

Cycling UK – Bike Week 2016

METHODOLOGY NOTE

ComRes interviewed 2,054 British adults online between 1st and 2nd of June 2016. Data were weighted to be representative of age, gender, region and socio-economic grade to be representative of all British adults. ComRes is a member of the British Polling Council and abides by its rules.

All press releases or other publications must be checked with ComRes before use. ComRes requires 48 hours to check a press release unless otherwise agreed.

To commission a voting intention poll or a public opinion survey please contact Tom Mludzinski: tom.mludzinski@comres.co.uk

To register for Pollwatch, a monthly newsletter update on the polls, please email: pollwatch@comres.co.uk

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 1
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Summary

Base: All respondents

		Activities							
		Walking	Cycling	Running	Gym/ fitness class	Football	Swimming	Golf	Dance
Unweighted base		2054	2054	2054	2054	2054	2054	2054	2054
Weighted base		2054	2054	2054	2054	2054	2054	2054	2054
Not at all	(0)	308 15%	1622 79%	1629 79%	1565 76%	1786 87%	1730 84%	1898 92%	1755 85%
NET: At all		1746 85%	432 21%	425 21%	489 24%	268 13%	324 16%	156 8%	299 15%
NET: Up to an hour		458 22%	203 10%	282 14%	190 9%	140 7%	164 8%	72 4%	187 9%
Less than 10 minutes	(5)	44 2%	48 2%	80 4%	32 2%	37 2%	35 2%	41 2%	73 4%
10-29 minutes	(19.5)	158 8%	72 3%	95 5%	49 2%	40 2%	37 2%	10 *	60 3%
30-59 minutes	(44.5)	256 12%	84 4%	107 5%	109 5%	62 3%	92 4%	21 1%	55 3%
1-2 hours	(90)	460 22%	130 6%	92 4%	169 8%	94 5%	119 6%	32 2%	73 4%
3-4 hours	(210)	370 18%	48 2%	33 2%	69 3%	26 1%	25 1%	29 1%	27 1%
5-6 hours	(330)	159 8%	25 1%	12 1%	29 1%	5 *	12 1%	6 *	5 *
More than 6 hours	(400)	299 15%	26 1%	5 *	32 2%	2 *	5 *	17 1%	6 *
Mean		148.96	22.25	13.89	28.20	9.94	12.99	9.27	9.98
Standard deviation		139.98	66.92	45.59	74.08	36.95	43.88	48.10	40.00
Standard error		3.09	1.48	1.01	1.63	0.82	0.97	1.06	0.88

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 2
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Walking
Base: All respondents

		Gender		Age						Social Grade				Employment Sector		
		Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base		2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base		2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0)	308 15%	175 18%	132 13%	28 12%	60 17%	49 14%	64 17%	44 15%	63 14%	63 11%	80 14%	70 16%	95 19%	39 16%	143 16%
NET: At all		1746 85%	825 82%	921 87%	211 88%	296 83%	289 86%	302 83%	252 85%	397 86%	489 89%	473 86%	378 84%	407 81%	207 84%	773 84%
NET: Up to an hour		458 22%	214 21%	245 23%	45 19%	77 22%	70 21%	72 20%	67 23%	127 28%	111 20%	119 22%	118 26%	110 22%	50 20%	179 20%
Less than 10 minutes	(5)	44 2%	23 2%	22 2%	2 1%	6 2%	6 2%	5 1%	10 3%	15 3%	9 2%	16 3%	6 1%	13 3%	4 2%	13 1%
10-29 minutes	(19.5)	158 8%	80 8%	78 7%	13 5%	21 6%	23 7%	25 7%	29 10%	48 10%	35 6%	47 9%	36 8%	40 8%	10 4%	61 7%
30-59 minutes	(44.5)	256 12%	111 11%	145 14%	31 13%	51 14%	41 12%	41 11%	28 9%	64 14%	68 12%	55 10%	76 17%	57 11%	37 15%	106 12%
1-2 hours	(90)	460 22%	244 24%	215 20%	47 20%	85 24%	78 23%	87 24%	61 20%	101 22%	132 24%	125 23%	88 20%	114 23%	55 22%	209 23%
3-4 hours	(210)	370 18%	145 14%	225 21%	46 19%	63 18%	68 20%	66 18%	62 21%	66 14%	116 21%	100 18%	68 15%	86 17%	48 20%	167 18%
5-6 hours	(330)	159 8%	75 7%	85 8%	24 10%	27 8%	16 5%	24 7%	25 8%	43 9%	46 8%	49 9%	30 7%	35 7%	23 9%	59 6%
More than 6 hours	(400)	299 15%	148 15%	151 14%	48 20%	44 12%	57 17%	53 14%	39 13%	58 13%	84 15%	80 14%	73 16%	62 12%	32 13%	158 17%
Mean		148.96	142.81	154.80	178.75	140.97	152.85	145.30	147.89	140.43	160.43	151.56	146.65	135.51	150.11	155.74
Standard deviation		139.98	141.59	138.24	147.05	135.61	140.73	139.20	138.40	139.20	138.03	140.80	144.10	136.62	137.09	143.35
Standard error		3.09	4.35	4.38	9.68	7.71	7.78	7.23	7.98	6.13	5.33	5.71	8.09	6.37	8.67	4.83

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 2
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Walking

Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 308 15%	19 10%	29 28%	260 15%	17 19%	33 14%	23 13%	30 16%	15 10%	31 16%	32 12%	45 16%	34 19%
NET: At all	1746 85%	160 90%	76 72%	1511 85%	69 81%	203 86%	152 87%	155 84%	137 90%	168 84%	239 88%	242 84%	147 81%
NET: Up to an hour	458 22%	39 22%	27 26%	393 22%	16 18%	45 19%	42 24%	44 24%	40 26%	40 20%	57 21%	76 26%	33 18%
Less than 10 minutes	(5) 44 2%	8 4%	1 1%	36 2%	3 3%	6 2%	3 2%	4 2%	6 4%	4 2%	2 1%	7 3%	2 1%
10-29 minutes	(19.5) 158 8%	11 6%	7 6%	140 8%	6 7%	15 6%	15 8%	11 6%	17 11%	13 6%	24 9%	24 8%	17 9%
30-59 minutes	(44.5) 256 12%	20 11%	19 18%	217 12%	7 8%	24 10%	25 14%	30 16%	18 12%	23 12%	32 12%	44 15%	14 8%
1-2 hours	(90) 460 22%	38 21%	16 16%	405 23%	24 27%	52 22%	29 17%	46 25%	37 24%	54 27%	63 23%	56 19%	45 25%
3-4 hours	(210) 370 18%	41 23%	15 14%	314 18%	13 15%	58 24%	43 25%	29 15%	18 12%	39 20%	38 14%	42 15%	34 19%
5-6 hours	(330) 159 8%	13 7%	5 5%	141 8%	9 10%	13 5%	23 13%	8 4%	17 11%	12 6%	23 8%	24 8%	13 7%
More than 6 hours	(400) 299 15%	30 17%	12 12%	257 15%	8 10%	36 15%	14 8%	28 15%	25 17%	22 11%	57 21%	44 15%	22 12%
Mean	148.96	163.80	117.53	149.32	133.95	155.86	149.98	137.67	156.85	137.90	170.33	145.50	140.20
Standard deviation	139.98	140.52	136.79	139.90	134.38	137.41	130.95	137.91	146.57	130.38	150.31	144.11	135.90
Standard error	3.09	9.86	14.58	3.33	15.52	9.31	9.96	10.58	11.77	8.83	9.32	8.16	10.07

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 3
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Cycling
Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0) 1622 79%	745 74%	877 83%	174 73%	248 70%	242 72%	302 83%	243 82%	412 90%	427 77%	437 79%	332 74%	426 85%	177 72%	665 73%
NET: At all	432 21%	256 26%	176 17%	64 27%	108 30%	95 28%	64 17%	53 18%	48 10%	125 23%	116 21%	116 26%	76 15%	70 28%	251 27%
NET: Up to an hour	203 10%	112 11%	91 9%	35 15%	55 15%	39 12%	31 8%	22 7%	21 5%	64 12%	54 10%	57 13%	28 6%	34 14%	106 12%
Less than 10 minutes	(5) 48 2%	23 2%	24 2%	17 7%	8 2%	9 3%	5 1%	6 2%	2 *	13 2%	7 1%	20 4%	8 2%	7 3%	24 3%
10-29 minutes	(19.5) 72 3%	39 4%	33 3%	12 5%	23 6%	10 3%	9 3%	9 3%	9 2%	25 4%	24 4%	13 3%	10 2%	14 6%	28 3%
30-59 minutes	(44.5) 84 4%	50 5%	34 3%	6 3%	24 7%	21 6%	16 4%	7 2%	10 2%	26 5%	23 4%	24 5%	10 2%	13 5%	54 6%
1-2 hours	(90) 130 6%	78 8%	52 5%	18 7%	29 8%	35 10%	19 5%	12 4%	17 4%	35 6%	36 7%	29 6%	30 6%	24 10%	78 9%
3-4 hours	(210) 48 2%	31 3%	18 2%	8 3%	13 4%	7 2%	6 2%	9 3%	6 1%	14 3%	12 2%	12 3%	9 2%	5 2%	31 3%
5-6 hours	(330) 25 1%	15 2%	9 1%	3 1%	6 2%	11 3%	1 *	2 1%	- -	3 1%	6 1%	12 3%	3 1%	4 2%	21 2%
More than 6 hours	(400) 26 1%	20 2%	6 1%	- -	5 1%	3 1%	7 2%	7 2%	4 1%	9 2%	7 1%	5 1%	5 1%	3 1%	15 2%
Mean	22.25	29.56	15.31	20.89	30.44	31.75	19.18	24.03	10.97	22.59	22.22	28.38	16.43	26.31	32.24
Standard deviation	66.92	78.05	53.40	57.28	74.38	77.37	64.92	76.87	47.54	67.09	66.47	76.61	56.88	68.35	79.97
Standard error	1.48	2.40	1.69	3.77	4.23	4.28	3.37	4.43	2.09	2.59	2.70	4.30	2.65	4.32	2.69

