

# Campaign to End Loneliness: GPs' attitudes toward loneliness

## **METHODOLOGY NOTE**

ComRes interviewed 1007 GPs in the UK online between the 16<sup>th</sup> and 22<sup>nd</sup> October 2013. Data were weighted to be representative of all General Practitioners in the UK by former SHA region. ComRes is a member of the British Polling Council and abides by its rules.

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To commission a voting intention poll or a public opinion survey please contact Katharine Peacock: [katharine.peacock@comres.co.uk](mailto:katharine.peacock@comres.co.uk)

To register for Pollwatch, a monthly newsletter update on the polls, please email: [pollwatch@comres.co.uk](mailto:pollwatch@comres.co.uk)

**October GP Omnibus**  
**ONLINE Fieldwork Dates: 16th-22nd October 2013**

Absolutes/col percents

**Q1 Thinking about the patients you see in your surgery on an average day, how many of these do you think are really attending your surgery because they are lonely?**

**Base: All respondents**

	Total	S3 - Region																S3 - England		S3 - England NHS Networks																		
		London	South East Coastal		South Central		South West		West Midlands		East Midlands		East of England		Yorkshire & Humber		North East		North West		Scotland	Wales		Northern Ireland		England	NHS London	NHS South of England		NHS Midlands and East SHA		NHS North of England						
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R																			
<b>0</b>	36	4%	8	<b>Fm7%</b>	1	1%	3	5%	6	<b>Fm6%</b>	1	1%	0	0%	5	<b>Fm6%</b>	3	4%	2	5%	2	2%	4	<b>Fm4%</b>	1	2%	0	0%	31	4%	8	7%	10	4%	6	2%	7	3%
<b>Between 1 and 5</b>	769	76%	87	71%	57	<b>AG84%</b>	47	72%	71	74%	66	75%	58	<b>AGJ85%</b>	59	69%	66	78%	36	84%	80	72%	83	<b>AG83%</b>	38	81%	21	75%	627	75%	87	71%	175	76%	183	76%	182	76%
<b>Between 6 and 10</b>	115	11%	15	<b>K12%</b>	4	6%	6	9%	13	<b>K14%</b>	15	<b>BFIK17%</b>	4	6%	15	<b>BFIK18%</b>	12	<b>K14%</b>	2	5%	17	<b>BFIK15%</b>	3	3%	5	11%	4	14%	103	12%	15	12%	23	10%	34	14%	31	13%
<b>Between 11 and 15</b>	27	3%	4	<b>B3%</b>	0	0%	5	<b>B8%</b>	2	2%	2	2%	2	3%	1	1%	2	2%	1	2%	3	3%	2	2%	2	4%	1	4%	22	3%	4	3%	7	3%	5	2%	6	3%
<b>Between 16 and 20</b>	8	1%	3	2%	0	0%	1	2%	0	0%	1	1%	1	1%	1	1%	0	0%	1	2%	0	0%	0	0%	0	0%	0	0%	8	1%	3	2%	1	0%	3	1%	1	0%
<b>More than 20</b>	9	1%	2	2%	2	3%	0	0%	0	0%	0	0%	0	0%	1	1%	0	0%	0	0%	2	2%	0	0%	0	0%	2	7%	7	1%	2	2%	2	1%	1	0%	2	1%
<b>NET more than ten</b>	44	4%	9	7%	2	3%	6	9%	2	2%	3	3%	3	4%	3	4%	2	2%	2	5%	5	5%	2	2%	2	4%	3	11%	37	4%	9	7%	10	4%	9	4%	9	4%
<b>Don't know</b>	43	4%	4	<b>m3%</b>	4	<b>m6%</b>	3	5%	4	<b>m4%</b>	3	3%	3	4%	3	4%	2	2%	1	2%	7	<b>m6%</b>	8	<b>m8%</b>	1	2%	0	0%	34	4%	4	3%	11	5%	9	4%	10	4%
<b>Total</b>	<b>1007</b>	<b>100%</b>	<b>123</b>	<b>100%</b>	<b>68</b>	<b>100%</b>	<b>65</b>	<b>100%</b>	<b>96</b>	<b>100%</b>	<b>88</b>	<b>100%</b>	<b>68</b>	<b>100%</b>	<b>85</b>	<b>100%</b>	<b>85</b>	<b>100%</b>	<b>43</b>	<b>100%</b>	<b>111</b>	<b>100%</b>	<b>100</b>	<b>100%</b>	<b>47</b>	<b>100%</b>	<b>28</b>	<b>100%</b>	<b>832</b>	<b>100%</b>	<b>123</b>	<b>100%</b>	<b>229</b>	<b>100%</b>	<b>241</b>	<b>100%</b>	<b>239</b>	<b>100%</b>

Prepared by ComRes



**October GP Omnibus**  
**ONLINE Fieldwork Dates: 16th-22nd October 2013**

Absolutes/col percents

**Q2** Peer reviewed research shows that loneliness is a contributing factor in a number of physical and mental health issues. As a general practitioner, to what extent do you feel confident that you have the tools necessary to help patients who are lonely?

