## ComRes

## The Silver Line - Loneliness Survey

## METHODOLOGY NOTE

ComRes interviewed 1,126 British adults aged $55+$ by telephone between the $11^{\text {th }}$ and $27^{\text {th }}$ October 2013. Data were weighted to be representative of all GB adults aged $55+$ by age, gender and region. ComRes is a member of the British Polling Council and abides by its rules.

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## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 1
Q1. How often do you do the following with a member of your family or with a friend?
-Summary
Base: All respondents

|  |  | Q1. Summary |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | A chat on the phone | Have a meal | Meet up for an outing, for example, a walk in the park or a trip to the shops |
| Unweighted base |  | 1126 | 1126 | 1126 |
| Weighted base |  | 1126 | 1126 | 1126 |
| NET: Often |  | $\begin{aligned} & 838 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 707 \\ & 63 \% \end{aligned}$ | $\begin{gathered} 738 \\ 66 \% \end{gathered}$ |
| NET: Not often/ Never |  | $\begin{gathered} 286 \\ 25 \% \end{gathered}$ | $\begin{aligned} & 418 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 386 \\ 34 \% \end{gathered}$ |
| Very often | (3) | $\begin{gathered} 419 \\ 37 \% \end{gathered}$ | $\begin{gathered} 252 \\ 22 \% \end{gathered}$ | $\begin{gathered} 324 \\ 29 \% \end{gathered}$ |
| Quite often | (2) | $\begin{gathered} 419 \\ 37 \% \end{gathered}$ | $\begin{gathered} 455 \\ 40 \% \end{gathered}$ | $\begin{gathered} 414 \\ 37 \% \end{gathered}$ |
| Not very often | (1) | $\begin{aligned} & 247 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 356 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 276 \\ & 24 \% \end{aligned}$ |
| Never | (0) | ${ }^{39} 3 \%$ | $\begin{gathered} 62 \\ 5 \% \end{gathered}$ | $\begin{gathered} 110 \\ 10 \% \end{gathered}$ |
| Don't know |  | ${ }_{*}$ | ${ }_{\star}$ | ${ }_{*}$ |
| Mean |  | 2.08 | 1.80 | 1.85 |
| Standard deviation |  | 0.85 | 0.85 | 0.95 |
| Standard error |  | 0.03 | 0.03 | 0.03 |

## Loneliness Survey

## CATI Fieldwork : 11th - 27th October 2013

Table 2
Q1. How often do you do the following with a member of your family or with a friend?
-A chat on the phone
Base: All respondents
$\qquad$ Region
$\qquad$
$\qquad$
York-
shire
\& Hum- West East


Unweighted base
Weighted base
NET: Often
NET: Not often/ Never
Very often
Quite often
Not very often
Never
Don't know
Mean
Standard deviation Standard error

$$
\begin{array}{lllllllll}
\hline 616 & 479 & 431 & 216 & 332 & 190 & 165 & 439 & 118
\end{array}
$$

$$
\begin{array}{lllllllllll}
1126 & 522 & 604 & 468 & 346 & 312 & 327 & 191 & 165 & 444 & 101
\end{array}
$$

$$
\begin{array}{ccccccccccccc}
1126 & 522 & 604 & 468 & 346 & 312 & 327 & 191 & 165 & 444 & 101 & 51 & 131 \\
838 & 349 & 489 & 341 & 252 & 245 & 242 & 144 & 119 & 334 & 74 & 40 & 100 \\
74 \% & 67 \% & 81 \% & 73 \% & 73 \% & 79 \% & 74 \% & 75 \% & 72 \% & 75 \% & 73 \% & 80 \% & 77 \%
\end{array}
$$

$$
\begin{array}{ccccccccccc}
286 & 172 & 114 & 127 & 92 & 67 & 84 & 46 & 46 & 110 & 27 \\
25 \% & 33 \% & 19 \% & 27 \% & 27 \% & 21 \% & 26 \% & 24 \% & 28 \% & 25 \% & 27 \%
\end{array}
$$

$$
\begin{array}{llccccccccccccccccclll}
\text { (3) } & 419 & 146 & 273 & 171 & 124 & 124 & 128 & 75 & 52 & 164 & 39 & 26 & 47 & 32 & 33 & 25 & 27 & 38 & 49 & 59 & 44 \\
& 37 \% & 28 \% & 45 \% & 36 \% & 36 \% & 40 \% & 39 \% & 39 \% & 32 \% & 37 \% & 39 \% & 51 \% & 36 \% & 33 \% & 32 \% & 29 \% & 44 \% & 34 \% & 47 \% & 36 \% & 39 \% \\
\text { (2) } & 419 & 203 & 216 & 171 & 127 & 121 & 114 & 69 & 67 & 170 & 34 & 15 & 54 & 42 & 36 & 38 & 19 & 39 & 32 & 67 & 44
\end{array}
$$

$$
\begin{array}{lllllllllllllllllllll}
\text { (2) } & 419 & 203 & 216 & 171 & 127 & 121 & 114 & 69 & 67 & 170 & 34 & 15 & 54 & 42 & 36 & 38 & 19 & 39 & 32 & 67 \\
& 37 \% & 39 \% & 36 \% & 36 \% & 37 \% & 39 \% & 35 \% & 36 \% & 40 \% & 38 \% & 34 \% & 29 \% & 41 \% & 43 \% & 35 \% & 43 \% & 30 \% & 35 \% & 30 \% & 41 \% \\
39 \%
\end{array}
$$

$$
\begin{array}{llllllllllllllllllll}
\text { (1) } & 247 & 145 & 102 & 116 & 79 & 52 & 81 & 38 & 37 & 91 & 23 & 8 & 26 & 20 & 31 & 23 & 13 & 29 & 22 \\
& 22 \% & 28 \% & 17 \% & 25 \% & 23 \% & 17 \% & 25 \% & 20 \% & 23 \% & 21 \% & 23 \% & 17 \% & 20 \% & 20 \% & 30 \% & 27 \% & 20 \% & 26 \% & 21 \% \\
\hline 19 \% & 21 \\
& 23 \%
\end{array}
$$

$$
\begin{array}{lllllllllllllllllllll}
\text { (0) } & 39 & 27 & 12 & 11 & 13 & 15 & 3 & 9 & 9 & 19 & 4 & 2 & 4 & 4 & 3 & 1 & 3 & 6 & 3 & 6 \\
& 3 \% & 5 \% & 2 \% & 2 \% & 4 \% & 5 \% & 1 \% & 4 \% & 5 \% & 4 \% & 4 \% & 4 \% & 3 \% & 4 \% & 3 \% & 1 \% & 5 \% & 6 \% & 3 \% & 3 \% \\
3 \%
\end{array}
$$

$$
\begin{array}{rrrrcrrr}
2 & 2 & - & - & 2 & - & 1 & 1 \\
* & { }_{*} & - & - & 1 \% & - & * & * \\
2.08 & 1.90 & 2.24 & 2.07 & 2.05 & 2.14 & 2.13 & 2.10
\end{array}
$$

$$
\left.\begin{array}{lllllllllllllllllllll}
2.08 & 1.90 & 2.24 & 2.07 & 2.05 & 2.14 & 2.13 & 2.10 & 1.98 & 2.08 & 2.08 & 2.21 & 2.10 & 2.04 & 1.96 & 2.00 & 2.14 & 1.97 & 2.20 & 2.10
\end{array}\right)
$$

Table 3
Q1. How often do you do the following with a member of your family or with a friend?
-A chat on the phone
Base: All respondents

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Often |  | $\begin{gathered} 838 \\ 74 \% \end{gathered}$ | $\begin{aligned} & 419 \\ & 76 \% \end{aligned}$ | $\begin{gathered} 406 \\ 73 \% \end{gathered}$ | $\begin{aligned} & 130 \\ & 78 \% \end{aligned}$ | $\begin{aligned} & 708 \\ & 74 \% \end{aligned}$ | $\begin{gathered} 471 \\ 76 \% \end{gathered}$ | $\begin{aligned} & 329 \\ & 75 \% \end{aligned}$ |
| NET: Not often/ Never |  | $\begin{gathered} 286 \\ 25 \% \end{gathered}$ | $\begin{aligned} & 131 \\ & 24 \% \end{aligned}$ | $\begin{gathered} 149 \\ 27 \% \end{gathered}$ | $\begin{aligned} & 36 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 250 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 148 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 111 \\ & 25 \% \end{aligned}$ |
| Very often | (3) | $\begin{gathered} 419 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 191 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 221 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 38 \% \end{aligned}$ | $\begin{gathered} 356 \\ 37 \% \end{gathered}$ | $\begin{gathered} 243 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 157 \\ & 36 \% \end{aligned}$ |
| Quite often | (2) | $\begin{gathered} 419 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 228 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 184 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 67 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 352 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 228 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 172 \\ & 39 \% \end{aligned}$ |
| Not very often | (1) | $\begin{gathered} 247 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 115 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 18 \% \end{aligned}$ | $\begin{gathered} 217 \\ 23 \% \end{gathered}$ | $\begin{gathered} 135 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 93 \\ & 21 \% \end{aligned}$ |
| Never | (0) | $\begin{gathered} 39 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 16 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 13 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 19 \\ & 4 \% \end{aligned}$ |
| Don't know |  | 2 | 1 | * | $\square$ | ${ }_{*}$ | $\square$ | * |
| Mean |  | 2.08 | 2.08 | 2.09 | 2.13 | 2.08 | 2.13 | 2.06 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.85 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.82 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.88 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.83 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.82 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

## able 4

Q1. How often do you do the following with a member of your family or with a friend?
-Have a meal
Base: All respondents

|  |  | Total | Gender |  | Age |  |  |  |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | North East | North West | $\begin{gathered} \text { York- } \\ \text { shire } \\ \text { \& Hum- } \\ \text { ber- } \\ \text { side } \\ \hline \end{gathered}$ | West Midlands | East Midlands | Wales | East- <br> ern | London | South East | South West |
| Unweighted base |  |  | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base |  | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| NET: Often |  | $\begin{aligned} & 707 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 309 \\ & 59 \% \end{aligned}$ | $\begin{gathered} 398 \\ 66 \% \end{gathered}$ | $312$ | $\begin{gathered} 218 \\ 63 \% \end{gathered}$ | $\begin{aligned} & 178 \\ & 57 \% \end{aligned}$ | $\begin{gathered} 254 \\ 78 \% \end{gathered}$ | $\begin{aligned} & 131 \\ & 69 \% \end{aligned}$ | $\begin{aligned} & 94 \\ & 57 \% \end{aligned}$ | $\begin{gathered} 229 \\ 52 \% \end{gathered}$ | $\begin{aligned} & 62 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 75 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 75 \\ & 71 \% \end{aligned}$ | $\begin{aligned} & 103 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 69 \% \end{aligned}$ |
| NET: Not often/ Never |  | $\begin{gathered} 418 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 212 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 206 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 156 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 134 \\ 43 \% \end{gathered}$ | $\begin{aligned} & 73 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 70 \\ & 42 \% \end{aligned}$ | $\begin{gathered} 215 \\ 48 \% \end{gathered}$ | $\begin{aligned} & 39 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 31 \% \end{aligned}$ |
| Very often | (3) | $\begin{gathered} 252 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 117 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 135 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 122 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 85 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 27 \% \end{aligned}$ |
| Quite often | (2) | $\begin{gathered} 455 \\ 40 \% \end{gathered}$ | $\begin{aligned} & 193 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 263 \\ 44 \% \end{gathered}$ | $\begin{gathered} 190 \\ 41 \% \end{gathered}$ | $\begin{aligned} & 142 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 124 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 169 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 140 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 67 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 42 \% \end{aligned}$ |
| Not very often | (1) | $\begin{gathered} 356 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 182 \\ & 35 \% \end{aligned}$ | $\begin{gathered} 174 \\ 29 \% \end{gathered}$ | $\begin{gathered} 134 \\ 29 \% \end{gathered}$ | $\begin{gathered} 105 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 117 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 39 \% \end{aligned}$ | $\begin{gathered} 174 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 33 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 25 \% \end{aligned}$ |
| Never | (0) | $\begin{aligned} & 62 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 23 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ |  | $\begin{aligned} & 8 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 5 \% \end{aligned}$ | 6 $6 \%$ |
| Don't know |  | 1 | 1 | - | 1 |  |  |  |  | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ |  | - | - | - |  | - |  |  | - |  | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | - |
| Mean |  | 1.80 | 1.76 | 1.83 | 1.88 | 1.78 | 1.69 | 2.01 | 1.89 | 1.74 | 1.62 | 1.77 | 2.01 | 1.73 | 1.75 | 1.62 | 1.80 | 1.82 | 1.79 | 1.90 | 1.80 | 1.91 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.85 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.04 \end{aligned}$ | 0.83 0.03 | 0.85 0.04 | 0.86 0.04 | 0.82 0.06 | 0.75 0.04 | 0.82 0.06 | 0.80 0.06 | 0.91 0.04 | 0.86 0.08 | 0.81 0.13 | 0.87 0.08 | 0.88 0.09 | 0.87 0.08 | 0.85 0.10 | 0.78 0.10 | 0.82 0.07 | 0.83 0.08 | 0.84 0.07 | 0.86 0.09 |

## able 5

Q1. How often do you do the following with a member of your family or with a friend?
-Have a meal
Base: All respondents

Unweighted base
Weighted base
NET: Often
NET: Not often/ Neve
Very often
Quite often

Not very often
Never
Don't know
Mean
Standard deviation
Standard error

| Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
|  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
|  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
|  | $\begin{gathered} 707 \\ 63 \% \end{gathered}$ | $\begin{aligned} & 337 \\ & 61 \% \end{aligned}$ | $\begin{gathered} 357 \\ 64 \% \end{gathered}$ | $\begin{aligned} & 81 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 626 \\ & 65 \% \end{aligned}$ | $\begin{gathered} 385 \\ 62 \% \end{gathered}$ | $\begin{gathered} 278 \\ 63 \% \end{gathered}$ |
|  | $\begin{gathered} 418 \\ 37 \% \end{gathered}$ | $\begin{gathered} 213 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 198 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 333 \\ & 35 \% \end{aligned}$ | $\begin{gathered} 234 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 162 \\ & 37 \% \end{aligned}$ |
| (3) | $\begin{gathered} 252 \\ 22 \% \end{gathered}$ | $\begin{gathered} 106 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 143 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 18 \% \end{aligned}$ | $\begin{gathered} 222 \\ 23 \% \end{gathered}$ | $\begin{gathered} 138 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 105 \\ & 24 \% \end{aligned}$ |
| (2) | $\begin{aligned} & 455 \\ & 40 \% \end{aligned}$ | $\begin{gathered} 231 \\ 42 \% \end{gathered}$ | $\begin{gathered} 214 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 51 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 404 \\ & 42 \% \end{aligned}$ | $\begin{gathered} 247 \\ 40 \% \end{gathered}$ | $\begin{aligned} & 172 \\ & 39 \% \end{aligned}$ |
| (1) | $\begin{gathered} 356 \\ 32 \% \end{gathered}$ | $\begin{gathered} 184 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 167 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 68 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 288 \\ 30 \% \end{gathered}$ | $\begin{gathered} 196 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 143 \\ & 32 \% \end{aligned}$ |
| (0) | $\begin{aligned} & 62 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 45 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 38 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 4 \% \end{aligned}$ |
|  | * | 1 | $\div$ | - | * | $\div$ | ${ }_{*}$ |
|  | 1.80 | 1.75 | 1.84 | 1.57 | 1.84 | 1.78 | 1.83 |
|  | $\begin{aligned} & 0.85 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.82 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.87 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.90 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.83 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

## Table 6

Q1. How often do you do the following with a member of your family or with a friend?
-Meet up for an outing, for example, a walk in the park or a trip to the shops
-Meet up for an outing,
Base: All respondents

|  |  |  | Gender |  | Age |  |  |  |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | North East | North West | $\begin{gathered} \text { York- } \\ \text { shire } \\ \text { \& Hum- } \\ \text { ber- } \\ \text { side } \\ \hline \end{gathered}$ | West Midlands | East <br> Mid- <br> lands | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \end{aligned}$ | London | South East | South West |
| Unweighted base |  | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base |  | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| NET: Often |  | $\begin{gathered} 738 \\ 66 \% \end{gathered}$ | $\begin{gathered} 319 \\ 61 \% \end{gathered}$ | $\begin{gathered} 419 \\ 69 \% \end{gathered}$ | $\begin{gathered} 323 \\ 69 \% \end{gathered}$ | $\begin{gathered} 240 \\ 70 \% \end{gathered}$ | $\begin{gathered} 174 \\ 56 \% \end{gathered}$ | $\begin{gathered} 229 \\ 70 \% \end{gathered}$ | $\begin{gathered} 130 \\ 68 \% \end{gathered}$ | $\begin{aligned} & 109 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 269 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 72 \\ & 71 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 73 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 64 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 75 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 68 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 98 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 68 \% \end{aligned}$ |
| NET: Not often/ Never |  | $\begin{gathered} 386 \\ 34 \% \end{gathered}$ | $\begin{gathered} 203 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 183 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 145 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 104 \\ 30 \% \end{gathered}$ | $\begin{gathered} 136 \\ 44 \% \end{gathered}$ | $\begin{aligned} & 97 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 34 \% \end{aligned}$ | $\begin{gathered} 173 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 30 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 32 \% \end{aligned}$ |
| Very often | (3) | $\begin{gathered} 324 \\ 29 \% \end{gathered}$ | $\begin{gathered} 140 \\ 27 \% \end{gathered}$ | $\begin{gathered} 184 \\ 30 \% \end{gathered}$ | $\begin{gathered} 146 \\ 31 \% \end{gathered}$ | $\begin{gathered} 110 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 69 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 90 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 118 \\ 27 \% \end{gathered}$ | $\begin{aligned} & 36 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 32 \% \end{aligned}$ |
| Quite often | (2) | $\begin{gathered} 414 \\ 37 \% \end{gathered}$ | $\begin{gathered} 178 \\ 34 \% \end{gathered}$ | $\begin{gathered} 235 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 178 \\ & 38 \% \end{aligned}$ | $\begin{gathered} 131 \\ 38 \% \end{gathered}$ | $\begin{gathered} 106 \\ 34 \% \end{gathered}$ | $\begin{gathered} 139 \\ 43 \% \end{gathered}$ | $\begin{aligned} & 65 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 151 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 36 \% \end{aligned}$ |
| Not very often | (1) | $\begin{gathered} 276 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 142 \\ & 27 \% \end{aligned}$ | $\begin{gathered} 134 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 109 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 72 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 95 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 122 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 24 \% \end{aligned}$ | $\begin{gathered} 8 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 34 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 22 \% \end{aligned}$ |
| Never | (0) | $\begin{aligned} & 110 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 61 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 49 \\ 8 \% \end{gathered}$ | $\begin{gathered} 36 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 33 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 13 \% \end{aligned}$ | $\stackrel{28}{9 \%}$ | $\begin{gathered} 16 \\ 8 \% \end{gathered}$ | $\begin{gathered} 15 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 51 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 5 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 13 \\ & 10 \% \end{aligned}$ | $\stackrel{9}{9 \%}$ | $\begin{aligned} & 14 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 9 \% \end{aligned}$ |
| Don't know |  | ${ }_{*}^{*}$ | 1 | 1 | - | 1 | * | - | ${ }_{*}$ | - | 1 |  |  | - | - | - | - | - | - | - | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | - |
| Mean |  | 1.85 | 1.76 | 1.92 | 1.93 | 1.92 | 1.65 | 1.89 | 1.94 | 1.88 | 1.76 | 2.01 | 1.98 | 1.86 | 1.83 | 1.64 | 1.92 | 2.00 | 1.72 | 1.84 | 1.79 | 1.92 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.95 \\ & 0.03 \end{aligned}$ | 0.98 0.04 | $\begin{aligned} & 0.92 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.92 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.97 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.96 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.97 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 0.97 \\ & 0.15 \end{aligned}$ | $\begin{aligned} & 0.98 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.93 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.98 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.88 \\ & 0.10 \end{aligned}$ | $\begin{aligned} & 0.97 \\ & 0.12 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 0.97 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.97 \\ & 0.08 \end{aligned}$ | 0.96 0.10 |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 7
Q1. How often do you do the following with a member of your family or with a friend?
-Meet up for an outing, for example, a walk in the park or a trip to the shops
Base: All respondents

