

#### CHIEF RABBI'S SHABBATUK - FAMILY MEALS SURVEY

Methodology: ComRes interviewed 2,037 adults aged 18+ in Great Britain between 11th and 13th August 2017. Data were weighted to be representative of all GB adults aged 18+ by age, gender, region and socio – economic grade. ComRes is a member of the British Polling Council and abides by its rules.

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Four Millbank | London | SW1P 3JA | T. +44 (0)20 7871 8660 Rond-Point Schuman / Schumanplein 6 | Box 5 | 1040 Bruxelles | T. +32 (0)2 234 63 82 51/F Raffles City | No.268 Xi Zang Middle Road | HuangPu District Shanghai | 200001 China | T. +86 (0)21 2312 7674

Absolutes/col percents

Table 1
Q.1 How frequently do you currently sit down together with your family, or the people you most consider to be like a family to you, for a meal?
Base: All respondents

			Ger	nder					Age						Social G	irade		Employme	ent Sector
		Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (l)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base		2037	1037	1000	243	359	328	349	293	465	602	677	758	601	587	338	511	284	847
Weighted base		2037	994	1043	228	350	328	362	300	469	578	690	769	545	568	419	505	297	877
Daily	(365)	1056 52%	477 48%	579 56%A	98 43%	165 47%	155 47%	179 49%	175 59%CDEF	284 F 61%CDE	262 EF 45%	334 48%	460 60%IJ	308 57%MO	264 46%	241 57%M0	243 ) 48%	141 47%	407 46%
Weekly	(52)	495 24%	253 25%	242 23%	73 32%FGH	104 I 30%FG	99 H 30%FGH	80 H 22%h	58 19%	80 17%	177 31%jK	179 26%K	139 18%	133 24%	151 27%o	100 24%	111 22%	83 28%	261 30%
Monthly	(12)	174 9%	97 10%b	77 7%	29 13%Def0	26 3 7%	26 8%	28 8%	21 7%	44 9%	55 10%	55 8%	65 8%	46 8%n	54 9%N	22 5%	53 11%N	30 10%	66 8%
Annually or less than monthly	(1)	169 8%	95 10%b	74 7%	11 5%	26 8%	25 8%	37 10%C	30 10%C	38 8%	38 6%	63 9%	69 9%	32 6%	55 10%L	35 8%	46 9%l	22 7%	71 8%
Never	(0)	110 5%	61 6%	49 5%	15 7%h	16 5%	15 5%	34 9%DE	13 GH 4%	17 4%	32 5%	49 7%K	30 4%	18 3%	36 6%Ln	14 3%	43 9%LN	16 I 5%	57 6%
NET: Ever sit dow	'n	1927 95%	933 94%	993 95%	213 93%	334 95%F	313 95%F	328 91%	287 96%F	452 96%cF	547 95%	641 93%	739 96%J	528 97%MO	532 94%	405 97%m0	462 0 91%	281 95%	820 94%
NET: Less than da	aily	871 43%	457 46%B	414 40%	115 50%FGH	169 I 48%fGF	157 I 48%fGH	149 41%	111 37%	168 36%	284 49%K	307 44%K	279 36%	219 40%	268 47%LN	165 39%	218 43%	140 47%	413 47%
Mean		206.30	191.87	220.15A	175.97	95.28	194.00	194.25	226.37CDE F F	234.06CDE	187.54	194.13	231.06IJ	223.49MO	187.24	227.07MO	191.97	192.37	189.17
Standard deviation Standard error	1	168.33 3.76	169.13 5.29	166.48 5.32	166.11 1 10.72	66.86 8.93	166.93 9.32	170.98 9.21	167.21 9.82	165.69 7.73	166.68 6.87	168.95 6.55	166.22 6.07	165.12 6.78	168.80 7.02	164.88 9.05	170.74 7.63	167.95 10.04	167.37 5.80



Absolutes/col percents

Table 2
Q.1 How frequently do you currently sit down together with your family, or the people you most consider to be like a family to you, for a meal?
Base: All respondents

									gion					
		Total	Scotland (a)	Wales (b)	NET: England (d)	North East (e)	North West (f)	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands	Eastern (j)	London (k)	South East	South West (m)
Unweighted base	е	2037	185	99	1753	79	220	194	169	148	209	251	297	186
Weighted base		2037	179	102*	1756	86*	234	171	183	153	196	271	283	179
Daily	(365)	1056 52%	96 53%k	48 47%	912 52%	44 52%	118 50%	84 49%	100 54%k	73 48%	125 64%aBeFG	121 hIKL 45%	146 52%	101 57%K
Weekly	(52)	495 24%	35 19%	27 26%	434 25%	23 27%	59 25%	51 30%AJN	44 A 24%	51 33%AJLM	37 19%	69 25%	65 23%	35 20%
Monthly	(12)	174 9%	18 10%	8 8%	148 8%	7 8%	22 9%	11 7%	18 10%	12 8%	10 5%	29 11%j	28 10%j	11 6%
Annually or less than monthly	(1)	169 8%	15 8%	13 12%Hi	141 8%	5 6%	24 10%	16 9%	9 5%	8 5%	16 8%	22 8%	26 9%	15 8%
Never	(0)	110 5%	12 7%g	5 5%	93 5%	4 5%	11 5%	5 3%	8 5%	5 3%	8 4%	25 9%fGhlj	16 6%	11 6%
NET: Ever sit do	own	1927 95%	167 93%	97 95%	1663 95%	81 95%	223 95%k	166 97%aK	175 95%k	148 97%K	187 96%k	246 91%	267 94%	168 94%
NET: Less than	daily	871 43%	71 40%	49 48%J	751 43%	37 43%j	105 45%J	83 48%Jm	75 41%j	75 49%Jm	63 32%	125 46%Jm	121 43%J	67 37%
Mean		206.30	211.15k	188.60	206.84	209.18	198.50	200.44	216.69k	197.83	243.39aBFGIKL	. 181.35	202.73	225.14K
Standard deviation	on	168.33 3.76	170.24 12.65	169.88 17.16	168.09 4.05	167.58 19.10	169.19 11.43	166.89 12.11	166.81 12.95	165.40 13.74	162.58 11.25	169.41 10.82	169.73 9.88	167.40 12.48



Absolutes/col percents

Table 3

Q.2 When are you likely to sit down for a meal with your family or the people you most consider to be like a family to you in your or their home?

