

Birmingham City University – A-Level & University Admission Stress – August 2019

Methodology: ComRes interviewed 512 parents of university undergraduates online between 31st July and 9th August 2019. ComRes is a member of the British Polling Council and abides by its rules.

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Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D1. Do you identify as...?

BASE: All respondents

Significance Level: 95%

Total

Male

Female

Other

Prefer not to say

	Gender		Age				
	Total	Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Male	259 51%	259 100%	- -	59 48%	55 52%	59 51%	83 54%
Female	253 49%	- -	253 100%	65 52%	50 48%	57 49%	72 46%
Other	-	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D1. Do you identify as...?

BASE: All respondents

Significance Level: 95%

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512	433	48	12	19	26	31	76	22	67	90	44	31	46	359	113	40	304	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Male	259	218	27	9	5	11	9	40	15	39	43	26	15	20	173	65	21	151	42
	51%	50%	56%	75%	26%	42%	29%	53%	68%	58%	48%	59%	48%	43%	48%	58%	53%	50%	54%
		f	f				f	f	f	f	f	f							
Female	253	215	21	3	14	15	22	36	7	28	47	18	16	26	186	48	19	153	36
	49%	50%	44%	25%	74%	58%	71%	47%	32%	42%	52%	41%	52%	57%	52%	42%	48%	50%	46%
						abgjk													
Other	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D1. Do you identify as...?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No	
	a	b	a	b	a	b	
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Male	259 51%	206 54%	44 40%	152 58%	94 45%	231 56%	28 29%
		b	b		b		
Female	253 49%	179 46%	66 60%	109 42%	113 55%	183 44%	70 71%
		a	a		a	a	
Other	-	-	-	-	-	-	-
Prefer not to say	-	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D2. How old are you?

BASE: All respondents

Significance Level: 95%

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Under 40	124 24%	59 23%	65 26%	124 100% bcd	- -	- -	- -
40-44	105 21%	55 21%	50 20%	- -	105 100% acd	- -	- -
45-49	116 23%	59 23%	57 23%	- -	- -	116 100% abd	- -
50+	155 30%	83 32%	72 28%	- -	- -	- -	155 100% abc
Prefer not to say	12 2%	3 1%	9 4%	- -	- -	- -	- -
Base for stats	500	256	244	124	105	116	155
Mean Score	45.96	46.68	45.20	36.35	41.87 a	46.78 ab	55.81 abc
Standard Deviation	8.446	9.239	7.471	1.905	1.461	1.475	6.425
Standard Error	.378	.577	.478	.171	.143	.137	.516
Error variance	.14	.33	.23	.03	.02	.02	.27

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D2. How old are you?

BASE: All respondents

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Under 40	124 24%	112 26%	7 15%	2 17%	3 16%	8 31%	11 35% b	24 32% b	4 18%	20 30%	17 19%	7 16%	9 29%	12 26%	75 21%	33 29%	16 40% a	72 24%	20 26%
40-44	105 21%	86 20%	15 31% jm	3 25%	1 5%	5 19%	8 26%	20 26% m	6 27%	11 16%	15 17%	9 20%	7 23%	5 11%	74 21%	20 18%	11 28%	76 25%	13 17%
45-49	116 23%	98 23%	11 23%	2 17%	5 26%	7 27%	6 19%	21 28%	6 27%	13 19%	19 21%	11 25%	5 16%	10 22%	83 23%	26 23%	7 18%	63 21%	20 26%
50+	155 30%	127 29% g	14 29% g	5 42%	9 47%	5 19%	6 19%	9 12%	6 27%	22 33% g	36 40% afg	16 36% g	10 32% g	17 37% g	119 33% c	31 27%	5 13%	87 29%	24 31%
Prefer not to say	12 2%	10 2%	1 2%	- -	1 5%	1 4%	- -	2 3%	- -	1 1% g	3 3% afg	1 2% g	- -	2 4% g	8 2% c	3 3%	1 3%	6 2%	1 1%
Base for stats	500	423	47	12	18	25	31	74	22	66	87	43	31	44	351	110	39	298	77
Mean Score	45.96	45.67 g	46.89 g	46.75	49.78	43.44	43.48	42.59	46.14	45.47 g	46.97 fg	48.88 afg	47.87 g	46.50 g	46.62 c	45.09	42.51	45.60	46.32
Standard Deviation	8.446	8.421	8.331	9.127	8.468	7.567	7.201	6.018	6.833	7.677	7.549	10.948	13.356	7.633	8.461	8.319	7.786	8.099	10.043
Standard Error	.378	.409	1.215	2.635	1.996	1.513	1.293	.700	1.457	.945	.809	1.670	2.399	1.151	.452	.793	1.247	.469	1.144
Error variance	.14	.17	1.48	6.94	3.98	2.29	1.67	.49	2.12	.89	.66	2.79	5.75	1.32	.20	.63	1.55	.22	1.31

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D2. How old are you?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	Total	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Under 40	124 24%	97 25%	25 23%	80 31%	33 16%	107 26%	17 17%
40-44	105 21%	84 22%	20 18%	57 22%	41 20%	90 22%	15 15%
45-49	116 23%	81 21%	31 28%	63 24%	43 21%	96 23%	20 20%
50+	155 30%	115 30%	30 27%	57 22%	85 41%	113 27%	42 43%
Prefer not to say	12 2%	8 2%	4 4%	4 2%	5 2%	8 2%	4 4%
Base for stats	500	377	106	257	202	406	94
Mean Score	45.96	45.76	45.86	44.42	47.89	45.49	48.02
Standard Deviation	8.446	8.722	7.444	8.146	8.463	8.511	7.878
Standard Error	.378	.449	.723	.508	.595	.422	.813
Error variance	.14	.20	.52	.26	.35	.18	.66

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D3. Where do you live?

BASE: All respondents

Significance Level: 95%

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Scotland	48 9%	27 10%	21 8%	7 6%	15 14% a	11 9%	14 9%
North East	22 4%	15 6%	7 3%	4 3%	6 6%	6 5%	6 4%
North West	67 13%	39 15%	28 11%	20 16%	11 10%	13 11%	22 14%
Yorkshire & The Humber	46 9%	20 8%	26 10%	12 10%	5 5%	10 9%	17 11%
West Midlands	31 6%	15 6%	16 6%	9 7%	7 7%	5 4%	10 6%
East Midlands	26 5%	11 4%	15 6%	8 6%	5 5%	7 6%	5 3%
Wales	19 4%	5 2%	14 6% a	3 2%	1 1%	5 4%	9 6% b
Eastern	31 6%	9 3%	22 9% a	11 9%	8 8%	6 5%	6 4%
London	76 15%	40 15%	36 14%	24 19% d	20 19% d	21 18% d	9 6%
South East	90 18%	43 17%	47 19%	17 14%	15 14%	19 16%	36 23% a
South West	44 9%	26 10%	18 7%	7 6%	9 9%	11 9%	16 10%
Northern Ireland	12 2%	9 3%	3 1%	2 2%	3 3%	2 2%	5 3%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D3. Where do you live?

BASE: All respondents

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Scotland	48 9%	- -	48 100%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	18 5%	28 25%	2 5%	33 11%	8 10%
			afgijklm												ac				
North East	22 4%	22 5%	- -	- -	- -	- -	- -	- 100%	22 -	- -	- -	- -	- -	- -	18 5%	3 3%	1 3%	13 4%	3 4%
		gj																	
North West	67 13%	67 15%	- -	- -	- -	- -	- -	- -	- 100%	67 -	- -	- -	- -	- -	46 13%	14 12%	7 18%	37 12%	9 12%
		bfgjklm							abfgjklm										
Yorkshire & The Humber	46 9%	46 11%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- 100%	46 100%	37 10%	5 4%	4 10%	30 10%	4 5%
		bgijk											abfgijkl						
West Midlands	31 6%	31 7%	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	31 100%	- -	16 4%	10 9%	5 13%	24 8%	4 5%
		gij										abfgijkm				a			
East Midlands	26 5%	26 6%	- -	- -	- 100%	26 -	- -	- -	- -	- -	- -	- -	- -	- -	12 3%	13 12%	1 3%	12 4%	6 8%
		gij														a			
Wales	19 4%	- -	- -	- -	19 100%	- -	- -	- -	- -	- -	- -	- -	- -	- -	14 4%	3 3%	2 5%	11 4%	4 5%
Eastern	31 6%	31 7%	- -	- -	- -	- 100%	31 -	- -	- -	- -	- -	- -	- -	- -	26 7%	3 3%	2 5%	23 8%	2 3%
		gij				abgijklm													
London	76 15%	76 18%	- -	- -	- -	- -	- 76 100%	- -	- -	- -	- -	- -	- -	- -	55 15%	12 11%	9 23%	37 12%	22 28% a
		bfijklm					abfijklm												
South East	90 18%	90 21%	- -	- -	- -	- -	- -	- -	- -	- 90 100%	- -	- -	- -	- -	67 19%	18 16%	5 13%	52 17%	10 13%
		bfgiklm								abfgiklm									
South West	44 9%	44 10%	- -	- -	- -	- -	- -	- -	- -	- -	- -	44 100%	- -	- -	39 11%	4 4%	1 3%	25 8%	6 8%
		bgijm										abfgijlm		b					

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D3. Where do you live?

BASE: All respondents

Significance Level: 95%

	Region													Pre-university exams			Stressed leading up to exams		
	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed	
Total	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512	433	48	12	19	26	31	76	22	67	90	44	31	46	359	113	40	304	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	12	-	-	12	-	-	-	-	-	-	-	-	-	-	11	-	1	7	-
	2%	-	-	100%	-	-	-	-	-	-	-	-	-	-	3%	-	3%	2%	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D3. Where do you live?

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Scotland	48 9%	34 9%	12 11%	28 11%	16 8%	44 11%	4 4%
						b	
North East	22 4%	17 4%	4 4%	10 4%	12 6%	18 4%	4 4%
North West	67 13%	55 14%	12 11%	34 13%	29 14%	58 14%	9 9%
Yorkshire & The Humber	46 9%	30 8%	15 14%	18 7%	23 11%	37 9%	9 9%
West Midlands	31 6%	21 5%	7 6%	16 6%	11 5%	24 6%	7 7%
East Midlands	26 5%	21 5%	4 4%	16 6%	9 4%	21 5%	5 5%
Wales	19 4%	12 3%	7 6%	10 4%	8 4%	14 3%	5 5%
Eastern	31 6%	18 5%	13 12% a	16 6%	12 6%	16 4%	15 15% a
London	76 15%	63 16%	12 11%	56 21% b	14 7%	73 18% b	3 3%
South East	90 18%	67 17%	17 15%	33 13%	47 23% a	64 15%	26 27% a
South West	44 9%	40 10% b	3 3%	19 7%	21 10%	36 9%	8 8%
Northern Ireland	12 2%	7 2%	4 4%	5 2%	5 2%	9 2%	3 3%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D4. Have you ever graduated from university or other higher education institution?

BASE: All respondents

Significance Level: 95%

	Gender		Age				
	Total	Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Yes	414 81%	231 89%	183 72%	107 86%	90 86%	96 83%	113 73%
No	98 19%	28 11%	70 28%	17 14%	15 14%	20 17%	42 27%
			a				ab

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D4. Have you ever graduated from university or other higher education institution?