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 3
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Cycling
Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1622 79%	151 85%	84 80%	1387 78%	68 79%	187 79%	139 80%	158 86%	119 78%	153 77%	193 71%	221 77%	150 83%
NET: At all	432 21%	27 15%	21 20%	383 22%	18 21%	49 21%	35 20%	26 14%	33 22%	46 23%	78 29%	67 23%	31 17%
NET: Up to an hour	203 10%	10 6%	12 12%	180 10%	9 11%	25 10%	19 11%	10 5%	17 11%	21 10%	34 13%	32 11%	13 7%
Less than 10 minutes	(5) 48 2%	1 1%	5 5%	42 2%	4 4%	7 3%	2 1%	3 1%	1 1%	5 2%	14 5%	4 1%	3 2%
10-29 minutes	(19.5) 72 3%	6 3%	1 1%	65 4%	3 3%	8 3%	9 5%	4 2%	5 4%	8 4%	11 4%	11 4%	6 4%
30-59 minutes	(44.5) 84 4%	4 2%	7 6%	74 4%	3 3%	10 4%	8 5%	4 2%	11 7%	8 4%	9 3%	17 6%	4 2%
1-2 hours	(90) 130 6%	8 4%	6 5%	116 7%	3 4%	14 6%	10 6%	13 7%	10 6%	13 6%	24 9%	18 6%	12 7%
3-4 hours	(210) 48 2%	5 3%	3 3%	40 2%	2 2%	6 3%	6 3%	4 2%	4 3%	1 1%	6 2%	8 3%	3 1%
5-6 hours	(330) 25 1%	* *	- -	24 1%	3 4%	1 1%	- -	- -	2 1%	6 3%	9 3%	2 1%	1 *
More than 6 hours	(400) 26 1%	4 2%	- -	22 1%	1 1%	3 1%	- -	- -	- -	6 3%	6 2%	5 2%	2 1%
Mean	22.25	20.21	14.03	22.94	26.71	20.30	15.67	11.60	19.76	30.56	34.23	25.74	16.15
Standard deviation	66.92	68.55	40.49	67.99	80.76	62.50	43.07	36.48	53.91	87.45	87.01	72.56	55.03
Standard error	1.48	4.81	4.32	1.62	9.33	4.23	3.27	2.80	4.33	5.92	5.40	4.11	4.08

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 4
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Running
Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0) 1629 79%	759 76%	870 83%	143 60%	221 62%	233 69%	318 87%	268 91%	445 97%	423 77%	439 79%	344 77%	422 84%	168 68%	660 72%
NET: At all	425 21%	242 24%	184 17%	95 40%	135 38%	104 31%	48 13%	28 9%	15 3%	129 23%	113 21%	104 23%	79 16%	79 32%	255 28%
NET: Up to an hour	282 14%	144 14%	138 13%	65 27%	93 26%	64 19%	34 9%	17 6%	8 2%	82 15%	78 14%	69 15%	53 11%	46 19%	167 18%
Less than 10 minutes	(5) 80 4%	41 4%	39 4%	16 7%	18 5%	19 6%	11 3%	10 3%	5 1%	23 4%	21 4%	16 4%	19 4%	14 6%	44 5%
10-29 minutes	(19.5) 95 5%	45 5%	49 5%	17 7%	44 12%	17 5%	12 3%	3 1%	2 *	28 5%	31 6%	21 5%	16 3%	19 8%	56 6%
30-59 minutes	(44.5) 107 5%	57 6%	50 5%	32 14%	32 9%	28 8%	11 3%	4 1%	1 *	31 6%	26 5%	32 7%	18 4%	13 5%	67 7%
1-2 hours	(90) 92 4%	64 6%	29 3%	19 8%	29 8%	28 8%	7 2%	5 2%	5 1%	33 6%	24 4%	16 4%	19 4%	22 9%	56 6%
3-4 hours	(210) 33 2%	22 2%	11 1%	7 3%	12 3%	7 2%	6 2%	2 1%	- -	12 2%	6 1%	9 2%	7 1%	9 4%	18 2%
5-6 hours	(330) 12 1%	10 1%	2 *	4 2%	- -	4 1%	1 *	2 1%	2 *	2 *	3 1%	7 2%	- -	1 1%	9 1%
More than 6 hours	(400) 5 *	3 *	3 *	1 1%	1 *	1 *	- -	2 1%	- -	- -	2 *	3 1%	- -	- -	4 *
Mean	13.89	18.30	9.70	28.10	22.37	21.20	8.08	9.14	2.29	14.91	13.12	19.52	8.59	22.00	19.59
Standard deviation	45.59	52.81	37.00	63.14	49.52	53.08	34.52	48.31	21.14	42.00	45.86	60.86	29.98	51.54	54.74
Standard error	1.01	1.62	1.17	4.15	2.82	2.94	1.79	2.78	0.93	1.62	1.86	3.42	1.40	3.26	1.84

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 4
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Running
Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1629 79%	158 89%	76 73%	1394 79%	67 78%	195 83%	131 75%	148 80%	112 74%	167 84%	178 66%	241 84%	155 86%
NET: At all	425 21%	20 11%	28 27%	376 21%	19 22%	41 17%	43 25%	37 20%	40 26%	32 16%	93 34%	46 16%	25 14%
NET: Up to an hour	282 14%	11 6%	19 18%	253 14%	12 13%	24 10%	33 19%	25 14%	30 20%	21 10%	61 23%	29 10%	18 10%
Less than 10 minutes	(5) 80 4%	3 2%	1 1%	76 4%	7 8%	7 3%	5 3%	12 7%	14 9%	9 5%	11 4%	9 3%	2 1%
10-29 minutes	(19.5) 95 5%	3 2%	7 6%	85 5%	3 3%	6 3%	10 6%	5 3%	9 6%	4 2%	27 10%	9 3%	12 7%
30-59 minutes	(44.5) 107 5%	5 3%	10 10%	92 5%	2 3%	11 5%	18 10%	8 5%	6 4%	8 4%	24 9%	11 4%	3 2%
1-2 hours	(90) 92 4%	4 2%	8 8%	80 5%	5 6%	13 6%	4 2%	10 6%	6 4%	6 3%	19 7%	11 4%	4 2%
3-4 hours	(210) 33 2%	2 1%	1 1%	30 2%	1 1%	4 1%	6 4%	- -	3 2%	3 1%	9 3%	2 1%	3 1%
5-6 hours	(330) 12 1%	1 *	- -	11 1%	2 2%	- -	- -	- -	1 1%	2 1%	2 1%	4 1%	- -
More than 6 hours	(400) 5 *	3 2%	- -	3 *	- -	- -	- -	1 1%	- -	- -	1 *	- -	- -
Mean	13.89	14.04	15.72	13.77	16.81	10.92	15.25	10.73	14.05	11.26	23.88	12.20	7.55
Standard deviation	45.59	60.39	34.67	44.43	55.82	33.15	41.84	39.84	45.14	43.49	57.35	46.16	29.34
Standard error	1.01	4.24	3.70	1.06	6.45	2.24	3.18	3.06	3.63	2.95	3.56	2.61	2.17

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 5
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Gym/ fitness class
Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0)	1565	771	794	135	235	234	305	255	400	394	427	334	410	651
		76%	77%	75%	57%	66%	69%	83%	86%	87%	71%	77%	75%	82%	71%
NET: At all	489	229	259	103	121	104	61	41	60	159	125	114	91	85	265
	24%	23%	25%	43%	34%	31%	17%	14%	13%	29%	23%	25%	18%	35%	29%
NET: Up to an hour	190	91	99	46	51	34	19	14	27	71	44	46	30	28	103
	9%	9%	9%	19%	14%	10%	5%	5%	6%	13%	8%	10%	6%	11%	11%
Less than 10 minutes	(5)	32	14	18	11	8	5	4	3	9	6	11	7	4	17
	2%	1%	2%	4%	2%	1%	1%	1%	*	2%	1%	2%	1%	2%	2%
10-29 minutes	(19.5)	49	26	23	6	17	11	7	2	16	9	18	6	9	30
	2%	3%	2%	3%	5%	3%	2%	1%	1%	3%	2%	4%	1%	3%	3%
30-59 minutes	(44.5)	109	51	58	29	25	17	8	9	46	29	17	18	15	55
	5%	5%	5%	12%	7%	5%	2%	3%	4%	8%	5%	4%	4%	6%	6%
1-2 hours	(90)	169	68	101	39	39	42	17	15	51	47	34	38	37	87
	8%	7%	10%	16%	11%	13%	5%	5%	4%	9%	8%	8%	8%	15%	10%
3-4 hours	(210)	69	30	39	13	11	21	10	6	20	20	13	15	12	36
	3%	3%	4%	5%	3%	6%	3%	2%	2%	4%	4%	3%	3%	5%	4%
5-6 hours	(330)	29	19	10	5	6	2	7	3	9	5	12	2	4	20
	1%	2%	1%	2%	2%	1%	2%	2%	1%	2%	1%	3%	*	2%	2%
More than 6 hours	(400)	32	21	11	1	14	5	7	3	8	10	9	5	5	20
	2%	2%	1%	*	4%	2%	2%	2%	1%	1%	2%	2%	1%	2%	2%
Mean	28.20	29.93	26.55	40.41	41.92	34.97	25.60	18.04	14.88	31.52	28.17	32.31	20.88	39.66	35.92
Standard deviation	74.08	80.79	67.09	72.38	94.01	74.99	79.06	62.06	54.12	75.27	74.14	84.02	61.90	80.86	84.39
Standard error	1.63	2.48	2.13	4.76	5.35	4.15	4.10	3.58	2.38	2.91	3.01	4.72	2.89	5.11	2.84

