



## BBC SCHOOL REPORT– 11–16 YEAR–OLDS MENTAL HEALTH SURVEY

Methodology: ComRes interviewed 1,033 11–16 year–old GB children online between 27<sup>th</sup> January and 9<sup>th</sup> February 2017. Data were weighted to be demographically representative of all GB children in this age group. ComRes is a member of the British Polling Council and abides by its rules.

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## 11-16 year olds Mental Health survey 2017

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## 11-16 year olds Mental Health survey 2017

### S1. Are you?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Boy

Girl

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Boy	507	507	-	266	241	122	80	171	59	44	20	12	196	126	83	101
	49%	100%	-	53%	46%	49%	47%	51%	51%	52%	39%	34%	54%	46%	48%	45%
		b		d									o			
Girl	526	-	526	240	286	125	88	162	56	40	32	22	166	145	92	122
	51%	-	100%	47%	54%	51%	53%	49%	49%	48%	61%	66%	46%	54%	52%	55%
		a		c												l

## 11-16 year olds Mental Health survey 2017

### S1. Are you?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Boy

Girl

Columns Tested: a,b,c,d - e,f,g - h,i

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed	
Total	a	b	c	d	e	f	g	h	i	
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Boy	507	426	43	18	16	313	164	26	58	449
	49%	50%	54%	52%	30%	50%	47%	51%	51%	49%
		d	d							
Girl	526	431	36	17	36	313	184	25	56	469
	51%	50%	46%	48%	70%	50%	53%	49%	49%	51%
				ab						

## 11-16 year olds Mental Health survey 2017

### S2. How old are you?

Base: All respondents

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Boy 11	75 7%	75 15% b	- -	75 15% d	- -	21 9%	9 5%	21 6%	14 12%	5 6%	3 7%	2 5%	29 8%	16 6%	10 6%	19 9%
Boy 12	99 10%	99 20% b	- -	99 20% d	- -	23 9%	17 10%	33 10%	11 10%	8 9%	6 11%	2 5%	28 8%	28 10%	16 9%	27 12%
Boy 13	92 9%	92 18% b	- -	92 18% d	- -	20 8%	16 10%	33 10%	10 8%	8 9%	3 7%	2 5%	35 10%	18 7%	22 13% m	17 7%
Boy 14	75 7%	75 15% b	- -	- 14% c	75 -	20 8% j	15 9% j	25 8% j	8 7%	5 5%	- -	1 4%	31 9%	18 7%	12 7%	14 6%
Boy 15	67 6%	67 13% b	- -	- 13% c	67 -	15 6%	7 4%	25 8%	6 5%	5 7%	4 8%	4 12%	28 8%	18 6%	10 6%	12 5%
Boy 16	99 10%	99 19% b	- -	- 19% c	99 -	22 9%	17 10%	33 10%	10 9%	13 15%	3 6%	1 4%	45 13% o	27 10%	12 7%	12 5%
Girl 11	74 7%	- -	74 14% a	74 15% d	- -	18 7%	14 8%	24 7%	7 6%	4 5%	5 9%	3 9%	24 7%	28 10% o	10 6%	12 5%
Girl 12	89 9%	- -	89 17% a	89 18% d	- -	19 8%	14 8%	20 6%	7 6%	11 13% g	14 27% efghi	5 14%	26 7%	27 10% n	8 4%	28 12% ln
Girl 13	77 7%	- -	77 15% a	77 15% d	- -	19 8%	14 8%	20 6%	10 8%	5 6%	3 7%	5 14%	13 4%	20 7% l	24 14% lm	20 9% l
Girl 14	68 7%	- -	68 13% a	- 13% c	68 -	15 6%	13 7%	25 7%	6 5%	5 5%	3 6%	1 4%	18 5%	18 7%	13 7%	19 8%
Girl 15	87 8%	- -	87 17% a	- 17% c	87 -	21 9%	10 6%	32 10%	12 11%	5 5%	2 3%	6 16%	41 11% m	15 5%	14 8%	16 7%

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### S2. How old are you?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Girl 16

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Girl 16	131	-	131	-	131	33	23	42	14	11	5	3	44	36	23	28
	13%	-	25%	-	25%	13%	14%	13%	12%	13%	9%	8%	12%	13%	13%	12%
			a	c												

## 11-16 year olds Mental Health survey 2017

### S2. How old are you?

Base: All respondents

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Boy 11	75 7%	61 7%	8 10%	4 12%	1 2%	58 9%	13 4%	4 8%	8 7%	67 7%
Boy 12	99 10%	82 10%	10 13% c	- - c	7 14% c	62 10%	33 9%	2 5%	9 8%	90 10%
Boy 13	92 9%	83 10%	6 8%	1 4%	1 3%	53 8%	35 10%	4 7%	7 6%	85 9%
Boy 14	75 7%	62 7%	6 7%	6 16% d	1 2%	44 7%	30 9%	1 2%	10 8%	65 7%
Boy 15	67 6%	60 7%	2 2%	2 6%	2 4%	39 6%	24 7%	4 8%	9 8%	58 6%
Boy 16	99 10%	78 9%	11 14%	5 14%	3 5%	57 9%	29 8%	11 22% ef	15 13%	84 9%
Girl 11	74 7%	61 7%	8 10%	4 11%	1 3%	57 9% f	16 5%	1 2%	6 5%	68 7%
Girl 12	89 9%	71 8%	5 7%	3 8%	8 16%	51 8%	33 10%	3 6%	7 6%	82 9%
Girl 13	77 7%	67 8% b	1 2%	3 8%	4 8%	44 7%	30 9%	2 4%	4 3%	73 8%
Girl 14	68 7%	58 7%	5 6%	1 3%	5 9%	47 8%	19 6%	2 3%	8 7%	60 7%
Girl 15	87 8%	72 8%	3 4%	3 8%	6 12%	44 7%	41 12% e	2 3%	16 14% i	71 8%
Girl 16	131 13%	101 12%	14 18%	4 11%	11 22% a	69 11%	44 13%	16 31% ef	15 13%	116 13%

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### S3. Where do you live?