Q8. It is difficult to admit to other people that you feel

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Often |  | $\begin{aligned} & 738 \\ & 66 \% \end{aligned}$ | $\begin{gathered} 348 \\ 63 \% \end{gathered}$ | $\begin{gathered} 377 \\ 68 \% \end{gathered}$ | $\begin{aligned} & 86 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 652 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 400 \\ & 65 \% \end{aligned}$ | $\begin{gathered} 302 \\ 69 \% \end{gathered}$ |
| NET: Not often/ Never |  | $\begin{gathered} 386 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 202 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 177 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 80 \\ & 48 \% \end{aligned}$ | $\begin{gathered} 306 \\ 32 \% \end{gathered}$ | $\begin{gathered} 217 \\ 35 \% \end{gathered}$ | $\begin{gathered} 138 \\ 31 \% \end{gathered}$ |
| Very often | (3) | $\begin{gathered} 324 \\ 29 \% \end{gathered}$ | $\begin{aligned} & 151 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 169 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 21 \% \end{aligned}$ | $\begin{gathered} 289 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 180 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 132 \\ & 30 \% \end{aligned}$ |
| Quite often | (2) | $\begin{gathered} 414 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 197 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 209 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 363 \\ & 38 \% \end{aligned}$ | $\begin{gathered} 219 \\ 35 \% \end{gathered}$ | $\begin{gathered} 171 \\ 39 \% \end{gathered}$ |
| Not very often | (1) | $\begin{gathered} 276 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 146 \\ & 27 \% \end{aligned}$ | $\begin{gathered} 125 \\ 23 \% \end{gathered}$ | $\begin{aligned} & 58 \\ & 35 \% \end{aligned}$ | $\begin{gathered} 217 \\ 23 \% \end{gathered}$ | $\begin{aligned} & 158 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 99 \\ & \\ & 22 \% \end{aligned}$ |
| Never | (0) | $\begin{gathered} 110 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 56 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 9 \% \end{aligned}$ |
| Don't know |  | $\stackrel{2}{*}$ | ${ }_{*}^{1}$ | ${ }_{*}^{*}$ | - | ${ }_{*}^{*}$ | $\stackrel{1}{*}$ | * |
| Mean |  | 1.85 | 1.81 | 1.89 | 1.60 | 1.89 | 1.84 | 1.90 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.95 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.96 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 0.94 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.93 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 8
Q2. To what extent, if at all, can you relate to each of these statements?
-Summary
Base: All respondents

|  |  | Q2. Summary |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | I sometimes experience a general sense of emptiness | There are plenty of people I can rely on when I have problems | There are many people I can trust completely | I miss having people around | There are enough people I feel close to | I often feel rejected |
| Unweighted base |  | 1126 | 1126 | 1126 | 1126 | 1126 | 1126 |
| Weighted base |  | 1126 | 1126 | 1126 | 1126 | 1126 | 1126 |
| NET: Can relate |  | $\begin{gathered} 340 \\ 30 \% \end{gathered}$ | $\begin{gathered} 1006 \\ 89 \% \end{gathered}$ | $\begin{aligned} & 962 \\ & 85 \% \end{aligned}$ | $\begin{gathered} 551 \\ 49 \% \end{gathered}$ | $\begin{gathered} 1050 \\ 93 \% \end{gathered}$ | $\begin{gathered} 202 \\ 18 \% \end{gathered}$ |
| NET: Cannot relate |  | $\begin{gathered} 776 \\ 69 \% \end{gathered}$ | $\begin{gathered} 110 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 155 \\ & 14 \% \end{aligned}$ | $\begin{gathered} 555 \\ 49 \% \end{gathered}$ | $\stackrel{68}{6 \%}$ | $\begin{aligned} & 911 \\ & 81 \% \end{aligned}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 108 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 771 \\ 68 \% \end{gathered}$ | $\begin{aligned} & 639 \\ & 57 \% \end{aligned}$ | $\begin{gathered} 293 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 799 \\ & 71 \% \end{aligned}$ | $\begin{gathered} 65 \\ 6 \% \end{gathered}$ |
| Yes - relate a little | (3) | $\begin{gathered} 232 \\ 21 \% \end{gathered}$ | $\begin{gathered} 236 \\ 21 \% \end{gathered}$ | $\begin{gathered} 323 \\ 29 \% \end{gathered}$ | $\begin{gathered} 258 \\ 23 \% \end{gathered}$ | $\begin{gathered} 251 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 137 \\ & 12 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 183 \\ 16 \% \end{gathered}$ | $\begin{aligned} & 64 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 95 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 227 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 211 \\ 19 \% \end{gathered}$ |
| No - cannot relate at all | (1) | $\begin{aligned} & 593 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 328 \\ 29 \% \end{gathered}$ | $\begin{gathered} 25 \\ 2 \% \end{gathered}$ | $\begin{gathered} 700 \\ 62 \% \end{gathered}$ |
| Don't know |  | $\begin{aligned} & 10 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 1 \% \end{aligned}$ | $\begin{gathered} 20 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 1 \% \end{aligned}$ |
| Mean |  | 1.87 | 3.55 | 3.38 | 2.47 | 3.63 | 1.61 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.05 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.78 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.85 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 1.17 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.67 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.03 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 9
Q2. To what extent, if at all, can you relate to each of these statements?
-I sometimes experience a general sense of emptiness
Base: All respondents
$\qquad$

|  |  |  | Gen |  |  | Age |  |  | Clas |  |  |  |  |  |  |  | Region |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | North East | North West | Yorkshire \& Hum-berside | West <br> Mid- <br> lands | East <br> Mid- <br> lands | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \end{aligned}$ | London | $\begin{aligned} & \text { South } \\ & \text { East } \end{aligned}$ | South West |
| Unweighted base |  | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base |  | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| NET: Can relate |  | $\begin{gathered} 340 \\ 30 \% \end{gathered}$ | $\begin{gathered} 144 \\ 27 \% \end{gathered}$ | $\begin{aligned} & 197 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 129 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 118 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 81 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 160 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 32 \% \end{aligned}$ |
| NET: Cannot relate |  | $\begin{gathered} 776 \\ 69 \% \end{gathered}$ | $\begin{gathered} 375 \\ 72 \% \end{gathered}$ | $\begin{aligned} & 401 \\ & 67 \% \end{aligned}$ | $\begin{gathered} 335 \\ 72 \% \end{gathered}$ | $\begin{gathered} 250 \\ 72 \% \end{gathered}$ | $\begin{aligned} & 191 \\ & 61 \% \end{aligned}$ | $\begin{gathered} 245 \\ 75 \% \end{gathered}$ | $\begin{aligned} & 134 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 118 \\ & 72 \% \end{aligned}$ | $\begin{gathered} 278 \\ 63 \% \end{gathered}$ | $\begin{aligned} & 67 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 75 \% \end{aligned}$ | $\begin{aligned} & 98 \\ & 75 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 67 \\ & 65 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 72 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 69 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 65 \% \end{aligned}$ | $\begin{aligned} & 109 \\ & 67 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 68 \% \end{aligned}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 108 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 10 \% \end{aligned}$ | $\stackrel{29}{29}$ | $\begin{aligned} & 35 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 5 \\ 10 \% \end{gathered}$ | ${ }_{7 \%}^{9}$ | ${ }_{7 \%}^{7}$ | $\begin{aligned} & 14 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 7 \\ 12 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 11 \% \end{aligned}$ |
| Yes - relate a little | (3) | $\begin{gathered} 232 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 94 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 138 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 83 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 21 \% \end{aligned}$ | $\begin{gathered} 8 \\ 15 \% \end{gathered}$ | $\begin{aligned} & 24 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 21 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 183 \\ 16 \% \end{gathered}$ | $\begin{aligned} & 83 \\ & 16 \% \end{aligned}$ | $\begin{gathered} 100 \\ 16 \% \end{gathered}$ | $\begin{aligned} & 84 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 20 \% \end{aligned}$ | $\begin{gathered} 8 \\ 13 \% \end{gathered}$ | $\begin{aligned} & 15 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 12 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{aligned} & 593 \\ & 53 \% \end{aligned}$ | $\begin{gathered} 291 \\ 56 \% \end{gathered}$ | $\begin{aligned} & 302 \\ & 50 \% \end{aligned}$ | $\begin{gathered} 250 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 198 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 145 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 183 \\ & 56 \% \end{aligned}$ | $\begin{gathered} 102 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 89 \\ & 54 \% \end{aligned}$ | $\begin{gathered} 219 \\ 49 \% \end{gathered}$ | $\begin{aligned} & 52 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 81 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 56 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 10 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\stackrel{1}{*}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ |  |  | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ |  | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 2 \% \end{aligned}$ | - |
| Mean |  | 1.87 | 1.81 | 1.92 | 1.83 | 1.78 | 2.02 | 1.74 | 1.85 | 1.83 | 1.99 | 1.95 | 1.85 | 1.75 | 1.92 | 1.96 | 1.89 | 1.84 | 1.68 | 1.93 | 1.93 | 1.87 |
| Standard deviation |  | $1.05$ | $1.05$ | $1.06$ | $1.04$ | $1.03$ | $1.09$ | $0.96$ | $1.05$ | $1.05$ | $1.12$ | $1.11$ | $1.01$ | $0.99$ | $1.02$ | $1.14$ | $1.09$ | $1.10$ | $0.96$ | $1.00$ | $1.08$ | 1.10 0.12 |
| Standard error |  | 0.03 | 0.05 | 0.04 | 0.05 |  | 0.07 | 0.05 | 0.08 | 0.08 | 0.05 | 0.10 | 0.16 | 0.09 | 0.10 | 0.11 | 0.12 | 0.14 | 0.08 | 0.09 | 0.09 | 0.12 |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 10
Q2. To what extent, if at all, can you relate to each of these statements?
-I sometimes experience a general sense of emptiness
Base: All respondents

Q8. It is difficult to admit to other people that you feel

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Can relate |  | $\begin{gathered} 340 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 258 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 14 \% \end{aligned}$ | $145$ | $\begin{aligned} & 195 \\ & 20 \% \end{aligned}$ | $\begin{gathered} 236 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 98 \\ & 22 \% \end{aligned}$ |
| NET: Cannot relate |  | $\begin{aligned} & 776 \\ & 69 \% \end{aligned}$ | $\begin{aligned} & 289 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 475 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 11 \% \end{aligned}$ | $\begin{gathered} 757 \\ 79 \% \end{gathered}$ | $\begin{aligned} & 378 \\ & 61 \% \end{aligned}$ | $\begin{gathered} 342 \\ 78 \% \end{gathered}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 108 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 16 \% \end{aligned}$ | $\begin{gathered} 18 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 69 \\ & 42 \% \end{aligned}$ | $\begin{gathered} 40 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 77 \\ & 12 \% \end{aligned}$ | $\stackrel{27}{6 \%}$ |
| Yes - relate a little | (3) | $\begin{gathered} 232 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 169 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 156 \\ & 16 \% \end{aligned}$ | $\begin{gathered} 160 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 71 \\ & 16 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{aligned} & 183 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 87 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 94 \\ & 17 \% \end{aligned}$ | $\begin{gathered} 10 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 173 \\ & 18 \% \end{aligned}$ | $\begin{gathered} 107 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 69 \\ & 16 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{aligned} & 593 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 202 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 380 \\ 68 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 585 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 271 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 273 \\ & 62 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 10 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | * |
| Mean |  | 1.87 | 2.27 | 1.48 | 3.25 | 1.63 | 2.07 | 1.66 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.05 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 1.12 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.81 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.79 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.90 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 1.09 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.96 \\ & 0.05 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 11
Q2. To what extent, if at all, can you relate to each of these statements?
-There are plenty of people I can rely on when I have problems
Base: All respondents

|  |  |  | Gend | nder |  | Age |  |  | Cla |  |  |  |  |  |  |  | Region |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Male F | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { West } \end{aligned}$ | Yorkshire \& Hum-berside | West Midlands | East <br> Mid- <br> lands | Wales | $\begin{gathered} \text { East- } \\ \text { ern } \end{gathered}$ | London | $\begin{aligned} & \text { South } \\ & \text { East } \end{aligned}$ | $\begin{aligned} & \text { South } \\ & \text { West } \\ & \hline \end{aligned}$ |
| Unweighted base |  | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base |  | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| NET: Can relate |  | $\begin{gathered} 1006 \\ 89 \% \end{gathered}$ | $\begin{gathered} 459 \\ 88 \% \end{gathered}$ | $\begin{gathered} 547 \\ 91 \% \end{gathered}$ | $\begin{gathered} 418 \\ 89 \% \end{gathered}$ | $\begin{aligned} & 312 \\ & 90 \% \end{aligned}$ | $\begin{gathered} 277 \\ 89 \% \end{gathered}$ | $\begin{gathered} 298 \\ 91 \% \end{gathered}$ | $\begin{gathered} 178 \\ 93 \% \end{gathered}$ | $\begin{gathered} 143 \\ 87 \% \end{gathered}$ | $\begin{gathered} 387 \\ 87 \% \end{gathered}$ | $\begin{aligned} & 95 \\ & 94 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 91 \% \end{aligned}$ | $\begin{gathered} 117 \\ 89 \% \end{gathered}$ | $\begin{aligned} & 87 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 91 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 80 \\ & 92 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 97 \% \end{aligned}$ | $\begin{aligned} & 98 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 88 \\ & 83 \% \end{aligned}$ | $\begin{gathered} 141 \\ 86 \% \end{gathered}$ | $\begin{gathered} 103 \\ 92 \% \end{gathered}$ |
| NET: Cannot relate |  | $\begin{gathered} 110 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 57 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 9 \% \end{aligned}$ | $\stackrel{29}{9 \%}$ | $\stackrel{25}{8 \%}$ | $\begin{gathered} 12 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 20 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 10 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 14 \% \end{aligned}$ | $\stackrel{9}{8 \%}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 771 \\ & 68 \% \end{aligned}$ | $\begin{gathered} 336 \\ 64 \% \end{gathered}$ | $\begin{gathered} 435 \\ 72 \% \end{gathered}$ | $\begin{gathered} 318 \\ 68 \% \end{gathered}$ | $\begin{gathered} 234 \\ 68 \% \end{gathered}$ | $\begin{gathered} 218 \\ 70 \% \end{gathered}$ | $\begin{gathered} 222 \\ 68 \% \end{gathered}$ | $\begin{gathered} 134 \\ 70 \% \end{gathered}$ | $\begin{gathered} 102 \\ 62 \% \end{gathered}$ | $\begin{gathered} 313 \\ 71 \% \end{gathered}$ | $\begin{aligned} & 73 \\ & 73 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 99 \\ & 76 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 73 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 73 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 78 \% \end{aligned}$ | $\begin{aligned} & 73 \\ & 64 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 104 \\ & 64 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 70 \% \end{aligned}$ |
| $\begin{aligned} & \text { Yes - relate a } \\ & \text { little } \end{aligned}$ | (3) | $\begin{gathered} 236 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 123 \\ & 24 \% \end{aligned}$ | $\begin{gathered} 112 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 100 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 74 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 21 \% \end{aligned}$ | $\begin{gathered} 9 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 18 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 22 \% \\ & \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 64 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 38 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 27 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 20 \\ 6 \% \end{gathered}$ | $\begin{gathered} 17 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 15 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 27 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 7 \\ & 8 \% \end{aligned}$ | - | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 11 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 5 \\ & 5 \% \\ & \hline \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{aligned} & 46 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 15 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 3 \% \end{aligned}$ | $\stackrel{9}{3 \%}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 26 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 7 \% \end{aligned}$ | - | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{gathered} 11 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 10 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | ${ }_{*}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 2 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & * \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | - | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | - | - | - | - | - | $\begin{aligned} & 5 \\ & 4 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | - | - |
| Mean |  | 3.55 | 3.50 | 3.59 | 3.53 | 3.55 | 3.59 | 3.58 | 3.61 | 3.47 | 3.53 | 3.63 | 3.67 | 3.61 | 3.46 | 3.51 | 3.65 | 3.73 | 3.52 | 3.46 | 3.44 | 3.58 |
| Standard deviation Standard error |  | 0.78 0.02 | 0.79 0.04 | 0.78 0.03 | 0.81 0.04 | 0.78 0.04 | 0.74 0.05 | 0.71 0.04 | 0.70 0.05 | 0.80 0.06 | 0.85 0.04 | 0.69 0.06 | 0.67 0.11 | 0.80 0.07 | 0.80 0.08 | 0.88 0.08 | 0.63 0.07 | 0.61 0.07 | 0.82 0.07 | 0.77 0.07 | 0.89 0.07 | 0.74 0.08 |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 12
Q2. To what extent, if at all, can you relate to each of these statements?
-There are plenty of people I can rely on when I have problems
Base: All respondents
Q8. It is difficult to admit to other people that you feel

