

# The Silver Line – Loneliness Survey

#### **METHODOLOGY NOTE**

ComRes interviewed 1,126 British adults aged 55+ by telephone between the 11<sup>th</sup> and 27<sup>th</sup> October 2013. Data were weighted to be representative of all GB adults aged 55+ by age, gender and region. ComRes is a member of the British Polling Council and abides by its rules.

All press releases or other publications must be checked with ComRes before use. ComRes requires 48 hours to check a press release unless otherwise agreed.

To commission a voting intention poll or a public opinion survey please contact Katharine Peacock: katharine.peacock@comres.co.uk

To register for Pollwatch, a monthly newsletter update on the polls, please email: pollwatch@comres.co.uk

Table 1

Q1. How often do you do the following with a member of your family or with a friend? -Summary

Base: All respondents

|                                      |     |                     | Q1. Summary  |  |
|--------------------------------------|-----|---------------------|--------------|--|
|                                      |     | A chat on the phone | Have a meal  | Meet up for an<br>outing, for<br>example, a walk<br>in the park or<br>a trip to the<br>shops |
| Unweighted base                      |     | 1126                | 1126         | 1126   |
| Weighted base                        |     | 1126                | 1126         | 1126   |
| NET: Often                           |     | 838<br>74%          | 707<br>63%   | 738<br>66%   |
| NET: Not often/ Neve                 | ər  | 286<br>25%          | 418<br>37%   | 386<br>34%   |
| Very often                           | (3) | 419<br>37%          | 252<br>22%   | 324<br>29%   |
| Quite often                          | (2) | 419<br>37%          | 455<br>40%   | 414<br>37%   |
| Not very often                       | (1) | 247<br>22%          | 356<br>32%   | 276<br>24%   |
| Never                                | (0) | 39<br>3%            | 62<br>5%     | 110<br>10%   |
| Don't know                           |     | 2                   | 1<br>*       | 2<br>*   |
| Mean                                 |     | 2.08                | 1.80         | 1.85   |
| Standard deviation<br>Standard error |     | 0.85<br>0.03        | 0.85<br>0.03 | 0.95<br>0.03   |

Page 1



Absolutes/col percents

Table 2

Q1. How often do you do the following with a member of your family or with a friend? -A chat on the phone Base: All respondents

|                       |        | Ge     | nder   |       | Age     |      | Class  |        |      |      |               |               |               |                          |               | Region        |       |              |        |               |               |
|-----------------------|--------|--------|--------|-------|---------|------|--------|--------|------|------|---------------|---------------|---------------|--------------------------|---------------|---------------|-------|--------------|--------|---------------|---------------|
|                       |        |        |        |       |         |      |        |        |      |      |               |               |               | York-<br>shire<br>& Hum- | West          | East          |       |              |        |               |               |
|                       | Total  | Male   | Female | 55-64 | 65-74   | 75+  | AB     | C1     | C2   | DE   | Scot-<br>land | North<br>East | North<br>West | ber-<br>side             | Mid-<br>lands | Mid-<br>lands | Wales | East-<br>ern | London | South<br>East | South<br>West |
| Unweighted base       | 1126   | 510    | 616    | 479   | 431     | 216  | 332    | 190    | 165  | 439  | 118           | 42            | 119           | 101                      | 109           | 78            | 68    | 136          | 111    | 157           | 87            |
| Weighted base         | 1126   | 522    | 604    | 468   | 346     | 312  | 327    | 191    | 165  | 444  | 101           | 51            | 131           | 98                       | 104           | 87            | 62    | 113          | 106    | 164           | 112           |
| NET: Often            | 838    | 349    | 489    | 341   | 252     | 245  | 242    | 144    | 119  | 334  | 74            | 40            | 100           | 74                       | 70            | 62            | 46    | 78           | 81     | 126           | 87            |
|                       | 74%    | 67%    | 81%    | 73%   | 73%     | 79%  | 74%    | 75%    | 72%  | 75%  | 73%           | 80%           | 77%           | 76%                      | 67%           | 72%           | 75%   | 69%          | 76%    | 77%           | 78%           |
| NET: Not often/ Never | 286    | 172    | 114    | 127   | 92      | 67   | 84     | 46     | 46   | 110  | 27            | 10            | 30            | 24                       | 34            | 24            | 16    | 35           | 25     | 37            | 24            |
|                       | 25%    | 33%    | 19%    | 27%   | 27%     | 21%  | 26%    | 24%    | 28%  | 25%  | 27%           | 20%           | 23%           | 24%                      | 33%           | 28%           | 25%   | 31%          | 24%    | 22%           | 22%           |
| Very often (3)        | 419    | 146    | 273    | 171   | 124     | 124  | 128    | 75     | 52   | 164  | 39            | 26            | 47            | 32                       | 33            | 25            | 27    | 38           | 49     | 59            | 44            |
|                       | 37%    | 28%    | 45%    | 36%   | 36%     | 40%  | 39%    | 39%    | 32%  | 37%  | 39%           | 51%           | 36%           | 33%                      | 32%           | 29%           | 44%   | 34%          | 47%    | 36%           | 39%           |
| Quite often (2)       | 419    | 203    | 216    | 171   | 127     | 121  | 114    | 69     | 67   | 170  | 34            | 15            | 54            | 42                       | 36            | 38            | 19    | 39           | 32     | 67            | 44            |
|                       | 37%    | 39%    | 36%    | 36%   | 37%     | 39%  | 35%    | 36%    | 40%  | 38%  | 34%           | 29%           | 41%           | 43%                      | 35%           | 43%           | 30%   | 35%          | 30%    | 41%           | 39%           |
| Not very often (1)    | 247    | 145    | 102    | 116   | 79      | 52   | 81     | 38     | 37   | 91   | 23            | 8             | 26            | 20                       | 31            | 23            | 13    | 29           | 22     | 31            | 21            |
|                       | 22%    | 28%    | 17%    | 25%   | 23%     | 17%  | 25%    | 20%    | 23%  | 21%  | 23%           | 17%           | 20%           | 20%                      | 30%           | 27%           | 20%   | 26%          | 21%    | 19%           | 19%           |
| Never (0)             | 39     | 27     | 12     | 11    | 13      | 15   | 3      | 9      | 9    | 19   | 4             | 2             | 4             | 4                        | 3             | 1             | 3     | 6            | 3      | 6             | 3             |
|                       | 3%     | 5%     | 2%     | 2%    | 4%      | 5%   | 1%     | 4%     | 5%   | 4%   | 4%            | 4%            | 3%            | 4%                       | 3%            | 1%            | 5%    | 6%           | 3%     | 3%            | 3%            |
| Don't know            | 2<br>* | 2<br>* | -      | -     | 2<br>1% | -    | 1<br>* | 1<br>* | -    | -    | -             | -             | 1<br>1%       | -                        | -             | -             | -     | -            | -      | 1<br>1%       | -             |
| Mean                  | 2.08   | 1.90   | 2.24   | 2.07  | 2.05    | 2.14 | 2.13   | 2.10   | 1.98 | 2.08 | 2.08          | 2.27          | 2.10          | 2.04                     | 1.96          | 2.00          | 2.14  | 1.97         | 2.20   | 2.10          | 2.15          |
| Standard deviation    | 0.85   | 0.87   | 0.80   | 0.84  | 0.86    | 0.86 | 0.81   | 0.87   | 0.87 | 0.86 | 0.88          | 0.87          | 0.82          | 0.84                     | 0.87          | 0.78          | 0.92  | 0.91         | 0.87   | 0.83          | 0.82          |
| Standard error        | 0.03   | 0.04   | 0.03   | 0.04  | 0.04    | 0.06 | 0.04   | 0.06   | 0.07 | 0.04 | 0.08          | 0.13          | 0.08          | 0.08                     | 0.08          | 0.09          | 0.11  | 0.08         | 0.08   | 0.07          | 0.09          |

Absolutes/col percents

Page 2



Table 3

Q1. How often do you do the following with a member of your family or with a friend? -A chat on the phone Base: All respondents

|                       |         | Q2. I miss havi      | ng people around | Q4. Fe | eel lonely          | Q8. It is diffice<br>other people<br>lon | that you feel |
|-----------------------|---------|----------------------|------------------|--------|---------------------|--|---------------|
|                       | _Tota   | al <u>Can relate</u> | Can't relate     | Often  | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base       | 1126    | 537                  | 571              | 159    | 967                 | 622                                      | 439           |
| Weighted base         | 1126    | 551                  | 555              | 166    | 960                 | 619                                      | 441           |
| NET: Often            | 838     | 419                  | 406              | 130    | 708                 | 471                                      | 329           |
|                       | 74      | % 76%                | 73%              | 78%    | 74%                 | 76%                                      | 75%           |
| NET: Not often/ Never | 286     | 131                  | 149              | 36     | 250                 | 148                                      | 111           |
|                       | 25      | % 24%                | 27%              | 22%    | 26%                 | 24%                                      | 25%           |
| Very often            | (3) 419 | 191                  | 221              | 63     | 356                 | 243                                      | 157           |
|                       | 37      | % 35%                | 40%              | 38%    | 37%                 | 39%                                      | 36%           |
| Quite often           | (2) 419 | 228                  | 184              | 67     | 352                 | 228                                      | 172           |
|                       | 37      | % 41%                | 33%              | 41%    | 37%                 | 37%                                      | 39%           |
| Not very often        | (1) 247 | 115                  | 128              | 30     | 217                 | 135                                      | 93            |
|                       | 22      | % 21%                | 23%              | 18%    | 23%                 | 22%                                      | 21%           |
| Never                 | (0) 39  | 16                   | 21               | 6      | 33                  | 13                                       | 19            |
|                       | 3       | % 3%                 | 4%               | 4%     | 3%                  | 2%                                       | 4%            |
| Don't know            | 2*      |                      | 1<br>*           | -      | 2<br>*              | -  | 1<br>*        |
| Mean                  | 2.08    | 2.08                 | 2.09             | 2.13   | 2.08                | 2.13                                     | 2.06          |
| Standard deviation    | 0.85    |                      | 0.88             | 0.83   | 0.86                | 0.82                                     | 0.86          |
| Standard error        | 0.03    |                      | 0.04             | 0.07   | 0.03                | 0.03                                     | 0.04          |

Page 3



Table 4Q1. How often do you do the following with a member of your family or with a friend?

-Have a meal

Base: All respondents

|                                      |              | Ge           | nder         |              | Age          |              | ClassRegion  |              |              |              |               |               |               |                          |               |               |              |              |              |               |               |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--------------------------|---------------|---------------|--------------|--------------|--------------|---------------|---------------|
|                                      |              |              |              |              |              |              |              |              |              |              |               |               |               | York-<br>shire<br>& Hum- | West          | East          |              |              |              |               |               |
|                                      | _Total       | Male         | Female       | 55-64        | 65-74        |              | _AB_         | C1           | C2           | DE           | Scot-<br>land | North<br>East | North<br>West | ber-<br>side             | Mid-<br>lands | Mid-<br>lands | Wales        | East-<br>ern | London       | South<br>East | South<br>West |
| Unweighted base                      | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118           | 42            | 119           | 101                      | 109           | 78            | 68           | 136          | 111          | 157           | 87            |
| Weighted base                        | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101           | 51            | 131           | 98                       | 104           | 87            | 62           | 113          | 106          | 164           | 112           |
| NET: Often                           | 707<br>63%   | 309<br>6 59% | 398<br>66%   | 312<br>67%   | 218<br>63%   | 178<br>57%   | 254<br>78%   | 131<br>69%   | 94<br>57%    | 229<br>52%   | 62<br>62%     | 34<br>68%     | 77<br>59%     | 56<br>58%                | 55<br>53%     | 54<br>63%     | 38<br>62%    | 75<br>66%    | 75<br>71%    | 103<br>63%    | 77<br>69%     |
| NET: Not often/ Never                | 418<br>379   | 212<br>6 41% | 206<br>34%   | 156<br>33%   | 128<br>37%   | 134<br>43%   | 73<br>22%    | 60<br>31%    | 70<br>42%    | 215<br>48%   | 39<br>38%     | 16<br>32%     | 54<br>41%     | 41<br>42%                | 49<br>47%     | 32<br>37%     | 24<br>38%    | 38<br>34%    | 31<br>29%    | 60<br>37%     | 34<br>31%     |
| Very often (3)                       | 252<br>22%   | 117<br>6 22% | 135<br>22%   | 122<br>26%   | 76<br>22%    | 54<br>17%    | 85<br>26%    | 47<br>25%    | 31<br>19%    | 89<br>20%    | 22<br>22%     | 17<br>33%     | 28<br>21%     | 22<br>23%                | 18<br>17%     | 19<br>22%     | 13<br>22%    | 21<br>19%    | 26<br>24%    | 35<br>22%     | 30<br>27%     |
| Quite often (2)                      | 455<br>40%   | 193<br>6 37% | 263<br>44%   | 190<br>41%   | 142<br>41%   | 124<br>40%   | 169<br>52%   | 84<br>44%    | 63<br>38%    | 140<br>31%   | 41<br>40%     | 18<br>35%     | 49<br>38%     | 34<br>35%                | 37<br>36%     | 35<br>40%     | 25<br>40%    | 53<br>47%    | 49<br>47%    | 67<br>41%     | 47<br>42%     |
| Not very often (1)                   | 356<br>32%   | 182<br>6 35% | 174<br>29%   | 134<br>29%   | 105<br>30%   | 117<br>37%   | 64<br>20%    | 52<br>27%    | 65<br>39%    | 174<br>39%   | 33<br>32%     | 16<br>32%     | 46<br>35%     | 36<br>36%                | 40<br>38%     | 27<br>32%     | 23<br>37%    | 32<br>28%    | 25<br>23%    | 51<br>31%     | 28<br>25%     |
| Never (0)                            | 62<br>5%     | 30<br>6%     | 32<br>5%     | 22<br>5%     | 23<br>7%     | 17<br>6%     | 8<br>3%      | 8<br>4%      | 5<br>3%      | 41<br>9%     | 6<br>6%       | -             | 8<br>6%       | 6<br>6%                  | 9<br>9%       | 5<br>6%       | 1<br>1%      | 7<br>6%      | 6<br>6%      | 8<br>5%       | 6<br>6%       |
| Don't know                           | 1<br>*       | 1<br>*       | -            | 1<br>*       | -            | -            | -            | -            | 1<br>1%      | -            | -             | -             | -             | -                        | -             | -             | -            | -            | -            | 1<br>1%       | -             |
| Mean                                 | 1.80         | 1.76         | 1.83         | 1.88         | 1.78         | 1.69         | 2.01         | 1.89         | 1.74         | 1.62         | 1.77          | 2.01          | 1.73          | 1.75                     | 1.62          | 1.80          | 1.82         | 1.79         | 1.90         | 1.80          | 1.91          |
| Standard deviation<br>Standard error | 0.85<br>0.03 | 0.86<br>0.04 | 0.83<br>0.03 | 0.85<br>0.04 | 0.86<br>0.04 | 0.82<br>0.06 | 0.75<br>0.04 | 0.82<br>0.06 | 0.80<br>0.06 | 0.91<br>0.04 | 0.86<br>0.08  | 0.81<br>0.13  | 0.87<br>0.08  | 0.88<br>0.09             | 0.87<br>0.08  | 0.85<br>0.10  | 0.78<br>0.10 | 0.82<br>0.07 | 0.83<br>0.08 | 0.84<br>0.07  | 0.86<br>0.09  |



Prepared by ComRes

Page 4

Absolutes/col percents

Absolutes/col percents

Table 5Q1. How often do you do the following with a member of your family or with a friend?

-Have a meal

Base: All respondents

|                       |         | Q2 Lmiss bavin | g people around   | Q4. Feel | lonely     | Q8. It is difficu<br>other people<br>lone | that you feel |
|-----------------------|---------|----------------|-------------------|----------|------------|---|---------------|
|                       |         |                | g poopio di odita |          | Not often/ |   |               |
|                       | Total   | Can relate     | Can't relate      | Often    | Never      | Agree                                     | Disagree      |
| Unweighted base       | 1126    | 537            | 571               | 159      | 967        | 622                                       | 439           |
| Weighted base         | 1126    | 551            | 555               | 166      | 960        | 619                                       | 441           |
| NET: Often            | 707     | 337            | 357               | 81       | 626        | 385                                       | 278           |
|                       | 63%     | 61%            | 64%               | 49%      | 65%        | 62%                                       | 63%           |
| NET: Not often/ Never | 418     | 213            | 198               | 84       | 333        | 234                                       | 162           |
|                       | 37%     | 39%            | 36%               | 51%      | 35%        | 38%                                       | 37%           |
| Very often            | (3) 252 | 106            | 143               | 30       | 222        | 138                                       | 105           |
|                       | 22%     | 19%            | 26%               | 18%      | 23%        | 22%                                       | 24%           |
| Quite often           | (2) 455 | 231            | 214               | 51       | 404        | 247                                       | 172           |
|                       | 40%     | 42%            | 39%               | 31%      | 42%        | 40%                                       | 39%           |
| Not very often        | (1) 356 | 184            | 167               | 68       | 288        | 196                                       | 143           |
|                       | 32%     | 33%            | 30%               | 41%      | 30%        | 32%                                       | 32%           |
| Never                 | (0) 62  | 29             | 31                | 17       | 45         | 38  | 19            |
|                       | 5%      | 5%             | 6%                | 10%      | 5%         | 6%  | 4%            |
| Don't know            | 1<br>*  | 1<br>*         | -                 | -        | 1<br>*     | -   | 1<br>*        |
| Mean                  | 1.80    | 1.75           | 1.84              | 1.57     | 1.84       | 1.78                                      | 1.83          |
| Standard deviation    | 0.85    | 0.82           | 0.87              | 0.90     | 0.83       | 0.86                                      | 0.84          |
| Standard error        | 0.03    | 0.04           | 0.04              | 0.07     | 0.03       | 0.03                                      | 0.04          |



Table 6

Q1. How often do you do the following with a member of your family or with a friend? -Meet up for an outing, for example, a walk in the park or a trip to the shops Base: All respondents

|                       |        | Ge     | ender  |       | Age    |        |      | Cla    | SS   |        |       |       |       |                                  |              | Region       |       |       |        |         |       |
|-----------------------|--------|--------|--------|-------|--------|--------|------|--------|------|--------|-------|-------|-------|----------------------------------|--------------|--------------|-------|-------|--------|---------|-------|
|                       |        |        |        |       |        |        |      |        |      |        | Scot- | North | North | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |       | East- |        | South   | South |
|                       | Tota   | Male   | Female | 55-64 | 65-74  |        | AB   | _C1_   | _C2_ | DE     | land  | East  | West  | side                             | lands        | lands        | Wales | ern   | London | East    | West  |
| Unweighted base       | 1126   | 510    | 616    | 479   | 431    | 216    | 332  | 190    | 165  | 439    | 118   | 42    | 119   | 101                              | 109          | 78           | 68    | 136   | 111    | 157     | 87    |
| Weighted base         | 1126   | 522    | 604    | 468   | 346    | 312    | 327  | 191    | 165  | 444    | 101   | 51    | 131   | 98                               | 104          | 87           | 62    | 113   | 106    | 164     | 112   |
| NET: Often            | 738    | 319    | 419    | 323   | 240    | 174    | 229  | 130    | 109  | 269    | 72    | 37    | 84    | 65                               | 57           | 65           | 43    | 68    | 71     | 98      | 76    |
|                       | 66'    | % 61%  | 69%    | 69%   | 70%    | 56%    | 70%  | 68%    | 66%  | 61%    | 71%   | 73%   | 64%   | 66%                              | 55%          | 75%          | 70%   | 61%   | 68%    | 60%     | 68%   |
| NET: Not often/ Never | 386    | 203    | 183    | 145   | 104    | 136    | 97   | 60     | 55   | 173    | 30    | 14    | 47    | 33                               | 46           | 21           | 18    | 44    | 34     | 63      | 35    |
|                       | 349    | % 39%  | 30%    | 31%   | 30%    | 44%    | 30%  | 31%    | 34%  | 39%    | 29%   | 27%   | 36%   | 34%                              | 45%          | 25%          | 30%   | 39%   | 32%    | 39%     | 32%   |
| Very often (3)        | 324    | 140    | 184    | 146   | 110    | 69     | 90   | 65     | 51   | 118    | 36    | 18    | 41    | 25                               | 23           | 22           | 24    | 24    | 30     | 46      | 36    |
|                       | 299    | % 27%  | 30%    | 31%   | 32%    | 22%    | 28%  | 34%    | 31%  | 27%    | 36%   | 35%   | 31%   | 26%                              | 22%          | 26%          | 38%   | 21%   | 28%    | 28%     | 32%   |
| Quite often (2)       | 414    | 178    | 235    | 178   | 131    | 106    | 139  | 65     | 58   | 151    | 35    | 19    | 43    | 39                               | 35           | 43           | 20    | 45    | 42     | 52      | 40    |
|                       | 379    | % 34%  | 39%    | 38%   | 38%    | 34%    | 43%  | 34%    | 35%  | 34%    | 35%   | 38%   | 33%   | 40%                              | 33%          | 50%          | 32%   | 40%   | 39%    | 32%     | 36%   |
| Not very often (1)    | 276    | 142    | 134    | 109   | 72     | 95     | 69   | 44     | 40   | 122    | 24    | 8     | 34    | 24                               | 32           | 14           | 13    | 33    | 22     | 47      | 25    |
|                       | 24     | % 27%  | 22%    | 23%   | 21%    | 30%    | 21%  | 23%    | 24%  | 28%    | 24%   | 17%   | 26%   | 24%                              | 31%          | 16%          | 22%   | 29%   | 21%    | 29%     | 22%   |
| Never (0)             | 110    | 61     | 49     | 36    | 33     | 41     | 28   | 16     | 15   | 51     | 6     | 5     | 13    | 9                                | 14           | 8            | 5     | 11    | 12     | 16      | 10    |
|                       | 109    | % 12%  | 8%     | 8%    | 9%     | 13%    | 9%   | 8%     | 9%   | 11%    | 6%    | 10%   | 10%   | 9%                               | 14%          | 9%           | 8%    | 10%   | 12%    | 10%     | 9%    |
| Don't know            | 2<br>* | 1<br>* | 1<br>* | -     | 1<br>* | 1<br>* | -    | 1<br>* | -    | 1<br>* | -     | -     | -     | -                                | -            | -            | -     | -     | -      | 2<br>1% | -     |
| Mean                  | 1.85   | 1.76   | 1.92   | 1.93  | 1.92   | 1.65   | 1.89 | 1.94   | 1.88 | 1.76   | 2.01  | 1.98  | 1.86  | 1.83                             | 1.64         | 1.92         | 2.00  | 1.72  | 1.84   | 1.79    | 1.92  |
| Standard deviation    | 0.95   | 0.98   | 0.92   | 0.92  | 0.95   | 0.97   | 0.91 | 0.95   | 0.96 | 0.97   | 0.91  | 0.97  | 0.98  | 0.93                             | 0.98         | 0.88         | 0.97  | 0.91  | 0.97   | 0.97    | 0.96  |
| Standard error        | 0.03   | 0.04   | 0.04   | 0.04  | 0.05   | 0.07   | 0.05 | 0.07   | 0.07 | 0.05   | 0.08  | 0.15  | 0.09  | 0.09                             | 0.09         | 0.10         | 0.12  | 0.08  | 0.09   | 0.08    | 0.10  |