**Base: All respondents**

	Total	S3 - Region																			S3 - England		S3 - England NHS Networks															
		London		South East Coastal		South Central		South West		West Midlands		East Midlands		East of England		Yorkshire & Humber		North East		North West		Scotland		Wales		Northern Ireland		England		NHS London		NHS South of England		NHS Midlands and East SHA		NHS North of England		
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R																			
<b>NET Not confident</b>	491	49%	55	45%	32	47%	31	48%	39	41%	34	39%	40	DE59%	38	45%	45	53%	20	47%	59	E53%	49	49%	31	ABCDEGK66%	18	de64%	393	47%	55	45%	102	45%	112	46%	124	52%
<b>1 - not confident at all</b>	164	16%	16	13%	12	18%	12	18%	14	15%	9	10%	14	21%	13	15%	14	16%	8	19%	22	20%	14	14%	10	21%	6	21%	134	16%	16	13%	38	17%	36	15%	44	18%
<b>2</b>	327	32%	39	32%	20	29%	19	29%	25	26%	25	28%	26	38%	25	29%	31	36%	12	28%	37	33%	35	35%	21	D45%	12	43%	259	31%	39	32%	64	28%	76	32%	80	33%
<b>3</b>	360	36%	49	Lm40%	27	40%	25	38%	35	36%	42	FJKLm48%	20	29%	32	38%	30	35%	14	33%	36	32%	33	33%	11	23%	6	21%	310	37%	49	40%	87	38%	94	39%	80	33%
<b>NET Confident</b>	126	13%	15	12%	7	10%	7	11%	20	FHJ21%	11	13%	6	9%	12	14%	7	8%	7	16%	12	11%	13	13%	5	11%	4	14%	104	13%	15	12%	34	15%	29	12%	26	11%
<b>4</b>	99	10%	10	8%	6	9%	6	9%	13	F14%	11	13%	3	4%	11	13%	5	6%	6	14%	9	8%	10	10%	5	11%	4	14%	80	10%	10	8%	25	11%	25	10%	20	8%
<b>5 - very confident</b>	27	3%	5	ELm4%	1	1%	1	2%	7	EGLm7%	0	0%	3	4%	1	1%	2	2%	1	2%	3	3%	3	3%	0	0%	0	0%	24	3%	5	4%	9	4%	4	2%	6	3%
<b>Don't know</b>	30	3%	4	Lm3%	2	3%	2	3%	2	2%	1	1%	2	3%	3	4%	3	4%	2	5%	4	Lm4%	5	Lm5%	0	0%	0	0%	25	3%	4	3%	6	3%	6	2%	9	4%
<b>Total</b>	<b>1007</b>	<b>100%</b>	<b>123</b>	<b>100%</b>	<b>68</b>	<b>100%</b>	<b>65</b>	<b>100%</b>	<b>96</b>	<b>100%</b>	<b>88</b>	<b>100%</b>	<b>68</b>	<b>100%</b>	<b>85</b>	<b>100%</b>	<b>85</b>	<b>100%</b>	<b>43</b>	<b>100%</b>	<b>111</b>	<b>100%</b>	<b>100</b>	<b>100%</b>	<b>47</b>	<b>100%</b>	<b>28</b>	<b>100%</b>	<b>832</b>	<b>100%</b>	<b>123</b>	<b>100%</b>	<b>229</b>	<b>100%</b>	<b>241</b>	<b>100%</b>	<b>239</b>	<b>100%</b>

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**October GP Omnibus  
 ONLINE Fieldwork Dates: 16th-22nd October 2013**

Absolutes/col percents

**Q1 Thinking about the patients you see in your surgery on an average day, how many of these do you think are really attending your surgery because they are lonely?**

