38%	36%	40%	37%	19%	31%	41%	38%	43%	32%	34%	35%	33%	39%	27%
									abk	ak	ak			a	a	ak	
Tend to disagree	(2.0)	422	256	77	65	142	16	25	140	68	14	13	25	17	18	86	41
		21%	20%	22%	20%	21%	30%	22%	19%	26%	22%	25%	23%	17%	11%	21%	25%
							chi	i	i	chi	i	i	i				i
Strongly disagree	(1.0)	190	124	41	18	60	5	3	70	29	4	3	9	6	17	43	8
		9%	10%	12%	6%	9%	10%	3%	9%	11%	6%	6%	8%	6%	11%	11%	5%
			c	c			b		b	bk					b	bk	
Don't know		141	102	19	11	30	2	3	32	11	7	3	8	3	25	46	5
		7%	8%	6%	3%	4%	4%	3%	4%	4%	11%	7%	7%	3%	15%	11%	3%
			cd								bcdhk				abcdghk	bcdhk	
NET: Agree		1301	779	213	240	453	29	80	492	151	40	32	69	76	103	230	109
		63%	62%	61%	72%	66%	56%	72%	67%	58%	61%	63%	62%	74%	63%	57%	67%
					ab			adj	dj					adgij			j
NET: Disagree		611	380	118	84	202	21	28	210	97	18	15	35	23	35	129	49
		30%	30%	34%	25%	29%	40%	25%	29%	37%	28%	30%	31%	23%	22%	32%	30%
				c			bhi			bchi						i	
Base for stats		1912	1159	331	324	655	51	108	702	248	58	48	104	99	138	359	158
Mean Score		2.86	2.82	2.79	3.02	2.90	2.86	3.13	2.87	2.71	2.83	2.95	2.88	3.11	2.97	2.72	3.04
					ab			cdegj	dj					cdej	dj		cdj
Standard Deviation		.933	.933	.978	.874	.934	1.053	.870	.922	.933	.839	.922	.949	.907	.994	.915	.938
Standard Error		.021	.027	.055	.050	.038	.141	.081	.034	.058	.107	.136	.088	.081	.085	.057	.072
Error variance		*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	.01

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Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	524	161	87	47	13	134	174	177	85	37	9	122	185	72	240	170	41	452
		26%	27%	25%	28%	29%	26%	27%	27%	30%	20%	23%	26%	27%	21%	23%	30%	41%	26%
									c	c				c			ab	abce	b
Tend to agree	(3.0)	777	231	150	52	19	202	251	257	112	67	17	179	275	117	416	212	31	660
		38%	38%	43%	31%	42%	40%	39%	39%	40%	35%	46%	38%	40%	35%	40%	38%	31%	39%
				c															
Tend to disagree	(2.0)	422	142	57	40	8	97	150	140	51	51	9	101	149	80	212	112	18	342
		21%	24%	17%	24%	17%	19%	23%	21%	18%	27%	23%	22%	21%	23%	20%	20%	18%	20%
			b		b			b			b								
Strongly disagree	(1.0)	190	51	30	16	4	46	55	60	17	24	1	41	61	34	109	41	6	156
		9%	8%	9%	10%	9%	9%	8%	9%	6%	12%	2%	9%	9%	10%	10%	7%	6%	9%
											b						c		
Don't know		141	18	22	11	1	33	20	24	15	12	2	28	26	37	76	24	4	104
		7%	3%	6%	7%	3%	6%	3%	4%	5%	6%	5%	6%	4%	11%	7%	4%	4%	6%
				af	af		af								bcde	c			
NET: Agree		1301	392	236	99	33	335	425	434	197	104	26	301	460	190	656	382	73	1111
		63%	65%	69%	60%	71%	66%	65%	66%	70%	55%	69%	64%	66%	56%	62%	68%	72%	65%
				c					c	c			c	c		a	ab	ab	a
NET: Disagree		611	193	87	56	12	142	205	200	68	74	10	142	210	114	321	153	23	498
		30%	32%	25%	34%	26%	28%	32%	30%	24%	39%	26%	30%	30%	33%	30%	27%	23%	29%
			b		b			b			abef				d				
Base for stats		1912	585	323	155	44	478	629	634	265	178	36	443	670	304	977	535	96	1609
Mean Score		2.86	2.86	2.91	2.84	2.94	2.89	2.86	2.87	3.00	2.66	2.94	2.86	2.87	2.75	2.81	2.95	3.12	2.87
									c	ace			c	c			ab	abe	a
Standard Deviation		.933	.921	.898	.979	.924	.925	.921	.928	.881	.955	.775	.926	.920	.944	.934	.913	.918	.930
Standard Error		.021	.037	.049	.077	.135	.041	.036	.036	.052	.071	.124	.043	.034	.055	.030	.039	.089	.023
Error variance		*	*	*	.01	.02	*	*	*	*	.01	.02	*	*	*	*	*	.01	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	524	129	309	120	102	20	309	201	37	426	98	457	64
	26%	32%	24%	36%	25%	24%	24%	28%	37%	26%	23%	26%	21%
		b		bcde					bcd			b	
Tend to agree (3.0)	777	144	505	113	168	29	491	269	37	619	158	665	109
	38%	36%	40%	34%	41%	34%	38%	37%	37%	38%	37%	38%	36%
Tend to disagree (2.0)	422	81	251	55	59	21	286	128	6	331	90	352	64
	21%	20%	20%	17%	14%	25%	22%	18%	6%	20%	21%	20%	21%
				f	f	bf	abef	f					
Strongly disagree (1.0)	190	28	120	21	42	8	118	66	5	146	43	151	35
	9%	7%	9%	6%	10%	10%	9%	9%	5%	9%	10%	9%	12%
Don't know	141	14	85	21	43	7	76	55	15	108	33	105	32
	7%	4%	7%	6%	10%	8%	6%	8%	15%	7%	8%	6%	10%
			a		d				ade				a
NET: Agree	1301	273	814	233	270	49	799	469	74	1045	256	1122	173
	63%	69%	64%	71%	65%	57%	62%	65%	75%	64%	61%	65%	57%
				cd					cd			b	
NET: Disagree	611	110	371	76	101	29	404	193	11	478	134	503	99
	30%	28%	29%	23%	24%	34%	32%	27%	11%	29%	32%	29%	33%
				f	f	abf	abef	f					
Base for stats	1912	383	1186	309	371	78	1203	663	85	1523	389	1625	272
Mean Score	2.86	2.97	2.85	3.08	2.89	2.78	2.82	2.91	3.25	2.87	2.80	2.88	2.74
		b		bcde				d	bcde			b	
Standard Deviation	.933	.921	.925	.912	.936	.955	.925	.941	.827	.930	.943	.924	.961
Standard Error	.021	.046	.027	.050	.050	.103	.027	.036	.087	.024	.049	.023	.056
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?
BASE: All respondents

					Number of days active							Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	524	76	36	73	111	72	60	28	69	291	157	136	134	163	88	97	118	192	113
	26%	19%	20%	24%	28%	28%	29%	36%	31%	25%	31%	28%	24%	23%	35%	16%	23%	30%	44%
				ab	a	ab	abci	ab	a	abci	c			bc		a	ab	abc	
Tend to agree (3.0)	777	146	81	128	155	104	74	28	61	468	163	158	245	277	88	206	201	284	77
	38%	37%	44%	42%	39%	40%	35%	36%	28%	41%	32%	33%	44%	38%	35%	34%	39%	45%	30%
		h	hj	hj	hj	hj				hj			ad	a			d	abd	
Tend to disagree (2.0)	422	60	40	69	82	57	49	10	54	249	113	93	118	164	40	173	117	92	34
	21%	15%	22%	23%	21%	22%	23%	13%	24%	22%	22%	19%	21%	23%	16%	28%	23%	14%	13%
				a		a	a		ag	a	a			d		bcd	cd		
Strongly disagree (1.0)	190	55	13	21	32	16	19	8	26	81	53	58	40	60	27	101	41	28	12
	9%	14%	7%	7%	8%	6%	9%	10%	12%	7%	10%	12%	7%	8%	11%	16%	8%	4%	5%
		bcdei							cei		ei	bc		bd		bcd	c		
Don't know	141	59	14	11	20	12	9	4	11	57	24	38	25	59	11	34	39	38	19
	7%	15%	8%	4%	5%	5%	4%	5%	5%	5%	5%	8%	4%	8%	4%	6%	8%	6%	7%
		bcdefghij	c									b		bd					
NET: Agree	1301	222	116	200	266	176	135	55	130	759	320	293	379	439	177	303	319	476	190
	63%	56%	64%	66%	66%	67%	64%	72%	59%	66%	63%	61%	67%	61%	69%	50%	62%	75%	75%
				a	a	ah		ah		ah	a		ac		ac		a	ab	ab
NET: Disagree	611	115	53	90	114	73	67	18	80	330	166	151	158	224	67	274	158	120	45
	30%	29%	29%	30%	29%	28%	32%	23%	36%	29%	33%	31%	28%	31%	26%	45%	31%	19%	18%
									degi							bcd	cd		
Base for stats	1912	337	169	290	380	249	202	73	211	1089	486	444	537	663	244	577	477	596	236
Mean Score	2.86	2.72	2.83	2.87	2.91	2.93	2.87	3.03	2.82	2.89	2.87	2.84	2.88	2.82	2.98	2.52	2.83	3.07	3.24
				a	a		a			a	a				c		a	ab	abc
Standard Deviation	.933	.992	.851	.871	.916	.878	.949	.972	1.028	.885	.988	1.005	.869	.907	.987	.968	.898	.813	.875
Standard Error	.021	.056	.065	.050	.046	.055	.066	.113	.072	.026	.045	.047	.037	.036	.064	.040	.041	.033	.057
Error variance	*	*	*	*	*	*	*	.01	.01	*	*	*	*	*	*	*	*	*	*

Q9.12. I feel safer exercising at home than in public places: To what extent do you agree or disagree with each statement?

BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	524	221	148	150
		26%	31%	19%	29%
			b		b
Tend to agree	(3.0)	777	275	291	203
		38%	38%	37%	39%
Tend to disagree	(2.0)	422	150	178	92
		21%	21%	23%	17%
				c	
Strongly disagree	(1.0)	190	50	87	50
		9%	7%	11%	10%
				a	
Don't know		141	19	85	30
		7%	3%	11%	6%
				ac	a
NET: Agree		1301	496	440	352
		63%	69%	56%	67%
			b		b
NET: Disagree		611	200	265	142
		30%	28%	34%	27%
				ac	
Base for stats		1912	696	705	494
Mean Score		2.86	2.96	2.71	2.91
			b		b
Standard Deviation		.933	.906	.935	.943
Standard Error		.021	.034	.036	.042
Error variance		*	*	*	*

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Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Gender		Age			Region								
		Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	300	143	156	128	100	72	18	36	25	35	19	28	69	48	23
		15%	14%	15%	21%	15%	9%	18%	13%	13%	16%	11%	12%	21%	14%	11%
					bc	c								bcefhi		
Tend to agree	(3.0)	879	447	430	265	279	335	37	115	81	89	82	93	124	160	97
		43%	45%	41%	43%	41%	44%	38%	43%	40%	41%	46%	41%	38%	48%	46%
															g	
Tend to disagree	(2.0)	452	222	229	129	157	166	24	49	45	48	41	50	75	71	48
		22%	22%	22%	21%	23%	22%	25%	18%	23%	22%	23%	22%	23%	21%	23%
Strongly disagree	(1.0)	241	111	130	60	70	112	7	45	26	32	21	24	35	29	24
		12%	11%	12%	10%	10%	15%	7%	17%	13%	15%	12%	10%	11%	9%	11%
							ab		agh		ah					
Don't know		181	80	99	37	68	76	11	23	24	12	14	32	20	27	18
		9%	8%	9%	6%	10%	10%	12%	9%	12%	5%	8%	14%	6%	8%	9%
						a	a	d		dg			degh			
NET: Agree		1179	590	586	393	379	407	55	150	107	123	101	121	193	208	121
		57%	59%	56%	64%	56%	54%	56%	56%	53%	57%	57%	53%	60%	62%	57%
					bc										c	
NET: Disagree		693	332	359	189	227	278	31	94	71	80	62	74	110	100	71
		34%	33%	34%	30%	34%	37%	32%	35%	35%	37%	35%	32%	34%	30%	34%
							a									
Base for stats		1872	923	945	582	606	684	87	244	178	203	163	195	303	308	192
Mean Score		2.66	2.68	2.65	2.79	2.68	2.54	2.77	2.58	2.60	2.62	2.61	2.64	2.75	2.74	2.63
					bc	c								b	b	
Standard Deviation		.896	.878	.913	.901	.884	.887	.875	.953	.905	.945	.854	.872	.937	.834	.853
Standard Error		.021	.029	.029	.034	.035	.038	.088	.060	.070	.060	.062	.072	.054	.046	.067
Error variance		*	*	*	*	*	*	.01	*	*	*	*	.01	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
						Social Grade								**Ethnicity**			
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	300	44	58	74	46	32	47	176	125	235	9	30	13	4	6	63
		15%	23%	13%	15%	18%	15%	10%	16%	13%	14%	16%	23%	17%	29%	47%	21%
			bcefgh		f	fh			f				a				a
Tend to agree	(3.0)	879	92	226	195	110	84	173	513	366	764	22	51	31	6	1	111
		43%	48%	51%	41%	43%	39%	36%	46%	39%	44%	39%	39%	39%	37%	8%	38%
			efh	cdefh					cefh		g						
Tend to disagree	(2.0)	452	30	96	107	57	52	110	233	218	378	16	31	17	3	3	70
		22%	16%	22%	22%	22%	24%	23%	21%	23%	22%	28%	23%	22%	18%	25%	24%
							a	a		a							
Strongly disagree	(1.0)	241	16	43	57	17	25	84	116	125	200	7	12	13	2	2	36
		12%	9%	10%	12%	7%	11%	18%	10%	13%	12%	13%	9%	17%	11%	15%	12%
					d			abcdegh		dg							
Don't know		181	7	20	44	25	24	61	71	110	158	2	7	4	1	1	16
		9%	4%	5%	9%	10%	11%	13%	6%	12%	9%	4%	6%	6%	5%	5%	5%
					abg	ab	abg	abg		abg	g						
NET: Agree		1179	137	283	269	156	115	220	688	491	998	31	82	44	10	7	174
		57%	72%	64%	56%	61%	54%	46%	62%	52%	58%	54%	62%	56%	65%	55%	59%
			cdefgh	cefh	f	fh			cefh								
NET: Disagree		693	46	139	164	74	76	194	349	344	578	23	42	30	5	5	106
		34%	24%	31%	34%	29%	35%	41%	31%	36%	33%	41%	32%	38%	29%	40%	36%
					a		a	abcdg	a	adg							
Base for stats		1872	183	422	433	230	191	413	1038	835	1576	54	124	74	15	12	279
Mean Score		2.66	2.90	2.71	2.66	2.80	2.64	2.44	2.72	2.59	2.66	2.59	2.81	2.60	2.87	2.91	2.72
			bcefgh	fh	f	cefh	f		fh	f							
Standard Deviation		.896	.871	.828	.911	.843	.907	.938	.874	.918	.882	.929	.916	.980	1.012	1.230	.956
Standard Error		.021	.063	.041	.043	.052	.062	.049	.027	.032	.022	.122	.078	.107	.253	.341	.054
Error variance		*	*	*	*	*	*	*	*	*	*	.01	.01	.01	.06	.12	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	300	149	71	66	136	14	23	129	37	9	5	20	16	12	35	37
	15%	12%	20%	20%	20%	26%	21%	18%	14%	14%	9%	18%	16%	8%	9%	23%
			a	a	a	dfij	ij	ij	ij			ij	ij			dfij
Tend to agree (3.0)	879	552	139	152	291	20	48	343	115	32	27	40	46	36	172	67
	43%	44%	40%	45%	42%	37%	43%	47%	44%	49%	53%	36%	45%	22%	43%	41%
						i	i	gi	i	i	gi	i	i	i	i	i
Tend to disagree (2.0)	452	278	73	69	142	9	22	147	62	9	11	28	21	50	91	32
	22%	22%	21%	21%	21%	18%	20%	20%	24%	14%	22%	25%	21%	31%	23%	19%
														cek		
Strongly disagree (1.0)	241	166	38	28	66	5	13	67	27	10	7	10	9	33	61	18
	12%	13%	11%	8%	10%	10%	12%	9%	10%	16%	13%	9%	9%	20%	15%	11%
		cd												cdghk	c	
Don't know	181	117	30	20	50	5	4	48	17	5	1	14	9	31	46	9
	9%	9%	8%	6%	7%	9%	4%	7%	7%	8%	3%	13%	9%	19%	11%	5%
												bcdk		bcdefhjk	bck	
NET: Agree	1179	700	210	217	427	33	71	472	153	40	32	60	62	49	207	104
	57%	56%	60%	65%	62%	63%	64%	64%	59%	62%	62%	54%	61%	30%	51%	64%
				a	a	i	ij	gij	i	i	i	i	i		i	ij
NET: Disagree	693	444	111	97	208	15	36	214	89	19	18	37	30	83	152	50
	34%	35%	32%	29%	30%	28%	32%	29%	34%	30%	35%	33%	30%	51%	37%	31%
		cd												abcdefghjk	c	
Base for stats	1872	1144	320	315	635	48	107	686	242	60	50	97	93	132	359	155
Mean Score	2.66	2.60	2.76	2.81	2.78	2.87	2.76	2.78	2.68	2.65	2.60	2.72	2.75	2.21	2.51	2.80
			a	a	a	ij	ij	ij	ij	i	i	ij	ij		i	ij
Standard Deviation	.896	.889	.930	.867	.899	.962	.933	.863	.868	.940	.840	.902	.863	.930	.886	.940
Standard Error	.021	.026	.054	.050	.037	.132	.087	.032	.055	.117	.123	.086	.079	.081	.055	.073
Error variance	*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	.01	*	.01

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	300	113	51	22	9	73	122	102	59	31	6	90	108	41	133	108	18	260
		15%	19%	15%	13%	20%	14%	19%	15%	21%	16%	17%	19%	16%	12%	13%	19%	18%	15%
			e					e		af							abe		
Tend to agree	(3.0)	879	277	159	81	19	240	296	308	128	80	23	208	331	146	445	257	31	733
		43%	46%	46%	49%	41%	47%	46%	47%	46%	42%	62%	44%	48%	43%	42%	46%	31%	43%
												ce			d	d	d		d
Tend to disagree	(2.0)	452	122	69	34	11	103	134	132	57	44	6	101	139	69	240	111	32	383
		22%	20%	20%	21%	25%	20%	21%	20%	20%	23%	17%	21%	20%	20%	23%	20%	32%	22%
																		abce	
Strongly disagree	(1.0)	241	52	36	25	6	62	58	60	28	30	2	58	62	53	127	51	10	188
		12%	9%	11%	15%	13%	12%	9%	9%	10%	16%	4%	12%	9%	16%	12%	9%	10%	11%
					af						abf				ce				
Don't know		181	39	29	4	1	33	39	56	8	5	-	14	56	31	109	33	8	150
		9%	6%	8%	2%	1%	6%	6%	8%	3%	3%	-	3%	8%	9%	10%	6%	8%	9%
			c	c			c	c	bce					bce		c			c
NET: Agree		1179	390	210	103	28	313	418	409	187	111	30	298	439	187	578	365	50	992
		57%	65%	61%	62%	61%	61%	64%	62%	67%	58%	79%	63%	63%	55%	55%	65%	49%	58%
												acf					abde		
NET: Disagree		693	175	105	59	17	165	192	192	85	74	8	159	200	122	367	161	43	571
		34%	29%	31%	36%	37%	32%	30%	29%	30%	39%	21%	34%	29%	36%	35%	29%	43%	33%
											abdf				c	c		ce	c
Base for stats		1872	565	315	162	45	477	610	602	272	185	38	457	639	309	944	526	92	1563
Mean Score		2.66	2.80	2.71	2.61	2.69	2.68	2.79	2.75	2.81	2.60	2.91	2.72	2.76	2.56	2.62	2.80	2.62	2.68
			ce					ce	c	c				c			abe		a
Standard Deviation		.896	.865	.874	.904	.949	.885	.871	.852	.895	.951	.722	.922	.846	.925	.888	.874	.930	.889
Standard Error		.021	.035	.048	.070	.137	.040	.034	.034	.053	.070	.113	.042	.032	.054	.029	.037	.092	.022
Error variance		*	*	*	*	.02	*	*	*	*	*	.01	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	300	85	170	56	42	13	193	103	7	246	54	264	35
	15%	21%	13%	17%	10%	16%	15%	14%	7%	15%	13%	15%	12%
		b		bf			bf	bf					
Tend to agree (3.0)	879	163	559	108	156	31	602	260	31	688	191	764	112
	43%	41%	44%	33%	38%	37%	47%	36%	31%	42%	45%	44%	37%
							abef					b	
Tend to disagree (2.0)	452	85	283	72	94	24	272	164	23	367	84	372	74
	22%	21%	22%	22%	23%	29%	21%	23%	23%	23%	20%	22%	24%
Strongly disagree (1.0)	241	40	139	46	74	13	117	115	18	186	56	184	51
	12%	10%	11%	14%	18%	16%	9%	16%	18%	11%	13%	11%	17%
				d	d	d		d	d				a
Don't know	181	24	120	47	48	3	95	76	21	144	37	145	32
	9%	6%	9%	14%	12%	3%	7%	11%	21%	9%	9%	8%	10%
			a	cd	cd			cd	bcde				
NET: Agree	1179	248	729	164	198	45	795	363	38	934	245	1028	147
	57%	62%	57%	50%	48%	52%	62%	51%	38%	57%	58%	59%	48%
				f		f	abef	f				b	
NET: Disagree	693	125	422	118	168	38	390	279	41	553	140	557	125
	34%	32%	33%	36%	41%	44%	30%	39%	41%	34%	33%	32%	41%
					d	d		d	d				a
Base for stats	1872	373	1151	283	366	82	1185	642	78	1487	385	1585	272
Mean Score	2.66	2.79	2.66	2.61	2.45	2.54	2.74	2.55	2.34	2.67	2.63	2.70	2.48
		b		bf			abcef					b	
Standard Deviation	.896	.917	.873	.982	.939	.954	.849	.963	.931	.896	.897	.881	.940
Standard Error	.021	.046	.026	.056	.050	.101	.025	.038	.102	.023	.047	.022	.055
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?
BASE: All respondents

						Number of days active							Life satisfaction score				Covid-19 related worries			
		Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total		2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	300	19	20	32	67	53	47	13	49	171	110	48	74	95	81	104	69	81	45
		15%	5%	11%	11%	17%	20%	22%	17%	22%	15%	22%	10%	13%	13%	32%	17%	13%	13%	18%
				a	a	ac	abci	abci	a	abci	ac	abci				abc	c			
Tend to agree	(3.0)	879	127	82	141	176	126	95	38	94	526	226	159	265	352	100	263	266	282	62
		43%	32%	45%	47%	44%	48%	45%	49%	43%	46%	44%	33%	47%	49%	39%	43%	52%	44%	24%
				a	a	a	a	a	a	a	a	a		ad	ad		d	acd	d	
Tend to disagree	(2.0)	452	84	52	69	96	40	51	17	42	257	110	129	133	155	29	114	106	161	62
		22%	21%	28%	23%	24%	15%	24%	22%	19%	22%	22%	27%	24%	21%	11%	19%	21%	25%	24%
				eh	e	e		e			e	e	cd	d	d				ab	
Strongly disagree	(1.0)	241	99	18	25	32	22	13	8	23	98	44	83	45	76	30	80	39	58	59
		12%	25%	10%	8%	8%	9%	6%	10%	11%	9%	9%	17%	8%	10%	12%	13%	7%	9%	23%
			bcdefghij										bcd				bc			abc
Don't know		181	67	11	34	30	20	6	2	12	94	19	63	44	45	16	52	36	51	26
		9%	17%	6%	11%	7%	8%	3%	2%	5%	8%	4%	13%	8%	6%	6%	8%	7%	8%	10%
			bcdefghij		bfghj	fj	fj				fj		bcd							
NET: Agree		1179	146	102	173	242	179	142	51	144	697	336	207	339	446	181	366	335	363	107
		57%	37%	56%	57%	61%	69%	67%	66%	65%	61%	66%	43%	60%	62%	71%	60%	65%	57%	42%
				a	a	a	abcdi	abc	a	a	a	abci		a	a	abc	d	cd	d	
NET: Disagree		693	183	70	94	128	63	64	25	66	355	155	212	178	230	58	194	145	220	121
		34%	46%	38%	31%	32%	24%	30%	32%	30%	31%	30%	44%	32%	32%	23%	32%	28%	35%	47%
			cdefghij	eij	e	e					e		bcd	d	d				b	abc
Base for stats		1872	329	172	268	370	242	206	75	209	1052	491	419	517	677	239	560	480	583	228
Mean Score		2.66	2.20	2.60	2.67	2.75	2.87	2.86	2.73	2.81	2.73	2.82	2.41	2.71	2.69	2.97	2.70	2.76	2.66	2.41
				a	a	a	abci	abci	a	ab	a	abc		a	a	abc	d	d	d	
Standard Deviation		.896	.937	.827	.807	.852	.860	.845	.873	.924	.842	.883	.934	.818	.848	.980	.932	.794	.838	1.077
Standard Error		.021	.054	.063	.048	.043	.054	.058	.100	.065	.026	.040	.045	.035	.033	.064	.039	.036	.035	.071
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.13. I feel less worried about doing sport and physical activity now that the vaccine for COVID-19 is being rolled out: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	300	175	77	48
		15%	24%	10%	9%
			bc		
Tend to agree	(3.0)	879	323	329	222
		43%	45%	42%	42%
Tend to disagree	(2.0)	452	121	192	136
		22%	17%	24%	26%
				a	a
Strongly disagree	(1.0)	241	53	100	84
		12%	7%	13%	16%
				a	a
Don't know		181	43	92	36
		9%	6%	12%	7%
				ac	
NET: Agree		1179	497	406	269
		57%	70%	51%	51%
			bc		
NET: Disagree		693	174	291	219
		34%	24%	37%	42%
				a	a
Base for stats		1872	672	697	489
Mean Score		2.66	2.92	2.55	2.48
			bc		
Standard Deviation		.896	.868	.869	.888
Standard Error		.021	.033	.034	.040
Error variance		*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	777	387	385	205	228	344	28	105	71	84	65	101	118	125	79
		38%	39%	37%	33%	34%	45%	29%	39%	35%	39%	37%	45%	37%	38%	38%
							ab						a			
Tend to agree	(3.0)	844	412	431	260	299	285	50	97	90	84	72	90	137	129	96
		41%	41%	41%	42%	44%	38%	50%	36%	45%	39%	41%	40%	42%	39%	46%
						c		bdh								b
Tend to disagree	(2.0)	223	100	124	98	80	45	8	29	24	21	24	20	40	41	17
		11%	10%	12%	16%	12%	6%	8%	11%	12%	10%	13%	9%	12%	12%	8%
					bc	c										
Strongly disagree	(1.0)	90	46	43	31	27	32	4	14	10	10	10	11	11	13	6
		4%	5%	4%	5%	4%	4%	4%	5%	5%	5%	6%	5%	3%	4%	3%
Don't know		118	58	59	25	40	53	8	22	7	16	5	4	18	26	12
		6%	6%	6%	4%	6%	7%	8%	8%	3%	7%	3%	2%	5%	8%	6%
							a	ef	cef		ef				cef	
NET: Agree		1622	799	817	465	527	630	78	202	161	168	137	191	255	254	175
		79%	80%	78%	75%	78%	83%	79%	76%	80%	78%	78%	84%	79%	76%	83%
							ab						bh			b
NET: Disagree		313	145	167	129	108	77	12	43	34	31	34	32	50	54	23
		15%	14%	16%	21%	16%	10%	13%	16%	17%	15%	19%	14%	16%	16%	11%
					bc	c						i				
Base for stats		1935	944	984	594	634	707	90	245	195	199	172	223	306	308	198
Mean Score		3.19	3.21	3.18	3.08	3.15	3.33	3.13	3.19	3.14	3.21	3.12	3.26	3.19	3.19	3.25
							ab									
Standard Deviation		.816	.816	.814	.845	.798	.789	.761	.864	.819	.831	.867	.827	.789	.822	.739
Standard Error		.019	.027	.026	.032	.031	.033	.075	.054	.061	.053	.062	.064	.045	.046	.057
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	777	68	162	167	102	68	210	398	380	669	15	50	27	7	5	104
		38%	36%	37%	35%	40%	32%	44%	36%	40%	39%	27%	38%	35%	42%	38%	35%
						e		bceg		eg							
Tend to agree	(3.0)	844	80	188	220	105	93	158	488	356	720	25	54	27	7	6	118
		41%	42%	42%	46%	41%	43%	33%	44%	38%	42%	44%	41%	35%	43%	44%	40%
			f	f	fh	f	f		fh								
Tend to disagree	(2.0)	223	29	56	43	34	25	37	128	95	172	11	20	17	2	-	49
		11%	15%	13%	9%	13%	12%	8%	12%	10%	10%	19%	15%	21%	15%	-	17%
			cfh	f		f			f			a		a			a
Strongly disagree	(1.0)	90	8	15	21	8	12	27	43	47	79	4	2	3	-	1	10
		4%	4%	3%	4%	3%	6%	6%	4%	5%	5%	7%	2%	4%	-	7%	3%
Don't know		118	5	21	26	6	17	42	52	66	95	2	6	4	-	1	13
		6%	3%	5%	5%	2%	8%	9%	5%	7%	5%	3%	5%	5%	-	10%	5%
					d		adg	abcdg		adg							
NET: Agree		1622	148	350	387	207	161	368	886	736	1388	40	103	55	13	10	222
		79%	78%	79%	81%	81%	75%	78%	80%	78%	80%	71%	79%	70%	85%	82%	75%
					e						dg						
NET: Disagree		313	36	71	64	42	37	63	171	142	251	15	22	20	2	1	60
		15%	19%	16%	13%	16%	17%	13%	15%	15%	14%	26%	17%	25%	15%	7%	20%
												a		a			a
Base for stats		1935	185	421	451	249	198	432	1057	878	1639	55	125	75	16	11	281
Mean Score		3.19	3.13	3.18	3.18	3.21	3.10	3.28	3.17	3.22	3.21	2.94	3.20	3.06	3.27	3.26	3.12
								eg			b		b				
Standard Deviation		.816	.823	.791	.787	.796	.841	.862	.795	.841	.814	.878	.767	.873	.727	.868	.822
Standard Error		.019	.060	.039	.037	.048	.056	.044	.024	.028	.020	.114	.065	.095	.176	.251	.047
Error variance		*	*	*	*	*	*	*	*	*	*	.01	*	.01	.03	.06	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	777	505	129	112	241	26	43	243	85	19	17	41	37	70	197	68
		38%	40%	37%	33%	35%	49%	38%	33%	33%	29%	33%	37%	36%	43%	49%	42%
			cd				cde								cd	cdefgh	c
Tend to agree	(3.0)	844	502	145	155	300	16	39	331	126	32	24	45	41	53	137	55
		41%	40%	42%	46%	44%	31%	35%	45%	49%	50%	47%	40%	40%	33%	34%	34%
					a				abijk	abijk	abijk						
Tend to disagree	(2.0)	223	120	45	46	90	7	21	103	24	5	6	11	11	14	21	28
		11%	9%	13%	14%	13%	12%	19%	14%	9%	8%	12%	10%	11%	8%	5%	17%
					a	a	j	degij	dij					j			dij
Strongly disagree	(1.0)	90	59	15	9	25	1	4	27	13	6	3	2	8	8	18	5
		4%	5%	4%	3%	4%	3%	4%	4%	5%	9%	5%	2%	8%	5%	4%	3%
											cg			cg			
Don't know		118	74	15	14	29	3	4	30	11	2	2	12	5	18	32	7
		6%	6%	4%	4%	4%	6%	4%	4%	4%	4%	3%	11%	5%	11%	8%	4%
													bcdk		bcdhk	c	
NET: Agree		1622	1008	275	266	541	42	81	574	211	51	41	86	78	123	335	123
		79%	80%	79%	79%	79%	79%	73%	78%	82%	79%	80%	77%	76%	76%	83%	75%
																b	
NET: Disagree		313	179	60	55	115	8	25	130	37	11	9	13	20	22	39	33
		15%	14%	17%	16%	17%	15%	23%	18%	14%	17%	17%	12%	19%	13%	10%	20%
								dgij	j					j			j
Base for stats		1935	1187	335	321	656	50	107	704	248	62	49	99	98	145	373	156
Mean Score		3.19	3.22	3.16	3.15	3.16	3.33	3.12	3.12	3.14	3.03	3.11	3.26	3.09	3.27	3.38	3.19
															c	bcdefhk	
Standard Deviation		.816	.823	.824	.766	.795	.815	.863	.793	.797	.878	.819	.750	.912	.853	.796	.851
Standard Error		.019	.024	.046	.044	.032	.110	.081	.029	.049	.107	.120	.071	.082	.071	.049	.065
Error variance		*	*	*	*	*	.01	.01	*	*	.01	.01	*	.01	.01	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Nature of working location						Nature of working hours						Number of people in household including self				
		Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree	(4.0)	777	197	123	60	14	184	211	230	88	63	9	152	239	139	418	186	35	639
		38%	33%	36%	36%	30%	36%	33%	35%	32%	33%	25%	32%	34%	41% c	40% c	33%	34%	37%
Tend to agree	(3.0)	844	285	153	62	19	215	304	299	124	85	16	209	316	129	417	263	36	715
		41%	47% c	44%	37%	40%	42%	47% c	46%	44%	45%	43%	44%	45%	38%	40%	47% abde	35%	42%
Tend to disagree	(2.0)	223	71	44	30	8	74	79	75	46	27	7	73	82	33	107	64	19	191
		11%	12%	13%	18% a	17%	15%	12%	11%	17% af	14%	19%	16% a	12%	10%	10%	11%	19% abce	11%
Strongly disagree	(1.0)	90	23	15	7	4	22	27	27	9	11	3	20	30	19	47	19	5	71
		4%	4%	4%	4%	8%	4%	4%	4%	3%	6%	7%	4%	4%	6%	4%	3%	5%	4%
Don't know		118	26	8	7	2	15	28	26	12	5	2	17	28	20	64	27	6	97
		6%	4%	2%	4%	4%	3%	4%	4%	4%	2%	5%	4%	4%	6%	6%	5%	6%	6%
NET: Agree		1622	482	277	122	32	399	515	529	212	149	26	361	555	268	835	449	70	1354
		79%	80%	80%	74%	71%	78%	79%	80%	76%	78%	68%	77%	80%	79%	79% d	80% d	70%	79% d
NET: Disagree		313	95	59	37	12	96	106	102	56	38	10	93	112	52	154	83	24	261
		15%	16%	17%	22% a	25%	19%	16%	16%	20%	20%	27%	20%	16%	15%	15%	15%	24% abce	15%
Base for stats		1935	577	336	159	44	495	621	631	268	186	36	454	667	320	989	532	94	1615
Mean Score		3.19	3.14	3.15	3.10	2.97	3.13	3.12	3.16	3.09	3.08	2.90	3.08	3.15	3.21	3.22	3.16	3.06	3.19
Standard Deviation		.816	.781	.811	.861	.923	.827	.792	.794	.799	.843	.889	.817	.801	.857	.820	.769	.887	.808
Standard Error		.019	.031	.044	.067	.135	.037	.031	.031	.047	.062	.142	.038	.030	.049	.026	.033	.087	.020
Error variance		*	*	*	*	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*

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Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?

BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	777	138	488	124	185	30	465	297	40	627	150	686	88
	38%	35%	38%	38%	45%	36%	36%	41%	40%	38%	36%	40%	29%
					ad			d				b	
Tend to agree (3.0)	844	178	530	125	138	33	572	258	34	675	169	717	124
	41%	45%	42%	38%	33%	39%	45%	36%	35%	41%	40%	41%	41%
							abef						
Tend to disagree (2.0)	223	49	131	49	47	15	124	91	15	173	50	179	41
	11%	12%	10%	15%	11%	17%	10%	13%	15%	11%	12%	10%	14%
				d		d		d					
Strongly disagree (1.0)	90	15	53	15	17	5	55	31	5	68	22	65	22
	4%	4%	4%	5%	4%	6%	4%	4%	5%	4%	5%	4%	7%
													a
Don't know	118	17	69	16	27	2	64	40	5	87	30	84	28
	6%	4%	5%	5%	6%	3%	5%	6%	5%	5%	7%	5%	9%
													a
NET: Agree	1622	315	1018	249	324	63	1037	555	74	1302	319	1402	212
	79%	79%	80%	76%	78%	75%	81%	77%	75%	80%	76%	81%	70%
							ae					b	
NET: Disagree	313	65	184	65	63	19	179	122	20	241	72	243	63
	15%	16%	15%	20%	15%	23%	14%	17%	20%	15%	17%	14%	21%
				d		d							a
Base for stats	1935	380	1202	314	387	83	1216	677	95	1544	392	1646	275
Mean Score	3.19	3.15	3.21	3.14	3.27	3.07	3.19	3.21	3.15	3.21	3.14	3.23	3.01
					ac							b	
Standard Deviation	.816	.795	.805	.856	.835	.881	.793	.844	.882	.808	.847	.794	.888
Standard Error	.019	.040	.023	.047	.043	.093	.023	.032	.088	.020	.044	.020	.052
Error variance	*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Strongly agree (4.0)	777	146	66	104	145	99	71	31	114	415	216	194	198	267	111	142	168	308	154
	38%	37%	36%	35%	36%	38%	33%	40%	52%	36%	42%	40%	35%	37%	44%	23%	33%	49%	60%
									abcdefij		cfi				b		a	ab	abc
Tend to agree (3.0)	844	143	82	119	183	111	106	37	65	494	207	183	242	319	94	276	231	257	69
	41%	36%	45%	39%	46%	43%	50%	48%	29%	43%	41%	38%	43%	44%	37%	45%	45%	41%	27%
			h	h	ah	h	achj	h		ah	h			ad		d	d	d	
Tend to disagree (2.0)	223	38	14	42	47	33	24	2	24	135	50	56	75	73	17	99	60	44	18
	11%	10%	8%	14%	12%	12%	11%	3%	11%	12%	10%	12%	13%	10%	7%	16%	12%	7%	7%
		g		bg	g	g	g		g	g	g	d	d			bcd	cd		
Strongly disagree (1.0)	90	21	12	15	12	8	5	5	10	48	21	25	20	28	15	54	18	10	6
	4%	5%	7%	5%	3%	3%	3%	7%	5%	4%	4%	5%	4%	4%	6%	9%	3%	2%	3%
			df													bcd	c		
Don't know	118	48	9	21	13	10	6	2	8	54	16	24	27	35	17	41	40	15	7
	6%	12%	5%	7%	3%	4%	3%	2%	4%	5%	3%	5%	5%	5%	7%	7%	8%	2%	3%
		bcdefghij		dfj												cd	cd		
NET: Agree	1622	289	148	223	328	210	177	68	179	909	424	377	440	586	206	418	399	565	223
	79%	73%	81%	74%	82%	80%	83%	88%	81%	79%	83%	78%	78%	81%	81%	68%	77%	89%	88%
			a		ac	a	ac	ac	a	ac	ac						a	ab	ab
NET: Disagree	313	59	26	57	59	41	29	8	34	183	71	82	95	101	32	153	77	54	24
	15%	15%	14%	19%	15%	16%	14%	10%	15%	16%	14%	17%	17%	14%	13%	25%	15%	9%	10%
																bcd	cd		
Base for stats	1935	349	174	280	387	251	206	75	213	1092	494	458	535	687	238	571	476	619	247
Mean Score	3.19	3.19	3.16	3.12	3.19	3.20	3.18	3.24	3.33	3.17	3.25	3.19	3.15	3.20	3.27	2.89	3.15	3.39	3.50
									cdi		c						a	ab	ab
Standard Deviation	.816	.860	.849	.850	.767	.788	.731	.826	.859	.807	.804	.856	.799	.785	.850	.888	.777	.691	.744
Standard Error	.019	.048	.064	.050	.039	.049	.050	.094	.060	.024	.036	.040	.034	.031	.055	.037	.035	.028	.048
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q9.14. Sport and physical activity providers should continue to follow Covid-19 safety measures: To what extent do you agree or disagree with each statement?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
Strongly agree	(4.0)	777	303	270	203
		38%	42%	34%	39%
			b		
Tend to agree	(3.0)	844	285	331	224
		41%	40%	42%	43%
Tend to disagree	(2.0)	223	78	84	59
		11%	11%	11%	11%
Strongly disagree	(1.0)	90	26	44	20
		4%	4%	6%	4%
Don't know		118	23	60	19
		6%	3%	8%	4%
				ac	
NET: Agree		1622	588	601	427
		79%	82%	76%	81%
			b		b
NET: Disagree		313	104	128	78
		15%	14%	16%	15%
Base for stats		1935	692	729	505
Mean Score		3.19	3.25	3.13	3.21
			b		
Standard Deviation		.816	.798	.842	.794
Standard Error		.019	.030	.032	.035
Error variance		*	*	*	*

Q10AA. SUMMARY: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Nothing	Some, but less than half an hour	Between half an hour and an hour	An hour or more	NET: Some
A typical weekday (outside of school hours)	685	108	240	224	113	577
	100%	16%	35%	33%	17%	84%
A typical weekend day	685	68	181	224	212	617
	100%	10%	26%	33%	31%	90%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	644	258	383	254	360	30	32	83	54	78	63	56	104	127	47
Total	685	266	416	254	391	40	31	85	62	66	56	80	123	122	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	108	40	69	45	57	6	5	12	11	15	10	12	18	16	9
	16%	15%	16%	18%	15%	15%	16%	15%	18%	22%	18%	15%	15%	13%	16%
Some, but less than half an hour	240	97	141	90	140	9	10	25	27	31	13	27	48	40	19
	35%	37%	34%	36%	36%	23%	31%	29%	44%	47%	23%	33%	39%	33%	32%
									e	beh			e		
Between half an hour and an hour	224	87	136	80	126	18	16	25	13	17	22	29	38	45	20
	33%	33%	33%	31%	32%	44%	50%	30%	21%	25%	38%	37%	31%	37%	34%
							bcdg				c			c	
An hour or more	113	42	70	39	68	7	1	23	11	3	11	12	19	21	11
	17%	16%	17%	15%	17%	17%	3%	27%	18%	5%	20%	15%	15%	17%	19%
								ad	ad		ad	d	d	ad	ad
NET: Some	577	226	347	209	334	34	26	73	51	51	46	68	105	106	50
	84%	85%	84%	82%	85%	85%	84%	85%	82%	78%	82%	85%	85%	87%	84%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

| | Total | Social Grade | | | | | | | | Ethnicity | | | | | | |
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	644	77	179	134	105	87	62	390	254	510	23	63	32	8	6	132
Total	685	84	198	151	106	85	61	433	252	545	24	64	34	9	6	137
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	108	17	32	25	13	13	9	74	35	82	4	13	7	-	2	26
	16%	20%	16%	17%	12%	16%	14%	17%	14%	15%	17%	20%	21%	-	37%	19%
Some, but less than half an hour	240	28	59	51	44	35	23	138	102	185	10	25	13	5	1	54
	35%	34%	30%	34%	41%	41%	38%	32%	40%	34%	43%	39%	37%	59%	12%	39%
					b				bg							
Between half an hour and an hour	224	21	75	53	33	26	16	149	74	180	7	18	11	4	2	42
	33%	25%	38%	35%	31%	31%	25%	34%	30%	33%	31%	28%	32%	41%	34%	31%
			a													
An hour or more	113	17	33	22	17	10	14	72	41	98	2	8	3	-	1	15
	17%	21%	17%	14%	16%	12%	23%	17%	16%	18%	9%	13%	10%	-	18%	11%
NET: Some	577	67	167	126	93	71	53	360	217	464	20	51	27	9	4	111
	84%	80%	84%	83%	88%	84%	86%	83%	86%	85%	83%	80%	79%	100%	63%	81%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside.of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.
BASE: All respondents who have children under 16

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	b	c	d	*a	b	c	d	*e	*f	g	*h	i	*j	k
Unweighted Total	644	-	329	315	644	23	51	330	97	24	12	39	9	53	6	74
Total	685	-	350	335	685	24	55	356	98	25	13	41	9	56	8	79
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	108	-	65	43	108	6	7	58	10	3	3	7	1	13	2	13
	16%	-	19% c	13%	16%	25%	12%	16%	10%	13%	23%	16%	11%	23% d	26%	16%
Some, but less than half an hour	240	-	117	123	240	7	30	112	41	11	3	11	2	24	-	36
	35%	-	33%	37%	35%	28%	54% cg	31%	42%	45%	25%	26%	19%	42%	-	46% cg
Between half an hour and an hour	224	-	114	110	224	8	15	122	34	7	5	12	5	10	6	23
	33%	-	33%	33%	33%	32%	27%	34% i	35% i	30%	37%	29%	59%	18%	74%	29%
An hour or more	113	-	53	60	113	4	4	65	14	3	2	12	1	9	-	7
	17%	-	15%	18%	17%	15%	7%	18% b	14%	13%	15%	29% bdk	11%	17%	-	9%
NET: Some	577	-	284	292	577	18	48	299	88	22	10	34	8	43	6	66
	84%	-	81%	87% b	84%	75%	88%	84%	90% i	87%	77%	84%	89%	77%	74%	84%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.
BASE: All respondents who have children under 16

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	d	e
Unweighted Total	644	264	154	54	21	208	285	273	137	67	16	204	289	2	266	329	47	642
Total	685	276	169	56	24	226	300	292	144	71	18	215	309	2	284	349	50	683
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	108	39	29	7	2	37	41	38	30	7	-	37	38	-	48	52	8	108
	16%	14%	17%	13%	9%	16%	14%	13%	21%	10%	-	17%	12%	-	17%	15%	16%	16%
									af									
Some, but less than half an hour	240	86	62	22	14	84	100	86	61	30	10	91	96	2	94	122	22	238
	35%	31%	37%	39%	59%	37%	33%	29%	42%	43%	58%	42%	31%	100%	33%	35%	43%	35%
									af	a		af						
Between half an hour and an hour	224	100	55	16	6	71	106	111	34	24	6	58	117	-	104	108	11	224
	33%	36%	33%	28%	27%	31%	35%	38%	23%	34%	35%	27%	38%	-	37%	31%	23%	33%
								be					be					
An hour or more	113	51	22	12	1	34	53	57	20	9	1	29	58	-	37	67	9	113
	17%	19%	13%	21%	5%	15%	18%	20%	14%	13%	8%	14%	19%	-	13%	19%	18%	17%
																b		
NET: Some	577	237	140	49	22	189	258	254	114	64	18	178	271	2	236	297	42	575
	84%	86%	83%	87%	91%	84%	86%	87%	79%	90%	100%	83%	88%	100%	83%	85%	84%	84%
								b					b					

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside.of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	644	202	429	129	95	26	412	219	28	544	100	564	77
Total	685	211	459	138	103	27	437	234	31	576	109	602	79
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	108	40	66	29	26	4	55	52	6	86	22	95	13
	16%	19%	14%	21%	25%	15%	13%	22%	19%	15%	21%	16%	17%
				d	d			d					
Some, but less than half an hour	240	97	135	48	30	13	154	81	8	201	38	203	36
	35%	46%	29%	35%	29%	49%	35%	35%	25%	35%	35%	34%	45%
		b											
Between half an hour and an hour	224	54	166	36	30	8	149	67	8	194	29	197	24
	33%	25%	36%	26%	30%	31%	34%	29%	25%	34%	27%	33%	30%
			a										
An hour or more	113	20	92	25	16	1	79	33	10	95	19	107	6
	17%	9%	20%	18%	16%	5%	18%	14%	31%	16%	17%	18%	8%
			a									b	
NET: Some	577	171	394	109	77	23	382	182	25	491	86	507	66
	84%	81%	86%	79%	75%	85%	87%	78%	81%	85%	79%	84%	83%
							abe						

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	644	43	54	101	164	106	78	30	68	425	176	129	203	214	91	180	191	194	72
Total	685	49	58	104	175	112	84	32	71	450	186	139	218	225	96	193	202	203	80
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	108	16	15	17	26	18	7	4	5	76	16	25	33	31	19	31	26	31	19
	16%	32%	26%	16%	15%	16%	9%	13%	6%	17%	9%	18%	15%	14%	20%	16%	13%	15%	23%
		cdefhij	fhj							hj									b
Some, but less than half an hour	240	10	15	43	80	43	23	7	19	181	49	54	77	78	27	62	75	73	26
	35%	20%	27%	41%	45%	38%	28%	21%	27%	40%	26%	39%	35%	35%	28%	32%	37%	36%	33%
				agj	abfghj	aj				afghj									
Between half an hour and an hour	224	15	16	34	52	39	37	8	23	141	68	39	71	81	30	71	61	70	21
	33%	31%	27%	33%	30%	35%	44%	25%	32%	31%	36%	28%	33%	36%	31%	36%	30%	34%	26%
							bdi												
An hour or more	113	8	12	11	17	12	16	13	24	52	53	21	37	35	20	30	40	30	14
	17%	16%	21%	10%	10%	11%	19%	41%	34%	12%	29%	15%	17%	16%	21%	16%	20%	15%	18%
			d				d	abcdefi	acdefi		cdei								
NET: Some	577	33	43	88	149	94	76	28	66	373	170	114	185	195	76	162	176	172	62
	84%	68%	74%	84%	85%	84%	91%	87%	94%	83%	91%	82%	85%	86%	80%	84%	87%	85%	77%
				a	a	a	ab		abi	a	abi							d	

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Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.1. A typical weekday (outside of school hours): On average, how much physical activity and exercise does each child in your household do outside. of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	644	287	204	151
Total	685	305	218	160
	100%	100%	100%	100%
Nothing	108	46	34	27
	16%	15%	16%	17%
Some, but less than half an hour	240	98	84	58
	35%	32%	38%	37%
Between half an hour and an hour	224	108	65	50
	33%	35%	30%	32%
An hour or more	113	54	35	24
	17%	18%	16%	15%
NET: Some	577	260	184	132
	84%	85%	84%	83%

Savanta:
ComRes

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	644	258	383	254	360	30	32	83	54	78	63	56	104	127	47
Total	685	266	416	254	391	40	31	85	62	66	56	80	123	122	60
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	23	44	28	30	9	6	8	7	4	4	9	16	10	5
	10%	9%	11%	11%	8%	23% b	18%	9%	11%	7%	7%	11%	13%	8%	8%
Some, but less than half an hour	181	68	112	73	100	9	5	14	17	22	16	29	29	31	17
	26%	26%	27%	29%	26%	22%	17%	17%	27%	33% b	29%	37% b	24%	25%	29%
Between half an hour and an hour	224	92	132	81	133	11	11	26	23	29	20	18	41	38	18
	33%	34%	32%	32%	34%	28%	35%	31%	37%	44% f	36%	23%	33%	31%	29%
An hour or more	212	83	128	73	129	11	9	37	16	10	16	23	37	44	21
	31%	31%	31%	29%	33%	27%	29%	43% cd	25%	16%	28%	29%	30% d	36% d	35% d
NET: Some	617	242	372	226	361	30	26	77	55	61	52	71	107	113	55
	90%	91%	89%	89%	92% c	77%	82%	91%	89%	93%	93%	89%	87%	92%	92%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total	644	77	179	134	105	87	62	390	254	510	23	63	32	8	6	132
Total	685	84	198	151	106	85	61	433	252	545	24	64	34	9	6	137
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	10	13	15	8	12	10	37	30	54	2	6	4	-	-	12
	10%	11%	7%	10%	8%	14%	16%	9%	12%	10%	10%	9%	11%	-	-	9%
						b	b									
Some, but less than half an hour	181	28	53	33	33	23	11	114	67	140	5	18	12	4	2	42
	26%	34%	26%	22%	31%	27%	18%	26%	27%	26%	22%	28%	35%	46%	37%	30%
		f														
Between half an hour and an hour	224	21	64	56	33	28	23	140	84	166	13	28	14	4	1	58
	33%	25%	32%	37%	31%	33%	38%	32%	33%	30%	52%	43%	39%	41%	12%	42%
												a				a
An hour or more	212	25	69	48	32	21	17	142	70	185	4	12	5	1	3	26
	31%	30%	35%	31%	30%	25%	28%	33%	28%	34%	17%	19%	15%	13%	51%	19%
										cdg						
NET: Some	617	74	186	137	97	72	52	396	221	491	22	58	30	9	6	125
	90%	89%	93%	90%	92%	86%	84%	91%	88%	90%	90%	91%	89%	100%	100%	91%
			ef													

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		*a	b	c	d	*a	b	c	d	*e	*f	g	*h	i	*j	k
Unweighted Total	644	-	329	315	644	23	51	330	97	24	12	39	9	53	6	74
Total	685	-	350	335	685	24	55	356	98	25	13	41	9	56	8	79
	100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	-	43	25	68	5	7	29	9	1	1	3	1	11	1	12
	10%	-	12% c	7%	10%	19%	13%	8%	9%	4%	7%	7%	9%	19% c	14%	15%
Some, but less than half an hour	181	-	82	99	181	4	19	84	33	9	3	11	1	16	2	23
	26%	-	23%	30%	26%	15%	35%	24%	34% c	35%	22%	27%	11%	28%	24%	29%
Between half an hour and an hour	224	-	123	101	224	11	18	114	31	10	6	11	2	17	4	29
	33%	-	35%	30%	33%	45%	33%	32%	32%	39%	48%	27%	20%	30%	51%	37%
An hour or more	212	-	102	110	212	5	10	129	24	5	3	16	5	13	1	15
	31%	-	29%	33%	31%	21%	19%	36% bdk	25%	22%	23%	39% bk	60%	23%	10%	20%
NET: Some	617	-	307	310	617	20	48	327	89	24	12	38	8	45	7	67
	90%	-	88%	93% b	90%	81%	87%	92% i	91%	96%	93%	93%	91%	81%	86%	85%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	d	e
Unweighted Total	644	264	154	54	21	208	285	273	137	67	16	204	289	2	266	329	47	642
Total	685	276	169	56	24	226	300	292	144	71	18	215	309	2	284	349	50	683
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	24	14	5	2	19	26	28	6	4	4	10	32	-	32	29	6	68
	10%	9%	9%	8%	9%	9%	9%	10%	4%	6%	25%	5%	11%	-	11%	8%	12%	10%
								e					be					
Some, but less than half an hour	181	62	54	16	7	70	70	62	51	23	4	75	66	1	71	98	12	180
	26%	23%	32%	28%	30%	31%	23%	21%	36%	33%	20%	35%	21%	41%	25%	28%	23%	26%
			a				a		af	af		af						
Between half an hour and an hour	224	95	49	21	8	70	103	97	48	24	4	71	101	1	103	103	17	223
	33%	34%	29%	38%	33%	31%	34%	33%	33%	34%	23%	33%	33%	59%	36%	30%	34%	33%
An hour or more	212	95	52	15	6	67	102	105	39	20	6	59	110	-	78	119	15	212
	31%	34%	31%	26%	27%	30%	34%	36%	27%	28%	32%	27%	36%	-	28%	34%	31%	31%
NET: Some	617	252	155	52	21	206	274	264	138	67	13	205	277	2	252	320	44	615
	90%	91%	91%	92%	91%	91%	91%	90%	96%	94%	75%	95%	89%	100%	89%	92%	88%	90%
									f			af						

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total	644	202	429	129	95	26	412	219	28	544	100	564	77
Total	685	211	459	138	103	27	437	234	31	576	109	602	79
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	17	45	13	8	7	40	24	3	59	9	55	10
	10%	8%	10%	10%	7%	27%	9%	10%	8%	10%	8%	9%	13%
Some, but less than half an hour	181	75	103	36	33	11	105	74	5	149	32	151	29
	26%	36%	22%	26%	32%	41%	24%	32%	17%	26%	30%	25%	36%
		b						d					a
Between half an hour and an hour	224	75	145	50	31	4	143	73	11	183	41	198	26
	33%	35%	32%	36%	31%	16%	33%	31%	37%	32%	38%	33%	33%
An hour or more	212	44	166	38	31	4	149	62	12	185	27	198	15
	31%	21%	36%	28%	30%	16%	34%	26%	39%	32%	25%	33%	18%
			a									b	
NET: Some	617	194	414	124	95	20	397	209	28	518	100	547	69
	90%	92%	90%	90%	93%	73%	91%	90%	92%	90%	92%	91%	87%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	644	43	54	101	164	106	78	30	68	425	176	129	203	214	91	180	191	194	72
Total	685	49	58	104	175	112	84	32	71	450	186	139	218	225	96	193	202	203	80
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Nothing	68	17	7	11	16	8	4	1	2	43	8	19	19	17	9	23	10	19	13
	10%	35%	12%	11%	9%	7%	5%	3%	3%	10%	4%	14%	9%	8%	9%	12%	5%	9%	17%
		bcdefghij	j	j						j						b			b
Some, but less than half an hour	181	4	17	38	54	36	17	5	10	145	32	40	62	60	17	44	68	48	20
	26%	8%	28%	37%	31%	32%	20%	17%	14%	32%	17%	28%	29%	27%	17%	22%	34%	24%	25%
			a	afghj	ahj	ahj				afhj			d				ac		
Between half an hour and an hour	224	12	14	35	63	41	25	12	22	154	59	47	70	70	34	69	54	74	26
	33%	24%	25%	34%	36%	37%	30%	36%	31%	34%	31%	34%	32%	31%	36%	35%	27%	36%	33%
																		b	
An hour or more	212	16	21	19	42	26	37	14	37	108	88	32	66	77	36	59	70	62	21
	31%	33%	35%	18%	24%	24%	44%	44%	52%	24%	47%	23%	30%	34%	38%	30%	35%	31%	26%
			c				cdei	cdei	cdei		cdei			a	a				
NET: Some	617	32	51	93	159	104	79	31	68	407	179	119	199	208	87	171	191	184	67
	90%	65%	88%	89%	91%	93%	95%	97%	97%	90%	96%	86%	91%	92%	91%	88%	95%	91%	83%
			a	a	a	a	a	a	a	a	abci						ad		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10AA.2. A typical weekend day: On average, how much physical activity and exercise does each child in your household do outside of school hours on a typical day at the moment? This might include walking, cycling, scootering, running, sport, ball games, trampolining, active play, dancing, online exercise classes or any other exercise done on their own or with others. If you have more than one child in your household, please select the average across the children.

BASE: All respondents who have children under 16

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	644	287	204	151
Total	685	305	218	160
	100%	100%	100%	100%
Nothing	68	24	27	17
	10%	8%	13%	10%
Some, but less than half an hour	181	85	48	49
	26%	28%	22%	31%
Between half an hour and an hour	224	94	81	48
	33%	31%	37%	30%
An hour or more	212	103	62	47
	31%	34%	28%	29%
NET: Some	617	282	191	143
	90%	92%	87%	90%

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All those who live with children in their household

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		644	258	383	254	360	30	32	83	54	78	63	56	104	127	47
Total		685	266	416	254	391	40	31	85	62	66	56	80	123	122	60
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	87	33	54	50	31	6	3	9	11	8	7	8	21	16	4
		13%	12%	13%	20%	8%	16%	9%	10%	18%	12%	13%	11%	17%	13%	7%
					b											
A bit more	(4.0)	246	86	157	104	133	9	10	33	22	22	24	28	45	43	19
		36%	32%	38%	41%	34%	22%	32%	39%	35%	34%	42%	35%	37%	35%	32%
					c											
Neither more nor less	(3.0)	212	91	120	58	143	10	9	21	19	18	18	24	30	42	31
		31%	34%	29%	23%	37%	25%	28%	25%	30%	28%	32%	30%	24%	34%	51%
						a										abcdefgh
A bit less	(2.0)	106	45	60	38	56	12	8	17	9	16	5	13	19	17	2
		15%	17%	15%	15%	14%	31%	24%	20%	14%	24%	9%	16%	16%	14%	4%
							ab	i	i		ei		i	i		
A lot less	(1.0)	28	9	19	1	26	1	1	5	2	1	2	6	5	5	1
		4%	3%	5%	*	7%	3%	3%	5%	4%	1%	4%	8%	4%	4%	2%
						a										
Don't know		7	3	4	3	2	1	1	-	-	1	-	-	3	-	2
		1%	1%	1%	1%	1%	4%	3%	-	-	1%	-	-	2%	-	4%
								h								h
NET: More		332	119	212	154	163	15	13	42	33	30	31	37	66	58	23
		49%	45%	51%	61%	42%	37%	41%	49%	53%	46%	55%	46%	54%	48%	39%
					bc											
NET: Less		134	54	80	38	82	13	9	22	11	17	7	19	24	22	4
		20%	20%	19%	15%	21%	34%	28%	26%	18%	25%	13%	24%	20%	18%	6%
							a	i	i		i		i			
Base for stats		678	263	412	251	389	38	30	85	62	65	56	80	120	122	58
Mean Score		3.38	3.34	3.41	3.66	3.22	3.17	3.19	3.29	3.49	3.31	3.51	3.25	3.48	3.39	3.38
					b											
Standard Deviation		1.027	1.009	1.040	.974	1.012	1.156	1.041	1.072	1.065	1.019	.963	1.093	1.086	1.010	.786
Standard Error		.041	.063	.053	.061	.053	.215	.187	.118	.145	.116	.121	.146	.108	.090	.117
Error variance		*	*	*	*	*	.05	.03	.01	.02	.01	.01	.02	.01	.01	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All those who live with children in their household

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	*b	c	d	*e	*f	g
Unweighted Total		644	77	179	134	105	87	62	390	254	510	23	63	32	8	6	132
Total		685	84	198	151	106	85	61	433	252	545	24	64	34	9	6	137
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	87	16	26	17	12	7	9	59	28	65	2	13	5	-	1	22
		13%	19% e	13%	11%	12%	8%	15%	14%	11%	12%	10%	20%	16%	-	18%	16%
A bit more	(4.0)	246	28	75	53	35	31	24	156	89	192	10	17	18	3	4	52
		36%	33%	38%	35%	33%	36%	39%	36%	35%	35%	41%	26%	51% c	40%	68%	38%
Neither more nor less	(3.0)	212	25	52	49	34	31	20	126	85	179	6	20	3	2	1	31
		31%	30%	26%	32%	32%	37%	33%	29%	34%	33% dg	23%	31% d	9%	25%	14%	23%
A bit less	(2.0)	106	11	33	23	20	11	7	67	39	81	5	10	7	2	-	25
		15%	13%	17%	15%	19%	13%	12%	16%	15%	15%	22%	16%	21%	24%	-	18%
A lot less	(1.0)	28	2	11	9	2	3	1	22	6	24	1	3	1	-	-	5
		4%	2%	6%	6%	2%	3%	2%	5%	2%	4%	4%	4%	2%	-	-	3%
Don't know		7	1	1	-	2	2	-	2	4	4	-	1	-	1	-	2
		1%	2%	*	-	2%	3%	-	1%	2%	1%	-	2%	-	11%	-	2%
NET: More		332	44	101	70	47	37	33	215	118	257	12	30	23	3	6	74
		49%	53%	51%	46%	44%	44%	54%	50%	47%	47%	51%	47%	67% a	40%	86%	54%
NET: Less		134	13	44	32	23	14	8	90	44	105	6	13	8	2	-	30
		20%	16%	22%	21%	21%	16%	13%	21%	18%	19%	26%	20%	24%	24%	-	22%
Base for stats		678	82	198	151	104	82	61	431	247	541	24	62	34	8	6	135
Mean Score		3.38	3.54	3.36	3.30	3.33	3.34	3.54	3.37	3.39	3.36	3.30	3.43	3.56	3.19	4.03	3.46
Standard Deviation		1.027	1.037	1.085	1.050	.997	.925	.946	1.065	.961	1.017	1.064	1.130	1.080	.886	.615	1.073
Standard Error		.041	.119	.081	.091	.098	.100	.120	.054	.061	.045	.222	.143	.191	.335	.251	.094
Error variance		*	.01	.01	.01	.01	.01	.01	*	*	*	.05	.02	.04	.11	.06	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All those who live with children in their household

		Total	Children aged 15 or under in the household				Current employment status										
			None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			*a	b	c	d	*a	b	c	d	*e	*f	g	*h	i	*j	k
Unweighted Total		644	-	329	315	644	23	51	330	97	24	12	39	9	53	6	74
Total		685	-	350	335	685	24	55	356	98	25	13	41	9	56	8	79
		100%	-	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	87	-	41	45	87	6	9	45	6	1	1	4	5	9	-	16
		13%	-	12%	14%	13%	27%	17% d	13%	6%	4%	8%	10%	59%	15%	-	20% d
A bit more	(4.0)	246	-	113	133	246	12	16	133	37	7	5	16	3	14	3	27
		36%	-	32%	40% b	36%	48%	29%	37%	38%	30%	38%	39%	31%	25%	44%	35%
Neither more nor less	(3.0)	212	-	114	98	212	4	16	107	32	12	2	14	-	22	3	20
		31%	-	33%	29%	31%	18%	29%	30%	33%	47%	13%	34%	-	39%	42%	26%
A bit less	(2.0)	106	-	61	45	106	2	11	56	16	4	3	5	1	8	1	13
		15%	-	17%	13%	15%	7%	20%	16%	16%	14%	25%	12%	10%	14%	14%	16%
A lot less	(1.0)	28	-	15	13	28	-	3	14	3	1	2	1	-	4	-	3
		4%	-	4%	4%	4%	-	5%	4%	4%	5%	16%	2%	-	7%	-	4%
Don't know		7	-	6	1	7	-	-	2	3	-	-	1	-	-	-	-
		1%	-	2%	*	1%	-	-	1%	3% c	-	-	3%	-	-	-	-
NET: More		332	-	154	178	332	18	25	178	43	8	6	20	8	22	3	43
		49%	-	44%	53% b	49%	75%	45%	50%	44%	34%	46%	48%	90%	40%	44%	54%
NET: Less		134	-	76	58	134	2	14	69	20	5	5	6	1	12	1	16
		20%	-	22%	17%	20%	7%	25%	19%	20%	19%	41%	14%	10%	21%	14%	20%
Base for stats		678	-	344	334	678	24	55	354	95	25	13	40	9	56	8	79
Mean Score		3.38	-	3.30	3.46	3.38	3.94	3.32	3.40	3.27	3.13	2.98	3.43	4.39	3.27	3.30	3.51
Standard Deviation		1.027	-	1.037	1.013	1.027	.875	1.136	1.021	.945	.901	1.315	.925	.971	1.112	.751	1.097
Standard Error		.041	-	.058	.057	.041	.182	.159	.056	.098	.184	.380	.150	.324	.153	.307	.127
Error variance		*	-	*	*	*	.03	.03	*	.01	.03	.14	.02	.10	.02	.09	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All those who live with children in their household

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	*d	e	f	a	b	c	*d	e	f	*a	b	c	d	e
Unweighted Total		644	264	154	54	21	208	285	273	137	67	16	204	289	2	266	329	47	642
Total		685	276	169	56	24	226	300	292	144	71	18	215	309	2	284	349	50	683
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	87	38	15	5	5	20	43	36	16	6	2	22	38	-	36	44	6	87
		13%	14%	9%	9%	21%	9%	14%	12%	11%	9%	12%	10%	12%	-	13%	13%	13%	13%
A bit more	(4.0)	246	94	65	23	8	88	102	106	54	26	6	79	112	-	95	136	14	246
		36%	34%	38%	41%	33%	39%	34%	36%	37%	36%	31%	37%	36%	-	34%	39%	28%	36%
Neither more nor less	(3.0)	212	82	54	16	5	70	86	87	39	25	7	64	94	2	91	104	14	210
		31%	30%	32%	29%	19%	31%	29%	30%	27%	35%	39%	30%	30%	100%	32%	30%	29%	31%
A bit less	(2.0)	106	48	29	9	3	38	51	46	29	10	2	39	48	-	48	47	11	106
		15%	17%	17%	15%	13%	17%	17%	16%	20%	14%	12%	18%	16%	-	17%	13%	23%	16%
A lot less	(1.0)	28	11	6	3	2	9	14	14	4	5	1	8	15	-	10	15	4	28
		4%	4%	3%	6%	10%	4%	5%	5%	3%	7%	5%	4%	5%	-	3%	4%	8%	4%
Don't know		7	3	1	-	1	1	4	2	2	-	-	2	2	-	3	3	-	7
		1%	1%	1%	-	4%	*	1%	1%	1%	-	-	1%	1%	-	1%	1%	-	1%
NET: More		332	132	79	28	13	107	144	142	70	32	8	102	150	-	132	180	20	332
		49%	48%	47%	50%	54%	48%	48%	49%	48%	45%	44%	47%	48%	-	46%	52%	41%	49%
NET: Less		134	59	35	12	5	47	65	60	33	14	3	47	63	-	57	61	15	134
		20%	22%	21%	22%	23%	21%	22%	21%	23%	20%	17%	22%	20%	-	20%	18%	31%	20%
																		c	
Base for stats		678	273	168	56	23	224	296	290	142	71	18	213	307	2	280	346	50	676
Mean Score		3.38	3.36	3.32	3.31	3.44	3.32	3.37	3.36	3.34	3.27	3.33	3.32	3.36	3.00	3.36	3.43	3.15	3.38
Standard Deviation		1.027	1.056	.976	1.046	1.288	.991	1.073	1.042	1.014	1.031	1.048	1.018	1.041	-	1.021	1.014	1.154	1.029
Standard Error		.041	.065	.079	.142	.288	.069	.064	.063	.087	.126	.262	.072	.061	-	.063	.056	.168	.041
Error variance		*	*	.01	.02	.08	*	*	*	.01	.02	.07	.01	*	-	*	*	.03	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?
BASE: All those who live with children in their household

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	*c	d	e	*f	a	b	a	b
Unweighted Total		644	202	429	129	95	26	412	219	28	544	100	564	77
Total		685	211	459	138	103	27	437	234	31	576	109	602	79
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	87	29	57	23	18	4	46	39	5	75	12	82	5
		13%	14%	12%	17%	17%	16%	11%	17%	17%	13%	11%	14%	7%
									d					
A bit more	(4.0)	246	85	158	56	39	9	152	90	14	199	47	217	26
		36%	40%	34%	41%	38%	32%	35%	38%	47%	34%	43%	36%	33%
Neither more nor less	(3.0)	212	57	146	32	33	9	142	65	7	175	36	178	32
		31%	27%	32%	23%	32%	34%	32%	28%	21%	30%	33%	30%	40%
								a						
A bit less	(2.0)	106	33	72	17	11	4	74	28	3	98	8	94	12
		15%	16%	16%	13%	10%	15%	17%	12%	11%	17%	7%	16%	15%
											b			
A lot less	(1.0)	28	7	21	9	2	1	18	11	1	24	5	26	3
		4%	3%	5%	6%	2%	3%	4%	5%	4%	4%	4%	4%	3%
Don't know		7	1	6	1	-	-	6	1	-	5	2	6	1
		1%	*	1%	1%	-	-	1%	*	-	1%	2%	1%	1%
NET: More		332	113	215	79	57	13	198	128	20	274	58	299	32
		49%	54%	47%	57%	55%	48%	45%	55%	64%	48%	54%	50%	40%
					d				d					
NET: Less		134	40	93	26	13	5	92	39	5	122	12	120	15
		20%	19%	20%	19%	12%	18%	21%	17%	15%	21%	11%	20%	19%
											b			
Base for stats		678	211	454	137	103	27	432	233	31	572	107	596	78
Mean Score		3.38	3.45	3.35	3.49	3.58	3.42	3.31	3.50	3.62	3.36	3.50	3.39	3.25
						d			d					
Standard Deviation		1.027	1.019	1.038	1.112	.959	1.050	1.009	1.053	1.029	1.043	.938	1.043	.918
Standard Error		.041	.072	.050	.098	.098	.206	.050	.071	.194	.045	.095	.044	.105
Error variance		*	.01	*	.01	.01	.04	*	.01	.04	*	.01	*	.01

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All those who live with children in their household

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	644	43	54	101	164	106	78	30	68	425	176	129	203	214	91	180	191	194	72
Total	685	49	58	104	175	112	84	32	71	450	186	139	218	225	96	193	202	203	80
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	87	7	9	10	22	8	11	7	12	49	31	12	25	29	21	21	21	30	15
	13%	14%	16%	9%	13%	7%	13%	23%	17%	11%	16%	9%	11%	13%	22%	11%	11%	15%	19%
								ce	e		e				abc				
A bit more (4.0)	246	8	26	39	58	43	28	11	31	167	70	47	76	80	39	69	73	78	25
	36%	17%	45%	37%	33%	38%	34%	34%	44%	37%	38%	34%	35%	36%	41%	36%	36%	38%	31%
			a	a	a	a			a	a	a								
Neither more nor less (3.0)	212	21	13	35	55	35	23	13	17	138	52	39	77	69	23	63	69	54	23
	31%	43%	22%	33%	32%	31%	27%	40%	24%	31%	28%	28%	35%	30%	24%	33%	34%	26%	29%
		bh																	
A bit less (2.0)	106	6	10	18	32	16	14	1	10	76	25	29	33	36	9	31	31	32	10
	15%	12%	17%	17%	18%	15%	17%	3%	13%	17%	13%	21%	15%	16%	9%	16%	15%	16%	13%
					g							d							
A lot less (1.0)	28	5	-	2	7	7	7	-	-	16	7	11	6	8	3	8	7	7	6
	4%	11%	-	2%	4%	7%	9%	-	-	4%	4%	8%	3%	3%	4%	4%	3%	3%	8%
		bchi				h	bchi					b							
Don't know	7	1	-	1	1	2	-	-	1	4	1	1	1	4	-	1	1	2	1
	1%	2%	-	1%	1%	2%	-	-	2%	1%	1%	1%	*	2%	-	1%	*	1%	1%
NET: More	332	15	36	49	81	51	39	18	43	216	101	59	101	109	61	90	94	108	40
	49%	32%	61%	47%	46%	46%	47%	57%	61%	48%	54%	43%	46%	48%	63%	47%	47%	53%	50%
			a					a	adi	a	a				abc				
NET: Less	134	11	10	20	38	24	21	1	10	92	32	39	39	43	12	39	38	39	16
	20%	22%	17%	19%	22%	21%	25%	3%	13%	20%	17%	28%	18%	19%	13%	20%	19%	19%	20%
		g		g	g	g	g			g		bd							
Base for stats	678	47	58	103	174	110	84	32	69	446	185	137	217	221	96	193	201	201	79
Mean Score	3.38	3.13	3.61	3.35	3.33	3.26	3.27	3.76	3.66	3.35	3.50	3.15	3.37	3.39	3.69	3.33	3.35	3.45	3.41
			ae					acdefi	acdefi		a			a	abc				
Standard Deviation	1.027	1.157	.957	.938	1.035	1.023	1.155	.856	.928	1.002	1.043	1.096	.972	1.017	1.033	1.014	.974	1.042	1.167
Standard Error	.041	.178	.130	.094	.081	.100	.131	.156	.113	.049	.079	.097	.068	.070	.108	.076	.071	.075	.138
Error variance	*	.03	.02	.01	.01	.01	.02	.02	.01	*	.01	.01	*	*	.01	.01	*	.01	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q10C1. Do you think the child(ren) in your household generally do more, less or the same amount of physical activity and exercise now compared to this time last year?

