

# Leonard Cheshire Disability – Disability and Exercise

## METHODOLOGY NOTE

ComRes interviewed 2,051 GB adults online aged 18+, 474 of whom are disabled, between 14th and 15th October 2015. ComRes is a member of the British Polling Council and abides by its rules.

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## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 1

**Q.1 In the past week, on how many days, if any, have you done a total of 30 minutes or more of moderate intensity physical activity?**

**Base: All respondents**

|                    | Gender     |            | Age        |           |           |           |            |            | Social Grade |            |            |            | Employment Sector |           |            |
|--------------------|------------|------------|------------|-----------|-----------|-----------|------------|------------|--------------|------------|------------|------------|-------------------|-----------|------------|
|                    | Total      | Male       | Female     | 18-24     | 25-34     | 35-44     | 45-54      | 55-64      | 65+          | AB         | C1         | C2         | DE                | Public    | Private    |
| Unweighted base    | 2051       | 1044       | 1007       | 231       | 324       | 308       | 383        | 307        | 498          | 490        | 615        | 390        | 556               | 221       | 810        |
| Weighted base      | 2051       | 999        | 1052       | 238       | 355       | 337       | 365        | 296        | 460          | 552        | 552        | 447        | 500               | 258       | 903        |
| 0 days             | 644<br>31% | 287<br>29% | 357<br>34% | 58<br>24% | 85<br>24% | 90<br>27% | 129<br>35% | 114<br>39% | 167<br>36%   | 123<br>22% | 160<br>29% | 151<br>34% | 209<br>42%        | 67<br>26% | 228<br>25% |
| 1 day              | 275<br>13% | 119<br>12% | 155<br>15% | 50<br>21% | 46<br>13% | 51<br>15% | 47<br>13%  | 34<br>11%  | 46<br>10%    | 81<br>15%  | 90<br>16%  | 60<br>13%  | 44<br>9%          | 38<br>15% | 137<br>15% |
| 2 days             | 346<br>17% | 161<br>16% | 185<br>18% | 52<br>22% | 69<br>19% | 51<br>15% | 57<br>15%  | 35<br>12%  | 84<br>18%    | 103<br>19% | 88<br>16%  | 76<br>17%  | 80<br>16%         | 46<br>18% | 149<br>16% |
| 3 days             | 268<br>13% | 144<br>14% | 123<br>12% | 32<br>14% | 52<br>15% | 56<br>17% | 35<br>10%  | 39<br>13%  | 53<br>12%    | 73<br>13%  | 85<br>15%  | 48<br>11%  | 63<br>13%         | 30<br>12% | 133<br>15% |
| 4 days             | 156<br>8%  | 85<br>9%   | 71<br>7%   | 11<br>5%  | 37<br>10% | 22<br>7%  | 31<br>8%   | 14<br>5%   | 41<br>9%     | 56<br>10%  | 36<br>7%   | 42<br>9%   | 22<br>4%          | 22<br>9%  | 71<br>8%   |
| 5 days             | 175<br>9%  | 89<br>9%   | 85<br>8%   | 18<br>7%  | 34<br>9%  | 38<br>11% | 31<br>8%   | 27<br>9%   | 28<br>6%     | 68<br>12%  | 36<br>6%   | 33<br>7%   | 39<br>8%          | 28<br>11% | 97<br>11%  |
| 6 days             | 51<br>2%   | 30<br>3%   | 21<br>2%   | 6<br>3%   | 14<br>4%  | 6<br>2%   | 7<br>2%    | 9<br>3%    | 8<br>2%      | 17<br>3%   | 13<br>2%   | 12<br>3%   | 9<br>2%           | 10<br>4%  | 24<br>3%   |
| 7 days             | 137<br>7%  | 83<br>8%   | 54<br>5%   | 11<br>4%  | 19<br>5%  | 22<br>6%  | 29<br>8%   | 24<br>8%   | 33<br>7%     | 31<br>6%   | 45<br>8%   | 26<br>6%   | 36<br>7%          | 18<br>7%  | 64<br>7%   |
| Mean               | 2.21       | 2.43       | 2.00       | 2.08      | 2.45      | 2.35      | 2.16       | 2.14       | 2.08         | 2.51       | 2.23       | 2.10       | 1.95              | 2.46      | 2.43       |
| Standard deviation | 2.15       | 2.22       | 2.05       | 1.93      | 2.07      | 2.12      | 2.24       | 2.30       | 2.16         | 2.08       | 2.16       | 2.13       | 2.20              | 2.19      | 2.15       |
| Standard error     | 0.05       | 0.07       | 0.06       | 0.13      | 0.11      | 0.12      | 0.11       | 0.13       | 0.10         | 0.09       | 0.09       | 0.11       | 0.09              | 0.15      | 0.08       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 1

**Q.1 In the past week, on how many days, if any, have you done a total of 30 minutes or more of moderate intensity physical activity?**

**Base: All respondents**

|                    | Region     |           |           |              |            |            |                        |               |               |           |           |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |            |
|--------------------|------------|-----------|-----------|--------------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|--|------------------------|--------------------------|------------------|-------------|------------|
|                    | Total      | Scotland  | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern   | London    | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No         |
| Unweighted base    | 2051       | 188       | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226       | 275       | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528       |
| Weighted base      | 2051       | 178       | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199       | 270       | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603       |
| 0 days             | 644<br>31% | 62<br>35% | 39<br>37% | 543<br>31%   | 27<br>32%  | 77<br>33%  | 47<br>27%              | 53<br>29%     | 33<br>22%     | 59<br>29% | 93<br>35% | 107<br>37% | 46<br>25%  | 188<br>47%   | 41<br>34%              | 129<br>53%               | 81<br>56%        | 10<br>52%   | 443<br>28% |
| 1 day              | 275<br>13% | 20<br>11% | 8<br>8%   | 246<br>14%   | 15<br>17%  | 21<br>9%   | 18<br>10%              | 34<br>19%     | 26<br>17%     | 29<br>15% | 35<br>13% | 43<br>15%  | 26<br>14%  | 39<br>10%  | 15<br>12%              | 21<br>8%                 | 10<br>7%         | 1<br>4%     | 226<br>14% |
| 2 days             | 346<br>17% | 35<br>20% | 13<br>12% | 299<br>17%   | 14<br>16%  | 31<br>13%  | 25<br>14%              | 29<br>16%     | 28<br>19%     | 35<br>18% | 52<br>19% | 49<br>17%  | 36<br>20%  | 67<br>17%  | 23<br>19%              | 34<br>14%                | 24<br>17%        | 1<br>4%     | 276<br>17% |
| 3 days             | 268<br>13% | 27<br>15% | 15<br>14% | 226<br>13%   | 8<br>9%    | 34<br>14%  | 33<br>19%              | 24<br>13%     | 14<br>9%      | 24<br>12% | 24<br>9%  | 32<br>11%  | 35<br>19%  | 39<br>10%  | 17<br>14%              | 21<br>9%                 | 8<br>6%          | 4<br>19%    | 222<br>14% |
| 4 days             | 156<br>8%  | 14<br>8%  | 4<br>3%   | 139<br>8%    | 9<br>10%   | 18<br>8%   | 15<br>8%               | 13<br>7%      | 17<br>11%     | 12<br>6%  | 26<br>9%  | 15<br>5%   | 15<br>8%   | 21<br>5%   | 6<br>5%                | 16<br>6%                 | 6<br>4%          | 2<br>10%    | 133<br>8%  |
| 5 days             | 175<br>9%  | 7<br>4%   | 14<br>13% | 155<br>9%    | 5<br>5%    | 22<br>9%   | 11<br>6%               | 12<br>6%      | 17<br>11%     | 23<br>12% | 27<br>10% | 27<br>9%   | 12<br>6%   | 19<br>5%   | 7<br>5%                | 8<br>3%                  | 9<br>6%          | -<br>-      | 149<br>9%  |
| 6 days             | 51<br>2%   | 4<br>2%   | 3<br>3%   | 44<br>2%     | 3<br>4%    | 11<br>5%   | 9<br>5%                | 5<br>3%       | 2<br>2%       | 5<br>3%   | 3<br>1%   | 4<br>1%    | 1<br>*     | 5<br>1%  | 3<br>3%                | 1<br>*                   | -<br>-           | *<br>2%     | 46<br>3%   |
| 7 days             | 137<br>7%  | 10<br>6%  | 10<br>10% | 117<br>7%    | 6<br>7%    | 22<br>9%   | 16<br>9%               | 15<br>8%      | 14<br>9%      | 11<br>6%  | 11<br>4%  | 10<br>3%   | 11<br>6%   | 25<br>6%   | 9<br>7%                | 14<br>6%                 | 8<br>6%          | 2<br>10%    | 107<br>7%  |
| Mean               | 2.21       | 1.99      | 2.36      | 2.22         | 2.13       | 2.50       | 2.57                   | 2.22          | 2.56          | 2.24      | 2.01      | 1.83       | 2.23       | 1.67   | 2.09                   | 1.47                     | 1.40             | 1.90        | 2.34       |
| Standard deviation | 2.15       | 2.03      | 2.40      | 2.14         | 2.17       | 2.37       | 2.27                   | 2.18          | 2.21          | 2.13      | 2.02      | 1.97       | 1.97       | 2.08   | 2.16                   | 2.02                     | 2.02             | 2.42        | 2.14       |
| Standard error     | 0.05       | 0.15      | 0.23      | 0.05         | 0.24       | 0.16       | 0.17                   | 0.16          | 0.20          | 0.14      | 0.12      | 0.11       | 0.15       | 0.10   | 0.18                   | 0.12                     | 0.15             | 0.47        | 0.05       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 2