BASE: All respondents

Significance Level: 95%

	Region													Pre-university exams			Stressed leading up to exams		
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Yes	414 81%	347 80%	44 92%	9 75%	14 74%	21 81%	16 52%	73 96%	18 82%	58 87%	64 71%	36 82%	24 77%	37 80%	272 76%	104 92%	38 95%	246 81%	67 86%
No	98 19%	86 20%	4 8%	3 25%	5 26%	5 19%	15 48%	3 4%	4 18%	9 13%	26 29%	8 18%	7 23%	9 20%	87 24%	9 8%	2 5%	58 19%	11 14%
		f	fj				afijklm			fj		f	f	f		a	a		
		g					abgiklm			g	bgi	g	g	g	bc				

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D4. Have you ever graduated from university or other higher education institution?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No	
Total	a	b	a	b	a	b	
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Yes	414 81%	316 82%	87 79%	236 90%	154 74%	414 100%	- -
No	98 19%	69 18%	23 21%	25 10%	53 26%	- -	98 100%
				a	a		a

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D5. How many children, if any, do you have?

BASE: All respondents

Significance Level: 95%

	Gender		Age				
	Total	Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
1	137 27%	75 29%	62 25%	37 30%	28 27%	25 22%	42 27%
2	229 45%	118 46%	111 44%	54 44%	41 39%	61 53% b	70 45%
3	97 19%	49 19%	48 19%	21 17%	28 27%	19 16%	27 17%
4+	49 10%	17 7%	32 13% a	12 10%	8 8%	11 9%	16 10%
I do not have any children	- -	- -	- -	- -	- -	- -	- -

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D5. How many children, if any, do you have?

BASE: All respondents

Significance Level: 95%

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
1	137 27%	111 26%	17 35%	2 17%	7 37%	6 23%	9 29%	18 24%	8 36%	14 21%	21 23%	15 34%	9 29%	11 24%	91 25%	34 30%	12 30%	89 29%	17 22%
2	229 45%	202 47%	12 25%	7 58%	8 42%	17 65%	11 35%	40 53%	8 36%	30 45%	45 50%	17 39%	11 35%	23 50%	160 45%	52 46%	17 43%	131 43%	44 56%
3	97 19%	79 18%	13 27%	2 17%	3 16%	2 8%	6 19%	16 21%	6 27%	12 18%	19 21%	8 18%	5 16%	5 11%	72 20%	20 18%	5 13%	53 17%	15 19%
4+	49 10%	41 9%	6 13%	1 8%	1 5%	1 4%	5 16%	2 3%	- -	11 16%	5 6%	4 9%	6 19%	7 15%	36 10%	7 6%	6 15%	31 10%	2 3%
I do not have any children	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D5. How many children, if any, do you have?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	Total	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
1	137 27%	96 25%	37 34%	68 26%	59 29%	123 30%	14 14%
						b	
2	229 45%	182 47%	37 34%	119 46%	93 45%	189 46%	40 41%
						b	
3	97 19%	70 18%	24 22%	56 21%	34 16%	74 18%	23 23%
4+	49 10%	37 10%	12 11%	18 7%	21 10%	28 7%	21 21%
							a
I do not have any children	- -	- -	- -	- -	- -	- -	- -

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D6. Have any of your children completed their pre-university exams within the last 4 years? By pre-university exams, we mean the A Levels, Advanced Highers or IB exams that your child completed.

BASE: All respondents

Significance Level: 95%

	Gender		Age				
	Total	Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Yes	479 94%	246 95%	233 92%	115 93%	101 96%	108 93%	144 93%
No	33 6%	13 5%	20 8%	9 7%	4 4%	8 7%	11 7%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D6. Have any of your children completed their pre-university exams within the last 4 years? By pre-university exams, we mean the A Levels, Advanced Highers or IB exams that your child completed.

BASE: All respondents

Significance Level: 95%

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Yes	479 94%	404 93%	46 96%	11 92%	18 95%	25 96%	29 94%	73 96%	21 95%	62 93%	85 94%	41 93%	28 90%	40 87%	334 93%	106 94%	39 98%	287 94%	73 94%
No	33 6%	29 7%	2 4%	1 8%	1 5%	1 4%	2 6%	3 4%	1 5%	5 7%	5 6%	3 7%	3 10%	6 13%	25 7%	7 6%	1 3%	17 6%	5 6%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D6. Have any of your children completed their pre-university exams within the last 4 years? By pre-university exams, we mean the A Levels, Advanced Highers or IB exams that your child completed.

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No	
Total	a	b	a	b	a	b	
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Yes	479 94%	363 94%	102 93%	250 96%	196 95%	393 95%	86 88%
No	33 6%	22 6%	8 7%	11 4%	11 5%	21 5%	12 12%
							a

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D7. Are any of your children currently undertaking undergraduate education at university?

BASE: All respondents

Significance Level: 95%

Total

Yes

No

	Gender		Age			
	Male	Female	Under 40	40-44	45-49	50+
	a	b	a	b	c	d
Total	259	253	124	105	116	155
	100%	100%	100%	100%	100%	100%
Yes	259	253	124	105	116	155
	100%	100%	100%	100%	100%	100%
No	-	-	-	-	-	-
	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D7. Are any of your children currently undertaking undergraduate education at university?

BASE: All respondents

Significance Level: 95%

	Region													Pre-university exams			Stressed leading up to exams		
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512	433	48	12	19	26	31	76	22	67	90	44	31	46	359	113	40	304	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	512	433	48	12	19	26	31	76	22	67	90	44	31	46	359	113	40	304	78
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
No	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D7. Are any of your children currently undertaking undergraduate education at university?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education	
	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
Total	a	b	a	b	a	b
Total	512	110	261	207	414	98
	100%	100%	100%	100%	100%	100%
Yes	512	110	261	207	414	98
	100%	100%	100%	100%	100%	100%
No	-	-	-	-	-	-
	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D8. Which of the following did your child complete to attend university?

BASE: All respondents

Significance Level: 95%

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
A Levels	359 70%	173 67%	186 74%	75 60%	74 70%	83 72%	119 77% a
Advanced Highers	113 22%	65 25%	48 19%	33 27%	20 19%	26 22%	31 20%
BTEC qualification	- -	- -	- -	- -	- -	- -	- -
International Baccalaureate	40 8%	21 8%	19 8%	16 13% d	11 10% d	7 6%	5 3%
Other	- -	- -	- -	- -	- -	- -	- -
Don't know	- -	- -	- -	- -	- -	- -	- -

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D8. Which of the following did your child complete to attend university?

BASE: All respondents

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
A Levels	359 70%	316 73% bl	18 38%	11 92%	14 74%	12 46%	26 84%	55 72% bl	18 82%	46 69% b	67 74% bl	39 89% abgil	16 52%	37 80% bl	359 100% bc	- -	- -	216 71%	53 68%
Advanced Highers	113 22%	82 19%	28 58%	- -	3 16%	13 50%	3 10%	12 16%	3 14%	14 21%	18 20%	4 9%	10 32%	5 11%	- -	113 100% ac	- -	67 22%	18 23%
BTEC qualification	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
International Baccalaureate	40 8%	35 8%	2 4%	1 8%	2 11%	1 4%	2 6%	9 12%	1 5%	7 10%	5 6%	1 2%	5 16% k	4 9%	- -	- -	40 100% ab	21 7%	7 9%
Other	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Don't know	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

D8. Which of the following did your child complete to attend university?

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
A Levels	359 70%	265 69%	81 74%	168 64%	157 76% a	272 66%	87 89% a
Advanced Highers	113 22%	89 23%	20 18%	71 27% b	36 17%	104 25% b	9 9%
BTEC qualification	-	-	-	-	-	-	-
International Baccalaureate	40 8%	31 8%	9 8%	22 8%	14 7%	38 9% b	2 2%
Other	-	-	-	-	-	-	-
Don't know	-	-	-	-	-	-	-

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q1. On a scale of 0 to 10, where 0 = very relaxed and 10 = very stressed, how did you feel during your child's pre-university exams?

BASE: All respondents

Significance Level: 95%

		Gender		Age				
		Total	Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
0 - Very relaxed	(0.0)	24 5%	14 5%	10 4%	3 2%	3 3%	8 7%	10 6%
1	(1.0)	9 2%	6 2%	3 1%	1 1%	5 5% d	1 1%	1 1%
2	(2.0)	22 4%	13 5%	9 4%	5 4%	4 4%	4 3%	9 6%
3	(3.0)	23 4%	9 3%	14 6%	11 9% bd	1 1%	7 6% b	4 3%
4	(4.0)	19 4%	12 5%	7 3%	7 6%	3 3%	4 3%	4 3%
5 - Neither relaxed not stressed	(5.0)	55 11%	27 10%	28 11%	11 9%	7 7%	13 11%	21 14%
6	(6.0)	56 11%	27 10%	29 11%	14 11%	6 6%	16 14% b	19 12%
7	(7.0)	104 20%	57 22%	47 19%	24 19%	23 22%	20 17%	36 23%
8	(8.0)	102 20%	54 21%	48 19%	22 18%	26 25%	25 22%	29 19%
9	(9.0)	44 9%	20 8%	24 9%	12 10%	8 8%	12 10%	12 8%
10 - Very stressed	(10.0)	54 11%	20 8%	34 13% a	14 11%	19 18% cd	6 5%	10 6%
Don't Know		- -	- -	- -	- -	- -	- -	- -
NET: 0-3		78 15%	42 16%	36 14%	20 16%	13 12%	20 17%	24 15%
NET: 4-6		130 25%	66 25%	64 25%	32 26%	16 15%	33 28% b	44 28% b
NET: 7-10		304 59%	151 58%	153 60%	72 58%	76 72% acd	63 54%	87 56%
Base for stats		512	259	253	124	105	116	155
Mean Score		6.42	6.24	6.62	6.48	6.95 cd	6.16	6.18

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q1. On a scale of 0 to 10, where 0 = very relaxed and 10 = very stressed, how did you feel during your child's pre-university exams?

BASE: All respondents

Significance Level: 95%

Total

Standard Deviation

Standard Error

Error variance

Total	Gender		Age			
	Male	Female	Under 40	40-44	45-49	50+
	a	b	a	b	c	d
512	259	253	124	105	116	155
100%	100%	100%	100%	100%	100%	100%
2.602	2.624	2.570	2.497	2.654	2.621	2.570
.115	.163	.162	.224	.259	.243	.206
.01	.03	.03	.05	.07	.06	.04

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q1. On a scale of 0 to 10, where 0 = very relaxed and 10 = very stressed, how did you feel during your child's pre-university exams?