**Base: All respondents**

	S2 - GP type				D3 - Gender				D4 - Year of qualification				D6 - Age					D8 - CCG Involvement																				
	GP Principal	Salaried GP	GP Registrar	Locum GP	Male	Female	1979 or earlier	1980-1989	1990-1999	2000-2010	Under 30	30 - 39	40 - 49	50 - 59	60 or over	I am, or plan to be, an active member of my CCG governing board	I am, or plan to be, a GP representative	I do not take an active part in my CCG																				
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O																							
<b>0</b>	36	4%	24	4%	6	3%	0	0%	6	5%	25	5%	11	2%	5	4%	10	4%	13	4%	8	2%	0	0%	8	k2%	15	kL5%	10	k4%	3	4%	1	1%	6	3%	24	4%
<b>Between 1 and 5</b>	769	76%	499	77%	177	77%	0	0%	93	74%	401	73%	368	E80%	95	I81%	178	76%	228	72%	268	I79%	15	Imno94%	299	77%	221	73%	183	79%	51	76%	59	64%	128	73%	445	78%
<b>Between 6 and 10</b>	115	11%	66	10%	28	12%	0	0%	21	17%	63	11%	52	11%	7	6%	23	10%	44	G14%	41	G12%	1	6%	52	N13%	37	12%	19	8%	6	9%	15	16%	26	15%	63	11%
<b>Between 11 and 15</b>	27	3%	24	BD4%	3	1%	0	0%	0	0%	14	3%	13	3%	2	2%	5	2%	13	4%	7	2%	0	0%	14	k4%	8	k3%	4	k2%	1	1%	8	9%	4	2%	10	2%
<b>Between 16 and 20</b>	8	1%	7	D1%	1	0%	0	0%	0	0%	6	1%	2	0%	1	1%	0	0%	4	H1%	3	1%	0	0%	3	1%	4	kO1%	1	0%	0	0%	3	3%	2	1%	3	1%
<b>More than 20</b>	9	1%	7	B1%	0	0%	0	0%	2	2%	5	1%	4	1%	0	0%	7	GI3%	1	0%	1	0%	0	0%	1	0%	4	k1%	3	1%	1	1%	0	0%	4	2%	3	1%
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<b>Don't know</b>	43	4%	24	4%	15	7%	0	0%	4	3%	34	F6%	9	2%	7	6%	11	5%	14	4%	11	3%	0	0%	13	k3%	13	k4%	12	k5%	5	k7%	6	7%	5	3%	24	4%
<b>Total</b>	<b>1007</b>	<b>100%</b>	<b>651</b>	<b>100%</b>	<b>230</b>	<b>100%</b>	<b>0</b>	<b>100%</b>	<b>126</b>	<b>100%</b>	<b>548</b>	<b>100%</b>	<b>459</b>	<b>100%</b>	<b>117</b>	<b>100%</b>	<b>234</b>	<b>100%</b>	<b>317</b>	<b>100%</b>	<b>339</b>	<b>100%</b>	<b>16</b>	<b>100%</b>	<b>390</b>	<b>100%</b>	<b>302</b>	<b>100%</b>	<b>232</b>	<b>100%</b>	<b>67</b>	<b>100%</b>	<b>92</b>	<b>100%</b>	<b>175</b>	<b>100%</b>	<b>572</b>	<b>100%</b>

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Absolutes/col percents

**Q2** Peer reviewed research shows that loneliness is a contributing factor in a number of physical and mental health issues. As a general practitioner, to what extent do you feel confident that you have the tools necessary to help patients who are lonely?