**Q.2 In the past week, how much moderate intensity physical activity, if any, have you completed in total?**

**Base: All respondents**

|  | Total  | Gender     |            | Age        |           |           |           |            |            | Social Grade |            |            |            | Employment Sector |           |            |
|--|--------|------------|------------|------------|-----------|-----------|-----------|------------|------------|--------------|------------|------------|------------|-------------------|-----------|------------|
|  |        | Male       | Female     | 18-24      | 25-34     | 35-44     | 45-54     | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private   |            |
| Unweighted base                        | 2051   | 1044       | 1007       | 231        | 324       | 308       | 383       | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810       |            |
| Weighted base                          | 2051   | 999        | 1052       | 238        | 355       | 337       | 365       | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903       |            |
| None                                   | (0)    | 567<br>28% | 265<br>27% | 302<br>29% | 48<br>20% | 69<br>20% | 92<br>27% | 109<br>30% | 104<br>31% | 144<br>35%   | 105<br>19% | 133<br>24% | 128<br>29% | 201<br>40%        | 53<br>20% | 198<br>22% |
| Up to 30 minutes                       | (0.25) | 328<br>16% | 131<br>13% | 197<br>19% | 52<br>22% | 67<br>19% | 48<br>14% | 52<br>14%  | 43<br>15%  | 66<br>14%    | 72<br>13%  | 94<br>17%  | 85<br>19%  | 77<br>15%         | 50<br>19% | 139<br>15% |
| More than 30 minutes and up to an hour | (0.75) | 411<br>20% | 207<br>21% | 204<br>19% | 53<br>22% | 72<br>20% | 87<br>26% | 66<br>18%  | 49<br>17%  | 84<br>18%    | 121<br>22% | 122<br>22% | 94<br>21%  | 74<br>15%         | 53<br>20% | 209<br>23% |
| More than an hour and up to 2 hours    | (1.5)  | 306<br>15% | 151<br>15% | 156<br>15% | 38<br>16% | 74<br>21% | 43<br>13% | 51<br>14%  | 35<br>12%  | 65<br>14%    | 93<br>17%  | 83<br>15%  | 63<br>14%  | 67<br>13%         | 52<br>20% | 132<br>15% |
| More than 2 hours and up to 3 hours    | (2.5)  | 183<br>9%  | 100<br>10% | 83<br>8%   | 21<br>9%  | 24<br>7%  | 34<br>10% | 36<br>10%  | 26<br>9%   | 42<br>9%     | 67<br>12%  | 51<br>9%   | 34<br>8%   | 31<br>6%          | 21<br>8%  | 98<br>11%  |
| More than 3 hours                      | (4)    | 256<br>12% | 146<br>15% | 110<br>10% | 26<br>11% | 50<br>14% | 32<br>9%  | 51<br>14%  | 39<br>13%  | 59<br>13%    | 93<br>17%  | 69<br>12%  | 44<br>10%  | 50<br>10%         | 29<br>11% | 126<br>14% |
| Mean                                   | 1.14   | 1.25       | 1.03       | 1.11       | 1.24      | 1.05      | 1.19      | 1.08       | 1.12       | 1.43         | 1.16       | 0.99       | 0.91       | 1.16              | 1.26      |            |
| Standard deviation                     | 1.31   | 1.37       | 1.25       | 1.24       | 1.31      | 1.22      | 1.37      | 1.36       | 1.33       | 1.39         | 1.30       | 1.22       | 1.25       | 1.25              | 1.34      |            |
| Standard error                         | 0.03   | 0.04       | 0.04       | 0.08       | 0.07      | 0.07      | 0.07      | 0.08       | 0.06       | 0.06         | 0.05       | 0.06       | 0.05       | 0.08              | 0.05      |            |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 2

**Q.2 In the past week, how much moderate intensity physical activity, if any, have you completed in total?**

**Base: All respondents**

|  | Region |            |           |              |            |            |                        |               |               |           |           |            |            |           | Do you have a longstanding physical or mental condition or disability? |                          |                  |             |          |            |
|--|--------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|-----------|--|--------------------------|------------------|-------------|----------|------------|
|  | Total  | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern   | London    | South East | South West | NET: Yes  | Yes - mental condition   | Yes - physical condition | Yes - disability | Yes - other | No       |            |
| Unweighted base                        | 2051   | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226       | 275       | 305        | 161        | 474       | 144  | 286                      | 179              | 26          | 1528     |            |
| Weighted base                          | 2051   | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199       | 270       | 287        | 180        | 402       | 121  | 244                      | 146              | 20          | 1603     |            |
| None                                   | (0)    | 567<br>28% | 54<br>30% | 31<br>29%    | 483<br>27% | 24<br>27%  | 78<br>33%              | 43<br>25%     | 46<br>25%     | 32<br>21% | 51<br>26% | 72<br>27%  | 94<br>33%  | 43<br>24% | 177<br>44%   | 43<br>36%                | 118<br>48%       | 83<br>57%   | 9<br>43% | 378<br>24% |
| Up to 30 minutes                       | (0.25) | 328<br>16% | 33<br>19% | 17<br>16%    | 277<br>16% | 10<br>12%  | 24<br>10%              | 29<br>17%     | 28<br>15%     | 23<br>15% | 36<br>18% | 57<br>21%  | 52<br>18%  | 18<br>10% | 53<br>13%  | 18<br>15%                | 30<br>12%        | 14<br>9%    | 1<br>7%  | 268<br>17% |
| More than 30 minutes and up to an hour | (0.75) | 411<br>20% | 28<br>16% | 17<br>16%    | 365<br>21% | 18<br>21%  | 40<br>17%              | 30<br>17%     | 47<br>26%     | 34<br>23% | 33<br>17% | 66<br>24%  | 56<br>20%  | 41<br>23% | 60<br>15%  | 15<br>12%                | 32<br>13%        | 21<br>15%   | 3<br>13% | 342<br>21% |
| More than an hour and up to 2 hours    | (1.5)  | 306<br>15% | 32<br>18% | 12<br>12%    | 262<br>15% | 19<br>23%  | 26<br>11%              | 28<br>16%     | 24<br>13%     | 21<br>14% | 33<br>17% | 29<br>11%  | 44<br>15%  | 36<br>20% | 53<br>13%  | 19<br>15%                | 32<br>13%        | 15<br>10%   | 4<br>18% | 248<br>15% |
| More than 2 hours and up to 3 hours    | (2.5)  | 183<br>9%  | 15<br>8%  | 10<br>10%    | 158<br>9%  | 6<br>7%    | 31<br>13%              | 21<br>12%     | 9<br>5%       | 16<br>10% | 17<br>9%  | 21<br>8%   | 17<br>6%   | 21<br>12% | 23<br>6%   | 11<br>9%                 | 11<br>4%         | 6<br>4%     | 2<br>10% | 155<br>10% |
| More than 3 hours                      | (4)    | 256<br>12% | 16<br>9%  | 17<br>16%    | 222<br>13% | 9<br>11%   | 37<br>16%              | 22<br>13%     | 29<br>16%     | 25<br>17% | 29<br>15% | 25<br>9%   | 23<br>8%   | 21<br>12% | 37<br>9%   | 16<br>13%                | 22<br>9%         | 8<br>5%     | 2<br>8%  | 213<br>13% |
| Mean                                   |        | 1.14       | 1.01      | 1.24         | 1.14       | 1.12       | 1.28                   | 1.23          | 1.19          | 1.34      | 1.22      | 0.96       | 0.90       | 1.26      | 0.85   | 1.11                     | 0.79             | 0.60        | 0.97     | 1.21       |
| Standard deviation                     |        | 1.31       | 1.22      | 1.44         | 1.31       | 1.24       | 1.44                   | 1.33          | 1.38          | 1.40      | 1.37      | 1.20       | 1.16       | 1.28      | 1.22   | 1.37                     | 1.21             | 1.04        | 1.25     | 1.32       |
| Standard error                         |        | 0.03       | 0.09      | 0.14         | 0.03       | 0.14       | 0.10                   | 0.10          | 0.10          | 0.13      | 0.09      | 0.07       | 0.07       | 0.10      | 0.06   | 0.11                     | 0.07             | 0.08        | 0.25     | 0.03       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 3

**Q.3 Have any of the following been a barrier to your participation in sport, exercise or physical activity?**

**Base: All respondents**

|  | Gender      |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |            |
|--|-------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|------------|
|  | Total       | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+          | AB         | C1         | C2         | DE                | Public     | Private    |
| Unweighted base  | 2051        | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498          | 490        | 615        | 390        | 556               | 221        | 810        |
| Weighted base  | 2051        | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460          | 552        | 552        | 447        | 500               | 258        | 903        |
| Embarrassment about how I look when I exercise   | 387<br>19%  | 138<br>14% | 249<br>24% | 87<br>37%  | 99<br>28%  | 68<br>20%  | 67<br>18%  | 38<br>13%  | 27<br>6%     | 95<br>17%  | 108<br>20% | 95<br>21%  | 89<br>18%         | 53<br>21%  | 192<br>21% |
| Fear of injury   | 196<br>10%  | 82<br>8%   | 115<br>11% | 27<br>11%  | 36<br>10%  | 29<br>9%   | 27<br>7%   | 30<br>10%  | 47<br>10%    | 46<br>8%   | 61<br>11%  | 40<br>9%   | 49<br>10%         | 17<br>7%   | 88<br>10%  |
| Poor attitudes or rudeness from the staff at sports clubs/gyms   | 123<br>6%   | 44<br>4%   | 78<br>7%   | 34<br>14%  | 35<br>10%  | 19<br>6%   | 16<br>4%   | 9<br>3%    | 10<br>2%     | 26<br>5%   | 35<br>6%   | 23<br>5%   | 39<br>8%          | 15<br>6%   | 55<br>6%   |
| Exercise facilities which are not accessible for disabled people (e.g. difficult to get into, difficult to get around and/or exercise machines which are difficult to use) | 119<br>6%   | 57<br>6%   | 62<br>6%   | 15<br>6%   | 16<br>5%   | 32<br>9%   | 17<br>5%   | 14<br>5%   | 25<br>5%     | 33<br>6%   | 24<br>4%   | 26<br>6%   | 36<br>7%          | 14<br>5%   | 43<br>5%   |
| A lack of transport which disabled people can use to get to local exercise facilities  | 66<br>3%    | 32<br>3%   | 34<br>3%   | 3<br>1%    | 15<br>4%   | 17<br>5%   | 11<br>3%   | 9<br>3%    | 11<br>2%     | 12<br>2%   | 14<br>3%   | 13<br>3%   | 27<br>5%          | 4<br>2%    | 28<br>3%   |
| A lack of exercise provision suitable for disabled people  | 60<br>3%    | 30<br>3%   | 30<br>3%   | 4<br>2%    | 8<br>2%    | 10<br>3%   | 11<br>3%   | 12<br>4%   | 16<br>3%     | 8<br>2%    | 10<br>2%   | 13<br>3%   | 29<br>6%          | 5<br>2%    | 3<br>*     |
| A lack of support to enable me to participate in exercise (e.g. no care workers available to support me)   | 21<br>1%    | 13<br>1%   | 7<br>1%    | -<br>-     | 2<br>*     | 4<br>1%    | 5<br>1%    | 3<br>1%    | 7<br>1%      | 4<br>1%    | 8<br>1%    | 2<br>*     | 7<br>1%           | 3<br>1%    | 1<br>*     |
| None of these  | 1369<br>67% | 706<br>71% | 663<br>63% | 108<br>45% | 205<br>58% | 207<br>62% | 265<br>73% | 218<br>74% | 366<br>80%   | 381<br>69% | 362<br>66% | 299<br>67% | 326<br>65%        | 167<br>65% | 596<br>66% |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 3