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 5
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Gym/ fitness class
Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1565 76%	142 80%	81 77%	1342 76%	66 77%	172 73%	136 78%	151 82%	110 73%	154 77%	185 68%	222 77%	146 81%
NET: At all	489 24%	36 20%	24 23%	429 24%	20 23%	64 27%	38 22%	34 18%	42 27%	45 23%	86 32%	66 23%	34 19%
NET: Up to an hour	190 9%	12 7%	8 8%	170 10%	10 12%	17 7%	18 10%	12 7%	17 11%	15 8%	41 15%	25 9%	14 8%
Less than 10 minutes	(5) 32 2%	2 1%	2 2%	29 2%	5 6%	5 2%	2 1%	2 1%	3 2%	4 2%	4 2%	2 1%	1 *
10-29 minutes	(19.5) 49 2%	5 3%	5 5%	38 2%	2 2%	3 1%	2 1%	3 1%	6 4%	2 1%	10 4%	4 1%	7 4%
30-59 minutes	(44.5) 109 5%	5 3%	* *	103 6%	4 4%	10 4%	14 8%	7 4%	9 6%	9 4%	26 10%	19 7%	6 3%
1-2 hours	(90) 169 8%	8 4%	6 6%	155 9%	7 8%	31 13%	11 6%	15 8%	13 8%	17 9%	19 7%	26 9%	16 9%
3-4 hours	(210) 69 3%	9 5%	4 4%	55 3%	2 3%	5 2%	5 3%	5 3%	7 5%	6 3%	12 4%	8 3%	4 2%
5-6 hours	(330) 29 1%	4 2%	5 5%	19 1%	- -	4 2%	- -	1 *	1 1%	3 2%	7 2%	3 1%	- -
More than 6 hours	(400) 32 2%	3 2%	- -	29 2%	- -	7 3%	4 2%	1 *	3 2%	4 2%	7 3%	4 1%	1 *
Mean	28.20	30.60	32.11	27.72	15.97	36.13	24.19	17.94	32.48	28.62	39.36	25.73	16.49
Standard deviation	74.08	82.46	83.08	72.65	42.35	86.09	69.59	51.32	79.89	76.61	90.03	67.61	46.68
Standard error	1.63	5.79	8.86	1.73	4.89	5.83	5.29	3.94	6.42	5.19	5.58	3.83	3.46

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 6
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Football
Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0) 1786 87%	809 81%	977 93%	177 74%	274 77%	259 77%	332 91%	288 97%	456 99%	472 85%	493 89%	372 83%	450 90%	195 79%	750 82%
NET: At all	268 13%	192 19%	76 7%	61 26%	82 23%	78 23%	34 9%	8 3%	4 1%	81 15%	60 11%	75 17%	52 10%	52 21%	166 18%
NET: Up to an hour	140 7%	84 8%	56 5%	35 15%	46 13%	36 11%	17 5%	4 2%	1 *	41 7%	40 7%	35 8%	24 5%	32 13%	78 9%
Less than 10 minutes	(5) 37 2%	17 2%	21 2%	14 6%	5 2%	11 3%	4 1%	3 1%	1 *	10 2%	10 2%	10 2%	7 1%	8 3%	16 2%
10-29 minutes	(19.5) 40 2%	21 2%	19 2%	11 4%	15 4%	6 2%	7 2%	1 *	- -	18 3%	12 2%	4 1%	6 1%	9 4%	24 3%
30-59 minutes	(44.5) 62 3%	46 5%	16 2%	10 4%	26 7%	19 6%	6 2%	1 *	- -	12 2%	18 3%	21 5%	11 2%	14 6%	38 4%
1-2 hours	(90) 94 5%	76 8%	18 2%	18 7%	25 7%	35 10%	14 4%	1 *	3 1%	29 5%	16 3%	28 6%	21 4%	17 7%	62 7%
3-4 hours	(210) 26 1%	25 3%	1 *	7 3%	9 2%	7 2%	2 *	2 1%	- -	6 1%	2 *	13 3%	5 1%	3 1%	20 2%
5-6 hours	(330) 5 *	4 *	1 *	2 1%	1 *	1 *	1 *	- -	1 *	3 1%	1 *	- -	2 *	1 *	3 *
More than 6 hours	(400) 2 *	2 *	- -	- -	2 1%	- -	- -	* *	- -	2 *	* *	- -	- -	- -	2 *
Mean	9.94	17.02	3.21	18.45	18.21	17.15	6.51	2.72	1.21	11.85	6.15	14.12	8.26	12.81	15.23
Standard deviation	36.95	48.74	17.71	50.23	50.04	41.95	29.27	24.33	16.27	44.09	26.36	41.28	33.66	35.45	46.21
Standard error	0.82	1.50	0.56	3.30	2.85	2.32	1.52	1.40	0.72	1.70	1.07	2.32	1.57	2.24	1.56

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 6
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Football

Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1786 87%	165 93%	81 77%	1540 87%	75 87%	201 85%	151 87%	169 91%	126 83%	181 91%	209 77%	261 91%	166 92%
NET: At all	268 13%	13 7%	24 23%	231 13%	11 13%	35 15%	23 13%	16 9%	25 17%	18 9%	62 23%	26 9%	14 8%
NET: Up to an hour	140 7%	7 4%	9 8%	124 7%	10 12%	15 6%	14 8%	7 4%	19 12%	10 5%	28 10%	12 4%	8 5%
Less than 10 minutes	(5) 37 2%	- -	2 2%	35 2%	4 5%	2 1%	2 1%	2 1%	7 5%	5 2%	6 2%	4 2%	3 2%
10-29 minutes	(19.5) 40 2%	3 2%	- -	37 2%	2 2%	8 3%	3 2%	2 1%	2 1%	3 1%	13 5%	4 1%	2 1%
30-59 minutes	(44.5) 62 3%	4 2%	7 7%	51 3%	4 5%	5 2%	9 5%	4 2%	10 6%	3 1%	10 4%	4 1%	4 2%
1-2 hours	(90) 94 5%	6 3%	11 10%	77 4%	1 1%	10 4%	10 6%	6 3%	3 2%	6 3%	24 9%	11 4%	6 3%
3-4 hours	(210) 26 1%	- -	4 4%	23 1%	- -	10 4%	- -	1 1%	- -	1 1%	9 3%	1 *	- -
5-6 hours	(330) 5 *	- -	- -	5 *	- -	- -	- -	1 *	2 1%	1 *	1 *	1 *	- -
More than 6 hours	(400) 2 *	- -	- -	2 *	- -	- -	- -	- -	1 1%	- -	- -	1 *	- -
Mean	9.94	4.39	19.97	9.90	3.61	14.32	7.77	7.16	12.72	6.49	19.00	7.16	4.10
Standard deviation	36.95	17.48	46.79	37.63	12.66	45.43	22.57	32.38	53.50	31.71	49.19	34.73	17.11
Standard error	0.82	1.23	4.99	0.90	1.46	3.08	1.72	2.48	4.30	2.15	3.05	1.97	1.27

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 7
Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?
Swimming
Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0) 1730 84%	848 85%	882 84%	182 76%	277 78%	261 77%	325 89%	260 88%	424 92%	447 81%	472 85%	366 82%	445 89%	185 75%	750 82%
NET: At all	324 16%	153 15%	171 16%	57 24%	78 22%	77 23%	41 11%	36 12%	36 8%	105 19%	81 15%	82 18%	56 11%	62 25%	166 18%
NET: Up to an hour	164 8%	87 9%	77 7%	36 15%	36 10%	39 12%	19 5%	14 5%	21 5%	63 11%	38 7%	41 9%	22 4%	32 13%	89 10%
Less than 10 minutes	(5) 35 2%	22 2%	13 1%	12 5%	8 2%	8 2%	3 1%	3 1%	1 *	9 2%	6 1%	13 3%	7 1%	5 2%	22 2%
10-29 minutes	(19.5) 37 2%	22 2%	15 1%	5 2%	5 2%	12 3%	6 2%	1 *	8 2%	18 3%	7 1%	7 2%	5 1%	4 2%	21 2%
30-59 minutes	(44.5) 92 4%	43 4%	49 5%	18 8%	23 6%	19 6%	9 3%	10 3%	12 3%	36 7%	25 5%	21 5%	10 2%	23 9%	46 5%
1-2 hours	(90) 119 6%	47 5%	71 7%	16 7%	32 9%	28 8%	17 5%	15 5%	12 3%	34 6%	32 6%	26 6%	27 5%	25 10%	57 6%
3-4 hours	(210) 25 1%	11 1%	14 1%	3 1%	6 2%	6 2%	4 1%	5 2%	* *	6 1%	6 1%	8 2%	4 1%	5 2%	10 1%
5-6 hours	(330) 12 1%	5 1%	7 1%	1 *	3 1%	3 1%	1 *	2 1%	1 *	2 *	4 1%	7 1%	- -	- -	10 1%
More than 6 hours	(400) 5 *	3 *	2 *	1 1%	2 1%	- -	- -	- -	1 *	- -	1 *	- -	3 1%	- -	- -
Mean	12.99	11.86	14.06	16.16	19.95	18.15	9.12	11.69	6.08	12.51	13.07	16.47	10.31	17.82	14.32
Standard deviation	43.88	42.83	44.85	48.32	55.54	49.40	34.91	41.73	31.91	36.27	44.92	52.12	42.23	39.39	45.63
Standard error	0.97	1.32	1.42	3.18	3.16	2.73	1.81	2.41	1.41	1.40	1.82	2.93	1.97	2.49	1.54

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 7

Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Swimming

Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1730 84%	149 84%	88 84%	1493 84%	71 82%	202 86%	142 82%	164 89%	126 83%	175 88%	214 79%	241 84%	158 87%
NET: At all	324 16%	29 16%	17 16%	278 16%	15 18%	34 14%	32 18%	21 11%	26 17%	24 12%	57 21%	46 16%	23 13%
NET: Up to an hour	164 8%	11 6%	9 8%	144 8%	7 8%	22 9%	16 9%	8 4%	12 8%	14 7%	24 9%	30 10%	11 6%
Less than 10 minutes	(5) 35 2%	1 *	5 5%	30 2%	2 2%	6 2%	3 2%	2 1%	5 3%	4 2%	3 1%	2 1%	1 1%
10-29 minutes	(19.5) 37 2%	6 3%	2 2%	30 2%	- -	6 3%	1 1%	1 1%	3 2%	2 1%	5 2%	8 3%	2 1%
30-59 minutes	(44.5) 92 4%	5 3%	2 2%	85 5%	5 6%	9 4%	11 6%	5 3%	3 2%	8 4%	15 6%	20 7%	8 4%
1-2 hours	(90) 119 6%	14 8%	5 5%	100 6%	4 5%	9 4%	12 7%	11 6%	12 8%	6 3%	23 8%	12 4%	9 5%
3-4 hours	(210) 25 1%	3 2%	- -	22 1%	1 2%	2 1%	4 2%	1 *	- -	1 *	7 3%	4 1%	3 1%
5-6 hours	(330) 12 1%	1 *	4 3%	8 *	2 2%	1 *	- -	- -	- -	2 1%	3 1%	1 *	- -
More than 6 hours	(400) 5 *	- -	- -	5 *	- -	- -	- -	1 1%	2 1%	1 1%	- -	- -	- -
Mean	12.99	13.71	16.89	12.68	18.18	8.64	14.28	10.26	14.05	11.90	19.02	10.82	9.48
Standard deviation	43.88	40.58	62.27	42.90	57.65	32.27	39.12	41.10	51.13	51.20	50.94	34.17	31.91
Standard error	0.97	2.85	6.64	1.02	6.66	2.19	2.97	3.15	4.11	3.47	3.16	1.93	2.37