Base: All respondents who don't sit down daily for a meal with family

		Ge	nder					Age						Social C	Grade		Employme	ent Sector Pri-
	Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (I)	C1 (m)	C2 (n)	DE (o)	Public (p)	vate (q)
Unweighted base	890	480	410	124	171	160	155	111	169	295	315	280	246	280	134	230	137	409
Weighted base	871	457	414	115	169	157	149	111*	168	284	307	279	219	268	165	218	140	413
At the weekend if we are all available, for example for Sunday dinner	480 55%	246 54%	234 56%	54 47%	98 58%c	95 60%Ch	83 55%	67 60%c	84 50%	152 53%	177 58%	151 54%	123 56%	150 56%	94 57%	114 52%	86 61%	233 57%
To celebrate birthdays, anniversaries, exam results or other milestone celebrations	423 49%	205 45%	218 53%A	52 45%	80 47%	72 46%	70 47%	52 47%	96 57%cdef	133 47%	143 46%	148 53%	110 50%	124 46%	73 44%	117 54%	55 39%	190 46%
Public or religious holidays such as Easter, Christmas or similar	358 41%	164 36%	193 47%A	52 45%d	59 35%	59 37%	67 45%d	44 40%	77 46%d	111 39%	125 41%	121 43%	87 40%	119 44%n	57 34%	95 44%	45 32%	162 39%
When we are on holiday together	293 34%	147 32%	146 35%	39 34%	53 31%	58 37%	48 32%	37 33%	58 34%	93 33%	106 34%	95 34%	81 37%n	100 37%n	45 28%	67 31%	40 29%	150 36%
When family members are visiting or planning to move away from the area	246 28%	120 26%	126 30%	33 29%	51 30%	40 25%	36 24%	32 28%	55 33%	84 30%	76 25%	86 31%	74 34%no	76 28%	39 24%	57 26%	30 22%	114 28%



Absolutes/col percents

Table 4
Q.2 When are you likely to sit down for a meal with your family or the people you most consider to be like a family to you in your or their home?
Base: All respondents who don't sit down daily for a meal with family

	-							egion					
	Total	Scotland (a)	Wales (b)	NET: England (d)	North East (e)	North West (f)	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands (i)	Eastern (j)	London (k)	South East S	outh West (m)
Unweighted base	890	78	45	767	33	98	97	67	74	71	122	134	71
Weighted base	871	71*	49*	751	37**	105*	83*	75*	75*	63*	125	121	67*
At the weekend if we are all available, for example for Sunday dinner	480 55%	35 50%	21 44%	423 56%	20 54%	63 60%b	41 50%	47 63%b	55 73%ABf0	32 GJKLM 51%	67 54%	66 54%	33 49%
To celebrate birthdays, anniversaries, exam results or other milestone celebrations	423 49%	35 49%	22 46%	366 49%	19 50%	53 50%	32 39%	37 49%	40 53%g	34 54%g	54 43%	71 59%GKM	27 40%
Public or religious holidays such as Easter, Christmas or similar	358 41%	20 27%	14 29%	324 43%Ab	18 47%	40 38%	30 36%	26 34%	32 43%a	28 45%A	51 40%a	65 54%ABFGI	34 HK 51%ABgh
When we are on holiday together	293 34%	15 21%	12 25%	266 35%A	11 31%	38 36%A	35 43%Al	25 om 33%	24 32%	23 38%A	45 36%A	46 38%A	18 27%
When family members are visiting or planning to move away from the area	246 28%	16 22%	13 28%	217 29%	10 28%	25 24%	21 25%	20 26%	20 26%	22 36%a	37 29%	35 29%	27 41%AFghi



Table 5
Q.3 To what extent do you agree or disagree with each of the following statements?

Summary

Base: All respondents who sit down for a meal with family

				State	ements		
		We never have the television on during meals if we are eating together	Smartphones and other devices are allowed in the room while we eat but we don't look at them	We answer the telephone if it rings while we are eating together	We regularly check our smartphones and other devices while eating a meal together	We do not allow smartphones, newspapers or books while we are eating together as a family/ household	I wish I could spend more time with family and loved ones without being interrupted by technology
Unweighted base		1924	1924	1924	1924	1924	2037
Weighted base		1927	1927	1927	1927	1927	2037
NET: Agree		703 37%	1245 65%	1176 61%	441 23%	939 49%	1210 59%
Strongly agree	(4)	346 18%	354 18%	311 16%	88 5%	442 23%	353 17%
Tend to agree	(3)	358 19%	890 46%	866 45%	353 18%	498 26%	858 42%
Tend to disagree	(2)	582 30%	383 20%	397 21%	558 29%	544 28%	469 23%
Strongly disagree	(1)	601 31%	236 12%	297 15%	871 45%	380 20%	183 9%
NET: Disagree		1183 61%	619 32%	694 36%	1429 74%	924 48%	652 32%
Don't know		41 2%	63 3%	56 3%	56 3%	64 3%	175 9%
Mean		2.24	2.73	2.64	1.82	2.54	2.74
Standard deviation Standard error		1.09 0.03	0.91 0.02	0.94 0.02	0.90 0.02	1.06 0.02	0.88 0.02



Absolutes/col percents

Absolutes/col percents

Table 6
Q.3 To what extent do you agree or disagree with each of the following statements?
We never have the television on during meals if we are eating together
Base: All respondents who sit down for a meal with family

