

Independent Age – Loneliness Poll

METHODOLOGY NOTE

ComRes interviewed 1,014 British adults aged 18+ by telephone between the 27th and 31st October 2016. Data were weighted to be nationally representative of all British adults aged 18+. ComRes is a member of the British Polling Council and abides by its rules.

All press releases or other publications must be checked with ComRes before use. ComRes requires 48 hours to check a press release unless otherwise agreed.

To commission a voting intention poll or a public opinion survey please contact Tom Mludzinski: Tom.Mludzinski@comres.co.uk

To register for Pollwatch, a monthly newsletter update on the polls, please email: pollwatch@comres.co.uk

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 1
Q0. Including yourself how many people in total live in your household?
Base: All respondents

	Gender			Age								Class							Region								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
1 - living alone	256 25%	121 25%	135 26%	11 9%	30 17%	24 15%	35 19%	41 28%	140 18%	48 39%	116 51%	67 65%	44 16%	60 22%	44 20%	108 44%	25 28%	9 21%	28 24%	22 26%	20 22%	23 31%	13 25%	29 29%	38 29%	28 19%	21 24%
NET: Live with others	750 74%	369 75%	381 73%	105 89%	145 82%	141 85%	145 80%	104 71%	640 81%	75 60%	110 49%	35 34%	227 83%	210 77%	176 79%	137 55%	63 71%	32 75%	86 74%	63 73%	71 78%	52 69%	39 75%	69 71%	94 70%	114 81%	68 76%
2 - living with one other	326 32%	154 31%	171 33%	30 25%	61 35%	29 17%	44 25%	71 49%	234 30%	61 49%	91 40%	30 29%	90 33%	93 34%	73 33%	69 28%	32 36%	10 25%	43 37%	27 31%	35 38%	22 29%	14 27%	31 32%	34 25%	43 30%	35 39%
3+ - living with more than one other	424 42%	214 43%	210 40%	75 64%	84 48%	113 68%	100 56%	33 23%	405 52%	14 11%	19 8%	5 5%	138 50%	116 43%	102 46%	68 27%	31 35%	21 50%	42 36%	36 42%	36 40%	30 40%	25 48%	38 39%	60 45%	72 51%	33 37%
Refused	8 1%	4 1%	4 1%	3 2%	1 1%	1 *	1 1%	1 1%	7 1%	1 *	2 1%	1 1%	1 *	3 1%	2 1%	2 1%	1 1%	2 4%	3 3%	1 1%	- -	- -	- -	- -	2 1%	- -	- -

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 2

Q0. Including yourself how many people in total live in your household?**Base: All respondents**

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
1 - living alone	256 25%	256 100%	-
NET: Live with others	750 74%	-	750 100%
2 - living with one other	326 32%	-	326 43%
3+ - living with more than one other	424 42%	-	424 57%
Refused	8 1%	-	-

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 3

Q1. How often, if at all, would you say you have a social conversation with someone that lasts longer than around five minutes?

Base: All respondents

	Gender			Age										Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West		
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97		
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89		
NET: Every/ almost every day	948 94%	461 93%	488 94%	116 99%	164 93%	157 94%	174 97%	130 89%	741 94%	114 92%	207 91%	93 90%	262 96%	261 96%	198 90%	228 92%	80 90%	38 90%	108 93%	82 96%	85 93%	70 94%	45 88%	93 94%	128 96%	135 95%	84 94%		
NET: At least weekly	991 98%	478 97%	513 99%	116 99%	170 97%	164 98%	178 99%	136 93%	765 97%	123 99%	226 99%	103 99%	272 100%	268 98%	211 96%	240 97%	88 100%	40 95%	110 94%	84 98%	90 99%	74 98%	49 95%	97 99%	132 99%	139 98%	88 98%		
NET: At least monthly	1003 99%	486 98%	517 99%	118 100%	174 99%	164 98%	181 100%	140 96%	776 99%	123 99%	226 99%	103 99%	272 100%	270 99%	215 97%	246 99%	88 100%	42 98%	111 96%	84 98%	90 99%	74 98%	52 100%	98 100%	134 100%	140 99%	89 100%		
NET: Less than monthly/ less often	11 1%	8 2%	3 1%	-	2 1%	3 2%	-	6 4%	10 1%	1 1%	1 1%	1 1%	1 *	3 1%	6 3%	2 1%	-	1 2%	5 4%	2 2%	1 1%	2 2%	-	-	-	-	1 1%	-	
At least once a day	(365) 86%	418 85%	451 87%	114 96%	154 88%	148 89%	170 94%	113 78%	699 89%	92 74%	171 75%	79 76%	250 92%	242 89%	183 83%	195 79%	74 84%	35 81%	96 83%	73 85%	78 86%	68 91%	43 83%	77 78%	120 90%	126 89%	79 88%		
At least once every few days	(200) 8%	43 9%	36 7%	3 2%	10 5%	9 5%	5 3%	17 11%	43 5%	22 18%	36 16%	15 14%	12 4%	19 7%	15 7%	33 13%	5 6%	4 9%	12 10%	9 10%	6 7%	2 3%	3 5%	16 16%	8 6%	8 6%	6 6%		
At least once a week	(52) 4%	17 3%	26 5%	-	7 4%	7 4%	4 2%	6 4%	24 3%	9 8%	19 8%	10 9%	10 4%	7 3%	13 6%	12 5%	9 10%	2 4%	2 1%	2 2%	6 6%	3 4%	4 7%	5 5%	4 3%	4 3%	3 4%		
At least once a month	(12) 1%	8 2%	3 1%	1 1%	4 2%	-	2 1%	4 3%	11 1%	-	-	-	-	2 1%	4 2%	6 2%	-	1 3%	2 1%	-	-	-	3 5%	1 1%	1 1%	1 1%	2 2%		
Less often than once a month	(4) *	2 *	2 *	-	-	-	-	3 2%	3 *	1 1%	1 *	-	-	1 *	2 1%	1 *	-	1 2%	-	2 2%	-	1 1%	-	-	-	-	-		
I can't remember the last time this happened	(0) 1%	6 1%	2 *	-	2 1%	3 2%	-	3 2%	7 1%	-	1 *	1 1%	1 *	2 1%	4 2%	1 *	-	-	5 4%	-	1 1%	1 1%	-	-	-	1 1%	-		
Mean	330.90	328.38	333.29	356.93	333.58	336.92	349.56	308.67	336.82	310.26	310.41	310.58	345.22	338.79	319.06	316.98	325.05	317.53	322.79	333.15	330.71	339.63	316.14	320.33	341.18	338.85	336.43		
Standard deviation	89.37	92.50	86.31	45.62	89.56	83.58	64.82	113.54	84.58	100.21	101.83	104.24	69.03	78.54	106.74	99.92	97.94	107.66	100.26	83.10	90.32	83.86	112.14	91.12	74.43	80.16	83.32		
Standard error	2.81	4.20	3.75	4.84	7.06	6.53	4.55	9.00	3.04	8.53	6.60	10.42	3.38	5.16	8.69	6.85	10.10	17.24	9.98	8.76	9.68	9.95	15.70	9.07	6.43	6.57	8.46		

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 4

Q1. How often, if at all, would you say you have a social conversation with someone that lasts longer than around five minutes?

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Every/ almost every day	948 94%	237 92%	704 94%
NET: At least weekly	991 98%	251 98%	733 98%
NET: At least monthly	1003 99%	254 99%	740 99%
NET: Less than monthly/ less often	11 1%	2 1%	10 1%
At least once a day	(365) 86%	870 75%	193 89%
At least once every few days	(200) 8%	79 17%	44 5%
At least once a week	(52) 4%	43 5%	14 4%
At least once a month	(12) 1%	11 1%	4 1%
Less often than once a month	(4) *	4 *	1 3
I can't remember the last time this happened	(0) 1%	8 *	1 7
Mean	330.90	312.38	336.85
Standard deviation	89.37	99.54	85.23
Standard error	2.81	6.32	3.10

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 5

Q2. Thinking about the last few months, what do you think is the longest you have gone without speaking to anyone at all?

Base: All respondents

	Gender			Age								Class							Region								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
NET: A few hours/ a day	876	405	471	102	146	153	164	127	691	101	185	84	255	242	183	195	78	34	99	77	78	68	45	79	114	124	81
	86%	82%	91%	86%	83%	92%	91%	87%	88%	82%	81%	81%	94%	89%	83%	79%	88%	79%	85%	90%	86%	90%	87%	81%	85%	88%	91%
NET: Two or three days or less	954	454	500	110	159	157	174	136	737	120	217	97	265	264	210	215	84	38	108	84	83	72	48	93	121	136	87
	94%	92%	96%	93%	91%	95%	96%	93%	94%	97%	95%	94%	97%	97%	95%	87%	96%	89%	93%	97%	91%	96%	92%	95%	90%	96%	97%
NET: A week or more	59	39	20	8	16	9	7	10	50	3	9	6	7	8	11	32	4	5	8	2	8	3	4	5	12	6	2
	6%	8%	4%	7%	9%	5%	4%	7%	6%	2%	4%	6%	3%	3%	5%	13%	4%	11%	7%	3%	9%	4%	8%	5%	9%	4%	3%
A few hours	747	340	407	78	122	131	153	107	592	90	155	66	216	205	159	166	62	28	83	65	64	41	69	96	106	72	
	74%	69%	78%	66%	69%	79%	85%	73%	75%	72%	68%	64%	79%	75%	72%	67%	70%	66%	71%	76%	70%	83%	78%	70%	72%	74%	81%
A whole day	129	65	64	23	24	21	11	19	99	12	30	18	39	37	24	29	16	6	16	12	14	6	4	11	17	19	9
	13%	13%	12%	20%	14%	13%	6%	13%	13%	9%	13%	17%	14%	14%	11%	12%	18%	13%	14%	14%	15%	7%	8%	11%	13%	13%	10%
Two or three days	78	49	29	8	14	5	10	10	45	19	32	13	10	21	26	20	7	4	10	7	5	4	3	14	7	11	6
	8%	10%	6%	7%	8%	3%	5%	7%	6%	15%	14%	13%	4%	8%	12%	8%	8%	10%	8%	8%	5%	6%	6%	14%	5%	8%	6%
A week	36	21	15	3	10	4	4	7	28	3	8	6	4	7	7	18	2	3	3	2	3	3	4	3	8	5	1
	4%	4%	3%	3%	5%	2%	2%	5%	4%	2%	4%	5%	2%	3%	3%	7%	2%	7%	3%	2%	3%	4%	8%	3%	6%	3%	1%
More than a week	23	18	5	5	7	5	3	2	22	-	1	1	3	1	4	14	2	2	5	1	5	-	-	2	4	1	2
	2%	4%	1%	4%	4%	3%	2%	2%	3%	-	*	1%	1%	*	2%	6%	2%	4%	4%	1%	6%	-	-	2%	3%	1%	2%
Refused	2	1	*	-	-	-	-	*	*	1	1	-	*	1	-	-	*	-	-	-	-	-	-	-	1	-	-
	*	*	*	-	-	-	-	*	*	1%	1%	-	*	*	-	-	*	-	-	-	-	-	-	-	1%	-	-

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 6

Q2. Thinking about the last few months, what do you think is the longest you have gone without speaking to anyone at all?

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: A few hours/ a day	876 86%	185 72%	684 91%
NET: Two or three days or less	954 94%	228 89%	718 96%
NET: A week or more	59 6%	28 11%	31 4%
A few hours	747 74%	132 52%	608 81%
A whole day	129 13%	53 21%	76 10%
Two or three days	78 8%	43 17%	34 5%
A week	36 4%	16 6%	20 3%
More than a week	23 2%	12 5%	10 1%
Refused	2 *	- -	2 *

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 7

Q3. Thinking about the last couple of weeks, which of the following people have you most often had social conversations with?

Base: All respondents

	Gender			Age								Class							Region								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
A family member	408	173	236	44	42	66	76	73	300	53	108	55	97	103	73	135	43	17	52	39	28	30	20	36	53	57	33
	40%	35%	45%	37%	24%	40%	42%	50%	38%	43%	48%	53%	36%	38%	33%	55%	49%	40%	45%	45%	30%	40%	40%	36%	39%	40%	37%
Partner	339	178	161	30	79	61	61	46	277	43	62	19	115	93	90	41	26	22	33	25	41	23	17	41	46	37	29
	33%	36%	31%	26%	45%	37%	34%	31%	35%	34%	27%	19%	42%	34%	41%	17%	29%	51%	29%	29%	45%	30%	32%	42%	34%	26%	32%
A friend	137	73	65	28	31	13	18	10	101	18	37	19	31	34	29	44	8	2	16	14	9	13	4	5	22	31	13
	14%	15%	12%	24%	18%	8%	10%	7%	13%	14%	16%	18%	11%	13%	13%	18%	9%	4%	13%	16%	10%	17%	8%	5%	16%	22%	15%
A work colleague	84	48	36	14	20	19	18	11	82	2	2	-	24	36	20	5	10	1	9	6	5	3	8	5	11	12	14
	8%	10%	7%	12%	12%	12%	10%	7%	10%	2%	1%	-	9%	13%	9%	2%	12%	3%	8%	7%	6%	4%	15%	6%	8%	8%	15%
Someone I met whilst out and about	14	6	9	-	-	6	3	2	10	4	4	-	*	2	3	9	-	-	5	1	2	3	-	2	-	1	-
	1%	1%	2%	-	-	4%	1%	1%	1%	4%	2%	-	*	1%	1%	4%	-	-	5%	1%	2%	4%	-	2%	-	1%	-
Someone who came to the house (gas man, postman, milkman, paid carer)	14	9	5	-	3	1	4	-	8	1	6	4	1	-	2	10	-	-	-	1	2	1	-	6	2	1	-
	1%	2%	1%	-	2%	*	2%	-	1%	1%	2%	4%	*	-	1%	4%	-	-	-	1%	2%	2%	-	6%	2%	1%	-
A neighbour	11	5	6	-	-	-	1	3	4	2	7	5	3	3	3	2	1	-	*	1	2	2	2	1	-	1	1
	1%	1%	1%	-	-	-	1%	2%	*	1%	3%	5%	1%	1%	2%	1%	1%	-	*	1%	2%	2%	5%	1%	-	1%	1%
Someone I had an appointment with (GP, nurse, hairdresser, dentist)	5	2	2	1	-	-	1	3	5	-	-	-	1	1	2	1	-	1	-	-	3	-	-	1	-	1	-
	*	1%	*	1%	-	-	*	2%	1%	-	-	-	*	*	1%	*	-	2%	-	-	3%	-	-	1%	-	*	-
None of these	1	1	1	-	-	-	-	-	-	1	1	1	1	1	-	-	-	-	-	-	-	1	-	1	-	-	-
	*	*	*	-	-	-	-	-	-	1%	1%	1%	*	*	-	-	-	-	-	-	-	1%	-	1%	-	-	-

Conversations with Older People Study
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Absolutes/col percents

Table 8

Q3. Thinking about the last couple of weeks, which of the following people have you most often had social conversations with?