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 8

Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Golf

Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0) 1898	890	1008	209	321	307	351	279	432	493	515	418	472	221	835
	92%	89%	96%	87%	90%	91%	96%	94%	94%	89%	93%	93%	94%	90%	91%
NET: At all	156	111	45	30	35	31	15	18	28	59	38	30	29	25	80
	8%	11%	4%	13%	10%	9%	4%	6%	6%	11%	7%	7%	6%	10%	9%
NET: Up to an hour	72	45	28	25	24	16	5	3	-	27	15	15	15	18	40
	4%	4%	3%	10%	7%	5%	1%	1%	-	5%	3%	3%	3%	7%	4%
Less than 10 minutes	(5) 41	21	19	15	9	9	5	3	-	14	6	12	8	6	24
	2%	2%	2%	6%	3%	3%	1%	1%	-	3%	1%	3%	2%	2%	3%
10-29 minutes	(19.5) 10	7	3	3	5	2	-	-	-	3	5	-	2	2	6
	*	1%	*	1%	1%	1%	-	-	-	1%	1%	-	*	1%	1%
30-59 minutes	(44.5) 21	16	5	6	10	5	-	-	-	10	5	2	5	10	10
	1%	2%	*	3%	3%	1%	-	-	-	2%	1%	1%	1%	4%	1%
1-2 hours	(90) 32	21	11	3	6	12	4	1	5	14	9	5	4	5	20
	2%	2%	1%	1%	2%	4%	1%	1%	1%	3%	2%	1%	1%	2%	2%
3-4 hours	(210) 29	25	5	2	5	1	2	9	10	9	8	5	7	2	15
	1%	2%	*	1%	1%	*	*	3%	2%	2%	1%	1%	1%	1%	2%
5-6 hours	(330) 6	6	-	1	-	2	1	1	2	1	1	2	2	-	2
	*	1%	-	*	-	*	*	*	1%	*	*	*	*	-	*
More than 6 hours	(400) 17	14	3	-	-	-	3	3	11	8	4	4	1	1	4
	1%	1%	*	-	-	-	1%	1%	2%	1%	1%	1%	*	*	*
Mean	9.27	15.71	3.16	5.31	6.17	6.39	5.80	12.65	16.45	13.34	8.84	8.44	6.03	6.61	8.49
Standard deviation	48.10	63.01	25.79	27.54	28.16	30.42	40.97	58.74	70.85	58.17	46.46	48.41	35.53	31.94	41.74
Standard error	1.06	1.94	0.82	1.81	1.60	1.68	2.13	3.39	3.12	2.25	1.89	2.72	1.66	2.02	1.41

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 8

Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Golf

Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1898 92%	168 94%	91 87%	1639 93%	79 92%	220 93%	162 93%	172 93%	141 93%	183 92%	234 86%	274 95%	174 96%
NET: At all	156 8%	11 6%	14 13%	132 7%	7 8%	16 7%	12 7%	12 7%	11 7%	16 8%	37 14%	13 5%	7 4%
NET: Up to an hour	72 4%	3 2%	5 5%	64 4%	4 5%	11 4%	8 5%	6 3%	7 4%	6 3%	17 6%	3 1%	3 2%
Less than 10 minutes	(5) 41 2%	1 *	5 5%	35 2%	3 3%	8 3%	3 2%	2 1%	6 4%	4 2%	5 2%	2 1%	1 1%
10-29 minutes	(19.5) 10 *	1 *	- -	9 1%	1 1%	- -	2 1%	1 1%	- -	- -	4 1%	- -	1 *
30-59 minutes	(44.5) 21 1%	2 1%	- -	20 1%	- -	2 1%	2 1%	2 1%	1 *	2 1%	8 3%	1 *	1 1%
1-2 hours	(90) 32 2%	2 1%	4 4%	26 1%	1 1%	2 1%	2 1%	3 2%	2 1%	3 2%	11 4%	2 1%	* *
3-4 hours	(210) 29 1%	4 2%	3 3%	22 1%	- -	2 1%	3 2%	2 1%	1 *	3 2%	6 2%	3 1%	2 1%
5-6 hours	(330) 6 *	- -	2 1%	5 *	- -	1 *	- -	- -	2 1%	1 *	1 *	1 *	- -
More than 6 hours	(400) 17 1%	2 1%	- -	15 1%	3 3%	1 *	- -	2 1%	- -	2 1%	2 1%	4 1%	2 1%
Mean	9.27	10.67	15.03	8.79	12.99	5.63	5.08	8.23	6.13	10.68	14.05	9.32	6.54
Standard deviation	48.10	52.59	55.30	47.17	68.50	36.28	28.04	45.58	38.64	52.65	52.19	53.68	44.76
Standard error	1.06	3.69	5.89	1.12	7.91	2.46	2.13	3.50	3.10	3.57	3.24	3.04	3.32

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 9

Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Dance

Base: All respondents

	Total	Gender		Age						Social Grade				Employment Sector	
		Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
Not at all	(0)	1755	897	857	159	264	277	338	276	440	461	476	377	440	747
		85%	90%	81%	67%	74%	82%	92%	93%	96%	83%	86%	84%	88%	82%
NET: At all	299	103	196	79	92	60	28	20	20	91	77	70	61	55	169
	15%	10%	19%	33%	26%	18%	8%	7%	4%	17%	14%	16%	12%	22%	18%
NET: Up to an hour	187	67	120	43	65	35	19	14	11	61	46	40	40	36	104
	9%	7%	11%	18%	18%	10%	5%	5%	2%	11%	8%	9%	8%	15%	11%
Less than 10 minutes	(5)	73	31	42	12	26	15	8	5	20	20	16	17	9	42
	4%	3%	4%	5%	7%	5%	2%	2%	1%	4%	4%	4%	3%	4%	5%
10-29 minutes	(19.5)	60	16	43	17	21	10	5	5	17	15	14	13	17	31
	3%	2%	4%	7%	6%	3%	1%	2%	*	3%	3%	3%	3%	7%	3%
30-59 minutes	(44.5)	55	20	35	15	17	10	6	3	24	11	9	10	10	32
	3%	2%	3%	6%	5%	3%	2%	1%	1%	4%	2%	2%	2%	4%	3%
1-2 hours	(90)	73	23	51	21	20	16	6	6	23	17	16	18	12	40
	4%	2%	5%	9%	6%	5%	2%	2%	1%	4%	3%	4%	4%	5%	4%
3-4 hours	(210)	27	11	17	10	6	7	3	-	5	10	12	1	6	20
	1%	1%	2%	4%	2%	2%	1%	-	*	1%	2%	3%	*	2%	2%
5-6 hours	(330)	5	2	4	1	2	2	-	-	2	2	1	1	1	3
	*	*	*	*	*	1%	-	-	*	*	*	*	*	*	*
More than 6 hours	(400)	6	1	5	4	-	1	-	-	2	2	2	1	-	1
	*	*	*	1%	-	*	-	-	*	*	*	*	*	-	*
Mean	9.98	6.73	13.07	28.68	13.69	13.43	4.49	2.75	3.91	10.12	10.42	13.07	6.59	14.18	12.75
Standard deviation	40.00	32.58	45.75	69.39	40.17	46.75	23.62	13.66	30.88	37.60	42.47	48.57	29.84	42.63	43.46
Standard error	0.88	1.00	1.45	4.57	2.29	2.59	1.23	0.79	1.36	1.45	1.72	2.73	1.39	2.70	1.46

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 9

Q.1 Thinking about the last week, for how long, if at all, have you taken part in each of the following activities?

Dance

Base: All respondents

	Total	Region											
		Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
Not at all	(0) 1755 85%	166 93%	87 83%	1502 85%	71 83%	204 86%	154 89%	160 87%	123 81%	171 86%	203 75%	253 88%	162 90%
NET: At all	299 15%	13 7%	18 17%	269 15%	15 17%	32 14%	20 11%	25 13%	28 19%	28 14%	68 25%	34 12%	18 10%
NET: Up to an hour	187 9%	10 5%	10 10%	168 9%	7 8%	15 6%	13 8%	14 7%	23 15%	19 10%	40 15%	24 8%	13 7%
Less than 10 minutes	(5) 73 4%	3 2%	7 7%	63 4%	1 1%	7 3%	2 1%	2 1%	12 8%	9 4%	14 5%	10 4%	5 3%
10-29 minutes	(19.5) 60 3%	1 *	1 1%	58 3%	5 5%	1 1%	7 4%	8 4%	8 5%	6 3%	12 5%	5 2%	5 3%
30-59 minutes	(44.5) 55 3%	6 3%	2 2%	47 3%	1 1%	6 3%	4 2%	4 2%	3 2%	4 2%	14 5%	9 3%	3 2%
1-2 hours	(90) 73 4%	3 1%	4 4%	67 4%	7 8%	8 3%	6 3%	9 5%	4 3%	6 3%	21 8%	5 2%	1 1%
3-4 hours	(210) 27 1%	- -	4 3%	24 1%	- -	6 2%	1 1%	2 1%	1 1%	3 1%	5 2%	3 1%	3 2%
5-6 hours	(330) 5 *	1 1%	- -	4 *	- -	1 *	- -	- -	- -	- -	2 1%	1 *	1 *
More than 6 hours	(400) 6 *	- -	- -	6 *	1 1%	3 1%	- -	- -	- -	- -	1 *	1 *	1 *
Mean	9.98	4.66	11.69	10.42	13.13	15.95	6.19	8.49	6.57	7.36	17.13	7.86	8.55
Standard deviation	40.00	27.42	41.35	40.95	47.53	60.09	24.26	29.14	25.04	29.05	48.31	37.53	43.74
Standard error	0.88	1.92	4.41	0.98	5.49	4.07	1.84	2.24	2.01	1.97	3.00	2.12	3.24