ComRes

Page 6

Absolutes/col percents

Absolutes/col percents

Table 7 Q1. How often do you do the following with a member of your family or with a friend? -Meet up for an outing, for example, a walk in the park or a trip to the shops Base: All respondents

|                                      |     |              | Q2. I miss havin | g people around | Q4. Feel     | lonely              | Q8. It is difficu<br>other people<br>Ione | that you feel |
|--------------------------------------|-----|--------------|------------------|-----------------|--------------|---------------------|---|---------------|
|                                      |     | Total        | Can relate       | Can't relate    | Often        | Not often/<br>Never | Agree                                     | Disagree      |
| Unweighted base                      |     | 1126         | 537              | 571             | 159          | 967                 | 622                                       | 439           |
| Weighted base                        |     | 1126         | 551              | 555             | 166          | 960                 | 619                                       | 441           |
| NET: Often                           |     | 738<br>66%   | 348<br>63%       | 377<br>68%      | 86<br>52%    | 652<br>68%          | 400<br>65%                                | 302<br>69%    |
| NET: Not often/ Never                |     | 386<br>34%   | 202<br>37%       | 177<br>32%      | 80<br>48%    | 306<br>32%          | 217<br>35%                                | 138<br>31%    |
| Very often                           | (3) | 324<br>29%   | 151<br>27%       | 169<br>30%      | 35<br>21%    | 289<br>30%          | 180<br>29%                                | 132<br>30%    |
| Quite often                          | (2) | 414<br>37%   | 197<br>36%       | 209<br>38%      | 51<br>31%    | 363<br>38%          | 219<br>35%                                | 171<br>39%    |
| Not very often                       | (1) | 276<br>24%   | 146<br>27%       | 125<br>23%      | 58<br>35%    | 217<br>23%          | 158<br>26%                                | 99<br>22%     |
| Never                                | (0) | 110<br>10%   | 56<br>10%        | 52<br>9%        | 21<br>13%    | 89<br>9%            | 59<br>10%                                 | 39<br>9%      |
| Don't know                           |     | 2<br>*       | 1<br>*           | 1<br>*          | -            | 2<br>*              | 1<br>*                                    | 1<br>*        |
| Mean                                 |     | 1.85         | 1.81             | 1.89            | 1.60         | 1.89                | 1.84                                      | 1.90          |
| Standard deviation<br>Standard error |     | 0.95<br>0.03 | 0.95<br>0.04     | 0.95<br>0.04    | 0.96<br>0.08 | 0.94<br>0.03        | 0.95<br>0.04                              | 0.93<br>0.04  |

ComRes

Absolutes/col percents

Table 8 Q2. To what extent, if at all, can you relate to each of these statements?

-Summary Base: All respondents

|                                      |     |  |   | Q2. Su  | mmary                       |   |                          |
|--------------------------------------|-----|--|---|---|-----------------------------|---|--------------------------|
|                                      |     | I sometimes<br>experience a<br>general sense<br>of emptiness | There are<br>plenty of<br>people I can<br>rely on when I<br>have problems | There are many<br>people I can<br>trust<br>completely | I miss having people around | There are<br>enough people I<br>feel close to | l often feel<br>rejected |
| Unweighted base                      |     | 1126   | 1126  | 1126  | 1126                        | 1126  | 1126                     |
| Weighted base                        |     | 1126   | 1126  | 1126  | 1126                        | 1126  | 1126                     |
| NET: Can relate                      |     | 340<br>30%   | 1006<br>89%   | 962<br>85%  | 551<br>49%                  | 1050<br>93%                                   | 202<br>18%               |
| NET: Cannot relate                   |     | 776<br>69%   | 110<br>10%  | 155<br>14%  | 555<br>49%                  | 68<br>6%                                      | 911<br>81%               |
| Yes - relate a<br>great deal         | (4) | 108<br>10%   | 771<br>68%  | 639<br>57%  | 293<br>26%                  | 799<br>71%                                    | 65<br>6%                 |
| Yes - relate a<br>little             | (3) | 232<br>21%   | 236<br>21%  | 323<br>29%  | 258<br>23%                  | 251<br>22%                                    | 137<br>12%               |
| No - cannot<br>really relate         | (2) | 183<br>16%   | 64<br>6%  | 95<br>8%  | 227<br>20%                  | 44<br>4%                                      | 211<br>19%               |
| No - cannot<br>relate at all         | (1) | 593<br>53%   | 46<br>4%  | 60<br>5%  | 328<br>29%                  | 25<br>2%                                      | 700<br>62%               |
| Don't know                           |     | 10<br>1%   | 10<br>1%  | 9<br>1%   | 20<br>2%                    | 7<br>1%                                       | 12<br>1%                 |
| Mean                                 |     | 1.87   | 3.55  | 3.38  | 2.47                        | 3.63  | 1.61                     |
| Standard deviation<br>Standard error |     | 1.05<br>0.03   | 0.78<br>0.02  | 0.85<br>0.03  | 1.17<br>0.04                | 0.67<br>0.02                                  | 0.91<br>0.03             |



Table 9

Q2. To what extent, if at all, can you relate to each of these statements? -I sometimes experience a general sense of emptiness Base: All respondents

|                                      |              | Ge           | nder         |              | Age          |              | Class        |              |              |              |              |              |              |                |              | Region       |              |              |              |              |              |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |              |              |              |              |              |              |              |              |              |              |              |              |              | York-<br>shire |              |              |              |              |              |              |              |
|                                      |              |              |              |              |              |              |              |              |              |              | Scot-        | North        | North        | & Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      | Total        | Male         | Female       | 55-64        | 65-74        | 75+          | AB           | _C1          | _C2_         | DE           | _land_       | East         | West         | side           | lands        | lands        | Wales        | ern          | London       | East         | West         |
| Unweighted base                      | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118          | 42           | 119          | 101            | 109          | 78           | 68           | 136          | 111          | 157          | 87           |
| Weighted base                        | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101          | 51           | 131          | 98             | 104          | 87           | 62           | 113          | 106          | 164          | 112          |
| NET: Can relate                      | 340<br>30%   | 144<br>27%   | 197<br>33%   | 129<br>28%   | 93<br>27%    | 118<br>38%   | 81<br>25%    | 54<br>28%    | 46<br>28%    | 160<br>36%   | 34<br>33%    | 12<br>25%    | 33<br>25%    | 33<br>34%      | 36<br>35%    | 24<br>27%    | 18<br>28%    | 27<br>24%    | 36<br>34%    | 52<br>32%    | 36<br>32%    |
| NET: Cannot relate                   | 776<br>69%   | 375<br>72%   | 401<br>67%   | 335<br>72%   | 250<br>72%   | 191<br>61%   | 245<br>75%   | 134<br>70%   | 118<br>72%   | 278<br>63%   | 67<br>66%    | 38<br>75%    | 98<br>75%    | 64<br>66%      | 67<br>65%    | 62<br>72%    | 42<br>69%    | 84<br>74%    | 69<br>65%    | 109<br>67%   | 76<br>68%    |
| Yes - relate a (4)<br>great deal     | 108<br>10%   | 50<br>10%    | 59<br>10%    | 45<br>10%    | 29<br>8%     | 35<br>11%    | 18<br>6%     | 19<br>10%    | 16<br>10%    | 55<br>12%    | 13<br>13%    | 5<br>10%     | 9<br>7%      | 7<br>7%        | 14<br>14%    | 11<br>13%    | 7<br>12%     | 6<br>5%      | 6<br>6%      | 18<br>11%    | 12<br>11%    |
| Yes - relate a (3)<br>little         | 232<br>21%   | 94<br>18%    | 138<br>23%   | 84<br>18%    | 65<br>19%    | 83<br>27%    | 63<br>19%    | 35<br>19%    | 29<br>18%    | 105<br>24%   | 21<br>21%    | 8<br>15%     | 24<br>18%    | 26<br>27%      | 22<br>21%    | 13<br>15%    | 10<br>17%    | 21<br>18%    | 30<br>28%    | 34<br>21%    | 23<br>21%    |
| No - cannot (2)<br>really relate     | 183<br>16%   | 83<br>16%    | 100<br>16%   | 84<br>18%    | 52<br>15%    | 46<br>15%    | 62<br>19%    | 33<br>17%    | 29<br>18%    | 59<br>13%    | 15<br>15%    | 13<br>26%    | 22<br>17%    | 17<br>17%      | 13<br>13%    | 18<br>20%    | 8<br>13%     | 15<br>13%    | 20<br>19%    | 28<br>17%    | 14<br>12%    |
| No - cannot (1)<br>relate at all     | 593<br>53%   | 291<br>56%   | 302<br>50%   | 250<br>53%   | 198<br>57%   | 145<br>46%   | 183<br>56%   | 102<br>53%   | 89<br>54%    | 219<br>49%   | 52<br>51%    | 25<br>50%    | 76<br>58%    | 47<br>48%      | 54<br>52%    | 44<br>51%    | 34<br>55%    | 69<br>61%    | 49<br>46%    | 81<br>49%    | 62<br>56%    |
| Don't know                           | 10<br>1%     | 4<br>1%      | 5<br>1%      | 5<br>1%      | 2<br>1%      | 3<br>1%      | 1<br>*       | 2<br>1%      | 1<br>1%      | 6<br>1%      | 1<br>1%      | -            | -            | 1<br>1%        | -            | 1<br>1%      | 2<br>3%      | 2<br>2%      | 1<br>1%      | 3<br>2%      | -            |
| Mean                                 | 1.87         | 1.81         | 1.92         | 1.83         | 1.78         | 2.02         | 1.74         | 1.85         | 1.83         | 1.99         | 1.95         | 1.85         | 1.75         | 1.92           | 1.96         | 1.89         | 1.84         | 1.68         | 1.93         | 1.93         | 1.87         |
| Standard deviation<br>Standard error | 1.05<br>0.03 | 1.05<br>0.05 | 1.06<br>0.04 | 1.04<br>0.05 | 1.03<br>0.05 | 1.09<br>0.07 | 0.96<br>0.05 | 1.05<br>0.08 | 1.05<br>0.08 | 1.12<br>0.05 | 1.11<br>0.10 | 1.01<br>0.16 | 0.99<br>0.09 | 1.02<br>0.10   | 1.14<br>0.11 | 1.09<br>0.12 | 1.10<br>0.14 | 0.96<br>0.08 | 1.00<br>0.09 | 1.08<br>0.09 | 1.10<br>0.12 |



Prepared by ComRes

Page 9

Absolutes/col percents

Absolutes/col percents

Page 10

Table 10 Q2. To what extent, if at all, can you relate to each of these statements? -I sometimes experience a general sense of emptiness Base: All respondents

|                                      |     |              | Q2. I miss having | people around  | Q4. Feel     | lonely       | Q8. It is difficu<br>other people<br>lone | that you feel |
|--------------------------------------|-----|--------------|-------------------|----------------|--------------|--------------|---|---------------|
|                                      |     | -            | de                | poopio ai oana | q            | Not often/   | - Ion                                     |               |
|                                      |     | Total        | Can relate        | Can't relate   | Often        | Never        | Agree                                     | Disagree      |
| Unweighted base                      |     | 1126         | 537               | 571            | 159          | 967          | 622                                       | 439           |
| Weighted base                        |     | 1126         | 551               | 555            | 166          | 960          | 619                                       | 441           |
| NET: Can relate                      |     | 340<br>30%   | 258<br>47%        | 77<br>14%      | 145<br>88%   | 195<br>20%   | 236<br>38%                                | 98<br>22%     |
| NET: Cannot relate                   |     | 776<br>69%   | 289<br>52%        | 475<br>85%     | 19<br>11%    | 757<br>79%   | 378<br>61%                                | 342<br>78%    |
| Yes - relate a<br>great deal         | (4) | 108<br>10%   | 89<br>16%         | 18<br>3%       | 69<br>42%    | 40<br>4%     | 77<br>12%                                 | 27<br>6%      |
| Yes - relate a<br>little             | (3) | 232<br>21%   | 169<br>31%        | 59<br>11%      | 76<br>46%    | 156<br>16%   | 160<br>26%                                | 71<br>16%     |
| No - cannot<br>really relate         | (2) | 183<br>16%   | 87<br>16%         | 94<br>17%      | 10<br>6%     | 173<br>18%   | 107<br>17%                                | 69<br>16%     |
| No - cannot<br>relate at all         | (1) | 593<br>53%   | 202<br>37%        | 380<br>68%     | 9<br>5%      | 585<br>61%   | 271<br>44%                                | 273<br>62%    |
| Don't know                           |     | 10<br>1%     | 3<br>1%           | 4<br>1%        | 2<br>1%      | 8<br>1%      | 4<br>1%                                   | 1<br>*        |
| Mean                                 |     | 1.87         | 2.27              | 1.48           | 3.25         | 1.63         | 2.07                                      | 1.66          |
| Standard deviation<br>Standard error |     | 1.05<br>0.03 | 1.12<br>0.05      | 0.81<br>0.03   | 0.79<br>0.06 | 0.90<br>0.03 | 1.09<br>0.04                              | 0.96<br>0.05  |



Table 11

Q2. To what extent, if at all, can you relate to each of these statements? -There are plenty of people I can rely on when I have problems Base: All respondents

|                                      |    |              | Ger          | nder         |              | Age          |              |              | Cla          | SS           |              |              |              |              |                                  |              | Region       |              |              |              |              |              |
|--------------------------------------|----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |    |              |              |              |              |              |              |              |              |              |              | Scot-        | North        | North        | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      | -  | Total        | Male         | Female       | 55-64        | 65-74        |              | AB           | _C1_         | _C2_         | DE           | land         | East         | West         | side                             | lands        | lands        | Wales        | ern          | London       | East         | West         |
| Unweighted base                      | 1  | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118          | 42           | 119          | 101                              | 109          | 78           | 68           | 136          | 111          | 157          | 87           |
| Weighted base                        | 1  | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101          | 51           | 131          | 98                               | 104          | 87           | 62           | 113          | 106          | 164          | 112          |
| NET: Can relate                      | 1  | 1006<br>89%  | 459<br>88%   | 547<br>91%   | 418<br>89%   | 312<br>90%   | 277<br>89%   | 298<br>91%   | 178<br>93%   | 143<br>87%   | 387<br>87%   | 95<br>94%    | 46<br>91%    | 117<br>89%   | 87<br>90%                        | 91<br>88%    | 80<br>92%    | 60<br>97%    | 98<br>87%    | 88<br>83%    | 141<br>86%   | 103<br>92%   |
| NET: Cannot relate                   |    | 110<br>10%   | 57<br>11%    | 53<br>9%     | 50<br>11%    | 32<br>9%     | 29<br>9%     | 25<br>8%     | 12<br>6%     | 20<br>12%    | 53<br>12%    | 6<br>6%      | 3<br>7%      | 14<br>11%    | 10<br>10%                        | 12<br>12%    | 7<br>8%      | 2<br>3%      | 10<br>9%     | 14<br>13%    | 22<br>14%    | 9<br>8%      |
| Yes - relate a (4)<br>great deal     | 4) | 771<br>68%   | 336<br>64%   | 435<br>72%   | 318<br>68%   | 234<br>68%   | 218<br>70%   | 222<br>68%   | 134<br>70%   | 102<br>62%   | 313<br>71%   | 73<br>73%    | 38<br>74%    | 99<br>76%    | 60<br>61%                        | 73<br>70%    | 63<br>73%    | 48<br>78%    | 73<br>64%    | 62<br>59%    | 104<br>64%   | 78<br>70%    |
| Yes - relate a (3)<br>little         | 3) | 236<br>21%   | 123<br>24%   | 112<br>19%   | 100<br>21%   | 77<br>22%    | 59<br>19%    | 76<br>23%    | 45<br>23%    | 41<br>25%    | 74<br>17%    | 21<br>21%    | 9<br>17%     | 18<br>14%    | 28<br>28%                        | 19<br>18%    | 17<br>19%    | 12<br>19%    | 26<br>23%    | 26<br>24%    | 37<br>23%    | 25<br>22%    |
| No - cannot (2)<br>really relate     | 2) | 64<br>6%     | 38<br>7%     | 26<br>4%     | 27<br>6%     | 17<br>5%     | 20<br>6%     | 17<br>5%     | 6<br>3%      | 15<br>9%     | 27<br>6%     | 3<br>3%      | 2<br>4%      | 8<br>6%      | 6<br>6%                          | 5<br>5%      | 7<br>8%      | -            | 4<br>3%      | 12<br>12%    | 11<br>7%     | 5<br>5%      |
| No - cannot (1)<br>relate at all     | )  | 46<br>4%     | 19<br>4%     | 27<br>5%     | 23<br>5%     | 15<br>4%     | 9<br>3%      | 9<br>3%      | 6<br>3%      | 6<br>3%      | 26<br>6%     | 3<br>3%      | 1<br>2%      | 6<br>5%      | 4<br>4%                          | 7<br>7%      | -            | 2<br>3%      | 6<br>6%      | 2<br>2%      | 11<br>7%     | 4<br>4%      |
| Don't know                           |    | 10<br>1%     | 6<br>1%      | 3<br>1%      | 1<br>*       | 2<br>1%      | 6<br>2%      | 3<br>1%      | 1<br>*       | 2<br>1%      | 4<br>1%      | -            | 1<br>2%      | -            | -                                | -            | -            | -            | 5<br>4%      | 4<br>3%      | -            | -            |
| Mean                                 |    | 3.55         | 3.50         | 3.59         | 3.53         | 3.55         | 3.59         | 3.58         | 3.61         | 3.47         | 3.53         | 3.63         | 3.67         | 3.61         | 3.46                             | 3.51         | 3.65         | 3.73         | 3.52         | 3.46         | 3.44         | 3.58         |
| Standard deviation<br>Standard error |    | 0.78<br>0.02 | 0.79<br>0.04 | 0.78<br>0.03 | 0.81<br>0.04 | 0.78<br>0.04 | 0.74<br>0.05 | 0.71<br>0.04 | 0.70<br>0.05 | 0.80<br>0.06 | 0.85<br>0.04 | 0.69<br>0.06 | 0.67<br>0.11 | 0.80<br>0.07 | 0.80<br>0.08                     | 0.88<br>0.08 | 0.63<br>0.07 | 0.61<br>0.07 | 0.82<br>0.07 | 0.77<br>0.07 | 0.89<br>0.07 | 0.74<br>0.08 |

Com

Absolutes/col percents

Absolutes/col percents

Page 12

Table 12 Q2. To what extent, if at all, can you relate to each of these statements? -There are plenty of people I can rely on when I have problems Base: All respondents

|                    |          | Q2. I miss havin | a people around | Q4. Feel | lonely     | Q8. It is difficu<br>other people<br>lone | that you feel |
|--------------------|----------|------------------|-----------------|----------|------------|---|---------------|
|                    |          |                  | · · · ·         |          | Not often/ |   |               |
|                    | Total    | Can relate       | Can't relate    | Often    | Never      | Agree                                     | Disagree      |
| Unweighted base    | 1126     | 537              | 571             | 159      | 967        | 622                                       | 439           |
| Weighted base      | 1126     | 551              | 555             | 166      | 960        | 619                                       | 441           |
| NET: Can relate    | 1006     | 494              | 497             | 128      | 878        | 559                                       | 400           |
|                    | 89%      | 90%              | 90%             | 77%      | 91%        | 90%                                       | 91%           |
| NET: Cannot relate | 110      | 57               | 53              | 36       | 74         | 59  | 37            |
|                    | 10%      | 10%              | 10%             | 22%      | 8%         | 10%                                       | 8%            |
| Yes - relate a     | (4) 771  | 360              | 400             | 83       | 688        | 408                                       | 322           |
| great deal         | 68%      | 65%              | 72%             | 50%      | 72%        | 66%                                       | 73%           |
| Yes - relate a     | (3) 236  | 134              | 97              | 45       | 190        | 152                                       | 78            |
| little             | 21%      | 24%              | 17%             | 27%      | 20%        | 25%                                       | 18%           |
| No - cannot        | (2) 64   | 35               | 29              | 24       | 40         | 38  | 20            |
| really relate      | 6%       | 6%               | 5%              | 14%      | 4%         | 6%  | 4%            |
| No - cannot        | (1) 46   | 22               | 24              | 12       | 35         | 21  | 17            |
| relate at all      | 4%       | 4%               | 4%              | 7%       | 4%         | 3%  | 4%            |
| Don't know         | 10<br>1% | -                | 5<br>1%         | 1<br>1%  | 8<br>1%    | -   | 4<br>1%       |
| Mean               | 3.55     | 3.51             | 3.59            | 3.21     | 3.61       | 3.53                                      | 3.61          |
| Standard deviation | 0.78     | 0.79             | 0.78            | 0.95     | 0.73       | 0.76                                      | 0.75          |
| Standard error     | 0.02     | 0.03             | 0.03            | 0.08     | 0.02       | 0.03                                      | 0.04          |