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Can relate |  | $\begin{gathered} 1006 \\ 89 \% \end{gathered}$ | $\begin{gathered} 494 \\ 90 \% \end{gathered}$ | $\begin{aligned} & 497 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 77 \% \end{aligned}$ | $\begin{aligned} & 878 \\ & 91 \% \end{aligned}$ | $\begin{aligned} & 559 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 400 \\ & 91 \% \end{aligned}$ |
| NET: Cannot relate |  | $\begin{aligned} & 110 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 74 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 59 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 37 \\ 8 \% \end{gathered}$ |
| Yes - relate a great deal | (4) | $\begin{gathered} 771 \\ 68 \% \end{gathered}$ | $\begin{aligned} & 360 \\ & 65 \% \end{aligned}$ | $\begin{aligned} & 400 \\ & 72 \% \end{aligned}$ | $\begin{aligned} & 83 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 688 \\ & 72 \% \end{aligned}$ | $\begin{aligned} & 408 \\ & 66 \% \end{aligned}$ | $\begin{gathered} 322 \\ 73 \% \end{gathered}$ |
| Yes - relate a little | (3) | $\begin{aligned} & 236 \\ & 21 \% \end{aligned}$ | $\begin{gathered} 134 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 97 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 190 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 152 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 18 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 64 \\ 6 \% \end{gathered}$ | $\begin{gathered} 35 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 29 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 4 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{aligned} & 46 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 7 \% \end{aligned}$ | $\begin{gathered} 35 \\ 4 \% \end{gathered}$ | $\begin{gathered} 21 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 4 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 10 \\ & 1 \% \end{aligned}$ | - | $\begin{aligned} & 5 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 1 \% \end{aligned}$ | - | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ |
| Mean |  | 3.55 | 3.51 | 3.59 | 3.21 | 3.61 | 3.53 | 3.61 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.78 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.79 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.78 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 0.73 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.76 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.75 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 13
Q2. To what extent, if at all, can you relate to each of these statements?
-There are many people I can trust completely
Base: All respondents
$\qquad$
$\qquad$ Region

| Total | Male | Female | 55-64 | 65-74 | $75+$ | AB | C1 | C2 | DE | Scot- | North East | North West |  | West lands | $\begin{aligned} & \text { East } \\ & \text { Mid- } \\ & \text { lands } \\ & \hline \end{aligned}$ | Wales | Eastern | London | outh East | South West |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| $\begin{aligned} & 962 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 425 \\ & 81 \% \end{aligned}$ | $\begin{aligned} & 537 \\ & 89 \% \end{aligned}$ | $\begin{gathered} 390 \\ 83 \% \end{gathered}$ | $\begin{gathered} 299 \\ 86 \% \end{gathered}$ | $\begin{aligned} & 273 \\ & 87 \% \end{aligned}$ | $\begin{gathered} 282 \\ 86 \% \end{gathered}$ | $\begin{gathered} 169 \\ 89 \% \end{gathered}$ | $\begin{gathered} 132 \\ 80 \% \end{gathered}$ | $\begin{gathered} 379 \\ 85 \% \end{gathered}$ | $\begin{aligned} & 91 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 91 \% \end{aligned}$ | $\begin{gathered} 113 \\ 86 \% \end{gathered}$ | $\begin{aligned} & 80 \\ & 82 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 86 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 86 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 82 \% \end{aligned}$ | $\begin{aligned} & 86 \\ & 81 \% \end{aligned}$ | $\begin{aligned} & 139 \\ & 85 \% \end{aligned}$ | $86 \%$ |
| $\begin{aligned} & 155 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 95 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 9 \\ 14 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 14 \% \end{aligned}$ | 13 $12 \%$ |
| $\begin{aligned} & 639 \\ & 57 \% \end{aligned}$ | $\begin{gathered} 271 \\ 52 \% \end{gathered}$ | $\begin{gathered} 368 \\ 61 \% \end{gathered}$ | $\begin{gathered} 242 \\ 52 \% \end{gathered}$ | $\begin{aligned} & 199 \\ & 58 \% \end{aligned}$ | $\begin{gathered} 198 \\ 63 \% \end{gathered}$ | $\begin{aligned} & 189 \\ & 58 \% \end{aligned}$ | $\begin{gathered} 102 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 78 \\ & 47 \% \end{aligned}$ | $\begin{gathered} 270 \\ 61 \% \end{gathered}$ | $\begin{aligned} & 55 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 77 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 53 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 60 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 63^{\circ} \end{aligned}$ |
| $\begin{gathered} 323 \\ 29 \% \end{gathered}$ | $\begin{aligned} & 154 \\ & 29 \% \end{aligned}$ | $\begin{gathered} 169 \\ 28 \% \end{gathered}$ | $\begin{gathered} 148 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 100 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 75 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 67 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 109 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 36 \% \end{aligned}$ | $\stackrel{7}{14 \%}$ | $\begin{aligned} & 36 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 32 \% \\ & \end{aligned}$ | $\begin{aligned} & 27 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 32 \% \\ & \end{aligned}$ | $\begin{aligned} & 50 \\ & 31 \% \end{aligned}$ | $23 \%$ |
| $\begin{aligned} & 95 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 11 \% \end{aligned}$ | $\begin{gathered} 40 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 46 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 30 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 10 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 35 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 5 \\ & 5 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 3 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 9 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 12 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 10 \\ 6 \% \end{gathered}$ | 8 |
| $\begin{aligned} & 60 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 39 \\ 8 \% \end{gathered}$ | $\begin{gathered} 20 \\ 3 \% \end{gathered}$ | $\begin{gathered} 31 \\ 7 \% \end{gathered}$ | $\begin{gathered} 10 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 18 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 12 \\ 8 \% \end{gathered}$ | $\begin{gathered} 24 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 5 \\ & 5 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 8 \% \end{aligned}$ | 5 |
| $\begin{aligned} & 9 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | ${ }_{*}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 2 \% \end{aligned}$ | $\stackrel{1}{*}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\stackrel{1}{*}$ | $\begin{aligned} & 6 \\ & 1 \% \end{aligned}$ | - | - | $\begin{aligned} & 1 \% \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | - | - |  | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | 1 | 2 |
| 3.38 | 3.26 | 48 | 3. 28 | 3.42 | 3.48 | 3.41 | 3.38 | 3.20 | 3.43 | 3.39 | 3.67 | 3.43 | 3.34 | 3.32 | 3.41 | 3.34 | 3.35 | 3.28 | 3.32 | 3.48 |
| $\begin{aligned} & 0.85 \\ & 0.03 \end{aligned}$ | 0.93 0.04 | 0.77 0.03 | 0.90 0.04 | 0.79 0.04 | 0.84 0.06 | 0.82 0.05 | 0.81 0.06 | 0.93 0.07 | 0.86 0.04 | 0.80 0.07 | 0.70 0.11 | 0.80 0.07 | 0.94 0.09 | 0.91 0.09 | 0.79 0.09 | 0.85 0.10 | 0.84 0.07 | 0.86 0.08 | 0.92 0.07 | 0.83 0.09 |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

## Table 14

Q2. To what extent, if at all, can you relate to each of these statements?
-There are many people I can trust completely
Base: All respondents

Q8. It is difficult to admit to other people that you feel

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Can relate |  | $\begin{aligned} & 962 \\ & 85 \% \end{aligned}$ | $\begin{gathered} 487 \\ 88 \% \end{gathered}$ | $\begin{aligned} & 462 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 132 \\ & 80 \% \end{aligned}$ | $\begin{gathered} 830 \\ 86 \% \end{gathered}$ | $\begin{aligned} & 527 \\ & 85 \% \end{aligned}$ | $\begin{gathered} 387 \\ 88 \% \end{gathered}$ |
| NET: Cannot relate |  | $\begin{aligned} & 155 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 91 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 20 \% \end{aligned}$ | $\begin{gathered} 121 \\ 13 \% \end{gathered}$ | $\begin{aligned} & 88 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 12 \% \end{aligned}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 639 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 294 \\ & 53 \% \end{aligned}$ | $\begin{gathered} 333 \\ 60 \% \end{gathered}$ | $\begin{aligned} & 78 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 560 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 333 \\ & 54 \% \end{aligned}$ | $\begin{gathered} 275 \\ 62 \% \end{gathered}$ |
| Yes - relate a little | (3) | $\begin{gathered} 323 \\ 29 \% \end{gathered}$ | $\begin{aligned} & 192 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 32 \% \end{aligned}$ | $\begin{gathered} 269 \\ 28 \% \end{gathered}$ | $\begin{aligned} & 195 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 113 \\ & 26 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 95 \\ 8 \% \end{gathered}$ | $\begin{gathered} 40 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 53 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 74 \\ 8 \% \end{gathered}$ | $\stackrel{59}{9 \%}$ | $\begin{gathered} 28 \\ 6 \% \end{gathered}$ |
| No - cannot relate at all | (1) | $\begin{aligned} & 60 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 37 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 5 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 9 \\ & 1 \% \end{aligned}$ | 3 | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | - | $\begin{aligned} & 9 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | 2 |
| Mean |  | 3.38 | 3.38 | 3.37 | 3.20 | 3.41 | 3.35 | 3.45 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.85 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.79 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.93 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 15
Q2. To what extent, if at all, can you relate to each of these statements?
-I miss having people around
Base: All respondents
$\qquad$ Region


## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 16
Q2. To what extent, if at all, can you relate to each of these statements?
-I miss having people around
Base: All respondents
Q8. It is difficult to admit to other people that you feel

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | $\begin{aligned} & \text { Not often/ } \\ & \text { Never } \\ & \hline \end{aligned}$ | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Can relate |  | $\begin{gathered} 551 \\ 49 \% \end{gathered}$ | $\begin{aligned} & 551 \\ & 100 \% \end{aligned}$ |  | $\begin{aligned} & 144 \\ & 87 \% \end{aligned}$ | $\begin{gathered} 406 \\ 42 \% \end{gathered}$ | $\begin{gathered} 340 \\ 55 \% \end{gathered}$ | $\begin{aligned} & 186 \\ & 42 \% \end{aligned}$ |
| NET: Cannot relate |  | $\begin{aligned} & 555 \\ & 49 \% \end{aligned}$ | - | $\begin{aligned} & 555 \\ & 100 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 536 \\ 56 \% \end{gathered}$ | $\begin{gathered} 270 \\ 44 \% \end{gathered}$ | $\begin{gathered} 248 \\ 56 \% \end{gathered}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 293 \\ & 26 \% \end{aligned}$ | $\begin{gathered} 293 \\ 53 \% \end{gathered}$ | - | $\begin{aligned} & 103 \\ & 62 \% \end{aligned}$ | $\begin{gathered} 190 \\ 20 \% \end{gathered}$ | $\begin{gathered} 185 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 99 \\ & 22 \% \end{aligned}$ |
| $\begin{aligned} & \text { Yes - relate a } \\ & \text { little } \end{aligned}$ | (3) | $\begin{gathered} 258 \\ 23 \% \end{gathered}$ | $\begin{aligned} & 258 \\ & 47 \% \end{aligned}$ | - | $\begin{aligned} & 42 \\ & 25 \% \end{aligned}$ | $\begin{gathered} 216 \\ 23 \% \end{gathered}$ | $\begin{aligned} & 155 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 87 \\ & 20 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 227 \\ 20 \% \end{gathered}$ |  | $\begin{gathered} 227 \\ 41 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 8 \% \end{aligned}$ | $\begin{gathered} 215 \\ 22 \% \end{gathered}$ | $\begin{gathered} 116 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 98 \\ & 22 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{gathered} 328 \\ 29 \% \end{gathered}$ | - | $\begin{gathered} 328 \\ 59 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 321 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 153 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 150 \\ & 34 \% \end{aligned}$ |
| Don't know |  | $\begin{gathered} 20 \\ 2 \% \end{gathered}$ | - | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{gathered} 18 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 8 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 2 \% \end{aligned}$ |
| Mean |  | 2.47 | 3.53 | 1.41 | 3.46 | 2.29 | 2.61 | 2.31 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.17 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.50 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.49 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.82 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 1.14 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 1.16 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.17 \\ & 0.06 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 17
Q2. To what extent, if at all, can you relate to each of these statements?
-There are enough people I feel close to
Base: All respondents

|  |  |  | Gend |  |  | Age |  |  | Clas |  |  |  |  |  |  |  | Region |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | North East | North West | Yorkshire \& Hum-berside | West Midlands | East Midlands | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \end{aligned}$ | London | South East | South West |
| Unweighted base |  | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base |  | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| NET: Can relate |  | $\begin{gathered} 1050 \\ 93 \% \end{gathered}$ | $\begin{gathered} 480 \\ 92 \% \end{gathered}$ | $\begin{aligned} & 570 \\ & 94 \% \end{aligned}$ | $\begin{aligned} & 440 \\ & 94 \% \end{aligned}$ | $\begin{aligned} & 319 \\ & 92 \% \end{aligned}$ | $\begin{gathered} 292 \\ 94 \% \end{gathered}$ | $\begin{aligned} & 310 \\ & 95 \% \end{aligned}$ | $\begin{aligned} & 181 \\ & 95 \% \end{aligned}$ | $\begin{aligned} & 150 \\ & 91 \% \end{aligned}$ | $\begin{aligned} & 409 \\ & 92 \% \end{aligned}$ | $\begin{aligned} & 92 \\ & 91 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 96 \% \end{aligned}$ | $\begin{aligned} & 120 \\ & 92 \% \end{aligned}$ | $\begin{aligned} & 87 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 96 \\ & 92 \% \end{aligned}$ | $\begin{aligned} & 80 \\ & 93 \% \end{aligned}$ | $\begin{gathered} 62 \\ 100 \% \end{gathered}$ | $\begin{aligned} & 108 \\ & 96 \% \end{aligned}$ | $\begin{aligned} & 96 \\ & 91 \% \end{aligned}$ | $\begin{aligned} & 153 \\ & 93 \% \end{aligned}$ | $\begin{aligned} & 107 \\ & 96 \% \end{aligned}$ |
| NET: Cannot relate |  | $\stackrel{68}{6 \%}$ | $\begin{gathered} 41 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 27 \\ & 4 \% \end{aligned}$ | $\stackrel{28}{6 \%}$ | $\begin{gathered} 26 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 14 \\ 8 \% \end{gathered}$ | $\begin{gathered} 31 \\ 7 \% \end{gathered}$ | $\stackrel{9}{9 \%}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 5 \% \end{aligned}$ | $\stackrel{9}{9 \%}$ | $\begin{aligned} & 7 \\ & 6 \% \end{aligned}$ | ${ }_{7 \%}^{6}$ | - | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 9 \% \end{aligned}$ | ${ }^{11} 7 \%$ | 4 |
| Yes - relate a great deal | (4) | $\begin{aligned} & 799 \\ & 71 \% \end{aligned}$ | $\begin{gathered} 342 \\ 65 \% \end{gathered}$ | $\begin{aligned} & 457 \\ & 76 \% \end{aligned}$ | $\begin{gathered} 339 \\ 72 \% \end{gathered}$ | $\begin{gathered} 250 \\ 72 \% \end{gathered}$ | $\begin{gathered} 211 \\ 68 \% \end{gathered}$ | $\begin{gathered} 245 \\ 75 \% \end{gathered}$ | $\begin{aligned} & 131 \\ & 69 \% \end{aligned}$ | $\begin{gathered} 110 \\ 67 \% \end{gathered}$ | $\begin{gathered} 313 \\ 71 \% \end{gathered}$ | $\begin{aligned} & 75 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 81 \% \end{aligned}$ | $\begin{gathered} 104 \\ 79 \% \end{gathered}$ | $\begin{aligned} & 58 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 73 \\ & 71 \% \end{aligned}$ | $\begin{aligned} & 61 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 80 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 67 \% \end{aligned}$ | $\begin{aligned} & 66 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 110 \\ & 67 \% \end{aligned}$ | $\begin{aligned} & 87 \\ & 78 \% \end{aligned}$ |
| $\begin{aligned} & \text { Yes - relate a } \\ & \text { little } \end{aligned}$ | (3) | $\begin{gathered} 251 \\ 22 \% \end{gathered}$ | $\begin{gathered} 138 \\ 26 \% \end{gathered}$ | $\begin{gathered} 113 \\ 19 \% \end{gathered}$ | $\begin{gathered} 101 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 69 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 81 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 96 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 17 \% \end{aligned}$ | $\begin{gathered} 8 \\ 15 \% \end{gathered}$ | $\begin{aligned} & 16 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 18 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{aligned} & 44 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 18 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | - | $\begin{aligned} & 5 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | - | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{gathered} 25 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 5 \% \end{aligned}$ | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & * \end{aligned}$ | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | $\stackrel{1}{*}$ | 1 | $\begin{aligned} & 6 \\ & 2 \% \\ & \hline \end{aligned}$ |  | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | - | - | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | - | - | $\begin{aligned} & 1 \% \\ & 1 \% \end{aligned}$ |  | - | - |
| Mean |  | 3.63 | 3.54 | 3.71 | 3.64 | 3.63 | 3.62 | 3.69 | 3.63 | 3.56 | 3.61 | 3.62 | 3.72 | 3.75 | 3.47 | 3.64 | 3.58 | 3.80 | 3.63 | 3.51 | 3.59 | 3.71 |
| Standard deviation |  | 0.67 | 0.74 | 0.59 | 0.67 | 0.69 | 0.64 | 0.58 | 0.65 | 0.74 | 0.70 | 0.74 | 0.69 | 0.60 | 0.77 | 0.63 | 0.77 | 0.41 | 0.58 | 0.72 | 0.67 | 0.63 |
| Standard error |  | 0.02 | 0.03 | 0.02 | 0.03 | 0.03 | 0.04 | 0.03 | 0.05 | 0.06 | 0.03 | 0.07 | 0.11 | 0.06 | 0.08 | 0.06 | 0.09 | 0.05 | 0.05 | 0.07 | 0.05 | 0.07 |

## Loneliness Survey

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Table 18
Q2. To what extent, if at all, can you relate to each of these statements?
-There are enough people I feel close to
Base: All respondents
Q8. It is difficult to admit to other people that you feel

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Can relate |  | $\begin{gathered} 1050 \\ 93 \% \end{gathered}$ | $\begin{gathered} 515 \\ 93 \% \end{gathered}$ | $\begin{gathered} 519 \\ 93 \% \end{gathered}$ | $\begin{aligned} & 144 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 906 \\ & 94 \% \end{aligned}$ | $\begin{gathered} 578 \\ 93 \% \end{gathered}$ | $\begin{aligned} & 417 \\ & 95 \% \end{aligned}$ |
| NET: Cannot relate |  | $\begin{aligned} & 68 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 6 \% \end{aligned}$ | ${ }^{37}$ | $\begin{aligned} & 22 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 39 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 22 \\ & 5 \% \end{aligned}$ |
| Yes - relate a great deal | (4) | $\begin{aligned} & 799 \\ & 71 \% \end{aligned}$ | $\begin{gathered} 360 \\ 65 \% \end{gathered}$ | $\begin{aligned} & 428 \\ & 77 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 47 \% \end{aligned}$ | $\begin{gathered} 722 \\ 75 \% \end{gathered}$ | $\begin{gathered} 414 \\ 67 \% \end{gathered}$ | $\begin{gathered} 343 \\ 78 \% \end{gathered}$ |
| $\begin{aligned} & \text { Yes - relate a } \\ & \text { little } \end{aligned}$ | (3) | $\begin{gathered} 251 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 155 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 91 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 67 \\ & 40 \% \end{aligned}$ | $\begin{gathered} 184 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 163 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 74 \\ & 17 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 44 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 23 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 8 \% \end{aligned}$ | $\begin{gathered} 31 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 23 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 4 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{gathered} 25 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 2 \% \end{aligned}$ | $\begin{gathered} 16 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 2 \% \end{aligned}$ | $\begin{gathered} 15 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 1 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | - | $\square$ | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | ${ }_{*}$ | 2 |
| Mean |  | 3.63 | 3.58 | 3.68 | 3.28 | 3.69 | 3.59 | 3.72 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.67 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.65 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.68 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.83 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.62 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.68 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.60 \\ & 0.03 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 19
Q2. To what extent, if at all, can you relate to each of these statements?
-I often feel rejected

- often feel rejected
Base: All respondents



## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Q2. To what extent, if at all, can you relate to each of these statements?
Q2. To what extent,
-l often feel rejected
Base: All respondents