**Q.3 Have any of the following been a barrier to your participation in sport, exercise or physical activity?****Base: All respondents**

|  | Region      |            |           |              |            |            |                        |               |               |            |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |             |
|--|-------------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|------------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|-------------|
|  | Total       | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern    | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No          |
| Unweighted base  | 2051        | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226        | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528        |
| Weighted base  | 2051        | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199        | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603        |
| Embarrassment about how I look when I exercise   | 387<br>19%  | 37<br>21%  | 20<br>19% | 330<br>19%   | 21<br>25%  | 39<br>17%  | 35<br>20%              | 49<br>27%     | 20<br>13%     | 32<br>16%  | 48<br>18%  | 58<br>20%  | 29<br>16%  | 87<br>22%  | 49<br>40%              | 37<br>15%                | 25<br>17%        | 3<br>18%    | 292<br>18%  |
| Fear of injury   | 196<br>10%  | 25<br>14%  | 9<br>9%   | 162<br>9%    | 4<br>4%    | 20<br>9%   | 13<br>8%               | 21<br>11%     | 17<br>11%     | 23<br>12%  | 25<br>9%   | 21<br>7%   | 17<br>10%  | 67<br>17%  | 21<br>17%              | 49<br>20%                | 30<br>21%        | 3<br>13%    | 127<br>8%   |
| Poor attitudes or rudeness from the staff at sports clubs/gyms   | 123<br>6%   | 8<br>4%    | 6<br>6%   | 109<br>6%    | 6<br>7%    | 14<br>6%   | 6<br>3%                | 11<br>6%      | 7<br>5%       | 20<br>10%  | 22<br>8%   | 12<br>4%   | 12<br>7%   | 33<br>8%   | 19<br>15%              | 13<br>5%                 | 10<br>7%         | 1<br>7%     | 88<br>5%    |
| Exercise facilities which are not accessible for disabled people (e.g. difficult to get into, difficult to get around and/or exercise machines which are difficult to use) | 119<br>6%   | 10<br>5%   | 9<br>9%   | 100<br>6%    | 6<br>7%    | 16<br>7%   | 10<br>6%               | 7<br>4%       | 12<br>8%      | 11<br>5%   | 12<br>5%   | 18<br>6%   | 7<br>4%    | 66<br>16%  | 17<br>14%              | 42<br>17%                | 38<br>26%        | 1<br>3%     | 52<br>3%    |
| A lack of transport which disabled people can use to get to local exercise facilities  | 66<br>3%    | 7<br>4%    | 5<br>5%   | 54<br>3%     | 2<br>3%    | 12<br>5%   | 4<br>2%                | 2<br>1%       | 9<br>6%       | 5<br>3%    | 9<br>3%    | 8<br>3%    | 3<br>1%    | 28<br>7%   | 8<br>7%                | 20<br>8%                 | 16<br>11%        | 3<br>16%    | 35<br>2%    |
| A lack of exercise provision suitable for disabled people  | 60<br>3%    | 4<br>2%    | 3<br>3%   | 52<br>3%     | 6<br>7%    | 6<br>3%    | 3<br>2%                | 7<br>4%       | 4<br>2%       | 6<br>3%    | 7<br>3%    | 9<br>3%    | 4<br>2%    | 60<br>15%  | 19<br>16%              | 40<br>17%                | 60<br>41%        | 4<br>19%    | -           |
| A lack of support to enable me to participate in exercise (e.g. no care workers available to support me)   | 21<br>1%    | 1<br>1%    | 2<br>2%   | 18<br>1%     | 1<br>1%    | 4<br>2%    | -                      | 1<br>1%       | 3<br>2%       | 2<br>1%    | 3<br>1%    | 1<br>*     | 3<br>2%    | 21<br>5%   | 7<br>6%                | 14<br>6%                 | 21<br>14%        | *<br>2%     | -           |
| None of these  | 1369<br>67% | 115<br>64% | 65<br>62% | 1189<br>67%  | 58<br>68%  | 163<br>69% | 117<br>67%             | 117<br>64%    | 104<br>68%    | 132<br>66% | 182<br>67% | 187<br>65% | 130<br>72% | 206<br>51%   | 42<br>35%              | 137<br>56%               | 51<br>35%        | 10<br>53%   | 1130<br>70% |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 4  
Q.4 To what extent do you agree or disagree with each of the following statements?

#### Summary

Base: All respondents

|                       | Statements   |   |   |  |  |   |   |
|-----------------------|--|---|---|--|--|---|---|
|                       | I would like to do more exercise than I currently do | I would be more likely to exercise if facilities were more accessible for disabled people | The accessibility of exercise facilities has no impact on my likelihood to exercise | There has been a positive legacy for disabled people from the 2012 Paralympics | Sporting competitions for disabled athletes should be integrated into the same athletics events as those currently featuring non-disabled athletes, such as the Olympics | The 2012 Paralympics has had no impact on social perceptions of disabled people | Disabled athletes should not be able to compete in the Olympics |
| Unweighted base       | 2051   | 2051  | 2051  | 2051   | 2051   | 2051  | 2051  |
| Weighted base         | 2051   | 2051  | 2051  | 2051   | 2051   | 2051  | 2051  |
| NET: Agree            | 1464<br>71%  | 454<br>22%  | 1314<br>64%   | 1383<br>67%  | 977<br>48%   | 497<br>24%  | 276<br>13%  |
| Agree strongly (4)    | 551<br>27%   | 156<br>8%   | 551<br>27%  | 515<br>25%   | 337<br>16%   | 148<br>7%   | 96<br>5%  |
| Tend to agree (3)     | 913<br>45%   | 298<br>15%  | 763<br>37%  | 868<br>42%   | 639<br>31%   | 349<br>17%  | 180<br>9%   |
| Tend to disagree (2)  | 302<br>15%   | 492<br>24%  | 323<br>16%  | 184<br>9%  | 428<br>21%   | 668<br>33%  | 344<br>17%  |
| Disagree strongly (1) | 97<br>5%   | 481<br>23%  | 136<br>7%   | 70<br>3%   | 157<br>8%  | 505<br>25%  | 1128<br>55%   |
| NET: Disagree         | 399<br>19%   | 972<br>47%  | 460<br>22%  | 254<br>12%   | 586<br>29%   | 1172<br>57%   | 1472<br>72%   |
| Don't know            | 188<br>9%  | 624<br>30%  | 277<br>13%  | 414<br>20%   | 489<br>24%   | 382<br>19%  | 303<br>15%  |
| Mean                  | 3.03   | 2.09  | 2.97  | 3.12   | 2.74   | 2.08  | 1.57  |
| Standard deviation    | 0.82   | 0.99  | 0.89  | 0.76   | 0.91   | 0.93  | 0.88  |
| Standard error        | 0.02   | 0.03  | 0.02  | 0.02   | 0.02   | 0.02  | 0.02  |



## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 5

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**I would like to do more exercise than I currently do**

**Base: All respondents**

|                    | Gender      |            |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |            |
|--------------------|-------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|------------|
|                    | Total       | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |            |
| Unweighted base    | 2051        | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |            |
| Weighted base      | 2051        | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |            |
| NET: Agree         | 1464<br>71% | 686<br>69% | 779<br>74% | 175<br>74% | 263<br>74% | 240<br>71% | 275<br>75% | 205<br>69% | 307<br>67% | 395<br>72%   | 415<br>75% | 317<br>71% | 338<br>68% | 203<br>79%        | 660<br>73% |            |
| Agree strongly     | (4)<br>27%  | 551<br>25% | 251<br>29% | 301<br>40% | 94<br>40%  | 118<br>33% | 96<br>28%  | 94<br>26%  | 77<br>26%  | 72<br>16%    | 125<br>23% | 149<br>27% | 126<br>28% | 151<br>30%        | 81<br>31%  | 257<br>29% |
| Tend to agree      | (3)<br>45%  | 913<br>44% | 435<br>45% | 478<br>45% | 81<br>34%  | 145<br>41% | 144<br>43% | 180<br>49% | 128<br>43% | 235<br>51%   | 270<br>49% | 266<br>48% | 190<br>43% | 187<br>37%        | 122<br>47% | 403<br>45% |
| Tend to disagree   | (2)<br>15%  | 302<br>17% | 170<br>17% | 131<br>12% | 23<br>10%  | 39<br>11%  | 40<br>12%  | 49<br>13%  | 52<br>18%  | 98<br>21%    | 83<br>15%  | 77<br>14%  | 64<br>14%  | 79<br>16%         | 28<br>11%  | 118<br>13% |
| Disagree strongly  | (1)<br>5%   | 97<br>6%   | 61<br>6%   | 36<br>3%   | 9<br>4%    | 8<br>2%    | 15<br>4%   | 18<br>5%   | 18<br>6%   | 29<br>6%     | 25<br>5%   | 18<br>3%   | 18<br>4%   | 35<br>7%          | 5<br>2%    | 40<br>4%   |
| NET: Disagree      | 399<br>19%  | 231<br>23% | 168<br>16% | 32<br>13%  | 47<br>13%  | 55<br>16%  | 67<br>18%  | 70<br>24%  | 127<br>28% | 108<br>20%   | 95<br>17%  | 82<br>18%  | 114<br>23% | 33<br>13%         | 158<br>17% |            |
| Don't know         | 188<br>9%   | 82<br>8%   | 106<br>10% | 31<br>13%  | 45<br>13%  | 42<br>12%  | 24<br>7%   | 21<br>7%   | 26<br>6%   | 49<br>9%     | 42<br>8%   | 49<br>11%  | 48<br>10%  | 22<br>9%          | 85<br>9%   |            |
| Mean               | 3.03        | 2.95       | 3.10       | 3.26       | 3.20       | 3.09       | 3.03       | 2.96       | 2.81       | 2.98         | 3.07       | 3.07       | 3.00       | 3.18              | 3.07       |            |
| Standard deviation | 0.82        | 0.85       | 0.77       | 0.82       | 0.76       | 0.81       | 0.80       | 0.86       | 0.79       | 0.78         | 0.76       | 0.81       | 0.91       | 0.72              | 0.81       |            |
| Standard error     | 0.02        | 0.03       | 0.03       | 0.06       | 0.05       | 0.05       | 0.04       | 0.05       | 0.04       | 0.04         | 0.03       | 0.04       | 0.04       | 0.05              | 0.03       |            |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 5

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**I would like to do more exercise than I currently do**