BASE: All those who live with children in their household

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		644	287	204	151
Total		685	305	218	160
		100%	100%	100%	100%
A lot more	(5.0)	87	61	15	10
		13%	20%	7%	6%
			bc		
A bit more	(4.0)	246	142	48	56
		36%	46%	22%	35%
			bc		b
Neither more nor less	(3.0)	212	48	124	39
		31%	16%	57%	24%
				ac	a
A bit less	(2.0)	106	47	20	39
		15%	15%	9%	24%
			b		ab
A lot less	(1.0)	28	7	5	16
		4%	2%	2%	10%
					ab
Don't know		7	1	5	1
		1%	*	2%	1%
				a	
NET: More		332	202	63	66
		49%	66%	29%	41%
			bc		b
NET: Less		134	54	26	54
		20%	18%	12%	34%
					ab
Base for stats		678	304	213	159
Mean Score		3.38	3.66	3.22	3.03
			bc		
Standard Deviation		1.027	1.038	.815	1.113
Standard Error		.041	.061	.058	.091
Error variance		*	*	*	.01

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Q14.1. SUMMARY: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

	Total	A lot more	A bit more	Neither more nor less	A bit less	A lot less	Don't know	NET: More	NET: Less
Physical activity and exercise	2053	323	793	793	74	41	29	1116	115
	100%	16%	39%	39%	4%	2%	1%	54%	6%
Walking, running or cycling for everyday journeys such as to work or to local shops and services	2053	327	719	816	82	59	49	1046	141
	100%	16%	35%	40%	4%	3%	2%	51%	7%

Savanta:
ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	323	137	186	164	102	56	12	39	24	37	32	27	71	53	27
		16%	14%	18%	27%	15%	7%	12%	15%	12%	17%	18%	12%	22%	16%	13%
				a	bc	c								abcfi		
A bit more	(4.0)	793	347	442	271	287	234	42	110	68	89	68	85	136	117	79
		39%	35%	42%	44%	43%	31%	43%	41%	34%	41%	38%	37%	42%	35%	38%
				a	c	c										
Neither more nor less	(3.0)	793	460	331	130	238	425	38	95	98	68	64	101	91	146	92
		39%	46%	32%	21%	35%	56%	38%	35%	49%	32%	36%	45%	28%	44%	44%
			b			a	ab	g		bdeg			g	dg	bdg	dg
A bit less	(2.0)	74	26	48	40	26	8	6	12	4	12	8	6	13	7	5
		4%	3%	5%	6%	4%	1%	6%	4%	2%	6%	5%	3%	4%	2%	2%
				a	bc	c		h			h					
A lot less	(1.0)	41	20	21	9	14	18	1	6	3	6	2	6	9	3	5
		2%	2%	2%	1%	2%	2%	1%	2%	1%	3%	1%	3%	3%	1%	3%
Don't know		29	12	17	5	6	18	-	4	4	3	2	1	4	9	1
		1%	1%	2%	1%	1%	2%	-	2%	2%	1%	1%	1%	1%	3%	*
							ab									
NET: More		1116	484	628	436	390	291	54	150	92	126	100	112	207	170	106
		54%	48%	60%	70%	58%	38%	54%	56%	45%	59%	56%	49%	64%	51%	51%
				a	bc	c			c		c	c		cfhi		
NET: Less		115	47	69	49	40	26	7	18	7	18	11	12	22	10	10
		6%	5%	7%	8%	6%	3%	7%	7%	4%	8%	6%	5%	7%	3%	5%
					c	c		h	h		ch			h		
Base for stats		2024	990	1027	614	668	743	98	263	197	212	175	226	319	326	209
Mean Score		3.63	3.56	3.70	3.88	3.66	3.41	3.58	3.63	3.53	3.66	3.68	3.54	3.77	3.65	3.57
				a	bc	c								cfi		
Standard Deviation		.864	.837	.886	.926	.858	.750	.820	.878	.794	.926	.873	.844	.930	.809	.840
Standard Error		.019	.027	.027	.034	.032	.031	.078	.053	.059	.058	.061	.065	.052	.044	.063
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

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Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	323	51	73	85	42	32	40	209	114	251	10	34	20	3	3	70
		16%	27%	16%	18%	17%	15%	9%	19%	12%	14%	17%	26%	25%	17%	20%	24%
			bcdefgh	fh	fh	f	f		fh				a	a			a
A bit more	(4.0)	793	82	199	205	101	81	125	486	307	662	25	50	32	6	8	121
		39%	43%	45%	43%	40%	38%	26%	44%	33%	38%	45%	38%	41%	35%	62%	41%
			fh	fh	fh	fh	f		fh	f							
Neither more nor less	(3.0)	793	42	146	156	91	89	269	344	449	718	13	32	15	6	2	68
		39%	22%	33%	33%	36%	41%	57%	31%	48%	41%	23%	25%	19%	37%	12%	23%
				a	a	a	abcg	abcdegh	a	abcdg	bcdg						
A bit less	(2.0)	74	10	17	18	13	8	7	46	28	51	5	7	7	2	-	20
		4%	5%	4%	4%	5%	4%	1%	4%	3%	3%	9%	5%	9%	10%	-	7%
			f	f	f	f	f		f			a		a			a
A lot less	(1.0)	41	3	7	10	3	2	18	19	22	30	3	4	4	-	-	11
		2%	2%	1%	2%	1%	1%	4%	2%	2%	2%	5%	3%	6%	-	-	4%
								bdeg						a			a
Don't know		29	2	-	3	5	4	15	5	24	21	-	4	-	-	1	5
		1%	1%	-	1%	2%	2%	3%	*	3%	1%	-	3%	-	-	5%	2%
			b			bg	bg	bcg		bcg							
NET: More		1116	133	272	290	143	113	165	695	421	913	35	84	52	8	11	191
		54%	70%	62%	61%	56%	52%	35%	63%	45%	53%	62%	64%	67%	53%	83%	65%
			bcdefh	efh	efh	fh	fh		defh	f			a	a			a
NET: Less		115	13	24	28	16	10	24	65	50	82	8	11	11	2	-	31
		6%	7%	5%	6%	6%	5%	5%	6%	5%	5%	14%	8%	14%	10%	-	11%
												a		a			a
Base for stats		2024	188	442	474	250	212	459	1104	920	1713	57	127	79	16	12	290
Mean Score		3.63	3.89	3.71	3.71	3.67	3.63	3.36	3.74	3.50	3.61	3.61	3.82	3.72	3.60	4.09	3.75
			bcdefgh	fh	fh	fh	fh		fh	f			a				a
Standard Deviation		.864	.919	.838	.876	.856	.811	.816	.871	.838	.834	1.044	.992	1.111	.918	.604	1.020
Standard Error		.019	.066	.040	.040	.051	.052	.041	.026	.028	.020	.134	.083	.118	.223	.168	.057
Error variance		*	*	*	*	*	*	*	*	*	*	.02	.01	.01	.05	.03	*

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	323	168	60	75	134	21	31	132	37	10	10	16	28	13	25	51
	16%	13%	17%	22%	20%	39%	28%	18%	14%	16%	19%	14%	28%	8%	6%	31%
				a	a	cdefgij	cdgij	ij	j	j	ij	j	cdgij			cdegij
A bit more (4.0)	793	437	171	149	320	20	38	337	106	21	20	37	47	54	114	57
	39%	35%	49%	44%	47%	37%	34%	46%	41%	33%	38%	33%	46%	33%	28%	35%
			a	a	a			begijk	j				gij			
Neither more nor less (3.0)	793	570	95	93	188	8	31	223	102	26	19	49	18	78	240	39
	39%	45%	27%	28%	27%	15%	28%	30%	39%	40%	37%	44%	17%	48%	59%	24%
		bcd					h	ah	abchk	ahk	ah	abchk		abchk	abcdefghik	
A bit less (2.0)	74	36	16	12	28	1	9	27	12	6	1	3	7	3	5	10
	4%	3%	4%	4%	4%	2%	8%	4%	4%	10%	2%	3%	7%	2%	1%	6%
							cij	j	j	cij			ij			ij
A lot less (1.0)	41	29	5	5	10	3	2	12	1	-	2	2	2	9	9	5
	2%	2%	1%	2%	1%	5%	2%	2%	*	-	4%	2%	1%	5%	2%	3%
						d					d			cde	d	d
Don't know	29	20	5	1	6	1	-	2	2	1	-	4	1	5	13	1
	1%	2%	1%	*	1%	1%	-	*	1%	2%	-	3%	1%	3%	3%	*
												bc		bcdk	cd	
NET: More	1116	605	230	224	454	40	68	470	143	32	29	53	75	68	139	108
	54%	48%	66%	67%	66%	76%	62%	64%	55%	49%	57%	48%	73%	42%	34%	66%
			a	a	a	defgij	gij	degij	ij	j	j	j	bcdefgij			degij
NET: Less	115	65	20	17	38	4	12	39	12	6	3	6	8	11	14	15
	6%	5%	6%	5%	5%	7%	10%	5%	5%	10%	6%	5%	8%	7%	3%	9%
							cdj			j			j			cj
Base for stats	2024	1241	345	334	679	52	111	731	257	64	51	108	101	157	393	163
Mean Score	3.63	3.55	3.77	3.83	3.80	4.05	3.77	3.75	3.65	3.56	3.65	3.57	3.93	3.38	3.36	3.86
			a	a	a	cdefgij	ij	gij	ij	j	j	j	cdegij			degij
Standard Deviation	.864	.847	.837	.870	.853	1.051	1.017	.847	.793	.882	.962	.854	.930	.882	.722	1.033
Standard Error	.019	.024	.046	.049	.034	.139	.093	.030	.048	.107	.137	.077	.082	.070	.043	.078
Error variance	*	*	*	*	*	.02	.01	*	*	.01	.02	.01	.01	*	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	323	112	68	23	9	91	121	113	63	28	8	91	121	47	139	113	24	276
		16%	19%	20%	14%	21%	18%	19%	17%	22%	15%	21%	19%	17%	14%	13%	20%	24%	16%
										c							abe	abe	b
A bit more	(4.0)	793	270	148	59	21	208	291	305	117	62	20	179	325	99	418	241	35	694
		39%	45%	43%	36%	45%	41%	45%	46%	42%	32%	52%	38%	47%	29%	40%	43%	35%	41%
			c					c	ce	c		c		ce		a	a		a
Neither more nor less	(3.0)	793	196	107	64	10	170	206	208	84	79	7	163	214	172	432	159	30	621
		39%	32%	31%	38%	21%	33%	32%	32%	30%	41%	18%	35%	31%	51%	41%	28%	29%	36%
					d						abdf		d		bcde	cde			c
A bit less	(2.0)	74	20	13	16	3	29	23	22	11	16	3	27	25	5	34	29	6	69
		4%	3%	4%	9%	8%	6%	4%	3%	4%	8%	9%	6%	4%	1%	3%	5%	5%	4%
					abf		a				abf						a	a	a
A lot less	(1.0)	41	2	7	4	3	11	5	5	5	7	-	11	5	9	17	11	4	32
		2%	*	2%	3%	6%	2%	1%	1%	2%	4%	-	2%	1%	3%	2%	2%	4%	2%
				a	af	af	af				af		af						
Don't know		29	3	1	-	-	1	3	5	-	-	-	-	5	8	12	6	2	21
		1%	1%	*	-	-	*	1%	1%	-	-	-	-	1%	2%	1%	1%	2%	1%
NET: More		1116	382	216	82	30	298	412	419	180	89	28	270	446	146	557	354	59	970
		54%	63%	63%	49%	66%	58%	63%	64%	64%	47%	74%	57%	64%	43%	53%	63%	59%	57%
			c	c		c	c	c	ce	ce		ce	c	ce		a	abe	a	a
NET: Less		115	22	20	20	6	40	28	27	15	22	3	38	30	14	51	40	10	101
		6%	4%	6%	12%	13%	8%	4%	4%	6%	12%	9%	8%	4%	4%	5%	7%	10%	6%
					abf	af	af				abf		af				b	ab	
Base for stats		2024	600	343	166	46	509	646	653	280	191	38	471	691	332	1040	553	98	1692
Mean Score		3.63	3.78	3.75	3.48	3.67	3.66	3.77	3.77	3.80	3.46	3.86	3.66	3.77	3.51	3.60	3.75	3.70	3.66
			ce	c			c	ce	ce	ce		c	c	ce			abe		a
Standard Deviation		.864	.795	.887	.936	1.072	.911	.817	.800	.888	.961	.859	.932	.803	.852	.818	.908	1.040	.865
Standard Error		.019	.031	.047	.071	.153	.040	.031	.030	.051	.070	.134	.042	.030	.047	.026	.038	.100	.021
Error variance		*	*	*	.01	.02	*	*	*	*	*	.02	*	*	*	*	*	.01	*

Prepared by Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	323	89	182	72	63	8	193	125	15	273	50	278	44
		16%	22%	14%	22%	15%	10%	15%	17%	15%	17%	12%	16%	14%
			b		bcd						b			
A bit more	(4.0)	793	166	514	137	135	36	504	269	35	638	155	679	108
		39%	42%	40%	42%	33%	42%	39%	38%	35%	39%	37%	39%	36%
					b				b					
Neither more nor less	(3.0)	793	111	495	90	181	27	521	252	45	603	190	662	124
		39%	28%	39%	27%	44%	32%	41%	35%	45%	37%	45%	38%	41%
				a		ace		ae	a	ae		a		
A bit less	(2.0)	74	26	40	17	12	9	36	35	2	60	14	64	9
		4%	7%	3%	5%	3%	10%	3%	5%	2%	4%	3%	4%	3%
			b		d		bdef		d					
A lot less	(1.0)	41	5	23	8	12	5	14	24	1	33	8	26	13
		2%	1%	2%	3%	3%	5%	1%	3%	1%	2%	2%	2%	4%
					d	d	d		d					a
Don't know		29	1	16	5	11	-	10	13	2	24	5	20	5
		1%	*	1%	1%	3%	-	1%	2%	2%	1%	1%	1%	2%
						d			d					
NET: More		1116	255	696	210	198	44	697	394	49	911	205	958	152
		54%	64%	55%	64%	48%	52%	55%	55%	49%	56%	49%	55%	50%
			b		bcdef				b	b	b			
NET: Less		115	31	63	25	24	13	51	59	3	93	22	90	22
		6%	8%	5%	8%	6%	16%	4%	8%	3%	6%	5%	5%	7%
			b		d		abdef		d					
Base for stats		2024	396	1255	325	403	85	1269	704	98	1607	417	1710	298
Mean Score		3.63	3.78	3.63	3.76	3.56	3.41	3.65	3.62	3.61	3.66	3.54	3.66	3.54
			b		bcde			c	c		b		b	
Standard Deviation		.864	.911	.836	.942	.894	.988	.811	.945	.809	.874	.819	.847	.935
Standard Error		.019	.045	.024	.050	.046	.102	.023	.035	.080	.022	.041	.021	.053
Error variance		*	*	*	*	*	.01	*	*	.01	*	*	*	*

Savanta:
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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Number of days active											Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	323	34	27	45	66	48	41	17	46	185	104	83	91	88	60	87	73	110	52
	16%	9%	15%	15%	16%	18%	19%	22%	21%	16%	20%	17%	16%	12%	24%	14%	14%	17%	20%
			a	a	a	a	a	a	a	a	ai	c	c		abc				ab
A bit more (4.0)	793	99	72	146	184	115	80	32	66	516	178	186	227	288	86	224	213	258	87
	39%	25%	39%	49%	46%	44%	38%	42%	30%	45%	35%	39%	40%	40%	34%	37%	41%	41%	34%
			a	abfhj	afhj	ahj	a	a		afhj	a								
Neither more nor less (3.0)	793	217	73	85	127	87	77	26	102	372	205	174	193	309	102	262	201	226	92
	39%	55%	40%	28%	32%	33%	36%	33%	46%	32%	40%	36%	34%	43%	40%	43%	39%	36%	36%
		bcdefghij	c				c		cdefi		cdi			ab		c			
A bit less (2.0)	74	8	8	14	15	11	12	2	4	48	18	19	30	20	3	19	13	30	10
	4%	2%	4%	5%	4%	4%	6%	2%	2%	4%	3%	4%	5%	3%	1%	3%	2%	5%	4%
							ah					d	cd					b	
A lot less (1.0)	41	19	2	9	6	1	1	1	2	18	4	13	14	9	3	14	11	5	8
	2%	5%	1%	3%	2%	1%	1%	1%	1%	2%	1%	3%	2%	1%	1%	2%	2%	1%	3%
		bdefhij		ej												c			c
Don't know	29	20	2	2	2	-	1	-	2	6	3	8	6	8	-	5	6	5	5
	1%	5%	1%	1%	*	-	*	-	1%	1%	1%	2%	1%	1%	-	1%	1%	1%	2%
		bcdefghij										d							
NET: More	1116	133	98	191	250	162	121	49	112	702	281	269	318	376	146	312	286	368	139
	54%	34%	54%	64%	62%	62%	57%	64%	50%	61%	55%	56%	57%	52%	57%	51%	55%	58%	55%
			a	abhj	abhj	ah	a	ah	a	ahj	a							a	
NET: Less	115	27	10	22	21	13	13	2	6	66	21	31	44	29	6	33	23	35	18
	6%	7%	6%	7%	5%	5%	6%	3%	3%	6%	4%	6%	8%	4%	3%	5%	5%	6%	7%
		h		hj								d	cd						
Base for stats	2024	377	181	299	398	262	211	77	219	1140	507	474	555	714	255	606	511	629	250
Mean Score	3.63	3.32	3.62	3.69	3.73	3.75	3.70	3.81	3.68	3.70	3.71	3.65	3.63	3.60	3.77	3.58	3.64	3.70	3.66
			a	a	a	a	a	a	a	a	a				bc			a	
Standard Deviation	.864	.864	.836	.885	.836	.823	.867	.838	.849	.846	.854	.906	.906	.788	.870	.856	.834	.840	.962
Standard Error	.019	.046	.062	.050	.041	.050	.059	.095	.058	.025	.038	.041	.038	.030	.055	.035	.037	.034	.061
Error variance	*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Q14.1.1. Physical activity and exercise: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
A lot more	(5.0)	323	176	47	98
		16%	25%	6%	19%
			bc		b
A bit more	(4.0)	793	347	207	234
		39%	49%	26%	45%
			b		b
Neither more nor less	(3.0)	793	167	489	128
		39%	23%	62%	24%
				ac	
A bit less	(2.0)	74	17	19	37
		4%	2%	2%	7%
					ab
A lot less	(1.0)	41	7	12	21
		2%	1%	2%	4%
					ab
Don't know		29	1	15	6
		1%	*	2%	1%
				a	a
NET: More		1116	523	254	332
		54%	73%	32%	63%
			bc		b
NET: Less		115	24	31	59
		6%	3%	4%	11%
					ab
Base for stats		2024	714	775	519
Mean Score		3.63	3.93	3.33	3.67
			bc		b
Standard Deviation		.864	.812	.700	.995
Standard Error		.019	.030	.026	.043
Error variance		*	*	*	*

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Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	327	131	195	160	103	64	12	42	26	42	30	16	78	58	23
		16%	13%	19%	26%	15%	8%	13%	16%	13%	20%	17%	7%	24%	17%	11%
				a	bc	c			f		fi	f		abcfhi	f	
A bit more	(4.0)	719	336	379	246	283	190	36	83	68	83	60	90	113	111	74
		35%	34%	36%	40%	42%	25%	37%	31%	34%	39%	34%	40%	35%	33%	35%
					c	c										
Neither more nor less	(3.0)	816	454	361	144	227	445	44	110	93	66	69	98	104	136	97
		40%	45%	35%	23%	34%	58%	45%	41%	46%	31%	39%	43%	32%	41%	46%
			b			a	ab	dg	dg	dg			dg		dg	dg
A bit less	(2.0)	82	34	47	37	33	12	4	14	5	8	9	7	15	11	10
		4%	3%	5%	6%	5%	2%	4%	5%	2%	4%	5%	3%	5%	3%	5%
					c	c										
A lot less	(1.0)	59	27	32	21	14	25	1	9	5	9	8	6	7	12	2
		3%	3%	3%	3%	2%	3%	1%	3%	2%	4%	4%	3%	2%	3%	1%
Don't know		49	20	29	10	14	25	1	8	5	6	2	11	6	7	4
		2%	2%	3%	2%	2%	3%	1%	3%	3%	3%	1%	5%	2%	2%	2%
													e			
NET: More		1046	468	574	406	386	254	49	126	94	125	90	106	191	169	97
		51%	47%	55%	66%	57%	33%	49%	47%	47%	58%	51%	47%	59%	51%	46%
				a	bc	c					bcfi			bcfhi		
NET: Less		141	61	79	58	47	36	5	23	10	18	17	13	22	23	12
		7%	6%	8%	9%	7%	5%	5%	9%	5%	8%	10%	6%	7%	7%	6%
					c											
Base for stats		2004	982	1015	609	660	735	97	259	196	208	175	216	317	328	206
Mean Score		3.59	3.52	3.65	3.80	3.65	3.35	3.57	3.52	3.54	3.67	3.54	3.48	3.76	3.59	3.51
				a	bc	c					f			bcefhi		
Standard Deviation		.910	.867	.946	1.006	.875	.797	.795	.950	.845	.991	.982	.793	.947	.937	.801
Standard Error		.020	.028	.029	.038	.033	.033	.076	.058	.063	.062	.069	.062	.054	.051	.061
Error variance		*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*

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Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?

BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	327	42	91	82	38	33	42	215	112	246	10	36	24	3	5	78
		16%	22%	21%	17%	15%	15%	9%	19%	12%	14%	18%	27%	31%	17%	42%	27%
			dfh	fh	fh	f	f		fh				a	a			a
A bit more	(4.0)	719	82	167	199	97	65	110	447	272	607	19	54	28	4	3	108
		35%	43%	38%	42%	38%	30%	23%	40%	29%	35%	34%	41%	36%	25%	26%	37%
			efh	efh	efh	fh			efh	f							
Neither more nor less	(3.0)	816	47	147	163	96	97	268	357	460	734	20	29	16	6	2	72
		40%	25%	33%	34%	38%	45%	56%	32%	49%	42%	36%	22%	20%	35%	15%	24%
				a	a	a	abcg	abcdegh	a	abcdg	cdg	cd					
A bit less	(2.0)	82	14	21	16	13	9	9	51	31	57	6	8	5	3	1	22
		4%	8%	5%	3%	5%	4%	2%	5%	3%	3%	10%	6%	6%	17%	6%	8%
			cfh	f		f			f			a	a				a
A lot less	(1.0)	59	5	10	12	5	5	21	28	31	51	-	2	6	1	-	8
		3%	2%	2%	3%	2%	2%	4%	2%	3%	3%	-	1%	7%	6%	-	3%
								g						abc			
Don't know		49	1	6	5	7	7	24	11	38	39	2	3	-	-	1	5
		2%	*	1%	1%	3%	3%	5%	1%	4%	2%	3%	2%	-	-	10%	2%
						g	acg	abcg		abcg							
NET: More		1046	123	258	281	135	97	152	662	384	853	29	90	52	7	9	187
		51%	65%	58%	59%	53%	45%	32%	60%	41%	49%	52%	68%	66%	42%	68%	63%
			defh	efh	efh	fh	f		defh	f			ab	a			a
NET: Less		141	19	31	28	18	14	31	79	63	108	6	10	11	4	1	31
		7%	10%	7%	6%	7%	7%	6%	7%	7%	6%	10%	8%	14%	23%	6%	10%
														a			a
Base for stats		2004	189	436	472	248	208	450	1098	906	1695	55	129	79	16	11	289
Mean Score		3.59	3.75	3.70	3.68	3.61	3.53	3.31	3.70	3.44	3.56	3.62	3.88	3.77	3.31	4.16	3.78
			efh	efh	efh	fh	f		efh	f			a	a			a
Standard Deviation		.910	.968	.930	.890	.876	.895	.853	.919	.878	.886	.908	.934	1.173	1.154	.990	1.021
Standard Error		.020	.070	.045	.041	.053	.058	.043	.028	.029	.022	.117	.078	.125	.280	.286	.057
Error variance		*	*	*	*	*	*	*	*	*	*	.01	.01	.02	.08	.08	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more (5.0)	327	157	71	79	150	17	36	128	35	8	6	20	36	19	24	52
	16%	12%	20%	23%	22%	32%	32%	17%	13%	13%	12%	18%	35%	11%	6%	32%
			a	a	a	cdefgij	cdefgij	j	j				j	j		cdefgij
A bit more (4.0)	719	399	148	138	286	17	43	310	107	20	20	36	36	48	83	60
	35%	32%	42%	41%	42%	32%	39%	42%	41%	31%	38%	32%	35%	30%	20%	37%
			a	a	a	j	j	gij	ij	j	j	j	j	j		j
Neither more nor less (3.0)	816	584	100	97	198	16	22	246	91	29	17	45	19	74	258	38
	40%	46%	29%	29%	29%	30%	20%	34%	35%	44%	34%	41%	18%	46%	64%	23%
		bcd						bhk	bhk	bhk	h	bhk		abcdhk	abcdefghik	
A bit less (2.0)	82	45	20	12	32	2	8	33	16	5	4	2	4	4	5	10
	4%	4%	6%	4%	5%	3%	8%	4%	6%	7%	8%	2%	3%	2%	1%	6%
							gij	j	j	j	ij					j
A lot less (1.0)	59	43	4	6	10	-	2	11	10	1	2	5	6	5	17	2
	3%	3%	1%	2%	1%	-	1%	2%	4%	2%	3%	4%	6%	3%	4%	1%
		bd							c			c	ck		c	
Don't know	49	35	7	3	9	2	-	6	-	2	2	3	2	12	20	2
	2%	3%	2%	1%	1%	3%	-	1%	-	3%	4%	3%	2%	8%	5%	1%
		c				d				d	bcd	cd	d	bcdhk	bcdk	
NET: More	1046	555	219	217	436	34	79	437	142	28	26	56	72	67	106	113
	51%	44%	63%	65%	64%	64%	71%	60%	55%	44%	50%	50%	70%	41%	26%	69%
			a	a	a	eij	cdefgij	egij	ij	j	j	j	cdefgij	j		cdefgij
NET: Less	141	87	24	18	42	2	10	44	27	6	6	7	10	9	22	12
	7%	7%	7%	5%	6%	3%	9%	6%	10%	9%	11%	6%	10%	6%	5%	7%
									cj							
Base for stats	2004	1226	343	332	676	51	111	728	259	63	49	108	100	150	386	162
Mean Score	3.59	3.47	3.77	3.82	3.79	3.96	3.93	3.70	3.54	3.48	3.50	3.59	3.92	3.47	3.24	3.94
			a	a	a	cdefgij	cdefgij	deij	j	j	j	j	cdefgij	j		cdefgij
Standard Deviation	.910	.887	.884	.899	.891	.877	.979	.863	.941	.874	.938	.961	1.118	.877	.769	.945
Standard Error	.020	.025	.049	.051	.035	.117	.089	.031	.057	.107	.137	.087	.099	.071	.046	.071
Error variance	*	*	*	*	*	.01	.01	*	*	.01	.02	.01	.01	.01	*	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	327	108	61	25	12	86	120	103	74	23	6	97	109	41	141	124	22	286
		16%	18%	18%	15%	26%	17%	18%	16%	26%	12%	15%	21%	16%	12%	13%	22%	22%	17%
										acf			acf				abe	ab	ab
A bit more	(4.0)	719	258	144	62	13	207	272	291	99	72	20	171	311	94	355	237	33	625
		35%	43%	42%	38%	30%	41%	42%	44%	35%	38%	54%	36%	45%	28%	34%	42%	33%	37%
									be			be		be		a	abe		a
Neither more nor less	(3.0)	816	204	106	57	12	163	216	229	74	74	6	148	235	172	464	148	32	645
		40%	34%	31%	34%	26%	32%	33%	35%	27%	39%	17%	31%	34%	50%	44%	27%	32%	38%
									bd		bd			bd	bcde	cde			c
A bit less	(2.0)	82	21	21	16	6	38	27	18	25	14	5	39	23	12	35	27	8	70
		4%	3%	6%	10%	14%	7%	4%	3%	9%	8%	14%	8%	3%	3%	3%	5%	8%	4%
				a	af	af	af			af	af	af	af					abe	
A lot less	(1.0)	59	8	10	5	3	14	11	10	7	8	-	14	10	12	29	15	2	47
		3%	1%	3%	3%	6%	3%	2%	2%	2%	4%	-	3%	1%	3%	3%	3%	2%	3%
						af					af								
Don't know		49	4	2	1	-	3	4	7	1	-	-	1	7	10	28	8	2	39
		2%	1%	1%	1%	-	1%	1%	1%	*	-	-	*	1%	3%	3%	1%	2%	2%
NET: More		1046	366	206	87	25	293	391	394	173	95	26	268	420	135	496	360	55	912
		51%	61%	60%	53%	55%	57%	60%	60%	62%	50%	69%	57%	60%	40%	47%	64%	55%	53%
									c	c		c		c		a	abe	a	ab
NET: Less		141	29	31	21	9	52	37	28	32	22	5	54	34	24	64	43	10	117
		7%	5%	9%	13%	19%	10%	6%	4%	11%	12%	14%	11%	5%	7%	6%	8%	10%	7%
				af	af	abef	af			af	af	af	af						
Base for stats		2004	599	342	165	46	507	645	651	279	191	38	470	688	330	1025	551	98	1674
Mean Score		3.59	3.73	3.66	3.52	3.55	3.62	3.72	3.70	3.75	3.46	3.70	3.63	3.70	3.42	3.53	3.77	3.66	3.62
			ce					c	c	c			c	c			abe	a	ab
Standard Deviation		.910	.840	.938	.959	1.188	.946	.870	.823	1.022	.942	.906	.999	.827	.884	.874	.944	.998	.912
Standard Error		.020	.033	.050	.073	.170	.041	.033	.031	.059	.068	.141	.045	.031	.049	.028	.039	.096	.022
Error variance		*	*	*	.01	.03	*	*	*	*	*	.02	*	*	*	*	*	.01	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	327	85	195	76	46	12	205	117	14	286	41	285	40
		16%	21%	15%	23%	11%	15%	16%	16%	14%	18%	10%	16%	13%
			b		bdef			b	b		b			
A bit more	(4.0)	719	159	458	124	117	32	470	234	36	580	139	616	101
		35%	40%	36%	38%	28%	38%	37%	33%	36%	36%	33%	36%	33%
					b			b						
Neither more nor less	(3.0)	816	106	519	97	197	25	525	269	47	626	190	687	123
		40%	27%	41%	29%	48%	29%	41%	38%	47%	38%	45%	40%	41%
				a		acde		ac	a	ac		a		a
A bit less	(2.0)	82	26	41	18	20	8	33	45	1	62	20	63	16
		4%	7%	3%	6%	5%	9%	3%	6%	1%	4%	5%	4%	5%
			b		df	d	df		df					
A lot less	(1.0)	59	16	29	8	21	7	24	33	2	44	15	45	14
		3%	4%	2%	3%	5%	9%	2%	5%	2%	3%	3%	3%	4%
						d	adf		d					
Don't know		49	5	28	6	13	-	23	19	1	32	17	35	9
		2%	1%	2%	2%	3%	-	2%	3%	1%	2%	4%	2%	3%
												a		
NET: More		1046	244	653	200	162	45	675	351	49	867	180	900	141
		51%	61%	51%	61%	39%	53%	53%	49%	50%	53%	43%	52%	47%
			b		bdef		b	b	b		b			
NET: Less		141	43	71	27	41	15	57	78	3	106	35	108	30
		7%	11%	6%	8%	10%	18%	4%	11%	3%	7%	8%	6%	10%
			b		d	df	abdef		df					a
Base for stats		2004	392	1243	324	400	85	1256	699	99	1599	405	1695	294
Mean Score		3.59	3.69	3.60	3.74	3.37	3.41	3.64	3.51	3.59	3.63	3.42	3.61	3.47
					bcde			bce	b	b	b			b
Standard Deviation		.910	1.016	.873	.965	.934	1.117	.851	1.000	.822	.915	.874	.899	.956
Standard Error		.020	.050	.025	.052	.048	.116	.024	.038	.081	.023	.044	.022	.054
Error variance		*	*	*	*	*	.01	*	*	.01	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

| | | Total | \multicolumn{10}{c}{Number of days active} | \multicolumn{4}{c}{Life satisfaction score} | \multicolumn{4}{c}{Covid-19 related worries} |
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total		2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A lot more	(5.0)	327	29	20	37	74	55	42	23	48	185	113	68	98	102	58	86	77	104	60
		16%	7%	11%	12%	19%	21%	20%	30%	22%	16%	22%	14%	17%	14%	23%	14%	15%	16%	23%
					a	abc	abc	abc	abcdi	abc	a	abci				ac				abc
A bit more	(4.0)	719	77	76	139	148	98	82	20	79	461	182	165	192	271	86	204	186	238	84
		35%	19%	41%	46%	37%	37%	39%	26%	36%	40%	36%	34%	34%	37%	34%	33%	36%	37%	33%
				ag	adeghj	a	a	ag		a	ag	a								
Neither more nor less	(3.0)	816	229	73	98	138	89	75	31	84	397	190	194	210	300	99	278	189	254	81
		40%	58%	40%	33%	34%	34%	35%	40%	38%	35%	37%	40%	37%	42%	39%	45%	37%	40%	32%
			bcdefghij														bd			d
A bit less	(2.0)	82	6	7	16	22	16	8	1	7	61	16	20	33	20	7	19	33	21	8
		4%	1%	4%	5%	5%	6%	4%	1%	3%	5%	3%	4%	6%	3%	3%	3%	6%	3%	3%
					a	a	aj				aj			c				ac		
A lot less	(1.0)	59	28	5	8	11	5	2	-	1	28	3	20	17	17	3	16	20	10	11
		3%	7%	3%	3%	3%	2%	1%	-	*	2%	1%	4%	3%	2%	1%	3%	4%	2%	4%
			bcdefghij	hj	hj	hj					hj		d					c		c
Don't know		49	29	3	2	8	-	3	2	3	14	7	15	12	14	1	10	13	7	10
		2%	7%	2%	1%	2%	-	1%	2%	1%	1%	1%	3%	2%	2%	*	2%	2%	1%	4%
			bcdefhij	e		e			e				d							ac
NET: More		1046	106	95	177	222	152	124	44	127	646	295	233	290	372	144	290	262	341	144
		51%	27%	52%	59%	56%	58%	59%	57%	57%	56%	58%	48%	52%	52%	57%	47%	51%	54%	57%
				a	a	a	a	a	a	a	a	a				a			a	a
NET: Less		141	33	12	24	32	21	10	1	7	89	19	40	50	37	10	35	53	31	19
		7%	8%	6%	8%	8%	8%	5%	1%	3%	8%	4%	8%	9%	5%	4%	6%	10%	5%	8%
			ghj		ghj	ghj	ghj				ghj		cd	cd				ac		
Base for stats		2004	368	180	299	392	262	209	76	219	1133	503	467	550	709	254	602	504	627	245
Mean Score		3.59	3.20	3.54	3.61	3.65	3.69	3.73	3.88	3.76	3.63	3.77	3.52	3.58	3.59	3.74	3.54	3.53	3.64	3.71
				a	a	a	a	ab	abcdi	abci	a	abcdi				abc			ab	ab
Standard Deviation		.910	.896	.844	.870	.939	.931	.860	.872	.838	.905	.852	.943	.952	.852	.886	.869	.960	.853	1.021
Standard Error		.020	.049	.063	.049	.047	.057	.059	.099	.057	.027	.038	.043	.040	.033	.056	.035	.043	.034	.065
Error variance		*	*	*	*	*	*	*	.01	*	*	*	*	*	*	*	*	*	*	*

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14.1.2. Walking, running or cycling for everyday journeys such as to work or to local shops and services: Looking to the future, when COVID-19 is under control, do you intend to do more, less or the same amount of the following?
BASE: All respondents

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
A lot more	(5.0)	327	194	56	76
		16%	27%	7%	14%
			bc		b
A bit more	(4.0)	719	294	196	227
		35%	41%	25%	43%
			b		b
Neither more nor less	(3.0)	816	190	467	150
		40%	27%	59%	29%
				ac	
A bit less	(2.0)	82	20	28	33
		4%	3%	4%	6%
					ab
A lot less	(1.0)	59	11	17	30
		3%	2%	2%	6%
					ab
Don't know		49	6	26	8
		2%	1%	3%	2%
				a	
NET: More		1046	488	252	303
		51%	68%	32%	58%
			bc		b
NET: Less		141	31	45	63
		7%	4%	6%	12%
					ab
Base for stats		2004	709	763	516
Mean Score		3.59	3.90	3.32	3.55
			bc		b
Standard Deviation		.910	.888	.756	1.010
Standard Error		.020	.033	.028	.044
Error variance		*	*	*	*

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053 100%	1003 100%	1043 100%	619 100%	674 100%	760 100%	98 100%	267 100%	202 100%	215 100%	177 100%	227 100%	323 100%	334 100%	210 100%
0 - Not at all worried	(0.0)	122 6%	73 7% b	49 5%	28 4%	43 6%	50 7%	6 6%	23 9% d	12 6%	9 4%	11 6%	9 4%	19 6%	21 6%	12 6%
1	(1.0)	64 3%	42 4% b	22 2%	12 2%	17 3%	35 5% ab	3 3%	6 2%	6 3%	6 3%	6 3%	7 3%	6 2%	15 5% g	10 5%
2	(2.0)	111 5%	68 7% b	43 4%	28 5%	35 5%	48 6%	5 5%	12 5%	8 4%	16 8%	11 6%	8 4%	22 7%	15 5%	13 6%
3	(3.0)	162 8%	81 8%	81 8%	51 8%	58 9%	53 7%	7 7%	23 9%	19 10%	20 9%	13 7%	15 7%	24 7%	23 7%	17 8%
4	(4.0)	152 7%	71 7%	81 8%	53 9%	46 7%	53 7%	8 8%	21 8%	8 4%	19 9%	15 9%	26 12% cgh	21 6%	21 6%	13 6%
5	(5.0)	254 12%	115 11%	138 13%	102 17% bc	79 12%	73 10%	11 11%	26 10%	27 13%	23 11%	21 12%	30 13%	50 16% b	38 11%	27 13%
6	(6.0)	262 13%	119 12%	141 14%	97 16% c	89 13%	76 10%	15 15%	30 11%	23 11%	30 14%	17 9%	29 13%	39 12%	47 14%	32 15%
7	(7.0)	363 18%	176 18%	186 18%	112 18%	107 16%	144 19%	21 21% d	57 21% d	36 18%	27 13%	36 20% d	32 14%	54 17%	68 20% d	33 16%
8	(8.0)	271 13%	135 13%	136 13%	62 10%	88 13%	122 16% a	12 12%	36 13%	37 18% gh	35 16% h	23 13%	30 13%	36 11%	35 11%	27 13%
9	(9.0)	116 6%	52 5%	64 6%	27 4%	45 7%	43 6%	5 5%	16 6%	7 4%	7 3%	9 5%	19 8% d	20 6%	23 7%	10 5%
10 - Most worried ever	(10.0)	139 7%	54 5%	83 8% a	32 5%	57 8% a	51 7%	3 4%	13 5%	15 7%	17 8%	8 5%	20 9%	30 9% b	19 6%	13 6%
Don't know		29 1%	12 1%	16 2%	12 2%	8 1%	9 1%	1 1%	4 1%	3 1%	4 2%	5 3% g	1 *	1 *	8 2% g	4 2%
Prefer not to say		8 *	4 *	3 *	3 *	3 *	2 *	- -	1 *	- -	2 1%	1 1%	- -	2 1%	1 *	- -

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	459	264	195	119	153	187	22	64	45	51	42	40	70	74	51
	22%	26%	19%	19%	23%	25%	22%	24%	22%	24%	23%	18%	22%	22%	25%
		b				a									
NET: 4-6	669	305	361	252	214	202	34	77	58	72	53	86	110	106	71
	33%	30%	35%	41%	32%	27%	35%	29%	29%	34%	30%	38%	34%	32%	34%
			a	bc	c										
NET: 7-10	889	417	468	233	296	360	42	121	96	86	76	100	140	145	83
	43%	42%	45%	38%	44%	47%	42%	45%	48%	40%	43%	44%	43%	43%	40%
					a	a									
Base for stats	2017	986	1024	604	664	749	98	263	199	209	171	226	320	325	206
Mean Score	5.64	5.39	5.86	5.57	5.72	5.62	5.51	5.52	5.80	5.60	5.47	5.89	5.73	5.60	5.50
			a												
Standard Deviation	2.685	2.772	2.579	2.418	2.760	2.821	2.583	2.745	2.669	2.663	2.687	2.626	2.721	2.700	2.694
Standard Error	.060	.090	.080	.090	.104	.116	.247	.167	.197	.168	.191	.201	.153	.146	.205
Error variance	*	.01	.01	.01	.01	.01	.06	.03	.04	.03	.04	.04	.02	.02	.04

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

			Social Grade								Ethnicity						
		Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all worried	(0.0)	122	9	18	26	19	14	35	54	68	107	4	2	5	1	-	13
		6%	5%	4%	5%	7%	7%	7%	5%	7%	6%	8%	1%	7%	7%	-	4%
								b		bg	c	c		c			
1	(1.0)	64	6	18	11	7	8	15	34	30	59	1	1	3	-	-	5
		3%	3%	4%	2%	3%	4%	3%	3%	3%	3%	2%	1%	4%	-	-	2%
2	(2.0)	111	7	32	27	7	9	30	66	45	99	1	5	4	1	-	11
		5%	4%	7%	6%	3%	4%	6%	6%	5%	6%	1%	4%	5%	9%	-	4%
				d				d	d								
3	(3.0)	162	13	36	39	18	25	31	89	74	140	4	9	7	1	1	22
		8%	7%	8%	8%	7%	11%	6%	8%	8%	8%	6%	7%	9%	7%	7%	8%
							f										
4	(4.0)	152	19	39	40	18	15	21	98	54	127	9	10	4	1	-	24
		7%	10%	9%	8%	7%	7%	4%	9%	6%	7%	16%	8%	5%	5%	-	8%
			fh	fh	f				fh			ad					
5	(5.0)	254	32	49	62	29	25	58	143	112	205	6	22	13	3	2	46
		12%	17%	11%	13%	11%	11%	12%	13%	12%	12%	10%	17%	16%	21%	19%	16%
6	(6.0)	262	23	72	66	33	26	42	161	101	222	10	14	8	5	4	40
		13%	12%	16%	14%	13%	12%	9%	15%	11%	13%	17%	10%	10%	29%	29%	13%
				fh	f				fh								
7	(7.0)	363	38	85	79	49	35	77	202	161	304	9	29	16	1	2	57
		18%	20%	19%	17%	19%	16%	16%	18%	17%	18%	16%	22%	20%	5%	17%	19%
8	(8.0)	271	23	48	64	35	21	79	136	135	232	9	16	7	2	-	34
		13%	12%	11%	14%	14%	10%	17%	12%	14%	13%	16%	12%	9%	16%	-	12%
								beg									
9	(9.0)	116	9	22	25	16	15	29	56	60	106	-	4	2	-	2	8
		6%	5%	5%	5%	6%	7%	6%	5%	6%	6%	-	3%	2%	-	18%	3%
											bg						
10 - Most worried ever	(10.0)	139	10	19	31	19	17	44	59	80	111	4	18	5	-	-	27
		7%	5%	4%	6%	7%	8%	9%	5%	8%	6%	7%	14%	6%	-	-	9%
							b	bg		bg			a				
Don't know		29	2	2	4	5	2	13	9	20	21	-	2	4	-	1	7
		1%	1%	1%	1%	2%	1%	3%	1%	2%	1%	-	1%	5%	-	10%	2%
								bcg		bg				a			
Prefer not to say		8	-	1	3	-	2	2	3	4	1	-	-	1	-	-	1
		*	-	*	1%	-	1%	*	*	*	*	-	-	1%	-	-	*
														a			
NET: 0-3		459	35	104	103	51	55	111	242	217	404	10	17	20	4	1	51
		22%	18%	24%	22%	20%	26%	23%	22%	23%	23%	17%	13%	25%	24%	7%	17%
											cg			c			

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 4-6	669	74	161	168	80	66	121	402	267	554	25	46	25	9	6	110
	33%	39%	36%	35%	31%	30%	26%	36%	28%	32%	43%	35%	32%	55%	47%	37%
		fh	fh	fh				fh								
NET: 7-10	889	79	174	199	119	89	228	453	436	753	22	67	29	3	4	127
	43%	42%	39%	42%	47%	41%	48%	41%	46%	43%	40%	51%	37%	21%	35%	43%
							bg		bg			d				
Base for stats	2017	188	439	470	250	210	460	1097	920	1711	57	130	74	16	11	287
Mean Score	5.64	5.62	5.46	5.63	5.78	5.55	5.78	5.56	5.73	5.60	5.56	6.32	5.30	5.02	6.33	5.84
												abd				
Standard Deviation	2.685	2.473	2.526	2.616	2.725	2.806	2.901	2.555	2.831	2.711	2.577	2.360	2.708	2.294	1.763	2.506
Standard Error	.060	.178	.123	.120	.163	.182	.145	.077	.093	.066	.330	.197	.299	.556	.509	.141
Error variance	*	.03	.02	.01	.03	.03	.02	.01	.01	*	.11	.04	.09	.31	.26	.02