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
A family member	408 40%	125 49%	277 37%
Partner	339 33%	24 9%	314 42%
A friend	137 14%	58 23%	79 11%
A work colleague	84 8%	18 7%	66 9%
Someone I met whilst out and about	14 1%	10 4%	4 1%
Someone who came to the house (gas man, postman, milkman, paid carer)	14 1%	12 5%	2 *
A neighbour	11 1%	9 3%	2 *
Someone I had an appointment with (GP, nurse, hairdresser, dentist)	5 *	1 *	4 1%
None of these	1 *	- -	1 *

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Absolutes/col percents

Table 9

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Summary

Base: All respondents

	Q3. Summary						
	Older age is a time for trying out new hobbies	Older age is a time for making new friends	I feel lonelier now than I did when I was younger (aged 65+)	I think that I will feel lonelier in older age than I do now (aged 18-64)	Older age is a time for passing on my skills and experiences	I have stopped doing as much as I used to because of older age (aged 65+)	I think that I will stop doing as much as I do now when I am in older age (aged 18-64)
Unweighted base	1014	1014	238	776	1014	238	776
Weighted base	1014	1014	227	787	1014	227	787
NET: Agree	841 83%	756 75%	80 35%	341 43%	880 87%	137 60%	362 46%
Strongly agree (4)	360 36%	249 25%	35 16%	88 11%	411 41%	61 27%	117 15%
Tend to agree (3)	481 47%	507 50%	45 20%	253 32%	469 46%	76 34%	246 31%
Tend to disagree (2)	118 12%	199 20%	55 24%	231 29%	89 9%	37 16%	231 29%
Strongly disagree (1)	52 5%	44 4%	92 40%	201 26%	37 4%	50 22%	183 23%
NET: Disagree	170 17%	243 24%	146 64%	432 55%	126 12%	88 39%	414 53%
Don't know	4 *	15 1%	1 1%	14 2%	8 1%	2 1%	10 1%
Mean	3.14	2.96	2.10	2.30	3.25	2.66	2.38
Standard deviation	0.81	0.79	1.10	0.98	0.77	1.10	1.00
Standard error	0.03	0.02	0.07	0.04	0.02	0.07	0.04

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Absolutes/col percents

Table 10

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Older age is a time for trying out new hobbies

Base: All respondents

	Gender			Age										Class				Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
NET: Agree	841 83%	402 81%	438 84%	95 81%	145 82%	145 87%	158 88%	122 84%	666 85%	107 86%	175 77%	68 66%	231 85%	235 86%	172 78%	203 82%	75 86%	30 70%	90 77%	72 83%	80 88%	65 87%	41 79%	85 86%	112 84%	117 83%	74 83%
Strongly agree	(4) 360 36%	178 36%	182 35%	46 39%	62 35%	62 37%	77 43%	51 35%	298 38%	42 34%	62 27%	20 19%	96 35%	113 41%	67 30%	84 34%	32 37%	10 24%	30 25%	34 39%	39 43%	29 39%	22 42%	31 31%	55 41%	51 36%	28 31%
Tend to agree	(3) 481 47%	224 45%	257 49%	49 42%	83 47%	83 50%	81 45%	71 49%	367 47%	65 52%	113 50%	48 47%	135 50%	122 45%	105 47%	118 48%	43 49%	20 46%	60 52%	38 44%	41 45%	36 48%	20 38%	54 55%	57 43%	66 46%	46 52%
Tend to disagree	(2) 118 12%	64 13%	54 10%	15 13%	23 13%	13 8%	17 9%	18 12%	86 11%	9 7%	32 14%	23 22%	34 12%	31 11%	27 12%	25 10%	6 7%	8 18%	21 18%	14 16%	5 5%	10 13%	7 13%	7 7%	16 12%	16 11%	9 10%
Strongly disagree	(1) 52 5%	25 5%	27 5%	8 6%	8 5%	8 5%	5 3%	6 4%	35 4%	7 5%	17 7%	10 10%	7 3%	6 2%	20 9%	19 8%	5 6%	5 12%	5 5%	1 1%	6 7%	- -	4 7%	5 5%	6 4%	9 6%	6 7%
NET: Disagree	170 17%	89 18%	81 16%	22 19%	31 18%	21 13%	23 12%	24 16%	121 15%	16 13%	49 22%	33 32%	41 15%	38 14%	47 21%	44 18%	11 13%	13 30%	27 23%	14 17%	11 12%	10 13%	11 21%	11 12%	22 16%	25 17%	16 17%
Don't know	4 *	3 1%	1 *	- -	- -	- -	- -	- -	- -	1 1%	4 2%	2 2%	1 *	- -	2 1%	1 *	1 2%	- -	- -	- -	- -	- -	- -	2 2%	- -	- -	- -
Mean	3.14	3.13	3.14	3.14	3.13	3.20	3.27	3.15	3.18	3.16	2.98	2.77	3.18	3.25	3.00	3.09	3.19	2.82	2.98	3.21	3.24	3.26	3.14	3.15	3.20	3.12	3.06
Standard deviation	0.81	0.82	0.80	0.87	0.81	0.78	0.76	0.79	0.80	0.78	0.85	0.89	0.74	0.75	0.89	0.86	0.81	0.94	0.79	0.74	0.84	0.68	0.91	0.75	0.82	0.85	0.84
Standard error	0.03	0.04	0.03	0.09	0.06	0.06	0.05	0.06	0.03	0.07	0.06	0.09	0.04	0.05	0.07	0.06	0.08	0.15	0.08	0.08	0.09	0.08	0.13	0.08	0.07	0.07	0.09

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 11

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Older age is a time for trying out new hobbies

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	841 83%	204 80%	628 84%
Strongly agree	(4) 360 36%	86 33%	273 36%
Tend to agree	(3) 481 47%	119 46%	356 47%
Tend to disagree	(2) 118 12%	36 14%	82 11%
Strongly disagree	(1) 52 5%	13 5%	39 5%
NET: Disagree	170 17%	49 19%	121 16%
Don't know	4 *	3 1%	1 *
Mean	3.14	3.09	3.15
Standard deviation	0.81	0.82	0.81
Standard error	0.03	0.05	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 12

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Older age is a time for making new friends

Base: All respondents

	Gender			Age										Class				Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
NET: Agree	756	365	391	93	126	125	138	105	586	95	170	75	196	206	156	198	67	34	87	67	73	55	37	64	100	106	66
	75%	74%	75%	79%	72%	75%	76%	72%	75%	77%	75%	72%	72%	76%	71%	80%	76%	80%	75%	78%	80%	73%	71%	66%	75%	75%	74%
Strongly agree	(4) 249	131	118	31	33	48	44	38	194	30	55	25	63	70	45	70	18	8	21	24	33	17	18	21	36	33	21
	25%	27%	23%	26%	19%	29%	24%	26%	25%	24%	24%	25%	23%	26%	21%	28%	21%	19%	18%	28%	36%	23%	34%	21%	27%	23%	23%
Tend to agree	(3) 507	234	273	62	93	77	94	66	392	65	115	50	133	136	111	128	49	26	66	43	40	38	19	44	64	73	45
	50%	47%	52%	53%	53%	46%	52%	45%	50%	52%	50%	48%	49%	50%	50%	52%	55%	61%	57%	50%	44%	50%	37%	44%	48%	52%	51%
Tend to disagree	(2) 199	97	102	20	36	32	34	33	155	20	43	23	71	53	44	31	14	6	16	15	13	17	10	27	29	29	23
	20%	20%	20%	17%	21%	19%	19%	22%	20%	16%	19%	22%	26%	19%	20%	12%	16%	14%	14%	18%	14%	22%	20%	27%	22%	20%	26%
Strongly disagree	(1) 44	25	19	5	8	7	7	4	31	7	13	5	4	12	13	16	6	3	12	4	6	3	1	3	1	6	-
	4%	5%	4%	4%	5%	4%	4%	3%	4%	6%	6%	5%	1%	4%	6%	6%	6%	6%	10%	4%	6%	4%	2%	4%	1%	4%	-
NET: Disagree	243	122	121	25	44	39	41	37	187	28	56	29	75	64	57	46	20	9	27	19	18	19	12	30	31	35	23
	24%	25%	23%	21%	25%	24%	23%	25%	24%	22%	25%	28%	27%	24%	26%	19%	22%	20%	24%	22%	20%	26%	23%	31%	23%	24%	26%
Don't know	15	6	9	-	5	2	2	4	14	2	2	-	2	2	8	3	1	-	2	-	-	1	3	4	3	1	-
	1%	1%	2%	-	3%	2%	1%	3%	2%	1%	1%	-	1%	1%	3%	1%	2%	-	1%	-	-	1%	7%	4%	2%	1%	-
Mean	2.96	2.97	2.96	3.01	2.89	3.01	2.98	2.98	2.97	2.96	2.94	2.92	2.94	2.98	2.89	3.03	2.92	2.92	2.84	3.01	3.10	2.93	3.10	2.86	3.03	2.94	2.98
Standard deviation	0.79	0.82	0.76	0.77	0.77	0.82	0.77	0.79	0.78	0.81	0.81	0.82	0.74	0.79	0.81	0.82	0.80	0.76	0.84	0.79	0.87	0.78	0.83	0.80	0.74	0.78	0.70
Standard error	0.02	0.04	0.03	0.08	0.06	0.06	0.05	0.06	0.03	0.07	0.05	0.08	0.04	0.05	0.07	0.06	0.08	0.12	0.08	0.08	0.09	0.09	0.12	0.08	0.06	0.06	0.07

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 13

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Older age is a time for making new friends

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	756 75%	198 77%	551 74%
Strongly agree	(4) 249 25%	77 30%	171 23%
Tend to agree	(3) 507 50%	122 48%	381 51%
Tend to disagree	(2) 199 20%	47 18%	150 20%
Strongly disagree	(1) 44 4%	10 4%	34 5%
NET: Disagree	243 24%	57 22%	184 25%
Don't know	15 1%	1 *	14 2%
Mean	2.96	3.04	2.94
Standard deviation	0.79	0.80	0.79
Standard error	0.02	0.05	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 14

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...
- I feel lonelier now than I did when I was younger (aged 65+)

Base: All respondents

	Gender			Age								Class						Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	238	102	136	-	-	-	-	-	-	138	238	100	79	48	31	80	28	3	29	23	19	15	15	35	23	29	19
Weighted base	227	99	129	-	-	-	-	-	-	124	227	103	48	52	43	85	24	4	32	22	16	14	14	35	24	27	17
NET: Agree	80	37	43	-	-	-	-	-	-	37	80	42	14	13	18	35	8	1	10	8	3	4	6	14	8	10	7
	35%	37%	33%	-	-	-	-	-	-	30%	35%	41%	29%	25%	41%	41%	34%	29%	32%	38%	22%	30%	44%	40%	32%	37%	39%
Strongly agree	(4)	35	15	20	-	-	-	-	-	13	35	22	5	6	9	15	4	1	1	4	2	3	3	8	2	7	-
		16%	15%	16%	-	-	-	-	-	11%	16%	21%	10%	12%	21%	18%	18%	29%	2%	19%	15%	21%	19%	24%	8%	26%	-
Tend to agree	(3)	45	22	23	-	-	-	-	-	24	45	20	9	7	9	20	4	-	10	4	1	1	4	6	6	3	7
		20%	22%	18%	-	-	-	-	-	20%	20%	20%	20%	14%	20%	23%	16%	-	30%	18%	8%	9%	26%	17%	24%	11%	39%
Tend to disagree	(2)	55	20	35	-	-	-	-	-	29	55	26	11	15	11	19	7	1	8	2	3	5	5	8	4	6	6
		24%	20%	27%	-	-	-	-	-	23%	24%	25%	23%	29%	24%	22%	30%	35%	26%	10%	18%	32%	38%	24%	15%	21%	32%
Strongly disagree	(1)	92	41	51	-	-	-	-	-	57	92	35	22	23	15	31	8	1	14	11	9	5	2	12	13	11	5
		40%	42%	39%	-	-	-	-	-	46%	40%	33%	47%	44%	35%	37%	36%	37%	42%	52%	60%	18%	34%	53%	42%	29%	
NET: Disagree		146	61	85	-	-	-	-	-	86	146	60	33	38	26	50	16	3	22	14	12	9	8	20	16	17	11
		64%	62%	66%	-	-	-	-	-	69%	64%	58%	69%	73%	59%	59%	66%	71%	68%	62%	78%	64%	56%	58%	68%	63%	61%
Don't know		1	1	*	-	-	-	-	-	1	1	*	*	1	-	-	-	-	-	-	-	1	-	*	-	-	-
		1%	1%	*	-	-	-	-	-	1%	1%	*	1%	1%	-	-	-	-	-	-	-	5%	-	1%	-	-	-
Mean		2.10	2.11	2.10	-	-	-	-	-	1.95	2.10	2.29	1.92	1.93	2.26	2.23	2.17	2.21	1.92	2.05	1.77	2.21	2.45	2.31	1.88	2.21	2.10
Standard deviation		1.10	1.12	1.10	-	-	-	-	-	1.04	1.10	1.15	1.04	1.04	1.16	1.14	1.13	1.42	0.90	1.24	1.14	1.18	1.03	1.19	1.06	1.26	0.84
Standard error		0.07	0.11	0.09	-	-	-	-	-	0.09	0.07	0.12	0.12	0.15	0.21	0.13	0.21	0.82	0.17	0.26	0.26	0.32	0.26	0.20	0.22	0.23	0.19

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 15

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...
- I feel lonelier now than I did when I was younger (aged 65+)

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	238	118	118
Weighted base	227	116	110
NET: Agree	80 35%	49 43%	31 28%
Strongly agree	(4) 35 16%	25 21%	11 10%
Tend to agree	(3) 45 20%	25 21%	20 18%
Tend to disagree	(2) 55 24%	30 26%	24 22%
Strongly disagree	(1) 92 40%	36 31%	55 50%
NET: Disagree	146 64%	66 57%	79 72%
Don't know	1 1%	* *	1 1%
Mean	2.10	2.33	1.88
Standard deviation	1.10	1.13	1.03
Standard error	0.07	0.10	0.10

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 16

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...
- I think that I will feel lonelier in older age than I do now (aged 18-64)

Base: All respondents

	Gender			Age									Class				Region										
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	776	383	393	89	161	164	203	159	776	-	-	-	339	184	120	133	66	36	72	67	68	56	36	66	111	120	78
Weighted base	787	395	391	118	176	166	181	146	787	-	-	-	225	221	178	162	64	39	84	64	76	61	38	63	110	115	72
NET: Agree	341	163	178	47	85	75	74	61	341	-	-	-	99	89	71	82	27	16	32	32	38	27	19	34	50	36	29
	43%	41%	46%	40%	48%	45%	41%	41%	43%	-	-	-	44%	40%	40%	51%	42%	41%	38%	50%	51%	44%	49%	54%	46%	32%	41%
Strongly agree	(4)	88	42	46	15	23	19	15	88	-	-	-	21	22	11	34	7	6	7	10	9	7	5	10	10	8	9
		11%	11%	12%	13%	13%	12%	8%	10%	11%	-	-	9%	10%	6%	21%	10%	16%	8%	15%	12%	11%	12%	16%	9%	7%	13%
Tend to agree	(3)	253	120	133	31	62	56	59	45	253	-	-	78	67	59	48	21	10	25	22	29	20	14	24	40	28	20
		32%	30%	34%	27%	35%	34%	32%	31%	32%	-	-	35%	30%	33%	30%	32%	25%	30%	35%	38%	33%	37%	38%	37%	24%	28%
Tend to disagree	(2)	231	114	117	38	48	47	56	42	231	-	-	75	72	46	37	20	12	19	22	21	17	8	15	26	45	25
		29%	29%	30%	32%	27%	28%	31%	29%	29%	-	-	33%	32%	26%	23%	31%	30%	23%	34%	27%	29%	22%	24%	24%	39%	35%
Strongly disagree	(1)	201	117	84	33	38	42	50	38	201	-	-	49	59	53	41	17	11	30	8	16	15	11	12	31	32	16
		26%	30%	21%	28%	21%	25%	28%	26%	26%	-	-	22%	27%	30%	25%	26%	29%	36%	13%	22%	25%	28%	19%	28%	28%	23%
NET: Disagree		432	231	201	71	86	89	106	80	432	-	-	124	131	99	78	37	23	49	30	37	32	19	27	57	77	42
		55%	58%	51%	60%	49%	54%	59%	54%	55%	-	-	55%	59%	56%	48%	58%	59%	59%	47%	49%	53%	51%	43%	52%	67%	58%
Don't know		14	2	12	-	5	2	1	6	14	-	-	2	1	8	2	-	-	3	3	1	2	-	2	2	1	1
		2%	1%	3%	-	3%	1%	1%	4%	2%	-	-	1%	1%	5%	1%	-	-	4%	4%	1%	3%	-	3%	2%	1%	1%
Mean		2.30	2.22	2.37	2.25	2.41	2.32	2.21	2.27	2.30	-	-	2.32	2.24	2.17	2.47	2.26	2.28	2.10	2.54	2.41	2.31	2.33	2.53	2.27	2.11	2.31
Standard deviation		0.98	0.99	0.96	1.01	0.98	0.98	0.95	0.98	0.98	-	-	0.92	0.96	0.95	1.09	0.97	1.07	1.01	0.92	0.97	0.98	1.03	0.99	0.99	0.90	0.97
Standard error		0.04	0.05	0.05	0.11	0.08	0.08	0.07	0.08	0.04	-	-	0.05	0.07	0.09	0.10	0.12	0.18	0.12	0.11	0.12	0.13	0.17	0.12	0.09	0.08	0.11

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 17

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...
- I think that I will feel lonelier in older age than I do now (aged 18-64)

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	776	130	640
Weighted base	787	140	640
NET: Agree	341 43%	66 47%	273 43%
Strongly agree	(4) 88 11%	18 13%	70 11%
Tend to agree	(3) 253 32%	48 34%	203 32%
Tend to disagree	(2) 231 29%	39 28%	192 30%
Strongly disagree	(1) 201 26%	35 25%	162 25%
NET: Disagree	432 55%	74 53%	354 55%
Don't know	14 2%	- -	13 2%
Mean	2.30	2.35	2.29
Standard deviation	0.98	1.00	0.97
Standard error	0.04	0.09	0.04

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 18

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Older age is a time for passing on my skills and experiences