Table 13 Q2. To what extent, if at all, can you relate to each of these statements? -There are many people I can trust completely Base: All respondents

|                    |         | Ge      | Gender Age Class |        |         |         |        |         |        |         |       |       |         | Region                           |              |              |              |         |         |        |         |
|--------------------|---------|---------|------------------|--------|---------|---------|--------|---------|--------|---------|-------|-------|---------|----------------------------------|--------------|--------------|--------------|---------|---------|--------|---------|
|                    |         |         |                  |        |         |         |        |         |        |         | Scot- | North | North   | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-   |         | South  | South   |
|                    | Total   | Male    | Female           | 55-64  | 65-74   |         | AB     | C1      | _C2_   | DE      | land  | East  | West    | side                             | lands        | lands        | <u>Wales</u> | ern     | London  | East   | West    |
| Unweighted base    | 1126    | 510     | 616              | 479    | 431     | 216     | 332    | 190     | 165    | 439     | 118   | 42    | 119     | 101                              | 109          | 78           | 68           | 136     | 111     | 157    | 87      |
| Weighted base      | 1126    | 522     | 604              | 468    | 346     | 312     | 327    | 191     | 165    | 444     | 101   | 51    | 131     | 98                               | 104          | 87           | 62           | 113     | 106     | 164    | 112     |
| NET: Can relate    | 962     | 425     | 537              | 390    | 299     | 273     | 282    | 169     | 132    | 379     | 91    | 46    | 113     | 80                               | 89           | 76           | 53           | 93      | 86      | 139    | 96      |
|                    | 85%     | 81%     | 89%              | 83%    | 86%     | 87%     | 86%    | 89%     | 80%    | 85%     | 90%   | 91%   | 86%     | 82%                              | 86%          | 88%          | 86%          | 82%     | 81%     | 85%    | 86%     |
| NET: Cannot relate | 155     | 95      | 60               | 77     | 44      | 34      | 43     | 20      | 32     | 59      | 10    | 4     | 17      | 17                               | 15           | 11           | 9            | 17      | 18      | 24     | 13      |
|                    | 14%     | 18%     | 10%              | 17%    | 13%     | 11%     | 13%    | 10%     | 20%    | 13%     | 10%   | 9%    | 13%     | 18%                              | 14%          | 12%          | 14%          | 15%     | 17%     | 14%    | 12%     |
| Yes - relate a (4) | 639     | 271     | 368              | 242    | 199     | 198     | 189    | 102     | 78     | 270     | 55    | 39    | 77      | 57                               | 56           | 49           | 33           | 60      | 52      | 89     | 71      |
| great deal         | 57%     | 52%     | 61%              | 52%    | 58%     | 63%     | 58%    | 53%     | 47%    | 61%     | 54%   | 77%   | 59%     | 59%                              | 54%          | 57%          | 53%          | 53%     | 49%     | 54%    | 63%     |
| Yes - relate a (3) | 323     | 154     | 169              | 148    | 100     | 75      | 93     | 67      | 54     | 109     | 36    | 7     | 36      | 22                               | 33           | 27           | 20           | 33      | 34      | 50     | 26      |
| little             | 29%     | 29%     | 28%              | 32%    | 29%     | 24%     | 28%    | 35%     | 33%    | 25%     | 36%   | 14%   | 27%     | 23%                              | 32%          | 31%          | 33%          | 29%     | 32%     | 31%    | 23%     |
| No - cannot (2)    | 95      | 55      | 40               | 46     | 33      | 16      | 30     | 10      | 20     | 35      | 5     | 3     | 13      | 10                               | 6            | 8            | 5            | 12      | 14      | 10     | 8       |
| really relate      | 8%      | 11%     | 7%               | 10%    | 10%     | 5%      | 9%     | 5%      | 12%    | 8%      | 5%    | 7%    | 10%     | 10%                              | 6%           | 9%           | 9%           | 11%     | 13%     | 6%     | 7%      |
| No - cannot (1)    | 60      | 39      | 20               | 31     | 10      | 18      | 13     | 10      | 12     | 24      | 5     | 1     | 4       | 7                                | 8            | 3            | 3            | 4       | 5       | 14     | 5       |
| relate at all      | 5%      | 8%      | 3%               | 7%     | 3%      | 6%      | 4%     | 5%      | 8%     | 6%      | 5%    | 2%    | 3%      | 7%                               | 8%           | 3%           | 5%           | 4%      | 4%      | 8%     | 5%      |
| Don't know         | 9<br>1% | 3<br>1% | 7<br>1%          | 1<br>* | 3<br>1% | 6<br>2% | 1<br>* | 2<br>1% | 1<br>* | 6<br>1% | -     | -     | 1<br>1% | 1<br>1%                          | -            | -            | -            | 4<br>3% | 1<br>1% | 1<br>* | 2<br>2% |
| Mean               | 3.38    | 3.26    | 3.48             | 3.28   | 3.42    | 3.48    | 3.41   | 3.38    | 3.20   | 3.43    | 3.39  | 3.67  | 3.43    | 3.34                             | 3.32         | 3.41         | 3.34         | 3.35    | 3.28    | 3.32   | 3.48    |
| Standard deviation | 0.85    | 0.93    | 0.77             | 0.90   | 0.79    | 0.84    | 0.82   | 0.81    | 0.93   | 0.86    | 0.80  | 0.70  | 0.80    | 0.94                             | 0.91         | 0.79         | 0.85         | 0.84    | 0.86    | 0.92   | 0.83    |
| Standard error     | 0.03    | 0.04    | 0.03             | 0.04   | 0.04    | 0.06    | 0.05   | 0.06    | 0.07   | 0.04    | 0.07  | 0.11  | 0.07    | 0.09                             | 0.09         | 0.09         | 0.10         | 0.07    | 0.08    | 0.07   | 0.09    |

Absolutes/col percents

Page 13



Absolutes/col percents

Page 14

Table 14

Q2. To what extent, if at all, can you relate to each of these statements? -There are many people I can trust completely Base: All respondents

|                    |        | Q2 Lmiss bavir | ng people around | Q4 Fe | el lonely  | Q8. It is difficu<br>other people<br>lon | that you feel |
|--------------------|--------|----------------|------------------|-------|------------|--|---------------|
|                    |        |                | ••••             |       | Not often/ |  |               |
|                    | Tot    | al Can relate  | Can't relate     | Often | Never      | Agree                                    | Disagree      |
| Unweighted base    | 112    | 6 537          | 571              | 159   | 967        | 622                                      | 439           |
| Weighted base      | 112    | 6 551          | 555              | 166   | 960        | 619                                      | 441           |
| NET: Can relate    | 96     | 2 487          | 462              | 132   | 830        | 527                                      | 387           |
|                    | 8      | 5% 88%         | 83%              | 80%   | 86%        | 85%                                      | 88%           |
| NET: Cannot relate | 15     | 5 62           | 91               | 34    | 121        | 88                                       | 52            |
|                    | 1      | 4% 11%         | 16%              | 20%   | 13%        | 14%                                      | 12%           |
| Yes - relate a     | (4) 63 | 9 294          | 333              | 78    | 560        | 333                                      | 275           |
| great deal         | 5      | 7% 53%         | 60%              | 47%   | 58%        | 54%                                      | 62%           |
| Yes - relate a     | (3) 32 | 3 192          | 128              | 54    | 269        | 195                                      | 113           |
| little             | 2      | 9% 35%         | 23%              | 32%   | 28%        | 31%                                      | 26%           |
| No - cannot        | (2) 9  | 5 40           | 53               | 22    | 74         | 59                                       | 28            |
| really relate      |        | 8% 7%          | 10%              | 13%   | 8%         | 9%                                       | 6%            |
| No - cannot        | (1) 6  | 0 22           | 37               | 12    | 48         | 29                                       | 23            |
| relate at all      |        | 5% 4%          | 7%               | 7%    | 5%         | 5%                                       | 5%            |
| Don't know         |        | 9 3<br>1% *    | 3<br>1%          | -     | 9<br>1%    | 3<br>1%                                  | 2<br>*        |
| Mean               | 3.3    | 8 3.38         | 3.37             | 3.20  | 3.41       | 3.35                                     | 3.45          |
| Standard deviation | 0.8    |                | 0.91             | 0.93  | 0.84       | 0.84                                     | 0.84          |
| Standard error     | 0.0    |                | 0.04             | 0.07  | 0.03       | 0.03                                     | 0.04          |



Absolutes/col percents

Page 15

Table 15 Q2. To what extent, if at all, can you relate to each of these statements? -I miss having people around Base: All respondents

|                                      |     |              | Gei          | nder         |              | Age          |              | Class        |               |              |              |              |              |              |                                  |              | Region       |              |              |              |              |              |
|--------------------------------------|-----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|--------------|--------------|--------------|--------------|--------------|----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |     |              |              |              |              |              |              |              |               |              |              | Scot-        | North        | North        | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      |     | Total        | Male         | Female       | 55-64        | 65-74        |              | _AB_         | _ <u>C1</u> _ | C2           | DE           | land_        | East         | West         | side                             | lands        | lands        | Wales        | ern          | London       | East         | West         |
| Unweighted base                      |     | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190           | 165          | 439          | 118          | 42           | 119          | 101                              | 109          | 78           | 68           | 136          | 111          | 157          | 87           |
| Weighted base                        |     | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191           | 165          | 444          | 101          | 51           | 131          | 98                               | 104          | 87           | 62           | 113          | 106          | 164          | 112          |
| NET: Can relate                      |     | 551<br>49%   | 259<br>50%   | 291<br>48%   | 232<br>50%   | 149<br>43%   | 170<br>54%   | 145<br>44%   | 89<br>47%     | 88<br>53%    | 229<br>52%   | 49<br>48%    | 24<br>48%    | 61<br>46%    | 41<br>42%                        | 52<br>50%    | 43<br>50%    | 33<br>54%    | 45<br>40%    | 53<br>50%    | 97<br>59%    | 53<br>48%    |
| NET: Cannot relate                   |     | 555<br>49%   | 257<br>49%   | 298<br>49%   | 232<br>50%   | 192<br>56%   | 131<br>42%   | 175<br>54%   | 98<br>51%     | 74<br>45%    | 209<br>47%   | 50<br>49%    | 26<br>52%    | 68<br>52%    | 54<br>56%                        | 52<br>50%    | 41<br>48%    | 28<br>45%    | 64<br>56%    | 51<br>49%    | 66<br>40%    | 55<br>50%    |
| Yes - relate a great deal            | (4) | 293<br>26%   | 131<br>25%   | 162<br>27%   | 120<br>26%   | 71<br>20%    | 102<br>33%   | 74<br>23%    | 41<br>21%     | 50<br>30%    | 128<br>29%   | 32<br>32%    | 13<br>26%    | 38<br>29%    | 20<br>20%                        | 24<br>23%    | 28<br>32%    | 14<br>23%    | 18<br>16%    | 30<br>29%    | 49<br>30%    | 27<br>24%    |
| Yes - relate a<br>little             | (3) | 258<br>23%   | 128<br>24%   | 130<br>22%   | 112<br>24%   | 78<br>23%    | 68<br>22%    | 71<br>22%    | 48<br>25%     | 38<br>23%    | 101<br>23%   | 16<br>16%    | 11<br>22%    | 23<br>18%    | 22<br>22%                        | 28<br>27%    | 16<br>18%    | 19<br>31%    | 27<br>24%    | 23<br>21%    | 48<br>29%    | 26<br>23%    |
| No - cannot<br>really relate         | (2) | 227<br>20%   | 105<br>20%   | 122<br>20%   | 87<br>19%    | 75<br>22%    | 65<br>21%    | 76<br>23%    | 31<br>16%     | 31<br>19%    | 89<br>20%    | 17<br>17%    | 14<br>27%    | 27<br>20%    | 23<br>23%                        | 20<br>19%    | 20<br>23%    | 7<br>11%     | 25<br>23%    | 26<br>24%    | 26<br>16%    | 24<br>22%    |
| No - cannot<br>relate at all         | (1) | 328<br>29%   | 152<br>29%   | 176<br>29%   | 145<br>31%   | 117<br>34%   | 67<br>21%    | 99<br>30%    | 66<br>35%     | 43<br>26%    | 119<br>27%   | 33<br>32%    | 13<br>25%    | 41<br>32%    | 32<br>32%                        | 32<br>31%    | 22<br>25%    | 21<br>34%    | 38<br>34%    | 26<br>24%    | 41<br>25%    | 31<br>28%    |
| Don't know                           |     | 20<br>2%     | 6<br>1%      | 14<br>2%     | 4<br>1%      | 5<br>1%      | 11<br>3%     | 6<br>2%      | 4<br>2%       | 4<br>2%      | 6<br>1%      | 3<br>3%      | -            | 2<br>2%      | 2<br>2%                          | -            | 2<br>3%      | 1<br>2%      | 4<br>4%      | 1<br>1%      | 1<br>1%      | 3<br>3%      |
| Mean                                 |     | 2.47         | 2.46         | 2.47         | 2.45         | 2.30         | 2.68         | 2.37         | 2.34          | 2.58         | 2.54         | 2.49         | 2.49         | 2.44         | 2.31                             | 2.43         | 2.58         | 2.44         | 2.23         | 2.55         | 2.64         | 2.45         |
| Standard deviation<br>Standard error |     | 1.17<br>0.04 | 1.16<br>0.05 | 1.18<br>0.05 | 1.18<br>0.05 | 1.15<br>0.06 | 1.16<br>0.08 | 1.15<br>0.06 | 1.17<br>0.09  | 1.18<br>0.09 | 1.18<br>0.06 | 1.26<br>0.12 | 1.14<br>0.18 | 1.22<br>0.11 | 1.14<br>0.11                     | 1.15<br>0.11 | 1.19<br>0.14 | 1.19<br>0.15 | 1.11<br>0.10 | 1.15<br>0.11 | 1.16<br>0.09 | 1.16<br>0.13 |



Absolutes/col percents

Page 16

Table 16

Q2. To what extent, if at all, can you relate to each of these statements? -I miss having people around Base: All respondents

|                                      |     | -            | Q2. I miss having | g people around | Q4. Feel I   |                     | Q8. It is difficu<br>other people<br>lone | that you feel |
|--------------------------------------|-----|--------------|-------------------|-----------------|--------------|---------------------|---|---------------|
|                                      |     | Total        | Can relate        | Can't relate    | Often        | Not often/<br>Never | Agree                                     | Disagree      |
| Unweighted base                      |     | 1126         | 537               | 571             | 159          | 967                 | 622                                       | 439           |
| Weighted base                        |     | 1126         | 551               | 555             | 166          | 960                 | 619                                       | 441           |
| NET: Can relate                      |     | 551<br>49%   | 551<br>100%       | -               | 144<br>87%   | 406<br>42%          | 340<br>55%                                | 186<br>42%    |
| NET: Cannot relate                   |     | 555<br>49%   | -                 | 555<br>100%     | 20<br>12%    | 536<br>56%          | 270<br>44%                                | 248<br>56%    |
| Yes - relate a great deal            | (4) | 293<br>26%   | 293<br>53%        | -               | 103<br>62%   | 190<br>20%          | 185<br>30%                                | 99<br>22%     |
| Yes - relate a<br>little             | (3) | 258<br>23%   | 258<br>47%        | -               | 42<br>25%    | 216<br>23%          | 155<br>25%                                | 87<br>20%     |
| No - cannot<br>really relate         | (2) | 227<br>20%   | -                 | 227<br>41%      | 12<br>8%     | 215<br>22%          | 116<br>19%                                | 98<br>22%     |
| No - cannot<br>relate at all         | (1) | 328<br>29%   | -                 | 328<br>59%      | 7<br>4%      | 321<br>33%          | 153<br>25%                                | 150<br>34%    |
| Don't know                           |     | 20<br>2%     | -                 | -               | 1<br>1%      | 18<br>2%            | 8<br>1%                                   | 7<br>2%       |
| Mean                                 |     | 2.47         | 3.53              | 1.41            | 3.46         | 2.29                | 2.61                                      | 2.31          |
| Standard deviation<br>Standard error |     | 1.17<br>0.04 | 0.50<br>0.02      | 0.49<br>0.02    | 0.82<br>0.07 | 1.14<br>0.04        | 1.16<br>0.05                              | 1.17<br>0.06  |



Absolutes/col percents

Page 17

Table 17 Q2. To what extent, if at all, can you relate to each of these statements? -There are enough people I feel close to Base: All respondents

| Gender Age Class                     |              |              |              |              |              | SS           |              |              |              |              |              |               | Region        |                          |              |              |              |              |              |              |              |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|--------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |              |              |              |              |              |              |              |              |              |              | Scot-        | North         | Month         | York-<br>shire<br>& Hum- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      | Total        | Male         | Female       | 55-64        | 65-74        |              | AB           | _C1_         | _C2_         | DE           | land         | North<br>East | North<br>West | ber-<br>side             | lands        | lands        | Wales        | ern_         | London       | East         | West         |
| Unweighted base                      | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118          | 42            | 119           | 101                      | 109          | 78           | 68           | 136          | 111          | 157          | 87           |
| Weighted base                        | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101          | 51            | 131           | 98                       | 104          | 87           | 62           | 113          | 106          | 164          | 112          |
| NET: Can relate                      | 1050<br>93%  | 480<br>92%   | 570<br>94%   | 440<br>94%   | 319<br>92%   | 292<br>94%   | 310<br>95%   | 181<br>95%   | 150<br>91%   | 409<br>92%   | 92<br>91%    | 48<br>96%     | 120<br>92%    | 87<br>90%                | 96<br>92%    | 80<br>93%    | 62<br>100%   | 108<br>96%   | 96<br>91%    | 153<br>93%   | 107<br>96%   |
| NET: Cannot relate                   | 68<br>6%     | 41<br>8%     | 27<br>4%     | 28<br>6%     | 26<br>8%     | 14<br>5%     | 17<br>5%     | 8<br>4%      | 14<br>8%     | 31<br>7%     | 9<br>9%      | 2<br>4%       | 7<br>5%       | 9<br>9%                  | 7<br>6%      | 6<br>7%      | -            | 4<br>3%      | 10<br>9%     | 11<br>7%     | 4<br>4%      |
| Yes - relate a (4)<br>great deal     | 799<br>71%   | 342<br>65%   | 457<br>76%   | 339<br>72%   | 250<br>72%   | 211<br>68%   | 245<br>75%   | 131<br>69%   | 110<br>67%   | 313<br>71%   | 75<br>74%    | 41<br>81%     | 104<br>79%    | 58<br>60%                | 73<br>71%    | 61<br>70%    | 49<br>80%    | 76<br>67%    | 66<br>62%    | 110<br>67%   | 87<br>78%    |
| Yes - relate a (3)<br>little         | 251<br>22%   | 138<br>26%   | 113<br>19%   | 101<br>22%   | 69<br>20%    | 81<br>26%    | 65<br>20%    | 50<br>26%    | 40<br>24%    | 96<br>22%    | 17<br>17%    | 8<br>15%      | 16<br>12%     | 29<br>30%                | 23<br>22%    | 19<br>22%    | 13<br>20%    | 33<br>29%    | 30<br>28%    | 43<br>26%    | 21<br>18%    |
| No - cannot (2)<br>really relate     | 44<br>4%     | 24<br>5%     | 19<br>3%     | 16<br>4%     | 19<br>5%     | 9<br>3%      | 15<br>5%     | 3<br>1%      | 8<br>5%      | 18<br>4%     | 6<br>5%      | -             | 5<br>4%       | 5<br>5%                  | 6<br>6%      | 2<br>2%      | -            | 3<br>3%      | 8<br>8%      | 8<br>5%      | 1<br>1%      |
| No - cannot (1)<br>relate at all     | 25<br>2%     | 17<br>3%     | 8<br>1%      | 12<br>2%     | 8<br>2%      | 6<br>2%      | 2<br>1%      | 5<br>3%      | 5<br>3%      | 13<br>3%     | 3<br>3%      | 2<br>4%       | 2<br>1%       | 4<br>4%                  | 1<br>1%      | 4<br>5%      | -            | 1<br>1%      | 2<br>2%      | 3<br>2%      | 3<br>3%      |
| Don't know                           | 7<br>1%      | 1<br>*       | 7<br>1%      | 1<br>*       | 1<br>*       | 6<br>2%      | -            | 2<br>1%      | 1<br>1%      | 4<br>1%      | -            | -             | 4<br>3%       | 1<br>1%                  | 1<br>1%      | -            | -            | 1<br>1%      | -            | -            | -            |
| Mean                                 | 3.63         | 3.54         | 3.71         | 3.64         | 3.63         | 3.62         | 3.69         | 3.63         | 3.56         | 3.61         | 3.62         | 3.72          | 3.75          | 3.47                     | 3.64         | 3.58         | 3.80         | 3.63         | 3.51         | 3.59         | 3.71         |
| Standard deviation<br>Standard error | 0.67<br>0.02 | 0.74<br>0.03 | 0.59<br>0.02 | 0.67<br>0.03 | 0.69<br>0.03 | 0.64<br>0.04 | 0.58<br>0.03 | 0.65<br>0.05 | 0.74<br>0.06 | 0.70<br>0.03 | 0.74<br>0.07 | 0.69<br>0.11  | 0.60<br>0.06  | 0.77<br>0.08             | 0.63<br>0.06 | 0.77<br>0.09 | 0.41<br>0.05 | 0.58<br>0.05 | 0.72<br>0.07 | 0.67<br>0.05 | 0.63<br>0.07 |