Base: All respondents

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	42	24	18	23	19	42	-	-	-	-	-	-	16	16	4	7
	4%	5%	3%	5%	4%	17%	-	-	-	-	-	-	5%	6%	2%	3%
						fg hij										
North West	117	52	65	59	58	117	-	-	-	-	-	-	31	37	22	25
	11%	10%	12%	12%	11%	47%	-	-	-	-	-	-	9%	14%	13%	11%
						fg hij										
Yorkshire and the Humberside	88	46	42	39	49	88	-	-	-	-	-	-	35	21	9	23
	9%	9%	8%	8%	9%	36%	-	-	-	-	-	-	10%	8%	5%	10%
						fg hij										
East Midlands	74	35	39	39	35	-	74	-	-	-	-	-	28	17	14	15
	7%	7%	7%	8%	7%	-	44%	-	-	-	-	-	8%	6%	8%	7%
							eg hij									
West Midlands	94	45	49	45	49	-	94	-	-	-	-	-	29	19	16	29
	9%	9%	9%	9%	9%	-	56%	-	-	-	-	-	8%	7%	9%	13%
							eg hij									m
East of England	99	55	44	51	48	-	-	99	-	-	-	-	35	21	26	17
	10%	11%	8%	10%	9%	-	-	30%	-	-	-	-	10%	8%	15%	8%
								ef hij							mo	
London (greater and central)	115	59	56	58	57	-	-	-	115	-	-	-	50	33	18	14
	11%	12%	11%	11%	11%	-	-	-	100%	-	-	-	14%	12%	10%	6%
									efg ij				o	o		
South East (excluding London)	147	76	71	69	77	-	-	147	-	-	-	-	53	43	20	29
	14%	15%	13%	14%	15%	-	-	44%	-	-	-	-	15%	16%	12%	13%
								ef hij								
South West	86	40	47	29	57	-	-	86	-	-	-	-	36	19	13	19
	8%	8%	9%	6%	11%	-	-	26%	-	-	-	-	10%	7%	7%	8%
					c			ef hij								
Wales	52	20	32	35	17	-	-	-	-	-	52	-	11	19	8	14
	5%	4%	6%	7%	3%	-	-	-	-	-	100%	-	3%	7%	5%	6%
				d							efghi			l	l	
Scotland	84	44	40	41	43	-	-	-	-	84	-	-	29	17	21	17
	8%	9%	8%	8%	8%	-	-	-	-	100%	-	-	8%	6%	12%	8%
										efghj					m	

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### S3. Where do you live?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Northern Ireland

Channel Islands

Isle of Man

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Northern Ireland	34	12	22	17	17	-	-	-	-	-	-	34	7	8	5	14
	3%	2%	4%	3%	3%	-	-	-	-	-	-	100%	2%	3%	3%	6%
Channel Islands	1	1	-	-	1	-	-	-	-	-	-	-	1	-	-	-
	*	*	-	-	*	-	-	-	-	-	-	-	*	-	-	-
Isle of Man	1	-	1	-	1	-	-	-	-	-	-	-	1	-	-	-
	*	-	*	-	*	-	-	-	-	-	-	-	*	-	-	-

## 11-16 year olds Mental Health survey 2017

### S3. Where do you live?

Base: All respondents

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian/ British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
North East	42	41	1	-	1	25	16	2	3	39
	4%	5%	1%	-	2%	4%	5%	3%	3%	4%
North West	117	98	9	1	9	75	33	5	13	104
	11%	11%	11%	2%	17%	12%	10%	9%	11%	11%
				c						
Yorkshire and the Humberside	88	69	14	1	3	50	29	8	3	84
	9%	8%	18%	4%	6%	8%	8%	16%	3%	9%
			acd					e		h
East Midlands	74	64	6	-	2	42	31	1	6	68
	7%	8%	7%	-	3%	7%	9%	2%	5%	7%
West Midlands	94	78	9	4	2	54	33	7	12	82
	9%	9%	11%	11%	4%	9%	10%	14%	10%	9%
East of England	99	90	3	2	4	54	37	6	6	93
	10%	11%	4%	5%	8%	9%	11%	12%	5%	10%
London (greater and central)	115	54	22	22	13	68	43	3	27	88
	11%	6%	28%	64%	25%	11%	12%	5%	24%	10%
			a	abd	a				i	
South East (excluding London)	147	125	11	4	6	79	59	8	23	123
	14%	15%	14%	11%	12%	13%	17%	15%	20%	13%
									i	
South West	86	80	2	-	5	48	35	3	8	78
	8%	9%	2%	-	10%	8%	10%	6%	7%	9%
		b								
Wales	52	47	1	-	4	46	1	5	3	49
	5%	5%	1%	-	8%	7%	*	9%	3%	5%
					b	f		f		
Scotland	84	79	2	1	1	65	16	3	-	84
	8%	9%	3%	4%	3%	10%	5%	5%	-	9%
						f				h
Northern Ireland	34	31	-	-	1	19	13	2	10	24
	3%	4%	-	-	3%	3%	4%	3%	9%	3%
									i	

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### S3. Where do you live?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Channel Islands

Isle of Man

Columns Tested: a,b,c,d - e,f,g - h,i

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed	
Total	a	b	c	d	e	f	g	h	i	
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Channel Islands	1	1	-	-	-	-	1	-	-	1
	*	*	-	-	-	-	*	-	-	*
Isle of Man	1	1	-	-	-	1	-	-	-	1
	*	*	-	-	-	*	-	-	-	*