**Base: All respondents**

|                       | Region      |            |           |              |            |            |                        |               |               |            |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |             |
|-----------------------|-------------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|------------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|-------------|
|                       | Total       | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern    | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No          |
| Unweighted base       | 2051        | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226        | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528        |
| Weighted base         | 2051        | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199        | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603        |
| NET: Agree            | 1464<br>71% | 139<br>78% | 72<br>69% | 1253<br>71%  | 58<br>68%  | 165<br>70% | 120<br>69%             | 131<br>71%    | 106<br>70%    | 148<br>74% | 194<br>72% | 210<br>73% | 120<br>67% | 291<br>72%   | 86<br>71%              | 172<br>70%               | 98<br>67%        | 15<br>74%   | 1147<br>72% |
| Agree strongly (4)    | 551<br>27%  | 55<br>31%  | 26<br>24% | 470<br>27%   | 23<br>26%  | 60<br>25%  | 46<br>26%              | 55<br>30%     | 30<br>20%     | 60<br>30%  | 82<br>30%  | 77<br>27%  | 38<br>21%  | 113<br>28%   | 44<br>36%              | 57<br>24%                | 39<br>27%        | 5<br>23%    | 431<br>27%  |
| Tend to agree (3)     | 913<br>45%  | 84<br>47%  | 46<br>44% | 783<br>44%   | 35<br>41%  | 105<br>45% | 75<br>43%              | 76<br>41%     | 76<br>50%     | 88<br>44%  | 113<br>42% | 133<br>46% | 82<br>45%  | 179<br>44%   | 43<br>35%              | 115<br>47%               | 59<br>40%        | 10<br>51%   | 716<br>45%  |
| Tend to disagree (2)  | 302<br>15%  | 20<br>11%  | 21<br>20% | 261<br>15%   | 8<br>10%   | 39<br>17%  | 32<br>18%              | 31<br>17%     | 27<br>18%     | 33<br>16%  | 27<br>10%  | 35<br>12%  | 29<br>16%  | 54<br>13%  | 16<br>13%              | 37<br>15%                | 17<br>12%        | 1<br>6%     | 242<br>15%  |
| Disagree strongly (1) | 97<br>5%    | 10<br>5%   | 8<br>8%   | 79<br>4%     | 4<br>5%    | 9<br>4%    | 9<br>5%                | 8<br>4%       | 4<br>3%       | 8<br>4%    | 13<br>5%   | 17<br>6%   | 7<br>4%    | 27<br>7%   | 3<br>3%                | 18<br>7%                 | 15<br>10%        | 2<br>8%     | 69<br>4%    |
| NET: Disagree         | 399<br>19%  | 29<br>16%  | 29<br>28% | 340<br>19%   | 13<br>15%  | 48<br>20%  | 41<br>23%              | 39<br>21%     | 31<br>20%     | 41<br>20%  | 40<br>15%  | 52<br>18%  | 36<br>20%  | 81<br>20%  | 19<br>16%              | 56<br>23%                | 32<br>22%        | 3<br>14%    | 311<br>19%  |
| Don't know            | 188<br>9%   | 10<br>6%   | 3<br>3%   | 175<br>10%   | 15<br>18%  | 23<br>10%  | 13<br>7%               | 14<br>8%      | 14<br>9%      | 10<br>5%   | 36<br>13%  | 25<br>9%   | 24<br>13%  | 31<br>8%   | 16<br>13%              | 16<br>7%                 | 16<br>11%        | 2<br>12%    | 145<br>9%   |
| Mean                  | 3.03        | 3.10       | 2.88      | 3.03         | 3.09       | 3.01       | 2.98                   | 3.04          | 2.97          | 3.06       | 3.12       | 3.03       | 2.97       | 3.01   | 3.21                   | 2.93                     | 2.94             | 3.02        | 3.03        |
| Standard deviation    | 0.82        | 0.82       | 0.88      | 0.81         | 0.82       | 0.79       | 0.84                   | 0.83          | 0.73          | 0.81       | 0.82       | 0.83       | 0.79       | 0.86   | 0.81                   | 0.86                     | 0.95             | 0.85        | 0.81        |
| Standard error        | 0.02        | 0.06       | 0.09      | 0.02         | 0.10       | 0.06       | 0.06                   | 0.07          | 0.07          | 0.06       | 0.05       | 0.05       | 0.07       | 0.04   | 0.07                   | 0.05                     | 0.07             | 0.18        | 0.02        |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 6

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**I would be more likely to exercise if facilities were more accessible for disabled people**

**Base: All respondents**

|                    | Gender            |            |            | Age       |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |
|--------------------|-------------------|------------|------------|-----------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
|                    | Total             | Male       | Female     | 18-24     | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |
| Unweighted base    | 2051              | 1044       | 1007       | 231       | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |
| Weighted base      | 2051              | 999        | 1052       | 238       | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |
| NET: Agree         | 454<br>22%        | 225<br>22% | 230<br>22% | 57<br>24% | 111<br>31% | 84<br>25%  | 68<br>19%  | 52<br>17%  | 83<br>18%  | 109<br>20%   | 108<br>20% | 94<br>21%  | 143<br>29% | 66<br>26%         | 188<br>21% |
| Agree strongly     | (4)<br>156<br>8%  | 87<br>9%   | 69<br>7%   | 16<br>7%  | 40<br>11%  | 27<br>8%   | 27<br>7%   | 21<br>7%   | 25<br>5%   | 30<br>5%     | 31<br>6%   | 34<br>8%   | 62<br>12%  | 23<br>9%          | 57<br>6%   |
| Tend to agree      | (3)<br>298<br>15% | 138<br>14% | 160<br>15% | 41<br>17% | 71<br>20%  | 56<br>17%  | 41<br>11%  | 31<br>10%  | 58<br>13%  | 79<br>14%    | 77<br>14%  | 60<br>13%  | 81<br>16%  | 43<br>17%         | 131<br>15% |
| Tend to disagree   | (2)<br>492<br>24% | 258<br>26% | 234<br>22% | 42<br>18% | 75<br>21%  | 82<br>24%  | 85<br>23%  | 88<br>30%  | 119<br>26% | 152<br>28%   | 135<br>24% | 93<br>21%  | 112<br>22% | 60<br>23%         | 202<br>22% |
| Disagree strongly  | (1)<br>481<br>23% | 251<br>25% | 230<br>22% | 46<br>19% | 50<br>14%  | 67<br>20%  | 103<br>28% | 86<br>29%  | 129<br>28% | 127<br>23%   | 150<br>27% | 90<br>20%  | 114<br>23% | 58<br>22%         | 203<br>22% |
| NET: Disagree      | 972<br>47%        | 508<br>51% | 464<br>44% | 88<br>37% | 125<br>35% | 150<br>44% | 188<br>51% | 174<br>59% | 248<br>54% | 279<br>51%   | 284<br>52% | 183<br>41% | 226<br>45% | 118<br>46%        | 405<br>45% |
| Don't know         | 624<br>30%        | 266<br>27% | 358<br>34% | 93<br>39% | 119<br>33% | 104<br>31% | 109<br>30% | 70<br>24%  | 129<br>28% | 163<br>30%   | 159<br>29% | 170<br>38% | 131<br>26% | 74<br>29%         | 310<br>34% |
| Mean               | 2.09              | 2.08       | 2.10       | 2.19      | 2.43       | 2.19       | 1.97       | 1.94       | 1.93       | 2.03         | 1.98       | 2.14       | 2.25       | 2.17              | 2.07       |
| Standard deviation | 0.99              | 1.00       | 0.98       | 1.00      | 1.01       | 0.98       | 1.00       | 0.94       | 0.93       | 0.92         | 0.95       | 1.01       | 1.07       | 1.01              | 0.97       |
| Standard error     | 0.03              | 0.04       | 0.04       | 0.08      | 0.07       | 0.07       | 0.06       | 0.06       | 0.05       | 0.05         | 0.05       | 0.06       | 0.05       | 0.08              | 0.04       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 6

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**I would be more likely to exercise if facilities were more accessible for disabled people**

**Base: All respondents**

|                       | Region     |           |           |              |            |            |                        |               |               |           |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |            |
|-----------------------|------------|-----------|-----------|--------------|------------|------------|------------------------|---------------|---------------|-----------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|------------|
|                       | Total      | Scotland  | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern   | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No         |
| Unweighted base       | 2051       | 188       | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226       | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528       |
| Weighted base         | 2051       | 178       | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199       | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603       |
| NET: Agree            | 454<br>22% | 48<br>27% | 26<br>25% | 380<br>21%   | 22<br>26%  | 52<br>22%  | 46<br>26%              | 38<br>20%     | 35<br>23%     | 49<br>24% | 54<br>20%  | 58<br>20%  | 26<br>15%  | 163<br>41%   | 56<br>46%              | 92<br>38%                | 71<br>49%        | 8<br>39%    | 287<br>18% |
| Agree strongly (4)    | 156<br>8%  | 13<br>7%  | 9<br>9%   | 135<br>8%    | 9<br>11%   | 21<br>9%   | 16<br>9%               | 9<br>5%       | 7<br>5%       | 16<br>8%  | 26<br>9%   | 28<br>10%  | 5<br>3%    | 57<br>14%  | 19<br>16%              | 30<br>12%                | 31<br>21%        | 2<br>12%    | 98<br>6%   |
| Tend to agree (3)     | 298<br>15% | 35<br>20% | 17<br>17% | 245<br>14%   | 13<br>15%  | 31<br>13%  | 30<br>17%              | 29<br>16%     | 28<br>18%     | 33<br>16% | 29<br>11%  | 31<br>11%  | 22<br>12%  | 106<br>26%   | 36<br>30%              | 63<br>26%                | 40<br>28%        | 5<br>27%    | 189<br>12% |
| Tend to disagree (2)  | 492<br>24% | 46<br>26% | 25<br>24% | 420<br>24%   | 23<br>26%  | 48<br>21%  | 42<br>24%              | 48<br>26%     | 27<br>18%     | 50<br>25% | 71<br>26%  | 68<br>24%  | 43<br>24%  | 82<br>20%  | 18<br>15%              | 55<br>23%                | 31<br>21%        | 1<br>4%     | 397<br>25% |
| Disagree strongly (1) | 481<br>23% | 36<br>20% | 25<br>24% | 420<br>24%   | 19<br>22%  | 55<br>23%  | 40<br>23%              | 49<br>26%     | 44<br>29%     | 48<br>24% | 56<br>21%  | 68<br>24%  | 42<br>23%  | 72<br>18%  | 18<br>15%              | 46<br>19%                | 13<br>9%         | 6<br>31%    | 401<br>25% |
| NET: Disagree         | 972<br>47% | 82<br>46% | 50<br>48% | 840<br>48%   | 42<br>49%  | 103<br>44% | 82<br>47%              | 97<br>53%     | 71<br>47%     | 98<br>49% | 127<br>47% | 136<br>48% | 84<br>47%  | 155<br>38%   | 36<br>30%              | 101<br>42%               | 44<br>30%        | 7<br>34%    | 798<br>50% |
| Don't know            | 624<br>30% | 48<br>27% | 28<br>27% | 548<br>31%   | 22<br>26%  | 81<br>34%  | 47<br>27%              | 50<br>27%     | 46<br>30%     | 52<br>26% | 89<br>33%  | 92<br>32%  | 70<br>39%  | 84<br>21%  | 29<br>24%              | 50<br>21%                | 31<br>21%        | 5<br>27%    | 518<br>32% |
| Mean                  | 2.09       | 2.19      | 2.14      | 2.08         | 2.19       | 2.12       | 2.17                   | 1.98          | 1.98          | 2.11      | 2.13       | 2.09       | 1.90       | 2.47   | 2.62                   | 2.39                     | 2.77             | 2.28        | 1.99       |
| Standard deviation    | 0.99       | 0.95      | 1.01      | 0.99         | 1.03       | 1.04       | 1.01                   | 0.92          | 0.97          | 0.99      | 1.01       | 1.04       | 0.86       | 1.03   | 1.04                   | 1.01                     | 0.97             | 1.22        | 0.95       |
| Standard error        | 0.03       | 0.08      | 0.11      | 0.03         | 0.13       | 0.09       | 0.09                   | 0.08          | 0.11          | 0.08      | 0.07       | 0.07       | 0.08       | 0.05   | 0.10                   | 0.07                     | 0.08             | 0.29        | 0.03       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 7