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 10
Q.2 How frequently, if ever, do you do each of the following?
Summary
Base: All respondents

	Actions			
	Cycle to work	Cycle for leisure (e.g. a weekend bike ride)	Cycle for exercise	Cycle as a means of transport (not to work, e.g. to the shops)
Unweighted base	2054	2054	2054	2054
Weighted base	2054	2054	2054	2054
NET: Ever	289 14%	745 36%	735 36%	512 25%
Daily	66 3%	51 2%	77 4%	58 3%
At least once a week	75 4%	185 9%	271 13%	143 7%
At least once a month	50 2%	162 8%	149 7%	125 6%
At least once a year	32 2%	181 9%	110 5%	78 4%
Less than once a year	67 3%	166 8%	128 6%	107 5%
Never	1765 86%	1309 64%	1319 64%	1542 75%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 11
Q.2 How frequently, if ever, do you do each of the following?
Cycle to work
Base: All respondents

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
NET: Ever	289 14%	165 16%	125 12%	41 17%	86 24%	87 26%	49 13%	22 7%	4 1%	80 14%	73 13%	69 15%	67 13%	58 24%	196 21%
Daily	66 3%	38 4%	28 3%	7 3%	21 6%	21 6%	10 3%	7 2%	1 *	18 3%	12 2%	17 4%	18 4%	16 7%	41 4%
At least once a week	75 4%	37 4%	38 4%	11 5%	28 8%	25 7%	6 2%	4 1%	- -	23 4%	22 4%	15 3%	15 3%	12 5%	55 6%
At least once a month	50 2%	28 3%	22 2%	8 3%	14 4%	15 4%	10 3%	3 1%	1 *	15 3%	10 2%	13 3%	13 3%	9 4%	39 4%
At least once a year	32 2%	20 2%	12 1%	3 1%	6 2%	7 2%	10 3%	4 1%	1 *	11 2%	11 2%	6 1%	4 1%	11 5%	19 2%
Less than once a year	67 3%	41 4%	25 2%	12 5%	17 5%	19 6%	13 4%	4 1%	2 *	13 2%	18 3%	19 4%	17 3%	10 4%	42 5%
Never	1765 86%	836 84%	929 88%	197 83%	270 76%	250 74%	317 87%	274 93%	456 99%	473 86%	480 87%	379 85%	434 87%	188 76%	720 79%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 11
Q.2 How frequently, if ever, do you do each of the following?
Cycle to work
Base: All respondents

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
NET: Ever	289 14%	19 10%	16 16%	254 14%	15 18%	29 12%	24 14%	21 11%	24 16%	25 12%	55 20%	40 14%	21 12%
Daily	66 3%	6 4%	2 2%	57 3%	3 4%	4 2%	3 2%	2 1%	1 1%	9 4%	12 4%	17 6%	5 3%
At least once a week	75 4%	1 1%	5 5%	69 4%	3 3%	7 3%	10 6%	4 2%	7 5%	7 4%	17 6%	10 3%	4 2%
At least once a month	50 2%	1 1%	8 8%	41 2%	3 4%	9 4%	3 1%	4 2%	- -	1 1%	12 4%	4 1%	4 2%
At least once a year	32 2%	3 2%	* *	28 2%	1 1%	4 2%	3 2%	3 1%	3 2%	2 1%	6 2%	3 1%	3 2%
Less than once a year	67 3%	6 3%	1 1%	60 3%	5 6%	5 2%	5 3%	9 5%	13 8%	5 2%	8 3%	6 2%	4 2%
Never	1765 86%	160 90%	88 84%	1516 86%	71 82%	207 88%	151 86%	164 89%	128 84%	174 88%	216 80%	248 86%	159 88%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 12
Q.2 How frequently, if ever, do you do each of the following?
Cycle for leisure (e.g. a weekend bike ride)
Base: All respondents

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
NET: Ever	745 36%	401 40%	344 33%	108 45%	165 46%	156 46%	135 37%	87 29%	94 20%	220 40%	196 35%	184 41%	145 29%	117 47%	415 45%
Daily	51 2%	33 3%	18 2%	7 3%	16 4%	16 5%	4 1%	4 1%	3 1%	16 3%	14 3%	12 3%	8 2%	6 2%	35 4%
At least once a week	185 9%	111 11%	74 7%	20 8%	42 12%	53 16%	29 8%	22 7%	20 4%	59 11%	42 8%	44 10%	40 8%	29 12%	111 12%
At least once a month	162 8%	82 8%	80 8%	23 10%	25 7%	35 10%	29 8%	25 8%	26 6%	47 9%	49 9%	42 9%	24 5%	19 8%	103 11%
At least once a year	181 9%	88 9%	93 9%	27 11%	40 11%	30 9%	43 12%	19 6%	22 5%	48 9%	43 8%	56 12%	35 7%	33 14%	86 9%
Less than once a year	166 8%	88 9%	78 7%	31 13%	43 12%	22 6%	30 8%	17 6%	23 5%	50 9%	48 9%	29 7%	39 8%	28 11%	79 9%
Never	1309 64%	599 60%	710 67%	130 55%	191 54%	182 54%	231 63%	209 71%	366 80%	332 60%	357 65%	264 59%	356 71%	130 53%	500 55%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 12

Q.2 How frequently, if ever, do you do each of the following?

Cycle for leisure (e.g. a weekend bike ride)

Base: All respondents

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
NET: Ever	745 36%	52 29%	37 35%	656 37%	29 33%	78 33%	61 35%	66 36%	55 37%	80 40%	123 45%	104 36%	60 33%
Daily	51 2%	3 2%	2 2%	45 3%	4 5%	7 3%	1 1%	2 1%	1 1%	8 4%	14 5%	7 2%	2 1%
At least once a week	185 9%	14 8%	9 9%	161 9%	6 6%	21 9%	20 11%	11 6%	15 10%	17 8%	28 10%	32 11%	12 7%
At least once a month	162 8%	8 4%	1 1%	153 9%	8 10%	20 9%	10 6%	15 8%	12 8%	20 10%	36 13%	23 8%	9 5%
At least once a year	181 9%	18 10%	15 14%	149 8%	7 8%	16 7%	18 10%	17 9%	12 8%	16 8%	24 9%	21 7%	18 10%
Less than once a year	166 8%	9 5%	10 9%	147 8%	4 5%	14 6%	12 7%	20 11%	16 11%	20 10%	21 8%	21 7%	18 10%
Never	1309 64%	126 71%	68 65%	1115 63%	57 67%	158 67%	114 65%	119 64%	96 63%	119 60%	148 55%	183 64%	121 67%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 13
Q.2 How frequently, if ever, do you do each of the following?
Cycle for exercise
Base: All respondents

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
NET: Ever	735 36%	397 40%	338 32%	117 49%	166 47%	149 44%	126 34%	79 27%	98 21%	217 39%	204 37%	178 40%	136 27%	106 43%	408 45%
Daily	77 4%	47 5%	30 3%	9 4%	18 5%	23 7%	12 3%	4 1%	10 2%	23 4%	21 4%	25 6%	8 2%	13 5%	45 5%
At least once a week	271 13%	146 15%	125 12%	42 18%	70 20%	58 17%	37 10%	34 11%	30 7%	74 13%	82 15%	59 13%	56 11%	43 17%	156 17%
At least once a month	149 7%	81 8%	68 6%	26 11%	31 9%	29 8%	21 6%	21 7%	21 5%	42 8%	46 8%	39 9%	23 4%	15 6%	95 10%
At least once a year	110 5%	56 6%	54 5%	15 6%	17 5%	17 5%	31 9%	13 5%	17 4%	32 6%	28 5%	36 8%	14 3%	18 7%	53 6%
Less than once a year	128 6%	67 7%	61 6%	25 10%	30 8%	23 7%	24 7%	7 2%	20 4%	45 8%	28 5%	19 4%	36 7%	18 7%	59 6%
Never	1319 64%	603 60%	715 68%	122 51%	190 53%	188 56%	240 66%	217 73%	362 79%	335 61%	348 63%	270 60%	365 73%	141 57%	507 55%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 13
Q.2 How frequently, if ever, do you do each of the following?
Cycle for exercise
Base: All respondents

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
NET: Ever	735 36%	54 30%	36 34%	646 36%	30 34%	85 36%	65 37%	62 33%	58 38%	78 39%	115 42%	95 33%	59 32%
Daily	77 4%	4 2%	5 5%	68 4%	1 1%	9 4%	1 1%	6 3%	6 4%	11 5%	19 7%	11 4%	5 3%
At least once a week	271 13%	16 9%	15 14%	241 14%	14 16%	39 17%	27 15%	17 9%	16 10%	27 14%	42 15%	38 13%	22 12%
At least once a month	149 7%	7 4%	8 8%	134 8%	6 7%	19 8%	12 7%	16 9%	13 8%	17 9%	27 10%	14 5%	9 5%
At least once a year	110 5%	15 8%	2 1%	94 5%	5 6%	8 4%	15 9%	3 2%	8 6%	13 6%	17 6%	15 5%	8 5%
Less than once a year	128 6%	12 7%	6 6%	110 6%	4 5%	9 4%	10 6%	19 10%	16 10%	10 5%	10 4%	18 6%	14 8%
Never	1319 64%	125 70%	69 66%	1125 64%	56 66%	151 64%	109 63%	123 67%	94 62%	121 61%	156 58%	192 67%	122 68%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 14
Q.2 How frequently, if ever, do you do each of the following?
Cycle as a means of transport (not to work, e.g. to the shops)
Base: All respondents

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	2054	1060	994	231	309	327	371	301	515	670	607	317	460	250	881
Weighted base	2054	1001	1053	239	356	337	366	296	460	552	553	448	501	247	916
NET: Ever	512 25%	304 30%	207 20%	67 28%	113 32%	125 37%	78 21%	64 22%	65 14%	154 28%	124 22%	122 27%	112 22%	80 32%	288 31%
Daily	58 3%	37 4%	22 2%	6 2%	17 5%	15 5%	8 2%	8 3%	4 1%	18 3%	10 2%	16 4%	14 3%	12 5%	36 4%
At least once a week	143 7%	87 9%	56 5%	19 8%	25 7%	43 13%	12 3%	23 8%	20 4%	38 7%	40 7%	36 8%	30 6%	23 9%	83 9%
At least once a month	125 6%	74 7%	51 5%	15 6%	36 10%	28 8%	22 6%	9 3%	16 3%	43 8%	33 6%	23 5%	26 5%	15 6%	74 8%
At least once a year	78 4%	44 4%	34 3%	11 5%	13 4%	13 4%	14 4%	12 4%	15 3%	24 4%	18 3%	25 6%	11 2%	12 5%	41 4%
Less than once a year	107 5%	62 6%	46 4%	15 6%	22 6%	26 8%	21 6%	12 4%	11 2%	31 6%	23 4%	22 5%	31 6%	18 7%	54 6%
Never	1542 75%	696 70%	846 80%	172 72%	243 68%	213 63%	289 79%	232 78%	395 86%	398 72%	429 78%	326 73%	390 78%	167 68%	628 69%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 14

Q.2 How frequently, if ever, do you do each of the following?

