

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 1

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Summary table

		Relationship with my partner	Appearance	Financial situation	Expectations for the future	Health	Confidence	Having time for me	Job security	Time with my family	Working environment	Working hours	Income	Control over my life	In general
Unweighted base		2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011
Weighted base		2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011	2011
NET: Top 2 box		1169 58%	891 44%	682 34%	814 40%	1018 51%	1014 50%	1084 54%	641 32%	1260 63%	614 31%	664 33%	596 30%	1028 51%	1167 58%
Very happy	(5)	735 37%	229 11%	158 8%	190 9%	266 13%	291 14%	389 19%	237 12%	525 26%	196 10%	215 11%	134 7%	330 16%	305 15%
4	(4)	434 22%	662 33%	524 26%	624 31%	752 37%	723 36%	695 35%	404 20%	736 37%	418 21%	449 22%	462 23%	698 35%	863 43%
3	(3)	235 12%	750 37%	702 35%	711 35%	612 30%	611 30%	598 30%	403 20%	496 25%	486 24%	424 21%	685 34%	600 30%	620 31%
2	(2)	73 4%	266 13%	377 19%	318 16%	275 14%	259 13%	220 11%	175 9%	139 7%	147 7%	180 9%	401 20%	276 14%	143 7%
Very unhappy	(1)	81 4%	75 4%	235 12%	147 7%	94 5%	114 6%	83 4%	131 6%	46 2%	98 5%	79 4%	241 12%	89 4%	62 3%
NET: Bottom 2 box		154 8%	340 17%	612 30%	464 23%	369 18%	373 19%	303 15%	306 15%	185 9%	244 12%	258 13%	642 32%	366 18%	206 10%
Not applicable		454 23%	29 1%	15 1%	22 1%	12 1%	13 1%	26 1%	661 33%	70 3%	667 33%	665 33%	88 4%	18 1%	18 1%
Mean		4.07	3.36	3.00	3.20	3.41	3.41	3.55	3.33	3.80	3.35	3.40	2.92	3.45	3.60
Standard deviation		1.13	0.98	1.11	1.05	1.03	1.06	1.05	1.19	0.99	1.08	1.09	1.11	1.06	0.94
Standard error		0.03	0.02	0.02	0.02	0.02	0.02	0.02	0.03	0.02	0.03	0.03	0.03	0.02	0.02

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Table 2

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Relationship with my partner

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1169	579	591	109	174	213	211	192	271	359	314	279	217	286	308	298	175	102	
	58%	59%	58%	45%	54%	56%	62%	64%	64%	66%	54%	66%	47%	56%	58%	59%	60%	58%	
Very happy	(5)	735	354	381	67	98	119	130	123	196	213	187	181	154	184	192	184	109	66
		37%	36%	37%	28%	30%	31%	38%	41%	47%	39%	32%	43%	33%	36%	36%	37%	38%	38%
4	(4)	434	225	209	42	76	93	81	69	74	146	127	99	63	103	116	113	66	36
		22%	23%	20%	17%	24%	24%	24%	23%	18%	27%	22%	23%	14%	20%	22%	22%	23%	21%
3	(3)	235	119	116	27	48	65	28	24	43	64	64	54	53	66	69	53	35	11
		12%	12%	11%	11%	15%	17%	8%	8%	10%	12%	11%	13%	11%	13%	13%	11%	12%	6%
2	(2)	73	33	40	8	11	19	18	10	8	24	24	10	15	16	19	25	6	6
		4%	3%	4%	3%	3%	5%	5%	3%	2%	4%	4%	2%	3%	3%	4%	5%	2%	3%
Very unhappy	(1)	81	37	44	7	24	16	17	10	8	10	24	21	25	22	25	11	10	12
		4%	4%	4%	3%	7%	4%	5%	3%	2%	2%	4%	5%	5%	4%	5%	2%	4%	7%
NET: Bottom 2 box		154	70	83	14	35	35	34	20	15	34	48	31	40	38	44	36	17	18
		8%	7%	8%	6%	11%	9%	10%	7%	4%	6%	8%	7%	9%	7%	8%	7%	6%	11%
Not applicable		454	218	236	91	65	70	69	65	94	86	158	58	153	120	109	117	63	43
		23%	22%	23%	38%	20%	18%	20%	22%	22%	16%	27%	14%	33%	24%	21%	23%	22%	25%
Mean		4.07	4.07	4.07	4.03	3.83	3.90	4.06	4.21	4.35	4.16	4.01	4.12	3.98	4.05	4.02	4.12	4.13	4.04
Standard deviation		1.13	1.10	1.15	1.11	1.25	1.14	1.18	1.06	0.95	1.00	1.15	1.13	1.27	1.14	1.16	1.06	1.07	1.28
Standard error		0.03	0.04	0.04	0.09	0.08	0.06	0.07	0.07	0.06	0.04	0.06	0.08	0.07	0.06	0.06	0.06	0.07	0.11

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Table 2

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Relationship with my partner

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1169 58%	102 58%	58 64%	141 60%	99 56%	106 57%	68 64%	109 58%	126 50%	160 62%	107 58%	93 60%
Very happy	(5) 735 37%	66 38%	33 36%	92 39%	60 34%	69 37%	47 44%	63 33%	76 30%	108 42%	62 34%	61 39%
4	(4) 434 22%	36 21%	25 28%	49 21%	39 22%	37 20%	21 20%	46 25%	50 20%	52 20%	45 25%	32 21%
3	(3) 235 12%	11 6%	9 10%	28 12%	16 9%	21 11%	7 7%	25 13%	40 16%	26 10%	28 15%	24 15%
2	(2) 73 4%	6 3%	5 5%	14 6%	6 3%	6 3%	2 2%	5 3%	12 5%	4 2%	5 3%	8 5%
Very unhappy	(1) 81 4%	12 7%	2 2%	3 1%	6 4%	13 7%	3 3%	9 5%	8 3%	14 5%	7 4%	3 2%
NET: Bottom 2 box	154 8%	18 11%	7 8%	17 7%	12 7%	19 10%	5 4%	14 7%	20 8%	18 7%	12 7%	11 7%
Not applicable	454 23%	43 25%	17 19%	50 21%	50 28%	40 22%	26 25%	41 22%	67 26%	54 21%	37 20%	28 18%
Mean	4.07	4.04	4.11	4.14	4.10	3.98	4.35	4.01	3.93	4.16	4.02	4.08
Standard deviation	1.13	1.28	1.04	1.04	1.11	1.25	0.99	1.13	1.13	1.15	1.10	1.07
Standard error	0.03	0.11	0.10	0.08	0.10	0.10	0.12	0.10	0.08	0.08	0.08	0.09

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Table 3

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Appearance

	Gender			Age						Social Class				Region				
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175
NET: Top 2 box	891 44%	453 46%	438 43%	92 38%	102 32%	154 40%	140 41%	160 53%	242 57%	253 47%	236 41%	218 52%	184 40%	220 43%	235 44%	239 47%	119 41%	79 45%
Very happy	(5) 229 11%	135 14%	94 9%	23 10%	24 7%	44 11%	36 10%	30 10%	72 17%	58 11%	60 10%	47 11%	63 14%	67 13%	54 10%	60 12%	28 10%	19 11%
4	(4) 662 33%	318 32%	344 34%	69 29%	79 24%	110 29%	104 31%	130 43%	170 40%	195 36%	176 30%	172 41%	120 26%	153 30%	181 34%	179 35%	90 31%	60 34%
3	(3) 750 37%	373 38%	378 37%	94 39%	146 46%	149 39%	128 38%	99 33%	133 32%	199 37%	241 41%	139 33%	171 37%	202 40%	188 35%	165 33%	119 41%	77 44%
2	(2) 266 13%	109 11%	157 15%	24 10%	63 19%	54 14%	53 15%	35 12%	36 9%	72 13%	78 13%	48 11%	68 15%	55 11%	78 15%	78 16%	37 13%	17 10%
Very unhappy	(1) 75 4%	29 3%	46 4%	22 9%	8 3%	18 5%	17 5%	5 2%	5 1%	13 2%	19 3%	15 4%	27 6%	26 5%	21 4%	16 3%	10 4%	2 1%
NET: Bottom 2 box	340 17%	138 14%	202 20%	46 19%	71 22%	73 19%	69 20%	39 13%	42 10%	84 16%	97 17%	64 15%	95 21%	80 16%	99 19%	94 19%	48 16%	19 11%
Not applicable	29 1%	22 2%	7 1%	9 4%	2 1%	7 2%	4 1%	3 1%	5 1%	6 1%	9 2%	2 *	12 3%	9 2%	9 2%	7 1%	4 1%	- -
Mean	3.36	3.44	3.28	3.20	3.15	3.28	3.27	3.49	3.64	3.40	3.31	3.44	3.28	3.36	3.32	3.38	3.31	3.44
Standard deviation	0.98	0.97	0.98	1.07	0.91	1.01	1.01	0.88	0.91	0.93	0.95	0.96	1.07	1.01	0.99	0.99	0.95	0.85
Standard error	0.02	0.03	0.03	0.07	0.05	0.05	0.05	0.05	0.05	0.03	0.04	0.06	0.05	0.04	0.04	0.05	0.05	0.07