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**The accessibility of exercise facilities has no impact on my likelihood to exercise**

**Base: All respondents**

|                    | Gender            |            |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |
|--------------------|-------------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
|                    | Total             | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |
| Unweighted base    | 2051              | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |
| Weighted base      | 2051              | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |
| NET: Agree         | 1314<br>64%       | 693<br>69% | 621<br>59% | 112<br>47% | 180<br>51% | 214<br>64% | 248<br>68% | 211<br>71% | 350<br>76% | 357<br>65%   | 353<br>64% | 272<br>61% | 332<br>66% | 155<br>60%        | 578<br>64% |
| Agree strongly     | (4)<br>551<br>27% | 318<br>32% | 233<br>22% | 46<br>19%  | 61<br>17%  | 85<br>25%  | 98<br>27%  | 90<br>30%  | 171<br>37% | 144<br>26%   | 151<br>27% | 110<br>25% | 146<br>29% | 48<br>19%         | 239<br>26% |
| Tend to agree      | (3)<br>763<br>37% | 374<br>37% | 388<br>37% | 66<br>28%  | 118<br>33% | 129<br>38% | 150<br>41% | 121<br>41% | 179<br>39% | 213<br>39%   | 202<br>37% | 162<br>36% | 186<br>37% | 107<br>42%        | 338<br>37% |
| Tend to disagree   | (2)<br>323<br>16% | 136<br>14% | 187<br>18% | 53<br>22%  | 80<br>23%  | 54<br>16%  | 44<br>12%  | 40<br>13%  | 53<br>12%  | 106<br>19%   | 79<br>14%  | 67<br>15%  | 72<br>14%  | 49<br>19%         | 127<br>14% |
| Disagree strongly  | (1)<br>136<br>7%  | 59<br>6%   | 77<br>7%   | 26<br>11%  | 20<br>6%   | 12<br>4%   | 33<br>9%   | 22<br>7%   | 23<br>5%   | 29<br>5%     | 37<br>7%   | 35<br>8%   | 35<br>7%   | 17<br>6%          | 60<br>7%   |
| NET: Disagree      | 460<br>22%        | 196<br>20% | 264<br>25% | 79<br>33%  | 100<br>28% | 66<br>20%  | 77<br>21%  | 62<br>21%  | 76<br>17%  | 135<br>24%   | 116<br>21% | 102<br>23% | 107<br>21% | 65<br>25%         | 187<br>21% |
| Don't know         | 277<br>13%        | 111<br>11% | 166<br>16% | 48<br>20%  | 75<br>21%  | 57<br>17%  | 40<br>11%  | 23<br>8%   | 34<br>7%   | 59<br>11%    | 83<br>15%  | 73<br>16%  | 62<br>12%  | 37<br>14%         | 138<br>15% |
| Mean               | 2.97              | 3.07       | 2.88       | 2.69       | 2.79       | 3.03       | 2.96       | 3.02       | 3.17       | 2.96         | 2.99       | 2.93       | 3.01       | 2.85              | 2.99       |
| Standard deviation | 0.89              | 0.88       | 0.90       | 0.99       | 0.87       | 0.82       | 0.92       | 0.90       | 0.84       | 0.86         | 0.90       | 0.92       | 0.90       | 0.85              | 0.89       |
| Standard error     | 0.02              | 0.03       | 0.03       | 0.07       | 0.05       | 0.05       | 0.05       | 0.05       | 0.04       | 0.04         | 0.04       | 0.05       | 0.04       | 0.06              | 0.03       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 7

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**The accessibility of exercise facilities has no impact on my likelihood to exercise**

**Base: All respondents**

|                       | Region      |            |           |              |            |            |                        |               |               |            |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |             |
|-----------------------|-------------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|------------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|-------------|
|                       | Total       | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern    | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No          |
| Unweighted base       | 2051        | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226        | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528        |
| Weighted base         | 2051        | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199        | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603        |
| NET: Agree            | 1314<br>64% | 128<br>72% | 77<br>74% | 1110<br>63%  | 44<br>52%  | 166<br>70% | 113<br>65%             | 111<br>60%    | 101<br>66%    | 120<br>61% | 143<br>53% | 200<br>70% | 111<br>61% | 240<br>60%   | 62<br>51%              | 158<br>65%               | 71<br>49%        | 12<br>60%   | 1050<br>66% |
| Agree strongly (4)    | 551<br>27%  | 38<br>21%  | 26<br>25% | 488<br>28%   | 22<br>26%  | 76<br>32%  | 46<br>26%              | 45<br>24%     | 38<br>25%     | 51<br>25%  | 66<br>24%  | 89<br>31%  | 56<br>31%  | 105<br>26%   | 24<br>19%              | 67<br>28%                | 34<br>24%        | 4<br>21%    | 436<br>27%  |
| Tend to agree (3)     | 763<br>37%  | 90<br>50%  | 51<br>49% | 622<br>35%   | 22<br>26%  | 90<br>38%  | 67<br>39%              | 67<br>36%     | 63<br>41%     | 70<br>35%  | 78<br>29%  | 111<br>39% | 55<br>30%  | 135<br>34%   | 39<br>32%              | 90<br>37%                | 37<br>25%        | 8<br>38%    | 614<br>38%  |
| Tend to disagree (2)  | 323<br>16%  | 20<br>11%  | 20<br>19% | 283<br>16%   | 17<br>20%  | 25<br>11%  | 26<br>15%              | 36<br>19%     | 32<br>21%     | 34<br>17%  | 48<br>18%  | 37<br>13%  | 29<br>16%  | 74<br>18%  | 28<br>23%              | 44<br>18%                | 25<br>17%        | 3<br>16%    | 244<br>15%  |
| Disagree strongly (1) | 136<br>7%   | 11<br>6%   | 6<br>6%   | 119<br>7%    | 8<br>9%    | 11<br>5%   | 17<br>10%              | 15<br>8%      | 4<br>3%       | 17<br>9%   | 25<br>9%   | 16<br>5%   | 6<br>3%    | 38<br>10%  | 11<br>9%               | 21<br>8%                 | 19<br>13%        | *<br>2%     | 95<br>6%    |
| NET: Disagree         | 460<br>22%  | 31<br>18%  | 26<br>25% | 403<br>23%   | 25<br>29%  | 36<br>15%  | 43<br>25%              | 51<br>28%     | 36<br>24%     | 52<br>26%  | 73<br>27%  | 52<br>18%  | 35<br>19%  | 112<br>28%   | 39<br>32%              | 65<br>27%                | 44<br>30%        | 3<br>17%    | 339<br>21%  |
| Don't know            | 277<br>13%  | 19<br>11%  | 2<br>2%   | 256<br>14%   | 17<br>20%  | 34<br>14%  | 18<br>10%              | 22<br>12%     | 15<br>10%     | 27<br>14%  | 54<br>20%  | 35<br>12%  | 34<br>19%  | 51<br>13%  | 20<br>17%              | 21<br>9%                 | 32<br>22%        | 5<br>23%    | 214<br>13%  |
| Mean                  | 2.97        | 2.97       | 2.94      | 2.98         | 2.85       | 3.15       | 2.91                   | 2.87          | 2.98          | 2.89       | 2.85       | 3.08       | 3.10       | 2.87   | 2.74                   | 2.92                     | 2.76             | 3.03        | 3.00        |
| Standard deviation    | 0.89        | 0.80       | 0.83      | 0.91         | 1.01       | 0.83       | 0.95                   | 0.92          | 0.80          | 0.95       | 0.99       | 0.86       | 0.86       | 0.96   | 0.94                   | 0.93                     | 1.06             | 0.78        | 0.87        |
| Standard error        | 0.02        | 0.06       | 0.08      | 0.02         | 0.12       | 0.06       | 0.07                   | 0.07          | 0.08          | 0.07       | 0.07       | 0.05       | 0.07       | 0.05   | 0.08                   | 0.06                     | 0.09             | 0.18        | 0.02        |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 8

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**There has been a positive legacy for disabled people from the 2012 Paralympics**