		_	Geno	der					Age						Social G	arade		Employmer	
	_	Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (I)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base	1	924	970	954	225	343	314	314	280	448	568	628	728	582	547	327	468	270	791
Weighted base	1	927	933	993	213	334	313	328	287	452	547	641	739	528	532	405	462	281	820
NET: Agree		703 37%	357 38%	347 35%	75 35%	102 31%	104 33%	109 33%	92 32%	221 49%CD	177 EFG 32%	213 33%	313 42%lJ	219 41%nO	195 37%	141 35%	148 32%	88 31%	300 37%
Strongly agree	(4)	346 18%	162 17%	184 18%	31 15%	40 12%	42 14%	53 16%	49 17%	130 29%CD	71 EFG 13%	95 15%	179 24%lJ	113 21%nO	94 18%	64 16%	75 16%	41 15%	135 17%
Tend to agree	(3)	358 19%	195 21%B	163 16%	44 21%	62 18%	61 20%	56 17%	43 15%	91 20%	106 19%	118 18%	134 18%	106 20%	101 19%	78 19%	73 16%	47 17%	165 20%
Tend to disagree	(2)	582 30%	281 30%	301 30%	48 23%	103 31%c	98 31%C	99 30%c	101 35%C	133 29%c	152 28%	197 31%	233 32%	144 27%	160 30%	132 33%	146 32%	98 35%q	230 28%
Strongly disagree	(1)	601 31%	278 30%	323 33%	77 36%H	119 35%H	105 34%H	115 35%H	90 31%H	95 21%	196 36%K	220 34%K	185 25%	150 28%	169 32%	121 30%	161 35%L	89 32%	268 33%
NET: Disagree	1	183 61%	559 60%	624 63%	125 59%h	222 66%H	203 65%H	214 65%H	191 66%H	228 50%	347 64%K	417 65%K	418 57%	294 56%	329 62%L	253 62%l	307 66%L	187 67%	499 61%
Don't know		41 2%	18 2%	23 2%	12 6%EF	10 GH 3%H	6 2%	5 2%	4 1%	3 1%	22 4%JK	11 2%	8 1%	15 3%	8 1%	11 3%	7 1%	6 2%	21 3%
Mean	2	2.24	2.26	2.21	2.14	2.07	2.13	2.15	2.18	2.57CDEF	G 2.10	2.14	2.42IJ	2.35mnO	2.23	2.21	2.14	2.14	2.21
Standard deviation Standard error		1.09 0.03	1.08 0.03	1.10 0.04	1.10 0.07	1.03 0.06	1.04 0.06	1.08 0.06	1.07 0.06	1.12 0.05	1.05 0.05	1.06 0.04	1.11 0.04	1.12 0.05	1.09 0.05	1.05 0.06	1.08 0.05	1.04 0.06	1.09 0.04



#### Family Meals Survey ONLINE Fieldwork: 11th-13th August 2017

Table 7
Q.3 To what extent do you agree or disagree with each of the following statements?
We never have the television on during meals if we are eating together
Base: All respondents who sit down for a meal with family

Region Yorkshire & Scotland NET: England North East North West West Midlands East Midlands Eastern South East Total Wales Humberside London South West (a) (b) (g) (h) (k) (I) (d) (e) (m) Unweighted base 173 1657 74 208 190 160 144 199 279 173 1924 94 230 167 97\* 81\* 223 175 187 267 168 Weighted base 1927 1663 166 148 246 NET: Agree 703 31 610 59 73 38%e 32% 25% 41%E 34% 34% 39%e 36% 37%e 35% 43%E 37% 37% 27 Strongly agree 346 28 293 26 31 39 18%e 21%E 20%E 23%Eik 17% 25%dEahik 18% 9% 16% 16% 16% 16% 18% 34 317 13 51 31 32 27 37 42 33 358 Tend to agree 21%B 7% 19%B 16%h 23%BI 18%B 18%B 18%B 20%B 21%B 16%b 20%B 19% 497 42 67 Tend to disagree 582 59 26 26 61 49 52 58 48 30% 32% 29% 28% 31% 36%fk 28% 601 45 39 517 33 67 52 60 46 60 80 76 43 Strongly disagree 40%dALM 31% 41%AIM 31% 31% 32% 26% 100 147 NET: Disagree 1183 104 65 1014 128 111 88 118 171 91 72%FgikM 61% 62% 67%m 61% 57% 60% 64% 60% 63% 60% 64%m 54% Don't know 41 39 2 3 5 2 3 5 5%AbFiJL 4%AL 2% 1% 2%a 2% 1% 3% 2% 1% 1% 3%a 2.24 2.28E 2.17 2.24 1.94 2.30E 2.20e 2.16 2.29E 2.20e 2.21e 2.26E 2.42EgHjk Mean Standard deviation 1.09 1.04 1.22 1.09 0.98 1.09 1.08 1.08 1.13 1.07 1.08 1.08 1.12 Standard error 0.03 0.08 0.13 0.03 0.11 0.08 0.08 0.09 0.09 0.08 0.07 0.06 0.09



Absolutes/col percents

Table 8
Q.3 To what extent do you agree or disagree with each of the following statements?
Smartphones and other devices are allowed in the room while we eat but we don't look at them Base: All respondents who sit down for a meal with family