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Can relate |  | $\begin{gathered} 202 \\ 18 \% \end{gathered}$ | $\begin{aligned} & 159 \\ & 29 \% \end{aligned}$ | $\begin{gathered} 41 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 70 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 133 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 15 \% \end{aligned}$ |
| NET: Cannot relate |  | $\begin{gathered} 911 \\ 81 \% \end{gathered}$ | $\begin{gathered} 388 \\ 70 \% \end{gathered}$ | $\begin{gathered} 508 \\ 92 \% \end{gathered}$ | $\begin{aligned} & 95 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 816 \\ & 85 \% \end{aligned}$ | $\begin{gathered} 487 \\ 79 \% \end{gathered}$ | $\begin{gathered} 372 \\ 84 \% \end{gathered}$ |
| Yes - relate a great deal | (4) | $\begin{gathered} 65 \\ 6 \% \end{gathered}$ | $\begin{gathered} 50 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 13 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 14 \% \end{aligned}$ | $\begin{gathered} 42 \\ 4 \% \end{gathered}$ | $\begin{gathered} 40 \\ 7 \% \end{gathered}$ | $\begin{gathered} 20 \\ 5 \% \end{gathered}$ |
| Yes - relate a little | (3) | $\begin{aligned} & 137 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 109 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 91 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 87 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 10 \% \end{aligned}$ |
| No - cannot really relate | (2) | $\begin{gathered} 211 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 112 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 97 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 176 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 136 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 15 \% \end{aligned}$ |
| No - cannot relate at all | (1) | $\begin{gathered} 700 \\ 62 \% \end{gathered}$ | $\begin{aligned} & 277 \\ & 50 \% \end{aligned}$ | $\begin{gathered} 411 \\ 74 \% \end{gathered}$ | $\begin{aligned} & 60 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 640 \\ & 67 \% \end{aligned}$ | $\begin{gathered} 350 \\ 57 \% \end{gathered}$ | $\begin{gathered} 307 \\ 69 \% \end{gathered}$ |
| Don't know |  | $\begin{aligned} & 12 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 1 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 1 \% \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 1 \% \end{aligned}$ |
| Mean |  | 1.61 | 1.88 | 1.35 | 2.20 | 1.51 | 1.70 | 1.49 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.91 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 1.03 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.69 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 1.09 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.94 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.85 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 21
Q2. Emotional Loneliness Scale
Base: All respondents
$\qquad$
York-
shire
shire
shum
\& Hum- West East


Unweighted base Weighted base
0 $\begin{array}{lllllllll}1126 & 510 & 616 & 479 & 431 & 216 & 332 & 190 & 165\end{array}$

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 22
Q2. Emotional Loneliness Scale
Base: All respondents

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| 0 | $\begin{aligned} & 23 \\ & 2 \% \end{aligned}$ | - | $\begin{aligned} & 22 \\ & 4 \% \end{aligned}$ | - | $\begin{gathered} 23 \\ 2 \% \end{gathered}$ | $\begin{gathered} 11 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 2 \% \end{aligned}$ |
| 1 | $\begin{aligned} & 502 \\ & 45 \% \end{aligned}$ | $\begin{gathered} 16 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 472 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 488 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 235 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 231 \\ & 52 \% \end{aligned}$ |
| 2 | $\begin{gathered} 363 \\ 32 \% \end{gathered}$ | $\begin{gathered} 297 \\ 54 \% \end{gathered}$ | $\begin{aligned} & 62 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 327 \\ 34 \% \end{gathered}$ | $\begin{gathered} 199 \\ 32 \% \end{gathered}$ | $\begin{gathered} 139 \\ 31 \% \end{gathered}$ |
| 3 | $\begin{gathered} 238 \\ 21 \% \end{gathered}$ | $\begin{gathered} 238 \\ 43 \% \end{gathered}$ |  | $\begin{aligned} & 116 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 122 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 174 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 15 \% \end{aligned}$ |
| Mean | 1.72 | 2.40 | 1.07 | 2.62 | 1.57 | 1.87 | 1.59 |
| Standard deviation Standard error | $\begin{aligned} & 0.82 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.55 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.38 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.64 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.74 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.75 \\ & 0.04 \end{aligned}$ |

Table 23
Q2. Social Loneliness Scale
Base: All respondents
$\qquad$
York-
shire


Unweighted base Weighted base
0

2

3
Mean
Standard deviation Standard error

| 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| $\begin{aligned} & 155 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 70 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 67 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 15 \% \end{aligned}$ | $\begin{gathered} 25 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 28 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 74 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 18 \% \end{aligned}$ | $\begin{gathered} 9 \\ 14 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 17 \% \end{aligned}$ |
| $\begin{aligned} & 807 \\ & 72 \% \end{aligned}$ | $\begin{gathered} 360 \\ 69 \% \end{gathered}$ | $\begin{aligned} & 447 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 316 \\ & 67 \% \end{aligned}$ | $\begin{gathered} 261 \\ \quad 75 \% \end{gathered}$ | $\begin{gathered} 231 \\ 74 \% \end{gathered}$ | $\begin{gathered} 256 \\ 78 \% \end{gathered}$ | $\begin{aligned} & 141 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 106 \\ & 65 \% \end{aligned}$ | $\begin{aligned} & 303 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 76 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 70 \% \end{aligned}$ | $\begin{gathered} 101 \\ 78 \% \end{gathered}$ | $\begin{aligned} & 71 \\ & 72 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 61 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 72 \% \end{aligned}$ | $\begin{aligned} & 80 \\ & 70 \% \end{aligned}$ | $\begin{aligned} & 72 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 122 \\ & 74 \% \end{aligned}$ | $\begin{aligned} & 79 \\ & 70 \% \end{aligned}$ |
| $\begin{aligned} & 123 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 68 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 55 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 67 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 9 \% \end{aligned}$ | $\begin{gathered} 25 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 32 \\ & 10 \% \end{aligned}$ | $16$ | $\begin{aligned} & 25 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 9 \% \end{aligned}$ | $\begin{gathered} 8 \\ 13 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 10 \% \end{aligned}$ | ${ }^{10} 9$ |
| $\begin{aligned} & 41 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 4 \% \end{aligned}$ |  | $\stackrel{3}{7 \%}$ | $\begin{aligned} & 3 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ |
| 1.04 | 1.09 | 1.01 | 1.08 | 1.06 | 0.98 | 1.10 | 0.99 | 1.07 | 1.02 | 0.98 | 0.95 | 1.06 | 1.12 | 1.01 | 0.98 | 1.01 | 1.08 | 1.07 | 1.12 | 1.00 |
| $\begin{aligned} & 0.62 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.67 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.58 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.66 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.60 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.58 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.57 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.59 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.69 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.65 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.49 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.71 \\ & 0.11 \end{aligned}$ | $\begin{aligned} & 0.54 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.63 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.75 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.63 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.57 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.61 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.65 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.65 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.64 \\ & 0.07 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

## Q2. Social Loneliness Scale

Base: All respondents

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| 0 | $\begin{aligned} & 155 \\ & 14 \% \end{aligned}$ | $\begin{gathered} 123 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 27 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 108 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 95 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 12 \% \end{aligned}$ |
| 1 | $\begin{aligned} & 807 \\ & 72 \% \end{aligned}$ | $\begin{gathered} 361 \\ 65 \% \end{gathered}$ | $\begin{gathered} 435 \\ 78 \% \end{gathered}$ | $\begin{aligned} & 87 \\ & 52 \% \end{aligned}$ | $\begin{gathered} 720 \\ 75 \% \end{gathered}$ | $\begin{gathered} 434 \\ 70 \% \end{gathered}$ | $\begin{gathered} 326 \\ 74 \% \end{gathered}$ |
| 2 | $\begin{aligned} & 123 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 103 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 11 \% \end{aligned}$ |
| 3 | $\begin{gathered} 41 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 12 \\ 7 \% \end{gathered}$ | $\begin{gathered} 28 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 20 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 3 \% \end{aligned}$ |
| Mean | 1.04 | 0.92 | 1.17 | 0.99 | 1.05 | 1.03 | 1.04 |
| Standard deviation Standard error | $\begin{aligned} & 0.62 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.63 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.59 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.84 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 0.58 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.63 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.59 \\ & 0.03 \end{aligned}$ |

## CATI Fieldwork: 11th - 27th October 2013

Table 25
Q2. Loneliness Scale
Base: All respondents
$\qquad$ Gender Class

York-


Unweighted base Weighted base
0
2

3

4

5
6

Mean
Standard deviation
Standard error

| 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| 2 | ${ }_{*}$ | 1 | ${ }_{*}$ | * | - |  | $\stackrel{1}{*}$ | - | 1 |  | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | - |  | - | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ |  | - | - |
| $\begin{gathered} 26 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 15 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 11 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | 4 3 |
| $\begin{gathered} 456 \\ 41 \% \end{gathered}$ | $\begin{gathered} 202 \\ 39 \% \end{gathered}$ | $\begin{gathered} 255 \\ 42 \% \end{gathered}$ | $\begin{gathered} 185 \\ 39 \% \end{gathered}$ | $\begin{gathered} 160 \\ 46 \% \end{gathered}$ | $\begin{gathered} 112 \\ 36 \% \end{gathered}$ | $\begin{gathered} 141 \\ 43 \% \end{gathered}$ | $\begin{aligned} & 76 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 42 \% \end{aligned}$ | $\begin{gathered} 170 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 46 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 40 \% \end{aligned}$ |
| $\begin{gathered} 424 \\ 38 \% \end{gathered}$ | $\begin{gathered} 204 \\ 39 \% \end{gathered}$ | $\begin{gathered} 220 \\ 37 \% \end{gathered}$ | $\begin{gathered} 191 \\ 41 \% \end{gathered}$ | $\begin{gathered} 119 \\ 35 \% \end{gathered}$ | $\begin{gathered} 114 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 123 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 81 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 167 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 38 \% \end{aligned}$ |
| $\begin{aligned} & 185 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 86 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 99 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 81 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 13 \% \end{aligned}$ |
| ${ }_{3 \%}^{29}$ | $\begin{gathered} 13 \\ 2 \% \end{gathered}$ | $\begin{gathered} 16 \\ 3 \% \end{gathered}$ | $\begin{gathered} 13 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \\ & \hline \end{aligned}$ | $\begin{gathered} 14 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 2 \\ & 2 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 2 \% \\ & \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | ${ }_{3}^{4}$ |
| 4 | 3 | * | * | 1 | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | - | $\stackrel{1}{*}$ | * | - | - |  | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | - | - | - | - | 1 $1 \%$ |
| 2.77 | 2.78 | 2.76 | 2.79 | 2.68 | 2.84 | 2.74 | 2.69 | 2.78 | 2.82 | 2.70 | 2.63 | 2.70 | 2.77 | 2.79 | 2.68 | 2.84 | 2.68 | 2.82 | 2.96 | 2.76 |
| $\begin{aligned} & 0.87 \\ & 0.03 \end{aligned}$ | 0.88 0.04 | 0.86 0.03 | 0.84 0.04 | 0.86 0.04 | 0.92 0.06 | 0.84 0.05 | 0.81 0.06 | 0.92 0.07 | 0.89 0.04 | 0.80 0.07 | 0.74 0.11 | 0.84 0.08 | 0.88 0.09 | 0.86 0.08 | 1.00 0.11 | 0.81 0.10 | 0.88 0.08 | 0.83 0.08 | 0.88 0.07 | 0.92 0.10 |

Q2. Loneliness Scale
Base: All respondents

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | $\begin{aligned} & \text { Not often/ } \\ & \text { Never } \\ & \hline \end{aligned}$ | Agree | Disagree |
| Unweighted base | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| 0 | 2 | - | - |  | 2 | 1 | - |
| 1 | $\begin{gathered} 26 \\ 2 \% \end{gathered}$ | - | $\begin{gathered} 24 \\ 4 \% \end{gathered}$ | - | $\begin{gathered} 26 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 1 \% \end{aligned}$ | $\begin{gathered} 15 \\ 3 \% \end{gathered}$ |
| 2 | $\begin{aligned} & 456 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 46 \\ 8 \% \end{gathered}$ | $\begin{gathered} 399 \\ 72 \% \end{gathered}$ | $\begin{gathered} 12 \\ 7 \% \end{gathered}$ | $\begin{gathered} 444 \\ 46 \% \end{gathered}$ | $\begin{gathered} 221 \\ 36 \% \end{gathered}$ | $\begin{aligned} & 205 \\ & 46 \% \end{aligned}$ |
| 3 | $\begin{gathered} 424 \\ 38 \% \end{gathered}$ | $\begin{gathered} 315 \\ 57 \% \end{gathered}$ | $\begin{aligned} & 105 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 36 \% \end{aligned}$ | $\begin{gathered} 365 \\ 38 \% \end{gathered}$ | $\begin{gathered} 242 \\ 39 \% \end{gathered}$ | $\begin{gathered} 158 \\ 36 \% \end{gathered}$ |
| 4 | $\begin{gathered} 185 \\ 16 \% \end{gathered}$ | $\begin{gathered} 161 \\ 29 \% \end{gathered}$ | $\begin{gathered} 24 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 80 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 129 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 12 \% \end{aligned}$ |
| 5 | $\begin{gathered} 29 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 26 \\ & 5 \% \end{aligned}$ | 3 | ${ }^{11} 7 \%$ | $\begin{gathered} 18 \\ 2 \% \end{gathered}$ | $\begin{gathered} 15 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 3 \% \end{aligned}$ |
| 6 | $4$ | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ |  | $\begin{aligned} & 4 \\ & 2 \% \end{aligned}$ |  | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | - |
| Mean | 2.77 | 3.32 | 2.25 | 3.61 | 2.62 | 2.89 | 2.63 |
| Standard deviation Standard error | $\begin{aligned} & 0.87 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.72 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.62 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.81 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.79 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.87 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.83 \\ & 0.04 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 27
Q3. When was the last time you had a good chat with someone, either in person or over the phone? Was it in the last week, longer than a week ago but in the last month, or longer than a month ago?
Base: All respondents

|  | Gender |  |  | Age |  |  | Class |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | 55-64 | $\begin{array}{r}\text { 65-74 } \\ \hline\end{array}$ | 75+ | AB | C1 | C2 | DE | Scot- <br> land | North East | North West | Yorkshire \& Hum-berside | West Midlands | East Midlands | Wales | $\begin{gathered} \text { East- } \\ \text { ern } \end{gathered}$ | London | South <br> East | South West |
| Unweighted base | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| In the last week | $\begin{gathered} 1025 \\ 91 \% \end{gathered}$ | $\begin{gathered} 453 \\ 87 \% \end{gathered}$ | $\begin{gathered} 572 \\ 95 \% \end{gathered}$ | $\begin{gathered} 419 \\ 89 \% \end{gathered}$ | $\begin{aligned} & 316 \\ & 91 \% \end{aligned}$ | $\begin{gathered} 291 \\ 93 \% \end{gathered}$ | $\begin{aligned} & 309 \\ & 95 \% \end{aligned}$ | $\begin{aligned} & 179 \\ & 94 \% \end{aligned}$ | $\begin{gathered} 140 \\ 85 \% \end{gathered}$ | $\begin{gathered} 398 \\ 90 \% \end{gathered}$ | $\begin{aligned} & 95 \\ & 94 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 95 \% \end{aligned}$ | $\begin{gathered} 120 \\ 92 \% \end{gathered}$ | $\begin{aligned} & 86 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 91 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 89 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 92 \% \end{aligned}$ | $\begin{gathered} 101 \\ 90 \% \end{gathered}$ | $\begin{aligned} & 97 \\ & 92 \% \end{aligned}$ | $\begin{aligned} & 149 \\ & 91 \% \end{aligned}$ | $\begin{aligned} & 103 \\ & 93 \% \end{aligned}$ |
| Longer than a week ago but in the last month | $\begin{gathered} 56 \\ 5 \% \end{gathered}$ | $\begin{gathered} 38 \\ 7 \% \end{gathered}$ | $\begin{gathered} 18 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 27 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 10 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 8 \% \end{aligned}$ | $\begin{gathered} 26 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | ${ }_{7 \%}^{6}$ | $\begin{aligned} & 3 \\ & 5 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 4 \% \end{aligned}$ | ${ }_{7 \%}$ |
| More than a month ago | $\begin{gathered} 45 \\ 4 \% \end{gathered}$ | $\begin{gathered} 31 \\ 6 \% \end{gathered}$ | $\begin{gathered} 13 \\ 2 \% \end{gathered}$ | $\begin{gathered} 23 \\ 5 \% \end{gathered}$ | $\begin{gathered} 11 \\ 3 \% \end{gathered}$ | $\begin{gathered} 11 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 2 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 7 \% \end{aligned}$ | $\stackrel{20}{5 \%}$ | $\begin{aligned} & 3 \\ & 2 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | 88 | $\begin{aligned} & 3 \\ & 4 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 5 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 5 \% \\ & \hline \end{aligned}$ | - |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 28
Q3. When was the last time you had a good chat with someone, either in person or over the phone? Was it in the last week, longer than a week ago but in the last month, or longer than a month ago?
Base: All respondents