**Base: All respondents**

|                    | Gender         |            |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |
|--------------------|----------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
|                    | Total          | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |
| Unweighted base    | 2051           | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |
| Weighted base      | 2051           | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |
| NET: Agree         | 1383<br>67%    | 647<br>65% | 737<br>70% | 154<br>65% | 231<br>65% | 228<br>68% | 251<br>69% | 195<br>66% | 325<br>71% | 375<br>68%   | 360<br>65% | 316<br>71% | 332<br>66% | 170<br>66%        | 622<br>69% |
| Agree strongly     | (4) 515<br>25% | 221<br>22% | 294<br>28% | 65<br>27%  | 93<br>26%  | 75<br>22%  | 99<br>27%  | 68<br>23%  | 115<br>25% | 141<br>25%   | 131<br>24% | 105<br>23% | 139<br>28% | 59<br>23%         | 245<br>27% |
| Tend to agree      | (3) 868<br>42% | 426<br>43% | 442<br>42% | 89<br>37%  | 137<br>39% | 153<br>45% | 153<br>42% | 127<br>43% | 210<br>46% | 235<br>43%   | 230<br>42% | 211<br>47% | 193<br>39% | 111<br>43%        | 377<br>42% |
| Tend to disagree   | (2) 184<br>9%  | 106<br>11% | 79<br>7%   | 23<br>9%   | 37<br>10%  | 32<br>10%  | 19<br>5%   | 35<br>12%  | 39<br>9%   | 53<br>10%    | 49<br>9%   | 28<br>6%   | 55<br>11%  | 19<br>7%          | 80<br>9%   |
| Disagree strongly  | (1) 70<br>3%   | 46<br>5%   | 23<br>2%   | 5<br>2%    | 5<br>1%    | 6<br>2%    | 24<br>7%   | 15<br>5%   | 15<br>3%   | 18<br>3%     | 17<br>3%   | 14<br>3%   | 20<br>4%   | 12<br>5%          | 24<br>3%   |
| NET: Disagree      | 254<br>12%     | 152<br>15% | 102<br>10% | 28<br>12%  | 42<br>12%  | 38<br>11%  | 43<br>12%  | 50<br>17%  | 54<br>12%  | 71<br>13%    | 66<br>12%  | 42<br>9%   | 75<br>15%  | 31<br>12%         | 104<br>12% |
| Don't know         | 414<br>20%     | 200<br>20% | 213<br>20% | 57<br>24%  | 83<br>23%  | 71<br>21%  | 71<br>19%  | 51<br>17%  | 81<br>18%  | 105<br>19%   | 126<br>23% | 89<br>20%  | 93<br>19%  | 56<br>22%         | 177<br>20% |
| Mean               | 3.12           | 3.03       | 3.20       | 3.18       | 3.17       | 3.12       | 3.11       | 3.01       | 3.12       | 3.11         | 3.11       | 3.13       | 3.11       | 3.08              | 3.16       |
| Standard deviation | 0.76           | 0.80       | 0.72       | 0.75       | 0.72       | 0.69       | 0.85       | 0.82       | 0.74       | 0.77         | 0.75       | 0.72       | 0.82       | 0.79              | 0.74       |
| Standard error     | 0.02           | 0.03       | 0.03       | 0.06       | 0.05       | 0.04       | 0.05       | 0.05       | 0.04       | 0.04         | 0.03       | 0.04       | 0.04       | 0.06              | 0.03       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 8

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**There has been a positive legacy for disabled people from the 2012 Paralympics**

**Base: All respondents**

|                       | Region      |            |           |              |            |            |                        |               |               |            |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |             |
|-----------------------|-------------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|------------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|-------------|
|                       | Total       | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern    | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No          |
| Unweighted base       | 2051        | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226        | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528        |
| Weighted base         | 2051        | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199        | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603        |
| NET: Agree            | 1383<br>67% | 115<br>64% | 76<br>72% | 1193<br>67%  | 48<br>56%  | 164<br>70% | 122<br>70%             | 127<br>69%    | 106<br>70%    | 146<br>74% | 172<br>64% | 197<br>69% | 110<br>61% | 257<br>64%   | 79<br>65%              | 152<br>62%               | 83<br>56%        | 13<br>67%   | 1102<br>69% |
| Agree strongly (4)    | 515<br>25%  | 37<br>21%  | 31<br>29% | 448<br>25%   | 19<br>22%  | 68<br>29%  | 49<br>28%              | 48<br>26%     | 32<br>21%     | 63<br>32%  | 56<br>21%  | 76<br>26%  | 36<br>20%  | 96<br>24%  | 28<br>23%              | 55<br>23%                | 34<br>23%        | 4<br>20%    | 411<br>26%  |
| Tend to agree (3)     | 868<br>42%  | 78<br>44%  | 45<br>43% | 745<br>42%   | 29<br>34%  | 96<br>41%  | 74<br>42%              | 78<br>43%     | 74<br>49%     | 83<br>42%  | 116<br>43% | 122<br>42% | 74<br>41%  | 160<br>40%   | 51<br>42%              | 97<br>40%                | 49<br>33%        | 9<br>48%    | 691<br>43%  |
| Tend to disagree (2)  | 184<br>9%   | 20<br>11%  | 13<br>13% | 152<br>9%    | 6<br>7%    | 16<br>7%   | 14<br>8%               | 23<br>12%     | 13<br>8%      | 17<br>9%   | 25<br>9%   | 22<br>8%   | 16<br>9%   | 49<br>12%  | 11<br>9%               | 29<br>12%                | 20<br>14%        | 4<br>18%    | 133<br>8%   |
| Disagree strongly (1) | 70<br>3%    | 11<br>6%   | 3<br>3%   | 56<br>3%     | 2<br>2%    | 12<br>5%   | 4<br>2%                | 6<br>3%       | 5<br>3%       | 5<br>2%    | 7<br>3%    | 11<br>4%   | 4<br>2%    | 34<br>8%   | 10<br>8%               | 24<br>10%                | 15<br>10%        | 1<br>6%     | 35<br>2%    |
| NET: Disagree         | 254<br>12%  | 30<br>17%  | 16<br>16% | 207<br>12%   | 8<br>9%    | 29<br>12%  | 17<br>10%              | 29<br>16%     | 18<br>12%     | 22<br>11%  | 32<br>12%  | 33<br>12%  | 20<br>11%  | 84<br>21%  | 20<br>17%              | 52<br>21%                | 35<br>24%        | 5<br>24%    | 168<br>10%  |
| Don't know            | 414<br>20%  | 33<br>18%  | 13<br>12% | 368<br>21%   | 30<br>35%  | 43<br>18%  | 34<br>20%              | 29<br>16%     | 28<br>18%     | 30<br>15%  | 66<br>24%  | 56<br>20%  | 51<br>28%  | 62<br>15%  | 22<br>18%              | 40<br>16%                | 29<br>20%        | 2<br>8%     | 333<br>21%  |
| Mean                  | 3.12        | 2.97       | 3.13      | 3.13         | 3.17       | 3.14       | 3.20                   | 3.08          | 3.08          | 3.21       | 3.08       | 3.14       | 3.09       | 2.94   | 2.98                   | 2.90                     | 2.86             | 2.88        | 3.16        |
| Standard deviation    | 0.76        | 0.83       | 0.77      | 0.76         | 0.75       | 0.82       | 0.72                   | 0.78          | 0.73          | 0.74       | 0.73       | 0.77       | 0.72       | 0.91   | 0.89                   | 0.93                     | 0.98             | 0.85        | 0.72        |
| Standard error        | 0.02        | 0.07       | 0.08      | 0.02         | 0.10       | 0.06       | 0.06                   | 0.06          | 0.07          | 0.05       | 0.05       | 0.05       | 0.06       | 0.05   | 0.08                   | 0.06                     | 0.08             | 0.18        | 0.02        |



## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 9

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**Sporting competitions for disabled athletes should be integrated into the same athletics events as those currently featuring non-disabled athletes, such as the Olympics**

**Base: All respondents**

|                    | Gender            |            |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |
|--------------------|-------------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
|                    | Total             | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |
| Unweighted base    | 2051              | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |
| Weighted base      | 2051              | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |
| NET: Agree         | 977<br>48%        | 458<br>46% | 519<br>49% | 115<br>48% | 179<br>50% | 158<br>47% | 181<br>50% | 121<br>41% | 222<br>48% | 265<br>48%   | 252<br>46% | 200<br>45% | 260<br>52% | 130<br>51%        | 417<br>46% |
| Agree strongly     | (4)<br>337<br>16% | 158<br>16% | 180<br>17% | 35<br>15%  | 79<br>22%  | 39<br>12%  | 65<br>18%  | 45<br>15%  | 73<br>16%  | 94<br>17%    | 80<br>15%  | 61<br>14%  | 103<br>20% | 41<br>16%         | 150<br>17% |
| Tend to agree      | (3)<br>639<br>31% | 300<br>30% | 339<br>32% | 79<br>33%  | 100<br>28% | 119<br>35% | 117<br>32% | 76<br>26%  | 148<br>32% | 171<br>31%   | 172<br>31% | 139<br>31% | 157<br>31% | 89<br>35%         | 267<br>30% |
| Tend to disagree   | (2)<br>428<br>21% | 218<br>22% | 211<br>20% | 54<br>23%  | 54<br>15%  | 60<br>18%  | 75<br>20%  | 79<br>27%  | 106<br>23% | 126<br>23%   | 110<br>20% | 100<br>22% | 93<br>19%  | 37<br>14%         | 186<br>21% |
| Disagree strongly  | (1)<br>157<br>8%  | 102<br>10% | 55<br>5%   | 5<br>2%    | 18<br>5%   | 23<br>7%   | 25<br>7%   | 31<br>10%  | 54<br>12%  | 37<br>7%     | 49<br>9%   | 34<br>8%   | 38<br>8%   | 18<br>7%          | 65<br>7%   |
| NET: Disagree      | 586<br>29%        | 320<br>32% | 266<br>25% | 59<br>25%  | 72<br>20%  | 84<br>25%  | 100<br>27% | 110<br>37% | 160<br>35% | 162<br>29%   | 158<br>29% | 134<br>30% | 131<br>26% | 55<br>21%         | 251<br>28% |
| Don't know         | 489<br>24%        | 222<br>22% | 267<br>25% | 64<br>27%  | 104<br>29% | 94<br>28%  | 84<br>23%  | 64<br>22%  | 78<br>17%  | 125<br>23%   | 141<br>26% | 113<br>25% | 110<br>22% | 73<br>28%         | 235<br>26% |
| Mean               | 2.74              | 2.66       | 2.82       | 2.83       | 2.96       | 2.72       | 2.79       | 2.58       | 2.63       | 2.75         | 2.69       | 2.68       | 2.83       | 2.83              | 2.75       |
| Standard deviation | 0.91              | 0.95       | 0.86       | 0.78       | 0.91       | 0.85       | 0.90       | 0.95       | 0.95       | 0.89         | 0.92       | 0.89       | 0.93       | 0.88              | 0.91       |
| Standard error     | 0.02              | 0.03       | 0.03       | 0.06       | 0.06       | 0.06       | 0.05       | 0.06       | 0.05       | 0.05         | 0.04       | 0.05       | 0.04       | 0.07              | 0.04       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 9

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**Sporting competitions for disabled athletes should be integrated into the same athletics events as those currently featuring non-disabled athletes, such as the Olympics**