## 11-16 year olds Mental Health survey 2017

### S4. SEG

Base: All respondents

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A	101	53	49	35	66	20	21	35	15	4	4	3	101	-	-	-
	10%	10%	9%	7%	12%	8%	12%	10%	13%	4%	8%	8%	28%	-	-	-
				c				i					mno			
B	260	143	117	118	142	62	37	88	35	25	6	5	260	-	-	-
	25%	28%	22%	23%	27%	25%	22%	27%	31%	30%	12%	13%	72%	-	-	-
		b				j		j	j	j			mno			
C1	271	126	145	139	132	74	37	84	33	17	19	8	-	271	-	-
	26%	25%	28%	27%	25%	30%	22%	25%	29%	20%	37%	23%	-	100%	-	-
											fi			lno		
C2	175	83	92	92	83	35	30	59	18	21	8	5	-	-	175	-
	17%	16%	17%	18%	16%	14%	18%	18%	15%	25%	15%	13%	-	-	100%	-
										e					lmo	
D	126	54	72	68	58	31	28	39	8	11	6	4	-	-	-	126
	12%	11%	14%	13%	11%	12%	16%	12%	7%	13%	11%	13%	-	-	-	56%
							h									lmn
E	97	47	50	54	43	24	16	27	6	7	8	10	-	-	-	97
	9%	9%	10%	11%	8%	10%	10%	8%	5%	8%	16%	29%	-	-	-	44%
										h						lmn
<b>NETS</b>																
Net: AB	361	196	166	154	208	82	58	123	50	29	11	7	361	-	-	-
	35%	39%	32%	30%	39%	33%	34%	37%	44%	35%	20%	22%	100%	-	-	-
		b			c			j	j				mno			
Net: DE	223	101	122	122	101	55	44	65	14	17	14	14	-	-	-	223
	22%	20%	23%	24%	19%	22%	26%	20%	12%	21%	27%	42%	-	-	-	100%
						h	h				h					lmn

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### S4. SEG

Base: All respondents

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
A	101	88	9	-	4	53	45	2	17	84
	10%	10%	11%	-	8%	9%	13%	3%	15%	9%
							eg		i	
B	260	213	18	15	11	158	92	9	41	219
	25%	25%	23%	43%	22%	25%	27%	18%	36%	24%
				abd					i	
C1	271	211	22	17	20	167	86	13	25	246
	26%	25%	28%	48%	39%	27%	25%	24%	22%	27%
				ab	a					
C2	175	155	12	2	6	115	50	10	9	166
	17%	18%	15%	5%	11%	18%	14%	19%	8%	18%
										h
D	126	108	10	-	5	80	40	6	6	119
	12%	13%	13%	-	10%	13%	12%	11%	5%	13%
		c	c							h
E	97	80	8	1	4	51	34	12	16	81
	9%	9%	10%	4%	9%	8%	10%	23%	14%	9%
							ef			
<b>NETS</b>										
Net: AB	361	301	27	15	16	211	138	11	58	303
	35%	35%	34%	43%	30%	34%	40%	22%	51%	33%
							g		i	
Net: DE	223	188	18	1	9	131	75	17	22	201
	22%	22%	23%	4%	18%	21%	21%	34%	19%	22%
		c	c					ef		

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.1. What type of school do you attend?

Base: All respondents

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Comprehensive/state school (non-fee paying)	464	243	221	252	212	118	71	132	42	51	41	9	151	130	81	101
	45%	48%	42%	50%	40%	48%	42%	40%	37%	60%	79%	26%	42%	48%	46%	45%
				d				g		efgh	efghi					
Academy	261	122	138	126	135	64	57	98	28	13	1	-	97	58	39	66
	25%	24%	26%	25%	26%	26%	34%	29%	24%	15%	2%	-	27%	22%	22%	30%
						ij	ij	ij	j	j						m
Free school	108	48	60	59	50	21	15	32	17	12	5	6	23	32	28	24
	10%	10%	11%	12%	9%	8%	9%	10%	15%	15%	10%	18%	6%	12%	16%	11%
														l	l	
Grammar school	87	41	46	34	53	14	7	33	15	4	-	13	41	27	10	9
	8%	8%	9%	7%	10%	6%	4%	10%	13%	4%	-	39%	11%	10%	6%	4%
								fj	efij				no	o		
Private school (fee paying)	53	22	32	15	39	12	9	18	8	2	-	4	36	5	6	6
	5%	4%	6%	3%	7%	5%	5%	5%	7%	2%	-	12%	10%	2%	3%	2%
					c				j				mno			
I am home educated	11	5	6	4	7	3	2	2	-	-	3	-	3	3	2	4
	1%	1%	1%	1%	1%	1%	1%	1%	-	-	6%	-	1%	1%	1%	2%
											eghi					
Other	40	21	19	12	28	12	6	14	3	3	2	2	8	10	8	13
	4%	4%	4%	2%	5%	5%	4%	4%	2%	3%	3%	5%	2%	4%	5%	6%
					c											l
Don't know	8	4	4	4	4	3	1	3	1	-	-	-	2	6	1	-
	1%	1%	1%	1%	1%	1%	*	1%	1%	-	-	-	*	2%	*	-
														o		

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.1. What type of school do you attend?

Base: All respondents

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Comprehensive/state school (non-fee paying)	464	403	22	12	23	464	-	-	23	442
	45%	47%	28%	34%	45%	74%	-	-	20%	48%
		b				fg				h
Academy	261	226	17	10	6	-	261	-	8	253
	25%	26%	22%	27%	12%	-	75%	-	7%	28%
		d					eg			h
Free school	108	80	13	5	5	108	-	-	7	101
	10%	9%	17%	16%	10%	17%	-	-	6%	11%
		a				fg				
Grammar school	87	59	14	5	8	-	87	-	48	39
	8%	7%	17%	15%	16%	-	25%	-	42%	4%
		a			a		eg		i	
Private school (fee paying)	53	40	7	2	4	53	-	-	19	35
	5%	5%	9%	6%	7%	9%	-	-	16%	4%
						fg			i	
I am home educated	11	10	-	-	2	-	-	11	4	7
	1%	1%	-	-	3%	-	-	22%	4%	1%
								ef	i	
Other	40	34	4	-	2	-	-	40	5	35
	4%	4%	5%	-	5%	-	-	78%	5%	4%
								ef		
Don't know	8	5	1	1	1	-	-	-	-	8
	1%	1%	1%	2%	2%	-	-	-	-	1%

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.2. Is your school single sex or mixed?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Single sex