Cycle as a means of transport (not to work, e.g. to the shops)

Base: All respondents

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	2054	203	88	1763	75	218	173	170	155	218	260	312	182
Weighted base	2054	179	105	1771	86	236	174	185	152	199	271	287	181
NET: Ever	512 25%	37 21%	18 17%	457 26%	21 24%	49 21%	38 22%	39 21%	44 29%	61 30%	89 33%	76 27%	40 22%
Daily	58 3%	6 3%	1 1%	51 3%	1 1%	6 2%	3 2%	4 2%	2 1%	5 3%	13 5%	15 5%	2 1%
At least once a week	143 7%	7 4%	1 1%	135 8%	7 8%	19 8%	11 7%	9 5%	12 8%	20 10%	23 8%	25 9%	9 5%
At least once a month	125 6%	8 5%	6 6%	111 6%	4 5%	12 5%	13 7%	11 6%	10 7%	12 6%	25 9%	17 6%	7 4%
At least once a year	78 4%	8 4%	7 7%	63 4%	3 4%	3 1%	5 3%	5 3%	6 4%	14 7%	11 4%	9 3%	7 4%
Less than once a year	107 5%	8 5%	2 2%	96 5%	5 6%	9 4%	6 3%	10 5%	14 9%	8 4%	18 7%	11 4%	16 9%
Never	1542 75%	141 79%	87 83%	1314 74%	66 76%	187 79%	137 78%	146 79%	107 71%	138 70%	182 67%	211 73%	140 78%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 15

Q.3 Which of the following, if any, would make cycling to work more appealing to you?

First Mention

Base: All respondents who work (Excluding multi responses)

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	1117	581	536	130	243	256	286	144	58	346	391	200	180	247	870
Weighted base	1149	587	562	141	276	258	277	145	52	299	362	286	202	243	906
NET: Any	705	375	330	108	207	173	127	68	22	199	220	174	111	150	555
	61%	64%	59%	77%	75%	67%	46%	47%	43%	67%	61%	61%	55%	62%	61%
Feeling safer/ more confident on the road	195	74	121	35	38	47	48	23	5	48	69	44	34	43	152
	17%	13%	21%	25%	14%	18%	17%	16%	9%	16%	19%	15%	17%	18%	17%
Clear cycle lanes on the road	169	75	94	20	62	38	27	16	6	50	55	44	19	42	127
	15%	13%	17%	14%	22%	15%	10%	11%	11%	17%	15%	16%	10%	17%	14%
Better quality road surfaces	79	62	17	7	19	21	14	11	7	21	16	18	23	9	69
	7%	11%	3%	5%	7%	8%	5%	8%	13%	7%	4%	6%	12%	4%	8%
Owning a better quality bike	60	40	20	10	21	17	9	4	-	16	14	24	7	10	50
	5%	7%	4%	7%	8%	7%	3%	3%	-	5%	4%	8%	4%	4%	6%
Showers/ changing facilities at work	44	34	10	8	15	10	5	6	-	11	19	10	4	8	36
	4%	6%	2%	6%	6%	4%	2%	4%	-	4%	5%	4%	2%	3%	4%
Secure cycle parking	44	23	21	10	11	10	6	3	3	11	15	6	11	6	38
	4%	4%	4%	7%	4%	4%	2%	2%	6%	4%	4%	2%	6%	2%	4%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	36	22	14	5	11	11	8	-	1	12	12	7	4	11	25
	3%	4%	3%	4%	4%	4%	3%	-	2%	4%	3%	2%	2%	4%	3%
A 'cycling buddy' to cycle with	35	22	13	7	15	8	4	2	1	15	8	12	1	8	27
	3%	4%	2%	5%	5%	3%	1%	1%	2%	5%	2%	4%	*	3%	3%
Cycling proficiency training	22	11	11	3	11	4	2	1	1	7	9	3	3	6	16
	2%	2%	2%	2%	4%	2%	1%	1%	2%	2%	2%	1%	1%	2%	2%
Free road-side bike maintenance	12	5	7	2	1	5	2	2	-	3	3	2	3	5	6
	1%	1%	1%	1%	*	2%	1%	1%	-	1%	1%	1%	2%	2%	1%
Other colleagues cycling to work	9	6	3	2	3	3	2	-	-	4	1	4	-	-	9
	1%	1%	*	1%	1%	1%	1%	-	-	1%	*	1%	-	-	1%
None of the above	444	212	232	33	70	85	150	77	29	100	142	111	91	93	351
	39%	36%	41%	23%	25%	33%	54%	53%	57%	33%	39%	39%	45%	38%	39%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 15

Q.3 Which of the following, if any, would make cycling to work more appealing to you?

First Mention

Base: All respondents who work (Excluding multi responses)

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	1117	117	49	951	33	115	98	85	74	109	177	167	93
Weighted base	1149	103	65	981	37	134	100	94	75	101	190	152	98
NET: Any	705	60	48	597	17	76	64	59	48	59	135	92	47
	61%	58%	74%	61%	46%	57%	64%	62%	64%	58%	71%	60%	48%
Feeling safer/ more confident on the road	195	16	8	170	6	19	22	11	14	19	45	23	12
	17%	16%	13%	17%	15%	14%	22%	11%	19%	19%	24%	15%	12%
Clear cycle lanes on the road	169	20	16	134	3	19	10	17	12	13	23	19	17
	15%	19%	24%	14%	8%	14%	10%	19%	16%	13%	12%	12%	18%
Better quality road surfaces	79	10	5	64	2	11	5	5	4	8	13	12	4
	7%	10%	7%	7%	5%	9%	5%	6%	5%	8%	7%	8%	4%
Owning a better quality bike	60	3	7	50	2	6	4	4	7	6	11	5	4
	5%	3%	11%	5%	6%	4%	4%	4%	9%	6%	6%	3%	4%
Showers/ changing facilities at work	44	4	7	33	2	4	2	3	1	4	4	9	4
	4%	4%	11%	3%	4%	3%	2%	3%	2%	4%	2%	6%	4%
Secure cycle parking	44	1	1	41	-	8	3	4	3	2	13	7	2
	4%	1%	1%	4%	-	6%	3%	4%	4%	2%	7%	4%	2%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	36	1	2	33	1	3	4	6	1	*	10	6	1
	3%	1%	2%	3%	2%	2%	4%	7%	1%	*	5%	4%	1%
A 'cycling buddy' to cycle with	35	3	2	31	-	4	10	5	3	4	2	2	1
	3%	3%	2%	3%	-	3%	10%	6%	4%	4%	1%	1%	1%
Cycling proficiency training	22	1	1	20	1	1	-	1	3	1	6	6	1
	2%	1%	2%	2%	2%	1%	-	1%	4%	1%	3%	4%	1%
Free road-side bike maintenance	12	-	-	12	1	1	4	-	-	-	2	3	1
	1%	-	-	1%	4%	*	4%	-	-	-	1%	2%	1%
Other colleagues cycling to work	9	-	-	9	-	1	-	1	-	2	5	-	-
	1%	-	-	1%	-	*	-	1%	-	2%	3%	-	-
None of the above	444	43	17	384	20	58	36	36	27	42	55	60	51
	39%	42%	26%	39%	54%	43%	36%	38%	36%	42%	29%	40%	52%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 16

Q.3 Which of the following, if any, would make cycling to work more appealing to you?

Second Mention

Base: All respondents who work (Excluding multi responses)

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	1117	581	536	130	243	256	286	144	58	346	391	200	180	247	870
Weighted base	1149	587	562	141	276	258	277	145	52	299	362	286	202	243	906
NET: Any	698	370	328	108	202	172	126	68	22	197	219	173	109	150	548
	61%	63%	58%	77%	73%	67%	45%	47%	43%	66%	60%	61%	54%	62%	61%
Clear cycle lanes on the road	134	68	66	26	23	40	27	16	3	30	49	36	20	37	97
	12%	12%	12%	18%	8%	16%	10%	11%	6%	10%	14%	12%	10%	15%	11%
Feeling safer/ more confident on the road	133	68	65	16	47	32	20	13	5	41	36	39	17	27	106
	12%	12%	12%	11%	17%	12%	7%	9%	9%	14%	10%	14%	9%	11%	12%
Better quality road surfaces	102	54	49	8	28	23	23	11	9	34	27	34	8	21	81
	9%	9%	9%	6%	10%	9%	8%	8%	16%	11%	7%	12%	4%	9%	9%
Showers/ changing facilities at work	73	30	42	5	21	19	21	6	*	21	22	20	10	14	58
	6%	5%	8%	3%	8%	7%	7%	4%	1%	7%	6%	7%	5%	6%	6%
Owning a better quality bike	56	33	23	8	29	8	8	1	1	14	20	10	12	11	45
	5%	6%	4%	6%	11%	3%	3%	1%	2%	5%	5%	4%	6%	4%	5%
Secure cycle parking	54	36	17	7	16	14	9	5	2	20	16	9	9	9	45
	5%	6%	3%	5%	6%	6%	3%	3%	3%	7%	4%	3%	4%	4%	5%
A 'cycling buddy' to cycle with	43	21	22	11	13	7	4	7	2	8	11	9	15	6	37
	4%	4%	4%	8%	5%	3%	1%	5%	3%	3%	3%	3%	7%	3%	4%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	40	22	18	11	7	14	4	4	-	8	22	7	4	11	29
	4%	4%	3%	8%	3%	5%	2%	3%	-	3%	6%	2%	2%	5%	3%
Free road-side bike maintenance	28	16	11	8	7	4	5	2	1	14	4	3	7	6	22
	2%	3%	2%	6%	3%	1%	2%	1%	3%	5%	1%	1%	3%	2%	2%
Cycling proficiency training	19	8	12	4	6	4	3	1	-	6	9	1	4	5	14
	2%	1%	2%	3%	2%	2%	1%	1%	-	2%	2%	*	2%	2%	2%
Other colleagues cycling to work	16	12	3	4	4	4	2	2	-	3	3	6	4	2	14
	1%	2%	1%	3%	1%	2%	1%	2%	-	1%	1%	2%	2%	1%	2%
None of the above	451	217	233	33	74	86	151	77	29	102	143	113	93	93	357
	39%	37%	42%	23%	27%	33%	55%	53%	57%	34%	40%	39%	46%	38%	39%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 16

Q.3 Which of the following, if any, would make cycling to work more appealing to you?