BASE: All respondents

		Region													Pre-university exams			Stressed leading up to exams		
		Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Significance Level: 95%																				
Total		512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
0 - Very relaxed	(0.0)	24 5%	21 5%	1 2%	- -	2 11%	1 4%	1 3%	9 12% aij	1 5%	2 3%	2 2%	1 2%	1 3%	3 7%	19 5%	3 3%	2 5%	- -	24 31% a
1	(1.0)	9 2%	5 1%	3 6% aj	- -	1 5%	2 8%	- -	1 1%	- -	2 3%	- -	- -	- -	- -	5 1%	3 3%	1 3%	- -	9 12% a
2	(2.0)	22 4%	20 5%	2 4%	- -	- -	1 4%	- -	6 8%	- -	1 1%	6 7%	3 7%	2 6%	1 2%	15 4%	5 4%	2 5%	- -	22 28% a
3	(3.0)	23 4%	20 5%	2 4%	- -	1 5%	2 8%	1 3%	6 8%	2 9%	4 6%	2 2%	2 5%	1 3%	- -	14 4%	7 6%	2 5%	- -	23 29% a
4	(4.0)	19 4%	19 4%	- -	- -	- -	- -	- -	4 5%	- -	4 6%	4 4%	2 5%	1 3%	4 9% b	13 4%	2 2%	4 10% b	- -	- -
5 - Neither relaxed not stressed	(5.0)	55 11%	50 12% l	2 4%	2 17%	1 5%	4 15%	1 3%	8 11%	1 5%	10 15% l	14 16% bl	7 16% l	- -	5 11%	42 12%	11 10%	2 5%	- -	- -
6	(6.0)	56 11%	45 10%	5 10%	3 25%	3 16%	4 15%	5 16%	5 7%	5 23%	7 10%	10 11%	4 9%	2 6%	3 7%	35 10%	15 13%	6 15%	- -	- -
7	(7.0)	104 20%	93 21%	5 10%	4 33%	2 11%	1 4%	8 26%	14 18%	3 14%	12 18%	24 27% b	13 30% b	10 32% b	8 17%	78 22%	16 14%	10 25%	104 34% b	- -
8	(8.0)	102 20%	85 20%	12 25%	1 8%	4 21%	7 27%	9 29%	10 13%	6 27%	14 21%	16 18%	7 16%	5 16%	11 24%	68 19%	28 25%	6 15%	102 34% b	- -
9	(9.0)	44 9%	32 7%	7 15%	2 17%	3 16%	3 12%	2 6%	5 7%	3 14%	3 4%	5 6%	3 7%	2 6%	6 13%	33 9%	8 7%	3 8%	44 14% b	- -
10 - Very stressed	(10.0)	54 11%	43 10%	9 19% k	- -	2 11%	1 4%	4 13%	8 11%	1 5%	8 12%	7 8%	2 5%	7 23% ajk	5 11%	37 10%	15 13%	2 5%	54 18% b	- -
Don't Know		- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: 0-3		78 15%	66 15%	8 17%	- -	4 21%	6 23%	2 6% afijm	22 29%	3 14%	9 13%	10 11%	6 14%	4 13%	4 9%	53 15%	18 16%	7 18%	- -	78 100% a



Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q1. On a scale of 0 to 10, where 0 = very relaxed and 10 = very stressed, how did you feel during your child's pre-university exams?

BASE: All respondents

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
NET: 4-6	130 25%	114 26%	7 15%	5 42%	4 21%	8 31%	6 19%	17 22%	6 27%	21 31%	28 31%	13 30%	3 10%	12 26%	90 25%	28 25%	12 30%	- -	- -
NET: 7-10	304 59%	253 58%	33 69%	7 58%	11 58%	12 46%	23 74%	37 49%	13 59%	37 55%	52 58%	25 57%	24 77%	30 65%	216 60%	67 59%	21 53%	304 100%	- -
Base for stats	512	433	48	12	19	26	31	76	22	67	90	44	31	46	359	113	40	304	78
Mean Score	6.42	6.35	7.02	6.83	6.32	5.92	7.23	5.53	6.68	6.37	6.39	6.20	7.13	6.72	6.42	6.59	5.95	8.16	1.56
Standard Deviation	2.602	2.574	2.817	1.337	3.181	2.799	2.045	3.126	2.338	2.504	2.242	2.237	2.592	2.613	2.613	2.580	2.572	1.085	1.212
Standard Error	.115	.124	.407	.386	.730	.549	.367	.359	.498	.306	.236	.337	.465	.385	.138	.243	.407	.062	.137
Error variance	.01	.02	.17	.15	.53	.30	.13	.13	.25	.09	.06	.11	.22	.15	.02	.06	.17	*	.02



Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q1. On a scale of 0 to 10, where 0 = very relaxed and 10 = very stressed, how did you feel during your child's pre-university exams?

BASE: All respondents

Significance Level: 95%

		Total	Support for exam stress		Clearing		Higher education	
			NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
			a	b	a	b	a	b
Total		512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
0 - Very relaxed	(0.0)	24 5%	23 6%	-	19 7%	3 1%	22 5%	2 2%
			b		b			
1	(1.0)	9 2%	7 2%	2 2%	5 2%	4 2%	9 2%	- -
2	(2.0)	22 4%	19 5%	-	6 2%	10 5%	15 4%	7 7%
			b					
3	(3.0)	23 4%	17 4%	4 4%	13 5%	7 3%	21 5%	2 2%
4	(4.0)	19 4%	17 4%	2 2%	8 3%	8 4%	17 4%	2 2%
5 - Neither relaxed not stressed	(5.0)	55 11%	43 11%	8 7%	28 11%	19 9%	39 9%	16 16% a
6	(6.0)	56 11%	43 11%	12 11%	25 10%	27 13%	45 11%	11 11%
7	(7.0)	104 20%	85 22%	18 16%	48 18%	52 25%	81 20%	23 23%
8	(8.0)	102 20%	70 18%	27 25%	50 19%	44 21%	84 20%	18 18%
9	(9.0)	44 9%	29 8%	15 14% a	26 10%	16 8%	38 9%	6 6%
10 - Very stressed	(10.0)	54 11%	32 8%	22 20% a	33 13%	17 8%	43 10%	11 11%
Don't Know		-	-	-	-	-	-	-
NET: 0-3		78 15%	66 17% b	6 5%	43 16%	24 12%	67 16%	11 11%
NET: 4-6		130 25%	103 27%	22 20%	61 23%	54 26%	101 24%	29 30%
NET: 7-10		304 59%	216 56%	82 75% a	157 60%	129 62%	246 59%	58 59%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q1. On a scale of 0 to 10, where 0 = very relaxed and 10 = very stressed, how did you feel during your child's pre-university exams?

BASE: All respondents

Significance Level: 95%

Total

Base for stats

Mean Score

Standard Deviation

Standard Error

Error variance

Total	Support for exam stress		Clearing		Higher education	
	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
	a	b	a	b	a	b
512	385	110	261	207	414	98
100%	100%	100%	100%	100%	100%	100%
512	385	110	261	207	414	98
6.42	6.16	7.55	6.43	6.59	6.39	6.56
		a				
2.602	2.651	2.030	2.804	2.262	2.667	2.316
.115	.135	.194	.174	.157	.131	.234
.01	.02	.04	.03	.02	.02	.05

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q2. Which of the following words, if any, would you use to describe how you felt during your child's pre-university exams?

BASE: All respondents

Significance Level: 95%

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Nervous	264 52%	116 45%	148 58%	52 42%	59 56%	61 53%	84 54%
			a		a		a
Optimistic	207 40%	118 46%	89 35%	38 31%	46 44%	52 45%	70 45%
			b		a		a
Excited	159 31%	94 36%	65 26%	41 33%	35 33%	36 31%	44 28%
			b				
Fearful	119 23%	51 20%	68 27%	36 29%	25 24%	23 20%	33 21%
Scared	112 22%	47 18%	65 26%	35 28%	30 29%	24 21%	19 12%
			a	d	d		
Happy	102 20%	57 22%	45 18%	31 25%	21 20%	24 21%	23 15%
				d			
Comfortable	77 15%	45 17%	32 13%	18 15%	18 17%	18 16%	22 14%
Neutral	54 11%	35 14%	19 8%	14 11%	10 10%	18 16%	12 8%
			b			d	
Pessimistic	36 7%	18 7%	18 7%	18 15%	8 8%	5 4%	4 3%
				cd			
Other	3 1%	1 *	2 1%	1 1%	- -	- -	2 1%
None of the above	3 1%	2 1%	1 *	1 1%	- -	- -	2 1%
NET: Positive	340 66%	185 71%	155 61%	83 67%	67 64%	79 68%	106 68%
			b				
NET: Negative	334 65%	155 60%	179 71%	85 69%	74 70%	70 60%	95 61%
			a				

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q2. Which of the following words, if any, would you use to describe how you felt during your child's pre-university exams?

BASE: All respondents

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Nervous	264 52%	221 51%	27 56%	6 50%	10 53%	11 42%	19 61%	26 34%	12 55%	36 54%	53 59%	20 45%	15 48%	29 63%	201 56%	54 48%	9 23%	198 65%	11 14%
		g	g				g		g	g			g	c	c		b		
Optimistic	207 40%	173 40%	24 50%	3 25%	7 37%	9 35%	14 45%	35 46%	10 45%	21 31%	39 43%	19 43%	12 39%	14 30%	151 42%	38 34%	18 45%	114 38%	33 42%
			i																
Excited	159 31%	137 32%	17 35%	2 17%	3 16%	7 27%	4 13%	35 46%	11 50%	20 30%	21 23%	15 34%	7 23%	17 37%	114 32%	34 30%	11 28%	92 30%	30 38%
		f	f				afijl					f	f						
Fearful	119 23%	99 23%	12 25%	2 17%	6 32%	6 23%	5 16%	20 26%	5 23%	17 25%	19 21%	7 16%	10 32%	10 22%	77 21%	33 29%	9 23%	95 31%	7 9%
																		b	
Scared	112 22%	86 20%	19 40%	3 25%	4 21%	5 19%	5 16%	18 24%	3 14%	13 19%	11 12%	8 18%	11 35%	12 26%	77 21%	27 24%	8 20%	95 31%	5 6%
			afijk										aj	j			b		
Happy	102 20%	89 21%	9 19%	3 25%	1 5%	7 27%	3 10%	25 33%	4 18%	9 13%	18 20%	9 20%	7 23%	7 15%	71 20%	24 21%	7 18%	50 16%	32 41%
							afim											a	
Comfortable	77 15%	67 15%	8 17%	- -	2 11%	6 23%	1 3%	21 28%	4 18%	6 9%	10 11%	6 14%	5 16%	8 17%	49 14%	21 19%	7 18%	26 9%	33 42%
							afij											a	
Neutral	54 11%	46 11%	6 13%	2 17%	- -	2 8%	2 6%	10 13%	1 5%	8 12%	8 9%	4 9%	3 10%	8 17%	30 8%	17 15%	7 18%	25 8%	11 14%
																a			
Pessimistic	36 7%	31 7%	3 6%	2 17%	- -	2 8%	3 10%	6 8%	2 9%	4 6%	5 6%	3 7%	1 3%	5 11%	22 6%	9 8%	5 13%	24 8%	6 8%
Other	3 1%	3 1%	- -	- -	- -	- -	- -	- -	- -	- -	2 2%	- -	- -	1 2%	3 1%	- -	- -	3 1%	- -
None of the above	3 1%	2 *	- -	1 8%	- -	- -	1 3%	- -	- -	- -	1 1%	- -	- -	- -	2 1%	1 1%	- -	1 *	- -
NET: Positive	340 66%	290 67%	32 67%	7 58%	11 58%	17 65%	16 52%	61 80%	15 68%	43 64%	56 62%	33 75%	20 65%	29 63%	235 65%	77 68%	28 70%	188 62%	63 81%
							afijm				f							a	
NET: Negative	334 65%	281 65%	33 69%	8 67%	12 63%	17 65%	21 68%	42 55%	17 77%	45 67%	59 66%	25 57%	21 68%	34 74%	241 67%	72 64%	21 53%	243 80%	22 28%
													g				b		



Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q2. Which of the following words, if any, would you use to describe how you felt during your child's pre-university exams?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	Total	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Nervous	264 52%	189 49%	70 64% a	117 45%	121 58% a	198 48%	66 67% a
Optimistic	207 40%	169 44% b	32 29%	104 40%	82 40%	163 39%	44 45%
Excited	159 31%	134 35% b	24 22%	83 32%	60 29%	130 31%	29 30%
Fearful	119 23%	77 20%	38 35% a	61 23%	50 24%	106 26% b	13 13%
Scared	112 22%	73 19%	37 34% a	62 24%	37 18%	93 22%	19 19%
Happy	102 20%	87 23% b	13 12%	67 26% b	27 13%	82 20%	20 20%
Comfortable	77 15%	68 18% b	5 5%	50 19% b	23 11%	66 16%	11 11%
Neutral	54 11%	39 10%	12 11%	33 13%	18 9%	45 11%	9 9%
Pessimistic	36 7%	23 6%	13 12% a	22 8%	11 5%	32 8%	4 4%
Other	3 1%	- -	3 3% a	- -	3 1%	3 1%	- -
None of the above	3 1%	1 *	1 1%	1 *	2 1%	2 *	1 1%
NET: Positive	340 66%	276 72% b	54 49%	187 72% b	122 59%	277 67%	63 64%
NET: Negative	334 65%	240 62%	87 79% a	162 62%	142 69%	264 64%	70 71%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q3. To what extent are you satisfied or dissatisfied with the level of support available for young people experiencing pre-university exam stress?