Absolutes/col percents

Table 18 Q2. To what extent, if at all, can you relate to each of these statements? -There are enough people I feel close to Base: All respondents

|                    |         | Q2. I miss havir | ng people around | Q4. Feel | lonely              | Q8. It is difficu<br>other people<br>lon | that you feel |
|--------------------|---------|------------------|------------------|----------|---------------------|--|---------------|
|                    | Total   | Can relate       | Can't relate     | Often    | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base    | 1126    | 537              | 571              | 159      | 967                 | 622                                      | 439           |
| Weighted base      | 1126    | 551              | 555              | 166      | 960                 | 619                                      | 441           |
| NET: Can relate    | 1050    | 515              | 519              | 144      | 906                 | 578                                      | 417           |
|                    | 93%     | 93%              | 93%              | 87%      | 94%                 | 93%                                      | 95%           |
| NET: Cannot relate | 68      | 32               | 37               | 22       | 47                  | 39                                       | 22            |
|                    | 6%      | 6%               | 7%               | 13%      | 5%                  | 6%                                       | 5%            |
| Yes - relate a     | (4) 799 | 360              | 428              | 77       | 722                 | 414                                      | 343           |
| great deal         | 71%     | 65%              | 77%              | 47%      | 75%                 | 67%                                      | 78%           |
| Yes - relate a     | (3) 251 | 155              | 91               | 67       | 184                 | 163                                      | 74            |
| little             | 22%     | 28%              | 16%              | 40%      | 19%                 | 26%                                      | 17%           |
| No - cannot        | (2) 44  | 23               | 21               | 13       | 31                  | 23                                       | 16            |
| really relate      | 4%      | 4%               | 4%               | 8%       | 3%                  | 4%                                       | 4%            |
| No - cannot        | (1) 25  | 9                | 16               | 9        | 16                  | 15                                       | 6             |
| relate at all      | 2%      | 2%               | 3%               | 5%       | 2%                  | 2%                                       | 1%            |
| Don't know         | 7<br>1% | 4<br>1%          | -                | -        | 7<br>1%             | 2<br>*                                   | 2<br>*        |
| Mean               | 3.63    | 3.58             | 3.68             | 3.28     | 3.69                | 3.59                                     | 3.72          |
| Standard deviation | 0.67    | 0.65             | 0.68             | 0.83     | 0.62                | 0.68                                     | 0.60          |
| Standard error     | 0.02    | 0.03             | 0.03             | 0.07     | 0.02                | 0.03                                     | 0.03          |



Page 18

Absolutes/col percents

Page 19

Table 19 Q2. To what extent, if at all, can you relate to each of these statements?

-I often feel rejected Base: All respondents

|                                      |     |              | Gender Age Class |              |              |              |              |              |              |              |              |              |              |              | Region                           |              |              |              |              |              |              |              |
|--------------------------------------|-----|--------------|------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |     |              |                  |              |              |              |              |              |              |              |              | Scot-        | North        | North        | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      |     | Total        | Male             | Female       | 55-64        | 65-74        |              | AB           | C1           | C2           | DE_          | land         | East         | West         | side                             | lands        | lands        | Wales        | _ern_        | London       | East         | West         |
| Unweighted base                      |     | 1126         | 510              | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118          | 42           | 119          | 101                              | 109          | 78           | 68           | 136          | 111          | 157          | 87           |
| Weighted base                        |     | 1126         | 522              | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101          | 51           | 131          | 98                               | 104          | 87           | 62           | 113          | 106          | 164          | 112          |
| NET: Can relate                      |     | 202<br>18%   | 97<br>19%        | 105<br>17%   | 87<br>19%    | 53<br>15%    | 62<br>20%    | 34<br>11%    | 32<br>17%    | 39<br>24%    | 96<br>22%    | 19<br>18%    | 10<br>21%    | 22<br>17%    | 13<br>13%                        | 24<br>23%    | 18<br>21%    | 8<br>13%     | 15<br>13%    | 25<br>24%    | 26<br>16%    | 23<br>20%    |
| NET: Cannot relate                   |     | 911<br>81%   | 417<br>80%       | 494<br>82%   | 378<br>81%   | 290<br>84%   | 242<br>78%   | 290<br>89%   | 158<br>83%   | 123<br>75%   | 341<br>77%   | 82<br>82%    | 40<br>79%    | 108<br>83%   | 82<br>84%                        | 77<br>75%    | 67<br>77%    | 52<br>85%    | 96<br>85%    | 80<br>76%    | 137<br>84%   | 89<br>80%    |
| Yes - relate a great deal            | (4) | 65<br>6%     | 33<br>6%         | 33<br>5%     | 23<br>5%     | 13<br>4%     | 29<br>9%     | 6<br>2%      | 11<br>6%     | 13<br>8%     | 36<br>8%     | 7<br>7%      | 2<br>3%      | 11<br>8%     | 5<br>5%                          | 8<br>8%      | 8<br>9%      | 5<br>9%      | 4<br>3%      | 6<br>6%      | 7<br>4%      | 4<br>3%      |
| Yes - relate a<br>little             | (3) | 137<br>12%   | 64<br>12%        | 73<br>12%    | 64<br>14%    | 40<br>12%    | 33<br>11%    | 29<br>9%     | 21<br>11%    | 27<br>16%    | 61<br>14%    | 12<br>12%    | 9<br>18%     | 11<br>8%     | 8<br>8%                          | 16<br>15%    | 11<br>12%    | 3<br>4%      | 11<br>10%    | 19<br>18%    | 19<br>11%    | 19<br>17%    |
| No - cannot<br>really relate         | (2) | 211<br>19%   | 100<br>19%       | 112<br>19%   | 96<br>21%    | 67<br>19%    | 48<br>15%    | 79<br>24%    | 33<br>17%    | 39<br>24%    | 60<br>13%    | 20<br>20%    | 8<br>16%     | 15<br>11%    | 22<br>22%                        | 24<br>23%    | 14<br>16%    | 13<br>20%    | 16<br>14%    | 22<br>21%    | 33<br>20%    | 26<br>23%    |
| No - cannot<br>relate at all         | (1) | 700<br>62%   | 318<br>61%       | 382<br>63%   | 282<br>60%   | 223<br>65%   | 194<br>62%   | 210<br>64%   | 124<br>65%   | 84<br>51%    | 281<br>63%   | 62<br>62%    | 32<br>63%    | 94<br>72%    | 60<br>62%                        | 54<br>52%    | 53<br>61%    | 40<br>64%    | 80<br>71%    | 58<br>55%    | 104<br>64%   | 63<br>57%    |
| Don't know                           |     | 12<br>1%     | 8<br>2%          | 4<br>1%      | 3<br>1%      | 2<br>1%      | 7<br>2%      | 3<br>1%      | 1<br>*       | 3<br>2%      | 6<br>1%      | -            | -            | 1<br>1%      | 3<br>3%                          | 2<br>2%      | 2<br>2%      | 2<br>3%      | 2<br>2%      | -            | 1<br>1%      | -            |
| Mean                                 |     | 1.61         | 1.63             | 1.59         | 1.63         | 1.54         | 1.66         | 1.47         | 1.57         | 1.80         | 1.66         | 1.63         | 1.61         | 1.53         | 1.55                             | 1.78         | 1.68         | 1.56         | 1.45         | 1.75         | 1.56         | 1.67         |
| Standard deviation<br>Standard error |     | 0.91<br>0.03 | 0.93<br>0.04     | 0.90<br>0.04 | 0.90<br>0.04 | 0.84<br>0.04 | 1.01<br>0.07 | 0.73<br>0.04 | 0.91<br>0.07 | 0.98<br>0.08 | 1.00<br>0.05 | 0.94<br>0.09 | 0.89<br>0.14 | 0.96<br>0.09 | 0.85<br>0.09                     | 0.98<br>0.09 | 1.01<br>0.11 | 0.94<br>0.12 | 0.82<br>0.07 | 0.95<br>0.09 | 0.86<br>0.07 | 0.87<br>0.09 |



Table 20 Q2. To what extent, if at all, can you relate to each of these statements?

-I often feel rejected Base: All respondents

|                    |         | Q2. I miss havir | ng people around | Q4. Fee | el lonely           | Q8. It is difficu<br>other people<br>lon | that you feel |
|--------------------|---------|------------------|------------------|---------|---------------------|--|---------------|
|                    | _Total  | Can relate       | Can't relate     | Often   | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base    | 1126    | 537              | 571              | 159     | 967                 | 622                                      | 439           |
| Weighted base      | 1126    | 551              | 555              | 166     | 960                 | 619                                      | 441           |
| NET: Can relate    | 202     | 159              | 41               | 70      | 133                 | 128                                      | 64            |
|                    | 18%     | 29%              | 7%               | 42%     | 14%                 | 21%                                      | 15%           |
| NET: Cannot relate | 911     | 388              | 508              | 95      | 816                 | 487                                      | 372           |
|                    | 81%     | 70%              | 92%              | 57%     | 85%                 | 79%                                      | 84%           |
| Yes - relate a     | (4) 65  | 50               | 13               | 24      | 42                  | 40                                       | 20            |
| great deal         | 6%      | 9%               | 2%               | 14%     | 4%                  | 7%                                       | 5%            |
| Yes - relate a     | (3) 137 | 109              | 27               | 46      | 91                  | 87                                       | 44            |
| little             | 12%     | 20%              | 5%               | 28%     | 9%                  | 14%                                      | 10%           |
| No - cannot        | (2) 211 | 112              | 97               | 35      | 176                 | 136                                      | 65            |
| really relate      | 19%     | 20%              | 18%              | 21%     | 18%                 | 22%                                      | 15%           |
| No - cannot        | (1) 700 | 277              | 411              | 60      | 640                 | 350                                      | 307           |
| relate at all      | 62%     | 50%              | 74%              | 36%     | 67%                 | 57%                                      | 69%           |
| Don't know         | 12      | 3                | 6                | 1       | 11                  | 4  | 5             |
|                    | 1%      | 5 1%             | 1%               | 1%      | 1%                  | 1%                                       | 1%            |
| Mean               | 1.61    | 1.88             | 1.35             | 2.20    | 1.51                | 1.70                                     | 1.49          |
| Standard deviation | 0.91    | 1.03             | 0.69             | 1.09    | 0.84                | 0.94                                     | 0.85          |
| Standard error     | 0.03    | 0.04             | 0.03             | 0.09    | 0.03                | 0.04                                     | 0.04          |

Absolutes/col percents



Prepared by ComRes

Table 21 Q2. Emotional Loneliness Scale Base: All respondents

|                                      |              | Ger          | nder         |              | Age          |              |              | Cla          | ISS          |              |               |               |               |  |                       | Region                |              |              |              |               |               |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--|-----------------------|-----------------------|--------------|--------------|--------------|---------------|---------------|
|                                      |              | Male         | Female       | 55-64        | 65-74        |              | AB           | C1           | C2           | DE           | Scot-<br>land | North<br>East | North<br>West | York-<br>shire<br>& Hum-<br>ber-<br>side | West<br>Mid-<br>lands | East<br>Mid-<br>lands | Wales        | East-<br>ern | London       | South<br>East | South<br>West |
| Unweighted base                      | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118           | 42            | 119           | 101                                      | 109                   | 78                    | 68           | 136          | 111          | 157           | 87            |
| Weighted base                        | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101           | 51            | 131           | 98                                       | 104                   | 87                    | 62           | 113          | 106          | 164           | 112           |
| 0                                    | 23<br>2%     | 20<br>4%     | 4<br>1%      | 9<br>2%      | 11<br>3%     | 3<br>1%      | 2<br>1%      | 4<br>2%      | 7<br>4%      | 10<br>2%     | 3<br>3%       | 1<br>2%       | 3<br>2%       | 3<br>3%                                  | 3<br>3%               | 4<br>5%               | -            | 1<br>1%      | 2<br>1%      | 3<br>2%       | -             |
| 1                                    | 502<br>45%   | 225<br>43%   | 277<br>46%   | 203<br>43%   | 173<br>50%   | 126<br>40%   | 164<br>50%   | 90<br>47%    | 66<br>40%    | 182<br>41%   | 44<br>44%     | 23<br>45%     | 66<br>50%     | 44<br>46%                                | 41<br>40%             | 38<br>44%             | 24<br>39%    | 63<br>55%    | 49<br>46%    | 60<br>37%     | 50<br>45%     |
| 2                                    | 363<br>32%   | 175<br>34%   | 187<br>31%   | 170<br>36%   | 95<br>28%    | 97<br>31%    | 110<br>34%   | 56<br>29%    | 60<br>37%    | 137<br>31%   | 32<br>32%     | 18<br>36%     | 38<br>29%     | 32<br>33%                                | 34<br>33%             | 24<br>28%             | 25<br>40%    | 29<br>26%    | 31<br>29%    | 60<br>37%     | 38<br>34%     |
| 3                                    | 238<br>21%   | 103<br>20%   | 135<br>22%   | 86<br>18%    | 66<br>19%    | 87<br>28%    | 51<br>16%    | 41<br>21%    | 32<br>20%    | 114<br>26%   | 22<br>22%     | 9<br>17%      | 24<br>18%     | 17<br>18%                                | 25<br>24%             | 20<br>24%             | 13<br>21%    | 20<br>18%    | 25<br>23%    | 40<br>25%     | 23<br>21%     |
| Mean                                 | 1.72         | 1.69         | 1.75         | 1.71         | 1.62         | 1.86         | 1.64         | 1.70         | 1.72         | 1.80         | 1.73          | 1.68          | 1.63          | 1.65                                     | 1.78                  | 1.70                  | 1.82         | 1.60         | 1.75         | 1.84          | 1.76          |
| Standard deviation<br>Standard error | 0.82<br>0.02 | 0.83<br>0.04 | 0.80<br>0.03 | 0.78<br>0.04 | 0.83<br>0.04 | 0.83<br>0.06 | 0.75<br>0.04 | 0.83<br>0.06 | 0.82<br>0.06 | 0.85<br>0.04 | 0.83<br>0.08  | 0.78<br>0.12  | 0.80<br>0.07  | 0.81<br>0.08                             | 0.85<br>0.08          | 0.88<br>0.10          | 0.76<br>0.09 | 0.79<br>0.07 | 0.83<br>0.08 | 0.82<br>0.07  | 0.78<br>0.08  |

Absolutes/col percents



Prepared by ComRes

#### Absolutes/col percents

#### Table 22 Q2. Emotional Loneliness Scale Base: All respondents

|                                      | _            | Q2. I miss having | g people around | Q4. Feel     | lonely              | Q8. It is difficu<br>other people<br>Ion | that you feel |
|--------------------------------------|--------------|-------------------|-----------------|--------------|---------------------|--|---------------|
|                                      |              | Can relate        | Can't relate    | Often        | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base                      | 1126         | 537               | 571             | 159          | 967                 | 622                                      | 439           |
| Weighted base                        | 1126         | 551               | 555             | 166          | 960                 | 619                                      | 441           |
| 0                                    | 23<br>2%     | :                 | 22<br>4%        | -            | 23<br>2%            | 11<br>2%                                 | 7<br>2%       |
| 1                                    | 502<br>45%   | 16<br>3%          | 472<br>85%      | 14<br>8%     | 488<br>51%          | 235<br>38%                               | 231<br>52%    |
| 2                                    | 363<br>32%   | 297<br>54%        | 62<br>11%       | 36<br>22%    | 327<br>34%          | 199<br>32%                               | 139<br>31%    |
| 3                                    | 238<br>21%   | 238<br>43%        | -               | 116<br>70%   | 122<br>13%          | 174<br>28%                               | 64<br>15%     |
| Mean                                 | 1.72         | 2.40              | 1.07            | 2.62         | 1.57                | 1.87                                     | 1.59          |
| Standard deviation<br>Standard error | 0.82<br>0.02 | 0.55<br>0.02      | 0.38<br>0.02    | 0.64<br>0.05 | 0.74<br>0.02        | 0.84<br>0.03                             | 0.75<br>0.04  |

ComRes

Prepared by ComRes

Table 23 Q2. Social Loneliness Scale Base: All respondents

|                                      |              | Gei          | nder         |              | Age          |              |              | Cla          | ass          |              |               |               |               |  |                       |                       |              |              |              |               |               |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|--|-----------------------|-----------------------|--------------|--------------|--------------|---------------|---------------|
|                                      | _Total_      | Male         | Female       | 55-64        | 65-74        |              | _AB_         | <u>C1</u>    | <u>C2</u>    | DE           | Scot-<br>land | North<br>East | North<br>West | York-<br>shire<br>& Hum-<br>ber-<br>side | West<br>Mid-<br>lands | East<br>Mid-<br>lands | Wales        | East-<br>    | London       | South<br>East | South<br>West |
| Unweighted base                      | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118           | 42            | 119           | 101                                      | 109                   | 78                    | 68           | 136          | 111          | 157           | 87            |
| Weighted base                        | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101           | 51            | 131           | 98                                       | 104                   | 87                    | 62           | 113          | 106          | 164           | 112           |
| 0                                    | 155<br>14%   | 70<br>13%    | 84<br>14%    | 67<br>14%    | 39<br>11%    | 48<br>15%    | 25<br>8%     | 28<br>15%    | 27<br>17%    | 74<br>17%    | 13<br>13%     | 10<br>21%     | 12<br>9%      | 10<br>10%                                | 22<br>21%             | 15<br>18%             | 9<br>14%     | 14<br>12%    | 15<br>14%    | 16<br>10%     | 19<br>17%     |
| 1                                    | 807<br>72%   | 360<br>69%   | 447<br>74%   | 316<br>67%   | 261<br>75%   | 231<br>74%   | 256<br>78%   | 141<br>74%   | 106<br>65%   | 303<br>68%   | 77<br>76%     | 36<br>70%     | 101<br>78%    | 71<br>72%                                | 65<br>63%             | 61<br>70%             | 44<br>72%    | 80<br>70%    | 72<br>68%    | 122<br>74%    | 79<br>70%     |
| 2                                    | 123<br>11%   | 68<br>13%    | 55<br>9%     | 67<br>14%    | 32<br>9%     | 25<br>8%     | 32<br>10%    | 16<br>8%     | 25<br>15%    | 51<br>11%    | 11<br>11%     | 1<br>2%       | 15<br>11%     | 13<br>13%                                | 11<br>10%             | 8<br>9%               | 8<br>13%     | 17<br>15%    | 15<br>14%    | 16<br>10%     | 10<br>9%      |
| 3                                    | 41<br>4%     | 24<br>5%     | 17<br>3%     | 19<br>4%     | 14<br>4%     | 8<br>3%      | 13<br>4%     | 6<br>3%      | 7<br>4%      | 16<br>4%     | -             | 3<br>7%       | 3<br>2%       | 4<br>4%                                  | 6<br>6%               | 3<br>3%               | 1<br>1%      | 3<br>3%      | 4<br>4%      | 10<br>6%      | 4<br>4%       |
| Mean                                 | 1.04         | 1.09         | 1.01         | 1.08         | 1.06         | 0.98         | 1.10         | 0.99         | 1.07         | 1.02         | 0.98          | 0.95          | 1.06          | 1.12                                     | 1.01                  | 0.98                  | 1.01         | 1.08         | 1.07         | 1.12          | 1.00          |
| Standard deviation<br>Standard error | 0.62<br>0.02 | 0.67<br>0.03 | 0.58<br>0.02 | 0.66<br>0.03 | 0.60<br>0.03 | 0.58<br>0.04 | 0.57<br>0.03 | 0.59<br>0.04 | 0.69<br>0.05 | 0.65<br>0.03 | 0.49<br>0.04  | 0.71<br>0.11  | 0.54<br>0.05  | 0.63<br>0.06                             | 0.75<br>0.07          | 0.63<br>0.07          | 0.57<br>0.07 | 0.61<br>0.05 | 0.65<br>0.06 | 0.65<br>0.05  | 0.64<br>0.07  |