Q8. It is difficult to admit to other people that you feel

Unweighted base
Weighted base
In the last week
Longer than a week ago
but in the last month
More than a month ago

| Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| 1025 $91 \%$ | 495 $90 \%$ | $\stackrel{511}{92 \%}$ | 145 $87 \%$ | 880 $92 \%$ | ${ }_{90}^{559}$ | ${ }_{9}^{408}$ |
| $\begin{gathered} 56 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 33 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 4 \% \end{aligned}$ | ${ }^{11} 7 \%$ | $\begin{gathered} 45 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 38 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 4 \% \end{aligned}$ |
| $\begin{aligned} & 45 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 35 \\ 4 \% \end{gathered}$ | $\begin{gathered} 21 \\ 3 \% \end{gathered}$ | 17 4 \% |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 29
Q4. How often, if at all, would you say that you feel lonely? Would you say that you feel lonely very often, quite often, not very often or never? Base: All respondents

|  |  | Total | Gender |  |  |  |  |  |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | $\begin{array}{r}\text { C2 } \\ \hline\end{array}$ | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | North West | Yorkshire \& Hum-berside | West <br> Mid- <br> lands | $\begin{gathered} \text { East } \\ \text { Mid- } \\ \text { lands } \\ \hline \end{gathered}$ | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \end{aligned}$ | London | South East | South West |
| Unweighted base |  |  | 1126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 | 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| Weighted base |  | 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 | 112 |
| NET: Often |  | $\begin{aligned} & 166 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 90 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 82 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 6 \\ 12 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 17 \% \end{aligned}$ | $\begin{gathered} 6 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 13 \% \end{aligned}$ |
| NET: Not often/ Never |  | $\begin{aligned} & 960 \\ & 85 \% \end{aligned}$ | $\begin{gathered} 447 \\ 85 \% \end{gathered}$ | $\begin{gathered} 514 \\ 85 \% \end{gathered}$ | $\begin{aligned} & 406 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 303 \\ & 88 \% \end{aligned}$ | $\begin{gathered} 252 \\ 81 \% \end{gathered}$ | $\begin{gathered} 297 \\ 91 \% \end{gathered}$ | $\begin{aligned} & 167 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 135 \\ & 82 \% \end{aligned}$ | $\begin{gathered} 361 \\ 81 \% \end{gathered}$ | $\begin{aligned} & 88 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 88 \% \end{aligned}$ | $\begin{gathered} 114 \\ 87 \% \end{gathered}$ | $\begin{aligned} & 85 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 94 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 72 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 99 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 83 \\ & 79 \% \end{aligned}$ | $\begin{gathered} 129 \\ 79 \% \end{gathered}$ | $\begin{aligned} & 97 \\ & 87 \% \end{aligned}$ |
| Very often | (3) | $\begin{gathered} 55 \\ 5 \% \end{gathered}$ | $\begin{gathered} 25 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 30 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 17 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 22 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 5 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 39 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 8 \% \end{aligned}$ | $\begin{gathered} 11 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 4 \\ & 4 \% \end{aligned}$ |
| Quite often | (2) | $\begin{aligned} & 110 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 26 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 38 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 25 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 19 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 100 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & \stackrel{5}{5 \%} \\ & \hline \end{aligned}$ | $\begin{aligned} & 11 \\ & 13 \% \end{aligned}$ | ${ }_{7 \%}^{4}$ | ${ }_{7 \%}^{8}$ | $\begin{aligned} & 14 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 10 \% \end{aligned}$ |
| Not very often | (1) | $\begin{gathered} 436 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 187 \\ & 36 \% \end{aligned}$ | $\begin{gathered} 249 \\ 41 \% \end{gathered}$ | $\begin{aligned} & 192 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 126 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 118 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 126 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 81 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 167 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 45 \% \end{aligned}$ |
| Never | (0) | $\begin{gathered} 524 \\ 47 \% \end{gathered}$ | $\begin{gathered} 260 \\ 50 \% \end{gathered}$ | $\begin{gathered} 265 \\ 44 \% \end{gathered}$ | $\begin{aligned} & 214 \\ & 46 \% \end{aligned}$ | $\begin{gathered} 177 \\ 51 \% \end{gathered}$ | $\begin{gathered} 133 \\ 43 \% \end{gathered}$ | $\begin{gathered} 171 \\ 52 \% \end{gathered}$ | $\begin{aligned} & 86 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 73 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 194 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 75 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 41 \% \end{aligned}$ |
| Mean |  | 0.73 | 0.70 | 0.76 | 0.71 | 0.66 | 0.83 | 0.58 | 0.71 | 0.78 | 0.83 | 0.76 | 0.66 | 0.57 | 0.72 | 0.72 | 0.72 | 0.62 | 0.71 | 0.90 | 0.82 | 0.76 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.83 \\ & 0.02 \end{aligned}$ | 0.83 0.04 | 0.83 0.03 | 0.78 0.04 | 0.82 0.04 | 0.90 0.06 | 0.70 0.04 | 0.76 0.06 | 0.84 0.07 | 0.93 0.04 | 0.83 0.08 | 0.84 0.13 | 0.79 0.07 | 0.77 0.08 | 0.77 0.07 | 0.85 0.10 | 0.75 0.09 | 0.81 0.07 | 0.92 0.09 | 0.92 0.07 | 0.78 0.08 |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Q4. How often, if at all, would you say that you feel lonely? Would you say that you feel lonely very often, quite often, not very often or never? Base: All respondents

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base |  | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| NET: Often |  | $\begin{aligned} & 166 \\ & 15 \% \end{aligned}$ | $\begin{gathered} 144 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 20 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 166 \\ & 100 \% \end{aligned}$ | - | $\begin{gathered} 139 \\ 23 \% \end{gathered}$ | $\begin{aligned} & 23 \\ & 5 \% \end{aligned}$ |
| NET: Not often/ Never |  | $\begin{aligned} & 960 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 406 \\ & 74 \% \end{aligned}$ | $\begin{gathered} 536 \\ 96 \% \end{gathered}$ |  | $\begin{aligned} & 960 \\ & 100 \% \end{aligned}$ | $\begin{aligned} & 479 \\ & 77 \% \end{aligned}$ | $\begin{aligned} & 418 \\ & 95 \% \end{aligned}$ |
| Very often | (3) | $\begin{gathered} 55 \\ 5 \% \end{gathered}$ | $\begin{gathered} 46 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 8 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 33 \% \end{aligned}$ |  | $\begin{gathered} 45 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 8 \\ & 2 \% \end{aligned}$ |
| Quite often | (2) | $\begin{gathered} 110 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 99 \\ & 18 \% \end{aligned}$ | $\begin{gathered} 12 \\ 2 \% \end{gathered}$ | $\begin{gathered} 110 \\ 67 \% \end{gathered}$ | - | $\begin{aligned} & 94 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 4 \% \end{aligned}$ |
| Not very often | (1) | $\begin{aligned} & 436 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 228 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 200 \\ 36 \% \end{gathered}$ |  | $\begin{gathered} 436 \\ 45 \% \end{gathered}$ | $\begin{aligned} & 248 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 168 \\ & 38 \% \end{aligned}$ |
| Never | (0) | $\begin{aligned} & 524 \\ & 47 \% \end{aligned}$ | $\begin{gathered} 178 \\ 32 \% \end{gathered}$ | $\begin{gathered} 336 \\ 60 \% \end{gathered}$ | $\square$ | $\begin{aligned} & 524 \\ & 55 \% \end{aligned}$ | $\begin{gathered} 231 \\ 37 \% \end{gathered}$ | $\begin{gathered} 249 \\ 56 \% \end{gathered}$ |
| Mean |  | 0.73 | 1.02 | 0.45 | 2.33 | 0.45 | 0.92 | 0.51 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.83 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.61 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.47 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.50 \\ & 0.02 \end{aligned}$ | $\begin{aligned} & 0.90 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.65 \\ & 0.03 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 31
Q5. Have you ever discussed feeling lonely with anyone in your family?
Base: All feeling lonely very/ quite often


Unweighted base
Weighted base
Yes

No

| Gender |  |  | Age |  |  | Class |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { West } \\ & \hline \end{aligned}$ | Yorkshire \& Hum-berside | West <br> Mid- <br> lands | $\begin{gathered} \text { East } \\ \text { Mid- } \\ \text { lands } \\ \hline \end{gathered}$ | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \end{aligned}$ | London | $\begin{aligned} & \text { South } \\ & \text { East } \end{aligned}$ | South West |
| 159 | 71 | 88 | 63 | 56 | 40 | 28 | 21 | 29 | 81 | 16 | 5 | 15 | 13 | 12 | 12 | 7 | 17 | 22 | 30 | 10 |
| 166 | 76 | 90 | 62 | 43 | 60 | 30 | 24 | 29 | 82 | 13 | 6 | 17 | 13 | 10 | 15 | 6 | 14 | 22 | 34 | 15 |
| $\begin{aligned} & 66 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 38 \% \end{aligned}$ | $\begin{gathered} 5 \\ 40 \% \end{gathered}$ | $\begin{gathered} 5 \\ 85 \% \end{gathered}$ | $\begin{gathered} 6 \\ 34 \% \end{gathered}$ | $\begin{gathered} 6 \\ 48 \% \end{gathered}$ | $\begin{gathered} 5 \\ 46 \% \end{gathered}$ | $\begin{gathered} 6 \\ 40 \% \end{gathered}$ | $\begin{gathered} 3 \\ 42 \% \end{gathered}$ | $\begin{gathered} 4 \\ 31 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 49 \% \end{aligned}$ | $\begin{gathered} 8 \\ 24 \% \end{gathered}$ | $\begin{gathered} 6 \\ 43 \% \end{gathered}$ |
| $\begin{aligned} & 100 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 69 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 62 \% \end{aligned}$ | $\begin{gathered} 8 \\ 60 \% \end{gathered}$ | $\begin{gathered} 1 \\ 15 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 66 \% \end{aligned}$ | $\begin{gathered} 7 \\ 52 \% \end{gathered}$ | $\begin{gathered} 5 \\ 54 \% \end{gathered}$ | $\begin{gathered} 9 \\ 60 \% \end{gathered}$ | $\begin{gathered} 4 \\ 58 \% \end{gathered}$ | $\begin{gathered} 9 \\ 69 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 76 \% \end{aligned}$ | 9 $57 \%$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 32
Q5. Have you ever discussed feeling lonely with anyone in your family?
Base: All feeling lonely very/ quite often

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base | 159 | 140 | 18 | 159 | - | 133 | 24 |
| Weighted base | 166 | 144 | 20 | 166 | - | 139 | 23 |
| Yes | $\begin{aligned} & 66 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 39 \% \end{aligned}$ | $\begin{gathered} 9 \\ 44 \% \end{gathered}$ | $\begin{aligned} & 66 \\ & 40 \% \end{aligned}$ | - | $\begin{aligned} & 51 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 64 \% \end{aligned}$ |
| No | $\begin{gathered} 100 \\ 60 \% \end{gathered}$ | $\begin{aligned} & 87 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 100 \\ & 60 \% \end{aligned}$ | $\div$ | $\begin{aligned} & 89 \\ & 64 \% \end{aligned}$ | $\stackrel{9}{36 \%}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 33
Q6. Why have you not discussed this with anyone in your family?
Base: All feeling lonely very/ quite often but have not discussed with family members

|  | Gender |  |  | Age |  |  | Class |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { West } \\ & \hline \end{aligned}$ | Yorkshire \& Hum-berside | West <br> Mid- <br> lands | $\begin{gathered} \text { East } \\ \text { Mid- } \\ \text { lands } \\ \hline \end{gathered}$ | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \\ & \hline \end{aligned}$ | London | $\begin{aligned} & \text { South } \\ & \text { East } \end{aligned}$ | South West |
| Unweighted base | 95 | 44 | 51 | 33 | 35 | 27 | 15 | 11 | 19 | 50 | 10 | 1 | 10 | 7 | 6 | 7 | 4 | 12 | 11 | 22 | 5 |
| Weighted base | 100 | 46 | 54 | 32 | 27 | 41 | 17 | 14 | 19 | 51 | 8 | 1 | 11 | 7 | 5 | 9 | 4 | 9 | 11 | 26 | 9 |
| Because I don't want to make a fuss / don't want to trouble them / be a burden | $\begin{aligned} & 47 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 70 \% \end{aligned}$ | $\begin{gathered} 5 \\ 35 \% \end{gathered}$ | $\begin{gathered} 5 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 25 \\ & 50 \% \end{aligned}$ | $\begin{gathered} 1 \\ 18 \% \end{gathered}$ | $\begin{gathered} 1 \\ 100 \% \end{gathered}$ | $\begin{gathered} 6 \\ 54 \% \end{gathered}$ | $\begin{gathered} 2 \\ 24 \% \end{gathered}$ | $\begin{gathered} 3 \\ 58 \% \end{gathered}$ | $\begin{gathered} 3 \\ 36 \% \end{gathered}$ | $\begin{gathered} 2 \\ 44 \% \end{gathered}$ | $\begin{gathered} 5 \\ 50 \% \end{gathered}$ | $\begin{gathered} 6 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 47 \% \end{aligned}$ | $\stackrel{6}{67 \%}$ |
| Because the subject is embarrassing / don't want to talk about it | $\begin{aligned} & 11 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{gathered} 6 \\ 18 \% \end{gathered}$ | $\begin{gathered} 3 \\ 12 \% \end{gathered}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ |  | $\begin{aligned} & 1 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 4 \\ 20 \% \end{gathered}$ | $\begin{gathered} 6 \\ 12 \% \end{gathered}$ | $\stackrel{2}{20 \%}$ |  |  | $\begin{gathered} 1 \\ 12 \% \end{gathered}$ |  | $\begin{gathered} 1 \\ 11 \% \end{gathered}$ | $\begin{gathered} 1 \\ 28 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 8 \% \end{aligned}$ | $\begin{gathered} 5 \\ 18 \% \end{gathered}$ | $\div$ |
| Because there is so little time / they are busy | $\frac{7}{7 \%}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{gathered} 6 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 3 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 1 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 8 \% \end{aligned}$ | - | - | $\begin{gathered} 1 \\ 21 \% \end{gathered}$ | - | $:$ | $\begin{gathered} 1 \\ 28 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 7 \% \end{aligned}$ | 6\% | $\begin{aligned} & 2 \\ & 9 \% \end{aligned}$ | $\div$ |
| Because I rarely / never see them | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 9 \% \end{aligned}$ | $\begin{gathered} 3 \\ 11 \% \end{gathered}$ |  |  | $\begin{aligned} & 1 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 7 \% \end{aligned}$ | $\begin{gathered} 2 \\ 20 \% \end{gathered}$ | $\div$ | - | $\begin{gathered} 1 \\ 11 \% \end{gathered}$ | - | $\begin{gathered} 1 \\ 12 \% \end{gathered}$ | - | $\begin{aligned} & 1 \\ & 7 \% \end{aligned}$ | - | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 1 \\ 12 \% \end{gathered}$ |
| Other | $\begin{aligned} & 27 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 6 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 26 \% \end{aligned}$ | $\begin{gathered} 5 \\ 30 \% \end{gathered}$ | $\begin{gathered} 6 \\ 40 \% \end{gathered}$ | $\begin{gathered} 6 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 10 \\ & 20 \% \end{aligned}$ | $\begin{gathered} 1 \\ 19 \% \end{gathered}$ |  | $\begin{gathered} 4 \\ 38 \% \end{gathered}$ | $\begin{gathered} 3 \\ 44 \% \end{gathered}$ | $\begin{gathered} 1 \\ 24 \% \end{gathered}$ | $\begin{gathered} 4 \\ 41 \% \end{gathered}$ | $\begin{gathered} 1 \\ 21 \% \end{gathered}$ | $\begin{gathered} 1 \\ 13 \% \end{gathered}$ | $\begin{gathered} 4 \\ 32 \% \end{gathered}$ | $\begin{gathered} 6 \\ 22 \% \end{gathered}$ | $\underset{22 \%}{2}$ |
| Don't know | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 5 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 6 \% \end{aligned}$ |  |  | ${ }_{7 \%}^{1}$ | $\begin{gathered} 5 \\ 10 \% \end{gathered}$ | $\begin{gathered} 1 \\ 16 \% \end{gathered}$ |  | $\begin{aligned} & 1 \\ & 8 \% \end{aligned}$ |  | $\stackrel{1}{17 \%}$ |  |  | $\begin{gathered} 2 \\ 21 \% \end{gathered}$ |  | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | - |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 34
Q6. Why have you not discussed this with anyone in your family?
Base: All feeling lonely very/ quite often but have not discussed with family members

Unweighted base
Weighted base
Because I don't want to
make a fuss / don't
be a burden
Because the subject is mbarrassing / don't
want to tak about
Because there is so
little time / they are
busy
Because I rarely /
never see them
Other
Don't know

| Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| 95 | 83 | 11 | 95 | - | 84 | 9 |
| 100 | 87 | 11 | 100 | - | 89 | 9 |
| $\begin{aligned} & 47 \\ & 47 \% \end{aligned}$ | $45$ | $\begin{gathered} 2 \\ 16 \% \end{gathered}$ | $\begin{aligned} & 47 \\ & 47 \% \end{aligned}$ | - | $\begin{aligned} & 41 \\ & 47 \% \end{aligned}$ | $\begin{gathered} 4 \\ 46 \circ \end{gathered}$ |
| 11 | 11 | - | 11 | - | 11 | - |
| 7 | 4 | ${ }^{3}$ | 7 | - | 7 | - |
| 7\% | 4\% | 27\% | 7\% | - | 8\% |  |
| 6 | 5 | 1 | 6 | - | 6 | - |
| 6\% | 5\% | 12\% | 6\% | - | 7\% | - |
| 27 | 23 | 3 | 27 | - | 20 | 5 |
| 27\% | 26\% | 24\% | 27\% | - | 23\% | 63\% |
| 6 | 4 | 2 | 6 | - | 6 | - |
| 6\% | 4\% | 21\% | 6\% | - | 7\% | - |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 35
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
-Summary
Base: All ever feeling lonely

|  |  | Q7. Summary |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | A chat on the phone | A chat over a meal | Shopping | Some form of employment | Exercise | Volunteering |
| Unweighted base |  | 598 | 598 | 598 | 598 | 598 | 598 |
| Weighted base |  | 602 | 602 | 602 | 602 | 602 | 602 |
| NET: Helpful |  | $\begin{gathered} 524 \\ 87 \% \end{gathered}$ | $\begin{gathered} 497 \\ 83 \% \end{gathered}$ | $\begin{aligned} & 352 \\ & 58 \% \end{aligned}$ | $\begin{gathered} 312 \\ 52 \% \end{gathered}$ | $\begin{gathered} 407 \\ 68 \% \end{gathered}$ | $\begin{aligned} & 340 \\ & 56 \% \end{aligned}$ |
| NET: Not helpful |  | $\begin{aligned} & 74 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 102 \\ & 17 \% \end{aligned}$ | $\begin{gathered} 230 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 267 \\ & \Delta 40 \end{aligned}$ | $\begin{gathered} 177 \\ 29 \% \end{gathered}$ | $\begin{gathered} 236 \\ 39 \% \end{gathered}$ |
| Very helpful | (4) | $\begin{aligned} & 338 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 303 \\ & 50 \% \end{aligned}$ | $172$ | $\begin{aligned} & 190 \\ & 32 \% \end{aligned}$ | $\begin{gathered} 229 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 197 \\ & 33 \% \end{aligned}$ |
| Fairly helpful | (3) | $\begin{aligned} & 186 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 195 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 180 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 122 \\ & 20 \% \end{aligned}$ | $\begin{gathered} 178 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 143 \\ & 24 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{aligned} & 60 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 145 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 113 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 135 \\ & 22 \% \end{aligned}$ |
| Not at all helpful | (1) | $\begin{aligned} & 14 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 85 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 154 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 102 \\ & 17 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\underset{3 \%}{20}$ | $\begin{aligned} & 23 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 18 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 26 \\ & 4 \% \end{aligned}$ |
| Mean |  | 3.42 | 3.26 | 2.75 | 2.60 | 2.95 | 2.76 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.76 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 1.03 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 1.20 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.06 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 1.11 \\ & 0.05 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 36
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..