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		GP Principal		Salaried GP		GP Registrar		Locum GP		Male	Female			1979 or earlier	1980-1989		1990-1999		2000-2010		Under 30	30 - 39		40 - 49		50 - 59		60 or over		I am, or plan to be, an active member of my CCG governing board	I am, or plan to be, a GP representative	I do not take an active part in my CCG						
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O																						
<b>NET Not confident</b>	491	49%	313	48%	122	53%	0	0%	56	44%	289	F53%	202	44%	59	50%	113	48%	153	48%	166	49%	11	69%	189	48%	141	47%	116	50%	34	51%	43	47%	81	46%	272	48%
<b>1 - not confident at all</b>	164	16%	101	16%	47	20%	0	0%	16	13%	102	F19%	62	14%	18	15%	45	19%	54	17%	47	14%	5	31%	54	14%	54	18%	41	18%	10	15%	22	24%	27	15%	85	15%
<b>2</b>	327	32%	212	33%	75	33%	0	0%	40	32%	187	34%	140	31%	41	35%	68	29%	99	31%	119	35%	6	38%	135	35%	87	29%	75	32%	24	36%	21	23%	54	31%	187	33%
<b>3</b>	360	36%	230	35%	77	33%	0	0%	53	42%	172	31%	188	E41%	44	38%	84	36%	102	32%	130	38%	4	25%	144	37%	105	35%	86	37%	21	31%	28	30%	61	35%	222	39%
<b>NET Confident</b>	126	13%	88	14%	23	10%	0	0%	15	12%	70	13%	56	12%	13	11%	32	14%	47	15%	34	10%	1	6%	46	12%	41	14%	27	12%	11	16%	17	18%	26	15%	63	11%
<b>4</b>	99	10%	69	11%	20	9%	0	0%	10	8%	51	9%	48	10%	10	9%	22	9%	39	12%	28	8%	1	6%	39	10%	33	11%	18	8%	8	12%	14	15%	21	12%	47	8%
<b>5 - very confident</b>	27	3%	19	3%	3	1%	0	0%	5	4%	19	3%	8	2%	3	3%	10	4%	8	3%	6	2%	0	0%	7	k2%	8	k3%	9	k4%	3	4%	3	3%	5	3%	16	3%
<b>Don't know</b>	30	3%	20	3%	8	3%	0	0%	2	2%	17	3%	13	3%	1	1%	5	2%	15	G5%	9	3%	0	0%	11	k3%	15	kN5%	3	1%	1	1%	4	4%	7	4%	15	3%
<b>Total</b>	<b>1007</b>	<b>100%</b>	<b>651</b>	<b>100%</b>	<b>230</b>	<b>100%</b>	<b>0</b>	<b>100%</b>	<b>126</b>	<b>100%</b>	<b>548</b>	<b>100%</b>	<b>459</b>	<b>100%</b>	<b>117</b>	<b>100%</b>	<b>234</b>	<b>100%</b>	<b>317</b>	<b>100%</b>	<b>339</b>	<b>100%</b>	<b>16</b>	<b>100%</b>	<b>390</b>	<b>100%</b>	<b>302</b>	<b>100%</b>	<b>232</b>	<b>100%</b>	<b>67</b>	<b>100%</b>	<b>92</b>	<b>100%</b>	<b>175</b>	<b>100%</b>	<b>572</b>	<b>100%</b>

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Absolutes/col percents

**Q1 Thinking about the patients you see in your surgery on an average day, how many of these do you think are really attending your surgery because they are lonely?**

**Base: All respondents**

	Total	D2 - Practice Location										D1 - Overall practice size					D5 - Dispensing Practice				D7 - Number of patients on practice list													
		Rural area		Urban area		Semi-rural area		Suburban area		Other		1-2	3-5	6-10	11 or more	Yes	No	1-2500	2501-5000	5001-7500	7501-10000	10001+												
		A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P																	
<b>0</b>	36	4%	7	e7%	14	e3%	5	e2%	10	e4%	0	0%	4	6%	15	4%	14	3%	3	4%	10	5%	26	3%	8	<b>MNOP</b> 12%	5	3%	6	3%	7	3%	10	3%
<b>Between 1 and 5</b>	769	76%	72	73%	308	75%	177	77%	208	78%	4	<b>abcd</b> 100%	57	80%	324	77%	338	76%	50	70%	151	74%	618	77%	42	63%	154	<b>LP</b> 82%	164	<b>L79%</b>	179	<b>L77%</b>	230	74%
<b>Between 6 and 10</b>	115	11%	12	e12%	47	e12%	31	e14%	25	e9%	0	0%	4	6%	45	11%	59	<b>F</b> 13%	7	10%	23	11%	92	11%	8	12%	18	10%	22	11%	23	10%	44	14%
<b>Between 11 and 15</b>	27	3%	4	e4%	10	e2%	5	e2%	8	e3%	0	0%	2	3%	8	2%	12	3%	5	7%	9	4%	18	2%	3	4%	2	1%	3	1%	6	3%	13	<b>M</b> 4%
<b>Between 16 and 20</b>	8	1%	0	0%	3	1%	2	1%	3	1%	0	0%	1	1%	4	<b>I</b> 1%	3	1%	0	0%	1	0%	7	1%	1	1%	3	2%	1	0%	3	1%	0	0%
<b>More than 20</b>	9	1%	0	0%	6	<b>ACe</b> 1%	0	0%	3	1%	0	0%	0	0%	6	<b>F</b> 1%	2	0%	1	1%	1	0%	8	1%	0	0%	2	1%	3	1%	2	1%	2	1%
<b>NET more than ten</b>	44	4%	4	e4%	19	e5%	7	e3%	14	e5%	0	0%	3	4%	18	4%	17	4%	6	8%	11	5%	33	4%	4	6%	7	4%	7	3%	11	5%	15	5%
<b>Don't know</b>	43	4%	4	e4%	20	e5%	9	e4%	10	e4%	0	0%	3	4%	18	4%	17	4%	5	7%	10	5%	33	4%	5	7%	4	2%	9	4%	12	5%	13	4%
<b>Total</b>	<b>1007</b>	<b>100%</b>	<b>99</b>	<b>100%</b>	<b>408</b>	<b>100%</b>	<b>229</b>	<b>100%</b>	<b>267</b>	<b>100%</b>	<b>4</b>	<b>100%</b>	<b>71</b>	<b>100%</b>	<b>420</b>	<b>100%</b>	<b>445</b>	<b>100%</b>	<b>71</b>	<b>100%</b>	<b>205</b>	<b>100%</b>	<b>802</b>	<b>100%</b>	<b>67</b>	<b>100%</b>	<b>188</b>	<b>100%</b>	<b>208</b>	<b>100%</b>	<b>232</b>	<b>100%</b>	<b>312</b>	<b>100%</b>