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Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Appearance

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	891 44%	79 45%	37 41%	116 49%	86 49%	77 41%	47 44%	77 41%	106 42%	113 44%	72 39%	81 52%
Very happy	(5) 229 11%	19 11%	7 7%	34 14%	20 11%	15 8%	15 14%	19 10%	31 12%	37 14%	13 7%	21 13%
4	(4) 662 33%	60 34%	30 33%	82 35%	66 37%	62 33%	32 30%	58 31%	76 30%	77 30%	58 32%	60 38%
3	(3) 750 37%	77 44%	33 36%	71 30%	61 34%	67 36%	40 38%	72 38%	110 43%	92 36%	79 43%	49 31%
2	(2) 266 13%	17 10%	14 15%	38 16%	27 15%	29 16%	12 11%	32 17%	21 8%	33 13%	26 14%	18 11%
Very unhappy	(1) 75 4%	2 1%	6 7%	6 3%	3 2%	9 5%	7 6%	8 4%	12 5%	13 5%	4 2%	4 3%
NET: Bottom 2 box	340 17%	19 11%	20 22%	44 19%	29 17%	38 20%	19 17%	39 21%	33 13%	47 18%	29 16%	22 14%
Not applicable	29 1%	- -	1 1%	5 2%	1 *	5 2%	1 1%	- -	3 1%	6 2%	3 2%	5 3%
Mean	3.36	3.44	3.18	3.43	3.42	3.25	3.34	3.26	3.37	3.36	3.29	3.49
Standard deviation	0.98	0.85	1.02	1.02	0.94	0.98	1.06	0.99	0.97	1.05	0.87	0.97
Standard error	0.02	0.07	0.09	0.07	0.08	0.07	0.11	0.08	0.06	0.06	0.05	0.07

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 4

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Financial situation

	Gender			Age						Social Class				Region				
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175
NET: Top 2 box	682 34%	362 37%	320 31%	59 24%	78 24%	104 27%	109 32%	129 43%	203 48%	239 44%	192 33%	145 34%	106 23%	183 36%	172 32%	168 33%	93 32%	67 38%
Very happy	(5) 158 8%	82 8%	76 7%	17 7%	12 4%	31 8%	19 6%	22 7%	56 13%	53 10%	42 7%	36 8%	28 6%	50 10%	44 8%	31 6%	18 6%	16 9%
4	(4) 524 26%	281 28%	243 24%	42 17%	65 20%	73 19%	90 26%	107 35%	147 35%	186 34%	150 26%	109 26%	78 17%	133 26%	129 24%	137 27%	75 26%	51 29%
3	(3) 702 35%	331 34%	372 36%	74 31%	131 41%	140 37%	117 34%	100 33%	141 33%	185 34%	194 33%	171 40%	153 33%	163 32%	192 36%	195 39%	88 30%	65 37%
2	(2) 377 19%	186 19%	191 19%	67 28%	71 22%	82 21%	64 19%	35 11%	59 14%	88 16%	119 20%	69 16%	101 22%	100 20%	101 19%	88 17%	66 23%	22 12%
Very unhappy	(1) 235 12%	97 10%	138 13%	37 15%	42 13%	53 14%	49 14%	38 13%	16 4%	29 5%	73 13%	38 9%	95 21%	61 12%	60 11%	51 10%	41 14%	21 12%
NET: Bottom 2 box	612 30%	283 29%	329 32%	103 43%	113 35%	134 35%	113 33%	73 24%	75 18%	117 22%	192 33%	107 25%	196 42%	161 32%	161 30%	139 28%	107 37%	43 25%
Not applicable	15 1%	10 1%	5 *	5 2%	- -	4 1%	2 1%	1 *	3 1%	2 *	5 1%	- -	8 2%	4 1%	6 1%	3 1%	2 1%	- -
Mean	3.00	3.07	2.93	2.73	2.80	2.86	2.90	3.13	3.40	3.27	2.95	3.08	2.65	3.02	2.99	3.02	2.87	3.10
Standard deviation	1.11	1.10	1.12	1.14	1.03	1.13	1.12	1.12	1.01	1.02	1.12	1.05	1.17	1.16	1.11	1.05	1.14	1.12
Standard error	0.02	0.03	0.04	0.08	0.06	0.05	0.06	0.06	0.05	0.04	0.05	0.07	0.06	0.05	0.05	0.05	0.06	0.09

Lifestyle Survey

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Table 4

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Financial situation

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	682 34%	67 38%	26 29%	88 37%	53 30%	62 33%	42 39%	55 29%	86 34%	97 38%	51 28%	55 35%
Very happy	(5) 158 8%	16 9%	3 4%	18 8%	10 5%	18 10%	7 6%	16 8%	27 11%	22 9%	11 6%	10 6%
4	(4) 524 26%	51 29%	23 25%	70 30%	44 25%	44 24%	35 33%	39 21%	58 23%	75 29%	39 22%	45 29%
3	(3) 702 35%	65 37%	36 39%	85 36%	74 42%	67 36%	29 27%	61 33%	75 30%	88 34%	59 32%	63 41%
2	(2) 377 19%	22 12%	18 20%	35 15%	35 19%	31 17%	19 17%	44 24%	61 24%	38 15%	48 26%	26 16%
Very unhappy	(1) 235 12%	21 12%	11 12%	25 11%	16 9%	22 12%	16 15%	28 15%	29 12%	32 12%	25 13%	11 7%
NET: Bottom 2 box	612 30%	43 25%	29 32%	60 26%	50 28%	53 29%	35 33%	72 38%	91 36%	71 27%	72 39%	36 23%
Not applicable	15 1%	- -	- -	3 1%	- -	4 2%	1 1%	- -	2 1%	2 1%	1 1%	2 1%
Mean	3.00	3.10	2.89	3.09	2.99	3.03	2.97	2.85	2.97	3.06	2.81	3.12
Standard deviation	1.11	1.12	1.04	1.09	1.01	1.14	1.18	1.16	1.18	1.14	1.11	0.99
Standard error	0.02	0.09	0.09	0.08	0.08	0.08	0.13	0.09	0.08	0.07	0.07	0.07