Base: All respondents

	Gender			Age										Class				Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
NET: Agree	880	436	444	112	153	151	157	117	690	106	190	84	241	233	194	211	78	38	96	75	80	66	45	83	116	126	76
	87%	88%	85%	95%	87%	91%	87%	80%	88%	85%	83%	81%	88%	85%	88%	85%	89%	90%	82%	87%	88%	88%	87%	84%	87%	89%	85%
Strongly agree	(4) 411	226	184	50	72	75	68	59	325	51	86	35	88	114	96	112	30	16	48	36	42	32	23	35	54	62	33
	41%	46%	35%	43%	41%	45%	38%	40%	41%	41%	38%	33%	32%	42%	43%	45%	34%	38%	41%	42%	46%	43%	45%	36%	40%	43%	37%
Tend to agree	(3) 469	209	260	61	80	76	89	58	365	55	104	49	153	119	99	99	48	22	48	39	38	34	21	48	62	65	44
	46%	42%	50%	52%	46%	46%	49%	40%	46%	44%	46%	48%	56%	43%	45%	40%	55%	52%	41%	45%	41%	46%	42%	49%	47%	46%	49%
Tend to disagree	(2) 89	40	48	4	15	10	15	19	62	14	26	12	26	28	17	17	6	2	9	10	7	8	6	13	11	10	5
	9%	8%	9%	3%	8%	6%	8%	13%	8%	11%	12%	12%	10%	10%	8%	7%	7%	5%	8%	12%	8%	11%	13%	13%	8%	7%	6%
Strongly disagree	(1) 37	17	21	2	6	5	7	6	26	4	11	7	5	11	8	14	4	2	8	1	4	1	*	-	6	3	8
	4%	3%	4%	2%	4%	3%	4%	4%	3%	3%	5%	7%	2%	4%	4%	6%	4%	5%	7%	2%	4%	1%	-	-	5%	2%	9%
NET: Disagree	126	57	69	6	21	15	22	25	89	18	37	19	31	39	25	31	10	4	17	11	11	9	7	13	17	13	13
	12%	12%	13%	5%	12%	9%	12%	17%	11%	15%	16%	18%	11%	14%	11%	13%	11%	10%	15%	13%	12%	12%	13%	13%	13%	9%	15%
Don't know	8	1	7	-	2	-	2	4	8	-	*	*	*	1	2	5	-	-	3	-	-	-	-	2	-	3	-
	1%	*	1%	-	1%	-	1%	3%	1%	-	*	*	*	*	1%	2%	-	-	3%	-	-	-	-	2%	-	2%	-
Mean	3.25	3.31	3.18	3.36	3.26	3.33	3.22	3.20	3.27	3.23	3.17	3.09	3.19	3.24	3.29	3.28	3.18	3.22	3.20	3.27	3.30	3.30	3.31	3.23	3.23	3.33	3.13
Standard deviation	0.77	0.76	0.76	0.64	0.77	0.72	0.76	0.83	0.75	0.78	0.81	0.85	0.67	0.79	0.76	0.83	0.75	0.77	0.87	0.73	0.79	0.70	0.73	0.67	0.79	0.70	0.87
Standard error	0.02	0.03	0.03	0.07	0.06	0.06	0.05	0.07	0.03	0.07	0.05	0.09	0.03	0.05	0.06	0.06	0.08	0.12	0.09	0.08	0.09	0.08	0.10	0.07	0.07	0.06	0.09

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 19

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- Older age is a time for passing on my skills and experiences

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	880 87%	211 83%	661 88%
Strongly agree	(4) 411 41%	88 34%	321 43%
Tend to agree	(3) 469 46%	124 48%	340 45%
Tend to disagree	(2) 89 9%	33 13%	56 7%
Strongly disagree	(1) 37 4%	10 4%	26 4%
NET: Disagree	126 12%	43 17%	82 11%
Don't know	8 1%	2 1%	6 1%
Mean	3.25	3.13	3.29
Standard deviation	0.77	0.79	0.75
Standard error	0.02	0.05	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 20

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- I have stopped doing as much as I used to because of older age (aged 65+)

Base: All respondents

	Gender			Age								Class							Region								
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	238	102	136	-	-	-	-	-	-	138	238	100	79	48	31	80	28	3	29	23	19	15	15	35	23	29	19
Weighted base	227	99	129	-	-	-	-	-	-	124	227	103	48	52	43	85	24	4	32	22	16	14	14	35	24	27	17
NET: Agree	137	62	75	-	-	-	-	-	-	68	137	70	23	33	25	56	15	2	19	17	5	8	8	21	13	18	11
	60%	63%	59%	-	-	-	-	-	-	54%	60%	68%	48%	65%	58%	66%	65%	63%	60%	77%	31%	55%	57%	60%	55%	67%	65%
Strongly agree	(4) 61	31	31	-	-	-	-	-	-	27	61	34	10	14	12	25	8	-	8	5	3	6	3	9	7	10	3
	27%	31%	24%	-	-	-	-	-	-	22%	27%	33%	22%	27%	28%	29%	35%	-	24%	24%	17%	40%	20%	26%	30%	37%	15%
Tend to agree	(3) 76	31	45	-	-	-	-	-	-	41	76	36	12	20	13	32	7	2	12	12	2	2	5	12	6	8	9
	34%	32%	35%	-	-	-	-	-	-	33%	34%	35%	26%	38%	30%	37%	30%	63%	36%	54%	14%	16%	36%	34%	25%	30%	50%
Tend to disagree	(2) 37	11	26	-	-	-	-	-	-	23	37	14	11	5	5	17	6	-	4	3	1	5	4	4	4	4	3
	16%	11%	21%	-	-	-	-	-	-	19%	16%	14%	22%	9%	12%	20%	26%	-	12%	13%	8%	32%	26%	11%	18%	14%	19%
Strongly disagree	(1) 50	23	27	-	-	-	-	-	-	33	50	17	14	13	11	12	2	1	9	2	9	2	8	6	5	3	3
	22%	24%	21%	-	-	-	-	-	-	27%	22%	17%	30%	26%	25%	14%	10%	37%	28%	9%	61%	13%	17%	23%	26%	19%	16%
NET: Disagree	88	34	53	-	-	-	-	-	-	56	88	31	25	18	16	29	8	1	13	5	11	6	6	12	11	9	6
	39%	35%	41%	-	-	-	-	-	-	46%	39%	30%	52%	35%	37%	34%	35%	37%	40%	23%	69%	45%	43%	34%	45%	33%	35%
Don't know	2	2	-	-	-	-	-	-	-	-	2	2	-	-	2	-	-	-	-	-	-	-	-	2	-	-	-
	1%	2%	-	-	-	-	-	-	-	-	1%	2%	-	-	5%	-	-	-	-	-	-	-	-	6%	-	-	-
Mean	2.66	2.72	2.61	-	-	-	-	-	-	2.50	2.66	2.86	2.39	2.65	2.64	2.82	2.89	2.27	2.56	2.92	1.88	2.82	2.60	2.68	2.59	2.85	2.65
Standard deviation	1.10	1.16	1.07	-	-	-	-	-	-	1.11	1.10	1.07	1.14	1.14	1.18	1.01	1.02	1.13	1.14	0.88	1.24	1.13	1.03	1.14	1.20	1.14	0.95
Standard error	0.07	0.12	0.09	-	-	-	-	-	-	0.09	0.07	0.11	0.13	0.16	0.22	0.11	0.19	0.65	0.21	0.18	0.28	0.29	0.27	0.20	0.25	0.21	0.22

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 21

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...

- I have stopped doing as much as I used to because of older age (aged 65+)

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	238	118	118
Weighted base	227	116	110
NET: Agree	137 60%	76 66%	61 55%
Strongly agree (4)	61 27%	34 30%	27 24%
Tend to agree (3)	76 34%	42 36%	34 31%
Tend to disagree (2)	37 16%	16 14%	21 19%
Strongly disagree (1)	50 22%	22 19%	29 26%
NET: Disagree	88 39%	38 33%	49 45%
Don't know	2 1%	2 2%	- -
Mean	2.66	2.78	2.54
Standard deviation	1.10	1.08	1.13
Standard error	0.07	0.10	0.10

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 22

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...
- I think that I will stop doing as much as I do now when I am in older age (aged 18-64)

Base: All respondents

	Gender			Age									Class				Region										
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Unweighted base	776	383	393	89	161	164	203	159	776	-	-	-	339	184	120	133	66	36	72	67	68	56	36	66	111	120	78
Weighted base	787	395	391	118	176	166	181	146	787	-	-	-	225	221	178	162	64	39	84	64	76	61	38	63	110	115	72
NET: Agree	362	169	193	57	85	68	93	60	362	-	-	-	107	108	66	81	32	14	36	36	37	28	13	30	54	52	31
	46%	43%	49%	48%	48%	41%	51%	41%	46%	-	-	-	48%	49%	37%	50%	49%	35%	43%	56%	49%	46%	34%	47%	49%	45%	44%
Strongly agree	(4) 117	53	63	17	30	16	38	15	117	-	-	-	31	26	23	36	9	7	12	11	14	7	7	13	12	11	13
	15%	14%	16%	15%	17%	10%	21%	10%	15%	-	-	-	14%	12%	13%	22%	14%	19%	14%	17%	18%	12%	18%	21%	11%	10%	18%
Tend to agree	(3) 246	115	130	39	55	52	55	45	246	-	-	-	76	82	43	45	23	6	24	25	23	21	6	16	42	40	19
	31%	29%	33%	33%	31%	31%	30%	31%	31%	-	-	-	34%	37%	24%	27%	35%	16%	29%	39%	31%	34%	16%	26%	38%	35%	26%
Tend to disagree	(2) 231	108	123	41	48	49	43	50	231	-	-	-	73	60	54	43	17	10	26	16	20	25	11	13	34	32	28
	29%	27%	32%	35%	28%	29%	24%	34%	29%	-	-	-	33%	27%	31%	27%	26%	26%	30%	24%	26%	42%	30%	21%	31%	28%	39%
Strongly disagree	(1) 183	113	70	21	41	44	45	33	183	-	-	-	44	52	51	36	16	14	19	13	17	8	14	20	21	30	13
	23%	29%	18%	17%	23%	26%	25%	22%	23%	-	-	-	19%	24%	29%	22%	25%	37%	22%	20%	22%	13%	36%	31%	19%	26%	18%
NET: Disagree	414	221	193	61	89	93	88	83	414	-	-	-	117	113	105	79	33	24	45	28	36	33	25	33	55	62	40
	53%	56%	49%	52%	51%	56%	49%	57%	53%	-	-	-	52%	51%	59%	49%	51%	63%	53%	44%	48%	54%	66%	52%	50%	54%	56%
Don't know	10	6	5	-	1	6	-	3	10	-	-	-	1	-	7	2	-	1	4	-	2	-	-	1	1	1	-
	1%	1%	1%	-	1%	3%	-	2%	1%	-	-	-	*	-	4%	1%	-	2%	5%	-	3%	-	-	1%	1%	1%	-
Mean	2.38	2.28	2.48	2.45	2.43	2.25	2.47	2.30	2.38	-	-	-	2.42	2.37	2.22	2.51	2.38	2.18	2.36	2.53	2.47	2.45	2.17	2.37	2.42	2.30	2.44
Standard deviation	1.00	1.03	0.97	0.95	1.03	0.97	1.08	0.94	1.00	-	-	-	0.96	0.97	1.02	1.08	1.02	1.15	1.00	1.00	1.04	0.86	1.12	1.14	0.93	0.97	0.98
Standard error	0.04	0.05	0.05	0.10	0.08	0.08	0.08	0.08	0.04	-	-	-	0.05	0.07	0.09	0.09	0.13	0.19	0.12	0.12	0.13	0.12	0.19	0.14	0.09	0.09	0.11

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 23

Q4. Thinking about your own experience, to what extent do you agree or disagree with each of the following statements ...
- I think that I will stop doing as much as I do now when I am in older age (aged 18-64)

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	776	130	640
Weighted base	787	140	640
NET: Agree	362 46%	60 43%	301 47%
Strongly agree	(4) 117 15%	16 11%	101 16%
Tend to agree	(3) 246 31%	44 31%	200 31%
Tend to disagree	(2) 231 29%	49 35%	180 28%
Strongly disagree	(1) 183 23%	30 21%	151 24%
NET: Disagree	414 53%	80 57%	331 52%
Don't know	10 1%	1 1%	8 1%
Mean	2.38	2.33	2.40
Standard deviation	1.00	0.94	1.02
Standard error	0.04	0.08	0.04

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 24

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Summary

Base: All respondents

	Q5. Summary			
	Top Three Mentions	First mention	Second mention	Third mention
Unweighted base	1014	1014	1014	1014
Weighted base	1014	1014	1014	1014
Seeing other people socialising with family or friends	297 29%	89 9%	112 11%	97 10%
Reading online about other people socialising with family or friends	137 13%	31 3%	44 4%	61 6%
Being on my own on special occasions	596 59%	265 26%	206 20%	125 12%
Being on my own at a particular time of day	189 19%	42 4%	74 7%	72 7%
Being reminded of someone I miss	546 54%	207 20%	164 16%	174 17%
Staying at home due to health issues	402 40%	141 14%	142 14%	120 12%
Staying at home due to lack of money	309 30%	113 11%	91 9%	106 10%
Being alone	6 1%	3 *	* *	2 *
Death of a loved one	5 *	2 *	* *	2 *
Having a loved one who is ill / in poor health	2 *	1 *	1 *	- -
Family / loved ones not being nearby	2 *	1 *	2 *	- -
Lack of communication / not being able to speak to people	2 *	2 *	1 *	- -
Being on my own at a social event / a place where socialising takes place	2 *	1 *	- -	1 *
Thinking about the past / reminiscing	3 *	- -	- -	3 *
Being at home / having to stay at home	5 *	- -	- -	5 *

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 24

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Summary

Base: All respondents

	Q5. Summary			
	Top Three Mentions	First mention	Second mention	Third mention
Weighted base	1014	1014	1014	1014
Staying at home as a carer	3 *	2 *	-	1 *
Lack of mobility	2 *	-	-	2 *
Other	21 2%	4 *	6 1%	11 1%
None of the above	110 11%	111 11%	171 17%	233 23%

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 25

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Top Three Mentions

Base: All respondents

	Gender			Age										Class					Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West	
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97	
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89	
Being on my own on special occasions	596 59%	284 58%	312 60%	102 87%	119 68%	110 66%	108 60%	72 49%	511 65%	45 36%	85 37%	40 39%	186 68%	172 63%	124 56%	113 46%	51 58%	25 60%	65 56%	54 63%	46 51%	44 59%	29 55%	51 52%	96 72%	82 58%	52 58%	
Being reminded of someone I miss	546 54%	262 53%	283 54%	58 49%	105 60%	97 58%	92 51%	82 56%	435 55%	57 46%	110 49%	53 51%	141 52%	150 55%	114 52%	140 57%	55 63%	20 48%	64 55%	45 53%	37 41%	41 55%	25 49%	50 51%	78 58%	76 54%	53 60%	
Staying at home due to health issues	402 40%	189 38%	214 41%	42 36%	83 47%	73 44%	79 44%	58 40%	336 43%	39 31%	67 29%	28 27%	112 41%	108 40%	89 40%	94 38%	30 34%	20 47%	57 49%	31 36%	39 42%	33 44%	19 37%	40 40%	46 35%	44 31%	45 50%	
Staying at home due to lack of money	309 30%	164 33%	145 28%	30 25%	67 38%	63 38%	65 36%	50 34%	275 35%	23 18%	34 15%	12 11%	66 24%	85 31%	84 38%	74 30%	21 24%	15 36%	38 32%	22 26%	26 28%	26 35%	12 23%	27 27%	49 37%	44 31%	30 33%	
Seeing other people socialising with family or friends	297 29%	124 25%	173 33%	53 45%	58 33%	49 29%	50 28%	33 22%	243 31%	26 21%	55 24%	28 27%	83 31%	82 30%	53 24%	79 32%	29 33%	14 34%	32 27%	25 29%	29 31%	18 24%	17 34%	26 26%	33 25%	46 33%	28 31%	
Being on my own at a particular time of day	189 19%	98 20%	91 17%	23 20%	25 14%	24 14%	32 18%	38 26%	142 18%	26 21%	47 21%	21 20%	51 19%	55 20%	42 19%	41 17%	19 22%	4 10%	19 16%	14 16%	15 16%	11 14%	6 12%	16 16%	36 27%	33 23%	16 18%	
Reading online about other people socialising with family or friends	137 13%	65 13%	72 14%	28 24%	32 18%	29 18%	31 17%	10 7%	130 17%	5 4%	6 3%	2 2%	50 18%	39 14%	23 10%	25 10%	12 14%	3 8%	12 10%	12 14%	18 20%	9 12%	10 19%	11 11%	14 11%	23 16%	13 15%	
Being alone	6 1%	3 1%	3 1%	-	3 2%	-	2 1%	1 1%	6 1%	-	1 *	1 1%	2 1%	1 *	-	3 1%	-	-	1 1%	1 2%	1 1%	-	-	*	1 *	1 1%	-	
Being at home / having to stay at home	5 *	1 *	3 1%	-	1 1%	-	1 1%	-	2 *	1 1%	2 1%	2 1%	-	1 *	-	3 1%	-	-	-	2 2%	1 1%	-	-	-	2 1%	-	-	
Death of a loved one	5 *	2 *	2 *	-	-	2 1%	2 1%	-	4 *	1 1%	1 *	-	1 *	1 *	-	2 1%	1 1%	-	-	-	-	-	-	2 2%	-	2 1%	-	
Thinking about the past / reminiscing	3 *	2 *	1 *	-	-	1 1%	2 1%	-	3 *	-	-	-	-	2 1%	1 *	-	2 3%	-	-	-	1 1%	-	-	-	-	-	-	
Staying at home as a carer	3 *	2 *	1 *	-	-	-	1 *	-	1 *	2 1%	2 1%	-	-	1 *	2 1%	-	-	-	-	-	-	-	-	-	-	2 1%	1 1%	
Lack of communication / not being able to speak to people	2 *	2 *	-	1 1%	1 *	-	-	-	2 *	1 *	1 *	-	1 1%	1 *	-	-	-	-	-	1 1%	1 1%	-	-	1 1%	-	-	-	
Family / loved ones not being nearby	2 *	1 *	2 *	-	-	-	-	-	-	1 1%	2 1%	1 1%	1 *	-	-	1 *	1 1%	-	-	-	-	-	-	-	-	-	1 1%	
Having a loved one who is ill / in poor health	2 *	-	2 *	-	-	-	-	-	-	-	2 1%	2 2%	-	1 *	-	1 *	-	-	-	-	-	-	-	-	-	1 1%	1 1%	