			Gei	nder					Age						Social G	Grade		Employme	
		Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (l)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base		1924	970	954	225	343	314	314	280	448	568	628	728	582	547	327	468	270	791
Weighted base		1927	933	993	213	334	313	328	287	452	547	641	739	528	532	405	462	281	820
NET: Agree		1245 65%	595 64%	649 65%	127 60%	206 62%	196 63%	205 63%	197 69%cd	313 69%CDe	333 ef 61%	401 63%	510 69%lJ	353 67%O	332 62%	282 69%MO	279 60%	184 66%	504 62%
Strongly agree	(4)	354 18%	169 18%	186 19%	50 24%DEf	47 14%	47 15%	53 16%	56 20%d	100 22%DEf	97 18%	101 16%	156 21%J	118 22%MO	86 16%	79 20%	71 15%	48 17%	126 15%
Tend to agree	(3)	890 46%	427 46%	464 47%	77 36%	159 47%C	148 47%C	152 46%C	141 49%C	213 47%C	236 43%	301 47%	354 48%	235 44%	246 46%	202 50%	207 45%	136 49%	378 46%
Tend to disagree	(2)	383 20%	201 22%	182 18%	46 22%h	68 20%h	69 22%H	73 22%H	58 20%	69 15%	114 21%	143 22%K	127 17%	88 17%	112 21%l	75 19%	108 23%L	58 21%	183 22%
Strongly disagree	(1)	236 12%	107 11%	130 13%	28 13%g	48 14%G	38 12%	43 13%g	23 8%	57 13%g	75 14%	81 13%	80 11%	69 13%N	72 14%N	31 8%	65 14%N	28 10%	104 13%
NET: Disagree		619 32%	308 33%	312 31%	73 35%h	115 35%h	108 34%h	116 35%gH	81 28%	126 28%	189 35%K	224 35%K	207 28%	157 30%	184 35%IN	106 26%	172 37%LN	86 N 31%	287 35%
Don't know		63 3%	30 3%	32 3%	12 6%F	13 4%	9 3%	6 2%	9 3%	13 3%	25 5%j	16 2%	22 3%	18 3%	16 3%	18 4%	11 2%	11 4%	28 3%
Mean		2.73	2.73	2.73	2.75	2.64	2.67	2.67	2.83DEF	2.81Def	2.68	2.67	2.82IJ	2.79MO	2.67	2.85MO	2.63	2.76	2.67
Standard deviation Standard error		0.91 0.02	0.90 0.03	0.92 0.03	0.98 0.07	0.91 0.05	0.89 0.05	0.91 0.05	0.84 0.05	0.93 0.04	0.94 0.04	0.90 0.04	0.90 0.03	0.95 0.04	0.91 0.04	0.83 0.05	0.92 0.04	0.86 0.05	0.90 0.03



## Family Meals Survey ONLINE Fieldwork: 11th-13th August 2017

Table 9
Q.3 To what extent do you agree or disagree with each of the following statements?
Smartphones and other devices are allowed in the room while we eat but we don't look at them Base: All respondents who sit down for a meal with family

								gion					
	Total	Scotland (a)	Wales N	ET: England (d)	North East No. (e)	orth West (f)	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands (i)	Eastern (j)	London (k)	South East	South West (m)
Unweighted base	1924	173	94	1657	74	208	190	160	144	199	230	279	173
Weighted base	1927	167	97*	1663	81*	223	166	175	148	187	246	267	168
NET: Agree	1245	95	62	1088	43	144	97	118	96	124	166	190	109
	65%	57%	64%	65%A	53%	65%e	58%	67%aE	65%	66%ae	67%AEg	71%AEG	65%
Strongly agree	(4) 354	29	28	297	17	30	23	34	26	28	48	57	34
	18%	17%	29%DAFGI	hlJk 18%	21%	14%	14%	19%	18%	15%	20%	21%Fg	20%
Tend to agree	(3) 890	66	33	791	27	114	74	85	70	96	117	133	75
	46%	40%	34%	48%aB	33%	51%ABE	45%e	48%BE	47%be	51%ABE	48%BE	50%ABE	45%e
Tend to disagree	(2) 383 20%	55 33%DBeFgH M	19 IJKL19%	309 19%	17 21%	42 19%	39 24%L	34 20%	27 18%	35 19%	45 18%	39 15%	30 18%
Strongly disagree	(1) 236	14	14	209	18	29	20	21	17	24	27	29	23
	12%	8%	14%	13%	22%AfghijKL	13%	12%	12%	12%	13%	11%	11%	13%
NET: Disagree	619	69	33	518	35	71	60	55	44	59	72	68	53
	32%	41%DfhljKLm	1 34%	31%	43%iKL	32%	36%L	32%	30%	32%	29%	26%	31%
Don't know	63	3	2	58	3	8	10	1	8	4	8	9	6
	3%	2%	3%	3%	4%	3%	6%aH	j 1%	6%aH	2%	3%	3%	4%h
Mean	2.73	2.67	2.81	2.73	2.54	2.68	2.64	2.75	2.75	2.70	2.79e	2.84aEfG	2.74
Standard deviation	0.91	0.87	1.03	0.91	1.07	0.88	0.89	0.91	0.90	0.89	0.90	0.90	0.95
Standard error	0.02	0.07	0.11	0.02	0.13	0.06	0.07	0.07	0.08	0.06	0.06	0.05	0.07



Absolutes/col percents

Table 10
Q.3 To what extent do you agree or disagree with each of the following statements?
We answer the telephone if it rings while we are eating together
Base: All respondents who sit down for a meal with family

			Ger	nder					Age						Social G	Grade		Employme	
		Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (l)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base		1924	970	954	225	343	314	314	280	448	568	628	728	582	547	327	468	270	791
Weighted base		1927	933	993	213	334	313	328	287	452	547	641	739	528	532	405	462	281	820
NET: Agree		1176 61%	589 63%	588 59%	128 60%	190 57%	173 55%	176 54%	189 66%DEF	321 71%CDE	318 EF 58%	349 54%	509 69%IJ	328 62%	311 58%	243 60%	295 64%	172 61%	460 56%
Strongly agree	(4)	311 16%	169 18%B	142 14%	39 19%Ef	57 17%e	37 12%	40 12%	49 17%	89 20%EF	96 18%J	77 12%	137 19%J	84 16%	98 18%N	51 13%	78 17%	43 15%	119 14%
Tend to agree	(3)	866 45%	420 45%	446 45%	88 41%	133 40%	136 43%	136 42%	140 49%Df	232 51%CDE	222 EF 41%	272 42%	372 50%IJ	244 46%M	213 40%	192 47%m	216 47%M	129 46%	341 42%
Tend to disagree	(2)	397 21%	185 20%	211 21%	46 21%h	70 21%h	71 23%H	82 25%H	58 20%	71 16%	116 21%	152 24%K	129 17%	102 19%	123 23%0	87 21%	85 18%	62 22%	184 22%
Strongly disagree	(1)	297 15%	135 14%	162 16%	28 13%	54 16%	61 19%cGH	63 19%cGH	36 13%	54 12%	83 15%	124 19%iK	91 12%	80 15%	85 16%	61 15%	72 16%	40 14%	142 17%
NET: Disagree		694 36%	321 34%	374 38%	74 35%h	125 37%H	131 42%GH	145 44%CdG	94 H 33%	125 28%	198 36%K	277 43%IK	219 30%	181 34%	208 39%	148 37%	157 34%	102 36%	326 40%
Don't know		56 3%	24 3%	32 3%	11 5%fGH	19 6%eF0	9 GH 3%	7 2%	4 1%	6 1%	30 6%JK	15 2%	10 1%	18 3%	13 2%	14 4%	11 2%	7 3%	34 4%
Mean		2.64	2.68B	2.59	2.69EF	2.61f	2.49	2.48	2.71EF	2.80DEF	2.64J	2.48	2.76IJ	2.65	2.62	2.60	2.67	2.64	2.56
Standard deviation Standard error		0.94 0.02	0.94 0.03	0.94 0.03	0.94 0.06	0.97 0.05	0.95 0.05	0.95 0.05	0.90 0.05	0.90 0.04	0.96 0.04	0.95 0.04	0.90 0.03	0.93 0.04	0.97 0.04	0.90 0.05	0.94 0.04	0.91 0.06	0.95 0.03