Absolutes/col percents



Prepared by ComRes

#### Absolutes/col percents

Page 24

#### Table 24 Q2. Social Loneliness Scale Base: All respondents

|                    |      | Q2. I miss having | g people around | Q4. Feel | lonely              | Q8. It is difficu<br>other people<br>lone | that you feel |
|--------------------|------|-------------------|-----------------|----------|---------------------|---|---------------|
|                    |      | Can relate        | Can't relate    | Often    | Not often/<br>Never | Agree                                     | Disagree      |
| Unweighted base    | 1126 | 537               | 571             | 159      | 967                 | 622                                       | 439           |
| Weighted base      | 1126 | 551               | 555             | 166      | 960                 | 619                                       | 441           |
| 0                  | 155  | 123               | 27              | 46       | 108                 | 95  | 54            |
|                    | 14%  | 22%               | 5%              | 28%      | 11%                 | 15%                                       | 12%           |
| 1                  | 807  | 361               | 435             | 87       | 720                 | 434                                       | 326           |
|                    | 72%  | 65%               | 78%             | 52%      | 75%                 | 70%                                       | 74%           |
| 2                  | 123  | 56                | 65              | 20       | 103                 | 69  | 48            |
|                    | 11%  | 10%               | 12%             | 12%      | 11%                 | 11%                                       | 11%           |
| 3                  | 41   | 12                | 29              | 12       | 28                  | 20  | 13            |
|                    | 4%   | 2%                | 5%              | 7%       | 3%                  | 3%  | 3%            |
| Mean               | 1.04 | 0.92              | 1.17            | 0.99     | 1.05                | 1.03                                      | 1.04          |
| Standard deviation | 0.62 | 0.63              | 0.59            | 0.84     | 0.58                | 0.63                                      | 0.59          |
| Standard error     | 0.02 | 0.03              | 0.02            | 0.07     | 0.02                | 0.03                                      | 0.03          |



#### Table 25 Q2. Loneliness Scale Base: All respondents

|                                      |              | Ge           | nder         |              | Age          |              |              | Cla          | iss          |              |              |              |              |                                  |              | Region       |              |              |              |              |              |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |              |              |              |              |              |              |              |              |              |              | Scot-        | North        | North        | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      | Total        | Male         | Female       | 55-64        | 65-74        |              | AB           | _C1_         | C2           | DE           | land         | East         | West         | side                             | lands        | lands        | Wales        | ern          | London       | East         | West         |
| Unweighted base                      | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118          | 42           | 119          | 101                              | 109          | 78           | 68           | 136          | 111          | 157          | 87           |
| Weighted base                        | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101          | 51           | 131          | 98                               | 104          | 87           | 62           | 113          | 106          | 164          | 112          |
| 0                                    | 2<br>*       | 1<br>*       | 1<br>*       | 1<br>*       | 1<br>*       | -            | -            | 1<br>*       | -            | 1<br>*       | -            | -            | 1<br>1%      | -                                | -            | -            | -            | 1<br>1%      | -            | -            | -            |
| 1                                    | 26<br>2%     | 15<br>3%     | 11<br>2%     | 7<br>1%      | 8<br>2%      | 12<br>4%     | 6<br>2%      | 6<br>3%      | 5<br>3%      | 10<br>2%     | 1<br>1%      | 1<br>2%      | 2<br>2%      | 3<br>3%                          | 2<br>2%      | 4<br>5%      | 2<br>3%      | 3<br>3%      | 2<br>2%      | 2<br>1%      | 4<br>3%      |
| 2                                    | 456<br>41%   | 202<br>39%   | 255<br>42%   | 185<br>39%   | 160<br>46%   | 112<br>36%   | 141<br>43%   | 76<br>40%    | 69<br>42%    | 170<br>38%   | 46<br>45%    | 22<br>44%    | 57<br>43%    | 37<br>38%                        | 42<br>40%    | 42<br>49%    | 20<br>32%    | 50<br>44%    | 41<br>39%    | 55<br>33%    | 45<br>40%    |
| 3                                    | 424<br>38%   | 204<br>39%   | 220<br>37%   | 191<br>41%   | 119<br>35%   | 114<br>37%   | 123<br>38%   | 81<br>42%    | 54<br>33%    | 167<br>38%   | 37<br>37%    | 23<br>46%    | 49<br>37%    | 41<br>42%                        | 42<br>40%    | 21<br>25%    | 28<br>45%    | 39<br>34%    | 39<br>37%    | 62<br>38%    | 43<br>38%    |
| 4                                    | 185<br>16%   | 86<br>16%    | 99<br>16%    | 71<br>15%    | 48<br>14%    | 65<br>21%    | 49<br>15%    | 25<br>13%    | 31<br>19%    | 81<br>18%    | 15<br>14%    | 3<br>6%      | 20<br>15%    | 13<br>13%                        | 15<br>15%    | 16<br>18%    | 12<br>19%    | 17<br>15%    | 22<br>21%    | 38<br>23%    | 15<br>13%    |
| 5                                    | 29<br>3%     | 13<br>2%     | 16<br>3%     | 13<br>3%     | 9<br>2%      | 7<br>2%      | 6<br>2%      | 3<br>2%      | 5<br>3%      | 14<br>3%     | 2<br>2%      | 1<br>2%      | 3<br>2%      | 4<br>4%                          | 2<br>2%      | 1<br>1%      | 1<br>1%      | 3<br>2%      | 2<br>2%      | 7<br>4%      | 4<br>3%      |
| 6                                    | 4<br>*       | 3<br>*       | 1<br>*       | 1<br>*       | 1<br>*       | 2<br>1%      | 2<br>1%      | -            | 1<br>*       | 1<br>*       | -            | -            | -            | -                                | 1<br>1%      | 2<br>2%      | -            | -            | -            | -            | 1<br>1%      |
| Mean                                 | 2.77         | 2.78         | 2.76         | 2.79         | 2.68         | 2.84         | 2.74         | 2.69         | 2.78         | 2.82         | 2.70         | 2.63         | 2.70         | 2.77                             | 2.79         | 2.68         | 2.84         | 2.68         | 2.82         | 2.96         | 2.76         |
| Standard deviation<br>Standard error | 0.87<br>0.03 | 0.88<br>0.04 | 0.86<br>0.03 | 0.84<br>0.04 | 0.86<br>0.04 | 0.92<br>0.06 | 0.84<br>0.05 | 0.81<br>0.06 | 0.92<br>0.07 | 0.89<br>0.04 | 0.80<br>0.07 | 0.74<br>0.11 | 0.84<br>0.08 | 0.88<br>0.09                     | 0.86<br>0.08 | 1.00<br>0.11 | 0.81<br>0.10 | 0.88<br>0.08 | 0.83<br>0.08 | 0.88<br>0.07 | 0.92<br>0.10 |

Absolutes/col percents



Prepared by ComRes

#### Absolutes/col percents

Page 26

#### Table 26 Q2. Loneliness Scale Base: All respondents

|                                      | _            | Q2. I miss having | g people around | Q4. Feel I   |                     | Q8. It is difficu<br>other people t<br>lone | that you feel |
|--------------------------------------|--------------|-------------------|-----------------|--------------|---------------------|---|---------------|
|                                      | Total        | Can relate        | Can't relate    | Often        | Not often/<br>Never | Agree                                       | Disagree      |
| Unweighted base                      | 1126         | 537               | 571             | 159          | 967                 | 622   | 439           |
| Weighted base                        | 1126         | 551               | 555             | 166          | 960                 | 619   | 441           |
| 0                                    | 2<br>*       | -                 | -               | -            | 2<br>*              | 1<br>*                                      | :             |
| 1                                    | 26<br>2%     | -                 | 24<br>4%        | -            | 26<br>3%            | 7<br>1%                                     | 15<br>3%      |
| 2                                    | 456<br>41%   | 46<br>8%          | 399<br>72%      | 12<br>7%     | 444<br>46%          | 221<br>36%                                  | 205<br>46%    |
| 3                                    | 424<br>38%   | 315<br>57%        | 105<br>19%      | 59<br>36%    | 365<br>38%          | 242<br>39%                                  | 158<br>36%    |
| 4                                    | 185<br>16%   | 161<br>29%        | 24<br>4%        | 80<br>48%    | 105<br>11%          | 129<br>21%                                  | 51<br>12%     |
| 5                                    | 29<br>3%     | 26<br>5%          | 3               | 11<br>7%     | 18<br>2%            | 15<br>2%                                    | 12<br>3%      |
| 6                                    | 4<br>*       | 4<br>1%           | -               | 4<br>2%      | -                   | 4<br>1%                                     | -             |
| Mean                                 | 2.77         | 3.32              | 2.25            | 3.61         | 2.62                | 2.89  | 2.63          |
| Standard deviation<br>Standard error | 0.87<br>0.03 | 0.72<br>0.03      | 0.62<br>0.03    | 0.81<br>0.06 | 0.79<br>0.03        | 0.87<br>0.04                                | 0.83<br>0.04  |



Table 27

Q3. When was the last time you had a good chat with someone, either in person or over the phone? Was it in the last week, longer than a week ago but in the last month, or longer than a month ago?

Base: All respondents

|  |             | Ge         | nder       |            | Age        |            |            | Cla        | ss         |            |               |               |               |  |                       | Region                |           |              |           |               |               |
|--|-------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|---------------|---------------|---------------|--|-----------------------|-----------------------|-----------|--------------|-----------|---------------|---------------|
|  | Total       | Male       | Female     | 55-64      | 65-74      | 75+        | AB         | C1         | C2         | DE         | Scot-<br>land | North<br>East | North<br>West | York-<br>shire<br>& Hum-<br>ber-<br>side | West<br>Mid-<br>lands | East<br>Mid-<br>lands | Wales     | East-<br>ern | London    | South<br>East | South<br>West |
| Unweighted base                              | 1126        | 510        | 616        | 479        | 431        | 216        | 332        | 190        | 165        | 439        | 118           | 42            | 119           | 101                                      | 109                   | 78                    | 68        | 136          | 111       | 157           | 87            |
| Weighted base                                | 1126        | 522        | 604        | 468        | 346        | 312        | 327        | 191        | 165        | 444        | 101           | 51            | 131           | 98                                       | 104                   | 87                    | 62        | 113          | 106       | 164           | 112           |
| In the last week                             | 1025<br>91% | 453<br>87% | 572<br>95% | 419<br>89% | 316<br>91% | 291<br>93% | 309<br>95% | 179<br>94% | 140<br>85% | 398<br>90% | 95<br>94%     | 48<br>95%     | 120<br>92%    | 86<br>88%                                | 91<br>88%             | 78<br>89%             | 57<br>92% | 101<br>90%   | 97<br>92% | 149<br>91%    | 103<br>93%    |
| Longer than a week ago but in the last month | 56<br>5%    | 38<br>7%   | 18<br>3%   | 27<br>6%   | 19<br>5%   | 10<br>3%   | 11<br>4%   | 6<br>3%    | 13<br>8%   | 26<br>6%   | 3<br>3%       | 2<br>3%       | 6<br>5%       | 5<br>5%                                  | 4<br>4%               | 6<br>7%               | 3<br>5%   | 6<br>5%      | 7<br>6%   | 6<br>4%       | 8<br>7%       |
| More than a month ago                        | 45<br>4%    | 31<br>6%   | 13<br>2%   | 23<br>5%   | 11<br>3%   | 11<br>3%   | 6<br>2%    | 6<br>3%    | 12<br>7%   | 20<br>5%   | 3<br>2%       | 1<br>2%       | 5<br>4%       | 6<br>6%                                  | 8<br>8%               | 3<br>4%               | 1<br>2%   | 6<br>5%      | 2<br>2%   | 9<br>5%       | -             |

Absolutes/col percents



Prepared by ComRes

#### Table 28

Q3. When was the last time you had a good chat with someone, either in person or over the phone? Was it in the last week, longer than a week ago but in the last month, or longer than a month ago?

Base: All respondents

|  |             | Q2. I miss havin | people around | Q4. Feel   | lonely              | Q8. It is difficu<br>other people<br>lone | that you feel |
|--|-------------|------------------|---------------|------------|---------------------|---|---------------|
|  |             | Can relate       | Can't relate  | Often      | Not often/<br>Never | Agree                                     | Disagree      |
| Unweighted base                              | 1126        | 537              | 571           | 159        | 967                 | 622                                       | 439           |
| Weighted base                                | 1126        | 551              | 555           | 166        | 960                 | 619                                       | 441           |
| In the last week                             | 1025<br>91% | 495<br>90%       | 511<br>92%    | 145<br>87% | 880<br>92%          | 559<br>90%                                | 408<br>92%    |
| Longer than a week ago but in the last month | 56<br>5%    | 33<br>6%         | 24<br>4%      | 11<br>7%   | 45<br>5%            | 38<br>6%                                  | 16<br>4%      |
| More than a month ago                        | 45<br>4%    | 23<br>4%         | 21<br>4%      | 10<br>6%   | 35<br>4%            | 21<br>3%                                  | 17<br>4%      |



Absolutes/col percents

Prepared by ComRes

Absolutes/col percents

Page 29

Table 29 Q4. How often, if at all, would you say that you feel lonely? Would you say that you feel lonely very often, quite often, not very often or never? Base: All respondents

|                                      |     |              | Ge           | Gender       |              | Age          |              |              | Cla          | ISS          |              |               |               |               | York-                           |                       | Region                |              |              |              |               |               |
|--------------------------------------|-----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|---------------------------------|-----------------------|-----------------------|--------------|--------------|--------------|---------------|---------------|
|                                      |     | Total        | Male         | Female       | 55-64        | 65-74        |              | AB           | C1           | C2           | DE           | Scot-<br>land | North<br>East | North<br>West | shire<br>& Hum-<br>ber-<br>side | West<br>Mid-<br>lands | East<br>Mid-<br>lands | Wales        | East-<br>ern | London       | South<br>East | South<br>West |
| Unweighted base                      |     | 1126         | 510          | 616          | 479          | 431          | 216          | 332          | 190          | 165          | 439          | 118           | 42            | 119           | 101                             | 109                   | 78                    | 68           | 136          | 111          | 157           | 87            |
| Weighted base                        |     | 1126         | 522          | 604          | 468          | 346          | 312          | 327          | 191          | 165          | 444          | 101           | 51            | 131           | 98                              | 104                   | 87                    | 62           | 113          | 106          | 164           | 112           |
| NET: Often                           |     | 166<br>15%   | 76<br>15%    | 90<br>15%    | 62<br>13%    | 43<br>12%    | 60<br>19%    | 30<br>9%     | 24<br>13%    | 29<br>18%    | 82<br>19%    | 13<br>13%     | 6<br>12%      | 17<br>13%     | 13<br>13%                       | 10<br>10%             | 15<br>17%             | 6<br>10%     | 14<br>12%    | 22<br>21%    | 34<br>21%     | 15<br>13%     |
| NET: Not often/ Nev                  | er  | 960<br>85%   | 447<br>85%   | 514<br>85%   | 406<br>87%   | 303<br>88%   | 252<br>81%   | 297<br>91%   | 167<br>87%   | 135<br>82%   | 361<br>81%   | 88<br>87%     | 45<br>88%     | 114<br>87%    | 85<br>87%                       | 94<br>90%             | 72<br>83%             | 56<br>90%    | 99<br>88%    | 83<br>79%    | 129<br>79%    | 97<br>87%     |
| Very often                           | (3) | 55<br>5%     | 25<br>5%     | 30<br>5%     | 17<br>4%     | 17<br>5%     | 22<br>7%     | 5<br>1%      | 5<br>3%      | 7<br>4%      | 39<br>9%     | 6<br>6%       | 3<br>6%       | 4<br>3%       | 3<br>3%                         | 5<br>5%               | 4<br>4%               | 2<br>3%      | 6<br>5%      | 9<br>8%      | 11<br>7%      | 4<br>4%       |
| Quite often                          | (2) | 110<br>10%   | 51<br>10%    | 60<br>10%    | 46<br>10%    | 26<br>8%     | 38<br>12%    | 25<br>8%     | 19<br>10%    | 23<br>14%    | 44<br>10%    | 7<br>7%       | 3<br>6%       | 13<br>10%     | 10<br>10%                       | 5<br>5%               | 11<br>13%             | 4<br>7%      | 8<br>7%      | 14<br>13%    | 23<br>14%     | 11<br>10%     |
| Not very often                       | (1) | 436<br>39%   | 187<br>36%   | 249<br>41%   | 192<br>41%   | 126<br>36%   | 118<br>38%   | 126<br>38%   | 81<br>42%    | 63<br>38%    | 167<br>38%   | 45<br>45%     | 18<br>36%     | 36<br>28%     | 41<br>42%                       | 49<br>48%             | 29<br>33%             | 24<br>39%    | 47<br>41%    | 41<br>39%    | 54<br>33%     | 51<br>45%     |
| Never                                | (0) | 524<br>47%   | 260<br>50%   | 265<br>44%   | 214<br>46%   | 177<br>51%   | 133<br>43%   | 171<br>52%   | 86<br>45%    | 73<br>44%    | 194<br>44%   | 43<br>42%     | 26<br>52%     | 78<br>59%     | 43<br>44%                       | 44<br>43%             | 43<br>49%             | 31<br>51%    | 52<br>46%    | 42<br>40%    | 75<br>46%     | 46<br>41%     |
| Mean                                 |     | 0.73         | 0.70         | 0.76         | 0.71         | 0.66         | 0.83         | 0.58         | 0.71         | 0.78         | 0.83         | 0.76          | 0.66          | 0.57          | 0.72                            | 0.72                  | 0.72                  | 0.62         | 0.71         | 0.90         | 0.82          | 0.76          |
| Standard deviation<br>Standard error |     | 0.83<br>0.02 | 0.83<br>0.04 | 0.83<br>0.03 | 0.78<br>0.04 | 0.82<br>0.04 | 0.90<br>0.06 | 0.70<br>0.04 | 0.76<br>0.06 | 0.84<br>0.07 | 0.93<br>0.04 | 0.83<br>0.08  | 0.84<br>0.13  | 0.79<br>0.07  | 0.77<br>0.08                    | 0.77<br>0.07          | 0.85<br>0.10          | 0.75<br>0.09 | 0.81<br>0.07 | 0.92<br>0.09 | 0.92<br>0.07  | 0.78<br>0.08  |



Absolutes/col percents

Page 30

Table 30

Q4. How often, if at all, would you say that you feel lonely? Would you say that you feel lonely very often, quite often, not very often or never? Base: All respondents

|                                      |     |              |                   |              | 04 5-1       | llee ek.            | Q8. It is difficu<br>other people | that you feel |
|--------------------------------------|-----|--------------|-------------------|--------------|--------------|---------------------|-----------------------------------|---------------|
|                                      |     | -<br>Total   | Q2. I miss having | Can't relate | Q4. Feel     | Not often/<br>Never | lon                               |               |
|                                      |     | <u></u>      | Can relate        |              | Ollen        | Never               | Agree                             | Disagree      |
| Unweighted base                      |     | 1126         | 537               | 571          | 159          | 967                 | 622                               | 439           |
| Weighted base                        |     | 1126         | 551               | 555          | 166          | 960                 | 619                               | 441           |
| NET: Often                           |     | 166<br>15%   | 144<br>26%        | 20<br>4%     | 166<br>100%  | -                   | 139<br>23%                        | 23<br>5%      |
| NET: Not often/ Never                |     | 960<br>85%   | 406<br>74%        | 536<br>96%   | -            | 960<br>100%         | 479<br>77%                        | 418<br>95%    |
| Very often                           | (3) | 55<br>5%     | 46<br>8%          | 8<br>1%      | 55<br>33%    | -                   | 45<br>7%                          | 8<br>2%       |
| Quite often                          | (2) | 110<br>10%   | 99<br>18%         | 12<br>2%     | 110<br>67%   | -                   | 94<br>15%                         | 16<br>4%      |
| Not very often                       | (1) | 436<br>39%   | 228<br>41%        | 200<br>36%   | -            | 436<br>45%          | 248<br>40%                        | 168<br>38%    |
| Never                                | (0) | 524<br>47%   | 178<br>32%        | 336<br>60%   | -            | 524<br>55%          | 231<br>37%                        | 249<br>56%    |
| Mean                                 |     | 0.73         | 1.02              | 0.45         | 2.33         | 0.45                | 0.92                              | 0.51          |
| Standard deviation<br>Standard error |     | 0.83<br>0.02 | 0.91<br>0.04      | 0.61<br>0.03 | 0.47<br>0.04 | 0.50<br>0.02        | 0.90<br>0.04                      | 0.65<br>0.03  |



Table 31 Q5. Have you ever discussed feeling lonely with anyone in your family? Base: All feeling lonely very/ quite often

|                 |            | Ge        | nder      |           | Age       |           |           | Clas      | SS        |           |               |               |               |                          |               | Region        |          |              |           |               |               |
|-----------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|---------------|---------------|---------------|--------------------------|---------------|---------------|----------|--------------|-----------|---------------|---------------|
|                 |            |           |           |           |           |           |           |           |           |           |               |               |               | York-<br>shire<br>& Hum- | West          | East          |          |              |           |               |               |
|                 | Total      | Male      | Female    | 55-64     | 65-74     |           | AB        | C1        | C2        | DE        | Scot-<br>land | North<br>East | North<br>West | ber-<br>side             | Mid-<br>lands | Mid-<br>lands | Wales    | East-<br>ern | London    | South<br>East | South<br>West |
| Unweighted base | 159        | 71        | 88        | 63        | 56        | 40        | 28        | 21        | 29        | 81        | 16            | 5             | 15            | 13                       | 12            | 12            | 7        | 17           | 22        | 30            | 10            |
| Weighted base   | 166        | 76        | 90        | 62        | 43        | 60        | 30        | 24        | 29        | 82        | 13            | 6             | 17            | 13                       | 10            | 15            | 6        | 14           | 22        | 34            | 15            |
| Yes             | 66<br>40%  | 30<br>40% | 36<br>40% | 30<br>49% | 16<br>38% | 19<br>31% | 13<br>44% | 10<br>42% | 11<br>37% | 31<br>38% | 5<br>40%      | 5<br>85%      | 6<br>34%      | 6<br>48%                 | 5<br>46%      | 6<br>40%      | 3<br>42% | 4<br>31%     | 11<br>49% | 8<br>24%      | 6<br>43%      |
| No              | 100<br>60% | 46<br>60% | 54<br>60% | 32<br>51% | 27<br>62% | 41<br>69% | 17<br>56% | 14<br>58% | 19<br>63% | 51<br>62% | 8<br>60%      | 1<br>15%      | 11<br>66%     | 7<br>52%                 | 5<br>54%      | 9<br>60%      | 4<br>58% | 9<br>69%     | 11<br>51% | 26<br>76%     | 9<br>57%      |