Lifestyle Survey

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Absolutes/col percents

Table 5

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Expectations for the future

	Gender			Age						Social Class				Region				
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175
NET: Top 2 box	814	394	420	131	126	128	122	111	196	270	239	181	124	210	227	182	124	71
	40%	40%	41%	54%	39%	33%	36%	37%	46%	50%	41%	43%	27%	41%	43%	36%	43%	41%
Very happy	(5)	190	92	98	38	27	35	25	24	41	58	52	48	32	61	44	43	31
		9%	9%	10%	16%	9%	9%	7%	8%	10%	11%	9%	11%	7%	12%	8%	8%	11%
4	(4)	624	302	322	93	99	93	97	87	155	213	186	133	92	149	184	139	93
		31%	31%	31%	39%	31%	24%	28%	29%	37%	39%	32%	31%	20%	29%	35%	28%	32%
3	(3)	711	355	355	63	112	162	115	110	148	185	205	151	170	175	176	204	98
		35%	36%	35%	26%	35%	42%	34%	36%	35%	34%	35%	36%	37%	34%	33%	40%	34%
2	(2)	318	157	161	22	64	63	67	47	56	64	101	62	91	78	77	88	42
		16%	16%	16%	9%	20%	17%	20%	16%	13%	12%	17%	15%	20%	15%	15%	17%	15%
Very unhappy	(1)	147	65	81	19	20	23	36	30	18	20	35	25	67	40	45	28	21
		7%	7%	8%	8%	6%	6%	10%	10%	4%	4%	6%	6%	15%	8%	9%	5%	7%
NET: Bottom 2 box		464	222	242	41	83	86	103	77	74	84	136	87	158	118	123	115	63
		23%	23%	24%	17%	26%	23%	30%	25%	18%	15%	23%	21%	34%	23%	23%	23%	22%
Not applicable		22	14	8	6	-	6	2	4	4	4	5	3	10	8	5	4	6
		1%	1%	1%	2%	-	2%	1%	1%	1%	1%	1%	1%	2%	2%	1%	1%	2%
Mean		3.20	3.20	3.19	3.46	3.16	3.14	3.03	3.10	3.34	3.42	3.21	3.28	2.85	3.22	3.20	3.16	3.25
Standard deviation		1.05	1.04	1.07	1.12	1.03	1.01	1.10	1.08	0.98	0.96	1.03	1.04	1.12	1.10	1.07	0.99	1.07
Standard error		0.02	0.03	0.03	0.08	0.06	0.05	0.06	0.06	0.05	0.03	0.04	0.07	0.05	0.05	0.05	0.06	0.08

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Table 5

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Expectations for the future

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	814 40%	71 41%	27 29%	79 33%	76 43%	80 43%	46 43%	76 40%	111 44%	99 38%	78 43%	72 46%
Very happy	(5) 190 9%	11 6%	3 4%	26 11%	13 7%	17 9%	16 15%	15 8%	32 13%	29 11%	15 8%	11 7%
4	(4) 624 31%	60 34%	24 26%	53 22%	63 35%	62 33%	30 28%	61 32%	79 31%	70 27%	63 34%	61 39%
3	(3) 711 35%	58 33%	43 47%	101 43%	61 34%	56 30%	33 31%	62 33%	79 31%	96 37%	65 35%	58 37%
2	(2) 318 16%	32 19%	16 18%	42 18%	30 17%	32 17%	17 16%	29 15%	36 14%	42 16%	25 14%	16 11%
Very unhappy	(1) 147 7%	13 7%	5 5%	11 5%	12 7%	16 9%	7 7%	22 12%	23 9%	18 7%	13 7%	8 5%
NET: Bottom 2 box	464 23%	45 26%	21 23%	54 23%	41 23%	48 26%	25 23%	51 27%	59 23%	60 23%	38 21%	24 15%
Not applicable	22 1%	- -	1 1%	3 1%	- -	3 1%	3 3%	- -	4 2%	4 1%	2 1%	2 1%
Mean	3.20	3.14	3.05	3.17	3.20	3.18	3.29	3.10	3.25	3.20	3.23	3.33
Standard deviation	1.05	1.03	0.89	1.01	1.02	1.10	1.14	1.12	1.13	1.07	1.03	0.94
Standard error	0.02	0.08	0.08	0.07	0.09	0.08	0.12	0.09	0.07	0.06	0.06	0.07

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 6

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Health

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1018	493	525	141	175	179	169	147	207	320	309	223	166	273	275	245	149	76	
	51%	50%	51%	58%	54%	47%	49%	49%	49%	59%	53%	53%	36%	53%	52%	49%	52%	44%	
Very happy	(5)	266	133	133	46	50	45	38	34	53	76	74	56	60	81	74	59	38	14
		13%	14%	13%	19%	15%	12%	11%	11%	13%	14%	13%	13%	13%	16%	14%	12%	13%	8%
4	(4)	752	360	392	95	125	134	131	113	153	244	235	167	107	191	201	186	112	62
		37%	37%	38%	39%	39%	35%	38%	38%	36%	45%	40%	40%	23%	37%	38%	37%	39%	36%
3	(3)	612	294	318	67	84	128	94	102	136	151	169	133	159	131	164	168	87	62
		30%	30%	31%	28%	26%	33%	28%	34%	32%	28%	29%	32%	34%	26%	31%	33%	30%	35%
2	(2)	275	140	134	21	49	50	56	39	60	57	77	52	89	69	68	69	40	29
		14%	14%	13%	9%	15%	13%	16%	13%	14%	10%	13%	12%	19%	14%	13%	14%	14%	17%
Very unhappy	(1)	94	48	46	7	14	20	22	13	18	13	25	14	43	32	22	21	11	7
		5%	5%	4%	3%	4%	5%	6%	4%	4%	2%	4%	3%	9%	6%	4%	4%	4%	4%
NET: Bottom 2 box		369	189	180	28	63	70	78	52	78	69	101	67	132	102	90	90	51	36
		18%	19%	18%	12%	20%	18%	23%	17%	18%	13%	17%	16%	28%	20%	17%	18%	18%	21%
Not applicable		12	9	3	5	-	5	*	1	1	3	4	-	6	6	3	2	2	-
		1%	1%	*	2%	-	1%	*	*	*	*	1%	-	1%	1%	*	*	1%	-
Mean		3.41	3.40	3.42	3.64	3.46	3.36	3.31	3.39	3.39	3.58	3.44	3.47	3.11	3.43	3.45	3.39	3.43	3.27
Standard deviation		1.03	1.05	1.02	0.99	1.06	1.03	1.07	0.99	1.02	0.94	1.01	0.98	1.15	1.11	1.02	1.00	1.01	0.98
Standard error		0.02	0.03	0.03	0.07	0.06	0.05	0.06	0.06	0.05	0.03	0.04	0.06	0.05	0.05	0.04	0.05	0.05	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 6

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Health

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1018 51%	76 44%	36 40%	125 53%	84 47%	91 49%	53 50%	105 56%	134 53%	138 54%	96 52%	78 50%
Very happy	(5) 266 13%	14 8%	4 4%	35 15%	21 12%	32 17%	16 15%	23 12%	39 15%	42 16%	21 11%	19 12%
4	(4) 752 37%	62 36%	32 35%	90 38%	63 36%	59 32%	37 35%	83 44%	95 38%	96 37%	75 41%	59 38%
3	(3) 612 30%	62 35%	35 39%	78 33%	55 31%	52 28%	35 33%	62 33%	65 26%	66 26%	52 28%	50 32%
2	(2) 275 14%	29 17%	16 18%	19 8%	34 19%	31 17%	17 16%	19 10%	34 14%	35 14%	23 13%	18 11%
Very unhappy	(1) 94 5%	7 4%	3 4%	12 5%	5 3%	11 6%	1 *	3 2%	17 7%	15 6%	11 6%	8 5%
NET: Bottom 2 box	369 18%	36 21%	20 22%	31 13%	39 22%	43 23%	17 16%	22 12%	52 20%	50 19%	34 19%	26 16%
Not applicable	12 1%	- -	- -	2 1%	- -	* *	1 1%	- -	2 1%	4 1%	1 1%	2 1%
Mean	3.41	3.27	3.19	3.50	3.34	3.37	3.49	3.55	3.42	3.45	3.40	3.42
Standard deviation	1.03	0.98	0.91	1.01	1.01	1.14	0.96	0.89	1.12	1.10	1.04	1.02
Standard error	0.02	0.08	0.08	0.07	0.08	0.08	0.10	0.07	0.07	0.07	0.06	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 7