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053 100%	1261 100%	350 100%	335 100%	685 100%	53 100%	111 100%	733 100%	259 100%	65 100%	51 100%	111 100%	102 100%	163 100%	405 100%	163 100%
0 - Not at all worried (0.0)	122 6%	71 6%	29 8%	16 5%	45 7%	2 5%	2 2%	49 7% bk	12 5%	8 12% bdfhk	- -	5 5%	4 4%	13 8% bfk	25 6%	4 3%
1 (1.0)	64 3%	46 4% b	5 2%	9 3%	15 2%	1 2%	3 3%	19 3%	10 4%	1 2%	2 5%	2 2%	4 4%	5 3%	16 4%	4 3%
2 (2.0)	111 5%	75 6%	15 4%	16 5%	31 5%	- -	3 3%	40 5%	12 4%	4 6% a	4 7% aik	9 8% aik	7 7%	3 2%	30 7% aik	3 2%
3 (3.0)	162 8%	104 8%	21 6%	28 8%	49 7%	4 7%	13 12%	59 8%	19 8%	5 8%	4 8%	8 7%	10 9%	11 7%	29 7%	17 10%
4 (4.0)	152 7%	89 7%	23 7%	30 9%	54 8%	4 8%	9 8%	56 8%	18 7%	9 14% ij	8 15% ij	10 9%	11 11% j	8 5%	19 5%	14 8%
5 (5.0)	254 12%	142 11%	50 14%	44 13%	94 14%	6 11%	14 13%	83 11%	44 17% c	12 18%	6 11%	13 11%	13 12%	19 11%	46 11%	20 12%
6 (6.0)	262 13%	145 11%	56 16% a	51 15%	108 16% a	10 19% gij	16 14% i	116 16% gij	39 15% gij	7 11%	7 13%	8 8%	13 13% i	9 5%	37 9%	25 16% gij
7 (7.0)	363 18%	215 17%	68 20%	65 19%	133 19%	8 16%	16 15%	141 19% i	45 17%	10 15%	12 23% i	17 15%	17 17%	18 11%	80 20% i	25 15%
8 (8.0)	271 13%	190 15% cd	39 11%	30 9%	70 10%	8 15% e	14 13% e	92 13% e	28 11% e	2 3%	4 7%	14 13% e	11 10%	26 16% e	73 18% cdeh	22 13% e
9 (9.0)	116 6%	72 6%	18 5%	19 6%	37 5%	2 4%	9 8%	39 5%	11 4%	2 3%	3 6%	7 6%	4 4%	19 12% cdehj	19 5%	11 7%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

			Children aged 15 or under in the household				Current employment status										
		Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%			a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total		2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total		2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
10 - Most worried ever	(10.0)	139	87	19	23	43	7	9	32	17	3	2	16	4	24	25	16
		7%	7%	6%	7%	6%	13% ch	8%	4%	6%	5%	5%	14% cdhj	4%	15% cdehj	6%	10% c
Don't know		29	18	4	3	7	-	2	5	3	2	-	3	2	8	5	2
		1%	1%	1%	1%	1%	-	1%	1%	1%	3% c	-	2%	2%	5% cdjk	1%	1%
Prefer not to say		8	5	-	-	-	-	-	2	2	-	-	1	2	-	1	-
		*	*	-	-	-	-	-	*	1%	-	-	1%	2% cijk	-	*	-
NET: 0-3		459	297	71	69	140	7	22	168	54	18	10	24	25	33	99	29
		22%	24%	20%	21%	20%	13%	20%	23%	21%	28% a	20%	21%	24%	20%	24%	18%
NET: 4-6		669	376	130	125	255	20	39	255	100	28	20	31	37	36	103	59
		33%	30%	37% a	37% a	37% a	38% ij	35% ij	35% ij	39% gij	43% gij	39% ij	28%	36% ij	22%	25%	36% ij
NET: 7-10		889	564	145	138	283	26	48	304	101	17	21	54	36	86	197	74
		43%	45%	41%	41%	41%	49% e	44% e	41% e	39% e	26%	41%	48% eh	35%	53% cdeh	49% cdeh	45% e
Base for stats		2017	1237	346	332	678	53	109	727	255	63	51	108	98	155	399	162
Mean Score		5.64	5.65	5.58	5.65	5.61	6.27 ceh	5.94 eh	5.51 e	5.57 e	4.72	5.59	5.97 eh	5.28	6.23 cdehj	5.66 e	6.05 ceh
Standard Deviation		2.685	2.733	2.635	2.563	2.598	2.548	2.500	2.607	2.554	2.683	2.346	2.880	2.532	3.095	2.772	2.513
Standard Error		.060	.077	.146	.145	.103	.335	.230	.094	.156	.328	.335	.261	.227	.249	.164	.189
Error variance		*	.01	.02	.02	.01	.11	.05	.01	.02	.11	.11	.07	.05	.06	.03	.04

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

		Nature of working location						Nature of working hours						Number of people in household including self				
	Total	I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053 100%	603 100%	344 100%	166 100%	46 100%	510 100%	649 100%	658 100%	280 100%	191 100%	38 100%	471 100%	695 100%	340 100%	1053 100%	559 100%	100 100%	1713 100%
0 - Not at all worried (0.0)	122 6%	45 7% be	11 3%	5 3%	3 8%	17 3%	49 7% bce	53 8% bce	6 2%	7 3%	2 4%	13 3%	55 8% bce	23 7%	68 6%	24 4%	6 6%	98 6%
1 (1.0)	64 3%	25 4% be	4 1%	5 3%	2 4%	9 2%	27 4% be	22 3% b	3 1%	9 5% b	1 2%	11 2%	23 3% b	16 5%	31 3%	14 2%	4 4%	49 3%
2 (2.0)	111 5%	30 5%	21 6%	5 3%	2 4%	26 5%	31 5%	38 6%	14 5%	7 4%	2 4%	21 4%	39 6%	17 5%	67 6%	25 5%	2 2%	94 5%
3 (3.0)	162 8%	54 9%	25 7%	12 7%	5 10%	37 7%	58 9%	51 8%	27 10%	13 7%	5 12%	40 8%	55 8%	31 9%	83 8%	42 8%	7 7%	131 8%
4 (4.0)	152 7%	47 8%	29 8%	19 11% d	1 2%	48 9%	48 7%	49 8%	25 9%	22 11%	1 2%	46 10%	50 7%	21 6%	67 6%	55 10% ab	10 10%	132 8%
5 (5.0)	254 12%	76 13%	46 13%	22 13%	5 11%	68 13%	81 12%	78 12%	38 13%	30 16%	5 14%	67 14%	83 12%	33 10%	127 12%	80 14% a	14 14%	222 13%
6 (6.0)	262 13%	78 13%	61 18% af	26 16%	6 13%	88 17% af	84 13%	95 14%	43 15%	31 16%	5 14%	74 16%	100 14%	36 10%	134 13%	82 15%	10 10%	226 13%
7 (7.0)	363 18%	99 16%	73 21%	32 19%	13 29% af	104 20%	112 17%	116 18%	59 21%	34 18%	8 21%	92 20%	124 18%	52 15%	186 18%	106 19%	18 18%	311 18%
8 (8.0)	271 13%	74 12%	36 11%	24 15%	4 9%	61 12%	78 12%	79 12%	32 11%	22 12%	5 14%	54 11%	85 12%	50 15%	148 14%	61 11%	12 12%	221 13%
9 (9.0)	116 6%	36 6%	14 4%	9 5%	3 6%	23 4%	39 6%	28 4%	21 7% af	10 5%	2 6%	31 7%	30 4%	22 6%	56 5%	33 6%	5 5%	93 5%
10 - Most worried ever (10.0)	139 7%	32 5%	20 6%	7 4%	1 3%	27 5%	34 5%	40 6%	13 5%	6 3%	1 2%	19 4%	41 6%	33 10% ce	69 7%	29 5%	8 8%	106 6%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Don't know	29	6	3	-	-	3	6	6	1	1	1	2	7	6	14	7	2	23
	1%	1%	1%	-	-	1%	1%	1%	*	1%	2%	*	1%	2%	1%	1%	2%	1%
Prefer not to say	8	2	1	-	1	1	2	3	-	-	1	-	3	1	4	2	1	6
	*	*	*	-	2%	*	*	*	-	-	2%	-	*	*	*	*	1%	*
											be							
NET: 0-3	459	154	62	27	12	89	165	164	50	35	9	84	172	87	248	105	19	372
	22%	25%	18%	16%	25%	17%	25%	25%	18%	18%	23%	18%	25%	26%	24%	19%	19%	22%
		bce					bce	be					be	c	c			
NET: 4-6	669	202	136	67	12	203	213	222	105	83	11	188	233	89	329	216	34	580
	33%	33%	39%	40%	26%	40%	33%	34%	38%	43%	30%	40%	34%	26%	31%	39%	34%	34%
			f			af				af		af				abe		a
NET: 7-10	889	240	143	72	22	215	262	264	124	72	16	197	280	157	459	229	44	732
	43%	40%	42%	43%	48%	42%	40%	40%	44%	38%	43%	42%	40%	46%	44%	41%	44%	43%
Base for stats	2017	596	341	166	45	507	641	649	279	190	36	469	685	333	1035	551	98	1683
Mean Score	5.64	5.39	5.75	5.79	5.53	5.76	5.40	5.40	5.87	5.53	5.66	5.74	5.41	5.69	5.60	5.66	5.69	5.63
			af			af			af			af						
Standard Deviation	2.685	2.746	2.349	2.348	2.668	2.347	2.739	2.747	2.296	2.374	2.437	2.332	2.730	2.928	2.715	2.467	2.716	2.635
Standard Error	.060	.109	.125	.179	.385	.103	.105	.105	.133	.172	.390	.106	.101	.163	.086	.103	.263	.064
Error variance	*	.01	.02	.03	.15	.01	.01	.01	.02	.03	.15	.01	.01	.03	.01	.01	.07	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
0 - Not at all worried	(0.0)	122 6%	18 5%	77 6%	18 5%	24 6%	6 7%	77 6%	40 6%	6 6%	100 6%	21 5%	104 6%	15 5%
1	(1.0)	64 3%	8 2%	40 3%	5 1%	17 4% a	1 1%	41 3%	20 3%	2 2%	53 3%	11 3%	51 3%	13 4%
2	(2.0)	111 5%	16 4%	76 6%	20 6% c	16 4%	1 1%	80 6% c	30 4%	6 6%	88 5%	23 5%	88 5%	23 8%
3	(3.0)	162 8%	17 4%	113 9% a	17 5%	25 6%	6 7%	122 10% abe	40 6%	8 8%	131 8%	31 7%	138 8%	24 8%
4	(4.0)	152 7%	33 8%	97 8%	25 7%	20 5%	10 12% b	101 8% b	50 7%	5 5%	119 7%	34 8%	132 8%	19 6%
5	(5.0)	254 12%	67 17% b	147 12%	37 11%	48 12% f	18 21% abdef	151 12% f	95 13% f	5 5%	207 13%	48 11%	196 11%	55 18% a
6	(6.0)	262 13%	55 14%	169 13%	44 13% bf	36 9%	7 8%	181 14% bf	80 11%	6 6%	193 12%	69 16% a	225 13%	36 12%
7	(7.0)	363 18%	71 18%	233 18%	54 16%	82 20% c	8 9%	234 18% c	120 17%	22 22% c	293 18%	70 16%	318 18%	45 15%
8	(8.0)	271 13%	48 12%	165 13%	49 15%	68 16% d	13 15%	147 11%	112 16% d	15 15%	209 13%	62 15%	242 14% b	26 9%
9	(9.0)	116 6%	30 8%	64 5%	24 7% d	35 8% d	8 10% d	58 5%	54 8% d	10 10% d	95 6%	21 5%	94 5%	22 7%

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
10 - Most worried ever (10.0)	139	30	73	32	38	8	70	66	11	116	23	120	17
	7%	8%	6%	10%	9%	9%	5%	9%	11%	7%	6%	7%	6%
				d	d			d	d				
Don't know	29	4	17	6	6	1	16	11	3	21	8	20	7
	1%	1%	1%	2%	1%	2%	1%	1%	3%	1%	2%	1%	2%
Prefer not to say	8	1	1	-	-	-	1	-	-	5	3	2	1
	*	*	*	-	-	-	*	-	-	*	1%	*	*
NET: 0-3	459	59	306	59	81	13	321	130	22	373	86	381	75
	22%	15%	24%	18%	20%	15%	25%	18%	22%	23%	20%	22%	25%
			a				abce						
NET: 4-6	669	155	413	106	104	35	432	224	16	519	150	553	111
	33%	39%	33%	32%	25%	41%	34%	31%	16%	32%	36%	32%	37%
		b		bf		bf	bf	bf					
NET: 7-10	889	178	534	159	223	36	508	352	58	713	175	774	110
	43%	45%	42%	48%	54%	42%	40%	49%	58%	44%	42%	45%	36%
				d	cd			d	cd			b	
Base for stats	2017	393	1254	324	407	84	1262	707	97	1605	411	1708	296
Mean Score	5.64	5.95	5.52	6.02	6.05	5.91	5.42	5.99	6.16	5.63	5.68	5.68	5.39
		b		d	d			d	d				
Standard Deviation	2.685	2.515	2.665	2.687	2.784	2.679	2.640	2.715	2.941	2.716	2.563	2.682	2.663
Standard Error	.060	.125	.076	.144	.141	.281	.075	.102	.293	.068	.129	.065	.150
Error variance	*	.02	.01	.02	.02	.08	.01	.01	.09	*	.02	*	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

		Total	Number of days active										Life satisfaction score				Covid-19 related worries			
			0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%			a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total		2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total		2053 / 100%	397 / 100%	183 / 100%	301 / 100%	400 / 100%	262 / 100%	212 / 100%	77 / 100%	221 / 100%	1146 / 100%	510 / 100%	482 / 100%	562 / 100%	722 / 100%	255 / 100%	612 / 100%	516 / 100%	634 / 100%	255 / 100%
0 - Not at all worried	(0.0)	122 / 6%	37 / 9% / bcdfi	8 / 4%	9 / 3%	20 / 5%	17 / 7% / c	6 / 3%	5 / 7%	19 / 9% / cfi	54 / 5%	30 / 6%	33 / 7% / b	17 / 3%	41 / 6% / b	29 / 11% / abc	122 / 20% / bcd	-	-	-
1	(1.0)	64 / 3%	29 / 7% / cdeghij	6 / 3%	4 / 1%	9 / 2%	3 / 1%	8 / 4% / c	1 / 1%	4 / 2%	22 / 2%	13 / 3%	14 / 3%	15 / 3%	20 / 3%	15 / 6% / abc	64 / 10% / bcd	-	-	-
2	(2.0)	111 / 5%	27 / 7%	11 / 6%	17 / 6%	18 / 4%	14 / 6%	11 / 5%	3 / 4%	10 / 5%	60 / 5%	24 / 5%	26 / 5%	21 / 4%	49 / 7% / b	14 / 5%	111 / 18% / bcd	-	-	-
3	(3.0)	162 / 8%	27 / 7%	11 / 6%	30 / 10% / fj	32 / 8%	33 / 13% / abfj	8 / 4%	5 / 7%	16 / 7%	106 / 9% / fj	29 / 6%	49 / 10% / d	46 / 8%	53 / 7%	14 / 6%	162 / 27% / bcd	-	-	-
4	(4.0)	152 / 7%	26 / 7%	14 / 7%	24 / 8%	35 / 9%	18 / 7%	20 / 9%	2 / 3%	14 / 6%	91 / 8%	36 / 7%	40 / 8% / d	42 / 7% / d	61 / 8% / d	7 / 3%	152 / 25% / bcd	-	-	-
5	(5.0)	254 / 12%	36 / 9%	23 / 13%	43 / 14% / a	43 / 11%	38 / 14% / a	35 / 17% / adg	6 / 7%	31 / 14%	147 / 13%	71 / 14% / a	49 / 10%	103 / 18% / acd	74 / 10%	28 / 11%	-	254 / 49% / acd	-	-
6	(6.0)	262 / 13%	37 / 9%	26 / 14%	37 / 12%	65 / 16% / a	30 / 12%	35 / 16% / a	9 / 11%	24 / 11%	158 / 14% / a	67 / 13%	47 / 10%	77 / 14% / ad	115 / 16% / ad	21 / 8%	-	262 / 51% / acd	-	-
7	(7.0)	363 / 18%	59 / 15%	35 / 19%	63 / 21% / ah	73 / 18%	52 / 20%	34 / 16%	16 / 21%	30 / 14%	223 / 19% / ah	81 / 16%	82 / 17%	111 / 20% / d	139 / 19% / d	31 / 12%	-	-	363 / 57% / abd	-
8	(8.0)	271 / 13%	51 / 13%	27 / 15%	33 / 11%	58 / 14%	30 / 11%	28 / 13%	16 / 21% / cei	27 / 12%	148 / 13%	72 / 14%	56 / 12%	72 / 13%	108 / 15%	34 / 13%	-	-	271 / 43% / abd	-
9	(9.0)	116 / 6%	24 / 6%	11 / 6%	16 / 5%	20 / 5%	16 / 6%	9 / 4%	8 / 10%	12 / 5%	62 / 5%	29 / 6%	35 / 7% / b	18 / 3%	36 / 5%	25 / 10% / bc	-	-	-	116 / 45% / abc
10 - Most worried ever	(10.0)	139 / 7%	27 / 7%	10 / 5%	21 / 7%	21 / 5%	9 / 4%	16 / 7%	5 / 7%	30 / 14% / abcdefi	61 / 5%	51 / 10% / dei	42 / 9% / c	35 / 6% / c	23 / 3%	34 / 13% / bc	-	-	-	139 / 55% / abc
Don't know		29 / 1%	14 / 3% / cdefij	3 / 2% / e	3 / 1%	5 / 1%	-	-	-	5 / 2% / ef	11 / 1%	5 / 1%	8 / 2%	5 / 1%	4 / 1%	2 / 1%	-	-	-	-
Prefer not to say		8 / *	3 / 1%	-	1 / *	1 / *	1 / *	1 / *	-	1 / *	3 / *	2 / *	1 / *	-	-	1 / 1% / c	-	-	-	-

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

	Total	Number of days active 0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	Life satisfaction score 0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	Covid-19 related worries 0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	459	119	35	60	80	68	34	15	49	243	97	122	99	162	72	459	-	-	-
	22%	30%	19%	20%	20%	26%	16%	19%	22%	21%	19%	25%	18%	22%	28%	75%	-	-	-
		bcdfghij				fj						b		b	b	bcd			
NET: 4-6	669	99	63	104	143	85	90	17	68	395	175	136	221	250	57	152	516	-	-
	33%	25%	34%	34%	36%	33%	43%	22%	31%	34%	34%	28%	39%	35%	22%	25%	100%	-	-
			ag	ag	ag	a	aeghij			ag	ag		ad	ad		cd	acd		
NET: 7-10	889	162	82	134	172	107	87	46	99	494	232	215	236	306	123	-	-	634	255
	43%	41%	45%	44%	43%	41%	41%	60%	45%	43%	46%	45%	42%	42%	48%	-	-	100%	100%
								abcdefhij										ab	ab
Base for stats	2017	380	180	298	394	261	211	77	216	1132	504	474	557	718	252	612	516	634	255
Mean Score	5.64	5.22	5.75	5.79	5.70	5.42	5.81	6.25	5.81	5.67	5.88	5.62	5.76	5.53	5.68	2.26	5.51	7.43	9.55
			a	a	a		a	aei	a	a	ae						a	ab	abc
Standard Deviation	2.685	3.054	2.546	2.444	2.525	2.568	2.456	2.695	2.968	2.518	2.721	2.848	2.361	2.544	3.302	1.448	.500	.495	.499
Standard Error	.060	.164	.190	.139	.126	.157	.167	.305	.205	.074	.121	.130	.099	.097	.210	.059	.022	.020	.031
Error variance	*	.03	.04	.02	.02	.02	.03	.09	.04	.01	.01	.02	.01	.01	.04	*	*	*	*

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?

BASE: All respondents

		Total	Amount of activity now compared to last year		
			NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053	715	789	524
		100%	100%	100%	100%
0 - Not at all worried	(0.0)	122	30	61	25
		6%	4%	8%	5%
				ac	
1	(1.0)	64	18	39	6
		3%	3%	5%	1%
				ac	
2	(2.0)	111	29	53	29
		5%	4%	7%	6%
				a	
3	(3.0)	162	54	74	35
		8%	7%	9%	7%
4	(4.0)	152	62	48	42
		7%	9%	6%	8%
5	(5.0)	254	88	98	66
		12%	12%	12%	13%
6	(6.0)	262	97	98	66
		13%	14%	12%	13%
7	(7.0)	363	137	119	105
		18%	19%	15%	20%
			b		b
8	(8.0)	271	93	101	76
		13%	13%	13%	15%
9	(9.0)	116	43	37	36
		6%	6%	5%	7%
10 - Most worried ever	(10.0)	139	60	45	33
		7%	8%	6%	6%
			b		
Don't know		29	5	11	6
		1%	1%	1%	1%
Prefer not to say		8	-	5	-
		*	-	1%	-
				a	
NET: 0-3		459	131	226	95
		22%	18%	29%	18%
				ac	

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Q14Z. Given what you know about COVID-19, using a scale from 0-10, how worried are you?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
NET: 4-6	669	247	245	173
	33%	35%	31%	33%
NET: 7-10	889	332	302	250
	43%	46%	38%	48%
		b		b
Base for stats	2017	710	773	518
Mean Score	5.64	5.90	5.26	5.89
		b		b
Standard Deviation	2.685	2.567	2.814	2.536
Standard Error	.060	.095	.104	.111
Error variance	*	.01	.01	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B. SUMMARY: How often do you...
BASE: All respondents

	Total	All of the time	Most of the time	Some of the time	None of the time	Don't know
Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings	2053 100%	652 32%	772 38%	487 24%	108 5%	33 2%
Think that other people behave in a way that protects themselves and others from Covid-19'	2053 100%	229 11%	608 30%	990 48%	153 7%	73 4%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	652	306	345	166	214	273	34	86	67	75	56	72	87	108	67
	32%	31%	33%	27%	32%	36%	34%	32%	33%	35%	32%	32%	27%	32%	32%
					a	a				g					
Most of the time	772	388	381	236	247	290	39	98	84	77	65	82	124	121	82
	38%	39%	37%	38%	37%	38%	39%	37%	42%	36%	37%	36%	38%	36%	39%
Some of the time	487	242	244	174	162	151	20	59	35	51	40	61	91	82	48
	24%	24%	23%	28%	24%	20%	20%	22%	17%	24%	23%	27%	28%	25%	23%
				c								c	c		
None of the time	108	53	53	31	42	35	4	19	12	9	13	10	18	17	7
	5%	5%	5%	5%	6%	5%	4%	7%	6%	4%	7%	5%	6%	5%	3%
Don't know	33	13	20	13	9	11	2	5	3	3	3	2	3	6	5
	2%	1%	2%	2%	1%	1%	3%	2%	2%	2%	2%	1%	1%	2%	2%

Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...

BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	652	54	134	149	93	62	161	336	316	556	18	37	23	5	4	87
	32%	28%	30%	31%	37%	29%	34%	30%	33%	32%	32%	28%	29%	29%	31%	29%
					g											
Most of the time	772	90	174	180	87	71	171	443	329	663	17	51	27	6	4	106
	38%	47%	39%	38%	34%	33%	36%	40%	35%	38%	31%	39%	35%	36%	32%	36%
		cdefh						eh								
Some of the time	487	34	108	126	56	63	100	268	219	400	13	40	21	5	3	82
	24%	18%	24%	26%	22%	29%	21%	24%	23%	23%	23%	30%	27%	29%	26%	28%
				a		adfh						a				
None of the time	108	13	21	18	15	14	27	52	56	91	7	2	5	1	-	15
	5%	7%	5%	4%	6%	7%	6%	5%	6%	5%	13%	1%	7%	6%	-	5%
										c	acg		c			c
Don't know	33	-	5	5	4	4	15	9	24	24	1	1	1	-	1	6
	2%	-	1%	1%	2%	2%	3%	1%	3%	1%	2%	1%	2%	-	10%	2%
						a	abcg		acg							

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...

BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	652	437	95	89	184	17	38	219	63	23	17	38	33	62	144	54
	32%	35%	27%	27%	27%	32%	34%	30%	24%	35%	33%	34%	32%	38%	36%	33%
		bcd					d					d		cd	d	d
Most of the time	772	468	135	137	272	23	40	281	111	19	19	36	34	50	158	63
	38%	37%	38%	41%	40%	44%	36%	38%	43%	30%	38%	33%	33%	31%	39%	39%
									ei							
Some of the time	487	276	88	94	182	10	29	180	72	19	11	31	28	33	74	39
	24%	22%	25%	28%	27%	19%	26%	24%	28%	29%	22%	28%	27%	20%	18%	24%
				a	a				j	j		j	j			
None of the time	108	59	27	14	41	3	4	47	11	3	4	3	5	10	19	7
	5%	5%	8%	4%	6%	5%	3%	6%	4%	5%	7%	3%	5%	6%	5%	4%
			a													
Don't know	33	21	5	1	6	-	-	7	1	1	-	3	3	8	10	-
	2%	2%	1%	*	1%	-	-	1%	1%	1%	-	3%	3%	5%	3%	-
												k	k	bcdk	ck	

Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	652	194	96	46	10	142	204	210	76	48	12	124	223	132	330	162	29	521
	32%	32%	28%	28%	21%	28%	31%	32%	27%	25%	33%	26%	32%	39%	31%	29%	29%	30%
								e					e	bce				
Most of the time	772	226	143	62	18	205	244	246	114	78	15	192	262	105	408	220	39	667
	38%	37%	41%	38%	40%	40%	38%	37%	41%	41%	40%	41%	38%	31%	39%	39%	39%	39%
															a	a		a
Some of the time	487	155	83	41	13	124	168	162	72	50	8	122	170	79	243	141	25	409
	24%	26%	24%	25%	29%	24%	26%	25%	26%	26%	22%	26%	24%	23%	23%	25%	25%	24%
None of the time	108	26	20	14	4	34	30	35	17	13	2	29	37	19	54	29	6	89
	5%	4%	6%	8%	9%	7%	5%	5%	6%	7%	5%	6%	5%	6%	5%	5%	6%	5%
				a														
Don't know	33	2	3	2	1	5	3	4	1	2	-	3	4	6	17	9	1	27
	2%	*	1%	1%	1%	1%	*	1%	*	1%	-	1%	1%	2%	2%	2%	1%	2%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
All of the time	652 32%	120 30%	390 31%	112 34%	148 36%	24 29%	390 30%	246 34%	34 34%	525 32%	128 30%	563 33%	88 29%
Most of the time	772 38%	164 41%	491 39%	112 34%	154 37%	33 39%	496 39%	259 36%	34 34%	602 37%	170 40%	666 39%	100 33%
Some of the time	487 24%	91 23%	307 24%	77 23%	85 21%	22 26%	317 25%	160 22%	22 22%	390 24%	97 23%	402 23%	83 27%
None of the time	108 5%	16 4%	67 5%	22 7%	15 4%	4 5%	67 5%	36 5%	5 5%	88 5%	20 5%	79 5%	24 8% a
Don't know	33 2%	7 2%	16 1%	8 2% d	12 3% d	1 2%	10 1%	16 2% d	5 5% d	26 2%	7 2%	20 1%	8 3% a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...
BASE: All respondents

	Total	\ Number of days active \ 0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	\ Life satisfaction score \ 0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	\ Covid-19 related worries \ 0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	652	127	44	76	138	74	63	29	100	332	193	167	157	222	100	112	120	254	161
	32%	32%	24%	25%	34%	28%	30%	38%	45%	29%	38%	35%	28%	31%	39%	18%	23%	40%	63%
		c			bci			bc	abcdefi		bcefi	b			bc		a	ab	abc
Most of the time	772	138	79	114	144	106	91	31	71	443	192	171	210	291	99	219	233	265	49
	38%	35%	43%	38%	36%	40%	43%	40%	32%	39%	38%	35%	37%	40%	39%	36%	45%	42%	19%
			h				h									d	ad	ad	
Some of the time	487	91	52	87	91	68	51	12	35	298	99	104	165	173	40	204	138	100	36
	24%	23%	28%	29%	23%	26%	24%	16%	16%	26%	19%	22%	29%	24%	16%	33%	27%	16%	14%
			h	ghj	ghj	h	hj	h			ghj		acd	d		bcd	cd		
None of the time	108	27	7	19	19	12	6	5	13	57	24	33	20	33	15	68	21	10	7
	5%	7%	4%	6%	5%	5%	3%	6%	6%	5%	5%	7%	4%	5%	6%	11%	4%	2%	3%
			f										b			bcd	c		
Don't know	33	14	2	5	8	2	1	-	2	17	2	7	10	3	1	9	5	6	2
	2%	4%	1%	2%	2%	1%	*	-	1%	1%	*	1%	2%	*	1%	1%	1%	1%	1%
		efhij			j								c						

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Q19B.1. Intend to continue observing optional Covid-19 safety measures such as social distancing and face masks/coverings: How often do you...
BASE: All respondents

| | | Amount of activity now compared to last year | | |
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
All of the time	652	244	230	172
	32%	34%	29%	33%
		b		
Most of the time	772	288	295	183
	38%	40%	37%	35%
Some of the time	487	153	198	135
	24%	21%	25%	26%
None of the time	108	26	51	28
	5%	4%	6%	5%
			a	
Don't know	33	4	15	6
	2%	1%	2%	1%
			a	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	229	91	139	116	72	41	12	24	22	25	21	17	46	40	23
	11%	9%	13%	19%	11%	5%	12%	9%	11%	12%	12%	7%	14%	12%	11%
			a	bc	c								f		
Most of the time	608	293	312	197	227	184	29	77	70	68	52	60	106	83	64
	30%	29%	30%	32%	34%	24%	29%	29%	35%	32%	29%	26%	33%	25%	30%
				c	c				h				h		
Some of the time	990	515	474	232	302	456	49	131	87	104	85	128	133	175	98
	48%	51%	45%	38%	45%	60%	50%	49%	43%	48%	48%	56%	41%	52%	47%
		b			a	ab						cg		cg	
None of the time	153	66	86	60	49	45	6	23	14	15	15	13	31	23	13
	7%	7%	8%	10%	7%	6%	6%	9%	7%	7%	8%	6%	10%	7%	6%
				c											
Don't know	73	39	33	14	24	35	3	12	8	3	5	10	7	13	11
	4%	4%	3%	2%	4%	5%	3%	4%	4%	2%	3%	4%	2%	4%	5%
						a		d							d

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	229	30	53	46	40	26	34	130	99	172	9	24	16	4	3	56
	11%	16%	12%	10%	16%	12%	7%	12%	11%	10%	17%	18%	20%	22%	25%	19%
		cfh	f		cfh	f		f				a	a			a
Most of the time	608	64	126	155	86	60	117	345	263	500	15	52	23	8	3	101
	30%	34%	29%	32%	34%	28%	25%	31%	28%	29%	27%	40%	29%	52%	20%	34%
		f		f	f			f				a				
Some of the time	990	74	220	230	107	100	260	523	467	873	24	46	28	4	6	108
	48%	39%	50%	48%	42%	46%	55%	47%	49%	50%	43%	35%	36%	25%	45%	37%
			ad	a			acdeg	a	ad	cdg						
None of the time	153	18	30	35	14	21	33	84	69	127	8	7	8	-	1	24
	7%	10%	7%	7%	6%	10%	7%	8%	7%	7%	14%	5%	11%	-	5%	8%
											c					
Don't know	73	4	12	11	8	8	29	27	45	62	-	3	3	-	1	6
	4%	2%	3%	2%	3%	4%	6%	2%	5%	4%	-	2%	4%	-	5%	2%
							abcg		cg							

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	229	109	58	49	107	14	22	80	32	9	6	11	17	17	22	36
	11%	9%	17%	15%	16%	27%	20%	11%	12%	14%	11%	10%	16%	11%	5%	22%
			a	a	a	cdfgij	cdgij	j	j	j			j	j		cdgij
Most of the time	608	345	112	119	230	19	48	245	65	17	20	29	31	34	100	67
	30%	27%	32%	35%	34%	35%	43%	33%	25%	27%	39%	26%	31%	21%	25%	41%
				a	a	i	cdeghij	dij			ij					degij
Some of the time	990	662	151	137	288	16	32	340	132	26	23	60	42	84	235	48
	48%	52%	43%	41%	42%	30%	29%	46%	51%	41%	44%	54%	41%	52%	58%	30%
		bcd						abk	abk			abhk	k	abk	abcehk	
None of the time	153	95	20	25	45	3	7	51	24	8	3	9	8	15	25	11
	7%	8%	6%	8%	7%	6%	7%	7%	9%	12%	6%	8%	8%	9%	6%	6%
Don't know	73	51	9	5	14	1	1	17	6	4	-	4	4	13	24	2
	4%	4%	3%	1%	2%	1%	1%	2%	2%	6%	-	3%	4%	8%	6%	1%
		cd								bck				bcdfk	bcdk	

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Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	229	82	35	16	10	51	92	76	49	10	7	59	83	23	108	82	16	206
	11%	14%	10%	10%	22%	10%	14%	12%	18%	5%	19%	13%	12%	7%	10%	15%	16%	12%
					bce		e	c	acf		c	c	c			ab	a	a
Most of the time	608	191	105	59	22	164	213	201	97	70	13	167	214	90	306	181	31	518
	30%	32%	30%	35%	49%	32%	33%	31%	35%	37%	34%	36%	31%	26%	29%	32%	31%	30%
					abef													
Some of the time	990	269	170	78	8	248	277	314	109	91	14	200	328	182	521	244	43	808
	48%	45%	49%	47%	16%	49%	43%	48%	39%	48%	37%	43%	47%	54%	49%	44%	43%	47%
		d	df	d		df	d	b					b	cde	c			
None of the time	153	50	25	10	5	35	55	48	22	17	3	38	51	25	79	39	10	128
	7%	8%	7%	6%	11%	7%	8%	7%	8%	9%	7%	8%	7%	7%	7%	7%	10%	7%
Don't know	73	12	9	3	1	12	13	18	3	3	1	5	19	19	40	13	1	54
	4%	2%	3%	2%	2%	2%	2%	3%	1%	1%	3%	1%	3%	6%	4%	2%	1%	3%
														cde				

Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	229	78	125	50	36	15	136	88	10	188	41	202	27
	11%	20%	10%	15%	9%	18%	11%	12%	10%	12%	10%	12%	9%
		b		bd		bd							
Most of the time	608	141	369	87	117	31	388	212	19	479	128	516	89
	30%	35%	29%	26%	28%	36%	30%	30%	19%	29%	30%	30%	29%
		b				f	f	f					
Some of the time	990	134	654	146	215	25	637	327	54	780	210	847	138
	48%	34%	51%	44%	52%	29%	50%	46%	54%	48%	50%	49%	45%
			a	c	ace		c	c	c				
None of the time	153	38	81	30	28	14	79	65	7	123	30	114	35
	7%	10%	6%	9%	7%	16%	6%	9%	7%	8%	7%	7%	11%
		b				abde		d					a
Don't know	73	6	41	17	17	1	40	25	9	60	13	51	15
	4%	2%	3%	5%	4%	1%	3%	4%	9%	4%	3%	3%	5%
									bcde				

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...
BASE: All respondents

| | Total | Number of days active | | | | | | | | | | Life satisfaction score | | | | Covid-19 related worries | | | |
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
All of the time	229	27	19	26	64	31	19	8	36	140	62	46	57	66	59	53	53	71	49
	11%	7%	11%	9%	16%	12%	9%	10%	16%	12%	12%	9%	10%	9%	23%	9%	10%	11%	19%
					acfi	a			acf	a	a				abc				abc
Most of the time	608	92	44	94	124	82	74	29	67	345	170	122	175	214	91	182	169	190	60
	30%	23%	24%	31%	31%	32%	35%	38%	30%	30%	33%	25%	31%	30%	36%	30%	33%	30%	24%
				a	a	a	ab	ab		a	ab		a		a		d		
Some of the time	990	218	102	143	179	124	95	34	96	548	225	237	275	389	83	302	253	316	110
	48%	55%	56%	47%	45%	47%	45%	44%	43%	48%	44%	49%	49%	54%	33%	49%	49%	50%	43%
		dfhij	dfhij									d	d	d					
None of the time	153	30	13	30	21	17	18	5	19	81	42	56	41	38	13	46	29	48	29
	7%	8%	7%	10%	5%	6%	8%	6%	9%	7%	8%	12%	7%	5%	5%	7%	6%	8%	11%
				d								bcd							b
Don't know	73	30	4	9	11	8	5	1	5	32	11	22	15	14	9	28	13	8	7
	4%	8%	2%	3%	3%	3%	2%	2%	2%	3%	2%	5%	3%	2%	3%	5%	2%	1%	3%
		bcdefhij										c				c			

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Q19B.2. Think that other people behave in a way that protects themselves and others from Covid-19': How often do you...

BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
All of the time	229	122	65	39
	11%	17%	8%	7%
		bc		
Most of the time	608	252	217	135
	30%	35%	27%	26%
		bc		
Some of the time	990	272	419	294
	48%	38%	53%	56%
			a	a
None of the time	153	58	43	49
	7%	8%	5%	9%
		b		b
Don't know	73	12	46	7
	4%	2%	6%	1%
			ac	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Total	Gender		Age			Region								
			Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%			a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total		2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total		2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all satisfied	(0.0)	72	35	37	16	20	36	2	9	10	5	4	7	15	13	8
		4%	3%	4%	3%	3%	5% a	2%	3%	5%	2%	2%	3%	5%	4%	4%
1	(1.0)	30	14	16	7	5	18	-	3	2	4	5	6	4	5	1
		1%	1%	2%	1%	1%	2% b	-	1%	1%	2%	3%	2%	1%	2%	*
2	(2.0)	78	41	38	20	24	34	1	10	9	11	7	16	5	13	6
		4%	4%	4%	3%	4%	5%	1%	4%	5% g	5% g	4%	7% ag	2%	4%	3%
3	(3.0)	141	70	70	37	52	53	5	14	15	20	12	14	26	25	10
		7%	7%	7%	6%	8%	7%	5%	5%	7%	9%	7%	6%	8%	8%	5%
4	(4.0)	160	64	95	65	44	51	8	22	23	14	12	19	26	24	11
		8%	6%	9% a	11% bc	6%	7%	8%	8%	11% i	7%	7%	9%	8%	7%	5%
5	(5.0)	268	113	154	97	101	70	13	24	28	23	23	33	51	39	33
		13%	11%	15% a	16% c	15% c	9%	14%	9%	14%	11%	13%	15%	16% b	12%	16% b
6	(6.0)	294	115	178	116	100	78	15	48	20	30	26	30	44	47	35
		14%	11%	17% a	19% bc	15% c	10%	15%	18%	10%	14%	15%	13%	13%	14%	17%
										c						
7	(7.0)	381	202	179	97	127	157	21	49	33	42	36	46	61	54	41
		19%	20%	17%	16%	19%	21% a	21%	18%	16%	19%	20%	20%	19%	16%	19%
8	(8.0)	341	203	138	78	101	162	17	47	37	34	28	34	45	67	31
		17%	20% b	13%	13%	15%	21% ab	17%	18%	18%	16%	16%	15%	14%	20% g	15%
9	(9.0)	141	72	69	36	48	57	5	21	13	17	8	15	19	23	20
		7%	7%	7%	6%	7%	7%	6%	8%	6%	8%	4%	7%	6%	7%	10% e
10 - Completely satisfied	(10.0)	114	61	52	36	39	38	8	18	9	11	11	6	20	20	10
		6%	6%	5%	6%	6%	5%	9% f	7%	5%	5%	6%	3%	6%	6%	5%
Don't know		20	7	12	10	8	2	1	2	2	1	3	2	2	5	3
		1%	1%	1%	2% c	1%	*	1%	1%	1%	1%	2%	1%	1%	1%	1%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prefer not to say	12	5	6	4	4	3	-	1	1	1	3	-	5	-	-
	1%	*	1%	1%	1%	*	-	1%	*	1%	1%	-	2%	-	-
											h		h		
NET: 0-3	323	160	160	79	102	141	9	36	36	40	28	42	50	56	26
	16%	16%	15%	13%	15%	19%	9%	13%	18%	19%	16%	19%	15%	17%	12%
						a			a	a		a		a	
NET: 4-6	722	292	427	278	244	200	36	94	71	68	60	82	121	110	80
	35%	29%	41%	45%	36%	26%	37%	35%	35%	32%	34%	36%	37%	33%	38%
			a	bc	c										
NET: 7-10	977	539	438	248	316	414	52	134	92	104	83	101	145	164	102
	48%	54%	42%	40%	47%	54%	53%	50%	46%	49%	47%	44%	45%	49%	49%
		b			a	ab									
Base for stats	2021	991	1025	605	662	755	97	263	199	212	171	225	316	330	207
Mean Score	6.02	6.18	5.87	5.94	6.06	6.04	6.42	6.22	5.79	6.00	6.00	5.72	5.92	6.06	6.19
		b					cf	f							
Standard Deviation	2.400	2.437	2.349	2.254	2.331	2.568	2.162	2.372	2.501	2.416	2.377	2.384	2.412	2.472	2.300
Standard Error	.053	.079	.073	.084	.088	.105	.207	.144	.184	.151	.169	.183	.137	.133	.174
Error variance	*	.01	.01	.01	.01	.01	.04	.02	.03	.02	.03	.03	.02	.02	.03

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Total	Social Grade								Ethnicity						
			Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%			a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total		2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total		2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all satisfied	(0.0)	72	6	5	18	8	5	30	29	43	60	4	4	1	-	-	9
		4%	3%	1%	4%	3%	2%	6%	3%	5%	3%	8%	3%	1%			3%
			b		b	b		beg		bg		d					
1	(1.0)	30	1	6	6	4	3	11	13	18	28	-	-	2	-	-	2
		1%	*	1%	1%	1%	2%	2%	1%	2%	2%	-	-	3%	-	-	1%
														c			
2	(2.0)	78	3	9	12	11	13	31	24	55	70	1	2	4	1	-	7
		4%	2%	2%	3%	4%	6%	6%	2%	6%	4%	2%	1%	5%	5%	-	2%
						g	abcg	abcg		abcg							
3	(3.0)	141	14	31	29	17	18	33	74	67	123	2	8	8	-	-	18
		7%	7%	7%	6%	7%	8%	7%	7%	7%	7%	4%	6%	10%	-	-	6%
4	(4.0)	160	18	37	33	16	23	33	88	72	124	8	16	7	1	1	34
		8%	10%	8%	7%	6%	11%	7%	8%	8%	7%	15%	12%	9%	7%	12%	12%
												a	a				a
5	(5.0)	268	25	55	71	33	27	56	152	116	213	14	19	13	3	2	51
		13%	13%	12%	15%	13%	12%	12%	14%	12%	12%	24%	14%	17%	22%	17%	17%
												a					a
6	(6.0)	294	24	75	70	47	36	42	170	124	247	6	24	11	1	2	45
		14%	13%	17%	15%	18%	17%	9%	15%	13%	14%	10%	18%	15%	10%	13%	15%
				f	f	fh	f		f	f							
7	(7.0)	381	35	81	106	38	33	88	222	159	333	7	24	10	6	1	48
		19%	19%	18%	22%	15%	15%	19%	20%	17%	19%	12%	18%	13%	37%	9%	16%
					deh				d								
8	(8.0)	341	33	84	67	40	32	84	184	157	301	9	19	8	2	3	40
		17%	18%	19%	14%	16%	15%	18%	17%	17%	17%	16%	14%	10%	14%	21%	14%
				c													
9	(9.0)	141	12	32	30	24	8	35	74	67	123	1	7	6	-	2	16
		7%	6%	7%	6%	9%	4%	7%	7%	7%	7%	3%	5%	8%	-	18%	6%
						e		e		e							
10 - Completely satisfied	(10.0)	114	16	26	23	13	13	22	66	48	95	4	7	6	1	-	17
		6%	9%	6%	5%	5%	6%	5%	6%	5%	6%	6%	6%	7%	5%	-	6%
Don't know		20	1	2	5	2	3	7	8	12	13	-	3	-	-	1	4
		1%	*	*	1%	1%	1%	2%	1%	1%	1%	-	2%	-	-	10%	1%
Prefer not to say		12	-	-	6	1	2	3	6	5	3	1	-	2	-	-	3
		1%	-	-	1%	*	1%	1%	1%	1%	*	2%	-	2%	-	-	1%
					b							a		a			a

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
		Social Grade					NET: ABC1	NET: C2DE	Ethnicity							NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: 0-3	323	24	50	65	40	39	104	140	183	281	8	13	15	1	-	36
	16%	13%	11%	14%	16%	18%	22%	13%	19%	16%	13%	10%	19%	5%	-	12%
						bg	abcdg		abcg	c			c			
NET: 4-6	722	68	167	175	96	86	131	409	313	584	28	59	32	6	5	130
	35%	36%	38%	37%	38%	40%	28%	37%	33%	34%	49%	45%	41%	38%	41%	44%
		f	f	f	f	f		f	f		a	a				a
NET: 7-10	977	97	223	226	116	86	229	546	431	852	20	57	30	9	6	122
	48%	51%	50%	47%	45%	40%	48%	49%	46%	49%	36%	43%	38%	56%	48%	41%
		e	e				e	e		bdg						
Base for stats	2021	189	440	466	252	211	464	1095	926	1717	56	129	77	16	11	288
Mean Score	6.02	6.24	6.30	6.03	6.07	5.75	5.73	6.17	5.83	6.04	5.57	6.07	5.77	6.29	6.73	5.93
		efh	efh					efh								
Standard Deviation	2.400	2.367	2.145	2.309	2.397	2.373	2.695	2.256	2.547	2.411	2.486	2.136	2.438	1.791	1.828	2.265
Standard Error	.053	.170	.104	.106	.143	.153	.134	.068	.084	.059	.321	.179	.261	.434	.528	.127
Error variance	*	.03	.01	.01	.02	.02	.02	*	.01	*	.10	.03	.07	.19	.28	.02

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053 100%	1261 100%	350 100%	335 100%	685 100%	53 100%	111 100%	733 100%	259 100%	65 100%	51 100%	111 100%	102 100%	163 100%	405 100%	163 100%
0 - Not at all satisfied (0.0)	72 4%	53 4% d	7 2%	6 2%	13 2%	2 3%	1 1%	13 2%	5 2%	2 3%	1 3%	10 9% bcdjk	3 3%	20 12% bcdehjk	16 4% c	2 1%
1 (1.0)	30 1%	23 2%	2 1%	3 1%	6 1%	3 6% cdj	1 1%	3 *	1 *	2 3% c	1 2%	3 3% cd	3 3% cd	8 5% cdj	5 1%	5 3% cd
2 (2.0)	78 4%	51 4%	14 4%	8 2%	22 3%	4 8% cd	6 5%	16 2%	5 2%	2 3%	2 5%	5 5% cd	6 6% cd	11 7% cd	22 5% cd	10 6% cd
3 (3.0)	141 7%	96 8%	18 5%	21 6%	39 6%	3 6%	6 5%	44 6%	17 6%	2 3%	2 5%	13 11% c	5 5%	15 9%	34 8%	9 6%
4 (4.0)	160 8%	92 7%	28 8%	31 9%	59 9%	1 3%	14 12% acj	51 7%	24 9%	6 10%	7 15% aj	9 8%	13 12% acj	11 7%	22 5%	15 9%
5 (5.0)	268 13%	144 11%	48 14%	53 16% a	101 15% a	7 14%	18 16% j	100 14% j	38 15% j	10 15% j	4 9%	17 16% j	17 17% j	27 17% j	28 7%	25 15% j
6 (6.0)	294 14%	165 13%	55 16%	62 18% a	117 17% a	10 19% ij	10 9%	118 16% ij	44 17% ij	10 15%	10 19% j	18 16% j	25 24% bcijk	15 9%	35 9%	20 13%
7 (7.0)	381 19%	247 20% c	68 19%	48 14%	116 17%	4 9%	22 20% hi	152 21% aghi	51 20% ahi	17 26% aghi	9 18%	15 13%	11 11%	17 11%	83 21% ahi	26 16%
8 (8.0)	341 17%	227 18%	59 17%	50 15%	109 16%	8 15% h	12 11%	137 19% beghik	36 14% h	5 7%	9 17% h	10 9%	6 6%	17 11%	101 25% bcdeghik	20 12%
9 (9.0)	141 7%	83 7%	28 8%	27 8%	55 8%	2 3%	13 12% chi	43 6%	22 9% h	6 9%	2 5%	8 7%	3 3%	8 5%	35 9% h	15 9% h

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
10 - Completely satisfied (10.0)	114	64	21	20	41	4	9	49	14	3	1	3	2	6	22	12
	6%	5%	6%	6%	6%	7%	8%	7%	5%	5%	3%	3%	2%	4%	5%	8% h
Don't know	20	11	2	3	5	2	-	5	1	-	-	-	3	7	1	2
	1%	1%	1%	1%	1%	3% bcgj	-	1%	1%	-	-	-	3% cdj	5% bcdgj	*	1%
Prefer not to say	12	5	1	2	3	2	-	1	1	1	-	1	4	-	1	2
	1%	*	*	1%	*	4% bcdij	-	*	*	2%	-	1%	4% bcdij	-	*	1%
NET: 0-3	323	223	41	39	80	12	14	76	27	8	7	31	18	53	76	26
	16%	18% bcd	12%	12%	12%	23% cd	12%	10%	11%	12%	14%	28% bcdehjk	17% c	33% bcdefhjk	19% cd	16% c
NET: 4-6	722	401	131	146	277	19	42	269	106	25	22	45	55	54	86	61
	35%	32%	37%	44% a	40% a	36% j	38% j	37% j	41% j	39% j	42% j	40% j	54% abcdgijk	33% j	21%	37% j
NET: 7-10	977	621	175	145	321	18	55	381	123	30	22	35	23	48	241	73
	48%	49%	50%	43%	47%	34%	50% aghi	52% aghi	48% ghi	47% ghi	43% h	31%	22%	30%	60% acdfghik	45% ghi
Base for stats	2021	1245	347	330	678	49	111	727	257	64	51	111	95	155	403	160
Mean Score	6.02	5.96	6.25	6.13	6.19 a	5.55	6.20 ghi	6.36 aghi	6.21 aghi	5.97 ghi	5.80 i	5.07	5.20	4.74	6.25 ghi	6.00 ghi
Standard Deviation	2.400	2.468	2.228	2.211	2.219	2.705	2.339	2.121	2.147	2.351	2.265	2.654	2.190	2.898	2.528	2.467
Standard Error	.053	.070	.123	.125	.088	.365	.214	.077	.131	.285	.324	.237	.199	.232	.149	.186
Error variance	*	*	.02	.02	.01	.13	.05	.01	.02	.08	.10	.06	.04	.05	.02	.03

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Total	Nature of working location						Nature of working hours						Number of people in household including self				
			I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%			a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total		2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total		2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all satisfied	(0.0)	72	11	1	5	-	6	11	13	3	4	-	7	13	21	36	11	4	51
		4%	2%	*	3%	-	1%	2%	2%	1%	2%	-	1%	2%	6%	3%	2%	4%	3%
			b		b			b							bce				
1	(1.0)	30	3	2	2	1	4	4	4	3	-	2	3	6	8	15	7	1	22
		1%	1%	1%	1%	2%	1%	1%	1%	1%	-	4%	1%	1%	2%	1%	1%	1%	1%
												acef							
2	(2.0)	78	15	8	3	2	12	17	16	6	7	-	13	16	18	39	19	3	60
		4%	2%	2%	2%	4%	2%	3%	2%	2%	4%	-	3%	2%	5%	4%	3%	3%	4%
3	(3.0)	141	40	16	9	3	25	44	40	18	9	2	27	42	31	70	35	5	110
		7%	7%	5%	6%	8%	5%	7%	6%	6%	5%	6%	6%	6%	9%	7%	6%	5%	6%
4	(4.0)	160	43	30	21	4	51	47	50	21	21	6	41	56	21	82	49	8	139
		8%	7%	9%	13%	9%	10%	7%	8%	7%	11%	16%	9%	8%	6%	8%	9%	8%	8%
					af														
5	(5.0)	268	69	60	22	7	82	76	88	48	23	3	71	91	43	122	81	22	225
		13%	11%	17%	13%	16%	16%	12%	13%	17%	12%	8%	15%	13%	12%	12%	14%	22%	13%
				af			af											abce	
6	(6.0)	294	96	49	32	8	81	103	101	42	33	8	75	109	40	146	88	19	254
		14%	16%	14%	19%	16%	16%	16%	15%	15%	17%	20%	16%	16%	12%	14%	16%	19%	15%
7	(7.0)	381	120	77	36	8	113	128	137	59	41	6	99	143	74	195	101	12	308
		19%	20%	22%	22%	17%	22%	20%	21%	21%	21%	15%	21%	21%	22%	19%	18%	11%	18%
															d				
8	(8.0)	341	111	53	17	9	70	120	114	40	29	7	68	122	46	195	87	14	295
		17%	18%	15%	10%	20%	14%	19%	17%	14%	15%	19%	15%	18%	14%	18%	15%	14%	17%
			ce					ce								a			
9	(9.0)	141	44	27	12	1	39	45	39	21	16	4	37	43	17	79	39	6	124
		7%	7%	8%	7%	3%	8%	7%	6%	8%	8%	10%	8%	6%	5%	7%	7%	6%	7%
10 - Completely satisfied	(10.0)	114	46	18	6	2	25	48	48	19	7	1	26	49	17	63	29	5	97
		6%	8%	5%	4%	4%	5%	7%	7%	7%	4%	2%	6%	7%	5%	6%	5%	5%	6%

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Don't know	20	4	2	-	-	2	4	4	2	-	-	2	4	3	9	8	1	17
	1%	1%	*	-	-	*	1%	1%	1%	-	-	*	1%	1%	1%	1%	1%	1%
Prefer not to say	12	2	2	-	-	2	2	2	-	1	-	1	2	1	3	5	2	10
	1%	*	1%	-	-	*	*	*	-	1%	-	*	*	*	*	1%	2% b	1%
NET: 0-3	323	70	27	20	6	47	76	73	29	20	4	50	77	79	159	72	12	244
	16%	12%	8%	12%	13%	9%	12%	11%	11%	11%	10%	11%	11%	23% bcde	15%	13%	12%	14%
NET: 4-6	722	207	138	74	19	213	227	239	111	77	17	188	256	104	350	218	50	618
	35%	34%	40%	45% af	42%	42% af	35%	36%	39%	40%	44%	40%	37%	30%	33%	39% ab	49% abce	36%
NET: 7-10	977	321	176	72	20	247	341	339	138	92	17	231	357	154	531	256	36	823
	48%	53% c	51%	43%	44%	48%	53% c	52%	49%	48%	46%	49%	51%	45%	50% d	46% d	36%	48% d
Base for stats	2021	598	341	166	46	507	644	651	278	190	38	468	689	336	1041	547	98	1685
Mean Score	6.02	6.40 c	6.36 c	5.91	6.01	6.21	6.37 c	6.32	6.29	6.15	6.15	6.23	6.31	5.61	6.13 a	6.09 a	5.83	6.10 a
Standard Deviation	2.400	2.212	1.967	2.183	2.089	2.049	2.205	2.194	2.112	2.143	2.135	2.123	2.190	2.615	2.409	2.240	2.259	2.347
Standard Error	.053	.088	.105	.166	.298	.090	.084	.083	.123	.155	.333	.096	.081	.145	.076	.094	.216	.057
Error variance	*	.01	.01	.03	.09	.01	.01	.01	.02	.02	.11	.01	.01	.02	.01	.01	.05	*

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
			Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%			a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total		2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total		2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
		100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
0 - Not at all satisfied	(0.0)	72	12	38	27	26	5	22	46	11	54	19	51	18
		4%	3%	3%	8%	6%	6%	2%	6%	11%	3%	4%	3%	6%
					d	d	d		d	d				a
1	(1.0)	30	7	15	13	18	-	7	23	8	30	1	25	6
		1%	2%	1%	4%	4%	-	1%	3%	8%	2%	*	1%	2%
					d	cd			d	cde	b			
2	(2.0)	78	10	48	28	26	3	32	44	13	66	13	70	8
		4%	3%	4%	8%	6%	3%	3%	6%	13%	4%	3%	4%	3%
					d	d			d	bcde				
3	(3.0)	141	27	82	29	41	7	75	63	11	110	32	110	30
		7%	7%	6%	9%	10%	8%	6%	9%	11%	7%	7%	6%	10%
						d			d	d				a
4	(4.0)	160	37	99	37	35	9	83	73	9	126	34	132	27
		8%	9%	8%	11%	9%	11%	7%	10%	9%	8%	8%	8%	9%
					d				d					
5	(5.0)	268	56	162	50	54	21	147	110	12	221	47	212	53
		13%	14%	13%	15%	13%	25%	11%	15%	12%	14%	11%	12%	18%
							abdef		d					a
6	(6.0)	294	49	198	53	56	10	181	107	12	232	62	254	39
		14%	12%	16%	16%	13%	12%	14%	15%	12%	14%	15%	15%	13%
7	(7.0)	381	64	239	34	61	10	277	97	7	301	80	322	58
		19%	16%	19%	10%	15%	12%	22%	14%	7%	18%	19%	19%	19%
						f		abcef						
8	(8.0)	341	58	234	23	50	12	261	78	6	257	83	316	25
		17%	15%	18%	7%	12%	15%	20%	11%	6%	16%	20%	18%	8%
						a	a	abef	a				b	
9	(9.0)	141	41	83	15	21	3	106	35	3	113	28	122	20
		7%	10%	7%	5%	5%	3%	8%	5%	3%	7%	7%	7%	6%
			b					abe						

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
10 - Completely satisfied (10.0)	114	31	63	19	22	2	75	36	7	96	18	103	10
	6%	8%	5%	6%	5%	2%	6%	5%	7%	6%	4%	6%	3%
		b										b	
Don't know	20	4	9	3	3	1	11	5	2	16	4	10	8
	1%	1%	1%	1%	1%	1%	1%	1%	2%	1%	1%	1%	3%
													a
Prefer not to say	12	1	2	-	-	2	1	2	-	10	1	4	1
	1%	*	*	-	-	2%	*	*	-	1%	*	*	*
						abde							
NET: 0-3	323	56	183	96	111	14	136	175	43	259	64	256	62
	16%	14%	14%	29%	27%	17%	11%	24%	43%	16%	15%	15%	21%
				cd	cd			d	abcde				a
NET: 4-6	722	142	459	140	145	41	412	290	32	579	143	598	119
	35%	36%	36%	42%	35%	48%	32%	40%	33%	35%	34%	35%	39%
				bd		bdf		d					
NET: 7-10	977	194	619	91	154	27	719	246	23	767	210	862	113
	48%	49%	49%	28%	37%	32%	56%	34%	23%	47%	50%	50%	37%
					af		abcef	af				b	
Base for stats	2021	392	1261	327	410	82	1267	711	98	1605	416	1716	295
Mean Score	6.02	6.18	6.09	4.95	5.31	5.42	6.46	5.29	4.32	6.00	6.06	6.12	5.45
				f	f	f	abcef	af				b	
Standard Deviation	2.400	2.463	2.309	2.704	2.689	2.274	2.150	2.610	2.921	2.410	2.361	2.368	2.457
Standard Error	.053	.122	.065	.144	.136	.240	.061	.097	.289	.060	.118	.058	.139
Error variance	*	.01	*	.02	.02	.06	*	.01	.08	*	.01	*	.02

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053 100%	397 100%	183 100%	301 100%	400 100%	262 100%	212 100%	77 100%	221 100%	1146 100%	510 100%	482 100%	562 100%	722 100%	255 100%	612 100%	516 100%	634 100%	255 100%
0 - Not at all satisfied (0.0)	72 4%	31 8% cdeghij	10 6% ceghij	5 2%	13 3% e	2 1%	9 4% e	- -	2 1%	30 3%	11 2%	72 15% bcd	- -	- -	- -	24 4% b	8 1%	17 3%	22 9% abc
1 (1.0)	30 1%	13 3% deij	5 3% d	5 2%	2 1%	2 1%	2 1%	- -	2 1%	13 1%	4 1%	30 6% bcd	- -	- -	- -	6 1%	3 1%	10 2%	10 4% abc
2 (2.0)	78 4%	23 6% ghj	8 4%	13 4%	14 3%	11 4%	6 3%	- -	4 2%	45 4%	10 2% j	78 16% bcd	- -	- -	- -	36 6% bc	10 2%	21 3%	11 4% b
3 (3.0)	141 7%	32 8%	11 6%	24 8%	28 7%	20 8%	11 5%	5 7%	11 5%	82 7%	27 5%	141 29% bcd	- -	- -	- -	50 8% b	24 5%	47 7%	16 6%
4 (4.0)	160 8%	28 7%	8 4%	31 10% bh	41 10% bh	16 6%	19 9%	5 6%	11 5%	97 8%	35 7%	160 33% bcd	- -	- -	- -	46 7%	51 10% c	43 7%	18 7%
5 (5.0)	268 13%	53 13%	26 14%	43 14%	56 14%	29 11%	27 13%	6 8%	27 12%	155 13%	60 12%	- -	268 48% acd	- -	- -	71 12%	93 18% acd	76 12%	24 9%
6 (6.0)	294 14%	43 11%	22 12%	52 17% a	58 14%	52 20% abhj	29 14%	10 13%	28 13%	184 16% a	67 13%	- -	294 52% acd	- -	- -	69 11%	87 17% a	107 17% ad	29 11%
7 (7.0)	381 19%	61 15%	40 22%	51 17%	80 20%	50 19%	38 18%	14 19%	46 21%	221 19%	99 19%	- -	- -	381 53% abd	- -	98 16%	119 23% ad	128 20% d	35 14%
8 (8.0)	341 17%	60 15%	31 17%	46 15%	59 15%	40 15%	42 20%	21 27% acdei	43 19%	176 15%	105 21% adi	- -	- -	341 47% abd	- -	124 20% bd	70 14%	120 19% bd	23 9%
9 (9.0)	141 7%	28 7%	11 6%	17 5%	26 6%	23 9%	12 6%	11 14% abcdfhij	14 6%	77 7%	36 7%	- -	- -	- -	141 55% abc	43 7%	27 5%	39 6%	30 12% abc
10 - Completely satisfied (10.0)	114 6%	16 4%	6 4%	10 3%	20 5%	14 6%	15 7% c	4 6%	28 13% abcdei	50 4%	47 9% abcdi	- -	- -	- -	114 45% abc	36 6%	22 4%	26 4%	29 11% abc
Don't know	20 1%	6 1%	3 2%	2 1%	3 1%	1 *	1 *	1 1%	4 2%	9 1%	6 1%	- -	- -	- -	- -	4 1%	- -	1 *	4 2% bc

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Prefer not to say	12	2	1	3	1	2	-	-	2	8	2	-	-	-	-	3	2	-	2
	1%	1%	*	1%	*	1%	-	-	1%	1%	*	-	-	-	-	*	*	-	1%
																			c
NET: 0-3	323	99	34	46	57	34	28	5	20	171	53	323	-	-	-	116	45	95	60
	16%	25%	19%	15%	14%	13%	13%	7%	9%	15%	10%	67%	-	-	-	19%	9%	15%	23%
		cdefghij	ghj	ghj						ghj		bcd				b		b	bc
NET: 4-6	722	125	56	126	155	98	76	21	65	435	162	160	562	-	-	186	231	225	72
	35%	31%	31%	42%	39%	37%	36%	27%	30%	38%	32%	33%	100%	-	-	30%	45%	36%	28%
				abghj	aghj					aghj		cd	acd				acd	d	
NET: 7-10	977	165	89	124	184	128	107	50	130	524	288	-	-	722	255	302	239	312	117
	48%	42%	48%	41%	46%	49%	51%	66%	59%	46%	56%	-	-	100%	100%	49%	46%	49%	46%
							ac	abcdefi	abcdei		acdei			ab	ab				
Base for stats	2021	389	179	296	396	259	211	76	216	1130	503	482	562	722	255	605	515	632	248
Mean Score	6.02	5.43	5.83	5.83	5.97	6.29	6.16	6.99	6.74	5.99	6.53	2.59	5.52	7.47	9.45	5.98	6.12	6.08	5.79
				a	a	abci	a	abcdefi	abcdefi	a	abcdfi		a	ab	abc				
Standard Deviation	2.400	2.757	2.529	2.196	2.292	2.132	2.409	1.863	2.202	2.275	2.265	1.390	.500	.500	.498	2.531	1.978	2.264	3.070
Standard Error	.053	.146	.190	.125	.114	.131	.164	.212	.152	.067	.101	.063	.021	.019	.031	.103	.087	.091	.195
Error variance	*	.02	.04	.02	.01	.02	.03	.05	.02	*	.01	*	*	*	*	.01	.01	.01	.04

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

			Amount of activity now compared to last year		
		Total	NET: More	About the same	NET: Less
Significance Level: 95%			a	b	c
Unweighted Total		2053	743	751	532
Total		2053 100%	715 100%	789 100%	524 100%
0 - Not at all satisfied	(0.0)	72 4%	14 2%	20 2%	36 7% ab
1	(1.0)	30 1%	7 1%	11 1%	12 2%
2	(2.0)	78 4%	19 3%	31 4%	27 5% a
3	(3.0)	141 7%	40 6%	45 6%	55 11% ab
4	(4.0)	160 8%	54 8%	49 6%	56 11% b
5	(5.0)	268 13%	92 13%	106 13%	65 12%
6	(6.0)	294 14%	110 15%	95 12%	87 17% b
7	(7.0)	381 19%	136 19%	159 20%	86 16%
8	(8.0)	341 17%	128 18% c	153 19% c	58 11%
9	(9.0)	141 7%	54 7%	57 7%	29 6%
10 - Completely satisfied	(10.0)	114 6%	52 7% c	51 6% c	10 2%
Don't know		20 1%	5 1%	8 1%	2 *
Prefer not to say		12 1%	5 1%	3 *	1 *
NET: 0-3		323 16%	80 11%	107 14%	130 25% ab

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Q15. On a scale of 0-10, where 0 is not at all satisfied and 10 is completely satisfied, overall, how satisfied are you with your life nowadays?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
NET: 4-6	722	256	251	208
	35%	36%	32%	40%
				b
NET: 7-10	977	369	420	183
	48%	52%	53%	35%
		c	c	
Base for stats	2021	705	778	521
Mean Score	6.02	6.34	6.26	5.24
		c	c	
Standard Deviation	2.400	2.240	2.338	2.496
Standard Error	.053	.083	.086	.109
Error variance	*	.01	.01	.01

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Q19C/D/E. SUMMARY: Before today, had you seen or heard of a campaign...
BASE: All respondents

	Total	Yes	No	I'm not sure
This Girl Can	2053	700	1214	139
	100%	34%	59%	7%
Join the Movement #StayInWorkOut	2053	305	1595	153
	100%	15%	78%	7%
We Are Undefeatable	2053	285	1607	161
	100%	14%	78%	8%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	305	108	195	192	94	19	16	40	25	33	20	24	85	42	21
	15%	11%	19%	31%	14%	3%	16%	15%	12%	15%	11%	11%	26%	12%	10%
			a	bc	c								abcdefhi		
No	1595	826	765	381	522	692	74	213	164	160	139	181	212	279	174
	78%	82%	73%	62%	77%	91%	75%	80%	82%	74%	79%	80%	65%	83%	83%
		b			a	ab		g	g	g	g	g		dg	dg
I'm not sure	153	68	83	46	58	48	8	14	12	22	18	23	26	14	15
	7%	7%	8%	7%	9%	6%	8%	5%	6%	10%	10%	10%	8%	4%	7%
										bh	bh	h	h		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	305	63	87	69	41	24	21	219	86	208	16	39	27	6	6	93
	15%	33%	20%	15%	16%	11%	4%	20%	9%	12%	28%	30%	34%	40%	44%	32%
		bcdefgh	cefh	fh	fh	f		cefh	f		a	a	a			a
No	1595	115	325	367	194	178	416	807	788	1412	38	76	46	9	3	171
	78%	60%	74%	77%	76%	83%	88%	73%	83%	81%	67%	58%	59%	54%	21%	58%
			a	a	a	abg	abcdgh	a	abcdg	bcdg						
I'm not sure	153	13	29	41	19	13	37	83	70	114	3	17	6	1	4	31
	7%	7%	7%	9%	8%	6%	8%	7%	7%	7%	5%	13%	7%	6%	34%	10%
												a				a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	305	117	75	90	165	16	38	142	41	11	7	12	18	14	5	54
	15%	9%	21%	27%	24%	31%	34%	19%	16%	18%	13%	11%	17%	9%	1%	33%
			a	a	a	cdfghij	cdefghij	gij	ij	j	j	j	ij	j		cdefghij
No	1595	1070	246	209	455	29	62	547	198	48	40	76	79	140	375	91
	78%	85%	70%	62%	66%	55%	56%	75%	76%	75%	78%	69%	77%	86%	93%	56%
		bcd	c					abk	abk	abk	abk	bk	abk	abcdeghk	abcdefghik	
I'm not sure	153	73	29	36	65	7	11	44	20	5	4	22	5	8	25	18
	7%	6%	8%	11%	9%	14%	10%	6%	8%	8%	9%	20%	5%	5%	6%	11%
				a	a	chij						bcdehijk				ci

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	305	109	78	35	13	113	123	97	92	37	8	129	106	22	139	118	25	283
	15%	18%	23%	21%	29%	22%	19%	15%	33%	19%	22%	27%	15%	7%	13%	21%	25%	17%
									acf			acf			a	abe	abe	ab
No	1595	452	236	126	28	362	481	527	163	135	25	298	552	294	851	385	65	1301
	78%	75%	69%	76%	62%	71%	74%	80%	58%	71%	67%	63%	79%	87%	81%	69%	64%	76%
		b						bcde		b			bce	bcde	cde			cd
I'm not sure	153	42	30	5	4	35	46	34	25	18	4	43	38	23	63	56	10	129
	7%	7%	9%	3%	8%	7%	7%	5%	9%	10%	11%	9%	5%	7%	6%	10%	10%	8%
			c						af	af		af					b	

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	305	147	130	77	51	25	162	138	10	261	44	260	42
	15%	37%	10%	23%	12%	29%	13%	19%	10%	16%	11%	15%	14%
		b		bdf		bdef		bdf		b			
No	1595	212	1065	220	324	52	1041	514	77	1241	354	1347	239
	78%	53%	84%	67%	78%	62%	81%	72%	77%	76%	84%	78%	79%
			a		ace		ace	c	ac		a		
I'm not sure	153	37	77	33	38	7	76	65	13	129	23	123	23
	7%	9%	6%	10%	9%	9%	6%	9%	13%	8%	5%	7%	8%
		b		d	d			d	d				

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	305	10	22	51	73	58	43	17	31	204	91	51	93	90	67	66	105	84	45
	15%	2%	12%	17%	18%	22%	20%	23%	14%	18%	18%	11%	17%	12%	26%	11%	20%	13%	17%
			a	a	ab	abh	ab	ab	a	ab	a		ac		abc		ac		a
No	1595	363	153	223	290	181	156	58	172	846	386	404	428	578	169	510	370	510	181
	78%	91%	83%	74%	72%	69%	74%	75%	78%	74%	76%	84%	76%	80%	66%	83%	72%	80%	71%
		bcdefghij	cdefij						e			bd	d	d		bd		bd	
I'm not sure	153	24	9	28	37	22	13	2	18	95	33	27	41	54	19	35	41	40	29
	7%	6%	5%	9%	9%	8%	6%	2%	8%	8%	6%	6%	7%	8%	8%	6%	8%	6%	12%
				g	g														ac

Q19C. Before today, had you seen or heard of a campaign called 'Join the Movement #StayInWorkOut'?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Yes	305	171	77	55
	15%	24%	10%	11%
		bc		
No	1595	476	667	438
	78%	67%	85%	84%
			a	a
I'm not sure	153	68	45	31
	7%	9%	6%	6%
		bc		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	700	219	479	329	226	145	36	92	62	70	65	76	129	107	62
	34%	22%	46%	53%	34%	19%	36%	35%	31%	33%	37%	33%	40%	32%	30%
			a	bc	c								chi		
No	1214	725	485	247	394	573	53	164	130	125	98	139	166	204	135
	59%	72%	46%	40%	58%	75%	54%	61%	64%	58%	55%	61%	51%	61%	65%
		b			a	ab		g	g			g		g	g
I'm not sure	139	58	79	43	54	43	9	11	10	19	14	12	28	24	12
	7%	6%	8%	7%	8%	6%	10%	4%	5%	9%	8%	5%	9%	7%	6%
							b			b			b		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	700	97	187	189	86	58	84	473	227	561	31	56	30	8	9	134
	34%	51%	42%	40%	34%	27%	18%	43%	24%	32%	56%	42%	39%	51%	70%	46%
		bcdefgh	defh	efh	fh	f		defh	f		ad	a				a
No	1214	80	230	258	150	139	357	568	646	1073	21	60	39	8	3	131
	59%	42%	52%	54%	59%	64%	75%	51%	68%	62%	37%	46%	50%	49%	25%	44%
			a	a	ag	abcg	abcdegh	a	abcdg	bcdg						
I'm not sure	139	13	24	31	19	19	33	68	71	100	4	16	9	-	1	29
	7%	7%	5%	6%	7%	9%	7%	6%	8%	6%	7%	12%	11%	-	5%	10%
												a	a			a

Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	700	372	140	149	290	20	57	289	96	18	20	35	54	50	62	77
	34%	29%	40%	45%	42%	38%	51%	39%	37%	28%	40%	31%	52%	31%	15%	47%
			a	a	a	j	cdegij	ij	j	j	j	j	cdegij	j		degij
No	1214	817	183	157	340	26	47	396	146	43	29	63	44	99	322	73
	59%	65%	52%	47%	50%	49%	42%	54%	56%	66%	57%	56%	43%	61%	79%	44%
		bcd						bhk	bhk	bhk		bhk		bhk	abcdefghik	
I'm not sure	139	72	26	29	55	7	8	48	17	4	2	14	4	14	22	14
	7%	6%	7%	9%	8%	13%	7%	7%	6%	6%	4%	13%	4%	8%	5%	9%
					a	hj						cdhj				

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	700	209	169	68	15	238	223	228	140	81	14	220	242	71	344	238	47	630
	34%	35%	49%	41%	32%	47%	34%	35%	50%	42%	36%	47%	35%	21%	33%	42%	47%	37%
			adf			af			af			af			a	abe	abe	ab
No	1214	348	160	89	29	248	377	387	119	101	23	220	410	244	646	277	47	970
	59%	58%	46%	53%	63%	49%	58%	59%	43%	53%	61%	47%	59%	72%	61%	49%	47%	57%
		be			be		be	be		b	b		be	bcde	cde			c
I'm not sure	139	47	15	9	2	24	49	43	21	9	1	30	44	25	63	45	6	114
	7%	8%	4%	6%	4%	5%	7%	6%	8%	5%	3%	6%	6%	7%	6%	8%	6%	7%
		be						be										

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Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

		Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
	Total	Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	700	187	433	141	116	26	432	250	29	562	139	611	85
	34%	47%	34%	43%	28%	31%	34%	35%	29%	34%	33%	35%	28%
		b		bcdef			b	b				b	
No	1214	177	773	165	262	52	777	411	62	965	249	1014	191
	59%	45%	61%	50%	63%	61%	61%	57%	62%	59%	59%	59%	63%
			a		ae		a	a	a				
I'm not sure	139	32	65	24	35	7	71	56	9	105	34	105	27
	7%	8%	5%	7%	8%	8%	6%	8%	9%	6%	8%	6%	9%
		b			d			d					

Savanta:
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Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	700	77	61	116	156	114	85	25	67	446	177	153	217	228	95	186	200	221	84
	34%	19%	33%	38%	39%	44%	40%	33%	30%	39%	35%	32%	39%	32%	37%	30%	39%	35%	33%
			a	a	ah	abhj	ah	a	a	ah	a		ac				a		
No	1214	296	105	159	222	134	114	48	136	620	298	293	308	450	146	385	282	372	155
	59%	75%	57%	53%	55%	51%	54%	62%	61%	54%	58%	61%	55%	62%	57%	63%	55%	59%	61%
		bcdefghij							ei					b		b			
I'm not sure	139	24	17	26	23	13	13	4	18	80	35	36	37	44	14	41	34	40	15
	7%	6%	10%	9%	6%	5%	6%	5%	8%	7%	7%	7%	7%	6%	5%	7%	7%	6%	6%

Savanta:
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Q19D. Before today, had you seen or heard of a campaign called 'This Girl Can'?
BASE: All respondents

| | | Amount of activity now compared to last year | | |
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Yes	700	304	197	197
	34%	43%	25%	38%
		b		b
No	1214	367	545	291
	59%	51%	69%	56%
			ac	
I'm not sure	139	44	47	36
	7%	6%	6%	7%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	285	121	163	143	103	39	18	42	25	33	18	25	70	34	19
	14%	12%	16%	23%	15%	5%	18%	16%	12%	16%	10%	11%	22%	10%	9%
			a	bc	c		hi	hi					cefhi		
No	1607	810	793	422	515	670	76	211	163	164	138	185	220	278	172
	78%	81%	76%	68%	76%	88%	78%	79%	81%	76%	78%	81%	68%	83%	82%
		b			a	ab		g	g	g	g	g		dg	g
I'm not sure	161	72	87	54	56	51	4	14	14	17	21	18	33	22	18
	8%	7%	8%	9%	8%	7%	4%	5%	7%	8%	12%	8%	10%	7%	9%
											abh		b		

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	285	56	78	62	39	16	33	197	88	209	15	34	15	3	6	72
	14%	30%	18%	13%	15%	7%	7%	18%	9%	12%	27%	26%	19%	19%	48%	25%
		bcdefgh	efh	efh	efh			cefh				a	a			a
No	1607	118	330	375	192	185	407	822	784	1406	41	81	50	12	5	189
	78%	62%	75%	79%	75%	86%	86%	74%	83%	81%	72%	61%	64%	76%	42%	64%
			a	a	a	abcdg	abcdg	a	abcdg	cdg						
I'm not sure	161	16	34	39	23	15	34	89	72	119	1	17	13	1	1	33
	8%	8%	8%	8%	9%	7%	7%	8%	8%	7%	2%	13%	17%	5%	10%	11%
												ab	ab			ab

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	285	114	78	70	148	15	32	121	37	13	6	14	11	18	17	47
	14%	9%	22%	21%	22%	28%	29%	17%	14%	20%	12%	13%	11%	11%	4%	29%
			a	a	a	cdfghij	cdfghij	j	j	j	j	j	j	j		cdfghij
No	1607	1058	246	235	481	32	66	563	204	49	38	81	79	130	365	97
	78%	84%	70%	70%	70%	60%	59%	77%	79%	76%	75%	73%	77%	80%	90%	60%
		bcd						abk	abk	bk	k	bk	abk	abk	abcdefghik	
I'm not sure	161	89	26	31	56	7	13	49	18	3	7	16	12	14	24	19
	8%	7%	7%	9%	8%	13%	12%	7%	7%	4%	13%	14%	11%	9%	6%	12%
							j					cdej	cj			cj

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?

BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	285	92	73	31	12	104	104	87	80	31	10	111	97	31	139	97	18	254
	14%	15%	21%	18%	26%	20%	16%	13%	28%	16%	27%	24%	14%	9%	13%	17%	18%	15%
			af		a	a			acf		af	acf			a	ab	a	a
No	1607	467	246	125	30	371	497	534	180	137	24	317	558	291	842	402	72	1315
	78%	77%	71%	75%	66%	73%	77%	81%	64%	72%	63%	67%	80%	86%	80%	72%	71%	77%
		b						bcde					bcde	bcde	cd			c
I'm not sure	161	44	25	11	4	36	48	37	21	23	4	43	40	18	72	60	11	143
	8%	7%	7%	7%	8%	7%	7%	6%	7%	12%	9%	9%	6%	5%	7%	11%	11%	8%
										af		af				ab		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	285	143	108	68	64	23	142	138	10	244	41	243	38
	14%	36%	9%	21%	15%	28%	11%	19%	10%	15%	10%	14%	13%
		b		df	d	bdf		df		b			
No	1607	217	1077	237	308	49	1057	513	78	1259	348	1360	237
	78%	55%	85%	72%	74%	57%	83%	71%	78%	77%	82%	79%	78%
			a	c	c		abce	c	c		a		
I'm not sure	161	36	86	25	42	13	80	67	12	128	33	127	28
	8%	9%	7%	7%	10%	15%	6%	9%	12%	8%	8%	7%	9%
					d	ad		d	d				

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	285	22	25	49	65	44	40	11	29	183	80	55	70	90	68	69	90	76	46
	14%	5%	14%	16%	16%	17%	19%	14%	13%	16%	16%	11%	12%	12%	27%	11%	17%	12%	18%
			a	a	a	a	a	a	a	a	a				abc		ac		ac
No	1607	350	143	223	302	193	161	63	172	861	396	385	450	584	170	504	381	521	181
	78%	88%	78%	74%	76%	74%	76%	81%	78%	75%	78%	80%	80%	81%	67%	82%	74%	82%	71%
		bcdefhij										d	d	d		bd		bd	
I'm not sure	161	25	15	29	33	25	11	3	20	102	34	43	42	48	17	39	45	37	27
	8%	6%	8%	10%	8%	10%	5%	4%	9%	9%	7%	9%	8%	7%	7%	6%	9%	6%	11%
																			ac

Q19E. Before today, had you seen or heard of a campaign called 'We Are Undefeatable'?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Yes	285	150	73	61
	14%	21%	9%	12%
		bc		
No	1607	507	665	423
	78%	71%	84%	81%
			a	a
I'm not sure	161	58	51	41
	8%	8%	6%	8%

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	431	386	271	393	157	35	104	70	83	69	86	162	134	78
	40%	43%	37%	44%	58%	21%	36%	39%	35%	39%	39%	38%	50%	40%	37%
		b		c	ac								abcdefhi		
Working part time- working between 8 and 29 hours per week	321	92	228	128	108	85	20	43	37	43	25	30	50	42	32
	16%	9%	22%	21%	16%	11%	20%	16%	18%	20%	14%	13%	15%	12%	15%
			a	bc	c		h			h					
Self-employed- working 30 hours per week or more	88	57	31	24	41	23	4	17	6	11	12	6	18	10	4
	4%	6%	3%	4%	6%	3%	4%	6%	3%	5%	7%	3%	6%	3%	2%
		b			c			hi			hi				
Self-employed- working between 8 and 29 hours per week	67	33	33	25	14	28	3	10	7	5	9	6	10	6	10
	3%	3%	3%	4%	2%	4%	3%	4%	3%	2%	5%	3%	3%	2%	5%
				b							h				
Not working but seeking work or temporarily unemployed or sick	98	34	61	37	37	24	7	6	9	12	8	12	14	16	13
	5%	3%	6%	6%	5%	3%	7%	2%	5%	6%	5%	5%	4%	5%	6%
			a	c	c		b			b					b
Student	111	16	93	103	6	2	5	9	12	13	11	11	25	15	9
	5%	2%	9%	17%	1%	*	5%	3%	6%	6%	6%	5%	8%	4%	4%
			a	bc									b		
Not working and not seeking work	156	49	107	30	72	55	5	16	19	13	12	30	15	28	18
	8%	5%	10%	5%	11%	7%	5%	6%	9%	6%	7%	13%	5%	8%	9%
			a		ac				g			abdeg		g	
Retired	392	289	104	1	3	387	19	62	42	34	32	46	28	84	45
	19%	29%	10%	*	1%	51%	20%	23%	21%	16%	18%	20%	9%	25%	21%
		b				ab	g	dg	g	g	g	g		deg	g

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	111	249	239	126	86	10	598	222	677	22	69	38	4	5	138
	40%	58%	56%	50%	50%	40%	2%	54%	24%	39%	38%	53%	48%	28%	37%	47%
		efh	efh	efh	efh	fh		efh	f			a				a
Working part time- working between 8 and 29 hours per week	321	28	77	77	51	74	14	182	139	269	13	19	10	4	2	48
	16%	15%	17%	16%	20%	34%	3%	16%	15%	16%	23%	14%	13%	27%	12%	16%
		f	f	f	fh	abcdfgh		f	f							
Self-employed- working 30 hours per week or more	88	15	16	31	13	10	4	62	26	69	5	5	6	2	1	19
	4%	8%	4%	6%	5%	4%	1%	6%	3%	4%	9%	4%	7%	12%	6%	6%
		bfh	f	fh	f	f		fh	f			a				a
Self-employed- working between 8 and 29 hours per week	67	11	20	21	5	4	6	51	16	53	1	4	3	2	1	11
	3%	6%	4%	4%	2%	2%	1%	5%	2%	3%	2%	3%	3%	11%	7%	4%
		defh	fh	fh				fh								
Not working but seeking work or temporarily unemployed or sick	98	7	10	15	8	9	49	31	66	78	5	8	1	1	2	17
	5%	4%	2%	3%	3%	4%	10%	3%	7%	4%	8%	6%	2%	6%	13%	6%
							abcdegh		bcdg							
Student	111	10	22	53	11	7	8	85	26	65	4	15	17	2	2	40
	5%	5%	5%	11%	4%	3%	2%	8%	3%	4%	7%	12%	22%	10%	17%	14%
		fh	fh	abdefgh	f			defh				a	abc			a
Not working and not seeking work	156	3	14	14	20	12	93	31	126	141	5	7	2	-	1	15
	8%	1%	3%	3%	8%	6%	20%	3%	13%	8%	8%	6%	2%	-	7%	5%
					abcg	ag	abcdegh		abcdeg	d						
Retired	392	6	34	29	20	13	291	69	324	382	2	4	2	1	-	8
	19%	3%	8%	6%	8%	6%	61%	6%	34%	22%	3%	3%	2%	5%	-	3%
			a		a		abcdegh		abcdeg	bcdg						

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	392	215	183	398	32	60	680	15	13	4	8	1	4	3	92
	40%	31%	62%	55%	58%	60%	54%	93%	6%	20%	9%	8%	1%	3%	1%	56%
			a	a	a	defghij	defghij	abdefghijk	hj	dghij	hj	hj				defghij
Working part time- working between 8 and 29 hours per week	321	170	63	67	129	16	33	23	212	7	5	8	6	7	4	48
	16%	14%	18%	20%	19%	30%	29%	3%	82%	10%	10%	7%	6%	4%	1%	29%
			a	a	a	cefghij	cefghij		abcefghijk	cj	cj	cj	j	j		cefghij
Self-employed- working 30 hours per week or more	88	46	14	19	33	2	6	20	9	39	10	2	-	-	1	8
	4%	4%	4%	6%	5%	4%	5%	3%	3%	60%	19%	2%	-	-	*	5%
						hij	hij	ij	hij	abcdfghijk	abcdghijk					hij
Self-employed- working between 8 and 29 hours per week	67	49	5	7	12	2	10	3	8	4	28	2	1	1	9	11
	3%	4%	1%	2%	2%	3%	9%	*	3%	6%	55%	2%	1%	1%	2%	7%
		bd				c	cdghij		c	chi	abcdeghijk	c			c	chij
Not working but seeking work or temporarily unemployed or sick	98	59	15	18	33	-	-	5	4	2	2	71	3	10	1	-
	5%	5%	4%	5%	5%	-	-	1%	2%	3%	5%	64%	3%	6%	*	-
										cjk	bcjk	abcdefhijk	cjk	bcdjk		
Student	111	76	5	7	12	1	2	2	10	-	1	6	90	-	-	2
	5%	6%	2%	2%	2%	2%	1%	*	4%	-	2%	5%	88%	-	-	1%
		bcd				j	j		cij		cj	cij	abcdefgijk			cj
Not working and not seeking work	156	88	27	34	61	1	-	1	1	-	-	14	2	134	3	1
	8%	7%	8%	10%	9%	1%	-	*	*	-	-	13%	2%	82%	1%	*
												abcdefhjk	cd	abcdefghjk		

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D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Retired	392	381	5	1	6	-	1	-	-	-	-	-	-	7	384	1
	19%	30%	2%	*	1%	-	1%	-	-	-	-	-	-	4%	95%	1%
		bcd					c							cdghk	abcdefghik	c

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?

BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	407	237	81	22	318	429	501	165	69	17	234	517	98	408	277	38	723
	40%	67%	69%	49%	49%	62%	66%	76%	59%	36%	44%	50%	74%	29%	39%	50%	38%	42%
		cd	cde			c	cd	bcde	ce			c	bcde		a	abde		a
Working part time- working between 8 and 29 hours per week	321	154	68	30	10	98	164	133	73	52	7	125	140	35	167	105	14	285
	16%	26%	20%	18%	22%	19%	25%	20%	26%	27%	18%	27%	20%	10%	16%	19%	14%	17%
		bce					bce		af	af		af			a	a		a
Self-employed- working 30 hours per week or more	88	25	20	28	5	48	30	17	20	33	9	53	26	18	36	24	10	70
	4%	4%	6%	17%	11%	9%	5%	3%	7%	17%	24%	11%	4%	5%	3%	4%	10%	4%
				abef	a	abf			af	abef	abef	af						bce
Self-employed- working between 8 and 29 hours per week	67	11	11	23	6	33	17	4	12	31	3	44	6	7	39	16	4	60
	3%	2%	3%	14%	13%	7%	3%	1%	4%	16%	7%	9%	1%	2%	4%	3%	4%	3%
				abef	abf	abf			af	abef	af	abf						
Not working but seeking work or temporarily unemployed or sick	98	1	5	4	2	8	4	1	6	4	1	10	3	26	39	29	3	71
	5%	*	1%	2%	5%	2%	1%	*	2%	2%	4%	2%	*	8%	4%	5%	3%	4%
			a	af	af	a			af	af	af	af		be				
Student	111	4	3	1	-	4	4	1	3	1	1	5	2	3	31	58	19	108
	5%	1%	1%	1%	-	1%	1%	*	1%	1%	2%	1%	*	1%	3%	10%	19%	6%
									a		af	a			a	abe	abce	ab
Not working and not seeking work	156	1	-	-	-	-	1	1	-	-	1	-	2	34	75	37	10	122
	8%	*	-	-	-	-	*	*	-	-	2%	-	*	10%	7%	7%	10%	7%
											be							
Retired	392	-	-	-	-	-	-	-	-	-	-	-	-	119	258	12	3	273
	19%	-	-	-	-	-	-	-	-	-	-	-	-	35%	25%	2%	3%	16%
														bcde	cde			cd

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	178	530	119	104	23	584	219	23	684	136	697	118
	40%	45%	42%	36%	25%	27%	46%	31%	23%	42%	32%	40%	39%
				bf			abcef			b			
Working part time- working between 8 and 29 hours per week	321	80	201	53	54	18	199	110	12	256	65	280	39
	16%	20%	16%	16%	13%	21%	16%	15%	12%	16%	15%	16%	13%
		b											
Self-employed- working 30 hours per week or more	88	25	44	20	14	9	46	41	3	75	13	67	18
	4%	6%	3%	6%	3%	10%	4%	6%	3%	5%	3%	4%	6%
		b		d		bdf		d					
Self-employed- working between 8 and 29 hours per week	67	14	43	12	17	10	30	34	4	44	23	47	19
	3%	3%	3%	4%	4%	12%	2%	5%	4%	3%	5%	3%	6%
						abdef		d			a		a
Not working but seeking work or temporarily unemployed or sick	98	20	47	25	24	6	46	49	7	82	16	68	29
	5%	5%	4%	8%	6%	7%	4%	7%	7%	5%	4%	4%	10%
				d	d			d					a
Student	111	14	85	26	8	5	71	35	4	90	21	90	16
	5%	3%	7%	8%	2%	6%	6%	5%	4%	5%	5%	5%	5%
			a	be		b	b	b					
Not working and not seeking work	156	31	87	52	64	6	62	88	33	120	37	126	29
	8%	8%	7%	16%	15%	8%	5%	12%	34%	7%	9%	7%	10%
				cd	d			d	abcde				
Retired	392	36	233	22	128	8	243	142	14	280	112	354	35
	19%	9%	18%	7%	31%	9%	19%	20%	14%	17%	26%	20%	12%
			a		acdef		ac	ac	a		a		b

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	103	72	112	182	125	101	43	84	490	228	146	242	313	110	242	222	256	94
	40%	26%	39%	37%	45%	48%	48%	56%	38%	43%	45%	30%	43%	43%	43%	39%	43%	40%	37%
			a	a	ac	ach	ach	abchi	a	a	ac		a	a	a				
Working part time- working between 8 and 29 hours per week	321	41	30	53	68	45	30	12	42	196	84	70	101	107	40	92	97	88	37
	16%	10%	16%	18%	17%	17%	14%	16%	19%	17%	17%	14%	18%	15%	16%	15%	19%	14%	15%
			a	a	a	a			a	a	a		a				c		
Self-employed- working 30 hours per week or more	88	9	5	15	25	15	11	1	7	60	19	24	27	25	13	31	24	24	7
	4%	2%	3%	5%	6%	6%	5%	2%	3%	5%	4%	5%	5%	3%	5%	5%	5%	4%	3%
					a	a				a									
Self-employed- working between 8 and 29 hours per week	67	8	5	13	13	9	9	2	8	39	20	26	15	20	5	21	24	16	5
	3%	2%	3%	4%	3%	3%	4%	3%	4%	3%	4%	5%	3%	3%	2%	4%	5%	3%	2%
												bcd							
Not working but seeking work or temporarily unemployed or sick	98	24	9	21	12	10	6	2	13	53	21	40	32	18	6	30	18	26	21
	5%	6%	5%	7%	3%	4%	3%	2%	6%	5%	4%	8%	6%	2%	2%	5%	3%	4%	8%
				df								cd	cd						bc
Student	111	13	8	26	24	16	15	2	7	74	24	34	43	19	8	37	31	32	7
	5%	3%	5%	9%	6%	6%	7%	3%	3%	6%	5%	7%	8%	3%	3%	6%	6%	5%	3%
				ahj			ah			a		cd	cd			d	d		
Not working and not seeking work	156	52	12	23	28	16	10	6	11	78	26	58	42	35	16	44	21	45	41
	8%	13%	7%	8%	7%	6%	5%	7%	5%	7%	5%	12%	7%	5%	6%	7%	4%	7%	16%
			bcdefhij									bcd				b		b	abc
Retired	392	148	42	39	49	27	29	9	50	156	88	84	61	186	58	116	79	148	43
	19%	37%	23%	13%	12%	10%	14%	12%	22%	14%	17%	17%	11%	26%	23%	19%	15%	23%	17%
			bcdefghij	cdefgi					cdefgi		de	b		ab	b			bd	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6A. Which of the following best describes your work status before March 2020 (Pre-Covid 19)?
BASE: All respondents

		Amount of activity now compared to last year		
			About the	
	Total	NET: More	same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Working full time- working 30 hours per week or more	821	340	288	191
	40%	48%	36%	36%
		bc		
Working part time- working between 8 and 29 hours per week	321	129	110	80
	16%	18%	14%	15%
		b		
Self-employed- working 30 hours per week or more	88	26	33	29
	4%	4%	4%	6%
Self-employed- working between 8 and 29 hours per week	67	20	14	31
	3%	3%	2%	6%
				ab
Not working but seeking work or temporarily unemployed or sick	98	29	38	27
	5%	4%	5%	5%
Student	111	52	22	33
	5%	7%	3%	6%
		b		b
Not working and not seeking work	156	35	63	51
	8%	5%	8%	10%
			a	a
Retired	392	84	221	83
	19%	12%	28%	16%
			ac	a

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	53	25	27	24	19	9	3	6	5	4	8	2	15	6	3
	3%	2%	3%	4%	3%	1%	3%	2%	2%	2%	4%	1%	5%	2%	2%
				c	c							f	fh		
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	40	69	62	39	9	1	10	10	15	12	15	30	15	4
	5%	4%	7%	10%	6%	1%	1%	4%	5%	7%	7%	6%	9%	4%	2%
			a	bc	c					ai	ai	ai	abhi		
Working full time- working 30 hours per week or more	733	384	349	236	363	134	31	95	63	70	59	78	139	122	77
	36%	38%	33%	38%	54%	18%	31%	36%	31%	32%	33%	34%	43%	37%	37%
		b		c	ac								acde		
Working part time- working between 8 and 29 hours per week	259	69	189	104	85	70	18	34	27	39	24	21	35	32	28
	13%	7%	18%	17%	13%	9%	18%	13%	13%	18%	13%	9%	11%	10%	13%
			a	bc			fgh			fgh					
Self-employed- working 30 hours per week or more	65	47	18	15	29	20	5	8	8	7	8	4	11	8	4
	3%	5%	2%	2%	4%	3%	5%	3%	4%	3%	5%	2%	3%	2%	2%
		b													
Self-employed- working between 8 and 29 hours per week	51	31	20	12	15	24	3	11	4	4	6	1	9	8	5
	2%	3%	2%	2%	2%	3%	3%	4%	2%	2%	4%	1%	3%	2%	2%
								f							
Not working but seeking work or temporarily unemployed or sick	111	43	68	40	45	26	8	7	7	13	11	17	18	16	14
	5%	4%	7%	7%	7%	3%	8%	3%	4%	6%	6%	7%	6%	5%	7%
			a	c	c		b					b			b
Student	102	13	87	96	5	2	5	10	12	13	8	10	21	16	7
	5%	1%	8%	15%	1%	*	5%	4%	6%	6%	5%	5%	6%	5%	3%
			a	bc											
Not working and not seeking work	163	53	109	27	70	65	7	20	23	11	12	30	13	28	19
	8%	5%	10%	4%	10%	9%	7%	7%	11%	5%	7%	13%	4%	8%	9%
			a		a	a			dg			bdeg		g	g
Retired	405	297	107	1	4	400	19	65	42	38	29	48	31	83	49
	20%	30%	10%	*	1%	53%	19%	24%	21%	18%	16%	21%	10%	25%	23%
		b				ab	g	eg	g	g	g	g		deg	g

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163	65	96	87	59	18	4	16	14	19	20	17	46	20	7
	8%	7%	9%	14%	9%	2%	4%	6%	7%	9%	11%	8%	14%	6%	4%
			a	bc	c					i	abhi		abcfhi		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	53	12	13	6	7	9	6	31	21	41	2	3	3	-	2	10
	3%	6%	3%	1%	3%	4%	1%	3%	2%	2%	3%	2%	4%	-	13%	3%
		bcdfgh				cf										
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	24	30	27	12	15	3	80	31	81	7	13	9	1	-	30
	5%	12%	7%	6%	5%	7%	1%	7%	3%	5%	12%	10%	11%	5%	-	10%
		bcdfgh	fh	fh	f	fh		fh	f		a	a	a			a
Working full time- working 30 hours per week or more	733	82	227	234	113	75	3	542	191	610	22	59	28	6	4	119
	36%	43%	51%	49%	44%	35%	1%	49%	20%	35%	38%	45%	36%	37%	30%	40%
		fh	efh	efh	efh	fh		efh	f			a				
Working part time- working between 8 and 29 hours per week	259	21	65	59	42	66	5	146	113	213	8	21	9	3	2	43
	13%	11%	15%	12%	17%	31%	1%	13%	12%	12%	14%	16%	11%	16%	19%	15%
		f	f	f	fh	abcdfgh		f	f							
Self-employed- working 30 hours per week or more	65	12	11	27	10	5	-	50	15	55	2	3	4	-	-	9
	3%	6%	3%	6%	4%	2%	-	5%	2%	3%	4%	2%	5%	-	-	3%
		befh	f	befh	fh	f		fh	f							
Self-employed- working between 8 and 29 hours per week	51	11	15	12	7	3	4	38	13	38	2	4	4	2	1	12
	2%	6%	3%	3%	3%	2%	1%	3%	1%	2%	3%	3%	5%	15%	7%	4%
		cefh	fh	f	f			fh								a
Not working but seeking work or temporarily unemployed or sick	111	10	11	11	14	10	55	33	79	91	2	8	3	1	1	16
	5%	5%	3%	2%	5%	5%	12%	3%	8%	5%	4%	6%	4%	9%	8%	6%
		c			bcg		abcdeg		bcg							
Student	102	7	21	51	9	7	7	79	23	63	7	12	14	1	1	34
	5%	4%	5%	11%	3%	3%	2%	7%	2%	4%	12%	9%	18%	5%	11%	12%
			fh	abdefgh				defh			a	a	a			a
Not working and not seeking work	163	5	12	18	22	13	92	35	128	147	4	4	3	-	2	13
	8%	2%	3%	4%	9%	6%	19%	3%	14%	8%	7%	3%	4%	-	12%	4%
					abcg	bg	abcdegh		abcdeg	cg						
Retired	405	6	37	32	20	11	299	75	330	394	2	4	2	2	-	9
	20%	3%	8%	7%	8%	5%	63%	7%	35%	23%	3%	3%	2%	12%	-	3%
			a		a		abcdegh		abcdeg	bcdg						

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.

BASE: All respondents

| | Total | Social Grade | | | | | | | | Ethnicity | | | | | | |
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163	36	43	33	19	24	9	112	52	122	9	16	12	1	2	39
	8%	19%	10%	7%	7%	11%	2%	10%	6%	7%	15%	12%	15%	5%	13%	13%
		bcdefgh	fh	f	f	fh		cfh	f		a	a	a			a

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	53	23	11	13	24	53	-	-	-	-	-	-	-	-	-	53
	3%	2%	3%	4%	4%	100%	-	-	-	-	-	-	-	-	-	32%
				a	a	bcdefghijk										bcdefghij
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	46	24	30	55	-	111	-	-	-	-	-	-	-	-	111
	5%	4%	7%	9%	8%	-	100%	-	-	-	-	-	-	-	-	68%
			a	a	a		acdefghijk									acdefghij
Working full time- working 30 hours per week or more	733	349	200	156	356	-	-	733	-	-	-	-	-	-	-	-
	36%	28%	57%	47%	52%	-	-	100%	-	-	-	-	-	-	-	-
			ac	a	a			abdefghijk								
Working part time- working between 8 and 29 hours per week	259	148	44	53	98	-	-	-	259	-	-	-	-	-	-	-
	13%	12%	13%	16%	14%	-	-	-	100%	-	-	-	-	-	-	-
				a					abcefghijk							
Self-employed- working 30 hours per week or more	65	35	12	13	25	-	-	-	-	65	-	-	-	-	-	-
	3%	3%	3%	4%	4%	-	-	-	-	100%	-	-	-	-	-	-
										abcdfghijk						
Self-employed- working between 8 and 29 hours per week	51	35	6	7	13	-	-	-	-	-	51	-	-	-	-	-
	2%	3%	2%	2%	2%	-	-	-	-	-	100%	-	-	-	-	-
											abcdeghijk					

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working but seeking work or temporarily unemployed or sick	111	63	16	25	41	-	-	-	-	-	-	111	-	-	-	-
	5%	5%	4%	8%	6%	-	-	-	-	-	-	100%	-	-	-	-
												abcdefhijk				
Student	102	72	3	6	9	-	-	-	-	-	-	-	102	-	-	-
	5%	6%	1%	2%	1%	-	-	-	-	-	-	-	100%	-	-	-
		bcd											abcdefgijk			
Not working and not seeking work	163	96	27	30	56	-	-	-	-	-	-	-	-	163	-	-
	8%	8%	8%	9%	8%	-	-	-	-	-	-	-	-	100%	-	-
														abcdefghjk		
Retired	405	393	7	1	8	-	-	-	-	-	-	-	-	-	405	-
	20%	31%	2%	*	1%	-	-	-	-	-	-	-	-	-	100%	-
		bcd	c												abcdefghik	
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163	70	36	43	79	53	111	-	-	-	-	-	-	-	-	163
	8%	6%	10%	13%	12%	100%	100%	-	-	-	-	-	-	-	-	100%
			a	a	a	cdefghij	cdefghij									cdefghij

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	53	-	-	-	-	-	-	-	-	-	-	-	-	8	24	18	3	45
	3%	-	-	-	-	-	-	-	-	-	-	-	-	2%	2%	3%	3%	3%
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	47	41	14	4	55	51	32	50	20	5	70	37	6	52	42	11	105
	5%	8%	12%	9%	9%	11%	8%	5%	18%	11%	14%	15%	5%	2%	5%	7%	11%	6%
			af						acf	af	af	af			a	ab	abe	a
Working full time- working 30 hours per week or more	733	381	226	80	23	306	404	483	147	67	16	214	499	84	372	250	27	649
	36%	63%	66%	48%	50%	60%	62%	73%	53%	35%	41%	45%	72%	25%	35%	45%	27%	38%
		c	cd			c	c	bcde	c			c	bcde		a	abde		ad
Working part time- working between 8 and 29 hours per week	259	140	51	34	12	85	152	118	57	52	10	109	127	31	125	87	15	228
	13%	23%	15%	20%	27%	17%	23%	18%	20%	27%	26%	23%	18%	9%	12%	16%	15%	13%
		be			b		be			af		af				ab		a
Self-employed- working 30 hours per week or more	65	23	15	19	3	34	26	21	14	24	3	38	24	17	25	20	3	48
	3%	4%	4%	11%	6%	7%	4%	3%	5%	13%	8%	8%	3%	5%	2%	4%	3%	3%
				abef		af				abf		af		be				
Self-employed- working between 8 and 29 hours per week	51	13	11	19	4	30	17	4	12	27	4	39	8	7	29	11	4	44
	2%	2%	3%	11%	9%	6%	3%	1%	4%	14%	11%	8%	1%	2%	3%	2%	4%	3%
				abef	af	af				af	abef	af	abf					
Not working but seeking work or temporarily unemployed or sick	111	-	-	-	-	-	-	-	-	-	-	-	-	25	41	42	4	87
	5%	-	-	-	-	-	-	-	-	-	-	-	-	7%	4%	7%	4%	5%
														b		be		
Student	102	-	-	-	-	-	-	-	-	-	-	-	-	3	34	47	19	99
	5%	-	-	-	-	-	-	-	-	-	-	-	-	1%	3%	8%	19%	6%
															a	abe	abce	ab

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Not working and not seeking work	163	-	-	-	-	-	-	-	-	-	-	-	-	36	86	29	11	126
	8%	-	-	-	-	-	-	-	-	-	-	-	-	11%	8%	5%	11%	7%
														ce	c		c	
Retired	405	-	-	-	-	-	-	-	-	-	-	-	-	123	265	15	2	282
	20%	-	-	-	-	-	-	-	-	-	-	-	-	36%	25%	3%	2%	16%
														bcde	cde			cd
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163	47	41	14	4	55	51	32	50	20	5	70	37	14	76	59	15	149
	8%	8%	12%	9%	9%	11%	8%	5%	18%	11%	14%	15%	5%	4%	7%	11%	15%	9%
			af						acf	af	af	af				ab	abe	a

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D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	53	18	23	6	15	3	29	21	1	47	6	43	6
	3%	5%	2%	2%	4%	4%	2%	3%	1%	3%	1%	2%	2%
		b											
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	46	57	29	28	10	48	60	5	95	16	93	16
	5%	12%	4%	9%	7%	12%	4%	8%	5%	6%	4%	5%	5%
		b		d	d	d		d					
Working full time- working 30 hours per week or more	733	136	498	103	76	17	543	174	20	609	125	625	105
	36%	34%	39%	31%	18%	20%	42%	24%	20%	37%	30%	36%	35%
				bcef			abcef	b		b			
Working part time- working between 8 and 29 hours per week	259	59	167	38	40	15	165	85	7	193	66	222	37
	13%	15%	13%	11%	10%	17%	13%	12%	7%	12%	16%	13%	12%
						bf					a		
Self-employed- working 30 hours per week or more	65	15	33	15	8	6	38	26	5	53	12	51	14
	3%	4%	3%	5%	2%	8%	3%	4%	5%	3%	3%	3%	5%
				b		bd							
Self-employed- working between 8 and 29 hours per week	51	9	35	10	9	5	29	20	3	43	8	40	11
	2%	2%	3%	3%	2%	6%	2%	3%	3%	3%	2%	2%	4%
						bd							
Not working but seeking work or temporarily unemployed or sick	111	30	51	32	31	9	50	59	12	91	20	79	32
	5%	8%	4%	10%	7%	11%	4%	8%	12%	6%	5%	5%	11%
		b		d	d	d		d	d				a
Student	102	13	77	23	9	6	64	34	3	85	18	82	15
	5%	3%	6%	7%	2%	7%	5%	5%	3%	5%	4%	5%	5%
			a	b		b	b	b					

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

| | Total | Care responsibilities in household not including children | | Longstanding condition or illness | | | | | | Area | | Access to private outdoor space | |
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Not working and not seeking work	163 8%	29 7%	92 7%	52 16% cd	67 16% cd	3 4%	63 5%	91 13% cd	30 31% abcde	126 8%	37 9%	135 8%	26 9%
Retired	405 20%	41 10%	237 19% a	22 7%	132 32% acdef	10 12%	250 20% a	148 21% ac	14 14% a	289 18%	116 27% a	361 21%	41 13% b
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163 8%	64 16% b	80 6%	36 11% d	42 10% d	13 15% d	77 6%	81 11% d	7 7%	142 9% b	22 5%	136 8%	23 8%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5+ days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Currently furloughed	53	7	5	9	15	5	5	2	5	34	12	14	17	13	5	11	16	16	9
	3%	2%	3%	3%	4%	2%	2%	3%	2%	3%	2%	3%	3%	2%	2%	2%	3%	3%	4%
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	6	7	19	28	21	13	4	13	75	30	27	28	33	22	31	30	30	18
	5%	2%	4%	6% a	7% a	8% a	6% a	6% a	6% a	7% a	6% a	6%	5%	5%	9% c	5%	6%	5%	7%
Working full time- working 30 hours per week or more	733	91	67	98	160	110	96	40	71	435	207	127	218	290	92	224	199	233	71
	36%	23%	37% a	33% a	40% ac	42% ach	45% achi	52% abcdhi	32% a	38% a	41% ach	26%	39% a	40% a	36% a	37% d	39% d	37% d	28%
Working part time- working between 8 and 29 hours per week	259	30	23	54	51	36	25	7	33	164	65	52	82	87	36	72	82	73	27
	13%	8%	12%	18% afj	13% a	14% a	12%	9%	15% a	14% a	13% a	11%	15%	12%	14%	12%	16% ac	12%	11%
Self-employed- working 30 hours per week or more	65	9	3	6	19	10	6	1	11	38	17	14	19	21	9	27	19	12	5
	3%	2%	2%	2%	5% c	4%	3%	1%	5%	3%	3%	3%	3%	3%	4%	4% c	4%	2%	2%
Self-employed- working between 8 and 29 hours per week	51	6	4	8	10	7	6	3	7	29	16	15	14	18	4	18	12	15	6
	2%	1%	2%	3%	3%	3%	3%	4%	3%	3%	3%	3%	3%	3%	1%	3%	2%	2%	2%
Not working but seeking work or temporarily unemployed or sick	111	25	12	22	14	15	8	3	13	63	24	41	35	24	11	33	21	31	22
	5%	6%	6%	7% d	4%	6%	4%	4%	6%	5%	5%	8% cd	6% c	3%	4%	5%	4%	5%	9% bc
Student	102	12	8	20	20	16	18	1	7	64	27	30	42	17	5	36	26	28	8
	5%	3%	5%	7% a	5%	6%	9% agh	2%	3%	6%	5%	6% cd	7% cd	2%	2%	6%	5%	4%	3%
Not working and not seeking work	163	54	13	24	33	13	7	6	14	82	26	65	42	35	14	41	27	43	43
	8%	14% bcdefhij	7%	8% f	8% f	5%	3%	7%	6%	7% f	5%	13% bcd	8% c	5%	5%	7%	5%	7%	17% abc
Retired	405	156	42	41	50	30	29	10	48	163	87	98	64	185	57	119	83	152	44
	20%	39% bcdefghij	23% cdefi	14%	12%	12%	14%	13%	22% cdefi	14%	17% de	20% b	11%	26% ab	22% b	19%	16%	24% abd	17%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.

BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163	13	12	28	42	27	18	7	17	109	41	41	46	46	27	42	46	46	27
	8%	3%	6%	9%	11%	10%	8%	8%	8%	9%	8%	8%	8%	6%	11%	7%	9%	7%	11%
				a	a	a	a	a	a	a	a				c				

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

		Amount of activity now compared to last year		
			About the	
	Total	NET: More	same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Currently furloughed	53	32	11	8
	3%	4%	1%	2%
		bc		
Reduced hours/employers imposed temporary leave of absence because of the Coronavirus	111	57	28	25
	5%	8%	4%	5%
		bc		
Working full time- working 30 hours per week or more	733	295	271	166
	36%	41%	34%	32%
		bc		
Working part time- working between 8 and 29 hours per week	259	97	91	70
	13%	14%	12%	13%
Self-employed- working 30 hours per week or more	65	19	26	20
	3%	3%	3%	4%
Self-employed- working between 8 and 29 hours per week	51	15	9	26
	2%	2%	1%	5%
				ab
Not working but seeking work or temporarily unemployed or sick	111	34	38	35
	5%	5%	5%	7%
Student	102	45	22	32
	5%	6%	3%	6%
		b		b
Not working and not seeking work	163	35	72	49
	8%	5%	9%	9%
			a	a
Retired	405	86	222	94
	20%	12%	28%	18%
			ac	a

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D6B. Please indicate which of the following best describes your work status today taking into account any changes due to the impact of the Coronavirus pandemic.
BASE: All respondents

| | Total | Amount of activity now compared to last year | | |
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic	163	89	40	33
	8%	12%	5%	6%
		bc		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1285	608	675	501	555	229	66	173	108	173	135	92	226	208	104
Total	1219	571	646	430	531	258	57	158	112	135	109	119	225	185	118
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	292	309	195	271	137	27	74	59	74	52	67	87	102	61
	50%	51%	48%	45%	51%	53%	48%	47%	52%	55%	47%	56%	39%	55%	52%
									g	g		g		g	g
I mostly travelled to work pre-Covid-19, but now I work more from home	344	152	192	129	149	66	16	45	32	38	29	33	75	51	26
	28%	27%	30%	30%	28%	26%	28%	28%	29%	28%	27%	28%	33%	28%	22%
													i		
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	84	82	62	64	40	7	27	14	14	20	10	37	19	19
	14%	15%	13%	15%	12%	15%	12%	17%	12%	10%	18%	9%	16%	10%	16%
											dfh				
I mostly worked from home pre-Covid-19, but now I travel to work more	46	15	30	19	22	4	2	6	4	6	2	3	15	5	3
	4%	3%	5%	5%	4%	2%	4%	4%	4%	4%	1%	3%	7%	3%	2%
													e		
None of the above	59	28	32	24	25	11	5	7	3	4	7	5	12	8	9
	5%	5%	5%	5%	5%	4%	8%	4%	3%	3%	6%	4%	5%	4%	8%
NET: Working from home more during COVID-19	510	236	274	191	213	106	22	72	46	51	49	44	111	69	45
	42%	41%	42%	45%	40%	41%	40%	45%	41%	38%	45%	37%	49%	38%	38%
													dfh		
NET: Mostly travelling to work during COVID-19	649	307	340	215	293	141	29	80	63	80	53	70	102	108	63
	53%	54%	53%	50%	55%	55%	52%	50%	56%	59%	49%	59%	46%	58%	54%
										g		g		g	

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?
BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	*f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	1285	153	345	364	214	191	18	862	423	1042	43	111	60	12	7	233
Total	1219	150	348	358	184	164	15	856	363	997	40	100	53	12	7	213
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	62	140	165	111	118	8	366	237	516	11	46	19	3	1	82
	50%	41%	40%	46%	61%	72%	52%	43%	65%	52%	28%	46%	36%	30%	20%	39%
					abcg	abcdg			abcg	bdg		b				
I mostly travelled to work pre-Covid-19, but now I work more from home	344	42	117	127	42	15	2	286	58	274	15	30	20	1	3	69
	28%	28%	34%	35%	23%	9%	11%	33%	16%	27%	37%	30%	37%	6%	46%	32%
		eh	deh	deh	eh			deh	e							
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	31	67	38	14	14	2	136	30	126	11	18	8	2	1	40
	14%	20%	19%	11%	8%	8%	11%	16%	8%	13%	26%	18%	15%	21%	11%	19%
		cdeh	cdeh					cdeh			a					a
I mostly worked from home pre-Covid-19, but now I travel to work more	46	8	13	14	5	3	2	36	10	30	2	5	4	4	-	15
	4%	6%	4%	4%	3%	2%	14%	4%	3%	3%	6%	5%	8%	33%	-	7%
													a			a
None of the above	59	7	10	14	11	15	2	31	28	51	1	1	2	1	2	7
	5%	5%	3%	4%	6%	9%	12%	4%	8%	5%	3%	1%	4%	10%	23%	3%
						bcg			bcg	c						
NET: Working from home more during COVID-19	510	73	185	165	56	29	3	422	88	400	25	48	28	3	4	109
	42%	48%	53%	46%	30%	18%	22%	49%	24%	40%	63%	48%	52%	27%	57%	51%
		deh	deh	deh	e			deh			a					a
NET: Mostly travelling to work during COVID-19	649	70	153	179	117	121	10	402	247	546	14	51	24	7	1	98
	53%	47%	44%	50%	63%	73%	66%	47%	68%	55%	34%	51%	44%	63%	20%	46%
					abcg	abcdg			abcg	bg						

Savanta: ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?
BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	f	*g	*h	*i	*j	k
Unweighted Total	1285	695	269	245	514	-	120	775	272	69	49	-	-	-	-	120
Total	1219	613	287	260	547	-	111	733	259	65	51	-	-	-	-	111
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	-	-	-	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	306	139	137	276	-	47	381	140	23	13	-	-	-	-	47
	50%	50%	48%	53%	50%	-	43%	52%	54%	35%	25%	-	-	-	-	43%
							f	ef	befk							f
I mostly travelled to work pre-Covid-19, but now I work more from home	344	159	100	69	169	-	41	226	51	15	11	-	-	-	-	41
	28%	26%	35%	27%	31%	-	37%	31%	20%	23%	23%	-	-	-	-	37%
			ac				de	d								de
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	99	34	23	56	-	14	80	34	19	19	-	-	-	-	14
	14%	16%	12%	9%	10%	-	13%	11%	13%	29%	37%	-	-	-	-	13%
		cd								bcdk	bcdk					
I mostly worked from home pre-Covid-19, but now I travel to work more	46	18	7	17	24	-	4	23	12	3	4	-	-	-	-	4
	4%	3%	3%	6%	4%	-	4%	3%	5%	4%	8%	-	-	-	-	4%
				ab												
None of the above	59	32	7	14	22	-	4	24	22	5	4	-	-	-	-	4
	5%	5%	3%	6%	4%	-	4%	3%	9%	8%	8%	-	-	-	-	4%
									c	c						
NET: Working from home more during COVID-19	510	257	134	92	226	-	55	306	85	34	30	-	-	-	-	55
	42%	42%	47%	35%	41%	-	50%	42%	33%	52%	59%	-	-	-	-	50%
			c				d	d		d	cd					d
NET: Mostly travelling to work during COVID-19	649	323	146	154	300	-	51	404	152	26	17	-	-	-	-	51
	53%	53%	51%	59%	55%	-	46%	55%	59%	39%	33%	-	-	-	-	46%
								ef	befk							

Savanta:
ComRes

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?
BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	1285	643	355	172	49	527	692	698	298	191	41	489	739	158	636	422	69	1127
Total	1219	603	344	166	46	510	649	658	280	191	38	471	695	145	603	410	61	1073
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	603	-	-	-	-	603	466	72	47	9	119	476	69	301	206	28	535
	50%	100%	-	-	-	-	93%	71%	26%	25%	25%	25%	68%	47%	50%	50%	45%	50%
		bcdef					bcde	bcde					bcde					
I mostly travelled to work pre-Covid-19, but now I work more from home	344	-	344	-	-	344	-	128	151	53	8	204	137	36	190	107	12	308
	28%	-	100%	-	-	67%	-	20%	54%	28%	22%	43%	20%	25%	32%	26%	19%	29%
			acdef			acdf			acdef	af		acdf					d	
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	-	-	166	-	166	-	37	45	76	3	121	41	29	73	54	10	137
	14%	-	-	100%	-	33%	-	6%	16%	40%	9%	26%	6%	20%	12%	13%	16%	13%
				abdef		abdf			af	abdef		abdf		bce				
I mostly worked from home pre-Covid-19, but now I travel to work more	46	-	-	-	46	-	46	10	7	13	15	21	25	5	14	20	7	41
	4%	-	-	-	100%	-	7%	1%	3%	7%	40%	4%	4%	3%	2%	5%	11%	4%
					abcef		abce			abf	abcef	a	a			b	abce	
None of the above	59	-	-	-	-	-	-	16	5	1	1	6	17	7	24	23	5	53
	5%	-	-	-	-	-	-	2%	2%	1%	3%	1%	2%	5%	4%	6%	9%	5%
NET: Working from home more during COVID-19	510	-	344	166	-	510	-	166	196	129	12	325	178	65	263	161	21	445
	42%	-	100%	100%	-	100%	-	25%	70%	68%	31%	69%	26%	45%	44%	39%	35%	41%
			adf	adf		adf			adf	adf		adf						
NET: Mostly travelling to work during COVID-19	649	603	-	-	46	-	649	476	80	60	25	140	501	74	315	226	35	576
	53%	100%	-	-	100%	-	100%	72%	28%	32%	65%	30%	72%	51%	52%	55%	56%	54%
		bce			bce		bce	bce					bce					