Mixed

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Single sex	114	58	56	41	73	19	18	37	27	-	3	10	58	25	9	22
	11%	11%	11%	8%	14%	8%	10%	11%	23%	-	6%	30%	16%	9%	5%	10%
				c	i	i	i	efgij			i	mno				
Mixed	919	449	469	465	453	228	151	295	88	84	49	24	303	246	166	201
	89%	89%	89%	92%	86%	92%	90%	89%	77%	100%	94%	70%	84%	91%	95%	90%
				d	h	h	h	h	efghj	h	h	h	l	l	l	l

## 11-16 year olds Mental Health survey 2017

### Q1.2. Is your school single sex or mixed?

Base: All respondents

Significance Level: 95%

Unweighted Total

Weighted Total

Single sex

Mixed

Columns Tested: a,b,c,d - e,f,g - h,i

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed	
Total	a	b	c	d	e	f	g	h	i	
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Single sex	114	79	18	6	10	49	56	9	114	-
	11%	9%	22%	18%	19%	8%	16%	18%	100%	-
		a	a	a		e	e	e	i	
Mixed	919	777	61	29	42	577	291	42	-	919
	89%	91%	78%	82%	81%	92%	84%	82%	-	100%
		bd				fg				h

## 11-16 year olds Mental Health survey 2017

### Q1.3. How happy or unhappy are you with your life at the moment?

Base: All respondents

	Total	GENDER		AGE		REGION						SEG				
		Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
		a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very happy (4.0)	287 28%	145 29%	142 27%	164 32% d	123 23%	59 24%	40 24%	96 29%	37 32%	28 33%	19 36%	9 26%	95 26%	75 28%	51 29%	64 29%
Quite happy (3.0)	610 59%	299 59%	311 59%	291 57%	319 61%	158 64% hi	102 61%	195 59%	60 52%	43 51%	27 53%	25 74%	221 61%	159 59%	97 56%	132 59%
Quite unhappy (2.0)	78 8%	39 8%	39 7%	26 5%	51 10% c	16 7%	14 8%	24 7%	10 9%	10 12%	3 5%	-	28 8%	18 7%	15 9%	15 7%
Very unhappy (1.0)	31 3%	17 3%	15 3%	12 2%	19 4%	9 4%	9 5%	9 3%	3 2%	1 1%	1 2%	-	11 3%	9 3%	7 4%	5 2%
Don't know	27 3%	8 2%	18 4%	12 2%	14 3%	5 2%	4 2%	8 2%	5 5%	3 3%	2 3%	-	6 2%	9 3%	4 2%	7 3%
<b>NETS</b>																
Net: Happy	897 87%	444 87%	454 86%	455 90% d	442 84%	217 88%	142 84%	292 88%	96 84%	70 84%	46 89%	34 100%	316 88%	235 87%	148 85%	196 88%
Net: Unhappy	109 11%	55 11%	54 10%	39 8%	70 13% c	25 10%	23 13%	32 10%	13 11%	11 13%	4 8%	-	39 11%	27 10%	22 13%	20 9%
Mean score	3.15	3.15	3.15	3.23 d	3.07	3.10	3.05	3.17	3.19	3.20	3.27	3.26	3.13	3.15	3.13	3.18
Standard deviation	.68	.69	.67	.66	.70	.67	.73	.67	.71	.69	.68	.45	.67	.68	.73	.65
Standard error	.02	.03	.03	.03	.03	.04	.06	.04	.07	.08	.10	.09	.04	.04	.06	.05

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.3. How happy or unhappy are you with your life at the moment?

Base: All respondents

	Total	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER	
		White	Asian/ Asian/ British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
		a	b	c	d	e	f	g	h	i
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very happy (4.0)	287 28%	248 29% d	19 25%	11 31%	7 14%	168 27%	105 30%	12 24%	33 29%	255 28%
Quite happy (3.0)	610 59%	503 59%	46 58%	18 51%	35 69%	373 60%	201 58%	32 63%	64 56%	545 59%
Quite unhappy (2.0)	78 8%	59 7%	7 9%	5 15%	5 11%	49 8%	23 7%	4 9%	9 8%	69 7%
Very unhappy (1.0)	31 3%	28 3%	2 3%	- -	1 1%	20 3%	10 3%	2 4%	3 2%	28 3%
Don't know	27 3%	18 2%	5 6% a	1 4%	2 5%	16 3%	9 2%	1 2%	5 5%	21 2%
<b>NETS</b>										
Net: Happy	897 87%	751 88%	65 82%	28 81%	43 83%	541 86%	306 88%	44 86%	97 85%	800 87%
Net: Unhappy	109 11%	87 10%	9 12%	5 15%	6 12%	69 11%	33 9%	6 12%	12 10%	97 11%
Mean score	3.15	3.16	3.11	3.16	3.01	3.13	3.18	3.08	3.17	3.14
Standard deviation	.68	.69	.68	.68	.57	.68	.68	.69	.68	.68
Standard error	.02	.02	.08	.12	.08	.03	.04	.09	.07	.02

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.4. In the last 12 months, have you...?

Base: All respondents

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Felt upset or unhappy	480 47%	188 37%	293 56% a	204 40%	276 52% c	118 48%	77 46%	168 51% h	44 39%	36 44%	23 45%	12 35%	170 47%	131 48%	76 44%	101 45%
Felt anxious	420 41%	164 32%	256 49% a	154 30%	266 51% c	106 43%	66 39%	141 42%	41 36%	29 35%	25 49%	12 35%	155 43% n	123 45% n	57 33%	83 37%
Felt angry	401 39%	178 35%	223 42% a	158 31%	243 46% c	96 39%	72 43%	147 44% hj	30 26%	31 37%	15 30%	10 30%	157 43% m	91 34%	67 38%	83 37%
Felt worried about how you look	354 34%	115 23%	239 45% a	118 23%	236 45% c	88 36%	50 30%	129 39% h	31 27%	34 40%	16 30%	4 13%	133 37%	85 31%	63 36%	72 32%
Had to do certain things to feel better	189 18%	77 15%	111 21% a	60 12%	129 25% c	45 18%	35 21%	65 20%	21 19%	13 16%	7 14%	3 9%	85 23% no	55 20% o	26 15%	22 10%
Had problems with food, weight or eating (e.g. eating too much, not eating enough)	181 18%	54 11%	127 24% a	57 11%	124 24% c	56 23% h	28 17%	56 17%	10 9%	17 20% h	9 18%	4 13%	64 18%	42 16%	30 17%	44 20%
Felt frightened or unsafe	136 13%	46 9%	91 17% a	52 10%	85 16% c	37 15%	19 11%	46 14%	16 14%	11 13%	6 11%	2 5%	52 14%	34 12%	24 14%	26 12%
Felt like harming yourself	85 8%	21 4%	64 12% a	24 5%	61 12% c	24 10%	15 9%	27 8%	7 6%	6 7%	5 10%	1 4%	33 9%	17 6%	13 7%	22 10%
Other	9 1%	3 1%	7 1%	2 *	7 1%	3 1%	1 1%	3 1%	- -	1 1%	- -	1 4%	2 *	2 1%	2 1%	4 2%
None of these	306 30%	182 36%	123 23%	187 37% d	118 22%	68 28%	51 30%	85 26%	45 39%	28 33%	16 30%	13 39%	100 28%	79 29%	53 31%	73 33%