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Confidence

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1014	519	495	105	125	167	156	183	278	310	281	218	205	273	258	246	143	94	
	50%	53%	48%	44%	39%	44%	46%	61%	66%	57%	48%	52%	44%	54%	49%	49%	49%	54%	
Very happy	(5)	291	164	127	23	34	46	37	57	94	83	73	53	82	81	77	70	39	24
		14%	17%	12%	9%	10%	12%	11%	19%	22%	15%	13%	13%	18%	16%	15%	14%	13%	14%
4	(4)	723	355	368	83	91	121	119	125	184	227	208	165	123	193	181	176	104	70
		36%	36%	36%	34%	28%	32%	35%	42%	44%	42%	36%	39%	27%	38%	34%	35%	36%	40%
3	(3)	611	305	306	78	109	136	102	76	110	155	197	129	130	140	167	173	84	46
		30%	31%	30%	32%	34%	36%	30%	25%	26%	29%	34%	31%	28%	27%	32%	34%	29%	26%
2	(2)	259	114	146	31	63	53	58	34	20	58	66	58	77	62	68	60	40	29
		13%	12%	14%	13%	20%	14%	17%	11%	5%	11%	11%	14%	17%	12%	13%	12%	14%	16%
Very unhappy	(1)	114	40	74	23	26	22	23	8	12	17	35	15	46	32	35	22	20	5
		6%	4%	7%	9%	8%	6%	7%	3%	3%	3%	6%	4%	10%	6%	7%	4%	7%	3%
NET: Bottom 2 box		373	153	220	54	88	75	82	42	32	76	102	73	122	94	103	83	61	33
		19%	16%	21%	22%	27%	20%	24%	14%	8%	14%	17%	17%	26%	18%	19%	16%	21%	19%
Not applicable		13	8	4	4	-	4	2	1	2	3	3	1	5	4	3	3	2	1
		1%	1%	*	2%	-	1%	*	*	*	*	1%	*	1%	1%	*	1%	1%	1%
Mean		3.41	3.50	3.32	3.22	3.14	3.31	3.26	3.63	3.78	3.55	3.37	3.43	3.26	3.45	3.37	3.42	3.35	3.46
Standard deviation		1.06	1.03	1.09	1.10	1.10	1.04	1.08	1.00	0.94	0.98	1.04	1.00	1.22	1.09	1.09	1.02	1.10	1.01
Standard error		0.02	0.03	0.03	0.07	0.07	0.05	0.06	0.06	0.05	0.04	0.05	0.06	0.06	0.05	0.05	0.05	0.06	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 7

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Confidence

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1014 50%	94 54%	42 46%	125 53%	79 45%	89 48%	57 53%	91 48%	134 53%	140 54%	86 47%	78 50%
Very happy	(5) 291 14%	24 14%	6 6%	42 18%	22 12%	30 16%	18 17%	27 14%	35 14%	46 18%	21 11%	21 13%
4	(4) 723 36%	70 40%	36 40%	83 35%	57 32%	59 32%	39 36%	64 34%	99 39%	94 36%	65 36%	57 37%
3	(3) 611 30%	46 26%	30 33%	82 35%	62 35%	55 29%	25 23%	63 34%	80 32%	60 23%	60 32%	49 32%
2	(2) 259 13%	29 16%	15 16%	18 8%	28 16%	28 15%	15 14%	22 12%	29 11%	33 13%	26 14%	18 11%
Very unhappy	(1) 114 6%	5 3%	4 4%	10 4%	9 5%	14 7%	9 9%	12 6%	10 4%	22 8%	11 6%	9 6%
NET: Bottom 2 box	373 19%	33 19%	18 20%	28 12%	36 21%	42 23%	24 23%	34 18%	39 15%	55 21%	37 20%	27 17%
Not applicable	13 1%	1 1%	1 1%	2 1%	- -	* *	1 1%	- -	1 *	3 1%	1 1%	2 1%
Mean	3.41	3.46	3.29	3.55	3.32	3.34	3.40	3.38	3.48	3.43	3.32	3.41
Standard deviation	1.06	1.01	0.96	1.01	1.04	1.14	1.19	1.07	1.00	1.18	1.05	1.05
Standard error	0.02	0.08	0.09	0.07	0.09	0.08	0.13	0.09	0.06	0.07	0.07	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 8

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Having time for me

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1084	535	549	117	135	176	170	186	299	304	308	232	240	291	273	274	162	85	
	54%	54%	54%	48%	42%	46%	50%	62%	71%	56%	53%	55%	52%	57%	51%	54%	56%	49%	
Very happy	(5)	389	190	199	43	35	51	51	66	142	112	90	71	116	117	92	100	49	31
		19%	19%	19%	18%	11%	13%	15%	22%	34%	21%	15%	17%	25%	23%	17%	20%	17%	18%
4	(4)	695	345	350	73	100	125	120	120	157	193	218	161	124	175	181	173	113	54
		35%	35%	34%	30%	31%	33%	35%	40%	37%	35%	37%	38%	27%	34%	34%	34%	39%	31%
3	(3)	598	314	284	74	123	131	98	82	90	147	182	123	146	139	160	156	77	67
		30%	32%	28%	31%	38%	34%	29%	27%	21%	27%	31%	29%	32%	27%	30%	31%	26%	38%
2	(2)	220	91	129	36	51	47	46	19	21	73	62	41	44	54	63	55	33	15
		11%	9%	13%	15%	16%	12%	14%	6%	5%	13%	11%	10%	9%	11%	12%	11%	11%	8%
Very unhappy	(1)	83	32	51	9	13	22	24	10	4	15	27	24	17	24	29	11	14	5
		4%	3%	5%	4%	4%	6%	7%	3%	1%	3%	5%	6%	4%	5%	5%	2%	5%	3%
NET: Bottom 2 box		303	122	181	45	65	69	71	29	25	88	89	65	61	78	92	67	47	20
		15%	12%	18%	19%	20%	18%	21%	10%	6%	16%	15%	15%	13%	15%	17%	13%	16%	11%
Not applicable		26	14	12	5	-	6	3	4	8	4	4	2	15	4	6	9	5	3
		1%	1%	1%	2%	-	1%	1%	1%	2%	1%	1%	1%	3%	1%	1%	2%	2%	2%
Mean		3.55	3.59	3.51	3.45	3.28	3.37	3.37	3.72	4.00	3.58	3.49	3.51	3.62	3.60	3.47	3.60	3.52	3.53
Standard deviation		1.05	1.01	1.10	1.07	0.99	1.05	1.11	0.99	0.92	1.05	1.03	1.06	1.09	1.09	1.08	1.00	1.06	0.98
Standard error		0.02	0.03	0.04	0.07	0.06	0.05	0.06	0.06	0.05	0.04	0.04	0.07	0.05	0.05	0.05	0.05	0.06	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 8

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Having time for me

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1084 54%	85 49%	49 53%	141 60%	84 47%	97 52%	63 59%	100 53%	154 61%	138 53%	99 54%	76 49%
Very happy	(5) 389 19%	31 18%	20 22%	50 21%	30 17%	37 20%	21 19%	33 18%	63 25%	54 21%	28 15%	22 14%
4	(4) 695 35%	54 31%	29 31%	91 38%	54 30%	60 32%	43 40%	67 35%	91 36%	84 32%	70 38%	54 35%
3	(3) 598 30%	67 38%	30 33%	65 27%	60 34%	52 28%	29 27%	53 28%	65 26%	74 29%	47 26%	56 36%
2	(2) 220 11%	15 8%	10 11%	20 9%	25 14%	25 13%	8 7%	20 11%	25 10%	29 11%	25 14%	18 12%
Very unhappy	(1) 83 4%	5 3%	1 1%	5 2%	5 3%	12 6%	5 5%	13 7%	9 3%	15 6%	9 5%	4 2%
NET: Bottom 2 box	303 15%	20 11%	12 13%	25 11%	29 17%	37 20%	13 12%	34 18%	33 13%	44 17%	34 18%	22 14%
Not applicable	26 1%	3 2%	* *	5 2%	3 2%	* *	1 1%	2 1%	1 1%	2 1%	4 2%	3 2%
Mean	3.55	3.53	3.61	3.69	3.46	3.46	3.61	3.46	3.69	3.52	3.47	3.47
Standard deviation	1.05	0.98	1.00	0.98	1.03	1.14	1.05	1.12	1.06	1.12	1.07	0.96
Standard error	0.02	0.08	0.09	0.07	0.09	0.08	0.11	0.09	0.07	0.07	0.07	0.07