#### Family Meals Survey ONLINE Fieldwork: 11th-13th August 2017

Table 11

Q.3 To what extent do you agree or disagree with each of the following statements? We answer the telephone if it rings while we are eating together Base: All respondents who sit down for a meal with family

							Regio	on					
	Total	Scotland (a)	Wales (b)	NET: England (d)	North East (e)	North West (f)	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands	Eastern (j)	London (k)	South East	South West (m)
Unweighted base	1924	173	94	1657	74	208	190	160	144	199	230	279	173
Weighted base	1927	167	97*	1663	81*	223	166	175	148	187	246	267	168
NET: Agree	1176	108	57	1011	57	136	97	113	83	117	163	150	95
	61%	64%	59%	61%	69%ilm	61%	58%	64%	56%	63%	66%iLm	56%	57%
Strongly agree	(4) 311	21	21	269	19	35	27	31	17	32	48	34	24
	16%	13%	21%ail	16%	23%alL	16%	16%	18%	12%	17%	20%ail	13%	14%
Tend to agree	(3) 866	86	37	742	38	101	69	82	65	85	115	116	72
	45%	52%Bg	38%	45%	46%	45%	42%	47%	44%	46%	47%	43%	42%
Tend to disagree	(2) 397	36	18	343	10	42	39	28	40	45	41	58	39
	21%	22%	19%	21%	13%	19%	23%e	16%	27%EfHK	24%ehk	17%	22%e	23%e
Strongly disagree	(1) 297	20	20	257	11	38	21	30	21	24	36	52	24
	15%	12%	21%agj	15%	13%	17%	13%	17%	14%	13%	15%	20%Agj	14%
NET: Disagree	694	56	38	600	21	80	60	59	61	69	78	111	63
	36%	33%	40%e	36%	26%	36%	36%	34%	41%Ek	37%	31%	42%EK	37%e
Don't know	56	4	1	52	4	7	10	3	5	1	6	6	10
	3%	2%	1%	3%	5%J	3%	6%abhJ	JkL 2%	3%	1%	2%	2%	6%abhJkl
Mean	2.64	2.671	2.60	2.63	2.83IL	2.62	2.66	2.66	2.55	2.681	2.73L	2.51	2.60
Standard deviation	0.94	0.85	1.05	0.94	0.96	0.96	0.92	0.97	0.88	0.91	0.95	0.96	0.92
Standard error	0.02	0.07	0.11	0.02	0.11	0.07	0.07	0.08	0.08	0.06	0.06	0.06	0.07



Absolutes/col percents

Table 12
Q.3 To what extent do you agree or disagree with each of the following statements?
We regularly check our smartphones and other devices while eating a meal together
Base: All respondents who sit down for a meal with family

		Ge	nder					Age						Social	Grade		Employme	nt Sector
	Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (l)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base	1924	970	954	225	343	314	314	280	448	568	628	728	582	547	327	468	270	791
Weighted base	1927	933	993	213	334	313	328	287	452	547	641	739	528	532	405	462	281	820
NET: Agree	441	219	222	82	118	93	67	43	38	201	160	81	113	130	84	115	91	213
	23%	23%	22%	39%EFGH	H 35%FGH	30%FGH	I 20%gH	15%H	8%	37%JK	25%K	11%	21%	24%	21%	25%	32%q	26%
Strongly agree	(4) 88	39	48	19	28	13	10	6	12	47	23	18	22	22	20	24	17	36
	5%	4%	5%	9%EFGH	I 9%EFGI	H 4%	3%	2%	3%	9%JK	4%	2%	4%	4%	5%	5%	6%	4%
Tend to agree	(3) 353	180	174	64	90	79	58	36	26	154	137	63	91	108	64	91	74	177
	18%	19%	17%	30%FGH	27%FGH	25%FGH	I 18%H	13%H	6%	28%JK	21%K	8%	17%	20%	16%	20%	26%	22%
Tend to disagree	(2) 558	283	275	60	111	96	104	83	104	171	200	187	141	153	121	144	79	264
	29%	30%	28%	28%	33%H	31%H	32%H	29%h	23%	31%K	31%K	25%	27%	29%	30%	31%	28%	32%
Strongly disagree	(1) 871	403	468	58	93	114	147	156	303	151	261	459	254	239	187	191	101	312
	45%	43%	47%	27%	28%	37%CD	45%CDe	54%CDE	F 67%CDE	EFG 28%	41%l	62%lJ	48%O	45%	46%	41%	36%	38%
NET: Disagree	1429	686	743	118	204	211	250	239	408	322	461	647	395	392	308	335	181	577
	74%	74%	75%	55%	61%	67%C	76%CDE	83%CDEf	90%CDE	EFG 59%	72%l	87%IJ	75%	74%	76%	73%	64%	70%p
Don't know	56	28	28	13	12	10	10	5	6	24	20	12	20	10	14	12	9	30
	3%	3%	3%	6%GH	4%h	3%	3%	2%	1%	4%K	3%k	2%	4%m	2%	3%	3%	3%	4%
Mean	1.82	1.84	1.80	2.22EFGH	2.17EFGH	1.97FGH	1.78GH	1.62H	1.43	2.19JK	1.87K	1.50	1.77	1.83	1.79	1.881	2.02	1.92
Standard deviation	0.90	0.89	0.91	0.97	0.95	0.90	0.85	0.79	0.72	0.95	0.88	0.76	0.89	0.90	0.90	0.91	0.95	0.89
Standard error	0.02	0.03	0.03	0.07	0.05	0.05	0.05	0.05	0.03	0.04	0.04	0.03	0.04	0.04	0.05	0.04	0.06	0.03