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 25

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Top Three Mentions

Base: All respondents

	Gender			Age								Class					Region											
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West	
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89	
Being on my own at a social event / a place where socialising takes place	2*	1*	1*	-	-	-	1*	-	1*	1%	1%	-	1*	-	1%	-	-	-	-	-	-	1	2%	-	1	1%	-	-
Lack of mobility	2*	2*	-	-	1*	-	-	-	1*	1%	1*	-	-	-	-	2	1%	-	-	-	-	-	-	1	1%	-	1	-
Other	21	10	11	3	1	3	4	4	14	2	6	4	3	3	7	7	1	1	2	2	3	4	1	-	1	5	2	
	2%	2%	2%	2%	1%	2%	2%	3%	2%	2%	3%	4%	1%	1%	3%	3%	1%	1%	2%	2%	3%	6%	2%	-	1%	3%	2%	
None of the above	110	58	52	2	6	8	16	22	54	34	57	23	24	28	26	32	7	2	14	13	13	10	7	17	9	15	4	
	11%	12%	10%	1%	3%	5%	9%	15%	7%	27%	25%	22%	9%	10%	12%	13%	9%	6%	12%	15%	14%	13%	14%	17%	6%	10%	5%	

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 26

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Top Three Mentions

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Being on my own on special occasions	596 59%	141 55%	452 60%
Being reminded of someone I miss	546 54%	142 55%	398 53%
Staying at home due to health issues	402 40%	102 40%	298 40%
Staying at home due to lack of money	309 30%	66 26%	243 32%
Seeing other people socialising with family or friends	297 29%	74 29%	223 30%
Being on my own at a particular time of day	189 19%	55 22%	132 18%
Reading online about other people socialising with family or friends	137 13%	19 8%	117 16%
Being alone	6 1%	3 1%	3 *
Being at home / having to stay at home	5 *	2 1%	2 *
Death of a loved one	5 *	1 *	4 *
Thinking about the past / reminiscing	3 *	1 *	2 *
Staying at home as a carer	3 *	-	3 *
Lack of communication / not being able to speak to people	2 *	1 *	2 *
Family / loved ones not being nearby	2 *	1 *	1 *
Having a loved one who is ill / in poor health	2 *	-	2 *

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 26

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Top Three Mentions

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
Being on my own at a social event / a place where socialising takes place	2 *	-	2 *
Lack of mobility	2 *	1 *	1 *
Other	21 2%	8 3%	12 2%
None of the above	110 11%	31 12%	78 10%

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 27

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- First mention

Base: All respondents

	Gender			Age										Class				Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
Being on my own on special occasions	265 26%	128 26%	138 26%	48 41%	60 34%	52 31%	50 28%	28 19%	239 30%	15 12%	27 12%	11 11%	85 31%	85 31%	50 23%	45 18%	25 29%	10 24%	21 18%	30 35%	26 28%	28 37%	15 29%	21 22%	37 28%	33 23%	19 22%
Being reminded of someone I miss	207 20%	106 21%	101 19%	18 15%	33 19%	29 18%	34 19%	36 25%	151 19%	27 22%	56 25%	29 28%	52 19%	55 20%	45 21%	54 22%	19 21%	10 23%	22 19%	14 16%	14 16%	11 15%	10 20%	23 23%	33 24%	31 22%	21 24%
Staying at home due to health issues	141 14%	63 13%	78 15%	14 12%	16 9%	25 15%	33 18%	22 15%	111 14%	16 13%	30 13%	14 14%	47 17%	33 12%	29 13%	33 13%	11 13%	4 10%	26 22%	10 11%	12 13%	14 18%	7 14%	17 17%	13 10%	11 8%	16 18%
Staying at home due to lack of money	113 11%	63 13%	50 10%	8 7%	26 15%	24 14%	18 10%	16 11%	92 12%	13 11%	21 9%	8 7%	22 8%	29 11%	31 14%	30 12%	8 9%	6 14%	14 12%	8 9%	12 14%	6 8%	3 6%	4 4%	18 13%	19 14%	13 15%
Seeing other people socialising with family or friends	89 9%	30 6%	59 11%	16 13%	13 7%	18 11%	13 7%	9 6%	69 9%	8 6%	20 9%	12 11%	23 8%	18 7%	21 10%	27 11%	7 8%	7 17%	13 12%	8 9%	4 5%	3 4%	2 4%	10 10%	8 6%	17 12%	10 11%
Being on my own at a particular time of day	42 4%	23 5%	19 4%	4 4%	8 4%	4 3%	6 3%	8 5%	31 4%	8 6%	12 5%	4 4%	6 2%	10 4%	12 5%	15 6%	6 7%	2 4%	4 4%	1 1%	2 3%	-	2 4%	3 3%	13 9%	8 6%	2 2%
Reading online about other people socialising with family or friends	31 3%	16 3%	15 3%	6 5%	11 6%	6 4%	7 4%	-	30 4%	-	1 *	1 1%	11 4%	12 4%	4 2%	5 2%	3 3%	-	1 1%	3 4%	5 6%	1 1%	4 9%	2 2%	4 3%	4 3%	4 4%
Being alone	3 *	2 *	1 *	-	1 1%	-	-	1 1%	3 *	-	1 *	1 1%	1 *	-	-	3 1%	-	-	-	1 2%	1 1%	-	-	-	-	1 1%	-
Death of a loved one	2 *	-	2 *	-	-	-	1 1%	-	1 *	1 1%	1 *	-	-	1 *	-	1 *	1 1%	-	-	-	-	-	-	-	-	1 1%	-
Lack of communication / not being able to speak to people	2 *	2 *	-	1 1%	1 *	-	-	-	2 *	-	-	-	1 *	1 *	-	-	-	-	-	-	1 1%	-	-	1 1%	-	-	-
Staying at home as a carer	2 *	2 *	-	-	-	-	-	-	-	2 1%	2 1%	-	-	-	2 1%	-	-	-	-	-	-	-	-	-	-	2 1%	-
Having a loved one who is ill / in poor health	1 *	-	1 *	-	-	-	-	-	-	-	1 1%	1 1%	-	-	-	1 *	-	-	-	-	-	-	-	-	-	-	1 1%
Being on my own at a social event / a place where socialising takes place	1 *	1 *	-	-	-	-	1 *	-	1 *	-	-	-	1 *	-	-	-	-	-	-	-	-	-	-	1 1%	-	-	-
Family / loved ones not being nearby	1 *	1 *	-	-	-	-	-	-	-	1 *	1 *	-	1 *	-	-	-	1 1%	-	-	-	-	-	-	-	-	-	-

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 27

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- First mention

Base: All respondents

	Gender		Age										Class				Region										
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
Other	4	2	2	-	-	-	2	2	3	-	1	1	1	-	1	2	-	1	1	-	-	2	1	-	-	-	-
	11%	12%	10%	1%	3%	5%	9%	15%	7%	27%	25%	22%	9%	11%	12%	13%	9%	6%	12%	15%	14%	14%	14%	17%	6%	10%	5%
None of the above	111	58	53	2	6	8	16	23	55	34	57	23	24	29	26	32	7	2	14	13	13	10	7	17	9	15	4

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 28

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- First mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Being on my own on special occasions	265 26%	53 21%	213 28%
Being reminded of someone I miss	207 20%	56 22%	146 19%
Staying at home due to health issues	141 14%	36 14%	105 14%
Staying at home due to lack of money	113 11%	28 11%	85 11%
Seeing other people socialising with family or friends	89 9%	24 10%	64 9%
Being on my own at a particular time of day	42 4%	17 6%	25 3%
Reading online about other people socialising with family or friends	31 3%	6 3%	25 3%
Being alone	3 *	2 1%	1 *
Death of a loved one	2 *	1 *	1 *
Lack of communication / not being able to speak to people	2 *	-	2 *
Staying at home as a carer	2 *	-	2 *
Having a loved one who is ill / in poor health	1 *	-	1 *
Being on my own at a social event / a place where socialising takes place	1 *	-	1 *
Family / loved ones not being nearby	1 *	1 *	-
Other	4 *	2 1%	2 *

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 28

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- First mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
None of the above	111 11%	31 12%	79 11%

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 29

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Second mention

Base: All respondents

	Gender		Age										Class					Region										
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West	
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97	
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89	
Being on my own on special occasions	206 20%	104 21%	102 20%	40 34%	44 25%	28 17%	38 21%	24 16%	174 22%	17 13%	32 14%	15 14%	60 22%	55 20%	48 22%	43 17%	17 19%	13 31%	28 24%	16 19%	13 14%	7 9%	7 14%	19 19%	36 27%	30 21%	19 21%	
Being reminded of someone I miss	164 16%	77 16%	87 17%	13 11%	37 21%	39 24%	27 15%	22 15%	138 18%	13 10%	26 12%	13 13%	52 19%	45 16%	29 13%	38 15%	15 17%	1 2%	17 14%	19 22%	13 14%	16 22%	8 15%	17 18%	23 17%	24 17%	13 14%	
Staying at home due to health issues	142 14%	63 13%	79 15%	11 11%	39 22%	25 15%	25 14%	18 12%	119 15%	14 11%	23 10%	9 8%	28 10%	44 16%	39 18%	31 12%	11 12%	9 22%	19 16%	16 19%	15 16%	9 12%	6 11%	13 13%	14 11%	13 9%	17 19%	
Seeing other people socialising with family or friends	112 11%	47 10%	64 12%	20 17%	17 10%	14 8%	20 11%	14 10%	85 11%	14 12%	26 12%	12 11%	34 13%	30 11%	13 6%	35 14%	14 16%	3 8%	10 8%	7 8%	13 14%	8 10%	10 20%	5 5%	13 10%	17 12%	11 12%	
Staying at home due to lack of money	91 9%	54 11%	37 7%	11 10%	9 5%	19 12%	21 12%	22 15%	82 10%	6 5%	9 4%	3 3%	22 8%	25 9%	22 10%	22 9%	6 7%	2 5%	12 10%	4 5%	6 7%	10 13%	3 5%	11 11%	18 13%	11 8%	9 10%	
Being on my own at a particular time of day	74 7%	39 8%	36 7%	7 6%	10 6%	11 7%	14 8%	15 10%	58 7%	7 5%	16 7%	10 9%	21 8%	23 8%	20 9%	10 4%	7 8%	2 4%	9 8%	2 2%	8 9%	4 6%	2 4%	6 6%	14 10%	13 9%	7 8%	
Reading online about other people socialising with family or friends	44 4%	19 4%	25 5%	8 7%	11 6%	12 7%	10 5%	1 1%	43 5%	1 1%	1 *	- -	13 5%	12 4%	8 4%	11 4%	2 2%	2 5%	2 1%	5 6%	4 4%	5 7%	4 8%	1 1%	2 1%	12 8%	5 6%	
Family / loved ones not being nearby	2 *	- -	2 *	- -	- -	- -	- -	- -	- -	1 *	2 1%	1 1%	1 *	- -	- -	1 *	1 1%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 1%
Having a loved one who is ill / in poor health	1 *	- -	1 *	- -	- -	- -	- -	- -	- -	- -	1 *	1 1%	- -	1 *	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	- -	
Lack of communication / not being able to speak to people	1 *	1 *	- -	- -	- -	- -	- -	- -	- -	1 *	1 *	- -	1 *	- -	- -	- -	- -	- -	- -	1 1%	- -	- -	- -	- -	- -	- -	- -	- -
Being alone	* *	* *	- -	- -	- -	- -	* *	- -	* *	- -	- -	- -	* *	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	* *	- -	- -	- -	
Death of a loved one	* *	- -	* *	- -	- -	- -	* *	- -	* *	- -	- -	- -	* *	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	* *	- -	
Other	6 1%	3 1%	3 1%	1 1%	- -	2 1%	- -	1 1%	5 1%	1 1%	1 1%	- -	- -	1 *	3 2%	1 *	- -	- -	- -	- -	2 2%	3 4%	- -	- -	- -	- -	1 1%	
None of the above	171 17%	86 17%	85 16%	4 3%	9 5%	15 9%	25 14%	28 19%	82 10%	50 40%	90 39%	40 39%	41 15%	37 13%	38 17%	55 22%	16 18%	10 24%	20 18%	16 18%	18 19%	13 17%	12 22%	26 26%	14 11%	20 14%	7 7%	

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 30

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Second mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Being on my own on special occasions	206 20%	46 18%	157 21%
Being reminded of someone I miss	164 16%	45 18%	119 16%
Staying at home due to health issues	142 14%	35 14%	106 14%
Seeing other people socialising with family or friends	112 11%	31 12%	80 11%
Staying at home due to lack of money	91 9%	18 7%	73 10%
Being on my own at a particular time of day	74 7%	21 8%	54 7%
Reading online about other people socialising with family or friends	44 4%	7 3%	37 5%
Family / loved ones not being nearby	2 *	1 *	1 *
Having a loved one who is ill / in poor health	1 *	- -	1 *
Lack of communication / not being able to speak to people	1 *	1 *	- -
Being alone	* *	- -	* *
Death of a loved one	* *	- -	* *
Other	6 1%	- -	6 1%
None of the above	171 17%	52 20%	115 15%

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 31

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Third mention

Base: All respondents

	Gender		Age										Class					Region									
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
Being reminded of someone I miss	174 17%	79 16%	95 18%	27 23%	35 20%	29 17%	32 17%	24 16%	146 19%	17 14%	28 12%	11 11%	37 14%	50 18%	39 18%	47 19%	22 25%	10 23%	26 22%	13 15%	10 11%	13 18%	7 14%	11 11%	22 17%	21 15%	19 22%
Being on my own on special occasions	125 12%	53 11%	72 14%	15 12%	14 8%	30 18%	20 11%	19 13%	98 13%	13 10%	27 12%	14 14%	42 15%	33 12%	27 12%	24 10%	8 9%	2 5%	16 14%	8 9%	8 9%	9 12%	7 13%	11 11%	23 17%	19 14%	14 16%
Staying at home due to health issues	120 12%	62 13%	58 11%	15 13%	28 16%	23 14%	22 12%	18 12%	106 13%	9 7%	14 6%	5 4%	37 14%	31 11%	22 10%	30 12%	8 9%	6 14%	13 11%	5 6%	12 13%	10 14%	6 12%	10 10%	19 14%	20 14%	12 14%
Staying at home due to lack of money	106 10%	48 10%	58 11%	10 9%	33 19%	20 12%	27 15%	11 8%	101 13%	4 3%	5 2%	1 1%	23 8%	30 11%	30 14%	22 9%	6 7%	7 17%	12 10%	10 12%	7 8%	10 13%	6 12%	12 12%	13 10%	14 10%	8 9%
Seeing other people socialising with family or friends	97 10%	48 10%	50 10%	17 15%	28 16%	18 11%	17 9%	9 6%	89 11%	4 3%	9 4%	5 5%	26 10%	34 12%	19 9%	18 7%	9 10%	4 9%	8 7%	10 11%	12 13%	7 10%	5 10%	10 11%	12 9%	7 9%	7 8%
Being on my own at a particular time of day	72 7%	36 7%	36 7%	12 10%	7 4%	8 5%	11 6%	15 10%	53 7%	12 10%	19 8%	7 7%	23 9%	22 8%	10 5%	16 7%	7 8%	1 2%	5 5%	11 13%	4 4%	6 9%	2 4%	7 7%	10 7%	12 9%	7 8%
Reading online about other people socialising with family or friends	61 6%	29 6%	32 6%	13 11%	9 5%	11 6%	15 8%	8 6%	57 7%	4 3%	4 2%	1 1%	27 10%	15 5%	10 4%	10 4%	7 8%	1 2%	9 8%	3 4%	9 10%	3 3%	1 2%	8 8%	8 6%	7 5%	4 5%
Being at home / having to stay at home	5 *	1 *	3 1%	-	1 1%	-	1 1%	-	2 *	1 1%	2 1%	2 1%	-	1 *	-	3 1%	-	-	-	2 2%	1 1%	-	-	-	2 1%	-	-
Thinking about the past / reminiscing	3 *	2 *	1 *	-	-	1 1%	2 1%	-	3 *	-	-	-	-	2 1%	1 *	-	2 3%	-	-	-	1 1%	-	-	-	-	-	-
Being alone	2 *	1 *	2 *	-	1 1%	-	1 1%	-	2 *	-	-	-	1 *	1 *	-	-	-	-	1 1%	-	1 1%	-	-	-	1 *	-	-
Death of a loved one	2 *	2 *	-	-	-	2 1%	* *	-	2 *	-	-	-	* *	-	-	2 1%	* 1%	-	-	-	-	-	-	2 2%	-	-	-
Lack of mobility	2 *	2 *	-	-	1 *	-	-	-	1 *	1 1%	1 1%	-	-	-	-	2 1%	-	-	-	-	-	-	-	1 1%	-	1 1%	-
Being on my own at a social event / a place where socialising takes place	1 *	-	1 *	-	-	-	-	-	-	1 1%	1 1%	-	-	-	1 1%	-	-	-	-	-	-	-	1 2%	-	-	-	-
Staying at home as a carer	1 *	-	1 *	-	-	-	1 *	-	1 *	-	-	-	-	1 *	-	-	-	-	-	-	-	-	-	-	-	-	1 1%
Other	11 1%	5 1%	6 1%	2 1%	1 1%	1 *	2 1%	1 1%	7 1%	1 1%	4 2%	4 4%	2 1%	2 1%	3 1%	4 2%	1 1%	-	1 1%	2 2%	1 1%	-	-	-	1 1%	5 3%	1 1%

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 31

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Third mention

Base: All respondents

	Gender		Age								Class				Region												
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
None of the above	233	126	107	7	16	25	31	41	119	58	114	56	54	51	58	70	18	12	26	24	26	14	17	27	22	30	16
	23%	26%	21%	6%	9%	15%	17%	28%	15%	47%	50%	54%	20%	19%	26%	28%	21%	28%	22%	28%	29%	19%	33%	28%	17%	21%	17%

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 32

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Third mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Being reminded of someone I miss	174 17%	41 16%	133 18%
Being on my own on special occasions	125 12%	42 16%	82 11%
Staying at home due to health issues	120 12%	31 12%	88 12%
Staying at home due to lack of money	106 10%	20 8%	86 11%
Seeing other people socialising with family or friends	97 10%	18 7%	78 10%
Being on my own at a particular time of day	72 7%	18 7%	54 7%
Reading online about other people socialising with family or friends	61 6%	6 2%	55 7%
Being at home / having to stay at home	5 *	2 1%	2 *
Thinking about the past / reminiscing	3 *	1 *	2 *
Being alone	2 *	1 *	1 *
Death of a loved one	2 *	-	2 *
Lack of mobility	2 *	1 *	1 *
Being on my own at a social event / a place where socialising takes place	1 *	-	1 *
Staying at home as a carer	1 *	-	1 *
Other	11 1%	7 3%	4 1%

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 32

Q5. I am now going to read out a list of experiences. Please could you tell me which of the following experiences - if any - are most likely to trigger feelings of loneliness for you? Please rank your top three.