## A chat on the phone

Base: All ever feeling lonely
Gender Age Class Region $\quad$ Rork- R R

|  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { West } \end{aligned}$ | $\begin{gathered} \text { York- } \\ \text { shire } \\ \text { \& Hum- } \\ \text { ber- } \\ \text { side } \\ \hline \end{gathered}$ | $\begin{aligned} & \text { West } \\ & \text { Mid- } \\ & \text { lands } \\ & \hline \end{aligned}$ | $\begin{gathered} \text { East } \\ \text { Mid- } \\ \text { lands } \\ \hline \end{gathered}$ | Wales | Eastern | London | South East | South West |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 598 | 253 | 345 | 262 | 213 | 123 | 158 | 104 | 91 | 245 | 68 | 20 | 49 | 55 | 63 | 39 | 34 | 73 | 66 | 82 | 49 |
|  | 602 | 263 | 339 | 255 | 169 | 179 | 155 | 105 | 92 | 249 | 58 | 24 | 53 | 54 | 60 | 44 | 30 | 61 | 64 | 88 | 65 |
|  | $\begin{gathered} 524 \\ 87 \% \end{gathered}$ | $\begin{gathered} 209 \\ 80 \% \end{gathered}$ | $\begin{gathered} 315 \\ 93 \% \end{gathered}$ | $\begin{gathered} 217 \\ 85 \% \end{gathered}$ | $\begin{gathered} 149 \\ 89 \% \end{gathered}$ | $\begin{aligned} & 158 \\ & 89 \% \end{aligned}$ | $\begin{aligned} & 132 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 95 \\ & 90 \% \end{aligned}$ | $\begin{aligned} & 79 \\ & 85 \% \end{aligned}$ | $\begin{gathered} 219 \\ 88 \% \end{gathered}$ | $\begin{aligned} & 52 \\ & 89 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 92 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 93 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 91 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 81 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 80 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 89 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 90 \% \end{aligned}$ |
|  | $\begin{aligned} & 74 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 6 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 2 \\ & 8 \% \\ & \hline \end{aligned}$ | ${ }_{7 \%}^{4}$ | $\begin{aligned} & 5 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 17 \% \end{aligned}$ | $\begin{gathered} 5 \\ 11 \% \end{gathered}$ | $\begin{gathered} 6 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 20 \% \end{aligned}$ | $\begin{gathered} 6 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 100 \\ & 11 \% \end{aligned}$ | 7 $10 \%$ |
| (4) | $\begin{gathered} 338 \\ 56 \% \end{gathered}$ | $\begin{aligned} & 120 \\ & 45 \% \end{aligned}$ | $\begin{gathered} 219 \\ 64 \% \end{gathered}$ | $\begin{gathered} 134 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 93 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 112 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 85 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 150 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 64 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 71 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 44 \% \end{aligned}$ | 44 67 |
| (3) | $\begin{gathered} 186 \\ 31 \% \end{gathered}$ | $\begin{aligned} & 90 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 96 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 83 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 25 \% \end{aligned}$ | ${ }_{7 \%}^{2}$ | $\begin{aligned} & 12 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 44 \% \end{aligned}$ | 15 $23 \%$ |
| (2) | $\begin{aligned} & 60 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & \text { 16 } \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 13 \% \end{aligned}$ | ${ }^{15} 9 \%$ | $\begin{gathered} 12 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 20 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 23 \\ 9 \% \end{gathered}$ | $\begin{gathered} 6 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 2 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 7 \% \end{aligned}$ | $\begin{gathered} 8 \\ 14 \% \end{gathered}$ | $\begin{gathered} 5 \\ 11 \% \end{gathered}$ | $\begin{gathered} 5 \\ 16 \% \end{gathered}$ | $\stackrel{9}{15 \%}$ | $\begin{gathered} 6 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 6 \% \end{aligned}$ | ${ }^{7} \mathbf{0} \%$ |
| (1) | $\begin{aligned} & 14 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 4 \% \end{aligned}$ | - | $\begin{aligned} & 7 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \% \\ & 1 \% \end{aligned}$ |  | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 3 \% \end{aligned}$ | $\stackrel{2}{3 \%}$ | - | $\begin{aligned} & 1 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 5 \% \end{aligned}$ | - | $\begin{aligned} & 4 \\ & 5 \% \\ & \end{aligned}$ | - |
|  | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | * | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | - | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | - | - | $\square$ | - | - | - | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | - | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | - |
|  | 3.42 | 3.23 | 3.57 | 3.36 | 3.44 | 3.49 | 3.40 | 3.42 | 3.37 | 3.45 | 3.52 | 3.76 | 3.60 | 3.44 | 3.31 | 3.36 | 3.29 | 3.17 | 3.51 | 3.28 | 3.56 |
|  | 0.76 0.03 | 0.84 0.05 | 0.66 0.04 | 0.78 0.05 | 0.72 0.05 | 0.79 0.07 | 0.76 0.06 | 0.79 0.08 | 0.69 0.07 | 0.78 0.05 | 0.72 0.09 | 0.60 0.14 | 0.72 0.10 | 0.74 0.10 | 0.84 0.11 | 0.70 0.11 | 0.85 0.15 | 0.87 0.10 | 0.68 0.08 | 0.79 0.09 | $\begin{aligned} & 0.68 \\ & 0.10 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 37
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
-A chat on the phone
Base: All ever feeling lonely

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 598 | 368 | 223 | 159 | 439 | 387 | 191 |
| Weighted base |  | 602 | 373 | 220 | 166 | 436 | 388 | 192 |
| NET: Helpful |  | $\begin{aligned} & 524 \\ & 87 \% \end{aligned}$ | $\begin{gathered} 325 \\ 87 \% \end{gathered}$ | $\begin{aligned} & 192 \\ & 87 \% \end{aligned}$ | $\begin{aligned} & 145 \\ & 87 \% \end{aligned}$ | $\begin{gathered} 379 \\ 87 \% \end{gathered}$ | $\begin{gathered} 340 \\ 88 \% \end{gathered}$ | $\begin{gathered} 169 \\ 88 \% \end{gathered}$ |
| NET: Not helpful |  | $\begin{aligned} & 74 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 11 \% \end{aligned}$ |
| Very helpful | (4) | $\begin{aligned} & 338 \\ & 56 \% \end{aligned}$ | $\begin{gathered} 204 \\ 55 \% \end{gathered}$ | $\begin{aligned} & 128 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 91 \\ & 55 \% \end{aligned}$ | $\begin{gathered} 247 \\ 57 \% \end{gathered}$ | $\begin{gathered} 222 \\ 57 \% \end{gathered}$ | $\begin{aligned} & 107 \\ & 56 \% \end{aligned}$ |
| Fairly helpful | (3) | $\begin{aligned} & 186 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 121 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 132 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 118 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 32 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{aligned} & 60 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 9 \% \end{aligned}$ |
| Not at all helpful | (1) | $\begin{aligned} & 14 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 10 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | 1 | $\begin{aligned} & 4 \\ & 2 \% \end{aligned}$ | - | $\begin{aligned} & 4 \\ & 1 \% \end{aligned}$ | 1 | 1 |
| Mean |  | 3.42 | 3.40 | 3.46 | 3.40 | 3.43 | 3.43 | 3.42 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.76 \\ & 0.03 \end{aligned}$ | $\begin{aligned} & 0.77 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.75 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.78 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.76 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.75 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 0.76 \\ & 0.06 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 38
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
-A chat over a meal
Base: All ever feeling lonely

|  |  | Gender |  | Age |  |  | Class |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | North West | Yorkshire \& Hum-berside | West <br> Mid- <br> lands | $\begin{array}{r} \text { East } \\ \text { Mid- } \\ \text { lands } \\ \hline \end{array}$ | Wales | $\begin{gathered} \text { East- } \\ \text { ern } \end{gathered}$ | London | $\begin{aligned} & \text { South } \\ & \text { East } \\ & \hline \end{aligned}$ | South West |
|  | 598 | 253 | 345 | 262 | 213 | 123 | 158 | 104 | 91 | 245 | 68 | 20 | 49 | 55 | 63 | 39 | 34 | 73 | 66 | 82 | 49 |
|  | 602 | 263 | 339 | 255 | 169 | 179 | 155 | 105 | 92 | 249 | 58 | 24 | 53 | 54 | 60 | 44 | 30 | 61 | 64 | 88 | 65 |
|  | $\begin{gathered} 497 \\ 83 \% \end{gathered}$ | $\begin{gathered} 210 \\ 80 \% \end{gathered}$ | $\begin{gathered} 287 \\ 85 \% \end{gathered}$ | $\begin{gathered} 211 \\ 83 \% \end{gathered}$ | $\begin{aligned} & 141 \\ & 84 \% \end{aligned}$ | $\begin{aligned} & 145 \\ & 81 \% \end{aligned}$ | $\begin{aligned} & 137 \\ & 88 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 85 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 84 \% \end{aligned}$ | $\begin{aligned} & 193 \\ & 77 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 86 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 96 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 76 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 78 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 76 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 77 \% \end{aligned}$ | $\begin{aligned} & 74 \\ & 83 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 89 \% \end{aligned}$ |
|  | $\begin{gathered} 102 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 51 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 8 \\ 14 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 9 \\ 17 \% \end{gathered}$ | $\begin{gathered} 8 \\ 15 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 7 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 10 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 14 \% \end{aligned}$ | $\begin{gathered} 7 \\ 11 \% \end{gathered}$ |
| (4) | $\begin{aligned} & 303 \\ & 50 \% \end{aligned}$ | $\begin{gathered} 117 \\ 44 \% \end{gathered}$ | $\begin{aligned} & 186 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 133 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 85 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 85 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 88 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 45 \% \end{aligned}$ | $\begin{gathered} 115 \\ 46 \% \end{gathered}$ | $\begin{aligned} & 30 \\ & 52 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 54 \% \\ & 5 \end{aligned}$ | $\begin{aligned} & 41 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 49 \% \end{aligned}$ |
| (3) | $\begin{aligned} & 195 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 35 \% \end{aligned}$ | $\begin{gathered} 101 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 78 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 34 \% \end{aligned}$ | $\begin{gathered} 8 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 40 \% \end{aligned}$ |
| (2) | $\begin{aligned} & 58 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 11 \% \end{aligned}$ | ${ }^{28} 8 \%$ | $\begin{aligned} & 31 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 14 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 9 \% \end{aligned}$ | ${ }^{6}$ | $\begin{aligned} & 30 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 6 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 6 \\ 12 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 7 \\ 13 \% \end{gathered}$ | $\begin{gathered} 8 \\ 18 \% \end{gathered}$ | $\begin{gathered} 6 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 4 \\ & 6 \% \end{aligned}$ | $\begin{gathered} 8 \\ 12 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ |
| (1) | $\begin{gathered} 44 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 21 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 7 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 12 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 20 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | - | $\begin{aligned} & 3 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 9 \% \end{aligned}$ | $\begin{gathered} 7 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 6 \\ 11 \% \end{gathered}$ | $\begin{gathered} 7 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 5 \\ & 6 \% \end{aligned}$ | ${ }^{6} 9$ |
|  | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | ${ }_{*}^{2}$ | - | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ |  | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ |  | $\square$ | - | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | - | - | - | - | - | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | - |
|  | 3.26 | 3.17 | 3.34 | 3.30 | 3.28 | 3.19 | 3.41 | 3.36 | 3.20 | 3.15 | 3.35 | 3.60 | 3.36 | 3.32 | 3.09 | 3.28 | 3.15 | 3.17 | 3.20 | 3.27 | 3.28 |
|  | $\begin{aligned} & 0.91 \\ & 0.04 \end{aligned}$ | 0.93 0.06 | $\begin{aligned} & 0.89 \\ & 0.05 \end{aligned}$ | 0.86 0.05 | 0.90 0.06 | $\begin{aligned} & 0.98 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.79 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 0.91 \\ & 0.10 \end{aligned}$ | $\begin{aligned} & 0.98 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 0.81 \\ & 0.10 \end{aligned}$ | $\begin{aligned} & 0.57 \\ & 0.13 \end{aligned}$ | $\begin{aligned} & 0.89 \\ & 0.13 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.13 \end{aligned}$ | $\begin{aligned} & 1.00 \\ & 0.13 \end{aligned}$ | $\begin{aligned} & 0.92 \\ & 0.15 \end{aligned}$ | $\begin{aligned} & 0.87 \\ & 0.15 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.11 \end{aligned}$ | $\begin{aligned} & 1.03 \\ & 0.13 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.10 \end{aligned}$ | $\begin{aligned} & 0.90 \\ & 0.13 \end{aligned}$ |

York-
shire
\& Hum- West Eas
East
Mid-
Scot- North North $\begin{gathered}\text { \& Hum- } \\ \text { ber- }\end{gathered} \begin{aligned} & \text { West } \\ & \text { Mid- }\end{aligned}$ East Mid- $\quad$ East- $\quad$ South South
Unweighted base
Weighted base
NET: Helpful
$\frac{598}{} \frac{\text { Male }}{253} \frac{\text { Female }}{345} \frac{55-64}{262} \frac{65-74}{213}$
$75+\quad \mathrm{AB} \quad \mathrm{C} 1 \quad \mathrm{C} 2 \quad \mathrm{DE} \quad \begin{array}{lll}\text { Scot- } & \text { North North }\end{array}$ lands lands Wales ern London East West

NET: Not helpful
Very helpful
Fairly helpful
Not very helpful
Not at all helpful
Don't know
Mean
Standard deviation Standard error

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 39
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it
very helpful, fairly helpful, not very helpful or not at all helpful ..
-A chat over a meal
Base: All ever feeling lonely

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 598 | 368 | 223 | 159 | 439 | 387 | 191 |
| Weighted base |  | 602 | 373 | 220 | 166 | 436 | 388 | 192 |
| NET: Helpful |  | $\begin{aligned} & 497 \\ & 83 \% \end{aligned}$ | $\begin{gathered} 312 \\ 84 \% \end{gathered}$ | $\begin{gathered} 178 \\ 81 \% \end{gathered}$ | $\begin{aligned} & 128 \\ & 77 \% \end{aligned}$ | $\begin{gathered} 369 \\ 85 \% \end{gathered}$ | $\begin{gathered} 317 \\ 82 \% \end{gathered}$ | $\begin{aligned} & 162 \\ & 85 \% \end{aligned}$ |
| NET: Not helpful |  | $\begin{aligned} & 102 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 68 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 15 \% \end{aligned}$ |
| Very helpful | (4) | $\begin{aligned} & 303 \\ & 50 \% \end{aligned}$ | $\begin{gathered} 183 \\ 49 \% \end{gathered}$ | $\begin{aligned} & 117 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 43 \% \end{aligned}$ | $\begin{gathered} 232 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 188 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 55 \% \end{aligned}$ |
| Fairly helpful | (3) | $\begin{gathered} 195 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 128 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 61 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 137 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 128 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 57 \\ & 30 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{aligned} & 58 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 20 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 18 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 11 \% \end{aligned}$ |
| Not at all helpful | (1) | $\begin{gathered} 44 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 23 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 9 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 24 \\ 6 \% \end{gathered}$ | $\begin{gathered} 31 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 5 \% \end{aligned}$ |
| Don't know |  | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | ${ }_{*}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ |  | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | - |
| Mean |  | 3.26 | 3.27 | 3.27 | 3.08 | 3.33 | 3.23 | 3.35 |
| Standard deviation Standard error |  | $\begin{aligned} & 0.91 \\ & 0.04 \\ & 0.0 \end{aligned}$ | $\begin{aligned} & 0.88 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.96 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.00 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 0.86 \\ & 0.04 \\ & 0 . \end{aligned}$ | $\begin{aligned} & 0.93 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 0.85 \\ & 0.06 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 40
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..

## Shopping

Base: All ever feeling lonely

|  | Gender |  | Age |  |  | Class |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | $\begin{aligned} & \text { Scot- } \\ & \text { S and } \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | North West | Yorkshire \& Hum-berside | West Midlands | East <br> Mid- <br> lands | Wales | $\begin{aligned} & \text { East- } \\ & \text { ern } \end{aligned}$ | London | $\begin{aligned} & \text { South } \\ & \text { East } \end{aligned}$ | $\begin{aligned} & \text { South } \\ & \text { West } \\ & \hline \end{aligned}$ |
| 598 | 253 | 345 | 262 | 213 | 123 | 158 | 104 | 91 | 245 | 68 | 20 | 49 | 55 | 63 | 39 | 34 | 73 | 66 | 82 | 49 |
| 602 | 263 | 339 | 255 | 169 | 179 | 155 | 105 | 92 | 249 | 58 | 24 | 53 | 54 | 60 | 44 | 30 | 61 | 64 | 88 | 65 |
| $\begin{aligned} & 352 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 129 \\ & 49 \% \end{aligned}$ | $\begin{gathered} 223 \\ 66 \% \end{gathered}$ | $\begin{aligned} & 140 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 94 \\ & 56 \% \\ & \hline \end{aligned}$ | $\begin{gathered} 118 \\ 66 \% \end{gathered}$ | $\begin{aligned} & 77 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 164 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 65 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 59 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 27 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 58 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 51 \\ & 57 \% \end{aligned}$ | 37 $56 \%$ |
| $\begin{gathered} 230 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 125 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 112 \\ 44 \% \end{gathered}$ | $\begin{aligned} & 72 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 46 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 7 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 16 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 35 \% \end{aligned}$ | ${ }^{27} 4$ |
| $\begin{aligned} & 172 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 115 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 64 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 61 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 92 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 30 \% \end{aligned}$ | $\begin{gathered} 8 \\ 31 \% \end{gathered}$ | $\begin{aligned} & 19 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 26 \% \end{aligned}$ | $\begin{gathered} 7 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 26 \% \end{aligned}$ | 20 $30 \%$ |
| $\begin{gathered} 180 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 71 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 108 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 76 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 47 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 72 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 33 \% \end{aligned}$ | $\begin{gathered} 8 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 13 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 32 \% \end{aligned}$ | 17 |
| $\begin{aligned} & 145 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 80 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 27 \% \end{aligned}$ | $\begin{gathered} 6 \\ 24 \% \end{gathered}$ | $\begin{gathered} 8 \\ 14 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 26 \% \end{aligned}$ | $\begin{gathered} 8 \\ 13 \% \end{gathered}$ | $\stackrel{9}{21 \%}$ | $\begin{gathered} 6 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 19 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 28 \% \end{aligned}$ | 15 $23 \%$ |
| $\begin{aligned} & 85 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 10 \% \end{aligned}$ | $\begin{gathered} 6 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 2 \\ & 7 \% \end{aligned}$ | $\begin{gathered} 8 \\ 15 \% \end{gathered}$ | $\begin{gathered} 7 \\ 14 \% \end{gathered}$ | $\begin{aligned} & 17 \\ & 28 \% \end{aligned}$ | $\begin{gathered} 6 \\ 14 \% \end{gathered}$ | $\begin{gathered} 7 \\ 22 \% \end{gathered}$ | $\begin{gathered} 8 \\ 13 \% \end{gathered}$ | $\begin{gathered} 7 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 7 \% \end{aligned}$ | 12 $18 \%$ |
| $\begin{gathered} 20 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 9 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 11 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{gathered} 14 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 4 \% \end{aligned}$ | - | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 5 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 4 \\ & 7 \% \end{aligned}$ |  | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ |  | - |  | $\begin{aligned} & 6 \\ & 7 \% \end{aligned}$ | ${ }_{3}^{2}$ |
| 2.75 | 2.55 | 2.91 | 2.65 | 2.70 | 2.98 | 2.50 | 2.68 | 2.72 | 2.96 | 2.83 | 2.93 | 2.89 | 2.73 | 2.63 | 2.77 | 2.60 | 2.67 | 2.76 | 2.82 | 2.70 |
| $\begin{aligned} & 1.03 \\ & 0.04 \end{aligned}$ | 1.03 0.07 | 1.01 0.06 | 1.03 0.06 | 1.05 0.07 | 1.00 0.09 | 1.02 0.08 | 1.06 0.10 | 1.00 0.11 | 1.01 0.07 | 0.98 0.12 | 0.94 0.22 | 1.11 0.17 | 1.06 0.15 | 1.21 0.15 | 1.02 0.16 | 1.09 0.19 | 0.98 0.12 | 0.79 0.12 | 0.93 0.11 | 1.10 0.16 |