BASE: All respondents

		Gender		Age				
		Total	Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Significance Level: 95%								
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very satisfied	(4.0)	111 22%	65 25%	46 18%	26 21%	27 26%	28 24%	27 17%
Fairly satisfied	(3.0)	274 54%	141 54%	133 53%	71 57%	57 54%	53 46%	88 57%
Fairly dissatisfied	(2.0)	89 17%	39 15%	50 20%	18 15%	15 14%	25 22%	29 19%
Very dissatisfied	(1.0)	21 4%	5 2%	16 6% a	7 6% d	5 5% d	6 5% d	1 1%
Don't know		17 3%	9 3%	8 3%	2 2%	1 1%	4 3%	10 6% ab
NET: Satisfied		385 75%	206 80% b	179 71%	97 78%	84 80%	81 70%	115 74%
NET: Dissatisfied		110 21%	44 17%	66 26% a	25 20%	20 19%	31 27%	30 19%
Base for stats		495	250	245	122	104	112	145
Mean Score		2.96	3.06 b	2.85	2.95	3.02	2.92	2.97
Standard Deviation		.757	.703	.796	.770	.776	.829	.645
Standard Error		.034	.044	.051	.070	.076	.078	.054
Error variance		*	*	*	*	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q3. To what extent are you satisfied or dissatisfied with the level of support available for young people experiencing pre-university exam stress?

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very satisfied (4.0)	111 22%	94 22%	11 23%	2 17%	4 21%	5 19%	3 10%	30 39% afijlm	3 14%	14 21%	12 13%	13 30%	4 13%	10 22%	79 22%	28 25%	4 10%	50 16%	35 45% a
Fairly satisfied (3.0)	274 54%	238 55%	23 48%	5 42%	8 42%	16 62%	15 48%	33 43%	14 64%	41 61%	55 61%	27 61%	17 55%	20 43%	186 52%	61 54%	27 68%	166 55%	31 40% b
Fairly dissatisfied (2.0)	89 17%	68 16%	10 21%	4 33%	7 37%	2 8%	10 32% agik	10 13%	3 14%	7 10%	16 18%	3 7%	5 16%	12 26% ik	68 19%	15 13%	6 15%	66 22%	4 5% b
Very dissatisfied (1.0)	21 4%	19 4%	2 4%	- -	- -	2 8%	3 10% jk	2 3%	1 5%	5 7% j	1 1%	- -	2 6%	3 7%	13 4%	5 4%	3 8%	16 5%	2 3%
Don't know	17 3%	14 3%	2 4%	1 8%	- -	1 4%	- -	1 1%	1 5%	- -	6 7% i	1 2%	3 10% gi	1 2%	13 4%	4 4%	- -	6 2%	6 8% a
NET: Satisfied	385 75%	332 77% f	34 71%	7 58%	12 63%	21 81%	18 58%	63 83% fm	17 77%	55 82% fm	67 74%	40 91% abfijlm	21 68%	30 65%	265 74%	89 79%	31 78%	216 71%	66 85% a
NET: Dissatisfied	110 21%	87 20% k	12 25% k	4 33%	7 37%	4 15%	13 42% agijk	12 16%	4 18%	12 18%	17 19%	3 7%	7 23%	15 33% agk	81 23%	20 18%	9 23%	82 27% b	6 8%
Base for stats	495	419	46	11	19	25	31	75	21	67	84	43	28	45	346	109	40	298	72
Mean Score	2.96	2.97 f	2.93	2.82	2.84	2.96	2.58	3.21 afjm	2.90	2.96 f	2.93 f	3.23 abfijlm	2.82	2.82	2.96	3.03	2.80	2.84	3.38 a
Standard Deviation	.757	.754	.800	.751	.765	.790	.807	.776	.700	.787	.617	.571	.772	.860	.758	.763	.723	.762	.721
Standard Error	.034	.037	.118	.226	.175	.158	.145	.090	.153	.096	.067	.087	.146	.128	.041	.073	.114	.044	.085
Error variance	*	*	.01	.05	.03	.02	.02	.01	.02	.01	*	.01	.02	.02	*	.01	.01	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q3. To what extent are you satisfied or dissatisfied with the level of support available for young people experiencing pre-university exam stress?

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very satisfied (4.0)	111 22%	111 29%	-	83 32%	24 12%	95 23%	16 16%
Fairly satisfied (3.0)	274 54%	274 71%	-	130 50%	112 54%	221 53%	53 54%
Fairly dissatisfied (2.0)	89 17%	-	89 81%	39 15%	46 22%	72 17%	17 17%
Very dissatisfied (1.0)	21 4%	-	21 19%	6 2%	14 7%	15 4%	6 6%
Don't know	17 3%	-	-	3 1%	11 5%	11 3%	6 6%
NET: Satisfied	385 75%	385 100%	-	213 82%	136 66%	316 76%	69 70%
NET: Dissatisfied	110 21%	-	110 100%	45 17%	60 29%	87 21%	23 23%
Base for stats	495	385	110	258	196	403	92
Mean Score	2.96	3.29	1.81	3.12	2.74	2.98	2.86
Standard Deviation	.757	.454	.395	.743	.762	.751	.779
Standard Error	.034	.023	.038	.046	.054	.037	.081
Error variance	*	*	*	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4. SUMMARY: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Very stressful	Fairly stressful	Not very stressful	Not at all stressful	Don't know	Not experienced	NET: Stressful	NET: Not stressful
Moving house	512 100%	205 40%	175 34%	80 16%	40 8%	7 1%	5 1%	380 74%	120 23%
Separation from a partner	512 100%	260 51%	121 24%	58 11%	25 5%	14 3%	34 7%	381 74%	83 16%
Losing or changing a job	512 100%	215 42%	179 35%	72 14%	28 5%	6 1%	12 2%	394 77%	100 20%
Seeing a child go through exams	512 100%	131 26%	243 47%	94 18%	41 8%	3 1%	-	374 73%	135 26%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.1. Moving house: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Significance Level: 95%	Total	Gender		Age			
			Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful	(4.0)	205 40%	96 37%	109 43%	39 31%	48 46% a	46 40%	69 45% a
Fairly stressful	(3.0)	175 34%	86 33%	89 35%	47 38%	30 29%	36 31%	57 37%
Not very stressful	(2.0)	80 16%	48 19%	32 13%	20 16%	18 17%	23 20% d	17 11%
Not at all stressful	(1.0)	40 8%	23 9%	17 7%	15 12% d	8 8%	9 8%	7 5%
Don't know		7 1%	5 2%	2 1%	3 2%	- -	2 2%	2 1%
Not experienced		5 1%	1 *	4 2%	- -	1 1%	- -	3 2%
NET: Stressful		380 74%	182 70%	198 78% a	86 69%	78 74%	82 71%	126 81% ac
NET: Not stressful		120 23%	71 27% b	49 19%	35 28% d	26 25%	32 28% d	24 15%
Base for stats		500	253	247	121	104	114	150
Mean Score		3.09	3.01	3.17 a	2.91	3.13	3.04	3.25 a
Standard Deviation		.940	.968	.905	.992	.966	.963	.837
Standard Error		.042	.061	.058	.090	.095	.090	.068
Error variance		*	*	*	.01	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.1. Moving house: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	205 40%	175 40%	19 40%	3 25%	8 42%	8 31%	10 32%	32 42%	12 55%	24 36%	42 47%	17 39%	12 39%	18 39%	157 44%	40 35%	8 20%	137 45%	20 26%
Fairly stressful (3.0)	175 34%	140 32%	18 38%	7 58%	10 53%	11 42%	15 48%	18 24%	3 14%	23 34%	27 30%	15 34%	9 29%	19 41%	122 34%	40 35%	13 33%	104 34%	23 29%
Not very stressful (2.0)	80 16%	73 17%	5 10%	1 8%	1 5%	3 12%	2 6%	16 21%	5 23%	10 15%	17 19%	8 18%	6 19%	6 13%	52 14%	15 13%	13 33%	40 13%	19 24%
Not at all stressful (1.0)	40 8%	34 8%	5 10%	1 8%	-	2 8%	3 10%	10 13%	2 9%	5 7%	3 3%	4 9%	3 10%	2 4%	21 6%	14 12%	5 13%	15 5%	14 18%
Don't know	7 1%	6 1%	1 2%	-	-	2 8%	1 3%	-	-	3 4%	-	-	-	-	3 1%	4 4%	-	3 1%	2 3%
Not experienced	5 1%	5 1%	-	-	-	-	-	-	-	2 3%	1 1%	-	1 3%	1 2%	4 1%	-	1 3%	5 2%	-
NET: Stressful	380 74%	315 73%	37 77%	10 83%	18 95%	19 73%	25 81%	50 66%	15 68%	47 70%	69 77%	32 73%	21 68%	37 80%	279 78%	80 71%	21 53%	241 79%	43 55%
NET: Not stressful	120 23%	107 25%	10 21%	2 17%	1 5%	5 19%	5 16%	26 34%	7 32%	15 22%	20 22%	12 27%	9 29%	8 17%	73 20%	29 26%	18 45%	55 18%	33 42%
Base for stats	500	422	47	12	19	24	30	76	22	62	89	44	30	45	352	109	39	296	76
Mean Score	3.09	3.08	3.09	3.00	3.37	3.04	3.07	2.95	3.14	3.06	3.21	3.02	3.00	3.18	3.18	2.97	2.62	3.23	2.64
Standard Deviation	.940	.952	.974	.853	.597	.908	.907	1.082	1.082	.939	.872	.976	1.017	.834	.896	1.013	.963	.867	1.067
Standard Error	.042	.046	.142	.246	.137	.185	.166	.124	.231	.119	.092	.147	.186	.124	.048	.097	.154	.050	.122
Error variance	*	*	.02	.06	.02	.03	.03	.02	.05	.01	.01	.02	.03	.02	*	.01	.02	*	.01



Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.1. Moving house: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
Significance Level: 95%		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	205 40%	148 38%	48 44%	107 41%	78 38%	160 39%	45 46%
Fairly stressful (3.0)	175 34%	134 35%	36 33%	79 30%	82 40% a	141 34%	34 35%
Not very stressful (2.0)	80 16%	63 16%	16 15%	46 18%	30 14%	68 16%	12 12%
Not at all stressful (1.0)	40 8%	32 8%	6 5%	24 9%	11 5%	37 9%	3 3%
Don't know	7 1%	4 1%	3 3%	4 2%	3 1%	6 1%	1 1%
Not experienced	5 1%	4 1%	1 1%	1 *	3 1%	2 *	3 3% a
NET: Stressful	380 74%	282 73%	84 76%	186 71%	160 77%	301 73%	79 81%
NET: Not stressful	120 23%	95 25%	22 20%	70 27%	41 20%	105 25% b	15 15%
Base for stats	500	377	106	256	201	406	94
Mean Score	3.09	3.06	3.19	3.05	3.13	3.04	3.29 a
Standard Deviation	.940	.948	.896	.987	.862	.963	.812
Standard Error	.042	.049	.087	.062	.061	.048	.084
Error variance	*	*	.01	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.2. Separation from a partner: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

		Gender		Age				
		Total	Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Significance Level: 95%								
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful	(4.0)	260 51%	127 49%	133 53%	43 35%	61 58% a	65 56% a	87 56% a
Fairly stressful	(3.0)	121 24%	63 24%	58 23%	43 35% cd	24 23%	22 19%	29 19%
Not very stressful	(2.0)	58 11%	30 12%	28 11%	23 19% cd	11 10%	10 9%	9 6%
Not at all stressful	(1.0)	25 5%	14 5%	11 4%	10 8% b	1 1%	7 6% b	7 5%
Don't know		14 3%	8 3%	6 2%	3 2%	2 2%	4 3%	5 3%
Not experienced		34 7%	17 7%	17 7%	2 2%	6 6%	8 7% a	18 12% a
NET: Stressful		381 74%	190 73%	191 75%	86 69%	85 81% a	87 75%	116 75%
NET: Not stressful		83 16%	44 17%	39 15%	33 27% bcd	12 11%	17 15%	16 10%
Base for stats		464	234	230	119	97	104	132
Mean Score		3.33	3.29	3.36	3.00	3.49 a	3.39 a	3.48 a
Standard Deviation		.892	.909	.874	.948	.738	.918	.842
Standard Error		.041	.059	.058	.087	.075	.090	.073
Error variance		*	*	*	.01	.01	.01	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.2. Separation from a partner: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful	(4.0) 260 51%	216 50%	27 56%	7 58%	10 53%	10 38%	12 39%	41 54%	12 55%	30 45%	53 59%	19 43%	18 58%	21 46%	189 53%	54 48%	17 43%	166 55%	30 38%
Fairly stressful	(3.0) 121 24%	106 24%	11 23%	1 8%	3 16%	5 19%	13 42% agj	16 21%	3 14%	19 28%	14 16%	12 27%	7 23%	17 37% j	90 25%	21 19%	10 25%	75 25%	16 21%
Not very stressful	(2.0) 58 11%	48 11%	5 10%	3 25%	2 11%	8 31%	2 6%	10 13%	2 9%	8 12%	6 7%	5 11%	3 10%	4 9%	28 8%	24 21% a	6 15%	28 9%	13 17%
Not at all stressful	(1.0) 25 5%	21 5%	1 2%	1 8%	2 11%	1 4%	2 6%	3 4%	2 9%	3 4%	8 9% k	- -	1 3%	1 2%	14 4%	7 6%	4 10%	8 3%	7 9% a
Don't know	14 3%	13 3%	1 2%	- -	- -	2 8%	1 3%	2 3%	1 5%	3 4%	3 3%	1 2%	- -	- -	9 3%	2 2%	3 8%	7 2%	2 3%
Not experienced	34 7%	29 7%	3 6%	- -	2 11%	- -	1 3%	4 5%	2 9%	4 6%	6 7%	7 16% a	2 6%	3 7%	29 8%	5 4%	- -	20 7%	10 13%
NET: Stressful	381 74%	322 74%	38 79%	8 67%	13 68%	15 58%	25 81%	57 75%	15 68%	49 73%	67 74%	31 70%	25 81%	38 83%	279 78% b	75 66%	27 68%	241 79% b	46 59%
NET: Not stressful	83 16%	69 16%	6 13%	4 33%	4 21%	9 35%	4 13%	13 17%	4 18%	11 16%	14 16%	5 11%	4 13%	5 11%	42 12%	31 27% a	10 25% a	36 12%	20 26% a
Base for stats	464	391	44	12	17	24	29	70	19	60	81	36	29	43	321	106	37	277	66
Mean Score	3.33	3.32	3.45	3.17	3.24	3.00	3.21	3.36	3.32	3.27	3.38	3.39	3.45	3.35	3.41 bc	3.15	3.08	3.44 b	3.05
Standard Deviation	.892	.888	.791	1.115	1.091	.978	.861	.885	1.057	.880	.995	.728	.827	.752	.825	.993	1.038	.790	1.044
Standard Error	.041	.045	.119	.322	.265	.200	.160	.106	.242	.114	.111	.121	.154	.115	.046	.096	.171	.047	.129
Error variance	*	*	.01	.10	.07	.04	.03	.01	.06	.01	.01	.01	.02	.01	*	.01	.03	*	.02



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Q4.2. Separation from a partner: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	260 51%	189 49%	59 54%	123 47%	114 55%	205 50%	55 56%
Fairly stressful (3.0)	121 24%	94 24%	25 23%	75 29%	33 16%	102 25%	19 19%
Not very stressful (2.0)	58 11%	48 12%	10 9%	36 14%	19 9%	50 12%	8 8%
Not at all stressful (1.0)	25 5%	16 4%	7 6%	10 4%	13 6%	20 5%	5 5%
Don't know	14 3%	12 3%	1 1%	7 3%	6 3%	9 2%	5 5%
Not experienced	34 7%	26 7%	8 7%	10 4%	22 11%	28 7%	6 6%
NET: Stressful	381 74%	283 74%	84 76%	198 76%	147 71%	307 74%	74 76%
NET: Not stressful	83 16%	64 17%	17 15%	46 18%	32 15%	70 17%	13 13%
Base for stats	464	347	101	244	179	377	87
Mean Score	3.33	3.31	3.35	3.27	3.39	3.31	3.43
Standard Deviation	.892	.878	.921	.862	.943	.893	.884
Standard Error	.041	.047	.092	.055	.071	.046	.095
Error variance	*	*	.01	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.3. Losing or changing a job: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

		Gender		Age				
		Total	Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Significance Level: 95%								
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful	(4.0)	215 42%	106 41%	109 43%	48 39%	56 53% ac	40 34%	67 43%
Fairly stressful	(3.0)	179 35%	86 33%	93 37%	40 32%	26 25%	49 42% b	58 37% b
Not very stressful	(2.0)	72 14%	40 15%	32 13%	20 16%	16 15%	18 16%	17 11%
Not at all stressful	(1.0)	28 5%	18 7%	10 4%	13 10% cd	5 5%	4 3%	5 3%
Don't know		6 1%	2 1%	4 2%	- -	1 1%	2 2%	3 2%
Not experienced		12 2%	7 3%	5 2%	3 2%	1 1%	3 3%	5 3%
NET: Stressful		394 77%	192 74%	202 80%	88 71%	82 78%	89 77%	125 81%
NET: Not stressful		100 20%	58 22%	42 17%	33 27% d	21 20%	22 19%	22 14%
Base for stats		494	250	244	121	103	111	147
Mean Score		3.18	3.12	3.23	3.02	3.29 a	3.13	3.27 a
Standard Deviation		.882	.928	.831	1.000	.903	.810	.799
Standard Error		.040	.059	.053	.091	.089	.077	.066
Error variance		*	*	*	.01	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.3. Losing or changing a job: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	215 42%	178 41%	24 50%	6 50%	7 37%	11 42%	7 23%	33 43%	10 45%	26 39%	38 42%	19 43%	18 58%	16 35%	157 44%	48 42%	10 25%	160 53%	23 29%
Fairly stressful (3.0)	179 35%	156 36%	13 27%	3 25%	7 37%	8 31%	20 65%	24 32%	8 36%	19 28%	31 34%	13 30%	11 35%	22 48%	131 36%	32 28%	16 40%	90 30%	20 26%
Not very stressful (2.0)	72 14%	63 15%	4 8%	1 8%	4 21%	7 27%	4 13%	10 13%	1 5%	12 18%	15 17%	7 16%	2 6%	5 11%	44 12%	20 18%	8 20%	38 13%	15 19%
Not at all stressful (1.0)	28 5%	21 5%	5 10%	2 17%	- -	- -	- -	6 8%	2 9%	4 6%	4 4%	2 5%	- -	3 7%	15 4%	9 8%	4 10%	9 3%	13 17%
Don't know	6 1%	5 1%	1 2%	- -	- -	- -	- -	1 1%	- -	2 3%	1 1%	1 2%	- -	- -	3 1%	1 1%	2 5%	3 1%	2 3%
Not experienced	12 2%	10 2%	1 2%	- -	1 5%	- -	- -	2 3%	1 5%	4 6%	1 1%	2 5%	- -	- -	9 3%	3 3%	- -	4 1%	5 6%
NET: Stressful	394 77%	334 77%	37 77%	9 75%	14 74%	19 73%	27 87%	57 75%	18 82%	45 67%	69 77%	32 73%	29 94%	38 83%	288 80%	80 71%	26 65%	250 82%	43 55%
NET: Not stressful	100 20%	84 19%	9 19%	3 25%	4 21%	7 27%	4 13%	16 21%	3 14%	16 24%	19 21%	9 20%	2 6%	8 17%	59 16%	29 26%	12 30%	47 15%	28 36%
Base for stats	494	418	46	12	18	26	31	73	21	61	88	41	31	46	347	109	38	297	71
Mean Score	3.18	3.17	3.22	3.08	3.17	3.15	3.10	3.15	3.24	3.10	3.17	3.20	3.52	3.11	3.24	3.09	2.84	3.35	2.75
Standard Deviation	.882	.865	1.009	1.165	.786	.834	.597	.953	.944	.943	.874	.901	.626	.849	.835	.977	.945	.817	1.105
Standard Error	.040	.042	.149	.336	.185	.164	.107	.111	.206	.121	.093	.141	.112	.125	.045	.094	.153	.047	.131
Error variance	*	*	.02	.11	.03	.03	.01	.01	.04	.01	.01	.02	.01	.02	*	.01	.02	*	.02



Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.3. Losing or changing a job: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
Significance Level: 95%		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	215 42%	155 40%	50 45%	110 42%	90 43%	175 42%	40 41%
Fairly stressful (3.0)	179 35%	134 35%	41 37%	83 32%	77 37%	135 33%	44 45% a
Not very stressful (2.0)	72 14%	57 15%	15 14%	50 19% b	20 10%	62 15%	10 10%
Not at all stressful (1.0)	28 5%	23 6%	4 4%	13 5%	11 5%	26 6%	2 2%
Don't know	6 1%	5 1%	- -	- -	3 1%	5 1%	1 1%
Not experienced	12 2%	11 3%	- -	5 2%	6 3%	11 3%	1 1%
NET: Stressful	394 77%	289 75%	91 83%	193 74%	167 81%	310 75%	84 86% a
NET: Not stressful	100 20%	80 21%	19 17%	63 24% b	31 15%	88 21% b	12 12%
Base for stats	494	369	110	256	198	398	96
Mean Score	3.18	3.14	3.25	3.13	3.24	3.15	3.27
Standard Deviation	.882	.898	.826	.902	.850	.914	.732
Standard Error	.040	.047	.079	.056	.060	.046	.075
Error variance	*	*	.01	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.4. Seeing a child go through exams: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Significance Level: 95%	Total	Gender		Age			
			Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful	(4.0)	131 26%	53 20%	78 31% a	33 27%	34 32% d	29 25%	30 19%
Fairly stressful	(3.0)	243 47%	119 46%	124 49%	52 42%	49 47%	56 48%	83 54%
Not very stressful	(2.0)	94 18%	53 20%	41 16%	25 20%	13 12%	21 18%	32 21%
Not at all stressful	(1.0)	41 8%	33 13% b	8 3%	14 11%	7 7%	9 8%	10 6%
Don't know		3 1%	1 *	2 1%	- -	2 2%	1 1%	- -
Not experienced		- -	- -	- -	- -	- -	- -	- -
NET: Stressful		374 73%	172 66%	202 80% a	85 69%	83 79%	85 73%	113 73%
NET: Not stressful		135 26%	86 33% b	49 19%	39 31% b	20 19%	30 26%	42 27%
Base for stats		509	258	251	124	103	115	155
Mean Score		2.91	2.74	3.08 a	2.84	3.07 d	2.91	2.86
Standard Deviation		.871	.928	.773	.949	.855	.864	.801
Standard Error		.039	.058	.049	.085	.084	.081	.064
Error variance		*	*	*	.01	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.4. Seeing a child go through exams: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	131 26%	112 26%	14 29%	- -	5 26%	9 35%	7 23%	20 26%	5 23%	17 25%	13 14%	12 27%	13 42%	16 35%	88 25%	32 28%	11 28%	106 35%	10 13%
Fairly stressful (3.0)	243 47%	209 48%	17 35%	7 58%	10 53%	10 38%	19 61%	30 39%	12 55%	36 54%	54 60%	16 36%	14 45%	18 39%	184 51%	45 40%	14 35%	152 50%	24 31%
Not very stressful (2.0)	94 18%	77 18%	10 21%	3 25%	4 21%	7 27%	5 16%	14 18%	3 14%	11 16%	18 20%	7 16%	3 10%	9 20%	61 17%	24 21%	9 23%	34 11%	29 37%
Not at all stressful (1.0)	41 8%	32 7%	7 15%	2 17%	- -	- -	- -	11 14%	2 9%	3 4%	5 6%	7 16%	1 3%	3 7%	23 6%	12 11%	6 15%	11 4%	15 19%
Don't know	3 1%	3 1%	- -	- -	- -	- -	- -	1 1%	- -	- -	- -	2 5%	- -	- -	3 1%	- -	- -	1 *	- -
Not experienced	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
NET: Stressful	374 73%	321 74%	31 65%	7 58%	15 79%	19 73%	26 84%	50 66%	17 77%	53 79%	67 74%	28 64%	27 87%	34 74%	272 76%	77 68%	25 63%	258 85%	34 44%
NET: Not stressful	135 26%	109 25%	17 35%	5 42%	4 21%	7 27%	5 16%	25 33%	5 23%	14 21%	23 26%	14 32%	4 13%	12 26%	84 23%	36 32%	15 38%	45 15%	44 56%
Base for stats	509	430	48	12	19	26	31	75	22	67	90	42	31	46	356	113	40	303	78
Mean Score	2.91	2.93	2.79	2.42	3.05	3.08	3.06	2.79	2.91	3.00	2.83	2.79	3.26	3.02	2.95	2.86	2.75	3.17	2.37
Standard Deviation	.871	.857	1.031	.793	.705	.796	.629	1.004	.868	.778	.738	1.048	.773	.906	.822	.953	1.032	.763	.941
Standard Error	.039	.041	.149	.229	.162	.156	.113	.116	.185	.095	.078	.162	.139	.134	.044	.090	.163	.044	.107
Error variance	*	*	.02	.05	.03	.02	.01	.01	.03	.01	.01	.03	.02	.02	*	.01	.03	*	.01



Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q4.4. Seeing a child go through exams: Broadly speaking, to what extent, if at all, do you find each of the following events stressful or not stressful:

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	131 26%	88 23%	41 37% a	71 27%	44 21%	108 26%	23 23%
Fairly stressful (3.0)	243 47%	178 46%	56 51% a	110 42%	114 55%	188 45%	55 56%
Not very stressful (2.0)	94 18%	77 20% b	12 11%	48 18%	39 19%	77 19%	17 17%
Not at all stressful (1.0)	41 8%	39 10% b	1 1%	31 12% b	8 4%	38 9% b	3 3%
Don't know	3 1%	3 1%	-	1 *	2 1%	3 1%	-
Not experienced	-	-	-	-	-	-	-
NET: Stressful	374 73%	266 69%	97 88% a	181 69%	158 76%	296 71%	78 80%
NET: Not stressful	135 26%	116 30% b	13 12%	79 30%	47 23%	115 28%	20 20%
Base for stats	509	382	110	260	205	411	98
Mean Score	2.91	2.82	3.25 a	2.85	2.95	2.89	3.00
Standard Deviation	.871	.901	.680	.957	.749	.900	.732
Standard Error	.039	.046	.065	.059	.052	.044	.074
Error variance	*	*	*	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q5. Did your child go through clearing to get their university place?

BASE: All respondents

Significance Level: 95%

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Yes	261 51%	152 59%	109 43%	80 65%	57 54%	63 54%	57 37%
		b		d	d	d	
No	207 40%	94 36%	113 45%	33 27%	41 39%	43 37%	85 55%
					a		abc
Don't know	44 9%	13 5%	31 12%	11 9%	7 7%	10 9%	13 8%
			a				

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q5. Did your child go through clearing to get their university place?

BASE: All respondents

Significance Level: 95%

	Region														Pre-university exams			Stressed leading up to exams	
	Total	NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
	a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b	
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Yes	261 51%	218 50%	28 58%	5 42%	10 53%	16 62%	16 52%	56 74%	10 45%	34 51%	33 37%	19 43%	16 52%	18 39%	168 47%	71 63%	22 55%	157 52%	43 55%
No	207 40%	178 41%	16 33%	5 42%	8 42%	9 35%	12 39%	14 18%	12 55%	29 43%	47 52%	21 48%	11 35%	23 50%	157 44%	36 32%	14 35%	129 42%	24 31%
Don't know	44 9%	37 9%	4 8%	2 17%	1 5%	1 4%	3 10%	6 8%	- -	4 6%	10 11%	4 9%	4 13%	5 11%	34 9%	6 5%	4 10%	18 6%	11 14%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q5. Did your child go through clearing to get their university place?

BASE: All respondents

Significance Level: 95%

	Support for exam stress		Clearing		Higher education		
	Total	NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Yes	261 51%	213 55%	45 41%	261 100%	- -	236 57%	25 26%
		b	b	b		b	
No	207 40%	136 35%	60 55%	- -	207 100%	154 37%	53 54%
		a	a	a		a	a
Don't know	44 9%	36 9%	5 5%	- -	- -	24 6%	20 20%
							a

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q6. How much support, if any, was available to you, as a parent, to support your child in choosing a university?

BASE: All respondents

	Significance Level: 95%	Total	Gender		Age			
			Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
A lot of support (4.0)		126 25%	73 28%	53 21%	30 24%	33 31% d	29 25%	31 20%
A fair amount of support (3.0)		201 39%	112 43%	89 35%	59 48% d	37 35%	46 40%	55 35%
A little support (2.0)		114 22%	54 21%	60 24%	25 20%	18 17%	24 21%	44 28% b
No support (1.0)		66 13%	20 8%	46 18% a	10 8%	15 14%	16 14%	23 15%
Don't know		5 1%	- -	5 2% a	- -	2 2%	1 1%	2 1%
NET: Supportive		327 64%	185 71% b	142 56%	89 72% d	70 67%	75 65%	86 55%
NET: Unsupportive		180 35%	74 29%	106 42% a	35 28%	33 31%	40 34%	67 43% a
Base for stats		507	259	248	124	103	115	153
Mean Score		2.76	2.92 b	2.60	2.88 d	2.85	2.77	2.61
Standard Deviation		.969	.892	1.021	.870	1.033	.985	.974
Standard Error		.043	.055 b	.065	.078 d	.102	.092	.079
Error variance		*	*	*	.01 d	.01	.01	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q6. How much support, if any, was available to you, as a parent, to support your child in choosing a university?

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
A lot of support (4.0)	126 25%	105 24%	14 29%	2 17%	5 26%	5 19%	5 16%	34 45%	3 14%	17 25%	16 18%	7 16%	7 23%	11 24%	78 22%	35 31%	13 33%	68 22%	33 42%
A fair amount of support (3.0)	201 39%	178 41%	13 27%	6 50%	4 21%	14 54%	10 32%	28 37%	10 45%	28 42%	40 44%	22 50%	13 42%	13 28%	140 39%	45 40%	16 40%	124 41%	22 28%
A little support (2.0)	114 22%	94 22%	13 27%	4 33%	3 16%	3 12%	7 23%	11 14%	5 23%	17 25%	20 22%	10 23%	6 19%	15 33%	83 23%	23 20%	8 20%	66 22%	12 15%
No support (1.0)	66 13%	52 12%	8 17%	- -	6 32%	3 12%	7 23%	3 4%	4 18%	5 7%	13 14%	5 11%	5 16%	7 15%	53 15%	10 9%	3 8%	45 15%	7 9%
Don't know	5 1%	4 1%	- -	- -	1 5%	1 4%	2 6%	- -	- -	- -	1 1%	- -	- -	- -	5 1%	- -	- -	1 *	4 5%
NET: Supportive	327 64%	283 65%	27 56%	8 67%	9 47%	19 73%	15 48%	62 82%	13 59%	45 67%	56 62%	29 66%	20 65%	24 52%	218 61%	80 71%	29 73%	192 63%	55 71%
NET: Unsupportive	180 35%	146 34%	21 44%	4 33%	9 47%	6 23%	14 45%	14 18%	9 41%	22 33%	33 37%	15 34%	11 35%	22 48%	136 38%	33 29%	11 28%	111 37%	19 24%
Base for stats	507	429	48	12	18	25	29	76	22	67	89	44	31	46	354	113	40	303	74
Mean Score	2.76	2.78	2.69	2.83	2.44	2.84	2.45	3.22	2.55	2.85	2.66	2.70	2.71	2.61	2.69	2.93	2.98	2.71	3.09
Standard Deviation	.969	.951	1.075	.718	1.247	.898	1.055	.842	.963	.892	.941	.878	1.006	1.022	.979	.933	.920	.977	.995
Standard Error	.043	.046	.155	.207	.294	.180	.196	.097	.205	.109	.100	.132	.181	.151	.052	.088	.145	.056	.116
Error variance	*	*	.02	.04	.09	.03	.04	.01	.04	.01	.01	.02	.03	.02	*	.01	.02	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q6. How much support, if any, was available to you, as a parent, to support your child in choosing a university?