- Third mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
None of the above	233 23%	71 28%	158 21%

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 33

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Summary

Base: All respondents

	Q6. Summary			
	Top three mention	Most	Second most	Third most
Unweighted base	1014	1014	1014	1014
Weighted base	1014	1014	1014	1014
Call a friend or family member on the phone	761 75%	422 42%	229 23%	112 11%
Visit a friend or family member	464 46%	141 14%	203 20%	120 12%
Email or write to a friend or family member	94 9%	9 1%	35 3%	50 5%
Go for a walk	383 38%	98 10%	126 12%	159 16%
Turn the TV on	411 41%	111 11%	143 14%	157 15%
Turn the radio on	159 16%	51 5%	55 5%	54 5%
Look at social media sites (e.g. Facebook, Twitter)	250 25%	62 6%	80 8%	108 11%
Make plans for a future date	268 26%	48 5%	75 7%	145 14%
I would go to the pub	15 1%	6 1%	3 *	6 1%
I would have an alcoholic drink	4 *	2 *	- -	3 *
I would smoke	2 *	- -	- -	2 *
I would read a book	21 2%	10 1%	5 *	6 1%
I would play a video game	5 *	4 *	- -	1 *
Devote some time to my hobby	5 *	3 *	2 *	1 *
I would do some housework / tidy up	5 1%	3 *	- -	2 *
I would speak to people online	2 *	1 *	- -	1 *
I would talk to my partner	2 *	2 *	- -	- -

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 33

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Summary

Base: All respondents

	Q6. Summary			
	Top three mention	Most	Second most	Third most
Weighted base	1014	1014	1014	1014
I would take my dog for a walk / play with my pets	10 1%	3 *	3 *	3 *
I would listen to music	7 1%	2 *	2 *	3 *
I would go to the gym	4 *	-	3 *	1 *
I would go on the internet (other / non-specific)	3 *	-	1 *	2 *
I would go to sleep / take a nap	3 *	-	-	3 *
I would go shopping	3 *	-	-	3 *
I would go to the cinema	2 *	1 *	-	1 *
I would go for a drive / ride / cycle somewhere	3 *	-	2 *	2 *
Other	22 2%	12 1%	4 *	7 1%
None of the above	11 1%	11 1%	30 3%	52 5%
N/A - I don't experience loneliness	13 1%	13 1%	13 1%	13 1%
Don't know	-	2 *	1 *	* *

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 34

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Top three mention

Base: All respondents

	Gender			Age										Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West		
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97		
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89		
Call a friend or family member on the phone	761 75%	326 66%	435 84%	97 83%	132 75%	134 80%	139 77%	106 72%	608 77%	81 66%	154 68%	72 70%	206 76%	214 79%	161 73%	180 73%	69 78%	32 75%	85 73%	66 77%	60 66%	59 79%	42 81%	71 72%	100 74%	109 77%	69 77%		
Visit a friend or family member	464 46%	225 46%	239 46%	68 58%	85 49%	94 57%	83 46%	68 47%	398 51%	36 29%	66 29%	30 29%	128 47%	121 44%	113 51%	102 41%	43 49%	20 48%	45 38%	43 50%	49 54%	36 48%	23 45%	35 35%	54 41%	71 50%	45 50%		
Turn the TV on	411 41%	211 43%	200 38%	38 32%	62 36%	49 29%	75 41%	65 45%	289 37%	57 46%	122 54%	65 63%	94 34%	101 37%	83 38%	133 54%	39 45%	24 57%	64 55%	31 35%	27 29%	24 32%	23 45%	31 31%	65 49%	47 33%	37 42%		
Go for a walk	383 38%	209 42%	173 33%	35 30%	43 25%	53 32%	77 42%	77 53%	285 36%	58 47%	97 43%	39 38%	110 40%	96 35%	76 34%	100 40%	31 35%	15 36%	58 50%	31 36%	32 35%	35 46%	14 27%	34 35%	44 33%	55 39%	34 38%		
Make plans for a future date	268 26%	112 23%	156 30%	33 28%	73 41%	60 36%	40 29%	27 19%	233 30%	19 16%	34 15%	15 14%	93 34%	80 29%	47 21%	48 19%	21 24%	13 30%	27 23%	24 28%	17 18%	20 27%	8 16%	26 27%	41 31%	46 33%	24 27%		
Look at social media sites (e.g. Facebook, Twitter)	250 25%	118 24%	131 25%	50 43%	61 35%	41 25%	51 28%	25 17%	229 29%	15 12%	21 9%	6 6%	59 22%	76 28%	57 26%	57 23%	19 22%	14 33%	24 21%	20 23%	33 36%	13 17%	11 22%	21 22%	43 32%	28 20%	24 27%		
Turn the radio on	159 16%	75 15%	85 16%	7 6%	16 9%	22 13%	33 18%	24 16%	101 13%	28 23%	58 25%	30 29%	46 17%	38 14%	36 16%	40 16%	13 15%	1 2%	14 12%	12 14%	9 9%	9 12%	11 22%	26 26%	23 17%	25 18%	16 18%		
Email or write to a friend or family member	94 9%	43 9%	51 10%	13 11%	14 8%	23 14%	16 9%	8 6%	74 9%	12 10%	20 9%	8 8%	32 12%	27 10%	18 8%	17 7%	10 12%	1 3%	9 8%	8 9%	15 16%	7 10%	5 9%	8 8%	9 6%	15 11%	6 7%		
I would read a book	21 2%	7 2%	13 3%	- -	1 *	4 3%	- -	5 3%	10 1%	5 4%	11 5%	6 5%	6 2%	5 2%	2 1%	8 3%	5 6%	- -	2 2%	3 4%	3 3%	1 2%	1 2%	2 2%	2 1%	2 *	1 1%		
I would go to the pub	15 1%	15 3%	- -	2 2%	1 1%	2 1%	2 1%	2 1%	10 1%	4 3%	5 2%	1 1%	3 1%	4 2%	4 2%	4 2%	1 1%	- -	1 1%	- -	2 2%	1 1%	- -	5 6%	1 1%	2 2%	1 1%		
I would take my dog for a walk / play with my pets	10 1%	- -	10 2%	- -	1 1%	2 1%	- -	2 1%	5 1%	2 1%	5 2%	3 3%	1 *	1 *	5 2%	2 1%	- -	- -	1 1%	3 3%	2 2%	1 1%	2 4%	1 1%	- -	1 1%	- -		
I would listen to music	7 1%	4 1%	3 1%	- -	1 *	1 1%	- -	2 1%	3 *	4 3%	4 2%	- -	1 *	- -	2 1%	4 2%	- -	- -	2 1%	- -	- -	2 2%	- -	1 1%	- -	3 2%	- -		
I would do some housework / tidy up	5 1%	1 *	4 1%	- -	1 *	3 2%	- -	- -	3 *	1 1%	2 1%	1 1%	4 1%	- -	- -	- -	- -	- -	- -	1 2%	1 1%	- -	- -	2 2%	1 1%	- -	- -		
I would play a video game	5 *	4 1%	1 *	1 1%	3 2%	1 *	- -	- -	5 1%	* *	* *	- -	1 *	3 1%	- -	1 *	1 1%	- -	3 2%	- -	- -	- -	- -	- -	- -	1 1%	- -		
Devote some time to my hobby	5 *	3 1%	2 *	- -	- -	1 *	1 1%	- -	2 *	1 1%	2 1%	1 1%	* 1%	2 1%	2 1%	- -	- -	- -	- -	1 1%	1 1%	* *	1 2%	- -	1 1%	- -	- -		
I would have an alcoholic drink	4 *	3 1%	1 *	- -	- -	- -	3 1%	* *	3 *	1 1%	1 1%	- -	* *	3 1%	1 1%	- -	- -	- -	3 2%	* 1%	* *	- -	- -	- -	- -	- -	1 1%		

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 34

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Top three mention

Base: All respondents

	Gender			Age										Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West		
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89		
I would go to the gym	4*	1*	3	1	-	-	1	2	4	-	-	-	-	1	2	1	-	-	-	-	3	-	-	-	-	-	-	1	
			1%	1%	-	-	1%	1%	*	-	-	-	-	*	1%	*	-	-	-	-	3%	-	-	-	-	-	1%		
I would go for a drive / ride / cycle somewhere	3*	2*	2*	-	1*	-	1	2	3	-	-	-	1	2	1	-	-	-	-	-	-	-	1	-	2	-	-		
			*	-	*	-	1%	1%	*	-	-	-	*	1%	1%	-	-	-	-	-	-	-	2%	-	2%	-	-		
I would go to sleep / take a nap	3*	-	3	1	-	-	-	-	1	1	2	1	1	-	-	2	1	-	-	-	-	-	-	-	-	1	1		
			1%	1%	-	-	-	-	*	1%	1%	1%	*	-	-	1%	1%	-	-	-	-	-	-	-	-	1%	1%		
I would go on the internet (other / non-specific)	3*	2*	1*	-	-	1	1	-	2	1	1	-	1	1	-	1	1	-	-	1	-	-	-	-	1	-	-		
			*	-	-	1%	*	-	*	1%	*	-	*	1%	-	*	1%	-	-	1%	-	-	-	-	1%	-	-		
I would go shopping	3*	1*	2*	-	-	-	3	-	3	-	-	-	1	1	1	-	1	-	-	-	-	-	1	1	-	-	-		
			*	-	-	-	2%	-	*	-	-	-	*	1	1	-	1%	-	-	-	-	-	1%	1%	-	-	-		
I would go to the cinema	2*	1*	1*	-	-	1	-	1	2	-	-	-	-	-	1	1	-	-	-	-	-	1	-	-	-	1	-		
			*	-	-	1%	-	1%	*	-	-	-	-	-	*	*	-	-	-	-	-	1%	-	-	-	1%	-		
I would speak to people online	2*	1*	*	-	-	*	1	-	1	-	1	1	2	-	-	-	*	-	1	1	-	-	-	-	-	-	-		
			*	-	-	*	*	-	*	-	*	1%	1%	-	-	-	*	-	1%	1%	-	-	-	-	-	-	-		
I would talk to my partner	2*	1*	1*	-	-	-	2	-	2	-	-	-	-	1	1	-	-	-	-	-	1	-	-	-	-	1	-		
			*	-	-	-	1%	-	*	-	-	-	-	*	*	-	-	-	-	-	1%	-	-	-	-	1%	-		
I would smoke	2*	2*	-	-	1	-	-	-	1	1	1	-	-	1	1	-	-	-	1	-	-	-	-	-	-	-	1		
			*	-	1%	-	-	-	*	1	*	-	-	*	*	-	-	-	1%	-	-	-	-	-	-	-	1%		
Other	22	12	10	3	3	2	1	5	14	3	8	6	3	6	9	3	1	1	4	1	3	6	-	3	-	2	1		
	2%	2%	2%	3%	2%	1%	*	3%	2%	2%	4%	5%	1%	2%	4%	1%	1%	2%	3%	1%	3%	8%	-	4%	-	1%	1%		
None of the above	11	11	-	1	6	1	-	-	8	2	2	1	3	-	3	5	1	-	-	1	3	1	-	1	2	1	-		
	1%	2%	-	1%	4%	1%	-	-	1%	1%	1%	1%	1%	-	1%	2%	1%	-	-	1%	4%	2%	-	1%	2%	1%	-		
N/A - I don't experience loneliness	13	8	5	-	-	-	1	1	2	8	10	3	2	3	4	4	-	-	-	2	1	1	1	4	1	1	1		
	1%	2%	1%	-	-	-	*	1%	*	6%	5%	2%	1%	1%	2%	1%	-	-	-	2%	1%	1%	2%	5%	1%	1%	1%		

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 35

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Top three mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Call a friend or family member on the phone	761 75%	183 71%	572 76%
Visit a friend or family member	464 46%	102 40%	357 48%
Turn the TV on	411 41%	131 51%	277 37%
Go for a walk	383 38%	95 37%	283 38%
Make plans for a future date	268 26%	64 25%	201 27%
Look at social media sites (e.g. Facebook, Twitter)	250 25%	38 15%	211 28%
Turn the radio on	159 16%	42 17%	115 15%
Email or write to a friend or family member	94 9%	28 11%	66 9%
I would read a book	21 2%	10 4%	11 1%
I would go to the pub	15 1%	3 1%	12 2%
I would take my dog for a walk / play with my pets	10 1%	4 2%	6 1%
I would listen to music	7 1%	4 1%	3 *
I would do some housework / tidy up	5 1%	2 1%	3 *
I would play a video game	5 *	- -	5 1%
Devote some time to my hobby	5 *	2 1%	2 *
I would have an alcoholic drink	4 *	2 1%	2 *
I would go to the gym	4 *	- -	4 1%

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 35

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Top three mention

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
I would go for a drive / ride / cycle somewhere	3 *	- -	3 *
I would go to sleep / take a nap	3 *	- -	3 *
I would go on the internet (other / non-specific)	3 *	1 1%	2 *
I would go shopping	3 *	1 *	2 *
I would go to the cinema	2 *	2 1%	- -
I would speak to people online	2 *	2 1%	- -
I would talk to my partner	2 *	- -	2 *
I would smoke	2 *	1 *	1 *
Other	22 2%	12 5%	10 1%
None of the above	11 1%	5 2%	5 1%
N/A - I don't experience loneliness	13 1%	1 1%	11 1%

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 36

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Most

Base: All respondents

	Gender			Age								Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
Call a friend or family member on the phone	422 42%	166 34%	256 49%	50 43%	73 42%	78 47%	77 42%	60 41%	339 43%	43 35%	83 37%	40 39%	116 43%	124 45%	84 38%	98 40%	39 44%	22 51%	47 40%	40 47%	37 40%	28 38%	22 43%	36 37%	60 45%	58 41%	33 37%
Visit a friend or family member	141 14%	77 16%	64 12%	26 22%	30 17%	24 14%	26 14%	23 15%	128 16%	8 6%	13 6%	5 5%	40 15%	32 12%	36 16%	32 13%	12 14%	8 20%	12 11%	11 12%	15 16%	5 6%	9 18%	14 14%	14 11%	24 17%	16 18%
Turn the TV on	111 11%	61 12%	50 10%	9 8%	14 8%	14 8%	16 9%	20 14%	72 9%	18 14%	39 17%	21 20%	22 8%	29 11%	20 9%	40 16%	11 13%	5 13%	17 14%	10 12%	8 9%	7 9%	6 12%	6 6%	20 15%	10 7%	11 12%
Go for a walk	98 10%	59 12%	40 8%	7 6%	6 3%	13 8%	20 11%	17 12%	64 8%	22 18%	34 15%	12 12%	25 9%	21 8%	26 12%	26 11%	5 5%	3 7%	21 18%	6 7%	6 7%	9 12%	2 3%	10 11%	11 8%	12 9%	13 15%
Look at social media sites (e.g. Facebook, Twitter)	62 6%	29 6%	32 6%	14 12%	19 11%	10 6%	10 5%	3 2%	57 7%	3 3%	5 2%	2 2%	18 6%	23 9%	13 6%	8 3%	4 4%	2 4%	5 4%	5 6%	7 8%	4 5%	4 8%	6 6%	8 6%	7 5%	10 11%
Turn the radio on	51 5%	24 5%	26 5%	1 1%	7 4%	4 3%	16 9%	7 5%	36 5%	7 6%	15 7%	8 7%	14 5%	9 3%	15 7%	14 5%	5 6%	- 2%	2 4%	3 4%	2 2%	6 8%	6 12%	9 9%	7 5%	10 7%	1 1%
Make plans for a future date	48 5%	27 5%	21 4%	5 4%	11 6%	12 7%	7 4%	6 4%	41 5%	4 3%	7 3%	3 3%	15 6%	13 5%	9 4%	11 4%	4 5%	- 5%	6 5%	4 4%	3 3%	6 7%	1 1%	4 4%	6 4%	12 8%	3 4%
I would read a book	10 1%	3 1%	7 1%	- *	1 *	2 1%	- -	2 2%	5 1%	2 1%	5 2%	3 3%	4 2%	2 1%	1 *	3 1%	3 4%	- -	- -	2 2%	1 1%	- -	- -	1 1%	2 1%	1 *	1 *
Email or write to a friend or family member	9 1%	6 1%	2 *	1 1%	2 1%	- -	3 1%	* *	6 1%	1 1%	2 1%	1 1%	5 2%	2 1%	1 *	1 *	3 3%	1 3%	1 1%	- -	1 1%	- -	- -	- -	1 1%	1 1%	- -
I would go to the pub	6 1%	6 1%	- -	- -	1 1%	* *	2 1%	1 1%	5 1%	1 1%	1 *	- -	3 1%	2 1%	1 *	- -	1 1%	- -	- -	- -	1 1%	- -	- -	2 2%	1 1%	* *	- -
I would play a video game	4 *	3 1%	1 *	1 1%	3 2%	- -	- -	- -	4 *	* *	* *	- -	* *	3 1%	- -	1 *	- -	- -	3 2%	- -	- -	- -	- -	- -	- -	1 1%	- -
I would take my dog for a walk / play with my pets	3 *	- -	3 1%	- -	- -	2 1%	- -	- -	2 *	2 1%	2 1%	- -	1 *	- -	2 1%	1 *	- -	- -	1 1%	- -	2 2%	1 1%	- -	- -	- -	- -	- -
I would do some housework / tidy up	3 *	1 *	1 *	- -	1 *	1 1%	- -	- -	2 *	- -	1 *	1 1%	1 1%	1 1%	- -	- -	- -	- -	- -	1 2%	1 1%	- -	- -	1 1%	- -	- -	- -
Devote some time to my hobby	3 *	1 *	1 *	- -	- -	- -	* *	- -	* *	1 1%	2 1%	1 1%	* *	2 1%	- -	- -	- -	- -	- -	1 1%	1 1%	* *	- -	- -	- -	- -	- -
I would talk to my partner	2 *	1 *	1 *	- -	- -	- -	2 1%	- -	2 *	- -	- -	- -	- -	1 *	1 *	- -	- -	- -	- -	- -	1 1%	- -	- -	- -	- -	1 1%	- -
I would have an alcoholic drink	2 *	* *	1 *	- -	- -	- -	1 1%	- -	1 *	* *	* *	- -	- -	2 1%	- -	- -	- -	- -	1 1%	* 1%	- -	- -	- -	- -	- -	- -	- -