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	1285	278	827	206	172	60	857	392	41	1049	236	1076	202
Total	1219	265	790	195	161	53	824	364	39	993	226	1030	182
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	112	413	90	69	13	439	155	16	499	104	528	73
	50%	42%	52%	46%	43%	24%	53%	43%	39%	50%	46%	51%	40%
			a	c	c		bce	c					b
I mostly travelled to work pre-Covid-19, but now I work more from home	344	92	213	51	45	19	231	102	12	284	60	293	50
	28%	35%	27%	26%	28%	35%	28%	28%	32%	29%	27%	28%	27%
		b											
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	35	101	29	33	11	97	66	7	136	30	131	35
	14%	13%	13%	15%	20%	21%	12%	18%	17%	14%	13%	13%	19%
					d	d		d					a
I mostly worked from home pre-Covid-19, but now I travel to work more	46	15	23	12	8	9	19	25	1	32	14	31	14
	4%	6%	3%	6%	5%	17%	2%	7%	3%	3%	6%	3%	8%
		b		d		abdef		d			a		a
None of the above	59	11	40	13	6	1	37	16	4	42	17	48	10
	5%	4%	5%	7%	3%	3%	5%	4%	10%	4%	8%	5%	6%
											a		
NET: Working from home more during COVID-19	510	127	315	80	78	30	328	168	19	420	90	423	84
	42%	48%	40%	41%	49%	56%	40%	46%	48%	42%	40%	41%	46%
		b			d	ad		d					
NET: Mostly travelling to work during COVID-19	649	127	436	102	77	22	458	180	17	531	119	559	88
	53%	48%	55%	52%	48%	41%	56%	49%	42%	53%	52%	54%	48%
			a				ce						

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?
BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1285	149	112	197	285	189	154	58	141	783	353	252	386	465	170	388	359	385	136
Total	1219	143	104	185	269	183	145	55	135	741	335	235	362	449	163	371	343	363	127
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	71	54	78	123	97	73	30	76	353	180	113	164	232	89	201	154	172	68
	50%	50%	52%	42%	46%	53%	50%	55%	57%	48%	54%	48%	45%	52%	55%	54%	45%	47%	53%
						c			cdi		c				b	b			
I mostly travelled to work pre-Covid-19, but now I work more from home	344	38	34	62	76	53	34	14	33	225	81	57	109	130	46	91	107	109	34
	28%	26%	33%	34%	28%	29%	23%	25%	25%	30%	24%	24%	30%	29%	28%	24%	31%	30%	27%
				fj						j							a		
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	21	9	27	38	21	26	8	16	95	50	41	54	54	18	46	48	56	16
	14%	15%	9%	14%	14%	11%	18%	14%	12%	13%	15%	17%	15%	12%	11%	12%	14%	15%	13%
							b					c							
I mostly worked from home pre-Covid-19, but now I travel to work more	46	4	3	8	16	5	5	1	3	33	9	10	15	17	4	12	11	18	4
	4%	3%	3%	5%	6%	3%	3%	2%	2%	4%	3%	4%	4%	4%	2%	3%	3%	5%	3%
					j														
None of the above	59	9	4	10	15	7	7	2	6	35	15	15	20	17	6	21	23	8	5
	5%	6%	4%	5%	5%	4%	5%	3%	5%	5%	4%	6%	6%	4%	4%	6%	7%	2%	4%
																c	c		
NET: Working from home more during COVID-19	510	59	43	89	114	74	60	21	49	320	131	97	162	184	64	136	155	165	50
	42%	41%	42%	48%	43%	40%	42%	39%	36%	43%	39%	41%	45%	41%	39%	37%	45%	46%	39%
				hj													a	a	
NET: Mostly travelling to work during COVID-19	649	75	57	86	140	103	78	32	79	385	189	123	179	249	93	213	165	190	72
	53%	52%	55%	47%	52%	56%	54%	57%	59%	52%	56%	52%	50%	55%	57%	57%	48%	52%	57%
									c		c					b			

Savanta: ComRes

D6C. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1285	515	440	327
Total	1219	485	426	306
	100%	100%	100%	100%
I mostly travelled to work pre-Covid-19, and this is mostly still the case	603	248	232	123
	50%	51%	55%	40%
		c	c	
I mostly travelled to work pre-Covid-19, but now I work more from home	344	141	100	103
	28%	29%	23%	34%
		b		b
I mostly worked from home pre-Covid-19, and this is mostly still the case	166	56	60	51
	14%	12%	14%	17%
				a
I mostly worked from home pre-Covid-19, but now I travel to work more	46	19	11	15
	4%	4%	3%	5%
None of the above	59	21	23	15
	5%	4%	5%	5%
NET: Working from home more during COVID-19	510	197	159	154
	42%	41%	37%	50%
				ab
NET: Mostly travelling to work during COVID-19	649	267	243	138
	53%	55%	57%	45%
		c	c	

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D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1285	608	675	501	555	229	66	173	108	173	135	92	226	208	104
Total	1219	571	646	430	531	258	57	158	112	135	109	119	225	185	118
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	316	342	199	309	150	28	85	61	76	61	71	103	103	69
	54%	55%	53%	46%	58% a	58% a	50%	54%	54%	57% g	56%	59% g	46%	56% g	59% g
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	116	162	126	115	39	13	29	31	30	27	25	64	46	15
	23%	20%	25% a	29% bc	22% c	15%	24%	18%	27% i	22% i	25% i	21%	28% bi	25% i	12%
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	103	88	64	68	59	10	31	18	17	14	13	39	26	23
	16%	18% b	14%	15%	13%	23% ab	17%	20%	16%	13%	12%	11%	17%	14%	20%
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	12	26	18	17	2	2	6	2	4	2	3	12	5	1
	3%	2%	4% a	4% c	3%	1%	4%	4%	2%	3%	2%	2%	5%	3%	1%
None of the above	53	24	28	23	21	8	2	7	1	7	5	8	7	5	10
	4%	4%	4%	5%	4%	3%	4%	5%	1%	5%	5%	7% c	3%	2%	8% cgh
NET: Working more flexible hours during COVID-19	471	219	250	190	183	98	23	60	49	47	41	38	103	72	38
	39%	38%	39%	44% b	34%	38%	41%	38%	43%	35%	37%	32%	46% dfi	39%	32%
NET: Mostly working standard hours during COVID 19	695	328	368	216	327	152	31	91	63	81	63	73	115	108	71
	57%	57%	57%	50%	62% a	59% a	55%	57%	56%	60%	58%	61%	51%	59%	60%

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D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?
BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	*f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	1285	153	345	364	214	191	18	862	423	1042	43	111	60	12	7	233
Total	1219	150	348	358	184	164	15	856	363	997	40	100	53	12	7	213
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	65	172	193	114	106	8	430	228	573	17	40	16	5	-	79
	54%	44%	49%	54%	62%	65%	51%	50%	63%	57%	43%	39%	31%	45%	-	37%
				a	abg	abcg			abcg	cdg						
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	38	98	80	36	26	1	217	63	200	15	39	20	3	3	80
	23%	26%	28%	22%	19%	16%	10%	25%	17%	20%	37%	39%	37%	26%	44%	38%
		eh	deh					eh			a	a	a			a
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	33	54	60	22	17	5	148	43	151	7	16	10	3	2	39
	16%	22%	16%	17%	12%	10%	30%	17%	12%	15%	18%	16%	18%	29%	33%	18%
		deh		e				eh								
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	7	11	11	5	3	1	29	9	26	1	5	6	-	1	12
	3%	5%	3%	3%	2%	2%	10%	3%	2%	3%	2%	5%	11%	-	11%	6%
													a			a
None of the above	53	6	12	14	8	12	-	32	20	48	-	1	2	-	1	3
	4%	4%	4%	4%	4%	7%	-	4%	6%	5%	-	1%	3%	-	12%	2%
						bg				g						
NET: Working more flexible hours during COVID-19	471	72	153	140	58	43	6	364	106	351	22	55	30	6	5	119
	39%	48%	44%	39%	31%	26%	40%	43%	29%	35%	55%	55%	55%	55%	77%	56%
		deh	deh	eh				deh			a	a	a			a
NET: Mostly working standard hours during COVID 19	695	72	183	204	118	109	9	459	237	598	18	44	22	5	1	91
	57%	48%	53%	57%	64%	67%	60%	54%	65%	60%	45%	44%	42%	45%	11%	43%
					abg	abcg			abcg	bcdg						

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D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	*a	b	c	d	e	f	*g	*h	*i	*j	k
Unweighted Total	1285	695	269	245	514	-	120	775	272	69	49	-	-	-	-	120
Total	1219	613	287	260	547	-	111	733	259	65	51	-	-	-	-	111
	100%	100%	100%	100%	100%	-	100%	100%	100%	100%	100%	-	-	-	-	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	346	154	138	292	-	32	483	118	21	4	-	-	-	-	32
	54%	56%	54%	53%	53%	-	29%	66%	45%	33%	8%	-	-	-	-	29%
							f	bdefk	bfk	f						f
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	113	76	68	144	-	50	147	57	14	12	-	-	-	-	50
	23%	18%	26%	26%	26%	-	45%	20%	22%	22%	24%	-	-	-	-	45%
			a	a	a		cdef									cdef
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	110	37	33	71	-	20	67	52	24	27	-	-	-	-	20
	16%	18%	13%	13%	13%	-	18%	9%	20%	38%	53%	-	-	-	-	18%
		d					c		c	bcdk	bcdk					c
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	18	9	9	18	-	5	16	10	3	4	-	-	-	-	5
	3%	3%	3%	3%	3%	-	5%	2%	4%	5%	8%	-	-	-	-	5%
											c					
None of the above	53	26	11	12	22	-	4	21	22	2	4	-	-	-	-	4
	4%	4%	4%	4%	4%	-	3%	3%	9%	3%	8%	-	-	-	-	3%
									c		c					
NET: Working more flexible hours during COVID-19	471	223	113	102	215	-	70	214	109	38	39	-	-	-	-	70
	39%	36%	40%	39%	39%	-	63%	29%	42%	59%	77%	-	-	-	-	63%
							cd		c	cd	cd					cd
NET: Mostly working standard hours during COVID 19	695	364	163	147	309	-	37	499	127	24	8	-	-	-	-	37
	57%	59%	57%	56%	57%	-	33%	68%	49%	38%	15%	-	-	-	-	33%
							f	bdefk	bfk	f						f

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	1285	643	355	172	49	527	692	698	298	191	41	489	739	158	636	422	69	1127
Total	1219	603	344	166	46	510	649	658	280	191	38	471	695	145	603	410	61	1073
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	466	128	37	10	166	476	658	-	-	-	-	658	72	345	215	25	585
	54%	77%	37%	23%	21%	33%	73%	100%	-	-	-	-	95%	50%	57%	53%	41%	55%
		bcde	cd			c	bcde	bcdef					bcde		d			d
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	72	151	45	7	196	80	-	280	-	-	280	-	33	130	99	18	247
	23%	12%	44%	27%	16%	38%	12%	-	100%	-	-	59%	-	22%	22%	24%	30%	23%
			acdf	af		acdf			acdef			acdf						
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	47	53	76	13	129	60	-	-	191	-	191	-	35	88	58	10	156
	16%	8%	15%	46%	29%	25%	9%	-	-	100%	-	41%	-	24%	15%	14%	16%	15%
			af	abdef	abf	abf				abdef		abdf		bce				
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	9	8	3	15	12	25	-	-	-	38	-	38	3	16	15	4	35
	3%	2%	2%	2%	33%	2%	4%	-	-	-	100%	-	5%	2%	3%	4%	7%	3%
					abcef		a				abcef		abce					
None of the above	53	9	4	4	-	8	9	-	-	-	-	-	-	2	23	23	4	50
	4%	1%	1%	2%	-	1%	1%	-	-	-	-	-	-	2%	4%	6%	7%	5%
																a	a	
NET: Working more flexible hours during COVID-19	471	119	204	121	21	325	140	-	280	191	-	471	-	68	219	156	28	403
	39%	20%	59%	73%	45%	64%	22%	-	100%	100%	-	100%	-	47%	36%	38%	46%	38%
			af	abdef	af	adf			adf	adf		adf		be				
NET: Mostly working standard hours during COVID 19	695	476	137	41	25	178	501	658	-	-	38	-	695	75	361	230	29	620
	57%	79%	40%	25%	55%	35%	77%	100%	-	-	100%	-	100%	52%	60%	56%	47%	58%
		bcde	c		bce	c	bcde	bce			bce		bce		d			

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	1285	278	827	206	172	60	857	392	41	1049	236	1076	202
Total	1219	265	790	195	161	53	824	364	39	993	226	1030	182
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	109	466	92	70	15	491	156	20	539	119	568	87
	54%	41%	59%	47%	44%	28%	60%	43%	51%	54%	52%	55%	48%
			a	c	c		abce	c	c				
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	89	155	53	43	18	167	104	9	234	46	238	40
	23%	34%	20%	27%	27%	33%	20%	29%	23%	24%	20%	23%	22%
		b		d		d		d					
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	48	106	33	35	15	113	73	8	153	38	149	41
	16%	18%	13%	17%	22%	29%	14%	20%	20%	15%	17%	14%	23%
					d	ad		d					a
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	11	23	4	8	4	21	15	-	29	9	30	7
	3%	4%	3%	2%	5%	8%	3%	4%	-	3%	4%	3%	4%
						ad							
None of the above	53	8	41	13	5	1	32	16	2	38	15	45	6
	4%	3%	5%	6%	3%	1%	4%	4%	6%	4%	7%	4%	3%
NET: Working more flexible hours during COVID-19	471	137	260	86	78	33	280	177	17	387	83	387	82
	39%	52%	33%	44%	49%	63%	34%	49%	43%	39%	37%	38%	45%
		b		d	d	ade		d					
NET: Mostly working standard hours during COVID 19	695	120	489	96	78	19	511	171	20	568	128	598	94
	57%	45%	62%	49%	48%	36%	62%	47%	51%	57%	56%	58%	52%
			a				abce						

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?
BASE: All respondents that are employed or self-employed during the coronavirus pandemic

		Number of days active											Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1285	149	112	197	285	189	154	58	141	783	353	252	386	465	170	388	359	385	136
Total	1219	143	104	185	269	183	145	55	135	741	335	235	362	449	163	371	343	363	127
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	89	61	88	125	100	78	29	87	374	194	123	190	252	87	213	173	195	68
	54%	63%	59%	48%	46%	55%	53%	53%	65%	51%	58%	52%	52%	56%	54%	57%	50%	54%	54%
		cdi	cd						cdi		cdi								
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	15	26	52	80	41	34	14	18	199	66	50	90	98	40	74	81	90	34
	23%	10%	25%	28%	30%	22%	23%	26%	14%	27%	20%	21%	25%	22%	25%	20%	24%	25%	27%
			ah	ahj	ahj	ah	ah	ah		ahj	a								
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	22	15	31	41	33	23	8	17	120	48	41	56	69	23	57	61	56	16
	16%	15%	15%	17%	15%	18%	16%	15%	12%	16%	14%	18%	16%	15%	14%	15%	18%	15%	13%
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	5	1	6	11	4	3	2	6	22	10	10	11	13	5	9	11	13	3
	3%	4%	1%	3%	4%	2%	2%	3%	5%	3%	3%	4%	3%	3%	3%	3%	3%	4%	2%
None of the above	53	11	-	8	12	5	8	2	7	25	16	11	15	17	8	18	18	8	6
	4%	8%	-	5%	4%	3%	5%	3%	5%	3%	5%	5%	4%	4%	5%	5%	5%	2%	5%
		bei		b	b		b		b	b	b					c	c		
NET: Working more flexible hours during COVID-19	471	37	41	83	121	74	57	22	35	319	115	91	146	168	63	131	142	146	50
	39%	26%	40%	45%	45%	40%	39%	41%	26%	43%	34%	39%	40%	37%	39%	35%	41%	40%	40%
			ah	ahj	ahj	ah	ah	ah		ahj									
NET: Mostly working standard hours during COVID 19	695	95	63	94	136	104	81	31	93	396	204	133	200	265	92	222	183	209	71
	57%	66%	60%	51%	51%	57%	55%	56%	69%	54%	61%	56%	55%	59%	56%	60%	53%	58%	56%
		cdi							cdefi		cdi								

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D6D. Which, if any, of these statements best describes how you used to work pre-Covid and how you work now?

BASE: All respondents that are employed or self-employed during the coronavirus pandemic

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1285	515	440	327
Total	1219	485	426	306
	100%	100%	100%	100%
I mostly worked standard hours pre-Covid-19 and this is still the case	658	251	252	154
	54%	52%	59%	50%
			ac	
I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	280	133	75	72
	23%	27%	18%	23%
		b		b
I mostly worked flexible hours pre-Covid-19, and this is still the case	191	63	67	61
	16%	13%	16%	20%
				a
I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	38	16	8	14
	3%	3%	2%	4%
				b
None of the above	53	22	23	6
	4%	5%	5%	2%
			c	
NET: Working more flexible hours during COVID-19	471	196	143	133
	39%	40%	33%	43%
		b		b
NET: Mostly working standard hours during COVID 19	695	267	260	167
	57%	55%	61%	55%

D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	340	215	126	36	76	229	17	50	40	39	38	20	47	53	36
	17%	21%	12%	6%	11%	30%	17%	19%	20%	18%	21%	9%	15%	16%	17%
		b			a	ab	f	f	f	f	fg			f	f
2-3	1053	536	516	276	309	467	60	135	108	109	78	137	131	178	117
	51%	53%	49%	45%	46%	61%	61%	51%	54%	51%	44%	60%	40%	53%	56%
						ab	eg	g	g	g		eg		eg	eg
4-5	559	217	338	248	256	56	19	72	48	56	52	59	115	88	50
	27%	22%	32%	40%	38%	7%	19%	27%	24%	26%	30%	26%	36%	26%	24%
			a	c	c						a		abcdfhi		
6+	100	36	64	59	33	8	3	9	6	11	9	12	30	14	7
	5%	4%	6%	10%	5%	1%	3%	3%	3%	5%	5%	5%	9%	4%	3%
			a	bc	c								abchi		
NET: Lives with others	1713	788	918	583	598	531	81	217	162	176	139	207	276	281	174
	83%	79%	88%	94%	89%	70%	83%	81%	80%	82%	79%	91%	85%	84%	83%
			a	bc	c							abcdehi	e		
Base for stats	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
Mean Score	2.99	2.67	3.24	3.73	3.34	2.08	2.69	2.83	2.69	2.83	3.12	2.94	3.56	2.94	2.93
			a	bc	c								abcdfh		
Standard Deviation	2.556	2.048	2.557	2.655	2.712	2.005	1.565	1.807	1.511	1.475	3.549	1.418	3.828	1.931	3.527
Standard Error	.056	.066	.078	.098	.102	.081	.149	.109	.110	.092	.248	.108	.214	.103	.265
Error variance	*	*	.01	.01	.01	.01	.02	.01	.01	.01	.06	.01	.05	.01	.07

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	340	16	39	69	19	28	169	124	216	304	8	12	9	1	1	32
	17%	9%	9%	15%	8%	13%	36%	11%	23%	18%	15%	9%	12%	9%	6%	11%
				abd		d	abcdegh		abcdeg	cg						
2-3	1053	89	232	243	130	111	249	563	490	948	23	42	16	5	5	91
	51%	47%	53%	51%	51%	51%	53%	51%	52%	55%	41%	32%	21%	35%	37%	31%
										bcdg	d					
4-5	559	72	149	138	94	63	43	359	200	430	19	56	39	6	7	126
	27%	38%	34%	29%	37%	29%	9%	32%	21%	25%	34%	42%	50%	37%	57%	43%
		cfh	fh	fh	cfh	fh		fh	f			a	a			a
6+	100	14	22	27	12	14	12	63	38	53	6	22	14	3	-	45
	5%	7%	5%	6%	5%	6%	3%	6%	4%	3%	11%	17%	18%	20%	-	15%
		f		f		f		f			a	a	a			a
NET: Lives with others	1713	174	403	408	235	188	305	985	728	1430	48	119	69	14	12	263
	83%	91%	91%	85%	92%	87%	64%	89%	77%	82%	85%	91%	88%	91%	94%	89%
		cfh	cfh	fh	cefh	fh		fh	f			a				a
Base for stats	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
Mean Score	2.99	3.77	3.28	2.97	3.36	3.04	2.20	3.23	2.71	2.78	4.05	3.91	4.63	6.68	3.44	4.26
		cefgh	cfh	fh	cfh	f		cfh	f		a	a	a			a
Standard Deviation	2.556	4.703	1.826	1.502	2.984	1.471	2.711	2.480	2.616	1.880	5.983	1.928	5.039	11.922	1.106	4.765
Standard Error	.056	.337	.088	.068	.177	.094	.133	.075	.085	.046	.766	.160	.537	2.891	.295	.264
Error variance	*	.11	.01	*	.03	.01	.02	.01	.01	*	.59	.03	.29	8.36	.09	.07

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D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	340	329	1	1	2	8	6	84	31	17	7	25	3	36	123	14
	17%	26%	*	*	*	15%	6%	11%	12%	26%	13%	22%	3%	22%	30%	9%
		bcd				bh		h	h	bcdhk	h	bcdhk		bcdhk	abcdfhk	h
2-3	1053	728	256	27	284	24	52	372	125	25	29	41	34	86	265	76
	51%	58%	73%	8%	41%	45%	47%	51%	48%	38%	57%	37%	33%	53%	65%	46%
		cd	acd		c		h	egh	gh		egh			egh	abcdeghik	h
4-5	559	171	87	262	349	18	42	250	87	20	11	42	47	29	15	59
	27%	14%	25%	78%	51%	33%	38%	34%	34%	31%	21%	37%	46%	18%	4%	36%
			a	abd	ab	ij	fij	ij	ij	ij	j	fij	cdefij	j		ij
6+	100	33	5	45	50	3	11	27	15	3	4	4	19	11	2	15
	5%	3%	2%	13%	7%	7%	10%	4%	6%	5%	9%	3%	18%	7%	*	9%
				abd	ab	j	cgj	j	j	j	j	j	acdegijk	j		cj
NET: Lives with others	1713	932	349	334	683	45	105	649	228	48	44	87	99	126	282	149
	83%	74%	100%	100%	100%	85%	94%	89%	88%	74%	87%	78%	97%	78%	70%	91%
			a	a	a	j	aegij	egij	egij		j		acdefgijk			egij
Base for stats	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
Mean Score	2.99	2.35	3.21	4.62	3.90	3.94	3.62	3.15	3.25	2.89	3.40	2.94	4.10	2.85	1.99	3.72
			a	abd	ab	cj	cegij	j	j	j	j	j	cdefgij	j		cgij
Standard Deviation	2.556	2.081	1.385	1.718	1.708	6.196	2.275	2.194	2.812	1.600	3.167	1.478	1.548	2.372	2.514	3.968
Standard Error	.056	.058	.076	.097	.067	.814	.208	.079	.171	.193	.452	.132	.136	.185	.148	.297
Error variance	*	*	.01	.01	*	.66	.04	.01	.03	.04	.20	.02	.02	.03	.02	.09

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D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	340	69	36	29	5	65	74	72	33	35	3	68	75	340	-	-	-	-
	17%	11%	10%	17%	10%	13%	11%	11%	12%	18%	8%	14%	11%	100%	-	-	-	-
				abf						abf				bcde				
2-3	1053	301	190	73	14	263	315	345	130	88	16	219	361	-	1053	-	-	1053
	51%	50%	55%	44%	30%	52%	49%	52%	46%	46%	43%	46%	52%	-	100%	-	-	61%
		d	cdf			d	d	e							acde			acd
4-5	559	206	107	54	20	161	226	215	99	58	15	156	230	-	-	559	-	559
	27%	34%	31%	32%	44%	31%	35%	33%	35%	30%	39%	33%	33%	-	-	100%	-	33%
																abde		abd
6+	100	28	12	10	7	21	35	25	18	10	4	28	29	-	-	-	100	100
	5%	5%	3%	6%	15%	4%	5%	4%	7%	5%	11%	6%	4%	-	-	-	100%	6%
					abcef						af						abce	abc
NET: Lives with others	1713	535	308	137	41	445	576	585	247	156	35	403	620	-	1053	559	100	1713
	83%	89%	90%	83%	90%	87%	89%	89%	88%	82%	92%	86%	89%	-	100%	100%	100%	100%
		c	c				c	c	c				c		a	a	a	a
Base for stats	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
Mean Score	2.99	3.11	3.04	3.18	4.98	3.08	3.24	3.09	3.33	3.29	3.45	3.32	3.11	1.00	2.38	4.30	8.76	3.38
					abcef											be	bce	b
Standard Deviation	2.556	1.490	1.444	2.022	7.193	1.654	2.421	2.082	1.905	3.820	1.508	2.837	2.056	-	.487	.458	8.394	2.625
Standard Error	.056	.059	.077	.154	1.028	.072	.092	.079	.110	.276	.235	.128	.076	-	.015	.019	.797	.063
Error variance	*	*	.01	.02	1.06	.01	.01	.01	.01	.08	.06	.02	.01	-	*	*	.63	*

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D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	340	-	-	55	89	14	195	135	20	266	74	227	110
	17%	-	-	17%	22%	16%	15%	19%	20%	16%	18%	13%	36%
					d			d					a
2-3	1053	215	816	150	229	33	672	357	51	817	236	922	124
	51%	54%	64%	45%	55%	39%	53%	50%	52%	50%	56%	53%	41%
			a		ac		ac				a		b
4-5	559	149	395	101	78	27	364	181	23	471	89	500	52
	27%	38%	31%	31%	19%	32%	28%	25%	23%	29%	21%	29%	17%
		b		b		b	b	b		b		b	
6+	100	33	60	24	18	11	48	45	6	78	23	81	17
	5%	8%	5%	7%	4%	12%	4%	6%	6%	5%	5%	5%	6%
		b		d		bde		d					
NET: Lives with others	1713	397	1271	275	324	71	1084	582	80	1365	348	1502	193
	83%	100%	100%	83%	78%	84%	85%	81%	80%	84%	82%	87%	64%
							be						b
Base for stats	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
Mean Score	2.99	3.79	3.24	3.19	2.58	4.79	2.94	3.03	2.73	3.00	2.96	3.02	2.79
		b		b		abdef	b	b					
Standard Deviation	2.556	3.581	2.250	2.865	1.380	8.395	2.068	3.262	1.426	2.263	3.468	2.189	4.084
Standard Error	.056	.176	.063	.152	.070	.871	.058	.121	.140	.056	.173	.053	.228
Error variance	*	.03	*	.02	*	.76	*	.01	.02	*	.03	*	.05

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Lives alone	340	106	30	38	44	46	20	8	48	158	76	99	83	120	34	108	68	102	55
	17%	27%	16%	13%	11%	18%	10%	11%	21%	14%	15%	21%	15%	17%	13%	18%	13%	16%	22%
		bcdefgij	f			df			cdfgij			bd				b			bc
2-3	1053	219	109	164	205	110	103	40	102	588	246	241	268	389	142	314	262	334	124
	51%	55%	59%	54%	51%	42%	49%	52%	46%	51%	48%	50%	48%	54%	56%	51%	51%	53%	49%
		ehj	efhij	e	e					e				b	b				
4-5	559	61	36	83	129	92	77	24	58	339	159	121	169	188	69	160	161	167	62
	27%	15%	19%	27%	32%	35%	36%	31%	26%	30%	31%	25%	30%	26%	27%	26%	31%	26%	24%
				ab	ab	abch	abchi	ab	a	ab	ab						d		
6+	100	10	9	17	22	13	11	5	14	61	29	21	41	25	11	29	25	30	13
	5%	3%	5%	6%	6%	5%	5%	6%	6%	5%	6%	4%	7%	3%	4%	5%	5%	5%	5%
				a	a					a	a	a		ac					
NET: Lives with others	1713	291	153	264	356	216	191	69	174	988	434	383	479	602	221	504	448	532	200
	83%	73%	84%	87%	89%	82%	90%	89%	79%	86%	85%	79%	85%	83%	87%	82%	87%	84%	78%
			a	ah	aeh	a	abeh	ah		ah	ah		a		a		ad	d	
Base for stats	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
Mean Score	2.99	2.43	2.84	3.26	3.26	3.09	3.19	3.23	2.87	3.15	3.06	2.81	3.30	2.89	2.86	2.93	3.19	2.92	2.76
				a	a	a	ah	a	a	a	a		ac				d		
Standard Deviation	2.556	2.624	2.073	3.818	2.744	1.607	1.633	2.638	1.589	2.782	1.806	1.666	3.562	2.446	1.352	1.815	3.179	2.496	1.539
Standard Error	.056	.138	.153	.216	.135	.098	.111	.299	.108	.081	.080	.075	.148	.093	.085	.073	.140	.100	.097
Error variance	*	.02	.02	.05	.02	.01	.01	.09	.01	.01	.01	.01	.02	.01	.01	.01	.02	.01	.01

D8. Including yourself, how many people in total live in your household?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Lives alone	340	89	152	92
	17%	13%	19%	18%
			a	a
2-3	1053	336	446	264
	51%	47%	56%	50%
			ac	
4-5	559	245	170	137
	27%	34%	22%	26%
		bc		
6+	100	45	21	31
	5%	6%	3%	6%
		b		b
NET: Lives with others	1713	626	637	432
	83%	87%	81%	82%
		bc		
Base for stats	2053	715	789	524
Mean Score	2.99	3.24	2.72	3.04
		b		b
Standard Deviation	2.556	2.345	2.580	2.751
Standard Error	.056	.086	.094	.119
Error variance	*	.01	.01	.01

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.

BASE: All who live with at least one other person

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	1723	767	949	685	617	421	93	227	152	215	163	156	272	298	147
Total	1713	788	918	583	598	531	81	217	162	176	139	207	276	281	174
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	397	157	239	174	144	79	22	59	42	50	24	43	87	53	19
	23%	20%	26%	30%	24%	15%	27%	27%	26%	28%	17%	21%	31%	19%	11%
			a	bc	c		i	ehi	i	ehi		i	efhi	i	
No	1271	612	654	388	440	443	58	152	117	121	112	159	178	222	153
	74%	78%	71%	67%	74%	83%	71%	70%	72%	69%	80%	77%	64%	79%	88%
		b			a	ab					bdg	g		bdg	abcdfgh
Prefer not to say	45	20	24	20	15	10	2	5	3	5	3	5	12	7	3
	3%	3%	3%	3%	3%	2%	2%	2%	2%	3%	2%	2%	4%	2%	2%

D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.

BASE: All who live with at least one other person

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	1723	178	388	414	260	213	270	980	743	1412	52	133	77	15	13	290
Total	1713	174	403	408	235	188	305	985	728	1430	48	119	69	14	12	263
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	397	67	91	82	46	42	68	240	157	313	20	25	26	7	4	82
	23%	38%	23%	20%	20%	23%	22%	24%	22%	22%	41%	21%	38%	47%	38%	31%
		bcdefgh									ac		ac			ac
No	1271	104	304	312	183	140	228	720	551	1095	26	90	38	8	6	169
	74%	60%	76%	76%	78%	74%	75%	73%	76%	77%	55%	76%	56%	53%	51%	64%
			a	a	a	a	a	a	a	bdg		bdg				
Prefer not to say	45	3	7	15	5	5	9	25	20	22	2	4	4	-	1	12
	3%	2%	2%	4%	2%	3%	3%	3%	3%	2%	4%	3%	6%	-	11%	4%
													a			a

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D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.

BASE: All who live with at least one other person

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	1723	959	328	314	642	49	113	676	243	52	43	95	126	127	199	162
Total	1713	932	349	334	683	45	105	649	228	48	44	87	99	126	282	149
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	397	155	100	111	211	18	46	136	59	15	9	30	13	29	41	64
	23%	17%	29%	33%	31%	40%	44%	21%	26%	30%	20%	35%	14%	23%	15%	43%
			a	a	a	cdfhij	cdfhij	j	hj	hj		chj		hj		cdfhij
No	1271	759	246	214	459	23	57	498	167	33	35	51	77	92	237	80
	74%	81%	70%	64%	67%	52%	54%	77%	73%	68%	80%	59%	78%	73%	84%	54%
		bcd						abgk	abgk		abgk		abgk	abgk	abcdegik	
Prefer not to say	45	17	3	9	12	4	2	15	2	1	-	5	9	5	4	5
	3%	2%	1%	3%	2%	8%	1%	2%	1%	1%	-	6%	9%	4%	1%	3%
						bcdj						cdj	bcdfj	d		d

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.
BASE: All who live with at least one other person

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	*a	b	c	d	e
Unweighted Total	1723	568	315	143	43	458	611	616	263	157	37	420	653	-	1027	585	111	1723
Total	1713	535	308	137	41	445	576	585	247	156	35	403	620	-	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	-	100%	100%	100%	100%
Yes	397	112	92	35	15	127	127	109	89	48	11	137	120	-	215	149	33	397
	23%	21%	30%	26%	37%	29%	22%	19%	36%	31%	32%	34%	19%	-	20%	27%	33%	23%
			af		af	af			af	af	a	af				b	be	
No	1271	413	213	101	23	315	436	466	155	106	23	260	489	-	816	395	60	1271
	74%	77%	69%	74%	56%	71%	76%	80%	62%	68%	66%	65%	79%	-	78%	71%	60%	74%
		bde		d		d	bd	bce					bce		cde	d		d
Prefer not to say	45	10	3	1	3	4	13	10	4	2	1	6	11	-	22	16	8	45
	3%	2%	1%	1%	7%	1%	2%	2%	1%	1%	2%	1%	2%	-	2%	3%	8%	3%
					abce												bce	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.

BASE: All who live with at least one other person

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	1723	413	1260	293	316	80	1075	597	82	1384	339	1493	211
Total	1713	397	1271	275	324	71	1084	582	80	1365	348	1502	193
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	397	397	-	112	107	39	166	225	27	318	79	351	45
	23%	100%	-	41%	33%	55%	15%	39%	34%	23%	23%	23%	23%
		b		bd	d	abdef		d	d				
No	1271	-	1271	158	212	31	904	348	53	1014	257	1123	143
	74%	-	100%	58%	65%	43%	83%	60%	66%	74%	74%	75%	74%
			a	c	ac		abcef	c	c				
Prefer not to say	45	-	-	4	4	2	15	10	-	33	12	28	5
	3%	-	-	2%	1%	3%	1%	2%	-	2%	3%	2%	2%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.

BASE: All who live with at least one other person

		Number of days active										Life satisfaction score				Covid-19 related worries			
	Total	0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	1723	269	154	273	366	220	198	70	173	1013	441	391	496	585	219	504	450	534	200
Total	1713	291	153	264	356	216	191	69	174	988	434	383	479	602	221	504	448	532	200
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	397	38	33	61	99	59	52	15	41	251	107	93	105	122	72	92	122	118	60
	23%	13%	21%	23%	28%	27%	27%	21%	23%	25%	25%	24%	22%	20%	33%	18%	27%	22%	30%
			a	a	a	a	a		a	a	a				abc		a		ac
No	1271	245	116	194	249	154	133	53	127	714	313	282	360	473	146	403	316	397	137
	74%	84%	76%	74%	70%	71%	69%	77%	73%	72%	72%	74%	75%	78%	66%	80%	71%	75%	69%
		bcdefhij											d	d		bcd			
Prefer not to say	45	7	4	9	8	3	6	2	6	23	14	8	14	8	3	9	10	16	2
	3%	3%	3%	3%	2%	1%	3%	2%	4%	2%	3%	2%	3%	1%	1%	2%	2%	3%	1%

D9. In your household, do you currently look after or care for a friend or family member who cannot fully look after themselves without your support? You indicated you have children aged 15 or under in your household, please note this should exclude them.