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.4. In the last 12 months, have you...?

Base: All respondents

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Felt upset or unhappy	480 47%	414 48% b	21 27%	12 36%	29 57% b	295 47%	156 45%	27 52%	55 48%	425 46%
Felt anxious	420 41%	359 42% b	18 23%	11 30%	26 52% b	250 40%	139 40%	29 56% ef	59 51% i	362 39%
Felt angry	401 39%	353 41% b	17 21%	11 31%	17 34%	248 40%	128 37%	23 44%	42 36%	359 39%
Felt worried about how you look	354 34%	306 36% b	19 24%	9 27%	17 33%	213 34%	121 35%	19 37%	45 40%	308 34%
Had to do certain things to feel better	189 18%	153 18%	20 25%	7 21%	8 16%	121 19%	53 15%	13 26% f	26 23%	162 18%
Had problems with food, weight or eating (e.g. eating too much, not eating enough)	181 18%	152 18%	16 21%	5 15%	7 13%	107 17%	63 18%	11 21%	25 22%	156 17%
Felt frightened or unsafe	136 13%	115 13%	7 9%	5 16%	7 13%	91 15%	41 12%	4 8%	14 12%	122 13%
Felt like harming yourself	85 8%	70 8%	3 3%	4 12%	6 12%	50 8%	31 9%	4 8%	11 9%	74 8%
Other	9 1%	8 1%	- -	- -	1 3%	5 1%	3 1%	2 3%	3 3% i	6 1%
None of these	306 30%	238 28%	37 48% ad	15 42%	12 24%	186 30%	104 30%	10 20%	30 26%	275 30%

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.5. When you felt like that, did you speak to someone or look for help online?

Base: All who have said they have had negative feelings in the past 12 months

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	747	327	420	264	483	193	111	276	61	54	36	14	275	199	124	146
Weighted Total	727	325	402	319	409	179	118	247	70	56	36	21	262	192	122	150
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	365	148	217	179	186	86	60	121	34	26	22	15	125	98	62	79
	50%	46%	54%	56%	46%	48%	51%	49%	49%	47%	61%	71%	48%	51%	51%	53%
			a	d												
No	362	177	185	140	222	93	58	126	35	30	14	6	137	94	60	71
	50%	54%	46%	44%	54%	52%	49%	51%	51%	53%	39%	29%	52%	49%	49%	47%
		b		c												

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.5. When you felt like that, did you speak to someone or look for help online?

Base: All who have said they have had negative feelings in the past 12 months

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	*c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	747	639	42	19	39	448	251	45	85	662
Weighted Total	727	618	41	20	39	440	244	41	84	643
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Yes	365 50%	305 49%	17 40%	11 52%	27 70% ab	207 47%	131 54%	25 62%	37 44%	328 51%
No	362 50%	313 51% d	25 60% d	10 48%	12 30%	232 53%	113 46%	16 38%	47 56%	315 49%

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.6. Which of the following people or sources did you speak to or look for help from?

Base: All who have spoken to someone or looked online for help

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	367	146	221	147	220	92	56	132	30	24	22	10	128	98	62	77
Weighted Total	365	148	217	179	186	86	60	121	34	26	22	15	125	98	62	79
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Family	292	122	170	155	137	62	53	101	22	23	18	13	89	81	55	66
	80%	83%	78%	87%	74%	72%	88%	83%	64%	86%	82%	91%	72%	83%	89%	83%
			d				eh	h							l	
Friends	167	62	105	69	99	32	33	62	19	7	9	4	71	41	23	31
	46%	42%	48%	38%	53%	37%	55%	51%	56%	27%	43%	29%	57%	41%	37%	40%
			c				e	e					mno			
School/teacher	102	48	54	52	50	22	20	40	5	6	6	3	32	34	19	16
	28%	32%	25%	29%	27%	25%	34%	33%	14%	24%	25%	21%	26%	34%	31%	20%
								h						o		
Online - websites	53	15	37	12	41	16	6	13	8	5	1	3	24	15	5	7
	14%	10%	17%	7%	22%	19%	10%	10%	25%	17%	5%	20%	19%	15%	8%	9%
								g					n			
Online - social media	36	9	27	12	23	10	4	14	5	1	1	-	19	8	3	5
	10%	6%	12%	7%	12%	12%	6%	12%	14%	3%	5%	-	15%	8%	4%	7%
													n			
Doctor	33	9	24	11	22	9	5	10	1	1	4	1	7	10	6	9
	9%	6%	11%	6%	12%	11%	9%	9%	4%	3%	18%	9%	6%	10%	11%	11%
Counsellor	32	13	19	10	22	7	6	12	1	1	3	2	10	7	4	11
	9%	9%	9%	6%	12%	9%	10%	10%	3%	3%	13%	11%	8%	7%	7%	13%
Mental health services	28	11	18	8	20	8	6	8	4	2	2	-	8	4	5	11
	8%	7%	8%	4%	11%	9%	9%	7%	11%	7%	7%	-	6%	4%	8%	14%
					c											m
Helplines	17	6	11	6	11	5	1	10	1	1	-	-	8	2	4	2
	5%	4%	5%	3%	6%	5%	1%	8%	3%	3%	-	-	6%	3%	6%	3%
Other	7	4	3	3	3	3	-	2	1	-	-	-	2	1	-	4
	2%	3%	1%	2%	2%	4%	-	2%	4%	-	-	-	1%	1%	-	5%

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.6. Which of the following people or sources did you speak to or look for help from?