York-
\& Hum- West Eas
East
Mid-
Scot- North North East- Mid- Mid- South South

Unweighted base
Weighted base
NET: Helpful
NET: Not helpful
Very helpful
Fairly helpful
Not very helpful
Not at all helpful
Don't know
Mean
Standard deviation Standard error

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 41
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
Shopping
Base: All ever feeling lonely

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 598 | 368 | 223 | 159 | 439 | 387 | 191 |
| Weighted base |  | 602 | 373 | 220 | 166 | 436 | 388 | 192 |
| NET: Helpful |  | $\begin{gathered} 352 \\ 58 \% \end{gathered}$ | $\begin{gathered} 243 \\ 65 \% \end{gathered}$ | $\begin{gathered} 107 \\ 49 \% \end{gathered}$ | $\begin{aligned} & 109 \\ & 66 \% \end{aligned}$ | $\begin{gathered} 243 \\ 56 \% \end{gathered}$ | $\begin{gathered} 244 \\ 63 \% \end{gathered}$ | $\begin{aligned} & 99 \\ & 52 \% \end{aligned}$ |
| NET: Not helpful |  | $\begin{gathered} 230 \\ 38 \% \end{gathered}$ | $\begin{gathered} 120 \\ 32 \% \end{gathered}$ | $\begin{gathered} 105 \\ 48 \% \end{gathered}$ | $\begin{aligned} & 54 \\ & 33 \% \end{aligned}$ | $\begin{gathered} 176 \\ 40 \% \end{gathered}$ | $\begin{gathered} 136 \\ 35 \% \end{gathered}$ | $\begin{aligned} & 85 \\ & 44 \% \end{aligned}$ |
| Very helpful | (4) | $\begin{gathered} 172 \\ 29 \% \end{gathered}$ | $\begin{gathered} 118 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 54 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 32 \% \end{aligned}$ | $\begin{gathered} 120 \\ 27 \% \end{gathered}$ | $\begin{aligned} & 113 \\ & 29 \% \end{aligned}$ | ${ }_{28 \%}^{58}$ |
| Fairly helpful | (3) | $\begin{gathered} 180 \\ 30 \% \end{gathered}$ | $\begin{gathered} 125 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 53 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 34 \% \end{aligned}$ | $\begin{gathered} 123 \\ 28 \% \end{gathered}$ | $\begin{gathered} 131 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 44 \\ & 23 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{aligned} & 145 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 66 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 21 \% \end{aligned}$ | $\begin{gathered} 110 \\ 25 \% \end{gathered}$ | $\begin{aligned} & 86 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 29 \% \end{aligned}$ |
| Not at all helpful | (1) | $\begin{aligned} & 85 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 66 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 15 \% \end{aligned}$ |
| Don't know |  | $\begin{gathered} 20 \\ 3 \% \end{gathered}$ | $\begin{gathered} 10 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ |
| Mean |  | 2.75 | 2.88 | 2.58 | 2.87 | 2.71 | 2.81 | 2.67 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.03 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 1.00 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.06 \\ & 0.07 \\ & \hline \end{aligned}$ | $\begin{aligned} & 1.00 \\ & 0.08 \\ & 0 \end{aligned}$ | $\begin{aligned} & 1.05 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.01 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.07 \\ & 0.08 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 42
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
Some form of employment
Base: All ever feeling lonely

|  |  | Gender |  | Age |  |  | Class |  |  |  | Region |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | $\begin{array}{r}\text { C2 } \\ \hline\end{array}$ | DE | $\begin{aligned} & \text { Scot- } \\ & \text { land } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { North } \\ & \text { East } \\ & \hline \end{aligned}$ | North West | $\begin{aligned} & \text { York- } \\ & \text { shire } \\ & \text { \& Hum- } \\ & \text { ber- } \\ & \text { side } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { West } \\ & \text { Mid- } \\ & \text { lands } \\ & \hline \end{aligned}$ | $\begin{gathered} \text { East } \\ \text { Mid- } \\ \text { lands } \\ \hline \end{gathered}$ | Wales | $\begin{gathered} \text { East- } \\ \text { ern } \\ \hline \end{gathered}$ | London | South East | South West |
|  | 598 | 253 | 345 | 262 | 213 | 123 | 158 | 104 | 91 | 245 | 68 | 20 | 49 | 55 | 63 | 39 | 34 | 73 | 66 | 82 | 49 |
|  | 602 | 263 | 339 | 255 | 169 | 179 | 155 | 105 | 92 | 249 | 58 | 24 | 53 | 54 | 60 | 44 | 30 | 61 | 64 | 88 | 65 |
|  | $\begin{gathered} 312 \\ 52 \% \end{gathered}$ | $\begin{aligned} & 160 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 152 \\ & 45 \% \end{aligned}$ | $\begin{gathered} 185 \\ 73 \% \end{gathered}$ | $\begin{aligned} & 73 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 30 \% \end{aligned}$ | $\begin{gathered} 101 \\ 65 \% \end{gathered}$ | $\begin{aligned} & 52 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 51 \% \end{aligned}$ | $\begin{gathered} 8 \\ 34 \% \end{gathered}$ | $\begin{aligned} & 26 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 59 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 61 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 53 \% \end{aligned}$ |
|  | $\begin{aligned} & 267 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 174 \\ & 51 \% \end{aligned}$ | $\begin{aligned} & 67 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 89 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 111 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 36 \% \end{aligned}$ | $\begin{gathered} 133 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 28 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 66 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 17 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 43 \% \end{aligned}$ | 29 |
| (4) | $\begin{aligned} & 190 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 94 \\ & 36 \% \end{aligned}$ | 96 <br> 28\% | $\begin{aligned} & 114 \\ & 45 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 72 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 25 \% \end{aligned}$ | $\begin{gathered} 5 \\ 20 \% \end{gathered}$ | $\begin{aligned} & 20 \\ & 38 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 34 \% \end{aligned}$ | $\stackrel{8}{28 \%}$ | $\begin{aligned} & 18 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 33 \% \end{aligned}$ |
| (3) | $\begin{aligned} & 122 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 65 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 20 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 25 \% \end{aligned}$ | $\begin{gathered} 3 \\ 14 \% \end{gathered}$ | $\begin{gathered} 6 \\ 11 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 26 \% \end{aligned}$ | $\begin{gathered} 5 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 18 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 21 \% \end{aligned}$ |
| (2) | $\begin{gathered} 113 \\ 19 \% \end{gathered}$ | $\begin{aligned} & 44 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 17 \% \end{aligned}$ | $\begin{gathered} 9 \\ 10 \% \end{gathered}$ | $\begin{aligned} & 57 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 24 \% \end{aligned}$ | $\stackrel{9}{37 \%}$ | $\begin{gathered} 8 \\ 15 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 24 \% \end{aligned}$ | $\begin{gathered} 8 \\ 18 \% \end{gathered}$ | $\begin{gathered} 9 \\ 30 \% \end{gathered}$ | $\begin{gathered} 7 \\ 12 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 17 \% \end{aligned}$ | 6 $10 \%$ |
| (1) | $\begin{gathered} 154 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 49 \\ & 19 \% \end{aligned}$ | $\begin{gathered} 105 \\ 31 \% \end{gathered}$ | $\begin{aligned} & 33 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 522 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 70 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 75 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 25 \% \end{aligned}$ | $\stackrel{7}{78 \%}$ | $\begin{aligned} & 16 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 24 \% \end{aligned}$ | $\begin{gathered} 8 \\ 18 \% \end{gathered}$ | $\stackrel{8}{25 \%}$ | $\begin{aligned} & 15 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 26 \% \end{aligned}$ | 22 34 |
|  | $\begin{aligned} & 23 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \% \end{aligned}$ | $\begin{gathered} 11 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 1 \% \\ & 1 \% \end{aligned}$ |  | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 8 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | - | $\begin{aligned} & 2 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 6 \% \end{aligned}$ | ${ }_{3}^{2}$ |
|  | 2.60 | 2.81 | 2.44 | 3.06 | 2.40 | 2.10 | 2.87 | 2.48 | 2.74 | 2.43 | 2.52 | 2.26 | 2.60 | 2.49 | 2.52 | 2.78 | 2.47 | 2.68 | 2.85 | 2.64 | 2.53 |
|  | 1.20 0.05 | 1.14 0.07 | 1.22 0.07 | 1.05 0.07 | 1.20 0.08 | 1.15 0.11 | 1.05 0.08 | 1.23 0.12 | 1.25 0.13 | 1.22 0.08 | 1.13 0.14 | 1.10 0.25 | 1.31 0.19 | 1.17 0.16 | 1.17 0.15 | 1.13 0.18 | 1.16 0.20 | 1.17 0.14 | 1.18 0.15 | 1.25 0.14 | 1.29 0.19 |

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Scot- North North ber- Mid- Mid- East-


Unweighted base
Weighted base
NET: Helpful
NET: Not helpful
Very helpful
Fairly helpful
Not very helpful
Not at all helpful
Don't know
Mean
Standard deviation Standard error

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 43
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it
very helpful, fairly helpful, not very helpful or not at all helpful ..
Some form of employment
Base: All ever feeling lonely

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 598 | 368 | 223 | 159 | 439 | 387 | 191 |
| Weighted base |  | 602 | 373 | 220 | 166 | 436 | 388 | 192 |
| NET: Helpful |  | $\begin{gathered} 312 \\ 52 \% \end{gathered}$ | $\begin{aligned} & 195 \\ & 52 \% \end{aligned}$ | $\begin{gathered} 117 \\ 53 \% \end{gathered}$ | $\begin{aligned} & 78 \\ & 47 \% \end{aligned}$ | $\begin{gathered} 233 \\ 54 \% \end{gathered}$ | $\begin{aligned} & 208 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 95 \\ & 50 \% \end{aligned}$ |
| NET: Not helpful |  | $\begin{gathered} 267 \\ 44 \% \end{gathered}$ | $\begin{gathered} 167 \\ 45 \% \end{gathered}$ | $\begin{aligned} & 93 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 83 \\ & 50 \% \end{aligned}$ | $\begin{gathered} 184 \\ 42 \% \end{gathered}$ | $\begin{aligned} & 171 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 88 \\ & 46 \% \end{aligned}$ |
| Very helpful | (4) | $\begin{aligned} & 190 \\ & 32 \% \end{aligned}$ | $\begin{gathered} 118 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 72 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 50 \\ & 30 \% \end{aligned}$ | $\begin{gathered} 140 \\ 32 \% \end{gathered}$ | $\begin{gathered} 129 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 54 \\ & 28 \% \end{aligned}$ |
| Fairly helpful | (3) | $\begin{aligned} & 122 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 93 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 22 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{aligned} & 113 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 69 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 84 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 75 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 19 \% \end{aligned}$ |
| Not at all helpful | (1) | $\begin{aligned} & 154 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 97 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 54 \\ & 33 \% \end{aligned}$ | $\begin{gathered} 100 \\ 23 \% \end{gathered}$ | $\begin{aligned} & 96 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 27 \% \end{aligned}$ |
| Don't know |  | $\begin{gathered} 23 \\ 4 \% \end{gathered}$ | $\begin{gathered} 12 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 10 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 3 \% \end{aligned}$ | ${ }_{4}^{19}$ | $\begin{aligned} & 9 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ |
| Mean |  | 2.60 | 2.59 | 2.67 | 2.46 | 2.66 | 2.63 | 2.53 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.20 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.20 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.18 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 1.25 \\ & 0.10 \end{aligned}$ | $\begin{aligned} & 1.17 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.19 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.19 \\ & 0.09 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 44
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..

## Exercise

Base: All ever feeling lonely

| Gender | Age | Class | ion |
| :---: | :---: | :---: | :---: | shire



## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 45
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..

## Exercise

Base: All ever feeling lonely

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 598 | 368 | 223 | 159 | 439 | 387 | 191 |
| Weighted base |  | 602 | 373 | 220 | 166 | 436 | 388 | 192 |
| NET: Helpful |  | $\begin{aligned} & 407 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 260 \\ & \quad 70 \% \end{aligned}$ | $\begin{aligned} & 143 \\ & 65 \% \end{aligned}$ | $\begin{aligned} & 102 \\ & 61 \% \end{aligned}$ | $\begin{gathered} 305 \\ 70 \% \end{gathered}$ | $\begin{aligned} & 265 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 131 \\ & 68 \% \end{aligned}$ |
| NET: Not helpful |  | $\begin{aligned} & 177 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 68 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 119 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 117 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & 30 \% \end{aligned}$ |
| Very helpful | (4) | $\begin{gathered} 229 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 138 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 90 \\ & 41 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 33 \% \end{aligned}$ | $\begin{gathered} 174 \\ 40 \% \end{gathered}$ | $\begin{aligned} & 145 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 41 \% \end{aligned}$ |
| Fairly helpful | (3) | $\begin{aligned} & 178 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 122 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 28 \% \end{aligned}$ | $\begin{gathered} 131 \\ 30 \% \end{gathered}$ | $\begin{aligned} & 120 \\ & 31 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 27 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{aligned} & 93 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 40 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 23 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 57 \\ & \text { 15\% } \end{aligned}$ | $\begin{aligned} & 34 \\ & 18 \% \\ & \end{aligned}$ |
| Not at all helpful | (1) | $\begin{aligned} & 84 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 12 \% \end{aligned}$ |
| Don't know |  | $\stackrel{18}{3 \%}$ | $\begin{aligned} & 8 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{gathered} 12 \\ 3 \% \end{gathered}$ | $\begin{aligned} & 6 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 4 \\ & 2 \% \end{aligned}$ |
| Mean |  | 2.95 | 2.94 | 2.97 | 2.76 | 3.02 | 2.92 | 2.99 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.06 \\ & 0.04 \end{aligned}$ | $\begin{aligned} & 1.05 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.07 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 1.15 \\ & 0.09 \end{aligned}$ | $\begin{aligned} & 1.02 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.07 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.04 \\ & 0.08 \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 46
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
-Volunteering
Base: All ever feeling lonely

|  |  | Gen | der |  | Age |  |  | Clas |  |  |  |  |  |  |  | Region |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | 55-64 | 65-74 | 75+ | AB | C1 | C2 | DE | Scot- | North East | North West | Yorkshire \& Hum-berside | West Midlands | East <br> Mid- <br> lands | Wales | East- | London | South East | South West |
|  | 598 | 253 | 345 | 262 | 213 | 123 | 158 | 104 | 91 | 245 | 68 | 20 | 49 | 55 | 63 | 39 | 34 | 73 | 66 | 82 | 49 |
|  | 602 | 263 | 339 | 255 | 169 | 179 | 155 | 105 | 92 | 249 | 58 | 24 | 53 | 54 | 60 | 44 | 30 | 61 | 64 | 88 | 65 |
|  | $\begin{aligned} & 340 \\ & 56 \% \end{aligned}$ | $\begin{aligned} & 133 \\ & 51 \% \end{aligned}$ | $\begin{gathered} 207 \\ 61 \% \end{gathered}$ | $\begin{aligned} & 157 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 105 \\ & 62 \% \end{aligned}$ | $\begin{aligned} & 78 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 104 \\ & 67 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 47 \% \end{aligned}$ | $\begin{gathered} 135 \\ 54 \% \end{gathered}$ | $\begin{aligned} & 31 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 58 \% \end{aligned}$ | $\begin{aligned} & 33 \\ & 63 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 32 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 54 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 30 \\ & 49 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 53 \% \end{aligned}$ | $\begin{aligned} & 60 \\ & 68 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 55 \% \end{aligned}$ |
|  | $\begin{gathered} 236 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 117 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 119 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 88 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 58 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 90 \\ & 50 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 46 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 48 \% \end{aligned}$ | $\begin{gathered} 101 \\ 41 \% \end{gathered}$ | $\begin{aligned} & 24 \\ & 41 \% \end{aligned}$ | $\begin{gathered} 9 \\ 38 \% \end{gathered}$ | $\begin{aligned} & 19 \\ & 36 \% \end{aligned}$ | $\begin{aligned} & 21 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 47 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 48 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 22 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 40 \% \end{aligned}$ |
| (4) | $\begin{gathered} 197 \\ 33 \% \end{gathered}$ | $\begin{aligned} & 70 \\ & 27 \% \end{aligned}$ | $\begin{gathered} 127 \\ 37 \% \end{gathered}$ | $\begin{aligned} & 88 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 59 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 79 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 6 \\ 24 \% \end{gathered}$ | $\begin{aligned} & 23 \\ & 43 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 27 \% \end{aligned}$ | $\begin{gathered} 9 \\ 28 \% \end{gathered}$ | $\begin{aligned} & 15 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 35 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 42 \% \end{aligned}$ |
| (3) | $\begin{aligned} & 143 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 80 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 68 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 29 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 55 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 23 \% \end{aligned}$ | $\stackrel{8}{83 \%}$ | $\begin{aligned} & 10 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 12 \\ & 27 \% \end{aligned}$ | $\begin{gathered} 8 \\ 25 \% \end{gathered}$ | $\begin{aligned} & 15 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 28 \% \end{aligned}$ | $\begin{gathered} 8 \\ 12 \% \end{gathered}$ |
| (2) | $\begin{gathered} 135 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 79 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 16 \% \end{aligned}$ | $\begin{aligned} & 52 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 31 \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 24 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 18 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 26 \% \end{aligned}$ | $\begin{gathered} 7 \\ 27 \% \end{gathered}$ | $\begin{aligned} & 10 \\ & 19 \% \end{aligned}$ | $\begin{gathered} 9 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 16 \\ & 28 \% \end{aligned}$ | $\begin{aligned} & 16 \\ & 37 \% \end{aligned}$ | $\begin{gathered} 8 \\ 26 \% \end{gathered}$ | $\begin{aligned} & 11 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 15 \\ & 23 \% \end{aligned}$ |
| (1) | $\begin{gathered} 102 \\ 17 \% \end{gathered}$ | $\begin{aligned} & 38 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 64 \\ & 19 \% \end{aligned}$ | $\begin{aligned} & 36 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 25 \\ & 15 \% \end{aligned}$ | $\begin{aligned} & 41 \\ & 23 \% \end{aligned}$ | $\begin{gathered} 14 \\ 9 \% \end{gathered}$ | $\begin{aligned} & 22 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 27 \\ & 29 \% \end{aligned}$ | $\begin{aligned} & 39 \\ & 16 \% \end{aligned}$ | $\begin{gathered} 8 \\ 15 \% \end{gathered}$ | $\begin{gathered} 3 \\ 11 \% \end{gathered}$ | $\begin{gathered} 9 \\ 16 \% \end{gathered}$ | $\begin{aligned} & 12 \\ & 22 \% \end{aligned}$ | $\begin{gathered} 9 \\ 15 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 7 \% \end{aligned}$ | $\begin{gathered} 6 \\ 21 \% \end{gathered}$ | $\begin{aligned} & 18 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 11 \\ & 17 \% \end{aligned}$ |
|  | $\begin{aligned} & 26 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 10 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 4 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 2 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 5 \\ & 5 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & 13 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 5 \% \\ & \end{aligned}$ | $\begin{aligned} & 1 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \% \end{aligned}$ | - | $\begin{aligned} & 2 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 3 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 7 \% \end{aligned}$ | 3 $5 \%$ |
|  | 2.76 | 2.66 | 2.83 | 2.86 | 2.85 | 2.51 | 3.02 | 2.64 | 2.47 | 2.74 | 2.74 | 2.74 | 2.90 | 2.66 | 2.74 | 2.75 | 2.60 | 2.45 | 2.67 | 3.02 | 2.84 |
|  | $\begin{aligned} & 1.11 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.04 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 1.15 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.07 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 1.08 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 1.16 \\ & 0.11 \end{aligned}$ | $\begin{aligned} & 1.00 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 1.13 \\ & 0.11 \end{aligned}$ | $\begin{aligned} & 1.20 \\ & 0.1 \end{aligned}$ | $\begin{aligned} & 1.10 \\ & 0.07 \end{aligned}$ | $\begin{aligned} & 1.08 \\ & 0.14 \end{aligned}$ | $\begin{aligned} & 0.99 \\ & 0.23 \end{aligned}$ | $\begin{aligned} & 1.15 \\ & 0.17 \end{aligned}$ | $\begin{aligned} & 1.15 \\ & 0.16 \end{aligned}$ | $\begin{aligned} & 1.09 \\ & 0.14 \end{aligned}$ | $\begin{aligned} & 0.95 \\ & 0.15 \end{aligned}$ | $\begin{aligned} & 1.12 \\ & 0.19 \end{aligned}$ | $\begin{aligned} & 1.18 \\ & 0.14 \end{aligned}$ | $\begin{aligned} & 1.10 \\ & 0.14 \end{aligned}$ | $\begin{aligned} & 1.05 \\ & 0.12 \end{aligned}$ | $\begin{aligned} & 1.18 \\ & 0.17 \end{aligned}$ |