BASE: All who live with at least one other person

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	1723	648	611	443
Total	1713	626	637	432
	100%	100%	100%	100%
Yes	397	172	120	102
	23%	28%	19%	24%
		b		
No	1271	436	502	324
	74%	70%	79%	75%
			a	
Prefer not to say	45	17	14	5
	3%	3%	2%	1%

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053 100%	1003 100%	1043 100%	619 100%	674 100%	760 100%	98 100%	267 100%	202 100%	215 100%	177 100%	227 100%	323 100%	334 100%	210 100%
Yes - mental condition or illness	330 16%	116 12%	211 20% a	141 23% bc	123 18% c	66 9%	20 20% h	48 18% h	34 17%	28 13%	31 17%	41 18%	57 18% h	40 12%	31 15%
Yes - physical condition or illness	413 20%	219 22%	193 18%	91 15%	105 16%	218 29% ab	20 21%	55 21%	52 26% dh	34 16%	48 27% dghi	45 20%	61 19%	59 18%	39 18%
Yes - other	85 4%	36 4%	48 5%	40 6% bc	22 3%	23 3%	3 3%	12 4%	6 3%	13 6% h	5 3%	5 2%	24 7% cefh	8 2%	9 4%
No	1279 62%	652 65% b	627 60%	365 59%	441 65% a	474 62%	61 62%	160 60%	117 58%	141 66% eg	98 55%	149 66% e	183 57%	230 69% bceg	141 67% eg
Prefer not to say	56 3%	29 3%	26 3%	12 2%	24 4%	20 3%	2 2%	7 3%	7 4%	6 3%	7 4%	3 1%	11 3%	11 3%	2 1%
NET: Longstanding condition or illness	718 35%	322 32%	390 37% a	242 39% b	209 31%	267 35%	35 36%	100 37% h	78 39% h	67 31%	73 41% dh	75 33%	129 40% dh	94 28%	67 32%
NET: Longstanding physical and mental condition or illness	100 5%	45 4%	55 5%	25 4%	36 5%	38 5%	8 8% g	13 5%	14 7% g	8 4%	11 6%	15 6%	10 3%	11 3%	12 6%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	330	41	65	71	33	34	86	177	153	280	17	11	13	3	5	49
	16%	21%	15%	15%	13%	16%	18%	16%	16%	16%	29%	8%	17%	19%	39%	17%
		bcd									c	acg		c			c
Yes - physical condition or illness	413	27	54	74	45	43	170	155	258	372	10	17	12	-	1	39
	20%	14%	12%	16%	18%	20%	36%	14%	27%	21%	17%	13%	15%	-	6%	13%
				b		bg	abcdegh		abcdeg	cg						
Yes - other	85	15	11	20	10	10	18	46	39	62	5	9	6	3	-	23
	4%	8%	3%	4%	4%	5%	4%	4%	4%	4%	9%	7%	7%	16%	-	8%
		bfgh									a	a				a
No	1279	113	316	312	168	131	239	742	538	1093	25	90	47	10	7	179
	62%	60%	72%	65%	66%	61%	50%	67%	57%	63%	45%	69%	59%	65%	56%	61%
		f	acefh	fh	fh	f		afh	f	b		b				b
Prefer not to say	56	6	8	15	8	9	10	30	26	32	2	4	4	-	1	11
	3%	3%	2%	3%	3%	4%	2%	3%	3%	2%	4%	3%	5%	-	5%	4%
													a			a
NET: Longstanding condition or illness	718	71	117	150	79	76	225	338	380	609	29	37	28	5	5	104
	35%	37%	27%	31%	31%	35%	47%	30%	40%	35%	51%	28%	36%	35%	39%	35%
		b				b	abcdegh		bcdg		acg					
NET: Longstanding physical and mental condition or illness	100	7	12	14	10	11	46	33	67	95	2	-	2	-	1	4
	5%	4%	3%	3%	4%	5%	10%	3%	7%	5%	3%	-	2%	-	6%	2%
							abcdg		bcg	cg	c					

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	330	170	70	68	138	6	29	103	38	15	10	32	23	52	22	36
	16%	14%	20%	20%	20%	12%	27%	14%	15%	24%	19%	29%	22%	32%	5%	22%
			a	a	a		acdj	j	j	cj	j	acdj	cj	acdjk		cdj
Yes - physical condition or illness	413	303	51	52	103	15	28	76	40	8	9	31	9	67	132	42
	20%	24%	14%	16%	15%	28%	25%	10%	15%	13%	17%	28%	8%	41%	33%	26%
		bcd				cdeh	cdeh		c			cdeh		bcdefghk	cdefh	cdeh
Yes - other	85	46	11	16	27	3	10	17	15	6	5	9	6	3	10	13
	4%	4%	3%	5%	4%	6%	9%	2%	6%	10%	11%	8%	6%	2%	2%	8%
							cij		c	cij	cij	cij	c			cij
No	1279	785	229	208	437	29	48	543	165	38	29	50	64	63	250	77
	62%	62%	66%	62%	64%	55%	43%	74%	64%	59%	57%	45%	63%	39%	62%	47%
						i		abdefghijk	bgik	bi	i		bgik		bgik	
Prefer not to say	56	27	3	11	14	3	3	16	9	1	1	2	5	8	7	6
	3%	2%	1%	3%	2%	5%	3%	2%	4%	1%	3%	2%	5%	5%	2%	4%
				b												
NET: Longstanding condition or illness	718	448	117	116	234	21	60	174	85	26	20	59	34	91	148	81
	35%	36%	34%	35%	34%	40%	54%	24%	33%	40%	40%	53%	33%	56%	37%	49%
						c	cdhj		c	c	c	cdhj	c	acdefhj	c	cdhj
NET: Longstanding physical and mental condition or illness	100	66	14	17	31	1	5	20	7	5	3	12	3	30	14	7
	5%	5%	4%	5%	4%	2%	5%	3%	3%	7%	7%	11%	3%	19%	3%	4%
												c		abcdefhjk		
														cdhjk		

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	330	90	51	29	12	80	102	92	53	33	4	86	96	55	150	101	24	275
	16%	15%	15%	18%	25%	16%	16%	14%	19%	17%	11%	18%	14%	16%	14%	18%	24%	16%
									af			af					b	be
Yes - physical condition or illness	413	69	45	33	8	78	77	70	43	35	8	78	78	89	229	78	18	324
	20%	11%	13%	20%	17%	15%	12%	11%	15%	18%	21%	17%	11%	26%	22%	14%	18%	19%
				af					a	af	a	af		ce	c			c
Yes - other	85	13	19	11	9	30	22	15	18	15	4	33	19	14	33	27	11	71
	4%	2%	5%	7%	20%	6%	3%	2%	6%	8%	11%	7%	3%	4%	3%	5%	10%	4%
			a	af	abcef	af			af	af	af	af					abce	
No	1279	439	231	97	19	328	458	491	167	113	21	280	511	195	672	364	48	1084
	62%	73%	67%	59%	42%	64%	71%	75%	60%	59%	55%	59%	74%	57%	64%	65%	48%	63%
		cde	d	d		d	cde	bcde					bcde		ad	ad		ad
Prefer not to say	56	9	11	3	1	14	11	11	9	5	2	14	13	10	24	14	8	46
	3%	2%	3%	2%	3%	3%	2%	2%	3%	3%	5%	3%	2%	3%	2%	3%	8%	3%
																	abce	
NET: Longstanding condition or illness	718	155	102	66	25	168	180	156	104	73	15	177	171	135	357	181	45	582
	35%	26%	30%	40%	55%	33%	28%	24%	37%	38%	40%	38%	25%	40%	34%	32%	45%	34%
				abf	abef	af			af	af	af	af		ce			bce	
NET: Longstanding physical and mental condition or illness	100	16	12	7	1	19	17	20	9	8	-	17	20	20	51	23	6	80
	5%	3%	4%	4%	2%	4%	3%	3%	3%	4%	-	4%	3%	6%	5%	4%	6%	5%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	330	112	158	330	100	7	-	330	100	274	56	274	56
	16%	28%	12%	100%	24%	8%	-	46%	100%	17%	13%	16%	18%
		b		bcde	cd	d		bcd	bcde				
Yes - physical condition or illness	413	107	212	100	413	6	-	413	100	335	79	343	70
	20%	27%	17%	30%	100%	7%	-	58%	100%	21%	19%	20%	23%
		b		cd	acde	d		acd	acde				
Yes - other	85	39	31	7	6	85	-	85	2	65	20	54	29
	4%	10%	2%	2%	2%	100%	-	12%	2%	4%	5%	3%	10%
		b		d	d	abdef		abdf	d				a
No	1279	166	904	-	-	-	1279	-	-	1008	272	1117	159
	62%	42%	71%	-	-	-	100%	-	-	62%	64%	65%	52%
			a				abcef					b	
Prefer not to say	56	7	19	-	-	-	-	-	-	40	16	34	9
	3%	2%	2%	-	-	-	-	-	-	2%	4%	2%	3%
NET: Longstanding condition or illness	718	225	348	330	413	85	-	718	100	583	135	578	136
	35%	57%	27%	100%	100%	100%	-	100%	100%	36%	32%	33%	45%
		b		d	d	d		d	d				a
NET: Longstanding physical and mental condition or illness	100	27	53	100	100	2	-	100	100	81	18	83	16
	5%	7%	4%	30%	24%	2%	-	14%	100%	5%	4%	5%	5%
		b		cde	cde	d		cd	abcde				

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D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

	Total	\<Number of days active\> 0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	\<Life satisfaction score\> 0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	\<Covid-19 related worries\> 0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes - mental condition or illness	330	53	14	63	65	49	41	8	37	190	87	133	103	57	34	84	81	103	56
	16%	13%	8%	21%	16%	19%	20%	11%	17%	17%	17%	28%	18%	8%	13%	14%	16%	16%	22%
		b		abg	b	b	ab		b	b	b	bcd	c		c				abc
Yes - physical condition or illness	413	133	40	63	70	38	32	4	33	211	69	146	109	111	43	101	83	150	73
	20%	34%	22%	21%	17%	14%	15%	5%	15%	18%	14%	30%	19%	15%	17%	17%	16%	24%	29%
		bcdefghij	egj	egj	g	g	g		g	gj	g	bcd						ab	ab
Yes - other	85	12	3	17	22	15	3	2	9	58	15	24	32	23	5	23	25	20	16
	4%	3%	2%	6%	5%	6%	2%	3%	4%	5%	3%	5%	6%	3%	2%	4%	5%	3%	6%
				bfj	bf	bfj				f		d	cd						c
No	1279	211	128	170	257	166	138	62	147	721	347	220	328	538	181	422	332	381	127
	62%	53%	70%	56%	64%	64%	65%	80%	66%	63%	68%	46%	58%	74%	71%	69%	64%	60%	50%
			ac		ac	a	ac	acdefhij	ac	ac	aci		a	ab	ab	cd	d	d	
Prefer not to say	56	13	4	10	10	5	5	3	5	30	13	15	17	10	3	10	10	21	7
	3%	3%	2%	3%	3%	2%	3%	4%	2%	3%	3%	3%	3%	1%	1%	2%	2%	3%	3%
												c	c						
NET: Longstanding condition or illness	718	173	51	121	133	90	68	12	69	395	150	248	217	175	71	180	175	232	121
	35%	43%	28%	40%	33%	34%	32%	16%	31%	34%	29%	51%	39%	24%	28%	29%	34%	37%	47%
		bdefghij	g	bghj	g	g	g		g	gj	g	bcd	cd					a	abc
NET: Longstanding physical and mental condition or illness	100	24	6	20	20	11	9	1	9	56	20	52	23	13	10	28	11	36	22
	5%	6%	3%	7%	5%	4%	4%	2%	4%	5%	4%	11%	4%	2%	4%	5%	2%	6%	8%
												bcd	c			b		b	ab

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D10. Do you have a longstanding physical or mental condition or illness that has lasted or is likely to last 12 months and which has a substantial adverse effect on your ability to carry out day-to-day activities?

BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Yes - mental condition or illness	330	133	95	96
	16%	19%	12%	18%
		b		b
Yes - physical condition or illness	413	122	156	132
	20%	17%	20%	25%
				ab
Yes - other	85	30	33	22
	4%	4%	4%	4%
No	1279	451	525	297
	62%	63%	67%	57%
		c	c	
Prefer not to say	56	15	22	11
	3%	2%	3%	2%
NET: Longstanding condition or illness	718	249	242	216
	35%	35%	31%	41%
				ab
NET: Longstanding physical and mental condition or illness	100	31	37	31
	5%	4%	5%	6%

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1734	887	844	452	558	724	91	239	178	175	146	214	192	300	198
	84%	88%	81%	73%	83%	95%	93%	90%	88%	82%	83%	94%	59%	90%	94%
		b			a	ab	deg	deg	g	g	g	deg		deg	cdeg
Mixed	57	16	41	38	14	5	2	6	6	5	4	6	19	7	1
	3%	2%	4%	6%	2%	1%	2%	2%	3%	2%	2%	3%	6%	2%	1%
			a	bc	c								bdehi		
Asian	131	54	76	68	51	12	-	10	13	21	11	5	56	11	5
	6%	5%	7%	11%	8%	2%	-	4%	7%	10%	6%	2%	17%	3%	2%
				bc	c			a	afi	abfhi	a		abcdefhi		
Black	79	26	53	45	27	7	2	6	1	8	9	2	38	9	4
	4%	3%	5%	7%	4%	1%	2%	2%	*	4%	5%	1%	12%	3%	2%
			a	bc	c					c	cf		abcdefhi		
Chinese	16	6	9	4	9	2	1	1	2	2	1	-	4	4	1
	1%	1%	1%	1%	1%	*	1%	1%	1%	1%	*	-	1%	1%	*
					c										
Other ethnic group	13	2	11	4	7	1	1	2	-	1	2	-	4	3	-
	1%	*	1%	1%	1%	*	1%	1%	-	1%	1%	-	1%	1%	-
			a		c										
Prefer not to answer	24	12	10	7	8	9	1	3	1	2	5	-	9	2	1
	1%	1%	1%	1%	1%	1%	1%	1%	*	1%	3%	-	3%	1%	*
											fh		fh		
NET: Non-white	295	103	189	160	108	27	5	25	22	37	26	13	122	32	11
	14%	10%	18%	26%	16%	4%	5%	9%	11%	17%	15%	6%	38%	10%	5%
			a	bc	c				i	abfhi	afi		abcdefhi		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

		Social Grade								Ethnicity						
	Total	Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1734	141	352	395	219	183	444	888	846	1734	-	-	-	-	-	-
	84%	74%	80%	83%	86%	85%	94%	80%	90%	100%	-	-	-	-	-	-
				a	abg	a	abcdegh		abceg	bcdg						
Mixed	57	9	15	18	4	4	7	41	15	-	57	-	-	-	-	57
	3%	5%	3%	4%	1%	2%	1%	4%	2%	-	100%	-	-	-	-	19%
		dfh	h	fh				dfh			acdg					acd
Asian	131	22	38	30	15	17	10	89	42	-	-	131	-	-	-	131
	6%	11%	9%	6%	6%	8%	2%	8%	4%	-	-	100%	-	-	-	45%
		cdfh	fh	f	f	fh		fh	f			abdg				abd
Black	79	11	22	20	12	4	9	54	25	-	-	-	79	-	-	79
	4%	6%	5%	4%	5%	2%	2%	5%	3%	-	-	-	100%	-	-	27%
		efh	fh	f	f			efh					abcg			abc
Chinese	16	2	5	4	1	3	1	11	4	-	-	-	-	16	-	16
	1%	1%	1%	1%	*	1%	*	1%	*	-	-	-	-	100%	-	5%
																acd
Other ethnic group	13	2	3	4	1	2	1	9	4	-	-	-	-	-	13	13
	1%	1%	1%	1%	*	1%	*	1%	*	-	-	-	-	-	100%	4%
																acd
Prefer not to answer	24	3	6	7	3	2	3	16	8	-	-	-	-	-	-	-
	1%	2%	1%	1%	1%	1%	1%	1%	1%	-	-	-	-	-	-	-
NET: Non-white	295	46	83	75	32	30	28	205	90	-	57	131	79	16	13	295
	14%	24%	19%	16%	13%	14%	6%	18%	10%	-	100%	100%	100%	100%	100%	100%
		cdefh	dfh	fh	f	fh		dfh	f		a	a	a			a

Savanta: ComRes

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

		Children aged 15 or under in the household				Current employment status										
	Total	None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1734	1120	294	251	545	41	81	610	213	55	38	91	63	147	394	122
	84%	89%	84%	75%	80%	78%	73%	83%	82%	86%	74%	82%	62%	91%	97%	75%
		bcd	c			h		bhk	bh	bh		h		abcdfghk	abcdefghik	h
Mixed	57	29	10	14	24	2	7	22	8	2	2	2	7	4	2	9
	3%	2%	3%	4%	4%	3%	6%	3%	3%	4%	3%	2%	6%	2%	*	5%
				a		j	j	j	j	j	j		cj	j		j
Asian	131	55	30	34	64	3	13	59	21	3	4	8	12	4	4	16
	6%	4%	8%	10%	9%	6%	12%	8%	8%	4%	8%	7%	12%	2%	1%	10%
			a	a	a	j	ij	ij	ij	j	j	ij	ij			ij
Black	79	33	10	24	34	3	9	28	9	4	4	3	14	3	2	12
	4%	3%	3%	7%	5%	6%	8%	4%	3%	6%	7%	3%	13%	2%	*	7%
				ab	a	j	cdij	j	j	j	j	j	cdgij			cij
Chinese	16	5	1	8	9	-	1	6	3	-	2	1	1	-	2	1
	1%	*	*	2%	1%	-	1%	1%	1%	-	5%	1%	1%	-	*	1%
				ab	a						cijk					
Other ethnic group	13	6	4	3	6	2	-	4	2	-	1	1	1	2	-	2
	1%	*	1%	1%	1%	3%	-	1%	1%	-	2%	1%	1%	1%	-	1%
						cj					j					
Prefer not to answer	24	12	1	1	2	2	-	5	2	-	1	4	5	2	3	2
	1%	1%	*	*	*	4%	-	1%	1%	-	2%	3%	5%	1%	1%	1%
						bc						bcj	bcdj			
NET: Non-white	295	128	54	83	137	10	30	119	43	9	12	16	34	13	9	39
	14%	10%	16%	25%	20%	18%	27%	16%	17%	14%	24%	15%	34%	8%	2%	24%
			a	ab	a	ij	cdegij	ij	ij	j	ij	j	acdegij	j		cgij

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1734	516	274	126	30	400	546	573	200	151	26	351	598	304	948	430	53	1430
	84%	86%	80%	76%	66%	78%	84%	87%	71%	79%	68%	75%	86%	89%	90%	77%	53%	83%
		bcde	d				cde	bcde					bcde	cde	cde	d		cd
Mixed	57	11	15	11	2	25	14	17	15	7	1	22	18	8	23	19	6	48
	3%	2%	4%	6%	5%	5%	2%	3%	5%	4%	2%	5%	3%	2%	2%	3%	6%	3%
			af	af		af			af				f				be	be
Asian	131	46	30	18	5	48	51	40	39	16	5	55	44	12	42	56	22	119
	6%	8%	9%	11%	11%	9%	8%	6%	14%	9%	13%	12%	6%	3%	4%	10%	22%	7%
									af			af				abe	abce	ab
Black	79	19	20	8	4	28	24	16	20	10	6	30	22	9	16	39	14	69
	4%	3%	6%	5%	9%	5%	4%	3%	7%	5%	15%	6%	3%	3%	2%	7%	14%	4%
					a				af		acef	af				abe	abce	b
Chinese	16	3	1	2	4	3	7	5	3	3	-	6	5	1	5	6	3	14
	1%	1%	*	1%	8%	1%	1%	1%	1%	2%	-	1%	1%	*	1%	1%	3%	1%
					abcef												abe	
Other ethnic group	13	1	3	1	-	4	1	-	3	2	1	5	1	1	5	7	-	12
	1%	*	1%	*	-	1%	*	-	1%	1%	2%	1%	*	*	*	1%	-	1%
									af	af	af	af						
Prefer not to answer	24	5	2	-	-	2	5	6	-	1	-	1	6	5	14	3	2	20
	1%	1%	*	-	-	*	1%	1%	-	*	-	*	1%	1%	1%	1%	2%	1%
NET: Non-white	295	82	69	40	15	109	98	79	80	39	12	119	91	32	91	126	45	263
	14%	14%	20%	24%	34%	21%	15%	12%	29%	20%	32%	25%	13%	9%	9%	23%	45%	15%
			af	af	abef	af			acf	af	af	af				abe	abce	ab

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
White	1734 84%	313 79% a	1095 86%	280 85% c	372 90% acde	62 73%	1093 85% c	609 85% c	95 95% acde	1359 83%	375 89% a	1491 86%	238 78% b
Mixed	57 3%	20 5% b	26 2%	17 5% d	10 2%	5 6% d	25 2%	29 4% d	2 2%	47 3%	9 2%	47 3%	9 3%
Asian	131 6%	25 6%	90 7%	11 3%	17 4% f	9 11% abef	90 7% abf	37 5% f	- -	119 7% b	13 3%	97 6%	33 11% a
Black	79 4%	26 7% b	38 3%	13 4%	12 3%	6 7%	47 4%	28 4%	2 2%	69 4%	10 2%	61 4%	14 5%
Chinese	16 1%	7 2% b	8 1%	3 1%	- -	3 3% bde	10 1%	5 1%	- -	10 1%	6 1%	11 1%	4 1%
Other ethnic group	13 1%	4 1%	6 *	5 2% b	1 *	- -	7 1%	5 1%	1 1%	11 1%	2 *	10 1%	2 1%
Prefer not to answer	24 1%	1 *	7 1%	2 *	2 1%	- -	7 1%	4 1%	- -	17 1%	7 2%	13 1%	4 1%
NET: Non-white	295 14%	82 21% b	169 13%	49 15% bf	39 9%	23 27% abdef	179 14% bf	104 15% bf	4 5%	255 16% b	39 9%	226 13%	61 20% a

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

	Total	Number of days active								NET 1-4 days	NET 5 + days	Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7			0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
White	1734	372	161	243	320	212	173	58	195	936	426	405	460	634	219	531	427	536	217
	84%	94%	88%	81%	80%	81%	82%	76%	88%	82%	83%	84%	82%	88%	86%	87%	83%	85%	85%
		bcdefghij	cdgi						cdegi					b					
Mixed	57	3	4	8	18	11	6	4	2	41	12	16	19	15	5	19	16	18	4
	3%	1%	2%	3%	4%	4%	3%	6%	1%	4%	2%	3%	3%	2%	2%	3%	3%	3%	2%
					ah	ah	a	ah		ah									
Asian	131	11	6	28	33	21	14	7	11	88	32	29	43	43	14	27	35	45	22
	6%	3%	3%	9%	8%	8%	7%	9%	5%	8%	6%	6%	8%	6%	6%	4%	7%	7%	9%
				ab	ab	ab	a	a		ab	a							a	a
Black	79	7	6	16	19	13	8	3	6	54	18	22	25	18	12	24	21	22	7
	4%	2%	3%	5%	5%	5%	4%	4%	3%	5%	4%	5%	4%	2%	5%	4%	4%	4%	3%
				a	a	a				a		c							
Chinese	16	-	3	1	4	3	4	1	1	11	5	2	5	8	1	5	8	3	-
	1%	-	2%	*	1%	1%	2%	1%	*	1%	1%	*	1%	1%	*	1%	2%	1%	-
			a				a										d		
Other ethnic group	13	-	2	1	4	-	1	3	2	7	5	1	4	4	2	1	6	2	2
	1%	-	1%	*	1%	-	*	3%	1%	1%	1%	*	1%	1%	1%	*	1%	*	1%
			a					acefi			a						a		
Prefer not to answer	24	4	-	4	3	3	6	1	4	9	11	7	6	1	2	6	3	6	3
	1%	1%	-	1%	1%	1%	3%	1%	2%	1%	2%	1%	1%	*	1%	1%	1%	1%	1%
							bdi				bi	c	c						
NET: Non-white	295	21	22	55	77	47	33	18	22	201	73	71	96	88	34	75	86	91	35
	14%	5%	12%	18%	19%	18%	16%	23%	10%	18%	14%	15%	17%	12%	13%	12%	17%	14%	14%
			a	ah	abhj	ah	a	abhj	a	ah	a		c				a		

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D11. To which of the following ethnic groups do you consider you belong?
BASE: All respondents

	Total	Amount of activity now compared to last year		
		NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
White	1734	579	702	442
	84%	81%	89%	84%
			ac	
Mixed	57	25	11	21
	3%	3%	1%	4%
		b		b
Asian	131	60	42	25
	6%	8%	5%	5%
		bc		
Black	79	31	20	25
	4%	4%	3%	5%
				b
Chinese	16	4	5	6
	1%	1%	1%	1%
Other ethnic group	13	7	2	2
	1%	1%	*	*
Prefer not to answer	24	9	7	3
	1%	1%	1%	1%
NET: Non-white	295	127	80	79
	14%	18%	10%	15%
		b		b

Savanta:
ComRes

D12. Which of the following best describes where you live?
BASE: All respondents

	Total	Gender		Age			Region								
		Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	784	419	361	257	285	242	31	95	71	88	56	62	225	102	55
	38%	42%	35%	41%	42%	32%	31%	36%	35%	41%	32%	27%	70%	30%	26%
		b		c	c			i		efhi			abcdefhi		
Urban - Town and Fringe	847	391	454	240	279	328	46	132	80	85	79	92	86	153	96
	41%	39%	43%	39%	41%	43%	46%	49%	39%	40%	44%	40%	27%	46%	46%
			a				g	cdg	g	g	g	g		g	g
Rural - Village	393	180	213	117	103	172	22	37	48	39	38	67	13	72	56
	19%	18%	20%	19%	15%	23%	22%	14%	24%	18%	22%	30%	4%	21%	27%
						b	bg	g	bg	g	bg	bdgh		bg	bdg
Rural - Hamlet and Isolated Dwelling	29	12	16	5	7	18	-	3	3	3	4	6	-	8	3
	1%	1%	2%	1%	1%	2%	-	1%	1%	1%	2%	3%	-	2%	2%
						a		g	g	g	g	g		g	g
NET: Urban	1631	810	815	497	564	570	76	227	150	173	135	154	311	255	150
	79%	81%	78%	80%	84%	75%	78%	85%	75%	80%	76%	68%	96%	76%	72%
				c	c			cefhi		fi			abcdefhi	f	
NET: Rural	422	193	228	122	110	190	22	40	51	42	42	73	13	79	59
	21%	19%	22%	20%	16%	25%	22%	15%	25%	20%	24%	32%	4%	24%	28%
						ab	g	g	bg	g	bg	bdgh		bg	bdg

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D12. Which of the following best describes where you live?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	784	87	184	186	97	73	156	458	326	612	27	76	44	7	6	160
	38%	46%	42%	39%	38%	34%	33%	41%	35%	35%	48%	58%	56%	47%	49%	54%
		efh	fh					efh				a	a	a		a
Urban - Town and Fringe	847	72	169	197	103	107	201	437	410	747	20	43	25	3	4	95
	41%	38%	38%	41%	40%	50%	42%	39%	43%	43%	36%	32%	32%	18%	35%	32%
						abcdg				cdg						
Rural - Village	393	29	86	91	52	30	105	206	187	352	9	11	10	5	2	37
	19%	15%	19%	19%	20%	14%	22%	19%	20%	20%	17%	8%	13%	29%	16%	12%
							e		e	cg						
Rural - Hamlet and Isolated Dwelling	29	2	3	3	3	5	13	8	21	23	-	2	-	1	-	3
	1%	1%	1%	1%	1%	2%	3%	1%	2%	1%	-	1%	-	6%	-	1%
							g	bcg	bcg							
NET: Urban	1631	159	353	383	200	180	356	895	736	1359	47	119	69	10	11	255
	79%	84%	80%	80%	78%	84%	75%	81%	78%	78%	83%	90%	87%	65%	84%	87%
		f				f		f				a	a			a
NET: Rural	422	31	89	94	55	35	118	214	208	375	9	13	10	6	2	39
	21%	16%	20%	20%	22%	16%	25%	19%	22%	22%	17%	10%	13%	35%	16%	13%
							aeg			cdg						

D12. Which of the following best describes where you live?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time-working 30 hours per week or more	Working part time-working between 8 and 29 hours per week	Self-employed-working 30 hours per week or more	Self-employed-working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	784	446	146	147	293	29	56	307	88	30	25	44	41	54	109	85
	38%	35%	42%	44%	43%	55%	50%	42%	34%	47%	49%	40%	40%	33%	27%	52%
			a	a	a	cdhij	dij	dij		dij	dij	j	j			cdghij
Urban - Town and Fringe	847	525	148	135	284	18	39	302	105	22	18	47	44	72	180	57
	41%	42%	42%	40%	41%	33%	36%	41%	40%	34%	36%	43%	43%	44%	44%	35%
																k
Rural - Village	393	271	53	47	100	6	16	119	60	12	8	16	17	35	105	22
	19%	21%	15%	14%	15%	11%	14%	16%	23%	18%	15%	14%	17%	21%	26%	13%
		bcd							abcgk					k	abcghk	
Rural - Hamlet and Isolated Dwelling	29	19	3	6	8	-	-	6	6	-	-	4	1	2	11	-
	1%	1%	1%	2%	1%	-	-	1%	2%	-	-	4%	1%	1%	3%	-
									k			bck			ck	
NET: Urban	1631	971	294	282	576	47	95	609	193	53	43	91	85	126	289	142
	79%	77%	84%	84%	84%	89%	86%	83%	74%	82%	85%	82%	83%	77%	71%	87%
			a	a	a	dj	dj	dj			j	j	j			dij
NET: Rural	422	290	56	53	109	6	16	125	66	12	8	20	18	37	116	22
	21%	23%	16%	16%	16%	11%	14%	17%	26%	18%	15%	18%	17%	23%	29%	13%
		bcd							abck					k	abcfghk	

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D12. Which of the following best describes where you live?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	784	257	133	78	16	212	273	261	132	78	16	210	277	137	362	244	41	647
	38%	43%	39%	47%	35%	42%	42%	40%	47% af	41%	43%	45%	40%	40%	34%	44% be	41%	38%
Urban - Town and Fringe	847	242	151	58	16	208	258	278	103	75	13	178	290	129	455	226	37	718
	41%	40%	44% c	35%	34%	41%	40%	42%	37%	39%	33%	38%	42%	38%	43%	40%	37%	42%
Rural - Village	393	98	55	30	14	85	112	109	45	36	9	82	118	70	221	84	18	323
	19%	16%	16%	18%	31% abef	17%	17%	17%	16%	19%	24%	17%	17%	20% c	21% c	15%	18%	19% c
Rural - Hamlet and Isolated Dwelling	29	6	5	-	-	5	6	10	1	1	-	2	10	5	15	5	5	24
	1%	1%	1%	-	-	1%	1%	2%	*	1%	-	*	1%	1%	1%	1%	5% abce	1%
NET: Urban	1631	499	284	136	32	420	531	539	234	153	29	387	568	266	817	471	78	1365
	79%	83% d	83% d	82%	69%	82% d	82% d	82%	84%	80%	76%	82%	82%	78%	78%	84% abe	77%	80%
NET: Rural	422	104	60	30	14	90	119	119	46	38	9	83	128	74	236	89	23	348
	21%	17%	17%	18%	31% abef	18%	18%	18%	16%	20%	24%	18%	18%	22% c	22% c	16%	23%	20% c

D12. Which of the following best describes where you live?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053 100%	397 100%	1271 100%	330 100%	413 100%	85 100%	1279 100%	718 100%	100 100%	1631 100%	422 100%	1730 100%	303 100%
Urban - Population over 10,000	784 38%	167 42% b	462 36%	143 43% d	169 41%	28 33%	468 37%	293 41%	46 46%	784 48% b	- -	626 36%	151 50% a
Urban - Town and Fringe	847 41%	151 38%	552 43%	130 39%	166 40%	37 43%	540 42%	290 40%	35 35%	847 52% b	- -	741 43% b	100 33%
Rural - Village	393 19%	75 19%	238 19%	56 17%	76 19%	18 21%	251 20%	131 18%	18 18%	- -	393 93% a	339 20%	48 16%
Rural - Hamlet and Isolated Dwelling	29 1%	4 1%	19 1%	1 *	2 1%	2 2% a	20 2% ae	4 1%	1 1%	- -	29 7% a	23 1%	4 1%
NET: Urban	1631 79%	318 80%	1014 80%	274 83%	335 81%	65 76%	1008 79%	583 81%	81 82%	1631 100% b	- -	1367 79%	251 83%
NET: Rural	422 21%	79 20%	257 20%	56 17%	79 19%	20 24%	272 21%	135 19%	18 18%	- -	422 100% a	363 21%	52 17%

D12. Which of the following best describes where you live?
BASE: All respondents

	Total	Number of days active											Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Urban - Population over 10,000	784	139	65	113	164	96	84	28	95	438	207	178	216	260	115	244	185	221	124
	38%	35%	36%	38%	41%	37%	40%	36%	43%	38%	41%	37%	38%	36%	45% ac	40%	36%	35%	49% abc
Urban - Town and Fringe	847	172	79	113	162	123	88	28	82	477	198	207	237	299	93	248	216	282	86
	41%	43%	43%	37%	40%	47% chj	42%	36%	37%	42%	39%	43%	42%	41%	37%	41%	42% d	44% d	34%
Rural - Village	393	73	33	72	75	43	38	20	38	223	97	92	101	152	44	114	109	120	41
	19%	18%	18%	24% e	19%	17%	18%	26%	17%	19%	19%	19%	18%	21%	17%	19%	21%	19%	16%
Rural - Hamlet and Isolated Dwelling	29	12	6	3	-	-	2	1	6	9	8	6	8	12	2	6	7	12	3
	1%	3% dei	3% dei	1% d	-	-	1%	1% d	3% dei	1%	2% de	1%	1%	2%	1%	1%	1%	2%	1%
NET: Urban	1631	312	145	226	325	218	172	56	177	914	405	385	453	559	209	492	400	503	211
	79%	79%	79%	75%	81% c	83% cg	81%	72%	80%	80%	79%	80%	81%	77%	82%	80%	77%	79%	83%
NET: Rural	422	85	39	75	75	43	40	21	44	232	105	98	109	164	46	120	116	131	44
	21%	21%	21%	25% de	19%	17%	19%	28% e	20%	20%	21%	20%	19%	23%	18%	20%	23%	21%	17%

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D12. Which of the following best describes where you live?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Urban - Population over 10,000	784	309	274	193
	38%	43%	35%	37%
		bc		
Urban - Town and Fringe	847	278	338	225
	41%	39%	43%	43%
Rural - Village	393	126	164	98
	19%	18%	21%	19%
Rural - Hamlet and Isolated Dwelling	29	3	13	9
	1%	*	2%	2%
			a	a
NET: Urban	1631	586	612	417
	79%	82%	78%	80%
		b		
NET: Rural	422	129	177	107
	21%	18%	22%	20%
			a	

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Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

		Gender		Age			Region								
	Total	Male	Female	16-34	35-54	55+	North East	North West	Yorkshire and the Humber	West Midlands	East Midlands	East of England	London	South East	South West
Significance Level: 95%		a	b	a	b	c	a	b	c	d	e	f	g	h	i
Unweighted Total	2053	976	1070	733	713	607	110	275	187	259	205	171	319	350	177
Total	2053	1003	1043	619	674	760	98	267	202	215	177	227	323	334	210
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	839	886	506	565	659	87	237	174	178	146	206	249	287	166
	84%	84%	85%	82%	84%	87%	88%	89%	86%	83%	83%	91%	77%	86%	79%
						a	gi	gi	g			degi		g	
No	303	152	149	104	104	95	11	29	26	33	28	20	68	45	43
	15%	15%	14%	17%	15%	13%	12%	11%	13%	15%	16%	9%	21%	13%	20%
				c						f	f		abcfh		bfh
Prefer not to say	20	11	9	9	5	6	-	1	1	3	3	2	7	2	1
	1%	1%	1%	1%	1%	1%	-	*	1%	2%	2%	1%	2%	1%	*
													b		

D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

	Total	Social Grade								Ethnicity						
		Social Grade A	Social Grade B	Social Grade C1	Social Grade C2	Social Grade D	Social Grade E	NET: ABC1	NET: C2DE	White	Mixed	Asian	Black	Chinese	Other ethnic group	NET: Non-white
Significance Level: 95%		a	b	c	d	e	f	g	h	a	b	c	d	*e	*f	g
Unweighted Total	2053	195	429	483	285	245	416	1107	946	1702	61	145	88	17	14	325
Total	2053	190	442	477	255	215	474	1109	944	1734	57	131	79	16	13	295
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	173	389	385	220	174	388	947	782	1491	47	97	61	11	10	226
	84%	91%	88%	81%	86%	81%	82%	85%	83%	86%	83%	74%	78%	70%	83%	77%
		cefgh	cefh		c			c		cdg						
No	303	16	50	83	34	39	81	149	154	238	9	33	14	4	2	61
	15%	8%	11%	17%	14%	18%	17%	13%	16%	14%	16%	25%	18%	24%	12%	21%
				abg		ab	ab	a	ab			a				a
Prefer not to say	20	1	2	9	-	2	6	12	8	5	1	2	3	1	1	7
	1%	1%	1%	2%	-	1%	1%	1%	1%	*	2%	1%	4%	6%	5%	3%
				d									a			a

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D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

	Total	Children aged 15 or under in the household				Current employment status										
		None	1 child	2 or more children	NET: Yes	Currently furloughed	Reduced hours/ employers imposed temporary leave of absence because of the Coronavirus	Working full time- working 30 hours per week or more	Working part time- working between 8 and 29 hours per week	Self-employed- working 30 hours per week or more	Self-employed- working between 8 and 29 hours per week	Not working but seeking work or temporarily unemployed or sick	Student	Not working and not seeking work	Retired	NET: Furloughed or reduced hours or temporary leave because of coronavirus pandemic
Significance Level: 95%		a	b	c	d	a	b	c	d	e	f	g	h	i	j	k
Unweighted Total	2053	1277	329	315	644	58	120	775	272	69	49	126	130	165	289	178
Total	2053	1261	350	335	685	53	111	733	259	65	51	111	102	163	405	163
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	1049	311	291	602	43	93	625	222	51	40	79	82	135	361	136
	84%	83%	89%	87%	88%	81%	84%	85%	86%	79%	79%	71%	80%	83%	89%	83%
			a		a			g	g					g	efgh	g
No	303	202	39	40	79	6	16	105	37	14	11	32	15	26	41	23
	15%	16%	11%	12%	12%	12%	15%	14%	14%	21%	21%	29%	15%	16%	10%	14%
		bd								j	j	abcdhijk				
Prefer not to say	20	10	-	4	4	4	2	4	1	-	-	1	5	2	3	5
	1%	1%	-	1%	1%	7%	1%	1%	*	-	-	1%	5%	1%	1%	3%
				b		cdegij							cdgij			cdj

D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

	Total	Nature of working location						Nature of working hours						Number of people in household including self				
		I mostly travelled to work pre-Covid-19, and this is mostly still the case	I mostly travelled to work pre-Covid-19, but now I work more from home	I mostly worked from home pre-Covid-19, and this is mostly still the case	I mostly worked from home pre-Covid-19, but now I travel to work more	NET: Working from home more during COVID-19	NET: Mostly travelling to work during COVID-19	I mostly worked standard hours pre-Covid-19 and this is still the case	I mostly worked standard hours pre-Covid-19, but now I work more flexible hours	I mostly worked flexible hours pre-Covid-19, and this is still the case	I mostly worked flexible hours pre-Covid-19, but now I work more standard hours	NET: Working more flexible hours during COVID-19	NET: Mostly working standard hours during COVID-19	Lives alone	2-3	4-5	6+	NET: Lives with others
Significance Level: 95%		a	b	c	d	e	f	a	b	c	d	e	f	a	b	c	d	e
Unweighted Total	2053	643	355	172	49	527	692	698	298	191	41	489	739	330	1027	585	111	1723
Total	2053	603	344	166	46	510	649	658	280	191	38	471	695	340	1053	559	100	1713
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	528	293	131	31	423	559	568	238	149	30	387	598	227	922	500	81	1502
	84%	88%	85%	79%	67%	83%	86%	86%	85%	78%	79%	82%	86%	67%	88%	89%	80%	88%
		cde	d			d	cd	ce					c		ad	ad	a	ad
No	303	73	50	35	14	84	88	87	40	41	7	82	94	110	124	52	17	193
	15%	12%	14%	21%	31%	17%	13%	13%	14%	22%	19%	17%	14%	32%	12%	9%	17%	11%
				af	abef	a				abf				bcde				c
Prefer not to say	20	2	2	1	1	2	3	2	2	1	1	3	3	3	7	7	3	17
	1%	*	1%	*	2%	*	*	*	1%	*	2%	1%	*	1%	1%	1%	3%	1%
																	b	

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

	Total	Care responsibilities in household not including children		Longstanding condition or illness						Area		Access to private outdoor space	
		Yes	No	Mental condition or illness	Physical condition or illness	Other	No	NET: Yes longstanding condition or illness	NET: Longstanding physical and mental condition or illness	Urban	Rural	Yes	No
Significance Level: 95%		a	b	a	b	c	d	e	f	a	b	a	b
Unweighted Total	2053	413	1260	355	394	93	1266	726	104	1649	404	1709	322
Total	2053	397	1271	330	413	85	1279	718	100	1631	422	1730	303
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	351	1123	274	343	54	1117	578	83	1367	363	1730	-
	84%	88%	88%	83%	83%	63%	87%	81%	84%	84%	86%	100%	-
				c	c		abce	c	c			b	
No	303	45	143	56	70	29	159	136	16	251	52	-	303
	15%	11%	11%	17%	17%	34%	12%	19%	16%	15%	12%	-	100%
				d	d	abdef		d					a
Prefer not to say	20	1	5	-	1	2	4	3	-	13	7	-	-
	1%	*	*	-	*	3%	*	*	-	1%	2%	-	-
						abde							

Sport England: Survey into adult physical activity attitudes and behaviour ~ Fieldwork dates: 23rd July - 26th July 2021

D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

	Total	Number of days active										Life satisfaction score				Covid-19 related worries			
		0	1	2	3	4	5	6	7	NET 1-4 days	NET 5 + days	0-4 (low)	5-6 (medium)	7-8 (high)	9-10 (very high)	0-4 (not worried)	5-6 (medium)	7-8 (very worried)	9-10 (most worried)
Significance Level: 95%		a	b	c	d	e	f	g	h	i	j	a	b	c	d	a	b	c	d
Unweighted Total	2053	364	183	313	412	269	218	78	216	1177	512	490	581	695	251	612	519	626	254
Total	2053	397	183	301	400	262	212	77	221	1146	510	482	562	722	255	612	516	634	255
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	1730	311	152	255	344	219	193	66	189	970	448	388	466	638	224	513	420	560	214
	84%	78%	83%	85%	86%	84%	91%	86%	85%	85%	88%	80%	83%	88%	88%	84%	81%	88%	84%
				a	a		abcdehi		a	a	a			ab	a			ab	
No	303	79	31	42	54	40	14	11	33	167	57	90	92	84	29	94	92	71	39
	15%	20%	17%	14%	13%	15%	7%	14%	15%	15%	11%	19%	16%	12%	12%	15%	18%	11%	15%
		cdfij	f	f	f	f		f	f	f		cd	c			c	c		
Prefer not to say	20	6	1	4	3	2	4	-	-	9	4	5	4	1	1	4	4	2	2
	1%	2%	*	1%	1%	1%	2%	-	-	1%	1%	1%	1%	*	*	1%	1%	*	1%
							h					c							

D12B. In your home, do you have access to a garden or your own other outdoor space you can use for exercise?
BASE: All respondents

		Amount of activity now compared to last year		
	Total	NET: More	About the same	NET: Less
Significance Level: 95%		a	b	c
Unweighted Total	2053	743	751	532
Total	2053	715	789	524
	100%	100%	100%	100%
Yes	1730	630	670	420
	84%	88%	85%	80%
		c	c	
No	303	79	114	102
	15%	11%	14%	19%
			a	ab
Prefer not to say	20	6	5	3
	1%	1%	1%	1%