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 9

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Job security

	Gender			Age						Social Class				Region				
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175
NET: Top 2 box	641 32%	351 36%	290 28%	89 37%	118 37%	157 41%	126 37%	89 30%	63 15%	185 34%	210 36%	167 39%	80 17%	173 34%	183 35%	142 28%	100 35%	43 25%
Very happy	(5) 237 12%	136 14%	102 10%	40 17%	31 10%	49 13%	42 12%	34 11%	40 10%	64 12%	77 13%	64 15%	33 7%	70 14%	62 12%	50 10%	40 14%	16 9%
4	(4) 404 20%	216 22%	188 18%	49 20%	87 27%	108 28%	83 24%	55 18%	23 5%	121 22%	133 23%	103 24%	47 10%	103 20%	121 23%	92 18%	60 21%	27 16%
3	(3) 403 20%	215 22%	188 18%	45 19%	94 29%	99 26%	76 22%	40 13%	50 12%	119 22%	128 22%	87 21%	69 15%	97 19%	120 23%	89 18%	64 22%	32 18%
2	(2) 175 9%	81 8%	94 9%	19 8%	57 18%	39 10%	36 11%	21 7%	3 1%	44 8%	71 12%	27 6%	33 7%	45 9%	48 9%	43 9%	22 8%	17 10%
Very unhappy	(1) 131 6%	62 6%	69 7%	22 9%	20 6%	25 6%	40 12%	18 6%	7 2%	30 5%	45 8%	23 5%	33 7%	42 8%	24 4%	25 5%	29 10%	11 6%
NET: Bottom 2 box	306 15%	143 14%	163 16%	41 17%	77 24%	63 17%	77 22%	38 13%	9 2%	74 14%	116 20%	50 12%	66 14%	87 17%	71 13%	69 14%	51 18%	28 16%
Not applicable	661 33%	277 28%	385 38%	67 28%	33 10%	62 16%	64 19%	135 45%	300 71%	165 30%	129 22%	119 28%	247 53%	154 30%	156 29%	205 41%	74 26%	72 41%
Mean	3.33	3.40	3.25	3.38	3.18	3.37	3.18	3.41	3.72	3.38	3.28	3.52	3.07	3.32	3.40	3.33	3.28	3.20
Standard deviation	1.19	1.17	1.20	1.29	1.08	1.12	1.26	1.24	1.11	1.13	1.20	1.14	1.27	1.25	1.10	1.16	1.26	1.20
Standard error	0.03	0.04	0.05	0.10	0.07	0.06	0.08	0.10	0.11	0.05	0.06	0.08	0.09	0.06	0.06	0.07	0.08	0.12

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 9

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Job security

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	641 32%	43 25%	24 26%	64 27%	55 31%	68 36%	36 34%	65 34%	89 35%	84 32%	65 35%	51 32%
Very happy	(5) 237 12%	16 9%	6 7%	26 11%	18 10%	19 10%	14 13%	22 11%	30 12%	40 15%	26 14%	21 13%
4	(4) 404 20%	27 16%	18 20%	37 16%	37 21%	48 26%	21 20%	43 23%	59 23%	44 17%	39 21%	30 19%
3	(3) 403 20%	32 18%	18 20%	43 18%	28 16%	40 22%	21 20%	36 19%	54 21%	43 17%	43 24%	44 28%
2	(2) 175 9%	17 10%	8 8%	15 7%	20 11%	15 8%	10 9%	18 10%	19 7%	26 10%	12 7%	15 9%
Very unhappy	(1) 131 6%	11 6%	3 3%	11 4%	12 7%	14 7%	11 10%	7 4%	24 9%	18 7%	18 10%	3 2%
NET: Bottom 2 box	306 15%	28 16%	10 11%	26 11%	32 18%	29 15%	20 19%	25 13%	42 17%	44 17%	31 17%	18 12%
Not applicable	661 33%	72 41%	39 43%	103 44%	63 35%	49 27%	29 27%	63 33%	68 27%	86 34%	45 25%	44 28%
Mean	3.33	3.20	3.34	3.40	3.24	3.33	3.25	3.44	3.28	3.35	3.30	3.45
Standard deviation	1.19	1.20	1.03	1.16	1.22	1.15	1.29	1.10	1.23	1.28	1.25	1.03
Standard error	0.03	0.12	0.12	0.12	0.13	0.10	0.16	0.11	0.09	0.09	0.09	0.09

Lifestyle Survey
ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 10

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Time with my family

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1260 63%	595 60%	665 65%	124 51%	173 54%	225 59%	209 61%	217 72%	311 74%	350 64%	346 59%	271 64%	293 63%	311 61%	326 61%	333 66%	173 60%	118 68%	
Very happy	(5)	525 26%	226 23%	299 29%	40 17%	53 16%	94 25%	80 23%	91 30%	166 39%	125 23%	121 21%	121 29%	157 34%	144 28%	136 26%	142 28%	69 24%	34 19%
4	(4)	736 37%	369 37%	366 36%	84 35%	120 37%	131 34%	129 38%	126 42%	145 34%	225 41%	224 38%	151 36%	136 29%	166 33%	190 36%	190 38%	104 36%	85 49%
3	(3)	496 25%	268 27%	227 22%	67 28%	112 35%	110 29%	84 25%	52 17%	72 17%	131 24%	158 27%	102 24%	105 23%	124 24%	130 25%	132 26%	69 24%	40 23%
2	(2)	139 7%	61 6%	78 8%	32 13%	26 8%	23 6%	26 8%	13 4%	18 4%	35 6%	48 8%	30 7%	26 6%	32 6%	50 9%	19 4%	31 11%	7 4%
Very unhappy	(1)	46 2%	24 2%	23 2%	11 5%	9 3%	14 4%	8 2%	5 2%	- -	12 2%	11 2%	11 3%	13 3%	20 4%	11 2%	3 1%	8 3%	4 2%
NET: Bottom 2 box	185 9%	85 9%	100 10%	44 18%	35 11%	37 10%	34 10%	18 6%	18 4%	47 9%	59 10%	41 10%	39 8%	52 10%	61 12%	22 4%	38 13%	11 6%	
Not applicable	70 3%	38 4%	32 3%	7 3%	2 1%	10 3%	14 4%	15 5%	21 5%	16 3%	21 4%	9 2%	25 5%	24 5%	14 3%	17 3%	10 3%	5 3%	
Mean	3.80	3.75	3.85	3.47	3.57	3.72	3.76	4.00	4.15	3.79	3.71	3.82	3.91	3.79	3.75	3.92	3.70	3.81	
Standard deviation	0.99	0.97	1.01	1.08	0.96	1.03	0.99	0.91	0.87	0.95	0.96	1.02	1.05	1.07	1.02	0.88	1.04	0.89	
Standard error	0.02	0.03	0.03	0.07	0.06	0.05	0.05	0.05	0.05	0.03	0.04	0.06	0.05	0.05	0.04	0.04	0.06	0.07	