York-
shire
\& Hum- West Eas
East
Mid-
East- South South
Scot- North North lands lands Wales $\begin{aligned} & \text { East- } \\ & \text { ern }\end{aligned}$ London $\begin{aligned} & \text { South } \\ & \text { East }\end{aligned}$

Unweighted base
Weighted base
NET: Helpful
NET: Not helpful
Very helpful
Fairly helpful
Not very helpful
Not at all helpful
Don't know
Mean
Standard deviation Standard error

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 47
Q7. Thinking about when you feel lonely, how helpful or otherwise do you think you would find each of the following activities? Would you find it very helpful, fairly helpful, not very helpful or not at all helpful ..
-Volunteering
Base: All ever feeling lonely

|  | Total |  | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base |  | 598 | 368 | 223 | 159 | 439 | 387 | 191 |
| Weighted base |  | 602 | 373 | 220 | 166 | 436 | 388 | 192 |
| NET: Helpful |  | $\begin{aligned} & 340 \\ & 56 \% \end{aligned}$ | $\begin{gathered} 216 \\ 58 \% \end{gathered}$ | $\begin{aligned} & 121 \\ & 55 \% \end{aligned}$ | $\begin{aligned} & 86 \\ & 52 \% \end{aligned}$ | $\begin{gathered} 254 \\ 58 \% \end{gathered}$ | $\begin{aligned} & 220 \\ & 57 \% \end{aligned}$ | $\begin{aligned} & 107 \\ & 56 \% \end{aligned}$ |
| NET: Not helpful |  | $\begin{gathered} 236 \\ 39 \% \end{gathered}$ | $\begin{aligned} & 139 \\ & 37 \% \end{aligned}$ | $\begin{aligned} & 92 \\ & 42 \% \end{aligned}$ | $\begin{aligned} & 73 \\ & 44 \% \end{aligned}$ | $\begin{aligned} & 164 \\ & 370 \end{aligned}$ | $\begin{aligned} & 153 \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 77 \\ & 40 \% \end{aligned}$ |
| Very helpful | (4) | $\begin{aligned} & 197 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 120 \\ & 32 \% \end{aligned}$ | $\begin{aligned} & 74 \\ & 34 \% \end{aligned}$ | $\begin{aligned} & 44 \\ & 27 \% \end{aligned}$ | $\begin{aligned} & 153 \\ & 35 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 32 \% \end{aligned}$ |
| Fairly helpful | (3) | $\begin{aligned} & 143 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 95 \\ & 26 \% \end{aligned}$ | $\begin{aligned} & 48 \\ & 22 \% \end{aligned}$ | $\begin{aligned} & 42 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 101 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 92 \\ & 24 \% \end{aligned}$ | $\begin{aligned} & 45 \\ & 23 \% \end{aligned}$ |
| Not very helpful | (2) | $\begin{gathered} 135 \\ 22 \% \end{gathered}$ | $\begin{aligned} & 77 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 56 \\ & 25 \% \end{aligned}$ | $\begin{aligned} & 34 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 100 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 82 \\ & 21 \% \end{aligned}$ | $\begin{aligned} & 49 \\ & 25 \% \end{aligned}$ |
| Not at all helpful | (1) | $\begin{aligned} & 102 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 62 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 37 \\ & 17 \% \end{aligned}$ | $\begin{aligned} & 38 \\ & 23 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 14 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 18 \% \end{aligned}$ | $\begin{aligned} & 28 \\ & 15 \% \end{aligned}$ |
| Don't know |  | $\begin{gathered} 26 \\ 4 \% \end{gathered}$ | $\begin{aligned} & 18 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 6 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 7 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 19 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 8 \\ & 4 \% \end{aligned}$ |
| Mean |  | 2.76 | 2.77 | 2.74 | 2.58 | 2.82 | 2.74 | 2.77 |
| Standard deviation Standard error |  | $\begin{aligned} & 1.11 \\ & 0.05 \end{aligned}$ | $\begin{aligned} & 1.10 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.11 \\ & 0.08 \end{aligned}$ | $\begin{aligned} & 1.14 \\ & 0.09 \end{aligned}$ | $\begin{array}{r} 1.09 \\ 0.05 \end{array}$ | $\begin{aligned} & 1.12 \\ & 0.06 \end{aligned}$ | $\begin{aligned} & 1.08 \\ & 0.08 \end{aligned}$ |

Table 48
Q8. Do you agree or disagree with each of the following statements ..
-Summary
Base: All respondents

|  | Q8. Summary |  |  |
| :---: | :---: | :---: | :---: |
|  | It is difficult to admit to other people that you feel lonely | It is often difficult for older people to say they feel lonely because they don't want to be a burden | I think that there is enough support available to people who feel lonely |
| Unweighted base | 1126 | 1126 | 1126 |
| Weighted base | 1126 | 1126 | 1126 |
| Agree | $\begin{gathered} 619 \\ 55 \% \end{gathered}$ | $\begin{gathered} 941 \\ 84 \% \end{gathered}$ | $\begin{gathered} 356 \\ 32 \% \end{gathered}$ |
| Disagree | $\begin{aligned} & 441 \\ & 39 \% \end{aligned}$ | $\begin{aligned} & 141 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 641 \\ & 57 \% \end{aligned}$ |
| Don't know | $\begin{gathered} 66 \\ 6 \% \end{gathered}$ | $\begin{aligned} & 44 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 129 \\ & 11 \% \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 49
Q8. Do you agree or disagree with each of the following statements ..
-It is difficult to admit to other people that you feel lonely
Base: All respondents

Gender $\qquad$
$\qquad$ Class $\qquad$
York-
shire
Hum- West East
Scot- North No ber- Mad- Mid- East- South South
Unweighted base
Weighted base
Agree

$$
\begin{array}{rrrrrrrrrrrrrrrrrrrr}
1126 & 522 & 604 & 468 & 346 & 312 & 327 & 191 & 165 & 444 & 101 & 51 & 131 & 98 & 104 & 87 & 62 & 113 & 106 & 164 \\
619 & 288 & 331 & 274 & 185 & 160 & 174 & 103 & 88 & 253 & 64 & 29 & 62 & 51 & 51 & 52 & 36 & 56 & 63 & 95 \\
60
\end{array}
$$

Disagree
Don't know ands Wales ern London East West

| 101 | 109 | 78 | 68 | 136 | 111 | 157 | 87 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

$$
\begin{array}{ccccccccccccl}
619 & 288 & 331 & 274 & 185 & 160 & 174 & 103 & 88 & 253 & 64 & 29 & 62 \\
55 \% & 55 \% & 55 \% & 59 \% & 53 \% & 51 \% & 53 \% & 54 \% & 54 \% & 57 \% & 63 \% & 57 \% & 48 \%
\end{array}
$$

$$
\begin{array}{cccccccccccccccccccc}
441 & 196 & 245 & 180 & 134 & 127 & 134 & 79 & 67 & 161 & 37 & 22 & 59 & 40 & 46 & 28 & 21 & 46 & 34 & 62 \\
39 \% & 37 \% & 41 \% & 38 \% & 39 \% & 41 \% & 41 \% & 41 \% & 41 \% & 36 \% & 37 \% & 43 \% & 45 \% & 41 \% & 44 \% & 33 \% & 34 \% & 41 \% & 32 \% & 38 \% \\
66 & 39 & 27 & 14 & 27 & 25 & 19 & 9 & 9 & 29 & - & - & 10 & 7 & 7 & 7 & 6 & 4 & 11 & 9 \\
6
\end{array}
$$

$$
\begin{array}{cccccccccccccccccccc}
66 & 39 & 27 & 14 & 27 & 25 & 19 & 9 & 9 & 29 & - & - & 10 & 7 & 7 & 6 & 4 & 11 & 9 & 6 \\
6 \% & 7 \% & 5 \% & 3 \% & 8 \% & 8 \% & 6 \% & 5 \% & 6 \% & 7 \% & - & - & 7 \% & 7 \% & 7 \% & 7 \% & 7 \% & 9 \% & 9 \% & 4 \% \\
6 \%
\end{array}
$$

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 50
Q8. Do you agree or disagree with each of the following statements ..
-It is difficult to admit to other people that you feel lonely
Base: All respondents
Q8. It is difficult to admit to other people that you feel

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| Agree | $\begin{aligned} & 619 \\ & 55 \% \end{aligned}$ | $\begin{gathered} 340 \\ 62 \% \end{gathered}$ | $\begin{gathered} 270 \\ 49 \% \end{gathered}$ | $\begin{aligned} & 139 \\ & 84 \% \end{aligned}$ | $\begin{gathered} 479 \\ 50 \% \end{gathered}$ | $\begin{aligned} & 619 \\ & 100 \% \end{aligned}$ | - |
| Disagree | $\begin{gathered} 441 \\ 39 \% \end{gathered}$ | $\begin{gathered} 186 \\ 34 \% \end{gathered}$ | $\begin{gathered} 248 \\ 45 \% \end{gathered}$ | $\begin{aligned} & 23 \\ & 14 \% \end{aligned}$ | $\begin{gathered} 418 \\ 43 \% \end{gathered}$ |  | $\begin{aligned} & 441 \\ & 100 \% \end{aligned}$ |
| Don't know | $66$ | $\begin{aligned} & 24 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 38 \\ 7 \% \end{gathered}$ | $\begin{aligned} & 3 \\ & 2 \% \end{aligned}$ | $\begin{aligned} & 63 \\ & 7 \% \end{aligned}$ | - | - |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 51
Q8. Do you agree or disagree with each of the following statements ..
-lt is often difficult for older people to say they feel lonely because they don't want to be a burden
Base: All respondents
Gender $\qquad$ Class $\qquad$ Region
York-
shire
Hum- West East

Unweighted base
Weighted base
Agree

| 126 | 510 | 616 | 479 | 431 | 216 | 332 | 190 | 165 | 439 | 118 | 42 | 119 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| 1126 | 522 | 604 | 468 | 346 | 312 | 327 | 191 | 165 | 444 | 101 | 51 | 131 | 98 | 104 | 87 | 62 | 113 | 106 | 164 |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 112 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 941 | 413 | 529 | 399 | 293 | 249 | 277 | 158 | 140 | 367 | 89 | 48 | 107 | 85 | 92 | 70 | 47 | 95 | 85 | 137 |
| 87 | 87 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Disagree
Don't know South South
East
West Total Male Female $55-64 \quad 65-74 \quad 75+\quad \mathrm{AB} \quad \mathrm{C} 1 \quad \mathrm{C} 2 \quad \mathrm{DE}$ land East west side lands lands

84\% $\quad 79 \% \quad 88 \% \quad 85 \% \quad 85 \% \quad 80 \% \quad 85 \% \quad 83 \% \quad 85 \% \quad 83 \% \quad 88 \% \quad 94 \% \quad 82 \%$
$\begin{array}{lllllllllllll}141 & 83 & 58 & 55 & 39 & 47 & 31 & 26 & 18 & 67 & 7 & 3 & 21 \\ 13 \% & 16 \% & 10 \% & 12 \% & 11 \% & 15 \% & 9 \% & 13 \% & 11 \% & 15 \% & 7 \% & 6 \% & 16 \%\end{array}$
$\begin{array}{ccccccccccccc}44 & 27 & 17 & 14 & 13 & 16 & 19 & 7 & 7 & 10 & 5 & - & 3 \\ 4 \% & 5 \% & 3 \% & 3 \% & 4 \% & 5 \% & 6 \% & 4 \% & 4 \% & 2 \% & 5 \% & - & 3 \%\end{array}$

| 10 | 10 | 11 | 13 | 13 | 14 | 25 | 13 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $10 \%$ | $10 \%$ | $12 \%$ | $22 \%$ | $12 \%$ | $14 \%$ | $15 \%$ | $12 \%$ |


| 3 | 2 | 5 | 2 | 5 | 6 | 2 | 11 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $3 \%$ | $2 \%$ | $6 \%$ | $3 \%$ | $5 \%$ | $6 \%$ | $1 \%$ | $10 \%$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 52
Q8. Do you agree or disagree with each of the following statements ..
-It is often difficult for older people to say they feel lonely because they don't want to be a burden
Base: All respondents

Q8. It is difficult to admit to other people that you feel

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel Ionely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| Agree | $\begin{aligned} & 941 \\ & 84 \% \end{aligned}$ | $\begin{gathered} 471 \\ \quad 85 \% \end{gathered}$ | $\begin{gathered} 458 \\ 83 \% \end{gathered}$ | $\begin{aligned} & 152 \\ & 92 \% \end{aligned}$ | $\begin{gathered} 790 \\ 82 \% \end{gathered}$ | $\begin{gathered} 574 \\ 93 \% \end{gathered}$ | $\begin{gathered} 328 \\ 74 \% \end{gathered}$ |
| Disagree | $\begin{gathered} 141 \\ 13 \% \end{gathered}$ | $\begin{aligned} & 66 \\ & 12 \% \end{aligned}$ | $\begin{aligned} & 71 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 13 \\ & 8 \% \end{aligned}$ | $\begin{aligned} & 128 \\ & 13 \% \end{aligned}$ | $\begin{gathered} 34 \\ 5 \% \end{gathered}$ | $\begin{aligned} & 99 \\ & 22 \% \end{aligned}$ |
| Don't know | $\begin{aligned} & 44 \\ & 4 \% \end{aligned}$ | $\begin{aligned} & 14 \\ & 3 \% \end{aligned}$ | $\begin{aligned} & 26 \\ & 5 \% \end{aligned}$ | $\begin{aligned} & 1 \\ & 1 \% \end{aligned}$ | $\begin{aligned} & 43 \\ & 4 \% \end{aligned}$ | $\begin{gathered} 11 \\ 2 \% \end{gathered}$ | $\begin{aligned} & 14 \\ & 3 \% \end{aligned}$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 53
Q8. Do you agree or disagree with each of the following statements ..
-I think that there is enough support available to people who feel lonely
Base: All respondents

Gender $\qquad$
$\qquad$ Class $\qquad$
York-
shire
\& Hum- West Weighted base
Agree Wales ern London East West 1126510 F $190 \quad 165$

$$
\begin{array}{rrr}
1126 & 522 & 604 \\
356 & 186 & 170
\end{array}
$$

$$
\begin{array}{r}
327 \\
88
\end{array}
$$

$$
\begin{array}{rrrr}
191 & 165 & 444 & 101 \\
56 & 48 & 164 & 30
\end{array}
$$

Disagree

Don't know

| 101 | 109 | 78 | 68 |
| :--- | :--- | :--- | :--- |

$$
\begin{array}{cccc}
356 & 186 & 170 & 14 \\
32 \% & 36 \% & 28 \% & 3
\end{array}
$$

$57 \%$
129
$11 \%$

|  | 71 | 58 | 36 | 52 | 41 | 33 | 24 | 22 | 50 | 13 | 2 | 16 | 20 | 10 | 7 | 6 | 16 | 12 | 17 | 10 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $1 \%$ | $14 \%$ | $10 \%$ | $8 \%$ | $15 \%$ | $13 \%$ | $10 \%$ | $12 \%$ | $14 \%$ | $11 \%$ | $13 \%$ | $4 \%$ | $12 \%$ | $21 \%$ | $10 \%$ | $8 \%$ | $9 \%$ | $14 \%$ | $12 \%$ | $10 \%$ | $9 \%$ |

## Loneliness Survey

## CATI Fieldwork: 11th - 27th October 2013

Table 54
Q8. Do you agree or disagree with each of the following statements
-I think that there is enough support available to people who feel lonely
Base: All respondents
Q8. It is difficult to admit to other people that you feel

|  | Total | Q2. I miss having people around |  | Q4. Feel lonely |  | Q8. It is difficult to admit to other people that you feel lonely |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can relate | Can't relate | Often | Not often/ Never | Agree | Disagree |
| Unweighted base | 1126 | 537 | 571 | 159 | 967 | 622 | 439 |
| Weighted base | 1126 | 551 | 555 | 166 | 960 | 619 | 441 |
| Agree | $\begin{gathered} 356 \\ 32 \% \end{gathered}$ | $\begin{aligned} & 182 \\ & 33 \% \end{aligned}$ | $\begin{aligned} & 169 \\ & 30 \% \end{aligned}$ | $\begin{aligned} & 51 \\ & 31 \% \end{aligned}$ | $\begin{gathered} 305 \\ 32 \% \end{gathered}$ | $\begin{gathered} 189 \\ 31 \% \end{gathered}$ | $\begin{aligned} & 154 \\ & 35 \% \end{aligned}$ |
| Disagree | $\begin{gathered} 641 \\ 57 \% \end{gathered}$ | $\begin{aligned} & 317 \\ & 57 \% \end{aligned}$ | $\begin{gathered} 313 \\ 56 \% \end{gathered}$ | $\begin{aligned} & 105 \\ & 64 \% \end{aligned}$ | $\begin{aligned} & 535 \\ & 56 \% \end{aligned}$ | $378$ | $\begin{gathered} 232 \\ 53 \% \end{gathered}$ |
| Don't know | $\begin{aligned} & 129 \\ & 11 \% \end{aligned}$ | $\begin{aligned} & 53 \\ & 10 \% \end{aligned}$ | $\begin{aligned} & 74 \\ & 13 \% \end{aligned}$ | $\begin{aligned} & 9 \\ & 6 \% \end{aligned}$ | $\begin{aligned} & 120 \\ & 12 \% \end{aligned}$ | $\begin{gathered} 51 \\ 8 \% \end{gathered}$ | $\begin{aligned} & 54 \\ & 12 \% \end{aligned}$ |