### Family Meals Survey ONLINE Fieldwork: 11th-13th August 2017

Table 13
Q.3 To what extent do you agree or disagree with each of the following statements?
We regularly check our smartphones and other devices while eating a meal together
Base: All respondents who sit down for a meal with family

							Regi	ion					
	Total	Scotland (a)	Wales (b)	NET: England (d)	North East N	lorth West	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands (i)	Eastern (i)	London (k)	South East	South West (m)
Unweighted base	1924	173	94	1657	74	208	190	160	144	199	230	279	173
Weighted base	1927	167	97*	1663	81*	223	166	175	148	187	246	267	168
NET: Agree	441	48	25	368	28	56	35	36	32	32	64	51	33
	23%	29%dJLm	26%j	22%	34%GHiJLN	1 25%j	21%	21%	22%	17%	26%JI	19%	20%
Strongly agree	(4) 88	9	7	72	5	7	4	12	9	6	10	16	4
	5%	5%	7%gm	4%	6%	3%	2%	7%gm	6%	3%	4%	6%gm	2%
Tend to agree	(3) 353	39	18	296	23	49	31	25	23	26	54	35	29
	18%	23%hJL	19%	18%	28%HIJLm	22%hjL	19%	14%	16%	14%	22%hjL	13%	17%
Tend to disagree	(2) 558	51	29	479	30	55	43	52	45	60	67	81	46
	29%	30%	30%	29%	36%f	25%	26%	30%	30%	32%	27%	30%	28%
Strongly disagree	(1) 871	67	40	764	21	107	77	85	64	93	107	130	81
	45%	40%E	42%E	46%	26%	48%E	46%E	48%E	43%E	49%aE	43%E	49%aE	48%E
NET: Disagree	1429	118	69	1243	51	162	121	136	109	153	174	211	127
	74%	70%	71%	75%	62%	73%	72%	78%E	73%	82%AbEFGil	< 71%	79%aEK	76%E
Don't know	56	2	2	52	3	5	11	2	7	2	8	5	8
	3%	1%	2%	3%	3%	2%	6%AfH、	JL 1%	5%ahJl	1%	3%	2%	5%ahj
Mean	1.82	1.94dgJIM	1.92j	1.80	2.15FGHIJKL	M 1.80	1.75	1.79	1.84	1.71	1.86j	1.76	1.73
Standard deviation	0.90	0.93	0.96	0.89	0.89	0.90	0.86	0.93	0.92	0.83	0.91	0.90	0.84
Standard error	0.02	0.07	0.10	0.02	0.10	0.06	0.06	0.07	0.08	0.06	0.06	0.05	0.07



Absolutes/col percents

Table 14
Q.3 To what extent do you agree or disagree with each of the following statements?
We do not allow smartphones, newspapers or books while we are eating together as a family/household Base: All respondents who sit down for a meal with family

			Gen	der					Age	Social Grade				Employment Sector					
		Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (l)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base		1924	970	954	225	343	314	314	280	448	568	628	728	582	547	327	468	270	791
Weighted base		1927	933	993	213	334	313	328	287	452	547	641	739	528	532	405	462	281	820
NET: Agree		939 49%	424 45%	516 52%A	88 41%	119 36%	135 43%d	147 45%D	150 52%CDEf	300 66%CDE	207 FG 38%	282 44%l	450 61%lJ	279 53%O	254 48%	198 49%	208 45%	123 44%	356 43%
Strongly agree	(4)	442 23%	193 21%	249 25%A	33 16%	46 14%	54 17%	83 25%CDE	72 E 25%CDE	154 34%CDE	79 FG 14%	137 21%l	226 31%lJ	131 25%m	105 20%	100 25%	105 23%	52 19%	155 19%
Tend to agree	(3)	498 26%	231 25%	267 27%	54 26%	73 22%	80 26%	65 20%	79 27%F	146 32%DeF	128 23%	145 23%	225 30%lJ	148 28%O	149 28‰	98 24%	103 22%	71 25%	201 24%
Tend to disagree	(2)	544 28%	292 31%B	251 25%	52 24%	106 32%cH	106 34%CH	109 33%CH	80 28%H	91 20%	158 29%K	215 33%K	171 23%	133 25%	144 27%	128 32%l	138 30%	94 33%	244 30%
Strongly disagree	(1)	380 20%	188 20%	192 19%	56 27%efGH	94 1 28%EFG	60 H 19%H	65 20%H	50 17%h	54 12%	150 27%JK	126 20%K	104 14%	91 17%	122 23%LN	63 15%	104 23%LN	56 20%	184 22%
NET: Disagree		924 48%	480 51%B	443 45%	108 51%H	200 60%cGH	166 53%gH	174 53%gH	130 45%H	145 32%	308 56%K	340 53%K	275 37%	225 43%	266 50%L	190 47%	243 53%L	150 53%	428 52%
Don't know		64 3%	29 3%	35 3%	17 8%eFG	15 H 5%fH	12 4%h	7 2%	7 2%	7 2%	32 6%JК	19 3%	14 2%	23 4%M	12 2%	17 4%	12 2%	8 3%	35 4%
Mean		2.54	2.47	2.60A	2.33	2.22	2.43D	2.51cD	2.61CDE	2.90CDEF	G 2.26	2.471	2.79IJ	2.63MO	2.46	2.61mo	2.46	2.44	2.42
Standard deviation Standard error		1.06 0.02	1.05 0.03	1.08 0.04	1.07 0.07	1.03 0.06	1.01 0.06	1.08 0.06	1.05 0.06	1.01 0.05	1.04 0.04	1.05 0.04	1.04 0.04	1.06 0.04	1.06 0.05	1.04 0.06	1.09 0.05	1.02 0.06	1.05 0.04



