

BBC Breakfast Cost of Living Study

METHODOLOGY NOTE

ComRes interviewed 1,003 GB adults by telephone between 7th and 11th March 2014. Data were weighted to be representative of all GB adults aged 18+. ComRes is a member of the British Polling Council and abides by its rules.

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Absolutes/col percents

Table 1 CRQ1. Over the last 12 months would you say your personal financial situation has improved, got worse or stayed about the same? Base: All respondents

		Ge	nder			Ag	ge				Social	Grade				Region				1	Norking Sta	atus	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid- lands	North Eng- Iand	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Improved	175 17%	95 19%	80 16%	51 42%	28 17%	41 22%	22 13%	14 9%	19 9%	54 20%	49 17%	47 23%	24 10%	53 21%	45 17%	43 17%	18 13%	15 17%	98 22%	20 17%	18 13%	21 9%	15 27%
Got worse	312 31%	148 30%	164 32%	27 22%	52 32%	50 26%	55 33%	61 40%	67 32%	72 27%	84 29%	61 29%	95 41%	82 32%	77 29%	78 31%	51 35%	25 29%	131 30%	34 28%	51 37%	79 33%	15 27%
Stayed about the same	511 51%	245 50%	265 52%	41 34%	81 50%	100 52%	92 54%	75 50%	123 59%	144 53%	156 54%	99 47%	112 48%	119 47%	139 53%	130 52%	76 52%	47 54%	212 48%	64 53%	67 48%	143 59%	26 46%
Don't know	5 1%	3 1%	2 *	2 2%	-	-	1 *	1 1%	1 1%	1 *	1 *	3 2%	-	1 *	4 1%	1 *	-	-	1 *	2 2%	2 2%	-	-



Absolutes/col percents

Table 2 CRQ2. And do you think your own personal financial situation will improve, get worse, or stay the same in the next 12 months? Base: All respondents

		Ge	nder			Ag	ge				Social	Grade				Region				١	Norking Sta	atus	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid- lands	North Eng- Iand	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Improve	282 28%	175 36%	107 21%	62 51%	70 44%	60 32%	39 23%	26 17%	24 11%	85 31%	88 30%	56 27%	53 23%	78 31%	74 28%	71 28%	33 23%	25 29%	140 32%	40 33%	46 33%	29 12%	24 43%
Get worse	190 19%	83 17%	107 21%	18 15%	24 15%	33 17%	27 16%	39 26%	48 23%	52 19%	44 15%	39 18%	54 24%	60 24%	48 18%	42 17%	24 17%	16 18%	79 18%	16 14%	24 17%	57 23%	12 22%
Stay about the same	507 51%	224 46%	282 55%	39 32%	58 36%	95 50%	102 60%	80 53%	133 63%	128 47%	153 52%	110 52%	115 50%	113 44%	136 51%	130 52%	83 57%	46 53%	216 49%	59 49%	61 44%	152 63%	19 33%
Don't know	25 2%	10 2%	15 3%	1 1%	9 5%	3 2%	2 1%	5 3%	6 3%	5 2%	6 2%	5 2%	8 4%	4 2%	7 3%	9 4%	4 3%	-	6 1%	5 4%	7 5%	5 2%	1 2%



Absolutes/col percents

Table 3

CRQ3. Do you agree or disagree with each of the following statements?

SUMMARY TABLE

	I am spending less on eating out and leisure activities now than I did last year	I have more money to spend on non- essential items now than I did last year	l put some money into savings every month	I have some money left over at the end of each month	l spend more than I earn	I expect to have less money to spend on non-essential items next year than I do now	My financial situation is causing stress for me and my family
Unweighted base	1003	1003	1003	1003	1003	1003	1003
Weighted base	1003	1003	1003	1003	1003	1003	1003
Agree	585	269	513	598	192	481	278
	58%	27%	51%	60%	19%	48%	28%
Disagree	392	717	481	383	800	480	715
	39%	71%	48%	38%	80%	48%	71%
Don't know	26	17	9	22	12	42	9
	3%	2%	1%	2%	1%	4%	1%



Absolutes/col percents

Table 4

CRQ3. Do you agree or disagree with each of the following statements?