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 36

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Most

Base: All respondents

	Gender			Age									Class							Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
I would listen to music	2 *	-	2 *	-	-	-	-	2 1%	2 *	-	-	-	-	-	-	2 1%	-	-	-	-	-	2 2%	-	-	-	-	-
I would speak to people online	1 *	1 *	* *	-	-	* *	1 *	-	1 *	-	-	-	1 *	-	-	-	* *	-	1 1%	-	-	-	-	-	-	-	-
I would go to the cinema	1 *	-	1 *	-	-	1 1%	-	-	1 *	-	-	-	-	-	1 *	-	-	-	-	-	-	1 1%	-	-	-	-	-
Other	12 1%	7 1%	5 1%	2 1%	2 1%	2 1%	-	1 1%	7 1%	2 1%	5 2%	3 3%	1 *	2 1%	6 3%	3 1%	-	1 2%	2 1%	-	-	5 6%	-	3 4%	-	1 1%	-
None of the above	11 1%	11 2%	-	1 1%	6 4%	1 1%	-	-	8 1%	2 1%	2 1%	1 1%	3 1%	-	3 1%	5 2%	1 1%	-	-	1 1%	3 4%	1 2%	-	1 1%	2 2%	1 1%	-
N/A - I don't experience loneliness	13 1%	8 2%	5 1%	-	-	-	1 *	1 1%	2 *	8 6%	10 5%	3 2%	2 1%	3 1%	4 2%	4 1%	-	-	-	2 2%	1 1%	1 1%	1 2%	4 5%	1 1%	1 1%	1 1%
Don't know	2 *	2 *	-	-	-	-	-	2 1%	2 *	-	-	-	-	2 1%	-	-	-	-	-	-	-	2 3%	-	-	-	-	-

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 37

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Most

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Call a friend or family member on the phone	422 42%	103 40%	314 42%
Visit a friend or family member	141 14%	23 9%	117 16%
Turn the TV on	111 11%	43 17%	67 9%
Go for a walk	98 10%	22 9%	76 10%
Look at social media sites (e.g. Facebook, Twitter)	62 6%	8 3%	53 7%
Turn the radio on	51 5%	14 6%	36 5%
Make plans for a future date	48 5%	12 5%	36 5%
I would read a book	10 1%	4 2%	6 1%
Email or write to a friend or family member	9 1%	1 *	8 1%
I would go to the pub	6 1%	1 *	5 1%
I would play a video game	4 *	- -	4 1%
I would take my dog for a walk / play with my pets	3 *	1 *	2 *
I would do some housework / tidy up	3 *	1 *	2 *
Devote some time to my hobby	3 *	2 1%	* *
I would talk to my partner	2 *	- -	2 *
I would have an alcoholic drink	2 *	1 *	* *
I would listen to music	2 *	2 1%	- -

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 37

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Most

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
I would speak to people online	1 *	1 *	-
I would go to the cinema	1 *	1 *	-
Other	12 1%	8 3%	4 *
None of the above	11 1%	5 2%	5 1%
N/A - I don't experience loneliness	13 1%	1 1%	11 1%
Don't know	2 *	2 1%	-

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 38

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Second most

Base: All respondents

	Gender			Age										Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West		
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97		
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89		
Call a friend or family member on the phone	229 23%	107 22%	122 23%	35 29%	45 26%	39 24%	40 22%	24 16%	184 23%	24 19%	46 20%	22 21%	56 21%	59 22%	56 25%	57 23%	23 26%	10 25%	19 17%	16 18%	17 19%	20 27%	16 31%	23 24%	21 15%	39 28%	24 27%		
Visit a friend or family member	203 20%	96 19%	107 21%	33 28%	31 18%	52 31%	28 15%	26 18%	170 22%	20 16%	33 14%	13 13%	56 21%	54 20%	49 22%	43 18%	19 21%	10 24%	19 16%	21 24%	20 22%	11 14%	13 25%	15 15%	24 18%	32 23%	19 22%		
Turn the TV on	143 14%	72 14%	72 14%	15 13%	20 12%	15 9%	26 14%	27 14%	103 13%	21 17%	40 18%	19 18%	32 12%	39 14%	29 13%	43 17%	10 12%	8 18%	30 25%	14 17%	6 6%	8 11%	6 12%	12 13%	24 18%	17 12%	7 8%		
Go for a walk	126 12%	59 12%	67 13%	13 11%	15 8%	11 7%	30 17%	24 16%	93 12%	14 11%	32 14%	18 17%	41 15%	30 11%	18 8%	37 15%	15 17%	5 11%	19 17%	4 5%	10 11%	17 22%	4 7%	15 15%	16 12%	13 9%	8 9%		
Look at social media sites (e.g. Facebook, Twitter)	80 8%	41 8%	39 8%	11 9%	23 13%	10 6%	19 10%	12 8%	75 9%	4 3%	6 2%	1 1%	17 6%	25 9%	18 8%	20 8%	3 3%	6 15%	10 9%	6 7%	13 15%	-	2 3%	7 7%	16 12%	10 7%	6 7%		
Make plans for a future date	75 7%	28 6%	46 9%	7 6%	20 11%	16 9%	12 7%	6 4%	61 8%	8 7%	14 6%	6 5%	27 10%	26 10%	14 6%	7 3%	3 4%	1 2%	6 6%	7 8%	5 6%	9 12%	1 1%	6 6%	18 14%	11 7%	7 8%		
Turn the radio on	55 5%	33 7%	22 4%	1 1%	6 3%	10 5%	8 6%	9 6%	34 4%	11 9%	21 9%	10 9%	16 6%	16 6%	10 5%	12 5%	7 8%	-	7 6%	5 6%	4 5%	-	1 3%	7 7%	6 4%	7 5%	10 11%		
Email or write to a friend or family member	35 3%	13 3%	22 4%	1 1%	5 3%	9 5%	10 6%	4 3%	29 4%	4 3%	6 3%	3 2%	15 5%	7 3%	5 2%	8 3%	3 4%	-	4 3%	4 5%	4 4%	5 6%	2 4%	2 2%	3 2%	5 3%	3 3%		
I would read a book	5 *	3 1%	2 *	-	-	1 1%	-	1 1%	2 *	1 *	2 1%	2 2%	1 *	2 1%	1 1%	1 *	1 2%	-	-	1 1%	-	1 2%	1 2%	-	-	-	-		
I would go to the pub	3 *	3 1%	-	-	-	2 1%	-	1 1%	3 *	1 1%	1 *	-	-	-	1 *	2 1%	-	-	-	-	-	1 1%	-	2 2%	-	-	1 1%		
I would take my dog for a walk / play with my pets	3 *	-	3 1%	-	-	-	-	1 1%	1 *	-	2 1%	2 1%	-	-	1 1%	2 1%	-	-	-	2 2%	-	-	-	-	-	-	1 1%		
I would go to the gym	3 *	1 *	2 *	-	-	-	1 1%	2 1%	3 *	-	-	-	-	1 *	2 1%	-	-	-	-	-	3 3%	-	-	-	-	-	-		
Devote some time to my hobby	2 *	1 *	1 *	-	-	-	1 1%	-	1 *	1 1%	1 1%	-	-	1 *	1 1%	-	-	-	-	-	1 1%	-	1 2%	-	-	-	-		
I would listen to music	2 *	1 *	1 *	-	1 *	-	-	-	1 *	1 1%	1 1%	-	*	-	-	2 1%	-	-	1 1%	-	-	-	-	-	-	-	1 1%		
I would go for a drive / ride / cycle somewhere	2 *	-	2 *	-	-	-	-	2 1%	2 *	-	-	-	-	2 1%	-	-	-	-	-	-	-	-	-	-	2 1%	-	-		

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 38

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Second most

Base: All respondents

	Gender			Age									Class				Region										
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
I would go on the internet (other / non-specific)	1*	1*	-	-	-	-	-	-	-	1	1*	-	-	-	-	1*	1%	-	-	-	-	-	-	-	-	-	-
Other	4*	2*	2*	-	1	-	1*	1	3*	1	1*	-	2	1*	1*	-	1	-	-	-	1	-	-	-	-	1*	1
None of the above	30	25	5	1	9	1	4	3	18	5	11	7	7	3	11	8	1	2	2	3	5	3	3	4	2	3	-
	3%	5%	1%	1%	5%	1%	2%	2%	2%	4%	5%	6%	3%	1%	5%	3%	1%	5%	2%	4%	6%	4%	7%	4%	2%	2%	-
N/A - I don't experience loneliness	13	8	5	-	-	-	1	1	2	8	10	3	2	3	4	4	-	-	-	2	1	1	1	4	1	1	1
	1%	2%	1%	-	-	-	*	1%	*	6%	5%	2%	1%	1%	2%	1%	-	-	-	2%	1%	1%	2%	5%	1%	1%	1%
Don't know	1	-	1	-	-	-	-	1	1	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	1
	*	-	*	-	-	-	-	1%	*	-	-	-	-	1%	-	-	-	-	-	-	-	-	-	-	-	-	2%

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 39

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Second most

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Call a friend or family member on the phone	229 23%	49 19%	179 24%
Visit a friend or family member	203 20%	48 19%	151 20%
Turn the TV on	143 14%	43 17%	99 13%
Go for a walk	126 12%	30 12%	94 13%
Look at social media sites (e.g. Facebook, Twitter)	80 8%	16 6%	64 9%
Make plans for a future date	75 7%	24 9%	50 7%
Turn the radio on	55 5%	14 5%	40 5%
Email or write to a friend or family member	35 3%	10 4%	25 3%
I would read a book	5 *	3 1%	2 *
I would go to the pub	3 *	1 *	3 *
I would take my dog for a walk / play with my pets	3 *	2 1%	1 *
I would go to the gym	3 *	- -	3 *
Devote some time to my hobby	2 *	1 *	1 *
I would listen to music	2 *	1 *	1 *
I would go for a drive / ride / cycle somewhere	2 *	- -	2 *
I would go on the internet (other / non-specific)	1 *	- -	1 *

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 39

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Second most

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
Other	4 *	3 1%	1 *
None of the above	30 3%	9 4%	20 3%
N/A - I don't experience loneliness	13 1%	1 1%	11 1%
Don't know	1 *	- -	1 *

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 40

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Third most

Base: All respondents

	Gender			Age										Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West		
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97		
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89		
Go for a walk	159 16%	92 19%	67 13%	15 13%	22 13%	28 17%	26 15%	36 25%	128 16%	22 17%	31 13%	9 9%	44 16%	33 15%	37 15%	11 12%	7 17%	18 16%	20 24%	16 24%	9 12%	8 16%	9 9%	17 13%	30 21%	12 14%			
Turn the TV on	157 15%	78 16%	79 15%	14 12%	28 16%	20 12%	33 18%	19 13%	114 14%	18 15%	43 19%	25 24%	40 14%	33 12%	34 15%	50 20%	18 20%	11 26%	18 15%	6 7%	13 14%	9 12%	11 21%	13 13%	21 16%	19 13%	19 21%		
Make plans for a future date	145 14%	57 11%	88 17%	20 17%	42 24%	32 19%	21 12%	15 10%	131 17%	7 6%	13 6%	6 6%	50 18%	41 15%	24 11%	29 12%	13 15%	12 28%	15 13%	13 16%	8 9%	6 8%	7 14%	16 16%	16 12%	24 17%	14 15%		
Visit a friend or family member	120 12%	52 11%	68 13%	9 8%	25 14%	18 11%	29 16%	19 13%	100 13%	9 7%	20 9%	11 11%	32 12%	34 13%	28 13%	26 11%	12 13%	2 5%	14 12%	11 13%	14 15%	21 27%	1 1%	6 6%	16 12%	15 11%	9 11%		
Call a friend or family member on the phone	112 11%	55 11%	57 11%	12 11%	15 8%	16 10%	22 12%	22 7%	87 12%	15 6%	25 4%	10 3%	34 9%	31 10%	22 12%	25 12%	9 14%	- 14%	19 8%	10 9%	6 13%	10 11%	3 11%	11 12%	19 14%	11 8%	12 9%		
Look at social media sites (e.g. Facebook, Twitter)	108 11%	48 10%	60 12%	25 21%	19 11%	21 13%	22 12%	11 7%	98 12%	7 6%	10 4%	3 3%	25 9%	28 10%	26 12%	30 12%	12 14%	6 14%	9 8%	8 9%	12 13%	9 11%	5 11%	8 8%	20 15%	11 8%	8 9%		
Turn the radio on	54 5%	18 4%	36 7%	5 4%	3 2%	7 4%	9 5%	7 5%	32 4%	10 8%	22 10%	12 12%	16 6%	13 5%	11 5%	14 6%	2 2%	1 2%	6 5%	4 4%	2 2%	3 4%	4 8%	10 10%	10 7%	8 6%	6 6%		
Email or write to a friend or family member	50 5%	24 5%	26 5%	10 9%	7 4%	14 8%	3 2%	4 3%	38 5%	7 6%	12 5%	5 5%	12 4%	18 6%	12 5%	8 3%	4 5%	- 4%	5 4%	3 4%	9 10%	3 4%	3 5%	6 6%	4 3%	9 7%	3 4%		
I would read a book	6 1%	2 *	4 1%	- -	- -	1 1%	- -	1 1%	2 *	3 2%	4 2%	1 1%	1 *	1 *	- -	4 2%	* -	- -	2 2%	1 1%	2 2%	- -	- -	1 1%	- -	- -	- -	- -	
I would go to the pub	6 1%	6 1%	- -	2 2%	- -	- -	- -	- -	2 *	3 2%	4 2%	1 1%	- -	2 1%	2 1%	1 1%	- -	- -	1 1%	- -	1 1%	- -	- -	1 1%	- -	2 1%	- -		
I would take my dog for a walk / play with my pets	3 *	- -	3 1%	- -	1 1%	- -	- -	1 *	2 *	- -	2 1%	2 2%	1 *	1 *	2 1%	- -	- -	- -	1 1%	- -	- -	- -	2 4%	1 1%	- -	- -	- -		
I would listen to music	3 *	3 1%	- -	- -	- -	1 1%	- -	- -	1 *	2 2%	2 1%	- -	1 *	- -	2 1%	1 *	- -	- -	1 1%	- -	- -	- -	- -	1 1%	- -	2 1%	- -		
I would go to sleep / take a nap	3 *	- -	3 1%	1 1%	- -	- -	- -	- -	1 *	1 1%	2 1%	1 1%	1 *	- -	- -	2 1%	1 1%	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	1 1%		
I would go shopping	3 *	1 *	2 *	- -	- -	- -	3 2%	- -	3 *	- -	- -	- -	1 *	1 *	1 1%	- -	1 1%	- -	- -	- -	- -	- -	1 1%	1 1%	- -	- -	- -		
I would have an alcoholic drink	3 *	3 1%	- -	- -	- -	- -	1 1%	* *	2 *	1 1%	1 1%	- -	* *	1 1%	1 1%	- -	- -	- -	1 1%	- -	* *	- -	- -	- -	- -	- -	1 1%		
I would do some housework / tidy up	2 *	- -	2 *	- -	- -	1 1%	- -	- -	1 *	1 1%	1 1%	- -	- -	2 1%	- -	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	1 1%	- -	- -		