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
A lot of support (4.0)	126 25%	115 30%	10 9%	101 39%	20 10%	118 29%	8 8%
A fair amount of support (3.0)	201 39%	173 45%	25 23%	96 37%	86 42%	164 40%	37 38%
A little support (2.0)	114 22%	65 17%	44 40%	45 17%	64 31%	92 22%	22 22%
No support (1.0)	66 13%	28 7%	31 28%	19 7%	34 16%	39 9%	27 28%
Don't know	5 1%	4 1%	-	-	3 1%	1 *	4 4%
NET: Supportive	327 64%	288 75%	35 32%	197 75%	106 51%	282 68%	45 46%
NET: Unsupportive	180 35%	93 24%	75 68%	64 25%	98 47%	131 32%	49 50%
Base for stats	507	381	110	261	204	413	94
Mean Score	2.76	2.98	2.13	3.07	2.45	2.87	2.28
Standard Deviation	.969	.876	.930	.921	.884	.934	.977
Standard Error	.043	.045	.089	.057	.062	.046	.101
Error variance	*	*	.01	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7. SUMMARY: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Very stressful	Fairly stressful	Not very stressful	Not at all stressful	Don't know	NET: Stressful	NET: Not stressful
Your child's pre-university exams	512 100%	135 26%	248 48%	104 20%	24 5%	1 *	383 75%	128 25%
Waiting for your child's results	512 100%	194 38%	205 40%	85 17%	27 5%	1 *	399 78%	112 22%
Your child's results day	512 100%	183 36%	211 41%	81 16%	36 7%	1 *	394 77%	117 23%
Your child selecting a university	512 100%	102 20%	201 39%	168 33%	39 8%	2 *	303 59%	207 40%

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.1. Your child's pre-university exams: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

		Gender		Age				
		Total	Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Significance Level: 95%								
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful	(4.0)	135 26%	58 22%	77 30% a	35 28%	31 30%	31 27%	33 21%
Fairly stressful	(3.0)	248 48%	119 46%	129 51%	61 49%	56 53%	50 43%	77 50%
Not very stressful	(2.0)	104 20%	67 26% b	37 15%	22 18%	13 12%	28 24% b	38 25% b
Not at all stressful	(1.0)	24 5%	15 6%	9 4%	5 4%	5 5%	7 6%	7 5%
Don't know		1 *	- -	1 *	1 1%	- -	- -	- -
NET: Stressful		383 75%	177 68%	206 81% a	96 77%	87 83% cd	81 70%	110 71%
NET: Not stressful		128 25%	82 32% b	46 18%	27 22%	18 17%	35 30% b	45 29% b
Base for stats		511	259	252	123	105	116	155
Mean Score		2.97	2.85	3.09 a	3.02	3.08 d	2.91	2.88
Standard Deviation		.810	.833	.768	.794	.781	.865	.792
Standard Error		.036	.052	.048	.072	.076	.080	.064
Error variance		*	*	*	.01	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.1. Your child's pre-university exams: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	135 26%	112 26%	16 33%	3 25%	4 21%	8 31%	3 10%	25 33%	5 23%	16 24%	17 19%	12 27%	15 48%	11 24%	86 24%	37 33%	12 30%	104 34%	16 21%
Fairly stressful (3.0)	248 48%	213 49%	20 42%	4 33%	11 58%	10 38%	25 81%	32 42%	13 59%	36 54%	45 50%	18 41%	8 26%	26 57%	187 52%	42 37%	19 48%	160 53%	22 28%
Not very stressful (2.0)	104 20%	86 20%	10 21%	4 33%	4 21%	6 23%	3 10%	13 17%	2 9%	11 16%	25 28%	10 23%	8 26%	8 17%	70 19%	27 24%	7 18%	36 12%	30 38%
Not at all stressful (1.0)	24 5%	21 5%	2 4%	1 8%	- -	2 8%	- -	6 8%	2 9%	4 6%	2 2%	4 9%	- -	1 2%	16 4%	7 6%	1 3%	3 1%	10 13%
Don't know	1 *	1 *	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	- -	- -	- -	- -	- -	1 3%	1 *	- -
NET: Stressful	383 75%	325 75%	36 75%	7 58%	15 79%	18 69%	28 90%	57 75%	18 82%	52 78%	62 69%	30 68%	23 74%	37 80%	273 76%	79 70%	31 78%	264 87%	38 49%
NET: Not stressful	128 25%	107 25%	12 25%	5 42%	4 21%	8 31%	3 10%	19 25%	4 18%	15 22%	27 30%	14 32%	8 26%	9 20%	86 24%	34 30%	8 20%	39 13%	40 51%
Base for stats	511	432	48	12	19	26	31	76	22	67	89	44	31	46	359	113	39	303	78
Mean Score	2.97	2.96	3.04	2.75	3.00	2.92	3.00	3.00	2.95	2.96	2.87	2.86	3.23	3.02	2.96	2.96	3.08	3.20	2.56
Standard Deviation	.810	.808	.849	.965	.667	.935	.447	.909	.844	.806	.741	.930	.845	.715	.783	.906	.774	.679	.961
Standard Error	.036	.039	.123	.279	.153	.183	.080	.104	.180	.098	.079	.140	.152	.105	.041	.085	.124	.039	.109
Error variance	*	*	.02	.08	.02	.03	.01	.01	.03	.01	.01	.02	.02	.01	*	.01	.02	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.1. Your child's pre-university exams: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	135 26%	87 23%	46 42% a	80 31% b	42 20%	113 27%	22 22%
Fairly stressful (3.0)	248 48%	194 50%	47 43%	119 46%	111 54%	194 47%	54 55%
Not very stressful (2.0)	104 20%	83 22%	14 13% b	46 18%	45 22%	83 20%	21 21%
Not at all stressful (1.0)	24 5%	20 5%	3 3%	15 6%	9 4%	23 6%	1 1%
Don't know	1 *	1 *	- -	1 *	- -	1 *	- -
NET: Stressful	383 75%	281 73%	93 85% a	199 76%	153 74%	307 74%	76 78%
NET: Not stressful	128 25%	103 27% b	17 15%	61 23%	54 26%	106 26%	22 22%
Base for stats	511	384	110	260	207	413	98
Mean Score	2.97	2.91	3.24 a	3.02	2.90	2.96	2.99
Standard Deviation	.810	.802	.777 a	.847	.766	.835	.696
Standard Error	.036	.041	.074	.053	.053	.041	.070
Error variance	*	*	.01	*	*	*	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.2. Waiting for your child's results: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Significance Level: 95%							
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful (4.0)	194 38%	86 33%	108 43% a	49 40%	48 46% d	41 35%	50 32%
Fairly stressful (3.0)	205 40%	102 39%	103 41%	49 40%	37 35%	45 39%	70 45%
Not very stressful (2.0)	85 17%	51 20%	34 13%	19 15%	14 13%	24 21%	26 17%
Not at all stressful (1.0)	27 5%	20 8% b	7 3%	7 6%	6 6%	6 5%	8 5%
Don't know	1 *	- -	1 *	- -	- -	- -	1 1%
NET: Stressful	399 78%	188 73%	211 83% a	98 79%	85 81%	86 74%	120 77%
NET: Not stressful	112 22%	71 27% b	41 16%	26 21%	20 19%	30 26%	34 22%
Base for stats	511	259	252	124	105	116	154
Mean Score	3.11	2.98	3.24 a	3.13	3.21	3.04	3.05
Standard Deviation	.864	.917	.788	.874	.885	.879	.839
Standard Error	.038	.057	.050	.078	.086	.082	.068
Error variance	*	*	*	.01	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.2. Waiting for your child's results: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	194 38%	164 38%	19 40%	5 42%	6 32%	9 35%	10 32%	28 37%	11 50%	25 37%	32 36%	13 30%	18 58%	18 39%	131 36%	48 42%	15 38%	152 50%	19 24%
Fairly stressful (3.0)	205 40%	175 40%	19 40%	3 25%	8 42%	12 46%	18 58%	22 29%	6 27%	29 43%	36 40%	22 50%	11 35%	19 41%	150 42%	41 36%	14 35%	118 39%	22 28%
Not very stressful (2.0)	85 17%	73 17%	5 10%	3 25%	4 21%	4 15%	3 10%	18 24%	3 14%	11 16%	16 18%	8 18%	2 6%	8 17%	61 17%	16 14%	8 20%	26 9%	23 29%
Not at all stressful (1.0)	27 5%	20 5%	5 10%	1 8%	1 5%	1 4%	- -	8 11%	2 9%	2 3%	5 6%	1 2%	- -	1 2%	16 4%	8 7%	3 8%	8 3%	13 17%
Don't know	1 *	1 *	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	- -	- -	- -	1 *	- -	- -	- -	1 1%
NET: Stressful	399 78%	339 78%	38 79%	8 67%	14 74%	21 81%	28 90%	50 66%	17 77%	54 81%	68 76%	35 80%	29 94%	37 80%	281 78%	89 79%	29 73%	270 89%	41 53%
NET: Not stressful	112 22%	93 21%	10 21%	4 33%	5 26%	5 19%	3 10%	26 34%	5 23%	13 19%	21 23%	9 20%	2 6%	9 20%	77 21%	24 21%	11 28%	34 11%	36 46%
Base for stats	511	432	48	12	19	26	31	76	22	67	89	44	31	46	358	113	40	304	77
Mean Score	3.11	3.12	3.08	3.00	3.00	3.12	3.23	2.92	3.18	3.15	3.07	3.07	3.52	3.17	3.11	3.14	3.03	3.36	2.61
Standard Deviation	.864	.849	.964	1.044	.882	.816	.617	1.017	1.006	.803	.876	.759	.626	.797	.840	.915	.947	.749	1.041
Standard Error	.038	.041	.139	.302	.202	.160	.111	.117	.215	.098	.093	.114	.112	.118	.044	.086	.150	.043	.119
Error variance	*	*	.02	.09	.04	.03	.01	.01	.05	.01	.01	.01	.01	.01	*	.01	.02	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.2. Waiting for your child's results: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
Significance Level: 95%		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	194 38%	135 35%	55 50% a	109 42% b	66 32%	162 39%	32 33%
Fairly stressful (3.0)	205 40%	157 41%	42 38%	92 35%	93 45% a	154 37%	51 52% a
Not very stressful (2.0)	85 17%	70 18% b	11 10%	44 17%	38 18%	73 18%	12 12%
Not at all stressful (1.0)	27 5%	23 6%	2 2%	16 6%	10 5%	25 6%	2 2%
Don't know	1 *	- -	- -	- -	- -	- -	1 1% a
NET: Stressful	399 78%	292 76%	97 88% a	201 77%	159 77%	316 76%	83 85%
NET: Not stressful	112 22%	93 24% b	13 12%	60 23%	48 23%	98 24% b	14 14%
Base for stats	511	385	110	261	207	414	97
Mean Score	3.11	3.05	3.36 a	3.13	3.04	3.09	3.16
Standard Deviation	.864	.878	.739	.905	.835	.896	.717
Standard Error	.038	.045	.070	.056	.058	.044	.073
Error variance	*	*	*	*	*	*	.01