Second Mention

Base: All respondents who work (Excluding multi responses)

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	1117	117	49	951	33	115	98	85	74	109	177	167	93
Weighted base	1149	103	65	981	37	134	100	94	75	101	190	152	98
NET: Any	698	60	48	590	17	76	63	56	48	59	132	92	46
	61%	58%	74%	60%	46%	57%	63%	60%	64%	58%	70%	60%	47%
Clear cycle lanes on the road	134	12	5	117	2	26	22	4	6	9	18	20	10
	12%	12%	8%	12%	6%	19%	22%	4%	8%	9%	10%	13%	11%
Feeling safer/ more confident on the road	133	12	9	112	2	11	6	16	10	15	27	16	9
	12%	11%	14%	11%	6%	8%	6%	17%	13%	15%	14%	11%	9%
Better quality road surfaces	102	16	11	76	1	10	7	11	5	12	12	12	6
	9%	16%	17%	8%	2%	7%	7%	12%	7%	12%	7%	8%	6%
Showers/ changing facilities at work	73	7	5	60	1	3	7	6	5	5	19	8	7
	6%	7%	8%	6%	3%	2%	7%	6%	7%	5%	10%	5%	7%
Owning a better quality bike	56	1	3	52	5	3	4	4	10	6	4	12	6
	5%	1%	4%	5%	12%	2%	4%	4%	13%	6%	2%	8%	6%
Secure cycle parking	54	4	2	48	1	10	5	2	3	4	14	5	2
	5%	3%	4%	5%	4%	7%	5%	3%	4%	4%	7%	3%	2%
A 'cycling buddy' to cycle with	43	2	5	36	1	2	4	5	2	3	12	5	2
	4%	2%	8%	4%	4%	2%	4%	6%	2%	3%	6%	3%	2%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	40	2	5	33	4	5	1	3	4	2	8	5	1
	4%	2%	8%	3%	10%	4%	1%	3%	5%	2%	4%	4%	1%
Free road-side bike maintenance	28	4	2	22	-	3	2	2	2	2	8	2	2
	2%	4%	3%	2%	-	2%	2%	2%	2%	2%	4%	1%	2%
Cycling proficiency training	19	1	-	19	-	2	3	3	1	2	6	2	1
	2%	1%	-	2%	-	1%	3%	3%	1%	2%	3%	1%	1%
Other colleagues cycling to work	16	-	*	15	-	3	3	1	2	-	4	3	-
	1%	-	1%	2%	-	2%	3%	1%	3%	-	2%	2%	-
None of the above	451	43	17	391	20	58	37	38	27	42	57	60	52
	39%	42%	26%	40%	54%	43%	37%	40%	36%	42%	30%	40%	53%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 17
Q.3 Which of the following, if any, would make cycling to work more appealing to you?
Third Mention
Base: All respondents who work (Excluding multi responses)

	Gender		Age						Social Grade				Employment Sector		
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	1117	581	536	130	243	256	286	144	58	346	391	200	180	247	870
Weighted base	1149	587	562	141	276	258	277	145	52	299	362	286	202	243	906
NET: Any	688	361	326	108	197	168	125	68	21	194	218	169	107	150	538
	60%	62%	58%	77%	71%	65%	45%	47%	42%	65%	60%	59%	53%	62%	59%
Better quality road surfaces	111	58	54	17	28	23	28	13	2	32	32	30	18	27	84
	10%	10%	10%	12%	10%	9%	10%	9%	5%	11%	9%	10%	9%	11%	9%
Secure cycle parking	94	48	46	10	37	14	19	11	3	24	34	23	14	18	76
	8%	8%	8%	7%	13%	6%	7%	8%	6%	8%	9%	8%	7%	8%	8%
Clear cycle lanes on the road	90	46	44	12	19	27	16	13	4	31	23	20	16	14	76
	8%	8%	8%	9%	7%	11%	6%	9%	7%	10%	6%	7%	8%	6%	8%
Feeling safer/ more confident on the road	75	40	36	11	29	21	6	7	1	20	29	13	14	21	54
	7%	7%	6%	7%	11%	8%	2%	5%	3%	7%	8%	5%	7%	9%	6%
Showers/ changing facilities at work	75	47	28	12	30	23	5	1	3	21	13	24	16	19	55
	6%	8%	5%	8%	11%	9%	2%	1%	7%	7%	4%	8%	8%	8%	6%
Owning a better quality bike	69	29	40	16	12	13	15	9	3	18	27	16	9	13	56
	6%	5%	7%	12%	5%	5%	6%	6%	5%	6%	7%	5%	4%	5%	6%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	48	29	20	10	11	10	13	1	2	11	16	17	4	8	40
	4%	5%	4%	7%	4%	4%	5%	1%	4%	4%	5%	6%	2%	3%	4%
A 'cycling buddy' to cycle with	45	24	21	11	11	16	5	2	-	14	17	7	7	13	32
	4%	4%	4%	8%	4%	6%	2%	1%	-	5%	5%	3%	3%	5%	4%
Free road-side bike maintenance	37	21	16	1	12	10	9	5	2	9	13	13	3	7	30
	3%	4%	3%	1%	4%	4%	3%	4%	3%	3%	4%	4%	1%	3%	3%
Cycling proficiency training	24	8	16	4	5	5	5	3	1	11	6	3	5	5	19
	2%	1%	3%	3%	2%	2%	2%	2%	2%	4%	2%	1%	2%	2%	2%
Other colleagues cycling to work	19	12	6	4	3	6	3	2	-	5	9	3	2	3	15
	2%	2%	1%	3%	1%	2%	1%	1%	-	2%	2%	1%	1%	1%	2%
None of the above	461	226	235	33	79	90	152	77	30	105	144	117	95	93	368
	40%	38%	42%	23%	29%	35%	55%	53%	58%	35%	40%	41%	47%	38%	41%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 17

Q.3 Which of the following, if any, would make cycling to work more appealing to you?

Third Mention

Base: All respondents who work (Excluding multi responses)

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	1117	117	49	951	33	115	98	85	74	109	177	167	93
Weighted base	1149	103	65	981	37	134	100	94	75	101	190	152	98
NET: Any	688	60	48	580	16	76	63	54	48	58	127	91	46
	60%	58%	74%	59%	42%	57%	63%	57%	64%	58%	67%	60%	47%
Better quality road surfaces	111	11	3	98	6	13	11	9	8	7	16	18	10
	10%	11%	4%	10%	15%	10%	11%	10%	10%	7%	9%	12%	10%
Secure cycle parking	94	2	11	81	-	11	4	8	11	9	18	9	9
	8%	2%	17%	8%	-	8%	4%	9%	15%	9%	10%	6%	9%
Clear cycle lanes on the road	90	10	4	75	3	3	6	9	8	7	20	14	4
	8%	10%	7%	8%	9%	2%	6%	10%	10%	7%	11%	9%	5%
Feeling safer/ more confident on the road	75	11	8	56	3	4	6	5	2	7	14	11	4
	7%	11%	13%	6%	8%	3%	6%	6%	2%	7%	7%	7%	4%
Showers/ changing facilities at work	75	6	10	58	-	12	9	4	7	3	14	8	2
	6%	6%	16%	6%	-	9%	9%	4%	10%	3%	7%	5%	2%
Owning a better quality bike	69	6	2	61	-	7	10	3	3	5	12	15	5
	6%	6%	3%	6%	-	5%	10%	3%	4%	5%	6%	10%	6%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	48	3	2	43	2	6	3	6	1	5	11	8	2
	4%	3%	4%	4%	5%	4%	3%	7%	2%	5%	6%	5%	2%
A 'cycling buddy' to cycle with	45	1	1	42	1	7	5	5	5	5	8	1	5
	4%	1%	2%	4%	2%	5%	5%	5%	7%	5%	4%	1%	6%
Free road-side bike maintenance	37	5	3	30	1	7	3	1	3	6	1	5	3
	3%	5%	4%	3%	3%	5%	3%	1%	4%	6%	*	3%	3%
Cycling proficiency training	24	1	-	22	-	1	2	3	-	4	11	1	-
	2%	1%	-	2%	-	1%	2%	3%	-	4%	6%	1%	-
Other colleagues cycling to work	19	2	2	14	-	5	3	1	1	-	2	1	1
	2%	2%	3%	1%	-	4%	3%	1%	1%	-	1%	*	1%
None of the above	461	43	17	401	22	58	37	40	27	43	62	61	52
	40%	42%	26%	41%	58%	43%	37%	43%	36%	42%	33%	40%	53%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 18
Q.3 Which of the following, if any, would make cycling to work more appealing to you?
Top 3 Mentions
Base: All respondents who work (Excluding multi responses)