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 40

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Third most

Base: All respondents

	Gender			Age									Class				Region										
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
I would go on the internet (other / non-specific)	2	1	1	-	-	1	1	-	2	-	-	-	1	1	-	-	-	-	-	1	-	-	-	-	1	-	-
I would go for a drive / ride / cycle somewhere	2	2	-	-	1	-	1	-	2	-	-	-	1	-	1	-	-	-	-	-	-	-	1	-	1	-	-
I would smoke	2	2	-	-	1	-	-	-	1	1	1	-	-	1	1	-	-	-	1	-	-	-	-	-	-	-	1
I would go to the gym	1	-	1	1	-	-	-	-	1	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	1
I would go to the cinema	1	1	-	-	-	-	-	1	1	-	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1	-
Devote some time to my hobby	1	-	1	-	-	1	-	-	1	-	-	-	-	-	1	-	-	-	-	-	-	-	-	-	1	-	-
I would play a video game	1	1	-	-	-	1	-	-	1	-	-	-	1	-	-	-	1	-	-	-	-	-	-	-	-	-	-
I would speak to people online	1	1	-	-	-	-	-	-	-	-	1	1	1	-	-	-	-	-	-	1	-	-	-	-	-	-	-
Other	7	4	3	1	-	-	-	3	4	-	2	2	-	4	3	-	-	-	2	1	2	1	-	-	-	-	-
None of the above	52	39	13	1	12	4	7	6	31	10	21	11	11	13	14	14	3	4	6	3	5	4	5	9	4	7	3
N/A - I don't experience loneliness	13	8	5	-	-	-	1	1	2	8	10	3	2	3	4	4	-	-	-	2	1	1	1	4	1	1	1
Don't know	*	*	-	-	-	*	-	-	*	-	-	-	*	-	-	-	-	-	-	-	-	-	-	-	*	-	-

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 41

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Third most

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
Go for a walk	159 16%	43 17%	113 15%
Turn the TV on	157 15%	45 18%	111 15%
Make plans for a future date	145 14%	28 11%	115 15%
Visit a friend or family member	120 12%	31 12%	90 12%
Call a friend or family member on the phone	112 11%	30 12%	81 11%
Look at social media sites (e.g. Facebook, Twitter)	108 11%	14 6%	94 12%
Turn the radio on	54 5%	14 6%	38 5%
Email or write to a friend or family member	50 5%	17 7%	33 4%
I would read a book	6 1%	3 1%	3 *
I would go to the pub	6 1%	1 1%	4 1%
I would take my dog for a walk / play with my pets	3 *	2 1%	2 *
I would listen to music	3 *	1 *	2 *
I would go to sleep / take a nap	3 *	- -	3 *
I would go shopping	3 *	1 *	2 *
I would have an alcoholic drink	3 *	1 *	2 *
I would do some housework / tidy up	2 *	1 *	1 *

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 41

Q6. If you feel lonely, which of the following, if any, are you most likely to do to feel less lonely? Please choose the top three things you are most likely to do.

- Third most

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Weighted base	1014	256	750
I would go on the internet (other / non-specific)	2 *	1 1%	1 *
I would go for a drive / ride / cycle somewhere	2 *	-	2 *
I would smoke	2 *	1 *	1 *
I would go to the gym	1 *	-	1 *
I would go to the cinema	1 *	1 *	-
Devote some time to my hobby	1 *	-	1 *
I would play a video game	1 *	-	1 *
I would speak to people online	1 *	1 *	-
Other	7 1%	1 *	5 1%
None of the above	52 5%	17 7%	35 5%
N/A - I don't experience loneliness	13 1%	1 1%	11 1%
Don't know	* *	- -	* *

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 42

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- Summary

Base: All respondents

Q7. Summary					
		If I were feeling lonely, I would know what steps to take to feel better	If I were feeling lonely, I would not expect the feeling to last very long	Feelings of loneliness are out of my control	I worry about how frequently I experience feelings of loneliness
Unweighted base		1014	1014	1014	1014
Weighted base		1014	1014	1014	1014
NET: Agree		910 90%	788 78%	333 33%	203 20%
Strongly agree	(4)	529 52%	419 41%	111 11%	65 6%
Tend to agree	(3)	381 38%	369 36%	222 22%	137 14%
Tend to disagree	(2)	70 7%	146 14%	335 33%	279 28%
Strongly disagree	(1)	29 3%	77 8%	336 33%	527 52%
NET: Disagree		99 10%	223 22%	671 66%	806 80%
Don't know		5 1%	3 *	10 1%	5 *
Mean		3.40	3.12	2.11	1.74
Standard deviation		0.74	0.92	0.99	0.92
Standard error		0.02	0.03	0.03	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 43

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- If I were feeling lonely, I would know what steps to take to feel better

Base: All respondents

	Gender			Age									Class				Region											
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West	
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97	
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89	
NET: Agree	910	435	475	103	158	151	166	132	709	113	200	87	251	248	198	213	79	37	105	78	83	61	46	88	121	128	84	
	90%	88%	91%	87%	90%	90%	92%	90%	90%	91%	88%	85%	92%	91%	89%	86%	90%	87%	90%	90%	91%	82%	89%	89%	90%	90%	94%	
Strongly agree	(4)	529	253	275	50	85	92	98	78	403	72	126	54	148	146	109	126	50	25	64	48	55	44	28	45	57	69	43
		52%	51%	53%	43%	48%	55%	54%	53%	51%	58%	55%	52%	54%	54%	49%	51%	57%	59%	55%	55%	61%	59%	55%	46%	43%	48%	48%
Tend to agree	(3)	381	182	200	53	73	59	68	54	306	41	75	34	103	102	89	88	29	12	41	30	28	17	18	43	63	59	41
		38%	37%	38%	45%	42%	35%	38%	37%	39%	33%	33%	33%	38%	37%	40%	35%	33%	28%	35%	35%	30%	23%	35%	43%	47%	42%	46%
Tend to disagree	(2)	70	45	26	13	12	10	10	7	52	6	19	12	16	18	14	23	7	4	9	5	6	12	4	5	9	6	4
		7%	9%	5%	11%	7%	6%	6%	5%	7%	5%	8%	12%	6%	7%	6%	9%	8%	9%	8%	5%	7%	15%	9%	5%	7%	5%	4%
Strongly disagree	(1)	29	12	17	1	4	6	4	6	21	4	7	3	5	6	7	11	2	1	1	4	2	1	4	3	7	2	
		3%	2%	3%	1%	2%	4%	2%	4%	3%	3%	3%	2%	2%	2%	3%	5%	2%	2%	1%	4%	2%	2%	2%	5%	3%	5%	2%
NET: Disagree		99	57	42	15	16	16	14	13	73	10	26	15	20	24	21	34	9	5	10	8	8	13	6	9	12	14	5
		10%	11%	8%	13%	9%	10%	8%	9%	9%	8%	11%	15%	7%	9%	9%	14%	10%	12%	8%	10%	9%	17%	11%	9%	9%	10%	6%
Don't know		5	2	3	-	2	-	1	2	4	1	1	1	2	1	2	-	-	1	2	-	-	1	-	2	1	-	-
		1%	*	1%	-	1%	-	*	1%	1%	1%	1%	2	1	*	1%	-	-	2%	1%	-	-	1%	-	2%	*	-	-
Mean		3.40	3.38	3.42	3.29	3.37	3.42	3.45	3.41	3.39	3.47	3.41	3.34	3.46	3.43	3.37	3.32	3.45	3.46	3.47	3.41	3.49	3.40	3.42	3.32	3.31	3.34	3.41
Standard deviation		0.74	0.75	0.73	0.71	0.72	0.77	0.70	0.76	0.73	0.75	0.77	0.80	0.68	0.72	0.74	0.82	0.73	0.77	0.67	0.79	0.73	0.82	0.74	0.77	0.71	0.79	0.66
Standard error		0.02	0.03	0.03	0.08	0.06	0.06	0.05	0.06	0.03	0.06	0.05	0.08	0.03	0.05	0.06	0.06	0.08	0.13	0.07	0.08	0.08	0.10	0.10	0.08	0.06	0.06	0.07

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 44

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...
- If I were feeling lonely, I would know what steps to take to feel better

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	910 90%	225 88%	677 90%
Strongly agree	(4) 529 52%	128 50%	394 53%
Tend to agree	(3) 381 38%	97 38%	283 38%
Tend to disagree	(2) 70 7%	25 10%	46 6%
Strongly disagree	(1) 29 3%	5 2%	23 3%
NET: Disagree	99 10%	29 11%	69 9%
Don't know	5 1%	1 1%	4 1%
Mean	3.40	3.37	3.41
Standard deviation	0.74	0.73	0.74
Standard error	0.02	0.05	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 45

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- If I were feeling lonely, I would not expect the feeling to last very long

Base: All respondents

	Gender			Age										Class							Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West	
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97	
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89	
NET: Agree	788	385	402	100	134	135	142	119	630	87	157	70	225	217	168	178	73	35	82	73	70	63	46	71	100	111	64	
	78%	78%	77%	85%	76%	81%	78%	81%	80%	70%	69%	68%	82%	79%	76%	72%	83%	83%	70%	85%	76%	84%	90%	72%	75%	78%	71%	
Strongly agree	(4) 419	213	206	41	68	77	82	59	325	53	94	41	122	109	93	95	46	20	44	42	36	34	29	33	53	47	34	
	41%	43%	40%	35%	39%	46%	45%	40%	41%	43%	41%	40%	45%	40%	42%	38%	53%	47%	38%	49%	40%	46%	55%	33%	39%	33%	39%	
Tend to agree	(3) 369	172	197	60	67	58	60	60	305	35	64	29	103	107	75	83	27	15	38	31	34	28	18	38	47	64	29	
	36%	35%	38%	51%	38%	35%	33%	41%	39%	28%	28%	28%	38%	39%	34%	34%	31%	36%	32%	36%	37%	38%	35%	38%	35%	45%	33%	
Tend to disagree	(2) 146	72	74	13	33	22	23	16	107	19	39	19	37	36	29	44	12	5	23	10	12	9	2	15	19	15	24	
	14%	14%	14%	11%	19%	13%	13%	11%	14%	16%	17%	19%	14%	13%	13%	18%	13%	11%	20%	12%	13%	12%	4%	16%	14%	11%	27%	
Strongly disagree	(1) 77	35	42	4	8	10	15	10	47	16	30	14	9	19	23	26	3	3	11	3	10	2	3	11	15	15	2	
	8%	7%	8%	4%	5%	6%	8%	7%	6%	13%	13%	14%	3%	7%	10%	10%	3%	6%	10%	4%	11%	2%	6%	11%	11%	11%	2%	
NET: Disagree	223	107	116	17	41	31	38	26	154	35	69	34	47	55	52	69	15	7	35	13	21	11	5	26	34	30	26	
	22%	22%	22%	15%	24%	19%	21%	18%	20%	28%	30%	32%	17%	20%	23%	28%	17%	17%	30%	15%	24%	15%	10%	27%	25%	21%	29%	
Don't know	3	2	2	-	-	-	1	1	2	1	1	-	1	1	1	-	-	-	-	-	-	1	-	1	-	1	-	
	*	*	*	-	-	-	*	1	*	1	1	-	1	*	*	-	-	-	-	-	-	1	-	1	-	*	-	
Mean	3.12	3.14	3.09	3.16	3.10	3.21	3.16	3.15	3.16	3.01	2.98	2.93	3.24	3.13	3.08	3.00	3.33	3.23	2.99	3.29	3.05	3.29	3.40	2.95	3.03	3.01	3.08	
Standard deviation	0.92	0.92	0.93	0.76	0.87	0.89	0.95	0.88	0.88	1.05	1.06	1.07	0.82	0.90	0.99	0.99	0.84	0.89	0.98	0.83	0.98	0.78	0.82	0.98	0.99	0.93	0.86	
Standard error	0.03	0.04	0.04	0.08	0.07	0.07	0.07	0.07	0.03	0.09	0.07	0.11	0.04	0.06	0.08	0.07	0.09	0.14	0.10	0.09	0.11	0.09	0.12	0.10	0.09	0.08	0.09	

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 46

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- If I were feeling lonely, I would not expect the feeling to last very long

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	788 78%	187 73%	594 79%
Strongly agree	(4) 41%	419 37%	95 42%
Tend to agree	(3) 36%	369 36%	92 37%
Tend to disagree	(2) 14%	146 14%	45 13%
Strongly disagree	(1) 8%	77 8%	24 7%
NET: Disagree	223 22%	69 27%	153 20%
Don't know	3 *	1 *	2 *
Mean	3.12	3.01	3.15
Standard deviation	0.92	0.96	0.91
Standard error	0.03	0.06	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 47

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- Feelings of loneliness are out of my control

Base: All respondents

	Gender			Age									Class							Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89
NET: Agree	333	168	165	45	68	38	62	54	267	29	66	37	72	84	85	91	21	22	34	33	28	24	14	41	46	48	22
	33%	34%	32%	38%	39%	23%	34%	37%	34%	24%	29%	35%	27%	31%	39%	37%	24%	52%	29%	39%	31%	32%	28%	41%	34%	34%	25%
Strongly agree	(4) 111	54	57	14	12	15	27	18	86	11	24	13	22	28	27	33	9	8	5	17	12	7	5	17	12	10	10
	11%	11%	11%	12%	7%	9%	15%	13%	11%	9%	11%	13%	8%	10%	12%	13%	10%	20%	4%	19%	13%	9%	10%	17%	9%	7%	11%
Tend to agree	(3) 222	114	108	31	56	23	35	36	181	18	42	23	50	56	58	58	12	14	29	17	16	17	9	24	33	38	12
	22%	23%	21%	26%	32%	14%	19%	25%	23%	15%	18%	23%	18%	21%	26%	23%	14%	32%	25%	19%	17%	23%	18%	25%	25%	27%	14%
Tend to disagree	(2) 335	153	182	40	63	64	58	42	267	40	68	28	108	93	65	69	36	6	43	27	27	28	20	27	49	38	34
	33%	31%	35%	34%	36%	39%	32%	29%	34%	32%	30%	27%	40%	34%	29%	28%	40%	15%	37%	31%	29%	37%	38%	28%	37%	27%	39%
Strongly disagree	(1) 336	169	167	33	43	64	60	49	249	51	87	36	90	91	71	85	29	13	39	26	35	22	17	30	39	53	32
	33%	34%	32%	28%	25%	39%	33%	34%	32%	41%	38%	35%	33%	33%	32%	34%	33%	31%	33%	30%	39%	29%	34%	30%	29%	37%	36%
NET: Disagree	671	322	349	73	106	129	118	91	516	91	155	64	198	184	136	153	64	20	82	53	62	50	37	57	88	92	67
	66%	65%	67%	62%	60%	77%	65%	62%	66%	73%	68%	62%	73%	67%	61%	62%	73%	46%	70%	61%	68%	66%	72%	58%	66%	65%	75%
Don't know	10	4	6	-	2	-	1	1	3	4	7	3	2	5	-	3	3	1	1	-	1	1	-	1	-	2	-
	1%	1%	1%	-	1%	-	*	1	*	3%	3%	3%	1%	2%	-	1%	3%	2%	1%	-	1%	2%	-	1%	-	2%	-
Mean	2.11	2.11	2.11	2.23	2.21	1.93	2.16	2.16	2.13	1.91	2.02	2.14	2.02	2.08	2.19	2.16	2.01	2.41	2.00	2.28	2.05	2.12	2.04	2.28	2.14	2.03	2.00
Standard deviation	0.99	1.00	0.98	0.99	0.89	0.94	1.05	1.04	0.99	0.97	1.01	1.05	0.92	0.98	1.02	1.05	0.94	1.14	0.87	1.10	1.06	0.94	0.96	1.08	0.94	0.97	0.98
Standard error	0.03	0.05	0.04	0.11	0.07	0.07	0.07	0.08	0.04	0.08	0.07	0.11	0.05	0.07	0.08	0.07	0.10	0.19	0.09	0.12	0.11	0.11	0.13	0.11	0.08	0.08	0.10

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 48

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- Feelings of loneliness are out of my control

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	333 33%	96 37%	236 31%
Strongly agree	(4) 111 11%	34 13%	75 10%
Tend to agree	(3) 222 22%	61 24%	161 21%
Tend to disagree	(2) 335 33%	83 32%	247 33%
Strongly disagree	(1) 336 33%	76 30%	258 34%
NET: Disagree	671 66%	159 62%	505 67%
Don't know	10 1%	1 1%	9 1%
Mean	2.11	2.21	2.07
Standard deviation	0.99	1.02	0.98
Standard error	0.03	0.07	0.04

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 49

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- I worry about how frequently I experience feelings of loneliness