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			Rural area		Urban area		Semi-rural area	Suburban area		Other	1-2	3-5	6-10	11 or more	Yes	No	1-2500	2501-5000	5001-7500	7501-10000	10001+													
			A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P																
<b>NET Not confident</b>	491	49%	40	40%	194	48%	118	52%	136	51%	3	75%	29	41%	213	51%	214	48%	35	49%	90	44%	401	50%	34	51%	88	47%	108	52%	112	48%	149	48%
<b>1 - not confident at all</b>	164	16%	12	12%	72	18%	35	15%	44	16%	1	25%	9	13%	70	17%	74	17%	11	15%	21	10%	143	18%	11	16%	33	18%	36	17%	29	13%	55	18%
<b>2</b>	327	32%	28	28%	122	30%	83	36%	92	34%	2	50%	20	28%	143	34%	140	31%	24	34%	69	34%	258	32%	23	34%	55	29%	72	35%	83	36%	94	30%
<b>3</b>	360	36%	37	37%	150	37%	82	36%	90	34%	1	25%	29	41%	147	35%	163	37%	21	30%	78	38%	282	35%	20	30%	71	38%	73	35%	86	37%	110	35%
<b>NET Confident</b>	126	13%	19	e19%	52	e13%	25	e11%	30	e11%	0	0%	12	17%	49	12%	53	12%	12	17%	30	15%	96	12%	11	16%	22	12%	23	11%	28	12%	42	13%
<b>4</b>	99	10%	12	e12%	42	e10%	22	e10%	23	e9%	0	0%	8	11%	37	9%	43	10%	11	15%	22	11%	77	10%	9	13%	15	8%	14	7%	23	10%	38	N12%
<b>5 - very confident</b>	27	3%	7	Ce7%	10	e2%	3	1%	7	e3%	0	0%	4	6%	12	3%	10	2%	1	1%	8	4%	19	2%	2	3%	7	4%	9	P4%	5	2%	4	1%
<b>Don't know</b>	30	3%	3	3%	12	e3%	4	e2%	11	e4%	0	0%	1	1%	11	3%	15	3%	3	4%	7	3%	23	3%	2	3%	7	4%	4	2%	6	3%	11	4%
<b>Total</b>	<b>1007</b>	<b>100%</b>	<b>99</b>	<b>100%</b>	<b>408</b>	<b>100%</b>	<b>229</b>	<b>100%</b>	<b>267</b>	<b>100%</b>	<b>4</b>	<b>100%</b>	<b>71</b>	<b>100%</b>	<b>420</b>	<b>100%</b>	<b>445</b>	<b>100%</b>	<b>71</b>	<b>100%</b>	<b>205</b>	<b>100%</b>	<b>802</b>	<b>100%</b>	<b>67</b>	<b>100%</b>	<b>188</b>	<b>100%</b>	<b>208</b>	<b>100%</b>	<b>232</b>	<b>100%</b>	<b>312</b>	<b>100%</b>

Prepared by ComRes