I am spending less on eating out and leisure activities now than I did last year

		Ge	nder			Aç	je				Social (Grade				Region				v	Vorking Sta	atus	
	Total	Male	Female	18-24	_25-34	35-44	45-54	55-64	65+	AB	<u>C1</u>	C2	DE	South East	Mid- lands	North Eng- Iand	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	585 58%	269 55%	317 62%	66 55%	104 65%	115 60%	101 59%	93 62%	106 50%	145 54%	159 55%	142 67%	139 60%	137 54%	139 52%	157 62%	95 66%	57 66%	256 58%	75 62%	98 71%	127 52%	28 50%
Disagree	392 39%	213 43%	179 35%	55 45%	51 31%	69 36%	64 38%	54 36%	99 47%	118 44%	124 43%	65 31%	85 37%	111 43%	120 45%	88 35%	46 32%	26 30%	176 40%	45 38%	32 23%	110 45%	26 47%
Don't know	26 3%	10 2%	17 3%	-	6 3%	6 3%	5 3%	3 2%	6 3%	7 3%	8 3%	4 2%	7 3%	7 3%	6 2%	7 3%	3 2%	4 4%	9 2%	*	9 6%	6 3%	2 3%



Absolutes/col percents

Table 5

CRQ3. Do you agree or disagree with each of the following statements?

I have more money to spend on non-essential items now than I did last year

		Ge	nder			Ag	je				Social	Grade				Region				v	Vorking Sta	atus	
	Total	Male	<u>Female</u>	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid- lands	North Eng- Iand	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	269 27%	159 32%	110 21%	69 57%	45 28%	50 26%	37 21%	24 16%	44 21%	76 28%	75 26%	75 35%	44 19%	76 30%	69 26%	71 28%	33 23%	20 23%	135 31%	33 27%	29 21%	45 19%	25 44%
Disagree	717 71%	323 66%	394 77%	51 42%	113 70%	137 72%	131 77%	125 83%	161 77%	187 69%	213 73%	135 64%	182 79%	175 69%	190 72%	177 71%	110 76%	64 74%	298 68%	87 72%	106 77%	192 79%	31 56%
Don't know	17 2%	9 2%	8 2%	1 1%	2 1%	3 2%	3 2%	2 1%	5 3%	8 3%	3 1%	1 1%	5 2%	3 1%	6 2%	3 1%	2 1%	3 3%	7 2%	1 1%	3 2%	6 2%	-



Absolutes/col percents

Table 6

CRQ3. Do you agree or disagree with each of the following statements?

I put some money into savings every month

		Ge	nder			Aç	ge				Social (Grade				Region				v	Vorking Sta	atus	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	<u>C1</u>	C2	DE	South East	Mid- lands	North Eng- Iand	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	513 51%	252 51%	261 51%	70 58%	80 50%	123 65%	80 47%	72 48%	87 41%	166 61%	144 49%	119 56%	84 36%	134 53%	139 53%	117 46%	76 52%	47 54%	258 59%	64 53%	52 38%	103 42%	34 60%
Disagree	481 48%	237 48%	244 48%	48 40%	79 49%	67 35%	90 53%	76 51%	121 58%	103 38%	141 49%	92 44%	145 63%	119 47%	124 47%	131 52%	68 47%	39 45%	180 41%	55 46%	83 60%	138 57%	23 40%
Don't know	9 1%	3 1%	6 1%	2 2%	1 1%	1 *	1 *	2 1%	2 1%	1 1%	6 2%	-	2 1%	2 1%	2 1%	4 1%	1 1%	1 1%	2 1%	1 1%	4 3%	2 1%	-



Absolutes/col percents

Table 7

CRQ3. Do you agree or disagree with each of the following statements?

I have some money left over at the end of each month

		Ge	nder			Ag	ge				Social (Grade				Region				V	Vorking Sta	atus	
	Total	Male	Female	18-24	_25-34_	35-44	_45-54_	55-64	65+	AB	<u>C1</u>	C2	DE	South East	Mid- lands	North Eng- land	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	598 60%	319 65%	279 55%	83 69%	87 54%	114 60%	90 53%	94 62%	130 62%	189 70%	177 61%	117 56%	115 50%	166 65%	160 61%	134 53%	87 60%	51 59%	279 63%	64 53%	60 43%	155 64%	39 69%
Disagree	383 38%	165 34%	218 43%	37 31%	73 45%	72 38%	79 46%	53 35%	70 33%	77 29%	104 36%	89 42%	113 49%	85 33%	101 38%	108 43%	57 39%	33 37%	158 36%	54 45%	74 53%	80 33%	16 28%
Don't know	22 2%	8 2%	14 3%	-	1 1%	5 2%	2 1%	3 2%	10 5%	4 2%	10 4%	4 2%	3 1%	3 1%	4 1%	10 4%	1 1%	3 4%	5 1%	3 2%	5 4%	8 3%	2 3%



Absolutes/col percents

Table 8

CRQ3. Do you agree or disagree with each of the following statements?