Base: All who have spoken to someone or looked online for help

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	*b	*c	*d	e	f	*g	h	i	
Significance Level: 95%										
Unweighted Total	367	310	16	9	27	206	132	27	36	331
Weighted Total	365	305	17	11	27	207	131	25	37	328
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Family	292	251	10	7	21	171	99	21	27	265
	80%	82%	57%	66%	77%	82%	76%	82%	73%	81%
Friends	167	134	11	7	13	98	58	10	18	149
	46%	44%	67%	67%	46%	47%	44%	41%	49%	45%
School/teacher	102	88	7	2	4	64	31	7	9	93
	28%	29%	44%	22%	15%	31%	24%	27%	23%	28%
Online - websites	53	38	4	1	8	27	24	2	7	45
	14%	13%	22%	13%	30%	13%	18%	6%	20%	14%
Online - social media	36	26	7	-	2	25	8	2	3	33
	10%	9%	45%	-	7%	12%	6%	9%	7%	10%
Doctor	33	30	1	-	2	21	8	3	4	29
	9%	10%	8%	-	7%	10%	6%	14%	10%	9%
Counsellor	32	28	1	-	3	22	7	2	2	30
	9%	9%	5%	-	10%	11%	5%	10%	5%	9%
Mental health services	28	26	1	-	2	17	10	2	1	28
	8%	8%	5%	-	6%	8%	7%	6%	2%	8%
Helplines	17	11	2	-	4	8	7	2	1	16
	5%	4%	12%	-	14%	4%	5%	7%	2%	5%
Other	7	5	-	1	-	2	2	3	-	7
	2%	2%	-	13%	-	1%	1%	11%	-	2%

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.7. Which of the following reasons best describes why you didn't speak to a person or look for help from an online source when you felt like that?

Base: All who have not spoken to someone or looked online for help

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	*j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	380	181	199	117	263	101	55	144	31	30	14	4	147	101	62	69
Weighted Total	362	177	185	140	222	93	58	126	35	30	14	6	137	94	60	71
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I didn't think it was a problem	173 48%	87 49%	86 46%	56 40%	117 53% c	43 47%	25 44%	64 51%	17 49%	14 47%	6 42%	3 47%	71 52%	39 41%	27 45%	35 50%
I didn't want anyone else to know	96 27%	41 23%	55 30%	29 21%	67 30%	24 26%	18 31%	28 22%	11 30%	12 41%	3 25%	- -	43 31%	25 26%	12 20%	17 24%
I wasn't confident enough to	88 24%	36 21%	51 28%	30 22%	57 26%	27 29%	12 21%	33 27%	10 27%	2 6%	4 28%	- -	36 26%	23 25%	13 22%	16 22%
I was embarrassed	71 20%	26 15%	45 24% a	27 19%	45 20%	24 26%	13 22%	21 16%	5 13%	6 20%	3 25%	- -	24 18%	22 24%	12 20%	13 18%
I didn't want to get into trouble	42 12%	16 9%	25 14%	20 14%	22 10%	12 12%	8 14%	11 8%	4 12%	3 11%	3 22%	1 23%	14 10%	12 12%	5 8%	12 17%
I didn't know where to get help	37 10%	21 12%	16 9%	16 12%	21 9%	10 11%	7 12%	11 9%	5 14%	2 6%	2 17%	- -	14 10%	8 9%	8 13%	7 10%
I was scared	24 7%	11 6%	13 7%	9 6%	15 7%	10 11%	5 8%	4 4%	1 4%	2 7%	1 8%	- -	11 8%	4 5%	2 3%	7 10%
Other	34 10%	16 9%	19 10%	14 10%	21 9%	6 6%	1 2%	15 12% f	2 7%	4 14% f	4 30%	2 27%	17 12% o	11 12%	3 5%	3 4%
Don't know	29 8%	14 8%	15 8%	18 13% d	11 5%	7 7%	7 12%	10 8%	2 7%	1 3%	- -	2 27%	10 7%	8 9%	5 8%	6 9%

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.7. Which of the following reasons best describes why you didn't speak to a person or look for help from an online source when you felt like that?

Base: All who have not spoken to someone or looked online for help

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	*b	*c	*d	e	f	*g	h	i	
Significance Level: 95%										
Unweighted Total	380	329	26	10	12	242	119	18	49	331
Weighted Total	362	313	25	10	12	232	113	16	47	315
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
I didn't think it was a problem	173 48%	150 48%	13 52%	4 38%	6 51%	114 49%	52 46%	6 40%	22 47%	151 48%
I didn't want anyone else to know	96 27%	81 26%	5 21%	6 62%	2 16%	63 27%	29 26%	4 28%	16 35%	80 25%
I wasn't confident enough to	88 24%	71 23%	7 28%	3 30%	6 48%	54 23%	29 26%	5 29%	13 29%	74 24%
I was embarrassed	71 20%	60 19%	7 26%	2 19%	3 22%	48 21%	20 18%	3 21%	11 24%	60 19%
I didn't want to get into trouble	42 12%	35 11%	4 17%	- -	2 19%	29 13%	12 10%	1 5%	6 14%	36 11%
I didn't know where to get help	37 10%	31 10%	3 14%	1 11%	1 9%	27 11%	8 7%	3 16%	4 9%	33 10%
I was scared	24 7%	18 6%	3 12%	1 11%	1 9%	18 8%	6 5%	- -	6 13%	18 6%
Other	34 10%	31 10%	- -	1 10%	2 17%	23 10%	9 8%	3 18%	2 3%	33 10%
Don't know	29 8%	26 8%	2 8%	- -	- -	14 6%	14 12%	1 8%	3 7%	26 8%

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q1.8. How good or bad would you say that the support you are offered at school is for students who feel worried or concerned about something?