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.3. Your child's results day: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

		Gender		Age				
		Total	Male	Female	Under 40	40-44	45-49	50+
			a	b	a	b	c	d
Significance Level: 95%								
Total		512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful	(4.0)	183 36%	82 32%	101 40%	44 35%	49 47%	29 25%	54 35%
Fairly stressful	(3.0)	211 41%	106 41%	105 42%	50 40%	30 29%	57 49%	71 46%
Not very stressful	(2.0)	81 16%	45 17%	36 14%	22 18%	18 17%	17 15%	22 14%
Not at all stressful	(1.0)	36 7%	25 10%	11 4%	7 6%	8 8%	13 11%	8 5%
Don't know		1 *	1 *	- -	1 1%	- -	- -	- -
NET: Stressful		394 77%	188 73%	206 81%	94 76%	79 75%	86 74%	125 81%
NET: Not stressful		117 23%	70 27%	47 19%	29 23%	26 25%	30 26%	30 19%
Base for stats		511	258	253	123	105	116	155
Mean Score		3.06	2.95	3.17	3.07	3.14	2.88	3.10
Standard Deviation		.892	.938	.830	.875	.965	.915	.831
Standard Error		.039	.058	.052	.079	.094	.085	.067
Error variance		*	*	*	.01	.01	.01	*

Birmingham City University - Exam Stress - Parents ~ Fieldwork dates: 31st July - 9th August 2019

Q7.3. Your child's results day: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humberside	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	183 36%	154 36%	19 40%	5 42%	5 26%	9 35%	14 45%	24 32%	9 41%	26 39%	25 28%	14 32%	17 55% agjk	16 35%	124 35%	42 37%	17 43%	132 43%	18 23%
Fairly stressful (3.0)	211 41%	178 41%	18 38%	5 42%	10 53%	12 46%	14 45%	22 29%	7 32%	31 46%	44 49%	18 41%	10 32%	20 43%	156 43%	43 38%	12 30%	123 40%	23 29%
Not very stressful (2.0)	81 16%	72 17%	8 17%	1 8%	- -	3 12%	3 10%	18 24%	3 14%	6 9%	17 19%	10 23%	4 13%	8 17%	53 15%	20 18%	8 20%	38 13%	19 24%
Not at all stressful (1.0)	36 7%	28 6%	3 6%	1 8%	4 21%	2 8%	- -	12 16%	3 14%	3 4%	4 4%	2 5%	- -	2 4%	26 7%	7 6%	3 8%	11 4%	17 22%
Don't know	1 *	1 *	- -	- -	- -	- -	- -	- -	- -	1 1%	- -	- -	- -	- -	- -	1 1%	- -	- -	1 1%
NET: Stressful	394 77%	332 77%	37 77%	10 83%	15 79%	21 81%	28 90%	46 61%	16 73%	57 85%	69 77%	32 73%	27 87%	36 78%	280 78%	85 75%	29 73%	255 84%	41 53%
NET: Not stressful	117 23%	100 23%	11 23%	2 17%	4 21%	5 19%	3 10%	30 39%	6 27%	9 13%	21 23%	12 27%	4 13%	10 22%	79 22%	27 24%	11 28%	49 16%	36 46%
Base for stats	511	432	48	12	19	26	31	76	22	66	90	44	31	46	359	112	40	304	77
Mean Score	3.06	3.06	3.10	3.17	2.84	3.08	3.35	2.76	3.00	3.21	3.00	3.00	3.42	3.09	3.05	3.07	3.08	3.24	2.55
Standard Deviation	.892	.884	.905	.937	1.068	.891	.661	1.069	1.069	.795	.807	.863	.720	.839	.884	.898	.971	.806	1.083
Standard Error	.039	.043	.131	.271	.245	.175	.119	.123	.228	.098	.085	.130	.129	.124	.047	.085	.154	.046	.123
Error variance	*	*	.02	.07	.06	.03	.01	.02	.05	.01	.01	.02	.02	.02	*	.01	.02	*	.02

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Q7.3. Your child's results day: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

Significance Level: 95%

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	183 36%	122 32%	57 52% a	99 38%	67 32%	151 36%	32 33%
Fairly stressful (3.0)	211 41%	167 43% b	36 33%	99 38%	91 44%	161 39%	50 51% a
Not very stressful (2.0)	81 16%	66 17%	12 11%	38 15%	37 18%	68 16%	13 13%
Not at all stressful (1.0)	36 7%	30 8%	4 4%	25 10%	11 5%	33 8%	3 3%
Don't know	1 *	- -	1 1%	- -	1 *	1 *	- -
NET: Stressful	394 77%	289 75%	93 85% a	198 76%	158 76%	312 75%	82 84%
NET: Not stressful	117 23%	96 25% b	16 15%	63 24%	48 23%	101 24%	16 16%
Base for stats	511	385	109	261	206	413	98
Mean Score	3.06	2.99	3.34 a	3.04	3.04	3.04	3.13
Standard Deviation	.892	.896	.819 a	.954	.849	.922	.755
Standard Error	.039	.046	.078	.059	.059	.045	.076
Error variance	*	*	.01	*	*	*	.01

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Q7.4. Your child selecting a university: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

Significance Level: 95%

	Total	Gender		Age			
		Male	Female	Under 40	40-44	45-49	50+
		a	b	a	b	c	d
Total	512 100%	259 100%	253 100%	124 100%	105 100%	116 100%	155 100%
Very stressful (4.0)	102 20%	47 18%	55 22%	27 22%	21 20%	24 21%	27 17%
Fairly stressful (3.0)	201 39%	102 39%	99 39%	53 43%	40 38%	46 40%	56 36%
Not very stressful (2.0)	168 33%	81 31%	87 34%	36 29%	34 32%	38 33%	58 37%
Not at all stressful (1.0)	39 8%	28 11%	11 4%	7 6%	10 10%	8 7%	13 8%
Don't know	2 *	1 *	1 *	1 1%	- -	- -	1 1%
NET: Stressful	303 59%	149 58%	154 61%	80 65%	61 58%	70 60%	83 54%
NET: Not stressful	207 40%	109 42%	98 39%	43 35%	44 42%	46 40%	71 46%
Base for stats	510	258	252	123	105	116	154
Mean Score	2.72	2.65	2.79	2.81	2.69	2.74	2.63
Standard Deviation	.870	.901	.834	.843	.902	.866	.870
Standard Error	.039	.056	.053	.076	.088	.080	.070
Error variance	*	*	*	.01	.01	.01	*

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Q7.4. Your child selecting a university: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Region													Pre-university exams			Stressed leading up to exams	
		NET: England	Scotland	Northern Ireland	Wales	East Midlands	Eastern	London	North East	North West	South East	South West	West Midlands	Yorkshire & Humber	A Levels	Advanced Highers	International Baccalaureate	NET: Stressed	NET: Relaxed
		a	b	*c	*d	*e	f	g	*h	i	j	k	l	m	a	b	c	a	b
Significance Level: 95%																			
Total	512 100%	433 100%	48 100%	12 100%	19 100%	26 100%	31 100%	76 100%	22 100%	67 100%	90 100%	44 100%	31 100%	46 100%	359 100%	113 100%	40 100%	304 100%	78 100%
Very stressful (4.0)	102 20%	86 20%	9 19%	3 25%	4 21%	5 19%	8 26%	19 25%	5 23%	12 18%	15 17%	6 14%	6 19%	10 22%	61 17%	28 25%	13 33% a	73 24%	15 19%
Fairly stressful (3.0)	201 39%	172 40%	17 35%	4 33%	8 42%	9 35%	11 35%	34 45%	7 32%	25 37%	36 40%	19 43%	13 42%	18 39%	141 39%	45 40%	15 38%	126 41% b	19 24%
Not very stressful (2.0)	168 33%	142 33%	17 35%	4 33%	5 26%	11 42%	10 32%	14 18%	8 36%	27 40%	34 38%	13 30%	10 32%	15 33%	126 35%	33 29%	9 23%	90 30%	23 29%
Not at all stressful (1.0)	39 8%	31 7%	5 10%	1 8%	2 11%	1 4%	2 6%	9 12%	2 9%	3 4%	4 4%	5 11%	2 6%	3 7%	29 8%	7 6%	3 8%	14 5%	20 26% a
Don't know	2 *	2 *	- -	- -	- -	- -	- -	- -	- -	- -	1 1%	1 2%	- -	- -	2 1%	- -	- -	1 *	1 1%
NET: Stressful	303 59%	258 60%	26 54%	7 58%	12 63%	14 54%	19 61%	53 70%	12 55%	37 55%	51 57%	25 57%	19 61%	28 61%	202 56%	73 65%	28 70%	199 65% b	34 44%
NET: Not stressful	207 40%	173 40%	22 46%	5 42%	7 37%	12 46%	12 39%	23 30%	10 45%	30 45%	38 42%	18 41%	12 39%	18 39%	155 43%	40 35%	12 30%	104 34%	43 55% a
Base for stats	510	431	48	12	19	26	31	76	22	67	89	43	31	46	357	113	40	303	77
Mean Score	2.72	2.73	2.63	2.75	2.74	2.69	2.81	2.83	2.68	2.69	2.70	2.60	2.74	2.76	2.66	2.83	2.95 a	2.85 b	2.38
Standard Deviation	.870	.862	.914	.965	.933	.838	.910	.944	.945	.820	.803	.877	.855	.874	.856	.875	.932	.838	1.077
Standard Error	.039	.042	.132	.279	.214	.164	.163	.108	.202	.100	.085	.134	.154	.129	.045	.082	.147	.048	.123
Error variance	*	*	.02	.08	.05	.03	.03	.01	.04	.01	.01	.02	.02	.02	*	.01	.02	*	.02



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Q7.4. Your child selecting a university: To what extent did you find each of the following stressful or not stressful?

BASE: All respondents

	Total	Support for exam stress		Clearing		Higher education	
		NET: Satisfied	NET: Dissatisfied	Yes	No	Yes	No
Significance Level: 95%		a	b	a	b	a	b
Total	512 100%	385 100%	110 100%	261 100%	207 100%	414 100%	98 100%
Very stressful (4.0)	102 20%	74 19%	27 25%	64 25% b	29 14%	85 21%	17 17%
Fairly stressful (3.0)	201 39%	154 40%	41 37%	109 42%	71 34%	159 38%	42 43%
Not very stressful (2.0)	168 33%	122 32%	39 35%	66 25%	91 44% a	135 33%	33 34%
Not at all stressful (1.0)	39 8%	34 9% b	3 3%	21 8%	15 7%	33 8%	6 6%
Don't know	2 *	1 *	- -	1 *	1 *	2 *	- -
NET: Stressful	303 59%	228 59%	68 62%	173 66% b	100 48%	244 59%	59 60%
NET: Not stressful	207 40%	156 41%	42 38%	87 33%	106 51% a	168 41%	39 40%
Base for stats	510	384	110	260	206	412	98
Mean Score	2.72	2.70	2.84	2.83 b	2.55	2.72	2.71
Standard Deviation	.870	.881	.830	.893	.823	.881	.825
Standard Error	.039	.045	.079	.055	.057	.043	.083
Error variance	*	*	.01	*	*	*	.01