## Family Meals Survey ONLINE Fieldwork: 11th-13th August 2017

Table 15
Q.3 To what extent do you agree or disagree with each of the following statements?
We do not allow smartphones, newspapers or books while we are eating together as a family/household Base: All respondents who sit down for a meal with family

							Reg	gion					
	Total	Scotland (a)	Wales (b)	NET: England (d)	North East (e)	North West (f)	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands	Eastern (j)	London (k)	South East	South West (m)
Unweighted base	1924	173	94	1657	74	208	190	160	144	199	230	279	173
Weighted base	1927	167	97*	1663	81*	223	166	175	148	187	246	267	168
NET: Agree	939	81	50	807	35	107	87	74	78	90	108	143	85
	49%	49%	52%	49%	43%	48%	53%hk	43%	53%h	48%	44%	53%HK	51%
Strongly agree	(4) 442	34	26	381	15	52	38	34	39	33	54	72	46
	23%	21%	27%j	23%	18%	23%	23%	20%	26%j	17%	22%	27%J	27%J
Tend to agree	(3) 498	47	24	426	21	54	50	40	39	57	54	71	39
	26%	28%	25%	26%	26%	24%	30%k	23%	27%	31%k	22%	27%	23%
Tend to disagree	(2) 544	59	24	461	18	60	42	45	37	57	76	72	53
	28%	35%DbEgh	il 25%	28%	22%	27%	25%	26%	25%	31%	31%	27%	31%
Strongly disagree	(1) 380	24	18	338	25	49	26	48	28	37	53	48	24
	20%	14%	19%	20%a	30%AGijLN	A 22%am	16%	28%AGi	LM 19%	20%	21%am	18%	14%
NET: Disagree	924	83	42	798	42	109	68	94	65	94	129	120	77
	48%	50%	43%	48%	52%	49%	41%	54%G	44%	50%g	52%G	45%	46%
Don't know	64	3	4	57	4	7	11	7	5	3	10	4	6
	3%	2%	5%	3%	5%	3%	6%AJI	- 4%	3%	2%	4%	2%	4%
Mean	2.54	2.56	2.63h	2.53	2.33	2.51	2.63eH	2.36	2.62eh	2.46	2.46	2.63EHk	2.66EHjk
Standard deviation	1.06	0.98	1.10	1.07	1.12	1.09	1.03	1.11	1.08	1.01	1.07	1.07	1.05
Standard error	0.02	0.08	0.12	0.03	0.13	0.08	0.08	0.09	0.09	0.07	0.07	0.06	0.08



Absolutes/col percents

Table 16
Q.3 To what extent do you agree or disagree with each of the following statements?
I wish I could spend more time with family and loved ones without being interrupted by technology Base: All respondents

			Gen	der	Age										Social Grade				Employment Sector	
		Total	Male (a)	Female (b)	18-24 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (l)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)	
Unweighted base		2037	1037	1000	243	359	328	349	293	465	602	677	758	601	587	338	511	284	847	
Weighted base		2037	994	1043	228	350	328	362	300	469	578	690	769	545	568	419	505	297	877	
NET: Agree		1210 59%	570 57%	640 61%a	121 53%	230 66%CfG	207 h 63%C	210 58%	168 56%	275 59%	350 61%	416 60%	443 58%	310 57%	338 59%	259 62%	303 60%	183 62%	529 60%	
Strongly agree	(4)	353 17%	139 14%	213 20%A	37 16%	83 24%CeF	58 G 18%g	49 13%	37 12%	89 19%fG	120 21%Jk	107 16%	126 16%	91 17%	86 15%	74 18%	102 20%M	41 14%	144 16%	
Tend to agree	(3)	858 42%	431 43%	426 41%	84 37%	147 42%	148 45%c	161 44%c	131 44%	186 40%	231 40%	309 45%	318 41%	220 40%	252 44%	185 44%	201 40%	142 48%	385 44%	
Tend to disagree	(2)	469 23%	260 26%B	209 20%	57 25%	72 20%	68 21%	83 23%	81 27%de	108 23%	129 22%	151 22%	189 25%	143 26%n	127 22%	88 21%	110 22%	76 26%	190 22%	
Strongly disagree	(1)	183 9%	87 9%	96 9%	27 12%de	26 7%	24 7%	39 11%	28 9%	39 8%	52 9%	63 9%	68 9%	41 7%	62 11%l	33 8%	48 9%	17 6%	89 10%P	
NET: Disagree		652 32%	347 35%B	305 29%	84 37%DE	97 28%	92 28%	122 34%	110 37%DE	147 31%	181 31%	214 31%	257 33%	184 34%	189 33%	121 29%	158 31%	93 31%	279 32%	
Don't know		175 9%	77 8%	98 9%	23 10%	23 7%	29 9%	31 8%	21 7%	47 10%	47 8%	60 9%	68 9%	51 9%	41 7%	39 9%	44 9%	21 7%	69 8%	
Mean		2.74	2.68	2.80A	2.64	2.88CFG	2.81CFG	2.66	2.64	2.77g	2.79	2.73	2.72	2.73	2.69	2.79	2.77	2.75	2.72	
Standard deviation Standard error		0.88 0.02	0.84 0.03	0.90 0.03	0.92 0.06	0.88 0.05	0.84 0.05	0.87 0.05	0.84 0.05	0.89 0.04	0.90 0.04	0.86 0.03	0.87 0.03	0.85 0.04	0.88 0.04	0.85 0.05	0.91 0.04	0.78 0.05	0.88 0.03	