Base: All respondents

	Total	GENDER		AGE		REGION						SEG				
		Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
		a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very good (4.0)	229 22%	116 23%	114 22%	127 25% d	103 19%	40 16%	48 28% e	78 23% e	29 25% e	16 19%	9 17%	9 27%	72 20%	70 26% o	45 26%	40 18%
Quite good (3.0)	455 44%	220 43%	235 45%	226 45%	229 43%	114 46% i	71 42% i	157 47% i	55 48% i	23 28%	22 43%	12 35%	178 49% m	107 39%	76 44%	93 42%
Quite poor (2.0)	136 13%	55 11%	80 15% a	49 10%	87 16% c	35 14%	21 13%	40 12%	11 9%	18 22% gh	6 11%	4 13%	58 16%	33 12%	18 10%	27 12%
Very poor (1.0)	55 5%	27 5%	28 5%	15 3%	40 8% c	14 6%	7 4%	18 6%	7 6%	4 4%	2 4%	3 8%	13 4%	15 6%	14 8% l	13 6%
Don't know	158 15%	88 17%	70 13%	90 18% d	68 13%	44 18% g	21 12%	39 12%	13 11%	22 27% fgh	13 25% fgh	6 17%	40 11%	46 17% l	21 12%	51 23% ln
<b>NETS</b>																
Net: Good	684 66%	336 66%	348 66%	353 70% d	331 63%	154 62% i	119 71% i	235 71% ei	84 73% i	39 47%	31 60%	21 62%	251 69% o	177 65%	121 69% o	133 59%
Net: Poor	191 18%	83 16%	108 21%	64 13%	127 24% c	49 20%	29 17%	58 18%	18 16%	22 26%	8 15%	7 21%	71 20%	48 18%	32 19%	40 18%
Mean score	2.98	3.01	2.95	3.11 d	2.86	2.89	3.08 e	3.00	3.04	2.85	2.97	2.97	2.96	3.03	2.99	2.93
Standard deviation	.82	.82	.82	.74	.86	.80	.82	.81	.82	.89	.77	.95	.75	.85	.89	.82
Standard error	.03	.04	.04	.04	.04	.05	.07	.04	.09	.12	.12	.22	.04	.06	.07	.06

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q1.8. How good or bad would you say that the support you are offered at school is for students who feel worried or concerned about something?

Base: All respondents

	Total	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER	
		White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
		a	b	c	d	e	f	g	h	i
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very good	(4.0) 229	188	17	10	13	125	86	14	33	196
	22%	22%	22%	28%	25%	20%	25%	28%	29%	21%
Quite good	(3.0) 455	367	44	15	23	290	144	20	44	411
	44%	43%	55%	43%	44%	46%	41%	38%	38%	45%
			a							
Quite poor	(2.0) 136	117	5	5	8	77	53	5	19	117
	13%	14%	6%	15%	16%	12%	15%	10%	17%	13%
Very poor	(1.0) 55	51	2	-	2	30	21	4	7	49
	5%	6%	3%	-	3%	5%	6%	8%	6%	5%
Don't know	158	133	10	5	6	103	44	8	12	146
	15%	16%	13%	14%	11%	17%	13%	16%	10%	16%
<b>NETS</b>										
Net: Good	684	555	61	25	36	415	230	34	77	607
	66%	65%	77%	71%	69%	66%	66%	66%	67%	66%
			a							
Net: Poor	191	168	7	5	10	107	73	9	26	165
	18%	20%	9%	15%	19%	17%	21%	18%	23%	18%
		b								
Mean score	2.98	2.96	3.11	3.15	3.04	2.98	2.98	3.02	3.01	2.98
Standard deviation	.82	.84	.68	.70	.78	.79	.86	.92	.88	.81
Standard error	.03	.03	.08	.14	.12	.03	.05	.13	.09	.03

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

**Q1.9. If you were feeling worried or concerned about something, how confident or otherwise would you feel asking for help and support at your school?**

Base: All respondents

	Total	GENDER		AGE		REGION						SEG				
		Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
		a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Very confident (4.0)	173 17%	90 18%	83 16%	95 19%	78 15%	33 13%	36 21%	46 14%	26 22%	13 16%	8 15%	11 31%	68 19%	49 18%	27 15%	30 13%
Quite confident (3.0)	428 41%	215 42%	213 40%	237 47%	191 36%	107 44%	72 43%	146 44%	47 41%	26 31%	23 44%	6 17%	141 39%	109 40%	85 49%	91 41%
Not very confident (2.0)	247 24%	115 23%	132 25%	110 22%	137 26%	60 24%	34 20%	88 26%	22 20%	25 30%	8 15%	11 31%	86 24%	67 25%	38 22%	54 24%
Not at all confident (1.0)	102 10%	42 8%	60 11%	28 5%	74 14%	27 11%	20 12%	29 9%	13 11%	6 8%	5 10%	3 8%	40 11%	25 9%	15 8%	22 10%
Don't know	84 8%	45 9%	38 7%	37 7%	47 9%	20 8%	7 4%	24 7%	6 6%	13 16%	8 16%	4 13%	26 7%	21 8%	10 6%	26 12%
<b>NETS</b>																
Net: Confident	601 58%	305 60%	296 56%	332 66%	269 51%	140 57%	108 64%	192 58%	73 64%	39 47%	31 59%	16 48%	209 58%	157 58%	112 64%	121 54%
Net: Not confident	349 34%	157 31%	191 36%	137 27%	211 40%	87 35%	53 32%	116 35%	35 31%	31 37%	13 25%	13 39%	127 35%	92 34%	52 30%	76 34%
Mean score	2.71	2.76	2.66	2.85 d	2.57	2.64	2.77	2.68	2.80	2.66	2.77	2.81	2.70	2.73	2.76	2.65
Standard deviation	.89	.87	.90	.81	.94	.87	.93	.84	.94	.89	.89	1.04	.93	.89	.83	.87
Standard error	.03	.04	.04	.04	.04	.06	.08	.05	.10	.11	.14	.23	.05	.06	.07	.06

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

**Q1.9. If you were feeling worried or concerned about something, how confident or otherwise would you feel asking for help and support at your school?**