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 10

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Time with my family

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1260 63%	118 68%	54 60%	168 71%	110 62%	115 62%	69 65%	117 62%	153 60%	158 61%	104 56%	94 60%
Very happy	(5) 525 26%	34 19%	24 26%	77 32%	42 24%	55 29%	28 26%	43 23%	65 26%	79 31%	41 22%	38 25%
4	(4) 736 37%	85 49%	30 33%	92 39%	69 39%	60 32%	42 39%	74 39%	88 35%	79 30%	63 34%	56 36%
3	(3) 496 25%	40 23%	26 28%	54 23%	53 30%	43 23%	18 17%	46 25%	59 23%	65 25%	51 28%	41 26%
2	(2) 139 7%	7 4%	6 7%	5 2%	8 4%	16 8%	11 11%	18 10%	19 7%	13 5%	19 10%	16 10%
Very unhappy	(1) 46 2%	4 2%	1 1%	- -	3 1%	6 3%	4 4%	4 2%	10 4%	10 4%	4 2%	1 1%
NET: Bottom 2 box	185 9%	11 6%	7 8%	5 2%	10 6%	22 12%	16 15%	22 12%	29 11%	23 9%	23 13%	18 11%
Not applicable	70 3%	5 3%	4 5%	9 4%	4 2%	7 4%	4 4%	3 2%	12 5%	12 5%	6 3%	3 2%
Mean	3.80	3.81	3.81	4.05	3.80	3.79	3.75	3.72	3.75	3.83	3.66	3.74
Standard deviation	0.99	0.89	0.95	0.82	0.91	1.07	1.09	0.99	1.07	1.07	1.02	0.98
Standard error	0.02	0.07	0.09	0.06	0.08	0.08	0.12	0.08	0.07	0.07	0.06	0.07

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 11

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Working environment

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	614	321	293	103	116	138	115	83	58	190	206	138	79	158	172	144	106	34	
	31%	33%	29%	43%	36%	36%	34%	28%	14%	35%	35%	33%	17%	31%	32%	29%	37%	20%	
Very happy	(5)	196	96	99	23	38	45	28	26	35	53	58	55	30	51	45	54	37	9
		10%	10%	10%	10%	12%	12%	8%	8%	8%	10%	10%	13%	7%	10%	8%	11%	13%	5%
4	(4)	418	224	194	80	78	92	86	58	23	138	148	83	49	107	127	90	70	25
		21%	23%	19%	33%	24%	24%	25%	19%	6%	25%	25%	20%	11%	21%	24%	18%	24%	14%
3	(3)	486	257	229	59	120	121	89	46	50	129	161	125	72	128	153	104	66	35
		24%	26%	22%	24%	37%	32%	26%	15%	12%	24%	28%	29%	16%	25%	29%	21%	23%	20%
2	(2)	147	78	69	14	28	38	43	22	2	49	46	24	27	29	32	37	29	20
		7%	8%	7%	6%	9%	10%	13%	7%	*	9%	8%	6%	6%	6%	6%	7%	10%	11%
Very unhappy	(1)	98	55	43	10	21	22	24	13	8	13	36	21	28	38	25	13	13	9
		5%	6%	4%	4%	7%	6%	7%	4%	2%	2%	6%	5%	6%	7%	5%	3%	4%	5%
NET: Bottom 2 box		244	133	111	25	49	60	67	34	9	62	82	45	55	66	57	50	41	29
		12%	13%	11%	10%	15%	16%	20%	11%	2%	11%	14%	11%	12%	13%	11%	10%	14%	17%
Not applicable		667	275	392	55	37	63	71	138	304	162	134	115	256	159	149	206	76	76
		33%	28%	38%	23%	11%	17%	21%	46%	72%	30%	23%	27%	55%	31%	28%	41%	26%	44%
Mean		3.35	3.32	3.38	3.49	3.29	3.32	3.19	3.38	3.65	3.44	3.32	3.41	3.13	3.30	3.35	3.45	3.42	3.05
Standard deviation		1.08	1.08	1.08	1.00	1.06	1.08	1.10	1.13	1.12	0.99	1.08	1.08	1.22	1.14	1.02	1.06	1.10	1.10
Standard error		0.03	0.04	0.04	0.08	0.07	0.05	0.07	0.09	0.11	0.04	0.05	0.08	0.08	0.06	0.05	0.06	0.07	0.12

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 11

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Working environment

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	614 31%	34 20%	23 25%	66 28%	55 31%	67 36%	29 27%	55 29%	79 31%	79 30%	77 42%	50 32%
Very happy	(5) 196 10%	9 5%	5 6%	27 12%	22 12%	20 11%	15 14%	15 8%	20 8%	31 12%	21 12%	10 7%
4	(4) 418 21%	25 14%	18 19%	39 16%	33 19%	47 25%	14 13%	40 21%	59 23%	47 18%	56 30%	40 26%
3	(3) 486 24%	35 20%	23 25%	45 19%	37 21%	41 22%	29 27%	62 33%	71 28%	57 22%	37 20%	49 31%
2	(2) 147 7%	20 11%	5 5%	19 8%	14 8%	12 6%	15 14%	8 4%	16 6%	13 5%	13 7%	12 8%
Very unhappy	(1) 98 5%	9 5%	3 3%	8 4%	2 1%	14 7%	3 3%	9 5%	19 7%	19 7%	9 5%	2 2%
NET: Bottom 2 box	244 12%	29 17%	8 9%	27 11%	16 9%	26 14%	18 17%	17 9%	35 14%	32 12%	23 12%	15 9%
Not applicable	667 33%	76 44%	38 41%	99 42%	70 40%	52 28%	30 28%	55 29%	69 27%	91 35%	46 25%	42 27%
Mean	3.35	3.05	3.33	3.42	3.55	3.35	3.29	3.33	3.25	3.36	3.48	3.38
Standard deviation	1.08	1.10	0.97	1.13	1.01	1.16	1.12	0.98	1.09	1.20	1.09	0.88
Standard error	0.03	0.12	0.11	0.11	0.11	0.10	0.14	0.10	0.08	0.09	0.08	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 12

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Working hours

	Gender			Age						Social Class				Region				
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175
NET: Top 2 box	664 33%	345 35%	319 31%	92 38%	133 41%	152 40%	125 37%	94 31%	67 16%	193 36%	229 39%	162 38%	80 17%	178 35%	171 32%	162 32%	115 40%	38 22%
Very happy	(5) 215 11%	113 11%	102 10%	26 11%	38 12%	47 12%	30 9%	34 11%	41 10%	60 11%	62 11%	59 14%	34 7%	59 12%	54 10%	51 10%	40 14%	12 7%
4	(4) 449 22%	232 24%	217 21%	66 27%	95 30%	105 28%	95 28%	60 20%	26 6%	133 24%	167 29%	103 24%	46 10%	119 23%	117 22%	111 22%	76 26%	27 15%
3	(3) 424 21%	218 22%	206 20%	54 22%	87 27%	102 27%	92 27%	45 15%	43 10%	126 23%	136 23%	92 22%	70 15%	101 20%	145 27%	81 16%	58 20%	39 22%
2	(2) 180 9%	91 9%	89 9%	29 12%	52 16%	41 11%	33 10%	19 6%	5 1%	47 9%	64 11%	33 8%	35 8%	45 9%	45 8%	40 8%	34 12%	17 10%
Very unhappy	(1) 79 4%	51 5%	28 3%	11 4%	13 4%	22 6%	17 5%	9 3%	6 1%	16 3%	25 4%	20 5%	19 4%	24 5%	25 5%	13 3%	9 3%	9 5%
NET: Bottom 2 box	258 13%	142 14%	117 11%	40 16%	65 20%	63 16%	51 15%	28 9%	12 3%	63 12%	89 15%	53 12%	54 12%	68 13%	70 13%	52 10%	42 15%	25 15%
Not applicable	665 33%	281 28%	384 37%	55 23%	36 11%	64 17%	74 22%	135 45%	300 71%	161 30%	130 22%	116 27%	258 56%	163 32%	145 27%	209 41%	75 26%	72 41%
Mean	3.40	3.38	3.43	3.37	3.32	3.36	3.33	3.55	3.73	3.46	3.39	3.49	3.20	3.42	3.33	3.50	3.48	3.16
Standard deviation	1.09	1.12	1.05	1.09	1.06	1.10	1.04	1.10	1.13	1.03	1.06	1.11	1.18	1.12	1.06	1.06	1.08	1.10
Standard error	0.03	0.04	0.04	0.08	0.07	0.06	0.06	0.08	0.11	0.04	0.05	0.08	0.08	0.06	0.05	0.06	0.07	0.11