Com

Prepared by ComRes

Page 31

Absolutes/col percents

Absolutes/col percents

Page 32

Table 32 Q5. Have you ever discussed feeling lonely with anyone in your family? Base: All feeling lonely very/ quite often

|                 | _ (        | Q2. I miss having | g people around | Q4. Fee    | I lonely            | Q8. It is difficut<br>other people | that you feel |
|-----------------|------------|-------------------|-----------------|------------|---------------------|------------------------------------|---------------|
|                 | Total      | Can relate        | Can't relate    | Often      | Not often/<br>Never | Agree                              | Disagree      |
| Unweighted base | 159        | 140               | 18              | 159        | -                   | 133                                | 24            |
| Weighted base   | 166        | 144               | 20              | 166        | -                   | 139                                | 23            |
| Yes             | 66<br>40%  | 57<br>39%         | 9<br>44%        | 66<br>40%  | -                   | 51<br>36%                          | 15<br>64%     |
| No              | 100<br>60% | 87<br>61%         | 11<br>56%       | 100<br>60% | -                   | 89<br>64%                          | 9<br>36%      |



Table 33 Q6. Why have you not discussed this with anyone in your family? Base: All feeling lonely very/ quite often but have not discussed with family members

|   |           | Ger       | nder      |           | Age          |           |           | Clas      | SS        |           |               |               |               |  |                       | Region                |              |              |          |               |               |
|---|-----------|-----------|-----------|-----------|--------------|-----------|-----------|-----------|-----------|-----------|---------------|---------------|---------------|--|-----------------------|-----------------------|--------------|--------------|----------|---------------|---------------|
|   | Total     | Male      | Female    | 55-64     | <u>65-74</u> | 75+       | AB        | <u>C1</u> | <u>C2</u> | DE        | Scot-<br>land | North<br>East | North<br>West | York-<br>shire<br>& Hum-<br>ber-<br>side | West<br>Mid-<br>lands | East<br>Mid-<br>lands | <u>Wales</u> | East-<br>ern | London   | South<br>East | South<br>West |
| Unweighted base   | 95        | 44        | 51        | 33        | 35           | 27        | 15        | 11        | 19        | 50        | 10            | 1             | 10            | 7  | 6                     | 7                     | 4            | 12           | 11       | 22            | 5             |
| Weighted base   | 100       | 46        | 54        | 32        | 27           | 41        | 17        | 14        | 19        | 51        | 8             | 1             | 11            | 7  | 5                     | 9                     | 4            | 9            | 11       | 26            | 9             |
| Because I don't want to<br>make a fuss / don't<br>want to trouble them /<br>be a burden | 47<br>47% | 16<br>34% | 31<br>57% | 10<br>32% | 13<br>48%    | 23<br>57% | 12<br>70% | 5<br>35%  | 5<br>26%  | 25<br>50% | 1<br>18%      | 1<br>100%     | 6<br>54%      | 2<br>24%                                 | 3<br>58%              | 3<br>36%              | 2<br>44%     | 5<br>50%     | 6<br>53% | 12<br>47%     | 6<br>67%      |
| Because the subject is<br>embarrassing / don't<br>want to talk about it                 | 11<br>11% | 10<br>22% | 1<br>1%   | 6<br>18%  | 3<br>12%     | 2<br>4%   | -         | 1<br>6%   | 4<br>20%  | 6<br>12%  | 2<br>20%      | -             | -             | 1<br>12%                                 | -                     | 1<br>11%              | 1<br>28%     | 1<br>9%      | 1<br>8%  | 5<br>18%      | -             |
| Because there is so<br>little time / they are<br>busy                                   | 7<br>7%   | 1<br>2%   | 6<br>10%  | 1<br>3%   | 3<br>11%     | 3<br>7%   | 1<br>4%   | 1<br>11%  | 1<br>5%   | 4<br>7%   | 1<br>8%       | -             | -             | 1<br>21%                                 | -                     | -                     | 1<br>28%     | 1<br>7%      | 1<br>6%  | 2<br>9%       | -             |
| Because I rarely / never see them   | 6<br>6%   | 3<br>6%   | 3<br>6%   | 3<br>9%   | 3<br>11%     | -         | :         | 1<br>8%   | 1<br>8%   | 4<br>7%   | 2<br>20%      | -             | -             | 1<br>11%                                 | -                     | 1<br>12%              | -            | 1<br>7%      | -        | 1<br>4%       | 1<br>12%      |
| Other   | 27<br>27% | 13<br>29% | 14<br>25% | 10<br>31% | 6<br>22%     | 11<br>26% | 5<br>30%  | 6<br>40%  | 6<br>34%  | 10<br>20% | 1<br>19%      | -             | 4<br>38%      | 3<br>44%                                 | 1<br>24%              | 4<br>41%              | 1<br>21%     | 1<br>13%     | 4<br>32% | 6<br>22%      | 2<br>22%      |
| Don't know  | 6<br>6%   | 5<br>11%  | 1<br>2%   | 3<br>9%   | 1<br>3%      | 2<br>6%   | -         | -         | 1<br>7%   | 5<br>10%  | 1<br>16%      | -             | 1<br>8%       | -  | 1<br>17%              | -                     | -            | 2<br>21%     | -        | 1<br>4%       | -             |



Page 33

Absolutes/col percents

Absolutes/col percents

Page 34

Table 34 Q6. Why have you not discussed this with anyone in your family? Base: All feeling lonely very/ quite often but have not discussed with family members

|   |           | Q2. I miss havin | g people around | Q4. Fee   | llonely             | Q8. It is difficu<br>other people<br>lone | that you feel |
|---|-----------|------------------|-----------------|-----------|---------------------|---|---------------|
|   |           | Can relate       | Can't relate    | Often     | Not often/<br>Never | Agree                                     | Disagree      |
| Unweighted base   | 95        | 83               | 11              | 95        | -                   | 84  | 9             |
| Weighted base   | 100       | 87               | 11              | 100       | -                   | 89  | 9             |
| Because I don't want to<br>make a fuss / don't<br>want to trouble them /<br>be a burden | 47<br>47% | 45<br>51%        | 2<br>16%        | 47<br>47% | -                   | 41<br>47%                                 | 4<br>46%      |
| Because the subject is<br>embarrassing / don't<br>want to talk about it                 | 11<br>11% | 11<br>12%        | -               | 11<br>11% | -                   | 11<br>12%                                 | -             |
| Because there is so<br>little time / they are<br>busy                                   | 7<br>7%   | 4<br>4%          | 3<br>27%        | 7<br>7%   | -                   | 7<br>8%                                   | -             |
| Because I rarely / never see them   | 6<br>6%   | 5<br>5%          | 1<br>12%        | 6<br>6%   | -                   | 6<br>7%                                   | -             |
| Other   | 27<br>27% | 23<br>26%        | 3<br>24%        | 27<br>27% | -                   | 20<br>23%                                 | 5<br>63%      |
| Don't know  | 6<br>6%   | 4<br>4%          | 2<br>21%        | 6<br>6%   | -                   | 6<br>7%                                   | -             |



Table 35

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Summary

Base: All ever feeling lonely

|                                      |     |                     |                    | Q7. SI       | ummary                     |              |              |
|--------------------------------------|-----|---------------------|--------------------|--------------|----------------------------|--------------|--------------|
|                                      |     | A chat on the phone | A chat over a meal | Shopping     | Some form of<br>employment | Exercise     | Volunteering |
| Unweighted base                      |     | 598                 | 598                | 598          | 598                        | 598          | 598          |
| Weighted base                        |     | 602                 | 602                | 602          | 602                        | 602          | 602          |
| NET: Helpful                         |     | 524<br>87%          | 497<br>83%         | 352<br>58%   | 312<br>52%                 | 407<br>68%   | 340<br>56%   |
| NET: Not helpful                     |     | 74<br>12%           | 102<br>17%         | 230<br>38%   | 267<br>44%                 | 177<br>29%   | 236<br>39%   |
| Very helpful                         | (4) | 338<br>56%          | 303<br>50%         | 172<br>29%   | 190<br>32%                 | 229<br>38%   | 197<br>33%   |
| Fairly helpful                       | (3) | 186<br>31%          | 195<br>32%         | 180<br>30%   | 122<br>20%                 | 178<br>30%   | 143<br>24%   |
| Not very helpful                     | (2) | 60<br>10%           | 58<br>10%          | 145<br>24%   | 113<br>19%                 | 93<br>15%    | 135<br>22%   |
| Not at all helpful                   | (1) | 14<br>2%            | 44<br>7%           | 85<br>14%    | 154<br>26%                 | 84<br>14%    | 102<br>17%   |
| Don't know                           |     | 4<br>1%             | 3<br>1%            | 20<br>3%     | 23<br>4%                   | 18<br>3%     | 26<br>4%     |
| Mean                                 |     | 3.42                | 3.26               | 2.75         | 2.60                       | 2.95         | 2.76         |
| Standard deviation<br>Standard error |     | 0.76<br>0.03        | 0.91<br>0.04       | 1.03<br>0.04 | 1.20<br>0.05               | 1.06<br>0.04 | 1.11<br>0.05 |

Absolutes/col percents

Page 35



Table 36

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-A chat on the phone

Base: All ever feeling lonely

|  | Gender         | Age                                | Class              | Region   |
|--|----------------|------------------------------------|--------------------|--|
|  |                |                                    |                    | York-<br>shire<br>& Hum- West East   |
| Tota   | al Male Female | <u>    55-64    65-74    75+  </u> | ABC1C2DI           | Scot-         North         North         ber-         Mid-         East-         South         South           DE         land         East         West         side         lands         Wales         ern         London         East         West                        |
| Unweighted base 598                            | 253 345        | 262 213 123                        | 158 104 91 24      | 245 68 20 49 55 63 39 34 73 66 82 49   |
| Weighted base 602                              | 263 339        | 255 169 179                        | 155 105 92 24      | 249 58 24 53 54 60 44 30 61 64 88 65   |
| NET: Helpful 524<br>87                         |                | 217 149 158<br>85% 89% 89%         |                    | 219         52         22         49         49         36         25         48         56         78         59           88%         89%         92%         93%         91%         83%         83%         81%         80%         89%         88%         90%            |
| NET: Not helpful 74<br>12                      |                | 37 18 19<br>5 15% 10% 10%          |                    | 30         6         2         4         5         10         5         6         12         6         10         7           12%         11%         8%         7%         9%         17%         11%         19%         20%         10%         11%         10%             |
| Very helpful (4) 338<br>56                     |                | 134 93 112<br>5 53% 55% 62%        |                    | 150         37         21         38         30         30         20         15         25         39         39         44           60%         64%         85%         71%         56%         51%         46%         50%         42%         61%         44%         67% |
| Fairly helpful (3) 186<br>31                   |                | 83 56 47<br>33% 33% 26%            |                    | 69         14         2         12         19         19         16         10         23         18         39         15           28%         25%         7%         22%         35%         31%         37%         31%         38%         28%         44%         23%    |
| Not very helpful (2) 60<br>10                  |                | 32 15 12<br>5 13% 9% 7%            |                    | 23         6         2         2         4         8         5         5         9         6         6         7           9%         10%         8%         4%         7%         14%         11%         16%         15%         10%         6%         10%                  |
| Not at all helpful (1) 14<br>2                 | 8 6<br>% 3% 2% | 5 2 7<br>5 2% 1% 4%                | 2 5 -<br>5 1% 4% - | 7 1 - 2 1 2 - 1 3 - 4 -<br>3% 1% - 3% 3% 3% - 3% 5% - 5% -   |
| Don't know 4<br>1                              | 2 3<br>% 1% 1% | 1 2 2<br>* 1% 1%                   | 2 - 3<br>5 1% - 3% | 1 1 -<br>  |
| Mean 3.42                                      | 3.23 3.57      | 3.36 3.44 3.49                     | 3.40 3.42 3.37 3.4 | 3.45 3.52 3.76 3.60 3.44 3.31 3.36 3.29 3.17 3.51 3.28 3.56  |
| Standard deviation 0.76<br>Standard error 0.03 |                | 0.780.720.790.050.050.07           |                    | 0.780.720.600.720.740.840.700.850.870.680.790.680.050.090.140.100.110.110.150.100.080.090.10   |

Absolutes/col percents

#### Table 37

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-A chat on the phone

Base: All ever feeling lonely

|                                      |     |              | Q2. I miss havin | g people around | Q4. Feel     | lonely              | Q8. It is difficu<br>other people<br>Ion | that you feel |
|--------------------------------------|-----|--------------|------------------|-----------------|--------------|---------------------|--|---------------|
|                                      |     | Total        | Can relate       | Can't relate    | Often        | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base                      |     | 598          | 368              | 223             | 159          | 439                 | 387                                      | 191           |
| Weighted base                        |     | 602          | 373              | 220             | 166          | 436                 | 388                                      | 192           |
| NET: Helpful                         |     | 524<br>87%   | 325<br>87%       | 192<br>87%      | 145<br>87%   | 379<br>87%          | 340<br>88%                               | 169<br>88%    |
| NET: Not helpful                     |     | 74<br>12%    | 47<br>13%        | 24<br>11%       | 21<br>13%    | 53<br>12%           | 47<br>12%                                | 22<br>11%     |
| Very helpful                         | (4) | 338<br>56%   | 204<br>55%       | 128<br>58%      | 91<br>55%    | 247<br>57%          | 222<br>57%                               | 107<br>56%    |
| Fairly helpful                       | (3) | 186<br>31%   | 121<br>32%       | 64<br>29%       | 54<br>32%    | 132<br>30%          | 118<br>30%                               | 62<br>32%     |
| Not very helpful                     | (2) | 60<br>10%    | 39<br>10%        | 20<br>9%        | 16<br>10%    | 43<br>10%           | 40<br>10%                                | 17<br>9%      |
| Not at all helpful                   | (1) | 14<br>2%     | 8<br>2%          | 4<br>2%         | 4<br>3%      | 10<br>2%            | 7<br>2%                                  | 5<br>3%       |
| Don't know                           |     | 4<br>1%      | 1<br>*           | 4<br>2%         | -            | 4<br>1%             | 1<br>*                                   | 1<br>*        |
| Mean                                 |     | 3.42         | 3.40             | 3.46            | 3.40         | 3.43                | 3.43                                     | 3.42          |
| Standard deviation<br>Standard error |     | 0.76<br>0.03 | 0.77<br>0.04     | 0.75<br>0.05    | 0.78<br>0.06 | 0.76<br>0.04        | 0.75<br>0.04                             | 0.76<br>0.06  |

Prepared by ComRes



Page 37

Absolutes/col percents

Page 38

Table 38 Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-A chat over a meal

Base: All ever feeling lonely

|                                      |     |              | Ger          | nder         |              | Age          |              |              | Cla          | SS           |              |              |              |              | York-                   |              | Region       |              |              |              |              |              |
|--------------------------------------|-----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |     | <b>-</b>     |              |              | 55.04        | 05.74        | 75           |              | 04           | 00           | 55           | Scot-        | North        | North        | shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      |     | <u>Total</u> | Male         | Female       | 55-64        | 65-74        |              | <u>AB</u>    | <u></u>      | <u>C2</u>    | <u>DE</u>    | land         | East         | <u>West</u>  | side                    | lands        | lands        | <u>Wales</u> | _ern_        | London       | East         | West         |
| Unweighted base                      |     | 598          | 253          | 345          | 262          | 213          | 123          | 158          | 104          | 91           | 245          | 68           | 20           | 49           | 55                      | 63           | 39           | 34           | 73           | 66           | 82           | 49           |
| Weighted base                        |     | 602          | 263          | 339          | 255          | 169          | 179          | 155          | 105          | 92           | 249          | 58           | 24           | 53           | 54                      | 60           | 44           | 30           | 61           | 64           | 88           | 65           |
| NET: Helpful                         |     | 497<br>83%   | 210<br>80%   | 287<br>85%   | 211<br>83%   | 141<br>84%   | 145<br>81%   | 137<br>88%   | 89<br>85%    | 78<br>84%    | 193<br>77%   | 50<br>86%    | 23<br>96%    | 44<br>83%    | 45<br>83%               | 46<br>76%    | 34<br>78%    | 23<br>76%    | 51<br>83%    | 49<br>77%    | 74<br>83%    | 58<br>89%    |
| NET: Not helpful                     |     | 102<br>17%   | 51<br>20%    | 50<br>15%    | 44<br>17%    | 26<br>15%    | 32<br>18%    | 18<br>12%    | 15<br>14%    | 14<br>16%    | 54<br>22%    | 8<br>14%     | 1<br>4%      | 9<br>17%     | 8<br>15%                | 14<br>24%    | 10<br>22%    | 7<br>24%     | 10<br>17%    | 15<br>23%    | 12<br>14%    | 7<br>11%     |
| Very helpful                         | (4) | 303<br>50%   | 117<br>44%   | 186<br>55%   | 133<br>52%   | 85<br>50%    | 85<br>48%    | 88<br>57%    | 58<br>56%    | 41<br>45%    | 115<br>46%   | 30<br>52%    | 15<br>63%    | 31<br>58%    | 30<br>55%               | 26<br>44%    | 24<br>54%    | 13<br>42%    | 27<br>44%    | 34<br>54%    | 41<br>46%    | 32<br>49%    |
| Fairly helpful                       | (3) | 195<br>32%   | 93<br>35%    | 101<br>30%   | 78<br>31%    | 56<br>33%    | 60<br>34%    | 50<br>32%    | 31<br>29%    | 37<br>40%    | 78<br>31%    | 20<br>34%    | 8<br>33%     | 14<br>25%    | 15<br>28%               | 20<br>33%    | 10<br>23%    | 10<br>34%    | 24<br>39%    | 15<br>23%    | 33<br>37%    | 26<br>40%    |
| Not very helpful                     | (2) | 58<br>10%    | 30<br>11%    | 28<br>8%     | 31<br>12%    | 14<br>8%     | 12<br>7%     | 12<br>8%     | 9<br>9%      | 6<br>7%      | 30<br>12%    | 6<br>11%     | 1<br>4%      | 6<br>12%     | 3<br>6%                 | 7<br>13%     | 8<br>18%     | 6<br>21%     | 4<br>6%      | 8<br>12%     | 7<br>8%      | 1<br>2%      |
| Not at all helpful                   | (1) | 44<br>7%     | 21<br>8%     | 22<br>7%     | 12<br>5%     | 12<br>7%     | 20<br>11%    | 6<br>4%      | 6<br>5%      | 8<br>9%      | 24<br>10%    | 2<br>3%      | -            | 3<br>5%      | 5<br>9%                 | 7<br>11%     | 2<br>4%      | 1<br>3%      | 6<br>11%     | 7<br>11%     | 5<br>6%      | 6<br>9%      |
| Don't know                           |     | 3<br>1%      | 2<br>1%      | 2<br>*       | -            | 2<br>1%      | 2<br>1%      | -            | 1<br>1%      | -            | 2<br>1%      | -            | -            | -            | 1<br>1%                 | -            | -            | -            | -            | -            | 2<br>3%      | -            |
| Mean                                 |     | 3.26         | 3.17         | 3.34         | 3.30         | 3.28         | 3.19         | 3.41         | 3.36         | 3.20         | 3.15         | 3.35         | 3.60         | 3.36         | 3.32                    | 3.09         | 3.28         | 3.15         | 3.17         | 3.20         | 3.27         | 3.28         |
| Standard deviation<br>Standard error |     | 0.91<br>0.04 | 0.93<br>0.06 | 0.89<br>0.05 | 0.86<br>0.05 | 0.90<br>0.06 | 0.98<br>0.09 | 0.79<br>0.06 | 0.86<br>0.09 | 0.91<br>0.10 | 0.98<br>0.06 | 0.81<br>0.10 | 0.57<br>0.13 | 0.89<br>0.13 | 0.95<br>0.13            | 1.00<br>0.13 | 0.92<br>0.15 | 0.87<br>0.15 | 0.95<br>0.11 | 1.03<br>0.13 | 0.86<br>0.10 | 0.90<br>0.13 |