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	1117	581	536	130	243	256	286	144	58	346	391	200	180	247	870
Weighted base	1149	587	562	141	276	258	277	145	52	299	362	286	202	243	906
NET: Any	705	375	330	108	207	173	127	68	22	199	220	174	111	150	555
	61%	64%	59%	77%	75%	67%	46%	47%	43%	67%	61%	61%	55%	62%	61%
Feeling safer/ more confident on the road	403	182	221	62	114	100	74	43	11	108	134	97	65	92	312
	35%	31%	39%	44%	41%	39%	27%	30%	20%	36%	37%	34%	32%	38%	34%
Clear cycle lanes on the road	393	190	203	58	103	106	69	44	12	111	127	100	55	93	300
	34%	32%	36%	41%	37%	41%	25%	31%	24%	37%	35%	35%	27%	38%	33%
Better quality road surfaces	293	174	119	32	76	67	65	35	17	86	76	82	49	58	235
	25%	30%	21%	23%	28%	26%	23%	24%	34%	29%	21%	29%	24%	24%	26%
Showers/ changing facilities at work	192	111	81	24	67	52	31	14	4	53	55	54	29	42	149
	17%	19%	14%	17%	24%	20%	11%	10%	7%	18%	15%	19%	15%	17%	16%
Secure cycle parking	191	107	84	27	64	39	35	19	7	55	64	38	34	33	158
	17%	18%	15%	19%	23%	15%	13%	13%	14%	18%	18%	13%	17%	14%	17%
Owning a better quality bike	185	102	83	35	62	38	32	14	4	47	60	50	28	34	152
	16%	17%	15%	25%	23%	15%	12%	10%	7%	16%	17%	17%	14%	14%	17%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	125	73	52	26	29	35	26	5	3	31	51	30	12	30	94
	11%	12%	9%	19%	11%	14%	9%	4%	6%	10%	14%	11%	6%	12%	10%
A 'cycling buddy' to cycle with	123	67	56	28	39	31	13	10	3	37	36	28	23	27	96
	11%	11%	10%	20%	14%	12%	5%	7%	5%	12%	10%	10%	11%	11%	11%
Free road-side bike maintenance	77	43	34	11	19	18	16	9	3	26	20	18	13	18	58
	7%	7%	6%	8%	7%	7%	6%	6%	6%	9%	5%	6%	6%	7%	6%
Cycling proficiency training	65	26	39	11	22	13	11	5	2	24	23	7	11	16	49
	6%	4%	7%	8%	8%	5%	4%	3%	4%	8%	6%	2%	6%	7%	5%
Other colleagues cycling to work	43	31	13	10	10	13	6	4	-	12	13	13	6	5	38
	4%	5%	2%	7%	4%	5%	2%	3%	-	4%	3%	4%	3%	2%	4%
None of the above	444	212	232	33	70	85	150	77	29	100	142	111	91	93	351
	39%	36%	41%	23%	25%	33%	54%	53%	57%	33%	39%	39%	45%	38%	39%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 18

Q.3 Which of the following, if any, would make cycling to work more appealing to you?

Top 3 Mentions

Base: All respondents who work (Excluding multi responses)

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	1117	117	49	951	33	115	98	85	74	109	177	167	93
Weighted base	1149	103	65	981	37	134	100	94	75	101	190	152	98
NET: Any	705	60	48	597	17	76	64	59	48	59	135	92	47
	61%	58%	74%	61%	46%	57%	64%	62%	64%	58%	71%	60%	48%
Feeling safer/ more confident on the road	403	39	26	339	11	34	35	32	26	42	86	51	24
	35%	38%	40%	35%	28%	25%	35%	34%	34%	41%	45%	33%	25%
Clear cycle lanes on the road	393	42	25	326	9	47	38	31	26	29	61	53	32
	34%	41%	39%	33%	24%	35%	38%	32%	35%	28%	32%	35%	33%
Better quality road surfaces	293	37	18	238	8	34	22	26	16	26	42	42	20
	25%	36%	28%	24%	22%	26%	22%	27%	22%	26%	22%	28%	21%
Showers/ changing facilities at work	192	18	23	151	3	19	18	12	14	12	37	25	13
	17%	17%	35%	15%	7%	14%	18%	13%	18%	11%	19%	16%	13%
Secure cycle parking	191	7	14	170	1	29	12	14	17	16	46	21	14
	17%	7%	22%	17%	4%	22%	12%	15%	23%	16%	24%	13%	14%
Owning a better quality bike	185	11	12	163	7	16	18	11	19	17	27	32	15
	16%	10%	18%	17%	18%	12%	18%	11%	26%	17%	14%	21%	16%
A company cycling incentive scheme - allowing you to purchase a bike and/or accessories tax free	125	6	9	109	6	14	8	16	6	7	29	20	4
	11%	6%	14%	11%	17%	10%	8%	17%	8%	7%	15%	13%	4%
A 'cycling buddy' to cycle with	123	6	8	109	2	13	18	15	10	12	22	9	8
	11%	6%	12%	11%	6%	10%	18%	16%	13%	12%	12%	6%	8%
Free road-side bike maintenance	77	9	5	63	2	11	9	3	5	8	10	11	6
	7%	9%	7%	6%	6%	8%	9%	3%	6%	7%	5%	7%	6%
Cycling proficiency training	65	3	1	61	1	4	5	7	4	6	23	9	2
	6%	3%	2%	6%	2%	3%	5%	7%	5%	6%	12%	6%	2%
Other colleagues cycling to work	43	2	3	38	-	8	6	3	3	2	12	4	1
	4%	2%	4%	4%	-	6%	6%	3%	4%	2%	6%	3%	1%
None of the above	444	43	17	384	20	58	36	36	27	42	55	60	51
	39%	42%	26%	39%	54%	43%	36%	38%	36%	42%	29%	40%	52%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 19

Q.4 Which of the following benefits, if any, do you think cycling to work would have for you? If you already cycle to work, please think about which benefits, if any, it brings?

Base: All respondents who work

	Gender			Age						Social Grade				Employment Sector	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	Public	Private
Unweighted base	1131	588	543	131	248	260	288	146	58	350	394	205	182	250	881
Weighted base	1163	594	569	142	282	261	279	148	52	302	365	293	203	247	916
NET: Any	911	462	448	127	245	209	195	113	21	244	289	230	148	205	706
	78%	78%	79%	90%	87%	80%	70%	76%	41%	81%	79%	79%	73%	83%	77%
Improve my fitness	661	311	351	98	176	150	149	75	14	166	220	167	108	150	511
	57%	52%	62%	69%	62%	57%	53%	51%	27%	55%	60%	57%	53%	61%	56%
Be a way to exercise without taking time out of my day	495	227	268	74	125	106	113	62	13	127	174	127	67	117	377
	43%	38%	47%	52%	44%	41%	41%	42%	25%	42%	48%	43%	33%	48%	41%
Be cheaper than my current mode of transport	437	210	227	76	110	90	97	55	10	111	170	97	59	111	327
	38%	35%	40%	53%	39%	34%	35%	37%	20%	37%	47%	33%	29%	45%	36%
Provide me with an opportunity to get fresh air	336	158	178	48	86	70	71	48	13	95	116	74	50	72	263
	29%	27%	31%	34%	30%	27%	26%	32%	26%	32%	32%	25%	25%	29%	29%
Help me relax	207	104	102	29	58	60	35	22	3	62	67	43	36	57	150
	18%	18%	18%	20%	20%	23%	12%	15%	6%	20%	18%	15%	18%	23%	16%
Be quicker than my current commute	151	68	84	26	50	39	23	12	1	45	50	31	25	30	121
	13%	11%	15%	19%	18%	15%	8%	8%	3%	15%	14%	11%	12%	12%	13%
Allow me to travel a more direct route	124	61	63	19	33	29	26	15	2	32	42	28	22	30	94
	11%	10%	11%	13%	12%	11%	9%	10%	3%	11%	12%	10%	11%	12%	10%
Provide me with a less stressful commute	123	61	63	13	39	34	24	11	1	36	43	31	13	31	92
	11%	10%	11%	9%	14%	13%	9%	8%	2%	12%	12%	10%	7%	13%	10%
Other	23	16	7	-	4	4	6	7	1	6	5	11	1	4	20
	2%	3%	1%	-	2%	2%	2%	5%	3%	2%	1%	4%	*	1%	2%
None of the above	252	131	120	14	36	52	84	35	30	58	76	62	55	42	210
	22%	22%	21%	10%	13%	20%	30%	24%	59%	19%	21%	21%	27%	17%	23%

Cycling Survey

ONLINE Fieldwork: 1st-2nd June 2016

Absolutes/col percents

Table 19

Q.4 Which of the following benefits, if any, do you think cycling to work would have for you? If you already cycle to work, please think about which benefits, if any, it brings?

Base: All respondents who work

	Region												
	Total	Scotland	Wales	NET: England	North East	North West	Yorkshire & Humberside	West Midlands	East Midlands	Eastern	London	South East	South West
Unweighted base	1131	118	52	961	35	116	98	88	74	109	180	168	93
Weighted base	1163	103	68	991	40	135	100	97	75	101	192	154	98
NET: Any	911	83	61	767	35	99	78	75	58	73	157	120	71
	78%	81%	89%	77%	87%	73%	78%	78%	77%	73%	81%	78%	73%
Improve my fitness	661	55	46	560	20	66	59	59	45	53	112	92	55
	57%	54%	68%	56%	51%	49%	59%	61%	59%	52%	58%	60%	56%
Be a way to exercise without taking time out of my day	495	48	23	424	16	39	41	48	32	45	88	77	38
	43%	46%	33%	43%	39%	29%	41%	49%	43%	44%	46%	50%	39%
Be cheaper than my current mode of transport	437	36	34	368	12	49	35	39	25	34	74	65	34
	38%	35%	49%	37%	29%	36%	35%	40%	34%	34%	38%	42%	35%
Provide me with an opportunity to get fresh air	336	31	20	285	10	43	26	29	25	30	46	52	23
	29%	30%	29%	29%	26%	32%	26%	30%	33%	30%	24%	34%	24%
Help me relax	207	18	13	176	5	24	14	12	21	16	42	29	13
	18%	18%	19%	18%	12%	18%	14%	13%	28%	16%	22%	19%	14%
Be quicker than my current commute	151	7	8	136	3	23	15	11	9	7	39	19	11
	13%	7%	11%	14%	8%	17%	15%	11%	11%	7%	20%	12%	11%
Allow me to travel a more direct route	124	6	4	114	2	19	16	7	10	8	29	19	5
	11%	6%	6%	12%	4%	14%	16%	7%	13%	8%	15%	13%	5%
Provide me with a less stressful commute	123	5	3	115	2	15	12	4	10	9	34	21	8
	11%	5%	5%	12%	6%	11%	12%	4%	14%	8%	17%	14%	8%
Other	23	1	-	22	2	4	6	-	1	1	2	2	4
	2%	1%	-	2%	6%	3%	6%	-	1%	1%	1%	1%	5%
None of the above	252	20	8	224	5	36	22	21	17	27	36	33	27
	22%	19%	11%	23%	13%	27%	22%	22%	23%	27%	19%	22%	27%