Base: All respondents

	Total	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
		White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed	
		a	b	c	d	e	f	g	h	i	
Significance Level: 95%											
Unweighted Total	1033	863	76	32	51	618	352	55	114	919	
Weighted Total	1033	856	79	35	51	626	348	51	114	919	
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	
Very confident	(4.0)	173	141	18	8	5	100	64	8	25	148
		17%	16%	23%	24%	10%	16%	18%	15%	22%	16%
Quite confident	(3.0)	428	359	26	14	23	264	142	20	37	390
		41%	42%	33%	40%	45%	42%	41%	38%	33%	43%
											h
Not very confident	(2.0)	247	206	20	7	13	147	83	14	26	221
		24%	24%	25%	19%	24%	23%	24%	27%	22%	24%
Not at all confident	(1.0)	102	84	6	4	7	62	35	5	18	84
		10%	10%	7%	11%	13%	10%	10%	9%	16%	9%
											i
Don't know		84	67	9	2	4	53	24	5	8	76
		8%	8%	12%	6%	8%	8%	7%	10%	7%	8%
<b>NETS</b>											
Net: Confident		601	500	44	22	28	364	206	28	63	538
		58%	58%	55%	64%	55%	58%	59%	54%	55%	59%
Net: Not confident		349	289	26	11	19	209	118	18	44	305
		34%	34%	33%	30%	37%	33%	34%	36%	38%	33%
Mean score		2.71	2.71	2.80	2.82	2.56	2.70	2.72	2.67	2.65	2.71
Standard deviation		.89	.88	.92	.96	.87	.88	.90	.88	1.03	.87
Standard error		.03	.03	.11	.17	.13	.04	.05	.13	.10	.03

Columns Tested: a,b,c,d - e,f,g - h,i

## 11-16 year olds Mental Health survey 2017

### Q2.0. What help and support, if any, does your school offer if you are feeling worried or concerned about something?

Base: All respondents

	GENDER		AGE		REGION							SEG				
	Total	Male	Female	11-13	14-16	North	Midlands	South (excluding London)	London	Scotland	Wales	NI	AB	C1	C2	DE
	a	b	c	d	e	f	g	h	i	j	*k	l	m	n	o	
Significance Level: 95%																
Unweighted Total	1033	500	533	414	619	259	156	366	98	78	51	23	371	272	172	215
Weighted Total	1033	507	526	506	527	247	168	332	115	84	52	34	361	271	175	223
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
There is an allocated teacher I can talk to (e.g. form tutor)	543 53%	254 50%	289 55%	257 51%	286 54%	118 48%	86 51%	189 57%	70 61%	43 51%	20 39%	15 45%	202 56%	147 54%	89 51%	102 46%
								ej	ej				o			
There is an allocated person I can talk to (e.g. school counsellor)	427 41%	195 38%	233 44%	181 36%	247 47%	95 39%	70 42%	159 48%	51 45%	23 28%	18 34%	10 30%	168 47%	114 42%	59 34%	84 37%
				c			i	ei	i				no			
I have a favourite teacher I can talk to	327 32%	155 31%	171 33%	156 31%	170 32%	70 28%	59 35%	117 35%	33 29%	28 34%	13 24%	8 23%	125 35%	94 35%	53 30%	52 23%
													o	o		
There are other more senior pupils I can talk to (e.g. mentors)	152 15%	69 14%	83 16%	78 15%	74 14%	26 10%	28 17%	56 17%	21 18%	8 9%	5 11%	9 26%	59 16%	38 14%	31 18%	23 10%
								e	e				o		o	
Other	17 2%	4 1%	13 3%	6 1%	12 2%	3 1%	2 1%	9 3%	1 1%	- -	2 5%	- -	8 2%	5 2%	3 2%	2 1%
			a													
Don't know	94 9%	46 9%	48 9%	49 10%	44 8%	37 15%	13 8%	20 6%	5 4%	6 7%	3 6%	9 26%	24 7%	22 8%	15 9%	32 14%
						fgh										lm
None	54 5%	27 5%	27 5%	30 6%	24 5%	15 6%	5 3%	16 5%	6 5%	7 8%	3 6%	1 4%	14 4%	13 5%	11 7%	16 7%

Columns Tested: a,b - c,d - e,f,g,h,i,j,k - l,m,n,o

## 11-16 year olds Mental Health survey 2017

### Q2.0. What help and support, if any, does your school offer if you are feeling worried or concerned about something?

Base: All respondents

	ETHNICITY				TYPE OF SCHOOL			SCHOOL GENDER		
	Total	White	Asian/ Asian British	Black/ African/ Caribbean/ Black British	Other	Comprehensive/ free school/ Academy	Private/ Grammar School	Other	Single sex	Mixed
	a	b	c	d	e	f	g	h	i	
Significance Level: 95%										
Unweighted Total	1033	863	76	32	51	618	352	55	114	919
Weighted Total	1033	856	79	35	51	626	348	51	114	919
	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
There is an allocated teacher I can talk to (e.g. form tutor)	543 53%	444 52%	41 53%	26 73% ab	29 58%	310 50%	204 59% e	23 45%	72 63% i	471 51%
There is an allocated person I can talk to (e.g. school counsellor)	427 41%	348 41%	32 41%	15 42%	28 55% a	255 41%	150 43%	18 36%	55 48%	372 41%
I have a favourite teacher I can talk to	327 32%	278 32%	24 31%	8 21%	14 28%	208 33%	104 30%	13 24%	30 26%	297 32%
There are other more senior pupils I can talk to (e.g. mentors)	152 15%	125 15%	14 18%	7 20%	4 8%	81 13%	61 17%	9 18%	27 23% i	125 14%
Other	17 2%	14 2%	1 1%	1 3%	1 2%	5 1%	4 1%	8 16% ef	3 3%	14 2%
Don't know	94 9%	75 9%	7 9%	2 6%	4 9%	58 9%	29 8%	5 10%	6 5%	88 10%
None	54 5%	46 5%	4 5%	1 3%	2 4%	36 6%	16 5%	2 4%	9 8%	45 5%

Columns Tested: a,b,c,d - e,f,g - h,i