**Base: All respondents**

|                       | Region     |           |           |              |            |            |                        |               |               |           |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |            |
|-----------------------|------------|-----------|-----------|--------------|------------|------------|------------------------|---------------|---------------|-----------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|------------|
|                       | Total      | Scotland  | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern   | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No         |
| Unweighted base       | 2051       | 188       | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226       | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528       |
| Weighted base         | 2051       | 178       | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199       | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603       |
| NET: Agree            | 977<br>48% | 92<br>52% | 60<br>58% | 824<br>47%   | 41<br>48%  | 126<br>53% | 82<br>47%              | 93<br>51%     | 67<br>44%     | 91<br>46% | 125<br>46% | 125<br>44% | 73<br>41%  | 204<br>51%   | 63<br>52%              | 120<br>49%               | 69<br>47%        | 11<br>53%   | 755<br>47% |
| Agree strongly (4)    | 337<br>16% | 30<br>17% | 17<br>16% | 291<br>16%   | 12<br>14%  | 61<br>26%  | 24<br>14%              | 36<br>19%     | 12<br>8%      | 28<br>14% | 48<br>18%  | 50<br>17%  | 20<br>11%  | 79<br>20%  | 25<br>21%              | 47<br>19%                | 28<br>19%        | 3<br>15%    | 253<br>16% |
| Tend to agree (3)     | 639<br>31% | 63<br>35% | 43<br>41% | 533<br>30%   | 29<br>34%  | 65<br>28%  | 58<br>33%              | 57<br>31%     | 55<br>36%     | 63<br>32% | 77<br>28%  | 76<br>26%  | 53<br>30%  | 125<br>31%   | 38<br>31%              | 73<br>30%                | 41<br>28%        | 8<br>39%    | 503<br>31% |
| Tend to disagree (2)  | 428<br>21% | 36<br>20% | 25<br>23% | 368<br>21%   | 18<br>21%  | 39<br>17%  | 40<br>23%              | 39<br>21%     | 34<br>22%     | 46<br>23% | 59<br>22%  | 60<br>21%  | 32<br>18%  | 82<br>20%  | 21<br>18%              | 56<br>23%                | 23<br>16%        | 3<br>16%    | 341<br>21% |
| Disagree strongly (1) | 157<br>8%  | 8<br>5%   | 4<br>4%   | 145<br>8%    | 3<br>3%    | 23<br>10%  | 15<br>9%               | 10<br>5%      | 16<br>11%     | 22<br>11% | 18<br>7%   | 25<br>9%   | 13<br>7%   | 39<br>10%  | 8<br>7%                | 25<br>10%                | 17<br>12%        | 2<br>12%    | 116<br>7%  |
| NET: Disagree         | 586<br>29% | 44<br>25% | 29<br>27% | 512<br>29%   | 21<br>25%  | 62<br>26%  | 55<br>32%              | 48<br>26%     | 50<br>33%     | 68<br>34% | 77<br>29%  | 86<br>30%  | 45<br>25%  | 121<br>30%   | 30<br>25%              | 81<br>33%                | 40<br>28%        | 5<br>27%    | 458<br>29% |
| Don't know            | 489<br>24% | 42<br>23% | 15<br>15% | 432<br>24%   | 24<br>28%  | 48<br>20%  | 37<br>21%              | 43<br>23%     | 35<br>23%     | 40<br>20% | 68<br>25%  | 76<br>26%  | 62<br>34%  | 78<br>19%  | 28<br>23%              | 43<br>18%                | 37<br>25%        | 4<br>19%    | 391<br>24% |
| Mean                  | 2.74       | 2.83      | 2.82      | 2.73         | 2.81       | 2.87       | 2.67                   | 2.84          | 2.53          | 2.61      | 2.77       | 2.71       | 2.68       | 2.75   | 2.86                   | 2.71                     | 2.73             | 2.70        | 2.74       |
| Standard deviation    | 0.91       | 0.84      | 0.79      | 0.92         | 0.80       | 1.00       | 0.90                   | 0.89          | 0.86          | 0.93      | 0.92       | 0.96       | 0.88       | 0.96   | 0.92                   | 0.96                     | 1.02             | 0.96        | 0.90       |
| Standard error        | 0.02       | 0.07      | 0.08      | 0.03         | 0.10       | 0.08       | 0.07                   | 0.08          | 0.09          | 0.07      | 0.06       | 0.06       | 0.08       | 0.05   | 0.09                   | 0.06                     | 0.09             | 0.21        | 0.03       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 10

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**The 2012 Paralympics has had no impact on social perceptions of disabled people**

**Base: All respondents**

|                    | Gender            |            |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |
|--------------------|-------------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
|                    | Total             | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |
| Unweighted base    | 2051              | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |
| Weighted base      | 2051              | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |
| NET: Agree         | 497<br>24%        | 272<br>27% | 225<br>21% | 52<br>22%  | 95<br>27%  | 93<br>27%  | 78<br>21%  | 69<br>23%  | 111<br>24% | 118<br>21%   | 118<br>21% | 120<br>27% | 141<br>28% | 55<br>21%         | 218<br>24% |
| Agree strongly     | (4)<br>148<br>7%  | 99<br>10%  | 49<br>5%   | 13<br>5%   | 32<br>9%   | 19<br>6%   | 29<br>8%   | 22<br>7%   | 34<br>7%   | 35<br>6%     | 33<br>6%   | 35<br>8%   | 44<br>9%   | 16<br>6%          | 69<br>8%   |
| Tend to agree      | (3)<br>349<br>17% | 173<br>17% | 176<br>17% | 39<br>16%  | 63<br>18%  | 74<br>22%  | 49<br>13%  | 47<br>16%  | 78<br>17%  | 82<br>15%    | 85<br>15%  | 85<br>19%  | 97<br>19%  | 39<br>15%         | 149<br>17% |
| Tend to disagree   | (2)<br>668<br>33% | 311<br>31% | 357<br>34% | 79<br>33%  | 98<br>28%  | 104<br>31% | 121<br>33% | 109<br>37% | 157<br>34% | 204<br>37%   | 193<br>35% | 131<br>29% | 140<br>28% | 83<br>32%         | 279<br>31% |
| Disagree strongly  | (1)<br>505<br>25% | 245<br>25% | 260<br>25% | 44<br>19%  | 83<br>23%  | 70<br>21%  | 105<br>29% | 79<br>27%  | 123<br>27% | 137<br>25%   | 128<br>23% | 109<br>24% | 132<br>26% | 65<br>25%         | 229<br>25% |
| NET: Disagree      | 1172<br>57%       | 555<br>56% | 617<br>59% | 123<br>52% | 181<br>51% | 175<br>52% | 226<br>62% | 188<br>64% | 279<br>61% | 341<br>62%   | 320<br>58% | 239<br>54% | 271<br>54% | 148<br>57%        | 509<br>56% |
| Don't know         | 382<br>19%        | 171<br>17% | 210<br>20% | 63<br>26%  | 79<br>22%  | 70<br>21%  | 62<br>17%  | 39<br>13%  | 69<br>15%  | 93<br>17%    | 113<br>20% | 88<br>20%  | 88<br>18%  | 55<br>21%         | 176<br>19% |
| Mean               | 2.08              | 2.15       | 2.02       | 2.12       | 2.16       | 2.15       | 2.01       | 2.05       | 2.06       | 2.04         | 2.05       | 2.13       | 2.13       | 2.03              | 2.08       |
| Standard deviation | 0.93              | 0.98       | 0.87       | 0.87       | 0.99       | 0.90       | 0.94       | 0.91       | 0.93       | 0.89         | 0.89       | 0.96       | 0.98       | 0.91              | 0.95       |
| Standard error     | 0.02              | 0.03       | 0.03       | 0.07       | 0.06       | 0.06       | 0.05       | 0.06       | 0.05       | 0.04         | 0.04       | 0.05       | 0.05       | 0.07              | 0.04       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 10

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**The 2012 Paralympics has had no impact on social perceptions of disabled people**

**Base: All respondents**

|                       | Region      |            |           |              |            |            |                        |               |               |            |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |            |
|-----------------------|-------------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|------------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|------------|
|                       | Total       | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern    | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No         |
| Unweighted base       | 2051        | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226        | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528       |
| Weighted base         | 2051        | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199        | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603       |
| NET: Agree            | 497<br>24%  | 48<br>27%  | 22<br>21% | 427<br>24%   | 22<br>26%  | 52<br>22%  | 37<br>21%              | 43<br>24%     | 38<br>25%     | 59<br>30%  | 77<br>28%  | 63<br>22%  | 35<br>19%  | 132<br>33%   | 32<br>27%              | 83<br>34%                | 61<br>41%        | 8<br>41%    | 351<br>22% |
| Agree strongly (4)    | 148<br>7%   | 14<br>8%   | 9<br>9%   | 125<br>7%    | 11<br>13%  | 18<br>8%   | 13<br>8%               | 11<br>6%      | 11<br>7%      | 12<br>6%   | 20<br>7%   | 21<br>7%   | 8<br>5%    | 42<br>10%  | 10<br>9%               | 23<br>10%                | 20<br>13%        | 1<br>3%     | 101<br>6%  |
| Tend to agree (3)     | 349<br>17%  | 35<br>19%  | 13<br>13% | 302<br>17%   | 11<br>13%  | 34<br>14%  | 24<br>14%              | 33<br>18%     | 28<br>18%     | 47<br>24%  | 57<br>21%  | 42<br>15%  | 27<br>15%  | 90<br>22%  | 22<br>18%              | 60<br>25%                | 41<br>28%        | 7<br>38%    | 250<br>16% |
| Tend to disagree (2)  | 668<br>33%  | 63<br>35%  | 36<br>34% | 569<br>32%   | 25<br>29%  | 76<br>32%  | 54<br>31%              | 66<br>36%     | 59<br>39%     | 54<br>27%  | 79<br>29%  | 87<br>30%  | 67<br>37%  | 111<br>28%   | 37<br>31%              | 71<br>29%                | 33<br>22%        | 2<br>10%    | 544<br>34% |
| Disagree strongly (1) | 505<br>25%  | 38<br>21%  | 35<br>34% | 432<br>24%   | 18<br>21%  | 65<br>28%  | 48<br>27%              | 43<br>23%     | 31<br>20%     | 55<br>28%  | 56<br>21%  | 72<br>25%  | 44<br>25%  | 103<br>26%   | 32<br>26%              | 56<br>23%                | 35<br>24%        | 7<br>33%    | 396<br>25% |
| NET: Disagree         | 1172<br>57% | 101<br>57% | 71<br>68% | 1000<br>57%  | 42<br>49%  | 142<br>60% | 102<br>58%             | 109<br>59%    | 90<br>59%     | 110<br>55% | 136<br>50% | 159<br>55% | 112<br>62% | 214<br>53%   | 69<br>57%              | 127<br>52%               | 68<br>46%        | 9<br>43%    | 941<br>59% |
| Don't know            | 382<br>19%  | 29<br>17%  | 11<br>11% | 341<br>19%   | 21<br>25%  | 42<br>18%  | 35<br>20%              | 32<br>17%     | 24<br>16%     | 30<br>15%  | 58<br>21%  | 65<br>23%  | 34<br>19%  | 57<br>14%  | 20<br>16%              | 33<br>14%                | 18<br>12%        | 3<br>16%    | 311<br>19% |
| Mean                  | 2.08        | 2.16       | 1.96      | 2.08         | 2.25       | 2.02       | 2.02                   | 2.07          | 2.14          | 2.10       | 2.19       | 2.06       | 1.99       | 2.21   | 2.11                   | 2.24                     | 2.36             | 2.13        | 2.04       |
| Standard deviation    | 0.93        | 0.91       | 0.96      | 0.93         | 1.05       | 0.94       | 0.95                   | 0.88          | 0.88          | 0.94       | 0.94       | 0.95       | 0.85       | 1.00   | 0.97                   | 0.97                     | 1.04             | 1.02        | 0.90       |
| Standard error        | 0.02        | 0.07       | 0.10      | 0.02         | 0.13       | 0.07       | 0.08                   | 0.07          | 0.09          | 0.07       | 0.06       | 0.06       | 0.07       | 0.05   | 0.09                   | 0.06                     | 0.08             | 0.23        | 0.03       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 11