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 12

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Working hours

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	664 33%	38 22%	28 30%	72 31%	62 35%	61 33%	36 34%	54 29%	84 33%	94 37%	79 43%	55 35%
Very happy	(5) 215 11%	12 7%	5 6%	25 10%	21 12%	24 13%	14 13%	11 6%	26 10%	34 13%	26 14%	19 12%
4	(4) 449 22%	27 15%	22 25%	48 20%	41 23%	37 20%	22 21%	43 23%	58 23%	61 24%	53 29%	37 23%
3	(3) 424 21%	39 22%	16 18%	39 16%	26 15%	41 22%	25 24%	56 30%	62 25%	39 15%	33 18%	48 31%
2	(2) 180 9%	17 10%	5 6%	18 7%	17 10%	18 10%	11 10%	18 10%	24 10%	20 8%	23 13%	9 5%
Very unhappy	(1) 79 4%	9 5%	3 3%	8 3%	2 1%	14 7%	5 4%	7 4%	12 5%	12 5%	4 2%	4 3%
NET: Bottom 2 box	258 13%	25 15%	8 9%	25 11%	19 11%	32 17%	15 14%	25 13%	36 14%	32 12%	27 15%	13 8%
Not applicable	665 33%	72 41%	39 43%	100 42%	70 40%	52 28%	30 28%	53 28%	71 28%	93 36%	45 24%	40 26%
Mean	3.40	3.16	3.43	3.47	3.57	3.29	3.39	3.24	3.34	3.51	3.53	3.49
Standard deviation	1.09	1.10	0.99	1.10	1.04	1.21	1.12	0.96	1.08	1.15	1.06	0.98
Standard error	0.03	0.11	0.11	0.11	0.11	0.10	0.14	0.09	0.08	0.09	0.08	0.09

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 13

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents
Income

		Gender		Age						Social Class				Region					
		Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land
Unweighted base		2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157
Weighted base		2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175
NET: Top 2 box		596	319	277	46	91	115	93	88	162	212	178	128	78	159	154	132	87	64
		30%	32%	27%	19%	28%	30%	27%	29%	38%	39%	30%	30%	17%	31%	29%	26%	30%	37%
Very happy	(5)	134	74	60	16	14	29	18	18	37	51	34	28	20	30	38	35	19	13
		7%	7%	6%	7%	4%	7%	5%	6%	9%	9%	6%	7%	4%	6%	7%	7%	6%	7%
4	(4)	462	245	217	30	77	87	74	69	124	161	143	99	58	129	117	97	68	51
		23%	25%	21%	13%	24%	23%	22%	23%	29%	30%	25%	24%	13%	25%	22%	19%	23%	29%
3	(3)	685	354	331	70	117	123	118	112	144	186	185	173	141	153	190	203	85	54
		34%	36%	32%	29%	36%	32%	35%	37%	34%	34%	32%	41%	30%	30%	36%	40%	29%	31%
2	(2)	401	178	223	53	76	80	76	50	66	85	125	73	118	112	99	97	70	23
		20%	18%	22%	22%	24%	21%	22%	17%	16%	16%	21%	17%	26%	22%	19%	19%	24%	13%
Very unhappy	(1)	241	108	133	44	32	48	45	42	30	38	74	31	98	64	62	53	38	24
		12%	11%	13%	18%	10%	13%	13%	14%	7%	7%	13%	7%	21%	12%	12%	11%	13%	14%
NET: Bottom 2 box		642	286	356	96	108	129	120	92	96	123	198	105	216	176	161	150	108	48
		32%	29%	35%	40%	34%	34%	35%	31%	23%	23%	34%	25%	47%	34%	30%	30%	37%	27%
Not applicable		88	26	61	28	5	15	11	9	20	21	22	17	28	24	26	19	11	9
		4%	3%	6%	12%	2%	4%	3%	3%	5%	4%	4%	4%	6%	5%	5%	4%	4%	5%
Mean		2.92	3.00	2.84	2.64	2.89	2.91	2.84	2.90	3.18	3.20	2.89	3.05	2.50	2.89	2.94	2.93	2.86	3.03
Standard deviation		1.11	1.10	1.11	1.18	1.03	1.14	1.09	1.11	1.06	1.06	1.11	1.01	1.11	1.12	1.10	1.06	1.14	1.16
Standard error		0.03	0.03	0.04	0.08	0.06	0.05	0.06	0.06	0.06	0.04	0.05	0.06	0.05	0.05	0.05	0.05	0.06	0.09

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 13

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Income

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	596 30%	64 37%	22 24%	67 28%	43 24%	58 31%	34 32%	43 23%	75 30%	84 32%	52 29%	53 34%
Very happy	(5) 134 7%	13 7%	3 3%	19 8%	13 7%	14 8%	6 6%	11 6%	12 5%	18 7%	13 7%	12 8%
4	(4) 462 23%	51 29%	19 21%	48 20%	30 17%	43 23%	28 26%	32 17%	63 25%	66 26%	40 22%	41 26%
3	(3) 685 34%	54 31%	43 48%	82 35%	78 44%	63 34%	24 23%	73 39%	71 28%	82 32%	60 33%	54 35%
2	(2) 401 20%	23 13%	16 17%	45 19%	36 20%	34 18%	28 26%	37 20%	61 24%	51 20%	42 23%	28 18%
Very unhappy	(1) 241 12%	24 14%	8 9%	29 12%	15 9%	24 13%	16 15%	27 14%	35 14%	29 11%	22 12%	11 7%
NET: Bottom 2 box	642 32%	48 27%	24 26%	74 31%	52 29%	57 31%	44 41%	64 34%	96 38%	80 31%	64 35%	39 25%
Not applicable	88 4%	9 5%	2 2%	13 5%	5 3%	8 4%	4 4%	9 5%	11 4%	13 5%	7 4%	9 6%
Mean	2.92	3.03	2.91	2.92	2.93	2.95	2.81	2.79	2.82	2.97	2.88	3.10
Standard deviation	1.11	1.16	0.95	1.13	1.02	1.14	1.18	1.09	1.12	1.11	1.11	1.05
Standard error	0.03	0.09	0.09	0.08	0.09	0.08	0.13	0.09	0.07	0.07	0.07	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 14

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Control over my life

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1028	490	538	101	125	163	159	187	293	325	279	223	200	264	266	260	143	95	
	51%	50%	52%	42%	39%	43%	47%	62%	69%	60%	48%	53%	43%	52%	50%	52%	49%	54%	
Very happy	(5)	330	149	181	32	26	45	49	50	128	93	74	71	91	99	71	83	44	33
		16%	15%	18%	13%	8%	12%	14%	17%	30%	17%	13%	17%	20%	19%	13%	16%	15%	19%
4	(4)	698	341	357	69	100	118	110	136	165	232	204	152	109	165	194	177	99	62
		35%	35%	35%	28%	31%	31%	32%	45%	39%	43%	35%	36%	24%	32%	37%	35%	34%	35%
3	(3)	600	321	279	84	118	133	98	73	93	134	196	141	129	147	159	156	86	52
		30%	33%	27%	35%	37%	35%	29%	24%	22%	25%	34%	33%	28%	29%	30%	31%	30%	30%
2	(2)	276	124	153	39	62	60	63	28	25	57	83	48	89	61	76	69	46	25
		14%	13%	15%	16%	19%	16%	18%	9%	6%	10%	14%	11%	19%	12%	14%	14%	16%	14%
Very unhappy	(1)	89	40	49	9	16	22	22	11	9	23	23	11	33	32	26	16	12	3
		4%	4%	5%	4%	5%	6%	6%	4%	2%	4%	4%	3%	7%	6%	5%	3%	4%	2%
NET: Bottom 2 box		366	164	201	48	78	81	84	39	34	80	106	59	122	92	102	85	59	28
		18%	17%	20%	20%	24%	21%	25%	13%	8%	15%	18%	14%	26%	18%	19%	17%	20%	16%
Not applicable		18	10	8	8	1	5	*	2	2	4	3	-	11	8	4	4	2	-
		1%	1%	1%	3%	*	1%	*	1%	*	1%	1%	-	2%	2%	1%	1%	1%	-
Mean		3.45	3.45	3.46	3.32	3.18	3.28	3.30	3.62	3.90	3.59	3.39	3.53	3.30	3.47	3.40	3.48	3.40	3.55
Standard deviation		1.06	1.03	1.09	1.04	1.00	1.05	1.12	0.99	0.98	1.03	1.01	0.98	1.20	1.12	1.05	1.03	1.06	1.01
Standard error		0.02	0.03	0.03	0.07	0.06	0.05	0.06	0.06	0.05	0.04	0.04	0.06	0.06	0.05	0.05	0.05	0.06	0.08