#### Table 39

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-A chat over a meal

Base: All ever feeling lonely

|                                      |     |              | Q2. I miss having | g people around | Q4. Feel     | lonely              | Q8. It is diffice<br>other people<br>Ion | that you feel |
|--------------------------------------|-----|--------------|-------------------|-----------------|--------------|---------------------|--|---------------|
|                                      |     | Total        | Can relate        | Can't relate    | Often        | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base                      |     | 598          | 368               | 223             | 159          | 439                 | 387                                      | 191           |
| Weighted base                        |     | 602          | 373               | 220             | 166          | 436                 | 388                                      | 192           |
| NET: Helpful                         |     | 497<br>83%   | 312<br>84%        | 178<br>81%      | 128<br>77%   | 369<br>85%          | 317<br>82%                               | 162<br>85%    |
| NET: Not helpful                     |     | 102<br>17%   | 59<br>16%         | 40<br>18%       | 38<br>23%    | 64<br>15%           | 68<br>18%                                | 30<br>15%     |
| Very helpful                         | (4) | 303<br>50%   | 183<br>49%        | 117<br>53%      | 71<br>43%    | 232<br>53%          | 188<br>49%                               | 105<br>55%    |
| Fairly helpful                       | (3) | 195<br>32%   | 128<br>34%        | 61<br>28%       | 57<br>35%    | 137<br>31%          | 128<br>33%                               | 57<br>30%     |
| Not very helpful                     | (2) | 58<br>10%    | 36<br>10%         | 20<br>9%        | 18<br>11%    | 40<br>9%            | 37<br>10%                                | 21<br>11%     |
| Not at all helpful                   | (1) | 44<br>7%     | 23<br>6%          | 19<br>9%        | 19<br>12%    | 24<br>6%            | 31<br>8%                                 | 9<br>5%       |
| Don't know                           |     | 3<br>1%      | 2<br>*            | 2<br>1%         | -            | 3<br>1%             | 2<br>1%                                  | -             |
| Mean                                 |     | 3.26         | 3.27              | 3.27            | 3.08         | 3.33                | 3.23                                     | 3.35          |
| Standard deviation<br>Standard error |     | 0.91<br>0.04 | 0.88<br>0.05      | 0.96<br>0.06    | 1.00<br>0.08 | 0.86<br>0.04        | 0.93<br>0.05                             | 0.85<br>0.06  |

Absolutes/col percents



Table 40

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Shopping

Base: All ever feeling lonely

|                                      |     |              | Ger          | nder         |              | Age          |              | Class        |              |              |              |              |              |              |                                  |              | Region       |              |              |              |              |              |
|--------------------------------------|-----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |     |              |              |              |              |              |              |              |              |              |              | Scot-        | North        | North        | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      |     | Total        | Male         | Female       | 55-64        | 65-74        | 75+          | AB           | _C1_         | _C2_         | DE           | land         | _East_       | West         | side                             | lands        | lands        | Wales        | ern          | London       | East         | West         |
| Unweighted base                      |     | 598          | 253          | 345          | 262          | 213          | 123          | 158          | 104          | 91           | 245          | 68           | 20           | 49           | 55                               | 63           | 39           | 34           | 73           | 66           | 82           | 49           |
| Weighted base                        |     | 602          | 263          | 339          | 255          | 169          | 179          | 155          | 105          | 92           | 249          | 58           | 24           | 53           | 54                               | 60           | 44           | 30           | 61           | 64           | 88           | 65           |
| NET: Helpful                         |     | 352<br>58%   | 129<br>49%   | 223<br>66%   | 140<br>55%   | 94<br>56%    | 118<br>66%   | 77<br>50%    | 58<br>55%    | 53<br>57%    | 164<br>66%   | 37<br>63%    | 16<br>65%    | 32<br>61%    | 29<br>53%                        | 35<br>59%    | 27<br>61%    | 17<br>57%    | 34<br>56%    | 37<br>58%    | 51<br>57%    | 37<br>56%    |
| NET: Not helpful                     |     | 230<br>38%   | 125<br>48%   | 105<br>31%   | 112<br>44%   | 72<br>43%    | 46<br>26%    | 71<br>46%    | 46<br>44%    | 37<br>40%    | 76<br>31%    | 21<br>37%    | 7<br>30%     | 16<br>30%    | 22<br>40%                        | 24<br>41%    | 15<br>35%    | 13<br>43%    | 26<br>44%    | 27<br>42%    | 31<br>35%    | 27<br>41%    |
| Very helpful                         | (4) | 172<br>29%   | 57<br>22%    | 115<br>34%   | 64<br>25%    | 48<br>28%    | 61<br>34%    | 27<br>18%    | 29<br>28%    | 24<br>26%    | 92<br>37%    | 18<br>30%    | 8<br>31%     | 19<br>35%    | 16<br>29%                        | 19<br>32%    | 12<br>26%    | 7<br>24%     | 14<br>24%    | 18<br>28%    | 23<br>26%    | 20<br>30%    |
| Fairly helpful                       | (3) | 180<br>30%   | 71<br>27%    | 108<br>32%   | 76<br>30%    | 47<br>28%    | 57<br>32%    | 50<br>32%    | 29<br>28%    | 29<br>32%    | 72<br>29%    | 19<br>33%    | 8<br>34%     | 13<br>25%    | 13<br>24%                        | 16<br>27%    | 15<br>35%    | 10<br>33%    | 20<br>33%    | 19<br>30%    | 28<br>32%    | 17<br>26%    |
| Not very helpful                     | (2) | 145<br>24%   | 80<br>30%    | 65<br>19%    | 71<br>28%    | 46<br>27%    | 28<br>16%    | 41<br>26%    | 29<br>27%    | 25<br>27%    | 51<br>20%    | 16<br>27%    | 6<br>24%     | 8<br>14%     | 14<br>26%                        | 8<br>13%     | 9<br>21%     | 6<br>21%     | 19<br>31%    | 20<br>31%    | 25<br>28%    | 15<br>23%    |
| Not at all helpful                   | (1) | 85<br>14%    | 45<br>17%    | 40<br>12%    | 41<br>16%    | 26<br>15%    | 18<br>10%    | 31<br>20%    | 17<br>16%    | 12<br>13%    | 25<br>10%    | 6<br>10%     | 2<br>7%      | 8<br>15%     | 7<br>14%                         | 17<br>28%    | 6<br>14%     | 7<br>22%     | 8<br>13%     | 7<br>11%     | 6<br>7%      | 12<br>18%    |
| Don't know                           |     | 20<br>3%     | 9<br>3%      | 11<br>3%     | 3<br>1%      | 2<br>1%      | 14<br>8%     | 7<br>4%      | 1<br>1%      | 3<br>3%      | 9<br>4%      | -            | 1<br>4%      | 5<br>10%     | 4<br>7%                          | -            | 2<br>4%      | -            | -            | -            | 6<br>7%      | 2<br>3%      |
| Mean                                 |     | 2.75         | 2.55         | 2.91         | 2.65         | 2.70         | 2.98         | 2.50         | 2.68         | 2.72         | 2.96         | 2.83         | 2.93         | 2.89         | 2.73                             | 2.63         | 2.77         | 2.60         | 2.67         | 2.76         | 2.82         | 2.70         |
| Standard deviation<br>Standard error |     | 1.03<br>0.04 | 1.03<br>0.07 | 1.01<br>0.06 | 1.03<br>0.06 | 1.05<br>0.07 | 1.00<br>0.09 | 1.02<br>0.08 | 1.06<br>0.10 | 1.00<br>0.11 | 1.01<br>0.07 | 0.98<br>0.12 | 0.94<br>0.22 | 1.11<br>0.17 | 1.06<br>0.15                     | 1.21<br>0.15 | 1.02<br>0.16 | 1.09<br>0.19 | 0.98<br>0.12 | 0.99<br>0.12 | 0.93<br>0.11 | 1.10<br>0.16 |



Absolutes/col percents

Absolutes/col percents

Page 41

Table 41

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Shopping

Base: All ever feeling lonely

|                                      |     |              | Q2. I miss havin | a people around | Q4. Feel     | lonely       | Q8. It is difficu<br>other people<br>Ion | that you feel |
|--------------------------------------|-----|--------------|------------------|-----------------|--------------|--------------|--|---------------|
|                                      |     | -<br>        |                  |                 |              | Not often/   |  |               |
|                                      |     | Total        | Can relate       | Can't relate    | Often        | Never        | Agree                                    | Disagree      |
| Unweighted base                      |     | 598          | 368              | 223             | 159          | 439          | 387                                      | 191           |
| Weighted base                        |     | 602          | 373              | 220             | 166          | 436          | 388                                      | 192           |
| NET: Helpful                         |     | 352<br>58%   | 243<br>65%       | 107<br>49%      | 109<br>66%   | 243<br>56%   | 244<br>63%                               | 99<br>52%     |
| NET: Not helpful                     |     | 230<br>38%   | 120<br>32%       | 105<br>48%      | 54<br>33%    | 176<br>40%   | 136<br>35%                               | 85<br>44%     |
| Very helpful                         | (4) | 172<br>29%   | 118<br>32%       | 54<br>25%       | 53<br>32%    | 120<br>27%   | 113<br>29%                               | 55<br>28%     |
| Fairly helpful                       | (3) | 180<br>30%   | 125<br>34%       | 53<br>24%       | 57<br>34%    | 123<br>28%   | 131<br>34%                               | 44<br>23%     |
| Not very helpful                     | (2) | 145<br>24%   | 77<br>21%        | 66<br>30%       | 35<br>21%    | 110<br>25%   | 86<br>22%                                | 55<br>29%     |
| Not at all helpful                   | (1) | 85<br>14%    | 43<br>12%        | 38<br>18%       | 19<br>11%    | 66<br>15%    | 50<br>13%                                | 30<br>15%     |
| Don't know                           |     | 20<br>3%     | 10<br>3%         | 8<br>4%         | 2<br>1%      | 17<br>4%     | 7<br>2%                                  | 8<br>4%       |
| Mean                                 |     | 2.75         | 2.88             | 2.58            | 2.87         | 2.71         | 2.81                                     | 2.67          |
| Standard deviation<br>Standard error |     | 1.03<br>0.04 | 1.00<br>0.05     | 1.06<br>0.07    | 1.00<br>0.08 | 1.05<br>0.05 | 1.01<br>0.05                             | 1.07<br>0.08  |



Absolutes/col percents

Page 42

Table 42 Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Some form of employment Base: All ever feeling lonely

|                                      |     |              | Gei          | nder         |              | Age          | ge Class     |              |              |              |              |              |              |              | Region                           |              |              |              |              |              |              |              |
|--------------------------------------|-----|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                      |     |              |              |              |              |              |              |              |              |              |              | Scot-        | North        | North        | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |              | East-        |              | South        | South        |
|                                      |     | Total        | Male         | Female       | 55-64        | 65-74        |              | AB           | C1           | _C2_         | DE           | land         | East         | West         | side                             | lands        | lands        | Wales        | ern          | London       | East         | West         |
| Unweighted base                      |     | 598          | 253          | 345          | 262          | 213          | 123          | 158          | 104          | 91           | 245          | 68           | 20           | 49           | 55                               | 63           | 39           | 34           | 73           | 66           | 82           | 49           |
| Weighted base                        |     | 602          | 263          | 339          | 255          | 169          | 179          | 155          | 105          | 92           | 249          | 58           | 24           | 53           | 54                               | 60           | 44           | 30           | 61           | 64           | 88           | 65           |
| NET: Helpful                         |     | 312<br>52%   | 160<br>61%   | 152<br>45%   | 185<br>73%   | 73<br>43%    | 54<br>30%    | 101<br>65%   | 52<br>49%    | 54<br>59%    | 105<br>42%   | 30<br>51%    | 8<br>34%     | 26<br>49%    | 26<br>49%                        | 27<br>45%    | 26<br>59%    | 14<br>45%    | 36<br>60%    | 39<br>61%    | 45<br>51%    | 35<br>53%    |
| NET: Not helpful                     |     | 267<br>44%   | 93<br>35%    | 174<br>51%   | 67<br>26%    | 89<br>53%    | 111<br>62%   | 50<br>32%    | 51<br>49%    | 33<br>36%    | 133<br>53%   | 28<br>48%    | 16<br>66%    | 24<br>45%    | 26<br>49%                        | 28<br>47%    | 16<br>37%    | 17<br>55%    | 22<br>36%    | 23<br>36%    | 38<br>43%    | 29<br>44%    |
| Very helpful                         | (4) | 190<br>32%   | 94<br>36%    | 96<br>28%    | 114<br>45%   | 44<br>26%    | 32<br>18%    | 52<br>34%    | 31<br>30%    | 35<br>38%    | 72<br>29%    | 15<br>25%    | 5<br>20%     | 20<br>38%    | 14<br>26%                        | 16<br>27%    | 15<br>34%    | 8<br>28%     | 18<br>30%    | 26<br>41%    | 31<br>35%    | 21<br>33%    |
| Fairly helpful                       | (3) | 122<br>20%   | 65<br>25%    | 56<br>17%    | 71<br>28%    | 29<br>17%    | 22<br>12%    | 49<br>32%    | 20<br>19%    | 19<br>21%    | 33<br>13%    | 15<br>25%    | 3<br>14%     | 6<br>11%     | 12<br>22%                        | 11<br>18%    | 11<br>26%    | 5<br>17%     | 18<br>30%    | 13<br>20%    | 14<br>16%    | 13<br>21%    |
| Not very helpful                     | (2) | 113<br>19%   | 44<br>17%    | 69<br>20%    | 34<br>13%    | 37<br>22%    | 42<br>23%    | 28<br>18%    | 18<br>17%    | 9<br>10%     | 57<br>23%    | 14<br>24%    | 9<br>37%     | 8<br>15%     | 12<br>21%                        | 14<br>24%    | 8<br>18%     | 9<br>30%     | 7<br>12%     | 11<br>17%    | 15<br>17%    | 6<br>10%     |
| Not at all helpful                   | (1) | 154<br>26%   | 49<br>19%    | 105<br>31%   | 33<br>13%    | 52<br>31%    | 70<br>39%    | 21<br>14%    | 33<br>32%    | 24<br>26%    | 75<br>30%    | 14<br>25%    | 7<br>28%     | 16<br>30%    | 15<br>27%                        | 14<br>24%    | 8<br>18%     | 8<br>25%     | 15<br>24%    | 12<br>19%    | 23<br>26%    | 22<br>34%    |
| Don't know                           |     | 23<br>4%     | 10<br>4%     | 13<br>4%     | 3<br>1%      | 7<br>4%      | 13<br>8%     | 5<br>3%      | 2<br>2%      | 5<br>5%      | 11<br>5%     | 1<br>1%      | -            | 3<br>6%      | 1<br>3%                          | 5<br>8%      | 2<br>4%      | -            | 2<br>4%      | 2<br>3%      | 5<br>6%      | 2<br>3%      |
| Mean                                 |     | 2.60         | 2.81         | 2.44         | 3.06         | 2.40         | 2.10         | 2.87         | 2.48         | 2.74         | 2.43         | 2.52         | 2.26         | 2.60         | 2.49                             | 2.52         | 2.78         | 2.47         | 2.68         | 2.85         | 2.64         | 2.53         |
| Standard deviation<br>Standard error |     | 1.20<br>0.05 | 1.14<br>0.07 | 1.22<br>0.07 | 1.05<br>0.07 | 1.20<br>0.08 | 1.15<br>0.11 | 1.05<br>0.08 | 1.23<br>0.12 | 1.25<br>0.13 | 1.22<br>0.08 | 1.13<br>0.14 | 1.10<br>0.25 | 1.31<br>0.19 | 1.17<br>0.16                     | 1.17<br>0.15 | 1.13<br>0.18 | 1.16<br>0.20 | 1.17<br>0.14 | 1.18<br>0.15 | 1.25<br>0.14 | 1.29<br>0.19 |



Absolutes/col percents

Page 43

#### Table 43

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Some form of employment Base: All ever feeling lonely

|                                      |     |              | Q2. I miss havin |              | Q4. Feel     | longhy              | Q8. It is difficu<br>other people<br>Ion | that you feel |
|--------------------------------------|-----|--------------|------------------|--------------|--------------|---------------------|--|---------------|
|                                      |     | Total        | Can relate       | Can't relate | Often        | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base                      |     | 598          | 368              | 223          | 159          | 439                 | 387                                      | 191           |
| Weighted base                        |     | 602          | 373              | 220          | 166          | 436                 | 388                                      | 192           |
| NET: Helpful                         |     | 312<br>52%   | 195<br>52%       | 117<br>53%   | 78<br>47%    | 233<br>54%          | 208<br>54%                               | 95<br>50%     |
| NET: Not helpful                     |     | 267<br>44%   | 167<br>45%       | 93<br>42%    | 83<br>50%    | 184<br>42%          | 171<br>44%                               | 88<br>46%     |
| Very helpful                         | (4) | 190<br>32%   | 118<br>32%       | 72<br>33%    | 50<br>30%    | 140<br>32%          | 129<br>33%                               | 54<br>28%     |
| Fairly helpful                       | (3) | 122<br>20%   | 77<br>21%        | 45<br>20%    | 28<br>17%    | 93<br>21%           | 78<br>20%                                | 41<br>22%     |
| Not very helpful                     | (2) | 113<br>19%   | 69<br>19%        | 44<br>20%    | 29<br>17%    | 84<br>19%           | 75<br>19%                                | 36<br>19%     |
| Not at all helpful                   | (1) | 154<br>26%   | 97<br>26%        | 49<br>22%    | 54<br>33%    | 100<br>23%          | 96<br>25%                                | 52<br>27%     |
| Don't know                           |     | 23<br>4%     | 12<br>3%         | 10<br>4%     | 5<br>3%      | 19<br>4%            | 9<br>2%                                  | 8<br>4%       |
| Mean                                 |     | 2.60         | 2.59             | 2.67         | 2.46         | 2.66                | 2.63                                     | 2.53          |
| Standard deviation<br>Standard error |     | 1.20<br>0.05 | 1.20<br>0.06     | 1.18<br>0.08 | 1.25<br>0.10 | 1.17<br>0.06        | 1.19<br>0.06                             | 1.19<br>0.09  |



Table 44

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Exercise

Base: All ever feeling lonely

|                        |          | Ger      | nder    |         | Age     |         |         | Cla     | SS      |         |       |        |         |                                  |              | Region       |       |         |         |         |         |
|------------------------|----------|----------|---------|---------|---------|---------|---------|---------|---------|---------|-------|--------|---------|----------------------------------|--------------|--------------|-------|---------|---------|---------|---------|
|                        |          |          |         |         |         |         |         |         |         |         | Scot- | North  | North   | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |       | East-   |         | South   | South   |
|                        | Total    | Male     | Female  | 55-64   | 65-74   | 75+     | AB      | C1      | _C2_    | DE      | land  | _East_ | West    | side                             | lands        | lands        | Wales | ern_    | London  | East    | West    |
| Unweighted base        | 598      | 253      | 345     | 262     | 213     | 123     | 158     | 104     | 91      | 245     | 68    | 20     | 49      | 55                               | 63           | 39           | 34    | 73      | 66      | 82      | 49      |
| Weighted base          | 602      | 263      | 339     | 255     | 169     | 179     | 155     | 105     | 92      | 249     | 58    | 24     | 53      | 54                               | 60           | 44           | 30    | 61      | 64      | 88      | 65      |
| NET: Helpful           | 407      | 175      | 232     | 179     | 115     | 113     | 118     | 78      | 54      | 156     | 36    | 18     | 37      | 34                               | 43           | 30           | 21    | 43      | 48      | 50      | 46      |
|                        | 68%      | 66%      | 69%     | 70%     | 68%     | 63%     | 76%     | 74%     | 59%     | 63%     | 63%   | 76%    | 69%     | 63%                              | 73%          | 69%          | 69%   | 71%     | 75%     | 56%     | 71%     |
| NET: Not helpful       | 177      | 76       | 101     | 71      | 48      | 57      | 34      | 26      | 33      | 84      | 22    | 6      | 15      | 18                               | 16           | 12           | 9     | 17      | 13      | 30      | 18      |
|                        | 29%      | 29%      | 30%     | 28%     | 29%     | 32%     | 22%     | 25%     | 36%     | 34%     | 37%   | 24%    | 27%     | 34%                              | 27%          | 27%          | 31%   | 28%     | 21%     | 34%     | 27%     |
| Very helpful (4)       | 229      | 90       | 139     | 94      | 64      | 71      | 57      | 49      | 30      | 93      | 22    | 11     | 19      | 20                               | 26           | 19           | 10    | 24      | 24      | 28      | 26      |
|                        | 38%      | 34%      | 41%     | 37%     | 38%     | 40%     | 37%     | 47%     | 33%     | 37%     | 37%   | 46%    | 37%     | 37%                              | 44%          | 42%          | 32%   | 40%     | 38%     | 31%     | 40%     |
| Fairly helpful (3)     | 178      | 84       | 93      | 85      | 51      | 42      | 61      | 29      | 24      | 63      | 15    | 7      | 17      | 14                               | 17           | 12           | 11    | 19      | 24      | 22      | 20      |
|                        | 30%      | 32%      | 28%     | 33%     | 30%     | 24%     | 40%     | 28%     | 26%     | 25%     | 25%   | 29%    | 32%     | 26%                              | 29%          | 27%          | 37%   | 31%     | 37%     | 25%     | 31%     |
| Not very helpful (2)   | 93       | 47       | 46      | 46      | 23      | 24      | 20      | 17      | 16      | 40      | 15    | 4      | 5       | 8                                | 8            | 8            | 4     | 6       | 7       | 16      | 11      |
|                        | 15%      | 18%      | 14%     | 18%     | 14%     | 13%     | 13%     | 16%     | 18%     | 16%     | 26%   | 17%    | 10%     | 15%                              | 14%          | 19%          | 14%   | 10%     | 11%     | 18%     | 17%     |
| Not at all helpful (1) | 84       | 29       | 55      | 25      | 25      | 34      | 14      | 9       | 17      | 44      | 7     | 2      | 9       | 10                               | 8            | 4            | 5     | 11      | 6       | 15      | 7       |
|                        | 14%      | 11%      | 16%     | 10%     | 15%     | 19%     | 9%      | 9%      | 18%     | 18%     | 12%   | 7%     | 17%     | 19%                              | 14%          | 8%           | 17%   | 18%     | 10%     | 17%     | 11%     |
| Don't know             | 18<br>3% | 12<br>5% | 5<br>2% | 5<br>2% | 5<br>3% | 8<br>4% | 3<br>2% | 1<br>1% | 5<br>5% | 9<br>4% | -     | -      | 2<br>4% | 2<br>3%                          | -            | 2<br>4%      | -     | 1<br>1% | 2<br>4% | 8<br>9% | 1<br>2% |
| Mean                   | 2.95     | 2.94     | 2.95    | 2.99    | 2.94    | 2.88    | 3.06    | 3.13    | 2.77    | 2.86    | 2.88  | 3.16   | 2.92    | 2.83                             | 3.03         | 3.07         | 2.85  | 2.94    | 3.07    | 2.78    | 3.02    |
|                        | 1.06     | 1.01     | 1.10    | 0.98    | 1.08    | 1.16    | 0.94    | 0.99    | 1.13    | 1.13    | 1.05  | 0.96   | 1.10    | 1.15                             | 1.07         | 1.00         | 1.07  | 1.12    | 0.97    | 1.12    | 1.02    |
|                        | 0.04     | 0.06     | 0.06    | 0.06    | 0.07    | 0.11    | 0.08    | 0.10    | 0.12    | 0.07    | 0.13  | 0.21   | 0.16    | 0.16                             | 0.13         | 0.16         | 0.18  | 0.13    | 0.12    | 0.13    | 0.15    |