I spend more than I earn

		Ge	nder			Ag	ge				Social	Grade				Region				v	Vorking Sta	atus	
	Total	Male	Female	18-24	_25-34_	35-44	_45-54_	55-64	65+	AB	C1	C2	DE	South East	Mid- lands	North Eng- land	Wales & South West	Scot- land	Full time	Part time	Not working	_Retired_	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	192 19%	103 21%	89 17%	27 23%	48 30%	31 16%	39 23%	22 15%	24 11%	40 15%	57 19%	42 20%	54 23%	57 22%	50 19%	47 19%	26 18%	12 14%	90 20%	19 16%	37 27%	30 12%	15 27%
Disagree	800 80%	383 78%	416 81%	88 73%	112 70%	158 83%	131 77%	127 85%	183 87%	231 85%	229 79%	169 80%	171 74%	192 75%	214 81%	203 81%	116 80%	74 85%	348 79%	101 84%	100 72%	209 86%	39 70%
Don't know	12 1%	5 1%	6 1%	5 4%	1 1%	1 1%	-	1 *	4 2%	-	6 2%	-	6 3%	6 2%	1 *	2 1%	3 2%	1 1%	3 1%	-	1 1%	4 2%	2 4%



Absolutes/col percents

Table 9

CRQ3. Do you agree or disagree with each of the following statements?

I expect to have less money to spend on non-essential items next year than I do now

		Ge	nder			Ag	je				Social (Grade				Region				v	Vorking Sta	itus	
	Total	Male	Female	18-24	_25-34_	_35-44_	45-54	_55-64	65+	AB	<u>C1</u>	C2	DE	South East	Mid- lands	North Eng- land	Wales & South West	Scot- land	Full time	Part time	Not working	_Retired_	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	481 48%	227 46%	254 50%	52 43%	74 46%	85 45%	78 46%	84 56%	108 51%	125 46%	124 43%	107 51%	125 54%	119 47%	130 49%	125 50%	66 46%	41 47%	209 47%	54 45%	67 48%	127 52%	21 37%
Disagree	480 48%	249 51%	232 45%	68 57%	72 45%	97 51%	88 52%	61 41%	94 45%	138 51%	150 52%	96 46%	95 41%	128 50%	123 46%	113 45%	73 50%	44 50%	220 50%	57 48%	62 45%	107 44%	33 59%
Don't know	42 4%	16 3%	26 5%	-	14 9%	9 4%	5 3%	5 3%	9 4%	8 3%	17 6%	7 3%	10 4%	7 3%	12 5%	14 5%	6 4%	3 3%	12 3%	9 8%	9 6%	9 4%	2 3%



Absolutes/col percents

Table 10

CRQ3. Do you agree or disagree with each of the following statements?

My financial situation is causing stress for me and my family

		Ge	nder			Aç	je				Social	Grade				Region				V	Vorking Sta	atus	
	Total	Male	Female	_18-24_	_25-34	35-44	_45-54_	_55-64_	65+	AB	C1	C2	DE	South East	Mid- lands	North Eng- land	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	_Student_
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Agree	278 28%	137 28%	141 28%	35 29%	62 39%	50 26%	58 34%	35 23%	39 18%	51 19%	72 25%	68 32%	87 38%	64 25%	70 27%	83 33%	40 28%	21 24%	117 27%	38 31%	61 44%	44 18%	19 34%
Disagree	715 71%	351 71%	364 71%	83 69%	96 60%	141 74%	112 66%	114 76%	169 80%	218 81%	214 74%	141 67%	141 61%	189 74%	192 73%	166 66%	102 71%	66 76%	320 73%	82 68%	75 54%	197 81%	37 66%
Don't know	9 1%	3 1%	6 1%	2 2%	2 2%	-	1 *	2 1%	2 1%	1 *	5 2%	1 1%	2 1%	2 1%	2 1%	3 1%	2 2%	-	4 1%	*	3 2%	2 1%	-



Absolutes/col percents

Table 11 CRQ4. Which two or three, if any, of the following things do you worry about the most? Base: All respondents