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 14

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

Control over my life

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1028 51%	95 54%	45 50%	122 51%	93 53%	87 47%	51 48%	103 55%	136 54%	128 50%	92 50%	75 48%
Very happy	(5) 330 16%	33 19%	13 14%	45 19%	25 14%	30 16%	15 14%	24 13%	50 20%	49 19%	29 16%	17 11%
4	(4) 698 35%	62 35%	32 36%	76 32%	68 39%	57 31%	37 35%	79 42%	86 34%	79 31%	62 34%	58 37%
3	(3) 600 30%	52 30%	32 35%	79 33%	44 25%	56 30%	30 28%	50 27%	63 25%	84 33%	56 31%	53 34%
2	(2) 276 14%	25 14%	12 13%	25 11%	32 18%	28 15%	19 18%	27 14%	37 14%	24 9%	27 15%	21 14%
Very unhappy	(1) 89 4%	3 2%	2 2%	8 3%	7 4%	14 8%	5 4%	8 4%	14 5%	18 7%	8 4%	4 3%
NET: Bottom 2 box	366 18%	28 16%	14 15%	32 14%	39 22%	42 22%	24 23%	35 19%	50 20%	42 16%	35 19%	25 16%
Not applicable	18 1%	- -	- -	3 1%	1 *	1 1%	1 1%	- -	4 2%	4 1%	1 1%	3 2%
Mean	3.45	3.55	3.47	3.55	3.41	3.33	3.35	3.45	3.49	3.46	3.43	3.41
Standard deviation	1.06	1.01	0.95	1.02	1.06	1.14	1.07	1.02	1.13	1.12	1.06	0.95
Standard error	0.02	0.08	0.09	0.07	0.09	0.08	0.11	0.08	0.07	0.07	0.07	0.07

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 15

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

In general

	Gender			Age						Social Class				Region					
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid-lands	North Eng-land	Wales & South West	Scot-land	
Unweighted base	2011	1028	983	217	278	476	342	317	381	780	528	257	446	517	531	455	351	157	
Weighted base	2011	986	1025	241	322	382	342	302	422	543	583	422	462	511	531	505	290	175	
NET: Top 2 box	1167	557	610	139	145	196	175	204	309	352	324	257	234	292	303	296	168	108	
	58%	57%	60%	58%	45%	51%	51%	68%	73%	65%	56%	61%	51%	57%	57%	59%	58%	62%	
Very happy	(5)	305	133	172	30	29	41	49	51	105	80	73	69	83	84	74	80	40	27
	15%	13%	17%	13%	9%	11%	14%	17%	25%	15%	13%	16%	18%	16%	14%	16%	14%	15%	
4	(4)	863	424	438	108	116	154	126	153	204	272	251	188	151	208	229	216	128	81
	43%	43%	43%	45%	36%	40%	37%	51%	48%	50%	43%	44%	33%	41%	43%	43%	44%	47%	
3	(3)	620	316	303	70	141	132	117	73	87	150	203	129	138	157	165	160	86	51
	31%	32%	30%	29%	44%	35%	34%	24%	21%	28%	35%	31%	30%	31%	31%	32%	30%	29%	
2	(2)	143	80	63	19	27	40	27	15	16	27	39	25	52	40	42	25	26	9
	7%	8%	6%	8%	8%	11%	8%	5%	4%	5%	7%	6%	11%	8%	8%	5%	9%	5%	
Very unhappy	(1)	62	21	42	8	9	10	20	7	7	12	12	10	29	18	18	16	6	4
	3%	2%	4%	3%	3%	3%	6%	2%	2%	2%	2%	2%	6%	4%	3%	3%	2%	2%	
NET: Bottom 2 box	206	101	105	27	36	51	47	22	23	39	51	35	81	59	60	42	32	13	
	10%	10%	10%	11%	11%	13%	14%	7%	5%	7%	9%	8%	17%	11%	11%	8%	11%	8%	
Not applicable	18	11	7	5	-	4	3	3	4	2	5	1	10	4	3	7	4	1	
	1%	1%	1%	2%	-	1%	1%	1%	1%	*	1%	*	2%	1%	*	1%	1%	1%	
Mean	3.60	3.58	3.62	3.57	3.40	3.46	3.46	3.75	3.92	3.70	3.58	3.67	3.46	3.59	3.56	3.64	3.59	3.68	
Standard deviation	0.94	0.90	0.97	0.93	0.87	0.92	1.03	0.88	0.87	0.86	0.87	0.90	1.11	0.97	0.94	0.92	0.91	0.89	
Standard error	0.02	0.03	0.03	0.06	0.05	0.04	0.06	0.05	0.04	0.03	0.04	0.06	0.05	0.04	0.04	0.04	0.05	0.07	

Lifestyle Survey

ONLINE Fieldwork : 10th - 12th November 2010

Absolutes/col percents

Table 15

Q1. Thinking about your lifestyle, how happy are you in general with each of the following things, where 1= very unhappy and 5 = very happy?

Base: All respondents

In general

	Total	Region										
		Scot-land	North East	North West	Yorks & Humber	West Mids	Wales	East-ern	London	South East	South West	East Mids
Unweighted base	2011	157	121	192	142	202	90	154	237	280	261	175
Weighted base	2011	175	91	236	177	186	107	188	253	258	183	156
NET: Top 2 box	1167 58%	108 62%	48 53%	149 63%	99 56%	102 55%	63 59%	111 59%	152 60%	141 55%	105 57%	90 58%
Very happy	(5) 305 15%	27 15%	11 13%	45 19%	24 13%	29 16%	13 13%	22 11%	38 15%	46 18%	26 14%	23 15%
4	(4) 863 43%	81 47%	37 40%	104 44%	75 42%	73 39%	50 47%	89 47%	113 45%	95 37%	78 43%	67 43%
3	(3) 620 31%	51 29%	32 35%	67 29%	61 34%	61 33%	26 24%	54 29%	72 28%	85 33%	60 33%	50 32%
2	(2) 143 7%	9 5%	7 8%	10 4%	9 5%	15 8%	15 14%	18 10%	21 8%	20 8%	11 6%	10 6%
Very unhappy	(1) 62 3%	4 2%	2 2%	5 2%	9 5%	8 4%	1 1%	6 3%	8 3%	10 4%	5 3%	4 3%
NET: Bottom 2 box	206 10%	13 8%	9 10%	15 6%	18 10%	22 12%	16 15%	24 13%	29 11%	30 12%	16 9%	14 9%
Not applicable	18 1%	1 1%	2 2%	5 2%	- -	* *	1 1%	- -	1 *	3 1%	3 1%	2 1%
Mean	3.60	3.68	3.55	3.75	3.54	3.54	3.56	3.54	3.61	3.57	3.61	3.62
Standard deviation	0.94	0.89	0.90	0.89	0.97	0.99	0.93	0.93	0.95	1.00	0.90	0.91
Standard error	0.02	0.07	0.08	0.06	0.08	0.07	0.10	0.07	0.06	0.06	0.06	0.07