Absolutes/col percents

#### Table 45

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Exercise

Base: All ever feeling lonely

|                                      |     |              | Q2   miss havin  | g people around | Q4. Feel     | lonely       | Q8. It is diffice<br>other people<br>Ion | that you feel |
|--------------------------------------|-----|--------------|------------------|-----------------|--------------|--------------|--|---------------|
|                                      |     | _            | Q2. 111100 Havin | g people around | Q4.100       | Not often/   |  |               |
|                                      |     | Total        | Can relate       | Can't relate    | Often        | Never        | Agree                                    | Disagree      |
| Unweighted base                      |     | 598          | 368              | 223             | 159          | 439          | 387                                      | 191           |
| Weighted base                        |     | 602          | 373              | 220             | 166          | 436          | 388                                      | 192           |
| NET: Helpful                         |     | 407<br>68%   | 260<br>70%       | 143<br>65%      | 102<br>61%   | 305<br>70%   | 265<br>68%                               | 131<br>68%    |
| NET: Not helpful                     |     | 177<br>29%   | 105<br>28%       | 68<br>31%       | 58<br>35%    | 119<br>27%   | 117<br>30%                               | 57<br>30%     |
| Very helpful                         | (4) | 229<br>38%   | 138<br>37%       | 90<br>41%       | 55<br>33%    | 174<br>40%   | 145<br>37%                               | 78<br>41%     |
| Fairly helpful                       | (3) | 178<br>30%   | 122<br>33%       | 53<br>24%       | 46<br>28%    | 131<br>30%   | 120<br>31%                               | 53<br>27%     |
| Not very helpful                     | (2) | 93<br>15%    | 52<br>14%        | 40<br>18%       | 23<br>14%    | 71<br>16%    | 57<br>15%                                | 34<br>18%     |
| Not at all helpful                   | (1) | 84<br>14%    | 53<br>14%        | 28<br>13%       | 36<br>22%    | 48<br>11%    | 59<br>15%                                | 22<br>12%     |
| Don't know                           |     | 18<br>3%     | 8<br>2%          | 8<br>4%         | 6<br>3%      | 12<br>3%     | 6<br>2%                                  | 4<br>2%       |
| Mean                                 |     | 2.95         | 2.94             | 2.97            | 2.76         | 3.02         | 2.92                                     | 2.99          |
| Standard deviation<br>Standard error |     | 1.06<br>0.04 | 1.05<br>0.06     | 1.07<br>0.07    | 1.15<br>0.09 | 1.02<br>0.05 | 1.07<br>0.05                             | 1.04<br>0.08  |



Table 46

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Volunteering Base: All ever feeling lonely

|  | Gender                    | Age                         | Class                            | Region  |
|--|---------------------------|-----------------------------|----------------------------------|---|
|  |                           |                             |                                  | York-<br>shire<br>& Hum- West East<br>Scot- North North ber- Mid- Mid- East- South South  |
| <u></u>                                | <u>otal Male Femal</u>    | <u>e 55-64 65-74 75+</u>    | ABC1C2DE                         | Scot-         North         ber-         Mid-         East-         South         South           land         East         West         side         lands         lands         Wales         ern         London         East         West  |
| Unweighted base 59                     | 98 253 345                | 262 213 123                 | 158 104 91 245                   | 68 20 49 55 63 39 34 73 66 82 49  |
| Weighted base 60                       | 02 263 339                | 255 169 179                 | 155 105 92 249                   | 58 24 53 54 60 44 30 61 64 88 65  |
| NET: Helpful 34<br>5                   | 40 133 207<br>56% 51% 61  | 157 105 78<br>% 62% 62% 44% | 104 58 43 135<br>67% 55% 47% 54% | 31 14 33 30 32 24 16 30 34 60 36<br>54% 58% 63% 55% 54% 54% 53% 49% 53% 68% 55%   |
| NET: Not helpful 23<br>3               | 36 117 119<br>39% 44% 35' | 88 58 90<br>% 35% 35% 50%   | 45 46 44 101<br>29% 43% 48% 41%  | 24 9 19 21 25 19 14 29 26 22 26<br>41% 38% 36% 39% 43% 44% 47% 48% 42% 25% 40%  |
| Very helpful (4) 19<br>3               | 97 70 127<br>33% 27% 37   | 88 59 49<br>% 35% 35% 28%   | 62 31 25 79<br>40% 29% 27% 32%   | 18 6 23 16 19 12 9 15 18 35 28<br>31% 24% 43% 29% 33% 27% 28% 24% 28% 39% 42%   |
|  | 43 63 80<br>24% 24% 24    | 68 45 29<br>% 27% 27% 16%   | 43 27 18 55<br>27% 26% 20% 22%   | 13 8 10 14 13 12 8 15 16 25 8<br>23% 33% 20% 26% 21% 27% 25% 25% 25% 28% 12%  |
|  | 35 79 56<br>22% 30% 16    |                             | 31 24 18 62<br>20% 22% 19% 25%   | 15 7 10 9 16 16 8 11 15 11 15<br>26% 27% 19% 17% 28% 37% 26% 18% 24% 13% 23%  |
|  | 02 38 64<br>17% 14% 19    |                             | 14 22 27 39<br>9% 21% 29% 16%    | 8   |
|  | 26 13 13<br>4% 5% 4       |                             | 6 2 5 13<br>4% 2% 5% 5%          | 3 1 1 3 2 1 - 2 3 6 3<br>5% 4% 2% 6% 3% 2% - 3% 5% 7% 5%  |
| Mean 2.7                               | 76 2.66 2.83              | 2.86 2.85 2.51              | 3.02 2.64 2.47 2.74              | 2.74 2.74 2.90 2.66 2.74 2.75 2.60 2.45 2.67 3.02 2.84  |
| Standard deviation1.1Standard error0.0 |                           | 1.071.081.160.070.080.11    | 1.001.131.201.100.080.110.130.07 | 1.08         0.99         1.15         1.15         1.09         0.95         1.12         1.18         1.10         1.05         1.18           0.14         0.23         0.17         0.16         0.14         0.15         0.19         0.14         0.14         0.12         0.17 |

Absolutes/col percents

Absolutes/col percents

#### Table 47

Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ...

-Volunteering Base: All ever feeling lonely

|                                      |     |              | Q2. I miss having | g people around | Q4. Feel     | lonely              | Q8. It is difficu<br>other people<br>Ion | that you feel |
|--------------------------------------|-----|--------------|-------------------|-----------------|--------------|---------------------|--|---------------|
|                                      |     | Total        | Can relate        | Can't relate    | Often        | Not often/<br>Never | Agree                                    | Disagree      |
| Unweighted base                      |     | 598          | 368               | 223             | 159          | 439                 | 387                                      | 191           |
| Weighted base                        |     | 602          | 373               | 220             | 166          | 436                 | 388                                      | 192           |
| NET: Helpful                         |     | 340<br>56%   | 216<br>58%        | 121<br>55%      | 86<br>52%    | 254<br>58%          | 220<br>57%                               | 107<br>56%    |
| NET: Not helpful                     |     | 236<br>39%   | 139<br>37%        | 92<br>42%       | 73<br>44%    | 164<br>37%          | 153<br>40%                               | 77<br>40%     |
| Very helpful                         | (4) | 197<br>33%   | 120<br>32%        | 74<br>34%       | 44<br>27%    | 153<br>35%          | 128<br>33%                               | 62<br>32%     |
| Fairly helpful                       | (3) | 143<br>24%   | 95<br>26%         | 48<br>22%       | 42<br>25%    | 101<br>23%          | 92<br>24%                                | 45<br>23%     |
| Not very helpful                     | (2) | 135<br>22%   | 77<br>21%         | 56<br>25%       | 34<br>21%    | 100<br>23%          | 82<br>21%                                | 49<br>25%     |
| Not at all helpful                   | (1) | 102<br>17%   | 62<br>17%         | 37<br>17%       | 38<br>23%    | 63<br>14%           | 71<br>18%                                | 28<br>15%     |
| Don't know                           |     | 26<br>4%     | 18<br>5%          | 6<br>3%         | 7<br>4%      | 19<br>4%            | 14<br>4%                                 | 8<br>4%       |
| Mean                                 |     | 2.76         | 2.77              | 2.74            | 2.58         | 2.82                | 2.74                                     | 2.77          |
| Standard deviation<br>Standard error |     | 1.11<br>0.05 | 1.10<br>0.06      | 1.11<br>0.08    | 1.14<br>0.09 | 1.09<br>0.05        | 1.12<br>0.06                             | 1.08<br>0.08  |



Absolutes/col percents

Page 48

Table 48 Q8. Do you agree or disagree with each of the following statements ... -Summary Base: All respondents

|                 | It is difficult<br>to admit to<br>other people<br>that you feel<br>lonely | Q8. Summary<br>It is often<br>difficult for<br>older people to<br>say they feel<br>lonely because<br>they don't want<br>to be a burden | I think that<br>there is enough<br>support<br>available to<br>people who feel<br>lonely |
|-----------------|---|--|---|
| Unweighted base | 1126  | 1126   | 1126  |
| Weighted base   | 1126  | 1126   | 1126  |
| Agree           | 619   | 941  | 356   |
|                 | 55%   | 84%  | 32%   |
| Disagree        | 441   | 141  | 641   |
|                 | 39%   | 13%  | 57%   |
| Don't know      | 66  | 44   | 129   |
|                 | 6%  | 4%   | 11%   |



Table 49Q8. Do you agree or disagree with each of the following statements ...-It is difficult to admit to other people that you feel lonely

Base: All respondents

Prepared by ComRes

|                 |            | Gei        | nder       |            | Age        |            |            | Cla        | ss        |            | Region    |           |           |                                  |              |              |           |           |           |           |           |
|-----------------|------------|------------|------------|------------|------------|------------|------------|------------|-----------|------------|-----------|-----------|-----------|----------------------------------|--------------|--------------|-----------|-----------|-----------|-----------|-----------|
|                 |            |            |            |            |            |            |            |            |           |            | Scot-     | North     | North     | York-<br>shire<br>& Hum-<br>ber- | West<br>Mid- | East<br>Mid- |           | East-     |           | South     | South     |
|                 | Total      | Male       | Female     | 55-64      | 65-74      | 75+        | AB         | C1         | C2        | DE         | land      | East      | West      | side                             | lands        | lands        | Wales     | _ern      | London    | East      | West      |
| Unweighted base | 1126       | 510        | 616        | 479        | 431        | 216        | 332        | 190        | 165       | 439        | 118       | 42        | 119       | 101                              | 109          | 78           | 68        | 136       | 111       | 157       | 87        |
| Weighted base   | 1126       | 522        | 604        | 468        | 346        | 312        | 327        | 191        | 165       | 444        | 101       | 51        | 131       | 98                               | 104          | 87           | 62        | 113       | 106       | 164       | 112       |
| Agree           | 619<br>55% | 288<br>55% | 331<br>55% | 274<br>59% | 185<br>53% | 160<br>51% | 174<br>53% | 103<br>54% | 88<br>54% | 253<br>57% | 64<br>63% | 29<br>57% | 62<br>48% | 51<br>52%                        | 51<br>49%    | 52<br>60%    | 36<br>59% | 56<br>50% | 63<br>59% | 95<br>58% | 60<br>53% |
| Disagree        | 441<br>39% | 196<br>37% | 245<br>41% | 180<br>38% | 134<br>39% | 127<br>41% | 134<br>41% | 79<br>41%  | 67<br>41% | 161<br>36% | 37<br>37% | 22<br>43% | 59<br>45% | 40<br>41%                        | 46<br>44%    | 28<br>33%    | 21<br>34% | 46<br>41% | 34<br>32% | 62<br>38% | 46<br>41% |
| Don't know      | 66<br>6%   | 39<br>7%   | 27<br>5%   | 14<br>3%   | 27<br>8%   | 25<br>8%   | 19<br>6%   | 9<br>5%    | 9<br>6%   | 29<br>7%   | -         | -         | 10<br>7%  | 7<br>7%                          | 7<br>7%      | 6<br>7%      | 4<br>7%   | 11<br>9%  | 9<br>9%   | 6<br>4%   | 6<br>6%   |



Page 49

Absolutes/col percents

Page 50

Table 50Q8. Do you agree or disagree with each of the following statements ...It is difficult to admit to other people that you feel lonely

Base: All respondents

|                 |            | Q2. I miss havin | g people around | Q4. Feel   | lonely              | Q8. It is difficult to admit to<br>other people that you feel<br>lonely |             |  |  |  |
|-----------------|------------|------------------|-----------------|------------|---------------------|---|-------------|--|--|--|
|                 |            | Can relate       | Can't relate    | Often      | Not often/<br>Never | Agree   | Disagree    |  |  |  |
| Unweighted base | 1126       | 537              | 571             | 159        | 967                 | 622   | 439         |  |  |  |
| Weighted base   | 1126       | 551              | 555             | 166        | 960                 | 619   | 441         |  |  |  |
| Agree           | 619<br>55% | 340<br>62%       | 270<br>49%      | 139<br>84% | 479<br>50%          | 619<br>100%   | -           |  |  |  |
| Disagree        | 441<br>39% | 186<br>34%       | 248<br>45%      | 23<br>14%  | 418<br>43%          | -   | 441<br>100% |  |  |  |
| Don't know      | 66<br>6%   | 24<br>4%         | 38<br>7%        | 3<br>2%    | 63<br>7%            | -   | -           |  |  |  |



Table 51

Q8. Do you agree or disagree with each of the following statements ...

-It is often difficult for older people to say they feel lonely because they don't want to be a burden Base: All respondents

Class Region Gender Age \_ \_ Yorkshire West & Hum-East Scot- North North ber-Mid-Mid-East-South South Total Male Female 55-64 65-74 75+ AB C1 C2 DE land West West East side lands lands Wales ern London East Unweighted base 1126 510 616 479 431 216 332 190 165 439 118 42 119 101 109 78 68 136 111 157 87 Weighted base 1126 522 604 468 346 312 327 191 165 444 101 51 131 98 104 87 62 113 106 164 112 Agree 941 413 529 399 293 249 277 158 140 367 89 48 107 85 92 70 47 95 85 137 87 84% 79% 88% 85% 85% 80% 85% 83% 85% 83% 88% 94% 82% 87% 89% 81% 76% 84% 81% 83% 78% Disagree 141 83 58 55 39 47 31 26 18 67 7 3 21 10 10 11 13 13 14 25 13 13% 16% 10% 12% 11% 15% 9% 13% 11% 15% 7% 6% 16% 10% 10% 12% 22% 12% 14% 15% 12% 2 Don't know 44 27 17 14 13 16 19 7 7 10 5 3 3 2 5 5 6 2 11 4% 5% 4% 2% 2% 6% 3% 5% 6% 10% 3% 3% 4% 5% 6% 4% 5% 3% 3% 1% -

Absolutes/col percents



Prepared by ComRes

Table 52 Q8. Do you agree or disagree with each of the following statements ... -It is often difficult for older people to say they feel lonely because they don't want to be a burden Base: All respondents

|                 |            | Q2. I miss havin | g people around | Q4. Feel   | lonely              | Q8. It is difficult to admit to<br>other people that you feel<br>lonely |            |  |  |  |
|-----------------|------------|------------------|-----------------|------------|---------------------|---|------------|--|--|--|
|                 |            | Can relate       | Can't relate    | Often      | Not often/<br>Never | Agree   | Disagree   |  |  |  |
| Unweighted base | 1126       | 537              | 571             | 159        | 967                 | 622   | 439        |  |  |  |
| Weighted base   | 1126       | 551              | 555             | 166        | 960                 | 619   | 441        |  |  |  |
| Agree           | 941<br>84% | 471<br>85%       | 458<br>83%      | 152<br>92% | 790<br>82%          | 574<br>93%  | 328<br>74% |  |  |  |
| Disagree        | 141<br>13% | 66<br>12%        | 71<br>13%       | 13<br>8%   | 128<br>13%          | 34<br>5%  | 99<br>22%  |  |  |  |
| Don't know      | 44<br>4%   | 14<br>3%         | 26<br>5%        | 1<br>1%    | 43<br>4%            | 11<br>2%  | 14<br>3%   |  |  |  |

Absolutes/col percents



Prepared by ComRes

 Table 53

 Q8. Do you agree or disagree with each of the following statements ...

 -I think that there is enough support available to people who feel lonely

Base: All respondents

|                 |            | Gei        | nder       |            | Age        |            |            | Cla        | SS        |            |               |               |               |                          |               | Region        |           |              |           |               |               |
|-----------------|------------|------------|------------|------------|------------|------------|------------|------------|-----------|------------|---------------|---------------|---------------|--------------------------|---------------|---------------|-----------|--------------|-----------|---------------|---------------|
|                 |            |            |            |            |            |            |            |            |           |            |               |               |               | York-<br>shire<br>& Hum- | West          | East          |           |              |           |               |               |
|                 | Total      | Male       | Female     | 55-64      | 65-74      | 75+        | AB         | C1         | C2        | DE_        | Scot-<br>land | North<br>East | North<br>West | ber-<br>side             | Mid-<br>lands | Mid-<br>lands | Wales     | East-<br>ern | London    | South<br>East | South<br>West |
| Unweighted base | 1126       | 510        | 616        | 479        | 431        | 216        | 332        | 190        | 165       | 439        | 118           | 42            | 119           | 101                      | 109           | 78            | 68        | 136          | 111       | 157           | 87            |
| Weighted base   | 1126       | 522        | 604        | 468        | 346        | 312        | 327        | 191        | 165       | 444        | 101           | 51            | 131           | 98                       | 104           | 87            | 62        | 113          | 106       | 164           | 112           |
| Agree           | 356<br>32% | 186<br>36% | 170<br>28% | 144<br>31% | 86<br>25%  | 126<br>40% | 88<br>27%  | 56<br>29%  | 48<br>29% | 164<br>37% | 30<br>30%     | 15<br>30%     | 46<br>35%     | 32<br>33%                | 29<br>28%     | 32<br>37%     | 21<br>35% | 32<br>28%    | 29<br>28% | 55<br>33%     | 35<br>31%     |
| Disagree        | 641<br>57% | 266<br>51% | 375<br>62% | 289<br>62% | 207<br>60% | 145<br>46% | 205<br>63% | 111<br>58% | 95<br>58% | 229<br>52% | 58<br>57%     | 33<br>66%     | 69<br>53%     | 45<br>46%                | 64<br>62%     | 48<br>55%     | 35<br>56% | 66<br>58%    | 64<br>61% | 92<br>56%     | 67<br>60%     |
| Don't know      | 129<br>11% | 71<br>14%  | 58<br>10%  | 36<br>8%   | 52<br>15%  | 41<br>13%  | 33<br>10%  | 24<br>12%  | 22<br>14% | 50<br>11%  | 13<br>13%     | 2<br>4%       | 16<br>12%     | 20<br>21%                | 10<br>10%     | 7<br>8%       | 6<br>9%   | 16<br>14%    | 12<br>12% | 17<br>10%     | 10<br>9%      |

Prepared by ComRes



Page 53

Absolutes/col percents

Page 54

 Table 54

 Q8. Do you agree or disagree with each of the following statements ...

 -I think that there is enough support available to people who feel lonely

Base: All respondents

|                 |            | Q2. I miss having | people around | Q4. Feel   | lonely              | Q8. It is difficult to admit to<br>other people that you feel<br>lonely |            |  |  |  |
|-----------------|------------|-------------------|---------------|------------|---------------------|---|------------|--|--|--|
|                 | Total      | Can relate        | Can't relate  | Often      | Not often/<br>Never | Agree   | Disagree   |  |  |  |
| Unweighted base | 1126       | 537               | 571           | 159        | 967                 | 622   | 439        |  |  |  |
| Weighted base   | 1126       | 551               | 555           | 166        | 960                 | 619   | 441        |  |  |  |
| Agree           | 356<br>32% | 182<br>33%        | 169<br>30%    | 51<br>31%  | 305<br>32%          | 189<br>31%  | 154<br>35% |  |  |  |
| Disagree        | 641<br>57% | 317<br>57%        | 313<br>56%    | 105<br>64% | 535<br>56%          | 378<br>61%  | 232<br>53% |  |  |  |
| Don't know      | 129<br>11% | 53<br>10%         | 74<br>13%     | 9<br>6%    | 120<br>12%          | 51<br>8%  | 54<br>12%  |  |  |  |