		Ge	nder			Ag	ge				Social (Grade				Region	Wales			١	Norking Sta	atus	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	C1	C2	DE	South East	Mid- lands	North Eng- Iand	& South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	1003	461	542	63	129	125	188	213	285	340	214	122	327	260	258	251	145	89	393	143	117	322	26
Weighted base	1003	491	512	120	161	191	171	150	210	271	291	211	231	255	265	252	145	87	441	120	138	243	56
Cost of petrol/diesel	394 39%	190 39%	203 40%	49 41%	57 36%	76 40%	71 42%	74 49%	66 31%	118 43%	117 40%	82 39%	78 34%	79 31%	119 45%	102 40%	50 35%	43 49%	188 43%	61 51%	40 29%	84 35%	19 34%
Cost of public transport e.g. train and bus fares	158 16%	93 19%	64 13%	34 29%	34 21%	29 15%	19 11%	18 12%	24 11%	45 17%	53 18%	27 13%	32 14%	55 22%	32 12%	32 13%	25 17%	14 16%	73 17%	15 13%	20 15%	26 11%	20 36%
Being able to pay utility bills e.g. gas, electric, water, council tax	476 47%	232 47%	244 48%	36 30%	81 50%	85 45%	83 49%	76 50%	115 55%	97 36%	130 45%	117 55%	132 57%	106 41%	120 45%	139 55%	72 49%	40 46%	193 44%	55 45%	79 57%	129 53%	21 37%
Cost of food shopping	431 43%	196 40%	235 46%	36 30%	78 48%	92 48%	73 43%	64 43%	88 42%	98 36%	120 41%	102 48%	111 48%	97 38%	117 44%	117 46%	56 39%	44 50%	168 38%	57 47%	76 55%	108 44%	18 33%
Being able to afford luxuries such as birthday presents, holidays etc.	238 24%	101 21%	137 27%	39 32%	44 27%	47 25%	36 21%	37 25%	35 17%	68 25%	75 26%	47 22%	48 21%	55 22%	65 25%	65 26%	36 25%	17 19%	105 24%	25 21%	40 29%	45 18%	23 42%
Being able to afford mortgage/rent payments	232 23%	128 26%	105 20%	50 41%	51 31%	57 30%	38 23%	26 17%	11 5%	59 22%	64 22%	79 38%	30 13%	68 27%	60 23%	54 21%	34 24%	17 19%	125 28%	33 28%	28 20%	17 7%	28 49%
Cost of childcare	100 10%	46 9%	54 11%	13 10%	36 22%	33 18%	4 3%	7 5%	8 4%	34 12%	34 12%	16 7%	17 7%	32 12%	29 11%	17 7%	17 12%	5 6%	48 11%	25 20%	9 7%	9 4%	9 16%
Don't know	3 *	2 *	1 *	-	-	-	1 1%	*	1 *	*	1 *	-	1 *	1 *	-	* *	-	1 1%	2 *	-	-	1 *	-
No answer	93 9%	51 10%	42 8%	4 3%	9 6%	11 6%	18 11%	19 13%	32 15%	35 13%	22 8%	13 6%	23 10%	34 13%	20 8%	14 6%	15 10%	10 12%	40 9%	7 6%	8 6%	39 16%	-



Absolutes/col percents

Table 12 CRQ5. In the next 12 months do you expect your pay to...? Base: All currently in work

		Ger	nder			Aç	je				Social (Grade				Region				1	Norking Sta	atus	
	Total	Male	Female	18-24	25-34	35-44	45-54	55-64	65+	AB	<u>C1</u>	C2	DE	South East	Mid- lands	North Eng- land	Wales & South West	Scot- land	Full time	Part time	Not working	Retired	Student
Unweighted base	536	274	262	35	106	100	145	126	24	245	142	79	70	148	145	117	81	45	393	143	-	-	-
Weighted base	562	307	255	61	129	143	130	83	16	197	189	129	46	152	156	125	86	43	441	120	-	-	-
Increase by 2% or more	149 27%	104 34%	46 18%	24 39%	45 35%	40 28%	23 18%	12 15%	5 31%	49 25%	47 25%	41 32%	12 26%	38 25%	44 28%	33 26%	24 28%	11 25%	125 28%	24 20%	-	-	-
Increase by less than 2%	99 18%	52 17%	47 19%	10 17%	24 19%	24 17%	20 15%	19 23%	2 14%	43 22%	32 17%	13 10%	11 23%	31 20%	21 13%	20 16%	13 15%	15 34%	81 18%	18 15%	-	-	-
Stay about the same	248 44%	112 36%	136 53%	22 35%	51 40%	60 42%	69 53%	39 48%	7 47%	86 44%	90 48%	53 41%	19 41%	67 44%	71 46%	51 41%	43 50%	17 39%	189 43%	59 49%	-	-	-
Decrease	50 9%	31 10%	19 8%	5 9%	6 5%	10 7%	17 13%	11 13%	1 9%	13 7%	15 8%	18 14%	4 9%	13 9%	17 11%	13 11%	6 8%	1 1%	36 8%	14 12%	-	-	-
Don't know	15 3%	8 3%	6 2%	-	3 2%	9 7%	1 1%	2 2%	-	5 3%	5 3%	4 3%	1 1%	3 2%	4 2%	7 6%	-	-	9 2%	5 5%	-	-	-