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**Disabled athletes should not be able to compete in the Olympics**

**Base: All respondents**

|                    | Gender             |            |            | Age        |            |            |            |            |            | Social Grade |            |            |            | Employment Sector |            |
|--------------------|--------------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
|                    | Total              | Male       | Female     | 18-24      | 25-34      | 35-44      | 45-54      | 55-64      | 65+        | AB           | C1         | C2         | DE         | Public            | Private    |
| Unweighted base    | 2051               | 1044       | 1007       | 231        | 324        | 308        | 383        | 307        | 498        | 490          | 615        | 390        | 556        | 221               | 810        |
| Weighted base      | 2051               | 999        | 1052       | 238        | 355        | 337        | 365        | 296        | 460        | 552          | 552        | 447        | 500        | 258               | 903        |
| NET: Agree         | 276<br>13%         | 167<br>17% | 109<br>10% | 42<br>18%  | 52<br>15%  | 55<br>16%  | 45<br>12%  | 39<br>13%  | 43<br>9%   | 79<br>14%    | 83<br>15%  | 47<br>10%  | 67<br>13%  | 42<br>16%         | 140<br>16% |
| Agree strongly     | (4)<br>96<br>5%    | 69<br>7%   | 27<br>3%   | 17<br>7%   | 14<br>4%   | 17<br>5%   | 18<br>5%   | 13<br>4%   | 17<br>4%   | 30<br>5%     | 27<br>5%   | 19<br>4%   | 19<br>4%   | 14<br>6%          | 45<br>5%   |
| Tend to agree      | (3)<br>180<br>9%   | 98<br>10%  | 82<br>8%   | 25<br>11%  | 38<br>11%  | 38<br>11%  | 28<br>8%   | 26<br>9%   | 25<br>6%   | 49<br>9%     | 56<br>10%  | 27<br>6%   | 48<br>10%  | 28<br>11%         | 96<br>11%  |
| Tend to disagree   | (2)<br>344<br>17%  | 182<br>18% | 161<br>15% | 40<br>17%  | 62<br>17%  | 60<br>18%  | 55<br>15%  | 51<br>17%  | 76<br>16%  | 95<br>17%    | 87<br>16%  | 81<br>18%  | 81<br>16%  | 31<br>12%         | 146<br>16% |
| Disagree strongly  | (1)<br>1128<br>55% | 499<br>50% | 629<br>60% | 99<br>42%  | 169<br>48% | 163<br>48% | 216<br>59% | 185<br>63% | 296<br>64% | 289<br>52%   | 296<br>54% | 255<br>57% | 288<br>58% | 139<br>54%        | 468<br>52% |
| NET: Disagree      | 1472<br>72%        | 682<br>68% | 791<br>75% | 139<br>58% | 231<br>65% | 223<br>66% | 272<br>74% | 236<br>80% | 372<br>81% | 385<br>70%   | 383<br>69% | 335<br>75% | 369<br>74% | 171<br>66%        | 614<br>68% |
| Don't know         | 303<br>15%         | 150<br>15% | 152<br>14% | 57<br>24%  | 72<br>20%  | 59<br>17%  | 48<br>13%  | 22<br>7%   | 45<br>10%  | 88<br>16%    | 86<br>16%  | 65<br>15%  | 64<br>13%  | 45<br>18%         | 148<br>16% |
| Mean               | 1.57               | 1.69       | 1.45       | 1.78       | 1.64       | 1.67       | 1.52       | 1.51       | 1.43       | 1.61         | 1.60       | 1.51       | 1.54       | 1.61              | 1.63       |
| Standard deviation | 0.88               | 0.97       | 0.78       | 1.01       | 0.89       | 0.93       | 0.87       | 0.85       | 0.79       | 0.92         | 0.91       | 0.84       | 0.86       | 0.95              | 0.92       |
| Standard error     | 0.02               | 0.03       | 0.03       | 0.08       | 0.06       | 0.06       | 0.05       | 0.05       | 0.04       | 0.05         | 0.04       | 0.05       | 0.04       | 0.07              | 0.04       |

## Disability & Exercise Survey

### ONLINE Fieldwork: 14th - 15th October 2015

Absolutes/col percents

Table 11

**Q.4 To what extent do you agree or disagree with each of the following statements?**

**Disabled athletes should not be able to compete in the Olympics**

**Base: All respondents**

|                       | Region      |            |           |              |            |            |                        |               |               |            |            |            |            | Do you have a longstanding physical or mental condition or disability? |                        |                          |                  |             |             |
|-----------------------|-------------|------------|-----------|--------------|------------|------------|------------------------|---------------|---------------|------------|------------|------------|------------|--|------------------------|--------------------------|------------------|-------------|-------------|
|                       | Total       | Scotland   | Wales     | NET: England | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | Eastern    | London     | South East | South West | NET: Yes   | Yes - mental condition | Yes - physical condition | Yes - disability | Yes - other | No          |
| Unweighted base       | 2051        | 188        | 112       | 1751         | 81         | 216        | 183                    | 182           | 122           | 226        | 275        | 305        | 161        | 474  | 144                    | 286                      | 179              | 26          | 1528        |
| Weighted base         | 2051        | 178        | 104       | 1768         | 86         | 236        | 174                    | 184           | 152           | 199        | 270        | 287        | 180        | 402  | 121                    | 244                      | 146              | 20          | 1603        |
| NET: Agree            | 276<br>13%  | 22<br>12%  | 11<br>10% | 243<br>14%   | 10<br>12%  | 35<br>15%  | 24<br>14%              | 28<br>15%     | 28<br>19%     | 33<br>17%  | 41<br>15%  | 30<br>10%  | 15<br>8%   | 42<br>10%  | 12<br>10%              | 21<br>8%                 | 15<br>10%        | 3<br>13%    | 231<br>14%  |
| Agree strongly (4)    | 96<br>5%    | 6<br>4%    | 4<br>4%   | 85<br>5%     | 4<br>5%    | 19<br>8%   | 5<br>3%                | 7<br>4%       | 11<br>7%      | 4<br>2%    | 14<br>5%   | 13<br>5%   | 7<br>4%    | 20<br>5%   | 4<br>4%                | 9<br>4%                  | 9<br>6%          | 2<br>10%    | 76<br>5%    |
| Tend to agree (3)     | 180<br>9%   | 16<br>9%   | 6<br>6%   | 158<br>9%    | 6<br>7%    | 16<br>7%   | 19<br>11%              | 21<br>11%     | 17<br>11%     | 29<br>14%  | 26<br>10%  | 17<br>6%   | 8<br>4%    | 22<br>5%   | 8<br>7%                | 11<br>5%                 | 7<br>5%          | 1<br>4%     | 155<br>10%  |
| Tend to disagree (2)  | 344<br>17%  | 29<br>16%  | 21<br>21% | 294<br>17%   | 7<br>8%    | 36<br>15%  | 28<br>16%              | 33<br>18%     | 32<br>21%     | 30<br>15%  | 42<br>15%  | 51<br>18%  | 34<br>19%  | 66<br>16%  | 21<br>17%              | 45<br>18%                | 21<br>14%        | 1<br>7%     | 266<br>17%  |
| Disagree strongly (1) | 1128<br>55% | 103<br>58% | 63<br>60% | 963<br>54%   | 52<br>61%  | 132<br>56% | 104<br>60%             | 99<br>53%     | 65<br>43%     | 110<br>55% | 141<br>52% | 165<br>57% | 95<br>53%  | 248<br>62%   | 65<br>54%              | 155<br>64%               | 90<br>62%        | 11<br>55%   | 862<br>54%  |
| NET: Disagree         | 1472<br>72% | 131<br>74% | 84<br>81% | 1257<br>71%  | 59<br>69%  | 169<br>72% | 132<br>76%             | 132<br>72%    | 97<br>64%     | 140<br>70% | 182<br>67% | 216<br>75% | 129<br>72% | 313<br>78%   | 86<br>71%              | 200<br>82%               | 111<br>76%       | 12<br>63%   | 1128<br>70% |
| Don't know            | 303<br>15%  | 25<br>14%  | 9<br>9%   | 268<br>15%   | 17<br>19%  | 32<br>14%  | 18<br>10%              | 25<br>13%     | 26<br>17%     | 26<br>13%  | 47<br>18%  | 41<br>14%  | 36<br>20%  | 47<br>12%  | 23<br>19%              | 24<br>10%                | 20<br>14%        | 5<br>24%    | 244<br>15%  |
| Mean                  | 1.57        | 1.51       | 1.50      | 1.58         | 1.45       | 1.61       | 1.52                   | 1.60          | 1.80          | 1.58       | 1.62       | 1.50       | 1.50       | 1.47   | 1.51                   | 1.43                     | 1.47             | 1.57        | 1.59        |
| Standard deviation    | 0.88        | 0.84       | 0.82      | 0.89         | 0.89       | 0.97       | 0.83                   | 0.87          | 0.99          | 0.86       | 0.93       | 0.84       | 0.82       | 0.84   | 0.83                   | 0.78                     | 0.88             | 1.09        | 0.90        |
| Standard error        | 0.02        | 0.07       | 0.08      | 0.02         | 0.11       | 0.07       | 0.07                   | 0.07          | 0.10          | 0.06       | 0.06       | 0.05       | 0.07       | 0.04   | 0.08                   | 0.05                     | 0.07             | 0.24        | 0.02        |