Base: All respondents

	Gender			Age									Class				Region											
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scot- land	North East	North West	York- shire & Hum- ber- side	West Mid- lands	East Mid- lands	Wales	East- ern	London	South East	South West	
Unweighted base	1014	485	529	89	161	164	203	159	776	138	238	100	418	232	151	213	94	39	101	90	87	71	51	101	134	149	97	
Weighted base	1014	494	520	118	176	166	181	146	787	124	227	103	273	273	221	247	88	43	116	86	91	75	52	98	134	142	89	
NET: Agree	203	95	108	28	38	23	45	27	161	18	42	24	29	47	41	86	17	12	30	13	17	16	5	22	23	30	18	
	20%	19%	21%	23%	22%	14%	25%	19%	20%	14%	19%	23%	11%	17%	19%	35%	20%	27%	26%	15%	18%	21%	10%	23%	17%	21%	20%	
Strongly agree	(4)	65	32	33	8	9	5	17	10	49	6	17	11	5	12	12	36	9	6	5	4	7	3	1	8	8	8	6
		6%	6%	6%	6%	5%	3%	10%	7%	6%	4%	7%	11%	2%	4%	6%	14%	10%	13%	4%	5%	8%	4%	2%	8%	6%	6%	7%
Tend to agree	(3)	137	63	74	20	29	18	28	18	112	12	25	13	24	35	29	50	8	6	25	9	10	12	4	14	15	22	12
		14%	13%	14%	17%	17%	11%	15%	12%	14%	10%	11%	13%	9%	13%	13%	20%	10%	14%	10%	11%	16%	7%	15%	11%	16%	13%	
Tend to disagree	(2)	279	129	150	41	50	43	38	44	216	35	63	28	83	79	66	51	20	10	34	27	17	23	15	27	44	36	27
		28%	26%	29%	35%	29%	26%	21%	30%	28%	28%	28%	27%	30%	29%	30%	21%	22%	23%	29%	32%	19%	31%	29%	27%	33%	26%	30%
Strongly disagree	(1)	527	268	259	49	86	100	97	75	407	70	120	50	160	144	114	109	49	21	52	46	58	35	32	48	67	75	44
		52%	54%	50%	42%	49%	60%	54%	51%	52%	57%	53%	48%	59%	53%	51%	44%	56%	50%	45%	53%	63%	47%	62%	49%	50%	53%	50%
NET: Disagree		806	397	409	90	136	144	135	119	624	105	183	78	243	223	180	160	69	31	86	73	75	59	47	75	111	111	71
		80%	80%	79%	77%	77%	86%	75%	81%	79%	85%	80%	75%	89%	82%	81%	65%	78%	73%	74%	85%	82%	78%	90%	76%	83%	78%	79%
Don't know		5	1	3	-	2	-	*	-	2	1	2	1	1	3	-	1	2	-	-	-	-	1	-	1	-	*	*
		*	*	1%	-	1%	-	*	-	*	1%	1%	1%	*	1%	-	2%	-	-	-	-	1%	-	1%	-	-	1%	
Mean		1.74	1.71	1.77	1.88	1.77	1.57	1.81	1.74	1.75	1.62	1.73	1.86	1.54	1.68	1.73	2.05	1.74	1.91	1.85	1.67	1.63	1.78	1.50	1.81	1.73	1.74	1.77
Standard deviation		0.92	0.92	0.92	0.92	0.90	0.81	1.02	0.92	0.92	0.84	0.94	1.02	0.74	0.86	0.89	1.11	1.01	1.09	0.91	0.86	0.96	0.89	0.74	0.97	0.89	0.92	0.93
Standard error		0.03	0.04	0.04	0.10	0.07	0.06	0.07	0.03	0.07	0.06	0.10	0.04	0.06	0.07	0.08	0.11	0.17	0.09	0.09	0.10	0.11	0.10	0.10	0.08	0.08	0.08	0.10

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 50

Q7. I am now going to read out a number of statements, to what extent do you agree or disagree with each of the following ...

- I worry about how frequently I experience feelings of loneliness

Base: All respondents

	Total	Living Situation	
		Live alone	With others
Unweighted base	1014	248	758
Weighted base	1014	256	750
NET: Agree	203 20%	73 28%	129 17%
Strongly agree	(4) 65 6%	31 12%	34 5%
Tend to agree	(3) 137 14%	41 16%	95 13%
Tend to disagree	(2) 279 28%	77 30%	202 27%
Strongly disagree	(1) 527 52%	107 42%	414 55%
NET: Disagree	806 80%	183 72%	616 82%
Don't know	5 *	-	5 1%
Mean	1.74	1.99	1.66
Standard deviation	0.92	1.03	0.87
Standard error	0.03	0.07	0.03

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 51

Q8. How often would you say you have a social conversation (for at least five minutes) with someone who is at least 25 years younger than you and is not a member of your family?

Base: All aged 65+

	Gender			Age										Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West		
Unweighted base	238	102	136	-	-	-	-	-	-	138	238	100	79	48	31	80	28	3	29	23	19	15	15	35	23	29	19		
Weighted base	227	99	129	-	-	-	-	-	-	124	227	103	48	52	43	85	24	4	32	22	16	14	14	35	24	27	17		
NET: Daily/ most days	123	57	65	-	-	-	-	-	-	68	123	54	23	27	22	51	11	1	22	11	7	9	6	20	14	13	8		
	54%	58%	51%	-	-	-	-	-	-	55%	54%	53%	49%	52%	50%	60%	45%	35%	69%	52%	45%	63%	45%	59%	49%	46%			
NET: Weekly or more often	163	73	90	-	-	-	-	-	-	90	163	73	34	34	35	61	15	1	23	14	13	10	9	29	18	17	13		
	72%	74%	70%	-	-	-	-	-	-	73%	72%	70%	71%	65%	80%	71%	65%	35%	72%	66%	86%	72%	64%	82%	76%	63%	73%		
NET: Monthly or more often	187	84	103	-	-	-	-	-	-	103	187	84	42	42	38	64	19	1	26	17	13	11	9	32	22	22	14		
	82%	85%	80%	-	-	-	-	-	-	83%	82%	81%	89%	82%	88%	75%	81%	35%	80%	79%	86%	80%	64%	91%	93%	80%	82%		
NET: Every few months or less	40	15	25	-	-	-	-	-	-	21	40	18	5	8	5	21	4	1	6	5	2	3	5	3	2	5	3		
	17%	15%	19%	-	-	-	-	-	-	17%	17%	18%	11%	15%	12%	25%	19%	29%	20%	21%	14%	20%	36%	9%	7%	20%	18%		
Everyday	(365)	54	21	33	-	-	-	-	-	28	54	26	8	13	8	25	5	1	10	7	2	5	1	8	10	1	3		
		24%	21%	26%	-	-	-	-	-	23%	24%	25%	16%	25%	19%	29%	19%	35%	31%	34%	12%	38%	4%	23%	43%	3%	20%		
Once every few days	(200)	69	37	32	-	-	-	-	-	40	69	29	15	14	13	26	6	-	12	4	5	4	6	12	4	12	4		
		30%	37%	25%	-	-	-	-	-	32%	30%	28%	32%	27%	31%	30%	26%	-	38%	17%	33%	25%	41%	35%	15%	46%	26%		
Once a week	(52)	40	15	25	-	-	-	-	-	22	40	18	11	7	13	10	5	-	1	3	6	1	3	8	4	4	5		
		18%	16%	19%	-	-	-	-	-	18%	18%	18%	22%	13%	30%	12%	21%	-	3%	15%	42%	9%	19%	24%	17%	14%	28%		
Once a fortnight	(26)	4	-	4	-	-	-	-	-	2	4	2	3	1	-	-	1	-	-	-	-	-	-	1	1	1	1		
		2%	-	3%	-	-	-	-	-	2%	2%	2%	7%	2%	-	-	5%	-	-	-	-	-	-	3%	3%	2%	3%		
Once a month	(12)	19	11	8	-	-	-	-	-	11	19	9	5	8	3	3	2	-	2	3	-	1	-	2	3	4	1		
		8%	11%	6%	-	-	-	-	-	8%	8%	8%	11%	15%	8%	4%	10%	-	8%	12%	-	8%	-	6%	14%	15%	6%		
Once every few months	(6)	9	1	8	-	-	-	-	-	6	9	3	2	-	-	7	-	1	3	1	-	-	1	-	-	2	1		
		4%	1%	6%	-	-	-	-	-	5%	4%	2%	4%	-	-	8%	-	29%	8%	3%	-	-	9%	-	-	9%	7%		
Once a year	(1)	1	-	1	-	-	-	-	-	-	1	1	-	1	-	-	-	-	-	1	-	-	-	-	-	-	-		
		*	-	1%	-	-	-	-	-	-	*	1%	-	2%	-	-	-	-	-	5%	-	-	-	-	-	-	-		
I can't remember the last time this happened	(0)	29	14	15	-	-	-	-	-	15	29	14	4	7	5	14	4	-	4	3	2	3	4	3	2	3	2		
		13%	14%	12%	-	-	-	-	-	12%	13%	14%	8%	13%	12%	16%	19%	-	12%	13%	14%	20%	28%	9%	7%	11%	11%		
Refused		1	-	1	-	-	-	-	-	-	1	1	-	1	-	-	-	1	-	-	-	-	-	-	-	-	-		
		1%	-	1%	-	-	-	-	-	-	1%	1%	-	3%	-	-	-	37%	-	-	-	-	-	-	-	-	-		
Mean	158.68	160.69	157.12	-	-	-	-	-	-	158.14	158.68	159.33	139.72	158.07	148.47	174.80	134.52	201.92	193.27	168.58	130.07	193.51	107.23	169.68	199.72	112.47	140.81		
Standard deviation	138.72	133.21	143.33	-	-	-	-	-	-	136.66	138.72	141.85	128.03	144.24	130.46	145.54	138.22	236.57	142.89	159.73	117.28	157.59	108.87	132.96	159.13	101.28	137.83		
Standard error	9.01	13.19	12.34	-	-	-	-	-	-	11.63	9.01	14.26	14.40	21.04	23.43	16.27	26.12	167.28	26.53	33.31	26.91	40.69	28.11	22.47	33.18	18.81	31.62		

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 52

Q8. How often would you say you have a social conversation (for at least five minutes) with someone who is at least 25 years younger than you and is not a member of your family?

Base: All aged 65+

	Total	Living Situation	
		Live alone	With others
Unweighted base	238	118	118
Weighted base	227	116	110
NET: Daily/ most days	123 54%	60 52%	62 56%
NET: Weekly or more often	163 72%	72 63%	89 81%
NET: Monthly or more often	187 82%	89 77%	96 87%
NET: Every few months or less	40 17%	25 22%	14 13%
Everyday (365)	54 24%	26 23%	27 24%
Once every few days (200)	69 30%	34 29%	35 32%
Once a week (52)	40 18%	13 11%	27 24%
Once a fortnight (26)	4 2%	4 3%	1 1%
Once a month (12)	19 8%	13 11%	6 6%
Once every few months (6)	9 4%	5 4%	4 4%
Once a year (1)	1 *	1 1%	- -
I can't remember the last time this happened (0)	29 13%	19 17%	10 9%
Refused	1 1%	1 1%	- -
Mean	158.68	150.51	165.99
Standard deviation	138.72	141.75	135.13
Standard error	9.01	13.10	12.44

Conversations with Older People Study

CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 53

Q9. How often would you say you have a social conversation (for say, more than five minutes) with someone who is at least 25 years older than you and is not a member of your family?

Base: All aged 18-64

	Gender			Age								Class								Region							
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	NET: 18-64	NET: 65-74	65+	75+	AB	C1	C2	DE	Scotland	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Wales	East-ern	London	South East	South West
Unweighted base	776	383	393	89	161	164	203	159	776	-	-	-	339	184	120	133	66	36	72	67	68	56	36	66	111	120	78
Weighted base	787	395	391	118	176	166	181	146	787	-	-	-	225	221	178	162	64	39	84	64	76	61	38	63	110	115	72
NET: Daily/ most days	352 45%	176 44%	176 45%	53 45%	95 54%	82 49%	78 43%	44 30%	352 45%	-	-	-	96 42%	100 45%	89 50%	68 42%	29 44%	17 44%	37 44%	33 51%	33 43%	31 51%	24 62%	34 53%	35 32%	45 39%	34 48%
NET: Weekly or more often	506 64%	248 63%	258 66%	87 74%	125 71%	108 65%	117 65%	68 47%	506 64%	-	-	-	141 63%	143 65%	124 70%	97 60%	44 68%	22 55%	59 70%	49 75%	44 58%	40 66%	28 75%	42 66%	59 54%	70 61%	49 69%
NET: Monthly or more often	613 78%	300 76%	313 80%	101 86%	143 81%	135 81%	145 80%	90 61%	613 78%	-	-	-	181 80%	173 78%	145 81%	114 70%	55 85%	31 81%	63 75%	57 88%	54 72%	46 75%	32 85%	51 80%	78 71%	88 77%	57 80%
NET: Every few months or less	170 22%	95 24%	75 19%	17 14%	31 18%	31 18%	36 20%	55 38%	170 22%	-	-	-	43 19%	48 22%	32 18%	47 29%	9 15%	7 19%	20 24%	8 12%	21 28%	15 25%	6 15%	12 19%	32 29%	25 22%	15 20%
Everyday	(365) 26%	110 28%	95 24%	37 32%	51 29%	51 31%	46 26%	20 14%	205 26%	-	-	-	52 23%	62 28%	48 27%	44 27%	17 27%	10 25%	19 23%	16 24%	22 29%	22 35%	12 33%	22 35%	21 19%	24 21%	21 29%
Once every few days	(200) 19%	66 17%	81 21%	16 14%	45 25%	31 19%	31 17%	23 16%	147 19%	-	-	-	44 20%	37 17%	41 23%	24 15%	12 18%	7 19%	18 21%	18 27%	11 14%	10 16%	11 29%	11 18%	15 13%	21 19%	13 18%
Once a week	(52) 20%	72 18%	82 21%	34 28%	30 17%	26 16%	40 22%	25 17%	154 20%	-	-	-	46 20%	44 20%	35 20%	30 18%	15 24%	4 11%	22 25%	15 24%	11 14%	9 15%	5 12%	9 14%	24 22%	25 22%	15 21%
Once a fortnight	(26) 5%	18 5%	23 6%	4 3%	10 6%	9 6%	6 3%	11 7%	41 5%	-	-	-	15 7%	12 5%	8 5%	5 3%	3 5%	6 16%	2 2%	4 6%	4 5%	1 1%	1 1%	5 7%	8 7%	3 2%	5 7%
Once a month	(12) 8%	34 9%	32 8%	10 9%	7 4%	17 10%	21 12%	11 7%	67 8%	-	-	-	25 11%	18 8%	12 7%	12 7%	8 12%	4 9%	2 3%	4 7%	7 9%	5 8%	3 9%	4 6%	11 10%	15 13%	3 4%
Once every few months	(6) 6%	21 5%	23 6%	2 2%	12 7%	12 7%	9 5%	8 6%	44 6%	-	-	-	14 6%	14 6%	6 4%	10 6%	3 5%	-	7 9%	2 4%	3 4%	1 1%	2 4%	4 6%	13 12%	5 4%	5 7%
Once a year	(1) 2%	11 3%	4 1%	1 1%	2 1%	5 3%	3 2%	3 2%	15 2%	-	-	-	9 4%	4 2%	1 1%	-	1 2%	-	2 2%	3 4%	1 1%	1 1%	1 2%	1 1%	3 3%	2 2%	1 2%
I can't remember the last time this happened	(0) 14%	63 16%	48 12%	14 12%	16 9%	13 8%	24 13%	44 30%	111 14%	-	-	-	20 9%	30 13%	24 14%	37 23%	5 8%	7 19%	11 13%	2 4%	17 23%	13 22%	3 8%	8 12%	16 15%	19 16%	8 11%
Refused	4 *	-	4 1%	-	1 1%	1 1%	-	1 1%	4 *	-	-	-	1 *	-	1 1%	1 1%	-	-	1 2%	-	-	-	-	1 1%	-	1 1%	-
Mean	146.18	146.92	145.42	159.21	168.97	161.74	142.28	95.21	146.18	-	-	-	137.30	149.38	158.69	140.44	147.99	141.30	143.81	157.89	144.60	169.85	187.17	175.53	110.03	128.56	156.91
Standard deviation	147.28	150.80	143.80	152.03	145.40	152.06	147.02	128.77	147.28	-	-	-	142.67	150.25	145.47	151.66	147.00	149.27	142.18	138.48	155.44	159.56	146.81	155.92	137.74	141.08	150.23
Standard error	5.30	7.71	7.28	16.12	11.49	11.91	10.32	10.24	5.30	-	-	-	7.76	11.08	13.34	13.20	18.09	24.88	16.87	16.92	18.85	21.32	24.47	19.34	13.07	12.93	17.01

Conversations with Older People Study
CATI Fieldwork : 27th - 31st October 2016

Absolutes/col percents

Table 54

Q9. How often would you say you have a social conversation (for say, more than five minutes) with someone who is at least 25 years older than you and is not a member of your family?

Base: All aged 18-64

	Total	Living Situation	
		Live alone	With others
Unweighted base	776	130	640
Weighted base	787	140	640
NET: Daily/ most days	352 45%	69 49%	281 44%
NET: Weekly or more often	506 64%	88 62%	415 65%
NET: Monthly or more often	613 78%	103 73%	505 79%
NET: Every few months or less	170 22%	37 27%	132 21%
Everyday	(365) 26%	205 23%	171 27%
Once every few days	(200) 19%	147 26%	109 17%
Once a week	(52) 20%	154 13%	134 21%
Once a fortnight	(26) 5%	41 3%	34 5%
Once a month	(12) 8%	67 8%	56 9%
Once every few months	(6) 6%	44 4%	39 6%
Once a year	(1) 2%	15 2%	12 2%
I can't remember the last time this happened	(0) 14%	111 21%	81 13%
Refused	4 *	- -	2 *
Mean	146.18	145.34	146.24
Standard deviation	147.28	143.75	148.18
Standard error	5.30	12.61	5.87