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Table 17
Q.3 To what extent do you agree or disagree with each of the following statements?
I wish I could spend more time with family and loved ones without being interrupted by technology Base: All respondents

		_							gion					
	-	Total	Scotland (a)	Wales N	ET: England (d)	North East (e)	North West (f)	Yorkshire & Humberside (g)	West Midlands (h)	East Midlands	Eastern (j)	London (k)	South East	South West (m)
Unweighted base	2	037	185	99	1753	79	220	194	169	148	209	251	297	186
Weighted base	2	037	179	102*	1756	86*	234	171	183	153	196	271	283	179
NET: Agree	1:	210 59%	107 60%	55 54%	1048 60%	52 61%	146 62%J	106 62%j	101 55%	92 60%	101 52%	164 61%j	174 62%J	112 62%J
Strongly agree	(4)	353 17%	23 13%	21 20%	309 18%	19 22%a	44 19%	32 19%	34 19%	24 16%	31 16%	47 17%	51 18%	27 15%
Tend to agree	(3)	858 42%	84 47%bhJ	35 34%	739 42%	33 39%	102 43%	73 43%	67 36%	68 45%	70 36%	117 43%	124 44%j	84 47%bhJ
Tend to disagree	(2)	469 23%	47 26%m	29 28%m	393 22%	22 26%	48 20%	36 21%	42 23%	39 26%	56 28%fKM	54 20%	66 23%	32 18%
Strongly disagree	(1)	183 9%	15 8%	12 12%	156 9%	6 7%	21 9%	14 8%	19 10%	11 7%	25 13%iL	24 9%	20 7%	16 9%
NET: Disagree		652 32%	62 35%	41 40%dfgklM	549 31%	29 33%	69 29%	49 29%	61 33%	50 33%	81 41%FGKLM	78 29%	86 30%	48 27%
Don't know		175 9%	10 6%	5 5%	159 9%	5 6%	20 8%	16 9%	21 12%a	11 7%	14 7%	29 11%a	23 8%	20 11%a
Mean	2	2.74	2.68	2.66	2.75	2.80	2.79J	2.80J	2.72	2.74	2.59	2.77j	2.79J	2.77j
Standard deviation Standard error		0.88 0.02	0.82 0.06	0.96 0.10	0.88 0.02	0.89 0.10	0.88 0.06	0.87 0.07	0.93 0.08	0.83 0.07	0.93 0.07	0.87 0.06	0.84 0.05	0.85 0.07



Absolutes/col percents

Table 18

Q.4 During a typical day, how frequently would you say you usually check your smartphone or other electronic communications device?

Base: All respondents

	Gender			Age										Social Gr	Employment Sector			
	Total	Male (a)	Female (b)	18-24 2 (c)	25-34 (d)	35-44 (e)	45-54 (f)	55-64 (g)	65+ (h)	18-34 (i)	35-54 (j)	55+ (k)	AB (I)	C1 (m)	C2 (n)	DE (o)	Public (p)	Pri- vate (q)
Unweighted base	2037	1037	1000	243	359	328	349	293	465	602	677	758	601	587	338	511	284	847
Weighted base	2037	994	1043	228	350	328	362	300	469	578	690	769	545	568	419	505	297	877
Every 0-5 minutes	66 3%	23 2%	44 4%A	29 13%DEF0	14 GH 4%FGH	15 5%FGH	4 1%h	3 1%h	1	43 7%JK	20 3%K	4 1%	23 4%	16 3%	11 3%	16 3%	14 5%	24 3%
Every 6-10 minutes	167	80	87	43	53	35	20	9	7	96	55	16	48	47	36	35	30	91
	8%	8%	8%	19%EFGH	H 15%FGH	11%FGH	6%H	3%	1%	17%JK	8%K	2%	9%	8%	9%	7%	10%	10%
Every 11-20 minutes	202	96	106	44	63	36	28	22	9	107	64	31	54	72	36	40	37	107
	10%	10%	10%	19%EFGI	H 18%EFGH	H 11%H	8%H	7%H	2%	18%JK	9%K	4%	10%	13%nO	9%	8%	13%	12%
Every 21-30 minutes	265	129	136	32	52	72	49	24	36	84	121	60	70	72	68	56	51	128
	13%	13%	13%	14%GH	15%GH	22%CDF0	GH13%GH	8%	8%	15%K	18%K	8%	13%	13%	16%O	11%	17%	15%
Every 31-60 minutes	372	186	186	27	79	71	71	56	68	107	141	124	102	101	67	101	66	168
	18%	19%	18%	12%	23%CH	22%CH	19%Ch	19%c	14%	18%	21%K	16%	19%	18%	16%	20%	22%	19%
Every 61-120 minutes	335	166	169	31	50	59	69	63	63	82	128	125	96	97	71	70	60	154
	16%	17%	16%	14%	14%	18%h	19%H	21%CDH	13%	14%	19%l	16%	18%	17%	17%	14%	20%	18%
Less frequently than above	476	239	236	11	24	33	103	99	207	34	136	306	108	127	105	136	34	159
	23%	24%	23%	5%	7%	10%C	29%CDE	33%CDE	44%CDEF	FG 6%	20%l	40%lJ	20%	22%	25%l	27%L	11%	18%P
Not applicable - I do not own a smartphone or other electronic communications device	107 5%	52 5%	55 5%	2 1%	4 1%	4 1%	7 2%	15 5%CDEf	74 16%CDEF	6 FG 1%	12 2%	89 12%IJ	32 6%n	27 5%	13 3%	34 7%N	1 *	20 2%p
Don't know	47	24	24	9	11	2	11	9	5	20	13	14	12	8	11	16	2	25
	2%	2%	2%	4%EH	3%Eh	1%	3%Eh	3%eh	1%	3%k	2%	2%	2%	1%	3%	3%m	1%	3%P

